

# Carmichael Times

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November 25, 2008

## Join the 21st Annual 4-Wheel Gold Country Toy Run

## "Operation Gobble"

1000 Free Turkeys Delivered to Help Needy Families for Thanksgiving



This Thanksgiving, Assemblymember Dave Jones (D-Sacramento), Senate President Pro Tempore- Elect Darrell Steinberg (D-Sacramento) and California American Water Company want to ensure that in economically trying times, Sacramento area families are still able to enjoy Thanksgiving holiday traditions. Jones, Steinberg and youth volunteers from the Mutual Assistance Network will be loading 1,000 turkeys into the vehicles of 23 local non-profits, churches, and community food banks at the Firehouse Community Center on Nov. 25, 2008 as part of the 18th annual "Operation Gobble" program. The turkeys will then be distributed from these organizations to low-income families throughout the area who are in need this holiday season.

"Operation Gobble" is a joint charitable venture between California water companies and local state legislators and is set to deliver an estimated 75,000 turkeys to under-privileged families throughout the state this Thanksgiving holiday. First begun in 1990, the unique program pairs the resources of both the private and public sectors to benefit those in greatest need. During the event, participating private water companies, such as California American Water, will provide turkeys in partnership with local elected officials who offer local expertise in directing the donations to community food banks, churches and other non-profit organizations.



Four-wheel drive owners from throughout the region are invited by the Orangevale-based Hi-Landers four-wheel drive club to join them for their 21st annual 4X4 Gold Country Toy Run on Saturday, Dec. 6, beginning at Lake Natoma Park near Folsom.

According to Deann MacDougall, this year's toy run chairperson, the annual event benefits local children's charities.

"This event grows bigger and better every year," said MacDougall, "and the less-fortunate children in the Sacramento region will have a much happier Christmas because of the generous efforts of our

volunteers and our participants."

There is no cost to participate in the parade-like toy run; however, each participant is asked to bring a new unwrapped toy with a minimum value of \$5. Last year, the toy run drew 225 four-wheel drive enthusiasts who donated 599 gifts and toys and 130 sleeping bags to needy children identified by a local non-profit organization.

Registration begins at 8:30 a.m. and the parade will start at 10 a.m. (rain or shine). The 4X4 Gold Country Toy Run will take participants from Lake Natoma, north on Hazel Ave. to Douglas Blvd. The group will then turn right on Auburn-Folsom

Rd., continue over the historic Rainbow Bridge, through the town of Folsom to Hwy 50 and return to the park staging area. At approximately 11 a.m., the judging will begin for the best-decorated vehicles followed by a prize drawing at noon.

Coffee and hot chocolate will be available at the beginning of the toy run and food and drinks will be on sale at the conclusion of the trip. In addition, Santa Claus is scheduled to arrive at the park at approximately 11 a.m. to listen to requests from all the children.

MacDougall said that anyone wishing to simply drop off a gift is encouraged to visit the Lake Natoma staging area between 8:30 a.m. and noon.

"Our annual toy run is truly a joyous experience for everyone involved," said MacDougall. "Children often ask nothing for themselves, but will ask Santa to bring new shoes for little sister or a new coat for their mom."

For more information on the 21st annual 4X4 Gold Country Toy Run, contact Deann MacDougall at 916/813-4983 or dnmacdougal@yahoo.com.

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Yellow  
Ribbons - Pg 4

# SMUD General Manager Fills Three New Executive Positions

## Two new manager positions also filled

Sacramento Municipal Utility District's (SMUD) General Manager John DiStasio continues to put in place his executive team. DiStasio has named Elisabeth Brinton director of Communications and Community Relations, Michael Gianunzio, Esq., director of Legislative and Regulatory, and Phil West director of Customer Services. Additionally, Frankie McDermott is the newly named manager of Enterprise Performance and Greg Augst will serve as manager of the newly configured General Services department.

In her new position, Brinton will support an increased effort to communicate effectively with all stakeholders about the changes in the utility industry. She will be responsible for engaging customers, employees and others to be sure SMUD makes the transition to a low-carbon future as efficiently as possible. For the past two years Brinton headed the marketing and government affairs efforts for PRIDE Industries in Sacramento. She also serves as a member of the Governor's Committee on Employment of People with Disabilities.

Gianunzio was promoted from manager of Regulatory Compliance and Coordination, a post he's held since March 2008. In his new role he will work to increase SMUD's influence in the development of energy-related legislation and compliance with new and significant energy reliability regulations. Gianunzio has 30 years of experience as an energy and utility attorney. Before coming to SMUD, Gianunzio served as General Counsel for the Snohomish Public Utility



Michael Gianunzio, Esq.

District.

SMUD GM fills executive positions

West, who has served for nearly five years as director of Distribution Services, returns to his former post as director of Customer Services. West has a strong background in marketing and program design, which will be vital in achieving SMUD's goal to encourage ratepayers to reduce peak energy use and adopt energy-efficient ways to manage their electricity use.



Phil West

In his role as manager of Enterprise Performance, McDermott will be responsible for evaluating all of SMUD's business performance measures, making improvements and managing those measures. McDermott has been with SMUD since 2003 managing the utility's Supply Chain Services.

Augst has been with SMUD since 2005 and most recently served as manager of Protection, Safety and Environmental Services. In his new position, he will add General Services and Supply Chain to his current duties.

## Singles Christmas Dance December 6

Christian Singles Network, will hold a Christmas Dance for single adults from 7 PM to 11:30 PM. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey of AllStar Entertainment, and a dance lesson in the Cha Cha and Cruis'n from 7-8 PM. Dress in party or nicer casual attire. The ticket price of \$15 presale or \$20 at the door includes a light buffet, desserts and the dance lesson.

