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# Grapevine Independent

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PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968

OCTOBER 4, 2019

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## Mather Community Celebrates Partnership with County



Above: The crowd cheered as the Mather Alliance presented Ranger Luevano his award for superior public service to steward and protect the Mather preserve's natural resources. Right: Park Ranger Luevano and his Sergeant Elmer Marzan arrived in style on their sport utility vehicles to join their Commander Wade Derbe and Chief Michael Doane in the celebration. Photo courtesy of Mather Alliance

By Joy Nahigian,  
Mather Alliance

**MATHER, CA (MPG)** - On Thursday, September 26, 2019, the Mather Alliance (a neighborhood group who advocates for responsible use and management of Mather Field resources) hosted a community celebration to publicly acknowledge the extraordinary efforts of Sacramento County Regional Parks staff and their Rangers to protect the natural resources of the Mather Vernal Pool Preserve in southeast Sacramento County.

Earlier this year, the Mather Alliance submitted a proposal to County Park Rangers for the County to install strategically placed signage and vehicle access control points. Sacramento County Park Ranger Luevano championed the proposal and within a few short months,

County Regional Parks created a project plan, purchased materials, and started sign and gate installations.

Regional Parks Director, Liz Bellas, and Regional Parks Superintendent, Cid Nieto, commemorated the incredibly effective project execution by their project manager, Marie Swehla, with a dramatic ribbon-cutting ceremony.

Present also at the preserve was Sacramento County Supervisor Don Notolli who acknowledged the ongoing successful partnership of Sacramento County and the Mather community to protect the Mather preserve and all it offers now and forever. These thriving

habitats provide an outstanding outdoor classroom for elementary school children through Sacramento Splash's effort to teach children to value their natural world through science education and outdoor exploration.

The Mather Alliance works with stakeholders to advocate for responsible use and management of historical buildings and artifacts, precious wetlands, vernal pools, rare species and their habitats, and natural resources on which life depends.

For more information on the Mather Alliance call (916) 812-4099 or visit [www.matheralliance.org](http://www.matheralliance.org) ★

## Mental Illness: "It's not always what you think"

By Brenda Bongiorno,  
Sacramento County

**SACRAMENTO COUNTY, CA (MPG)** - Living with a mental illness can leave individuals and families feeling alone, sad and disconnected. In Sacramento County, it is estimated that over 300,000 residents are living with a mental illness. Roughly, one in five adults will have a diagnosable mental disorder during their lifetime and nearly one out of five children will experience emotional or behavioral difficulties.

With education, support and treatment, people can—and do—recover and live fulfilling lives. But, regrettably, the strong stigma surrounding the topic of mental illness and mental health treatment today discourages many from seeking help and support. In fact, only 43.3 percent of adults with a mental health condition received mental health services during the past year. No one should have to take on their mental health journey alone, especially as many of these conditions are extremely common and impacting many of us, no matter our ethnicity, race, gender, socioeconomic status, religion and age group.

Sacramento County's "Mental Illness: It's not always what you think" project reaches out to the diverse communities within Sacramento County and reminds family members, friends and individuals of all ages that they are not alone.

Sacramento County is celebrating the progress it has made to raise awareness amongst residents – that mental illness is treatable and recovery is possible when education, family, peer and community support is made available. Since its inception in 2012, the "Mental Illness: It's not always what you think" project has:

Established the Stop Stigma Sacramento Speakers Bureau which has trained 197 speakers;

Reached over 15,000 people at more than 315 Speakers Bureau events and inspired hope for thousands of others living with mental illness;

Provided over 200,000 program materials, including brochures, posters and tip cards in multiple languages, to nearly 100 community organizations and at Project events, reaching thousands of Sacramento County residents;

Advertised throughout the County, with content featuring real Sacramento residents living with mental illness; advertisements

Continued on page 11

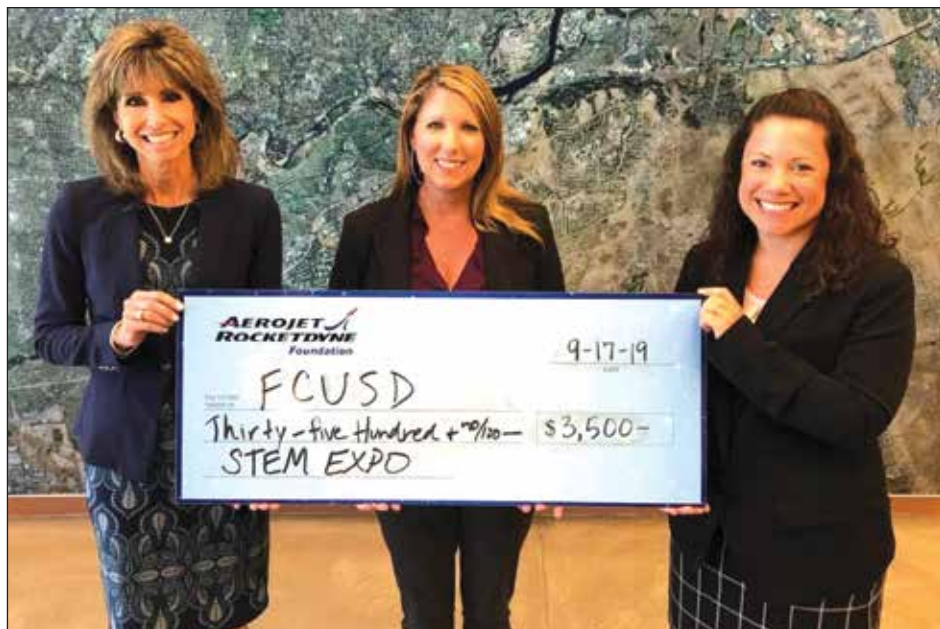
## Aerojet Supports STEM Education with Generous Donation

By Angela Griffin  
Ankheji, FCUSD

**RANCHO CORDOVA, CA (MPG)** - For the last 20 years, Aerojet Rocketdyne (previously known as the GenCorp Foundation) has donated to FCUSD activities that focus on STEM, or science, technology, engineering and math - which includes supporting the District's annual STEM Expo.

Science Lead Teacher Amy Kraft, who organizes the Expo said Aerojet's donation will be used to help offset the cost of materials and equipment to support student projects, and to provide a specially designed STEM Expo t-shirt to participating students. A portion of the donation will also be used to purchase placement ribbons to award to students at our Dinner with an Expert event on March 19, 2020.

"We value the long standing partnership we have with Aerojet



From left to right: FCUSD Superintendent Dr. Sarah Koligian, Sara Minnehan, Aerojet Rocketdyne Community Engagement Manager, and Science Lead Teacher Amy Kraft. Photo courtesy FCUSD

Rocketdyne over the years and the involvement of Aerojet Rocketdyne employees who also serve as volunteer judges to evaluate student projects," Kraft said.

Aerojet Rocketdyne Community Engagement Manager Sara Minnehan said the organization is

"proud to continue to support the STEM Expo as students are challenged to get excited about science and hopefully find a spark that ignites a lifelong path to STEM education."

Secondary students from all of our middle and high schools are invited to participate in the STEM

Expo which will take place on March 5, 2020. Students interested in participating are encouraged to speak to their science teacher for more information, or email Amy Kraft at [akraft@fcusd.org](mailto:akraft@fcusd.org) Community Engagement Specialist, [agriffin@fcusd.org](mailto:agriffin@fcusd.org) ★



# October Recognizes Learning Disability Month

JOY Familytech  
Press Release

Did you know that 2.3 million students are diagnosed with specific learning disabilities (SLD) and receive services under IDEA (Individuals with Disabilities Act). This represents 35% of all students receiving special education services. (According to the Learning Disabilities Association of America).

Children with learning disabilities begin school excited to learn. If your child is having difficulty in school, he/she may learn differently from other kids. For many kids, these disorders go undetected despite their ongoing struggles with school work and the behavior issues that often accompany these disorders. Parents are often the first to notice that “something doesn’t seem right.” But sometimes knowing what to do and where to find help can be confusing.

A learning disability is not a problem with intelligence or motivation. Kids with learning disabilities are just as smart as everyone else. Their brains are simply wired differently affecting how they receive and process information.

## Types of Learning Disabilities

**Dyslexia:** Dyslexia is perhaps the best known learning disability. Children with this disorder may have difficulty with spelling, vocabulary, or comprehension. They may be slow readers, struggle learning left from right, or have organizational problems with both written and spoken language.

**ADHD:** ADHD is one of the most common neurodevelopmental disorders of childhood. It is usually first diagnosed in childhood and often lasts into adulthood. A child has difficulty controlling focus, impulse, energy levels, or some mix of the three.

**Dyscalculia:** A child with this condition may have an effect on one’s ability to develop math skills, understand numbers, and learn math-based facts. It can be difficult for individuals with dyscalculia to comprehend math



Octopus Watch Motion Edition is the first icon-based watch that empowers kids by teaching good habits and the concept of time, while also encouraging them to stay active with its new fitness tracker. Photo courtesy JOY Familytech

symbols, organize or memorize numbers, tell time, and count.

## Dysgraphia:

Dysgraphia affects a child’s ability to perform handwriting and other fine motor skills. People with dysgraphia might have problems with inconsistent spacing, difficulty composing writing, poor spelling, illegible handwriting, poor spatial planning on paper, and thinking and writing at the same time.

## Auditory Memory and Processing Disabilities:

Kids with this condition may have difficulty recognizing the differences between sounds, understanding the order of sounds, recognizing where sounds have come from, or separating sounds from background noise.

## Visual Perceptual/ Visual Motor Deficit:

These are disorders that can result in missing subtle differences in shapes or printed letters, losing place frequently, struggles with cutting, holding pencil too tightly, or poor eye/hand coordination. Visual Processing Disorders can cause people to struggle with seeing differences between similar letters, number, objects, colors,

shapes and patterns.

**Nonverbal Learning Disorder:** Child has significant difficulty with nonverbal cues, such as coordination and body language.

If you think your child might have a learning disability, don’t despair! There is a lot of information and support available, and there are many steps you can take to ensure that your child gets evaluated appropriately.

## What to do if you suspect your child has a Learning Disability?

If you suspect that your child is having trouble learning to read, or trouble with learning in general, there is help available. For parents of school-age children, the first source of help should be the public school serving your area. Contact your child’s school principal, express your concerns, and ask to have your child evaluated. The school system is required by federal and state law to evaluate your child at no cost to you or your family. The results of the evaluation will show whether or not your child has a problem with reading or learning and, if so, the nature of the problem.

Once your child has

received a diagnosis, your school psychologist should be able to recommend and help you set up services or accommodations for your kid. Depending on the specific learning disability, your child may qualify for special education services under the federal Individuals with Disabilities Education Act (IDEA) or accommodations through Section 504 of the Rehabilitation Act.

Keep in mind, you are your child’s best advocate. So read books and articles on your child’s specific learning disability and learn how you and your school can help. Talk to your kid’s teacher about additional ways the teacher can assist your child. Most teachers are eager to help. Although, depending on the student-teacher ratio and the school’s resources, it’s sometimes challenging for teachers to do as much as they’d like. There are likely other kids in their classroom with special needs as well. If you feel your child isn’t getting the help he or she needs, talk to the school administrator.

For more information, visit <https://www.heyjoy.io>. ★

# California Assembly Lifting Barriers to the Abortion Pill at Universities

By Alexa Garcia-Ditta,  
ConwayStrategic

SACRAMENTO, CA (MPG)

- Groundbreaking legislation that would require all on-campus student health centers at public universities in California to offer medication abortion services passed in the California Assembly with an initial vote of 44 to 15. Now, Senate Bill 24, also known as the College Student Right to Access Act, goes back to the Senate for concurrence before it heads to Governor Gavin Newsom’s desk.

“By ensuring that abortion care is available on campus, college students will not have to choose between delaying important medical care or having to travel long distances or miss classes or work. I thank the Governor for inviting women from conservative states seeking abortions to come to California to access their right to abortion care,” said Senator Connie M. Leyva (D-Chino). “I also appreciate Governor Newsom’s public declaration of support last year for SB 320 – the previous version of SB 24 – and am hopeful that he will continue to prioritize the rights of all Californians seeking abortion care, including those attending California’s public university campuses.”

