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ANOTHER VERSION OF 'ETHNIC STUDIES'



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Civic Center Partners Up



Rendering from Griffin Swinerton of the company's proposed development of the Rancho Cordova Civic Center. Image provided by City of Rancho Cordova

City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - The City of Rancho Cordova is making great progress toward its goal of developing a civic amenity for our community. On July 20, 2020, the Rancho Cordova City Council voted to select Griffin Swinerton/Related Housing as a private partner to develop a 10-acre parcel located on Folsom Boulevard adjacent to Folsom Lake College/Rancho Cordova Center and across the street from the Mills Station Arts & Culture Center (The MACC).

our progress towards developing a civic center in the City of Rancho Cordova," said Deputy City Manager Micah Runner. "We look forward to working alongside Griffin Swinerton to take further steps to bring this project to life and hope that it will be a catalyst for future investors," he added.

As you might recall, the City Council held four public work sessions with residents, businesses and interested parties to refine the vision for the project, select a location, and review various site layouts. The City Council, after much public

input and discussion, has prioritized the potential uses for this project to a space for performing/visual arts, a recreational and housing space, a space to accommodate meetings, and an outdoor area for community gatherings.

City staff will continue to work with the Griffin Swinerton team to develop several options for the 10-acre parcel and will present to the City Council in early 2021.

Learn more about the Civic Center project at CityofRanchoCordova.org or sign up to receive our e-newsletter at CityofRanchoCordova.org/ENews. ★

West Nile Virus Activity on the Rise

By Luz Maria Robles, Sac-Yolo Mosquito & Vector Control

SACRAMENTO REGION, CA (MPG) - The Sacramento-Yolo Mosquito & Vector Control District announced that the first signs of West Nile virus activity have been detected in Yolo County as 13 mosquito samples have tested positive for the disease. At the same time, West Nile virus activity continues to gradually increase throughout north Sacramento County as more mosquito samples and dead birds tested positive this week from areas near Carmichael, Fair Oaks and Arden-Arcade. "With the warmer temperatures we've seen recently West Nile virus activity is steadily rising," said Gary Goodman District Manager. "To date, the amount of West Nile virus activity has been lower than other seasons, however we are in the middle of summer and this can quickly change, therefore, it's extremely important that residents continue taking proper precautions to protect themselves from mosquitoes," added Goodman.

In response to the recent findings, the District will continue to monitor all West Nile virus activity through widespread mosquito trapping and testing as well as perform ground treatments in areas where positive mosquitoes have been found to quickly decrease populations and protect public health.

Another ongoing concern is that last year the invasive mosquito Aedes aegypti was detected in Citrus Heights within Sacramento County. Invasive mosquitoes pose a significant health threat because they can transmit dangerous viruses including Zika, dengue fever and chikungunya. To date, invasive mosquitoes have not been discovered within our District area; however neighboring San Joaquin County recently announced that invasive mosquitoes have been found this week in Stockton after their initial detection in 2019.

To see a complete map of the WNV findings and for current information about District activities, please visit <https://www.fightthebite.net/media/west-nile-virus-activity/>

Residents may also subscribe to mailing lists to receive email notifications for upcoming mosquito treatments by zip code. To sign up, go to Spray Notifications on the website at www.fightthebite.net

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A Tribute to Larry Stafford, a True Community Leader and Hero

By Shelly Blanchard, Cordova Community Council News

RANCHO CORDOVA, CA (MPG) - Larry Eugene Stafford, dedicated family man, of the Christian faith and Rancho Cordova community leader, died Aug. 5, 2020 following a short illness. He was 70.

Born in Sacramento on Aug. 30, 1949, to Arthur and Jacqueline Stafford, Larry led a life filled with family, building projects, world travel and faith in God. Along the way he led efforts which earned him the respect and love of the Rancho Cordova community.

As chairman of the board of the Cordova Community Council Foundation for more than a decade, Larry presided over massive growth of the organization, steering the group to greater heights with simple and straight-forward leadership. He accompanied the 2010 Rancho Cordova All America City team into competition, helping bring home national honors to the



Chairman of the Cordova Community Council Foundation Board of Directors. Photo: Cordova Community Council

community of which he was so proud.

He served as chairman of the Cordova Community Christmas Tree Lighting in Rancho Cordova almost from its inception 20 years ago, pairing his love of the community with celebration of the birth of Christ. To support the tree lighting,

he hosted a spaghetti fundraiser each year on Labor Day weekend which drew together hundreds of members and community residents.

Through his service as Outreach Pastor at Cordova Church of Christ, he led church members to all

corners of the community to assist with Spirit of Service projects. They were a welcome sight when they appeared to build a park at Cordova Meadows School, fix up fields for Cordova Girls Softball, paint picnic tables in public parks, and pick up roadside trash. After observing youngsters headed to school each morning, they opened the doors and invited them in for pancakes and a listening ear.

Larry was a fixture at Kids Day in the Park, and the Rancho Cordova Fourth of July. Along the Fourth of July Parade route he and fellow church members distributed thousands of bottles of water over the years, helping happy celebrators survive the heat of the day to enjoy the festivities.

Cookies for Cops, Cordova Christian Camp, Father's Day BBQ, an annual spaghetti feed honoring Rancho Cordova teachers, Reading In Schools, HART winter

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Cordova Alum and Local Artist Render USAF Thunderbirds Socks



Cordova High School Alum Dennis Hall and Sacramento artist David Lobenberg team up with MERGE4 for artistic USAF Thunderbirds socks. Photo: MERGE4

MERGE4 Press Release

RANCHO CORDOVA, CA (MPG) - MERGE4 is pleased to announce a new collaboration with Dennis Hall and David Lobenberg, honoring men and women who serve in the military, veterans and their families.

Stars and rockets ablaze, MERGE4's new Thunderbirds! socks depict over 70 years of Air Force history and feature entrepreneur, Dennis Hall and master watercolor artist, David Lobenberg's collaborative painting, 'Ambassadors in Blue'. These new red, white and blue socks highlight the United States Air Force Thunderbirds, flown at air shows globally to salute women and men serving in the military, veterans and their families.

"Working with MERGE4 has allowed us to take this piece of art to whole new altitude of display," said collaborator, David Lobenberg, "It's a great feeling to see your work represented on socks as wearable art on people's feet!"

The unisex crew socks are stitched with MERGE4's signature Cult Weave which prevents the vibrant and detailed graphics from 'blowing out' or becoming warped when worn. The Thunderbirds! socks also feature a seamless heel and toe, moisture-wicking sole and elastic arch support.

MERGE4's Thunderbirds! crew



MERGE4 offers a wide assortment of custom designed socks including the featured F-16 Fighting Falcon USAF Thunderbirds. Photo: Cole Lemke/MERGE4

socks retail for \$16 and are available to purchase from www.merge4.com and through select retailers.

MERGE4 is a Certified B Corporation based out of Santa Cruz, California that makes high quality graphic socks. Beyond magnificent in appearance, style and comfort, MERGE4 socks are constructed like no other. Your soles are GRIPPED by MERGE4's deviously interesting 'CULT-WEAVE'. The 'CULT-WEAVE' works to cushion the 'arch' area of the foot. YES, you heard correctly; MERGE4 "GRIPS YOUR SOLE". For more information, visit www.merge4.com.

Free COVID-19 Testing Site

City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - Beginning Tuesday, August 11, the County of Sacramento will offer FREE COVID-19/coronavirus testing at the Folsom Cordova Community Partnership (FCCP) located at 10665 Coloma Road in Rancho Cordova. This community testing site is available by appointment only and is limited to those who have no COVID-19 symptoms or mild to moderate symptoms.

Appointments for testing at the FCCP site will be available on Tuesdays from 1 PM - 5 PM. To make an appointment, or to learn more, visit FolsomCordova.SetMore.com or contact 916.361.8684. Those who are tested will receive their results within 72 hours, and all results will be kept confidential.

If you are experiencing severe symptoms of COVID-19, contact your healthcare provider for information about where you can be tested.

Who Should be Tested at this Site and Who is Eligible?

Sacramento County residents with identification that includes a name and a date of birth; Families may be tested together; minors should be accompanied by a guardian; U.S. Citizenship or legal residency is not required; People with no symptoms, or mild to moderate symptoms may be tested at this site.

Anyone coming in for a test will be expected to maintain social distancing and wear a face covering.