CSN dances are non alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded in 1992, has over 7,500 singles on its roster and holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll, ballroom, Latin, country and Christian music.

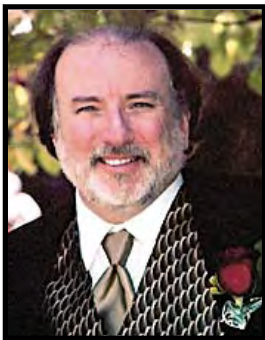
Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome Most attendees fall between the ages of 35 to 65. CSN has been holding dances 16 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

CSN is also announcing its annual New Year's Eve Dance, also including a dinner this year, on Wednesday, December 31 at La Sierra Community Center, also in Carmichael. For more information on this party please call the office at 530-878-8606. Tickets for this event will be \$30 presale and \$35 at the door.

Pre-sale tickets are available at Berean Christian Bookstore, Sacramento; Wayside Bookstore, Rocklin and Auburn; Jireh's Bookstore in Placerville; and on line at [www.christiansinglesnet.com](http://www.christiansinglesnet.com), or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, [www.christiansinglesnet.com](http://www.christiansinglesnet.com), includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties.

## Carmichael Times



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# Safely Prepare Your Holiday Meal!

The holiday season is here, and food safety is especially important as you prepare a Thanksgiving meal. Sacramento County Environmental Management Department's (EMD) food safety specialists and Sacramento County Public Health say improper preparation of meals and handling of leftovers can make you sick.

"In the past two years, the Centers for Disease Control has investigated outbreaks of foodborne illness that were caused by bacteria in jalapeños, spinach, peanut butter, frozen pizza, frozen pot pies, and frozen beef patties," said EMD's John Rogers. "Foodborne illness can usually be prevented by following proper procedures when you prepare and cook your meal, and again when you store the leftovers to enjoy again later," Rogers said.

Here are some food safety tips intended to serve as reminders to those who are already familiar with proper preparation methods for meat and poultry, and as guidelines for the first-time chef.

When preparing a turkey, be aware of the four main safety issues: thawing, preparing, stuffing, and cooking to adequate temperature.

## Safe Thawing

Thawing turkeys must be kept at a safe temperature. The "danger zone" is between 41 and 135°F — the temperature range where foodborne bacteria multiply rapidly. While frozen, a turkey is safe indefinitely, but as soon as it begins to thaw, bacteria that may have been present before freezing can begin to grow again, if it is in the "danger zone."

There are three safe ways to thaw food: in the refrigerator, in cold water, and in a microwave oven.

## Safe Preparation

Bacteria present on raw poultry can contaminate your hands, utensils, and work surfaces as you prepare the turkey. If these areas are not cleaned thoroughly before working with other foods, bacteria from the raw poultry can then be transferred to other foods. After working with raw poultry, always wash your hands, utensils, and work surfaces before they touch other foods. Remember to use soap and warm water and wash your hands for at least 20 seconds.

## Safe Stuffing

For optimal safety and uniform doneness, cook

the stuffing outside the turkey in a casserole dish. However, if you place stuffing inside the turkey, do so just before cooking, and use a food thermometer. Make sure the center of the stuffing reaches a safe minimum internal temperature of 165°F. Bacteria can survive in stuffing that has not reached 165°F, possibly resulting in foodborne illness.

## Safe Cooking

Set the oven temperature no lower than 325°F and be sure the turkey is completely thawed. Place turkey breast-side up on a flat wire rack in a shallow roasting pan 2 to 2-1/2 inches deep. Check the internal temperature at the center of the stuffing and meaty portion of the breast, thigh, and wing joint using a food thermometer. Cooking times will vary. The food thermometer must reach a safe minimum internal temperature of 165°F. Let the turkey stand 20 minutes before removing all stuffing from the cavity and carving the meat.

## Handling Leftovers

Perishable foods should not be left out of the refrigerator for more than 2 hours. For optimum results, remove turkey meat from the bone and promptly refrigerate or freeze leftovers in shallow containers. It is safe to freeze leftover turkey and trimmings — even if you purchased them frozen. Wrap tightly for best quality.

## Refrigerator (41 °F or below)

- Cooked turkey ..... 3 to 4 days
- Cooked dishes and gravy ..... 3 to 4 days

## Freezer (0 °F or below)

- Turkey, plain; slices or pieces ..... 4 mos.
- Turkey covered with broth or gravy ..... 6 mos.
- Cooked poultry dishes, stuffing, and gravy ..... 4-6 mos.

(Freezer storage times are for quality only. Frozen foods remain safe indefinitely.)

## Reheating a Whole Turkey is NOT Recommended.

If you plan to reheat a turkey, cut the meat into smaller pieces. Slice breast meat. Legs and wings may be left whole. Refrigerate in shallow containers. Exception: Cooked turkeys with the USDA inspection seal on the packaging have been processed under controlled conditions. Follow package directions for reheating and storing.

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# We Haven't Forgotten!

As a proud sister to four active military brothers deployed all over the world, Jenny Jacques started an organization called Yellow Ribbons Now to bring back the display of yellow ribbons on every tree across America. "Whether you agree with the war or not, our military are still there fighting for us. Let's show the men and women that we are here on the home front still honoring them, and the sacrifice they have made and are making for us, all of us." Jenny hopes that by displaying yellow ribbons, and keeping them displayed, we can show our heroes that WE HAVEN'T FORGOTTEN!

Her father served in the Vietnam War and told her how when he returned home he was treated with disrespect and how badly it felt. "I can't even imagine one of my brothers coming home from serving our country and being treated that way, it breaks my heart. So putting these yellow ribbons up is my way to welcome home our men and women with open arms and love and respect for each and every one of them."

