Carmichael Times

Volume 28 Issue 46

www.CarmichaelTimes.com

November 25, 2008

Join the 21st Annual 4-Wheel Gold Country Toy Run



Four-wheel drive owners from throughout the region are invited by the Orangevale-based Hi-Landers four-wheel drive club to join them for their 21st annual 4X4 Gold Country Toy Run on Saturday, Dec. 6, beginning at Lake Natoma Park near Folsom.

According to Deann MacDougall, this year's toy run chairperson, the annual event benefits local children's charities.

"This event grows bigger and better every year," said MacDougall, "and the less-fortunate children in the Sacramento region will have a much happier Christmas because of the generous efforts of our

volunteers and our participants."

There is no cost to participate in the parade-like toy run; however, each participant is asked to bring a new unwrapped toy with a minimum value of \$5. Last year, the toy run drew 225 four-wheel drive enthusiasts who donated 599 gifts and toys and 130 sleeping bags to needy children identified by a local non-profit organization.

Registration begins at 8:30 a.m. and the parade will start at 10 a.m. (rain or shine). The 4X4 Gold Country Toy Run will take participants from Lake Natoma, north on Hazel Ave. to Douglas Blvd. The group will then turn right on Auburn-Folsom

PRESORTED STD.
US POSTAGE
PAID
RANCHO CORDOVA, CA
PERMIT #32

Rd., continue over the historic Rainbow Bridge, through the town of Folsom to Hwy 50 and return to the park staging area. At approximately 11 a.m., the judging will begin for the best-decorated vehicles followed by a prize drawing at noon.

Coffee and hot chocolate will be available at the beginning of the toy run and food and drinks will be on sale at the conclusion of the trip. In addition, Santa Claus is scheduled to arrive at the park at approximately 11 a.m. to listen to requests from all the children.

MacDougall said that anyone wishing to simply drop off a gift is encouraged to visit the Lake Natoma staging area between 8:30 a.m. and noon.

"Our annual toy run is truly a joyous experience for everyone involved," said MacDougall. "Children often ask nothing for themselves, but will ask Santa to bring new shoes for little sister or a new coat for their mom."

For more information on the 21st annual 4X4 Gold Country Toy Run, contact Deann MacDougall at 916/813-4983 or dnnmacdougall@yahoo.com.

"Operation Gobble"

1000 Free Turkeys Delivered to Help Needy Families for Thanksgiving

This Thanksgiving, Assemblymember Dave Jones (D-Sacramento), Senate President Pro Tempore- Elect Darrell Steinberg (D-Sacramento) and California American Water Company want to ensure that in economically trying times, Sacramento area families are still able to enjoy Thanksgiving holiday traditions. Jones, Steinberg and youth volunteers from the Mutual Assistance Network will be loading 1,000 turkeys into the vehicles of 23 local non-profits, churches, and community food banks at the Firehouse Community Center on Nov. 25, 2008 as part of the 18th annual "Operation Gobble" program. The turkeys will then be distributed from these organizations to low-income families throughout the area who are in need this holiday season.

"Operation Gobble" is a joint charitable venture between California water companies and local state legislators and is set to deliver an estimated 75,000 turkeys to under-privileged families throughout the state this Thanksgiving holiday. First begun in 1990, the unique program pairs the resources of both the private and public sectors to benefit those in greatest need. During the event, participating private water companies, such as California American Water, will provide turkeys in partnership with local elected officials who offer local expertise in directing the donations to community food banks, churches and other non-profit organizations.



© 2008 by King Features Syndicate, Inc.
World rights reserved.

Yellow Ribbons - Pg 4

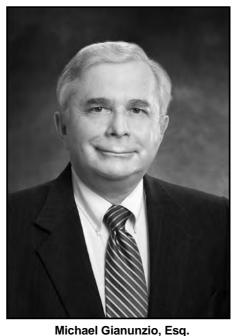
SMUD General Manager Fills Three New Executive Positions

Two new manager positions also filled

Sacramento Municipal Utility District's (SMUD)General Manager John DiStasio continues to put in place his executive team. DiStasio has named Elisabeth Brinton director of Communications and Community Relations, Michael Gianunzio, Esq. director of Legislative and Regulatory, and Phil West director of Customer Services. Additionally, Frankie McDermott is the newly named manager of Enterprise Performance and Greg Augst will serve as manager of the newly configured General Services department.

In her new position, Brinton will support an increased effort to communicate effectively with all stakeholders about the changes in the utility industry. She will be responsible for engaging customers, employees and others to be sure SMUD makes the transition to a low-carbon future as efficiently as possible. For the past two years Brinton headed the marketing and government affairs efforts for PRIDE Industries in Sacramento. She also serves as a member of the Governor's Committee on Employment of People with

Gianunzio was promoted from manager of Regulatory Compliance and Coordination, a post he's held since March 2008. In his new role he will work to increase SMUD's influence in the development of energy-related legislation and compliance with new and significant energy reliability regulations. Gianunzio has 30 years of experience as an energy and utility attorney. Before coming to SMUD, Gianunzio served as General Counsel for the Snohomish Public Utility



District.

SMUD GM fills executive positions

West, who has served for nearly five years as director of Distribution Services, returns to his former post as director of Customer Services. West has a strong background in marketing and program design, which will be vital in achieving SMUD's goal to encourage ratepayers to reduce peak energy use and adopt energy-efficient ways to manage their electricity use.



In his role as manager of Enterprise Performance, McDermott will be responsible for evaluating all of SMUD's business performance measures, making improvements and managing those measures. McDermott has been with SMUD since 2003 managing the utility's Supply Chain Services.

Augst has been with SMUD since 2005 and most recently served as manager of Protection, Safety and Environmental Services. In his new position, he will add General Services and Supply Chain to his current duties.

Singles Christmas Dance December 6

Christian Singles Network, will hold a Christmas Dance for single adults from 7 PM to 11:30 PM. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael.. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey of AllStar Entertainment, and a dance lesson in the Cha Cha and Cruis'n from 7-8 PM. Dress in party or nicer casual attire. The ticket price of \$15 presale or \$20 at the door includes a light buffet, desserts and the

CSN dances are non alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded in 1992, has over 7,500 singles on its roster and holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll, ballroom, Latin, country and Christian music.

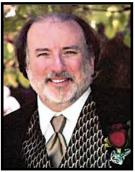
Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome Most attendees fall between the ages of 35 to 65. CSN has been holding dances 16 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

CSN is also announcing its annual New Year's Eve Dance, also including a dinner this year, on Wednesday, December 31 at La Sierra Community Center, also in Carmichael. For more information on this party please call the office at 530-878-8606. Tickets for this event will be \$30 presale and \$35 at the door.

Pre-sale tickets are available at Berean Christian Bookstore, Sacramento; Wayside Bookstore, Rocklin and Auburn: Jireh's Bookstore in Placerville: and on line at www.christiansinglesnet.com, or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, www. christiansinglesnet.com, includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties.

Carmichael Times



Publisher - Paul V. Scholl

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/ or composed by the Times is with the publishing company and

written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Sacramento county, \$50 outside Sacramento County. The Carmichael Times is published weekly. Call 916-773-1111 for more information.

Graphics & Layout: Clif Edwards

• Perry Hartline • Tom Avenal • Carolyn Henderson Advertising Sales:

• Yolanda Knaak • Marion Solo

Member of Carmichael, Citrus Heights, Fair Oaks and Orangevale Chambers of Commerce To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@carmichaeltimes.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 773-1111

Carmichael Times is a member of Messenger Publishing Group



We are Proud members of these newspaper associations.







There's a new Sutter office near you!



North Sunrise Care Center

568 North Sunrise Ave., Suite 250, Roseville CA (916) 865-1140

Effective December 8, 2008, Drs. Leff, Padilla, Doolittle and Applebaum are now located at our new offices at the North Sunrise Care Center.

Our team provides a full range of services including:

- Family Medicine
- Pediatrics
- Preventive Medicine
- Women's & Children's Health

For more information visit sutterphysicians.org/smg

To make an appointment, call (916) 865-1140



Most insurance plans accepted.

Check Sutter first. Sutter Health... we're in your neighborhood.



Carmichael Times November 25, 2008

Safely Prepare Your Holiday Meal!

The holiday season is here, and food safety is especially important as you prepare a Thanksgiving meal. Sacramento County Environmental Management Department's (EMD) food safety specialists and Sacramento County Public Health say improper preparation of meals and handling of leftovers can make you sick.

"In the past two years, the Centers for Disease Control has investigated outbreaks of foodborne illness that were caused by bacteria in jalapeños, spinach, peanut butter, frozen pizza, frozen pot pies, and frozen beef patties, "said EMD's John Rogers. "Foodborne illness can usually be prevented by following proper procedures when you prepare and cook your meal, and again when you store the leftovers to enjoy again later," Rogers said.

Here are some food safety tips intended to serve as reminders to those who are already familiar with proper preparation methods for meat and poultry, and as guidelines for the first-time chef.

When preparing a turkey, be aware of the four main safety issues: thawing, preparing, stuffing, and cooking to adequate temperature.

Safe Thawing

Thawing turkeys must be kept at a safe temperature. The "danger zone" is between 41 and 135°F — the temperature range where foodborne bacteria multiply rapidly. While frozen, a turkey is safe indefinitely, but as soon as it begins to thaw, bacteria that may have been present before freezing can begin to grow again, if it is in the "danger zone."

There are three safe ways to thaw food: in the refrigerator, in cold water, and in a microwave oven.

Safe Preparation

Bacteria present on raw poultry can contaminate your hands, utensils, and work surfaces as you prepare the turkey. If these areas are not cleaned thoroughly before working with other foods, bacteria from the raw poultry can then be transferred to other foods. After working with raw poultry, always wash your hands, utensils, and work surfaces before they touch other foods. Remember to use soap and warm water and wash your hands for at least 20 seconds.

Safe Stuffing

For optimal safety and uniform doneness, cook

the stuffing outside the turkey in a casserole dish. However, if you place stuffing inside the turkey, do so just before cooking, and use a food thermometer. Make sure the center of the stuffing reaches a safe minimum internal temperature of 165°F. Bacteria can survive in stuffing that has not reached 165°F, possibly resulting in foodborne illness

Safe Cooking

Set the oven temperature no lower than 325°F and be sure the turkey is completely thawed. Place turkey breast-side up on a flat wire rack in a shallow roasting pan 2 to 2-1/2 inches deep. Check the internal temperature at the center of the stuffing and meaty portion of the breast, thigh, and wing joint using a food thermometer. Cooking times will vary. The food thermometer must reach a safe minimum internal temperature of 165°F. Let the turkey stand 20 minutes before removing all stuffing from the cavity and carving the meat.

Handling Leftovers

Perishable foods should not be left out of the refrigerator for more than 2 hours. For optimum results, remove turkey meat from the bone and promptly refrigerate or freeze leftovers in shallow containers. It IS safe to freeze leftover turkey and trimmings — even if you purchased them frozen. Wrap tightly for best quality.

Refrigerator (41 °F or below)

- · Cooked turkey 3 to 4 days
- · Cooked dishes and gravy 3 to 4 days Freezer (0 °F or below)
- Turkey, plain; slices or pieces 4 mos.
- · Turkey covered with broth or gravy 6 mos.
- Cooked poultry dishes, stuffing, and gravy \dots 4-6 mos.

(Freezer storage times are for quality only. Frozen foods remain safe indefinitely.)

Reheating a Whole Turkey is NOT Recommended. If you plan to reheat a turkey, cut the meat into smaller pieces. Slice breast meat. Legs and wings may be left whole. Refrigerate in shallow containers. Exception: Cooked turkeys with the USDA inspection seal on the packaging have been processed under controlled conditions. Follow package directions for reheating and storing.



La Sierra Concert Series 2008-2009 "LET'S DANCE!"

Dance Away the Holidays!

Beethoven "Romanze" featuring David Katz, tuba



Christmas on Broadway Holiday Sing-Along

Sunday, December 7, 2008 - 3:00 pm La Sierra Community Center - Smith Hall

5325 Engle Road, Carmichael

Map on website: www.sacwinds.org

General Admission Child, Student, Senior \$5 FRFF Ticket orders: 916 489-2576 or email MLehr@sbcglobal.net

CHANGE THE WAY YOU BANK, TODAY. ONLINE MANAGING, MERGING, PLANNING CHECKING, FINANCEWORKS, ACCESSING BUDGETING, ORGANIZING, SIMPLIFYING SPENDING, BENEFIT FORECASTING CONSOLIDATING CREDIT UNION

Join today and get the big picture from a small screen.

Be one of the first to experience FinanceWorks[™] – only from SAFE Credit Union. This totally free revolutionary money management tool lets you access all your financial information from more than 5,000 banking, credit and investment institutions nationwide. Now that's what we call getting the big picture. Join SAFE Credit Union today and discover the power of online banking without limits. Visit **safecu.org** or call **(916) 979-7233**. Isn't it time you changed the way you bank?

www.CarmichaelTimes.com Page 3

We Haven't Forgotten!

As a proud sister to four active military brothers deployed all over the world, Jenny Jacques started an organization called Yellow Ribbons Now to bring back the display of yellow ribbons on every tree across America. "Whether you agree with the war or not, our military are still there fighting for us. Let's show the men and women that we are here on the home front still honoring them, and the sacrifice they have made and are making for us, all of us." Jenny hopes that by displaying yellow ribbons, and keeping them displayed, we can show our heroes that WE HAVEN'T FORGOTTEN!

Her father served in the Vietnam War and told her how when he returned home he was treated with disrespect and how badly it felt. "I can't even imagine one of my brothers coming home from serving our country and being treated that way, it breaks my heart. So putting these yellow ribbons up is my way to welcome home our men and women with open arms and love and respect for each and every one of them."

