



Sacramento Rugby Foundation to Host Annual Tournament

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“NOTHING IN THE WORLD IS MORE DANGEROUS THAN A SINCERE IGNORANCE AND CONSCIENTIOUS STUPIDITY.”
— MARTIN LUTHER KING, JR.



Grapevine Independent

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PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

January 16, 2015

Sports Lancers Pin Their Way to League Opener Victory



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Planet Fitness Opens in Rancho Cordova



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Make It Fun and It Will Get Done!



Pam Young's Corner

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Beauty Out of Tragedy

Josh Ochner Turns His Passion for Photography Into a Positive Experience



Royal (above): “The day I photographed this tree was different. There were moments when sunlight would breach through the grey cloud cover and directly illuminate the tree. The branches became alive with detail, and the color vibrancy of the leaves was off of the charts. It was a magnificent sight and a powerful feeling of warmth like no other during the trip,” said Ochner. Brothers of the North: (at right) “Their appearance looked like two strong figures standing tall amongst the tumultuous sea, and each rock was teeming with life,” said Ochner. Photos courtesy of Josh Ochner Photography

SACRAMENTO REGION, CA (MPG) - A rough childhood, one brother brutally murdered, another brother tragically killed in a motorcycle accident... photographer Josh Ochner found himself lost. He burnt all of his photographs, had given up on his dream of being a photographer, and was living out of his car until the day he decided to turn his passion for photography into a positive experience. And lucky for us he did. Now every image he takes is filled with emotion that we get to experience with him.

Ochner will be showing his solo work (for the first time in Sacramento) on dye-infused aircraft grade metal at Gallery 1075 in West Sacramento. This unique display of photography brings the photos and Josh's emotions to life. The humble photographer will be there to explain all of the symbolism and emotion that each picture depicts.

The exhibit opened on January 5th and will be running continuously until January 30th.

When you are looking at Josh's photographs, you can see and feel all of the emotions he must have felt while

overcoming the tragedies he faced throughout his life.

Speaking about his photograph “Royal,” Ochner said, “I was on a 14-day, 3,000-mile car drive in late winter specifically to capture images of California, Oregon, and Washington. Besides all of the impressive landscapes, the weather was miserable. Most of the trip was pouring rain, hailstorms, and snow. At times I dreaded sleeping on the frozen ground inside my tent knowing that the next day I would have to backpack heavy photo equipment for miles along driftwood beaches in the rain, wade across frigid rivers, or try to find forest locations through dense fog.”

“The day I photographed this tree was different. There were moments when sunlight would breach through the grey cloud cover and directly illuminate the tree. The branches became alive with detail, and the color vibrancy of the leaves was off of the charts. It was a magnificent sight and a powerful feeling of warmth like no other



during the trip.”

Ochner's photo “Dark River” is a representation of the deep corridors of the mind and facing one's fears. There is a feeling of being in a labyrinth where the walls are not climbable and the path ahead is long and distant. The only way to truly free yourself is to follow the dark river upstream into the unknown.

In his description of “Phantom,” another of Ochner's iconic photos, he said, “I was exploring the underground canyons of the

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California Department of Public Health Confirms Measles Cases

SACRAMENTO REGION, CA (MPG) - Dr. Ron Chapman, California Department of Public Health (CDPH) director and state health officer, reported that the CDPH has been notified of seven confirmed cases of measles in patients from five different locations within California. Two Utah resident cases have also been confirmed, and three additional California residents are also suspected to have measles and are under investigation. All confirmed and suspected cases reported visiting Disneyland or Disney California Adventure Park in Orange County, California sometime between December 15th and December 20th, 2014.

Based on information from current cases, it is likely that a person infectious with measles was at one of the theme parks on these dates. People can be infectious with measles for nine days. Measles typically begins with a fever, cough, runny nose, and red eyes. Within a few days, a red rash appears, usually first appearing on the face and then spreading downward to the rest of the body. Measles is a highly infectious, airborne disease.

“If you have symptoms, and believe you may have been exposed, please contact your health care provider,” said Dr. Chapman. “The best way to prevent measles and its spread is to get vaccinated.”

“Measles vaccines have been available in the United States since 1963, and two doses have been recommended since 1989.”

Measles has been eliminated in the United States since 2000. However, large measles outbreaks have occurred in Western Europe, Pakistan, Vietnam, and the Philippines in recent years. Travelers to areas where measles is endemic can bring measles back to the U.S., resulting in limited domestic transmission of measles. Disney and other theme parks in California are

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Wine grapes continue to lead in Sacramento County's production by raking in \$141.2 million last year, making it a third of the County's production value. Photo courtesy of Sacramento County

Economy Boosted by County Crops and Livestock

SACRAMENTO COUNTY, CA (MPG) - Wine grapes, milk, and pears help keep Sacramento County agriculture at the top of its game, according to the newly released Crop and Livestock Report. The year 2013 brought in a crop production value of \$457.3 million, the second highest in County history.

“Everyone knows Sacramento is fertile ground, but many may not know how significant this is to our living,” stated County Agricultural Commissioner Juli Jensen. “A productive agricultural year for Sacramento means a better economy, fresher food, and healthier living overall.”

Wine grapes led the Top Five

Commodities list yet again by raking in \$141.2 million, making it a third of the County's production value. Milk from livestock came in second with a total of \$64.6 million due to a 10% price increase. Pears rose to the number three slot by grossing \$42.6 million. Most pear farms have been growing in our region for generations, with some 100-year-old pear trees still bearing fruit. Sacramento's poultry population, which consists mostly of turkeys, generated \$33.4 million, earning it the fourth top commodity spot. Field corn made fifth place with \$26,131,000 earned.

“It's clear to see why Sacramento is the Farm-to-Fork Capital of America,” said

Continued on page 3

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THE SACRAMENTO BEE

It's River Cats Season!

US West of New Earth

Planet Fitness Opens in Rancho Cordova

Story and photos
by Linda Harper

RANCHO CORDOVA, CA (MPG) - It's January again and you've made a resolution to get fit for your health and to improve your looks. You begin your search for a gym to join because you realize you can't fulfill your January promise on your own; you need encouragement, guidance, and of course, a little fun! Look no further! Planet Fitness, an innovative health club known for its "Judgement Free Zone" and affordable prices, opened in Rancho Cordova on November 14th, 2014. Since that evening when there were 100 people waiting to get in, membership at Planet Fitness Rancho Cordova has grown to 3,100 members. The club, which is known for ridding "Gymtimidation" from the health club experience, is one of the city's newest businesses.

Planet Fitness' anti-gym and no-pressure attitude has caught on, and to date, there are almost 1,000 Planet Fitness franchises throughout the United States. Planet Fitness provides a unique gym environment in which anyone, regardless of their abilities or goals, can be comfortable. They pride themselves on being a "Judgement Free Zone" where



Planet Fitness aims to rid "Gymtimidation" from the health club experience.



Planet Fitness' "Judgement Free Zone" aims to include anyone, regardless of their abilities or goals.

an active lifestyle can be built to last. At Planet Fitness, everybody enjoys a safe, energetic atmosphere where they feel accepted and respected. They're encouraged to get to know each other, since making friends is another positive key to good health. Each facility holds Pizza Mondays and Bagel Tuesdays so people can meet in a relaxed

atmosphere. The company executives, franchise owners, and members all say the key to Planet Fitness' tremendous growth in popularity is the unusual environment, enticing those who have never belonged to a gym. According to a corporate statement, "Planet Fitness' audience is the 85% of the population who don't have sculpted bodies." Their popular approach to healthier living has launched Planet Fitness into their fourth year of being the national gym partner for NBC's popular weight loss TV show, "The Biggest Loser." They were also the official fitness sponsor of Time Square's New Year's Eve celebration.

Giving back to the community is a large part of the Planet Fitness business model. As a company, they raise money for breast cancer research and for the past several years have donated \$100,000 to the Make-A-Wish Foundation. Planet

Fitness is anxious to become involved with Rancho Cordova residents and organizations in 2015.

Planet Fitness boasts over 100 fitness machines in the Rancho Cordova facility, including strength training devices and free weights. Members can utilize a pre-planned fitness regime or create one of their own with the assistance of trained coaches.

Perhaps one of the most attractive elements about Planet Fitness is the price of a membership: only \$10 a month with no long-term commitments or contracts. The idea is to make getting to a healthy lifestyle affordable for everyone.

To take a tour or for more information, call Planet Fitness in Rancho Cordova at (916) 368-5000 or stop by the gym located at 10373 Folsom Blvd. They're open 24 hours a day, seven days a week, from 7 a.m. to 7 p.m. Their website is www.planetfitness.com. ★

Amended Sacramento County Panhandling Ordinance Released

SACRAMENTO COUNTY, CA (MPG) - As a result of a December 2014 court settlement by the County of Sacramento, the Sacramento County Sheriff's Department will be embarking on a 30-day period of educating both their employees and the public regarding the enforcement of the Sacramento County Panhandling Ordinance (sections 9.81.010-070).

Sacramento County has amended its Aggressive and Intrusive Solicitation Ordinance so that it applies to charitable solicitors as well as panhandlers. The new law came into effect on January 12th, 2015.

Prohibitions: The following solicitation activities are prohibited:

Aggressive solicitation such as abusive language, intentionally touching another person without their permission, using violent gestures toward a person, or closely following a person who does not want to be solicited, or intentionally blocking pedestrians or traffic; and solicitation within 35 feet of the entrance or exit to a bank during business hours or an ATM at any time; solicitation from the driver or occupants of a motor vehicle that is within 200 feet of an intersection with a street light or stop sign; and solicitation from a median strip; solicitation from the driver or occupants of a motor vehicle located within 35 feet of the driveway of a shopping center or other business establishment; solicitation on public transportation vehicles or within 50 feet of a transit stop; and solicitation from the driver or occupants of a motor vehicle while the vehicle is stopped at a gas station or gas pump.

Penalties: A person who violates this law is guilty of an infraction and may be subject to a fine. A person who violates this law more than two times in a six-month period is guilty of a

misdeemeanor and may be subject to a fine/and or a sentence in the County Jail.

Alternatives: Solicitors who seek access to social services or assistance can contact any suitable agency, one such option being Sacramento Steps Forward, located at 1331 Garden Highway, Suite 100, Sacramento, CA 95833. They can be reached at (916) 993-7702, or visit their website at www.sacramentostepsforward.org.

“Aggressive solicitation such as abusive language, intentionally touching another person without their permission, using violent gestures toward a person, or closely following a person who does not want to be solicited, or intentionally blocking pedestrians or traffic, will be prohibited.”

Patrol officers who encounter persons who may be unaware they are committing a violation of this ordinance will be handed an educational notice. The purpose and intent of the Sacramento County Panhandling Ordinance is to protect the safety and welfare of the general public and improve the quality of life and economic vitality of the County of Sacramento by imposing reasonable time, place, and manner restrictions on aggressive and intrusive solicitation while respecting the constitutional rights of free speech for all citizens.

While the Sheriff's Department aims to retain discretion during each violation encounter, the goal is to gain voluntary compliance rather than issue a citation in every situation.

Source: Sacramento County Sheriff's Department ★



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Publisher,
Paul V. Scholl



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City Outlines Nuisance Service Call Specifics

By Julia Baum

RANCHO CORDOVA, CA (MPG) - Rancho Cordova property owners in violation of code enforcement could find themselves getting hit where it hurts most—their wallets. City officials recently finalized procedures for collecting delinquent code enforcement fees, as well as deciding how many could be placed before a property owner is fined. City council members adopted Resolution No. 136-2014 by unanimous vote at a December 1st, 2014, meeting and met no opposition from the public.

The ordinance has been well received by community members, many of whom say it is necessary. Residents say that one nearby rental apartment complex on West La Loma Dr. and Folsom Blvd. has been notorious for years for attracting criminal activity. Cordova Meadows homeowner Katherine Weedman-Cox said that while the majority of tenants are fine, a few have been “continuous trouble.” She said that landlords and owners are also at the root of the problem.

“It’s like the landlord or maybe mostly the owners don’t care,” Weedman-Cox said. “A lot of this comes from the top: management and ownership. This will give Rancho Cordova one more tool in their toolbox to enforce the nuisance laws.”

Lieutenant Kate Adams of the Rancho Cordova Police Department said that while the city

will handle fines, law enforcement will provide support if necessary. She said that educating the owner is helpful because sometimes they are unaware that a problem exists.

“Sometimes having the fear of a monetary fine is enough to get some compliance,” Adams said. “The [owner] who wants to work with code enforcement to rectify the situation, that’s what they’re going to get, [the city’s] going to work with them.”

Neighborhood Services Manager Kerry Simpson said that the city will try taking proactive steps by reaching out first to property owners before imposing fines.

Single-family, duplex, triplex, and commercial buildings with four or more calls in 30 days, eight or more calls in 90 days, or more than 12 calls in one year could be considered a nuisance, according to Simpson. In addition, owners of multifamily units—buildings with four or more units—that receive at least six calls in 30 days or 12 calls in 90 days could also face fines.