Her aim is to get others to think about our military and to realize that when a soldier comes home, and is driving down the road after being gone for such a long time, they will see the yellow ribbons and know they are appreciated. It may not be a lot, but for one soldier, it just might make a difference.

Along with building a National Display of Yellow Ribbons, they send care packages to troops deployed in Iraq and Afghanistan. They have shipped out Thanksgiving boxes to Iraq and are now working on Christmas care packages and a Christmas Toy Drive. "We are truly humbled by so many wonderful people, businesses, and organizations that stepped up and really showed their support for the Thanksgiving care packages," Jenny noted. They will continue sending boxes out every month. The boxes of care and support are intended to boost the morale of our men and women serving our nation. "We know there are a lot of wonderful people out there that want to do something for our military but just don't know how or where to go. We need to continue getting the word out to all communities and we hope that people use Yellow Ribbons Now as an outlet to get involved and help support our military."

They are an all-volunteer group, dedicated



Judy Jacques, Jenny Jacques and Cindy Jacques of Yellow Ribbons Now

100% to our military. Jenny stated "I do this because I love and miss my brothers every day. I wake up and I know that I'm not alone. Through Yellow Ribbons Now it's our way to give back. If people just understand one thing about what my family and I believe in and that is our love for all of our military, and how important they are. The military are my family, each and every soldier walking through the desert with my brother. They, at any time, would protect him like I would if I was there."

Jenny offered a final comment, "What I really want to get across to everyone is that we all have our everyday struggles, but we sometimes tend to forget why and who makes it all possible for us to live in freedom and in this great country. Our military answer the call of duty, leaving

behind their loved ones, for all of us. They do a job that is demanding, tiring. It's time we come together as a nation and put up our Yellow Ribbons and leave them up."

Updates of their new projects and how to help can be found on their website at [www.yellowribbonsnow.com](http://www.yellowribbonsnow.com). You can also buy yellow ribbons on their website. All of the ribbons are handmade by family and friends. The proceeds from the sale of the Yellow Ribbons are donated to Never Forget Our Fallen. It is a local nonprofit organization founded and operated by Deborah Getz. She lost her son in Afghanistan. She is trying to raise 1million dollars to build a memorial wall for all of our fallen military in Afghanistan and Iraq. Visit [www.neverforgetourfallen.com](http://www.neverforgetourfallen.com) to learn more.

# A Happy Pet for the Holidays



**Natural remedies might help pets overcome changes in their routine that can cause anxiety.**

(NAPSA)-Whether you're entertaining or traveling for the holidays, the change in schedule can negatively affect a pet's behavior.

Being left behind, having to get used to a new environment or dealing with different people in the house can result in inappropriate, unwanted behaviors.

"Animals have complex feelings," explains Margo Roman, DVM. "Pets can experience separation anxiety, anger, fear, boredom, loneliness, jealousy and other sophisticated emotions."

Many pet owners have discovered the benefits of holistic flower essences, such as Rescue Remedy, when looking to naturally relieve emotional and behavior problems in pets.

Rescue Remedy Pet is available in dropper format, allowing pet owners to easily administer it to their pets. Alcohol-free, it is suitable for use on pets of all shapes and sizes, including reptiles, fish (add to water), birds, cats, dogs, horses and rabbits. It is available nationally in Whole Foods and anywhere natural products are sold. It can also be purchased at [www.rescuere medy.com/pets](http://www.rescuere medy.com/pets).

## Weekly SUDOKU

Answer

4	9	8	5	1	7	3	6	2
7	3	5	2	9	6	8	1	4
6	1	2	8	4	3	9	7	5
5	7	4	9	6	8	1	2	3
1	6	3	4	7	2	5	8	9
2	8	9	1	3	5	6	4	7
9	5	6	7	8	4	2	3	1
3	4	1	6	2	9	7	5	8
8	2	7	3	5	1	4	9	6

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# POPPOFF!

with Mary Jane Popp

## OOH LA LA BEAUTY

They call her the "Dear Abby of Beauty". She is truly a beauty Evangelist. She believes in the power of beauty...that is...that every woman should be her most beautiful and sparkling best to be at her best. She is renowned Beauty Expert Susie Galvez. Her books include her Ooh La La series, and her newest "Hello Beautiful"...365 Ways To Be Even More Beautiful and Weight Loss Wisdom"...365 Successful Dieting Tips. From "Good Housekeeping", "Woman's World", "Allure", and "Elle", Susie has some definite ideas about weight loss.

How many times have you begun a diet with the best of intentions, and then slipped at the first hurdle? Sound familiar? That's why I loved this gorgeous book. It doesn't count calories or tell you to exercise, it's chocked full of brilliant tips, techniques, and ideas that work alongside your weight-loss program to ensure that you don't fall off the wagon like:

1) **CHIP OFF THE OLD BLOCK.** By switching to mini-chocolate chips in a cookie recipe instead of standard size, you can save about one-half cup and 15 grams of fat and not even notice the difference.

2) **CHEW 'EM IF YOU GOT 'EM.** Chewing sugarless gum while preparing meals will help you keep from tasting too much, too soon. The gum-chomping will also help to

reduce stress levels. Food that gets stuck in gum is not very appealing—so always chew gum instead of food while cooking.

3) **SHORT BOOTS AND SKIRTS DO NOT MIX.** Your legs will appear wider and shorter. If a monochromatic color scheme is used matching the skirt, hosiery, and boots, then and only then, could the look be flattering—possibly. Best to take a snap shot of you in the outfit with a full view lens before deciding.

4) **BEST FOOT FORWARD.** Shoes with a bit of a heel (two to three inches) elongate the legs and body. Also, shoes that have a vamp closer to the toes, such as a v-shaped curve toward the toes, tend to slim the look of the feet and legs.