To learn more about COVID-19/coronavirus, visit CityofRanchoCordova.org/coronavirus. ★

A Tribute to Larry Stafford, a True Community Leader and Hero

Continued from page 1

shelter for homeless, Shasta Men's Retreat, Harvest Celebration, Bible Times Marketplace, repairs at the Mobile Country Club Park, and repairing code enforcement violations for disabled residents all occurred because Larry Stafford led the way.

In his professional life, Larry enjoyed diverse pursuits. He spent part of his working career as an agricultural aviator and 25 years as a landscape contractor. For the past 25 years his many interests and love of God came together as he served as Associate Pastor at Cordova Church of Christ. During his tenure, he mentored new ministers, taught Bible studies, and led practical ministries, including His Needs/Her Needs. He provided

pre-marital counseling for many couples, presided at several weddings, and provided marriage counseling. He excelled at evangelism and baptized over 100 individuals during his ministry.

A personable and loyal friend, widely known for a sharp wit and engaging sense of humor, Larry loved a good glass of wine, sharing time and stories with friends, traveling throughout the United States and Europe, and cooking. He was a hard-core Raiders fan.

While living a life full of the richness of friends, Larry's life was blessed by loving family. He is survived by the love of his life and best friend Cynthia Marie Stafford of Rancho Cordova, to whom he was married for 35 years. He is also survived by his daughters, Cari

Sheldon, Cynthia Balicita, Michelle Cader-Laney; and son Larry and daughter-in-law, Melanie. One of the greatest joys of Larry's life was his grandchildren: Cassie Stafford, Timothy McKenzie, Marissa Bowers, McKenna Cader and great-granddaughters Gabriella and Chrissa Bowers. He was preceded in death by his parents, Arthur and Jacqueline; and his brothers, Jim Hammer and "Butch" Stafford.

Memorial donations may be made to advance the remodeling of the church kitchen Larry used so effectively to minister to his church family and Rancho Cordova community: Cordova Church of Christ "Kitchen Fund," 10577 Coloma Rd, Rancho Cordova, CA 95670. ★

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EUROPEAN GROCERY

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SAFE Credit Union Employees Star in Quirky Ads



SAFE Financial Educators Gina Richardson, left, and Jason Fonseca, far right, film an ad at Ohana Moon Yoga in Cameron Park with owner Gretta Smith. Photo: SAFE CU

By Carole Ferguson, SAFE Credit Union

SACRAMENTO REGION, CA (MPG) - SAFE Credit Union created a unique – and affordable – way to showcase its dynamic financial education experts and promote free, community workshops on social media. An ad-hoc team of do-it-yourselfers writes, directs, shoots, and stars in a series of quirky ads that provides quick financial education tips while teasing upcoming seminars.

The series stars financial educators Gina Richardson (LinkedIn: Gina Richardson) and Jason Fonseca (LinkedIn: Jason Fonseca) who bring their larger-than-life personalities to the spots. They believe that people better learn and incorporate the changes that help them improve their financial well-being through workshops that are engaging, interactive, and presented with personal truth and reality.

“SAFE Credit Union takes its mission to provide quality financial education to the community seriously, but that doesn’t mean that the workshops are stuffy,” says Carrie Johnson, who manages the financial education team in SAFE’s Workplace Financial Wellness program. “We are so fortunate to have Gina and Jason lead our workshops. They bring so much energy and genuineness to the workshops that really help people relax and feel open to learning important life-changing lessons.”

Financial education is at the heart of SAFE’s mission to help our members and the community improve their financial well-being. Just last year alone, SAFE financial educators connected with nearly 4,500 employees in the greater Sacramento area through the Workplace Financial Wellness program. And about that same number also took mini financial courses at SAFE’s online Financial Fitness Academy. They also helped 1,227 students gain real-world financial insights through financial literacy events held on high school campuses.

The video series touches on a series of free community webinars SAFE launched in response to the COVID-19 pandemic:

Navigating Your Debt During Challenging Times; Managing Your Finances During Challenging Times; and Mindfulness and Money. They also promote SAFE’s popular First-Time Home Buyers webinar.

The video series team is comprised of Fonseca, who writes the scripts as well as directs and edits the episodes; Richardson, who joins Fonseca in the leading roles; and Steve Joves, who helps coordinate the locations, shoots the scenes, and provides a final edit of the videos.

The no-frills production is an all-hands on deck enterprise. “The fun part about the production process is if you’re not on camera, you’re part of the crew,” Fonseca says. “You’re holding the boom mic. You’re setting up the camera, and someone else may be hitting record.”

In every script, Fonseca includes a financial education fact shared in one of the workshops that people may not know. Then he adds a funny twist. Visual humor is also incorporated, with Fonseca and Richardson wearing professional business attire in incongruous situations, such as striking a yoga pose in a yoga studio or sitting poolside in inflatable floats.

“My thought was to put our financial educators in real-life situations because what we teach in our workshops applies to everyday life,” Fonseca says.

Joves helps find the locations with an eye on supporting local businesses, including Ohana Moon Yoga featured in the Mindfulness and Money video.

Richardson says the secret to the videos is the use of comedy to make it fun and accessible for viewers. “It works to be personable,” she says about the videos and what she brings to her financial education webinars and workshops. “You have to bring it to where people are. We make it real. We talk about our own stories, how we went through it, how we became accustomed ourselves to being mindful about money in our own lives.”

For more about SAFE’s Workplace Financial Wellness program, go to safecu.org/employers. ★

United Way Covid-19 Relief Fund Helps 1,145 Families

By Kristin Thébaud Communications, Thébaud Communications

SACRAMENTO REGION, CA (MPG) - In a span of three months, United Way California Capital Region’s COVID-19 Local Relief Fund raised \$572,000 to provide 1,145 families in need across the region with a one-time \$500 distribution to help offset costs of rent, bills and other basic needs. United Way worked with 11 nonprofit partners in Amador, El Dorado, Placer, Sacramento and Yolo counties to identify low-income families whose lives were disrupted by the pandemic and ensure they received the help they needed. The fund closed at the end of June, but the structure remains in place in case of a second wave.

“Stories continue to pour in from families across our region who have received help through our Local Relief Fund,” said Stephanie Bray, president and CEO, United Way California Capital Region. “The vast majority of those we served lost income during the stay-at-home order and needed help paying rent and bills. With so many families in our region just one paycheck away from homelessness,

gifts to our fund helped avert an immediate crisis for these families and our community.”

The fund’s nonprofit partners included 3 Strands Global Foundation, Amador Tuolumne Community Action Agency, Birth and Beyond, Black Child Legacy Campaign Neighborhood Centers, Empower Yolo, International Rescue Committee, Kids First, Lighthouse Community Counseling, Opening Doors, RISE Inc. and Yolo County Children’s Alliance.

In addition to individual and corporate donations to the fund, all dollars donated to Donate4Sacramento’s Support Families area were distributed to Sacramento families through United Way’s fund. For a full list of donors to the Local Relief Fund, visit YourLocalUnitedWay.org.

“It’s very meaningful to me to receive this funding because I can continue paying my bills and provide food and clothing for my children,” said Nayely, a Local Relief Fund recipient in Sacramento. “When I learned that the funds come from people in the city, I was very grateful to see how they care about the community and that they are always willing to help others during hard times.” ★

Governor Must Do Better to Serve the Unemployed

By Nghia Nguyen, Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - With over half of all adults in California reporting lost income since March and a 17% unemployment rate across the state, Senator Jim Nielsen (R-Tehama) joined over 60 lawmakers to demand the Employment Development Department (EDD) to do better to serve Californians.

“The first and last priority of all government workers is to serve,” said

Senator Nielsen. “EDD is failing at its job. There are no excuses for not serving Californians who lost their jobs to no fault of their own, who have depleted their life savings, gone into extreme debt and are filled with anxiety each, and every day.”

“Governor Newsom’s administration must do better and expedite these funds to desperate Californians.”

Since the pandemic, Senator Nielsen’s office has resolved over 375 EDD cases, with 136

outstanding. These numbers reflect those who have contacted Senator Nielsen’s office. Statewide, 1.13 million Californians are still waiting on benefits.

Elected to the State Senate in January 2013, Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. ★

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By Bob McGarvey

And Another Thing

We are Forever Indebted to Those who have Given Their Lives that we Might be Free.

I looked at one of the 2021 calendars I received in the mail, and they are all interesting because they place certain items of interest on the same date on the calendar. For instance, on the Disabled American Veterans calendar, November 9 is blank. But when I received the Reagan Ranch calendar, it shows World Freedom Day is on that day and The Fall of the Berlin Wall happened on November 9, 1989. That was just an example, but since there are only 365 days in the year, we can all find holidays, birthdays, anniversaries, etc. on each day. Plus, if you are looking for beautiful pictures of people or flowers, you can usually find them on a calendar. I hope you will be able to find some

pictures that can give you a bit of a lift.

