



# College vs. High School- Viva La Difference!

By Kelly Davenport

Even as I write Cal State Sacramento, my alma mater, starts a new spring semester and for some a promise of graduation ceremonies in May signifying a long awaited milestone. As we Sacramento residents benefit from numerous colleges to choose from within reach logistically, some young people are unsure if college is the next best path in their life for various reasons. Of the biggest complaint I hear is that the high school experience left feelings of academic inadequacy and that college will be more of the same. These blanket statements break my heart! It is hard for me to hear a young bright mind shut doors before taking a peak at what the college experience can be and why college is so very different in enough ways to possibly make it the best decision of their lives.

College vs. high school is, in academic terms andragogy vs. pedagogy. “Say what?” Andragogy by definition is the art and science of helping adults learn. This is very different from pedagogy which is the art and science of educating children. Though volumes are written about the differences, a quick look at the two models reveal that adult learners are self directed and responsible for their own learning. In addition, the learning must be relevant to the needs of the learner. In pedagogy models the child is externally motivated by the



competition for grades and possibilities of failure. The children in the class room are dependent on the teacher for all the learning and the students are told what to learn in order to advance. The adult learner is internally motivated to achieve based on their own needs and goals, the possibility of a higher quality life. This internal motivation puts you the college student in control.

The great news is adult learning models work great in high school settings and many K-12 schools do deploy these models. What potential college bound students who still have a bad academic taste in their mouths need to understand is that college is geared to adult learning. K-12 education is foundation building and gives children a chance to grow up with structure and guidance. College and beyond is not for children. It is for adults young and old to achieve personal goals for reasons you choose and you direct. Is college easy? Is college stressful? Is the college experience

perfectly crafted for adults? Yes and no apply. But what college is, is not high school. It is a place of higher learning that you define for yourself to meet your personal learning objectives.

The best news of all is that going to college is loaded with options never before available until the internet. On-line courses abound and they can be equal in high quality as sitting in the classroom. Many hybrid courses exist i.e. part online, part classroom time. There are courses, majors, and university specialties to meet the needs of countless student circumstances and aspirations.

If you are someone who feels unsure about an academic life beyond high school rest assure you are not alone. Take one class that appeals to your interests, hobbies or biggest dream. Test the waters one step at a time. The benefits far out way the risks! You may find that you are in the driver’s seat, calling the shots as a customer of learning, with expectations of excellent customer service from your learning provider and not a child ridding the bus being told what to learn.

Bio: Kelly Davenport lives in Sacramento with her husband and two children. She is a part time instructor at Sacramento State University and is the author of a children’s book “Do Hotdogs Grow on Trees.” Available at Amazon.com or <http://tinyurl.com/nmjnnsnm> ★

## Children’s Museum Opens New Exhibit with Ribbon Cutting and Special Story Teller



Over 100 children and adults attended the opening celebration of Story Factory in early February. After the ribbon cutting, attendees were entertained by Delta Pick Mellow, owner of From the Heart Story Tellers. Focusing on literacy and story-telling, the new Story Factory exhibit has a theater and stage, story prompt cards, costumes, and a video component so children can see their performances.

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## Top Volunteers Head Down the Yellow Brick Road

Continued from Page 1

- for a lifetime of service in support of youth sports, church efforts and more. She will be honored with a “Community Service” award.
- VSP Optics Group, for volunteer work in providing property clean-up at distressed homes in Rancho Cordova. They will receive a “Distinguished Community Service Organization” award.
- Sheryl Longworth, the tireless campaigner for Sober Grad Night at Cordova High School and many other programs benefiting students will receive the “Distinguished Service to Youth” award.
- Logan Shelton’s thousands of hours of volunteer work through the Rancho Cordova Library will be honored for “Outstanding Teen Service.”
- Three generations of Erika and Jerry Johnson’s Rancho Cordova family will be honored for years of dedicated

volunteer work at the Rancho Cordova Fourth of July Celebration.

- A dedicated group of teenagers that includes Murphy and Timothy Thao, Tsheejtsim and Antonia Cheng and Justin Lee will be honored with the “We Could Not have Done it Without You Award.” The teens trained for and performed all set up work at the Cordova Community Council’s summer movie and concert series, then extended their volunteer work to become essential partners in the production of numerous community events, showing the way for other youth volunteers in the community.
- Finally, Clayton Berriesford, a former Rancho Cordova Postmaster, who in retirement has walked countless miles of local streets daily ridding them of litter and trash, will receive “Special Recognition.”

The Community Volunteer Awards will feature an “over the

rainbow” dinner, program and celebration at Rancho Cordova City Hall. The event opens at 6 p.m. on Friday, Feb. 28 . It is open to the public, which is encouraged to attend. All tickets must be purchased in advance; the event is likely to sell out.

“This is a time and place for us to honor and celebrate that which makes Rancho Cordova truly a great All-America City – volunteers,” said Cordova Community Council President Larry Stafford. “It is inspiring to hear their stories of selflessness and commitment to the community and a great reminder that we all have a part to play in helping our city live up to its All-America status.”

Event tickets are now on sale at the Cordova Community Council office in Suite 117, Rancho Cordova City Hall, or online at [www.cordovacouncil.org](http://www.cordovacouncil.org). For more information visit [www.cordovacouncil.org](http://www.cordovacouncil.org). Call 273-5705 for details. ★

Source: Cordova Community Council

## World Spay Day Recognized at City Council Meeting



Neighborhood Services Manager Kerry Simpson presented proclamations to two local organizations in recognition of World Spay Day at the February 18th City Council Meeting. Scottie Moore, President and Founder of Save our Cats and Kittens (SOCKS, pictured left) and Alexis Raymond, President of Sacramento Area Animal Coalition (SAAC, pictured right) accepted the proclamations. World Spay Day is recognized on February 25, 2014 to advocate the spaying and neutering of pets and feral cats. SOCKS and SAAC encourage local residents to have their own cats or dogs spayed or neutered or contribute to organizations that sponsor or advocate spay and neuter services.

## Capitol Pops Concert Band’s Retiring Director Does “One More for the Road”

**SACRAMENTO REGION, CA (MPG)** - The Capitol Pops Concert Band will kick off its 17th season with a free, open to the public concert at 7 p.m. Friday, March 14, 2014, at the California Automobile Museum, 2200 Front Street in Sacramento.

The performance is entitled “One More For The Road” as Jerry Lopes enters his final season as the CPCB’s full-time director, a position he has held since the band was formed in 1997. Lopes’ 50-year career includes decades as a music educator, international performer and memberships in the region’s top symphony/orchestra organizations. He continues to play tuba and bass with locally based Dr. Bach and the Jazz Practitioners.

The CPCB’s concert at the auto museum will include some of

its traditional favorites and specially selected automotive-themed arrangements, including “In My Merry Oldsmobile,” “Route 66” and NASCAR’s “Thunder” theme.

The concert is sponsored by Raley’s Family of Fine Stores. For more than 75 years, the West Sacramento-based grocer has served Northern California and Nevada with its Raley’s, Bel Air and Nob Hill Foods stores.

The California Automobile Museum, which typically closes at 6 p.m., will offer free admission at that time on March 14. Visitors are welcome to tour the museum, get detailed information from museum docents and visit the gift shop before attending the free CPCB concert. Liquid refreshments will be

available for purchase on-site.

The CPCB annually performs a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California. The 75 musicians span a wide range of ages, from students to nonagenarians. More information on the self-supporting, nonprofit band can be found at [www.capitolpops.org](http://www.capitolpops.org) or its Facebook page.

The California Automobile Museum displays hundreds of motor vehicles from all eras as part of its mission to teach the story of the automobile and its influence on our lives. It’s open daily from 10 a.m. to 6 p.m. For more details, visit [www.calautomuseum.org](http://www.calautomuseum.org) or the museum’s Facebook page. ★



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# Cordova Choice Awards 2014

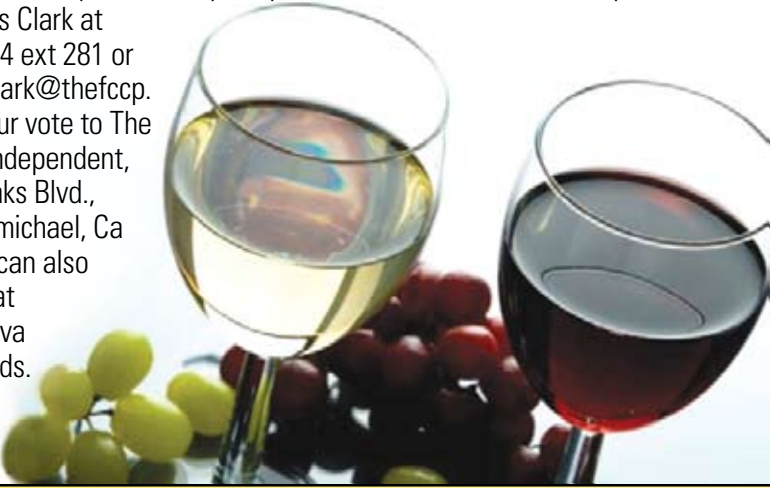
**Cordova Choice Awards 2014 will be held during the “Cork & Fork 2014” event to be held March 14th 6:30-8PM at the Sacramento Marriot Rancho Cordova**

### Instructions and rules for Cordova Choice Awards 2014

Business must be located in Rancho Cordova, Gold River, Mather, Anatolia, or Sacramento zip code 95827. All votes must be received no later than March 10th at 6:00 pm at the office of Messenger Publishing Group. Votes can be made either by mailing this form to MPG at 7144 Fair Oaks Blvd, Suite 5, Carmichael, CA 95608, or by completing the online form at [www.CordovaCoiceAwards.com](http://www.CordovaCoiceAwards.com). Only one vote per person. All voting entries must have complete information or the votes will not be counted. Cordova Choice Awards will be presented at this year’s “Cork & Fork” event. This year’s event will be held at the Sacramento Marriott Rancho Cordova on March 14, 2014 from 6:30pm - 9pm. "Cork & Fork" will highlight an evening of gourmet delights from some of your favorite restaurants, breweries and wineries. Please come out and support this event while giving back to the community.