5) **OUT OF SIGHT.** Use the fruit and vegetable bin in the refrigerator to store high-fat temptations. Chances are you'll forget they are there. Out of sight, out of mind, and most importantly, off the thighs.

6) **PERFECT PAMPERING.** Pamper yourself. Remember, you are a unique individual and worth every penny. Make an appointment for a facial, massage, pedicure, manicure, or all of the above. Make a date to treat yourself to a bubble bath. Find a good book, light some candles in the bathroom, close the door, and really enjoy your "me time".

There are 359 more of these fun tips



to stay on the straight and narrow, and they are fun too. Hey, gotta' get a laugh or two out of life, or why bother. If you want more info on Susie and all her books, just log on to [www.susiegalvez.com](http://www.susiegalvez.com). She's got some great tips there, and a whole lot of encouragement too. Keep smiling. Remember, a smile can hide a lot of problems. Besides, it makes you feel lots better, takes a lot less muscles to do it, and potentially, lots less wrinkles. Stay HAPPY !!!

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## "I don't read" costs society dearly

by Lauren Forcella

**Dear Straight Talk:** Every morning I drive my granddaughter to high school and sit there in traffic observing all the kids: backpacks slung over shoulders, every hand gripping a cell phone. I've been in the newspaper business 46 years, starting right out of high school, and I'd like to ask what young people today read. I know they're on the Internet, but are they surfing, or actually reading? Or is it mainly social networking? And, apart from school assignments, do they read newspapers, magazines, and books? — Barbara Hale, Features Editor, Merced Sun-Star, Merced CA

**From Shelby, 16, Auburn CA:** I don't read. I just don't like it. Even Harry Potter I skipped. Sometimes on MySpace, I read a "fun fact" or gossip, but I'm not into politics or business. I have better things to do, and between homework, sports, and my social life, there's no time.

**From Taylor, 19, Placerville CA:** I don't usually read. I wasn't a good reader through school so I got turned off. I didn't even read Harry Potter. On rare occasions I read magazines from the supermarket checkout lines, but news doesn't interest me because everything is spun and it's overwhelming not knowing what to believe. Online, I strictly social network and get entertainment via YouTube.

**From Lara, 17, Fair Oaks CA:** Before I became socially obsessed, I read practically a book a day. I was raised without a TV, so books were how I learned and amused myself. I especially love Steinbeck, Dickens, and Austen with their good human values. But now with school, sports, and socializing, I prefer personal-development books because you can skip around and still learn. In tenth grade I lived with my dad in Europe and Europeans think Americans are really dumb because we are clueless about world affairs. That motivated me! On the Internet, I social network but I avoid celebrity gossip. I get news from my email home page feed and the ORF, an Austrian site with detailed world news.

**From Hannah, 17, Auburn CA:** I didn't used to like to read, but recently I started Hemingway's Farewell to Arms. My mom keeps thinking it's assigned reading! I don't read magazines or newspapers at all. On MySpace, I read election news, but generally, I don't read politics. It's embarrassing, but my friends and I go to a celebrity website for guilty pleasure. It's meaningless, but that's what we do.

**From Lennon, 22, Fair Oaks CA:** Aside from school reading, I spend about 30 minutes a day reading things like Popular Mechanics, Rolling Stone, the Sacramento Bee. I also read regularly for pleasure, more than most of my peers, maybe because I had no TV growing up and still don't. Right now I'm reading Infinite Jest by David Foster Wallace. I use the Internet for research and social networking, but I hate reading online; it physically drains me.

**From Geoff, 23, Redding CA:** I, and many of my peers, use <http://www.google.com/reader/view/>, a customizable news feed that pulls from thousands of newspapers, magazines, and online publications. During college, and now, after work, I come home and see all the day's politics, economy, technology, philosophy, video game news, etc. It's like reading 12 newspapers a day.

**Dear Barbara:** There's a picture for you, although I believe the panel has proportionally more "readers" than American youth in general. This supports a 2007 National Endowment for the Arts compendium study that correlates reading for pleasure, regardless of income, with political activism, cultural participation (such as writing for this column), even regular exercise. The average 15- to 24-year-old, according to the study, spends 2.5 hours per day watching TV and 7 minutes reading. Half the young people between 18 and 24 never read for pleasure, and only a third of high school seniors read at proficiency, the level needed to read this newspaper. The cost to society is enormous.

Write to Straight Talk at [www.StraightTalkForTeens.com](http://www.StraightTalkForTeens.com) or PO Box 963, Fair Oaks CA 95628

# Camellia City Flute Choir Presents Holiday Concerts



The Camellia City Flute Choir will participate in two concerts this December. The first is a shared concert with the Sacramento State Flute Ensemble, which will take place at 7 p.m. on campus in the Recital Hall adjacent to Capistrano Hall, the music building. The Camellia Flutes will also play a concert at the State Capitol Rotunda, located at 10th & L in Sacramento, on Saturday, December 13th at 10:45 a.m.

Each program will feature Christmas music, as well as other festive selections, by Mozart, Saint-Saens, Brahms, Handel and Yon. At the Sacramento State concert, each flute choir will perform separately, and then combine for the last

two numbers.

Martin Melicharek is the founder and conductor of Camellia City Flute Choir. There are currently 16 flutists who combine to play 5 types of flutes, ranging from contra bass flute up to piccolo. The CSUS Flute Ensemble is under the direction of Laurel Zucker and Bill Damien.

Admission to both concerts is free! Free parking permits for the CSUS garage next to the music building will be available at the Monday night concert.



**Monday, December 8**  
at 7:00 p.m.  
Recital Hall at CSU, Sacramento  
Sacramento, CA

**Saturday, December 13**  
at 10:45 a.m.  
Capitol Rotunda  
10th Street & L Street  
Sacramento, CA

**Contact:** Martin Melicharek  
Phone: 916/966-5784  
E-Mail: [camelliaflutes@yahoo.com](mailto:camelliaflutes@yahoo.com)

## ADVENT CHRISTMAS FAIRE

Saturday, December 6 10 a.m. - 2 p.m.

