



2018 TRAL Track and Field League Finals
Mitchell Spikesters Show Well in Team Scoring
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Happy Mother's Day



Grapevine Independent

VOLUME 51 • ISSUE 19 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 MAY 11, 2018

KENDRICK IS MASTER OF THE CHORUS



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CAGOP CONVENTION WINNER: LT. GOVERNOR CANDIDATE COLE HARRIS



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MEMORIAL DAY EVENT WILL HONOR OUR MILITARY CHAPLAINS



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Metalcloak Brings Ultra4 Racing to NorCal

The Fastest Off-Road Racers in the Nation Coming to Prairie City SVRA



For more information, including race schedules, visit MetalcloakStampede.com. Photo courtesy Metalcloak

By Metalcloak

RANCHO CORDOVA, CA (MPG) - Rancho Cordova-based Metalcloak, one of the region's fastest growing manufacturers of parts for off-road vehicles, is once again bringing the world's most insane off-road racing event to Prairie City State Vehicular Recreation Area on May 11 and 12 with the return of the Metalcloak Ultra4 Stampede.

"Mix equal parts adrenaline, horsepower and sheer insanity and you won't even come close to the action the Metalcloak Stampede is bringing to Northern California," says Matson Breakey of Metalcloak. This will be the sixth year that Metalcloak has held the title sponsorship and been a core part of bringing world-class racing to the Sacramento region. Metalcloak is based just 10

minutes from the Prairie City off Road Park (home of the famous Hangtown Classic). "When we discovered the opportunity in 2013 to bring internationally renowned off road racers like Shannon Campbell and Jason Scherer to our own backyard, we couldn't let that pass," adds Matson. Over 100 drivers have registered for the event over several classes, from small UTV (side by sides) to the massive

unlimited class known as the 4400s. "If you want to see some of the fastest and most rugged off road race cars ever built -- race cars that can go up to 140 mph one instant and crawl over massive boulders the next -- you will not want to miss this race," proclaims Matson. The race consists of multiple heats on Friday and Saturday with the Main Race held *Continued on page 3*

Rancho Cordova Civic Light Orchestra Presents "Pops in the Plaza"

By MPG Staff

RANCHO CORDOVA, CA (MPG) - KP International and the Rancho Cordova Civic Light Orchestra present "Pops in the Plaza." Conductor Pete Nowlen will lead the Civic Light Orchestra on Sunday, May 20, 2018 from 4-6pm in the Koreana International Marketplace Food Court. The orchestra will feature: Overture from Gilbert and Sullivan's *Mikado*, Leonard Bernstein's *West Side Story Overture*, George Gershwin's *An American in Paris*, *Star Trek Through the Years*, *Lord of the Rings*, *Dark Knight Rises* and *Chicago*.

The mission of the Rancho Cordova Civic Light Orchestra is to entertain and educate community audiences by providing high quality musical performances consisting of well-known but now infrequently performed works, or new musical works developed collaboratively with regional musicians.

Conductor Peter Nowlen is a Sacramento State horn instructor. He has been a member of the faculty since 1990. Mr. Nowlen was a member of the French horn section of the Sacramento Symphony from 1987 until 1996. He is an active orchestral and chamber musician and an international solo prize winner.

Orchestral conducting credits include the Sacramento Symphony, UCD Symphony Orchestra, CSUS Symphony Orchestra and the Music in the Mountains Orchestra. Pete has directed the concert band at U.C. Davis since 2002 and Fall Quarter Wind Ensemble since 1993. Don't miss this special event that is sure to pack the house. KP International Marketplace is located at 10971 Olson Drive, Rancho Cordova. Admission is free. ★



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It's a world of good tastes, great performances and exceptional experiences for all ages during iFest. Photo courtesy Cordova Community Council

It's a World of Fun at iFest

By Shelly Blanchard, Cordova Community Council

RANCHO CORDOVA, CA (MPG) - Take a trip around the world without even packing a suitcase as the 11th Annual iFest International Festival returns to Village Green Park from 5-9 p.m. Saturday, May 12. Admission is free of charge, as are all children's attractions and cultural experiences. Join the City of Rancho Cordova as they host a quinceanera - the traditional Mexican celebration for a girl's 15th birthday. That synchs up nicely with the 15th Anniversary of the City, being observed all year long in Rancho Cordova. It's a world of good tastes, great performances and exceptional experiences for all ages during iFest. Be sure to come early and stay until

the end to watch an exciting line-up of cultural performances which will transport you on an international adventure. The event is produced by the Cordova Community Council and an amazing army of volunteers. For kids, there are Mexican pinatas to be smashed, cultures to be explored with the Children's Museum, rock wall to climb, obstacle course to conquer, and Wild Things Bird Shows to watch. Ever take a llama for walk? Now is your chance! Henna art, palm readings, pedicab rides and offerings from more than 40 exhibitors make it a party. The action is non-stop on stage as Andy Gee hosts a whirl wind tour of music and dance of 11 cultures from all corners of the globe. From China to Croatia, from Korea to Ireland, and more, the *Continued on page 3*



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California Military Department's Consolidated Headquarters Complex Breaks Ground in Rancho Cordova

Stantec/Walsh Construction Company II Project Team Creates Unprecedented Sustainable Administration and Operations Space for 40 User Groups

By Ryan Lamont

SACRAMENTO REGION, CA (MPG) - The California Military Department (CMD) hosted its ceremonial groundbreaking for the new Consolidated Headquarters Complex (CHQC) in Rancho Cordova, Calif., on April 30, 2018. The CMD is a diverse, community-based organization comprised of four pillars: the California Army National Guard, the California Air National Guard, the California State Military Reserve, and the California Youth and Community Programs. The new CHQC will be responsible for command and management of the CMD.

