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# Grapevine Independent

VOLUME 46 • ISSUE 3

PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

JANUARY 17, 2014

**Sacramento Zoo  
Announces First  
Baby Born in 2014**



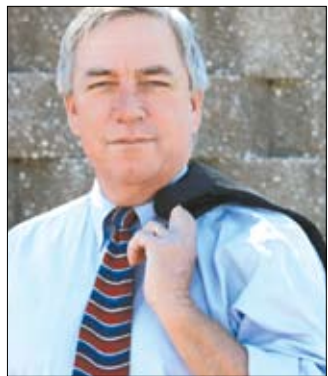
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**Live Your  
Boldest Dream**



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**DA Scully Endorses  
Doug Ose, Congress**



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## Koreana Plaza Food Court Opens



Byong Joo Yu bought the former Albertson's grocery store on Olson Drive in 2003 with the vision of creating a multi-ethnic market. He began carrying products catering to the more than a third of Rancho Cordova's nearly 67,000 residents from the former Soviet Union and eastern Europe.

By Jane S. Daly

**RANCHO CORDOVA, CA (MPG)** - Excitement crackled in the air as over 200 dignitaries and community leaders gathered on December 17, 2013 for the ribbon cutting and grand opening for the Koreana Plaza Food Court. Rancho Cordova Chamber CEO, Diann Rogers introduced Byong Joo Yu, the entrepreneur responsible for breathing life into a dying center on Olson Drive. Also in attendance were: Representatives from the office of Congressman Ami Bera, Senator Ken Cooley, and BOE George Runner, Assistant City Manager Joe Chinn, Mayor

Bob McGarvey, Terri McGarvey, Councilwoman Linda Budge, Economic Development Manager Curt Haven, Chamber board chair Steve Millner, and a sprinkling of Chamber board members and ambassadors.

Byong Joo Yu bought the former Albertson's grocery store in 2003 with the vision of creating a multi-ethnic market. At first, he offered food products for Koreans and Chinese, but there weren't enough customers. He began carrying products catering to the more than a third of Rancho Cordova's nearly 67,000 residents from the former Soviet Union and eastern Europe.

When Rancho Cordova's Latino population reached 20 percent, Yu put in the tortilla machine and rows of Mexican sauces, cheeses, spices and produce such as nopalis (prickly pears), cactus, mangos and gigantic Mexican papaya. Koreana's fresh produce rivals any local farmers market. You'll find potatoes, a Slavic staple, but also jackfruit, taro leaf, durian, Korean pears and dragon fruit.

Koreana Plaza sits next to the Cordova light-rail station just off Highway 50. Zinfandel Square has an enormous parking lot, and when Albertsons left and Mervyns folded, Yu bought both parcels, not including Kohl's, and brought

the center back to life, said former Rancho Cordova Mayor Linda Budge.

"It's not just a shopping center, it's a shopping experience and a destination," said Curt Haven, director of economic development and neighborhood services for Rancho Cordova.

Current Mayor Dan Skoglund calls it "A unique shopping, dining, and entertainment experience we haven't seen the likes of in Rancho Cordova." Well said.

BJ invites the community to stop by for a sample of the variety of foods offered in the food court. ★

**City Officials  
Consider Purchase  
of Land for Corp Yard**

**Special City of Rancho  
Cordova Release**

**RANCHO CORDOVA, CA (MPG)** - On Tuesday, January 21, at 5:30 p.m., or as soon after that as the matter may be heard, at Rancho Cordova City Hall, City Council will be considering the purchase of a 17-acre parcel on Zinfandel Drive, south of North Mather Boulevard and across from Sacramento Metro Fire's Training Facility, for a city corporation yard.

A corporation yard will give the City the ability to purchase and store equipment and will be used for staging, managing and streamlining maintenance and operation activities.

Learn more about the proposed project by viewing the January 21 meeting agenda on the City's website at [www.CityOfRanchoCordova.org](http://www.CityOfRanchoCordova.org).

The City invites interested parties to attend Tuesday's council meeting and comment on this or any other issue being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the meeting will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Public Works Department at (916) 851-8710. ★

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## Rancho Cordova Residents Can Receive Free Tax Help At Local Centers New Website Through United Way Also Helps Local Residents Keep Their Tax Refunds

**RANCHO CORDOVA, CA (MPG)** - Rancho Cordova households making less than \$58,000 a year can receive help filing their taxes for free as part of the region's Volunteer Income Tax Assistance program led by United Way California Capital Region. Those interested can visit SAFE Credit Union's Rancho Cordova branch, 12519 Folsom Boulevard, or the Folsom Cordova Community Partnership, 10665 Coloma Road.

As part of the VITA program, United Way has created [www.KeepYourTaxRefund.com](http://www.KeepYourTaxRefund.com), an online tool helping local residents save money this tax season.

"We want people to keep more money in their pockets and make our community stronger by taking advantage of tax credits," said Stephanie McLemore Bray, United Way president and CEO. "This website is an easy and effective way to file your taxes and save your money for what matters most to you."

KeepYourTaxRefund.com's filing tool is free to individuals or households making less than \$58,000 a year. For those making



more, the cost is less than \$50. The website, which is powered by H&R Block software, saves users an average of \$200 in tax preparation fees. Users will need a valid email address and income forms, such as a W2, 1099, 1098, etc. Those who need in-person

help can schedule an appointment through the website to meet with a VITA volunteer who will help file their taxes for free, if they qualify, or they can visit the Rancho Cordova VITA locations.

United Way also is seeking volunteers to

distribute information about VITA. No prior tax law experience is necessary. Schedules and locations are flexible. For more information, contact United Way Volunteer Services at [volunteer@uwccr.org](mailto:volunteer@uwccr.org) or (916) 856-3983.

United Way California Capital Region is spearheading the effort, along with partners including the IRS, Franchise Tax Board, 2-1-1, Asian Resources, Bank of America, CHOC Housing, City of Sacramento, Community Link, Goodwill Industries, Sacramento Coalition for Working Families, Sacramento News & Review, Sacramento Regional Transit, SAFE Credit Union and the Yolo Family Resource Center.

For 90 years, United Way California Capital Region has actively worked to address the community's most pressing issues, now focusing on innovative solutions related to high school graduation rates, household financial stability and obesity. For more information or to make a donation, visit [www.yourlocalunitedway.org](http://www.yourlocalunitedway.org). ★

Source: Thébaud Communications



# January is National Mentoring Month



The Partnership's Youth Services team works with a diverse group of volunteer mentors in Rancho Cordova schools to provide at-risk and foster youth tools to succeed. The Partnership provides resources for the mentors to have successful mentoring groups, including craft supplies and snacks.

**RANCHO CORDOVA, CA (MPG)** -January is National Mentoring Month and highlights mentoring across the country. It was started by the Harvard Mentoring Project, MENTOR, and the Corporation for National and Community Service in January 2002. Throughout the month of January, a call is made out to individuals and organizations to become mentors in their own communities, and an effort is made to bring more mentors in communities across America.

The 2014 theme is "Mentoring Works!" and according to the MENTOR website, there are many young people that do not have the support they need from an adult mentor. They believe that mentoring programs can give this service and volunteers can help with the lack of adult mentors. Mentors can successfully change lives by dedicating time and commitment to young people to provide them guidance and support. From one-on-one to group mentoring, inside or outside of school, mentors can make a difference in a variety of ways.

National Mentoring Month is also about celebrating people in our lives that were or are mentors, whether they are coaches, teachers, neighbors or other adults and how they have made an impact. January 14<sup>th</sup> is "Thank a Mentor Day" and celebrates volunteers all over the country, past and current mentors.

The Partnership's Youth Services team works with a diverse group of volunteer mentors in Rancho Cordova schools to provide at-risk and foster youth tools to succeed. The Partnership provides resources for the mentors to have successful mentoring groups, including craft supplies and snacks. Through The Partnership's participation, it has allowed closer ties to the youth in the schools and adults in Rancho Cordova to promote a drug-free community.

The youth participate in weekly group meetings with their mentors, from ages 5-18. The mentors facilitate group discussion and activities, from weekly check-ins, crafts, or journal writing. Group mentoring

is a safe space for youth to feel heard, express their concerns and to learn skills from their mentors. In addition to group meetings, the youth go on fun and educational field trips including the zoo, the theater, and Sky High.

Our mentoring programs help mentees and mentors create direct, positive changes in Rancho Cordova. The impact of mentoring continues every year and is an integral part to the community, making it a better and safer place to live. We appreciate the work of our mentors and their dedication to our youth and we hope to continue the progress and growth with these programs.

If you would like to become a mentor and/or want more information on how you can support group mentoring in Rancho Cordova, please contact Jamie Gomez, Youth Services Manager at JGomez@theFCCP.org or (916) 361-8684. ★

Source: Folsom Cordova Community Partnership

# CHP East Sacramento Area Offers Free "Start Smart" Class

**SACRAMENTO REGION, CA (MPG)**

- The leading cause of death for Americans 15-20 years old is motor vehicle collisions. In an effort to reduce motor vehicle collisions in California, California Highway Patrol (CHP), East Sacramento Area Office, will offer a free Start Smart. According to the National Highway Traffic Safety Administration (NHTSA), mile for mile, teenagers are involved in three times as many fatal crashes as all other drivers.

The CHP's Start Smart program is a driver safety education class which targets new and future licensed teenage drivers between the age of 15 -19 and their parents/guardians.

The Start Smart class will cover collision avoidance techniques, driver responsibility, collision trends, distracted driving laws, alcohol related driving laws and the provisional license process. The program also offers



an opportunity for new drivers and parents/guardians to ask CHP Officers clarifying questions.

- **WHEN:** Tuesday, February 25, 2014 from 6:30 pm till 8:30 pm
- Tuesday, March 25, 2014 from 6:30 pm till 8:30 pm
- Tuesday, April 29, 2014 from 6:30 pm till 8:30 pm
- Tuesday, May 20, 2014 from 6:30 pm till 8:30 pm
- **WHERE:** CHP East Sacramento, 11336 Trade Center Drive, Rancho Cordova, CA 95742

Parents/guardians interested

in signing up the class will need to register for the class by calling (916) 464-1450 (space is limited). It is encouraged that parents/guardians attend the class with their teen driver.

