

Carmichael Times

Volume 28 Issue 39

www.CarmichaelTimes.com

October 07, 2008

Real Estate Fraud Victims Get More Protection

County to Restructure Planning Commissions and Community Councils

Part of streamlining development services processes for more efficiency, better customer service

Sacramento - As part of the County's effort to streamline processes related to development services, including planning entitlement, environmental review, site plan review and building inspection, the Board of Supervisors approved modifying ordinances on October 30 that directly affect how projects are reviewed by hearing bodies in Sacramento County.

Two planning commissions will merge into one:

Two planning commissions charged with hearing development matters and countywide policy matters such as the General Plan Update, Housing Element and Zoning Code Amendments will merge into a single County Planning Commission.

"It just makes sense to merge the two commissions into one," said Deputy Administrator of Development Services Steven M. Pedretti. "It's more efficient and is a better use of taxpayer dollars."

Merging the commissions will also allow related projects within geographic areas to be heard by one Planning Commission to eliminate confusion. The County Planning Commission will also serve as the Board of Zoning Appeals. The effective date will be December 1, 2008.

Community Councils will change name and be appointed at-large:

The four Community Councils that currently hear development matters in their respective areas will be renamed to "Community Planning Commissions" and will all be appointed at-large.

The proposed change in membership will allow for more flexibility in appointing members. The Board has committed to ensuring that the Councils (Commissions) will be broadly represented from all sectors of each community.

The Community Council/Planning Commission program, launched in 2005, is expected to expand in the future when funding is available. The effective date of the modified Community Council (Community Planning Commission) structure would be January 31, 2009.

At that time, all Community Council (Commission) terms would expire and the Board would have the option of reappointing existing members or appointing new members depending on the circumstances of each Council (Commission). The terms from that time forward will be staggered.



With the collapse of the subprime mortgage industry and subsequent increase in foreclosures, scam artists are taking advantage of homeowners. Law enforcement officials are seeing a rise in real estate fraud.

Senate Bill 1396 – a measure to provide more funding to investigate and prosecute real estate fraud - by Senator Dave Cox was signed into law by the Governor.

"Predators are targeting consumers for their financial gain during these tough economic times. To better protect consumers, I pushed for the passage of this legislation," said Sen. Cox who represents California's 12 Northeastern counties.

Sacramento District Attorney Jan Scully

added, "With Sacramento County having one of the highest foreclosure rates in the nation, distressed homeowners are falling prey to a number of real estate scams. This measure will provide our fraud unit and law enforcement partners the resources to bring these criminals to justice and prevent more victims."

Specifically, Senate Bill 1396 allows county supervisors to increase county real estate document fees from \$2 to \$3. The fund raised will be placed in the Real Estate Fraud Prosecution Trust Fund to combat and prosecute fraud.

The Real Estate Fraud Prosecution Trust Fund was created to support district attorneys

and local law enforcement agencies in determining, investigating, and prosecuting real estate fraud crimes. There has not been a change to the recording fee or to the list of recordable documents that are considered real estate instruments since this law was enacted in 1995.

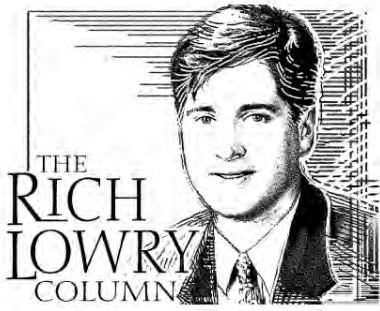
Cox's measure received broad support from various groups including the California District Attorneys Association, the California Bankers Association, local government, local law enforcement, local taxpayer groups and consumer groups.

"Providing district attorneys and law enforcement with adequate resources to fight real estate fraud is essential to protect homeowners," Cox concluded.

Senator Dave Cox represents the residents of the First Senate District, which includes all or portions of Alpine, Amador, Calaveras, El Dorado, Lassen, Placer, Plumas, Modoc, Mono, Nevada, Sacramento and Sierra Counties. Contact his office at 916-651-4001, or via email at senator.cox@sen.ca.gov.

PRESORTED STD.
US POSTAGE
PAID
RANCHO CORDOVA, CA
PERMIT #32

Drinking
Age? - Pg 6



The Shame of the Chiefs

withdrawals the way Mr. Dick in "David Copperfield" is focused on King Charles' head.

When President Bush told Gen. Casey in a trip to Baghdad in June 2006 that "we have to win," Casey replied, "But to win, we have to draw down." It remained his dogged mantra as Baghdad collapsed all around him.

Secretary of Defense Don Rumsfeld had created an environment that valued convenient fictions over hard truths, and the chiefs hoped to muddle through with the Casey strategy so they could rid themselves of the Iraq War, and its strain on the military, as soon as possible.

President Bush had his own revelatory moment when in a meeting with military experts, retired Gen. Jack Keane told him, "We don't have a plan to defeat the insurgency." When Bush set about getting one -- the surge -- he had to do an end run around the chiefs.

He fired Rumsfeld, and replaced Gens. Pace and Abizaid. He kicked Gen. Casey upstairs to Army chief of staff in a foolhardy face-saving gesture. Casey had been pulled from the field in defeat, and a new strategy was implemented that

In his classic book on the Vietnam War, "Dereliction of Duty," H.R. McMaster excoriates the Joint Chiefs of Staff for acceding to President Lyndon Johnson's flawed war plan and his dishonest salesmanship of it. McMaster dubs them "the five silent men."

What adjective best describes the equally shameful conduct of the men of the Joint Chiefs during the Iraq War? "Silent" is the least damning of the possibilities.

In his latest insider account of the Bush administration, "The War Within," Bob Woodward provides a window into the cluelessness of the chiefs and their seeming disinterest in victory that will fascinate and appall students of civil-military relations for decades to come.

In 2006, it had become obvious to almost everyone that we were failing in Iraq, with the exception of top U.S. generals. The general in command on the ground, George Casey, and his immediate superior, the head of U.S. Central Command John Abizaid, were focused on U.S. troop

-- should it succeed -- would expose the folly of his own.

A bizarre multifront battle ensued, with the new commander in Iraq, Gen. David Petraeus, fighting against our enemies with the additional forces of the surge, and CENTCOM and the chiefs fighting against the surge. According to Woodward, "Fallon was determined to challenge the merit of every personnel request."

Keane, a mentor to Petraeus, became a back channel between Bush and Vice President Dick Cheney and the commander in Iraq. Keane warned Cheney, "The Joint Chiefs are more concerned about breaking the Army and Marine Corps than winning the war." When Bush gave Keane a message for Petraeus saying he'd have all the forces needed to succeed, Petraeus replied, "I wish he'd tell CENTCOM and the Pentagon that."

Astonishingly, Chairman Mullen told Keane, "I don't want you going to Iraq anymore and helping Petraeus." Never mind that Petraeus -- who was fighting the war -- found Keane's counsel useful. It took interventions by Bush and Cheney to get Keane cleared again to travel to Iraq.

"Never ascribe to malice, that which can be explained by incompetence," Napoleon supposedly said. In this war, the chiefs have often made that seem a false choice.

Rich Lowry is editor of the National Review.

© 2008 by King Features Synd., Inc.

RT to Begin Monthly Online Chat with Riders

The Sacramento Regional Transit District (RT) will conduct its first live online chat on Friday, October 3, 2008, from noon to 1 p.m. when Mike Wiley, General Manager/CEO, hosts the opening edition of "Transit Talk with the General Manager."

The chat, which will typically occur on the first Friday of each month at www.sacrt.com, will give the public an opportunity to interact directly with Wiley, submit their transit-related questions and receive immediate feedback.

"RT's new online chat is another opportunity to communicate with our riders and to keep them informed," Wiley stated.

The first session will cover general transit questions, with future sessions focused on specific topics, such as the Transit Master Plan. No registration is required to participate and questions will be accepted two hours before the session, up to the conclusion of the chat.

For more information about "Transit Talk with the General Manager," visit www.sacrt.com.

Carmichael Times



Publisher - Paul V. Scholl

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and

written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Sacramento county, \$50 outside Sacramento County. The CT is published weekly. Call 916-773-1111 for more information.

Graphics & Layout: *Clif Edwards*

Advertising Sales: *Perry Hartline • Garry Geer • Yolanda Knaak • Marion Solo*

Member of Carmichael, Citrus Heights, Fair Oaks and Orangevale Chambers of Commerce
To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@americanrivermessenger.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 773-1111.

Carmichael Times is a member of **Messenger Publishing Group**



We are Proud members of these newspaper associations.



VICTORY

PLUMBING-SEWER-DRAIN

Superior Quality...Outstanding Values!

Your Local Plumbing Expert Proudly Serving Sacramento & The Surrounding Areas

Satisfaction...Absolutely!

One Call Delivers:

- Drain Clearing
- Hydro-Jetting
- Irrigation Lines
- Re-Pipes Copper & Pex
- Leak Repairs
- Kennel & Grooming Drains
- Sink & Floor Drains
- Faucets, Fixtures, Tubs, Showers
- Toilets & Urinals
- Grab Bar Installations
- Comfort Height Toilets
- Water Heaters - Gas & Electric
- Tankless Water Heaters
- Ejection Pumps & More

SMALL JOBS & REMODELS WELCOME! • RESIDENTIAL & COMMERCIAL

TRENCHLESS SEWER & WATER LINE SPECIALIST

ALL WORK DONE TO CODE - WRITTEN GUARANTEE

CALL: 916-482-4190

Everyday low prices will save you money!



**Family Owned & Operated
Licensed & Insured**

**Business Hours
Monday - Saturday
7am to 7pm
CA #898985**



victoryplumbing.net

Happy 250th Birthday Noah



Third graders at the Albert Schweitzer Elementary School are starting this new school year with dictionaries given by Carmichael Elks Lodge #2103. Exalted Ruler Shirley Gilmore is shown after she and members of the Lodge gave "Webster's Dictionary for Students" to each student.

What better way is there to celebrate the 250th birthday of Noah Webster on October 16, 2008 than to honor his memory by making sure that American third graders receive his or her own dictionary? It is Noah's Birthday, but the children of America get the presents. Noah Webster's Compendium Dictionary of the English Language was the first dictionary that used distinctly American spellings, pronunciations, and definitions.

He helped to reform elementary education in America and was a major proponent of copyright laws.

The Dictionary Project, founded in 1995 by Mary French of Charleston, South Carolina to furnish dictionaries to all third graders in America, is the vehicle for Carmichael Elks Lodge #2103 to honor Noah's 250th by furnishing dictionaries to third graders in Carmichael's elementary schools. This is the third year the Lodge has

furnished dictionaries free to Carmichael third graders, but this year they have the added incentive to celebrate Noah's 250th birthday. In August the Lodge furnished 700 dictionaries to nine Elementary Schools in Carmichael, including Mary Deterding, Garfield, Mission, Thomas Kelly, Charles Peck, Albert Schweitzer, Starr King, Cameron Ranch, and Coyle Avenue. Kenneth Avenue Elementary is expecting dictionaries from the Grange.

The Dictionary Project puts words into the hands of children so that they can learn to express their thoughts and appreciation for each other and the world in which we live. The importance of using dictionaries in learning language arts is a given and third grade is considered the dividing line between students "learning to read" and "reading to learn." Using the dictionary helps students understand the meanings and other properties of words (such as parts of speech), and helps them build vocabulary and determine

correct spelling and proper usage of words. Independently looking up words in a dictionary cultivates problem solving skills as well as developing language arts.

Exalted Ruler Shirley Gilmore presented the 700 dictionaries during the last week in August to 3rd graders in Carmichael. Assisting ER Shirley were Louise Gorman, Ned and Debbie Fox, Leading Knight Bob Lowe, Treasurer (Momarazzi) Rita Lowe, Barb Kutscher, and PER Larry Stitt.

Happy Birthday Noah !!



Third grade students at the Mission Elementary School are starting this new school year with dictionaries given by Carmichael Elks Lodge #2103. Carmichael Elks Lodge #2103 Exalted Ruler Shirley Gilmore is handing out "Webster's Dictionary for Students" to each third-grader.

For remarkably affordable senior living and care, discover

the Chateau
at Carmichael Park

Call Cheryl to schedule a tour • Redeem for a free gift
(916) 481-7105

TOUR THE COMMUNITY AND RECEIVE A FREE GIFT!



the Chateau
at Carmichael Park

7125 Fair Oaks Blvd.
Carmichael, CA 95608

LIMITED TO ONE COUPON PER FAMILY Expires 12/31/08



www.HankFisherProperties.com



Our wide range of options will be just right for your needs.

