

**Lady Lancers
Tied for First
Place**

Page 14

**Lockdown
Brewing Is Now
Open for Business**

Page 7



Grapevine Independent

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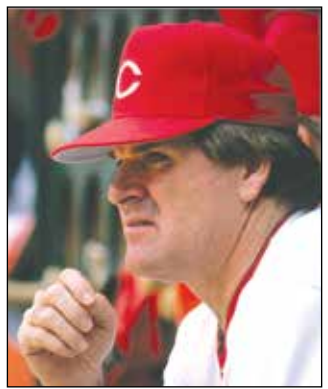
April 24, 2015

**Soil Born Farms
Provides Urban-
Sourced Healthy Food**



Page 3

**Athlon Sports
Inside Major
League Baseball**



Page 15

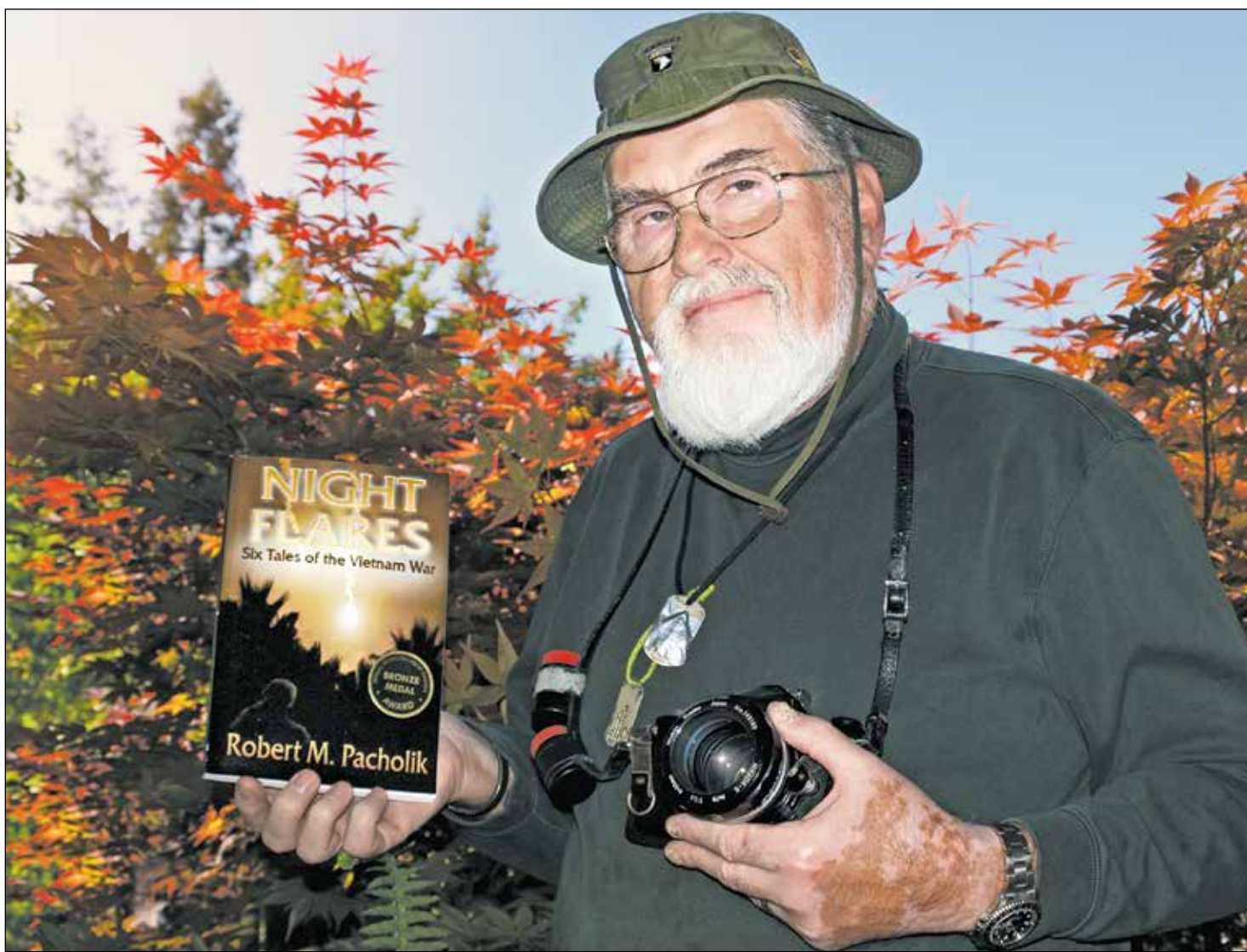
**SCSO's Season
Finale Features
Powerful Music**



Page 13

Depths of Fields

Army "Shooter" Tells War Stories



Pacholik's "Night Flares" contains short stories from the combat photographer's Vietnam War service. The Military Writers Society of America last year awarded the book a Bronze Medal. Photo by Susan Maxwell Skinner

**Story by
Susan Maxwell Skinner**

SACRAMENTO REGION, CA (MPG)

- In 1967, 21-year-old draftee Robert "Pacho" Pacholik left for Vietnam. He was, he recalls, "the typical left-handed nerd with glasses, the kid from the back of the class."

A Bronze Star, a Purple Heart, several careers, marriage, kids, and a lifetime later, the combat photographer reflects that like most veterans, war changed him forever. "We had a saying when we photographed something horrific," recalls the 69-year-old Carmichael resident. We told ourselves 'it don't mean

nothing.' But it did. Everything I saw was on film—and in my head."

He also recalls—with discharge papers fresh in hand—being spat on in San Francisco Airport. "I'd been shot at and wounded," he says. "I'd shot back at those who would have killed me. My experience was not unique: The individual soldier, struggling to do his duty, displayed courage and devotion to a nation that was in the dark about what was really happening. In Vietnam, I saw bravery and endurance I'll never forget. Time has not changed that." With the spitting incident still in mind, the veteran last year produced a

"Some people saw soldiers as mind-numbed robots. But I saw real people who were often afraid. What they did under fire was stunning."

collection of short stories titled "Night Flares."

"I wanted to show the humanity of people who served," he

explains. "Some people saw soldiers as mind-numbed robots. But I saw real people who were often afraid. What they did under fire was stunning."

His book includes a non-fiction prologue defining a soldier's tour of duty and an epilogue timeline of the war's events. Sandwiched between, his fiction makes for a tough epistle; the disillusionment of recruits when unsullied boots touched Vietnam is palpable. Catholic-schooled in Chicago, Pacholik dropped out of college after two consecutive girlfriends dumped him. He was working for an M-16 rifle parts maker

Continued on page 5

**Rancho Cordova
Travel and Tourism
Hires New Director**

RANCHO CORDOVA, CA (MPG) - Rancho Cordova Travel and Tourism (RCTT) has announced that Marc Sapoznik has assumed the role of director for the non-profit organization, which is tasked with driving tourism to Rancho Cordova. Sapoznik brings over 20 years of tourism and hospitality experience to the organization, including specific expertise working with visitor bureaus and lodging properties.

"I'm thrilled to be here in Rancho Cordova," said Sapoznik. "I'm looking forward to helping define the brand and opening up a largely undiscovered world to leisure travelers and sports tourism guests."

Rancho Cordova is home to 16 lodging properties with a total of over 2,000 rooms. Properties range from economy hotels to a AAA Four Diamond hotel. While corporate business drives much of the midweek occupancy, sports tourism, leisure, and other segments comprise much of the weekend business.

In addition to the many events in the region, including rowing events at the Sacramento State Aquatic Center and the California Capital Airshow, sports tourism will be an area of focus for the organization. With the recent reopening of the 72,000-square-foot Rancho Cordova Sports and Event Center, RCTT looks to attract a variety of indoor sports tournaments as well as trade shows and other events to the facility, which features a 1,600-person capacity.

RCTT is a Tourism Business Improvement District (TBID) and, as such, is funded through an assessment on hotel room nights. The organization, which was formed by agreement of hoteliers and a City of Rancho Cordova resolution in 2011, is governed by a board of directors comprised of hoteliers, a representative from the City of Rancho Cordova, and a representative from the Rancho Cordova Chamber of Commerce. For more information on RCTT, visit www.visitranhocordova.com.

Source: Rancho Cordova Travel and Tourism ★

Cordova Golf Course Hosts Foot Golf Family Fun Day

RANCHO CORDOVA, CA (MPG) - Cordova Recreation and Park District and Cordova Golf Course are officially launching the newest addition to the course: Foot Golf. A family friendly event, Foot Golf Family Fun Day, will be held at Cordova Golf Course, 9425 Jackson Road, on Saturday, May 2nd.

The Foot Golf Family Fun Day will begin at 12:30 p.m. with demonstrations of the basics along with putting contests and prizes for longest drive and closest to the hole. The competitive event will kick off at 1:30 p.m. with a

shotgun start. The cost to participate is \$15 for adults (16 and older) and \$5 for juniors (15 and younger).

Foot Golf is a combination of soccer and golf. The goal of the game is to get the ball into the hole with as few strokes as possible just like in golf, only this is played with a soccer ball, and you kick the ball instead of hitting it and holes are much bigger. Foot Golf players move around the course alongside golf players.

Since opening Foot Golf in fall 2014, the Cordova Golf Course has seen the number of participants slowly grow

as people begin to understand Foot Golf. The goal of the Foot Golf Family Fun Day is to introduce this sport as a family game to play together. Foot Golf is the perfect sport for people of all ages and abilities; it is an affordable daytime outing, allows the family to participate at the same time, and is easily adapted to all participant levels.

Families can wrap up their day with BBQ provided by Hacker's Bar and Grill for an additional fee.

Source: Cordova Recreation and Park District ★



The goal of the Foot Golf Family Fun Day is to introduce this sport as a family game to play together. It is the perfect sport for people of all ages and abilities; it is an affordable daytime outing, allows the family to participate at the same time, and is easily adapted to all participant levels. Photo courtesy of Cordova Recreation and Park District

www.RanchoCordovaIndependent.com

Harmer Family Float Update



Rancho Cordova, CA (MPG) - The Harmer family is pleased to introduce some planet exchange visitors: Mr. and Mrs. Vega and their daughter, Amber Vega. They will be staying with the Harmer family for a while and will be making public appearances in the Red, White, and Blue Parade on June 28th and in the Rancho Cordova Home Town Parade on July 4th. Their spaceship will do a flight test straight up off the deck of their float trailer. Source: Wayne Harmer ★

Kids Day in the Park Is This Saturday

RANCHO CORDOVA, CA (MPG) - There will be no shortage of giggles—or pirates—on Saturday April 25th when Kids Day in the Park celebrates its 26th anniversary at Hagan Park in Rancho Cordova.

Presented by the City of Rancho Cordova, Sacramento County Department of Health and Human Services, and a host of other sponsors, Kids Day has exploded into one of the largest free children's events in the region.

Kids Day began over a quarter-century ago and has grown and evolved into a community-wide celebration of children, which last year attracted more than 6,000 visitors. This year's pirate-themed event will feature free attractions such as the Dauntless, Pirate Ship Fun, Pyrate Skool, and the Krakken. The event will also feature an all-star lineup of talent on the Kids Day Stage, including Captain Jack Spareribs, the Hoots, and Dance 10 Studio. There will be a variety of crafts and games for the children and of course the popular Police Activities League (PAL) Bike Rodeo during which dozens of bicycles donated by the Sheriff's Toy Project will be given away to lucky

children.

While Kids Day is all about fun, children's health is the primary objective. Organizers work with health providers from Sacramento County and the Folsom Cordova Unified School District to present free hearing, vision, and school readiness screenings to help get kids off to a healthy start in education. Parents can get tips on how to prepare their children for school, how to obtain mental health resources, and how to access a wide range of free and private services for their kids.

Kids Day runs from 11:00 a.m. to 3:00 p.m. on Saturday April 25th. Admission is free, and free parking is available nearby.

Pack a picnic lunch to bring with you to the event, or purchase lunch from among a variety of gourmet food trucks. A hot dog meal including chips and a bottle of water can be purchased for \$3 from the Rancho Cordova Kiwanis.

"Bolstered by an army of sponsors, the 2015 Kids Day in the Park event will offer more activities and fun than ever," said Event Chair Amy Hiramoto. "We have been hard at work putting together a wonderful day for families to come out with

their kids and enjoy green grass, fresh air, and a lot of fun."

