



Elks #2484 Send-Off Dinner to National Guard Unit Being Deployed

PAGE 4

A Special Chief of Police Announcement

PAGE 3



Grapevine Independent

VOLUME 54 • ISSUE 11

PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968

MARCH 13, 2020

SEE INSIDE

SacRT ISSUES UPDATE ON PRECAUTIONS AGAINST CORONAVIRUS



PAGE 2

VERGE CENTER FOR THE ARTS ANNOUNCES CALL FOR ARTISTS



PAGE 8

BOYS VOLLEYBALL, ENJOYING FRESH START



PAGE 11

Supporting the Recycle Road Corridor



Above: Rancho Cordova's code enforcement and police department deal with concerning matters along the Recycle Road corridor. Right: Abandoned vehicles are another safety hazard in the community possibly resulting in injuries. Photos: City of Rancho Cordova

By Ashley Downton, Rancho Cordova Police Department

RANCHO CORDOVA, CA (MPG) - The City of Rancho Cordova has received multiple complaints from our community related to speeding, health and safety hazards, and abandoned vehicles along the Recycle Road corridor.

In early February, the Rancho Cordova Police Department and the city's Code Enforcement Division partnered to reduce the hazardous conditions and improve the quality of

business practices in the area.

The Rancho Cordova Police Department issued 38 parking citations and four traffic citations, towed four vehicles, and arrested one subject for driving under the influence.

In addition, Code Enforcement is partnering with businesses on the removal of junk and rubbish, salvaged vehicles, and other items from their properties.

Thank you to the residents who



reported their concerns. You can help keep our community safe by reporting traffic safety concerns, abandoned vehicles, and more through the city's Fresh Connect online reporting system at CityofRanchoCordova.org/FreshConnect. ★

Stop the Spread: A Patient Guide to the Novel Coronavirus (COVID-19)

By Steve Arnoff, American College of Emergency Physicians

WASHINGTON, D.C. (MPG) - The American College of Emergency Physicians (ACEP) is providing guidance for patients to minimize their risk of getting or spreading the novel coronavirus, COVID-19. A new resource from ACEP, Stop the Spread: A Patient Guide to the Novel Coronavirus (COVID-19), provides tips on how to minimize the risk of contracting the virus—including whether you should wear a face mask—and how to determine whether patients should visit an emergency department.

"We are in the middle of flu season, which means emergency departments are already strained. To make sure that everyone can get the care they need, it's important to know when to go to the emergency department if you think you have COVID-19," said William Jaquis, MD, FACEP, president of ACEP.

Older patients and those with chronic or pre-existing conditions have the highest risk of serious cases or complications. If you think you are sick with COVID-19, consider your symptoms. Call your doctor if you've been in contact with someone who already has COVID-19 or has traveled to an affected region and within 14 days you develop a fever, cough or shortness of breath.

If your symptoms are mild, contact your primary care physician to discuss your best options for care. Call 911 or visit your closest emergency department if:

You're experiencing a medical emergency; You're sick enough that you need to go to the hospital, especially if you recently started experiencing shortness of breath, or; You're sick and you are a high-risk individual, such as an older patient or a person with an already weakened immune system.

The situation with the outbreak is evolving daily, and while the federal government has taken steps to significantly expand COVID-19 testing, it will take time for the health care system to ramp up its testing capabilities and locations.

"Your local emergency department may not yet have the COVID-19 test. Your primary care physician can decide if you meet the

Continued on page 3

America's Furry Heroes

Military Working Dogs Keep Us Safe

By Scott Rabb, Move America Forward

SACRAMENTO REGION, CA (MPG) - As you may know, Military Working Dogs have been used for years by our men and women in uniform deployed in Iraq and Afghanistan.

These dogs highly trained and are instrumental in sniffing out IEDs, patrolling, and standing guard. It's as dangerous for these K-9's as it is for our soldiers, especially in the harsh environment of Afghanistan. IED's threaten our troops as well as the local Afghan civilians, so every bomb found by a K9 warrior means innocent lives are saved.

To honor and support the four-legged warriors who serve, we are proud to offer our K9 Care Packs!

Our K-9 care packages include special dog-goggles to protect their eyes from dirt and debris. And we're proud to announce that we're now including KONG Brand durable dog



Dogs highly trained are instrumental in sniffing out IEDs, patrolling, and standing guard. To honor and support the four-legged warriors who serve, we are proud to offer our K9 Care Packs! Photo: MAF

toys in our K9 packs. We are very proud and thankful to the Kong company for helping us get these KONG

dog toys into our boxes. Donating a care package is the easiest way to give them the comforts of home

they are so far away from while they are making such enormous sacrifices.

Continued on page 3



PRSR STD U.S. Postage Paid
Rancho Cordova CA
PERMIT NO. 91

Charities Helping Charities

By Claire Gliddon,
Sacramento Blankets
for Sacramento Kids

SACRAMENTO REGION, CA (MPG) - Sacramento Blankets for Sacramento Kids (SBSK), an organization that gives handmade blankets to children in need in Sacramento and Placer, wanted to help another charity, specifically the Mercy Pedalers, headed by Sister Libby. SBSK asked its volunteers to donate a toothbrush and toothpaste during the month of February for Sister Libby. This is the mountain that was received! Small groups



Sister Libby of Mercy Pedalers picks up toothbrushes from SBSK. Photo: SBSK

can make BIG differences! www.sacblankets4kids.com or www.mercypedalers.com. For information on SBSK or Mercy Pedalers, go to

SacRT Issues Update on Precautions against Coronavirus

By Jessica Gonzalez,
Sacramento Regional
Transit

SACRAMENTO REGION, CA (MPG) - The Sacramento Regional Transit District (SacRT) issued an update on the precautions being taken by the agency in response to the coronavirus (COVID-19). Knowing viruses can spread in confined spaces similar to the flu, SacRT has been proactive in sanitizing its buses and light rail vehicles every day. With the number of coronavirus cases going up, SacRT has taken a number of aggressive steps to provide information about the virus to our employees and increased sanitation of vehicles.

The safety and well-being of our employees and customers is our top priority and we are taking the following proactive measures:

Buses and light rail vehicles are sanitized every night; During the flu season, trains and buses are fogged with Chlorine Dioxide to sanitize every couple of weeks. With the discovery of coronavirus, we are increasing that practice to every five days; For our employees, we provided a notice with guidelines to follow as provided by the Center for Disease Control and Prevention (CDC) along with the California State Government, City of Sacramento and

Sacramento County Department of Public Health;

We are providing hand sanitizer, disinfectant wipes and disposable gloves to employees that come in contact with the public such as operators, transit ambassadors and customer service representatives.

SacRT is urging riders to take precautions to keep themselves and others healthy, which applies to the coronavirus, flu or common cold. Advice from the CDC includes washing hands frequently and for at least 20 seconds, avoid touching your eyes, nose and mouth, and covering your mouth and nose when sneezing or coughing.

Ami Bera Votes for Emergency Funding to Keep Sacramento County Safe from Coronavirus

By Travis Horne, Office of
Representative Ami Bera, M.D.

WASHINGTON, DC (MPG) - Rep. Ami Bera, M.D. (CA-07) voted for emergency funding to keep Sacramento County safe from the spread of coronavirus.

"I'm proud to vote for this robust emergency funding package that will keep our communities safe from this growing public health crisis," said Rep. Bera, who chairs the House Foreign Affairs Subcommittee on Asia, the Pacific, and Nonproliferation. "As a public health expert, I will continue to press the administration to ensure they are doing everything possible to keep Americans safe, including increasing the availability of testing at our local health facilities. As this disease continues to spread, it is also critical we think of creative ways to combat its spread and limit its harm to our economy and our neighbors."

The \$8.3 billion appropriations package includes:

- \$1B for state and local preparedness response, half of which will go to states, cities, and tribes within 30 days;
- Funds for the procurement of medical supplies for the Strategic National Stockpile;

- Vaccine and therapeutic research and development;
- \$300M to ensure Americans can receive the vaccine, regardless of ability to pay; and
- \$100M for community health centers

As a doctor, Congressman Bera has been a strong supporter of American leadership in global health. He is a member on the CSIS Commission on Strengthening America's Health Security, which made a series of recommendations to prevent pandemics in November 2019. He has held two Congressional hearings on the coronavirus outbreak, sounded the alarm when the White House disbanded the office in charge of preparing for pandemics, and also sought to include funds to combat coronavirus over a month ago through other legislation.

Congressman Bera urges constituents to follow everyday preventative actions like washing your hands with soap and water, avoid touching eyes, nose, or mouth with unwashed hands, and cleaning and disinfecting frequently touched objects. For more information, please consult resources provided by the Centers for Disease Control and Prevention.

Census Invites Go Out Starting this Month

By Laurie Slothower,
Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Beginning March 12, households in Sacramento County will begin to receive invitations by mail to complete the 2020 U.S. Census. By April 1, the official U.S. Census Day, every household should have received one.

People can respond by phone, by mail and – for the first time – online. Census websites will be available in 12 languages other than English. Surveys may be completed on a computer, smartphone, laptop or tablet.

It's important that you and everyone in your household are counted. The Census determines federal funding for important services and programs that benefit our community. Sacramento County projects that rely on the U.S. Census for funding include the Florin area new street light project, the District Attorney's Human Trafficking Advocacy program, the Supplemental Assistance Nutrition Program (food stamps), and the Small Communities Flood Risk Reduction program.

Census results also ensure your voice is represented in government. The U.S. Census defines boundaries for Sacramento County supervisorial districts, school boards, water and fire districts, and the number of seats California receives in the U.S. House of Representatives.

Information submitted to the Census is safe, secure and 100 percent confidential. By law, your information may not be used to identify individuals or shared with any government or law enforcement agency. Violations are considered a federal offense.

In preparation for enabling online response, the U.S. Census Bureau has partnered with the U.S. Department of Homeland Security to ensure that information is safe from cyber-threats.

Sacramento County is partnering with community-based organizations and public agencies to make sure everyone is counted, especially groups who have historically low rates of census participation. Information on where to find census assistance centers will be available later this month.

For more information, contact the U.S. Census Bureau.