**Northminster Presbyterian Church** will present its **Advent Christmas Faire** on Saturday, December 6, from 10 a.m. - 2 p.m. A "Make It and Take It" time to help children of all ages prepare for Christmas. There are Christmas gifts and decorations to make with the assistance of Santa's helpers. There is something for everyone! All crafts are FREE. A light lunch will be offered.

3235 Pope Avenue (between Watt and Fulton) For details, call (916) 487-5192 or visit [Northminsteronline.org](http://Northminsteronline.org)

**Northminster Presbyterian Church**  
Pastor Jack Raymore  
**Christmas Eve Services**  
5 p.m. Family Service of Lessons and Carols  
10 p.m. Candlelight Service featuring chancel and bell choirs  
3235 Pope Avenue, Sacramento

For details, call (916) 487-5192 or visit [Northminsteronline.org](http://Northminsteronline.org)

When someone you love has Alzheimer's, the whole family is affected.

That's why we make sure the whole family is involved.

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The special needs of those coping with Alzheimer's and other memory impairments demand a special kind of care and support: for them, and for those who love them. The Gardens at Citrus Heights offers just that, in a secure, inviting setting.



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[www.emeritus.com](http://www.emeritus.com)

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# Have a Happy Thanksgiving!

**El Dorado Savings Bank**  
Nancy Reynolds & Staff  
4701 Manzanita Ave., Carmichael  
481-0664

**Carmichael Recreation & Park District**  
The Staff  
5750 Grant Avenue, Carmichael  
485-5322

**Coffman's Furniture Gallery**  
Dave and Lisa & Staff  
6443 Fair Oaks Blvd., Carmichael  
482-9663

**Safeway**  
Lance White, Manager & Staff  
4040 Manzanita Ave., Carmichael  
481-2005

**Hoshall's Salon & Spa**  
The Team at Hoshall's  
7330 Fair Oaks Blvd., Carmichael  
485-4941  
[www.hoshalls.com](http://www.hoshalls.com)

**Aegis Living**  
Chris Schoonveld  
Marketing Director & Staff  
4050 Walnut Ave., Carmichael  
972-1313

**Save Mart Supermarket**  
Chris Bullock, Mgr. and Staff  
4708 Manzanita Ave., Carmichael  
979-9191

**Eskaton Village**  
Linda & Lucy,  
Marketing Directors  
3939 Walnut Ave., Carmichael  
974-2000

**Winding Commons Senior Residence**  
Christine Pesola, Administrator,  
Bridgett Payne, Marketing, & Staff  
6017 Winding Way, Carmichael  
485-1000

**Bank of America**  
George Trunyan, Manager  
Pat Baird, Asst. Manager & Staff  
6705 Fair Oaks Blvd., Carmichael  
861-9419

**Hungry Hollow Cafe**  
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4766 Manzanita Ave.  
Crestview Center, Carmichael  
487-8167

**Carmichael Oaks Senior Living**  
Denise Evans and Denise Brandt,  
Marketing Directors & Staff  
8350 Fair Oaks Blvd., Carmichael  
944-2323

**Mission Oaks Recreation & Park District**  
Debbie Walker, Administrator  
Mark Koller, Director of  
Recreation Services  
3344 Mission Avenue, Carmichael  
488-2810

**Phoenix Schools**  
The Staff  
2921 Garfield Ave., Carmichael  
481-6144

**CURVES**  
Bonnie, Robin & Staff  
4141 Manzanita Ave. #105, Carmichael  
973-9900

**Wells Fargo Bank**  
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7225 Fair Oaks Blvd., Carmichael  
440-4174

**Laurence Properties**  
Stephanie Paschal & Staff  
5740 Windmill Way, Suite 11,  
Carmichael  
486-0209

**Mercy San Juan Medical Center**  
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Saturday, December 13 at 8 p.m.  
Mondavi Center, UC Davis

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[SacramentoChoral.com](http://SacramentoChoral.com)

# Pet of the Week: **Scottie**



Scottie is a white and orange full grown tabby cat with a gentle loving spirit. He came to the shelter a month ago and has been waiting patiently to be adopted. After a month most cats develop kennel cough, which is like a common cold for a cat, and can also become stir crazy in their cage. Scottie, on the other hand, has stayed healthy and has made his cage his little home. Scottie is content in his cage but would be so much happier in a home with a loving family. He is great with kids and other cats and if introduced slowly he will get along with dogs too. His favorite thing is a belly rub and will roll over to be scratched every time. Once his belly rub starts, he turns into a purring machine. The shelter staff and volunteers try their best to make all the animals at the shelter happy and comfortable, but there are too many

animals to give them the attention they need. Visit the shelter to see if Scottie is the cat you have been looking for.

To see Scottie (A482356) and other adoptable animals visit:

**Sacramento County Animal Shelter**  
 4290 Bradshaw Rd  
 Sacramento, Ca 95827  
 Open Tuesday – Saturday, and the first Sunday of every month  
[www.saccountyshelter.net](http://www.saccountyshelter.net)  
 (916) 368-7387 (PETS)

# Weekly SUDOKU

by Linda Thistle

Answers on page 4

		8			7	3		2
	3		2				1	
6				4				5
5		4		6			2	
	6				2	5		
		9	1					7
		6	7				3	
3					9			8
	2			5	1	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★**

★ Moderate    ★★ Challenging  
 ★★★ HOO BOY!

# No

Kids  
 Debt  
 Drugs  
 Spouse  
 Smoking  
 Baggage

Looking for similar over 45  
 for Select Straight Singles Group  
 Send inquiries to: [NKDSB@att.net](mailto:NKDSB@att.net)

## King Crossword

Answers

Solution time: 25 mins.

