

Carmichael Times

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August 12, 2008

West Nile Hits Sac

Lawmakers to Host Wildfire Summit



First Human Cases of West Nile Virus for 2008 Reported in Sacramento County

The first human cases of West Nile Virus for 2008 have been reported in Sacramento County. West Nile Virus (WNV) is a mosquito-borne illness that initially came to the United States in 1999.

The first individual is a 29-year-old woman who lives in North Highlands. She had been hospitalized with neuroinvasive disease, but is now home.

The second individual is a 33-year-old man from Citrus Heights. He, too, was hospitalized with neuroinvasive disease and has now been released.

In previous weeks, West Nile Virus has been confirmed in mosquito samples, birds, and sentinel chickens in various portions of Sacramento County.

Sacramento County Health Officer Dr. Glennah Trochet said: "It is critical that residents continue to take precautions to avoid getting bitten by mosquitoes. Most individuals who are infected with WNV will not experience any illness. Others will have mild to moderate symptoms such as fever, headache and body aches that

usually last a few days but can continue as long as several months. However, WNV can cause severe illness in some individuals. Although those over 50 years of age and people with diabetes are at the greatest risk for paralytic disease, encephalitis and meningitis, our first two cases of 2008 show that we are all at risk for this disease."

WNV is transmitted to humans and animals through a mosquito bite. Mosquitoes become infected when they feed on infected birds. Human-to-human transmission of WNV generally does not occur.

Last year in Sacramento County there were 26 reported human cases of West Nile infection with one death. In 2007 in the state of California, there were 380 reported human cases of West Nile infection in 30 California counties. So far this year, there are 38 reported human cases, and no deaths, among nine California counties.

The Sacramento-Yolo Mosquito and Vector Control District encourages residents to reduce their risk of acquiring mosquito-borne diseases

by practicing the "Seven D's":

DRAIN any standing water that may produce mosquitoes.

DAWN and DUSK are times to avoid. These are the times when mosquitoes are most active.

DRESS appropriately by wearing long sleeves and pants when outdoors.

DEFEND yourself against mosquitoes by using an effective insect repellent, such as DEET, Picaridin or Oil of Lemon Eucalyptus. Make sure you follow all label directions!

DOOR and window screens should be in good working condition. This will prevent mosquitoes from entering your home.

DISTRICT personnel are available to address any mosquito problem you may be experiencing by calling 1-800-429-1022.

Sacramento County Public Health offers a West Nile Virus information line recorded in English, Spanish, Cantonese, Vietnamese, Hmong, Mien, Arabic and Russian is available at (916) 874-2000 and toll-free at 1-866-319-2001 for 916, 707 and 530 area codes.

Hearing held to find answers to state's devastating fires

In the wake of the state's costly and deadly wildfires, an unprecedented gathering of congressmen, state legislators, rural community leaders and residents will be held in the State Capitol to discuss immediate action needed to help reduce future catastrophic wildfires.

To be held on Wednesday, August 13, the bi-partisan effort aims to find common sense solutions to reduce forest fuels and better land management practices.

"I have seen first hand the destruction of wildfires to people's lives," said Senator Dave Cox who represents victims of last year's Angora and Moonlight Fires. "Out of these tragedies, we must explore ways to better manage our forests in order to protect the lives and communities of our citizens."

Last year, CAL FIRE firefighters fought 3,610 blazes that destroyed 3,079 structures. The State of California spent \$298.3 Million; this number does not include cost incurred by federal and local jurisdictions.

For more information, go to www.sen.ca.gov/cox.

WHO:

Congressman Wally Herger, Second Congressional District
Congressman John Doolittle, Fourth Congressional District
Senator Dave Cox, First Senate District
Senator Sam Anestad, Fourth Senate District
Assemblymember Doug LaMalfa, Second Assembly District
Assemblymember Rick Keene, Third Assembly District
Assemblymember Nicole Para, 30th Assembly District
Supervisor Robert Meacher, Plumas County
Fire experts and representatives of the Quincy Library Group, rural cities and counties, and forest service

WHAT:

Summit on Wildfire Prevention - "A Call to Action"

WHEN:

Wednesday, August 13
10 am - 12 pm, hosted lunch following hearing

WHERE:

State Capitol, Room 4203; Sacramento, CA

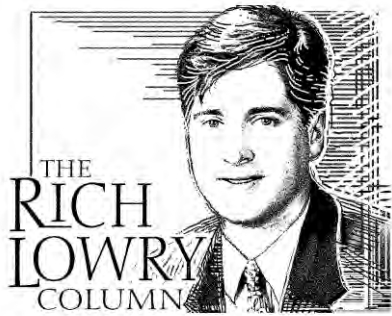
Event is sponsored by the California State Rural Legislative Caucus.

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For information about WNV or to report dead birds, visit <http://westnile.ca.gov>.

Additional WNV information can be found at: www.fightthebite.net www.westnile.ca.gov www.scph.com

Beijing Olympics -
Pg 5



The Assimilation Crisis

John McCain and Barack Obama both gave speeches at the League of United Latin American Citizens convention in Washington, and in the 4,600 words they spoke between them didn't mention assimilation once.

Never mind that assimilation is the key to the historic success of American immigration. We all know how it classically works: An immigrant group comes to the U.S. with low levels of education and income, living in ethnic enclaves and clinging to its original culture; then, its children improve their socio-economic lot, and the children-of-the-children get even further ahead, until they are all doctors and lawyers living in the suburbs and recalling the culture of the homeland mainly during holidays or ethnic festivals.

But for the bulk of new Latino immigrants -- Mexican-Americans --

it's not working this way. In a book-length study called "Generations of Exclusion" based on extensive survey data of Mexican-Americans in Los Angeles and San Antonio beginning in 1965, UCLA sociologists Edward E. Telles and Vilma Ortiz follow four generations of Mexican-Americans. Generally, they find clear progress from the first generation to the second, in educational attainment, income and linguistic and cultural assimilation. Thereafter, progress gets slower and sometimes reverses.

Consider education. After big initial gains, "Mexican-American schooling remained fairly flat in succeeding generations," according to Torres and Ortiz. Education affects economic status, and they found that "income and earnings for the fourth generation do not differ significantly from those of

the second and third generation." The upshot is that "the income inequality between Mexican-Americans and other Americans worsened in most cases between 1970 and 2000."

How about moving out of ethnic enclaves? "The children of the original respondents lived in neighborhoods that were even more Hispanic than the ones they grew up in," write Telles and Ortiz. High levels of immigration make residential integration more difficult, while weak educational attainment creates a trap for Mexican-Americans: it limits "their ability to move out of the barrio, which in turn further reduces other types of assimilation."

Over time, Mexican-Americans have more diverse friendships and intermarry more -- two other key indicators of assimilation. But the process is very gradual: "Assimilation in terms of social exposure is so slow that even in the fourth generation most Mexican-Americans continue to have Mexican-origin spouses, live in mostly Mexican neighborhoods, and have mostly Mexican-origin friends."

Telles and Ortiz are hardly right-wingers. They denounce immigration restrictionists as nativists, and blame

the failures of assimilation on racism. But the logic of their analysis -- even if they flinch from the conclusion -- suggests that less immigration would promote assimilation "because opportunities for speaking Spanish, living in barrios, and marrying other persons of Mexican origin would diminish."

