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Grapevine Independent

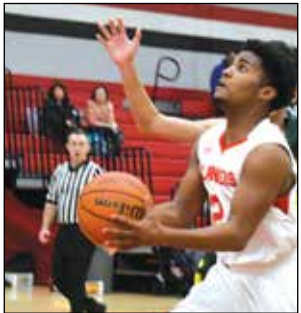
VOLUME 52 • ISSUE 01 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 JANUARY 4, 2019

AMERICAN PICKERS TO FILM AGAIN IN CALIFORNIA!



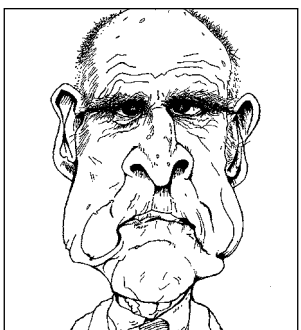
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LANCERS TAKE TO THE COURT



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CALIFORNIA GOV. JERRY BROWN 'EXIT INTERVIEW' IS CLASSIC JERRY



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A Holiday Where Student STARS Shine



Officer Parsons with STAR Lynnae and mom Annette. Photo by Trina L. Drotar

Story by Trina L. Drotar

RANCHO CORDOVA, CA (MPG)

- Polite, hard worker, sweet, great smile, perfect school attendance, kind, resilient,

energetic, empathetic, loyal, trustworthy, and curious about the world were the words written by the teachers of the 41 elementary school and preschool

students who were honored at the second annual Holiday STARS event on December 20. Parents, students, and principals from 13 elementary schools and

one preschool gathered by 7:15 a.m. to enjoy breakfast from McDonald's alongside 41 City of Rancho Cordova staff and Rancho Cordova staff and Rancho

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Arrest Made in Suspected Arson at Local Hospital

Brian Gonsalves, Sac Metro Fire Special Release

SACRAMENTO COUNTY, CA (MPG) - At 10:00 pm on December 26th, 2018, Metro Fire crews were dispatched to multiple trash can and dumpster fires at Mercy San Juan Medical Center located in Carmichael. Prior to our units arriving, MSJ Security staff was able to



Multiple trash can and dumpster fires at Mercy San Juan Medical Center.

control 2 fires in trash cans using a Dry-Chemical extinguisher. Metro Fire crews arrived and quickly controlled the remaining fire in a large dumpster near the parking structure for the main hospital.

Bystanders reported seeing an adult white male wearing a black hoodie, black pants, and carrying a black backpack. Sacramento County Sheriff Deputies quickly responded to the area and found a person matching the description of the suspected arsonist and detained him for questioning. Using hospital



James Rhodes

security footage, a positive identification was made with the person detained to at least one of the fires. James Richard Rhodes, 41 of Sacramento was arrested on suspicion of arson to property. The investigation is still on-going to determine if Rhodes was responsible for the other two fires on the property.

Anyone with additional information about this incident is asked to call Metro Fire's Arson Tip phone line at (916) 859-3775. ★

Monster Jam Series Returns



Monster Jam®, the most action-packed motorsports experience for families in the world today, returns to Sacramento with a new level of high-flying, four-wheel excitement!

By Heather Atherton

SSACRAMENTO, CA (MPG) - Unexpected, unscripted and unforgettable! Monster Jam®, the most action-packed motorsports experience for families in the world today, returns to Sacramento with a new level of high-flying, four-wheel excitement! Be prepared for another high-octane weekend of Monster Jam Triple Threat Series events featuring six different competitions of speed, racing and freestyle stunts at the Golden 1 Center from January 18-20, 2019.

Featuring eight of the most intense athletes of Monster Jam, Central Valley

fans will witness a fierce battle for the championship with each Triple Threat Series competitor contending in customized high-powered vehicles: Monster Jam Speedsters, Monster Jam ATVs and of course, the iconic Monster Jam trucks in six events sure to leave fans on the edge of their seats.

MONSTER JAM DRIVERS ARE TRAINED, WORLD-class male and female athletes who have mastered not only the physical strength and mental stamina needed to compete, but the

vital dexterity to control 12,000-pound dexterity to control 12,000-pound

Continued on page 13



SMUD Board of Directors Approves 2019 Budget

SMUD Special Release

SACRAMENTO REGION, CA (MPG) - The elected SMUD Board of Directors approved a \$1.71 billion budget. The 2019 budget provides funding for all capital and operations and maintenance (O&M) programs needed to meet the Board's Strategic Directions in the year ahead and in future years.

The 2019 budget is \$25 million less than the 2018 budget, which is primarily due to lower planned capital expenditures, though SMUD anticipates an exciting and transformational year as the electric company continues laying the foundation for the future. Next year's budget includes funding for many industry-leading initiatives and a variety of programs and investments that support the development of SMUD's load-serving capacity, grid modernizations and compliance with regulatory requirements. Support for outreach and communications to educate customers about SMUD's move to time-of-day pricing is also included.

Some major capital projects for next year include the rebuilding of three major substations that serve large

numbers of residential and commercial customers, hydro generation facilities work and the designing and building of a new energy control facility. Completion of the SMUD Headquarters remodeling project, and new and ongoing technology projects are included as well.

Other major projects include removing and replacing more than 50 circuit miles of cable; automation of a couple of dozen high-voltage switches; upgrades and expansion of the downtown Sacramento electrical distribution network; expansion of the grid into new communities in Folsom and Rancho Cordova; and improvements at a bulk substation that serves the Arden area.

SMUD continues to be in a strong financial position. In 2017, Fitch and S&P upgraded SMUD's credit ratings to AA, from an already impressive AA-, while Moody's continues to rate SMUD Aa3. To maintain these credit ratings, which continue to be the highest in three decades, SMUD has a strategic financial target to maintain strong operating cash flow. Forecasted 2019 operating cash flow cover is 1.76

times operating cash flow, which exceeds the SMUD Board's minimum target of cash flow cover of 1.5 times operating cash flow and supports a higher level of proposed capital spending. The higher credit rating produces a lower cost of borrowing.

SMUD customers continue to pay significantly less for electricity than most Californians, and as of September 1, 2018, more than 30 percent less than customers who are supplied by neighboring PG&E.

As the nation's sixth-largest, community-owned electric service provider, SMUD has been providing low-cost, reliable electricity for more than 70 years to Sacramento County (and small adjoining portions of Placer and Yolo Counties). SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies, and for its sustainable solutions for a healthier environment. SMUD's power mix is about 50 percent non-carbon emitting. For more information, visit smud.org.

Source: SMUD Media ★

Sac County Airport Firefighters "Brave the Shave"



Sacramento County Airport Firefighters "Brave the Shave" in honor of Captain Anderson. Photo courtesy Sacramento County

Sacramento County Special Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County Airport Firefighters shaved their heads as part of the second annual "Brave the Shave" in honor of Captain Tim Anderson, a Sacramento County Airport Firefighter who lost his life to cancer in 2017. Brave the Shave was started one year ago by Tim's son Mason, when his mother Lacey was diagnosed with breast cancer just 6 months after his dad, Captain Tim Anderson died.

After hearing the news

of his mom's diagnosis, Mason at 10 years old wanted to have a shaving party in an effort to turn a difficult situation into something positive. Mason challenged local area firefighters to shave their heads with him as a way to honor his dad and support his mother. In 2017, 112 firefighters in 4 states and 2 countries shaved their heads in support of the Anderson family.

Mason's mom Lacey is now cancer free and this year Mason would like to open Brave the Shave up to all firefighters and their families affected

by cancer in an effort to make December Firefighter Cancer Awareness month. Firefighters and anyone else wanting to offer their support were asked to shave their heads in the month of December and post the pictures or videos to Mason's Facebook page Brave the Shave with Mason Anderson or his Instagram Brave the Shave Mason Anderson. This year's goal is 150 shaved heads. Mason is only 57 shaved heads away from meeting that goal!

Source: Sacramento County Media ★

Start Planning Your New Year's Resolutions

Sacramento County Special Release

SACRAMENTO COUNTY, CA (MPG) - It's almost time to ring in the New Year!

See how Sacramento County can help you keep your 2019 New Year's resolutions.

Whether it's eating healthy, traveling or volunteering in the community, the County is here to help.

- Get more exercise in by cycling the miles of trails at our Regional Parks.
- Get a new furry family member and adopt a pet from

Bradshaw Animal Shelter.

- Get involved in the community and volunteer with a Sacramento County organization.
- Get healthy and visit Be Healthy Sacramento, a hub for data, education and health tips. Also, visit the Health

and Social Services webpage to learn about vital information and services.

- Get traveling and visit one of Sacramento International Airport's new nonstop destinations including León (Mexico), Washington D.C., Detroit, Boston, Maui, Oahu,

Kona and many more!

- Get yourself and your family a good emergency preparedness plan in place before an emergency strikes – and, sign up for Emergency Alert Notifications! Find out more at <http://www.saccounty.net/news/>

FUTURE FORWARD

KNOW WHERE TO START—TALKING TIPS FOR PARENTS

- Know the facts. Understand that marijuana negatively affects the developing teenage brain
- Talk often—build strong trust
- Have shorter, more frequent conversations
- As they become teens, the conversation needs to change
- Listen! Conversations go both ways
- Remember, kids watch what you do along with what you say

For more information visit:

sacramentoccy.org

MARIJUANA IS NOT FOR ME



A Holiday Where Student STARS Shine

Continued from page 1

Cordova police officers. As a couple of principals noted, not all schools are in the same school district, but Rancho Cordova, they said, always remembers that the schools are located within the city and works to honor all of the students attending school there. Cordova Villa, White Rock, Cordova Meadows, Cordova Gardens, Rancho Cordova, Riverview STEM, Peter J. Shields, Williamson, A.M. Winn, Navigator, Sunrise, Abraham Lincoln, and Robert McGarvey were the elementary schools and Cordova Lane Center was the lone preschool.



Riverview STEM principal Tony Peterson with STAR Students - Brendan, Aamir, Lynnae. Photo by Trina L. Drotar

honored. The event's emcee pairing of Rancho Cordova Mayor Robert McGarvey and Assistant Chief of

handed each student his or her personalized backpack which included a pair of shoes selected by Famous Footwear. One student's eyes lit up bright as Christmas lights when he saw a pair of sneakers in his backpack. Student shoe size and favorite brands were submitted to the store by the principals.

