

Carmichael Times

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September 2, 2008

"Why We Support Proposition 6"

Living in the County

Public Works Projects Win Major Awards

American Public Works Association Awards to Be Presented on September 5

Sacramento, CA. – Two Sacramento County public works departments were presented with the 2008 Project of the Year award in their respective categories by the American Public Works Association, Sacramento Chapter. These awards celebrate public works projects that demonstrate an overall excellence in design, outreach and management.

The Sacramento Regional County Sanitation District (SRCSD) was awarded the 2008 Project of the Year Award for the Upper Northwest Interceptor Section 9 and the Northeast Area Relief project in the Environment Category/Waste, Construction Division 4 (\$10-50 million), Agency size – Large. This project replaced the pre-existing wastewater conveyance system in the northeast area of the County that was nearing operational capacity with a new pipeline that now carries wastewater flows to the Natomas Pump Station and on to the Sacramento Regional Wastewater Treatment Plant via the Lower Northwest Interceptor.

The Sacramento County Waste Management and Recycling Department (WMR) was awarded the 2008 Project of the Year for the Kiefer Landfill Entrance Improvements in the Environment Category/Solid Waste, Construction Division 3 (\$2-10 million), Agency size – large. Kiefer Landfill is the primary municipal solid waste disposal facility in Sacramento County accepts waste from the general public, businesses and private waste haulers. It sits on 1,084 acres of land located near the intersection of Kiefer Boulevard and Grant Line Road.

The APWA awards will be presented to the project team members at the monthly chapter APWA luncheon on Friday, September 5 from 12-2 at the Garden Pavilion at McClellan Business Park.

Submitted by Chris Andis

Rhythm & Ribs Festival - Page 3



John McGinness, Sacramento County Sheriff



Jan Scully, Sacramento County District Attorney

by DA Jan Scully and Sheriff John McGinness

On June 22, Edwin Ramos was making a left turn onto a narrow street in San Francisco when Tony Bologna's car briefly blocked him. Mr. Bologna, 48, whose sons Michael, 20, and Matthew, 16, were also in the car, politely backed up his vehicle.

What was Ramos' response? He pulled alongside Bologna's car and without a word shot and killed the father and both sons. According to San Francisco police, Ramos is a native of El Salvador, a reputed member of the notorious MS-13 street gang, and illegally in the U.S.

The senseless murders of Tony Bologna and his sons are clear evidence of systemic problems in California's criminal justice system, which block effective enforcement of our anti-gang laws, particularly in cases involving juveniles, illegal immigrants, or both.

That's why we support Proposition 6.

As longtime members of the law enforcement community, we see an urgent need to balance programs for crime prevention and early intervention with aggressive enforcement against felony gang activity. To achieve this balance and a sustainable statewide gang suppression policy, law enforcement throughout California developed Proposition 6, the Safe Neighborhoods Act, which will be on the November ballot. Under Prop 6, the Bologna

murders might not have occurred.

As it turns out, Ramos was no stranger to law enforcement. At age 17, he beat and kicked a passenger on a San Francisco bus, an assault captured on videotape. He was briefly incarcerated, then released. Four days later, he attempted to rob a pregnant woman. He was prosecuted as a juvenile on both charges, but was not turned over to federal immigration authorities.

In March of this year, Ramos was stopped for driving a car without a license plate. His passenger (identified as a fellow MS-13 gang member) attempted to discard a gun, which police recovered. Ramos was arrested, and when the gun could not be tied to him he was released from jail without being held for immigration charges. The gun was later determined to have been used in a double homicide.

Here in Sacramento, the Sheriff's Department is still struggling with the loss of Detective Vu Nguyen, shot and killed last year during a sweep of known gang hangouts. The Sacramento District Attorney is prosecuting a 16 year old alleged gang member for the murder.

There is little satisfaction in sending a 16-year-old to prison for life. We must act swiftly and forcefully to contain gang violence. The murder of Detective Nguyen and the unprovoked Bologna homicides scream out for

earlier intervention and better enforcement. In cases like these, the overwhelming loss is deepened by a sense these crimes could have been avoided.

Proposition 6 gives local enforcement more resources, including improved gang data bases and GPS capacity to monitor convicted gang members. In court, it expands the use of "deferred entry of judgment," which permits juveniles convicted of first-time non-violent felonies to have their records expunged if they comply with court imposed conditions. Outside of the justice system, Prop 6 invests in juvenile early intervention and programs like police athletic leagues, to offer young people alternatives to gang involvement.

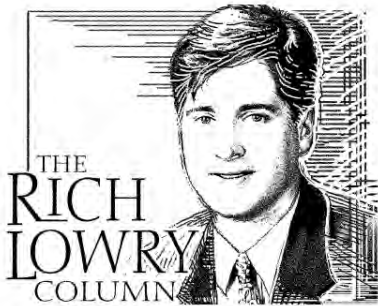
If Proposition 6 were in place today, a 17-year-old like Ramos participating in a gang assault could be charged as an adult. If, like Ramos, he was an illegal immigrant, Proposition 6 would require he be held without bail and his status reported to immigration authorities.

With gang murders increasing, now is the time for action. Crime in California, including homicides, dropped dramatically through most of the 1990s. From 1999 to 2006, the number of homicides throughout the state increased by almost 500. Department of Justice reports indicate that virtually the entire increase in homicides from 2000 to 2006 was attributable to gang murders. While California's homicide rate was climbing, from 1999 to 2006 the composite homicide rate for the other 49 states dropped.

California must distinguish between kids who make mistakes with drugs or theft, and the threat posed by violent juvenile gang members. We must distinguish between immigrants who work to support their families, and brutal foreign nationals who prey on victims.

Proposition 6 make these distinctions, ensuring both accountability and sustainability for anti-gang programs that benefit all of California.

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The Audacity of Haughty

"It's almost as if they take pride in being ignorant," Barack Obama mused the other day, blasting Republicans for ridiculing his exhortation to the nation to make sure its tires are properly inflated.