KP International MARKET

FOOD COURT NOW OPEN
10971 Olson Drive, Rancho Cordova, CA 95670
916.853.8000

FROZEN & FISH DEPT

\$15.99 /ea
Frozen Salted Brown Croaker
Gutted & Cleaned
3 lb Box

\$8.99 /ea
Raw Headless Red Shrimp
1.5 lb • 16/20

WEEKLY MEAT SPECIALS

\$3.59 /lb
Beef T-Bone Steak
Filet of T-Bone

\$2.99 /lb
Beef Bottom Round Roast
USDA Choice

\$3.29 /lb
Beef Bottom Round Steak - Boneless
USDA Choice

\$1.49 /lb
Boneless & Skinless Chicken Thigh Meat
40 lb Box

\$1.79 /lb
Country Style Pork Loin Ribs - Bnls
Smithfield

\$3.99 /lb
Beef Porterhouse Steak
Filet of Porterhouse

\$1.59 /lb
Pork Loin Roast Boneless
Smithfield

\$1.79 /lb
Pork Loin Chops Boneless
Smithfield

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 11 - MARCH 17, 2020.

FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

1.69 /lb

2 lbs \$1

4/\$1

69¢

1.99

2.59

99¢

1.99

2.53

29¢

2 lbs \$1

3.99 /lb

AMERICAN/HISPANIC GROCERY

\$3.99

\$1.49

\$1.29

\$1.29

\$1.69

\$1.99

ASIAN GROCERY

\$2.99

\$5.99

\$6.99

69¢

\$1.79

EUROPEAN GROCERY

\$4.99

\$10.99

\$3.49

\$1.49

\$1.79

KOREAN/JAPANESE GROCERY

9.99

4.99

5.99

2.19

99¢

3.99

HOUSEWARES

\$17.99

\$19.99

SINGLE LOCK GLASS CONTAINERS

400°C OVEN ONLY BPA FREE

\$2.99

\$2.99

\$3.49

\$3.99

\$4.99

FROZEN & FISH DEPT

\$5.99

\$2.99

EUROPEAN DELI

\$8.99

\$4.99

\$3.99

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 11 - MARCH 17, 2020.

For the Love of Music

Presented by the

Rancho Cordova River City Concert Band

Saturday, April 4th at 3:00 pm

Koreana Plaza Food Court
10971 Olson Drive, Rancho Cordova

FREE ADMISSION

rconcertband.org

America's Furry Heroes: Military Working Dogs Keep Us Safe: Send a K9 Package Featuring KONG!

Continued from page 1

Each box also has a wonderful array of high quality food, snacks, and hygiene items for the human soldier as well.

These handlers and dogs are highly trained and are instrumental in sniffing out IEDs, bomb making materials, patrolling, and standing guard. It's as dangerous for these K9's as it is for our soldiers, especially in the harsh environment of Afghanistan. IED's threaten our troops as well as the local Afghan civilians, so every bomb found by a K9 warrior means innocent lives are saved.

We talked to actual military dog handlers and asked them what kind of items they would find most useful and at their recommendation our packages now include KONG brand dog toys. These were the number one requested item and we're



KONG chew toy! The number one requested item and we're still including other assorted chew toys and canine treats. Photo: MAF

still including other assorted chew toys and canine treats.

KONG chew toy! Gourmet coffee, premium beef jerky, Girl Scout cookies, Oreo cookies, trail mix bags, Blue Diamond almonds and other mixed nuts, baby wipes, granola/protein bars, gum and mints, sunflower seeds, hot chocolate/cider, deodorant, toothpaste, toothbrushes, foot cream/powder, SPF

ChapStick, SPF sunscreen, boot socks, magazines and books, playing cards, phone calling cards, hygiene packs, M&M's, Snickers, Skittles and other assorted treats, 5-hour ENERGY shots, headphones, eye drops, Tylenol/Advil, handwritten messages from school children and other supporters.

A special personal message from YOU ★

RCPD is Working to Keep Roadways Safe This St. Patrick's Day

By Sergeant Tess Deterding, Sacramento County Sheriff's Department/RCPD

RANCHO CORDOVA, CA (MPG) - St. Patrick's Day is celebrated by millions across the country, often culminating in parties where drinking is involved. Sadly, this leads to tragedies on our roadways because of drivers who choose to leave parties impaired.

This St. Patrick's Day on Tuesday, March 17, the Rancho Cordova Police Department (RCPD) will proactively increase patrols and add additional officers to identify and arrest alcohol and drug-impaired drivers to continue improving traffic safety in the City of Rancho Cordova.

According to data from the California Highway Patrol, one person was killed and

48 others were injured in driving under the influence (DUI) crashes on St. Patrick's Day in 2018. In 2017, 59 people were killed nationwide in drunk-driving crashes over the St. Patrick's Day holiday from March 16 to March 18, accounting for 37 percent of all traffic deaths.

YOU can make our community safer. If you plan to drink, don't drive. Period. Plan your safe ride home beforehand. RCPD also wants to remind everyone that "DUI Doesn't Just Mean Booze." Prescription drugs, over-the-counter medications and marijuana can all be impairing, especially in combination with alcohol or other drugs, and result in a DUI.

Funding for additional patrol this weekend was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. ★

The March 14th "Maya Latin Roots" Concert has Been Canceled.

We look forward to bringing international entertainment to our store, so please stay tuned to our social media channels for upcoming concert and other entertainment announcements!



All offers, 6am-5pm weekdays only.



BEST FOOD IN TOWN!

- ▶ Ham & eggs special is \$4.99 until 10 AM, after that, a dollar more.
- ▶ Steak & eggs special for \$9.99 all day!



Buy an entree and get one half off, with the purchase of 2 drinks.

No steak or shrimp. Value up to \$10.00. Offer not valid on holidays. Offer valid only on menu price. Dine-in only. Expires 3/31/2020.

Rosie's Country Kitchen
916-361-1647
10273 Folsom Blvd, Rancho Cordova, CA 95670
Rosiescountrykitchen.biz

Chief of Police Announcement



Chief of Police Chris Pittman.
Photo courtesy: City of Rancho Cordova

City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - Many of our residents and business owners have had the pleasure of meeting and partnering with our city's Chief of Police Chris Pittman. Chief Pittman has been a valued leader in our community, having served the City of Rancho Cordova for the last three years as Chief of Police and as Assistant Chief of Police in 2014.

Chief Pittman joined our

city team in January 2017, and we are saddened to announce that the time has come for him to transition to another role within the Sacramento County Sheriff's Office. The city's agreement with the Sheriff's Office specifies that each Chief of Police shall be assigned to the City of Rancho Cordova for three years.

In the coming weeks, the city will interview new candidates for the position of Chief of Police. We plan to announce the new Chief of Police by the end of March. Chief Pittman will work with the new chief to ensure a smooth transition.

Please join us in thanking Chief Pittman for his dedication to serving the City of Rancho Cordova and further increasing the safety of our community. Chief Pittman implemented a community policing model and focused on data-driven policing, which resulted in

a significant drop in crime. He has been committed to addressing public safety and quality of life issues by creating collaborative teams, such as our Homeless Outreach Team, who partner with residents and businesses to find solutions. He has been a champion of supporting the youth in our community by creating a Youth Services Unit within the Rancho Cordova Police Department and facilitating a new Youth Center in the city. He will be remembered as a Chief of Police who could always be seen building community relationships, who enjoyed conversing with residents and businesses, and who cared deeply about the City of Rancho Cordova.

We wish Chief Pittman the very best as he transitions to a new role within the Sheriff's Office. He will be greatly missed by all of us! ★

Stop the Spread: A Patient Guide to the Novel Coronavirus (COVID-19)

Continued from page 1

criteria and help determine where to get tested if necessary," said Dr. Jaquis.

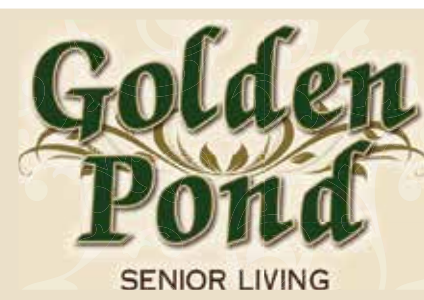
As anticipation grows for more widespread community transmission of COVID-19 in the U.S., emergency physicians are on the frontlines caring for those affected. ACEP has a series of resources for patients, policymakers and emergency care teams.

Visit www.acep.org/COVID19 for physician resources including clinical guidance and best practices, checklists and the National Strategic Plan for Emergency Department Management

of COVID-19. The latest patient information is available at www.emergencyphysicians.org/COVID19.

The American College of Emergency Physicians (ACEP) is the national medical society representing emergency medicine. Through continuing education, research, public education and advocacy, ACEP advances emergency care on behalf of its 40,000 emergency physician members, and the more than 150 million Americans they treat on an annual basis. For more information, visit www.acep.org and www.emergencyphysicians.org. ★

Independent Living • Assisted Living • Memory Care



◆ 3415 Mayhew Road Sacramento, CA 95827 ◆

ENRICHING THE LIVES OF SENIORS THROUGH ENGAGING ACTIVITIES!!

Staying socially active can benefit seniors in many ways!!

- Enhanced Mental Health
- Improved Physical Health
- Better Self Esteem
- Increased Cognitive Functioning
- Sense of Belonging/Purpose
- All Day-Every Day Activities

Contact us today for more information on Golden Pond Senior Living and our Life Enrichment Programs designed to combat social isolation.

916.369.8967

RCFE #347000985





SACRAMENTO TAXPAYERS ASSOCIATION

59th ANNUAL BANQUET

Thursday, April 16, 2020

SACRAMENTO ASSOCIATION OF REALTORS

MACK POWELL EVENT CENTER

2003 HOWE AVENUE, SACRAMENTO, CA

5 PM No Host Reception • 6 PM Buffet Dinner

| | |
|---|-------------|
| Platinum Sponsor | \$1,500 |
| Sue Frost, Sacramento County Supervisor | |
| Gold Sponsor | \$1,200 |
| Silver Sponsor | \$1,000 |
| Table Sponsor | \$400 for 8 |
| One Person | \$55 |

To purchase tickets go to sacramentotaxpayers.com and follow the "Annual Dinner Event" link on the main menu.



By Bob McGarvey

And Another Thing

Many more people concerned and afraid of the new virus because it is an unknown.