Kid's Day is sponsored by a wide range of community businesses, organizations, and health providers, including the following: City of Rancho Cordova, Sacramento County Department of Health and Human Services, Folsom Cordova Unified School District, Cordova Recreation and Park District, Assemblyman Ken Cooley, Republic Services, Kids Care Dental, Kaiser, Heritage Community Credit Union, California Carnival Company, Golden State Water Company, SMUD, PG&E, Wells Fargo, Sims Metal Management, Councilman Donald Terry, Real Estate America, HD Supply, Molina Health Care, Smile Kingdom Dental, Sacramento Credit Union, Health Net, Sheriff's Toy Project, Rotary Club of Rancho Cordova, and Rancho Cordova Police Activities League. The event is produced by the Cordova Community Council.

For more information, visit www.cordovacouncil.org or call the Cordova Community Council at (916) 273-5704. Source: Cordova Community Council ★

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Soil Born Farms Provides Urban-Sourced Healthy Food

By Margaret Snider

RANCHO CORDOVA, CA (MPG) - The advantages of organic, locally grown produce has become widely known, as evidenced by the farmer's markets scattered throughout the Sacramento area. What all local residents may not realize, however, is that there is an excellent source right here in Rancho Cordova. Soil Born Farms started a farm on Hurley Way in Sacramento in 2000, but looking for a permanent home brought them to Rancho Cordova. In 2008, they acquired a lease on American River Ranch at 2140 Chase Drive next to Hagan Park, and since then it has been growing steadily in programs and possibilities.

The monthly Rancho Cordova Luncheon presented in April at Rancho Cordova City Hall featured Soil Born Farms, and Shawn Harrison, one of the founders and a co-director of the organization, spoke about its many features. Harrison holds a master's degree in international agricultural development from UC Davis.

Soil Born Farms will be hosting American River Ranch's Day on the Farm event from 10:00 a.m. to 3:00 p.m. on Sunday, May 17th, supported by title sponsor Sacramento Natural Foods Co-op, Kaiser Permanente, City of Rancho Cordova, and others. Harrison said this event is a day of "learning, eating, music, celebrating community, and exploring the natural world."

Beginning the following Saturday, the farm stand will open from 8:00 a.m. to 1:00 p.m. every Saturday through November. "It's really meant to be this destination kind of experience, where neighbors can come up," Harrison said. "They can walk around, they can volunteer, they can take a class, they can get some healthy food."

Soil Born Farms focuses on the



Soil Born Farms focuses on three areas of work: organic food production, food access programs, and education programs for preschool through adult. Photo by Guy Galante

production of organic food, getting the food onto the plates of people in the community, and has an extensive educational program, especially for children but also for adults, about where food comes from and how to grow and cook it. The youth program engages between 500 to 800 youth annually on field trips and after school programs. "We're now setting a standard for the rest of the country

about what's possible with respect to food and agriculture," Harrison said.

Harrison stated that of the 2.2 million people in this region, 90% live in the city. Many low income neighborhoods have meager access to healthy food sources, and lack of money and transportation may make it hard to find and pay for that food. Harrison called these areas "food deserts."

"If I was on a residentially zoned piece of property, here or in downtown Sacramento, until a couple of weeks ago I legally could not produce and sell that food," Harrison said. The possibility of empty lots being turned into neighborhood gardens, as well as educating residents to provide their own home and school gardens, can enrich the lives of the residents.

"That's a local solution," Harrison said. "You don't have to go out and pull in resources from somewhere else; you could turn that food desert ... into a little farm element."

Harvest Sacramento is a gleaning program of Soil Born Farms, in which neighborhood harvest leaders and other volunteers harvest from local trees and send the food to the food banks. "Last year we gleaned 70,000 pounds of fruit that would have gone to landfill, and we engaged 600 volunteers in doing that," Harrison said.

Local libraries are supporting growing healthy food with "read and feed" gardens. Jill Stockinger, supervisor of the Rancho Cordova branch of the Sacramento Public Library, attended the luncheon and asked Harrison about Soil Born Farms' plans for a seed library, which basically supplies organic and heirloom seeds to patrons who then grow the plants and harvest seeds to give back to the donor.

"We don't have a seed library," Harrison said, "but that's something that I think this community can really look at, and I'm kind of thinking—at the library? ... There could be a great partnership there. We do a lot of seed distribution, but it's not at the level where it could or should be."

For more information on Soil Born Farms and their ongoing efforts at American River Ranch, please visit www.soilborn.org. ★

Horn Road Light Rail Stop in the Works

Story by Julia Baum

RANCHO CORDOVA, CA (MPG) - Plans to shorten a three mile gap between light rail stops in Rancho Cordova are underway thanks to recent collaboration among its residents, Sacramento Regional Transit (RT), and the City of Rancho Cordova officials.

Residents' input on plans for a new walk-on light rail station at Folsom Boulevard and Horn Road was welcomed by RT representatives and city staffers at an April 15th public meeting inside the Rancho Cordova City Hall. Approximately several dozen locals and project team members discussed funding, design, and construction options for the project.

Currently in the preliminary stages of planning, the project was recently revived after being on the backburner for more than a decade, according to RT General Manager Michael Wiley.

"It's been an interest on our part for a long time," Wiley said. "This station was actually part of planning when we extended light rail out to Folsom."

The Horn Road stop, which will be midway between the Butterfield and Mather Mills stations and is expected to carry an additional 1000 riders daily, became a low priority back in 2005 when funding was short.

According to Wiley, the RT Board of Directors saw an opportunity to attract funding last summer so a community design grant was filed by them and the City of Rancho Cordova through the Sacramento Area Council of Governments. The project received a \$500,000 community design grant for its preliminary design phase with a \$50,000 match from both RT and the City of Rancho Cordova.

Measure A, the half-cent countywide sales tax used for transit and roadway improvements, helped fund RT's portion. Wiley said that Measure A will help with a small amount of funding but that other options to finance the project's later phases will also be explored.

The station should be completed in an estimated 2-3 years, though Wiley said that finishing it in two years would be "somewhat of a miracle."

Rancho Cordova retiree Jeanette Galloway came to the meeting to suggest the installment of a pedestrian overpass crossing Folsom Boulevard. She supports building a new light rail station but is concerned that jaywalkers will contribute to traffic congestion.

"I know that costs a lot more money but it's also to think of the future," Galloway said. "It's just gridlock [along Folsom Boulevard] and then at certain times it's fine."

Design and construction of the project will begin later, after the environmental analyses are finished in July. ★

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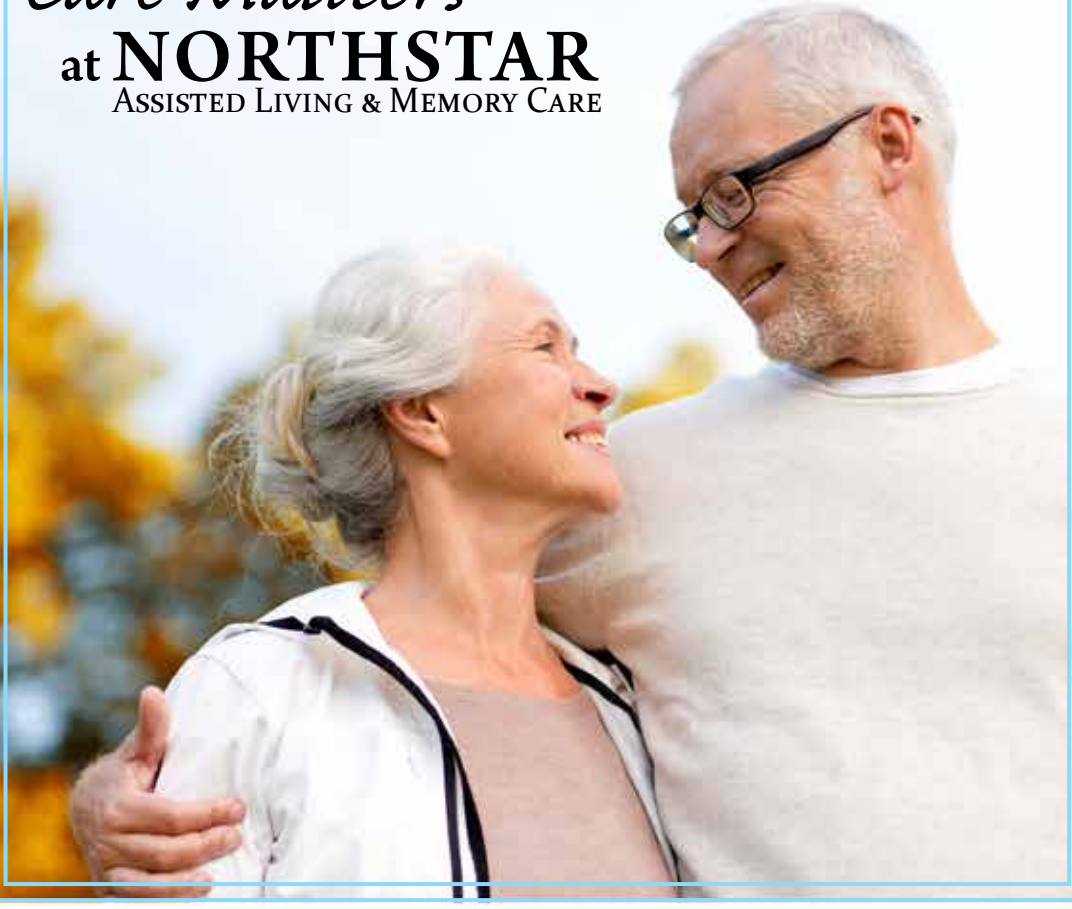
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More Red Light Cameras Ahead for Rancho Cordova

By Chris Gilbert

RANCHO CORDOVA, CA (MPG) - Red light photo enforcement systems have been criticized for years as unfair and ineffective. They've been derided as mere cash cows for cities. For various reasons, a number of towns have dismantled their systems.

But the cameras appear to be here to stay in Rancho Cordova. Police are proposing a doubling of intersections later this year, from two to four. The first systems were activated at two intersections in January 2013. The department says there were 11 collisions with two injuries at Zinfandel Drive and Olson Drive in the first year. Last year, collisions dropped to three collisions with no injuries. At Zinfandel Drive and White Rock Road, accidents dropped from six to three, with injuries decreasing from three to zero.

"In the event there is a major collision, it destroys traffic flow," stated the coordinator of the program, Officer Marc Fontes. "It's a domino effect."

Some critics say there are more rear-end crashes since drivers may stop suddenly or unexpectedly when they realize they're in a red light camera intersection and may not be able to beat the light. But

Fontes says there's no data supporting that.

In 2013, police processed 8,859 incidents, or photos, at the intersections, with only 4,335 tickets actually mailed out. Last year, 9,099 incidents were recorded but even fewer citations were sent, at 4,181.

"I look at that as the spirit of the law," said Fontes. "If somebody stops on the white line, or in front of it, or even crosses the crosswalk, as long as a pedestrian isn't in there, or any other safety issues are present, then we have a tendency to reject those." Motorists trapped inadvertently in an intersection after the signal has turned red are not ticketed.

The majority of tickets are for right-turn violations. Drivers have complained about having to pay the same fine as those speeding through a red light. Fontes says there is no sliding scale. "The fine has nothing to do with us," Fontes said. "It's set by the Legislature and they didn't separate them out. But if you were in that intersection and somebody ran the light and you were hit by a right-hand turn, I don't think it's fair to say that your life or your injuries are any less severe because it was a right-hand turn versus a left turn or straight forward."

The minimum fine is \$470. But Fontes says the city receives just a small portion. He did not have specific revenue information.

Meanwhile, Rancho Cordova Police now want to add cameras to the intersections of Sunrise Boulevard at Coloma Road and at Folsom Boulevard, which would need City Council approval. Fontes says Sunrise and Coloma had the highest number of accidents among 10 intersections surveyed. He did not have a timeline for the approval process. When a new photo enforcement system is installed, there is a 30-day grace period.

"When there's an incident captured then we send a warning notice to the registered owner," Fontes said.

Police say the cameras also free up officers from having to monitor intersections. "When you have a major collision, you can tie up an officer for a couple of hours," said Fontes. "So if you can reduce the number of accidents, then you can reduce the number of hours spent at the intersection."

Fontes says the cameras also have a "halo" effect, deterring drivers from running red lights at other locations. ★

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- Ensure sprinklers are positioned properly.
- Set irrigation timers.

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Publisher, Paul V. Scholl

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Depths of Fields

Army "Shooter" Tells War Stories

Continued from page 1

when the draft caught him. From Ranger School in Georgia, the corporal was mistakenly sent to Sharpe Army Depot (near Stockton) and found himself jobless. "I'd once had a basketball picture published," he confides. "So I went to the base newspaper and told them I was a photographer. They taught me to take and process pictures; 90 days later, I was in Bien Hoa, (South Vietnam) with a camera.