Going on to other things in our lives, I am not sure what I will have my Veterans Day and Memorial Day committee do this year to honor our veterans on Veterans Day. As you know, our committee members were able to put up American flags along Folsom Boulevard to honor our veterans on Memorial Day and personally thank them for all they have done for us in the past, present and future. Now, we will have to see if we can celebrate Veterans Day as we have in the past. Or see if this year will have to be different because it would be impossible to get together as a large group. Either way, we will honor our veterans on Veterans Day.

President Ronald Reagan

said, "Some people spend an entire lifetime wondering if they made a difference in the world. But, the Marines (Air Force, Army, Navy, Coast Guard) don't have that problem. We owe this freedom of choice and action to those men and women in uniform who have served this nation and its interests in time of need. In particular, we are forever indebted to those who have given their lives that we might be free."

Now, it may seem a little soon to be talking about making plans for Veterans Day, but the way almost everything seems to be going (or not) this year of 2020, I thought it wouldn't hurt to prepare.

From Councilman Bob McGarvey, God bless, and we'll see you next time. ★

Another Version of 'Ethnic Studies'



By Dan Walters, Cal Matters

A year ago, the California Department of Education released a draft of guidelines for implementing "ethnic studies" in public high schools.

It unleashed a torrent of controversy – for good reason.

The 303-page document was ersatz Marxist agitprop that, if adopted, would have drummed into young minds the notion that in America, anyone not a white male is virtually enslaved.

"At its core," the draft declared, "the field of ethnic studies is the interdisciplinary study of race, ethnicity, and indigeneity with an emphasis on experiences of people of color in the United States," adding, "The field critically grapples with the various power structures and forms of oppression, including, but not limited to, white supremacy, race and racism, sexism, classism, homophobia, islamophobia, transphobia, and xenophobia, that continue to impact the social, emotional, cultural, economic, and political experiences of Native People(s) and people of color."

In critiquing "systems of power," it advised, "These are structures that have the capacity to control circumstances within economic, political, and/or social-cultural contexts. These systems are often controlled by

those in power and go on to determine how society is organized and functions," adding, "some examples of systems of power are: white supremacy, capitalism, and patriarchy."

Get a veteran journalist's take on what's going on in California with a weekly round-up of Dan's column every Friday.

Some of most pointed criticism came from Jewish legislators who said in a letter, "we cannot support a curriculum that erases the American Jewish experience, fails to discuss anti-semitism, reinforces negative stereotypes about Jews, singles out Israel for criticism and would institutionalize the teaching of anti-semitic stereotypes in our public schools."

Hurriedly, state education officials, including Superintendent Tony Thurmond, promised a makeover. The new version is definitely toned down – less a call for social revolution and more a conventional academic outline.

There's some irony in that transformation. The new draft was released as the fundamental change advocated in the first version was gaining currency in response to the suffocation death of a Black man, George Floyd, with the knee of a Minneapolis policeman on his neck.

Nevertheless, the new draft still contains echoes of the previous proposal, to wit: "Ethnic studies should help students become more engaged locally and develop into effective civic participants and stronger social justice advocates, better able to contribute to constructive social change. It can also help students connect current resistance movements to those of the past, and to

imagine new possibilities for a true democracy."

There's another bit of irony in the declaration that ethnic studies "can help students learn to present their ideas in strong, compelling, jargon-free language."

The draft itself is loaded with undecipherable jargon, such as saying ethnic studies help students "conceptualize, imagine, and build new possibilities for post-imperial life that promotes collective narratives of transformative resistance, critical hope, and radical healing." Can anyone translate that?

When the Legislature required an ethnic studies curriculum to be created, its expressed rationale was that since Californians are a complex matrix of ethnicities and cultures, students should become more aware of who we are and how we got here.

No argument there. And there's absolutely nothing wrong with taking a warts-and-all approach, including slavery, genocidal treatment of native peoples and immigration patterns. Facts are facts and we shouldn't shy away from them.

But ideological indoctrination, which the first draft clearly embraced and still colors the second, is not knowledge. The histories of America and California are not only tales of conflict, including a very bloody civil war, but also narratives of overcoming adversity and achievement, and well-balanced ethnic studies should include them as well.

The Legislature is weighing whether to make ethnic studies mandatory. If so, we'd better get it right.

Email: dan@calmatters.org
Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Sac County Medicare Counseling Available

By Kathleen Newton, Northwest Media Consultants

SACRAMENTO COUNTY, CA (MPG) - Although local HICAP Medicare counseling offices are currently closed due to COVID-19, free one-on-one sessions with local state-registered counselors are still available via telephone and video conferencing.

HICAP (the Health Insurance Counseling & Advocacy Program) is administered by the California Department of Aging. Its trained volunteer counselors are working from home,

but are still available by phone and video-conferencing to answer questions and help seniors and other eligible recipients understand their Medicare rights and benefits.

HICAP counselors can provide information about Medicare supplemental insurance (Medigap policies); Medicare Advantage plans; employee and retiree coverage; long-term-care insurance and how to appeal coverage denials.

HICAP serves clients in El Dorado, Nevada, Placer, Sacramento, San Joaquin, Sierra, Sutter, Yolo and

Yuba counties, regardless of income or age.

To schedule a free, one-hour phone or video-conference appointment with a state-registered HICAP Medicare counselor in Sacramento County: Call – (916) 376-8915 or email – hicap@lscn.net

Once your appointment is scheduled, you will receive an appointment reminder by phone, email or text prior to your appointment. If you need to cancel an appointment for any reason, you are asked to call (916) 375-3763.

For more information, go to www.HICAPservices.net. ★

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CLUES

- ACROSS**
1. *Egg-like curve in math class
5. a.k.a. stand-up paddleboard
8. Not in good health
11. Flick part
12. *Roll ____
13. Aerosol can emanation
15. On the mountain peak, e.g.
16. Arm bone
17. Grind down
18. *Proud jacket owner
20. Trident part
21. *Walking ____
22. Blazer or Explorer
23. Unit of money in Norway, pl.
26. Semiconductor additives
30. Farm layer
31. Agave alcoholic drink
34. Amos or Spelling
35. Analyze
37. Geisha's sash
38. South Korean metropolis
39. Capital of Ukraine
40. T.S. Eliot's "Old ____'s Book of Practical Cats"
42. Get firm
43. Temporary
45. Table linens
47. Where bugs are snug?
48. Nostradamus and such
50. Type of rich soil
52. *Where one graduated
56. Boatload
57. *Chemistry classrooms
58. Lake in Scotland
59. Arabian chieftain
60. Corset rod
61. Encore!
62. Former Chinese leader
63. * ____ the ramparts...
64. Arctic jaeger

- DOWN**
1. *Type of spoken test
2. *Class president candidate wants it
3. Loads, two words
4. Greek money
5. Game ragout
6. Of #16 Across
7. Architect's drawing
8. Used to eliminate wrinkles
9. Serve soup, e.g.
10. Sodium solution
12. Arrow poison
13. Establish, two words
14. *As opposed to public
19. Hostile force
22. "La" precursor
23. Shade of Dockers
24. Pine juice
25. Beginning of illness
26. *Valedictorian's spot
27. Gallows' rope
28. Comparative form of "true"
29. Muddy or sandy
32. *2020 classroom venue?
33. NCIS network
36. *GPA, technically
38. Ingratating behavior
40. George Orwell's Napoleon
41. On pins and needles
44. Grapevine news
46. Part of Old Testament
48. *Olden day notebook
49. Imprison

Crossword Puzzle Solutions on Page 9

1	2	3	4	5	6	7	8	9	10
11				12			13	14	
15				16			17		
18			19				20		
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		47			48	49			
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56				57			58		
59				60			61		
62				63			64		

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	7	3		4		6		
					7			5
4				2			7	
			1			5	6	
	2					9		
5	8			3				
8			9				2	
2		4						
	6		1		4	5		

Solutions on Page 9

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Operation Backpack Provides School Supplies to Area Children

By **Christie Holderegger, Volunteers of America Northern California & Northern Nevada**

SACRAMENTO REGION, CA (MPG) - Operation Backpack, Volunteer of America's (VOA) annual school supply drive for students in need, collected over \$97,000 in a virtual drive to purchase school supplies for more than 2,100 children through a collaborative effort between 19 local businesses, 9 corporate sponsors, and 1,000 donors.