Students, officers, city staff, and principals wore Santa hats and donned blue and grey knit gloves celebrating Rancho Cordova's 15 years of cityhood. Besides the backpack, students each received a bag of clothes from WalMart and a \$100 shopping spree at the store.

a possible meeting with Santa, who was spotted handing out candy canes and frolicking with a canine officer. The real excitement began once students, shoppers, and parents entered the store.

Officer Parsons accompanied Riverview STEM Academy's Lynnae and her mother, Annette. Parsons learned quickly that young girls don't want to purchase sweet potatoes or batteries. Bubble bath, suggested by her mom, was also turned down. "She's heading for the



Cordova Lane Center preschoolers. Photo by Sandy Thomas

necessarily based on grades or attendance, and the com-

who often faced challenging home circumstances, smiled and showed appreciation.

"The City of Rancho Cordova and the Rancho Cordova Police Department are proud of its students and the hard work and effort they put into school," wrote Mayor Robert McGarvey in an email. "This program is a great way for us to come together during the holiday season to show our students how much we care about their success and future in Rancho Cordova.

For additional information about Rancho Cordova Police Department, visit www.ranhocordovapd.com.

For more informa-



Student and officer paired for shopping. Photo by Sandy Thomas

"This city is amazing," said Marty Hock, principal of Sunrise Elementary School, who introduced his students. Faith, who "never complains, is caring, and respectful," took a bow. Bethany and Naomi's mother is deployed, and they both share a trait with Faith and other students. "Resilience," said Hock.

Abraham Lincoln's students were introduced by Laura Butler, the school's principal. Siblings Aizik and Vinnicio, shared "hard work and grit" with Chloelynn, one of the first graders selected to be

Police Chad Lewis was



Officers and students paired for shopping. Photo by Sandy Thomas

well received. The pair took turns introducing each principal and school and

Photo opportunities sprouted everywhere. Some students were dressed for



STAR students with Shoppers. Photo by Sandy Thomas

balloons," said her mom as Lynnae quickly darted down aisles of colorful ribbons and party supplies. She quickly found the balloons and Parsons helped her choose the best value package. She picked up several items, posed for photos, and quickly left those items behind as she continued her search for the elusive special gift. Parsons, in the meantime, pushed the cart and kept track of the prices.

"Some kids choose gifts for other people," said Navigator Elementary teacher Jessica Kahn. "It gives the opportunity to feel good by giving to others."

Students were selected by their teachers, not

ments about each of the students pointed out that they all shared one particular trait - respect. Whether



Officer Parsons and Lynnae. Photo by Sandy Thomas

"voracious readers," "handing out high fives," or assisting other students with their studies, the students,

tion about City of Rancho Cordova, visit <https://www.cityofranhocordova.org>.★

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By Bob McGarvey

RANCHO CORDOVA, CA (MPG) - The date on this column is January 4, 2019. The holidays are done for 2018, and I hope you had a chance to get together with family members and friends who you hoped to share some time with. So, now is the time to see if you have been able to follow through on your New Year's resolutions! Or not. I haven't had any problem so far because I'm still deciding what they may be for 2019. Granted it may take a little time to decide on them (days, weeks, months), but I'll let you know. Does it sound like I'm procrastinating on my resolutions? Now, on to other things that are going to be worked on during the rest of 2019. One of them will be to do our best to follow through on the items that we missed because of the cancellation of our planned Veterans Day Observance. We will be honoring the individuals whose names were to be announced and placed on the bricks. Their names are already placed on the

And Another Thing ...

Does it Sound Like I'm Procrastinating On My Resolutions?

bricks, but we will be working on when their names will be read on Memorial Day on May 27, 2019 as we honor our veterans and their families. It is difficult at times not to just wish that things would be as you hope they will be. I mean, after all, isn't what you want to happen the best thing that could happen? There was a show on TV that was called "Father Knows Best," and while that show and some others can still be entertaining to watch, society and the world today is looking at life with different views and different feelings. I must admit that my "generation" was looking at life differently than the generation before mine. Today, quite a few different generations are "seeing" life differently than the way the "greatest generation" had to see life. For those who haven't heard about the "greatest generation," they need to read the book *The Greatest Generation* by Tom Brokaw about the generation of Americans who lived through the Great Depression and literally saved freedom in our country when they fought in the Pacific and in Europe. They had to live when young and then

had to fight around the world in World War II just as they were growing up to save and keep their country in one piece. "If wishes were horses, beggars would ride." That is a proverb that was printed in 1628, and it suggests that if wishing could make things happen, then even the most destitute people would have everything they wanted. We do our best to offer many things to people who are in need, but unfortunately it takes quite a bit more than wishes to make those things happen. We are going to watch as Mather Veterans Village Phases Two and Three come to reality. We are all going to hope that there will be fewer wildfires than the "experts" are predicting. We are looking forward to seeing new homes being built here in the City of Rancho Cordova so more of the people who work in Rancho Cordova can also live here. There are 3,500 businesses in our city that have brought over 65,000 jobs here. I truly hope that 2019 will bring as many wishes and hopes to all Rancho Cordovans as possible.
From Mayor Bob McGarvey, God bless, and see you next time. ★

Soroptimists "Support" Homeless Teen Girls with New Bras



Since the club started this program eight years ago, they have served over 200 girls in the Folsom Cordova Unified School District. Photo courtesy Sheryl Longsworth

Sheryl Longsworth, President Soroptimist International Local Chapter

RANCHO CORDOVA, CA (MPG) - The Soroptimist Int'l of Rancho Cordova & Gold River club, working with the Folsom Cordova Homeless Student Services Program, purchased new bras on Thursday, October 4, for seventeen homeless teen girls who are required to take a physical education class. "I learned several years ago, that many homeless teen girls were refusing to dress down for PE, because they were so embarrassed by the condition of their undergarments. Wearing a new bra that fits well, is comfortable and pretty, make girls feel confident and good about themselves. Homeless girls already have enough to worry about that affects their self-esteem and confidence, they shouldn't have to feel embarrassed about what

they're wearing under their clothes," says Sheryl Longsworth, co-founder and current president of the club. "It is our club's hope that by giving these girls to pick out bras THEY want to wear, not just wear what was donated to them, that their confidence and self-esteem will increase, which, hopefully, will result in improved academic performance," says Longsworth. Since the club started this program eight years ago, they have served over 200 girls in the Folsom Cordova Unified School District. "Every girl we've served is so appreciative and grateful. They usually give us big hugs and some are even in tears because we care so much about them and want them to be successful in life," says Longsworth. If you would like to help the club make a difference in girls' lives like the "Supporting" Homeless Teen Girls project and

would like more information about the club, please visit <http://www.soroptimistranchocordova.org/> and/or email Sheryl at siranhocordova@soroptimist.net. Soroptimist is an international 501(c)3 non-profit organization who seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are people at their best, working to help other women to be their best. Please send an email to siranhocordova@soroptimist.net to receive more information about Soroptimist International of Rancho Cordova & Gold River, how to become a member, or just learn how you can volunteer with our club members or visit <http://www.soroptimistranchocordova.org/>. ★

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You Can Recycle Old or Obsolete Electronics to Benefit Rancho Cordova Soroptimist Club Projects

By Sheryl Longsworth, President Soroptimist International Local Chapter

RANCHO CORDOVA, CA (MPG) - Did you receive some nice new electronic or powered "toys" over the holidays? Wondering what to do with your obsolete or broken old "toys"? The Rancho Cordova Soroptimist club signed up with a year-round fundraiser, [ewaste4good](http://ewaste4good.com/). They will come to your home and pick up your e-waste on an appointment you set with them. You don't even need to be home when they come to pick everything up. Just leave everything on your front porch! It couldn't be easier to get rid of unwanted, broken or obsolete electronics and protect the environment. They are based in Stockton but will pick up from anyone in the Central Valley, Napa Valley, throughout the Greater Sacramento-area as far as Roseville/Rocklin and El Dorado Hills. So, if you know people in any of these areas, please share this announcement with them!

equipment, power tools, misc. wires and cords, small appliances, household phones, stereo systems, medical equipment, and much more. **CONDITION DOESN'T MATTER!** They will wipe hard drives-TWICE, just to be certain. Schedule a pickup by visiting this website: http://www.ewaste4good.com/Home.html#Anchor_1, in the Select County of Organization, select "Sacramento S," look for "Soroptimist International of Rancho Cordova & Gold River." If the club's name doesn't appear in the drop-down list, then type the club's name "Soroptimist International of Rancho Cordova & Gold River" in the next field under the drop-down list. NOTE: There are other Soroptimist clubs signed up for this fundraiser. Make sure the Rancho Cordova/Gold River club is selected or typed in! Soroptimist is an international organization for business and professional women who work to improve the lives of women and girls, in local communities and throughout the world. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are women at their best, working to help other women to be their best.

Club projects money raised from this fundraiser will benefit is our purchasing of new bras for homeless teen girls, creating and distributing Comfort Kits to domestic violence survivors through Women Escaping A Violent Environment (WEAVE) and A Community For Peace and Comfort Kid kits for the children survivors bring with them to the safe house, college scholarships for single mothers, and new projects such as "Life Preparation" workshops for teens and a new cash award for teens in honor of late City Councilman Dan Skoglund. In the nine-year existence of the club, approximately 4,185 women and girls have been helped. The club has received the Key to the City of Rancho Cordova, three Proclamations from the City, Congressional Recognition from Ami Bera, and a Certificate of Recognition from the Folsom Cordova Unified School District.

Please send an email to siranhocordova@soroptimist.net to receive more information about Soroptimist International of Rancho Cordova & Gold River, how to become a member, or just learn how you can volunteer with our club members or visit <http://www.soroptimistranchocordova.org/>. ★

Grapevine Independent
 Serving Rancho Cordova and Sacramento County Since 1968

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Republican Waldron Denounces DMV for Continued Use of Flawed REAL ID Process

Jim Stanley,
Press Secretary,
California State Assembly

SACRAMENTO, CA (MPG) - Assembly Republican Leader Marie Waldron issued the following statement in response to news that the Department of Motor Vehicles waited a month to notify Californians about the federal government's rejection of the state's REAL ID residency verification process and continued to issue card that

it knew would require additional documentation:

"It's completely unacceptable that the DMV knew about this issue for a month before even acknowledging something was wrong. The DMV has only been requiring one form of identification to verify residence (current lease, utility bill, etc.) but DHS stated that two forms of identification were needed. This is unacceptable and flies in the face of security for our citizens, which is what Real ID was

created for in the first place.