Simpson said that the ordinance will serve more as an additional tool rather than a definitive guideline and that each case will be handled individually by city staff.

“There has to be stuff that is unusual,” Simpson said. “People think in government that it’s a definitive. It’s more about saying, ‘Slow down, work with us.’ It’s not an immediate slam the hammer down.” ★

Economy Boosted by County Crops and Livestock

Continued from Page 1

Bradley Hudson, Sacramento County executive. “The quantity and quality of the County’s agricultural products continue to be source of pride.”

Sacramento County remains a rich region of productive soil, with an abundance of fruits, vegetables, grains, meats, nuts,

and milk. Most of the County farms that provide products for the Farm-to-Fork movement are located in the unincorporated areas. Local residents and visitors can enjoy these fresh foods by shopping at one of the Certified Farmers Markets in the County.

Source: Sacramento County ★

Beauty Out of Tragedy

Josh Ochner Turns His Passion for Photography Into a Positive Experience

Continued from Page 1

Arizona desert when this powerful image appeared. The temperature inside the canyon was cold enough that I could see my breath. As I squeezed through this frigid and cramped section of 120-foot vertical walls, I exhaled slowly in amazement. A colorful abstraction started taking shape. The sandstone walls took on a magnificent formation that resembled a human-like face. When my breath finally disappeared, eyes began to glow in the center of the canyon. Everything around me became colorful and brilliant as if the canyon had become alive.”

In “Brothers of the North,” the symbolism of the two ocean rocks and stormy conditions represents Ochner’s older brothers who suddenly died in tragic events. “It was a gloomy day in winter when I first stepped foot on this stone-filled beach,” said Ochner. “The ocean’s high tides erratically crashed against the shore while the howling winds brought gusts of stinging cold rain. The sky filled with darkness and a feeling of solitude came over me. Each step along the shore seemed to be an eternity in these miserable conditions, but turning back wasn’t an option.

“Near the end of the beach



Sunflower Dream (above): The peak of the sunflower season in the Sacramento Valley lasts only a few days out of each year. Ochner’s photograph “Sunflower Dream” shows golden flowers in the hundreds of thousands, full of life and reaching towards the sun. **Phantom** (at right): “Everything around me became colorful and brilliant as if the canyon had become alive,” said Ochner. Photos courtesy of Josh Ochner Photography

stood two rocks isolated by their massive size. As the storm



Black Bison: “The rugged face of this wild bison was captured while it took a brief moment from grazing to stare at me. ... I’m not sure if it was a moment of mutual curiosity, fear, understanding, or just existence.” Photo courtesy of Josh Ochner Photography

and blinding mist momentarily calmed, I had a chance to actually see them beyond their vague monochrome features. Their appearance looked like two strong figures standing tall amongst the tumultuous sea, and each rock was teeming

with life: green shrubs, trees, and ocean birds. I started feeling this inner closeness as if these rocks were somehow connected to my brothers, John and Jeff.”

The peak of the sunflower season in the Sacramento Valley lasts only a few days out of each year. Ochner’s photograph “Sunflower Dream” shows golden flowers in the hundreds of thousands, full of life and reaching towards the sun. Ochner said, “As the day was coming to an end, the sky began to orchestrate a symphony of colors that closely resembled an extraordinary dream.”

Speaking of his photograph “Black Bison,” Ochner said, “The rugged face of this wild bison was captured while it took a brief moment from grazing to stare at me. I stopped adjusting my camera to take in the rare encounter from just about five feet away. I’m not sure if it was a moment of mutual curiosity, fear, understanding, or just existence. I was able to capture this deep expression right before

it trampled off on the dry desert grasslands to rejoin its herd, leaving behind a dusty wake.”

Don’t miss the opportunity to see Ochner’s work on display at Gallery 1075 in West Sacramento. For more information about Ochner’s photography, please visit www.joshochner.com.

Source: Josh Ochner Photography ★



Phantom: “Everything around me became colorful and brilliant as if the canyon had become alive,” said Ochner. Photos courtesy of Josh Ochner Photography

Cordova Choice Awards 2015

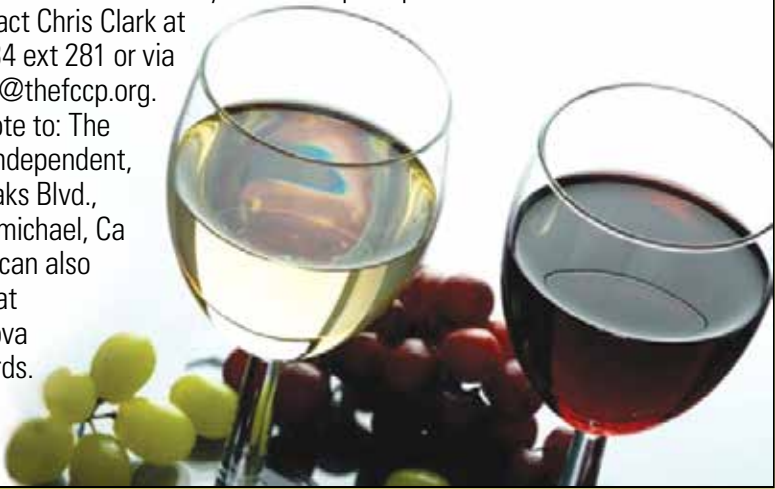
Cordova Choice Awards 2015 will be held during the “Cork & Fork 2015” event to be held Friday, March 13th 6:30-9PM at the Sacramento Marriot Rancho Cordova

Instructions and rules for Cordova Choice Awards 2015

Business must be located in Rancho Cordova, Gold River, Mather, Anatolia, or Sacramento zip code 95827. All votes must be received no later than March 10th at 6:00 pm at the office of Messenger Publishing Group. Votes can be made either by mailing this form to MPG at 7144 Fair Oaks Blvd, Suite 5, Carmichael, CA 95608, or by completing the online form at www.CordovaCoiceAwards.com. Only one vote per person. All voting entries must have complete information or the votes will not be counted. Cordova Choice Awards will be presented at this year’s “Cork & Fork” event. This year’s event will be held at the Sacramento Marriott Rancho Cordova on March 14, 2014 from 6:30pm - 9pm. "Cork & Fork" will highlight an evening of gourmet delights from some of your favorite restaurants, breweries and wineries. Please come out and support this event while giving back to the community.

Goals of “Cork & Fork”

Support the Partnership's goal to build a strong community of children, youth, and families. Bring together like minded community members and socially conscious businesses. Generate awareness about the programs and resources the Partnership provides. Raise money to support the mission of the Folsom Cordova Community Partnership. To purchase tickets for this event please contact Chris Clark at 916.361.8684 ext 281 or via email cclark@thefccp.org. Mail your vote to: The Grapevine Independent, 7144 Fair Oaks Blvd., Suite 5, Carmichael, Ca 95608. You can also vote online at www.CordovaChoiceAwards.com



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Best Lunch Spot _____

Best Dinner Destination _____

Best Burger In Town _____

Best Pizza In Town _____

Best International Cuisine _____

Best Night On The Town _____

Best Family Fun Spot _____

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Best Health And Fitness Spot _____

Best Auto Repair Service _____

Best Veterinarian Service _____

Best Dental Office _____

Best Physician’s Office _____

Best Photographer _____

Best Workplace (50 employees) _____

Best Workplace (200 employees) _____

Best Workplace (200+ employees) _____

Top Vote Getter will be announced at the Awards

Giants Trophy Tour Starts at New Home

By Jared Isham

SACRAMENTO REGION, CA (MPG) - The River Cats got a taste of the World Series championship on January 7th, 2015, when the Giants Trophy stopped by on their tour. The event took place during a one-hour timeframe where the most committed fans received a picture next to the trophy. With the weather sunny and temperatures in the 70s, you couldn't ask for a better day to participate in such a memorable event.

The line to see the World Series Trophy wrapped around the entire stadium with an estimated 3,000 to 5,000 people seizing the opportunity to get a picture with it. Speaking with people in line, many of them grabbed their spot as early as 1:30 p.m. for the 3 p.m. event. Once inside, the fans were directed down the left field line and a professional photographer was there to capture their memory in center field where they could exit back down the right field line.

The hour-long event was accompanied by the On Deck Shop providing Giants apparel and showing off the new River Cats merchandise. Not only was this a great moment for baseball in Sacramento, but donations were also accepted for the Junior Giants program providing at-risk youth an opportunity to learn confidence, integrity, leadership, and teamwork. ★



The River Cats got a taste of the World Series championship on January 7th, 2015, when the Giants Trophy stopped by on their tour. Photo by Ben Barber



By Sal Arrigo Jr.

I am the best singer there is—in the shower, of course! When I belt out the Star Spangled Banner, I have no equal. Does it matter that I do not even remember the words to our national anthem? Not many people know there are four stanzas to the song, so you can be forgiven if you only know the most oft-sung verse.

Francis Scott Key penned the words to our nation's song in 1814 as he witnessed the British bombardment of Fort McHenry in what was known as the Battle of Baltimore. Key was aboard

Oh, Say Can You Sing?

a British vessel with two other Americans under guard for 25 hours. As the battle continued, the British continued to shell the fort. Unbeknownst to the three Americans, the British backed off their attack and retreated. At “the dawn's early light,” as the smoke cleared, Key saw the American flag—not the British Union Jack—flying over the fort. The Americans had held! What Key was looking at was an American flag so big it measured 30 by 42 feet! This flag is now housed at the National Museum of American History.

Inspired by seeing the flag still flying, Key (an amateur poet) started writing his thoughts on an envelope as he proceeded to make his way to Baltimore. He gave a copy of his writing to his brother-in-law, who distributed Key's song under the title, “Defence of Fort McHenry.” The song became very popular and soon after was renamed, “The Star Spangled Banner.” According

to a Library of Congress article, “on July 26, 1889, the Secretary of the Navy designated ‘The Star Spangled Banner’ as the official tune to be played at the raising of the flag, and during Woodrow Wilson's presidency, it was chosen by the White House to be played wherever a national anthem was appropriate.”

It was not until March 3rd, 1931, when President Herbert Hoover signed a congressional act making the “Star Spangled Banner” the official anthem of the United States. Recently, Fort McHenry celebrated the 200th anniversary of Francis Scott Key's famous poem.

Since May 30th, 1949, the United States flag has flown continuously over the site of Francis Scott Key's birthplace at Terra Rubra Farm, Keymar, MD. I am sure the author of our national anthem is proud of American citizens as they sing, “Oh, say can you see...” ★

“DMC to NYC” All Star Campaign

By Ben Barber and Jared Isham

SACRAMENTO REGION, CA (MPG) - Do you want to see DeMarcus Cousins in the NBA All Star Game on Sunday, February 15th? Here's your chance: This year, instead of having a panel of broadcasters and media members deciding the vote, the NBA is bringing it to the fans. In this grassroots support-style campaign, each NBA player is eligible for a vote, and that vote is in your hands.

Between now and January

19th, it's up to you to vote in DeMarcus Cousins. The Kings are calling it “DMC to NYC.” Show him your support by voting him up to the top 60 ranking so he can represent the Kings in the 64th All Star game at Madison Square Gardens.

Here's how you can vote for Cousins: daily votes through NBA.com ballots, daily tweets which must include both DeMarcus Cousins and #NBABallot, daily Facebook status posts that include both DeMarcus Cousins and #NBABallot in your message,

daily Instagram posts that include DeMarcus Cousins and #NBABallot in your description, daily voting via SMS text—text Cousins to 69622, and daily voting through NBA Game Time and NBA Game Time applications.

Starters will be announced on TNT's NBA Tip-Off show on January 22nd, 2015, at 4 p.m. PT. Voting ends on January 19th, 2015. Don't delay; start voting today!

For more information, visit www.Kings.com/ASB. ★

All You Can Eat Crab Feed

February 7th
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You may not realize it, but scavengers searching in bins for aluminum cans, glass bottles, plastic containers and other recyclable materials can cost you money in the long run since the recyclables that Republic Services collects are used to help off-set our service costs!

If you see someone other than City or Republic Services employees taking recyclables from residential carts, REPORT IT by calling the Police Department's non-emergency line at (916) 362-5115.

Be vigilant—your participation helps!

By reporting scavenging, you will help the City to identify patterns and areas where repetitive scavenging is occurring.



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SATURDAY

SATURDAY

SUNDAY

SUNDAY

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6196 Sunrise Blvd, Citrus Heights (behind Sears in the SE parking lot).
Every Saturday 8 am – 1 pm.

Sacramento Midtown Farmers Market
20th St between J and K, Sacramento.
Every Saturday 8 am – 1 pm.

Historic Folsom Farmers Market
915 Sutter St, Folsom (Historic Folsom Public Plaza).
Every Saturday 8 am – 1 pm.

Carmichael Park Farmers Market
5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd).
Every Sunday 9 am – 2 pm.

Land Park Farmers Market
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Bob McGarvey

From the Mayor’s Corner ... So Many New Things

Infirmiry building and you can see through the walls of the section of the building that parallels Bleckely Street. That section of the building and the first 50 apartments are all part of Phase I. Those 50 apartments, which will be permanent housing for Veterans, should be completed this spring. More news as it comes in.

