

Carmichael Times

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September 23, 2008

Passport to Parks Winner Donates Bike to Charity

Supervisor Peters Encourages New Voters to Confirm Registration Status Online

October 20 is Deadline to Register for November Presidential Election



(L-R) Brad Winter with Bicycles Plus, stands by as Angela Young with Mustard Seed Spin is presented with the Trek 7100 bike to be auctioned off for charity by Robert Peck, PASSPORT to Parks winner.

Robert Peck, a Sacramento County resident and winner the Department of Regional Parks' PASSPORT to Parks drawing, picked up his brand new bicycle from Bicycles Plus in Folsom on September 15.

Since he already owns a bike, Robert decided to donate the new Trek 7100 bike to the Mustard Seed Spin, an annual charity bike ride for kids which raises money for the Mustard Seed School for homeless children in Sacramento. This year's event takes place on Saturday, September 28, 2008 at the William B. Pond Recreation Area along the American River Parkway.

Peck, a pediatrician with Kaiser

Permanente, decided to donate his prize after he was notified that he had won the Passport drawing grand prize. He was already aware of the upcoming Mustard Seed Spin event through work, as Kaiser is one of the event sponsors.

"I already have a nice bike at home, and I didn't want to just leave this bike sitting around for the occasional guest," said Peck. "This seemed like a great chance to donate the bike for a good cause."

As an amateur photographer, Peck uses his PASSPORT to Parks to access Arden Bar, River Bend, and Sunrise parks take photos of the American river during the winter. He can also access the Parkway

from his home and is an avid bicycle rider.

As for the generous donation of the brand new 7100 Trek bike as the grand prize for the Passport to Parks contest, John Crews, owner of Bicycles Plus in Folsom, said that they were pleased to have the opportunity to make the donation to Parks.

"We love the Parkway, we love to ride and we are always happy to help out Regional Parks," said Crews.

If you are interested in purchasing a Parks PASSPORT, a \$50 value which pays for itself in as little as 10 visits, please visit the County Department of Regional Parks PASSPORT page at <http://www.sacparks.net/passport-to-parks/index.html>.

For information about the 4th Annual Mustard Seed Spin, including how to donate and how to register to ride for a good cause, visit <http://www.mustardseedspin.org>.

For more information about Bicycles Plus, one of the associate sponsors for the PASSPORT to Parks program, visit their website at <http://www.onlinecycling.com/>.

County Supervisor Susan Peters is reminding all voters to take the necessary steps now to ensure they are ready to participate in the November 4, 2008 General Presidential Election.

"People who have registered for the first time should confirm that they provided all the required information and are indeed correctly registered to vote," says Peters. "If a currently registered voter has moved, he or she also needs to make sure they have updated their addresses with the local registrar to avoid problems on Election Day."

Many voters move between elections and fail to update their addresses with the local registrar which can create problems and confusion on Election Day.

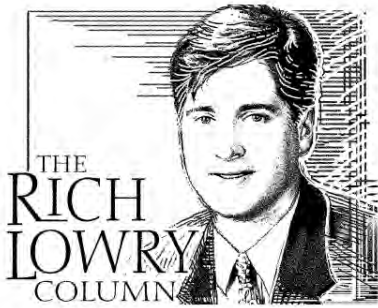
The last day to register to vote for the November General Presidential Election is October 20, 2008. Registration cards are available at post offices, libraries or calling the Sacramento County Elections Office at (916) 875-6451.

"All voters in Sacramento County can go online to confirm that they are registered at their correct address," added Peters. "By visiting the Sacramento County Elections Office web site at www.elections.sacounty.net a voter can make sure they are actually registered to vote."

The web site also provides information about how to participate in the election via absentee voting or voting by mail.

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Founder's
Day - Pg 4



Hating Sarah

Sarah Palin works fast. She instantly became the object of the kind of partisan hatred that most politicians can raise only after prosecuting an unpopular war and lying about their misconduct in office (Nixon), after making sanctimonious dishonesty an art form and getting caught in flagrante with an intern (Clinton), and after winning a disputed election and botching a foreign occupation (Bush).

Palin-hatred is an artifact of who she is rather than anything she's done. Joe Biden famously rose from the working class to the U.S. Senate. Palin became governor of Alaska, but never left the working class -- with her old-fashioned beehive hairdo and librarian eyeglasses, with a husband who is a commercial fisherman and works on a North Shore oil field, and with her hobbies of fishing and hunting.

As such, she's the object of the cultural disdain of a left that loves the working class in theory, but is mystified or offended by its lifestyle and conservative values in reality. If there's ever been an exemplar of

the rural America that, in Barack Obama's telling, "bitterly" clings to its guns and religion, it's Sarah Palin.

A popular liberal talk-radio host calls her a "bimbo," a Washington Post columnist compares her to Caligula's horse, and the left-wing blogosphere goes on a demented jag about how her fifth son, Trig, is really the son of her 17-year-old daughter, Bristol. The lunacy forced the Palins to issue a statement that Bristol is pregnant, setting off a feeding frenzy from the same press that went out of its way to protect the privacy of John Edwards.

In a less-poisonous atmosphere, Palin might have diminished the intensity of the "mommy wars." Here were traditionalist conservatives hailing a very busy working mom with five kids, including a handicapped 4-month-old. But the same feminists who ordinarily dismiss stay-at-home moms as benighted betrayers of the sisterhood now question whether Palin can juggle her family and political responsibilities. Washington doyenne Sally Quinn worries about putting "the

mother of young children in a job outside the home that will demand so much of her time and energy."

A lot of Palin-hatred is couched in terms of her lack of experience. Fair enough, but there's a tone of contemptuous dismissiveness about the experience that she does have -- fueled no doubt by her career in "fly-over country" so remote no one really flies over it. The Obama campaign is loath to admit that she's governor of Alaska, pretending instead she's still mayor of tiny Wasilla.

Is Palin ready to take over on Day One? No. But she's not being asked to be president on Day One, but vice president in what will probably be a post-Cheney, more traditional model of the office. She has no less political experience than John Edwards when he was a one-term senator who had never before held elected office when he was John Kerry's running mate in 2004. The difference is that Edwards, as a senator and a presidential candidate, had proven he could speak plausibly to national issues.

We don't know yet whether Palin can do that on a rapid, pressure-packed timeline. We'll soon find out. Most of the country will be rooting for her, the likable and unlikely upstart. But not the Palin-haters, for whom she is already a woman only to be scorned.

Rich Lowry is editor of the National Review.

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Park Planning

Carmichael Recreation and Park District Neighborhood Workshops Planned

5750 Grant Avenue, Carmichael
(916) 485-5322

Thursday, September 25, 2008
Capra Park Site 6 - 7:30pm
Carmichael Park Clubhouse 1

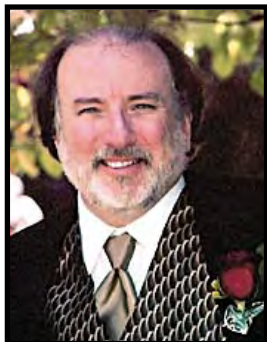
O'Donnell Site 6-7:30pm
Carmichael Park Clubhouse 2

Jan Drive Site 7:30-9pm
Carmichael Park Clubhouse 1

Saturday, October 11, 2008
Carmichael Park Veteran's Hall

Sutter Avenue Site 9-10:30am
Capra Park Site 11-12:30pm
O'Donnell Site 1:30-3pm
Jan Drive Site 3:30-5pm

Carmichael Times



Publisher - Paul V. Scholl

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Parkinson Association of Northern California Upcoming Event

Terry Tempkin will be speaking at The Lewy Body Dementia Support Group on October 9, 2008 at 10:00. She is an Adult Nurse Practitioner working in the Parkinson's and Huntington's Disease clinics at UCD Medical Group. The location of the meeting is: Eskaton Gold River, 11390 Coloma Road, Gold River, CA 95670. Please come and learn all of the information that she has to give to you. Please call PANC at 916-489-0226 for reservations.