Ah, behold the open-mindedness and cross-partisan understanding. Remember two years ago when Obama was only a media darling and not yet The Anointed One? Back then, his appeal was the extraordinary sensitivity he had for the views of others. He wrote a best-selling campaign book called "The Audacity of Hope" that was carefully unaudacious in its on-the-one-hand, on-the-other-hand weighing of the issues of the day, giving the impression that nothing pained him so much as not being able to agree with the other side, though he thoroughly understood and respected its arguments.

That iteration of Obama was tossed under the bus long ago (no word on whether the tires were adequately inflated). It's been replaced by an Obama who -- between pauses gazing

regally into the middle-distance during his orations -- betrays a dismissive contempt for all differences of opinion.

"Nobody really thinks that Bush or McCain have a real answer for the challenges we face," he said, responding to a John McCain attack ad. Nobody does? Are all those people who vote Republican simply delusional? Or are they pretending to believe things that they really don't to conceal unseemly motivations -- power-hunger, bitterness, racism?

The most elemental act of political civility is to concede the good motives of your opposition. Obama lately can't even muster that. Obama is now such a puffed-up figure that he's vulnerable to the pinprick of ridicule. Having failed to get much traction against Obama heretofore, the McCain campaign scored recently with a pointed but lighthearted ad comparing him to Britney Spears and Paris Hilton and the distribution of tire gauges to mock his tire-pressure comments.

"They're making fun of a step that every expert says would absolutely reduce our oil consumption by 3 to 4 percent," Obama said of the tire gauges, suggesting that the making-fun particularly bothered him.

It has to be hard for Obama to maintain a sense of proportion. First, it has become Democratic dogma that in reply to any Republican attack, a Democratic candidate has to hit back twice as hard. This makes it impossible to calibrate a response -- the only option becomes the nuclear option. Second, given the idolatry of the press and his most fervent supporters, Obama would need prodigious reserves of humility to keep from taking himself too seriously.

On the question of tire pressure, he was wrong when he said that properly inflating tires would save enough gas to make up for whatever oil we might get from more offshore drilling. Only an estimated 27 percent of cars have underinflated tires, and having properly inflated tires saves at most only 3 percent on gas consumption, so the number gets quite small. Obama's estimate of an overall savings of 3 percent to 4 percent on gas consumption is wildly optimistic. But it's his critics who are ignorant (and proud of it!).

The new Obama is displaying the audacity of haughty.

Rich Lowry is editor of the National Review.

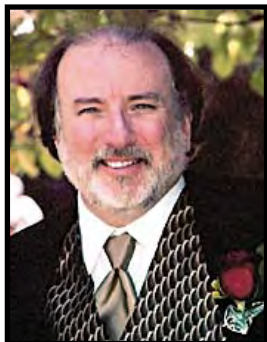
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Parkinson Association of Northern California Upcoming Event

Terry Tempkin will be speaking at The Lewy Body Dementia Support Group on October 9, 2008 at 10:00. She is an Adult Nurse Practitioner working in the Parkinson's and Huntington's Disease clinics at UCD Medical Group. The location of the meeting is: Eskaton Gold River, 11390 Coloma Road, Gold River, CA 95670. Please come and learn all of the information that she has to give to you. Please call PANC at 916-489-0226 for reservations.

Parkinson Association of Northern California will be having its 15th Annual "Living with Parkinson's Disease and Educational Seminar and Resource Fair" on Saturday September 13, 2008 from 10:00- 3:00. There will be 3 speakers: 1) Dr. Suketu Khandhar 2) Dr. Paul Larson 3) Dr. Nicklesh Thakur and they all will be speaking about different aspects of Parkinson's. They will be over 15 exhibitors there to give information about their companies and what they can offer. The cost is: \$15 per person with a \$5 discount if signed up before August 15, 2008. You do have to be a member or become a member to attend. It is not hard to become a member so please call our office at 916-489-0226 or email us at parkanc@sbcglobal.net for information. Memberships range from \$15- \$1500 per year. Please register by calling our office. Thank you!

Carmichael Times



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Ribs and Music: 6th Annual Rhythm & Ribs Festival



World-class ribs, tribute bands, Kid Zone, and much more on display Sept. 19-21 at Raley Field

West Sacramento, Calif. –Rockin' good times and the best finger-lickin' barbecue in the area return for the annual Rhythm & Ribs Festival presented by the California Correctional Peace Officers Association (CCPOA), September 19th through 21st at Raley Field. The event, now

in its 6th year, has become known throughout the region as one of the most entertaining and diverse family events around. For the second year, Raley Field will host the event on Ballpark Drive (adjacent to Raley Field) and will feature plenty of shade and seating throughout the venue.

The 2008 Rhythm & Ribs Festival will feature six professional rib teams trying to out-grill each other for a People's Choice Award, decided by attendees. Local rib team favorites include Joshua's Ribs, West Sacra-

mento Elk's Lodge, Addicted to Rub, and River Cat Ribs. The festival will also include musical performances by a line-up of top area artists, whose music pays tribute to the best bands in Rock n' Roll history.

Full schedule for Rhythm & Ribs presented by CCPOA

- Friday, September 19, 5:00 p.m. to 9:30 p.m.
 - o Musical Line-up: Jerry & The Van Dykes, Rusty Evans (Johnny Cash Tribute), California Dreamin' (California Music Tribute)
- Saturday, September 20 - noon to 9:30 p.m.
 - o Musical Line-up: Alanis/Crow Project (Alanis Morissette / Sheryl Crow tribute), The California Cowboys, Zepparella (All-female Led Zeppelin tribute), The Original Kiss Army (Kiss Tribute), Tim Russ and The Crew, Peace Frog (Doors Tribute)
- Sunday, September 21 - noon to 4:00 p.m.
 - o Musical Line-up: Paperback Writer (Beatles Tribute), The Boys of Summer (Don Henley and The Eagles Tribute)

Other features of the 2008 event

include:

- An expanded Kid Zone for families with bounce houses, obstacle courses, face painters, balloon twisters, a speed pitch machine, and rides on a trackless train – Fun for kids of ALL ages!
 - A Farmers Market by Fresh Producers, a non-profit, student-led organization selling high-quality fruits and vegetables.
 - More than 30 craft vendors displaying a wide variety of unique merchandise.
 - Family educational tools such as KinderVision (a resource aimed at preventing child abduction) and fire safety lessons for children and parents from the West Sacramento Fire Department.
- A one-day ticket to the event costs just \$5 and three-day passes are available for just \$10. Tickets are available at the Raley Field Ticket Office, Raleyfield.com and Ticketmaster.com. Discount vouchers are available at participating Raley's and Bel Air locations or online at Raleys.com. For more information, please visit www.raleys.com or call (916) 376-4676.