"A wounded private was being carried off. I saw the picture in my head, raised my camera, and shot two frames. The Army owned all my film but I kept the best negative. I got permission to release it and it made the cover of Newsweek."

"I was in line for chow when three greasy guys jumped off a jeep and asked if I was Pacholik. They said, 'Good,' their other 'shooter' just got killed. I should go with them." I joined the 9th Infantry and on my fourth day, I was in combat. I raised my Olympus to my eye; a bullet hit the lens and the camera exploded. I didn't know I was bleeding from shrapnel in my face; the medics told me.

Awarded a Purple Heart, Pacholik decided he was



Hamburger Hill hero: The picture made the cover of Newsweek and cost "shooter" Pacholik his army job. Photo courtesy of Robert Pacholik

indestructible. For the next two years, he slogged from battlefield to battlefield. He accompanied the 5th Special Forces (AKA Green Berets) to the Ho Chi Minh Trail and recorded all passages—from enemy convoys to peasant carts. "I wanted to be another Robert Capa," he reflects. "I didn't care

about the risks. The Vietnamese Army Rangers called me Little Tiger. Soldiers accepted me. I ate the same food, dug my own fox holes, and we talked. I wasn't some smart-ass reporter. I was another grunt in the mud."

On duty with the 101st Airborne Division, Sergeant Pacholik took his best picture

during the ferocious battle of Hamburger Hill. "I was on the next hill, helping with supplies and being shot at," he remembers. "A wounded private was being carried off. I saw the picture in my head, raised my camera, and shot two frames. The Army owned all my film but I kept the best negative.



Bronze Star (left), Purple Heart, Army Commendation, and Vietnam Service medals illuminate Pacholik's vintage dress jacket. Photo by Susan Maxwell Skinner

I got permission to release it and it made the cover of Newsweek."

Because Army higher-ups hated conflict losses being so graphically shown, the gritty snap cost its shooter his job. "I did 46 days of KP (kitchen patrol) and guard duty and faced court-martial," he says. Representing himself, Pacholik recalls "winning the living hell out of a trumped-up case." The victor was nevertheless honorably discharged and sent home.

Pacholik summarized his homecoming mood: "I felt trampled on; discouraged and disgusted. No part of me believed in war." His Bronze Star Medal (for dragging a soldier from a burning helicopter) took seven years to reach him. "I got no ceremony, no commendation," he shrugs. "They sent the medal in the damn mail."

Meantime, he studied journalism in Modesto. "I was a loner," he reflects. "Nobody on campus talked to me because I'd been in Vietnam. I'd always wake at three in the morning—that's when Viet Kong raids came." In such hours, combat memories returned, and eventually—between successful careers as a newspaper photographer, a stockbroker, a school teacher, and veteran outreach volunteer—the survivor got his stories written.

In his 2013 novel called "Crab Louis," Pacholik recycles chaotic elements of Vietnam to a Falklands War scenario. Published last year, the "Night Flares" stories are vignettes from his Vietnam tours. Though plots meander from horrific to macabrely funny, a tough sinew of humanity binds them. A final yarn unfolds decades after the war. On jury service, fractious citizens are unified by a self-loathing American vet and a North Vietnamese Army survivor. Learning that each nearly died at Hamburger Hill, one-time mortal enemies are bonded by respect. Now a zealous patriot, the immigrant persuades fellow jurors to serve their nation and complete "their mission."

Though Pacholik's tales are as battle scarred as his own arms, legs, and face, "Night Flares" is not just about war. "It's about people's humanity, he explains. "We were the ones who persevered; we should be proud. I want to show that people who survive the unimaginable horrors of war should be tough enough to live life afterwards."

Robert Pacholik will visit Rancho Cordova Library at 11:15 a.m. on Saturday, May 2nd. His books will be available for purchase and signing. Contact the author at rmpacholik@comcast.net. ★

Grapevine Independent Community Calendar

CODEPENDENTS

ANONYMOUS
Time: Tuesdays, 7:30-9 pm
Place: Sunriver Church
11223 Trinity River Dr.
www.sunriverchurch.com

WESTERN SWING SOCIETY

Time: 1st Sundays, 1-5:30 pm
Place: Machinists Hall
2749 Citrus Rd.
www.westernswingssociety.org
Info: Live music, dancing.
Food & beverages available for purchase. Members \$4, Non-members \$7.

MILITARY RETIREE/SPOUSE MEETING

Time: 2nd Tuesdays, 10:30 am
Place: N. Highlands Park & Rec Office
6040 Watt Ave., N. Highlands
Contact: 561-7476
Info: Meets monthly.

RANCHO CORDOVA HISTORICAL SOCIETY

Time: 4th Thursdays, 5 pm
Place: Rancho Cordova City Hall
2729 Prospect Park Dr.
www.ranchocordovahistory.com
Info: Meets in the American River Room

SPELLBINDERS TOASTMASTERS

Time: 2nd & 4th Mondays, 6:30 to 8 pm
Place: China Buffet
5623 Sunrise, Citrus Heights
Contact: 631-1703
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SPANISH LANGUAGE CONVERSATION CIRCLE

Time: 4th Saturdays, 3-4:30 pm
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 264-2920
www.saclibrary.org
Info: Practice Spanish in a fun and relaxed way with library staff, community.

BRECA MEETING

Time: 4th Tuesdays, 6:30-8 pm
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 361-8087
www.breca.us

POWERTALK INTERNATIONAL MONTHLY MEETING

Time: 3rd Tuesdays, 6:30-8:30 pm
Place: Arden-Dimick Library
891 Watt Ave., Sacramento
Contact: 361-1745
Info: Coaching, effective speaking, listening, leadership skills. Beginners are welcome.

WRITING WORKSHOP

Time: 3rd Thursdays, 6-7:30 pm
Place: 9845 Folsom Blvd.
Contact: 264-2920
www.saclibrary.org
Adult writing & poetry workshops (writing for various types of genres and more).

AA NEWCOMERS

Time: Tuesdays, 6:30-7:30 pm
Place: Sunriver Church
11223 Trinity River Dr.
www.sunriverchurch.com

READING WITH THE DOGS

Time: 1st Tuesdays, 6:30-7:30 pm
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 264-2920
www.saclibrary.org
Info: Read to a canine pal, boost reading skills. Free.

CORDOVA SENIOR CITIZENS SOCIAL CLUB

Time: 1st and 3rd Mondays, 11 am
Place: Cordova Community Center
2197 Chase Dr.
Contact: 638-8065 for bridge or 858-1660 for membership
Info: Brown bag lunch, bridge party. Free.

FORK TAIL DEVILS

Date: 2nd Thursdays
Place: Rancho Cordova IHOP
2216 Sunrise Blvd.
Contact: 488-2645
Info: Lockheed Lightning P-38 enthusiasts, pilots, mechanics no-host brunch.

WOMEN'S GOLF CLUB OF CORDOVA

Date: Wednesdays
Place: Cordova Golf Course
9425 Jackson Rd., Sacramento
Contact: 363-0363
Info: All players welcome.

CORDOVA COUPLES GOLF CLUB

Date: Alternate Sunday mornings
Place: Cordova Golf Course
9425 Jackson Rd., Sacramento
Contact: 682-2285
All players welcome. Call for more information.

COFFEE, TEA AND CONVERSATION FOR SENIORS

Date: First Saturdays, 10-11 am
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 264-2920
Info: For those 55+. Free. Share thoughts, memories: let the conversation flow! Light refreshments served. First Saturday each month.

SOROPTIMIST INTERNATIONAL OF RANCHO CORDOVA & GOLD RIVER

Time: 2nd Tuesday each month, 6-7 pm
Place: Cattleman's Restaurant
12409 Folsom Blvd.
Rancho Cordova, CA 95670
Contact: siranchocordova@soroptimist.net for more info
Info: Organization serving needs of women & girls in our community and around the world.

VIN S VOLUNTEER IN NEIGHBORHOOD SERVICES

Time: 1st Thursday of month 3-5 PM
Place: Rancho Cordova City Hall
2729 Prospect Park Dr.
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By Sal Arrigo Jr.

Lottery Dreams and Realities

I was at graduate school at Florida State University when my Mom called to tell me that the neighbors just won \$1.9 million! What?! I believe the party went on for some time, but what did the lucky winners do after? I did manage a phone call later that week to share my congratulations and to ask, "What's next?" After some small talk, Peter said he was going to buy land—not just a few acres, but more than 400 acres—and build a new house! They did not even think for a moment about future consequences. Paying out more than \$400,000 for the land was a commitment they made without having their first check in hand. Since they were going to be paid from the lottery every year for 20 years before taxes, they exhausted more than one-fifth on their winnings just on the land. In the end, Peter and Melida did not see any of their winnings for more than eight years.

In this time, they continued to work full-time jobs, were raising two kids, and at one point had to actually borrow money to pay Uncle Sam's tax bill! Their naïve mismanagement of money was clear, and it put a strain on this couple in their relationship

(not to mention their relationships with relatives), and then there was the constant harangue of being asked, time after time, "So, what's it like to be a millionaire?" This happened to Peter and Melida in the grocery store, at work, and so on.

But this is not the end of their story. Long before they ever won the money, they had jokingly "promised" that if they won the lottery, their winnings would be shared to help pay off bills—in particular, I remember one family member who thought a school loan was going to be paid off—but none of these promises came true. Family feuds followed, parents were miffed, siblings wound up not talking, and on it went for years. Seeing them in the present day, Peter and Melida are still on their land, and have, for the most part, settled their family differences. They eventually got what they wanted, and upon my visit to New Jersey five years ago, times have changed. I asked Peter what the land is now worth and got no response or acknowledgement; in fact, Melida said, "We don't talk about money in this house." Lesson learned... ★



Bob McGarvey

From the Mayor's Corner

There's Always More to Be Done

them and keep them safe.

I personally see a problem today with our federal government because too many things are no longer up to the people. Too many problems of today in the defense of our country seem to be directly related to how much money can or will be spent on it. When WWII ended, many people thought that was the end of war because of the horrible things that were done during the war—and we hope we learned from them. Five years later, war broke out in Korea. What many hoped was learned was quickly forgotten. And even today, you read the paper about the horrible things thugs like ISIS do to other human beings. President Ronald Reagan was right when he said, "There are still barbarians in the world who set the price for peace at death or enslavement, and the price is too high."

In "The Federalist #51," James Madison said, "If men were angels, no government would be necessary." With that in mind, the government that was formed in 1778 was actually the best government ever invented with its checks and balances. Going a little further,

Madison said, "In framing a government which is to be administered by men over men, the great difficulty lies in this: you must first enable the government to control the governed; and in the next place oblige it to control itself." Today's federal government seems to easily remember the first part, "men over men," but really has a very hard time remembering the second part about controlling itself.

I am writing this column in Washington, D.C., with the Cap-to-Cap delegation from the Sacramento area that came here to present blueprints and exact figures of what is required and what is needed in our part of the United States. Being here reminds you that the people who are sent here are capable of doing more good than bad. The history of our country faces them every day when they go to work and then go home. The history they are writing will be here long after they are gone, and the chapters they are writing will reflect back on them.

From Mayor Bob McGarvey, God bless, and see you next time. ★

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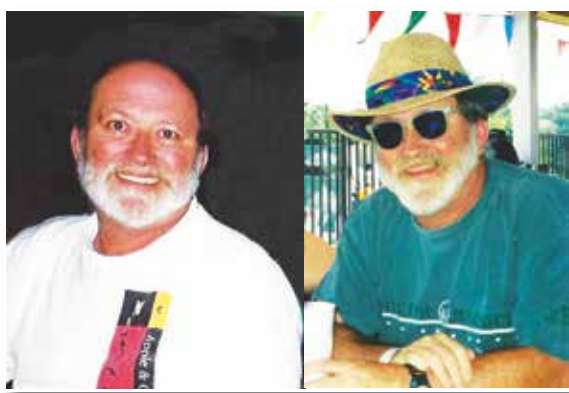
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IN MEMORIAM

James Michael Simmons

03/25/1945 – 03/29/2015

James Michael Simmons, a resident of Rancho Cordova for nearly four decades, passed away peacefully on March 29, 2015 with his family by his side. Born March 25, 1945 in Trenton, Michigan, he was the son of Guy and Josephine Simmons. His parents preceded him in death as well as his brother, Wallace.



Jim was a music-loving, tie-dye wearing child of the 60s, who had no more returned from a tour in Vietnam when he met and married the pretty Gretchen Vahlbusch. The couple left Michigan for the Sacramento area in 1974. Jim worked at Campbell

Soup Company until he secured employment with the State of California at the Employment Development Department. He retired as an analyst in 2007.

