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5th Grader Becomes Surgeon for a Day



Contest winner, in scrubs, operating the robotic system "Seymor"

Mercy San Juan Medical Center is giving one local elementary student the chance to step into a surgeon's shoes and experience what it is like to operate a \$1.6 million robotic surgical system. The hospital is awarding the honor to the winner of its "Name the Robot Contest" – Charles Peck Elementary fifth-grader Sarah Valadez.

More than 20,000 students at 45 San Juan Unified elementary schools were invited to come up with a name for Mercy San Juan's new da Vinci robotic surgical system – the first such system in the Sacramento area to offer surgeons 3D and high definition images and a greater range of motion through four robotic arms. Although there were many bright ideas, none of the suggested names captured the essence of the system better than Sarah's: Seymor. The robot gives surgeons a far better view of where they are working

than they could ever see with the naked eye; as Sarah states in her entry, "He can see more than a human."

In recognition of her winning entry, Mercy San Juan will donate \$1,000 to Sarah's school to use toward their greatest need. Additionally, Sarah will receive a \$100 gift card to Barnes & Noble Books. However the real honor will be for Sarah to meet "Seymor," put on surgical scrubs and sit down at the controls of the robot she named. With assistance from Mercy San Juan staff and physicians, Sarah will be able to manipulate the robot's arms, monitor the system's 3D high definition images and try her hand at a simulated surgical procedure. It's an opportunity not many fifth-graders will ever have the chance to experience. And for Sarah, her special visit to the hospital will be a bit like a homecoming – she was born at Mercy San Juan eleven years ago!

American Lung Association Combines Activities Under One Roof

The American Lung Association of California will commemorate the blending of its state government relations office, The Center for Tobacco Policy & Organizing, and the Sacramento Metro Office into one location at its Open House on June 11, 2008 from 5 p.m. to 7 p.m. at 1029 J Street, Suite 450, Sacramento, Calif. The transition signals the organization's long-term commitment to establish, build and sustain lasting relationships within the Sacramento community that prevent lung disease and promote lung health.

State and local government officials, volunteers, staff and American Lung Association of California President and CEO Jim Wilgus will attend the event.

"To maximize donor investments and association resources, while evolving for patient needs and program emphases, the American Lung Association has undergone a series of changes throughout its 104 year history," said Wilgus. "With this in mind, we centralized all of our Sacramento based activities into one new office to strengthen the American Lung Association of California's presence within the community and to improve overall efficiency and collaboration among our divisions."

Prior to the transition, the state government relations team, which works on statewide lung health, tobacco and air quality policy initiatives, and The Center for Tobacco Policy & Organizing, a grant funded program that works with local coalitions to protect communities from tobacco, resided in a different office than the association's local programs, services and activities.

"The American Lung Association of California is a valuable asset to the Sacramento community, as it leads the way in educating the public and advocating for policy changes that protect everyone's lungs," said Sacramento Mayor Heather Fargo, who issued a resolution for the association's Open House. "The lung association offers important resources, and hope to the thousands of people in the Sacramento region with asthma, lung cancer, emphysema or other lung diseases."

The Open House will follow the association's annual Lobby Day, which brings together American Lung Association of California staff and volunteers from around to state to meet with legislators and advocate on key state legislation.

The American Lung Association of California's Sacramento Metro Office provides local services to Alpine, Amador, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, and Yolo counties.

Various lung health programs, resources and activities available to the community through the local office include:

- Better Breathers Clubs: Offering education and support to those struggling with chronic lung diseases.
- Freedom from Smoking classes and facilitator training: Considered the "gold standard" of group-setting, peer-support smoking cessation programs.
- Open Airways for Schools asthma management program and facilitator training: Elementary-school education program that teaches children with asthma to understand and manage their condition so they can lead more normal lives.
- Action Network: Free online tool that provides

e-mail alerts and updates about key lung health policy initiatives.

- Inspire Women & Lung Health Luncheon (November 13, 2008): Educating community, business and government leaders about the vital role they play in preventing lung cancer by funding early detection research, smoke-free living and healthy air initiatives.

- Respiratory Rally (November 14, 2008): Connecting lung disease patients with cutting-edge research and information to increase quality of life.

- Healthy Air Walk (Spring 2009): Bringing together people who want to fight lung disease by cleaning up the air we breathe.

- American Lung Association State of the Air Report: Annually ranking cities and counties most affected by short-term particle pollution, year-round particle pollution and ozone pollution.

- American Lung Association State of Tobacco Control Report: Annually grading tobacco control laws addressing tobacco prevention spending, clean indoor air, cigarette taxes, and youth access.

- The Center for Tobacco Policy & Organizing Information & Education (I&E) Days: Bringing tobacco control advocates from around the state to the Capitol to educate legislators on the successes and challenges of tobacco prevention work they do in their communities.

- American Lung Association's free HelpLine (1.800.LUNG.USA): Providing free, immediate, clear and accurate lung health information through registered nurses and respiratory therapists.

The Center for Tobacco Policy & Organizing is a statewide project of the American Lung Association of California funded by the California Department of Public Health, Tobacco Control Program. The Center helps local communities meet policy objectives by using community organizing strategies, and providing policy information and analysis regarding significant tobacco control bills, tobacco industry campaign contributions, emerging issues like tobacco retailer licensing and smoke free multi-unit housing, and tobacco control policy breaking news stories.

For more information about lung health topics, such as air pollution, smoking cessation, asthma, lung cancer, and chronic obstructive pulmonary disease (COPD) – also known as chronic bronchitis and emphysema – and the American Lung Association of California, Sacramento's premier health voice on lung health issues, visit www.californialung.org or call the Sacramento office at 916.554.LUNG (5864).

Beginning our second century, the American Lung Association is the leading organization working to prevent lung disease and promote lung health. Lung disease death rates continue to increase while other leading causes of death have declined. The American Lung Association funds vital research on the causes of and treatments for lung disease. With the generous support of the public, the American Lung Association is "Improving life, one breath at a time." For more information about the American Lung Association or to support the work it does, call 1.800.LUNG.USA (1.800.586.4872) or log on to www.lungusa.org.

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Why Does Everyone Need to Spare The Air?

Common misconceptions about the Sacramento region's Spare The Air season

The 2008 Spare The Air season is well underway and the Sacramento Metropolitan Air Quality Management District would like residents to understand the importance of improving air quality in the Sacramento region. Many residents comply with the AQMD's requests to "Spare The Air," but don't necessarily understand the reasoning behind the program. The AQMD would like to clarify some common misconceptions about the Spare The Air program so residents can better understand why it's important for everyone to do their part to help improve air quality.

Misconception #1: "Why does the Sacramento Metropolitan Air Quality Management District ask us to Spare The Air in our homes and personal lives instead of regulating large vehicles, diesel trucks, etc.?"

The Sacramento Metropolitan AQMD works to reduce pollution through its heavy-duty vehicle incentive programs to reduce NOx (oxides of nitrogen) emissions from mobile sources. NOx is a primary ingredient in the formation of ground-level ozone when it is cooked in the hot summer sun. High ozone is the

reason our region has Spare The Air days, so it's critical to reduce NOx in order to reduce ozone. In 2007, the District funded almost \$21 million in incentive projects and reduced an estimated 360 tons of NOx from heavy-duty diesel trucks.

Unfortunately, local air districts cannot regulate mobile sources like diesel trucks, locomotives, construction or agricultural equipment. That authority rests with state and federal government. Incentive programs are key to improving air quality in our region, but so are you.

The District asks residents to do their part to improve local air quality because our region has a long way to go to meet federal standards. While regulating mobile sources will help improve air quality, the AQMD knows everyone can make a difference by making small behavior changes around the home, workplace and school, so our region's air quality continues to improve.

Misconception #2: "I don't care about sparing the air because a little bit of pollution won't hurt me. Why should I inconvenience myself?"