- North Star Rancho Cordova (assisted living and memory care facility) had a ribbon cutting ceremony and is opened for business. Many interested guests and residents were able to attend and take the tour. This kind of a facility has been in need for a long time and we are very glad that it is in Rancho Cordova.

- The Horizons New Rancho, the planned senior apartments on the old Stagger Inn location, are the focus of applications for grant and tax credit funding. With the skills of Reed Flory (the City’s Housing Services Administrator), we are much closer to getting the required finances to actually begin construction. I will update you as soon as we have any information.

- The new stores that have already opened in the old K-Mart shopping center, now called the Rivergate Shopping Center, are great and there are

more coming on line this year. Chick-fil-A and Pieology will open this year. There are only a few empty spaces left for more businesses. The center sure looks different than it did in the past.

There are so many things going on in our city that it is very difficult to keep up with them. It is exciting to see the support and belief that the business community shows in the City of Rancho Cordova.

I will be speaking about the things I mentioned earlier in this column at the Cordova Community Council/Cordova Chamber luncheon on Friday, January 16th, and will cover quite a bit more. It is easy to talk about the new year of 2015 and what we hope to see and do as the days and weeks unfold. Only what we are willing to offer to each other and to our community will show us how well we have done at the end of the year. I am looking forward to what we know is coming and what wonderful things we are able to accomplish and offer to each other that no one expects. Let’s see what heights we can reach during 2015.

From Mayor Bob McGarvey, God bless, and see you next time. ★



By Pam Young

Happy New Year everyone! Was your New Year’s Resolution to get more organized in 2015? Or was it a New Year’s *Hope*?

Over the years, I’ve written essays on being loving and kind to yourself and to help you to fall in love with YOU. I’ve dedicated my writing career to helping you and your quest to have a peaceful, cozy, organized and happy home.

Until I quit *hoping* I could get organized, I faithfully faced each New Year in a bigger mess than the year before, and with a bigger hope that this time I’d do it. That kind of *hope* is **unconscious compromise with doubt**. It’s wishful thinking. It’s like saying, “I’m going to try to get organized this next year.” When you try you lie and when you hope, it’s nope. So how do you quit hoping and trying and just do it?

Baby steps are certainly part of it, but for me I had to get a hold of the right reason to take those baby steps. In my *hoping* days my reasons to get organized were wrong. I was in a very unhappy marriage and I thought if I could get organized he’d finally be happy with me and our marriage would improve. I *tried* and *hoped* my way into overwhelming chaos and misery. It wasn’t until I realized I wanted to get organized so I would have more free time to play that I was able to break free and get out of the mess I’d created.

I got organized in 1977 and in 2002 I met a person who changed my life. Her name is Nelly. She’s my inner child. Even though I met her 15 years after I got organized, obviously she was alive and well behind my desire to have more free time to play. Doesn’t that sound like a child’s motive? My theory is that we all have an inner child and she has a great deal to do with our choices in what we eat, say and do and our motivation to get organized. We all have the ability to be organized if we want to and getting



Make it Fun
and it will get Done!
the secret
to being organized

Pam Young’s Corner

*Are Your New Year’s
Resolutions Just Hope?*

the right reason it crucial.

Here’s some dialogue between Nelly and me that might help you get the right reason to get organized once and for all, starting today.

“Hi Little Girl, how are you doing?”

“Fine.”

“Nelly, I didn’t know you were with me in 1977 and so many people don’t know that they have an inner child, so can you help them?”

“What am I suppose to do? I’m just a kid?”

“I know, but you sure got me to get the right reason to get organized way back in 1977. How’d you do that?”

“Well, I had to just wait ‘til you got excited about gettin’ out of the mess we were in.”

“Excited?”

“Yeah, remember when you read that book by Daryl Hoole the lady with a whole buncha kids who was born organized and she made it look so easy? She called it, *The Art of Homemaking*.”

“Yeah, I forgot about her. She did make it sound easy and fun!”

“Yeah and that’s when I perked up! I liked that feeling you had! It made me happy and so I just thought real very hard and I heard you tell your sister, ‘We need to get organized for a different reason this time, not so Mom’ll get to brag about what a great job she did raisin’ us instead of apologizing to our husbands for the messes we turned out to be. And not so Mr. Cranky Pants is happy and gets nicer. I’m gonna get organized for me this time! I’m gonna have more free time to play!’ (I just sorta slipped that in!)”

“You know once I got the right reason, I had so much energy and I quit caring if I was making Mr. Cranky Pants happy. Hey did you come up with that name or did I?”

“I did! And remember when you started getting organized, he just got crankier and crankier and we got happier and happier.”

It was true! The more organized I got the more free time I had to play with my kids and be creative. Housework went from drudgery to the thrill of playing house! No more hoping and trying, we were having fun.

Mr. Cranky Pants didn’t appreciate my creativity. He wanted me to make extra money being a meat wrapper (good union). Once I had habits and routines that served me I was able to play more and more. If I hadn’t gotten organized I never would have written *Sidetracked Home Executives* or my latest book *The Joy of Being Disorganized*.

Granted, I’m not a brilliant writer and my books don’t come near works such as War and Peace and Gone with the Wind, but every one of us has something good to share with this beautiful world. We are all part of a wonderful life and when we get organized we really get to play in it!

I hope (and this kind of hope is filled with joy) you are looking forward to a fabulous year filled with the fun of being organized. This New Year stands before us beckoning us to fly higher than we ever have before. Let’s christen our new calendars with dates and plans that include our obligations as well as fun, adventure and creativity. Now that’s a good reason to get organized!

For more from Pam Young go to www.cluborganized.com. You’ll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, ways to lose weight and get your finances in order, all from a reformed SLOB’s point of view.

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By Ronnie McBrayer

Zen Buddhists use a descriptive phrase that we who are Christian should adopt as our own. The phrase is “Idiot’s Compassion.” It was first used by Chogyam Trungpa, a provocative and controversial Tibetan who helped bring Buddhism to the West in the 1970s. According to Trungpa, “Idiot’s Compassion” is this intense desire to help someone who is in need, but this benevolent desire blinds the do-gooder from seeing reality.

The classic example of such behavior is the relationship between the addict and the enabler. Suppose an alcoholic friend comes to you in much suffering. Her body is racked by convulsions and tremors. She is financially used up. She is tormented by her disease. She begs you for a drink. You are persuaded to offer her a drink - just one drink - to alleviate her immediate pain. You do this, in your own mind, out of mercy. Yet, this act is far from merciful.

In providing the addict another drink, another high, or another hit, you have actually given her more of the poison that will ultimately take her life. This is not mercy. It is foolish cruelty. It is “Idiot’s Compassion.” The

No Fixing a Fool

Hebrew sages had a word for one who could not be helped. They called such a person a “fool.”

There was a time when a fool was merely an entertainer. Fools were common in the palaces of kings and queens, court jesters who made the monarchy laugh. It was not the most secure job, as the fool could easily be beheaded or disemboweled for a bad joke. Thus, a fool was someone who not only had the job of being laughed at, but over time became anyone idiotic enough to even take such a job.

As the word and its use have evolved over time, a fool is someone who simply “lacks good judgment.” Maybe it is immaturity. Maybe it is ignorance. Maybe it is inexperience or a lack of education. It’s a person not capable of making good choices. The book of Proverbs goes further. In that ancient book of Hebrew wisdom, a fool is described a hundred or so times. The word means “fat,” “heavy,” or “thick.”

It is someone who is immovable, stuck, unyielding, and stubborn. It is the person who refuses to “get it,” who refuses to learn, and refuses to accept correction or critique. This person cannot be taught - not by people and not by his or her circumstances. In the words of Hebrew scholar William Wilson, “The fool has a weak mind but confident expectations,” so it’s damn the torpedoes, full speed ahead, and nothing you say or do will make a bit of difference with such a person.

If you don’t believe me, go into business with a fool, marry a fool, move in with a fool, work for a fool, hire a fool, and you will discover it to be one of the most maddening experiences of your life. The better part of wisdom is to keep some distance, for a fool is as dangerous and toxic as poison, and will suck you into a never-ending death dance.

Now, I know this can be hard wisdom to accept, especially for those of us who are engineered to “help” others. We want to solve their problems, be a listening friend, or offer a little support while they are down on their luck. In most cases, this is gracious and appropriate intervention, but when it comes to the fool, there is no fixing them. You might as well try to rescue a drowning man who is still fighting the water. Both the savior and saved will drown in the struggle.

No, I’m not advocating a lack of compassion for those who need some help along life’s way. I’m only calling attention to the fact that, in the words of the old Greek proverb, “Talking sense to a fool only makes you foolish.” For once you are tangled up with one who refuses to learn or listen, he has a way of making you look and behave like an idiot as well.

Ronnie McBrayer is a syndicated columnist, pastor, and author. His newest book is “The Gospel According to Waffle House.” You can read more at www.ronniemcbrayer.me. ★



Dare to Live Without Limits

Stop Worrying



by Bryan Golden

Worrying is often an automatic response when you are facing problems, dilemmas, or uncertainty. Constant worrying creates physical and mental problems without providing any benefits. Worrying is like being in a rocking chair. It’s a lot of activity that doesn’t get you anywhere. Since worrying doesn’t accomplish anything, why do it?

Worry, if not an innate emotion is certainly a learned habit. Since you grow up watching everyone around you worrying, you worry also. Letting go of worry is doable. Constant vigilance is required to break this detrimental habit. Once you stop worrying, you will feel a great relief and become much calmer and relaxed. Additionally, as you reduce your worry, you will find you are able to more readily take positive action and attract desirable circumstances

People worry about both the past and the future. You may find yourself worrying about what you could of, should of, or would have done in the past. Thoughts of “If only I had done ...” bogs you down in an endless worry cycle. There’s absolutely nothing you can do about events that have transpired. The clock can’t be turned back. All you can do is learn from your mistakes. Worrying about the past is inane.

You will also worry about what might happen in the future. You will conjure up virtually all variations of what ifs. Your worries might even include

circumstances completely beyond your control, such as the weather. Worrying about the future creates mental monsters about everything that might possibly go wrong.

Worrying serves no purpose. There are absolutely no positive aspects of worrying. Since worry is a learned habit, you can also learn to vanquish worry. The less you worry, the better you will feel. Action defeats worry, inaction feeds it.

There is a difference between worry and analysis. Worry is passive. Analysis enables you to evaluate various options in preparation for taking action. Effective analysis can be accomplished by answering the following four questions.

1) What is the problem, dilemma, issue, or obstacle you are facing? This identification is essential if you are going to formulate a plan to deal with it. It’s helpful to take a step back away from your situation in order to answer this question. The more objective you can be, the better.

2) What is the cause of the problem? Until you understand the cause, all you are dealing with are symptoms. Addressing only symptoms ignores the problem and yields temporary relief at best.

The actual cause of a problem can be elusive. It may take several attempts to uncover it.

3) What are all possible solutions? If the cause of the problem is out of your control (such as the weather), all you

can do is compile a list of strategies to deal with it. When you do have control or influence over the source of the problem, develop a list of all options for handling it. Don’t evaluate any of the choices. Formulate as many as you can.

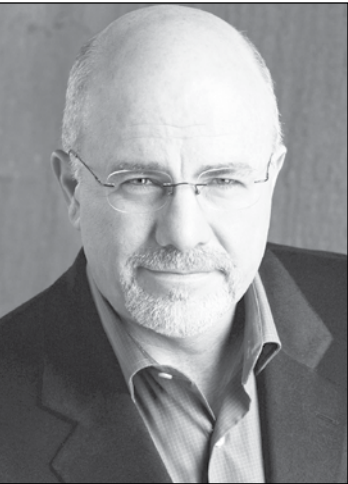
4) What is the best solution? Weigh all of the facts, evaluate all options, make the best decision possible, and then take action. This is all you can do. Being proactive is one of the most effective ways of combating worry.

Utilize this approach whenever you catch yourself worrying. The serenity poem is worth repeating regularly:

“Grant me the serenity to accept the things I cannot change; the courage to change the things I can; and the wisdom to know the difference.”

By using this strategy to eliminate most, or hopefully all of your worries, you will experience more tranquility than you are used to. Start with minor worries and work your way up to the major ones. Keep at it until it becomes your new automatic response.

NOW AVAILABLE: “Dare to Live Without Limits,” the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2009 Bryan Golden. ★



Dave Says

got some cash, and you bump into somebody, it’s a really good thing to have that extra umbrella insurance policy in liability situations!

- Dave

Drop the Arrogance

Dear Dave,

My son is in his thirties and has been married for seven years to a girl from a wealthy family. Her parents provided them with a lot of financial support over the years, but now they’re getting divorced and he has come to us for the money to make this happen. On top of all this, when we ask him why he doesn’t have the money he tells us it’s none of our business. We don’t like his attitude, but we’re not sure what to do.

- Dee

Dear Dee,

This is a grown man we’re talking about, and if he’s going to take on the lifestyle and actions of a grown-up he needs to act like one and take care of his responsibilities. I understand he’s your son, and he’s hurting

right now. Still, it takes a ton of arrogance to beg money from someone and tell them the reason they don’t have it is not their business.