Her aim is to get others to think about our military and to realize that when a soldier comes home, and is driving down the road after being gone for such a long time, they will see the yellow ribbons and know they are appreciated. It may not be a lot, but for one soldier, it just might make a difference.

Along with building a National Display of Yellow Ribbons, they send care packages to troops deployed in Iraq and Afghanistan. They have shipped out Thanksgiving boxes to Iraq and are now working on Christmas care packages and a Christmas Toy Drive. "We are truly humbled by so many wonderful people, businesses, and organizations that stepped up and really showed their support for the Thanksgiving care packages." Jenny noted. They will continue sending boxes out every month. The boxes of care and support are intended to boost the morale of our men and women serving our nation. "We know there are a lot of wonderful people out there that want to do something for our military but just don't know how or where to go. We need to continue getting the word out to all communities and we hope that people use Yellow Ribbons Now as an outlet to get involved and help support our military."

They are an all-volunteer group, dedicated

TOTAL TOTAL

Judy Jacques, Jenny Jacques and Cindy Jacques of Yellow Ribbons Now

100% to our military. Jenny stated "I do this because I love and miss my brothers every day. I wake up and I know that I'm not alone. Through Yellow Ribbons Now it's our way to give back. If people just understand one thing about what my family and I believe in and that is our love for all of our military, and how important they are. The military are my family, each and every soldier walking through the desert with my brother. They, at any time, would protect him like I would if I was there."

Jenny offered a final comment, "What I really want to get across to everyone is that we all have our everyday struggles, but we sometimes tend to forget why and who makes it all possible for us to live in freedom and in this great country. Our military answer the call of duty, leaving

behind their loved ones, for all of us. They do a job that is demanding, tiring. It's time we come together as a nation and put up our Yellow Ribbons and leave them up."

Updates of their new projects and how to help can be found on their website at www.yellowribbonsnow.com. You can also buy yellow ribbons on their website. All of the ribbons are handmade by family and friends. The proceeds from the sale of the Yellow Ribbons are donated to Never Forget Our Fallen. It is a local nonprofit organization founded and operated by Deborah Getz. She lost her son in Afghanistan. She is trying to raise 1million dollars to build a memorial wall for all of our fallen military in Afghanistan and Iraq. Visit www.neverforgetourfallen.com to learn more.

A Happy Pet for the Holidays



Natural remedies might help pets overcome changes in their routine that can cause anxiety.

(NAPSA)-Whether you're entertaining or traveling for the holidays, the change in schedule can negatively affect a pet's behavior.

Being left behind, having to get used to a new environment or dealing with different people in the house can result in inappropriate, unwanted behaviors.

"Animals have complex feelings," explains Margo Roman, DVM. "Pets can experience separation anxiety, anger, fear, boredom, loneliness, jealousy and other sophisticated emotions."

Many pet owners have discovered the benefits of holistic flower essences, such as Rescue Remedy, when looking to naturally relieve emotional and behavior problems in pets.

Rescue Remedy Pet is available in dropper format, allowing pet owners to easily administer it to their pets. Alcoholfree, it is suitable for use on pets of all shapes and sizes, including reptiles, fish (add to water), birds, cats, dogs, horses and rabbits. It is available nationally in Whole Foods and anywhere natural products are sold. It can also be purchased at www. rescueremedy.com/pets.

Weekly SUDOKU -

Answer

4	9	8	5	1	7	3	6	2
7	3	5	2	9	6	8	1	4
6	1	2	8	4	3	9	7	5
5	7	4	9	6	8	1	2	3
1	6	3	4	7	2	5	8	9
2	8	9	1	3	5	6	4	7
9	5	6	7	8	4	2	3	1
3	4	1	6	2	9	7	5	8
8	2	7	3	5	1	4	9	6

Foster Parents Needed Immediately



Training, reimbursement & 24/7 support provided. Counseling and Supervised Visitation available. Requirements are a stable income for yourself, space and a loving heart.

Please call Sharyn S. or Tran at 916-973-2838

www.pofs.org

POPPOFF!

with Mary Jane Popp OOH LA LA BEAUTY

They call her the "Dear Abby of Beauty". She is truly a beauty Evangelist. She believes in the power of beauty...that is...that every woman should be her most beautiful and sparkling best to be at her best. She is renowned Beauty Expert Susie Galvez. Her books include her Ooh La La series, and her newest "Hello Beautiful"...365 Ways To Be Even More Beautiful and Weight Loss Wisdom"...365 Successful Dieting Tips. From "Good Housekeeping", "Woman's World", "Allure", and "Elle", Susie has some definite ideas about weight loss.

How many times have you begun a diet with the best of intentions, and then slipped at the first hurdle? Sound familiar? That's why I loved this gorgeous book. It doesn't count calories or tell you to exercise, it's chocked full of brilliant tips, techniques, and ideas that work alongside your weight-loss program to ensure that you don't fall off the wagon like:

- 1) CHIP OFF THE OLD BLOCK. By switching to mini-chocolate chips in a cookie recipe instead of standard size, you can save about one-half cup and 15 grams of fat and not even notice the difference.
- 2) CHEW 'EM IF YOU GOT 'EM. Chewing sugarless gum while preparing meals will help you keep from tasting too much, too soon. The gum-chomping will also help to

reduce stress levels. Food that gets stuck in gum is not very appealing—so always chew gum instead of food while cooking.

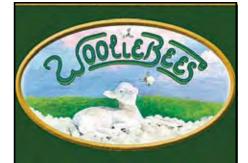
- 3) SHORT BOOTS AND SKIRTS DO NOT MIX. Your legs will appear wider and shorter. If a monochromatic color scheme is used matching the skirt, hosiery, and boots, then and only then, could the look be flattering—possibly. Best to take a snap shot of you in the outfit with a full view lens before deciding.
- 4) BEST FOOT FORWARD. Shoes with a bit of a heel (two to three inches) elongate the legs and body. Also, shoes that have a vamp closer to the toes, such as a v-shaped curve toward the toes, tend to slim the look of the feet and legs.
- 5) OUT OF SIGHT. Use the fruit and vegetable bin in the refrigerator to store highfat temptations. Chances are you'll forget they are there. Out of sight, out of mind, and most importantly, off the thighs.
- 6) PERFECT PAMPERING. Pamper yourself. Remember, you are a unique individual and worth every penny. Make an appointment for a facial, massage, pedicure, manicure, or all of the above. Make a date to treat vourself to a bubble bath. Find a good book, light some candles in the bathroom, close the door, and really enjoy vour "me time".

There are 359 more of these fun tips



to stay on the straight and narrow, and they are fun too. Hey, gotta' get a laugh or two out of life, or why bother. If you want more info on Susie and all her books, just log on to www.susiegalvez.com. She's got some great tips there, and a whole lot of encouragement too. Keep smiling. Remember, a smile can hide a lot of problems. Besides, it makes you feel lots better, takes a lot less muscles to do it, and potentially, lots less wrinkles. Stay HAPPY !!!

Check out the "POPPOFF" Radio show Monday thru Friday on AM-950 KAHI 10 AM - Noon for provocative fast-paced informational and entertaining radio listening!



The Adjustable Pillow... Filled with Pearl Sized Puffs

of Virgin Wool!

- Wool eliminates overheating & night sweats!
- Sleep in a dust-mite-free & chemical-free bed!
- Wool is mold, mildew & bacteria resistant!
- Relief from allergies, sinus & respiratory problems!
- No fire retardent chemicals in wool!

All Organic Bedding... for adults, children & infants.

Luxurious Wool Mattress Pads & Comforters On Sale.

ON SALE NOW!

Order Online:

www.wooliebees.com

CHANTEUSES presents "Sing We Now of Christmas" Sunday, December 7th 4:00 PM Northminster Presbyterian Church3235 Pope Avenue Tickets are \$8-10 preordered or at the door

Chanteuses, Sacramento's premier women's vocal ensemble of twelve voices, will sing a variety of holiday music for the entire family.

Please call 916-729-1096 for tickets and/or membership information.



California Institute Jewelry Training

Jewelry Classes Begin Soon!

· Jewelry Arts

Everything a jeweler needs to know! Complete hands-on training from fabrication to stone setting to design and beyond.



• Gemology
The intriguing science and study of gem minerals such as diamonds, colored stones and pearls.

Call to speak to a enrollment representative today! 916.487.1122

VA Approved Student Loans Available

There's a new Sutter office near you!



Greenback Oaks Care Center

5765 Greenback Lane Sacramento CA (916) 865-1040

Effective November 17, 2008, Drs. Barrett, Davies, Hilzinger, Nair, Powar and Spinelli are now located at our new offices at Greenback Oaks.

Our team provides a full range of services including:

- Family Medicine
- Preventive Medicine
- Women's & Children's Health
- Cardiology
- Pediatric Gastroenterology

In addition, we offer Sutter Laboratory and Diagnostic Imaging services on-site.



For more information visit sutterphysicians.org/smg To make an appointment, call (916) 865-1040

Most insurance plans accepted.

Check Sutter first. Sutter Health... we're in your neighborhood.



www.CarmichaelTimes.com Page 5

straight talk for teens

"I don't read" costs society dearly

by Lauren Forcella

Dear Straight Talk: Every morning I drive my granddaughter to high school and sit there in traffic observing all the kids: backpacks slung over shoulders, every hand gripping a cell phone. I've been in the newspaper business 46 years, starting right out of high school, and I'd like to ask what young people today read. I know they're on the Internet, but are they surfing, or actually reading? Or is it mainly social networking? And, apart from school assignments, do they read newspapers, magazines, and books? -Barbara Hale, Features Editor, Merced Sun-Star, Merced CA

From Shelby, 16, Auburn CA: I don't read. I just don't like it. Even Harry Potter I skipped. Sometimes on MySpace, I read a "fun fact" or gossip, but I'm not into politics or business. I have better things to do, and between homework, sports, and my social life, there's no time.

From Taylor, 19, Placerville CA: I don't usually read. I wasn't a good reader through school so I got turned off. I didn't even read Harry Potter. On rare occasions I read magazines from the supermarket checkout lines, but news doesn't interest me because everything is spun and it's overwhelming not knowing what to believe. Online, I strictly social network and get entertainment via YouTube.

From Lara, 17, Fair Oaks CA: Before I became socially obsessed, I read practically a book a day. I was raised without a TV, so books were how I learned and amused myself. I especially love Steinbeck, Dickens, and Austen with their good human values. But now with school, sports, and socializing, I prefer personaldevelopment books because you can skip around and still learn. In tenth grade I lived with my dad in Europe and Europeans think Americans are really dumb because we are clueless about world affairs. That motivated me! On the Internet, I social network but I avoid celebrity gossip. I get news from my email home page feed and the ORF, an Austrian site with detailed world news

From Hannah, 17, Auburn CA: I didn't used to like to read, but recently I started Hemingway's Farewell to Arms. My mom keeps thinking it's assigned reading! I don't read magazines or newspapers at all. On MySpace, I read election news, but generally, I don't read politics. It's embarrassing, but my friends and I go to a celebrity website for guilty pleasure. It's meaningless, but that's what we do.

From Lennon, 22, Fair Oaks CA: Aside from school reading, I spend about 30 minutes a day reading things like Popular Mechanics, Rolling Stone, the Sacramento Bee. I also read regularly for pleasure, more than most of my peers, maybe because I had no TV growing up and still don't. Right now I'm reading Infinite Jest by David Foster Wallace. I use the Internet for research and social networking, but I hate reading online; it physically drains me.

From Geoff, 23, Redding CA: I, and many of my peers, use http://www. google.com/reader/view/, a customizable news feed that pulls from thousands of newspapers, magazines, and online publications. During college, and now, after work, I come home and see all the day's politics, economy, technology, philosophy, video game news, etc. It's like reading 12 newspapers a day.

Dear Barbara: There's a picture for you, although I believe the panel has proportionally more "readers" than American youth in general. This supports a 2007 National Endowment for the Arts compendium study that correlates reading for pleasure, regardless of income, with political activism, cultural participation (such as writing for this column), even regular exercise. The average 15- to 24-year-old, according to the study, spends 2.5 hours per day watching TV and 7 minutes reading. Half the young people between 18 and 24 never read for pleasure, and only a third of high school seniors read at proficiency, the level needed to read this newspaper. The cost to society is

Write to Straight Talk at www. StraightTalkForTeens.com or PO Box 963. Fair Oaks CA 95628

ADVENT CHRISTMAS FAIRE

Saturday, December 6 10 a.m. - 2 p.m.

Northminster Presbyterian Church will present its Advent Christmas Faire on Saturday, December 6, from 10 a.m. - 2 p.m. A "Make It and Take It" time to help children of all ages prepare for Christmas. There are Christmas gifts and decorations to make with the assistance of Santa's helpers. There is something for everyone! All crafts are FREE. A light lunch will be offered. 3235 Pope Avenue (between Watt and Fulton) For details, call (916) 487-5192 or visit Northminsteronline.org

Northminster Presbyterian Church Pastor Jack Raymore

Christmas Eve Services

5 p.m. Family Service of Lessons and Carols

10 p.m. Candlelight Service featuring chancel and bell choirs 3235 Pope Avenue, Sacramento

For details, call (916) 487-5192 or visit Northminsteronline.org

Camellia City Flute Choir Presents Holiday Concerts



The Camellia City Flute Choir will participate in two concerts this December. The first is a shared concert with the Sacramento State Flute Ensemble, which will take place at 7 p.m. on campus in the Recital Hall adjacent to Capistrano Hall, the music building. The Camellia Flutes will also play a concert at the State Capitol Rotunda, located at 10th & L in Sacramento, on Saturday, December.13th at 10:45 a.m.

