

# Carmichael Times

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October 14, 2008

## Menu Labeling Law Passage Will Affect Local Fast Food Chains



### Championship Caravan Comes to Carmichael

River Cats celebrate with community.

Members of the 2008 Triple-A and Pacific Coast League Champion Sacramento River Cats will say "thank you" to the Sacramento community for their passionate support during the team's championship run with the River Cats Championship Caravan, Oct. 16-18. River Cats players and coaches, including manager Todd Steverson, team MVP Casey Rogowski and team home run leader Brooks Conrad, and Voice of the River Cats Johnny Doskow, will visit River Cats fans throughout the community and will be available to all media outlets for interview throughout the three days.

"The Championship Caravan is an opportunity for the River Cats to say thank you to the best fans in baseball," said Alan Ledford, River Cats President, General Manager and COO. "We are fortunate to be putting on this event for the second consecutive year following our back-to-back PCL and Triple-A championships. The team could not have been so successful on the field without the unprecedented support of River Cats fans and the local community. This is an opportunity for the team, and front office, to show our appreciation."

The Caravan events are open to the public. On Thursday, October 16 from 5:30 p.m.

- 6:30 p.m. there will be an autograph session at Raley's in Natomas (4650 Natomas Blvd.) All fans in attendance can enter-to-win a "VIP River Cats Kickoff Package," including tickets and a VIP experience for Opening Day, 2009. Raley's will also be serving refreshments including free baseball cupcakes during the event. At 7:00 p.m. fans are invited to join the players and coaches at Palm Street Pub & Grill in Carmichael (6416 Fair Oaks Blvd) to watch that night's MLB Playoff Game(s)

On Friday, October 17, from Noon - 1:00 p.m., team members will make an appearance and have an autograph session at Arden Fair Mall.



**Sacramento, CA** - California became the first state in the nation to require nutritional menu labeling, following Governor Schwarzenegger's signature of SB 1420 (Padilla). The landmark legislation requires some 17,000 California chain and fast-food restaurants to post calorie counts on menus and menu boards, part of an effort to address the state's growing obesity epidemic.

"This is a huge victory for Californians working to make healthier decisions when they eat out," declared SB 1420 co-sponsor Dr. Harold Goldstein of the California Center for Public Health Advocacy. "The days of chain restaurants marketing a calorie-laden sandwich as "lite, guiltless or healthy" are over in California. When Californians walk into a chain or fast-food restaurant, the calorie information they need to make healthier decisions will be right in front of them."

The bill provides for a two-year phase-in

period - with brochures containing nutritional information (the number of calories, grams of saturated fat, grams of carbohydrates and milligrams of sodium) required at the point of sale and drive-throughs beginning July 1, 2009, and posting of calorie information on menus and indoor menu boards beginning January 1, 2011. Any restaurant with 20 or more locations in California will be affected.

Senator Alex Padilla (D-Los Angeles) authored the bill with Senator Carole Migden (D-San Francisco) and Assembly Members Marc DeSaulnier (D-Concord) and Mark Leno (D-San Francisco). The bill is sponsored by the California Center for Public Health Advocacy and the American Cancer Society.

With the success of the California menu labeling law, similar statutes are expected throughout the United States. New York City has already implemented menu labeling, and a handful of localities have passed similar

measures (including San Francisco, Santa Clara and San Mateo counties). Sixteen other states are considering similar legislation.

"Menu labeling is good common sense," says Goldstein. "Just like smoke-free restaurants, I expect menu labeling will quickly sweep the nation as other states recognize the benefit of providing consumers with basic nutrition information. Menu labeling by itself won't end the obesity epidemic, but it's sure a good place to start."

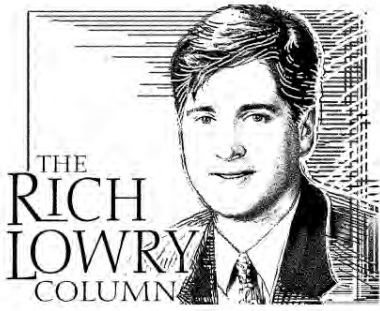
The challenge to understand chain restaurant menus was highlighted last year, when a statewide Field Research Corporation poll was released showing that only 10 percent of Californians could pick the healthiest item from a short list of common fast foods. That same poll indicated that 84 percent of Californians support the concept of posting nutritional information in chain restaurants. Restaurants and fast-food outlets are a key concern because Americans consume about one-third of their calories and half of their food dollars at these establishments.

CCPHA is an independent, nonpartisan, nonprofit organization leading efforts in California to understand and address the state's growing obesity crisis. For more information on this legislation, visit the CCPHA site at: [www.publichealthadvocacy.org](http://www.publichealthadvocacy.org).

Report from BUSINESS WIRE

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# The Scandal of the McCain Campaign

campaign is that it wants to win. The press had hoped for a harmless, nostalgic loser like Bob Dole in 1996. In a column excoriating Republicans for historically launching successful attacks against Democratic presidential candidates in August, Time columnist Joe Klein excepted Bob Dole -- not mentioning that Dole had been eviscerated by Clinton negative ads before August ever arrived.

The press turned on McCain with a vengeance as soon as he mocked Barack Obama as a celebrity. Its mood grew still more foul when the McCain campaign took offense at Obama's "lipstick on a pig" jab.

The lipstick controversy indeed represented a silly bit of grievance-mongering. But had the Obama camp's tendentious interpretation of Bill Clinton's "fairy tale" put-down as a racial slight generated similar push-back from the media? Had Obama's ridiculous depiction of Geraldine Ferraro as a quasi-racist? Had Obama's repeated contention -- with no evidence -- that Republicans were attacking him for looking different?

When Obama distorted a McCain remark about staying in Iraq for 100 years -- if we were taking no casualties -- into an endorsement of endless war, the media

generally tsk-tsked that McCain should be more careful about what he says.

What has truly driven the media batty is McCain's selection of Sarah Palin. The first days after her announcement brought gross misreporting and personal smears; followed by a Charlie Gibson interview during which the newscaster appeared disgusted that he even had to talk to such a lowly and unworthy personage; followed by front-page Washington Post and New York Times reports on her tenure in Alaska that were so hostile they left it a mystery why she has an 86 percent approval rating as governor.

Palin will forever be a target. A pro-life, pro-gun evangelical with five kids, Palin has made the election even more into a culture

war than it was before. National journalists are, as urbanites and self-styled sophisticates, largely on the other side of that war as a matter of lifestyle and conviction. Because cultural matters cut so close to the core, it is nearly impossible for them to hide their allegiance.

Whatever affection they still have for McCain is now expressed in self-interested yearning: Where is the McCain of old, the one who could be reliably counted on to lose?

Rich Lowry is editor of the National Review.

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# Carmichael Times



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# Navy League Recognition Ceremony

Submitted by Joe Fraccola

Damage Controlman (Surface Warfare) First Class Petty Officer Mark A. Humpherys, United States Navy receives recognition as Navy Operational Support Center, Sacramento's Sailor of the Year during a ceremony on Quarterdeck of the Unit's Elder Creek Road facility on September 6, 2008. Petty Officer Humpherys was lauded for his professional achievement as the Command's Leading Petty Officer and Training Department Head. John Meyers of the Navy League Sacramento Council made the annual presentation.

Information Systems Technician Third Class Petty Officer William A. Ferguson, United States Navy received an award from John Meyers of the Navy League, Sacramento Council for his selection as Navy Operational Support Center, Sacramento Blue Jacket of the Year at a ceremony held onboard the station on September 6, 2008. Petty Officer Ferguson was lauded for professional achievement as the units Training Officer. The Blue Jacket of the Year award recognizes the unit's most outstanding junior enlisted service member.

Personnel Support Specialist First Class Petty Officer Alexandro D. Guerra, United States Navy receives recognition as Navy Operational Support Center Sacramento Reserve Sailor of the Year. The award was presented by Michael O'Docharty of the Navy League, Sacramento Council at a ceremony onboard the unit's Elder Creek Road facility on September 6, 2008. Petty Officer Guerra was lauded for his outstanding performance as the Senior Enlisted Leader for a detachment assigned to support Commander, Naval Forces Korea.

For more information call Joe Fraccola, Navy League Sacramento Council Public Affairs Officer at (916) 638-8720.



L - R, John Meyers, Vice President, Military Affairs; First Class Petty Officer Mark A. Humpherys, USN; Third Class Petty Officer William A. Ferguson; First Class Petty Officer Alexandro D. Guerra, USN; Michael O'Docharty Senior Vice President

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# Joni Hilton

## It's So Hard to Find Good Help

guy has placed a little tray with a few coins in it, and a sign that says, "YOUR TIP SO FAR." Someday I'm going to have the guts to actually do that.

You may think I have no sympathy for the misplaced worker who truly doesn't care about plants. Or groceries. Or shoes. I would feel the same way in an electronics store. Or a store filled with automotive parts.

The difference is that I wouldn't apply for work where I couldn't drum up some genuine interest in my products and my customers. Or, if that were the only job I truly could get, I would learn everything I could about those products, and strive to make every customer feel welcomed and appreciated. Isn't that the point?

Someday a whole generation is going to rise up, wise up, and offer fabulous service, real caring, and cutting edge expertise. They'll leapfrog over the lazy ones, snatch all the best jobs, and get all the best salaries. And they'll deserve every penny. I hope I, my coleus, and my sedum, live to see it.

*Joni Hilton is an award-winning playwright, the author of 16 books, holds a Master of Fine Arts degree in Professional Writing from USC, and is frequently published in major magazines. A former TV talk show host in Los Angeles, she is also a TV spokeswoman across the U.S. for various corporations, and highly in demand as a public speaker. She is Founder of Holy Cow, an organic line of cleaning products (holycowproducts.com), the winner of dozens of cooking contests, and a former model and Miss California. She is married to Bob Hilton, and they are the parents of four children. For book reviews, recipes, purchasing information about her books, and more, simply type Joni Hilton into Google or Yahoo.*

Listen to "The Joni Hilton Show" streaming live, weeknights 6-8 pm on [www.KAHL.com](http://www.KAHL.com)

# Just the Threat of Lawsuits Costs Us All



## by Diann Rogers

While Americans are making less, losing their jobs and fighting to keep their heads above water, there is yet another clandestine way we're being robbed of our hard-earned money. In times like these, we need to be more aware than ever of where every dollar goes.

October 6-10 marks the annual "celebration" of Lawsuit Abuse Awareness Week. It is the ideal time to illustrate one tax most people are unaware they even pay - the lawsuit tax. In its 2007 annual report on U.S. tort cost trends, Tillinghast Towers Perrin found that our citizens paid \$247 billion in tort costs. That comes out to \$825 for every man, woman and child, or \$3,300 for a family of four. This "tax" is excised in many ways -- higher prices for goods and services, higher insurance premiums as well as higher medical and pharmaceutical bills.

