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Grapevine Independent

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PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

January 27, 2017

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Virtual Public School Gives Back at Sacramento Food Bank



Volunteers (above) from California Connections Academy @ Ripon sort food in their service project at the Sacramento Food Bank.

Jason Meadows (left), warehouse coordinator for the Sacramento Food Bank, demonstrates methods and procedures to volunteers from California Connections Academy @ Ripon.

**Story and photos
by Margaret Snider**

SACRAMENTO, CA (MPG)

- California Connections Academy @ Ripon is a tuition free, virtual public school serving students in an eight county region including Sacramento County. While students are widely dispersed and complete course work online, they do get together regularly for field trips.

Amber Manko, School Counselor from Modesto said that she and other counselors and advisory teachers decided a good way to get students engaged in community service would be to schedule a service project. After researching, they agreed that the Sacramento Food Bank sounded like a good choice. "I've been pretty impressed with the

organization and how it's run," Manko said. "I'm really just excited to be able to offer the opportunity for kids."

At the food bank Maria Zefo, food resource manager, showed the group around the facility on Bell Avenue in Sacramento. The food bank took over the building from Senior Gleaners around two years ago. "At that time, we were feeding about 50,000 people," Zefo said. "Now we're at 135,000." Zefo took the group through several of the warehouses (there are five) to the one where the group would work. She filled them in on Sacramento Food Bank facts along the way.

The organization serves Sacramento County via 220 other agencies who come to them for food and resources: churches, soup kitchens, food pantries, senior programs and more. The food bank itself does not dispense

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Region Now Conserving Water at 25 Percent

SACRAMENTO REGION, CA (MPG)

- Sacramento-area residents reduced water use by 25 percent in 2016 compared to 2013 even without a state mandate to conserve, according to an analysis of water use figures submitted to the State Water Resources Control Board (State Water Board) and the Regional Water Authority (RWA), which represents nearly two dozen water providers in the Sacramento region.

"The savings last year demonstrate that residents are continuing many of the water-wise behaviors adopted during the drought," said RWA Water Efficiency Program Manager Amy Talbot. "The conservation ethic did not go away with the mandates."

The State Water Board in May 2016 adopted a new Emergency Regulation that allowed water utilities to set their conservation standard based upon local water supply conditions and the utility's ability to pass a "stress test" (to meet customer demand in the next three years if drought continued). Local water providers certified that they have adequate supplies to meet customer needs. "However, this was not a signal to stop using water wisely," Talbot said. "Instead, it recognized that local water providers have planned and invested in building reliable supplies for decades."

The 25 percent savings in 2016 comes on top of significant water use reductions over the past decade. Overall, the region's water demands have decreased 9 percent from 2000-13, while population increased 17 percent. The region uses the same amount of water today as it did in 2000 while serving 400,000 more people. And, during the drought, the Sacramento region achieved some of the highest water use reductions in the state.

"Although the Sacramento region is no longer in a drought, we're encouraging everyone to continue using water wisely," Talbot said. "Droughts are a part of life in California and remind us that water is precious. Wasting water is foolish, especially when there are so many easy ways to conserve."

RWA and local water providers are asking residents to turn off sprinkler systems until spring, especially in light of the recent drenching by winter storms. In addition, now's a great time to consider how to save water indoors by, for example, replacing older fixtures with high-efficiency WaterSense-labeled ones. These include toilets, showerheads, faucets, aerators and weather-based sprinkler timers.

Learn about rebates for high-efficiency fixtures available from local water providers, as well as tips for using water wisely, at BeWaterSmart.info.

RWA is a joint powers authority representing two dozen water providers and affiliates in the greater Sacramento area. *Source: RWA*

RCPD Partners with CA Department of Alcoholic Beverage Control to Reduce Underage Drinking

RANCHO CORDOVA, CA (MPG) - Nearly 20% of American adolescents ages 12-20 reported alcohol consumption in 2015, according to the National Survey on Drug Use and Health. The Rancho Cordova Police Department (RCPD) and the California Department of Alcoholic Beverage Control (ABC) are working to reduce that number in our community.

RCPD will work with ABC until the end of August in a coordinated effort to help reduce underage drinking and reduce youth access to alcohol through education and enforcement. RCPD and ABC will conduct several operations in the

City of Rancho Cordova and its neighboring areas in Sacramento County that focus on businesses and individuals that provide alcohol to adolescents under the age of 21.

"I look forward to working with the California Department of Alcoholic Beverage Control to reduce underage drinking and its repercussions in our community," said Rancho Cordova Police Chief Chris Pittman.

The operations, conducted by RCPD Problem Oriented Policing (P.O.P.) officers and ABC agents, consist of "shoulder taps" using minor decoys, or situations

when adolescents stand outside of liquor stores or markets and ask adults to buy alcohol for them, as well as inspections of local businesses that hold ABC licenses. This project is part of ABC's Minor Decoy/Shoulder Tap Grant Project, funded by the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

For questions about this program, contact program coordinator Sergeant Claudio Sotelo at 916-875-5710 or at csotelo@ranhocordovapd.com.

Source: City of Rancho Cordova

The Heart of a Volunteer

Honoring Neil Orchard Senior Center's Volunteers

SACRAMENTO, CA (MPG) - More than 50 men and women will be honored at the 2017 Volunteer Appreciation Celebration on February 8, 2017 for their commitment to the Neil Orchard Senior Activities Center and the community. Every year, the Cordova Recreation and Park District hosts this important event to recognize the invaluable contributions of these volunteers.

“It truly takes a village to help keep the Neil Orchard Senior Activities Center running smoothly year round,” said Heather Schelske, CRPD Recreation Supervisor. “We cannot thank these inspiring

individuals enough for their time and unwavering dedication to making the center a better place.”

The center serves about 1600 to 1800 seniors a month and has 600 registered members. Those being recognized include members of the Cordova Senior Advisory Board and volunteers for Meals on Wheels, the Garden Club, the kitchen, the front office, drivers and recreation programs and events. Honorees will receive certificates from the Office of Assemblyman Ken Cooley.

The event is sponsored by Atria Senior Living. For more information call (916) 366-3133

Source: CRPD ★

GSW Collaborating with Schools to Test for Lead in Drinking Water

SACRAMENTO REGION, CA (MPG) - Golden State Water Company has announced it will work closely with schools in each of its service areas to test the drinking water inside school facilities for compliance with state and federal lead standards. This work is in accordance with the State Water Resources Control Board Division of Drinking Water’s recently-announced initiative encouraging California schools to work with their local water providers to sample for the presence of lead in the drinking water that is served to students and staff.

“Drinking water safety is of paramount importance to families across California,” said Denise Kruger, Senior Vice President of Regulated Utilities for Golden State Water Company. “Golden State Water’s dedicated team of water quality professionals regularly treats, tests and monitors the water we deliver for more than 230 elements, including lead; however, the most-common cause of lead exposure in the drinking water at schools is often prolonged contact with a building’s lead-based pipes and plumbing fixtures. This collaboration with the more than 500 schools we serve provides Golden State Water the opportunity to test

the drinking water inside the facilities and communicate the sampling results to the schools.”

Any school served by Golden State Water is eligible to have its drinking water tested for lead at no charge through the program. Schools wishing to have their water tested are asked to visit www.gswater.com/schools for additional details, or contact Golden State Water directly by phone (1.800.999.4033) or email (waterquality@gswater.com). All requests must be submitted by a school official.

“We look forward to working with our local school administrators on this important project,” said Kruger.

Golden State Water has been serving reliable drinking water to Californians for more than 85 years and has a dedicated team of more than 500 water experts who ensure the water delivered to customers meets stringent quality standards. Golden State Water provides drinking water service to approximately 1 million Californians (257,000 connections) in 76 communities throughout the state.

For more information visit www.gswater.com.

Source: GSW ★

Stroll Through the Decades and Go Back in Time 100 Years

SACRAMENTO REGION, CA (MPG) - Ninety-two year old Marjorie Young has a clear memory of the 1940s. In 1942, Elvin Young, a handsome Army Air Corps pilot stationed in Ontario, California, asked her to be his wife. She was living in Eunice, Louisiana, at the time, but quickly traveled across the U.S. to California where the two married at St. George on September 1st. Shortly after their wedding, Marjorie and her friend Virginia Martin were enjoying Euclid Avenue when they came across a dog show. A Los Angeles Times reporter stopped the ladies in their heels and fitted dresses and asked for a photo. The photo appeared in the LA Times, and Elvin bought a stack, handing them out to the guys in his squadron. “He was so proud,” said Marjorie.



Marjorie and her friend Virginia Martin enjoying a walk on Euclid Avenue. They came across a dog show. A Los Angeles Times reporter stopped the ladies in their heels and fitted dresses and asked for a photo. The photo appeared in the LA Times. Photo courtesy of Marjorie Young

A year later, he would serve 13 months in Nice, France, during WWII.

Their first son, Donald, was born in Louisiana where Marjorie lived with her parents while Elvin was stationed overseas. Marjorie had a great sense of style, so when she decided to have a portrait taken of her



Elvin Young on the flight line. Photo courtesy of Marjorie Young

and 18 month old Donald, she went to the local boutique to pick out a suit. This special boutique brought New York fashions to the small town of Eunice. Suits like her black jacket with checkered skirt were very popular during that era, explained Marjorie. “But the shoes are what I liked best.”

After the war, Elvin retired from the Army and the two settled in Whittier, California, where Elvin worked as a chemist with an oil company. The two raised three children; two boys and a girl. Eventually, Marjorie



Elvin D. Young. Photo courtesy of Marjorie Young

went to school and became an accredited teacher working with students in 3rd, 5th, and 7th grades.

The family moved to Fair Oaks when Elvin was recruited for a position with the State of



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California. Marjorie lived in the same house for 52 years before coming to Eskaton Lodge Gold River. “The people are good here,”



Army Air Corps patch. Photo courtesy of Marjorie Young

she said. “It’s friendly and helpful.”

Marjorie’s photos and fashions, along with more than a dozen displays, will be showcased at Eskaton Lodge Gold River on Saturday, January 28, from 11am to 3pm. The event is free with complimentary valet parking. Come enjoy hors d’oeuvres and beverages and take a stroll through 100 years of history and fashion including wedding dresses from 1900 to 1999. For more information, visit www.eskaton.org/100 or follow us on social media using #BackInTime.

Source: Eskaton Media ★

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What's Happening at the Rancho Cordova Library

Veterans' Resource Station
Time: Weekly, Tue-Sat
Place: RC Library
9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Trained volunteers help connect vets with earned benefits. Call for daily hours.

Chess Club
Time: Jan 3, 31, 4-5:30 pm
Place: RC Library
9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Free, informal fun (STEM/STEAM-friendly) chess training. Some teaching. Ages 7+

Read to a Dog
Time: Monthly; 1st Tue, 6:30-7:30 pm
Place: RC Library
9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Bring or borrow a book to read to a furry pal from Lend-A-Heart. Fun reading practice!

Minecraft
Time: Monthly; 1st Wed, 3:30-5:30 pm
Place: RC Library
9845 Folsom Blvd
Contact: 916 228 2113, saclibrary.org
Info: World building/adventure game. BYO or play ours. 24 spaces available. Ages 6-19

Nature's Critters
Time: Monthly, 1st Thu, 4 pm
Place: RC Library
9845 Folsom Blvd
Contact: 916 264 2920,

saclibrary.org
Info: Fun education with live animals. Presented by Lisa Seto.

Garden Club
Time: Monthly, 1st Fri, 1-2:30 pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Seasonal garden tips, guest speakers. Adults.

Coffee, Tea and Conversation for Seniors
Time: Monthly, 1st Sat, 10-11 am
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Adults 55+. Refreshments, conversation.

Sakramento Anime Society
Time: Weekly, Sun, 3-7 pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Watch, draw, play games. Adults.

Garden Time Fun for Children
Time: Jan 11th & 25th, 11 am – 12 pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: School-age kids learn about growing veggies and healthy eating in the Read and Feed Training Garden.

Mystery Lovers Book Club
Time: Monthly, 3rd Tue, 3-4:30 pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Join mystery lovers for lively discussions.

Adult Writing Group
Time: Monthly, 3rd Thu, 6-8 pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Feedback & encouragement for new writers. Gentle critiques of shared short works. Adults.

Soldier's Project Support Group
Time: Monthly, 3rd Wed, 6-7pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Support group for veterans and their loved ones.

Mini-Marshmallow Building Challenge
Time: Jan 20, 4 pm
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: STEM for school-age. Build structures, munch on marshmallows.

Storytime
Time: Weekly; Wednesdays 10:30-11 am
Place: RC Library 9845 Folsom Blvd
Contact: 916 264 2920, saclibrary.org
Info: Build early literacy skills. Stories, songs, more.

Arts Important to Community Economics, Ulich Says

Story and photo by Margaret Snider

RANCHO CORDOVA, CA (MPG) - When Jody Ulich came to the City of Sacramento as the new director of Convention and Cultural Services, one of the first people she heard from was Rancho Cordova’s now mayor-elect Linda Budge. “Actually, I think that on my first day, as I’m just trying to figure out how to get downtown,” Ulich said, “Linda was my first phone call.”

Budge had attended the United States Conference of Mayors in Dallas in June of 2014 and learned how the state of Texas had developed arts districts and how valuable they were in economic development. Later in the fall, Budge read that Ulich, who was just starting her new responsibilities in Sacramento, had come from Fort Worth. “So I knew she was bringing the skills that I had been so in awe of in the Dallas-Fort Worth area,” Budge said. “I was her first speaking engagement. I got her three weeks after she came to town, and she has come to talk to the (Rancho Cordova) leadership classes for three years now.”