Each program will feature Christmas music, as well as other festive selections, by Mozart, Saint-Saens, Brahms, Handel and Yon. At the Sacramento State concert, each flute choir will perform separately, and then combine for the last

Martin Melicharek is the founder and conductor of Camellia City Flute Choir. There are currently 16 flutists who combine to play 5 types of flutes, ranging from contra bass flute up to piccolo. The CSUS Flute Ensemble is under the direction of Laurel Zucker and Bill Damien.

Admission to both concerts is free! Free parking permits for the CSUS garage next to the music building will be available at the Monday night concert.

Monday, December 8

at 7:00 p.m. Recital Hall at CSU, Sacramento Sacramento, CA

> Saturday, December 13 at 10:45 a.m. Capitol Rotunda

10th Street & L Street Sacramento, CA

Contact: Martin Melicharek Phone: 916/966-5784 E-Mail: camelliaflutes@yahoo.com



When someone you love has Alzheimer's, the whole family is affected.

That's why we make sure the whole family is involved.

It takes a special kind of person - and a special kind of place - to provide Alzheimer's care. You'll find both at The Gardens at Citrus Heights.

The special needs of those coping with Alzheimer's and other memory impairments demand a special kind of care and support: for them, and for those who love them. The Gardens at Citrus Heights offers just that, in a secure, inviting setting.



To care. To comfort. To understand.

7375 Stock Ranch Road Citrus Heights, CA 95621

www.emeritus.com



Have a Happy Thanksgiving!

El Dorado Savings Bank

Nancy Reynolds & Staff 4701 Manzanita Ave., Carmichael 481-0664

Carmichael Recreation & Park District

The Staff 5750 Grant Avenue, Carmichael 485-5322

Coffman's Furniture Gallery

Dave and Lisa & Staff 6443 Fair Oaks Blvd., Carmichael 482-9663

Safeway

Lance White, Manager & Staff 4040 Manzanita Ave., Carmichael 481-2005

Hoshall's Salon & Spa

The Team at Hoshall's 7330 Fair Oaks Blvd., Carmichael 485-4941 www.hoshalls.com

Aegis Living

Chris Schoonveld Marketing Director & Staff 4050 Walnut Ave., Carmichael 972-1313

Save Mart Supermarket

Chris Bullock, Mgr. and Staff 4708 Manzanita Ave., Carmichael 979-9191

Eskaton Village

Linda & Lucy, Marketing Directors 3939 Walnut Ave., Carmichael 974-2000

Winding Commons Senior Residence

Christine Pesola, Administrator, Bridgett Payne, Marketing, & Staff 6017 Winding Way, Carmichael 485-1000

Bank of America

George Trunvan, Manager Pat Baird, Asst. Manager & Staff 6705 Fair Oaks Blvd., Carmichael 861-9419

Hungry Hollow Cafe

Richard Rawlins, Owner & Staff 4766 Manzanita Ave. Crestview Center, Carmichael 487-8167

Carmichael Oaks Senior Living

Denise Evans and Denise Brandt, Marketing Directors & Staff 8350 Fair Oaks Blvd., Carmichael 944-2323

Mission Oaks Recreation

& Park District Debbie Walker, Administrator Mark Koller, Director of **Recreation Services** 3344 Mission Avenue, Carmichael 488-2810

Phoenix Schools

The Staff 2921 Garfield Ave., Carmichael 481-6144

CURVES

Bonnie, Robin & Staff 4141 Manzanita Ave. #105, Carmichael 973-9900

Wells Fargo Bank

Doug Britt, Manager and Staff 7225 Fair Oaks Blvd., Carmichael 440-4174

Laurence Properties

Stephanie Paschal & Staff 5740 Windmill Way, Suite 11, Carmichael 486-0209

Mercy San Juan Medical Center

Doctor Brian Gardner & Staff 6501 Coyle Ave., Carmichael 557-5000 www.mercysanjuan.org

WWW.FORMAGGIORESTAURANT.COM

THANKSGIVING PRE-SET MENU \$29.95 PER PERSON

Marriott

SACRAMENTO RANCHO CORDOVA NOVEMBER 27, 2008 11 AM - 8 PM

> FOR RESERVATIONS 916-267-6755

Thanksgiving Specials

\$79 per room*

\$89 per room with breakfast for 2*

* based upon availability * offer valid only 11/27/08 - 11/29/08 *

For Reservations: 916-638-1100

Website: www.marriott.com/sacmc



Mondavi Center, UC Davis

WORKS BY John Tavener **Eric Whitacre**

NARRATOR Kelly Brothers, Sacramento Radio and TV Personality



Capture the magic as the SCSO spreads the spirit of the Christmas season with candlelit processions, audience singalongs, new and familiar holiday songs and good cheer. Get your tickets early for this standing-room only Sacramento tradition.

\$30 | \$40 | \$50 Students 1/2 price (ID at door) Group Sales (10+) Discount | Call 916 536-9065

1-866-754-2787 or online at SacramentoChoral.com

TICKETS ON SALE

www.CarmichaelTimes.com

Pet of the Week: Scottie



Scottie is a white and orange full grown tabby cat with a gentle loving spirit. He came to the shelter a month ago and has been waiting patiently to be adopted. After a month most cats develop kennel cough, which is like a common cold for a cat, and can also become stir crazy in their cage. Scottie, on the other hand, has stayed healthy and has made his cage his little home. Scottie is content in his cage but would be so much happier in a home with a loving family. He is great with kids and other cats and if introduced slowly he will get along with dogs too. His favorite thing is a belly rub and will roll over to be scratched every time. Once his belly rub starts, he turns into a purring machine. The shelter staff and volunteers try their best to make all the animals at the shelter happy and comfortable, but there are too many



— **King** Crossword Answers

Solution time: 25 mins.

Κ	0	-		Σ	ш	Ø	Α		D	Α	Z	Α
_	D	0		Α	G	_	Ν		П	О	_	Т
Z	0	Т		Z	0	R	Т	I	Р	0	L	Е
G	R	Α	Р	Η			_	_	Ι			
			0	0	Ρ	S		S	С	0	L	D
W	Е	S	Η	L	Α	Κ	Е		Т	R	Ш	Ε
_	R	Е		ш	Z	0	┙	S		Z	Z	Е
Т	-	Е	R		Ш	Α	S	Т	8	0	0	D
Η	Е	М	Α	Ζ		L	Е	E	R			
			F	0	Е			Т	Υ	Р	Ш	Α
S	0	U	Τ	Ι	Ρ	Α	V	S		Ш	R	G
Α	Ν	Т	Е		0	L	Т	0		Α	G	0
Ρ	Е	Α	R		S	_	G	N		L	0	G

animals to give them the attention they need. Visit the shelter to see if Scottie is the cat you have been looking for.

To see Scottie (A482356) and other adoptable animals visit:

Sacramento County Animal Shelter 4290 Bradshaw Rd

4290 Bradshaw Rd

Sacramento, Ca 95827

Open Tuesday – Saturday, and the first Sunday of every month

www.saccountyshelter.net (916) 368-7387 (PETS)

Weekly SUDOKU

by Linda Thistle

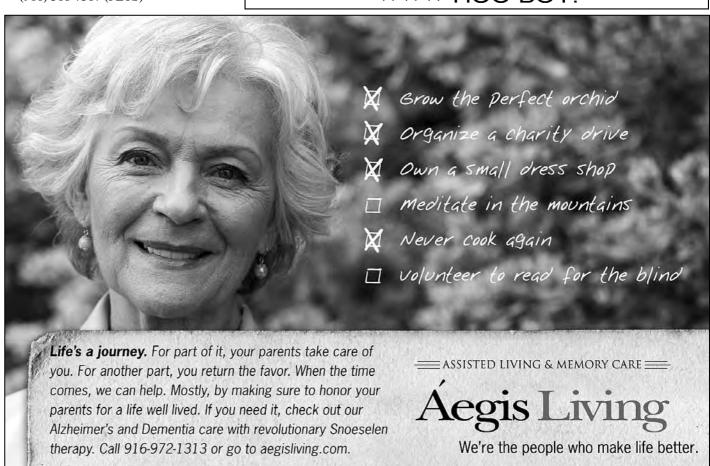
Answers on page 4

		8			7	3		2
	3		2				1	
6				4				5
5		4		6			2	
	6				2	5		
		9	1					7
		6	7				3	
3					9			8
	2			5	1	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging ★★★ HOO BOY!



AEGIS OF CARMICHAEL 4050 WALNUT AVE. 916.972.1313

We are a pet-friendly community!

RCFE # 347001686



Thanksgiving has always meant gathering together, enjoying one another, and taking time to reflect on the blessings of a good year. With four children, I'm hoping that for one beautiful, glowing moment, we can slow down, put aside our busy schedules, and be glad that we're all in one place, all in one

Surely I've taught my kids to be thankful, right? I've even hit the door lock button when I drive them somewhere, until they thank me for the ride. And I've often reminded them how lucky they are to live in America, have good health, friends and a loving family. Like most moms, I want my kids to see that their lives are filled with blessings and opportunities.

So, going around the table and expressing your gratitude should be a slam dunk.

But no. My youngest, Nicole, always insists we do it alphabetically. This opens the door for her three older brothers to become raucous wise guys, making a mockery of the tradition, and coming up with the (dare I say stupidest?) things they can think of, and then arguing with their mouths full of mashed potatoes

"Asiatic Flu," Cassidy says.

Joni Hilton

You're Thankful for What?

"Oh, come on," I say, rolling my eyes. "Nobody is thankful for the flu."

"Plus Asiatic is the adjective," Richie points out. "You have to pick a noun."

"Who says you have to pick a noun?" Bob says, the husband who chose himself, last year, for the letter B.

A short argument erupts, and suddenly we're all grammar experts, establishing ridiculous rules. We are also car experts, apparently, as the boys proceed to express their thanks for Corvettes, Hot Rods (another adjective-oh no!), and some kind of engine booster.

When the letter G lands on Nicole, she tells us she's thankful for Garlic Bread. "And how come we don't have garlic bread on Thanksgiving?"

A discussion of other foods I should be willing to get up at 2:00 a.m. to prepare, now ensues. Fried rice, ice cream, carrot cake, cotton candy, and fried chicken are all agreed upon as if we hired circus clowns to revise the food pyramid.

I do my best to get them to think about gratitude, but all they can think of is comedy. Is this happening in other households across America? Probably not. Probably other families are expressing their thanks for one another, for shelter, for the joys of daily

Bob shamefully chooses urinals for U.
I stare at him. "You had all that time to think, calculating which letter would land on you, and you picked urinals?"

"Hey, they're handy to have," Bob says.

Nicole and I are outvoted.

As we clear the dishes, I think about this free-for-all, the endless teasing and carping that has become our family's tradition. I picture future spouses, married to our kids, with bug eyes as they witness this wacky debate each year.

I look at my grinning kids, who are still arguing over whether pneumonia can count for p, since the p is silent. Even though they drive me crazy sometimes, maybe this is our essence—the way we interact and love one another. Maybe that's how our hearts are knit together, knowing we'll always be passionately nutty, ever willing to debate the merits of proper versus common nouns.

And maybe, next year, it wouldn't kill me to add cotton candy to the menu.

Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts. com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.

> Listen to "The Joni Hilton Show" streaming live, weekdays 3-4 pm on www.KAHI.com or 950 AM

Explore Career Options at Sacramento Expo

Are you hoping that 2009 will bring new energy and direction to your career? Maybe the opportunity to start your own business? Perhaps you're contemplating furthering your education or learning some new job skills. At Sacramento's Career Expo, you can get a jump on the new year and explore all those options in just one afternoon.

Sacramento's Career Expo is coming to the Sacramento Convention Center on Tuesday, December 9th from noon to 4pm. Job seekers can meet with dozens of the region's top employers recruiting in a variety of fields, including healthcare, IT, customer service, administration, public safety, and more. Organizations eager to hire include CalPERS, UC Davis, Horizon West Healthcare, EMQ Children & Family Services, Wells Fargo, and many more.

For those interested in learning about careerenhancing classes and training programs, several public and private colleges will be on hand to answer questions. If you're considering starting your own venture, explore the possibilities with representatives from over a dozen business opportunities. You can also get free information on financing options and assistance programs from the Small Business Administration.

Get insider tips on reaching your goals by attending the CareerTalks workshops, with sessions covering Self Employment as a Career Alternative, Business Financing, and How to Get a State Job. Employment experts will also be available to help improve your resume.

Whatever career options you're considering, find the answers you need for FREE at Sacramento's Career Expo on Tuesday, December 9th from noon to 4pm at the Sacramento Convention Center, 1400 J Street. Visit JobJournal.com or call 1-888-THE JOBS for more details.



Raley's Food For Families **Program Helps the Needy**

Despite recent reports of donations and charitable giving being down throughout area non-profits, Raley's Food For Families program continues to supply local food banks and partnering agencies with steady donations.

However, in these difficult economic times, the need for donations is greater particularly the need for food donations. Through the generosity of customers and colleagues, Raley's is working hard to fill that growing need in the many communities served by the company's 132 stores throughout Northern California and Nevada.

Starting Monday, Nov. 17 through Wednesday, Dec. 24, Raley's will once again invite customers to partner with them in the annual Holiday Bag

Through the Holiday Bag program, Raley's offers bags of wholesome groceries, worth approximately \$20, for only \$10 at every Raley's, Bel Air, Nob Hill Foods and Food Source store. Customers can purchase a bag of nutritious groceries during a visit to their neighborhood store, which benefits a local food bank. Raley's absorbs all administrative costs of the program with 100 percent of every donation going directly to help feed the hungry. Local food banks distribute the donated food to families in the neighborhood, so it remains in the community in which it was collected.