### Goals of “Cork & Fork”

Support the Partnership's goal to build a strong community of children, youth, and families Bring together like minded community members and socially conscious businesses Generate awareness about the programs and resources the Partnership provides Raise money to support the mission of the Folsom Cordova Community Partnership. To purchase tickets for this event please contact Chris Clark at 916.361.8684 ext 281 or via email [cclark@thefccp.org](mailto:cclark@thefccp.org). Mail your vote to The Grapevine Independent, 7144 Fair Oaks Blvd., Suite 5, Carmichael, Ca 95608. You can also vote online at [www.CordovaChoiceAwards.com](http://www.CordovaChoiceAwards.com)



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Best Night On The Town \_\_\_\_\_

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Best Grocery Market \_\_\_\_\_

Best Hair Salon \_\_\_\_\_

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Best Auto Repair Service \_\_\_\_\_

Best Veterinarian Service \_\_\_\_\_

Best Dental Office \_\_\_\_\_

Best Physician’s Office \_\_\_\_\_

Best Photographer \_\_\_\_\_

Best Workplace (50 employees) \_\_\_\_\_

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Best Workplace (200+ employees) \_\_\_\_\_

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# What Is a Chamber of Commerce?

By Jane S. Daly

In many communities, Chambers of Commerce are responsible for the annual parades: Founder’s Day, Fourth of July, Veteran’s Day, and so on. They also provide pancake breakfasts and other community events.

The dictionary defines a Chamber of Commerce as “A trade organization that is designed to promote commerce (business) within their community. The Chamber is a great place to find businesses in your area that offer goods and services in your community.”

Your Rancho Cordova Chamber doesn’t organize large community events. What it does do is work diligently behind the scenes to help local businesses thrive in the changing economy.

The Chamber’s government relations committee examines pending laws to determine if they’re business friendly. They



have the ears of our local legislators, reminding them that the Chamber represents over four hundred businesses and their thousands of employees.

Leadership Rancho Cordova, a project of the Chamber, offers an in-depth look at how business is done in our city. Each class has improved the quality of life in Rancho Cordova by organizing

the annual International Festival and summer movie and concert nights in the fall. Most participants are those who live or work within the Rancho Cordova Planning Area and consider themselves emerging community leaders.

The Chamber of Commerce represents businesses who want to support the local economy. Each August, our Chamber reaches out to the community at the Business Expo. Residents are invited to come to City Hall to get to know local business community, offering opportunities to keep dollars in Rancho Cordova.

Whether you are shopping for a photographer, chiropractor, insurance agent, CPA, bank, security system, or if you want to remodel your home, before you do anything else, go to [www.ranchocordova.org](http://www.ranchocordova.org) and search through the directory for the products and services offered by local Rancho Cordova businesses. ★

# There’s an Alternative to the Imperial Presidency



Commentary By Lee H. Hamilton

In his State of the Union speech to Congress last month, President Obama drew widespread attention for pledging to use his executive authority to advance his priorities. He insisted he intends to act with or without Congress, and listed well over a dozen actions he plans to take by executive order. “Wherever and whenever I can take steps without legislation to expand opportunity for more American families,” he said, “that’s what I’m going to do.”

Plenty of people were happy about this. The speech was applauded by pundits who have given up on Congress and believe the only way to move forward is by strengthening the presidency. Our political system, they say, is weighed down by too many interest groups, too many checks and balances, and too few avenues for circumventing a Congress that is both polarized and highly susceptible to the wishes of its donors. The present government is paralyzed, they believe. A stronger presidency would get Washington moving again.

As you’d expect, others are alarmed by this approach. The President, they say, is trampling on the constitutional separation of powers, grabbing powers for himself that were meant to

be shared with Congress. They point out that the Constitution gives Congress a primary role in making policy.

The problem with this debate is that it’s missing a key part of the equation. Yes, our system needs a strong presidency. But it also needs a strong Congress. We are best off as a nation when the two consult, interact, and work together as powerful branches.

In truth, every president in recent memory has expanded the power of his office and been accused of a power grab. They’ve had plenty of motivation to do so. The modern world demands quick, decisive action. Americans tend to support presidents who act forcefully. Congress is complex, convoluted, and hard to work with; it is far easier for an administration to act on its own. Even members of Congress often defer to the President, counting on him to address issues they don’t want to tackle or can’t agree upon.

And presidents have wielded executive orders to great effect. Abraham Lincoln’s Emancipation Proclamation, FDR’s Works Progress Administration, John Kennedy’s Peace Corps, affirmative action under Kennedy, Lyndon Johnson and Richard Nixon, Ronald Reagan’s enshrining of cost-benefit analysis as the key to regulatory review — all came about through executive orders.

Yet there are limits to this approach, because in the end there is no substitute for legislation. Presidents cannot write a budget, raise the minimum wage, or reform entitlements by themselves. Because executive orders lack the permanence and force of law, they can be hard to implement and can be summarily cancelled by a later president. They are more subject to legal challenge than legislation. And

most important, executive orders are a unilateral exercise of power and do not benefit from a process of consensus-building and consultation with voices independent of the President’s.

Consensus-building can’t happen in a vacuum, however. Without a strong Congress able to find its way effectively through the thickets of lawmaking, this President and his successors will surely continue to address the nation’s challenges on their own. The question is, how far down that road can we go before Congress becomes irrelevant, with too much power — and too much potential for the abuse of power — in presidential hands? Like our founding fathers, we should be skeptical of the concentration of power.

Politico recently detailed a spate of executive orders planned by this administration, which would affect everything from how power plants operate to how we commute to how the environment will be regulated. Taken together, they will “push deeply into everyday life” for Americans, the article noted.

Whether a president oversteps his authority with these and other executive orders is inevitably colored by whether you agree with the proposed order. But my point is different. It is that the march toward presidential unilateralism, whether the president is a Democrat or a Republican, dangerously undercuts our constitutional system. Before we give up on the separation of powers, let’s try strengthening Congress. This may not be the easy route, but if we don’t take it, representative democracy itself is in doubt. ★

Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives for 34 years.

## DR. COY F. CROSS

Author Coy Cross II, Ph.D  
“The Dhance”  
A Caregiver’s Search for Meaning

### STRENGTH IN UNITY

For a moment life seemed surreal. It’s Friday afternoon, my friend Greg and I are having coffee in Peet’s coffee-shop on 19th Street in Sacramento. Yesterday, my wife was diagnosed with Stage III, Level C, ovarian cancer. Her surgery is scheduled for Tuesday. As Greg and I are talking, I share with him: (1) I know there are profound spiritual lessons in this for both my wife and me; (2) I have to do it differently this time; (3) I have to accept this and “let everything be as it is.” The only thing I can do is be “consciously present with her.”

After walking away from a fundamentalist church as a teenager, by age 40 I felt something missing from my life and started looking for answers. I started going to a small Unity church in Modesto and later Carol Ruth Knox, a guest speaker, delivered the Sunday talk. For the first time in my life, I heard a message that resonated to the core of my being. I knew this was Truth, capitalized, emboldened and underlined.

A few months after that first meeting, I bought a small business in Walnut Creek, near her church. Over the next few years, her teachings on “Non-duality,” “Progressing Spiritually from Victim to Victor to Vehicle,” and “The Dark Night of the Soul” changed my life and the way I see God. This helped me see that my wife’s cancer would have a profound spiritual impact on us both.

I had been a caregiver about 30 years before and it didn’t go well. I tried to do everything myself and avoid the pain by “stuffing” my feelings and numbing out with alcohol. Part of “doing things differently” was to recognize I couldn’t fix my wife. I could take care of many of her physical needs: cooking, driving her to doctor’s appointments, buying groceries, cleaning house, etc. I realized this time I needed to take care of myself, if I was to remain strong enough to take care of her. I would ask for help or hire someone to do the routine chores.

The greatest gift I could give to her and to me was to remain conscious throughout the experience. I said to God, “Okay, I am going to

be present for all of this. I am going to feel it all.” My promise to my wife was, “I will be consciously present with you and hold your hand throughout.” As we move forward in time each of us will face a ‘dark night of the soul,’ a moment when we can feel alone in the Universe. How to find mental, physical and spiritual strength to cope, survive and assist those in need as a caregiver is just the beginning of finding strength in Unity.

Share with us each month here and visit Facebook to learn more at The Dhance. See author Cross as he discusses discoveries, lessons and shares insights on YouTube.

You also can learn to cope in delving into the mind, life and acceptance of life and death that is the heart of Coy Cross’s experience related for all to learn from in “The Dhance” (Available from KohoPono Press, ISBN 978-0-9845424-2-0, visit [koho-pono.com](http://koho-pono.com) or call 503-723-7392).

Please note: author’s permission required before reprinting these articles.

### Meet The Author: Coy Cross

**When They Need You Will You Be There? A Caregiver’s Search For Meaning**  
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By Bob McGarvey

Actually there were two surprises. The first (rain) I knew about, but the second was a little different. I didn't find out until after the new deadline had passed that I had a new deadline for getting my column into the paper. Always something new!

The rainfall we received a couple weekends ago was surprising in its amount. In addition to the weather rock at our house, we also have a rain gauge in our back yard. It is a very high tech rain gauge – the kind you buy at the garden shop. It catches the rain and there is a short ruler at the back that shows the amount of rain in inches. The Wednesday and Thursday before that rainy weekend, we received .35 inches of rain. But the rain we received on Friday, Saturday, Sunday, and Monday showed 3.9 more inches of rain. Now if that kind of a surprise can be repeated a few more times, then maybe the D word that we are talking about wouldn't be “drought”, but instead would be making sure all the “drains” around Rancho aren't clogged.

