



Old Sac  
Launches  
"Gold Fever"  
Games  
PAGE 2



1968 Celebrating 50 Years! 2018

# Grapevine Independent

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PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968

MARCH 15, 2019

**SEE  
INSIDE**

**PRESCHOOL AGE  
EYE SCREENING**



PAGE 14

**MEDICARE FOR  
ALL COULD MEAN  
PIZZA FOR NONE**



PAGE 6

**MICHELLE  
CALLEJAS  
NAMED WOMAN  
OF THE YEAR**



PAGE 3

## Trees for a Better Life



Rancho Cordova and Williamson Elementary Celebrate California Arbor Week. Photo courtesy City of Rancho Cordova

**By Russell Hartley,  
City of Rancho Cordova**

**RANCHO CORDOVA, CA (MPG)** - Go trees! The City of Rancho Cordova kicked off California Arbor Week at Williamson Elementary with an Arbor Week Celebration that included a tree fair, an educational performance by the TreeCircus, games and activities for the family, and much more. The City teamed up with the Sacramento Tree Foundation, Walnutwood-Aspen Creek Community Association, Cordova Recreation & Park District, Soil Born Farms, Folsom Cordova Unified School District, and SMUD to deliver an educational experience for residents and volunteers to help celebrate the beauty and importance of trees.

Local volunteers were up bright and early in the morning to plant trees at Williamson Elementary School and Dave Roberts Community Park as part

of the City's ongoing commitment to increase the tree canopy of Rancho Cordova. Thanks to the hard work of community leaders and residents, the school and its neighboring community park will soon experience the added benefit of several more healthy trees that have been added to the area.

"The Arbor Week celebration means a few things for our City," said the City of Rancho Cordova Public Works Manager Steve Harriman. "First, it means raising awareness about the health and vitality of our tree canopy and encouraging our residents and businesses to plant new trees and properly maintain existing trees. Second, it means connecting with our community partners to implement wonderful tree planting projects. Finally, it means having fun and making new friends while enhancing the aesthetics and livability of our City."

In addition to participating in the

morning tree planting, volunteers and attendees enjoyed all that the tree fair had to offer, including an enthusiastic performance from the traveling TreeCircus.

"It excites us to see that amount of people out here caring for the Earth," said TreeCircus performer Tim Womick.

When asked about how residents can participate in California Arbor Week, Tim said, "Just walk outside and look at the trees in your own yard. And if you don't have trees in your yard, you can contact the City of Rancho Cordova and add trees to your property. And when you've got your yard taken care of, ask yourself, 'Well, what about the neighbor across the street?'"

Learn more about how you can receive free trees in Rancho Cordova by visiting [www.cityofranhocordova.org/freetrees](http://www.cityofranhocordova.org/freetrees). ★

## Black Child Legacy Campaign Nationally Recognized

**By Andrea Hansen,  
Sacramento County**

**SACRAMENTO COUNTY, CA (MPG)** - On March 2, 2019, The National Association of Counties Health Steering Committee unanimously approved a resolution in support of the Sacramento County Black Child Legacy Campaign.

Sacramento County Supervisor Phil Serna (District 1) presented a resolution in support of the campaign aimed at reducing deaths of African American children by 10 to 20 percent by the year 2020 in Sacramento County. Supervisor Serna shared with the Steering Committee promising results over the past six years of the community-driven movement aimed at reducing black infant mortality.

"The fact that Sacramento County is successfully saving young lives is resonating at a national level," said Supervisor Serna. "It's clear we're perceived as a model to address disparate childhood deaths in the African American community, and I couldn't be more proud of our effort," he continued.

On January 29, the Steering Committee on African American Child Deaths, which is managed by The Center at Sierra Health Foundation, along with the Sacramento County Child Death Review Team and the departments of Child, Family and Adult Services, Human Assistance, Probation as well as First 5 Sacramento went before the Sacramento County Board of Supervisors to present a report of the FY 2017-2018 progress of the Black Child Legacy Campaign. Those in the countywide initiative were proud to share that in three of the four leading causes the rate of child deaths in the African American community has decreased due to County investments.

If you are interested in becoming involved with or learning more about the Black Child Legacy Campaign, connect with your Community Incubator Lead, join the Community Leadership Roundtable or Steering Committee, or become a communication vendor.

The Black Child Legacy Campaign is funded by The County of Sacramento, the City of Sacramento, First5 Sacramento, the Board of State and Community Corrections, the Obama Foundation and Health Net and is managed by The Center.

Source: Sacramento County Media ★

## Meet Your New Problem Oriented Policing (POP) Supervisor

**By Ashley Downton,  
City of Rancho Cordova**

**RANCHO CORDOVA, CA (MPG)** - The Rancho Cordova Police Department (RCPD) is pleased to introduce you to our new Problem Oriented Policing (POP) Supervisor, Sergeant Chuck Pfau.

Sergeant Pfau became interested in joining a career in law enforcement through a close friend who was a deputy for the Sacramento County Sheriff's Department. He enrolled in and attended the Sacramento County Sheriff's Department Academy in 1994.

Sergeant Pfau has been with the Sheriff's Department for 24 years and worked in a variety of positions, including Patrol, Main Jail, Rio Cosumnes Correctional Center, Special Enforcement Detail and North POP Team.

"When I joined the Sheriff's Department, it was a natural fit for me due to the team atmosphere," said Sergeant Pfau. "I spent the majority of my life playing team sports,



Sergeant Chuck Pfau

and it felt like I was joining a particular type of team."

In April 2018, he had an opportunity to come to RCPD. RCPD was always a place he felt highly motivated officers wanted to work due to the high morale and

importance of service to our community.

Sergeant Pfau joined the team as a Patrol Supervisor supporting patrol officers in their role responding to 911 calls and traffic accidents. In this role, he observed

that the majority of situations that officers responded to had an underlying issue or long-term problem.

"As the new POP Supervisor, I have an opportunity to be part of a team that partners with our community to solve these problems," said Sergeant Pfau. "I look forward to creating relationships with residents and surrounding businesses to build a stronger and safer community."

Sergeant Pfau is currently a member of Leadership Rancho Cordova Class 13, a program that develops and engages leaders committed to making a difference in Rancho Cordova. He jumped at the opportunity to join the program to further create a connection with our community, gain more knowledge about the City, and grow as a leader.

Come meet Sergeant Pfau at the next Neighborhood Watch meeting on Tuesday, March 19 at 6 PM at 2897 Kilgore Road, Rancho Cordova. ★



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# Old Sac Launches "Gold Fever" Games

A New Season of Popular Old Sacramento Underground Tours & Interactive Games



Come out and play "Gold Fever!" Photo courtesy Sacramento History Museum.

By Traci Rockefeller Cusack

**SACRAMENTO, CA (MPG)** - The Sacramento History Museum is proud to announce a new season of popular, fun and interpretive tour offerings at the Old Sacramento Waterfront. The new season officially kicks off the weekend of April 6 & 7, 2019 for both the Gold Fever! games and Old Sacramento Underground tours, which is celebrating its 10th season this year.

Guests to the Old Sacramento Waterfront can experience what it was like to catch gold fever while getting actively involved in the intriguing Gold Fever! games. Participants take on personas of characters in history – or “real-life rascals” – who scratched and clawed their way to make this area the center of the Gold Rush. Never

the same experience twice, Gold Fever! games relive Sacramento’s early days when gold fever ruled amid horrible disasters that threatened fates and fortunes. To spice things up even more, elements of chance are introduced that could change the fate of tour guests. Through the course of the lively tours that meander through the historic district, visitors discover if they successfully escaped the many floods, if they managed to keep their gold dust (or lost it all at the gambling tables) and if they survived the fires, disease and occasional steamboat explosion. Gold Fever! games last approximately one hour, are great fun for all ages, and cost \$12 for adults and \$8 for children 6 to 17 (children ages five and under are free).

Celebrating its 10th season, Old Sacramento Underground tours give

guests the unique opportunity to explore what has been hidden beneath the city for more than 150 years, while uncovering the facts and legends that lie below historic buildings and sidewalks. Tour guests explore excavated foundations, enclosed pathways and interesting archaeology exhibits while hearing sounds of 1860 street life. Entertaining and knowledgeable tour guides lead the way while recounting tales of the devastation, perseverance, and determination that led to California’s only successful street-raising project. Tours of the underground last approximately one hour and cost \$18 for adults, \$12 for youths (ages 6-17) and are free for children five and under.

All tour tickets include complimentary admission to the Sacramento History Museum. Guests who

book an Old Sacramento Underground tour and Gold Fever! game at the same time (even if the tours take place on different days) receive special combo pricing as follows: \$25 for adults and \$15 for youths. Old Sacramento Underground tour guests check-in at the Sacramento History Museum (101 Second Street) whereas Gold Fever! game participants check in at the Sacramento Visitors Center (1002 Second Street). Tour dates and times fluctuate with the seasons and during holiday weekends; please visit the website for the most updated schedule. For more information or to purchase advance tickets for Gold Fever! games and Old Sacramento Underground tours, please visit [www.sachistorymuseum.org](http://www.sachistorymuseum.org).

Source: T-Rock Communications ★

# State Pays for Pregnancy Centers' Win

Press Release from Liberty Counsel

**LOS ANGELES, CA** - A California federal district court has ordered the state of California to pay Liberty Counsel \$399,000 for attorneys' fees and costs regarding the victory in *Mountain Right to Life v. Becerra*, which now prohibits the state from enforcing the California Reproductive FACT Act, a law which compelled pro-life crisis pregnancy centers to promote abortion.

After the Supreme Court ruled in *National Institute of Family and Life Advocates (NIFLA) v. Becerra* that crisis pregnancy centers cannot be forced to promote abortions, the state agreed the law was unconstitutional and a permanent injunction was entered blocking the law. Now California is required to pay \$399,000 to Liberty Counsel for attorney's fees and costs.

Liberty Counsel represents three pro-life crisis pregnancy centers in Southern California: Mountain Right to Life, known as the Pregnancy and Family Resource Center (San Bernardino), His Nesting Place (Long Beach) and Birth Choice of the Desert (La Quinta).

The three pro-life crisis pregnancy centers are faith-based and offer women pregnancy resources, counseling, advice and alternatives to

abortion. The California Reproductive FACT Act directly opposed their mission and forced them to endorse the government language promoting the abortion message on their front door, in their waiting room, online and in every advertisement for the crisis pregnancy center. The message had to be printed in 48-point font and in up to 13 languages or the centers could be fined \$500 for the first violation and \$1,000 for each additional violation.