As hard as this tax hits citizens, it is an even bigger economic blow to the business community, particularly small businesses. A recent survey of the California members of the National Federation of Independent Business (NFIB), prepared by California Citizens Against Lawsuit Abuse (CALA), found lawsuits or even the threat of lawsuits significantly affects the way small businesses operate. Of the almost 1,000 people who responded to the survey, nearly 83 percent are convinced the number of liability lawsuits

in California is increasing. More than 98 percent stated lawsuits filed against businesses have a negative impact on growth and prosperity.

Just the very threat of a lawsuit has a major effect on small businesses. Nearly three-quarters of the survey respondents declared that the threat of a lawsuit could force them to close their doors. A majority percentage of respondents also said such threats could force them to raise prices or lay off employees. Business and community leaders have obviously given thought to this matter as close to 60 percent in the survey said they have been threatened with a lawsuit over the past five years. Such numbers well demonstrate the serious impact lawsuits have on our state's business climate.

Year after year, legislation that would have helped California's small business community is voted down in Assembly or Senate committees. And, study after study finds California's business climate to be among the worst in the nation, and still our elected officials refuse to act. Harris Interactive/Institute for Legal Reform ranked our state 44th in terms of its legal climate, while Forbes ranked California in the bottom ten (40th) on its list of the best states for business.

The CALA survey came to the same conclusion. Nearly 98 percent of respondents felt the California legislature needs to pass new laws to protect small businesses from frivolous or unfair lawsuits. Ninety-five percent believe current laws favor those who sue.

Litigation costs have an enormous impact on our society. During Lawsuit Abuse Awareness Week and throughout the year, we must encourage our legislators to stand up against frivolous lawsuits and vote for common sense reform. Every man, woman, child, and business in America could use a break from the lawsuit tax.

*Citizens Against Lawsuit Abuse is a nonprofit, grassroots public education organization dedicated to serving as a watchdog over the legal system and those who would seek to abuse it for undeserved gain. Central California CALA currently has over 3,500 supporters throughout the Sacramento region and Central Valley. For more information, visit [www.StopBadLawsuits.com](http://www.StopBadLawsuits.com)*

I have holes in my coleus and my sedum is shrinking. You may think this is a highly personal confession, and if so, then you are exactly like eighty per cent of the nursery employees in this area.

In fact, the above statement is a good test to see if you're talking with a Master Gardener, or just some kid who stumbled in from the mall. If the employee nods knowingly (I love knowing nods), you have an expert. If the person recoils from your news and turns bright, beet red, you have someone who doesn't know a palm tree from a petunia, and you need to find someone else.

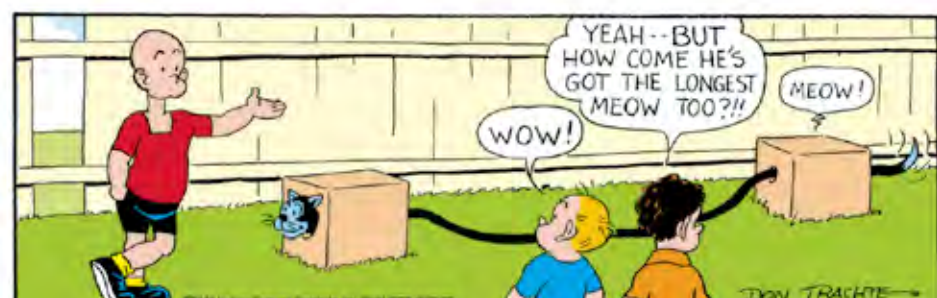
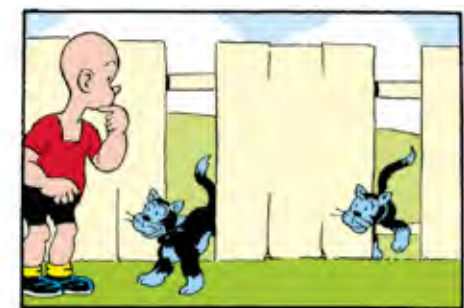
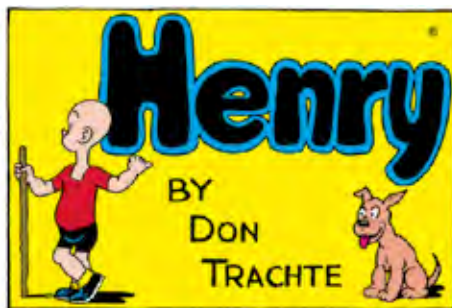
It isn't that I expect other nurseries only to hire those with degrees in botany. It's that so few people today really take their jobs to heart and do the best they can. Even if you know zip about plants, you can educate yourself as much as possible; you can ask questions, read books, browse the aisles and get familiar with the inventory.

And I'm not trying to pick on nurseries because there are several good ones in our area. It's the problem of retail in general. Most employees just watch the clock, talk about their next break, and focus on that magical moment when they get to go home. From grocery stores to movie theatres, these salespeople are useless except for the fact that they have opposable thumbs and can speak English. Okay, at least they have opposable thumbs.

Today, clerks smack their gum, roll their eyes, and sigh with strained patience at having to help the customer. The idea of greeting a customer with a cheery welcome, and trying to help them find whatever they want, never even occurs to them. Customer service has shrunk even more than my sedum.

And when you do encounter an enthusiastic worker, the first thing you suspect is drug use. So rare is the accommodating helper that you can't quite believe it's real. You even look around for a hidden camera. I'm on some reality prank show, you think.

Even people who expect a tip at the end of their service, often act put upon to deal with you. I'll always love the New Yorker cartoon that shows a waiter passing a table where a



## King Crossword

### Answers

Solution time: 27 mins.

T	A	T	B	B	C	S	P	R	E	E	
A	G	O	O	E	R	A	R	E	N	A	
P	O	P	S	L	I	P	C	O	V	E	R
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# Riley Reviews

By Tim Riley

## UPLIFTING SPORTS MOVIE ROLLS NICELY IN "THE EXPRESS"

THE EXPRESS (Rated PG)

I am a sucker for uplifting sports movies, no matter whether it involves an individual or the entire team overcoming great odds to triumph in a blaze of glory. Simply put, "The Express" is that kind of inspirational homage to athletic achievement. This fact-based story follows the extraordinary life of college football hero Ernie Davis, the first African-American to win the Heisman Trophy. To this day, considering his fight for equality and respect in the turbulent late Fifties and early Sixties, Davis is arguably as deserving of being a civil rights icon in the sports world as Jackie Robinson. At least, "The Express" will leave an indelible impression that Ernie Davis is a real hero worthy of lasting recognition.

"The Express" rolls out the story of football glory when the number one ranked Syracuse University Orangemen square off against the University of Texas Longhorns at the Cotton Bowl on New Year's Day, 1960. At this point, Ernie Davis (Rob Brown) is the outstanding running back on the Syracuse team coached by Ben Schwartzwalder (Dennis Quaid), a decorated veteran and Southerner with a single vision of a national championship. Then, in a series of flashbacks that start before the first snap of the ball, the story of Ernie's journey from early childhood in the care of his Pennsylvania coal miner grandfather (Charles S. Dutton) to his standout high school years as a football player in Elmira, New York, unfolds.

Having acquired the nickname of the "Elmira Express," high school wonder Ernie is scouted by numerous coaches from prestige schools. Coach Schwartzwalder is most persistent, going so far as to use Syracuse alum Jim Brown (Darrin Dewitt Henson), the legendary football player for the Cleveland Browns, to help persuade Ernie during the recruiting process. It's not that the Coach is so eager to recruit black players, considering that Brown was difficult to handle. It's simply that he recognized talent, even at a time that blacks weren't fully accepted on college campuses in the integrated North.

When Ernie first arrives at Syracuse, he draws stares and antagonism from many unfriendly white students. Fortunately, Jack Buckley (Omar Benson Miller), another black student on the football squad, becomes Ernie's friend and soul mate, and together they deal with intractable racism both on and off the field. Even on the enlightened Syracuse campus, the athletes of color have to overcome inherent prejudice. Things are really ugly when the team travels on the road during its championship season, facing an extremely hostile crowd in West Virginia, [www.CarmichaelTimes.com](http://www.CarmichaelTimes.com)

where the Coach warns the players to keep their helmets on at all times.

The stark reminder of the nasty racism of the pre-Civil Rights era shows up most vividly and forcefully during the famous Cotton Bowl game. Playing in front of a hostile crowd in Dallas, the Syracuse Orangemen are subjected to vile taunts and hostility. Worse of all, the referees were clearly biased in favor of the Texas Longhorns, overlooking late hits and other infractions by the home team. It's little wonder that at some point the contest turns from a game into a full-blown brawl clearing both teams' benches.

When Syracuse wins the championship, the team is invited to celebrate at a whites-only country club. Of course, Ernie and Jack are pointedly excluded from the festivities, and by now the Orangemen have bonded so that the entire team refuses to attend if the black teammates are excluded. It's not until the next season that Ernie is in the running for the Heisman Trophy, winning it and capping another milestone in his college career.

"The Express" turns poignant and sad when Ernie's post-college career is cut short by leukemia. Rob Brown's Ernie endures his challenges on and off the field with dignity and grace. To be sure, the movie is a very inspirational sports story, but you come away with the feeling that there's much more to know about the Ernie Davis story. This standout player will never be a household name like Jackie Robinson, or even Jim Brown, but "The Express" helps to bring some well-deserved recognition, and in the process delivers a very appealing entertainment.

### DVD RELEASE UPDATE

Aficionados of Alfred Hitchcock are going to love the DVD release of the "Alfred Hitchcock Premiere Collection," featuring eight restored and remastered classic films, some of which have been out of print for years. The set is highlighted by Hitchcock's Oscar winner for Best Picture, "Rebecca," starring Joan Fontaine and Laurence Olivier in a dark tale of love and obsession. Ingrid Bergman appears in two classics, first alongside Gregory Peck in "Spellbound," and with Cary Grant in "Notorious," a tale of crime, passion and espionage. Gregory Peck defends a beautiful woman accused of poisoning her husband in "The Paradine Case." The spy thriller "Sabotage," the drama "Young and Innocent," and the high seas thriller "Lifeboat" are also featured. The terrifying whodunit "The Lodger: A Story of the London Fog" is one of Hitchcock's earliest films. This DVD collection is loaded with extras, including screen tests, still galleries, vintage radio interviews, an "AFI Tribute to Hitchcock" and more.