On January 20 at the Rancho Cordova January luncheon, one of the focuses of Ulich’s message was that big cities don’t have the only claim on the arts. Arts organizations are just as important in smaller communities. “It’s really important in all reality that we go completely and totally regional,” Ulich said.

Rebecca Garrison, chair of the Metropolitan Arts Commission, attended the luncheon. Her colleagues, Garrison said, understand the local arts community



Jody Ulich, director of Convention and Cultural Services for City of Sacramento, second from left, spoke at the Rancho Cordova January luncheon. “The arts really help to define and make a community special,” Ulich said. With Ulich, left to right are Linda Budge, City of Rancho Cordova vice-mayor; Rebecca Garrison, chair of Sacramento Metropolitan Arts Commission; and Rick Sloan, Cordova Recreation and Park District board of directors.

extends well beyond downtown and midtown. “Some of the most significant arts initiatives are happening in places like Rancho Cordova, Elk Grove, and Folsom,” Garrison said. “I think we are starting to see that jurisdictional boundaries fade away when artists get together to collaborate and strengthen their own community.”

Whether nonprofit or not, arts organizations are businesses, Ulich said. They employ people, and those people are likely to live and shop locally. “These organizations themselves are economic drivers in your community, they serve your community,” Ulich said. “They make your community different, they help to identify your community . . . Then the second thing it does, is it tells employers that arts and culture are important to your community and this makes it a great place to live.”

Asked about the renovation of the Sacramento Community Center, Ulich said, “We finally have funding for this, so I will tell

you we are moving forward with that.” The Community Center includes the Convention Center, the Community Center Theater, and Memorial Auditorium. The first year will focus on infrastructure at Memorial Auditorium, such as sound system and rigging upgrades. Then the Community Center Theater will be moved to Memorial Auditorium for a year and the theater will be redone. “It’s going to be ADA accessible, upgrades of all the theatrical systems, new seating . . . expanded lobby space,” Ulich said. “ . . . I would say that within three years both of those projects should be done.”

Ulich stressed the importance of government support for the arts and the continued funding in Washington D.C. for the National Endowment for the Arts. “If, as you are growing your arts program, you want to apply for a grant from the California Arts Council, the answer is, that money comes from the NEA,” Ulich said. “. . . The NEA is very, very

important.” She said the NEA also funds the military healing arts network, providing veterans with arts programs such as music, yoga, and painting.

As director, Ulich oversees a staff of 245 and a budget of about 18 million dollars. Her realm includes Sacramento Community Center Theater, Convention Center, Memorial Auditorium, Sacramento History Museum, Metropolitan Arts Commission, Crocker Art Museum, Historic City Cemetery, Old Sacramento Historic District, Fairytale Town, and the Sacramento Zoo. Before coming to Sacramento in 2014, Ulich was director of the Fort Worth, Texas, arts council for seven years. She spent ten years as cultural services director in Tempe, Arizona.

For more information about Sacramento’s Convention and Cultural Services Department, see www.cityofsacramento.org/Convention-Cultural-Services.

Annual Pasta Feed Fundraiser Gains Funds for CRPD’s Teens and Youth

SACRAMENTO, CA (MPG) - Bring the family for a night of pasta, prizes and fun at the second annual Pasta Feed Fundraiser on Friday, February 17 at 6:00 p.m. hosted by the Friends of Cordova Parks. Enjoy yummy pasta and participate in the auction and raffle for the chance to win amazing prizes, including a 58-inch smart television, tickets to Disneyland, tickets to the River Cats game and

sports memorabilia. The fundraiser will be held at the Neil Orchard Senior Activities Center, 3480 Routier Road, Sacramento, and will benefit the H.Y.D.E. Out Teen Center and the Hagan Community Pool Renovation Project. Tickets are \$10 per person and available at the Neil Orchard Senior Activities Center, the Hagan Community Center and the District office. No

tickets will be sold at the door. Friends of Cordova Parks, Inc., is an independent non-profit organization that promotes and supports recreation activities, park improvements, facility use, and the cultural well-being of the community within the boundaries of the Cordova Recreation and Park District.

Source: CRPD ★

Library Book Warehouse Sale Feb 4th

SACRAMENTO COUNTY, CA (MPG) - An ever-changing inventory of more than 100,000 “gently used” books, will be offered for prices from fifty cents to \$2 at the Saturday February 4 sale at the warehouse of the Friends of the Sacramento Public Library.

More than 4,000 children’s books will also be for sale at prices from 50 cents to \$1. A few videos, audio books, CD’s and DVD’s will also be available.

Sale hours on Saturday will be from 9 a.m. to 4 p.m., with a preview and sale on Friday Feb 3 from 5 p.m. to 8 p.m. for Friends members only (You can join at the door for \$20). The warehouse is at the rear of the Friends’ store at Suite E, 8250 Belvedere Avenue, just south of 14th Ave. between Power Inn Rd.

and Florin-Perkins Rd. Plenty of parking is available, but visitors should be careful not to park between the “No Parking” signs on the south side of Belvedere.

Income from the sale helps pay for programs, equipment, and materials local libraries need but can’t afford. With more books constantly needed, the Friends will be glad to have yours, too. See a staff member on how to donate.

The book store will be open during the sale as well as weekly on Thursdays from 10 a.m. to 2 p.m. and Fridays and Saturdays from 10 a.m. to 5 p.m. Items there are priced from \$1 up. For more information, call (916) 731-8493 or go to bookden@saclibfriends.org.

Allergy Alert Cashew Allergen in Dry Roasted Almonds

U.S. FDA Special Report

SACRAMENTO REGION, CA (MPG) - Specialty Commodities, Inc. (SCI), a subsidiary of Archer Daniels Midland Company (NYSE: ADM), is recalling a specific lot of dry roasted almonds because they may contain undeclared cashews. People who have an allergy or severe sensitivity to cashews run the risk of a serious or life-threatening allergic reaction if they consume these products.

The recall was initiated after it was discovered that the cashew-containing product was distributed in packaging that did not reveal the presence of cashews. The recalled dry roasted almonds were distributed between December 22, 2016, and January

19, 2017, to three customers, one of whom redistributed them for sale in either bulk bins or clam shells to retail outlets in California, including Safeway and Nugget Markets.

Subsequent investigation indicates the problem was caused by a temporary process irregularity that occurred at the third-party contract manufacturer that processed and packaged the almonds for SCI. Then, an inventory processing irregularity resulted in the almonds being forwarded to the impacted customers.

Please direct any customer inquiries to 770-752-8229 between the hours of 8 a.m. and 5 p.m. Eastern Time Monday through Friday.

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And Another Thing ...

There is No Constitutional Right to Injure Anyone, Or to Use the Demonstration to Steal or Destroy Anyone Else's Property

Congresswoman Doris Matsui was quoted on Wednesday in the Sacramento Bee, “I love my country. And our country is so important and critical in the world. I thought that my personal feelings about Trump should not prevent me from showing support for our democracy.” She also said that if she refused to attend Friday’s inauguration, then it becomes “Trump’s party, and it’s not a party. It’s a serious occasion, the peaceful transference of power. The rest of the world is watching, too. I think it’s important for us to look as unified as we can because we have to look forward.” I agree, and no elected candidate is seen, nor should they be seen, as more than a fellow citizen who has been chosen for a limited term as President. There are always some who are unhappy with the person being sworn in, and in the United States, they can publicly show their opinion of that person. President Trump isn’t the first candidate to lose the popular vote, but win the election.

The encyclopedia, whether it is rows and rows of books or an electronic encyclopedia, is still a resource of knowledge that is extremely helpful when trying to find out how history is related to us, and how so much of it is surprisingly relevant today. Since every state varies in population, and many popular votes for different candidates can be quite close within an

individual state, it makes sense that a candidate might win the popular vote across the entire United States, but not win the Electoral College. Four candidates in the past did not receive a plurality in terms of popular votes but were elected by the Electoral College. Only one candidate, John Quincy Adams, lost the popular vote by 44,804 and was chosen by the House of Representatives after a tie in the Electoral College.

The presidential candidates who lost by popular vote were John Quincy Adams who lost by 44,804 popular votes to Andrew Jackson in 1824; Rutherford B. Hayes lost by 264,292 popular votes to Samuel J. Tilden in 1876; Benjamin Harrison lost by 95,713 popular votes to Grover Cleveland in 1888; and George W. Bush lost by 543,816 popular votes to Al Gore in 2000; and I don’t have the exact numbers, but I believe President Elect Trump lost by about 3,000,000 popular votes. All five of these candidates didn’t win by popular vote as was shown, but they did win the election.

The result of the November 8, 2016 election has brought out many demonstrators who are expressing their constitutional right to show their unhappiness with the election results, but there is no constitutional right to injure anyone, or to use the demonstration to steal or destroy anyone else’s property. Historically, the 1876 election was one of the most disputed elections in American history. There were 20 contested electoral votes, and after a bitter legal and political battle, they were awarded to Hayes in

1877. The history of that compromise is a story in itself, and I do not have room in this column to give that too. However, history is very interesting if you are willing to take the time to do some research on your own.

And another thing that is a piece of history, Eugene Cernan was the commander of Apollo 17 in December 1972. He was the last to re-enter the lunar module, and the last to walk on the surface of the moon. He died last Monday at the age of 82, and the words he spoke on his final goodbye to the moon are not as famous as Neil Armstrong’s were, but they say so much. “...America’s challenge of today has forged man’s destiny of tomorrow. And, as we leave the Moon at Taurus - Littrow, we leave as we came and, God willing, as we shall return, with peace and hope for all mankind. Godspeed the crew of Apollo 17.” In 1999, he was quoted again, “Here I am at the turn of the millennium and I’m still the last man to have walked on the moon, somewhat disappointing. It says more about what we have not done than about what we have done.” We have all made a true mark in history, and it didn’t have to be on the moon. Each and every citizen of the City of Rancho Cordova, all 72,203 of us, are continuing to learn from the past and are making great progress toward the future every day. Don’t forget how each person brings hope to others by just trying to help a little. That’s what we do here in Rancho Cordova.

From Councilman Bob McGarvey, God bless, and see you next time. ★

Virtual Public School Gives Back at Sacramento Food Bank

Continued from page 1

food from their facility, but they do send their trucks out to nearly 20 sites to dispense food. “We just completed hunger assessment for this county, what areas are not being served, where there is need and no agency, where we can go and pull up a truck and hand you some food,” Zefo said.

The Sacramento Food Bank serves over 135,000 people a month via family services programs and food distribution. In 2015 donors provided 16,342,858 pounds of food and 175,124 clothing items. Nearly 8,000 volunteers gave close to 90,000 hours of service. Only 7 cents on the dollar goes to operating costs, so 93% of the food bank budget goes directly to programs. The national average, per Zefo, is only 80% directly going to programs.

The California Connections Academy group’s job was to sort food, and they attacked the huge bins with gusto during their three hours of service. School Site Administrator Amy Hunt, along with her 10-year-old son Brady, worked alongside the others. “Brady and I got to the bottom of our barrel, and we moved on to another one,” Hunt said. “I think we were the slowest of everyone there. When we got to the bottom, everyone else had moved on to another one.”

Those volunteers who turned up for the event were happy they were able to help. “We’re already going to start looking for an opportunity in the Bay Area, another area that our families hopefully can attend,” Hunt said.

Though Manko was disappointed in the number of those turning out for this event, she hopes for a better response in the future. “I work with high school students and often they want to know how they can get involved in their community,” Manko said. “So it would be nice if our school can build on this and offer more opportunities throughout the year . . . It’s important.”

California Connections Academy @ Ripon opened in 2012 and is part of the Connections



Brady Hunt, 10, works along with his mother, Amy Hunt, school site administrator for the California Connections Academy @ Ripon other volunteers sorting food at the Sacramento Food Bank, and other volunteers.

Education Academy, which was founded in 2001. In the 2015-2016 school year, Connections education supported 30 virtual public schools in 26 states, serving more than 65,000 students.

For more information on California Connections Academy @ Ripon, call (209) 253-1208 or see www.connectionsacademy.com/california-online-school/about/ripon.

For more information on the Sacramento Food Bank, call (916) 456-1980 or see www.sacramentofoodbank.org. ★

Video Contest Challenges Kids to Bust Water Use Myths

SACRAMENTO REGION, CA (MPG) - Sacramento-area middle and high school students can win cash prizes and the opportunity to view their video on the Raley Field Jumbotron by entering the 2017 Water Spots Video Contest.

Sponsored by the Regional Water Authority (RWA), Sacramento Bee News in Education program and local water providers, the contest challenges students to create 30-second Public Service Announcement videos on the 2017 water efficiency theme: WATER MYTHS BUSTED: Most household water use occurs outdoors!

“In the Sacramento region, most household water use occurs outdoors, but people don’t believe it,” said Regional Water Authority Water Efficiency Program Manager. “Time and again, public opinion surveys

show the residents incorrectly believe that more water is used indoors.”

That’s why RWA and local water providers are challenging kids to bust the myth and educate the public about a fundamental fact: Most of the water we use daily goes on lawns and outdoor landscaping. “There are lots of ways to save water, but reducing outdoor water use can make the biggest difference of all,” Talbot said.

Water Spots Video Contest entries are due by Friday, March 3, 2017. Entries will be judged by a panel of water conservation experts and distinguished judges on creativity, entertainment value, accuracy, originality and incorporation of the 2017 water efficiency message. Finalist videos will be displayed on the Raley Field Jumbotron screen, and winners announced at a

Sacramento River Cats game in April 2017. Videos may be used in RWA’s 2017 advertising campaign. Winning students and their teachers will also get cash prizes.

Learn more about Water Spots, as well as tips for using water wisely, at BeWaterSmart.info.

