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Grapevine Independent

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Walk a Mile in Her Shoes

One Thousand Men Sought for 2015 Record-Breaking March



WEAVE's 2015 fundraising event, scheduled for Sunday, May 3, 2015, is slated to top last year's efforts; their goal is to have 1,000 men participate. This will not only bring additional money to the group, but it will break a world record. The organization is accepting registration forms now. Photo courtesy Tia Gemmell

By Linda Harper

SACRAMENTO REGION, CA (MPG)

Walking in someone's shoes is not always an easy thing to do, especially if you're a man marching in women's high heels. That's exactly what 620 men did last spring to raise awareness of domestic violence and sexual assault at WEAVE's 2014 Walk a Mile in Her Shoes event. Through sponsorships, they raised over \$237,000 to fund many programs the organization provides to victims of abuse.

WEAVE's 2015 fundraising event, scheduled for Sunday, May 3rd, 2015, is slated to top last year's efforts; their goal is to have 1,000 men participate. This

will not only bring additional money to the group, but it will break a world record. The organization is accepting registration forms now.

Walk a Mile in Her Shoes is an international event in which men embrace the opportunity to raise awareness about the serious causes and effects of sexualized violence, which has reached epidemic proportions in every city in our nation. Between 2001 and 2012, 6,488 troops were killed in Afghanistan and Iraq, and 11,766 women were murdered by current or former partners—that's nearly double the amount of casualties of war.

Domestic violence is not a singular incident. Statistics



Children are also an at-risk group; the average age of forced prostitution through trafficking is 13. Statistics show that some 300,000 young boys and girls are forced into the sex industry, and the number is increasing. According to FBI published information, criminals who normally would deal in illegal drugs or weapons have now turned to human trafficking. A measure of dope or an illegal gun can only be sold once, whereas a young boy or girl can be sold 10-15 times a day. Photo courtesy Tia Gemmell

show us that it's a continuous problem, deeply rooted in our culture for decades. This black mark on our moral report card is as American as apple pie.

Too many women and children have been held captive for too long by physical violence, financial abuse, emotional abuse, or

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Bikes Recycled for Kids in Need

Sheriff's Toy Project Refurbishes Wheels

SACRAMENTO COUNTY, CA (MPG)

There is more going on than transferring trash at the County North Area Recovery Station (NARS) on Roseville Road. For Sacramento County Sheriff's Toy Project, unused bikes are being separated out of trash piles and collected weekly to be refurbished and distributed to families and children in need.

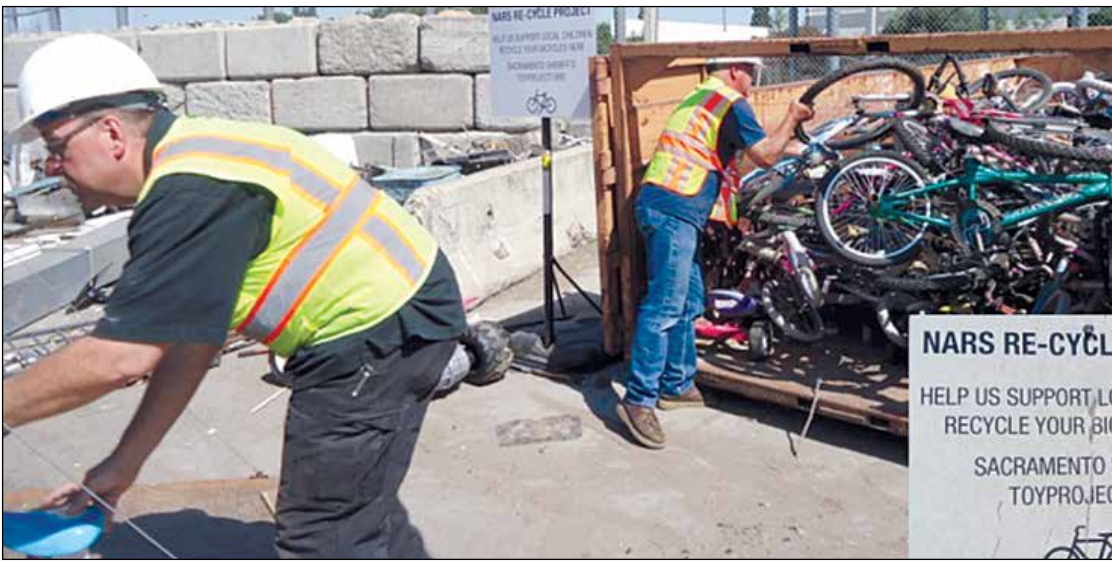
Upon seeing the nearly 40 bikes a week that used to end up crushed for scrap metal recycling at the North Area Recovery Station, Operations Manager Alan MacIsaac decided something had to change. He created the NARS Re-cycle Project to refurbish the bikes instead of trashing them. The bikes are collected and restored by the Sacramento County Sheriff's Toy Project, which serves Sacramento families and children while creating a positive connection with law enforcement.

“Reusing is the best form of recycling, and keeping the bikes

out of the landfills is the best form of reuse. Helping families who cannot afford bikes for their kids is a win-win opportunity for all of us,” said MacIsaac.

Children's bikes are most common, but the NARS Re-cycle Project accepts all non-motorized bicycles, tricycles and wheelchairs, in all conditions. Toy Project volunteers refurbish and bring them back to useable condition. If a bicycle can't be brought back into useable condition the parts are used to make a bike—no part goes to waste.

If you are interested in



donating bikes, bring them to the Toy Barrel at the North Area Recovery Station, 4450

Roseville Road, North Highlands, CA 95660.

Source: Sacramento County★

Recycle your bicycles for Sheriff's Toy Project at North Area Recovery Station.

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Walk a Mile in Her Shoes

One Thousand Men Sought for 2015 Record-Breaking March

Continued from Page 1

all three. Organizations such as WEAVE are working tirelessly with law enforcement, social services, health and welfare, and many other federal, state and private sector institutions to serve victims, identify abusers, and educate the public in an effort to combat future tragedies.

According to the California Partnership to End Domestic

growing segment of male and female casualties due to sex slavery. Children are also an at-risk group; the average age of forced prostitution through trafficking is 13. Statistics show that some 300,000 young boys and girls are being forced into the sex industry, and the number is increasing. According to FBI published information, criminals who normally would deal

realized that abuse has many facets. In 1988, they began serving victims of sexual assault, and today it's the sole rape crisis center in Sacramento County. Five years ago, WEAVE became part of Sacramento's Rescue and Restore Coalition to provide services to domestic and international victims of human trafficking. Through dedication and hard work, the organiza-

work clothes from WEAVE Works Recycled Fashion, a professional attire thrift store operated by WEAVE volunteers. This addresses the catch-22 faced by many women who need to rebuild their lives: if a woman does not have a job, she cannot afford career clothing, yet without proper attire for an interview, she cannot get a job. Obtaining employment is a critical step for victims working to reclaim their lives and support their families.

This article was written to bring awareness to the national problem of domestic violence, not to paint a picture where every man is an abuser. The fact is, most men are kind, generous, and loving toward their female companions. Still, it is what it is, and the statistics are staggering. To combat this problem in our neighborhoods, everyone needs to be on board. If you're a man who wants to take advantage of an impactful way to ensure women in your community are protected from a life of fear and violence at the hands of their partners, don a stylish pair of heels and "Walk a Mile in Her Shoes!"

To learn more about WEAVE or to obtain fundraising event information, visit www.weaveinc.org or call (916) 448-2321. If you or someone you know is experiencing domestic violence, call WEAVE's 24-hour support and information line at (916) 920-2952.

Sources: www.weaveinc.org; www.fbi.ca.gov; World Health Organization; CA Women's Health Survey; CA Partnership to End Domestic Violence; American Psychological Association; Vanity Fair, "Sex Trafficking of Americans—the Girl Next Door" 5/11; Huffington Post, "30 Domestic Violence Facts..." 10/23/14. ★



Domestic violence is the third leading cause of homelessness among families in the United States. If you're a man who wants to take advantage of an impactful way to ensure women in your community are protected from a life of fear and violence at the hands of their partners, don a stylish pair of heels and "Walk a Mile in Her Shoes!" Photo courtesy Tia Gemmell

Violence, approximately 40% of women experience some form of partner violence in a lifetime. Young women 18-24 years of age were significantly more likely (11%) to be victims of physical intimate violence in the past year. A report made by the California Student Survey (CSS) showed a prevalence of teen dating violence. At least one incident was reported by 5.2% of 9th grade girls and 8.2% of 11th grade girls. Additionally, among students with steady boyfriends, the rates of dating violence increased to 8.8% in the 9th grade and 12.8% in the 11th grade. These figures are disturbing, and they warrant educational intervention. The hope is that early education of these young men about these issues will help them change their ways and prevent them from becoming adult abusers.

Although domestic violence and sexual assault can happen to any woman in any relationship and circumstance, there are specific groups that should be noted. In a survey conducted by the American Psychological Association, it was discovered that over 40% of women with disabilities were more likely to experience severe partner violence than those without disabilities. Many of these victims are in wheelchairs or suffer from conditions that prohibit them from running or defending themselves, making them the most vulnerable. Another group of women who suffer at the hands of their male domestic partners are female veterans. It has been found that women who served in the military may experience higher rates of interpersonal violence, sexual trauma, and related health challenges than those who have not served. The leading cause of murder among pregnant women is intimate partner violence. Victims of sex trafficking are perhaps the largest

in illegal drugs or weapons have now turned to human trafficking. A measure of dope or an illegal gun can only be sold once, whereas a young boy or girl can be sold 10-15 times a day.

We don't have to be victims of domestic violence and intimidation, sexual assault, stalking, or human trafficking to feel the effects of it all. There's a financial element to this growing crime segment. Nationally, women lose eight million days of paid work every year because of the abuse perpetrated against them by current or former male

“Between 2001 and 2012, 6,488 troops were killed in Afghanistan and Iraq, and 11,766 women were murdered by current or former partners—nearly double the amount of casualties of war.”

partners. This loss is equivalent to over 32,000 full time jobs. When a woman is treated for intimate partner violence, the cost of initial care is approximately \$948. Domestic violence is the third leading cause of homelessness among families in the United States. Between 1995 and 2005, the cost of domestic violence against women in the nation was \$5.8 billion. Today, that number has advanced with more than a 30% increase in domestic violence, and unfortunately the numbers are rising.

In 1978, WEAVE opened as a grassroots private organization to serve survivors and families of domestic violence in Sacramento County. Their services were used by countless victims who until then had nowhere to turn. Most thought abuse was just a way of life. The members of WEAVE

tion has grown into a nationally recognized agency. Their critical services include a 24-hour support and information line; a confidential, emergency safe house; walk-in triage services including a lethality assessment and therapeutic counseling services; legal advocacy; youth and community prevention education programs; and more.

WEAVE encountered an increased need to house families surviving violence while they worked to make new lives for themselves. In 2009, they built a 12,000-square-foot safe home featuring 18 family suites with onsite support services and a charter school complete with a Nature Explore classroom. To further serve survivors, WEAVE initiated construction of Next Step Housing Village, a long term housing option for families graduating from the safe house programs. In 2013, WEAVE received a \$1 million grant from the Emergency Housing Assistance Program to purchase and renovate eight apartments to use as emergency shelter options for victims with unique barriers such as service animals. 2013 also saw the launch of Low Bono, a low-cost legal assistance program.

For the past 15 years, WEAVE's Suited for Success program has provided professional clothing and career development to hundreds of women in Sacramento County who have experienced violence. The program grew from the need to assist victims of violence in attaining economic independence. Lack of financial freedom is a common factor that binds abused women to their abusers. Many of WEAVE's clients leave all their belongings behind when they flee their threatening situation; they often arrive with only the clothes on their backs.

Suited for Success awards clients \$100 worth of professional

Rancho Cordova Residents Arrested for Selling Date-Rape Drug

RANCHO CORDOVA, CA (MPG) - Detectives from Roseville's Vice and Narcotics Enforcement Team (VNET) are investigating regional sales of a synthetic narcotic drug similar to GHB, better known as the "date-rape drug." GHB and its



Michael Manoff (above), age 74, Corrina Day (center), age 42, and David Culfa (at right), age 40, all of Rancho Cordova, were arrested on suspicion of possessing drugs for sale and other related charges, and booked at the Sacramento County Jail.

analog (meaning chemically similar concoctions that produce the same effects) are often implicated in sexual assaults, DUIs and overdose cases. VNET detectives had long heard rumors about a house in Rancho Cordova being a major source of GHB in Roseville and the rest of the Sacramento metropolitan area.

On December 9th, Roseville officers served a search warrant at that home in Rancho Cordova. The house had a fortified security door and was protected with numerous surveillance cameras. Inside the house, officers found a large quantity of a GHB substitute drug disguised as, and sold as, massage oil. They also found



more than \$20,000 in cash, firearms, methamphetamine packaged for sale, and other evidence of illegal drug trafficking. Detectives later seized more large quantities of the drug at another related location.



Michael Manoff, age 74, Corrina Day, age 42, and David Culfa, age 40, all of Rancho Cordova, were arrested on suspicion of possessing drugs for sale and other related charges, and booked at the Sacramento County Jail.

Roseville's Crime Suppression Unit and the U.S. Department of Homeland Security Investigations assisted Roseville's VNET with the operation.

Source: Roseville Police Department PIO ★

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Required Pet Licenses Help Bring “Lost” Pets Home

Rancho Cordova Animal Services is Source of Assistance & Advice



A dog that was rescued along with its mother from an abandoned moving van truck is checked over by Kerry Simpson, Rancho Cordova's Neighborhood Services Manager, and Michael Rodriguez, a City Code Enforcement and Animal Services Officer. The City's Animal Services Division is committed to increasing the standard of animal care through example, education, and application of local and state laws.