There is no such thing as "good pollution." Exposure to bad air at lower levels for extended periods of time can cause negative health impacts such as an aggravated respiratory system, increased asthma symptoms, coughing, watery eyes and sneezing. It's important to reduce your exposure on a Spare The Air day. You can

easily do your part by reducing your car trips and being selective about what kinds of products you use around your home. It's simple to Spare The Air and it will likely help protect your health, in both the short and long term.

Misconception #3: "Air pollution only matters to people who have respiratory issues, so they should be the ones concerned with air quality, not me."

Poor air quality affects everyone, and each person's behavior affects another person's ability to breathe clean air. Respiratory issues and other health effects can surface in an individual at any time, so it's wise to do your part to ensure you maintain your health. Be a good neighbor and show courtesy to other residents by implementing clean air habits. If you had asthma or a respiratory illness, you'd want your neighbors to do the same for you. The only way to improve air quality and Spare The Air is to work together!

Misconception #4: "Our air quality is getting worse."

Actually, the amount of ground-level ozone pollution in the Sacramento region has been on a steady decline for the past several years, but with more media attention given to the condition of our air quality, it can seem like things are getting worse. Plus, the Environmental Protection Agency (U.S. EPA) recently lowered the health standard for ozone

pollution because studies confirmed that lower levels of ozone pollution are more harmful to our health than previously thought.

Even though we've made improvements to the air we breathe, it's still critical that we continue to lower ozone pollution to protect public health.

The air doesn't clean itself. Achieving clean air and maintaining it requires everyone to make an effort. We are on track to eventually meet state and federal clean air standards, but we have to maintain those standards, too—which means we must keep up those clean air habits each and every day for the benefit of future generations.

Misconception #5: "People only have to change their behavior on Spare The Air days."

Not true! Any pollution going into the air has the potential to cause a Spare The Air day during the summer. While it's important to change your behavior on a Spare The Air day (for example, drive as little as possible on that day), the only way to prevent Spare The Air days is to be conscious of your behavior all season long.

For more information about how you can Spare The Air, and to sign up for Air Alert, a free daily air quality forecast e-mail, please visit SpareTheAir.com.

Carmichael Times



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Looking for Love? DinnerMatch Offers Singles "Best Summer Ever"

If you are single in the busy, hectic modern world meeting new people can be a challenge. But don't give up on love just yet. DinnerMatch is a singles social club and matchmaking service based in Roseville that offers several ways to meet that special someone.

Trish Stokell, the company's owner, says dating services are becoming accepted as a necessary service for busy professionals that just don't have the time for online dating and setting up dates for themselves. "We have attractive, successful singles who would much rather have us set up events and dates for them rather than spending hours in front of the computer scrolling through endless profiles."

DinnerMatch specializes in the "dinner party" concept, where groups of 4-6 singles are matched based on age group and interests, and they dine together at upscale restaurants around town. "The group dining experience is a fantastic way to get to

know other singles in a fun, relaxed atmosphere." Stokell added.

Along with the group dining events, DinnerMatch also offers several "Go-To" activities each month - wine tasting, team trivia, movie nights, speed dating, live music events, and outdoor activities, available to all members. "When you join, your social calendar can go from "blah" to "fabulous," says Stokell, "You start to take part in all these fun activities and you are out meeting great people who all have the same thing in common - they are looking for a real, lasting relationship, someone to share their life experience with."

DinnerMatch is offering "The Best Summer Ever" specials, where new members can join for less than \$100/month. For more information, go to www.dinnermatch.net or call

916-783-DATE. DinnerMatch has members in the 30's, 40's, 50's and 60's age groups.

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Limited Edition, Energy-Efficient Homes Debut June 14

Cresleigh Homes is gearing up to introduce a brand new collection of exquisite single-family homes in desirable Orangevale. Saturday, June 14th, get ready to welcome Cresleigh Almondwood, a limited collection of just 38 stunning residences that carries the Cresleigh tradition of "fundamentally built better" communities in the Sacramento area.

"This is an exciting opening for us," stated Fran Leach, Vice President of Sales and Marketing for Cresleigh. "With its great selection of home styles, energy saving features and fantastic, park-adjacent setting, we are expecting Almondwood to be a big hit with homebuyers looking for extra value."

With its charmingly rural setting in Orangevale right next to Almond Park, Almondwood seems sure to live up to its high expectations. A quiet, relaxed community with plenty of "hometown appeal," Orangevale offers rolling hillsides with picturesque views of the Sierra Nevadas as well

as proximity to Folsom Lake, the Sacramento and American rivers, making it ideal for outdoor enthusiasts and growing families in search of wide open spaces and fresh air.

Plus, its easy access to Sacramento's major business and cultural sites makes Almondwood a great choice for homebuyers that work in the capital, but want to have a home in the country.

With a wide selection of home designs and many versatile room options to choose from, Cresleigh Almondwood has a great home perfect for any homebuyer's needs. Residences stretch from approximately 2,338 to a generous 3,348 square feet with as many as five bedrooms and three and one-half baths. Each home is highlighted by spacious three-car garages, elegantly tiled entryways and kitchens, sumptuous master suites

with walk-in closets as well as expansive family rooms for gathering. Dens and home office spaces are also available as well as optional lofts, game rooms, retreats and more (per plan).

Plus, Almondwood offers both one- and two-story homes and a diverse array of aesthetically pleasing exterior elevations. Inside, homes are adorned with stylish two-tone paint, striking raised panel doors and rounded wall cornering as well as inviting wood burning fireplaces and dramatic volume ceilings (per plan).

Almondwood's gourmet-caliber kitchens are highlighted by convenient center islands, Kohler® cast iron kitchen sinks, quality GE® appliances, gorgeous granite slab countertops, beech cabinetry and much more.

Furthermore, special eco-friendly features that

not only add value but also help to protect the environment enhance Almondwood's excellent home designs.

These include not only a full complement of Energy Star® rated appliances and lighting packages, but also cutting edge "hidden" features such as 4 X 6 exterior framing, Ultra Low-E dual-pane sliding glass doors and windows, Allergy Gold Electrostatic air filters, and many others.

Don't miss your first chance to experience Cresleigh Almondwood, opening Saturday, June 14th. Visit the sales office at 5805 Almond Avenue in Orangevale or call (916) 990-0718 for more information. Almondwood is built with pride by Cresleigh Homes. For further details on this and other great home buying opportunities, please visit www.Cresleigh.com.

Disabled Veterans Alliance Presents 1st Annual Uncorking Opportunities: Wine Tasting & Military History

WHAT: Chardonnay, Cabernet and combat stories will flow as California's disabled veterans offer samples of the State's premiere regional wineries amid the historic displays of the California Military Museum in Old Sacramento.

WHO: Members of the California Legislature, State agencies, local civic and business leaders will join with the non-profit Disabled Veterans Business Enterprise Alliance (DVBE) to raise glasses in honor of the Golden State's finest military men and women.

The statewide DVBE Alliance provides disabled veterans the opportunity to 'serve together again', as their motto suggests, to provide business opportunity, entrepreneurial support, training and education for California's wounded warriors.

WHEN: Saturday, June 28, 2008 5 p.m. - 7 p.m.

WHERE: The California Military Museum, 1119 Second St.

COST: \$25 per person (admittance & tasting). The first 100 to R.S.V.P. will receive specially imprinted wine glasses. Payments by cash at the door, or check or money order payable in advance to: The California DVBE Alliance, 1611 S Street, Sacramento, CA 95814 may be mailed or dropped off. R.S.V.P. by June 20, 2008 at 916-446-3510.

Sample great regional wines, enjoy appetizers from the finest restaurants, talk with our combat veterans to share the history and honor the heritage of California's military men and women... who make all this possible.

Media contact: Rick Reed
916-704-0080.

June 21, 2008 - Saint Michael's Indoor Yard Sale Is Back

The best prices in town! Giant, parish wide, Indoor Yard Sale. A sale lovers delight, featuring thousands of wonderful, slightly used bargains, easy parking and air conditioning..... collectables (including Barbie's and old records), jewelry, art, silver, china, decorator items, books, linens, kitchen items, sporting goods, slightly used clothing, lots of sizes (children's up to 24W) children's toys and hundreds of books.