Funding for CHP's Start Smart program is provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Administration.

If you have any questions or need additional information, please contact Public Information Officer Jasper Begay, at (916) 464-1450. An Internationally Accredited Agency ★

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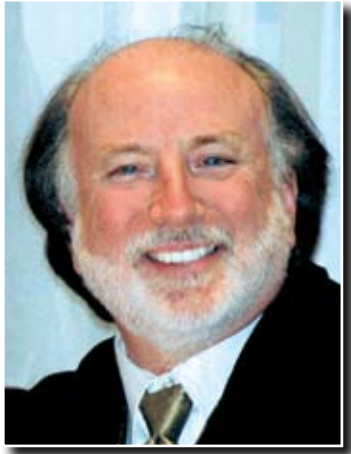


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# Rancho Cordova Soroptimists Bring Holiday Joy to White Rock Elementary

**RANCHO CORDOVA, CA (MPG)** - Soroptimist Int'l of Rancho Cordova club members treated the Kindergarteners and first graders of White Rock Elementary to a holiday party, personal time with Santa Claus and a 5x7 photo with Santa all for free on December 13, 2013 for the fifth year in a row. "Our club adopted White Rock Elementary for this special event due to the unique ethnic and socio-economic demographic of the school and at the request of then principal, Elena Cabrera. The children enjoy Santa's visit so much, our club decided to make it a Christmastime tradition," said former club President, Sheryl Longworth.

Current Principal, Sandy Spaulding, shared her message of appreciation, "You have no idea how much your coming to our school means to these kids. Not only just the children in the classrooms you visit, but throughout the school. Our whole atmosphere changes, disciplinary issues drop off, and the season takes on a new meaning. These kids really appreciate what you do and so do I. A lot of them don't have much but you give them wonder, hope and a little magic. Thank you." The children also wrote very sweet thank you



letters to the club.

The name Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are women at their best, working to help other women to be their best. If you would like more information about Soroptimist International of Rancho Cordova or how to become a member and join the "magic," please visit the club's

website <http://www.soroptimist-ranchocordova.org/>, contact current president, Julie Schaffer at 916-851-9266 or email [siranchocordova@soroptimist.net](mailto:siranchocordova@soroptimist.net). If you aren't ready to become a member, but would like to volunteer for future projects that make a huge difference, please sign up at [www.LiveYourDream.org](http://www.LiveYourDream.org). ★

Source: Soroptimist Int'l of Rancho Cordova

# Average Retail Gas Prices Drop in Sacramento

**SACRAMENTO REGION, CA (MPG)** - Average retail gasoline prices in Sacramento have fallen 3.9 cents per gallon in the past week, averaging \$3.49, according to GasBuddy's daily survey of 720 gas outlets in Sacramento. This compares with the national average that has fallen 0.4 cents per gallon in the last week to \$3.29/g, according to gasoline price website GasBuddy.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were

1 cent per gallon higher than the same day one year ago and are 5.4 cents per gallon higher than a month ago. The national average has increased 6.8 cents per gallon during the last month and stands 3.4 cents per gallon higher than this day one year ago.

"As expected, the deep freeze during the last week impacted more than just the air temperature, but also kept a grip on gasoline prices," said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan. "We saw very

little change in the national average during the last seven days, and it's likely that the winter blues continue to lead to an overall dull next few weeks at gasoline pumps across much of the country. Due to the slow demand that January and February typically see, it'd really take a monumental ice breaker to crack the grip that holds the national average in place. I foresee prices remaining relatively quiet this week," DeHaan said.

Source: GasBuddy

★

# Sac Zoo Announces first baby born in 2014: an infant Coquerel's Sifaka Lemur

**SACRAMENTO REGION, CA (MPG)** - The Sacramento Zoo welcomes its newest resident, and the first baby born in 2014: an infant Coquerel's Sifaka Lemur discovered by keepers the morning of Sunday, January 5th. The male weighed 121 grams at birth. Mother, father and infant are bonding in their habitat across from the Conservation Carousel.

Coquerel's Sifaka have a unique brown and white coloration, and are distinguished from other lemurs by the way they move. All sifaka have arms, hips, hands, and feet specially adapted for vertical clinging and leaping. Their legs are extremely long relative to body and arm length. Using their powerful back legs, they travel through the forest jumping from one upright tree limb to another, easily leaping more than 20 feet in a single bound. On the ground, they cannot run on all fours because of their long legs so they travel by springing sideways to cover the distance. There are potentially less than 10,000 Coquerel's Sifaka living in the wild and they are native only to a small area of north-western Madagascar. Coquerel's Sifaka are among the most endangered of the sifaka species – habitat



loss due to deforestation is the leading threat.

There are only nine Association of Zoos and Aquariums-accredited facilities in the U.S. that house fewer than 60 endangered Coquerel's Sifaka. To help preserve vanishing species, the Sacramento Zoo takes part in Species Survival Plans® initiated by the AZA, to cooperatively manage specific populations of typically threatened or endangered species in accredited institutions.

Open since 1927, the Sacramento Zoo is home to more than 500 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society.

This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 10:00 am to 4:00 pm, general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. ★

For information, call 916-808-5888 or visit [sac-zoo.org](http://sac-zoo.org).



# Empowering Senior Drivers Through Education

**RANCHO CORDOVA, CA (MPG)**

- For some, the ability to drive is a true sign of independence. Driving plays an important role in maintaining an active, fulfilling lifestyle. As part of the California Highway Patrol's (CHP) mission of providing the highest level of Safety, Service, and Security to people throughout the state, the CHP remains steadfast in maintaining and improving traffic safety and mobility for California's older drivers.

According to the CHP's Statewide Integrated Traffic Records System (SWITRS), in 2011 there were more than 23,000 drivers over 65 years of age involved in a collision. Among those senior drivers involved in a collision, nearly 400 were killed

and more than 22,000 suffered injuries.

Further analysis of the SWITRS data indicates more than 50 percent of those senior drivers were found to be at fault in the collision.

To help California's seniors maintain their driving independence for as long as they can safely drive, the CHP offers the two-hour, "Age Well, Drive Smart," course. The program is supported by the Keeping Everyone Safe grant from the California Office of Traffic Safety. Through this program, seniors can tune up their driving skills, refresh their rules of the road knowledge, and learn about normal age-related physical and mental changes and how to adjust to these changes.

To find out when the next Age Well, Drive Smart course is being offered, call the East Sacramento Area CHP office at (916) 464-1450.

- **WHEN:** Thursday, January 30, 2014 at 10:30 a.m.  
Thursday, February 20, 2014 at 10:30 a.m.
- **WHERE:** CHP East Sacramento, 11336 Trade Center Drive, Rancho Cordova, CA 95742

Funding for CHP's Start Smart program is provided by a grant from the California Office of

Traffic Safety through the National Highway Traffic Administration.

If you have any questions or need additional information, please contact Public Information Officer, Jasper Begay, at (916) 464-1450. ★

# Test Your Physical And Mental Limits In The Exciting Sport Of Indoor Rowing

2014 Golden State Indoor Rowing Championships Coming

**GOLD RIVER, CA (MPG)-** The Sacramento State Aquatic Center will be hosting the 2014 Golden State Indoor Rowing Championships (GSIRC) on Saturday, February 1st. Held at one of the finest rowing venues in North America, the GSIRC attracts hundreds of competitors from across California to contend for qualification to the World Indoor Rowing Championships (C.R.A.S.H. –B SPRINTS). While there will be many high caliber teams competing, the general public is invited to enter the competition as well. Competitor ages range from 14 to well into the 80's, so there is definitely something for everyone.

Not the competitive type? Not to worry, there is plenty of room for spectators and the

competitors greatly appreciate as much cheering as they can get. Indoor rowing is perhaps one of the toughest, if not the toughest, test of one's physical and mental limits; which accounts for its newfound popularity in the demanding world of multi-sport training.

To enter the competition, please visit the Aquatic Center's website: [www.sacstateaquatic-center.com](http://www.sacstateaquatic-center.com) An entry packet must be reviewed, signed and submitted/postmarked no later than Jan. 24. All entries must be returned to the Sac State Aquatic Center, 1901 Hazel Avenue, Gold River, CA 95670. For questions, please contact the Aquatic Center front desk at (916) 278-2842 or [aquaticcenter@csus.edu](mailto:aquaticcenter@csus.edu).

The Sacramento State Aquatic Center is a cooperative

operation of the Associated Students Inc. of California State University, Sacramento, the University Union of Sac State, California Department of Boating and Waterways, and the California Department of Parks and Recreation. The center was established in 1981 and has provided instruction to thousands of students. The center offers university kinesiology classes, leisure classes for the general public, competitive teams, and a series of progressive summer camps and youth programs. The Aquatic Center is a regional boating instruction safety center as part of a program funded by the California Department of Boating and Waterways. ★

Source: Sacramento State Aquatic Center

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By Bob McGarvey

The front page of last week’s “Grapevine Independent” talked about the new laws that the State has passed regarding the DMV. There are other laws but I’ll get to them shortly. The first one applies to those riding a bicycle and drivers of motor vehicles who are passing them (AB 1371). The law (which begins September 16, 2014) says there should be three feet distance between you and the bicyclist. I read a good point made by a driver who wonders why the current law isn’t enforced about bicyclists apparently not having to stop for stop signs or obey other traffic laws. Another law (AB 1047) now allows the DMV to conduct commercial driving tests for someone holding an out-of-state commercial learner’s permit license.

New Laws ...