RANCHO CORDOVA, CA (MPG) - A pet can be one of the most lovable gifts under the Christmas tree. It can be a faithful companion, a fun playmate, a source of joy – but a pet is also a long-time commitment with specific requirements and needs. Rancho Cordova's Animal Services Division is dedicated to promoting responsible pet ownership within the community and is ready to provide assistance and advice when needed.

Required by law for both cats and dogs, pet licensing and rabies vaccinations are inexpensive ways to ensure the safety and well-being of a pet. All cats and dogs in the City of Rancho Cordova must be licensed by four months of age. To get a license, the animal must have a current rabies certificate.

Pets can't speak for themselves but their license tags help

with identification. Most lost animals have been reunited with their owners through their City license tags.

“Almost on a daily basis, we return two to three lost animals to their owners, using licenses and microchips for identification,” said Kerry Simpson, Rancho Cordova's Neighborhood Services Manager. “When we are able to return the animals, we save the owner the fee that is charged by the SPCA.”

Annual license fees for altered pets are \$15 per year. Pet owners who are 65 and older pay \$7.50 per year per altered pet. The cost for an unaltered pet is \$150 per year. The City's Animal Services staff can help you locate a local low-cost spay/neuter program if you want to get your pet altered. In fact, there is a free neutering program for pit bulls and pit bull mixes whose owners' zip code is

95670 or 95827.

License forms are available online at <http://www.cityofranhocordova.org/Index.aspx?page=96#licensing>; at the Rancho Cordova Neighborhood Services Center, 2880 Gold Tailings Court; or at the Sacramento SPCA, 6201 Florin Perkins Road, Sacramento.

Other services and assistance provided by the Rancho Cordova Animal Services Division are investigating cruelty, neglect, and dog biting cases; caring for sick, injured, abandoned and unwanted animals; microchipping; and pet adoptions.

For more information, contact the City's Neighborhood Services Center at (916) 851-8770, Monday through Friday, 8 a.m. to 5 p.m. For 24 hour service, complaints, or injured animals, please call (916) 851-8852. ★

Disabled Sports USA Far West Opens for 2014-15 Season

SACRAMENTO REGION (MPG) - Disabled Sports USA-Far West will open for the season on Friday, December 19th. The organization, which provides ski and snowboard lessons to people with physical, sensory, and intellectual disabilities, will also be holding a special event recognizing disabled veterans.

“We are excited about the upcoming season, especially with the early snowfall we are receiving,” said Haakon Lang-Ree, Executive Director of Disabled Sports USA Far West. “Our experienced staff and volunteers are ready to serve both children and adults with customized snow sports instruction specifically designed for each individual.”

Lessons with Disabled Sports will be available daily from December 19th through mid-April at Alpine Meadows, Squaw Valley, and Northstar Resorts.

Disabled Sports will hold its ninth annual “Ability Celebration” for wounded military service men and women the last week of February. Twenty disabled veterans and family members will participate in an adaptive snow sports camp designed to address their unique needs, free of charge, thanks to generous support from the H.N. and Frances C. Berger Foundation, Wells Fargo, Evolution Trainers, and many loyal North Lake Tahoe businesses and individual donors. The public is invited to attend the “Ability Bash,” an inspiring fundraising banquet, on Saturday, February 28th, the culmination of the camp.

Disabled Sports will also hold an “Ability Challenge,” an on-hill peer-to-peer fundraising campaign, on Saturday March 28th. The event entails a fun day of skiing, snowboarding, and raising money for Disabled Sports. The public is welcome



Disabled Sports USA Far West, which opens for the season December 19th, provides ski and snowboard lessons to people with physical, sensory, and intellectual disabilities.

to participate. Additional information is available at www.AbilityChallenge.net.

Disabled Sports USA Far West is the founding chapter of Disabled Sports USA and has led the way in adaptive sports and recreation for people with disabilities for more than 40 years. With more than 90 chapters serving 60,000 people nationwide, it is the nation's largest nonprofit, multi-sport, and multi-disability organization. For more information, call (530) 581-4161 or visit www.disabledsports.net.

Source: Disabled Sport USA-Far West ★

American River Trout Hatchery Reopens After Summer Evacuation

GOLD RIVER, CA (MPG) - The American River Trout Hatchery operated by the California Department of Fish and Wildlife (CDFW) recently reopened after warm water temperatures forced the closure of the facility in early summer.

Colder winter temperatures and recent rain are allowing hatchery staff to begin filling the raceways with cooler river water and start producing rainbow trout for planting in northern California lakes in the summer of 2015.

“The drought forced us to think quickly and make the best

decisions for the health of the fish,” said Dr. Bill Cox, CDFW Fishery Program Manager. “Because of the rain and colder weather, we can start producing trout right away.”


In June, CDFW moved all rainbow trout out of the American River Hatchery to avoid losses of young fish due to rising water temperatures. Both Nimbus and American River hatcheries' water supply comes from Lake Natoma, upstream of the hatcheries. Drought conditions resulted in reduced water supplies stored in Folsom Lake and warm summer temperatures

increased the water temperature of the available water, exceeding tolerable temperatures for growing fish.

The trout being grown now will be available for planting in state waters beginning in January 2015.

For the fish stocking schedule, please visit www.nrm.dfg.ca.gov/FishPlants/. For complete fishing regulations, please visit www.wildlife.ca.gov/Regulations.

Source: California Department of Fish and Wildlife ★



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If you see someone other than City or Republic Services employees taking recyclables from residential carts, REPORT IT by calling the Police Department's non-emergency line at (916) 362-5115.

Be vigilant—your participation helps!

By reporting scavenging, you will help the City to identify patterns and areas where repetitive scavenging is occurring.





Foster Youth Receive Holiday Gifts and Stockings



Lorrie Wilson, co-chair of United Way’s Women in Philanthropy, works with volunteers to organize and wrap holiday gifts for local foster youth.

SACRAMENTO REGION, CA (MPG) - More than 100 local residents donated 130 stockings and 192 gifts through United Way’s Women in Philanthropy so that 194 local foster youth would have their holiday wishes fulfilled. Sixty-four foster youth in Sacramento County’s Child Protective Services received the holiday gifts they requested, and the community filled stockings for 130 foster youth with United Way’s financial stability initiative’s \$en\$e-Ability project partners: Amador-Tuolumne Community Resources, Child Abuse Prevention Council of Sacramento, Koinonia Family Services, and New Morning Youth and Family Services. Dozens of volunteers with United Way’s Women in Philanthropy came together on December 3rd to wrap gifts

and stuff stockings with Target gift cards, hats, blankets, first aid kits, yearly planners, socks, snacks, and personal notes. “This community really stepped up to ensure that kids in the foster care system don’t feel forgotten during what is supposed to be the most wonderful time of the year,” said Ruth Miller, co-chair of United Way’s Women in Philanthropy. “Thank you to everyone who made them feel special as they spend their holidays away from home.” United Way’s Women in Philanthropy brings local women together to help local foster youth across Amador, El Dorado, Placer, Sacramento, and Yolo counties. A dynamic group of businesswomen, homemakers, and community leaders, Women in Philanthropy members are

first responders in repairing the financial stability of local foster youth by raising funds for United Way to provide financial literacy courses and matched savings accounts designed specifically for foster youth. Members also hold drives and provide trainings. Women in Philanthropy is part of United Way’s team of nonprofits, businesses, donors, volunteers, and community leaders working to meet the community’s greatest needs, give immediate aid, and find lasting solutions for future generations in the areas of education, financial stability, and health. To become a member, visit www.yourlocalunitedway.org/wip. *Source: Kristin Th baud Communications* ★

Jock Talk Featuring Coaching Greats of Yesteryear

RANCHO CORDOVA, CA (MPG)-The Rancho Cordova Athletic Association presents Jock Talk with Coach Jerry Bates, Coach Ken Bowles, Coach Tom Doherty, and Coach Max Miller on Friday, January 9th at Rancho Cordova City Hall,

2729 Prospect Park Drive at 6 p.m. There will also be a Cordova Sports Hall of Fame announcement. Tailgate food and drinks. No host bar. Tickets are \$20 until January 7th online at www.cordovacouncil.org and \$30 at the door.

Source: Cordova Community Council ★



By Kay Burton

Joey was wandering the streets of Monterey when he was brought into the vet hospital where Nancy Jobst worked. He was cleaned up and brought to Gold River with Don and Bobbie Weisner 12 years ago. Joey is part Border terrier, weighs 16 lbs., and has the stubbornness associated

Meet Joey of Gold River
high counters when they come to visit. The Border terrier, an uncomplicated terrier, is built small enough to follow a fox down a narrow hole but with enough leg to keep up with riders on horseback. It has never achieved the show-ring popularity of other terriers and has remained true to its original form and function. Its durable coat protects it from adverse weather conditions, and its long legs and stamina enable it to keep up with the most demanding activity. Its amenable personality make it a superb family dog. Joey was recently in the Bow-Wow Beauties Fundraiser in Gold



Joey is part Border terrier, weighs 16 lbs., and has the stubbornness associated with his breed. He doesn’t shed and barks only at the UPS drivers and very large dogs. Photo courtesy Kay Burton.

with his breed. He doesn’t shed and barks only at the UPS drivers and very large dogs. Joey knows about 25 words but very few commands. Terriers rule their worlds. He can open ladies’ handbags by unzipping or unsnapping them to get to the treats inside. He has discovered cough drops, candy bars, and his all-time favorite: Kleenex. Guests are trained to put their purses on

River. This annual event is held to benefit the Sacramento Society for the Prevention of Cruelty to Animals (SSPCA). Joey did very well in the show-ring. *Kay Burton is a longtime columnist and supporter of the SSPCA and other rescue groups. To share your family pet story with our readers, Email: Kay.Burton1@comcast.net* ★

Rancho Cordova Celebrates a Fresh Take With New Mayor and Vice Mayor



Mayor Robert J. McGarvey (right) is sworn in by his son, Bill, and wife, Terri.

RANCHO CORDOVA, CA (MPG) - Robert J. McGarvey and Dr. David Sander were sworn in as Mayor and Vice Mayor, respectively, at the December 15th Rancho Cordova City Council meeting. McGarvey was sworn in by his son, Bill, and wife, Terri. The Vice Mayor was sworn in by his mother, Lois Sander, and his son, Charles. “As Mayor, my priorities will be to provide resources for our veterans, bring new businesses and educational opportunities to our city, and gear up for new development in Rancho Cordova,” said McGarvey. He said that educational opportunities will continue to grow in Rancho Cordova in 2015 with the opening of the Cordova High School Performing Arts Center in August and Folsom Lake College in October. McGarvey plans to bring back the Mayor’s Walks that start at various local schools and involve several neighborhoods. An Air Force veteran, McGarvey started the annual Rancho Cordova Veterans Day and Memorial Day celebrations. He was a strong advocate for the Mather Veterans Village project that broke ground in November. Phase 1 will provide 50 permanent supportive homes for veterans and is scheduled to open in April 2015. Rancho Cordova since 1967, was Chairman of the Rancho Cordova community incorporation committee. McGarvey and his wife have four children and five grandchildren. All but one daughter and one granddaughter live in Rancho Cordova. Dr. Sander is serving his third term as Vice Mayor. He was Vice Mayor in 2006 and 2011 and was Mayor in 2007 and 2012. He also was elected to the first City Council. He and his wife, Dr. Margaret Parsons, have lived in Rancho Cordova since the 1990s. Other members of the City Council are Donald Terry, Linda Budge, and Dan Skoglund. Rancho Cordova City Council meetings are generally held the first and third Mondays of the month at 5:30 p.m. in the City Council Chambers located at 2729 Prospect Park Drive. For more information about Council meetings, please contact the City Clerk’s office at (916) 851-8720. Contact Mayor McGarvey at (916) 851-8815 or rmcgarvey@cityofranhocordova.org. *Source: City of Rancho Cordova* ★



Vice Mayor David Sander (right) is sworn in by his mother, Lois Sander, and his son, Charles.

“I hope to help move Phase II of the Mather Veterans Village project forward in 2015,” said McGarvey. “Also, we are partnering with the VA Hospital and Sacramento County to open a Fisher House in the Mather Commerce Center that will house families of veterans while they are being treated at the hospital.” McGarvey was elected to the first City Council in 2002. He served as Mayor in 2006 and 2011 and as Vice Mayor in 2005, 2010, and 2014. McGarvey, who has lived in



Rancho Cordova Athletic Association presents:

JOCK TALK

Featuring Coaching Greats of Yesteryear

Coach Max Miller

Coach Tom Doherty

Coach Jerry Bates

Coach Ken Bowles

6 p.m. ★ Friday ★ January 9

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CORDOVA COMMUNITY COUNCIL









Bob McGarvey

Beginning In 1999, the Cordova Community Council had a “Mayor’s Race” every year to raise money to help pay for some of the Community Council’s events and goals. A donation to each “candidate” was counted as a “vote” and the person who raised the most money was the Honorary Mayor for that year. I was very fortunate and was able to raise the most money that first year. Bob Ling owned the “Grapevine” then and since I was writing some articles, Mr. Ling said we should say the articles were coming from “The Mayor’s Corner”, so the “Mayor’s Corner” was born. I will be using that name again this coming year.

“Today is a gift. That’s why we call it the present.” That is part three of the quotation from

“From the Mayor’s Corner”

the “Kung Fu Panda” movie in which the wise old turtle was talking about life. As you can see, I have used the first two parts of that quotation over the last couple of weeks. In part three, we are talking about every day being a gift. Or as they say in the movie, “That’s why we call it the present.”