Services and amenities available include:

- Some of the area's best-priced independent and assisted senior living
- Residential memory care for seniors with Alzheimer's or memory loss
- Day memory care for non-residents, half- or full-days
- Private studio or one-bedroom apartments in a gated community
- Secured entrance and egress
- Optional meal plans
- Housekeeping
- Social and leisure activities and entertainment
- Opportunities for companionship
- Complimentary transportation and easy access to public transit

POPPOFF!

with Mary Jane Popp

SILENT KILLER

SUPER SIZE IT! Buffet it! Make it bigger, taller, pile it on! That's our American eating mentality, and it shows in our waistslines. Obesity has become an epidemic in our country. So what we have is Heart Disease... the #1 killer of Americans, Cancer...the #1 fear of Americans, and Alzheimer's... the #1 concern of Americans. And what do these devastating diseases have in common? All three have been linked to silent inflammation, a condition that occurs when the body's natural immune response goes awry. Though it usually begins as a defensive reaction to invading viruses and bacteria, this inflammatory response can misfire, sparking a chain reaction of inflammation anywhere in the body. Fueled by obesity, it may continue unchecked for years, assaulting the heart, arteries, and even the brain. As a matter of fact, new research confirms that obesity is a primary cause of silent inflammation and has been linked to today's epidemic rise in heart disease. That from Dr. Barry Sears, who is a Lipid Scientist who studies fats, and has spent his career probing the delicate body chemistry that controls our health and well being. Dr. Sears has authored the #1 New York Times Bestseller "The Zone", and now his latest, "The Omega RX Zone"...The Miracle of the New High-Dose Fish Oil.

As I continued the interview Dr Sears on my "POPPOFF" Radio Show, I tried to defend myself by telling the good Doc that I eat fish. So why do I need to take more fish oil? Dr Sears abruptly congratulated me on eating from the sewer of the sea! Whaaaat!??? He explained that it takes a new generation of fish oil to launch the fight against these diseases. So how is this generation of fish oil different from our old slippery friend? According to Dr. Sears, the fish oil Grandma got down our gullets, and that which is currently sold in health food stores has never been pure enough to use in the great quantities it takes to feel its potential benefits. "High-dose pharmaceutical-grade fish oil will radically change how medicine is practiced in the future. Once it is accepted, we will enter a new era of medical care based primarily on the food we eat, not the drugs we take," he told me emphatically!

So the bottom line here is Dr. Sears claims

King Crossword

Answers

Solution time: 21 mins.

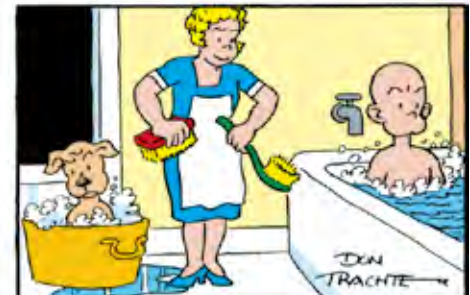
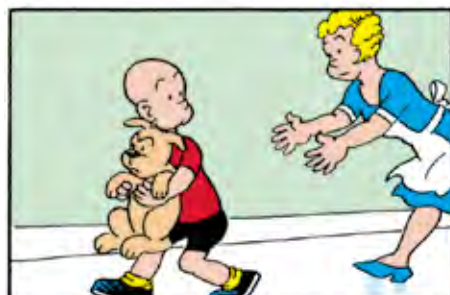
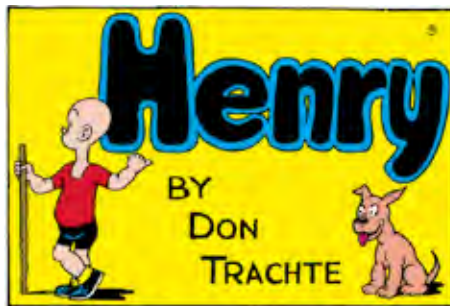
| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | R | E | E | C | A | T | R | S | V | P | | |
| O | I | L | C | L | O | T | H | E | M | I | R | |
| R | O | L | L | O | V | E | R | P | O | L | E | |
| | A | L | E | | I | M | A | G | E | S | | |
| T | R | A | I | L | | I | L | E | S | | | |
| H | O | U | R | | R | O | L | L | T | O | P | |
| E | A | T | | S | E | W | E | D | | P | U | B |
| | R | O | L | L | B | A | R | | M | U | T | E |
| | | L | I | O | N | | H | A | S | T | E | |
| E | R | R | A | T | | P | A | S | | | | |
| R | O | A | M | | R | O | L | L | C | A | L | L |
| G | A | G | A | | D | U | O | L | O | G | U | E |
| O | D | E | S | | S | T | Y | | T | O | G | A |



that pharmaceutical grade fish oil, when taken in appropriate therapeutic doses, has the power to reverse silent inflammation in just thirty days! In his view, it may be "A true miracle cure for the twenty-first Century!" Boy, what a wake-up call this was for me.

If you'd like information on how to find this industrial strength fish oil, the Doc told me he has several places listed in his book "The Omega RX Zone" or you can log on to www.drsears.com or call 800-404-8171. HAPPY FISHING!!!

Check out the "POPPOFF" Radio show Monday thru Friday on AM-950 KAH1 10 AM-Noon and Saturday on AM-1240 KSAC 11 AM-Noon for provocative fast-paced informational and entertaining radio listening!



BUSINESS EXPO 2008

Showcase your products and services at Sunrise Mall

Saturday and Sunday

October 11 & 12, 2008

We'll see YOU at the Expo!



Citrus Heights, California



A Program of the Citrus Heights Chamber of Commerce

EXHIBITORS

- 24 Hour Fitness
- A. Wills Painting
- All Awards
- Bargain Vacations 4 U
- Butterfly Life Women's Fitness
- California Family Fitness
- Century Pools
- Citrus Heights Beauty College
- Citrus Heights Seventh - Day Adventist Church
- City of Citrus Heights
- Class Act Plumbing, Heating & Air, Inc.
- College Funding Advisors
- Costco Wholesale Citrus Heights
- Eskaton Fountainwood Lodge
- Farmers Insurance
- Healthy Homes
- Heritage Community Credit Union
- Hoss Lee Academy
- In Line Chiropractic
- Laser Zone
- Loan Redux
- Mary Kay Cosmetics
- Messenger Publishing Group
- Oak Creek Apartment Homes
- PAPA Construction & Remodel Service, Inc.
- Sacramento Municipal Utility District - SMUD
- Sunrise Recreation & Park District
- The Phoenix Schools
- Tupperware
- United Martial Arts
- US Army Recruiting Station Fair Oaks
- US Bank
- Whole House Fan and Gutter Guard Co.
- Wowzzy.com



Riley Reviews

By Tim Riley

PREPOSTEROUS ACTION RUNS AMOK IN SILLY "EAGLE EYE"

EAGLE EYE (Rated PG-13)

For positive proof that the fertile mind of Steven Spielberg does not always yield fantastic results, look no further than the cinematic disaster that is the quasi-technological thriller "Eagle Eye." Maybe the famed jet-setting director of "Close Encounters of the Third Kind" was spending too much time in London, where surveillance cameras on street corners are more omnipresent than the growing number of unwelcome "red light" traffic cameras popping up around our country. A palpable sense of being watched too carefully may have gripped Spielberg with some sort of dread. But acting as executive producer, at least he turned the concept into a ridiculous popcorn movie.

The thought of us becoming afraid of our cell phones after watching "Eagle Eye" was Spielberg's intended effect as much as he made us scared of going into the ocean after seeing "Jaws." Regrettably, "Eagle Eye" is total lacking this psychological fear factor, because the central premise of this high-octane action farce is that a massive surveillance system run from the bowels of the Pentagon is capable of controlling every phone, TV, camera, traffic signal, aircraft and construction crane in the world. I probably overlooked a few other things, but hopefully you get the idea that "Eagle Eye" is basically science-fiction not even remotely fixed in current reality.

Shia LaBeouf's Jerry Shaw, a slacker working at a Chicago copy store, is suddenly called home for the funeral of his identical twin brother, an Air Force officer killed in an auto accident. Returning to his grubby apartment, Jerry finds \$750,000 in his bank account and enough weapons and bomb-making equipment to associate him with a terrorist cell. A disembodied voice on a cell phone warns him to run or be arrested, and before he can flee, he's taken into custody by the FBI and interrogated by Agent Thomas Morgan (Billy Bob Thornton). Since this movie is an Alfred Hitchcock-type falsely accused man on the run story, Jerry ends up being freed by a swinging construction crane crashing through the window of his holding room.

Meanwhile, single mom Rachel Holloman (Michelle Monaghan) is sending her 8-year-old son, Sam, off on a train from Chicago to Washington, D.C., to play trumpet with his school band at the Kennedy Center. During a rare night out with her pals, Rachel receives an odd call on her cell phone from the same female voice, in which she's instructed to follow orders or her son will die. The threat is

www.CarmichaelTimes.com

made credible because the caller produces images of Sam on a wall of TV screens across the street. Next thing you know, Jerry finds himself sitting in a Porsche next to Rachel, and the two of them are literally off to a competitive race with unseen forces to carry out a series of missions that will implicate them ever more deeply into serious terrorist acts.

Spinning wildly out of control, the plot becomes so unnecessarily complicated and convoluted that the notion of the mysterious caller orchestrating a series of suspicious moves is increasingly laughable. The strangely disembodied voice is able to track their every move, and has seemingly limitless control over their fates. Rational thought makes you wonder how any of this is remotely possible. On a subway train, Jerry gets a call on the cell phone of a sleeping passenger sitting in close proximity. Later on, you marvel at the ability of two novices like Jerry and Rachel managing a holdup of armed guards transporting a briefcase under tight security.

If you're a cinema buff, you might pass the time by counting the inevitable Hitchcock inspirations. All that is missing is a crop duster chasing Jerry and Rachel through a cornfield. But while the great master of suspense played on one's fears with mental tricks, the director of "Eagle Eye," D.J. Caruso (who had better results with "Disturbia"), seems to be auditioning for Jerry Bruckheimer's next monster action picture. After all, Caruso works at a fever pitch to produce a nearly unstoppable run of chases, car crashes, and explosions that leave a long trail of victims. If anything, "Eagle Eye" is a slick production that may lull the most gullible into believing that it is a worthy entertainment. Don't be fooled by this preposterous joke. The only saving grace to this film is the welcome presence of Billy Bob Thornton, amusing as a grizzled veteran unwilling to take crap from anyone.

DVD RELEASE UPDATE

Vintage TV series are increasingly being released on DVD, often with a few bonus features tossed in for good measure. "My Three Sons: Season One, Volume One" is a classic sitcom starring Fred MacMurray as Steve Douglas, an engineer and widower who must deal with the trials and tribulations of raising his three sons - Mike, Robbie and Chip - with the help of their maternal grandfather "Bub" (William Frawley). Guest stars during the show's first season included Dick Van Dyke and Desi Arnaz Jr. Airing over 12 seasons, "My Three Sons" is a beloved iconic series.

QUALITY MAKES A DIFFERENCE

QUALITY MANAGEMENT

50 years under local management and ownership.

QUALITY ASSETS

In 2007, we will complete our 19th consecutive year without any foreclosed properties on our books.

QUALITY SERVICE

Voted the Best Bank in many of our local communities.

SAFE—STRONG—SECURE



EL DORADO SAVINGS BANK

Serving our local communities for 50 years

CARMICHAEL • 4701 Manzanita Ave. • 481-0664

Member
FDIC

eldoradosavings.com



September 18th – November 1st

ARTISAN

T H E A T E R

1901 Del Paso Boulevard, Sacramento

straight talk for teens

The Amethyst Initiative: Should the drinking age be lowered?

by Lauren Forcella

Dear Straight Talk: I am the daughter and granddaughter of alcoholics. As a recovering alcoholic, I haven't had a drink in 21 years. So far, two of my children have the disease of alcoholism. My 16-year-old daughter spent time in a locked-down psych ward for attempted suicide, followed by drug and alcohol treatment. Today she's clean and sober. My 26-year-old son is also sober after a near-deadly battle with alcoholism. The earlier kids start drinking, the greater their chance of becoming alcoholic. Those who don't drink until 21, have almost zero incidence of alcoholism.

There is an initiative afoot to lower the drinking age to 18. Kids genetically predisposed to alcoholism (like mine) will be especially at-risk. Teens already make mistakes — their front brains aren't fully developed until around age 25. Add alcohol, and chaos ensues. For teenagers, the thrill and taboo of alcohol is all too dangerous. Girls get pregnant, boys get violent. How do you and the panel feel about a lower drinking age? — Been there, done that

From Farren, 21: For some countries, drinking at 15 seems to work, but I honestly don't think it could work in the US. Our lifestyle is completely different and most teens don't have adequate self-control. The Amethyst Initiative wants to help colleges save money and avoid lawsuits. I worry about 18-year-olds driving around drunk. Heck, I worry about 18-year-olds voting! My sister says half her senior class is voting for McCain just because Palin — and her pregnant daughter — are sexy!

From Peter, 22: The Amethyst Initiative isn't about colleges washing their hands of responsibility for underage drinking — or lowering the drinking age. It is about opening discussion on the topic, which I think is important. If the drinking age was 18, colleges and high schools would have GOOD alcohol programs. As it is now, colleges can't help someone who is abusing alcohol because they have to 'kick out' students who drink underage. Many college alcohol programs are anonymous, but students worry about getting

in trouble and don't seek help.