The state must fast-track everybody who received a REAL ID since the DMV was notified of this problem to avoid further delay, wasted taxpayer dollars, lost wages and productivity. I sincerely hope we can work together with the federal government to resolve this issue and minimize the disruption to people who have already been inconvenienced by long wait times and poor service at the DMV. ★

LETTER TO THE EDITOR

Vote Didn't Protect Us

Dear Editor,
My Congressman, Ami Bera, this past week voted against security for my fellow Americans (and me) when he voted not to fund the building of a Wall/fence along parts of our southern border where illegals and drug and human smugglers cross. When Congressman Bera was elected to Congress, he said he would vote to protect us. His vote didn't protect me this week. Did his vote protect you?

Growing up in Manhattan Beach, California I don't remember my folks getting upset with me if I forgot to

lock the front door. We did have a fence in the side and backyard because a good fence makes good neighbors and my dogs could run free and not hurt anyone because they were behind the fence.

Living in Sacramento for over 20 years I have always locked my doors but even doing that hasn't prevented my home from being broken into more than once. I remember one time coming home, unlocking the front door and finding a butcher knife lying in the entryway and discovered not only was my home ransacked but the thief also stole my

Mothers jewelry.

After that, we had a burglar alarm system installed because we wanted the added security. That's how I feel about having a wall/fence on parts of our Southern Border with Mexico. It's an added measure of protection to help stop terrorists, criminals, drugs and illegal immigrants from coming into the United States.

Ami Bera must change his mind and his vote and protect you, and me, now.

Carl Burton
Sacramento, CA ★

EVENTS CALENDAR



Frosty's Magic Hat

Date: 1-4-19
Time: 4:00pm -5:00pm
Place: Rancho Cordova Library 9845 Folsom Blvd Sacramento, CA 95827
Contact: 916-264-2920
Info: Join us as Tony Border's amazes the crowd with puppets galore!

night off and leave your kiddos with OVParks for an evening of FUN! Kids get to enjoy a pizza dinner, themed craft of that day, and a movie. Participants are welcome to bring a blanket and pillow for the movie and dress up to the theme. Space is limited, pre-registration is required for this event.

Invasive Invaders

Date: 1-6-19
Time: 1:30pm
Place: Effie Yeaw Nature Center, California Ave and Tarshe's Drive
Info: Learn about non-native plant and animal species

Plunge for Paradise! Polar Bear Plunge & Pancake Breakfast

Date: 1-5-19
Time: 8am to 10am
Place: Lincoln Village Community Pool 3450 Rourier Road Sacramento, CA 95827

Info: In the spirit of giving back, the Neil Orchard Senior Activities Center staff is dedicating their plunge to the victims of the Camp Fire. Who will you plunge for? Pledge your plunge to the non-profit of your choice. This winter tradition will be held at Lincoln Village Community Pool and includes a complimentary pancake breakfast. Dress up in your wildest costume and join CRPD for a party like it's 32 degrees!

Silent Movie Night

Date: 1-25-19
Time: 7pm
Place: Fair Oaks Club House Auditorium 7997 California Avenue Fair Oaks, CA 95628

Contact: 916-966-1036
Info: Join the Fair Oaks Recreation & Park District & the Sierra Chapter American Theatre Organ Society for a trip back in time. The night will feature the silent film Safety Last (1923) starring Harold Lloyd, along with LIVE theatre organ accompaniment featuring Dave Moreno at the mighty Wurlitzer. Popcorn, hot dogs, and drinks will be available for purchase, cash only. Doors open at 6:00pm.

SacAnime Winter 2019

Date: 1-4-19 - 1-6-19
Time: all day
Place: Sacramento Convention Center 1400 J Street Sacramento, CA 95814

Contact: customer.service@sacanime.com
Info: Pop Culture with an Anime Twist! Costume and Fashion events, Music events, interactive events, and contests.

Great Train Show

Date: 1-5 & 1-6-19
Time: 10am to 4pm
Place: Cal Expo 1600 Exposition Boulevard Sacramento, CA 95815

Info: The Backyard Railroad Group is featuring an awesome scavenger hunt where Kids (and Adults) can search this huge layout for over 50 hidden items. Grab your free checklist (at the layout) and see how many you can find! Riding Train and Bounce Houses for Kids! Free Workshops and Demonstrations Free Door Prize Giveaways Plus Much, Much More!

Kids Night Out-Medieval Madness

Date: 2-1-19
Time: 6pm to 9:30pm
Place: Orangevale Park and Rec Activity Building 6826 Hazel Avenue Orangevale, CA 95662
Contact: 916-988-4373
Info: Parents take the

Best of Fair Oaks Awards

Date: 1-24-19
Time: 5:30pm to 8:00pm
Place: Northridge Country Club 7600 Madison Ave Fair Oaks, CA 95628
Contact: 916-967-5717
Info: 3rd Annual Best of Fair Oaks awards.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09484 Susan Yang, 7818 Stevenson Avenue Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "The Floating Photo Booth and Things" at 7818 Stevenson Avenue Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 3, 2018. Publish: December 14, 21, 28, and January 4, 2019

FLOATING 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09453 Vera Ushakov, 9633 Country Roads Drive Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Class & Sass Salon, Class and Sass Salon" at 5841 Fair Oaks Boulevard Suite A Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 30, 2018. Publish: December 14, 21, 28, and January 4, 2019

CLASS 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09403 Said Osman Saaved, 2401 Camino Garden Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "EttafaqCollison" at 5730 Garfield Avenue Suite 13 Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 29, 2018. Publish: December 14, 21, 28, and January 4, 2019

ETTAFQAQ 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09526 Pagudpud Sands Resort, LLC, 1010 Hurley Way Suite 190 Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Pagudpud Sands and Pebble Beach Resort and Condotel" at 1010 Hurley Way Suite 190 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 4, 2018. Publish: December 14, 21, 28, and January 4, 2019

PAGUDPUD 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09199 Pacha LLC, 1541 Castec Drive Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "PACHA, PACHA Ancient Energy, Pacha Guayusa" at 1541 Castec Drive Sacramento, CA 95864. Filed with the Clerk of Sacramento County November 19, 2018. Publish: December 14, 21, 28, and January 4, 2019

PACHA 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09165 22 Maan Transport Inc, 380 Uccello Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Maan Brothers Transport" at 380 Uccello Way Sacramento, CA 95835. Filed with the Clerk of Sacramento County November 16, 2018. Publish: December 14, 21, 28, and January 4, 2019

MAAN 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09447 Ashley Arroyo, 8646 Merrimbrook Drive Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Heart Beats Music School" at 8646 Merrimbrook Drive Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 30, 2018. Publish: December 14, 21, 28, and January 4, 2019

HEART 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09056 Abdul Hirani, 6444 Comorant Circle Roodkin, CA 95765 is doing business under the Fictitious Business Name(s) "3 Monkeys Smokeshop #8 Sacramento" at 5323 Elkhorn Boulevard #8 Sacramento, CA 95842. Filed with the Clerk of Sacramento County November 13, 2018. Publish: December 14, 21, 28, and January 4, 2019

3MONKEYS 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09108 Sohrab Ghazianfari, 8114 Stacey Hills Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Auto Deal" at 2500 Marconi Avenue #212 Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 14, 2018. Publish: December 14, 21, 28, and January 4, 2019

AUTO 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09581 Tolytov Inc, 1341 Fulton Avenue Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Toledo's Mexican Market" at 1341 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 5, 2018. Publish: December 14, 21, 28, and January 4, 2019

TOLEDO'S 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09538 Gsarwar Inc, 2199 El Camino Avenue Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "G.S Market, GS Market" at 2199 El Camino Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 4, 2018. Publish: December 14, 21, 28, and January 4, 2019

G.S 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09588 Michael B Holm DDS, John C. Riach DMD, Guy E. Acheson DDS, 10350 Coloma Road Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "American River Dental" at 10350 Coloma Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 21, 28, January 4, and 11, 2019

AMERICAN 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09487 Danny DaSilva, 11770 Franklin Boulevard Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Double D Dairy #2" at 10837 Franklin Boulevard Elk Grove, CA 95757. Filed with the Clerk of Sacramento County December 3, 2018. Publish: December 21, 28, January 4, and 11, 2019

DOUBLE 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-08702 CNZ Foods Corporation, 4160 Northgate Boulevard Suite 4 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "L n L Grill" at 4160 Northgate Boulevard Suite 4 Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 31, 2018. Publish: December 14, 21, 28, and January 4, 2019

LNLGRILL 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09033 Scandia Care for Elderly, 2844 Scandia Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Scandia Care for Elderly" at 2844 Scandia Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 9, 2018. Publish: December 14, 21, 28, and January 4, 2019

SCANDIA 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09034 Scandia Care for Elderly, Inc, 2844 Scandia Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Scandia Care for Elderly II" at 3920 Plainfield Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 9, 2018. Publish: December 14, 21, 28, and January 4, 2019

SCANDIA 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09690 South Sac BBQ Inc, 6013 Florin Road #200 Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Side Burn BBQ and Brew" at 6013 Florin Road #200 Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

SIDE 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09691 Natamas BBQ Inc, 4630 Natomas Boulevard Suite 136 Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Side Burn BBQ and Brew" at 4630 Natomas Boulevard Suite 136 Sacramento, CA 95835. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

SIDE 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09615 JB Folsom Inc, 5393 Hampton Falls Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Mountain Mikes Pizzeria" at 25075 Blue Ravine Road #150 Folsom, CA 95630. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 14, 21, 28, and January 4, 2019

MOUNTAIN 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09560 Nami Thompson, 1155 Larkin Way Sacramento, CA 95818 and Babelle Donaldson, 448 Washington Street Nevada City, CA 95959 is doing business under the Fictitious Business Name(s) "Sac Tea Fest" at 1021 R Street Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 5, 2018. Publish: December 14, 21, 28, and January 4, 2019

SAC 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09569 C. Choo, DDS, Inc, 7001 Greenback Lane Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Fountain Square Family Dentistry" at 7001 Greenback Lane Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 5, 2018. Publish: December 14, 21, 28, and January 4, 2019

FOUNTAIN 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09448 John H. Marrs and Judith L. Marrs, 4215 Puente Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "The Banyan Tree, Banyan Tree Salon" at 2311 S Street Unit 1 Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 30, 2018. Publish: December 14, 21, 28, and January 4, 2019

BANYAN 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09672 Ghazi Hagesleiman, 2278 Sierra Boulevard #D Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "GHC CarpetPlus" at 2278 Sierra Boulevard #D Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