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# ARTISAN

T H E A T E R

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# straight talk for teens

## Youth panel weighs in on same-sex marriage

by Lauren Forcella

**Dear Straight Talk:** I enjoy the window into the minds of youth that your column provides and I'd like to ask them a question. Gay marriage became legal in June in California, but in November, voters have a chance to reverse that decision and etch into the state constitution that marriage is strictly "between a man and a woman." Where does youth stand on this issue? Should marriage be something only a man and a woman get to do, or should it be available to same-sex couples as well? – Woodland, CA

**Dear Woodland:** In four years of writing this column, no issue has inspired more passion in the youth panel than defending the rights of gays. At press time, nearly 80 percent of the panel's input supported same-sex marriage. To read all the panel comments, please visit our website at [www.straighttalkforteens.com](http://www.straighttalkforteens.com).

**From Taylor, 19:** I have two gay cousins, one male, one female, whom I love dearly. If they want to marry and call it "marriage," who am I to judge and prevent that? I don't believe being gay is a choice. My mom recognized my female cousin was gay when she was 4 years old. That could've been me.

**From Britney, 16:** This topic is reminiscent of racial segregation. I believe being gay is not a choice; it's like having a different skin color. No matter your skin color — or your sexual orientation — we are all still people. Most people against gay marriage cite the Bible. But I'm a Bible-follower, too, and it does not definitely say marriage must be "between a man and a woman."

**From Dominic, 22:** When I think of marriage, I think of a man and a woman, but the fact that this is a legislative issue is ridiculous. This is the so-called "land of the free." The role of government is to protect our rights, not to bicker over making them exclusive.

**From Michael, 16:** If gays want to marry, it's not the government's position to interfere. They do no harm. On the other hand, I'm unhappy with how the gay agenda

is pushed. In almost every movie, a gay or lesbian couple is kissing. Gays have the legal benefits of marriage, why do they need to call it "marriage?" What will be next?

**From Elise, 17:** I have no problem with gays, but marriage is ordained of God and should be between a man and a woman. However, if same-sex couples love each other and wish to be together, they should have many of the same benefits as married couples.

**From Bird, 18:** The marriages a church performs will remain the choice of that church. But the right to a civil marriage should be open to anyone.

**From Jack, 18:** This country preaches that everyone is created equal, so who among us is good enough to say gays can't get married?

**From Graham, 15:** Gays and lesbians should have equal rights in everything — including marriage. There is not a single reason to refuse them. Some Christians don't believe in gay marriage. This confuses me. Jesus, himself, said: "Do unto others what you would want done to you."

**From Betsy, 20:** I have never considered gay marriage complicated. When two people are in love, regardless of their sex, they should be able to get married. Where I get confused is when gay couples are allowed the same rights as married heterosexual couples but aren't allowed to actually say they're "married." Excuse me, but what the heck is the difference?

**From Lennon, 22:** People say it's in the Bible that marriage is between a man and a woman. Have these people ever heard of "separation of church and state"? If you don't think gays should be allowed to marry, move to the Middle East where the church rules the state. Oh wait! There are terrorists there!

More panel comments are on the website at [www.StraightTalkForTeens.com](http://www.StraightTalkForTeens.com).

Write to Straight Talk at [www.StraightTalkForTeens.com](http://www.StraightTalkForTeens.com) or PO Box 963, Fair Oaks CA 95628



## Downhill Racer Conquers Hill, Tree

At a time when our nation's collective weight is rising faster than the national debt, colleges are actually taking away one of the most popular and vital pieces of sports equipment available to students.

I'm speaking, of course, of cafeteria lunch trays.

In a misguided effort to save money, colleges are eliminating cafeteria trays, forcing students -- their minds already swirling with plans for world peace, cleaning up the environment and Friday night's frat party -- to juggle their plates, glasses, books, laptops, iPods, etc. as they waddle to their table.

As my longtime readers well know, I generally refrain from commenting on subjects I know something about. It's too easy, and besides, what's the point?

But having worked in a college cafeteria and cleaned up many messes, I feel I have to speak up about this important issue.

Mark my words, continuation of this dangerous policy will have the following results:

1) Colleges will see a rise in food spills, which will have to be cleaned up by my proud successors in the nation's dining halls.

2) Despite our nation's concerns about security, trayless students will be left defenseless in the event of a sudden food fight. Also, members of the football squad may instead use their smaller classmates for protection.

3) And by far most important, students will be deprived of the greatest of all college wintertime sports -- downhill traying.

I was fortunate enough to attend a college that boasted the world's leading downhill traying venue. Students from all over the world came to tackle the dreaded Deadman's Hill. (OK, they came from all around north campus and it was called Pencader Hill.)

I still recall my first downhill traying experience,

though some details are a little vague, for reasons that will become clear.

Cafeteria trays in hand, my roommates and I climbed the hill, which was steep and dangerous-looking, especially near the bottom, where a tree's large, low-hanging branch blocked the way.

No problem! said my roommates, who were downhill veterans. It only looks like you're going to run right smack into the branch, they said. At the last second the path zigs to the left and you're home free.

Unfortunately, I was about to take a graduate-level class in the School of Hard Knocks.

Just like an Olympic skier -- at least one who was using a cafeteria tray for the first time -- I took off down the hill.

Racing to the bottom, I saw the tree ahead and the surprisingly thick low-hanging branch. Wow, I thought to myself, it really does look like I'm going to run right into ...

WHAM!

This is where things became a little foggy.

I got up woozily as my friends congratulated me on being the only downhill trayer to successfully strike the tree that evening.

On the plus side, I wasn't bleeding much. On the minus side, that was only because it was too cold outside. Once inside, I bled like a pig.

But I'll always recall my battle with the tree with pride, at least the part I can remember.

So to college presidents across the land, I say, keep those cafeteria trays.

And consider adding helmets.

Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to [dflood287@comcast.net](mailto:dflood287@comcast.net).

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# Know Your County Sign Code

by Annie Parker

Flashy, eye-catching signs can be one of the most cost-effective methods of attracting attention towards your business; however, the eye you may be catching may be that of the County Code Enforcement Division who is responsible for enforcing the Sacramento County Zoning Code's regulations.

"The County maintains limitations on signs because excessive signage can seriously affect the overall aesthetic quality of a neighborhood and on occasion can actually interfere with the health and safety of the public," said Code Enforcement Chief Carl Simpson. "It is also a source of a lot of our complaints and we try to enforce the codes consistently for all businesses."

Here's what you need to know about signs in the unincorporated area of the County:

## Election Signs

If you are interested in showing your support for a particular issue or candidate in the upcoming November election, Section 335-03 of the Sacramento Zoning Code makes an exception for temporary signs in the interest of protecting free speech. All political signs are permissible as long as they are removed within 10 days of the conclusion of the election and that they are set back at least five feet from side property lines and 10 feet from the public right-of-way.

## Choosing a Sign for your Business

Your sign entitlements or rights, depend on where you are located, the type of business you are conducting, the size of your building and your property size. To find out the signage guidelines for your business, contact the Sacramento County Planning Department at <http://www.planning.saccounty.net/>.

## Temporary Signs

For special events, such as grand openings or promotion events, special advertising devices may be permissible, within certain zones, with a temporary use permit, with the following prohibitions: For grand openings, signs cannot be posted longer than 30 days within the first 180 days of business and; for special sales, approved temporary signs may be posted once per year for one period of 30 days. Temporary use permits for signs can be obtained through the Planning Department at <http://www.planning.saccounty.net/>.

## Garage Sales

When advertising for your garage sale, signs are permitted as long as they are placed only on



Giant gorillas are always illegal

your property and they cannot exceed a total of 12 square feet. The Zoning Code does say that no person can mount an advertising device to a building fence, pole or vehicle on display and that does include garage sale signs that are mounted to streetlights, utility poles and fences. Vehicles cannot mount A-frame signs to the roof of their car to advertise a garage sale.

## Prohibited Signs:

Portable signs such as A-frames and temporary signs other than construction signs: "Allowing one sign leads to two signs leads to three, turns to four, and so on," said Code Enforcement Officer Jared Wickliff. "Too many signs start cluttering the sidewalks and can affect the entire character of a neighborhood."

Moving, flashing or rotating signs: Not only can these signs be distracting, particularly if they are located near roadways or intersections, but when people are the ones holding and rotating the signs, it can become a public hazard.

"We have heard of traffic accidents and other hazards stemming from people who stand on corners and hold signs," said Wickliff. "It's not a particularly safe practice and it does violate the zoning code's ordinance against moving signs."

Signs that include the words: stop, look, or listen: Similarly to the moving signs, these signs may interfere with the safe flow of traffic.

Inflatable or lighter-than-air signs: These are the inflatable signs like the giant gorillas and the big wavy man signs that are either inflated or powered by a fan. "Those types of signs are always illegal and there is no use permit that can be obtained to legally display them," said Wickliff.

Learn more about Sacramento County Code Enforcement by visiting their website at: <http://www.msa2.saccounty.net/dns/codeEnforcement/Pages/default.aspx>

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# "Check Before You Burn" Begins Nov 1 in Sac County

The second season of the Sacramento Metropolitan Air Quality Management District's Check Before You Burn program in Sacramento County begins November 1 and runs through February 28, 2009. It is the responsibility of residents to check each day if wood or other solid fuel burning, such as pellets, is allowed.

When air quality is forecast to be unhealthy, the District will restrict or prohibit the use of indoor and outdoor fireplaces and wood stoves, and fire pits and chimineas that burn wood, pellets, manufactured logs or any other solid fuel to keep particulate matter pollution down. A voluntary request to discourage burning will be issued when air pollution levels are forecast to be on the rise.

Levels of Restriction from Highest to Lowest:

### Stage 2 – All Burning Prohibited

All burning is prohibited in any device when air quality is forecast to exceed 40 micrograms per cubic meter. The law prohibits burning any solid fuel, including wood, manufactured logs and pellets.

### Stage 1 – No Burn – Unless Exempt

Burning is prohibited when air quality is forecast to be 36-40 micrograms per cubic meter unless EPA certified fireplace inserts or stoves, or pellet stoves are used.\*

### Burning Discouraged - Voluntary

Burning is discouraged when air quality is forecast to be 26-35 micrograms per cubic meter. Participation is voluntary.

### Burn Cleanly – Ok to Burn

When the forecast is 25 micrograms per cubic meter or lower, the public is allowed to burn and the burning of manufactured firelogs is acceptable at this level.

### Five Ways to Check Before You Burn:

1. Visit [www.AirQuality.org](http://www.AirQuality.org) or [www.SpareTheAir.com](http://www.SpareTheAir.com)
2. Call toll free – 877-662-8765 (877-NO-BURN-5)
3. Subscribe to Air Alert at [www.SpareTheAir.com](http://www.SpareTheAir.com) for e-mails featuring the daily burn status
4. Check the Sacramento Bee's weather page
5. Listen to local television and radio weather reports

### Penalty and Enforcement:

Anyone cited for violating the mandatory restrictions will be subject to a \$50 fine or be given the option to attend a class on acceptable burning practices. Fines for subsequent violations will be higher.

