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Grapevine Independent

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PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

May 1, 2015

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JustServe Helping Hands

Service Project Removes 900 Feet of Fencing



Volunteers in the JustServe Helping Hands service project roll up the 10-foot-high wire fencing after removing it from the wooden poles. Pictured (left to right) are Jackson Goold and Jacob Laret of Mather, Chase Kimball of Rancho Cordova, and Joe Lombardi of Folsom. All are students at Folsom High School except for Kimball, who attends Pleasant Grove High School. Photo by Ron Aguilar

By Margaret Snider

RANCHO CORDOVA, CA (MPG) - The rain last Friday, though welcome, caused the cancellation of two of the three Saturday service projects of JustServe Helping Hands, an annual event sponsored by The Church of Jesus Christ of Latter-day Saints and open to all members of the community. On April 25th, the volunteers carried on with the third project and in a matter of hours removed more than 900 feet of fencing at the American River near Dedo Way.

The cancelled projects were to have taken place at River Bend Park and El Manto oak groves under the oversight of Dianna Poggetto, executive director of the American River Parkway Foundation.

Poggetto cancelled the two projects because of safety considerations.

"The American River Parkway Foundation's whole mission is about volunteers becoming stewards of the Parkway," Poggetto said. "So on a given year we have about 4,000 volunteers that do work for us and put in about 22,000 hours to improve the Parkway. Whether that's removing trash, graffiti, or taking care of the flora and fauna it's very, very important."

Rancho Cordova resident Erin Seymour was project manager of the projects that were called off, and they may be rescheduled in the future. Sacramento County Natural Resource Specialist Mary Maret oversaw Saturday's project for fence removal, and project management was led

by Michael Goold, director of public affairs for the Sacramento Cordova Stake of the Mormon Church, along with Seymour and Clayton Compton of Mather.

Maret said that the County had wanted the fence to come down last year but hadn't quite figured out what method to use, so when she knew she had a lot of volunteers, she thought this was a good place to put them. "They did such a nice job and were so organized and brought their tools and made breakfast for everybody," Maret said. "It was very pleasant and they're great people to work with."

About 200 people showed up for breakfast at River Bend Park, including a number who had signed up for the cancelled projects

Continued on page 11

\$10,000 Fine for Water Infractions, says Brown

SACRAMENTO REGION, CA (MPG) - Governor Brown, meeting with mayors from across the state, announced he will propose legislation to help local officials better enforce conservation requirements and will direct state agencies to streamline environmental review of local water supply projects.

"These measures will strengthen the ability of local officials to build new water projects and ensure that water is not wasted," said Governor Brown. "As this drought stretches on, we'll continue to do whatever is necessary to help communities save more water."

The proposed legislation will give new enforcement authority to local entities that don't currently have it and increase potential penalties against water wasters. Specifically, it will enable the following actions:

- Establish a new penalty of up to \$10,000 per violation, expanding on \$500 per day maximum infraction established in last year's drought legislation.
- Allow penalties to be issued administratively by wholesale and retail water agencies, as well as city and county governments. This change speeds up an infraction process involving courts that was established in last year's emergency drought legislation.
- Enable these entities to enforce local water restrictions against water waste, as well as conservation restrictions established by the State Water Resources Control Board.
- Allow local public agencies to deputize staff to issue water conservation-related warnings and citations.

Continued on page 11

Meet the Machines at Mather Sports Center

MATHER, CA (MPG) - Cordova Recreation and Park District will host its second Meet the Machines event on Saturday, May 9th from 10:00 a.m. to 1:30 p.m. at Mather Sports Center, 3755 Schriever Avenue, Mather, CA.

Children of all ages will have the opportunity to touch, climb on, and explore over 20 machines and unique vehicles. This free event will allow kids to learn about the vehicles they see on the road and television every day. In addition to machines, children can visit the Kids Zone filled with bounce houses, games, balloon animals, and face painting. The first hour of the event is horn-free to accommodate children with special needs and sensitive ears.

"We were so excited to bring this event to our sports center last year. The turnout showed us that the community was excited as well. We are really looking

forward to having another great event this year, especially with some of the new attractions," said Jason Kukkola, recreation coordinator of Mather Sports Center.

Continued on page 2

Thousands attended last year's event for the opportunity to climb on and pretend to drive unique vehicles such as this John Deere mower.

Photo courtesy of Cordova Recreation and Park District



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Meet the Machines at Mather Sports Center

Continued from page 1

Sacramento Segway Polo Association will be giving hands-on demonstrations to the public for a donation in support of the Cordova Recreation and Park District's Children's Funding Assistance scholarship program.

Confirmed vehicles include fire trucks, police vehicles, ambulances, tow trucks, a garbage truck, crane, boats, tractors, a school bus, segways, military vehicles, a helicopter, and John Deere equipment. New this year, a 135-foot thermal air ship (hot air balloon blimp) and Maker's Space giant Bop It game encouraging teamwork to beat the game.

Source: Cordova Recreation and Park District



★ Taking a break from the sunny day to pose on the Fire Truck, their favorite of the day. Photo courtesy of Cordova Recreation and Park District

Take It from the Tap During Drinking Water Week

SACRAMENTO REGION, CA (MPG)

- This year marks the 40th anniversary of the Safe Drinking Water Act, which was signed into law by President Ford and gave the U.S. Environmental Protection Agency power to set health-based standards to protect drinking water.

The Sacramento Suburban Water District (SSWD) is encouraging people to help celebrate this special occasion by passing on the bottled water and having a drink from the tap during Drinking Water Awareness Week (May 3rd through May 9th). SSWD recommends it as a great way to stay refreshed and help conserve water.

The Pacific Institute estimates that the production of water

Drinking Water Week

MAY 3-9, 2015

What do you know about H₂O?

bottles uses the equivalent of 17 million barrels of oil and that it takes three liters of water to produce one liter of bottled water. It's also estimated that of the 50 billion plastic water bottles Americans use annually, only 23% are recycled.

Help SSWD mark this anniversary by filling up a glass straight from the faucet, and if

you're out and about, download the free WeTap app for iPhone and Android to find the closest public water fountain. The app lets you know the condition of the fountain, and even if there's a bowl available for Fido.

Source: Original Communications

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California American Water has invested over \$100 million in the past decade to renew and improve the water infrastructure that serves our customers. As the drought continues and water becomes more precious, the investments that have been made to replace aging water mains and install water meters have resulted in water savings for our customers. We will continue to make smart investments so our customers can count on reliable service at a reasonable price.

We're Here to Help You

For seniors on fixed incomes and families facing financial difficulties, even a small water bill can be a challenge. That's why California American Water has a financial assistance program, H2O Help to Others™, to help Sacramento-area families who need help the most. Visit www.californiaamwater.com and click on "Rates Information" under "Customer Service" to see if you are eligible to receive a monthly discount on your water charges.

Customers can also learn more about saving water and money by visiting the drought and conservation sections of our website or by calling (916) 568-4201.

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World's Fastest Monster Truck Speeds Toward Sacramento

SACRAMENTO REGION, CA (MPG) - The Ram Truck brand monster truck and Guinness World Records® record-holder Raminator will be making an appearance at Sacramento Chrysler Dodge Jeep Ram located at 3610 Fulton Avenue, Sacramento, CA 95821. This exciting weekend event will take place from 11:00 a.m. to 3:00 p.m. on Saturday, May 2nd and Sunday, May 3rd. Sunday's event will

also feature a Car Crush at 1:00 p.m. Check out the power behind the wheels during the car crushes and climb aboard the back of the eight-passenger monster truck for a ride with the Hall Brothers Racing team! Bring the family and attend this monstrously entertaining event. Photo courtesy of Ram Trucks
Source: Coyne Public Relations ★

Volunteers Beautify Folsom Boulevard



RANCHO CORDOVA, CA (MPG) - The Volunteers in Neighborhood Services recently held a clean-up of Folsom Boulevard. A group of 25 volunteers collected 35 bags of trash between 8:00 a.m. and 11:00 a.m.—that's 75 hours of

volunteer service! Save the date for the next clean-up on June 27th at 8:00 a.m. Volunteers will start at Mills Middle School and beautify Coloma Road to prepare for the 4th of July parade. Contact Angel Ball at gacball@

sbeglobal.net to learn more or sign up to volunteer. Photo courtesy of Volunteers in Neighborhood Services
Source: The City of Rancho Cordova ★

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Adults \$29.00 Seniors \$25.00
 Kids under 12 \$20.00 Kids under 5 eat for Free

Brunch Menu

Main

Prime Rib Carving Station
 Omelet Station • Eggs Benedict or Egg Frittatas
 Bacon • Various types of sausage • Biscuits and gravy
 Shrimp Cocktail • Baked Salmon with dill and lemon

\$8.00 Bottomless Mimosas

Sides

Mixed greens • Fruit platter

Sweets

Pastries • Desserts • Apple Crisp



11275 Folsom Blvd
 Rancho Cordova, CA 95742
 (916) 638-4584

Monday - Friday 11:00am - 9:00pm
 Saturday 4:00pm - 9:00pm
 Closed Sunday

HAPPY MOTHER'S DAY FROM PLANET FITNESS RANCHO CORDOVA!