K	O	I	M	E	S	A	D	A	N	A	
I	D	O	A	G	I	N	E	D	I	T	
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G	R	A	P	H	I	I	I				
			O	O	P	S	S	C	O	L	D
W	E	S	T	L	A	K	E	T	R	E	E
I	R	E	E	N	O	L	S	N	N	E	
T	I	E	R	E	A	S	T	W	O	O	D
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			F	O	E	T	Y	P	E	A	
S	O	U	T	H	P	A	W	S	E	R	G
A	N	T	E	O	L	I	O	A	G	O	
P	E	A	R	S	I	G	N	L	O	G	



- Grow the perfect orchid
- Organize a charity drive
- Own a small dress shop
- Meditate in the mountains
- Never cook again
- Volunteer to read for the blind

**Life's a journey.** For part of it, your parents take care of you. For another part, you return the favor. When the time comes, we can help. Mostly, by making sure to honor your parents for a life well lived. If you need it, check out our Alzheimer's and Dementia care with revolutionary Snoeselen therapy. Call 916-972-1313 or go to [aegisliving.com](http://aegisliving.com).

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RCFE # 347001686







# Joni Hilton

## You're Thankful for What?

"Oh, come on," I say, rolling my eyes. "Nobody is thankful for the flu."

"Plus Asiatic is the adjective," Richie points out. "You have to pick a noun."

"Who says you have to pick a noun?" Bob says, the husband who chose himself, last year, for the letter B.

A short argument erupts, and suddenly we're all grammar experts, establishing ridiculous rules. We are also car experts, apparently, as the boys proceed to express their thanks for Corvettes, Hot Rods (another adjective—oh no!), and some kind of engine booster.

When the letter G lands on Nicole, she tells us she's thankful for Garlic Bread. "And how come we don't have garlic bread on Thanksgiving?"

A discussion of other foods I should be willing to get up at 2:00 a.m. to prepare, now ensues. Fried rice, ice cream, carrot cake, cotton candy, and fried chicken are all agreed upon as if we hired circus clowns to revise the food pyramid.

I do my best to get them to think about gratitude, but all they can think of is comedy. Is this happening in other households across America? Probably not. Probably other families are expressing their thanks for one another, for shelter, for the joys of daily living.

Bob shamefully chooses urinals for U.

I stare at him. "You had all that time to think, calculating which letter would land on you, and you picked urinals?"

"Hey, they're handy to have," Bob says.

Nicole and I are outvoted.

As we clear the dishes, I think about this free-for-all, the endless teasing and carping that has become our family's tradition. I picture future spouses, married to our kids, with bug eyes as they witness this wacky debate each year.

I look at my grinning kids, who are still arguing over whether pneumonia can count for p, since the p is silent. Even though they drive me crazy sometimes, maybe this is our essence—the way we interact and love one another. Maybe that's how our hearts are knit together, knowing we'll always be passionately nutty, ever willing to debate the merits of proper versus common nouns.

And maybe, next year, it wouldn't kill me to add cotton candy to the menu.

*Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts.com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.*

Listen to "The Joni Hilton Show" streaming live, weekdays 3-4 pm on [www.KAHL.com](http://www.KAHL.com) or 950 AM

## Explore Career Options at Sacramento Expo

Are you hoping that 2009 will bring new energy and direction to your career? Maybe the opportunity to start your own business? Perhaps you're contemplating furthering your education or learning some new job skills. At Sacramento's Career Expo, you can get a jump on the new year and explore all those options in just one afternoon.

Sacramento's Career Expo is coming to the Sacramento Convention Center on Tuesday, December 9th from noon to 4pm. Job seekers can meet with dozens of the region's top employers recruiting in a variety of fields, including healthcare, IT, customer service, administration, public safety, and more. Organizations eager to hire include CalPERS, UC Davis, Horizon West Healthcare, EMQ Children & Family Services, Wells Fargo, and many more.

For those interested in learning about career-enhancing classes and training programs, several public and private colleges will be on hand to answer questions. If you're considering starting your own venture, explore the possibilities with representatives from over a dozen business opportunities. You can also get free information on financing options and assistance programs from the Small Business Administration.

Get insider tips on reaching your goals by attending the CareerTalks workshops, with sessions covering Self Employment as a Career Alternative, Business Financing, and How to Get a State Job. Employment experts will also be available to help improve your resume.

Whatever career options you're considering, find the answers you need for FREE at Sacramento's Career Expo on Tuesday, December 9th from noon to 4pm at the Sacramento Convention Center, 1400 J Street. Visit [JobJournal.com](http://JobJournal.com) or call 1-888-THE JOBS for more details.



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# Raley's Food For Families Program Helps the Needy

Despite recent reports of donations and charitable giving being down throughout area non-profits, Raley's Food For Families program continues to supply local food banks and partnering agencies with steady donations.

However, in these difficult economic times, the need for donations is greater particularly the need for food donations. Through the generosity of customers and colleagues, Raley's is working hard to fill that growing need in the many communities served by the company's 132 stores throughout Northern California and Nevada.

Starting Monday, Nov. 17 through Wednesday, Dec. 24, Raley's will once again invite customers to partner with them in the annual Holiday Bag campaign.

Through the Holiday Bag program, Raley's offers bags of wholesome groceries, worth approximately \$20, for only \$10 at every Raley's, Bel Air, Nob Hill Foods and Food Source store. Customers can purchase a bag of nutritious groceries during a visit to their neighborhood store, which benefits a local food bank. Raley's absorbs all administrative costs of the program with 100 percent of every donation going directly to help feed the hungry. Local food banks distribute the donated food to families in the neighborhood, so it remains in the community in which it was collected.