Enforcement will be through complaints (800-880-9025) and sightings of visible smoke by District enforcement staff.

### \*Exemptions:

Rule 421 – Mandatory Episodic Curtailment of Wood and Solid Fuel Burning exempts gas, propane or electric fireplaces and stoves; barbecues and other cooking devices; ceremonial fires related to specific religious activities; and homes where wood is the sole source of heating. Residents meeting financial hardship criteria as approved by the Air Pollution Control Officer will also be exempt.

# Weekly SUDOKU

by Linda Thistle

Answers on page 10

8	2		6				1	
	3			1				4
		9			5	6		
		2			3		5	
	1		7					9
9				2		4	7	
		8	5	6				3
5			9			8		
	7				4		6	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ★

★ Moderate    ★★ Challenging  
 ★★★ HOO BOY!

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# Veteran Lawmaker Proposes Changes in Budget Process

## Former Assembly Republican Leader Dave Cox Calls for a 40-Member Budget Committee and Consideration of Two-Year Budget Cycle

Sharing the frustration many feel about this year's late budget impasse, Senator Dave Cox proposed to bring more involvement and responsibility for all Senators in the budget process. Cox made three recommendations to Senate leaders – consideration of a two-year budget cycle, a Senate Budget Committee composed of all 40 Senators, and an overall reduction in committee assignments - to streamline and prioritize the budget process.

"This year's 80-day budget delay deeply affected many of our constituents. It has added to a deep sense of cynicism among a very large number of citizens in California. Voters who call, write or email our offices are looking to the State Legislature to construct a state government that is efficient and effective and one that provides only those services that are necessary at the least cost to taxpayers," Sen. Cox stated in his letter to President pro Tempore-elect Darrell Steinberg and Senate Republican Leader Dave Cogdill.

Cox added, "While it is relatively easy to complain about the process and to identify problems, I believe that it would be much more productive for all of us to work collaboratively to foster communication and seek solutions."

Following the advice of non-partisan organizations and commissions including the California Citizens Budget Commission, the

Little Hoover Commission, the California Constitution Revision Commission, the California Business Roundtable and the League of Women Voters of California, Sen. Cox advocated that a two-year budget cycle be considered instead of the current one-year budget.

A biennial budgeting process can facilitate more long range planning and more certainty for individuals and entities that rely on the State for funding.

The second proposal is for all 40 members of the Senate to serve on the Senate Budget Committee.

"It is my belief that this single proposal can make an immediate, significant and sustainable improvement in the budget process," Cox said.

Service on the Budget Committee by all Members would cause each to have some ownership and added responsibility for the budget.

A third change is a consolidation of committees and an overall reduction in committee assignments so that more time can be focused on the State Budget and oversight. Passing a responsible budget is the single most important thing that

lawmakers are elected to do. With less committee assignments, each Senator would have more time to focus on each state program and its impact on the State.

Each year, the Budget Committee begins meetings in January, and the individual Budget Subcommittees begin reviewing the budget in early March. Unfortunately, the current process receives little attention from most legislators, the press corps and the public until June.

The current process allows the majority to ignore the minority until the very end of the budget process when a two-thirds vote is required for the budget and tax increases. Compromise must be encouraged earlier in the process. These simple changes to the current process could help reduce the annual partisan gridlock.

"Certainly the strong sense of frustration and despair that enveloped the State Capitol over these last several months can provide the needed motivation to take bold and thoughtful action. The time is now to improve our budget process and to increase legislative oversight and the place to do it is in the California State Senate," Cox concluded.

# Organ Recital at Sacred Heart

Join Conductor Donald Kendrick, Schola Cantorum and Organist Dr. Roger Nyquist in a concert/recital celebrating the "Year of the Organ".

Sunday, October 19, 2008 at 3 PM  
Sacred Heart Church, 39th & J St., Sacramento

Tickets: \$15 General \$10 Students/Seniors 65+

Tickets available at the door  
Schola Voicemail (916) 962-6056

# Academic Honor For Local Resident

Katherine Osborn of Carmichael, Calif. (95608), was named to the Dean's list for the spring 2008 semester of The Johns Hopkins University. To be selected for this honor, a student must earn a grade point average of 3.5 or higher on a 4.0 scale.

Katherine Osborn is the daughter of George and Cheryl Osborn and attended Saint Francis High School in Sacramento, Calif.

Katherine Osborn, who is majoring in writing seminars, will graduate in May 2011.

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## Wipe On, Wipe Off

**Q:** Greg, I've seen some commercials on television about a product called Cajun something or other that is supposed to clean, wax, polish and protect in one step. Do these products really work? I'm tempted to try it, but don't want to waste any money or ruin the paint on my car. -- Bob R., Pennsylvania

**A:** Bob, the product you refer to is called "All In One Cajun Shine All Detailing Kit," with has been promoted on television and newspapers nationwide. This product does work, as I've tried it on my own car.

If you follow the directions, it works great. The one thing the company clearly states is not to use the product on a hot surface, so make sure your car is cool when you use the Cajun Shine All product.

Cajun is a scientific, high-tech, water-based, all-purpose liquid protectant containing micronized waxes, polymers, anti-static dirt and moisture repellants and ultraviolet blockers, and is to be used only with the cloth that comes in the package.

Notable, too, is that many professional race teams have used products like Cajun Shine All for years for quick shines between rounds at the drag strip. The best feature about this product is that your car doesn't need pre-washing, just a little water to dampen the cleaning cloth prior to application.

Like I said, I've tried it and it works, so don't hesitate. For more info on Cajun Shine All, see its Web page at [www.cajunshineall.com](http://www.cajunshineall.com) or call 1-800-853-2880 to order.

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to [gzyla@ptd.net](mailto:gzyla@ptd.net).

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## Weekly SUDOKU

Answer

8	2	5	6	4	9	3	1	7
6	3	7	8	1	2	5	9	4
1	4	9	3	7	5	6	8	2
7	8	2	4	9	3	1	5	6
4	1	6	7	5	8	2	3	9
9	5	3	1	2	6	4	7	8
2	9	8	5	6	1	7	4	3
5	6	4	9	3	7	8	2	1
3	7	1	2	8	4	9	6	5

# King Crossword

Answers on page 4

### ACROSS

- 1 Tit-for-  
4 English channel?  
7 Binge  
12 In bygone times  
13 "— the ramparts ..."  
14 Game venue  
15 Play with Bubble Wrap  
16 Chair protector  
18 Savings acct.  
19 Surf 'n' turf's turf  
20 Heckle  
22 Screw up  
23 Rude look  
27 Antiquated  
29 Jenna Elfman role

- 31 Acid type  
34 Enjoyed a lot  
35 WWII fleet  
37 Coloring agent  
38 Frenchman  
39 Type of cube  
41 Picture of health?  
45 Soaring  
47 Farm female  
48 Paperback book  
52 Weir  
53 Bird-related  
54 Pitching stat  
55 Infuriation  
56 Hiawatha's craft  
57 1/6 fl. oz.

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16			17					
18				19								
20			21		22				23	24	25	26
			27	28			29	30				
31	32	33						34				
35					36		37					
38					39	40			41	42	43	44
				45					46	47		
48	49	50	51							52		
53						54				55		
56						57				58		

= 1 —  
58 Lair

### DOWN

- 1 Rhino's' cousin  
2 Old-time marketplace  
3 November stone  
4 Employer  
5 Walloped  
6 Lachrymose one  
7 Big bag  
8 Country-club staffer  
9 Gun the engine  
10 Compass pt.

- 11 Listening device  
17 Chum, out west  
21 Of a region  
23 House-paint ingredient  
24 Prior to  
25 Ostrich's kin  
26 Eminem's genre  
28 Realty parcel  
30 Dinner for Dobbin  
31 Summertime abbr.  
32 Wall Streeter's deg.  
33 Debtor's letters  
36 Barn's neighbor  
37 Postpones  
40 Break a Commandment  
42 Started over  
43 Cognizant  
44 Red Sea nation  
45 Dermatology subject  
46 Snare  
48 Pouch  
49 Eggs  
50 Shark part  
51 The way, in China

# Costume Dance for Singles

Christian Singles Network, will hold a Costume Dance for single adults Saturday, October 25, from 7 PM to 11:30 PM. at the La Sierra Community Center in Carmichael, 5325 Engle Rd, near the corner of Garfield. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey of AllStar Entertainment, and a dance lesson in the Salsa and Meringue by Janine Wright from 7-8 PM. Dress in a costume or just come casual.

The ticket price of \$15 presale or \$20 at the door includes a light buffet, desserts and the dance lesson.

CSN dances are non alcohol. Christian Singles Network, Northern California's largest inter-church singles group founded in 1992, has over 7,500 singles on its roster and holds dances every 3 to 4 weeks. Call the number below for directions or more information. The music is a mix of rock and roll, ballroom, Latin, country and Christian music.

Membership is not necessary to attend, although members get a \$5 discount at the door. All ages and all denominations are welcome Most attendees fall between the ages of 35 to 65. CSN has been holding dances 16 years, drawing singles from the Sacramento, the foothills, and beyond to Reno and the Bay Area.

Pre-sale tickets are available at Berean Christian Bookstore, Sacramento; Wayside Bookstore, Rocklin and Auburn; Jireh's Bookstore in Placerville; and on line at [www.christiansinglesnet.com](http://www.christiansinglesnet.com), or by mail through CSN, P.O. Box 909, Meadow Vista, CA 95722. Volunteers receive a discount or attend free for helping. Call the office to volunteer.

For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606. The website, [www.christiansinglesnet.com](http://www.christiansinglesnet.com), includes directions to the dance as well as information about upcoming events including seminars, getaways, and parties.

Grow the perfect orchid  
 Organize a charity drive  
 Own a small dress shop  
 Meditate in the mountains  
 Never cook again  
 Volunteer to read for the blind

**Life's a journey.** For part of it, your parents take care of you. For another part, you return the favor. When the time comes, we can help. Mostly, by making sure to honor your parents for a life well lived. If you need it, check out our Alzheimer's and Dementia care with revolutionary Snoeselen therapy. Call 916-972-1313 or go to [aegisliving.com](http://aegisliving.com).

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Photos on puppyfind.com, do location search on CA, or call for appointment to see Meghan, Casper, Jasper, Nightshade & Bluebell.  
Call Julia, 548-4910.