How many Highway Patrol Officers would the State have to hire to enforce that law? Unless there is a sign on a vehicle that says “Student Driver” or the like, how do you know who they are? There seems to be thousands of drivers on the road who have no license at all but are still driving. It will be interesting to see if that can be enforced. And one more of the DMV laws that was passed (SB 194) will prohibit a person who is under 18 years of age from writing, sending, or reading(?) electronic wireless devices, even if it is a hands-free device. I understand the writing or sending part, but I’m not sure about the part that says they can’t read text base communications. Billboard signs like the one on Highway 50 by Sacramento State University are electronic. It is the law, and the law is the law, but I have to wonder about the part regarding reading. Time will tell. Now about a law that was introduced by Assemblymember Roger Dickinson that would ban internet sale of tobacco or e-cigarettes. I don’t know if that legislation will pass or not, but I would like to have some

legislator introduce new legislation that will affect smoke from marijuana. There is a little research that can be found about the effects of secondhand marijuana smoke. Many billions of dollars have been spent in research about the effects of tobacco smoke, but only a fraction of that amount of money has been spent on marijuana smoke. I know I have expressed my concern about people being affected by secondhand marijuana smoke. The studies that have been done do show that there is tar, chemicals, and carcinogens in tobacco and even more in marijuana, but it is almost a sacred cow when it is questioned. As I said earlier, the law is the law, but until the federal law is changed or removed, Rancho Cordova will continue to enforce the City Codes that deny those who want a business license for sell the stuff! Here is another email I received, “Where will you be sitting in eternity? Smoking or non-smoking?” ★  
  
*From Vice Mayor Bob McGarvey, God bless, and see you next time.*

California’s Infant Mortality Rate Continues to Decline, But Disparities Persist

CDPH Special Report

**SACRAMENTO, CA (MPG)** - California’s infant mortality rate (IMR) has reached a record low, announced Dr. Ron Chapman, state health officer and director of the California Department of Public Health (CDPH). In 2012, California’s IMR was 4.5 infant deaths per 1,000 live births, lower than the rate of 4.8 in 2011. Infant mortality is defined as the number of deaths in infants less than one year of age. In 2012, there were 503,788 births in California and 2,247 infants died that year. The leading cause of infant death in 2012 was congenital malformations, followed by short gestation and low birth weight. “Optimal infant health outcomes are influenced by a woman’s health even before she becomes pregnant, including avoidance of tobacco, alcohol and drugs, maintaining a healthy weight, and taking folic acid supplements,” said Chapman. “Early entry into prenatal care,

genetic testing to identify health risks at birth, breastfeeding, childhood immunizations, and continuing proper nutrition through a baby’s developing years all contribute to improving infant health outcomes.” While the African American Infant Mortality Rate decreased from 10.5 infant deaths per 1,000 live births in 2011 to 9.8 in 2012, racial/ethnic disparities in infant mortality persist. African American infant deaths occurred 2.6 times more frequently than Caucasian infant deaths in 2012. The Caucasian Infant Mortality Rate decreased from 4.1 infant deaths per 1,000 live births in 2011 to 3.8 in 2012. The Hispanic Infant Mortality Rate also decreased from 4.9 infant deaths per 1,000 live births in 2011 to 4.7 in 2012. According to the most recent national statistics, California accounts for approximately one in every eight births nationally. In 2010, California had the seventh lowest Infant Mortality Rate

among all 50 states and the lowest Infant Mortality Rate among the ten states with the largest number of births. The most recent (2011) national Infant Mortality Rate is 6.05 infant deaths per 1,000 live births. Many CDPH programs and initiatives target reduction of infant mortality. For more information on these programs, as well as resources for pregnant women or women who are considering pregnancy, please visit [www.cdph.ca.gov](http://www.cdph.ca.gov) and search these topics:

- Maternal, Child and Adolescent Health Program
- Maternal health before, during and after pregnancy
- Genetic Disease Screening Program
- Nutrition needs for pregnant women, nursing women and infants
- Immunization needs of pregnant women and infants ★

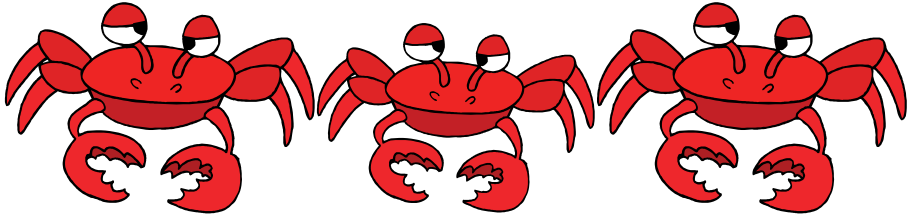
Metro Fire Arrives at Fire Within Two Minutes

**SACRAMENTO REGION, CA (MPG)** - Just after noon today, Metro Fire was dispatched to a reported vehicle fire in the garage of a house on McTavish Circle in Sacramento. While crews were en route they were given an update that an elderly man was also in the garage.

Arriving just two minutes after being dispatched, Metro Fire crews reported a working garage fire and immediately began looking for the reported victim. Fortunately the resident was quickly located standing in a safe location in front of his home. Crews then worked quickly to confine the fire to the garage and extinguish it. Because of their quick response and aggressive tactics, they were able to save irreplaceable belongings along with approximately \$200K in property value. The cause of this fire is undetermined at this time. ★



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## District Attorney Jan Scully Endorses Doug Ose for Congress

**SACRAMENTO REGION, CA (MPG)** - Following the endorsement of the Sacramento County Deputy Sheriffs Association and the California Police Chiefs Association, Sacramento County District Attorney Jan Scully announced her endorsement of Doug Ose for Congress.

“Local law enforcement could always count on Doug Ose to support tough-on-crime legislation,” said Sacramento County District Attorney Jan Scully. “Doug Ose earned my support because he is a problem solver who gets the job done.”

As former member of the House Subcommittee on Criminal Justice, Drug Policy and Human Resources, Doug Ose supported



Doug Ose

legislation to stop the spread of illegal drugs and put drug kingpins out of business. Ose also worked to ensure timely access to Homeland Security funds, lifetime sentences for child predators and co-sponsored legislation

penalizing states for allowing unnecessarily early prison release of murderers and rapists.

“I am pleased to have earned the support of Sacramento County’s leading prosecutor,” said Doug Ose. “Keeping our neighborhoods and schools safe is a top priority.”

Doug Ose is a local business leader who served in Congress from 1999-2005, before honoring a self-imposed term limit pledge, a promise few Members of Congress honored. To learn more about Doug Ose’s record, visit [www.DougOse.com](http://www.DougOse.com) and follow the campaign on Twitter @DougOse #CA7 and Facebook.

★  
Source: River City Communications

## Clear Channel Debuts New B92.5, Today’s Country

**SACRAMENTO REGION, CA (MPG)** - Clear Channel Media and Entertainment Sacramento announced the debut of The New B92.5, Today's Country. The New B92.5 launched January 10th.

B92.5 will play today's hottest country hits, kicking off with 10,000 songs in a row, commercial free. Sacramento's new country station will broadcast The Bobby Bones Show week-day mornings from 5-9 a.m. PST. The morning show will feature on-air personalities Bobby Bones, Lunchbox and Amy, with special guest appearances from the biggest names in country music straight from Nashville. The Bobby Bones Show will entertain B92.5 listeners with a unique mix of pop-culture, news and crazy stunts.

"Country music is the most exciting format in America today. Stars like Blake Shelton, Keith Urban, Jason Aldean,

Taylor Swift and Florida Georgia Line make it a must have format for listeners and advertisers alike," said Dave Milner, President and Market Manager, Clear Channel Media and Entertainment Sacramento. "Pairing great music with the new Bobby Bones morning show and our exciting events like the iHeartRadio Country Festival, which we will be giving listeners exclusive opportunities to attend, allows us to bring a unique spin for Sacramento’s huge country fan base."

Fans can listen to B92.5, via the station's website, [www.b925fm.com](http://www.b925fm.com), as well as on iHeartRadio, Clear Channel's all-in-one digital radio service. iHeartRadio delivers everything listeners want in one free, fully-integrated service: instant access to more than 1,500 of the nation's most popular live broadcast and digital-only radio stations from 150 cities, plus

user-created custom stations inspired by favorite artists and songs. iHeartRadio also offers listeners a "Perfect For" feature which allows users to choose from thousands of curated stations based on a range of moods and activities. New - iHeartRadio Talk feature offers on-demand listener-created talk content alongside popular news, celebrity and entertainment “audiosodes.” iHeartRadio Talk also features “Daily Pulse,” a customizable Talk channel featuring the most up-to-date news and culture highlights, to which users can add or remove content that is most important to them.

Clear Channel Sacramento owns and operates NewsRadio KFBK, Talk 650 KSTE, V101 KHYL and 93.7 JACK-FM KQJK. More information on the company can be found at [ClearChannel.com](http://ClearChannel.com).