Our City Council meeting on Monday, December 15, 2014, brought back memories of some of the City Council meetings we had when we first became a city. It has been a while since a meeting lasted until 1:30 a.m. We were able to accomplish many of the goals we had on the agenda and I am very glad about that. Like many things we want to do, some things take longer to accomplish than you ever think they would – or should.

Congress was able to pass a budget this year and the country didn’t have to suffer with another sequestration debacle. Hopefully the hired public servants who were sent to Washington, D.C. will be able to remember (or learn again) that no one gets everything they want. A few are able to get closer to reaching that goal of getting everything

they want, but not many are able to do so. One of the things that we were able to do was to become a city. I know you have heard that before but it is worth repeating.

Christmas is almost here and while the original meaning of Christmas has been lost in the shuffle by some, the giving of gifts by three wise men has been continued on to today. The “gift” of life and the “present” we receive every day when we wake up in the morning can get lost in the fast pace of today’s society. Recently while shopping for a present for someone, I noticed a few of the stores are allowing their employees to respond with “Merry Christmas” if you say “Merry Christmas” to them first. Perhaps some people say “Happy Hanukkah” or they celebrate “Kwanzaa”. Some people are just celebrating life. Good for them!

For everyone in our great City who celebrates the holidays, from me it is Merry Christmas and a Happy New Year.

From Vice Mayor Bob McGarvey, God bless, and see you next time. ★



By Sal Arrigo Jr.

The Forgotten War, better known as the Korean War (or as many politicians liked to say, the “Korean conflict”), may be a cold page in the history books but not for Art Haarmeyer,

The Forgotten War is Not Forgotten

bomber. Art finished basic training at Sheppard AFB, Wichita Falls, TX, before moving on to Houston, TX, and finally to Mather Air Force Base, Sacramento, CA, for four months of Norden Bombing and Shoran (short-range navigation) Training.

Listening to Art describe his relationship with his commander, Colonel Delwin D. Bentley, or his description of the meticulous work that had to be done before embark-

event in their lives; PTSD sufferers continue to have terrifying flashbacks. I asked Art what event he recalls that is most traumatic to him, and he described in gruesome detail a moment on one of his last bombing missions with Colonel Bentley.

So, how does Art survive day-to-day with these terrible flashbacks? He writes books, he gives speeches, and he talks with others dealing with PTSD. Art said, “I share my story to



Art Haarmeyer graduated with an MBA degree from the University of Chicago; six months after that the United States entered the Korean War, and Art enlisted as a basic trainee in the United States Air Force. Art finished basic training at Sheppard AFB, Wichita Falls, TX, before moving on to Houston, TX, and finally to Mather Air Force Base, Sacramento, CA, for four months of Norden Bombing and Shoran (short-range navigation) Training.

Korean War veteran and author of “Into the Land of Darkness.” The Korean War started on June 25th, 1950, as North Korea invaded South Korea and engulfed the entire region until a ceasefire was declared on July 27th, 1953.

Art Haarmeyer graduated with an MBA degree from the University of Chicago; six months after that the United States entered the Korean War, and Art enlisted as a basic trainee in the United States Air Force. I have gotten to know Art Haarmeyer, now in his 80s. He is a man proud of his service in Korea and is as sharp mentally as he was in his days as a graduate student and as a bombardier/navigator on the Douglas B-26 light

ing on another bombing “run,” gave me the feeling that I was actually with Art on these missions! Colonel Bentley was a “pilot who had a great feel for the aircraft,” Art said. “He would bank that plane and set us up on our target like no other pilot I ever saw,” Art continued. I asked Art what it like was to be a bombardier/navigator and dropping tons of bombs, including napalm, on people he did not even know. Art’s answer: “I was just doing my job.”

It was doing this job that led into Art developing post-traumatic stress disorder (PTSD), a condition that affects many war veterans, but which also may develop in people who have experienced a traumatic

help others.” He mentioned he liked talking with me because we are “our own therapy.” I understand Art perfectly, as I also have PTSD—we do have our own two-man therapy sessions and we do realize we will never again be the same emotionally; nevertheless, we are still productive individuals to ourselves, family, and community.

My time in talking with Art and researching the Korean War has enlightened me to the fact there is no such thing as a “forgotten war.” I recommend that you read Art’s book and learn about an important part of our nation’s military history from the perspective of someone who experienced it personally. ★

Local Crime Beat

Monday, December 15th

Theft from Vehicle: Sunrise Park Dr. & Sunrise Park Dr.

Sunday, December 14th

Theft from Vehicle: 9500 Block, Appalachian Dr.

Saturday, December 13th

Assault: 2300 Block, Thores St.
Assault with Deadly Weapon: 2600 Block, Ribier Way
Theft: 11200 Block, Point East Dr.
Theft from Vehicle: 10800 Block, Olson Dr.

Friday, December 12th

Theft: 10800 Block, Olson Dr.
Theft from Vehicle: 11200 Block, White Rock Rd.

Wednesday, December 10th

Assault: 9500 Block, Butterfield Way
Theft: 10500 Block, Croetto Way
Theft: 10800 Block, Olson Dr.

Tuesday, December 9th

Theft: 11000 Block, Gelvani Way
Theft: 10800 Block, Olson Dr.
Theft: 10400 Block, Coloma Rd.

Monday, December 8th

Theft: 1000 Block, Harrington Way
Source: www.crimereports.com ★

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California Community College Districts Show Overwhelming Interest in Developing Four-Year Degree Programs

SACRAMENTO REGION, CA (MPG) - On November 19th, the California Community Colleges announced that 36 districts, half of all districts in the system, submitted letters of intent to the state Chancellor’s Office indicating their desire to host a baccalaureate degree program, signaling strong support for legislation signed by the governor this fall authorizing the system to award bachelor’s degrees as part of a limited pilot program.

“The districts’ strong interest in building baccalaureate degree programs is heartening,” said California Community Colleges Chancellor Brice W. Harris. “They are pioneering a new mission for the California Community Colleges and opening up pathways for Californians who may not have had the chance to earn a four-year degree. I look forward to working with the districts to create world-class programs that graduate highly trained and marketable students.”

The legislation, known as Senate Bill (SB) 850 and authored by Sen. Marty Block (D-San Diego), allows up to 15 districts to establish a pilot baccalaureate degree program at one of their colleges in a field of study not offered by the California State University (CSU) or University of California (UC). Lower-division coursework would cost \$46 and upper-division coursework would cost \$84 under the new program, with an estimated total cost of about \$10,000 to obtain a bachelor’s degree.

“SB 850 is a game changer for California students,” Block said. “Students now have another door that can lead to a quality, affordable four-year degree. It tells employers that California is doing all it can to ensure that our state is open for business and will stay open to employers looking for highly trained employees.”

The 36 districts seek to build baccalaureate degree programs in a wide variety of diverse vocational fields, ranging from airframe manufacturing technology, biomanufacturing, respiratory therapy, dental hygiene, engineering technology, and public safety administration. Many of the proposed programs are in fields where graduates with associate degrees can already expect to earn \$60,000 a few years after graduation, making them very cost-effective.

At its meeting on November 18th, Chancellor’s Office staff presented a proposed process to the board. Any district wishing to host a program must submit an application to the Chancellor’s Office by December 19th, 2014. Districts that did not turn in an initial interest form may still submit an application.

Applications will be reviewed by a team comprised of Chancellor’s Office staff, a member of the business and workforce community, representatives from CSU and UC, and community college administrators, faculty, and staff from districts that did not apply to host a program.

Considerations for selecting a district include geographic distribution of the pilot programs, diversity of pilot programs, ability of the district to establish a rigorous program in their proposed field, and that the proposed program will meet an unaddressed local or statewide workforce need.

The team will then make its selections and forward its recommendations to the chancellor, who will decide which applications are submitted to the board of governors for ultimate consideration and approval, in consultation with representatives of the CSU and UC. The board is scheduled to make its decision on January 21st, 2015.

Under the law, the four-year degree programs must be up and running by at least the 2017-2018 academic year; however, districts may start their programs by the fall 2015 semester. Districts must also seek approval from the Accrediting Commission for Community and Junior Colleges to start a program.

The legislation sunsets after the 2022-2023 school year, after which the Legislature and governor may renew it pending two Legislative Analyst’s Office reviews of the pilot program, one in 2018 and another in 2022.

The law was enacted to assist the state in meeting the need for individuals in high-demand technical disciplines that are increasingly requiring baccalaureate degrees and to increase college participation rates and improve workforce training opportunities for local residents who are unable to relocate because of family or work commitments.

Further impetus for the measure comes from studies that show California needs to produce one million more baccalaureate degree earners by 2025 to remain economically competitive in the coming decades.

Community colleges are an efficient and economical way to help meet those needs due to their numerous locations throughout the state and modest tuition. Twenty-one other states also allow community colleges to offer baccalaureate degrees.

Source: California Community Colleges Chancellor’s Office ★

CDFW Opens Registration for Nature Bowl Science and Conservation Competition Reaches 30-year Milestone

CARMICHAEL, CA (MPG) - Registration is now open for the 30th annual Nature Bowl, an elementary school activity-based competition held in the spring.

Coordinated by the California Department of Fish and Wildlife (CDFW) in partnership with local organizations and agencies, the Nature Bowl increases the science and conservation literacy of third through sixth grade students in the Sacramento Valley and Sierra foothills.

The Nature Bowl is open to students from any school, group, or organized youth club. Participants employ teamwork, creativity, and critical thinking while participating in group learning activities centered on local and regional natural environments. The first round will be held at 10 locations from mid-March through early May. Teams will consist of three to eight students each, and several teams will advance to the finals to be held at California State University, Sacramento on May 16th, 2015.

Teachers, youth group leaders, or parents can coach a team. CDFW will hold coaches’ workshops in the Sacramento area on following dates:

On January 8th, a coaches’ workshop will be held at the Effie Yeaw Nature Center in Carmichael; the semifinal at that site will be held on March 28th. For more information, please call (916) 489-4918.

On January 15th, a coaches’ workshop will be held at the Nimbus Hatchery in Rancho Cordova; the semifinal at that site will be held on April 14th. For more information, please call (916) 358-2884.

On January 27th, a coaches’ workshop will be held at the Stone Lakes National Wildlife Refuge; the semifinal at that site will be held on April 23rd. For more information, please call (916) 685-4057.

For all other information, including dates for other coaches’ workshops, please call (916) 358-2353 or visit www.wildlife.ca.gov/Regions/2/Nature-Bowl.

Source: California Department of Fish and Wildlife ★

Go Green and Mobile This Holiday Season

RANCHO CORDOVA, CA (MPG) - The City of Rancho Cordova and Republic Services, Rancho Cordova’s waste and recycling provider, encourage you to follow some simple steps to recycle holiday materials and trees this winter season:

- **Recycle gift boxes, wrapping paper, cards, magazines, and catalogs.**
- **Remove all decorations from your holiday tree. Then cut the natural tree into pieces to fit inside your green waste can with the lid shut, or set the tree at curbside – next to your trash can – on your regular trash collection day from January 2nd to 9th.**
- **Once your trash, recycling, and green waste have been picked up, store your containers behind the fence line. This will help keep your street beautiful for holiday visitors and every day of the year.**

Are you in need of an extra pick up during the holiday season? Republic Services has made the process easier with a new mobile application called My Resource™.

The free mobile application allows Rancho Cordova residents and businesses to schedule an extra or bulky pick up, pay bills and sign up for auto payment, report a missed pick up, and more at the click of a button. Requests can be submitted 24 hours a day.

“We are proud to have My Resource™ available for residents and businesses in Rancho Cordova,” said Brett Schreiner, Republic Services Customer Service Manager. “Our customers now have more immediate control over their account and services—whether it’s at a desktop computer or through the mobile app—bringing our company into the tech age.”


The application is available for download in the Apple App Store or Google Play by searching for Republic Services. The service is also available on desktop computers by visiting www.republiconline.com.

To get started, you will need your account number and any invoice number (both shown on your bill statements) and an active email address. Once this information is entered, you will receive an email to create a username and password.

If you own multiple businesses, you can access each of your accounts with the same log in. Start the registration process with one account number, and then you will be able to add other accounts once you log in.

If you have any questions, please contact Republic Services at (916) 638-9000.

Source: City of Rancho Cordova ★



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Sacramento County DA Reports

Recent cases of interest



CASE: Gregory Aaron Gadlin (12/8/14)
PROSECUTOR: Supervising Deputy District Attorney Michael Blazina
Deputy District Attorney Aaron Miller, Career Criminal Prosecution Unit District Attorney Jan Scully announced that Gregory Aaron Gadlin was convicted by jury of 16 counts of second-degree robbery, being a felon in possession of a firearm and being a felon in possession of ammunition. The jury also found true three personal gun use allegations.
From May 2013 through July 2013, Gadlin entered primarily convenience stores and gas stations, displayed a handgun and robbed employees for money and personal belongings. During one robbery, Gadlin fired one round at a clerk, but missed. Three days later during another robbery, he again fired a round at a store clerk. This time, the clerk was struck in his torso and left hand. A bulletin went out to law enforcement with a description of Gadlin’s vehicle. He was arrested after an alert on-duty security officer with the Sacramento County Sheriff’s Department located Gadlin’s car in the parking lot of the Department of Human Assistance.
Gadlin had been previously convicted of three prior strike offenses. At the time of these robberies, he was on parole for another robbery in which he personally used a firearm.
Gadlin faces a maximum potential sentence of more than 600 years to life in prison under California’s Three Strikes law. Sentencing is set for February 18, 2015 at 9:00 a.m. in Department 40 before the Honorable Raoul Thorbourne.