Parkinson Association of Northern California will be having its 15th Annual "Living with Parkinson's Disease and Educational Seminar and Resource Fair" on Saturday September 13, 2008 from 10:00- 3:00. There will be 3 speakers: 1) Dr. Suketu Khandhar 2) Dr. Paul Larson 3) Dr. Nicklesh Thakur and they all will be speaking about different aspects of Parkinson's. They will be over 15 exhibitors there to give information about their companies and what they can offer. The cost is: \$15 per person with a \$5 discount if signed up before August 15, 2008. You do have to be a member or become a member to attend. It is not hard to become a member so please call our office at 916-489-0226 or email us at parkanc@sbcglobal.net for information. Memberships range from \$15- \$1500 per year. Please register by calling our office. Thank you!

Founders Day Photos



Local firefighters have adopted Susan Maxwell Skinner's "Carmichael Americana" song as a theme song for the Robertson Ave fire house. The composer, singer and author of a recent book on Carmichael was surprised by a delegation of fire officers at Founder's Day. For information on the song, call (916) 481-0334.



Symphonic Winds founder and director Dr. Les Lehr joins the spirit of celebrations with a handful of his 65-piece symphony players.



A US Air Force guard honors Carmichael's 99th birthday with a presentation of colors at the start of Founder's Day in Carmichael Park. Accompanying the patriotic ceremony, the Sacramento Symphonic Winds band strikes up the National Anthem in Carmichael Park.



The popular Swing Sisters ensemble entertained Founder's Day crown and was honored by a public service award by Carmichael Chamber of Commerce director Ross Davidson. From left, the Carmichael-based entertainers are Leigh Hann, Valerie Marston and Paula Chafey Merrill.



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dressbarn Hosts Fundraiser for American Cancer Society

Local women's fashion retailer recognizes Breast Cancer Awareness Month; contributes proceeds to support the cause

Carmichael, CA (Grassroots News-wire) September 22, 2008 -- According to American Cancer Society® estimates, in 2008 alone, about 182,460 new cases of invasive breast cancer will be diagnosed among women in the United States and 40,480 women will die from the disease. Such statistics are a stark reminder of how precious life and good health are, which is why dressbarn is joining in the fight against breast cancer.

This October, in support of Breast Cancer Awareness Month, dressbarn in Carmichael, part of a leading retailer and authority on women's fashion, will contribute profits from the sale of Chloe – a plush dog – to the American Cancer Society's local and national breast cancer initiatives.

Chloe will retail for \$5, and dressbarn will donate a minimum of \$2.50 from the sale of each dog to the American Cancer Society, targeting breast cancer research. dressbarn will be selling Chloe from October 1 through December 15, or while supplies last. With more than 825 locations nationwide, dressbarn hopes to raise over \$100,000 through this year's campaign.

"Cancer, and especially breast cancer in women, is so far reaching that it really touches us all," said Celine Beaudry, district sales manager for dressbarn in Carmichael. "It is extremely important to the dressbarn family that we help make a difference in the fight against cancer and that we support breast cancer patients and survivors. With the help of our customers through their pur-

chase of loveable Chloe, we will continue the fight against this disease and build hope for women everywhere."

According to Celine Beaudry, Chloe is a loyal friend who serves as a gentle reminder of how breast cancer can affect so many lives.

"We hope that Chloe will inspire others to join us in this initiative and to support the fight against the disease," said Celine Beaudry.

For the past six years, dressbarn has been part of a caring community, offering support through fundraising and awareness programs. Together, with customers and Associates, dressbarn, Inc., has proudly contributed over \$4.5 million to the American Cancer Society for the fight against cancer.

For more information on dressbarn in Carmichael and their breast cancer initiative, please contact (916) 974-1074.

About dressbarn

The Dress Barn, Inc. (NASDAQ-DBRN), which includes the dressbarn and maurices brands, is a leading national specialty women's apparel retailer. maurices, the small town specialty store and fashion authority for the savvy, trend conscious girl with a twenty-something attitude. dressbarn provides clothing options for women; which include casual, career and special occasion apparel in sizes 4-24; while grouping together looks to make it easier for customers to shop for head-to-toe outfits. As of May 2008, the Company operated over 830 dressbarn stores in 46 states and over 650 maurices stores in 43 states. For more information, please visit www.dressbarn.com and www.maurices.com.

Gift Will Insure Educational, Hands-On Nature Programs Will Continue

On September 12, the American River Natural History Association (ARNHA) donated \$60,000 to the Effie Yeaw Nature Center to help fund many popular programs and events for area children. The Nature Center, located within Ancil Hoffman Park, is operated by the County Department of Regional Parks.

"The donation of these funds will provide critical support for our educational programs, volunteer coordination, and transportation needs for schools that would not be able to afford a trip to the center," said Betty Cooper, Interpretive Specialist with the Center. "With this funding, we can continue to encourage learning about nature through hands-on discovery and direct observation of nature."

These funds will also be instrumental in continuing the Effie Yeaw's Urban Nature Project. This project allows K-8 schools for low income or homeless children, such as the Mustard Seed School and the Sacramento Children's Receiving Home, to learn about the plants and animals that live along the American River in a first-hand learning environment.

"We have received so many positive responses about the Urban Nature Project from teachers," said Cooper. "Many of the participating children have never been to a nature center before and they have such a great time."

The American River Natural History Association is a non-profit organization formed in 1981 by concerned community members when the Effie Yeaw Nature Center was facing drastic budget cuts and potential closure. In addition to their fundraising activities, ARHNA members provides countless volunteer hours as Center receptionists, docents, landscape restoration workers and advocates for the Center in the community.

Find out more about what's going on at Effie Yeaw, or to find out how to volunteer, visit <http://www.effieyeaw.org/>.

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Carmichael Cactus and Succulent Society Meeting

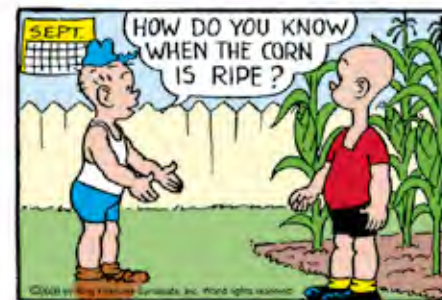
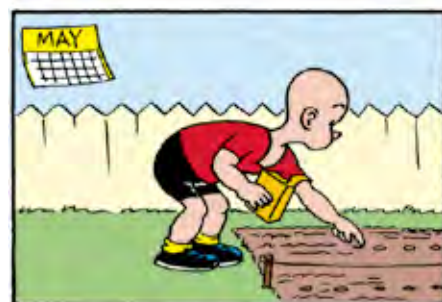
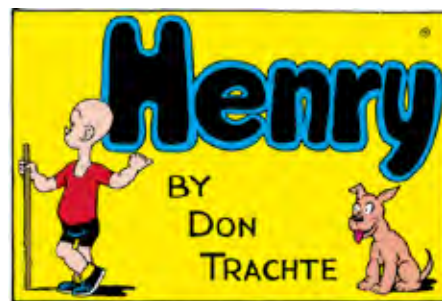
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R	E	D	H	E	A	D	K	N	O	T	S
I	N	N	L	E	I						
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P	E	A	C	O	A	T	V	A	L	O	R
H	A	G	L	I	B						
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M	E	S		R	A	W	B	E	A	N	



Raley's Lauded for Commitment to the Environment

Named Sacramento Sustainable Business of the Year Awardee

West Sacramento, CA — Raley's took top honors today, named among the area's most environmentally conscientious businesses by the Business Environmental Resource Center (BERC) for running the world's cleanest burning Class 8 diesel trucks. Raley's was recognized for raising its hand to test a new exhaust filter system that will help even old trucks burn cleaner and generate fewer emissions.

