



**Superheroes
Descend Upon
Sacramento**
PAGE 2

**Memorial Service
Details for Deputy**
PAGE 4



Grapevine Independent

VOLUME 51 • ISSUE 39 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 SEPTEMBER 28, 2018

**TOUGH STUFF
YET AGAIN
FOR CORDOVA**



PAGE 13

**CIRCUS VARGAS:
THE BIG ONE
IS BACK!**



PAGE 12

**SACRAMENTO
CERT NEEDS YOU**



PAGE 5



PRSRT STD U.S. Postage Paid
Rancho Cordova CA
PERMIT NO. 91

FCUSD Candidates Discuss Pathways to Student Success



Candidates (L-R) Jaya Badiga, David Reid, Joshua Hoover and incumbent Ed Short are vying for three open seats on the Folsom Cordova Unified School District (FCUSD) Board of Education. Photo by Paul Scholl

Story by Shaunna Boyd

RANCHO CORDOVA, CA (MPG) - Four candidates are vying for three open seats on the Folsom Cordova Unified School District (FCUSD) Board of Education. On Monday, September 24, an informational candidate forum gave candidates an opportunity to share their opinions and priorities with district voters.

Jaya Badiga outlined her goals for the board as action, accountability, and transparency. Badiga believes the board should ensure a welcoming culture for students in district schools. She suggests introducing social emotional learning, which teaches students how to cope and function in a group so they develop increased empathy, which reduces bullying and

isolation. “My experience at WEAVE and working with community organizations has shown me that our students need someone to help, not only with their academic success, but also with their social and emotional success,” said Badiga.

“My experience at WEAVE and working with community organizations has shown me that our students need someone to help, not only with their academic success, but also with their social and emotional success.”

JAYA BADIGA
FCUSD BOARD OF
EDUCATION CANDIDATE

There is a lot of diversity in the district, both in terms of culture and academic ability, and Badiga recognizes that “education is not one size fits all.” In particular, she is concerned about the disparity in achievement rates and that special education programs in the district are falling behind.

With a limited budget for the district, Badiga’s priority would be to retain the experienced and dedicated staff members. If elected, Badiga says her decisions on the board would always be fact based, and she believes the impact on the student population is the most important factor to consider.

Joshua Hoover is a PTA member and serves on the Folsom Cordova Special Education Community Advisory

“Closing the achievement gap is the greatest need and challenge facing our district.”

JOSHUA HOOVER
FCUSD BOARD OF
EDUCATION CANDIDATE

Committee. He is the policy director for State Assemblyman Kevin Kiley, who represents the City of Folsom. Hoover advises Kiley on education issues and has worked on many policies to expand technology in the classroom.

Hoover’s goals for the district include preparing students for success by increasing STEM programs, strengthening

Continued on page 14

**NorCal Rapist
Arrested**

Answer Found in DNA

By Rich Peters, MPG Editor

SACRAMENTO REGION, CA (MPG) - It was an eerie, familiar feeling as Sacramento District Attorney stood alongside state law enforcement agents and in front of media members, announcing the arrest of yet another notorious California serial rapist. 58-year-old Roy Charles Waller of Benicia was linked through



Roy Charles Waller
sketch (top photo)
and mug shot.

DNA to the heinous NorCal Rapist crimes committed on at least 12 victims that date back beginning 27 years ago and took place across six counties, including Sacramento, Contra Costa and Butte.

“The answer has always been in the DNA,” said Schubert, coincidentally in the midst of National Forensic Science Week. She explained the partnership of tireless science and police work that led to a breakthrough over the past 10 days, eventually leading to the arrest.

“Today we can bring some closure to the victim in Contra Costa County who was attacked on Halloween in 1996,” said Contra Costa County District Attorney Diana Becton.

Waller was arrested in Berkeley near the U.C. Berkeley campus last week. He has been a U.C. Berkeley employee for the past 25 years. The Sacramento Police Department and the Berkeley Police Department made the arrest.

The suspect has been charged with 12 counts of force-able sexual assault, plus enhancements. There are also allegations that he used a gun. He’s been awarded no bail and his arraignment is set for Monday in Sacramento. ★

The Barrel District Experience

Enjoy Samples of Craft Brews, Fine Spirits, and “Nectar of the Gods”



The Barrel District Experience will allow ticketholders to sample each venue’s product and to experience the culture and atmosphere of each unique location.

**Story by Shaunna Boyd
Photos by Matt Van Donsel**

RANCHO CORDOVA, CA (MPG) - Rancho Cordova’s Barrel District is comprised of six breweries, two distilleries, and the only meadery in the area. On Saturday, October 6, the Rancho Cordova Chamber of Commerce is hosting the Barrel District Experience, a fundraising event from noon to 6 p.m. that will allow ticketholders to not only sample each venue’s product, but also to experience the culture and atmosphere of each unique location.

The Chamber of Commerce was looking for a new fundraising event, so Sheryl Smith, Rancho Cordova

Chamber of Commerce board member, initiated the idea of the Barrel District Experience. “I thought it would be awesome to do an inaugural event in the Barrel District, since it’s such an asset to the City,” said Smith. As the Chairwoman of the Barrel District Experience, she really wanted to showcase everything these businesses have to offer local connoisseurs—and anyone looking for a fun evening out. Smith said, “There is not another district like this in the United States, due to the combination of distilleries, breweries, and the meadery all together in one area of the city.”

Smith knew that the Barrel District

Continued on page 3

www.RanchoCordovaIndependent.com

Superheroes Descend Upon Sacramento

DC Wonder Woman Run Series Brings Out the Hero in Everyone

**Story and photos
by Shaunna Boyd**

SACRAMENTO REGION, CA (MPG)

Sacramento was overrun by superheroes on Saturday, September 22 when the DC Wonder Woman Run Series hosted its inaugural event with a 5K and 10K run through Capitol Mall. Sacramento was the first city in the United States to participate in this race.

The event was produced by SON Events in conjunction with Warner Bros. and DC Entertainment. Sarah Ratzlaff, director of marketing for SON Events, said, "The race has a strong overall theme of women's

empowerment. Wonder Woman embodies strength, bravery, and power. The goal of the event is to show that there's a Wonder Woman in all of us. That's why we're using the hashtag #IAmWonderWoman."

The festival area was decorated with giant balloons and lined with an array of fluttering Wonder Woman flags. Area streets were blocked off by police cars, flashing their red and blue lights. Approximately 1,300 people participated in the 5K and 10K runs. The first-place finishers were Sandra Khounvichai with a time of 20:26 in the 5K and Stephen Harms with a time of 48:43 in the 10K.



Jennifer Waldrop (left) and Allison Gove (right) show off their Wonder Woman medals after completing the 5K run with times of 29:42 and 29:44, respectively.



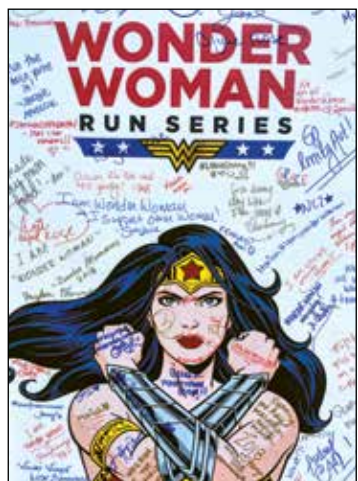
Wonder Woman poses with three-year-olds Roxy (left) and Isla (right).

The DC Wonder Woman Run Series is designed to empower the Superhero in everyone, so runners and walkers of all ability levels were encouraged to participate, regardless of their athletic abilities. Many participants had never run or walked in a 5K before this event. After completing the course, each participant was given a Wonder Woman medal. The festivities continued after the race, with a celebration featuring food trucks, a beer tent, face painting, official Wonder Woman merchandise, and a main stage with live musical entertainment.

Race participant Christie Pierce said he was persuaded to join the race just the evening before: "I decided to tag along. I said, 'Sure, I'll wear a



The DC Wonder Woman Run hosted its inaugural event in Sacramento on September 22, drawing approximately 1,300 participants.



Participants wrote messages of empowerment and support, and shared their own superhero moments.

skirt, I'll do it.' But more importantly, I decided to do it because I support strong, independent women."

Theresa Ivaldi, Karli Cisneros, and Christina Mundy entered the race together. They thought it would be more fun to run together in a group of friends. This was Ivaldi's first run, and she thought the Wonder Woman run was a fun way to start. Cisneros said, "I love running and love spending time with my friends, so I figured why not combine the two." Mundy said, "What better way to run a 5K with friends and family than a Wonder Woman run that represents women's power?" Mundy's kids, Isabella (10) and Jackson (8), and their friend Sophie Carr (10), all love Wonder Woman. They enjoyed the race and especially loved getting a shiny medal to commemorate their accomplishment of crossing the finish line.

The DC Wonder Woman Run Series will be hosted in Oakland, San Jose, San Diego, and Los Angeles this fall. The Los Angeles run, as the flagship run, will be the largest in the series with 7,000 – 8,000 participants expected. If you would like to participate in one of the upcoming runs, or for more information on the DC Wonder Woman Run Series, please visit the website at www.dcwonderwomanrun.com. ★

WE'VE GOT A TREAT FOR YOU!

SPECIAL OFFER:
ONE MONTH
OF MARTIAL ARTS
FOR \$31.00

**ROBINSON'S
TAEKWONDO**

www.ROBINSONSTKD.COM

Need to safely dispose of mercury?

Household Hazardous Waste Facilities will accept mercury-containing items such as compact fluorescent lights (CFLs) and silver mercury thermometers. Proper disposal of these items will help protect our waterways and the environment.

Many retailers will now accept used CFLs and thermostats. Check bemercuryfree.net to find a local recycler.

be mercury free

A Regional Partnership for Mercury Pollution Reduction

Dispose of mercury-containing items at your local Household Hazardous Waste (HHW) Facility:

North Area Recovery Station 4450 Roseville Rd., N. Highlands (916) 875-5555 Businesses call (916) 876-9458 sacgreenteam.com	Kiefer Landfill 12701 Kiefer Blvd., Sloughhouse (916) 875-5555 Businesses call (916) 876-9458 sacgreenteam.com
Folsom Residents Free Pick-up Service Call (916) 461-6730 folsom.ca.us/hazmat	Elk Grove Special Waste Collection Center 9255 Disposal Ln., Elk Grove (916) 627-3232 elkgrovecity.org/recycle
Yolo County 44090 County Rd. 28H, Woodland westsacrecycles.org Waste Management's At Your Door Special Collections SM (800) 449-7587 wmatyourdoor.com	Sacramento Recycling and Transfer Station 8491 Fruitridge Rd., Sacramento 311 or (916) 264-5011 Businesses call (916) 737-4870 sacrecycle.org

For more information on Regional San's mercury outreach, visit bemercuryfree.net or call (916) 875-6644.

The Barrel District Experience

Enjoy Samples of Craft Brews, Fine Spirits, and “Nectar of the Gods”



Rancho Cordova’s Barrel District is comprised of six breweries, two distilleries, and the only meadery in the area.

Continued from page 1

Experience would be enhanced by introducing the right foods to pair with the tastings. The Chamber of Commerce worked with each of the nine businesses to identify what types of food would best complement their craft brews and spirits. The participating food vendors are donating substantial “bites” to accompany the libations at each location.

In addition to craft brews, fine spirits, and fabulous food, the venues will also be offering activities and games that emphasize their distinct character. The Barrel District businesses will not be closed to the public during the event, but the Barrel District Experience will give ticketholders access to private parties held at each location. The work of local artists will also be on display, loaned to the Barrel District Experience by the Cordova Art Council.

The two distilleries in the Barrel District are Gold River Distillery and J.J. Pfister

Distilling Company. The six breweries are Thin Line Brewing Company, Ol’ Republic Brewery, Old Hangtown Beer Works, Fort Rock Brewing, Claimstake Brewing, and Burning Barrel Brewing Company.

The meadery is a major selling point of the event, because there are very few meaderies in California. Strad Meadery in the Barrel District is the only local venue where you can sample this unique honey wine, which ancient people called “Nectar of the Gods.”

The businesses within the Barrel District are not within easy walking distance of each other, so that did present a safety issue when coordinating this event. The Chamber of Commerce wanted to ensure that ticketholders are able to travel safely between the nine locations. Rancho Cordova Chief of Police Chris Pittman shared that concern and worked with the Chamber to find workable solutions. The Chamber was originally planning to offer \$15

tickets for designated drivers, but that ticket price has been reduced to only \$5; designated drivers will have access to the food, games, and activities at all locations. The Chamber is partnering with Lyft, which is offering \$10 off of two rides within nine miles of the Barrel District. Some of the venues are also located near Light Rail stations.

Smith expressed gratitude to the event’s social media strategists, beer enthusiasts Maggie Huss and Matt Van Donsel, who helped spread the word online. Smith also acknowledged the sponsors who help make the event possible: Rancho Cordova Travel and Tourism, California American Water, Smith Real Estate Services, Councilmember Garrett Gatewood, Graphics and More, and Grand Stand.

Tickets to the Barrel District Experience are limited and could sell out before the day of the event. Tickets are \$35 and can be purchased online at www.BarrelDistrict.com. ★

Let The Adventure Continue

at Summerset

Deposit by
October 7
SAVE \$1500*
Call for details

**We Make Life Easier
and ALOT More Fun!**

Just a few advantages of living at Summerset...

- Restaurant Style Dining 7am - 7pm
- All Utilities Included
- Housekeeping and Linen Service
- Transportation to Appointments



summerset
SENIOR LIVING

916.400.0838

*Applies to base rent only.



2341 Vehicle Dr., Gold River/Rancho Cordova
www.summersetseniorliving.com

RCFE Lic#347005361

RCI

BUY ONE FROZEN YOGURT GET ONE FREE

Store Location
10933 Olson Dr., Rancho Cordova, CA 95670

valid on up to 10oz of frozen yogurt of equal or lesser value at participating locations only. cannot be combined with any other offer. valid thru forever

Live Healthy,

Aid Nutritional Stability and Feel Vibrant!

Please visit our facebook and website for Lower than Amazon Prime Price Deal Every day going on

OUR PRICES LOWER THAN OUR COMPETITORS OR WE WILL MATCH ANY OF THE “BRICK AND MORTAR” STORE PRICES

Earn one (1) star for every dollar spent. - For every 100 stars, you'll earn \$5 back!

GET READY FOR *Fall*

AND KEEP 15% OFF

EXPIRES OCT 31, 2018

Visit Our Store For More SALES!