CARPET 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09504 Fox Family Heating and Air Conditioning Inc, 3337 Sunrise Boulevard Suite 6 Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "GDD AM Services" at 5121 Welsh Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County November 16, 2018. Publish: December 14, 21, 28, and January 4, 2019

GDD 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09166 Diana Greta Mencil, 5121 Welsh Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "GDD AM Services" at 5121 Welsh Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County November 16, 2018. Publish: December 14, 21, 28, and January 4, 2019

GDD 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09537 Dianna Tcaoi, 5228 Thomasino Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Aspire" at 5228 Thomasino Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 4, 2018. Publish: December 14, 21, 28, and January 4, 2019

ASPIRE 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09540 Ruslon Tcaoi, 5228 Thomasino Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "TRD Building Design Solutions" at 5228 Thomasino Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 4, 2018. Publish: December 14, 21, 28, and January 4, 2019

TRD 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09600 Executive Senior Services LLC, 11285 Sunrise Gold Circle Suite E Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The Splendor of Carmichael" at 2839 California Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 14, 21, 28, and January 4, 2019

SPLENDOR 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09452 Michael Dufloto, 1729 C Street Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Duffs Garage" at 1729 C Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 30, 2018. Publish: December 14, 21, 28, and January 4, 2019

DUFFS 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09650 James M. Alexander, 2806 Grasslands Drive #211 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "A Touch of Glass" at 2806 Grasslands Drive Apt#211 Sacramento, CA 95833. Filed with the Clerk of Sacramento County December 7, 2018. Publish: December 21, 28, January 4, and 11, 2019

TOUCH 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09588 Michael B Holm DDS, John C. Riach DMD, Guy E. Acheson DDS, 10350 Coloma Road Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "W L Pong Realty and Development Co" at 525 Flint Way Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 12, 2018. Publish: December 21, 28, January 4, and 11, 2019

PONG 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09749 Walter L. Pong, 525 Flint Way Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "W L Pong Realty and Development Co" at 525 Flint Way Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 12, 2018. Publish: December 21, 28, January 4, and 11, 2019

PONG 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09633 Tika Care LLC, 1111 Riley Street Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Kids Park" at 1111 Riley Street Folsom, CA 95630. Filed with the Clerk of Sacramento County December 7, 2018. Publish: December 21, 28, January 4, and 11, 2019

KIDS 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09786 Ehrlert Paul Lassen, 10878 Arrington Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Just Mobiles" at 10878 Arrington Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 14, 2018. Publish: December 21, 28, January 4, and 11, 2019

JUST 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09610 David J. Lucchetti, 10600 White Rock Road Suite 100 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Lucchetti Ranch" at 9300 Dillard Road Wilton, CA 95693. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 21, 28, January 4, and 11, 2019

LUCCHETTI 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09327 Daniel Stepanyan, 10188 Countryside Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sac Auto Electrical & Installations" at 10188 Countryside Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County November 26, 2018. Publish: December 21, 28, January 4, and 11, 2019

SAC 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09689 Folsom BBO Inc, 1016 Riley Street Suite 4/5 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Side Burn BBQ and Brew" at 1016 Riley Street Suite 4/5 Folsom, CA 95630. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

SIDE 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09688 Rancho Cordova BBO Inc, 2320 Sunrise Boulevard Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Side Burn BBQ and Brew" at 2320 Sunrise Boulevard Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

SIDE 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09671 Khavong Pha, 2741 32nd Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "KP's Critters" at 4370 24th Street Suite G Sacramento, CA 95822. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

KP 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09574 Julie Thy Tran and Hoa Van Nguyen, 8317 Fittlerworth Way Sacramento, CA 95829 are doing business under the Fictitious Business Name(s) "Classy Nails" at 1352 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 21, 28, January 4, and 11, 2019

CLASSY 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09672 Ghazi Hagesleiman, 2278 Sierra Boulevard #D Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "GHC CarpetPlus" at 2278 Sierra Boulevard #D Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 10, 2018. Publish: December 21, 28, January 4, and 11, 2019

CARPET 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
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GDD 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
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GDD 180201 1-4-19

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ASPIRE 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
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TRD 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09600 Executive Senior Services LLC, 11285 Sunrise Gold Circle Suite E Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The Splendor of Carmichael" at 2839 California Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 14, 21, 28, and January 4, 2019

SPLENDOR 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
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DUFFS 180201 1-4-19

FICTITIOUS BUSINESS NAME STATEMENT
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TOUCH 180201 1-11-19

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PONG 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
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PONG 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
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KIDS 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
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JUST 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09610 David J. Lucchetti, 10600 White Rock Road Suite 100 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Lucchetti Ranch" at 9300 Dillard Road Wilton, CA 95693. Filed with the Clerk of Sacramento County December 6, 2018. Publish: December 21, 28, January 4, and 11, 2019

LUCCHETTI 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09327 Daniel Stepanyan, 10188 Countryside Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sac Auto Electrical & Installations" at 10188 Countryside Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County November 26, 2018. Publish: December 21, 28, January 4, and 11, 2019

SAC 180201 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-09857 Casie Stodie Subia



Try the **Trendiest** Flavors Tonight

New seasonings make it easy

Exotic flavors common in the Middle Eastern region of the world like harissa, za'atar and shawarma are having a moment, appearing on restaurant menus and in popular make-at-home recipes.

Now is the perfect time to give these flavors a try. Thanks to new global seasonings from McCormick Gourmet, the spice combinations are already blended for the ultimate taste and simplicity.

Made from high-quality herbs and spices, the seasonings are USDA-Organic certified and Non-GMO Project verified so you can feel good about the ingredients used in your cooking. The expertly blended spices help create distinctive global-inspired dishes that take your home dining experience to the next level so you can explore these flavors from around the world without leaving the comfort of home.

■ **Za'atar:** This traditional Middle Eastern blend of spices including thyme, oregano and sesame seeds is perfect for

or popcorn. It can also be mixed into hummus or oil for dipping.

■ **Harissa:** A spicy flavor found in North African cuisine, this seasoning is made from a combination of chilies, warm spices and mint. Add it to meat and veggies before roasting, stir it into cooked rice and grains, mix it into yogurt to make a dip or combine it with roasted bell peppers and oil to turn this spice into its namesake sauce.

■ **Shawarma:** Often associated with the slow roasting of meat, this Middle Eastern street food favorite is made with cinnamon, coriander, cardamom and more. Use this seasoning to flavor an easy marinade for chicken, pork or steak.

Look for these flavors as well as new Peruvian and Berbere seasonings in the spice section of retailers nationwide. Find more recipe ideas at McCormickGourmet.com.

Prep time: 10 minutes

Cook time: 16 minutes

Servings: 8

- 1 1/4 cup plain Greek yogurt, divided
- 5 teaspoons McCormick Gourmet Organic Shawarma Seasoning, divided
- 2 tablespoons olive oil
- 1 tablespoon fresh lemon juice
- 1 teaspoon McCormick Gourmet Sicilian Sea Salt
- 2 pounds boneless, skinless chicken breast
- 4 pita pockets, halved
- 1 medium seedless cucumber, thinly sliced
- 8 lettuce leaves

1 teaspoon shawarma seasoning. Cover and refrigerate until ready to serve.

In small bowl, mix oil, lemon juice, remaining yogurt, remaining shawarma seasoning and sea salt. Reserve 2 tablespoons of mixture; set aside.

Place chicken in large re-sealable plastic bag or glass dish. Add marinade; turn to coat well. Refrigerate 1 hour, or longer for extra flavor.

Heat grill or skillet to medium heat.

Remove chicken from marinade. Discard remaining marinade. Grill or saute 6-8 minute per side, or until cooked through and internal temperature reaches 165 F, brushing with reserved marinade.

Slice chicken into thin strips. Serve in pitas with cucumber, lettuce and yogurt dressing.

Shaved Carrot Salad with Pomegranate Harissa Dressing

Prep time: 20 minutes

Servings: 5

- 1/4 cup chopped fresh mint
- 3 tablespoons pomegranate juice
- 1 tablespoon honey
- 2 teaspoons McCormick Gourmet Organic Harissa Seasoning
- 1/2 teaspoon McCormick Gourmet Sicilian Sea Salt
- 1/4 teaspoon McCormick Gourmet Organic Black Pepper, coarse ground
- 3 tablespoons extra-virgin olive oil

- 1/2 pound multicolor carrots, washed and peeled
- 1/2 cup shelled roasted pistachios
- 1/2 cup dried cranberries
- 3 cups baby arugula
- 1/4 cup crumbled feta cheese

In large bowl, mix mint, pomegranate juice, honey, harissa seasoning, sea salt and pepper. Gradually add oil while mixing with wire whisk until well mixed. Set aside.

Trim carrot ends. Slice each carrot lengthwise into ribbons with vegetable peeler or mandoline. In medium bowl, toss carrots with 1/4 cup prepared dressing. Stir in pistachios and cranberries.

Arrange arugula on serving platter. Drizzle with remaining dressing and top with carrot mixture. Sprinkle with feta before serving.



Za'atar Labneh

Prep time: 5 minutes

Servings: 8 (2 tablespoons each)

- 1 cup labneh (yogurt cheese)
- 2 teaspoons McCormick Gourmet Organic Za'atar Seasoning, divided
- 1 tablespoon olive oil
- pita bread, for serving (optional)

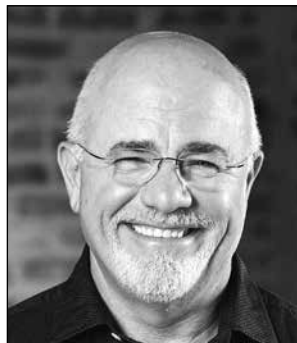
pita chips, for serving (optional)
sliced fresh vegetables, for serving (optional)

In small bowl, mix labneh and 1 teaspoon seasoning until well blended.

Drizzle with olive oil and sprinkle with remaining seasoning.

Serve with fresh pita bread, pita chips or sliced fresh vegetables, as desired.





Dave Ramsey Says

market with certainty, that person would be a multi-billionaire. Right now, there are also articles out there that say the market is about to boom. There are always “glass half-full” and “glass half-empty” articles floating around. I wouldn’t avoid stock market investing based on one ridiculous article you read.

However, in your situation you may not want to invest in the stock market right now. History says you stand a fair chance of coming out with less than you put in if you don’t leave the money invested in the stock market alone for at least five years. The market cycles up, and the market cycles down. This really isn’t a big problem if you’re going to put your money in there, and leave it alone for 20 years or more. But three to five years? The historical data says you’ve got a reasonable

chance of actually losing money.