Medication abortion is a safe and effective way to end a pregnancy up to 10 weeks. Currently no student health centers at public universities in California provide abortion services, despite offering other reproductive health services like birth control and STI testing. Almost half of the public university campuses in California are located five miles or more from an abortion provider, and some students must travel upwards of four hours to get care. A consortium of private funders

has stepped forward to cover the costs to bring medication abortion to public university student health centers.

Polling shows that the bill has widespread support among Californians, and the state’s two university student associations – the UC Student Association and Cal State Student Association – representing nearly 700,000 students, also endorsed the bill this year.

University of California (UC) President Janet Napolitano also released a letter last month directing all UC campuses to begin providing medication abortion on campus.

“Once a student has decided to end a pregnancy, they shouldn’t be forced to go off campus to see a provider they don’t know,” said Ruth Shaber M.D., founder and president of Tara Health Foundation. “That is why funders have come together to cover all implementation costs of Senate Bill 24. California is showing the country that providing abortion care on campus is not only the principled thing to do, it’s also popular and possible.”

“As a college student seeking abortion care, I didn’t have the resources to get the care I needed off campus, such as money or a car,” said Jessy Rosales, a UC Riverside graduate and campus coordinator with the justCARE campaign. “Today’s passage means we are one step closer to California college students being able to get the care they need right on campus without unnecessary barriers or delays.”

*justCARE: Campus Action for Reproductive Equity mobilizes students and allies across California to make the abortion pill on campus a reality. We envision a future where reproductive health services are available to all students who need them, wherever we live or go to school.* ★

# Old Sacramento Living History Presents Spirited “Ghost Tours”

By Traci Rockefeller  
Cusack, T-Rock  
Communications

SACRAMENTO, CA (MPG)

The Sacramento History Museum & Alliance are proud to present an all-new season of Old Sacramento Living History’s annual “Ghost Tours” on Friday and Saturday evenings, October 11 through October 26, 2019. For those who dare, the engaging tours depart from the Sacramento History Museum (101 I Street) every half-hour from 6:30 to 9 p.m. on the evenings the tours are available. Tickets for the new 2019 season of “Ghost Tours” are limited, so get yours now.

With a theme of “Murders, Mayhem and Tragedies” this year, the eerie and ever-popular one-hour “Ghost Tours” provide Old Sacramento guests with the opportunity to relive 19th century



With a theme of “Murders, Mayhem and Tragedies” this year, the eerie and ever-popular one-hour “Ghost Tours.” Photo courtesy of the Sacramento History Museum

Sacramento’s history. This year, the tours will take place at the riverfront, inside and relatively close

to the Sacramento History Museum as daring and inquisitive guests revisit stories of pestilence,

mayhem, quacks and fraud through the darker side of Sacramento’s fascinating history. Along the way,

tour guests may encounter wayward miners, murder victims and other Gold Rush characters while

listening to tantalizing tales of Sacramento’s colorful and lively past.

Advance reservations are recommended as tickets for the Old Sacramento Living History’s “Ghost Tours” are expected to sell out quickly. Tickets cost \$18 per person and are not recommended for children ages 8 and under. For advance tickets or more information, call 916-808-7059 or visit [www.sachistorymuseum.org](http://www.sachistorymuseum.org). Proceeds from the Ghost Tours benefit the Sacramento History Alliance programs and the Sacramento History Museum.

The Sacramento History Alliance is a nonprofit 501(c)3 organization that manages the Sacramento History Museum, Sacramento Visitors Center, Old Sacramento Underground Tours, Gold Fever! Games, Anytime Tours, and Living History Programs, and works collaboratively with the City of Sacramento to support the Center for Sacramento History. ★



# Sacramento Region to Significantly Increase Recycled Water Use

By Nicole Coleman, Regional San

**SACRAMENTO REGION, CA (MPG)** - Efforts to increase recycled water use in the Sacramento region got a significant boost recently. The State Water Board approved the Sacramento Regional County Sanitation District's (Regional San's) wastewater change petition, giving Regional San the right to deliver its highly treated recycled water to agricultural and habitat conservation lands in southern Sacramento County. Using recycled water for these purposes is a safe alternative that helps the region responsibly manage its limited water resources.

Once complete, Regional San's South County Ag Program will be one of the largest water recycling projects in California. The program will deliver up to 50,000-acre feet per year of tertiary-treated recycled water to an estimated 16,000 acres of farm and habitat lands. Currently, these lands utilize groundwater for irrigation. By reducing farmers' reliance on pumped groundwater, the program will help restore groundwater levels. As a result, significant ecosystem benefits are expected along the lower Cosumnes River.

"Securing these water rights is a major milestone and brings Regional San one step closer to our vision of providing regional sustainability through the use of

recycled water," said Christoph Dobson, Regional San's Director of Policy & Planning. "Regional San takes seriously its commitment to environmental stewardship, and contributing to a sustainable environment for future generations is a critical part of what we do."

Last summer, the California Water Commission awarded up to \$280.5 million in Proposition 1 grant funding to help make the South County Ag Program a reality for the Sacramento region. Among the eight proposed water storage projects considered by the Commission, the South County Ag Program ranked second overall and received the maximum funding amount Regional San requested.

With these major milestones achieved, Regional San will continue planning efforts with local farmers and begin preliminary designs for the recycled water distribution system needed to convey recycled water to the project area.

Learn more about the South County Ag Program at [regionalsan.com/SoCoAg](http://regionalsan.com/SoCoAg).

Regional San owns and operates the regional wastewater conveyance system and the Sacramento Regional Wastewater Treatment Plant located near Elk Grove. We provide wastewater conveyance, treatment, and disposal service to about 1.4 million people throughout the Sacramento region. Learn more at [regionalsan.com](http://regionalsan.com). ★

# Cordova High Honors City Partners With Lifetime Athletics Passes



From left to right: Principal Jerad Hyden, Councilmember Linda Budge, Rancho Cordova Vice Mayor David Sander, Mayor Robert McGarvey, his wife Terri McGarvey, Vida Abhar, Cyrus Abhar, Rancho Cordova City Manager, Councilmember Garrett Gatewood, RC City Council Member Donald Terry and Assistant Principal Michele Brown with children at a Lancers home game. Courtesy FCUSD

By Daniel Thigpen, FCUSD

## RANCHO CORDOVA, CA (MPG)

- In recognition of years of partnership and generous contributions to the Cordova High School community, school leaders honored City of Rancho Cordova leadership with lifetime athletic passes to all home games.

Rancho Cordova's City Council members and city manager were called to the

field during halftime at the Friday, Sept. 20 Cordova High varsity football game. Each pass is individually labeled and provides access into any home athletic event, excluding playoff games.

Through the generosity of its Community Enhancement Fund, volunteerism and other ongoing programs and partnerships, the city's elected leaders continue to help make a

positive impact on school communities throughout the Rancho Cordova community.

"We truly know that our partnership is the driving force behind making Cordova High School the premier educational destination for our families as we continue to work incredibly hard to positively impact student outcomes each and every year," said Principal Jerad Hyden. ★



## Happiness As A Skill: A Different Narrative

Why be unhappy or even "happy most of the time" when you can learn to be happy all the time. The Happy Neighborhood Project is helping people learn that happiness is a skill not just an emotion. Edwin Edebiri will present ways to raise your happiness level through practice, even when life throws you curve balls.

<b>Natomas</b> Sat. Oct. 12, 5-6pm	<b>Folsom</b> Sat Oct 12, 1:30 - 2:30pm Sat. Oct. 26, 1:30 - 2:30pm
<b>Carmichael</b> Wed. Oct. 21, 1-2pm	<b>Rocklin</b> Sat. Oct. 19, 5-6pm

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# Serve Sacramento and RCPD Launch Exciting New Partnership at Cordova Gardens

By Angela Griffin Ankhelyi, FCUSD

**RANCHO CORDOVA, CA (MPG)** - Students at Cordova Gardens just received personal school supplies, a promise of a year's worth of free books, and ongoing volunteer involvement thanks to a new partnership that was launched last week between Serve Sacramento and the Rancho Cordova Police Department.

Volunteers at Serve Sacramento not only brought a truckload of school supplies, they delivered book boxes - actually recycled newspaper vending machines, repainted and repurposed to hold books

- and will come out every month to fill with new book selections. Students can open the door and take a book, to keep. No charge!

"We plan to have these book boxes out at every recess, so students can help themselves to any book that want," said principal John Bliss.

Serve Sacramento is a local non-profit that receives support and funding from local church Center of Praise, and works closely with Rancho Cordova Police Department. The idea they had was to team up to bring valuable resources and volunteerism at the school, and build positive relationships with our local police officers. ★

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# The Mayor's Corner

*Being with friends and family at the Airshow will bring lasting memories to all of you.*

By Bob McGarvey

This weekend will be our 14th Annual California Capital Airshow at Mather Airport. I still sometimes say Mather Air Force Base when I hear the planes roar overhead. The planes we hear usually are much quieter than the KC-135s and B-52s that flew then. But some of those planes will be at Mather Airport again as part of the Airshow. Even with the quieter engines in the military, they are still the sound of freedom.

When I see families and friends at the Airshow sharing what they see and experience together, it makes me glad that there is such a time here in Rancho Cordova. Dave Willis said, "If you are too busy to enjoy quality time with your family, then you need to re-evaluate your priorities." I couldn't agree with him more. Far too often, time comes and goes very quickly, especially when you wish that the event you are enjoying or the time you are sharing with someone special could linger on forever. When you give some of your time, you are giving part of your life. Being with friends and family at the Airshow will bring lasting memories to all of you.

Last night, I was able to go to Mather Airport about 6 PM and see the U.S. Navy Blue Angels land

around 7:30 to 8:00 PM. They then taxied their jets to their designated place on the taxiway and parked them precisely as they do in the Airshow. Then the pilots left their planes and came to our group, and we got a chance to welcome them to the City of Rancho Cordova and to the 14th Annual California Capital Airshow. They were very glad to be back to Rancho Cordova and to Mather Airport. On the night before the first California Capital Airshow began, Council Member Linda Budge and I were able to go out to the runway, greet the pilots of the Blue Angels, and welcome them to Rancho Cordova and to Mather Airport for the first time. They were then brought to the Marriott Rancho Cordova where they really enjoyed themselves while they were here.

If you have had an opportunity to come to our Airshow in the past, then you know there are many participants at the show who offer fun, education, the chance to see the inside of some of our amazing military planes, and the opportunity to observe the swearing in of new members to our military. I have seen new recruits sworn into the U.S. Air Force, and this year, there will also be a swearing in ceremony conducted by Army Brigadier General Kimberly M. Colloton featuring Northern California's next future soldiers from the Sacramento area. The event will be conducted on Saturday, October 5 at 11 AM at

the Mather Airport front gate entrance. The event will also include a special guided tour of the Army's STEM (science, technology, engineering and math) program interactive display. The Airshow brings more to the public every year, and this, the 14th Airshow, is no exception.

I look at the calendar, and it is October 1, 2019. Just look around your city, and you will see what is offered to residents, friends, businesses and people who have never been here before. I don't know of any other cities where you can actually ride the steam engines on the Sacramento Valley Live Steamers in their community (Hagan) park. We are part of Kids Day in the Park and the International Festival. We competed in and were awarded an All-America City award (again). We can enjoy more and more bike trails throughout the city, commemorate two days of celebration as we enjoy the Fourth of July, watch free movies and free music in the summer in the park, and bring pride in our city every year as we celebrate the Airshow.

Now in fact, there are many more wonderful things that happen in Rancho Cordova. But let us remember that going through the years of difficulties, mistakes and the final victories are what gradually brought the City of Rancho Cordova to the shining success that it is today.

*From Mayor Bob McGarvey, God bless, and see you next time.* ★

## ✠ CHURCH DIRECTORY ✠

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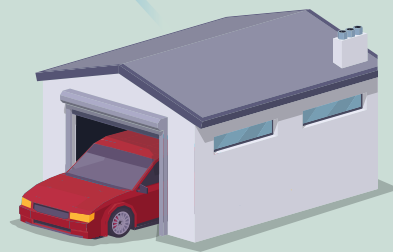
**If power is temporarily turned off**, customers should consider these questions:



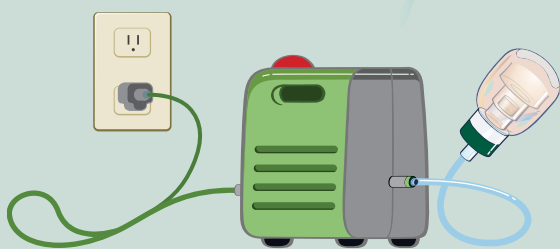
Can we reach you in the event of a Public Safety Power Shutoff? Update your contact info at [pge.com/mywildfirealerts](http://pge.com/mywildfirealerts).