Manibota Harvest Hemp Oil 50% OFF

All Weleda 50% OFF

All Vega 35% OFF

Now Two Convenient Locations
To Serve Your Health and Nutrition Needs

4044 Sunrise Blvd, Ste 160
(in the sunrise Plaza Center)
Monday - Thurs 10-7pm
Fri - Sat 10-6pm Sun 11-5pm
(916)500-3334 | www.evergreenfnb.com
cs@evergreenfnb.com ~ find us on facebook.com/EverGreenNutritionBeauty

Sunshine Natural Foods
8121 Madison Ave, Fair Oaks
(916) 966-8021 | www.sunshinenaturalfoods.net
Monday - Thursday 10-7pm | Friday & Saturday 10-6pm
Sunday Closed

CRAFT BEER

LIVE MUSIC
BY THE
Aaron Gayden Band

FOOD!

TICKETS ON SALE NOW
WholeLottaBrews.com

Check our website for Earlybird Discount details!

WHOLE LOTTA BREWS

TICKETS \$40
\$50 at the door

Limited Quantity
VIP TICKETS \$60
\$75 at the door

SATURDAY OCTOBER 20
6 - 9 PM
FOLSOM SPORTS COMPLEX

OVER 75 BEER & FOOD TASTING STATIONS!

Event will take place at the Folsom Sports Complex!
THE EVENT WILL BE INDOORS!

Ticket Includes:
Tasting glass
Unlimited (tokenless) drink and food tastings

EVENT IS 21 & OVER

All proceeds benefit the Folsom Cordova Community Partnership - TheFCCP.org



By Bob McGarvey

RANCHO CORDOVA, CA (MPG) - The Friday night show at the California Capital Airshow was a spectacular success. It was the second night show for the California Capital Airshow. Among the performers was the United States Army Parachute Team, nicknamed the Golden Nights, who performed that Friday night and also during the day on Saturday and Sunday. They carried the United States Flag as they came down and let everyone see their country’s flag. They are able to perform across the country. Their headquarters is Fort Bragg, NC, and as we could see, they are really great.

The planes and the performers lit up the sky during Friday evening, and after the performances, there was a breathtaking fireworks show that was timed with the music from The Greatest Showman. That show was, without a doubt, a better show than the Disneyland fireworks that I’ve seen.

During the fireworks and music, there was an unbelievable addition to our show when the International Space Station (ISS) streaked across the sky. It began at 7:56 PM on Friday, September 21, 2018 and was visible for four minutes at a maximum height of 31 degrees. It appeared at 10 degrees above South-South-West, and disappeared at 21 degrees

And Another Thing ... Blue Ribbons

above the East. Adding something such as that to our California Capital Airshow was hard to beat. You can ask Google for the sighting location in the Sacramento area. The ISS sightings are possible from Friday, September 21, 2018 through Saturday, October 6, 2018. For those who are stargazers, you will have more than one chance to see ISS. Good luck.

Rancho Cordova Police Officer/Sacramento County Sheriff’s Deputy Mark Stasyuk was killed in the line of duty on September 17, 2018. He and his partner responded to a 911 call regarding a disturbance at a local business, and both officers were shot by the suspect. I know most of my readers have already heard the story. The City and Rancho Cordova Police Department have received many messages from community members asking what they can do to support our officers. So, in honor and remembrance of Officer Stasyuk and to support Rancho Cordova Police Department officers, the City, the Rancho Cordova Police Department and the Sacramento County Sheriff’s Department are providing blue ribbons that residents can tie around trees in their front yards or at their businesses. Many of our readers have come to City Hall, the Rancho Cordova Police Department, and the other nine locations to pick up a blue ribbon.

Many businesses in Rancho Cordova are also honoring Officer Stasyuk

and showing the respect they have for our police officers. For example, the manager of Brookfields Restaurant personally placed the blue ribbons you will see as you drive down Folsom Boulevard. Our officers can see the blue ribbons as they drive around the city. Thank you all for showing your support for them. They greatly appreciate all the respect and honor shown by our Rancho Cordova residents and businesses.

And on to another thing, I have noticed many more bicyclists in Rancho Cordova as we make more and more bike lanes and bike trails in our city. And while I am very pleased that our residents are taking advantage of what we have been able to add to our city, I am also concerned that quite a number of those on bicycles “don’t remember” that there are rules and regulations that apply to them as they go down the road.

For instance, those on bicycles are supposed to drive with the traffic, not ride right into oncoming cars. Another reminder, which may not be very popular if enforced, is that bicyclists are supposed to stop at stop signs, just like those driving cars, buses and trucks are supposed to stop. It’s just a reminder, but I would hate for anyone to be injured as a result of not stopping at a stop sign. Please drive safely!

From Vice Mayor Bob McGarvey, God bless, and see you next time. ★

Airshow Captivates All Ages



Photo by Jose Lopez



Photo by Rick Sloan



Photo by Rick Sloan



Photo by Jose Lopez



Photo by Jose Lopez



Photo by Jose Lopez

Memorial Service for Deputy

RANCHO CORDOVA, CA (MPG) - The memorial service for Deputy Mark Stasyuk is scheduled to begin at 10:00 a.m. on Saturday, September 29, 2018, at Bayside Church Adventure Campus in Roseville, located at 6401 Stanford Ranch Road in Roseville. A multi-agency fly-over will take place at the conclusion of the memorial service. All other law enforcement honors will be

performed at a private graveside service. Stasyuk was shot and killed in the line of duty on September 17 after responding to a call in Rancho Cordova. He leaves behind a wife, mother, father and sister.

Source: Sacramento County Sheriff’s Department and Rancho Cordova Police Department ★



✠

CHURCH DIRECTORY

✠

CORDOVA CHURCH OF CHRIST
10577 Coloma Road • (916) 638-2200
Sunday Morning Worship 10:30am
Bible classes for all ages 9:30am
Nursery and Wee Worship
Available during Worship
Staff: Larry Stafford,
Kyle Sapp, Frank Collier

FIRST BAPTIST CHURCH
of Rancho Cordova
10720 Coloma Road • (916) 635-4672
Bible Study for All Ages 9am Sunday
Morning Worship 10:30am Sunday
Awana Children’s Program Sunday 5-7pm
(September - May)
Mid-Week Prayer & Encouragement
6pm Wednesday with Pastor Tom Jones
Music Director: David Black

THE EASTERN CATHOLIC ARCHDIOCESE
(Chaldean-Syrian)
3516 Nouveau Way • Rancho Cordova
(916) 635-4445
Sacramental - Charismatic - Liturgical

Place Your Church Services Ad in the Grapevine Independent Church Directory. Call us at 916-773-1111

NEW LIFE CENTER A-G
2451 Zinfandel Drive
Rancho Cordova
Lead Pastor Lance Feliciano
Phone (916) 635-8287
Sunday Service is 10:30AM
Wednesday night Bible 6:30pm
Facebook Page:
New Life Center AG Rancho Cordova

SUN RIVER CHURCH
11223 Trinity River Drive
Rancho Cordova
(916) 635-9000
9:00 AM: Contemporary Service
Worship music with a guitar-driven feel.
10:45 AM: Blended Service
A mix of hymns, old favorites,
and contemporary worship.
“building bridges of irresistible influence”

CORDOVA LUTHERAN CHURCH
10400 Coloma Road • Rancho Cordova
Rev. Philip Tesch Interim Pastor
(916) 363-5687
Bible Study 9:00am
Sunday Worship Service 10:30am
www.corluth.org

**Publisher,
Paul V. Scholl**

The Grapevine Independent is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.
Be sure to place in the subject field “Attention to Publisher”.
If you do not have email access, please call us at (916) 773-1111.

Grapevine Independent

Serving Rancho Cordova and Sacramento County Since 1968

It is the intent of the Grapevine Independent to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Grapevine Independent is not responsible for unsolicited manuscripts or materials. The entire contents of the Grapevine Independent are copyrighted. Ownership of all advertising created and/or composed by the Grapevine Independent is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Grapevine Independent, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$28 per year within Rancho Cordova. The Grapevine Independent is published weekly. Call 916-773-1111 for more information.

MPG

We are proud members of these newspaper associations.

EAST LAWN
CEMETERIES • MORTUARIES • CREMATION • PREPLANNING

Make your
final arrangements,
then go enjoy the
rest of your life.

The Privilege of Planning
A 25-minute free presentation. We'll serve you with a Catered Meal!

Make Sure Those You Care About Are Always Cared For
“The Privilege of Planning” is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available. Information will be presented on Veterans benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

CHOOSE ONE OF THESE SEMINARS

Wed., Oct. 10
11:30 am to 12:30 pm
EAST LAWN
Sierra Hills Memorial Park & East Lawn Mortuary
5757 Greenback Lane,
Sacramento, CA 95841
To RSVP or More Info:
916.732.2020
Lic. #FD-1242

Thurs., Oct. 11
11:30 am to 12:30 pm
EAST LAWN
Memorial Park & Crematory
4300 Folsom Blvd.,
Sacramento, CA 95819
To RSVP or More Info:
916.732.2000

Reservations Required. Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar.
If you prefer to RSVP via email, log onto our website and go to the seminar registration page.

www.EastLawn.com



Saturdays at the Farm

Farmstand organic fruit & vegetables
Phoebe's tea & snack bar
Cooking Demo ✧ Tours & Talks ✧ Fun for Kids
Live Music ✧ Flowers ✧ Classes ✧ Volunteer



8AM to 12:30PM ✧ 2140 Chase Drive ✧ soilborn.org



DIGNITY HOME SERVICES

It's in the details.
Detailed Home Cleaning & Resale Preparation



@DIGNITYHOMESERVICES



LICENSED & BONDED

HOME MAINTENANCE RECURRING SERVICES

MONTHLY \$100
BIWEEKLY \$90
WEEKLY \$80

www.dignityhomeservices.com

Pricing is per hour
3 Hr Minimum
(first visit only)

CALL TODAY!
916-242-0144



Sacramento CERT Needs You



Sacramento's California Emergency Response Team's (CERT's) graduation drill took place on Saturday, September 1 from 2 p.m. – 10 p.m. at the Northern California Regional Public Safety Academy in McClellan Park.

SACRAMENTO REGION, CA (MPG)
- Sacramento's California Emergency Response Team's (CERT's) graduation drill took place on Saturday, September 1 from 2 p.m. – 10 p.m. at the Northern California Regional Public Safety Academy in McClellan Park. The community participated and explored their inner actors as volunteer victims with broken arms or legs or other injuries for the day's free event.

The drills tested the program's graduates on practical skills including sizing up a building to determine if it is safe to enter; search and rescue; transport; and triage and treatment. They assessed situations simulating burning buildings and locating victims in dense smoke and at night. Graduates radioed transport crews, practiced victim transport before another group assessed injuries, bandaged, and prepared victims for transport to a medical facility said Robert Ross, Chief, Operations, Sacramento CERT, CERT 22.

"Watching, you don't get to see as much," he said, adding that the role of victim teaches more to the community who wants to understand what happens during an emergency such as a fire.

Ross explained that most people see only the end result.

"It's a good way to see them in action and experience it without being in a collapsed building," he said.

The Basic CERT course, Level 3, is sanctioned by FEMA and was developed by Los Angeles Fire Department (LAFD) after the Mexico City and Kobe earthquakes. The course, Ross explained, is for everyday citizens with no previous training or particular skills who want to learn how to prepare for a disaster and is offered at no charge.

"Civilians will be on their own for the first 72 hours," said Ross, and will learn about disaster psychology and how to prepare bags with the necessities to assist in their immediate neighborhoods. Ross said that people don't often think about bringing items like pet toys when they need to evacuate. Trained civilians can put out small fires and even triage in their neighborhoods if the need arises, but they need to practice, and that's where the graduation drill comes in.

Graduates learn about fire behavior, which has been especially bad in California this summer, identification of hazardous materials, including those being transported, and terrorism. Upon graduation, CERT trained civilians can assist locally and can transfer their CERT training to other cities or states if they move. Since the Sacramento region is prone to flooding, this would also be covered in local training.

This level is required in order to continue with advanced courses to be certified as a Disaster Service Worker or a First Responder. Additionally, graduates may pursue training to join one of the special teams – Urban Search & Rescue, Animal Response, or Radio Communications.

"During a disaster cell phones won't work, satellite phones are few and far between," said Ross. "Ham operators during Hurricane Katrina passed messages. We can talk to Japan if we need to," he said.

One legally blind team member who used a motorized wheelchair ran the ham radio and was one of the best in Sacramento.

"There are no limitations on who can participate. There are many ways to be involved, with a job for everyone."

For additional information, visit www.sfdcert.org. Look for them at many local public events. The next academy will be held in spring of 2019. ★

FUTURE FORWARD

KNOW WHERE TO START—TALKING TIPS FOR PARENTS

- Know the facts. Understand that marijuana negatively affects the developing teenage brain
- Talk often—build strong trust
- Have shorter, more frequent conversations
- As they become teens, the conversation needs to change
- Listen! Conversations go both ways
- Remember, kids watch what you do along with what you say