As I drive around and through the City of Rancho Cordova, the grass around our schools suddenly looks green and that makes the schools look a little brighter. As I went by Riverview Elementary School, a thought crossed my mind about using the school for Veterans' organizations. Folsom Cordova Unified School District still has preschool in it and is thinking about using another part of the school, but joint use of the school with Veterans is very possible. The VFW and other Veterans' organizations will need to work with the School District with forms, insurance, etc. But the VFW doesn't have a permanent office,

# That Was a Surprise!

nor do they have a place of their own for their regular meetings. If this works, it will be a wonderful use of the school as well as giving Veterans' organizations a place to call “home”.

I just received a call from Congressman Ami Bera's office, and the House passed a bill today that will repeal the cut on the COLA that was taking away from our Veterans', including disabled Veterans', part of the help and coverage they were promised by our Country. That cut was part of the budget that was passed at the end of 2013. By a 94-0 vote, the Senate passed legislation yesterday. Today (February 11, 2014), the House voted 326 to 90 to undo cuts from the military cost-of-living. There doesn't seem to be any problem getting the legislation to the President for his signature this week. It's nice that Congress has come to an agreement! Passing the legislation shouldn't have been a surprise like the rain was, but it is a nice surprise.

Winston Churchill must have been talking about our Congress when he said, “Americans can always be counted on to do the right thing . . . after they have exhausted all other possibilities.”

I am adding a few things to the column since last week's column didn't make it into the paper. I am writing this on Friday, February 14, 2014, and the legislation for the Veterans I mentioned above has been passed by both houses and is waiting for the President's signature. He is in Fresno today, talking to the Governor about the drought. Enough said.

A few dates have been given to us, and I'm passing them on to you. Panera Bread on the corner of Zinfandel Drive and International Drive will have its grand opening on March 3, at 3 p.m. Many people have been asking when it will open . . . now you know.

The general public and representatives from Los Rios Community College District, Folsom Lake College (FLC), City of Rancho Cordova, several school districts, and many more will be at the Folsom Lake College campus ground breaking ceremony at Paseo Drive and Folsom Boulevard on Wednesday, April 30th at 10 a.m. FLC's plan is to have phase one completed so that classes can be conducted at the new site by fall 2015. We have had FLC classes on Rockingham Drive for a few years but finally having the community college campus built (with the bond we passed in 2007) and in use will be great.

And the County will begin working on the extension of Femoyer Street from Mather to International Drive on May 1, 2014. It should be completed by the end of October. Then there will be two entrances into Mather and will give easier access to the VA Hospital and other businesses there.

Whether talking about Panera Bread or the college or a road, we can and do make a difference to others.

I heard this at a meeting at Folsom Lake College the other day: An old man walked up to a shore littered with thousands of starfish, beached and dying after a storm. A young man was picking them up and flinging them back into the ocean. “Why do you bother,” the old man scoffed. “You're not saving enough to make a difference.” The young man picked up another starfish and sent it spinning back into the water. “I made a difference to that one,” he replied. Remember, you can make a difference every day. ★

From Vice Mayor Bob McGarvey, God bless, and see you next time.

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CLUES

ACROSS

- 1. "Nebraska" leading man
- 6. "Phelomena's quest
- 9. Immanuel \_\_\_\_ of "Critique of Pure Reason"
- 13. B on Mendeleev's table
- 14. WSW opposite
- 15. "None the \_\_\_\_"
- 16. Lawyers' loads
- 17. Hula welcome
- 18. Right-hand page
- 19. Kind of tire
- 21. "Bullock's force of attraction
- 23. Canny
- 24. "Enterprise of "Star Trek Into Darkness"
- 25. 20s dispenser
- 28. Apiece
- 30. Part of India
- 35. "Wanted!" state
- 37. LeBron's goal
- 39. Deen or Abdul
- 40. Against
- 41. Slow sipper's equipment
- 43. Smiley face
- 44. Heat-conducting solid
- 46. \_\_\_\_-a-Sketch
- 47. Makes a great puppet
- 48. \* \_\_\_\_ Adler's students won many Oscars
- 50. Folio page
- 52. Between do and mi, pl.
- 53. \*Oscar of sports world?
- 55. "Before" prefix
- 57. Punk hairdo, pl.
- 61. Chemical cousin
- 64. Accord
- 65. Credit card acr.
- 67. Some sorority girls
- 69. Popular synthetic fabric
- 70. \*2013 "wolf" portrayal
- 71. Bert's sidekick
- 72. \_\_\_\_ sack
- 73. Adult male
- 74. African antelope

DOWN

- 1. British broadcaster
- 2. Women's lib cry?
- 3. Celestial bear
- 4. Campus girls
- 5. Store as fodder
- 6. Auction off
- 7. The loneliest number?
- 8. Sound like Secretariat
- 9. Capital on the Dnieper
- 10. Fungal spore sacs
- 11. Post-deductions amount
- 12. Site of Trojan War
- 15. Get through
- 20. Nursemaid in India, pl.
- 22. Mourner's wish
- 24. Soon enough
- 25. \*Nominated "Hustler"
- 26. Article of faith
- 27. Opposite of glossy
- 29. Pigeon's home
- 31. Old scolds
- 32. One of "12 Angry Men," e.g.
- 33. Rabbit hole wonderer
- 34. \*\*\*Saving Mr. \_\_\_\_
- 36. Obsolete phone feature
- 38. Tempo
- 42. Wallops
- 45. "Folk singer " \_\_\_\_ Davis"
- 49. Pose a question
- 51. \*Nominated animated feature
- 54. Church song
- 56. Manicurist's board
- 57. \*Previous Supporting Actor nominees Wahlberg or Buffalo
- 58. Arab League member
- 59. "Hey!"
- 60. Above
- 61. \*\*\* \_\_\_\_ Man 3," nominated for Visual Effects
- 62. European erupter
- 63. Commuter line
- 66. Princess tormentor
- 68. Yellow \_\_\_\_

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	4				6			
3				1				8
			4				7	
	2		8					5
6		8					2	
	5	7	1				9	6

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

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[collier@surewest.net](mailto:collier@surewest.net)

**Legal Services**

**Auto Accident Attorney - INJURED IN AN AUTO ACCIDENT?** Call InjuryFone for a free case evaluation. Never a cost to you. Don't wait, call now. 1-800-958-5341 (Cal-SCAN)

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**Miscellaneous**

**REDUCE YOUR CABLE BILL!** Get an All-Digital Satellite system installed for FREE and programming starting at \$24.99/mo. FREE HD/DVR upgrade for new callers, SO CALL NOW! (877)366-4509 (Cal-SCAN)

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**Have fun and find a genuine connection!** The next voice on the other end of the line could be the one. Call Tango 1-800-905-0676. FREE trial! (SWAN)

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**DIRECTV, Internet, & Phone From \$69.99/mo + Free 3 Months:** HBO® Starz® SHOWTIME® CINEMAX® + FREE GENIE 4 Room Upgrade + NFL SUNDAY TICKET! Limited offer. Call Now 888-248-5961 (NANI)

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**Miscellaneous**

**OLD PHOTOS RESTORED LAWS STUDIO.** 916-483-6051.

(MPG 03-31-14)

**TOP CASH PAID FOR OLD GUITARS!** 1920's thru 1980's. Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg, and Gibson Mandolins/Banjoes. 1-800-401-0440 (NANI)

**ROTARY INTERNATIONAL** - Start with Rotary and good things happen. Rotary, humanity in motion. Find information or locate your local club at [www.rotary.org](http://www.rotary.org). Brought to you by your free community paper and PaperChain. (NANI)

**CASH PAID - UP TO \$25/BOX** for unexpired, sealed **DIABETIC TEST STRIPS!** 1 DAY PAYMENT & PREPAID shipping. BEST PRICES! Call 1-888-776-7771. [www.Cash4DiabeticSupplies.com](http://www.Cash4DiabeticSupplies.com) (NANI)

**DISH TV Retailer.** Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-341-7308 (SWAN)

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**Music Lessons**

**Guitar Lessons** - Beginner to Advanced. \$10/half hour. \$20/hour. [freddiebbalbert1@yahoo.com](mailto:freddiebbalbert1@yahoo.com). **916-335-9741** (MPG 12-31-13)

**Piano lessons** for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit [www.anitraalexander.com](http://www.anitraalexander.com), or call (916) 725-1054 (MPG)

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**Looking for a special man.** I am healthy and active and have many interests. Quiet time with a special person. Long or short trips, little theatre, dancing, cruising, dining and conversation. The ideal man should share some of these and be in his seventies. **916-967-6289**, (MPG 10-31-13)

**MEET SINGLES RIGHT NOW!** No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

**Pet Care**

Give your pets great care while you're gone. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608, (MPG 12-31-13)

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Because so many really great dogs are dying for a good home...  
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**Position Wanted**

**Classy Senior Lady** with 16 yrs experience seeks caregiver/companion position including house-keeping, cooking, transportation, etc. Call **896-5882** (MPG 02-28-14)

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(MPG 06-30-13)

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**Roof Repairs**, Free Estimate. Licensed & Bonded. Call Dave **373-0637** (MPG 02-28-14)

**Volunteers Needed**

**LIKE TO PLAY BINGO?** *Support Veterans While You Play!* Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. **916-533-9811**. (MPG 03-31-14)

**Bristol Hospice is looking for volunteers** to provide companionship with our hospice patients and families. We provide the training and match you with a family in your area. Please call volunteer services for more information at (916) 782-5511. (MPG 12-31-13)