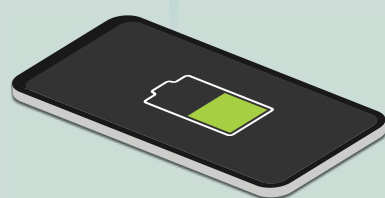
If you own a **generator**, is it safe to operate?



Do you know how to **open your garage door manually**?



If anyone in your family **depends on electricity for their medical needs**, have you made preparations?



Are your mobile phones **fully charged**? Do you have a **portable back-up charger** or a **solar charger**?



Do you have a **personal safety plan** for all members of your family, including your pets?

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Make sure we can reach you in the event of a PSPS. Please update your contact information at [pge.com/mywildfirealerts](http://pge.com/mywildfirealerts).





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# KP International MARKET

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916.853.8000  
Market Days: 8am-10pm  
Food Court: 7 Days 11am-8:30pm  
Chinese: 11:30am-8:30pm

## FROZEN & FISH DEPT

	REG. \$4.99/EA <b>\$2.99</b> /ea Tilapia Fillet Izumi Dai 8 oz (227 g)		REG. \$5.99/EA <b>\$5.99</b> /ea Korean Ice Cream • 3 Kinds 560 ml • 4 Cups
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## WEEKLY MEAT SPECIALS

	<b>\$3.69</b> /lb Beef New York Roast - Boneless		<b>\$2.99</b> /lb Beef London Broil & Top Round Roast-Bnls		<b>\$3.29</b> /lb Beef Top Round Skt-Pulpa Skt-Thin Sliced
	<b>\$2.49</b> /lb Pork Baby Back Ribs - Single Pack		<b>59¢</b> /lb Chicken Leg Quarters		<b>\$1.79</b> /lb Pork Loin Roast-Bnls
	<b>\$1.99</b> /lb Pork Loin Chops-Bnls		<b>\$1.99</b> /lb Pork Loin Chops-Bnls		<b>\$1.99</b> /lb Pork Loin Chops-Bnls

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE OCTOBER 2 - OCTOBER 8, 2019.

## WEEKLY PROMOTION!

	<b>\$44.99</b> ea reg. price \$69.99		<b>\$5.99</b> ea HITE BEER 12 COUNT 12 X 355 ML reg. price \$12.99
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## FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

	<b>2lbs \$1</b>		<b>2.99</b> /lb		<b>2bun \$3</b>		<b>3/\$2</b>		<b>59¢</b> /lb		<b>2.79</b> /10 lb Bag
	<b>99¢</b> /lb		<b>59¢</b> /lb		<b>2.99</b> /6 oz		<b>69¢</b> /lb		<b>5.99</b> /3 Pk		<b>59¢</b> /lb

## AMERICAN/HISPANIC GROCERY

	<b>\$5.99</b> /ea		<b>\$2.99</b> /ea		<b>\$5.99</b> /ea		<b>\$3.99</b> /ea		<b>3/\$1</b>
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## ASIAN GROCERY

	<b>\$7.99</b> /ea		<b>\$8.99</b> /ea		<b>\$1.99</b> /ea		<b>2/\$5</b>		<b>\$4.99</b> /ea
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## EUROPEAN GROCERY

	<b>\$6.99</b> /ea		<b>\$3.99</b> /ea		<b>\$3.99</b> /ea		<b>\$4.99</b> /ea		<b>\$2.69</b> /ea
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## KOREAN/JAPANESE GROCERY

	<b>9.99</b> /ea		<b>7.99</b> /ea		<b>2.99</b> /ea		<b>4.99</b> /ea		<b>2.99</b> /ea
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## FROZEN & FISH DEPT

	<b>\$2.99</b> /lb		<b>\$2.99</b> /ea
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## EUROPEAN DELI

	<b>\$5.29</b> /ea		<b>\$5.99</b> /ea
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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE OCTOBER 2 - OCTOBER 8, 2019.



# California Automobile Museum is on Track for 2019 CruiseFest

By Steve LaRosa, Steve LaRosa Productions

**SACRAMENTO REGION, CA (MPG)** - On Saturday, October 5, 2019 from 3pm to 7:30pm, the 9th Annual CruiseFest on Fulton Avenue, benefitting Sacramento's California Automobile Museum, Northern California's premier car cruise and show returns to Fulton Avenue for what promises to be the most spectacular in its history. With entries outpacing last year at this time, we anticipate a substantial increase in participating cruisers.

The latest addition to this year's CruiseFest are three cars from the collection of Wild Bill Hill of Wild Bill's Tattoos: His 1902 Panoz Roadster, his unusual Chupacabra (a 1959 Onan Cycle-Car), and his 2005 Panoz Esperante.

At this popular, FREE family-friendly event, we expect (give or take) 400 custom, classic and novelty vehicles and well over 5,000 attendees.

As far as the Fest portion of things, this year we're featuring 3 live bands, 9 food trucks, numerous vendors and we'll be pouring beer from local breweries.

Though it's still early, we already have commitments from these novelty vehicles:

The popular Tribute Team American Graffiti cars, comprised of clones of vehicles used in the George Lucas movie, posing the question, "Where were you in '62?"

They are: A yellow '32 Ford coupe driven by the character John Milner; A



Above: A yellow '32 Ford coupe and a '55 Chevy will be a Team Tribute for American Graffiti cars. Right: Wild Will Bill's 2005 Panoz Esperante. Photos courtesy of Steve LaRosa Productions



black '55 Chevy driven by Harrison Ford's character; A White '58 Impala driven by Ron Howard's character; And the character Toad's white Vespa scooter with a dented trash can like the one he crashed into outside of Mel's Drive-In.

Save Mart's 12-foot tall mega-motorized shopping cart—Powered by a 454 Chevy engine, it can

accommodate a handful of passengers and a few bags of groceries.

The Tahoe Photo Bus—A unique & funky photo booth in a mid-60's era VW Bus printing top quality photos for attendees

The Tombstone Hearse—A 21st-century motorcycle version of a 19th-century horse-drawn hearse, actually used in funerals.

Back again this year- The Kids Zone—Various fun activities for the kids

Car Club Members: This year we're featuring "The Car Club Corral," where pre-registered car clubs and their pre-registered members will have designated parking at Tognotti's. The

Corral will have its own live music, food and beer vendors. The club that brings out the most cars will win a free year Car Club Membership at the Museum.

To register, log on to

calautomuseum.org or call the Museum at (916) 442-6802. \$25 for Museum members/\$30 for non-members.

To access the CruiseFest page directly: calautomuseum.org/CruiseFest ★

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<p><b>9 LIVES CANNED CAT FOOD</b> 5.5 Oz All Varieties Limit 1 Case Per Family <b>37¢</b> Effective 10/2/10 - 10/8/19</p>	<p><b>FANCY FEAST GOURMET CANNED CAT FOOD</b> All Varieties except Elegant Medley 3 Oz Limit 2 Cases Per Family <b>ON SALE Everyday</b> Effective 10/2/10 - 10/8/19</p>	<p><b>JONNY CAT PREMIUM CAT LITTER</b> 20 Lb Bag •Regular •Multiple Cat Formula Limit 2 Bags Per Family <b>\$3.79</b> Effective 10/2/10 - 10/8/19</p>	<p><b>FRESH STEP SCOOPABLE CAT LITTER</b> 42 Lb Bag Limit 2 Bags Per Family <b>\$13.99</b> Effective 10/2/10 - 10/8/19</p>
<p><b>PRO-PLAN DRY DOG FOOD</b> 30-35 Lb Bag Super Buy •Chicken &amp; Rice •Lamb &amp; Rice •Beef &amp; Rice •Sensitive Skin &amp; Stomach •Lite •Performance <b>\$3 OFF</b> OUR SUPER DISCOUNT PRICE</p>	<p><b>FUSSIE CAT PREMIUM DRY CAT FOOD</b> As Marked <b>20% OFF</b> OUR REGULAR LOW PRICES •Chicken &amp; Turkey •Salmon &amp; Chicken •Salmon •Quail &amp; Duck •Guinea Fowl &amp; Turkey 2 Lb, 4 Lb, 10 Lb Bag</p>	<p><b>NUTRO MAX MAX CAT DRY CAT FOOD</b> <b>\$19.99</b> •Adult (while supplies last) •Indoor Chicken •Salmon 16 Lb Bag Limit 2 Bags Per Family</p>	<p><b>SCIENCE DIET DRY DOG FOOD</b> 28.5-33 Lb Bag Limit 2 Bags •Lite <b>\$41.99</b> •Sensitive Stomach <b>\$45.99</b> •Perfect Weight <b>\$47.99</b></p>
<p><b>FELINE PINE HEALTHY CAT LITTER</b> <b>\$7.99</b> 20 Lb Bag Limit 2 Bags</p>	<p><b>SOLID GOLD CANNED CAT FOOD</b> <b>20% OFF</b> OUR REGULAR LOW PRICES Including •Perfect Pairings Cups •Holistic Delights Pouches 2.75 Oz - 6 Oz As Marked</p>	<p><b>BLUE BUFFALO CANNED DOG &amp; CAT FOOD</b> As Marked <b>20% OFF</b> OUR REGULAR LOW PRICES •Homestyle •Blue's Stew •Wilderness 12.5 oz •Spa Select •Wilderness 3 &amp; 5.5 oz Selected Varieties</p>	<p><b>MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD</b> <b>\$7 OFF</b> OUR REGULAR LOW PRICES 25 Lb Bag •Grain Free Chicken &amp; Turkey •Grain Free Pork, Beef &amp; Lamb •Grain Free Salmon &amp; White Fish Limit 2 Bags per Family</p>
<p><b>CAREFRESH PET BEDDING</b> <b>\$14.99</b> 60 Liter (Ultra Not Included)</p>	<p><b>PRECIOUS CAT CAT LITTER</b> <b>12.99</b> 20 Lb Box Limit 2 Boxes Cat Attract Touch of Outdoors <b>\$7.99</b></p>	<p><b>MEOW MIX CAT FOOD</b> <b>53¢</b> Market Select 2.75 Oz Cup Limit 2 Cases</p>	<p><b>WELLNESS DRY DOG FOOD</b> (3 Free Wellness 12.5 Oz Can Dog Food w/ Each Purchase) 24-28 Lb Bag •Chicken •Healthy Weight <b>\$51.99</b> •Senior •Grain Free Lamb •Grain Free White Fish <b>\$53.99</b></p>

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Limit 2 Pkgs With Coupon  
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Price Valid Only With Coupon Effective 10/2/10 - 10/8/19 **\$1.25**  
CHM PLU 569

**BONUS COUPON JONNY CAT CAT LINERS**  
Jumbo Drawstring - 5 Ct  
Limit 1 Box with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon Effective 10/2/10 - 10/8/19 **\$2.09**  
CHM PLU 449



# Keeping Pets Safe with Vaccines and Licensing

By Allison Harris, Sacramento County

**SACRAMENTO COUNTY, CA (MPG)** - Pet owners whose animals venture outdoors can be keenly aware of the possible dangers to their animals, such as rabies and other illnesses as well as pets becoming lost. However, indoor animals may occasionally get out and face the same risks. The Sacramento County Bradshaw Animal Shelter offers low-cost vaccination and microchip clinics every third Thursday of the month, 5 - 7 p.m.

Pets with up-to-date vaccinations and preventive care are protected from illnesses including heartworm, kennel cough, Bordetella, parvo and Lyme disease. If unvaccinated animals contract illnesses, an owner may face costly treatments and surgeries for these preventable diseases. And when pets receive rabies vaccinations, it not only helps to prevent them from contracting the disease from bats, skunks,

and raccoons, it also protects residents from contracting the virus if bitten by an infected animal.