The fate of Mexican-Americans is crucial to the country. In 1970, one out of every 70 children born had a Mexican immigrant mother; today it's one out of 10. No single foreign country has ever accounted for such a large share of births. Astonishingly, more than half of these mothers have not graduated high school.

For a frank discussion of any of this, don't look to John McCain or Barack Obama.

Rich Lowry is editor of the National Review.

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Carmichael Times



Publisher - Paul V. Scholl

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with Mary Jane Popp

MOOD FOOD

We've always known that eating right makes for good health. But eating for optimal emotional and mental health? You bet! Psychologist, Dr. Udo Erasmus, one of the leading authorities on the role nutrition plays in mental and physical health, says you can feed your mood with food. Dr. Erasmus has been featured in hundreds of publications around the world from the New York Post to The London Times. According to the good Doc, "Foods containing specific nutrients can boost our IQs, calm nerves, elevate our moods, improve our concentration, even alleviate symptoms associated with hyperactivity and learning disorders." Dr E says the first step is to add appropriate foods or nutrients to the diet to remedy deficiencies. Mind you, these are not instant fixes. You can expect to see a gradual lessening of your symptoms over a period of several months. Here are a few of his suggestions:

DEPRESSION: Foods containing fatty acid Omega 3, like cold water tuna, salmon, herring, and mackerel, have been found to elevate mood. For vegetarians, flax, sunflower, and pumpkin seeds are rich sources of essential fatty acids.

APATHY AND MENTAL FATIGUE: Women often find feasting on iron-rich liver, remedies oxygen levels throughout the body which helps create an energetic attitude toward life.

ANGER: Turkey and Chicken, as well as bananas contain tryptophan, a building block of serotonin, which produces

a mellowing effect.

CAN'T CONCENTRATE: Improve concentration with greens on a short term basis, Omega 3 rich flax and safflower seeds over the long term. When concentration difficulties are extreme, mega doses of Omega 3 and Omega 6 oils have proven effective.

LOW SEX DRIVE: Chocolate has often been used to jump start the libido because it contains theobromine, which induces feelings of euphoria and happiness. Brazil nuts are rich in selenium which helps sperm production. Oysters, long considered an aphrodisiac, are rich in zinc, an important for sexual function.

INSOMNIA: Magnesium, a muscle relaxer, can be found in green vegetables. Calcium, which works in conjunction with Calcium, is plentiful in milk and cheese.

VIOLENT BEHAVIOR: Can be treated with fatty foods containing the essential fatty acids, or with concentrated supplements containing Omega 3 and Omega 6.

LEARNING PROBLEMS: Vitamin B foods help focus the mind. They include green leafy vegetables, seafood, and whole grains. Don't forget foods rich in essential fats to nourish the brain, which is comprised of 60% fat. Also, cereal containing fiber was found to assist learning skills in a recent university test.

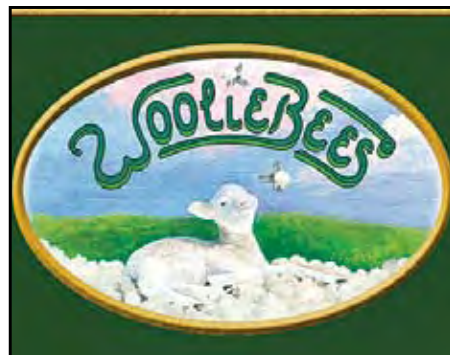
MIGRANE HEADACHES: Five daily glasses of pure water along with regular



consumption of fiber-rich food will help flush headache-producing toxins from the body.

It's a start, and hopefully we can get back on the road to happy health and marvelous mood. Let's face it, how we look at life counts too. Is the glass half full or half empty? Dr. Erasmus is the author of "Fats That Heal Fats That Kill" and "Right Fat Diet Plan". If you'd like more info, call 800-446-2110 or check out his Website at www.fitnessfats.com. Feel better? I DO!!!

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Cruisin' By Greg Zyla

Happy Birthday ABS and Bosch

It's not often we give kudos to companies for inventing things, but in this case, I'll make an exception. Bosch is celebrating the 30th anniversary of the antilock braking system (ABS), a milestone contribution to driving safety. Developed by Bosch and first introduced in 1978, ABS has been a major step forward for motorists and the automotive industry, and paved the way for electronic stability-control systems.

Bosch was founded in Stuttgart, Germany, in 1886 by Robert Bosch (1861-1942) as a "Workshop for Precision Mechanics and Electrical Engineering." In 1936, Bosch was granted a patent for a "mechanism to prevent locking of the wheels of a motor vehicle." In 1978, the first electronically controlled antilock braking system, ABS 2, was installed in cars made by Mercedes-Benz and, shortly after, by BMW.

"ABS utilizes sensors at each wheel tied to a central computer to prevent the wheels from locking when braking hard, allowing drivers to brake safely in emergency situations," said Rob Backode, group product manager for Bosch Braking Systems.

Motorists have come to expect ABS as a standard part of any modern-day car. And for those who have ever been in an emergency situation and leaned on the brakes really hard, ABS is indeed a lifesaver. I know, I've been there.

Years ago, cars without ABS would lock up all four tires, and any type of steering during braking was impossible. Not so with ABS, as drivers nowadays can drive around a problem while still hard on the brake pedal. Additionally, Bosch systems like Electronic Stability Program and Traction Control Systems both are based on ABS.

Well done, Bosch. Today's roadways are safer than ever.

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to gzyla@ptd.net.

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King Crossword

Answers

Solution time: 21 mins.

R	P	M		A	R	T		B	A	R	S	
A	L	A	R	G	O	O		O	P	A	L	
M	A	L	I	E	A	T		D	E	N	Y	
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O	G	R	E		R	E	X		D	O	E	

Cal State Fair Concert Series

All State Fair concerts are FREE with Fair admission, but Gold Circle reserved seats can be purchased to guarantee your spot near the stage.

SMASH MOUTH
Friday, August 15 - \$20

THE DOODLEBOPS LIVE!
Saturday, August 16 - \$10 - Two Matinee Shows! (Please note: Children aged 2 or younger are not required to have their own Gold Circle seat if they are accompanied by a parent or guardian with a paid Gold Circle seat.)

'WEIRD AL' YANKOVIC
Monday, August 18 - \$20

THE FAB FOUR
Tuesday, August 19 - FREE

NATASHA BEDINGFIELD
Wednesday, August 20 - \$30

AIR SUPPLY
Thursday, August 21 - \$10

VANESSA HUDGENS
Friday, August 22 - \$20

GARY ALLAN
Saturday, August 23 - \$30

JESSICA SIMPSON
Monday, August 25 - \$40

THE LOW RIDER BAND
Tuesday, August 26 - FREE

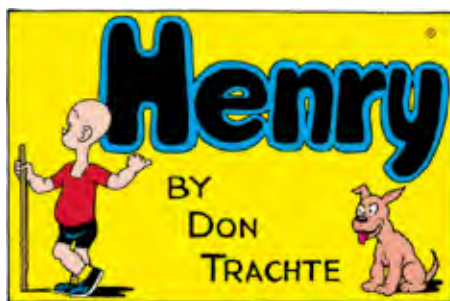
CHICAGO
Wednesday, August 27 - \$40

AL JARREAU
Thursday, August 28 - \$20

GRAND FUNK RAILROAD
Friday, August 29 - \$15

CRISTIAN CASTRO
Sunday, August 31 - \$20

All shows will be performed on the Golden 1 Stage. All show times are 7:30 pm unless otherwise noted. All dates, times and prices are subject to change. For a complete listing of all prices and attractions, including concert info, please visit www.bigfun.org.