Looking back at last week's column in which I talked about the Coronavirus, there are many more people concerned and afraid of the new virus because it is an unknown. The numbers show 300,000 to 650,000 who die from influenza are numbers from a virus that has been around for 100 years. The numbers don't mean much when a new virus has appeared, and they haven't developed a vaccine yet to protect us from that virus. The stock market, the airlines, and many others are being affected every day because of the fear of the unknown. There are different companies that are developing the vaccine, but until it is on the market, the news media will continue to show the number of deaths around the world. From what I have seen, there haven't been any numbers of people who have had the virus and have survived. Those numbers would also be interesting too. But for now, there will be more people and companies who are deeply concerned about Coronavirus.

I have been asked about some of the buildings that are going along Zinfandel Drive south of International Drive. On Zinfandel Drive between International Drive and Bear Hollow Drive, the plans are for a three-story retirement facility. There will be 149 suites in the Rancho Cordova Retirement Residence. The planning entitlements are completed. The housing

project will be similar to the Eskaton Lodge in the Gold River subdivision.

If you continue along Bear Hollow Drive, you come to the corner of Bear Hollow Drive and Airpark Drive. That is where the California Military Department Headquarters is being built. It is on 31 acres and will have a 285,000 square foot multi-building campus. It is under construction and when finished, there will be 700-900 jobs there. We were at the groundbreaking ceremony of the headquarters, and it will be a campus to see when it is finished. We will let everyone know about the ribbon cutting when it is completed.

One university in Rancho Cordova is California Northstate University on Prospect Park Drive. That university has purchased 2.87 acres next to the university to build two five-story dormitory buildings for a total of 420 dorm rooms. The dorms are truly needed for the students of California Northstate University. The project is currently under Entitlement Review by the City of Rancho Cordova. I believe they will start construction this year.

On the south side of Highway 50 on Routier Road, there is property between the George Washington Carver School of Arts and Science and the Sacramento Gun Club that is titled the Mather Business Park. There will be 16 light industrial buildings totaling 148,000 square feet that would be constructed in phases. That property is also in Planning Entitlements under review.

Going back to the properties south of International Drive, at the corner of Zinfandel Drive and North Mather Boulevard, there is 9.31 acres on the west side of Zinfandel Drive where GLP Stores will be built. One of them will be a 164,179 square foot one-story warehouse. It will have 19 loading docks. The Planning Entitlements are under review, and the location is closer to Mather Field where only commercial buildings can be located. It is too close to the flight patterns of Mather to place housing there.

There is one more property at the corner of Zinfandel Drive and North Mather Boulevard, on the east side of Zinfandel Drive, that is 40.63 acres in size. It is called Stonecreek Industrial Park, and they plan to build 603,830 square feet of light industrial office/warehouse. There will be 24 loading docks, and the entitlements are complete.

I put this information in my column to answer questions from residents who live close to some of the properties and are wondering what is going on so close to their homes. These properties were presented to the audience at the Rancho Cordova Business Outlook & Economic Forecast at the Rancho Cordova Marriott Hotel on January 31st by our city team. There will be more information in the future, but I thought you would appreciate what was going on in your city.

From Councilman Bob McGarvey, God bless, and we'll see you next time. ★

Elks #2484 Send-Off Dinner to National Guard Unit Being Deployed



Left to right: Major Joseph Burke, Lodge Veteran Chairman Ron Swank, ENF Coordinator Bob Brotherton, Exalted Ruler Ron Squires, Nicole Ross, Guard and Lodge member Julian Ross, Donica Wilson, Guard and Lodge member Sylvester Wilson. Photo credit: Elks Lodge

Robert Brotherton, Elks Lodge #2484

RANCHO CORDOVA, CA (MPG) - The Rancho Cordova Elks Lodge Honored Company C2-135th GSAB (MEDEVAC) unit on February 15th. This National Guard Unit, commanded by Major Joseph Burke, will be

deployed to Afghanistan in April.

The Guardsmen and Women and their families were hosted to a Tri-Tip Dinner at the Rancho Cordova Elks Lodge. It was a robust celebratory evening as everyone enjoyed lots of food and conversation with their peers. In addition, the Lodge presented a gift to each of the deploying troops. ★

Rancho Cordova Athletes Celebrate Championships



The Cordova High School (CHS) Varsity wrestling team celebrates its victory for the Greater Sacramento League (GSL) Championship. Photo by Rick Sloan/Provided by City of Rancho Cordova

By Danielle Hale, City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - Rancho Cordova athletes have a lot to celebrate!

The Cordova High School (CHS) Varsity wrestling team, Varsity girls' basketball team and the Varsity girls' soccer team all won the Greater Sacramento League (GSL) Championships in their respective sport! The GSL is comprised of seven schools from throughout the Sacramento region.

The wrestling team, for the first time

ever, had a female wrestler qualify for state finals.

The City of Rancho Cordova is proud to have a history of supporting sports at CHS through various Community Enhancement Fund grants, most recently which included a grant towards the Folsom Cordova Unified School District's athletic improvement plan, which can be spread across many sports within the district.

Congratulations to our Cordova High Lancers for all of their hard work this season and for a job well done! ★

CHURCH DIRECTORY

| | |
|---|--|
| <p>CORDOVA CHURCH OF CHRIST 10577 Coloma Road • (916) 638-2200 Sunday Morning Worship 10:30am Bible classes for all ages 9:30am Nursery and Wee Worship Available during Worship Staff: Larry Stafford, Kyle Sapp, Frank Collier</p> | <p>FIRST BAPTIST CHURCH of Rancho Cordova 10720 Coloma Road • (916) 635-4672 Bible Study for All Ages 9am Sunday Morning Worship 10:30am Sunday Awana Children's Program Sunday 5-7pm (September - May) Mid-Week Prayer & Encouragement 6pm Wednesday with Pastor Tom Jones Music Director: David Black</p> |
| <p>NEW LIFE CENTER A-G 2451 Zinfandel Drive Rancho Cordova Lead Pastor Lance Feliciano Phone (916) 635-8287 Sunday Service is 10:30AM Wednesday night Bible 6:30pm www.newlifecr.net</p> | <p>SUN RIVER CHURCH 11223 Trinity River Drive Rancho Cordova (916) 635-9000 9:00 AM Sundays : Youth and Adult classes 10:45 AM: Worship Gathering Nursery and Children's programs available at both 9:00 and 10:45 AM</p> |
| <p>SUNRISE COMMUNITY CHURCH RC serving the Anatolia community Sunday Service 10am 11821 Cobble Brook Drive (916) 760-0970 Bible Study Tuesday 6:30pm Anatolia Clubhouse 11828 Chrysanthy Blvd www.RC Sunrise.org</p> | <p>THE EASTERN CATHOLIC ARCHDIOCESE (Chaldean-Syrian) 3516 Nouveau Way • Rancho Cordova (916) 635-4445 Sacramental - Charismatic - Liturgical</p> |

Place Your Church Services Ad in the Grapevine Independent Church Directory.
Call us at 916-773-1111

menchie's

frozen yogurt

BUY ONE FROZEN YOGURT GET ONE

FREE

Store Location

10933 Olson Dr.,
Rancho Cordova, CA 95670

valid on up to 10oz of frozen yogurt of equal or lesser value at participating locations only. cannot be combined with any other offer. valid thru forever.

Serving Rancho Cordova and Sacramento County Since 1968

It is the intent of the *Grapevine Independent* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Grapevine Independent* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Grapevine Independent* are copyrighted. Ownership of all advertising created and/or composed by the *Grapevine Independent* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Grapevine Independent*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$28 per year within Rancho Cordova.

The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.

Spend More Time Selling, Less Time Managing Payroll

Specializing in franchises and small businesses, we offer comprehensive and intuitive payroll that's perfect for any size business from 1 employee to 100's

- Direct Deposit
- Accrual Tracking
- File Quarterly Taxes
- Reporting and Filing
- Pay Payroll Taxes
- Payroll App

Call Now

and

Receive

One Month

of

Payroll Processing

FREE!*

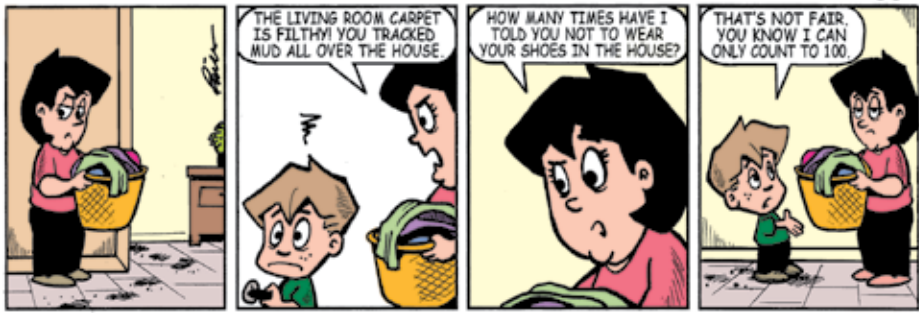
HR | Payroll | Benefits

Call Now 916.760.7227

www.pinnaclehro.com

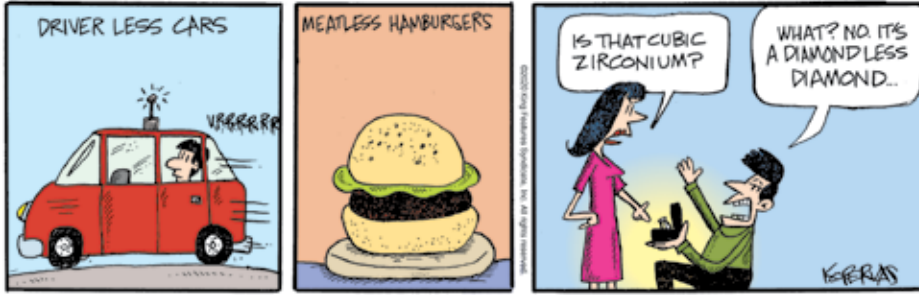
WEEKLY COMICS

Amber Waves



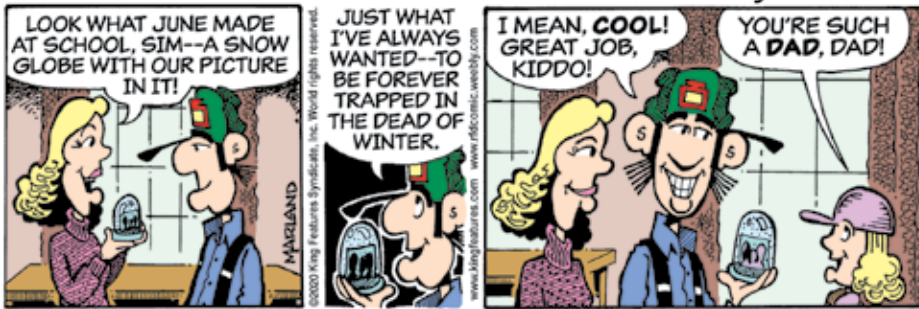
by Dave T. Phipps

Out on a Limb



by Gary Kopervas

R.F.D.



by Mike Marland

GRIN & BEAR IT



"The grandparents are leaving the kids with us entirely too much!"