Join us for fabulous finds. Sale begins 8 A.M., Saturday, June 21, 2008, Saint Michael's Episcopal Church, 2140 Mission Avenue, Carmichael.

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Tomatoes Return to Stores and Menus as California Begins Harvest

Just in time for the start of tomato harvest in major California production areas, restaurants and grocery stores are announcing the return of tomatoes to store shelves and menus. The move comes in light of announcements from the U.S. Food and Drug Administration clearing most U.S. tomato producing areas because tomatoes from these areas are not associated with the recent salmonella outbreak (<http://www.fda.gov/oc/pacom/hottopics/tomatoes.html>).

"We understand the caution exercised by some restaurants and stores who may have stopped carrying tomatoes in light of the outbreak," said Ed Beckman, president of California Tomato Farmers, a cooperative representing approximately 80 percent of the fresh tomatoes produced in California. "However, now that government agencies have clearly removed all concern about tomatoes produced in California and several other states, we see no reason for restaurants and stores not to resume carrying tomatoes. We are encouraged by those who are doing so."

Examples of chains who are returning tomatoes to their menus include: Jack in the Box, who was the first major chain to return tomatoes to the menu following the FDA clearance; and Subway, who is the largest user of fresh tomatoes in the United States. Beckman was also quick to point out major Canadian operations, like A&W and Tim Horton's, have also resumed serving tomatoes.

"We have fully returned to purchasing tomatoes for our customers in the U.S. and Canada and also have resumed offering our own Markon First Crop label tomatoes because of our confidence in the producers who supply these tomatoes," said Tim York, president of Markon, one of the nation's largest foodservice distributors.

The move by chains to return or continue featuring tomatoes comes just in time for the beginning of fresh tomato harvest in the major production regions of California's San Joaquin Valley. Members of California Tomato Farmers produce tomatoes from San Diego County in the south to Sacramento County in the north. Beckman stated that California is the second leading producer of fresh tomatoes behind Florida and that the value of the California tomato crop is approximately 400 million dollars.

"The value of the tomato crop does not take into

account the contribution of the California tomato industry to the state's economy," he continued. "A disruption in harvest of tomatoes would significantly impact the California economy."

To further encourage consumption and address the issue of consumer confusion, California Tomato Farmers is offering to its customers reproducible templates for in-store point of sale materials and signage so that retailers and restaurants can let consumers know the tomatoes they see on shelves and menus are from California.

"The signs are very consumer friendly," said Beckman. "They simply state product origin so that consumers who have heard California tomatoes are now cleared can be assured of the safety of the tomatoes they eat."

"Members of California Tomato Farmers have a long-time commitment to ensuring the field-grown tomatoes we produce are always safe to eat and we have made food safety a top priority," explained Beckman, adding that California Tomato Farmers is owned by the family farms who produce tomatoes for the following companies: Ace Tomato Company, DiMare Company, Gargiulo, Harry Singh & Sons/Oceanside Produce, Live Oak Farms, Pacific/Triple E Produce, HS Packing and San Joaquin Tomato Growers.

Beckman pointed to a stringent food safety program which has been adopted by California Tomato Farmers requiring adherence to mandatory standards verified by government inspection. He explained that California Tomato Farmers food safety protocols, known as "The Fresh Standard," are based on guidelines developed in conjunction with FDA, food safety scientists, representatives of the produce buying trade and other U.S. tomato growing regions.

"As a condition of membership, California Tomato Farmers members are required to adhere to The Fresh Standard for food safety," he explained. "All operations are audited by California Department of Food and Agriculture inspectors under the authority of the U.S. Department of Agriculture to verify farming and packing practices are in compliance. Under the program, member companies are subject to multiple USDA audits of fields and packing sheds to verify the standards are being met. The audits are conducted on a random basis and include unannounced visits.

"To our knowledge, members of California Tomato Farmers are the only California tomato producers who are subjecting themselves to mandatory government audit," said Beckman.

More detailed information on the California Tomato Farmers food safety program is available


on their website at www.californiatomatofarmers.com. Downloadable templates for POS materials are also available under a password protected section of the site or can be accessed by calling California Tomato Farmers at (559) 261-2630.

CONTACT: California Tomato Farmers


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Answer

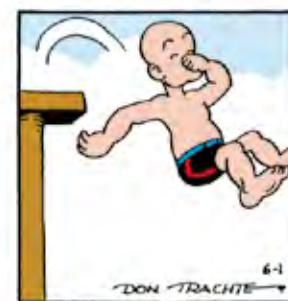
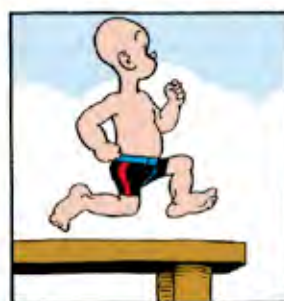
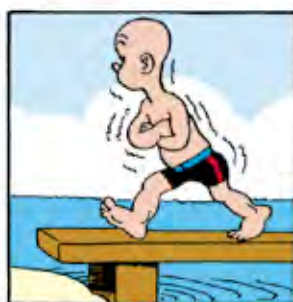
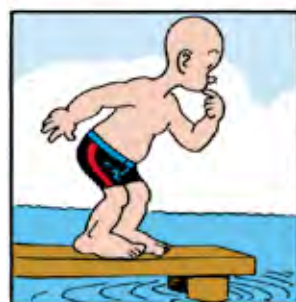
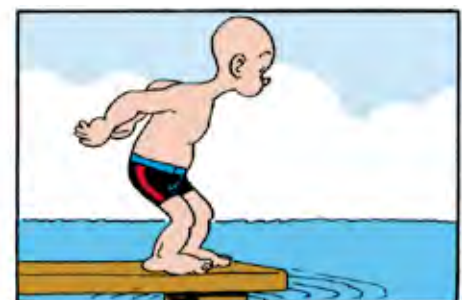
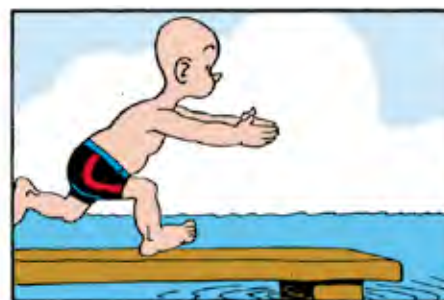
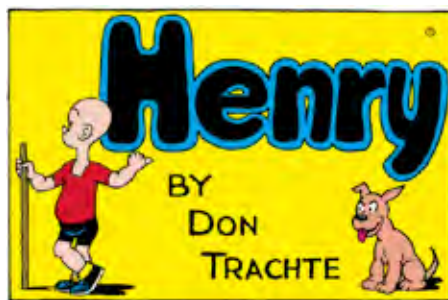
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4	9	5	2	1	8	3	7	6
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King Crossword

Answers

Solution time: 25 mins.

H	E	M	S	E	W			
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	G	R	I	M	Y	A	P	E
	Y	E	S		N	E	D	



SAFE's Annual Community Event!

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² To qualify for RefiRewards, your loan amount must be at least \$15,000, and your vehicle must be less than five years old. This offer is not available for the refinancing of an existing SAFE auto loan.
³ See SAFE for terms and conditions. Some restrictions apply.
⁴ Annual Percentage Yield (APY) available Saturday, June 21, 2008 until Saturday, July 5, 2008. 3.00% APY available without a SAFE checking account. Requires \$500.00 minimum opening deposit; maximum deposit per member is \$25,000. Offer also available for IRAs. Certificate penalties for early withdrawal may apply.



Riley Reviews

By Tim Riley

EXPLOSIVE "HULK" MEANS BUSINESS FOR THE SUPERHERO GENRE

THE INCREDIBLE HULK (Rated PG-13)

Five years ago, director Ang Lee realized his vision of Marvel Comics superhero The Hulk, capturing Bruce Banner and his alter ego in an origin story, one that examined a portrait of a man at war with himself and the world in "Hulk." The green giant superhero is now imagined in French director Louis Leterrier's version in "The Incredible Hulk." Having directed the high-octane action of "The Transporter" films, Leterrier is understandably committed to the kind of action where his vision is tuned into a meaner and greener Hulk, the reluctant hero often forced to embrace the darker side of his personality.