"We want to make it convenient for our customers to help those less fortunate," said Nancy McGagin, Executive Director of Food For **Families**

"Especially this holiday season, food donations are in great need, so we are incredibly honored to partner with our generous customers once again in this program, as we work together to reach our goal of 2 million pounds of food this year."

Last season, Raley's customers and colleagues purchased a total donation of 3.2 million pounds of food through the Holiday Bag program between Nov. 12 and Dec. 24, 2007.

Customers interested in donating can contribute in three ways:

- Use the cash collection boxes that are available at every check stand at their local store.
- Add a contribution to their bill when purchasing groceries.
- 3. Purchase a bag filled with wholesome groceries between Thanksgiving and Christmas, to support the Holiday Bag program.

Food For Families is a registered 501(c)3 organization providing food for the needy yearround in the communities of Northern California and Northern Nevada served by Raley's, Bel Air Markets, Nob Hill Foods and Food Source

Food For Families began as a holiday food drive in 1986 and was founded by Raley's Co-Chairman and Owner Joyce Raley Teel and CEO emeritus Charles Collings. Since then, the organization has raised over \$20 million and more than 10 million pounds of food for the needy in communities served by Raley's stores, as part of the company's long-time commitment to local communities. The legacy of the program continues today, thanks to the support of Raley's customers, colleagues and community partners.

Visit www.foodforfamilies.org to learn more and to see where your contribution goes.



Come enjoy the Annual Holiday Tree Lighting at Carmichael Park, 5750 Grant Avenue, Carmichael, CA 95608. The event will include music performed by the *River City Concert Band*, a visit with *Santa*, candy canes, hot apple cider, crafts for kids, cookies and more! The *Honorable* Susan Peters, Sacramento County Board Supervisor, will be our Holiday Host for the evening along with the help of the Sacramento Metropolitan Fire District. This event will happen rain or shine! (916) 485-5322 or www.carmichaelpark.com.

YOUR HOLIDAY SPONSORS WISH YOU TIDINGS OF JOY!

Carmichael Recreation and Park District Mission Oaks Recreation and Park District Kiwania Club of Carmichael Carmichael Chamber of Commerce



QUALITY MAKES A DIFFERENCE

OUALITY MANAGEMENT

50 years under local management and ownership.

QUALITY ASSETS

In 2007, we will complete our 19th consecutive year without any foreclosed properties on our books.

QUALITY SERVICE

Voted the Best Bank in many of our local communities.

SAFE—STRONG—SECURE



Serving our local communities for 50 years

CARMICHAEL · 4701 Manzanita Ave. · 481-0664

Member FDIC

eldoradosavings.com



PLUMBING-SEWER-DRAIN

Superior Quality...Outstanding Values!

Your Local Plumbing Expert Proudly Serving Sacramento & The Surrounding Areas

Satisfaction...Absolutely!

One Call Delivers:

- Drain Clearing
- Hydro-Jetting
- Irrigation Lines
- Re-Pipes Copper & Pex
- Leak Repairs
- Kennel & Grooming Drains
- Sink & Floor Drains
- · Faucets, Fixtures, Tubs, Showers
- Toilets & Urinals
- · Grab Bar Installations
- · Comfort Height Toilets
- Water Heaters Gas & Electric

victoryplumbing.net

- Tankless Water Heaters
- Ejection Pumps & More

SMALL JOBS & REMODELS WELCOME! • RESIDENTIAL & COMMERCIAL

TRENCHLESS SEWER & WATER LINE SPECIALIST **ALL WORK DONE TO CODE - WRITTEN GUARANTEE**

CALL: 916-482-4190



CA #898985

ravel to China March 5-14, 2009 * \$1,699 Plus Taxes/Fees

10-Day "Best of China" Experience Visit Beijing, Xi'an, Suzhou & Shanghai. See the Great Wall, Terra Cotta Warriors & more.

Meals, 5-Star Accommodations, Admissions/Activities, Internal Air, and International Air from San Francisco.

Travel with Kathy Moroney, experienced escort.

CST 2073714-40

866.311.5045 * 916.265.5630 www.distinctive-destinations.com



Carmichael Times Page 10 November 25, 2008

10

26

48

58

61

ranch

38 Roof beam

40 Distorted

42 Japanese

drama

poetry

47 Ring out

48 Therefore

49 Head over

heels

50 Enervate

51 Indivisible

Hagen

— Baba

52 Actress

45 Grand-scale

35 Ingredient in

dressing?

14

20

35

40



St. John's parents will be hosting their thirtieth annual

"A Holiday Show of Hands",

an arts and crafts Christmas Sale featuring custom work by over one hundred-fifty craftsmen and artists on Saturday, December 6th, 9 - 7; December 7th, 9 - 3. Special features include our Fashion Pavillion and antiques & collectibles, featured in the Antique Cottage. Admission is free.

> St. John's School 5701 Locust Avenue Carmichael 916-481-8845, Ext. 216

SANTA'S BREAKFAST and CRAFT FAIR Sunday Dec.14th 8:00 - 2:30 pm

Please come and have a great pancake breakfast for only \$4.00 \$12.00 for a family of 4

Amazing crafts - we have many new and exciting vendors this year! Book fair - books make great gifts and benefit our school!

Pictures with Santa \$2.00

Kiwanis Club of Carmichael, Division 44, presents **An Evening of George Gershwin** Saturday, December 6, 2008, 7-11pm Sacramento Association of Realtor's Building - 2003 Howe Avenue, Sacramento. There will be entertainment and dancing at this tie and jacket/cocktail attire event,

featuring the Jason Myers Trio performing. Intermission dessert bar and coffee are

included in the \$30 tickets, no host bar, proceeds from the evening will benefit the Carmichael Aquatic Center. Call 481-8904 for further information or tickets.

Kids gift shop- let your kids shop- all for under \$5.00

Kid's cookie and cupcake decorating table Lots of fun for families!

Advance tickets on sale soon!

Or buy at the door 3100 Norris Avenue Sacramento 95821



ACROSS

- 1 Japanese pond carp
- Mini-plateau

15

18

37

56

59

- Comedian Carvey
- Altar affirmative
- 13 Not "fer"
- Shorten a text, maybe
- Part of **NIMBY**
- 16 Santa's home
- 18 Pie chart alternative
- 20 Square root of IX "How clumsy
- of me" 24 Berate
- 28 Crime novelist Donald
- 32 Genealogy chart
- 33 Rage
- 34 Hydroxyl compounds
- 36 About-face from SSW
- 37 Layer
- 39 "Million Dollar Baby" director
- 41 Macho type
- 43 Ogler's look 44 Adversary
- 46 Aggressive
- 50 Lefties
- Work unit 55
- 56 Opening

stake Hodgepodge

38

44

- 57 Past
- Bosc or 59
- Bartlett
- 60 Billboard 61 Journal

DOWN

- 1 Interviewer Larry
- Stench
- 3 Tittle
- Sewer access
- ld
- counterpart Madam's
- mate
- 7 Con

8 Draw 9 Fuss

57

60

King Crossword

16

42

22

43

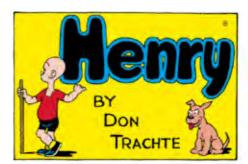
Zilch 11 Consumed

10

- Towel designation
- 19 Cauldron
- 22 Glazier's sheet
- "To your health"
- "Yes —?"
- 26 Comic Jay "Monopoly"
- card 28 Accompanying
- 29 Canal zone?
- 30 Appear
- 31 Otherwise
- 54 Peruke

53

© 2008 King Features Synd., Inc.











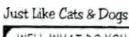


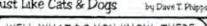






Page 11











Legal Advertising Hotline 916-532-2113 Legal Advertising Fax 916-773-2999

LEGAL ADVERTISING

Legal Advertising P.O. Box 14 Carmichael, CA 95609

#34-2008-00026638-CU-PT-GDS

FICTITIOUS BUSINESS NAME STATEMENT #0810835. Smart Mart Inc., 5140 Fawn Hollow Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Smart Mart" at 8990 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 21, 2008. Publish: November 4, 11, 18, 25, 2008.

SMARTM 81101 11-25-08

FICTITIOUS BUSINESS NAME STATEMENT #0810609. Carlson Enterprises, Inc., 4921 Engle Rd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Carlson Graphix" at 5757 Robertson Ave. #D. Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 14, 2008. Publish: November 4, 11, 18. 25, 2008.

SUPERIOR COURT **CALIFORNIA**

11-25-08

CARLSO

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00025362-CU-PT-GDS

WHEREAS. Wendy Danae Catalano has filed a petition in this court for a decree changing name of Wendy Danae Catalano to Wendy Danae Ebro, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.mn. on Dec. 5, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 4, 11, 18, 25, 2008.

CATALA 81101 11-25-08

SUPERIOR COURT CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00025024-CU-PT-GDS

WHEREAS, Leslie Dawn Lopez has filed a petition in this court for a decree changing names of Leslie Dawn Lopez to Leslie Dawn Lopez-Martinez: and Tomas Valentin Cervantes to Tomas Jose Raul Martinez, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 4, 2008 in Dept. 54, located at 800 9th St. Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 21, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 4, 11, 18. 25, 2008

LOPEZ 81101 11-25-08

FICTITIOUS BUSINESS NAME STATEMENT #0811204. George 4224 Whitney, Oak Knoll. Carmichael, CA 95608 is doing business under the Fictitious Business Name "Modern Home & Office" at 701 Winding Way, Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County on Nov. 3, 2008. Publish: November 11, 18. 25, December 2, 2008. 81102 **MODERN** 12-2-08

FICTITIOUS BUSINESS NAME STATEMENT #0811247. Gospel Outreach Ministries Inc., 421 5th St., Roseville, CA 95610 is doing business under the Fictitious Business Name "Mission Roca de Salvacion" at 7140 Auburn Blvd.. Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 11. 18. 25. December 2. 2008 MISSIO 81102 12-2-08

SUPERIOR COURT **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00026007-CU-PT-GDS WHEREAS, Tanya-Gaye Evans

has filed a petition in this court for a decree changing name of Tanya-Gaye Evans to Tanya-Gaye Biddell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 17, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 5, 2008

Loren E. McMaster Judge of the Superior Court Publish: November 11, 18. 25, December 2, 2008. 12-2-08 **EVANS** 81102

SUPERIOR COURT **CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00026024-CU-PT-GDS

WHEREAS, Cuc Thi Nguyen has filed a petition in this court for a decree changing name of Cuc Thi Nguyen to Karen Thi McCrea. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on December 17, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 5, 2008.

Loren E. McMaster Judge of the Superior Court Publish: November 11, 18, 25, December 2, 2008.

NGUYEN 12-2-08

SUPERIOR COURT **CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE **CHANGE OF NAME**

#34-2008-00025607-CU-PT-GDS

WHEREAS. Kathleen Malia Kennedy has filed a petition in this court for a decree changing name of Kathleen Malia Kennedy to Richard Gordon Kennedy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 10, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 29, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 11, 18, 25, December 2, 2008.

KENNED 12-2-08 81102

SUPERIOR COURT CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00026326-CU-PT-GDS

WHEREAS. Sara Elizabeth Niekarz has filed a petition in this court for a decree changing name of Sara Elizabeth Niekarz to Nolan Sen Noble. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 19, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for

hearing on the petition. Dated: Nov.

7, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 18. 25,

December 2, 9, 2008. 12-9-08 **NIEKAR** 81103

FICTITIOUS BUSINESS NAME STATEMENT #0811395. Laurence Nicholson, 8141 Fair Oaks Blvd., Carmichael, CA 95608 is doing

business under the Fictitious Business Name "Linear Care" at 5207 Madison Ave. #D. Sacramento, CA 95841. Filed with the Clerk of Sacramento County on Nov. 10, 2008. Publish: November

25, December 2, 9, 16, 2008. 81104 LINEAR 12-16-08

FICTITIOUS BUSINESS NAME STATEMENT #0811576. Military Briefina Book (limitd liability company), 5155 Arden Way #26, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Military Briefing Book" at 5155 Arden Way #26, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Nov. 18, 2008. Publish: November 25, December 2, 9, 16, 2008.

STATEMENT ABANDONMENT FICTITIOUS BUSINESS OF NAME FILF #0607523

81104

MILITA

12-16-08

The following persons have abandoned the use of FICTITIOUS BUSINESS NAME of CLEARIBLUE, located at 135 N. Old Woodward Ave., Birmingham, MI 48009

Clear!Blue, LLC, a Michigan limited liability company, 135 N. Old Woodward Ave., Birmingham, MI

The Fictitious Business Name Statement was filed on June 29, 2006 in the County of Sacramento. Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 25, December 2, 9, 2008.

CLEAR! 81104 12-16-08

SUPERIOR COURT **CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Lyubov Denisova has filed a petition in this court for a decree changing name of Lyubov Denisova to Amie Lyubov Denisova, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper

Shelleyanne W.L. Chang Judge of the Superior Court Publish: November 25, December 2, 9, 16, 2008

of general circulation, printed in

Sacramento County, California,

once a week for four consecutive

weeks prior to the date set for

hearing on the petition. Dated: Nov.

12-16-08



is seeking an independent sales agent

to generate advertising sales for our local newspaper. This is a part-time, extra income opportunity that you can work at from your home. Become part of a growing newspaper that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.

> To apply, call 773-1111 or send an email to publisher@mpg8.com

Treating you as royalty is our goal, " Styles 'n More

Looking for that monthly haircut, beard trim, and scalp treatment? Hair Extensions or Permanent Cosmetics? Permanent Hair Straightening? We are currently offering up to \$50 off on these services*.