Raley's Distribution Center voluntarily retrofitted 20 trucks with a new exhaust filter system for a 1,000-hour test in partnership with the Sacramento Metropolitan Air Quality Management District (SMAQMD) and the Sacramento Emergency Clean Air and Transportation program (SECAT). As the trucks went about their daily routes, hauling groceries to Northern California stores, the study found the new filter system reduced smog-forming emissions by between 70 and 80 percent and eliminated the diesel soot that generates black exhaust clouds.

The study passed the SMAQMD testing phase and will now move on to the California Air Resources Board, where, if adopted, will generate new statewide standards mandating the filters in all truck fleets that do not currently meet air emission requirements.

"Even though Raley's does not have a need for this particular technology, running newer trucks that meet all current air emission requirements, it volunteered to run the test on some older trucks to help make an impact on reducing air emissions on the roadways," said Duane O'Donnell, BERC Division Supervisor. "For this, they were chosen as one of eight Sacramento Sustainable Business of the Year awardees."

Raley's is an industry leader in testing and implementing efficient technology companywide, and over the years has reached out to partner with agencies that share the goal to reduce environmental impact.

"We are proud to receive this honor. At Raley's Family of Fine Stores, we feel very strongly that we have an important responsibility to be exceptionally good stewards of our earth, and to be good partners with our governmental agencies charged with the oversight of the environment," said Bill Coyne, Raley's President & CEO.

Raley's is a privately-owned supermarket chain with headquarters in West Sacramento, CA. The company is comprised of four chains — Raley's, Bel Air Markets, Nob Hill Foods and Food Source — located in Northern California and Nevada.

Pedestrian Struck and Killed In Carmichael

On September 9, 2008 at approximately 8:10 p.m., Jonathan Dugie, a 34 year old from Citrus Heights was driving a 2003 white Chevy Blazer on westbound Fair Oaks Boulevard west of California Avenue at approximately 35 mph. Albert Hedger-McCarty, a 47 year old from Rio Linda was walking across the street from the south side to the north side of the roadway. Hedger-McCarty had entered into the fast lane when he was struck by the Blazer. Hedger was wearing dark clothing at the time of this collision and the area was dark. Hedger-McCarty was transported to Mercy San Juan Hospital where he later died from his injuries. (Sacramento County Coroner's Case # 08-04861).

Alcohol and/or drugs do not appear to be a contributing factor in this collision. This collision is still under investigation.

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Sacramento County Mobile Pet Clinic Coming in October

Spay/Neuter Commuter to Offer Low Cost Pet Services

Sacramento, Calif. – The Department of Animal Care and Regulation’s mobile clinic will be coming to Carmichael Park, located at 5750 Grant Avenue, through the month of October. This clinic, known as the Spay/Neuter Commuter, offers low-cost pet services such as: spay/neuter surgery, licensing, micro-chipping, rabies vaccinations, FVRCP vaccinations for cats and DHPP vaccinations for dogs.

“The Spay Neuter Commuter has been very successful at reducing the amount of unwanted births in our communities,”

said Pat Claerbout, Animal Care Director. “Since its inception, we have altered over 900 animals.”

The commuter will accept animals by appointment Tuesdays through Fridays, and will be located at next to the dog park within Carmichael Park starting October 1 through 31. Only cash will be accepted.

To get additional information or to make an appointment, call (916) 874-FIXX (3499), or visit Animal Care and Regulation’s mobile clinic site at <http://www.msa2.saccounty.net/acr/Pages/MobileClinic.aspx>.



Get the Body Politic Back in Shape

While some have expressed concern about Gov. Sarah Palin’s level of experience, there is one issue -- perhaps the transcendent issue of our age -- where her preeminence is unquestioned.

It is the extraordinary weightiness of this issue that had many Americans reaching out to Palin for answers so soon after she took the national stage: How did she manage to get her figure back -- at age 44 -- only four months after giving birth to her fifth child?

I may be on shaky ground here, but I’m willing to wager that there hasn’t been a similar accomplishment from another vice-presidential candidate in our entire history.

And don’t start yapping about my being sexist here. If Sen. Joe Biden, the Democratic vice-presidential nominee, had regained his boyish figure four months after giving birth to his *fifth child*, the nation would be asking him the same question.

(According to his official campaign biography, Biden has not given birth to a single child. Nor did he win Miss Congeniality in the Miss Alaska pageant.)

To his credit, John McCain appears pretty fit himself, especially for age 72, though, like Biden, he also has yet to give birth. (Given the advancements of science that allow those in their 60s to give birth, there is still hope for McCain.)

What this means for the country is obvious. For the first time in history, our president and vice president could lead us in a national fitness class for both men and women.

(George Washington and John Adams tried to get one started, but the effort failed when both Martha Washington and Abigail Adams both refused to don sexy exercise leotards for the “Sweating to the Oldies” video.)

A fitness class that could promise real results would be much more useful than the old business-as-usual discussion of the issues, which only turns people away from politics.

Why bore people with health care proposals when you can you can actually help people get healthier by leading a national fitness program?

Speaking about fitness and pageants, I’m sure many readers saw the item about the Rev. Antonio Rungi of Naples, Italy, planning a beauty pageant for nuns -- Miss Sister 2008.

This is wrong on so many levels. First off, it’s an online pageant. So we won’t get to see the nuns strut on stage and announce, “I’m Sister Mary Ellen representing the great convent of the Sisters of Divine Providence of Hoboken, New Jersey!”

(Cut to crowd of supporters madly waving “Go Sister Mary Ellen!” and “Mary Ellen for Miss Sister 2008: It’s Divine Will” posters.)

This will also mean no talent competition and no opportunity for a crowd-pleasing round of questions concerning matters of church doctrine.

Admittedly, a swimsuit competition would be a little tasteless -- though probably necessary if you want Donald Trump to sponsor the show -- but would it be so wrong to have the nuns model their habits?

At the least they should have some kind of fitness routine. Maybe John McCain and Sarah Palin could help judge.

Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to dflood287@comcast.net.

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Sacramento Motorcyclist Dies On Sr-51 Freeway

On September 17, 2008 at approximately 10:17 p.m., John Lopez, a 49 year old from Sacramento was driving a red 1998 Harley soft tail motorcycle on southbound SR-51 north of the American River Bridge in the #3 lane. Thomas Devere, a 31 year old from Citrus Heights was driving a gray 2004 Dodge Ram pickup in the #2 lane in stop and go traffic just ahead and to the left of Lopez. Cal Trans had a construction zone closure set up due to freeway construction. Lopez was merging from the #3 to the #2 lane when traffic abruptly stopped ahead of him.