★  
Source: Clear Channel



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### CLUES

#### ACROSS

- Leigh is to Scarlett as \_\_\_\_ is to Rhett
- \_\_\_\_ de deux
- "Through" in text message
- \_\_\_\_ fair in love and war
- Under the weather
- Sand bar
- Disturb
- "New" prefix
- Equestrian's attire
- \*Eminem's 2013 hit
- \*Rogers' duet partner
- Driver's aid
- Sub station
- Acid
- Often held on sandwich
- \*Girl on Fire
- Creole vegetable
- Poverty-stricken
- Bank ware, pl.
- Bit attachment
- Israel's neighbor
- Catch-22
- Weight watcher's choice, pl.
- Black cat, e.g.
- First rate
- Take to one's heart
- Aquarium dweller
- \*\*\* \_\_\_\_ at Work," Best New Artist of '83
- Conceited
- Lt.'s inferior, in the Navy
- \*Macklemore's kind of shop
- \*This year's Grammy host
- Song of praise
- Shed tears
- The \_\_\_\_ Netherlands
- Take down masts
- Clod chopper
- Blatant
- Gardener's storage
- \*\*Owner of a Lonely Heart" band won one Grammy
- Offends with odor

#### DOWN

- Clothing of distinctive style
- Medicinal house plant
- Something that happens so fast
- Famous Hungarian composer
- High regard
- \*\*Just Give Me a Reason" nominee
- Barley brew
- North face, e.g.
- \_\_\_\_ does it!"
- Tramp
- "In '85 Prince won two for "Purple \_\_\_\_"
- Final, abbr.
- High-pitched
- Gathers harvest
- Chicken \_\_\_\_ king
- Kind of security guard
- \*\*Royals" nominee
- Knitter's quantity
- Of \_\_\_\_
- It goes up and down
- Bit
- Billiards bounce
- Cuckoo
- Ski destination
- A chip, maybe
- Cambodian money
- Clarence in "It's a Wonderful Life", e.g.
- Pinching pennies
- Churchill's "so few"
- Boat load
- Nervous and ansty
- Dry white Italian wine
- Hyperbolic tangent
- At this point
- Police action
- Potassium hydroxide solution, pl.
- Curved molding
- Lie in wait
- \*Multi-Grammy winner Elton's, "Bennie and the \_\_\_\_"
- From a wound
- Poor man's caviar

CROSSWORD														
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1											3

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

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**DirectTV - Over 140 channels only \$29.99 a month.** Call Now! Triple savings! \$636.00 in Savings, Free upgrade to Genie & 2013 NFL Sunday ticket free!! Start saving today! 1-800-291-0350 (Cal-SCAN)

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MPG Messenger Publishing Group

Sudoku Puzzle on Page 6

4	8	6	3	1	2	9	7	5
5	1	3	8	7	9	4	6	2
2	7	9	5	6	4	3	1	8
9	4	1	2	3	8	7	5	6
8	6	5	7	9	1	2	3	4
7	3	2	6	4	5	8	9	1
6	5	4	9	2	3	1	8	7
3	2	7	1	8	6	5	4	9
1	9	8	4	5	7	6	2	3

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**Sutter Auburn Faith Hospice Thrift Store invites volunteers** to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is requested. Location: 13342 Lincoln Way, Auburn. Call store coordinator, Kim Chase, 530-887-0561. (MPG 12-31-13)

Volunteers Needed

**Volunteers Needed:** A Community For Peace, formerly the Domestic Violence Intervention Center, offers ongoing opportunity for volunteers. Call 728-5613 or visit our office at 6060 Sunrise Vista Dr, Suite 2340, Citrus Heights, CA 95610. (MPG 12-31-13)

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Support person need-ed to assist with graphics and layout. Must be proficient in various programs including Adobe CS3-5 Photoshop, InDesign, etc. Design ads from home and/or perform layout duties at MPG offices. Newspaper or magazine publishing preferred.

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Crossword Puzzle on Page 6

G	A	B	L	E		P</
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**Legal Advertising Fax**  
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# LEGAL ADVERTISING

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*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969*

**Legal Advertising**  
**P.O. Box 14**  
**Carmichael, CA 95609**

**FICTITIOUS BUSINESS NAME STATEMENTS**

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08728. Woodfield Investments, LLC, 2900 Sienna Ln., Sacramento, CA 95862 is doing business under the Fictitious Business Name "Woodfield Patio Homes" at 2900 Sienna Ln., Sacramento, CA 95862. Filed with the Clerk of Sacramento County on November 4, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
WOODFIELD 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09013. Nove Forward Inc., 3577 Loggerhead Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Grant Jr. "Pacer Rugby Club" and "Grant Jr. Pacer Football" at 3577 Loggerhead Way, Sacramento, CA 95834 . Filed with the Clerk of Sacramento County on November 15, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
PACER 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09380. Roberta Lepid, 131 Ashwick Loop, Sacramento, CA 95823 and Michael Morris, 4900 Ehrhardt Ave., Sacramento, CA 95823 are doing business under the Fictitious Business Name "All The Cart Café & Catering" at 2721 Citrus Rd., Ste. C, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on December 2, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
ALLTHE 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09699. Joseph Baba, 1522 Response Rd., No. 313, Sacramento, CA 958715 is doing business under the Fictitious Business Name "Ashur Motors" at 2516 Albatross Way, No. A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on December 16, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
ASHUR 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09784. Smcco, Inc., 5828 Robertson Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Campbell Window and Door" and Campbell Construction at 5828 Robertson Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on December 19, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
CAMPBELL 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09733. Brian Kelllogg, 4263 Starlight Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "SACREP" at 4263 Starlight Way, Fair Oaks, CA 95628 . Filed with the Clerk of Sacramento County on November 17, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
SACREP 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09696. Jeannie Zhang and Steven Zhang, 6255 Calvine Rd., Sacramento, CA 95823 are doing business under the Fictitious Business Name "Cheesesteak & Grill Stop" at 1870 Prairie City Rd., No. 250, Folsom, CA 95630. Filed with the Clerk of Sacramento County on December 16, 2013. Publish: December 25, 2013, January 1, 8, 16, 2014  
CHEESE 140103 01-16-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-00019. Aleksandr Lamakin, 4928 Vir Mar St., Apt. 10, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Allunlimited" at 4928 Vir Mar St., Apt. 10, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on December 20, 2013. Publish: January 8, 16, 23, 30, 2014  
ALLUNLI 140105 01-30-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09984. Teresa Sue Ponce, 8081 Via De Palmas Ln., No. 1, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Knowledge Empowers You" at 8081 Via De Palmas Ln., No. 1, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on December 30, 2013. Publish: January 8, 16, 23, 30, 2014  
KNOW 140105 01-30-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09823. JSA Strategic Alliance, LLC, 6830 Stockton Blvd., No. 150 A, Sacramento, CA 95823 is doing business under the Fictitious Business Name "Smoke Plus" at 6830 Stockton Blvd., No. 150 A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County on November 25, 2013. Publish: January 8, 16, 23, 30, 2014  
SMOKE 140105 01-30-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09826. First Baptist Church of Carmichael, 3300 Walnut Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "American River Community Church" at 3300 Walnut Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on December 20, 2013. Publish: January 16, 23, 30, February 6, 2014  
AMERICAN 140201 02-06-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09010. Tahira Trading and Management, 6800 Fair Oaks Blvd., Carmichael, CA 95608 is doing business under the Fictitious Business Name "American Tires & Auto Service" at 6800 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on November 16, 2013. Publish: January 16, 23, 30, February 6, 2014  
AMTIRES 140201 02-06-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09824. AxisEnergyPartners, LLC, 3604 Fair Oaks Blvd., No. 140, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Axis Energy Lighting" at 3604 Fair Oaks Blvd., No. 140, Sacramento, CA 95864. Filed with the Clerk of Sacramento County on November 6, 2013. Publish: January 16, 23, 30, February 6, 2014  
AXIS 140201 02-06-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09576. Arnold Duplantier, 1957 1st Ave., Sacramento, CA 95818 is doing business under the Fictitious Business Name "Galaxy Sky Video" at 1957 1st Ave., Sacramento, CA 95818. Filed with the Clerk of Sacramento County on December 10, 2013. Publish: January 16, 23, 30, February 6, 2014  
GALAXY 140201 02-06-14

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-09891. Vertical Horizons Travel LLC, 102 Russler Lane, Folsom, CA 95630 is doing business under the Fictitious Business Name "Vertical Horizons Travel LLC" at 102 Russler Lane, Folsom, CA 95630. Filed with the Clerk of Sacramento County on December 24, 2013. Publish: January 16, 23, 30, February 6, 2014  
VERTICAL 140201 02-06-14

**ORDER TO SHOW CAUSE  
CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00154795.

WHEREAS, Michael Edmund McGowan has filed a petition with this court for a decree changing the name of Michael Edmund McGowan to Meghan Elizabeth McGowan  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 4, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 11, 2013  
David I. Brown  
Judge of the Superior Court  
Publish: December 25, 2013, January 1, 8, 16, 2014  
MCGOWAN 140103 01-16-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00155263

WHEREAS, David Joseph Howard has filed a petition with this court for a decree changing the name of David Joseph Howard to Grey L. Farran.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on February 13, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 18, 2013  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: December 25, 2013, January 1, 8, 16, 2014  
HOWARD 140103 01-16-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00155255

WHEREAS, Jack Ngoc Phan has filed a petition with this court for a decree changing the name of Jack Ngoc Phan to Ba Ngoc Phan.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 11, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 18, 2013  
David I. Brown  
Judge of the Superior Court  
Publish: December 25, 2013, January 1, 8, 16, 2014  
PHAN 140103 01-16-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00155266

WHEREAS, Tye Joseph Harrington has filed a petition with this court for a decree changing the name of Tye Joseph Harrington to Tye Joseph Babyak.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on February 11, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 18, 2013  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: December 25, 2013, January 1, 8, 16, 2014  
HARRINGTON 140103 01-16-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00154783

WHEREAS, Abdul Rehman Muhammad has filed a petition with this court for a decree changing the name of Abdul Rehman Muhammad to Roy Clark.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on February 4, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 11, 2013  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: January 8, 16, 23, 30, 2014  
MUHAMMAD 140105 01-30-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00155236

WHEREAS, Faun O'Neel has filed a petition with this court for a decree changing the names of Andrea Lily Try to Andrea Lily O'Neel and Dru Joseph Try to Dru Joseph O'Neel.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 10, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 18, 2013  
David I. Brown  
Judge of the Superior Court  
Publish: January 8, 16, 23, 30, 2014  
ONEEL 140105 01-30-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00155263

WHEREAS, David Joseph Howard has filed a petition with this court for a decree changing the name of David Joseph Howard to Grey L. Farran.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on February 13, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 18, 2013  
Raymond M. Cadei  
Judge of the Superior Court  
Publish: January 8, 16, 23, 30, 2014  
HOWARD 140105 01-30-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00155239

WHEREAS, Steven Alexander Osborne has filed a petition with this court for a decree changing the name of Steven Alexander Osborne to Steven Alexander Morse.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 10, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: December 18, 2013  
David I. Brown  
Judge of the Superior Court  
Publish: January 8, 16, 23, 30, 2014  
OSBORNE 140105 01-30-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00156281