COVID-19 has presented many challenges and changes to education for students everywhere, and it has been especially difficult for those living in transition from homelessness, in foster care, or in low-income communities. Operation Backpack provides supply-kits with brand new, grade-appropriate school supplies to all of the families and children in VOA's shelters and programs. Additional supply kits will be distributed to 14 partner

agencies, nonprofits and school districts, including Sacramento Food Bank & Family Services, Healthy Start Family Resource Center, and the Youth Service Bureau. VOA's longstanding partnerships in the community ensure as many children as possible get the tools they need to start the school year off on the right foot.

"Having new school supplies provides confidence and helps a child's self-esteem," says Ana Bankert, Director of Development, VOA. "Feeling prepared alongside every other child in the classroom is crucial to their ability to thrive. VOA is very grateful to work with sponsors, partners, volunteers, and donors who understand the importance of this cause and the children it supports."

Operation Backpack would not be possible without the support and generosity of campaign partners CBS, CW13, and Good Day Sacramento and sponsors

Sutter Health, Niagara Bottling, American River Bank, Kids Care Dental, Phoong Law, and Anthem Blue Cross Blue Shield as well as individual donors and businesses who have hosted fundraisers.

Founded locally in 1911, the Northern California & Northern Nevada office of Volunteers of America is one of the largest providers of social services in the region. The professional paid staff operates more than 50 programs: homeless services and shelters; substance abuse treatment and mental health services; senior, veteran, and family services; transitional, permanent supportive, and affordable housing. Volunteers of America provides shelter or housing to 4,500 men, women and children every night in Northern California and Northern Nevada. Learn more about Volunteers of America Northern California & Northern Nevada at www.voa-nenn.org. ★

Ask Toni

Turning 65 with Employer Health Insurance ... Need Medicare Help!!!



Toni King

Toni:

I have just enrolled in Medicare A&B. I am still working with my husband and myself covered under my employer plan and I plan to retire in 14 months.

I enrolled in part B for many reasons and discovered that I am being charged a much higher premium because the 2018 tax return showed higher earnings. Now I am wondering if I made a mistake by enrolling while working. Can you please explain what one turning 65 with employer benefits should do?

~ Thanks, Tammy from Dallas, TX

Tammy:

I have good news for you because Medicare does allow employees with "true" employer benefits to delay Medicare Part B enrollment without penalties if you enroll later. Delaying does involve having employer group health coverage thru your or your spouse's employer.

If you do NOT have "true" employer group health coverage, then missing your enrollment period is going to mean that you will be paying penalties. With that in mind, what does Medicare define as employer group health coverage?

Medicare recognizes true employer and union health plans with the Medicare recipient and/or their spouse **working full-time** for that specific employer as qualified to be able to delay Medicare. If you are in this situation, then you are in the position where you can delay Medicare

Part A and/or Part B for the working health covered individual and their non-working health covered spouse.

"COBRA and retiree health coverage do not count as current employer coverage," according to the *Medicare and You Handbook*. Essentially, if you have this type of health insurance coverage, you are not going to be able to delay your Medicare Part B.

Most individual health plans or not having health insurance benefits at all are not going to fall under creditable, acceptable health insurance coverage. Let me repeat individual and retirement health plans are **not current employer coverage** for those that are self-employed or retired.

A Working Spouse: Does It Matter? What if I have a working spouse receive your health insurance coverage from their employer? If the working spouse is providing health insurance benefits from their employer group health coverage, as I previously mentioned, then one may want to delay enrolling in Medicare Part B. It is important to create a paper trail for Medicare and Social Security, so that you do not incur a penalty when one ends up enrolling in Medicare Parts

A and/or Part B using the Special Enrollment Period.

You might continue to work either part-time or as a self-employed individual, taking advantage of the coverage provided by your spouse. I want to point out that some companies may ask you to enroll in Medicare once you are eligible, regardless whether your spouse continues to work for the company. Therefore, it is important to check with your spouse's Human Resources Department to determine if you will still be able to carry coverage under a working spouse.

Self-Employed: Does It Matter? Many years ago, a client turning 65 who was self-employed and was not covered under an employer's group health insurance waited to enroll in Medicare Part B. He received a 10% penalty for each year that he was not enrolled, due to not enrolling in Part B at the right time. His penalty was 20% penalty (2 years, 65 and 66) every month for as long as he is on Medicare. Essentially, he will be paying that penalty for the rest of his life.

• **Toni Says Confused about Medicare Online Zoom Webinar:** Wednesday, August 19th at 4:00pm. Online webinar reservations are limited, and enrolling link is available at www.tonisays.com.

Toni King, author of the *Medicare Survival Guide®* is giving a \$5 discount on the *Medicare Survival Guide® Advanced book and bundle packages for the Toni Says® newspaper article readers* at www.tonisays.com. ★

West Nile Virus Activity on the Rise

Continued from page 1
FIGHTtheBITE.net.

2020 West Nile virus activity update:

Sacramento County: 27 mosquito samples and 42 dead birds have tested positive for West Nile virus to date.

Practice the District D's of Mosquito Prevention: DRAIN standing water that may produce mosquitoes; **DAWN** and **DUSK** are times to avoid

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Golden 1 Credit Union Awards \$420,000 to Literacy and Foster Youth Nonprofits

By Mary Parra, Randle Communications

SACRAMENTO, CA (MPG) - Golden 1 Credit Union (Golden 1) announced 15 nonprofits in the Sacramento region are among the recipients of its Community Grant Program. This year, a combined total of \$420,827 in grants will help advance local initiatives that promote literacy and assist foster youth as they transition to adulthood. This year's local recipients include the Foundation for California Community Colleges and City Year Sacramento.

"Golden 1 has long-been committed to giving back to the communities we serve and, especially this year, it is more important than ever to continue to fund organizations that help young people flourish," said Erica Taylor, Vice President of Communications and Community Relations. "We are proud to play a part in helping these nonprofits and the youth they serve succeed."

The Foundation for California Community Colleges' Sacramento Valley CalFresh Outreach Project aims to address food insecurity across the California Community Colleges with specific focus on helping current and former foster youth achieve their educational goals. Funding from Golden 1 will support continuation of a student ambassador program, which will engage California community college students to conduct outreach and raise awareness of CalFresh, California's Supplemental Nutrition Assistance Program, among their peers. Through the project, transition age foster youth students will provide their peers with resources and tools to access CalFresh, helping to mitigate barriers to food access and improving outcomes in health and education across the system.

"Previous funding from Golden 1 allowed us to connect more than 7,000 students with CalFresh resources and access to the food they needed to succeed," said Keetha Mills, President and Chief Executive Officer of the Foundation for California Community Colleges. "We are immensely grateful for their continued support and recognition of the community colleges' ability to reach and positively impact the lives of millions of Californians through education."

City Year Sacramento, an AmeriCorps

program, empowers young adults from diverse backgrounds to serve full time for a year as student success coaches in schools located in low income neighborhoods. During the 2020-21 academic year, the grant from Golden 1 will be used to support the literacy component of City Year Sacramento's, Whole School Whole Child (WSWC) program in Sacramento City Unified and St. HOPE Public partner schools. WSWC provides City Year service members with the strategies to effectively support teachers as partners, co-planners, and collaborators, and serve students as mentors, role models, and tutors.

"City Year Sacramento is thrilled and honored to once again be recognized as a valued provider of literacy programming by Golden 1 Credit Union," said Jeff Owen, Vice President and Executive Director for City Year Sacramento. "Golden 1 has been such a champion of our work to build confidence and improve reading skills, helping us support over 4,000 students annually in the Sacramento region. This grant means so much to us, especially this year with the hardships brought on by the coronavirus."

Owen added this funding will also help City Year Sacramento serve alongside faculty and staff to help students reconnect with their school community, re-engage with their learning, and recover from the trauma associated with racial injustice, family job loss, illness or death, and sudden changes to their education and school based relationships.

In 2020, the Golden 1 Community Grant Program awarded 22 nonprofits throughout California a combined total of \$602,327. Recipients in Sacramento include:

3Strands Global Foundation Challenge; 916 Ink; Aging up; Child Abuse Prevention Council of Sacramento; City Year Sacramento; Compassion Planet; Compassion Planet; Foundation for California Community Colleges; Improve Your Tomorrow; Juma Ventures; Sacramento Public Library Foundation; Shores of Hope; Stanford Sierra Youth & Families; Teach For America - California Capital Valley; The Sacramento Chinese Community Service Center, Inc.