The design-build team of Walsh Construction Company II and Stantec will deliver the new \$135 million Consolidated Headquarters Complex. Walsh and Stantec bring nearly 30 years of design-build teaming experience to the project. The 285,000-square-foot, multi-building campus will sit on a 31-acre site adjacent to Mather Airport and will host a headquarters office building, warehouse, emergency operations center, utilities building, badging center, and access control point.

"This headquarters complex will go a long way toward ensuring the Military Department is an effective and energy-efficient force," said Capt. Will Martin, spokesperson for the California Military Department. "Our leadership has worked closely with Walsh and Stantec throughout this process, and we believe

this facility will set a standard for state agencies for years to come."

The CHQC is one of the first large scale new Zero Net Energy (ZNE) projects that will be implemented by the State of California after Gov. Jerry Brown's Executive Order B-18-12 to reduce greenhouse gas emissions and improve energy efficiency in California. The project is targeting LEED Gold certification and will be constructed to achieve a variety of sustainable goals to reduce environmental impact, optimize performance, lower energy and operating costs, conserve resources, and increase occupant satisfaction and productivity. On-site renewable energy is generated by a photovoltaic array that will serve a dual purpose as parking shade structures.

How the campus relates to the adjoining planned development community was an important consideration since design inception. The design solution balances this sensitivity with an aesthetic that is befitting its stature as a Military Headquarters. The facades are well articulated with a combination of brick veneer, metal panels, and fenestrations. All the buildings on the campus are designed with the same architectural principles, broadcasting a cohesive campus aesthetic to the surrounding community.

"The goal was to make this more than simply a military facility," said William Ketcham, Stantec Principal based in Chicago. "The

primary entrance to the building is designed to be public and open and friendly. It's more like a corporate headquarters than a typical military building. The design of each of the facades is specific to the building orientation and aids with the daylight harvesting and Net Zero Energy goals."

"We are excited for the CHQC to break ground, because it's more than just a traditional project," said Arun Kaiwar, Stantec Principal based in Sacramento. "Helping design the state-of-the-art CHQC for the California Military Department to deliver their critical mission is in line with Stantec's goal to serve and design for the communities we live in."

Stantec is providing architecture, interior design, ZNE consulting, sustainability, energy modeling, landscape design, acoustics, lighting, security, and information and communications technology design services. Stantec's Chicago office is leading the project design in collaboration with global expertise from other Stantec offices including Sacramento, Van Nuys, San Francisco, San Diego, Petaluma, Seattle, and Atlanta.

"We look forward to starting construction and delivering the California Military Department's new headquarters with the highest standards in safety and quality," said Dennis McBride, vice president for Walsh Construction.

The ceremonial groundbreaking took place on April 30. The facility is set to open in 2020. ★

Mental Health Month: Celebrate Wellness and Recovery

SACRAMENTO COUNTY, CA (MPG) - It is estimated that one in every five people will experience a mental illness during their lifetime. In Sacramento County alone, more than 300,000 residents live with mental illness. But, two-thirds of these individuals do not seek support or treatment because they worry they will lose their jobs, their friends or family, or be isolated because of the stigma and discrimination associated with having a mental illness.

Six years ago, the Sacramento County Division of Behavioral Health Services initiated a multimedia and community outreach project that aims to fundamentally alter negative attitudes and perceptions about mental illness by replacing myths and stereotypes with examples of wellness, recovery, and hope.

In recognition of Mental Health Month this May, the "Mental Illness: It's not always what you think" project will be participating in several upcoming events within the community, distributing helpful information to attendees in an effort to help stop stigma and discrimination, promote mental health and wellness, and inspire hope for people and families living with mental illness. These will be great opportunities for you - and residents throughout the County - to get involved in spreading messages of hope and increasing awareness for individuals and families living with mental illness.

Get involved and help to stop stigma during Mental Health Month:

View expressive artwork from Sacramento County residents who are living with, or support others living with, mental illness:

- Through June 31: The Sierra Health Foundation (1321 Garden Hwy, 1st floor Lobby, during normal business hours).
- May 12: The Sacramento Poetry Center (1719 25th St., during normal business hours). An open house reception will take place on Second Saturday, May 13th from 6:00 - 8:30 p.m.
- May 28 - June 1: The Governor's Wall at the California State Capitol will display artwork along the outside of the Governor's office at the State Capitol (1315 10th St., during normal business hours). Admission is free.

Attend any of these upcoming community events where the project will be providing free, helpful information, handouts and more:

- **May 12: 16th Annual Slavic Health/Safety & Job Fair**
11:00 a.m. - 3:00 p.m. at Carmichael Park
- **May 20: Walk a Mile in Her Shoes**
Sign up today!
Festival opens at 11:30 a.m. and the walk begins at 1:00 p.m. at Crocker Park
- **May 23: Mental Health Matters Day**
Register for this free event or stop by the California State Capitol from 9:30 a.m. - 2:00 p.m.

Anytime in May:

- Show your support for those living with mental illness and pledge to reduce stigma by signing the digital Wall of Hope on the project website.
- Share your personal story of hope and recovery to help stop stigma and discrimination toward people and families living with mental illness. Telling your story may encourage others to share their experiences and may end the silence that contributes to isolation and shame.
- Join the Stop Stigma Sacramento Speakers Bureau or invite one of the compelling speakers to share their personal stories of hope and inspiration at an upcoming event.
- Learn more about reducing stigma and discrimination at StopStigmaSacramento.org and show your support on social media by following the project on Twitter @StopStigmaSac and be sure to 'like' the project on Facebook and engage in positive mental health messages using the hashtag #StopStigmaSac

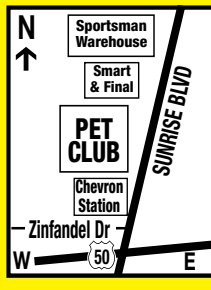
For more information on Sacramento County's "Mental Illness: It's not always what you think" project, please visit www.stopstigasacramento.org. This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act.