RWA is a joint powers authority representing two dozen water providers and affiliates in the greater Sacramento area. Its primary mission is to help its members protect and enhance the reliability, availability, affordability and quality of water resources. RWA was awarded the national 2016 WaterSense® Excellence in Education and Outreach Award for its outstanding efforts to educate Sacramento-area residents about water efficiency and the WaterSense brand. ★

Aerojet Rocketdyne Delivers 2,500th PAC-3 CRI Missile and 500,000th PAC-3 ACM

SACRAMENTO, CA (MPG) - Aerojet Rocketdyne, announced January 16th it has achieved the milestone shipment of the 2,500th PATRIOT Advanced Capability-3 (PAC-3) Cost Reduction Initiative (CRI) Solid Rocket Motor and its 500,000th PAC-3 Attitude Control Motor (ACM) to Lockheed Martin. The achievement was commemorated during a ceremony at Aerojet Rocketdyne’s Camden, Arkansas facility.

“Achieving these delivery milestones is a testament to the commitment and hard work of our employees,” said Aerojet Rocketdyne CEO and President

Eileen Drake. “We take immense pride in these accomplishments and look forward to continuing to deliver the highest quality and reliable PAC-3 hardware to our customer.”

Aerojet Rocketdyne produces 180 solid propellant ACMs used on each PAC-3 CRI interceptor that enable the high-velocity interceptor to maneuver so it can defend against incoming targets, including tactical ballistic missiles, cruise missiles and aircraft.

Aerojet Rocketdyne has been manufacturing the PAC-3 CRI since 2000 and the PAC-3 ACM since 2004 at its Camden, Arkansas facility.

Aerojet Rocketdyne is an innovative company delivering solutions that create value for its customers in the aerospace and defense markets. The company is a world-recognized aerospace and defense leader that provides propulsion and energetics to the space, missile defense and strategic systems, tactical systems and armaments areas, in support of domestic and international markets. Additional information about Aerojet Rocketdyne can be obtained by visiting our websites at www.Rocket.com and www.AerojetRocketdyne.com.

Source: Aerojet ★

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The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.


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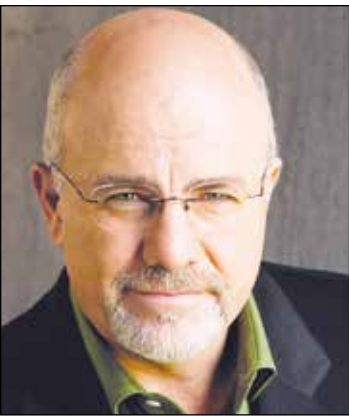
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Dave Says

Run From That Guy
Dear Dave,
My husband was recently laid off, and he has \$229,000 in a 401(k). He has been told that he should roll it into a hybrid annuity. Is this a good idea?
- Durnae

Dear Durnae,
Absolutely not! It sounds to me like he's been talking to an insurance agent instead of an investment advisor. There's no reason to put a 401(k) into an annuity. Annuities are there to protect money, as it grows, from taxes. Well, guess what? The 401(k) is already protecting it from taxes.
I would roll it into a traditional IRA in a series of growth stock mutual funds. You'll have half the fees, the advisor won't make anywhere near the commission he'd make on an annuity, and you'll get much better results in the end.
Yeah, I definitely wouldn't go the annuity route. I don't have a single annuity, and I've got a lot of investments. One of the reasons so many "advisors" push

annuities is because they wind up with bigger commissions. Annuities aren't evil or anything, but they're definitely not the proper product for you in this situation.
Get away from the guy who gave you this advice, and find a good financial advisor — not an insurance guy — with the heart of a teacher. You need to talk to someone who's interested in helping you two plan for *your* future, not theirs!
—Dave

Jobs From Home?
Dear Dave,
I'm 37 years old, married with two great kids, and I was just diagnosed with multiple sclerosis. I'm trying to plan for the future, and I was wondering if you have any suggestions for work at home or self-employment ideas for people with disabilities.
- Chris

Dear Chris,
I'm really sorry to hear you're facing this. You're a smart, brave young woman to be looking ahead and making plans for the coming years.
I suggest you read a book by Dan Miller called **48 Days to Creative Income**. Dan is a friend of mine, and he also wrote a popular book titled **48 Days to**

the Work You Love. The issue you're talking about is very close to his heart, and I think his books will be a great help to you.
There's also a book by Richard Bolles. It's called **Job Hunting for the So-Called Handicapped or People Who Have Disabilities**, and it's full of ideas to help you work around the issues you'll be facing.
There are lots of people out there — well-known, highly successful folks — who have disabilities and still make good money and have rewarding lives using the principles found in these books. Another great piece of news is it sounds like you have a wonderful support system around you.
God bless you all, Chris. I'm praying for you.
—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★

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Crossword Puzzle on Page 9

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L	I	C	H	I		H	U	H			O	U	T	E
U	S	H	E	R		E	R	A			P	L	U	T
	C	O	R	D	E	N			F	R	E	E	D	O
		E	A	R			B	E	A	N				
P	A	S		R	U	B	Y		M	E	N	S	C	H
A	L	T	O		P	L	E	D		R	A	M	I	E
N	O	I	R		T	U	B	E	D		G	A	L	L
D	O	L	E	D		E	Y	E	R		A	R	I	L
A	F	L	O	A	T		E	D	A	M		T	A	O
			K	I	S	S		M	A	R				
P	U	R	P	O	S	E		F	A	M	O	U	S	
I	N	E	R	T		P	A	Y		M	U	S	E	R
T	I	N	E	A		I	R	K		A	G	A	P	E
A	T	O	P			A	C	E		L	E	F	T	S

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Sudoku Puzzle on Page 9

9	3	4	1	6	2	5	8	7
7	6	8	4	5	3	2	9	1
1	2	5	7	8	9	4	3	6
5	9	2	8	3	1	6	7	4
3	1	6	5	4	7	8	2	9
8	4	7	2	9	6	3	1	5
4	7	1	3	2	5	9	6	8
2	8	9	6	1	4	7	5	3
6	5	3	9	7	8	1	4	2

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10093	MoorePark Enterprises, LLC, 10964 Britton Way Mather, CA 95655 is doing business under the Fictitious Business Name(s) "InfoPrincess Graphics & Design, Moore Associates Group" at 10964 Britton Way Mather, CA 95655. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 6, 13, 20, and 27, 2017	DESIGN 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10002	Kiet Tran, 7322 Florin Wood Drive #307 Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Arden Nail Care" at 3349 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 6, 13, 20, and 27, 2017	ARDEN 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09905	Tim Hee Langenderfer, 4939 Marconi Avenue # C8 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Timmy Lin" at 4939 Marconi Avenue #C8 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 21, 2016. Publish: January 6, 13, 20, and 27, 2017	TIMMY 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09986	Helena Alston, 7205 Grenola Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Unsatisfied Judgement Enforcement" at 7205 Grenola Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 6, 13, 20, and 27, 2017	UNSATISFIED 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09994	Miranda Viani, 3975 Oak Villa Circle Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Healing Paws Training" at 3975 Oak Villa Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 6, 13, 20, and 27, 2017	HEALING 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09729	Capitol Dance Center, Inc, 11460 Upper Meadow Drive Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Capital Dance Center, Inc" at 11270 Sanders Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 13, 2016. Publish: January 6, 13, 20, and 27, 2017	CAPITAL 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09681	Pacific Coast Supply, LLC, 4290 Roseville Road North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Anderson Lumber" at 4290 Roseville Road North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 12, 2016. Publish: January 6, 13, 20, and 27, 2017	ANDERSON 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09809	Laura Summers Coleman, DVM 10065 Dillard Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Sacramento Valley Veterinary Services" at 10065 Dillard Road Wilton, CA 95693. Filed with the Clerk of Sacramento County December 16, 2016. Publish: January 6, 13, 20, and 27, 2017	VETERINARY 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10040	Nicole Tryra Fladger, 1958 San Juan Road #17 Sacramento, CA 95633 is doing business under the Fictitious Business Name(s) "Wisdom and Worth Ministries" at 1958 San Juan Road # 17 Sacramento, CA 95633. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 6, 13, 20, and 27, 2017	WISDOM 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10033	Alex Mwaura, 11965 Pericles Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "AKM Trading Company" at 11965 Pericles Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 6, 13, 20, and 27, 2017	AKM 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10019	Musa Kazmi, 194 Barnhill Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Local Diner Media Services" at 194 Barnhill Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 6, 13, 20, and 27, 2017	LOCAL 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10020	Davron Abzalov, 613 Stafford Street Apt #19 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Plutus Investments Co" at 613 Stafford Street Apt #15 Folsom, CA 95630. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 6, 13, 20, and 27, 2017	PLUTUS 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09875	Raul Carabajal, 2036 Bowling Green Drive Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Raul Tree Services" at 2036 Bowling Green Drive Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 19, 2016. Publish: January 6, 13, 20, and 27, 2017	RAUL 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10049	Jady Vue, 3710 Branch Street Sacramento, CA 95638 is doing business under the Fictitious Business Name(s) "Sacramento Lawn Care" at 3710 Branch Street Sacramento, CA 95638. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 6, 13, 20, and 27, 2017	SACRAMENTO 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10081	Dan Murtha, 10460 Investment Circle Apt #74 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Murtha's Landscape Maintenance, Michael's Landscape" at 10460 Investment Circle Apt #74 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 6, 13, 20, and 27, 2017	MURTHA'S 161230	1-27-17
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09561	Abdul H. Khan, 1728 Highbridge Way Sacramento, CA 95832 and Zaireem N. Khan, 1728 Highbridge Way Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "RollinOx Meat Company, Block and Chopper" at 1728 Highbridge Way Sacramento, CA 95832. Filed with the Clerk of Sacramento County December 7, 2016. Publish: January 6, 13, 20, and 27, 2017	ROLLINOX 161230	1-27-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00066	Ozhne Inc, 2391 Arden Way # 218 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "BMU Auto Sales" at 2391 Arden Way # 218 Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 4, 2017. Publish: January 13, 20, 27, and February 3, 2017	BMU 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10059	Ashlyn Ciera Webb, 3991 Riley Anton Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sun Illusions" at 3991 Riley Anton Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 29, 2016. Publish: January 13, 20, 27, and February 3, 2017	SUN 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10110	Rebecca A Ilas, 1362 Turnbridge Way Plumas Lake, CA 95961 is doing business under the Fictitious Business Name(s) "Rancho Cordova Home Care" at 10609 Charbone Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 13, 20, 27, and February 3, 2017	RANCHO 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00243	Bogdan Galbanuta and Jasmina Galbanuta, 3113 Walnut Avenue Unit B Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "BG Construction" at 3113 Walnut Avenue Unit B Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 9, 2017. Publish: January 13, 20, 27, and February 3, 2017	BG 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10104	Harvey Gilchrist, 10031 Terrier Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Soul Heir, SoulHeirMusic" at 10031 Terrier Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 13, 20, 27, and February 3, 2017	SOUL 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09933	Steve Thomason, 6205 Riverside Boulevard #142 Sacramento, CA 95831 and Brett Garibaldi, 6221 Almond Avenue Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "California Spas & Outdoor Superstore" at 9778 Business Park Drive Suite C Rancho Cordova, CA 95827. Filed with the Clerk of Sacramento County December 22, 2016. Publish: January 13, 20, 27, and February 3, 2017	CALIFORNIA 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09980	David Scott Company, 11320 Gold Country Boulevard Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "David Scott Company" at 11231 Gold Express Drive Suite 104 Gold River, CA 95670. Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 13, 20, 27, and February 3, 2017	DAVID 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00211	Cindy Cavanaugh-Soler, 7805 Caber Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "CeCe's Sweet Shoppe" at 7805 Caber Way Antelope, CA 95843. Filed with the Clerk of Sacramento County January 8, 2017. Publish: January 13, 20, 27, and February 3, 2017	CECE 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00130	Abresy Locasiano, 6913 Le Havre Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "The Sud Network" at 1600 Sacramento Inn Way Suite 205 Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 5, 2017. Publish: January 13, 20, 27, and February 3, 2017	SUD 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10066	Jordan Martin, 1108 Pond View Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Lips Lashes & Lattes, Kena & Company" at 1108 Pond View Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County December 29, 2016. Publish: January 13, 20, 27, and February 3, 2017	LIPS 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09988	Jia Xiong, 1530 Fulton Avenue # 102 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "JX Skyrise Travel" at 1530 Fulton Avenue #102 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 13, 20, 27, and February 3, 2017	JX 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00015	Hue L. Dinh, 8305 Trimmer Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "HL Computer Parts" at 8305 Trimmer Way Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 3, 2017. Publish: January 13, 20, 27, and February 3, 2017	HL 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09838	Lynda Gronich and Edward Gronich, 9942 Hatherton Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Luxury Suites and Retreats" at 9942 Hatherton Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County December 16, 2016. Publish: January 13, 20, 27, and February 3, 2017	LUXURY 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10026	David E. Mclorey, 9637 Allegheny Drive Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "DJFFR Dave and Jeff Furniture Repair, Daves Furniture Restoration" at 9637 Allegheny Drive Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 13, 20, 27, and February 3, 2017	DJFFR 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00008	Kevin Koerber, 4349 Cottage Way Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Happy City 916" at 4349 Cottage Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 3, 2017. Publish: January 13, 20, 27, and February 3, 2017	HAPPY 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09334	John McCormack, 9207 Agena Court Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Rainbow Electronics" at 7531 Madison Avenue Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 30, 2016. Publish: January 13, 20, 27, and February 3, 2017	RAINBOW 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10105	Andrew Gus Karres, 102 Fahey Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Olympic Auto Sales" at 102 Fahey Court Folsom, CA 95630. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 13, 20, 27, and February 3, 2017	OLYMPIC 161230	2-3-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10034	Goudaux Family Foundation, 7619 Grant Line Road Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Home Suites Home" at 7773 Mist Trail Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 20, 27, February 3, and 10, 2017	HOME 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10108	June Kashiwada and David Clendenen, 9079 Fanega Court Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Tantiris Picks" at 9079 Fanega Court Elk Grove, CA 95758. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 20, 27, February 3, and 10, 2017	TANTRIS 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00350	Daniel R. Wright, 5305 Gibbons Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Liquid Landscapes Services" at 4021 California Ave Unit 17 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 12, 2017. Publish: January 20, 27, February 3, and 10, 2017	LIQUID 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00299	Oceanic Victorville LLC, 4380 Alvarado Canyon Road San Diego, CA 92120 is doing business under the Fictitious Business Name(s) "Lions Gate Hotel" at 3410 Westover Street McClellan Park, CA 95652. Filed with the Clerk of Sacramento County January 10, 2017. Publish: January 20, 27, February 3, and 10, 2017	LIONS 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00293	Katrina L. Cole-Legault, 7670 Gibson Lane Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Property Plus" at 7670 Gibson Lane Antelope, CA 95843. Filed with the Clerk of Sacramento County January 10, 2017. Publish: January 20, 27, February 3, and 10, 2017	PROPERTY 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00289	Nicholas and Krystal Boston Lozano, 2569 Butano Drive Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "The Phoenix Loft, The Rambling Raven" at 2569 Butano Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 10, 2017. Publish: January 20, 27, February 3, and 10, 2017	PHOENIX 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09496	Lance N. Meinzer, 5735 Woodleigh Drive Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "LNM Construction" at 5735 Woodleigh Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 6, 2016. Publish: January 20, 27, February 3, and 10, 2017	LNM 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10074	Mandeep Singh, 120 W Portals Avenue #C Clovis, CA 93612 and Robert Sharma, 40 N Caesar Avenue Clovis, CA 93612 are doing business under the Fictitious Business Name(s) "Red Carpet Spa Car Wash" at 2105 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 20, 27, February 3, and 10, 2017	RED 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10001	Angela McElroy, 2814 D Street #19 Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Angela's Office Management" at 2814 D Street #19 Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 20, 27, February 3, and 10, 2017	ANGELA 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00369	Hussein M. Isa, 2740 Lacy Lane Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Samco Office Supplies" at 5650 Marconi Avenue #7 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 13, 2017. Publish: January 20, 27, February 3, and 10, 2017	SAMCO 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00395	Kenneth McKeane, 5724 Chipping Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Balanced Air Conditioning and Heat Service" at 5724 Chipping Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 13, 2017. Publish: January 20, 27, February 3, and 10, 2017	BALANCED 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09930	Michelle Alexander, 1108 R Street Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Starboard Strategies" at 1108 R Street #610 Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 21, 2016. Publish: January 20, 27, February 3, and 10, 2017	STARBOARD 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09999	Linh Nguyen, 6244 Bobbiwood Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Teresa's Nails" at 2448 Mission Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 20, 27, February 3, and 10, 2017	TERESA'S 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09989	Tiffani Marie Brown and Sarah Elizabeth Brown, 7800 Caber Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Innovative Handygals Services" at 7800 Caber Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 20, 27, February 3, and 10, 2017	INNOVATIVE 170105	2-10-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00029	Western Feed & Pet Supply, Inc, 4401 Hazel Avenue Suite 212 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Alpha Pet Food Delivery" at 4401 Hazel Avenue Suite 212 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 9, 2017. Publish: January 27, February 3, 10, and 17, 2017	ALOHA 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00501	Vollman Property Management Co., Inc, 11460 Sunrise Gold Circle Suite F Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "JADE Properties" at 11460 Sunrise Gold Circle Suite F Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 19, 2017. Publish: January 27, February 3, 10, and 17, 2017	JADE 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00191	Wings In Motion, Inc, 1063 Cheshire Circle Danville, CA 94506 is doing business under the Fictitious Business Name(s) "Wingstop" at 7423 Fair Oaks Boulevard Suite 4 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 6, 2017. Publish: January 27, February 3, 10, and 17, 2017	WINGSTOP 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00488	Kris Gudel, 12440 Woods Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Ranchers Direct" at 12440 Woods Road Wilton, CA 95693. Filed with the Clerk of Sacramento County January 18, 2017. Publish: January 27, February 3, 10, and 17, 2017	RANCHERS 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00539	Richard W. Sammons, 8590 Tiogawoods Drive Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Exclusively Yours" at 8590 Tiogawoods Drive Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 19, 2017. Publish: January 27, February 3, 10, and 17, 2017	CAL 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00527	California Republic Productions, Inc 9573 Gardella Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Cal Rep Productions" at 9573 Gardella Sacramento, CA 95829 . Filed with the Clerk of Sacramento County January 19, 2017. Publish: January 27, February 3, 10, and 17, 2017	CAL 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00492	Dennis Reynolds, 2963 Erin Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "DC Enterprises" at 2963 Erin Drive Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 18, 2017. Publish: January 27, February 3, 10, and 17, 2017	DC 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00061	TW Smith Consulting, Inc, 2401 Ferry Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Elk Grove Mixed Martial Arts" at 9880 Waterman Road #160 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County January 4, 2017. Publish: January 27, February 3, 10, and 17, 2017	ELK 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00253	Vira Ursaki and Leonid Ursaki, 12284 Habitat Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Lavera Party Rentals" at 3301 Sunrise Boulevard #K Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 9, 2017. Publish: January 27, February 3, 10, and 17, 2017	LAVERA 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10042	James R. Byron, 3428 Grant Park Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "JRB Pest and Sanitation" at 3428 Grant Park Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 27, February 3, 10, and 17, 2017	JRB 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00425	Darko Borovnica and Jesse Borovnica, 5726 Hoffman Lane Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "BDH Construction" at 5726 Hoffman Lane Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 17, 2017. Publish: January 27, February 3, 10, and 17, 2017	BDH 170115	2-17-17
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10094	Folsom Hall Investors Inc, 2295 Iron point Road #160 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Ben Kenny Team Folsom" at 2295 Iron point Road #160 Folsom, CA 95630. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 27, February 3, 10, and 17, 2017	FOLSOM 170115	2-17-17
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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205562	WHEREAS, Jennifer C. Blessett has filed a petition with this court for a decree changing the name(s) of Jennifer C. Blessett to Leah Rose A Hart Williams. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 14, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: January 6, 13, 20, and 27, 2017	161221	01-27-17
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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203528	WHEREAS, Glenn and Iris Holley have filed a petition with this court for a decree changing the name(s) of Morgan Alexandra Holley to Morgan Alexandra Rose Holley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at
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Trump Saves U.S. from the Trans Pacific Partnership