"This is a great victory for children, mothers, and families," said Mat Staver, Founder and Chairman of Liberty Counsel. "Pro-life pregnancy centers will no longer be compelled to speak a message that goes against their mission to save the lives of babies and women. The law violated freedom of speech. The First Amendment protects the right to speak and the right not to speak. Faith-based pro-life pregnancy centers cannot be forced to promote human genocide," said Staver. The announcement was made February 12, 2019.

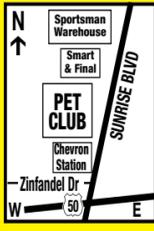
Liberty Counsel is an international nonprofit, litigation, education, and policy organization dedicated to advancing religious freedom, the sanctity of life, and the family since 1989, by providing pro bono assistance and representation on these and related topics. ★

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Limit 2 Pkgs With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 3/13/19 - 3/19/19  
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RCI PLU 569

**BONUS COUPON**  
**FANCY FEAST GOURMET CANNED CAT FOOD**  
3 Oz - All Varieties Except Elegant Medley  
Limit 1 Case Per Family  
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# Assemblyman Cooley, California Legislature Recognize Callejas as Extraordinary Woman



Assemblyman Ken Cooley with Michelle Callejas - Woman of the Year.

By Jilena Hernandez

**SACRAMENTO, CA (MPG)** - Assemblyman Ken Cooley joined the California Legislative Women's Caucus to recognize extraordinary women from across the state in celebration of Women's History Month. This year, the Assemblyman honored Michelle Callejas of Sacramento.

"Recognizing Michelle on this momentous occasion at the Capitol brings me great pride," said Assemblyman Cooley. "Michelle's dedication to working collaboratively with families and partners within our community fosters better experiences and exemplifies outstanding community service."

Michelle Callejas has worked in the health and human services field for over 25 years and is currently the Director of Child, Family and Adult Services for Sacramento County. She earned a Bachelor's Degree in Criminal Justice, a Master's Degree in Counseling, and is a licensed Marriage and Family Therapist.

She began her career

at W.E.A.V.E., a local domestic violence agency, providing services for victims of intimate partner abuse and sexual assault. She also provided group counseling for children exposed to domestic violence and delivered court-ordered counseling services for women involved in Child Protective Services trying to reunify with their children.

She began working for Sacramento County in 1996, and has served in child welfare, mental health, and the District Attorney's Victim-Witness program working with family members of homicide victims and victims of hate crimes.

Michelle served as Deputy Director of Child Protective Services for seven years, where she identified opportunities to work with system and community partners to better address the complex needs of children and youth in foster care. She and several other leaders in Sacramento completed a Multi-System Integration Certificate Program at Georgetown University and have implemented practices to reduce the number of foster children that cross over to the Juvenile Justice system.

The team also worked with other community partners to develop a county-wide protocol to identify and serve child victims of commercial sexual exploitation. She is currently co-leading efforts to develop a county-wide prevention plan that focuses on strengthening families and preventing child abuse.

"It is truly humbling to receive this award. I consider it a privilege to serve our community and want to acknowledge the dedicated staff in the Department of Child, Family and Adult Services who are serving and supporting children, families and adults each and every day in District 8 and the larger Sacramento area," said Michelle.

Assemblyman Ken Cooley represents the 8th Assembly District which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton and other portions of unincorporated Sacramento County. For more information, please visit <http://asmcd.org/members/a08/>

Source: Office of Ken Cooley ★

# Rancho Cordova Man Sworn in as CHP Officer

By Fran Clader, CHP

**WEST SACRAMENTO, CA (MPG)** - Juan Carlos Cuevas of Rancho Cordova, Calif., has successfully completed the cadet-training course at the California Highway Patrol (CHP) Academy. Following a course of instruction that lasted more than six months, he is assigned to duty at the CHP's East Los Angeles Area office.



Officer Juan Cuevas

Officer Cuevas graduated from Cordova High School in Rancho Cordova in 2008. He earned an Associate of Arts degree in from Folsom Lake College in Folsom, Calif. Prior to attending the CHP Academy, he worked as a correctional

officer for the California Department of Corrections and Rehabilitation.

Cadet training for Officer Cuevas started with nobility in policing, leadership, professionalism and ethics, and cultural diversity, and included mental illness

response and crisis intervention techniques. The course covered vehicle patrol, accident investigation, first aid, and capture-and-arrest of suspected violators, including those who drive under the influence of alcohol or drugs. Officer Cuevas also received training in traffic control, report writing, recovery of stolen vehicles, assisting the motoring public, issuing citations, emergency scene management, and knowledge of various codes including the Vehicle Code, Penal Code, and Health and Safety Code.

The mission of the California Highway Patrol is to provide the highest level of Safety, Service, and Security.

Source: CHP Media ★

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# Time to "Kick Some Butts"

Call for Free Resources to Kick Butts

By Georgie Kramer

Cigarette smoking is still the leading cause of preventable death and disability in the United States and rural smoking rates are higher than those in more urban areas. Especially concerning to healthcare professionals is the recent rise in "vaping" or e-cigarette use. Most e-cigarettes contain nicotine which is the highly addictive drug found in cigarettes. Nicotine is also toxic to developing fetuses, adolescent brain development, and pregnant women, in particular. Some smokers use e-cigarettes to help them quit smoking cigarettes. However, the research shows that using e-cigarettes



Kick Butts Day is an annual event that aims to promote a future free of the death and disease caused by tobacco.

for cessation is just a change in smoking behavior, and rarely leads to stopping a nicotine addiction.

Kick Butts Day on March 20, 2019 is an annual event that aims to promote a future free of the death and disease caused by tobacco. Quitting smoking – even for a day – is a great way to recognize Kick Butts Day. Free help to quit all nicotine products including vaping is available for all California residents. The California Smokers'

Helpline ([www.nobutts.org](http://www.nobutts.org)) offers telephone counseling in various languages, extra support via text message, self-help materials, online help, and referral to local programs.

Help yourself- or a loved one - to Kick Butts! For more information about local cessation help or more information on nicotine products, contact the California Health Collaborative's EQUITY project at (530) 345-2483 x 206. ★

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## The Mayor's Corner

### Learning From Others What We Can Bring To Our City

By Bob McGarvey

**RANCHO CORDOVA, CA (MPG)** - This week, we attended the National League of Cities (NLC) Congressional City Conference in Washington, D.C. to learn from others what we can bring to our City, and to learn how to improve programs we already have. For example, at the NLC's Afterschool Policy Advisors Network (APAN) meeting on Monday, APAN Vice President for Policy Erik Peterson described the implications of the budget that will eliminate \$1.12 billion in federal funding for afterschool and summer programs at the local level. One of the programs is known as the 21st Century

Community Learning Centers, which helps school districts, churches and nonprofit groups who serve more than 1.6 million children nationwide. Bela Shah Spooner, Manager of the NLC's Expanded Learning Institute for Youth, Education and Families, specifically selected me and the City of Rancho Cordova to receive the invitation to attend the meeting because of what she knows of our City's interest and investment in afterschool or summer learning opportunities for youth. They were expecting the President's budget to come out on Monday before the meeting, and unfortunately, the cuts they expected were in the budget. That was just the beginning as far as the budget is concerned, so we will have to see how it goes through Congress.

While in Washington, D.C., we will be speaking to our elected

representatives and their staff about the new Civic Center that we are planning, as well as updating them on some of our City projects they might be interested in, including Mather Veterans Village; infrastructure that includes more bike lanes and walkable neighborhoods; the Rancho Cordova Promise Program; proactive neighborhood-focused and intelligence-led policing; and a forestry program that develops a healthy tree canopy and an environmentally conscious citizenry. A good part of what I just spoke of is listed in our 2019 Legislative Priorities that we are taking with us to the Capitol this week.

Like many of my columns, I have to have get this in to the paper before the deadline so it can hit the press on Friday. I will update you next week.

From Mayor Bob McGarvey, God bless, and see you next time. ★

## Root Cellar Offers Spring Seminar

By Linda Johnson

**SACRAMENTO REGION, CA (MPG)** - Don't miss a rare West Coast opportunity to experience the dynamic genealogist, Lisa Louise Cooke, in an all day seminar April 6, 2019. Lisa Louise Cooke (www.GenealogyGems.com) is a genealogy entrepreneur who has books, webinars, podcasts and many seminars to her credit. Internationally known, Lisa Louise Cooke is an In-Demand, Exciting and Knowledgeable speaker. Advance your genealogy skills.

Topics of the seminar

will include; Google Search Strategies for Common Surnames; Time Travel with Google Earth or How to Excite your Non-Genealogist Relatives; Cutting Edge Strategies for Solving that Cold Case and How to Find a Family Tree Identification for DNA Matches; How to Use Evernote for Genealogy; Note Taking Strategy & Power of the Cloud; Brief bonus "How-To" feature.

Due to the high interest in this seminar, early registration is highly encouraged. The seminar cost is \$30 for Root Cellar Members and \$45 for

Non-Members. No registrations will be accepted after March 23, 2019. No registrations will be sold at the door. Confirmations will be mailed and there will be no refunds.

Lunches are available but must be ordered with your seminar registration. For more information contact: seminar@rootcellar.org

Join Root Cellar at the Fair Oaks Presbyterian Church and be sure to get your reservations in before the March 23, 2019 deadline. See You There! For more information go to www.rootcellar.org. ★

## Capitol Pops Concert Band Season Begins with Free, Public Performance at California Automobile Museum

By Linda Glover, CPCB

The Capitol Pops Concert Band will kick off its 23rd season with a free, open to the public concert at 7 p.m. Friday, March 22, 2019, at the California Automobile Museum, 2200 Front Street in Sacramento.

Under the baton of Director Judith Steinle, the CPCB will perform a fresh program of pops tunes, reflecting the band's "Take Me Away" theme -- a musical journey designed to please a wide variety of listener tastes. This will be the band's seventh annual performance at the downtown Sacramento venue. The two-hour concert includes a 20-minute intermission.

The concert is being sponsored by The Niello

Company, based in Sacramento.

The California Automobile Museum will open to the public at 6 p.m. at no charge on March 22. Visitors are welcome to tour the museum, get detailed information from museum docents and visit the gift shop before attending the free CPCB concert -- 7 to 9 p.m. with a 20-minute intermission. Liquid refreshments will be available for purchase on-site.