**Thrift Auburn Faith Hospice** **Sorter Store** invites volunteers to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is requested. Location: 13342 Lincoln Way, Auburn, Call coordinator, Kim Chase, 530-887-0561. (MPG 12-31-13)

**Volunteers Needed:** A Community For Peace, formerly the Domestic Violence Intervention Center, offers ongoing opportunity for volunteers. Call 728-5613 or visit our office at: 6060 Sunrise Vista Dr, Suite 2340, Citrus Heights, CA 95610. (MPG 12-31-13)

**Want to Buy**

**WANTED JAPANESE MOTORCYCLE KAWASAKI** 1967-1980 Z1-900, KZ900, KZ1200, ZIR, KZ1000MKII, W1-650, H1-500, H2-750, S1-250, S2-350, S3-400 Suzuki GS400, GT380, CB750 (69.70) CASH PAID. 1-800-772-1142, 1-310-721-0726 [usa@classicrunners.com](mailto:usa@classicrunners.com) (NANI)

**CASH PAID FOR DIABETIC TEST STRIPS** Cash Paid On-The-Spot. Factory Sealed & Unexpired Only. We Are Local & Will Meet With You. Call Donna or Mick: **916-549-0576** Or **916-729-5154**. (MPG 02-28-14)

**CASH FOR DIABETIC TEST STRIPS!!** Don't throw boxes away! Help others. Unopened / Unexpired boxes only. All Brands Considered! Call Anytime! 24hrs/7days (888) 491-1168 (Cal-SCAN)

**School Bus Driver's Training Class**

**Folsom Cordova Schools Offer Original School Bus Driver's training class.** Will start MONDAY, 2/24/2014 THROUGH 3/13/14 FROM 9:00 AM TO 1:00 PM! Please call **631-0401 ext 102** to register or for more information. (MPG 02-28-14)

**Food For Heroes**

**Forgotten Warrior** will be giving food to veterans & families. Every Monday 10-12p At The ElCamino Baptist Church 2805 ElCamino Ave. Sacramento, CA 95621. Call **916-533-9811** for more info. (MPG 02-28-14)

**Veterans Non Profit Starting Security Company**

If you are a veteran with a current guard card please call the Forgotten Warrior offices at 916-533-9811. (MPG 03-31-14)

**Found Dog**

On Sunday we found a female, brindle color dog at the corner of West La Loma and Las Casas. She had been running the neighborhood for 2 days in the storm. She has a blue collar with no tags and no microchip. She is well behaved, house broken and follows commands. If anyone knows her family, please contact Bob at **916-835-1157**. (MPG 02-28-14)

**For Sale Electric Scooter**

Electric Scooter, runs and looks good. For disabled person. Golden Companion Model. Val

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LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

Legal Advertising  
P.O. Box 14  
Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2013-08169. Fanica B. Sims, 3615 6th Ave., Sacramento, CA 95817 is doing business under the Fictitious Business Name "Fanica's Faithful Services" at 3615 6th Ave., Sacramento, CA 95817. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: January 30, February 6, 13, 20, 2014  
FANICA'S 140203 02-20-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00653. George Johnson, 735 University Ave., Sacramento, CA 95825 and Lisa Mangels, 2 Brant Ct., Lafayette, CA 94549 are doing business under the Fictitious Business Name "LEG Investments" at 735 University Ave., Sacramento, CA 95825. Filed with the Clerk of Sacramento County on January 23, 2014. Publish: January 30, February 6, 13, 20, 2014  
LEGINV 140203 02-20-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00137. Virginia Cannon, 1213 Eastern Ave., Sacramento, CA95864 is doing business under the Fictitious Business Name "Cutsie Wear, 1213 Eastern Ave., Sacramento, CA 95864. Filed with the Clerk of Sacramento County on January 7, 2014. Publish: January 30, February 6, 13, 20, 2014  
CUTSIE 140203 02-20-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00509. Miguel Marin and Estephani Marin, 8149 Port Royale Way, Sacramento, CA 95823 are doing business under the Fictitious Business Name "MM Granite & Tile" at 3516 La Grande Ave., No. C, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on January 21, 2014. Publish: January 30, February 6, 13, 20, 2014  
MM GRANITE 140203 02-20-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00931. Melany George, 979 Fulton Ave., No. 496, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Interpreters Association" at 979 Fulton Ave., No. 496, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on December 26, 2013. Publish: January 30, February 6, 13, 20, 2014  
INTERP 140203 02-20-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-000692. John Best Jarvis, 5523 Tierra Garden Ln., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Brave Men Step Forward" at 5523 Tierra Garden Ln., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 24, 2014, 2013  
BRAVE 140203 02-20-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00090. Sara Janee Fargo, 7057 Westchester Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Accountability Bookkeeping" at 7057 Westchester Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on January 6, 2014. Publish: February 6, 13, 20, 27, 2014  
ACCT 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2013-09380. Roberta Lepird, 131 Ashwick Loop, Sacramento, CA 95823 and Michael Morris, 4900 Ehrhardt Ave., Sacramento, CA 95823 is doing business under the Fictitious Business Name "All The Cart Cafe & Catering" at 2721 Citrus Rd., Ste. C, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on December 2, 2013. Publish: February 6, 13, 20, 27, 2014  
ALLTHE 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00729. Malaki Seku-Amen, 2548 Portola Way, Sacramento, CA 95818 and Diana Ramson, 9822 Kapalu Lane, Elk Grove, CA 95624 are doing business under the Fictitious Business Name "Dzign Strategies" at 980 9th St., 16th Flr., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on January 27, 2014. Publish: February 6, 13, 20, 27, 2014  
DZIGN 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00384. Hidee Cardona, 4944 Travertine Cir., Sacramento, CA 95841 and Judy Huynh, 5958 Brooktree Dr., Citrus Heights, CA 95621 are doing business under the Fictitious Business Name "Eat Me" at 4944 Travertine Cir., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on January 15, 2014. Publish: February 6, 13, 20, 27, 2014  
EATME 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00073. Green Pallet Solutions Worldwide, Inc., 2377 Gold Meadow Way, Ste., 100, Gold River, CA 95670 is doing business under the Fictitious Business Name "Eco Paktrak" at 2377 Gold Meadow Way, Ste., 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County on January 6, 2014. Publish: February 6, 13, 20, 27, 2014  
ECO 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00725. Fleet LLC, 5337 Fawn Crossing Way, Antelope, CA 95843 is doing business under the Fictitious Business Names "Fleet," "Fleet Lux Car" and "Fleet Car" at 5337 Fawn Crossing Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on January 27, 2014. Publish: February 6, 13, 20, 27, 2014  
FLEET 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00136. Jace M. Hall, 7319 Sunset Ave., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Hallways Tackle" at 7319 Sunset Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on January 7, 2014, 2013  
HALL 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00748. Alexei Mitlogio, 4339 Galbraith Dr., No. 545, Sacramento, CA 95842 is doing business under the Fictitious Business Name "MAA" at 4339 Galbraith Dr., No. 545, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on January 27, 2014. Publish: February 6, 13, 20, 27, 2014  
MAA 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00650. Inessa Cherniogo, 8861 Williamson Dr., No. 50, Elk Grove, CA 95624 is doing business under the Fictitious Business Name "Lions Gate Real Estate" at 8861 Williamson Dr., No. 50, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on January 23, 2014. Publish: February 6, 13, 20, 27, 2014  
LIONS 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00765. Tami Wright, 5920 Moon Rock Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Love At First Bite Cafe" at 7405 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on January 28, 2014. Publish: February 6, 13, 20, 27, 2014  
LOVEAT 140204 02-27-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00907. Debra Bakerjian, 3620 Charring Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name "geniHEALTHsolutions" at 3620 Charring Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 3, 2014. Publish: February 13, 20, 27, March 6, 2014  
GERI 140301 03-06-14



FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00758. Debra Norman, 8121 Prior Way, Antelope, CA 95843 is doing business under the Fictitious Business Name "Debbies Clean Sweep" at 8121 Prior Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County on January 28, 2014. Publish: February 13, 20, 27, March 6, 2014  
DEBBIES 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF201400896. Stacy Hayden, 3615 38th St., Sacramento, CA 95817 is doing business under the Fictitious Business Name "Luft Design Studio" at 3615 38th St., Sacramento, CA 95817. Filed with the Clerk of Sacramento County on February 3, 2013. Publish: February 13, 20, 27, March 6, 2014  
LUFT 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00872. Mary Ann Baker, 8206 Dutcher Ct., Sacramento, CA 95829 is doing business under the Fictitious Business Name "Press The Chest" at 8206 Dutcher Ct., Sacramento, CA 95829. Filed with the Clerk of Sacramento County on January 31, 2014. Publish: February 13, 20, 27, March 6, 2014  
PRESS 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2013-10016. Geomat A. Jehani, 801 Watt Ave., Sacramento, CA 95864 is doing business under the Fictitious Business Name "Guideline Construction" at 801 Watt Ave., Sacramento, CA 95864. Filed with the Clerk of Sacramento County on December 31, 2013. Publish: February 13, 20, 27, March 6, 2014  
GUIDE 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00873. Sacramento Wine & Nightlife Tours, Inc., 1017 L St., Ste. 580, Sacramento, CA 95814 is doing business under the Fictitious Business Name "SacTrips" and "SacTrips.Com" at 2572 21st St., Sacramento, CA 95818. Filed with the Clerk of Sacramento County on January 31, 2014. Publish: February 13, 20, 27, March 6, 2014  
SACTRIPS 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00649. Ken Law, 20 Pinnacles Cir., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Star City Softball" at 20 Pinnacles Cir., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on January 23, 2014. Publish: February 13, 20, 27, March 6, 2014  
STAR 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-01064. Wendi A. Dickson, 4853 Scotch Ct., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Freshlook Florist" at 4764 Manzanita Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on February 7, 2014. Publish: February 13, 20, 27, March 6, 2014  
FRESH 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00708. Brian Faucett, 4401 Wyman Dr., Sacramento, CA 95821 is doing business under the Fictitious Business Name "Revolution Ink Merchandise" at 6834 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on January 24, 2014. Publish: February 13, 20, 27, March 6, 2014  
REVOL 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00698. Dnritro Serdiuk, 5211 Madison Ave., No. 201, Sacramento, CA 95841 and Nadia Serdiuk, 5324 Hemlock St., No. 224, Sacramento, CA 95841 are doing business under the Fictitious Business Name "Interactive-AD" at 5211 Madison Ave., No. 201, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on January 24, 2014. Publish: February 13, 20, 27, March 6, 2014  
INTER 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00796. Robert Bird and Jennifer Bird, 1612 Esplanade Cir., Folsom, CA 95630 are doing business under the Fictitious Business Name "Bird Box" at 1612 Esplanade Cir., Folsom, CA 95630. Filed with the Clerk of Sacramento County on January 29, 2014. Publish: February 13, 20, 27, March 6, 2014  
BIRD 140301 03-06-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-01005. Anguel Kostadinov and Deyan Kostadinov, 1905 Broadford Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name "Proprium Marketing" at 1905 Broadford Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County on February 5, 2014. Publish: February 20, 27, March 6, 13, 2014  
PROPRIMUM 140207 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00687. Axis Energy Partners LLC, 3604 Fair Oaks Blvd., Ste. 140, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Axis Led Lighting" and "Axis Led" at 3604 Fair Oaks Blvd., Ste. 140, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on January 24, 2014. Publish: February 20, 27, March 6, 13, 2014  
AXIS 140207 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-01083. Jonathan Sandoval, 2365 Rudat Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name "Capitol I" at 2365 Rudat Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on February 7, 2014. Publish: February 20, 27, March 6, 13, 2014  
CAPITOL 140210 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00360. Martin Steiner, 8805 Barrister Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "M.A. Steiner Construction" at 8999 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County on February 14, 2014. Publish: February 20, 27, March 6, 13, 2014  
MASTEINER 140211 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00654. Eric L. Lamb, 2119 McGregor Drive, Rancho Cordova, CA 95670 and Margaret Pennington, 4184 Anatolia Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "The Lamb Pennington Group" at 4184 Anatolia Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on January 23, 2014. Publish: February 20, 27, March 6, 13, 2014  
LAMB 140211 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00856. Ronald J. Seto, 5209 Burberry Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "Eden's Home Care - RCFE" at 5917 Kilsia Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on January 30, 2014. Publish: February 20, 27, March 6, 13, 2014  
EDEN 140213 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-01175. Michael Dorman, 9821 Crimmonwood Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name "Dorway Studios" at 9821 Crimmonwood Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County on February 11, 2014. Publish: February 20, 27, March 6, 13, 2014  
DORMAN 140212 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00975. Christine Nicole Larson, 3143 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name "chris & charisma" and "chris & charisma beauty" at 225 30th Street, Suite 311B, Sacramento, CA 95816. Filed with the Clerk of Sacramento County on February 5, 2014. Publish: February 20, 27, March 6, 13, 2014  
CHRIS 140210 03-13-14

FICTITIOUS BUSINESS NAME STATEMENT  
#FBNF2014-00864. Justin Phipps and Eddie Gonzalez, 1340 Castle Creek Ranch Road, Newcastle, CA 95658 is doing business under the Fictitious Business Name "J & E Motors" at 320 N 10th Street, Suite 100-V, Sacramento, CA 95811. Filed with the Clerk of Sacramento County on January 31, 2014. Publish: February 20, 27, March 6, 13, 2014  
JEMOTORS 140209 03-13-14

ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE  
#FBNF2008-12337.

The following individual has abandoned the use of the FICTITIOUS BUSINESS NAME of "Back2Basics K-9 Training" at 6340 Millwood Dr., Citrus Heights, CA 95621: Charlotte Pascual, 6340 Millwood Dr., Citrus Heights, CA 95621. The Fictitious Business Name Statement was filed on December 16, 2008, in the County of Sacramento. Abandonment filed with the Clerk of Sacramento on December 24, 2013. Publish: February 6, 13, 20, 27, 2014  
BACK2 140204 02-27-14

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157055

WHEREAS, Tommy Gerard Lyons II has filed a petition with this court for a decree changing the name of Tommy Gerard Lyons II to Lyric Tommi Lyons. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 12, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 22, 2014  
David I. Brown  
Judge of the Superior Court  
County on January 7, 2014.  
Publish: January 30, February 6, 13, 20, 2014  
LYONS 140203 02-20-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157046

WHEREAS, Lidia Braga Strohnm has filed a petition with this court for a decree changing the name of Lidia Braga Strohnm to Lidia Maria Dumar Braga Strohnm. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 11, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 22, 2014  
David I. Brown  
Judge of the Superior Court  
County on January 7, 2014.  
Publish: January 30, February 6, 13, 20, 2014  
STROHM 140203 02-20-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157384

WHEREAS, Joseph Rodney Patrick Carroll has filed a petition with this court for a decree changing the names of Joseph Rodney Patrick Carroll too Julia Rae Carroll. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 19, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 29, 2014  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
CARROLL 140204 02-27-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157453

WHEREAS, Artemisa Vega Heredia has filed a petition with this court for a decree changing the name of Artemisa Vega Heredia to Artemisa Vega De Green. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 20, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 29, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
HEREDIA 140204 02-27-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157410

WHEREAS, Michael Iseley and Sabrina Bentley have filed a petition with this court for a decree changing the name of Michael Logan Bentley to Michael Logan Iseley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 19, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 29, 2014  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
ISELEY 140204 02-27-14

Classified Advertising  
MPG  
773-1111

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00156703  
WHEREAS, Carmen Polk has filed a petition with this court for a decree changing the name of Dominic Eugene Polk-Bailey to Dominic Eugene Polk, IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 7, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 15, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
POLK 140204 02-27-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157083  
WHEREAS, Kit J. Syn and Genise Syn have filed a petition with this court for a decree changing the name of Dang Van Long to Benjamin Tyger Yin Syn. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 13, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 22, 2014  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
SYN 140204 02-27-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157050  
WHEREAS, Charles Chau Tran has filed a petition with this court for a decree changing the name of Charles Chau Tran to Charles Minh Chau Nguyen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 11, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 22, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
TRAN 140204 02-27-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157058  
WHEREAS, Brenda Zavala Esquivel has filed a petition with this court for a decree changing the name of Brenda Zavala Esquivel to Vicente Zavala. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 12, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: January 22, 2014  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: February 6, 13, 20, 27, 2014  
ZAVALA 140204 02-27-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157789  
WHEREAS, Chizoba Florence Okeke has filed a petition with this court for a decree changing the name of Chizoba Florence Okeke to Chizoba Florence Ilyefobi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 26, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 5, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: February 13, 20, 27, March 6, 2014  
OKEKE 140301 03-06-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157816  
WHEREAS, Jesse Joseph Herbert has filed a petition with this court for a decree changing the name of Jesse Joseph Herbert to Jesse Joseph Gebauer. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on March 27, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 5, 2014  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: February 13, 20, 27, March 6, 2014  
HERBERT 140301 03-06-14

**BONES LAW FIRM**  
4811 Chippendale Dr., Suite 307, Sacramento, CA 95841  
Gordon G. Bones  
Attorney at Law  
The Law Firm provides the following legal services:  
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• Family Law  
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F: 916.965.4218  
gbones@boneslawfirm.com

Messenger Publishing Group

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2014-00157818  
WHEREAS, Mikala Rae Rivera has filed a petition with this court for a decree changing the name of Mikala Rae Rivera to Mikala Rae Pullig. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on March 27, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: February 5, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: February 13, 20, 27, March 6, 2014  
RIVERA 140301 03-06-14

PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION FOR PROBATE AND TO ADMINISTER ESTATE OF  
MARY S. THIBAUT (deceased)  
ESTATE NO. 34-201400156625

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of MARY S. THIBAUT; aka MARY LOUISE THIBAUT (deceased): A petition for probate has been filed by AMY THIBAUT in the Superior Court of California, County of Sacramento, requesting that AMY THIBAUT be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: March 13, 2014, 9:00 a.m. in Dept. No. 129, at William R. Ridgeway Family Relations, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your

Legal Advertising for City of Rancho Cordova

**City of Rancho Cordova Notice of Public Hearing**

NOTICE is hereby given that on **Monday, March 3, 2014, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

A one (1) year extension on a temporary moratorium on the establishment, expansion or relocation of Computer Gaming and Internet Access Businesses, previously adopted by the City Council on March 4, 2013 via Ordinance 05-2013 and extended for ten (10) months and fifteen (15) days on April 1, 2013 via Ordinance 10-2013.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

**Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.**

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**Requested Action:** Extension of an urgency ordinance of the City of Rancho Cordova extending a temporary moratorium on the establishment and operation of computer gaming and internet access businesses, to become effective immediately.

**Zoning:** City Wide

**Environmental:** Exempt

**Project Planner:** Paul Junker, Planning Director

**NOTICE REGARDING CHALLENGES TO DECISIONS**

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

**ADA COMPLIANCE STATEMENT**

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on February 21, 2014

**NOTICE OF PROPOSED ORDINANCE**

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of February 18, 2014.

**ORDINANCE NO. 2-2014**

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA

AMENDING CONDITIONS OF APPROVAL RELATED TO THE COLLECTION OF A NORTH VINEYARD WELL PROTECTION FEE AND GROUNDWATER OPTIMIZATION FEE INCLUDED IN A LAND USE REZONING ORDINANCE FOR THE SUNRIDGE SPECIFIC PLAN AREA

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine on February 21, 2014.

**NOTICE OF PROPOSED ORDINANCE**

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of February 18, 2014.