County Call Center Now Open Late

The hours at the Call Center have been extended to 7:00 a.m. 9:00 p.m., Monday through Friday.

Call the Center to report barking dogs, abandoned vehicles, illegal dumping, request road and sidewalk maintenance and more. And, if you don't know who to call for other services, the customer service representatives can refer you to the correct department. Call 916-875-5656.

Weekly SUDOKU

Answer

8	7	3	4	9	5	2	1	6
5	9	2	8	6	1	7	4	3
1	6	4	2	3	7	8	5	9
4	3	6	5	8	9	1	7	2
2	5	8	7	1	6	3	9	4
9	1	7	3	4	2	5	6	8
6	2	5	9	7	8	4	3	1
3	8	9	1	5	4	6	2	7
7	4	1	6	2	3	9	8	5

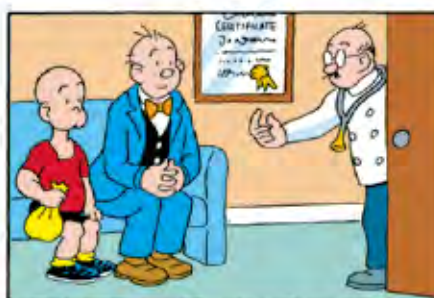
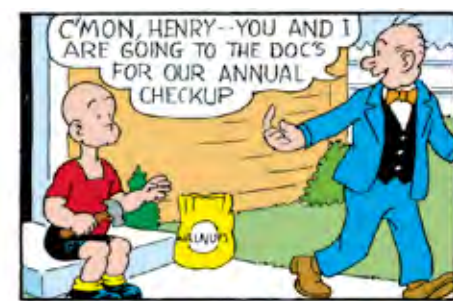
CALLING ALL PASTORS:

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Riley Reviews

A Special Article

By Tim Riley

BEIJING LOOKING TO SHINE IN THE OLYMPICS ON NBC TV

Can you identify countries like Nauru, Palau and Tuvalu, much less locate them on a map? The International Olympic Committee lists them among a record 205 member nations recognized for competition at the 2008 Beijing Summer Olympic Games, coming to you soon by way of NBC Universal and its many networks. I always thought some of these obscure nations had little value beyond creating some nice postage stamps for philatelists to enjoy, but they are sending athletes into competition. Now is the time to brush up on geography.

Speaking by way of satellite to a gathering of the nation's TV critics recently, Dick Ebersol, chairman of NBC Universal Sports & Olympics, announced that he's "awed by the enormity of what's going on" in Beijing, particularly because the NBC family will provide a record 3,600 hours of coverage, at least 2,900 hours of it live. Considering that NBC paid \$894 million as the rights fee for broadcast coverage in the United States, one would hope that Ebersol is enthusiastic about the 17 days and nights of what he calls "unscripted drama."

You may ask how NBC can provide 3,600 hours of coverage. It's a fair question in light of the fact that it would take 90 weeks at a regular 9 to 5 job to watch everything. I don't think I can spare that much time, but it works for NBC Universal, because they will run coverage on NBC, USA, CNBC, MSNBC, and Telemundo. Of course, NBC's primetime coverage will focus on the prime traditional sports of swimming, diving, gymnastics and beach volleyball, with Bob Costas again acting as the primetime host. I am not kidding about this, but even the Oxygen network will carry nightly programming on gymnastics, plus synchronized swimming and the equestrian category. Only the Sci-Fi Channel is not getting into the act.

Even with more than a half-dozen networks and cable outlets, NBC Universal doesn't have enough hours in the day to become the most ambitious single media project in history. So this is where NBCOlympics.com comes into the picture, providing additional competition footage but also being the venue for more information about the schedules, listings, news, and biographies of the athletes. This Internet destination will take every sport and offer it on-demand, while also offering the best of daily TV coverage as encores.

There is a 12 hour time difference between Beijing and New York. As you know, in the media world, New York is the center of the universe, so the folks at NBC somehow finagled commitments from the International Olympic Committee to secure certain finals at 9 or 10 in the morning in China so that they would go on primetime live in New York. Dick Ebersol told the TV critics that prime coverage would be live on the East Coast and in the Central time zone, leaving the rest of us out here on the left coast to get our Olympics on a time delay.

"Historically, we have always shown the Olympics on tape on the West Coast," said Ebersol, noting that roughly 81 to 82 percent of all households in the United States are in the Central and Eastern time zones. California may be the largest state in the union (we have the electoral votes to prove it), but we don't matter as much to the network bigwigs. Actually, they are taking us for granted, because as Ebersol noted, people on the West Coast "love sports so much, and they know when they want to watch it, and that's in primetime." After extensive research, he figured out most of us are employed and can't get home in time to watch something at 4 o'clock.

The NBC executives obviously have high hopes for the Beijing Olympics. Noting that the Chinese were second to the Americans on the gold medal chart in Athens in 2004, NBC host Bob Costas told the TV critics that "when Yao Ming leads the Chinese (basketball) team against the Americans in their very first game in the second day of competition of the Olympics, this is going to be like a Super Bowl atmosphere." Sensing that he might be succumbing to hype that often afflicts sports announcers, Costas followed up by saying "that is not an overstatement."

On the other hand, Ebersol seems to have picked up the hyperbolic fever. He thinks the Chinese curiosity about the Games is not just about sports. "China's new to the world in terms of any level of openness," he claims, and then goes on to say that in the seven years NBC has been in business with Chinese he "clearly sees change." Ironically, an AP news report claims the Chinese are backtracking on a promise of open press coverage, and that they have placed blocks on Internet sites in the Main Press Center and venues where reporters will work. Hoping or thinking change is afoot in China is one thing, but it's a hard notion to sell in a repressive society.

Politics aside, let's hope we can share Bob Costas' belief and fervent wish that the Opening Ceremonies, based on what he has been told by people privileged to have seen the early plans, will be "uber-spectacular." Curiosity will probably take hold of me on August 8th.

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Don Flood

Airlines Need to Look at New Options

A recent Associated Press article said some pilots are charging U.S. Airways with pressuring them to reduce fuel loads as a way to decrease weight and save money.

I understand the need to economize but, on the whole, I prefer a plane with more fuel rather than less, especially if I happen to be in that plane while it's flying:

"This is your pilot speaking. In addition to the usual seatbelt warning we are recommending that passengers, as a precaution only, assume the crash position as we are now out of fuel and coming in for a non-powered landing. Please pay attention as the flight attendants lead us in the landing prayer."