Grand Opening specials* include a gift certificate for ½ off Therapeutic Massage, now \$35 for 1hr, or \$50 for 1 1/2hr. *New client specials only

Free consultations.

- Evaluate your hair type and facial features
- Specialists in Wedding and Special Event hair styling such as proms, Quienceneras, parties, anniversaries, reunions and more.

With the holidays coming person a Gift Certificate to Styles 'n More!

up, why not get that special

Positions for stylists and manicurists w/some following are available.

Learn more about us and our services at www.eventhairmakeup.com or www.stylesnmore.com

> We look forward to serving you. **Christine Dymek** Owner Stylist

We recommend appointments, but walk-in's are welcomed,

7538 Fair Oaks Blvd., Carmichael near the Y at Manzanita. 916-481-3864

Page 12 November 25, 2008 Carmichael Times

Adoption

CONSIDERING ADOPTION? Talk with caring agency specializing in matching Birthmothers with Families nationwide. Living Expenses Paid. Call 24/7 Abby's One True Gift Adoptions. 1-866-459-3369.

Adult / Elder Care

Special 50% Off 1st Month Care Private & Semi private rooms. For more info call 916-721-4721(MPG)

Experienced caregiver for elderly. 24-hour care; healthy nutritious meals; reasonable rates. In Fair Oaks - room in comfortable home. Call 916-536-0701 (MPG)

Auctions

ONLINE AIRCRAFT AUCTION: TX Dept. of Transportation (2) 1983 Cessna 425's. For photos, descriptions, terms, conditions and bidding information visit www.LSA.cc or www.LSO.cc Burgess 7878. (Cal-SCAN)

Auto Donation

Donate A Car Today To Help Children And Their Families Suffering From Cancer. Free Towing. Tax Deductible. Children's Cancer Fund Of America, Inc. www.ccfoa.org 1-800-469-8593 (NANI)

DONATE A CAR-HELP CHILDREN FIGHTING DIABETES. Fast Free Towing. Call 7 days/week. Non-runners OK. Tax Deductible. Call Juvenile Diabetes Research Foundation 1-800-578-0408 (NANI)

DONATE YOUR CAR-HELP DISABLED CHILDREN WITH CAMP AND EDUCATION. Quickest Towing. Non-Runners/Title Problems OK. Fre Vacation/Cruise Voucher, Special Kids Fund 1-866-448-3865 (NANI)

DONATE VEHICLE: RECEIVE \$1000 Grocery Coupons, Your Choice Noah's Arc, No Kill Animal Shelters. Advanced Veterinary Treatments. Free Towing, IRS Tax Deduction. Non-Runners. 1-866-912-GIVE. (Cal-SCAN)

DONATE YOUR CAR...To The Cancer Fund of America. Help Those Suffering With Cancer Today. Free Towing and Tax deductible. 1-800-835-9372 www.cfoa.org (NANI)

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. Call 1-800-252-0615.(Cal-

WE BUY DAMAGED & Flooded Cars. Highest prices paid, 1998 to 2009. Immediate payment, free towing. www.DamagedCars.com or 877-877-7911. (Cal-SCAN)

Autos For Sale

1985 Chevy 3/4-ton-20 series-350 motor. No major dents. GREAT work vehicle for contractor, etc.

Needs smog and registration.

Handicapped wife can no longer drive it (too hard to climb up). \$700 or trade for smaller vehicle she can get in to



\$500! Police Impounds!!!! Hondas / Chevys / Jeeps & More! Cars from \$500! For Listings 800-773-2204 (NANIG)

1998 Honda Accord Only \$1050! Buy Police Impounds! Many Makes Available! For Listings 800-671-1134 (NANIG)

Beauty

Braids & Weaves 24/7 Specialists in Dry Hair, Problems, Braiding/Weaving Tracks - \$15 Press/Curl \$45-\$65 LOC/ Appt 821-8888, Now Hiring (MPG)

KING of CURLS Specializing in Dry Hair Problems. All Braiding & Weaving Designs.Tracks, Press / Curls. 4751 Freeport Blvd: 800-722-8944 5320 Auburn Blvd: 916-736-0808 (MPG)

Business Opportunities

ABSOLUTELY RECESSION PROOF! Do You Earn \$800 in a Day? Your Own Local Vending Route Includes 30 Machines and Candy \$9,995. MultiVend LLC, 1-888-625-2405. (Cal-SCAN)

OWN YOUR OWN FRANCHISE Working in Sales? Tired of getting paid only once for each sale? Make you and your friends the money they 916-201-3643 (MPG)

OWN A RECESSION Proof Business. Established accounts with the average owner earning over \$200K year call 24/7 1-866-622-8892 Code

Work From Home Earn \$1,000 to \$3,000 per week Free 14-minute movie that shows you how! www.setfree.com (MPG)

RED BULL, MONSTER, 5 HOUR **ENERGY DRINK ROUTES.** National Accounts Available. Profit Potential \$40K-\$400K Yearly! Call 24/7 1-888-428-5392 (NANI)

Take Your Fund Raising Over the Top! Funding is a never ending challenge for non-profits! No Matter What Your Cause... Travel is the Ultimate Fund Raiser!

Let us show you how to tap into one of the largest industries in the World! Learn how to raise funds by taking advantage of the largest trend in travel:
Online Booking! 42¢ of every dollar
spent on the internet is Travel!
Our innovative affinity program

innovative affinity program provides your organization with your own online travel website (similar to Expedia®) which can help generate thousands of dollars for your organization when members and supporters book their personal travel through your customized website.

CALL or Email for additional information: Bob Cushman (916) 343-0505 Email: bob@bobcushman.com (MPG)

Are you tired of...

Other people making it big while you work more and more just to stay caught up with your bills? Spiraling costs and debts?

Your business owning you rather then you owning it?

Never having the freedom to enjoy the fruits of your labor?

life's journey with an Improve unequaled business opportunity, and product that improves everybody's For information how to become a part of one of the fastes growing company call 916-205-8118 (Serious enquires only) (MPG)

SPORTS MINDED Successful Entrepreneur seeks Self-starter, must be \$\$\$ Motivated, Team Player, ready to produce Health & Wealth NOW! 1-800-221-8429. (Cal-SCAN)

WANT TO EARN \$1K-\$5K PER WEEK?GUARANTEED SAFE INVESTMENT! MONEY BACK GUARANTEE. 100 YEAR OLD INDUSTRY. 800-896-2492 CALL 24 HRS/7 DAYS (NANI)

WEEKLY PAYCHECK Possible from Home Processing Our Mortgage Assistance Postcards. References Available. No Advertising. All Materials provided. No Gimmicks. 877-774-9295 (NANI)

Earn up to \$500 weekly Assembling angel pins in the comfort of your own home. Call 813-699-4038 or 813-425-4361 or Visit www.angelpin.net (NANI)

NETWORK MARKETING Company, 20 months old, \$40 Million in Sales, set to go Global. Your turn to work with #1 Earner. 1-800-985-4931. (Cal-SCAN)

HATE JOB? Want to Own Your Own Business? Be Your Own Boss in 4 Billion \$\$\$ Industry!! Avg. Owner Earning Over \$200K/year! Call 24/7 1-888-428-5392. (Cal-SCAN)

OWN A RECESSION Proof Business, Established accounts with the average owner earning over \$200K a year call 24/7 1-866-622-8892 Code 305 (NANI)

INSPECTORS/ REPORTERS: Advanced Field Services seeks individuals to complete residential insurance inspections in California. For more information and to apply visit: www.AFSWeb.com/ careers (Cal-SCAN)

Do you dream of owning your own business? Pre-Paid Legal Services, Inc. is a publicly traded company on the NYSE and is expanding its services in your area. Full-time/parttime marketing opportunities available. For more information on how to become an Independent Associate of this fascinating company or if you would like to know more about our legal service plans, call today! Tony Lamm. Independent Associate. at 916-773-1421. (MPG)

Computers

FREE Nintendo Wii!! With your New Computer Brand Name Laptops Bad or NO Credit – No Problem Smallest weekly payments Call Now 800-804-7273 (NANI)

Computer Care Complete PC Care and Maintenance Installs, upgrades, virus removal, wireless. Affordable prices- Same-Day Service. Call Todd 916-529-5954 (MPG)

GET A NEW COMPUTER Brand Name laptops & desktops Bad or NO Credit – no Problem Smallest weekly yours NOW 1-800-932-3721 (NANÍ)

A NEW COMPUTER NOW! Brand Name Bad or NO Credit - No Proble Smallest weekly payments avail. Call NOW 800-804-5010 (NANI)

GET A NEW COMPUTER Brand Name laptops & desktops Bad or NO Credit – No Problem Smallest weekly payments avail. Its yours NOW. Call 1-800-804-7689 (SWAN)

A NEW COMPUTER NOW! Brand Name Bad or NO Credit - No Problem Smallest weekly payments avail. Call NOW 1-800-640-0656 (NANI)

FREE NINTENDO WII!! With your New Computer Brand Name Laptops Bad or NO Credit- No Problem smallest weekly payments. Call Now 1-800-804-5010 (NANI)

GET A NEW COMPUTER

Brand Name laptops & desktops Bad or NO Credit- No Problem Smallest weekly payments avail. Its yours NOW 1- 800-804-7475 (NANI)

Construction

All Types of Construction - kitchen & bath remodels, new construction, roofing, decks, fencing, dual pane replacement windows. Free estimates Lic# 830054 (916) 335-1325 (MPG)

TRI US CONSTRUCTION Build new homes, additions and remodeling Over 30 years experience, bonded and insured. Phone number 530-330-0185 Lic. # 476884 (MPG)

DayCare

Peña Family Daycare - Small in home family care. Clean and Safe environment. Nutritional snacks meals provided. Preschool

like setting. (916) 972-1540 www. penafamilydaycare.com (MPG)

Infant Openings Now First week free Lic # SAC53133 FCCH 916-489-5824 (MPG)

Drywall

Tape - Texture - Patch No job too small. very reliable. 28 years experience 916-961-7248 (MPG)

Elder Care

PROVIDING PERSONAL CARE W/ love and dignity. Rooms available Call 916-721-4721 (MPG)

Fencing

Affordable Fencing Redwood specialist. Dedicated on time service. Lifetime steel post. Senior discount. Lic. 742683 916-773-1350 (MPG)

Sierra Pacific Fence, Fences, decks Retaining Walls 100% neighborhood discounts XLNT prices Free estimates 483-1883 License 606100 (MPG)

Financial / Money to Loan

Homeowners Don't Short Sell Your Home as a first option. A home can generate \$2,600,000 of tax-free income. Let me help you create additional income & front page 1040 deductions BK/CR 916-868-1041

LAWSUIT LOANS? Cash before your case settles. Auto, workers comp. All cases accepted. Fast approval. \$500 to %50,000. 866-709-1100. www. glofin.com (NANI)

BURIED IN CREDIT CARD DEBT? Stressed out and Concerned About Your Future? Stop the harassment! Call and get Help Now! 1-800-644-4347 (NANI)

Real People helping Good People find Real Debt Solutions! Linda Findley 916-300-0611 lafindley@team72goodcredit.com (MPG)

DESTROY YOUR DEBT!

Too many Credit Card Bills? We can help! Call now for FREE, no obligation consultation!

1-800-390-2470 (NANI)

\$\$\$ ACCESS LAWSUIT CASH NOW!!! As seen on TV. Injury Lawsuit NOW!!! As seen on 17. Injury Lawsuit Dragging? Need \$500-\$500,000++ within 24/hrs after approval? Compare our lower rates. APPLY NOW 1-866-386-3692 (NANI)

GET FAST CASH! 24/7! Instant preapproval by phone.Bad Credit OK. No faxing.Cash in 24hrs. Apply now!1-800-354-6612 (NANI)

Are You Drowning in Debt?
Financially Stressed Out? We can save you thousands & Stop the Harassment! Get Help Now with a FRFF Consultation! Call 1-888-246-2304 (NANI)

TOO MANY BILLS? Pay off your debts up to 50-80% off. One low affordable monthly payment. 98% Approval Rate. 1-866-608-BILL (2455) Visit www. paylesssolutions.com (NANI)

\$\$CASH\$\$ Immediate Cash for Structured Settlements, Annuities, Lawsuits, Inheritances, Mortgage Lawsuits, Inheritances, Mortgage Notes & Cash Flows. J.G.Wentworth #1 1-(800)794-7310 (NANI)

STOP YOUR DEBT INSANITY

Full service solution for credit nightmares. Mortgage Arbitration. Credit Repair. Debt Stlmt. 916-300-

\$\$\$ GET LAWSUIT CASH NOW-Oasis Legal Finance #1 See us on TV Fastest Cash Advances on injury cases-within 24/hrs. Owe nothing if you lose your case APPLY FREE CALL NOW 1-866-353-9959 (NANI)

\$\$\$ CASH FAST \$\$\$ Fast Cash Advances Against Inheritances, Lawsuits, Structured Settlements,

Annuities, Lotteries, and Military & Regular Pensions. (No VA or WC) Call Now 1-877-726-6639. www.1-877-72-MONEY.com (Cal-SCAN)

Need Cash Quickly?? \$\$\$\$\$ Stay at home and make money. Best Program FREE Video Go to www. Program FREE Vi FREEDOM51.com

Want To Earn \$1K - \$5K Per Week? Safe Investment. Money Back Guarantee!! 100 Year Old Industry. 800-896-2492 Call 24/7 (NANI)

Reverse Mortgages If you are a senior citizen, you have no doubt heard of a reverse mortgage. For ALL of the information and none of the obligation, call Len Lamb at 728-6653. (MPG)

For Rent / Lease

1,000 sq. ft. commercial warehouse with small office. Lease or mo. to mo. \$650.00. Easy frwy access I-80 @ Madison. Call Lisa (916)331-0840.