LAFF-A-DAY



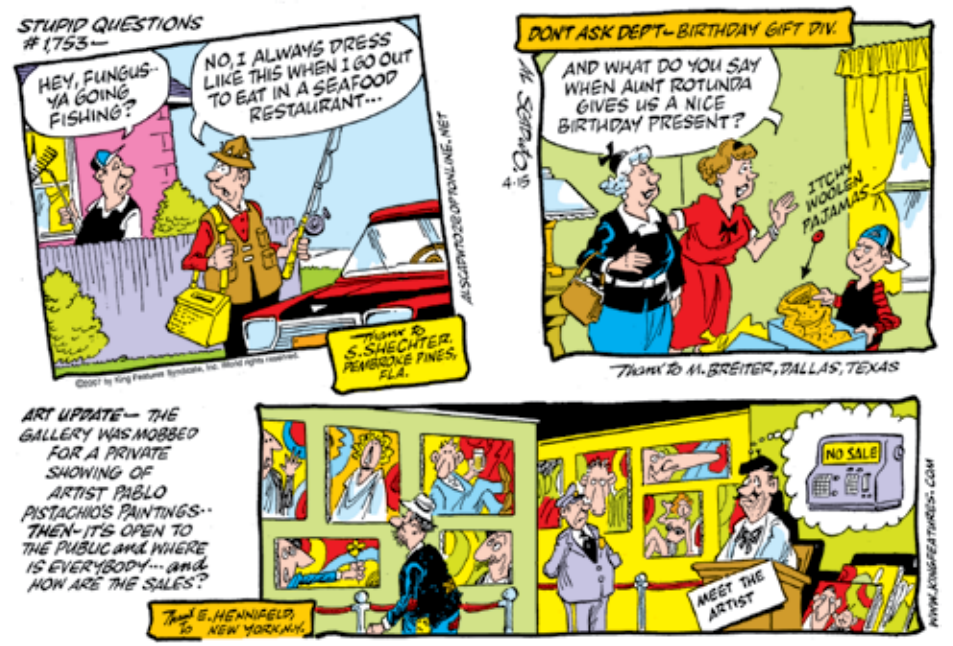
"Do you realize it's been nearly a year since you've held a 'Sale of the Century?'"

The Spats



by Jeff Pickering

THEY'LL DO IT EVERY TIME



BY AL SCADUTO

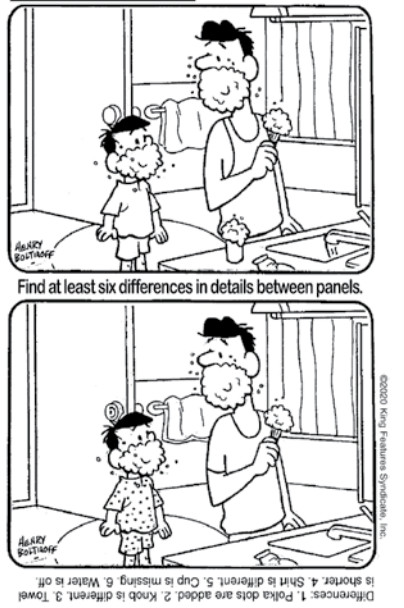
ART UPDATE-- THE GALLERY WAS MOBBED FOR A PRIVATE SHOWING OF ARTIST PABLO PASTACHIOS PAINTINGS-- THEN IT'S OPEN TO THE PUBLIC AND WHERE IS EVERYBODY... AND HOW ARE THE SALES?

Just Like Cats & Dogs



by Dave T. Phipps

HOCUS-FOCUS



BY HENRY BOLTINOFF

Crossword Puzzle on Page 5

| | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| O | L | D | S | | I | D | S | | W | I | S | P | | | | |
| N | A | R | C | | D | R | I | P | | S | I | D | L | E | | |
| E | V | I | L | | O | K | R | A | | K | L | E | I | N | | |
| | | | | | B | E | N | N | E | T | | E | D | A | M | |
| | | | | | R | E | A | D | Y | | H | I | C | | | |
| B | R | E | A | S | T | | | | F | I | N | A | L | E | S | |
| E | E | R | | T | E | A | P | O | T | | T | O | L | U | | |
| S | L | A | V | S | | F | L | U | | A | S | T | I | R | | |
| T | I | T | I | | D | R | Y | R | O | T | | U | T | E | | |
| S | C | O | R | P | I | O | | | R | O | U | S | E | R | | |
| | | | | | G | E | M | | D | E | A | N | S | | | |
| | | | | | T | H | I | N | | S | I | X | T | E | E | N |
| S | O | U | N | D | | C | O | C | O | | F | O | O | D | | |
| O | R | R | I | S | | O | D | O | R | | U | G | L | Y | | |
| U | C | L | A | | | T | E | N | | | L | O | D | E | | |

STATEPOINT CROSSWORD • MARCH MADNESS

Crossword Puzzle Solutions on Page 5

| | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | |
| 12 | | | | | 13 | | | | | 14 | | | |
| 15 | | | | | 16 | | | | | 17 | | | |
| | | 18 | | 19 | | | | | | 20 | | | |
| | | | 21 | | | | | | 22 | | | | |
| 23 | 24 | 25 | | | | | 26 | | | 27 | 28 | 29 | |
| 30 | | | | 31 | 32 | 33 | | | | 34 | | | |
| 35 | | | 36 | | | 37 | | | | 38 | | | |
| 39 | | | | | 40 | | | | | 41 | | 42 | |
| 43 | | | | 44 | | | | | | 45 | | 46 | |
| | | | | 47 | | | | 48 | 49 | | | | |
| | 50 | 51 | | | | | | | | 52 | | 53 | |
| 54 | | | | | | | | 55 | | | 56 | 57 | 58 |
| 59 | | | | | | | | 60 | | | 61 | | |
| 62 | | | | | | | | | | 63 | | | 64 |

CLUES

ACROSS

- Cutlass or Delta 88, for short
- Passports and driver's licenses
- Bit of smoke
- Narcotics agent, for short
- Type of coffee maker
- Sashay
- Austin Powers' antagonist
- Creole cuisine staple
- Designer Calvin
- "Last year's winning coach"
- Red-encased cheese
- Prepared
- Drunkard's sound?
- Source of white meat
- They are often grand
- "Ever" to a poet
- Mrs. Potts of "Beauty and the Beast"
- Cough syrup balsam
- Russians, e.g.
- A shot could prevent it
- Up and about
- Lake _____caca, South America
- Plant disease
- "Member of University of Utah team"
- Autumnal zodiac sign
- Rooster, e.g.
- Rare find
- Campus VIPs
- Razor-_____
- "Lowest seed"
- In good health
- 2017 Oscar-winning animated film
- "_____ for thought"
- Essential oil derived from iris
- Nasal input
- Pre-swam state?
- "NCAA basketball team with most titles"
- "7 seed opponent in round 1"
- Prospector's mother
- Layer
- "Cavaliers' state"
- Make amends
- Slow-witted
- Demosthenes, e.g.
- Waits for approval, e.g.
- Being of service
- D in LED
- Former prisoner
- Rigid necklace
- Catapult
- One from Glasgow
- Canceled
- Olden-day French coin
- Goes with borrowed and blue
- Indigo extract

© StatePoint Media

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

916-773-1111

Sudoku Puzzle on Page 5

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 8 | 5 | 2 | 7 | 6 | 1 | 9 | 4 |
| 2 | 4 | 1 | 3 | 9 | 5 | 6 | 8 | 7 |
| 9 | 6 | 7 | 8 | 4 | 1 | 5 | 3 | 2 |
| 1 | 3 | 8 | 4 | 5 | 7 | 2 | 6 | 9 |
| 5 | 2 | 4 | 6 | 3 | 9 | 7 | 1 | 8 |
| 7 | 9 | 6 | 1 | 2 | 8 | 4 | 5 | 3 |
| 6 | 1 | 3 | 7 | 8 | 2 | 9 | 4 | 5 |
| 4 | 7 | 9 | 5 | 6 | 3 | 8 | 2 | 1 |
| 8 | 5 | 2 | 9 | 1 | 4 | 3 | 7 | 6 |

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing

GRAND ALASKAN CRUISE & TOUR

12 days, departs May - Sep, 2020

1-844-870-9263
Promo code N7017

FROM \$1,749
\$1,499

Solutions on Page 5

BUSINESS DIRECTORY

LANDSCAPE SERVICES

SLS
Superior Landscape Services
 Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured
 Lic#794551

(916) 728-5812 • Cell (916) 761-0999
 Dave Cochran Owner • dave_SLS@surewest.net

Executive Director Wanted

California News Publishers Association (CNPA), a 132-year-old, 500-member trade organization, is seeking its next Executive Director. The ideal candidate must be an excellent communicator and also have a strong financial acumen. Expertise in leading the association's legislative efforts is also a key component of this job. The ideal candidate will have a proven record of success as well as at least five years of senior management experience in a media environment or trade association. The compensation package for this position includes a competitive base pay, a performance-based bonus plan and attractive benefits package. (See the Job Bank at cnpa.com for detailed job posting.) Qualified candidates should forward a cover letter along with their resume to cnpajobs@gmail.com (Cal-SCAN)

DRUG AND ALCOHOL REHABILITATION

CLEAN & SOBER
 LIVING
 CSTL, Inc.

HELPING PEOPLE AND THE COMMUNITY WITH
 THE ALCOHOL AND DRUG PROBLEM!
 18 YEARS IN BUSINESS!

DETOX (916) 965-3386 SOBER LIVING (916) 961-2691

BEAUTY CONSULTANT

Natalie Miller
 Independent Beauty Consultant

MARY KAY.

millernatalie29@yahoo.com
 www.marykay.com/nmiller9625
 916.621.0833

Contact me for a Complimentary Facial

LET'S FACE IT!

Some jobs are just too big to do-it-yourself! Whatever it is that you need done, Call A Professional. Check out the advertisers on this page. They are waiting to hear from you!