# Pet of the Week: Gigi



(Gigi does not have an animal Id # because she is a LAPCAT cat)

Gigi is a sweet tortisshell kitten that came from a litter of five abandoned orphans. She came to the shelter frightened and timid, but she has blossomed into a real gem. All she needed was a little love and some reassurance that she would be okay. She is a 5-month-old purr machine who loves to rough and tumble with the other kittens in the LAPCATS program, a shelter affiliated volunteer group that is committed to finding homes for shelter cats and kittens. Gigi is up to date on shots, has tested negative for FELV/FIV, has been spayed, treated with a flea preventative, has been dewormed and micro chipped. Gigi is one of the many shelter cats that are part of our LAPCATS adoption program. The cats that are not on display at the

Laguna PetsMart LAPCATS center are in foster care and can be seen at [www.lapcats.petfinder.com](http://www.lapcats.petfinder.com). You can get information about Gigi and animals available in the LAPCATS foster care program by contacting Barbara at [lapcatsrescue@comcast](mailto:lapcatsrescue@comcast) or call 916-247-2287.

You will also find adoptable cats at: Sacramento County Animal Shelter 4290 Bradshaw Rd, Sacramento, Ca 95827

Open Tuesday – Saturday, and the first Sunday of every month.

Offices open at 8:00 a.m. and Kennels are open to the public at 10:00 a.m.

Visit us on the web to view pets online and learn more about our animals, services and programs at: [www.saccountyshelter.net](http://www.saccountyshelter.net).

(916) 368-7387 (PETS)

## Regional Transit Master Plan



Creating A New Transit Vision...Together



Over the last six months, the Sacramento Regional Transit District (RT) received valuable input from over 2,000 community members who agree that the vision for the Sacramento region includes a high quality and high frequency transit system. Now, RT needs your input to determine how we can fund future transit services and improvement projects that were identified as important to the region.

Please join us at a community workshop as we work together to make decisions about transportation investment priorities. You will have the opportunity to participate in an interactive exercise that will shape the future of transit in the Sacramento region.

### Rusch Park Auditorium

7801 Auburn Boulevard, Citrus Heights  
Thursday, October 9  
6 p.m. to 7:30 p.m.

### City of Rancho Cordova

American River North Room  
2729 Prospect Park Drive  
Wednesday, October 15  
6 p.m. to 7:30 p.m.

### Samuel Pannell Meadowview Community Center

2450 Meadowview Road, Sacramento  
Tuesday, October 21  
6 p.m. to 7:30 p.m.

### City of Folsom Community Center

52 Natoma Street  
Thursday, October 23  
6 p.m. to 7:30 p.m.

### South Natomas Community Center

2921 Truxel Road, Sacramento  
Tuesday, October 28  
6 p.m. to 7:30 p.m.

### Tsakopoulos Library Galleria

East Meeting Room  
828 I Street, Sacramento  
Thursday, October 30  
5 p.m. to 6:30 p.m.

### Carmichael Park

Community Clubhouse  
5750 Grant Avenue  
Thursday, November 6  
6 p.m. to 7:30 p.m.

### City of Elk Grove Council Chambers

8400 Laguna Palms Way  
Thursday, November 13  
6 p.m. to 7:30 p.m.

Refreshments will be served. To RSVP, call 916-556-0302 or e-mail [rsvp@sacrt.com](mailto:rsvp@sacrt.com). Reservations are not required, but are encouraged. For more information or to fill out an online survey, visit [www.sacrt.com](http://www.sacrt.com) and click on the TMP logo.

If you need special assistance to participate in the meetings, please call 916-556-0302. RT will provide meeting materials in alternative formats or make arrangements for sign language interpreters and sighted guides upon request. Notification at least 72 hours before the meeting will allow RT to make reasonable arrangements to ensure accessibility to the meetings.

## California Institute of Jewelry Training

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**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO PETITION FOR PROBATE OF WILL and LETTERS TESTAMENTARY PETITION TO ADMINISTER ESTATE**

#34-2008-00019848-PR-LA-FRC  
 re: the ESTATE OF: MARIA GLORIA LOVELL, decedent.  
 A Petition will be held at 9 a.m. on Oct. 22, 2008 in Dept. 129, located at 3341 Power Inn Road, Sacramento, CA 95826.

Publication will be in the Carmichael Times Newspaper.

2. Petitioner: Richard A. Lovell  
 2a. Decedent's will and codicils, if any, be admitted to probate.

2b. Richard A. Lovell be appointed executor.

c. Full authority be granted to administer under the Independent Administration of Estates Act

d. Bond not be required for the reasons stated in item 3d.

3a. Decedent died on June 22, 2008, a resident of Sacramento County.

3b. Street address, city, and county of decedent's residence at time of death: 4704 Heatherbrae Circle, Sacramento County, CA 95842.

Estimated value of the estate for filing fee purposes: At least \$250,000 and less than \$500,000.

4a. Decedent died on January 25, 2008 at Sacramento, CA.

a1. a resident of the county named above. Street address, city, and county of decedent's residence at time of death: 3349 Irvindale Way, Antelope, CA 95843, Sacramento County.

c. Character and estimated value of the property of the estate: (1) personal property, \$500.00; (3) Subtotal: \$500.00; (4) Gross fair market value of real property: \$190,000.00; (5) (Less) Encumbrances: \$29,000.00; (6) Net value of real property: \$161,000.00; (7) Total: \$161,500.00.

d. (1) Will waives bond.  
 e. Copy of decedent's will dated: June 17, 1999.

F1a. Proposed executor is named as executor in the will and consents to act.

c. Petitioner is related to the decedent as: Son.  
 3g1. Proposed personal representative is a resident of California.

a. Decedent's will does not preclude administration of this estate under the Independent Administration of Estates Act.

5a1. The decedent is survived by spouse.

a(4) No registered domestic partner.  
 a(5) Child as follows: natural or adopted.

Listed below are the names, relationships to decedent, ages, and addresses, so far as known to or reasonably ascertainable by petitioner, of (1) all persons mentioned in decedent's will or any codicil, whether living or deceased; (2) all persons named or checked in items 2, 6, 7, and 8; and (3) all beneficiaries of a trust named in decedent's will or any codicil in which the trustee and personal representative are the same person.

Name, age, address and relationship to decedent: Herbert Wendell Lovell, son, 41, 4825 Kingbird Way, Sacramento, CA 95842; Richard Alberto Lovell, son, 42, 5100 Oak Point Way, Fair Oaks, CA 95628; Mark Antonio Lovell, son, 43, 2340 Fair Oaks Blvd. #191, Sacramento, CA 95842; Jose Figueroa-Mercado, spouse, 68, 4704 Heatherbrae Circle, Sacramento, CA 95842.  
 Dated: Aug. 20, 2008.  
 Publish: September 30, October 7, 14, 2008.  
 LOVELL 80905 10-14-08

FICTITIOUS BUSINESS NAME STATEMENT #0809962. Unilab Corporation (Deleware), 3 Giralde Farms, Madison, NJ 07940 is doing business under the Fictitious Business Name "Quest Diagnostics" at 3714 Northgate Blvd., Sacramento, CA 95834. Filed with the Clerk of Sacramento County on Sept. 23, 2008. Publish: September 30, October 7, 14, 21, 2008.  
 QUESTD 80905 10-21-08

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE**

**CHANGE OF NAME #34-2008-0002-CU-PT-GDS**

WHEREAS, Iquo E. Onofiok has filed a petition in this court for a decree changing name of Onofiok. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Nov. 5, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 23, 2008.

Shelleyanne W.L. Chang  
 Judge of the Superior Court  
 Publish: September 30, October 7, 14, 21, 2008.  
 ONOFIO 80905 10-21-08

FICTITIOUS BUSINESS NAME STATEMENT #0810210. Lisa Nicole Sweeney, 2500 La France Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "ASAP Print Solutions" at 3600 Madison Ave. #51-B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on Oct. 2, 2008. Publish: October 7, 14, 21, 28, 2008.  
 ASAPPR 81001 10-28-08

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE**

**CHANGE OF NAME #34-2008-00016631-CU-PT-GDS**

WHEREAS, Dolores E. Hale has filed a petition in this court for a decree changing name of Dolores Eleanor Hale to Deja Hayden Hale. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 13, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the

petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 30, 2008.

Loren E. McMaster  
 Judge of the Superior Court  
 Publish: October 7, 14, 21, 28, 2008.  
 HALE 81001 10-28-08

FICTITIOUS BUSINESS NAME STATEMENT #0810294. James Ronald Wheeler, 7560 Wooddale Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Wheeler & Associates" at 7560 Wooddale Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on Oct. 6, 2008. Publish: October 14, 21, 28, November 4, 2008.  
 WHEELER 81002 11-4-08

FICTITIOUS BUSINESS NAME STATEMENT #0809175. Vladimir Kuleshov and Maria Kuleshov, both of 2931 Connie Dr., Sacramento, CA 95815 are doing business under the Fictitious Business Name "Built for Life" at 2931 Connie Dr., Sacramento, CA 95815. Filed with the Clerk of Sacramento County on Aug. 29, 2008. Publish: October 14, 21, 28, November 4, 2008.  
 BUILTFF 81002 11-4-08

FICTITIOUS BUSINESS NAME STATEMENT #0810210. Lisa Nicole Sweeney, 2500 La France Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "ASAP Print Solutions" at 3600 Madison Ave. #51-B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County on Oct. 2, 2008. Publish: October 14, 21, 28, November 4, 2008.  
 ASAPPR 81002 11-4-08

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE**

**CHANGE OF NAME #34-2008-00016631-CU-PT-GDS**

WHEREAS, Dolores E. Hale has filed a petition in this court for a decree changing name of Dolores Eleanor Hale to Deja Hayden Hale. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 13, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 30, 2008.

Loren E. McMaster  
 Judge of the Superior Court  
 Publish: October 14, 21, 28, November 4, 2008.  
 HALE 81002 11-4-08

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME**

**#34-2008-00024239-CU-PT-GDS**

WHEREAS, Hung Van Vo and Hang Thi My Vo have filed a petition in this court for a decree changing name of Hannah Huynh to Hannah Huynh Vo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Nov. 21, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 9, 2008.

Loren E. McMaster  
 Judge of the Superior Court  
 VO 81002 11-4-08

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE**

**CHANGE OF NAME #34-2008-00020292-CU-PT-GDS**

WHEREAS, Dawn J. Bixler-Barnes has filed a petition in this court for a decree changing names of Dawn Jeanette Bixler-Barnes to Dawn Jeanette Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at Nov. 14, 2008 at 2 p.m. in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Oct. 9, 2008.