"We want to make it convenient for our customers to help those less fortunate," said Nancy McGagin, Executive Director of Food For Families.

"Especially this holiday season, food donations are in great need, so we are incredibly honored to

partner with our generous customers once again in this program, as we work together to reach our goal of 2 million pounds of food this year."

Last season, Raley's customers and colleagues purchased a total donation of 3.2 million pounds of food through the Holiday Bag program between Nov. 12 and Dec. 24, 2007.

Customers interested in donating can contribute in three ways:

1. Use the cash collection boxes that are available at every check stand at their local store.
2. Add a contribution to their bill when purchasing groceries.
3. Purchase a bag filled with wholesome groceries between Thanksgiving and Christmas, to support the Holiday Bag program.

Food For Families is a registered 501(c)3 organization providing food for the needy year-round in the communities of Northern California and Northern Nevada served by Raley's, Bel Air Markets, Nob Hill Foods and Food Source stores.

Food For Families began as a holiday food drive in 1986 and was founded by Raley's Co-Chairman and Owner Joyce Raley Teel and CEO emeritus Charles Collings. Since then, the organization has raised over \$20 million and more than 10 million pounds of food for the needy in communities served by Raley's stores, as part of the company's long-time commitment to local communities. The legacy of the program continues today, thanks to the support of Raley's customers, colleagues and community partners.

Visit [www.foodforfamilies.org](http://www.foodforfamilies.org) to learn more and to see where your contribution goes.



## Carmichael's Celebration of Lights!

**Annual Holiday Tree Lighting**  
**Thursday, December 11, 2008**  
 Event begins at 5:30pm - Tree Lighting at 6pm

Come enjoy the Annual Holiday Tree Lighting at Carmichael Park, 5750 Grant Avenue, Carmichael, CA 95608. The event will include music performed by the *River City Concert Band*, a visit with *Santa*, candy canes, hot apple cider, crafts for kids, cookies and more! The *Honorable Susan Peters, Sacramento County Board Supervisor*, will be our Holiday Host for the evening along with the help of the *Sacramento Metropolitan Fire District*. This event will happen rain or shine! (916) 485-5322 or [www.carmichaelpark.com](http://www.carmichaelpark.com).

### YOUR HOLIDAY SPONSORS WISH YOU TIDINGS OF JOY!

Carmichael Recreation and Park District  
 Mission Oaks Recreation and Park District  
 Kiwanis Club of Carmichael  
 Carmichael Chamber of Commerce



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Photo courtesy of www.staceykenneyphotos.com

## St. John's parents will be hosting their thirtieth annual "A Holiday Show of Hands",

an arts and crafts Christmas Sale featuring custom work by over one hundred-fifty craftsmen and artists on Saturday, December 6th, 9 - 7; December 7th, 9 - 3. Special features include our Fashion Pavillion and antiques & collectibles, featured in the Antique Cottage. Admission is free.

St. John's School  
5701 Locust Avenue  
Carmichael  
916-481-8845, Ext. 216

### SANTA'S BREAKFAST and CRAFT FAIR

Sunday Dec.14th 8:00 - 2:30 pm

Please come and have a great pancake breakfast for only \$4.00  
\$12.00 for a family of 4  
Amazing crafts - we have many new and exciting vendors this year!  
Book fair - books make great gifts and benefit our school!  
Pictures with Santa \$2.00

Kids gift shop- let your kids shop- all for under \$5.00  
Kid's cookie and cupcake decorating table  
**Lots of fun for families!**

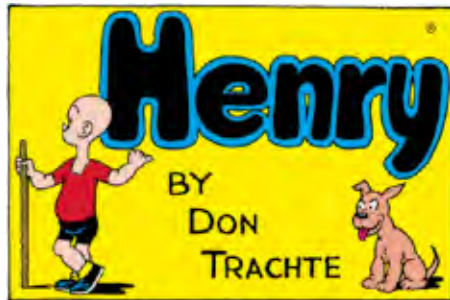
Advance tickets on sale soon!  
Or buy at the door  
**3100 Norris Avenue  
Sacramento 95821**



Kiwanis Club of Carmichael, Division 44, presents  
**An Evening of George Gershwin**  
Saturday, December 6, 2008, 7-11pm  
Sacramento Association of Realtor's Building - 2003 Howe Avenue, Sacramento.

There will be entertainment and dancing at this tie and jacket/cocktail attire event, featuring the Jason Myers Trio performing. Intermission dessert bar and coffee are included in the \$30 tickets, no host bar, proceeds from the evening will benefit the Carmichael Aquatic Center. **Call 481-8904** for further information or tickets.

### Just Like Cats & Dogs by Dave T. Phipps



### ACROSS

- 1 Japanese pond carp
- 4 Mini-plateau
- 8 Comedian Carvey
- 12 Altar affirmative
- 13 Not "fer"
- 14 Shorten a text, maybe
- 15 Part of NIMBY
- 16 Santa's home
- 18 Pie chart alternative
- 20 Square root of IX
- 21 "How clumsy of me"
- 24 Berate
- 28 Crime novelist Donald
- 32 Genealogy chart
- 33 Rage
- 34 Hydroxyl compounds
- 36 About-face from SSW
- 37 Layer
- 39 "Million Dollar Baby" director
- 41 Macho type
- 43 Ogler's look
- 44 Adversary
- 46 Aggressive
- 50 Lefties
- 55 Work unit
- 56 Opening

1	2	3		4	5	6	7		8	9	10	11
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59						60				61		

- stake
- 8 Draw
- 35 Ingredient in ranch dressing?
- 57 Hodgepodge
- 9 Fuss
- 38 Roof beam
- 58 Past
- 10 Zilch
- 40 Distorted
- 59 Bosc or Bartlett
- 11 Consumed
- 42 Japanese drama
- 60 Billboard
- 17 Towel designation
- 45 Grand-scale poetry
- 61 Journal
- 19 Cauldron
- 22 Glazier's sheet
- 47 Ring out
- 23 "To your health"
- 25 "Yes —?"
- 48 Therefore
- 26 Comic Jay
- 27 "Monopoly" card
- 49 Head over heels
- 28 Accompanying
- 50 Enervate
- 29 Canal zone?
- 51 Indivisible
- 30 Appear
- 52 Actress Hagen
- 31 Otherwise
- 53 — Baba
- 54 Peruke

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FICTITIOUS BUSINESS NAME STATEMENT #0810835. Smart Mart Inc., 5140 Fawn Hollow Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Smart Mart" at 8990 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 21, 2008. Publish: November 4, 11, 18, 25, 2008.