Visit www.golden1.com for more information. ★

Census Committed to Delivering a Complete and Accurate Count

United States Census 2020 Press Release

WASHINGTON, DC (MPG) - The U.S. Census Bureau continues to evaluate its operational plans to collect and process 2020 Census data. We are announcing updates to our plan that will include enumerator awards and the hiring of more employees to accelerate the completion of data collection and apportionment counts by our statutory deadline of December 31, 2020, as required by law and directed by the Secretary of Commerce. The Census Bureau's new plan reflects our continued commitment to conduct a complete count, provide accurate apportionment data, and protect the health and safety of the public and our workforce.

Complete Count: A robust field data collection operation will ensure we receive responses from households that have not yet self-responded to the 2020 Census.

We will improve the speed of our count without sacrificing completeness. As part of our revised plan, we will conduct additional training sessions and provide awards to enumerators in recognition of those who maximize hours worked. We will also keep phone and tablet computer devices for enumeration in use for the maximum time possible.

We will end field data collection by September 30, 2020. Self-response options will also close on that date to permit the commencement of data processing. Under this plan, the Census Bureau intends to meet a similar level of household responses as collected in prior censuses, including outreach to hard-to-count communities.

Accurate Data and Efficient Processing: Once we have the data from self-response and field data collection in our secure systems, we plan to review it for completeness and accuracy, streamline its processing, and prioritize apportionment counts to meet the statutory deadline. In addition, we plan to increase our staff to ensure operations are running at full capacity.

Flexible Design: Our operation remains adaptable and additional resources will help speed our work. The Census Bureau

will continue to analyze data and key metrics from its field work to ensure that our operations are agile and on target for meeting our statutory delivery dates. Of course, we recognize that events can still occur that no one can control, such as additional complications from severe weather or other natural disasters.

Health and Safety: We will continue to prioritize the health and safety of our workforce and the public. Our staff will continue to follow Federal, state, and local guidance, including providing appropriate safety trainings and personal protective equipment to field staff.

The Census Bureau continues its work on meeting the requirements of Executive Order 13880 issued July 11, 2019 and the Presidential Memorandum issued July 21, 2020. A team of experts are examining methodologies and options to be employed for this purpose. The collection and use of pertinent administrative data continues.

We are committed to a complete and accurate 2020 Census. To date, 93 million households, nearly 63 percent of all households in the Nation, have responded to the 2020 Census. Building on our successful and innovative internet response option, the dedicated women and men of the Census Bureau, including our temporary workforce deploying in communities across the country in upcoming weeks, will work diligently to achieve an accurate count.

We appreciate the support of our hundreds of thousands of community-based, business, state, local and tribal partners contributing to these efforts across our Nation. The 2020 Census belongs to us all. If you know someone who has not yet responded, please encourage them to do so today online at 2020census.gov, over the phone, or by mail.

The U.S. Constitution mandates a census of the population every 10 years. The 2020 Census counts everyone who lives in the U.S. on April 1, 2020. Census statistics help determine the number of seats each state holds in the U.S. House of Representatives and how billions of dollars in federal funds will be allocated by state, local, and federal lawmakers every year for the next 10 years. ★