LET US SAVE YOU TIME & MONEY

REACH 75+ MILLION READERS WITH ONE ORDER, ONE BILL!

| | |
|---|---|
| Community Classified 25 words/245+ papers | 1x \$650 Statewide \$435 North/\$485 South |
| Daily Classified 25 words/41 papers/7 days | 7 days \$995 \$650 North/\$650 South |
| CLASSIFIED COMBO 25 words/282+ papers | 8 days \$1,270 Statewide |
| DISPLAY - Community Newspapers 140+ papers | 1x \$1,600 2x2 Statewide; \$1,240 2x2 No.; \$1,240 2x2 So. |

HOLLYWOOD CALIFORNIA NEWSPAPERS DELIVER!
 More info: Call (916) 288-6011; email ecellia@cnpa.com

We'd love to help your business connect with our readers.
 Call 916 773-1111

GOT LOCAL NEWS?
 Call 916 773-1111

MPG
 Messenger Publishing Group

Land For Sale

36 ACRE SELF SUFFICIENCY HOMESTEAD - \$162 MONTH - Outstanding buy on quiet - secluded off grid northern Arizona homestead at cool clear 6,000' elev. Entirely useable grassy meadowland with sweeping views of surrounding red rock ridges. Situated within a secluded valley location surrounded by thousands of acres of uninhabited wilderness. Bordered by 1,280 acres of uninhabited State Trust land. Free well water access, rich loam garden soil, and ideal year round climate. No urban noise and dark sky nights. Zoned for livestock. Camping and RV use ok. Maintained road access. On special at \$17,900, \$1,790 dn. with no qualifying seller financing. Free brochure with similar property descriptions, photos/terrain maps/ weather data/ nearby pioneer town info. 1st United Realty 1-800-966-6690. (Cal-SCAN)

Local Classified

Announcement

Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of your home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit <http://dorranceinfo.com/Call> (Cal-SCAN)

Orlando + Daytona Beach Florida Vacation! Enjoy 7 Days and 6 Nights with Hertz, Enterprise or Alamo Car Rental Included - Only \$298.00. 12 months to use 1-866-903-7520. (247) (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-491-2884 (Cal-SCAN)

DONATE YOUR CAR, BOAT OR RV to receive a major tax deduction. Help homeless pets. Local, IRS Recognized. Top Value Guaranteed. Free Estimate and Pickup. LAPETSALIVE.ORG 1-833-772-2632 (Cal-SCAN)

We'll Buy Your Used Vehicles from 2002 or Newer Models! Call 1-855-444-3811, accept the offer, schedule pickup time, get paid in 24 hours or less. (Cal-SCAN)

CALL 916 773-1111 TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER

COMPUTER SERVICES

Zinsky's
 PC Configurations
 Don't replace it - REPAIR IT!
 Custom Desktop Computer Configurations
 • PC Repair • Home Wireless Networking
 • Installations • Virus & Spyware Eradication

Alan Zinsky
 Phone: 916-622-2269
zconfig@sbjglobal.net
 Box, Lic. # 30337 • B.E.T.A.R. Reg. #84416
 www.zinskyspcrepair.com

For Rent

Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"



Fitness/Yoga

Your Fitness Genie
 18 Years of Experience
 FREE Fitness Goal Planner

Age Well In Place
 Avoid Assisted Living
 *Keep Strength and Mobility
 Be Active, Call Today!
 Jenn@YourFitnessGenie.com
 (916)768-8767

Financial Services
 Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-508-6305. (Cal-SCAN)

Struggling With Your Private Student Loan Payment? New relief programs can reduce your payments. Learn your options. Good credit not necessary. Call the Helpline 866-305-5862 (Mon-Fri 9am-5pm Eastern) (Cal-SCAN)

Handyman

A Quality Home Maintenance
 Hauling
 Gutters Cleaned
 Yardwork
 One Time Lawn Mowing
 You Name It!
 Scott Lehman
 Gutter Dog
 (916) 613-8359

Health & Medical

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

Stay in your home longer with an American Standard Walk-In Bath. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-844-252-0740 (Cal-SCAN)

ATTENTION: OXYGEN USERS! The NEW Inogen One G5. 1-6 flow settings. Designed for 24 hour oxygen use. Compact and Lightweight. Get a Free Info kit today: 1-844-359-3976 (Cal-SCAN)

Classified Advertising
 916-773-1111

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

Suffering from an ADDICTION to Alcohol, Opiates, Prescription Painkillers or other DRUGS? There is hope! Call Today to speak with someone who cares. Call NOW 1-855-399-8803

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial American Landscape Design & Installation, Est 1987 American Construction & Property Maintenance Company

WE ACCEPT VISA & MASTER CARD
 (916)612-0776
 Lic#690968

LANDSCAPING

Spring clean up. One time yard clean up. Mow, weed, prune, haul, rock, bark, and gutters. 916 205-9310 916 688-9310.

Valencia's
 Lawn & Garden
 FREE ESTIMATES
 Affordable Prices
 • Clean-up • Valve Repair & Installation
 • Tree Trimming
 • Mulch, Sod & Sprinkler Repair & Installation

916.277.4270

D & T Landscaping. Tree service and fencing. Licensed & Bonded. (916) 410-7100 (916) 834-8145

Miscellaneous

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters and more! To learn more, call now! 1-855-702-3408.

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

HALL RENTALS

VFW Post 6158

8990 Kruithof Way, Fair Oaks, CA

916-966-1663
vfw6158.org/rent-our-hall/
 Call or come by

Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddieballbert1@yahoo.com. 530-263-6926 (MPG 12-31-20)

Classified Advertising
 773-1111

Pets/Animals

DOG RESCUE
 Gary
 (916) 334-2841
 Please Adopt or Foster
 Because so many really great dogs are dying for a good home...
 ShelterMOU@hotmail.com

Classified Advertising
 916 773-1111

Roofing

BERNARDINO ROOFING
 Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!

FREE ESTIMATES
 SENIOR DISCOUNTS
 Lic #817945 35 Years Experience
 916.920.0100
 www.bernardinoroofing.com

School

AIRLINE CAREERS Start Here - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 877-205-4138. (Cal-SCAN)

Senior Living

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. Call 1-855-467-6487. (Cal-SCAN)

Classified Advertising
 916 773-1111

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL
 TREE TRIMMING/ SHAPING
 FREE ESTIMATE
 10% OFF WITH THIS AD
 Insured. Workman's comp. Arborist
 916-722-6321
 BPTreeServices.com
 VISA / MASTER CARD
 California Contractors Lic #1036031

Tax Services

ARE YOU BEHIND \$10K OR MORE ON YOUR TAXES? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Call 855-970-2032. (Cal-SCAN)

Work Wanted

I do garage and house organizing, cleaning, and de-cluttering. Pruning and weeding. I will juice fruit and vegetable juices in your home. I do respite home health work-References, College grad, security and Health background. Tim, 916-370-0858. (MPG 12-31-19)

Real Estate

RETIRED COUPLE \$1 Mil for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

RETIRED COUPLE

Has \$1Mil to lend on California Real Estate*
 V.I.P. TRUST DEED COMPANY
 OVER 35 YEARS OF FAST FUNDING
 Principal (818) 248-0000 Broker
 WWW.VIPLAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073
 CA Department of Real Estate, NMLS #339217
 Private Party loans generally have higher interest rates, points & less than conventional discount loans.

LEGAL ADS FOR SACRAMENTO COUNTY?
 We Can Do That!
 Call 916 483-2299

LEGAL ADS FOR SACRAMENTO COUNTY?
 We Can Do That!
 Call 916 483-2299

AIRLINE CAREERS START HERE
 Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 877-205-4138

Donate A Boat or Car Today!
 Boat Angel
 "2-Night Free Vacation!"
 800-700-BOAT (2628)
 www.boatangel.com
 sponsored by boat angel outreach centers STOP CRIMES AGAINST CHILDREN

Wanted

Freon Wanted: We pay CASH for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-586-9371 or visit RefrigerantFinders.com (Cal-SCAN)

Hair Stylist Wanted

Grand Oaks Hair & Nails has stations for rent for hair stylist. 7525 Auburn Blvd #2 916 725-2996 or 916 802-7767

KC BUYS HOUSES - FASTEST CASH - Any Condition. Family owned & Operated. Same day offer! (951) 777-2518 WWW.KCBUYSHOUSES.COM (Cal-SCAN)

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER
 Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

IT'S TIME
 for clergy sexual abuse to stop.


NEW LAW - ACT NOW!

Know your options and your rights. Contact us about the California Child Victims Act today.

JEFF ANDERSON & ASSOCIATES
 Call confidentially. 1-800-ITS-TIME
 11812 San Vicente Blvd, Los Angeles, CA 90049 | AndersonAdvocates.com

AIRLINE CAREERS START HERE
 Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 877-205-4138

Donate A Boat or Car Today!
 Boat Angel
 "2-Night Free Vacation!"
 800-700-BOAT (2628)
 www.boatangel.com
 sponsored by boat angel outreach centers STOP CRIMES AGAINST CHILDREN



Sacramento arts CENTER

5330-B Gibbons Dr.
Carmichael, CA 95608

Gallery admission is free
and open to the public

Hours
Tuesday 11am- 7pm
Wednesday - Friday 11am- 3pm
Saturday-Sunday 11am- 5pm

www.SacFineArts.org
(916) 971-3713

Visit us for more information
about upcoming exhibits,
events, and classes.




Exhibits

The Art of Theatre
January 28- February 16

Magnum Opus
March 3- April 5

LEARN TO
PRAY & HEAL

A SPIRITUAL
ADVENTURE



A Free Talk
on Christian Science
by Nate Frederick, C.S.

Saturday, March 21 11AM
First Church of Christ, Scientist
4829 Folsom Blvd., Sacramento
Contact: 916.456.5695



NASA HUBBLE SPACE TELESCOPE EXHIBIT

Experience the magnificence and mystery of Hubble with this stunning, interactive traveling exhibit

SAVE \$5
Get \$5 off each admission when you bring in this ad
offer expires March 29, 2020

AEROSPACE MUSEUM OF CALIFORNIA

3200 Freedom Park Drive
McClellan, CA 95652
916.643.3192

FIRST TIME IN CALIFORNIA!

ENDS MARCH 29!