From Kendal, 21: As legal adults, 18-year-olds can vote, go to war, drive, smoke, gamble. If Australia and Europe can trust young adults to drink responsibly at 18, shouldn't we? Not necessarily. These countries have long histories of starting kids very young on watered-down wines and such. American kids go from the occasional bitter sip of wine at Thanksgiving to full-blown binge parties. There are as many 18-year-olds in high school as in college. High school partying will only get easier.

From Rachel, 17: Lowering the drinking age will only lower the age of exploration. Right now, kids try alcohol in high school and use regularly in college. With a lower drinking age, kids will use regularly in high school and experiment in middle school.

From Bird, 18: If 18-year-olds can go to war, they should be able to drink. Teenagers have always gotten their hands on alcohol. If the drinking age is lowered it won't be such a forbidden fruit.

From Graham, 15: You've got a point that "the thrill and taboo of alcohol is all too dangerous." But breaking the law only adds to the thrill. If you can fight and die for your country, you should be able to drink in it.

Dear Been there: I'm glad the Amethyst Initiative is bringing attention to the problem of alcohol. The Marin Institute recently estimated that alcohol problems in California, alone, cost \$38 billion a year. I do not support a lower drinking age. The "if-you-can-fight,-vote,-smoke,-gamble,-you-should-be-able-to-drink" argument doesn't hold water because alcohol is a powerfully addictive, intoxicating drug. Lowering the drinking age will only cause alcohol-related problems to start younger. A better solution, guaranteed to lessen alcohol's allure, is for Congress to ban on-air advertising of alcohol products as 'we, the people' did for tobacco products in 1971. It's time.

More panel comments are on the website at www.StraightTalkForTeens.com.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628



God Save the Future Queen

Like seemingly every past presidential candidate in U.S. history -- except George Washington -- Sen. John McCain has vowed to "shake up Washington."

(George Washington refrained from promising to "shake up Washington" on the advice of his politically astute wife, Martha, who thought it would confuse voters if her husband appeared to be running against himself. George agreed and thus the phrase "inside the beltway" was born.)

But unlike previous candidates, McCain has an asset that actually may allow him to fulfill his promise: his running mate, Gov. Sarah Palin.

In an address last June, Palin referred to the Iraq War as a "task that is from God." No big news there. God often informs his servants on Earth when he's ready to wage war.

But another statement makes it clear that Palin has a much tighter relationship with the Almighty than even George W. Bush.

Speaking about the multi-billion dollar Alaskan natural-gas pipeline project, Palin said, "God's will has to be done in unifying people and companies to get that gas line built" -- the first public announcement of God's official position on the project.

Discerning God's will on energy issues, even big ones such as the pipeline, can be difficult, since the Bible offers little direct evidence about the Almighty's agenda, though natural gas company theologians often cite the Second Letter of Peter as providing implicit support.

(Oddly enough, in what is something of a theological conundrum, Satan is also believed to support the pipeline project. While attempts to reach the Prince of Darkness were unsuccessful, sources familiar with the Evil One's thinking say that Satan is "firmly committed" to the pipeline and is even offering help to make sure

the project remains environmentally friendly -- another instance of Satan's "go green" initiative. Detractors point out, however, that he could be lying because, after all, he is the Devil.)

Palin's announcement, however, suggests not a close reading of the Bible, but a direct revelation from God.

No wonder McCain had a gleam in his eye when he said that with Palin's help he was going to change Washington and cut the size of the federal government. Unlike past presidents, he'll be able to call on an ally even more powerful than the lobbyists.

For too long, Republicans and Democrats have been locked in bitter partisan battle, resulting in gridlock.

But gridlock would disappear under Palin's rule. Pronouncing her Doctrine of Vice Presidential Infallibility, Palin would simply supply legislators with God's agenda on everything from health care to offshore drilling. (The Almighty is believed to be heavily in favor of offshore drilling.)

Soon, of course, both Congress and the Supreme Court would become redundant, as would all policy-making bureaucrats. Only those federal employees needed to carry out Palin's -- or God's -- plans would be required.

The only question would be, how long will we persist in insulting Palin with the lowly title of vice president before we drop to our knees and proclaim her as our Sovereign Queen.

In that case, I think all of us would know God's will.

Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to dflood287@comcast.net.

© 2008 King Features Synd., Inc.

Grace Baptist Church

6724 Palm Avenue
Fair Oaks, CA 95628

Pastor Charles Carter

(916) 967-3915

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

Grace Baptist still stands on the Principles, Doctrines and Separation, Found and taught in The Bible

Service Schedules

Sunday Schools (All Ages) 9:45 am

Sunday Worship 11:00 am

Sunday Evening 6:00 pm

Wednesday Evening 7:00 pm

Come and Experience God's Amazing Grace
(Located south of Madison; just east of Dewey)

Call for More Information

Make your child's Birthday a fun event
The Balloon Lady
Twisting Balloon Animals
916.803.7247

FOR PROVEN LEADERSHIP!

Firefighters support D'Elman Clark for Metro Fire Board



Paid Political Advertisement

Paid for by Sacramento Area Firefighters Political Action Committee
Not authorized by a candidate or a committee controlled by a candidate.

CARPET
as low as
\$.59 sq. ft.

BIG BOB'S
FLOORING
OUTLET

SCORE
big SAVINGS
At big bob's!

THE SMARTEST WAY TO BUY YOUR FLOORING!
thousands of yards in stock for immediate installation!

hurry! at these prices our inventory will go fast!
bring your measurements! 12 months SAME AS CASH!

Jon Simas - Manager

BIG BOB'S
FLOORING
OUTLET

License #12223

HOW DO WE KEEP OUR PRICES THIS LOW?
Our buyers live in Dalton, GA where they buy
direct from the major manufacturers, cutting out
the middle man!

6000 AUBURN BLVD. • CITRUS HEIGHTS, CA • 916-728-4000
(between Manzanita & Greenback) • jon@bigbobssacramento.com

GREAT SELECTION! Laminate as low as
\$.79 sq. ft.

Prices starting @ \$.59
24" Porcelain Tile \$1.59

**Ceramic
Tile
Blowout!**

12' Vinyl
As low as
\$.50 sq. ft.

12' Stainmaster
Vinyl flooring
starting @ \$1.10 sq. ft.

62 oz. Dupont Stainmaster
Cable with Freize Twist

**\$2.28
sq. ft.**

**COMPARE
AT
\$2.66!**

38 oz. Wunda Weve
Beautiful Nylon Pattern Berber
\$1.45 sq. ft.

**We will buy back your old carpet
towards your new purchase!**

**Remnants
Priced to
Sell!**

STORE HOURS:
Monday - Friday / 9:00 - 6:00
Saturday 9:00 - 4:00



CHP Reminds Motorists to Secure Precious Cargo

From Officer Lizz Dutton
Public Affairs Officer

Motor vehicle crashes are one of the leading killers in California for children ages 14 years and under, with unrestrained or improperly restrained children being the number one contributing factor.

"You can never be too careful when it comes to protecting your children," said CHP Commissioner Joe Farrow. "The best way to keep your child from becoming a grim statistic is make sure they are properly secured in their safety seat."

According to California Highway Patrol (CHP) statistics, statewide for 2005 to 2007, out of the 148 passenger vehicle occupant fatalities among children under 6 years of age, an estimated 89 (60 percent) were totally unrestrained.

To help combat the problem, the CHP has obtained a \$1 million dollar federal grant from the Office of Traffic Safety. The money will provide the CHP with the means to strengthen its enforcement and education efforts statewide with a combination of seat belt and safety seat usage surveys, in addition to

child passenger safety presentations.

"This grant will help us arm parents and child care providers with valuable information and equipment that can save their child's life," said Commissioner Farrow.

In addition to the 20 check-up events and 125 safety presentations, 25 of which will be to individuals for whom English is a second language, the Statewide Highway Restraint Enforcement Campaign (SHREC) II will provide for safety seats to be distributed to parents whose seats don't measure up to current safety standards. Money from the federal grant will also be used to increase the number of technicians certified by the National Highway Traffic Safety Administration to perform child safety seat inspections at CHP Child Safety Seat Fitting Stations. Check with your local CHP office to find a technician or "fitting station" near you.

"And remember to set a good example for your little one by buckling up yourself," Commissioner Farrow added.

You may report unrestrained children in a motor vehicle to the California Highway Patrol by calling 1-800-TELL CHP.

Preliminary Hearing Held on Del Campo Teen Crash

From Officer Lizz Dutton
Public Affairs Officer

On September 24, 2008, Tyrone Palmer had a preliminary hearing on charges of second degree murder, assault with a deadly weapon, felony hit and run, auto theft and possession of

stolen property. Palmer was held to answer on ALL CHARGES filed by the California Highway Patrol. Palmer remains in custody and has been since his February 2008 arrest. Palmer's next court date is December 4, 2008 at the Sacramento Superior Court.

Carmichael Geranium Society Meeting

The October meeting of the Carmichael Geranium Society is set for Friday, October 10th, from 10:00 AM to noon at the Carmichael Community Clubhouse, 5750 Grant Avenue, Carmichael. Free, open to nonmembers.

Judy Sandkuhle of Sunset Color Nursery in Danville, California (judyb@

sunsetcolornursery.com), will be our featured speaker. She will talk about growing geraniums commercially, and about her expansion into growing specialty varieties and her new mail order business. Soon we can all order geraniums directly from the nursery. On Friday, Judy will bring some of her beautiful plants for sale.

Weekly SUDOKU

by Linda Thistle

Answers on page 10

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | 9 | | | | 6 | |
| | 9 | | | 1 | | 8 | | |
| | | 3 | | | 5 | | 4 | 1 |
| | 8 | | | 7 | | | 3 | |
| 9 | 6 | | 4 | | | 5 | | |
| | | 7 | | | 8 | | | 2 |
| | | 2 | | 3 | | | 5 | |
| 3 | 7 | | 1 | | | 2 | | |
| 1 | | | | 8 | 6 | | | 4 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging

Custom Landscape Design, Installation, Renovation & Maintenance



Bringing TLC to your property.
Bringing personal service to you.

A Nurturing, Full-Service Landscaping Company



Lawnman is a comprehensive landscaping company serving commercial property owners/managers and residential customers in Northern California since 1992. We're founded on the principle that landscaping is primarily a relationship business.

Our customers call Lawnman "the nurturing landscapers."

(916) 739-1420

fax (916) 739-1430

www.lawnman.net



SPOTLIGHT ON HIGH SCHOOLS

Rio Americano High School Band on the Move

Rio Americano Band Boosters

Following in the footsteps of jazz greats from Louis Armstrong to Herbie Hancock, the Rio Americano High School Big Band performed to an enthusiastic audience at the 51st Annual Monterey Jazz Festival, September 19 – 21, 2008. Held every September on the Monterey Fairgrounds site where the Festival was first presented in 1958, the Monterey Jazz Festival is the longest running jazz festival in the world and features the top names in jazz performing on nine stages. "It is a prestigious performance venue for any jazz group," says Rio Americano Band Director Josh Murray. A strong second place finish in the highly competitive Next Generation Festival this past April earned the Rio band a coveted spot at the 51st Annual Monterey Festival.

The Rio Americano band program, under the combined direction of Josh Murray and Max Kiesner, provides high quality music education to over 180 students in four levels of concert band and three jazz ensembles. You can enjoy a fun filled evening of musical entertainment and support this outstanding program by attending the 28th annual Rio Americano Playathon on Friday November 7, 2008. The Playathon is a musical

marathon featuring 17 hours of non-stop music. This amazing event includes performances by all of Rio's award winning jazz and concert bands as well as combos and soloists from the Small Ensemble program. Band students from local middle and elementary schools are invited to attend from 3:30 – 5:45 pm to play along with the Rio Band and enjoy carnival games and refreshments. The community is invited to attend the evening concerts scheduled from 6:00 pm to 9:00 pm. All events take place on the Rio Americano campus located at 4540 American River Drive. The event is free of charge, but tax deductible donations are greatly appreciated. Money raised at the Playathon is used to support Rio's outstanding band program.

For additional information about the Rio Band program contact Josh Murray at 971-7512, jomurray@sanjuan.edu, or visit www.rioband.org.



Pictured from left to right are (Front Row): Elliott Bartlett, Zachary Darf, Zachary Giberson, Kai Ambrose, Levi Saelua, Aniel Dhillon and Band Director Josh Murray. Back Row: Harris Levin, David Nevarez, Scott Buchanan.

Stop by today for your

FREE BRAKE INSPECTION

Of the many parts in your car, light truck or SUV, none are more important than those which make up your braking system. At Les Schwab, we're proud of the brake service we provide our customers. That's why we do it right, and we do it complete. We feel a brake system is only as good as its weakest part.

FREE 25,000 Mile Replacement Warranty on Brake Parts and Labor

WE DO IT RIGHT, WE DO IT COMPLETE!

LES SCHWAB TIRE CENTER

6540 FAIR OAKS BLVD.
CARMICHAEL
(916) 972.7970

TIRE SALE

PASSENGER GREAT BUY!

