# rapevine

VOLUME 47 • ISSUE 01

PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

January 02, 2015

#### The Beauty of Divine **Beings Dancing**



Page 3

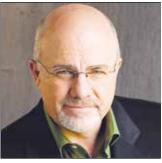
#### Make It Fun and It Will Get Done!



Pam Young's Corner

Page 5

#### **Sound Financial Advice from Dave Ramsey**



Page 6



PRSRT STD U.S. Postage Paid Rancho Cordova CA PERMIT NO. 91

## Top New Laws for California Businesses California Chamber Releases Its 2015 List



**SACRAMENTO REGION (MPG)** - The California Chamber of Commerce has released a list of new laws that will affect California businesses in 2015. Some of these, such as mandatory paid sick leave, make significant changes to the state's legal landscape. Others will have more limited impact. Here are some highlights.

Mandatory paid sick leave: AB 1522, the Healthy Workplaces, Healthy Families Act of 2014, requires employers to provide paid sick leave to any employee who worked in California for 30 days. Employers can limit paid sick leave to 24 hours or three days in each year of employment and can put a maximum cap on total accrual of 48 hours or six days. The effective date for the paid sick leave benefit is July 1st, 2015.

Unpaid interns and volunteers: AB 1443

adds unpaid interns and volunteers to the list of individuals protected from harassment and discrimination under the Fair Employment and Housing Act (FEHA), and it extends religious belief protections and accommodation requirements to anyone in an apprenticeship training program, unpaid internship, or any other such program.

Driver's licenses: AB 1660 makes it a violation for an employer to discriminate against anyone who presents a driver's license issued to undocumented persons. Such actions constitutes national origin discrimination under FEHA. The law also makes it a violation of FEHA for an employer to require a person to present a driver's license unless possessing a driver's license is required by law or the employer's requirement is otherwise permitted by law. Any driver's license information obtained by an employer must be treated as private and confidential.

Public assistance recipients: AB 1792 prohibits discrimination and retaliation against employees receiving public assistance. It also requires state agencies to prepare an annual list of the top 500 employers with the most number of employees enrolled in a public assistance program. The reports will be made public and will be prepared starting in January 2016.

Harassment prevention: AB 2053 requires employers that are required to provide mandatory sexual harassment prevention training to supervisors to include a component on the prevention of "abusive conduct." The law does not allow employees to sue for abusive

Continued on page 2

## **Therapeutic** Recreation **Scores Big Since 1975**

Story and photo by Ryan Meza

#### SACRAMENTO COUNTY, CA (MPG)

- Providing recreation services to community members with disabilities since 1975, the Therapeutic Recreation Services (TRS) program offered by the Sacramento County Department of Regional Parks is a fun-filled atmosphere that includes activities such as "Monster Mini Golf and Dinner" and "Ridin' on the River."

With an active team of more than 200 athletes who compete in a variety of sporting competitions including the Special Olympics, TRS provides year-round training to all who participate in five different sports: basketball, soccer, swimming, track and field, and floor hockey. Almost everybody who trains in a sporting activity ends up competing in their Special Olympics Team called the Chargers. The Sacramento County Chargers was founded more than 30 years ago. Chargers athletes have received many awards for various sports and competitions hosted by the Special Olympics. Over the past years, the Special Olympics have also honored several of the coaches and volunteers who participate.

"It is our goal that our participants gain their highest level of independence and valuable lifelong skills that will benefit them in their everyday lives. It is our hope that participants gain improvements in communication, making choices, community awareness, social skills, learn money management skills, and develop new friendships," said Jenn Wilson, recreation specialist for TRS.

TRS is staffed by two full-time

Continued on page 2

## Many Veterans Have Fond Memories of the Top of the Mark

By Judy M. Zimmerman

It was World War II that gave the glass-walled cocktail lounge at the Top of the Mark (in the Mark Hopkins Hotel at One Nob Hill) its reputation as a famous San Francisco landmark.

During the war years, it was a favorite spot for Pacific-bound servicemen to enjoy their last liberty before shipping out. As their ships sailed below the

Golden Gate, anxious wives and sweethearts gathered in the northwest corner of the lounge to watch them go, earning that section of the lounge the nickname Weepers' Corner.

The famous Oval Bar is gone and the lines no longer stretch all the way across the lobby downstairs as they did during World War II. But now, as then, the 19th floor lounge with its panoramic view sparks romance.

things got really tough on the Pacific fronts, servicemen would pledge to one another, "We're going to make it through this, and I'll buy you a drink at the Top of the Mark." Those who returned would ask the bartender for their unit's bottle (usually bourbon).

"Once a serviceman signed his name on the label, he could drink from the bottle for free,"

Tradition has it that when explained Hank Cancel, a former bartender at the lounge. "There was only one catch: The man who took the last drink was required to buy a new bottle."

> There was also a notebook registry for each squadron's bottle. A serviceman would sign his name and date, one unofficial way of keeping track of who made it back.

"Sometimes it was sad," Cancel said. "One guy told me



Though the days of GIs shipping off into the Pacific are long gone, the view of San Francisco and the memories remain. Today, many come from far and near to have a good time, not wondering if the fate of war will allow them to return. Photo courtesy of Judy Zimme

that when he returned he was the only one who had signed the registry, so he assumed everyone else in his squadron had died in battle."

local community news every week. Get The Sunday Sacramento Bee! CLINCHED! It's River Cats Season! THE SACRAMENTO BEE \$\'

START YOURS TODAY! **BOTH NEWSPAPERS Grapevine Independent** delivers your

**FOR ONLY** 

See inside for details

**FOR 6 MONTHS!** 

Although such bottles are long Continued on page 2

## **Therapeutic Recreation Scores Big Since 1975**



TRS volunteer attempts goal during the Chargers' last soccer practice before Special Olympics competition.

Continued from Page 1

employees, 10 part-time employees, 20 regular volunteers, up to two recreation therapy interns per year, and more than 50 community volunteers from local high schools and colleges. With

increasing participation, TRS really make it fun for us," staff works hard to find new places to visit as well as offer more activities and sports for participants to enjoy.

"Activities are fun, and you get to meet a lot of friends. The staff is cool, and they said Hermanda Seals, a TRS participant.

In addition to county funding, TRS receives donations from Eppie's Great Race, Pathways to Recreation, and individual donors. During the last

fiscal year, TRS received close to \$50,000 in outside donations. If you wish to donate or become a volunteer, send TRS an email at TRS@SacCounty.net.

Source: Sacramento County ★

## Many Veterans Have Fond Memories of the Top of the Mark

Continued from Page 1

gone from the legendary sky bar and there are no more free drinks, plaques celebrating the military history of the bar are tucked into a side area.

While the military feel has waned over time, the thousands of service personnel who put an elbow on the bar have passed on their memories to the next generation.

Philip Mooberry of Tucson sat at the small bar overlooking the skyscrapers of San Francisco and toasted his late father, who ferried bombers from the United States to combat zones during World War II. "He came to the Top of the Mark whenever he could, and now that I am in town, this is where I come for a drink," Mooberry said.

Though the days of GIs shipping off into the Pacific are long gone, the view of San Francisco and the memories remain. Today, many come from far and near to

have a good time, not wondering if the fate of war will allow them to return.

For more information about Top of the Mark, please visit www.topofthemark.com or call (888) 424-6835.

Judy Zimmerman has been a travel editor and award-winning freelance travel writer for over 28 years. She's traveled to well over 100 countries and sailed on more than 65 cruises. Her articles have appeared in over 500 newspapers, magazines, and websites.

She is a member of the Society of American Travel Writers; the International Food, Wine, and Travel Writers; and the Outdoor Writers of California.

Her specialties include cruises, worldwide destinations, senior and solo travel, destination health spas, soft adventure, service articles, and the Western U.S.

Judy's home base is Gold River, CA.

## Top New Laws for California Businesses California Chamber Releases Its 2015 List

SACRAMENTO COUNTY?

Continued from Page 1

conduct in the workplace unless the conduct becomes discrimination or harassment against a protected class; it merely requires training on prevention of abusive conduct.

Farm labor contractors: SB 1087 imposes specific sexual harassment prevention training requirements on farm labor

contractors. It places restrictions on licenses for farm labor contractors who have engaged in sexual harassment, changes the exam requirements, and increases licensing fees, bonding requirements, and penalties.

Several new laws will increase employers' wage-andhour obligations in 2015. AB 1897 holds employers liable

LEGAL ADS FOR

for wage-and-hour violations when they use staffing agencies or other labor contractors. If a contractor fails to pay its workers properly or provide workers' compensation coverage, the "client employer" can now be held legally responsible. AB 2288, the Child Labor Protection Act of 2014, provides additional penalties for violations of California

laws regarding employment of minors, including a penalty of \$25,000 to \$50,000 for "Class A" violations involving minors 12 years of age or younger. The statute of limitations for claims that arise from violations of employment laws is now delayed or suspended until the minor is 18 years of age.

Other laws include AB 1650, which requires contractors who bid on state contracts involving on-site construction-related services to certify that they will not ask applicants to disclose information concerning criminal history at the time of an initial employment application; and AB 1852, which requires businesses that provide specified services to minors to provide a written notice to the parent or guardian of the minor receiving those services, including the business's policies relating to employee criminal background checks.

Source: California Chamber of Commerce

## **Make 2015 the Best Year** in Your Business

RANCHO CORDOVA, CA (MPG) - The in a one-page annual plan that Rancho Cordova Chamber of Commerce hosts its Best Year Yet for Business Workshop on Wednesday, January 7th from 8:45 a.m. to 1 p.m. at City Hall, 2729 Prospect Park Drive, Rancho Cordova. The workshop asks 10 simple questions that should cause you to think deeply about your business and the results you want to achieve over the next 12 months. From the answers you provide, your business vision, priorities, and guidelines will flow, culminating

will be easy to follow and will produce measurable results almost immediately. You'll have a new-found sense of energy and enthusiasm that can drive your business forward to levels never before imagined.

There is no fee for the workshop, but seating is limited to 24. Prior registration is required. Visit www.bestyearyet.com/ index.cfm for information and registration.

Source: Rancho Cordova Chamber of Commerce





**Publishing Group INDEPENDENT SALES AGENT** 

MPG is seeking an Independent Sales Agent to generate advertising sales for our local newspapers. This is an extra income opportunity that you can work at from your home. Become part of a growing newspaper group that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.

To apply, call 773-1111 and send an email to publisher@mpg8.com



#### Join Us!

December 21 Sunday Services at 9:00 & 10:45 am

**December 24** Candlelight Christmas Eve Services at 4:00 & 11:00 pm

**December 28** One Sunday Service at 10:45 am Programs are available for nursery through kindergarten. SUNDAY SERVICES 9:00 & 10:45 AM



916-635-9000 www.sunriverchurch.com



Publisher,

dependent

#### "Written by the people and for the people"

Publisher's Statement: It is the intent of the Grapevine Independent to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors. The *Grapevine Independent* is not responsible for unsolicited manuscripts or materials. The

entire contents of the Grapevine Independent are

copyrighted. Ownership of all advertising created

and/or composed by the Grapevine Independent is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to The Grapevine Independent 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$23 per year within Rancho Cordova. The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

Advertising Sales

Paul V. Scholl Bill Martin • Linda Harper

Gabriel Scholl

Graphics & Layout Banerjee Designs • Stump Removal Graphics Contributing Writers Alona Thomas • Mike Bush • Jan Dalske • Jodie Myers • Susan Skinner • David Dickstein • Mary Jane Popp • Dr. Bob Graykowski • Marlys Johnsen Norris • Tim Reilly • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton • Jody Zimmerman • Ronnie McBrayer • David Graulich

Distribution Assistant Accounting

Web Master News Services

Photography

Nicholson & Olsen CPA RJ at thesitebarn.com • JWS Promotions StatePoint Media • NewsUSA • PRWEB NewsWire

North American Precis Syndicate • Blue Ridge Press • ARA Content California News Service • Family Features • WorldNetDaily

Rae Lynn Flippo • Rick Sloan • Susan Skinner • Anne Stokes

Member of Rancho Cordova, Carmichael, Citrus Heights

and Fair Oaks, Chambers of Commerce









The Independent is a member of **Messenger Publishing Group** 

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@MPG8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

January 02, 2015

The Independent • 3

## DMV Reminds New Driver License Applicants to Avoid Scams

**SACRAMENTO, CA (MPG)** - The California Department of Motor Vehicles (DMV) is reminding DMV customers to avoid scams involving driver license applications, such as efforts to charge for services that DMV offers for free

"Paying someone who promises to speed up the process of obtaining a California driver license will only waste your time and money," said DMV Director Jean Shiomoto. "It is easy to get a new driver license by making a free appointment at your local DMV office, so do not waste your money paying anyone to help you."

Assembly Bill 60 (AB 60) allows the DMV to issue a California driver license, regardless of immigration status, to those who can prove identity and California residency. Applicants must also meet all other qualifications for obtaining a driver license, including passing a written test, vision test, and behind-the-wheel exam. DMV will begin issuing driver licenses under AB 60 on January 2nd, 2015. The only necessary fee is \$33 payable to DMV.

Here are some tips on how to avoid driver license scams:

Do not pay for help with driver license applications. DMV has free assistance and free appointments at your local DMV office, so do not pay for these services. Driver license handbooks and practice tests are available in many languages free of charge. If you need an interpreter, call

1-800-777-0133 and indicate the foreign language.

Do not pay fees to anyone except DMV. It only costs \$33 to obtain a California driver license and this fee must be paid directly

The fast way to get a license is to make a free appointment at DMV. The DMV will not issue licenses under AB 60 before January 2nd, 2015, and anyone who says they can get a license earlier than that is lying.

Do not waste money on unnecessary document translation. Of the dozens of ways an applicant can prove identity, only three require an English translation: (1) A marriage decree written in another language; (2) a divorce decree written in another language; or (3) the Apostille authentication of a foreign birth certificate. No other documents require translation.

Anyone who suspects a scam involving the new driver license application process should notify DMV Investigations Division fraud hotline at 1-866-658-5758, e-mail your inquiry to dlfraud@dmv.ca.gov, or report it on a record of complaint form.

For more information on AB 60, including the accepted proof of identity documents, how to make an appointment, sample interactive tests, the driver handbook, and information about how to obtain a new driver license, visit http://apps.dmv.ca.gov/ab60/index.html.

Source: Department of Motor

## The Beauty of Divine Beings Dancing

Chinese Troup to Perform in Sacramento



Shen Yun was founded in 2006 by practitioners of Falun Gong, the spiritual discipline, with the mission of reviving "the essence of 5,000 years of Chinese culture." They feel that it was nearly destroyed by the Chinese government. Performances around the world are hosted by local Falun Dafa Associations. All rights reserved. Photos courtesy © 2014 Shen Yun Performing Arts

By Jan Dalske

#### SACRAMENTO REGION, CA (MPG)

- Shen Yun Performing Arts will entertain audiences at the Sacramento Community Center, 1301 L Street, on January 13th and 14th. The company performs classical Chinese dance, ethnic and folk dance, and story-based dance with orchestral accompaniment and solo performers. Shen Yun means "the beauty of divine beings dancing."

Shen Yun was founded in 2006 by practitioners of Falun Gong, the spiritual discipline, with the mission of reviving "the essence of 5,000 years of Chinese culture." They feel that it was nearly destroyed by the Chinese government. Performances around the world are hosted by local Falun Dafa Associations.

Shen Yun describes their show: "Heavenly realms and



timeless legends spring to life through classical Chinese dance. Dazzling costumes, thunderous battle drums, and powerful flips fill the stage with color and energy. Exquisite melodies and animated backdrops uplift your spirit and transport you to another world."

They are a performing arts and entertainment company based in New York and were formerly known as Divine Performing Arts. The show's acts and production staff are trained at Shen Yun's headquarters in Cuddebackville which is in Orange County, New York.

The group is composed of

three performing arts companies: The New York Company, The Touring Company, and the International Company. There are more than 200 performers. For seven months a year, Shen Yun Performing Arts tours to over 130 cities across Europe, North America, Oceania, and Asia

Shen Yun's shows have been staged in several leading theaters, including New York's Lincoln Center for the Performing Arts, London's Royal Festival Hall, Washington, D.C.'s Kennedy Center, and Paris' Le Palais de Congrès. The company has performed extensively in Taiwan, but has yet to perform in

Mainland China or Hong Kong. For more information, please visit http://ShenYun.com/CA or call 1-888-633-6999.