Started in 1997, the CPCB has performed a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California. The Citrus Heights-based, self-supporting, nonprofit community band of about

50 musicians represents a wide cross-section of the Sacramento area. More information can be found on the band's Facebook page or at www.capitolpops.org.

The California Automobile Museum displays hundreds of motor vehicles from all eras as part of its mission to preserve, exhibit and teach the story of the automobile and its influence on our lives. For more details, visit www.calautomuseum.org or the museum's Facebook page, or call (916) 442-6802.

The Niello Company oversees more than a dozen motor vehicle dealerships in the Sacramento area. Their website is www.niello.com. ★

# CHURCH DIRECTORY

<p><b>CORDOVA CHURCH OF CHRIST</b> 10577 Coloma Road • (916) 638-2200 Sunday Morning Worship 10:30am Bible classes for all ages 9:30am Nursery and Wee Worship Available during Worship Staff: Larry Stafford, Kyle Sapp, Frank Collier</p> <p><b>FIRST BAPTIST CHURCH</b> of Rancho Cordova 10720 Coloma Road • (916) 635-4672 Bible Study for All Ages 9am Sunday Morning Worship 10:30am Sunday Awana Children's Program Sunday 5-7pm (September - May) Mid-Week Prayer &amp; Encouragement 6pm Wednesday with Pastor Tom Jones Music Director: David Black</p> <p><b>THE EASTERN CATHOLIC ARCHDIOCESE</b> (Chaldean-Syrian) 3516 Nouveau Way • Rancho Cordova (916) 635-4445 Sacramental - Charismatic - Liturgical</p>	<p><b>NEW LIFE CENTER A-G</b> 2451 Zinfandel Drive Rancho Cordova Lead Pastor Lance Feliciano Phone (916) 635-8287 Sunday Service is 10:30AM Wednesday night Bible 6:30pm Facebook Page: New Life Center AG Rancho Cordova</p> <p><b>SUN RIVER CHURCH</b> 11223 Trinity River Drive Rancho Cordova (916) 635-9000 9:00 AM: Contemporary Service Worship music with a guitar-driven feel. 10:45 AM: Blended Service A mix of hymns, old favorites, and contemporary worship. "building bridges of irresistible influence"</p> <p><b>CORDOVA LUTHERAN CHURCH</b> 10400 Coloma Road • Rancho Cordova Rev. Phillip Tesch Interim Pastor (916) 363-5687 Bible Study 9:00am Sunday Worship Service 10:30am www.corluth.org</p>
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# Medicare for All Could Mean Pizza for None

## Under Medicare for All, Government May Micromanage Your Pizza Order



Commentary by Sally C. Pipes

It sounds ridiculous. But look at what's happening in the United Kingdom, where the government runs the health system.

To combat the country's obesity epidemic, officials proposed limiting the number of calories permitted in thousands of foods. A single-serving pizza would be allowed a maximum of 928 calories. A savory pie, no more than 695.

Invasive measures like these might sound like the stuff of a totalitarian dystopia. But when the government foots the bill for our medical expenses, it has a financial incentive to micromanage our health. If Democrats succeed in establishing a single-payer

system here, Uncle Sam could have a plausible case for dictating our diets, too.

British officials face a constant challenge -- how to keep a lid on medical spending when patients have no incentive to moderate their use of "free" healthcare services.

One way to reduce public healthcare spending is to change consumers' behaviors. Under socialized medicine, what foods we eat, how much we exercise, how we commute, and virtually all other private decisions become matters of public concern.

In April, the government implemented a tax on high-sugar drinks. Officials are considering other intrusive measures -- like banning the sale of sweets at the check-out counter, nixing junk food advertisements on television, preventing people under 18 from buying energy drinks, and taxing milkshakes and sugary iced coffees.

This is likely just the start. As public health minister Steve Brine declared, the state is "willing to do whatever it takes to keep children healthy and well in this country."

Whatever it takes? Are

mandatory daily exercise programs and cameras that monitor what people eat far off? Will people have to turn to the black market to get their french fry fix?

Here in the United States, Obamacare has already begun making demands of us in exchange for state-sponsored health insurance.

The law ordered insurers to help obese people lose weight. Most health plans must provide screening and counseling for obesity at no extra charge to patients.

In addition, Obamacare mandated that chain restaurants, grocery stores, movie theaters, amusement parks, and vending machines include calorie counts on their menu items. The thinking was that this would encourage -- or embarrass -- people to cut their caloric intake.

The government spent a substantial amount of time and public money figuring out how to define terms like menu, menu board, restaurant food, and restaurant-type food. The rule was delayed multiple times over four years as officials tried to determine how to implement it without

bankrupting businesses.

All that effort was likely wasted. According to a wealth of academic research, displaying calorie counts doesn't prompt people to change their diets.

Medicare for All's price tag would eclipse \$3 trillion a year. Even doubling the Treasury's tax take would be insufficient to cover that tab. So if Democrats take over the country's healthcare system by implementing Medicare for All -- with its outright ban on private coverage -- they'll have 3 trillion reasons to do all they can to curb health spending.

Great Britain has responded to this cost conundrum by trying to tell people what they can and can't eat. For the sake of our pizza -- and our privacy -- we mustn't bring socialized medicine here.

Sally C. Pipes is President, CEO, and Thomas W. Smith Fellow in Health Care Policy at the Pacific Research Institute. Her latest book is *The False Promise of Single-Payer Health Care* (Encounter 2018). Follow her on Twitter @sallypipes. ★

# In the Beginning, There was The Word

Submitted by SaveCalifornia

Do you want a cleaner society? Then let's start by cleaning up ourselves and our family.

When you think about it, all cussing is wrong. Because cussing either:

1. Demeans Creator God
2. Demeans people created in the image of God
3. Demeans God's design, relationships, or processes for people

Ultimately, to cuss is to disagree with and disparage Holy God and His created people, relationships, and bodily functions. Stop and think about how cuss words tear down, misuse, or make fun of Who God is and what God created.

How can you clean up your family? Habits start young. So please, teach your children and grandchildren why cussing is wrong, and why they should keep their mouths shut when upset. For someone with uplifting and encouraging words is in stark contrast to someone

who destroys what's sacred with their dirty mouth.

Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles! And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. But no man can tame the tongue. It is an unruly evil, full of deadly poison. With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so. Does a spring send forth fresh water and bitter from the same opening? Can a fig tree, my brethren, bear olives, or a grapevine bear figs? Thus no spring yields both salt water and fresh.

James 3:5-12 ★

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T.S. No. 069608-CA APN: 077-0112-014-0000 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/5/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 3/28/2019 at 1:30 PM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 11/6/2003, in Book 20031106, Page 1210, of Official Records in the office of the County Recorder of Sacramento County, State of CALIFORNIA executed by: CRISTINA TOUSSAINT, SURVIVING JOINT TENANT WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: OUTSIDE THE EAST MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 720 9TH ST., SACRAMENTO, CA 95814 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 10453 ABINGTON WAY RANCHO CORDOVA, CALIFORNIA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$126,067.35 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee,