STARTING AT

29.99

155/80R-13

This is an excellent value on highway and all season radials. Offering a smooth quiet ride and tough steel belt construction.

PICKUP/SUV 351

STARTING AT

94.31

P235/75R-15 B

This low cost all season radial features outlined white letters, a smooth ride and is economically priced.

PASSENGER ECLIPSE

STARTING AT

55.96

P155/80SR-13

A quality all season tire that features the latest in radial design and a 70,000 mile warranty. It's modern tread pattern provides quality handling for increased vehicle safety.

PICKUP/SUV OPEN COUNTRY A/T

STARTING AT

119.99

P205/75R-15 B

The Open Country A/T offers aggressive wet and snow traction for pickups, vans and SUVs. This versatile all terrain radial delivers rugged good looks without compromising handling, ride comfort or on and off road stability.

PRICE

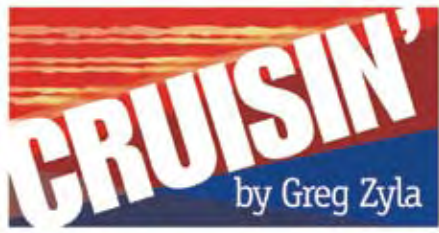
Supermarket pricing provides a price for every budget.

VALUE

Free service & warranty contract with your purchase.

SELECTION

We feature the largest selection of tires in stock that fit your vehicle. Installed today!



GTO Dreams

Q: Greg, please tell us about the legend of the Pontiac GTO. I owned one in my heyday. -- Glenn, New Port Richey, Fla.

A: Glenn, I'd be happy to. The 1964 GTO was the brainchild of the late John DeLorean and his staff engineers, Bill Collins and Russ Gee. As Jim Wangers explains in his book "Glory Days," the trio decided to put a 389 engine in a Pontiac Tempest instead of the tame 326 incher. It was an easy transition, as the engine mounts were the same.

The big hurdle was to get it approved for production, since General Motors had a policy of 10 pounds of vehicle weight per cubic inch maximum. Since the Lemans weighed about 3,500 pounds, the biggest engine allowable would have been a 350 incher. But since the GM approval committee only got involved with new models, they would release the 389 V-8 and GTO as options. (Wangers tells even more secrets in his book, available in bookstores, www.geetotiger.com or by calling 877-588-4687.)

The GTO option RPO382 was an add-on to the base Tempest LeMans, featuring a 389-inch V-8, Hurst three-speed manual, dual exhaust, heavy duty clutch, tweaked suspension and special tires, all for only \$295.90 more. The 389 engine came with 325 horsepower with a single 4-barrel (standard) or a 348-horse option with three 2-barrel carbs for \$92. Add the four-speed gearbox for \$188 and a driving package that included limited-slip differential, metallic brake linings and a heavy-duty radiator for \$75, and you were ready to cruise the boulevard or quarter-mile.

Pontiac hoped to sell 5,000 GTOs in 1964, yet ended up selling a whopping 32,450. More than half a million GTOs were produced during its initial 11 model-year run.

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to gzyla@pntd.net.

© 2008 King Features Synd., Inc.

Weekly SUDOKU

Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 1 | 8 | 9 | 4 | 2 | 7 | 6 | 3 |
| 6 | 9 | 4 | 3 | 1 | 7 | 8 | 2 | 5 |
| 7 | 2 | 3 | 8 | 6 | 5 | 9 | 4 | 1 |
| 2 | 8 | 5 | 6 | 7 | 1 | 4 | 3 | 9 |
| 9 | 6 | 1 | 4 | 2 | 3 | 5 | 8 | 7 |
| 4 | 3 | 7 | 5 | 9 | 8 | 6 | 1 | 2 |
| 8 | 4 | 2 | 7 | 3 | 9 | 1 | 5 | 6 |
| 3 | 7 | 6 | 1 | 5 | 4 | 2 | 9 | 8 |
| 1 | 5 | 9 | 2 | 8 | 6 | 3 | 7 | 4 |

King Crossword

Answers on page 4

ACROSS

- 1 Priceless?
5 Garfield or Heathcliff
8 Invitation letters
12 Waterproof fabric
14 Eastern potentate
15 Reinvest
16 Staff
17 Potent brew
18 Pictures
20 Path
23 — du Vent
24 Session with a shrink
25 Desk type
28 Chow down
29 Stitched up
30 Tavern
32 Race driver's protector
34 Silent
35 MGM emblem
36 Speed
37 Proofreader's finds
40 — de deux
41 Wander
42 Attendance check
47 Head over heels
48 Talk for two
49 Tributes in verse
50 Pigpen

| | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
| 12 | | | | 13 | | | | 14 | | | |
| 15 | | | | | | | | 16 | | | |
| | | | 17 | | | 18 | 19 | | | | |
| 20 | 21 | 22 | | | 23 | | | | | | |
| 24 | | | | 25 | | | | 26 | 27 | | |
| 28 | | | | 29 | | | | 30 | | 31 | |
| | 32 | | 33 | | | | 34 | | | | |
| | | | 35 | | | 36 | | | | | |
| 37 | 38 | 39 | | | | 40 | | | | | |
| 41 | | | | | 42 | 43 | | | 44 | 45 | 46 |
| 47 | | | | | 48 | | | | | | |
| 49 | | | | | 50 | | | 51 | | | |

- 51 Frat-party wear
11 C. in C. contest
13 Lounge about
33 Camels' cousins
19 Pinochle declaration
34 Good-luck critter
20 Commonest English word
36 Corridor
21 Sound from
37 Therefore
35-Across
38 With 39-Down,
22 Car drivers' anger
23 Des Moines denizen
39 See 38-Down
25 Gets back on
40 Tactic
26 Piece of work
43 Chic no more
27 Green shot
44 Past
29 Skirt feature, sometimes
45 Drag along
31 Spelling
46 Meadow

© 2008 King Features Synd., Inc.

Extra Help is Available to Pay for Prescription Drugs

HICAP Counselors will be at the Pannell Meadowview Community Center to assist with sign-ups.

Representatives from HICAP – the Health Insurance Counseling and Advocacy Program – will be available at the Pannell Meadowview Community Center at 2450 Meadowview Road, Sacramento, CA on Monday, October 13, 2008, from (10am – 2pm) to help Medicare beneficiaries sign up for the “extra help” program offered by Medicare.

The program is designed to help Medicare beneficiaries who have limited income and resources pay for prescription drug costs. Who is qualified to receive this “extra help?” Medicare beneficiaries with annual income of up to \$15,600 for single people, or \$21,000 for couples. Eligible individuals can have assets of up to \$11,990 if single, and \$23,970 per couple. Your home and car are not counted as “assets” for this program!

Interested in paying LESS for Medicare Part D Prescriptions? Call (916) 376-8915 now, to schedule an appointment when the HICAP Team comes to the Pannell Meadowview Community Center.

Let HICAP help YOU meet the cost of prescription drug coverage!

Grow the perfect orchid
 Organize a charity drive
 Own a small dress shop
 Meditate in the mountains
 Never cook again
 Volunteer to read for the blind

Life's a journey. For part of it, your parents take care of you. For another part, you return the favor. When the time comes, we can help. Mostly, by making sure to honor your parents for a life well lived. If you need it, check out our Alzheimer's and Dementia care with revolutionary Snoeselen therapy. Call 916-972-1313 or go to aegisliving.com.

ASSISTED LIVING & MEMORY CARE

Aegis Living

We're the people who make life better.

We are a pet-friendly community!

ÆGIS OF CARMICHAEL 4050 WALNUT AVE. 916.972.1313

RCFE # 347001686

Regional Transit Master Plan



Creating A New Transit Vision...Together



Over the last six months, the Sacramento Regional Transit District (RT) received valuable input from over 2,000 community members who agree that the vision for the Sacramento region includes a high quality and high frequency transit system. Now, RT needs your input to determine how we can fund future transit services and improvement projects that were identified as important to the region.

Please join us at a community workshop as we work together to make decisions about transportation investment priorities. You will have the opportunity to participate in an interactive exercise that will shape the future of transit in the Sacramento region.

Rusch Park Auditorium

7801 Auburn Boulevard, Citrus Heights
Thursday, October 9
6 p.m. to 7:30 p.m.

City of Rancho Cordova

American River North Room
2729 Prospect Park Drive
Wednesday, October 15
6 p.m. to 7:30 p.m.

Samuel Pannell Meadowview Community Center

2450 Meadowview Road, Sacramento
Tuesday, October 21
6 p.m. to 7:30 p.m.

City of Folsom Community Center

52 Natoma Street
Thursday, October 23
6 p.m. to 7:30 p.m.

South Natomas Community Center

2921 Truxel Road, Sacramento
Tuesday, October 28
6 p.m. to 7:30 p.m.

Tsakopoulos Library Galleria

East Meeting Room
828 I Street, Sacramento
Thursday, October 30
5 p.m. to 6:30 p.m.

Carmichael Park Community Clubhouse

5750 Grant Avenue
Thursday, November 6
6 p.m. to 7:30 p.m.

City of Elk Grove Council Chambers

8400 Laguna Palms Way
Thursday, November 13
6 p.m. to 7:30 p.m.

Refreshments will be served. To RSVP, call 916-556-0302 or e-mail rspv@sacrt.com. Reservations are not required, but are encouraged. For more information or to fill out an online survey, visit www.sacrt.com and click on the TMP logo.

If you need special assistance to participate in the meetings, please call 916-556-0302. RT will provide meeting materials in alternative formats or make arrangements for sign language interpreters and sighted guides upon request. Notification at least 72 hours before the meeting will allow RT to make reasonable arrangements to ensure accessibility to the meetings.

Regional Transit

Moving You Forward

Pet of the Week: Blackjack

Animal ID#: A479397

Blackjack is a big 10-month-old puppy. He weighs 65 to 75 pounds and still has a little more to grow. He is a very excited dog and wants to play for hours and hours. After he exercises and gets all his extra energy out he is a remarkably calm and well-behaved dog for his age. He has had a small amount of training and knows the command sit and he is great on a leash, but he is a puppy and more training wouldn't hurt. Blackjack loves cats and other dogs and would be a great addition to a family that already has pets. Blackjack needs active owners that will have the time to play with him and give him the exercise he needs. He has been waiting to be adopted since Sept. 13 and would love to go home with you, so visit Blackjack today to see if he is the dog you have always been looking for.

To see Blackjack or other adoptable animals visit:

Sacramento County Animal Shelter
4290 Bradshaw Rd, Sacramento, Ca 95827
Open Tuesday – Saturday, and the first Sunday of every month.

Offices open at 8:00 a.m. and Kennels are open to the public at 10:00 a.m.



Visit us on the web to view pets online and learn more about our animals, services and programs at: www.sacountyshelter.net.
(916) 368-7387 (PETS)

AKC Registered Cocker Spaniel Puppies

www.PuppyFind.com



10 weeks, triparti (black, brown & white).
Champion lines, show quality.
Males and females available - \$400 to \$600, Carmichael area.
All shots/wormed/tails docked/dewclaws removed; ready for loving homes.
Photos on puppyfind.com, do location search on CA, or call for appointment to see Meghan, Casper, Jasper, Nightshade & Bluebell.
Call Julia, 548-4910.

KAISER PERMANENTE Proudly Presents



Over \$5,000 in Prizes!

Sacramento's Newest, Most Fun,
Most Outrageous & Bodacious Kid & Family Running/Walking Event:
October 12, 2008 - 8:15 am Hagan Park, Rancho Cordova

- Free for Kids 12 & under! Adults are welcome too! - Special low entry for teens & first-time adults! - Tons of awards, prizes, & awesome food!
- Kids chase the "Veggies" for fun & prizes! - 5k, mile & shorter kid's runs! - Cool course thru Soil Born Farm & the American River Pkwy!

For Questions, Volunteer or Sponsorship Opportunities
Email: veggiechase@aol.com

WWW.VEGGIECHASE.COM



Title Sponsor:
KAISER PERMANENTE thrive

FICTITIOUSBUSINESSNAME STATEMENT #0809451. William T. Avenell, 5001 Teichert Ave., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Tom Avenell Management Company" at 5001 Teichert Ave., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on Sept. 9, 2008. Publish: September 16, 23, 30, October 7, 2008. TOMAVE 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00021286-CU-PT-GDS

WHEREAS, Clem B. Westerman and Pamela D. Westerman have filed a petition in this court for a decree changing name of Skylar Edward Westerman-Redinbaugh to Skylar Benjamin Westerman. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Oct. 22, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Loren E. McMaster Judge of the Superior Court Publish: September 16, 23, 30, October 7, 2008. WESTER 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00021335-CU-PT-GDS

WHEREAS, Corey Dean Catalano has filed a petition in this court for a decree changing name of Corey Dean Catalano to Corey Dean Ebro. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 16, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed

in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 16, 23, 30, October 7, 2008. CATALA 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00021411-CU-PT-GDS

WHEREAS, Desiree Pryor has filed a petition in this court for a decree changing name of Mersades Gloria Nasca to Mersades Gloria Pryor. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 21, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 8, 2008.