For more information visit:
sacramentoccy.org

MARIJUANA IS NOT FOR ME





Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

Legal Advertising
P.O. Box 14
Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06418 Nicolette Skidmore, 1920 6th Street #4 Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Nicolette Lovell" at 1601 Alhambra Boulevard #100 Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 7, 2018. Publish: September 7, 14, 21, and 28, 2018
NICOLETTE 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07038 Kingdome Auto Sales Inc, 3101 Orange Grove Avenue #F North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Kingdom Auto Sales" at 3101 Orange Grove Avenue #F North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 29, 2018. Publish: September 7, 14, 21, and 28, 2018
KINGDOM 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07099 Rebecca Toci, 3250 Laurelhurst Drive #327 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Becca Lynn Makeup & Tattoo" at 550 Plaza Drive #100 Folsom, CA 95630. Filed with the Clerk of Sacramento County August 30, 2018. Publish: September 7, 14, 21, and 28, 2018
BECCA 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06619 Janis Koscieliak, 3300 Capital Center Drive #167 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Mama Bear Cleaning Company" at 3300 Capital Center Drive #167 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 13, 2018. Publish: September 7, 14, 21, and 28, 2018
MAMA 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06927 Ranem Alshakh Saeed, 5336 Val Paraiso Circle Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Ranem 4 Math Tutoring Center" at 3517 Marconi Ave #209 Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 24, 2018. Publish: September 7, 14, 21, and 28, 2018
RANEEM 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07027 Hollywood Trailer Courts Inc, 4731 Whitney Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Cobble Creek Apts" at 4731 Whitney Avenue Carmichael, CA 95608 Filed with the Clerk of Sacramento County August 28, 2018. Publish: September 7, 14, 21, and 28, 2018
COBBLE 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07028 James P Caplis Trustee, 3398 Julie Ann Way El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Arden Oaks Apts 5155 Arden Way #1 Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 28, 2018. Publish: September 7, 14, 21, and 28, 2018
ARDEN 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06780 Shanida Blades, 9200 Madison Avenue #204 Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Crush Boutique" at 9200 Madison Avenue #204 Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 20, 2018. Publish: September 7, 14, 21, and 28, 2018
CRUSH 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06779 Bike Medic, LLC, 6530 Winding Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bike Medic" at 6530 Winding Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 20, 2018. Publish: September 7, 14, 21, and 28, 2018
BIKE 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06978 Rentisa LLC, 1465 Waldon Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Rents 4 Baby, BQ Sac" at 1465 Walden Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County August 27, 2018. Publish: September 7, 14, 21, and 28, 2018
RENTS 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06630 Howard Clinton Porter, 3250 San Jose Way Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Canna Cooperative" at 3250 San Jose Way Sacramento, CA 95817. Filed with the Clerk of Sacramento County August 13, 2018. Publish: September 7, 14, 21, and 28, 2018
CANNA 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06257 Karapet Barsheghyan, 10432 Rockingham Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Rolex Auto Works" at 3632 Omec Circle Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 1, 2018. Publish: September 7, 14, 21, and 28, 2018
ROLEX 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06921 Francisco Martinez Ayala, 515 E Longview Avenue Stockton, CA 95207 is doing business under the Fictitious Business Name(s) "Smog Tech 3" at 520 N Lincoln Way #6 Galt, CA 95632. Filed with the Clerk of Sacramento County August 24, 2018. Publish: September 7, 14, 21, and 28, 2018
SMOG 180201 9-28-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07129 Tsoung W. Tsai, 11457 Huntington Village Lane Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Kiztingen" at 11457 Huntington Village Lane Gold River, CA 95670. Filed with the Clerk of Sacramento County August 31, 2018. Publish: September 14, 21, 28, and October 5, 2018
KITZINGEN 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07186 Deborah Bustamante, 3525 Grantwood Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Botanica at 10112 Fair Oaks Boulevard #5 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 5, 2018. Publish: September 14, 21, 28, and October 5, 2018
BOTANICA 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07150 Barbara Epis, 26948 Beatrice Lane Los Altos Hills, CA 94022 is doing business under the Fictitious Business Name(s) "Morning Glory Townhomes" at 4600 Marconi Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 4, 2018. Publish: September 14, 21, 28, and October 5, 2018
MORNING 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07231 Ali Rezaei, 3617 Cody Way Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Banoo Gems and Jewlries" at 3617 Cody Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 6, 2018. Publish: September 14, 21, 28, and October 5, 2018
BANOO 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06925 Ahmed Aboutealeb, 5212 Dripper Way Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Grand Thrift Auto" at 128 Prospector Court Folsom, CA 95630. Filed with the Clerk of Sacramento County August 24, 2018. Publish: September 14, 21, 28, and October 5, 2018
GRAND 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07092 M2 California Ventures Inc, 1139 Lantern View Drive Auburn, CA 95603 is doing business under the Fictitious Business Name(s) "The Flying Locksmiths-Sacramento" at 11357 Pyrites Way Suite 8 Gold River, CA 95670. Filed with the Clerk of Sacramento County August 30, 2018. Publish: September 14, 21, 28, and October 5, 2018
FLYING 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06743 G. Scott Penfield, 9534 Harvest View Way Sacramento, CA 95827 and Richard W. Nahigian, 4328 76th Street Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Kettle Corn Country" at 9534 Harvest View Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 17, 2018. Publish: September 14, 21, 28, and October 5, 2018
KETTLE 180201 10-5-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06436 Veronica Hinkle, 5249 Winding Way #15 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Creative V Crafts" at 5709 Marconi Avenue #S Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 7, 2018. Publish: September 21, 28, October 5, and 12, 2018
CREATIVE 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07233 Cherisse Zelesky and Gary Zelesky, 5665 Kingswood Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Restored3 Ministries" at 5665 Kingswood Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 6, 2018. Publish: September 21, 28, October 5, and 12, 2018
RESTORED 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07494 Tofanelli Enterprises Inc, 6875 Poca Monterey Drive Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Flap Jacks" at 2721 EL Camino Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 14, 2018. Publish: September 21, 28, October 5, and 12, 2018
FLAP 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07441 Michelle Longrine, 5232 Woodwell Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "The Imagination Station" at 5232 Woodwell Court Antelope, CA 95843. Filed with the Clerk of Sacramento County September 12, 2018. Publish: September 21, 28, October 5, and 12, 2018
IMAGINATION 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07496 Charles Chemeski, 131 Davis Avenue Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Mobile Notary Sacramento" at 131 Davis Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 14, 2018. Publish: September 21, 28, October 5, and 12, 2018
MOBILE 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07450 Bethany L. Ostrom-Dwyer, 2428 Camino Garden Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Dwyer Decor" at 2428 Camino Garden Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 13, 2018. Publish: September 21, 28, October 5, and 12, 2018
DWYER 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07148 ATM Enterprises, LLC, 1107 L Street #658 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "AM Public Affairs, Gridiron Treasures, The Cannabis File, Peak State Productions" at 316 T Street A1/2 Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 4, 2018. Publish: September 21, 28, October 5, and 12, 2018
AMPUBLIC 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07443 Katherine M Rutlan, 3613 Tarro Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Stylish Comfort" at 3613 Tarro Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 12, 2018. Publish: September 21, 28, October 5, and 12, 2018
STYLISH 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07439 Cindy Miller and Jamall Miller , 796 Country View Court Reno, NV 89506 is doing business under the Fictitious Business Name(s) "The Glitter Palace" at 2434 Loma Vista Drive Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 12, 2018. Publish: September 21, 28, October 5, and 12, 2018
GLITTER 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07432 Estephia Franquico, 104 Fountain Oaks Circle #134 Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Forward Ethos" at 104 Fountain Oaks Circle #134 Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 12, 2018. Publish: September 21, 28, October 5, and 12, 2018
FORWARD 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07459 Abdul Rauf Alzali, 5119 Hillsdale Boulevard #97 Sacramento, CA 95842 and Azzizulah Rajabi, 1098 Woodcreek Oaks Boulevard Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Global Resource Auto Recycling" at 5119 Hillsdale Boulevard #97 Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 13, 2018. Publish: September 21, 28, October 5, and 12, 2018
GLOBAL 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06869 Pet Cemetery and Crematory, Inc, 9558 Gerber Road Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Pet Cemetery and Crematory, Ace Memorials" at 9558 Gerber Road Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 22, 2018. Publish: September 21, 28, October 5, and 12, 2018
PET 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07383 NNNV Inc, 7537 Muirfield Way Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Burgerim" at 7465 Rush River Drive Suite 840 Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 11, 2018. Publish: September 21, 28, October 5, and 12, 2018
BURGERIM 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06957 Jose L Cruz Escalante, 1828 Helena Avenue Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Green Landscaping" at 1828 Helena Avenue Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 27, 2018. Publish: September 21, 28, October 5, and 12, 2018
GREEN 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07334 Shawn Brian Hack, 5120 Oak Point Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Whispering Tree Arborist Services" at 5120 Oak Point Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 10, 2018. Publish: September 21, 28, October 5, and 12, 2018
WHISPERING 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07346 Lynette E. Ledesna, 5543 Tierra Gardens Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Cheeky Girls Artisanal Ice Cream" at 5543 Tierra Gardens Lane Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 10, 2018. Publish: September 21, 28, October 5, and 12, 2018
CHEEKY 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06776 Krystel Viehmann Cunningsfolk, 2156 Perkins Way Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Taproot Midwifery" at 2955 3rd Avenue Suite 202 Sacramento, CA 95817. Filed with the Clerk of Sacramento County August 20, 2018. Publish: September 21, 28, October 5, and 12, 2018
TAPROOT 180201 10-12-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07497 Irina Adamovich, 3900 Annadale Lane Suite 40 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "MedStart Transportation" at 3900 Annadale Lane Suite 40 Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 14, 2018. Publish: September 28, October 5, 12, and 19, 2018
MEDSTART 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07266 AHC Healthcare of Sacramento Corporation, 215 Whitley Drive Suite 3 Fruitland, ID 83619 is doing business under the Fictitious Business Name(s) "Advanced Health Care of Sacramento" at 1411 Expo Parkway Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 7, 2018. Publish: September 28, October 5, 12, and 19, 2018
ADVANCED 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07588 Eleanor Tanglao, 6844 Woodlock Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "EarthQuest Nutrition" at 6844 Woodlock Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 18, 2018. Publish: September 28, October 5, 12, and 19, 2018
EARTH 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07321 The Eldam Corporation Inc, 1614 19th Street Sacramento, CA 95871 is doing business under the Fictitious Business Name(s) "Lucy & Company" at 1614 19th Street Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 10, 2018. Publish: September 28, October 5, 12, and 19, 2018
LUCY 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06876 5 Star Management, Inc, 5676 Kimberly Street San Jose, CA 95129 is doing business under the Fictitious Business Name(s) "Garden Plaza Apartments" at 2251 Watt Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 22, 2018. Publish: September 28, October 5, 12, and 19, 2018
GARDEN 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07522 Adam Fowler, 9424 Golden Drive Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "King's Crown Molding" at 9424 Golden Drive Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 17, 2018. Publish: September 28, October 5, 12, and 19, 2018
KINGS 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07555 Sacramento Diamond, Inc, 8698 Elk Grove Boulevard Suite 1-132 Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Diamond Blade Supply" at 11311 Trade Center Drive #115 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 18, 2018. Publish: September 28, October 5, 12, and 19, 2018
DIAMOND 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07540 Shangrita Fair Oaks, LLC, 8211 Shangrita Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Shangri-la Fair Oaks" at 7960 Winding Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 17, 2018. Publish: September 28, October 5, 12, and 19, 2018
SHANGRI 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07564 Andrea Yerby, 110 Foley Lane Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Tuscany Villa Care Home" at 8505 Cloudcroft Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 16, 2018. Publish: September 28, October 5, 12, and 19, 2018
TUSCANY 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07536 Matoda, Inc, 6821 Lincoln Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bright Future II" at 6821 Lincoln Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 17, 2018. Publish: September 28, October 5, 12, and 19, 2018
BRIGHT 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07388 Thanh Kim Diep, 8428 Felton Crest Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Easycorpbiz" at 8428 Felton Crest Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County September 11, 2018. Publish: September 28, October 5, 12, and 19, 2018
EASY 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07600 Alexander Kramer, 3685 Elkhorn Boulevard Apt #424 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Alpha Assistance" at 3685 Elkhorn Boulevard Apt #424 North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 19, 2018. Publish: September 28, October 5, 12, and 19, 2018
ALPHA 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07544 Sal Mar Inc, 229 Hartnell Place Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rancho Cordova Adult Day Health Care Center" at 10086 Mills Station Road Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 17, 2018. Publish: September 28, October 5, 12, and 19, 2018
RANCHO 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07595 Bernard C. Ivey, 1466 64th Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Ivey's Mobile Notary Service" at 1466 64th Avenue Sacramento, CA 95822. Filed with the Clerk of Sacramento County September 19, 2018. Publish: September 28, October 5, 12, and 19, 2018
IVEY 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07611 Jacob Van Sloten, 4271 Oak Knoll Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Lead Paint Detectives" at 4271 Oak Knoll Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 4, 2018. Publish: September 28, October 5, 12, and 19, 2018
LEAD 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07594 Jake & Tank, Inc, 300 Natoma Street Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Design Shop Interiors" at 300 Natoma Street Folsom, CA 95630. Filed with the Clerk of Sacramento County September 19, 2018. Publish: September 28, October 5, 12, and 19, 2018
DESIGN 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07507 Ivan Rodriguez, 7711 Greenback Lane #2 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Turbo Maintenance" at 7711 Greenback Lane #2 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 14, 2018. Publish: September 28, October 5, 12, and 19, 2018
TURBO 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07187 Harjeet Singh and Parmjit Kaur, 9163 Rose Parade Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Smoke Shack +" at 3643 Bradshaw Road #F4 Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 5, 2018. Publish: September 28, October 5, 12, and 19, 2018
SMOKE 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07609 Nada Ziyadeh and Zaid Jacob, 3805 Silverwood Road West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Buds Buffet" at 1016 10th Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 19, 2018. Publish: September 28, October 5, 12, and 19, 2018
BUDS 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07103 Peter Suh and Katherine Suh, 402 Luella Lane Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Mr. Bling Grillz" 6750 Folsom Boulevard #225 Sacramento, CA 95819. Filed with the Clerk of Sacramento County August 30, 2018. Publish: September 28, October 5, 12, and 19, 2018
MR.BLING 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07442 Martin Sanchez, 5756 Garfield Avenue #4 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Alpha Pack Movers" at 5756 Garfield Avenue #4 Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 12, 2018. Publish: September 28, October 5, 12, and 19, 2018
ALPHA 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07456 Charly Homes, Inc, 9245 Laguna Springs Drive #227 Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Charity Homes" at 9245 Laguna Springs Drive #227 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County September 13, 2018. Publish: September 28, October 5, 12, and 19, 2018
CHARITY 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-06808 Muhammad Nauman Akram, 760 Elder Drive West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Royal Smoke Shop and Grocery" at 3379 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 21, 2018. Publish: September 28, October 5, 12, and 19, 2018
ROYAL 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07686 Glen Stafford and Suzanne Goodman, 8923 Calvert Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "LittleHippie's Bakery" at 8923 Calvert Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 21, 2018. Publish: September 28, October 5, 12, and 19, 2018
LITTLE 180201 10-19-18

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2018-07510 Marsco TCKJ Corporation, 723 Lefevre Court Folsom, CA 96630 is doing business under the Fictitious Business Name(s) "ERS of Greater Sacramento Area, CA 95630" at 723 Lefevre Court Folsom, CA 95630. Filed with the Clerk of Sacramento County September 14, 2018. Publish: September 28, October 5, 12, and 19, 2018
ERS 180201 10-19-18

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00239496

Maria Dominguez has filed a petition with this court for a decree changing the name(s) of Maria Dominguez to Maria Ramirez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 5, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 28, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: September 7, 14, 21, and 28, 2018
RAMIREZ 180101 9-28-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00239840

Deedre Leilani Casaba has filed a petition with this court for a decree changing the name(s) of Ava Grace Chavarria to Ava Grace Casaba. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 11, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 31, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: September 7, 14, 21, and 28, 2018
CASABA 180101 9-

Sacramento County DA Reports



Defendant Sentenced for Murdering Jail Cellmate

DATE: September 14, 2018
CASE: Richard Russell Harden (Case #09F01356)
PROSECUTOR: Deputy District Attorney Satnam Rattu, Homicide Unit

The Honorable Ernest Sawtelle sentenced Richard Russell Harden to 19 years to life in prison. On August 15, 2018, a jury convicted Harden of the second-degree murder of Evaristo Ramirez and assault with a deadly weapon.

On February 16, 2009, Richard Harden walked into the Home Depot on Folsom Blvd. and attacked an employee with a hammer. Harden was booked into jail and placed in a cell with Evaristo Ramirez. The next day, Ramirez was found unresponsive in the cell. An autopsy revealed that Ramirez was strangled to death and had multiple blunt force injuries to his head and torso.