So, I probably wouldn’t invest if you’re going to be gone in five years or less. Instead, when you’re settled and have a career in your home country, I’d advise looking into how you can invest there. You might even want to do some research, and find out if you can begin investing there now.

—Dave

Designate a percentage

Dear Dave,
I’m debt-free except for my home, and I have a small business with revenues of around \$100,000 annually. About half of that is profit, and I typically pay myself 40 percent of the bi-weekly revenue. I’m in the media business, and I need to upgrade some equipment. At what point do I put back

a little more money, or pay myself a little less, to make this happen?

—Luke

Dear Luke,

I know what you mean, man. We’re in the media business, too, and around my office it seems like we buy more and newer technology every day. Really, it’s like a black hole. You could throw money into it the rest of your life, because

practically the very moment you open the box it’s obsolete.

We finally decided to designate a percentage of our revenues to equipment replacement. Something is always being replaced, but this way we’ve got a limit and we’ve got something set aside to make our technology needs happen. It’s like the envelope system. If the envelope’s empty, we have to stop buying and put off

whatever it is until the cash is available again.

I hope this helps!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at [@DaveRamsey](https://twitter.com/DaveRamsey).

Invest Now?

Dear Dave,
I’m almost debt-free, and I’ll be finishing my master’s degree soon. I’m not from this country, so I’ll be returning home in the next three to five years. Considering my situation, would investing in the stock market be a good idea? I’ve been reading that the market is about to crash, so I wanted to get your advice before doing anything.

—Rahm

Dear Rahm,
If someone could accurately predict the stock

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00245662

Jennifer Bachmann has filed a petition with this court for a decree changing the name(s) of Aiden Barton to Aiden Bachmann.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 1, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 4, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
BARTON 180101 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00243164

Sybil Torrance has filed a petition with this court for a decree changing the name(s) of Robert Xavier James Torrance to Xavier James Torrance.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 22, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 22, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
TORRANCE 180101 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246978

Travis F. Schraeder has filed a petition with this court for a decree changing the name(s) of Travis F. Schraeder to Travis Frederick Schraeder.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 7, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 21, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: January 4, 11, 18, and 25, 2019
SCHRAEDER 180101 1-25-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246340

Mohammadfarid Alemi has filed a petition with this court for a decree changing the name(s) of Mohammadfarid Alemi to Haisam Alemi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 5, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 13, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
ALEMI 180101 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246353

Aleksandr Rytikoff has filed a petition with this court for a decree changing the name(s) of Aleksandr Rytikoff to Aleksandr P. Rytikoff.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 5, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 13, 2018
David I. Brown, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
RYTIKOFF 180101 1-11-19

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LAVINA MAE WARD, AKA LAVINA JONES WARD, AKA DUSTY WARD.

CASE No. 34-2018-00246221

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Lavina Mae Ward, aka La Vina Jones Ward, aka Dusty Ward, deceased A Petition for Probate has been filed by Winnifred C. Ward, in the Superior Court of California, County of Sacramento, requesting Winnifred C. Ward, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows January 15, 2019 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Merlyn Cadagil Cepeda 2236 Morell Street Sacramento, CA 95833 916-640-4177 Publish: December 28, January 4, and 11, 2018 UGANIZA 170622 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246349

Michael Ray Ramborger has filed a petition with this court for a decree changing the name(s) of Michael Ray Ramborger to Michael Ray Leon.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 5, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 13, 2018
David I. Brown, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
LEON 180101 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246686

Maryann Gomez has filed a petition with this court for a decree changing the name(s) of Jesse Cisco Lemus to Jesse Cisco Rodriguez Gomez.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 6, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 18, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 28, January 4, 11, and 18, 2019
LEMUS 180101 1-18-19

NOTICE OF PETITION TO ADMINISTER ESTATE OF AVELINA CALLUENG UGANIZA.

CASE No. 34-2018-00242856

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Avelina Callueng Uganiza, deceased A Petition for Probate has been filed by Merlyn Cadagil Cepeda, in the Superior Court of California, County of Sacramento, requesting Merlyn Cadagil Cepeda, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246442

Karan Singh Supra has filed a petition with this court for a decree changing the name(s) of Karan Singh Supra to Kern Carmelo Supra.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 5, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 14, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
SUPRA 180101 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00243396

Jen Rasmussen on behalf of Aaron Khai Quoc Lam has filed a petition with this court for a decree changing the name(s) of Aaron Khai Quoc Lam to Aaron Khai Rasmussen.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 23, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 26, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
LAM 180101 1-11-19

NOTICE OF PETITION TO ADMINISTER ESTATE OF EDWIN ATOS KAUPPIILA

CASE No. 34-2018-00245660

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Edwin Atos Kauppiila, aka Edwin A. Kauppiila, aka Edwin A. Kaupila, deceased A Petition for Probate has been filed by Karan M. Kauppiila, in the Superior Court of California, County of Sacramento, requesting Karan M. Kauppiila, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246442

Karan Singh Supra has filed a petition with this court for a decree changing the name(s) of Karan Singh Supra to Kern Carmelo Supra.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 5, 2019, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 14, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: December 21, 28, January 4, and 11, 2019
SUPRA 180101 1-11-19

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2018-00246318

Thomas Gabriel Lining-Jones has filed a petition with this court for a decree changing the name(s) of Thomas Gabriel Lining-Jones to Thomas Gabriel Lining.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 5, 2019, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 11, 2018
David I. Brown, Judge of the Superior Court
Publish: December 28, January 4, 11, and 18, 2019
LININGER 180101 1-18-19

NOTICE OF PETITION TO ADMINISTER ESTATE OF EDWIN ATOS KAUPPIILA

CASE No. 34-2018-00245660

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Edwin Atos Kauppiila, aka Edwin A. Kauppiila, aka Edwin A. Kaupila, deceased A Petition for Probate has been filed by Karan M. Kauppiila, in the Superior Court of California, County of Sacramento, requesting Karan M. Kauppiila, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an

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CLUES

ACROSS

- Most populous continent
- Mayan language
- Bumpy winter transport
- Spiritual leader
- Ledger entry
- In a cold manner
- Deodorant’s target
- African chieftain
- Asiatic wild dog
- *Used in fun winter fights
- Overnight lodgings
- *Whoville’s ___ beast
- Tropical constrictor
- E.B. White’s Little
- What siren does
- Not a thing
- Bear the expenses of
- Between larva and adult
- In a fitting way
- Neighbor of Ger.
- Up and about
- Unadulterated
- Excessive protection
- Middle-earth creature
- No balance due
- *Winter Gathering spot
- Resident uncle?
- Diarist Anne
- *Christmas pudding raisin
- *Done with #8 Across
- *Fahrenheit 9/11” filmmaker
- *“The stump of a ___ he held tight in his teeth...”
- Pout
- Machu Picchu mountains
- Snaky swimmers
- Wild swine
- Words from Wordsworth
- Kind of humor
- Southern stew staple

DOWN

- Gone by
- Wash froth
- Fe
- Light display
- Cass Elliot and Michelle Phillips
- Like a crooked kilt?
- Lime-rich soil
- *Hot chocolate add-on
- One with biggest share
- Olden-day elbow-related measurement, pl.
- Do after tie
- Formal discussion
- *“Bite the bullet,” e.g.
- Verbose
- Beyoncé, a.k.a. Queen ___
- Finger move
- *Angler’s accessory
- U in UV
- Uber alternative
- Your own teacher
- Sudden stream
- Box office failure
- *Hot Buttered ___
- St. Louis monument
- Time for relaxation, pl.
- Change, as in U.S. Constitution
- *___’s the word”
- Grey’s fifty
- Female sirs
- Hands on hips
- Marketing give-away
- Email option
- *Hockey turf
- Ore deposit
- Expel
- E-reader brand
- ___ gum on a list of ingredients
- Zedong of China
- Major time period

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Crossword Puzzle Solutions on Page 11

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		3				9	1	
	9		5		3		4	
3				9	6			
	4			5	8	7		
		5	3	8			4	
		4	2				7	
8	7		1			2		
5	3				6			

Solutions on Page 11

Legal Notice

PLEASE TAKE NOTICE that on January 8, 2019 at a regularly scheduled meeting of the Governing Board of the San Juan Unified School District, the Governing Board will conduct a public hearing beginning at 6:30 pm regarding San Juan Choices Charter to renew their charter to operate a public school within the San Juan Unified School District. The meeting will be held in the district board room located at 3738 Walnut Avenue, Carmichael, California. Anyone requesting more information may contact San Juan Central at 971-7179.

Carmichael Times Dec. 28, 2018 and Jan 4, 2019

Lien Sale

Vehicle Identification No: 5NPD74LF8H103069
Year: 2017
Make: HYUNDAI
Model: ELANTRA
License: IXS 239
Sale Date: 1/14/2019 at 9:00 am
Vehicle Location: LJ’s TOWING
333 North Pioneer Ave Woodland, CA 95776
Publish Jan. 4, 2019

Lien Sale

Vehicle Identification No: KNAFU4A28A5295274
Year: 2010
Make: KIA
Model: FORTE
License: 7PUC142
Sale Date: 1/21/2019 at 9:00 am
Vehicle Location: A1-TOWING
10148 Iron Rock Way Elk Grove, CA 95624
Publish Jan. 4, 2019

NOTICE OF LIEN SALE

Notice of public sale of personal property pursuant to the California Self-Service facility Act (B&P Code 21700 et seq).

The undersigned will sell at public auction on January 10th, 2019 at 10:15 a.m. at ARMOR MINI STORAGE, 5714 Auburn Blvd., Sacramento, CA 95841. Personal property including, furniture, clothing, tools, bicycles, appliances, toys or other miscellaneous household items stored by the following persons:

B138 Crystal Worthington
J035 Linda Wofford

The owner reserves the right to bid at the sale. Purchases must be made with cash only and paid for at the time of purchase. All purchased goods must be removed at the time of sale. Sale subject to prior cancellation in the event of settlement between owner and obligated party.

Dated this 28th day of December, 2018, and 4th day of January, 2019.

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12/28/2018, 1/4/2019



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Beef Porterhouse Steak Filet de Porterhouse \$3.69 /lb	Beef Rump/Bottom Round Roast Pulpa Cuadrón en Trozo sin Hueso \$2.69 /lb	Pork Tenderloin Lomo de Cerdo \$1.99 /lb
Beef Bottom Round Steak - Buns Pulpa Cuadrón en Bolas sin Hueso \$2.99 /lb	Pork Baby Back Ribs - Single Pack Costillitas \$2.99 /lb	

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JANUARY 2 - JANUARY 8, 2019.