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Supervisor Sponsors Free Concert at Pioneer Park



John Skinner's Fabulous Band

A free "Concert in the Park" will be held Saturday, September 13, at Pioneer Park from 3 to 6 p.m. co-sponsored by Sacramento County Supervisor Susan Peters and the Sunrise Recreation and Park District with corporate support from Mercy San Juan Medical Center and McClellan Park.

The fun starts at 3 p.m. with activities for the entire family, and then John Skinner's Fabulous Band will be the featured entertainment at 4 p.m. playing a variety of easy listening music. Small children will be able to participate in face painting and a bounce house while older youngsters will be able to enjoy a rock wall climbing. Light refreshments also will be available for purchase during the event.

"The Old Foothill Farms area has a strong sense of community and holds a special place in my heart because it is the part of Sacramento County where I was raised", says Peters. "To assist in maintaining that neighborhood spirit, I am pleased to sponsor again a "Concert in the Park" oriented for the entire family to enjoy with activities for all generations."

"Everyone is welcome and the best way to enjoy the event is to bring a picnic, blanket and lawn chairs for a relaxing time in the late afternoon concluding in the evening's early hours. This event is a great way to celebrate the neighborhood and special thanks to Mercy San Juan Medical Center and McClellan Park for their help to bring back the concert for a third year in a row."

Pioneer Park is located at 5100 Verner Avenue near Pioneer School.

Helping with the concert will be the Old Foothill Farms Community Task Force, a volunteer neighborhood association organized for the betterment of the area that has sponsored tree planting, neighborhood watch, and monthly meetings.

Project Development Signs to Expand Countywide

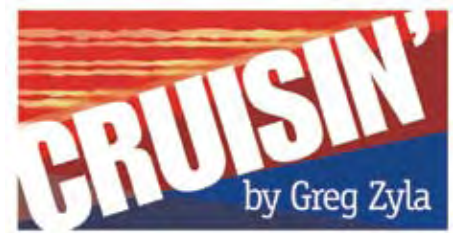
Ever Wonder What Kind of Development Project is Being Proposed on a Property?

The County's development sign-posting program is expanding in September. The signs are posted on the properties and notify the public about an impending development proposal and provide meeting and relevant project information. Originally launched in 2007 in Arden/Arcade, Carmichael, Fair Oaks and Rio Linda/Elverta, the program will now be expanded county wide.

"Since launching the program, we have posted about 180 signs in all four areas," said Cindy Storelli, principal planner with the Planning and Community Development Department. (Planning) "The signs are very popular and we have received excellent feedback from communities."

Planning anticipates that they will post about 150 signs in each of the next few years as development applications continue to increase. A fee of \$361 per application was implemented on August 18 to help fund the sign-posting program.

Each sign will remain in place until all of the hearings on the project have been completed, which can take anywhere from 30 days to more than a year. For more information, contact Cindy Storelli at storellc@saccounty.net



Biggest-Ever Cadillac

Q: Greg, what were the biggest Cadillacs ever produced? My husband says the 1975 and 1976 full-size Cadillacs were biggest ever, both in terms of wheelbase and engine size. Is he right? -- Addie K., e-mail from Pennsylvania

A: Addie, your husband is partly correct. The 1975 and 1976 Cadillac Deville and Fleetwoods had 500 cubic-inch V-8 engines as standard equipment, making them the biggest standard V-8 engines ever available in the Cadillac line. The smaller Seville that year relied on a 350-inch engine. The 500-inch engine first appeared in 1970 in the Eldorado, with 472-inches available in the Deville models and Fleetwoods from 1968 through 1974.

Notice I've only addressed V-8 engines, because as far back as 1930, Cadillac had a 452-inch V-16 and a 368-inch V-12 available through 1937. In 1938, Cadillac dropped the V-12 and reduced the V-16 to 431-inches. It lasted through 1939, and then it was V-8 only from there on.

As for wheelbase, the 1975 and 1976 models carried the same 130 inches that Cadillac produced back in 1959. However, in the standard Cadillac, not limo or stretched Fleetwoods or Sixty Specials, the 1930 Cadillac had a 140-inch wheelbase, making it the longest standard-size Caddy ever built. Thanks for your question.

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to gzyla@ptd.net.

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Weekly SUDOKU

Answer

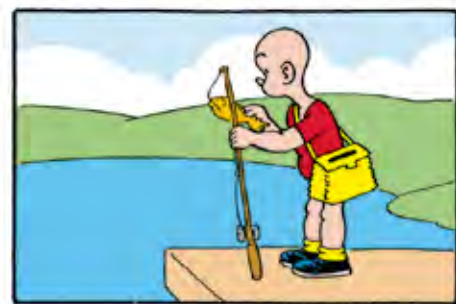
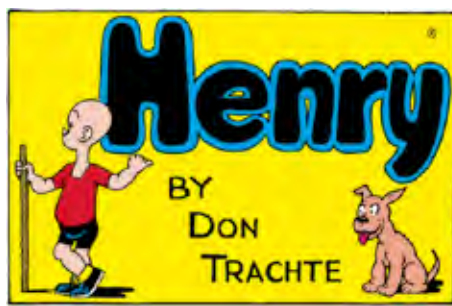
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King Crossword

Answers

Solution time: 25 mins.