EVERY OTHER WEEK WE HAVE THE LOWEST PRICES ON FRISKIES (5.5oz) OR FANCY FEAST (3oz)
*Compared to All Chain and Local Stores

We Beat Almost All Online Prices on Premium Brand Pet Foods.
Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.

PET CLUB FOOD AND SUPPLIES

EVERYDAY LOW PRICES
Super Discount Prices* Hot Specials & Coupons
(Short term promotions from vendors. No Membership Fees)

2344 Sunrise Blvd. 318 N Sunrise Blvd.
Rancho Cordova, CA Roseville, CA
916-635-5008 916-781-8500

We Only Accept ATM, Cash, & Checks M-F 9-8, SAT 9-7, SUN 10-7 Effective 3/11/20 - 3/17/20

COUPON

FREE PET CLUB Pet Food Can Lid
with the purchase of pet, fish food or supply.
99¢ value
Limit 1 PLU 334 CHM
Limit 1 Coupon per family
Effective 3/11/20 - 3/17/20

COUPON

2 FREE CANS OF CAT FOOD
(5.5 Oz. All Varieties) Friskies (Selected Indoor Included), 9 Lives
With Any Purchase of Pet, Fish Food, or Supply PLU 321
Limit: 1 Coupon Per Family CHM
Effective 3/11/20 - 3/17/20

Look for Advertised Sale Items Everyweek at www.petclubstores.com

| | | | | | |
|---|--|---|---|--|---|
| <p>BLUE BUFFALO DRY DOG FOOD</p> <ul style="list-style-type: none"> •Chicken (Reg. \$11.00 Off) 30 Lb Bag •Chicken (Large Breed) •Fish & Oat Meal (Reg & Lrg Breed) •Puppy (Reg & Lrg Breed) •Senior (Reg & Lrg Breed) •Lamb & Rice •Healthy Weight <p>\$8 OFF As Marked Our Regular Low Prices! Effective 3/11/20 - 3/17/20</p> | <p>NATURAL BALANCE DRY DOG FOOD</p> <ul style="list-style-type: none"> •Ultra Grain Free 24 Lb. •Potato & Duck 26 Lb. •Fat Dog 28 Lb. •Vegetarian 28 Lb. •Chicken & Rice 26 Lb. <p>\$5 OFF SUPER BUY Limit 2 Bags Per Family Our Super Low Prices Effective 3/11/20 - 3/17/20</p> | <p>MERRICK'S GRAIN FREE DRY DOG FOOD</p> <ul style="list-style-type: none"> •Chicken/Sweet Potato •Duck/Sweet Potato •Buffalo/Sweet Potato •Salmon/Sweet Potato •Venison/Sweet Potato <p>25 Lb Bag \$10 OFF Limit 2 Bag OUR REGULAR LOW PRICE! Effective 3/11/20 - 3/17/20</p> | <p>PURINA KIT N' KABOODLE DRY CAT FOOD</p> <p>16 Lb Bag</p> <p>Limit 2 Bags Per Family \$9.49 Effective 3/11/20 - 3/17/20</p> | | |
| <p>FRISKIES BUFFET CANNED CAT FOOD</p> <p>5.5 Oz All Varieties</p> <p>Limit 2 Cases Per Family ON SALE Everyday Effective 3/11/20 - 3/17/20</p> | <p>FUSSIE CAT PREMIUM CANNED CAT FOOD</p> <p>Black Label Gold Label 2.8 Oz.</p> <p>Limit 2 Cases Per Family ON SALE Effective 3/11/20 - 3/17/20</p> | <p>TIDY CATS SCOOPABLE CAT LITTER</p> <p>20 Lb Jug</p> <ul style="list-style-type: none"> •Regular •Unscented <p>Limit 2 Jugs Per Family ON SALE Everyday Effective 3/11/20 - 3/17/20</p> | <p>HI-COUNTRY WILD BIRD SEED</p> <p>20 Lb Bag (Kaytee, 20 Lbs - \$8.99) (Audubon Friends, 20 Lbs - \$5.99)</p> <p>Limit 2 Bags Per Family \$6.99 Effective 3/11/20 - 3/17/20</p> | | |
| <p>MERRICK'S GOURMET CANNED DOG FOOD</p> <p>13.2 Oz All Varieties Limit 2 cases On Sale</p> <p>30 Lb Bag</p> <p>IAMS DRY DOG FOOD</p> <ul style="list-style-type: none"> •Mini-Chunk \$27.99 •Large Breed \$28.99 •Lamb Meal & Rice •Weight Control | <p>EVERCLEAN PREMIUM CAT LITTER</p> <p>•ES Unscented •US Ever Fresh •Light Weight (22 Lb.) 25 Lb. Box Limit 2 Boxes \$12.99</p> <p>PESTELL CLUMPING CAT LITTER</p> <p>40 Lb. Bag Limit 2 Bags \$8.99</p> | <p>WELLNESS CANNED CAT FOOD</p> <p>Full Case •Pate •Gravy Selected Varieties Also •Signature Select •Core 5.3 Oz Limit 1 Case 20% OFF REGULAR LOW PRICES</p> <p>CHICKEN SOUP FOR THE SOUL DRY CAT FOOD</p> <ul style="list-style-type: none"> •Adult •Indoor/Hairball •Weight/Mature Care •Kitten 13.5 Lb Bag Limit 2 Bags As Marked 20% OFF OUR SUPER LOW PRICES | <p>SWHEAT SCOOP NATURAL WHEAT LITTER</p> <p>(12 Lb Bag - Original \$10.99 Multi Cat \$11.99)</p> <p>36 Lb Bag Limit 2 Bags Original \$29.99 Multi-Cat \$31.99</p> <p>FRESH STEP CAT LITTER</p> <p>21 Lb Bag (14 Lb Bag - \$4.49) Limit 2 Bags \$6.49</p> | <p>KAL KAN CESAR SELECT DINNERS DOG FOOD</p> <p>All Varieties 3.5 Oz Limit 2 Cases 75¢</p> <p>PURINA BENEFUL DRY DOG FOOD</p> <ul style="list-style-type: none"> •Original •Healthy Weight •Salmon 14 Lb Bag •Puppy (Grain Free Chicken, Select 10 Beef 12.5 Lb) <p>Limit 2 Bags \$13.99</p> | <p>CORE GRAIN FREE DRY DOG FOOD</p> <p>22-24 Lb Bag Original \$61.99 •Ocean •Reduced Fat \$64.99</p> <p>OKOCAT CLUMPING WOOD LITTER</p> <p>NEW •Regular •Soft Step 11-13 Lb \$3.00 OFF 16.7 Lb \$4.00 OFF Dust Free Natural Paper 12.3 Lb \$4.00 OFF</p> |
| <p>HAMILTON PET LEASHES</p> <ul style="list-style-type: none"> •Collars •Harnesses All Varieties •Leads •Nylon •Leashes •Leather <p>20% OFF OUR SUPER LOW PRICES</p> | <p>PET LINK SYSTEMS CAT PRODUCTS</p> <ul style="list-style-type: none"> •Cat Toys •Scratchers •Scratching Systems & Posts •Activity Toys All Varieties <p>20% OFF OUR SUPER LOW PRICES!</p> | <p>MARINELAND POWER FILTER SALE</p> <p>MODEL TANK SIZE</p> <ul style="list-style-type: none"> PENGUIN 100B20 Gal. \$17.99 PENGUIN 150B30 Gal. \$24.99 PENGUIN 200B50 Gal. \$29.99 PENGUIN 350B75 Gal. \$39.99 | <p>AQUEON BOXED 10 GALLON TANK</p> <p>With Economy Kit Just add Heater For Tropical Fish \$36.99 Limit 1 Per Family</p> | | |
| <p>VITAKRAFT TREATS & STICKS</p> <ul style="list-style-type: none"> •Small Animals •Birds All Varieties <p>20% OFF OUR SUPER LOW PRICES</p> | <p>PET SAFE BUSY BUDDY Toys & Treats</p> <p>All Varieties 20% OFF OUR SUPER LOW PRICES</p> | <p>KENT MARINE WATER SUPPLEMENTS</p> <p>20% OFF OUR SUPER LOW PRICES</p> | <p>MARINELAND PREMIUM FISH FOOD</p> <p>ALL VARIETIES •Goldfish •Cichlids •Tropical •Wafers 20% OFF OUR SUPER LOW PRICES</p> | | |
| <p>BONUS COUPON</p> <p>JONNY CAT PREMIUM CAT LITTER</p> <p>10 Lb Bag Limit 2 Bags With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 3/11/20 - 3/17/20 \$1.79 CHM PLU 365</p> | <p>BONUS COUPON</p> <p>WHISKAS TEMPTATIONS CAT TREATS</p> <p>•All Varieties 3 Oz. Limit 2 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 3/11/20 - 3/17/20 \$1.25 CHM PLU 569</p> | <p>BONUS COUPON</p> <p>FANCY FEAST GOURMET CANNED CAT FOOD</p> <p>3 Oz - All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 3/11/20 - 3/17/20 ON SALE Everyday CHM PLU 361</p> | | | |

State Water Project Allocation Increases to 15 Percent

By Maggie Macias,
Department of Water Resources

SACRAMENTO, CA (MPG) - The California Department of Water Resources (DWR) announced an increase in 2020 State Water Project (SWP) allocations to 15 percent of requested supplies, up from the year's initial 10 percent allocation announced on December 2.

Allocations are reviewed monthly based on snowpack and runoff information and are typically finalized by May.

"California gets most of its annual precipitation from a handful of major and infrequent winter storms," said DWR Director Karla Nemeth. "After some significant storms in December, January has been relatively quiet and is currently below average. We continue to hope for wetter conditions and must always work to eliminate waste and use water more wisely."

Precipitation in the Northern Sierra is at 63 percent of average to date. Statewide snowpack is 76 percent of normal for this date. The state gets about 30 percent of its annual

water supply from snowpack. Snow water content is one factor in determining allocation amounts along with reservoir storage and releases necessary to meet water supply and environmental demands.

Lake Oroville, the SWP's largest reservoir, is currently at 61 percent of capacity and 94 percent of average for this time of year. Shasta Lake, the Central Valley Project's (CVP) largest reservoir, is at 74 percent of capacity and 112 percent of average. San Luis Reservoir, the largest off-stream reservoir in the United States where water is stored for the SWP and CVP, is at 72 percent of capacity and 95 percent of average. In Southern California, SWP's Castaic Lake is at 72 percent of capacity and 87 percent of average.