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\$1 FOR 6 PEOPLE \$66.00 3 Hours Karaoke + 2 Pizzas + Pitcher Soda + 2 Main Dishes (Small Room) (12 inch) (Up to 3 pitchers) (10 Dishes to Choose From)	\$5 FOR 28 PEOPLE \$299.00 3 Hours Karaoke + 3 Pizzas + Pitcher Soda + Fruit + 9 Main Dishes (Party Room) (14 inch) (Up to 12 pitchers) (Assorted) (10 Dishes to Choose From)
\$2 FOR 8 PEOPLE \$88.00 3 Hours Karaoke + 2 Pizzas + Pitcher Soda + 3 Main Dishes (Medium Room) (14 inch) (Up to 4 pitchers) (10 Dishes to Choose From)	10 DISHES TO CHOOSE FROM (DIPS SAUCE \$1)
\$3 FOR 14 PEOPLE \$154.00 3 Hours Karaoke + 2 Pizzas + Pitcher Soda + 5 Main Dishes (Family Room) (14 inch) (Up to 7 pitchers) (10 Dishes to Choose From)	Hamburger, Cheese Burger, Club Sandwich
\$4 FOR 18 PEOPLE \$228.00 3 Hours Karaoke + 3 Pizzas + Pitcher Soda + 7 Main Dishes (Large Room) (14 inch) (Up to 9 pitchers) (10 Dishes to Choose From)	Chicken Nuggets, Spiced Edamame, Fried Dumpling Tortilla Very Solid
	Chicken Wings, Pork Lumpia, French Fries

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Avocados 2 lb Bag 2/\$5	White Potatoes 10 lb Bag 2.99 /ea	Young Thai Coconut 9 ct 9.99 /ea	Whole White Mushrooms 8 oz 2/\$3	Satsuma Mandarines 10 lb 9.99 /ea	Navel Oranges 8 lb 7.99 /ea

AMERICAN/HISPANIC GROCERY

Jasmine Rice \$2.99 /ea	Janitor Bulk Tissue 12 Roll • TALL 6.99 /ea	Stuck King Tortilla Chips 12.oz \$1.59 /ea	Pringles Original Flavor Chips 5.2 oz \$3.99 /ea	Western Family Charcoal Briquets 77 lb Bag • TALL \$1.49 /ea	Cartesian Evaporated Milk 12 ct \$1.49 /ea
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ASIAN GROCERY

Sriracha Chili Sauce 9 oz \$1.29 /ea	Key Brand Swirl Bread 99¢ /ea	Guava Candy \$1.49 /ea	Classic Series Bread \$7.99 /ea	Enzo Coffee 26.5 oz 69¢ /ea	Japanese Chino Soba Noodles 6 oz 69¢ /ea
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EUROPEAN GROCERY

DUNAR Long Roll Bread \$10.99 /ea	Veis Premium Cheese Spread 7 oz \$2.49 /ea	Zoya Creamy Curry 1.1L \$3.99 /ea	Traditional Recipe Butter Cookies 140 g \$2.99 /ea	Organic Mango Fruit Beverage 1.1L \$2.79 /ea
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KOREAN/JAPANESE GROCERY

Wang Noodle 50 lb Bag 24.99 /ea	Small Ramen Box 1.5Kinds 12 x 10.5 oz 7.99 /ea	Beijing Sesame Sauce 12 x 3.4 oz 2.99 /ea	Cheong Cheong Rice Balls 5.5 oz 99¢ /ea	Chung Jung One Lunch Box Mini 12 oz 1.99 /ea	Garang Charbroiled Beef 33.75 oz 7.99 /ea
UJ Keweenaw 4 Kinds 2.56 oz 2.99 /ea	Enzo Owl Style 6 x 375 ml \$9.99 /ea	Light Beer 12 Pkts 12 oz x 12.1 oz 7.99 /ea	Pinky Milk Pack 4 Kinds 4.5 oz 2.99 /ea	Miyako Drink 5.5 oz 99¢ /ea	Whiskey & Sherry 750 ml 21.99 /ea

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WEEKLY COMICS

Amber Waves



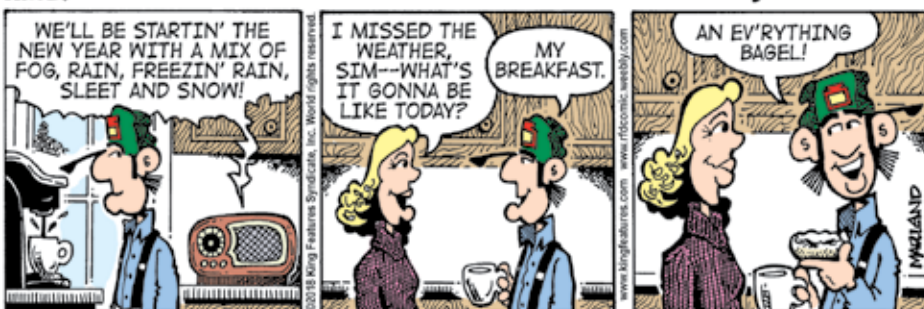
by Dave T. Phipps

Out on a Limb



by Gary Kopervas

R.F.D.



by Mike Marland

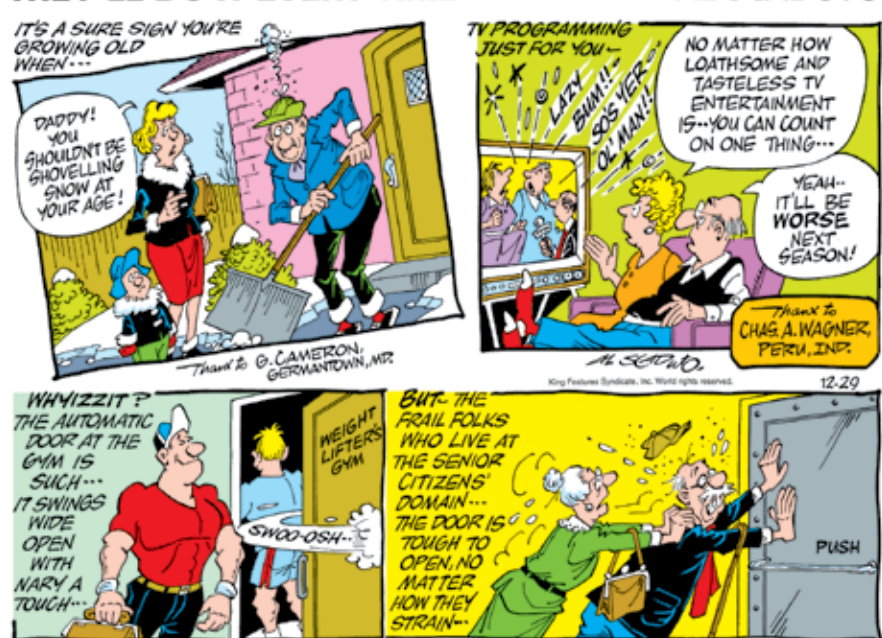
The Spats



by Jeff Pickering

THEY'LL DO IT EVERY TIME

BY AL SCADUTO



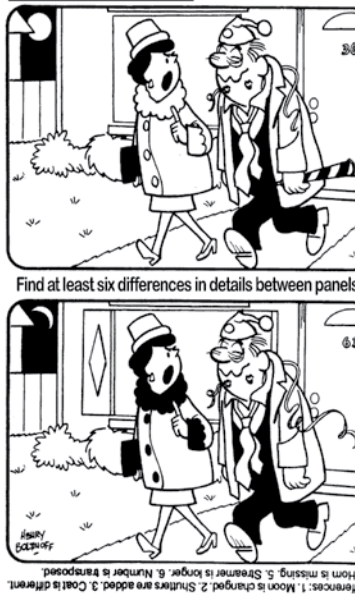
Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTIFF



GRIN and BEAR IT



LAFF-A-DAY



Crossword Puzzle on Page 9

A	S	I	A			M	A	M		S	L	E	D								
G	U	R	U			D	A	T	A		I	C	I	L	Y						
O	D	O	R			E	M	I	R		D	H	O	L	E						
						S	N	O	W	B	A	L	L		I	N	N	S			
						R	O	A	S	T		B	O	A							
S	T	U	A	R	T					T	E	M	P	T	S						
N	I	L				D	E	F	R	A	Y				P	U	P	A			
A	P	T	L	Y				L	U	X		A	S	T	I	R					
P	P	U	R	E				M	O	M	I	S	M			O	R	C			
						P	A	I	D	U	P				H	E	A	R	T	H	
								S	A	M					F	R	A	N	K		
						P	L	U	M					S	L	E	D	D	I	N	G
M	O	O	R	E						P	I	P	E			M	O	U	E		
A	N	D	E	S						E	E	L	S			B	O	A	R		
O	D	E	S							W	R	Y				O	K	R	A		

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Sudoku Puzzle on Page 9

4	2	5	3	6	8	7	9	1
1	9	6	7	5	2	3	8	4
3	7	8	1	4	9	6	5	2
2	4	1	6	3	5	8	7	9
6	8	9	4	2	7	1	3	5
7	5	3	8	9	1	2	4	6
9	1	4	2	8	3	5	6	7
8	6	7	5	1	4	9	2	3
5	3	2	9	7	6	4	1	8

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California Gov. Jerry Brown 'Exit Interview' is Classic Jerry

Commentary
by Katy Grimes

SACRAMENTO, CA (MPG) - At California Gov. Jerry Brown's "Exit Interview", the Sacramento Press Club auctioned off autographed souvenirs from his years in the Governor's office, including cartoons of his budget press conference presentations of charts and graphs, Proposition 30 memorabilia increasing sales and income taxes, and graphs showing state government living within its means. Other charts showed record spending levels.

Gov. Jerry Brown is known for his infrequent and rather unscripted press conferences, often making glib remarks, or quoting Zen Buddhism, Latin theology, philosophy, and "ontology" - the nature of being. Tuesday Brown did not disappoint during his "Exit Interview," as he prepares to leave the Governor's office for the last time on Jan. 7.

"I don't do that many press events," Brown said as he made his way on stage. "There's so much media now." Given that Brown began his political career right out of college in 1969, he dealt with mostly newspaper reporters and television news at that time.

In front of hundreds of credentialed California media and state government employees, Brown called today's media "the legitimate ones" and "all sorts of characters running

around social media," when asked how he deals with media. "The proliferation of social media is just all kinds of noise," Brown said. "The news cycle never stops."