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Riley Reviews

By Tim Riley

B-MOVIE STUNTS AND ACTION RUN UP THE SCORE IN "DEATH RACE"

DEATH RACE (Rated R)

Before we even get to the next summer Olympic Games in London, the post-apocalyptic world is upon us in "Death Race," where senseless, mortal violence is a pay-per-view bonanza for a prison run by a private corporation. The premise of extreme racing competition is inspired by Roger Corman's classic B-movie "Death Race 2000." Given false hope for early release, prisoners are fodder for reality TV bloodlust if they are willing to risk their lives to become road kill splashed across TV screens and the Internet.

Laconic action star Jason Statham, having established his bona fides wheeling fast cars in the "Transporter" series, is a natural candidate to race tricked-out cars. He could give Vin Diesel a run for his money. At the opening of "Death Race," Statham's Jensen Ames is a steel worker getting laid off from his job, which is unfortunate because his prison days are behind him now that he has a supportive wife and baby daughter. The fact that he was an excellent race car driver is not lost on the folks running the Terminal Island prison, where fatal car races are staged for the amusement of a bloodthirsty public hungry for increasingly violent TV programming.

On the same day he loses his job, Jensen is set up by masked men invading his home who intend to frame him for murder. Flash forward six months, and Jensen arrives at the bleak Terminal Island, an Alcatraz-like prison where escape is practically impossible. The evil Warden Hennessey (Joan Allen) runs the prison as if it were a caged ultimate fighting championship death match. Indeed, convict teams race customized vehicles that look like they were used in "Mad Max." These cars are outfitted with more gadgets and weapons than James Bond's Aston Martin.

Hennessey is raking in big bucks with her televised Death Race matches, where the winner is the only convict left standing. But she recently lost the most popular racer, the masked Frankenstein who racked up a series of wins with a souped-up Ford Mustang GT Fastback. Jensen is picked as his replacement, only needing to don the rubber mask and stay alive by winning. Of course, the incentive for Jensen is that, by taking over Frankenstein's place, if he wins the next race, he will be set free from prison and reunited with his daughter.

The proposition is fraught with peril, because Hennessey is untrustworthy and the race itself guarantees the death of all participants except the lone winner. Frankenstein's nemesis is Machine Gun Joe (Tyrese Gibson), a sneering, brooding con who doesn't know that Jensen is being

substituted for Frankenstein. All that matters to Machine Gun Joe is that he permanently eliminates whoever is driving Frankenstein's car. In case you can't see it coming, "Death Race" is all about high-speed violent chases where competitors meet gruesome death, by impalement, explosions, and highly dramatized crashes.

Clocking in at under two hours, "Death Race" spends most of its time running cars at full-throttle around gritty industrial areas, where booby traps await the unsuspecting. During the down times without racing, the action shifts primarily to the usual prison yard conflicts. Some time is also spent with Frankenstein's dedicated pit crew, including Coach (Ian McShane), the seasoned con who figures out the ultimate game, and Lists (Fred Koehler), the bookish crew member who delivers helpful intelligence reports.

Because a movie of this type demands an attractive distaff presence, Terminal Island allows female prisoners to become navigators. Naturally, Jensen gets the best looker in Natalie Martinez's Case, a tough cookie who likely gets the assignment because she has the best cleavage and wears tight jeans. Keep in mind that we are dealing with a B-movie heritage that must be upheld at all costs. Yet, the toughest female role belongs to Warden Hennessey, who borders on the comedic only because she's called upon to spew profane threats to those impeding her path, while remaining rigid and uptight in crisp business suits.

"Death Race" is pure mindless entertainment that requires you to check your brain at the door. I enjoy slam-bang car chases and spectacular crashes as much as the next guy, but after awhile it becomes all too repetitive, losing its edge and impulsiveness. As the crashes and explosions pile up, "Death Race" looks increasingly like a violent video game. Meanwhile, much of the dialogue is laughable and lame, while the acting is purely pedestrian. "Death Race" could have been a better action picture.

DVD RELEASE UPDATE

Morgan Spurlock, best known for exposing the perils of fast food consumption with "Super Size Me," turns his investigate powers into a search for the world's most dangerous terrorist, Osama bin Laden. Now comes the DVD release of "Where in the World is Osama bin Laden?," which is billed as a tongue-in-cheek yet thought-provoking documentary. Amazed by bin Laden's continued success at evading capture, Spurlock set out to locate the terrorist by traveling through various international hotspots. I have not had the time to review this DVD, but I do know one thing: Spurlock does not answer the title of his documentary.

County Code Enforcement Steps Up to Protect Neighborhoods from Blighted Neglected Properties

Do you know the role of County Code Enforcement when it comes to vacant properties? With the amount of foreclosed and abandoned houses on the rise throughout the County, it is Code Enforcement's job to ensure that these houses do not become a neighborhood eyesore or a nuisance to community members due to disregard or neglect while they are in the foreclosure process or on the market to be sold.

"It is the responsibility of the property owner to make sure that all the structures on the property are secure," said Carl Simpson, Code Enforcement Chief. "By law, we are mandated to insure public health and safety not only for the community and adjacent property owners, but also for future property owners."

According to Carl Simpson, Code Enforcement Officers have responded to more than 258 complaints of open, accessible and vacant properties in unincorporated Sacramento County since January of this year. Code Enforcement staff respond to these complaints within 72 hours.

While a vacant house is not in violation of the County Code simply

because it is vacant, Code Enforcement will investigate complaints that a home is not properly secured and being accessed by unauthorized people. Once the complaint has been investigated, Code Enforcement is authorized to secure the property against intruders.

As part of the vacant house blight deterrent, Code Enforcement also monitors neglected landscaping in vacant homes. The County Code specifies that landscaping must be maintained by the property owner and that grass and weeds don't exceed 12 inches to reduce blight, protect the public right-of-way and reduce potential fire hazards.

If you see illegal activity or people who shouldn't be on a vacant property, contact the Sheriff's Department non-emergency contact line at 916-874-5115. If you see a vacant home whose landscaping has not been properly maintained, or would like to report a vacant home that is becoming a nuisance, you can file a complaint at 916-875-5656, Monday through Friday, 7 a.m. to 9 p.m. or at: <http://www.msa2.saccounty.net/dns/codeEnforcement/Pages/default.aspx>

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 at the **All Access Pre-show - FREE** to all ticket holders!