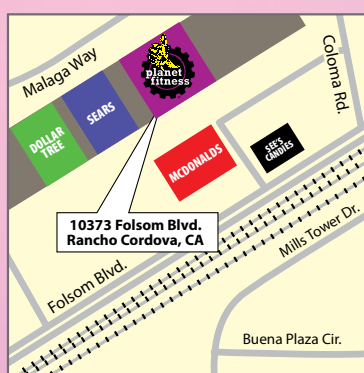


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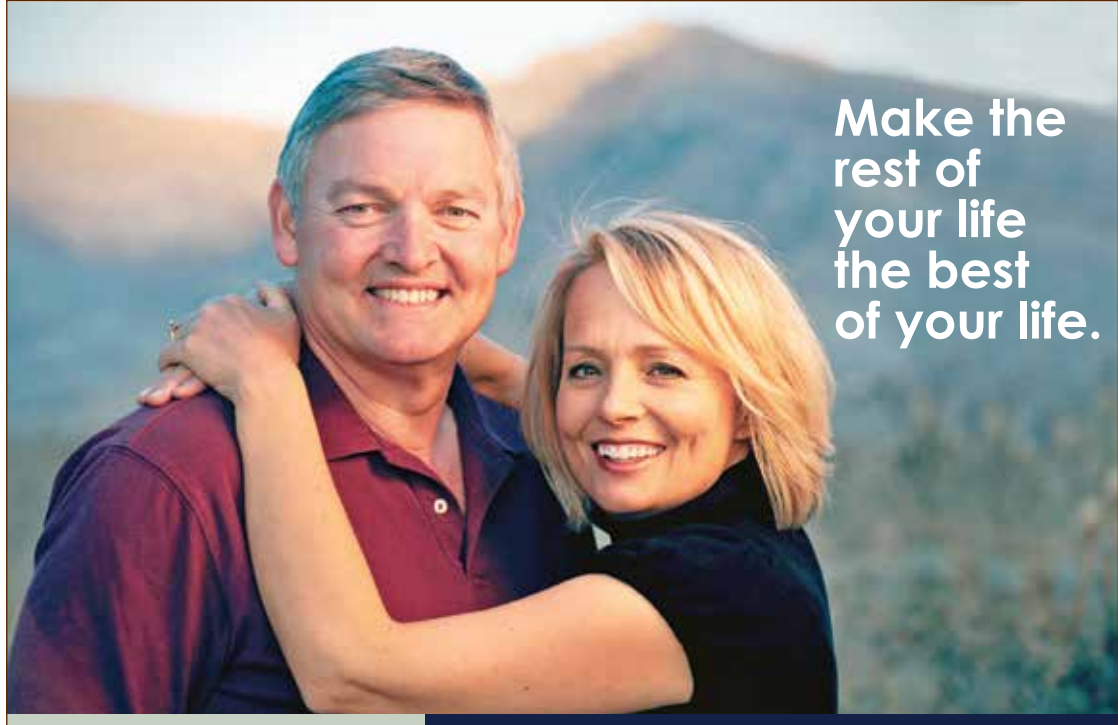
Join us for the 9th Annual Memorial Day Ceremony

*Remembering our Veterans
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Monday, May 25, 2015
9:30 a.m. - Pre-Program Entertainment
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Memorial Plaza - Sacramento VA Medical Center
10535 Hospital Way, Mather, CA 95655

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- Chat online with instant messenger
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- Add multiple photos to your profile
- Video chat
- Create and read dating diaries
- Create and watch video profiles

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FAIR OAKS CEMETERY MEMORIAL DAY AND AVENUE OF FLAGS CEREMONY

The Fair Oaks Cemetery District and the Memorial Day Ceremony Committee are finalizing plans for one of the most popular and inspiring Memorial Day ceremonies in the area.



The Seventeenth Annual Memorial Day and Avenue of Flags Ceremony will be held Saturday, May 23, at the Fair Oaks Cemetery, located at 7780 Olive Street, Fair Oaks. The formal ceremonies start at 10 AM. This year's theme is to honor the "150th Anniversary of the Civil War's End", and with special emphasis on our Civil War Veterans.

One Union Soldier of the Civil War is buried in the Fair Oaks Cemetery. He has gone unrecognized for years. Having no immediate family at the time of his death, a headstone was not placed to identify his final resting place.

Chairman of the Fair Oaks Cemetery District Memorial Day Committee, Tom Askins will be the Master of Ceremonies. The main speaker(s) will focus on the Civil War and the processes of restoring national unity.

The Fair Oaks Cemetery will be decorated with hundreds of flags lining its roadways as "The Avenue of Flags." We will also be adding more names to the Veterans Memorial Wall.

The laying of the wreath at the memorial in honor of over seventeen hundred veterans who are buried in the cemetery, will be done by VFW Post 6158 and American Legion Post 383.

The Fair Oaks Cemetery's Memorial Day Ceremony is a fine example of how we, the community, remembers loved ones and says thank you to our veterans and their families for their sacrifices.

The musical program will consist of Pipers, a Drummer and Recorded Music by a local Disc Jockey. Refreshments will be served at the conclusion of the ceremony by the Orangevale/Fair Oaks Grange & Fair Oaks Historical Society.



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Students Enjoy Morning of Science Facts and Fun at STEM Expo

Story and photos by Margaret Snider

RANCHO CORDOVA, CA (MPG) - On April 24th, Riverview STEM Academy in Rancho Cordova played host to 14 different business and organization exhibitors for a morning of hands-on scientific experiences as students interacted with the wonders of science, technology, engineering, and mathematics (STEM).

"They've been watching tadpoles with microscopes, building energy, and playing with wind tunnels," said Principal Tony Peterson. "It's fantastic. I'm very impressed with what all the businesses put together."

SMUD, the principle sponsor of the Expo, presented tiny model cars that circled a track solely by use of solar power, and the children were able to put motors together and figure out how to orient solar panels for the maximum effect.

"Schools like this one help train the next generation of leaders and engineers in the energy field," said Jacobe Caditz, energy advisor with SMUD. "The energy industry is changing so rapidly now we're

going to need these kids to grow up and have the experience and background to be able to lead in the energy industry."

Classes of kindergarten through fourth grade students, accompanied by their teachers, enthusiastically scampered (in an orderly manner) through each exhibit, getting their passports stamped at each one they visited. Every exhibit allowed the children direct involvement with science, technology, engineering, or mathematics principles.

As an example, the Cisco Webex exhibit allowed the children to communicate using visual-audio conferencing with others in Bangalore, India; Denver, Colorado; and several other locations simultaneously, as they would if they were in a visual conference call.

At the Aerojet exhibit, it really was rocket science in which the children were participating. "I think my favorite was the rocket science one," said Jazmine Savorn, 9, a fourth grader. "We got to see how you can use liquid nitrogen and (learned) about Silly Putty. I learned that they didn't have enough original rubber

when they were in the world war, so they made the Silly Putty. It wasn't really good for the world war, but it's been around for 50 years for kids to play with, as a toy."

At the Intel exhibit, the kids donned "clean suits," head and shoe covers, and face masks just like the technicians do at Intel and got to see and handle the real insides of a computer.

Sacramento Splash had the kids viewing the tadpoles, demonstrated water runoff on a three-dimensional relief map, and displayed a live king snake. The MAD Science exhibit spanned distances between magnetic bars with multiple iron rods and discs, in a manner that appeared impossible—but wasn't. All of the exhibits had an enthusiastic reception.

Beatrice Tetteh, pediatrician at the Rancho Cordova WellSpace Health clinic, joined in with a booth at the last minute because nurse practitioner Delilah Mergupe, whose children attend Riverview, mentioned the Expo in passing. "I'm really interested in not just health care but health education and community advocacy,"



Students at Riverview STEM Academy examine marshmallows under vacuum conditions at the STEM Expo Aerojet exhibit. "Basically, it's the concept of a vacuum, the vacuum of space," said Mark Graham, principle chemist at Aerojet and the presenter of the vacuum demonstration. "It's very visual to them and something they can understand."

Tetteh said. "For this event, helping kids see what's involved in a healthcare career, I thought it would be a great opportunity."

Some parents were able to attend the Expo as well. Colleen Cadwallader, who is volunteer

PTA secretary at Riverview, helped recruit and sign up exhibitors for the event. Her seven-year-old son is a student at the Academy.

"I think it went great, better than I had hoped, even," Cadwallader

said. "Really that's because the exhibitors were all so incredible. They really put a lot of time and effort into thinking about how to engage the kids in a way that is appropriate for them. So I think it was really cool."

Plant a Tree for Arbor Day

RANCHO CORDOVA, CA (MPG) - On Friday, April 24th, City representatives and community members planted a willow oak tree at City Hall in celebration of National Arbor Day 2015. The tree is a gift from the Sacramento Tree Foundation. One of their primary goals is to plant five million trees in the region by 2025, and Rancho Cordova was one of the first cities to get on board. The City has planted over 30 trees on City properties since incorporation in 2003. The Sacramento Shade Tree Program offers up to 10 free shade trees to SMUD customers. Contact the Sacramento Tree Foundation at (916) 924-8733 to participate in the program.

Pictured here (left to right) are Mayor Robert J. McGarvey; Council Member Linda Budge; City Facilities Manager Todd Humphrey; Pamela Sanchez, community forester at Sacramento Tree Foundation; and Sharon Stone Smith, executive director at Sacramento Children's Museum. Photo courtesy of the City of Rancho Cordova

Source: The City of Rancho Cordova ★



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Grapevine Independent Community Calendar

CODEPENDENTS

ANONYMOUS

Time: Tuesdays, 7:30-9 pm
Place: Sunriver Church
11223 Trinity River Dr.
www.sunriverchurch.com

WESTERN SWING SOCIETY

Time: 1st Sundays, 1-5:30 pm
Place: Machinists Hall
2749 Citrus Rd.
www.westernswingssociety.org
Info: Live music, dancing.
Food & beverages available for purchase. Members \$4, Non-members \$7.

MILITARY RETIREE/SPOUSE MEETING

Time: 2nd Tuesdays, 10:30 am
Place: N. Highlands Park & Rec Office
6040 Watt Ave., N. Highlands
Contact: 561-7476
Info: Meets monthly.