Stepping into the shoes of scientist Bruce Banner and his green alter ego is Edward Norton, an interesting choice for a well-established actor who brings the right note of brooding to a conflicted character. "The Incredible Hulk" does not dwell inordinately on unresolved issues, but neither does it skirt Banner's moody outbursts in a desperate hunt for a cure to the gamma radiation that poisoned his cells and unleashes the unbridled force of rage within him. While Banner dwells in a Brazilian slum in an effort to control his anger, his fugitive status ensures that violence is sure to follow.

Working by day at a bottling factory, Banner takes anger management lessons to avoid the triggering of another Hulk episode. Meanwhile, the scientist communicates by computer with Professor Sterns (Tim Blake Nelson), a cellular biologist who quite possibly holds the key to Banner's quest for a cure. Banner's nemesis, General Ross (William Hurt), remains on high alert to capture The Hulk, and a factory mishap makes it possible for the rogue General to narrow the search to Brazil.

Soon enough, General Ross launches a military commando raid on Banner's slum neighborhood, having enlisted the mercenary Emil Blonsky (Tim Roth) as a ruthless fighting machine. Banner morphs into The Hulk, taking on not only the military but a bunch of malcontents at the factory. Needless to say, the bottling factory is pulverized by The Hulk's destructive rage, before he runs off into the jungle to escape his tormentors.

Waking up nearly naked and alone in the backwoods of Guatemala, Banner makes his way back to the United States, with the eventual goal of hooking up with Professor Sterns. But first he seeks out his former girlfriend, Dr. Betty

Ross (Liv Tyler), a brilliant biologist teaching at a university. Dropping in on the college town, Banner has a touching reunion with Betty, which leads to the conclusion that emotions other than rage can also trigger a Hulk episode.

Inevitably, it doesn't take long for General Ross to descend on the campus as if a D-Day invasion is underway. This time, Blonsky has subjected himself to medical experimentation which gives him added strength, and after a confrontation with The Hulk, he imagines the next step to be a full-blown transformation into an indestructible creature capable of matching brute force with the green giant. While Ross' commandos fail to destroy The Hulk, the ravaged campus is nearly destroyed, but at least some students capture the action on cell phone cameras that provide footage for the nightly news.

Next stop for The Hulk is Professor Sterns' laboratory in Manhattan, where Banner may well find the cure for his agitated condition. Meanwhile, Blonsky has other ideas about the professor's research and wastes little time in getting some dosage of The Hulk's blood plasma. Appropriately enough, this infusion turns Blonsky into a giant creature called the Abomination, setting up the climactic confrontation on the streets of upper Manhattan. The resulting clash of the titans is a brutal smackdown in which taxis and police cars are hurled back and forth, while screaming citizens run through the streets to flee the battle scene. The big showdown between The Hulk and the Abomination has the feel of a "Godzilla" movie where giant monsters are on the loose. More than anything, this lends a cartoon-like quality to "The Incredible Hulk," which seems entirely fitting since this whole business is a product of Marvel Comics. A cameo appearance at the end of the film (which won't be revealed here) is certain to delight comic book fans with the promise of a future superhero reunion. One doesn't need to be a hardcore comic book fan to enjoy the incredible action scenes that drive "The Incredible Hulk."

The 20th Annual Community Band Festival in Carmichael Park

The 20th annual Community Band Festival in Carmichael Park, May 31 and June 1, went off without a hitch, entertaining hundreds of music lovers from as far away as Roseville, Newcastle, Elk Grove, Davis, Woodland as well as the Sacramento area. This annual event, sponsored by the Sacramento Valley Symphonic Band Association (www.svsba.org) founded by Dr. Les Lehr, and the Carmichael Parks and Recreation Dept. headed up by Tracy Kerth, is scheduled on the weekend of the first Sunday in June. It is the brainchild of organizers, Dr. Les Lehr, Grant Parker and John Lillie, all directors of one or more bands in the area. One of the largest community band festivals in the nation, there is a band every hour on the hour from 11 am to 6 pm both days, involving over 1500 musicians.



Dr. Les Lehr, Director and Founder, leads the the Sacramento Valley Symphonic Band Association

This year's event also included the 59th Army Band. Next year's event is scheduled for June 6 and 7, 2009. Mark your calendars now and join us for a wonderful musical afternoon under the shade trees!

For further information:
916-489-2576 or
www.sacwinds.org.



Tribe Loses Feathers But Redskins Remain

Recently, I became -- through my son's acceptance into the College of William & Mary -- a proud parental unit member of "The Tribe."

Tribe of what? Good question. It used to be a tribe of Indians. Sorry. Native Americans. Nope, can't say that either. In fact, the college's team logo will no longer even suggest the name ever had anything to do with American Indians.

Soon after we heard the news that my son would be attending the school, my wife purchased a sweatshirt that included a logo -- "WM," followed by two feathers.

This sweatshirt may well become something of a collector's item because those two feathers have been judged offensive by the NCAA. The review committee ruled that the name "Tribe" itself is neither "hostile or abusive," but it recommended the innocent-looking feathers be dropped from the logo -- so presumably they are offensive.

Was one feather "hostile" and the other "abusive?" I have no idea. But the college folded and came out with a new logo, without feathers.

But if these two feathers, which look like leaves, might be considered "hostile" or "abusive," I wonder what the NCAA committee would make of the over-the-top Washington Redskins logo, the black jockey lawn ornament of NFL football team symbols. In comparison to the two feathers, the Redskins' name and logo would seem akin to calling a team the New York Nazis, complete with helmet logo of the Fuhrer.

The problem with changing the name, of course, is coming up with a new one that both fits the city and strikes fear in opponents. Here are some suggestions:

CONGRESSMEN -- An obvious loser, Congressman recalls the Washington Senators,

one of the worst franchises in sports history. Also, Congress's battle with the executive branch has shown it to be a toothless opponent.

LOBBYISTS -- Not a traditional team name, but one clearly associated with D.C. (Feel free to insert your own Utah Jazz joke here.) The Lobbyists could be the kind of team that other cities would love to hate, especially since they would always come up with a sneaky, backdoor way to come out ahead.

VICE PRESIDENTS -- In years past, the Vice Presidents might have been considered as weak as the Congressmen, but that was before Dick Cheney rewrote the Constitution to make his office the most powerful in the federal government. (His office has refused to release minutes of the meeting where this was decided, or even a copy of the new Constitution.)

Not only would Cheney's snarling countenance make a terrifying logo, but opposing teams would have to live with the fear that if his team were down late in the fourth quarter he would likely call in air strikes.

EARMARKS -- Not a fearsome name, but there's no question that earmarks are becoming more and more popular. Also, the Earmarks might qualify for special earmarks that would help buy the city another Super Bowl title.

UNFUNDED MANDATES -- This would be my personal choice. The Unfunded Mandates would inspire dread all over the country and they could only come from the nation's capital.

Let's all sing (to the tune of "Hail to the Redskins!") the team's new theme song, "Hail to the Unfunded Mandates!"

Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to dflood287@comcast.net.

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Come Help Us Celebrate Our

50 Year Anniversary!

In 1958 we opened our first office in Placerville. We now have 35 branches in California and Northern Nevada and 350 employees. We'd like you to come celebrate with us. Please stop by during the week of June 16th-20th for refreshments and a chance to win a \$500 Savings Bond.

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Amber Waves

by Dave T. Phipps

EVER SINCE MY UNCLE SHOWED UP FROM CALIFORNIA EVERYONE'S BEEN WEIRD!

MOM'S BEEN MAKING FANCY MEALS AND DAD'S BEEN EXERCISING.

EVEN THE PIGS HAVE REALLY BEEN ACTING DIFFERENT.

HEY, CUP OF JAVA DUDE? OK, MAYBE A LITTLE

NO WE HAVEN'T.