It's a Doggy Dog World

Important announcement: Studies show that the best way to get the most mileage out of this column is to make sure it is properly inflated.

If everybody did his part, we could cut our dependence on foreign humor by as much as 4 percent.

And now, on to one of the greatest scientific riddles of the age: dog yawning.

According to a recent actual study that was printed in the journal Biology Letters -- generally regarded as the leading journal of dog yawning research -- human yawns are contagious to dogs.

For thousands of years, ever since dogs first came to warm themselves by the cave man's primitive gas grills, humans have looked up at the sky and wondered: Why do dogs yawn?

So now you know. Dogs yawn because you're yawning -- which means you both need stimulating activities that you can enjoy together.

Chasing cars, for example, is a great way to bond with your pet. Not only will it provide you and your dog with exhilarating exercise, it will help lessen the need for a crime watch program, as people from the surrounding area soon learn to avoid your neighborhood.

Playing fetch is another, only make sure to run after the stick yourself.

The study also found that dogs lack a sense of self.

Your dog, while it may seem perfectly comfortable in its dogness, may actually be teetering on an existential abyss, unsure of its place in the world or even its own identity.

If this seems to be the case, reassure your dog about its place in the family. Let the dog sleep in your bed while you

spend a night in the doghouse. Drink from its water bowl or, for more extreme cases, straight from the toilet.

The toilet, of course, is the office water cooler of Dog World. A little casual "water cooler" time spent with your dog will do wonders for your pet's self esteem.

Interestingly enough, scientists say that dogs do not even recognize themselves in the mirror, especially when you make them wear silly hats.

So, first of all, remove the hat. Most dogs won't tell you this, but they quickly tire of dressing up in people clothes. "Can't they see I've got fur?" is a typical dog comment found on Internet message boards.

Cat yawns are a different story. The reason your cat yawns, scientists agree, is because it considers you a bore and an idiot. There is nothing you can do about this. Attempts to bond with your cat will only convince it that you are beneath contempt.

And unlike dogs, felines have an inordinate sense of self, with most cats believing themselves to be a major deity. (Even less-narcissistic cats see themselves as rulers of the human world, but these animals are rare.)

Cats recognize themselves in the mirror and -- when they think people aren't looking -- will gaze at themselves for hours walking up and down the "cat walk."

Dogs will never do this. They will look at you -- and probably yawn.

Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to dflood287@comcast.net.

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CALLING ALL PASTORS:

7th The American River Bank - KFIA
annual Pastor's Appreciation Breakfast
 is Coming September 25th.

This years Speaker will be Author & Radio Host
Steve Arterburn of "New Life Live".

The event will be held at
 The Vizcaya Hotel & Conference Center at 2019 21st street.
 This Free event is designed to honor area Pastors but room is limited,
 please call and make your reservation today.

For a great morning of Food, Fun, Giveaways, music and
 Inspiration, call **916-563-7483** to reserve your place.

King Crossword

Answers on page 4

ACROSS

- 1 Government agts.
- 5 Part of a roadie's load
- 8 Competent
- 12 Latin 101 word
- 13 Luau bowlful
- 14 Spruced up
- 15 Succotash ingredient
- 17 Profit
- 18 Where the action is
- 19 Actress Jackson
- 21 Boast
- 24 High mountain
- 25 Act mockingly
- 28 "There's Something About Mary" star
- 30 Peculiar
- 33 Worldwide work grp.
- 34 Name
- 35 Mainlander's memento
- 36 Solidify
- 37 Formerly
- 38 Profound
- 39 Listener
- 41 Listen to
- 43 Sarajevo's land
- 46 High-carb entree
- 50 Initial chip
- 51 Lucas saga

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| 54 Ollie's pal | "It's a Wonderful Life" | 31 Sandra or Ruby |
| 55 That girl | 9 Tall, thin person | 32 Pickpocket |
| 56 Needle case | 10 Deposited | 34 Actress Spelling |
| 57 Do mailroom work | 11 Sicilian volcano | 38 Chest component |
| 58 Sweet potato | 16 Prohibit | 40 Concerning |
| 59 Shipwreck cause | 20 Lounge around | 42 Springtime abbr. |
| DOWN | 22 Valhalla VIP | 43 Low voice |
| 1 FDR's dog | 23 Dorothy's antagonist | 44 Aware of |
| 2 Eastern potentate | 25 Leprechauns' dance | 45 Wan |
| 3 Titled lady | 26 Hearty brew | 47 Fill till full |
| 4 Position | 27 Guiding principle | 48 Verifiable |
| 5 Mimic | 29 Sheltered | 49 "Yeah, right!" |
| 6 Old bird of New Zealand | | 52 Afternoon affair |
| 7 — -pong | | 53 Branch |
| 8 Clarence, in | | |



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- Can result in major fines to you and your business by the FTC for non-compliance
- Provides another avenue for lawyers to file lawsuits against your business on behalf of

customers or employees

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Straight Talk for Teens



Teens talk about helping at-risk friends choose life

By Lauren Forcella

Dear Straight Talk: After reading the column about how to help prevent suicide (July 16), I want to say that, over the years, I have attracted friends who were cutting, depressed, anorexic, or bulimic. I'm strong and happy and I would reach out to them. But it got crazy. I became emotionally exhausted from trying to keep them pumped up when all they talked about was how they didn't know if they could keep living. Sometimes it got so bad I wouldn't even pick up the phone. The thing was I never knew how to tell anyone else, like a parent or school professional. I was afraid the situation wasn't that big of a deal, that this was just normal teen depression. There was also a pride, like, "they came to me, I will be the one to help them." And I questioned counseling because I thought my friends would be less open with an adult stranger than they were with me. But after one friend was hospitalized for attempted suicide, I realized this thinking is dangerous. The best thing is to straight-up ask the person if they are thinking about death and suicide. Listen and show you care, but don't try to be the hero. And, definitely, tell an adult. I once told a teacher about a friend who was bulimic and a few days later he was really grateful. —Lara, 17

From Beau, 19: I'm also a cheery person and I have learned to provide a safe, comfortable emotional environment for friends in need. Just knowing someone cares makes a difference; you don't need to have the answers. Basically, I try to get people to believe in themselves and see that hardships can be sources of strength. I look at life situations, like my dad's passing away or breaking

up with my girlfriend, positively, and that's what I try to teach.