WHEREAS, Tiffany Tothanh Nguyen has filed a petition with this court for a decree changing the name of Tiffany Tothanh Nguyen to Tiffany Thanh To.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 25, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: January 8, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: January 16, 23, 30, February 6, 2014  
NGUYEN 140201 02-06-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00156230

WHEREAS, Savannah Angelika Meyer has filed a petition with this court for a decree changing the name of Savannah Angelika Meyer to Max Andeo Meyer.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 20, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: January 8, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: January 16, 23, 30, February 6, 2014  
MEYER 140201 02-06-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00156293

WHEREAS, Habid Alejandro Barrios has filed a petition with this court for a decree changing the name of Habid Alejandro Barrios to Alejandro H. Barrios.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on February 26, 2014, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: January 8, 2014  
David I. Brown  
Judge of the Superior Court  
Publish: January 16, 23, 30, February 6, 2014  
BARRIOS 140201 02-06-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00156238

WHEREAS, Justin Smpardos Price has filed a petition with this court for a decree changing the name of Justin Smpardos Price to Jamie Louise Smpardos-Price.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on February 21, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: January 8, 2014  
Raymond I. Cadei  
Judge of the Superior Court  
Publish: January 16, 23, 30, February 6, 2014  
PRICE 140201 02-06-14

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2013-00156220

WHEREAS, Sheriff Wageh Louis Said has filed a petition with this court for a decree changing the name of Sheriff Wageh Louis Said to Sherif Wageh Louis.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on February 20, 2014, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition.  
Dated: January 8, 2014  
Raymond I. Cadei  
Judge of the Superior Court  
Publish: January 16, 23, 30, February 6, 2014  
PRICE 140201 02-06-14

**PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER  
ESTATE OF  
LEWIS D. PARTRIDGE (deceased)  
ESTATE NO. 34-201300155180

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of LEWIS D. PARTRIDGE, aka LEWIS DEAN PARTRIDGE (deceased):  
A petition for probate has been filed by CAROL J. WEIDA in the Superior Court of California, County of Sacramento, requesting that CAROL J. WEIDA be appointed as personal representative to administer the estate of the decedent.  
The petition requests the decedents will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
A hearing on the petition will be held in this court as follows: February 20, 2014, 9:00 a.m. in Dept. No. 129, at William R. Ridgeway Family Relations, 3341 Power Inn Road, Sacramento, CA 95826.  
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.  
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
The name, address and telephone number of the attorney for the petitioner is: Gary G. Perry, Esq., 2251 Fair Oaks Boulevard, Suite 200, Sacramento, CA 95825  
Publish: January 8, 16, 23, 30, 2014  
PARTRIDGE 140105 01-30-14

**PUBLICATION OF SUMMONS**

SUPERIOR COURT OF THE STATE OF  
CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER AFTER EX PARTE APPLICATION FOR  
PUBLICATION OF SUMMONS  
CASE NO. 13 FL06308

NOTICE TO RESPONDENT: XIAO YONG  
YOU ARE BEING SUED BY PETITIONER:  
VICKI MANIVONG

You have 30 Calendar Days after this Summons and Petition are served on you to file a response (form FL-120 or FL-123) at this court and have a copy served on the petitioner. A letter or phone call will not protect you.  
If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form.  
If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp/](http://www.courtinfo.ca.gov/selfhelp/)), at the California Legal Services web site ([www.lawhelpcalifornia.org/](http://www.lawhelpcalifornia.org/)), or by contacting your local County Bar Association.  
The name and address of the court is: Superior Court of California, County of Sacramento, 3341 Power Inn Road, Sacramento, CA 95826  
The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, is: Vicki Manivong, 43 Arcade Blvd., No. D, Sacramento, CA 95818  
Dated: November 4, 2013  
Publish: January 16, 23, 30, February 6, 2014  
MANIVONG 140201 02-06-14

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# Legal Advertising for City of Rancho Cordova

Public Notice

Extent of Groundwater Contamination in Eastern Sacramento County

Groundwater in a portion of eastern Sacramento County is contaminated. Contaminants include industrial solvents and chemicals resulting from the manufacture and testing of rocket and missile systems and production of chemicals.

The map shows the approximate extent of contamination in the vicinity of the Aerojet Superfund Site where contamination levels make groundwater unsafe for long-term consumption. There are currently two regulatory actions (Western Groundwater Operable Unit and Perimeter Groundwater Operable Unit) that require Aerojet Rocketdyne to halt the spread of contamination, remediate the contamination, and restore the groundwater to beneficial use. Aerojet Rocketdyne has installed and is currently operating the majority of the treatment systems necessary to remediate and restore the off-site groundwater. Additional system modifications are anticipated to be completed in the next several years. Groundwater in portions of areas south of the dashed line is also contaminated. Other regulatory actions are addressing these areas.

Drinking water in this area is primarily provided by public water supply systems, which monitor water quality and shut down impacted wells under the oversight of the California Department of Public Health.

Extent of Groundwater Contamination: Aerojet Superfund Site

Well Permitting:

Sacramento County  
Environmental Management  
916-875-8400

Regulatory Contacts:

Kevin Mayer  
U.S. EPA  
415-972-3176

Alex MacDonald  
Regional Water Quality Control Board  
916-464-4625

Construction of new private and public water supply wells in Sacramento County requires a county permit. The Sacramento County Environmental Management Department has developed a special review procedure for permit application associated with wells proposed to be constructed near sites with known groundwater contamination. Before proceeding with plans to construct a well within the general proximity of the Aerojet Superfund Site area, please contact:

City of Rancho Cordova Notice of Public Hearing  
Request for Proposals

FY 2014-2015 Community Development Block Grant Funds

The City of Rancho Cordova's Community Development Block Grant (CDBG) program is seeking applications and stakeholder input for the City's 2014-2015 CDBG Action Plan. Eligible organizations include non-profits and local government entities. Successful applications will address the housing and community development needs presented in the City of Rancho Cordova's 2011-2016 Consolidated Plan (which can be found at <http://www.cityofranhocordova.org/index.aspx?page=86>) and must meet the qualifications outlined in this Request for Proposals. Eligible organizations may have the opportunity to apply for two-year subrecipient contracts. The application will allow organizations to indicate whether they are applying for a one- or two-year contract. The City has decided to make the application process seamless and paperless by allowing organizations to input their requests for grant funding through our online process. The Grant Application instructions are available at <http://www.cityofranhocordova.org/index.aspx?page=86>

The 2014-2015 Action Plan will serve as the annual planning document that will specify the planned funding of public improvement and community development and service activities and implement the goals and objectives of the Consolidated Plan. The Action Plan will cover CDBG activities funded from July 1, 2014 through June 30, 2015. As a consequence of reduced Federal allocations and increasing need, it is expected that requests for funds will far exceed that which is available. Apart from responding to stated City priorities, special attention in the ranking of applications will be given to the demonstrated capacity of an applicant to administer its contractual obligations, history with the program and to the leveraging and commitment of other funding required for the completion of the proposed activity.

If you are interested in submitting a proposal for consideration, you must complete an application form which is available online through the City's website at [www.cityofranhocordova.org](http://www.cityofranhocordova.org) and submit it with all the required documentation by **March 3, 2014 at 5:00pm**, according to instructions included in the application.

Only complete applications submitted for eligible activities in accordance with the required format will be considered for funding. If you are considering submitting an application for funding and have not previously received CDBG funding, please contact Jessica Hayes, at (916) 851-8761 for assistance in determining activity eligibility.

**In addition, the CDBG program staff invites you to attend a public meeting and application workshop:**

CDBG Public Meeting and Technical Assistance Workshop

February 19, 2014 at 3:00 PM

Rancho Cordova City Hall

Community Board Room

2729 Prospect Park Drive

Rancho Cordova, CA 95670

Public comment on all aspects of the City's CDBG program is welcome. Public input on the CDBG priorities and programs may be submitted to:

Peter Ibrahim, Housing Services Assistant

Rancho Cordova City Hall

2729 Prospect Park Drive

Rancho Cordova, CA 95670

(916) 851-8785

[pibrahim@cityofranhocordova.org](mailto:pibrahim@cityofranhocordova.org)

Thank you for your interest in the CDBG program.

Printed in the Grapevine Independent on January 17, 2014

Slim Randles' HOME COUNTRY

Some Of The Women Were  
Knitling Up Sweaters That  
Would Fit Two People

unique approach to the English language took on the weather outside.

“Boys, I gotta tell you. This cold transmits me reversely to the winter of ’47. Cold? It thick-llicated your blood so much you could hardly walk. You remember it, Doc? Ol’ Miller at the dairy had to ignitiolize a fire under the milk separator to liquinate it. Why, even the dickie birds got refrigelated up and crashed!

“You boys know about them engine heatilations, right? Well, it was so cold we were obligatored to pre-heat the blamed firewood before we could burn it. Diesel trucks were immobilating up at sixty miles an hour and it still took them a mile and a half to stop.

“Some of the women were knitling up sweaters that would fit two people, just to take advantage of the body heat. Dang near caused epilemic divorce, ‘cause the husband wanted to go one way and the wife another. I tell you, it was parsimonium! It was blame near four days and nights erstwhile an ol’ he-coon down ‘long Lewis Creek recomnized he’d been treed by the hounds, ‘cuz the dogs’ bawling frosticated up concretely afore he could hear it.”

Windy paused for a sip or two. No one wanted to interrupt.

“Some winters,” Windy said, “just take the former limitarions to obliqueness!”

Yeah. We’d always figured it that way, too. ★

One thing about cold: it drives folks indoors. But in some cases, it also can provide entertainment, enlightenment, laughter and education. We’re not talking your local PBS station, here, but Alphonse “Windy” Wilson.