Source: Sac County News ★



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Metalcloak Brings Ultra4 Racing to NorCal

The Fastest Off-Road Racers in the Nation Coming to Prairie City SVRA



Don't miss the action on May 11 and 12 with the return of the Metalcloak Ultra4 Stampede. Photo courtesy Metalcloak

Continued from page 1

Saturday afternoon.

Prairie City SVRA is an ideal location for a race of this nature with bleachers and fresh cut grass for families to watch all the action

More information, including race schedules, can be found online at MetalcloakStampede.com.

Title of Event:
Metalcloak Ultra4 NorCal Stampede

Type of Event:
Ultra4 Off-Road Full Spectator Racing Event

Location:
Prairie City State Vehicular Recreation Area (SVRA), 13300

White Rock Road
Rancho Cordova CA 95742

Dates: Friday, May 11 (Qualifying Runs) and Saturday, May 12 (Main Event)

Contact: Matson Breakey, VP Marketing Metalcloak, 916-631-8071 ★

It's a World of Fun at iFest

Continued from page 1

stage show is at the heart of iFest.

Here's the line-up: Chinese Lion Dance Troupe, Skalinada Croatian Ensemble, Korean Cultural Center, University of the Philippines Alumni Assoc. & Sinag-Tala Filipino Theatre, Balliamo! Italian Dance, Sacramento Telangana (India), McKeever School

of Irish Dance, Ukrainian Bandura Ensemble, Rosna Kitka (Bulgaria), Vahana and Jewels of the North (Middle Eastern) and the City of Rancho Cordova Presents – Mexican Quinceanera!

Some of the best seats in the house are in the Wines of the World venue, hosted by KP International Market. This is an

adults-only setting, where \$20 buys a ticket for 12 tastings of wines from around the world.

Not a wine-drinker? International beers will be offered this year, as well. Purchase tickets in advance at www.cordovacouncil.org to assure you get your own engraved iFest wine glass – while supplies last. ★

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Buckeye Union Mandarin Immersion Charter School is now accepting enrollment for Kindergarten and 1st grade classes for the 2018-2019 school year. The program will be held at Oak Meadow Elementary School. This is a one-way immersion program and no experience with the Mandarin language is necessary. The program is open to students both inside the Buckeye Union School District and to students from surrounding districts.

Spaces are limited so register now for this exciting opportunity. Please call the school at (916) 933-9746 for more information.

Buckeye Union School District
Please go to our website <http://www.buckeyeusd.org>.

6th Annual Mediterranean Food Festival

Saturday, May 19th & Sunday, May 20th 2018

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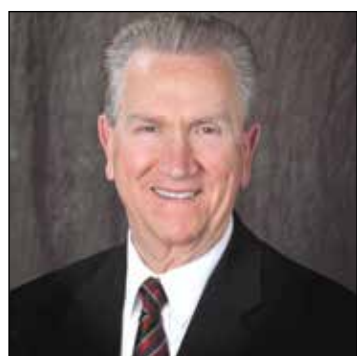
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By Bob McGarvey

RANCHO CORDOVA, CA (MPG) - There are two things which used to be standard that are no longer as popular as they were in the past. One of them is sending postcards or collecting postcards from where you were on vacation or where you went on a convention, etc. The other thing that was being phased out for a while was cursive handwriting. But in 2017, cursive writing was looping back into style in schools across the country. The two of them depend on each other because if you can't write, then how do you send a postcard? Even more, the generation of students who know only keyboarding, texting, and printing out their words in long-hand, find it very hard to read historical documents. (I guess George Washington couldn't depend on spell-check). When we first became a City, I was very annoyed because no matter where I went, I couldn't find a postcard from/for/about our City. I found postcards for other cities and for unincorporated communities, but nothing for Rancho Cordova. Eventually, we began gathering photos from individuals like Public Works Manager Steve Harriman and others, and we had our first postcard printed. You can find postcards here at City Hall in the Planning Department, at the receptionist desk, and in my office on the second floor. While there aren't many in most retail stores, you may be able to find them in a few hotels. I am going to begin working on the postcards again,

And Another Thing ...

Old Standards

because when there are more visitors here than ever before to see family, compete in the Sac. State Aquatic Center, etc., it would be much more helpful if our Rancho Cordova visitors could send Rancho Cordova postcards home instead of having to send postcards about all the cities around us except our own.

Another thing that many people who ride bicycles seem to ignore or really don't know is that bicyclists must obey STOP signs and red signal lights, and follow basic right-of-way rules. If you ride in the same direction as traffic, you are more visible to drivers entering roads or changing lanes. Use bicycle lanes, ride far enough away from parked vehicles to avoid being hit by an opening door, and use turn signals when making turns by using your arm or turn signal light. The few rules can be found at the DMV office, and you can bring up the information at the DMV offices or online. I witnessed a young girl crossing Zinfandel Drive from a side street and was hit because she didn't stop at the stop sign when crossing the main thoroughfare.

Another reminder which seems to be either forgotten or was never known is that you are responsible for calling Republic Services and setting a day for them to pick up bulk waste in front of your residence. The bulk waste is only supposed to be placed in the street for no more than 48 hours. That can be done three times a year, and it doesn't cost you extra. We have that convenience built in as part of the garbage bill. But again, you are responsible for calling in the pick-up. The City doesn't have anyone driving around looking for the bulk waste to be picked up, but you can reach Republic Services at (916) 638-9000.

Later this year, we will have another date and location in which I will be handing out the Vietnam War Veteran lapel pins to Vietnam Veterans who were not welcomed home after they served their country with dignity. There are many who have finally received a welcome home, but as we all know, there are many more who have not yet heard that a grateful nation thanks and honors them. That is what we are doing here in the City of Rancho Cordova. We are thanking and welcoming them home, and giving them the lapel pin which recognizes them as a "Vietnam War Veteran."