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RANDI 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01406 Jose Jesus Valle, 5124 Harrison Street North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Nazca Curb" 5124 Harrison Street North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 13, 2019. Publish: February 22, March 1, 8, and 15, 2019  
NAZCA 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01512 Erika Silva, 9586 Carmie Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Erika's Daycare & Bilingual Preschool, Erika's Daycare" 9586 Carmie Court Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 15, 2019. Publish: February 22, March 1, 8, and 15, 2019  
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FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01524 Bernadette Viemes, 6228 Chapel View Lane Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Chapel View Soaps" 6228 Chapel View Lane Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 15, 2019. Publish: February 22, March 1, 8, and 15, 2019  
CHAPEL 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01450 Opus Marriage and Family Therapy, Inc, 2308 J Street Suite D Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Opus Therapy" 2308 J Street Suite D Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 14, 2019. Publish: February 22, March 1, 8, and 15, 2019  
OPUS 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01381 Austin Stanfel, 4000 Innovator Drive Unit 17105 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Stanfel Media" 1601 Alhambra Boulevard Suite 100 Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 11, 2019. Publish: February 22, March 1, 8, and 15, 2019  
STANFEL 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01475 Orlando Mayes, 9248 Redwater Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Covert Investigations" 9248 Redwater Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County February 14, 2019. Publish: February 22, March 1, 8, and 15, 2019  
COVERT 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01448 Demarco Industries, 1524 38th Street Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "The Corporation" 1524 38th Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 14, 2019. Publish: February 22, March 1, 8, and 15, 2019  
COOP 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01364 Ardian Bayat, 2050 Marchita Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Healing Hands of River City" 2050 Marchita Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 11, 2019. Publish: February 22, March 1, 8, and 15, 2019  
HEALING 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01282 Mikayla Inouye, 11851 Larisa Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "ScientificWoman" 11851 Larisa Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 7, 2019. Publish: February 22, March 1, 8, and 15, 2019  
SCIENTIFIC 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01433 Gina Lett-Shresberry, 733 Westliffe Circle Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Inspirations by Gina, Hummingbird & Foxglove" 733 Westliffe Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 13, 2019. Publish: February 22, March 1, 8, and 15, 2019  
INSPIRATIONS 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01370 Mialysa Sanchez, 5523 Great Valley Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Edwards Freight" 5523 Great Valley Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County February 11, 2019. Publish: February 22, March 1, 8, and 15, 2019  
EDWARDS 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-00485 Andrew Donald Bomberly and D'Alexander Davis, 5982 Camry Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Carmichael Underground Training" 6814 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 16, 2019. Publish: February 22, March 1, 8, and 15, 2019  
CARMICHAEL 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01286 Marina Balakhnir and Igor Balakhnir, 5500 Shaver Court Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Royal Shop" 5500 Shaver Court Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 7, 2019. Publish: February 22, March 1, 8, and 15, 2019  
ROYAL 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01368 Lauren Navarro, 6205 Kieran Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Butterfly Soul Healings" 6205 Kieran Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 11, 2019. Publish: February 22, March 1, 8, and 15, 2019  
BUTTERFLY 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-00955 Mylene C. Manliguez, 7319 Purple Sage Court Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Delicate Touch Esthetics" 9500 Micron Avenue #134 Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 30, 2019. Publish: February 22, March 1, 8, and 15, 2019  
DELICATE 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01318 Mark R. Jamison, 5501 Sperry Drive Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "GageteK" 5501 Sperry Drive Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 8, 2019. Publish: February 22, March 1, 8, and 15, 2019  
GAGETEK 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01254 Richard Hayes Davis, 6038 Van Alstine Avenue Suite 400 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) R.H. Davis & Co., Ltd. R.H. Davis Company" 6038 Van Alstine Avenue Suite 400 Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 6, 2019. Publish: February 22, March 1, 8, and 15, 2019  
RH 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01002 DVBE Connect, INC 2865 Sunrise Boulevard #110 Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "DVBE Output, DVBE Connect" 2865 Sunrise Boulevard #110 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 31, 2019. Publish: February 22, March 1, 8, and 15, 2019  
DVBE 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01317 House of Glory International Ministry, 10190 Systems Parkway #100 Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "GALS on a Mission" 10190 Systems Parkway Suite 100 Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 8, 2019. Publish: February 22, March 1, 8, and 15, 2019  
HOUSE 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-00436 Blechman Financial Group, Inc, 14362 N Frank Lloyd Wright Boulevard #1000 Scottsdale, AZ 85260 is doing business under the Fictitious Business Name(s) "NSB Mortgage" 1333 N. Northlake Way Suite G Seattle, WA 98103. Filed with the Clerk of Sacramento County January 15, 2019. Publish: February 22, March 1, 8, and 15, 2019  
NSB 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01250 Jose Aaron Ayala Martinez, 3401 Chugwater Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AA Custom Painting" 3401 Chugwater Court Antelope, CA 95843. Filed with the Clerk of Sacramento County February 6, 2019. Publish: February 22, March 1, 8, and 15, 2019  
CUSTOM 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01094 Kirsten Lewis and Geoffrey Lewis, 7620 Beth Street Sacramento, CA 95832 are doing business under the Fictitious Business Name(s) "Enjoy Good Credit, Enjoy Good Credit by American Credit Solutions" 7620 Beth Street Sacramento, CA 95832. Filed with the Clerk of Sacramento County February 1, 2019. Publish: February 22, March 1, 8, and 15, 2019  
ENJOY 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01298 M&C Corp, 4917 T Street Sacramento, CA 95819 and Rocklin Park Veterinary Hospital, 3221 Starford Ranch Road #100 Rocklin, CA 95765 are doing business under the Fictitious Business Name(s) "East Sacramento Veterinary Center" 1409 32nd Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 7, 2019. Publish: February 22, March 1, 8, and 15, 2019  
EAST 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01437 Juan Jose Becerra Padilla, 6025 Dias Avenue #85 Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "2 Hermanos Professional Hair Products" 6025 Dias Avenue #85 Sacramento, CA 95824. Filed with the Clerk of Sacramento County February 13, 2019. Publish: February 22, March 1, 8, and 15, 2019  
HERMANOS 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01311 David Hawke, 5000 Auburn Boulevard #13 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "HELP! Plumbing" 5000 Auburn Boulevard #13 Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 7, 2019. Publish: February 22, March 1, 8, and 15, 2019  
HELP 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01518 Joseph G Sebren Jr., 4990 Walnut Avenue Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Security Lock Service, Security Lock and Safe Service" 4990 Walnut Avenue Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 15, 2019. Publish: February 22, March 1, 8, and 15, 2019  
SECURITY 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01240 Norcal Medical Associates LLC, 575 S. Auburn Street Colfax, CA 95713 is doing business under the Fictitious Business Name(s) "La Buona Vita" 7281 Murietta Drive D104 Rancho Murietta, CA 95683. Filed with the Clerk of Sacramento County February 6, 2019. Publish: February 22, March 1, 8, and 15, 2019  
VITA 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01399 Naveen Enterprises, LLC, 5278 Fruitridge Road Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Sac Notary Services" 5278 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 13, 2019. Publish: February 22, March 1, 8, and 15, 2019  
SAC 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01465 Giddeh Rian Custodio and Claudia Custodio, 11725 Loisdale Way Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "California Maintenance Services" 11725 Loisdale Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 14, 2019. Publish: February 22, March 1, 8, and 15, 2019  
CALIFORNIA 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01515 Darlene Glory S. Crowell, 6000 Kenneth Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "D.R.A.K.E. Tax Services" 3246 Ramos Circle Suite B Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 15, 2019. Publish: February 22, March 1, 8, and 15, 2019  
DRAKE 180201 3-15-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-00845 Rigoberto Jimenez, 7459 Winkley Way Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "RJ Home Improvement" 7459 Winkley Way Sacramento, CA 95822. Filed with the Clerk of Sacramento County January 28, 2019. Publish: March 1, 8, 15, and 22, 2019  
RJ 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01544 Christopher Lilano, 4021 New York Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Cali Custom Alignments" 8131 Alpine Avenue Suite B Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 19, 2019. Publish: March 1, 8, 15, and 22, 2019  
CALI 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01582 Ninja Ned Computer Repair LLC, 3412 Chugwater Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ninja Ned Computer Repair LLC" 3412 Chugwater Court Antelope, CA 95843. Filed with the Clerk of Sacramento County February 19, 2019. Publish: March 1, 8, 15, and 22, 2019  
NINJA 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01264 Charles Terry Brown, 98571 Summer Glen Way Elk Grove, CA 95741 is doing business under the Fictitious Business Name(s) "Armor Bearer Protective Services" 4801 Laguna Boulevard Suite 105 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 7, 2019. Publish: March 1, 8, 15, and 22, 2019  
ARMOR 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01497 Jessica Sladen, 7849 Sunrise Boulevard #22 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Jess MS Designs" 7849 Sunrise Boulevard #22 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 14, 2019. Publish: March 1, 8, 15, and 22, 2019  
JESS 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01507 Rhonda Smith Harrigan, 5219 Schuyler Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sac Valley Legal Document Preparation" 333 University Avenue #200 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 15, 2019. Publish: March 1, 8, 15, and 22, 2019  
SAC 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01239 JoJo's Pizzeria, LLC, 2440 Fulton Avenue #2 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "JoJo's Pizzeria" 2440 Fulton Avenue #2 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 6, 2019. Publish: March 1, 8, 15, and 22, 2019  
JOJO 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01401 Melissa Jones, 9100 Promontory Way Fair Oaks, CA 95628 and Rosemary Jones, 6923 Monticello Court Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "River City Jerky Works" 6923 Monticello Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 13, 2019. Publish: March 1, 8, 15, and 22, 2019  
RIVER 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01445 Rabbit Food Revolution LLC, 4631 Emdec Court Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Rabbit Food Revolution, 14 Carrot Catering" 4631 Emdec Court Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 14, 2019. Publish: March 1, 8, 15, and 22, 2019  
RABBIT 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01169 SBH Development LLC, 500 J Street 4th Floor Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Stockton Kings" 500 J Street 4th Floor Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 4, 2019. Publish: March 1, 8, 15, and 22, 2019  
STOCKTON 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01082 Eugen Tudoreanu and Ecaterina Tudoreanu, 6425 Colette Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "ET Express" 6425 Colette Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 1, 2019. Publish: March 1, 8, 15, and 22, 2019  
ET 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01473 GSMC Podcast Network, 1223 Scheidegger Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) GSMC Podcast Network, Golden State Media Concepts" 1223 Scheidegger Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County February 14, 2019. Publish: March 1, 8, 15, and 22, 2019  
GSMC 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01557 Avtar S. Bining, 7720 Tea Berry Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Golden State Energy Properties" 7720 Tea Berry Way Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 19, 2019. Publish: March 1, 8, 15, and 22, 2019  
GOLDEN 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01014 Mojtaba Zafari, 2807 Elvira Way #215 Sacramento, CA 95821 and Rory Selem, 8957 Vista Campo Way Elk Grove, CA 95759 are doing business under the Fictitious Business Name(s) "The Royal Hookah Lounge" 7380 Stockton Boulevard Suite N Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 31, 2019. Publish: March 1, 8, 15, and 22, 2019  
ROYAL 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-00884 Anatoly Tkachuk, 7637 Boardwalk Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AT Mechanical" 7637 Boardwalk Way Antelope, CA 95843. Filed with the Clerk of Sacramento County January 29, 2019. Publish: March 1, 8, 15, and 22, 2019  
AT 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01306 Deena C. Fawcett, 12760 Borden Road Herald, CA 95638 is doing business under the Fictitious Business Name(s) "Hawk Hills Farms" 12760 Borden Road Herald, CA 95638. Filed with the Clerk of Sacramento County February 7, 2019. Publish: March 1, 8, 15, and 22, 2019  
HAWK 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01095 Elizabeth J. Gornez, 981 43rd Avenue #47 Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Unidos INTL" 981 43rd Avenue #47 Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 1, 2019. Publish: March 1, 8, 15, and 22, 2019  
UNIDOS 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01284 Olga Garcia, 6742 Sun Acer Way Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "O.G. Transport" 6742 Sun Acer Way Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 7, 2019. Publish: March 1, 8, 15, and 22, 2019  
OG 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01335 Christen Hollingsworth, 1025 University Avenue #58 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Poppy and Plum" 1025 University Avenue #58 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 8, 2019. Publish: March 1, 8, 15, and 22, 2019  
POPPY 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01264 Charles Terry Brown, 98571 Summer Glen Way Elk Grove, CA 95741 is doing business under the Fictitious Business Name(s) "Armor Bearer Protective Services" 4801 Laguna Boulevard Suite 105 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 7, 2019. Publish: March 1, 8, 15, and 22, 2019  
ARMOR 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01373 Getwidt Couture LLC, 2929 Roulter Road #6 Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Getwidt Couture" 2929 Roulter Road #6 Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 11, 2019. Publish: March 1, 8, 15, and 22, 2019  
GET 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01416 Tiffani C. Tran, 8208 Homefield Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Healing Health Spa" 7900 Florin Road #B Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 13, 2019. Publish: March 1, 8, 15, and 22, 2019  
HEALING 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01510 Maryanne Wait, 6433 Via Del Cerrito Rancho Murrieta, CA 95683 is doing business under the Fictitious Business Name(s) "Mimi's Pie Company" 6433 Via Del Cerrito Rancho Murrieta, CA 95683. Filed with the Clerk of Sacramento County February 15, 2019. Publish: March 1, 8, 15, and 22, 2019  
MIMIS 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01243 Raj Kumar, 9150 Waterman Road #112 Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Mimi Mart" 5624 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 6, 2019. Publish: March 1, 8, 15, and 22, 2019  
MINI 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01474 CDSR Corp, 1638 Abilene Circle Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "The Lash Lounge" 478 Howe Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 14, 2019. Publish: March 1, 8, 15, and 22, 2019  
LASH 180201 3-22-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01201 Dora Elvia Cortez-Palominos, 311 Aviator Circle Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Queens Empire Boutique" 311 Aviator Circle Sacramento, CA 95835. Filed with the Clerk of Sacramento County February 5, 2019. Publish: March 8, 15, 22, and 29, 2019  
QUEENS 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01994 Mike T. Grosberg, 1991 Las Coches Way Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Green Energy Construction, Green Energy Products" 201 Harris Avenue Suite 15 Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 4, 2019. Publish: March 8, 15, 22, and 29, 2019  
GREEN 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01527 S-Class Motor Group LLC, 2400 Fulton Avenue Suite 5 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "S-Class Motor Group" 2400 Fulton Avenue Suite 5 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 15, 2019. Publish: March 8, 15, 22, and 29, 2019  
SCLASS 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01719 Holly Jill Harper, 3501 Sun Maiden Way Antelope, CA 95843 and Joshua Richard Osborne, 8900 Aksarben Drive Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Harper-Osborne G.P." 7625 Sunrise Boulevard Suite 204 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 25, 2019. Publish: March 8, 15, 22, and 29, 2019  
HARPER 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01787 Terrence Castro and Maurya Castro, 6118 Eagles Nest Road Sacramento, CA 95830 is doing business under the Fictitious Business Name(s) "T-Mo Fishery" 6118 Eagles Nest Road Sacramento, CA 95830. Filed with the Clerk of Sacramento County February 26, 2019. Publish: March 8, 15, 22, and 29, 2019  
T-MO 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01506 Dsanna Thornton Law, Sam Law and Kashmir L.T. Law, 8693 Sheldon Road Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Law Rental Properties" 8693 Sheldon Road Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 15, 2019. Publish: March 8, 15, 22, and 29, 2019  
LAW 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01699 Nazra Bertelli, 8964 Aksarben Drive Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Guardian Handyman Services" 8964 Aksarben Drive Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 22, 2019. Publish: March 8, 15, 22, and 29, 2019  
GUARDIAN 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01912 Samodorov Auto, 7708 Winding Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The Choice Auto Sales" 4555 Auburn Boulevard Unit J Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 28, 2019. Publish: March 8, 15, 22, and 29, 2019  
CHOICE 180201 3-29-19