Loren E. McMaster Judge of the Superior Court Publish: September 16, 23, 30, October 7, 2008. PRYOR 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00021271PT-GDS

WHEREAS, Natasha Christine Mischke has filed a petition in this court for a decree changing name of Natasha Christine Mischke to Tina Christine Mischke. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 21, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Loren E. McMaster

Judge of the Superior Court Publish: September 16, 23, 30, October 7, 2008.

MISCHK 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00021303-CU-PT-GDS

WHEREAS, Alice May Thompson has filed a petition in this court for a decree changing name of Alice May Thompson to Alice May Ginosar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 28, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Loren E. McMaster Judge of the Superior Court Publish: September 16, 23, 30, October 7, 2008. THOMPS 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020292-CU-PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition in this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008.

Loren E. McMaster Judge of the Superior Court Publish: September 16, 23, 30, October 7, 2008.

BARMES 80902 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO PETITION FOR PROBATE OF WILL and LETTERS TESTAMENTARY PETITION TO ADMINISTER ESTATE #34-2008-00019848-PR-LA-FRC

re: the ESTATE OF: MARIA GLORIA LOVELL, decedent.

A Petition will be held at 9 a.m. on Oct. 22, 2008 in Dept. 129, located at 3341 Power Inn Road, Sacramento, CA 95826.

Publication will be in the Carmichael Times Newspaper. 2. Petitioner: Richard A. Lovell

2a. Decedent's will and codicils, if any, be admitted to probate. 2b. Richard A. Lovell be appointed executor.

c. Full authority be granted to administer under the Independent Administration of Estates Act

d. Bond not be required for the reasons stated in item 3d.

3a. Decedent died on June 22, 2008, a resident of Sacramento County.

3b. Street address, city, and county of decedent's residence at time of death: 4704 Heatherbrae Circle, Sacramento County, CA 95842.

Estimated value of the estate for filing fee purposes: At least \$250,000 and less than \$500,000.

4a. Decedent died on January 25, 2008 at Sacramento, CA.

a1. a resident of the county named above. Street address, city, and county of decedent's residence at time of death: 3349 Irvindale Way, Antelope, CA 95843, Sacramento County.

c. Character and estimated value of the property of the estate: (1) personal property, \$500.00; (3) Subtotal: \$500.00; (4) Gross fair market value of real property: \$190,000.00; (5) (Less) Encumbrances: \$29,000.00; (6) Net value of real property: \$161,000.00; (7) Total: \$161,500.00.

d. (1) Will waives bond. e. Copy of decedent's will dated: June 17, 1999.

F1a. Proposed executor is named as executor in the will and consents to act.

c. Petitioner is related to the decedent as: Son.

3g1. Proposed personal representative is a resident of California.

a. Decedent's will does not preclude administration of this estate under the Independent Administration of Estates Act.

5a1. The decedent is survived by spouse.

a(4) No registered domestic partner.

a(5) Child as follows: natural or adopted.

Listed below are the names, relationships to decedent, ages, and addresses, so far as known to or reasonably ascertainable by petitioner, of (1) all persons mentioned in decedent's will or any codicil, whether living or deceased; (2) all persons named or checked in items 2, 6, 7, and 8; and (3) all beneficiaries of a trust named in decedent's will or any codicil in which the trustee and personal representative are the same person.

Name, age, address and relationship to decedent: Herbert Wendell Lovell, son, 41, 4825 Kingbird Way, Sacramento, CA 95842;

Richard Alberto Lovell, son, 42, 5100 Oak Point Way, Fair Oaks, CA 95628; Mark Antonio Lovell, son, 43, 2340 Fair Oaks Blvd. #191, Sacramento, CA 95842; Jose Figueroa-Mercado, spouse, 68, 4704 Heatherbrae Circle, Sacramento, CA 95842.

Dated: Aug. 20, 2008. Publish: September 30, October 7, 14, 21, 2008.

LOVELL 80905 10-14-08

FICTITIOUSBUSINESSNAME STATEMENT #0809962. Unilab Corporation (Deleware), 3 Giralde Farms, Madison, NJ 07940 is doing business under the Fictitious Business Name "Quest Diagnostics" at 3714 Northgate Blvd., Sacramento, CA 95834. Filed with the Clerk of Sacramento County on Sept. 23, 2008. Publish: September 30, October 7, 14, 21, 2008. QUESTD 80905 10-21-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-0002-CU-PT-GDS

WHEREAS, Iquo E. Onofiok has filed a petition in this court for a decree changing name of Iquo Eka Onofiok to Ekama Iquo Onofiok. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 5, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 23,

2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 30, October 7, 14, 21, 2008.

ONOFIO 80905 10-21-08

FICTITIOUSBUSINESSNAME STATEMENT #0810210. Lisa Nicole Sweeney, 2500 La France Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "ASAP Print Solutions" at 3600 Madison Ave. #51-B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on Oct. 2, 2008. Publish: October 7, 14, 21, 28, 2008.

ASAPPR 81001 10-28-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00016631-CU-PT-GDS

WHEREAS, Dolores E. Hale has filed a petition in this court for a decree changing name of Dolores Eleanor Hale to Deja Hayden Hale. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 13, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 30, 2008.

Loren E. McMaster Judge of the Superior Court Publish: October 7, 14, 21, 28, 2008.

HALE 81001 10-28-08

WHEREAS, Iquo E. Onofiok has filed a petition in this court for a decree changing name of Iquo Eka Onofiok to Ekama Iquo Onofiok. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 5, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 23,

2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 30, October 7, 14, 21, 2008.

LOVELL 80905 10-14-08

FICTITIOUSBUSINESSNAME STATEMENT #0809962. Unilab Corporation (Deleware), 3 Giralde Farms, Madison, NJ 07940 is doing business under the Fictitious Business Name "Quest Diagnostics" at 3714 Northgate Blvd., Sacramento, CA 95834. Filed with the Clerk of Sacramento County on Sept. 23, 2008. Publish: September 30, October 7, 14, 21, 2008. QUESTD 80905 10-21-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-0002-CU-PT-GDS

WHEREAS, Iquo E. Onofiok has filed a petition in this court for a decree changing name of Iquo Eka Onofiok to Ekama Iquo Onofiok. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 5, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 23,

2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 30, October 7, 14, 21, 2008.

LOVELL 80905 10-14-08

FICTITIOUSBUSINESSNAME STATEMENT #0810210. Lisa Nicole Sweeney, 2500 La France Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "ASAP Print Solutions" at 3600 Madison Ave. #51-B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on Oct. 2, 2008. Publish: October 7, 14, 21, 28, 2008.

ASAPPR 81001 10-28-08

Carmichael Times



Messenger Publishing Group is seeking an independent sales agent to generate advertising sales for our local newspaper. This is a part-time, extra income opportunity that you can work at from your home. Become part of a growing newspaper that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.

To apply, call 773-1111 and send an email to publisher@mpg8.com.



CLASSIFIED



Adoption

PREGNANT? CONSIDERING ADOPTION? Talk with caring agency specializing in matching Birthmothers with Families nationwide. Living Expenses Paid. Call 24/7 Abby's One True Gift Adoptions. 1-866-459-3369. (Cal-SCAN)

Adult / Elder Care

Special 50% Off 1st Month Care Private & Semi private rooms. For more info call 916-721-4721(ARM-M)

Experienced caregiver for elderly. 24-hour care; healthy nutritious meals; reasonable rates. In Fair Oaks - room in comfortable home. Call 916-536-0701 (ARM)

Auto Donation

Donate A Car Today To Help Children And Their Families Suffering From Cancer. Free Towing. Tax Deductible. Children's Cancer Fund of America, Inc. www.cfoa.org 1-800-469-8593 (NANI)

DONATE A CAR-HELP CHILDREN FIGHTING DIABETES. Fast, Free Towing. Call 7 days/week. Non-runners OK. Tax Deductible. Call Juvenile Diabetes Research Foundation 1-800-578-0408 (NANI)

DONATE YOUR CAR-HELP DISABLED CHILDREN WITH CAMP AND EDUCATION. Quickest Towing. Non-Runners/Title Problems OK. Free Vacation/Cruise Voucher. Special Kids Fund 1-866-488-3865. (NANI)

DONATE VEHICLE: RECEIVE \$1000 Grocery Coupons, Your Choice. Noah's Arc, No Kill Animal Shelters. Advanced Veterinary Treatments. Free Towing, IRS Tax Deduction. Non-Runners. 1-866-912-GIVE. (Cal-SCAN)

DONATE YOUR CAR...To The Cancer Fund of America. Help Those Suffering With Cancer Today. Free Towing and Tax deductible. 1-800-835-9372 www.cfoa.org (NANI)

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. Call 1-800-252-0615.(Cal-SCAN)

Autos For Sale

\$500! Police Impounds!!!! Hondas / Chevys / Jeeps & More! Cars from \$500! For Listings 800-773-2204 (NANIG)

1985 Chevy 3/4-ton-20 series-350 motor. No major dents. GREAT work vehicle for contractor, etc. Needs smog and registration. Handicapped wife can no longer drive it (too hard to climb up). \$700 or trade for smaller vehicle she can get in to. Call Dan at 532-2113. (ARM)



www.CarmichaelTimes.com

Beauty

Braids & Weaves 24/7 Specialists in Dry Hair, Problems, Braiding/Weaving Tracks - \$15 Press/Curl \$45-\$65 LOC/Appt 821-8888. Now Hiring (ARM-M)

KING of CURLS Specializing in Dry Hair Problems. All Braiding & Weaving Designs.Tracks, Press / Curls. 4751 Freeport Blvd: 800-722-8944 5320 Auburn Blvd: 916-736-0808 (ARM-M)

Business Opportunities

ABSOLUTELY RECESSION PROOF! Do You Earn \$800 in a Day? Your Own Local Vending Route Includes 30 Machines and Candy for \$9,995. MultiVend LLC, 1-888-625-2405. (Cal-SCAN)

OWN A RECESSION Proof Business.Established accounts with the average owner earning over \$200k a year call 24/7 1-866-622-8892 Code 305 (NANI)

RED BULL, MONSTER, 5 HOUR ENERGY DRINK ROUTES. National Accounts Available. Profit Potential \$40K-\$400K Yearly! Call 24/7 1-888-428-5392 (NANI)

Are you tired of... Other people making it big while you work more and more just to stay caught up with your bills? Spiraling costs and debts?

Your business owning you rather than you owning it? Never having the freedom to enjoy the fruits of your labor? Improve life's journey with an unequalled business opportunity, and product that improves everybody's health. For information how to become a part of one of the fastest growing company call 916-205-8118. (Serious enquires only) (ARM)

SPORTS MINDED Successful Entrepreneur seeks Self-starter, must be \$\$\$ Motivated, Team Player, ready to produce Health & Wealth NOW! 1-800-221-8429. (Cal-SCAN)

WANT TO EARN \$1K - \$5K PER WEEK? GUARANTEED ACCTS. SAFE INVESTMENT! MONEY BACK GUARANTEE. 100 YEAR OLD INDUSTRY. 800-896-2492 CALL 24 HRS/7 DAYS. (NANI)

WEEKLY PAYCHECK Possible from Home mailing our mortgage product postcards. References Available. No Advertising Required. Materials provided. No Gimmicks. 877-774-9295 (NANI)

Earn up to \$500 weekly Assembling angel pins in the comfort of your own home. No experience required. Call 813-699-4038 or 813-425-4361 or Visit www.angelpin.net (NANI)

HOTTEST ENERGY DRINK Route Available. \$40K-\$400K Profit Potential Yearly! Turn Key Established National Accounts. Call 24/7 1-888-428-5392 Code 304. Minimum Investment Required! (Cal-SCAN)

INSURANCE INSPECTORS/REPORTERS: Advanced Field Services seeks individuals to

complete residential insurance inspections in California. For more information and to apply visit: www.AFSWeb.com/careers (Cal-SCAN)

Do you dream of owning your own business? Pre-Paid Legal Services, Inc. is a publicly traded company on the NYSE and is expanding its services in your area. Full-time/part-time marketing opportunities available. For more information on how to become an Independent Associate of this fascinating company or if you would like to know more about our legal service plans, call today! Tony Lamm, Independent Associate, at 916-773-1421. (ARM)

Computers

Computer Care Complete PC Care and Maintenance Installs, upgrades, virus removal, wireless. Affordable prices- Same-Day Service. Call Todd 916-529-5954 (ARM)

GET A NEW COMPUTER Brand Name laptops & desktops Bad or NO Credit - no Problem Smallest weekly payments avail. Its yours NOW - 800-932-3721 (NANI)

A NEW COMPUTER NOW! Brand Name Bad or NO Credit - No Problem Smallest weekly payments avail. Call NOW 800-804-5010 (NANI)

GET A NEW COMPUTER Brand Name laptops & desktops Bad or NO Credit - No Problem Smallest weekly payments avail. Its yours NOW. Call 1-800-804-7689 (SWAN)