I LOVE

R.F.D.

by Mike Marland

WHAT'S A MATTER, SIM?

UM... I JUST HIT A ROCK WITH THE LAWNMOWER.

SO? NO BIGGIE. YA JUST GO BUY A NEW BLADE, RIGHT?

UH...

LET ME CLARIFY...

50th Annual Carmichael Elks 4th OF JULY PARADE

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The Exalted Ruler will draw the Winning Raffle Tickets at the Elks Lodge at 5 PM!!

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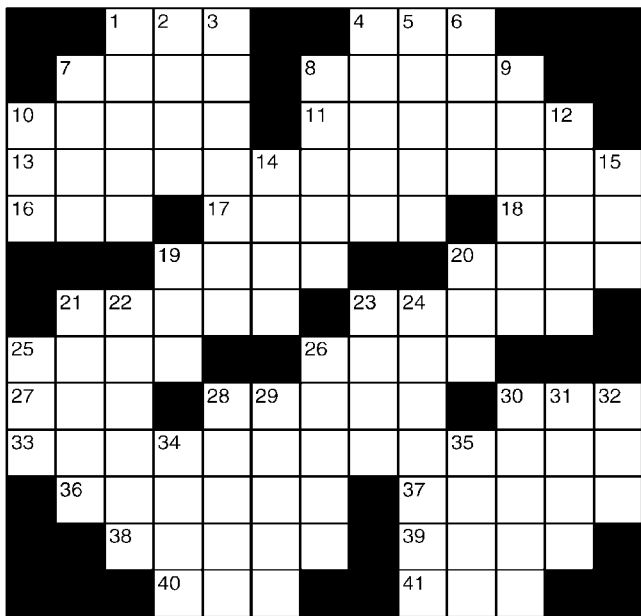
Raffle tickets on sale at the Lodge!!

King Crossword

Answers on page 4

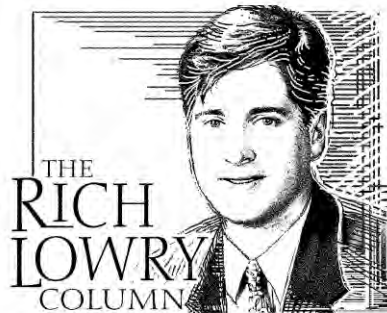
ACROSS

- 1 Height of fashion?
- 4 Wield a needle
- 7 Antitoxins
- 8 Melodies
- 10 Slip-on garment
- 11 "Sleepy Hollow" storyteller
- 13 Definitely
- 16 - out a living
- 17 Resembling
- 18 Stipend
- 19 Unable to hold any more
- 20 Undressed
- 21 Fisherman's basket
- 23 Hosiery shade
- 25 Lotion additive
- 26 "Dragnet" star
- 27 "Terrifi"
- 28 Garlic mayonnaise
- 30 Comic Leno
- 33 Bit of folklore
- 36 Caught
- 37 Land of the Rising Sun
- 38 Covered in dirt
- 39 Tarzan's clique



- | | | |
|-----------------------------|----------------------------|-----------------------|
| 40 "Of course" | motion | to his son |
| 41 Homer Simpson's neighbor | 9 Grab suddenly | 24 Côte d'Ivoire city |
| | 10 Pirouette pivot | 25 Fore and - |
| | 12 Open area in a forest | 26 "Toy Story" cowboy |
| DOWN | 14 Invalid | 28 Lofty home |
| 1 Therefore | 15 Caustic solution | 29 Express-lane tally |
| 2 Canal zone | 19 Retainer | 30 Made fun of |
| 3 Rhesus monkey | 20 Gist | 31 "Sad to say, ..." |
| 4 Cruises the Net | 21 Talons | 32 Longing |
| 5 Ballad conclusion | 22 Getting dressed (in) | 34 Grant or Elwes |
| 6 Dam | 23 He got the point across | 35 Recording |
| 7 Foundered | | |
| 8 Re ocean | | |

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The Talking Cure

In their litany of American presidents who met with hostile dictators, supporters of Barack Obama cite John F. Kennedy and his meeting with Soviet Premier Nikita Khrushchev in Vienna in 1961. They leave out how it went.

The earnest, young American president wanted to forestall any possibility of misunderstanding and to win Khrushchev's commitment to the international status quo. The blustery, risk-taking Soviet premier wanted to bludgeon Kennedy into making concessions that would further the Soviet goal of global revolution. When Kennedy thought he was being accommodating, Khrushchev thought he was being weak. Vienna was the backdrop for Soviet assertion in the Cold War flash points to come.

Not all talking is created equal. Which is why it's folly for a presidential candidate to make a blanket promise to negotiate personally with adversaries.

Consider President Reagan, another president invoked by Obama supporters. Reagan believed in personal diplomacy, but concluded upon taking office that it was pointless to talk to Soviet hard-liner Leonid Brezhnev. In stiffening U.S. defenses and pursuing the Strategic Defense Initiative, his administration sought to convince Moscow, in the words of Secretary of State George Shultz, that restraint "was its most attractive, or only, option," while pressuring the tottering Soviet economic system.

When Mikhail Gorbachev came to power, the administration thought it had the strategic upper hand, and a man it could work with. Reagan met with his counterpart in Geneva and Reykjavik. Keenly aware of his inability to keep pace in a high-tech arms race, Gorbachev wanted

any deal contingent on prohibiting SDI. Reagan said "no." Out of his weakness, Gorbachev eventually gave the Reagan administration the kinds of arms cuts it wanted and openings in the Soviet system. The Cold War was about to end.

If a President Obama handles relations with Iran as deftly, maneuvering the clerical regime to its doom, he's worthy of his hype. Nothing suggests that he even conceives of his desire to talk in these terms. To do so, he'd have to develop some appreciation for the concept of leverage.

Has the Bush administration been too diplomatically inflexible? Maybe, but it has allowed the EU-3 (Great Britain, France and Germany) to take the lead with Iran, and the Europeans have offered incentives for the suspension of its nuclear program. It has engaged in prolonged negotiations with North Korea, winning the (dubious) promise of the suspension of its nuclear program. It has relentlessly promoted Israel-Palestinian negotiations.

We have a recent example of even more active Middle East diplomacy. President Clinton had Yasser Arafat to the White House more than any other foreign leader, and his secretary of state, Warren Christopher, spent long, bootless hours with then-Syrian President Hafez al-Assad. When Clinton tried to pressure Arafat and Israeli Prime Minister Ehud Barak into a deal that wasn't there near the end of his second term, the second intifada erupted. It wasn't appeasement; it was just foolish.

Obama beware.

Rich Lowry is editor of the National Review.

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Straight Talk for Teens



By Lauren Forcella

Dear Straight Talk: Since seventh grade, our 17-year-old son has been entrenched in the video game, World of Warcraft. On school days, he plays 4 hours a day, on non-school days, 8 to 12 hours. I'm hesitant to forcibly take the game away because he's so close to legal adulthood and I believe it's important that he make the choice to moderate or stop himself. His father and I have taken the tactic of "coaching" rather than dictating. I can't say it's working — he has lost his social life, lost motivation for other activities, and is flunking his classes — but we wanted him to "fail" in the safe environment of home, hoping he would see the benefit of giving up the game. Unfortunately, he's good at WoW, which adds to his desire to play because now it's the only place he feels successful. Any suggestions on how to help my son? — Carmichael, CA

From Beau, 18: In moderation, MMO (massive multiplayer online) games like WoW can relieve stress, however they can be extremely addicting. MMOs let you upgrade yourself in ways you can't in real life. You essentially become your dream self. Your son is surely addicted to that feeling and has adapted to getting his confidence only through the game. I experienced a low-key addiction to an MMO, but after realizing what was happening, I became determined to extend my confidence to real-life situations.

From Peter, 20: I'd say: "You live in our house, you abide by our rules, regardless of your age." If he gets huffy, tell him he's welcome to rent his own apartment and game all he wants. At the minimum, make him pay game-related costs (high-speed computer, WoW subscription, phone, internet). To do that, he needs a job. And to get a job, he needs passing grades. I used to game non-

World of Warcraft is 'meth' of video games

stop, too, then life got "real" and I quit.

