

Carmichael Times

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April 29, 2008

Dream Begins for Patriots Park

Recently a group of Carmichael Recreation and Park District Staff got together and brainstormed on improving the parks of Carmichael, determined to join forces for the good of the children in the community. CRPD staff decided to write a grant to fund the Patriots Park Project on Palm Avenue. In today's world of tight budgets and increased state and federal regulations, the group focused on the important avenue of taking advantage of available grant money.

In conjunction with the Sacramento First 5 agency, Carmichael was recommended for funding on March 3, 2008 at the First 5 Commission meeting downtown and the county building. CRPD was recommended for \$50, 000 for a Tot-Lot play area, for children prenatal to age five, at the Patriots Park Site where children can learn and play. Along with the funding of the Tot-Lot there will also be a beautiful butterfly garden, which will provide enriched opportunities for children to learn in an outdoor environment.

The park is scheduled to open in October 2008. The ground-breaking ceremony was held on April 26th at 11 am at the Palm Avenue site. Supervisor Susan Peters and Neighborhood Liaison Roger Berkenpas led other community leaders and neighbors in the ceremony. Names of staff who worked to have the new park grant approved were Lee Ann Yarber, Chris Hansen, and Celeste Alvarado.



Photo: Amanda Morello

Supervisor Susan Peters (center) leads ground-breaking event at Patriots Park



Sample Tot-Lot to be built at Patriots Park- CRPD image

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DART 18th Annual Art & Music Festival

Carmichael Students Showcase Art & Music to the Carmichael Community Festival & auction provide necessary funds to support art and music programs at Deterding

Deterding Elementary School will host its 18th Annual Art & Music Festival on Sunday, May 4th from 11 am - 3 pm. The Deterding Festival is always a great family event with food, games, entertainment, along with musical performances and art displays. Admission is FREE. This is a day for the entire community to participate and is a showcase for our wonderful Carmichael area school.

In addition to the amazing art of Carmichael students, the Festival will also highlight Deterding's band and choir performing along with the Sacramento Symphonic Winds.

At Deterding, every student in 4th, 5th and 6th grades learns to play an instrument. All musical instruments are provided by the Deterding Arts Resource Team (DART), a non-profit organization dedicated to supporting arts and music program at Deterding.

DART will also host an Arts Auction on



Deterding's student band will perform with the Sacramento Symphonic Winds at the 2008 Art & Music Festival.

Saturday, May 17th from 5 pm - 10 pm. Money raised at both the Art Festival & Auction subsidizes art & music teacher salaries, purchase and repair of musical instrumentals, funding for public art projects at the school, the after-school Art Club & School Choir, and field trips for all classes to view live musical and drama performances.

Deterding remains the only elementary school in San Juan Unified School District that has an instrumental music program during the regular school-day.

For more information, visit www.deterding.org or call (916) 880-4053.

CARE is Receiving an Average of 200 Online Enrollments Per Day

Customers Of Pacific Gas And Electric Company Can Now Enroll Online For Lower Energy Bills Through The CARE Program

Thousands of low-and fixed-income gas and electric customers who are eligible for the California Alternate Rates for Energy (CARE) Program can now enroll faster and receive a 20 percent discount on their monthly energy bill, thanks to a new online enrollment tool announced by Pacific Gas and Electric Company.

Qualifying customers can submit their application online and be enrolled in the CARE Program within 2 business days. The discount will appear on their bill after a full billing cycle. On average, CARE saves households \$42 per month on their gas and electric bill.

"Customers now have access to the internet via home, libraries, educational institutions and community assistance organizations," said Linda Fontes, PG&E's CARE Program supervisor. "Because of the availability of technology,

we have created online enrollment for the convenience of our customers."

Since the program's inception in 1989, PG&E has saved customers more than \$2.5 billion on their energy bills. Currently there are 1,113,005 customers throughout PG&E's service area enrolled in CARE, which represents 73% of the total who are estimated to be eligible. There are still more than 400,000 households in northern and central California who are financially eligible for CARE, but not yet enrolled.

Every year, the CPUC adjusts the maximum qualifying income levels to reflect changes in the federal poverty guidelines.

Number of People Per Household Qualifying Income Levels

(Effective June 1, 2007- May 31, 2008)

1 or 2	\$29,300
3	\$34,400
4	\$41,500
5	\$48,600
6	\$55,700

Add \$7,100 for each additional household member.

To learn more about CARE or enrolling online, please visit our website at www.pge.com/care or call 1-866-PGE-CARE.



French President Takes on Tradition

This morning, I took a shower.

OK, not as significant perhaps as the impending nuptials of Pamela Anderson and Bigfoot (you have to keep up!), but for me it was an important milestone: It had been six weeks since my last shower.

That was when I broke my collarbone, which meant wearing a back brace. The brace chafed and pinched, but most important, it prevented me from showering and properly washing various body parts key to personal hygiene.

Six weeks can seem a lifetime -- in a relationship or a political campaign, and especially in the life of an unwashed armpit.

But now that I am no longer a member of the "great unwashed," I'm ready to move on to more important topics, such as international affairs, specifically the affairs of French President Nicolas Sarkozy, who has divorced his wife and married Italian model-turned-singer Carla Bruni, who -- and this is true -- reportedly said, "I want a man with nuclear power," meaning not a surefire way to keep her hair-dryer humming, but real-live nuclear weapons -- a requirement that would severely limit her dating pool.

(I wonder, do other women list this kind of preference on their online dating accounts? Would they be satisfied with a man limited to carrying on conventional warfare with an aircraft carrier fleet?)

The French, of course, are aghast at the behavior of their head of state because, um, I'm not sure exactly.

It's not as if past presidents were expected to be faithful. In fact, a little straying seemed to be part of the job description.

President Francois Mitterand had a whole second family, including a mistress and a daughter, who walked behind the first family at his funeral.

Mitterand, however, maintained the public fiction that the second family didn't exist, for which the French people were grateful -- for some reason.

(Bonus relationship tip for American husbands: If you are planning to take up with a mistress and produce more offspring, assure your wife that you will be discreet about it -- even promising not to invite the second family to the Fourth of July barbecue if that's what's necessary to keep the peace.)

Your wife will no doubt appreciate your thoughtfulness and be grateful, just like the French people, though before you bring up what could be a delicate matter you might want to check on the readiness of your own nuclear arsenal.)

But in marrying his girlfriend, Sarkozy refused to follow Mitterand's lead.

"Carla and I have decided not to lie," Sarkozy announced. "I have decided to break with a hateful tradition in our republic: hypocrisy and lies."

Well, there's the problem right there. Sarkozy may call it a "hateful tradition," but, let's face it, hypocrisy and lies have a long and proud history.