**ORDINANCE NO. 3-2014**

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA

AMENDING SACRAMENTO COUNTY ZONING CODE ORDINANCE 2002-0015, PREVIOUSLY ADOPTED BY REFERENCE BY THE CITY, TO ELIMINATE CERTAIN FEE REQUIREMENTS FOR THE SUNRIDGE SPECIFIC PLAN AREA

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine on February 21, 2014.

Solutions for the Local Water Crisis Requires Action



Whether it's government shutdowns or droughts, Congress tends to wait until a crisis to act — and often it's too late. This is why who you elect matters.

By Doug Ose, Republican Candidate for Congress

**SACRAMENTO REGION, CA (MPG)** - We know that government has no control over Mother Nature, but if there was a plan to store more water for dry years, we would not be experiencing such a water crisis today. Whether it's government shutdowns or droughts, Congress tends to wait until a crisis to act — and often it's too late. This is why who you elect matters. This may be the most severe drought in history, but it is not the first, and it won't be the last. To date, Congressman Ami Bera has not introduced a single piece of legislation to help the region's immediate and long-term shortage of water. Instead it's been nothing but

speeches and roundtable discussions — everything short of real leadership. Underscoring his inaction, after voting against a California drought bill, Bera told the Sacramento Bee, 'We all agree there's a problem. Let's sit down and talk about a solution.' Talk is cheap. Action is required now. Congressman Bera should call for an immediate reduction in water released from Folsom Dam — with less water flowing to the ocean, more of our local needs would be served. He has refused to call for legislation denying Federal funding for the Governor's \$25 billion pipe dream that will send what little water we have south. For the long-term, let's build new water supply facilities so we

have enough affordable water to protect our community, jobs, and food supply in the coming years. Water is not a partisan issue. It is essential to protecting our quality of life. That's why finding real and lasting solutions to protecting our local water supply is simply common sense. I worked with both Republicans and Democrats to secure funding for water projects, like increasing the water capacity of Folsom Lake. We got things done, and we can do it again. Now, more than ever before, action is required. *When in Congress, Doug Ose helped secure funding for the Folsom Dam and public water projects to increase water supply. For more information, www.DougOse.com.*

**NOTICE OF PROPOSED ORDINANCE**

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of February 18, 2014.

**ORDINANCE NO. 5-2014**

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA

REINSTATING THE ANNUAL PROGRAM FEE ADJUSTMENT OF EACH FEE CATEGORY WITHIN THE SUNRISE DOUGLAS COMMUNITY PLAN AREA AND CHANGING THE ANNUAL ADJUSTMENT DATE STARTING 2015

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine on February 21, 2014.

**NOTICE OF PROPOSED ORDINANCE**

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of February 18, 2014.

**ORDINANCE NO. 4-2014**

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA

REINSTATING THE ANNUAL PROGRAM FEE ADJUSTMENT OF EACH FEE CATEGORY WITHIN THE VILLAGES OF ZINFANDEL SPECIAL PLAN AREA AND CHANGING THE ANNUAL ADJUSTMENT DATE STARTING 2015

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine on February 21, 2014.

CDPH Warns About Consuming Cactus Imported From Mexico

**Special CDPH Report**

**SACRAMENTO REGION, CA (MPG)** - California Department of Public Health (CDPH) Director and state health officer Dr. Ron Chapman has recently warned people not to eat cactus imported from Mexico that were sold at specific retail and wholesale locations around the state due to the presence of unapproved pesticides. A recent routine surveillance sample collected by the California Department of Pesticide Regulation (CDPR) isolated as much as 5.8 parts per million of Monocrotophos, an organophosphate based pesticide that has been barred from use in the United States since 1989. CDPR immediately took action to remove all of the product it could locate from store shelves and distribution centers. It has been quarantined and/or destroyed so that it doesn't pose a threat to consumers.

The contaminated cactus was sold and offered for sale to consumers and wholesale customers locally at La Superior SuperMercados in Sacramento, Stockton, Woodland and Pittsburg between 2/6/2014 and 2/12/2014. Whole cases of the cactus purchased from the wholesale produce companies were likely labeled with a supplier sticker that stated "Comercializadora De Chiles, Selectos Nieto S. De R.L. De C.V." Product sold in the retail stores was sold in bulk bins without any specific branding or labeling. No illnesses have been reported to date, but symptoms of acute poisoning may include sweating, headache, weakness, nausea, vomiting, hypersalivation, abdominal cramps, and diarrhea. Consumption of Monocrotophos can lead to neurotoxicity and permanent nerve damage. CDPH and CDPR are working with the U.S. Food and Drug Administration to identify the growers and importers responsible for shipping pesticide contaminated cactus into the United States, so that future shipments can be examined and verified that they are in compliance before making their way into the marketplace. CDPH recommends consumers experiencing any ill effects after consuming cactus products consult their health care provider. Consumers that observe the product being offered for sale are encouraged to report the activity to the CDPH toll free complaint line at (800) 495-3232. For more information see www.cdph.ca.gov

Slim Randles' HOME COUNTRY



... He Likes the Streamers Better Than the Bass Plugs

If there's one thing you can honestly say about Delbert McLain, he's as persistent as a winter cough. As our chamber of commerce here (he's it, you see), his fertile brain never ceases its search to turn a sleepy little valley into a cross between Wall Street and Pittsburgh. That's part of what was going on in his mind this winter's day as he sat in the rented office the local businesses chip in for each month. On a snowy day like this one, of course, you can never tell when the representative of a foreign auto manufacturer might skid on into town and look around for a good pasture in which to install an assembly plant. And what would happen if Delbert wasn't there, wearing his tie, in the chamber office when that occurred? The next valley over would experience phenomenal growth and we'd still be left without the "big box" stores. We would be everlastingly condemned to buying our food

at the Soup 'R Market, buying our reading material at the Read Me Now Bookstore, getting a new "do" at Curl Up 'N Dye beauty salon, and sipping our coffee at the Mule Barn truck stop where the waitresses know everything there is to know about us, whether that's okay with us or not. But it's a snowy day, and no one has dropped by wanting to subdivide the old Johnson place or anything, so Delbert threw his tie over his shoulder to get it out of the way and took his fly-tying vise out of the desk drawer. He was in a streamer mood, and smiled as he tied the colorful tails on the longer hooks, dreaming of the retrieves his friends would make in Miller pond for the bass there. Delbert doesn't enjoy fishing, just tying the flies. He likes the streamers better than the bass plugs, even if they don't catch as many fish. They just look classier. So Delbert went on, tying flies for one way of life, and planning how to bring us another way of life, and smiling. Because he had no idea he was doing it.

Kiwanis Donates to Heifer International For Their Worldwide Work to End Hunger



**RANCHO CORDOVA, CA (MPG)** - The Rancho Cordova Kiwanis Club today gave \$100 to Heifer International, to celebrate their 70th anniversary and their work worldwide to end hunger and poverty. Kiwanis President John Buescher said, "Heifer International's goals are so similar to our own, and their programs are remarkably effective in lifting entire communities out of poverty." Heifer International began as part of the world relief effort following the Spanish American War. Founder Dan West, an American farmer, realized, "What these kids need is not a cup but a cow." He and a small group of farmers began shipping heifers all over Europe. Over the past 70 years, the work has grown to benefit 20.7 million families in 40 countries, and the animals provided now include chickens, pigs, ducks, water buffalo, llamas, camels, honeybees,

and fish fingerlings. The mission of Kiwanis International is "Serving the Children of the World." The mission of Heifer International is to end hunger and poverty while caring for the earth. "Through Heifer's work," volunteer Linda Eisenman said, "children are able to gain nourishment, help with a productive farm, and go to school. We are so grateful for this generous gift from the Rancho Cordova Kiwanis Club." Eisenman continued, "The truly beautiful thing about Heifer International is that people who have nothing, become people who have something to give. The first offspring of each animal is passed on to another community member, so that that family may also lift themselves out of poverty. Sometimes this "passing on the gift" goes on for 21 families without interruption. The Rancho Cordova Kiwanis Club embodies "passing on the

gift," as every activity performed is a volunteer effort through the club." The Rancho Cordova Kiwanis Club is known for its community involvement. The club founded the 4th of July Parade in Rancho Cordova, supports the Key Club, a youth leadership program at Cordova High School, participates in Kid's Day, provides breakfast at the Capital Airshow, lends support to a local girl scout troupe (cookies, anyone?) and supports the Folsom Cordova Unified School District in a number of events throughout the year. For more information on Heifer International, go to their international website www.heifer.org or the local Sacramento blog http://sacramento.heiferblog.org. For more information on Rancho Cordova Kiwanis, contact President John Beuscher at (916) 206-3037.

**Sacramento Hospice.com**

**Hospice Resources Patient Needs Caregiver Needs**

# CORDOVA HIGH SCHOOL SPORTS

## Lancer Boys Hoops Clinch Share of CAL Title

Continued from Page 1

Hendrix and JaQuan Lewis scored two points each.

### Cordova 51, El Camino 49

In its CAL game in Sacramento on Feb. 12, Cordova and El Camino played what Johnson called a “nail biter.” “We fought them until the end,” Johnson



Lamar Brewer (shown above), Chris Johnson and CJ Coles scored five points each.

continued. “They (El Camino) definitely came ready to play.”

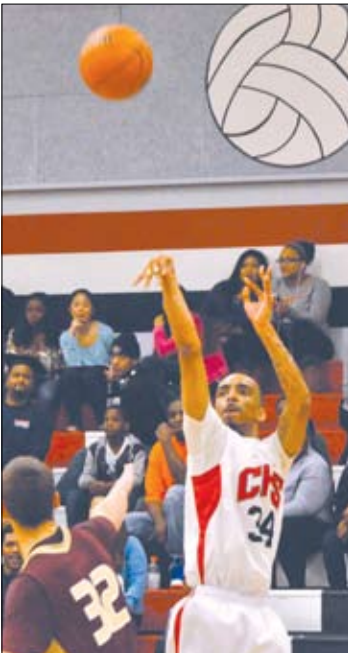
### Playoffs

After Tuesday’s CAL finale, Cordova will turn its energy toward the CIF Sac-

Joaquin Section playoffs. Most likely, the Lancers will be in Division II, based on its enrollment.