Upscale Townhome in Creekridge 3/2 2 car garage cbarc ch Tennis, pool, yd maint. \$1395/mo + \$1200 dep 390-5634 (MPG)

Ex Suites @1.50 SF Carmichael, 144 /276 SF Sec Entry, Cov Parking, 916-483-5044 (MPG)

STOP RENTING! Own A Home, 100% Financing. Zero Down. No Closing Costs. Federally Insured. 1st Time Buyer OK. Call 866-903-8051. Green Planet Mtg. DOC LIC#4130948. (Cal-

For Sale

SAWMILLS FROM ONLY \$2,990 -Convert your Logs to Valuable Lumber with your own Norwood portable band sawmill. Log skidders alsoavailable.www.NorwoodSawmills com/500A -Free Information: 1-800-578-1363 x300-N. (Cal-SCAN)

THE VIDEO PHONE

See the ones you Love by Video Phone Show off the new baby! Keep in touch with friends and family around the country! ASK HOW ITS FREE! 916-612-8941 (MPG)

GIGANTIC MIRRORS. Jobsite leftovers, 48"x100"x1/4" (15), \$99/ each. 72"x100"x1/4" (11), \$145/each. 72"x50"x1/4" w/1" Bevel, \$115/each. 84"x60" w/1" Bevel, \$135/each. Free delivery. Installation available. A & J Wholesale, 800-473-0619.(NANI)

Need Cash? Sell Your Unwanted Jewelry! We Buy Gold, Diamonds, & Watches Highest Price Paid Guaranteed Call Today ----> 888.555.1212 Visit Our Website www.cashoutgold.com (NANI)

Electric Wheelchair Jazzy/1121 Brand new batteries - custom footguards - cane holder - basket metallic blue. New \$5,700 - Sacrifice \$1,450 obo - Cash Only Please - (916) 488-4154 (MPG)

Kawai upright piano and bench, used, excellent condition, oak finish. \$3000 Call: 916-988-2927 (MPG)

Handyman

Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (MPG)

Household Helper. You Name It! Hauling, Gutters, Tree Trim, Sp Carpet Clean 613-8359 (MPG)

Handy Guys Small Jobs, Senior Discounts Gutter Cleaning - Deck's Woodwork 916-519-5135 Free Estimates (MPG)

Affordable! Decks, Dryrot, Wood Floors, Fans, Fixtures, Plumbing, Electric, Licensed 501-7843 (MPG)

Gold Country Handyman. Build -Remodel - Repair Free estimate 916-391-4706 Richard Romero Lic 847423 Plumbing Services
Remodels, Specialty Plumbing - Remodels, Repipes, Water, Sewer, Gas Lines, Water Heaters CA License 918844 (916) 607-6749 (MPG)

Handy Guys Small jobs, Senior Discounts Gutter Cleaning - Decks, Woodwork 916-519-5135 Free Woodwork 91 Estimates (MPG)

Health and Beauty

DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95.No Prescription needed. Free Shipping! 1-800-627-7896 ext. 809

DIABETIC TEST STRIPS
!! Wanted!! Any type Any brand Will
pay up to \$10 per box Call Katrina
209.267.1680 (MPG)

CONTACT LENS USERS:If you used Contact Lenses between 2004 and May 2007 and required a corneal transplant or lost eyesight due to an eye infection, you may be entitled to compensation. Attorney Charles Johnson 1-800-535-5727 (SWAN)

Feather-Weight Motorized Wheelchairs at NO COST TO YOU if eligible!We come to you!ENK Mobile Medical, 1-800-693-8896 (SWAN)

Celebrate American Pharmacists Month - Local Pharmacists can check cholesterol, blood-sugar, hypertension, & more! Sponsored by: University of the Pacific, School of Pharmacy and Health Sciences! (NANI)

Look Younger in Less Than a Day! www.hvdratedskin.com then 916-988-3027 ask for a Free Sample (MPG)

DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed, Free Shipping! 1-800-627-7896 ext. 808 (NANI)

Health Insurance

Affordable Health Benefits from \$117.00 Individuals / \$419.00 FamilyDoctors, Hospitalization, ER, Critical Illness, \$10 Generic, Dental, Vision, Lens & Frames \$8 up. Guaranteed Issue. 1-888-508-5470 (SWAN)

Heating & Air

Christopher's Heat & Air Low Rates, Quality Service Heat & Home Repairs 223-1744 (MPG)

AC Repair Low Prices 487-4609 (MPG)

Help Wanted

WANTED-AVON Party Hostess Earn 50% Total Party Sales 50% off Hostess order

Hostess privilege catalog Hostess and Guest Gifts Call Elizabeth 916-295-0185 (MPG)

\$\$\$WORK FROM HOME\$\$\$ Earn Up To \$3,800 Weekly Working from Home assembling Information Packets. No Experience Necessary! Start Immediately! FREE Information. CALL 24hrs. 1-888-202-1012 (NANI)

INCOME TAX PREPARER

3 Yrs Experience Minimum Top Salary Must Be Licensed Call 635-7421 For Info (MPG)

OVER 18? AVAILABLE to TRAVEL? Earn Above Average \$\$\$ with Fun Successful Business Group! No Experience Necessary. 2wks Paid Training. Lodging, Transportation Training. Lodging, Trans Provided. 1-877-646-5050. SCAN)

POST OFFICE NOW HIRING.Avg. pay \$20/hr or \$57K/yr including Federal Benefits and OT.Placed by adSource not aff.w/ USPS who hires.1-866-574-4775 (SWAN)

www.CarmichaelTimes.com

















\$\$\$19 PEOPLE WANTED\$\$\$

\$1,200-\$4,400 Weekly Working from Home Assembling Information packets. No Experience Necessary! Start Immediately! FREE Information 24hrs. CALL NOW! 1-888-248-1359 (Dept.75) (NANI)

\$\$-Fun-\$\$-Job-\$\$

TRAVELWORK- PARTY- PLAY- 50

National company now hiring 18+ sharp guys & gals to work & travel entire USA. 2wks paid training, transportaion & lodging furnished. Paid daily. Returns guaranteed. Call Today! Start Today! MTV/Road Rules types. Please Apply: 1-877-896-1128 (SWAN)

Movie Extras/Models Needed! Earn \$200-\$400 per day. No Experience Required. PT/FT. All Looks and Ages Needed. Call Now!! 1-800-605-6851(NANI)

ARIZONA DEPT. OF ECONOMIC
SECURITY seeking applicants for Child
Protective Service Unit Supervisor,
Bullhead City, Arizona. To apply, visit
www.AZStateJobs.gov Click Search
for Jobs, type keyword DES, select
to title before For Borsone with job title above. EOE. Persons with disability may request reasonable accommodation at 602-271-9596 or request alternative format: TTY/TDD 7-1-1. (Cal-SCAN)

COORDINATORS
EF Foundation EXCHANGE WANTED. WANTED. EF Foundation seeks energetic and motivated representatives to help find homes for int'l exchange students. Commission / travel benefits. Must be 25+. 877-216-1293. (Cal-SCAN)

POLICE OFFICERS: Earn up to a \$20,000 bonus. Train to protect your fellow Soldiers. Be a leader in the Army National Guard. 1-800-GO-GUARD. com/police (Cal-SCAN)

TRUCK DRIVERS: CDL training. Up to \$20,000 bonus. Accelerate your career as a soldier. Drive out terrorism by keeping the Army National Guard supplied. 1-800-GO-GUARD.com/ truck (Cal-SCAN)

ENGINEERING CONSTRUCTION. Conduct surveys for roads, airfields and pipelines. No experience necessary. One semester Trig. Navy Reserve has openings. Work one weekend a month + two weeks a year. Excellent benefits pkg. + salary. Call 1-800-345-NAVY. (Cal-

EXCHANGE COORDINATORS WANTED. EF Foundation WANTED. WANTED. EF Foundation seeks energetic and motivated representatives to help find homes for int'l exchange students. Commission / travel benefits. Must be 25+. 877-216-1293. (Cal-SCAN)

FIREFIGHTER No experience needed. Training, travel, great pay/ benefits/vacation & regular raises. H.S. grads ages 17-34. Call Mon-Fri.1-800-345-6289. (Cal-SCAN)

MECHANICS: Up to \$20,000 bonus. Keep the Army National Guard Rolling. Fix Humvees, Strykers, etc. Expand your skills through career training. Be a soldier. 1-800-GO-GUARD.com/ mechanic (Cal-SCAN)

WYOMING: 3/32" MIG Welders-\$26.00/hr, Code Shop Fabricators/ Welders- \$27.50/hr. CALIFORNIA: Sheet Metal Mechanics- \$27.00/hr. Riggers & Outside Machinist- \$24.00/ hr. HAWAII: Structural Welders-\$24.00/hr. 615-473-3415, 757-438-2540. (Cal-SCAN

LOAN OFFICER OPPORTUNITY. US Home Funding seeks licensed Loan officers to work from home. Strong support, Excellent commissions. Phone: 800-788-4498. Fax: 866-255-3371 or email: hr@ushomefunding.com (Cal-SCAN)

\$\$\$HELP WANTED\$\$\$ Earn Extra income assembling CD cases from Home. No Experience Necessary. CALL OUR LIVE OPERATORS

NOW! 1-800-267-3944 Ext 104 www. easywork-greatpay.com (Unavailable in MD,WI,SD,ND) (NANI)

Local Movie Extras Needed Have Fun & Make Up to \$300 Per Day NO Experience Needed! NO Fee to Register GO TO > www.Talent54.com

SALES, Seeking Business minded Marketing rep's, New Technology/ Globally, Training available, F/PT, Residual Income, Commission, Fax Resume 916.910.2002 (MPG)

SECRET SHOPPERS NEEDED IMMEDIATELY For Store Evaluations. Local Stores, Restaurants, & Theaters. Training Provided, Flexible Hours. Assignments Available NOW!! 1-800-585-9024 ext. 6262 (NANI)

We are seeking dynamic customer service oriented individuals with communications and skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email danelperez1980@yahoo.com interested (MPG)

Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000 PT/FT www. REBVision.com (MPG)

PART TIME JOBS. The Navy Reserve has part-time jobs for one weekend each month + two weeks a year. Ages 18-39, w/wo prior military service. Call 1-800-345-NAVY. (Cal-SCAN)

EMERGENCY MED. TECH. Must be HS grad ages 17-34. No experience needed. Paid training, benefits, vacation, regular raises. Call Mon-Fri. 1-800-345-6289. (Cal-SCAN)

money. Up to 150\$/day. Undercover shoppers needed to judge retail and dining establishments Exp not req. 800-742-6941(NANI)

DATA ENTRY PROCESSORS NEEDED! Earn \$3,500 - \$5,000 Weekly Working from Home! Guaranteed Paychecks! No Experience Necessary! Positions Available Today! Register Online Now! www.DataPositions.com

HAIR STYLIST NEEDED — We are a contemporary, new, drama-free salon located in Carmichael. Must have dientele following—low booth rent, move-in specials. Call 916-481-3864 (MPG)

MANICURIST NEEDED — We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele following—low booth rent, move-in specials. Call 916-481-3864

\$\$\$ 19 PEOPLE WANTED \$\$\$ \$1,200-\$4,400 Weekly Working from Home Assembling Information packets.No Experience Necessary! Start Immediately! FREE Information 24hrs. CALL NOW! 1-888-248-1359 (Dept.75) (NANI)

HOME REFUND JOBS! Farn \$3,500-\$5,000 Weekly Processing Company Refunds Online! Guaranteed Paychecks! No Experience Needed!
Positions Available Today! Register Online Now! www.RebateWork.com

AWESOME CAREER Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING!Green Card O.K.Call 1-800-370-0146 ext. 52 (NANIG)

NCIM is looking for EVENT PERSONNEL to hand out samples in local grocery stores. \$12+/hour. Weekends call 800-799-6246 ext.168 or visit www.ncim.com (Cal-SCAN)

Exp & professional filing clerk **needed** to organize and file for private residence. Must have own trans. Hrs 12:30-5:30pm, m-w-f, \$12/hr, \$180.00 wk flat. Resume to: FAX: 916-638-9951. (MPG)

AWESOME CAREER Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level.No Experience Required / NÓW HIRING! Green Card O.K.Call 1-800-913-4384 ext. 53 (NANIG)

Paid Training, Full benefits. Call for information on current hiring positions in Homeland Security, Wildlife, Clerical and professional. 1-800-320-9353 x2100 (NANIG)

Post Office Now Hiring. Avg. Pay \$20/hour or \$57K annually Including Federal Benefits and OT. Offered by Exam Services, not Aff. w/ USPS who hires.1-866-574-4781 (NANIG)

AIRLINES ARE HIRING - Train for high paying Aviation Maintenance Care FAA approved program. Financial aid if qualified -Job placement assistance. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

AIRLINES ARE HIRING - Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified -Job placement assistance. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Computers, *Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 800-510-0784 www.CenturaOnline.

TIRED OF BEING BROKE? Get paid daily. No experience required. Local training. 888-211-4268 www. happyandhealthyfamily.com (MPG)

STRESSED OUT? Work from home & get paid daily! www from happyandhealthyfamily.com 888-211-4268 (MPG)

ASSEMBLE MAGNETS & CRAFTS FROM HOME! Year-round Work! Excellent Pay! No Experience! Top US Company! Glue Gun, Painting, Jewelry & More! TOLL FREE 1-866-844-5091 (NANI)

Single Again Magazine Online is seeking an independent sales is seeking an independent sales contractor to generate advertising sales for our nationally recognized website. We are a website designed for the divorced, widowed and separated that offers real advice and articles to help people rebuild their lives. This is a part-time, extra income opportunity that you can work at from your home Compensation is commission only, but the commission is a generous rate. Check us out at www.SingleAgain. com. To apply, send your email to publisher@singleagain.com.