Commentary
by Harold Pease, Ph. D

For readers who do not understand the international trade deals of the last 25 years, notably NAFTA, GATT and TPP, you will never fully grasp what President Donald J. Trump has just done for the Constitution and against the proponents of globalism. In his first day in office, pulling the United States out of the Trans Pacific Partnership, he has done more to return us to constitutional integrity and to international free market economics

than the last four presidents combined. Space permits our confining ourselves to the threat averted to the Constitution.

International trade deals have historically been a mix of oxymoron’s: Republicans for and Democrats against, with the actual trade deals finalized and implemented by Democrat presidents Bill Clinton and Barack Obama. Unions, considered left, and Tea Party folks, considered right, have been consistent opponents, as have constitutionalists. Thus, Senators Elizabeth Warren and Rand Paul are on the same side, the former yelling in opposition to the TPP, “No more secret trade deals!” And, “No more special deals for multinational corporations!!”—Both accusing Obama of selling us out.

In 2013, the Washington Post was the largest newspaper to print some of the “secret” parts of the TPP observing that by then, after nearly a decade of negotiation and 19 secret meetings, had become a regional government document of a hefty 5,600 pages. “Which when finished, will govern 40 percent of U.S. imports and exports” and “26 percent of the world’s trade.” It will be the law of the

land for the United States and 11 other countries in the Asia-Pacific region—without the input of a single member of Congress. This in violation of Article I, Section I of the U.S. Constitution that mandates that all legislative powers reside in the House and Senate and in no other body. In fact, until 2015 members of Congress had not been allowed to even see the treaty whereas privileged corporations had no problem with access.

The paper continued, “The treaty has 29 chapters, dealing with everything from financial services to telecommunications to sanitary standards for food,” demonstrating the wide variety of areas believed to be affected by it, but again, it is the secretive nature of it that is most offensive. Apparently TPP participants signed “a confidentiality agreement requiring them to share proposals only with ‘government officials and individuals who are part of the government’s domestic trade advisory process’.” That excluded you, the media, Congress, and me.

The Post acknowledged that the agreement “encompass a broad range of regulatory and legal issues, making them a much more

central part of foreign policy and even domestic lawmaking.” Such is curious. The Constitution requires the approval of your two U. S. Senators and your House member for every regulation upon you. There exists no language in the Constitution that any other individual or body—especially an international body—can perform this function. And, international law should not affect “domestic lawmaking.” You have the right to know that these three have read every rule emanating from the federal government upon you. The admission that the TPP will influence foreign policy is interesting as only the U.S. Senate may influence foreign policy as per Article II, Section II. Giving a “more central part of foreign policy” to an international agency would have virtually voided the Constitution in this area.

The Post identified “60 senators (who) have asked for the final agreement to address currency manipulation.” Senators Elizabeth Warren and Ron Wyden, both Democrats, have been especially vocal about the Obama “Administration’s refusal to make draft text available.” Wikileaks published the chapter on

intellectual property raising “many questions about copyright protections.” Obviously this treaty, while billed as just a trade agreement, included music, film, books, the Internet and appeared to restrict everything in the industry. And this was but one of 29 chapters.

The implementation procedure of the globalists was to gain consensus among the countries signing it, all had by February 4, 2016, then present it Fast Track and without debate to both branches of Congress for a simple up or down vote. Again, this procedure flies in the face of the Constitution. Treaty making, an agreement between two or more countries, is a shared power between the president and the senate. The president “shall have power, by and with the advice and consent of the Senate to make treaties, provided two-thirds of the Senators present concur.” President Barack Obama did not seek Senate advice; indeed he has not even allowed the Senate to read his treaty prior to November 5, 2015, even then he accepted no changes in it. Then he presented it to both houses for a simple majority vote instead of only to the Senate for a two-thirds vote as

constitutionally mandated.

Law by a single man excluding Congress is unconstitutional. International law imposed by an army of unelected bureaucrats is not freedom. The Trans Pacific Partnership would have siphoned decision-making power from the elected to the non-elected in a foreign land and would have affected every American. A signature by any member of Congress or by a president would have violated his oath of office “to preserve, protect and defend the Constitution of the United States.” Thank God Senate Majority Leader Mitch McConnell did not present it to the Senate when finished and President Trump took it off the table entirely.

Dr. Harold Pease is a syndicated columnist and an expert on the United States Constitution. He has dedicated his career to studying the writings of the Founding Fathers and applying that knowledge to current events. He has taught history and political science from this perspective for over 30 years at Taft College. To read more of his weekly articles, please visit www.LibertyUnderFire.org ★

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TRUSTEE SALE NOTICES

APN: 067-0660-084-0000 TS No: CA08000251-16-1 TO No: 5927354 NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED July 19, 2013. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On February 27, 2017 at 11:00 AM, at the East Main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on July 24, 2013 in Book 20130724, on Page 1628, of official records in the Office of the Recorder of Sacramento County, California, executed by ANDRE L. WILLIAMS, AN UNMARRIED MAN, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. as nominee for W.J. BRADLEY MORTGAGE CAPITAL, LLC, as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 4029 KALAMATA WAY, RANCHO CORDOVA, CA 95742 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$277,571.76 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding

on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08000251-16-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: January 10, 2017 MTC Financial Inc. dba Trustee Corps TS No. CA08000251-16-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Trustee Corps may be acting as a debt collector attempting to collect a debt. Any information obtained may be used for that purpose. ISL Number 27031, Pub Dates: 01/20/2017, 01/27/2017, 02/03/2017, GRAPEVINE INDEPENDENT ISL#27031 171111 2-3-17

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City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, February 6, 2017, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

11275 FOLSOM BOULEVARD CARDROOM - PROJECT No. DD9675 - ZONING TEXT AMENDMENT AND CONDITIONAL USE PERMIT:

REQUEST: The Applicant is requesting a zoning text amendment to Table 23.325-1 within the Rancho Cordova Zoning Code to allow cardrooms within the Convention Overlay (CO) district with approval of a Conditional Use Permit (CUP). Contingent upon text amendment approval, the applicant is also requesting a Conditional Use Permit for Rancho's Club Casino at 11275 Folsom Boulevard.
OWNER/APPLICANT:
Capital City Development
Mr. David Miry
11275 Folsom Boulevard
Rancho Cordova, CA 95670
LOCATION/APN: 11275 Folsom Boulevard; APN: 058-0270-061-0000
ZONING: General Commercial (GC) within the Convention Overlay (CO) district
ENVIRONMENTAL: Categorically Exempt under Section 15301 (Existing Facilities)
PROJECT PLANNER: Nicholas Sosa, Assistant Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS
Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT
In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on January 27, 2017.

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, February 6, 2017, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

GRANTLINE WEST MINING – PROJECT No. DD9619–CONDITIONAL USE PERMIT; RENEWAL OF SURFACE MINING AND RECLAMATION PLAN AMENDMENT PERMIT:

REQUEST: The applicant is requesting a Conditional Use Permit to renew Surface Mining for ten years and extend the term of the Amended Reclamation Plan until July 18, 2029. The applicant is requesting to modify the operation to allow onsite processing, allow stockpile on site, allow for trucking, and allow for the point of sale to be from the project site. The location of the mining operation is south of White Rock Road, east of Sunrise Blvd, and north of Douglas Rd. The surface mining permit is to continue to remove the aggregate resources that were deposited by the past gold mining activities.