Source: http://ShenYun.com/ CA





7 Month CD at 0.70 % APY\*

36 Month CD at 1 0 0 % APY\*\*

12 Month Liquid CD at 0 40 % APY\*\*\*

Folsom Branch
1710 Prairie City Road, Suite 100
Folsom, CA 95630
916.850.1500

Cameron Park Branch 3311 Coach Lane, Suite A Cameron Park, CA 95682 530.676.3400 Fair Oaks Branch 10123 Fair Oaks Boulevard Fair Oaks, CA 95628 916.293.4910



www.sierravistabank.com

\*The Annual Percentage Yield is accurate as of 12/11/14 and may change at anytime without prior notice. The APY applies to a Certificate of Deposit (CD) with a 7 month term. The minimum balance to obtain the stated APY is \$1,000. A penalty may be imposed for early withdrawal.

\*\*The Annual Percentage Yield is accurate as of 12/11/14 and may change at anytime without prior notice. The APY applies to a Certificate of Deposit (CD) with a 36 month term. The minimum balance to obtain the stated APY is \$1,000. A penalty may be imposed for early withdrawal.

\*\*\*The Annual Percentage Yield is accurate as of 12/11/14 and may change at anytime without prior notice. The APY applies to a Liquid Certificate of Deposit (Liquid CD) with a 12 month term. The minimum balance to obtain the stated APY is \$10,000. Additional deposits in amounts of \$500 or greater may be allowed until 7 days before maturity date. Withdrawals of principal before maturity may be allowed, in amounts of \$500 or greater without penalty after the first six days of deposit (or after the first six days following any partial withdrawal) as long as the minimum balance of \$10,000 is maintained. A penalty may be imposed for early withdrawal if the minimum balance is not maintained.

MEMBER FDIC • EQUAL HOUSING LENDER 📤

# SCAVENCING ISILLEGALA

You may not realize it, but scavengers searching in bins for aluminum cans, glass bottles, plastic containers and other recyclable materials can cost you money in the long run since the recyclables that Republic Services collects are used to help off-set our service costs!

If you see someone other than City or Republic Services employees taking recyclables from residential carts, REPORT IT by calling the Police Department's non-emergency line at (916) 362-5115.

#### Be vigilant—your participation helps!

By reporting scavenging, you will help the City to identify patterns and areas where repetitive scavenging is occurring.







## Cordova Boys Hoops Split Games at St. Hope Elite Classic

By Mike Bush

RANCHO CORDOVA, CA (MPG)
- Competing in the St. Hope
Elite Classic at Sacramento
High School, the Cordova High
School boys' basketball team
split its first two games of the
tournament.

In its December 20th game against host and top-ranked Sacramento, Cordova fell 104-72. A day earlier, the Lancers used a three-pointer to knock off Foothill of Palo Cedro 62-60.

Against Sacramento, after falling behind 27-10 in the first quarter, the Lancers (7-4) rallied in the second to silence the Dragons 27-21. That cut Sacramento's halftime lead to 48-37.

"Very intense game," said Cordova head coach Fletcher Johnson. "Those guys (Sacramento) are big and strong. We were making shots (in the second quarter) and got a tempo going"

The Dragons fired their way to a 28-18 third quarter run to expand their lead to 76-55 entering the fourth quarter. "The game just got away from us in the second half," Johnson said.

What also hurt the Lancers in the game were players getting into foul trouble; one of the starters picked up three fouls in the first two minutes of the first quarter and had to sit out the rest of the first half. Plus, a Cordova player picked up two technical fouls for taunting a Sacramento player and for yelling after he blocked a basket from a Dragon player. "It was a tough game (after the early fouls and technical)," Johnson said.

Lancer guard Jordan Roberson scored 29 points in the game, despite being double and triple teamed throughout most of the game. Christian Munoz and JaQuan Lewis also scored in double digits, dropping 11 points each



Cordova guard Jaquan Lewis (24) goes up for a layup in a recent game. Lewis and the Lancers are off to a 7-4 start and split their first two games in the St. Hope Elite Classic at Sacramento High School. Photo by Rae Lynn Elippo

#### Cordova 62, Foothill 60

Roberson canned a threepointer with less than 12 seconds left in the game of the tournament on December 19th. Foothill led 60-59 before Roberson's shot.

Foothill rallied in the second half as it outscored Cordova 44-25. The Lancers jumped out to a 22-2 first quarter lead and increased it to 37-17 at halftime before their opponent stormed back in the final 16 minutes of the game.

"They are very well-coached," said Johnson of Foothill. "What I think happened was that the drive ... their legs weren't under them in the first quarter. They missed a lot of shots, and we

took advantage of them. In the third quarter, it seems like they couldn't miss; they were getting a lot of threes."

Roberson finished with 37 points in the game. Johnson followed in scoring with nine points, Lewis with six, Gomez and Lorena had four each, and Damion Baldwin had two.

On December 22nd, Cordova played Foothill of Sacramento. The winner of that game played in the December 23rd fifth place game

Check upcoming editions of the Grapevine for the results of the last two games of the Classic and the results of the 39th annual Cordova Christmas Classic. ★

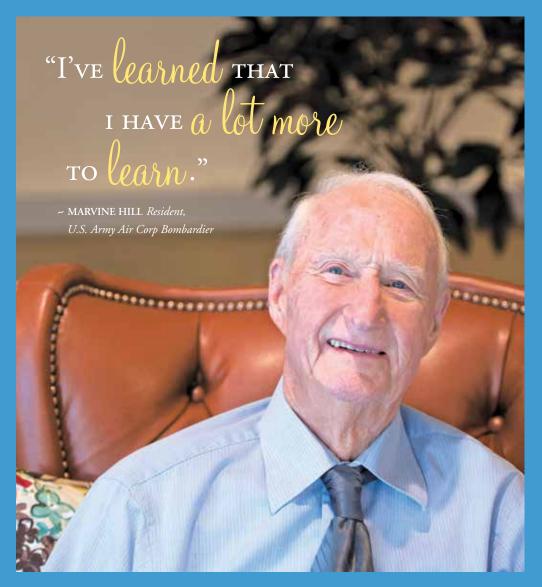
# Cordova Wrestlers Hit the Mat



Story and photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) - Cordova High Wrestlers, wearing their new singlets for the first time, competed at The Marty Manges Varsity Invitational Tournament held at Casa Roble High School on Saturday, December 20th. Cordova's participating wrestlers were Zachary Guerrero at 106 pounds, Mekhi Gamez at 113 pounds, Derek Burton at 126 pounds, Zach Sloan at 132 pounds, Carlos Cuevas at 138 pounds, Adrian Martinez at 152 pounds, Dante Hume at 170 pounds, and John Graf at 182 pounds. "It was a great day of wrestling with some stand-out performances by the Lancers," said Head Coach Marcos Garcia.

All the wrestlers performed hard and were very grateful to have some well-appreciated mat time preparing them for the upcoming league competition just around the corner. Lancers coming home with medals after their hard-fought efforts were Burton with a 6th place medal, Guerrero with a 3rd place medal, and Cuevas bringing home a 1st place medal. Cuevas dominated his opponents and went 5-0 for his 1st place triumph. After the match was over, Coach Garcia told his wrestlers, "It's not all about the medals. It's about the experience. I was very pleased with what I saw today with everyone's efforts."



### {celebrating wisdom}

Come tour our beautiful new community and discover the many resident-centered senior living options and innovative programs enhancing life in our community.

Northstar Rancho Cordova, where your years don't matter but your wisdom does. Call us today to learn more!



NORTHSTAR

Rancho Cordova

Assisted Living & Memory Care

(916) 330-1300

www.NorthstarRanchoCordova.com 2341 Vehicle Dr. (off Hwy 50 at Sunrise Blvd.)



For more information: www.bemoneysmartusa.org

## **District Attorney Jan Scully Announces 20-Year Tenure Report**

- As District Attorney Jan Scully's final term comes to an end, the District Attorney's Office has issued an End of Tenure Report.

Throughout Scully's 20-year tenure, the District Attorney's Office has taken an innovative and collaborative approach to improving the prosecution and prevention of crimes as well as assisting victims. The report chronicles many of these accomplishments and successes,

**SACRAMENTO REGION, CA (MPG)** new and modified specialized units as well as collaborative task forces, dedicated courts, and prevention outreach programs with partners from community organizations, businesses and other government agencies.

The report also highlights notable cases prosecuted; the advancement of science in the District Attorney's Laboratory of Forensic Services, the progression of technology in the Information Technology bureau and in the courtincluding the development of room, the expansion and role District Attorney's Office

of the Victim/Witness Unit ,and other interesting facts. The citizens of Sacramento County have been well served for the past 20 years and can be assured the District Attorney's Office will continue to fulfill its mission to Seek Justice, Serve Justice, and Do Justice on behalf of the community.

The full report can be viewed at www.sacda. org/media/reports/

EndOfTenureReport.pdf.

Source: Sacramento County

#### By Pam Young

All I ever wanted to be was a wife and mom, so I majored in Home Economics in college. One of the courses was in cooking which I've always loved to do. Part of the curriculum included a time and motion study to track our steps while baking a cake.

"By being organized," Miss Cratzberry, the professor, told us; "you will save valuable time and energy to use on other activities in your homes. Being aware of the steps we take in the kitchen, preparing the family's meals, is vital to becoming efficient in the daily tasks of homemaking." I'm sure this study was thought up by some efficiency expert like Miss Cratzberry who never married and never had kids. In fact, one of the lessons in her course. study was entitled Handling Servants. (Over the years, that information has come in so handy for me!)

Back to the cake walk; I remember winning the prize for the most steps taken! One quarter mile! (Actually I didn't win a prize as it was supposed to be bad news for me, but I decided to turn it around in my 19-year-old mind into a good thing.) Webster defines a time and motion study as: a systematic observation, analysis, and measurement of the separate steps in the performance of a specific job for the purpose of establishing a standard time for each performance, improving procedures, and increasing productivity —called also *motion* and time study, motion study, time study. This is what I envision my resulting steps to look

Years later when I really was a mom and wife, I never forgot the results of my time and motion test. One day it hit me while I was packing up stuff



Make it Fun and it will get Done! the secret to being organized

## Pam Young's Corner

The Benefits of Being Disorganized (Part I)

to take to the gym for an hour workout, that with my gift of taking too many steps in life, it really was a benefit! Because of my attention deficit disorganization, I suddenly realized I was probably getting in a full workout every day. In fact, if I didn't go to the gym, I'd save the time, energy and money that that activity took from my day. Put that in your time and motion study Miss Cratzberry!

#### Change your thinking, change your body

I'm going to tell you a story that ties in with my AHA moment, but you'll have to read all the way to the end to see how it affects you if you're blessed with being disorganized. In a wonderful book called You Are the Placebo by Dr. Joe Dispenza, he tells of a 2007 study at Harvard by some pretty impressive researchers: psychologist Alia Crum, Ph.D., and Ellen Langer, Ph. D. involving 84 hotel maids.

At the start of the study, the maids all got physicals and none of them knew that the routine work they performed in their jobs exceeded the Surgeon General's recommendation for a healthy amount of daily exercise (30 minutes). In fact, 67 percent of the maids told the researchers that they didn't exercise regularly, and 37 percent said they didn't get any exercise.

After this initial assessment, Crum and Langer divided the maids into two groups. (Each group was from a different hotel so the maids wouldn't benefit from any talk at the water cooler or the mini bar in room 941.)

They explained to the first group how their activity related to the number of calories they burned and told the women that just by doing their jobs, they got more than enough exercise. They didn't give any such information to the second group.

One month later, the researchers found that the first group lost an average of two pounds, lowered their percentage of body fat, and lowered their systolic blood pressure (that's the top number that's the higher one) by an average of 10 points, even though they hadn't performed any additional exercise outside of work or changed their eating habits in any way. The other group, doing the same job as the first, remained the

Just thinking a thought changed the condition of the maids in group one. Thought can change your body, so start thinking this thought: Disorganized moms burn more calories than organized moms do. Disorganized women exceed the Surgeon Generals recommendation for exercise every

Just with this new knowledge, I expect you to lose two pounds, lower your systolic blood pressure reading and lower the percentage of fat content in your body in the next month! Remind yourself every day of this new knowledge. In fact, because I know you are going to sit down in a secluded, quiet room several times a day to pee, take that time to tell yourself this information and watch what happens.

Thank you for reading my blog! I hope it helps you appreciate what a blessing you are. Don't miss Part II next week! I'll open your eyes more on how wonderful you are.

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, ways to lose weight and get your finances in order, all from a reformed SLOB's point of

## Single Again

Make the rest of your life the best of your life



www.SingleAgain.com/dating

## AMERICAN RIVER DENTAL

- ► Consultations with Doctor
- Evening & Saturday Appts.
- ▶ We provide I.V. Sedation (Sleep)
- ► Insurance Welcome
- ► Cosmetic Dentistry & Braces
- ► Financing Available

### Complete Dental Services Under One Roof

MICHAEL HOLM, D.D.S.

JOHN RIACH, D.M.D.



We Welcome **Emergencies** 









## Load your events up!

Go to www.RanchoCordovalndependent.com, click on EVENTS and add your EVENTS to our calendar. It's that easy!

Most EVENTS can be posted for FREE!



## Blessings can really use your help!



Can you volunteer your time?

Once a week we pack food bags for 211 children at Unity of Sacramento, Thursdays, 5:30pm-7pm

Can you make a donation to help us continue to Feed the Future of America, one school at a time? We appreciate your help!

Donations are greatly



www.BlessingsinaBackpackRancho.org 213-5595

#### U.S. Basebal

Get a jump on the competition with four weeks of hitting, pitching, and defense lessons as low as \$99. Hosted at Rio Linda HS coming to your area January 17 -February 7.

Save up to \$120 This Week

🖈 Sessions for Grades 1-12 🖈 Register Now, Pay Later 🖈 Space is limited www.USBaseballAcademy.com



RanchoCordovalndependent.com



#### By Ronnie McBrayer

It was on Christmas morning 1980 that I discovered a Hungarian professor's maddening invention beneath the holiday tree. It was Erno Rubik's magic puzzle, brought to America: The Rubik's Cube. With a few twists I was hooked, but I never figured the thing out.

The Rubik's Cube is still the most popular toy ever produced, all these decades later, and theoretically, it is easily solved. No matter its configuration, it can be tidied up in twenty turns or less. And in practice, this is confirmed. Dutchman Mats Valk has solved a Cube in less than six seconds. But I suspect that of the 350 million cubes sold over the years, most of them are in the same condition as the one I received-unsolved.

I worked on mine for a year, and despite my best efforts, I could only solve three sides at once. Finally, I gave up and did what my friends were doing with their Cubes. I peeled off those colorful stickers and reapplied them in the correct location. If I hadn't given up, I might still be wasting my time, twisting and turning that infernal piece of plastic, attempting to sort out what could not be sorted.

There are some puzzles that cannot be solved. We don't

## The Puzzles of the Past

have the ability, and there is no cheating; no "peel-and-reapply" solutions. Death. Unjustified suffering. A silent heaven when we pray. Who hasn't twisted and turned these things over in their mind, losing sleep and years in the process, trying to navigate such "swamplands of the soul" (as James Hollis describes these things)?

Most of these conundrums are captured in a single word: Yesterday. For every person wrestling with what is happening today; for every person anxious about what might happen tomorrow, there are a dozen people stuck in what happened yesterday. We take our past experiences and we work them over and over again, getting bogged down, wasting life, and we can't seem to let the

We are always peering over our shoulders; always trying to re-envision a happier past; always staring into the rearview mirror. So it should be no wonder why we can't keep our lives on track, why we keep crashing into the metaphorical ditch. What else could happen when we maneuver through life while looking backwards?

Yet, we are all moving forward. That is where life is lived. That is where God is leading, and the road he is creating, as with the beautiful prose of the prophet Isaiah, more than apropos as a new year begins: "Forget the former things; do not dwell on the past. See, I am doing a new thing...I am making a way in the wilderness."

We can't keep working

through the past, attempting to solve what can no longer be solved, and live a free and peaceful life today. We have to let go of yesterday and move further down the road. Does this sound like "quitting" or like "giving

Well, return to Rubik's Cube. This is almost impossible to believe, but according Erno Rubik himself, there are 43 quintillion ways to scramble a Cube. So if you turned the Cube one turn every second, it would take you nearly 1500 trillion years to go through every permutation!

When viewed from this perspective, it makes perfect sense to give up on solving some of our problems, for we don't have the time to obsess with unending analysis of how our lives could have been different. We don't have the years to navel gaze at our pain and our problems.

Simply, there comes a day when we must put down our puzzles; a day to quit working so hard on what we cannot fix; a day to lift our heads and see the God-given road that leads to life; a day to give up "all hope of a better past," and start living again. We are granted only so many days among the living, so we had better spend those days, living, not scrutinizing every twist and turn of our past.