From Kenny, 19: People come to me for help almost for the opposite reasons. I've been through a deep depression where I couldn't get out of bed and all I could do was cry. I took different medicines, did counseling and anger management, and learned about breathing and how to break down situations differently in my mind. Now I'm off the medicine and consider myself a success story. Many people think that those who say they are suicidal are just looking for attention. But the need for attention is real. The key is, don't act like a counselor. Don't say things like, "Why are you depressed?" And don't use "poor you" statements. I used to do that, but then I would get those 3AM phone calls. Instead, I tell the story of how I beat my depression and anger, and insist they get professional help like I did. What's really bad is some friends steer you the wrong way with, "What? You're not drinking with us tonight? Not smoking pot tonight?" They don't get how vulnerable you are when you're depressed.

Dear Lara: Thank you for a conversation-starter that is sure to save lives. Many teens find themselves with a friend who needs help and your experience of what to do and what not to do is so excellent I would like to highlight your closing words: "The best thing is to straight-up ask the person if they are thinking about death and suicide. Listen and show you care, but don't try to be the hero. And, definitely, tell an adult."

I'd also like to thank Kenny for urging his friends to get counseling — and noting how dangerous it is to steer a depressed teen toward drugs or alcohol. Drugs and alcohol are involved in almost all teen and college-age suicides. If the teen and college community learns to shield depressed friends from drugs and alcohol, rather than encouraging or pressuring them to "party it off," even more lives will be saved.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

Weekly SUDOKU

by Linda Thistle

Answers on page 4

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Carmichael Times

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SPOTLIGHT ON LOCAL SPORTS

Select' Soccer Team Takes First Place at Prestigious Land Park Tournament

Del Dayo Based Girls (U12) 'Select' Soccer Team Takes First Place at Prestigious Land Park Tournament

The River City Spirit girls under-age-12 'select' soccer team scored an impressive string of victories this past weekend on their way to winning the championship of the annual Land Park Shootout soccer tournament.

The Spirit began the weekend by defeating the Fair Oaks Magic III by a score of 4-0. They then went on to defeat the Sierra Galaxy 1-0 and earned a berth into the championship game by winning their flight with the defeat of the Land Park Heat, 3-0.

In the title match, the Spirit defeated the Elk Grove Energy by scoring 3 goals in the first half then locking the game down with tough defense to prevent the Energy from scoring. The final score was 3-0. Prior to the title match, the Elk Grove Energy had not given up a single goal in their tournament games.

"The girls have worked very hard over the spring and summer to build their skills, and their dedication to training is now paying off in these big-name tournaments," said Spirit head coach Tim Clark.

For the weekend, the River City Spirit scored a total of 11 goals in four games. None were scored against them.

The River City Spirit is a 'select'

soccer team playing in the River City Youth Soccer League, which is an affiliate of the California Youth Soccer Association (CYSA). Half of the Spirit's core roster originates from the North Natomas area of Sacramento, while the other half comes from the Del Dayo area, near Watt and Hwy 50. Head coach Tim Clark has coached youth soccer for 8 years. He is the President of the North Sacramento Youth Soccer Foundation, and he was also a founding board member of the Sacramento North Soccer Club, one of the largest youth soccer clubs in the Sacramento area.

The Land Park Shootout is an annual CYSA sanctioned "select" soccer tournament hosted by the Land Park Youth Soccer Club. Every year, the tournament draws dozens of the best teams from all around Northern California to compete for the top prize.

Please contact Tim Clark for more information or for a high resolution photo of the team with their championship medals.



Front row (from left to right) – Sarah Bencivengo & Sierra Baltzley. Middle Row: Rebekah Clark, Megan Hausman, Melissa Gerdes, Bailey Davidek, Amanda Larivee, Madelyn Brown, Jordan Hicks, Cianna Moncada-Roman, Amanda Elliott, Alyssa Arreguin, & Caitlin Lane. Back Row: Coaches Jennifer Baltzley, Dan Probasco, Jared Lane, & Tim Clark.

TIRES SALE

<p style="text-align: center;">PASSENGER GREAT BUY!</p> <p style="text-align: center;">STARTING AT</p> <h2 style="text-align: center;">29⁹⁹</h2> <p style="text-align: center;">155/80R-13</p> <p style="font-size: small;">This is an excellent value on highway and all season radials. Offering a smooth quiet ride and tough steel belt construction.</p>	<p style="text-align: center;">PICKUP/SUV 351</p> <p style="text-align: center;">STARTING AT</p> <h2 style="text-align: center;">94³¹</h2> <p style="text-align: center;">P235/75R-15 B</p> <p style="font-size: small;">This low cost all season radial features outlined white letters, a smooth ride and is economically priced.</p>
<p style="text-align: center;">PASSENGER ECLIPSE</p> <p style="text-align: center;">STARTING AT</p> <h2 style="text-align: center;">55⁹⁶</h2> <p style="text-align: center;">P155/80SR-13</p> <p style="font-size: small;">A quality all season tire that features the latest in radial design and a 70,000 mile warranty. It's modern tread pattern provides quality handling for increased vehicle safety.</p>	<p style="text-align: center;">PICKUP/SUV OPEN COUNTRY A/T</p> <p style="text-align: center;">STARTING AT</p> <h2 style="text-align: center;">119⁹⁹</h2> <p style="text-align: center;">P205/75R-15 B</p> <p style="font-size: small;">The Open Country A/T offers aggressive wet and snow traction for pickups, vans and SUVs. This versatile all terrain radial delivers rugged good looks without compromising handling, ride comfort or on and off road stability.</p>

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Pet of the Week: **Hunter**



Pet of the Week: Hunter
Animal ID#: A476437

Labrador retrievers are friendly family dogs. They are smart, loyal and can often be thought of as an integral part of a family. Hunter is a black Labrador retriever who is at the shelter now, waiting for a family to adopt him and make him part of their family. He weighs 70-pounds and is close to 4-years-old. He is a big goofball but he knows how to sit and shake, and the shelter staff has been teaching him leash manners and other basic behavior skills, he learns quickly. He would be a great buddy to take for a walk or on a daily run. There are an overwhelming number of animals that come into the shelter every day that need a home

and a family to love them like Hunter does. Come to the shelter and visit Hunter to see if he is a dog you and your family could love.