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2019-01436 Warren Simoneaux, 5380 49th Street Sacramento, CA 95820 and Vinod Kumar, 8341 Terracotta Circle Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "First Response Security" 5380 49th Street Sacramento, CA 95820. Filed with the Clerk of

# LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984  
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969  
 Legal Advertising Hotline 916-483-2299  
 Legal Advertising Fax 916-773-2999

## ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00247423  
 Charles Ifechukuade Takeshi Appah and Beverly Tu have filed a petition with this court for a decree changing the name(s) of Elijah Taiyo Song Appah to Taiyo Song Appah. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 15, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 14, 2019  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: February 22, March 1, 8, and 15, 2019  
 APPAH 180101 3-15-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250343  
 Jeannette Marie Peacock has filed a petition with this court for a decree changing the name(s) of Jeannette Marie Peacock to Emma Fox Brooke Peacock. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 29, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 14, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: February 22, March 1, 8, and 15, 2019  
 PEACOCK 180101 3-15-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250345  
 Ahmad Jawed Aethbaar and FNU Marina have filed a petition with this court for a decree changing the name(s) of FNU Marina to Marina Jawed, FNU Zemari to Zemari Jawed, FNU Kaihan to Kaihan Jawed, FNU Raihan to Raihan Jawed and Ahmad Jawed Aethbaar to Jawed Aethbaar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 29, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 13, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: February 22, March 1, 8, and 15, 2019  
 JAWED 180101 3-15-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250315  
 Nicolai Cij has filed a petition with this court for a decree changing the name(s) of Nicolai Cij to Nikolay Chizh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 29, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 13, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: February 22, March 1, 8, and 15, 2019  
 CHIZH 180101 3-15-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250313  
 Gregory Mitchell Girard has filed a petition with this court for a decree changing the name(s) of Gregory Mitchell Girard to Gregory Mitchell Girard. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 29, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 13, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: February 22, March 1, 8, and 15, 2019  
 GIRARD 180101 3-15-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250426  
 Clyde Allen Hufstetter has filed a petition with this court for a decree changing the name(s) of Clyde Allen Hufstetter to Allen Dale Todd. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 29, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 01, 2019  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 1, 8, 15, and 22, 2019  
 TODD 180101 3-22-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250768  
 Ravendra Kumar has filed a petition with this court for a decree changing the name(s) of Ravendra Kumar to Ravendra Kumar Maharaj. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 5, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 20, 2019  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 1, 8, 15, and 22, 2019  
 KUMAR 180101 3-22-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250890  
 Amanda Renee Sundberg has filed a petition with this court for a decree changing the name(s) of Amanda Renee Sundberg to Amanda Renee Caviness. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 8, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2019  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 1, 8, 15, and 22, 2019  
 SUNDBERG 180101 3-22-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00250784  
 Malcom Glenn Del Monte has filed a petition with this court for a decree changing the name(s) of Malcom Glenn Del Monte to Malcom Rocky Del Monte. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 5, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 20, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: February 22, March 1, 8, and 15, 2019  
 MONTE 180101 3-15-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251193  
 Mohammad A Sultani has filed a petition with this court for a decree changing the name(s) of Mohammad A Sultani to Asghar Sultani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 11, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 26, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 8, 15, 22, and 29, 2019  
 SULTANI 180101 3-29-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251223  
 Rose-Stella Ahmed has filed a petition with this court for a decree changing the name(s) of Rose-Stella Ahmed to Rose-Stella Pierre-Louis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 12, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 26, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 8, 15, 22, and 29, 2019  
 AHMED 180101 3-29-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251533  
 Khanh Bao Trinh has filed a petition with this court for a decree changing the name(s) of Khanh Bao Trinh to Kayleigh Khanh Shepard. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 16, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 8, 15, 22, and 29, 2019  
 JOHNSON 180101 3-29-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251367  
 Colombino Fracchia Jr has filed a petition with this court for a decree changing the name(s) of Colombino Fracchia Jr to Joseph Johnson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 15, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 8, 15, 22, and 29, 2019  
 JOHNSON 180101 3-29-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251818  
 Omar Betancourt Magana and Julia Veronica Saldana have filed a petition with this court for a decree changing the name(s) of Omar Betancourt Magana to Omar Betancourt and Julia Veronica Saldana to Julia Saldana Betancourt. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 22, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 6 2019  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 BETANCOURT 180101 4-5-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251954  
 Yidnekachew Shimelis Bekele has filed a petition with this court for a decree changing the name(s) of Yidnekachew Shimelis Bekele to Philemon Shimelis Bekele. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 23, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 7 2019  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 BEKELE 180101 4-5-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251705  
 Huriyah Onia Drayton has filed a petition with this court for a decree changing the name(s) of Huriyah Onia Drayton to Onay Huriyah Drayton. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 19, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 5, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 DRAYTON 180101 4-5-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251729  
 Chukwuemeka Chukwuobuka Ngene has filed a petition with this court for a decree changing the name(s) of Chukwuemeka Chukwuobuka Ngene to Michael Chukwuobuka Ngene. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 19, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 5, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 NGENE 180101 4-5-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251879  
 Chanhthanhom has filed a petition with this court for a decree changing the name(s) of Chanhthanhom to Chanhthanhom Insixiangmay. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 22, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 6, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 CHANHTHANOM 180101 4-5-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251655  
 Minh Hang Dang Pham has filed a petition with this court for a decree changing the name(s) of Minh Hang Dang Pham to Linda Mh. D Pham. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 18, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 1, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 PHAM 180101 4-5-19

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2019-00251865  
 Nasya Tusa-Laurth Gantt has filed a petition with this court for a decree changing the name(s) of Nasya Tusa-Laurth Gantt to Nasya Tusa Siona. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 22, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 6, 2019  
 David I. Brown, Judge of the Superior Court  
 Publish: March 15, 22, 29, and April 5, 2019  
 SIONA 180101 4-5-19

## NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF RAMON VICTOR PEREYRA  
 CASE NO. 34-2019-00249889

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ramon Victor Pereyra, deceased A Petition for Probate has been filed by Raymundo Pereyra, in the Superior Court of California, County of Sacramento, requesting Raymundo Pereyra, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows April 11, 2019 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Raymundo Pereyra  
 1368 San Andreas Road  
 Le Selva Beach, CA 95076  
 831-325-6546  
 Publish: March 15, 22, and 29, 2019  
 PEREYRA 170622 3-29-19

## NOTICE OF HEARING

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SISKIYOU  
 FAMILY LAW/CIVIL/JUVENILE DIVISION  
 311 FOURTH STREET ROOM 206  
 YREKA, CA 96097  
 CASE # SCCV CU18-1327

NOTICE OF HEARING  
 PETITIONER: FELIPE DURAN  
 RESPONDENT: NIKKI JIMENEZ  
 REQUEST FOR ORDER:  
 CHILD CUSTODY/VISITATION  
 1. TO: (NAME) NIKKI JIMENEZ RESPONDENT  
 2. A COURT HEARING WILL BE HELD AS FOLLOWS: Date: 6/26/19 Time 8:30am Dept. 9 Address of court - same as noted above 3. WARNING to the person served with the Request for Order: The court may make the requested orders without you if you do not file a Responsive Declaration to Request for Order (form FL-320), serve a copy on the other parties at least nine court days before the hearing (unless the court has ordered a shorter period of time), and appear at the hearing. ( see form FL-320-INFO for more information )  
 DURAN 181119 3-29-19

# STATEPOINT CROSSWORD • 20TH CENTURY

## CLUES

- ACROSS  
 1. Nibble away  
 5. "Information space  
 8. School support org.  
 11. Royal Indian  
 12. Short for Dorothea  
 13. Oak nut  
 15. And others, for short  
 16. Seat of intellect  
 17. Branch of philosophy  
 18. "War to end all wars?"  
 20. Lump of stuff  
 21. Type of examination, pl.  
 22. Owned  
 23. Downer  
 26. Wiggle room  
 29. "\_\_\_Wan of "Star Wars," a 20th Century Fox film  
 30. Tends to fire  
 33. Affirm  
 35. Grabbing tool  
 37. Blade drops  
 38. \_\_\_ ballerina or \_\_\_  
 39. "Village People song  
 40. Verse with repeating lines  
 42. Bartender's Triple \_\_\_  
 43. Panhandler  
 45. "Cheers" owner  
 47. Any high mountain  
 48. Like yellow polka dot bikini  
 50. Tropical edible root  
 52. "First on the moon  
 56. Holy See's administering body  
 57. Focuses  
 58. "\_\_\_ Lady, a.k.a. Margaret Thatcher  
 59. Newspapers and such  
 60. December 24 and 31, e.g.  
 61. Vena  
 62. Common conjunction  
 63. Itty-bitty  
 64. Fence piece