There are almost 7 million Vietnam War Veterans who are still alive today out of the 9 million who served during that war. When Congress passed legislation in 2012, and the President signed it into law, many organizations throughout the country began thanking those veterans for serving their country. Our Veterans Day and Memorial Day committee in Rancho Cordova have handed out hundreds of the lapel pins and commemorative papers to those who served active service in the military from November 1, 1955 to May 15, 1975. Those who served during that time are officially listed by Congress as Vietnam War Veterans. I realize that for many, that information isn't new, but it is surprising how many veterans are not aware of the honor they deserve. So we will continue to show respect to our Vietnam Veterans and all veterans because there is no end date for that. According to Congress, we will continue to give those lapel pins until November 11, 2025.

From Vice Mayor Bob McGarvey, God bless, and see you next time. ★

SUMMER @CITY HALL

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FOR RANCHO CORDOVA YOUTH



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JULY 9 - AUGUST 2
10AM - 12PM

INTERNSHIPS
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1PM - 4PM



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FRIDAY, MAY 18



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CAGOP Convention Winner: Lt. Governor Candidate Cole Harris

Commentary
by Jon Fleischman



Jon Fleischman

The California Republican Party's state convention is now in the rear-view mirror and the election is upon us. Millions of absentee ballots are being mailed out today and Californians will start voting later this week.

There are a lot of observations to be made about the weekend confab - but out the gate I am going to name the clear big winner of the convention - businessman Cole Harris, who is running for Lt.

Governor of California - and who is now the officially endorsed candidate of the State GOP.

Harris wins the FlashReport Winner of the Convention honors for two reasons. The first was his ability to run a strong enough effort before and at the convention to garner the support of more than 70% of the delegates as a virtual unknown. Harris announced his candidacy late, and has had to define himself in short-order with the party faithful. The second reason is that, unlike the other

candidates who were endorsed at the convention, Harris (because his success in business gives him the ability to self-fundraise with millions of dollars) has the ability to use direct voter contact tools (mailers, digital messages and such) to let likely Republican voters know that he's been endorsed by the CRP - a very useful tool, targeted to GOP voters, when you are a first time candidate, and unknown to the electorate. Look for his television and cable spots to be non-partisan, with messaging to appeal to California's no party preference voters, and less ideologically inclined Democrats.

While much prognostication is taking place about who will make the top two in the Governor's race - with a significant chance that no Republican advances - Harris is well positioned to make the runoff in his race. While there are other GOP candidates, none are well known and none have the financial resources of Harris, and obviously



Cole Harris is a Republican candidate for lieutenant governor of California. The primary election is being held on June 5, 2018.

none but Harris have the party's office nod. In the meantime for California Democrats there is a three way donnybrook taking place between three credible candidates. State Senator Ed Hernandez has been running for some time, and is out of central casting for California Democrats. But also in the race are

two extremely wealthy candidates - Jeff Bleich and Eleni Kounalakis - both of whom will spend millions of dollars. Running as a Republican in California means that for Harris to win in November, he will have to do everything right, and still catch a favorable tailwind - a tough order in blue California. But thus far Harris is off to a good start, and clearly his efforts wooing the GOP, and his ability to convert an endorsement into an important message for him to take to Republican voters has earned him the FlashReport Winner Of The CAGOP Convention Award! ★

VOTING HAS CHANGED IN SACRAMENTO COUNTY!



Beginning with the June 5, 2018 Election:

- **All voters will be mailed a ballot**
Ballots will be mailed beginning May 7, 2018
- **You can return your ballot**
 - by mail
 - at a Ballot Drop Box
 - at a Vote Center
- **Vote Centers will replace traditional polling places**
Voters can vote at any Vote Center in the County!
Vote Centers open beginning May 26, 2018
- **Remember to update your registration if you:**
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 - change your name
 - change your political party

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MARIJUANA IS NOT FOR ME



He's the Master of the Chorus

Dr. Kendrick Retires from Sacramento State after 33 Years of Teaching

Special to MPG

SACRAMENTO REGION, CA (MPG) - "Singing is a joyous experience," explained Dr. Donald Kendrick. "Choral music prepares you for life."

In August 1985, Dr. Kendrick accepted the position of Director of Choral Activities at Sacramento State University. For the past 33 years, this energetic Canadian has worked diligently to create an awareness of the power and importance of choral and orchestral music via three important pillars of our society - the Community, the State and the Church.

"33 years is a long time," admitted Dr. Kendrick. "I have seen so many students come together to perform beautifully."

Don's final gift for his 110 students and community members in his three Sacramento State choirs will be to provide them with an opportunity to partner with the Sacramento Choral Society & Orchestra. The students will have the rare chance to sing with a professional orchestra at the SCSO's season finale on Saturday, May 12 at the Sacramento Community Center Theater: Praise and Jubilation.

Kendrick lovingly refers to this SCSO season finale as his downtown Sacramento State retirement party. There will be a post-concert reception in the Sacramento Community Center Theater lobby following the final performance.

This unique performance will also feature the Sacramento Children's Chorus Director Alexander Grambow. The musical forces on stage will include 280 singers, three soloists and a 52-member professional orchestra. The main fare on the program is a West Coast premiere of American composer Dan Forrest's stunning



Dr. Don Kendrick and SCSO's season finale is on Saturday, May 12 at the Sacramento Community Center Theater: Praise and Jubilation. Photo by Ronnie Johnson

Jubilate Deo. This work was only recently premiered in Carnegie Hall in 2016.

The rousing performance will feature seven languages with projected supertitle translations. The work brings to life the global aspect of the traditional Psalm 100 text "O be joyful in the Lord, all ye lands" by setting it in seven different languages and drawing from a wide spectrum of musical influences. Each movement combines some characteristics

of its language-group's musical culture with the composer's own musical language.