Loren E. McMaster  
 Judge of the Superior Court  
 Publish: October 14, 21, 28, November 4, 2008.  
 BARNES 81002 11-4-08



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**MANICURIST NEEDED** — We are a contemporary, new, drama-free salon located in Carmichael. Must have clientele following—low booth rent, move-in specials. Call 916-481-3864 (ARM)

**\$\$\$19 PEOPLE WANTED\$\$\$** \$1,200-\$4,400 Weekly Working from Home Assembling Information packets.No Experience Necessary! Start Immediately! FREE Information 24hrs. CALL NOW! 1-888-248-1359 (Dept.75) (NANI)

**HOME REFUND JOBS!** Earn \$3,500-\$5,000 Weekly Processing Company Refunds Online! Guaranteed Paychecks! No Experience Needed! Positions Available Today! Register Online Now! www.RebateWork.com (NANI)

**\*\*AWESOME CAREER\*\*** Government Postal Jobs!\$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING!Green Card O.K.Call 1-800-983-4384 ext. 54 Closed Sundays. (NANIG)

**NCim is looking for EVENT PERSONNEL** to hand out samples in local grocery stores. \$12+/hour. Weekends call 800-799-6246 ext.168 or visit www.ncim.com (Cal-SCAN)

**Exp & professional filing clerk needed** to organize and file for private residence. Must have own trans. Hrs: 12:30-5:30pm, m-w-f. \$12/hr. \$180.00/wk flat. Resume to: FAX: 916-638-9951. (ARM)

**Government Jobs-\$12-\$48/hr** Paid Training, Full benefits. Call for information on current hiring positions in Homeland Security, Wildlife, Clerical and professional. 1-800-320-9353 x2100 (NANIG)

**Post Office Now Hiring.** Avg. Pay \$20/hour or \$57K annually Including Federal Benefits and OT. Offered by Exam Services, not Aff. w/ USPS who hires.1-866-574-4781 (NANIG)

**AWESOME CAREER** Government Postal Jobs!\$17.80 to \$59.00 hour Entry Level.No Experience Required / NOW HIRING! Green Card O.K.Call 1-800-913-4384 ext. 53 Closed Sundays. (NANIG)

**AIRLINES ARE HIRING** - Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified -Job placement assistance. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

**AIRLINES ARE HIRING** - Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified -Job placement assistance. CALL Aviation Institute of Maintenance (888) 349-5387 (NANI)

**ATTEND COLLEGE ONLINE**

from Home. \*Medical, \*Business, \*Paralegal, \*Computers, \*Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

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**STRESSED OUT?** Work from home & get paid daily! www.happyandhealthyfamily.com 888-211-4268 (ARM)

**ASSEMBLE MAGNETS & CRAFTS FROM HOME!** Year-round Work! Excellent Pay! No Experience! Top US Company! Glue Gun, Painting, Jewelry & More! TOLL FREE 1-866-844-5091 (NANI)

**Single Again Magazine Online** is seeking an independent sales contractor to generate advertising sales for our nationally recognized website. We are a website designed for the divorced, widowed and separated that offers real advice and articles to help people rebuild their lives. This is a part-time, extra income opportunity that you can work at from your home. Compensation is commission only, but the commission is a generous rate. Check us out at www.SingleAgain.com. To apply, send your email to publisher@singleagain.com.

**DRIVER - CDL Training:** \$0 down, financing by Central Refrigerated. Company Drivers earn average of \$40k/year. Owner Operators average \$60k/Year. 1-800-587-0029 x4779. www.CentralDrivingJobs.net (Cal-SCAN)

**DRIVER:** Don't Just Start Your Career, Start It Right! Company Sponsored CDL training in 2 weeks. Must be 21. Have CDL? Tuition Reimbursement! www.JoinCRST.com 1-800-781-2778. (Cal-SCAN)

**DRIVERS** - Ask about qualifying for 5 raises in a year! No experience? CDL Training available. Tuition reimbursement. 1-877-232-2386 www.SwiftTruckingJobs.com (Cal-SCAN)

**DRIVER- \$5K SIGN-ON Bonus** for Experienced Teams: Dry Van & Temp Control available. O/Os & CDL-A Grads welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

**TEAMS LOOK NO FURTHER** Than Heartland! We have great miles, great pay, 1100 mile length of haul, western freight, drop and hook, no touch, overtime and more. Heartland Express 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

**DRIVERS: CALL ASAP!** \$\$ Sign-On Bonus. 35-41 cpm. Earn over \$1000 weekly. Excellent Benefits. Need CDL-A and 3 months recent OTR. 1-877-258-8782. www.MeltonTruck.com (Cal-SCAN)

**IMMEDIATE OPENINGS. CDL** A team & solo owner operators. \$1.00 empty. Up to \$2.45 loaded. OTR & regional positions. Ammo experience a plus. Sign-on bonus negotiable. 1-800-835-9471. (Cal-SCAN)

**Never A Layoff! SPONSORED CDL TRAINING.** No Experience Needed! Earn \$40k-\$75k in your new career! Stevens Transport will sponsor the total cost of your CDL training! Excellent Benefits & 401K! EOE. Call Now! 1-800-358-9512, 1-800-333-8595. www.BecomeADriver.com (Cal-SCAN)

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**OWNER/OPERATORS** with own permits and insurance to pull our 53' refrigerated trailers. \$1,000 Sign-On Bonus, weekly settlements, stop pay, fuel card program, 100% lump sum reimbursement. Company driver positions also available. Brent Redmond Logistics. 1-800-777-5342. (Cal-SCAN)

**Matheson Trucking, Inc. is now hiring** an Executive Administrative Assistant to be the primary support for the CEO, CFO and COO. Supports front desk, prepares and maintains documents, schedules meetings and travel. Must have 5-7+ years exp supporting a corporate environment; excellent verbal and written communication skills; proficient in MS Outlook, Word, Excel and PowerPoint. Must be professional, friendly and a team player. Fax resume to 866-418-9913 (ARM)

**QUIT LONG-HAUL,** run regional and Have It All! \$.41 per mile. Home weekly! Benefits! Stability for peace of mind! Heartland Express 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

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**House Cleaning/Pet Sitting** Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (ARM)

**Handyman, JR Handyman Service** Randy 916-880-6742 Joel Carter 916-637-3825 (ARM)

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**Gold Country Handyman.** Build - Remodel - Repair Free estimate 916-391-4706 Richard Romero Lic 847423 (ARM)

**Homesitters on Wheels,** Office needs two RV'ers with RV's for Petsitting 916-483-5146 (ARM)

**Plumbing Services** Specialty Plumbing - Remodels, Repipes, Water, Sewer, Gas Lines, Water Heaters CA License 918844 (916) 607-6749 (ARM)

## Landscaping

**Lawn and Garden Service** Bi-weekly or monthly Call for FREE estimates 965-8224 (ARM)

**Lawnmower Service** Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281. (ARM)

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Low Rates 916 524-7477 (ARM)

## Legal Services

**Need an Attorney?** Have a legal situation? Looking for extra income? Contact Eicka Mitchell at 916-729-7364 or ericamitchell@prepaidlegal.com (ARM)

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## Mobile Homes

**BRAND NEW MOBILE/ Manufactured Homes** with Warranty. Buy at Factory for \$19,900. Photos and Floor plans online www.FactorySelectHomes.com or 1-800-620-3762 for color brochure. (Cal-SCAN)

## Miscellaneous

**RICHMOND'S HUNTING CLUB** Come hunt with us - 20K acres Doves, Quails, Pheasants, Ducks and Geese For information: Dennis Sanders 530-913-5817 or Les Edwards 530-458-3814 (ARM)

**CHRISTIAN DATING & FRIENDSHIP SERVICE.** Over 100,000 members, countless relationships & marriages since 1989. Singles over 40 call anytime for a free package, 1-800-437-1926 (NANI)

**International Inventor's EXPO.** Las Vegas - Oct. 18th -19th, 2008. FREE admission. Inventions Worldwide. Booths available. See investors, buyers, and licensee's www.inventbay.com/inventorexpo or call 1-888-999-4391 (NANI)

**Advanced Stuttering Therapy** Speak fluently. Practical, Effective 12-day treatment. Superior, long-term results. Some scholarships available. Hollins Communications Research Institute—nationally recognized center, Roanoke, Virginia. 540-265-5650 www.Stuttering.org (NANI)

## Miscellaneous Items For Sale

**DIRECTV FREE 4 Room System!** All 265+ Channels Free 4 Months! Includes Movie Channels! 95 HD Channels! Ends Soon, Ask How! Packages Start \$29.99! FREE DVR/ HD! 1-800-973-9044 (NANI)

**SEARSCentral Cooling Systems** from Sears Home Improvement Products. Full Line of CARRIER(R) & KENMORE(R) products. ENERGY STAR(R) qualified systems. Call for a FREE in-home estimate. 1.877.669.8973 (NANI)

**\*\*A L L Satellite Systems are not the same.** Programming starting under \$20 per month, HDTV programming under \$10 per month and FREE HD and DVR systems for new callers. CALL NOW 1-800-799-4935 (NANI)

**DIET PILLS** Maximum prescription strength Phentermine, 37.5 mg, blue and white capsules, 60 count, \$77.95. No Prescription needed. Free Shipping! 1-800-627-7896 ext. 807 (NANI)

**Moving-Must Sell!!** Arcade style Nintendo Popeye game with quarter

mechanism. Works also without mechanism connected. It's a joy for small children to see Pluto try to catch Popeye and save Olive Oil. For the serious video player. The game is a real challenge. \$500 or best offer. Call Shirley at 482-4188. (ARM)

**FREE DIRECTV 4 Room System!** All 265+ Channels Free 4 Months! Includes Movie Channels! 95 HD Channels! Ends Soon, Ask How! Packages Start \$29.99! FREE DVR/ HD! 1-800-620-0058 (NANI)

**Satellite Internet Broadband!** Goodbye Dial-Up! Available Everywhere! Lightning Fast! 30x-50x Faster! \$100 Cash Back! Local Installers! Free Installation! Order Hughes NetToll Free 1-866-815-2851 (NANI)

**DIRECTV Satellite TV:** Free Install 4-Room System; Free Equip Upgrade; Save \$18/month for 12 months. Offer ends 10/7/08. Call Expert Satellite 1-866-926-2066 (credit card required) (NANI)

**DIRECTV Satellite Television,** FREE Equipment, FREE 4 Room Installation, FREE HD or DVR Receiver Upgrade. Packages from \$29.99/mo. Call Direct Sat TV for details 1-800-380-8939 (NANI)

**FREE DIRECTV Satellite TV** For 4 months with NFL Sunday Ticket package; or Save \$18/month for 12 months. Packages form \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

**MEMORY FOAM THERAPEUTIC NASA VISCO MATTRESSES WHOLESALE!** AS ON TV TWIN-\$299 FULL-\$349 QUEEN-\$399 KING/CAL KING \$499 CRAFTMATIC A D J U S T A B L E S - \$ 7 9 9 FREE DELIVERY 25 YEAR WARRANTY 60 NIGHT TRIAL 1-800-ATSLEEP 1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