The current 15 percent allocation amounts to 635,434 acre-feet of water. The SWP provides water to 29 SWP contractors who supply water to more than 27 million Californians and 750,000 acres of farmland.

For information on current water conditions at the state's largest reservoirs and weather stations, visit the California Data Exchange Center (CDEC). ★

Verge Center for the Arts Announces Call for Artists for 15th Annual "Sac Open Studios"



Jewelry designer Omonivie Okhade is a Sacramento artist. Photo T-Rock Communications

By Traci Rockefeller Cusack,
T-Rock Communications

SACRAMENTO, CA (MPG) - Verge Center for the Arts is excited to announce a call for local artists to participate in the 15th Annual Sac Open Studios, the region's oldest, largest and most prestigious artist studio tour program that celebrates artists and makers across the Sacramento region. Registration is open for everyone from March 1 - May 15, 2020. Members receive an exclusive discount of more than 30 percent off during March. The highly anticipated artist studio tour - always free and open to the public - officially kicks off with a special Launch Party on Thursday evening, September 10 at Verge followed by open studios scheduled over two weekends: September 12-13 & 19-20, 2020.

In 2019, a record 250 local artists participated in Sac Open Studios. This year, organizers are actively working to present the most diverse and inclusive self-guided tour possible by retaining existing artists and attracting new participating artists as well. The artist studio tour is designed to showcase emerging and established artists and studios in Sacramento County and the City of West Sacramento. Throughout the two weekends in September, the community is encouraged to take self-guided tours and/or participate in special exhibitions, events, workshops, performances and parties where they can meet local artists, see art in action and gain new appreciation for the creativity of talented local artists. Additionally, this unique event provides an opportunity for interested community members to see works of art and many studios that are not normally available for public viewing.

A variety of valuable benefits are available to local artists who register that include (but are not limited to) the following: having studio information and artwork printed in the always-popular Sac Open Studios guide that is distributed to more than 500 locations, eligibility to include artwork in

the Preview Exhibition held at Verge Center for the Arts, artist workshop and how-to information.

The cost for artists to participate is \$150 except during the month of March when members pay a special reduced fee of \$99. In addition to the discounted cost to participate in Sac Open Studios, local artists are encouraged to become members of Verge Center for the Arts to enjoy other valuable benefits. Verge members who sign up during the month of March will also be entered into a drawing to win a \$300 gift card to Blick Art Materials. For more information about deadlines, benefits and other details leading up to the 2020 Sac Open Studios art tour, please visit www.vergeart.com/open-studios/participate.

Originally established in 2006 by the Center of Contemporary Art Sacramento (that later merged with Verge Center for the Arts in 2014), Sac Open Studios allows tour goers the opportunity to engage directly with artists while enjoying and experiencing a self-guided, art-focused exploration of the greater Sacramento region.

A unique collaboration between Verge Center for the Arts, local artists, arts organizations, schools and colleges, and local businesses, Sac Open Studios is generously sponsored by the following: Blick Art Materials, Mondavi Center, Phillip M. Cunningham, Warehouse Artist Lofts (WAL), Inside Sacramento and Sacramento365.com. Additional support is provided by the Sacramento Metropolitan Arts Commission (SMAC), City of Sacramento and the County of Sacramento Board of Supervisors.

The mission of Verge Center for the Arts, a non-profit 501(c)3 organization, is to expose the Sacramento art region to internationally recognized contemporary art, while providing vital resources to local career and emerging artists. For more information and a full schedule of exhibits, demonstrations and special events, please visit www.vergeart.com. ★

North State Lawmakers Working to Protect Funding for Counties Affected by Fire

By Joe Zanze

SACRAMENTO, CA (MPG) - Assemblyman James Gallagher (R-Yuba City) and Senator Jim Nielsen (R-Tehama) are currently working alongside other representatives from wild-fire-impacted areas to ensure \$100 million in tax credits will be spent as intended by Congress. In Butte County, three housing developments could move forward immediately if the state regulations allow for these funds to be used as intended.

In December 2019, Rep. Mike Thompson

(D-Napa) secured \$100 million in new affordable housing tax credits for counties devastated by recent disasters. Initial plans for the credit by the California Tax Credit Allocation Committee (CTCAC) suggested allocating the funds across the entire state. However, due to the efforts of California lawmakers and industry leaders, the CTCAC has expressed its intent to revise initial regulations to ensure funding is prioritized for the 13 counties hit by major disasters in 2017-2018. The CTCAC is also discussing

extending the allocations into 2021.

"We are grateful for the efforts of our elected officials to bring additional resources to our community to help us rebuild after the devastating Camp Fire," said Seana O'Shaughnessy, President of the Community Housing Improvement Program. "We have hundreds of families who are still struggling. With a few adjustments to the regulations, these tax credits would enable us to build 100s of desperately needed housing units in Butte County." ★

SEASON 24

 **Sacramento**
CHORAL SOCIETY
& Orchestra
Donald Kendrick, Music Director

Verdi REQUIEM

*Overwhelming drama
and monumental
virtuosic brilliance*

Saturday, March 21 at 8 pm
MEMORIAL AUDITORIUM

Featuring world-class soloists



Soprano
Othalia Graham



Tenor
Robert Breault



Mezzo
Linda Baird



Baritone
Malcolm MacKenzie

GUEST CHORUS Schola Cantorum, Sacred Heart Church



Stop Pooh-Poohing Coronavirus Worries

The White House has been walking into a coronavirus trap.

By pooh-poohing worries about the virus and saying everything is under control, it is setting itself up for the charge, if things get even a little bad, that it was self-deluding and overly complacent.

Although President Trump has recently struck a better tone, he's been a chief offender, wanting to downplay the virus for fear it will continue to suppress a stock market that has experienced vertiginous drops.

This is exactly the wrong approach. The moment doesn't call for market-reassuring Trump, but threats-aren't-getting-past-our-borders Trump, not Dow 30,000 Trump, but drawbridge-and-moat Trump.

Everything should be geared toward overreacting now, when the threat in the U.S. is still in prospect, instead of later, when circumstances may be beyond anyone's direct control.

That means appointing a point person for the

coronavirus response with a medical background, who doesn't already have a full-time job, like current designee Mike Pence. The right pick could provide genuine expertise in public health and the workings of government, as well as being a reliable source of public information.

It means erring on the side of further travel restrictions, even if it will be impossible to exclude infected people from the United States, given its break out from China to countries all around the world.

It means not quibbling with Congress over coronavirus funding, with even Minority Leader Kevin McCarthy saying the administration's \$2.5 billion request is "a little low" (Trump has signaled a willingness to accept more).

It means making sure that the Centers for Disease Control and Prevention is working at maximum efficiency to make coronavirus tests widely available, which is the most worrisome shortfall in the federal response so far, and that government agencies are doing everything possible to push the development and deployment of a vaccine.

Finally, it means coordinating with localities, as warranted, on ways to slow the spread of the virus via "social distancing," or the avoidance of large gatherings and

public transportation.

The coronavirus is not a modern-day plague. Many people infected will experience only mild symptoms, and it's not as deadly as SARS or Middle East respiratory syndrome.

Yet, it is not a creation of the fake news, either. It has hobbled one of the most important counties in the world, China, and is shutting down towns in Italy. There are now more new cases outside of China than inside it. The virus has killed nearly 3,000 people.

If it gets loose in the United States, there could well be a panic that in itself would be damaging to the social fabric and the economy.

Maybe none of this comes to pass, but it's better to be overly prepared and vigilant than play to catch up.

Besides, the political valence of the coronavirus crisis should be favorable to Trump's worldview. It demonstrates a downside of globalization and shows the importance of borders. It is an object lesson in our overdependence on a China that is dictatorial, dishonest and poorly governed.

The president shouldn't shrug off the threat in the hopes of talking up the stock market. If his team responds effectively, the Dow will take care of itself.

Rich Lowry is editor of the National Review.

(c) 2019 by King Features Synd., Inc. ★



Concert
dedicated in memory of
Biba Caggiano

200+ voice chorus
Full orchestra

CONCERT SPONSORS
Angelo K. Tsakopoulos
Sacramento Choral Society
& Orchestra

MEMORIAL BOX OFFICE 1515 J St. | 916.808.5181 or
SACRAMENTOCHORAL.COM



Baseball Loses at DVC

Ronald Richardson

FOLSOM LAKE COLLEGE (MPG) - With a chance to take game three (and 2 out of 3) against Diablo Valley on Friday afternoon, the Falcons instead handed the Vikings a six-run 2nd inning – thanks to four walks, a hit batter, a wild pitch, and just two Viking hits – that erased a 3-run Falcon lead and led to an 11-6 Diablo Valley victory. The Vikings scored their 11 runs while recording just 6 hits in the game, but took full advantage of 7 walks issued by Falcon pitching. The Falcon offense collected 9 hits, including doubles by **James Powers** and **Braeden Holliday**



Sophomore right fielder Hiyato Niki has been unstoppable since moving to the leadoff spot. Photo by Doug Guler

and a triple by **Hiyato Niki**. In his two games in the leadoff spot, Niki has gone 7-for-8 (with 2 triples) and reached base 9 of his 10 plate appearances. But even with Niki setting the table, the heart of the order (catcher Alex Schroeder and 1b

Troy Shields) combined to go 0-for-8 and stranded 6 runners. The Falcons dropped to 13-7 overall and are 2-4 in Big 8 play. This week, the Falcons will play three against Sierra, with Thursday's game being the lone home game (2:30 pm). ★

Softball Sweeps a Pair at Santa Rosa

Ronald Richardson

FOLSOM LAKE COLLEGE (MPG) - Anxious to put an end to their four-game losing streak, the Falcons traveled to Santa Rosa on Saturday and emphatically started a winning streak of their own with a 14-4 blowout of the Bear Cubs, then followed that with a 3-0 shutout to sweep the doubleheader. The Falcons scored 11 runs in the first three innings of the opener and collected 20 hits in the game, including three doubles by freshman 2b Adriana Bridges. Catcher Emma Gaytan continued her recent hot streak with 3 hits and 4 RBI, Maddy Larson was 4-for-4, and pitcher Gigi Mendez had 3 hits and added 3 RBI. Mendez pitched a complete game (5 innings

due to 8-run mercy rule) and allowed just 6 hits and 3 earned runs to record the win.