Ronnie McBrayer is a syndicated columnist, pastor, and author. His newest book is "The Gospel According to Waffle House." You can read more at www.ronniemcbrayer.



If you were asked whether or

not you are happy, how would

you answer? If your answer is

a resounding, unqualified "yes,"

that's great. But if your answer

is "no," "sometimes," or "I don't

know," there are effective steps

you can take to increase your

Let go of the past. Forget

about what you could of, would

of, or should of done. The value

of the past is learning to repeat

successful strategies while

avoiding actions that caused

problems. Happy people enjoy

the present and look forward to

life. Don't think like a victim.

You are the only one who can

change things you are unhappy

with. Your circumstances are not

the fault or responsibility of any-

Cultivate multiple interests.

Get involved with a variety of

enjoyable activities. It's easy to

feel as if you are in a rut when

engaged in the same repetitious

routines. You probably already

know what your interests are.

Get into action rather than just

dreaming about what you would

Be appreciative for all of your

blessings. Create a mental check-

list of all of the good things you

are thankful for. Review this list

daily to maintain an attitude of

gratitude. Those who appreci-

ate all they have feel they have

a life of abundance. Those who

are unhappy with what they

have always want more and

never feel they have enough.

Take responsibility for your

level of happiness.

the future.

like to do.

Dare to Live Without Limits

> Are You Happy?

by Bryan Golden Have a positive outlook and attitude. Focus on what's possible rather than devising excuses for not accomplishing what you want. A positive attitude is a

ment, and unhappiness. Think creatively. All problems have solutions. Happy people become adept at discovering them. Life is challenging but obstacles can be overcome. Creative thinking enables you to look for solutions from every possible perspective. Creative thinking turns your brain into a problem solving machine. Solving problems boosts your happiness.

foundation of all accomplish-

ment. A negative attitude is a

cause of frustration, disappoint-

Work with what you have and where you are. Waiting for something to change before taking action to get what you want halts any progress. You will be happier when you are actively engaged in the pursuit of your dreams.

Be yourself. You are unique. Work to enhance your strengths and overcome your weaknesses. Personal growth is an ongoing process. Wishing you were someone else leads to unhappiness. You can make your life whatever you want. Your accomplishments are based on who you are, not who someone else is. Happy people accept who they are while always striving to improve.

Utilize your talents. There are certain things you have a natural ability with. Look to capitalize on them. Don't get hung up on

those tasks you struggle with. Although you can learn to do anything, there are certain things you excel at. When you concentrate on what you are good at, your progress and happiness increase.

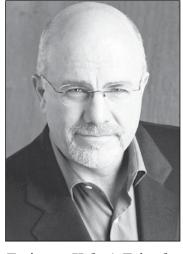
Accept change. The only thing constant is change. Resisting change will not stop it, you will just become unhappy. Happy people recognize that change makes life interesting and definitely keeps things from becoming boring.

Help others. When your actions bring happiness to someone else, you also feel happy. This step is especially effective whenever you find your spirits at a low point.

Don't worry. Worry is like being in a rocking chair; it's a lot of activity that doesn't get you anywhere. Worry is draining. Take action to change things you have control over. Let everything else go. It's virtually impossible for worry and happiness to coexist.

Your happiness is up to you. Start with any one of the above steps and take action to become happier. You'll be happy you

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2009 Bryan Golden.



## Dear Dave,

I have a friend who is experiencing financial problems. She is between real jobs at the moment and only bringing in about \$600 a month. But even when she's working regularly, she doesn't budget or manage her money wisely, and she's always looking for more money. On top of all this, she's holding out hope for her dream job out of state. She interviewed several months ago, and hasn't heard anything from the company. What can I do to help her?

- Gina

#### Dear Gina.

I don't mean this as an insult so much as an observation, but your friend sounds kind of flighty and impulsive to me. I think she may also be a bit immature. So what we're really talking about here is how to get your friend to grow up a little bit and stop chasing rainbows. Don't get me wrong. There's absolutely nothing wrong with having a dream job, but you have to be realistic and practical at the same time.

Right now, I want her chasing three or four smaller job rainbows at once so she'll actually have a chance of catching something. When you chase just

Single Again

Make the rest of your life

## Dave Says

one, in most cases you end up with nothing. The first thing I'd tell her is that the most employable people are ones who aren't broke. When you go into an interview and you're broke, you come off as tense and desperate, and you don't make a very good job candidate.

The answer to that, when you're basically unemployed, is to work any job - and any three or four jobs. Wait tables, deliver pizzas or mow yards. I don't care what, just generate some income. Work all the time and smile! You never know when you might be talking to your next employer. You could be walking someone's dog one day and end up in their marketing department the next. But none of this will happen if you're trying to feel better about yourself by sitting home watching Oprah

I assume that since you're friends, she's willing to listen to what you have to say. But if she won't, all you can do is pray for her. Remember the old saying, "Those convinced against their will are of the same opinion still."

- Dave

#### Honeymoon on a Budget

Dear Dave,

I just got married, and my husband and I want to book a combination honeymoon and New Year's trip to celebrate. We don't have all the money for it right now, but will have in a few weeks. We were thinking about booking the trip on a zero-interest credit card, and paying it off

www.SingleAgain.com/dating

when we have all the money. I know you hate debt, but would this be okay since it would be a very short-term debt?

- Laura Dear Laura,

I know you guys are excited and happy about being married. And I wish you all the happiness in the world. But I don't recommend credit cards of any kind,

for any reason, whatsoever. I don't want to burst your bubble, but if you can't pay for this trip up front you can't afford it. Believe it or not, lots of people postpone wedding trips until they've had a chance to save up a little bit of money. Some folks have never even gone on a honeymoon trip, and they have great, loving marriages.

My advice to you and your new husband is to work, and save up a little bit more. Maybe one or both of you could pick up extra jobs for a little while, and make it happen sooner. Then, when you can pay cash for the trip, go have a blast on a honeymoon you can afford!

- Dave

\* Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @ DaveRamsey and on the web at daveramsey.com.



Senior Minister/CEO **Unity of Sacramento Host, Design Your Life** on UnityOnlineRadio.org

Coach to



**America's Rising Stars** 



#### A positive path for spiritual living

#### Welcome to Unity of Sacramento

We are a transdenominational, intercultural, interfaith, spiritual community of love open to all people. We are a place to heal and a space to grow. We are a soft place to land for the traveler on the spiritual journey.

Our Spiritual Leader Reverend Kevin Kitrell Ross, Senior Minister

Our Vision

'Centered in God, we co-create a world of peace, prosperity and unconditional love for all."

Unity of Sacramento is home of the Daily Word and is an affiliate of the Unity Worldwide Ministries and Unity Institute at Unity Village, Missouri.

#### OUR SUNDAY CELEBRATION SERVICES

Traditional /Contemplative 9:00 AM **Guided Meditation 10:15 AM** 

Contemporary/Inspirational 11:00 AM with Sunday school for children and teens during the 11:00 am services

Unity of Sacramento, 9249 Folsom Blvd Sacramento, CA 95826 • 916-368-3950 unityofsacramento.com

### CHURCH DIRECTORY

THE EASTERN CATHOLIC ARCHDIOCESE (Chaldean-Syrian) 3516 Nouveau Way • Rancho Cordova, CA 95670 (916) 635-4445

Sacramental - Charismatic - Liturgical

**BAYSIDE LIFE CHURCH** OF RANCHO CORDOVA P. O. Box 277375 • Sacramento, CA 95827 (916) 364-0555 www.baysidelifechurch.com

Currently meeting at Sunrise Elementary School 11821 Cobble Brook Dr. Rancho Cordova, CA 95742 (Anatolia Area) Children and Youth Sunday Programs Worship on Sundays at 10am with Pastor Donny Burleson

**SUN RIVER CHURCH** 11223 Trinity River Drive Rancho Cordova, CA 95670 • 635-9000 9:00 AM: Contemporary Service

Worship music with a guitar-driven feel. 10:45 AM: Blended Service A mix of hymns, old favorites, and contemporary worship. "building bridges of irresistible influence"

**BIBLE FELLOWSHIP BAPTIST CHURCH** 9900 Horn Rd. (Folsom Blvd. & Bradshaw Rd.) www.aboutbfbc.com

"Loving God, Growing Together, Serving Others" Sunday 11am, 6pm & Wednesday 7pm

FIRST BAPTIST CHURCH OF RANCHO CORDOVA

10720 Coloma Road • 635-4672 Bible Study for All Ages 9am Sunday Morning Worship 10:30am Sunday Awana Children's Program Sunday 5-7pm (September through May) Mid-Week Prayer & Encouragement 6pm Wednesday

Pastor Tom Jones Music Director David Black **UNITED METHODIST CHURCH** 

2101 Zinfandel Drive, 635-4242 Nursery Care 9:30am - 11:30am Sunday Worship 10am • Rev. Tina Ballagh, Pastor

> THE BRIDGE CHURCH Rancho Cordova City Hall

2729 Prospect Park Dr., American River North Room 916-304-3014 • Sundays 10am Expository verse by Verse Bible Teaching Childcare provided through 8 years www.TheBridgeOnline.net "Making disciples who make disciples"

Place Your Church Services Ad in the Grapevine Independent Church Directory. Call us at 916-773-1111



the best of your life



GOT LOCAL NEWS?

## Rancho Cordova Library Events

EARLY CHILDHOOD (0-5) Rancho Cordova Library Storytime @ Rancho Cordova Library Wednesdays, 10:30 AM Build early literacy skills with fun rhymes, stories, songs and more! Part of the Summer

ADULT Rancho Cordova Library Garden Club of Rancho Cordova Branch Library Fridays, 1:00 PM

Reading Program - PAWS TO READ!

Learn what you can be doing in your garden now, take an armchair garden tour, or share tips and information with other gardeners. Special guest gardeners at many of our meetings! We may plan field trips to gardens as well. Sponsored by the Rancho Cordova Branch Friends' Group.

#### **ADULT**

Rancho Cordova Library Volunteer Orientation at the Rancho Cordova Branch Fridays, 4:00 PM

Learn to be a library Volunteer. Primarily, we need volunteers to shelve books. Thank you for thinking of the library. Please note: NO MEETING JULY 5 2013, Library CLOSED.

#### **ADULT**

Rancho Cordova Library Coffee, Tea and Conversation for Seniors at Rancho Cordova Library First Saturdays, 10:00 AM

Share what your favorite books are, your favorite memories: let the conversation flow! Light refreshments will be served. First Saturday every month except July 5 2014, Furlough Day. Sponsored by the Rancho Cordova Branch Friends' Group.

> **SCHOOL AGE (6-12)** Rancho Cordova Library Kids' Snacks Program @ Rancho Cordova Library Thursdays, 3;30 PM

The Junior League of Sacramento's After School Snack Program provides activities that promote the health and well-being of children and youth in our communities. This program provides students with a tasty nutritional boost and encourages participation in supervised snack preparation using local and seasonal produce. We provide activities that are safe, fun and filled vith learning opportunities. Co-sponsored by Sacramento Public Library. Free program for school age children ages 6 - 12 years old.

Rancho Cordova Library The junior league does upkeep on the library garden Saturdays, 9:00 AM Help the Junior League keep the children's training garden in good shape.

**BOOK CLUB** 

Rancho Cordova Library Rancho Cordova Library Mystery Lovers Book Club Tuesdays, 3:00 PM

This library book club is for lovers of mysteries. We are a friendly, informal group that meets the third Tuesday of each month from 3 pm to 4:30 pm in our Community Room. Please join us for exciting discussions.

> **SCHOOL AGE (6-12)** Rancho Cordova Library Kids' Chess Club @ Rancho Cordova Library

Wednesdays, 4:00 PM

Here's a chance for school-age chess players of all skill levels to play against each other free. Beginning chess lessons provided. Challengers and visitors are welcome to gather around, watch and learn from games in progress. Come any time between 4 and 6 p.m., sign in and find out how much fun chess can be! Part of the Summer Reading Program - PAWS TO READ!

**ADULT** 

Rancho Cordova Library Rancho Cordova Third Thursdays Writing Group and Literary Readings Thursdays, 6:00 PM

Rancho Cordova Library Adult Writing Group - If you are just starting to write, want feedback on your writing, or need a helpful push to write more, this group is for you! We will provide gentle advice in a supportive writing environment.!

#### **ADULT**

Rancho Cordova Library Rancho Cordova Third Thursdays Writing Group and Literary Readings Thursdays, 6:00 PM

Rancho Cordova Library Adult Writing Group - If you are just starting to write, want feedback on your writing, or need a helpful push to write more, this group is for you! We will provide gentle advice in a supportive writing environment!

Rancho Cordova Library Capitol Crimes Sisters In Crime

@ Rancho Cordova Branch Library

Saturdays, 1:00 PM

Mystery authors and fans gather to hear speakers and read and discuss mystery books and the writing mysteries.

#### **TECHNOLOGY INSTRUCTION**

Rancho Cordova Library Individual E-Reader Help @ Rancho Cordova Library Saturdays, 2:00 PM

Individuals may schedule a personalized help session for the use of their e-reader with the library's digital collection. First come, first served, with individual sessions lasting up to 20 minutes. A library card and pin number is needed. This is free help from the Library.

> **BOOK CLUB** Rancho Cordova Library Fantasy & Science Fiction

Teen Book Group Thursdays, 4:00 PM Teens! Do you enjoy reading books about fantasy, ghosts, other galaxies, and life forms? Join our book discussion group once a month for fun talks about other worldly books

that conjure the imagination. **ADULT** Rancho Cordova Library Fantasy & Science Fiction

Teen Book Group

Thursdays, 4:00 PM Teens! Do you enjoy reading books about fantasy, ghosts, other galaxies, and life forms? Join our book discussion group once a month for fun talks about other worldly books that conjure the imagination.

#### **ADULT**

Rancho Cordova Library Job Searching Online @ Rancho Cordova Library Fridays, 10:00 AM

This free Oasis class will help you look for a job by using the Internet. Learn to search for jobs online,& communicate with prospective employers. Register via our website, by calling 916-264-2920, or by visiting a library service desk. Class is held during closed hours, so please enter through the staff entrance.

Additional Events at Rancho Cordova Library: Family/All Ages: Lego Mania! @ Rancho Corodva Library - Fridays, 3:30 PM • Adult: Spanish Conversation Circle for Adults at Rancho Cordova Branch Library - Saturdays, 3:00 PM



A Film Review by Tim Rilev

The holiday season brings more films than usual, and not one of them, as far as I can tell, has anything to do with Christmas. For the seasonal spirit, one needs to reconnect with "It's a Wonderful Life," or even "The Christmas Story."

On the other hand, how was one to guess that Neville Chamberlain, the infamous appeaser of Adolf Hitler, would figure into the holiday film schedule? This is the guy who wanted to ban the screening of Charlie Chaplin's satirical "The Great Dictator," lest Britain offend the Fuhrer.

Now we are worried about insulting the despotic tyrant of the repressive North Korean regime, so we won't get to see the holiday release of "The Interview," starring James Franco and Seth Rogen as a TV host and producer, respectively, tasked by the CIA with assassinating their interview subject, the seriously unhinged Kim Jong-Un.

Notwithstanding public pronouncements from Sony Entertainment, it's only a matter of time before copies of "The Interview" surface somewhere, probably bootleg versions sold on street corners of New York's Chinatown. So let's turn our attention to what is readily available.

Peter Jackson's "The Hobbit: The Battle of the Five Armies," which is rated PG-13, is the last leg of the trilogy of film adaptations of J.R.R. Tolkien's masterpiece. It appears that filmmaker Jackson wants to go out with a big bang, and he succeeds.

More than the previous chapters, this concluding segment is certainly explosive in terms of

## Riley Reviews

**HOLIDAY WRAP FOR "THE HOBBIT" AND "NIGHT AT** THE MUSEUM"

violent battles. "The Battle of the Five Armies," which follows upon the conclusion of "The Desolation of Smaug," adheres faithfully to the premise of its title.

During the fiery opening sequence, the defenseless men, women and children of Lake-town are attacked mercilessly by the terrifying Dragon, Smaug (voiced by Benedict Cumberbatch), as he breathes fire upon the village, laying waste to everything in his wake, even though Bard (Luke Evans) proves heroic.

Seeking refuge at the Lonely Mountain, the Lake-town refugees find that the King Under the Mountain, Thorin Oakenshield (Richard Armitage), has succumbed to what Tolkien called the "dragon-sickness," a condition of greed that causes Thorin to hoard his vast resources of gold and other treasures.

Thorin and the Dwarves of Erebor must now face the consequences of desperate people fleeing their homeland. Worse still is that Sauron, the Dark Lord (he's the really ugly one), has sent forth legions of Orcs in a stealth attack upon the Lonely Mountain.