Crossword Puzzle Solutions on Page 10

1	2	3	4	5	6	7	8	9	10
				12			13	14	
15				16			17		
18			19				20		
			21				22		
23	24	25			26			27	28
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39			40				41		42
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			47			48	49		
	50	51			52			53	54
56					57			58	
59					60			61	
62					63			64	

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dish

## DOWN

1. Increased in size  
 2. "North Atlantic Alliance, acr.  
 3. Slightly open  
 4. Whack  
 5. Mark from a lash  
 6. Is dressed in  
 7. Dry riverbed  
 8. "Walt Kelly's comic strip (1948-1975)  
 9. "Aldous Huxley's journey  
 10. "Mandela's org.  
 12. Foil  
 13. Aquarium scum  
 14. "Conflict without active fire  
 19. One step to success?  
 22. "For \_\_\_ a jolly..."  
 23. Half-rotten  
 24. "Manhattan Project invention  
 25. Don't do this to words!  
 26. Raunchy  
 27. Dispatch boat  
 28. "Aden Emergency locale  
 31. Skunk's defense  
 32. "The Century Trilogy" author Follett  
 34. "Space \_\_\_  
 36. "First in space  
 38. Manufacturing site  
 40. "Tupa's genre

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		8			7	9
	4			1		3
			7		1	5
3		8				2
6						7
7			6			8
	2	6		1		
	9		2			3
	4	7			5	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 10

## PETITION FOR CUSTODY

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SISKIYOU  
 FAMILY LAW/CIVIL/JUVENILE DIVISION  
 311 FOURTH STREET ROOM 206  
 YREKA, CA 96097  
 CASE # CU18-1327

Petitioner: Felipe Duran  
 Respondent: Nikki Jimenez

## PETITION FOR CUSTODY AND SUPPORT OF MINOR CHILDREN

1. Jurisdiction for bringing action a. Petitioner is the father of the minor children b. Respondent is the mother of the minor children  
 2. Petitioner and respondent have been determined to be the parents in juvenile or governmental child support case number 07-FS08829 County Sacramento State CA  
 3. The following minor children are the subject of this action: Gabriel Jimenez

Date of Birth 7-9-2007 age 11 sex M  
 4. A completed Declaration Under Uniform Child Custody Jurisdiction and Enforcement act is attached: Attached to original petition and there have been no changes  
 5. Child custody and visitation. I request the following orders:  
 a. Legal custody of children to Petitioner.  
 b. Physical custody of children to Petitioner.  
 Dated: 2/1/2019  
 Duran 3-29-19

# LEGAL NOTICE

## RESOLUTION NO. 2937 RESOLUTION BEFORE THE SAN JUAN UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION TO SIGN A RESOLUTION (Intent To Convey an Easement for Public Utilities)

WHEREAS, section 17556, et seq. of the Education Code authorizes the San Juan Unified School District ("District") to dedicate or convey an easement/real property to municipal corporations for public streets or highways and to a public corporation, to lay, construct, reconstruct, maintain and operate water, sewer, gas, or storm drain facilities or ditches, electric or telephone lines, and access roads used in connection therewith, either with or without consideration and without a vote of the electors of the District being taken;

WHEREAS, the District desires to dedicate a permanent easement for utility access and maintenance to the Sacramento Municipal Utility District for the purpose of utility access and maintenance of electrical and communication facilities at Winterstein Elementary School aka Gateway International School, located at 900 Morse Avenue, Sacramento, CA 95864. The proposed easement is specifically described in Exhibit "A" attached hereto and incorporated herein by the reference (hereinafter referred to as the "Easement"); and

WHEREAS, the District desires to give notice of its intent to dedicate to the Sacramento Municipal Utility District the Easement described above and to call a public hearing in connection therewith.

NOW, THEREFORE, the Board of Education of San Juan Unified School District does hereby resolve as follows:

- Section 1. The foregoing recitals are hereby adopted as true and correct.  
 Section 2. The District declares its intent to dedicate and convey the Easement to the Sacramento Municipal Utility District, as described and depicted in Exhibit "A" for the purposes set forth in the Grant of Easement Document attached heretofore.  
 Section 3. The Superintendent or a designee thereof is hereby directed to give notice that on March 26, 2019 at 6:30 p.m. or as soon thereafter as practicable, at the District Board Room, located at 3738 Walnut Avenue, Carmichael, CA, the board will hold a public hearing on the question of making the conveyance of the Easement to the Sacramento Municipal Utility District. The public hearing shall be held during a regularly scheduled public meeting of the board. Notice of the public hearing shall be given by posting copies of this resolution, signed by the majority of the board, in three public places within the District at least ten (10) days prior to the hearing, and by publishing the notice once in a newspaper of general circulation in the District, at least five (5) days prior to the hearing. At the time and place of the hearing, if no legal protest is entered, the board may adopt a resolution by a two-thirds vote of all its members authorizing and directing the conveyance of the Easement to the Sacramento Municipal Utility District.

The foregoing resolution was adopted by the Governing Board of the San Juan Unified School District at a meeting of the board on March 12, 2019, by the following vote:

- AYES: 5 [Costa, Villesscaz, McKibbin, Creason, Hernandez]  
 NOES: 0  
 ABSENT: 0  
 ABSTAIN: 0

Attest:  
  
 Pam Costa, President  
 San Juan Unified School District  
 Board of Education  
  
 Michael McKibbin, Ed.D., Clerk  
 San Juan Unified School District  
 Board of Education

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by Dave T. Phipps



## The Spats

by Jeff Pickering

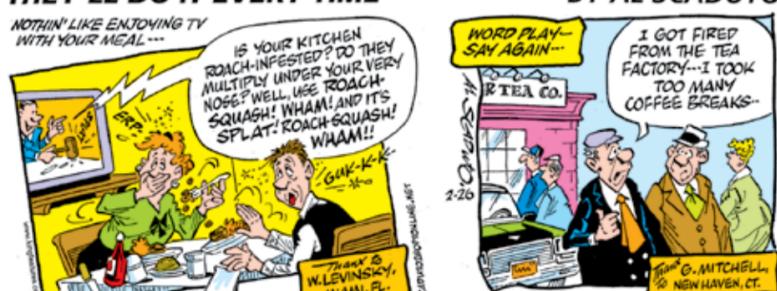


## Out on a Limb

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## THEY'LL DO IT EVERY TIME



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## GRIN and BIAR IT

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## Just Like Cats & Dogs

by Dave T. Phipps



## HOCUS-FOCUS

by Henry Boltinoff



## Crossword Puzzle on Page 8

G	N	A	W			W	W			P	T	A										
R	A	J	A			T	H	E	A		A	C	O	R	N							
E	T	A	L			H	E	A	D		L	O	G	I	C							
W	O	R	L	D	W	A	R	I			G	L	O	P								
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D	A	M	P	E	R					L	E	E	W	A	Y							
O	B	I				S	T	O	K	E	S			A	V	E	R					
T	O	N	G	S		D	E	W		P	R	I	M	A								
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P	R	I	N	T						E	V	E	S		C	A	V	A				
A	N	D								W	E	E			S	L	A	T				

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## Sudoku Puzzle on Page 8

2	5	1	8	3	6	7	9	4
8	7	4	9	5	1	2	3	6
9	6	3	4	7	2	1	5	8
4	3	5	7	8	9	6	1	2
6	8	9	1	2	3	5	4	7
7	1	2	5	6	4	9	8	3
5	2	6	3	1	8	4	7	9
1	9	8	2	4	7	3	6	5
3	4	7	6	9	5	8	2	1

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# CHEERS & JEERS

By Damian Holbrook

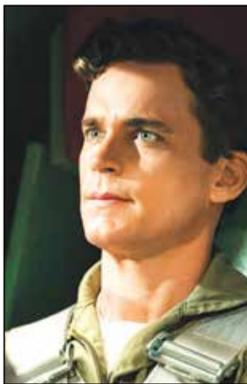
**Cheers to The Real World** for getting real-ish. The Atlanta-based 33rd season of the once-glorious cinema verite? series (which moves from MTV to Facebook Watch) is looking to cast some housemates who are as old as the show itself. That should help balance out the twenty-nothings who think the world revolves around them.

**Cheers to Oddball Superhero Teams** coming to the rescue! Between DC Universe's *Doom Patrol* (pictured, with Matt Bomer) and Netflix's *The Umbrella Academy*, it's awesome to see an assembly of diverse, damaged avengers who kick ass, crack us up and

complement the more dramatic derring-do of the Arrowverse and Marvel's Agents of S.H.I.E.L.D.

**Jeers to Netflix** for pulling the plug on its Marvel shows. First it axed *The Defenders*, *Iron Fist*, *Luke Cage* and *Daredevil*. Now it's canceled *The Punisher* and *Jessica Jones* (with Krysten Ritter). Last time we saw this much carnage in the Marvel Universe, Thanos was snapping his fingers.

**Jeers to Fox** for these short seasons. With both *The Gifted* and *The Passage* heading into their season finales without being renewed, fans are left hanging with not just crazy cliffhangers (did Stephen Moyer's *Gifted*



Between DC Universe's *Doom Patrol* (pictured, with Matt Bomer) and Netflix's *The Umbrella Academy*, it's awesome to see an assembly of diverse, damaged avengers who kick ass, crack us up and complement the more dramatic derring-do.

mutant really explode?!), but also the fear that we'll never learn how things wrapped up. ★

## ASK MATT

BY MATT ROUSH TV Guide Senior Critic

### Why Don't We See More Sela Ward On FBI

**Question:** I am thrilled to see Sela Ward regularly on *FBI*. I have to admit that even though the show is not breaking new ground, it is very well made and very entertaining. However, I would like to see more of Sela Ward and Jeremy Sisto, in my opinion two of the finest actors TV has to offer, so I am a bit frustrated to see them having so little screen time. I've been

a fan of Ward since *Once and Again*. Would love to hear your thoughts. —David

**Matt Roush:** The upside for fine actors like these is that a Dick Wolf procedural means steady work — as Jeremy Sisto already knew from his stint in latter-day *Law & Order*, much as Sela Ward previously spent time in the procedural-franchise trenches on *CSI:NY*. I also wish both had more to do within this ensemble, but the field agents played by

Missy Peregrin and Zeeko Zaki are, by the rules of the trade, going to get the meatiest material most weeks. And while I share your admiration for Sela Ward, which for me stretches back even beyond the wonderful *Once and Again* to her Emmy-rewarded work on *Sisters* — can you believe her win was 25 years ago, in 1994? — *FBI*'s not the sort of show that tends to ever get on the awards radar any more. Maybe next time. (Here's a thought: A cable network putting her and another longtime fave, Dana Delany, in a *Big Little Lies* — type scenario.)