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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04691 Akua Behavioral Health, Inc, 20271 SW Birch Street Suite 200 Newport Beach, CA 92660 is doing business under the Fictitious Business Name(s) "Akua Strong" 10087 Terra Loma Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 17, 2020
Publish: July 24, 31, August 7, and 14, 2020
AKUA 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04690 London Wafford, 3007 Del Paso Boulevard Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Akua Mind and Body" 10087 Terra Loma Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 17, 2020
Publish: July 24, 31, August 7, and 14, 2020
AKUA 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04390 London Wafford, 3007 Del Paso Boulevard Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Empress Ready" 2251 Florin Road Suite 155 Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 22, 2020
Publish: July 24, 31, August 7, and 14, 2020
EMPRESS 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04601 Olives By Masegian, 1141 Manning Drive El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "More Than Olives 1, Olives and More" 713 Sutter Street Folsom, CA 95630. Filed with the Clerk of Sacramento County July 14, 2020
Publish: July 24, 31, August 7, and 14, 2020
MORE 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04646 Manuel J Soares, 10392 Pleasant Grove School Road Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "MSoaresTrucking" 10380 Pleasant Grove School Road Elk Grove, CA 95624. Filed with the Clerk of Sacramento County July 16, 2020
Publish: July 24, 31, August 7, and 14, 2020
TRUCKING 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04441 Brian A Greendahl II, 6901 Bumner Street Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Sadygreen Lawn Care" 6901 Bumner Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 8, 2020
Publish: July 24, 31, August 7, and 14, 2020
SADY 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04630 Antoinique Robinson, 2910 Truxel Road Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Jyndaisys" 2910 Truxel Road Sacramento, CA 95833. Filed with the Clerk of Sacramento County July 15, 2020
Publish: July 24, 31, August 7, and 14, 2020
JYNDAISY 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04384 Michael Mervine, 6740 Admiral Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "VINE Realty Group" 6740 Admiral Avenue Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 6, 2020
Publish: July 24, 31, August 7, and 14, 2020
VINE 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04479 Hany Shamy, 4831 Merle Court Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Joyo's Pizza & Falafel" 2440 Fulton Avenue Suite 2 Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 9, 2020
Publish: July 24, 31, August 7, and 14, 2020
JOYO 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04628 William Curtis, 2848 Rascom Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Prevalent Productions CO" 2848 Rascom Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 15, 2020
Publish: July 24, 31, August 7, and 14, 2020
PREVALENT 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04611 Stephanie Ahlana Hawthorne, 6920 Cordially Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "The Human Touch Project" 6920 Cordially Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County July 14, 2020
Publish: July 24, 31, August 7, and 14, 2020
HUMAN 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04558 Aaron Stewart Moore, 3814 Thornwood Drive Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Garage Hero Fitness" 3814 Thornwood Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 13, 2020
Publish: July 24, 31, August 7, and 14, 2020
GARAGE 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04606 Jamar Williams Jr, 120 Gary Circle Vallejo, CA 94591 is doing business under the Fictitious Business Name(s) "Marvelous Motors" 3340 Sunrise Boulevard Unit D1 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 14, 2020
Publish: July 24, 31, August 7, and 14, 2020
MARVELOUS 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04291 John Raich, 4940 Hope Lane Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Silver Star Motors" 7749 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 1, 2020
Publish: July 24, 31, August 7, and 14, 2020
SILVER 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04382 Sterling Royal Real Estate, 3478 Beretania Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Royal Real Estate" 180 Promenade Circle Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 6, 2020
Publish: July 24, 31, August 7, and 14, 2020
ROYAL 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04542 Violel Hermi, 5545 Marconi Avenue #101 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "V.H. Floors" 5545 Marconi Avenue #101 Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 13, 2020
Publish: July 24, 31, August 7, and 14, 2020
VH 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04422 Thomas and Jenae Thornton, 4931 Kenneth Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "JenaeNails" 4931 Kenneth Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 8, 2020
Publish: July 24, 31, August 7, and 14, 2020
JENAES 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04204 Kimberly Alyce Soler, 10683 Audubon Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Kimmie's Purfect Touch" 10683 Audubon Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 30, 2020
Publish: July 24, 31, August 7, and 14, 2020
KIMMIES 180201 8-14-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04728 Brandie Stowe, 3141 Occidental Drive #4 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Signings With B" 3141 Occidental Drive #4 Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 20, 2020
Publish: July 31, August 7, 14, and 21, 2020
SIGNINGS 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04854 Brian James Seiler, 3813 Lasuen Drive Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Sacramento Guitar Repair" 3813 Lasuen Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 24, 2020
Publish: July 31, August 7, 14, and 21, 2020
SAC 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04798 Anna Melkenyan, 3216 Prospect Park Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Anna's Catering" 3216 Prospect Park Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 22, 2020
Publish: July 31, August 7, 14, and 21, 2020
ANNA 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04839 Danielle Janov, 583 Willie Halsey Way Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Crossover Artistry" 583 Willie Halsey Way Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 23, 2020
Publish: July 31, August 7, 14, and 21, 2020
CROSSCUT 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04774 Dynasty Floral Products, Inc, 11375 Sunrise Park Drive #200B Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Inter Flora, Pacific Silkscape" 11375 Sunrise Park Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 21, 2020
Publish: July 31, August 7, 14, and 21, 2020
INTER 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04841 Jacqueline J. Seger, 3900 Tillamook Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Faith & Vinyl/Designs" 3900 Tillamook Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 23, 2020
Publish: July 31, August 7, 14, and 21, 2020
FAITH 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04811 Marlene G. McGary, 2412 El Burlon Circle Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Cordova Travel" 2412 El Burlon Circle Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 23, 2020
Publish: July 31, August 7, 14, and 21, 2020
CORDOVA 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04802 Trucking Aloha LLC, 637 Tailwind Drive Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Trucking Aloha" 637 Tailwind Drive Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 22, 2020
Publish: July 31, August 7, 14, and 21, 2020
TRUCKING 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04799 Tammy Lee Polewka, 5226 Hemlock Street Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "A Whole Latte Love" 5226 Hemlock Street Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 22, 2020
Publish: July 31, August 7, 14, and 21, 2020
WHOLE 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04695 Esmeralda Granados, 5446 Bryce Wood Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "GR Services" 5446 Bryce Wood Way Antelope, CA 95843. Filed with the Clerk of Sacramento County July 17, 2020
Publish: July 31, August 7, 14, and 21, 2020
GR 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04590 Eye Enterprise LLC, 9685 Apple Mill Drive Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "The Sandwich Spot" 1971 Zinfandel Drive #200 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 14, 2020
Publish: July 31, August 7, 14, and 21, 2020
SANDWICH 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04605 Jane Anne Houck, 5631 Nichora Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Smart Cookie Tutoring" 5631 Nichora Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 14, 2020
Publish: July 31, August 7, 14, and 21, 2020
SMART 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04596 NGA T Tran, 7748 Finn Horse Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "KV Lash Studio North Highlands" 5730 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 14, 2020
Publish: July 31, August 7, 14, and 21, 2020
KV 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04738 Berk Street Enterprises, Inc, 2377 Gold Meadow Way #100 Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Bravo Personal Care Services" 2377 Gold Meadow Way #100 Gold River, CA 95670. Filed with the Clerk of Sacramento County July 21, 2020
Publish: July 31, August 7, 14, and 21, 2020
BRAVO 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04687 Earl W. Kreisler, 460 Lone Spr Drive Folsom CA 95630 is doing business under the Fictitious Business Name(s) "EK3 Metal Fab" 11389 Sunrise Gold Circle Suite A Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 17, 2020
Publish: July 31, August 7, 14, and 21, 2020
EK3 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04417 Shades of Pale Inc, 435 Aspen Drive #19 Park City, UT 84098 is doing business under the Fictitious Business Name(s) "Shades Brewing" 154 West Utopia Avenue Salt Lake City, UT 84115. Filed with the Clerk of Sacramento County July 7, 2020
Publish: July 31, August 7, 14, and 21, 2020
SHADES 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04655 Legacy Safety Institute, 5330 Madison Avenue Suite E Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Legacy Safety Institute" 5330 Madison Avenue Suite E Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 16, 2020
Publish: July 31, August 7, 14, and 21, 2020
LEGACY 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04634 Angelina Geisler, 2335 John Still Drive Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Penny & Bloom" 2335 John Still Drive Sacramento, CA 95832. Filed with the Clerk of Sacramento County July 16, 2020
Publish: July 31, August 7, 14, and 21, 2020
BLOOM 180201 8-21-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04946 Denise Williamson and Shaunte Valenzuela, 8057 Peppertree Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Trinity Candles" 8057 Peppertree Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 28, 2020
Publish: August 7, 14, 21, and 28, 2020
TRINITY 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04875 Lisa Lambert, 4748 Green Home Drive #3 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Two Dogs Home Inspections" 4748 Green Home Drive unit 3 Sacramento, CA 95842. Filed with the Clerk of Sacramento County July 24, 2020
Publish: August 7, 14, 21, and 28, 2020
TWO 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04957 Leonard D. Green, 2526 Hernandez Road Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "One Love Prison Nation" 2526 Hernandez Road Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 28, 2020
Publish: August 7, 14, 21, and 28, 2020
ONE 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04846 Antoine Marquis Breaux, 7482 New Willow Court Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Labe Genre Appare" 7482 New Willow Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County July 23, 2020
Publish: August 7, 14, 21, and 28, 2020
LABE 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04917 Hakuna Matata Collective, Inc, 3280 Ramos Circle Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Hakuna Matata Cooperative" 3280 Ramos Circle Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 23, 2020
Publish: August 7, 14, 21, and 28, 2020
HAKUNA 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05016 First Apostolic Church Inc, 7737 Highland Avenue Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Faith Christian Academy" 7737 Highland Avenue Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2020
Publish: August 7, 14, 21, and 28, 2020
FAITH 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04641 Edgar Fuentes, 3133 Greycroft Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "EFC Communications" 3133 Greycroft Court Antelope, CA 95843. Filed with the Clerk of Sacramento County July 16, 2020
Publish: August 7, 14, 21, and 28, 2020
EFC 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04826 Brent Sanders, 5 Placid Court Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Impound Comics, Traylor Vision" 5 Placid Court Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 15, 2020
Publish: August 7, 14, 21, and 28, 2020
MPOUND 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04889 JR Vega, 7450 Hanfield Drive Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Hella Ohana" 7450 Hanfield Drive Sacramento, CA 95829. Filed with the Clerk of Sacramento County July 24, 2020
Publish: August 7, 14, 21, and 28, 2020
HELLA 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04599 Abdullah Sharif, 7585 Diamond Ranch Drive #623 Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Bahjats Auto Sales" 1650 Silica Avenue Suite C Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 14, 2020
Publish: August 7, 14, 21, and 28, 2020
BAHJATS 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05050 BigPumpkin Creative, 1031 Del Paso Boulevard Suite H-7 Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Big Pumpkin Creative, LLC, Big Ai Sams" 1031 Del Paso Boulevard Suite H-7 Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 31, 2020
Publish: August 7, 14, 21, and 28, 2020
BIG 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05019 Diana Santoyo, 10035 Mills Station Road Space 169 Sacramento, CA 95827 and Erendira Landa-Godinez, 3733 Ridley Street Unit B Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Brain Boost Tutor" 10035 Mills Station Road Space 169 Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 30, 2020
Publish: August 7, 14, 21, and 28, 2020
BRAIN 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04659 Tom Espiritu Corpus, 5139 Rosbury Dell Place Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Pristine Snapshots" 5139 Rosbury Dell Place Antelope, CA 95843. Filed with the Clerk of Sacramento County July 17, 2020
Publish: August 7, 14, 21, and 28, 2020
PRISTINE 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04906 Raymond Anthony Hill, 5935 Mack Road Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "King Hippios Hauling" 5935 Mack Road Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 27, 2020
Publish: August 7, 14, 21, and 28, 2020
KING 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04857 Ihor Kanis, 8363 Lonely Hill Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ideal Flooring" 8363 Lonely Hill Way Antelope, CA 95843. Filed with the Clerk of Sacramento County July 24, 2020
Publish: August 7, 14, 21, and 28, 2020
IDEAL 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04923 Ricardo Llanas, 7456 Sandalwood Drive Apt #1 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Lumens Energy Consulting" 9960 Business Park Drive Suite 150 Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 28, 2020
Publish: August 7, 14, 21, and 28, 2020
LUMENS 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04909 Takeisha Johnson, 4618 Underwood Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Dot's Essentials, Dip-N-Dab" 4618 Underwood Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 27, 2020
Publish: August 7, 14, 21, and 28, 2020
DOTS 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04766 Stephen Veldhuizen, 6715 Deerfield Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Veldtech" 6715 Deerfield Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 20, 2020
Publish: August 7, 14, 21, and 28, 2020
VELDTECH 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04751 Christopher Dennis Medeiros, 5554 Ridgepoint Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Little Soapworks" 5554 Ridgepoint Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County July 21, 2020
Publish: August 7, 14, 21, and 28, 2020
LITTLE 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04660 Arman Badalynn, 2320 Sierra Madre Court Apt F Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Perfectly Clean" 1940 Zinfandel Drive Suite F2 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 17, 2020
Publish: August 7, 14, 21, and 28, 2020
PERFECTLY 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04378 Meraki Sole Beauty Luxe, 5616 Heather Field Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Meraki Sole Beauty Luxe" 5616 Heather Field Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County July 6, 2020
Publish: August 7, 14, 21, and 28, 2020
MERAKI 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04844 ATS Automotive Service Inc, 3073 Freeport Boulevard Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "ATS Automotive Service" 3073 Freeport Boulevard Sacramento, CA 95818. Filed with the Clerk of Sacramento County July 23, 2020
Publish: August 7, 14, 21, and 28, 2020
ATS 180201 8-28-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05139 JTS Sales Group, 10793 Alta Hill Mine Road Grass Valley, CA 95945 is doing business under the Fictitious Business Name(s) "JTS Manufacturing" 7105 Berwyn Place Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 4, 2020
Publish: August 14, 21, 28, and September 4, 2020
JTS 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05198 Miguel Angel Gutierrez, 5513 Coral Creek Way Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "MAG Roofing" 5513 Coral Creek Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 6, 2020
Publish: August 14, 21, 28, and September 4, 2020
MAG 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05191 Elizabeth A Garcia-Meza, 4857 Willowbrook Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Master Grouf" 4857 Willowbrook Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 6, 2020
Publish: August 14, 21, 28, and September 4, 2020
MASTER 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05220 Akash Anand, 5830 Rightwood Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "R&A Trans Logistics" 5830 Rightwood Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 7, 2020
Publish: August 14, 21, 28, and September 4, 2020
R&A 180201 9-4-20