While the children were young, Jim was active in youth sports, coaching girls' soccer and girls' softball. He was also a charter member of the Rancho Cordova Historical Society.

Jim loved to cook for friends and family and enjoyed an early round of golf with friends. He and Gretchen traveled the world, visiting faraway places from Europe to Fiji.

A Celebration of Life will be held at a later date.

Dignity Health Benefits Communities through "Project Humankindness"

SACRAMENTO REGION, CA (MPG) - Dignity Health, one of the largest health systems in the nation, has introduced Project Humankindness to highlight and engage others in its mission to improve the overall quality of life. Project Humankindness showcases the collective impact of the work that Dignity Health and its caregivers have been doing outside the hospital walls over the past 20 years, including grants, investments, and volunteerism.

"At the heart of Dignity Health's mission is a dedication to improving the quality of life in the communities we are so privileged to be a part of," said Lloyd H. Dean, Dignity Health's president/chief executive officer. "In bringing all of these programs under the umbrella that we're calling Project Humankindness, we are able to celebrate the great work being done in these communities and invite others to join us."

Dignity Health's commitment to the communities it serves has included financial and volunteer support to hundreds of programs. Since 1992, the health system has provided grant awards to 185 nonprofit organizations (totaling more than \$88.1 million) and low-interest loans to 3,006 projects (totaling \$51.3 million).

The efforts of Project Humankindness have resulted in the following recent initiatives:

- The Great Kindness Challenge, a bullying prevention program dedicated to creating a culture of

kindness in schools nationwide, in which Dignity Health has been a presenting sponsor and active participant for the past two years. The Great Kindness Challenge asks students to complete 50 acts of kindness in one week, and in 2015 more than 4,000 schools participated, totaling two-million students and amounting in 100-million acts of kindness nationwide. As a large supporter of this kindness initiative, Dignity Health's more than 65,000 executives, employees, and physicians accepted the Great Kindness Challenge in its hospital, clinic, and office settings as well, effectively "matching" the students' good deeds taking place in schools.

- Project Humankindness also featured a \$450,000 donation made by Dignity Health to 17-year partner Project C.U.R.E. to send medical supplies to Sierra Leone, one of the areas hit hardest by the Ebola outbreak. Dignity Health volunteers in Phoenix packed the donation of medical supplies into a 40-foot container that arrived in Sierra Leone in February.

- Day on the Beach is an annual community event organized by Dignity Health employees who give their disabled patients an experience they wouldn't otherwise have. Dignity

Health caregivers volunteered to help people with disabilities step away from the hospital to experience life at the beach, from kayaking to swimming activities.

- Hope Street Family Center in downtown Los Angeles was developed in 1992 as a community program of Dignity Health's nearby California Hospital Medical Center. Recognized as a national model for integrating impactful health care in the community, Hope Street Family Center is the fulfilled vision of a Dignity Health caregiver. Highlighting the work done here over the years, Dignity Health recently released a video to showcase the work done at the facility.

"Project Humankindness offers Dignity Health a meaningful way to talk about the needs that exist in our communities and to show just how life-changing even small acts can be," said Bernita McTernan, executive vice president of sponsorship, mission integration, and philanthropy at Dignity Health. "From free educational clinics and access to care, to safety and mobility assistance, we recognize the positive impact that thoughtful programs can have on individuals, their families, and the community."

Learn more about Dignity Health at www.hellohumankindness.org.

Source: Allison Public Relations

Lockdown Brewing Is Now Open for Business



Rancho Cordova, CA (MPG) - The Rancho Cordova Chamber of Commerce is pleased to welcome new chamber member and the newest member of the growing craft brew community: Lockdown Brewing Company. Lockdown Brewing offers a casual and relaxed atmosphere to enjoy a pint after work. With unique recipes, and a second location in Folsom, Lockdown brews only with natural ingredients; they even offer a delicious root beer. Located at 11327 Trade Center, look carefully on the north side of the street and west of Sunrise; it's located in the back behind some of the other fine businesses set near the street. Give Lockdown a try! Photo by Rick Sloan Source: Rancho Cordova Chamber of Commerce

Officers Recognized for Outstanding Efforts



Story and photo by Margaret Snider

Rancho Cordova, CA (MPG) - At the Rancho Cordova April Luncheon, Steve Muzinich (left) of Folsom Cordova Unified School District presented plaques to School Resource Officers Lisa Payne and Randy Moya, for the officers' help in reducing truancy and school violence. Muzinich expressed appreciation for their continued efforts in improving student-officer relationships as well as proactively working with school staff to create the safest learning environment for students.

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Are You Carrying Bricks In Your Backpack?

Procrastination! Ugh! What a word that is. But, we're all guilty of it - whether it's putting off laundry or doing your taxes - it's usually related to some task or chore we just don't want to do.

The same is true about making final arrangements. Who wants to think about, or talk about, death. And with so many more fun things to spend our money on, who wants to pay for it?

Well, just like taxes, death is something unavoidable, and when it's done - what a relief that is. You can then unload that brick from your backpack and have some peace of mind. If you still need motivation, consider these points:

- You get to arrange what you think is best and not expect family members to know your wishes
- You can know that once your pre-arrangements are made, your wishes will be carried out
- You get to relieve your family from that burden of planning your funeral when they are grieving
- You can minimize disputes between your well-meaning relatives
- You can set up affordable monthly payments so the financial burden does not fall to your surviving family members
- You will show your love in a way your family will never forget

We hope these tips are useful. Call us today for an appointment and let us help you unload some bricks from your backpack!



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- DOWN
- Part of house frame
 - Prepare by drying or salting
 - "This famous Jessica became a mom in 2008"
 - Pinocchio and his kind
 - Relating to apnea
 - Brewer's kiln
 - Tombstone acronym
 - Health food pioneer
 - Retained
 - Palm tree berry
 - Guitar forerunner
 - Bonanza find
 - Count on
 - Indifferent to emotions
 - "Like Mother Hubbard"
 - Soiled
 - "TV's "lovely lady"
 - Olden day calculators
 - Muhammad's birthplace
 - Big-ticket
 - "Animal House" garb
 - French pancake
 - Oil tanker
 - "Mother" in Italian
 - Novelist Koontz
 - German mister
 - Asian pepper
 - Sterling, Cooper or Draper
 - Sigma Alpha Epsilon
 - Soft palate vibrations
 - Boxer's stat
 - Inhabit
 - Kissing disease?
 - Atlantic Richfield Company
 - Last row
 - Notable achievement
 - Evening purse
 - Hitchhiker's quest
 - Nostradamus, e.g.
 - "Mom has at least one"
 - By way of

CROSSWORD											
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 9

Come back every week for Crossword and Sudoku!

Measles Outbreak That Began in December Now Over

SACRAMENTO REGION, CA (MPG) - Dr. Karen Smith, director of the California Department of Public Health (CDPH) and state health officer, has announced that the California measles outbreak that began in December 2014 is over.

No new outbreak-related measles cases have been reported to CDPH for two 21-day incubation periods (42 days), allowing public health officials to declare the outbreak that infected 131 Californians to be over.

“We are pleased this outbreak is over, but caution that measles can be reintroduced in California at any time when an infected person brings it to the state,” said Dr. Smith. “The best defense for protection against the highly infectious measles is vaccination.”

Since December 2014, 131 measles cases have been reported to CDPH that are likely linked to this outbreak. Measles is not endemic in California but can circulate when a contagious, infected person enters the state and exposes others. Forty-two cases were directly linked to an initial exposure in December at Disneyland or Disney California Adventure Park in Anaheim, CA. Additional cases were secondary to those.

Forty-four other cases have an unknown exposure source. It is possible, but unlikely, that some of the cases with unknown exposure sources are unrelated importations of the B3 strain into the state. Because of their epidemiologic and genotyping links, CDPH considers them part of the same outbreak, although the B3

strain is also known to circulate in a number of other countries and additional importations during the outbreak were possible. While this outbreak is over, it does not mean that there will not be future measles cases reported in California.

People can be infectious for four days prior to developing the rash associated with measles and may feel well enough to be out and about, potentially exposing others. Because measles is a highly infectious, airborne disease, public health officials are pleased to have contained the spread of this outbreak to a relatively few individuals and that no related deaths occurred.

“Government at all levels—federal, state, and local—worked together to educate health care providers and the public about potential exposures and the risks of the disease. Prompt investigation of cases, interviewing hundreds of contacts of infected people, vaccinating hundreds of at-risk people, and increasing awareness among health care providers about measles helped to control this outbreak,” said Dr. Smith.

The public health investigation into this measles outbreak was significant. Thousands of measles contacts in California were identified. Exposures occurred in public places including health care settings, schools, malls, and airports. Babies and pre-school children, pregnant women, schoolchildren of all ages, health care workers, teachers, and other adults were exposed to measles during this outbreak. Lab tests

in state and local laboratories were conducted for over 1,000 patients.

Measles symptoms typically begin with fever, cough, runny nose, and red eyes and within a few days a red rash appears, usually first on the face and then spreading downward to the rest of the body.

Two doses of measles-containing vaccine (MMR vaccine) are more than 97% effective in preventing measles. If you are unsure of your vaccination status, check with your doctor to have a test to check for measles immunity or to receive vaccination.

The California measles patients in this outbreak reside in 14 local health jurisdictions (Alameda, Los Angeles, Marin, Merced, Orange, Riverside, San Bernardino, San Diego, San Mateo, Santa Clara, Solano, and Ventura counties and the cities of Long Beach and Pasadena). Patients range in age from six weeks to 70 years old. Vaccination status is documented for 81 of the 131 cases. Of these 81 cases, 56 (70%) were unvaccinated, and 25 had received one or more doses of MMR vaccine. In addition to the 131 measles cases in the outbreak, there were an additional five unrelated measles cases reported during the same time period.

More information about measles can be found on the CDPH website.

Source: California Department of Public Health ★

I Didn't Pay My Taxes... Now What?

SACRAMENTO REGION, CA (MPG) - Many of us dread April 15th. If we haven't paid our taxes, we dread April 16th even more—the first day you owe arguably one of the most powerful collection companies in the world: the IRS. Until April 16th, it was a worry in the back of our minds. Now it is reality. For whatever reason, you didn't pay your taxes in full or at all. You wake up the morning of the 16th with a gut-wrenching feeling, not knowing what to do. You're not alone with this feeling. According to the IRS, just over 9 million Americans had delinquent tax accounts in fiscal year 2013.

Not only does the IRS charge penalties and interest, they also have the ability to reach into your bank account, drain your liquid assets, and take a portion of your paycheck until your debt is paid in full. What do you do?

The first thing Ken Mazel, CEO of www.TheTaxSettlementGroup.com, says is to relax, take a deep breath, and start to figure out how to work your way out of this situation. According to Mazel, if you stay in touch with the IRS and work with them to resolve your outstanding tax debt, the IRS, in most cases, will not attempt to levy your bank account or garnish your paycheck. The IRS uses these collection tactics to get the attention of delinquent taxpayers who ignore the IRS's request for payment.

You want to ensure your tax return has been filed, even if you can't afford to pay the tax. According to Mazel, if you don't file your tax returns, that is a crime. However, it is very rare for any criminal consequence to be enforced. In other words, you do not have to worry too much about going to jail. Jail is reserved for those who intentionally try to defraud the IRS, not those who simply can't afford to pay. When you file your returns, but cannot afford to pay your taxes, you will not be criminally charged. Failure to pay is a civil matter and, as such, civil penalties and interests are attached to the outstanding tax balance.

After you file your tax returns, the next step is to determine if you will be able to pay your outstanding tax balance in four or fewer months. If you can pay in four months or less, call the IRS at (800) 829-1040 and make arrangements with them. The IRS will add penalties and interest

onto your balance up and until the time you are able to pay the balance in full.

If you can't pay your balance in full within four months, you will need to ask for a payment arrangement called an Installment Agreement. This will give you up to six years to pay your debt in full. Depending on how much you owe, the IRS will have different standards for how much you will need to provide them as proof of how much you can afford to pay each month. Remember, interest and penalties are accruing on your outstanding balance. It is in your best interest to pay as much as you can, as quickly as you can, toward your balance.

If you truly can't afford to pay your outstanding tax balance, the IRS has another program called the Offer-In-Compromise. According to Mazel, this is essentially a negotiation you enter into with the IRS where you are able

to settle your tax bill for less than the full amount owed. This is granted only to those who are in extreme financial hardship. You will be required to supply the IRS with proof of your financial hardship. If you are approved for this program, you will have up to 24 months to pay this reduced tax bill.