To submit questions to TV Critic Matt Roush, go to: [tvinsider.com](http://tvinsider.com) ★

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# Sacramento County DA Reports



## Defendant Convicted of Child Sexual Assault, Special Allegation

**DATE:** March 7, 2019

**CASE:** Jon Humes

(Case #17FE004862)

**PROSECUTOR:** Deputy District Attorney TeriAnn Grimes, Special Assault & Child Abuse Unit

Jon Humes was convicted by a jury of seven counts of child sexual assault charges. The jury also found true a substantial sexual conduct allegation.

Humes was a family acquaintance of the victim. When the victim was 4 years old, Humes started sexually assaulting her. He bought the victim sex toys, sent her child pornography and continued to sexually assault her until she was 14 years old. In December 2015, the victim began cutting herself and was placed on a 5150 (involuntary psychiatric commitment) hold. At that time, she disclosed the abuse she had suffered for years.

Humes faces a maximum sentence of 37 years to life in prison. Sentencing is set for April 3, 2019, at 3:00 p.m. in Department 11 before the Honorable Trena Burger-Plavan.

## Defendant Sentenced for Shooting at Downtown Club

**DATE:** March 5, 2019

**CASE:** Adrian Calderon

(Case #17FE014783)

**PROSECUTOR:** Deputy District Attorney Casey Sinclair, Gangs & Hate Crimes Unit

The Honorable Raoul Thorbourne sentenced Adrian Calderon to 35 years and 4 months in prison. On October 15, 2018, a jury convicted Calderon of attempted voluntary manslaughter with the personal use of a firearm, two counts of assault with a semi-automatic firearm and enhancements relating to using a firearm and causing great bodily injury. Calderon was also convicted of intimidating a witness and being a felon in possession of a firearm.

On August 11, 2017, Adrian

Calderon was at the Parlare nightclub when he got into an argument with another patron, who took a swing at Calderon. When the club security guard went to intervene, Calderon pulled out a firearm and shot the other patron at close range. The bullet went through the security guard's hand and into the neck of the patron, seriously injuring both victims. After Calderon was arrested and incarcerated, he had an accomplice contact the security guard to encourage him to change his story and to meet with the accomplice. The victim declined to meet with the accomplice and notified law enforcement. A subsequent investigation revealed jail calls and visits between Calderon and two accomplices detailing the plan to contact the security guard. A search of one of the accomplice's residence uncovered a letter written by Calderon to the victim asking him to state in court he was mistaken when he identified Calderon as the shooter. The letter also offered money, help finding employment and other benefits.

An allegation that Calderon has a prior strike conviction for assault with a firearm was also found true.

## Former Coach, Radio Personality Sentenced for Child Sexual Assault

**DATE:** February 22, 2019

**CASE:** Gregory Kosanke

(Case #17FE013259)

**PROSECUTOR:** Principal Criminal Attorney Nancy Cochrane, Special Assault & Child Abuse Unit

The Honorable Helena Gweon sentenced Gregory Kosanke to 6 years in state prison. On December 3, 2018, a jury convicted Kosanke of two counts of child sexual assault. Kosanke is a former park and recreation assistant basketball coach and a former radio personality. In March 2016, he sexually abused the young friend of one of his family members. During the pendency of sentencing, two additional victims came forward alleging Kosanke sexually assaulted them as well. He is pending a preliminary hearing in that case (#19FE000164) on February 28, 2019. ★

# EVENTS CALENDAR



## 7th Annual Casa Auto Car Show

**Date:** 3-16-2019

**Time:** 9:00am to 2:00pm

**Place:** Casa Roble High School 9151 Oak Avenue Orangevale, CA 95662

**Info:** 7th Annual Casa AutoCar Show to benefit the Casa Roble High School Automotive Technology Program. Saturday March 16, Rain or Shine. Hundreds of cars, food trucks, vendors, and music. Kid and dog friendly. \$20 per car, \$50 per vendor (10' x 10' space). Free admission!!!

**Info:** The Orangevale Woman's Club and Orangevale Grange will be holding their bi-annual Bunco. There will be the opportunity to purchase raffle tickets for great prizes and participate in a Split Pot. Most Buncos, wins, and losses will also be rewarded. Tickets will not be sold at the door, so call Sandi at 916- 849-5261 to secure your tickets.

**Best in Business Awards Luncheon**

**Date:** 3-21-19

**Time:** Doors open at 11:30am

**Place:** River City Christian Church 10933 Progress Court Rancho Cordova, CA 95670

**Contact:** 916-273-5700

**Info:** Join your Rancho Cordova Chamber of Commerce as we honor businesses and individuals for their significant role in driving business and economic prosperity.

**Person of the Year Awards Dinner**

**Date:** 3-29-19

**Time:** 6pm to 9pm

**Place:** Arden Hills Spa & Resort 1220 Arden Hills Lane Sacramento, CA 95864

**Contact:** 916-208-3328

**Info:** Join the Carmichael Chamber for an evening to honor those who have given back to our community. Sit down dinner, music, live and silent auction. Tickets \$100. Reservations required, no tickets sold at door. Cocktail attire

**Crab Feed**

**Date:** 3-16-19

**Time:** 6pm to 8pm

**Place:** American River Grange 2710 Kilgore Road Rancho Cordova, CA 95670

**Contact:** 916-363-1629

**Info:** Join us for all you can eat crab! Benefiting The American River Grange. \$50 per ticket. Limited Quantity tickets will be sold at the door. Call 916363-1629 to purchase tickets.

**Date Night Comedy**

**Date:** 3-16-19

**Time:** 6-8pm

**Place:** Orangevale Church of Christ 5915 Main Avenue Orangevale, CA 95662

**Contact:** 916-988-2011

**Info:** You and your significant other are invited to "Date Night Comedy For Couples" Saturday March 16 from 6 to 8 pm. A multi- course dinner and prerecorded Christian comedian Ted Cunningham are included for \$25 per couple. Advanced ticket purchase only. To find out more and to get your ticketstoday visit <http://ovchurch.org/date-night-comedy/> For questions or more information please

contact Chuck at [minister@ovchurch.org](mailto:minister@ovchurch.org) or 916-988-2011.

**Bunco**

**Date:** 3-22-19

**Time:** Doors open at 6:30pm

game starts at 7pm.

**Place:** The Orangevale Grange 5807 Walnut Avenue Orangevale, CA 95662

**Contact:** 916-849-5261

**Info:** The Orangevale Woman's Club and Orangevale Grange will be holding their bi-annual Bunco. There will be the opportunity to purchase raffle tickets for great prizes and participate in a Split Pot. Most Buncos, wins, and losses will also be rewarded. Tickets will not be sold at the door, so call Sandi at 916- 849-5261 to secure your tickets.

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*Serenade in E Minor* | Edward Elgar  
*Five Mystical Songs* | Ralph Vaughan Williams

Requiem for the Masses—with its German text and emphasis on consoling the living, Brahms' decidedly non-Latin Requiem was unlike anything that had come before it.

Elgar's most favorite *Serenade* is a prelude to Vaughan Williams' astonishing settings of poems of love and Resurrection.

Carrie Hennessey, Soprano  
Trevor Scheunemann, Baritone

**Saturday, March 23, 2019 at 8:00 pm**  
7:00 pm – Pre-concert talk  
Sacramento Community Center Theater



West Coast  
Première

## LIGHT AND FIRE

*LUX The Dawn from On High* | Dan Forrest  
*Die Erste Walpurgisnacht* | Felix Mendelssohn

Joshua Dennis, Tenor  
Matt Hanscom, Baritone  
Also featuring Oksana Nebozhuk, Mezzo

**Saturday, May 4, 2019 at 8:00 pm**  
7:00 pm – Pre-concert talk  
Sacramento Community Center Theater



Carrie Hennessey



Trevor Scheunemann

Projected  
supertitle  
translations

# RANCHO SPORTS

## Lancers Learning On The Fly Under Reuter



The Lancers are seeing real improvement this year. Photo by Rick Sloan

By James Darnell

**SACRAMENTO, CA (MPG)** - The Cordova Lancers' boys varsity volleyball team fell to 0-2 on the

season following a 3-0 (25-15, 25-19, 25-23) loss at Hiram Johnson on Tuesday, March 12. Yet despite the early season struggles, it is

very apparent that they are headed in the right direction.

Down two sets entering match-deciding third set, the Lancers could've

easily put forth a lackluster effort and walked out of the Warriors' gym with their heads down. But under head coach Mark Reuter, that doesn't seem

to be a character trait that his young team possesses. The final frame saw the Lancers take the Warriors to the limit after failing to do so in the first two sets, with junior Kenny Brown flashing his potential to pace the Lancers. Brown recorded four of his team-high six kills in the third set, and added two of his team-leading five blocks as well.

"I'm very excited to have him on my team," Reuter said of Brown. "He's a new recruit from the basketball team and he's in his first year playing. He has a lot of errors that he makes, but athletically he's a stud."

Senior Thuan Tat also had a strong game for Cordova, tallying four service aces.

Although there were some flashes of solid play, the team-wide youth and inexperience for the Lancers showed throughout the night as they were

unable to sustain leads and committed costly unforced errors at various points that resulted in points for Johnson. The Lancers found themselves tied at 13 apiece midway through the first set, only to have the Warriors erupt on a 12-2 run to end the frame due to sideout penalties and service errors.

That trend would continue in the second set. Tied at 10 apiece, the Lancers endured a lapse that saw the Warriors score seven straight points and take a 17-10 lead that they wouldn't relinquish. Even so, Reuter was proud of the way his team battled.