A NEW COMPUTER NOW! Brand Name Bad or NO Credit - No Problem Smallest weekly payments avail. Call NOW 1-800-640-0656 (NANI)

GET A NEW COMPUTER Brand Name laptops & desktops Bad or NO Credit- No Problem Smallest weekly payments avail. Its yours NOW 1- 800-804-7475 (NANI)

Construction

All Types of Construction - kitchen & bath remodels, new construction, roofing, decks, fencing, dual pane replacement windows. Free estimates Lic# 830054 (916) 335-1325 (ARM)

TRI US CONSTRUCTION Build new homes, additions and remodeling. Over 30 years experience, bonded and insured. Phone number 530-330-0185 Lic. # 476884 (ARM)

DayCare

Peña Family Daycare - Small in home family care. Clean and Safe environment. Nutritional snacks and meals provided. Preschool like setting. (916) 972-1540 www.penafamilydaycare.com (ARM)

Elder Care

PROVIDING PERSONAL CARE w/love and dignity. Rooms available Call 916-721-4721~ (ARM)

Fencing

Affordable Fencing Redwood

specialist.Dedicated on timeservice. Lifetime steel post. Senior discount. Lic. 742683 916-773-1350 (ARM-P)

Sierra Pacific Fence, Fences, decks, Retaining Walls 100% neighborhood discounts XLNT prices Free estimates 483-1883 License 606100 (ARM)

Financial / Money to Loan

Homeowners Don't Short Sell Your Home as a first option. A home can generate \$2,600,000 of tax-free income. Let me help you create additional income & front page 1040 deductions BK/CR 916-868-1041 (ARM-B)

BURIED IN CREDIT CARD DEBT? Stressed out and Concerned About Your Future? Stop the harassment! Call and get Help Now! 1-800-644-4347 (NANI)

Real People helping Good People find Real Debt Solutions! Linda Findley 916-300-0611 lafindley@team72goodcredit.com (ARM)

DESTROY YOUR DEBT! Too many Credit Card Bills? We can help! Call now for FREE, no obligation consultation! 1-800-390-2470 (NANI)

\$\$\$ ACCESS LAWSUIT CASH NOW!!! As seen on TV. Injury Lawsuit Dragging? Need \$500-\$500,000++ within 24/hrs after approval? Compare our lower rates. APPLY NOW 1-866-386-3692 (NANI)

GET FAST CASH! 24/7! Instant pre-approval by phone.Bad Credit OK. No faxing.Cash in 24hrs. Apply now!1-800-354-6612 (NANI)

Are You Drowning in Debt? Financially Stressed Out? We can save you thousands & Stop the Harassment! Get Help Now with a FREE Consultation! Call 1-888-246-2304 (NANI)

TOO MANY BILLS? Pay off your debts up to 50-80% off. One low affordable monthly payment. 98% Approval Rate. 1-866-608-BILL (2455) Visit www.paylessolutions.com (NANI)

\$\$\$CASH\$\$\$ Immediate Cash for Structured Settlements, Annuities, Lawsuits, Inheritances, Mortgage Notes & Cash Flows. J.G.Wentworth #1 1-(800)794-7310 (NANI)

STOP YOUR DEBT INSANITY Full service solution for credit nightmares. Mortgage Arbitration. Credit Repair. Debt Stlmt. 916-300-0611 (ARM)

\$\$\$ GET LAWSUIT CASH NOW- Oasis Legal Finance #1 See us on TV Fastest Cash Advances on injury cases-within 24/hrs. Owe nothing if you lose your case APPLY FREE CALL NOW 1-866-353-9959 (NANI)

\$\$\$ CASH FAST \$\$\$ Fast Cash Advances Against Inheritances, Lawsuits, Structured Settlements, Annuities, Lotteries, and Military & Regular Pensions. (No VA or WC) Call Now 1-877-726-6639. www.1-877-72-MONEY.com (Cal-SCAN)

Need Cash Quickly?? \$\$\$\$ Stay

at home and make money. Best Program FREE Video Go to www.FREEDOM51.com

Want To Earn \$1K - \$5K Per Week? Safe Investment. Money Back Guarantee!! 100 Year Old Industry. 800-896-2492 Call 24/7 (NANI)

Reverse Mortgages If you are a senior citizen, you have no doubt heard of a reverse mortgage. For ALL of the information and none of the obligation, call Len Lamb at 728-6653. (ARM)

For Rent / Lease

1,000 sq. ft. commercial warehouse with small office. Lease or mo. to mo. \$650.00. Easy frwy access I-80 @ Madison. Call Lisa (916)331-0840. (ARM)

Ex Suites @1.50 SF Carmichael, 144 / 276 SF Sec Entry, Cov Parking, 916-483-5044 (ARM)

For Sale

SAWMILLS FROM ONLY \$2,990 --Convert your Logs to Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.NorwoodSawmills.com/500A -Free Information: 1-800-578-1363 x300-N. (Cal-SCAN)

We Buy Gold, Silver and Platinum Jewelry! -Get paid cash within 24 hours for your jewelry. No cost, instant cash, insured shipping. Please call 1-877-GOLD-019 or www.cash4gold (NANI)

GIGANTIC MIRRORS. Jobsite leftovers, 48"x100"x1/4" (15), \$99/each. 72"x100"x1/4" (11), \$145/each. 72"x50"x1/4" w/1" Bevel, \$115/each. 84"x60" w/1" Bevel, \$135/each. Free delivery. Installation available. A & J Wholesale, 800-473-0619.(NANI)

Electric Wheelchair Jazzy/1121 Brand new batteries - custom footguards - cane holder - basket - metallic blue. New \$5,700 - Sacrifice \$1,450 obo - Cash Only Please - (916) 488-4154 (ARM)

Kawai upright piano and bench, used, excellent condition, oak finish. \$3000 Call: 916-988-2927 (ARM)

Health and Beauty

DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95.No Prescription needed. Free Shipping! 1-800-627-7896 ext. 809 (NANI)

Look Younger in Less Than a Day! www.hydratedskin.com then call 916-988-3027 ask for a Free Sample (ARM)

DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed. Free Shipping! 1-800-627-7896 ext. 808 (NANI)

Health Insurance

Affordable Health Benefits from \$117.00 Individuals / \$419.00 FamilyDoctors, Hospitalization, ER, Critical Illness, \$10 Generic, Dental, Vision, Lens & Frames \$8

up. Guaranteed Issue. 1-888-508-5470 (SWAN)

Heating & Air

Christopher's Heat & Air Low Rates, Quality Service Heat & Home Repairs 223-1744 (ARM-M)

AC Repair Low Prices 487-4609 (ARM)

Help Wanted

AWESOME TRAVEL JOB!! Over 18? Join our travelling sales team! Great earning potential. 2 weeks paid training. Lodging, transportation provided. Return guaranteed. Call 1-877-646-5050. (Cal-SCAN)

POST OFFICE NOW HIRING. Avg. pay \$20/hr or \$57k/yr including Federal Benefits and OT.Placed by adSource not aff.w/ USPS who hires.1-866-574-4775 (SWAN)

\$\$\$19 PEOPLE WANTED\$\$\$ \$1,200-\$4,400 Weekly Working from Home Assembling Information packets. No Experience Necessary! Start Immediately! FREE Information 24hrs. CALL NOW! 1-888-248-1359 (Dept.75) (NANI)

Movie Extras/Models Needed! Earn \$200-\$400 per day. No Experience Required. PT/FT. All Looks and Ages Needed. Call Now!! 1-800-605-6851(NANI)

ARIZONA DEPT. OF ECONOMIC SECURITY seeking applicants for Child Protective Service Unit Supervisor, Bullhead City, Arizona. To apply, visit www.AZStateJobs.gov Click Search for Jobs, type keyword DES, select job title above. EOE. Persons with disability may request reasonable accommodation at 602-271-9596 or request alternative format: TTY/ TDD 7-1-1. (Cal-SCAN)

ELECTRICAL APPRENTICESHIPS. Openings in all aspects of electrical work. Paid training, benefits, and advancement opportunities. High school grads ages 17-34. Paid relocation expenses. Call 1-800-345-6289. (Cal-SCAN)

POLICE OFFICERS: Earn up to a \$20,000 bonus. Train to protect your fellow Soldiers. Be a leader in the Army National Guard. 1-800-GO-GUARD.com/police (Cal-SCAN)

TRUCK DRIVERS: CDL training. Up to \$20,000 bonus. Accelerate your career as a soldier. Drive out terrorism by keeping the Army National Guard supplied. 1-800-GO-GUARD.com/truck (Cal-SCAN)

ENGINEERING AID/ CONSTRUCTION. Conduct surveys for roads, airfields and pipelines. No experience necessary. One semester Trig. Navy Reserve has openings. Work one weekend a month + two weeks a year. Excellent benefits pkg. + salary. Call 1-800-345-NAVY. (Cal-SCAN)

FIREFIGHTER & EMT. Paid on-the-job training for H.S. grads. Must be physically fit and under age 34. Good pay/benefits. Paid relocation. Call 1-800-345-6289. (Cal-SCAN)

MECHANICS: Up to \$20,000 bonus. Keep the Army National Guard Rolling. Fix Humvees,



CLASSIFIED



Strykers, etc. Expand your skills through career training. Be a soldier. 1-800-GO-GUARD.com/mechanic (Cal-SCAN)

WYOMING: 3/32" MIG Welders-\$26.00/hr, Code Shop Fabricators/Welders- \$27.50/hr. CALIFORNIA: Sheet Metal Mechanics- \$27.00/hr, Riggers & Outside Machinist-\$24.00/hr. HAWAII: Structural Welders- \$24.00/hr. 615-473-3415, 757-438-2540. (Cal-SCAN)

LOAN OFFICER OPPORTUNITY. US Home Funding seeks licensed loan officers to work from home. Strong support, Excellent commissions. Phone: 800-788-4498. Fax: 866-255-3371 or email: hr@ushomefunding.com (Cal-SCAN)

\$\$\$HELP WANTED\$\$\$ Earn Extra income assembling CD cases from Home. No Experience necessary. CALL OUR LIVE OPERATORS NOW! 1-800-267-3944 Ext 104 www.easywork-greatpay.com unavailible (MD,WI,SD,ND) (NANI)

Local Movie Extras Needed Have Fun & Make Up to \$300 Per Day NO Experience Needed! NO Fee to Register GO TO a www.TalentHunter.com (NANI)

SALES. Seeking Business minded Marketing rep's, New Technology/ Globally, Training available, F/PT, Residual Income, Commission, Fax Resume 916.910.2002 (ARM)

SECRET SHOPPERS NEEDED IMMEDIATELY For Store Evaluations. Local Stores, Restaurants, & Theaters. Training Provided, Flexible Hours. Assignments Available NOW!! 1-800-585-9024 ext. 6262 (NANI)

We are seeking dynamic customer service oriented individuals with great communications and typing skills needed to work on behalf of our company this service representative will earn up to \$3000 monthly any job experience needed. Email at danelopez1980@yahoo.com if interested (ARM)

Wanted: 29 Serious People to Work From Home using a computer. Up to \$1,500-\$5,000 PT/FT www.REBvision.com (ARM)

PART TIME JOBS. The Navy Reserve has part-time jobs for one weekend each month + two weeks a year. Ages 18-39, w/wo prior military service. Call 1-800-345-NAVY. (Cal-SCAN)

JOBS, JOBS, JOBS! California Army National Guard. No Experience. Will pay to train. High School Jr/ Sr & Grads/ Non- Grads/ GED. May qualify for \$20,000 BONUS. 1800GoGuard.com/careers (Cal-SCAN)

Mystery Shoppers earn summer gas money. Up to 150\$/day. Undercover shoppers needed to judge retail and dining establishments. Exp not req. 800-742-6941(NANI)

DATA ENTRY PROCESSORS NEEDED! Earn \$3,500 - \$5,000 Weekly Working from Home! Guaranteed Paychecks! No Experience Necessary! Positions

Available Today! Register Online Now! www.DataPositions.com (NANI)

HAIR STYLIST NEEDED — We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele following—low booth rent, move-in specials. Call 916-481-3864 (ARM)

MANICURIST NEEDED — We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele following—low booth rent, move-in specials. Call 916-481-3864 (ARM)

\$\$\$19 PEOPLE WANTED\$\$\$ \$1,200-\$4,400 Weekly Working from Home Assembling Information packets.No Experience Necessary! Start Immediately! FREE Information 24hrs. CALL NOW! 1-888-248-1359 (Dept.75) (NANI)

HOME REFUND JOBS! Earn \$3,500-\$5,000 Weekly Processing Company Refunds Online! Guaranteed Paychecks! No Experience Needed! Positions Available Today! Register Online Now! www.RebateWork.com (NANI)

****AWESOME CAREER**** Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING! Green Card O.K.Call 1-800-983-4384 ext. 54 Closed Sundays. (NANIG)