This time of year, Windy becomes a seasonal member of the Mule Barn truck stop’s world dilemma think tank, and usually sticks around until things thaw out. And this morning, Windy’s

Check Your Energy Use;  
Check Out a SMUD Power Monitor

Save Money By Borrowing One From  
Sacramento Public Library Branches

**SACRAMENTO REGION, CA (MPG)** - Use your Sacramento Public Library card to check out a “Kill A WattTM EZ” power monitor just like you would a book. Save money by learning how much power your appliances are using, and which are costing you the most money to operate. The monitor will help you decide how to better use them to save money.

The Sacramento Municipal Utility District (SMUD) donated 56 Kill A WattTM EZ monitors, two for each of the Sacramento Public Library’s 28 branches. The tool helps customers realize energy efficiency benefits. SMUD’s website, [smud.org](http://smud.org), has all the information a customer needs including tips and programs to help them save money.

The Kill A WattTM EZ is simple to use. Just plug it into the socket, and then plug the

appliance into the device. Enter the cost per kilowatt-hour, and the monitor displays the cost of electricity as well as the kilowatt-hour usage to run the appliance. You can monitor the energy cost of any 110- or 120-volt appliance such as refrigerators, freezers, portable heaters, televisions and computers.

The monitor even calculates cost and forecasts costs by the week, month or year. You’ll understand how individual appliances can impact energy bills and determine if an appliance should be replaced with a more energy-efficient model, or perhaps unplugged, or plugged into a power strip that can be easily turned on when the appliance is needed.

“The monitor puts knowledge and control in the hands of SMUD customers,” said John Grindrod, SMUD program

manager. “It is a tremendous way to show our customers the value of energy efficiency and help them save money,” said Grindrod. “This service is one more way Sacramento Public Library can fulfill its mission to provide valuable information to the public – information that can impact their lives for the better,” said Library Director Rivkah Sass.

The Sacramento Public Library system serves residents throughout Sacramento County – the same territory as SMUD – and more than 600,000 county residents have library cards.

For more information about saving money on your electric bill, visit [smud.org](http://smud.org) or call 1-888-742-SMUD. For information on borrowing a monitor, visit [saclibrary.org](http://saclibrary.org) or call 916-264-2920. ★

Source SMUD Newsroom

Grapevine Independent  
Community Calendar

On-going meetings; in Rancho Cordova unless otherwise noted.

CODEPENDENTS ANONYMOUS

Time: Tuesdays, 7:30-9 pm

Place: Sunriver Church  
11223 Trinity River Dr.  
[www.sunriverchurch.com](http://www.sunriverchurch.com)

WESTERN SWING SOCIETY

Time: 1st Sundays, 1-5:30 pm

Place: Machinists Hall  
2749 Citrus Rd.  
[www.westernsswingsociety.org](http://www.westernsswingsociety.org)

Info: Live music, dancing.  
Food & beverages available for purchase. Members \$4, Non-members \$7.

MILITARY RETIREE/SPOUSE MEETING

Time: 2nd Tuesdays, 10:30 am

Place: N. Highlands Park & Rec Office  
6040 Watt Ave., N. Highlands  
Contact: 561-7476  
Info: Meets monthly.

RANCHO CORDOVA HISTORICAL SOCIETY

Time: 4th Thursdays, 5 pm

Place: Rancho Cordova City Hall  
2729 Prospect Park Dr.  
[www.ranhocordovahistory.com](http://www.ranhocordovahistory.com)

Info: Meets in the American River Room

SPELLBINDERS TOASTMASTERS

Time: 2nd & 4th Mondays, 6:30 to 8 pm

Place: China Buffet  
5623 Sunrise, Citrus Heights  
Contact: 631-1703  
Info: Hone communication skills. Beginners welcome.

SPANISH LANGUAGE CONVERSATION CIRCLE

Time: 4th Saturdays, 3-4:30 pm

Place: Rancho Cordova Library  
9845 Folsom Blvd.  
Contact: 264-2920  
[www.saclibrary.org](http://www.saclibrary.org)

Info: Practice Spanish in a fun

and relaxed way with library staff, community.

BRECA MEETING

Time: 4th Tuesdays, 6:30-8 pm

Place: Rancho Cordova Library  
9845 Folsom Blvd.  
Contact: 361-8087  
[www.breca.us](http://www.breca.us)

POWERTALK INTERNATIONAL MONTHLY MEETING

Time: 3rd Tuesdays, 6:30-8:30 pm

Place: Arden-Dimick Library  
891 Watt Ave., Sacramento  
Contact: 361-1745

Info: Coaching, effective speaking, listening, leadership skills. Beginners are welcome.

WRITING WORKSHOP

Time: 3rd Thursdays, 6-7:30 pm

Place: 9845 Folsom Blvd.  
Contact: 264-2920  
[www.saclibrary.org](http://www.saclibrary.org)

Adult writing & poetry workshops (writing for various types of genres and more).

AA NEWCOMERS

Time: Tuesdays, 6:30-7:30 pm

Place: Sunriver Church  
11223 Trinity River Dr.  
[www.sunriverchurch.com](http://www.sunriverchurch.com)

READING WITH THE DOGS

Time: 1st Tuesdays, 6:30-7:30 pm

Place: Rancho Cordova Library  
9845 Folsom Blvd.  
Contact: 264-2920  
[www.saclibrary.org](http://www.saclibrary.org)

Info: Read to a canine pal, boost reading skills. Free.

CORDOVA SENIOR CITIZENS SOCIAL CLUB

Time: 1st and 3rd Mondays, 11 am

Place: Cordova Community Center  
2197 Chase Dr.  
Contact: 638-8065 for bridge or 858-1660 for membership

Info: Brown bag lunch, bridge party. Free.

FORK TAIL DEVILS

Date: 2nd Thursdays

Place: Rancho Cordova IHOP  
2216 Sunrise Blvd.  
Contact: 488-2645

Info: Lockheed Lightning P-38 enthusiasts, pilots, mechanics no-host brunch.

WOMEN'S GOLF CLUB OF CORDOVA

Date: Wednesdays

Place: Cordova Golf Course  
9425 Jackson Rd., Sacramento  
Contact: 363-0363

Info: All players welcome.

CORDOVA COUPLES GOLF CLUB

Date: Alternate Sunday mornings

Place: Cordova Golf Course  
9425 Jackson Rd., Sacramento  
Contact: 682-2285

All players welcome.  
Call for more information.

COFFEE, TEA AND CONVERSATION FOR SENIORS

Date: First Saturdays, 10-11 am

Place: Rancho Cordova Library  
9845 Folsom Blvd.  
Contact: 264-2920

Info: For those 55+. Free. Share thoughts, memories! let the conversation flow! Light refreshments served. First Saturday each month.

SOROPTIMIST INTERNATIONAL OF RANCHO CORDOVA

Time: 2nd Monday each month, 6-7 pm

Place: Cattleman's Restaurant  
12409 Folsom Blvd.  
Contact: [siranchocordova@soroptimist.net](mailto:siranchocordova@soroptimist.net)

Info: Organization serving needs of women & girls in our community and around the world.



# CORDOVA HIGH SCHOOL SPORTS

## Lancers Lose Thriller Lady Lancers Riding Three-Game Winning Streak

By Mike Bush

**RANCHO CORDOVA, CA (MPG)** - In a non-league game and in front of a packed gym, the Cordova High School and Laguna Creek High School boys basketball teams provided a showcase of offense.

But in the end of the non-league game at the Cardinals' gym in Elk Grove on Jan. 10, the Lancers (9-6) fell to the Cardinals, 74-63.

Cordova, which trailed 37-22 at halftime, held Laguna Creek's offense to only 10 points in the third quarter that aided by a full-court press that created turnovers. On offense guided by Jordan Roberson and guard Curtis Cole running the floor, moving the ball to various players including Roberson, the Lancers scored 23 points to trim the Cardinals' lead to 47-45 entering the fourth quarter.

Early in the fourth quarter, both teams exchanged baskets in the early minutes, but Laguna Creek continued to hold a slim lead at 53-52 with six minutes left in the game.

But then Cordova's offense created many turn-overs that turned into points for Laguna Creek. The Cardinals took advantage to build their one point lead into a 57-52 lead, then 61-54, and finished with 27 points in the quarter. Laguna Creek also took advantage of making 3-of-7 free throws and a 3-pointer.

Cordova finished with 18 points in the final quarter. To Cordova head coach Fletcher Johnson, watching his team that usually scores about 25 points in each quarter to being held in the teens means he feels his team could've done better on offense.

"It was just poor offensive execution," Johnson said. "We were not executing our offense at all (in the final quarter). And not playing sound,

fundamental defense."

But he's glad his team saw a Laguna Creek team (9-7) that is expected to battle for the Delta Valley Conference title this season.

"We just got to get back into the gym and practice harder," Johnson said. "Get them to go as hard as they can all the time."

Roberson finished with 32 points in the game. Coles and Marquis Bolden followed with eight points each, and Nathaniel Hendrix had four.

On Jan. 9 at the Lancers' gym, Cordova lost another non-league game to Del Campo, 81-67.

Two days prior, Cordova knocked off Davis by an 87-78 score. Four Lancers scored in double figures; Roberson had 19 points, Coles and Bruce Saevang had 11 points each, and Chris Johnson 10. Lamar Brewer finished with nine points and DeMario Newman had eight.

This week, Cordova wrapped up its non-league schedule against Grant at home. On Jan. 16, Cordova started Capital Athletic League action at home against Mira Loma.

Cordova continues CAL action at Rio Americano on Tuesday, Jan. 21 and host El Camino on Thursday, Jan. 23. Both games are scheduled to tip-off at 7 p.m. ★



By Mike Bush

**RANCHO CORDOVA, CA (MPG)** - In its only non-league game last week, the Cordova High School girls basketball team continued to build its winning streak.

The Lancers (6-11) have won their last three games, including a 47-32 win at Foothill on Jan. 7. Prior to the game, Cordova had beaten Golden Sierra and Valley, also in non-league games.