Imagine an American president refusing to "pardon" a turkey just before Thanksgiving, even though most people secretly understand that few of the birds actually return to civilian life.

People need their traditions. In my case, that means taking a daily shower.

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Carmichael Times

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Donating blood is safe, easy and takes about an hour. Donors must weigh at least 110 pounds, be at least 17 years old (16 with a parent's consent) and be generally healthy. There is no upper age limit for blood donations.

Seeing is Believing: A Walk Into Biblical History



Dome of the Rock

By Mary Jane Popp

Do I look a bit weary? Well, I should. I just returned from a whirlwind journey to the Holy land that pushed us twelve hours a day taxing the heartiest of souls. Emotional? Yes! Inspiring? Indeed! Questioning? You bet! It was evident from the very beginning that many of our stops were speculation at best whether these were the exact spots where Christ was born, walked, preached, and died. Did it make a difference? Perhaps to the devoted Christian who needs an absolute spot to touch. But just knowing that I was walking the land where it all began was just fine for me.

I cannot cover all that I did, but I had some favorite spots like the Sea of Galilee (not a sea but a lake) where Christ threw out his net for his apostles. To put my hands in the very water and touch the soil brought me that much closer to what happened so long ago. To ride on a boat similar to the ancients singing songs of praise and seeing the sun set on the water upon which Christ was purported to walk was truly inspirational.

I must say that I was rather disappointed by the mighty River Jordan. I expected it to be flowing as I had seen in the movies. But the mighty Jordan was not so mighty after all. It was a rather grimy creek at best. But knowing that somewhere on its shores is where Jesus met John the Baptist and was baptized was enough for me. To this day, followers from around the world immerse themselves in its waters just as they did two thousand years ago.

I was especially anxious to see where the Christ Child was born. And it didn't matter to me that Christ was probably not born in December but most likely September. Just to explore the Church of the Nativity and put my hands on the probable spot where Mary held Jesus that first night was awesome.

And you would be amazed at the orthodox influence in the church with its ornate icons and hundreds of hanging chandeliers.

I would be remiss if I were to leave out the incredible walk into the Garden of Gethsemane. This is where Christ spent his last hours before the legions took him away to his inevitable fate. To see the simplicity of the place he chose, and to be so near the tree that perhaps Christ touched that

very night was inspiring. There before me stood a tree that experts claim is over 2200 years old. Could it have been that very tree that he touched?

From the beginning of the story of Christ to the end made it all a worthwhile journey, especially after I walked the Via Dolorosa...the actual path where Christ was led from Pontius Pilate to be crucified. To have the privilege of carrying this very heavy wooden cross on my shoulders as Jesus did, certainly brought me sadness and pain at every station of the cross. But my sadness was even more profound as the stations are nearly invisible in the clutter of the cubbyhole shops hawking toy camels and cameras to every chinchy souvenir you can imagine. What a cheapening of history and religion alike. Would I have traded the experience? Not on your life, but truth is truth, be it good or bad. Still, to walk the streets of Jerusalem brought home the 4000 years of history and the secrets they possess.

However, one question did plague me. When we visited the huge cathedral that housed the location where Christ was crucified, I was amazed that the sepulcher where he was laid to rest was only some eighty steps from the site of the crucifixion at Golgotha. The movies I had seen from "The King of Kings" to "The Greatest Story Ever Told" made it seem like it was some distance where Christ was laid to rest. But it was explained that it was necessary

to inter his body before sunset according to Jewish law, or the body would have had to stay on the cross an additional two days since the beginning of Sabbath began sundown on Friday. So a place had to be secured rather close to make it happen since he was taken down from the cross sometime around 3 PM. Still, it does seem rather strange when you walk the walk.

History came alive for me when we climbed into the cable car for the ride up the mountain to Masada where 967 zealot Jews held off the Roman empire. To walk into the rooms where they lived and died was an incredible experience. The technology of their survival cannot be duplicated with all our sciences today. To look down upon the outlines of the Roman encampments which you can still see today brought it all home...the story of Jews that abhorred slavery so deeply that they preferred to die upon that mountain. It was meant to be that the Romans held off scaling the walls that last night which allowed the Jews time to take the lives of their families and one last man to commit suicide. Slavery was not acceptable. Death was. It was so appropriate that a few sprinkles came down as the story was told. It was as if these were tears of those who died rather than accept slavery.

I had to include this one photo of this woman riding her donkey along a busy roadway. Could it be that she was going to market? What I saw in this sight as well as others with goat herds on the streets as we walked is that we may be living in the 21st century, but the clash of the ancient and the new continues to be a reality.

Another site I was looking forward to seeing was Qumran where caves pit the sides of the mountains where the Dead Sea scrolls were found and continue to be found. Many of these caves are still being excavated, so who knows what stories they have to tell. Perhaps they will shake the world with their mysteries, and perhaps it is what is sorely needed to change the war ways of religion for centuries until today. To actually see the scrolls at the Israeli Museum in a darkened and secure room was totally inspiring.



The Wailing Wall

That brings me to the Dead Sea itself. By the way, it's not a sea but a lake also. How the tourists flock there to cover themselves in Dead Sea mud for health purposes...they say. I put my hand into the water but passed on immersing myself in its murky waves. But it was clear that it impressed many from around the world.

Now, I can't forget to share my experience at the wailing wall. Here, men and women were separated. There was a "he" wall and a "she" wall. I have to admit it rubbed me the wrong way at first, but my respect for their tradition kept my comments in check for the most part. I did get to touch the wall, and seeing the devotion of so many, inspired me to write my requests on a slip of paper and insert it into a tiny crevice in the wall. We shall see!

Finally, entering the Palestinian side of the western wall was impressive. I could not resist asking some fine young Palestinian soldiers if it would be proper to a picture with them. They were only too happy to oblige. Just young boys, but doing the job they were asked to do...to keep the peace the best way they could. Tradition once again reared its head as we came into view of the holy places in the Muslim area. Our tour guide informed us that men and women were not to touch in this area...do not hold hands even spouses...do not even touch each other. Strange, but it is a culture we as Americans will never come to understand. But, to stand in front of the mighty Dome of the Rock brought it all home to me that people may be divided by religion, but not by devotion to their own beliefs.

There was so much more to tell you, but space does not allow for more. Would I have passed up this opportunity to experience history? No, absolutely not. Did it validate my beliefs? Perhaps it brought up more questions for me than validation. But is that so bad? Remember, the Almighty gave us a mind to question. Does that mean that my faith is shaken? If that is all that it takes to shake one's belief, then there was no faith to begin with! Suffice to say, my belief is secure.