Inmates Sentenced for 1st-Degree Murder

DATE: September 18, 2018
CASE: Lance Clemens & William Sylvester (Case #12F06425)
PROSECUTOR: Deputy District Attorney Scott Divine, Prison Crimes Unit

The Honorable Russell Hom sentenced inmates Lance Clemens and William Sylvester to life in prison without the possibility of parole. On August 14, 2018, a jury convicted Clemens and Sylvester of the first-degree murder of Ronald Richardson with the special circumstance of lying in wait. The defendants were also convicted of inmate in possession of a weapon, and both defendants admitted to prior convictions.

On October 7, 2011, inmates Lance Clemens and William Sylvester attacked fellow inmate Ronald Richardson on an exercise yard at California State Prison, Sacramento. Clemens and Sylvester were armed with inmate manufactured knives and stabbed the victim 31 times. Nineteen of the stab wounds were to the victim's neck. The victim was pronounced dead minutes after the attack.

Clemens has three prior strike convictions for attempted robbery in 1993, assault with a deadly weapon in 1996 and assault with a deadly weapon in 2006. Sylvester has a prior 1997 strike conviction for first-degree murder.

Defendant Convicted for Charges Stemming from Sexual Assault

DATE: September 20, 2018
CASE: Harpreet Singh (Case #16FE018212)
PROSECUTOR: Deputy District Attorney Matt Chisholm, Adult Sexual Assault Prosecution Unit

Harpreet Singh was convicted by a jury of felony counts of assault with the intent to

commit a forcible sexual penetration, conspiracy to intimidate a witness, witness intimidation by force and kidnapping for extortion. Singh also admitted to a 2011 strike conviction for rape of an unconscious person.

In 2016, Singh invited an acquaintance to his house and assaulted her in his bedroom. The victim reported the sexual assault the next morning and underwent a sexual assault evidentiary exam. The sex assault case was set for jury trial in October 2017. Approximately one week prior to the trial, Singh and his co-conspirators kidnapped and threatened the victim not to testify in the trial. The victim was released without being harmed, but she continued to be threatened throughout the remainder of the week. When the victim reported the kidnap and intimidation to law enforcement, Singh was arrested and additional charges were filed.

Singh faces a maximum sentence of 33 years to life in prison. Sentencing is set for November 9, 2018, at 10:30 a.m. in Department 41 before the Honorable Helena Gweon.

Defendant Convicted of Sexual Assault, False Imprisonment

DATE: September 25, 2018
CASE: Adbel Elbadry (Case #16F013497)
PROSECUTOR: Deputy District Attorney Kevin Jones, Adult Sexual Assault Prosecution Unit

Adbel Elbadry was convicted by a jury of forcible sexual penetration by foreign object and felony false imprisonment.

On May 23, 2014, the victim was selling tamales at a Sacramento area flea market. Elbadry approached her and offered her money to clean his house. The victim agreed and followed Elbadry to his house. Once inside, Elbadry followed the victim into a bedroom, pushed her onto a bed and sexually assaulted her. The victim was able to ultimately get away, but she did not report the crime for a year. In 2015, the Sacramento Police Department was notified of the crime and began to investigate. When officers searched Elbadry's house, they found evidence linking him to the 2014 crime. The investigation also revealed that from 2003 to 2014, Elbadry was contacted by law enforcement six separate times after being accused of the same type of crime under similar circumstances. Elbadry had previously pled guilty to felony false imprisonment in 2003 and was sentenced to state prison.

Elbadry faces a maximum sentence of 8 years and 8 months in state prison. Sentencing is set for October 18, 2018, at 9:00 a.m. in Department 11 before the Honorable Trena Burger-Plavan.★

Slim Randles' HOME COUNTRY



“Don’t you just love this time of year?” said Doc. “Football season. Rodeo finals coming up soon. Time to go hunting. All that stuff.”

Windy Wilson sipped at his coffee. Oh good. Doc gave us another topic.

Don't You Just Love This Time of Year?

“Sports,” Windy said. “thems my putner fav-o-rite things ... well, ‘long with dogs ... and country musicals and that kinder thing.”

The guys at the philosophy counter of the Mule Barn truck stop grinned at Windy, who has yet to encounter a sentence or thought he couldn’t improve.

“So,” said Steve, the tall cowboy of the bunch, “what’s your favorite sport, Windy?”

“That’d have to be individuated sinchernized swimmin’ I think. Or mebbe them ribbons them little flippittly-floppity girls swing ‘round so it looks like they’re in trouble.”

“But Windy,” Doc put in, “those are girl events.”

“Yeah they are,” Windy said,

nodding. “But there’s somethin’ about ‘em, you know? Must be the cord-i-nation or somethin’.

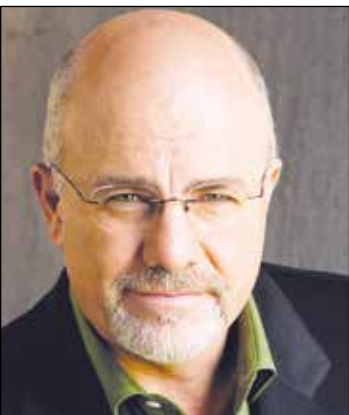
Anyhow, I like ‘em.”

“Always had a cowboy and hunting guide and camp cook figured for more manly sports, Windy. You know ... shooting, rodeo, football ...”

“Ahh... football! Why yessir, you definite hit on one of my pet sports. Love that there football. Why, at halftime them girls come out with their pommy poms and dance ‘round in shorty shorts ...”

I think we all get the picture, don’t you?

Brought to you by Home Country with Slim Randles, the radio show. Coming soon to a country music station near you. ★



Stick with the plan

Dear Dave,

I follow your advice and live on a budget, but it’s really hard to save up for a down payment on a house because property is so expensive here in New York. My family in Indiana says I should buy a cheap property there, then fix it up and sell it to get the money I need. I’m not sure how I feel about this idea. What do you think?

- Adam

Dear Adam,

I think you’d be smart to back away from their idea. Your family loves you and wants to help, but this is a bad plan. Fixing and flipping properties is a hands-on business. There’s no way I’d try something like that from 700 miles away. It would be a nightmare!

When you take on that kind of work you need to oversee every single step of the process. You’re also keeping an eye on the help you hire to make sure they’re doing things right. Think about this, too. You can’t just

Dave Says

find a house and expect to get a good deal. Professionals who flip houses for a living often look at dozens of different properties to buy just one. It’s not an easy way to make money, and it’s not something I would advise doing from a distance.

I know it can take a while to save up cash for a down payment on a home. But don’t let a case of house fever push you into making a bad financial decision. Have you considered getting a part-time job for a while to bring in some extra cash?

A house should be a blessing, not a burden. Trust me, waiting a while and saving up is a lot smarter than fixing and flipping houses three states away!

—Dave

Get a fresh start

Dear Dave,

I got laid off a couple of months ago, and I’m behind on the payments for a rental property. I found a full-time job recently, but it doesn’t provide enough income to cover my other bills and the mortgage on this property. The other day, I received an offer from someone who is willing to buy it for what’s owed on the property. I’m not sure that’s the best thing, because I owe \$70,000 and it’s

worth around \$150,000. What do you think?

- Travis

Dear Travis,

You’ve got one thing right. You definitely need to get rid of the rental property. I’m not sure I’d jump at the offer you just received, but if I were in your shoes I’d slash the price way below value and sell the place.

Right now you’re broke, and you’re still trying to play real estate investor. That’s not a good plan. I’d put a price tag of \$100,000 on it, so you can move it fast and still see some equity in the deal. But sell it today!

By doing this, you’ll have a nice chunk of cash in your pocket, and you can get something of a financial fresh start — one that includes living on a written, monthly budget and staying out of debt!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

EVENTS CALENDAR



Refugee Journey: Rescuing Lives

Date: 10-3-18
Time: 6:15pm
Place: 24 th Street Theater 2791 24 th Street Sac, CA 95818
Contact: <https://tinyurl.com/refugee-rescue>
Info: Join International Rescue Committee (IRC), Amnesty International and Doctors Without Borders for insights into today's world refugee emergency. The event starts at 6:15 with the short film Frontline Doctors: Winter Migrant Crisis, followed by a panel of experts to update on the current situation. The evening will continue with a snack and drink reception showcasing actions that individuals and groups can do to help.

SwinMasters Public Performance

Date: 10-14-18
Time: 7pm to 9pm
Place: Carmichael Elks Lodge 5631 Cypress Avenue Carmichael, CA 95608
Contact: 916-645-7867
Info: Celebrate early autumn with the SwingMasters Big Band at their upcoming performance/dance, Carmichael Elks Lodge, Sunday, October 14, 2018, 7-9 p.m. We'll trot forth some great songs from our 360-tune library to fill your head and lift your heart. And Rubi Lee, our wonderful vocalist, will put some delightful frosting on our musical cake. Some added plusses: free popcorn, some intriguing raffle prizes, and a great dance floor.

Sacramento International Horse Show

Date: 10-3-18 through 10-7-18
Time: Varies check website for specific times for events
Place: Murieta Equestrian Center 7200 Lone Pine Drive Rancho Murieta, CA 95683
Contact: 916-354-2119
Info: Get your tickets now for the Sacramento International Horse Show featuring Olympic gold medalists, World Cup qualifiers, celebrities and local jumpers competing for a spot in the Longines FEI Nations Cup Jumping Finals and for nearly \$200,000 in prize money. Tickets are available at www.ticketweb.com or at the Murieta Equestrian Center, (916) 354-2119.

Car Show

Date: 10-06-18
Time: 10:00am to 2:00pm
Place: Milagro Centre Parking Lot 6241 Fair Oaks Blvd Carmichael, CA 95608
Contact:
Info: As part of the Honorary Mayor campaign, candidate Kristen Garl of Express Employment Professionals is holding a car show with drag cars. This even is a fundraiser for the Chamber and The Playmakers, a non-profit supporting local at-risk youth.

Boos & Brews

Date: 10-26-18
Time: 8pm to 11pm
Place: Milagro Centre Parking Lot 6241 Fair Oaks Blvd Carmichael, CA 95608
Contact:

www.milagrocentre.com

Info: Come join the fun for this epic Halloween block party. Enjoy live music, drink & food specials, a costume contest, and a photo scavenger hunt. A portion of the proceeds to benefit the Love Harder Project.

Bella Vista Craft Fair

Date: 10-06-18
Place: Bella Vista High School 8301 Madison Ave Fair OAKS, CA 95628
Contact: 916-971-5062
Info: Bella Vista Arts & Craft Fair A Fair Oaks tradition since 1983 Saturday, October 6th, 2018 Bella Vista High School 8301 Madison Avenue, Fair Oaks Beautiful unique crafts from Northern California. Approx 200 crafters, artists and food vendors. Free admission.

“Howl O Ween” Parade and Harvest Festival

Date: 10-20-18
Time: 9:00am Parade and 10:00am Festival
Place: Parade on Auburn Blvd From Twin Oaks to Rusch Park. Festival is at Rusch Park 7801 Auburn Blvd Citrus Heights, CA 95610
Contact: 916-725-0198
Info: Come get your dog treats at this parade and Harvest Festival catered for dogs! Live performances, food, pet adoptions AND A CAR SHOW! Delicious Food Craft Fair Vendors Exciting Demonstrations Live Performances Citrus Heights PAL Car Show And much, much more!

PROMOTE YOUR EVENTS
CALL 916-773-1111

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999
P.O. Box 14, Carmichael, CA 95609

TRUSTEE SALE NOTICES

NOTICE OF TRUSTEE'S SALE Trustee Sale No. : 00000007471253 Title Order No.: 180143516 FHA/VA/PMI No.: 049-0484746703 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/06/2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 05/17/2017 as Book No. 20170517 and Page No. 0060 of official records in the office of the County Recorder of SACRAMENTO County, State of CALIFORNIA. EXECUTED BY: FRANCIS E NELSON, A SINGLE MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 10/23/2018 TIME OF SALE: 9:30 AM PLACE OF SALE: At the East Main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 3208 LAURELHURST DRIVE, RANCHO CORDOVA, CALIFORNIA 95670 APN#: 077-0141-001-0000 The undersigned

Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$272,471.48. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you

a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-758-8052 for information regarding the trustee's sale or visit this Internet Web site www.homesearch.com for information regarding the sale of this property, using the file number assigned to this case 00000007471253. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: XOME 800-758-8052 www.homesearch.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 09/10/2018 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4669685 09/21/2018, 09/28/2018, 10/05/2018 ASAP#4669685 180910 10-5-18

LEGAL ADS FOR SACRAMENTO COUNTY?
We Can Do That!
916-483-2299
Call to place your legal advertising
All Legal Ads Published by Messenger Publishing Group

The Two-Year Globalist War on President Trump



Commentary
Harold Pease, Ph. D

SACRAMENTO REGION, CA (MPG) - The most vicious elections in our history were that of Jefferson in 1800, Lincoln in 1860, Lyndon



Dare to Live Without Limits

by Bryan Golden

The Pitfalls of Pride

You should lead a life you can be proud of. This includes how you treat others and how you treat yourself, along with the examples you set. You can also be proud of accomplishments, proud of solving problems, or of overcoming obstacles. Other aspects worthy of pride include self-reliance and a standard of excellence.

Pride is an internal state of contentment. Pride is a feeling you have. It's not something you show off to impress others. Pride is not something you laud over others. True pride is not advertised. You don't need to show off to others what you have done or how much you have.

The pitfalls of pride begin with arrogance. When pride leads to being full of yourself, it becomes a negative. Pride does not make you better than someone else. Pride does not confer more privilege or status. All people are equal.

Thinking you know what is best for others is another pitfall. Someone with this frame of mind seeks to impose their beliefs and values. They think they have all of the answers everyone else needs.

Just because you may have discovered a strategy for success which works for you does not mean it is appropriate for someone

Johnson in 1964, Ronald Reagan in 1980, but none of these were more contentious than that of Donald Trump in 2016 who was opposed by both political parties. "Never Trumpers" (mostly Republicans) did not resort to street riots but "Not my President" (mostly Democrats) did following his election in many cities throughout the land.

In 2016, Most Americans knew that something was wrong—really wrong. Independents, those refusing to align Democrat or Republican, were about 40%—stronger than either party. Most Americans felt lied to by both parties and the media. Most Republicans felt betrayed when they elected politicians to restore the Constitution and the

economy and these same politicians appeared to join the other side as soon as they arrived in Washington D.C. Many had wondered the value of their vote outside "the lesser of two evils" philosophy.