Our Hobbit hero Bilbo Baggins (Martin Freeman) is flustered that he can't get Thorin to see reason. Bilbo finds himself fighting for his life and the lives of his friends as five great armies go to war. Even the wizard Gandalf (Ian McKellen) is helpless.

For the non-believers, "The Battle of the Five Armies" might be the best of the trilogy for the relentless action scenes. The Tolkien faithful at least get the end of the continuous story set in Middle-earth 60 years before "The Lord of the Rings."

Family entertainment is comfortably obtained with "Night at the Museum: Secret of the Tomb," rated PG and the third and final installment of the comedy

series about a night watchman at New York's Museum of Natural History who deals with exhibits that come alive after sundown.

Ben Stiller's Larry is still working the night shift at the museum, but trouble looms when a big gala dinner event turns to disaster and the museum director (Ricky Gervais) loses his job. But even bigger trouble is afoot when Larry discovers that the deterioration of an ancient Egyptian tablet puts all the exhibits into jeopardy.

This is also the last film for Robin Williams, reprising his role of the wax figure of Teddy Roosevelt, who as a result of short-circuiting from the malfunctioning tablet starts quoting other former Presidents, even those succeeding him.

The fate of the New York museum wax figures appears to rest with another exhibit at the British Museum in London. So Larry packs up his crew, including the roughrider chief executive; Owen Wilson and Steve Coogan as the miniature cowboy and Roman soldier; Attila the Hun; and the Capuchin monkey, and they head for England.

Once inside the British Museum, after Larry convinces the bored night guard (Rebel Wilson) to open the gates, the hunt is on for Ben Kingsley's Egyptian pharaoh, who may possess the key to reversing the tablet's disintegration. Naturally, new mayhem is unleashed, especially from less than cuddly animals.

The most amusing new wax figure is Sir Lancelot (Dan Stevens), who once animated becomes obsessed with finding Guinevere. His opportunity comes when he storms the stage of a West End theatre showing a production of "Camelot," starring Hugh Jackman and Alice Eve. Let's just say that he's very insistent in his claim to the stage version of Guinevere and wants to slay Hugh Jackman's King Arthur.

"Night at the Museum: Secret of the Tomb" is familiar turf, though Stiller adds a new dimension to the comedy by also playing a Neanderthal who proves irresistible to Rebel Wilson's security guard. The third installment lacks any pretense; it's just simple fun and amusing entertainment.

## Messenger Publishing Group has openings for people who want to work!

#### **Customer Service/Inside Sales**

We are looking for a Customer Service pro. Must have sales and service experience, great telephone presence, flexible schedule, be proficient with Excel, Quickbooks, and the internet. Position follows up with incoming sales calls for our sales agents, with legal advertising clients to verify orders and information, and offers general customer service to advertising clients.

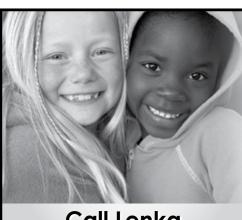
#### **Copy/Traffic Editor**

Must have editorial experience and work well with others in a fast paced environment. Position manages incoming submissions via email, copy edits submissions to prepare them for print, and generally organizes editorial copy. Flexible schedule.

#### **Graphic Artist-Layout**

Support person needed to assist with graphics and layout. Must be proficient in various programs including Adobe CS3-5 Photoshop, InDesign, etc. Design ads from home and/or perform layout duties at MPG offices. Newspaper or magazine publishing preferred.

To apply for any of these positions, email your resume and references to Publisher@MPG8.com.



## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ Call Lenka 1st aid, 24 hr support, (916) 338-7156 monthly reimb.



Earn \$200 per month for just a few hours delivery work per week!

CALL 773-1111





YES! START MY SUBSCRIPTION NOW!	
NAME	
ADDRESS	
сіту	ZIP
	COPTIONAL)
* To opt-out of delivery of the Sacramento Bee, simply check this box	
MAIL YOUR PAYMENT TO:  MESSENGER PUBLISHING GROUP  RCI	

7144 FAIR OAKS BOULEVARD, SUITE 5 CARMICHAEL, CA 95608

\*Some delivery restrictions may apply.

As a valued Grapevine Independent subscriber, you receive the Sunday Sacramento Bee as part of your subscription. BOTH NEWSPAPERS FOR ONLY \$15 FOR 6 MONTHS!

IT'S THE PERFECT COMBINATION!

Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.

## CALL A PROFESSIONAL!

Business & Service Directory

LANDSCAPE SERVICES



**Superior Landscape Services** Landscaping and Maintenance

- Sprinkler Repair/Install
   Pruning
- Mowing/Trimming Fertilizing

(916) 728-5812 • Cell (916) 761-0999 Dave Cochran Owner • dave SLS@surewest.net

PARALEGAL SERVICES

#### **Living Trust • Living Will**

Includes: Trust, Will, Powers of Attorney, Family Residence Deed *Single* \$450 • *Couple* \$495

Call Lynda K. Knight (916) 214-1215 1337 Howe Ave. Suite 103, Sacramento

Dental Care



## ENTISTRY

Located at 11230 Gold Express Dr. #306 Gold River, CA • 916-852-7660

- Restorative and Cosmetic Dentistry Oral Sedation
- Invisalign Extractions (including wisdom teeth)
- 1 hour Teeth Whitening (as seen in extreme makeover)
- White Fillings Digital X-Rays (uses less radiation) Financing Available

Drug and Alcohol Rehabilitation



HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM! 18 YEARS IN BUSINESS!

DETOX (916) 965-3386

**SOBER LIVING (916) 961-2691** 

#### Painting Service

### QUALITY A PAINT SERVICE

22 Years Experience

State Lic. 646386

Prefer Small Jobs - My Specialty! **Delign 2-3 Rooms Delign 2-3-4-5** Doors

**▶** Single Family Homes

1200-1500 Sq Ft.



#### AIR CONDITIONING/HEATING SERVICES

"Remember, When It Comes To Air, There's Really Only One Pro"



Maintenance Sales ★ Service CCL#: 498775

(Heating or Air) · Experienced, Reliable, Affordable

Tune Up Special

- Family Owned & Operated • Serving the Sacramento Region Since 1982
- (916) 722-8300 www.proairac.com

#### **CEMETERY SERVICES**

#### Respectful, Affordable Burial

**Endowment Care Facility** Beautiful Park like setting Monuments allowed • Cremation Niches Commingle Scattering Garden Quality & Affordable Service

**Fair Oaks Cemetery District** 

7780 Olive St., Fair Oaks, 95628 916-966-1613

#### PET SITTING SERVICE

Professional, Loving PET CARE

**Established Reputation Kennel Free Environment** Lots of TLC

Call Madeline

(916) 723-1608

#### Funeral Services



FD 1404

7960 WINDING WAY FAIR OAKS, CA 95628 Tel (916) 9611265 Fax (916) 9612430

#### HOME OWNERSHIP

### 1st Time Home Buyer??



REAL ESTATE

Me out Charles

Vines **Broker Associate** (916) 216-9349



insky's

**PC Configurations** 

"Don't replace it - REPAIR IT!"

#### Computer Services

#### YourAppleTutor.net HANDS-ON APPLE TUTORING

At your home or office, with you and your Mac, MacBook, iPhone, iPad, or Apple TV.

\$100 for 2 hours



Expert Experienced Help Begineers to Advanced Users Reasonable Rates (916) 996 - 0609

Alan Zinsky Phone: 916-622-2269 Zconfig@sbcglobal.net

www.zinskyspcrepair.com

Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking

Installations • Viri & Spyware Eradication

#### REAL ESTATE



#### Sherm Grady REALTOR®BRE #01925823

916.768.7704 Mobile 916.773.8027 Office • 916.722.7947 Fax

sherm.grady@cbnorcal.com www.shermgrady.com

2270 Douglas Blvd., Ste 120 Roseville, CA 95661

COLDWELL BANKER 13

RESIDENTIAL BROKERAGE

#### Handyman

#### **CARPENTER DAVIDMACK** Handyman • 25 Years Experience

Bus. Lic. # 636425

Honest Man • Quality Work

• Doors Specialist • Dry Rot • Roof Repairs • Painting • Sheet Rock • Texture All Floors, Windows, Decks, Tiles, Patios A to Z • Exterior Sidings • Plumbing • Electrical • Dump Hauling • Facial Boards • Gutters Auto Body and Spot Painting

916-548-8249

**CALL 773-1111 TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER** 

10 11

#### LEGAL SERVICES



Gordon G. Bones

- The Law Firm provides the following legal services: · Bankruptcy · Business and Corporate Matters Trust and Trust Administration Estate Planning • Probate and Conservatorship Family Law

## P: 916.965.6647 F: 916.965.4218 DENTAL CARE

## Anni The Painter Okay! Perfectionist Kitchens • Etc.

Dr. John C. Riach Dr. Michael B. Holm Dr. Guy E. Acheson

## AMERICAN RIVER DENTAL

Appointments 7 a.m. to 7 p.m. • New patients welcome IV Sedation-Nitrous Oxide • Orthodontics

10350 Coloma Rd. 362-9247





Just don't ask to see our cape.

Join thousands of businesses that have discovered the benefits of bartering.

Connect. Trade. Save. call Susan 916.779.5210 | sacramento.itex.com

#### Painting Service



Lic # 733938 • Free Bids

#### **One Room**



• Cabinets • Bathrooms

#### **ACROSS**

## Fun Ideas • Kid's Rooms New Molding Installs • Small Jobs OK!

#### elderly people 17. Black gold 18. Traction aid 19. \*Spaghetti

- 21. \*Precursor to cowboy 23. Type of tree 24. Cough syrup balsam

- Region of China 43. Tubular pasta 44. Rock bottom
- Destiny opponent
- 47. Norse deity and husband
- 48. Shoe hole 50. Audio bounce-back
- 53. Frequenter
- 66. Female sheep
- 71. Plural of ostium 72. A chronic drinker, pl.
- 73. \*Billy the Kid's was less than 20 when killing his first
- 2. Angry display
- 3. Shining armor 4. Fusilli, e.g.
- 5. Catch in a net
- 7. -Wan 8. Artillery burst
- 15. \*Jury did it to Wild Bill Hickock after famous gunfight
- 22. Priestly garb
- 24. \*She often worked in one room in Old West

dish

© StatePoint Media

Make the Switch

and Save Up To 50%

1-800-318-5121

Call Now and Ask How!

26. "Take it back!"

to Dish Today

- 1. French pancake
- 9. \*The steam drove Western growth
- 13. Flotsam and jetsam alternative of Management
- 15. In any degree at all archaic 16. Discrimination against
- 25. Contrary conjunction 28. Heracles' wife
- 35. "Put a lid .
- 40. Capital of Norway 41. Special Administrative

- 52 It's inferior in the Navy
- \_ de Triomphe
- 61. Metallurgy factory
- \_ two shoes' 68. "
- 70. Spring mo.
- 74. Lofty homes
- **DOWN** 1. Bird weapon
- 6. Ke\$ha's 2012 hit
- 9. Beauty or babe
- Graham 12. Football great
- 25. \*The Wilderness Road trailblazer

### STATEPOINT CROSSWORD • THE WILD WEST CROSSWORD

#### **CLUES**

- 6. Trig function
- 14. Earned at Kellogg School

- 30. Methane or carbon diox-
- 37. Russian mountain chain 39. Lorry in America
- 46. \* Party, Manifest
- of Frigg
- 57. \*Type of Wild West wagon
- 65. Run off to wed
- 69. RAF member

- 10. Curved molding 11. Blacken
- 20. Watery discharge from eyes or
- 58. Assortment 59. Unit V 60. "Iliad," e.g. 61. Bone-dry

51. \*

east-west

54. Swelling

56. Intimate

brown cap

62. Marines' toy recipients 63. Prep for publication 64. Swedish shag rugs 67. Tail action

62 63

EMIUM MOVIE CHANNELS For 3 months. HBO #WIIME starz

esurance

\Lambda dish Call 7 days a week 8am - 11pm EST Promo Code: MB0113 \*Offer subject to change based on premium channel availability

> SUDOKU you could save 28% Call 1-800-970-4376 to see how much

5 8 5 6 3 8 1 4 6 3 3 8 2 3 4 5 9 4

2

row, column and 3-by-3 box includes all digits 1 through 9 For Solutions See Page 9

5

Come back every week for Crossword and Sudoku!

#### 27. Found over "n" in Spanish 29. Brightly colored and showy, Scottish 31. Rice-like pasta 32. \*Sacagawea, e.g. 33. To \_\_\_ a play 34. \*They were often traded 36. Work hard 38. Nonclerical 42. Early Irish alphabet 45. Bemoan 49. Triple loop in skating

\_ Trail, spanning

57. Large edible mushrooms with a

**HOME FOR SALE** 

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Adoption

#### Announcements

Thanksgiving to St Jude for Granted Request I have done my Novena and I had my request granted. Thank you St Jude. ICB. (MPG 10-16-14)

Custom Sewing and Alterations
• Hard to Fit • Plus Size 916-476-6092 (MPG 08-31-14)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the r of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email (Cal-SCAN) cecelia@cnpa.com

DID YOU KNOW Newspapergenerated content is so valuable it's taken and repeated, condensed, tweeted, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com

DID YOU KNOW that not only does newspaper media reach a HUGE Audience, they also reach an EN-GAGED AUDIENCE. Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (cal-scan)

#### **Antiques/Collectibles** Wanted

Always Buying WWII Military Souvenirs, German, Japanese, U.S. Also Antiques Firearms, Obsolete Law Badges, 916-300-8045 Police, Sheriff, (MPG 12-31-14)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 06-30-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 06-30-15)

#### **Apartments For Rent**

RETIREMENT APARTMENTS, ALL INCLUSIVE. Meals, transportation. activities daily. Short Leases. Monthly specials! Call (866) 338-2607 (NANI)

#### **Autos Wanted**

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! **1-800-844-3595** 

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models, Free Towing! We're Local! 7 Days/Week, Call Toll Free: 1-888-416-2330 (NANI)

GET CASH TODAY for any car/ truck. I will buy your car today. Any Condition. Call **1-800-864-5796** or www.carbuyguy.com (NANI)

YOUR CAR. TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of 800-731-5042 (Cal-SCAN)

#### Cable/Satellite TV

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

Get The Big Deal from DirecTV! Act Now - \$19.99/mo. 3-Months of HBO, starz, SHOWTIME & CINEMAX. FREE GENIE HD/DVR Upgrade! 2014 NFL Sunday Ticket. Included with Select Packages. New Customers Only. IV Support Holdings LLC- An authorized DirecTV Dealer. Some exclusions apply - Call for details 1-800-385-9017 (Cal-SCAN)

**DISH TV Retailer.** Starting at \$19.99/month (for 12 mos.) & Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME Installation! CALL Now! 1-800-375-0156 (MB 06-30-14)

#### **Credit/Debt Services**

GET FREE OF CREDIT CARD **DEBT NOW!** Cut payments by up to half. Stop creditors from calling. 855-341-6281 (MB 12-31-13)

#### **Divorce**

Before you list your home, order Free Special Report that reveals what happens to your matrimonial home before, during, and after a divorce Free recorded message 1-800-213-4205

> DRE # 00809220 R Dumon (MPG 08-30-12)

#### **Electrical** Services

RETIRED MASTER ELECTRICIAN. problem solver! 30 yrs experi-ence, senior discounts, Save big don't replace panel – rebuild it. Lic.# 513168, **916-595-3052** (MPG 12-31-14)

**Financial Aid** Cut your STUDENT LOAN payments in HALF or more even if Late or in Default. Get Relief FAST Much LOWER pay-Call Student Hotline 551 (MB 06-30-14)

#### 855-341-7551

**Financial Services** SOCIAL SECURITY DISABILITY **BENEFITS.** Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today!

#### **Financial Services**

Are you in BIG trouble with the IRS? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Seen on CNN. A BBB. Call 1-800-761-5395 (Cal-SCAN)

Do you owe over \$10,000 to the IRS or State in back taxes? Get tax relief now! Call BlueTax, the nation's full service tax solution firm. 800-393-6403. (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

#### Do You Want to Know What Your Home is Worth?



Over 30% in our Area in the Last Year! Call Now for a

#### **FREE Market Analysis** of Your Home (916) 992-9922

Dare & Associates Real Estate License #01228753

#### **Fitness**

Your Fitness Genie Making Your Your Fitness Goals Fitness Come True!

Genie 14 Years of Experience Weight Loss • Injury Recovery Senior Fitness • Yoga • Pilates Safe, Effective, Functional Be Active, Call Today!