The airlines are also taking pretty extreme measures to reduce weight, including removing movie players and replacing the glassware with plastic.

Wow, that does sound serious. But if the airlines really need to cut weight and reduce costs, there's much more that can be done.

Clothes -- Who needs 'em? Not airline passengers. We're pretty much required to disrobe anyway. Clothes add five pounds per person, plus you can speed naked people through the security gates that much faster.

(Some industry experts recommend that men middle-aged with excessive body hair be excused from the no-clothes rule, with guidelines to be drawn up by Department of Homeland Security officials.)

Pre-flight weight loss -- People undergoing colonoscopies routinely "clean themselves out" with laxatives prior to their procedures; there's no reason airline passengers shouldn't be subjected to this same regimen.

(Bonus for travelers: They'd feel less guilty about vacation calorie bingers.)

Add human power -- Starting planes down the runway requires wasteful expenditures of fuel. And yet we continue to ignore the "free"

power of passengers' own legs, which could be easily harnessed with the addition of a few ropes to the front of the plane.

Yes, some namby-pamby safety experts have brought up potential problems. Since passengers would be required to scamper up a ladder as the plane speeded down the runway, it's possible that some of them could fall off or be stranded on the ladder as the plane became airborne.

Airline officials, however, counter that these incidents would become rare as passengers became accustomed to their new responsibilities. They also point that those flying "ladder class" would enjoy the advantage of being the first passengers to deplane upon arrival at the final destination.

Airport terminal extensions -- Most airline passengers, while slogging through the seemingly endless airport terminals, have felt at one time or another that they could have saved time by walking to their destination.

They are correct in this belief. In more cases than passengers realize the gates are so close to the final destination that the planes actually have no need to fly at all. The only reason airlines stage a "flight" is to sell tickets.

But many airport terminals could be connected with terminals in other cities if both made moderate extensions. In cases where distance made actual connections impossible, passengers could be bused.

The advantages of walking to your destination instead of flying are almost too numerous to mention: no security hassles, no delays, no lost luggage, etc. In fact, I think it's the future of air travel.

Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to dflood287@comcast.net.

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King Crossword

Answers on page 4

ACROSS

- 1 Spinning meas.
- 4 Museum fill
- 7 Taverns
- 11 Winged
- 13 Sticky stuff
- 14 Iridescent gem
- 15 Sudanese Republic, today
- 16 Dine on
- 17 Refute a claim
- 18 Slim, graceful woman
- 20 Sandwich Shop
- 22 Dog's doctor
- 24 Certain destinations
- 28 Nightwear
- 32 High nest
- 33 The yoke's on them
- 34 Bliss
- 36 Discourteous
- 37 Large quantities
- 39 Resident
- 41 More scary
- 43 Taste the tea
- 44 Hammer's target
- 46 Card-suit symbol
- 50 Rough journey
- 53 Two (Sp.)
- 55 Not good at

1	2	3		4	5	6		7	8	9	10	
11			12		13			14				
15					16			17				
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59					60					61		

- all
- 56 Throw hard
- 57 Conceit
- 58 Disencumbers
- 59 Shrek, e.g.
- 60 Reed or Harrison
- 61 Female deer
- DOWN**
- 1 St. Louis team
- 2 Theater presentation
- 3 Shopping site
- 4 Candle count
- 5 Street
- 6 Clan emblem
- 7 Historical romance of a sort
- 8 Gorilla
- 9 Jogged
- 10 Crafty
- 12 He slept for 20 years
- 19 Height of fashion?
- 21 Meadow
- 23 - Mahal
- 25 Actress
- 26 Staffer
- 27 Witnessed
- 28 Sit for a snapshot
- 29 Wheelbase
- 30 Scoff
- 31 Turf
- 35 No opponent
- 38 Vast expanse
- 40 Serbian city
- 42 Passenger
- 45 Box seats?
- 47 Very eager
- 48 Carthaginian queen
- 49 Otherwise
- 50 Nevertheless, for short
- 51 Carpet
- 52 Blunder
- 54 Red -
- terminus

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Victory Christian Schools Grades K - 12

For 45 years, Victory Christian Schools have been offering an outstanding academic program in a safe environment of spiritual nurturing, allowing students the opportunity to grow to their full potential in Christ.

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The Spats

by Jeff Pickering



Skyrocketing Sales Continue at Big Bob's Flooring Outlet

Economy Driving Customers To Seek Out Lower Cost Alternatives

When Jon Simas opened his Big Bob's Flooring Outlet at 6000 Auburn Blvd., between Manzanita and Greenback, six months ago, he had no idea sales would flourish as they have. "In these difficult economic times, people are shopping for the best deal possible and are finding our store offers just that," stated Simas. "When we first opened our doors, the buyers were purchasing lower end goods. Now we are seeing an influx of people shopping for higher end products, and we can accommodate them also." Recently, Big Bob's has made some exceptional buys on Dupont Stainmaster and Anso carpets that are tremendous buys for consumers.



Manager Jon Simas

Simas revealed that wood and laminate flooring have also been extremely popular, "Our competitors are advertising laminate flooring starting at \$1.99 per foot - and we start at 99 cents per foot everyday," said Simas. Those are the types of deals that Big Bob's provides its customers, and is one of the main reasons the store is doing so well. Service after the sale is equally important to Big Bob's, "Our installation staff is made up of some of the finest installers you will find. They are licensed, insured, and trustworthy," added Simas. Plus, Big Bob's Flooring Outlet always follows up an installation with a "Thank You" note and a phone call, just be sure that the customer's expectations have been met.

"Our success also has a lot to do with

integrity, an attribute we instill in every employee", stated Simas. While some carpet stores advertise "a whole house of carpet installed for \$69 or \$199!" Simas advisees' customers to read the fine print. "Those types of ads can be misleading. They make up for the low installation price by adding it back into the cost of the carpet, padding, tear out, moving furniture, and to come out and measure the home." At Big Bobs Flooring Outlet, all of those items are included in one honest price. There are no games, no gimmicks and no fine print. Max Miller, form-er Cordova High football Coach, and wife Sally, are one of Big Bob's satisfied customers. "They had an incredible selection to choose from," stated Miller.

"And the service was phenomenal. From helping us choose our carpet to delivery through installation, Big Bob's people were professional in every respect. They even vacuumed the carpet when they were finished. I'd highly recommend them to everyone," added Miller.

Everyone who enters the huge warehouse is greeted with a "Welcome to Big Bob's!" The sales team is very knowledgeable about all the products they sell, create a relaxed atmosphere for customers and do a superb job communicating with them. Big Bob's is open Monday- Friday 9am-6pm, Saturday 9am-4pm. Simas said, "we were open seven days a week, however, I decided to close Sunday's because I believe that we all need a day of rest and time to spend with our families."

PAGEANT DATE CHANGE!

California State Youth Pageant September 13, 2008

11 Categories

Baby Darling to Mrs./Ms Northern California Rep.

Scholarships: \$1000.00 - Miss \$500.00 - Teen

All contestants receive free training in ramp walking, public speaking, skin and hair care.