CASE: Luis Enrique Monroy Bracamontes (12/8/14)
Both the Placer County and Sacramento County District Attorney Offices have reviewed the penalty determination for defendant Luis Enrique Monroy Bracamontes, consistent with the internal policies of each office. Input from the victims’ families was solicited, received, and considered during the decision making process.
Both offices independently concluded that the death penalty is the appropriate penalty in this instance. Prior to making that determination, both offices sought input from the defense team.
Mr. Barbour and Mr. Dawson on behalf of defendant Bracamontes responded in writing to that request. They have asked for a future opportunity to submit a package of materials to us for reconsideration of that decision. Collectively, we agree to that procedure.

**Covanta Energy, LLC
Biomass Facilities Settlement**
District Attorney Jan Scully, along with the district attorneys of Butte County, Fresno County, Glenn County, Kern County, Stanislaus County, Tulare County and Tuolumne County, announced today the settlement of a civil environmental enforcement action against three California subsidiaries of New Jersey-based Covanta Energy LLC.
Biomass energy plants burn forest, agricultural and urban wood fuels in order to generate electricity and produce ash waste streams that are either sent to landfills or used for other purposes such as building roads or use in agriculture.
The civil enforcement action filed in Sacramento County concerned metal content in the biomass ash, asserting that the sampling and analysis practices of biomass ash at the three Covanta biomass facilities were not rigorous enough.
Under the final judgment, the three Covanta facilities must pay a total of \$536,211, which is comprised of \$258,306 in civil penalties, \$40,000 in contributions to special environmental projects and \$ 237,905 in reimbursement of investigation costs. The Covanta facilities have adopted and implemented enhanced policies and procedures designed to more appropriately sample and test their biomass ash. The facilities will be bound under the terms of a permanent injunction prohibiting any future violations of law and requiring adherence to the new sampling and testing program.
“Today’s settlement is a significant step toward ensuring biomass energy plants operate in full compliance with California’s environmental laws,” said District Attorney Jan Scully. “I commend the California Department of Toxic Substances Control and all of the district attorney offices involved in this investigation as well as Covanta for its cooperation to protect the health and safety of our citizens.”

IRS Tips for Year-End Gifts to Charity

SACRAMENTO REGION, CA (MPG)
- The IRS is reminding individuals and businesses considering making year-end gifts to charity to keep in mind certain tax law changes made in recent years.
“With the holiday season upon us, many taxpayers use this time of year to give gifts, monetary and otherwise, to their favorite charities,” said IRS spokesman David Tucker. “There are important things to keep in mind such as making sure the charity is eligible for tax-deductible donations.”
Clothing and household items, including furniture, furnishings, electronics, appliances, and linens, generally must be in good used condition or better to be tax-deductible. A clothing or household item for which a taxpayer claims a deduction of more than \$500 does not have to meet this standard if a qualified appraisal is included with the return.
Donors must get a written acknowledgement for all gifts worth \$250 or more that includes, among other things, a description of the items contributed. Donations of money require a bank or written statement from the charity in order to be deductible, regardless of amount. The record must show the name of the charity and the date and amount of the contribution. Such donations include those made in cash or by check, electronic funds transfer, credit card, and payroll deduction. For payroll deductions, the taxpayer should retain a pay stub, a Form W-2 wage statement, or other employer document showing the total amount withheld for charity, along with the pledge card showing the name of the charity.
The IRS offers the following additional reminders to help taxpayers plan their holiday and year-end gifts to charity:
Check that the charity is eligible. Only donations to eligible organizations are tax-deductible. Select Check, a searchable online tool available on IRS.gov, lists most organizations that are eligible to receive deductible contributions. Churches, synagogues, temples, mosques, and government agencies are eligible to receive deductible donations, even if they are not listed in the tool’s database.
Contributions are deductible in the year made. Thus, donations charged to a credit card before the end of 2014 count for 2014, even if the credit card bill isn’t paid until 2015. Also, checks count for 2014 as long as they are mailed in 2014.
For individuals, only taxpayers who itemize their deductions on Form 1040 Schedule A can claim charitable deductions. It is not available to individuals who choose the standard deduction (including Form 1040A or 1040EZ). A tax saving will be realized only if total itemized deductions exceed the standard deduction.
For donations of property, get from the charity, if possible, a receipt that includes the name of the charity, date of the contribution, and a reasonably-detailed description of the donated property. If a donation is left at a charity’s unattended drop site, keep a written record of the donation that includes this information, as well as the fair market value of the property at the time of the donation and the method used to determine that value.
The deduction for a car, boat, or airplane donated to charity is usually limited to the gross proceeds from its sale. This rule applies if the claimed value is more than \$500. Form 1098-C or a similar statement must be provided to the donor by the organization and attached to the donor’s tax return.
If the amount of a taxpayer’s deduction for all noncash contributions is more than \$500, a properly-completed Form 8283 must be submitted with the tax return.
Source: Internal Revenue Service ★

Bonney Field to Welcome More Soccer Fans

Continued from Page 1
from \$75,000 to \$100,000.
Cal Expo entered into a Letter of Understanding in October 2014 to review and evaluate the expanded seating proposal by Ovations. That proposal launched the formal California Environmental Quality Act (CEQA) review process as well as negotiations between Cal Expo and Ovations. Ovations estimates that it will cost more than \$1.5 million to construct the expanded seating.
“We are humbled and grateful to the Cal Expo Board and their continued support of Sacramento Republic FC and Bonney Field,” said Republic FC President Warren Smith. “The expansion and improvement efforts at Bonney Field for the 2015 season will not only provide more soccer fans an opportunity to experience a game, but also increase revenue for Cal Expo and the number of visitors to this amazing civic resource. We look forward to continued growth through our partnership with Ovations Food Service and Cal Expo to bring benefits to all our organizations and the fans of Republic FC.”
Construction of the new seating is estimated to be completed prior to the home opener of the Sacramento Republic FC season, which is scheduled for late March.
Source: State Fair Media Department ★

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CLUES

ACROSS

- Good for biceps
- "... alive!"
- "Many Kurds did this from Syria in 2014
- Unctuous Heep, of "David Copperfield"
- Not pre-owned
- It made Harry Potter's invisible
- Common Thanksgiving Day action
- ATM extra
- Reduce, _____, recycle
- *Captured drug lord
- Zoo section
- Go wrong
- Hat part
- Old age, archaic
- Musical compositions for one
- African equines
- *Suspect in PA police ambush was denied this
- Kosher establishment
- Davy Crockett's last stand
- Popular Creole vegetable
- _____ Miss hot chocolate
- Auditory
- MC Hammer's "2 _____ 2 Quit"
- Last two words of certain shoe company's famous slogan
- "Rambling Wreck From Georgia _____"
- *Beyonce and Jay Z performed in them together in '14
- Antonym of #14 Across
- "Big Island" flower necklace
- Leave them behind for riches?
- Grazing area
- *Animated Oscar-winner
- *Billboard Music Awards hologram guest
- Indian restaurant condiment
- Schiller's "_____ to Joy"
- Got up
- Remove, as in a Pinterest post
- A cool _____, as in money
- Takes it easy
- They're famous for being busy
- Snake-like reef dweller
- Arrogant one

DOWN

- 27 is the _____ of 3
- Russia's _____ Mountains
- Reduced Instruction Set Computer
- Wood-shaping device
- Barn scissors
- Facts and figures
- Tiger's peg
- Take an oath
- Bloodsucking hopper
- Displeasure on one's face
- "Piece of cake!"
- Obtain or create, barely
- *Russia/Ukraine "apple of discord"
- Cattle control, pl.
- "That is to say"
- Suffering from gastric distress

- "It caused a scare globally in 2014
- Kobe, e.g.
- Sad song
- Off-color
- The Phantom _____, Mickey Mouse's nemesis
- a.k.a. honey badger
- White liturgical neckwear
- *2014 Olympic site
- Been in bed
- "Infamous terrorist group
- Type of monument
- Jane's mate
- Sigma Alpha Epsilon
- Way of sticker, pl.
- *Washington Nationals gave away a Jayson Werth garden _____
- Ohio rubber hub
- Olden-day temple
- _____ for the picking
- Elevator inventor
- Come together
- *Hope _____ set U.S. soccer record for career shutouts
- Norse capital
- Egg holder
- Cause friction
- Bond movie "Live and Let _____"

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3			8	9		4	7	2
					5		3	
8	6							
			3			2		
		1		2		7		
	7			1				
							4	1
	8		7					
1	9	4		5	2			7

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 9

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Crossword Puzzle on Page 8

C	U	R	L	S	I	T	S	F	L	E	E
U	R	I	A	H	N	E	W	C	L	O	A
B	A	S	T	E	F	E	E	R	E	U	S
E	L	C	H	A	P	O	A	V	I	A	R
		E	R	R	B	R	I	M			
E	L	D	S	O	L	I	Z	E	B	R	A
B	A	I	L	D	E	L	I	A	L	A	M
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L	E	G	I	T	D	O	I	T	T	E	C
A	R	E	N	A	S	U	S	E	D	L	E
				R	A	G	S	L	E	A	
F	R	O	Z	E	N	J	A	C	K	S	O
R	A	I	T	A	O	D	E	A	R	O	S
U	N	P	I	N	M	I	L	L	O	L	L
B	E	E	S		E	E	L	S	N	O	O

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Sudoku Puzzle on Page 8

3	1	5	8	9	6	4	7	2
2	4	9	1	7	5	8	3	6
8	6	7	2	4	3	9	1	5
9	5	8	3	6	7	1	2	4
6	3	1	4	2	9	7	5	8
4	7	2	5	8	1	6	9	3
7	2	6	9	3	8	5	4	1
5	8	3	7	1	4	2	6	9
1	9	4	6	5	2	3	8	7

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08953. Ben Russo, 6731 Filbert Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Appraisals By The River" at 6731 Filbert Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on November 12, 2014. Publish: November 27, December 4, 11 and 18, 2014
APPRAISALS 141117 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08872. James Baker, 805 Carro Court, Unit #2, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "AS in 1 Clothing Broker" at 805 Carro Court, Unit #2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on November 7, 2014. Publish: November 27, December 4, 11 and 18, 2014
ASIN1 141117 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08984. Christopher Alexander Rivera, 191 Ford Road, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Commercial Patching" at 191 Ford Road, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: November 27, December 4, 11 and 18, 2014
COMMERCIAL 141113 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08792. Metro Express Logistics, Inc., 825 F Street, Suite 600, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "MEL" at 825 F Street, Suite 600, West Sacramento, CA 95605. Filed with the Clerk of Sacramento County on November 5, 2014. Publish: November 27, December 4, 11 and 18, 2014
MEL 141117 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09063. Richard Earl Jackson, 2433 Thomas Lane, Apt. 233, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Soul Touch Entertainment, J. Black" at 2433 Thomas Lane, Apt. 233, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 17, 2014. Publish: November 27, December 4, 11 and 18, 2014
SOUL 141117 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08897. Deborah Hurst, 600 San Antonio Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "The Pet Nanny of East Sac" at 600 San Antonio Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County on November 10, 2014. Publish: November 27, December 4, 11 and 18, 2014
PETNANNY 141117 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08939. William G. Taiff, 2948 Candido Drive, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "A.S.E. Pool Services" at 2948 Candido Drive, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on November 12, 2014. Publish: November 27, December 4, 11 and 18, 2014
ASEPOOL 141118 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09117. Ginger Wiseman and Summer Reynolds, 3836 Norris Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "GinSum Productions" at 3836 Norris Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on November 18, 2014. Publish: November 27, December 4, 11 and 18, 2014
GINSUM 141119 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09124. Christopher John Rico and Lee Russell Corwin, 2631 Lymcoming Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Festival Trading Co., Burner Exchange" at 2631 Lymcoming Court, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on November 18, 2014. Publish: November 27, December 4, 11 and 18, 2014
FESTIVAL 141119 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08907. Blyue Wu, 1337 Howe Avenue, Suite 108, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Qienbo Tian Ma Xun Da" at 6840 65th Street #100, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on November 12, 2014. Publish: November 27, December 4, 11 and 18, 2014
QIENBO 141119 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09116. Tawfig Zarif, 9425 Trollo Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Sacramento Auto Sales, Sacramento Auto Brokers" at 9425 Trollo Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on November 18, 2014. Publish: November 27, December 4, 11 and 18, 2014
SACRAMENTO 141119 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09083. Gurpinder Singh, 1100 Howe Avenue, Apt. 441, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "GS Distribution" at 1100 Howe Avenue, Apt. 441, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on November 17, 2014. Publish: November 27, December 4, 11 and 18, 2014
GSDIST 141119 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08900. Randolph Matheu, 2255 El Cejo Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bedroom Discounters, BedroomDiscounters.com, BedroomDiscounters.net" at 10826 Olson Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on November 10, 2014. Publish: November 27, December 4, 11 and 18, 2014
BEDROOM 141118 12-18-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09156. Regia L. Schauer, 5569 Turnbull Circle, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "This Little Genius" at 5569 Turnbull Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on November 19, 2014. Publish: December 4, 11, 18 and 25, 2014
GENIUS 141120 12-25-14

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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09062. Gerald Michael Finnigan, 8088 Hazel Avenue, Orangevale, CA 95660 is doing business under the Fictitious Business Name(s) "GMF Construction" at 2620 U Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County on November 14, 2014. Publish: December 4, 11, 18 and 25, 2014
GMF 141121 12-25-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09148. Gary Ronald Russell, 2437 Glenfaire Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bentline Design" at 2437 Glenfaire Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on November 19, 2014. Publish: December 4, 11, 18 and 25, 2014
BENTLINE 141124 12-25-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09242. Adam Scott and Bailey Anne Hanks, 4901 Elude Court, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "True Blue Delivery Services" at 4901 Elude Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on November 24, 2014. Publish: December 4, 11, 18 and 25, 2014
TRUEBLUE 141125 12-25-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08933. Carrie Calabrese, 5304 Tierra Vista Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Western Mobile Notary Services" at 5304 Tierra Vista Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on November 12, 2014. Publish: December 4, 11, 18 and 25, 2014
WESTERN 141125 12-25-14