If he seriously wants to get into some financial counseling and start becoming accountable for his money — to himself *and* to you — then you might consider helping him out financially. But at this point, you’re giving a drunk a drink if you just hand him money because he wants it.

Anyone can make a mistake, Dee. But it’s not your job to fund his irresponsible behavior *or* his arrogance!

- Dave

* Dave Ramsey is America’s trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The *Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★

Don’t Drop the Coverage

Dear Dave,

I follow you on Twitter, and I was wondering if you recommend buying an umbrella policy. If so, how much?

-Dean

Dear Dean,

If you’ve started to win with money and build some wealth, an umbrella policy is some of the cheapest insurance you can buy. It’s just about the biggest bang for your buck.

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**Savvy
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Getting Around When You No Longer Drive

Dear Savvy Senior,

Where can I find out about alternative transportation options for my elderly mother? She needs to give up driving, but before she does, we need to figure out how she'll get around. - Searching Daughter

Dear Searching,

Alternative transportation services vary widely by community, so what's available to your mom will depend on where she lives. Here's what you should know.

Transportation Options

For starters it's important to know that while most urban areas offer seniors a variety of transportation services, the options may be few to none for those living in the suburbs, small towns and rural areas. Alternative transportation is an essential link in helping seniors who no longer drive get to their doctor's appointments, stores, social activities and more.

Depending on where your mom lives, here's a rundown of possible solutions that can help her get around, along with some resources to help you locate them.

Family and friends: This is by far the most often used and favorite option among seniors. So make a list of all possible candidates your mom can call on, along with their availability and contact information.

Local transportation programs: These are usually sponsored by nonprofit organizations that serve seniors. These services may charge a nominal fee or accept donations and often

operate with the help of volunteer drivers.

Also check out the Independent Transportation Network (itna-america.org), which is a national nonprofit that has 27 affiliate transportation programs in 23 states. With this program, seniors pay membership dues and fees based on mileage. And, most programs will let your mom donate her car in return for credits toward future rides.

Demand response services: Often referred to as "dial-a-ride" or "elderly and disabled transportation service," these are typically government-funded programs that provide door-to-door transportation services by appointment and usually charge a small fee or donation on a per ride basis. Many use vans and offer accessible services for riders with special needs.

Taxi or car service: These private services offer flexible scheduling but can be expensive, however, they're cheaper than owning a car. Some taxi/car services may be willing to set up accounts that allow other family members to pay for services and some may offer senior discounts. Be sure to ask.

Another option to look into is ride-sharing services, which connects people with cars, with people who need rides. Uber (uber.com), Lyft (lyft.com) and Sidecar (sidecar.com) are three of the largest companies offering services in dozens of cities across the U.S.

Private program services: Some hospitals, health clinics,

senior centers, adult day centers, malls or other businesses may offer transportation for program participants or customers. And some nonmedical home-care agencies that bill themselves as providing companionship and running errands or doing chores may also provide transportation.

Mass transit: Public transportation (buses, trains, subways, etc.) where available, can also be an affordable option and may offer senior reduced rates.

Hire someone: If your mom lives in an area where there are limited or no transportation services available, another option to consider is to pay someone in the community to drive her. Consider hiring a neighbor, retiree, high school or college student that has a flexible schedule and wouldn't mind making a few extra bucks.

Where to Look

To find out what transportation services are available in your mom's community, contact the Rides in Sight national toll-free call center at 855-607-4337 (or see ridesinsight.org), and the Eldercare Locator (800-677-1116), which will direct you to her area agency on aging for assistance.

Also contact local senior centers, places of worship and retirement communities for other possible options. And check with her state department of transportation at www.fhwa.dot.gov/webstate.htm, and the American Public Transportation Association at publictransportation.org. ★

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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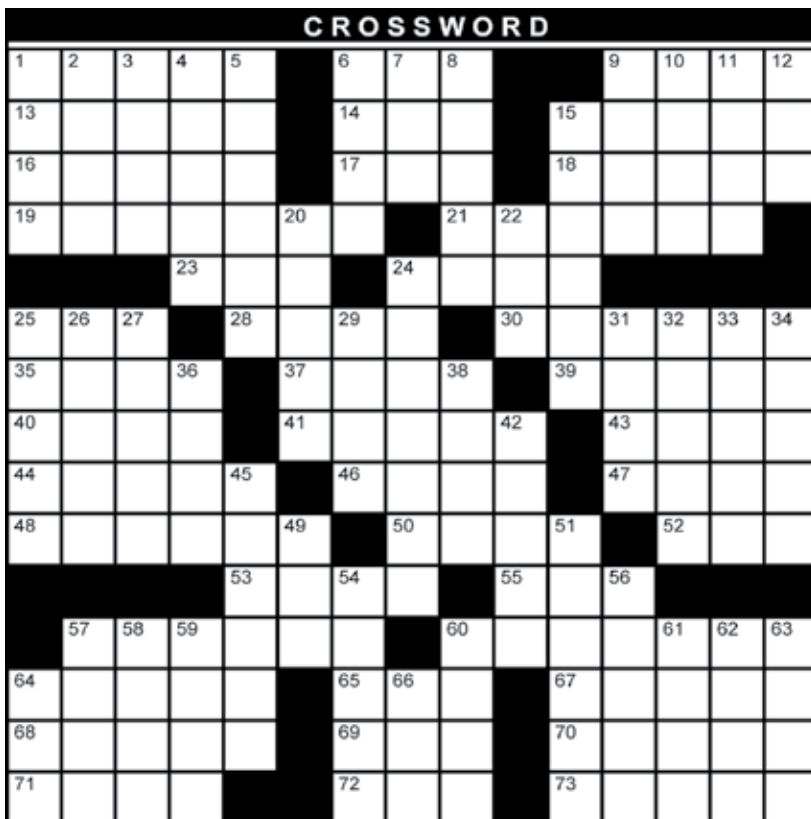
CLUES

ACROSS

1. A minority people of New Zealand
6. Dr. Frankenstein's workplace
9. ** "Enchanted Evening"
13. Straight ____, e.g.
14. __ king
15. *Exclamatory song from the Buddy Holly Musical
16. Narcotics agent
17. Under the weather
18. Hal-9000's chess opponent
19. *Fantine: "I ____ a dream in time gone by..."
21. Type of canned tomato
23. __ talk of encouragement
24. ** "Who's Got The ____?" from "Damned Yankees"
25. Pick up, as in a criminal
28. Hit song by Katy Perry
30. *Desirée: "Quick, send in the ____"
35. Footnote word
37. Horsetly
39. Search helper
40. Mongolian desert
41. Greek ruler of the underworld
43. Ripped
44. Edward Teller's creation
46. Iranian coin
47. *Song title from "Beauty and the Beast" and "The Wiz"
48. Conical dwellings
50. Gunk
52. Pavlova's step
53. Dirty money
55. Singer-songwriter Stewart
57. *Peggy Sawyer: "...I am taking you to forty-____ street."
60. Like a light and confident step
64. Hammerin' Hank
65. "____ la la!"
67. Food safety threat
68. Summer romance, e.g.
69. Genetic info carrier
70. Clean a spill
71. Change for a twenty
72. Make a seam
73. Agenda entries

DOWN

1. Fix, especially by sewing
2. Month of Purim
3. Fictional giant
4. Summary
5. Chemical compound
6. "Best ____ plans"
7. ** "____ That Jazz" from "Chicago"
8. Model-building wood
9. ** "There's no business like ____ business..."
10. Symphony member
11. Dehumidifier's foe
12. Needle hole
15. In an open way
20. Historical period
22. Clinical twitching
24. What meteorologists do
25. *Phantom: "Help me make the music of the ____"
26. PDF reader
27. Jazz style
29. Winglike
31. Often taken with help of a bible
32. Celebrate or "____ it up!"
33. Marilyn Monroe's original name
34. Sound units
36. Play charades
38. Toothy wheel
42. Impolite dinner sound
45. Be in the right place
49. Duke of Cambridge to Prince of Wales, e.g.
51. "Solfège-sounding "Sound of Music" song
54. Emitted from frankincense or myrrh, pl.
56. Monocot's alternative
57. *Cole Porter's "Love for ____"
58. Julia Roberts' character Brockovich
59. Flipside of pros
60. Playwright George Bernard
61. Uh-uh
62. Dour
63. Puppy sounds
64. Away from the bow
66. ** ____ singular sensation..."



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Sudoku Puzzle on Page 8

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8	3	7	1	4	5	6	2	9
5	2	9	8	6	3	7	1	4
2	6	5	7	9	8	4	3	1
3	9	1	5	2	4	8	6	7
7	4	8	6	3	1	2	9	5
9	8	2	3	1	7	5	4	6
1	5	3	4	8	6	9	7	2
6	7	4	2	5	9	1	8	3

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Bristol Hospice is looking for volunteers to provide companionship with our hospice patients and families. We provide the training and match you with a family in your area. Please call volunteer services for more information at (916) 782-5511. (MPG 12-31-13)

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$25 PER BOX! We buy One Touch and most brands. For FAST LOCAL PICK-UP please call (916) 505-4673 (MPG 06-30-14)



Retired Carmichael native looking for a 1950s or 60s Porsche for restoration project. Not running OK. I'm not a dealer or reseller. I sold my '63 years ago and always regretted it. Honest and friendly. 916-803-0480 Jack. (MPG 06-30-14)

CASH FOR DIABETIC TEST STRIPS!! Don't throw boxes away - Help others. Unopened / Unexpired boxes only. All Brands Considered. Call Anytime! 24hrs/ 7days (888) 491-1168 (Cal-SCAN)

Work Wanted

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References. College grad. Tim 503-460-7149. (MPG 08-31-14)

Yoga

Restorative Yoga. 1st Class Free. The Cabin. Citrus Heights. Call for Louise. (916) 729-0103 (MPG 05-08-14)

HELP WANTED

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Looking to fill a Position for a Notary/ Customer Service Rep. and Part Time Graphic Designer/Service Rep.

Please inquire for positions at the store location with resume.

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LOST AND FOUND

Old Family photo album found at a Regional Transit Bus Stop in the vicinity of Orangevale.

Please call 916-483-2299, ask for Lynne, to identify it.

SWORDS FOR SALE

6 Spanish Swords labeled "Toledo" purchased in Spain

4 large 2 small Engraved \$150

Call 785-375-3467

HOME FOR SALE



12342 Little Dome Way, Rancho Cordova, CA 95742

12342 Little Dome Way, Rancho Cordova, CA 95742. 3bed/2bath, 1983sf, built 2011. \$330K. Sam Munoz, DRE# 01741693. Delano Real Estate (661)-709-0921. (MPG 10-31-14)

HELP NEEDED AT HOME

REQUIRED Handyman - Jack of All Trades, Live-in Caretaker.

Small furnished Studio in Colfax area. Call 530-637-4022 (MPG 10-31-14)

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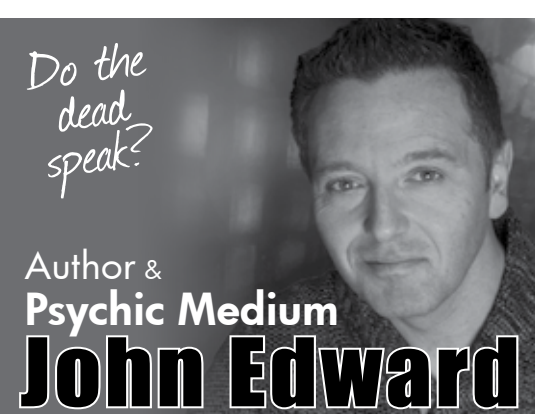
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MARY-KAY

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Crossword Puzzle on Page 8

M	A	O	R	I	L	A	B	S	O	M	E			
E	D	G	E	S	A	L	A	O	H	B	O	Y		
N	A	R	C	O	I	L	L	P	O	O	L	E		
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T	E	P	E	E	S									

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09474. Alexander and Amy Angel Whedbee, 1475 Woodridge Oak Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Coralicious Frags" at 1475 Woodridge Oak Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on December 5, 2014. Publish: December 25, 2014, January 2, 9 and 16, 2015

CORALICIOUS 141216 1-16-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08980. James R. Tuck Ewt, Inc., 3186 South Parkway Drive, Fresno, CA 93725 is doing business under the Fictitious Business Name(s) "Toy Hauler Liquidators" at 1301 El Camino Avenue, Suite B, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 25, 2014, January 2, 9 and 16, 2015

TOYHAULER 141216 1-16-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09471. Lidini Company, 3337 Sunrise Boulevard #8, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sunsystem Technology" at 4095 Bridge Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on December 5, 2014. Publish: December 25, 2014, January 2, 9 and 16, 2015

SUNSYSTEM 141218 1-16-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09181. Darrelyn LaVerne Casey, 10813 Alandale Way, Rancho Cordova, CA 95670 and Lori Lou Baldwin, 5530 Fleetwood Drive, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Thither" at 10813 Alandale Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on November 20, 2014. Publish: December 25, 2014, January 2, 9 and 16, 2015