Tickets at the door: Seniors and children 12 & under can bring at least 5 cans of food or school supplies in lieu of a ticket to pageant

We will be collecting the food and school supplies for needing families in our area.
Director, Mary Purvis 721-3824

Straight Talk for Teens



By Lauren Forcella

Dear Straight Talk: I am 39 years old and recently married "Steve," the man of my dreams. I am now stepmother to his kids, ages 11, 14 and 16, and we have them half the time. This has not been easy for anyone. I have no children of my own, so I'm out of my element, and the kids don't necessarily accept me, which I can understand. Nobody can replace someone's mother. I'm committed to making this work, however, and want to know the panel's opinion on what makes a good stepmother. — Thank you for helping!

From Jennifer, 14: My first "stepmom," "Carmen," was always trying to act young and popular and would hang out with me and my sisters like she was a teenager herself. It came off as really fake. She constantly interrupted conversations I was having with my dad leaving me almost no one-on-one time with him. She did lots of inappropriate things, too, like showing me her lingerie, talking bad about my mom, taking favorites among us kids, and expecting her daughter and me to be "best friends." Also, my bedroom was next to theirs and there was no regard for the fact that I could hear them having their "fun." Finally, when they broke up, she wanted the gifts she had given me back.

The second one, "Molly," had no kids of her own, and was always pushing her opinions, telling us how to be feminine, giving us tips on how to live. (Never try to mimic a real mother!) She was always interrupting me, wanted me to look at websites she was interested in and be her entertainment when my dad was gone. She was a great cook, however, which was a real plus.

The third, "Jasmine," is the best. She's not too pushy, she doesn't try to be our mom, she's open to doing things with us but she doesn't feel bad if we don't want to.

Hot tip: All three talk, or talked, way too much! Notice when our eyes glaze over and don't drag conversations out.

From Peter, 21: When my dad remarried, I was explicit that his wife was not my mother

Recipe for a dynamite stepmother

and never would be. It wasn't anything against her; I just didn't want anybody trying to fill that role. Once we were clear on this, she and I got along swimmingly. Take the role of a friend or mentor and don't take it personally if the kids don't warm up to you completely.

From Jacob, 19: When my stepmother entered the picture, it took forever to get used to her. Take it slow, give the kids space to breath — while ensuring them you're there. Leave disciplinary actions to the real parents. I never listened when my stepmom yelled at me. The best thing my stepmother did was to be a friend I could talk to rather than a parent. With this approach, I grew to respect her and she eventually became one of my best friends.

From Lennon, 21: My father's girlfriend does not try to be our mother. She's open to the way we've always lived, helps out, is friendly and available if you need advice, and offers rides to whoever needs them. She does talk a lot, though, and sometimes I wish I could escape. The best thing is she does not feel like WE have to adapt to HER. You're the newcomer, accept the kids as they are, don't try to change things. Little things, like moving plates around in cabinets, can really bug us.

From Dominic, 21: Both of my parents remarried when I was in my teens and there were many awkward power struggles. Don't instruct, just be a role model. Create a loving, patient, and supportive environment, be a unified front with their dad, and don't try to replace their mother.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks CA 95628

Weekly SUDOKU

by Linda Thistle

Answers on page 4

8			4	9		2		
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	3		5					2
2					6		9	
	1	7		4		5		
		5		7		4		
	8		1			6		7
7					3		8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★ ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

Just Like Cats & Dogs by Dave T. Phipps



- Grow the perfect orchid
- Organize a charity drive
- Own a small dress shop
- Meditate in the mountains
- Never cook again
- Volunteer to read for the blind

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RCFE # 347001686

Baseball Academy Gives Training for a Lifetime

The Dusty Baker International Baseball Academy completed its 25th season on July 27th with a strong turnout of local youths. One of the local coaches was Christian Skelly of Rio Americano High School, and two of the participants from Carmichael were Jimmy Boras and Matt Mascuzzio.

The camp was held at two sites this year, Hagan Park in Rancho Cordova and Capitol Christian Center in Sacramento. The split sites allowed more flexibility in the coaching exercises and drills and more one-on-one time for specialized coaching techniques. There were over 100 participants in this year's training camps.

Dave Stewart and Jim Barr were among the twelve former major leaguers and veteran group of top-flight coaches providing instruction to student groups ages 9-20. Other coaches included Lloyd Moseby, Roland Office, Bob Oliver, Hal Steinback, Rich Murtray, Jalal Leach, Bruce Carmichael and Cordova High School Coach Guy Anderson.

This was a fantastic learning experience and training program for all the young baseball players. Many young pitchers received direct coaching from both Dave Stewart, former ace of the Oakland A's and Jim Barr, a team record holder for the San Francisco Giants.

Approximately 5800 of the 7900 previous academy participants have moved on to high school, college or professional baseball. Active outstanding graduates are current major leaguers Geoff Jenkins, Derek Lee, Darren Oliver and the 2007 Cy Award winner Carsten "C.C." Sabathia.

Dusty Baker and the Academy



Academy participants get their final pep talk of the week from the coaching staff
www.CarmichaelTimes.com

wish to thank their many sponsors including; Raley's, Blue Diamond Almonds, Coca-Cola, Holiday Inn of Rancho Cordova, Goodline Sports, Schutt Sports, Easton Sports, Rawlings, Capitol Christian Center, the American River Messenger, the Carmichael Times and all the others who helped make this year's camp another success.

For a brochure, or to find out about next year's camp, call Bruce Carmichael at 1-530-644-3067, or E-Mail: bdcarmichael@sbcglobal.net. Visit Dusty's website at www.dustybaker.com



Coach Christian Skelly of Rio Americano High School stands with Carmichael players Jimmy Boras (L) and Matt Mascuzzio (R)

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www.LesSchwab.com

Pet of the Week: **Three Kittens**



Pet of the Week: Three Kittens
Animal ID#: A475588, A475590, A475589

These unwanted kittens have spent all of their lives living in a garage or the shelter. The mother cat was not spayed by her previous owner which is why these kittens are in the shelter today with no names and no home. They are tabby cats, which can be identified by their stripes, spots and swirls on their fur and the distinctive "M" marking on their forehead that most tabby cats have. There are three kittens available from this litter; two females and one male. Although it would be great to keep siblings together the shelters priority is to find these kittens a home. The male, who is featured in the photo, has a wonderful personality and will roll over for a tummy rub or purr while he cuddles with

you. The females have much more elaborate markings on their fur and are just as sweet and their brother. If you have been looking for a kitten and it sounds like one or more of these could be your match, come to the shelter to see them in person.

To see these kittens or other adoptable animals visit:

Sacramento County Animal Shelter
4290 Bradshaw Rd, Sacramento, Ca 95827

Open Tuesday – Saturday, and the first Sunday of every month.

Offices open at 8:00 a.m. and Kennels are open to the public at 10:00 a.m.

Visit us on the web to view pets online and learn more about our animals, services and programs at: www.saccountyshelter.net.

(916) 368-7387 (PETS)

Carmichael Allstate Agents Honored for Volunteerism in the Community

Local Non-Profit Groups Receive Funds through The Allstate Foundation Agency Hands in the Community Program

Allstate honored several local exclusive agents for their volunteerism by awarding \$500 per agent to various Carmichael -area non-profits as part of The Allstate Foundation's Agency Hands in the Community (AHIC) program.