RANCHO CORDOVA HISTORICAL SOCIETY

Time: 4th Thursdays, 5 pm
Place: Rancho Cordova City Hall
2729 Prospect Park Dr.
www.ranchocordovahistory.com
Info: Meets in the American River Room

SPELLBINDERS TOASTMASTERS

Time: 2nd & 4th Mondays, 6:30 to 8 pm
Place: China Buffet
5623 Sunrise, Citrus Heights
Contact: 631-1703
Info: Hone communication skills. Beginners welcome.

SPANISH LANGUAGE CONVERSATION CIRCLE

Time: 4th Saturdays, 3-4:30 pm
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 264-2920
www.saclibrary.org
Info: Practice Spanish in a fun and relaxed way with library staff, community.

BRECA MEETING

Time: 4th Tuesdays, 6:30-8 pm
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 361-8087
www.breca.us

POWERTALK INTERNATIONAL MONTHLY MEETING

Time: 3rd Tuesdays, 6:30-8:30 pm
Place: Arden-Dimick Library
891 Watt Ave., Sacramento
Contact: 361-1745
Info: Coaching, effective speaking, listening, leadership skills. Beginners are welcome.

WRITING WORKSHOP

Time: 3rd Thursdays, 6-7:30 pm
Place: 9845 Folsom Blvd.
Contact: 264-2920
www.saclibrary.org
Adult writing & poetry workshops (writing for various types of genres and more).

AA NEWCOMERS

Time: Tuesdays, 6:30-7:30 pm
Place: Sunriver Church
11223 Trinity River Dr.
www.sunriverchurch.com

READING WITH THE DOGS

Time: 1st Tuesdays, 6:30-7:30 pm
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 264-2920
www.saclibrary.org
Info: Read to a canine pal, boost reading skills. Free.

CORDOVA SENIOR CITIZENS SOCIAL CLUB

Time: 1st and 3rd Mondays, 11 am
Place: Cordova Community Center
2197 Chase Dr.
Contact: 638-8065 for bridge or 858-1660 for membership
Info: Brown bag lunch, bridge party. Free.

FORK TAIL DEVILS

Date: 2nd Thursdays
Place: Rancho Cordova IHOP
2216 Sunrise Blvd.
Contact: 488-2645
Info: Lockheed Lightning P-38 enthusiasts, pilots, mechanics no-host brunch.

WOMEN'S GOLF CLUB OF CORDOVA

Date: Wednesdays
Place: Cordova Golf Course
9425 Jackson Rd., Sacramento
Contact: 363-0363
Info: All players welcome.

CORDOVA COUPLES GOLF CLUB

Date: Alternate Sunday mornings
Place: Cordova Golf Course
9425 Jackson Rd., Sacramento
Contact: 682-2285
All players welcome.
Call for more information.

COFFEE, TEA AND CONVERSATION FOR SENIORS

Date: First Saturdays, 10-11 am
Place: Rancho Cordova Library
9845 Folsom Blvd.
Contact: 264-2920
Info: For those 55+. Free. Share thoughts, memories: let the conversation flow! Light refreshments served. First Saturday each month.

SOROPTIMIST INTERNATIONAL OF RANCHO CORDOVA & GOLD RIVER

Time: 2nd Tuesday each month, 6-7 pm
Place: Cattleman's Restaurant
12409 Folsom Blvd.
Rancho Cordova, CA 95670
Contact: siranchocordova@soroptimist.net for more info
Info: Organization serving needs of women & girls in our community and around the world.

VIN S VOLUNTEER IN NEIGHBORHOOD SERVICES

Time: 1st Thursday of month 3-5 PM
Place: Rancho Cordova City Hall
2729 Prospect Park Dr.
Please join us if you are looking for city involvement for the Betterment of Rancho Cordova

Kevin Kitrell Ross

Senior Minister/CEO
Unity of Sacramento
Host, Design Your Life on UnityOnlineRadio.org
Coach to America's Rising Stars



A positive path for spiritual living

Welcome to Unity of Sacramento

We are a transdenominational, intercultural, interfaith, spiritual community of love open to all people. We are a place to heal and a space to grow. We are a soft place to land for the traveler on the spiritual journey.

Our Spiritual Leader

Reverend Kevin Kitrell Ross, Senior Minister

Our Vision

"Centered in God, we co-create a world of peace, prosperity and unconditional love for all."

Unity of Sacramento is home of the Daily Word and is an affiliate of the Unity Worldwide Ministries and Unity Institute at Unity Village, Missouri.

OUR SUNDAY CELEBRATION SERVICES

Traditional /Contemplative 9:00 AM
Guided Meditation 10:15 AM
Contemporary/Inspirational 11:00 AM
with Sunday school for children and teens during the 11:00 am services

Unity of Sacramento, 9249 Folsom Blvd
Sacramento, CA 95826 • 916-368-3950
unityofsacramento.com

CHURCH DIRECTORY

THE EASTERN CATHOLIC ARCHDIOCESE
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BAYSIDE LIFE CHURCH OF RANCHO CORDOVA
P. O. Box 277375 • Sacramento, CA 95827
(916) 364-0555
www.baysidelifechurch.com
Currently meeting at Sunrise Elementary School
11821 Cobble Brook Dr.
Rancho Cordova, CA 95742 (Anatolia Area)
Children and Youth Sunday Programs
Worship on Sundays at 10am with Pastor Donny Burleson

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A mix of hymns, old favorites, and contemporary worship.
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FIRST BAPTIST CHURCH OF RANCHO CORDOVA
10720 Coloma Road • 635-4672
Bible Study for All Ages 9am Sunday
Morning Worship 10:30am Sunday
Awana Children's Program
Sunday 5-7pm (September through May)
Mid-Week Prayer & Encouragement
6pm Wednesday
Pastor Tom Jones
Music Director David Black

UNITED METHODIST CHURCH
2101 Zinfandel Drive, 635-4242
Nursery Care 9:30am - 11:30am
Sunday Worship 10am • Rev. Tina Ballagh, Pastor

THE BRIDGE CHURCH
Rancho Cordova City Hall
2729 Prospect Park Dr., American River North Room
916-304-3014 • Sundays 10am
Expository verse by Verse Bible Teaching
Childcare provided through 8 years
www.TheBridgeOnline.net
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RANCHO CORDOVA, CA (MPG) - May 5th is the region's second annual Big Day of Giving, and I'm writing to encourage my neighbors and friends to participate. The goal is to raise \$5 million in 24 hours through online donations for 529 participating local nonprofit organizations.

Presented by GiveLocalNow and the Sacramento Region Community Foundation, in partnership with the Yolo and Placer community foundations, Big Day of Giving is a time to come together and "give where your heart is." Last year, more than

12,000 people donated over \$3 million to 394 nonprofits serving Sacramento, Placer, and Yolo counties—in 24 hours! This year, we can do even better.

I am proud that my employer, Bank of America, has been a supporter of GiveLocalNow and that last year my colleagues donated 10,000 hours of volunteer time to local nonprofit organizations. I can't wait to donate alongside my colleagues on this amazing day of celebrating our community!

Whether you give \$25, \$50, or even \$1,000, you'll be helping to support the work of organizations making a real difference in the community. Each gift will get a boost from the Big Day of Giving Incentive

Pool and help nonprofit organizations win additional dollars in prizes. Giving is fast and easy. Anyone age 18 or older can use the secure website, www.bigday-ofgiving.org, to donate by credit card from 12:00 a.m. to 11:59 p.m. on Tuesday, May 5th.

Our local nonprofits feed the hungry, shelter the homeless, give books to children, train the unemployed for new jobs, protect our environment, and more. But they need our support to continue strengthening the communities we call home. Whatever your favorite cause is, I hope you'll join me in supporting Big Day of Giving 2015!

Source: Weber Shandwick ★



Bob McGarvey

On Monday, May 25th, 2015, we will be at our ninth annual Memorial Day Ceremony at the Mather Veterans Memorial Plaza. It is an opportunity, as our theme suggests, for Remembering our Veterans and Honoring the California National Guard. "Always ready, always there."

Veterans are fewer in number every year. We lose more WWII and Korean Veterans every year, and the Vietnam Veterans are beginning to add to that shrinking number. The Veterans of the Gulf War, Iraq War, and Afghanistan War are continually being asked to do more every year. They give years of their lives while serving their country. Yet I have found that even after giving those years of their lives to their country, some don't think of themselves as Veterans. Their orders send them to isolated places of the world for months or years, and they are separated from their families. Their duties and jobs make them responsible for protecting their families

From the Mayor's Corner In Honor of All Our Veterans

and the rest of our country from countries and/or terrorists who would and have harmed and killed innocents in our nation like on 9/11.

Some still think that even though they have given us many years of their lives to protect us, unless they are in a war zone, have been wounded, or other things that they didn't do then, they aren't Veterans. Educating the Veterans is another goal that has to be reached.

When a person signs up and is sworn into the military and are trained on what to do in their field, they receive orders. Some receive orders that send them to a war zone, and others do not. When I was in the U.S. Air Force, my orders didn't send me to Vietnam. My orders told me to get on a KC135 and fly to Alaska, and to Guam, and to Okinawa, and to begin laying out the fabric of the quilt of history that was part of our country's involvement in Vietnam. Obeying your orders is what you do when serving your country.

I looked at the 60s from the 1760s and the 1860s and the 1960s and found that either the citizens of our country were preparing for war (1760s), or engaged in the Civil War (1860s), or engaged in the Vietnam War (1960s). The 1960s

also included some of the most tumultuous times in our history. In addition to the Vietnam War, there was the "sex revolution," flower children, changing music (what else is new), the President being assassinated, two other leaders being assassinated, and we landed a man on the moon. The most important thing that affected Veterans was the beginning of the end of the Draft. That has changed our military to an all-volunteer military.