In the first half of the program Kendrick has programmed Dvorak's Te Deum (Hymn of Thanksgiving), a work that he recorded with the SCSO and some of the Sacramento State students at the Liszt Academy in Budapest during their summer 2004 European Tour. Respighi's Ancient Airs and Dances will showcase the SCSO Orchestra to round out the

concert.

Kendrick feels strongly about having his choirs perform out in the community. For twenty-five years his three choirs performed in the beautiful acoustics of Sacred Heart Church in Sacramento. His December Procession of Carols is a tradition that we fervently hope Sacramento State will continue following Don's retirement.

For more than three decades Kendrick has demonstrated his

mastery of creative concert programming. His impact as an educator and conductor has greatly enhanced the quality of life in our region and has resonated on a national and international level.

"I have so many happy memories. So many of my students went on to perform around the world," said Dr. Kendrick.

The dedicated teacher of over three decades has enhanced lives through great music, bringing beauty, hope and inspiration to our community, but when asked what he learned over the years, Dr. Kendrick graciously replied, "Patience and understanding."

"The most important thing is that we have music in our lives - period," said Dr. Kendrick. "And we should bear in mind that we all have a voice."

Kendrick's Downtown Sacramento State Retirement Party at a Glance

May 12th SCSO Season Finale - Praise & Jubilation

Event: Praise & Jubilation

Date: Saturday, May 12 at 8 PM

**Pre-concert talk at 7 PM
Doors open at 6:30 PM**

**Location: Sacramento Community Center Theater,
1301 L Street, Sacramento**

Post-Concert Reception in the Sac CCT Lobby - Come join us.

**Tickets: 916-808-5181
or sacramentochoral.com**

\$43-\$53 - Students = 50% discount

**Student Rush Seats (with ID) - \$10 -
As of 6:30 PM on May 12th**

Information: 916-536-9065 (SCSO Office)

★ ★ ★

20th ANNUAL FAIR OAKS CEMETERY MEMORIAL DAY EVENT

★ SATURDAY, MAY 26th, 2018 @ 10:00AM ★

Military Chaplains

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

The Fair Oaks Cemetery District and the Memorial Day Ceremony Committee are finalizing plans for one of the most popular and inspiring Memorial Day events in the area.

The twentieth Annual Memorial Day and Avenue of Flags Ceremony will be held on Saturday, May 26th, at Fair Oaks Cemetery, located at 7780 Olive St., Fair Oaks. The formal ceremonies begin at 10 a.m.

This year's theme is to honor our Military Chaplains from all wars. Some of the first chaplains were appointed in the late 1800's. Many more were commissioned during World War II. More than 400 chaplains have died while serving in the U.S. military.

The Chairman of the Fair Oaks Cemetery District's Memorial Day Committee, Bob Clouse, will be the Master of Ceremonies. The main speaker(s) will focus on the history and facts of the United States Military Chaplains.

The Fair Oaks Cemetery will be decorated with over 400 American flags lining its roadways as "The Avenue of Flags". We will also be adding more names to the Veterans Memorial Wall.

The laying of the wreath at the Memorial, in honor of over 1800 Veterans who are buried in the cemetery, will be done by VFW Post 6158 and American Legion Post 383.

The musical program will consist of Pipers, a Drummer, and recorded music provided by a local Disc Jockey. Refreshments will be served at the conclusion of the ceremony, provided by the Orangevale/Fair Oaks Grange and the Fair Oaks Historical Society.

The Fair Oaks Cemetery's Memorial Day Ceremony is a fine example of how we, the community, remember our loved ones and say thank you to our Veterans and their families for their sacrifices.

★ ★ ★

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A 25-minute free presentation. We'll serve you with a Catered Meal!

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"The Privilege of Planning" is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available. Information will be presented on Veterans benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

CHOOSE ONE OF THESE SEMINARS

Wed., July 18
Wed., Aug 8 (Dinner @ 6:30 pm)

11:30 am to 12:30 pm

EAST LAWN
Sierra Hills Memorial Park & East Lawn Mortuary

5757 Greenback Lane,
Sacramento, CA 95841

To RSVP or More Info:
916.732.2020

Lic. #FD-1242

Thurs., June 7
Thurs., Aug 2 (Dinner @ 6:30 pm)

11:30 am to 12:30 pm

EAST LAWN
Memorial Park & Crematory

4300 Folsom Blvd.,
Sacramento, CA 95819

To RSVP or More Info:
916.732.2000

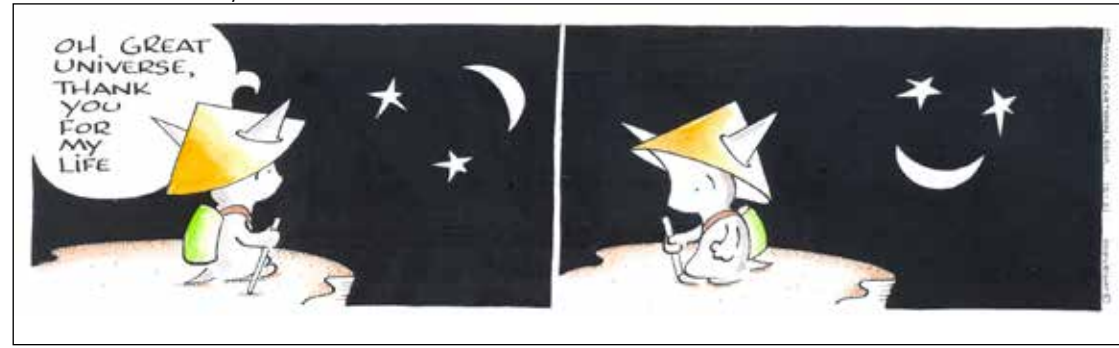
Reservations Required. Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar. If you prefer to RSVP via email, log onto our website and go to the seminar registration page.