The IRS has one additional program, Currently-Not-Collectable. This program assists the taxpayer who has only enough money to pay for basic living needs, or even less, and enables the taxpayer to ask for a reprieve from collections. This allows the taxpayer time to get back on his/her feet and then later enter into a repayment plan.

Mazel added that as long as you stay in communication with the IRS and work with them to resolve your tax issues, you can keep the most powerful collection company at bay.

Source: Kenneth Mazel ★

Assemblyman Cooley Co-Hosts Women's Health Conference

RANCHO CORDOVA, CA (MPG) - On Thursday, April 30th, Assemblyman Ken Cooley and Sima Spector will host a free “Better Health as You Age: Mind, Body, Spirit” health conference. Co-sponsored by the Sacramento Chapter of Hadassah, attendees will learn how to optimize physical and mental health with food, meditation, and movement. During this event, constituents will be able to meet with Assemblyman

Cooley to discuss issues important to them, get help with a state agency, or just stop by to say hello.

Doors and exhibitors will open at 4:30 p.m. and the official program will be held from 5:00 p.m. to 8:00 p.m. The conference will be held at Rancho Cordova City Hall, 2729 Prospect Park Drive, Rancho Cordova, CA 95670. To RSVP for this event, please visit <http://asmdc.org/members/a08/> district/upcoming-events.

Assemblyman Ken Cooley represents the 8th Assembly District, which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton, and other portions of unincorporated Sacramento County. For more information, please visit <http://asmdc.org/members/a08/>

Source: The Office of Assemblyman Ken Cooley ★

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COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177619

WHEREAS, Priyanka Teckchandani has filed a petition with this court for a decree changing the name(s) of Priyanka Ashok Teckchandani to Priyanka Heeru Teckchandani.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 17, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 8, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: April 24, May 1, 8 and 15, 2015
TECKCHANDANI 150413 5-15-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177699

WHEREAS, Heather S. Mayer, attorney for Pwint Oo Hlaing has filed a petition with this court for a decree changing the name(s) of Pwint Oo Hlaing to Patricia Leong.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 9, 2015
David I. Brown, Judge of the Superior Court
Publish: April 24, May 1, 8 and 15, 2015
HLAING 150416 5-15-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00177876

WHEREAS, Michele L. Riddles has filed a petition with this court for a decree changing the name(s) of Michele Lynn Riddles to Michele Lynn Graham.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 15, 2015
David I. Brown, Judge of the Superior Court
Publish: April 24, May 1, 8 and 15, 2015
GRAHAM 150416 5-15-15

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY MAXINE GARNER (deceased)
ESTATE NO. 34-2015-00177601

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of MAXINE GARNER, MARY MAXINE GARNER (deceased):

A petition has been filed by JERRY L. GARNER, BRENDA K. GARNER, MELANIE WARMERDAM in the Superior Court of California, County of Sacramento, requesting that JERRY L. GARNER AND MELANIE WARMERDAM be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: June 16, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Jerry Lynn Garner and Melanie Warmerdam, 3535

Miami Street, Sacramento, CA 95821 (916) 617-8892
Publish: April 24, May 1 and 8, 2015.
GARNER 150330 5-8-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONALD CLAYTON AHRENDT (deceased)
ESTATE NO. 34-2015-00177023

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of RONALD CLAYTON AHRENDT (deceased):

A petition has been filed by MICHAEL RICHARD STEWART in the Superior Court of California, County of Sacramento, requesting that MICHAEL RICHARD STEWART be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: May 28, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate

Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Michael Richard Stewart, 8452 Fair Way, Citrus Heights, CA 95610 (916) 723-3578
Publish: April 10, 17 and 24, 2015.
AHRENDT 150402 4-24-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN JOYCE GIVENS (deceased)
ESTATE NO. 34-2015-00177019

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of HELEN JOYCE GIVENS (deceased):

A petition has been filed by TERRY GIVENS, MONIQUE DIGGS AND ESTELLA WHITTAKER in the Superior Court of California, County of Sacramento, requesting that ESTELLA WHITTAKER be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: May 28, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in

California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Michael A. Hackard, Hackard Law, A Professional Law Corporation, 10630 Mather Boulevard, Mather, CA 95655 (916) 313-3030
Publish: April 17, 24 and May 1, 2015.
GIVENS 150406 5-1-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHONG SUN JOHNSON (deceased)
ESTATE NO. 34-2015-00177169

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of CHONG SUN JOHNSON (deceased):

A petition has been filed by TONI FAY JOHNSON AND SONI KAY JOHNSON in the Superior Court of California, County of Sacramento, requesting that TONI FAY JOHNSON AND SONI KAY JOHNSON be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: June 11, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in

section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Robert J. Busch, Jr., 9245 Laguna Springs Drive, Suite 200, Elk Grove, CA 95758 (916)859-0370
Publish: April 17, 24 and May 1, 2015.
JOHNSON 150410 5-1-15

SUMMONS

SUMMONS
IN THE NINTH JUDICIAL DISTRICT COURT OF THE STATE OF NEVADA IN AND FOR DOUGLAS COUNTY

ALEJANDRA MERCADO-MARTINEZ, Plaintiff,
JUAN ANTONIO MENDOZA-MERAZ, Defendant.

Case No. 15-DJ-0109, Dept. I
THE STATE OF NEVADA SENDS GREETINGS TO THE ABOVE-NAMED DEFENDANT:

You are hereby SUMMONED and required to serve upon plaintiff, ALEJANDRA MERCADO-MARTINEZ, whose address is 6112 Shetland Court, Stockton, CA 95210, an ANSWER to the Complaint which is herewith served upon you, within 20 days after service of this Summons upon you, exclusive of the day of service. In addition, you must file with Clerk of this Court, whose address is shown below, a formal written answer to the complaint, along with the appropriate filing fees, in accordance with the rules of the Court. If you fail to do so, judgment by default will be taken against you for the relief demanded in the Complaint. This action is brought to recover a judgment dissolving the contract of marriage existing between you and the Plaintiff.

This filer certifies that this document does not contain the social security number of any person. Dated this 15 day of March, 2015
D. Hecimovich, Deputy Clerk of Court
Ninth Judicial District Court
P.O. Box 218
Minden, NV 89423
Published: April 17, 24, May 1 and 8, 2015.
CROCKETT 150408 5-8-15

Treating Test Trauma

Why Your Children's SAT/ACT Scores May Not Be Reflecting Their Full Ability and What to Do About It

By Mark Schwartz, Intrepid Tutoring

CARMICHAEL, CA (MPG) - Is your high school student taking the PSAT, SAT, or ACT soon? Did they take it but not get a score commensurate with their classroom grades? They may be suffering from test trauma. There are three causes of test trauma: (1) gaps in knowledge, (2) gaps in logical thinking skills, and (3) gaps in confidence. But these problems can be solved surprisingly quickly with basic test-taking tactics and focused tutoring. You can help your child in time to achieve their best possible score on these important exams.

1. The Knowledge Gap: There are a manageable number of hard skills addressed on these tests. The math skills are the easiest to identify, test, and teach. Most are at the sophomore-class level, with a few

questions reaching junior level (algebra and trigonometry). With an untimed practice test, you can quickly identify your student's opportunities for improvement and provide practice material that will build the necessary skills.

The English section tests a high school to early college level of vocabulary. The grammar skills tested are at approximately high school sophomore level. This means the avid reader has a distinct advantage. Rather than having your student read the complete works of Shakespeare, he/she can learn techniques designed to comprehend what is read, discern the meaning of words by context clues, and quickly get to any question's correct answer.

Consider the following example in which an SAT question asks the student to choose between various meanings of the underlined word: "The

coming decades will likely see more intense clustering of jobs, innovation, and productivity in a smaller number of bigger cities and city-regions."

In the above example, students should examine the text surrounding "intense" and come to the conclusion that the answer means "concentrated" or "dense" rather than "emotional" or "determined."

2. The Logical Thinking Gap: This is the focus of the ACT/SAT. Most questions in both math and English require you think beyond the hard skill and apply that knowledge to get to the right answer. This is easier than most students think and is critical in obtaining a high score on the test. There are simple strategies that help students understand how to approach the problems and apply their natural talents to grasp the meaning of the test questions. For example, taking a few seconds to make sure the student

"Most questions in both math and English require you think beyond the hard skill and apply that knowledge to get to the right answer. This is easier than most students think and is critical in obtaining a high score on the test."

understands what the question is asking for makes a large difference in their score.

For example, "An object travels at fifteen feet per minute. How many yards does it travel in 24 minutes and 40 seconds?"

In this question, the student should realize that his initial feet calculation must be

converted to yards. It is very likely the answer in feet will also be an answer choice.

3. The Confidence Gap: This is most common gap, and it is no wonder. We are a test-focused society and learn to view college entrance exams as one of the greatest challenges to a successful life. Of course, that is not really true; perhaps

we should rethink our definition of success. Until that happens, the clearest path toward dealing with test pressures is managing them. With the right cooperation between student and tutor or parent, it is easily overcome. A student taking classes or tutoring lessons can employ homework, the opportunity to work with other students taking the test, and encouragement from teachers and family to increase confidence.

For example, if the student has difficulty with geometry problems, tackling multiple problems found on actual tests will ultimately increase knowledge and confidence on the actual test. Then your student will face test day with no fear and the ability to get his/her highest potential score.

Mark Schwartz is the owner of Intrepid Tutoring. He is a professional tutor and teacher of SAT/ACT test prep. Find out more at www.msenterprises1.com. ★

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TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE T.S. No. 14-22044-SP-CA Title No. 140939957-CA-V01 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Brian Kindsvater, a married man as his sole and separate property Duly Appointed Trustee: NATIONAL DEFAULT SERVICING CORPORATION Recorded 07/18/2007 as Instrument No. Book 20070718 Page1613 (or Book, Page) of the Official Records of Sacramento County, California. Date of Sale: 05/18/2015 at 9:30 AM Place of Sale: At the east main entrance to the county courthouse, 720 9th Street, Sacramento, CA 95814 Estimated amount of unpaid balance and other charges: \$289,031.85 Street Address or other common designation of real property: 10820 Glenhaven Way, Rancho Cordova, CA 95670 A.P.N.: 058-0042-006-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The undersigned mortgagee, beneficiary or authorized agent for the mortgagee or beneficiary pursuant to California Civil Code Section 2923.5(b)/2923.55(c) declares that the mortgagee, beneficiary or the mortgagee's or beneficiary's authorized agent has either contacted the borrower or tried with due diligence to contact the borrower as required by California Civil Code 2923.5/2923.55. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If

you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 14-22044-SP-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 04/20/2015 Tiffany and Bosco, P.A. As agent for National Default Servicing Corporation 1230 Columbia Street, Suite 680 San Diego, CA 92101 Phone 888-264-4010 Sales Line 714-730-2727; Sales Website: www.ndscorp.com/sales Lana Kauludis, Trustee Sales Supervisor A-4520404 04/24/2015, 05/01/2015, 05/08/2015

LEGAL NOTICE

Important Information for Golden State Water Customers
 Notice of State Water Resources Control Board Emergency Regulation to Control Water Use During Droughts

Golden State Water Company (Golden State Water) has been ordered by the California Public Utilities Commission (CPUC) to notify its customers of the State Water Resources Control Board's (Board) restrictions and fines for violations of the Board's Emergency Regulations intended to achieve statewide conservation goals. This notification is being sent because California is in a drought and your cooperation is needed to ensure reliable supplies of water for your comfort and necessary use.

The Governor issued an Executive Order on April 1, 2015, mandating additional water use reductions. At this time, the Board has not yet established the new mandatory rules. Once the Board acts, the CPUC will follow suit and we will be notifying you of additional water use restrictions. In the meantime, the Governor's Executive Order mandated that the following restrictions are in full force and effect.

The Board has determined that the following water-use activities by California customers are not allowed:

- Watering outdoor landscapes in a way that causes water to "runoff" onto adjacent property, non-irrigated areas, private and public walkways, roadways, parking lots, or structures.
- Washing a vehicle, with a hose without a shut-off nozzle or other device that will immediately stop the flow of water when not in use.
- Using drinking water to wash driveways and sidewalks.
- Using drinking water in a fountain or other decorative water feature, except where the water is recirculated.

On March 17, 2015, the Board re-adopted the above water-use prohibitions and added the following ones:

- Customers are not allowed to irrigate turf or ornamental landscapes during and 48 hours following measurable precipitation.
- Restaurants and other food service establishments can only serve water to customers on request.
- Operators of hotels and motels must provide guests with the option of choosing not to have towels and linens laundered daily and prominently display notice of this option.
- Customers will be informed by their water utility when the utility is aware of leaks that are within the customer's control.
- In compliance with orders from the State Water Board, Golden State Water customers may not irrigate outdoor landscapes or turf with potable water more than two days per week. Customers are encouraged to check the back of their water bill for updates regarding specific outdoor irrigation days for their community. All outdoor irrigation must occur before 8 am or after 7 pm.