From Nicole, 18: I despise this game. I would immediately take away his computer, no exceptions. He is acting like a little boy.

From Kendal, 21: You should have enforced moderation in seventh grade. Letting him "fail" at home because it's "safe" is crippling him. Parents are supposed to be guides in life, not fellow tourists. Statistics show that most successful children grow up in authoritative (note: not authoritarian) households. So, be authoritative and set boundaries. At the same time, give your son positive reinforcement. Don't ask why he doesn't have friends, or why he doesn't talk to so-and-so anymore. These questions make a socially shy person feel even more inadequate and rejected.

From Geoff, 22: The online worlds of MMOs are foundational for many young people, and parents need to understand the appeal. As a player, you are living the most explicit way possible: trekking across haunted deserts with your guild, exploring ancient tombs of forgotten races, brewing beers for fellow players, playing an active part in a dynamic economy. In high school I gamed similar hours as your son — yes, I also did 'extracurriculars' and made honor role — but I don't agree that gaming is addictive. I mean, why not play these games in high school when you still can play games? Now I have no time for gaming — instead I enjoy the freedom not possible in high school: real life.

Dear Carmichael: Don't get me going. Gaming is highly addicting, just like drugs, alcohol, or gambling. In fact, many gamers consider WoW the "meth" of video games. Some boys like Geoff, Peter, and Beau, can game heavily, maintain balance, and stop on their own. However, countless boys — your son included — cannot. They are flunking school, flunking life. It's a global problem and the gaming industry spares no expense on propaganda to convince society otherwise. Peter, Nicole, and Kendal offer great ideas on how to intervene. Your son needs you to do it. More panel comments are on the website.

Write to Straight Talk at www.StraightTalkForTeens.com or PO Box 963, Fair Oaks, CA 95628.



Cruisin' By Greg Zyla

Finding the Right Repair Shop

Several years ago, a major TV news magazine exposed the automotive repair industry in a scathing report about unnecessary repairs. Many of the big-name franchises and factory stores were exposed.

The report points to a car owner's predicament, namely: How to find reputable service?

Finding the right "repair home" for your car is fairly simple. If you jump from garage to garage, you'll never establish the needed relationship with the owner and the employees, so find a "home shop" and become a regular customer.

Sure, there's a chance you'll stumble across some unethical mechanics along the way. They won't know you from Adam,

and won't really care. If a repair shop has "burned" you, don't go back. Take the time to find a shop that offers competent work at a fair price, and make that place your regular stop.

As for my personal auto maintenance, I rely on a father-and-son team I've known for 38 years. They operate a small garage that is clean, well-stocked and big on service. It's also a friendly place to go. And if they tell me it's time for new ball joints, I know they're telling the truth.

Car owners, thus, have a responsibility to establish a good relationship with a repair shop. It will become a lasting part of your life, and does not have to be troublesome. Remember, too, that many franchise shops are honest places to do business and can be excellent service options. It's up to you to find that place, whether it's the new-car franchise where you bought your car or a father-and-son team.

Good luck, and remember as the complexity of new car mechanicals and computers continue to evolve, you may be forced at times to use the dealer.

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to gzyla@ptd.net.

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The Spats

by Jeff Pickering



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GreenFiber Introduces New Look to Community Paper Recycling

The environment, local organizations and homeowners each benefit from program



US GreenFiber, LLC, manufacturer of GreenFiber natural fiber blow-in insulation, announces a new look for its community paper recycling program throughout the Sacramento area. As a company, GreenFiber diverts over 350,000 tons of paper each year from landfills and rewards participating organizations by giving back to local groups.

"Sacramento residents are extremely knowledgeable and passionate about the difference that recycling can make in their community," said Fred Brandt, recycling program coordinator for GreenFiber in Sacramento. "The GreenFiber Community Paper Recycling Program allows them to collect their recyclable paper materials and benefit local organizations while also keeping a measurable amount of paper out of landfills."

Collection teams at schools, churches, businesses and other community organizations can participate and benefit based on the amount of recyclable materials they gather using specially-designed GreenFiber recycling bins.

The GreenFiber recycling bins feature a vivid green exterior and graphics of the GreenFiber Community Paper Recycling Program mascot – a green frog whose likeness is on education supplies that support school recycling efforts.

Unlike some recycling programs, GreenFiber's Community Paper Recycling Program accepts a wide variety of paper goods: newspaper, magazines, phonebooks, office paper, cardboard, cereal boxes, brown paper bags and construction paper.

A GreenFiber collector regularly services the bins at no charge and designated community programs benefit based on the amount of recyclable material collected. The community also benefits by reducing the amount of paper products that would otherwise be buried in local landfills. Refuse efficiency experts estimate that paper products account for almost 35 percent of landfill space; some estimates indicate that Americans throw away enough office and writing paper every year to build a wall 12 feet high from Los Angeles to New York City.

Nearly 250 GreenFiber recycling bins have been placed in the Sacramento area and additional bins have been ordered to meet growing demands. "Participants in our local program have been quick to realize the benefits this program provides on a number of levels," Brandt, the Sacramento coordinator, said. "The environment, participating local

organizations and the community as a whole benefit from this effort."

To find a GreenFiber bin location in the Sacramento area, call 916-803-4601. Additional details about the recycling program are also available at www.greenfiber.com/corporate/recycling_bin_program.

GreenFiber cellulose insulation is a natural fiber product made of 85 percent recycled paper fiber and offers an environmentally-friendly option for homeowners' building, renovation and re-insulation projects with all of the ease and convenience of blow-in insulation. Since 2000, GreenFiber has diverted nearly 3 million tons of recycled materials from landfills. One ton of recycled paper: saves 17 trees; saves 4,000 kW of energy; can provide enough GreenFiber natural blow-in insulation to insulate the attic of a 2,500-square-foot home.

Established in 2000 and headquartered in Charlotte, N.C., US GreenFiber, LLC is the largest manufacturer of natural fiber insulation, fire and sound products. With 11 manufacturing plants located throughout the United States, GreenFiber products are sold to building supply retailers, manufactured housing builders and insulation contractors in the U.S. and Canada. For more information on GreenFiber, call customer service at 800-228-0024 or visit www.greenfiber.com.



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As a business owner, you know there are laws every business must follow. However, results of a recent survey by zTelligence and Fellowes Inc., (July 2005), showed only 13.1% of business owners recognize the term "FACTA." That could mean that nearly 87% of all business owners aren't aware that FACTA:

- Is federal legislation that went into effect June 2005
- Can shut your business down whether you have two or two thousand employees
- Can result in major fines to you and your business by the FTC for non-compliance

- Provides another avenue for lawyers to file lawsuits against your business on behalf of customers or employees

FACTA is only one piece of legislation that affects your business. There are others:

- HIPAA Security Rule
- Gramm, Leach, Bliley (GLB) Safe-guard Rule
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SMUD Provides Relief to Needy Customers from High Summer Electric Bills

The hot summer is now in full swing. Air conditioners run longer and many customers may use more energy and receive higher electric bills. Higher bills can be very difficult for some people. The Sacramento Municipal Utility District (SMUD) has special rates and programs to help.

Eligible low-income customers can take advantage of the SMUD Energy Assistance Program Rate (EAPR) that can save customers more than 30 percent on their entire monthly electric bill as well as \$1.50 off the \$5 service charge. Customers are eligible for the discounted rate if their total household income does not exceed 200 percent of the federal poverty level. For example, a family of four can earn up to \$43,200 a year to qualify for EAPR.

EAPR customers may also participate in the SMUD Residential Weatherization program.

Qualified customers can, at no cost to them, have their homes weatherized to improve energy efficiency and keep down energy costs especially during these hot summer months.

Customers in households where a full-time resident requires an electrically

powered device for medical reasons may be eligible for the Medical Equipment Discount (MED) rate. SMUD also offers the Senior Citizen Identification and Third Party Notification programs, both of which are designed to prevent service interruptions because of late payments.