Listed are the Allstate agents recognized and their respective non-profit organization:

*** Alain Ionescu:**

Romanian Community Center of Sacramento

*** Ryan Jantzen:**

Mercy Hospital Foundation

*** Armida Baxter:**

Busy Angel Foundation

*** Denise Regnani:**

Big Brothers Big Sisters of Greater Sacramento

through The Allstate Foundation.

"The very fabric of Allstate consists of people who care about their local community," said Hank Barge, Allstate field vice president. "The Agency Hands in the Community program is powerful way for Allstate agencies to get involved with their local nonprofits and partner with them in making their communities stronger and safer places."

Allstate representatives who receive the Agency Hands in the Community award can serve nonprofit groups in many capacities - as volunteers, mentors, program partners and leaders. Organizations must qualify for tax-deductible contributions under Section 501(c)3 of the Internal Revenue Code.

About The Allstate Foundation

Established in 1952, The Allstate Foundation is an independent corporation funded by contributions from the Allstate Insurance Company. Grants are awarded to non-profit organizations that seek to improve the quality of life in communities across the country.

The program, which began in 2003, recognizes Allstate agent and personal financial representative volunteerism within the community and provides financial support to organizations





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Carmichael, California



Sam Davey, California Institute of Jewelry Training student from Red Lodge Montana, really lightens up when she's using her torch for soldering.

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From A Business Standpoint, IDENTITY THEFT is not just a black and white issue.

The Gray Areas are important too.

DID YOU KNOW THAT NON-COMPLIANCE WITH FEDERAL LAWS COULD COST YOU PERSONALLY, OR COST YOUR BUSINESS, UP TO \$1,000,000 IN FINES AND UP TO 10 YEARS IN PRISON?


As a business owner, you know there are laws every business must follow. However, results of a recent survey by zTelligence and Fellowes Inc., (July 2005), showed only 13.1% of business owners recognize the term "FACTA." That could mean that nearly 87% of all business owners aren't aware that FACTA:

- Is federal legislation that went into effect June 2005
- Can shut your business down whether you have two or two thousand employees
- Can result in major fines to you and your business by the FTC for non-compliance
- Provides another avenue for lawyers to file lawsuits against your business on behalf of customers or employees

FACTA is only one piece of legislation that affects your business. There are others:


- HIPAA Security Rule
- Gramm, Leach, Bliley (GLB) Safeguard Rule
- Numerous individual state laws (such as the Texas Whistle Blower Statute)

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Governor's Position on Pay Cuts is Legally Sound

By Jon Coupal

California's budget stalemate reflects a political war which has many fronts, a myriad of combatants and an endless series of battles. The battle de jour involves the Governor's executive order laying off thousands of temporary state workers and reducing the pay -- to federal minimum wage level -- of even more full time state workers.

The Controller, John Chiang, has said he will defy the Governor's order as it relates to the reduction of pay for full time workers. In so doing, Chiang is ignoring fairly clear California law which, in fact, vests the power to reduce salaries in the Executive Branch. Therefore, as a matter of law, Governor Schwarzenegger has the constitutional authority to direct the State Personnel Board to do what he has ordered.

But let's clarify what this is about and what it is not about. The Governor has said he has to reduce the pay of full-time workers because the state is about to run out of cash. That's true, although Controller Chiang correctly points out that the salaries can be paid now and, if necessary, we can borrow money to meet payroll after late September.

Whether we "have the money" however, is not really the point. The California Supreme Court, in two consolidated cases from four years ago -- including Howard Jarvis Taxpayers Association v. Connell -- ruled that without constitutional authority, many of those salaries should not be paid. Thus, this is less an issue of "coulda, shoulda" than it is about legal authority.

There is some speculation that the Governor implemented the layoffs and salary reductions as a means to increase the heat on the Legislature to pass the budget. That may be, but he should also be given the benefit of the doubt regarding his legitimate concerns about cash flow and doing what is necessary to avoid the taxpayer expense of costly Revenue Anticipation Warrants. (Those RANS will be even more expensive for California taxpayers than in prior years because of the bad credit environment nationally).

There is also debate about whether the Governor is being vindictive against state employees from whom he has historically received little support. That is probably not the case. And except for some fringe anti-government voices, few people are saying that state employees "deserve" to be laid off. Having a substantial salary reduced to minimum wage is, of course, a hardship and no one should wish it upon someone else.

But by the same token, the salary reductions need to be put into perspective. Everyone knows that the state workers who have their salaries reduced will, eventually, be made whole with back pay. In the meantime, credit unions such as Golden One offer zero interest "budget loans" specifically for these same employees so, in actuality, they stand to suffer

mere paperwork hassles as opposed to real hardship.

Compare this to the abject lack of protections for employees in the private sector -- many of whom have lost their jobs because their employers could no longer compete in California's hostile anti-business climate. Those jobs are gone forever and the employees will not have the benefit of being made whole or have access to interest free loans.

As much as we have sympathy for state workers, we have more for private sector employees who have neither the security, the pay or benefits as those in the public sector. And at a minimum, this should provide, in stark clarity, the reason why further tax increases would be such a horrible idea.

Higher taxes will put more Californians out of work. And they -- and the businesses that employed them -- have no safety net.

Jon Coupal is President of the Howard Jarvis Taxpayers Association -- California's largest taxpayer organization -- which is dedicated to the protection of Proposition 13 and promoting taxpayers' rights.

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Pastor Charles Carter

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Sunday Worship 11:00 am

Sunday Evening 6:00 pm

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Offer subject to change without notice. Not valid with any other offer or discount.

CA Legislature Approves 'Gay Day' in Public Schools

Democrats send AB 2567 to Governor Schwarzenegger

Christian Newswire/ -- Campaign for Children and Families (CCF), a leading California organization protecting parents' rights and children's innocence, condemns the passage of AB 2567, which will instruct all California public schools to "conduct suitable commemorative exercises" in support of the anti-religious, sexual-anarchy agenda of the late San Francisco Supervisor Harvey Milk.

Today, the California Assembly passed AB 2567 on a 43 to 26 vote, Democrats for, Republicans silently against. Earlier this week, AB 2567 passed the California State Senate on a 22-13 vote, Democrats for, Republicans against. AB 2567 now goes to Governor Schwarzenegger, whose position is unknown.

"If signed into law, AB 2567 will mean an official day commemorating homosexuality, bisexuality, and transsexuality in California government schools," said CCF President Randy Thomasson. "This will harm children as young kindergarten. Every May 22, AB 2567 will positively portray to children homosexual experimentation, homosexual 'marriages,' sex-change operations, and anything else that's 'in the closet.' Governor Schwarzenegger should say no to this very inappropriate bill, which has nothing to do with academic excellence."

AB 2567 comes on the heels of last year's school sexual indoctrination laws. When fully implemented, SB 777 and AB 394 will teach children in California government schools to support homosexuality, bisexuality, and transsexuality via instructional materials, programs and activities, and school "safety" guidelines. In addition, the California State School Board this year implemented SB 71, requiring public schools that provide sex education to promote unmarried sexual activity with no restraints other than mutual consent.