Church of the Nativity



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How Many Realtors® Does it Take to Change a Light Bulb?

(Sometimes, as many as 5000)

In a multi-pronged “green” effort, the Sacramento Association of REALTORS® is promoting both CFL light bulbs and shade trees throughout Sacramento County, while raising money for its scholarship fund at the same time.

The Sacramento Municipal Utility District (SMUD) partnered with Greenlite, a manufacturer, to provide 40,000 CFL (compact fluorescent light) bulbs to the Sacramento Association of REALTORS® in time for Earth Day. SAR is selling them to its members in its retail store for a minimal price. All money generated by the bulbs is given to the SAR scholarship fund.

“With the help of SMUD and the Sacramento Tree Foundation, area REALTORS® are able to help homeowners save energy inside with the CFL bulbs, and save energy outside – up to 40% on a home’s cooling costs – with properly sited shade trees. The program has been so well received that it will not only save energy, but the proceeds of the CFL sales are contributing significantly to our scholarship fund,” Alan Wagner, President of SAR, said in announcing the program.

REALTORS® give the CFL bulbs to their clients to help encourage them to save energy, Wagner, a REALTOR® with RE/MAX Elk Grove, noted. CFL bulbs use 75% less energy than incandescent bulbs and last six to ten times longer. Many local

real estate offices have purchased the CFL bulbs by the case, Wagner said.

Included with the CFL bulbs is information urging homeowners to contact the Sacramento Tree Foundation, which provides trees to area homeowners who are SMUD customers. The Sacramento Tree Foundation will send a community forester to the homeowner’s house to site the trees, and will provide shade trees as well as stakes, ties and advice.

The SAR Scholarship Trust was founded 46 years ago to promote interest in the field of real estate as a career and to develop closer relations between the colleges and the real estate profession. The scholarships will be awarded by SAR on June 3. “We hope to award \$20,000 to \$30,000 to twenty Sacramento students,” Wagner said. The fund initially provided \$100 to \$200 scholarships for Sacramento students attending American River Junior College, Sacramento City College and Sacramento State College (now California State University, Sacramento). Over the years SAR has expanded the scholarship program to support students pursuing real estate, business and a variety of other fields at many different institutions across the United States.

In the meantime, area REALTORS® are working to change light bulbs throughout Sacramento County. Of the initial supply from SMUD, more than 2000 have already been distributed.



Fiscal Fitness Builds Reality From Dreams



TRANSPAC
FINANCIAL

By Delia Fling

The recent Federal Reserve move to aid Bear Sterns has caused an incredible outcry from Wall Street to Main Street. Most cries have a common cord of outrage for the “Bail Out” using taxpayer money! This has been a continuous crescendo from the uninformed.

Anyone who has any understanding of how our financial system functions would be remiss not to applaud the Federal Reserve at stemming what could have been a crisis of confidence, which would have resulted in a run on the banking system. Don’t forget the financial system in this country works on the concept of leverage.

This takes me to the topic today, Financial Literacy. We will all agree that the prowess of the United States was built on a foundation of innovative enterprise coupled with a ready and able labor force and a hefty dose of moxy. In other words as a country, we know how to make money. After that, we seem to be strained to understand what to do with our money once we have earned it. No surprise that spending is our national pastime. So many have excelled at it, over 50% of households spend 110% of their incomes! Numerous studies determine the average American doesn’t have the basic knowledge of how money works. Granted, it is no longer just cash anymore...we have credit cards, debit cards, money market accounts, ATM machines, and automatic payments, which are often greater than the automatic deposits. In a recent survey, the concept of bankruptcy was more familiar to those

surveyed than the concept of compounding interest. It is baffling to me that a strata of the population that can juggle countless fantasy football statistics and the attendant mind boggling drafting rules can’t seem to balance a check book. Let’s face it...as a whole we are a financially challenged population living in the most financially sophisticated country in the world. How can you get your financial house in order without the tools of knowledge, much less with no blueprint to follow? Daily more and more responsibility is being shifted back to each of us to manage everything from retirement income to health care costs. Are you up to the task?

Educate yourself through professionals. If you want to get rich, talk to rich people...not your brother in-law who just borrowed \$50 until payday. Tackle issues one at a time. Let’s start with your home. Do you know how much it is worth in today’s market? Is it properly financed in this ever-changing mortgage landscape? Have you positioned yourself for the next up turn in the real estate cycle? As mortgage planners, our mission is to educate our clientele on financial and mortgage decisions so to best position them to attain their goals. We have a wealth of knowledge to share with you... you are welcome to tap our resources and even borrow our tools!

Delia Fling is a Mortgage Planner with TransPac in Fair Oaks. Contact her for questions or comments at 916-284-0066 or deliaf@transpacfl.com.

R.F.D.

by Mike Marland



Weekly SUDOKU

Answer

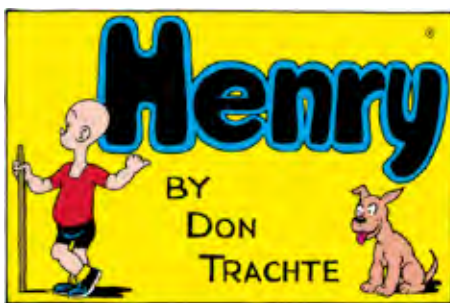
6	1	5	9	8	7	3	4	2
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King Crossword

Answers

Solution time: 25 mins.

A	L	M	A	S	O	W	S	H	A	G
G	A	I	N	C	H	A	T	O	P	E
H	O	L	D	F	A	S	T	E	L	S
A	S	S	E	R	T	E	V	A	D	E
S	E	T	R	A	M	S				
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D	O	L	E	O	R	T				
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O	R	E	O	E	N	E	A	C	R	E
P	E	R	M	L	O	G	S	T	U	D



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Amber Waves

by Dave T. Phipps



Riley Reviews

By Tim Riley

APATOW COMIC FACTORY MAKES "SARAH MARSHALL" UNFORGETTABLE

FORGETTING SARAH MARSHALL (Rated R)

The Judd Apatow comic factory, churning out raunchy, bawdy comedies at a rapid clip, is at it again, this time with the inspired writing of a star pupil who apparently learned much from writer-director Apatow after stints in his TV series and "Knocked Up." Drawing on personal experience of failed romance, Jason Segel penned the script for "Forgetting Sarah Marshall" and thereby became perfect for the starring role of the person victimized by the brutal heartbreak inflicted by the film's titular character. As the film's producer, Apatow has turned over the directing reins to Nicholas Stoller, a collaborator on many TV and movie scripts. Evidently, Apatow's repertory company has the magic touch.