#### (916)768-8767

For Rent "cute" Carmichael of-Small fice 150 sq. feet. Asking \$200 month includes all utilities paid, desk, metal cabinet, 4826 El Camino Ave. Call 916-483-7325 or 916-972-0651. (MPG 1-15-15)

#### For Sale

Million Dollar View bed 3 ba with separate granny flat 2 bed 1 bath 4.88 acre. Qualifies VA financing Marvelene Weyer LYON RE 916-837-6400

WHEELCHAIR FOR SALE, \$600 M61 PRONTO Wheelchair with sure step, used very little. Please call (916) 708-1781 (MPG 11-05-14)

Toyota Touring Prius 2009. 58K. Great condition. \$14,900. 408-771-

#### **Foster Parenting**



Aspiranet is seeking loving homes for foster children in need. Contact 1-877-380-HERO for info and register for training. aspiranetheroes.org (MPG 04-30-13)

#### Handyman

#### **Health & Medical**

**Can't Stop Eating** QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, utter Clean,



You Name It!

(916) 613-8359

HOW (CEA-HOW) We're a nonprofit organization for anyone suffering from Compulsive Eating, Anorexia, and Bulimia, A fellowship of individuals who understand your problem and will offer you support. Come find examples of others who have found a working solution. Membership is Anonymous There are no dues or fees

for membership The only requirement is a desire to stop eating compulsively CALL: 916-434-5894 for meeting times and locations OR Visit

(MPG 07-31-14)

ceahow.org

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-281-3958 for \$10.00 off your first prescription and free shipping. (MB 06-30-14)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-356-4170 for \$10.00 off your first prescription and free shipping

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call today 1-800-273-0209, for \$10.00 off your first prescription

#### Heating & Air

AC Repair Low Prices 487-4609 (MPG)

EARN \$200<sup>00</sup> per month for just a few hours' delivery work per week CALL 916-773-1111 MPG

#### **Heating & Air**

#### VICTORIA HEATING & AIR CONDITIONING

Lic#877379 Over 10 Years of Experience We Provide SERVICE, REPAIR,

CHANGE OUT AND NEW INSTALL • Easy • Fast Response Reasonable Price

• We offer a Special \$50 Diagnostic Fee We will tell you what is wrong with your unit and how much it will cost to fix your unit before we begin work Each project is confirmed in writing

and one year warranty • OR, new unit installed with 5 to 10 years warranty So Don't Wait! Call Us At (209) 338-4475 or (916) 474-0173

#### **Help Animals**

(MPG 16-02-14)

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

#### Help Wanted

Part time Merchandiser Auburn, California. Apply at: www. apply2jobs.com/tng (MPG 12-31-14)

LIVE-IN HOUSEKEEPER

in Sacramento Good English, driving ability and Asian/Indian cooking essential. We have an attached 1 bedroom apartment with separate entrance. For 4-8 wks. Probation at \$15 per hr., afterwards up to \$2500 per month + apt. + food, etc. **Call 916-484-1333** (MPG 11-31-14)

**CUSTOMER SERVICE** Medical Billing Co. needs 6 CSR's w/ exp. Resume to HR@WeBill EMS.com We support workplace diversity. M/F/D/V. (MPG 09-25-14)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required.Call us today for more information. (916) 372 9640 (MPG)

AVON - Farn extra income with a new career! Sell from home, work, online. \$15 startup. For information, call: 877-830-2916. (Cal-SCAN)

AIRLINE CAREERS start here Get FAA approved Aviation Mechanic training. Financial aid for qualified students. Job placement assistance. Get started by calling AIM now 888-216-1687 (SWAN)

#### Help Wanted **Drivers**

Drivers: Teams and Solos! Teams - \$1000/week min, per driver + \$.01-.12 cpm. Solos - \$.40 + .05 cpm weekly. \$2500 sign-on bonus! 2vrs OTR w/Hazmat, EOE/M/F/V/D Call 877-699-2352. (MPG 10-31-14)

ATTN: Drivers - \$2K Sign-On Bonus - SAME DAY APPROVALS! Stay Warm w/ APU New KW Trucks! Earn \$55K p/yr! CDL-A Req - (877) 258-8782 www.ad-drivers.com

Obtain Class A CDL in 2 1/2 Sponsored Company Training. Also Hiring Recent Truck School Graduates, Experienced Drivers. Must be 21 or Older. Call: (866) 275-2349.

(Cal-SCAN) DRIVERS - NO EXPERIENCE? Some or LOTS of experience? Let's Talk! No matter what stage in your career, it's time, call Central Refrigerated Home, 888-891-2195 www.CentralTruckDrivingjobs.com (Cal-SCAN)

#### **Home for Rent**

Vintage Home \$1350.00 3bd/2ba. 6 car garage. No Pets/No Smoking. 209-712-4135. (MPG 11-30-14)

Home Maintenance



#### Inhome Childcare

Adela's Small in-home childcare M-F 7AM-6PM. Infant through Licensed & Insured, West Sacramento-Southport area. Call (916) 374-0465. (MPG 12-31-14)

Smart Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured. (916) 723-3342 collher@surewest

#### Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807.

**Medical Supplies** /Equipment Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis

Foundation, Therapeutic Jets, Less

Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made.

Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN) Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE Nationwide Service. \$29.95/ Month CALL Medical Guardian Today 855-334-1975 (MB 06-30-14)

#### LANDA'S

MPG CLASSIFIED ADVERTISING



Serves Sacramento Areas. Residential & Commercial Cleaning Services. For More Information:

#### Moving Services

STEADY MOVES You rent the truck...we will make sure it's loaded/un-PROFESSIONALLY! (Lic#322945) 916-206-3183.

#### Email msmith2661@comcast.net Miscellaneous

MAKE A CONNECTION Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-909-2569

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447. 18+ (NANI)

The Airlines Are Hiring! - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 888-686-1704 (NANI)

SUPPORT our service members,

veterans and their families in their time of need. For more information visit the Fisher House website at www.fisherhouse.org CASH FOR CARS: All Cars/

Trucks Wanted. Running or Not!

Top Dollar Paid. We Come To You!

Any Make/Model, Call For Instant

1-800-864-5960 (NANI) Bundle & Save on your TV, Internet, Phone!!! Call Bundle Deals NOW Compare all Companies, Packages and Prices! Call 1-855-978-2608 TODAY! (NANI)

DIRECTV starting at \$24.95/ mo. Free 3-Months of HBO, starz, SHOWTIME & CINEMAX RECEIVER Upgrade! FRFF 2014 NFL Sunday Ticket Included with Select Packages. Some exclusions apply - Call for details 1-800-647-1163 (swan)

Starting \$19.99/month (for 12 FREE Premium Movie Channels. FREE Equipment, Installation & Activation. CALL, LOCAL DEALS! 1-800-341-7308

SAVE!

Dish TV Retailer -

#### DISH TV Starting at \$19.99/month (for 12 mos.) SAVE! Regular Price \$32.99 Call Today and Ask About CALL Now! 877-626-5780 (SWAN)

**Miscellaneous** 

for Sale SAWMILLS from only \$4397.00-MAKE & SAVE MONEY with vour own bandmill- Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www. NorwoodSawmills.com 1-800-578-1363 Ext.300N (Cal-SCAN)

#### **Music Lessons**

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. eddiebbalbert1@vahoo.com 530-263-6926 (MPG 07-31-14)

Piano lessons for children and adults by experienced creative teacher. Citrus Heights. more information, www.anitraalexander.com, or call

#### (916) 725-1054 (MPG)

**Painting Services** Anni The Painter One Room at a Time Okay! Perfectionist
 Fun Ideas • Kid's Roo Cabinets • Bathrooms
 Kitchess New Molding Installs • Small Jobs OK!

#### 916-532-6194

**Personals** Want to hear from a vibrant S.D.A. Church Man. I am a vibrant S.D.A. Church Woman, 81 yrs old 5 ft 7 ins. Interested in going to church, traveling. Have a FREE pass to Yosemite. Enjoy Camp meetings. Please call me anytime at 916-496-5740 (MPG 10-31-14)

**MEET SINGLES RIGHT NOW!** No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

#### **Pets/Animals**

**DOG RESCUE** (916) 334-2841 Please Adopt or Foster

Because so many really great dogs are dying for a good home.  $Shelter {\tt MOU}$ @hotmail.com

9

2

3 5 6

#### **Real Estate**

HONEST LOCAL INVESTOR Call Me First!! Mike (916) 203-1585 mike@rlsproperty.com (MPG 02-28-14)

#### Hope for **Troubled** Homeowners

WE PROVIDE SOLUTIONS

Call Our Short Sale Hotline for a FREE Consultation (916) 331-3311

Sac Short Sale Pros

License #01128753

#### Roommate to Share

3 Bedroom House and w/Family Room/Shared Bath \$550/500. Ph: 510-372-3865.

#### Volunteers Needed

(MPG 12-31-14)

LIKE TO **PLAY BINGO?** Support Veterans While You Plays Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. 916-533-9811. (MPG 03-31-14

Bristol Hospice is looking for volunteers to provide companionship with our hospice patients and families. We provide the training and match you with a family in your area. Please call volunteer services for more information at (916) 782-5511. (MPG 12-31-13)

#### Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$25 PER BOX!

We buy One Touch and most brands. For FAST LOCAL PICK UP please call (916) 505-4673 (MPG 06-30-14)



Retired Carmichael native looking for a 1950s or 60s Porsche for restoration project. Not running OK. I'm not a dealer or reseller. I sold my '63 years ago and always regretted it. Honest and friendly. 916-803-0480 Jack. 06-30-14

Cash for unexpired DIABETIC TEST STRIPS! Free Shipping, Best Prices & 24 hr payment! 1-855-440-4001 TestStripSearch.com. CA\$H FOR DIABETIC TEST STRIPS!! Don't throw boxes away

Help others. Unopened / Unexpired

boxes only. All Brands Considered

Anvtime! 24hrs/7days (888)491-1168 (Cal-SCAN) WANTED JAPANESE MOTOR-CYCLE KAWASAKI 1967-1980 Z1-900, KZ900, KZ1000, ZIR, KZ1000MKII. W1-650. H1-500 H2-750, S1-250, S2-350, S3-400 Suzuki GS400, GT380, CB750 (69.70) CASH PAID. 1-800-772-1142. 1-310-721-0726

**Work Wanted** I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References College grad. **Tim 503-460-7149.** (MPG 08-31-14)

#### Yoga

Restorative Yoga. 1st Class Free The Cabin. Citrus Heights. Call for Louise. (916) 729-0103 (MPG 05-08-14)

### Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

8

5

6 1 7 3 9 8 6 4

Sudoku Puzzle on Page 8

5 2 3 1 8 4 6 9 8 5 6 2 3 9 4 1 8 5 1 2 6 9 3 4 3 8 2 5 6 4 9 6 9 2 3 8 4 5 7 1 8 9 5 7 2 6 3 4 1

4

9 8

#### HELP WANTED

Now accepting applications for

#### Full time and **Part Time** Holiday help at the UPS Store

Looking to fill a Position for a Notary/ Customer Service Rep. and Part Time Graphic Designer/Service Rep.

Please inquire for positions at the store location with resume. 7405 Greenback Lane

Citrus Heights

#### CA 95610 **SWORDS**

**FOR SALE** 6 Spanish Swords labeled "Toledo" purchased in Spain

**Engraved** \$150 Call 785-375-3467

4 large 2 small

#### **HELP NEEDED** AT HOME

REQUIRED Handyman - Jack of All Trades, Live-in Caretaker. Small furnished Studio in Colfax area. Call **530-637-4022** 

#### REWARD

2 Cats Missing May have been stolen from Aramon Drive,

Rancho Cordova. Male Grey & White damaged right eye. Limps, answers to Teddy Bear. Female Long haired

to Princess. Call **916-718-0598** 

White, answers

**FOUND BIRD** in Rancho Cordova Area. Call & Describe. 916-947-7904

## LOST AND FOUND

**Old Family photo** album found at a Regional Transit Bus Stop in the vicinity of Orangevale.

916-483-2299, ask for Lynne, to identify it.

Please call

#### **LEGAL ADS FOR** SACRAMENTO COUNTY?

We Can Do That! Call 489-2299

## NORTHERN CALIFORNIA GET TICKETS TODAY Sacramento: 1/17 - 2:00 PM 1 (800) 514-3849 JohnEdward.net

## Fresno: 1/22 - 6:30 PM - towertheatrefresno.tix.com

Bob's BASEBALL Tours

Chicago (Cubs), Cleveland, Pittsburgh, Boston, Philadelphia and both New York teams (Yankees & Mets) San Diege, Oakland, San Francisco, Seattle, Phoenix & both Los Angeles tsam (Dodgers & Angels)

Trip begins/ends in Seattle, WA Pacific Northwest travelers can fly into Chicago to begin the tour Coach Bus Trip, Quality Hotels & Game Tickets

 Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine) • Free Cleaning (with our cartridge)

· We are Local Service Contracts (monthly or yearly) Lease or Rent · High Volume Copying save wear & tear on y

Ρ

Ε

С 0 S

С R Ε Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

specplus@comcast.net (916) 723-8430

С

O

E-mail:

Н G Μ В Α G Ν U Α Α G S С Ε 0 M Α W Ε S Ε Q U Ε R R Ν ٧ Α S Η 0 U Т Ε В В В Ε O|GΑ С R 0 Ν R Α U S C Ζ 0 0 Α Α 0 Т M W Η 0 Α D G D N 1 R Ε Ε Ε С Ε S Ε Н Ν 0 G Ε R R 0 Α С R Ε S M Ε О V Ε D Ε Ρ Ε Ε G Ε 0 W Ε Ο Ο D 0 S Ρ L 0 Τ Μ Α R Τ Α G Ε S S 0 Τ S Α Ε Ν Τ

12342 Little Dome Way, Rancho Cordova, CA 95742, 3bed/2bath, 1983sf, built 2011, \$330K, Sam Munoz, DRE# 01741693. Delano Real

#### MISSING DOG "KASH"

12342 Little Dome Way,

Rancho Cordova, CA 95742

**Breed: Golden Retriever** 

Color: Golden, Yellow/Blonde Age: 1-1/2 years

CONTACT: (916) 778-6060 or (916) 390-4450

Contact me to get started. Waverly Independent Beauty Consultant www.marykay.com/whill61

Do you love having fun? When you host a Mary Kay® party

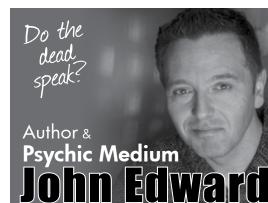
with me, I can give you custom product recommendations and

products for playing hostessi

530-415-6469

NOTICE TO READERS

that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board. California law requires that contractors taking jobs that total \$500 or more (labor and/or Jobs that total SOU OF TRIFE (1800) and total solutions makerials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs DISCLAIMER Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.



**San Francisco:** 1/20 - 8:00 PM **San Jose:** 1/21 - 8:00 PM Santa Rosa: 1/18 - 4:00 PM - wellsfargocenterarts.org

> See 8 MLB games See 7 MLB games in 12 Days! in 10 Days!