Personally, I think having a draft again would force people to give two years of service to their country. It could be the military, but it could also be community service of different types. Such service could be two years of working for your church, or helping the poor, or building roads, etc. But no matter what the service was, it would be paid time giving back to your country. You would have to work wherever your job was for two years, and like the military, you would have to work with people you wouldn't otherwise work with. You would have to learn about yourself. That would help people who do not have to do anything for anyone but themselves. Kind of scary for some!

From Mayor Bob McGarvey,
God bless, and see you next time. ★

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Walk and Roll Rancho Cordova



Around 900 community members participated in the 2014 Great Scott Bike and Walk Event. Event organizers hope to draw even more participants to Sunday's event with the new bike fest and contests. Photos courtesy of the City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - "Life is like riding a bicycle. To keep your balance, you must keep moving," said Albert Einstein.

May is Bike Month, so get ready to Walk and Roll as Rancho Cordova kicks off Bike Month on Sunday, May 3rd. Break out your bikes or walking shoes and join the Great Scott Bike and Walk Event from 8:00 a.m. to 4:00 p.m. at White Rock Road and Luyung Drive, near Sunrise Boulevard, continuing past Scott Road in Sacramento County.

The 20-mile stretch of White Rock Road from the City of Rancho Cordova to El Dorado Hills will be closed to vehicles for the enjoyment of community members to bike or walk.

For those who want more than the open road, a bike fest will create a hip and fun atmosphere

at the start line featuring live musical performances, mini-massages, food trucks, and even bike jewelry.

Looking for more of an adventure? Participate in the Great Scott Scavenger Hunt and find eight items including a cow or a cyclist not wearing spandex.

Snap a photo of the beautiful landscape or of you and your friends, and upload it to Instagram using hashtag #BikeScottRoadPhotos to join the Great Scott Photo Contest.

If you are the creative type, join the Great Scott Art Contest. Artists can set up easels or cameras along the route to draw or photograph their favorite parts of the event. Scout out your location prior to May 3rd, and on event day, we will take you to your

selected location. Sections of roadway will be closed to all through vehicles for the event including Scott Road between the US-50/Scott Road Interchange and Latrobe Road, portions of Placerville Road, and White Rock Road from Luyung Drive to the Sacramento County/El Dorado County Line.

Visit www.bikefriendly50.com for the event schedule, live band information, contest details, a parking map, and more. Stay tuned to www.CityOfRanchoCordova.org for other Bike Month events.

Source: The City of Rancho Cordova ★





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MPG

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Are You Carrying Bricks In Your Backpack?



Procrastination! Ugh! What a word that is. But, we're all guilty of it - whether it's putting off laundry or doing your taxes - it's usually related to some task or chore we just don't want to do.

The same is true about making final arrangements. Who wants to think about, or talk about, death. And with so many more fun things to spend our money on, who wants to pay for it?

Well, just like taxes, death is something unavoidable, and when it's done - what a relief that is. You can then unload that brick from your backpack and have some peace of mind. If you still need motivation, consider these points:

- You get to arrange what you think is best and not expect family members to know your wishes
- You can know that once your pre-arrangements are made, your wishes will be carried out
- You get to relieve your family from that burden of planning your funeral when they are grieving
- You can minimize disputes between your well-meaning relatives
- You can set up affordable monthly payments so the financial burden does not fall to your surviving family members
- You will show your love in a way your family will never forget

We hope these tips are useful. **Call us today for an appointment and let us help you unload some bricks from your backpack!**

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 - *He'll step on your toes during slow dances?
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 - Maximum, pl.
 - Blood line
 - Winner of "Miracle on Ice" game
 - *Prom king or queen hopeful
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 - King of ancient Crete
 - To open, as in beer bottle
 - 2014 movie "____ Girl"
 - Kind of acid
 - "Sugar" in Paris
 - Nook offering
 - *Main Prom event
 - *Escort
 - Found on radar
 - Court order
 - Overrun
 - Actors' group
 - *"Prom Night" scream queen
 - Caterpillar hairs
 - Home to mankind
 - Closing section of musical composition
 - ____ and out"
 - Hamlet to a thespian, e.g.
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For Solutions see Page 9

Stricter Medical Marijuana Ordinance Should Alleviate Complaints

By Chris Gilbert

RANCHO CORDOVA, CA (MPG) - It's been nearly 19 years since California voters approved the use of marijuana for medicinal purposes. And city and county officials appear to finally be getting comfortable with how to regulate it.

The Rancho Cordova City Council updated its five-year-old ordinance in January, joining an increasing number of local jurisdictions in outlawing outdoor growing.

Mayor Bob McGarvey said the city has had quite a few complaints, including the skunky odor. "My wife used to teach, and they had to move a class out of a portable classroom because the smell from somebody growing in the backyard next door was making it impossible to teach," he said. "We had a lady come to a meeting. She and her daughter were very ill from the smell."

Police detective Mark Baxter said public safety and security has been an even greater concern. "What we were seeing was increased crime," he said. "Home invasion robberies, theft, and homicides. When you don't have a permit, these guys are

doing some crazy wiring. We were having houses nearly burn down."

Also, indoor cultivation is prohibited at residences where persons under 18 live. "They're still subject to the odor and all the things that come with it," said Baxter. "They're using quite a few chemicals to speed up growth these days."

The revised ordinance restricts growing to five-by-five square foot indoor plots that reduce the number of mature plants that can be grown to six. Lighting also cannot exceed 1,200 watts.

In November of 2010, residents passed a measure that requires all marijuana growers to pay \$600 per square foot for up to 25 square feet.

"If for some reason the Federal Government would actually change or eliminate Federal law, which still makes marijuana illegal, then we already have a tax in place," said McGarvey.

There have been complaints, including in lawsuits filed in the other parts of the state, that the changes make it a lot more difficult to afford growing medical marijuana.

McGarvey said patients can still find dispensaries just outside the city limits. Dispensaries are

now banned inside the city limits, mainly due to worries about crime.

Baxter said the new ordinance should make it much easier for law enforcement to control use. "The cost of enforcement was pretty high," he said. "We had to keep coming back, checking on outdoor growths. But a lot of people don't want to pay the cost of an indoor grow. They don't want to pay for the equipment. They don't want to pay the electricity. I would say we've probably seen at least a 50% reduction in the number of grows we've responded to this year."

Violators face citations with fines. But Baxter said that has not been enforced yet. "We'll still go out on an education basis," he said. "They're still their personal property, technically. We say you need to move this inside into your own grow room and get that permitted. We'll be back in the next couple or three days to see that you've complied."

But Baxter agrees the true impact of the new ordinance won't be known, or felt, until plants start getting larger, around June or July and through the fall harvest. ★

\$10,000 Fine for Water Infractions, says Brown

Continued from page 1

This legislation will give all water agencies and local governments a consistent, minimum set of enforcement authorities to achieve required water conservation. Local water agencies with existing authorities to enforce against water waste can continue to use those authorities. Under the proposed legislation, any monetary penalties from this enforcement will be used for local conservation efforts.

Separately, to streamline environmental permitting for critical water supply projects, the Governor has directed his Office of Planning and Research and other state agencies to help local water agencies reduce the time required to comply with state-required environmental reviews. These permit streamlining efforts will focus on projects that can increase local water supplies with limited environmental impacts. The Governor's Office will also explore legislative changes that can speed up delivery of critical water supply projects.

In recent weeks, Governor Brown has convened top agricultural, environmental, urban water agency, and business leaders from across California to discuss the state's drought and conservation efforts.

In April, Governor Brown announced the first ever 25%

statewide mandatory water reductions and a series of actions to help save water, increase enforcement to prevent wasteful water use, streamline the state's drought response, and invest in new technologies that will make California more drought resilient. This order included measures to help replace lawns with drought-tolerant landscaping and old appliances with more water and energy efficient models; cut water use at campuses, golf courses, cemeteries, and other large landscapes; prevent potable water irrigation at new developments unless water-efficient drip systems are used; and stop watering of ornamental grass on public street medians.

Within days of the Governor's order, the State Water Resources Control Board released its framework to achieve the mandatory water reductions and the California Energy Commission approved new water appliance standards to save billions of gallons of water per year. The California Department of Water Resources also announced that due to the severe drought it will install an emergency temporary rock barrier across a Sacramento San Joaquin Delta channel to help prevent the saltwater contamination of water that 25 million Californians depend on.

These measures build on unprecedented action by the State Water Resources Control

Board over the past year to prohibit other wasteful water use and encourage Californians to conserve, including strict limits on outdoor irrigation (two days a week in much of California) and bans on hosing down outdoor surfaces, decorative water fountains that don't recirculate water, and car washing without an automatic shut-off nozzle. Bars and restaurants are also now required to only serve water upon request and hotels must ask guests staying multiple nights whether linens and towels need to be washed.

Governor Brown proclaimed a drought state of emergency in January 2014, and for more than two years the state's experts have been managing water resources to deal with the effects of the drought, which include severely curtailed water supplies to agricultural producers, farmworker job losses due to fallowed fields, drinking water vulnerability in communities across California, heightened fire danger, and threats to endangered and threatened fish and wildlife.

To learn more about the state's drought response, visit www.Drought.CA.Gov. Every Californian should take steps to conserve water. Find out how at www.SaveOurWater.com.

Source: The Office of Governor Edmund G. Brown Jr. ★

JustServe Helping Hands

Continued from page 1

and were still welcome for breakfast.

This project registered volunteers on a new website: www.JustServe.org. "The website is an incredible way for people to be connected to opportunities to volunteer their time, talents, and effort to strengthen our community," said Wayne Langford, president of the Cordova Stake. "The concept is new and is catching on with many organizations since it gives them a tool to reach out to many volunteers they might not have the opportunity to reach otherwise."