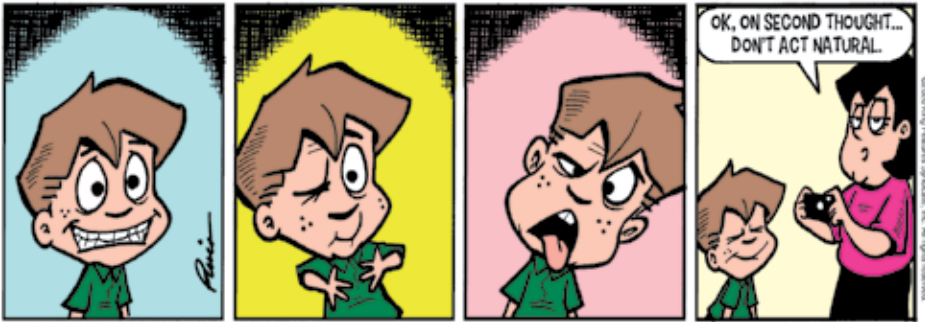
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04938 Thomas R Martin and Alyc M Martin, 7644 Gingerblossom Drive Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Investors Choice Property Management, ICPM, ICPM CO" 7644 Gingerblossom Drive Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 28, 2020
Publish: August 14, 21, 28, and September 4, 2020
INVESTORS 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-05142 Sergiy Rudy, 5344 Marconi Avenue #255 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "SR Service" 5344 Marconi Avenue #255 Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 4, 2020
Publish: August 14, 21, 28, and September 4, 2020
SR 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2020-04803 Marine Dealer Solutions LLC, 11344 Coloma Road Suite 710 Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "

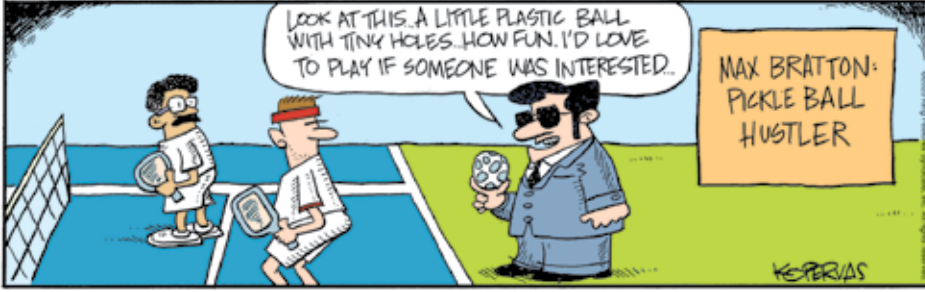
WEEKLY COMICS

Amber Waves



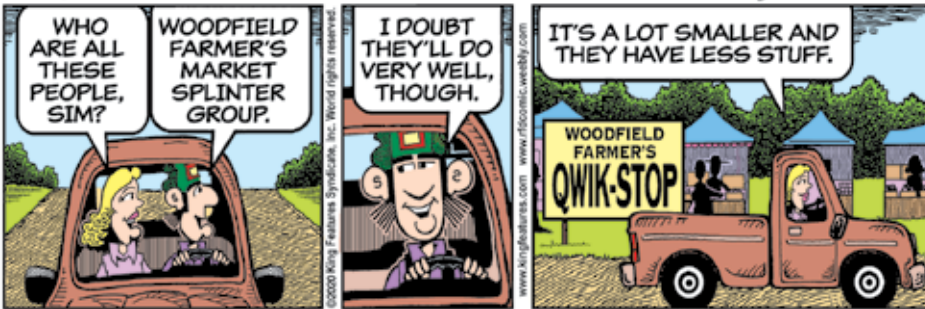
Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



GRIN & BEAR IT



"Taxing, taxing, one-two-three..."

LAFF-A-DAY



"Do I have time to go shopping?"

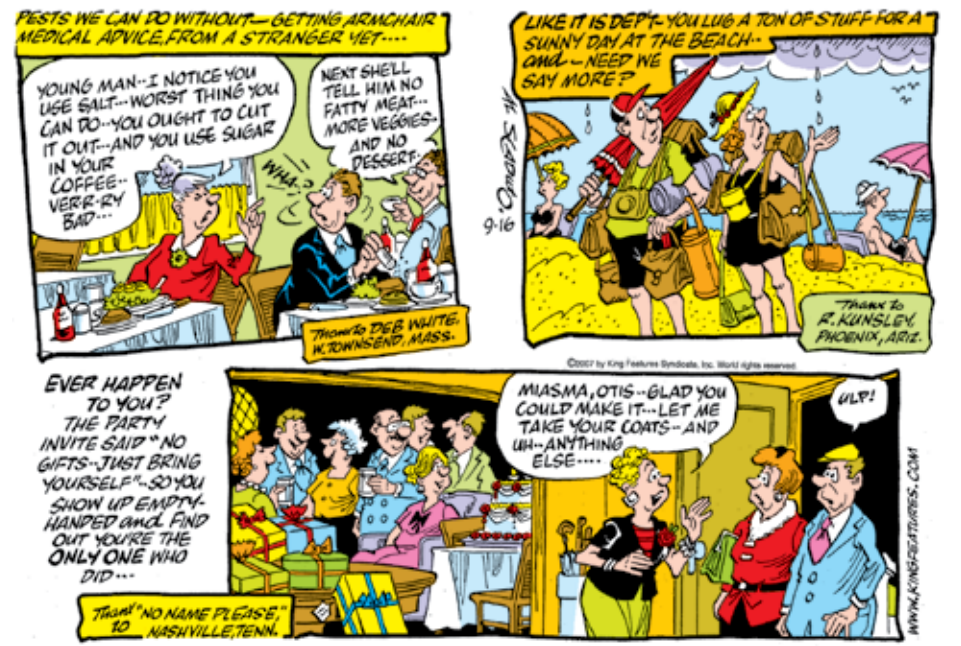
The Spats

by Jeff Pickering



THEY'LL DO IT EVERY TIME

BY AL SCADUTO



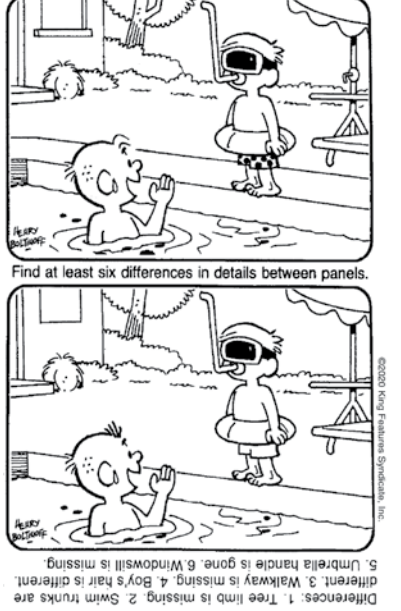
Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTINOFF



Crossword Puzzle on Page 4

O	V	A	L		S	U	P			I	L	L						
R	O	L	E		C	A	L	L		S	P	R	A	Y				
A	T	O	P		U	L	N	A		E	R	O	D	E				
L	E	T	T	E	R	M	A	N		T	I	N	E					
					O	N	A	I	R		S	U	V					
K	R	O	N	E	R					D	O	P	A	N	T	S		
H	E	N			M	E	Z	C	A	L		T	O	R	I			
A	S	S	A	Y		O	B	I		S	E	O	U	L				
K	I	E	V		P	O	S	S	U	M		S	E	T				
I	N	T	E	R	I	M				N	A	P	E	R	Y			
					R	U	G			S	E	E	R	S				
					L	O	A	M		A	L	M	A	M	A	T	E	R
C	A	R	G	O						L	A	B	S		L	O	C	H
A	M	E	E	R						S	T	A	Y		M	O	R	E
M	A	O								O	E	R			S	K	U	A

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Sudoku Puzzle on Page 4

8	7	3	5	4	1	6	9	2
9	2	1	6	3	7	8	4	5
6	4	5	8	2	9	1	7	3
3	9	7	1	8	2	5	6	4
1	6	2	7	5	4	9	3	8
4	5	8	9	6	3	2	1	7
5	8	4	3	9	6	7	2	1
2	1	9	4	7	5	3	8	6
7	3	6	2	1	8	4	5	9

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Aerojet Rocketdyne Completes its Propulsion System for NASA's Artemis II Mission

By Mary Engola,
Aerojet Rocketdyne

EL SEGUNDO, CA (MPG) - Aerojet Rocketdyne recently completed all of its propulsion hardware for the first crewed flight of NASA's Space Launch System (SLS) rocket and Orion spacecraft. The engines and motors, which Aerojet Rocketdyne produces at its major space operations sites across the country, will support NASA's Artemis II mission. The Artemis II mission is the second flight of SLS and Orion and the first to send an astronaut crew to fly around the Moon.