In its game against Foothill, Cordova led from start to finish. Monique Newton had a double-double for the

Lancers; she scored 17 points and grabbed 20 rebounds. Teammate Nikki Jones scored seven points and had eight steals.

"We just pressed them hard," Cordova head coach Raymond Bradley said. "We've been working on our presses in practices, and we ran a lot of them (against Foothill)."

Earlier this week, Cordova played at Elk Grove High to wrap up its final non-league game of the season.

On Jan. 15, Cordova opened Capital Athletic League play at Mira Loma. Today – Friday – Cordova will host Rio Americano. Game time is scheduled for 7 p.m.

"We should be fine in league," said Bradley of his team starting CAL action. "I think all of our games will be good. I think we have the talent to. Our girls are more experienced than last year."

Cordova will continue CAL action at El Camino on Wednesday, Jan. 22. That game is also scheduled to tip off at 7 p.m. ★

### Omega Gents Sports & Social Club, INC Presents Annual Crab feed Fundraiser

- SACRAMENTO REGION, CA (MPG)** - In association with Omega Gents Education and Community Foundation, Inc. is a 501-C3 Organization CCN#3415525.
- When: Saturday February 1st 2014 6:30 PM-12:00 AM
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## Volunteer Award Nominations Sought

Do you an outstanding Rancho Cordova volunteer?

**RANCHO CORDOVA, CA (MPG)** - The Cordova Community Council is traveling the Yellow Brick Road, seeking nominations for the 2014 Community Volunteer Awards event --"There's No Place Like Home" -- slated for Feb. 28 at Rancho Cordova City Hall.

Each year, the council recognizes outstanding volunteer contributions to the community in various categories ranging from business to faith leadership. The prestigious "Rancho Cordovan of the Year" award can honor an exceptional contribution to the community during the year or over a lifetime.

"This event may not be our largest, but it is the most inspiring," said Executive Director Shelly Blanchard. "It is a chance for us to shine the spotlight on the most amazing individuals and organizations in Rancho Cordova – our volunteers."

Blanchard said nominations often dig behind the headlines to find extraordinary acts of volunteerism that otherwise get overlooked. "That's why we open up the nominations to the entire community for those who have seen things others may have missed."

To view past winners and their accomplishments, please visit [www.cordovacouncil.org](http://www.cordovacouncil.org).

Persons wishing to make a nomination may do so by filling out a nomination form and returning it to the Cordova Community Council at Rancho Cordova City Hall, 2729 Prospect Park Drive, Suite 117, Rancho Cordova CA 95670. Nominations may be mailed to the same address or emailed to [shelly@cordovacouncil.org](mailto:shelly@cordovacouncil.org). Nominations are ongoing and will close at 5 p.m. Friday, Jan. 31..

**Categories include:**

- Distinguished Community Business Partner
- Distinguished Community Service (Individual or group)
- Distinguished Community Service Organization
- Distinguished Service by Faith Community
- Outstanding Youth Service (Service by an individual teenager or youth service organization)



- Outstanding Service to Youth (Educator, Faith Leader, Coach or group serving youth in the community)
  - "Couldn't Have Done it Without You Award" (An all-encompassing award category that lets you use your imagination!)
  - Rancho Cordovan of the Year: (Individual who made an extraordinary contribution to the community during 2010 or over a lifetime.)
- Criteria for selection:**
- Actions of the nominee have inspired others to be active in their neighborhood or community, or are an exceptional example of civic engagement.
  - Actions of the nominee have shown unselfish commitment in advancing values of the Cordova Community Council of volunteerism, promotion of Rancho Cordova as a "great hometown," good sportsmanship, citizenship and healthy lifestyles.
  - "Rancho Cordovan of the Year" may reflect a significant achievement in 2012 or may be considered a "lifetime achievement" award.
- Join the Cordova Community Council for "There's No Place Like Home," an over-the-rainbow evening honoring the best of community volunteerism. Tickets for the awards event are \$20 each. Save the date – Feb. 28 – for this fun and inspiring event. For reservations, email [melody@cordovacouncil.org](mailto:melody@cordovacouncil.org) or call 916- 273-5705. ★



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Wild Card Round

Saturday, Jan. 4		
Indianapolis	45	Kansas City
New Orleans	26	Philadelphia
Sunday, Jan. 5		
San Diego	27	Cincinnati
San Francisco	23	Green Bay

Divisional Round

Saturday, Jan. 11		
Seattle	23	New Orleans
New England	43	Indianapolis
Sunday, Jan. 12		
San Francisco	23	Carolina
Denver	24	San Diego

Prime Time Players

LEGARRETTE BLOUNT, RB, PATRIOTS

New England's new workhorse back ran over the Colts with 24 carries for 166 yards (6.9 ypc) and four TDs — three coming on punch-ins from two yards out and the other on a 73-yard romp to the end zone — during a 43–22 win. After rushing for 583 yards and five TDs over the first 15 games of the season, Blount has 355 rush yards and six TDs over the last two games, evolving into the Patriots' go-to runner. Blount's 166 yards on the ground tied the team's playoff record set by Curtis Martin. "He's got that combination of size, power and quickness and speed," said coach Bill Belichick. "He can run hard. He can make guys miss and he can go the distance."

JULIUS THOMAS, TE, BRONCOS

Although Thomas' six catches for 76 yards don't jump off the page, his big plays down the stretch proved to be the difference in a 24–17 victory over AFC West division-rival San Diego. On Denver's game-clinching drive, Thomas hauled in a pair of third-down receptions — covering 21 yards and nine yards, respectively — that moved the chains and forced the Chargers to burn their final two timeouts. The 6'5", 250-pound former basketball player out of Portland State failed to score a TD for only the fifth time this season, but his key first downs were arguably as important as a trip to the end zone.

MARSHAWN LYNCH, RB, SEAHAWKS

"Beast Mode" was in full effect during Seattle's 23–15 win over New Orleans. Lynch had 28 carries for 140 yards and two TDs — including a "Beast quake" scoring romp that caused a "12th Man" generated mini-earthquake at CenturyLink Field. The "Beast quake" run was arguably as impressive as his tackle-breaking 67-yard TD run against the Saints in the playoffs three years ago. But it's not just New Orleans that the "Beast" has terrorized. Lynch has 87 carries for 451 yards (5.2 ypc) and five TDs in five career playoff games, one of which he exited due to injury after just four carries. Lynch is even scarier at home, with 47 carries for 271 yards (5.8 ypc) and three TDs in a pair of wins — both coming against the Saints.



Athlon Fantasy Flash

Over the past two games — Week 17 of the regular season and the Divisional Round of the playoffs — Patriots quarterback **TOM BRADY** has taken a backseat to red-hot running back LeGarrette Blount. Brady has thrown a combined 49 passes for 320 yards and one TD; Blount has 48 carries for 355 rush yards and six TDs in wins over Buffalo (34–20) and Indy (43–22). However, Brady posted 50 or more pass attempts three times in four weeks from Weeks 12–15.



Frank Gore

Athlon Sports

Athlon Sports Power Rankings

1. Seahawks (14-3)	Marshawn Lynch earthquake too much for Saints.
2. Broncos (14-3)	Peyton Manning wants Bud Light, not retirement.
3. Patriots (13-4)	"No one's gonna pick us to win," says Tom Brady.
4. 49ers (14-4)	Niners "built for this" according to Frank Gore.
5. Panthers (12-5)	"Playoff football is a different speed," says Newton.
6. Colts (12-6)	Andrew Luck "feels like a lost puppy" after defeat.
7. Saints (12-6)	Marques Colston last-second "lateral" goes awry.
8. Chargers (11-6)	Philip Rivers says Whisenhunt "was all in, all week."
9. Chiefs (11-8)	Andy Reid plans on keeping coaching staff intact.
10. Eagles (10-7)	Must make decision regarding free-agent Mike Vick.
11. Packers (8-8-1)	QB coach Ben McAdoo interviews with Cleveland.
12. Bengals (11-6)	Hue Jackson replaces departed Jay Gruden as OC.
13. Cardinals (10-6)	Feud with NFL Network Twitter feed during playoffs.
14. Bears (8-8)	Alshon Jeffery replaces Calvin Johnson for Pro Bowl.
15. Cowboys (8-8)	Bill Callahan will remain play-caller during 2014.
16. Ravens (8-8)	Joe Flacco's brother, Mike, declares for NFL Draft.
17. Jets (8-8)	Geno Smith spotlighted in Jay-Z's "Life+Times" film.
18. Dolphins (8-8)	Interview Detroit executive Brian Xanders as GM.
19. Steelers (8-8)	Big Ben contract extension expected "at some point."
20. Rams (7-9)	Sam Bradford endorsed as QB by GM Les Snead.
21. Giants (7-9)	SB XLVIII tickets 40 percent higher than last year.
22. Titans (7-9)	Hire Chargers OC Ken Whisenhunt as head coach.
23. Lions (7-9)	Hire Ravens OC Jim Caldwell as new head coach.
24. Bills (6-10)	Fire LB coach Chuck Driesbach despite Kiko Alonso.
25. Vikings (5-10-1)	Pretrial begins in murder of Adrian Peterson's son.
26. Buccaneers (4-12)	Tampa 2 not only defense Lovie Smith plans to play.
27. Falcons (4-12)	Matt Ryan sacked a career-high 44 times this year.
28. Raiders (4-12)	Assistant head coach Tony Sparano signs extension.
29. Browns (4-12)	To interview Mike Munchak, Denver OC Adam Gase.
30. Jaguars (4-12)	Shad Khan focused on Premier League team now.
31. Redskins (3-13)	Robert Griffin III uses Facebook to address critics.
32. Texans (2-14)	George H.W. Bush welcomes Bill O'Brien to Texas.