www.EastLawn.com

Wizard of Id by Parker, Mastroianni & Hart



Hole Mole by Rick Hotten



BC by Mastroianni & Hart



Cranky Girl by Crystal Jones



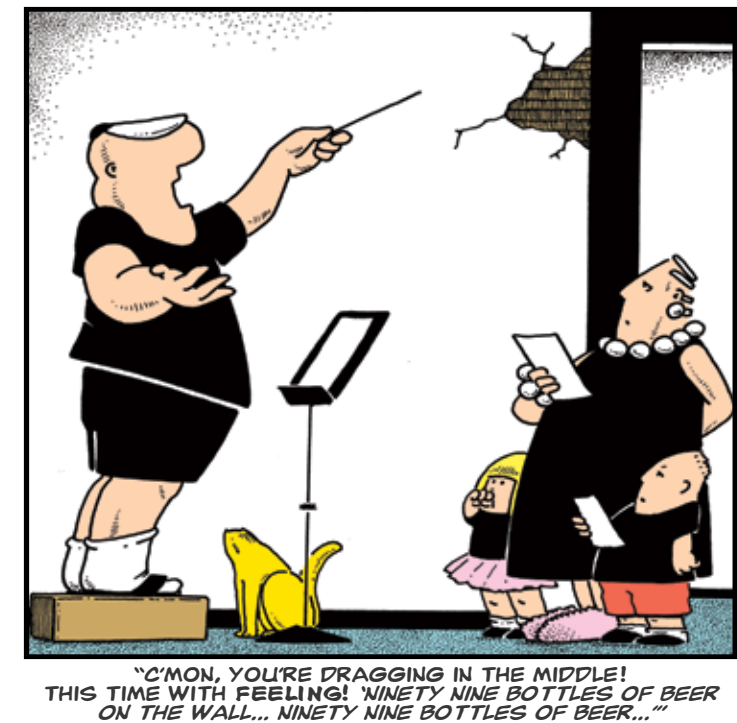
Frank and Steinway by Wil Panganiban



Tundra by Chad Carpenter



Funday Morning by Brad Diller



Loose Parts by Dave Blazek



Tastes Like Chicken BY JOSH ALVES



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FAIR OAKS THEATRE FESTIVAL Summer Concert Series

Journey Tribute Band



Saturday, May 26 at 7:30 PM

Steely Dan Tribute Band



Saturday, August 18 at 7:30 PM

Eagles Tribute Band



Saturday, September 22 at 7:30 PM

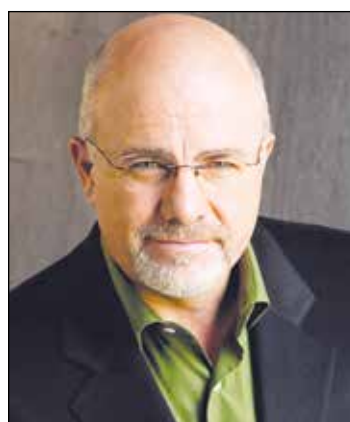
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www.fairoakstheatrefestival.com

Ticket Prices: General \$15.00. \$20.00 at the door

\$2.00 Off

\$2.00 off the price of an admission ticket. Only 1 ticket with each original ad.



Dave Says

That's when you can have a little fun and spend some money on a vacation, new furniture, or something like that.

First, lay a solid foundation

Dear Dave,
When is it okay to have a little fun, and buy things you want, when you're following the Baby Steps plan?

-Kaitlin

Dear Kaitlin,
The time for a little fun is after you've completed the first three Baby Steps. Baby Step 1 is saving \$1,000 for a beginner emergency fund. Baby Step 2 is paying off all debt, except for your home. And Baby Step 3 means you go back and add to your emergency fund until you have three to six months of expenses set aside.

Once you're debt-free except for your home — and you have your emergency fund completed — you've laid a solid, financial foundation for your life.

Children think about their immediate wants and do what feels good. Adults, on the other hand, devise smart, logical plans, and stick to them. I want you to have a great life, but you have to put in some hard work and say "no" to yourself sometimes in order to attain that great life!

—Dave

It's Baby Step 1 for a reason

Dear Dave,
I'll be receiving my income tax refund soon. It will be enough to completely pay off my two smallest debts, or get my starter emergency fund of \$1,000 for Baby Step 1 in place. What should I do?

-Brandy

Dear Brandy,
I love that you're excited about using your refund to start the Baby Steps, and begin gaining control of your finances. But we call the beginner's emergency

fund Baby Step 1 for a reason. Bad things can happen while you're working to get out of debt. That's why I want people to get a little money set aside before they start Baby Step 2, which is the debt snowball. What if the alternator on your car goes out, or your refrigerator dies? Life happens, and things go wrong. When this kind of stuff pops up, and you don't have any money set aside, you're likely to quit the plan and wind up going even deeper into debt.

I know you want to get out of debt. I want you to get out of debt, too. But I want you to stick with the plan, and actually get out of debt, instead of falling off the wagon the first time you hit a bump in the road!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★



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O SON OF MAN!