APPLICANT:
Grantline Road Properties, LLC
P.O. Box 15002
Sacramento, CA 95851
OWNER:
Elliott Homes, Inc.
340 Palladio Parkway, Suite 521
Folsom, CA 95630
LOCATION/APN: South of White Rock Road, east of Sunrise Boulevard, and north of Douglas Road; APNs: 072-0370-071-0000
ZONING: Rio Del Oro Specific Plan Area
ENVIRONMENTAL: Addendum to and renewal of existing permit Mitigated Negative Declaration approved by Resolution No. 81-2005 pursuant to CEQA Guidelines Section 15162
PROJECT PLANNER: June Cowles, Senior Planner

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Printed in the Grapevine Independent on January 27, 2017.

City of Rancho Cordova Notice of Funding Availability

FY 2017-2018 Community Development Block Grant Funds

The City of Rancho Cordova Community Development Block Grant (CDBG) program is now accepting applications for CDBG **capital funding**. The City anticipates approximately \$250,000 in capital funding from the 2017-2018 allocation and \$100,000 in rollover funding. Apart from responding to stated City priorities, special attention in the ranking of applications will be given to the demonstrated capacity of an applicant to administer its contractual obligations, experience administering CDBG funds, and leveraging other funds required for the completion of the proposed activity.

Eligible organizations include non-profits and local government entities. Successful applications will address the housing and community development needs presented in the City of Rancho Cordova's 2016-2020 Consolidated Plan (<http://www.cityofranhocordova.org/home/showdocument?id=11411>) and must meet the qualifications outlined in this notice.

If you are interested in submitting a proposal for considerations you must complete an application through ZoomGrants <https://zoomgrants.com/gprop.asp?donorid=2140&limited=1296> and submit it with all the required documentation by Monday, February 27 at 5pm. The City will host a Technical Workshop on the application process and cover eligibility questions, on Thursday, February 16 from 2-3pm in the Community Board Room located at City Hall.

If you are considering submitting an application for funding and have not previously received CDBG funding, please contact Peter Ibrahim, at (916) 851-8785 for assistance in determining eligibility. Public input on CDBG priorities and programs may be submitted to:

Peter Ibrahim
Rancho Cordova City Hall
2729 Prospect Park Drive
Rancho Cordova, CA 95670
(916) 851-8785
pibrahim@cityofranhocordova.org

Thank you for your interest in the CDBG program.

Printed in the Grapevine Independent on January 27, 2017.

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, February 6, 2017 at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

Annual Stormwater Utility Fee for Veranda at Stone Creek Project

The purpose of this public hearing is: Notice is hereby given that the City Council (the "Council") of the City of Rancho Cordova (the "City") adopted its Resolution Designating a Time and Place for Hearing Protests to impose an Annual Stormwater Utility Fee (the "Fee") for Veranda at Stone Creek Project under the provisions of California Health and Safety Code Section 5471, et seq. Under the provisions of this Code and in compliance with the provisions of Article XIII D of the California Constitution, the Council gives notice as follows:

The Council is undertaking proceedings to impose the Fee for the financing of the maintenance and operations of the stormwater drainage and flood protection system in the new development areas of the City, including the Veranda at Stone Creek Project. The text of the Resolution with Exhibit A as adopted by the Council, and of the Preliminary Rate Analysis Report for the Stormwater Utility Fee (the "Rate Analysis Report"), is on file with City Clerk and reference is made thereto for the particular provisions thereof. The Rate Analysis Report contains a description of each parcel of real property within the City to which the Fee is applicable (collectively, the "Identified Parcels").

At the date and time set above, the Council will hold a public hearing in connection with the Fee. At the hearing, all interested persons shall be afforded the opportunity to hear and be heard, and the City Council shall consider all protests from property owners subject to the Fee. If written protests against the Fee are presented by a majority of owners of the Identified Parcels, the City shall not impose the Fee. In the absence of a majority protest, the City Council may submit the Fee to a vote of the property owners in accordance with Article XIII D of the California Constitution.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to the **Elizabeth Sparkman, City of Rancho Cordova Public Works Department at 916-851-8700**.

NOTICE REGARDING CHALLENGES TO DECISIONS
Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

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Printed in the Grapevine Independent on **January 27, 2017**.

Sacramento County DA Reports



Police Officers Lawfully Acted in Self-Defense in Shooting of Dazion Flenaugh Woman Sentenced for Stealing Wallets, ID Theft Woman Convicted for Double Murder of Elderly Couple

DATE: January 13, 2017

The District Attorney's Office has determined that three Sacramento Police officers lawfully shot Dazion Flenaugh after he rushed at them in a threatening manner while holding two knives.

On April 8, 2016, Sacramento Police officers contacted Flenaugh in the South Sacramento area after receiving a report that Flenaugh had been acting suspicious in the neighborhood. Flenaugh ran from the officers and committed multiple crimes while seeking to avoid apprehension. After jumping over fences and escaping through backyards, Flenaugh stole a large pick axe from one yard and used it to smash another residence's front door window. He also broke the back door glass. Flenaugh then went to an occupied home, which he forcibly entered after threatening to harm the resident with the pick axe and knife he was holding. She retreated from her home and contacted a neighbor for help. After discarding the pick axe and now holding two knives, Flenaugh confronted and threatened the neighbor, then fled.

When officers finally caught up with Flenaugh, he refused to comply with repeated commands to drop the knives and get on the ground. Instead, he rushed directly at one of the officers with the two large kitchen knives still in his hands. Two other officers were also standing nearby. Fearing for their own safety and the safety of each other, the three officers discharged their weapons at Flenaugh. Flenaugh died as a result of his gunshot wounds.

Multiple witnesses reported Flenaugh acting in a manner consistent with being under the influence of a controlled substance. Laboratory testing confirmed the presence of amphetamine and methamphetamine in Flenaugh's blood.

The District Attorney's Office investigates all officer-involved shootings that result in death or bodily injury. By law, officers are allowed to use deadly force when they reasonably believe they are faced with imminent danger.

Based on a thorough review of the evidence, Flenaugh posed an imminent threat of death or serious bodily injury to the three officers, and they were justified in shooting Flenaugh to defend themselves and each other.

Our review only addresses whether the officers involved committed any violation of criminal law. We do not address issues of civil liability, police tactics, or department policies or procedures.

The District Attorney's Office report detailing our

DATE: January 18, 2017

CASE: Jasmine Moore-Grant (Case #15F04710, #15F05478, #15F06495)

PROSECUTOR: Deputy District Attorney Kelly Jobe, Special Investigations Unit

The Honorable Michael Bowman sentenced Jasmine Moore-Grant to 21 years county jail prison, of which she was ordered to serve 13 years in custody and 8 years on mandatory supervision. Moore-Grant previously pled to one felony count of second-degree burglary, 24 felony counts of identity theft, and admitted to two prison priors.

In July and August of 2015, Moore-Grant entered office buildings during business hours and stole wallets from employees who were away from their desks. She then repeatedly used and attempted to use more than a dozen victims' credit cards to make purchases at local stores. She completed over 90 fraudulent transactions causing more than \$7,000 in loss.

Moore-Grant has a prior criminal history of multiple theft and identity theft offenses.

DATE: January 20, 2017

CASE: Shauna Burton (Case #13F07264)

PROSECUTOR: Deputy District Attorney Thien Ho, Homicide Unit

Shauna Burton was convicted by a jury of two counts of first-degree murder for beating Melvin Bain and Jean Bain to death. The jury also found true weapons and multiple murder special circumstance allegations. Burton was also convicted of robbing a store clerk.

On November 3, 2013, Shauna Burton went to a CVS Pharmacy on Zinfandel Drive, where she threatened a clerk with a gun and then robbed the store. Shortly afterwards, Burton went to Melvin and Jean Bain's residence. Burton had previously assisted in caring for 78-year-old Jean Bain. While at the Bains' residence, Burton demanded prescription pills and money. When Melvin Bain refused, Burton stabbed Melvin Bain in the face and beat the elderly couple to death with a large Maglite flashlight.

Burton faces a maximum sentence of life without the possibility of parole. Sentencing is set for February 24, 2017 at 9:30 a.m. in Department 13 before the Honorable Matthew Gary. ★

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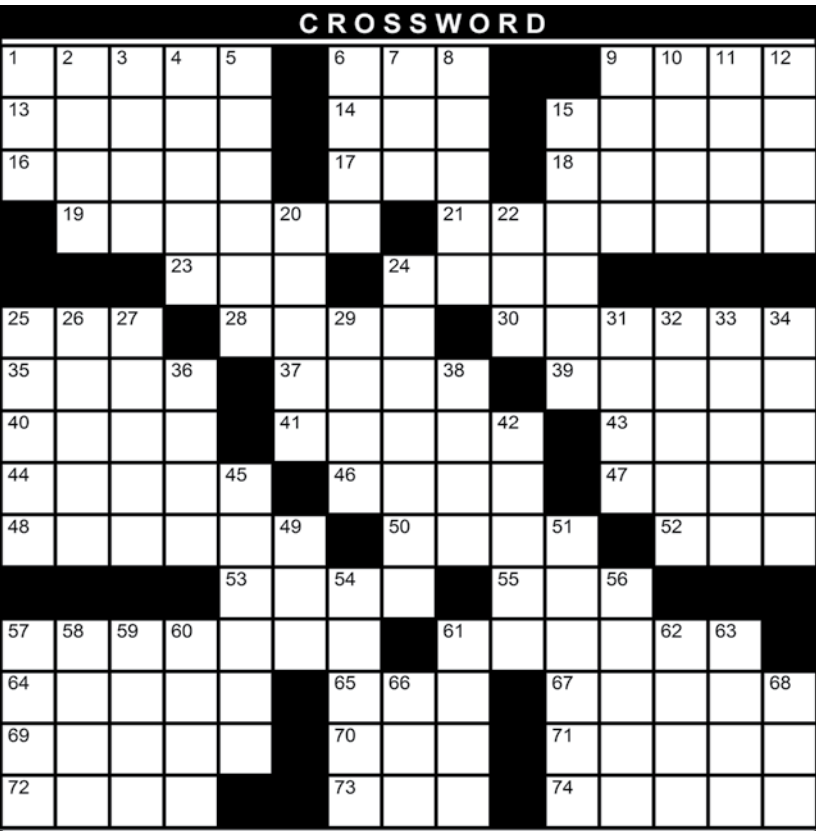
- Bars on guitars
- Olden-day aerosol can propellant
- Invitation request
- Chinese fruit
- "Say what?"
- Kind of space
- *8-time Grammy winner and "Climax" (2012) performer
- Victorian time, e.g.
- Mickey Mouse's pet
- *2017 Grammy host
- *Beyoncé's nominated rap song
- Listening device
- British comedy's Mr. ____
- Baryshnikov's step
- Red gemstone
- Good guy
- Amy Winehouse's voice, e.g.
- Same as pleaded
- Chinese silk plant
- Film ____
- Rode in a tube
- Insolence
- Dished out
- Observer
- Seed cover
- Like flotsam
- Red-encased cheese
- Chinese "way"
- *Prince's 1986 Grammy winner
- Spanish sea
- *Justin Bieber's Grammy nominated album
- *"Best Rap Song" nominee (2017)
- Apathetic
- Ante up
- Reflective thinker
- Ringworm
- Rub the wrong way
- Open-mouthed
- Perching place
- *1995 Grammy nominee,

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DOWN

- Work stopper?
- Reduced Instruction Set Computer
- Amazon's smart speaker
- Not here
- India VIP
- ____ Zhen, played by Bruce Lee and Jet Li
- Hudson's Bay Company's original ware
- Irritate by rubbing
- *4-time Grammy nominated Ja
- Part of house frame
- U.S. President's special power
- "Pretty in Pink" formal
- "Once upon a time..." e.g.
- Do like a volcano
- Popular pickup
- Sayonaras
- *Designer's nominated hit
- Cool & distant
- Motionless
- *"____ Aint Your Color"

- Hindu serpent deity
- Like TV with browsing capabilities
- Locomotive hair
- *Adele's multi-nominated hit
- Dunking treat
- Ownership document
- Golden Globes' category
- One of Fanning sisters
- "____ the season ..."
- Hairy vertebrate
- Photo tint
- Moulin ____, Paris
- Bread pocket
- Inch, e.g.
- Late Attorney General Janet
- A secondary school
- Type of fish net
- Sky defender
- Autumn mo.
- Parabola, e.g.
- Hi- ____





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NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER
ESTATE OF THOMAS G. SMITH
CASE No. 34-2016-00204087

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Thomas G. Smith., (deceased): A Petition for Probate has been filed by Adam J. Radmand in the Superior Court of California, County of Sacramento, requesting that Adam J. Radmand, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: March 9, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Heather S. Mayer, SBN 272665 2377 Gold Meadow Way, Suite 100 Gold River, CA 95670 916-631-1996 Publish: January 13, 20, and 27, 2017 SMITH 170101 01-27-17

NOTICE OF PETITION TO ADMINISTER
ESTATE OF ERNEST MIGUEL
CASE No. 34-2016-00202384-PR-PL-FRC

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ernest Miguel, Ernie Miguel., (deceased): A Petition for Probate has been filed by The Children of Ernest Miguel Marytherese Graves, Mark Miguel, Kelly Albrecht, Scott Miguel, and Anne Marie D'Elia in the Superior Court of California, County of Sacramento, requesting that Anne Marie D'Elia, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: March 8, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: The Children of Ernest Miguel 2008 Santa Lucia Way Carmichael, CA 95608 916-487-7079 Publish: January 13, 20, and 27, 2017 MIGUEL 170101 01-27-17

NOTICE OF PETITION TO ADMINISTER ESTATE
OF ZUZANNA WILCZYNSKI
CASE No. 34-2016-00204355

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Joseph F. Chmura, Frank J. Chmura Suzanne Cheek, Jean Scrivner. A Petition for Probate has been filed by Joesph F. Chmura in the Superior Court of California, County of Sacramento, requesting that Joseph F. Chmura, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: February 15, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Steve Whitworth 2368 Maritime Drive Suite 260 Elk Grove, CA 95758 916-668-5970

Publish: January 27, February 3, and 10, 2017 WILCZYNSKI 170115 02-10-17

NOTICE OF PETITION TO ADMINISTER ESTATE
OF CARL LOUIS NATHAN
CASE No. 34-2016-00203129

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Carl Louis Nathan, A Petition for Probate has been filed by Vicky McNaught in the Superior Court of California, County of Sacramento, requesting that Vicky McNaught, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: February 09, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Jordan Houle, SBN 302643 2315 Capital Avenue Sacramento, CA 95816 916-504-0529 Publish: January 27, February 3, and 10, 2017 NATHAN 170115 02-10-17

LIEN SALE

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Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a Lien imposed on said property pursuant to Section 21700-21716 of the Business & Professions Code Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code.