"Rabies is still a concern for Sacramento and the bats, skunks and raccoons in the area can all potentially carry the disease," said Dave Dickinson, Director of the Bradshaw Animal Shelter. "It's important that owners be responsible and vaccinate, even if they believe their pet will never contract it; indoor pets can be susceptible if they escape."

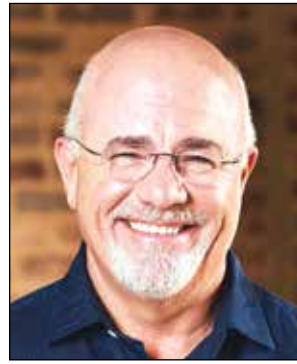
Pet owners can take advantage of the clinic's affordable microchipping services on the third Thursday of every month. For only \$19, pet owners can buy the extra security that has proven to reunite many owners and their pets. Though visible tags are the first line of identification for animals, they may wear off, fall off or get lost. Unlike traditional ID tags, permanent microchips can contain owner contact information, pet information

and Bradshaw Animal Shelter's contact information, and most vets and shelters can easily scan.

Licensing can be done at the same time as vaccinations and microchips for as little as \$15. Owners may also conveniently purchase a license online. This inexpensive service proves a pet's ownership and home address, and animals found by County animal officers can be returned immediately to the home, saving the stress of a shelter stay for the animal and the owners.

Vaccinations, microchipping and licensing cost a small fee that proves priceless when owners have safe, healthy pets at home where they belong.

Don't have a pet? The Bradshaw Animal Shelter has many available pets for adoption looking for loving homes. Adoptions include spay/neuter surgery, vaccines and microchipping. Visit the Bradshaw Animal Shelter's website to view a list of adoptable pets. ★



## Dave Ramsey Says

Dear Penny,  
I'm glad you seem to be re-thinking this strategy. I believe in saving up for emergencies and having an emergency fund of three to six months of expenses in place. But deception in any form is never a positive thing in a relationship – especially a marriage.

I know it won't be easy, but you have to let him know what you've been doing. You also need to make sure you tell him in the right way. Even though your intentions may have been good – getting into better financial shape – you've deceived him by doing it the way you did.

Make some time for just the two of you. Sit down with him, and let him know what has happened and that you're sorry for not being completely honest about it all. Explain that the reason you hid the money was that you didn't want to speak up about how it was being handled in your marriage. Ask

him to forgive you, and let him know you won't do it again, but explain, too, how important it is that the two of you work together on saving more, spending less, and getting control of your finances.

Managing money in a marriage is a "we" thing. Decisions should always be made – here's that word again – together. It means you each have a vote, and it also means you should stand up and vote "no" if he wants to spend money on something silly when you don't have your financial house in order!

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★*

### Honesty and Togetherness

Dear Dave,

I've never hidden debt from my husband, but I do hide money from him on occasion. I don't hide it for my personal use, but I have been setting money aside for emergencies without his knowledge. He's not terrible with money, and he works very hard, but he always seems to find something to spend it on. We were never able to save much of anything before I started doing this, but recently I've begun to feel bad about doing it. Can you give me some advice?

– Penny

## SMUD Reminds Customers to Ask Utility Workers for Identification

### SMUD Press Release

**SACRAMENTO COUNTY, CA (MPG)** - SMUD employees sometimes need access to a customer's yard to trim trees or make service repairs. All SMUD field crews carry SMUD-issued photo identification cards at all times, and many wear uniforms and drive SMUD vehicles. Customers who have concerns can verify that a worker is a SMUD



All SMUD vehicles are clearly marked with the company's logo. Photo courtesy by SMUD

employee by calling 1-888-742-7683. ★

### MONTHLY MEETING OF MILITARY RETIREES/SPOUSES:

Our next monthly meeting

**October 10<sup>th</sup>, 2019**

at

**North Highlands Park and Recreation**

**District, 6040 Watt Ave, North Highlands 95660.**

This will be the last one for the year of 2019. Our guest speaker is **Bill MacDonald**, a very interesting speaker.

★ **Coffee and Cookies will be available.** ★

You don't want to miss this one. See you all on the 12th of September.

If you have any questions, call Volunteer staff at 916-640-8446 Monday through Thursday, 0900 to 1500 hrs. See you all on the 10th of Oct.

FAIR OAKS THEATRE FESTIVAL  
2019 SUMMER CONCERT SERIES

**SATURDAY, OCTOBER 5**

**PAPERBACK WRITER**  
THE BEATLES EXPERIENCE



7:30pm Show Time  
6:30pm Gates Open

Advance Ticket \$20  
\$25 At the Door

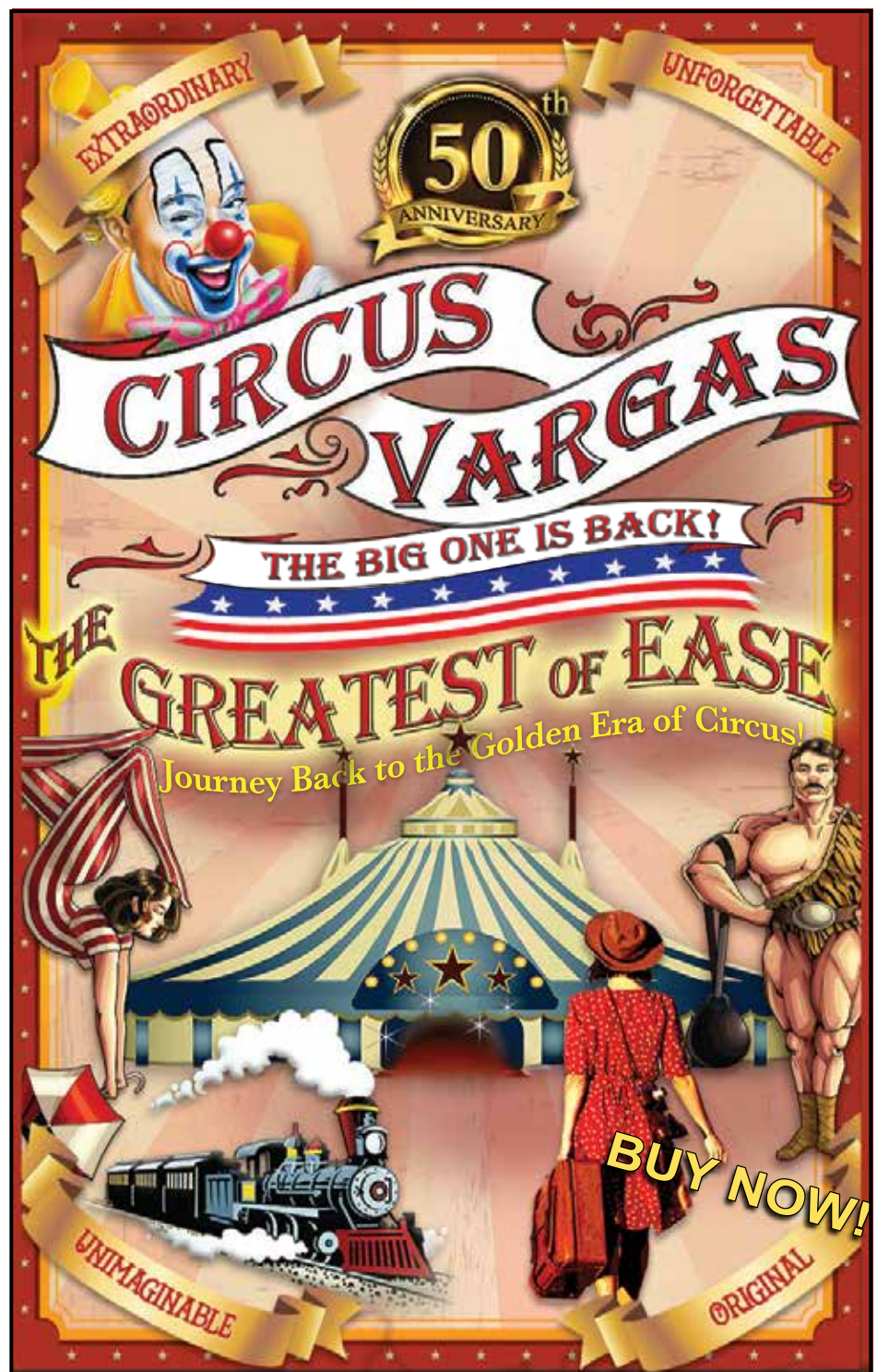
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**CITRUS HEIGHTS** Sunrise Mall Oct 3 - 6  
**FOLSOM** Lakeside Church Oct 10 - 14

★ **CircusVargas.com** ★



# WEEKLY COMICS

## Amber Waves



by Dave T. Phipps

## The Spats



by Jeff Pickering

## Out on a Limb

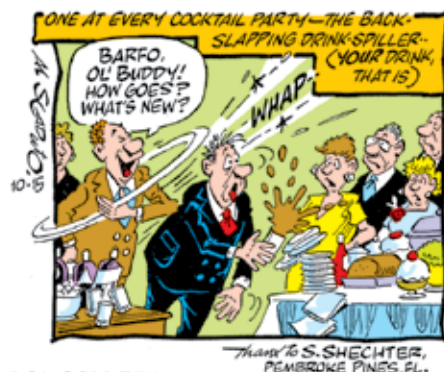


by Gary Kopervas

## THEY'LL DO IT EVERY TIME



## BY AL SCADUTO



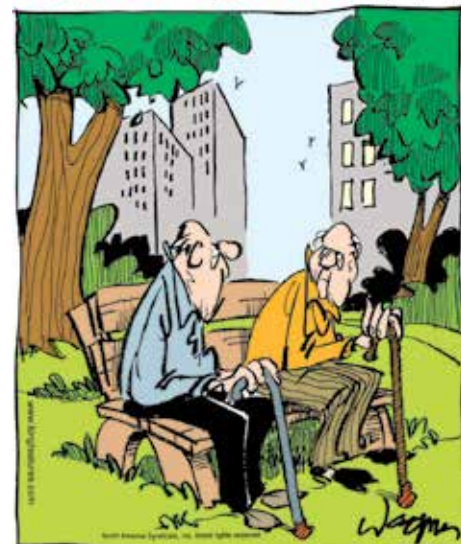
## R.F.D.



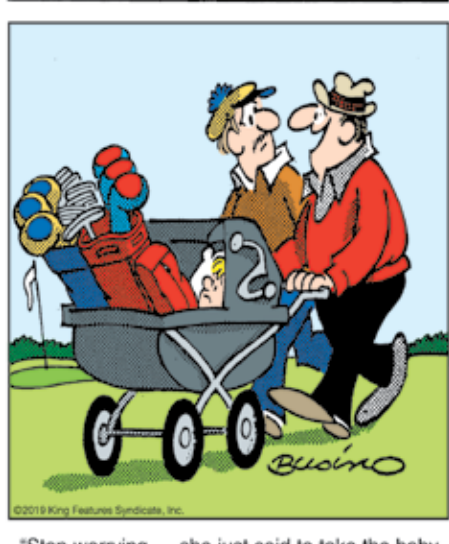
by Mike Marland



## CRIM and BIAR IT



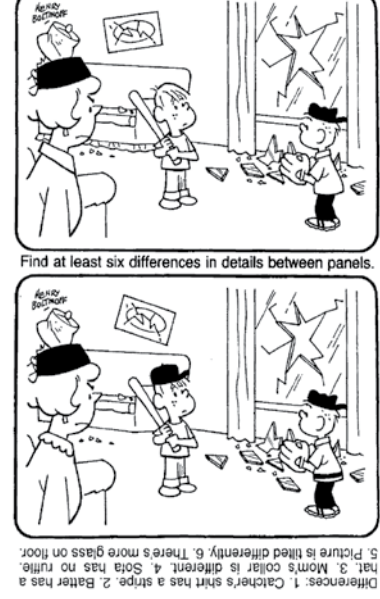
## LAFF-A-DAY



## Just Like Cats & Dogs



## HOCUS-FOCUS



### Crossword Puzzle on Page 17

S	H	A	R	P		O	P	S		H	O	P	E	
E	A	S	E	L		K	O	I		C	O	N	E	Y
N	I	E	C	E		R	E	G		R	A	I	S	E
D	R	A	C	U	L	A		M	U	E	R	T	O	S
		E	R	A		C	A	R	D					
F	A	D		A	S	H	Y		N	I	B	B	E	D
A	D	I	T		S	O	A	K		T	I	A	R	A
N	O	N	O		O	W	N	E	R		E	B	O	N
G	R	A	M	S		L	I	N	E		R	E	D	S
S	E	R	B	I	A		D	O	T	E		L	E	E
				F	L	U	E		C	R	U			
H	A	U	N	T	E	D		P	H	A	N	T	O	M
A	G	R	E	E		D	Y	E		S	A	U	T	E
S	U	G	A	R		E	O	N		E	R	N	I	E
P	E	E	R			R	U	T		S	M	A	C	K

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October 1-27

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### Sudoku Puzzle on Page 17

4	9	3	7	2	8	5	6	1
5	7	6	9	1	4	8	3	2
1	2	8	3	5	6	9	7	4
3	8	4	5	7	2	6	1	9
7	1	2	6	8	9	3	4	5
6	5	9	4	3	1	2	8	7
2	6	7	8	4	5	1	9	3
8	4	1	2	9	3	7	5	6
9	3	5	1	6	7	4	2	8

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# Mental Illness: "It's not always what you think"

Continued from page 1

have included multi-lingual TV, radio, online and outdoor advertising which resulted in over 476 million impressions; Hosted and participated in an array of local multicultural events which are regularly attended by hundreds of Sacramento County residents; these events help to raise awareness about the Project, mental illness and also spread messages of hope;

Developed a robust online presence and social media program that has resulted in more than 190,000 visitors to the website, over 9,000 likes on Facebook and 700 Twitter followers.