Devere applied his brakes and stopped his pickup. Lopez was unable to stop his motorcycle in time and side swiped

the right rear side of the Dodge pickup. Lopez’s motorcycle bounced off the Dodge pickup and he was ejected from his motorcycle. As a result of the ejection, Lopez’s unapproved DOT motorcycle helmet (beanie cap) came off of his head. Lopez fell on his right side and came to rest blocking the #2 lane. Lopez was transported to UC Davis Medical Center with major head trauma and later died on September 19, 2008 from his injuries. (Sacramento Coroner’s Case #08-05019). Devere was not injured in the collision.

This collision is still under investigation. Alcohol and/or drugs do not appear to be a contributing factor.

Grace Baptist Church

6724 Palm Avenue
Fair Oaks, CA 95628

Pastor Charles Carter
(916) 967-3915

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All shots/wormed/tails docked/
dewclaws removed; ready for loving homes.
Photos on puppyfind.com, do location search on CA, or call for appointment to see Meghan, Casper, Jasper, Nightshade & Bluebell. Call Julia, 548-4910.

King Crossword

Answers on page 4

ACROSS

- 1 Con game
- 5 Martian vessel
- 8 A really long time
- 12 Imogene of "Your Show of Shows"
- 13 Tier
- 14 Smart-phone name
- 15 Iowa city
- 16 Dunce
- 18 Lucille Ball, notably
- 20 "- Landing"
- 21 Hostel
- 22 Mainlander's souvenir
- 23 Lost color
- 26 Minuteman's foe
- 30 Raw rock
- 31 Journal
- 32 Altar affirmative
- 33 Sailor's wool jacket
- 36 Bravery
- 38 Crone
- 39 Women's -
- 40 Dostoevsky's Prince Myshkin, e.g.
- 43 Heavy fog
- 47 Marx Brothers movie
- 49 Look lecherously
- 50 Duel tool

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18				19			20			
		21				22				
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40	41	42			43			44	45	46
47					48			49		
50					51			52		
53					54			55		

- 51 Mimic
- 52 Nevada city
- 53 Disarray
- 54 Uncooked
- 55 Pod dweller
- 10 "Swell!"
- 11 Lays down the lawn
- 17 Supplement-ed, with "out"
- 19 Conclusion
- 22 Journey segment
- 23 Burst
- 24 "All the Things You -"
- 25 Meadow
- 26 Deteriorate
- 27 Lubricate
- 28 Big bother
- 29 Craggy peak
- 31 Trail behind
- 34 Throttles
- 35 Feedbag fill
- 36 By way of
- 37 Soak up
- 39 Warner Bros. skunk Pepé
- 40 Same as above
- 41 Put one over on
- 42 Summertime desserts
- 43 Imago-in-training
- 44 Curved molding
- 45 Arm bone
- 46 Drudge
- 48 Galley implement

DOWN

- 1 Cicatrix
- 2 Arrive
- 3 Scored 100 on
- 4 Old name for a 5-iron
- 5 City-related
- 6 Comestibles
- 7 Possess
- 8 Of a cultural group
- 9 Sandwich

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Celebrating Sign Language

Hundreds Of Deaf Californians Are Gathering In Sacramento For Historical Celebration Of American Sign Language

WEBSITE: www.CAD1906.org
 LOCATION: SACRAMENTO STATE CAPITOL (Southside) CALIFORNIA
 DATE: Friday, September 26, 2008 – 10am to 3pm

The Honorable Senator Darrell Steinberg (D) Sacramento, Official Legislative Sponsor

Call to Action: The Deaf community in California is celebrating a milestone! On September 26th, 2008, there will be a historical statewide celebration for American Sign Language (ASL) in Sacramento hosted by California Association for the Deaf (CAD). The celebration event will be held on the South side of our state Capitol, Sacramento, California.

More parents are teaching hearing babies because researches have proven that babies who learned signed vocabulary while they were infants have increased self esteem, higher IQ, and higher communication skills. Ironically, the professionals of the medical system are discouraging Deaf babies' mothers from signed language based on myths that they will never develop English skills, spoken and written, if they learn sign language. This great irony was pointed out by Amy Cohen Efron in her vlog called "The Greatest Irony". Deaf babies deserved the language of their own birthright so they can grow up esteemed, intellectually, and expressively just like their hearing peers. Deaf community is gathering to celebrate American Sign Language for ALL babies.

The event promises to be one a great gathering of Deaf people from different walks of life, ASL students, Deaf community allies, sign language interpreters, hearing children of Deaf parents (Codas'), hearing parents using sign language with their hearing babies, and anyone who recognizes that ASL is a true language that benefits ALL children, Deaf or Hearing. There will be over 30 booths exhibiting many organizations and exhibits supporting ASL. There will be face painting and crafts for the children. Richard Ray, President of CAD states, "This ASL Celebration at the State Capitol is a historic event recognizing and honoring American Sign Language (ASL) as the natural language of the Deaf community. This celebration reminds us of our human rights and to preserve, honor, and promote ASL for ALL".

The celebration's exciting list of speakers includes key California

government officials legislators including those from the Senate & Assembly; Mr. Richard Ray, President, California Association of the Deaf; Dr. Roz Rosen, past President, World Federation of the Deaf; Dr. E. Lynn Jacobowitz, Professor, Dept of ASL and Deaf Studies, Gallaudet University; Dr. Tom Holcomb, Ohlone College; Dr. David Corina, University of California, Davis; Dr. Don Grushkin, California State University, Sacramento; Mr. Manny Johnson, National Association of the Deaf, many more.

The "Californians for ASL" Celebration is reality, because of three Platinum Sponsors: The Purple Team, ASL Presents! and California Coalition of Agencies Service the Deaf and Hard of Hearing.

Each member and ally of the ASL signing community is welcomed to join this amazing celebration in sync with National Association for the Deaf and World Federation of the Deaf (WFD) for our 2nd Annual International Sign Language Day. "The International Day of Sign Languages", says Sheri A. Farinha, event coordinator and CEO of NorCal Services for Deaf & Hard of Hearing, "is a celebration to honor our basic human right to express and receive communication in a language that allows us 100% access to the world around us!"

All organizations and individuals supporting ASL are working together to ensure the success of this day. It's an amazing act of collectivism in our Deaf community supporting the effort to create a world embracing signed languages, the language of Deaf people, and our endeavor to get ASL recognized as an official language, especially for our Deaf children.

Be A Part Of The Celebration!



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Straight Talk for Teens



Mom & Pop's rock still rolls

By Lauren Forcella

Dear Straight Talk: I grew up in London and attended the London School of Economics with Mick Jagger. For a college project, I managed one the Rolling Stone's first gigs in Surrey, England. My generation loved our music so much that we traveled hundreds of miles to listen to it. I often wonder how important music is for young people today. Do you teens today love your music as much as your mother loved hers? — Pip, Carmel CA

From Megan, 19: I'm so glad you asked this question! I've poured everything I've got into a modern music college and I've had to ask myself: Why do I love music and what do I want to accomplish with it? For me, music is all there is. Many talented people today don't go all the way; they record a song or an album to fit the mold of what's popular. But our parent's music completely CHANGED the mold, and that's what made people travel as far as they did. There are many bands today that I love, but Jimmy Hendrix, Janis Joplin, The Beatles, The Stones, they were legends then, and still are today. I doubt many of today's musicians will become legends. Our parents lived in a different atmosphere, there was a different passion coming from the performers.