The undersigned will sell at public sale by competitive bidding on Thursday February 9, 2017 at 1:00pm on the premises where said property has been stored and which are located at Horn Road Self Storage , 9973 Horn Road, Sacramento, State of California, the following: Miscellaneous boxes (contents unknown. House-hold goods and various items. (See slides online@ http://www.salemakerauctions.com

Tenant	Unit #	Contents
David Wells	#1012	Garden tools aluminum utility carts plastic tubs totes LED light strips hoses pushbroom garbage cans miscellaneous electrical equipment table top shelves clothes paintbrush buckets computer monitor PC tower boxes extension cords plastic toolboxes lawnmower tarps vacuum cleaners kitchen utensils Books Halloween decor propane tank Seal number 07212
Yvonne Vaughn	#3074	Boxes clothes milk crates shoes kids toys mini tube TV and table electric guitar folding chairs suitcases cat litter containers fake plants plastic bags hand dolly extension cords large tube TV mattress boxspring bedrails laundry baskets pillow microwave backpack Seal number 07225
Trina Kaslofski	#3129	Electric steamer cable box PC tower entertainment center/bookshelf garbage seal number 07228
Jen Maestas	#3128	White 10 speed bike frame serial number PF 12112845 Trek Silver bike serial number BT 0415CA2A4639 Rolling tool box Yamaha receiver fishing poles computer monitor duffel bags briefcases aluminum ladder JVC headphones baseball bats construction hats car club golf clubs metal poles fire extinguisher crab nets resin chairs bicycle frames portable room heater dining chairs Christmas decor painter buckets boxes Bicycle frames bicycle tires bicycle parts area rug razor scooter skateboard's tennis shoes Power washer wire rolling cart foot-chest plastic toolbox kitchen bakeware plastic bags Seal number 07231
William D. Egge	#1056	Schwinn skyliner SN MN g08K02994 50 4+ bike parts / frames Rolling utility cart dumbbells 32 gallon plastic garbage cans bike frames bike parts Mufflers converter's mufflers folding table gas can backpacks scores duffel bags blankets Fishhawk lawn Moore wicker baskets ladders pallets wood ladder moving tape umbrella skateboards bicycles kids scooters painter buckets birdcage room fans industrial commercial fan computer monitor Seal number 622-0098
Simona Hargrove	#4053	Clothes shoes plastic totes bookcases boxes video games kids toys Xbox hand dolly blankets kayak / canoe camping chairs hangers area rug Seal number 028-9251
Eddesha Holman	#4077	Plastic totes shoes clothes shoeboxes shopping bags blankets hangers suitcase Seal number 0907489
Kyung S. Um	#1086	Garden tools plastic shelves overhead fluorescent lighting light fixtures measuring tape brooms panzer buckets metal chairs hangers area rug cords door garden hoses copper wire / hoses / tubing next flex hoses ice chest plastic bags nails screws Seal number 028-9051
Tasha Blockmon	#2021	Plastic focus tree dining table headboard metal bed frame washer dryer boxes lawnmower coffee table wicker baskets vase mattress wicker baskets wire racks dried flowers Christmas tree make up case duffel bag rake area rug crutches curtain rod Seal number 028-9226

Purchases must be paid for at the time of purchase in cash only. All purchased items sold as is, where is and must be removed at the time of sale. Sale subject to cancellation in the event of settlement between owner and obligated party.

Auctioneer's Name: **Forrest O'Brien CA #00104533207**
www.salemakerauctions.com

Signed: Mike Allen **Dated: 01/16/2017**
Published in GRAPEVINE INDEPENDENT Jan. 27 and Feb. 3, 2017

Advanced Home Health is Growing Treats Heart, Mind, Body and Soul

By Shelly Lembke

SACRAMENTO REGION (MPG)

One Sacramento-based company has quietly and efficiently carved a niche into the home health care business by providing superlative care for patients and caregivers alike. The “whole-istic” business model of Advanced Home Health and Hospice (AHHH) has earned them not only professional accolades and a thriving business, but a stellar reputation for their positive results for even the most complex patient care. The beating heart of this organization is founder Angela Sehr. Sehr is a woman with a mission and a vision with patient wellbeing in the Sacramento area.

Born in Xian, China, home of the famous Terra Cotta Warriors, Sehr started college at 15 and became a nurse at 18. The youngest of nine children, her siblings are also high achievers with a judge, college professor, engineer and a teacher among her immediate family.

Shyly self-admitted as a teacher’s pet, she loved science from a very young age. She says her mother encouraged her children to all be independent. “Marry well, she said, but always be able to stand on your own two feet,” was her mom’s advice.

Sehr may now be the boss, but she is far from being afraid to roll up her sleeves when it comes to patient care. She paid her dues with years in hands-on nursing. In fact, she still takes care of patients herself, in addition to her many other duties. AHHH offers patients around the clock care, just one of the many aspects that separate them from their competition. “I go out to patients’ homes at 2 in the morning if they need it, just like everyone else on staff,” said Sehr.

“When asked why her company's clinicians have been so successful in treating complex patients, compared to other facilities, she says, “I think part of it is quality. It's high quality care fast. Patients always come first. You're not giving care if you're sitting behind a desk.”

— ANGELA SEHR
FOUNDER, ADVANCED HEALTH AND HOSPICE

Sehr is a Registered Nurse who has worked around the world with patients of all ages and many different health issues. She came to Sacramento, having worked in places like China and Saudi Arabia. She attended Sacramento State’s Nursing program and earned her BSN here, spending over a decade in pediatric care and found her way into infusion care as a nurse for patients in need of



The dedicated management staff of Advanced Home Care; Angela Sehr, Owner, Angie Macadangdang, Chief Clinical Officer, Debi Moroles, Director of Business Development, Deb Ryan, Administrator and Lisa Gaza, Director of Patient Care Services. Photo courtesy of Colby Barrett

this specialized help. She has built her company on years of caring for infusion patients. Her company carries her compassion forward, providing top-notch, compassionate care for patients and their families.

During a time when health-care laws and models are in flux. Sehr’s company, AHHH has built a company that successfully and efficiently treats and maintains a base of anywhere from 600 to 800 patients, more than double similar programs of even healthcare giants like full-fledged local hospital systems. To meet the need AHHH has found, the company currently has a staff of approximately 400 highly-trained specialists performing an impressive array of care and support services, and specializes in “complex” patients, often avoiding such patients having to be readmitted to hospitals.

AHHH is as advertised. Staff is on-call 365 days a year, 24 hours a day. They provide truly advanced wound care, infusion nursing, orthopedic, occupation and physical rehabilitation, speech and swallow function therapy, specialized medical social workers and a chaplaincy ministering to the patients and their loved ones. The tiniest staff member is a therapy dog.

AHHH is a Medicare Certified Home Health Provider. They are licensed by the by the California Department of Public Health. They have provided care for premature babies, pre-and post op patients, patients such as diabetics with wounds that can be nearly impossible to heal. Many of these



Angela continues to see patients on a daily basis while running one of the largest home care organizations in the region. Photo courtesy of Colby Barrett

are patients the hospitals have given up on and AHHH has succeeded where others have failed, improving patient outcome in terms of health and healing. Sehr is intent that her teams utilize the latest technology to treat patients and makes available ultrasound and laser therapy, in addition to debridement if physician ordered.

The Low-Level Laser Therapy (LLLT) alone, per Sehr can be highly effective in treating, diabetic ulcers, venous stasis and arterial ulcers, and many other types of non-healing wounds.

The hospice care that Sehr’s company provides is a growing service, based on industry best practices, but also on her own experiences as a nurse. Most hospice patients they see are given six months or less to live, but that isn’t an outcome set in stone. “We don’t give up,” she says. “We’re not God, but people do ‘graduate’ from hospice. They do get better.”

Hospice care provides

comfort care to patients and family. “Advanced hospice nurses are registered nurses specifically dedicated to end-of-life care. They are focused on pain and symptom management for our patients around the clock. In addition to serving the terminally ill, hospice clinical team counsel and educate caregivers and family members on the needs of the patient, guiding them through every issue that may arise. Our hospice nurses work as a part of an interdisciplinary team that develops and manages the care for our patients and their families.”

A vital part of their team are the hospice social workers who are there to support patients and their families. “Our social workers are trained to assist our patients and their families on developing an individualized plan of care, researching ways to relief stress and anxiety by non-medical means, and connecting them with appropriate local resources.

“We understand that our patients and their families may have financial problems. Our social workers are equipped with the necessary tools and knowledge to provide counseling in these areas, as well as coordinating possible aid from other organizations,” Sehr commented.

What does it mean to be an advanced hospice social worker? According to AHHH, “It means to be a supporter of our patients and their families. Our social workers are trained to assist our patients and their families on developing an individualized plan of care, researching ways to relief stress and anxiety by non-medical means, and connecting them with appropriate local resources.

“A loss of a loved one, even if anticipated, brings a slew of emotions and grief for surviving family and friends. Our hospice bereavement professionals and volunteers are trained to provide counseling and support by

understanding the loss and compassionately walking step by step with surviving spouses, children, or parents.”

“To help our patients cope with the end of their life, AHHH provides spiritual services by certified chaplains to promote spiritual and emotional wellbeing. Our chaplains may also work with the patient’s clergy and coordinate spiritual nourishment and revitalization.”

Sehr credits hospice volunteers for the selfless work they do as part of the organization. “Our hospice volunteers spend time with patients and their loved ones. They run errands and provide caregiver relief, companionship, and supportive services. Volunteers are the backbone of our hospice team.”. Volunteers form bonds with patients and family members. Patients and families often tell volunteers things they feel they can’t tell their loved ones and help open the way for people to talk honestly. Volunteers work alongside paid staff in every area of hospice care.”

AHHH truly treat the entire family, and that includes monthly bereavement support group meeting. “At Advanced Hospice, patients are nearing and passing the end of their life, leaving behind husbands, wives, sons, and daughters,” according to the company website.

“When a patient is diagnosed with a serious illness or is recovering from an injury, our medical professionals, nurses, and therapists work hard to rejuvenate him/her to normal life. In addition to purely medical procedures, medications, and techniques, a huge part of a person’s recovery depends on his/her psychosocial condition.”

AHHH is making a concerted effort to reach America’s veterans. “Veterans have done everything asked of them in their mission to serve our country and we believe it is never too late to give them a hero’s welcome home. That’s why our hospice is taking part in the We Honor Veterans program. Our staff understand the unique needs of veterans and are prepared to meet the specific challenges that veterans and their families may face at the end of life.”