Through JustServe.org, Goold was able to spread the word about the project, sign up volunteers, and communicate via email or Facebook about changes to the project. "When we needed to cancel projects because of the recent rain storm,



Around 90 volunteers in the JustServe Helping Hands service project removed fencing along the American River Parkway, which will be given to Soil Born Farms to help protect their crops. "It exceeded my expectations," said Mary Maret, natural resource specialist for Sacramento County. Photo by Ron Aguilar

notifying 200 people took only minutes," Goold said.

The removal of the fencing opens up fields that have been protected for a several years to allow plants time to safely

develop. The fencing itself will be repurposed by Soil Born Farms to help protect their crops.

Bob Cashatt (who was just chosen as the 2015 Rancho Cordova Volunteer of the Year)



At the end of the JustServe Helping Hands service project, Meada and Bob Cashatt, who live nearby, brought cookies for the volunteers. "It's a great, great thing to have the field restored, said Meada Cashatt. "People will use it a lot." Photo by Ron Aguilar

and his wife Meada Cashatt have lived across the levee from the area of the work for 43 years. They came out to the project, and Bob Cashatt said, "I just am happy, and most of the neighbors

are too, because with the fence up we didn't get much in the way of animals."

At the conclusion of the project, Meada Cashatt delighted the volunteers by bringing out eight

dozen freshly baked cookies. "Something wonderful happens in the lives of people who serve the communities in which they live," Langford said. ★

LEGAL ADVERTISING
 Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising Continued

COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2015-00176986

WHEREAS, Zahra Hassani has filed a petition with this court for a decree changing the name(s) of Zahra Hassani to Paris Hassani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 1, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 25, 2015
 Raymond M. Cadei, Judge of the Superior Court
 Publish: May 1, 8, 15 and 22, 2015
 HASSANI#2 150421 5-22-15

COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2015-00178155

WHEREAS, Vira Prozapas has filed a petition with this court for a decree changing the name(s) of Vira Prozapas to Veronika Prozapas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 26, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 22, 2015
 David I. Brown, Judge of the Superior Court
 Publish: May 1, 8, 15 and 22, 2015
 PROZAPAS 150422 5-22-15

COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2015-00178162

WHEREAS, Bruce Curtis Shaffer and Connie May Rodriguez have filed a petition with this court for a decree changing the name(s) of Erica Natasha Rodriguez to Erica Natasha Emma Shaffer. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 29, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 22, 2015
 Raymond M. Cadei, Judge of the Superior Court
 Publish: May 1, 8, 15 and 22, 2015
 SHAFFER 150422 5-22-15

COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2015-00177906

WHEREAS, Rodrick Donovan Cota Losongco has filed a petition with this court for a decree changing the name(s) of Rodrick Donovan Cota Losongco to Rodrick Donovan Losongco. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2015
 Raymond M. Cadei, Judge of the Superior Court
 Publish: May 1, 8, 15 and 22, 2015
 LOSONGCO 150423 5-22-15

COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2015-00178146

WHEREAS, Lindsey Nicole Fontana has filed a petition with this court for a decree changing the name(s) of Kashton Thirteen Sekel to Kashton Thirteen Fontana. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 26, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 22, 2015
 Raymond M. Cadei, Judge of the Superior Court
 Publish: May 1, 8, 15 and 22, 2015
 FONTANA 150424 5-22-15

COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2015-00175994

WHEREAS, Ashley Elizabeth Ann Williams has filed an Amended petition with this court for a decree changing the name(s) of Ashley Elizabeth Ann Williams to Lovely Ocean Ann Williams. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 1, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 23, 2015
 Raymond M. Cadei, Judge of the Superior Court
 Publish: May 1, 8, 15 and 22, 2015
 WILLIAMS 150424 5-22-15

NOTICE OF PETITION TO ADMINISTER ESTATE

OF MARY MAXINE GARNER (descendent)
 ESTATE NO. 34-2015-00176011

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of MAXINE GARNER, MARY MAXINE GARNER (deceased):
 A petition has been filed by JERRY L. GARNER, BRENDA K. GARNER, MELANIE WARMERDAM in the Superior Court of California, County of Sacramento, requesting that JERRY L. GARNER AND MELANIE WARMERDAM be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: June 16, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is:

Jerry Lynn Garner and Melanie Warmerdam, 3535 Miami Street, Sacramento, CA 95821 (916) 617-8892
 Publish: April 24, May 1 and 8, 2015.
 GARNER 150330 5-8-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN JOYCE GIVENS (descendent)
 ESTATE NO. 34-2015-00177019

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of HELEN JOYCE GIVENS (deceased):
 A petition has been filed by TERRY GIVENS, MONIQUE DIGGS AND ESTELLA WHITTAKER in the Superior Court of California, County of Sacramento, requesting that ESTELLA WHITTAKER be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: May 28, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with

the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Michael A. Hackark, Hackark Law, A Professional Law Corporation, 10630 Mather Boulevard, Mather, CA 95655 (916) 313-3030
 Publish: April 17, 24 and May 1, 2015.
 GIVENS 150406 5-1-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHONG SUN JOHNSON (descendent)
 ESTATE NO. 34-2015-00177169

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of CHONG SUN JOHNSON (deceased):
 A petition has been filed by TONI FAY JOHNSON AND SONI KAY JOHNSON in the Superior Court of California, County of Sacramento, requesting that TONI FAY JOHNSON AND SONI KAY JOHNSON be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: June 11, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with

9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Robert J. Busch, Jr., 9245 Laguna Springs Drive, Suite 200, Elk Grove, CA 95758 (916)859-0370
 Publish: April 17, 24 and May 1, 2015.
 JOHNSON 150410 5-1-15

SUMMONS
 IN THE NINTH JUDICIAL DISTRICT COURT OF THE STATE OF NEVADA IN AND FOR DOUGLAS COUNTY
 ALEJANDRA MERCADO-MARTINEZ, Plaintiff,
 JUAN ANTONIO MENDOZA-MERAZ, Defendant.
 Case No. 15-DI-0109, Dept. I
 THE STATE OF NEVADA SENDS GREETINGS TO THE ABOVE-NAMED DEFENDANT:
 You are hereby SUMMONED and required to serve upon plaintiff, ALEJANDRA MERCADO-MARTINEZ, whose address is 6112 Sheltland Court, Stockton, CA 95210, an ANSWER to the Complaint which is herewith served upon you, within 20 days after service of this Summons upon you, exclusive of the day of service. In addition, you must file with Clerk of this Court, whose address is shown below, a formal written answer to the complaint, along with the appropriate filing fees, in accordance with the rules of the Court. If you fail to do so, judgment by default will be taken against you for the relief demanded in the Complaint. This action is brought to recover a judgment dissolving the contract of marriage existing between you and the Plaintiff. This filer certifies that this document does not contain the social security number of any person. Dated this 15 day of March, 2015
 D. Hecimovich, Deputy Clerk of Court
 Ninth Judicial District Court
 P.O. Box 218
 Minden, NV 89423
 Published: April 17, 24, May 1 and 8, 2015.
 CROCKETT 150408 5-8-15

Classified Advertising
 MPG
 773-1111

A Great Day to Be a Kid—or a Pirate!



The pirate-themed Kids Day featured a Kracken bounce house to delight pirates of all ages. Photo by Rick Sloan



Captain Jack Spareribs poses with Sirray and Syria Legrand. Photo by Rick Sloan



Molina Healthcare's Dr. Cleo gets a big hug. Dr. Cleo was one of many bigger-than-life characters seen roaming at Kids Day. Photo by Cre

RANCHO CORDOVA, CA (MPG) - They came, they giggled, they plundered. Thousands of children and their families set out for washbuckling adventure last Saturday during the 26th annual Kids Day in the Park, presented by the Cordova Community Council.

This year's pirate theme proved to be bigger than life with no less than four pirate ships and privateers setting the scene in Hagan Park. Children climbed aboard the ships to talk with pirates, and to talk like pirates; they shot off candy-shooting cannons and took in a rib-tickling adventure on stage with Captain Jack Spareribs.

More than 100 exhibitors shared information and resources with parents while the kids had all the fun of jump houses, arts and crafts projects, games,

and so much more. Providers checked out hearing, vision, and dental issues, parents learned about childhood mental health and fun activities for children—all part of the strategy of Kids Day.

Children drew pictures and signed their names to giant wooden letters that spelled out "WONDER"—an art project for the City of Mission Viejo, which made a stop at Kids Day to link Rancho Cordova children to a community art project in the southern California city.

"All the fun and games, all the parents and grandparents playing with the kids, all the laughter—that's what Kids Day is all about," said Amy Hiramoto, who chaired the event for the Cordova Community Council. "All the information parents leave with is the big pay-off."

Major Kids Day sponsors included Cordova Community Council, Sacramento County, City of Rancho Cordova, Assemblyman Ken Cooley, City Councilman Donald Terry, Wells Fargo, Real Estate America, Heritage Community Credit Union, Rancho Cordova Rotary Club, Folsom Cordova Unified School District, Rancho Cordova Police Activities League, PG&E, Republic Services, California Carnival Company, Molina Healthcare, Kids Care Dental, Golden State Water Company, Cordova Recreation and Park District, Sims Metal Management, Smile Kingdom, Kaiser Permanente, and dozens of other local businesses and organizations.