THITHER 141218 1-16-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09845. Kathy Q. Tran, 209 Cafaro Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Best Furniture & Mattress" at 6801 Stockton Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on December 22, 2014. Publish: January 9, 16, 23 and 30, 2015

BESTFURN 141222 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09708. Ronnie Bryant, Sr., 8305 Rambleton Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "RB Discounts" at 8305 Rambleton Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on December 15, 2014. Publish: January 9, 16, 23 and 30, 2015

FBDISC 141224 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09303. Ralph Allen Dean, 2741 Tiffany West Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Skin of Saints Music" at 2741 Tiffany West Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on November 25, 2014. Publish: January 9, 16, 23 and 30, 2015

SKIN 141222 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09830. Tom's Rapid Retrieval & Delivery, Inc., 4900 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Orangevale Florist" at 9346 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on December 19, 2014. Publish: January 9, 16, 23 and 30, 2015

ORANGEVALE 141223 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09857. Mikaloh Livikovs and Linda Deos, 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Consumers First Attorneys, LLP" at 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County on December 22, 2014. Publish: January 9, 16, 23 and 30, 2015

CONSUMERS 141223 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09516. Richard Faulk, 2325 25th Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Above and Below the h20, Faulk Enterprise" at 2325 25th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on December 8, 2014. Publish: January 9, 16, 23 and 30, 2015

FAULK 150102 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00002. Chris Medeiros, 5554 Ridgepoint Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Home Healthy Products" at 5554 Ridgepoint Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County on January 2, 2015. Publish: January 9, 16, 23 and 30, 2015

HOME 150102 1-30-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09730. Quick's Glass Service, Inc., 4701 Florin Road, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Sacramento Autoglass & Mirror" at 4701 Florin Road, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on December 16, 2014. Publish: January 16, 23, 30 and February 6, 2015

SACAUTOGLASS 150106 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00122. Applied Wireless Consulting, 4205 New York Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Applied Asset Management" at 4205 New York Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: January 16, 23, 30 and February 6, 2015

APPLIED 150106 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09513. Andrew Tristen Hoffman, 9108 Groco Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Endless Tattoo Club" at 7254 Stockton Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on December 8, 2014. Publish: January 16, 23, 30 and February 6, 2015

ENDLESS 150106 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00115. Lakeshia Brown, 6600 Branchwater Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Love the Feeling Wedding & Event Planning" at 6600 Branchwater Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on January 6, 2015. Publish: January 16, 23, 30 and February 6, 2015

LOVE 150107 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00172. Elvin Lee McCray, 3000 Starfire Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Sacramento Really Group, Sac Rlty Grp" at 3000 Starfire Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on January 7, 2015. Publish: January 16, 23, 30 and February 6, 2015

SACRLTYGRP 150107 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00057. Imadullah Ahmadi, 2760 Corabel Lane, Apt. 30, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Nangarhar Export" at 2760 Corabel Lane, Apt. 30, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on January 5, 2015. Publish: January 16, 23, 30 and February 6, 2015

NANGARHAR 150107 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09935. Leslie Terrell, 9929 Nebula Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Fellowship & Truth Ministries" at 9929 Nebula Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on December 26, 2014. Publish: January 16, 23, 30 and February 6, 2015

FELLOWSHIP 150108 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09735. Kirsten Locke, 4701 Courtland Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "[Un]Locked Yoga" at 4701 Courtland Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on December 16, 2014. Publish: January 16, 23, 30 and February 6, 2015

UNLOCKED 150112 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00270. Royce Fautt, 8000 Sierra Street, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "RF Company" at 8000 Sierra Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on January 9, 2015. Publish: January 16, 23, 30 and February 6, 2015

RFCOMPANY 150109 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00272. Zach T. Olsen, 8277 Northwind Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Z.A." at 8277 Northwind Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on January 9, 2015. Publish: January 16, 23, 30 and February 6, 2015

ZA 150109 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09906. Michael Mello, Jr., 5185 Cabot Circle, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Green Valley Landscape Services" at 8440 Belvedere Avenue, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on December 23, 2014. Publish: January 16, 23, 30 and February 6, 2015

GREEN 150109 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-00271. Robert G. Warner, 8000 Sierra Street, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "W.E. Transportation Co." at 8000 Sierra Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on January 9, 2015. Publish: January 16, 23, 30 and February 6, 2015

WETRANS 150109 2-6-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09941. Demetrius Boyd, 3904 Arden Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Arden Park Fitness" at 3904 Arden Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on December 29, 2014. Publish: January 16, 23, 30 and February 6, 2015

ARDENPARK 150112 2-6-15

ORDER TO SHOW CAUSE
CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172628

WHEREAS, Maninder Singh Khalsa has filed a petition with this court for a decree changing the name(s) of Maninder Singh Khalsa to Maninder Khalsa.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 20, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014

Raymond M. Cadei, Judge of the Superior Court
Publish: December 25, 2014, January 2, 9 and 16, 2015

141213 1-16-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00171142

WHEREAS, Jory Orion Copsey Horrell has filed a petition with this court for a decree changing the name(s) of Jory Orion Copsey Horrell to Sapphira Rose Victoria Antoinette-Rothschild. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 28, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 5, 2014

David I. Brown, Judge of the Superior Court
Publish: December 25, 2014, January 2, 9 and 16, 2015

141214 1-16-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172386

WHEREAS, Rosa Linda Torres Ochoa has filed a petition with this court for a decree changing the name(s) of Rosa Linda Torres Ochoa to Rosalinda Arreola.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 19, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 3, 2014

Raymond M. Cadei, Judge of the Superior Court
Publish: December 25, 2014, January 2, 9 and 16, 2015

141216 1-16-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00173221

WHEREAS, Jorge Alberto Moran Aguirre and Rosalva Vargas Moya have filed a petition with this court for a decree changing the name(s) of Madeline Moran Vargas to Madeline Moran Vargas.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 4, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 24, 2014

David I. Brown, Judge of the Superior Court
Publish: January 9, 16, 23 and 30, 2015

141224 1-30-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00173235

WHEREAS, Ngoc Thi Le has filed a petition with this court for a decree changing the name(s) of Ngoc Thi Le to Jacqueline Thi Jones.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 4, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 24, 2014

Raymond M. Cadei, Judge of the Superior Court
Publish: January 9, 16, 23 and 30, 2015

141224 1-30-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00173269

WHEREAS, FNU Zabihullah has filed a petition with this court for a decree changing the name(s) of FNU Zabihullah to Zabihullah Qazizada.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 6, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 24, 2014

David I. Brown, Judge of the Superior Court
Publish: January 9, 16, 23 and 30, 2015

141230 1-30-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00173267

WHEREAS, Zahra Firoozi has filed a petition with this court for a decree changing the name(s) of Zahra Firoozi to Goli Javan-Javidan.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 6, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 24, 2014

David I. Brown, Judge of the Superior Court
Publish: January 9, 16, 23 and 30, 2015

150102 1-30-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00173609

WHEREAS, JoAnn Milligan-Link has filed a petition with this court for a decree changing the name(s) of JoAnn Milligan-Link to JoAnn Milligan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 10, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 7, 2015

David I. Brown, Judge of the Superior Court
Publish: January 16, 23, 30 and February 6, 2015

150107 2-6-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172662

WHEREAS, Jennifer Hagar has filed a petition with this court for a decree changing the name(s) of Claire Pamela Benham to Claire Pamela Hagar, Jayden Steven Benham to Jayden Steven Hagar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 26, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014

Raymond M. Cadei, Judge of the Superior Court
Publish: January 16, 23, 30 and February 6, 2015

150107 2-6-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00173652

WHEREAS, Elizabeth Ann Munoz Obon-Bonilla has filed a petition with this court for a decree changing the name(s) of Elizabeth Ann Munoz Obon-Bonilla to Elizabeth Ann Obon Bonilla.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 11, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 7, 2015

Raymond M. Cadei, Judge of the Superior Court
Publish: January 16, 23, 30 and February 6, 2015

150108 2-6-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00173641

WHEREAS, Mildred Jones has filed a petition with this court for a decree changing the name(s) of Dania Taryah Davis to Nia Taryah Cook.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 7, 2015

Raymond M. Cadei, Judge of the Superior Court
Publish: January 16, 23, 30 and February 6, 2015

150108 2-6-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2015-00173600

WHEREAS, Heather S. Mayer, attorney for Petitioner, Julie Beth Flynn-Shepherd, has filed a petition with this court for a decree changing the name(s) of Julie Beth Flynn-Shepherd to Julie Beth Frawley.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 9, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 5, 2015

Raymond M. Cadei, Judge of the Superior Court
Publish: January 16, 23, 30 and February 6, 2015

150112 2-6-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172392

WHEREAS, Lue Thao has filed a petition with this court for a decree changing the name(s) of R'majae Lamar Bernstine to R'majae Lamar Holland.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 19, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 3, 2014

Raymond M. Cadei, Judge of the Superior Court
Publish: January 16, 23, 30 and February 6, 2015

150112 2-6-15

SUMMONS

SUMMONS (CITACION JUDICIAL)
CASE NUMBER: (NUMERO DEL CASO):
34-2013-00143494

NOTICE TO DEFENDANT:
(AVISO AL DEMANDADO):
Jennifer Lynn Gay-Mozingo and DOES 1 to 100; YOU ARE BEING SUED BY PLAINTIFF:
(LO ESTA DEMANDANDO EL DEMANDANTE):
Gnuni Grigorian and Marina Epova

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no

responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le de un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO. Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso. CASE NUMBER: (NUMERO DEL CASO): 34-2013-00143494

The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF SACRAMENTO Superior 720 Ninth Street, Sacramento, CA 95814 The name, address, and telephone number of plaintiff's attorney, plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o demandante que no tiene abogado, es): Michael R. Kelly (Bar# 176085) Law Office of Miner & Kelly, LLP, 813 F Street, First Floor, Sacramento, CA 95814 Telephone: (916)325-9010 Facsimile: (916)325-9014 Date: May 14, 2013 Clerk, By E. Medina, Deputy Published: January 9, 16, 23 and 30, 2015. KELLY 150102 1-30-15

ORDER AFTER EX PARTE APPLICATION
FOR PUBLICATION OF SUMMONS

ORDER AFTER EX PARTE APPLICATION FOR PUBLICATION OF SUMMONS CASE NO. 34-2013-00143494 Loyal A. Miner, Esq. (SBN 176134) Mike R. Kelly, Esq. (SBN 176085) LAW OFFICE OF MINER & KELLY, LLP 813 F Street, First Floor, Sacramento, CA 95814 Sacramento, California 95814 Telephone: (916)325-9010 Facsimile: (916)325-9014 Attorney for Claimant GNUNI GRIGORYAN & MARINA EPOVA SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO GNUNI GRIGORYAN & MARINA EPOVA, Plaintiffs, V. JENNIFER LYNN GAY-MOZINGO, and DOES 1-100, Defendants.

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TRUSTEE SALES

T.S. No.: 2014-03732-CA Loan No.: 7130811784 A.P.N.:057-0272-011-0000
NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/18/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Jaime Villareal Duly Appointed Trustee: Western Progressive, LLC Recorded 07/26/2005 as Instrument No. --- in book 20050726, page 0596 and of Official Records in the office of the Recorder of Sacramento County, California, Date of Sale: 02/02/2015 at 10:00 AM Place of Sale: AT THE EAST MAIN ENTRANCE TO THE COUNTY COURTHOUSE 720 9TH STREET, SACRAMENTO, CA Estimated amount of unpaid balance and other charges: \$454,573.45 WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. More fully described in said Deed of Trust Street Address or other common designation of real property: 10540 Coloma Road, Rancho Cordova, CA 95670 A.P.N.: 057-0272-011-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$454,573.45. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-627555-AB . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-627555-AB IDSPub #0075515 1/9/2015, 1/16/2015, 1/23/2015 QLS#0075515 141229 1/23/15

T.S. No.: 9448-4254 TSG Order No.: 1602057 A.P.N.: 076-0083-005-0000
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/19/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC,

SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): WAYNE HUSTON Recorded: 9/25/2006 as Instrument No. xxx in Book 20060925 Page 1460 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 2/9/2015 at 9:00 AM Place of Sale: At the East Main Entrance of the Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$300,551.26 The purported property address is: 10304 DOYLE WAY, RANCHO CORDOVA, CA 95670 Assessor's Parcel No.: 076-0093-002-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-627555-AB . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-627555-AB IDSPub #0075515 1/9/2015, 1/16/2015, 1/23/2015 QLS#0075515 141229 1/23/15

as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 03/30/2007 as Book No.: 20070330, Page No.: 0682, of Official Records in the office of the Recorder of Sacramento County, California, executed by: ULF JONAS EKEROTH, A SINGLE MAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 02/09/2015 at 02:00 PM Sale Location: At the main entrance to the County Courthouse, 720 9th Street, Sacramento, CA. The street address and other common designation, if any, of the real property described above is purported to be: 2336 MORAIN E CIRCLE, RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$184,195.79 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9448-4254. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. NBS Default Services, LLC, Nicole Rodriguez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only.NPPO240084 To: GRAPEVINE INDEPENDENT 01/16/2015, 01/23/2015, 01/30/2015 NPP#0240084 141231 1-30-15