Sightseeing also included, i.e. New York City Experience and Baseball Hall of Fame in Cooperstown, NY ng also included, i.e. Golden Gate Bridge ed Walk of Fame & cruise in San Diego

Messenger Publishing Group

## Specialties Plus

**Crossword Puzzle on Page 8** 

## Sex: M, Weight: 70lbs IF FOUND PLEASE LOVE what you see? Get it for FREE!\*

#### Estate (661)-709-0921. (MPG 10-31-14) Lost 10/23/14 Near Kenneth Ave & Central Ave., Orangevale

AL ADVERTISING Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

**Legal Advertising** P.O. Box 14 Carmichael, CA 95609

#### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09333. Xiao Hong Zheng and Saikun Li, 9329 Miko Circle, Elk Grove, CA 95624 are doing business under the Fictitious Business Names "Hederbell Massage" at 2331 El Camino Avenue #A. Sacramento, CA 95821. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

141126 HEDERBELL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09328. Wei-Ming (Andrew) Tan, 2521 Rock Dove Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "SmartSoftwareDev" at 2521 Rock Dove Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

**SMART** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09081. Donald Ricardo McNair, 8106 Ingleside Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Earie Core" at 8106 Ingleside Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on November 17, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

EARIE 141129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-08524. Greenback Coin & Jewelry, 7662 Greenback Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Manzanita Coin & Jewelry" at 5801 Manzanita Avenue. Carmichael, CA 95608, Filed with the Clerk of Sacramento County on October 24, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015 141128 MANZANITA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09340. Mesa Mercado LLC, 601 Cummins Way, West Sacramento, CA 95605 is doing business under the Name(s) Business

Mercado" at 6241 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

141201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-08998. Mark Leacox, 3925 Milmar Way, Sacramento, CA 95821 and George Ban, 7004 Springmont Drive, Sacramento, CA 95758 is doing business under the Fictitious Business Name(s) "Sacramento Baseball Academy" at 7004 Springmont Drive, Sacramento, CA 95758. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

SACBASEBALL 141202 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09339. Natthinee Sutjaitham, 1000 Creekside Drive #1914, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Krua Thai Cuisine" at 1750 Prairie City Road #150, Folsom, CA 95630. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and

January 1, 2015 KRUA 141202

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09390. Ryan Nelson, Hillswood Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "RND Engineering" at 4020 Hillswood Drive. Sacramento, CA 95821, Filed with the Clerk of Sacramento County on December 2, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

RNDENG

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09392. Benjamin Antone 4009 43rd Avenue, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Kingdom Care Group, KCG" at 4009 43rd Avenue, Sacramento, CA 95824. Filed with the Clerk of Sacramento County on December 3, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

141203 KINGDOM

FICTITIOUS BUSINESS NAME STATEMENT H. Battles. FBNF2014-08977. William 6310 Appian Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Customtronics Sound, Customtronics" at 6310 Appian Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

CUSTOMTRONICS 141204

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09407. Sharnjit Kaur, 3520 Mission Avenue #1, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "S and S Trucking" at 3520 Mission Avenue #1, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on December 3, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

SANDSTRUCKING 141204

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09163. Poonam Gujral, 4019 Eastwood Village Lane, Camichael, CA 95608 is doing business under the Fictitious Business Name(s) "Promo Specialities, APJ Promotions" at 4019 Eastwood Village Lane, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on November 19, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

APJPROMO 141204

TERATERA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09424. Harinder Singh Ratia, 8258 Pinefield Drive. Antelope. CA 95843 is doing business under the Fictitious Business Name(s) "Tera Tera Auto Sales" at 5401 Warehouse Way, Suite 104, Sacramento, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on December 4, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015

141204

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-08833. Joseph Michael and Lisa Sawrelle Ruma, 4261 Eagle Ridge Way, Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "American Guitar Supply" at 4261 Eagle Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on November 6, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015 AMERICAN 141205

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09257. Ashley Bennett, 1100 Howe Avenue, Apt. 368, Sacramento, CA 95825 and Melanie Hawthorne, 3472 Misty Morning Circle, Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Mus The Salon" at 947 Enterprise Drive, Suite 21, Sacramento, CA 95825, Filed with the Clerk of Sacramento County on November 24, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

MUSSALON 141208

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09311. Joe O'Neal. 320 N. 10th Street #104, Sacramento. CA 95811 is doing business under the Fictitious Business Name(s) "Honeycomb Properties" at 320 N. 10th Street #104, Sacramento, CA 958711. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 18, 25, 2014, January 1 and

HONEYCOMB 141208

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09373. Basin Tree Service & Pest Control, Inc., 1302 Highway 28 W, Ephrata, WA 98823 is doing business under the Fictitious Business Name(s) "United Right-of-Way" at 2710 Gateway Oaks Drive, Suite 150N, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on December 2, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

141208

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09470. Pollo King, Inc., 10271 Corfu Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "El Pollo Loco" at 4600 Mack Road, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on December 5, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

141208 ELPOLLO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09361. Platinum Touch Enterprises. Inc., 4404 N. Hacienda Drive, Fresno, CA 93705 is doing business under the Fictitious Business Name(s) "Cook Healthy of Sacramento & Fresno" at 4141 Manzanita Avenue, Suite 125A, Carmichael, CA 95608, Filed with the Clerk of Sacramento County on December 1, 2014. Publish: December 18, 25, 2014, January 1 and

COOK 141209

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09447. Jennifer Lynn Urias, 7326 La Tour Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "J Ravensong Productions" at 7326 La Tour Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on December 4, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

**JRAVENSONG** 141209 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2014-09058. Carvell Printing, Inc., 1791 Tribute Road #A, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "EP21 Group, Valley Ink & Printing Supplies" at 1791 Tribute Road #A. Sacramento, CA 95815. Filed with the Clerk of Sacramento County on November 14, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

EP21 141210

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09509.James Geiaer. 9111 Trumbauer, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Cryptocloud9" at 9111 Trumbauer, Elk Grove, CA 95757, Filed with the Clerk of Sacramento County on December 8, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

141209 **CRYPTO** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09593. Play2Grow Pediatric Therapy, Inc., 6768 9th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Play2Grow Pediatric Therapy" at 6768 9th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County on December 10, 2014. Publish: December 18, 25, 2014, January 1 and

8, 2015 PLAY2GROW 141210

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-08971. EPO Lerwick, LLC, 3308 El Camino Avenue, Suite# 300-192, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Morse Glen Estates" at 3354 Lerwick Road. Sacramento, CA 95821. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 18, 25, 2014, January 1 and

8, 2015 MORSE 141210

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09118. Aaron C. Wagner, 9399 Brenton Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "A & S Investigation Services" at 9399 Brenton Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on November 18, 2014. Publish: December 18, 25, 2014, January 1 and

1-8-15

141212

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09297. SMF Global, Inc., 2701 Del Paso Road, Suite 130-206, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Viva Supermarket" at 3845 Marysville Boulevard, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on November 25, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

VIVASUPER 141212 FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09670. Robin and Chandra Merod, 9358 Defiance Circle, Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Stay Tuned Motorsports" at 9358 Defiance Circle. Sacramento, CA 95827. Filed with the Clerk of Sacramento County on December 12, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015

STAYTUNED 141212

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09314. Qianbo USA, Inc., 1337 Howe Avenue #108. Sacramento. CA 95825 is doing business under the Fictitious Business Name(s) "Qianbo USA, Inc. (Tian Ma Xun Da)" at 6840 65th Street, #100, Sacramento, CA 95828, Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 18, 25, 2014, January 1 and

141212

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09474. Alexander and Amy Angel Whedbee, 1475 Woodridge Oak Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Coralicious Frags" at 1475 Woodridge Oak Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on December 5, 2014. Publish: December 25, 2014, January 1, 8 and 15, 2015

CORALICIOUS 141216

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-08980. James R. Tuck Ewt, Inc., 3186 South Parkway Drive, Fresno, CA 93725 is doing business under the Fictitious Business Name(s) "Toy Hauler Liquidators" at 1301 El Camino Avenue. Suite B. Sacramento, CA 95815. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 25, 2014, January 1, 8 and 15, 2015

TOYHAULER 141216

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09471. Lidini Company, 3337 Sunrise Boulevard #8, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sunsystem Technology" at 4095 Bridge Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on December 5, 2014. Publish: December 25, 2014, January 1, 8 and 15, 2015

SUNSYSTEM 141218

FICTITIOUS BUSINESS NAME STATEMENT FBNF2014-09181. Darrelyn LaVerne Casey, 10813 Alandale Way, Rancho Cordova, CA 95670 and Lori Lou Baldwin, 5530 Fleetwood Drive, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Thither" at 10813 Alandale Way, Rancho Cordova. CA 95670. Filed with the Clerk of Sacramento County on November 20, 2014. Publish: December 25, 2014, January 1, 8 and 15, 2015

THITHER 141218

## STATEMENT OF ABANDONMENT

OF FICTITIOUS BUSINESS NAME FBNF2014-09064 The following person(s) has/have abandoned

the use of the FICTITIOUS BUSINESS NAME of "Tera Tera Auto Sales", located at 5401 Warehouse Way, Suite 104, Sacramento, Sacramento, CA 95826. Harinder Singh Ratia and Gurpreet Kaur Ratia, 8258 Pinefield Drive, Antelope, CA 95843. The Fictitious Business Name Statement referred to above was filed on November 17, 2014 in the County of Sacramento. Publish: December 11, 18, 25, 2014 and January 1, 2015

TERATERA 141204

> STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2013-05298

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Nissan of Sacramento and Maita's Nissan of Sacramento", located at 2500 Auburn Boulevard, Sacramento, CA 95821, Nissan of Sacramento, Inc., 2500 Auburn Boulevard, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on June 27, 2013 in the County of Sacramento. Publish: December 18, 25, 2014, January 1 and 8, 2015

NISSAN 141210

#### ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00172131

WHEREAS, FNU Nahzatullah and FNU Nooria have filed a petition with this court for a decree changing the name(s) of FNU Nahzatullah to Nahzat Salarzai, FNU Nooria to Nooria Salarzai, FNU Walwala to Walwala Salarzai and FNU Samoon to Samoon Salarzai.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 11, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 26, 2014

David I. Brown, Judge of the Superior Court Publish: December 11, 18, 25, 2014 and January 1, 2015

NAHZATULLAH 141126

CALL 773-1111

TO ADVERTISE IN YOUR LOCAL **HOMETOWN** NEWSPAPER

COLINTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00172137

WHEREAS. Faun F. O'Neel and Mark D. Try has filed a petition with this court for a decree changing the name(s) of Anndrea Lily Try to Anndrea Lily O'Neel and Dru Joseph Try to Dru Joseph O'Neel.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 11, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 26, 2014

Raymond M. Cadei, Judge of the Superior Court Publish: December 11, 18, 25, 2014 and January 1, 2015 141126 O'NEEL

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00172307

WHEREAS, Conway-Erinmauriah Spatola SBN#230881, Conway-Spatola Law, has filed a petition for Joua Kue with this court for a decree changing the name(s) of Joua Kue to Jenifer Joua Kue.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 18, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 1, 2014

David I. Brown, Judge of the Superior Court Publish: December 18, 25, 2014, January 1 and 8, 2015

141209

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00159573

WHEREAS, Andrew A. Weil, SBN#2881911, Nageley, Meredith & Miller, Inc. has filed a petition for Tiffanie Ann Rupchock with this court for a decree changing the name(s) of Brandon Lemonte Terry to Brandon Lemonte Rupchock.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 30, 2014

David I. Brown, Judge of the Superior Court Publish: December 18, 25, 2014, January 1 and 8, 2015

RUPCHOCK 141209

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00172654 WHEREAS, Konstantin Ivanovich

Ostapenko has filed a petition with this court for a decree changing the name(s) of Konstantin Ivanovich Ostapenko to Eric Julian German.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 25, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014

Raymond M. Cadei, Judge of the Superior Court Publish: December 18, 25, 2014, January 1 and

OSTAPENKO 141210 1-8-15

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00172665

WHEREAS, Man Mohan Singh has filed a petition with this court for a decree changing the name(s) of Man Mohan Singh to Mohan Singh. IT IS ORDERED that all persons interested

in the above entitled matter appear before this court at 2:00 p.m. on February 26, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014

David I. Brown, Judge of the Superior Court Publish: December 18, 25, 2014, January 1 and

141212 1-8-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2014-00172650 WHEREAS, Ranjog Grewal Singh Sandhu has filed a petition with this court for a decree changing the name(s) of Ranjog Grewal Singh Sandhu to Ranjot Singh Sandhu.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 24, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014

David I. Brown, Judge of the Superior Court Publish: December 18, 25, 2014, January 1 and 8, 2015 1-8-15

SANDHU 141212 COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00172628

Khalsa to Maninder Khalsa.

in the above entitled matter appear before this court at 9:00 a.m. on February 20, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014

Raymond M. Cadei, Judge of the Superior Court Publish: December 25, 2014, January 1, 8 and

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2014-00171142

filed a petition with this court for a decree changing the name(s) of Jory Orion Copsey Horrell to

in the above entitled matter appear before this court at 2:00 p.m. on January 28, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 5, 2014

David I. Brown, Judge of the Superior Court Publish: December 25, 2014, January 1, 8 and 15, 2015

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Rosa Linda Torres Ochoa has filed a petition with this court for a decree changing the name(s) of Rosa Linda Torres Ochoa to Rosalinda Arreola.

in the above entitled matter appear before this court at 9:00 a.m. on February 19, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: December 25, 2014, January 1, 8 and 15, 2015

**OCHOA** 

WHEREAS, Maninder Singh Khalsa has filed a petition with this court for a decree changing the name(s) of Maninder

IT IS ORDERED that all persons interested

141213

WHEREAS, Jory Orion Copsey Horrell has

Sapphira Rose Victoria Antoinette-Rothschild.

IT IS ORDERED that all persons interested

HORRELL 1-15-15 141214

#34-2014-00172386

IT IS ORDERED that all persons interested

Dated: December 3, 2014

1-15-15

EARN per month

for just a few hours' work per week

CALL 773-1111



### Classified **Advertising**

Sell Your Stuff! Reach 1000's of Readers Every Week!



773-1111

**LEGAL ADS FOR** SACRAMENTO COUNTY?



Call to place your legal advertising



489-2299

All Legal Ads Published in the Carmichael Times & RC Independent

★ Walk-in Service **★ Digital Inkless Process** ★ Electronic Submission to DOJ & FBI

Family Law

PLUS: \* Copies & Faxing

★ Notary Services ★ UPS Next Day Air® ★ Shredding Services

\* Ship Heavy Freight

UPS Store Ips

ONES LAW FIRM

4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

Gordon G. Bones Attorney at Law

The Law Firm provides the following legal services: Bankruptcy • Business and Corporate Matters Trust and Trust Administration Estate Planning
 Probate and Conservatorship

> P: 916.965.6647 F: 916.965.4218

gbones@boneslawfirm.com

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

## EGAL ADVERTISIN

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

**Legal Advertising** P.O. Box 14 Carmichael, CA 95609

TRUSTEE SALES Title Order No. 140183506-CA-VOI APN 072-2990-289-0000 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 04/29/10. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU YOU SHOULD CONTACT A LAWYER. On 01/26/15 at 9:00 am, Aztec Foreclosure Corporation as the duly appointed Trustee under and pursuant to the power of sale contained in that certain Deed of Trust executed by Bibi Zahra Samir, a single woman, as Trustor(s), in favor of Mortgage Electronic Registration Systems, Inc., solely as Nominee for Bank of America, N.A., as Beneficiary, Recorded on 05/05/10 in Book No. 20100505, Page No. 1065 of official records in the Office of the county recorder SACRAMENTO County, California; Nationstar Mortgage LLC, as the current Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state), Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, East Main Entrance, Sacramento, CA 95814, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County. California described as: 10845 WRAYSBURY WAY, RANCHO CORDOVA, CA 95670 The property heretofore described is being sold "as is". The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$198,240.80 (Estimated good through 1/8/15) Accrued interest and additional advances, if any, will increase this figure prior to sale. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: December 8, 2014 Robbie Weaver Assistant Secretary & Assistant Vice President Aztec Foreclosure Corporation 20 Pacifica, Suite 1460 Irvine, CA 92618 Phone: (877) 257-0717 or (602) 638-5700 Fax: (602) 638-5748 www.aztectrustee.com NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned to this case 14-001787. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. www.Auction.com or call (800) 280-2832 Or Aztec Foreclosure Corporation (877)257-0717 P1123361 12/19, 12/26. PPP#1123361

056-0212-021-0004 TS No: CA08002899-14-1 TO No: 95305371 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED March 29, 2001. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 26, 2015 at 09:00 AM, East Main Entrance, Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on April 2, 2001 as in Book 20010402, on Page 1704, of official records in the Office of the Recorder of Sacramento County, California,

executed by IVAN MARTYNYUK AND FAINA MARTYNYUK, HUSBAND AND WIFE, as Trustor(s), in favor of U.S. BANK, NATIONAL ASSOCIATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: THE CONDOMINIUM ESTATE CONSISTING OF:(A) UNIT NO. 4 OF LOT 26, OF COLOMA ESTATES ACCORDING TO THE OFFICIAL PLAT THEREOF, FILED IN THE OFFICE OF THE RECORDER OF SACRAMENTO COUNTY, CALIFORNIA, ON APRIL 20, 1966 IN BOOK 79 OF MAP, MAP NO. 5, AS SHOWN ON EXHIBIT "A" ATTACHED TO THE CONDOMINIUM PLAN, DATED JANUARY 30, 1969, RECORDED JANUARY 31, 1969 IN BOOK 30, 1969, OFFICIAL RECORDS, PAGE 495, AND AS DEFINED IN THE AMENDMENT OF DECLARATION OF RESTRICTIONS - (ENABLING DECLARATION ESTABLISHING A PLAN CONDOMINIUM OWNERSHIP OF POTION OF COLOMA ESTATES),

DATED JANUARY 30, 1969, RECORDED JANUARY 31, 1969 IN BOOK 690131 OF OFFICIAL RECORDS, PAGE 529;(B) AN UNDIVIDED 1/4 INTEREST IN COMMON AREA "A" OF LOT 25, AS SHOWN ON EXHIBIT A AFORESAID AND AS DEFINED IN THE AMENDMENT OF DECLARATION OF RESTRICTIONS, BEING ALL OF SUCH LOT NO. 25 AND THE IMPROVEMENTS THEREON, EXCEPT FOR THE UNITS. ANDCC) AN UNDIVIDED 1/368 INTEREST IN COMMON AREA "B" AS SHOWN ON SUCH EXHIBIT "A" AND AS DEFINED IN SUCH RESTRICTIONS, BEING LOT NO. 12. AS SHOWN ON SUCH EXHIBIT "A" AND THE IMPROVEMENTS THEREON. The property heretofore described is being sold "as is". The street address and other common

designation, if any, of the real property described above is purported to be: 10803 COLOMA ROAD # 4, RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold

and reasonable estimated costs, expenses

and advances at the time of the initial

publication of this Notice of Trustee's Sale

is estimated to be \$40,651.24 (Estimated).