Enter Donald Trump who mostly said what others were afraid to say, beginning with illegal immigration. Our Mexican friends have indeed invaded our country and taken, not just the jobs Americans did not want, but the ones they did want as well. They entered every field and their illegal children, being bilingual, are now favored in most other jobs. When politicians say they will build a fence to help preserve American jobs almost no one believed them. Trump was

is learning from the success and failure of others. This is why experience is not the best teacher, someone else's experience is.

Always be willing to assist others with advice when asked. Never be condescending. Share your knowledge with the disclaimer, "this is what worked for me and this is what didn't." Actually, more is learned from failed attempts than when things go as planned. This is why the best sailors are those who have the most experience with adverse conditions.

Pride becomes arrogance when you believe you have all the answers. You then proceed to tell other people what action is necessary for them to solve their problems. Pride remains a positive when it is combined with humility.

It's easy to avoid the pitfalls of pride. Have a standard of excellence. Strive to behave in a manner you are proud of. Treat others with courtesy, dignity, and respect. When asked, share your experiences in order to be of assistance. Live and let live.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2014 Bryan Golden. ★

a builder, building magnificent structures, and was believed.

Simply put, the media, the establishment, and the political parties had lost their credibility. The more the establishment or media ganged-up on Trump the more his following grew. He even identified the establishment media as "fake news." His bravado was somewhat refreshing from the Bush's, Clinton's, Boehner's and McConnell's "no real change" rhetoric.

The establishment opposition to Trump certified another factor in his favor. He was not one of them. He would not be controlled by them, as were his predecessors from both parties. Nor did any special interest group control him. This may have been the first time in 120 years that this was so. Only the Constitution should guide and restrain him—the moneyed establishment.

Another factor in his favor, also not mentioned by the press, was that most Americans believed that the economy was on a crash course. No country can long endure when more money is spent than taken in. No candidate understood the economy better than Trump, having worked successfully with it for decades. He had the most incentive to get it back to a sound base more than any other candidate, or even you or I; we lose hundreds when it blows, he loses billions.

The Trump phenomenon was essentially a rebellion against the establishment by a population

tired of being manipulated every four years into staying on the road to bankruptcy with the same failed internationalist foreign policy presented by establishment candidates of both parties.

The establishment media attempted to show candidate Donald Trump as, a joke—certainly not a serious candidate, not a real conservative, a flip-flopper on the issues, anti-women, anti-immigration, insulting to everyone, least likely to beat Hillary Clinton, only attractive to white males, and not in touch with reality and more.

What was very different from previous brutal elections where such rhetoric ended after the election, was that, for Trump, it never ended—indeed it amplified his first two years in the White House. Opponent sympathizers largely financed by CFR member George Sores, took to the streets before the inauguration with signs "Not my president" while Republican opponents joined the "Never Trump" movement.

The intelligence community with Obama Administration hold-overs, now referred to as the Deep State, targeted a duly elected president with what is now known as the "Russia Hoax." Finding no evidence of Russia/Trump collusion after a two year Special Council Mueller probe; all in an effort to impeach their hated president as a traitor. CFR member and Obama CIA Director, John Brennan had called Trump a traitor. This while completely

ignoring, even covering up, a real Russian/Clinton collusion story and the Russian Uranium One deal giving Russia 20% of America's uranium profiting the Clintons by millions. This, with the bleach-bitted 35,000 Hillary Clinton emails so attesting to this deal, many of which were classified documents sent over her unsecured server.

While the Deep State fabricated collusion was ongoing the establishment press worked at getting Trump Administration personnel to turn on their boss from within, through anonymous sources showing Trump unfit for office. They hoped to "prove" incompetence, and thus exercise the 25th Amendment to remove him from office. But the Trump staff held firm.

Excepting Lincoln, no president should fear an assassination attempt more than Trump and many still fear that end; he is so hated by the establishment. Why? Because For over a hundred years, since William McKinley they, with the help of the media that they came to largely own, have propelled into power politicians sympathetic to their globalist interests in both parties so that their interests got attention no matter which of their two political parties, Democrat or Republican, got elected. Control of foreign policy was never out of their hands. They want "their" White House back regardless of what they have to do to obtain it. ★

STATEPOINT CROSSWORD • MARINE LIFE

CLUES

- ACROSS
1. Capital of Tunisia
6. Gumshoe
9. "____, over here"
13. #18 Across, alt. sp.
14. Busy one
15. Misrepresent
16. "____ One" on a ticket
17. ____ mode
18. Become hardened to
19. *Pinching crustacean
21. *SquarePants
23. *Female #19 Across
24. Frigid shipping hazard
25. Medicinal baths locale
26. Microsoft browser
30. Peter of Peter, Paul and Mary
35. Stay out of its way!
37. Like word of mouth
39. Truth, in the olden days
40. American Society for Clinical Investigation
41. *a.k.a. solvent of life
43. Title for Turkish leader
44. Woodwind mouthpieces
46. Large, prefix
47. Alexander Hamilton vs. Aaron Burr, e.g.
48. Alaskan archipelago
50. Agitate
52. Before, in verse
53. Fire starter, in a pinch
55. Lamb serving
57. *Star of Raffi's song
60. *Where ocean meets river
64. Not a trick
65. Boozehound
67. It is best not mentioned
68. Eagle's nest
69. Grass bristle
70. Japan to U.S. in WW2
71. Gwyneth, for short
72. Actress ____ Thompson
73. Official state sport of Wyoming

DOWN

1. *Ocean color, bluish green
2. Ctrl + Z
3. Like after a novocaine shot
4. March marchers
5. Parlor piece
6. Alpine transport
7. *Snake-like fish
8. ____-fire
9. Teller's partner
10. Terrestrial gastropod
11. Make children
12. Kickoff prop
15. Methane
20. Furnish with a fund
22. Be nosy
24. *"Egg ____," egg substitute
25. *Thresher ____
26. Promenade in Spain
27. Formed a curve
29. SI unit of mass
31. Beatles' "Abbey ____"
32. "____ One: A Star Wars Story"
33. Not the same one
34. *Giant mammal
36. Calif-length skirt
38. Toy block
42. Train runners
45. *Yes, Sir! gesture
49. Party barrel
51. It's "sealed with a kiss"
54. Like allergy spray
56. *Excrement of sea birds
57. Tea or beer
58. Strange and spooky
59. Been in bed
60. Volcano in Sicily
61. Tucked in
62. Capital of boot-shaped country
63. Walk-the-dog toy
64. "You're it" game
66. Be obliged

IN THE CIRCUIT COURT OF MORGAN COUNTY, ALABAMA

RHYM JACQUELINE DENISE, PLAINTIFF V. RHYM CEDRIC ALLEN, DEFENDANT
CASE NO: DR-2018-000194.00
NOTICE OF DIVORCE

Cedric Allen Rhym, whose whereabouts is unknown, must answer Jacqueline Denise Rhym's petition for divorce and other relief by October 26, 2018, or, thereafter, a judgment by default may be rendered against him in Case No. DR-2018-000194.00, Circuit Court of Morgan County. Done the 15th day of August 2018. Chris Priest, Morgan County Circuit Clerk 9-28-18

Lien Sale

Vehicle Identification No: WDBCA25DOKA464676
Year: 1989
Make: MERCEDES
Model: 300 SER
License: 4KHU898
Sale Date: 10/15/2018 at 9:00 am
Vehicle Location: A1 TOWING CUCAMONGA 7825 Cucamonga Ave. Sacramento, CA 95826 Publish Sept. 28, 2018

Lien Sale

Vehicle Identification No: WDBRN47J82A352589
Year: 2002
Make: MERCEDES
Model: C230
License: 5MTS280
Sale Date: 10/15/2018 at 9:00 am
Vehicle Location: A1 TOWING CUCAMONGA 7825 Cucamonga Ave. Sacramento, CA 95826 Publish Sept. 28, 2018

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969
Legal Advertising Hotline 916-483-2299 Legal Advertising
Legal Advertising Fax 916-773-2999 P.O. Box 14, Carmichael, CA 95609

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY FRANCES STEVENS, AKA MARY F. STEVENS, AKA MARY STEVENS AKA MARY STEVENS

CASE No. 34-2018-00238211

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Mary Frances Stevens, aka Mary F. Stevens, aka Mary Stevens aka Mary Stevens. A Petition for Probate has been filed by Billy Joe Stevens in the Superior Court of California, County of Sacramento, requesting Billy Joe Stevens, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows October 23, 2018 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request

for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Billy Joe Stevens 7913 Sandridge Way Citrus Heights, CA 95621 916-871-8883 Publish: September 14, 21, and 28, 2018 STEVENS 170622 9-28-18

PUBLIC NOTICE

Teresa Plunkett Your lawyer in this case (if you have one): Name: Brian R. Chavez-Ochoa State Bar No: 190289 FirmName:Chavez-OchoaLawOffices,Inc Address: (If you have a lawyer for this case, give your lawyer's information. If you do not have a lawyer and want to keep your home address private, give a different mailing address instead. You do not have to give your telephone, fax, or e-mail): Address: 4 Jean Street, Suite 4 City: Valley Springs, State: CA, Zip: 95252 Telephone: (209) 772-3013 Fax: (209)772-3090

NOTICE OF HEARING

NOTICE OF HEARING REGARDING PROPOSED ADOPTION OF A DEVELOPER FEE STUDY AND THE INCREASE OF THE STATUTORY SCHOOL FEE

NOTICE IS HEREBY GIVEN that the Governing Board of the San Juan Unified School District will hold a hearing and consider input from the public on the proposed adoption of a Developer Fee Justification Study for the District and an increase in the statutory school facility fee ("Level I Fee") on new residential and commercial/industrial developments as approved by the State Allocation Board on January 24, 2018. The adoption of the Study and the increase of the Level I Fee are necessary to fund the construction of needed school facilities to accommodate students due to development.

Members of the public are invited to comment in writing, on or before October 9, 2018, or appear in person at the hearing at 6:30 PM on October 9, 2018, at the following location:

San Juan Unified School District Board Room: 3738 Walnut Avenue, Carmichael, CA 95608

Materials regarding the Study and the Level I Fee are on file and are available for public review at 5320 Hemlock Street, Sacramento, CA 95841.

Dated: September 21, 2018

TV

GUIDE

MAGAZINE

CHEERS & JEERS

by Damian Holbrook

Jeers to The Young And the Restless
for giving a standout vet the ol' heave-ho. After 40 years as Genoa City's bad boy-gone-good Paul Williams, Emmy- winner Doug Davidson has been shown the door in what we can only imagine is the worst twist a soap opera has ever thrown it's life-long fans.

Jeers to Bachelor in Paradise's
beachfront disasters. Leo threw a hissy after losing Kendall to Grocery Joe, ego-beast Jordan (pictured) trashed two female contestants for laughing at his antics and serial dater Annaliese fell in love at the opening of a date card. These people don't need Paradise. They need therapy.

Cheers to Netflix's Magic For Humans
for enchanting us. Like the oddly well-adjusted love child of David Blaine and Billy Eichner, street magician Justin Willman's best trick is making our skepticism vanish during six mind-blowing episodes of comedy and conjuring.

Cheers to Stand Up to Cancer
for breaking down boundaries. More than 65 networks and streaming outlets united for a joint telecast of the biennial fundraising event, featuring everyone from Bradley Cooper and Katie Couric to Keith Urban and Reese Witherspoon (pictured). Not too shabby at all.



More than 65 networks and streaming outlets united for a joint telecast of the biennial fundraising event including Reese Witherspoon (pictured).

ASK

MATT

BY MATT ROUSH TV Guide Senior Critic

SINCE WHEN CAN YOU SAY THE "F" WORD ON TV?
Question: My husband and I were watching an episode of Season 2 of *The Sinner* on USA and the naughty "F" word was said 2 or 3 times in a scene. Since when is it OK to use that word on a network channel?
—Natalie
Matt Roush: The lines are blurrier nowadays, but USA is a cable network, and not subject to

the content restrictions that still more or less apply to the broadcast networks. Even so, it hasn't been that long since networks like FX or AMC (reliable envelope pushers) would edit out or mask the hardest of profanities, but now it's fairly common. It was especially noticeable this summer on Paramount Network's *Yellowstone*, a show about which I fielded many complaints about the excessive foul

language— maybe not on the level of *Deadwood*, but enough to rattle a number of Western fans hoping for something a little less dark and profane.
Question: *The Orville* is the cleverest send-up of and homage to Star Trek. Is it coming back?
—EBP
Matt Roush: I wish I had a better sense if this show was a send-up or an homage, but yes, while it's not on the fall schedule, *The Orville* will be back by midseason. There are reports it will premiere on Dec. 30 and resume its Thursday night operations in January when football season is over.
To submit questions to TV Critic Matt Roush, go to: twin-sider.com

KP

International MARKET

FOOD COURT NOW OPEN

10971 Olson Drive • Rancho Cordova, CA 95670 • 916.853.8000

PRICES EFFECTIVE SEPTEMBER 26 - OCTOBER 2, 2018

26 27 28 29 30 1 2

kpinternationalmarket.com

[/kpinternational](https://www.facebook.com/kpinternational)

[@kpinternational](https://www.instagram.com/kpinternational)

GREAT DEAL

Beef Ribeye Steak - Bnls
Filete de Chuletón de Ternera

\$4.99 /lb

Pork St. Louis Ribs Single Pack
Costillas de San Luis

\$2.39 /lb

Beef Rump/Bottom Round Roast
Pulpa Contra en Trozo sin Hueso

\$2.69 /lb

Ribeye Roast

\$4.79 /lb

Boneless & Skinless Chicken Breasts
Pechuga de Pollo Deshuesada y sin Piel

\$1.29 /lb

Beef Cow/Ox Feet
Pies de Vaca

99¢ /lb

Pork Loin Chops Bone-In
Chuletas de Cerdo con Hueso

\$1.29 /lb

Beef Bottom Round Steak - Boneless
Pulpa Contra en Bistek sin Hueso

\$2.99 /lb

Lamb Shoulder Chops

\$9.99/lb

Lamb Arm Shoulder Chops

\$9.99/lb

Lamb Rib Chops

\$21.99/lb

Lamb Loin Chops

\$14.99/lb

Lamb Leg Steaks

\$10.99/lb

Lamb Filets

\$5.49/lb

Boneless Lamb Flanks

\$7.99/lb

Boneless Lamb Stew

\$9.99/lb

Hind Lamb Shanks

\$4.69/lb

Short Cut Lamb Leg

\$5.99/lb

Lamb Neck Stew

\$3.99/lb

Ground Lamb

\$7.99/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 26 - OCTOBER 2, 2018.