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 120408 Title No. 95509488 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/31/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/05/2015 at 9:30 AM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 11/06/2006, as Instrument No. xx, in book 20061106, page 0389, of Official Records in the office of the County Recorder of Sacramento County, State of California, executed by Arthur Grijalva and Martina Grijalva, Husband and Wife, WILL SELL AT

PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States), At the East Main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: THE LAND REFERRED TO HEREIN BELOW IS SITUATED IN THE COUNTY OF SACRAMENTO, STATE OF CALIFORNIA, AND IS DESCRIBED AS FOLLOWS: LOT 230 AS SHOWN ON THE "PLAT OF BRIARWOOD COLOMA UNIT NO. 6", RECORDED AUGUST 30, 1977 IN BOOK 115 OF MAPS, MAP NO. 4, RECORDS OF SAID COUNTY. APN 058-0490-028-0000 The street address and other common designation, if any, of the real property described above is purported to be: 2305 Bridlewood Drive, Rancho Cordova, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$135,569.65 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 1/15/2015 THE MORTGAGE LAW FIRM, PLC Adriana Rivas/ Authorized Signature FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC. is attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 for information regarding the trustee's sale or visit this Internet Web site - www.servicelinkASAP.com - for information regarding the sale of this property, using the file number assigned to this case: 120408. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. A-FN4504428 01/16/2015, 1/23/2015, 1/30/2015 ASAP#4504428 150106 1-30-15

1/23/2015, 01/30/2015 NOTICE OF TRUSTEE'S SALE TS No. CA-14-637700-HL Order No.: 140188350-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/24/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated

to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): GLORIA F POGUE A WIDOW Recorded: 5/31/2007 as Instrument No. xxx in Book 20070531 Page 0796 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 2/6/2015 at 1:30:00 PM Place of Sale: At the main entrance to the County Courthouse, 720 9th St., Sacramento, CA 95814 Amount of unpaid balance and other charges: \$182,719.18 The purported property address is: 2956 GWENDOLYN WAY, RANCHO CORDOVA, CA 95670 Assessor's Parcel No.: 072-0363-029-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-14-637700-HL . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-637700-HL IDSPub #0075871 1/16/2015, 1/23/2015, 1/30/2015 QLS#0075871 150107 1-30-15

File No. - 13-13031 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER THE TRINITY WOODS HOMEOWNERS ASSOCIATION (ASSOCIATION) COVENANTS, CONDITIONS AND RESTRICTIONS AND A NOTICE OF DELINQUENT ASSESSMENT (LIEN)

DATED 12-18-2013. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02-06-2015 at 1:30 P.M., at AT THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE 720 9TH ST. SACRAMENTO, CA, ALLIED TRUSTEE SERVICES (Trustee) 990 Reserve Drive #208, Roseville, CA 95678, (877) 282-4991 under and pursuant to Lien, recorded 12-20-2013 as Instrument - - Book 20131220 Page 0262 of Official Records in the Office of the Recorder of SACRAMENTO County, CA WILL CAUSE TO BE SOLD AT PUBLIC AUCTION to the highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale) the property owned by: MOHAMMAD ALMAMUN, situated in said County, describing the land therein: A.P.N.: 056-0430-011-0033 The street address and other common designation, if any, of the real property described above is purported to be: 11150 TRINITY RIVER DRIVE #81 GOLD RIVER, CA 95670 AKA RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the sums due under the Lien. The estimated total unpaid balance at the time of the initial publication of this Notice of Trustee's Sale is \$8,661.42. THE PROPERTY WILL BE SOLD SUBJECT TO THE 90-DAY POST-SALE RIGHT OF REDEMPTION AS SET FORTH IN CALIFORNIA CIVIL CODE SECTION 5915(B). Association heretofore executed and delivered to the undersigned a written Declaration of Default. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the Association, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965, or visit this Internet Web site www.priorityposting.com for information, using the file number assigned to this case: 13-13031. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. DATE: December 22, 2014 ALLIED TRUSTEE SERVICES, Trustee SARAH PERCOX, Authorized Signature P1127098 1/16, 1/23, 01/30/2015 PPP#1127098 150112 1-30-15

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Carmichael Times & RC Independent

INVITATION TO BID
CITY OF RANCHO CORDOVA
KILGORE CEMETERY PHASE
III PROJECT



Sealed Bids will be received at the office of the City Clerk, City of Rancho Cordova, 2729 Prospect Park Drive, Rancho Cordova, CA 95670, up to the hour of 10:00 A.M. on Thursday, January 21, 2015 and will be publicly opened and read for performing the work on the Kilgore Cemetery Phase III Project.

GENERAL DESCRIPTION: The work to be performed under this contract consists of furnishing all labor, materials, and equipment for the installation of burial vaults and site improvements as noted on improvement plans and other incidental work. This project will be a lump sum bid process.

The nature of this project dictates that the limits of pavement patching, and storm drainage improvements may vary from the Plans, as directed by the Engineer. The Contractor shall coordinate with the Engineer throughout the project to accommodate any adjustments, as deemed necessary by the Engineer.

Copies of the Contract Documents, including Bid Proposal Forms are available for free download online at: <http://CIPLIST.COM>

Contact Britton Snipes for more
information (916) 851-8905
bsnipes@cityofranchocordova.org

Published in the Grapevine Independent on January 9 and 16, 2014

Rancho Cordova Hires Community Development Director

RANCHO CORDOVA, CA (MPG)

- Aaron Busch is the new Community Development Director for the City of Rancho Cordova. The position was created to provide innovative development, collaboration on growing strong neighborhoods, and a variety of housing options within the City.

“The formation of the Community Development Department is essential for us to continue to develop as a city and major regional hub for business and housing,” said City Manager Brian Nakamura. “Aaron has the experience and expertise to lay a strong support foundation for future growth through implementation of the City’s General Plan and Housing Element.”

Busch has taken on planning, zoning, and housing responsibilities. In the past, a contract planning director oversaw planning services for the City. Busch will also work closely with the City’s Public Works and Economic Development Departments and with Building and Safety and Neighborhood



Aaron Busch is Rancho Cordova’s first Community Development Director.

Services Divisions to coordinate and facilitate efficient and responsive services to residents.

Busch comes to Rancho Cordova from Yuba City where he was Director of Community Development since 2006. Before that, he was Project Processing Manager and Associate Planner for the City of Roseville. Busch related that one of his favorite

achievements at Yuba City was the creation of an ongoing neighborhood revitalization strategy that was aimed at assisting established neighborhoods to redevelop and thrive within the community. “For the past five years, one of the main highlights of that strategy was an annual Helping Hands event that utilized federal funds and 150+ volunteers to clean up one to two city blocks,” Busch said.

Busch has a B.A. degree in Geography, Urban Planning with a minor in Public Administration from California State University, Fresno. He and his wife, Monicqua, have two children: Sarah, who is studying to be a wildlife veterinarian, and Ryan, who is a high school senior.

“I look forward to streamlining the development process and helping create even stronger neighborhoods through key partnerships within and outside of the organization,” Busch said. “Just one week into the job, I can already tell that Rancho Cordova has a lot going on, making this a great community.”

Spay It Forward 2015 Campaign

Animal Spay and Neuter Offers Free Cat Spays and Neuters

SACRAMENTO COUNTY, CA (MPG)

- Animal Spay and Neuter, a non-profit clinic, is partnering with Sacramento animal care agencies and rescue groups to provide FREE cat spays and neuters through March 2015 or until funding runs out for this program.

This program is for all cats, owned or homeless, tame or feral, that reside anywhere in the incorporated and unincorporated areas of Sacramento County.

Surgery is by appointment

only. Call to make your appointment as the schedule will fill up quickly.

This free service is being offered at two locations. The Sacramento location is at 3839 Bradshaw Road; call them at (916) 368-7314. The Auburn location is at 3524 KOA Way; call them at (530) 889-8800.

All Donations toward the Spay and Neuter are welcome to keep the fund alive.

Source: City of Rancho Cordova

CDPH Announces First Influenza Death of the Season

SACRAMENTO REGION, CA (MPG)

- Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer, announced the first confirmed influenza death of a person under the age of 65 reported for the 2014-2015 season. This fatality of an adult resident of Southern California is a somber reminder that influenza can be a serious and often deadly disease. Influenza activity remains at a regional level in California.

“Flu activity is beginning to increase statewide, including reports of hospitalizations and severe disease,” said Dr. Chapman. “We are early on in what could be a severe flu season, and I encourage everyone who has not yet gotten a flu vaccination to do so. The influenza vaccine remains the most effective way to protect yourself from

the flu.”

Influenza is already widespread in 43 other states and there have been 21 pediatric influenza deaths nationwide so far this influenza season.

CDPH continues to monitor flu activity statewide and the availability of vaccine and antivirals as well as hospital capacity. Influenza-related deaths in people under 65 years of age are reportable to CDPH.

Dr. Chapman also notes that in addition to getting vaccinated, it’s important to practice good hand washing and other good health habits. People who are ill should take the following actions to stop the spread of germs: While sick, stay home and limit contact with others; cover your nose and mouth when coughing or sneezing; wash hands thoroughly with soap and water or use an alcohol-based rub; and

avoid touching your eyes, nose, and mouth.

Those at highest risk of severe influenza—the elderly, pregnant women, infants, or people with other health conditions—who show flu symptoms should contact their physician immediately in order to get the most effective treatment for influenza. Symptoms include fever, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, and fatigue.

Visit a flu vaccine location near you to get immunized. Some local health departments may also offer free or low-cost immunizations.

For more information on influenza and other respiratory disease surveillance reports, visit www.cdph.ca.gov/data/statistics/Pages/CISPDDataArchive.aspx.

Source: California Department of Public Health

Driver and Passengers Identified in Quadruple Fatality

CARMICHAEL, CA (MPG)

- On December 26th, at approximately 1:30 a.m., David Mazur, a 26-year-old from Citrus Heights, was driving a 2003 Subaru Outback in the north-bound lane on San Juan Ave. south of Madison Ave. at 35 mph. Simultaneously, an unknown male driver was driving a 1992 Buick La Sabre on San Juan Ave. south of Madison Ave. in the south-bound lane at an unknown rate of speed. It is unclear at this time whether the Subaru or the Buick drifted to the left and crossed over, heading into on-coming traffic. This movement caused both vehicles to collide, head on, into each other.

After the impact, the Buick

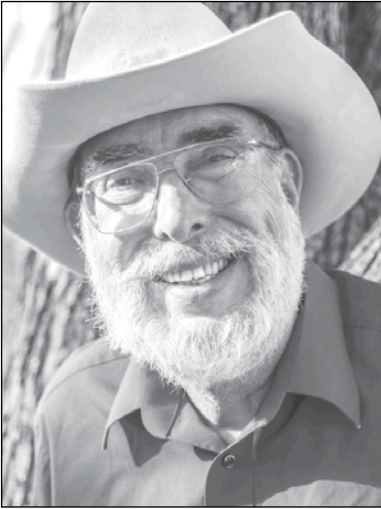
came to rest in the two-way left turn lane and immediately burst into flames. The Subaru came to rest in a south-bound lane. A good samaritan was able to pull two females out of the Buick and the male driver out of the Subaru. Due to the severity of the collision, two females and two males in the Buick succumbed to their injuries. One female was transported to Mercy San Juan along with Mazur, both with serious injuries.

The female who survived the collision has been identified as Michelle Figueroa. The four individuals inside the Buick who died at the scene have been identified as Michael Rodriguez, a 36-year-old-male; Daniel Figueroa, a 25-year-old

male and the driver of the Buick; Judy Guzman, a 34-year-old female, and Brianna Rodriguez, a 21-year-old female. The toxicology report is still pending from the Coroner’s office. All affected family members have been notified.

CHP investigators believe a third vehicle may have been involved in this collision and are asking for help from the public in locating the driver and vehicle. If you have any information regarding this collision, you are encouraged to contact either Officer Dave Longo or Sergeant Troy Rivers at the North Sacramento CHP office at (916) 338-6710.

Source: California Highway Patrol



Slim Randles’ HOME COUNTRY

“..This Exercise Kick”

can overdo a good thing.”

“Why Doc ... whatever do you mean?”

“I realize that getting more exercise is your resolution for the new year, but a man your age ... you need to pace yourself a little, that’s all. Don’t try to get in shape all at once.”

“Why Doc, I’ve never felt better in my life. Hey, you were so right to get me on this exercise kick. I’ve been meaning to thank you. It’s just what I’ve been needing. What would you think about my playing some football in the spring? I mean, it’s just touch football, but I miss the ol’ razzmatazz, you know?”

Doc shook his head sadly and walked out. Herb started laughing and sat down with us and flipped his cup over for his morning eye opener.

“What was that all about, Herb?” Dud asked.