To see Hunter or other adoptable animals visit:
Sacramento County Animal Shelter
4290 Bradshaw Rd, Sacramento, Ca 95827
Open Tuesday – Saturday, and the first Sunday of every month.

Offices open at 8:00 a.m. and Kennels are open to the public at 10:00 a.m.

Visit us on the web to view pets online and learn more about our animals, services and programs at:
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sacramento
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THE RHYTHM & ROMANCE OF
KENNY G

FRIDAY, SEPTEMBER 26

7:30 PM

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Frederick Swann, organist

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I went from size 26 to size 10 and I want to cry, I'm so happy!

My name is Denise,



Before

I started focusing on reducing my weight about 2 and half years ago.

I've been done this road many times before only to end up going back to my old bad habits. But I had to try again.

So, I started that day with some Special K. I thought this Special K diet is pretty much a "no brainier" I get two bowls and couple of fruits and veggies and whatever I want for my third meal. Well that lasted just one day.

But I decided, why not just count the calories and keep it the same for every day. That worked.

Four months later I was still doing it and I starting to see changes in how my clothes fit, so, I got on a scale. 240! Wow, I had lost 45 pounds, since I had started at 285 pounds. I was very inspired. I can walk better now so why not start walking. So I did.

Just when I started to lose motivation...

I found Fitness Together and Master Trainer Megan. She cares not only about me for that hour three days a week but also what I do and eat while not there. She pushes me to do "cardio" and eat healthy. She really cares about me and how I feel. As of today I'm down to about 160lbs and wearing a size 10. I want to cry writing that because that is the smallest I've ever been since High School

(over 15 years ago) when I was a size 14 and from there I had exploded up to a size 26.

It's not been easy but it has been totally worth it. If you are ready to do it too, I truly recommend Fitness Together, and any of their programs and trainers.



After

Mention Denise's story and receive 20% off training. Call 483-2930

Fitness Together, Megan White Master Trainer.

ARCC
 American River Community Church



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September 13th - Wonder Land School 40th Anniversary Reunion 1-5 pm

September 14th - New Community Garden Dedication noon, with luncheon to follow

with Susan Peters - *County Supervisor*, Michael Fruci - *Mayor of Carmichael*, and Lee Tecklenburg - *Community Garden Advocate*

3300 Walnut Avenue - (next to DMV)

483-3465

FICTITIOUS BUSINESS NAME STATEMENT #0807357. Randy Dean Dettmann, 5537 Little Squaw Ct., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Terry Painting" at 5901 Rosebud Lane #110, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on July 9, 2008. Publish: August 12, 19, 26, September 2, 2008. TERRY P 80802 9-2-08

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIA T. VALEZQUEZ NO. 34-2008-12129

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Maria T. Velazquez.

A petition has been filed by Maria T. Ortega-Velazquez in the Superior Court of California, County of Sacramento, requesting that Maria T. Ortega-Velazquez be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

The petition is set for hearing at 9:00 a.m. in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826, Probate, on September 4, 2008.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner or petitioner's attorney is: Maria T. Ortega-Velazquez, 2526 Wah Ave., Sacramento, CA 95822; 916-271-9924. Publish: August 19, 26, September 2, 2008. VELAZQ 80803 9-2-08

NOTICE OF PETITION TO ADMINISTER ESTATE OF LINDA PRESTON SCHWARTZ NO. 34-2008-12129

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Linda Preston Schwartz.

A petition has been filed by Kimberly Schwartz-Brown and Robert P. Dirham in the Superior Court of California, County of Sacramento, requesting that Kimberly Schwartz-Brown and Robert P.

Dirham be appointed as personal representatives to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition is set for hearing at 9:00 a.m. in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826, Probate, on October 3, 2008.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner or petitioner's attorney is:

Kimberly Schwartz-Brown, P.O. Box 2344, Fair Oaks, CA 95628; 916-730-8533. Publish: August 19, 26, September 2, 2008. SCHWAR 80803 9-9-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00018502-CU-PT-GDS

WHEREAS, Samir Abdollahzadeh has filed a petition with this court for a decree changing name of Samir Vaziri. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Sept. 17 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 8, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: August 19, 26, September 2, 9, 2008. ABDOLL 80803 9-9-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-000118476-CU-PT-GDS

WHEREAS, Yuliya Chernysh has filed a petition with this court for a decree changing name of Yuliya Chernysh to Yuliya Sidorchuk. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on September 17, 2008 in Department 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 8, 2008.

Shelleyanne W.L. Chang Judge of the Superior Court Publish: August 19, 26, September 2, 9, 2008. ABDOLL 80803 9-9-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00017496-CU-PT-GDS

WHEREAS, Matthew Vincent Monarrez has filed a petition with this court for a decree changing name of Matthew Vincent Monarrez to Matthew Hee Tae Kim. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Sept. 10, 2008 in Dept. 53, Judge of the Superior Court July 30, 2008. Loren E. McMaster Judge of the Superior Court Publish: August 26, September 2, 9, 16, 2008. MONARR 80804 9-16-08

the petition. Dated: Aug. 6, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: August 19, 26, September 2, 9, 2008. CHERNY 80803 9-9-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS CASE #07f101872

NOTICE TO RESPONDENT: MARY ELLA BERNAU You are being sued.

PETITIONER'S NAME IS: MARCUS BERND BERNAU You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

The name and address of the court is: Superior Court of California, County of Sacramento, 3341 Power Inn Road, Sacramento, CA 95826.