SMARTM 81101 11-25-08

FICTITIOUS BUSINESS NAME STATEMENT #0810609. Carlson Enterprises, Inc., 4921 Engle Rd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Carlson Graphix" at 5757 Robertson Ave. #D, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Oct. 14, 2008. Publish: November 4, 11, 18, 25, 2008.

CARLSO 81101 11-25-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00025362-CU-PT-GDS

WHEREAS, Wendy Danae Catalano has filed a petition in this court for a decree changing name of Wendy Danae Catalano to Wendy Danae Ebro. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 5, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 27, 2008.

Shelleyanne W.L. Chang  
Judge of the Superior Court  
Publish: November 4, 11, 18, 25, 2008.

CATALA 81101 11-25-08

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00025024-CU-PT-GDS

WHEREAS, Leslie Dawn Lopez has filed a petition in this court for a decree changing names of Leslie Dawn Lopez to Leslie Dawn Lopez-Martinez; and Tomas Valentin Cervantes to Tomas Jose Raul Martinez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 4, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 21, 2008.

Shelleyanne W.L. Chang  
Judge of the Superior Court  
Publish: November 4, 11, 18, 25, 2008.

LOPEZ 81101 11-25-08

FICTITIOUS BUSINESS NAME STATEMENT #0811204. George Whitney, 4224 Oak Knoll, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Modern Home & Office" at 701 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on Nov. 3, 2008. Publish: November 11, 18, 25, December 2, 2008.

MODERN 81102 12-2-08

FICTITIOUS BUSINESS NAME STATEMENT #0811247. Gospel Outreach Ministries Inc., 421 5th St., Roseville, CA 95610 is doing business under the Fictitious Business Name "Mission Roca de Salvacion" at 7140 Auburn Blvd., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 11, 18, 25, December 2, 2008.

MISSIO 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00026007-CU-PT-GDS

WHEREAS, Tanya-Gaye Evans has filed a petition in this court for a decree changing name of Tanya-Gaye Evans to Tanya-Gaye Biddell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Dec. 17, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 5, 2008.

Loren E. McMaster  
Judge of the Superior Court  
Publish: November 11, 18, 25, December 2, 2008.

EVANS 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00026024-CU-PT-GDS

WHEREAS, Cuc Thi Nguyen has filed a petition in this court for a decree changing name of Cuc Thi Nguyen to Karen Thi McCrea. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on December 17, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 5, 2008.

Loren E. McMaster  
Judge of the Superior Court  
Publish: November 11, 18, 25, December 2, 2008.

NGUYEN 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00025607-CU-PT-GDS

WHEREAS, Kathleen Malia Kennedy has filed a petition in this court for a decree changing name of Kathleen Malia Kennedy to Richard Gordon Kennedy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 10, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 29, 2008.

Shelleyanne W.L. Chang  
Judge of the Superior Court  
Publish: November 11, 18, 25, December 2, 2008.

KENNED 81102 12-2-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00026326-CU-PT-GDS

WHEREAS, Sara Elizabeth Niekarz has filed a petition in this court for a decree changing name of Sara Elizabeth Niekarz to Nolan Sen Noble. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 19, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov.

7, 2008.  
Shelleyanne W.L. Chang  
Judge of the Superior Court  
Publish: November 18, 25, December 2, 9, 2008.

NIEKAR 81103 12-9-08

FICTITIOUS BUSINESS NAME STATEMENT #0811395. Laurence Nicholson, 8141 Fair Oaks Blvd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Linear Care" at 5207 Madison Ave. #D, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on Nov. 10, 2008. Publish: November 25, December 2, 9, 16, 2008.

LINEAR 81104 12-16-08

FICTITIOUS BUSINESS NAME STATEMENT #0811576. Military Briefing Book (limited liability company), 5155 Arden Way #26, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Military Briefing Book" at 5155 Arden Way #26, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Nov. 18, 2008. Publish: November 25, December 2, 9, 16, 2008.

MILITA 81104 12-16-08

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

FILE #0607523

The following persons have abandoned the use of the FICTITIOUS BUSINESS NAME of CLEAR!BLUE, located at 135 N. Old Woodward Ave., Birmingham, MI 48009.

Clear!Blue, LLC, a Michigan limited liability company, 135 N. Old Woodward Ave., Birmingham, MI 48009.

The Fictitious Business Name Statement was filed on June 29, 2006 in the County of Sacramento.

Filed with the Clerk of Sacramento County on Nov. 4, 2008. Publish: November 25, December 2, 9, 2008.

CLEAR! 81104 12-16-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00026638-CU-PT-GDS WHEREAS, Lyubov Denisova has filed a petition in this court for a decree changing name of Lyubov Denisova to Amie Lyubov Denisova. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Dec. 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Nov. 13, 2008.

Shelleyanne W.L. Chang  
Judge of the Superior Court  
Publish: November 25, December 2, 9, 16, 2008.

DENISO 81104 12-16-08



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