Violation of any of these prohibited or restricted water-use activities may be subject to a fine of up to five hundred dollars (\$500) for each day in which the violation occurs. A public agency representative may issue a citation in accordance with locally adopted municipal codes, adopted ordinances, or in cooperation with Golden State Water.

Golden State Water is complying with the water restriction requirements, and encourages customers to adhere to all regulations approved by the Board and CPUC to help protect nature's most precious resource during this historic drought.

Customers seeking additional information or wanting to report water waste in their community are encouraged to visit gswater.com/drought or contact Golden State Water's 24-hour Customer Service Center by calling 800-999-4033.

Para recibir esta información en español por favor llame a 1-800-999-4033. 4/24/15 CNS-2743987#

PUBLISHED IN THE GRAPEVINE INDEPENDENT ON APRIL 24, 2015

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, May 4, 2015, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

ST. JOHN VIANNY CHURCH LED SIGN - PROJECT No. DD8565 - LIMITED USE PERMIT:

REQUEST: The applicant is requesting a Limited Use Permit (LUP) to install an Electronic Monument style sign at St. John Vianney Catholic School and Church located at 10497 Coloma Road. The proposed monument sign stands 8 feet tall and has a sign area of 32 square feet. This square footage includes an approximately 25 square feet LED screen that will be used to display information related to the church and school on the premises. The proposed sign meets all applicable size, height, setback and illumination standards in the Zoning Code.

OWNER/APPLICANT:
 St. John Vianney Church Yesco Signs LLC
 Father Chuck Kelly Mr. Nate Buchaklian
 10497 Coloma Road 875 National Drive, Suite 107
 Rancho Cordova, CA 95670 Sacramento, CA 95834

LOCATION/APN: 10497 Coloma Road; APN: 056-0230-019-0000

ZONING: Residential 5 (RD-5)

ENVIRONMENTAL: Categorically Exempt under Section 15311 (Accessory Structures) of the California Environmental Quality Act Guidelines.

PROJECT PLANNER: Nicholas Sosa, Assistant Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on April 24, 2015

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, May 4, 2015, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

CIRCULATION ELEMENT

A Resolution amending the Circulation Element of the General Plan to reflect the Capital SouthEast Connector.

LOCATION/APN: The General Plan applies city-wide
ENVIRONMENTAL: Exempt per State CEQA Guidelines Section 15061 (b)(3) (General Rule)
PROJECT PLANNER: Jessica Jordan, Principal Planner
 Mark Thomas, PE, Public Works

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

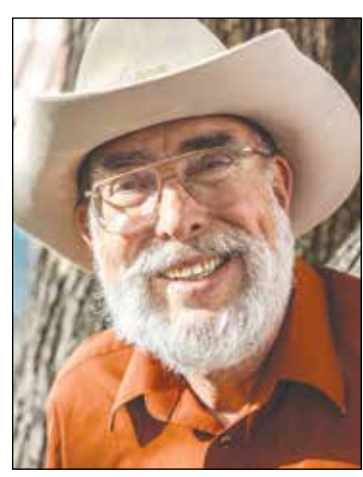
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Printed in the Grapevine Independent on April 24, 2015

Slim Randles' HOME COUNTRY



"...the young horse... was crouched in the starting blocks preparing for an elliptical orbit around the sun"

Steve, the tall cowboy of us philosophy types, was riding a young horse through town the other day to get him used to "boogers."

To gentle a horse, he explained, you give them something to booger at, and then talk them out of it. You keep coming up with new boogers and calming the horse until screaming fire engines and jet exhaust are no problem at all.

He rode up to the Campbell house and saw Anita, Dud's wife, shaking out a throw rug. The young horse began blowing nuclear snot all over the front yard and his eyes bugged out.

"Anita," Steve said, "would you mind coming over here with that rug for a minute?"

She walked slowly up to the young horse, who was crouched in the starting blocks preparing for an elliptical orbit around the sun.

"I don't want to frighten him," Anita said.

"That's why I'm here, actually," Steve said. "Would you let him smell the rug?"

She carefully and slowly

held the rug up to where the colt could sniff it. He sniffed and snorted, sniffed and snorted ... then sniffed, and sniffed. Then he eyed it carefully and touched it with his nose.

"If you wouldn't mind," Steve said, running his hand along the horse's neck, "could you back up about three steps and then start wiggling it?"

She backed up and gently wiggled the rug. Snort, snort, legs in starting blocks. Ready to booger.

"That's it," Steve said, calmly, rubbing the horse's neck. "Now shake it a little harder."

More snorts. More rubbing.

"Now shake it really hard." It took the best part of a minute before the horse calmed down and just watched Anita with curiosity instead of fear.

"Thanks, Anita," Steve said. "You've helped a lot."

She looked up at him. "But why did you want me to shake a rug at him, Steve?"

"I'm thinking about getting him a job in a carpet cleaning business and wanted him to learn the ropes."

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Sacramento Choral Society and Orchestra's Season Finale Features Powerful Music

SACRAMENTO REGION, CA (MPG) - Conductor Donald Kendrick and the Sacramento Choral Society and Orchestra (SCSO) will team up with Sacramento State's University Chorus to present choral orchestral music by three modern American classical composers in a powerful season finale entitled "Songs of Eternity."

"We hasten to assure our audience that the music for this concert is considered accessible modern music in that all three works are dramatic and lyrical," says Donald Kendrick, artistic director.

This unique program showcasing 250 musicians will include the West Coast Premiere of Daniel Forrest's "Requiem for the Living - Dan Forrest (2013)," James Hopkins' "Songs of Eternity" (1995) and Howard Hanson's "Sea Symphony" (1974). Composer James Hopkins will be a special guest at the concert.

A pre-concert talk will be given by Conductor Donald Kendrick at 7:00 p.m. and a post-concert reception in the lobby will provide an opportunity for audience members to meet the artists. The concert also features projected supertitle translations. The doors open at 6:30 p.m.

The "Songs of Eternity" concert, dedicated to the SCSO's founding Concert Master Michael Anderson, features poetry by Walt Whitman and Nobel Prize-winning Indian poet Rabindranath Tagore. The season finale will provide a prelude to the SCSO's July 2015 international tour to Paris (Notre Dame), Normandy (American Cemetery 70th Anniversary of World War II) and London (St.



A pre-concert talk will be given by Conductor Donald Kendrick (pictured) at 7:00 p.m. Photo courtesy of the Sacramento Choral Society and Orchestra

Paul's Cathedral).

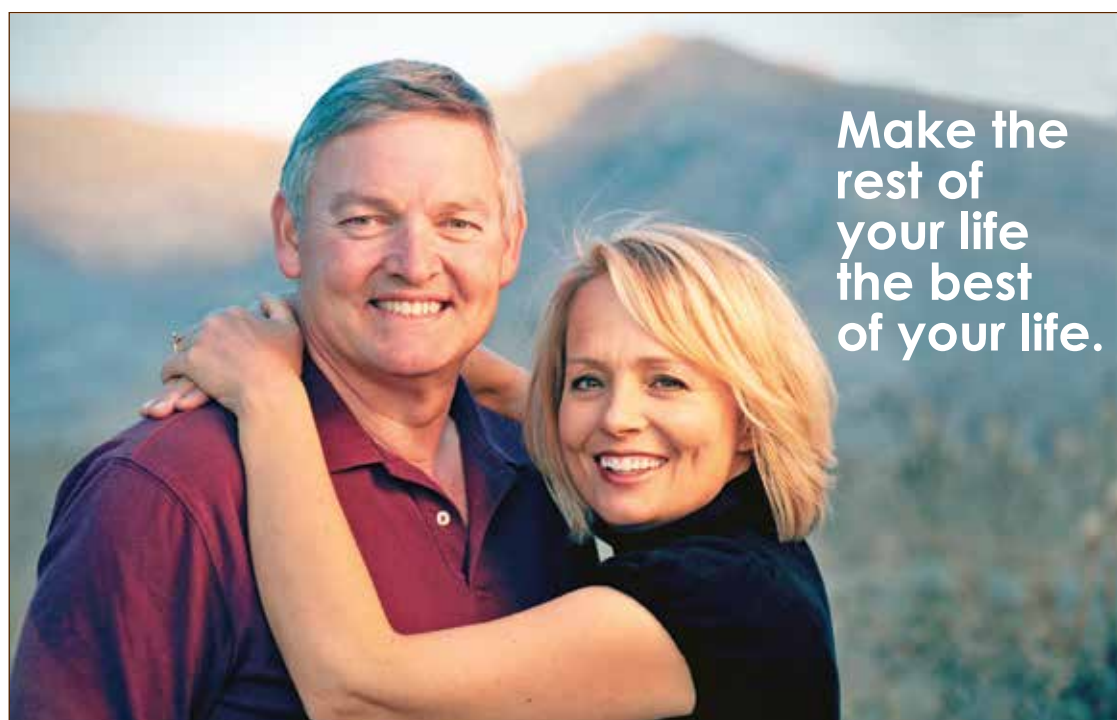
The show takes place on Saturday, May 9th at 8:00 p.m. at the Sacramento Community Center Theater, 13th & L Street in Sacramento. For tickets, call the Sacramento Community Center Box Office at (916) 808-5181 or buy online at www.tickets.com. The cost is \$45 for orchestra, \$35 for first balcony. Students get a 50% discount. \$10 rush seats may be available

on concert night.

The concert is co-sponsored by SAFE Credit Union and the SCSO following their recent successful spring 2015 fundraising efforts.

For additional information, visit www.sacramentochoral.com or call the SCSO Office at (916) 536-9065.

Source: Sacramento Choral Society and Orchestra ★



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Sacramento CHORAL SOCIETY & Orchestra
DONALD KENDRICK | MUSIC DIRECTOR

SPRING 2015

SONGS OF ETERNITY

(West Coast Premiere)

Requiem For The Living | Dan Forrest
Songs of Eternity | James Hopkins
Sea Symphony | Howard Hanson

Music and texts rich with emotional directness in a large-scale choral/orchestral tribute to three major American composers

Special Guest | Composer James Hopkins present at the performance

Saturday, May 9 at 8:00 p.m.
7:00 p.m. – Pre-concert talk by Donald Kendrick

Community Center Theater
1301 L Street, Sacramento



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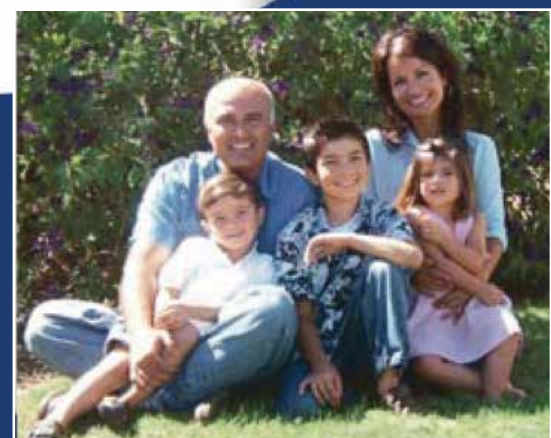
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CORDOVA SPORTS

Lady Lancers Tied for First Place

By Mike Bush

RANCHO CORDOVA, CA (MPG) - After losing its first Sierra Valley Conference (SVC) game last week, the Cordova High School softball team has regained its winning ways.

On Monday, April 20th, the Lady Lancers got off to a slow start at Rosemont, but the Lady Wolverines couldn't keep pace with Cordova, which posted a 6-1 victory.

Cordova's Megan Stacy was solid on both sides for her team. On the mound, she struck out 14 Rosemont batters en route to pitching a one-hitter. "Megan pitched a great game," said Cordova head coach Lindy Willeford.

The Lancers banged out 12 hits in the game. Stacy had one-fourth of them, as she went 3-for-4 with a double and three RBIs. Mason Pittaro also had a hitting day for Cordova (11-1 in the SVC, 17-2 overall), as she was 3-for-4 with a double.

Other hitters for the Lady Lancers were Tracy Mahony,



Cordova's Leila Cooper, No. 13, throws out an El Dorado runner in last week's Sierra Valley Conference home game. Photo by Rick Sloan

who clubbed two doubles, and Jocelyn Brown, who was 2-for-4. Leila Cooper joined

teammate Kailee Cole with one hit each.

a double. Jocelyn Brown followed by going 3-for-3 with two doubles, Nikki Jones went 3-for-4, Pittaro went 2-for-4, and Tiana Brown and Mahony went 2-for-3 each. Stacy clubbed a double in the game.