AHHH measures its success with data, not just good feelings. Their clinicians log every visit in detail, right down to wound and physical improvement, modality effectiveness, length of visit and many more details. That data is analyzed for the benefit of each patient, but the accumulation of data is used by the company to improve patient outcome and patient satisfaction. The company has recently broken ground on its next project, a free-standing Hospice Facility. While starting small, at 6 beds, it will be the only hospice in the area and unlike any other, due again to Sehr’s experience and personal touch. ★

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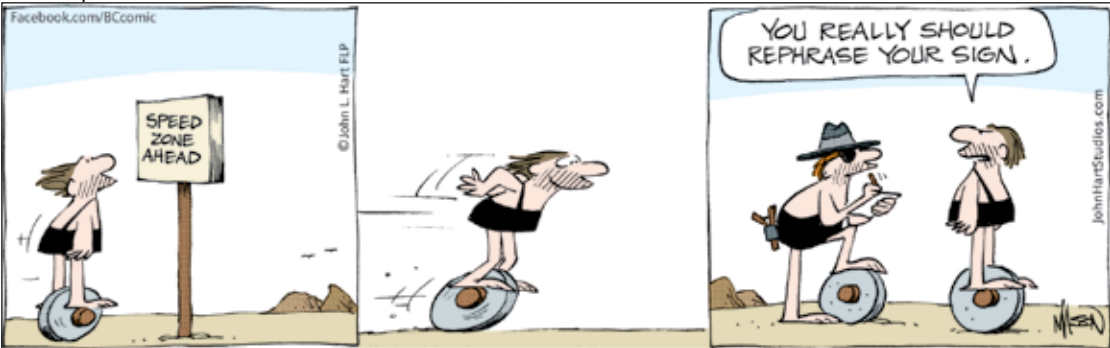
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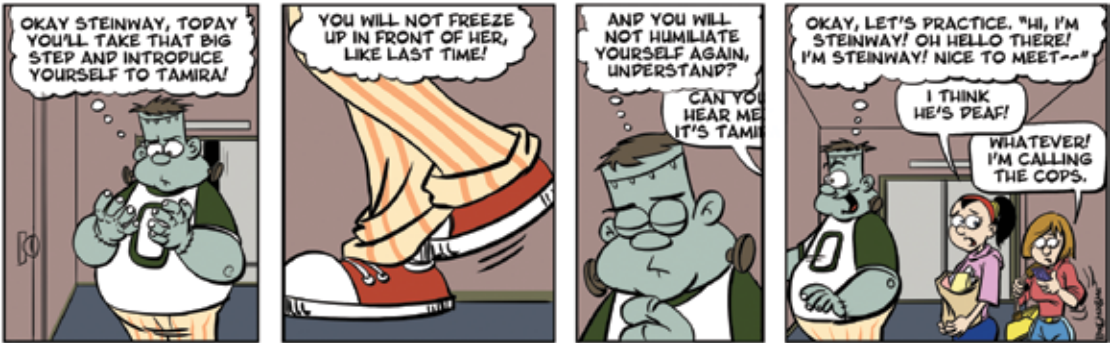
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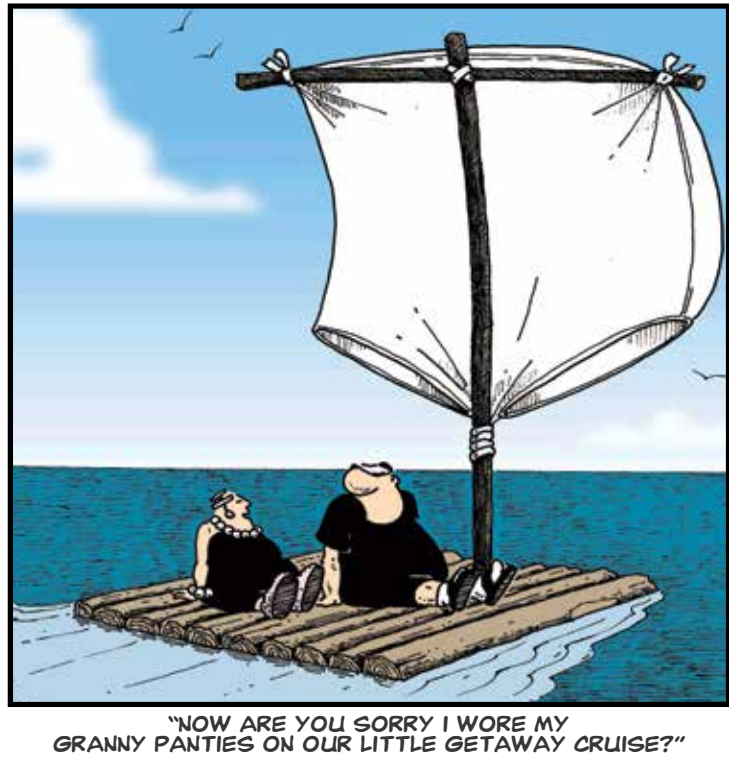
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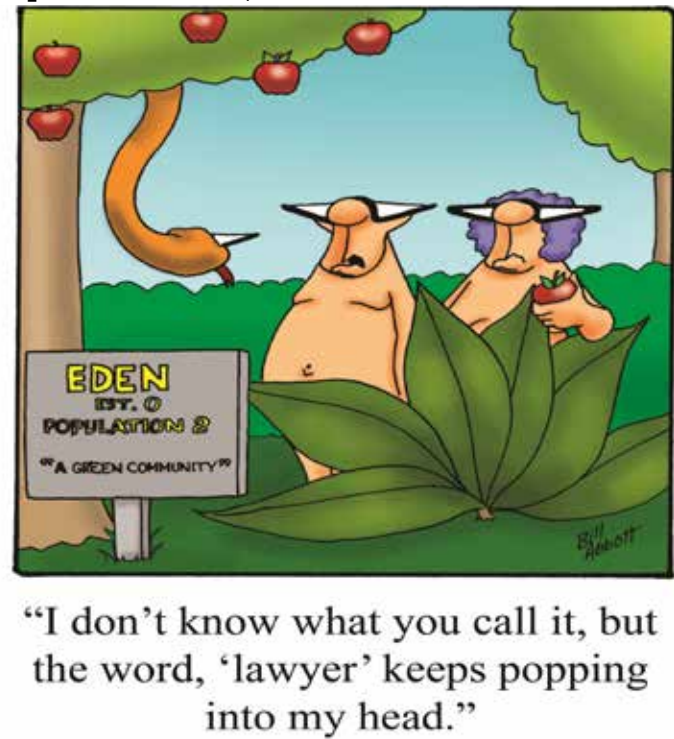
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IRS Tax Filing Season Open

WASHINGTON, D.C. - The Internal Revenue Service has said that it successfully started accepting and processing 2016 federal individual income tax returns on schedule. More than 153 million returns are expected to be filed this year.

People have until Tuesday, April 18, 2017 to file their 2016 returns and pay any taxes due. The deadline is later this year due to several factors. The usual April 15 deadline falls on Saturday this year, which would normally give taxpayers until at least the following Monday. However, Emancipation Day, a D.C. holiday, is observed on Monday, April 17, giving taxpayers nationwide an additional day to file. By law, D.C. holidays impact tax deadlines for everyone in the same way federal holidays do. Taxpayers requesting an extension will have until Monday, Oct. 16, 2017 to file.

“Following months of hard work, we successfully opened our processing systems today to start this year’s tax season,” said IRS Commissioner John Koskinen. “Getting to this point is a year-round effort for the IRS and the nation’s tax community. The dedicated employees of the IRS look forward to serving taxpayers this filing season, and I want to thank all of the tax and payroll community for their hard work that makes tax time smoother for the nation.”

The IRS expects more than 70 percent of taxpayers to get tax refunds this year. Last year, 111 million refunds were issued, with an average refund of \$2,860.

Refund Delays

A law change now requires the IRS to hold refunds on tax returns claiming the Earned Income Tax Credit (EITC) or Additional Child Tax Credit (ACTC) until Feb. 15. Under this change required by the Protecting Americans from Tax Hikes (PATH) Act, the IRS must hold the entire refund — even the portion not associated with the EITC and ACTC. Even though the IRS will begin releasing EITC and ACTC refunds on Feb. 15, many early filers will still not have actual access to their refunds until the week of Feb. 27. The additional delay is due to several factors, including weekends, the Presidents Day holiday and the time banks often need to process direct deposits.

This law change gives the IRS more time to detect and prevent fraud. Beyond the EITC and ACTC refunds and the additional security safeguards, the IRS anticipates issuing more than nine out of 10 refunds in less than

21 days. However, it’s possible a particular return may require additional review and take longer. Taxpayers are reminded that state tax agencies have their own refund processing timeframes that vary, and some states may make additional reviews to ensure their refunds are being issued properly. Even so, taxpayers should file as usual, and tax return preparers should submit returns as they normally do.

Use e-File and Free File

The IRS expects more than 80 percent of returns to be filed electronically. Choosing e-file and direct deposit remains the fastest and safest way to file an accurate income tax return and receive a refund.

The IRS Free File program, available at IRS.gov, gives eligible taxpayers a dozen options for brand-name products. Free File is a partnership with commercial partners offering free brand-name software to about 100 million individuals and families with incomes of \$64,000 or less. Seventy percent of the nation’s taxpayers are eligible for IRS Free File. People who earned more than \$64,000 may use Free File Fillable Forms, the electronic version of IRS paper forms.

Protecting Taxpayers from Identity Theft-Related Refund Fraud

The IRS continues to work with state tax authorities and the tax industry to address tax-related identity theft and refund fraud. As part of the Security Summit effort, stronger protections for taxpayers and the nation’s tax system are in effect for the 2017 tax filing season.

The new measures attack tax-related identity theft from multiple sides. Many changes will be invisible to taxpayers but will help the IRS, states and the tax industry provide new protections. New security requirements will better protect tax software accounts and personal information.

Renew ITIN to Avoid Refund Delays

Many Individual Taxpayer Identification Numbers (ITINs) expired on Jan. 1, 2017. This includes any ITIN not used on a tax return at least once in the past three years. Also now expired is any ITIN with middle digits of either 78 or 79 (Example: 9NN-78-NNNN or 9NN-79-NNNN). Affected taxpayers should act soon to avoid refund delays and possible loss of eligibility for some key tax benefits until the ITIN is renewed. An ITIN is used by anyone who has

tax-filing or payment obligations under U.S. tax law but is not eligible for a Social Security number.

It can take up to 11 weeks to process a complete and accurate ITIN renewal application. For that reason, the IRS urges anyone with an expired ITIN needing to file a return this tax season to submit their ITIN renewal application soon.

New AGI requirement for e-file

All taxpayers should keep a copy of their tax return. Beginning in 2017, taxpayers using a tax filing software product for the first time may need their Adjusted Gross Income (AGI) amount from their prior-year tax return to verify their identity. Taxpayers can learn more about how to verify their identity and electronically sign tax returns at Validating Your Electronically Filed Tax Return.

Free Tax Help

Low- and moderate-income taxpayers can get help filing their tax return for free. More than 90,000 volunteers around the country can help people correctly complete their return.

To get this filing help, taxpayers can visit one of the more than 12,000 community-based tax help sites that participate in the Volunteer Income Tax Assistance and Tax Counseling for the Elderly programs. To find the nearest site, use the VITA/TCE Site Locator on IRS.gov or the IRS2Go mobile app.

Filing Assistance

The IRS reminds taxpayers that a trusted tax professional can provide helpful information about the tax laws. A number of tips about selecting a preparer and information about national tax professional groups are available on IRS.gov.

The IRS urges all taxpayers to make sure they have all their year-end statements in hand before filing. This includes Forms W-2 from employers and Forms 1099 from banks and other payers. Doing so will help avoid refund delays and the need to file an amended return.

Online tools

Many tax issues can now be resolved online or by phone from the convenience of a home or office. The IRS urges taxpayers to take advantage of the many tools and other resources available on IRS.gov. IRS phone lines will be busy again this year, so in order to save time, people should first visit the IRS website for tax assistance. ★

How to Build Better Drugs Faster

Commentary
by Peter J. Pitts

Breast cancer surgeon Dr. Laura Esserman sings to her patients as they go under anesthesia. She tackles any song request, whether it’s a top 40 hit or a Broadway ballad. This same patient-centric attitude drove Dr. Esserman to participate in adaptive clinical trials, a game-changing way to test new medications.

It’s past time that other researchers think beyond traditional clinical trials. Adaptive trials can make drug testing both more efficient and accurate. If regulators were to encourage greater use of adaptive trials and facilitate sharing of electronic health record data, researchers could deliver better drugs to patients, faster.

In a traditional clinical trial, researchers plan out every element of the trial -- from the number of participants to the type of data to be collected -- before they begin testing. They stick to this rigid master plan until the trial is complete.

But in an adaptive trial, researchers pre-plan certain modifications that they can make part-way through the trial, based on the results they’ve uncovered so far.

Think of it in terms of mapping a run. A runner might look at a map and realize that at one point, the road will fork. Instead

of deciding whether to go left or right before he ever begins jogging, he might choose to postpone the choice until actually reaches the fork. Perhaps he’d like to observe which path is muddier or which path has less traffic -- and he’ll only know when he gets there.

Similarly, researchers administering adaptive clinical trials can modify their tests as they make observations. Like the runner, they have to pre-plan what choices they’ll make and when. But the more flexible trial formula enables them to alter the trial in response to real-world results.

Dr. Esserman’s trial, for example, personalized testing by splitting breast cancer patients into different groups depending on various measurements of their health. She tested a combination of therapies on these patients -- and only continued testing those that were found initially effective. By not having to run a dud treatment through the course of a standard clinical trial, the adaptive design reduced the cost, time, and number of patients needed for the trial.

The FDA currently permits adaptive trials in limited instances. Letting researchers use this model more often would improve the drug development process.

Another way to improve the process is to enable doctors,

insurers, and drug companies to share data on patients’ health outcomes after they take new FDA-approved medicines. By analyzing this data, they could uncover patterns that can’t be detected even in the largest clinical trials.

For instance, a clinical trial for a diabetes drug might include 1,000 participants, 10 of whom are Native American. Perhaps 60 percent of all patients respond well to the drug, but all 10 Native Americans get their blood sugar under control thanks to the medicine. It’s impossible to tell from such a small sample size whether the medicine really is vastly more effective for Native Americans, or whether those 10 patients just got lucky.

Changing regulations to permit greater sharing of such data would help researchers unveil rare side effects, complications, or “miracle” results that crop up.

Adaptive trials and increased data sharing would deliver better medicines to patients faster and with greater safety. That’s something to sing about.

Peter J. Pitts, a former FDA Associate Commissioner, is the president and co-founder of the Center for Medicine in the Public Interest. CMPI receives some funding from biopharmaceutical firms, which could benefit from adaptive trials. ★



Dare to Live Without Limits

The Domino Effect

by Bryan Golden



“For want of a nail the shoe was lost.
For want of a shoe the horse was lost.
For want of a horse the rider was lost.
For want of a rider the message was lost.
For want of a message the battle was lost.
For want of a battle the kingdom was lost.
And all for the want of a horseshoe nail.”

As you have experienced, small problems have the ability to mushroom into larger ones with incredible speed. Yet, there is a tendency to ignore or put off addressing issues that warrant your attention.

There are numerous reasons for this; procrastination, avoidance, denial, lack of awareness, lack of time, or hoping things will either fix themselves or go away. Regardless of why you don’t address them, unresolved problems grow quickly and even multiply.

No matter how many times a person is burned by growing problems, many still don’t change their approach. If you want things to change, you have to change them. Remember, doing the same thing over and over and expecting a different result is one definition of insanity.