There are other ways customers can reduce their energy use during the hot summer months. One way, for example, is to plant free shade trees from SMUD. SMUD provides up to 10 free trees, fertilizer, stakes and advice about planting and caring for the trees. Properly placed trees can yield as much as 40 percent savings on air conditioning bills once the trees are mature, and initial savings are seen in three years.

All SMUD customers benefit from their utility being customer-owned. SMUD electric rates are among the most competitive in the state and are about 20 percent lower than PG&E's. For information about all SMUD programs and for tips on how to stay cool while keeping the electric bill lower, please call SMUD at 1-888-742-7683 or visit smud.org.

IRS Adds Functions to Online Payment Agreement App

The Internal Revenue Service today introduced several new features to the interactive Online Payment Agreement application, which will make it easier for taxpayers and their authorized representatives to make changes to existing installment agreements. The system will now permit:

- Individuals to revise their payment due dates and/or amounts on existing agreements.
- Individuals to revise existing extensions to regular installment agreements and direct debit installment agreements.
- Individuals to revise existing regular installment agreements to a payroll deduction installment agreement or a direct debit installment agreement.
- Practitioners with valid authorizations to use the signature date found on their approved Form 2848, Power of Attorney and Declaration of Representative, or the caller ID as

an alternate way to authenticate when requesting agreements for clients. More than 75 percent of those eligible for an installment agreement can establish one using the online application, according to the IRS. Since launching in October 2006, more than 30,000 taxpayers have successfully used it to set up a payment agreement. Eligible taxpayers who owe \$25,000 or less in combined tax, penalties and interest can self-qualify, apply and receive immediate notification of approval for installment agreements – including pre-assessed agreements on tax year 2007 Form 1040 liabilities and paperless direct debit agreements. Paying taxes on time and in full avoids unnecessary penalties and interest. However, taxpayers who cannot pay in full may request a payment agreement. To be eligible, a taxpayer must first file all required tax returns and be current with estimated tax payments, if applicable.

Weekly SUDOKU

by Linda Thistle

Answers on page 4

	2				3		8	1
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Chicago to Play at 2008 California State Fair!

State Fair eNewsletter Subscribers Get Exclusive Presale Access

The California State Fair today announced that Chicago has been added to the lineup of its FREE Concert Series running Aug. 15 – Sept. 1. They will be playing on the Golden1 Stage on Wednesday, Aug. 27 at 7:30 p.m.

As a special thanks to its eNewsletter subscribers, the State Fair is offering exclusive presale access to the remaining concerts to be announced in the 2008 State Fair Concert Series. Anyone who signs up for the State Fair's free eNewsletter will have the opportunity to buy tickets before they go on sale to the general public.

The Chicago concert presale will take place on Friday, June 20 from 10:00 a.m. – 11:59 p.m. Public Gold Circle ticket sales will begin Saturday, June 21 at 10:00 a.m. The Gold Circle ticket price for the presale and the public sale is \$40.

With even more additions to the concert lineup to be announced over the next couple of weeks, concert fans are encouraged to go to

www.bigfun.org and sign up to be a part of this exclusive presale opportunity.

General admission to all California State Fair concerts is FREE with the price of State Fair Admission. Gold Circle reserved seats near the stage are on sale through www.tickets.com and at the Cal Expo Box Office (on designated days).

Each year, the State Fair offers a rich assortment of family entertainment, including multicultural events, vibrant music, dance, arts, agriculture and much more! This year is no exception. Chicago will join the chart-topping lineup on the Golden1 Stage that already includes: Doodlebops, Vanessa Hudgens, Gary Allan, Weird Al Yankovic, The Fab Four, Air Supply, The Low Rider Band, Al Jarreau and Grand Funk Railroad.

For the most updated information about the 2008 Concert Series and other State Fair news, please visit the State Fair Web site at www.bigfun.org or call (916) 263-FAIR.

**The 2008 California State Fair will be held
Aug. 15 to Sept. 1 at Cal Expo in
Sacramento, Calif.**

State Fair to Host Nation's Largest Tasting of Award-Winning California Wines

Discount Tickets Now on Sale!

Advance discount tickets are now on sale for California's preeminent wine event. The 12th annual California's Grape & Gourmet – the largest showcase of award-winning California wines in the world – will be held Thursday, July 10 from 5:30 – 8:30 p.m. at Cal Expo. The annual fundraising event will feature winning wines from the 2008 California State Fair wine competition, the oldest and most prestigiously judged wine competition in the nation.

The public is invited to attend the event, which showcases more than 600 medal-winning California wines from more than 200 of California's prestigious wineries and vineyards. The exquisite collection of wine will be complimented by fabulous food from 90 of Northern California's award-winning restaurants and food purveyors. Attendees will enjoy unlimited food and wine tasting, as well as free commemorative wineglasses. Top medal-winning wines will also be available for purchase by the bottle.

"We're expecting well over 230 California wineries, 90 restaurants from around Northern California, 25 microbreweries and over 3,000 consumers enjoying this event," said G.M. "Pooch" Pucilowski, Chief Judge of the California State Fair Wine Competition. "We are excited and looking forward to another great year."

"Pooch," a Wine Educator and

Consultant, has managed the California State Fair Commercial Wine Competition for the last 21 years and teaches wine classes in Sacramento.

The event will be a complete showcase of California culture with live musical entertainment, an array of fine foods and delicacies, award-winning microbrews and cheeses, and much more.

Several of the top 50 wines from the 2008 competition will also be available for sale with proceeds going to the non-profit Friends of the California State Fair Scholarship Program. This is the only opportunity to purchase these wines before they are released to the general public.

The Friends of the California State Fair is planning to give away more than \$25,000 in scholarships to top California students this year. The volunteer group raises a substantial portion of its annual giving budget at the Grape & Gourmet event.

Advance discount tickets are \$50 per person and may be purchased until July 10 by visiting www.bigfun.org, or by calling the Cal Expo Box Office at (916) 263-3049. Tickets will also be sold at the door for \$70. Parking is \$8. Discounted group rates are also available for parties of 10 or more.

For more information about the California Grape & Gourmet visit the www.thebestcaliforniawine.com or call (916) 263-3636.

**The 2008 California State Fair will be held
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Sacramento, Calif.**

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NewsTalk
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Saturday, July 26, 2008

5pm - 7:30pm

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HELP WANTED Earn Extra Income Assembling CD cases from Home Working with Top US Companies. Not available, MD, WI, SD, ND. 1-800-405-7619 Ext 104 www.easywork-greatpay.com (NANI)

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www.CarmichaelTimes.com

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Miscellaneous

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Novenas & Prayers

NOVENA TO ST. JUDE May the sacred heart of Jesus be loved, adored, cherished and preserved throughout the world now and forever. Sacred heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen. Say this prayer nine times a day for eight days. On the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. Thanks you St. Jude. M.J.P. (ARM)

Wanta go to heaven without dying? Rent the exciting movie "Left Behind" Pray aloud, "Lord Jesus, forgive my sins, come into my heart!" He Loves You!

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FORECLOSED HOME AUCTION. Northern California Area. 1000+ Homes Must Be Sold! Free Catalog 1-800-470-9403. www.USHomeAuction.com (Cal-SCAN)

Motivated Seller- Great Buys-two homes-Good Areas. #1 updated kitchen & 3BDRM, 2BA, near Crestview shopping, \$289,000. #2 Dream Kitchen w/granite-tiled & beautiful bathrms & floors. \$260,000. Glenda Hill 761-7548. (ARM-M)

Over 200 foreclosed NORTHERN CA homes selling by auction

FICTITIOUS BUSINESS NAME STATEMENT #0805502. Cheryl Jodar, 2464 Via Camino Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "CJ's Mobile Notary Service" at 2464 Via Camino Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on May 15, 2008. Publish: May 27, June 3, 10, 17, 2008.

17, 2008.
CHI 80504
6-17-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO COUNTY OF HEARING— GUARDIANSHIP OR CONSERVATORSHIP CASE #34-2007-00000403

Re: Conservatorship of the Person and Estate of Jattan Kumari, (Proposed) Conservatee.