Union Mine 1, Cordova 0

In an April 15th SVC road game at El Dorado, Cordova was unable to get the edge over Union Mine, which scored the game's only run in the bottom of the first inning. Both teams combined for 10 hits; Cordova had four and Union Mine six.

"The game against Union Mine was a close game," Willeford said. "We could not get a timely hit." Stacy struck out 11 Diamondback batters. Pittaro had two hits, while Jones and Stacy had a hit each.

The loss now has the Lancers and Lady D'backs tied for first place. Cordova won the first of the three meetings last month. The rubber match will take place on Monday, April 27th at the Lancers' field.

Cordova 10, El Dorado 0

In the April 17th SVC home game, the Lancers were led by Stacy, who struck out nine Cougar batters and tossed a one-hitter in the five-inning game called because of the mercy rule.

At the plate, Vanessa Cain had one-third of the Lancers' 12 hits, as she went 4-for-4 with

On Wednesday, Cordova hosted Galt. Friday, April 24th the Lancers play at Liberty

Ranch. Then Monday, April 27th, the SVC title will be decided between Cordova and Union Mine. All games start at 4:15 p.m. ★



Touching home plate for one of the Lady Lancers' 10 runs against the Cougars is Tracy Mahony. Photo by Rick Sloan

END of the BENCH

by Gerry Scholl

Watch Out for the Other Guy

They say that when it comes to intensity in sports, there's nothing quite like playoff hockey.

Waiting for the NBA playoffs to come on the tube the other day, the click was made to switch over to the Washington Capitals-New York Islanders NHL opening round series. Even though the San Jose Sharks missed out on postseason play for the first time in over a decade (resulting in the firing of coach Todd McLellan), it would be worth checking out some of the stars of the game during the Stanley Cup Playoffs.

This game featured one of the brightest stars of all in Capitals winger Alex Ovechkin. The big Russian has led the NHL in goal-scoring in five of his eight seasons and has added 32 post-season goals in the seven years prior to this one.

It's always an interesting move to focus on a single player for a while when watching hockey, especially if you are only a casual observer and want to get a feel for what the stars are all about. Ovechkin did not disappoint and neither did the television broadcast --- featuring a series of plays with the cameras isolating on the Cap's leader. Ovechkin seemed to be going after Islanders' players for a big crushing hit every time he had the opportunity. He might be one of those professional stars that gets preferential treatment. He ranked just 90th in the league in total penalty minutes, even though he was 10th in total hits (body checks).

Watching him further, he would whack New Yorkers across the backs of their legs from behind with his stick (shouldn't that be a penalty?) --- you had to start to think that that guy is a dirty player; or that's just "playoff hockey." In any case, as they said on the broadcast, you better know where that big fella is at all times. Protect yourself.

That's what Oakland Athletics third baseman Brett Lawrie will be thinking whenever he steps into the batter's box against the Kansas City Royals from now on --- "protect yourself."

After Lawrie's hard slide into second base sent Royals shortstop Alcides Escobar to the trainer's room with a wrenched

knee last Friday, Lawrie was plunked on the elbow Saturday by Kansas City's Yordano Ventura, who was immediately ejected from that game. Sunday, the A's Scott Kazmir struck K.C.'s Lorenzo Cain on the foot, which resulted in the most logical form of retaliation --- Royals reliever Kelvin Herrera fired two consecutive hard projectiles at around 100mph at Lawrie, the first two feet inside and the second high and behind Lawrie's back. (Would that be considered a crime in some other line of work?). Herrera made a threatening gesture pointing to his head as he left the field, one of five more Royals ejected during that incident. Advice to Lawrie: "Look out!"

Some members of the San Francisco Giants' starting-pitching rotation had better look out for their job security. Holy Moses! (Chris Heston has climbed up on the hill and has been a revelation since taking over a spot when Matt Cain went back to the disabled list. The 27-year-old righthander is 2-1 after three solid starts, going 20.2 innings with a 0.87 ERA. The team as a whole had better watch out for all of the other teams in the National League West. Entering the three-game, home series with the L.A. Dodgers (9-3) Tuesday, the Giants were looking up at the entire division with their pitiful 4-10 record, third worst at the time in the NL for the defending World Series champs --- who have been playing more like chumps.

Those aforementioned NBA Playoffs are featuring a basketball revelation --- your very own Golden State Warriors, who have stockpiled a lengthy list of records and statistics during the course of their historic 67-15 regular season. This team can do everything, including park your car, stand in line at the concession stand for you and give you a ride home after the game. This top-seeded group had come accustomed to building sizeable leads early in games throughout the regular season. Its fast-strike capabilities were on display early in the first game of the first round, a 106-99 win over No.-8 seed New Orleans Saturday. The

Pelicans scored the first four points, but two minutes later it was 10-4 Golden State.

The Warriors, however, have also had the bad habit of coasting with leads at times, allowing opponents to get back into some games. That was also on display, as they built a 25-point lead that shrunk to just a five-point margin in the closing seconds. Game Two was a tighter affair and the Warriors didn't pull away until the last five minutes for a 97-87 win and a 2-0 lead in the series. In the playoffs, coasting will not be an option.

Two bad boys on the lookout for each other will be coming face-to-face on May 2 in Las Vegas. Floyd Mayweather, Jr., and Manny Pacquiao will be exchanging blows in a bank-breaking matchup for the welterweight boxing title.

Here at the EOB we lack interest in boxing and other similar exhibitions. Those feelings got their start a long time ago. The Gillette Friday Night Fights was a staple in boyhood in the late 50's and early '60's, until one of its stars, welterweight Emille Griffith, finished off (Kid) Benny Paret one night with a ferocious salvo of punches. Paret died ten days later. That was a shocking realization that nearly faded away during the Cassius Clay/Muhammed Ali era, because Ali was such an intriguing character and champion.

But then came the brutal match in 1981 in which Ray "Boom Boom" Mancini knocked out Korean boxer Duk Koo Kim. The newspapers the next day ran a picture of Mancini landing a punch to the distorted face of Duk Koo Kim...to be remembered as a death blow when Duk Koo Kim died three days later. What's the sport in that?

Since then there has been disdain for boxing and its ultimate goal to inflict bruises upon the brain of the opponent until he collapses unconscious. That is not sport, but a barbaric exhibition that attracts huge audiences to this day. But, alas, we are mere Homo sapiens (from the Latin: homo (man); sapiens (wise, rational)), and remain a rather barbaric lot in many regards. ★

By Mike Bush

RANCHO CORDOVA, CA (MPG) - Although it is not part of the Sierra Valley Conference's (SVC) top teams this season, the Cordova High School baseball team is looking to finish the season on strong note.

In last week's SVC games, the Lancers were bitten by the Union Mine Diamondbacks, 6-1. The April 16th home game had Cordova (1-10 in the SVC, 5-17 overall) scored its only run in the bottom of the seventh inning.

The Lancers had five hits in the game. Those hits came off the bats of Dylan Woolford,

Zachary Guerrero, Jordan Meyers, Jacob Jaquez, and Brandon Buck.

Liberty Ranch 2, Cordova 0

The Hawks are battling for one of the conference's three playoff berths. But in an SVC contest at its place on April 14th, Liberty Ranch squeaked by Cordova with three hits. The Lancers had two hits: Buck and Logan Appino, who returned to action after he suffered a broken hand earlier this season, had a hit each.

Meyers went the distance on the mound for the Lancers as he scattered those three hits, plus struck out three Hawk batters.

"He pitched a jewel of a game," said Cordova head coach Guy Anderson. "I was just pleased with our kids, how well we played that game."

Earlier this week, Cordova continued SVC action at El Dorado. Thursday, April 23rd, the Lancers hosted Rosemont.

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Cordova Baseball Loses Close Games

By Mike Bush

RANCHO CORDOVA, CA (MPG) - Although it is not part of the Sierra Valley Conference's (SVC) top teams this season, the Cordova High School baseball team is looking to finish the season on strong note.

In last week's SVC games, the Lancers were bitten by the Union Mine Diamondbacks, 6-1. The April 16th home game had Cordova (1-10 in the SVC, 5-17 overall) scored its only run in the bottom of the seventh inning.

The Lancers had five hits in the game. Those hits came off the bats of Dylan Woolford,

Zachary Guerrero, Jordan Meyers, Jacob Jaquez, and Brandon Buck.

Liberty Ranch 2, Cordova 0

The Hawks are battling for one of the conference's three playoff berths. But in an SVC contest at its place on April 14th, Liberty Ranch squeaked by Cordova with three hits. The Lancers had two hits: Buck and Logan Appino, who returned to action after he suffered a broken hand earlier this season, had a hit each.

Meyers went the distance on the mound for the Lancers as he scattered those three hits, plus struck out three Hawk batters.

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ATHLON SPORTS

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A WEEKLY TURN AROUND THE BASES

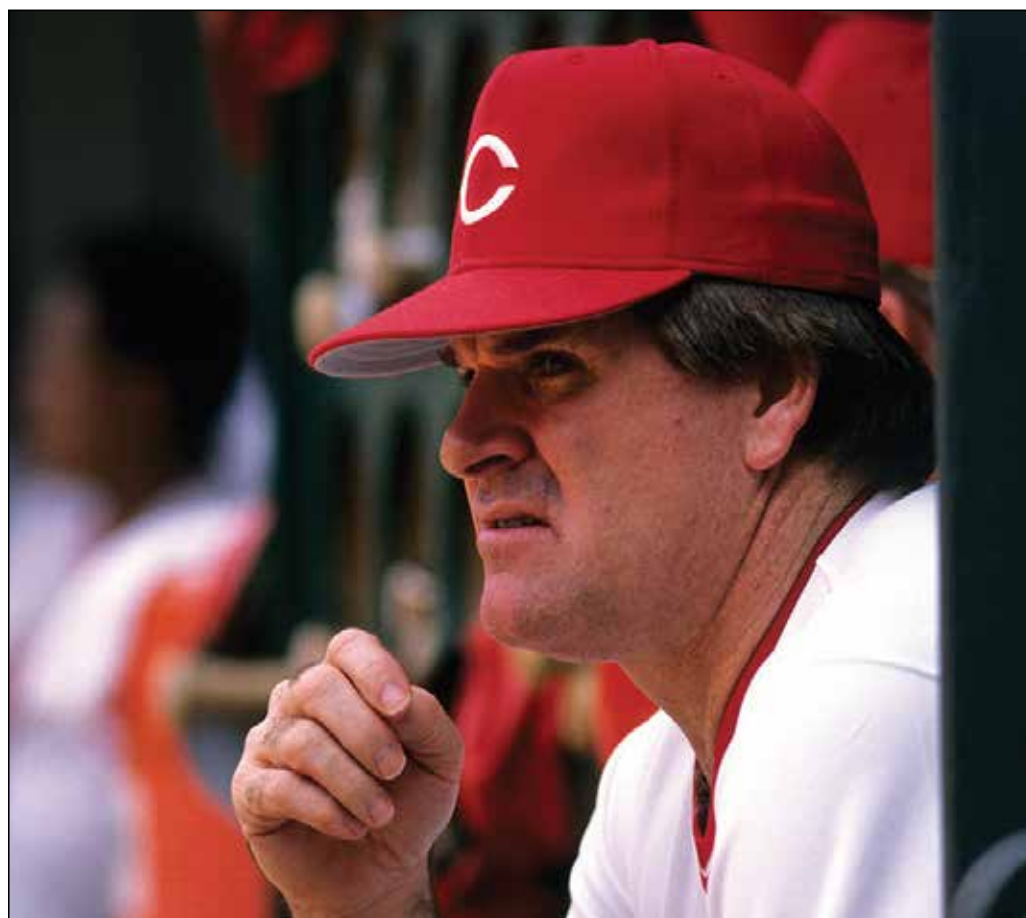
» PETE ROSE BACK IN BASEBALL?

» POWER RANKING

» BEST THROWING CATCHER

» NELSON CRUZ POWER

Pete Rose and MLB



The all-time hits leader is inching closer to reconciliation with baseball

Last week, Fox Sports hired Pete Rose as a studio analyst for its Major League Baseball coverage. Since the position is not affiliated with MLB, this does not mean that Rose has been reinstated from a lifetime ban imposed in 1989 by then-commissioner Bart Giamatti. However, with the link between Fox and MLB, it is unlikely that Fox would make this move in defiance of MLB. There's just too much at risk for Fox with minimal reward to irritate MLB. And hiring the inexperienced, 74-year-old Rose as an analyst is not a battle Fox would pick with MLB. So Fox's comfort level with Rose analyzing MLB's nationally televised games indicates there's significant progress in the strained relationship between Rose and MLB.