DRIVER - CDL Training: \$0 down, financing by Central Refrigerated. Company Drivers earn average of \$40k/year. Owner Operators average \$60k/Year. 1-800-587-0029 x4779 www.CentralDrivingJobs.net (Cal

DRIVER: Don't Just Start Your Career Start It Right! Company Sponsored CDL training in 2 weeks. Must be 21. Have CDL? Tuition Reimbursement! www.JoinCRST.com 1-800-781-2778. (Cal-SCAN)

DRIVERS - Ask about qualifying for 5 raises in a year! No experience? CDL Training available. Tuition reimbursement. 1-877-232-2386 www. SwiftTruckingJobs.com (Cal-SCAN)

DRIVER- \$5K SIGN-ON Bonus for Experienced Teams: Dry Van & Temp Control available. O/Os & CDL-A Grads welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

TEAMS LOOK NO FURTHER Than Heartland! We have great miles, great pay, 1100 mile length of haul, western freight, drop and hook, no touch, hometime and more. Heartland Express 1-800-441-4953. www. HeartlandExpress.com (Cal-SCAN)

DRIVERS: CALL TODAY! Sign-On Bonus. 35-41 cpm. Earn over \$1000 Excellent Benefits. Need CDL-A and 3 months recent OTR 1-877-258-8782. www.MeltonTruck com (Cal-SCAN)

IMMEDIATE OPENINGS. CDL A team & solo owner operators. \$1.00 Up to \$2.45 loaded. OTR & regional positions. Ammo experience a plus. Sign-on bonus negotiable. 1-800-835-9471. (Cal-SCAN)

Never A Layoff! SPONSORED CDL TRAINING. No Experience Needed! Earn \$40k-\$75k in your new career! Stevens Transport will sponsor the total cost of your CDL training! Excellent Benefits & 401K! EOE. Call Now! 1-800-358-9512, 1-800-333-8595. www.BecomeADriver.com (Cal-SCAN)

OWNER/OPERATORS To Pull Our Trailers. Salinas to Yuma refrigerated transfers. November-April. 60% Drop & Hook, 100% No Touch. Brent Redmond Logistics. 1-800-777-5342. (Cal-SCAN)

OTR DRIVERS DESERVE more pay and more hometime! \$.41/mile! Home weekends! Run our western region! Health, Dental, Life Insurance! Heartland Express 1-800-441-4953 www.HeartlandExpress.com (Cal-

TRUCK DRIVERS-SALINAS/YUMA refrigerated transfers, November-April. 90% Drop and Hook, late model tractors, top pay, benefits. Year round work also available. Brent Redmond Transportation. 1-800-777-5342. (Cal-

Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; verbal and communication skills; proficient in MS Outlook Word Excel and PowerPoint Must be professional, friendly and team player. Fax resume to 866-418-

QUIT LONG-HAUL, run regional and Have It All! \$.41 per mile. Home weekly! Benefits! Stability for peace of mind! Heartland Express 1-800-441www.HeartlandExpress.com (Cal-SCAN)

WANT HOME WEEKLY With More Pay? \$.41/mile for company drivers! Home weekends and great benefits! Run our Western region! Heartland Express 1-800-441-4953. www. HeartlandExpress.com (Cal-SCAN)

Holiday Help

Christmas Lights 241-9682 Home Imp. Specialists, Cleaned Senior Disco Discounts Reasonable (MPG)

Household Help

House Cleaning Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (MPG)

Helper! Move In/Out Complete Clean, Trash Hauling, Clean Yards, Carpets, Windows Etc 761-0447 (MPG)

DeAna's HOUSEKEEPING Immaculate, Fast, Honest, Dependable

I care about what I do. Call me, 916-549-4915 (MPG)

QUALITY WINDOW CLEANING PLEASE CALL MARK AT 612-8949.

Homesitters on Wheels. Office needs two RV'ers with RV's for Petsitting 916-483-5146 (MPG)

Landscaping

Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG)

CARMICHAEL TREE CARE Pruning-Topping-Removals Stump removals--Low Rates *Licensed* (916) 349-6207 (MPG)

Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281. (MPG)

Weed Cutting Low Rates 916 524-7477 (MPG)

Legal Services

Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@prepaidlegal. com (MPG)

BANKRUPTCY LAWYERS; Credit Card Debt. Foreclosure. Repo. Wipe Out Bills, Free Consultation 971-8880

Miscellaneous

RICHMOND'S HUNTING CLUB Come hunt with us - 20K acres Doves, Quails, Pheasants, Ducks and Geese For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (MPG)

INSURANCE - 100% Guaranteed Approval From \$49.95 - \$99.95 Annually 1 Payment – Never An www.HeldHarmless.com (NANI)

CHRISTIAN DATING & FRIENDSHIP SERVICE. Over 100,000 members, countless relationships & marriages since 1989. Singles over 40 call anytime for a free package,1-800-437-1926

hr: LUXURY - FREE ISSUE. You are invited to read the Magazine of the Rich and Famous...Go Now to: www. hrLuxury.com/free (Cal-SCAN)

International Inventor's EXPO. Las Vegas - Oct. 18th -19th, 2008. admission. Inventions Worldwide. Booths available. See investors, buyers, and licensee's www. inventbay.com/inventorsexpo or call 1-888-999-4391 (NANI)

Advanced Stuttering Therapy Speak fluently. Practical, Effective 12-day treatment. Superior, long-term results. Some scholarships available. Hollins Communications Research Institute nationally recognized center. Roanoke. Virginia. 540-265-5650 www.Stuttering. org (NANI)

Miscellaneous Items For Sale

DIRECTV FREE 4 Room System! 265+ Channels! Starts \$29.99!FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs!Local Installers!1-800-973-9044

STORAGE CONTAINERS, steel, watertight. New 8'x20'= \$2,950, Used 8'x8'6"x20'= \$1,850; 8'x8'6"x40'= \$2,000; 8'x9'6"x40'=\$2,200, 8'x8'6"x40' Refrigerated \$5,500 or lease \$750/ month. Delivery available! John 707-975-3000. (Cal-SCAN)

"DIRECTV Satellite TV: Save \$23/ month for one year plus 3 Free months of HBO, Starz and Showtime! Call Expert Satellite 1-866-926-2066 (credit card required)" (NANI)

BioDiesel, \$1.00 a Gallon! Make your own high-quality, safe BioDiesel at home!Set your own fuel prices! We'll show you how!www.EzBioDiesel.com 1-888-521-6696 x 6 (SWAN)

Urgent F/PT Sale Reps needed Latest telecommunications products.\$\$\$ Commission, Bonuses, Residuals Training available call 916 612-6621

Tupperware Please call for any service. Chris Krcmar 916-483-1671

Call for a free catalog (MPG)

Reclining Sofa Dark Green \$400.00 Excellent condition. Armoire light wood 3 Drawers \$200.00. White dining table w/leaf and 4 chairs \$50.00 Call 916.803.7247 (MPG)

SAVE MORE MONEY

Lower your Communications Bill by up to 50%!

ALL Wireless Carriers - Internet -Satellite TV - Home Phone 916-717-6518 (MPG)

SEARSCentral Cooling Systems from Sears Home Improvement Products. Full Line of CARRIER(R) & KENMORE(R) products. ENERGY STAR(R) qualified systems. Call for a FREE in-home estimate. 1.877.669.8973 (NANI)

Going out of Business! (Cerrando Negocio) \$1.50 each Levi's & 501 & other designer brands (otras marcas). Minimum order 2400 jeans (orden minima de 2400 pantalones). Call between 9am-5pm. Porfavor inglés: 818-522-9824 (SWAN)

Set Your Own Fuel Prices! We'll show you how!BioDiesel, \$1.00 a Gallon!Make your own high-quality, safe BioDiesel at home! www. EzBioDiesel.com1-888-521-6696 x 6 (SWAN)

**A L L Satellite Systems are not the same. Programming starting under \$20 per month, HDTV programming under \$10 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed. Free Shipping! 1-800-627-7896 ext. 807 (NANI)

Moving-Must Sell!! Arcade style Nintendo Popeye game with quarter mechanism. Works also without mechanism connected. It's a joy for small children to see Pluto try to catch Popeye and save Olive Oil. For the serious video player. The game is a real challenge. \$500 or best offer. Call Shirley at 482-4188. (MPG)

FREE DIRECTV 4 Room System!265+ Channels! Starts \$29.99! FREE HBO, Showtime, Starz! 130 HD Channels! FREE DVR/HD! No Start Up Costs!Local Installers! 1-800-620-0058 (NANI)

Internet Broadband!
Dial-Up! Available Satellite Goodbye Everywhere! Lightning Fast! 30x-50x Faster! \$100 Cash Back! Local Installers! Free Installation! Order Hughes NetToll Free 1-866-815-2851 (NANI)

Free DIRECTV Satellite TV for 4 months with NFL Sunday Ticket; Free Set-Up, HD-DVR Upgrade. Offer ends 10/31/08. Call Expert Satellite 1-866-926-2066 (credit card required)(NANI)

DIRECTV Satellite Television. FREE Equipment, FREE 4 Room Installation, FREE HD or DVR Receiver Upgrade. Packages from \$29.99/mo. Call Direct Sat TV for details 1-800-380-8939

FREE DIRECTV Satellite TV For 4 months with NFL Sunday Ticket package; or Save \$18/month for 12 months. Packages form \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

MEMORY FOAM THERAPEUTIC NASA VISCO MATTRESSES WHOLESALE!

AS ON TV TWIN-\$299 FULL-\$349 QUEEN-\$399 KING/CAL KING \$499 CRAFTMATIC ADJUSTABLES-\$799 FREE DELIVERY 25 YEAR WARRANTY 60 NIGHT TRIAL 1-800-ATSLEEP 1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

DIRECTV Satellite TV Save \$18/ month for 12 months.Free Install 4-Room System; Free HD or DVR

upgrade. Packages from only \$29.99/ mo. Call Expert Satellite 1-866-926-

Mobile Homes

BRANDNEWMORII E/Manufactured Homes with Warranty. Buy at Factory for \$19,900. Photos and Floor plans online www.FactorySelectHomes.com or 1-800-620-3762 for color brochure. (Cal-SCAN)

Musical **Instruments**

WORLD GUITAR SHOW, Buy, Sell. Trade, Marin Civic/San Rafael, July 26-27. Pomona Fairplex. August 2-3. Saturdays 10-5, Sundays 10-4. Bring your gear!! www.TXShows.com (Cal-SCAN)

Notary

Mobile Notary Services
Certified Loan Signer Paralegal
Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080 (MPG)

Notary Services Hospital, Care Home or make arrangements. Call (916) 482-9388 for details. Ask for Debbie or leave message. (MPG)

24/7 Notary Services Anytime / Anyplace Call Dan @ 916-712-2661 (MPG)

Painting

All Pro Painting Res/Com. Quality work free est. sen disc lic914715 Ph 607-0523 (MPG)

Pets

Pet Sitting Professional loving pet care. Established reputation, Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG)

Dog Poop R Us, They poop, we scoop. Specializing in dog poop removal services. 916-DOG-POOP

Pet Sitters Wanted!

Gold River has a need for pet sitters References required. Please call 916/ 635-5590. (MPG)

Home Sitters on Wheels office needs two RV'ers with RV's for pet sitting. Call 916-483-5146 for more information. (MPG)

Annie's Pet Sitting Services

Lisensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952 (MPG)

Novenas & Prayers

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus, have mercy on us. St. Jude worker of miracles pray for us. St Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (MPG)

Wanta go to heaven without dving? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (MPG)

Real Estate Homes For Sale

Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, large family room Plantation shutters, carpet, window coverings. Mexican paver tiles in entry family room, kitchen and laundry room Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees New Lifetime concrete shake roof.

Fabulous rock waterfall and pond. Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Fost ReMax Gold 916-933-6190 (MPG)

3BR 2BA Foreclosure! Only \$48,900 Bank Owned! Call for Listings & Info. 800-279-1604 (NANIG)

Motivated Seller- Great Buvs-two homes-Good Areas. #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000. #2 Dream Kitchen w/granite-tiled & beautiful bathrrms & floors. \$260,000. Glenda Hill 761-7548.

FORECLOSED HOME AUCTION. Northern California. 1000 Homes Must Be Sold! Free Brochure: 1-800-470-9314. www.USHomeAuction.com REDC. (Cal-SCAN

OVER 275 FORECLOSED Northern CA homes selling by auction November 12 -16 valued from \$35k to \$500k. Get all the details at www. HudsonAndMarshall.com or call 1-800-441-9401. (Cal-SCAN)

AUCTION - Jackson Hole Annual Fall Real Estate Auction. Homes, lots, land, cabins, bank repos & more September 20th 12:12 Noon Call 866-486-SOLD(7653) JacksonHoleAuctions.com AUCTION (Cal-SCAN)

Real Estate Land For Sale

*LAND AUCTION*200 Properties Must be Sold! Low Down / EZ Financing. Free Brochure. 1-800-756-2087. www. LandAuction.com (Cal-SCAN)

Bank Ordered: Land AUCTION 2000+ Properties. Land in 29 States. NO RESERVES. Multiple Lot Packs. Min Bids at \$100. Bid Online at: www. LandAuctionBid.com/2 (Cal-SCAN)

Giant Oceanview Lots in California!!! Mobile Homes OK!!! Paved Streets!!! Fishing!!! Boating!! Electricity!!! Beaches!!! Gorgeous Area!!! \$200.00 Down!!! \$200.00 Monthly!!! \$19,995.00 CachIII Owner!!! 949-260-9316

Buy HUD Homes from \$199/mo!