KARAOKE SPECIAL

\$1 FOR 6 PEOPLE \$66.00

3 Hours Karaoke • Pizza • Pitcher Soda • 2 Main Dishes (Small Room) (Up to 3 pitchers) (10 Dishes To Choose From)

\$2 FOR 8 PEOPLE \$88.00

3 Hours Karaoke • Pizza • Pitcher Soda • 3 Main Dishes (Medium Room) (Up to 4 pitchers) (10 Dishes To Choose From)

\$3 FOR 14 PEOPLE \$154.00

3 Hours Karaoke • 2 Pizzas • Pitcher Soda • 5 Main Dishes (Family Room) (Up to 7 pitchers) (10 Dishes To Choose From)

\$4 FOR 18 PEOPLE \$228.00

3 Hours Karaoke • 3 Pizzas • Pitcher Soda • 7 Main Dishes (Large Room) (Up to 9 pitchers) (10 Dishes To Choose From)

Sun-Thu Come before 6pm (Valid Time)

Fri-Sat Come before 5pm (Valid Time)

\$5 FOR 28 PEOPLE \$299.00

3 Hours Karaoke • 3 Pizzas • Pitcher Soda • Fruit • 9 Main Dishes (Party Room) (14 inch) (Up to 12 pitchers) (Assorted) (10 Dishes To Choose From)

10 DISHES TO CHOOSE FROM (DIPS SAUCE \$1)

OPEN 7 DAYS A WEEK:

Mon-Thu 4PM-12AM / Fri-Sat 2PM-12AM / Sun 2PM-12AM

10947 OLSON DRIVE, RANCHO CORDOVA, CA 95670

916-853-2006 • WWW.KP-KARAOKE.COM

GET A GREAT DEAL!

weekly tv

America's most complete TV listings magazine

just 75¢ per issue!

Localized TV and cable listings for the Greater California area

Daily best bets & sports section

A-Z movie guide & network news

Q & A with your favorite celebrities

Puzzles, games, trivia, soaps and horoscopes

WOW 81% OFF* FOR MESSENGER PUBLISHING GROUP READERS

The Ultimate Guide To What's On TV

ordering is easy!

1-877-580-4817

tvweekly.com or subscribe by mail

YES! Sign me up for 13 issues for only \$9.75!

Just 75¢ per issue! ORDER TODAY

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Option #1

Pay by check or money order Make check or money order out to: **TV Weekly**

Option #2 Charge my credit card Credit Card # _____

☐ Visa ☐ MC ☐ Discover ☐ AmEx Exp. Date: _____

Mail payment with coupon to: **TV Weekly magazine**
213 Park Drive
Troy MI 48083

Allow 4-6 weeks for delivery of your first issue. TWCP

*the cover price

FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Key Limes
2 lb Bag

1.99

Yellow Peaches

89¢

Mexican Green Onions

2/\$1

Granny Smith Apples

69¢

Carrots
1 lb Bag

2/\$1

Chayote Squash

59¢

Red Leaf Lettuce

69¢

American Eggplant

79¢

Young Thai Coconut
9 ct

1.99

Peeled Garlic
5 lb Bag

7.99

Korean Pear
8 ct

2.49

Tomatoes

69¢

AMERICAN/HISPANIC GROCERY

\$9.99

\$1.49

\$6.99

\$3.99

\$9.99

ASIAN GROCERY

\$2.99

\$2.99

\$3.99

\$3.99

\$3.99

EUROPEAN GROCERY

\$1.99

\$3.29

\$3.99

\$6.99

\$1.99

KOREAN/JAPANESE GROCERY

20.99

4.99

3.99

2.99

1.99

HOUSEWARES

\$399.99

\$449.99

\$479.99

\$109.99

\$19.99

FROZEN DEPARTMENT

\$2.99

\$13.99

\$2.99

\$6.99

\$6.99

EUROPEAN DELI

\$6.99

\$6.99

\$6.99

\$4.99

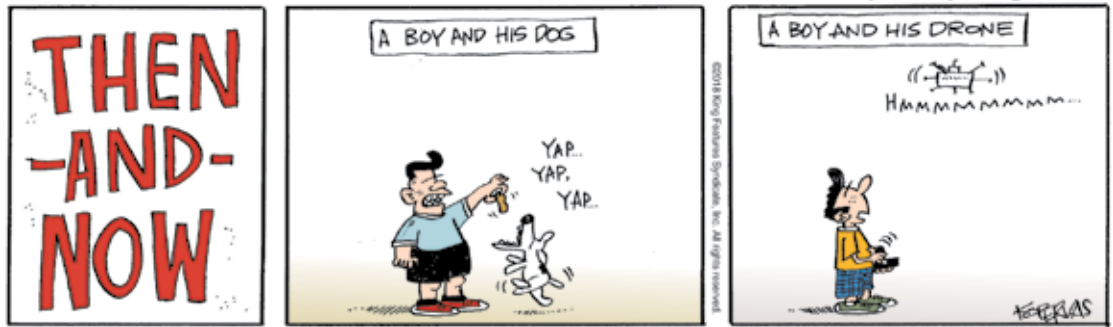
\$4.99

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 26 - OCTOBER 2, 2018.

Amber Waves



Out on a Limb



R.F.D.



GRIN and BEAR IT



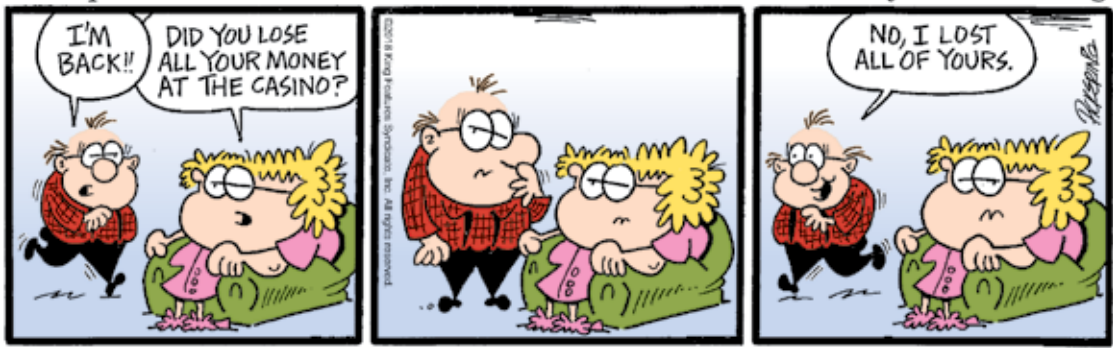
"Speaking as a seasoned shopper, I am humbled by Congress' ability to

LAFF-A-DAY

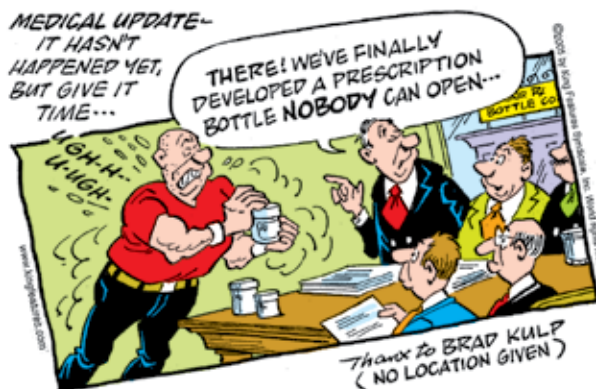


"It's very therapeutic for her. She works at the public library!"

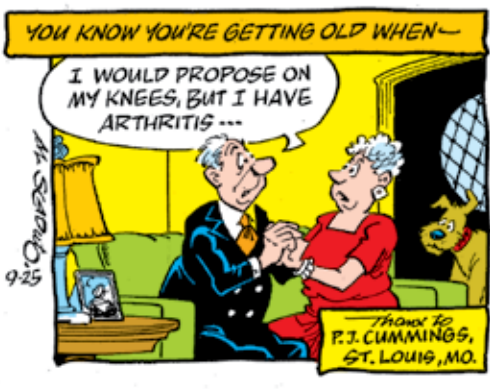
The Spats



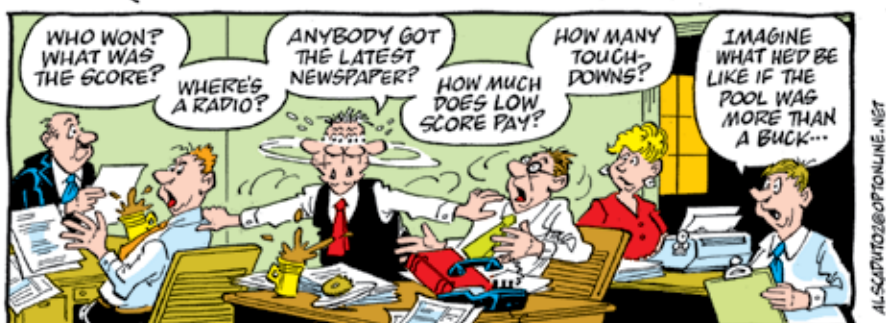
THEY'LL DO IT EVERY TIME



BY AL SCADUTO



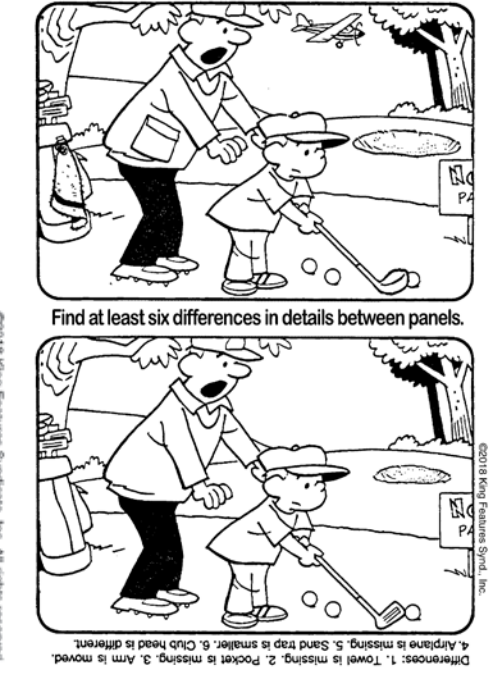
OFFICE PESTS WE CAN DO WITHOUT—THE NERD WHO COULD NEVER GET INTERESTED IN FOOTBALL TAKES A CHANCE IN THE OFFICE FOOTBALL POOL... AND LOOK AT HIM NOW...



Just Like Cats & Dogs



HOCUS-FOCUS



Union Gospel Mission Sacramento

SAVING LIVES AND SOULS SINCE 1982

400 BANNON STREET SACRAMENTO, CA 95811

(916) 447-3268

UGMSAC.COM

WE ACCEPT DONATIONS!
7 Days a week
8am - 8pm

(916) 447-3268

400 Bannan Street • Sacramento, CA 95811

Listen to "Voices from the Streets" on KFIA 710 AM, Sun at 2 pm, Mon at 3 pm
For Mission Updates, go to UGMSAC.COM and Facebook.com/ugmsac

Independent Living • Assisted Living • Memory Care

Golden Pond

SENIOR LIVING

◆ 3415 Mayhew Road Sacramento, CA 95827 ◆

ENRICHING THE LIVES OF SENIORS THROUGH ENGAGING ACTIVITIES!!

Staying socially active can benefit seniors in many ways!!

- Enhanced Mental Health
- Improved Physical Health
- Better Self Esteem
- Increased Cognitive Functioning
- Sense of Belonging/Purpose
- All Day-Every Day Activies

Contact us today for more information on Golden Pond Senior Living and our Life Enrichment Programs designed to combat social isolation.

916.369.8967

RCFE #347000985

Sacramento Fine Arts Center

galleries • classes • gift shop

Ends September 30:

WASH's "Go With the Flow" Watercolor Exhibit

Bold Expressions

NCA'S Open International Exhibit - October 2-30

Tuesday 11am-7pm. Wed-Fri 11am-3pm,
Open Saturday and Sunday 11am-5pm

5330-B Gibbons Dr. Carmichael, CA 95608

916-971-3713 • www.sacfinearts.org

Golden Pond

SENIOR LIVING

◆ 3415 Mayhew Road Sacramento, CA 95827 ◆

ENRICHING THE LIVES OF SENIORS THROUGH ENGAGING ACTIVITIES!!

Staying socially active can benefit seniors in many ways!!

- Enhanced Mental Health
- Improved Physical Health
- Better Self Esteem
- Increased Cognitive Functioning
- Sense of Belonging/Purpose
- All Day-Every Day Activies

Contact us today for more information on Golden Pond Senior Living and our Life Enrichment Programs designed to combat social isolation.

916.369.8967

RCFE #347000985



HOPE Counseling Center & River City Brewing Company Present:

2nd Annual HOPS For HOPE OCT 4, 2018

6:30pm - 8:30pm

**ENJOY DRINKS AND APPETIZERS AT
RIVER CITY BREWING COMPANY - MILAGRO CENTRE**

6241 FAIR OAKS BLVD CARMICHAEL, CA 95608

**TICKETS \$40 INCLUDES
APPETIZERS AND 2 DRINK TICKETS**

PURCHASE TICKETS:

Online at: WWW.HOPE-COUNSELINGCENTER.ORG

Email: INFO@HOPE-COUNSELINGCENTER.ORG

or call: **916.780.1059**

HOPE Counseling Center is a 501(c) 3 non-profit counseling center
Your donations help us continue to offer affordable counseling to the community

If you cannot make the event but want to donate please let us know by calling
916.780.1059 or email info@hope-counselingcenter.org

Circus Vargas: The Big One is Back!

Preserving an American Tradition Like No Other



For Circus Vargas performance dates, times and to purchase tickets, visit www.circusvargas.com.

SACRAMENTO REGION, CA (MPG)

- The Big One is Back! Circus Vargas Delivers the Ultimate Entertainment Extravaganza for 2018! Debuting their latest, new and amazing animal-free production in Citrus Heights, the much-anticipated tour is underway and runs through October 14 with stops in Roseville and Folsom!

Always fun for the entire family, Circus Vargas' incredible new production highlights an amazing cast of world renowned performers! Death-Defying Acrobats, Daredevils, Flying Trapeze Artists, Jugglers, Contortionists, Comedians, Clowns, Motorcycles and much, much, more!

Get ready to unleash your imagination and discover a world of pure circus magic and wonderment under the Big Top, where memories are made and cherished for a lifetime!

Join us for a swashbuckling circus spectacular, with this year's theme "Dreaming of Pirates!" A fantastic voyage of nonstop action and adventure guaranteed to thrill and enchant children of all ages! Prepare to witness the impossible and experience the unforgettable!

Circus Vargas' Dreaming of Pirates... A true circus treasure!

Arrive 45 minutes early for an entertaining, interactive pre-show celebration, where kids can create their own magic under the big top, learning

circus skills such as juggling, balancing and more! Meet and mingle with the entire cast after each performance. Capture the fun by posing for pics or selfies with your favorite cast members, all part of an unforgettable Circus Vargas experience!