Bigger problems generate more stress than smaller ones. Constant stress creates its own secondary problems. Judgment is impaired. Patience is diminished. All types of physical problems can follow as well.

At some point you do have to address your problems. It makes so much more sense to handle them while they are still small and more easily rectified. As you have already learned, putting them off doesn’t work. So you need to develop a more effective strategy.

Begin by differentiating problems from symptoms. Problems lead to symptoms which themselves cause additional secondary problems if the original problems are ignored. Not only do ignored problems grow in size, they also grow in number.

Treating only symptoms leaves problems untouched. For example, if a lost nail causes the horseshoe to shift, the horse would start limping. So, if you erroneously identify the limp as the problem, you would then allow the horse to rest. Unless and until you accurately recognize the problem as a missing nail, you won’t be able to formulate a solution. For maximum effectiveness, the root problem must be rectified.

Once you identify the root problem, the exact cause must be determined and corrected. Otherwise, the problem will keep recurring. Since, the missing nail is the real problem, it should be replaced. But why did it fall out in the first place? Was it the wrong size, the wrong shape, the wrong type, worn out, or defective? Unless it was worn or defective,

the nail will continue to fall out unless a different type is used.

Your goal is to correct the root cause of a problem while it is still small and has not yet generated secondary problems. The sooner you identify and fix a problem, the better.

Problems that initially appear overwhelming should be broken down into smaller, manageable pieces. Each component can then be tackled individually. This approach enables you to expeditiously handle unwieldy issues.

Correcting problems as they arise prevents a problem backlog. Rather than being constantly bogged down by problems, you have the energy and freedom to stay on your desired course. You will be able to quickly identify and fix problems as they arise. Your stress level will drop while enthusiasm rises. No longer will you feel as if you are on a treadmill which is going a little faster than you can keep up.

NOW AVAILABLE: “Dare to Live Without Limits,” the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2011 Bryan Golden. ★

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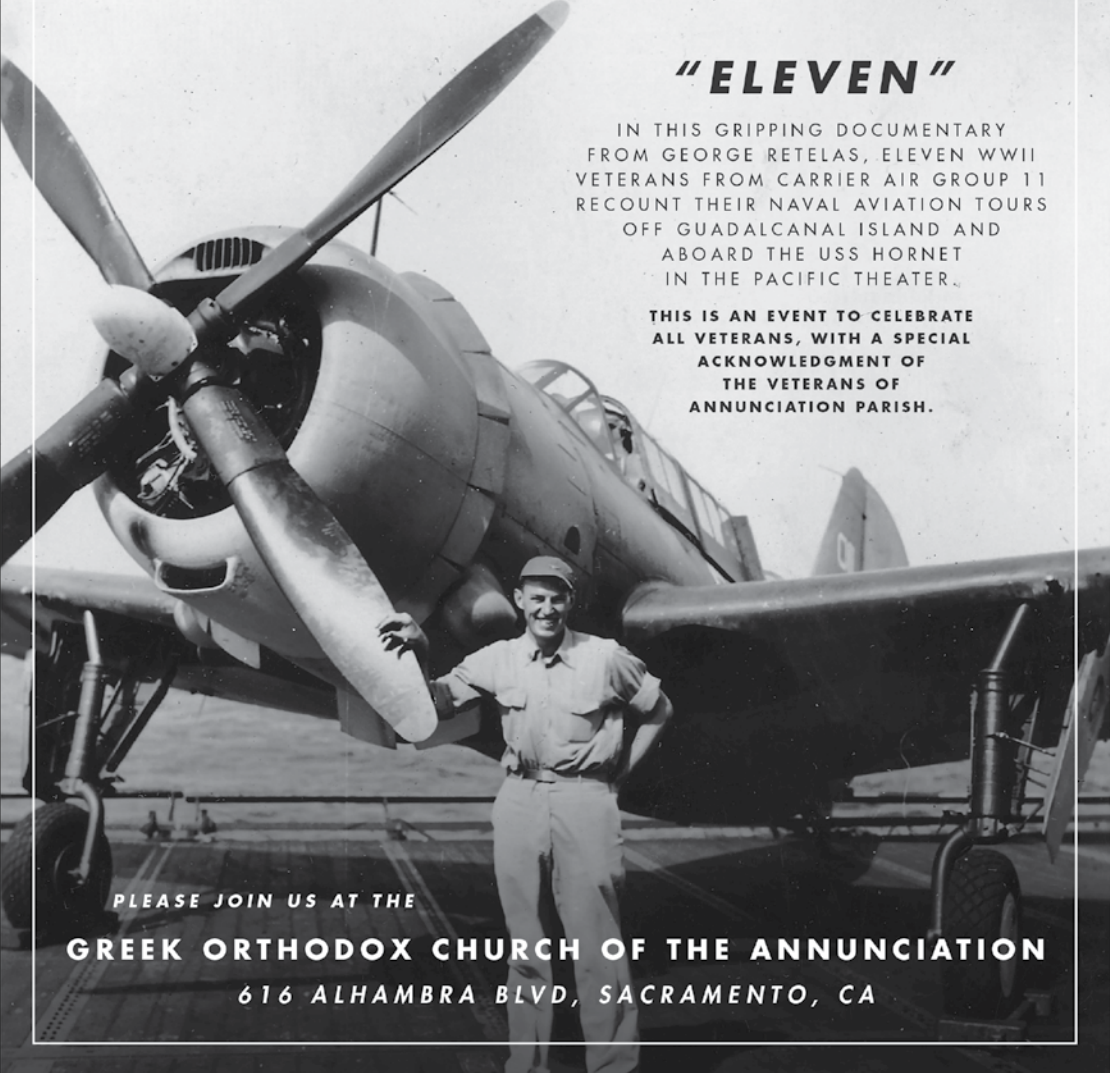
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CORDOVA SPORTS

Lancers Boys Basketball Grounds Hawks

By Mike Bush

RANCHO CORDOVA, CA (MPG) - On the road Tuesday night, the Cordova High School boys basketball team was looking to play a very competitive game against Liberty Ranch.

Both teams did just that – and the Lancers coming out on top.

Trailing by one point entering the fourth quarter, Cordova used defensive stops that led to 65-62 win over the Hawks in Galt. The win also snapped Liberty Ranch’s 15-game winning streak in the SVC. The last time Liberty Ranch lost an SVC game was on Feb. 10th, 2015 – ironically to Cordova, which posted an 89-75 win at Lancers Gym.

In Tuesday’s game, Cordova (2-1 in the SVC, 9-10) outscored Liberty Ranch 25-21 the helped to be part of the difference in this SVC game. What proved to be the difference for the Lancers were defensive stops against the Hawks’ offense in the final minutes of the quarter.

“A real close game,” said Cordova head coach Fletcher Johnson. “It went back and forth.”

Liberty Ranch (2-1 in the SVC, 10-7) led 41-40 entering the final eight minutes of the game, before the Lancers’ overall performance led to the win. Part of the success for the win was offensive rebounds that led to extra possessions for Cordova.

“Just the stops, rebounding,” said Fletcher of the Lancers’ play that led to the win. After the game, the players were “happy” with the win over Liberty Ranch, which won the SVC title last year en route to a 27-0 regular season record, Johnson said.

Both teams were tied 14-14 after the first quarter. Cordova led 25-24 at halftime, then Liberty Ranch and then the Lancers pulling out the win.



Cordova forward Markell Briggs drives the lane toward the basket in an SVC game against El Dorado last week. The Lancers knocked off defending conference champions Liberty Ranch on Tuesday. Photo by Rick Sloan

Cordova at Galt

The SVC game played at Warrior Gym on Jan. 20th was called toward the end of the third quarter because of verbal confrontations between Cordova and Galt fans that led to game officials to stopping the game.

The Lancers led by 17 points

before the game was halted. Players from both teams did not take part in the verbal jabs between fans.

“I haven’t heard yet that we’ve officially won that game,” said Johnson, regarding hearing from conference and school officials.

Tonight, Friday, Cordova will

host Union Mine in an SVC game, which also concludes the first round of conference action. Next Tuesday, the Lancers open the second round at Rosemont. Both games scheduled to tip-off at 7 p.m.

Cordova Boys Soccer Beats El Dorado

By Mike Bush

RANCHO CORDOVA, CA (MPG) - After losing its first two Sierra Valley Conference games of the season, the Cordova High School boys soccer team picked up its first win on Tuesday.

Hosting El Dorado at Lancers Stadium, the Lancers proved to be too much on offense for the Cougars, posting a 3-0. Cordova improved to 1-2-1 in the SVC and 4-9-4 overall going into yesterday, Thursday’s game against Liberty Ranch, which will wrap up the first round of conference action.

“(Tuesday) was an important game for the boys, and they played a good match,” said Cordova head coach Eric Mc Cahon. “Collectively, we put forth a really solid effort on both sides of the ball.”

The Lancers led 2-0 at halftime, and added their final goal in the second half. Two of the goals came off the feet of Erick Hernandez-Chavez, both in the first half. Mark Romanyuk scored the third goal.



Cordova defenders Miguel Rangel (15) and Alex Moreya (2) sandwich a Galt player in an SVC game last week. Photo by Rick Sloan

Oscar Natalio had an assist for the Lancers, with Eder Gamez leading the team’s defense en route for the shut out.

Mc Cahon hopes that Tuesday’s win would carry momentum over into last night’s game at Liberty Ranch. The win over El Dorado puts Cordova into fourth place, and battling for one of the conference’s three playoff spots.

“Hopefully this match serves as a spring board to success closing out the first half of league against Liberty Ranch,” Mc Cahon said.

Union Mine 3, Cordova 1

In an SVC contest at the Diamondbacks’ field in El Dorado on Jan. 19th, the Lancers and Union Mine were tied 1-1 at halftime. But the D’backs broke the tie I the final 40 minutes of the game with two goals.

The Lancers’ lone goal was from Hernandez-Chavez. Cordova goalie Kevin Bejines had three saves in the game.

After last night’s game at Liberty Ranch, Cordova starts the second round of SVC action against Rosemont at Lancers Stadium. Next Thursday, Feb. 2nd, Cordova continues SVC play at Galt, which is in first place. Game time for both games start at 6 p.m.

Falcon 2017 Men's and Women's Tennis Teams Preview

Men's Tennis

SACRAMENTO REGION, CA (MPG) - Coming off their highest finish ever in the Big 8 Conference in 2016 (3rd), the FLC men’s tennis team has their sights set on moving up to a top-two finish in 2017. With four returning players from last year’s squad – including State final-8 qualifier Sean Alves – the Falcons



Max Hennessey

appear to have the talent and depth to accomplish their goal. Accompanying Alves are 2016 All-Conference player (and state qualifier in both singles and doubles) Shawn Morgan, 2016 FLC #2 singles and doubles player Max Hennessey,

and 2016 state qualifier in doubles, Praj Ta.

The Falcons have five newcomers to compliment the returnees, headed by Sierra College sophomore transfers Alex Bychoviak and Josh Harder. Two incoming freshmen will also challenge for spots in the lineup as both played at number one for their respective high schools: Kyle Fontes from Placer HS in Auburn and Joseph Ballard from Roseville HS. And finally, the wild card of the bunch could prove to be Jeff Chale, who moonlights as FLC’s athletic equipment attendant. Not only is Jeff the oldest freshman athlete, but quite possibly the most experienced player on the team.

Alves is coming off the finest season ever for a Falcon athlete, as he was the only NorCal player to advance to the 2016 state quarterfinals. He earned All- Big 8



Conference honors and was awarded the prestigious 2016 Folsom Lake College “Athlete of the Year”.

Head Coach Patrick Rutz is confident his squad can improve on their



Michelle Doyle

fifth place team finish in NorCals from last year and is hoping for at least third in 2017. At this point, the 2017

Falcons look like the strongest men’s tennis squad in the eight years of Falcon Tennis.

WOMEN'S TENNIS

After finishing second in the Big 8 standings in 2016, the Falcons have lofty goals as they approach the 2017 season. Gone are the Falcons’ top two players from last year, but head coach Craig Perez has a bevy of newcomers and a solid crew of returnees to rely on. Sophomore sisters Anjelica and Arielle Frank return after playing at # 3 and 4, respectively, and earning All-Conference status last year. Both qualified for the state tournament in Ojai and bring a wealth of experience. Also returning is Michelle Doyle, who played at # 5 in 2016 and also played in the state tournament.

New freshmen Abriana Rowe and Erin Cline, both from Granite Bay HS, played well during the Fall and are ranked # 10 and 20,

respectively, in Northern California and will likely play as doubles partners. Also new to FLC tennis and hoping to crack the top six this spring are Nicole Chumpitaz (Deming, New Mexico), Laura Parkyn (Ponderosa HS), and Ella Zagorenko (Vista del Lago HS). The team enters the spring season with an impressive #2 ranking in northern California and a chance for their first-ever Big 8 Conference title. This is a team to watch!

Both tennis teams open their season at the FLC Tennis Complex this Friday, January 27, against Cabrillo College at 1:00 pm, the first of six home matches.

2017 Home Tennis Schedule

(all matches begin at 1:00 pm)
Friday Jan 27 Cabrillo
Tuesday Jan 31 Cosumnes River
Friday Feb 3 Modesto (women only)
Thursday Feb 23 Santa Rosa
Friday Feb 24 Solano
Tues Mar 7 Shasta ★

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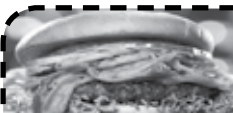
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A detailed illustration of a corset on a stand. The corset is light pink with black lace-up detailing and is mounted on a black metal stand with a wire cage and a decorative base. The background is a textured, light brown surface.