As the title implies, "Forgetting Sarah Marshall" is about the painful heartache of a romantic split, in which Jason Segel's Peter Bretter is devastated that his beautiful girlfriend, Sarah Marshall (Kristen Bell), is dumping him. This movie achieves, perhaps, the most awkward, yet funny breakup ever seen. Peter is just getting out of the shower at his home, when Sarah shows up. Expecting a daytime tryst, Peter drops his towel, revealing the full monty for all to see. Obviously, he was clueless about the real reason for her unexpected visit. As he refuses to put on clothes, the inevitable separation talk becomes increasingly uncomfortable and clumsy, but in a completely hilarious fashion.

In many ways, Peter and Sarah are a very unlikely couple. She's a glamorous TV star on a crime series, one that is spoofed delightfully as a "CSI" type show in which she and William Baldwin are engaged in earnest sleuthing. A musician with a slacker attitude, Peter has been scoring the music for her hit TV series, thus he's unable to completely shake any ties to the very appealing actress. He's reduced to sitting around his house in the same pair of sweatpants and eating cereal from gigantic bowls.

After a fruitless bout of womanizing and

a meltdown on the job, Peter believes that not having Sarah in his life may well destroy it forever. At the urging of his brother Brian (Bill Hader), whose advice is not always helpful, Peter takes an impulsive trip to Hawaii to clear his head. Unfortunately, Sarah is already staying at the same swank resort hotel with her new flame, self-absorbed hipster and British rocker Aldous Snow (Russell Brand). Peter's extended stay at the beach resort becomes problematic and discomfiting, especially since Sarah has all too many public displays of affection with the obnoxious rock star. Wallowing in too many fruity cocktails and hysterical crying jags, Peter torments himself with the reality of Sarah's new shallow life.

Relief from self-pity comes in the form of flirtations with very pretty hotel desk clerk Rachel (Mila Kunis), whose laid-back approach tempts Peter to rejoin the world of the living. Rachel offers emotional support, and soon gets Peter to loosen up a bit with a few lively encounters with some of the locals, which don't always go smoothly. Deciding to take surfing lessons from Chuck (Paul Rudd), the typical stoner whose brain has been fried beyond repair, he flails away in the waves, enduring one mishap after another. Then, there are the strange run-ins with hotel staff, mostly with the creepy waiter Matthew (Jonah Hill) who's anxious for Aldous to listen to his musical demo CD.

"Forgetting Sarah Marshall" delivers plenty of unforgettable comedy, generating laughter not just for Peter's sad predicament but for the sarcastic banter that sometimes elevates the dialogue beyond the merely sophomoric. However, this being an Apatow production, the humor is not on the level of high-brow Noel Coward witticisms. Despite the raunchy comedy and the shock value of Peter's disrobing, this movie seems a whole lot tamer than "Superbad," dwelling as it does on the Peter's essentially sweet vulnerability. Still, "Forgetting Sarah Marshall" pushes the boundaries, earning a well-deserved R rating.

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Assemblyman Niello Introduces School Choice Legislation



Assemblyman Roger Niello

AB 2651 would give parents of children in low performing schools a choice in education.

Assemblyman Roger Niello (R-Fair Oaks) has introduced legislation, AB 2651, that will provide parents of children in low-performing schools with a choice in their child's education.

Specifically, AB 2651 will allow parents of children in schools with less than a 600 API score, to transfer to a performing public school of their choice or receive a tax credit of up to \$5,000 to enroll their child in a private school. California currently spends over \$10,000 per pupil from all sources.

If passed, the legislation will take effect

for the 2010-11 school year, giving schools a two-year time frame to get up to par.

"California's public education system has done a good job for a long time of educating our youth. However, some of our schools are simply failing to get the job done. Unfortunately, California's current system offers limited choices for parents in the education of their children. In those instances where the school is failing their children, it is essential that we give parents an alternative, up to and including the offer of a tax credit to help them pay for their child's education," said Assemblyman Niello.

AB 2651 would additionally inject a degree of competition into the public school system that would force low-performing schools to perform better. In other states, including Florida and Ohio, where similar programs were implemented, low performing schools that were faced with even the prospect of losing students made substantial gains in performance.

"Our current system rewards failing schools with more funding. I believe that there needs to be consequences for their failure and there is maybe no greater consequence than the loss of students. The bottom line is that students in schools that are underachieving deserve better. My ultimate hope is for every school to achieve, but until they do, the Legislature should empower parents with a choice in their child's education," said Assemblyman Niello

AB 2651 will be heard in the Assembly Revenue and Taxation Committee on Monday, April 28, 2008.

Supervisor Susan Peters to Hold "Office Hours" in Carmichael



County Supervisor Susan Peters

County Supervisor Susan Peters will be holding "Office Hours" on Saturday, May 10, at Carmichael Park during the annual Canine Craze Fun Dog Show.

Peters will set up a table near the event between 9:30 to 11:00 a.m. for residents who wish to drop by and discuss with her items of interest. No appointment is necessary; visits will be handled on a first come first served basis.

"Carmichael's annual dog show is a great event that provides a lot of fun and laughs for the entire family," says Peters. "Establishing 'Office Hours' provides the opportunity to

mix business with pleasure. I'll be available to talk about county matters while people can enjoy watching the canine contestants vie for such honors as the 'Waggiest Tail' or 'Biggest and Smallest Dog'."

"I hope everyone and their four-legged best friend participates in the annual fun sponsored by the Carmichael Recreation and Park District," Peters added, who will be there with her Welsh terrier, Bryn.

In March Peters held "Office Hours" during Carmichael's annual egg hunt and pancake breakfast. Last year she held these public meetings at five community events in Arden Arcade, Carmichael, East Sacramento and Old Foothill Farms.

The dog contest runs from 9 a.m. to 12 Noon. Carmichael Park is located at 5750 Grant Avenue.

For more information about the dog show, call the Carmichael Recreation and Park District at 485-5322 or go online to carmichaelpark.com.



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RETIREMENT & ASSISTED LIVING

Military Graduates Hometown News



Air Force Airman Shannon M. Shaw has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

She is the daughter of Marty Shaw of Mesa, Ariz., and Sheena Shaw of Stanley Ave., Carmichael, Calif.

Shaw is a 2007 graduate of Skyline High School, Mesa.



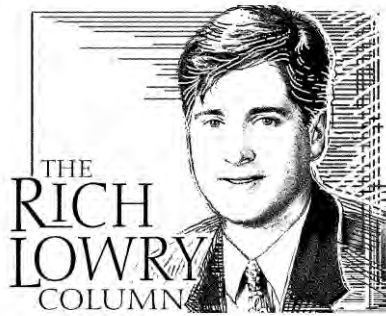
Air Force Airman Ryan L. Hayes has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

He is the son of Paul P. and Sylvia Hayes of Stoughton Way, Sacramento, Calif.