"AB 2567 will further motivate parents to remove their children from the immoral public school system," said Thomasson. "We're encouraging parents to visit RescueYourChild.org to learn how to save their children while they still can. With public schools becoming sexual indoctrination centers, homeschooling and church schools are no longer parental options, they're parental imperatives."

CAMPAIGN FOR CHILDREN AND FAMILIES (CCF) is a leading West Coast nonprofit, nonpartisan organization representing children and families. CCF stands for marriage and family, parental rights, the sanctity of human life, religious freedom, and back-to-basics education.

Need Help with Garbage Bill?

Jennifer Lemos
County of Sacramento
Waste Management & Recycling Department

Eligible low-income customers of Sacramento County Department of Waste Management and Recycling may save up to \$60 per year on garbage and recycling bills with the Solid Waste Lifeline Rate Assistance Program.

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To apply, call toll free 1-866-347-7743, Monday through Friday from 8 a.m. to 5p.m.

Income Guidelines for Assistance Programs

Persons in Household	Monthly Income	Annual Income
1 and 2	\$2,542	\$30,500
3	\$2,983	\$35,800
4	\$3,600	\$43,200
5	\$4,217	\$50,600
6	\$4,833	\$58,000
Additional Members	\$617	\$7,400



real estate auctions



6525 Vilamoura Way, Elk Grove

ELK GROVE, CA
• 6525 Vilamoura Way
3BR 3BA 2,617sf+/- Built 2005. Approx .14ac lot. Taxes approx \$7037 ('07).
Nominal Opening Bid: \$50,000

SACRAMENTO, CA
• 2312 Craig Avenue
4BR 2BA 1,180sf+/- Built 1971. Approx .15ac lot. Taxes approx \$2700 ('07). Meadowview subdivision.
Nominal Opening Bid: \$10,000

ELK GROVE, CA
• 5523 Tamarindo Ln
3BR 3BA 1,750sf+/- Built 1998. Approx .08ac lot. Taxes approx \$5986 ('07).
Nominal Opening Bid: \$25,000



8917 Sheldon Creek, Elk Grove

ELK GROVE, CA
• 8917 Sheldon Creek
5BR 3BA 2,857sf+/- Built 1996. Approx .15ac lot. Taxes approx \$5813 ('07).
Nominal Opening Bid: \$50,000

Inspections: 1-4pm Sun Aug 10th and 2 hrs prior to sale time.
Above properties sell: 3:15pm, Tue., Aug. 12th at 6525 Vilamoura Way, ELK GROVE, CA

FORESTHILL, CA
• 6464 Nugget Dr
Taxes approx \$1059 ('07).
Nominal Opening Bid: \$1,000
Inspections: 1-4pm Sun Aug 10th and 2 hrs prior to sale time.
Sells: 10:45am, Tue., Aug. 12th

OTHER AREA AUCTIONS:

- SACRAMENTO, CA
- 9372 Marius Way
4BR 2BA 1,804sf+/- Built 2004. Approx .12ac lot. Taxes approx \$4351 ('07).
 - 2120 48th Avenue
4BR 2BA 1,052sf+/- Built 1958.
 - 2200 Woodside Ln #8
1BR 668sf+/- Built 1968.
 - 3338 San Carlos Way
4BR 2BA 1,355sf+/- Built 1935.
 - 3341 40th St
2BR 1BA 675sf+/- Built 1954. Approx .11ac lot. Taxes approx \$598 ('07).
 - 4110 23rd Ave
3BR 1.5BA 1,008sf+/- Built 1979.
 - 4932 Wallace Avenue
2BR 1BA 564sf+/- Built 1950.
 - 5313 Winfield Way #4
3BR 1.5BA 1,020sf+/- condo.
 - 5615 48th Ave
4BR 3BA 1,100sf+/- Built 1958.
 - 6828 Southwood Way
3BR 1BA 958sf+/- Built 1963.
 - 7124 Chandler Drive
2BR 1BA 1,035sf+/- Built 1972. Approx .02ac lot. Taxes approx \$2093 ('07).
 - 8272 Cottonfield Way
3BR 2BA 1,068sf+/- Built 1985. Approx .13ac lot. Taxes approx \$3049 ('07).
 - 875 Eleanor Ave
2BR 1BA 763sf+/- Built 1940.

- WEST SACRAMENTO, CA
- 636 Elizabeth St
3BR 1,134sf+/- Built 1940.
 - Parcel B Of Map 4709
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NOTICE OF TRUSTEE'S SALE File No. 8134.20227 Title Order No. 3494371 MIN No. Loan No. 0000297808 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/08/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): Michale J. Duke, An Unmarried Man Recorded: 03/25/05, as Instrument No. BK 20050325 PG 1701, of Official Records of Sacramento, California. Date of Sale: 08/18/08 at 11:00 AM Place of Sale: At the main entrance to the County Courthouse, 720 9th Street., Sacramento, CA The purported property address is: 6201 Samoa Way, Carmichael, CA 95608 Assessors Parcel No. 260-0173-010-

0000 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$309,372.33. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney Date: 7/22/2008 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Camale Smith, Authorized Signatory 505 N. Tustin Avenue, Suite 243 Santa Ana, CA 92705 Sale Info website: www.USA-Foreclosure.com Reinstatement and Pay-Off Requests: (866) 387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE FEI # 1002.91381 7/29, 8/05, 8/12/2008 FEILLC 80705 8-12-08

FICTITIOUS BUSINESS NAME STATEMENT #0807608. Neil C. Reinhardt, 9019 La Serena Dr., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Fair Oaks Heating & Air" at 9019 La Serena Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on July 16, 2008. Publish: July 29, August 5, 12, 19, 2008. FOHEAT 80705 8-19-08

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIAN C. KENNEDY

NO. 34-2008-00017009-PR-PW-FRC

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Marian C. Kennedy.

A petition has been filed by Kathleen Kennedy Quadro in the Superior Court of California, County of Sacramento, requesting that IKathleen Kennedy Quadro be appointed as personal representative to administer the estate the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. This will avoid the need to obtain court approval for many actions taken in connection with the estate. However, before taking certain actions, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action. The petition will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

The petition is set for hearing at 9:00 a.m. in Dept. No. 129, at 3341 Power Inn Road, Sacramento, CA 95826, Probate, on October 8, 2008.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the

court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may request special notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Section 1250 of the California Probate Code.

The name and address of petitioner or petitioner's attorney is:

\ Susan L. Spann, Llewellyn & Spann, Attorneys at Law, 5530 Birdcage St. #210, Citrus Heights, CA 95610; 916-966-9036.