Ticket Information: General admission tickets start at \$15 for children and \$25 for adults.

For Circus Vargas performance dates, times and to purchase tickets, visit www.circusvargas.com, call 877-GOTFUN-1 (877-468-3861) or visit the box office at each location. Follow Circus Vargas on Facebook and Twitter for updates, discounts and behind the scenes video. ★

Fair Oaks EcoHousing A Family-Friendly Green Neighborhood

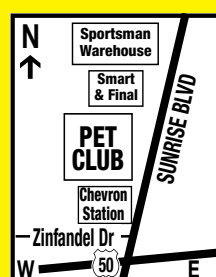
- Safe and Supportive Community for People of All Ages
- Close to Fair Oaks Village
- Large Clubhouse and Gardens
- 30 Townhomes and Flats

Join us for a
monthly site tour

For more information, visit
FairOaksEcoHousing.org

**Look for Advertised Sale Items Everyweek at
www.petclubstores.com**

PET CLUB
FOOD AND SUPPLIES
EVERYDAY LOW PRICES
Super Discount Prices* Hot Specials & Coupons
(No Membership Fees)
We Only Accept ATM, Cash, & Checks



2344 Sunrise Blvd.
Rancho Cordova, CA
916-635-5008

Mon-Fri 9-8,
SAT 9-7, SUN 10-7
Effective 9/26/18 - 10/2/18



PET CLUB is Excited to Offer: Blue Buffalo, Chicken Soup, Earth Born, Evo, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods

BLUE BUFFALO
DRY DOG FOOD
•Chicken (Reg. \$11.00 Off) 30 Lb Bag
•Chicken (Large Breed) •Fish & Sweet Potato (Reg & Lrg Breed) •Puppy (Reg & Lrg Breed)
•Senior (Reg & Lrg Breed)
•Lamb & Rice
•Healthy Weight
\$8 OFF
Our Regular Low Prices!
Effective 9/26/18 - 10/2/18

FRISKIES BUFFET
CANNED CAT FOOD
5.5 Oz
All Varieties
4/\$1.89
Limit 2 Cases Per Family
Effective 9/26/18 - 10/2/18

NATURAL BALANCE
ULTRA-PREMIUM
DRY DOG FOOD
•Potato & Duck, 26 Lb
•Reduced Calorie, 28 Lb
•Regular, 30 Lb
\$5 OFF
Our Super Low Prices
Limit 2 Bags Per Family
Effective 9/26/18 - 10/2/18

FUSSIE CAT
PREMIUM
CANNED CAT FOOD
Black Label 2.8 Oz
Gold Label 2.8 Oz. 20/\$14.00
20/\$13.00
Limit 2 Cases Per Family
Effective 9/26/18 - 10/2/18

MERRICK'S
GRAIN FREE
DRY DOG FOOD
•Chicken/Sweet Potato •Duck/Sweet Potato •Buffalo/Beef/Sweet Potato •Salmon/Sweet Potato •Venison/Chick Peas
\$10 OFF
OUR REGULAR LOW PRICE!
Limit 2 Bags
Effective 9/26/18 - 10/2/18

TIDY CATS
SCOOPABLE
CAT LITTER
20 Lb Jug
•Regular
•Unscented
\$6.99
Limit 2 Jugs Per Family
Effective 9/26/18 - 10/2/18

PURINA
KIT N' KABOODLE
DRY CAT FOOD
16 Lb Bag
\$9.49
Limit 2 Bags Per Family
Effective 9/26/18 - 10/2/18

HI-COUNTRY
WILD BIRD SEED
20 Lb Bag
(Kaytee, 20 Lbs - \$8.99)
(Audubon Friends, 20 Lbs - \$4.99)
\$4.99
Limit 2 Bags Per Family
Effective 9/26/18 - 10/2/18

CANIDAE DRY DOG FOOD **\$8 OFF**
FOR ALL LIFE STAGES
•Multi Protein (30 Lb & 44 Lb) •Chicken Meal & Rice
•Lamb Meal & Rice •Less Active 30 Lb Bag Limit 2 Bags
WELLNESS CANNED CAT FOOD Full Case
All Varieties except Signature & Core
5.5 Oz Limit 1 Case **20% OFF**
OUR REGULAR LOW PRICES
KAL KAN CESAR SELECT DINNERS DOG FOOD
All Varieties
3.5 Oz Limit 2 Cases **69¢**
3 FREE Core Dog Food 12 Oz Can With Each Purchase
CORE GRAIN FREE DRY DOG FOOD 22-24 Lb Bag
Original **\$55.99** •Ocean •Reduced Fat **\$59.99**

MERRICK'S GOURMET CANNED DOG FOOD **On Sale**
13.2 Oz All Varieties Limit 2 cases
PESTELL CLUMPING CAT LITTER **\$8.99**
40 Lb. Bag Limit 2 Bags
FRESH STEP CAT LITTER **\$6.49**
21 Lb Bag (14 Lb Bag - \$4.49) Limit 2 Bags
OKOCAT CLUMPING WOOD LITTER **\$3.00 OFF**
•Regular •Soft Step 11-13 Lb **\$4.00 OFF**
Dust Free Natural Paper 12.3 Lb **\$4.00 OFF**
OUR SUPER LOW PRICES

EVERCLEAN PREMIUM CAT LITTER **\$11.99**
•ES Unscented •US Ever Fresh •Light Weight 22 Lb. 25 Lb. Box Limit 2 Boxes
WHISKAS DRY CAT FOOD **\$9.99**
With Savory Nuggets 15 Lb Bag Limit 2 Bags Per Family
WELLNESS DRY DOG FOOD (3 Free Wellness 12.5 Oz Can Dog Food w/ Each Purchase)
30 Lb Bag Limit 2 Bags •Chicken •Healthy Weight •Grain Free Lamb •Grain Free Adult •White Fish **\$49.99** **\$53.99**
WELLNESS DRY CAT FOOD **\$28.99**
•Chicken (12 Lb) •Indoor (12 Lb) •Healthy Weight (11.5 Lb) •Salmon (12 Lb) (3 Free Wellness Cat Can 5.5 Oz With Each Purchase)

ADVANTAGE FLEA CONTROL & TREATMENT **\$4.00 OFF**
Dog Small (Green) Dog Extra Large (Blue)
Dog Medium (Teal) Cat Small (Orange)
Dog Large (Red) Cat Large (Purple)
Limit 2 Family. Cannot be combined with any other offer
DINGO DOG SNACKS **20% OFF**
Made with Real Chicken
•Mini Bone •Dynostix •Medium Bone •Dental Sticks •Twist Stick •Goof Balls
OUR SUPER LOW PRICES
FELINE GREENIES CAT TREATS **\$1.99**
(Including Small Bites)
BODY GEAR MATS & PADS **20% OFF**
All Sizes
OUR SUPER LOW PRICES
EARTH-RATED WASTE PICK UP BAGS **20% OFF**
•Unscented •Lavender Scent •Standard •Handle
OUR SUPER LOW PRICES

MARINELAND POWER FILTER SALE
MODEL TANK SIZE
PENGUIN 100B20 Gal. **\$17.99**
PENGUIN 150B30 Gal. **\$24.99**
PENGUIN 200B50 Gal. **\$29.99**
PENGUIN 350B75 Gal. **\$39.99**
TETRA BOXED 10 GALLON TANK With Economy Kit **\$36.99**
Just Add Heater For Tropical Fish Limit 1 Per Family
KORDON WATER CONDITIONERS
Amquel 16 Oz**\$6.49**
Amquel Plus 16 Oz**\$6.49**
Novaqua Plus 16 Oz**\$6.49**
REEF CRYSTALS 50 Gal. Salt Mix **\$14.99**

BONUS COUPON
JONNY CAT PREMIUM CAT LITTER **\$1.59**
10 Lb Bag
Limit 2 Bags With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 9/26/18 - 10/2/18

BONUS COUPON
WHISKAS TEMPTATIONS CAT TREATS **\$1.19**
•All Varieties 3 Oz.
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 9/26/18 - 10/2/18

BONUS COUPON
FANCY FEAST GOURMET CANNED CAT FOOD **55¢**
All Varieties except Elegant Medleys - 3 Oz
Limit 1 Case Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 9/26/18 - 10/2/18

RANCHO SPORTS

Tough Stuff Yet Again for Cordova



Raymond Fite carries the ball for the Lancers. The senior finished with 43 yards.

Story by Daniel Mano
Photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) - Wrapping up its non-league schedule with a third straight late defeat left the Cordova High School football team a bit baffled. The Lancers lost 26-23 to the Oakmont on Sept. 21 despite holding an 11-point lead with three minutes remaining.

“We battle. We just need to learn how to finish the game,” Cordova head coach John McCoy said. “I wouldn’t trade our kids for anything in the world. They have heart – and you can see it at the end of the game, how devastated they were.”

Oakmont rode a bad snap on a potential punt and a late interception to upend Cordova.

Johnele Sanders went 13 for 17 passing with 200 yards and three touchdowns, plus a score

on the ground. His leading receiver was Jeremiah Bankett, who caught three passes for 100 yards and two touchdowns.

After Oakmont opened the game with an eight-play scoring drive, Sanders put Cordova on the board. The quarterback fooled a defender with a hitch-step and sliced up the middle for a 32-yard touchdown. On the nine-play scoring drive, he connected with Raymond Fite twice, a diving Alvin Banks and Mark Withers.

After forcing a three-and-out Cordova struck again — and quickly. Five plays was all the Lancers needed to take the lead.

Kenneth Brown snagged a 21-yard pass to get Cordova into Oakmont territory. Banks capped the drive with a leaping 26-yard touchdown catch on a fade route for a 13-8 advantage.

The ensuing Oakmont drive



Cordova’s defense has battled through adversity this season.

petered out largely because of a sack by Kelton Stevens, who sprinted around the left side and surprised the quarterback.

Marbin Sanchez and Jaylen Jones also stood out on defense in the defeat.

Cordova’s run game set up its next score, accounting for three first downs. Sanders then

lofted a 41-yard pass to Bankett, who tip-toed just in-bounds before the pylon to make it 19-8 Lancers late in the first half.

Cordova countered another Oakmont touchdown with a 55-yard scoring catch by Bankett.

However, the Vikings scored twice in the last three minutes to beat Cordova.

“Based on the league we’re going into, we took a very hard preseason,” McCoy said. “Now we’re battle-tested.”

The Lancers (1-5) hit the road next to take on the Johnson Warriors (3-3) on Friday, September 28. Kickoff is set for 7:15. ★

Cordova Lancers Varsity 2018 Football Schedule

9/28 - 7:15p @ Johnson (Sacramento, CA) Location: Johnson High School	10/19 - 7:15p Natomas (Sacramento, CA) Location: Cordova High School
10/5 - 7:15p Florin (Sacramento, CA) Location: Cordova High School	10/26 - 7:15p @ Valley (Sacramento, CA) Location: Valley High School

Camaraderie Clear Among Lancers



The Lancers host the Valley Vikings in their next home game on October 2 at 6 p.m.

Story by Daniel Mano
Photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) - Smiles on the faces of the Cordova High School varsity girls volleyball team didn’t fade despite difficulty defending West Campus in a Golden Empire League loss September 20.

“Their attitudes tonight were amazing,” Cordova coach Kristen Endean said after the 25-9, 25-13, 25- 7 defeat. “To be able to keep that up even when the match doesn’t go our way is great.”

Late in the third game, Kimberly Yang strode over to Emily Arnez and patted her on the back. The senior clearly wanted to reassure the junior for her extra effort in trying to make a dig, even though she was unsuccessful. On the next West Campus serve, Arnez got the dig.

“In the last three matches alone, our teamwork has gone from almost nonexistent to strong,” Endean said. “Even though we didn’t have the good outcome (tonight), we still were super encouraging of each other.”

The coach praised seniors Angelia Cuevas, Viviana Luque, Ariel Vang and Yang for stepping up as leaders, as well as Analise Garton.

“We’ve really just been focusing on defense (in practice),” Endean said. “I have been

serving to them non-stop, as hard as I can, so that they are used to any kind of serve.”

Among the Cordova highlights was a diving dig by Cuevas that set up Luque for a kill to keep things close early. In the second game, Vang followed a smooth serve with a deft one-handed dig.

Bridget Garcia surprised West Campus several times with dinks, or light taps of the ball instead of setting up a hitter for a full swing. Garcia added another kill and several nice sets, including one in the third game that Luque lofted high and between two defenders.

The Lancers’ best run of the night started with a well-timed block by Alyssa Perez that elicited an eruption of cheers from the crowd in the third game. The next point went to Cordova on a towering kill by Garton, which earned a thumbs-up from an assistant coach. An ensuing error by West Campus gave the Lancers a third straight point, and their fans were clearly fired up.

“This is only our second home match and we’ve had the same amount of fans – they didn’t dissipate after our first match,” Endean said. “It’s really exciting to have this many people out supporting us in the new gym.”

The Lancers host the Valley Vikings in their next home game on October 2 at 6 p.m. ★

Menchie’s Celebrates ‘World Smile Day’ with Sweet Offer

Self-Serve Frozen Yogurt Franchise Offering Buy One, Get One Free

RANCHO CORDOVA, CA (MPG) - Underscoring its mission to spread smiles, Menchie’s, North America’s largest self-serve frozen yogurt franchise, is celebrating World Smile Day with a sweet offer. All U.S. Menchie’s stores will offer Buy One Frozen Yogurt, Get One FREE on Friday, October 5th from 4 p.m. – 7 p.m. Fun activities, games and prizes will be offered during the event as well.

“Menchie’s is all about spreading smiles, so what better way to spread smiles than by offering a sweet treat to our loyal fans on World Smile Day,” said Spring Mason, franchisee of Menchie’s Rancho Cordova Town Center. “The world needs more smiles, and we look forward to seeing our community come together and celebrate this smile-filled day.”

Menchie’s Rancho Cordova Town Center is located at 10933 Olson Dr. and is open Sunday 11 a.m. – 10 p.m., Monday through Thursday from 12

p.m. – 10 p.m. and Friday through Saturday from 11 a.m. – 11 p.m.

Menchie’s also offers customizable frozen yogurt cakes – the perfect dessert for all your celebratory occasions, such as birthdays, anniversaries and holidays.

In addition, Menchie’s is committed to giving back to each community it serves. Stores partner with local schools in fundraising activities and education incentive programs. Each Menchie’s store donates thousands of dollars in cash and products annually to local schools to support student programs.