Athlon Spotlight

Manning-Brady Bowl XV

Manning vs. Brady:  
By the numbers

By NATHAN RUSH  
Athlon Sports Editor

Peyton Manning and Tom Brady are easily the greatest quarterbacks of their generation and arguably the top two signal-callers of all-time. This weekend's AFC Championship Game between the Denver Broncos and New England Patriots will mark the 15th time that the 37-year-old Manning and 36-year-old Brady have squared off in their Hall of Fame careers. Here's a look at some of the notable numbers from one of the most remarkable rivalries in the history of sports:

1–1

Record of Manning vs. Brady in  
AFC Championship Games

This year marks the third time Manning and Brady have played against each other in the AFC title game. Manning's Indianapolis Colts rallied for a 38–34 win over Brady's Patriots in 2006. New England beat Indianapolis, 24–14, in 2003. Each time, the winner went on to win the Super Bowl.

10–4

Brady's record vs. Manning  
head-to-head all-time

Tom Terrific has gotten the best of Archie's middle son over the years, including an off-the-charts 31–24 come-from-behind win this season.

18–7

Brady's career playoff record

Gisele Bunchen's husband has started (and won) more playoff games than any quarterback ever. His 25 playoff games (and counting) outrank Brett Favre (24) and Joe Montana (23), while the 18 wins are more than Montana (16), Terry Bradshaw (14) and John Elway (14).

10–11

Manning's career playoff record

Ten postseason wins is good for a tie for ninth all-time with Ben Roethlisberger (10–4).



Athlon Sports

Peyton Manning and Tom Brady will go down in history. But which one will punch a ticket to Super Bowl XLVIII this weekend?

7

Combined Super Bowl appear-  
ances by Manning and Brady

Brady is 3–2 on Super Sunday, with wins over Kurt Warner's Rams, Jake Delhomme's Panthers and Donovan McNabb's Eagles, along with a pair of losses to Peyton's younger brother Eli. Manning has split his two chances at the Vince Lombardi Trophy, defeating Rex Grossman's Bears but losing to Drew Brees' Saints.

55

Record TD passes by Manning  
in 2013 regular season

The previous record-holder? That's right, Brady had 50 TDs in 2007.

606

Record total points scored by  
Broncos in 2013 regular season

The previous record-holders? That's right, the Patriots scored 589 during Brady's record-breaking 2007 season.

42

Career playoff TD passes by  
Brady

Brady is three postseason TD passes away from tying Montana's all-time record of 45 playoff TD passes. Manning has 34 playoff TDs.

114,113

Combined career passing yards  
by Manning and Brady

With 64,964 career passing yards, Manning trails only Favre (71,838 yards) on the all-time list. Brady's 49,149 career passing yards ranks seventh all-time. Manning (491) and Brady (359) have also combined to throw 850 career TDs.

198

Difference in respective draft  
positions of Manning and Brady

Tennessee's Manning was drafted No. 1 overall in 1998, while Michigan's Brady fell to No. 199 in 2000. They took decidedly different routes but both are in the AFC title game.

Athlon Board of Experts

	Mitchell Light	Rob Doster	Nathan Rush	Steven Lassan	Mark Ross	Consensus
This Week's Games & Experts' Records	170-93-1	175-88-1	175-88-1	173-90-1	168-95-1	173-90-1
Patriots at Broncos	Broncos by 3	Patriots by 2	Patriots by 6	Broncos by 3	Broncos by 3	Broncos by 1
49ers at Seahawks	Seahawks by 7	Seahawks by 4	Seahawks by 10	Seahawks by 4	49ers by 1	Seahawks by 5



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Fast Forward

Sunday, Jan. 19			
New England	at	Denver	3 p.m.
San Francisco	at	Seattle	6:30 p.m.

Weekend on Tap

AFC CHAMPIONSHIP (3 PM, CBS)

PATRIOTS (13-4) AT BRONCOS (14-3)

Sure, this is the 15th time that Tom Brady and Peyton Manning have gone toe-to-toe. By now, Brady's 10–4 record vs. Manning is well known. History aside, however, this is a rematch of one of the more thrilling regular-season games of the 2013 season. In Week 12, Denver jumped out to a 24–0 halftime lead at New England, only to watch Brady and Co. pull off an unbelievable second-half surge — scoring on their first five possessions after the half — to take a 31–24 lead late in the fourth quarter. Manning answered with a game-tying scoring strike to Demaryius Thomas to force overtime at 31–31. The instant classic ended with a wild botched punt return by ex-Patriot and new Bronco Wes Welker and a game-winning chip shot field goal by New England's Stephen Gostkowski. Brady won the statistical battle that night, completing 34-of-50 passes for 344 yards, three TDs and zero INTs, while Manning completed a season-low 52.8 percent of his passes for a season-low 150 yards, two TDs and one INT in defeat.

Stat	Patriots	Broncos
Total Offense	384.5 ypg	457.3 ypg
Scoring Off.	27.8 ppg	37.9 ppg
Passing Off.	255.4 ypg	340.2 ypg
Rushing Off.	129.1 ypg	117.1 ypg
Total Defense	373.1 ypg	356.0 ypg
Scoring Def.	21.1 ppg	24.9 ppg
Passing Def.	239.0 ypg	254.4 ypg
Rushing Def.	134.1 ypg	101.6 ypg
Turnover Diff.	+9	0

NFC CHAMPIONSHIP (6:30 PM, FOX)

49ERS (14-4) AT SEAHAWKS (14-3)

San Francisco needs to play like this game is in the Bay Area and not the Pacific Northwest. Over the past two seasons, the Niners have gone 2–0, outscoring the Hawks, 32–23, in San Francisco. On the flip side, Seattle has a 2–0 record with a combined score of 71–16 against San Fran at CenturyLink Field — including a 29–3 victory over the NFC West rivals in Week 2 this season. 49ers quarterback Colin Kaepernick, in particular, has struggled in front of Seattle's "12th Man." Kaepernick completed 13-of-28 passes for 127 yards, zero TDs, three INTs and one lost fumble during a 26-point defeat the last time he played at Seattle back in September. With uncertainty at quarterback, expect coach Jim Harbaugh to lean heavily on Frank Gore, who has rushed for 469 yards and five TDs in his last five playoff games. Of course, Seattle will bring its own ground-and-pound formula. "Beast Mode" maestro Marshawn Lynch will be aiming for his third "Beast quake" TD run in as many home playoff games.

Stat	49ers	Seahawks
Total Offense	323.8 ypg	339.0 ypg
Scoring Off.	25.4 ppg	26.1 ppg
Passing Off.	186.2 ypg	202.2 ypg
Rushing Off.	137.6 ypg	136.8 ypg
Total Defense	316.9 ypg	273.6 ypg
Scoring Def.	17.0 ppg	14.4 ppg
Passing Def.	221.0 ypg	172.0 ypg
Rushing Def.	95.9 ypg	101.6 ypg
Turnover Diff.	+12	+20

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By Reverend  
Kevin Kitrell Ross

As long as I can remember, I’ve always had dreams. Johnnie Coleman, my spiritual mentor, says that a dream is “God tapping at the door of your soul,” saying “let me express more of Myself in you, through you, and as you.” In my interactions with people the world over, I have discovered that few people understand the power and potential within their dreams, and even fewer give themselves permission to explore and express the bold desires of their hearts.

Your boldest dreams are God’s invitation to the greatest adventure of your life, and they come to you because they are for you. While our dreams may at times seem lofty and impossible, rather than fear them, we can see them as a crown that challenges us, to use the words of Howard Thurman, “to grow tall enough to wear.” They are not only there for the accumulation of personal successes, material possessions, and societal accolades. Your dreams are placed in your soul as a pathway to releasing your potential and awakening your purpose for being.

Shortly after graduating from Morehouse College, one of my boldest dreams introduced itself

## Live Your Boldest Dream

to me. The 1999 Parliament of the World’s Religions was holding its convention in Cape Town, South Africa. Nelson Mandela and His Holiness the Dalai Lama were the keynote speakers. When I saw the brochure, my heart pounded, my mouth watered, and my soul said, “I’m there!”

I leaped up and immediately circled the dates on my calendar. With no evidence, finances, or connections to underwrite my confidence, I remained absolutely certain that I was going to be at that convention and I was going to shake the hand of President Mandela.

That summer, I volunteered with Dr. Coleman, who needed me to organize (of all things) a Prayer Breakfast for a delegation of local ministers who were attending the Parliament in South Africa. I eagerly organized the breakfast and added myself to the program to give the closing prayer. In the audience was the President of the Parliament, Dirk Ficca, who was so impressed with the prayer and my young age that he extended to me an all-expense-paid trip to attend as a youth delegate to the Parliament!

The day arrived and as I was entering the venue, I bumped into an angel in the form of Michael Beckwith. Before I knew it, President Mandela, South Africa’s favorite son, walked in, glowing with that unforgettable smile. He lit up the room. We all instantly assembled as he walked to each one of us, shook our hands, and exchanged pleasantries. When it was my turn, I grasped his hand and received a

surge. I looked into his eyes. His eyes had not dimmed, despite the atrocities he’d faced in the struggle to rid South Africa of the oppressive apartheid system. Time stood still, and I realized that I was standing there holding hands with history, while living my boldest dream. It was absolutely thrilling. My colleague from the youth delegation recalls, “We were walking into the arena together and then you disappeared. The next thing I knew, you were on stage with the other delegates presenting The World Season for Nonviolence Award to President Nelson Mandela!”

My intention for sharing this is to encourage you to respond to the prompting to fulfill the boldest dream in your heart. It’s bold for a reason, because it requires bold faith, bold trust, and bold persistence. However, remember in your pursuit, you are not alone because you have the bold partnership of your Source.

So whether your dream is to build your own home, run for President, find a cure for cancer, or complete a triathlon, go for it with reckless abandon. “It is your Father’s good pleasure to give you the kingdom.” As Catherine Ponder says, “Let it be your good pleasure to receive it.” ★

*Kevin Kitrell Ross is an author, inspirational speaker, life coach, senior minister of Unity of Sacramento, and host of Design Your Life on Unity Online Radio. His hit DVD, Liberate Your Spirit, and other inspirational products are available online at kevinrossspeaks.com.*

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