Publish: August 5, 12, 19, 26, 2008. SPANN 80801 8-26-08

NOTICE OF TRUSTEE'S SALE TS No. 08-48382 Title Order No. 08-8-181958 APN No. 282-0340-008-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/01/06. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT

A LAWYER. Notice is hereby given that RECONTRUST COMPANY, as duly appointed trustee pursuant to the Deed of Trust executed by PHILIP J WILSON, AND DESIREE SUNSHINE WILSON, HUSBAND AND WIFE AS JOINT TENANTS dated 03/01/06 and recorded 03/15/06, as Instrument No. in Book 20060315, Page 1419), of Official Records in the office of the County Recorder of Sacramento County State of California, will sell on 09/02/2008 at 11:00AM, At the main entrance to the County Courthouse, 720 9th Street, Sacramento at public auction to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any of the real property described above is purported to be: 2016 CLEARFIELD WAY, CARMICHAEL, CA, 956085409. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$316,633.79. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check

drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but with out covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest at provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon at provided in said Note, plus fees, charges and expenses of the Trustee and of the Trusts created by said Deed of Trust. DATED: 08/10/08 RECONTRUST COMPANY, 1757 TAPO CANYON ROAD, SVW-88 SIMI VALLEY, CA. 93063 Phone: (800) 281-8219, Sale Information (626) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY, is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. FEI # 1006.32609 8/12, 8/19, 8/26/2008 FEILLC 80802 8-26-08

FICTITIOUS BUSINESS NAME STATEMENT #0807357. Randy Dean Dettmann, 5537 Little Squaw Ct., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Terry Painting" at 5901 Rosebud Lane #110; Sacramento, CA 95841. Filed with the Clerk of Sacramento County on July 9, 2008. Publish: August 12, 19, 26, September 2, 2008. TERRY P 80802 9-2-08

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Novenas & Prayers

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (ARM)

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You! (ARM)

Real Estate Homes For Sale

Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, large family room. Plantation shutters, carpet, window coverings, Mexican paver tiles in entry, family room, kitchen and laundry room. Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees. New Lifetime concrete shake roof. Fabulous rock waterfall and pond. Built-in granite BBQ. Home backs up to greenbelt. \$515,000. Lorraine Foster, ReMax Gold 916-933-6190 (ARM)

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ABSOLUTE STEAL River Access! Washington 6 AC - \$49,900; 15 AC - Old

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ARIZONA LAND BARGAIN 36 Acres - \$29,900. Beautiful mountain property in Arizona's Wine Country. Price reduced in buyers market. Won't last! Good access & views. Eureka Springs Ranch offered by AZLR. ADWR report & financing available. 1-877-301-5263. (Cal-SCAN)

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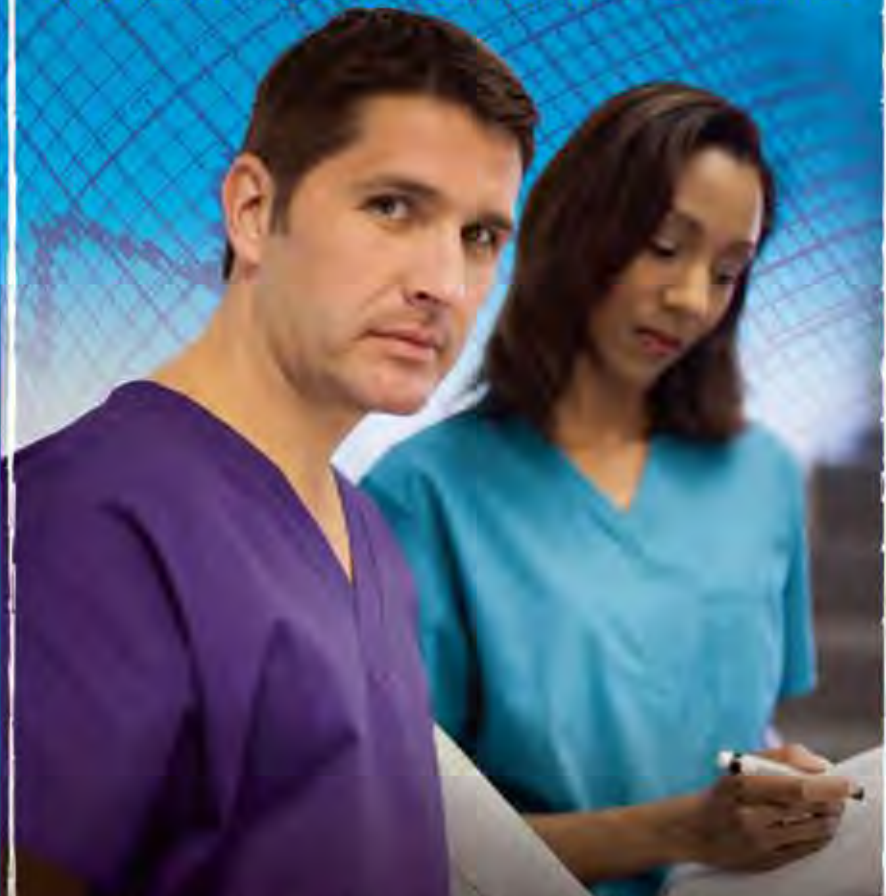
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County Offers Free Inspection...

...But fees will increase for those who won't play by the rules

On July 29, County Code Enforcement changed the way they do business when dealing with complaints about blight, junk, rubbish and general neighborhood nuisances to help property owners who have received complaints and increase compliance.

Effective September 1, when Code Enforcement receives a complaint, a letter will be issued to the property owner with details of what must be corrected and by when. If the property owner needs more information, or the complaint is complex, they may request an in-person visit by an officer at no charge. Officers will talk with the property owner, educate them about what needs to be corrected, take photos for documentation and let property owners know if the situation is not corrected there will be a \$470 fee on the next visit. If officer comes out a third time, and the situation is not corrected, there is an additional fee of \$335.

"We think this will do a better job of working cooperatively with residents to preserve neighborhoods and prevent blight," said Carl Simpson, Code Enforcement Chief. "And the higher fee will get people's attention as well as help cover our actual costs. This is about working together for the community, not about levying fees."

The Department of Planning and Community Development is a department of the Municipal Services Agency, a customer service organization of the County of Sacramento to provide innovative, efficient and effective residential, business and environmental services to the region's neighborhoods and communities and to engage residents in the decisions affecting their neighborhoods. Through its customer service model, the 10 departments that comprise the Municipal Services Agency are dedicated to protect, preserve and enhance the quality of life in our neighborhoods, business centers, recreation venues and wildlife corridors.

Homeschoolers Win Landmark Case

Christian Newswire-- In a 3-0 decision the California Court of Appeal for the Second Appellate District reversed its earlier ruling which would have required homeschoolers to be certified teachers in order to homeschool in California. "This is a great victory for homeschool freedom," said Michael Farris, one of the team of attorneys who argued the case before the court and Chairman of HSLDA.

"I have never seen such an impressive array of people and organizations coming to the defense of homeschooling. The team effort was remarkable," he added.

Mr. L of In re Rachel L was represented by Gary Krep of the U.S. Justice Foundation and the Alliance Defense Fund.

The court agreed to re-hear In re Rachel L in March after a public outcry of its previous February, 2008 ruling. Many new arguments were presented to the court in June. HSLDA filed an amicus brief on behalf of our 15,000 California members. The Governor and Attorney General of California also supported a parents' right to homeschool before the court.

"Tens of thousands of California parents teaching over 166,000 homeschooled children are now breathing easier this afternoon," said Farris.

Home School Legal Defense Association (HSLDA) is a 25 year old, 85,000 member non-profit organization and the preeminent national association advocating the legal right of parents to homeschool their children.

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