The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Marcos Bernd Bernau, P.O. Box 863, Carmichael, CA 95609; 916-607-8054. Dated: Feb. 26, 2007. Publish: August 19, 26, September 2, 9, 2008. BERNAU 80803 9-9-08

FICTITIOUS BUSINESS NAME STATEMENT #0808198. Michael Nunes, 4823 Donovan Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Michaelangelo The Art of Massage" at 4823 Donovan Dr., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Aug. 1, 2008. Publish: August 26, September 2, 9, 16, 2008. MICHAE 80804 9-16-08

Loren E. McMaster Judge of the Superior Court Publish: August 26, September 2, 9, 16, 2008. SUGARM 80804 9-16-08

FICTITIOUS BUSINESS NAME STATEMENT #0808218. Brydel's Communications, LLC, Louisiana, is doing business under the Fictitious Business Names "Activar; Abe's Home Phone Service" at 549 Kenilworth Parkway, Baton Rouge, LA 70808. Filed with the Clerk of Sacramento County on Aug. 4, 2008. Publish: September 2, 9, 16, 23, 2008. ACTIVA 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00016119-CU-PT-GDS

WHEREAS, Sylvia Lewis has filed a petition with this court for a decree changing names of Sylvia L. Coppola (aka) to Sylvia Lewis; Sylvia Lewis Coppola (aka) to Sylvia Lewis; Sylvia Barnich (aka) to Sylvia Lewis; and Sylvia L. Barnich (aka) to Sylvia Lewis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 6, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. TRUONG 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-0002008PT-GDS

WHEREAS, Tina Marie Gonzales has filed a petition with this court for a decree changing name of Tina Gonzales to Lia Love. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 9, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 28, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. SATERF 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00019406-CU-PT-GDS

WHEREAS, Melinda S. Marks has filed a petition with this court for a decree changing name of Cameron Scott Gromacki to Cameron Scott Gromacki Marks. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Sept. 30, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 15, 2008. Loren E. McMaster Judge of the Superior Court Publish: August 26, September 2, 9, 16, 2008. MARKS 80804 9-16-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020063-CU-PT-GDS

WHEREAS, Alexandra Jean Sugarman has filed a petition with this court for a decree changing name of Alexandra Jean Sugarman to Alexandra Sugarman Thomas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Oct. 6, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 22, 2008. Loren E. McMaster Judge of the Superior Court Publish: August 26, September 2, 9, 16, 2008. SUGARM 80804 9-16-08

FICTITIOUS BUSINESS NAME STATEMENT #0808218. Brydel's Communications, LLC, Louisiana, is doing business under the Fictitious Business Names "Activar; Abe's Home Phone Service" at 549 Kenilworth Parkway, Baton Rouge, LA 70808. Filed with the Clerk of Sacramento County on Aug. 4, 2008. Publish: September 2, 9, 16, 23, 2008. ACTIVA 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. TRUONG 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-0002008PT-GDS

WHEREAS, Tina Marie Gonzales has filed a petition with this court for a decree changing name of Tina Gonzales to Lia Love. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 9, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 28, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. SATERF 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020591-CU-PT-GDS

WHEREAS, Panacia Saterfield and Winston I. Khon have filed a petition with this court for a decree changing name of Winston Isaiah Khan to Winston Isaiah Saterfield. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 9, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 28, 2008. Shelleyanne W.L. Chang Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. SATERF 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020929PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 18, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. LEWIS 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020197-GDS

WHEREAS, Leona Michelle Ramsey has filed a petition with this court for a decree changing name of Leona Michelle Ramsey to Ramsey Phoenix Harris. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 7, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 25, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. RAMSEY 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020929PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020344-GDS

WHEREAS, Nancy Le has filed a petition with this court for a decree changing name of Nancy Le to Nancy Thanenga Chau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on Oct. 8, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

GONZAL 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-0002011PT-GDS

WHEREAS, Clarence John Phelps has filed a petition with this court for a decree changing name of Clarence John Phelps to Joe Love. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 6, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 22, 2008. Loren E. Master Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. PHELPS 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020292PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020292PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020292PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020292PT-GDS

WHEREAS, Dawn J. Bixler-Barnes has filed a petition with this court for a decree changing names of Dawn J. Bixler-Barnes to Dawn J. Barnes; Sean Michael Bixler to Sean Michael Barnes; and Tylor Edward Bixler to Tylor Edward Barnes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on Oct. 10, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: Aug. 26, 2008. Loren E. McMaster Judge of the Superior Court Publish: September 2, 9, 16, 23, 2008. BARNES 80901 9-23-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00020292PT-GDS

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8" sofa and love seat \$300 plus 2 end tables and coffee table \$160. All excellent condition. Call 916 781-2654 (ARM)



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Lisensed, insured and bonded. Vet. tech. exp. Ref. avail. 916.202.6952 (ARM)

Novenas & Prayers

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (ARM)

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NCT0801

Assemblyman Niello to Host Workshops to Help Small Business Owners Protect themselves from ADA Lawsuits

Assemblyman Roger Niello (R-Fair Oaks), will be hosting two breakfast workshops to help small business owners protect themselves from lawsuits filed under the Americans with Disabilities Act (ADA).

ADA laws are complicated and many businesses need help understanding what they can do to make sure they are in compliance. The workshop will feature a series of speakers from the California State Legislature, Citizens Against Lawsuit Abuse, and local government planning departments.

Information will be provided on past and current legislative efforts to resolve this problem, current ADA business requirements, simple changes businesses can make to prevent lawsuits, and protection once a suit has been filed.

"Businesses need to be able to operate in a regulatory environment that is predictable and they need to be provided with opportunities to correct access problems before facing lawsuits that potentially threaten their very existence. Many small business owners have fallen victim to ADA lawsuits and it is my hope that we help business owners not only understand how to avoid these problems, but also how to make their businesses more accessible for everyone," said Assemblyman Niello.

Assemblyman Niello will be hosting two workshops in the 5th Assembly District designed to assist small businesses understand ADA laws and how to protect themselves from ADA litigation. For additional questions or to RSVP, please contact Assemblyman Niello's District Office at (916) 349-1995. The following is a list of workshop locations and times. A light breakfast will be provided and an RSVP is requested.

Arden Arcade
September 12, 2008
8:00a.m.-10:00a.m.
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