"The Mental Illness: It's not always what you think" project was initiated by the Sacramento County Division of Behavioral Health Services following the passage of Proposition 63," said Ryan Quist, Sacramento County Behavioral Health Services Director. "The project aims to reduce stigma and discrimination, promote mental health and wellness and inspire hope for people and families living with mental illness in Sacramento County."

In celebration of its seven-year anniversary and in recognition of Mental Illness Awareness Week (Oct.6-12), a national observance sponsored by the National Alliance on Mental Illness (NAMI), the "Mental Illness: It's not always what you think" project is hosting

the "Journey of Hope: Real Life Stories of Living with Mental Health Challenges Portrayed Through Art" exhibit at the Elk Grove Fine Arts Center. The exhibition pairs local writers with artists who illustrate their personal stories of struggle, hope and recovery with mental illness.

For the first time ever, this exhibit will be displayed at three Sacramento County venues, including:

Elk Grove Fine Arts Center (Oct. 5-23) – Public reception: Saturday, Oct. 5, at 4 p.m.

Sacramento Fine Arts Center (Oct. 29-Nov. 17) – Public reception: Saturday, Nov. 9, at 5:30 p.m.

Crocker Art Museum (Nov. 28-Jan. 5, 2020) – Public reception: Sunday, Dec. 15, at 1 p.m.

This program is funded by the Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA). For more information, please visit the Stop Stigma Sacramento website, and follow the project on Facebook and Twitter. Residents can also call 2-1-1 Sacramento (2-1-1) for free, confidential information and referral services for the community; residents who are hearing impaired can call 7-1-1 to connect to 2-1-1. Specialists are available 24 hours a day, seven days a week, and interpreters are available. ★

## LEGAL ADVERTISING

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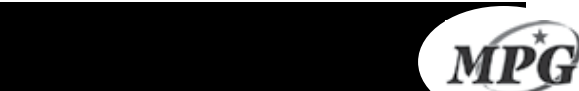
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# Fifth Annual Wildlife Care Association Fall Photo Contest Takes Flight

By Rick Reed, Rick Reed  
Public Relations, Inc.

**SACRAMENTO REGION, CA (MPG)** - One picture on your mobile or your camera. That's all it takes to take off as the 2019 Wildlife Care winner! Get outside and give us your best shot of a bird or birds in your backyard, local park or Sacramento area wild location. Easy!

Submit your picture on the Wildlife Care Association Facebook page as a message with photo attachment. Contest is open October 1 to December 31, 2019. Entries can be made in two categories- Under 12 years old you can enter FREE! Those over 12 are asked to include a minimum \$5.00 donation to WCA on the Facebook donate link for each entry. (Under 18 yrs old? Ask your parents to help!)

Submissions should include your email, the location photo was taken, and your best guess what type of bird this might be. Enter @wildlifecareassociation on Facebook.

Each photo may be entered once, but



**2018 Winner Dave Labhard's 'Sapsucker in Flight.' Last year East Sacramento is home, and the American River favorite photo location for Dave Labhard, who snapped a moment in time as a Sapsucker took flight from his perch mid river.**

individuals may submit more than one. Enter often and donate to help the WCA heroes of nature save thousands of injured, orphaned and displaced wildlife every year. The non-profit wildlife rehabilitation volunteers depend on the community for their support giving wildlife a second chance to live.

The WCA Photo Contest winner will be awarded a special prize including a guided tour of the Dome at McClellan Park, their photo featured in WCA

Facebook/Instagram as a hero of nature!

Give us the bird! Snap some shots, submit them and let's see if they fly!

For more information call 916-965-WILD

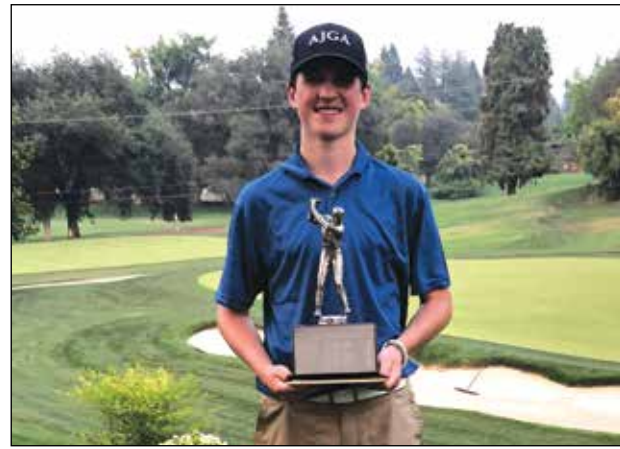
One picture will be chosen from submissions to determine a winner. WCA staff reserves the right to select a winner from content and other factors including artistic merit. All photos submitted become the property of WCA for its use in outreach, education and fundraising. ★

# North Ridge Country Club Announces High School Golf Scholarship Awards

From NRCC

**FAIR OAKS, CA (MPG)** - The Club provided approximately \$8,000 to high school senior men and women scholarships this year with the money coming from member contributions and cumulative grants now approach \$40,000. The criteria for an award include grade point average (GPA), golf index and accomplishments over the student athletes' high school career from local, Sacramento area schools, community involvement and work, and character references. The variety and multitude of accomplishments of the high school men and women recipients and all aspects of the student athletes lives and contributions to the greater Sacramento area is impressive. Many of the recipients have been captains of their golf teams, team or league MVPs, have earned all-league honors and gone on to play collegiate golf.

According to Mike Galli, head professional at North Ridge: "While we have a love of golf, our members also believe young people should have more in their



**Former award winner Parker Rose. North Ridge is completing its 11th anniversary of offering golf-related scholarships to high school students.** Photo provided by NRCC

lives than just golf. That's why we emphasize grades and community involvement as well as golf skills. We are proud of our members for their generosity in making personal contributions to make these awards possible." Some recipients have gone on to attend such schools as UC Berkeley, Penn State, University of Nebraska, Long Beach State and Cal Poly San Luis Obispo to continue their golf and academic endeavors.

Through member contributions of time and funding, North Ridge also has provided support to such organizations as Youth on Course, Folds

of Honor Foundation, Junior Girls Program, Stanford Youth Solutions, Juvenile Diabetes Research Foundation, Bella Vista, Del Campo and Casa Roble High Schools, Albie Aware Breast Cancer Foundation and others. It is all part of North Ridge's efforts to be involved in the community. Over the past ten (10) years, including the high school golf scholarships, the Club has donated approximately \$300,000 to the aforementioned organizations.

For more information on North Ridge Country Club, please contact Rink Sanford, General Manager at 916-967-5717. ★

## LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984  
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**ORDER TO SHOW FOR CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00264873

Kevin Loc Tran has filed a petition with this court for a decree changing the name(s) of Kevin Loc Tran to Loc Tran. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 6, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 18, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: October 4, 11, 18, and 25, 2019  
 TRAN 180101 10-25-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00265247

Kia Faustino has filed a petition with this court for a decree changing the name(s) of Kia Faustino to Kelly Kia Faustino. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 23, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: October 4, 11, 18, and 25, 2019  
 FAUSTINO 180101 10-25-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00265421

Katelyn Nicole Isbell has filed a petition with this court for a decree changing the name(s) of Katelyn Nicole Isbell to Katelyn Nicole Axtell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 24, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: October 4, 11, 18, and 25, 2019  
 AXTELL 180101 10-25-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00265427

Kiya Rose Gornik has filed a petition with this court for a decree changing the name(s) of Kiya Rose Gornik to Kiya Rose Bibby. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 24, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: October 4, 11, 18, and 25, 2019  
 BIBBY 180101 10-25-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00265345

Stephanie Wei-Sen Chen has filed a petition with this court for a decree changing the name(s) of Stephanie Wei-Sen Chen to Weisen Chen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 24, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: October 4, 11, 18, and 25, 2019  
 CHEN 180101 10-25-19

**NOTICE OF PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF RUBEN MARQUEZ  
 CASE No. 34-2019-00263938

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ruben Marquez, deceased A Petition for Probate has been filed by Ernie A. Arevalos, in the Superior Court of California, County of Sacramento, requesting Ernie A. Arevalos, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows October 24, 2019 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Ernie A. Arevalos 11585 Stonebrook Drive Auburn, CA 95603 916-275-9995 Publish: September 20, 27, and October

4, 2019  
 MARQUEZ 170622 10-4-19

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN D. LOPEZ  
 CASE No. 34-2019-00264243

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Helen D. Lopez, deceased A Petition for Probate has been filed by Candace Silk, in the Superior Court of California, County of Sacramento, requesting Candace Silk, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows October 8, 2019 11:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Samuel K. Swenson 8788 Greenback Lane Suite 105 Orangevale, CA 95662 916-333-0833 Publish: September 20, 27, and October 4, 2019  
 LOPEZ 170622 10-4-19

NOTICE OF PETITION TO ADMINISTER ESTATE OF JUNE RUTH SCHOTT  
 CASE No. 34-2019-00264877

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of June Ruth Schott, deceased A Petition for Probate has been filed by Kerry S. Mullarkey, in the Superior Court of California, County of Sacramento, requesting Kerry S. Mullarkey, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows October 31, 2019 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Benjamin V. Platon II 8261 Greenback Lane Suite 100 Fair Oaks, CA 95628 Auburn, CA 95603 916-745-4901 Publish: September 27, October 4, and 11, 2019  
 SCHOTT 170622 10-11-19

NOTICE OF PETITION TO ADMINISTER ESTATE OF AMY ADELIN POLK  
 CASE No. 34-2019-00263945

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Amy Adeline Polk, deceased A Petition for Probate has been filed by Jerry Polk, in the Superior Court of California, County of Sacramento, requesting Jerry Polk, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain

very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows October 23, 2019 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Heather S. Mayer, Esq 2377 Gold Meadow Way Suite 100 Gold River, CA 95670 916-631-1996 Publish: October 4, 11, and 18, 2019  
 POLK 170622 10-18-19

## PUBLIC NOTICE

Found 1999 blue Nissan pathfinder last 4 of the Vin #7384. If you have proof of ownership please contact Cynthia Black at cindylove768@hotmail.com