“A little joke I’m playing on Doc, that’s all,” Herb said. “You remember how Doc has been on my case to get more exercise and slim down some? Well, there was only one way to shut him up, so I started running. I bought a sweat suit and started running. I run past his house each morning. Then, about an hour later, I run past his house the other direction, huffing and puffing and looking at my watch.”

“An hour? You run for an hour each morning?”

“Of course not,” Herb said, laughing. “I run past Doc’s house then walk the block to the library.”

An hour later, I run past Doc’s house and then walk two blocks home.”

We stared at him.

“What?” he said. “You know Doc’s going to worry about me one way or the other. I just thought I’d change it up a bit.”

Brought to you by “The Backpack Guide to Hunting Elk” by Slim Randles. Now available on amazon.com.

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City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Wednesday, January 28, 2015, at 2:00 p.m.**, or as soon thereafter as the matter may be heard, the Planning Director of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall**, in the **Community Board Room** located at **2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

ULTA BEAUTY SUPPLY REMODEL - PROJECT NO. DD8551 - MINOR DESIGN REVIEW:

REQUEST: Ulta Beauty Supply is requesting a minor design review for a 48 linear foot façade renovation at their new location of 10919 Olson Drive. The project would include installation of a 39 foot long decorative canopy and modifications to the building parapet, increasing the height by 6 feet to create a store entry feature.

OWNER/APPLICANT:
Pacific Castle
Mrs. Judi Harris
2601 Main Street, Suite 900
Irvine, CA 92614

LOCATION/APN: 10919 Olson Drive; APN: 072-0280-087-0000

ZONING: Commercial Mixed Use in the Folsom Boulevard Specific Plan (FB-CMU)

ENVIRONMENTAL: Categorically Exempt under Section 15303 (New Construction or Conversion of Small Structures) of the California Environmental Quality Act Guidelines.

PROJECT PLANNER: Nicholas Sosa, Assistant Planner

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact Kelly Kennedy, Planning Department Secretary at (916) 851-8759. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on January 16, 2015.

T.S. No. 14-2887-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要

참고사항: 본 청부 문서에 정보 요약서가 있습니다. NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUU Y: KEM THEO ĐẦY LÀ BÀN TRÌNH BAY TOM LƯOC VE THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/25/2010. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the

note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ANTHONY T. BARDIN, A SINGLE MAN Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 3/30/2010 as Instrument No. in book 20100330, page 1690 of Official Records in the office of the Recorder of Sacramento County, California, Street Address or other common designation of real property: 2044 BENITA DRIVE #4 RANCHO CORDOVA, CA A.P.N.: 056-0211-001-0004 Date of Sale: 2/23/2015 at 9:00 AM Place of Sale: East Main Entrance of the Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$55,368.23, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to

investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 14-2887-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 1/22/2015 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (800) 280-2832 Auction.com Frank Escalera, Team Lead NPP0240338 To: GRAPEVINE INDEPENDENT 01/16/2015, 01/23/2015, 01/30/2015

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by E. Haig – Sacramento Gazette, March 14, 2014



Nikki Einfeld



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CORDOVA SPORTS

Lancers Pin Their Way to League Opener Victory

Story and photo
by Rick Sloan

RANCHO CORDOVA, CA (MPG) - Cordova High wrestlers opened the 2015 league season with a 42-31 victory at home against El Dorado on Wednesday, January 7th. The Cordova Lancers trailed early on but soon went ahead as wrestler after wrestler took on an opponent of equal weight until finally getting to the heaviest in what is called a Dual Meet.

The pivotal match and last one for the evening was first-time wrestler David Domashuk taking on an opponent that outweighed him by 20 pounds in the 285-lb. weight class. At this point, the Lancers had a slim five-point lead. Domashuk had only to play out his match by not getting pinned (six points) or by a technical fall (five points), which is being outscored by 15 points. When the referee blew the whistle to start the match, Domashuk took charge right away



When the referee blew the whistle to start the match, David Domashuk took charge right away with his superior strength. Less than a minute later, Domashuk had his opponent on his back and counted out for the pin to seal the victory for Cordova.

with his superior strength. Less than a minute later, Domashuk had his opponent on his back and counted out for the pin to seal the victory for Cordova.

Other Cordova wrestlers playing a key role in the win and defeating their opponents all by

pins were 120-lb. Angel Frost, 126-lb. Derek Burton, 138-lb. Carlos Cuevas, and 170-lb. Dante Hume. Also scoring victories in the JV Division were 126-lb. Aaron Scarbrough and our 118-lb. lady Lancer, Alexis Cuevas. ★

Cordova Boys Hoops Prepare for Sierra Valley Conference

By Mike Bush

RANCHO CORDOVA, CA (MPG) - Four Sierra Valley Conference (SVC) boys basketball teams entered conference play this week with winning records including the Cordova High School Lancers.

The Lancers (12-5) started conference play at home against Galt on Tuesday, January 13th. El Dorado (10-6), Union Mine (9-7), and Liberty Ranch (15-1) also posted winning records during the pre-season.

“Our performance has been outstanding,” said Cordova head coach Fletcher Johnson, whose squad practiced last week in preparation for this week’s SVC games. “The kids are coming together as a team. They believe they can make something special this season.”



Cordova guard JaQuan Lewis (No. 24) looks for an open man in Tuesday’s Sierra Valley Conference home opener. Photo by Rick Sloan

Leading the Lancers (who are averaging 66.5 points per game this season) in scoring is guard Jordan Roberson, who is averaging a remarkable 32.8 points per game. Center Christian Munoz follows with 13.7 and guard JaQuan Lewis at 9.9.

Cordova still has half of the returning players from last year’s team that won the Capital Athletic

League crown before returning to the SVC this year.

One of the key SVC games will be Cordova against Liberty Ranch, a team currently off to one of its best starts since Galt’s second high school opened its doors in 2009. Their first meeting will be at the Hawks’ gym on Thursday, January 22nd.

“I’m looking forward to that match-up,” Johnson said.

El Dorado and Union Mine, Johnson feels, are more than capable of pulling off wins against his squad and Liberty Ranch.

“We can’t count out Union Mine and El Dorado,” Johnson said.

On Thursday, January 15th, Cordova played at Union Mine. On Tuesday, January 20th, Cordova will host El Dorado before its game at Liberty Ranch. ★

Lady Lancers Basketball Notches Three More Wins

By Mike Bush

RANCHO CORDOVA, CA (MPG) - Three more non-conference games led to wins for the Cordova High School girls basketball team last week.

Hosting Kennedy of Richmond on January 10th, the lady Lancers posted a 49-39 win. In the first quarter, Cordova (11-6) jumped out to a 16-7 lead that was extended to 24-18 at halftime as Kennedy rallied in the second quarter.

“They have a tough team,” Cordova head coach Raymond Bradley said of Kennedy. “They played hard.”

At the start of the third quarter, the Lancers had a 17-12 scoring advantage over the lady Eagles for a 41-30 lead. Kennedy outscored Cordova 9-8 in the fourth quarter, but the Lancers went on to close the victory.

The lady Lancers’ Briana Clark was the leading scorer with 16 points. Kelsie Graf followed with nine points, Cauje Curney with seven, Leila Cooper with six, Jullisa Reis with three, and Alyssa Wilson with one.

On the boards, Cordova had 48 rebounds. Adrienne Hammond grabbed 10 rebounds, Clark had eight, and Reis seven. Cooper brought down six, while Clark and Midori Mekata had five each.

Curney and Graf had four steals each as Cordova finished with a total of 20. Reis had three of the Lancers’ 12 assists.

The game against Kennedy was the last non-conference contest for Cordova, which opened Sierra Valley Conference play at Galt on Tuesday, January 13th.

Cordova 49, Foothill 39

In its second non-conference game of the week at the Mustangs’ gym on January 8th, the Lancers opened up a close game in the second quarter after both teams were tied 16-16 in the opening quarter. Cordova outscored Foothill 11-5 for a 27-21 half-time lead.

To start the third quarter, Cordova had an 11-8 scoring advantage to build its lead to 38-29 entering the final quarter, ultimately leading to a win.

Two Lancer players scored in double figures: Curney was the leader with 14 points and Graf was close behind with 12. Hammond had eight points and 11 of the Lancers’ 44 rebounds. Clark and



Cordova’s Cajue Curney (No. 10) driving into the paint for some of her seven points. Photo by Rick Sloan

Cooper had six points each, Nikki Jones two, and Wilson one. Clark had eight boards and Graf and Alyssa Moreno pulled down six rebounds each.


Cordova 53, Rio Americano 42

Playing its second game of the New Year, and also a non-conference road game on January 6th, Cordova jumped out to a 10-4 first quarter lead. But the host lady Raiders rallied in the second quarter, bringing to the game to a tied 18-18 at halftime.

But in the final 16 minutes of the second half, the lady Lancers outscored the lady Raiders 35-24 for the win.

Curney had 12 points for Cordova with Clark next at 11. Cooper had eight points, Jones six, Mekata five, Graf and Hammond four each, and Reis three.

On Thursday, January 15th, Cordova continued SVC action at home against Union Mine. On Tuesday, January 20th, Cordova plays at El Dorado and will host Liberty Ranch on Friday, January 23rd. ★



END of the BENCH

by Gerry Scholl

Winning Ugly Is Still Winning

Ohio State’s “big uglies” played much bigger and uglier than Oregon’s fine-feathered Ducks in the first-ever College Football Playoff national championship for the big boys Monday night in Arlington, Texas.

The Buckeyes overpowered the Ducks in the second half, scoring the final 21 points to win going away, 42-20, despite committing four turnovers of their own. Oregon came into the game as a team accustomed to capitalizing on its opponents’ mistakes, but OSU’s defense was able to stifle the Ducks’ running attack at key moments in the contest, while the Buckeyes’ offensive front controlled the trenches as well.

Ohio State ran the ball a dominating 61 times for 296 yards, creating a 15-minute differential in time of possession that helped limit the opportunities for Oregon’s Heisman Trophy-winning quarterback Marcus Mariota. OSU’s Ezekiel Elliott, named offensive MVP of the game, rushed 36 times for 246 yards.

The line paved the way to success for the Buckeyes’ third-string quarterback, Cardale Jones, in just his third start. The 250-pound bruiser had plenty of time to complete 16 of 23 passes for 242 yards and used his size to advantage to power through defenders to gain important first downs running the ball. Jones’ short resume now includes wins in the Big Ten Championship Game a (59-0 blowout of Wisconsin), a come-from-behind, first-round playoff win over then-No. 1 Alabama, and this unique victory.

Mariota did manage to go 24 of 37 for 333 yards, but was bottled up in the running game, gaining only 39 yards on ten carries. His receiving corps proved to be the ugly ducklings. Though Byron Marshall caught eight passes for 169 yards

(70 yards on one touchdown reception early in the third quarter to make it 21-20), the group was hampered by the absence of two of its three top receivers (one by suspension, one by injury) and two key dropped passes in the early going that prevented Oregon from gaining the upper hand.

And, it was probably bad karma that the typically well-plumed Ducks chose to sport those stylish silvery uniforms that were free of the Oregon school colors of green and yellow.

The fact that the four-team playoff system and championship game finally became a reality (though playoff formats have been used in the lower divisions for decades), and that the title will now be decided on the field are wins for the fans of college football, who no longer will be told by computers and polls what team is the best in the land. It also sure looked like a winner for the money-men to have an exciting new championship event to hype --- a full house at AT&T Stadium, big-time TV exposure and lots of advertising to sell; and they don’t have to pay the players anything (or relatively little). Those movers and shakers are sure winning ugly.

At least in the NFL the players are well-paid, as long as they stay healthy and don’t get cut because they cost too much.

There is plenty of constant ugliness around the NFL and the way it operates, but jumping to the forefront these days in the playoffs are the problems with the rules, penalties and replay reviews. Confusing rules, a proliferation of flying flags and issues with the replay system are making the made-for-TV-sport harder to watch. Replay delays have created more down time to squeeze in a few more commercials, but sometimes when they come back from those timeouts

they still don’t make the correct calls.

The Dallas Cowboys defeated the Detroit Lions with the help of a Dallas pass-interference penalty that, upon review, was negated to the surprise of many (except maybe the commissioner and the TV brass that knows what a great draw the Cowboys and their cheerleaders are).

The next week the Cowboys got theirs when a catch near the goal line by Dez Bryant that could have set up a potential game-winning TD was ruled to not be a catch after all, and the Green Bay Packers and their commercial superstar quarterback Aaron Rodgers held on for a 26-21 win to reach the NFC Championship Game against those ugly (if you ask 49ers fans) Seattle Seahawks.

The 49ers, as we all know, have had more than their unfair share of well-documented, unattractive happenings going on all season. If owner/CEO Jed Yorks’ intentions are to “win with class,” his outfit has a long, long way to go.