**DIRECTV Satellite TV.** Save \$18/month for 12 months.Free Install 4-Room System; Free HD or DVR upgrade. Packages from only \$29.99/mo. Call Expert Satellite 1-866-926-2066 (NANI)

## Musical Instruments

**WORLD GUITAR SHOW.** Buy, Sell, Trade, Marin Civic/San Rafael, July 26-27, Pomona Fairplex, August 2-3, Saturdays 10-5, Sundays 10-4. Bring your gear!! www.TXShows.com (Cal-SCAN)

## Notary

**Mobile Notary Services** Certified Loan Signer Paralegal Services Powers of Attorney, Wills Will Travel to Your Home or business 916-508-7080 (ARM)

Notary Services Hospital, Care Home or make arrangements. Call (916) 482-9388 for details. Ask for Debbie or leave message. (ARM)

## Painting

**All Pro Painting** Res/Com. Quality work free est. sen disc lic914715 Ph 607-0523 (ARM)

## Pets



# CLASSIFIED



**Pet Sitting/House Cleaning**  
Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates. Call Madeline 916-723-1608. (ARM)

**Dog Poop R Us**, They poop, we scoop. Specializing in dog poop removal services. 916-DOG-POOP (ARM)

**Pet Sitters Wanted!**  
Gold River has a need for pet sitters. References required. Please call 916/635-5590. (ARM)

**Home Sitters on Wheels** office needs two RV'ers with RV's for pet sitting. Call 916-483-5146 for more information. (ARM)

**Annie's Pet Sitting Services**  
Lisensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952 (ARM)

## Novenas & Prayers

**NOVENA TO ST. JUDE** May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (ARM)

**Wanta go to heaven without dying?** Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (ARM)

## Real Estate Homes For Sale

**Smart Buyers Check out this one in Gold River** Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, large family room. Plantation shutters, carpet, window coverings, Mexican paver tiles in entry, family room, kitchen and laundry room. Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees. New Lifetime concrete shake roof. Fabulous rock waterfall and pond. Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (ARM)

**3BR 2BA Foreclosure!** Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANIG)

**Motivated Seller- Great Buys-two homes-Good Areas.** #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000. #2 Dream Kitchen w/granite-tiled & beautiful bathrms & floors. \$260,000. Glenda Hill 761-7548. (ARM-M)

**FORECLOSED HOME AUCTION.** All Northern California. 1000+ Homes Must be Sold! Free Catalog 800-470-9314. USHomeAuction.com (Cal-SCAN)

**AUCTION** - Jackson Hole Annual Fall Real Estate Auction. Homes, lots, land, cabins, bank repos & more. Sat. September 20th 12:12 Noon. Call 866-486-SOLD(7653). www.JacksonHoleAuctions.com AUCTION. (Cal-SCAN)

## Real Estate Land For Sale

**\*LAND AUCTION\*** 200 Properties Must be Sold! Low Down / EZ Financing. Free Brochure. 1-800-756-2087. www.LandAuction.com (Cal-SCAN)

**GIANT OCEANVIEW LOTS** in California!!! Mobile Homes O.K.! Paved Streets! Electricity! Fishing! Boating! Beaches! Gorgeous Area! \$200.00 Down! \$200.00 Monthly! (10%/216 months) \$19,995.00 Cash! Owner! (949)260-9316. (Cal-SCAN)

**Buy HUD Homes from \$199/mo!** Payments from \$199/mo! Financing Referrals Available! For Listings & Info 800-508-8178 Ext. 1276 (NANI)

**NEW TO MARKET.** Washington/Idaho border. 6 ac just \$39,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

**ARIZONA LAND BARGAIN** 36 Acres - \$24,900. Beautiful mountain property in Arizona's Wine Country. Price reduced in buyers market. Won't last! Good access & views. Eureka Springs Ranch offered by AZLR. ADWR report & financing available. 1-877-301-5263. (Cal-SCAN)

**ALMOST HEAVEN.** Washington/Idaho border. 6 ac just \$49,900. Calendar cover beauty in Palouse Country. Rare acreage in an area where land is rarely available. Rolling hills, river access, near town & golf, close to WSU. Has it all including great price, must see. EZ terms. Call WALR 1-866-836-9152. (Cal-SCAN)

**Beautiful SOUTHEAST TENNESSEE MOUNTAINS** Established gated community, secluded, paved roads, utilities; interior & bluff lots, wooded; 5 acres & up. 800-516-8387 or visit http://www.timber-wood.com (Cal-SCAN)

**BUY BULK 40 AC** just \$29,900. Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

**FORECLOSURE SPECIAL!** 100+ Acre Colorado Ranch for \$49,900. Year-round roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

**MONTANA HORSE RANCH and Hunting Camp.** 160 acres w/mountain views, \$139,900.

480 acres - borders BLM Land, \$349,900. Great birds and huge elk and deer. Miles and miles of BLM trails. Call 1-877-229-7840 www.WesternSkiesLand.com (Cal-SCAN)

**NEW MEXICO SACRIFICE!** 140 acres was \$149,900, Now Only \$69,900. Amazing 6000 ft. elevation. Incredible mountain views. Mature tree cover. Power & year round roads. Excellent financing. Priced for quick sale. Call NML&R, Inc. 1-888-204-9760. (Cal-SCAN)

**NEW TO MARKET-** Colorado MountainRanch. 35 acres- \$39,900. Priced for Quick Sale. Overlooking a majestic lake, beautifully treed, 360 degree mountain views, adjacent to national forest. EZ terms. 1-866-353-4807. (Cal-SCAN)

**35+ Acres from \$34,900.** First Come, First Served Saturday, October 4, 2008. Southern Colorado ranches. Excellent financing available. Call for your private property tour. 1-866-696-5263 x4574. (Cal-SCAN)

**NEW TO MARKET.** New Mexico Ranch Dispersal 140 acres - \$89,900. River Access. Northern New Mexico. Cool 6,000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

**UTAH RANCH DISPERSAL.** Experience the fun and relaxation of having your own 40 acres in the great outdoor recreational area of the Uintah Basin. Starting at only \$29,900. Call UTLR 1-888-693-5263. (Cal-SCAN)

**NEW ARIZONA LAND Rush!** 1 or 2-1/2 "Football Field" Sized Lots! \$0 Down. \$0 Interest. \$159-\$208 per month! Money Back Guarantee! 1-877-466-0650 or www.SunSitesLandRush.com (Cal-SCAN)

**LAKEFRONT OPPORTUNITY.** Nevada's 3rd Largest Lake. Approx. 2 hrs. South of Carson City. 1 ac Dockable \$149,900. 1 ac Lake Access \$49,900. 38,000 ac Walker Lake, very rare. Home sites on paved road with city water. Magnificent views, very limited supply. New to market. Call 1-877-542-6628. (Cal-SCAN)

**MONTANA'S BEST LAND DEAL 20AC-** Ponderosa Pines, County Road & Utilities. Was: \$99,900. Now: \$79,900. 160AC w/New Log Cabin Was: \$199,900. Now: \$149,900. 208AC w/Huge Storage Barn Was: \$299,900. NOW: \$249,900. Affordable financing, discounted prices. Absolutely beautiful land. Call 877-229-7840. Visit www.WesternSkiesLand.com While we talk! (Cal-SCAN)

**MONTANA'S BEST EVER Elk & Deer Hunters Land Deal.** Book a trip- we'll prove it. Buy a lot, the trip's on us! 160- 600AC Tracts Starting at \$700/AC. 877-229-7840. www.WesternSkiesLand.com (Cal-SCAN)

**3BR 2BA Foreclosure!** Only \$48,900! Bank Owned! Call for Listings & Info. 800-279-1604 (NANI)

**Granite Bay Listings** View at www.lizyoakum.com Call 390-5634 (ARM)

## Real Estate Loans

I BUY NOTES and Deeds of Trust - call Frank 530-885-8032 or visit www.FGRealEstateInvesting.com for FREE information and quote. (Cal-SCAN)

**REAL ESTATE/OUT OF STATE FORECLOSURE SPECIAL!** 100+ Acre Colorado Ranch for \$49,900. Year-round roads, utilities. Access to 6,000+ acre recreation land. Call 1-866-OWN-LAND x4392. (Cal-SCAN)

**20 ACRE RANCHES,** Near Booming El Paso Texas. Roads Surveyed. \$15,900, \$200 Down, \$159/month, (10%/209 mths). Money Back Guarantee. Free Maps & Pictures. 1-800-343-9444. No Credit Checks!! (Cal-SCAN)

## Real Estate Out of State

**TENNESSEE MOUNTAIN ACREAGE** 2 Acre Beautiful Homesite, Million \$ View! Secluded, Utilities, Overlooking Tennessee River. Close to Marina, Schools, Shopping! \$59,900 Low Down, Owner Financing! 330-699-1585 (NANI)

**Colorado, 5 acres, \$7500!** \$500 down, \$125/month. Tract with water well, \$12,500 (good terms). Beautiful high mountain country. Good year round roads. Owner, 806-376-8690 (NANI)

**20 ACRE RANCHES,** Near Booming El Paso Texas. Roads Surveyed. \$15,900, \$200 Down, \$159/month. Money Back Guarantee. Free Maps & Pictures. 1-800-343-9444. No Credit Checks!! (Cal-SCAN)

**TEXAS LAND LIQUIDATION!!** 20-acres, Near BOOMING El Paso. Good Road Access. Only \$14,900. \$200/down, \$145 per/mo. Money Back Guarantee. No Credit Checks. 1-800-843-7537 www.sunsetranches.com (NANI)

**PRICED TO SELL!** Newly Released Colorado Mountain Ranch. 35 acres- \$39,900. Majestic lake & Mountain views, adjacent to national forest for camping or hiking, close to conveniences. EZ terms. 1-866-353-4807. (Cal-SCAN)

**BUY BULK 40 AC just \$29,900.** Your own gorgeous ranch. Stunning land, inspiring views, great location, 2 hours east of Salt Lake in ideal outdoor recreational area. County maintained roads, ready to build or just hold and enjoy. Priced at bulk acreage prices for quick sale. Must sell. EZ Terms. Call UTLR 1-888-693-5263. (Cal-SCAN)

**AZ LAND BARGAINS.** 5 to 80 acres, lowest possible prices. EZ terms. Call AZLR for free recorded message. 1-888-547-4926. (Cal-SCAN)

**BULK LAND SALE 80 acres - \$49,900.** Take advantage of buyers market and own beautiful mountain property. Price reduced on large acreage in Arizona's wine country. Won't last! Good access & views. Wildlife abounds at Eureka Springs Ranch. Financing available. Offered by AZLR. ADWR report. 1-877-301-5263. (Cal-SCAN)