## NOTICE OF HEARING

Notice of Hearing to Renew Restraining Order

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SAN JOAQUIN  
 180 E WEBER AVE SUITE 413  
 STOCKTON, CA 95202  
 CASE NUMBER: FL389124  
 1. Name of Protected Person: Sharon Bertrand  
 1386 Nana Place  
 Manteca, CA 95336  
 2. Name of Restrained Person: Donovan Gregory Bertrand  
 Description of Restrained Person: Sex: M Height: 5'9 Weight: 150 Hair Color: Blonde/Brown Eye Color: Green Race: White Age: 43 Date of Birth: 5/29/1976 Mailing Address: 55100 Terra Loma Drive #83 Rancho Cordova, CA 95670 Relationship to protected person: Ex-husband  
 3. Court Hearing The judge has set a court hearing date. The Restraining Order After Hearing (Order of Protection) Stays in effect until the expiration date on that order or the end of the hearing below, whichever is later. Hearing Date & Time: November 12, 2019 at 8:15am in Department 4B  
 To the person in 2: At the hearing, the judge can renew the current restraining order for another five years or permanently. Before the hearing, you can file a response on Form DV-720. You must continue to obey the current restraining orders until the expiration date on current orders or the hearing date, whichever is later. At the hearing, you can tell the judge why you agree or disagree with the request to renew the orders. If the restraining orders are renewed, you must obey the orders even if you do not attend the hearing. THIS IS A COURT ORDER  
 BERTRAND 10/25/19

## SUMMONS

SUMMONS (Family Law)  
 NOTICE TO RESPONDENT (Name): Temeko D. Meeks  
 Petitioner's Name is: Stephen F. Meeks Jr.  
 CASE NUMBER: 16FL07327  
 You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.gov), or by contacting your local county bar association. NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: William Riddgeway Family Relations Courthouse; 3341 Power Inn Road Sacramento, CA 95826 The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are: Stephen F. Meeks Jr. 5050 Laguna Boulevard #755 Elk Grove, CA 95758 Date: December 16, 2016 Published: October 4, 11, 18, and 25, 2019  
 MEEKS 170829 10-25-19

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Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising  
P.O. Box 14  
Carmichael, CA 95609

## FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06680 Audra Daring, 8151 Armando Court Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Improptu Rentals" 8151 Armando Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 8, 2019  
Publish: September 13, 20, 27, and October 4, 2019  
IMPROPTU 180201 10-4-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06600 Terim Dai, 807 Stuart Court West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Just Relax" 1103 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 8, 2019  
Publish: September 13, 20, 27, and October 4, 2019  
JUST 180201 10-4-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06782 KTN Nails Inc, 9760 Blansfield Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Cozy Spa & Nails" 4801 Laguna Boulevard Suite 103 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 16, 2019  
Publish: September 13, 20, 27, and October 4, 2019  
COZY 180201 10-4-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07473 Ask II LLC, 2221 Country Villa Court Auburn, CA 95603 is doing business under the Fictitious Business Name(s) "Pakmail Center US664, Folsom Pakmail" 9580 Oak Avenue Parkway Suite 7 Folsom, CA 95630. Filed with the Clerk of Sacramento County September 9, 2019  
Publish: September 13, 20, 27, and October 4, 2019  
PAKMAIL 180201 10-4-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07642 Sergey Okunov, 5509 Shaver Court Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Advanced Air" 5509 Shaver Court Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 13, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
ADVANCED 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07396 Billy Tran Tu, 8413 Alameda Park Drive Elk Grove, CA 95626 is doing business under the Fictitious Business Name(s) "Orchid Salon" 6749 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 5, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
ORCHID 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07342 Pamela Willow, 1125 Los Robles Boulevard Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Home Shot Photo" 1125 Los Robles Boulevard Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 4, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
HOME 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07574 Murillo and Son Incorporated, 4936 Auburn Boulevard Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "California Auto Body North" 4936 Auburn Boulevard Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 11, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
CALIFORNIA 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07582 Vsevolod Markiv, 3023 Albany Avenue #102 Davis, CA 95818 is doing business under the Fictitious Business Name(s) "Med Supply" 4837 Amber Lane Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 11, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
MED 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07014 J.B. Bubica Enterprises, Inc, 7015 Ham Lane Suite C Lodi, CA 95242 is doing business under the Fictitious Business Name(s) "Prestigio Jewelers" 4606 Franklin Boulevard Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 26, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
PRESTIGIO 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07581 Trekbox LLC, 101 Copper Lantern Court El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "M5 Precision" 11355 Pyrites Way Bldg 6 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 11, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
M5 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07523 Infinity Nursing Corporation, 2612 Stonehaven Drive Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Hydration Station" 2612 Stonehaven Drive Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 10, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
HYDRATION 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07634 First Generation Industries Inc, 917 7th Street Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Super Towing, Super Transports" 4730 Myrtle Avenue Unit B Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 12, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
SUPER 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07259 Paolo A Poidmore and Brian C Crawford, Dental Corporation, 4408 Elverta Road Antelope, CA 95603 is doing business under the Fictitious Business Name(s) "Cali Kids Dental, Next Level Dental" 4408 Elverta Road Antelope, CA 95603. Filed with the Clerk of Sacramento County August 29, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
CALI 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07552 Elizabeth Dankof, 2084 University Park Drive Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "EAD Designs" 2084 University Park Drive Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 10, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
EAD 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06234 Sherrie Kuar, 1 Grits Court Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Spot & Coco" 1 Grits Court Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 25, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
SPOT 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07416 Randolph Bailey, 2818 Loma Vista Sacramento, CA 95825 and Shiela Lovan, 14106 Hackett Street Hanford, CA 93230 are doing business under the Fictitious Business Name(s) "Azora's Dairy Equipment" 1650 Silca Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 5, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
AZORA 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07401 Amandeep Singh, 8521 Modena Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Sterling Mortgage Associates" 7212 Florin Mall Drive Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 5, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
STERLING 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06410 Ray Herrera, 7316 Borba Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Nor Cal Junk" 7316 Borba Way Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 1, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
NORCAL 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07504 Daxazo Incorporated, 8967 Chantal Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Fitness Machine Technicians-North California, Fitness Machine Technicians- Sacramento, Fitness Machine Technicians- Carmichael, Fitness Machine Technicians- Rancho Cordova, Fitness Machine Technicians-Fair Oaks, Fitness Machine Technicians-Natomas, Fitness Machine Technicians-Folsom, Fitness Machine Technicians- Elk Grove" 8967 Chantal Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 9, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
FITNESS 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07441 Dave Eric Maudsley, 6455 Hillspire Court Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Sacramento Collegiate Umpires Association" 6455 Hillspire Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 6, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
SAC 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07492 Raeselle Lao Diola, 1420 O Street Apt # 2G Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "The UBE Cafe" 1420 O Street Apt # 2G Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 9, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
UBE 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07507 Linda Easton-Waller and Robert Easton-Waller, 7339 28th Street North Highlands, CA 95680 are doing business under the Fictitious Business Name(s) "Gillyrumpus Farm" 7339 28th Street North Highlands, CA 95680. Filed with the Clerk of Sacramento County September 9, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
GULLY 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07524 The Hemp Club LLC, 6512 Matter Horn Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "The Hmp Shop, Hmply Delivery" 8328 Auburn Boulevard Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 10, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
HMP 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07657 Island Alchemist Brand LLC, 2572 21st Street Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "NOMAD" 2572 21st Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 13, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
NOMAD 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07652 Mariana S.da Costa, 2701 Corbell Lane #49 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Orange Cleaning California, Orange Cleaning Services" 2701 Corbell Lane #49 Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 13, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
ORANGE 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07658 Stanford Youth Solutions, 8912 Volunteer Lane Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Stanford Youth Solutions + Sierra Forever Families, Sierra Forever Families" 8912 Volunteer Lane Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 13, 2019  
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STANFORD 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07350 Julie Kolaszewski, 6798 Coachtie Way Sacramento, CA 95831 and Lusine Sarkisyan, 10308 Fiske Court Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "JL Management Group" 6798 Coachtie Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 4, 2019  
Publish: September 20, 27, October 4, and 11, 2019  
JL 180201 10-11-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07659 Karena Rae Brown, 2351 Mossy Bank Drive #8 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Because Bath and Body, Because Soaps" 2351 Mossy Bank Drive #8 Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 13, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
BECAUSE 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07694 Abadias C. Flores, 7236 Hedge Avenue Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Flores Trucking" 7236 Hedge Avenue Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 16, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
FLORES 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07728 Gloria Banks Jones, 7117 Murdock Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "John Street Publishing" 7117 Murdock Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 18, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
JOHN 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07712 Struk Construction Inc, 7291 32nd Street #4 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Struk Construction Inc" 7291 32nd Street #4 North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 17, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
STRUK 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06693 Marina Lysyuk, 208 Branch Court Roseville, CA 95678 and Anastasia Luzik, 1020 12th Street Sacramento, CA 95814 are doing business under the Fictitious Business Name(s) "Allure European Nail Studio" 2641 Cottage Way #6 Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 13, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
ALLURE 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07763 Anthony Hodges, 304 Endless Court El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "A.H. Printing" 7846 Fair Oaks Boulevard Unit B Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
A.H. 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07599 Ilyna Peravoznikova, 4945 Chelsea Glen Court Antelope, CA 95843 and Tanya Prialov, 8505 Windford Way Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Sactown Flooring" 8505 Windford Way Antelope, CA 95843. Filed with the Clerk of Sacramento County September 12, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
SACTOWN 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07713 Sactown Lighting, 8505 Windford Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Sactown Lighting" 8505 Windford Way Antelope, CA 95843. Filed with the Clerk of Sacramento County September 17, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
SACTOWN 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07548 Sunshine Motors, LLC, 4900 Warehouse Way Suite 20 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sunshine Motors" 4900 Warehouse Way Suite 20 Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 10, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
SUNSHINE 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-06813 Sid Hasemi, 8092 Sunset Rose Drive Corona, CA 92883 is doing business under the Fictitious Business Name(s) "Milano Gourmet Pizza" 7250 Fair Oaks Boulevard #B Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 16, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
MILANO 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07716 Denys and Roman Tsyganiuk, 7106 Cedar Park Court Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Amazing Buy" 7106 Cedar Park Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 17, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
AMAZING 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07885 iRydn, LLC, 1131 Duchow Way # A Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "iRydn" 1131 Duchow Way # A Folsom, CA 95630. Filed with the Clerk of Sacramento County September 16, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
IRYDN 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07348 Rudy's LCLCTS, 7718 Bradshaw Road Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Rudy's Lawn Care Landscape" 7718 Bradshaw Road Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 4, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
RUDYS 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07663 John C. Johnson, 2157 Gunn Road Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A.F.B. Detection Services" 2157 Gunn Road Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 16, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
AFB 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07729 Marcos Antonio Sanchez and Michiko Sarah Sanchez, 7979 Freeport Boulevard Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "M&M Window Washing" 7979 Freeport Boulevard Sacramento, CA 95832. Filed with the Clerk of Sacramento County September 18, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
M&M 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07638 Larry M. Valim, 6615 Frates Way Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Saint Peter Restoration or Sao Pedro" 6615 Frates Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 12, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
SAINT 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07684 S&V Business Associates, LLC, 2346 Florin Road Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Price Maxx" 2346 Florin Road Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 16, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
PRICE 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07806 Lodgepole, 12701 Furlong Drive Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "G&C Septic, Septic Services Group" 11082 Jeff Brian Lane Wilton, CA 95693. Filed with the Clerk of Sacramento County September 20, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
G&C 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07637 Larry M. Valim, 6615 Frates Way Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Portuguese Language Services" 6615 Frates Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 12, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
PORT 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07627 A&R Trade, Inc, 9560 Dela Rosa Plaza Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Family Laundry" 2909 Del Paso Boulevard Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 12, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
FAMILY 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07720 RJ & AT Enterprises Inc, 11976 Quail Falls Way Sacramento, CA 95742 is doing business under the Fictitious Business Name(s) "DBVE Staffing" 9269 Bendel Place #310 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County September 3, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
DBVE 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07720 Pedro Bonilla, 7848 Casabella Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Wholesale Auto Sale" 1500 Silca Avenue Suite B Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 18, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
WHOLESALE 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07719 Golden State Auto Solutions, 1500 Silca Avenue Suite A3 Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "USA Reg" 1500 Silca Avenue Suite A3 Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 18, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
USA 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07734 Marcelino Alfaro, 2745 North View Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Uniq Custom Cabinets" 1812 Tribute Road Suite B Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 20, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
UNIQU 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07821 Kirandeep Kaur, 2882 Screech Owl Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Indian Luxe Jewels" 2882 Screech Owl Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 20, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
INDIAN 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07780 Xavier Vasquez, 8325 Stonybeck Circle Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Clear-Cut Electric" 8325 Stonybeck Circle Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 19, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
CLEAR 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07722 Right Site Inc, 2157 3rd Avenue Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Retail West Inc" 2501 Capitol Avenue Suite 200 Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 18, 2019  
Publish: September 27, October 4, 11, and 18, 2019  
RETAIL 180201 10-18-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-08010 Shachrista Caldwell, 9334 Salina Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Mzchristahair" 9334 Salina Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 26, 2019  
Publish: October 4, 11, 18, and 25, 2019  
MZ 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-08028 Michael Davis, 5116 Arbardee Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Four Star Janitorial, Four Star Building Maintenance" 5116 Arbardee Drive Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 27, 2019  
Publish: October 4, 11, 18, and 25, 2019  
FOUR 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07928 Nidia De Leon, 7129 Snowy Birch Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Chubby's Trucking" 7129 Snowy Birch Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 24, 2019  
Publish: October 4, 11, 18, and 25, 2019  
CHUBBYS 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-08003 Jack Thomas Carda, 8820 Wickersham Court Elk Grove, CA 95624 and Orlando Wilkerson, 9661 Ridgerock Drive Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Pallet" 8820 Wickersham Court Elk Grove, CA 95624. Filed with the Clerk of Sacramento County September 26, 2019  
Publish: October 4, 11, 18, and 25, 2019  
PALLET 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07837 Flora Parker, 2522 49th Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Greater Philadelphia Church, Church of God in Christ" 2522 49th Avenue Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 20, 2019  
Publish: October 4, 11, 18, and 25, 2019  
GREATER 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07987 Adish Kumar, 3512 Elite Drive Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Pure Water" 7254 Franklin Boulevard Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 25, 2019  
Publish: October 4, 11, 18, and 25, 2019  
FOUR 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07977 Jack Abumohr, 324 Elkhorn Boulevard Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Mr. Nice Hydroponics & Garden Supply" 3929 Marysville Boulevard Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 25, 2019  
Publish: October 4, 11, 18, and 25, 2019  
NICE 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-08030 Mark Gilbert Fleig, 5545 Fair Oaks Boulevard Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Green Flag Racing" 5545 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 27, 2019  
Publish: October 4, 11, 18, and 25, 2019  
GREEN 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07721 Larry Jan Jones, 2430 Fallwater Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Magic Touch" 2430 Fallwater Lane Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 18, 2019  
Publish: October 4, 11, 18, and 25, 2019  
MAGIC 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07944 iRYDN, LLC, 180 Promenade Circle Suite 300 Sacramento, CA 95776 is doing business under the Fictitious Business Name(s) "iRYDN, LLC" 180 Promenade Circle Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 25, 2019  
Publish: October 4, 11, 18, and 25, 2019  
IRYDN 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07937 AAH Business Inc, 2069 Arena Boulevard #150 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "U Smoke 4 Less" 2069 Arena Boulevard Suite 150 Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 24, 2019  
Publish: October 4, 11, 18, and 25, 2019  
SMOKE 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07324 Rosa Ramo MTZ, 8206 Coed Lane Sacramento, CA 95828, is doing business under the Fictitious Business Name(s) "Grace Beauty Salon" 7500 Elsie Avenue 102 Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 3, 2019  
Publish: October 4, 11, 18, and 25, 2019  
GRACE 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07989 Rafal Antoniuk, 4405 Jan Drive Carmichael, CA 95831 is doing business under the Fictitious Business Name(s) "AGC Company, Antek General Construction Company" 4405 Jan Drive Carmichael, CA 95831. Filed with the Clerk of Sacramento County September 26, 2019  
Publish: October 4, 11, 18, and 25, 2019  
AGC 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07830 Companion Transportation, LLC, 7540 Eddylee Way Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Companion Transportation" 7540 Eddylee Way Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 20, 2019  
Publish: October 4, 11, 18, and 25, 2019  
COMPANION 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07703 Lyudmila Linda Khrupin, 7201 Aberfeldy Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Young Explorers Club/ Family Daycare" 7201 Aberfeldy Way Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 17, 2019  
Publish: October 4, 11, 18, and 25, 2019  
YOUNG 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07525 Omar Shehab, 5420 El Camino Avenue #101 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Jaar El Qamar Events" 5420 El Camino Avenue #101 Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 10, 2019  
Publish: October 4, 11, 18, and 25, 2019  
JAAR 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07935 Eric Kiselev, 2751 Paseo Rio Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Donate Knowledge Project" 2751 Paseo Rio Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 24, 2019  
Publish: October 4, 11, 18, and 25, 2019  
DONATE 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-08010 Joel Elliott Rabin, 15 McKitt Court Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Inform to Inspire" 15 McKitt Court Sacramento, CA 95835. Filed with the Clerk of Sacramento County September 24, 2019  
Publish: October 4, 11, 18, and 25, 2019  
INFORM 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07807 Jeanette Dvorak, 11632 Heavy Tree Court Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Koshadi Wellness" 11632 Heavy Tree Court Gold River, CA 95670. Filed with the Clerk of Sacramento County September 20, 2019  
Publish: October 4, 11, 18, and 25, 2019  
KOSHADI 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07895 Resham Singh Uppal, 4979 Kokomo Drive Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "RS Uppal Trucking" 4979 Kokomo Drive Sacramento, CA 95835. Filed with the Clerk of Sacramento County September 23, 2019  
Publish: October 4, 11, 18, and 25, 2019  
UPPAL 180201 10-25-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-07894 Harmanjot Singh, 7484 Holworthy Way #72 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Jagpal Trucking" 7484 Holworthy Way #