Payments from \$199/mo! Financing Referrals Available! For Listings & Info 800-508-8178 Ext. 1276 (NAŇI)

NEW TO MARKET. Washington/Idaho border. 6 ac just \$39,900. Calendar cover beauty in Palouse Country, Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152 (Cal-SCAN)

BULK LAND SALE 80 acres - \$39,900 Take advantage of the buyers market and own beautiful mountain property Price reduced on large acreage in Eastern Arizona. Won't last! Good access & views. Wildlife abounds at Eureka Springs Ranch by AZLR. Financing available. ADWR report. 1-888-854-7403. (Cal-SCAN)

ALMOSTHEAVEN. Washington/Idaho border. 6 ac just \$49,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

Beautiful SOUTHEAST TENNESSEE MOUNTAINS Established gated community, secluded, paved roads, utilities; interior & bluff lots, wooded; 5 acres & up. 800-516-8387 or visit http://www.timber-wood.com

BUY BULK 40 AC just \$29,900 Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for

quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

FORECLOSURE SPECIAL! Acre Colorado Ranch for \$49,900. Year-round roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-

MONTANA HORSE RANCH and Hunting Camp. 160 acres w/mountain views, \$139,900. 480 acres - borders BLM Land, \$349,900. Great birds and huge elk and deer. Miles and miles of BLM trails. Call 1-877-229-7840 www. WesternSkiesLand.com (Cal-SCAN)

NEW MEXICO SACRIFICE! 140 acres was \$149,900, Now Only \$69,900. Amazing 6000 ft. elevation. Incredible mountain views. Mature tree cover. Power & year round roads. Excellent financing. Priced for quick sale. Call NML&R, Inc. 1-888-204-9760. (Cal-

PRICED TO SELL! Newly Released Colorado Mountain Ranch. acres- \$39,900. Majestic lake & Mountain views, adjacent to national forest for camping or hiking, close to conveniences. EZ terms. 1-866-353-4807. (Cal-SCAN)

35+ Acres from \$34,900. First Come First Served Saturday, October 4, 2008. Southern Colorado ranches. Excellent financing available. Call for your private property tour. 1-866-696-5263 x4574. (Cal-SCAN)

NEW TO MARKET. New Mexico Ranch Dispersal 140 acres - \$89,900. River Access. Northern New Mexico. Cool 6.000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

RANCH DISPERSAL Experience the fun and relaxation of having your own 40 acres in the great outdoor recreational area of the Uintah Basin. Starting at only \$29,900. Call UTLR 1-888-693-5263. (Cal-SCAN)

NEW ARIZONA LAND Rush! 1 or 2-1/2 "Football Field" Sized Lots! \$0 Down. \$0 Interest. \$159-\$208 per month! Money Back Guarantee! 1-877-466-0650 or www.SunSitesLandRush. com (Cal-SCAN)

I AKFFRONT OPPORTUNITY. Nevada's 3rd Largest Lake. Approx. 2 hrs. South of Carson City. Lake Front -\$89,900. Lake View - \$29,900. 38,000 acre Walker Lake, very rare home sites on paved road with city water. Magnificent views, very limited supply. New to market. www.NVLR.com Call 1-877-542-6628. (Cal-SCAN)

MONTANA'S BEST LAND DEAL 20AC- Ponderosa Pines, County Road & Utilities

Was: \$99,900. Now: \$79,900. 160AC w/New Log Cabin Was: \$199,900. Now: \$149,900. 208AC w/Huge Storage Barn Was: \$299,900. NOW: \$249,900. Affordable financing, discounted prices. Absolutely beautiful land. Call 877-229-7840. Visit www. WesternSkiesl and com While we talk! (Cal-SCAN)

MONTANA'S BEST EVER EIk & Deer Hunters Land Deal, Book a trip- we'll prove it. Buy a lot, the trip's on us! 160- 600AC Tracts Starting at \$700/AC. 877-229-7840. www. WesternSkiesLand.com (Cal-SCAN)

3BR 2BA Foreclosure! Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANI)

Granite Bay Listings View at www lizyoakum.com Call 390-5634 (MPG)

Real Estate Loans

I BUY NOTES and Deeds of Trust call Frank 530-885-8032 or visit www FGRealEstateInvesting.com for FREE information and quote. (Cal-SCAN)

REAL ESTATE/OUT OF STATE FORECLOSURE SPECIAL! 100+ Acre Colorado Ranch for \$49,900. Year-round roads, utilities, Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. SCAN)

COMMERCIAL AND RESIDENTIAL Real Estate Loans. Flexible Programs if you have Equity, Cash out, Purchase, Refinance, Loan Modification. We still have money to Lend! Greenstone Funding Corporation. 310-567-7769 CFL#603-G126. (Cal-SCAN)

Real Estate Out of State

TENNESSEE MOUNTAIN ACREAGE 2 Acre Beautiful Homesite, Million \$ View! Secluded, Utilities, Overlooking Tennessee River. Close to Marina Schools, Shopping! \$59,900 Low Down, Owner Financing! 330-699-1585 (NANI)

AMERICA'S BEST BUY! Own 20 acres, 30 minutes from Booming El Paso. #1 Growth State. Only \$15,900 \$159/month. \$200/down, Surveyed. Beautiful Views. Owner Financing. Free Maps/Pictures. 1-800-343-9444. (10%/225 mths) (Cal-SCAN)

Colorado, 5 acres, \$7500! \$500 down, \$125/month. Tract with water well, \$12,500 (good terms). Beautiful high mountain country. Good year round roads. Owner, 806-376-8690 (NANI)

20 ACRE RANCHES, Near Booming El Paso Texas. Roads Surveyed. \$15,900, \$200 Down, \$159/month. Money Back Guarantee. Free Maps & Pictures. 1-800-343-9444. No Credit Checks!! (Cal-SCAN)

COLORADO acreage \$35,000! In Rocky Mountain canyon with trout fishing stream on property! Very private, gated ranch, adjoins gov't. lands. \$1,000.00 down. Owner finance. 806-376-8690. (NANI)

TEXAS LAND SALE!!Beautiful 20-acres, Near Booming El Paso. Good Road Access. Surveyed. Only \$15.900, \$200/down, \$159/mo, Money Back Guarantee. No Credit Checks. 1-800-843-7537 www.sunsetranches. com(NANI)

GEORGIA MOUNTAIN HOMESITES

- Blue Ridge, 2.5acre lots on Creek, paved road, Ready to Build. \$49,000. 1acre-20acre Homesites/Mini-Farms, Near Sandersville, starting \$3900/acre. Financing w/low payments. 706-364-4200 (NANI)

PRICED TO SELL! Newly Released Colorado Mountain Ranch. 35 acres- \$39,900. Majestic lake & Mountain views, adjacent to national forest for camping or hiking, close to conveniences. EZ terms. 1-866-353-4807. (Cal-SCAN)

BUY BULK 40 AC just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

MONTANA LAND BARGAINS Safe Haven) 20 Acres w/ Road & Utilities- \$29,900. 40 Acres w/ New Cabin- \$89,900. 160 Acres at \$99,900. Financing available. Fully guaranteed. 1-888-361-3006 www. WesternSkiesLand.com (Cal-SCAN)

COLORADO FORECLOSURE 40 ACRES \$29,900. Outstanding Views. Access to 6,000 acres BLM Rec Land 300 days of sunshine. Call 1-866-696-5263. (Cal-SCAN)

AZ LAND BARGAINS. 5 to 80 acres, lowest possible prices. EZ terms. Call AZLR for free recorded message. 1-888-547-4926. (Cal-SCAN)

BULK LAND SALE 80 acres -\$49,900. Take advantage of buyers market and own beautiful mountain property. Price reduced on large acreage in Arizona's wine country. Won't last! Good access & views Wildlife abounds at Eureka Springs Ranch. Financing available. Offered by AZLR. ADWR report. 1-877-301-5263. (Cal-SCAN)

TENNESSEE MOUNTAINS 1+ to 2 acrehomesites. Wooded Bluff and Lake View. Starting at \$59,900. Guaranteed Financing! 866-550-5263. Ask about Mini Vacation, 3 days, 2 Nights & Travel Allowance. (NANÍ)

Restore **Old Photos**

Restore Old Photographs Share memories of special places and times with your family. (916) 483-6051 - Laws Studio, Crestview Center (Manzanita at Winding Way in Carmichael) (MPG)

RV Sales

SELL YOUR RV FAST! Online at RVT.com 15,000+ Customers Daily. 40,000+ Private and Dealer Listings www.RVT.com Serving the RV Trader since 1999. 1-800-677-4484. (Cal-

Schools Instruction

HIGH SCHOOL DIPLOMA! Fast Affordable & Accredited FREE Brochure. Call NOW! 1-800-532-6546 www.continentalacademy. com (NANI)

INTERNATIONAL STUDENTS - Host a high school-aged international student from one of 40 different countries. Call today for more information. Phyllis at 1-866-523-8872. (Cal-SCAN)

CAN YOU DIG IT? Heavy Equipment School. 3 wk. Training program. Backhoes, Bulldozers, Trackhoes. Local job placement asst. Start digging dirt Now! 1-866-362-6497. (Cal-SCAN)

GET CRANE TRAINED! Crane/ Heavy Equipment Training. National Certification Prep. Placement Certification Fieb. Figure Assistance. Financial Assistance. Northern California College of Construction, www.Heavy4.com Use Code "NCPA1" 1-866-302-7462. (Cal-SCAN)

HIGH SCHOOL DIPLOMA! Fast Affordable & Accredited FREE Brochure. Call NOW! 1-800-583-2123 www.continentalacademy.com (NANI)

INCREASE YOUR RAILROAD hiring potential! Train at NARS, Overland Park, Kansas. Complete training 4-8 weeks. Average salary \$63k. Lender info available. Conductor- Electrical/ Mechanical, Freight Car, Signal, Welder 1-800-228-3378 RailroadTraining.com (Cal-SCAN)

PIANO LESSONS first lesson FREE-Always wanted to learn? Never too late-call Kate at 916 704-0965. Sr.discount

Services Offered

I take you to the doctors, shopping or misc. errands. Call for schedule Serving most areas. 916-214-8169. (MPG)

Seeking Security Placement in Fair Oaks or Carmichael, Licensed Call 916-712-2137 (MPG)

Spa / Hot Tub

SPA/HOT TUB 5 person portable maint-free Spa. Sells new \$4495. Sacrifice \$2450. Cover and delivery included. NEVER USED. 866-953-

Steel Buildings

Steel Buildings. 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% off on erected completed projects. www.scggrp.com Source #ØDL Phone: 916-248-4416 (MPG)

BUILDINGS FOR SALE! "Beat Next Substantial Increase!" 20x30x12 \$4,900. 25x40x14 \$7,900. 30x50x14 \$9,085. 35x56x16 \$13,200. 40x60x16 \$16.900. 50x140x19 \$47.600. 60x100x18 \$37,000. Others. Since 1980.1-800-372-8053. (Cal-SCAN)

TimeShares

BUY TIMESHARE RESALES SAVE 60-80% OFF RETAIL!! BEST RESORTS & SEASONS. Call for FREE TIMESHARE MAGAZINE! 1-800-639-5319 www.holidaygroup. com/flier (NANI)

SELL/RENT YOUR TIMESHARE NOW!!! Maintenance fees too high? Need Cash? Sell your unused timeshare today No Commissions or Broker Fees. Free Consultation www. sellatimeshare.com 1- 877-494-8246

Travel / Vacation

Vegas Baby - FREE! 3 days 2 nights Pay Nothing - 5 Star Resort Las Vegas - Tahiti Village Call NOW! 1 888-704-6946 (NANI)

Orlando Getaway - Complimentary! 3 days, 2 night accommodations. Pay Nothing - Come experience all that Orlando has to offer - at a fabulous resort. Call 1-866-584-6786 for details

FREE 2 Night Cruise Vacation! To the Bahamas - Imperial Majesty Just pay port fees- Meals and Cruise are 100% FRFF Call Now 1-800-380-6510

Vegas Baby - FREE! Get away 3 days 2 nights Pay Nothing – High Roller Treatment Las Vegas – 5 Star ResortMust Call NOW! 1-888-704-6946 (NANI)

Warm winter specials at Florida's New Smyrna Beach. Stay a week or longer. Plan a beach wedding or family reunion. www.nsbfla.com – 1-800-541-9621 (NANI)

Upholstery

Upholstery B&T Upholstery and Repairs.Specializing in Deco & Modernism. Call Bill 392-1959 / 995-7177 (MPG)

Video Archiving **Services**

Archive Family Video To DVD Event Video & Photo At It's Best! Video Christmas Postcards. (916)402-5351

Volunteers Needed

Volunteers Needed: The Domestic Violence Intervention Center needs violence intervention certain freeds caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd., Citrus Heights, CA

Wanted to Buy

We Buy Gold, Silver and Platinum **Jewelry!** - Get paid cash within 24 hours for your jewelry. No cost, instant cash, insured shipping Please call 1-877-GOLD-019 or www.cash4gold (NANI)

Need Cash? Sell Your Unwanted Jewelry! We Buy Gold, Diamonds, & Watches Highest Price Paid Guaranteed Call Today ----> 877.853.6651 Visit Our Website ---> www.cashoutgold.com (NANI)

Yoga

Sunrise Yoga Centre - Hatha Yoga Iyengar style 3713 Casa Loma Way Near Sutter 944-3207 (MPG)

www.CarmichaelTimes.com