**TENNESSEE MOUNTAINS** 1+ to 2 acrehomesites. Wooded Bluff and Lake View. Starting at \$59,900. Guaranteed Financing! 866-550-5263. Ask about Mini Vacation. 3 days, 2 Nights & Travel Allowance. (NANI)

## Restore Old Photos

**Restore Old Photographs** Share memories of special places and times with your family. (916) 483-6051 - Laws Studio, Crestview Center (Manzanita at Winding Way in Carmichael)(ARM)

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**SELL YOUR RV FAST!** Online at RVT.com 15,000+ Customers Daily. 40,000+ Private and Dealer Listings www.RVT.com Serving the RV Trader since 1999. 1-800-677-4484. (Cal-SCAN)

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**HIGH SCHOOL DIPLOMA!** Fast Affordable & Accredited FREE Brochure. Call NOW! 1-800-583-2123 www.continentalacademy.com (NANI)

**INCREASE YOUR RAILROAD** hiring potential! Train at NARS, Overland Park, Kansas. Complete training 4-8 weeks. Average salary \$63k. Lender info available. Conductor- Electrical/Mechanical, Freight Car, Signal, Welder. 1-800-228-3378. www.RailroadTraining.com (Cal-SCAN)

**PIANO LESSONS** first lesson FREE-Always wanted to learn? Never too late-call Kate at 916 704-0965. Sr.discount (ARM)

## Services Offered

I take you to the doctors, shopping or misc. errands. Call for schedule. Serving most areas. 916-214-8169. (ARM)

**Seeking Security Placement** in Fair Oaks or Carmichael, Licensed Call 916-712-2137 (ARM)

## Spa / Hot Tub

**SPA/HOT TUB** 5 person portable maint-free Spa. Sells new \$4495. Sacrifice \$2450. Cover and delivery included. NEVER USED. 866-953-7727 (NANI)

## Steel Buildings

**Steel Buildings.** 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% off on erected completed projects. www.scg-grp.com Source #0DL Phone: 916-248-4416 (ARM)

**BUILDINGS FOR SALE!** "Beat Next Substantial Increase!" 20x30x12 \$4,900. 25x40x14 \$7,900. 30x50x14 \$9,085. 35x56x16 \$13,200. 40x60x16 \$16,900. 50x140x19 \$47,600. 60x100x18 \$37,000. Others. Since 1980. 1-800-372-8053. (Cal-SCAN)

## TimeShares

**BUY TIMESHARE REALES** SAVE 60-80% OFF RETAIL!! BEST RESORTS & SEASONS. Call for FREE TIMESHARE MAGAZINE! 1-800-639-5319 www.holidaygroup.com/flier (NANI)

**SELL/RENT YOUR TIMESHARE NOW!!!** Maintenance fees too high? Need Cash? Sell your unused timeshare today. No Commissions or Broker Fees. Free Consultation www.sellatimeshare.com 1- 877-494-8246 (NANI)

## Travel / Vacation

**Vegas Baby - FREE!** 3 days 2 nights Pay Nothing - 5 Star Resort Las Vegas - Tahiti Village Call NOW! 1 888-704-6946 (NANI)

**FREE 2 Night Cruise Vacation!** To the Bahamas - Imperial Majesty Just pay port fees- Meals and Cruise are 100% FREE Call Now 1-800-380-6510 (NANI)

**Vegas Baby - FREE!** Get away 3 days 2 nights Pay Nothing - High Roller Treatment Las Vegas - 5 Star Resort Must Call NOW! 1-888-704-6946 (NANI)

**Warm autumn specials** at Florida's Best Beach- New Smyrna Beach. Stay a week or longer. Plan a beach wedding or family reunion. www.NSBFLA.com or 1-800-541-9621 (NANI)

## Upholstery

**Upholstery B&T** Upholstery and Repairs. Specializing in Deco & Modernism. Call Bill 392-1959 / 995-7177 (ARM)

## Volunteers Needed

**Volunteers Needed:** The Domestic Violence Intervention Center needs caring people to assist victims of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd., Citrus Heights, CA

## Welding Services

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# Sacramento Choral Society & Orchestra Unveils 2008-2009 Season at Mondavi Center

The Sacramento Choral Society and Orchestra and conductor Donald Kendrick are pleased to announce their 2008-2009 Concert Season of performances "Sundays at Seven" at the UC Davis Mondavi Center. The opening of their 13th Season featuring the 170 voice Chorus and full Symphony Orchestra begins on Sunday, November 9th at 7 PM with "A Haydn Bicentennial". The concert will include Haydn's "Lord Nelson Mass" and the west coast premiere of British Composer Jonathan Willcocks' "A Great and Glorious Victory". Both masterpieces celebrate a victory for humanity and the triumph of the human spirit.

Capture the holiday magic as the SCSO spreads the spirit of the season with candlelit processions, new and familiar carols and good cheer at the annual standing-room-only "Home for the Holidays" in the Mondavi Center on Saturday, December 13 at 2 PM and at 8 PM. Share in the audience carol sing-along and let the Sacramento Choral Society and Orchestra bring the spirit of the season home for you. Season subscribers will have first pick of seats for this community favorite.

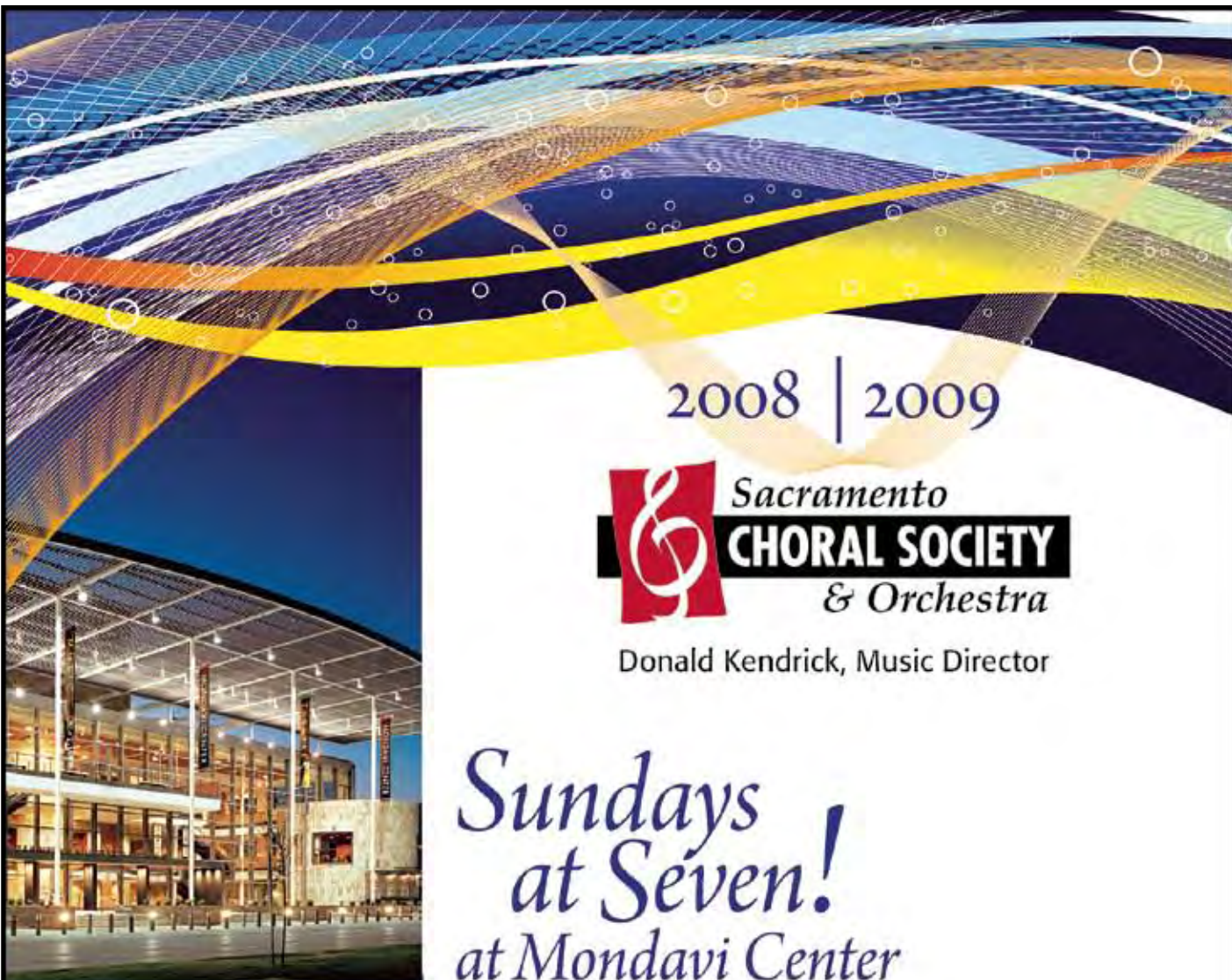
The opening of the spring season will feature "Bach's Birthday Celebration" on Sunday, March 22 at 7 PM in the Mondavi Center. The program will present some of Bach's greatest music including the "Magnificat" and excerpts from the Passions and Masses.

On Sunday, June 7 at 7 PM in the Mondavi Center the SCSO will conclude their season with a performance that salutes the choral tradition featuring unaccompanied part-songs as well as chamber works by a variety of composers including G.F. Handel, Eric Whitacre and William Mathias.

The November 9 and March 22 concerts will include a Pre-concert Podcast with Conductor Donald Kendrick that will be accessible from the SCSO website. Season and single tickets are available from \$110 - \$145 at the Mondavi Box Office: 1-866-754-2787. For more information please call or e-mail the SCSO at (916) 536-9065 (scso2005@yahoo.com) or visit [www.sacramentochoral.com](http://www.sacramentochoral.com).

## An Evening of One Act Comedies

St. Michael's Actors Guild, an Emmy award-winning theater group, is presenting Repertory Romp: An Evening of One Act Comedies. Several short pieces include works ranging from old-fashioned melodrama to a fifteen minute rendition of Hamlet. Last performance is Oct. 17 at 8 pm. There will be a special dinner theater. Doors will open at 6 pm, a multiple course French dinner will be served at 6:30, and the performance will begin at 8 pm. Tickets are \$15 general, \$12 seniors, students, and SARTA members, \$35 for dinner and show (advance sale tickets only). For reservations call 557-0151. All performance are held in Johnstone Hall, St. Michael's Episcopal Church, 2140 Mission Avenue, Carmichael. This show is suitable for all ages and all proceeds go to support St. Michael's ministry in the community.



2008 | 2009



Donald Kendrick, Music Director

*Sundays  
at Seven!  
at Mondavi Center*

## Concerts

NOV 9

DEC 13

MAR 22

JUNE 7

Haydn Bicentennial  
Home for the Holidays  
Bach's Birthday Celebration  
Choral Soundscapes



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