# RANCHO SPORTS

## Lancers Entering League Play After Tough Preseason Schedule



Lancers' James Feao has consistently been the scoring connection for Cordova's pre-season games. Photo by Rick Sloan

Story by James Darnell

RANCHO CORDOVA, CA (MPG)

The Cordova Lancers varsity football team wrapped up their non-league schedule with a 50-16 loss at Oakmont this past Friday evening. The Lancers, who have started their season with an 0-6 record as they've faced several high-level

opponents, will now enter Greater Sacramento League play with a clean slate.

So throw everything you've seen out the window. It is the start of a new season for Cordova by all intents and purposes, as non-league schedule holds no bearing on a team's chances at a postseason berth. The Lancers, who won the

Greater Sacramento League title last season under previous head coach John McCoy, will look to go back-to-back under new head coach Jason Bumbaca.

"We've been preparing for this," Bumbaca said of the fresh start. "Three seasons is what we've called it. We have our non-league schedule which we knew would be



Cordova Lancers (0-6) will now enter Greater Sacramento League under head coach Jason Bumbaca's leadership. Photo by Rick Sloan

very tough, our league season, and then the playoffs obviously."

Despite the lopsided defeat at Oakmont on Friday, there were some bright spots. Senior tailback Brandon Gray scored a second quarter touchdown from 64 yards out to spark the Lancers' offense, and senior quarterback Joey Estrada connected with junior wide receiver James Feao on a 28-yard touchdown strike in the third quarter. Senior Kenny Brown recorded a two-point conversion after the Lancers' first

score, and junior lineman Shelton Foster also recorded a two-point conversion after Cordova's second touchdown, snatching a fumble and getting across the plane.

"I'm very happy with how hard they played (against Oakmont) but I'm never satisfied," Bumbaca said. "That's one of the things I say all the time. I'm happy with the way we performed, they played their hearts out."

Although the Lancers have yet to win a game, Bumbaca feels that his team's pre-season slate was a good way

for his team to be tested prior to the start of league play.

"I always think playing tougher caliber teams is better," he said. "How much higher of caliber is up to question. You want to have success in your non-league schedule, but you also want to be challenged."

This Friday, October 4, the Lancers host visiting Johnson in what is the league opener for both teams, as well as Cordova's much-anticipated homecoming game, with kickoff scheduled for 7:00 p.m. ★

## Cordova Girls' Tennis Team Seeing Growth

Story by James Darnell

RANCHO CORDOVA, CA (MPG)

After opening the regular season with an 8-1 victory at Rio Linda on August 29, the Cordova Lady Lancers' varsity tennis team has dropped their past three contests, including their first two within Greater Sacramento League competition.

But in talking to head coach Jeff

Pieczynski, you'd never know it.

For Pieczynski, seeing the growth of the team and program as a whole has been just as rewarding as any victory. From where his team was during the summer to now, he's seen quite the increase of enthusiasm and passion for the game by his young group.

"I see the program growing," he said. "I hear a lot of the girls when they're in practice saying they're getting better. You can see that excitement and spark from them because they can see the progress that they're making."

Thus far, Pieczynski has been very impressed with the likes of seniors Maria Orlovsciaia and Nelly Vibe, who have been extremely competitive during singles matches early on this season. Additionally, freshman Elizabeth Abdulla has caught the eye of her coach.

"She's literally only been playing a little over a month," he said. "She's just very athletic, and just starting out. I've been really impressed."

In doubles play, junior Antoinette Aho and senior Kylee Frost have emerged as a formidable tandem for the Lancers this season.

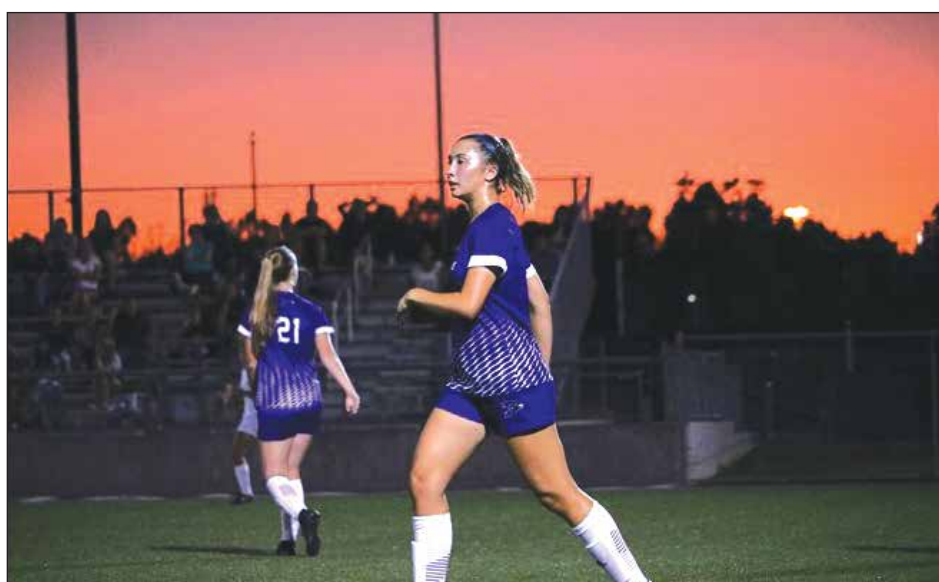
"I partnered them together and it took them a little time to get used to each other, their styles and how they move and everything," Pieczynski said. "But they're really starting to gel nicely so I see them as a doubles pairing that can continue to improve throughout the season."

This week, Cordova played two straight away matches at Valley and West Campus, respectively. They will return to Cordova for a tilt against Florin on Tuesday, October 8, scheduled for 3:30 p.m. ★



## Women's Soccer Dominates Sac City

### Women's Soccer



Sophomore Michaela Mayer (top photo) and freshman Calista Scheidt (above photo) each scored their first goal for FLC in the Falcons' 7-0 win over Sac City. Photo courtesy FLC

The Falcons added to their winning record with a dominating 7-0 victory over Sacramento City College on Tuesday night at Falcon Stadium. The Falcons shared the ball and the goal-scoring opportunities, with seven different players accounting for the seven goals. FLC scoring leader Michaela Clark tallied her 7th goal of the season, Sarah Freed added her 6th, and Emma Thompson and Emily Doty each recorded their 5th goal. Michaela Mayer and Calista Scheidt rounded out the individual scoring for the Falcons. The defense meanwhile prevented the Panthers from getting anywhere near the goal. Hunter Casperson and Sarah Valentine split the goal-keeping duties while recording the shutout.