In game two, freshman lefty Kelsey Wurm pitched a complete-game 3-hit shutout to lead the Falcons to a 3-0 win. Sophomore leftfielder Val Garcia provided all the offense needed when she hit a three-run home run in the fourth inning, driving in Maddy Larson and Haley Busby. Emma Gaytan added two more hits, raising her batting average to .400. The Falcons' overall record is now 17-5; they evened their Big 8 record at 4-4 and are now in 4th place. This week, they'll travel to Delta (12-7 overall, 3-4 in Big 8) on Tuesday before hosting Sac City (20-4, 5-3) for a doubleheader on Saturday at Falcon Diamond. ★

SPORTS ROUNDUP

Boys Volleyball, Tennis Enjoying Fresh Starts



Coach Valeriy Khramtsov Class of 2015 returns to lead Cordova High volleyball. Photo by Rick Sloan

Sports Roundup by James Darnell

RANCHO CORDOVA, CA (MPG)

- New Cordova boys varsity volleyball head coach Valeriy Khramtsov is ready, willing, and eager to make an impact on the program in his first season at the helm.

Khramtsov, whose previous experience includes coaching youth soccer and being a certified personal trainer, is a graduate of Cordova High (Class of 2015) and said that returning to his alma mater as a coach is something he's always wanted.

"It's been a dream of mine to coach at the school," Khramtsov said. "It's a dream come true. I'm really excited."

Although he didn't play volleyball at Cordova (the program started the year after he graduated),

Khramtsov has participated in the sport since his youth and is ecstatic about taking over the program. With what he describes as an inexperienced roster, he has been very pleased with what he has seen thus far as he begins to make his mark on the team.

"For a team that has little team chemistry, they are showing a lot of great potential and are working hard," he said. "They are some of the quickest learners I've seen in my experience as a coach. They have a ton of potential and the ability to improve, they just need to get to know each other better."

Key contributors this season figure to include juniors Marius Culibaba and Brian Apaso, along with sophomore Simon Larcheveque.

With a relatively young team and being in his first year with the program,

Khramtsov knows that this season will provide a steep learning curve for a group just starting to get their feet wet in the game of volleyball. But in looking ahead, the coach feels that positive results are not too far off.

"Since we have a lot of players that are going to be playing next year, I want to establish the foundational base of skills that they are going to need," he said. "Right now they're still learning the basics of volleyball. I believe that this season is going to function as a preparatory season for next year. I think next season is going to be incredible."

The Lancers will not take to the court again until Tuesday, March 17, when they host Johnson in the Greater Sacramento League opener. First serve is scheduled for 6:00 p.m. inside the new Cordova gym. ★

Boys Tennis

RANCHO CORDOVA, CA (MPG) - Spring cleaning is certainly a theme for many people as the weather gets warmer. It's a chance to clear out clutter and start anew.

For Cordova boys varsity tennis coach Jeff Pieczynski, the coming weeks will provide his team its own version of spring cleaning as they embark on a new season with a group full of new young talent.

With just three returning players from a year ago, Pieczynski will have his hands full with nine brand new players on his roster. However, that isn't necessarily a bad thing, noting the crop of new players have been extremely engaged and willing to learn.

"Because these kids are so coachable, it makes it that much more exciting," he said. "They are so excited about wanting to learn, so I'm excited from that standpoint."

Of course, Pieczynski has a trio of returning seniors he will rely heavily upon this season in fourth year player Gevork Khachatouryan, third year player Bryan Vigil, and second year player Jevon Bernardes. Khachatouryan, the Lancers'

number one player, is expected to perform well individually within Greater Sacramento League play later this spring.

Key newcomers will include freshmen Kian Santos and Sean Trinh, who Pieczynski noted as being two players that are neck-and-neck in the lineup order and regularly push each other to perform in practice and in games early on this season.

With this year bringing so many new players into the program, Pieczynski isn't as worried about wins and losses as he is building a proper foundation and instilling the love of the game into his young players.

"I would like to have my singles players all play in competitive matches this year," he said. "I want to see these kids make progress and fuel their fire for their love of the game of tennis."

As he looks to continue building up the program, Pieczynski hopes to have a summer program in place for players that want to continue to improve as well. More details will be provided in the coming months. ★

FREE LUNCH WITH OUR TOUR!

GET REAL

Aging is not for sissies.

What really matters is our spirit as we age. Let our compassionate care team make life easier so you have more time and energy for the fun stuff! Our goal is for you to keep your independence, maintain dignity and have a fulfilling social calendar while feeling safe and cared for.

Come be a part of our family. Summerset is family owned, conveniently located and welcomes small pets.

Get tough, come take a look!

Independent • Assisted • Memory Care

2341 Vehicle Drive • Gold River/Rancho Cordova

summersetseniorliving.com

916-400-0838

RCFE Lic. #347005361

FRESH BLUEBERRY PANCAKE WITH 2 EGGS AND 2 STRIPS OF BACON

Monday-Friday
5 AM to 11 am

10433 Folsom Blvd.
Rancho Cordova, CA 95670
916-631-8888

Only \$9.99

EXPIRES 3/31/20

Raley's Celebrates 85th Anniversary with the Launch of "Good Never Stops"

By Kevin Buffalino, Raley's

WEST SACRAMENTO, CA (MPG) - In celebration of the company's 85th anniversary, Raley's is launching a new integrated campaign, entitled "Good Never Stops." The campaign is intended to honor the everyday moments when Raley's team members, customers and partners make a positive impact in their communities.

The "Good Never Stops" campaign launched online with a video highlighting all the good that occurs in Raley's communities in just a 24-hour period. The video features some of the community partners Raley's is proud to support, including Sacramento Food Bank & Family Services, California Rangeland Trust, Food Literacy Center, California Farmland Trust and Northern California Construction Training, Inc. Additional online elements include a website featuring articles and videos about Raley's partners and stories of team members' personal commitments to their communities on the store Facebook pages.

"Raley's has been proud to serve local communities since 1935. Each and every day, our team members, customers and partners give back to our communities in their own unique and personal way," said Keith Knopf, Raley's President & CEO. "For our anniversary this year, we want to inspire positive change and reaffirm our commitment to doing good together

for the next 85 years."

Raley's customers are encouraged to get involved by using the #goodneverstops hashtag on social media to showcase their own efforts, inspire others to make a difference and see the good others are doing. Raley's customers and team members will be introduced to volunteer opportunities with Raley's Food For Families food bank partners over the coming year should they wish to participate.

Raley's founder, Tom Raley, opened his first store in Placerville, CA, in 1935. Now under the third-generation ownership of Tom's grandson, Mike Teel, Raley's remains privately-owned and family-operated and has grown to 129 stores throughout Northern California and Nevada. For the past 85 years, Raley's has proudly supported causes that make significant impacts in the communities where their team members live and work.

Raley's Food For Families is the center point of Raley's charitable spirit and remains the passion of its founder, Joyce Raley Teel. The non-profit is now under the stewardship of Jennie Teel-Wolter, daughter of Mike Teel and granddaughter of Joyce and Jim Teel.

To learn more about the "Good Never Stops" campaign, Raley's partner relationships and opportunities to volunteer, visit raleys.com/goodneverstops. ★

Aerojet Delivers RL10 Engines That Will Help Send NASA to Deep Space



Four Aerojet Rocketdyne RL10 rocket engines – shown here at the company's facility in West Palm Beach, Florida. Photo: Aerojet Rocketdyne

Aerojet Rocketdyne Communications

WEST PALM BEACH, FLA (MPG) - Aerojet Rocketdyne recently delivered four RL10 upper stage engines to NASA's Stennis Space Center that will help power NASA's Space Launch System (SLS) rocket as it carries astronauts aboard the Orion spacecraft to deep space. These missions are part of NASA's Artemis program, which will land the first woman and next man on the Moon, and set the stage to send astronauts to Mars.

"Nearly 500 Aerojet Rocketdyne RL10 engines have powered launches into space," said Eileen Drake, Aerojet Rocketdyne CEO and president. "Aerojet Rocketdyne continues to upgrade and improve this highly-reliable, flight-proven engine. The RL10's we just delivered to NASA will power the SLS upper stage on missions that safely launch our astronauts to explore deep space destinations."

A single RL10 engine

will provide nearly 25,000 pounds of thrust and serve as the main propulsion for the Interim Cryogenic Propulsion Stage (ICPS) that will fly atop the SLS rocket Block 1 in support of each of the first three Artemis missions. Later Artemis missions will use the evolved SLS Block 1B rocket configuration that includes the Exploration Upper Stage (EUS) powered by four RL10 engines to send Orion and large cargos to the Moon. The four RL10 engines on EUS provide more than 97,000 pounds of thrust.

Aerojet Rocketdyne is under contract to deliver 10 RL10 engines to NASA to support the Artemis program. One of the four engines that were recently delivered will be used to support the Artemis II mission that will use the ICPS upper stage, while the other three are slated to support future Artemis missions aboard the EUS. Delivery of the remaining six engines will be completed by 2021.

"The EUS is really a game changer for SLS and NASA's

lunar exploration program in terms of payload mass," said Steve Wofford, Space Launch System Program Liquid Engines manager at NASA's Marshall Space Flight Center. "These RL10 deliveries are a key stepping stone toward that future success."

Evolving the SLS rocket to the Block 1B version that uses EUS significantly increases the amount of payload that can be carried to lunar orbit; up to 40 metric tons compared to the 26 metric ton capability provided by the SLS Block 1 configuration. It also provides the option for "co-manifested" payloads such as large components for NASA's Gateway orbiting lunar outpost, landers, or surface systems.

Aerojet Rocketdyne has completed engine qualification testing for EUS and all other engineering activities, including providing NASA with the information necessary for the agency to human rate the RL10 engines. Qualification of the engines for ICPS will be completed in 2020. ★

Sell
Your Vehicle
in the
Local Classifieds
Call
916.773.1111
MPG

Earn extra money for just a few hours delivery work per week!
CALL 916-773-1111 MPG



ESKATON
Transforming the Aging Experience

"I am so grateful that my father lives at Eskaton. The staff are very friendly and caring; always aware of the needs and feelings of the residents. The food is great and the community is beautiful. It certainly deserves 5 stars."

- GRATEFUL FAMILY MEMBER

Visit us online at ESKATON.ORG/ELGR or call to tour today.

ESKATON LODGE GOLD RIVER | ASSISTED LIVING - PRE-MEMORY CARE - MEMORY CARE

License # 347001241

916-900-1685