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09333. Xiao Hong Zheng and Saikun Li, 9329 Miko Circle, Elk Grove, CA 95624 are doing business under the Fictitious Business Names "Hederbell Massage" at 2331 El Camino Avenue #A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
HEDERBELL 141126 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09328. Wei-Ming (Andrew) Tan, 2521 Rock Dove Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "SmartSoftwareDev" at 2521 Rock Dove Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
SMART 141201 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09081. Donald Ricardo McInair, 8106 Ingleside Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Earie Core" at 8106 Ingleside Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on November 17, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
EARIE 141129 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08524. Greenback Coin & Jewelry, 7662 Greenback Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Manzanita Coin & Jewelry" at 5801 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 24, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
MANZANITA 141128 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09340. Mesa Mercado LLC, 601 Cummins Way, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Mesa Mercado" at 6241 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
MESA 141201 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08998. Mark Leacox, 3925 Milmar Way, Sacramento, CA 95821 and George Ban, 7004 Springmont Drive, Sacramento, CA 95758 is doing business under the Fictitious Business Name(s) "Sacramento Baseball Academy" at 7004 Springmont Drive, Sacramento, CA 95758. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
SACBASEBALL 141202 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09339. Natthinee Sujitham, 1000 Creekside Drive #1914, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Krua Thai Cuisine" at 1750 Prairie City Road #150, Folsom, CA 95630. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
KRUA 141202 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09390. Ryan Nelson, 4020 Hillwood Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "RND Engineering" at 4020 Hillwood Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on December 2, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
RNDENG 141202 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09392. Benjamin Antone Jr., 4009 43rd Avenue, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Kingdom Care Group, KCG" at 4009 43rd Avenue, Sacramento, CA 95824. Filed with the Clerk of Sacramento County on December 3, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
KINGDOM 141203 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08977. William H. Battles, 6310 Appian Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Customtronics Sound, Customtronics" at 6310 Appian Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
CUSTOMTRONICS 141204 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09407. Shamjit Kaur, 3520 Mission Avenue #1, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "S and S Trucking" at 3520 Mission Avenue #1, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on December 3, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
SANDSTRUCKING 141204 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09163. Poonam Gujral, 4019 Eastwood Village Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Promo Specialties, APJ Promotions" at 4019 Eastwood Village Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 19, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
APJPPROMO 141204 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09424. Harinder Singh Ratia, 8258 Pinefield Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Tera Tera Auto Sales" at 5401 Warehouse Way, Suite 104, Sacramento, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on December 4, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
TERATERA 141204 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08833. Joseph Michael and Lisa Sawelle Ruma, 4261 Eagle Ridge Way, Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "American Guitar Supply" at 4261 Eagle Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on November 6, 2014. Publish: December 11, 18, 25, 2014 and January 1, 2015
AMERICAN 141205 1-1-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09257. Ashley Bennett, 1100 Howe Avenue, Apt. 368, Sacramento, CA 95825 and Melanie Hawthorne, 3472 Misty Morning Circle, Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Mus The Salon" at 947 Enterprise Drive, Suite 21, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on November 24, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
MUSSALON 141208 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09311. Joe O'Neal, 320 N. 10th Street #104, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Honeycomb Properties" at 320 N. 10th Street #104, Sacramento, CA 95811. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
HONEYCOMB 141208 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09373. Basin Tree Service & Pest Control, Inc., 1302 Highway 28 W, Ephrata, WA 98823 is doing business under the Fictitious Business Name(s) "United Right-of-Way" at 2710 Gateway Oaks Drive, Suite 150N, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on December 2, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
UNITED 141208 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09470. Pollo King, Inc., 10271 Corfu Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "El Pollo Loco" at 4600 Mack Road, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on December 5, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
ELPOLLO 141208 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09361. Platinum Touch Enterprises, Inc., 4404 N. Hacienda Drive, Fresno, CA 93705 is doing business under the Fictitious Business Name(s) "Cook Healthy of Sacramento & Fresno" at 4141 Manzanita Avenue, Suite 125A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on December 1, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
COOK 141209 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09447. Jennifer Lynn Uries, 7326 La Tour Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "J Ravensong Productions" at 7326 La Tour Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on December 4, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
JRAVENSONG 141209 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09058. Carvell Printing, Inc., 1791 Tribute Road #A, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "EP21 Group, Valley Ink & Printing Supplies" at 1791 Tribute Road #A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on November 14, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
EP21 141210 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09509. James Geiger, 9111 Trumbauer, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Cryptocloud9" at 9111 Trumbauer, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on December 8, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
CRYPTO 141209 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09593. Play2Grow Pediatric Therapy, Inc., 6768 9th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Play2Grow Pediatric Therapy" at 6768 9th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County on December 10, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
PLAY2GROW 141210 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-08971. EPO Lerwick, LLC, 3308 El Camino Avenue, Suite# 300-192, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Morse Glen Estates" at 3354 Lerwick Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on November 13, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
MORSE 141210 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09118. Aaron C. Wagner, 9399 Brenton Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "A & S Investigation Services" at 9399 Brenton Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on November 18, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
A&S 141212 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09297. SMF Global, Inc., 2701 Del Paso Road, Suite 130-206, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Viva Supermarket" at 3845 Marysville Boulevard, Sacramento, CA 95838. Filed with the Clerk of Sacramento County on November 25, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
VIVASUPER 141212 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09670. Robin and Chandra Merod, 9358 Defiance Circle, Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Stay Tuned Motorsports" at 9358 Defiance Circle, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on December 12, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
STAYTUNED 141212 1-8-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2014-09314. Qianbo USA, Inc., 1337 Howe Avenue #108, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Qianbo USA, Inc. (Tian Ma Xun Da)" at 6840 65th Street, #100, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on November 26, 2014. Publish: December 18, 25, 2014, January 1 and 8, 2015
QIANBO 141212 1-8-15

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS BUSINESS NAME

FBNF2014-09064
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Tera Tera Auto Sales", located at 5401 Warehouse Way, Suite 104, Sacramento, Sacramento, CA 95826. Harinder Singh Ratia and Gurpreet Kaur Ratia, 8258 Pinefield Drive, Antelope, CA 95843. The Fictitious Business Name Statement referred to above was filed on November 17, 2014 in the County of Sacramento. Publish: December 11, 18, 25, 2014 and January 1, 2015
TERATERA 141204 1-1-15

STATEMENT OF ABANDONMENT
OF FICTITIOUS BUSINESS NAME

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Nissan of Sacramento and Maita's Nissan of Sacramento", located at 2500 Auburn Boulevard, Sacramento, CA 95821. Nissan of Sacramento, Inc., 2500 Auburn Boulevard, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on June 27, 2013 in the County of Sacramento. Publish: December 18, 25, 2014, January 1 and 8, 2015
NISSAN 141210 1-8-15

ORDER TO SHOW CAUSE
CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00171477
WHEREAS, FNU Wais has filed a petition with this court for a decree changing the name(s) of FNU Wais to Wais Sahil. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 3, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 12, 2014
David I. Brown, Judge of the Superior Court
Publish: November 27, December 4, 11 and 18, 2014
WAIS 141118 12-18-14

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00168754

WHEREAS, Angelica De La Fuente has filed a petition with this court for a decree changing the name(s) of Jose-Luis Sanchez Castaneda Jr. to Jose-Demetrio Sanchez De La Fuente. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 19, 2014
Raymond M. Cadei, Judge of the Superior Court
Publish: November 27, December 4, 11 and 18, 2014
FUENTE 141119 12-18-14

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00170883

WHEREAS, Leslie Dawn Lopez-Martinez has filed a petition with this court for a decree changing the name(s) of Leslie Dawn Lopez-Martinez to Leslie Dawn Lopez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 29, 2014
David I. Brown, Judge of the Superior Court
Publish: December 4, 11, 18 and 25, 2014
MARTINEZ 141121 12-25-14

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00166325

WHEREAS, Joseph Davante Deo has filed a petition with this court for a decree changing the name(s) of Joseph Davante Deo to Joseph Davante Deo Maharaj. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 10, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 24, 2014
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18 and 25, 2014
DEO 141124 12-25-14

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COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00166322
WHEREAS, Vimal Rajesh Deo has filed a petition with this court for a decree changing the name(s) of Vimal Rajesh Deo to Vimal Rajesh Deo Maharaj, Andrew Nathan Deo to Andrew Nathan Deo Maharaj and Jacob Rajesh Deo to Jacob Rajesh Deo Maharaj . IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 10, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 24, 2014
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18 and 25, 2014
DEO#2 141124 12-25-14

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00170131
WHEREAS, FNU Zakirullah has filed a petition with this court for a decree changing the name(s) of FNU Zakirullah to Zakirullah Shinwari. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 11, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 15, 2014
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18 and 25, 2014
ZAKIRULLAH 141124 12-25-14

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172131
WHEREAS, FNU Nahzatullah and FNU Nooria have filed a petition with this court for a decree changing the name(s) of FNU Nahzatullah to Nahzat Salarzai, FNU Nooria to Nooria Salarzai, FNU Walwala to Walwala Salarzai and FNU Samoon to Samoon Salarzai. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 11, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 26, 2014
David I. Brown, Judge of the Superior Court
Publish: December 11, 18, 25, 2014 and January 1, 2015
NAHZATULLAH 141126 1-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172137
WHEREAS, Faun F. O'Neel has filed a petition with this court for a decree changing the name(s) of Anndrea Lily Try to Anndrea Lily O'Neel and Dru Joseph Try to Dru Joseph O'Neel. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 11, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 26, 2014
Raymond M. Cadei, Judge of the Superior Court
Publish: December 11, 18, 25, 2014 and January 1, 2015
O'NEEL 141126 1-1-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172307
WHEREAS, Erinmauriah Conway-Spatola SBN#230881, Conway-Spatola Law, has filed a petition for Joua Kue with this court for a decree changing the name(s) of Joua Kue to Jenifer Joua Kue. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 18, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 1, 2014
David I. Brown, Judge of the Superior Court
Publish: December 18, 25, 2014, January 1 and 8, 2015
KUE 141209 1-8-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00159673
WHEREAS, Andrew A. Weil, SBN#2881911, Nagley, Meredith & Miller, Inc. has filed a petition for Tifanie Ann Rupchock with this court for a decree changing the name(s) of Brandon Lemonte Terry to Brandon Lemonte Rupchock. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 30, 2014
David I. Brown, Judge of the Superior Court
Publish: December 18, 25, 2014, January 1 and 8, 2015
RUPCHOCK 141209 1-8-15

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COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172654
WHEREAS, Konstantin Ivanovich Ostapenko has filed a petition with this court for a decree changing the name(s) of Konstantin Ivanovich Ostapenko to Eric Julian German. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 25, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014
Raymond M. Cadei, Judge of the Superior Court
Publish: December 18, 25, 2014, January 1 and 8, 2015
OSTAPENKO 141210 1-8-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172665
WHEREAS, Man Mohan Singh has filed a petition with this court for a decree changing the name(s) of Man Mohan Singh to Mohan Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 26, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 10, 2014
David I. Brown, Judge of the Superior Court
Publish: December 18, 25, 2014, January 1 and 8, 2015
SINGH 141212 1-8-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2014-00172650

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TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS No. CA-14-633810-BF Order No.: 140167538-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/26/2006.UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY,IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): VONETTA HUDDLESTON AND ANDRE HUDDLESTON, SR, WIFE AND HUSBAND Recorded: 6/30/2006 as Instrument No. xxx in Book 20060630 Page 1626 and modified as per Modification Agreement recorded 5/31/2011 as Instrument No. xxx, in Book 20110531, on Page 0810 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 1/5/2015 at 1:30:00 PM Place of Sale: At the main entrance to the County Courthouse, 720 9th St., Sacramento, CA 95814 Amount of unpaid balance and other charges: \$418,708.65 The purported property address is: 11879 FIRE AGATE WAY, RANCHO CORDOVA, CA 95742 Assessor's Parcel No.: 067-0500-018-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-14-633810-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders rights against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-633810-BF IDSPub #0073551 12/5/2014 12/12/2014 12/19/2014 QLS#0073551 141112 12/19/14

NOTICE OF TRUSTEE'S SALE File No. 7042:13785 Title Order No. 1624913 MIN No. 1000179-0313110073-1 APN 056-0310-049-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/08/03, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-624613-JB IDSPub #0074259 12/5/2014 12/12/2014 12/19/2014 QLS#0074259 141126 12/19/14

Trustee Sale No.: 0000004737580 Title Order No.: 730-1403798-70 FHA/VAPMI No.: 043-8266499-703 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED

free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7042:13785. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: November 25, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Victoria Gutierrez, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7042:13785: 12/05/2014,12/12/2014,12/19/2014 NWTS#7042:13785 141126 12/19/14

NOTICE OF TRUSTEE'S SALE TS No. CA-14-624613-JB Order No.: 8444669 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/22/2011. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): RIZA F. OZKAN, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 12/27/2011 as Instrument No. xxx in Book 20111227 Page 0942 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 12/26/2014 at 1:30:00 PM Place of Sale: At the main entrance to the County Courthouse, 720 9th St., Sacramento, CA 95814 Amount of unpaid balance and other charges: \$273,531.35 The purported property address is: 12342 LITTLE DOME WAY, RANCHO CORDOVA, CA 95742 Assessor's Parcel No.: 067-0840-070-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-14-624613-JB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligations. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 714-573-1965 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-14-624613-JB IDSPub #0074259 12/5/2014 12/12/2014 12/19/2014 QLS#0074259 141126 12/19/14

Trustee Sale No.: 0000004737580 Title Order No.: 730-1403798-70 FHA/VAPMI No.: 043-8266499-703 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED

05/21/2010. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 06/03/2010 as Book No. 20100603 and Page No. 0193 of official records in the office of the County Recorder of SACRAMENTO County, State of CALIFORNIA, EXECUTED BY: VERONICA GUERRERO, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form payment authorized by California Civil Code 2924(h)(b), (payable at time of sale in lawful money of the United States), DATE OF SALE: 01/05/2015 TIME OF SALE: 9:00 AM PLACE OF SALE: GORDON D. SCHABER SACRAMENTO COUNTY COURTHOUSE, 720 9TH STREET, SACRAMENTO, CA 95814. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 10667 VAN STRALEN WAY, RANCHO CORDOVA, CALIFORNIA 95670 APN#: 056-0172-012-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$128,444.52. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this property, using the file number assigned to this case 00000004737580. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AUCTION.COM, LLC ONE MAUCHLY IRVINE, CA 92618 800-280-2832 www.auction.com BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP as Trustee Dated: 12/05/2014 NPP0238909 To: GRAPEVINE INDEPENDENT 12/12/2014, 12/19/2014, 12/26/2014 NPP#0238909 141125 12/26/14

NOTICE OF TRUSTEE'S SALE File No. 7236.24525 Title Order No. 110570195 MIN No. APN 058-0320-009-0000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/18/04. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): STEPHEN E. DEAN, AND UNMARRIED MAN Recorded: 11/30/04, as Instrument No. Book 20041130, Page 2049, of Official Records of SACRAMENTO County, California. Date of Sale: 01/02/15 at 11:00 AM Place of Sale: At the main entrance to the County Courthouse, 720 9th Street, Sacramento, CA The purported property address is: 2215 ELMCREST LN, RANCHO CORDOVA, CA 95670 Assessors Parcel No. 058-0320-009-0000 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$227,338.35. If the sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid, plus interest. The purchaser shall have no further recourse against the beneficiary, the Trustor or the trustee. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7236.24525. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 4, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Andy Tran, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7236.24525: 12/12/2014,12/19/2014,12/26/2014 NWTS#7236.24525 141205 12/26/14

applicable, the rescheduled time and date for the sale of this property, you may call 877-484-9942 or 800-280-2832 or visit this Internet Web site www.USA-Foreclosure.com or www.Auction.com using the file number assigned to this case 7236.24525. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 4, 2014 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Andy Tran, Authorized Signatory 1241 E. Dyer Road, Suite 250, Santa Ana, CA 92705 866-387-6987 Sale Info website: www.USA-Foreclosure.com or www.Auction.com Automated Sales Line: 877-484-9942 or 800-280-2832 Reinstatement and Pay-Off Requests: 866-387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ORDER # 7236.24525: 12/12/2014,12/19/2014,12/26/2014 NWTS#7236.24525 141205 12/26/14

T.S. No. 14-28174 APN: 068-0444-022-0000 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/20/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinlater described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: JERRY M SMALER, AN UNMARRIED MAN Duly Appointed Trustee: LAW OFFICES OF LES ZIEVE Deed of Trust recorded 12/20/2006 as Instrument No. in book 20061220, page 0307 of Official Records in the office of the Recorder of Sacramento County, California. Date of Sale: 12/30/2014 at 11:00 AM Place of Sale: At the main entrance to the County Courthouse 720 9th Street Sacramento CA Estimated amount of unpaid balance and other charges: \$187,652.89 Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 9801 CRIMSONWOOD WAY, RANCHO CORDOVA, CALIFORNIA 95827 Described as follows: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF. A.P.N.#.: 068-0444-022-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned to this case 14-001787. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. www.Auction.com or call (800) 280-2832 or Aztec Foreclosure Corporation (877) 257-0717 www.aztectrustee.com P1123361 12/19, 12/26, 01/02/2015 PPP#1123361 141212 12/15

APN: 056-0212-021-0004 TS No: CA08002899-14-1 To No: 95305371 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED March 29, 2001. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 26, 2015 at 09:00 AM, East Main Entrance, Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on April 2, 2001 as in Book 20010402, on Page 1704, of official records in the Office of the Recorder of Sacramento County, California, executed by IVAN MARTYNYUK AND FAIMA MARTYNYUK, HUSBAND AND WIFE, as Trustor(s), in favor of U.S. BANK, NATIONAL ASSOCIATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: THE CONDOMINIUM ESTATE CONSISTING OF:(A) UNIT NO. 4 OF LOT 26, OF COLOMA ESTATES ACCORDING TO THE OFFICIAL PLAT THEREOF, FILED IN THE OFFICE OF THE RECORDER OF SACRAMENTO COUNTY, CALIFORNIA, ON APRIL 20, 1966 IN BOOK 79 OF MAP, MAP NO. 5, AS SHOWN ON EXHIBIT "A" ATTACHED TO THE CONDOMINIUM PLAN, DATED JANUARY 30, 1969, RECORDED JANUARY 31, 1969 IN BOOK 30, 1969, OFFICIAL RECORDS, PAGE 495, AND AS DEFINED IN THE AMENDMENT OF DECLARATION OF RESTRICTIONS - (ENABLING DECLARATION ESTABLISHING A PLAN FOR CONDOMINIUM OWNERSHIP OF POTION OF COLOMA ESTATES), DATED JANUARY 30, 1969, RECORDED JANUARY 31, 1969 IN BOOK 690131 OF OFFICIAL RECORDS, PAGE 529;(B) AN UNDIVIDED 1/4 INTEREST IN COMMON AREA "A" OF LOT 25, AS SHOWN ON EXHIBIT A OF FORESAID AND AS DEFINED IN THE AMENDMENT OF DECLARATION OF RESTRICTIONS, BEING ALL OF SUCH LOT NO. 25 AND THE IMPROVEMENTS THEREON, EXCEPT FOR THE UNITS, AND(OC) AN UNDIVIDED 1/368 INTEREST IN COMMON AREA "B" AS SHOWN ON SUCH EXHIBIT "A" AND AS DEFINED IN SUCH RESTRICTIONS, BEING LOT NO. 12, AS SHOWN ON SUCH EXHIBIT "A" AND THE IMPROVEMENTS THEREON. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 10803 COLOMA ROAD # 4, RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$40,851.24 (Estimated).

A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 01/26/15 at 9:00 am, Aztec Foreclosure Corporation as the duly appointed Trustee under and pursuant to the power of sale contained in that certain Deed of Trust executed by Bibi Zahra Samir, a single woman, as Trustor(s), in favor of Mortgage Electronic Registration Systems, Inc., solely as Nominee for Bank of America, N.A., as Beneficiary, Recorded on 05/05/10 in Book No. 20100505, Page No. 1065 of official records in the Office of the county recorder of SACRAMENTO County, California; Nationstar Mortgage LLC, as the current Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state), Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, East Main Entrance, Sacramento, CA 95814, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described as: 10845 WRAYSBURY WAY, RANCHO CORDOVA, CA 95670 The property heretofore described is being sold "as is". The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$198,240.80 (Estimated good through 1/8/15) Accrued interest and additional advances, if any, will increase this figure prior to sale. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: December 8, 2014 Robbie Weaver Assistant Secretary & Assistant Vice President Aztec Foreclosure Corporation 20 Pacifica, Suite 1460 Irvine, CA 92618 Phone: (877) 257-0717 or (602) 638-5700 Fax: (602) 638-5748 www.aztectrustee.com NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned to this case 14-001787. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. www.Auction.com or call (800) 280-2832 or Aztec Foreclosure Corporation (877) 257-0717 www.aztectrustee.com P1123361 12/19, 12/26, 01/02/2015 PPP#1123361 141212 12/15

APN: 056-0212-021-0004 TS No: CA08002899-14-1 To No: 95305371 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED March 29, 2001. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 26, 2015 at 09:00 AM, East Main Entrance, Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on April 2, 2001 as in Book 20010402, on Page 1704, of official records in the Office of the Recorder of Sacramento County, California, executed by IVAN MARTYNYUK AND FAIMA MARTYNYUK, HUSBAND AND WIFE, as Trustor(s), in favor of U.S. BANK, NATIONAL ASSOCIATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: THE CONDOMINIUM ESTATE CONSISTING OF:(A) UNIT NO. 4 OF LOT 26, OF COLOMA ESTATES ACCORDING TO THE OFFICIAL PLAT THEREOF, FILED IN THE OFFICE OF THE RECORDER OF SACRAMENTO COUNTY, CALIFORNIA, ON APRIL 20, 1966 IN BOOK 79 OF MAP, MAP NO. 5, AS SHOWN ON EXHIBIT "A" ATTACHED TO THE CONDOMINIUM PLAN, DATED JANUARY 30, 1969, RECORDED JANUARY 31, 1969 IN BOOK 30, 1969, OFFICIAL RECORDS, PAGE 495, AND AS DEFINED IN THE AMENDMENT OF DECLARATION OF RESTRICTIONS - (ENABLING DECLARATION ESTABLISHING A PLAN FOR CONDOMINIUM OWNERSHIP OF POTION OF COLOMA ESTATES), DATED JANUARY 30, 1969, RECORDED JANUARY 31, 1969 IN BOOK 690131 OF OFFICIAL RECORDS, PAGE 529;(B) AN UNDIVIDED 1/4 INTEREST IN COMMON AREA "A" OF LOT 25, AS SHOWN ON EXHIBIT A OF FORESAID AND AS DEFINED IN THE AMENDMENT OF DECLARATION OF RESTRICTIONS, BEING ALL OF SUCH LOT NO. 25 AND THE IMPROVEMENTS THEREON, EXCEPT FOR THE UNITS, AND(OC) AN UNDIVIDED 1/368 INTEREST IN COMMON AREA "B" AS SHOWN ON SUCH EXHIBIT "A" AND AS DEFINED IN SUCH RESTRICTIONS, BEING LOT NO. 12, AS SHOWN ON SUCH EXHIBIT "A" AND THE IMPROVEMENTS THEREON. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 10803 COLOMA ROAD # 4, RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$40,851.24 (Estimated).

However, prepayment premiums, accrued interest and advances will increase this figure prior to



ROCK DOC

By Dr. E. Kirsten Peters

Plants are not as dumb as they look. At least to me, plants have never seemed like the brightest bulb in the box. They stand around, looking green, hoping for a sunny day but not able to walk, talk or turn on the TV. However, due to a recent university press release, I’ve got to rethink my attitudes about vegetation.

Two scientists at the University of Missouri, Heidi Appel and Rex Cocroft, studied a plant called Arabidopsis. That’s a common experimental plant, used by researchers because it’s fast growing and a great deal is known about it. Arabidopsis is a flowering plant that you can think of as a cousin to mustard and cabbage.

The researchers let caterpillars feed on a group of Arabidopsis plants. Using special devices, they recorded the sounds or vibrations made by the insects chewing on the leaves.

Next Appel and Cocroft and their team took two new sets of plants and separated them. To one set, they played back recordings of the sounds and vibrations the insects had made as they fed on the Arabidopsis leaves. To the second set of plants, they played back a silent tape—in other words, this second set of plants was the “control” in their experiment.

Then the team let caterpillars feed on both sets of plants. Results showed that the Arabidopsis that had been exposed to the sounds of the insects feeding on leaves had more mustard oils in their

Plants are not as Dumb as they Look

leaves than did the control group. Mustard oils are chemicals many insects don’t like and will avoid.

“What is remarkable is that the plants exposed to different vibrations, including those made by a gentle wind or different insect sounds... did not increase their chemical defenses,” Cocroft said in a press release. “This indicates that the plants are able to distinguish feeding vibrations from other common sources of environmental vibration.”

Plants really are not dim bulbs.

“Plants have many ways to detect insect attack,” Cocroft said in the press release. “But [insect] feeding vibrations are likely the fastest way for distant parts of the plant to perceive the attack and begin to increase their defenses.”

Next steps for the researchers include learning more about exactly how vibrations are sensed by the plants and what parts of the complex sounds may be the most important. The results of this type of work are

not just academic. A long way down the road, such research may be able to improve crop plants, giving them a natural way to boost their own defenses against insect pests.

“Caterpillars react to this chemical defense by crawling away, so using vibrations to enhance plant defenses could be useful to agriculture,” Appel said. “This research opens the window of plant behavior a little wider, showing that plants have many of the same responses to outside influences that animals do, even though the responses look different.”

I’ve got a new respect for plants — and the researchers who are learning surprising things about them.

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at rockdoc.wsu.edu and on Twitter @RockDocWSU. This column is a service of the College of Agricultural, Human, and Natural Resource Sciences at Washington State University. ★

Game Plots

Pick it Up: Half-Life 2 Turns Ten

By Noah Howard

One of Maya Angelou’s best quotes is “People will forget what you said. People will forget what you did. But people will never forget how you made them feel.” I forgot what most characters said in during the time I spent with Half-Life 2. I forgot much of what I did. But I haven’t forgotten the way it made me feel. Half-Life 2 arrived ten years ago as of November 16th, but I got on the train late, playing it only recently out of ignorant curiosity rather than to experience what many call the only perfect game. I’ve played games that have given me stronger emotions (some have even have made me cry), and I’ve played games with more profound messages, but Half-Life 2 conveys a full range of emotions over the course of its campaign, more so than anything else I’ve ever played.

I remember being completely underwhelmed by the first Half-Life, released in 1998. I came in expecting the first example of advanced storytelling in gaming, but instead found a series of outdated graphics and mechanics. So, going into Half-Life 2, I wasn’t expecting much.

The first moment I knew that I was in for something special, that I was going to play a game



This one, dehumanizing act, from this one, bored soldier left me feeling betrayed as a gamer. I had expected power, and was met with degradation. Photo courtesy Noah Howard

that would be the entertainment high-point of my life, was in the first few minutes. I’d just gotten off of a train, entering for the first time the station in the gritty, post-apocalyptic City 17.