The Falcons improved to 7-0-2 overall and remain tied with Delta College atop the Big 8 standings at 2-0-1. Friday's match at Modesto will have an early start time of 1:00 pm, then they'll host Diablo Valley on Tuesday (Oct 1) at 6:00 pm. ★

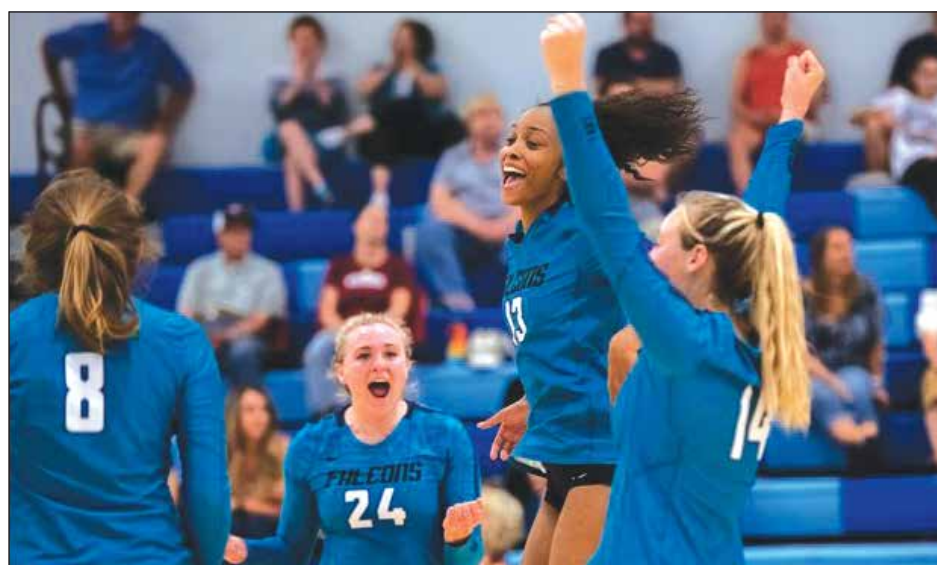
### Women's VolleyBall



Sophomore opponent hitter/middle blocker Yasmine Sowell-Scott had a breakout game for the Falcons against Sierra. Photos courtesy by Skip Zinn

A classic early-season showdown between two of the Big 8 Conference's best teams lived up to its billing on Wednesday night at Falcon Gym, with Sierra College toppling the Falcons, 3-1. The individual set scores were more indicative of the closeness of the match (Sierra first): 30-28, 21-25, 25-15, and 26-24. With the exception of set #3, every set was a nail-biter that could have gone either way. The Falcons were serving for set point three different times in the 4th set; had they won any of those rallies, the match would have gone to a deciding 15-point 5th set. The Falcons leaned heavily on sophomore outside hitter Caitlin Dillon - who came through with her usual big number of kills and digs - but also had major contributions from freshman hitter Julin Kenison and sophomore middle blocker Yasmine Sowell-Scott. Sophomore Madi Pearce provided defensive strength in the back-row, repeatedly digging the Wolverines' hits.

The Falcons (7-2, 1-1 in Big 8) will play at Modesto (5-5, 0-2 in Big 8) on Friday night, then return for a home matchup against Delta next Wednesday. ★



The tense match had many emotional peaks and valleys; here the Falcons celebrate a big point. Photos courtesy by Skip Zinn



# TV GUIDE MAGAZINE CHEERS & JEERS

By Damian Holbrook

## Cheers to A Very Brady Renovation

for nailing the nostalgia factor. More than 10 million fans tuned in to the premiere of HGTV's new series (over three days of time-shifted viewing) to watch *Brady Bunch* kids (from left) Susan Olsen, Mike Lookinland, Eve Plumb, Christopher Knight, Maureen McCormick and Barry Williams re-create their TV home inside the L.A. crib used in the original's exterior shots.

## Jeers to The Alec Baldwin Roast

for leaving a bad taste in our mouths. If the Comedy Central "salute" to the *30 Rock* vet was supposed to be funny, why was barely

anyone laughing – especially Baldwin – as his daughter Ireland (pictured, with Alec) slammed him for being a bad dad and that notorious nasty voicemail he left her when she was a kid?

## Jeers to Survivor

for adding an unnecessary twist to the game. For this season's *Island of the Idols*, the CBS reality show has recruited former champs Sandra Diaz-Twine and "Boston Rob" Mariano (pictured) to act as mentors for various contestants – a great idea on a show like *The Voice*, where there's actual talent on display, but do castaways really need a tutor for screwing each other over?

## Cheers to Kelly Clarkson

for being a daytime delight. The original



Brady Bunch kids (from left) Susan Olsen, Mike Lookinland, Eve Plumb, Christopher Knight, Maureen McCormick and Barry Williams re-create their TV home inside the L.A. crib used in the original's exterior shots.

American Idol champ and all-around powerhouse (pictured) has proven that she's as winning a TV host as she is a singer with her upbeat, tune-filled syndicated talker, *The Kelly Clarkson Show*. Turns out, our lives sucked without you on our screens ★

# ASK MATT

BY MATT ROUSH TV Guide Senior Critic

## Who's The New Character On Tv I Should Watch?

**Question:** I LOVE *Lucifer*! It has a sexy, smart, rascal lead who relishes the freedom to not follow the rules, struggles with evolving ethics and loyalties, but is grounded by a core of integrity. I'm looking for another playful, clever, rascal character this Fall. Can you help me find one? – Corinna in KY

**Matt Roush:** The one breakout character of the season who best fits this bill is Portland, Oregon's "scrappy and sexy" PI Dex Parios, played by the terrific Cobie Smulders in ABC's *Stumptown*. Dex breaks the rules, can dish it out and take it, and has been likened in this very column to a female Rockford (James Garner, look it up, a classic). She's wildly appealing, even when her behavior is borderline

appalling, and embodies the spirit you seem to be looking for. I hope the show lives up to my very high expectations and finds an audience on Wednesdays. *Stumptown* is great fun.

**Question:** *Manifest* was one of my favorite shows last season but there does not seem to be any info about Season 2 in TV Guide Magazine's Returning Favorites issue. Any info? – Rita

**Matt Roush:** For that, you'll need to check out our Winter/2020 Preview issue later this year, when we'll deal with the many midseason shows heading our way. To submit questions to TV Critic Matt Roush, go to: [tvinsider.com](http://tvinsider.com) ★

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## STATEPOINT CROSSWORD • THINGS GHASTLY AND MACABRE

### CLUES

- ACROSS  
 1. \*Like Freddy Krueger's fingertips  
 6. Roman goddess of fertility  
 9. Late comedian Bob  
 13. Painter's support  
 14. Ornamental pond dweller  
 15. New York's amusement island  
 16. \*Morticia to Fester  
 17. Not decaf.  
 18. \* \_\_\_ hell, or cause trouble  
 19. \*Bram Stoker creation  
 21. \*Dia de los \_\_\_  
 23. Geological period  
 24. Queen of Spades, e.g.  
 25. It's all the rage  
 28. \*Like Zombie's skin color  
 30. Fine-\_\_\_ pen  
 35. Miners' passage  
 37. Marinate, e.g.  
 39. Miss America's topper  
 40. Unacceptable  
 41. Proprietor  
 43. Jet black  
 44. One thousand in a kilogram  
 46. Country dance formation  
 47. Cincinnati players  
 48. Croatia's neighbor  
 50. Shower with affection  
 52. \*Horror movie actor Christopher  
 53. Fireplace conduit  
 55. French vineyard  
 57. \*Like some Mansions  
 61. \*Paris Opéra House inhabitant  
 65. Come to terms  
 66. Indigo extract  
 68. Quicquid fry  
 69. Sucrose  
 70. Long time  
 71. \*Sesame Street' Muppet  
 72. Jury colleague  
 73. Tire depression  
 74. Slap

Crossword Puzzle Solutions on Page 10

1	2	3	4	5	6	7	8	9	10	11	12		
13					14				15				
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### DOWN

1. Email button  
 2. \*Medusa's snakes  
 3. Between ports  
 4. Reconnaissance, for short  
 5. Lung-covering membrane  
 6. Southern stew staple  
 7. \*Author known as Master of the Macabre  
 8. Fraternal letter  
 9. Gray-haired  
 10. \*Put a lid \_\_\_!  
 11. Acapulco money  
 12. \*Coraline's buttons  
 15. Kudos  
 20. Rodeo rope  
 22. \*Crematorium jar  
 24. \*Jonestown poison  
 25. \*Vampire's canines  
 26. Love intensely  
 27. 1/100 of a rial  
 29. \*Werewolf's cry  
 31. \*Coffin's stand  
 32. Confusion of voices  
 33. Wear away  
 34. \* \_\_\_ Macabre  
 36. \*Mummy's home  
 38. Lotto variant  
 42. Throw up

45. Flour fluffer  
 49. A in IPA  
 51. Wipes blackboard  
 54. Bovine milk dispenser  
 56. Render harmless  
 57. Door fastener  
 58. Chills and fever  
 59. Strong desire  
 60. Getting warm  
 61. Closely confined  
 62. Chicken of the sea?  
 63. Related to ear  
 64. Spiritless  
 67. \*He Knows \_\_\_'re Alone"

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 Solutions on Page 10

# Sacramento County DA Reports



## Defendant Convicted for Sexually Assaulting Multiple Children

DATE: September 26, 2019  
 CASE: David Nolan

(Case #17FE023986)  
**PROSECUTOR:** Deputy District Attorney Catrina Ranum, Special Assault & Child Abuse Unit

David Nolan pled guilty to five counts of committing lewd acts upon a child and admitted to a multiple victim enhancement.

In 2010, Nolan sexually assaulted an 8-year-old family member until she was 13 years old. Over the next several years, he sexually assaulted three more girls who were family members of a friend. Nolan assaulted those three victims when they were age 8 to 16 years old, 7 to 9 years old and 13 years old. The 13-year-old victim reported the abuse.

Nolan faces a maximum potential sentence of 50 years to life in prison. Sentencing is set for November 1, 2019, at 10:00 a.m. in Department 22 before the Honorable Russell Hom.

## Defendant Sentenced for Human Trafficking

DATE: September 3, 2019  
 CASE: Robert Taylor

(Case #17FE006278)  
**PROSECUTOR:** Deputy District Attorney Danielle Abildgaard, Human Trafficking Unit

The Honorable Curtis Fiorini sentenced Robert Taylor to 95 years to life in prison. On July 30, 2019, a jury convicted Taylor of human trafficking of a minor with the special findings of force, fear or violence and the allegation of force and violence was found true. Taylor was also convicted of pimping of a minor, pandering of a minor, conspiracy, sodomy of a 14-year-old victim, statutory rape of a minor and committing lewd acts on a child. An allegation that Taylor suffered a prior 1995 strike conviction for first-degree burglary was determined to be true at the sentencing hearing.

In January 2017, the 14-year-old victim ran away from her home in another state and was in a known prostitution area making money to survive on the streets. She met a 17-year-old, who recruited the victim to work for Taylor

in Sacramento. When the two girls arrived in Sacramento on a bus, Taylor took them to his apartment. He told the victim she could live with him if she gave him all her money from her acts of prostitution. Taylor drove the underaged girls and two other women to prostitution areas in an ice cream truck to do acts of prostitution. The underaged girls and women gave Taylor all the money from their sex acts. Taylor physically assaulted one of the women with his hands, belts and metal hangers in front of the other girls and women that worked for him. He also sodomized and had sexual intercourse with the underaged girls and women. In April 2017, the 14-year-old victim called 911 to report that her pimp had "put his hands on her." The Elk Grove Police Department's investigation revealed that Taylor began working as a pimp in 2012 after he was released from prison. From 2012 to his arrest on April 5, 2017, he had at least 10 women and underaged girls that worked for him and lived with him. The women and girls gave him all of their money from their acts of prostitution, so they could have a place to live.

## Defendant Convicted for Murdering Wife in Land Park Home

DATE: September 3, 2019  
 CASE: Mark Long

(Case #18FE000521)  
**PROSECUTOR:** Principal Criminal Attorney Caroline Park, Homicide Unit

Mark Long was convicted by a jury of the first-degree murder of his wife, Susan Roberts. The jury also found that Long used a deadly weapon in the commission of the murder.

On January 6, 2018, Susan Roberts did not show up for dinner with friends. The next day, her friends went to Ms. Roberts' home, which she shared with her husband, Mark Long. After the friends called for a welfare check, Sacramento police officers responded to the residence. SWAT was eventually called out, and a stand-off ensued for hours. After entry was made, Long was taken into custody. Ms. Roberts' body was found deceased inside the home.

Long faces a maximum sentence of 26 years to life in prison. Sentencing is set for October 4, 2019, at 1:30 p.m. in Department 10 before the Honorable Eugene Balonon.





# Sacramento Telangana Association

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