Source: Cordova Community Council



There's nothing more beautiful than the face of a child, but with some imagination and paint, it can be even more fun! Photo by Cre

LEGAL ADVERTISING
 Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

TRUSTEE SALES
 NOTICE OF TRUSTEE'S SALE T.S. No. 14-22044-SP-CA Title No. 140939957-CA-VOI ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check) must be made payable to National Default Servicing Corporation, drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Brian Kindsvater, a married man as his sole and separate property Duly Appointed Trustee: NATIONAL DEFAULT SERVICING CORPORATION Recorded 07/18/2007 as Instrument No. Book 20070718 Page 1613 (or Book, Page) of the Official Records of Sacramento County, California. Date of Sale: 05/18/2015 at 9:30 AM Place of Sale: At the east main entrance to the county courthouse, 720 9th Street, Sacramento, CA 95814. Estimated amount of unpaid balance and other charges: \$289,031.85 Street Address or other common designation of real property: 10820 Glenhaven Way, Rancho Cordova, CA 95670 A.P.N.: 058-0042-006-0000 The undersigned Trustee disclaims any liability for any inaccuracy of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within

10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The undersigned mortgagee, beneficiary or authorized agent for the mortgagee or beneficiary pursuant to California Civil Code Section 2923.5(b)/2923.55(c) declares that the mortgagee, beneficiary or the mortgagee's or beneficiary's authorized agent has either contacted the borrower or tried with due diligence to contact the borrower as required by California Civil Code 2923.5/2923.55. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 14-22044-SP-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 04/20/2015 Tiffany and Bosco, P.A. As agent for National Default Servicing Corporation 1230 Columbia Street, Suite 680 San Diego, CA 92101 Phone 888-264-4010 Sales Line 714-730-2727; Sales Website: www.ndscorp.com/sales Lana Kludis, Trustee Sales Supervisor A-4520404 04/24/2015, 05/01/2015, 05/08/2015

ASAP#4520404 150420 5/8/15
 NOTICE OF TRUSTEE'S SALE TS No. CA-14-651759-CL Order No.: 140131873 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/20/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): STEVE RUTHENBECK AND ABRA RUTHENBECK, HUSBAND AND WIFE Recorded: 12/28/2006 as Instrument No. N/A in Book 20061228 Page 0457 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 5/22/2015 at 9:30:00 AM Place of Sale: At the East Main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$604,261.01 The purported property address is: 11580 SPLITROCK COURT, RANCHO CORDOVA, CA 95670 Assessor's Parcel No.: 069-0520-014-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult ei-

ther of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-14-651759-CL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any inaccuracy of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-730-2727 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-651759-CL IDSPub #0082036 5/1/2015 5/8/2015 5/15/2015 QLS#0082036 150423 5/15/15

Slim Randles' HOME COUNTRY



"Isn't it hard to catch fish without water?"

a friend to help him, but how could he possibly explain why? Finally, he negotiated the sidewalk and then the edge of the street itself. There were no cars coming this early afternoon.

It was just one of those things. It didn't really mean Marvin Pincus had lost his mind. Consider this yourself for a minute. Marvin had opened the mail that morning and in it was the Fenwick glass fly rod he'd ordered. Oh, it was used, of course. But there's a feel to a Fenwick that only a man dedicated to a life of using dry flies can appreciate. The weather was gorgeous. The fish were biting on Lewis Creek. But there was a hitch. Marvin had broken his ankle the previous week and was temporarily in a wheelchair. It was his right ankle, so he couldn't drive down to the creek. And there, in his hands, was the Fenwick. He put it together, attached a reel and some four-weight line and set it on the couch and looked at it. Marjorie was off visiting her sister, so she couldn't help him. But there's a pull, an irresistible draw to a fly rod. He had to cast it. Now. It took Marvin about 20 minutes to negotiate the front steps with that wheelchair and the Fenwick. Oh, he could've called

Up came the Fenwick. A few swishes in the air told Marvin he'd done the right thing in ordering the rod. So he ran out some line and began casting. About halfway across the street was a large mulberry leaf. He did a double haul on the line and sent the fly toward the leaf and sent the fly toward the leaf. It took several tries before he hit it, but when he made that cast, you could've sold tickets to it. His fly came to rest about three feet above the leaf and then fluttered gently down onto its target. Marvin's smile said it all. Then the school bus came around the corner full of kids heading home, and Marvin realized he was casting a fly rod from a wheelchair onto dry pavement. "Hi Mr. Pincus!" yelled one of the kids. "Catch anything?" "A little slow today, Billy," he yelled back. "Isn't it hard to catch fish without water?" Billy yelled. "It's okay, son," Marvin said with a grin. "I'm using a dry fly!"

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Television Listings for the week of May 01-06

FRIDAY EVENING

MAY 1, 2015

Table with columns for time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows for various channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FAMILY, FOOD, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

SATURDAY EVENING

MAY 2, 2015

Table with columns for time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows for various channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FAMILY, FOOD, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

SUNDAY EVENING

MAY 3, 2015

Table with columns for time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows for various channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FAMILY, FOOD, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

MONDAY EVENING

MAY 4, 2015

Table with columns for time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows for various channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FAMILY, FOOD, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

TUESDAY EVENING

MAY 5, 2015

Table with columns for time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows for various channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FAMILY, FOOD, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

WEDNESDAY EVENING

MAY 6, 2015

Table with columns for time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows for various channels (ABC, CBS, NBC, FOX, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FAMILY, FOOD, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).



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CORDOVA SPORTS

Lady Lancers Bitten by Diamondbacks

By Mike Bush

RANCHO CORDOVA, CA (MPG) - Two hits in the first inning helped the Cordova High School softball team pose a threat to Union Mine in the big Sierra Valley Conference (SVC) showdown on Monday, April 27th.

But the damage was already done by the visiting Lady Diamondbacks, who scored three times in the top of the frame that led to a 5-0 win over the Lady Lancers. Both teams were tied for first place in the SVC at 13-1 each as they entered the conference finale.

Now the Lancers—who closed out the regular season on Thursday, April 30th with a non-conference road game at Bear River—finish second place in the conference. Union Mine wins its second SVC crown in three seasons.

Cordova now awaits its play-off seeding by the Sac-Joaquin Section, which is expected to release playoff brackets on its website (www.cifsjs.org) next week.



Lady Lancer softball coach Lindy Willeford talks to two of her players while they awaited their at-bat in Monday's SVC game against the Diamondbacks. Photo by Rick Sloan

Tiana Brown doubled to left-center field in the bottom of the first inning for Cordova (13-2 in the SVC, 19-3). Then

with two outs, Lancer pitcher Megan Stacy singled to center-field to move Brown to third. But Union Mine winning pitcher

Beth Hammer put the hammer on the next Lancer batter with

a strikeout. Hammer fanned 11 Cordova players.

"We sucked it up first inning," said Cordova head coach Lindy Willeford of her team posing a threat to the D'backs.

But in the top of the first inning, the D'backs took advantage of two hits and two Lancer errors to score their three runs.

After the first inning, Cordova's only hit was in the seventh inning when Tracy Mahony singled to centerfield.

"We didn't adjust to two-strike counts," Willeford said. "We went up there and tried to hit home runs. We did not play our game."

If Hammer wasn't sending Lancer batters back to the dug-out on strikeouts, the D'backs' defense registered the remaining outs to secure the win and the program's second SVC title in three seasons. Union Mine scored a run each in the fifth and sixth innings to secure the win.

Cordova 9, Liberty Ranch 1

In the April 23rd road conference game in Galt, the Lancers' Jocelyn Brown batted out three of the team's 10 hits that included a triple and three RBIs. Stacy, Vanessa Cain, and Leila Cooper had two hits each.

Cordova led 3-1 until the top of the seventh inning, when it scored its remaining runs to ground the Lady Hawks.

Cordova 13, Galt 0

The Lady Lancers proved to be too much for the visiting Lady Warriors in their April 22nd game. Cordova scored in the first four innings. The game was called after the top of the fifth because of the mercy rule.

Mason Pittaro clubbed a grand slam for the Lancers. She went 2-for-3 with five RBIs. Tiana Brown also had two hits. Nikki Jones, Jocelyn Brown, Kai'lee Cole, and Stacy had a hit each that added up to eight for the game. ★

Close Games for Cordova Baseball

By Mike Bush

RANCHO CORDOVA, CA (MPG) - In two games earlier this week, the Cordova High School baseball team was competitive from start to finish.

In Tuesday's Sierra Valley Conference (SVC) road game at Galt, the Lancers fell to the Warriors, 6-2. Cordova (1-12 in the SVC, 6-19) responded to Galt's early lead at 6-0 with a run in the third and sixth innings. The Warriors scored four in the first inning and two in the second.

The Lancers had five hits in the game. Brandon Buck went 2-for-2, while Lancer teammates

Logan Appino, Jeremy Buck, and Jarrett Harris had a hit each.

Cordova 9, Kennedy 6 (8 innings)

Monday's non-conference game was tied at 6-6 until the top of the eighth inning when Cordova plated three runs for the win. The Lancers led 4-0 until the bottom of the fourth inning; then Kennedy started its process to tie the game.

Jeremy Buck and Zachery Guerrero had two hits each for Cordova, which had eight in the game. Appino joined Jacob Jaquez, Harris, and Jeremiah Anderson with a hit each.

Rosemont 8, Cordova 1

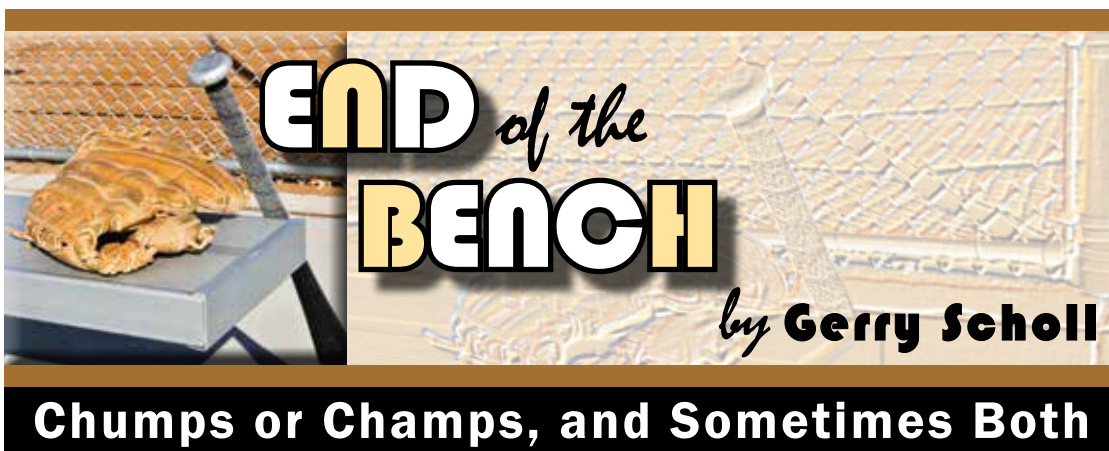
In an SVC home game on

April 23rd, Spencer Gudgel and Jeremy Buck had two hits each for Cordova, which had six in the game.