Hayes is a 2007 graduate of Capital Christian High School, Sacramento.



What is Predatory Lending?

At the center of the housing crisis, we're told, is someone called the "predatory lender."

He gulled poor people into taking mortgages "designed to fail," as Hillary Clinton has put it, and as the housing market collapsed, he enjoyed the resulting foreclosures. The predatory lender sucks the life out of the American dream, and only new regulations can stop him.

Such is the myth driving the housing debate in Washington, where both Democrats and Republicans are rushing toward a mortgage bailout. Of course there are unscrupulous mortgage brokers and bankers, just as there are unscrupulous politicians. They earned their fees by deceiving people into taking foolish subprime loans. Then, as "securitized" mortgages, the bad debt was unloaded onto investors.

But the real cause of the housing mess is a classic bubble in the housing market, the bursting of which has hammered lenders as well as borrowers. If the housing market had continued to rise, we never would have heard complaints about subprime loans. In fact, Washington had long encouraged these sorts of loans through the Community Reinvestment Act (CRA) as a way to make marginal -- largely minority -- borrowers into homeowners.

What's the difference between socially responsible loans extending the American dream to deserving people with poor credit histories and predatory lending? It's whether those loans work out or not. If they don't, lenders suddenly become "predatory." Strangely, the more "predatory" they become, the more likely they are to go out of business under the weight of worthless mortgages.

The CRA forced lenders to lower

their standards to get mortgages to more minorities and permitted the "securitization" -- the sale on secondary markets -- of subprime loans. Hillary Clinton complains, "Subprime loans are five times more likely in predominantly black neighborhoods." As if that weren't the entire point.

As long as the market continued going up, subprime loans were good deals. People got an appreciating asset without spending much on it. If they got in trouble, they could sell or easily refinance.

For a glorious few years, all the rules had been suspended. Wall Street gobbled up subprime loans on the secondary market because the old underwriting standards seemed to be for fuddy-duddies. It was a typical mania. Washington can now make it into a morality play, but it partook of the delusion: Both political parties celebrated the increase in homeownership; the Federal Reserve expanded the bubble with historically low interest rates; and the CRA positively demanded improvident lending.

The best thing for the housing debate would be for everyone to absorb some hard truths: 1) Housing prices rose 50 percent between 2000 and 2006, and no one is going to start buying again -- or know how much mortgage-backed securities are really worth -- until the market hits bottom; 2) It has to be more difficult to buy a home; 3) Out of the 46 million mortgages in the country, 42 million are being paid on time by people called "taxpayers." What they should fear is not foreclosure so much as the taxpayer-funded bailout schemes of predatory politicians.

Rich Lowry is editor of the National Review.

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King Crossword

Answers on page 4

ACROSS

- 1 - mater
- 5 Piglet's mama
- 8 Carpet style
- 12 Profit
- 13 Dance syllable
- 14 What teetotalers don't do
- 15 Cling
- 17 Additionally
- 18 Claim
- 19 Ducks
- 21 Collection
- 22 St. Louis team
- 23 Scrooge's cry
- 26 Slithery swimmer
- 28 Informative
- 31 Sci-fi villain
- 33 Plagiarize
- 35 Croupier's tool
- 36 Lily variety
- 38 Bribe
- 40 Yang counterpart
- 41 Robert or Elizabeth
- 43 Doggy bag tidbit
- 45 "Cheers!"
- 47 Rug
- 51 Restrooms, for short
- 52 Restrain
- 54 Hydrox look-alike

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51						52	53					
54						55				56		
57						58				59		

- 55 Away from WSW
- 56 Lot measure
- 57 Hair salon request
- 58 Journal
- 59 Poker type
- DOWN**
- 1 Ottoman official
- 2 Cambodia neighbor
- 3 Wire measures range
- 4 Llamas' range
- 5 Strew about
- 6 Surprise
- 7 Commonest liquid
- 8 Soft-shell clam
- 9 Rule
- 10 Basilica area
- 11 The Bee -
- 16 Gratis
- 20 Forefront
- 23 Telly net
- 24 Carte lead-in
- 25 Continue with
- 27 Part of UCLA
- 29 Tackle moguls
- 30 Longing
- 32 Develop
- 34 Smuggle
- 37 Actress MacGraw
- 39 Incite
- 42 Lucy's partner in mischief
- 44 Members of the brass
- 45 Drop (down)
- 46 Exceptional
- 48 Treaty
- 49 Beige
- 50 Scratched (out)
- 53 Lennon's lady

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Community Shredding Day Free E-Waste Disposal

On May 10, 2008 from 8:00 AM til Noon in the Parking lot of the Carmichael Elks Lodge #2103 there will be a community shredding day. This is the time members and people & businesses can bring their documents to be shredded. People have a tendency to store and accumulate private papers and keep them almost forever. There comes a time when they say it is time to clean out all these old files and papers. Many years in the past it was simply a matter of tossing them into the trash. Today, that really isn't the smart thing to do in view of the fast increasing crime of identity theft. Some people buy a shredder for their home which can do the job. However, if you are like many who have A LOT OF PAPERS to get rid of this is a time consuming effort. Our Community

Shredding day is the solution to that problem. So, take advantage of this service and help prevent any of your papers, files, or confidential records from falling into unauthorized hands. The lodge is charging \$10.00 for a file size box and \$5.00 for a grocery bag. There will be no limit on the amount of material to be shredded. This is a fund raiser and whatever proceeds will go to the refurbishment of the lodge restrooms.

This time there will be an added service at no cost. We will also have an Electronic waste recycling truck in the parking lot. You can bring all your unwanted computers, monitors, televisions, and other electronic devices and drop them off. There will be no charge for this service. The E-Waste truck will be available from 8:00 AM to 3:00 PM.



Cruisin' By Greg Zyla

Chevy Bel Air

Q: Greg, was there ever a 1954 Chevy Bel Air Club Coupe? I own a '48 Chevy Coupe, a '51 Club Coupe and a '53 210 Club Coupe. What would they be worth today? Also, my brother has a '53 Chevy 210 two-door sedan. It has been in the family since day one and is in mint condition. -- William W., Pottsville, Pa.

A: William, you and your brother have some really nice Chevy models in your possession. As for the 1954 Bel Air Club Coupe, it was officially called a Sport Coupe in its first "stand-alone" model year of 1953, and again in 1954. The Club Coupe badge came in Chevy series 150 and 210 models, but not the Bel Air models. Bel Airs, however, first appeared in 1951 and 1952 as part of the Chevrolet's Styleline Deluxe series, but not under Club Coupe designation.