Asked if California's Obamacare plan - Covered California - will be able to continue following the recent federal District Court ruling finding the Affordable Care Act unconstitutional, Brown said he thinks it will be overturned, and that the decision will impact the next presidential election. "Congress will probably overturn, because it will create such a backlash," Brown said. "And Democrats will take over the Senate."

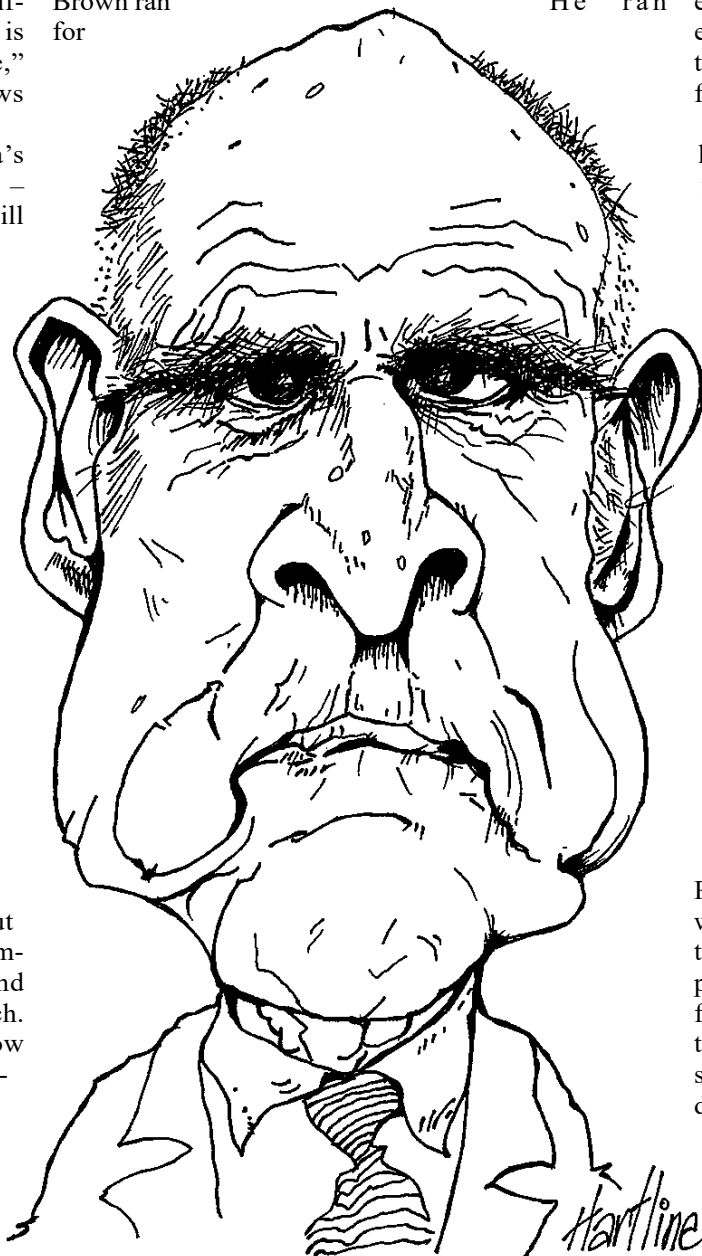
After serving a record four terms as California Governor, Brown was asked about the many times he's campaigned for office, and whether it was too much. Brown spoke about how much he likes campaigning "because it's exciting, and it's a group activity."

"People like being around other people," Brown said. "We are a tribal species; campaigning is very tribal."

Asked if it was a mistake to run for President too many times, Brown replied that it was. "What works in one campaign

doesn't work in another," he said. Jerry Brown ran for

36 and for a second term in 1979. He ran



President three times: 1976, 1980 and 1992. "It's timing, circumstances and luck," he added. Brown, who is now 80, was first elected governor in 1974 at age

unsuccessfully for U.S. Senate in 1982, and was elected the Chairman of the California Democratic Party in 1988. After a personal sabbatical, Brown was mayor

of Oakland 1999-2007, California attorney general 2007-2011, and was elected governor for a third term in 2010, and a fourth term in 2014.

While Brown said that he didn't regret running for so many offices, had he not lost, he never would have had time off to enjoy "working for Mother Theresa and practicing Zen medication in Japan," following his 1982 unsuccessful U.S. Senate run.

Brown was asked to explain his proudest accomplishment, but instead said he was more concerned about the future, especially "a nuclear war to avoid" and climate change - which caused the media crowd to clap wildly and cheer.

When asked about his California High Speed Rail project, he said it would be built, along with the Delta's "twin tunnels" project moving water from northern California to the south. While he said Southern California draws too much water from the north, "the Delta will be destroyed unless we have some kind of peripheral canal or a tunnel."

Brown said he doesn't like flying: "I don't like it on the plane. You go up. You go down." He said at his age he shouldn't be driving. "On the train

you can have a cocktail," Brown added.

Brown said with a "very good chance of seeing it [high speed rail] built, then California will be an innovator - the only state in the country to do this. We will join the countries of Japan and Germany as innovators," Brown said.

As for the future, Brown claimed he left only a "baby deficit," rather than the trillion dollar deficit California currently has, according to Sen. John Moorlach, the Legislature's only CPA.

As for what he will miss, Brown said he's miss the Governor's Mansion - "except all of those steps. I now know why Reagan wanted to move into that one-story house," he added.

When asked what will happen to PG&E, and if it would go bankrupt, after the wildfires for which the utility company is being blamed, Brown said, "the CPUC (CA Public Utilities Commission) has to keep them accountable, but it's a strange model." Brown said the next governor will deal with PG&E and the CPUC.

Brown pivoted to climate change and described California's "new abnormal" as regular drought and fires. "This business of climate change is real," he said. "The humidity goes down, and everything is dying. It becomes kindling for fires. What we're seeing is just the prologue for fires." ★

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Effective 1/2/19 - 1/8/19

PET CLUB is Excited to Offer: Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods

\$250 OFF

ANY PURCHASE OF \$7.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items. Limit 1 PLU 331 CT Limit: 1 Coupon Per Family Effective 1/2/19 - 1/8/19

FREE PURE NESS PET BOWL

5m. Size #00201 or #000A1 with any purchase of pet, fish food or supply. Limit 1. 99¢ Value PLU 338 CT Limit: 1 Coupon Per Family Effective 1/2/19 - 1/8/19

<p>NATURAL BALANCE DRY DOG FOOD</p> <p>•Lamb Meal & Rice •Sweet Potato & Fish •Sweet Potato & Venison •Sweet Potato & Bison •Sweet Potato & Chicken 26-28 Lb Bag</p> <p>\$5 OFF</p> <p>Limit 2 Bags Per Family Our Super Low Prices Effective 1/2/19 - 1/8/19</p>	<p>AVODERM NATURAL DRY DOG FOOD</p> <p>24-26 Lb Bag Limit 2 Bags Per Family</p> <p>•Lamb Meal & Rice •Chicken Meal & Rice •Lite •Salmon & Potato</p> <p>\$4 OFF</p> <p>OUR DISCOUNT PRICES! Effective 1/2/19 - 1/8/19</p>	<p>NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD</p> <p>30 Lb Bag Limit 2 Bags Per Family</p> <p>Lamb Meal & Rice \$35⁹⁹ •Small Bites \$37⁹⁹</p> <p>•Adult •Large Breed</p> <p>Effective 1/2/19 - 1/8/19</p>	<p>FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD</p> <p>16 Lb Bag</p> <p>Limit 2 Bags per Family</p> <p>\$9⁹⁹</p> <p>Effective 1/2/19 - 1/8/19</p>
<p>FRISKIES BUFFET CANNED CAT FOOD</p> <p>5.5 Oz All Varieties</p> <p>Limit 2 Cases Per Family</p> <p>4/\$18⁹⁹</p> <p>Effective 1/2/19 - 1/8/19</p>	<p>ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER</p> <p>20 Lb Box •Unscented •Double Duty (Clump n Seal Regular 19 lb \$8.99) (Slide 19 lb \$9.99)</p> <p>Limit 2 Boxes Per Family</p> <p>\$5⁹⁹</p> <p>Effective 1/2/19 - 1/8/19</p>	<p>SCIENCE DIET CANINE MAINTENANCE CANNED DOG FOOD</p> <p>13 Oz •Selected Varieties (Reg price \$1.75) (Healthy Cuisine 12.5 oz \$1.75 Reg price \$1.99)</p> <p>Limit 2 Cases Per Family</p> <p>\$14⁹⁹</p> <p>Effective 1/2/19 - 1/8/19</p>	<p>SCOOPAWAY CLUMPING CAT LITTER</p> <p>42 Lb Bag</p> <p>•Multi-Cat Formula</p> <p>Limit 2 Bags Per Family</p> <p>\$10⁹⁹</p> <p>Effective 1/2/19 - 1/8/19</p>

<p>PURINA BENEFUL PREPARED MEALS</p> <p>All Varieties 10 oz Limit 1 Case</p> <p>\$1⁴⁹</p>	<p>Limit 2 Bags 3 Lb Bag FANCY FEAST DRY CAT FOOD \$5⁹⁹</p> <p>(Purina One Dry Cat 3 Lb. \$6.49) (*Lender Select Chicken \$6.99 •True Instinct Grain Free Ocean Fish \$7.49 •True Instinct Grain Free Chicken \$7.99)</p>	<p>PEDIGREE CANNED DOG FOOD 99¢</p> <p>•Choice Cuts in Gravy •Chunky Ground Dinner •Chopped Ground Dinner 22 Oz Can Limit 1 Case</p>	<p>9 LIVES DRY CAT FOOD \$7⁴⁹</p> <p>•Grilled Tuna 12 Lb Bag Limit 2 Bags Per Family</p>
<p>Natural Grain-Free EARTHBORN HOLISTIC DRY DOG FOOD \$39⁹⁹</p> <p>•Primitive Feast •Great Plains Feast •Meadow Feast •Coastal Catch •Weight Control 28 Lb Bag Limit 2 Bags Per Family (Reg Price \$43.99)</p>	<p>PURELY FANCY FEAST CANNED CAT FOOD \$1⁰⁹</p> <p>2 oz. All Varieties Limit 1 Case</p>	<p>SCIENCE DIET SMALL BITES DRY DOG FOOD \$22⁹⁹</p> <p>•Adult •Light •Mature 17.5 Lb Bag Limit 2 Bags Per Family</p>	<p>Super Buy FRESH STEP CRYSTALS CAT LITTER \$10⁹⁹</p> <p>8Lb Bag Limit 2 Bags</p>
<p>Bio-Enzymatic Formula NATURE'S MIRACLE PREMIUM ORGANIC CORN COB LITTER \$7⁴⁹</p> <p>10 Lb Bag Limit 2 Bags</p>	<p>CHICKEN SOUP FOR THE SOUL DRY DOG FOOD 20% OFF</p> <p>•Adult •Large Breed •Mature •Weight Care As Marked 30 Lb Bag Limit 2 Bags</p>	<p>CHICKEN SOUP FOR THE SOUL DRY CAT FOOD 20% OFF</p> <p>•Adult •Indoor/Hairball •Weight/Mature Care As Marked •Kitten 15 Lb Bag Limit 2 Bags</p>	<p>ELEVATE SUPER PREMIUM DRY DOG FOOD \$5⁰⁰ OFF</p> <p>NEW Antioxidant Blend 28 Lb Bag •Chicken •Lamb •Salmon •Pork (25 Lbs) Limit 2 Bags Per Family</p>