El Dorado 14, Cordova 1

The Lancers also had six hits in the April 21st SVC road contest at Placerville. Appino, Jeremy Buck, Jaquez, Harris, Austin Smith, and Brandon Buck had a hit each.

On Thursday, April 30th, Cordova played its final home game of the season against Liberty Ranch. On Tuesday, May 5th, the Lancers conclude the season at Union Mine. ★



END of the BENCH

by Gerry Scholl

Chumps or Champs, and Sometimes Both

"Hey, sweetheart, at least I'm not one of those guys that lies around all weekend watching golf or chugging beers while I turn the volume up on the NASCAR madness, neglecting the 'to-do list' through it all.

"I don't get up early and slink out to go fishing, leaving you a note to have fun shopping alone at OSH and Home Depot, and I'll be home for dinner.

"I just like to relax in the evenings when I get home from work while watching some baseball or basketball. During football season I like to catch some of that on the weekends and Monday nights. And I'm so considerate these days --- I DVR all of it so I can skip through the commercials to cut down my hours before the tube, freeing up more time for your HGTV and Food Network shows.

"And I really love it when you settle in for awhile and watch the games with me. I appreciate your level of sports knowledge and I'm sometimes surprised at the things you say (and I try not to let you see me roll my eyes at other times). And I only watch hockey when your not home or after you have gone to bed.

"So tell me, honey, am I still your champ, or just a chump? Don't answer that! At best, the answer is probably, 'A little of both.'"

You could say the same thing about most of the people all around the wide world of sports; and, then, there are some that are just champs (we think) and an awful lot more that are chumps.

You don't necessarily have to have a championship on your resume to be a "champ." Keeping it relatively local, when you think about the cream of the crop you would likely name people such as Steph Curry, Tim Flannery, Bruce Bochy, Buster Posey, Madison Bumgarner and a number of current Giants, Ronnie Lott, Steve Young, Brent Jones, Dave Stewart, J.T. Snow, Vlade Divac, Kevin Johnson, Tara VanDerveer, Mike Montgomery, Nate Thurmond, and of course, Willie Mays and Willie McCovey. And there is the injured Hunter Pence, hanging on the railing supporting his teammates, waiting to get healthy and for his PenceFenceCatch bobble-head to go public and

claiming, "I would rather die than not make that catch." You never hear anything bad about those people, but you can still never be 100% positive about their pure "champness."

Now, what the heck is going on with the Kansas City Royals? That team was universally admired last fall for the great run they had, and for the character and drive they displayed right through to Game 7 of the World Series where they came up short against the Giants. Maybe that frustration has gotten to them, because they seem to be taking it out on everybody they play. The Royals have been having bean-ball wars and bench-clearing rumbles on a regular basis this season --- already squaring off with the Athletics, Angels and White Sox, prompting Cleveland pitcher Trevor Bauer to wear boxing gloves in the dugout when the Royals came to town. K.C. --- almost a champion, but not quite.

But when it comes to rumbles on a regular basis, turn to the NBA Playoffs that are looking more and more like WrestleMania than basketball. All the talk is about Kevin Love's dislocated shoulder that will likely keep him out of the rest of the playoffs for Cleveland, suffered when he tangled with Boston's Kelly Olynyk chasing after a loose ball. Afterward, Love stated he felt Olynyk's play was an intentional attempt to injure, which Olynyk flatly denied. Love, who hooked up with Cleveland and LeBron James in a quest for a championship after wallowing in NBA limbo in Minnesota for years, was clearly speaking out of emotion and disappointment.

That play appeared a bit reckless but rather mild compared to some others and to the general tenor of the action throughout the playoffs. The NBA basketball crowd thinks things should be completely different in the playoffs and that the officials should just "let them play." Okay, but to what extent? Instead, maybe they should clean the play-offs up a bit before somebody takes a two-forearm shiver to the chops followed by a swat to the face, or somebody catches a swiping, backhanded punch to the chin and wrecks his knee

when he falls, or somebody suffers "accidental" multiple fractures to his mug, or....oh, those things already happened. Add Kendrick Perkins and J. R. Smith to the "chumps" list.


Whenever you hear the announcers say, "That's a good no-call," you should interpret that as, "There should've been a call there." It's a good bet that the chump that got his chest bruised by a high-flying LeBron James knee when he was run over as the two-time NBA champion scored a clock-beating lay-up was not lying on the floor in pain thinking, "That was a good no-call."

There seems to be plenty of chumps around the NBA and a bunch of them are on one team, the L. A. Clippers...DeAndre Jordan, just because he couldn't sink a free throw to save his life; Matt Barnes, with his look and attitude; Blake Griffin, who has the reputation that nobody likes him; Chris Paul, with his little flops and falls that force the refs to call fouls on the defenders on punk-like plays that have nothing to do with the spirit of the game. On the other hand, the Warriors seem to have a roster and staff full of "golden boys," good dudes on a roll. Perhaps it would be fitting if Golden State, awaiting the start of the second round after sweeping New Orleans, was to go on to win its first championship in, like, forever.

There are some cases of a kind of transformation --- from once a champ, but now a horrible chump...or much worse --- guys like Ray Rice, Adrian Peterson, Lance Armstrong, Oscar Pistorius, Aaron Hernandez and the like. Those probably had a most awful "chumpness" in them all along.

The vast majority seem to have some of both qualities, to varying degrees and categories: Alex Rodriguez, Barry Bonds, Brian Wilson, Pablo Sandoval (sigh), Tiger Woods, Mark McGuire, Jose Canseco, Richard Sherman, Kobe Bryant, Urban Meyer, John Calipari, Jim Boheim and on and on with the endless list.

"So, my dearest, whatever label you might apply, or whatever you or anybody else might think of me and my relative sports addiction, it is safe to say that I am not alone." ★

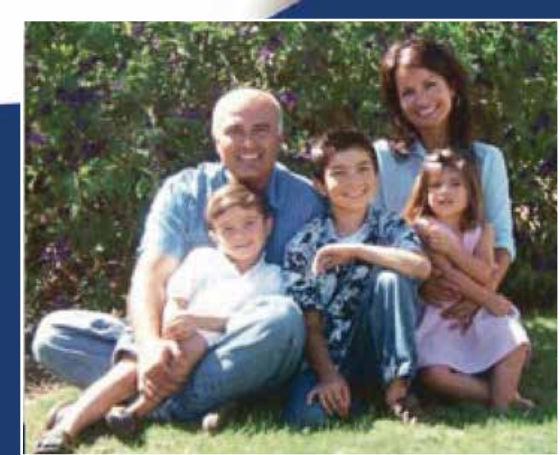



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INSIDE BASEBALL

A WEEKLY TURN AROUND THE BASES

» **CARDINALS LOSE ACE ADAM WAINWRIGHT**

» **POWER RANKING**

» **PADRES' NEWFOUND POWER**

» **TIGERS' OFFENSIVE INFIELD**

Cards Lose Ace



Adam Wainwright suffers season-ending Achilles injury

The St. Louis Cardinals suffered a huge blow on Saturday when starting pitcher Adam Wainwright stumbled coming out of the batter's box. Tests on Monday revealed a serious Achilles injury that will knock the Redbirds' ace out for the remainder of the season.

Can the Cardinals recover and still contend for the National League pennant? The short answer is yes. But as with any major loss, the margin of error for making the playoffs just shrunk appreciably.

The Cardinals have one of the deepest rotations in baseball and are well-equipped to handle such a loss, probably more than any other organization, with the exception of Washington. There's little doubt that general manager John Mozeliak has already begun the search for a replacement through the trade market. But the club may have an answer already in the organization. Lefthander Marco Gonzales, who narrowly missed making the roster out of spring training, would be the first option. The Cardinals won three of his five spot starts last season, and he picked up two wins in his six postseason appearances last year. But Gonzales won't share the load of replacing Wainwright alone. Michael Wacha is the ace-in-waiting and is poised to have a breakout season, and Lance Lynn has shown remarkable consistency over the past few seasons.

The keys to absorbing the loss of Wainwright without a hiccup will be veteran John Lackey, who must rekindle some youth, and rising star Carlos Martinez. The young Martinez hasn't proven he can be a starting pitcher over the past few seasons, working mostly out of the bullpen. The hard thrower has had success as a setup man as manager Mike Matheny has been able to find favorable matchups. As a starter this season, Martinez may have turned a corner. The Cardinals have won all three of his starts this season, and he's allowed just three runs (all solo homers) in 19 innings. The obvious

questions are, can Martinez sustain this success over a full season, and how much does Lackey have left in the tank?

So there is certainly reason for Mozeliak to explore trade possibilities. The White Sox have shown interest in dealing starter John Danks, and the Phillies' Cole Hamels has been the subject of trade rumors for six months now. The price for Hamels is probably too high for St. Louis at this point. And while it's too early to draw meaningful conclusions about playoff position, the Cardinals have the luxury of some time to allow their existing rotation to prove itself before trading away prospects for a run this season.