Here is the pricing for your cars (all rated in good condition) based on current book values: \$6,125 for the '48 coupe; \$5,500 for the '51 Coupe; \$6,450 for the '53 Club Coupe model; and \$6,175 to a mint of \$13,500 for your brother's '53 210 two-door sedan.

Remember, what a book guide states a car is worth and what someone actually pays for it are often two completely different numbers. Thanks for your letter, and good luck with your Chevys!

Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to gzyla@ptd.net.



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Students Skip Class for Good

On Wednesday, April 30, 2008, nearly 300 junior high and senior high school students are skipping class, but they won't be in trouble with the law for being truant. Even their teachers are skipping school. It's all for a good cause. It's the 21st Annual Victory Christian School Work Day. Students and staff will fan out across the Sacramento region for a day of community service. They will put down their books and pick up rakes, shovels, and paint brushes.

This year, Work Day locations include community parks, a convalescent home, and homes of elderly residents.

For Work Day students secure sponsors to pay an hourly wage for the work they

complete. Monies collected go to support the school. This year's goal is \$25,000.

"Our students understand what it means to give back to their community," says Development Coordinator, Linda Melody. "It's a win-win situation. They help the school and the community at the same time. Everyone wins."

For more information, contact:

Linda Melody
Development Coordinator
Victory Christian Schools
3045 Garfield Avenue
Carmichael, CA 95608
916-488-5601 ext. 116
lmelody@victorycs.org

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Carmichael Elks To Host Bloodsource Blood Drive

On Friday, May 2, the Carmichael Elks Lodge will host a BloodSource blood drive. Everyone is welcome.

Carmichael Elks Lodge Blood Drive
5631 Cypress Ave.
Carmichael
Friday, May 2, 2008
9:30 a.m. – 2:30 p.m.
For more information, please call
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Donating blood is safe, easy and takes about an hour. Donors must weight at least 110 pounds, be at least 17 years old (16 with a parent's consent) and be generally healthy. There is no upper age limit for blood donations.

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Free Spring Concert

The Sacramento Concert Band, under the direction of Grant Parker, will be presenting a spring concert at 7:30 PM on Monday, May 12, 2008, at Christ Community Church in Carmichael.

This is the 38th season for the fifty-five member Sacramento Concert Band, an out-

standing wind ensemble comprised of talented volunteer musicians from Sacramento and the surrounding areas.

The concert is free. Christ Community Church is located at 5025 Manzanita Avenue between Winding Way and Madison Avenue. Directions: Take the Madison Avenue east exit from Interstate 80. Turn south on Manzanita Avenue. The church is on the right about 0.3 miles past the Madison/Manzanita intersection. More information is available by calling (916) 691-7632. The Sacramento Concert Band is a non-profit organization sponsored by the Sacramento Valley Symphonic Band Association.

Flag Day Celebration

Saturday, June 14, 2008 11:00 A.M.
Carmichael Lodge # 2103
5631 Cypress Avenue
Carmichael, CA 95608

Members of the public are invited to attend the Carmichael Lodge annual Flag Day ceremony to be held on Saturday, June 14, 2008 at 11:00 a.m. to join with our Members in the celebration of the history of our Nation's Flag, the emblem of freedom and the symbol of unity

The Benevolent and Protective Order of Elks were the first and only fraternal organization to require an annual tribute to our country's flag, long before it became a National Celebration. Included in this ceremony is a history of our flag

along with a presentation of seven of our earlier flags by members of our Lodge sponsored Boy Scout Troop # 386.

Patriotism is as important today as it has ever been at any time in our Nation's history, and nothing inspires patriotism more as seeing the stars and stripes along with hearing a brief summary of the conflicts in which our countrymen sacrificed so much in the defense of our freedom and continue to do so. PLEASE JOIN US!

River City Choral

"My Spirit Sang All Day" is the title of the spring concert presented by the 60-voice RIVER CITY CHORALE, under the direction of Richard Morrissey. Sacred songs, spirituals, and other popular songs by John Rutter, J.S. Bach, Jester Hairston, George Gershwin, Cole Porter, and others will be performed. The Chamber Choir, a smaller group selected from within the Chorale, will sing 2 numbers, "Elijah Rock" and "Nice Work if You Can Get It."

Performances:

-Friday, 7:30 p.m., May 16, Christ Community Church, 5025 Manzanita Avenue, Carmichael

-Sunday, 4:00 p.m., May 18, Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd, Fair Oaks

-Donation: \$12 adults, \$5 under twelve, at the door or in advance at 916-331-5810. Discounts are available for groups of ten or more.

Additional Information: Kay Muther, kmuther@csus.edu, 916-967-9221 phone or FA

"Ars Gratia Artis," Art for Art's Sake, May 6-18, 2008

"Not your ordinary art sale! This gallery show and sale is a fabulous opportunity to purchase quality works of art from local artists at a price everyone can afford. Each piece has been prepared for your home or office and donated by a gracious artist who supports the Sacramento Fine Arts Center, a non-profit organization.

How does the program work?

Purchase a ticket for \$75. Attend one of the gallery viewings including the special Second Saturday May 10th show, or look at the paintings on our web site, and choose a favorite piece (with alternates in mind). On May 18 at 2PM, a drawing will be held. As the names are drawn, the ticket holder will choose a work of art to take home. No one leaves empty-handed! Where else could anyone obtain an original work of art by a local artist for \$75.00?

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Final day for viewing, 11-3 PM May 18, drawing at 2PM.

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Carmichael, CA 95608.

Women of Carmichael Presbyterian Church present "Victorian Memories"

Mystery Stalks CPC Spring Fashion Show May 4th

Who knows what all will be revealed when the Women of Carmichael Presbyterian Church present "Victorian Memories" Sunday May 4, 2008 at 12.30 p.m. in McMillen Hall at the rear of the church on 5645 Marconi Avenue in Carmichael. This is the first Presbyterian Womens' May event in the new McMillen Hall.