NCim is looking for EVENT PERSONNEL to hand out samples in local grocery stores. \$12+/hour. Weekends call 800-799-6246 ext.168 or visit www.ncim.com (Cal-SCAN)

Exp & professional filing clerk needed to organize and file for private residence. Must have own trans. Hrs: 12:30-5:30pm, m-w-f. \$12/hr. \$180.00/wk flat. Resume to: FAX: 916-638-9951. (ARM)

Government Jobs-\$12-\$48/hr Paid Training, Full benefits. Call for information on current hiring positions in Homeland Security, Wildlife, Clerical and professional. 1-800-320-9353 x2100 (NANIG)

Post Office Now Hiring. Avg. Pay \$20/hour or \$57K annually Including Federal Benefits and OT. Offered by Exam Services, not Aff. w/ USPS who hires.1-866-574-4781 (NANIG)

AWESOME CAREER Government Postal Jobs! \$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING! Green Card O.K.Call 1-800-913-4384 ext. 53 Closed Sundays. (NANIG)

AIRLINES ARE HIRING - Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified -Job placement assistance. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

AIRLINES ARE HIRING - Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified -Job placement assistance. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

ATTEND COLLEGE ONLINE

from Home. *Medical, *Business, *Paralegal, *Computers, *Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

TIRED OF BEING BROKE? Get paid daily. No experience required. Local training. 888-211-4268 www.happyandhealthyfamily.com (ARM)

STRESSED OUT? Work from home & get paid daily! www.happyandhealthyfamily.com 888-211-4268 (ARM)

ASSEMBLE MAGNETS & CRAFTS FROM HOME! Year-round Work! Excellent Pay! No Experience! Top US Company! Glue Gun, Painting, Jewelry & More! TOLL FREE 1-866-844-5091 (NANI)

Single Again Magazine Online is seeking an independent sales contractor to generate advertising sales for our nationally recognized website. We are a website designed for the divorced, widowed and separated that offers real advice and articles to help people rebuild their lives. This is a part-time, extra income opportunity that you can work at from your home. Compensation is commission only, but the commission is a generous rate. Check us out at www.SingleAgain.com. To apply, send your email to publisher@singleagain.com.

DRIVER - CDL Training: \$0 down, financing by Central Refrigerated. Company Drivers earn average of \$40k/year. Owner Operators average \$60k/Year. 1-800-587-0029 x4779. www.CentralDrivingJobs.net (Cal-SCAN)

DRIVER: Don't Just Start Your Career, Start It Right! Company Sponsored CDL training in 2 weeks. Must be 21. Have CDL? Tuition Reimbursement! www.JoinCRST.com 1-800-781-2778. (Cal-SCAN)

DRIVERS - Ask about qualifying for 5 raises in a year! No experience? CDL Training available. Tuition reimbursement. 1-877-232-2386 www.SwiftTruckingJobs.com (Cal-SCAN)

DRIVER- \$5K SIGN-ON Bonus for Experienced Teams: Dry Van & Temp Control available. O/Os & CDL-A Grads welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

TEAMS LOOK NO FURTHER Than Heartland! We have great miles, great pay, 1100 mile length of haul, western freight, drop and hook, no touch, hometime and more. Heartland Express 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

DRIVERS: CALL ASAP! \$\$ Sign-On Bonus. 35-41 cpm. Earn over \$1000 weekly. Excellent Benefits. Need CDL-A and 3 months recent OTR. 1-877-258-8782. www.MeltonTruck.com (Cal-SCAN)

IMMEDIATE OPENINGS. CDL A team & solo owner operators. \$1.00 empty. Up to \$2.45 loaded. OTR & regional positions. Ammo experience a plus. Sign-on bonus negotiable. 1-800-835-9471. (Cal-

SCAN)

Never A Layoff! SPONSORED CDL TRAINING. No Experience Needed! Earn \$40k-\$75k in your new career! Stevens Transport will sponsor the total cost of your CDL training! Excellent Benefits & 401K! EOE. Call Now! 1-800-358-9512, 1-800-333-8595. www.BecomeADriver.com (Cal-SCAN)

OTR DRIVERS DESERVE more pay and more hometime! \$.41/mile! Home weekends! Run our western region! Health, Dental, Life Insurance! HeartlandExpress 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

OWNER/OPERATORS with own permits and insurance to pull our 53' refrigerated trailers. \$1,000 Sign-On Bonus, weekly settlements, stop pay, fuel card program, 100% lump sum reimbursement. Company driver positions also available. Brent Redmond Logistics. 1-800-777-5342. (Cal-SCAN)

Matheson Trucking, Inc. is now hiring an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (ARM)

QUIT LONG-HAUL, run regional and Have It All! \$.41 per mile. Home weekly! Benefits! Stability for peace of mind! Heartland Express 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

Household Help

House Cleaning/Pet Sitting Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (ARM)

Handyman, JR Handyman Service Randy 916-880-6742 Joel Carter 916-637-3825 (ARM)

Household Helper. Let Dad do it. Hauling and Gutter Cleaning. Call and ask me if I can do it! 613-8359 (ARM)

Gold Country Handyman. Build - Remodel - Repair Free estimate 916-391-4706 Richard Romero Lic 847423 (ARM)

Homesitters on Wheels, Office needs two RV'ers with RV's for Petsitting 916-483-5146 (ARM)

Plumbing Services Specialty Plumbing - Remodels, Repipes, Water, Sewer, Gas Lines, Water Heaters CA License 918844 (916) 607-6749 (ARM)

Landscaping

Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (ARM)

Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281. (ARM)

Tall Weed Cutting

Low Rates 916 524-7477 (ARM)

Legal Services

Need an Attorney? Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@prepaidlegal.com (ARM)

BANKRUPTCY LAWYERS; Credit Card Debt, Foreclosure, Repo, Wipe Out Bills, Free Consultation 971-8880 (ARM)

Mobile Homes

BRAND NEW MOBILE/Manufactured Homes with Warranty. Buy at Factory for \$19,900. Photos and Floor plans online www.FactorySelectHomes.com or 1-800-620-3762 for color brochure. (Cal-SCAN)

Miscellaneous

RICHMOND'S HUNTING CLUB Come hunt with us - 20K acres Doves, Quails, Pheasants, Ducks and Geese For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (ARM)

CHRISTIAN DATING & FRIENDSHIP SERVICE. Over 100,000 members, countless relationships & marriages since 1989. Singles over 40 call anytime for a free package, 1-800-437-1926 (NANI)

International Inventor's EXPO. Las Vegas - Oct. 18th -19th, 2008. FREE admission. Inventions Worldwide. Booths available. See investors, buyers, and licensee's www.inventbay.com/inventorexpo or call 1-888-999-4391 (NANI)

Advanced Stuttering Therapy Speak fluently. Practical, Effective 12-day treatment. Superior, long-term results. Some scholarships available. Hollins Communications Research Institute—nationally recognized center, Roanoke, Virginia. 540-265-5650 www.Stuttering.org (NANI)

Miscellaneous Items For Sale

DIRECTV FREE 4 Room System! All 265+ Channels FREE 4 Months! Includes Movie Channels! 95 HD Channels! Ends Soon, Ask How! Packages Start \$29.99! FREE DVR/HD! 1-800-973-9044 (NANI)

SEARSCentral Cooling Systems from Sears Home Improvement Products. Full Line of CARRIER(R) & KENMORE(R) products. ENERGY STAR(R) qualified systems. Call for a FREE in-home estimate. 1.877.669.8973 (NANI)

****A L L Satellite Systems are not the same.** Programming starting under \$20 per month, HDTV programming under \$10 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

DIET PILLS Maximum prescription strength Phentromine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed. Free Shipping! 1-800-627-7896 ext. 807 (NANI)

Moving-Must Sell!! Arcade style Nintendo Popeye game with quarter mechanism. Works also without mechanism connected. It's a joy for small children to see Pluto try to catch Popeye and save Olive Oil. For the serious video player. The game is a real challenge. \$500 or best offer. Call Shirley at 482-4188. (ARM)

FREE DIRECTV 4 Room System! All 265+ Channels FREE 4 Months! Includes Movie Channels! 95 HD Channels! Ends Soon, Ask How! Packages Start \$29.99! FREE DVR/HD! 1-800-620-0058 (NANI)

Satellite Internet Broadband! Goodbye Dial-Up! Available Everywhere! Lightning Fast! 30x-50x Faster! \$100 Cash Back! Local Installers! Free Installation! Order Hughes NetToll Free 1-866-815-2851 (NANI)

DIRECTV Satellite TV: Free Install 4-Room System; Free Equip Upgrade; Save \$18/month for 12 months. Offer ends 10/7/08. Call Expert Satellite 1-866-926-2066 (credit card required) (NANI)

DIRECTV Satellite Television, FREE Equipment, FREE 4 Room Installation, FREE HD or DVR Receiver Upgrade. Packages from \$29.99/mo. Call Direct Sat TV for details 1-800-380-8939 (NANI)

FREE DIRECTV Satellite TV For 4 months with NFL Sunday Ticket package; or Save \$18/month for 12 months. Packages form \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

MEMORY FOAM THERAPEUTIC NASA VISCO MATTRESSES WHOLESALE! AS ON TV TWIN-\$299 FULL-\$349 QUEEN-\$399 KING/CAL KING \$499 CRAFTMATIC A D J U S T A B L E S - \$ 7 9 9 FREE DELIVERY 25 YEAR WARRANTY 60 NIGHT TRIAL 1-800-ATSLEEP 1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

DIRECTV Satellite TV. Save \$18/month for 12 months. Free Install 4-Room System; Free HD or DVR upgrade. Packages from only \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

Musical Instruments

WORLD GUITAR SHOW, Buy, Sell, Trade, Marin Civic/San Rafael, July 26-27, Pomona Fairplex, August 2-3, Saturdays 10-5, Sundays 10-4. Bring your gear!! www.TXShows.com (Cal-SCAN)

Notary

Mobile Notary Services Certified Loan Signer Paralegal Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080 (ARM)

Notary Services Hospital, Care Home or make arrangements. Call (916) 482-9388 for details. Ask for Debbie or leave message. (ARM)

Painting

All Pro Painting Res/Com. Quality work free est. sen disc lic914715 Ph 607-0523 (ARM)



CLASSIFIED



Pets

Pet Sitting/House Cleaning
Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (ARM)

Dog Poop R Us, They poop, we scoop. Specializing in dog poop removal services. 916-DOG-POOP (ARM)

Pet Sitters Wanted!
Gold River has a need for pet sitters. References required. Please call 916/ 635-5590. (ARM)

Home Sitters on Wheels office needs two RV'ers with RV's for pet sitting. Call 916-483-5146 for more information. (ARM)

Annie's Pet Sitting Services
Licensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952 (ARM)

Novenas & Prayers

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (ARM)

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (ARM)

Real Estate Homes For Sale

Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, large family room. Plantation shutters, carpet, window coverings, Mexican paver tiles in entry, family room, kitchen and laundry room. Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees. New Lifetime concrete shake roof. Fabulous rock waterfall and pond. Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (ARM)

3BR 2BA Foreclosure! Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANIG)

Motivated Seller- Great Buys-two homes-Good Areas. #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000. #2 Dream Kitchen w/granite-tiled & beautiful bathrms & floors. \$260,000. Glenda Hill 761-7548. (ARM-M)

FORECLOSED HOME AUCTION. All Northern California. 1000+ Homes Must be Sold! Free Catalog 800-470-9314. USHomeAuction.com (Cal-SCAN)

www.CarmichaelTimes.com

AUCTION - Jackson Hole Annual Fall Real Estate Auction. Homes, lots, land, cabins, bank repos & more. Sat. September 20th 12:12 Noon. Call 866-486-SOLD(7653). www.JacksonHoleAuctions.com AUCTION. (Cal-SCAN)

Real Estate Land For Sale

LAND AUCTION 200 Properties Must be Sold! Low Down / EZ Financing. Free Brochure. 1-800-756-2087. www.LandAuction.com (Cal-SCAN)

GIANT OCEANVIEW LOTS in California!! Mobile Homes O.K.! Paved Streets! Electricity! Fishing! Boating! Beaches! Gorgeous Area! \$200.00 Down! \$200.00 Monthly! (10%/216 months) \$19,995.00 Cash! Owner! (949)260-9316. (Cal-SCAN)

Buy HUD Homes from \$199/mo! Payments from \$199/mo! Financing Referrals Available! For Listings & Info 800-508-8178 Ext. 1276 (NANI)

NEW TO MARKET. Washington/Idaho border. 6 ac just \$39,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

ARIZONA LAND BARGAIN 36 Acres - \$24,900. Beautiful mountain property in Arizona's Wine Country. Price reduced in buyers market. Won't last! Good access & views. Eureka Springs Ranch offered by AZLR. ADWR report & financing available. 1-877-301-5263. (Cal-SCAN)

ALMOST HEAVEN. Washington/Idaho border. 6 ac just \$49,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

Beautiful SOUTHEAST TENNESSEE MOUNTAINS Established gated community, secluded, paved roads, utilities; interior & bluff lots, wooded; 5 acres & up. 800-516-8387 or visit http://www.timber-wood.com (Cal-SCAN)

BUY BULK 40 AC just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

FORECLOSURE SPECIAL! 100+ Acre Colorado Ranch for \$49,900. Year-round roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

MONTANA HORSE RANCH and Hunting Camp. 160 acres w/mountain views, \$139,900.