From Lennon, 21: Old rock is GOD. I wouldn't travel hundreds of miles for today's music. And rap is only slightly more amazing than bottled water. It doesn't encompass the entirety of a person. You can't hear the emotion coming through; feelings are either missing or deadpan. The 60's through The Grateful Dead,

that's when people played music because it oozed from them, not because it gave them a big paycheck. It was sex, drugs, rock 'n roll. Now it's sex, drugs and money. Big difference.

From Graham, 14: Yes, we really do love our music. We listen to it all the time and play it on our own instruments as much as is humanly possible! But for me and many of my friends, our favorite music is not from our generation. Metallica, Guns 'n Roses, AC/DC, Led Zeppelin, and Van Halen are well-loved, even worshipped as rock gods. Driving distances to hear music happens less often because CD and MP3 recordings are usually higher quality than live.

From Dominic, 21: I took my mom to Def Leppard recently and got to see some of that era come back to her. I travel far for the right show, even if it is my parent's music.

From Emily, 16: My taste in music changes with my mood. Indie and country are my feel-good genres, slow country my sad genre, screamo when I'm mad, rap or R&B when I'm excited. Because of money, I don't go to extremes to see live music. Plus, many singers today are so edited, they are horrible live.

From Sawyer, 17: Rap is my favorite music and Eminem is my favorite rapper. The music is visual, it's not sad or emotionally questioning. It pumps me up and causes ideas to pop into my head.

From Michael, 16: It's hard to prove we love our music because this is the digital age and we don't have to drive hundreds of miles to hear great sound. My favorite music is rap, which is from my generation. But a lot of my generation denies liking rap, and I think that's because they have to defend liking it because so much of the hip hop scene supports gang culture, like with 50 Cent, where it's all about money, crime and bashing women. But there is some really good rap out there, like from Lupe Fiasco and Kanye West, that doesn't need defending. It's intellectual and cerebral and gets you thinking about societal issues. That's the kind of rap I like. It's about ideas.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

Weekly SUDOKU

by Linda Thistle

Answers on page 10

3			9		2		5	
	1			7				4
		4	6			2		
		1		9			7	
5			8					2
2	6				1	3		
6					4			5
	9		7					8
		8		3		6	4	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Riley Reviews

By Tim Riley

SPY WORLD GETS A HILARIOUS "BURN" FROM THE COEN BROTHERS

BURN AFTER READING (Rated R)

The Coen brothers, Ethan and Joel, are the merry pranksters of the cinematic world, having churned out such off-beat and funny films as "Raising Arizona," "The Big Lebowski," and "Fargo." They are capable of more serious work, including last year's award-winning "No Country for Old Men." As the writers, directors and producers of "Burn After Reading," the Coens have returned to the comfort zone of their comedic DNA, which includes wild strains of satire, sex farce and screwball comedy. "Burn After Reading" burns the spy world in ways that are broadly stamped with the Coen trademark of goofiness.

No one, least of all the Coens, would possibly argue that "Burn After Reading" is a brilliantly artistic cinematic achievement worthy of the A-list actors who are called upon to act as shockingly dumb people. The film is something of a lark, a full-blown prank loaded with endless shenanigans. At the headquarters of the Central Intelligence Agency in Virginia, analyst Osborne Cox (John Malkovich) arrives for a top-secret meeting, only to discover that his bosses want to demote him to a meaningless job at another government agency because they recognize he has a drinking problem. The volatile Osborne doesn't take the news particularly well and decides to resign from government service.

Meanwhile, Osborne's ice queen wife Katie (Tilda Swinton), a medical doctor, is thoroughly dismayed that Osborne will be working on his memoirs at their Georgetown home, possibly because this may interfere with Katie's illicit affair with Harry Pfarrer (George Clooney), a married federal marshal. This turn of events accelerates her desire to divorce Osborne so that she can take up with Harry. For his part, Harry is trying to decide whether he should divorce his wife Sandy (Elizabeth Marvel), a successful author of children's books, even though he is building her a special, if oddly unorthodox, birthday gift in his basement workshop.

Elsewhere in the Washington, D.C. suburbs, and seemingly worlds apart, Hardbodies Fitness Center gym worker Linda Litzke (Frances McDormand) is obsessed with obtaining extensive cosmetic surgeries, going so far as to ask her boss Ted Treffon (Richard Jenkins) for large salary advances. Ignoring the fact that the sad-eyed, wistful Ted is wild about her, Linda trolls the Internet dating services, which coincidentally happens to be one of Harry's favorite things to do. Naturally, Linda and Harry become acquainted through an on-line connection, and are soon fitfully engaged in

several liaisons.

Fixated on her life plan for surgical enhancements, Linda confides her mission to fellow gym worker Chad Feldheimer (Brad Pitt), a gum-chewing, Gatorade-swilling, iPod-addicted bubble-brain. Delightfully idiotic, Chad is the type of numbskull who easily falls for Linda's plan to take advantage of a computer disc that just happens to contain the memoirs of the former CIA analyst that seemingly exposes state secrets. Ingenious but clueless, Linda and Chad presume they can blackmail the sarcastic, explosive Osborne to pay for the return of the disc. His hot-tempered, incendiary demeanor causes the nitwit duo to try instead to peddle the C.I.A. secrets to the Russians.

As the plot unfolds, the worlds of physical fitness and the C.I.A., along with Internet dating, intersect and collide in ways that are just too weird for words. All the characters are middle-aged and undergoing professional, personal and sexual crises that touch on matters of national security. Aside from Osborne's sarcastic brilliance, all the others are basically sad, moronic characters mixed up in situations that easily get out of hand. Brad Pitt is hilarious as the clueless, idiotic conspirator. Yet, the funniest scenes may belong to J.K. Simmons and David Rasche, seen too briefly as the C.I.A. bosses trying without any luck to make sense of what is transpiring with the amateur effort to peddle secrets to the Russians.

Not likely to be considered in the class of more superior comedies from the Coen brothers, "Burn After Reading" is nevertheless a subversively comedic spy thriller. As the plot deepens and thickens, the Coens unload more shocks and surprises that are alternately clever, amusing and outright funny. The first-rate cast helps immensely to make this film fun to watch.

DVD RELEASE UPDATE

Trekkies everywhere may want to take notice of the DVD release of "Star Trek: Alternative Realities Collective," a five-disc collection featuring episodes from all five "Star Trek" TV franchises, including new interviews and commentaries. Quick, name the five series. Okay, I can't do it without the cheat sheet. This collection features "Star Trek" (the original series), "The Next Generation," "Deep Space Nine," "Voyager," and "Enterprise." Twenty episodes in all are selected, with a lot of brand new bonus materials. Coincidentally, arriving in my inbox recently was the "remastered edition" of Season Two of "Star Trek: The Original Series," which is touted to have enhanced visual effects for standard DVD players. That's a bit of good news, since I don't have HD or Blu-ray.

Sac County Appoints Administrator to Head UP Development Services

In response to 99 recommendations of recent audit, administrator charged with improving processes

Sacramento, CA., --With May's receipt of the performance audit of Sacramento County's entitlement and development processes, department staff have been busy addressing the audit's recommendations. A key recommendation to improve communication and efficiency was to organize all development-related departments under one umbrella. Steven M. Pedretti, currently deputy administrator for Municipal Services Agency and interim County Engineer, has been designated to head up this group. Named Development Services, the group is comprised of staff from the departments of Planning and Community Development, Environmental Review and Assessment, and County Engineering, including the building inspection division.