As I made my way through the station, filled with faces of oppressed citizens, I came across a gas-masked soldier standing lazily by a trash bin. A soda can rested on the rim of the bin. He knocked it to the floor.

“Pick it up.” I did the rational thing, and picked up the can. And then I threw it right in his face. My disobedience was met with a brutal beating from the business end of his electrified billy club. It’s one of the simplest moments in gaming, but one of the most powerful. There have been numerous analyses written, all valid, about this one moment and what it means, but for me, all it did was get me angry. Most games (shooters especially) are, at their core, power fantasies where you’re the mightiest, most important person around. This one, dehumanizing act, from this one, bored soldier left me feeling betrayed as a gamer. I had

expected power, and was met with degradation. In most games, I shoot the enemy because the game tells me they deserve to be shot. Half-Life 2 was the first game where I was motivated personally to fight the enemy, where I wanted to shoot them beyond the reason “the game told me so.” I had a vendetta to settle with this soldier, and with all of his gas-masked kind.

This moment represents Half-Life 2 as a whole. Valve, the developer, uses that initial kernel of rage to keep the player emotionally invested in the saga that turns you from everyman into the One Free Man, a messiah to the game’s downtrodden humanity. Unlike other games, it does so not by instilling a physical change in power-level or appearance in the protagonist, but by manipulating players’ emotions so that they feel themselves grow into their saviour role.

Angelou almost assuredly never played Half-Life 2, but she would’ve remembered how it made her feel. ★

To respond to Noah’s articles email him at digitalartsnoah@yahoo.com



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Jim Miller Answers Your Senior Questions



Check Out This Week's Topic!



Savvy SENIOR

Personal Tech Products Designed Specifically for Seniors

Dear Savvy Senior,

Can you recommend any tablets, smartphones or computers that are specifically designed for seniors? I would like to buy a device for my technology-challenged grandmother so she can get online and keep up with her grandkids better, but it needs to be super simplified so she can use it. - Holiday Shopper

Dear Shopper,

There are actually several new tech products on the market today that are designed specifically for older boomers and seniors that are unfamiliar or uncomfortable with technology.

These devices come equipped with simplified software, big, vivid features, less clutter and better customer support packages, which makes them more appealing and much easier to use than mainstream devices. Here are several top senior-friendly options to look into.

Smartphone

If you’re thinking about a smartphone for your grandmother, check out the new GreatCall Touch3. Made by Samsung, this Android smartphone has a 4-inch touchscreen with an organized large icon menu list on the home screen that provides users simple access to often-used features like the phone, text messages, camera, pictures, email and Internet, along with your contacts and apps.

It also has a 5-megapixel camera, a full-size onscreen

keyboard, and offers a variety of health and safety features like the 5Star app that lets you immediately speak to a certified agent 24/7 who can identify your location and get you the help you need. Urgent Care, which provides access to registered nurses and doctors for advice and diagnoses. And MedCoach, which sends medication reminders.

Available at greatcall.com or 800-918-8543, the Touch3 sells for \$170 with a \$20 introductory discount, plus a one-time activation fee of \$35, and no-contract is required. Monthly service plans that include unlimited 5Star and Urgent Care service start at \$25. And their data plans start at \$2.50 per month for 20MB.

Tablet Computer

If you’re considering a tablet, a top senior-friendly option is AARP’s new RealPad, which costs \$189 at aarprealpad.org, walmart.com/realpad or Walmart stores.

Produced in partnership with Intel, the RealPad is an Android tablet with a 7.85-inch touchscreen. It provides a clutter-free simplified home page with large text icons to frequently used functions like email, social networks, weather, news, games, camera and pictures, Google, the Web, apps and more.

It also has a 2-megapixel front camera and 5-megapixel rear camera, and comes with 24/7 phone support, a bunch of tutorial videos, and a “Real QuickFix” tool that connects users to

technology support agents over the Internet who can access the tablet and fix problems.

Desktop Computer

If you think your grandmother would like a desktop computer, the Telikin (telikin.com, 800-717-7640), which has been around for three years now, is an excellent choice.

Ready to go right out of the box, this all-in-one touch-screen computer displays a big button menu on the screen at all times, providing simple access to most functions like the Internet, email, games, video chat, photo sharing, news and weather, and more.

Available in two sizes – the 18.6-inch “Telikin Touch” that costs \$699, and the 22-inch “Telikin Elite II” for \$1,079 – these computers come with built-in speakers, a Web camera, microphone, wired keyboard and mouse. They also offer a “tech buddy” feature so you can access your grandma’s Telikin computer remotely from your computer to help her when she needs it.

Running on Linux software instead of the standard Windows or Mac OS, the Telikin is also virus-resistant, comes with a 60-day trial period, a one-year warranty and free tech support.

It’s also worth noting that Telikin has a partnership with firstSTREET – a senior product direct marketing company – that is also selling the 22-inch Telikin for \$1,079, but have rebranded it as the “WOW! Computer for Seniors.” ★

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.



Lisa West
Community Outreach Director

No One Wants to Talk About Death



Memorial Parks
Mortuaries & Crematory

By Lisa West

Including me—and I work in the death care industry. The topic of death is not the standard dinner table conversation most families want to have, unless they have had a very recent loss. Then it is sometimes all they talk about.

Yes, talking about death is still a big taboo, so to speak. After all, if you talk about death, then that means it could actually happen. Needless to say, it is going to happen. No one escapes it.

I’m the first to tell you that three years ago I avoided the topic of death and funerals myself. Then I changed careers and began working for a funeral home, East Lawn Memorial Parks, Mortuaries, and Crematory. I can now tell you that I honestly appreciate a good conversation about death. I’m no longer afraid to talk about it because I’m surrounded by it every day.

I also find other people want to talk about it more than I ever realized. Once I tell people where I work, they immediately have a dozen questions. Typically, these are the two most frequently asked questions: “Is it sad?” “Is it scary?”

I can answer firmly with a resounding “No” to each. Some deaths can be sad, no doubt. But most funerals themselves

are very uplifting. Some choose the term “Celebration of Life” instead of funeral, and it does turn out to be a celebration.

There’s always music and family members coming together who haven’t seen each other in years, comforting and hugging each other. There are both happy and sad tears. Reunions and storytelling and celebrations of lives lived to their fullest. There is often a lot of laughing as memories are shared of fun times.

To the other question, no, it’s not scary either—it’s much the same atmosphere as I imagine working in a hospital or other medical facility might be. I actually consider it a somewhat sacred place. I look at every decedent as if they were my own grandparent or loved one. And everyone I work with feels the same. They are professional and extremely caring.

So, if you have had a question you have always wanted to ask about death or the death care industry, please contact me at lisaw@eastlawn.com.

Lisa West is the community outreach director for East Lawn and her column appears monthly. You can reach her at lisaw@eastlawn.com or (916)732-2020. For previous articles, please visit www.EastLawn.com. ★



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LOCAL SPORTS

Lady Lancer Hoops Off to 4-2 Start

By Mike Bush

RANCHO CORDOVA, CA (MPG)

- After winning the first two games the Cordova tournament, the Cordova High School girls' basketball team found itself playing Granite Bay in the tourney title game of the Cordova Tournament on December 13th. After a quick start, the Lady Lancers fell to the Lady Grizzlies, 73-62.

Cordova (4-2) jumped out to a 22-19 first quarter lead. But the visiting Grizzlies rallied in the second quarter to tie the game at 38-38 at halftime. In the third quarter, Granite Bay outscored the Lancers, 16-12, for a 54-50 lead. The Lady Grizzlies had a 19-12 scoring advantage in the fourth quarter for the win.

Two players scored in double figures for the Lady Lancers: Cauje Curney had 17 points, followed by Brianna Clark with 11 points. Laila Cooper and Kelsie Graf followed in scoring with seven points each. Midori Mekata and Alyssa Wilson scored six points each, Jullissa Reis scored four, and Alyssa Moreno and Adrienne Hammond scored two each.

Cordova 60, Foothill 54
River Valley-Yuba City 55

The Lady Lancers needed overtime to ground the Lady Falcons. Cordova outscored River Valley, 9-4, in OT. The game was tied at 51-51 after four quarters of the December 12th contest.

Cordova 60, Foothill 54
The December 11th game was played at the Lancers' gym, as were the previous two games.

Cordova 52, Del Campo 48
The two rivals met on December 10th at Lancers' gym.

Cordova 51, Capital Christian 43
This was also another non-conference home game for the Lady Lancers on December 9th. Cordova continued its non-conference schedule with road games at River Valley on Tuesday and at Bella Vista on Monday. This upcoming Monday, Cordova will host Natomas in another non-conference contest. Game time is scheduled for 7 p.m. ★



By David Dickstein

I was recently driving on Coloma Rd., and the car in front of me had a license plate frame that read, "Sacramento" on the top and "Go Caps" on the bottom. For lousy reasons, the Sacramento Capitals' 28th and final season of pro tennis ended more than a year and a half ago, so the adornment on the green Kia Soul was a mournful sight for this sports-loving Gold Riverite.

But what I need to share with you good people is less a sports story than one about community, heartbreak, and doing the right thing.

The Capitals were in existence from 1986 to 2013; from the franchise's sophomore season through 2001, the erstwhile darling of World Team Tennis (WTT) called the Gold River Racquet Club home. It was a

“Say Good-bye Caps”
Capitals Deserve a Proper Burial

added noise and traffic brought on by the handful or so of summertime matches each season. My family moved here only two years before the Caps left Gold River, so I might be off base, but I've always considered the Gold

empty in a search for a permanent home for the Caps in the Sacramento market, new owner Deepal Wannakuwatte held a press conference in February to announce the franchise's move to Las Vegas and a name change. Unfortunately for tennis fans of Sin City, it was lights out for the Neon before the opening serve. Just one month after the big announcement, WTT revoked and disbanded the club. Seems the league frowns on owners whose assets are frozen by the feds on charges of bilking investors and lenders out of tens of millions of dollars. Who knew a surgical gloves company could be so contaminated?

“On November 13th, a U.S. federal judge sentenced Wannakuwatte to 20 years in prison for what prosecutors say was perhaps the largest Ponzi case ever in the Sacramento region.”

On November 13th, a U.S. federal judge sentenced Wannakuwatte to 20 years in prison for what prosecutors say was perhaps the largest Ponzi case ever in the Sacramento region. Facing the music while wearing shades of prisoner orange and shame, the last in a line of Capitals owners was called a liar and an evil person by the judge and a sociopath and a serial thief by one of the victims. For what it's worth, the 64-year-old expressed remorse, saying he shamed his family and his Sri Lankan roots. He's up for parole in 2031.



The Sacramento Capitals played 15 of its 28 years in Gold River, but not even a single point as the Las Vegas Neon.

and battle-weary, the franchise changed hands in 1999 and the new ownership gave the town killjoys a victory two years later by moving to temporary stadium on the grounds of Sunrise Mall and Westfield Galleria at Roseville. The dozen seasons played on shopping center parking lots were hindered off the court by a string of ownership changes, several sullied in legal troubles (e.g., a Ponzi scheme) and financial woes (e.g., a bankruptcy) that would prove more destructive than the NIMBYs (not in my backyard) of Gold River. No wonder the end result was game, set, match for the Capitals in Sacramento Valley.

So why dig up this old horse now? Well, because last month marked a footnote in the Sacramento Capitals' rollercoaster history (more on that in a moment). Another reason is that after talking to friends who I used to see at Capitals matches, it's clear that many in Gold River don't know whatever became of the team. If you're among them, I bear the saddest news of all. After supposedly coming up



tennis match made in heaven. Former and future world No. 1s played on what we members know as Court #2, including Bjorn Borg, Jimmy Connors, Lindsey Davenport, Tracy Austin, and a 17-year-old Andy Roddick (as confirmed by Paul Bauman who covers Northern California tennis at norcaltennis-czar.blogspot.com).

Adding to the Capitals' cachet, of the team's six WTT championships, four were won during the Gold River era. And if that's not prestigious enough, on several occasions tennis and human rights legend Billie Jean King graced the Racquet Club as the face of WTT and its commissioner, the closest thing to tennis royalty in our own backyard!

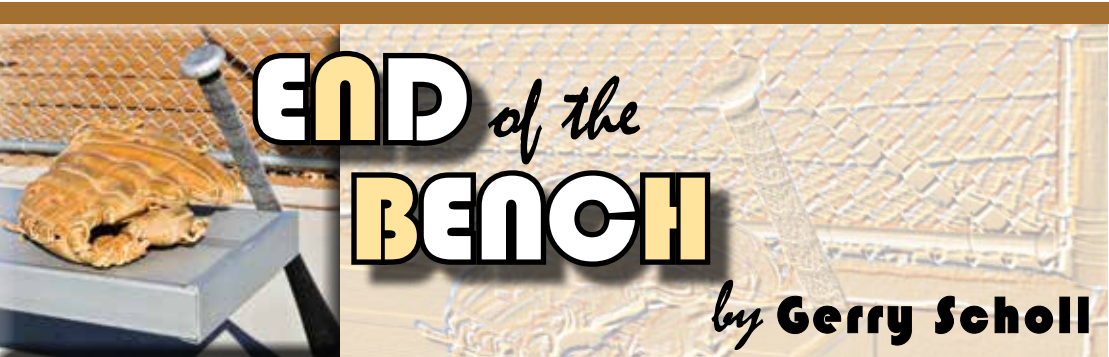
You'd have thought even those not into tennis would recognize the fact that the Caps were a huge asset to the local economy, not to mention a source of neighborhood pride, right? Well, think again. A vocal minority in support of Capitals' punishment ruined things for the rest of us after several years of squawking. Their beef was the

2014-15 Cordova High School Varsity Boys Basketball Schedule

Date	Opponent	Site	Time
Dec. 20-23	St. Hope Elite Hoop Classic	Sacramento	TBA
Dec. 26-29	Cordova Christmas Classic	Cordova	TBA
Friday, Jan. 9	Valley	Cordova	7:30 p.m.
Tuesday, Jan. 13	Galt	Cordova	7:30 p.m.
Thursday, Jan. 15	Union Mine	Union Mine	7:30 p.m.
Tuesday, Jan. 20	El Dorado	Cordova	7:30 p.m.
Thursday, Jan. 22	Liberty Ranch	Galt	7:30 p.m.