"These are very exciting times for both NASA and the nation," said Eileen Drake, Aerojet Rocketdyne CEO and president. "The United States is sending humans beyond low Earth orbit for the first time in nearly 50 years, and we are traveling even farther with Artemis than we did with Apollo."

Four Aerojet Rocketdyne RS-25 engines collectively provide two million pounds of thrust to power the core stage of SLS, the world's most powerful rocket. The company completed upgrading the Artemis II RS-25 engines with advanced components and controllers in November 2019. Engine assembly and testing was completed at Aerojet Rocketdyne's facility at NASA's Stennis Space Center in Mississippi, and all four



Aerojet Rocketdyne's RS-25 engine roars to life on the A-1 Test Stand at NASA's Stennis Space Center in Mississippi to test a new controller. Four RS-25 engines power the core stage of NASA's Space Launch System, the world's most powerful rocket. Photo taken Aug. 13, 2015. Photo: Aerojet Rocketdyne

engines are ready for integration with the Artemis II core stage.

Aerojet Rocketdyne's RL10 engine powers the Interim Cryogenic Propulsion Stage (ICPS), or the second stage, of the SLS. This engine provides the power to accelerate the Orion spacecraft to speeds over 24,000 miles per hour and set it on a course for the Moon. Design, manufacture, assembly and

test of the RL10 engine for the Artemis II mission took place at Aerojet Rocketdyne's West Palm Beach facility in Florida. The engine is ready for installation on the ICPS being manufactured by Boeing and United Launch Alliance in Decatur, Alabama.

Aerojet Rocketdyne provides a number of propulsion systems for the Lockheed Martin-built

Orion crew module and the European Service Module that will be used on the Artemis II mission. The biggest of these is the jettison motor which generates 40,000 pounds of thrust for the Launch Abort System (LAS). The jettison motor pulls the LAS off the crew module during both nominal operations and abort modes. Qualification testing was conducted at Redstone

Arsenal in Huntsville, Alabama, and assembly of the Artemis II motor was completed in October 2019 at Aerojet Rocketdyne's facility in Orange, Virginia, and delivered to Lockheed Martin in February 2020.

Once in space, the Orion Main Engine (OME) on the service module will maneuver the spacecraft. Aerojet Rocketdyne is the original manufacturer of

the OME, which was originally built and used for the space shuttle program. In March 2019, Aerojet Rocketdyne provided key valve and thermal components to NASA to complete the refurbishment of the Artemis II OME.

Also aboard Orion, Aerojet Rocketdyne is responsible for eight auxiliary engines on the service module and 12 reaction control thrusters on the crew module. The auxiliary engines, built in Redmond, Washington, each generate 110 pounds of thrust to provide position control while backing up the OME for required thrust. They were provided in March 2019 to Lockheed Martin for shipment to Europe for integration into the service module.

The reaction control system thrusters, also built in Redmond, each generating 160 pounds of thrust, will be used to control and properly orient the Orion crew module during its atmospheric reentry. Those thrusters were delivered in March 2020.

"The Artemis II mission will be the first time the Space Launch System and Orion will send astronauts into orbit around the Moon, and it is a key precursor to landing the first woman and the next man on the Moon," added Drake. "Aerojet Rocketdyne propulsion systems will play a critical role in making this endeavor a reality." ★

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<p>IAMS DRY CAT FOOD •Healthy Adult Chicken •Indoor/Weight Control/Hairball •Salmon & Tuna •Hairball 16 Lb Bag Limit 2 bags per family</p> <p style="text-align: center; font-weight: bold; color: red;">\$17.99</p>	<p>PURELY FANCY FEAST CANNED CAT FOOD 2 oz. All Varieties Limit 1 Case</p> <p style="text-align: center; font-weight: bold; color: red;">\$1.09</p>	<p>NUTRO PERFECT PORTIONS GRAIN FREE CANNED CAT FOOD •Pate •Cuts In Gravy 2.64 Oz Can Limit 1 Case</p> <p style="text-align: center; font-weight: bold; color: red;">69¢</p>	<p>FUSSIE CAT PREMIUM DRY CAT FOOD •Selected Varieties 2 Lb, 4 Lb, 10 Lb Bag As Marked</p> <p style="text-align: center; font-weight: bold; color: red;">20% OFF</p> <p style="font-size: x-small;">OUR REGULAR LOW PRICES</p>	<p>NATURALLY FRESH CAT LITTER 100% Natural Walnut-based 14 Lb Bag 10 Lb Pellets \$5.49 Clumping \$8.99 Multi-Cat Clumping \$9.99</p> <p style="text-align: center; font-weight: bold; color: red;">SUPER BUY</p>	<p>PEDIGREE CANNED DOG FOOD •Choice Cuts in Gravy •Chunky Ground Dinner •Chopped Ground Dinner Selected Varieties Limit 1 Case 13 Oz. 22 Oz.</p> <p style="text-align: center; font-weight: bold; color: red;">89¢ \$1.39</p>
<p>FRESH STEP CRYSTALS CAT LITTER 8Lb Bag Limit 2 Bags</p> <p style="text-align: center; font-weight: bold; color: red;">\$11.99</p>	<p>9 LIVES DRY CAT FOOD •Grilled Tuna & Egg 12 Lb Bag Limit 2 Bags Per Family</p> <p style="text-align: center; font-weight: bold; color: red;">\$7.99</p>	<p>SOLID GOLD DRY DOG FOOD •Hund n Flocken •Wolf King Bison (24 Lb Bag) •Holistique •Millennia •Fit n Fabulous •Wolf Cub Bison 28.5 Lb Bag Limit 2 Bags</p> <p style="text-align: center; font-weight: bold; color: red;">10% OFF</p> <p style="font-size: x-small;">OUR REGULAR LOW PRICES</p>	<p>NATURE'S MIRACLE PREMIUM ORGANIC CORN COB LITTER Bio-Enzymatic Formula 10 Lb Bag Limit 2 Bags</p> <p style="text-align: center; font-weight: bold; color: red;">\$6.99</p>	<p>GRAVY TRAIN DRY DOG FOOD 35 Lb Bag Limit 2 Bags</p> <p style="text-align: center; font-weight: bold; color: red;">\$14.99</p>	<p>BOXIE CAT CAT LITTER •Probiotic •Gently Scented •Scent Free (Natural & Extra Strength) 16 Lb 28 Lb</p> <p style="text-align: center; font-weight: bold; color: red;">\$2.00 OFF \$3.00 OFF</p> <p style="font-size: x-small;">Veterinarian Recommended Limit 2 Bags</p>

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<p>BONUS COUPON GOURMET CANNED CAT FOOD 3 Oz - All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 8/12/20 - 8/18/20</p> <p style="text-align: center; font-weight: bold; color: red;">ON SALE Everyday</p> <p style="font-size: x-small;">CHM PLU 361</p>	<p>BONUS COUPON FRISKIES PARTY MIX CAT TREATS 2.1 Oz •Selected Varieties Limit 2 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 8/12/20 - 8/18/20</p> <p style="text-align: center; font-weight: bold; color: red;">\$1.19</p> <p style="font-size: x-small;">CHM PLU 573</p>	<p>BONUS COUPON JONNY CAT PREMIUM CAT LITTER 20 Lb Bag Limit 1 Bag With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 8/12/20 - 8/18/20</p> <p style="text-align: center; font-weight: bold; color: red;">\$3.79</p> <p style="font-size: x-small;">CHM PLU 362</p>
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