A Victorian Boutique and Luncheon will take place with background melodic music of live "Chello Sound" before and during lunch. Then Lady Loftis will be featured in the Victorian Fashion Show

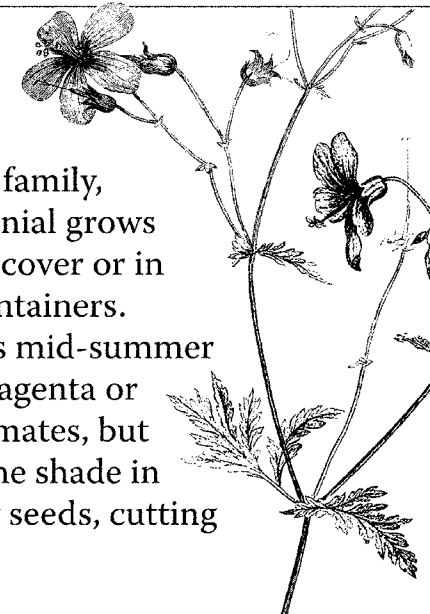
(with a "twist"). Learn the history of fashion since the turn of the century as Lady Loftis reveals all.

Lady Loftis is a fashionable Victorian woman with all the accouterments befitting her station in life. She takes us back to Victorian times by offering a somewhat different history lesson as she discreetly disrobes down to her chemise and drawers. We have heard it said that "Women love it men are amused."

All of this is available for a donation of \$18.00. Advanced Ticket sales are available through Church Circle Members, the Church office, 486-9081 or call "Liz" at 487-5418.

The Garden Bug

Cranesbill
From the geranium family, this perennial grows well as groundcover or in borders, rock gardens and containers. Native to Europe and Asia, its mid-summer flowers range from pink to magenta or purple. It likes sun in cool climates, but needs good moisture and some shade in hot climates. It propagates by seeds, cutting or dividing.



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Weekly SUDOKU

by Linda Thistle

Answers on page 4

		5		8	7	3		
	7		3					9
2				4			7	
3	5				1		8	
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	6		2			9		
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9				5				8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Smart Buyers Check out this one in Gold River Two-story prestigious Hesperian Village Home. Secluded cul de sac. 2800 sq. ft. 3 bedroom, 2 bath with loft. Built-in bookcases and large desk. Formal dining room, living room with fireplace, large family room. Plantation shutters, carpet, window coverings, Mexican paver tiles in entry, family room, kitchen and laundry room. Epoxy 3-car garage floor. Oversized backyard with extended stone patio, brick planters, variety of mature trees. New Lifetime concrete shake roof. Fabulous rock waterfall and pond. Built-in granite BBQ. Home backs up to greenbelt. \$560,000. No Agents. 916-853-2100 or 916-768-2255. (ARM)

FORECLOSED HOME AUCTION. Northern California Area. 1000+ Homes Must Be Sold! Free Catalog 1-800-470-9403. www.USHomeAuction.com (Cal-SCAN)

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LAND BARGAINS ON Possum Kingdom Lake. www.TheHillsAbovePK.com (Cal-SCAN)

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FICTITIOUS BUSINESS NAME STATEMENT #0803697. Donald E. Turner, 2512 Mission Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Don Turner Enterprises" at 2512 Mission Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 8, 15, 22, 29, 2008.
 DONTUR 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803397. Kayak Software Corporation, 2980 Bowers Ave., Santa Clara, CA 95051 is doing business under the Fictitious Business Name "SideStep, Inc." at 27 Ann St. #300, Norwalk, C 06854. Filed with the Clerk of Sacramento County on March 25, 2008. Publish: April 8, 15, 22, 29, 2008.
 SIDEST 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803694. National Audubon Society, Inc., 700 Broadway, New York, NY 10003 is doing business under the Fictitious Business Name "Audubon California" at 76 University Ave. #200, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 8, 15, 22, 29, 2008.
 AUDUBO 80402 4-29-0

FICTITIOUS BUSINESS NAME STATEMENT #0803167. Top Performance Auto Service Inc., 5940-B Don Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Top Performance Auto Service Inc." at 5940-B Don Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 19, 2008. Publish: April 8, 15, 22, 29, 2008.
 TOPPER 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0802950. James K. Laicovsky, 5100 Walnut Place Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Names "JKL Construction; JKL Design-Build" at 5100 Walnut Place Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 14, 2008. Publish: April 8, 15, 22, 29, 2008.
 JKLCN 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803691. Anatoly

Kitsen, 8243 Scarlet Oak Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "I&T Transport" at 8243 Scarlet Oak Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 8, 15, 22, 29, 2008.
 I&TTTRA 80402 4-29-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00007684-CU-PT-GDS WHEREAS, Yvonne M. Rees has filed a petition with this court for a decree changing name of Yvonne M. Rees to Beth Yvonne Rees. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 29, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 4, 2008.
 Shelleyanne W.L. Chang
 Judge of the Superior Court
 Publish: April 8, 15, 22, 29, 2008.
 REES 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803821. David Michael Thomas, 5853 Sutter Ave. #3, Carmichael, CA 95608 is doing business under the Fictitious Business Name "All Pro Painting" at 5853 Sutter Ave. #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 2, 2008. Publish: April 15, 22, 29, May 6, 2008.
 ALLPRO 80403 5-6-08

FICTITIOUS BUSINESS NAME STATEMENT #0803825. E85, Inc., 263 McLaws Circle, #100, Williamsburg, VA 23185 is doing business under the Fictitious Business Name "85E" at 263 McLaws Circle, #100, Williamsburg, VA 23185. Filed with the Clerk of Sacramento County on April 2, 2008. Publish: April 15, 22, 29, May 6, 2008.
 85E 80403 5-6-08

FICTITIOUS BUSINESS NAME STATEMENT #0803783. Troy Emmett,

5401 Valhalla Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Sierra Pacific Fence & Deck Co." at 5401 Valhalla Dr., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 2, 2008. Publish: April 15, 22, 29, May 6, 2008.
 SIERRA 80403 5-6-08

FICTITIOUS BUSINESS NAME STATEMENT #0803654. Dean S. Sault, 6823 Oaklawn Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "American Writers Publishing Company" at 5800 Jameson Ct. #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 15, 22, 29, May 6, 2008.
 ANMWRT 80403 5-6-08

FICTITIOUS BUSINESS NAME STATEMENT #0803924. Morrison Home Funding, LLC, 555 Winderley Place #3430, Maitland, FL 32751 is doing business under the Fictitious Business Name "Taylor Morrison Home Funding" at 1180 Iron Point Rd. #100, Folsom, CA 95630. Filed with the Clerk of Sacramento County on April 4, 2008. Publish: April 15, 22, 29, May 6, 2008.
 TAYLOR 80403 5-6-08

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES To Whom It May Concern: Ai Ly is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at 9555 Folsom Blvd. #A, Sacramento, CA 95827 with 41 - On-Sale Beer and Wine Eating Place license. Filed: April 15, 2008. Publish: April 22, 29, May 6, 2008.
 ALLY 80404 5-6-08