Does this mean Rose's induction to the Hall of Fame will soon follow? Not at all. Technically, the Hall of Fame and MLB are intertwined on the Rose matter only by the clause that renders players on the banned list ineligible for induction.

Should baseball reinstate Rose, the Hall, along with the Baseball Writers Association, would then determine whether Rose is included on the writers' ballot, where presumably, he could remain for 10 years or until elected. There isn't exactly a burgeoning swell of support for Rose from the writers, so election from that group doesn't seem likely.

If the Hall determines that Rose belongs on the list of candidates evaluated by what is now the veterans committee, Rose would need the support of current Hall members. Again, that group has not been among his most ardent supporters over the years.

As I wrote last summer, after 25 years of writing about how much damage Rose did to the game in the 1980s by betting thousands on baseball while managing the Cincinnati Reds to four consecutive second-place finishes from 1985-88, I am reversing my stance.

For years I argued that since the 1920s, baseball really has one iron-clad rule posted in every clubhouse. Team personnel are strictly prohibited from any form of gambling, and the punishment is clear: Lifetime ban from the game. The stance that commissioner Mountain Landis took in the wake of the 1919 Black Sox scandal, when players conspired to throw the World Series, was firm and clear. It may not be too much of a stretch to argue that ridding the game of the influence of bookmakers may have been the difference between baseball becoming the national pastime versus being just another outlet for parimutuel gambling.

But now, my stance is reversed.

Why? After all, no new facts have come to light about Rose's actions that led to a lifetime ban from the game in 1989. There are no changes in the long-standing rules prohibiting any form of gambling by players and managers. So why now?

From a punitive standpoint, Rose has more than paid the price during his banishment from the game. Former mediocre players reap

financial benefits from appearances, endorsements and autograph appearances. Rose has, for the most part, been denied that luxury. Yes, he has raked in a few bucks from publishers and business owners willing to attach their name to the all-time hit king, but that pales in comparison to what Hall of Famers command just by having the HOF label after their names. By this point, Rose's opportunities for capitalizing on Hall of Fame status have greatly diminished.

And realistically, Rose probably did less damage to the game in the 1980s than the PED era inflicted in the 20 years that followed. Fans have become disenchanted with once-hallowed records, and highly regarded statistical thresholds have become rather meaningless. You don't have to look far to see how this era scarred the game. There was no national hoopla as Barry Bonds (who never failed a drug test) chased (and eventually broke) Hank Aaron's all-time home run mark. Home run and hit totals, once considered a lock for the Hall of Fame, are no longer that credible. Not long ago, either 3,000 hits or 500 home runs assured election to the Hall. But Rafael Palmeiro, compiler of 3,020 hits and 569 home runs, didn't receive enough Hall votes in 2014 to remain on the ballot. Craig Biggio, with 3,060 hits, wasn't elected until his third year on the ballot. Sammy Sosa, with 609 homers, received just 36 votes (6.6%), barely enough to keep the former Cubs slugger on the ballot. And the two poster children for the PED era — Barry Bonds and Roger Clemens — in three years on the ballot have yet to garner enough votes combined in any of the three years to gain election.

Clearly, who did what drugs and to what degree during this painful era has caused confusion among fans and the media. The era left a wake of distrust for fans to sort out. Allowing all these players in baseball and keeping Rose out doesn't make sense to me anymore.

I have been on record multiple times saying that I believe the best players on the field belong in the Hall of Fame. Even if that means electing cheaters. Not to beat the dead horse further, but we just don't know whose performances were enhanced and by how much. So with the "best players" argument, the all-time hits leader with more than 2,100 runs, 746 doubles and 1,314 RBIs should be included. He made the All-Star team at first, second, third and the outfield. The switch-hitting leadoff hitter was the catalyst for the Big Red Machine in the 1970s, one of the greatest dynasties the game has seen. His on-the-field performance has never been in doubt.

There have been hardened criminals sentenced to life who have served less than 25 years. I believe commissioner Rob Manfred, who has said he will diligently review Rose's latest appeal for reinstatement, will allow Rose back in the game at some level. Will he ever manage again? Probably not. But the Reds would love to have Rose in some official capacity by the time the club hosts the All-Star Game. There's no better ambassador for the game, at least not in Cincinnati.



Charlie Miller
Athlon Sports
Baseball Editor
@AthlonCharlie

ATHLON SPORTS POWER RANKING

- Tigers** No bullpen worries. So far.
- Cardinals** Best ERA in the majors at 1.91.
- Dodgers** First visit to San Fran this week, Giants come to L.A. next week.
- Royals** Next 20 games are within the division.
- Orioles** Lead the majors with 19 homers.
- Red Sox** 1B, DH and OF combined to bat .220. Not good.
- Mets** Is this team for real? Eh, probably not.
- Nationals** Preseason favorites haven't hit their stride yet.
- Pirates** Bucs batting just .222; holding opponents to .212.
- Yankees** Tough slate visiting Detroit and hosting Mets this week.
- Blue Jays** 0-5 when they don't score six runs.
- Padres** Re-made outfield batting .314 with five homers and 24 RBIs.
- Braves** Jason Grilli an effective replacement for Craig Kimbrel so far.
- Diamondbacks** Venture outside NL West for the first time this week.
- Cubs** Kris Bryant is here to stay.

- Rays** Steven Souza Jr. is a big hit for rebuilding Rays.
- Indians** Offense not carrying its weight to this point.
- Angels** Albert Pujols is an awfully expensive .186 hitter.
- Mariners** Nelson Cruz, Robinson Cano finally look like MVP candidates.
- Giants** Brandon Crawford leads the team in homers and RBIs. Enough said.
- Reds** Joey Votto is back and as good as ever.
- Rangers** Nine Rangers have more homers than Prince Fielder.
- White Sox** Heralded rotation is 3-5 with a 5.29 ERA.
- Rockies** Bullpen ERA (other than LaTroy Hawkins) is at 2.02.
- Astros** Free-swinging Stros have 79 hits and 114 whiffs.
- A's** Team ERA is an impressive 2.77, but record still below .500.
- Twins** Allowed only 14 runs in last five games (4-1).
- Marlins** Next 15 games within NL East. Time to make up ground.
- Phillies** Cody Asche, Freddy Galvis, Odubel Herrera next wave of stars.
- Brewers** Listless team playing like they're 25 games out in late August.

AROUND THE HORN

Seattle catcher Mike Zunino is hitting a scant .139 with a .205 OBP, but the Mariners may not mind too much. Zunino, the club's first-round (third overall) pick in 2012, is eager to supplant Yadier Molina as the best throwing catcher in the big leagues. Zunino has nabbed five of the six baserunners trying to steal this season. The only successful attempt came with Felix Hernandez on the mound. King Felix is regarded as one of the easiest hurlers to run on in the majors. Meanwhile in St. Louis, Molina has yet to nab a runner this season with five successful steals against him... Over the winter, the Yankees, in need of a replacement for Derek Jeter at shortstop, traded **starting pitcher Shane Greene to the Tigers** in a three-team swap that brought the Yanks shortstop Didi Gregorius from Arizona. In three starts for the Tigers, Greene has given up just 12 hits and five walks over 23 innings. He's 3-0 with an 0.39 ERA. In New York, the Yankees' starters are 4-4 with a 4.75 ERA and 1.372 WHIP, and Gregorius is batting .189...**Joe Maddon's pitching staffs** have never been shy about pitching inside and protecting their own players. But at the end of two weeks, the Cubs are the only team in baseball not to plunk any batters...**The San Francisco bullpen** has yet to blow a save in four chances. The Marlins' relievers have blown both save opportunities afforded them this season...There aren't any signs of A-Rust on **the Yankees' \$30 million designated hitter**, as predicted by many experts over the winter. In fact, A-Rod leads the Yankees in average, on-base percentage, slugging, runs, home runs and RBIs...**Nelson Cruz**, signed as a free agent by Seattle over the winter, has eight home runs this season, more than five entire teams (Miami, St. Louis, Cleveland, Philadelphia and Milwaukee)...The Houston Astros aren't afraid to take their cuts. **George Springer, Evan Gattis and Chris Carter** have combined to whiff 52 times this season. The trio has just 15 hits...The Pirates and Cardinals are the only teams without a triple so far this season...Detroit, Kansas City, Oakland and Tampa Bay are the only teams not to issue an intentional walk thus far...**The New York Mets'** current eight-game winning streak is the club's longest since June 2010, when the Mets also won eight straight. The most recent longer streak was 10 games in 2008.

NUMBERS GAME

3-0

At age 42, **Bartolo Colon** of the New York Mets has three wins in his first three starts this season. The veteran righthander has never won his first four starts in a season. He began the 2007 campaign with a 5-0 mark, but he had a no-decision in his fourth start of that season. Colon is one of four active pitchers with more than 200 wins.



TURN BACK THE CLOCK

April 23, 1999

Fernando Tatis of the St. Louis Cardinals is the first (and only) player in history to hit two grand slams in one inning. His two clouts make Chan Ho Park of the Dodgers the only pitcher to give up two slams in one inning since 1900.

TRIVIA CORNER

While it's too early in the season to make any judgments about league leaders, Adrian Gonzalez currently leads the National League in both doubles (8) and home runs (5). Can you name the last player to lead the senior circuit in both categories for a full season?



Written and compiled by Charlie Miller.
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Email: Charlie.Miller@athlonsports.com

B.A.S.S. to Host Sacramento Bassmaster Elite at Sacramento River

SACRAMENTO REGION, CA (MPG) - B.A.S.S. will host the Sacramento Bassmaster Elite at Sacramento River from April 30th through May 3rd in Sacramento, the third of nine Bassmaster Elite Series professional bass fishing tournaments scheduled in 2015.

The tournament will mark the first time B.A.S.S. has held a professional event on the river; however, B.A.S.S. has held previous events on the California Delta. The tournament pits 113 of the top bass anglers in the world against each other, including fishing superstar Kevin VanDam and 2015 GEICO Bassmaster Classic presented by GoPro champion Casey Ashley, as they compete for the \$100,000 first-place prize.

Among those vying for the win are five California anglers: Brent Ehrler (Redlands), Jared Lintner

(Arroyo Grande), Ish Monroe (Hughson), Skeet Reese (Auburn), and Chris Zaldain (San Jose).

From watching the first boats take off at 6:15 a.m. on Thursday, April 30th to the winning weigh-in announcement at Discovery Park on Sunday, May 3rd at 3:00 p.m., all of the family-friendly activities planned throughout the weekend are free and open to the public.

The Elite Series Expo will have B.A.S.S. sponsor representatives onsite throughout the weekend with activities, games, and prizes for attendees. Companies like Mercury, Nitro, Skeeter, Triton, and Yamaha will be set up at the Expo and will be offering demo rides. Toyota, Minn Kota, Humminbird, Livingston Lures, A.R.E. Truck Caps, Carhartt, Dick Cepek Tires and Wheels, Lowrance, Huk, Power-Pole,

Shimano, Rigid Industries, and Costa Sunglasses will also be exhibiting.

Other activities planned throughout the Bassmaster Elite at Sacramento River weekend include a Kids Zone, angler autograph and photo sessions, and the chance to learn tips and techniques from some of the best bass anglers in the world. Also, on Saturday teen anglers can take part in the B.A.S.S. High School Elite Experience presented by Costa Sunglasses.

To learn more about Bassmaster, please visit www.bassmaster.com. For more information about Sacramento Bassmaster Elite, visit www.bassmaster.com/sites/default/files/imce/2015/ca_sacramento_soe.pdf.

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SATURDAY

Historic Folsom Farmers Market

915 Sutter St, Folsom (Historic Folsom Public Plaza). Saturdays 8 am - 1 pm. (Year-round, rain or shine).

SUNDAY

Carmichael Park Farmers Market

5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd). Sundays 9 am - 2 pm. (Year-round, rain or shine).

SUNDAY

Land Park Farmers Market

1944 Sutterville Rd, Sacramento. Sundays 9 am - 1 pm. (Year-round, rain or shine).

WEDNESDAY

VA Mather Farmers Market

10535 Hospital Wy, Mather. Sundays 9 am - 1 pm. (Year-round, rain or shine).

WEDNESDAY

Fair Oaks Sunset Farmers Market

8101 Sunset Ave, Fair Oaks (New Life Church parking lot). Wednesdays 3 pm - 7:30 pm. (Seasonal; April 8 - November 25).

THURSDAY

UC Davis Health System Farmers Market

45th and Y St, Sacramento (UC Davis Medical Center Campus). Thursdays 3 pm - 7:30 pm. (Seasonal; April 23 - October 29).

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