480 acres - borders BLM Land, \$349,900. Great birds and huge elk and deer. Miles and miles of BLM trails. Call 1-877-229-7840 www.WesternSkiesLand.com (Cal-SCAN)

NEW MEXICO SACRIFICE! 140 acres was \$149,900, Now Only \$69,900. Amazing 6000ft. elevation. Incredible mountain views. Mature tree cover. Power & year round roads. Excellent financing. Priced for quick sale. Call NML&R, Inc. 1-888-204-9760. (Cal-SCAN)

NEW TO MARKET- Colorado Mountain Ranch. 35 acres-\$39,900. Priced for Quick Sale. Overlooking a majestic lake, beautifully treed, 360 degree mountain views, adjacent to national forest. EZ terms. 1-866-353-4807. (Cal-SCAN)

35+ Acres from \$34,900. First Come, First Served Saturday, October 4, 2008. Southern Colorado ranches. Excellent financing available. Call for your private property tour. 1-866-696-5263 x4574. (Cal-SCAN)

NEW TO MARKET. New Mexico Ranch Dispersal 140 acres - \$89,900. River Access. Northern New Mexico. Cool 6,000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

UTAH RANCH DISPERSAL. Experience the fun and relaxation of having your own 40 acres in the great outdoor recreational area of the Uintah Basin. Starting at only \$29,900. Call UTLR 1-888-693-5263. (Cal-SCAN)

NEW ARIZONA LAND Rush! 1 or 2-1/2 "Football Field" Sized Lots! \$0 Down. \$0 Interest. \$159-\$208 per month! Money Back Guarantee! 1-877-466-0650 or www.SunSitesLandRush.com (Cal-SCAN)

LAKEFRONT OPPORTUNITY. Nevada's 3rd Largest Lake. Approx. 2 hrs. South of Carson City. 1 ac Dockable \$149,900. 1 ac Lake Access \$49,900. 38,000 ac Walker Lake, very rare. Home sites on paved road with city water. Magnificent views, very limited supply. New to market. Call 1-877-542-6628. (Cal-SCAN)

MONTANA'S BEST LAND DEAL 20AC- Ponderosa Pines, County Road & Utilities. Was: \$99,900. Now: \$79,900. 160AC w/New Log Cabin Was: \$199,900. Now: \$149,900. 208AC w/Huge Storage Barn Was: \$299,900. NOW: \$249,900. Affordable financing, discounted prices. Absolutely beautiful land. Call 877-229-7840. Visit www.WesternSkiesLand.com While we talk! (Cal-SCAN)

MONTANA'S BEST EVER Elk & Deer Hunters Land Deal. Book a trip- we'll prove it. Buy a lot, the trip's on us! 160- 600AC Tracts Starting at \$700/AC. 877-229-7840. www.WesternSkiesLand.com (Cal-SCAN)

3BR 2BA Foreclosure! Only

\$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANI)

Granite Bay Listings View at www.lizyoakum.com Call 390-5634 (ARM)

Real Estate Loans

I BUY NOTES and Deeds of Trust - call Frank 530-885-8032 or visit www.FGRealEstateInvesting.com for FREE information and quote. (Cal-SCAN)

REAL ESTATE/OUT OF STATE FORECLOSURE SPECIAL! 100+ Acre Colorado Ranch for \$49,900. Year-round roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

20 ACRE RANCHES, Near Booming El Paso Texas. Roads Surveyed. \$15,900, \$200 Down, \$159/month, (10%/209 mths). Money Back Guarantee. Free Maps & Pictures. 1-800-343-9444. No Credit Checks!! (Cal-SCAN)

Real Estate Out of State

TENNESSEE MOUNTAIN ACREAGE 2 Acre Beautiful Homesite, Million \$ View! Secluded, Utilities, Overlooking Tennessee River. Close to Marina, Schools, Shopping! \$59,900 Low Down, Owner Financing! 330-699-1585 (NANI)

Colorado, 5 acres, \$7500! \$500 down, \$125/month. Tract with water well, \$12,500 (good terms). Beautiful high mountain country. Good year round roads. Owner, 806-376-8690 (NANI)

20 ACRE RANCHES, Near Booming El Paso Texas. Roads Surveyed. \$15,900, \$200 Down, \$159/month. Money Back Guarantee. Free Maps & Pictures. 1-800-343-9444. No Credit Checks!! (Cal-SCAN)

TEXAS LAND LIQUIDATION!! 20-acres, Near BOOMING El Paso. Good Road Access. Only \$14,900. \$200/down, \$145 per/mo. Money Back Guarantee. No Credit Checks. 1-800-843-7537 www.sunsetranches.com (NANI)

PRICED TO SELL! Newly Released Colorado Mountain Ranch. 35 acres- \$39,900. Majestic lake & Mountain views, adjacent to national forest for camping or hiking, close to conveniences. EZ terms. 1-866-353-4807. (Cal-SCAN)

BUY BULK 40 AC just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

AZ LAND BARGAINS. 5 to 80 acres, lowest possible prices. EZ terms. Call AZLR for free recorded message. 1-888-547-4926. (Cal-SCAN)

BULK LAND SALE 80 acres -

\$49,900. Take advantage of buyers market and own beautiful mountain property. Price reduced on large acreage in Arizona's wine country. Won't last! Good access & views. Wildlife abounds at Eureka Springs Ranch. Financing available. Offered by AZLR. ADWR report. 1-877-301-5263. (Cal-SCAN)

TENNESSEE MOUNTAINS 1+ to 2 acrehomesites. Wooded Bluff and Lake View. Starting at \$59,900. Guaranteed Financing! 866-550-5263. Ask about Mini Vacation. 3 days, 2 Nights & Travel Allowance. (NANI)

Restore Old Photos

Restore Old Photographs Share memories of special places and times with your family. (916) 483-6051 - Laws Studio, Crestview Center (Manzanita at Winding Way in Carmichael)(ARM)

RV Sales

SELL YOUR RV FAST! Online at RVT.com 15,000+ Customers Daily. 40,000+ Private and Dealer Listings www.RVT.com Serving the RV Trader since 1999. 1-800-677-4484. (Cal-SCAN)

Schools Instruction

HIGH SCHOOL DIPLOMA! Fast Affordable & Accredited FREE Brochure. Call NOW! 1-800-532-6546 Ext. 412 www.continentalacademy.com (NANI)

INTERNATIONAL STUDENTS - Host a high school-aged international student from one of 40 different countries. Call today for more information. Phyllis at 1-866-523-8872. (Cal-SCAN)

GET CRANE TRAINED! Crane/Heavy Equipment Training. National Certification Prep. Placement Assistance. Financial Assistance. Northern California College of Construction. www.Heavy4.com Use Code "NCPA1" 1-866-302-7462. (Cal-SCAN)

HIGH SCHOOL DIPLOMA! Fast Affordable & Accredited FREE Brochure. Call NOW! 1-800-583-2123 www.continentalacademy.com (NANI)

INCREASE YOUR RAILROAD hiring potential! Train at NARS, Overland Park, Kansas. Complete training 4-8 weeks. Average salary \$63k. Lender info available. Conductor- Electrical/Mechanical, Freight Car, Signal, Welder. 1-800-228-3378. www.RailroadTraining.com (Cal-SCAN)

PIANO LESSONS first lesson FREE-Always wanted to learn? Never too late-call Kate at 916 704-0965. Sr.discount (ARM)

Services Offered

I take you to the doctors, shopping or misc. errands. Call for schedule. Serving most areas. 916-214-8169. (ARM)

Seeking Security Placement in Fair Oaks or Carmichael, Licensed Call 916-712-2137 (ARM)

Spa / Hot Tub

SPA/HOT TUB 5 person portable maint-free Spa. Sells new \$4495. Sacrifice \$2450. Cover and delivery included. NEVER USED. 866-953-7727 (NANI)

Steel Buildings

Steel Buildings. 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% off on erected completed projects. www.scg-grp.com Source #ØDL Phone: 916-248-4416 (ARM)

BUILDINGS FOR SALE! "Beat Next Substantial Increase!" 20x30x12 \$4,900. 25x40x14 \$7,900. 30x50x14 \$9,085. 35x56x16 \$13,200. 40x60x16 \$16,900. 50x140x19 \$47,600. 60x100x18 \$37,000. Others. Since 1980.1-800-372-8053. (Cal-SCAN)

TimeShares

BUY TIMESHARE RESALES SAVE 60-80% OFF RETAIL!! BEST RESORTS & SEASONS. Call for FREE TIMESHARE MAGAZINE! 1-800-639-5319 www.holidaygroup.com/flter (NANI)

SELL/RENT YOUR TIMESHARE NOW!!! Maintenance fees too high? Need Cash? Sell your unused timeshare today. No Commissions or Broker Fees. Free Consultation www.sellatimeshare.com 1- 877-494-8246 (NANI)

Travel / Vacation

Vegas Baby - FREE! 3 days 2 nights Pay Nothing - 5 Star Resort Las Vegas - Tahiti Village Call NOW! 1 888-704-6946 (NANI)

FREE 2 Night Cruise Vacation! To the Bahamas - Imperial Majesty Just pay port fees- Meals and Cruise are 100% FREE Call Now 1-800-380-6510 (NANI)

Vegas Baby - FREE! Get away 3 days 2 nights Pay Nothing - High Roller Treatment Las Vegas - 5 Star Resort! Must Call NOW! 1-888-704-6946 (NANI)

Warm autumn specials at Florida's Best Beach- New Smyrna Beach. Stay a week or longer. Plan a beach wedding or family reunion. www.NSBFLA.com or 1-800-541-9621 (NANI)

Upholstery

Upholstery B&T Upholstery and Repairs. Specializing in Deco & Modernism. Call Bill 392-1959 / 995-7177 (ARM)

Volunteers Needed

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd., Citrus Heights, CA

Welding Services

1 Man Mobile Repair Service- Furniture, Fences, Custom Projects, Gates 792-6322 (ARMM)

Recreation and Park District Celebrates Patriots Park Grand Opening

Carmichael Recreation and Park District Celebrates their newest park development... "Patriots Park" which includes a "state of the art" playground, walking trails, picnic areas, butterfly garden, and a special Wall of Honor for heroes who gave their lives for their country or community. Please join us in this special celebration! Opening ceremonies begin at 10am. Music, refreshments, crafts, and lots of fun are planned for the event.

This is a FREE community event.
November 15, 2008 - 10am-2pm
6827 Palm Avenue, Fair Oaks

St. Francis High School Presents Revelry!

A Gala Auction and Taste of the Arts

St Francis High School, a Catholic diocesan college preparatory school serving young women, will be hosting its largest fundraising event of the year, a three course gala auction and taste of the arts event on Saturday, October 25th. Sponsored by St. Francis High School Parents Guild and Patrons of the Arts, Revelry! will be a magical evening of notable restaurant and wine tasting along with an elegant gala dinner featuring "La Perla" Bistro. There will also be an exciting silent and live auction and live entertainment performed by students, art displays and more.

This signature event features food and wine from area restaurants and wineries including Sweetwater Restaurant and Bar, The Melting Pot, Bandera, Formaggio Taversa and Patio, and Frank Family Wines.

Revelry! takes place on Saturday, October 25 at 6:00 PM at St. Francis High School, 5900 Elvas Avenue, Sacramento. Ticket prices are \$75. For more information please contact revelry@stfrancis.org, visit our website at www.stfrancis.org or call 916.452.3461, extension 610.

About St. Francis High School

Established in 1940, St Francis High School is a four-year all-female college preparatory high school which encourages the education of the whole person by providing outstanding academic programs, an environment for spiritual growth and development, a full range of athletics, fine and performing arts, numerous on-campus clubs, and a variety of social activities. The only High School in Sacramento affiliated with the Diocese of Sacramento, St. Francis serves young women hailing from over fifty private and public surrounding schools in the counties of Sacramento, Yolo, El Dorado, and Placer. St. Francis is fully accredited by the Western Association of Schools and colleges (WASC) and the Western Catholic Education Association (WCEA).

Fall Reiki Healing Circles

Reiki healing skills are shared with seniors needing pain relief and comfort the third Friday of each month. Come and see what it is all about on October 17th and November 21st at 12:30 pm. Free. The Ethel Hart Center is located at 915 27th Street (27th and J). For information phone 808-5462.



2008 | 2009



Donald Kendrick, Music Director

Sundays at Seven!
at Mondavi Center

Concerts

NOV 9

DEC 13

MAR 22

JUNE 7

Haydn Bicentennial
Home for the Holidays
Bach's Birthday Celebration
Choral Soundscapes



Season Tickets
ON SALE NOW

FREE PARKING

866-754-2787

or online at

SacramentoChoral.com

with Season Subscription Orders