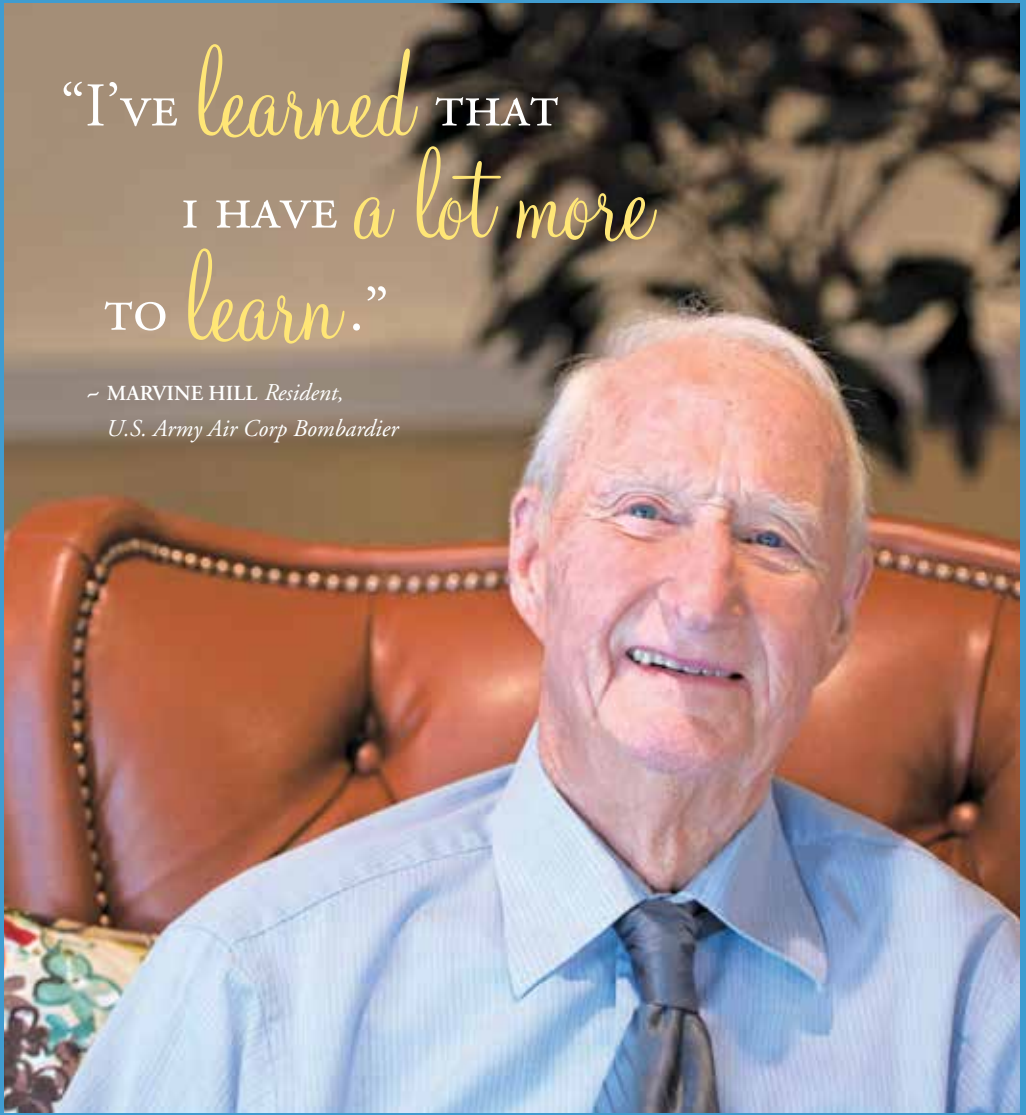
Perhaps Ohio State’s Urban Meyer would be York’s kind of guy as a future coach for his 49ers. If Cardale Jones is any indication, Meyer’s players know how to win without (going to) class. Meyer has his tendencies. He won his other two college titles at Florida with a roster dappled with players that had records; arrest records, that is (31 players over six seasons).

In our modern sports world, the meaning of “winner” has become so convoluted. It is too often the case that someone can be a winner and a loser simultaneously. What is the right approach?

Should it be “winning is everything,” “win at all costs,” “just win, baby,” “if you’re not first, you’re last?” For far too many, “winning is the best deodorant.” ★

“I’ve learned THAT I HAVE a lot more TO learn.”

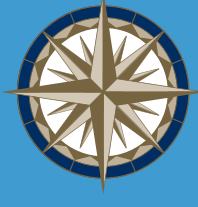
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RCFE# 347005361

Sacramento Rugby Foundation to Host Annual Tournament

By Ray Schwartz

RANCHO CORDOVA, CA (MPG) - What started from humble beginnings as an opportunity to get pre-season playing time for lots of young high school rugby squads has blossomed into the largest youth and high school Rugby tournament in the United States (and likely the entire Western Hemisphere).

The Kick Off Tournament (KOT) is still run today by some of the pioneers who first took on the project in 1984 when seven high school clubs were featured. Jerry Ahlin, Ray Thompson, Pete Deterding, Bob Lutrell, Joe Cavallaro, and a posse of their finest friends come together in a massive volunteer effort to pull off the event each and every year. They do so for the love of the game and for the kids who love to play.

Many of the finest players, coaches, and clubs in rugby in America have been featured over the years, including Jesuit High, now National Champions, many times over. Other top local clubs that began their season at the KOT



Rugby is certainly an interesting contradiction. Though the players seem to be trying to tear each other's heads off, they help each other up off the ground, cheer each other, meet to shake hands after every match and always refer to the referee as "Sir." Photo courtesy of Rick Sloan Design

and went on to compete that spring at the National Championships include the Cougars (Del Campo); Islanders (Burbank); Vacaville; Christian Brothers; and most recently Dixon, Granite Bay, and



Speed and power, choreographed teamwork, brilliant ball handling, and precision kicking are often on display in the game of rugby. Photo courtesy of Rick Sloan Design

Sierra Foothills.

By 2005, the event had grown to 30 clubs playing on three fields at Granite Park. But the popularity of youth and high school rugby was beginning to explode at that time, not only locally but across the Bay Area and indeed America. The KOT was uniquely positioned to help foster this growth; 2006 saw the addition of girl's play while 2007 saw the event expand to two days to include a free middle school clinic. For the past three years, seven to nine fields have seen play all day on both Saturday and Sunday, featuring an average of 130 sides playing a staggering 205 30-minute matches.

Clubs have visited the KOT in the recent past, seeking some warm California sun and the chance to compete with the likes of the Jesuit Marauders, clubs from across the Bay Area (Santa Rosa to Morgan Hill), and also from as far away as Oregon, Utah, Colorado, Washington, Southern California, and even several from Alberta, Canada.

Referees visit from even further, with several coming each year from Canada, Pittsburg, New

York, Massachusetts, Hanover, Germany, and Durban, South Africa. In fact, in order for the KOT to grow and to continue to provide quality matches, the word went out across USA Rugby: "Send us your refs!" Four brave souls answered the call in 2006, and more and more refs have come every year since.

As the KOT grew, the need to help produce and develop our own crop of local refs came with the territory. So the KOT has leveraged our wealth of sunshine and matches needing officials to offer a unique Referee Development Program (RDP). The KOT RDP features a free day of referee training at Sac State and two full days of valuable referee coaching throughout the event. Raley's College Greens (as coordinated through Thais Armenta) donates all the food for the referee tent.

As richly rewarding as hosting young stars of the game can be (many ruggers who've played at past KOTs have gone on to play for and even Captain the USA National teams), there's no greater joy than watching U-8s and U-10s blossom into feisty U-12s and

eventually become skillful, competitive middle schoolers.

It is at these junior levels that the popularity of rugby has finally taken off. Today, top high school rugby players have often learned to compete over six or eight seasons, and in some cases, played under the same coach or program the entire time. The quality at the top keeps growing finer each and every year.

To some, rugby is a muscular ballet with mud and blood, while to others it just looks like a brawl. A violent contact sport with no padding, in this day and age of heightened concerns over sports concussions? But to those who take the time to peel back the veneer and take a closer look, they see adults who are carefully mentoring the players, teaching them to respect themselves, their opponents, and the game itself.

With top-notch coaching, confidence and skills grow over time. Fitness reigns supreme in the sport, and the head and neck must never be a part of the rugby tackle. Speed and power, choreographed teamwork, brilliant ball handling, and precision kicking are often on

display. But look closer still and you'll notice there are no timeouts. The coach, who runs practices, has little to no input once the match has started. The coach elects a captain, who is the only conduit to the ref. The ref, in turn, tries to manage a fair contest between two sides through the captains.

Rugby is certainly an interesting contradiction. Though the players seem to be trying to tear each other's heads off, they help each other up off the ground, cheer each other, meet to shake hands after every match, and always refer to the referee as "Sir." While the referee is just trying to keep heads from being torn off, a good ref can bring a competitive match to a boil while never allowing it to spill over. All players contribute, all get to handle the ball, and all shapes and sizes of players are welcome.

Most years, weather permitting, Sacramento offers a long winter/spring playing season and local clubs draw upon a wealth of coaches, referees, and administrators to help develop young

scheduled an international match here.

USA beat Canada in front of a sold-out crowd when over 8,000 fans made it out to Bonney Field this past June. The blazing Sacramento sunshine proved a valuable advantage. When USA played the mighty New Zealand All Blacks at a sold-out Soldier Field in Chicago on November 1st, three Jesuit grads suited up for team USA (Lou Stanfill, Eric Fry, and Blaine Sculley) while another three players came from Bay Area high school programs.

An abbreviated brand of the game of rugby called "Sevens" has traditionally been played locally, though only in the summers. Today it's been introduced to the Olympics with the first Gold Medals, men's and women's, on offer in 2016 in Rio de Janiero. With USA women presently ranked fifth and the men ranked ninth (and rising) in the World Sevens circuit, we can certainly expect to see Americans and hopefully some Sacramentans



To some, rugby is a muscular ballet with mud and blood, while to others it just looks like a brawl. But to those who take the time to peel back the veneer and take a closer look, they see adults who are carefully mentoring the players, teaching them to respect themselves, their opponents, and the game itself. Photo courtesy of Rick Sloan Design

players and squads to enjoy the game, the same game played in the Olympics of old. The size and depth of the local competition in the Sacramento area remains unrivalled across American rugby's landscape. It is no coincidence that as soon as Sacramento built a top-notch soccer facility, USA Rugby

competing for the medals in Rio.

So, to get your rugby knowledge and appreciation flowing, plan on attending the 31st annual KOT at Cordova High on January 24th and 25th. Matches kick off early on both days. ★



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For the Love of Books

Book Review by Amy Shane
amy-shane@att.net

SAVE ME
by A.G. Howard

- ◆ Publisher: Swoon Reads
- ◆ Release date: January 06, 2015 ◆ hardcover, 309 pages
- ◆ Intended audience: Young adult ◆ Rating: ♥♥♥

On the Book Jacket: Something strange is going on in the tiny coastal town of Liberty, Oregon. Cara has never seen a whale swim close enough for her to touch it—let alone knock her into the freezing water. Fortunately, cute newcomer David is there to save her, and the rescue leads to a bond deeper than Cara ever imagined. But then she learns something about David that changes everything, and Cara is devastated. She turns to her best friend for support, but Rachel has changed. She's suddenly into witchcraft, and is becoming dangerously obsessed with her new boyfriend.... Cara has lost her best friend, discovered that her soul mate is off limits, and has attracted the attention of a stalker. But she's not completely alone. Her mysterious, gorgeous new friend Garren is there to support her. But is Garren possibly too perfect?

Amy's Review: Fall in love with the beauty of the sea, forbidden love, and paranormal mystery. Cara's life is surrounded by that of which she loves the most, the gray whales, off the Oregon coast. For Cara, on one fateful day, her life takes a drastic turn, when separate accidents bestow two guys into her life. Cara usually spends her days whale watching and working for Liberty Charters, but the day David arrives for a tour, her life is never the same again. Cara can't believe her luck, having a cute guy on board, and even more amazing, she is finally able to touch a gray whale when it swims port side. Then, before she knows, Cara is overboard swimming for her life. By chance, David is there to save her, instantly forming a connection between the two of them, as if they are meant to be. With her thoughts spinning over the day, Cara never expected to back out of the parking lot and hit a stranger named Garren, throwing yet, another beautiful guy into her life. Cara never expected, to see both the guys, on the first day of school, spiraling her world out of control. Now, brimming with the choice between two affections, one guy, both mysterious and beautiful; and the other, gorgeous and even providential, yet completely off limits. Needing her best friend now more than ever before, Cara turns to Rachel for help, only to discover she has developed an overnight infatuation with another boy. With nowhere else to turn, Cara opens her heart and her friendship to Garren, who always seems to be there at the right time, with all the right answers. Quickly, Cara's world turns for the worse, as Rachel becomes withdrawn from their friendship. Solace can't be found anywhere and all Cara can think about it having Davis arms around her. However, discovering the truth behind the turn of events threatens Cara's life, throwing her life into a deadly mix of witchcraft, curses, forbidden love, and danger. Garren might be the only one who can save her, but is it their love that is meant to be, or the love she that felt with David? With a paranormal twist on fate and love, Jenny Elliott captures the heart ache of a love that is found too soon, along with the dangers of dabbling in curses and witchcraft. *Save Me* takes readers into a fast paced, thrilling ride on land, as well as on the water.

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