Veiled in My immemorial being and in the ancient eternity of My essence, I knew My love for thee; therefore I created thee, have engraved on thee Mine image and revealed to thee My beauty.

from the "Hidden Words of Baha'u'llah"

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Chuletas de Cerdo con Hueso **99¢/lb**

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USDA CHOICE Beef Bottom Rnd Steak
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HAPPY HOURS KARAOKE SPECIAL

Come before 6pm (Valid Time)

\$9 FOR 6 PEOPLE \$60.00
3 Hours Karaoke • 2 Pizzas • Pitcher Soda • 2 Main Dishes (Small Room) (12 inch) (Up to 3 pitchers) (10 Dishes to Choose From)

\$9 FOR 8 PEOPLE \$80.00
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\$9 FOR 14 PEOPLE \$140.00
3 Hours Karaoke • 2 Pizzas • Pitcher Soda • 5 Main Dishes (Family Room) (16 inch) (Up to 7 pitchers) (10 Dishes to Choose From)

\$9 FOR 18 PEOPLE \$180.00
3 Hours Karaoke • 3 Pizzas • Pitcher Soda • 7 Main Dishes (Large Room) (18 inch) (Up to 9 pitchers) (10 Dishes to Choose From)

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Mon-Thru 4:00 PM - 9 PM
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Sun 2:00 PM - 9 PM

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Bunch Red Radish 3/\$1	Red Onions 3 lbs/\$1	Red Potatoes 2 lbs/\$1	Pineapple 2/\$5	Limes 6/\$1	Avocado 2 lb Bag 2.99
Golden Sweet Potato 2 lbs/\$1					

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ASIAN GROCERY

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Sushi Rice 5.99	Sakha Sweets 4.4 lb 2.99	Round Soursop 30 x 4 g 2.99	Cold Noodle 1040 g 2.99	Non-Fried Ramen Noodle 5 Packs 1.5 lb 2.99	Vermelli Asian Noodle 4 lb \$5.99	Coconut Drink 2 kinds 507 fl oz \$1.99
Kabosu Backbones Noodle 4 lb 3.99	Sausage 8 x 0.18 oz 1.99	Kelle Katy Soy Sauce Dispenser 5 fl oz 3.99	Classi Jusani Sake 1.5 L \$5.99	Korona Serrano Oil 5.5 fl oz 1.99	Kashi Bran Cereal 12 x 12 fl oz 7.99	

FROZEN DEPARTMENT

Stromboli 4.99	Shrimp • Pretzel & Dried Fruit 4.99
----------------	-------------------------------------

EUROPEAN DELI

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RANCHO SPORTS

2018 TRAL Track and Field League Finals

By David Sewell, Mitchell Track and Field Head Coach

RANCHO CORDOVA, CA (MPG) - The 2018 TRAL Track and Field League Finals took place at Capital Christian High School last week. The middle school athletes competed hard, some even putting forth record setting performances.

W.E. Mitchell Middle School Recap: 6th grade girls Morgan Sebastien and Sierra Adair both took 1st place in the shot put and long jump, respectively.



7th grader Annabelle Bottimore took two league championships: 1st place medals in the 200 meters and in the long jump. Photo by Rick Sloan

6th grade boys Kevin Godinez and Brandon Wesley took 1st place in the shot put and high jump, respectively.

7th grade girl, Annabelle Bottimore, took two league champion 1st place medals in the 200

meters and in the long jump, with Kaeli Savorn also placing 1st in the shot put.

Our lone 7th grade boy as league champion was Erik Fillion, who won the 65 meter hurdle race.

Our 8th graders compose most of our 81 team members, with 52 members. There were many of them in the winner's circle.

Four different 8th grade girls earned 1st place medals at the meet. Nicole Reznikova won the 200 meter, Tori Amador-Sanchez won the long jump, Alexis Cornish won the shot put and Ilona Minlikayev won the high jump.

Our 8th grade boys won both relays and five individual events. The 4 x 100 relay team of Aaron Fernandez, Dominic Stephens, Ashton Ready and Marlon Schulze won 1st place with a time of 50.32. The 4 x 400 relay team of Marlon Schulze, Charles Porter, Wyatt Stephenson and Ashton Ready not only took home first place, but set a school and meet record time of 4:00.89.

As for individual performances by Charles Porter and Marlon Schulze, Charles won 1st place in the mile with a time of 5:38 and also won the 800 meter with a time of 2:21.47. Marlon took 1st place in the 100 meter with a time of 12.35 and also the 200 meter, with a time of 25.56.

Worth mentioning was the incredible 1600 meter performance by Capital Christian's 7th grader, Jack Hendrick, who posted a remarkable time of 5:09.9 minutes. ★

TRAL League Finals - Team Scoring		2018				
Girls Banner	Mitchell	Mills	Natomas Charter	Bradshaw Christian	Capital Christian	
6th Grade	59	5	75	27	57	
7th Grade	84	56	56	16	31	
8th Grade	105	40	4	12	74	
totals	248	101	135	55	162	
Boys Banner	Mitchell	Mills	Natomas Charter	Bradshaw Christian	Capital Christian	
6th Grade	71	13	46	0	85	
7th Grade	25	52	32	41	53	
8th Grade	99	63.5	7.5	41	40	
totals	195	128.5	85.5	82	178	
Overall Team Banner	Mitchell	Mills	Natomas Charter	Bradshaw Christian	Capital Christian	
6th Girls	59	5	75	27	57	
6th Boys	71	13	46	0	85	
7th Girls	84	56	56	16	31	
7th Boys	25	52	32	41	53	
8th Girls	105	40	4	12	74	
8th Boys	99	63.5	7.5	41	40	
totals	443	229.5	220.5	137	340	



7th grade boys league champion was Erik Fillion, who won the 65 meter hurdle race. Photo by Rick Sloan

EVENTS CALENDAR



Lakeview Village In/Out Parking Lot Sale

Date: 5-12-18
Time: 8:00am to 2:00pm
Place: 6211 Summerset Lane Citrus Heights, CA 95621
Info: Bake sale, books, household, holiday, clothing, linens, bedding, tools and some furniture. Food is available in Café. Dollar-palooza tables too.

A silent auction and raffle will feature items such as a stay in Cancun, fencing lessons and family-friendly outings.

5th Annual Sacramento Taco Festival

Date: 6-2-18
Time: 10:30am to 6:30pm
Place: Del Paso Blvd in Old North Sacramento
Contact: www.sactacofest.com

Info: Featuring over 25 taco vendors, lucha libre, a singing contest, car show, and the crowd favorite... Northern California's Chihuahua Beauty Contest.