FICTITIOUS BUSINESS NAME STATEMENT #0804261. Sky Investments, Inc., 270 SW Natura Ave., Deerfield Beach, FL 33441 is doing business under the Fictitious Business Name "North Star Lending" at 270 SW Natura Ave., Deerfield Beach, FL 33441. Filed with the Clerk of Sacramento County on April 14, 2008. Publish: April 22, 29, May 6, 13, 2008.
 NORTHS 80404 5-13-08

FICTITIOUS BUSINESS NAME STATEMENT #0804228. Soleil Tranquilli, 9012 Meadowsweet Way,

Elk Grove, CA 95624, is doing business under the Fictitious Business Name "Sun Line Garden Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on April 14, 2008. Publish: April 22, 29, May 6, 13, 2008.
 SUNLIN 80404 5-13-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00008402-CU-PT-GDS WHEREAS, Brandon Bondaruck and Khrystyna Lotsunyak have filed a petition with this court for a decree changing name of Svyatoslav Volodymyrovych Lotsunyak to Svyatoslav Steven Bondaruck. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 23, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 11, 2008.
 Shelleyanne W.L. Chang
 Judge of the Superior Court
 Publish: April 22, 29, May 6, 13, 2008.
 BONDUR 80404 5-13-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00008424-CU-PT-GDS WHEREAS, Cuong Xuong Lo has filed a petition with this court for a decree changing name of Cuong Xuong Lo to Evan Lo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 30, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 11, 2008.
 Loren E. McMaster
 Judge of the Superior Court

Publish: April 22, 29, May 6, 13, 2008.
 EVANLO 80404 5-13-08

FICTITIOUS BUSINESS NAME STATEMENT #0802740. Delroy Murphy, 6404 Blue Vista Court, Rocklin, CA 95677 is doing business under the Fictitious Business Name "Miracle Method" at 5750 Roseville Road #2, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on March 11, 2008. Publish: April 29, May 6, 13, 20, 2008.
 MIRACL 80405 5-20-08

FICTITIOUS BUSINESS NAME STATEMENT #0804234. Sylvia E. Atkins and Clifford E. Atkins, both of 8225 Oahu Dr., Fair Oaks, CA 95628 are doing business under the Fictitious Business Name "Given To God Ministries" at 8225 Oahu Dr., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on April 14, 2008. Publish: April 29, May 6, 13, 20, 2008.
 GIVENT 80405 5-20-08

FICTITIOUS BUSINESS NAME STATEMENT #0804630. William Krause, 6331 Watt Ave., North Highlands, CA 95660 is doing business under the Fictitious Business Names "North Sacramento News; North Sac News" at 6331 Watt Ave., North Highlands, CA 95660. Filed with the Clerk of Sacramento County on April 23, 2008. Publish: April 29, May 6, 13, 20, 2008.
 NORTHS 80405 5-20-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00009049-CU-PT-GDS WHEREAS, Elliott Kellie has filed a petition with this court for a decree changing name of Elliott Josue Kellie to Elliott Josue Mejia. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on May 30, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 11, 2008.
 Loren E. McMaster
 Judge of the Superior Court

Dated: April 18, 2008.
 Loren E. McMaster
 Judge of the Superior Court
 Publish: April 29, May 6, 13, 20, 2008.
 KELLIE 80405 5-20-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00008056-CU-PT-GDS WHEREAS, Raymond Germaine Singh has filed a petition with this court for a decree changing name of Raymond Germaine Singh to Raymond Germaine Gastinell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 30, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 18, 2008
 Shelleyanne W.L. Chang
 Judge of the Superior Court
 Publish: April 29, May 6, 13, 20, 2008.
 SINGH -80405 5-20-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00008406-CU-PT-GDS WHEREAS, Tressa Morgan Whitney has filed a petition with this court for a decree changing name of Tressa Morgan Whitney to Morgana Phoenix Alexander. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 23, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 11, 2008.
 Shelleyanne W.L. Chang
 Judge of the Superior Court
 Publish: April 29, May 6, 13, 20, 2008.
 WHITNE 80405 5-20-08

CLASSIFIED continued

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Candidates Forum To Be Held, May 27

The Carmichael Chamber of Commerce will sponsor a Candidates Forum, Tuesday, May 27, noon at the Carmichael Park Clubhouse, 5750 Grant Avenue.

Assemblymember Alan Nakinishi, District 10 is termed out; so five candidates will be running for an open seat this election. They are David Sander, Jack Sieglock, Paul Hegyi, Alyson Huber and Jim Cook.

Incumbent Supervisor Susan Peters, District 3 is running for re-election and is being challenged by Warren Harding.

All the candidates have been extended an invitation to participate.

The meeting is open to the public and reservations are required. Cost of the luncheon is \$13.50 prepaid and \$15.00 at the door. Visa, MasterCard and Discover cards are accepted. To secure your seat call the Chamber office, 481-1002. Deadline for reservations is May 23.

Free Exercise In The Park!

Come try the new LifeTrail® fitness stations. Orientation sponsored by Area 4 Agency on Aging.

Instructor: Bill Swayne
Sessions begin **Tuesday, April 29th**-
Tuesdays 8-9am,
Wednesdays 10-11:00am
(Spanish speaking leader)
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Cost: Free.
Ethel Hart Center 915 27th Street,
Sacramento.
Info: (916) 808-5462.

LifeTrail® Celebration in the Park

Thursday, May 22nd 9-11am.

Come learn how to use the new LifeTrail® equipment in the park! There will be refreshments, prizes and ribbon cutting to celebrate the new fitness stations. Event sponsored by Area 4 Agency on Aging
Ethel Hart Center 915 27th Street,
Sacramento.

Cost: Free.
Info: (916) 808-5462.



Summer is almost here...Are You Prepared?

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- What your home/neighborhood/community risks are and what you need to do to prepare;
- How to manage utilities, hazardous materials, and put out small fires using the appropriate Fire Extinguisher;
- How to use "START Triage" and how to treat the "Three Medical Killers" by: opening airways, controlling bleeding, and treating for shock;
- How to provide basic medical aid;
- How to effectively search for and rescue victims safely;
- How to organize yourself and spontaneous volunteers to be effective as a team and collect disaster intelligence to support first responder efforts;
- Disaster Psychology;
- About Terrorism.

The next course begins Thursday, May 1, 2008. For more information or to register for this disaster preparedness training, call the CERT messaging system at (916) 566-4381 or email the Metro Fire CERT Program at cert@smfd.ca.gov. Feel free to log on to the CERT website for additional information and registration forms at <http://www.smfd.ca.gov/cert.htm>. Summer is almost here...Are YOU Prepared? Be Safe, Be Prepared, Be Empowered!

The Spats

by Jeff Pickering



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