HAMILTON PET LEASHES

•Collars •Harnesses All Varieties **20% OFF**
•Leads •Nylon •Leashes •Leather

PET 'n SHAPE HEALTHY DOG TREATS **20% OFF**

All Varieties Including: Natural Dog Treats

PET CORRECTOR 1.58 oz. **\$6.99**
STOPS BARKING 6.35 oz. **\$13.99**

MARINELAND POWER FILTER SALE

MODEL	TANK SIZE	PET CLUB SALE
PENGUIN 100B	20 Gal.	\$17.99
PENGUIN 150B	30 Gal.	\$24.99
PENGUIN 200B	50 Gal.	\$29.99
PENGUIN 350B	75 Gal.	\$39.99

AQUEON BOXED 10 GALLON TANK With Economy Kit **\$36.99** Limit 1 Per Family

Just add Heater For Tropical Fish

PENN PLAX PLASTIC AQUA-PLANTS **20% OFF**

INSTANT OCEAN SEA SALT 50 Gal. Salt Mix **\$12.99**

BONUS COUPON

FANCY FEAST GOURMET CANNED CAT FOOD

3 Oz - All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 1/2/19 - 1/8/19

55¢ CT PLU 361

BONUS COUPON

FRISKIES PARTY MIX CAT TREATS

2.1 Oz •Selected Varieties Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 1/2/19 - 1/8/19

\$11⁹⁹ CT PLU 573

BONUS COUPON

JONNY CAT PREMIUM CAT LITTER

20 Lb Bag Limit 1 Bag With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 1/2/19 - 1/8/19

\$35⁹⁹ CT PLU 362

RANCHO SPORTS

Lancers Take to the Court

Story and Photos
By Rick Sloan

RANCHO CORDOVA, CA (MPG) - The Cordova Lancers basketball season is well underway and according to the head coach Fletcher Johnson, "This year has been a little tough". This comment was referring to the loss of two 2-year starters (Raymond Fite and Alvin Banks) due to football injuries. "We're starting with kind of a new crew. We're still anticipating having a great season but it's going to take us a little while to get started."

The Lancers were very short-handed at the start of the year causing them to run out of steam usually in the 4th period and hold back on their in-your-face style of defense. Coach Johnson had to wait patiently for the eligibility of two Junior transfers, RJ Stallworth and Isaiah Bolden along with the return of 3-pointer threat Sam Danielyan to come off an injury. "We should be okay once the league starts" said Coach Fletcher.

Other standouts so far this season are returning Seniors Jerimiah Bankett and Johnne Sanders. Junior wingman Kenny Brown has elevated his game at both ends of the court and looks to be a big contributor this year. Also 6-foot 5-inch Sophomore DeShaun Lawson has stepped up his game on defense as well as offense.

If you would like



DeShaun Lawson drives for two.



Isaiah Bolden makes his move.

to witness the Big Red be on January 9th against Basketball Experience, Johnson at 7:00 pm. The next home game will

The 43rd Annual Cordova Christmas Classic

This annual event, which takes place during the Christmas break, was a huge success as it was able to expand to 16 teams this year due to the addition of another gymnasium at Cordova High. Included in the brackets this year was one of the top teams in Northern California, the Grant Pacers. The Pacers to no surprise, ended up in first place. The Cordova Lancers finished in the 7th spot. Cordova's Stallworth was selected "All-Tourney". Congratulations to all the teams for an excellent array of sportsmanship during this 4 day event.



★ Johnne Sanders beats his defender.



Coach Johnson giving the team key instructions.



Kenny Brown goes for a jump hook.

Monster Jam Series Returns

The Most Family-Friendly, Action-Packed Motor Sport in the World Races Back into Sacramento

Continued from page 1

machines capable of doing backflips, vertical two-wheel skills and racing at speeds up to 70 miles per hour to produce jaw-dropping, live motor sports action seen around the world. Now across all Monster Jam events, fans in every city will have the chance to vote for the winner in the two-wheel and freestyle competitions by real-time, in-stadium fan voting on their smartphones.

Fans also have the unparalleled opportunity to get up close and personal to their favorite Monster Jam trucks and drivers at the Monster Jam® Pit Party pre-show experience for



Monster Jam TT West Driver Line Up,

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Tickets and Pit Passes will be available for purchase online at Ticketmaster.com, charge by phone at 800-745-3000

or visit the Golden 1 Center Box Office. Ticket prices are subject to change, venue/ticketing fees may apply.

For all the latest news, announcements and updates, be sure to watch the Monster Jam 2019 Season Kickoff Show live streaming on www.MonsterJam.com. ★

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AMERICAN PICKERS to Film in California!



Mike Wolfe, Frank Fritz, and their team are excited to return to California.

By Emily Chafetz, CINEFLIXUSA

Mike Wolfe, Frank Fritz, and their team are excited to return to California! They plan to film episodes of the hit series AMERICAN PICKERS throughout the region in March 2019!

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique “picking” on History. The hit show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America’s most valuable antiques. They are always excited

to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America’s past along the way.

Mike and Frank have seen a lot of rusty gold over the years and are always looking to discover

something they’ve never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

AMERICAN PICKERS is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send us your name, phone number, location and description of the collection with photos to: americanpickers@cinetflix.com or call 855-OLD-RUST. facebook: @GotAPick ★

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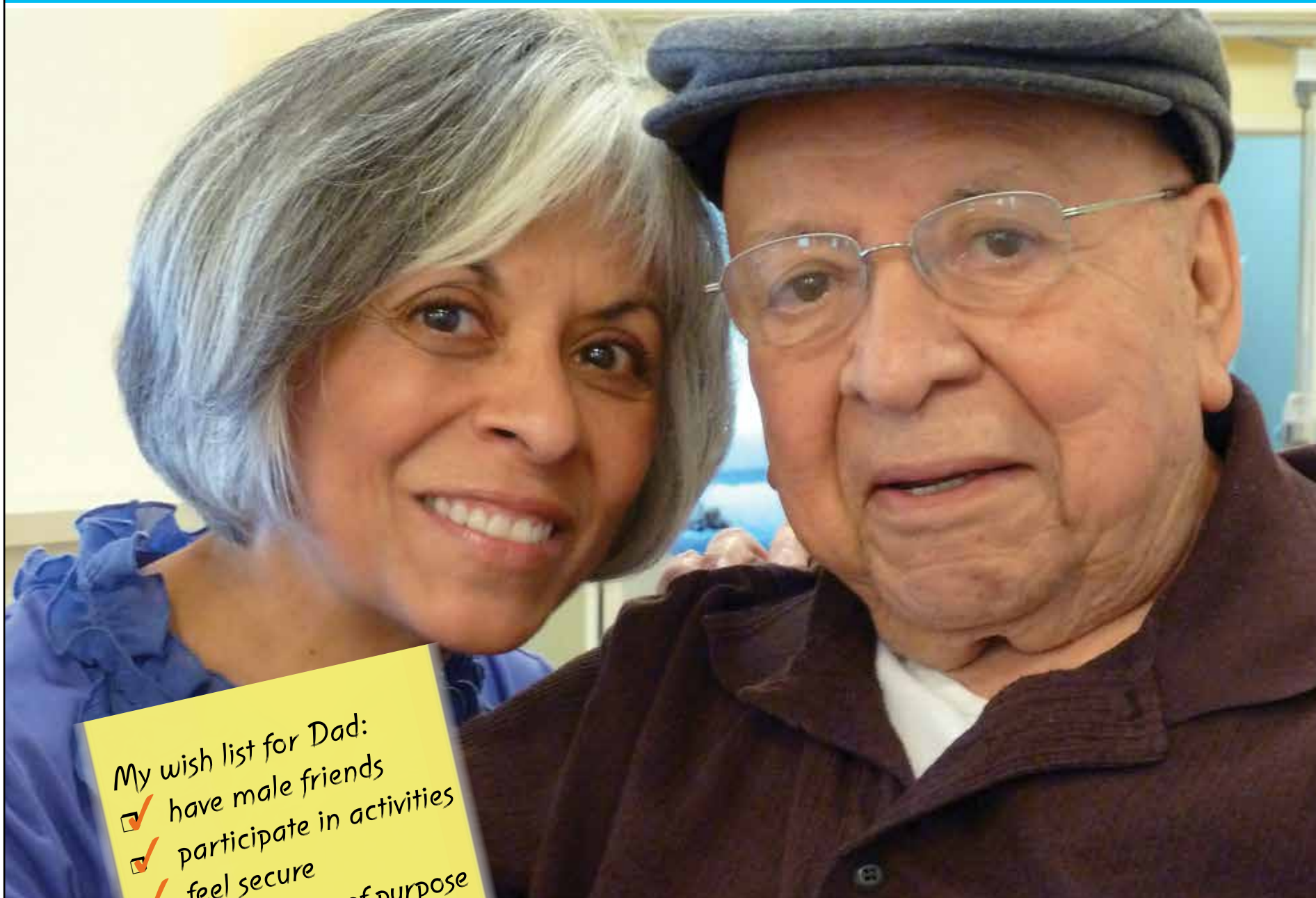
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“I’m worried about Dad living alone. His memory is declining.”



- My wish list for Dad:
- have male friends
 - participate in activities
 - feel secure
 - have a sense of purpose
 - laugh

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