SPCA Spring Book Sale

Date: 6-2 through 6-10-18
Time: Thurs- Sat 10:00am to 6:00pm Sun 11am to 5pm
Place: Sunrise Mall 6041 Sunrise Blvd Citrus Heights, CA 95610
Contact: 916-504-2863

Info: Animal, Biography, Children, Cookbooks, Fiction, History, Mystery, Nearly New, Romance, science Fiction, Table Top, and more!

Strategies for Retirement Income that Lasts

Date: 6-2-18
Time: 1pm to 2:30pm
Place: Orangevale Library 8820 Greenback Lane Suite L Orangevale, CA 95662
Info: Come and join local Certified Financial Planner Bill Corley in a free workshop designed to help you create a monthly income that lasts throughout retirement. A retirement income PLAN is crucial to protect your assets and have sufficient income for 30+ years by avoiding unnecessary taxes, penalties and inflation. If you are still working and saving, planning to retire in the near future or already retired this workshop is for you! As a Certified Financial Planner (CFP) and a Retirement Income Certified Professional (RICP), Bill will give you the information you need to make informed decisions about your financial future. Registration required at www.saclibrary.org, Events/Orangevale.

Taste of Carmichael

Date: 5-18-18
Time: 5:30pm to 8:30pm
Place: La Sierra Community Center 5325 Engle Road Carmichael, CA 95608
Contact: 916-531-3086 Linda Martin

iFest

Date: 5-12-18
Time: 5pm to 9pm
Place: Village Green Park 3141 Bridgeway Drive Rancho Cordova, CA 95670
Contact: cordovacouncil.org

A.M. Winn Celebrates May Faire

Date: 5-19-18
Time: 10am to 2pm
Place: 3351 Explorer Drive Sacramento, CA
Contact: 916-752-0410
Info: The May Faire is a festival that is open to the public and includes games, food, crafts, performances and community booths. The first and fifth grade students will perform the traditional Maypole dance beginning at 10:15. Admission and many activities are free, though the fundraiser will also be selling tickets to participate in additional activities as well as purchase crafts and

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LEGAL ADVERTISING

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, May 21, 2018 at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

RESOLUTION AMENDING AND/OR APPROVING THE ENGINEER'S REPORT AND ORDERING THE LEVY AND COLLECTION OF ASSESSMENTS WITHIN THE LANDSCAPING AND LIGHTING DISTRICT 2005-1 FOR FISCAL YEAR 2018-2019

The purpose of this public hearing is to conduct a hearing authorizing the levy and collection of assessments in Landscape and Lighting District No. 2005-1 for Fiscal Year 2018-2019. The assessment applies to benefiting properties in the District for the purposes of providing landscape maintenance services. There are no new impacts to existing or new residents.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to Jeanette Cervantes, City of Rancho Cordova Public Works Department at (916) 851-8700.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on **May 4, 2018 and May 11, 2018**

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, May 21, 2018 at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

RESOLUTION APPROVING PROCEEDINGS FOR THE ANNUAL LEVY AND COLLECTION OF SERVICE CHARGES FOR THE TRANSIT RELATED SERVICES BENEFIT DISTRICT ZONE NO. 2 FOR FISCAL YEAR 2018-2019

The purpose of this public hearing is to conduct a public hearing authorizing the levy of charges in the Transit Related Services Benefit District, Zone No. 2 for Fiscal Year 2018-2019. The service charges apply to residences and businesses in the Sunridge Specific Plan Area to fund a broad range of transportation services intended to benefit property in Zone 2. There are no new impacts to existing or new residents.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to Jeanette Cervantes, City of Rancho Cordova Public Department at (916) 851-8700.

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Printed in the Grapevine Independent on **May 4, 2018 and May 11, 2018**

NOTICE OF PROPOSED ORDINANCE

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of May 21, 2018:

ORDINANCE NO. 6-2018

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA ESTABLISHING A SPECIAL TAX FOR TRANSIT RELATED SERVICES FOR THE HOMEWOOD SUITES

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on May 11, 2018.

NOTICE OF PROPOSED ORDINANCE

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of May 21, 2018:

ORDINANCE NO. 8-2018

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA ESTABLISHING A SPECIAL TAX FOR TRANSIT RELATED SERVICES FOR THE SUPERIOR SELF STORAGE PROJECT

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on May 11, 2018.

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2729 PROSPECT PARK DRIVE
RANCHO CORDOVA, CA 95670

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WE CANNOT ACCEPT: Large household appliances (i.e. refrigerators, washers, dryers, etc.) vacuum cleaners, furniture, solar panels, Hazardous Household Waste including batteries, car batteries, paint, pesticides, used oil, cleaning supplies, fluorescent light bulbs, water heaters, tires, etc.

For optimal security, CEAR, Inc. shreds all computer hard drives. The secure facility is monitored 24/7 by surveillance cameras.

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FOR DETAILS OR QUESTIONS, PLEASE CONTACT:
THOMAS STEINBACH at (916) 730-2709
OR **ELLIE WITT** at (916) 215-1517



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Our 42nd Annual Cactus & Succulent Show & Sale May 19 & 20, 2018

Free Plants to 1st 100 Guests each day

Free Admission



Beautiful Displays of Cacti & Succulents

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Saturday 9:00am - 4:00pm
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From 10:00 AM to 7:00 PM EST

Start a Business Weekend®, presented by The Entrepreneur's Source®, kicks off on May 17! We are very excited to share this exclusive invitation to a truly innovative online event.

Want to learn more? Please contact:
Louis J McNerney
LMcNerney@esourcecoach.com
(916) 335-1126
<http://lmcnerney.esourcecoach.com>

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SATURDAY, MAY 26

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