Charlie Miller
Athlon Sports
Baseball Editor
@AthlonCharlie

Making Mozeliak's job a bit more difficult are the injuries to catcher Yadier Molina and outfielder Jason Heyward. Molina hasn't played since taking a foul ball directly to his right knee on April 24. He hasn't been moved to the disabled list yet, and is still considered day-to-day after the weekend. Heyward left Sunday's game at Milwaukee in the third inning with a groin injury after chasing down Gerardo Parra's triple in right field. It is not believed to be serious, but the injury certainly makes the

Cardinals leery about trading one of their extra outfielders Randal Grichuk, who is currently on the disabled list, or Stephen Piscotty. Other teams would most likely inquire about St. Louis prospects Alex Reyes, a 20-year-old pitcher, and lefthander Tim Cooney, 24, who is close to major league ready.

Just how the Cardinals fill the huge hole left by Wainwright will most likely take several weeks to play out. As more teams drop from the race, more pitchers will become available. Former Cardinal Kyle Lohse is in the last year of his deal with Milwaukee, but has struggled mightily this season. Yovani Gallardo, formerly of Milwaukee, is in the final year of his deal with Texas. But Chris Carpenter is not walking through the clubhouse door, that's for sure.

AL PLAYER OF THE WEEK

Mark Teixeira, New York

The aging first baseman of the Yankees was able to call back several years last week with five home runs and 10 RBIs. The Yankees won five of seven games behind Teixeira's bat. He was especially good against the crosstown rival Mets, going 5-for-11 in the series, with a pair of home runs and four RBIs in the opener, ending the Mets' 11-game winning streak.

AL PITCHER OF THE WEEK

Chris Archer, Tampa Bay

The young righthander ran his streak of no earned runs allowed to 27.1 innings with outings against Boston and Toronto. In 5.2 innings vs. Boston, he gave up an unearned run in a 1-0 loss. In his next start, he tossed seven innings and allowed just two hits and a walk to the Blue Jays. His totals for the week were nine hits, two walks and 16 strikeouts in 12.2 innings.

NL PLAYER OF THE WEEK

Adeiny Hechavarria, Miami

The Marlins' shortstop—certainly not known for his bat—owns a nine-game hitting streak and ended the week with four multi-hit games in his last five. For the week, he batted .500 with a 1.270 OPS, 10 RBIs and eight runs, helping the Marlins to a season-best five-game winning streak. In 335 games entering this season, Hechavarria had just six homers. He already has a pair in 2015.

NL PITCHER OF THE WEEK

Jake Arrieta, Chicago

So far in 2015, Arrieta is the Chicago Cubs' ace, not Jon Lester, and it's not even close. Last week, the young righthander won twice, defeating the Pirates and Reds, both on the road. In 13 innings, he walked three, yielded eight hits and whiffed 13. He is now 3-1 with a 2.03 ERA on the season. He has given up only six runs in his four starts this season.

ATHLON SPORTS POWER RANKING

- | | | | |
|----------------------|---|-------------------------|---|
| 1. Tigers | Alfredo Simon emerging as team's ace. | 16. Astros | Surging Astros serving notice to AL West. |
| 2. Cardinals | Will find out soon about life without ace Adam Wainwright. | 17. Angels | Can rest of lineup step up to support Mike Trout? |
| 3. Dodgers | Best on-base percentage and slugging in National League. | 18. Diamondbacks | Batted just .207 last week. |
| 4. Royals | Bullpen as good as 2014 version, even without injured Greg Holland. | 19. Mariners | Bottom four spots in order batting a paltry .193. |
| 5. Mets | Jeury's Familia has filled closer's role nicely. | 20. Giants | Batting .250, with .683 OPS vs. LH, .250/.682 vs. RH. |
| 6. Pirates | Despite a 1.80 ERA, A.J. Burnett has one decision in four starts, a loss. | 21. Indians | Leadoff spot on-base percentage is .237, only Oakland is worse. |
| 7. Yankees | Mark Teixeira, Alex Rodriguez find fountain of youth with power. | 22. Rangers | Prince Fielder hitting .361, rest of team .192. |
| 8. Red Sox | Starting pitchers have 5.75 ERA. | 23. White Sox | Batting just .194 with a .229 on-base percentage vs. lefties. |
| 9. Orioles | Scoring runs is not Baltimore's problem. | 24. Rockies | Cleanup hitters yet to homer this season. |
| 10. Rays | Starters have allowed only 78 hits in 104.1 innings. | 25. Reds | Dominant Aroldis Chapman has allowed four hits, three walks with 15 Ks. |
| 11. Padres | Winter makeover results: Highest scoring offense in National League. | 26. Marlins | Batting .324 during current five-game winning streak. |
| 12. Cubs | Cubbies could surge if Jon Lester (6.43 ERA) gets on track. | 27. Twins | Struck out 78 times with 72 hits over last nine games. |
| 13. Blue Jays | ERA more than a run better at home (4.25) than on road (5.45). | 28. A's | Yet to be caught stealing in 11 attempts. |
| 14. Braves | Opponents batting .158 with runners in scoring position and two outs. | 29. Phillies | Fewest runs in majors. |
| 15. Nationals | Jayson Werth, Ryan Zimmerman combined to hit just .193. | 30. Brewers | Only one home run in seventh inning or later. |

AROUND THE HORN

The San Diego Padres lead the National League in runs so far this season. That is unfamiliar territory for the club to be sure. The offseason acquisitions of outfielders Matt Kemp, Justin Upton and Wil Myers have thus far reaped benefits. Perhaps the most telling stat is the team's .318 batting average with runners in scoring position, the best mark in the majors... The season-ending injury to starting pitcher Adam Wainwright is a serious blow to the St. Louis Cardinals. As of Sunday, the Redbirds' rotation led the majors with a 2.39 ERA, and opponents were batting just .159 with runners in scoring position against the entire staff. The Cardinals are the only team holding foes under .200... Kansas City's bullpen is as dominant this season as in 2014, even without injured closer Greg Holland. Opponents are slugging just .194 off of Royals relievers, who own a 0.78 ERA... No player has a hit with the bases loaded this season against the Los Angeles Angels pitching staff... Even with the trade of top hitting catcher Derek Norris to the Padres over the winter, Oakland catchers lead all backstops with a .324 average and .554 slugging percentage. Although it must be noted that Norris has eight doubles and a pair of homers this season. Oakland catchers have eight extra-base hits... Detroit hitters have strode to the plate 28 times with the bases loaded this season. The major league average is 16. The Tigers' total equals that of Washington (8), Philadelphia (8), Cleveland (7) and Milwaukee (5) combined... The New York Yankees and the Toronto Blue Jays have each swatted 10 home runs in the seventh inning or later this season. The Milwaukee Brewers, struggling to find any offense, have hit just one in the late innings... Veteran catcher A.J. Pierzynski signed with the Atlanta Braves over the winter in hopes of getting rare starts behind the plate while being used primarily as a pinch-hitter. But with Christian Bethancourt's struggles, Pierzynski has found himself in the lineup about half the time. Both catchers had 34 at-bats at the end of the week. Pierzynski is batting .382 with a 1.138 OPS. Bethancourt is scuffling at .147/.400... During the New York Mets' recent 11-game winning streak, the team didn't exactly overpower with their bats. The Mets hit just .273 with only eight home runs, averaging 5.2 runs per game. However, their pitchers had a 1.091 WHIP and 2.73 ERA, giving up 3.7 runs per game.

NUMBERS GAME

.321

The batting average for the Detroit Tigers' infield, led by shortstop Jose Iglesias (.379) and first baseman Miguel Cabrera (.377) (below). Second baseman Ian Kinsler and third baseman Nick Castellanos round out the quartet.



TURN BACK THE CLOCK

April 30, 2005

Commissioner Bud Selig proposes harsher penalties for PED use. His plan calls for a 50-game suspension for the first offense, 100 games for the second and a lifetime ban for a third positive test. His proposal also includes a ban on amphetamines for the first time.

TRIVIA CORNER

The Houston Astros ended the week with a 2.5-game lead in the American League West. Can you remember the last season that the Astros were in first place as late as April 26?



Written and compiled by Charlie Miller. Follow Charlie on Twitter: @AthlonCharlie. Email: Charlie.Miller@athlonsports.com

TRIVIA ANSWER: You have to go all the way back to 2006 when the Astros were in first place as late as April 27. During the 2004 season was the last time the club was in first place in May.

Photos: Cabrera: Athlon Sports; Wainwright: John Fisher/CSM/Landov

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- SATURDAY**
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915 Sutter St, Folsom (Historic Folsom Public Plaza).
Saturdays 8 am - 1 pm. (Year-round, rain or shine).
- SUNDAY**
Carmichael Park Farmers Market
5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd).
Sundays 9 am - 2 pm. (Year-round, rain or shine).
- SUNDAY**
Land Park Farmers Market
1944 Sutterville Rd, Sacramento.
Sundays 9 am - 1 pm. (Year-round, rain or shine).
- WEDNESDAY**
VA Mather Farmers Market
10535 Hospital Wy, Mather.
Sundays 9 am - 1 pm. (Year-round, rain or shine).
- WEDNESDAY**
Fair Oaks Sunset Farmers Market
8101 Sunset Ave, Fair Oaks (New Life Church parking lot).
Wednesdays 3 pm - 7:30 pm. (Seasonal; April 8 - November 25).
- THURSDAY**
UC Davis Health System Farmers Market
45th and Y St, Sacramento (UC Davis Medical Center Campus).
Thursdays 3 pm - 7:30 pm. (Seasonal; April 23 - October 29).

Bring this coupon in and receive
5 FREE RAFFLE TICKETS

for the monthly Farmers Market Gift Basket full of fruits, vegetables, specialty foods, and more!

Valid for the whole month of April, 2015.
One per household. **MPG**

For more information: www.ILoveMyFarmersMarket.com

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