However, prepayment premiums, accrued

interest and advances will increase this figure

prior to sale. Beneficiary's bid at said sale may

include all or part of said amount. In addition

to cash, the Trustee will accept a cashier's

check drawn on a state or national bank. a

check drawn by a state or federal credit union

or a check drawn by a state or federal savings

and loan association, savings association or

savings bank specified in Section 5102 of the

California Financial Code and authorized to

do business in California, or other such funds

will be bidding on a lien, not on the property

itself. Placing the highest bid at a Trustee

auction does not automatically entitle you

as may be acceptable to the Trustee. In the event tender other than cash is accepted. the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You

to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these

resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, www.aztectrustee.com Trustee, or a court, pursuant to Section 01/02/2015 2924g of the California Civil Code. The law 141212 1/2/15 requires that information about Trustee Sale postponements be made available to you

and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address www.Auction. com for information regarding the sale of this property, using the file number assigned to this

case, CA08002899-14-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 9, 2014 MTC Financial Inc.

dba Trustee Corps TS No. CA08002899-14-

1 17100 Gillette Ave. Irvine. CA 92614 949-

252-8300 TDD: 866-660-4288 Amy Lemus,

Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www. Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: AUCTION. COM at 800.280.2832 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. 12/19/2014. 12/26/2014.

ORDER NO. CA14-001367-1, PUB DATES: 01/02/2015 ISL#CA14-001367-1 141210 NOTICE OF TRUSTEE'S SALE TS No. CA-14-635151-JP Order No.: 730-1405058-70 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/22/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): Daniel J Alves, a single man Recorded: 2/27/2008 as Instrument No. XXX in Book 20080227 Page 1712 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 1/16/2015 at 1:30:00 PM Place of Sale: At the main entrance to the County Courthouse, 720 9th St., Sacramento, CA 95814 Amount of unpaid balance and other charges: \$180,170.28 The purported property address is: 11131 WOODKIRK COURT, RANCHO CORDOVA, CA 95670 Assessor's Parcel No.: 058-0520-014 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan. com , using the file number assigned to this foreclosure by the Trustee: CA-14-635151-JP. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY

BE CONSIDERED A DEBT COLLECTOR

ATTEMPTING TO COLLECT A DEBT

AND ANY INFORMATION OBTAINED

WILL BE USED FOR THAT PURPOSE.

Date: Quality Loan Service Corporation 411

Ivy Street San Diego, CA 92101 619-645-

7711 For NON SALE information only Sale

Line: 714-573-1965 Or Login to: http://www.

qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-635151-JP IDSPub #0074836 12/26/2014 1/2/2015 1/9/2015 QLS#00774836 141211

NOTICE OF TRUSTEE'S SALE TS No. CA-

14-634401-RY Order No.: 140169689-CA-

MAI YOU ARE IN DEFAULT UNDER A DEED

OF TRUST DATED 4/24/2006. UNLESS

YOU TAKE ACTION TO PROTECT YOUR

PROPERTY, IT MAY BE SOLD AT A PUBLIC

SALE. IF YOU NEED AN EXPLANATION

OF THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): PIERRE WALKER AND LAUREL J. WALKER, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 5/2/2006 as Instrument No. xxx in Book 20060502 Page 1742 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 1/16/2015 at 9:30:00 AM Place of Sale: At the East Main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$455,111.15 The purported property address is: 10492 AMBASSADOR DRIVE, RANCHO CORDOVA, CA 95670 Assessor's Parcel No.: 056-0072-013-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site http://www.gualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-14-634401-RY . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-730-2727 Or Login to: http://www. qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-634401-RY IDSPub #0075124 12/26/2014 1/2/2015 1/9/2015 QLS#0075124 141216

**GOT LOCAL NEWS?** Call 773-1111



## **Classified Advertising**



Sell Your Stuff! Reach 1000's of Readers Every Week!

Call 773-1111



Call to place your legal advertising

489-2299

All Legal Ads Published in the **Carmichael Times & RC Independent** 

## LIVESCAN FINGERPRINTING

- ★ Walk-in Service ★ Digital Inkless Process
- ★ Electronic Submission
- to DOJ & FBI
- PLUS:
- \* Copies & Faxing ★ Notary Services
- ★ UPS Next Day Air®
- ★ Shredding Services ★ Ship Heavy Freight

The UPS Store 🕟

Gordon G. Bones

## ONES LAW FIRM

Attorney at Law 4811 Chippendale Dr., Suite 307, Sacramento, CA 95841



The Law Firm provides the following legal services:

- Bankruptcy Business and Corporate Matters
- · Trust and Trust Administration
- Estate Planning Probate and Conservatorship
- Family Law

P: 916.965.6647 F: 916.965.4218

gbones@boneslawfirm.com





### How to Keep Tabs on an Elderly Parent When You Can't be There

Dear Savvy Senior,

Can you recommend any caregiving devices or technology products that help families keep an eye on an elderly parent that lives alone? Over the holidays, my sister and I noticed that my dad's health has slipped, so we would like to find something that helps us keep closer tabs on him when we're not around. - Concerned Son

#### Dear Concerned,

There are many different assistive technology products available today that can help families keep an eye on an elderly loved one when they can't be there. Depending on vour dad's needs and how much you're willing to spend, here are some good options to consider.

#### **Personal Emergency Response Systems**

If you're primarily worried about your dad falling and needing help, one of the most commonly used and affordable products for seniors living alone is a personal emergency response system (PERS) – also known as a medical alert device.

For about a dollar or two a day, these systems provide a wearable pendent button – typically in the form of a necklace pendent or wristband – and a base station that connects to the home phone line.

At the press of a button, your dad could call and talk to a trained operator through the system's base station receiver, which

works like a powerful speakerphone. The operator will find out what's wrong, and will notify family members, a neighbor, friend or emergency services as needed.

Some PERS today even offer motion-sensitive pendants that can detect a fall and automatically call for help. And some offer GPS mobile-alert pendants that work anywhere. Some top companies that offer all levels of services include Philips Lifeline (lifelinesys.com, 800-380-3111), Medical Alert (medicalalert.com, 800-800-2537) and MobileHelp (mobilehelpnow. com, 800-992-0616).

#### **Sensor Monitoring**

If you want to keep closer tabs on your dad than what a PERS offers, consider a sensor monitoring system. These systems use small wireless sensors (not cameras) placed in key areas of your dad's home that can detect changes in his activity patterns, and will notify you via text message or email if something out of the ordinary is happening. For instance, if he went to the bathroom and didn't leave, it could indicate a fall or other emergency.

You can also check up on his patterns anytime you want through the system's website. And for additional protection, most services also offer PERS call buttons that can be placed around the

Some good companies that offer these services are GrandCare Systems (grandcare.com, 262-338-6147), which charges \$300 for their activity sensors, plus a \$50 monthly service fee. And BeClose (beclose.com, 866-574-1784), which runs \$399 for three sensors, and a \$69 monthly service fee if paid a year in advance.

If you're interested in a more budget-friendly option, consider Lively (mylively.com, 888-757-0711), which costs only \$50 with a \$35 monthly service fee. Lively uses small motion sensors that you attach to movable objects like a pillbox, refrigerator door, front door, etc. These sensors will track your dad's movement/activity and let you know of any abnormalities in his routines. For example, if he didn't pick up his pillbox to get his medicine, or he didn't open the front door to go out and retrieve his morning newspaper, you would be notified and can check on him. Lively also offers a PERS "safety watch" in case he falls or needs to call for help.

Another affordable option to check out is Evermind (evermind.us, 855-677-7625), which lets you keep an eye on your dad by monitoring his frequently used electrical appliances through small plug-in sensors. So, for example, if your dad doesn't turn on the coffee maker in the morning, or if he's not watching his favorite television program before bedtime, vou would be notified. Evermind costs \$199 for the three sensors, plus a \$29 monthly service fee. ★

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## For the Love of Books

Book Review by Amy Shane Books for Book Review by An Holiday Giving amy-shane@att.net



Over the past few weeks, the most common question asked of me is: "What is the best gift for a teenager?" My answer, is always books, then the next question of course, "What books should I buy? So, from the email bag mail bag, I've decided to dedicate this column to help answer the most sought

after questions. While 2014 had a wide variety of books, spreading over many genres, there are still a few that stood out above the rest.

> For the teenage boy on your list, as well as the reluctant reader, Neil Gaiman's, Newberv-Medal winning novel, The Graveyard Book, was just adapted into a two volume graphic novel. The Graveyard Book Graphic Nove s, beautiful illustrations are perfectly paired with the storyline, following the original spine-tingling tale, that is sure to entertain and captivate reader.

For fans of BBC's Dr. Who and Sherlock comes, Jackaby by William Ritter. Jackaby, a truly eccentric investigator of the paranormal, opens his young assistant's eyes, not only to a serial killer on a killing spree, but to the possibility of goblins, banshees, ghosts and spirits. Instantly engaging, this book pulls readers into Jackaby's complicated world of mystery and mayhem. With characters like the head strong, stubborn and cheeky Abigail, paired with the eccentric, egotistical and pompous, Jacakaby, the story takes flight, resulting in a perfect paring for both, male and female readers.

> Fairytale retellings, always seem to be a favorite among teen readers. With that being said, Marissa Meyer delights fans with her *Lunar Chronicles Series*, which is futuristic retellings of classic fairy-tales, even including cyborgs. Follow Cinder, Scarlett and the latest release, Cress, as they gently echo the characters of Cinderella, Little Red Riding Hood and Rapunzel.

One of my most beloved series, is The Selection Series by Kiera Cass. This year, Kiera Cass, once again thrills readers with her enchanting and enthralling conclusion to her three book series with, The One. Beautiful, as it is endearing, The One, breaks your heart, as well as mends it repeatedly, leaving the conclusion to permanently etch itself into the remnants of your heart. Full of depth and continual spins, this series will spark the Fairytale in all of us.

> For the readers who enjoy a scary read, Welcome To The Dark House by Laurie Faria Stolarz, is the perfect match. This Disney- Hyperion book, takes you on a thrilling and terrifying ride. When a weekend turns from fun to deadly, for a group of teenagers, when they are driven to an abandoned carnival in the middle of the woods, where their nightmares are the ticket in and surviving their nightmares, is their way out.

In a colorful and unique, under the sea adventure, Disney-Hyperion also takes a creative, new spin on mermaids in, Deep Blue by Jennifer Donnelly. This mermaid tale opens the imagination to a world where mermaids sleep in scallop shells, adorned with sea glass and anemones and are born with magical abilities. Follow Princess Serafina, on a dangerous journey to follow a prophecy and try and save her fallen kingdom. Perfect for the younger reading audience of young adult books.

> In a story where secrets are meant to be kept, The Glass Casket by McCormick Templeman, reads like a classic horror, straight from the Brothers Grimm, where secrets resurface in the face of a beauty, and death lingers in the shadows. While this tale is horrific and gruesome at times, it is still breathtakingly beautiful and will appeal to fans of classics, as well as horror.

Last but not least, the book to give your best friend, *Since You've Been Gone*, by Morgan Matson. A coming of age tale of friendship, Morgan Matson writes a truly unique and beautiful story that highlights realistic and heartwarming characters that resonate the core of true friendship. Whether it be the friends you have always had, or friends from summers past, this book will make you fondly reflect upon them, which is the perfect reason to pair this book, with a pair of heart shaped sunglasses, for that friend that has always been there, by your side.





#### **SHARING IS CARING**

Just when you think people don't care in this tumultuous world, there comes a story that gets you really thinking. Mary Jane Popp kicked off a two week campaign called "Sox for our Seniors" at AM-950 Kahi Radio in December. What she thought might be a nice little contribution of 100 pair of socks to Seniors First, organization that looks after seniors in the Auburn community, turned out to be a mega endeavor. It was something that seniors could use all year long. As the time went by, she kept raising the number on the air. The

with Mary Jane Popp

final tally was nearly 300 pair of Mary Jane found out, "It doesn't socks that were given to seniors have to be a few to give a lot, GOLD RIVER, CA (MPG) - Oh email, and what day you would Crew 808 (the co-ed Scouting

As Jamee Horning, Director of Seniors First," put it "there will many smiles as seniors pick out their favorite pair of socks." And

there would be so much we could do for so many." Perhaps this is a good message to start out the New Year!



Kahi's Mary Jane Popp and Jamee Horning overloaded with a bundle of socks in studio for the presentation.

## POPPOFF! Let The Boy Scouts Recycle **Your Christmas Tree!**

but if everyone does just a little, Christmas Tree! This year you can count on Gold River's Boy Scout Troop 281 to help you recycle your tree when the holiday is done. Pick up dates are December 27th, January 3rd and January 10th. Pick up begins at 10:00 a.m. Simply call (916) 668-9281 and make your reservation. You will be asked for the following information: your village, address, phone number,

like a pick up (January 1st or

Trees of all sizes will be accepted. The suggested donation of \$15-\$25 per tree will help the Troop pay for the cost of this

Funds raised support Gold River's Troop 281. In addition to Troop 281, this Tree Recycling program is being supported by Cub Scout Pack 281 and Venture

teer effort by these Scouts and their adult leaders. Should you have any questions or encounter any issues, you can reach us by email at info@Troop281.net or call (916) 538-2810. We thank you for your support.

From all of us, we wish your family a peaceful and happy holiday!

Source: Teresa Peterson





Army Pvt. Rian P. Tichenor has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

Tichenor is the son of Perry Tichenor and Trena Tichenor of Rancho Cordova, Calif.

He is a 2014 graduate of Cordova High School, Rancho Cordova, Calif.

Source: Joint Hometown News Release



## SUCCESS **ENROLL NOW!** We have expanded our course offerings!

Complete your General Education requirements

Extensive classes for English learners

Spring semester starts JANUARY 17

www.flc.losrios.edu • 916.255.0717 Location near you: Rancho Cordova Center

10378 Rockingham Drive, Sacramento, CA 95827

Earn **\$200** per month for just a few hours delivery work per week!



The Independent • 13 January 02, 2015

## **Does Being Spiritual and Religious** Make You Uncool?

By Eric Nelson

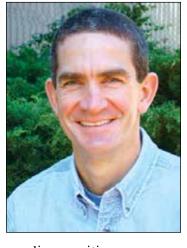
The Ariel Atom is one of the quickest cars on earth, reaching a speed of 100 km/h in just under 2.5 seconds. Even faster is the time between when some people say "I'm spiritual" and "but not religious," as if within those few milliseconds they might be mistaken for someone misguided, deluded or just plain uncool.

But what about those who consider themselves spiritual and religious? Is the assumption that they have fallen under the spell of some non-existent deity, are perhaps less inclined to think on their own and are obsessed with converting anyone and everyone they meet just to increase their standing with God or the folks back at church?

Possibly. After all, there are plenty of religious types who have been misled, who find it easier to follow blindly than to be guided by their own conscience and whose fear of being left out or left behind fuels a seemingly insatiable drive to reform or, worse, condemn anyone they consider to be unfaithful. No wonder so many are so quick to qualify their spiritual coming out with "but not religious.'

On the other hand, there are plenty of well-grounded churchgoers who have found religion to be the perfect channel for their spiritual pursuits, kind of like the banks of a river that provide a sense of direction and practical purpose to what most of us see as an uncertain ride through life's uncharted waters. "Faith is a living, daring confidence in God's grace," said Martin Luther, "so sure and certain that a man could stake his life on it a thousand times."

Admittedly the overly fervent can sometimes come off as if they're trying to sell something, focusing more on the guaranteed



goodies awaiting you once you've joined their ranks than on the insights they've gained and are learning to put into practice. For the newcomer this can seem confusing if not downright hypocritical, especially when their efforts to reconcile these promises with their day-to-day struggles aren't very successful. Were the focus to be shifted more toward the strength, stability and healing afforded by these insights, especially during life's rough patches, perhaps then being spiritual and religious might not seem so unsavory or uncool after all.