For more information regarding Menchie’s, please visit www.menchies.com or follow us on social media at www.facebook.com/MenchiesRanchoCordovaTownCenter/ or [Instagram@menchiesranchocordova](https://www.instagram.com/menchiesranchocordova). ★

Hops for HOPE Fundraiser

By Shaunna Boyd

CARMICHAEL, CA (MPG) - HOPE (Healthy Outcomes for Personal Enrichment) is a local nonprofit organization that offers affordable counseling services to the community. They rely on fees for services as well as community donations to keep costs low for their clients. HOPE is hosting their second annual Hops for HOPE fundraiser, which will be held at River City Brewing Company on October 4, 2018. The event is from 6:30 – 8:30 p.m. Tickets are \$40 per person and include appetizers and two drink tickets. River City Brewing Company (which is located in Milagro Center at 6241 Fair Oaks Boulevard in Carmichael) generously donates wine, beer, and staff for the event.

Community donations are especially important because HOPE’s mission is to offer affordable sessions to those in need. Darlene Davis, executive director of HOPE, explained that there is a group of people who do not qualify for Medi-Cal but also do not have access to affordable counseling through traditional insurance. The goal of HOPE is to serve this segment of the community by offering counseling on a sliding scale depending on what the client is able to pay. Typically, \$40 per session is the lowest rate, but HOPE does occasionally offer sessions for \$20 to those in the

greatest need.

The experienced licensed therapists of HOPE not only work with clients to improve their well-being, but they also work in a supervisory capacity to train new therapists. To become a licensed therapist, it requires a master’s degree and 3,000 hours of supervised therapy sessions. It is an extremely intensive process, and HOPE is proud to support the next generation of therapists who will serve the community.

One of the reasons HOPE is able to offer such affordable rates is because graduate students who are working toward becoming licensed therapists volunteer as trainees. As part of the training process, HOPE offers clients an eight-week counseling program known as the One-Way Mirror. During this program, trainees conduct counseling sessions in a room with a one-way mirror that allows supervising therapists and other trainees to watch the session in real time. The trainee wears an ear-piece so the supervising therapist can offer immediate feedback and suggestions. Davis explained that it is like having eight therapists at once. The cost is only \$25 per session, and clients sign up for this program knowing that they are getting the help they need while also giving the trainee valuable hands-on experience.

The supervising therapists at HOPE work hard to train people with integrity who are eager

to serve the community. Davis takes great pride in the work they do and in their dedicated trainees and associates. Davis said, “We all work in our communities, and it’s so important to us that we’re building healthier communities by building healthier families.”

To better serve all those in need, HOPE offers many specialized forms of therapy such as Cognitive Behavioral Therapy (CBT), which helps people understand and address harmful thoughts and actions; Acceptance Commitment Therapy (ACT), which offers strategies to accept, destigmatize, and live with mental illness; Active Parenting of Teens (APT), which teaches parents how to talk to their teens and to watch for signs of high-risk behavior; and Eye Movement Desensitization and Reprocessing (EMDR), which addresses how the brain accesses and reacts to traumatic memories.

Donations to HOPE help pay for standard operating costs as well as to purchase needed equipment for specialized therapeutic techniques. Davis first began operating HOPE as a nonprofit in 2008. She said, “I just wanted to give back to the community and give back to the profession, and it’s grown into what it is today.”

HOPE has offices in mid-town Sacramento, Roseville, and Folsom. For more information, visit their website at www.hope-counselingcenter.org. ★

Whisker Warriors

FREE

Spay • Neuter • Vaccinate

for both dogs & cats



Vouchers Available at

RC Animal Services 2880 Gold Tailings Ct,
or call Whisker Warrior at 916.747.7534,
or send us a message through our website.
For Rancho Cordova residents only. Supported in part by
the Rancho Cordova Community Enhancement Fund.

Please visit us at www.RCWhiskerWarriors.com

Rancho Cordova Area Soroptimist Club Selects Its 2017-2018 Award Winners

Story and photo by
Soroptimist International

RANCHO CORDOVA, CA - After a very difficult task of judging applications, the Live Your Dream and Ruby Awards were selected, and awards given out at the Soroptimist International of Rancho Cordova & Gold River's (SIRCGR) recent award reception.

Our "Live Your Dream Award" winner, Scarlet, is well deserving of this scholarship. Scarlet has faced many difficult challenges growing up being raised by her single mom with her two siblings. Scarlet has faced, and overcome poverty, substance abuse and even attempted suicide. Her suicide attempt, "sobered" her up, and put her on the path to taking control of her life. She fell in love, moved to Virginia, and had a beautiful daughter. Then her marriage became emotionally abusive. After seeking help, she saw her future, to open a similar facility that provided her help and support, in Rancho Cordova. She's presently attending Sac State studying for her bachelor's degree in Social Work, with her goal of receiving a Master of Social Work, becoming a Licensed Clinical Social Worker and opening a clinic dedicated to helping women overcome mental health and societal issues such as domestic violence, child rearing, career challenges and general mental health. Scarlet's tenacity and drive, along with her family's love and support, will ensure that Scarlet achieves her goals.

Our Ruby Award was given to Lisa Wrightsman, founder of the Street Soccer USA: Sacramento Lady Salamander program. Lisa's story is just as inspiring as Scarlet's! Lisa was introduced to street soccer while living in a transitional housing and employment program for the homeless. Lisa excelled in academics and athletics, which led to a college soccer scholarship, then a semi-professional soccer career. Sadly, this path of that career was cut short due to substance abuse. While seeking help to rebuild her life, she was introduced to street soccer and the Sacramento Mohawks. Lisa participated in the SSUSA National Cup in 2010, then was selected to be on the first All-Women's USA National team representing the

USA in the Homeless World Cup in Rio de Janeiro. The impact of that experience was so profound, that Lisa was convinced, compelled and committed to bringing Street Soccer to her hometown of Sacramento. "2018 marks the eighth consecutive year that SSUSA will see the strength and

or any other expense that will help a woman reach her educational goal. The Ruby Award honors women who have worked to improve the lives of women and girls through their professional and/or volunteer work.

The 2018-19 Live Your Dream and Ruby Award appli-



Lisa, Scarlet and Sheryl stand proud of their accomplishments. Soroptimist is an international nonprofit organization who seeks to improve the lives of women and girls through programs leading to social and economic empowerment.

hope of the women in our community. Thus far they've seen women and children reconnect, women overcome interpersonal and physical fears, positive female-to-female relationships develop, women desire a healthier life style and set positive examples for their peers and children, and many other life skills and positive characteristic develop along this Street Soccer journey," says Lisa.

"Our club is extremely proud of all our award winners. We are confident that they will achieve and exceed the goals they have set for themselves and we look forward to remaining in touch and perhaps develop a partnership of continued support," says Soroptimist International of Rancho Cordova & Gold River President, Sheryl Longworth.

The goal of the Live Your Dream Award is to help head of household women improve their economic status by preparing them to enter or re-enter the workplace. Unlike other scholarship programs, the Live Your Dream award can be used for books, childcare, transportation

cation window are open now and both close on November 15, 2018. Both applications may be accessed at our website: <http://www.soroptimistranchocordova.org/awardapplications/live-your-dream-award> and <http://www.soroptimistranchocordova.org/awardapplications/ruby-award>.

Soroptimist is an international nonprofit organization who seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are people at their best, working to help other women to be their best. Please send an email to siran-chocordova@soroptimist.net to receive more information about Soroptimist International of Rancho Cordova & Gold River, how to become a member, or just learn how you can volunteer with our club members or visit www.soroptimistranchocordova.org. ★

Congressional Negotiation and Compromise Necessary, Says Bera

Story and photos
by Margaret Snider

RANCHO CORDOVA, CA (MPG) - Congressman Ami Bera spoke at the Rancho Cordova Luncheon on September 21. "I'm an optimist, actually," Bera said. "I believe that the United States is a remarkable nation and the values that we are founded on are so remarkable." Though unemployment is down, he feels that most of the new jobs are either on the high or the low end. The middle class are being "hollowed out" and need to be grown. Bera said, "I feel like - 'Okay, let's roll up our sleeves, let's think about how we address some of these challenges.'"

Bera is concerned that we will be the first generation not to give the next a country that is better than it was before. Bera went to UC Irvine for both his undergraduate and medical degrees. "I paid \$393 a quarter to go to medical school, which is remarkable!" Bera said. "... I think the urgency of now is how do we get back to that ethic of reinvesting ourselves and reinvesting in that next generation?"

Sheryl Smith, owner of Smith Real Estate Services and chairman for the Barrel District Experience in Rancho Cordova on October 6, said that Bera's address was pretty generic. "He seemed to want to reach both sides of the aisle," Smith said. "Some of the insights that he shared about how things work in D.C. were helpful."

Bera is a founding member of the bipartisan Problem Solvers Caucus in Congress, and he decried the dysfunction and the constant partisan bickering in the House. Under the Caucus's Break the Gridlock proposal, Bera and others in the Caucus have a plan to make the House more accessible to members.

"Right now, historically, 95% of the things that we debate on the floor are under a closed rule,"



A variety of Rancho Cordova citizens and other interested people attended the Rancho Cordova Luncheon. Here Sheryl Smith, left, owner of Smith Real Estate Services; Sirisha (Siri) Pulapati, candidate for CRPD Board; Congressman Ami Bera; and Cari Zarou, owner of Pocket Deli share a photo op after the program.

Bera said. "What that means is I can't go to the floor and offer an amendment, because it's closed. Thirty years ago 90% were under open rules, in active debate. We want a functioning House, we need robust debate, and need to break the gridlock with pragmatic members... the ones that want to govern and recognize we've got to negotiate and compromise."

Small business owner Cari Zarou, owner of Pocket Deli in Rancho Cordova, said, "On a positive note, (Bera) sees great growth for the Sacramento region and what it will look like in 25 years. He says that proper planning will be the most important issue to ensure expansion."

Siri Pulipati, who is running for election to the Cordova Recreation and Park District Board, said about Bera's talk, "I like that Bera spoke from the heart. He touched on his humble upbringing and his vision for Sacramento, which involves getting more jobs to the area."

Bera, a democrat, won his first term in the House for California's 7th Congressional District in 2012, was re-elected

in 2014 and 2016, and is running in 2018 against republican Andrew Grant. Bera's parents immigrated to the United States from India in the 1950s. Bera attended public schools through the 12th grade, attended UC Irvine for both his undergraduate and his medical degrees. His residency was in internal medicine and in his 20 year medical career he also served in various leadership and medical management roles. Bera lives in Elk Grove with his wife, also a physician, and they have one daughter.

Grant, who attended the event, said, "Even among business leaders at a Rancho Chamber of Commerce event, (Bera) refuses to acknowledge how tax reform, deregulation, and investor confidence has created the best job growth and wage increases in years."

Speaking of the years to come in his closing remarks, Bera said we need to, "Look to the future and what we can do that will still be effective five, 10, even 25 years from now, so that the next generation will benefit and move on from there." ★

FCUSD Candidates Discuss Pathways to Student Success

Continued from page 1

the board's transparency and accountability, and creating a culture of inclusion within the schools. Hoover stated that "closing the achievement gap is the greatest need and challenge facing our district." Hoover is particularly concerned with the lack of parental involvement in some areas of Rancho Cordova, so he wants to focus on engaging those parents because increased parental involvement leads to increased student achievement.

As a board member, Hoover says he plans to be actively engaged in the process; he will do the research and come prepared. He will have the difficult conversations in order to find the best possible policies to meet the needs of the community. "All decisions will be based on what is best for students and parents...It's very important to listen to the needs of the community," said Hoover.

Dave Reid has more than 20 years of education policy experience. Since moving to California in 2006, he has served as general counsel at EdFund in Rancho Cordova, is the current president of Folsom Cordova PTA Council, and is a founding board member of Folsom Cordova Education Foundation.

Reid believes that not everyone needs or wants to go to college, so he supports bringing trades back into the high schools to give students other pathways to successful careers. He would also like to see the district partner with the business communities to provide students with internship and apprenticeship opportunities.

“I can’t guarantee you that we’ll always see eye to eye, but what I can guarantee you is that you will always have my ear, no matter what.”

DAVE REID
FCUSD BOARD OF
EDUCATION CANDIDATE

As the district continues to grow and more school sites are needed, Reid believes the district must be smarter about their building designs. He said single-story construction is outdated and school sites quickly run out of space so they can't expand when necessary, while multi-level buildings would reduce the environmental impact and would allow for more growth.

Some of Reid's top priorities are to close the achievement gap, reduce class sizes, and better address students' mental health. If elected, Reid said, "I can't guarantee you that we'll always see eye to eye, but what I can guarantee you is that you will always have my ear, no matter what."

Incumbent Ed Short has served on the FCUSD board for 16 years. He is proud of how the board handled tough decisions during the economic downturn, doing the best they could with what they had available. When making decisions on the board, Short strives to always follow the board's mission statement and to ensure decisions align with existing goals and policies. He said it's important for the

board to involve all stakeholders in difficult decisions so that policies are fact based and fiscally responsible.

Some of Short's top priorities are to increase programs for English learners and improve special education programs. He acknowledged that growth in the area is a major challenge, and overcrowding is a serious issue, so the district needs to focus on expanding and maintaining facilities.

Short said, "I believe my qualifications, experience, and impeccable record of service qualifies me to continue serving

“I believe my qualifications, experience, and impeccable record of service qualifies me to continue serving our kids and you as an effective board member.”

ED SHORT; INCUMBENT & FCUSD BOARD OF EDUCATION CANDIDATE

our kids and you as an effective board member...I do not have a personal educational or political bone to pick. I bring no baggage to the table of public service, only my sincere desire to serve the best educational interest of our children."

All the candidates are passionate about improving the district and would bring a unique set of experiences, ideals, and priorities to the FCUSD board. To watch the forum online, visit Folsom.tv/videos. ★

SEASON 23
2018
2019

Sacramento
CHORAL SOCIETY
& Orchestra

Donald Kendrick, Music Director

SAT, OCTOBER 20
8 PM
Fremont
Presbyterian
Church

SAT, DECEMBER 8
2 PM & 7:30 PM
NEW venue
for 2018 only
Sac Community
Center Theater

SAT, MARCH 23
8 PM
Sac Community
Center Theater

SAT, MAY 4
8 PM
Sac Community
Center Theater

STAINED GLASS
SONGS OF THE SPIRIT

Works by
Arvo Pärt | Mozart | Zoltán Kodály
Ryan Enright, Organ

WELLS FARGO
HOME FOR THE HOLIDAYS

Annual Sacramento Holiday Tradition
Full Orchestra | Candlelit procession

EUROPEAN MASTERWORKS

A German Requiem | Johannes Brahms
Five Mystical Songs | Ralph Vaughan Williams

LIGHT AND FIRE

Lux | Dan Forrest (West Coast Premiere)
The First Walpurgis Night | Felix Mendelssohn

SACRAMENTOCHORAL.com

STAINED GLASS Tickets | 916 536-9065

CCT BOX Office | 916 808-5181