NOTICE IS GIVEN that Prem Lata Vilash, Daughter, has filed a Petition to Remove Conservator and Petition for Appointment of Successor Conservator (of Jattan Kumari).

You may refer to documents on file in this proceeding for more information. (Some documents filed with the court are confidential. Under some circumstances you or your attorney may be able to see or receive copies of confidential documents if you file papers in the proceeding or apply to the court.)

A HEARING on the matter will be held on July 3, 2008 at 9 a.m. in Dept. 129, located at 3341 Power Inn Road, Sacramento, CA 95826.

Publish: May 27, June 3, 10, 17, 2008.

HOLT 80504
6-17-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO AMENDED ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2008-00008481-CU-PT-GDS

WHEREAS, Moelagi Simiula Toli has filed a petition with this court for a decree changing name of Moelagi Simiula Toli to Moelagi Nadine Suniula Seumanu. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 15, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 3, 2008.

Shelleyanne W.L. Chang
Judge of the Superior Court
Publish: June 10, 17, 24, July 1, 2008.

TOLI 805602
7-1-08

NOTICE OF TRUSTEE'S SALE TS No. 08-18606 Title Order No. 42610650 APN No. 236-0321-073 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/18/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A

LAWYER. Notice is hereby given that RECONTRUST COMPANY, as duly appointed trustee pursuant to the Deed of Trust executed by RONALD D GESE, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY dated 09/18/07 and recorded 10/30/07, as Instrument No. , in Book 20071030, Page 1312), of Official Records in the office of the County Recorder of Sacramento County State of California, will sell on 07/08/2008 at 11:00AM, At the main entrance to the County Courthouse, 720 9th Street, Sacramento at public auction to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any of the real property described above is purported to be: 6208 MADISON AVENUE, CARMICHAEL, CA, 95608. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$387,194.97. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but with out covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest at provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon at provided in said Note, plus fees, charges and expenses of the Trustee and of the Trusts created by said Deed of Trust. DATED: 06/08/08 RECONTRUST COMPANY, 1757 TAPO CANYON ROAD, SVW-88 SIMI VALLEY, CA. 93063 Phone: (800) 281-8219, Sale Information (626) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY, is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. FEI # 1006.26464 6/17, 6/24, 7/01/2008

Publish: June 17, 24, July 1, 2008.

FEI 80603
7-1-08

FICTITIOUS BUSINESS NAME STATEMENT #0806341. Pamela

Ann O'Neil, 6048 Lonely Ridge Ct., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "O'Neil Real Estate" at 6048 Lonely Ridge Ct., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on June 9, 2008. Publish: June 17, 24, July 1, 8, 2008.

ONEILR 80603
7-8-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00013037-CU-PT-GDS

WHEREAS, Susana Bogan has filed a petition with this court for a decree changing name of Susana Bogan to Susan Bogan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 24, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, CA 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 12, 2008.

Loren E. McMaster
Judge of the Superior Court
Publish: June 17, 24, July 1, 8, 2008.

BOGAN 80603
7-8-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO SUMMONS

CASE #FL026468

NOTICE TO RESPONDENT: TUAN ANH TRAN

You are being sued.

PETITIONER'S NAME IS: YAYOI TRAN

You have 30 Calendar Days after this Summons and Petition are served on you to file a typewritten response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.

If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

The name and address of the court is: Superior Court of California, County of Santa Cruz, 1 Second St. #300, Watsonville, CA 95076.

The name, address, and telephone number of petitioner's

attorney, or petitioner without an attorney, is: Yayoi Tran, 640 Hester Creek Road, Los Gatos, CA 95033; 408-348-8891.

Dated: April 9, 2008.

Publish: June 17, 24, July 1, 8, 2008.

TRAN 80603
7-8-08

SAN JUAN UNIFIED SCHOOL DISTRICT PUBLIC HEARING NOTICE PROPOSED DEDICATION OF POTABLE WATER PIPELINE EASEMENT

NOTICE IS HEREBY GIVEN that, pursuant to Education Code Section 17556, et seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to convey to the Sacramento County Water Agency ("Agency") an easement for Potable Water Pipeline (hereinafter referred to as "Easement") as part of the Sierra Oaks Potable Water Pipeline project ("Potable Water Pipeline Project"). The Easement, necessary for the proposed Sierra Oaks Potable Water Pipeline Project lie over, under and upon a portion of the District's Sierra Oaks Elementary School site. A public hearing will be held during the regular meeting of the Board on June 24th, at 6:30 p.m. or as soon thereafter as practicable, in the Board Room, located at 3738 Walnut Avenue, Carmichael, CA 95608, on the question of Conveyance of the Easement. Copies of the Resolution of Intent to Dedicate Easement for Potable Water Pipeline Purposes and Calling a Public Hearing in Connection Therewith are posted at the Carmichael Library, The District Office and the Fair Oaks Library.

Any interested person may be heard on the matter of dedicating the aforementioned Easement at the public hearing described above. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a resolution by a two-thirds vote of its members authorizing and directing the execution of Easement Deeds conveying the Easements to the Agency.

Publish: June 17, 2008.

SJUSD 80603
6-17-08

SAN JUAN UNIFIED SCHOOL DISTRICT PUBLIC HEARING NOTICE PROPOSED DEDICATION OF POTABLE WATER PIPELINE EASEMENT

NOTICE IS HEREBY GIVEN that, pursuant to Education Code Section 17556, et seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to convey to the Carmichael Water District ("Water District") an easement for Water Pipeline (hereinafter referred to as "Easement") as part of the Schweitzer Elementary Water Pipeline project ("Water Pipeline Project"). The Easement, necessary for the proposed Schweitzer Water Pipeline Project, lie over, under and upon a portion of the District's Schweitzer Elementary School

site. A public hearing will be held during the regular meeting of the Board on June 24th, at 6:30 p.m. or as soon thereafter as practicable, in the Board Room, located at 3738 Walnut Avenue, Carmichael, CA 95608, on the question of Conveyance of the Easement. Copies of the Resolution of Intent to Dedicate Easement for Water Pipeline Purposes and Calling a Public Hearing in Connection Therewith are posted at the Carmichael Library, The District Office and the Fair Oaks Library.

Any interested person may be heard on the matter of dedicating the aforementioned Easement at the public hearing described above. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a resolution by a two-thirds vote of its members authorizing and directing the execution of Easement Deeds conveying the Easements to the Water District.

Publish: June 17, 2008.

SJUSD 80603
6-17-08

SAN JUAN UNIFIED SCHOOL DISTRICT PROPOSED DEDICATION OF UNDERGROUND PUBLIC UTILITIES AND RIGHT-OF-WAY AND PUBLIC UTILITIES EASEMENTS

NOTICE IS HEREBY GIVEN that, pursuant to Education Code Section 17556, et seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to convey to the County of Sacramento ("County") an easement for Underground Public Utilities and Easement for Public Roadway and Public Utilities (hereinafter referred to as "Easement") as part of the Countywide Sidewalk Continuity Phase 2B Project ("Sidewalk Continuity"). The Easement, necessary for the proposed Sidewalk Continuity Project lie over, under and upon a portion of the District's Arcade Middle School site. A public hearing will be held during the regular meeting of the Board on June 24th, at 6:30 p.m. or as soon thereafter as practicable, in the Board Room, located at 3738 Walnut Avenue, Carmichael, CA 95608, on the question of Conveyance of the Easement. Copies of the Resolution of Intent to Dedicate Easements for Public Utilities and Right-of-Way Purposes and Calling a Public Hearing in Connection Therewith are posted at the Carmichael Library, The District Office and the Fair Oaks Library.

Any interested person may be heard on the matter of dedicating the aforementioned Easement at the public hearing described above. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a resolution by a two-thirds vote of its members authorizing and directing the execution of Easement Deeds conveying the Easements to the Water District.

Publish: June 16, 2008.

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CLASSIFIED continued

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