"Pedretti is the best choice for this position," said Municipal Services Agency Administrator Paul Hahn. "He's been with the County for 20 years, is a licensed engineer, and has

worked his way up through Water Resources, County Engineering and as the Deputy Administrator for the Agency. He knows our processes and has proven himself to be a strong leader."

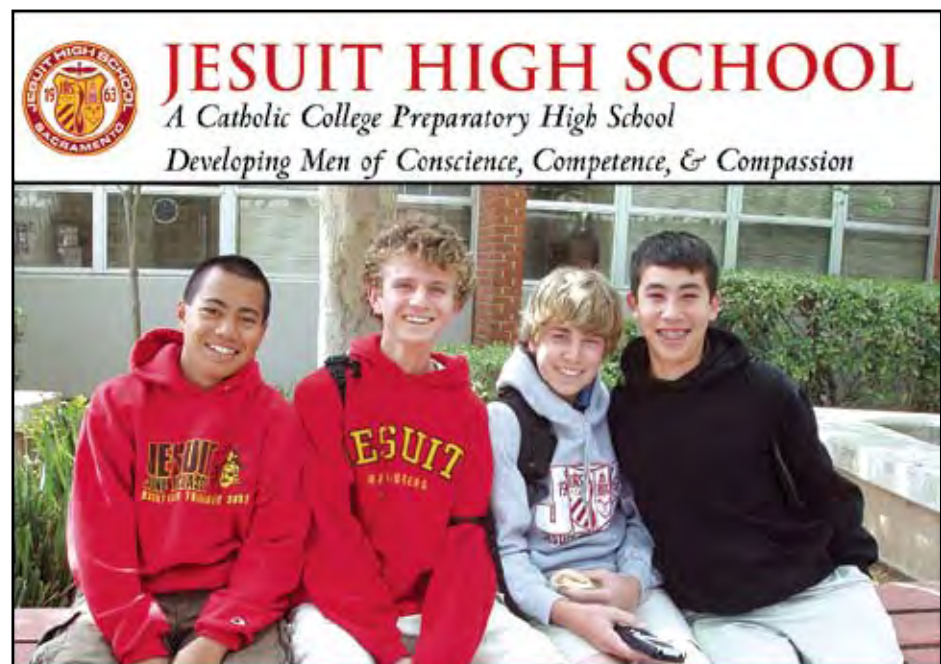
"We have been working closely with customers to create new processes that will deliver prompt, responsive, reliable service to our development customers," said Pedretti. "This includes commercial developers and the private property owner who just wants to split his lot or add on to their home. We've got a good plan and we've already begun to put some changes in place."

The Development Services group has created a three-pronged plan to address the audit's recommendations with a report to the Board of Supervisors coming in early October. "Our plan covers administrative improvements (internal organization and funding), technical improvements (processes and information technology), and people improvements (customer service, project management and staff training), Pedretti said. "Overhauling our systems won't happen overnight, but it will happen. We guarantee it."

Monthly Military Retiree/Spouse Meeting:

Our final monthly meeting for this year will be held on 8 Oct 2008 at the former McClellan AFB Chapel. Our meetings always start at 1030 hrs sharp so don't be late. Our speaker for Oct is Celia Esquivel, Associate State Director for AARP.

She will talk about identity scams, income tax issues, and Proposition 11. Should be an interesting meeting so come on out and be the beneficiary of what Celia has to talk about. Questions can be addressed to our volunteers at 561-7476, Mon thru Thurs, 9 to 3PM.



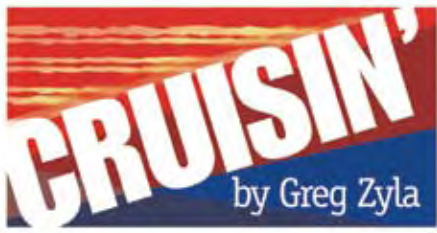
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GMC vs. Chevy

Q: Greg, why does General Motors have a GMC truck, when everyone knows it is a Chevy anyway. -- H.H., Mississippi

A: H.H., GMC trucks are sold at non-Chevy General Motors franchise dealers. If a dealership sells other than Chevy, like a Pontiac-Buick-Cadillac franchise, GM allows the dealer the right to sell GMC pickups, so it doesn't lose a pickup truck or SUV sale. If a Pontiac-Buick-Chevy dealership exists, it will sell Chevy only. You won't find a Chevy-GMC dealership to my knowledge. And yes, GMC and Chevy trucks are identical, sans the badges.

Q: Greg, I enjoy driving my 1973 Chrysler Newport. The sticker on my door well calls for a minimum of an H7815 tire, and I want to meet or exceed the minimum because this car is big and heavy, while also trying to maintain speedometer accuracy. Is there a conversion chart available to help me? -- Cliff W., New Port Richey, Fla.

A: There sure is, Cliff. First, I'll tell you that the H7815 equates to P225/75R15, and there are several sites on the Internet that provide conversion tables for you to check other sizes. One such site is http://www.tirerack.com/tires/tiretech/45_conversionchart.html/.

I'm glad you're aware that larger diameter tires could affect the accuracy of your Newport's speedometer. You'll be going a bit faster than the speedometer says because your final rear gear ratio would be a little higher, but lower numerically, from, say, a 3:23 rear to a 3:18 with the oversized tires.

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to gzyla@pfd.net.

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Weekly SUDOKU

Answer

3	8	6	9	4	2	7	5	1
9	1	2	3	7	5	8	6	4
7	5	4	6	1	8	2	9	3
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Assemblyman Niello to Host Workshops to Help Small Business Owners Protect themselves from ADA Lawsuits

Assemblyman Roger Niello (R-Fair Oaks), will be hosting two breakfast workshops to help small business owners protect themselves from lawsuits filed under the Americans with Disabilities Act (ADA).

ADA laws are complicated and many businesses need help understanding what they can do to make sure they are in compliance. The workshop will feature a series of speakers from the California State Legislature, Citizens Against Lawsuit Abuse, and local government planning departments.

Information will be provided on past and current legislative efforts to resolve this problem, current ADA business requirements, simple changes

businesses can make to prevent lawsuits, and protection once a suit has been filed.

"Businesses need to be able to operate in a regulatory environment that is predictable and they need to be provided with opportunities to correct access problems before facing lawsuits that potentially threaten their very existence. Many small business owners have fallen victim to ADA lawsuits and it is my hope that we help business owners not only understand how to avoid these problems, but also how to make their businesses more accessible for everyone," said Assemblyman Niello.

Assemblyman Niello will be

hosting two workshops in the 5th Assembly District designed to assist small businesses understand ADA laws and how to protect themselves from ADA litigation. For additional questions or to RSVP, please contact Assemblyman Niello's District Office at (916) 349-1995. The following is a list of workshop locations and times. A light breakfast will be provided and an RSVP is requested.

Arden Arcade
September 12, 2008
8:00a.m.-10:00a.m.
Clarion Hotel
2600 Auburn Blvd.
Sacramento, CA 95821

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 Saturdays, Sept. 6, 13, 20, 27
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Regular Physical Activity, Hazard Awareness are Keys to Preventing Injuries from Falls

by Glennah Trochet, M.D., Sacramento County Health Officer

"Help! I've fallen and I can't get up." Many people remember the TV commercial from years ago which featured a senior citizen who needed emergency help because she had fallen down in her home and could not get back up.