“What the guys have to understand is our last league two games Rio Americano and Antelope ... they were coming out real physical,” Johnson said. “It’s sort of like the NBA playoffs. Those teams were making us earn everything. Teams just aren’t going to let you run up and down.”

The section was scheduled to release its playoff brackets on its Website – [www.cifsj.org](http://www.cifsj.org) – on Wednesday. Outbracket games in most divisions of boys and girls basketball are expected to be played today – Friday. Then



Demario Newman takes a shot.

the next round is Wednesday, Feb. 26, which Cordova should play its first round game.

Check the section’s Website to see Cordova’s opponent. ★

## River Cats Announce 2014 Promotional Schedule

### WEST SACRAMENTO, CA (MPG)

- The complete River Cats promotional schedule for the 2014 season was unveiled today, with 22 separate fireworks shows, a five-part Home Grown Garden Gnome giveaway, and a pair of new recurring promotions—Baseball Bingo Mondays presented by Cache Creek Casino Resort and Wireless Wednesdays—featured as highlights to the best promo schedule in baseball.

For the second year in a row, Raley Field will be the backdrop for postgame fireworks after every Friday home game in addition to the return of the popular Sutter Health Fireworks Saturdays. With a fireworks extravaganza planned for the Independence Day Celebration on July 3 as well, there will be 22 fireworks shows after River Cats games this season.

Also, the River Cats will be giving away garden gnomes at five different home games this season—each commemorating a former River Cats great who is now making a name for himself in the big leagues. Fan voting will decide the winners. Fans can vote online at [rivercats.com/vote](http://rivercats.com/vote) or on their mobile devices at [atmilb.com/pollrc](http://atmilb.com/pollrc). The first giveaway is set for



April 25, with subsequent giveaways set for May 16, June 13, July 11, and Aug. 1.

Recurring promotions—a promotion for every day of the week, all season long—will return this season with a pair of unique additions. Baseball Bingo Mondays presented by Cache Creek Casino Resort will feature a complimentary game of baseball bingo. Every play on the field corresponds to the numbers on your bingo card; get a straight line and win a prize... it’s that simple. Wireless Wednesdays will highlight the technological amenities of Raley Field, none better than the free Wi-Fi provided for our fans. Post pictures of yourself at the game on Twitter, Facebook, or Instagram, and you might see yourself on Cat Vision during the game.

Toyota Family Value Tuesdays, Miller Lite Thirsty Thursdays, Fireworks Fridays, Sutter Health Fireworks Saturdays, and Sunday Fundays with Kids Run the Bases

are all returning for the 2014 season.

New single-game promotions include #Caturday (April 12), Jackie Robinson Day (April 15), 80’s Night (June 26), Shark Night (July 31), and Social Media Night (Aug. 13).

Other popular theme nights that will return to Raley Field in 2014 include Mother’s Day (May 11), Military Appreciation Day presented by US Army (May 17), Bark in the Ballpark (May 28), US Army Birthday (June 14), Dinger’s Birthday presented by Jelly Belly (June 29), Independence Day Celebration (July 3), Fin Fest (July 12), Princess & Pirate Night (Aug. 5), Star Wars Night (August 16), and Fan Appreciation Day (Sept. 1).

The complete 2014 promotional schedule can be found online at [rivercats.com](http://rivercats.com).

River Cats Season Tickets, Mini-Plans, and Flex Plans can now be purchased for the 2014 season by calling the River Cats Ticket Hotline at (916) 371-HITS (4487). For more information about the River Cats, visit [www.rivercats.com](http://www.rivercats.com). For information on other events at Raley Field, visit [www.raleysfield.com](http://www.raleysfield.com). ★

Source: Sacramento River Cats

## The CAL Wrestling League Finals Held at Cordova High

RANCHO CORDOVA, CA (MPG) - These 7 wrestlers advanced to the CIF SAC-Joaquin Section finals (Division III) at Whitney High Friday, February 21 and Saturday, February 22.

- 106 1st place Angel Frost 9th grade
- 126 4th place Zach Sloan 11th grade
- 132 5th place Timothy Wood 9th grade (132lbs alternate)
- 138 1st place Carlos Cuevas 11th grade
- 152 4th place David Bushnell 12th grade
- 160 4th place Dante Hume 10th grade
- 170 3rd place Armen Gevorkyan 11th grade

Carlos Cuevas (left) placed first in his weight class for 11th grade and Angel Frost placed first in his weight class for 9th grade.



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## Prime Time Players

### SCOTTIE WILBEKIN, FLORIDA

The Gators may have cleared the path to a perfect SEC season by conquering their toughest week of the campaign so far. Florida defeated Tennessee and Kentucky on the road for the first time in the same season since 1988. Wilbekin, the Gators' point guard, led the way with 23 points in a 69-59 win at Kentucky and 21 points in a 67-58 win at Tennessee. The senior was 21-of-24 from the free throw line for the week with no turnovers.

### DOUG McDERMOTT, CREIGHTON

Dougie McBuckets continued to move up the all-time scoring list last week, passing Larry Bird on Sunday. McDermott matched a season high with 39 points against Villanova, completing a regular-season sweep against the Big East leaders. McDermott also scored 26 points in a 68-63 close call with Butler on Thursday. The senior shot 24-of-36 from the field for the week.

### SHABAZZ NAPIER, UCONN

Napier continued his case for American Athletic Conference Player of the Year honors with a huge effort against Memphis. Napier scored 34 points and added five rebounds, four assists and four steals in the 86-81 win over the Tigers in overtime Saturday.

### DWAYNE EVANS, SAINT LOUIS

The Billikens took a major step toward a second consecutive Atlantic 10 title thanks to Evans' play in a key 64-62 win over VCU. Evans had 21 points and 10 rebounds against the Rams as the Billikens moved to 10-0 in the league.

### KENNEDY MEEKS, NORTH CAROLINA

Two days after James Michael McAdoo scored 24 points and grabbed 12 rebounds in a win over Pittsburgh, Meeks had a career-high 23 points (on 11-of-12 shooting) and added seven boards to lead the Tar Heels to an 81-75 win at Florida State. UNC has won six games in a row and cemented a bid to the NCAA Tournament.

### FRANK KAMINSKY, WISCONSIN

The Badgers' big man gave Wisconsin its fourth win in a row in a 75-62 victory at Michigan on Sunday. Kaminsky scored 25 points on 11-of-16 shooting against the Wolverines while adding 11 rebounds. On Thursday, Kaminsky chipped in with 17 points in a 78-70 win over Minnesota.

### JORDAN BACHYNSKI, ARIZONA STATE

Arizona finally ran into a defensive force that could match the Wildcats. Bachynski had eight blocks in a 69-66 double overtime upset of the Wildcats on Friday night. The big man helped Arizona State on the offensive end with 13 points, including 7-of-11 free throw shooting.

### JABARI BROWN, MISSOURI

The Tigers' guard kept Missouri in NCAA contention this week with key wins over Arkansas and Tennessee. Brown had 24 points in a 75-70 win over Tennessee on Saturday and 25 points in Thursday's 86-85 victory over Arkansas. Brown's basket with 12.2 seconds left against the Razorbacks clinched the win.

### RAKEEM CHRISTMAS, SYRACUSE

Christmas had the steal to set up C.J. Fair's game-winning layup as Syracuse defeated NC State 56-55 to remain unbeaten. Christmas finished with 14 points, 12 rebounds and seven blocks in the win. In another close call with Pitt on Wednesday, Christmas had seven points, five rebounds and three blocks.

### JAVAN FELIX, TEXAS

With leading scorer Jonathan Holmes out for one game last week, Felix helped pick up the slack with 27 points in 30 minutes in an 87-68 win over Oklahoma State on Tuesday. When Holmes returned, Felix remained the go-to player with 18 points in a 88-71 win over West Virginia on Saturday.

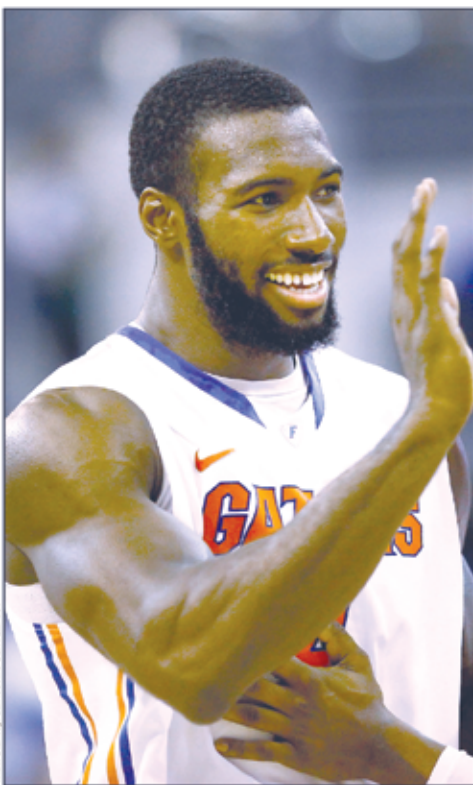
### KENNY CHERY, BAYLOR

The junior college transfer point guard kept Baylor in contention for an NCAA Tournament spot with a triple-double in the 87-73 double-overtime win over Kansas State. Chery finished with 20 points, 12 assists and 10 rebounds as Baylor fought back from a 10-point deficit with nine minutes to go. Two days later, he scored 10 points and had four assists in an overtime win over Oklahoma State.