Bold denotes Sierra Valley Conference games

Source: Mike Bush



Season's Greetings, Fellas! And to All a Good Night!

If you happen to bump into former Sacramento Kings head coach Michael Malone, walking around with a blank look on his face, while you are out and about doing some late holiday shopping, take a moment to give the poor guy a hug.

Or, maybe you could give him a thoughtful, lovely parting gift; just be sure it is not something you picked up at the Kings' Team Store.

Malone already has received more than he would've asked for from the Kings --- a pink slip, the short end of a stick, the old heave-ho. Malone must be feeling kind of down and under-appreciated if that's the thanks he gets for making the Kings watchable this season (at least until DeMarcus Cousins got sick).

Following eight consecutive dreadful losing seasons, the Kings were off to one of their better starts this year. After losing big to Golden State in the opener, Sacramento won five games in a row, lost three to probable play-off teams on the road, then won four of five to stand at 9-5 --- more winning than Kings fans have been used to seeing. But since, the team has gone just 2-8 through Sunday leading up to Malone's firing. Seven losses have come without the team's star center, Cousins (23.5 ppg, 12.6 rpg), in the lineup.

As reported by The Sacramento Bee, Kings general manager Pete D'Alessandro (who was hired two weeks after owner Vivek Ranadive hired coach Malone) said, "It wasn't about wins and losses. I didn't really care about what our record was. It's about who we want to be, what we want our identity to be as a team."

That seems odd. In professional sports isn't it ALL about wins and losses (and making the big bucks). Shouldn't the desired identity be that of a winning franchise? The Kings brass is intent on manufacturing an up-and-down, fast-paced

style of play that might be more appealing to the fans. Winning games might be more appealing to the fans.

Of the fourteen coaches during the Kings' Sacramento era only Rick Adelman (1998-2006) had a winning record (395-229). Due to proverbial philosophical differences, Malone wasn't given much of a chance to turn things around. He went 28-54 last season, 39-67 overall, through a time of ongoing roster reconstruction.

Malone seemed to be doing rather well with what he had to work with --- a team whose star is one of the best low-post players in the league. It's questionable whether or not the Kings are built for run-and-gun just yet. They are a strong rebounding team that shoots free throws well and has improved defensively under Malone, but also one that does not shoot a good percentage from three-point range and is turnover prone. Former point guard Isaiah Thomas, The Hustlin' Husky, was an exciting, freewheeling sort to whom defense was an occasional afterthought, but the Kings allowed him to depart. It's all pretzel logic at this stage.

The Kings have a new point guard in Darren Collison, a second-year player in Ben McLemore and a rookie in Nik Stauskas who are all still developing into their roles. The three have played a total of 24 regular-season games together --- a small sample-size. Good luck to the new coach, be it interim coach Tyrone Corbin, Chris Mullin, Vinny Del Negro, George Karl, Alvin Gentry, Mark Jackson or Red Auerbach (?).

At least in a couple of weeks, if all indications are on point, Malone will be able to seek out 49ers head coach Jim Harbaugh for some consolation. If, and likely when, Harbaugh is given his walking papers, the two ex-coaches will have something in common --- sent

unceremoniously on their way despite measurable successes that had been uncommon in their teams' recent pasts.

Harbaugh, despite taking the 49ers to three straight NFC Championship games and a Super Bowl, and a record of 43-18-1, will, apparently, be exiting the scene due to another case of "philosophical differences" with the bosses. Maybe this too is "not about wins and losses (in the NFL?!)."

But the guys upstairs will be able to use this 7-7, injury-riddled season, a stagnant offense --- that has featured a duct-tape line, a quarterback under constant siege and a halfhearted, half-fast corps of receivers --- and another disappointing loss to the rival Seattle Seahawks (17-7, Sunday, eliminating the 49ers from the playoffs) as a backdrop for Harbaugh's dismissal, if it happens as predicted.

Harbaugh, for sure, will not be alone on the list of fired NFL coaches at season's end. There are always a few downtrodden losers that get the axe. After all, in the pro's it's all about...uh...wins and losses.

Harbaugh and Malone could join together and host a party for all of those guys to lift their spirits a bit. And they could invite some college football guys, too --- guys that also received early holiday gifts like Bo Pelini of Nebraska, Will Muschamp of Florida, Brady Hoke of Michigan, Tony Levine of Houston and all the others. They could check in on the Oakland Raiders' ex-coach Dennis Allen to see if he might need some cheering up.

It might be a great idea to organize an annual holiday event to celebrate all of the guys that have had their coaching hearts ripped out during the year and make a grand evening of it.

Season's Greetings, fellas! And to all a good night! ★

Holiday Waste Creates Tons of Trash



If every family in the United States reused just two feet of holiday ribbon, the 38,000 miles of ribbon saved could tie a bow around the entire planet. The 2.65 billion Christmas cards sold each year in the country could fill a football field 10 stories high.

SACRAMENTO REGION, CA (MPG) -

During the holidays, Americans create more paper and throw-away material than at any other time of the year. Sacramento County urges residents to take steps to reduce the amount of materials that get thrown away and make the holiday a season of recycling. Gift boxes, Christmas trees, wrapping paper, cards, junk mail, magazines, catalogs, plastic, glass, and aluminum beverage containers can all be recycled.

Here are some little-known but surprising facts: Americans throw away 25% more trash during the Thanksgiving to New Year's holiday season than any other time of year. This extra garbage amounts to 25 million

tons of trash. If every family in the United States reused just two feet of holiday ribbon, the 38,000 miles of ribbon saved could tie a bow around the entire planet. The 2.65 billion Christmas cards sold each year in the country could fill a football field 10 stories high. If we each sent one card less, we'd save 50,000 cubic yards of paper.

We can all have a greener season if we do the following: Use reusable shopping bags; send holiday greetings in electronic form; if using traditional gift wrapping, avoid wrapping gifts in materials that are not recyclable or reusable, such as foil or metallic papers; always buy recycled-content wrapping paper; if sending holiday cards,

buy recycled-content cards and envelopes or make cards or gift tags out of last year's cards and the wrapping paper saved; remove our names from the mailing list of catalogs we no longer wish to receive; eliminate unwanted credit offers by calling 1-888-5OptOut (1-888-567-8688) or visiting www.optoutprescreen.com; reuse foam peanuts or use unbuttered popcorn for packing; return unwanted Styrofoam packing peanuts to local UPS Stores (call before delivering); reduce the consumption of batteries by using rechargeable batteries; and recycle your tree and wreath.

Learn more at www.holidayrecycling.com.

Source: Sacramento County★

For the Love of Books



Book Review by Amy Shane
amy-shane@att.net



LET IT SNOW

by John Green, Maureen Johnson and Lauren Myracle

- ◆ Publisher: Speak
- ◆ Release date: October 2, 2008 ◆ Paperback, 352 pages
- ◆ Intended audience: Young adult

On the Book Jacket: Sparkling white snowdrifts, beautiful presents wrapped in ribbons, and multicolored lights glittering in the night through the falling snow. A Christmas Eve snowstorm transforms one small town into a romantic haven, the kind you see only in movies. Well, kinda. After all, a cold and wet hike from a stranded train through the middle of nowhere would not normally end with a delicious kiss from a charming stranger. And no one would think that a trip to the Waffle House through four feet of snow would lead to love with an old friend. Or that the way back to true love begins with a painfully early morning shift at Starbucks. Thanks to three of today's bestselling teen authors—John Green, Maureen Johnson, and Lauren Myracle—the magic of the holidays shines on these hilarious and charming interconnected tales of love, romance, and breathtaking kisses.

Amy's Review: A perfect circle of symbolism and Christmas magic, from the author that brought us *The Fault in our Stars*, John Green, along with young adult authors, Maureen Johnson and Lauren Myracle.

All three authors, take one Christmas Eve night and spin three separate tales, which intertwine, not only into each other's stories, but into your heart as well.

Jubilee, has the perfect life, perfect boyfriend, and parents who love Christmas more than anything else, mainly because of their avid collection of Flobie Santa Village ceramics. So when Jubilee's parents are arrested at a Flobie Santa Village Warehouse, Jubilee quickly finds herself caught up in a cyclone of mishaps. Stuck on a train alone, bound for Florida, during the worst blizzard in 50 years. Jubilee's luck can't get any worse, until the train hits a snowbank, stranding her, as well as its passengers, turning her perfect Christmas into a mess of unpredictability.

Jubilee puts the wheels of these three holiday tales in motion, by leaving the train filled with overzealous cheerleaders and love sick passenger Jeb, for the comfort and warmth

of a Waffle House along the town's tracks, sparking a series of events.

Maureen Johnson, continues the tale of that snowy Christmas Eve, following the events when Jeb and the fourteen cheerleaders, follow Jubilee to the Waffle House, setting the course for a hilarious chain of events. With one phone call from the Waffle House employees and the lure of cheerleaders, a hot pursuit ensues as three groups of teens race off into the snow buried city, looking for an epic Christmas adventure, at the Waffle House.

Continuing the tale, Lauren Myracle, introduces you to heartsick Addie, the slightly, self-absorbed ex-girlfriend of Jeb, sharing another side of that same Christmas Eve, when unpredictability causes love to fall off course. Tying up three separate stories of new love, old love and discovering love that you never knew was possible; *Let it Snow* beautifully tackles the difficult challenge of merging all of these stories into one, making them seamless, as well as a beautiful circle. Rekindle a little Christmas magic this winter with, *Let it Snow* and let it take you on a course of miracles and magic, along with laughter and first kisses.

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Grown-Up 101: Weekly Program Gives You the Basics

SACRAMENTO REGION, CA (MPG)
- Are you a teen who is getting ready to graduate, looking for work, or heading off to college? This weekly program will give you the basic, practical information you need as a brand-new, bona fide adult.

“There are a lot of basic, everyday things that a young adult needs to know but hasn’t thought to seek out yet, like stocking a kitchen, changing a tire, opening a checking account, or knowing what ‘business casual’ means,” said

North Highlands Youth Service Librarian Justin Azevedo, who organized the program. “The library is in the business of essential information, and this program can give them those sorts of tips face-to-face in a pressure-free environment.”

Learn about money, jobs, and other life skills every Tuesday in January from 4-6 p.m. at the North Highlands Library, 4235 Antelope Road, Antelope, CA 95843.

January 6th, How to: Money
Learn to manage your money, pay your own bills, and stay out of debt. A representative from Golden 1 Credit Union will go over the basics of personal finance and tell you what you need to know about bank accounts, credit cards, and managing your own finances.

January 13th, How to: Clothes
Learn the difference between formal and business casual, find

out what everyone should have in their closet, practice tying a tie, and pick up some easy tips to ensure you can always dress like a grown-up if you need to.

January 20th, How to: Job
Professionals from Sacramento Works and the Capitol Area Development Authority will get you started with tips on job searching, resumes, interviewing, workplace etiquette, and time management.

January 27th, How to: Food
Learn how to avoid living on ramen noodles and candy bars. The Food Literacy Center will present their Homemade Fast Food program and give tips for stocking your cabinets, planning your meals, and cooking simple and tasty things, all on a new grown-up’s modest budget.

You do not need to register to attend these free sessions, but you are encouraged to attend each week to get the full benefits of the program. For more information, please call (916) 264-2920.

Source: Sacramento Public Library ★



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NEW!
Land Park Farmers Market
Opening November 23
9 am - 1 pm
3930 W Land Park Dr
(enter Sutterville from 18th)

Enjoy organic produce, specialty gourmet foods, live music, chef demos and craft/health fairs.

SATURDAY

SATURDAY

SATURDAY

SUNDAY

SUNDAY

WEDNESDAY

WEDNESDAY

THURSDAY

Sunrise Mall Farmers Market

6190 Sunrise Blvd, Citrus Heights (behind Sears in the SE parking lot).
Every Saturday 8 am - 1 pm. Open year round.

Sacramento Midtown Farmers Market

20th St. between J and K, Sacramento.
Every Saturday 8 am - 1 pm. Open year round.

Historic Folsom Farmers Market

915 Sutter St, Folsom (Historic Folsom Public Plaza).
Every Saturday 8 am - 1 pm. Open year round.

Carmichael Park Farmers Market

5750 Grant Ave, Carmichael (corner of Grant and Fair Oaks Blvd).
Every Sunday 9 am - 2 pm. Open year round.

Unity of Sacramento Farmers Market

9249 Folsom Blvd, Sacramento (in front of the Unity of Sacramento Church).
Every Sunday 9 am - 2 pm. Open year round.

VA Mather Farmers Market

10535 Hospital Wy, Mather (VA Hospital).
Open year round (Closed for holidays: Closes December 17. Opens January 7)

Fair Oaks Sunset Farmers Market

8101 Sunset Ave, Fair Oaks (New Life Church parking lot).
Every Wednesday 3 pm - 7 pm. Seasonal, closes 11/26.

UC Davis Health System Farmers Market

45th and Y St, Sacramento (UC Davis Medical Center Campus).
Closed for the season. Opens in April.

Don't forget about our Holiday Artisan and Craft Fairs every weekend in November and December!

For more information: www.bemoneysmartusa.org

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