In fact, an estimated one-third of older adults fall in the U.S. every year, and the likelihood of falling increases substantially with advancing age. Falls are the leading cause of both fatal and non-fatal injuries for persons 65 years of age and older. Men are actually 49% more likely than women to die from a fall, and women are 67% more likely than men to have a non-fatal fall injury.

Here in Sacramento County, there were 4,157 accidental falls requiring hospitalization in 2007, and 2,685 of them (64%) involved persons age 65 and older. Total estimated hospitalization costs of those falls added up to more than \$130-million, with an average hospital stay of five days per person at a cost of more than \$9,400 per day.

What causes falls? There are multiple factors, including environmental hazards, inner ear disorders, muscle weakness, the use of multiple medications, difficulty waking or balancing, reduced vision, and chronic health problems. But contrary to what many people might think, falls are not an inevitable consequence of growing older. Research shows that injuries from falls are largely preventable community health problems.

With national Fall Prevention Week set for September 21-27, it's a great time to "bone up" on some of the easy things you can begin doing now reduce the chances of suffering a fall.

1. Ask your doctor or a trained healthcare professional to perform a Fall Risk Assessment and review your medications.

- Ask your doctor what types of activities would be best for you to engage in.
- Ask your pharmacist about medication interactions.
- Review your medications periodically with a health professional.

2. Engage in regular physical activity.

- Make a plan for regular physical activity that fits with your interests and abilities.
- Consider targeted balance and mobility exercises that are most effective at reducing overall risk. For example, Tai Chi can be practiced by anyone regardless of age or physical ability and can reduce stress, increase

flexibility, and improve muscle strength.

3. Get an assessment of your home environment and make changes to reduce safety risks.

- Use a home safety checklist or consult with a professional to identify home safety risks.
- Modify your home to make it safer. For example, reduce clutter, improve lighting and assure handrails and grab bars are securely installed.

4. Watch for outdoor hazards that could trip you up.

- Many outdoor fallers are active seniors engaging in walking for exercise. Be cautious about the surface and setting in which you walk. Walk on a prescribed track at a local high school, community college, or university. Walk for exercise in newer, well-maintained areas, even malls and civic spaces.

- Beware of cracks in sidewalks, holes, and changes in elevation. Report them to your local jurisdiction when you find them so they can be repaired.

- If you see a tree ahead in your path, expect and look for tree roots as hazards, as well as fallen leaves, blossoms, seed pods, and other debris.

- Walk in good lighting conditions when you think you can see the best.

By finding and eliminating hazards at home and in the community, guarding against disorienting prescription interactions, and engaging in regular physical activity, each of us can greatly reduce the chances of being seriously injured or killed as the result of a fall.

Web Resources

www.StopFalls.org
Information for individuals, families and researchers provided by the Fall Prevention Center of Excellence.

http://Sacramento.NetworkOfCare.org/aging/library/fall_prevention.cfm

Facts sheets, videos and resources provided by the Sacramento County Network of Care.

<http://www.CDC.gov/nccipc/duip/PreventAdultFalls.htm>

Fact sheets and information aimed at preventing falls provided by the Centers for Disease Control Injury Center.

www.SCPH.com

Health information provided by Sacramento County Public Health, including information on Fall Flu vaccination clinics, West Nile Virus prevention, and more.

Pet of the Week: Dolly

Animal ID# A477774

Hi, my name is Dolly and I'm a brown and black Labrador retriever. I'm a mellow, mature, 4-years-old girl and I have out grown my puppy stage. I'm very healthy and I have a beautiful shiny coat to prove it, although it wouldn't hurt if I lost 5 pounds. It's not that I eat too much, I just need a little exercise and I'll be fine. Maybe if you take me home we can exercise together. I'm a good dog and I know basic commands like sit and stay; I am great on a leash and I'm learning the down command from the staff at the shelter. There are a few things I like that I want to tell you about; I love belly rubs and I can't live without them, and I love the water and would love to go to the lake or the river with you for a swim. I also like other dogs, even though the ones in the shelter are always barking at me; I just ignore them and focus on finding a family to take me home. Please come to the shelter and visit me.

To see Dolly and other adoptable animals visit:

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ACTIVA 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00016119-CU-PT-GDS

WHEREAS, Sylvia Lewis has filed a petition with this court for a decree changing names of Sylvia L. Coppola (aka) to Sylvia Lewis; Sylvia Lewis Coppola (aka) to Sylvia Lewis; Sylvia Barnich (aka) to Sylvia Lewis; and Sylvia L. Barnich (aka) to Sylvia Lewis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Sept. 30, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 18, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

LEWIS 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00020197-GDS

WHEREAS, Leona Michelle Ramsey has filed a petition with this court for a decree changing name of Leona Michelle Ramsey to Ramsey Phoenix Harris. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 7, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 25, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

RAMSEY 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

TRUONG 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00020008PT-GDS

WHEREAS, Tina Marie Gonzales has filed a petition with this court for a decree changing name of Tina Gonzales to Lia Love. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 6, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 22, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

GONZAL 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00020011PT-GDS

WHEREAS, Clarence John Phelps has filed a petition with this court for a decree changing name of Clarence John Phelps to Joe Love. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 6, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 28, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

SATERF 80901 9-23-08

FICTITIOUS BUSINESS NAME STATEMENT #0818090. John Casey, 5008 Tamaka Ct., Fair Oaks, CA 95628 and Fred Fletcher, 120 Marcin Way, Auburn, CA 95603 are doing business under the Fictitious Business Name "Pacific Coast Commercial Lending" at 2377 Gold Meadow Way #100, Gold River,

date set for hearing on the petition. Dated: Aug. 22, 2008.

Loren E. Master
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

PHELPS 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00020292PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00020591-CU-PT-GDS

WHEREAS, Panacia Saterfield and Winston I. Khon have filed a petition with this court for a decree changing name of Winston Isaiah Khan to Winston Isaiah Saterfield. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 9, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 28, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 2, 9, 16, 23, 2008.

SATERF 80901 9-23-08

FICTITIOUS BUSINESS NAME STATEMENT #0818090. John Casey, 5008 Tamaka Ct., Fair Oaks, CA 95628 and Fred Fletcher, 120 Marcin Way, Auburn, CA 95603 are doing business under the Fictitious Business Name "Tom Avenell Management Company" at 5001 Teichert Ave., Sacramento, CA 95819. Filed with the Clerk of

CA 95670. Filed with the Clerk of Sacramento County on July 30, 2008. Publish: September 9, 16, 23, 30, 2008.

PACIFI 80902 9-30-08

FICTITIOUS BUSINESS NAME STATEMENT #0818089. John Casey, 5008 Tamaka Ct., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Pacific Coast Residential Lending" at 2377 Gold Meadow Way #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County on July 30, 2008. Publish: September 9, 16, 23, 30, 2008.

PACIFI 80902 9-30-08

FICTITIOUS BUSINESS NAME STATEMENT #0819204. Gwenda Lee Schoen and Earl Schoen, both of 4170 Stillmeadow Way, Sacramento, CA 95821 are doing business under the Fictitious Business Name "EG Schoen Communications" at 4170 Stillmeadow Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on Sept. 2, 2008. Publish: September 9, 16, 23, 30, 2008.

EGSCHO 80902 9-30-08

FICTITIOUS BUSINESS NAME STATEMENT #0809679. Peter Wick, 7043 Los Olivos Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "IMPEX Consulting Group" at 7043 Los Olivos Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Aug. 29, 2008. Publish: September 9, 16, 23, 30, 2008.