For many this includes the realization - and humble admission - that although God is immensely knowable, there will always be more to learn. "To understand God is the work of eternity," writes Mary Baker Eddy, "and demands absolute consecration of thought, energy, and desire." While for some this may sound like a life sentence, it's actually quite the opposite. Each and every revelation about the Almighty helps to make life's burdens a little lighter, the understanding of our purpose a little clearer. Who wouldn't want this to go on forever?

There's also the ever-increasing certainty that we have nothing to fear, a confidence born of witnessing firsthand the

removal of countless obstacles to progress - everything from impatience and discouragement to debilitating physical conditions, all through the persistent and consistent application of decidedly religious teachings.

And then there's the obvious and now scientifically measurable connection between the moral uplift that comes from regular study of the scriptures - that is, a freer expression of such qualities as compassion, forgiveness and so on - and improved health. Better yet is the realization that health itself is not irrefutably matter-based, as most believe, but a natural and even essential expression of God's care for His creation. "The Christian does not think God will love us because we are good," said author C.S. Lewis, "but that God will make us good because He loves us."

None of this is to say that being spiritual and religious is any better than being spiritual but not religious, only that the former shouldn't be written off as nothing more than a quaint if not annoying anachronism. "The epoch approaches when the understanding of the truth of being will be the basis of true religion," says Eddy, implying that a reconciliation between that which we most desire and that which continues to be misunderstood and often misapplied is inevitable.

That in itself is pretty cool to consider.

Eric Nelson's columns on the link between consciousness and health appear regularly in a number of local and national online publications. He also serves as the media and legislative spokesperson for Christian Science in Northern California. Follow him on Twitter @norcalcs.



# Holiday Treecycling



December 26, 2014 to January 16, 2015, Rancho Cordova residents can recycle their live Christmas Trees at no additional cost!

Simply put your tree out on the curb on your regular collection day, and Republic Services will pick up, and dispose of it correctly. Flocked trees or trees containing ornaments and other décor will not be accepted.

> For more information on Holiday Treecycling, please call Republic Services at 916.638.9000

Living Trust Senior Special

If you have a house, you need a Trust. If you have a Trust, it needs to be up-to-date.

(Review of existing trust at no charge)

---- SENIOR SPECIAL ----

Asset Protection Program includes the following: Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare Wills • One Residential Trust Transfer Deed

No Charge for Notary Services • Prop 13 Protection

Long Term Care Government Benefits Planning

WILL ASSOCIATES

Richard H. Will

with this ad -

## WILL MOM OR DAD BE ALONE THIS WINTER?

Do they have the support they need to make it through flu season and confinement of winter?

## WE ARE HERE FOR YOU.

olden Pond offers Independent and Assisted Living for seniors in studio, one, or two-bedroom apartments. Nestled in the quiet residential neighborhood of Rosemont, we provide meals, transportation and many other available services to make life easier for seniors.

Instead of being stuck inside, with limited exercise and stimulating company, why not choose a more active, social environment?

At Golden Pond we offer daily activities and attentive staff — to take the chill off those dark, winter days.

Call to schedule your personal visit today... we can't wait to show you around!



SENIOR LIVING

916.369.8967 crmscommunities.com

3415 Mayhew Road | Sacramento



Ask About Memory Care COMING THIS FALL!

RCFE #347000985

(916) 447-3268

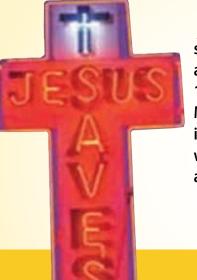
400 Bannon Street • Sacramento, CA 95811 **Exec. Director, Pastor Tim Lane** P.O. Box 1108, Sacramento, CA 95812

Avoid Probate — Call Today! (916) 482-8897

ELDER LAW ATTORNEY Serving Seniors Since 1975

## Union Gospel Mission Sacramento

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com



**T**or more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

We accept donations, clothing and goods, 7 days a week ... and prayer always!

50+ Years Matthew 25:40 "Caring for the Least" of Service

> Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM *listen online & visit us at:*

www.ugmsac.com Facebook.com/UGMSAC 14 · The Independent

January 02, 2015



Recycle More and Get Rewarded!

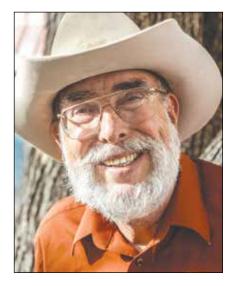
During the month of December, a Republic Services employee will randomly select residential recycling carts from throughout the City to check their contents!

The first 3 households with no contaminants (i.e. non-recyclables) in their recycle cart will be awarded a

\$100 prize!

At the end of the contest, the 3 winners will be contacted by Republic Services, inviting them to a City Council Meeting in January, where they will be recognized for their recycling efforts. Their names will be entered into a drawing to win the \$200 grand prize!

## Slim Randles' HOME COUNTRY



## "A Special Purpose"

the first good snow this year. Herb Collins was looking out his window at the point on his small farm where Lewis Creek cuts through a rather steep hill. Neighborhood kids were sledding up there and trying to avoid rocks and one gnarly tree that stuck out. He also noticed that if the kids were successful in avoiding death and destruction, they came to an immediate and violent halt at a submerged log next to the creek.

He brought this up at the next unscheduled-but-daily-anyway meeting

The whole thing began right after of the World Dilemma Think Tank down at the Mule Barn. Some executive decisions were made rather suddenly, and construction began the following day.

> Jim Kennedy showed up driving a Bobcat, Doc brought a chain saw, and Steve had his four-wheel-drive pickup with a big chain in it.

> At the end of three hours, a long, sloping gentle run began up by the road and looped around two turns, and ended in a gentle upslope on the far side of the

Of course, this activity ruined what snow cover there was, so the kids looked disappointed.

But last week it snowed hard, a good six inches, and the kids went running down to try the new sled run.

It wasn't all that exciting for them. So when Doc and Herb and Dud and Steve showed up, one of the kids politely pointed out to Mr. Collins that they couldn't really get going very fast down that hill on the new run.

"I know that," said Herb. "But see all those other steep runs you have? You

• Front disc or rear drum

Centric pads or shoes

FOR WORRY-FREE

WINTER DRIVING

Revitalizes your engine's

radiator & entire cooling system

Includes new anti-freeze coolant

916.723.8000

916.714.8585

515 E. Yosemite Ave.

209.239.7400

9348 Greenback Ln.

916.988.0737

**ORANGEVALE** 

**ELK GROVE** 

MANTECA

(chemical kit extra if necessary)

Most vehicles. Plus disposal fee. Not valid with any other offers. Expires 1/31/15. GV-S044

Repack bearings as applicable

■ 12 month or 12,000 mile warranty

Additional parts or labor required on certain

vehicles. Plus dispoasal fee. Not valid with any other offers. Expires 1/31/15. GV-S004

**SAVE \$20.00!** 

\*Applies to most cars & light trucks

ANTI-FREEZE FLUSH SERVICE

Resurface rotors

or drums

can go break your neck on any of them. This run is for a special purpose."

"A special purpose, sir?"

New Valvoline filter

Up to 5 quarts of

OIL CHANGE

• Steering Fluid Flush

Most vehicles. Plus tax & disposal fee. Chemical kits extra. Not valid with any other offers. Expires 1/31/15. GV-S025

Brake Fluid Flush

5w-30 or 5w-20 oil

**SAVE \$5.00!** 

Bring in a 2<sup>ND</sup> car the same day,

& get the same for only \$10!

**Except Saturday.** 

Includes: Express courtesy inspection, under 30 minutes in

Herb nodded. "Steve? If you please." And Steve brought out the toboggan from his pickup truck, and the old guys took turns being kids once more down their own sledding run.

Brought to you by "Strange Tales of Alaska," by Slim Randles. Now available on Amazon.com.

## Grapevine Independent Community Calendar

**CODEPENDENTS ANONYMOUS** Time: Tuesdays, 7:30-9 pm **Place: Sunriver Church** 11223 Trinity River Dr. www.sunriverchurch.com

**WESTERN SWING SOCIETY** Time: 1st Sundays, 1-5:30 pm Place: Machinists Hall 2749 Citrus Rd. www.

westernsswingsociety.org Info: Live music, dancing. Food & beverages available for purchase. Members \$4. Non-members \$7.

**MILITARY RETIREE/SPOUSE** MEETING

Time: 2nd Tuesdays, 10:30 am Place: N. Highlands Park & **Rec Office** 6040 Watt Ave., N. Highlands Contact: 561-7476 Info: Meets monthly.

**RANCHO CORDOVA HISTORICAL SOCIETY** Time: 4th Thursdays, 5 pm Place: Rancho Cordova City Hall

2729 Prospect Park Dr. www. ranchocordovahistory.com Info: Meets in the American **River Room** 

**SPELLBINDERS TOASTMASTERS** Time: 2nd & 4th Mondays, 6:30 to 8 pm Place: **China Buffet** 5623 Sunrise, Citrus Heights Contact: 631-1703 Info: Hone communication

SPANISH LANGUAGE CONVERSATION CIRCLE Time: 4th Saturdays, 3-4:30 pm Place:

skills. Beginners welcome.

Rancho Cordova Library 9845 Folsom Blvd. Contact: 264-2920 www.saclibrary.org Info: Practice Spanish in a fun and relaxed way with library staff, community.

**BRECA MEETING** Time: 4th Tuesdays, 6:30-8 pm Place: Rancho Cordova Library 9845 Folsom Blvd. Contact: 361-8087 www.breca.us POWERTALK INTERNATIONAL

**MONTHLY MEETING** Time: 3rd Tuesdays, 6:30-8:30 pm Place: Arden-Dimick Library 891 Watt Ave., Sacramento Contact: 361-1745 Info: Coaching, effective speaking, listening, leadership skills. Beginners are

**WRITING WORKSHOP** Time: 3rd Thursdays, 6-7:30 pm Place: 9845 Folsom Blvd. Contact: 264-2920 www.saclibrary.org Adult writing & poetry workshops (writing for various types of genres and more).

welcome.

**AA NEWCOMERS** Time: Tuesdays, 6:30-7:30 pm **Place: Sunriver Church** 11223 Trinity River Dr.

www.sunriverchurch.com **READING WITH THE DOGS** Time: 1st Tuesdays. 6:30-7:30 pm Place: Rancho Cordova Library 9845 Folsom Blvd. Contact: 264-2920

Info: Read to a canine pal, boost reading skills. Free. **CORDOVA SENIOR CITIZENS** 

www.saclibrary.org

**SOCIAL CLUB** Time: 1st and 3rd Mondays,11 am Place:

**Cordova Community Center 2197 Chase Dr.** Contact: 638-8065 for bridge or 858-1660 for membership Info: Brown bag lunch, bridge party. Free.

**FORK TAIL DEVILS** Date: 2nd Thursdays Place: Rancho Cordová IHOP 2216 Sunrise Blvd. Contact: 488-2645 Info: Lockheed Lightning P-38 enthusiasts, pilots, mechanics no-host brunch.

**WOMEN'S GOLF CLUB OF CORDOVA** 

Date: Wednesdays Place: Cordova Golf Course 9425 Jackson Rd., Sacramento Contact: 363-0363 Info:

All players welcome.

**CORDOVA COUPLES GOLF CLUB** Date:

**Alternate Sunday mornings** Place:

**Cordova Golf Course** 9425 Jackson Rd., Sacramento Contact: 682-2285 All players welcome. Call for more information.

**COFFEE, TEA AND CONVERSATION FOR SENIORS** Date: First Saturdays, 10-11 am

Place: Rancho Cordova Library 9845 Folsom Blvd. Contact: 264-2920 Info: For those 55+. Free. Share thoughts, memories: let the conversation flow! Light refreshments served.

**SOROPTIMIST INTERNATIONAL OF RANCHO** CORDOVA & GOLD RIVER

First Saturday each month.

Time: 2nd Tuesday each month, 6-7 pm Place: Cattleman's Restaurant 12409 Folsom Blvd. Rancho Cordova, CA 95670 Contact: siranchocordova@ soroptimist.net for more info Info: Organization serving needs of women & girls in our community and around

VINS **VOLUNTEER IN NEIGHBORHOOD SERVICES** Time: 1st Thursday of month 3-5 PM Place: **Rancho Cordova City Hall** 

the world.

2729 Prospect Park Dr. Please join us if you are looking for city involvement for the Betterment of Rancho Cordova



**Centric** 

**SAVE \$40.00!** 

- ✓ Wheel Alignment
- ✓ Front End Repairs Shocks & Struts
- Batteries, Starters and **Alternators**
- Belts & Hoses ✓ Water Pumps
- ✓ Timing Belts
- ✓ Axles
- Air Conditioning ✓ Fuel Pumps
- CITRUS HEIGHTS 8000 Greenback Ln. Radiators
- ✓ Factory Specified Services
- ✓ Towing Available FREE ABS & Check Engine Light Scan
- **✓** FREE Shuttle Service
- FREE A/C Check **ACDelco**

RANCHO CORDOVA 2265 Sunrise Blvd. 916.638.2886 **ROSEVILLE** 

8456 Elk Grove Blvd. 106 Harding Blvd., #2 916.786.7800 **ROSEVILLE** 

10221 Fairway Dr. 916.774.1600

FOR SAME SERVICES

**SACRAMENTO** 3261 Northgate Blvd. 916.921.0502 **SACRAMENTO** 

5810 Auburn Blvd. 916.338.5656

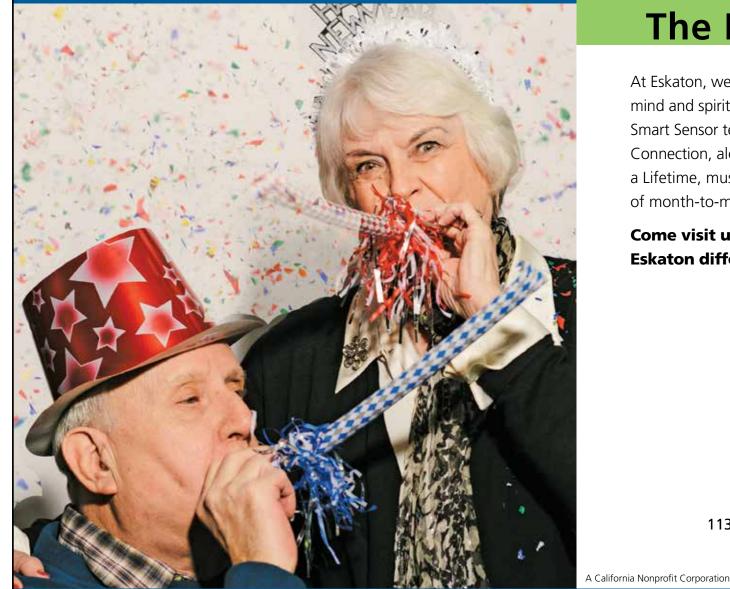
**TRACY** 1210 Tracy Blvd.

209.836.3500 STARTING JAN. 1, 2015:

**Spend \$100+** 

& Receive a 2-Night Las Vegas Getaway

#### ESKATON ASSISTED LIVING and MEMORY CARE



## The Eskaton Difference

At Eskaton, we celebrate you! Our focus is on wellness of body, mind and spirit. Here you'll find unique signature programs, like Smart Sensor technology for an enhanced level of care and Kids Connection, along with powerful life enrichment — like Thrill of a Lifetime, music and pet therapies. All this with the practicality of month-to-month rental.

Come visit us during the holidays to learn about the Eskaton difference. Call 916-900-1685 today.



**Eskaton Lodge Gold River** Assisted Living and Memory Care

11390 Coloma Road | Gold River, CA 95670

916-900-1685

License # 347001241







eskaton.org

16 • The Independent

January 02, 2015





JAN. 9th

10373 Folsom Blvd., • Rancho Cordova, CA 95670 (916) 368-5000



As the most innovative health club brand in the United States, Planet Fitness is known for a lot of things – our absurdly low prices, our Lunk™ Alarm, and most of all perhaps, for our Judgement Free Zone® philosophy, which means members can relax, get in shape, and have fun without being subjected to the hard-core, look-at-me attitude that exists in too many gyms.

For franchise info or to join online visit www.planetfitness.com









\*Home Club only. Billed monthly to a checking account. Subject to \$29 annual membership fee. With a \$1 One Time Start Up Fee. Includes T-shirt. Must be at least 18 years old, or 13 with parent/guardian. Incentives offered for enrolling in other memberships.

Participating locations only. Planet Fitness facilities are independently owned and operated. ©Planet Fitness