"I'm really looking for the growth of our team at this point," he said. "We have almost half our team never having played volleyball before. So I'm really happy having our players learn more about the game and showing that through experience." ★



There's a new competitive fire in this year's Lancers boys volleyball team. Photos by Rick Sloan



## Baseball Loses at CRC

The Folsom Lake baseball team has relied on solid starting pitching to get to 12 wins thus far in 2019, but it was the pitching that let them down on Thursday afternoon at Cosumnes River, where the Hawks prevailed, 11-7. Starter Andrew Vaughn, who in five previous starts had allowed a total of just three earned runs, gave up seven runs on five hits and five walks in two innings. Behind 9-0 after three innings, the Falcons rallied to close it to 10-7 with two runs in the fifth - off solo homers by Isaiah Laissade and Braeden Holliday

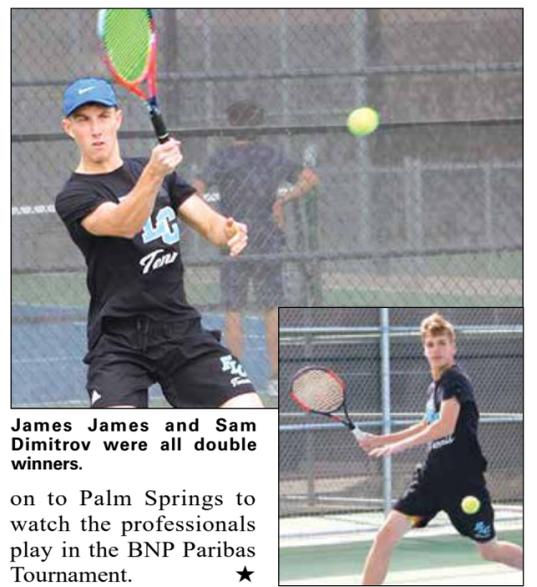
- and five more in the seventh. In the seventh, the Falcons managed just one hit but plated five runs with the help of four hit batters, a walk, and a wild pitch. With the offense limited to four hits over nine innings, the Falcons would not get any closer as the Hawks took game one of the series.

In Friday's game two of the series between the FLC and Cosumnes River, Falcon starter Zack Jedlowski quieted the Hawks' bats for six solid innings, giving up just two runs. But the Falcons were having offensive struggles of their own,

with the exception being Alex Schroeder's 2-run homer in the fourth inning. Right fielder Andrew Williams gave the Falcons a 3-2 lead in the sixth with his RBI double, but the Hawks' bats awoke in the seventh and eighth innings as they put five runs on the board to win going away, 7-3. The Falcons managed just five hits off three CRC pitchers as their Big 8 record fell to 2-3 for the young season. They will conclude their series on Monday afternoon at Cosumnes River before traveling to Modesto on Tuesday. ★

## Men's Tennis Cruises Past Santa Rosa

The FLC men's tennis team took advantage of some sunny weather as they rolled to an easy 8-1 win over Santa Rosa on Friday afternoon at the Falcon Tennis Complex. Stephen Morley, Daniel Alves, James James, and Sam Dimitrov were all double winners (winning both in singles and as part of a doubles team) for the Falcons as they improved to 3-1 in Big 8 play and 5-1 overall. Immediately after the win, the Falcons departed for Bakersfield, where they were to play on Saturday morning before continuing



James James and Sam Dimitrov were all double winners.

on to Palm Springs to watch the professionals play in the BNP Paribas Tournament. ★

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# Here's Looking at You Kids!

Story and photos by Trina L. Drotar

**RANCHO CORDOVA, CA (MPG)** - According to the American Optometric Association (AOA), children's eyes rapidly change by the time they are six years old. Vision screenings focus on how well the child can see distant objects, and they are the only requirement under California law. Most screenings are performed in pediatrician offices or in schools, including some preschools.

On Wednesday, March 6, Rancho Cordova Library hosted free vision screenings for children between three and five years of age. Kiyoo Sato, RN, MN, PHN, performed the screenings with the assistance of four volun-

teers for about a dozen children. Sato worked as a school nurse for more than 30 years where she performed vision screenings, including a dozen years as a preschool nurse. She entered private practice in 1985. She also served as Captain of the USAF Nurse Corps, is listed in the Who's Who in American Nursing, and received prestigious awards. Her career spans 70 years, during which time she developed the Blackbird Vision Screening System.

Her system, she explained, differs from the eye charts many people are familiar with. She does not use the tumbling E chart or the shapes charts which are frequently used in pediatrician offices or schools. Nor does she use Snellen letters or numbers, which are recommended by the American Academy of Family Physicians to be used with children six years or older.

"Kids don't know the letter or shape charts,"



Ruby Peck came for storytime and wanted to stay for eye screening.

of chart. The cards, six in all, have various sizes of the blackbird she showed during the story.

Each screener holds the card and asks the child to

a public event like this works well for her.

"It's a great service for families," said Pat Peck who brought her granddaughter, Ruby.



Screener Cia Vancil assists Elizabeth with screening while mom - Sara Goncalves - watches.

indicate which direction the bird is flying. Each child used their hands to point out the direction. And each child passed the distance vision screening portion with flying colors.

All of the adults who brought their children

"I think it's really cool. She's in preschool," said Sara Goncalves who brought her daughter, Elizabeth, for story time, something she waits for all week, adding that Elizabeth will be screened when she begins kindergarten.. "It's nice to know going in that she'll start with success."

Rancho Cordova Library was the first in the library system to host this type of vision screening, which has been used and endorsed by eye professionals and educators, among others. California State Department of Education has recommended Sato's system for screening several groups of preschool children and has been used in Head Start programs, medical clinics, and schools for more than 20 years.

The project was proposed by retired librarian Jill Stockinger, and Sato looks forward to doing screenings throughout the system. ★



Screener Cia Vancil gets her eyes screened.

moving right or left. While telling the story, she moves the card in the appropriate direction while the children listen and watch.

She then tells the children that she has magic glasses and asks who wants to try them and play a game. It did not take long before a handful of children raced to be first. Children sat on one side of the community room and Sato sat on the other. Each child was fitted with a pair of disposable glasses with doors that open and close to block one eye while testing the other. These occluders prevent children from peeking and are more sanitary than reusable pairs.

"I make a game out of it to engage children," she said.

Sato developed the system specifically for

preschool, kindergarten and special needs children but Sato and her assistants



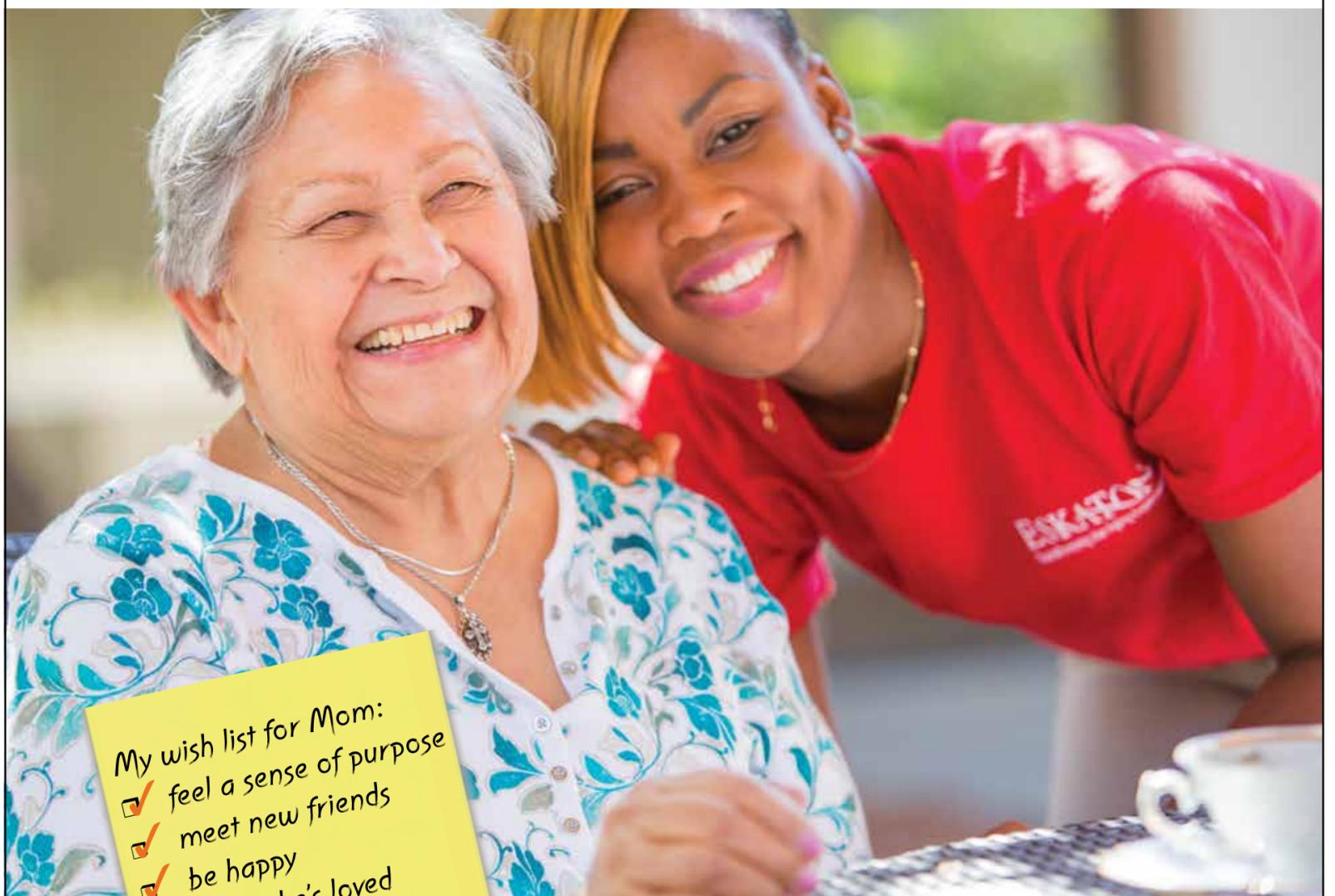
Kiyoo Sato explains amblyopia or lazy eyeweb.

proved that anyone can use the system.

One mom said that her child had been screened in the pediatrician's office with the shapes chart and said the child did not know some of the shapes and wished that the office had used this type

learned about the vision screenings when they arrived for the regular Wednesday morning story time and all thought it was a great idea to hold these screenings in libraries. One mom said that her child is very social and

*"Mom's dementia is getting worse. She can no longer live safely at home."*



My wish list for Mom:

- feel a sense of purpose
- meet new friends
- be happy
- know she's loved
- discover new passions

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