IMPEXC 80902 9-30-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00021110-CU-PT-GDS

WHEREAS, Jimmy Mai has filed a petition with this court for a decree changing name of Jimmy Mai to Jimmy Tin Tran. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 23, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 4, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 9, 16, 23, 30, 2008.

ADMINS 80902 9-30-08

FICTITIOUS BUSINESS NAME STATEMENT #0809451. William T. Avenell, 5001 Teichert Ave., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Tom Avenell Management Company" at 5001 Teichert Ave., Sacramento, CA 95819. Filed with the Clerk of

Sacramento County on Sept. 9, 2008. Publish: September 16, 23, 30, October 7, 2008.

TOMAVE 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00021286-CU-PT-GDS

WHEREAS, Clem B. Westerman and Pamela D. Westerman have filed a petition in this court for a decree changing name of Skylar Edward Westerman-Redinbaugh to Skylar Benjamin Westerman. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Oct. 22, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 16, 23, 30, October 7, 2008.

WESTER 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00021335-CU-PT-GDS

WHEREAS, Corey Dean Catalano has filed a petition in this court for a decree changing name of Corey Dean Ebro. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 16, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: September 16, 23, 30, October 7, 2008.

CATALA 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00021411-CU-PT-GDS

WHEREAS, Desiree Pryor has filed a petition in this court for a decree changing name of Mersades Gloria Nasca to Mersades Gloria Pryor. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 21, 2008

in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 8, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 16, 23, 30, October 7, 2008.

PRYOR 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00021271PT-GDS

WHEREAS, Natasha Christine Mischke has filed a petition in this court for a decree changing name of Natasha Christine Mischke to Tina Christine Mischke. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 21, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 16, 23, 30, October 7, 2008.

MISCHK 80903 10-7-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00021303-CU-PT-GDS

WHEREAS, Alice May Thompson has filed a petition in this court for a decree changing name of Alice May Thompson to Alice May Ginosar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 28, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Sept. 5, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: September 16, 23, 30, October 7, 2008.

THOMPS 80903 10-7-08

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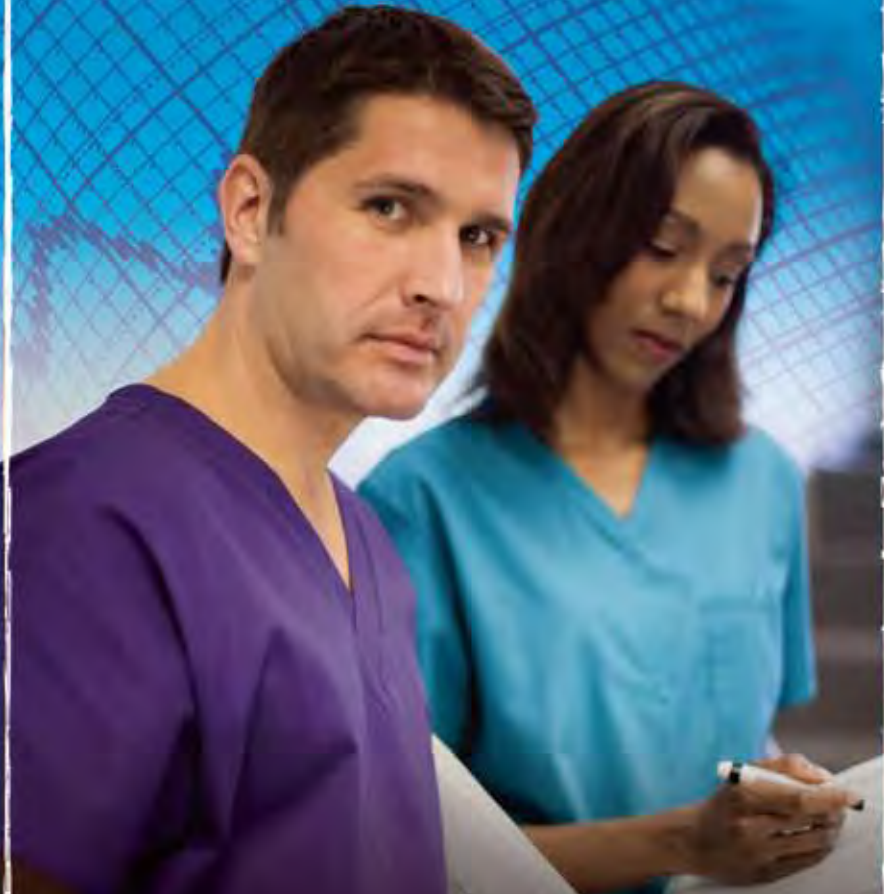
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All About Creepy Critters

Know Your Code

by Annie Parker and Chris Andis

Halloween or not, there are few things that send creepy chills up our spine like rodents in our home. Once rodents become established, they can breed quickly and establish a large population that can be nearly impossible to eliminate. Rats and mice can cause significant damage to your property and may also harbor diseases that can sicken you and your family.

But who do you call when you spot the creepy critters? "Rodent infestation, left unchecked, can become a public health nuisance," said Tammy Derby, Code Enforcement Manager for Sacramento County Code Enforcement. "Typically, we don't get involved until the infestation becomes a public health hazard and we need to step in to require pest control and preventative maintenance efforts."

Code Enforcement generally hears about situations involving extreme infestation from the neighboring properties. Oftentimes, homeowners may be elderly and without the resources to properly maintain their homes, and on other occasions, the homeowner may be unaware, absent from the property, or unconcerned with the infestation.

Some neighborhoods are attractive to rodents due to natural habitats such as creeks, drainage ditches and overgrown foliage. These situations are much more

difficult to control. All property owners in the area need to be vigilant in removing potential food sources such as pet food, discarded or dropped fruits, berries and nuts from backyard trees and bushes. Additionally, removal of dense vegetation will reduce the opportunity for rodent housing.

What to do About Vermin:

Tenants: if you are experiencing rodent or vector infestation, first, contact your landlord for proper handling. Within the unincorporated area of Sacramento County, if the landlord is unresponsive, contact County Code Enforcement to request that an advisory letter is sent to the property owner. The letter allows them 30 days to fix the problem. After 30 days, the tenant/complainant will be contacted to verify that the repairs have been made or if the violations remain, an inspection will be conducted. Learn how to file a complaint by calling 916-875-5656 or by visiting Code Enforcement at <http://www.msa2.saccounty.net/dns/codeEnforcement/Pages/HowtoFile.aspx>

Homeowners: Contact a local company to handle your infestation for rats and mice. You can also find more information about how to deal with pest management through the Quick Tips for Managing Home and Landscape Pets through the University of California, Agricultural and Natural Resources Page at

<http://www.ipm.ucdavis.edu/QT/ratscard.html>.



If you are experiencing a problem with wildlife such as skunks and bats, contact the Wildlife Services Program with the County Agricultural Commission at <http://www.agcomm.saccounty.net/wildlifeservices/default.htm>.

Neighbors: First, as with any dispute with a neighbor, where possible, talk with your neighbor about the nuisance.

Perhaps they are unaware and a simple conversation can remedy the situation. If the owner is not on the premises, or you feel that a conversation would not be helpful, you can contact the County by calling 875-5656 Monday through Friday, 7 a.m. – 9 p.m. or report an issue online:

<http://www.msa.saccounty.net/communityhazards/report.htm>

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