Kenny Chery, Baylor

Kevin J. Jara / USA Today Sports



Patric Young, Florida

## Athlon Sports Power Rankings

1. Syracuse (25-0)	Last two wins have come by a total of three points.
2. Florida (23-2)	Gators can make a strong case to be ranked No. 1.
3. Arizona (23-2)	Cats have lost two straight away from home.
4. Wichita State (27-0)	Shockers closing in on perfect regular season.
5. Duke (20-5)	Devils are the nation's most efficient offensive team.
6. Creighton (21-4)	Bluejays sweep Villanova (by combined 49 points).
7. Kansas (19-6)	Tough schedule keeps KU in position to earn No. 1 seed.
8. Virginia (21-5)	Three of Cavs' final four games are at home.
9. Villanova (22-3)	Nova's Big East title hopes take a huge hit in Omaha.
10. San Diego St. (22-2)	Loss in Laramie will damage Aztecs' NCAA seed.
11. Iowa State (19-5)	Ejim scored 48 vs. TCU; total of 19 next two games.
12. Saint Louis (23-2)	Billikens three up in the loss column in the A-10.
13. Wisconsin (21-5)	Kaminsky shines as Badgers top Michigan in Ann Arbor.
14. Michigan (18-7)	LeVert only bright spot in home loss to Wisconsin.
15. Cincinnati (23-3)	UC leads American but has a tough closing slate.
16. Iowa (19-6)	Hawkeyes poised for a strong finish in Big Ten play.
17. Kentucky (19-6)	Cats crumble down the stretch against Florida.
18. Louisville (21-4)	Veteran Cards are 6-0 on the road in league play.
19. Michigan St. (21-5)	Banged up Spartans are 3-4 after 18-1 start.
20. UConn (20-5)	Huskies outlast Memphis in key American showdown.
21. Texas (20-5)	Horns hit the road for four of final six Big 12 games.
22. Ohio State (20-6)	Buckeyes only have two double-figure scorers.
23. UCLA (20-5)	Bruins head to the Bay for key two-game road trip.
24. North Carolina (18-7)	Heels have played their way off the bubble.
25. Memphis (19-6)	Tigers don't have any bad losses.

\*Records and rankings are as of Feb. 17

## Ask the Editors

# Is Parker the best of the rest?

Assuming Doug McDermott will win National Player of the Year honors, who would be No. 2 on your ballot?

**Mitch Light:** This was very difficult. I went with Jabari Parker because he does so much for Duke. The freshman from Chicago quickly emerged as the Blue Devils' primary option, and he leads the team in scoring (19.5 ppg) and rebounding (8.5). Parker is Duke's only consistent threat on the low block, and he is also a weapon on the perimeter due to his ability to handle the ball and shoot from 3-point range. Mike Krzyzewski's team features some nice front-end talent but isn't loaded with future NBA players and lacks depth. Parker's presence makes Duke a threat to win the national title; without him, the Blue Devils would struggle to make the top 25.

**David Fox:** Good thing McDermott is a virtual lock for National Player of the Year because the rest of the race would be a jumble. I tend to favor players whose teams would be lost without them. That leads me to Sean Kilpatrick at Cincinnati. The Bearcats get perpetually overlooked because they play a soft non-conference schedule, and they're generally a low-scoring, defensive-minded team. Without Kilpatrick, Cincinnati would be lucky to be in contention for the NIT.

**Braden Gall:** Obviously, there really isn't a clear challenger to McDermott. Iowa State's Melvin Ejim was my first thought but one could argue (although I wouldn't) that he isn't the most important player on his own team. Sean Kilpatrick and Shabazz Napier carry their teams offensively for Cincinnati and UConn, respectively, while Russ Smith plays a similar role for Louisville in the American Athletic Conference. That said, No. 2 on my ballot will come from the winner of the Syracuse-Duke game in Durham this weekend. If the Orange complete the sweep over Duke, my vote would go to C.J. Fair — aka, the best player on the best team in the nation. If Duke can continue to surge up the polls and beats Syracuse, my vote would go to



Anthony NeSmith/CSM/Landov

Duke forward Jabari Parker continues to be one of the elite freshmen in the nation and might be the best player in college basketball not named Doug McDermott.

Jabari Parker, a freshman who has been the team's best player.

**Name a team that wasn't on the bubble two weeks ago that can make the NCAA Tournament.**

**Light:** West Virginia still has some work to do, but it's quite remarkable that we are talking about this team possibly earning an at-large bid to the NCAA Tournament. The Mountaineers have won four of their last six to improve their record to 15-11 overall and 7-6 in the very tough Big 12. They have four wins against top-50 RPI teams, highlighted by a 102-77 beatdown vs. Iowa State on Feb. 10. Nine of WVU's 11 losses have come against top-50 RPI teams, and the two that did not occurred in November (Virginia Tech) and December (Purdue). Bob Huggins' team plays three of its final five regular-season games at home, including a

huge home game against Kansas on March 8. The opportunity is there for this team to make the NAAs.

**Fox:** If Nebraska can continue its hot streak in the final month of the season, the Cornhuskers could make a late push for an NCAA Tournament bid. There's little room for error, though. This team lost to Creighton and UMass early in the season and then endured a six-game losing streak. But Tim Miles' team is one of the most improved in the country since then, defeating Ohio State and Indiana at home and then shocking Michigan State on the road. Terran Petteway has proven himself to be a 30-point player when called upon. He and the Huskers are capable of stringing together a winning streak against the lower tier of the Big Ten to set up a huge regular-season finale in Lincoln against Wisconsin.

## Weekend on Tap

### SATURDAY, FEB. 22

#### LOUISVILLE AT CINCINNATI

The Cardinals and Bearcats continue to battle for the American Athletic Conference title, and the final regular-season matchup between the two could be the key game. Cincinnati won the first meeting on the road thanks to Sean Kilpatrick's 28 points. Since then, Louisville has made easy work of the bottom half of the AAC. The Cardinals would like to get off to a good start in a stretch that includes road trips to Cincinnati, Memphis and SMU and the regular-season finale at home against UConn.

#### WISCONSIN AT IOWA

The Badgers have returned to their early season form, thanks to the inside-out duo of Frank Kaminsky and Ben Brust and an improved perimeter defense. Iowa remains one of the most consistent teams in the country, but the first meeting between these two teams was not one of the Hawkeyes' finest moments. Coach Fran McCaffery was ejected and subsequently suspended for a game due to an on-court tirade.

#### TEXAS TECH AT OKLAHOMA STATE

The game is notable for the return of Marcus Smart from his three-game suspension, oddly enough against the same team Smart faced during the spectator-pushing incident that drew national attention. Oklahoma State needs Smart to play like the All-American he was earlier in the season in the worst way. The Cowboys have been one of the most disappointing teams in the Big 12, both before and during his suspension.

#### ST. JOHN'S AT VILLANOVA

The Red Storm have come a long way from the team that lost to the Wildcats 74-67 back on Jan. 11. That version of St. John's opened Big East play 0-5. Since then, St. John's has played to its talent level to move into NCAA Tournament contention. D'Angelo Harrison, who was suspended at the end of last season, has been on fire for St. John's. Villanova, meanwhile, is looking to reassert itself in the Big East after losing to Creighton for the second time this season.

#### BAYLOR AT WEST VIRGINIA

A month or two ago, no one would have pinpointed this as a key game between NCAA Tournament bubble teams. Baylor went into a slump to start Big 12 play, while West Virginia has played itself into contention thanks to some major wins in conference play. A key battle will be between the two point guards. The Mountaineers' Juwan Staten is a high-volume scorer, while the Bears' Kenny Chery is a week removed from a triple-double against Kansas State.

#### KANSAS STATE AT OKLAHOMA

The coaching matchup alone provides two great stories, as Kansas State's Bruce Weber and Oklahoma's Lon Kruger have settled in nicely in the Big 12. Don't forget that both of these teams have been major surprises this season despite being led by freshman point guards. K-State's Marcus Foster gets overshadowed in the Big 12, but he's as productive as any rookie in the league. OU's Jordan Woodard has shown a nice ability to get the weapons around him involved.

#### MINNESOTA AT OHIO STATE

This game will be worth watching mainly due to the matchup between the best on-ball defender in the country in Aaron Craft for Ohio State and Minnesota's active guards DeAndre Mathieu and Andre Hollins. Minnesota is still a bubble team, but a win in Columbus would be key for the Gophers' aspirations to play in March.

#### SYRACUSE AT DUKE

Conference realignment has decimated traditions in college basketball, but a series between Syracuse and Duke is one of the pleasant developments for hoops fans. The Orange won the first meeting 91-89 in overtime in a classic in the Carrier Dome. Duke's fantastic freshman Jabari Parker spent most of the game in foul trouble, so he'll be looking to reassert himself in the rematch. Meanwhile, Syracuse point guard Tyler Ennis has established himself as the nation's most important freshmen in a year full of high-profile rookies.

#### TEXAS AT KANSAS

Texas started the week one game behind Kansas in the Big 12 race. Just being within striking distance of the Jayhawks is a major victory for the Longhorns this season. The Horns have the big men in Cameron Ridley and Jonathan Holmes to counter Kansas' frontcourt, especially if Jayhawks freshman Joel Embiid continues to be hampered by injuries.

### SUNDAY, FEB. 23

#### MICHIGAN STATE AT MICHIGAN

The Michigan schools are atop the Big Ten, but that's hard to believe after both lost at home last Sunday. It's tough to figure whose situation is more dire. Michigan State remains beset by injuries and hardly looked the part of a Final Four contender in a 60-51 loss to Nebraska. Michigan has struggled to find offensive consistency, losing three of its last five. This is a marquee matchup in the Big Ten, and an important game for two teams hoping to get on a roll in the final weeks of the regular season.



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