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a War Not Over –  
Save Our Capitol!  
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# Citrus Heights Messenger

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Serving the City of Citrus Heights & Sacramento County

AUGUST 25, 2023

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OUTSTANDING  
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## Amphitheater Designs Considered



More than 70 Citrus Heights residents attended the open house at Rusch Park for the proposed Kathy Cook Amphitheater. They learned about the three proposed amphitheater sites and voted on their choice. From the left: CHCMB Band Manager, Sarah Hendricks; CHCMB Band Executive Director Bill Cook; Meredith Branstad, HELIX Principal Landscape Architect, Crystal Xie Landscape Designer (HELIX), Wayne Edmundson, Parks and Facility Supervisor, Maribel Arellano Landscape Project Manager (HELIX). Photo by Elise Spleiss

By Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - Three different project design alternatives were shared by Helix Environmental Planning of Folsom for the proposed Kathy Cook Amphitheater in Rusch Park at an in-person public open house on Saturday, August 19 and in a virtual meeting on August 24th.

The proposed amphitheater is still in the early design and approval stage, said Wayne Edmundson, Interim District Administrator for the Sunrise Recreation and Park District in Citrus Heights.



Residents study the design alternatives for the future Kathy Cook Amphitheater at Rusch Park. Photo by Thomas J. Sullivan

When completed, the amphitheater would reside on the west end of Rusch Park near the historic Rusch home and garden. Members of the public

were invited to consider each design, and then vote for their first choice, said Meredith Branstad, PLA, principal landscape architect. Each of the three

design options differ in the general orientation of the main stage.

Results of the votes from both open house meetings will be shared by Helix Environmental at an October scheduled meeting of the Sunrise Recreation and Park District.

The size of representative voting samples taken from both meetings may dictate whether the District's Advisory Board will need to obtain further public comment before a vote can be taken by the District to then approve the project, Edmundson said.

Bill Cook, Citrus Heights Community

*Continued from page 3*

## County Receives \$43 Million Bridge Housing Award

Sacramento County  
News Release

**SACRAMENTO COUNTY, CA (MPG)** - The State Department of Health Care Services announced that Sacramento County Behavioral Health Services (BHS) will be awarded more than \$43 million in Behavioral Health Bridge Housing (BHBH) funds to support its continued efforts to address homelessness and improve the lives of individuals living with serious mental illness and experiencing housing instability. With the award of this State funding, County BHS is set to expand interim housing options as an important resource along the continuum to permanent supportive housing to accommodate the growing need for supportive housing and mental health services.

The BHBH award will enable Sacramento County BHS to expand interim housing by adding 110 beds across three Safe Stay communities. This County-sanctioned bridge housing will provide individuals experiencing homelessness with a safe and supportive environment to stabilize their health and safety. Additionally, the funding will facilitate the development or renovation of shovel-ready projects for another 100 beds, including renovated hotels, board and care homes, and sober living facilities. These clean and well-maintained sites will offer on-site supportive services to help individuals transition towards permanent housing.

Bridge housing funds will support individuals in the target population of the Community Assistance, Recovery, and Empowerment (CARE) Act who are experiencing homelessness, have serious mental illness, and/or substance use disorder. The range of services provided will encompass care coordination to enhance both mental and physical well-being, the development of essential life skills, the promotion of income growth, and the facilitation of vocational/educational opportunities and skills. The ultimate objective is to assist participants in transitioning to permanent housing within a nine-month timeframe.

To provide holistic care, Behavioral Health collaborates with various county

*Continued from page 9*

## City Scoop Helps Residents Keep Their Cool

Story and photos  
by Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - A cold cup of Leatherby's ice cream offered a great way to beat the 100-degree evening heat at City Scoop Summer Series, an informal city block party, last Wednesday evening in the parking lot of Sylvan Community Center at 7521 Community Drive.

Leslie A. Ray, general manager of Citrus Heights Leatherby's Family Creamery was all smiles as she busily handed out individual serving cups to those who stopped by the free public event.

"City Scoop events have provided residents an important opportunity to connect and learn about ways in which they can engage and chip-in to help improve the quality of life in their city," said Marisa Brown, the city's communications officer. A previous



The general manager of Citrus Heights Leatherby's Family Creamery, Leslie A. Ray, was all smiles as she busily handed out individual serving cups.

event was held July 19th in the Greenback Greenspace between Park Oaks Drive and Oakside Drive.

Brown and Meghan

Huber, the city's economic development and engagement manager, each wearing pink smocks, staffed a city booth where they shared

calendars, stickers and materials about upcoming city events including the annual "Sunday Funday" in

*Continued from page 2*

# California Capital Airshow Flies Back at Mather

By Tamara Warta

**SACRAMENTO REGION, CA (MPG)** - The popular California Capital Airshow is back at Mather this September, featuring the U.S. Air Force Thunderbirds as its headlining act. The airshow was founded in 2014 and, with the exception of a pause for COVID-19, has been entertaining enthusiasts annually with a variety of modern and historic planes.

This year's airshow is happening on Saturday, September 23 and Sunday, September 24. Admission costs are \$40-\$50 per ticket, but each ticket comes with up to 6 free admissions for youth aged 15 and younger, making it a reasonable deal for entire families who want to enjoy the marvels of air travel and military planes. Tickets are valid for only one day of the airshow, with most acts performing on both days.

Unlike prior years, 2023 tickets are only available online. There will be no onsite sales, and space is limited for both general and VIP ticketing options. High-end tickets used to include a grandstand and bleacher option, but this year has been converted into a new location called The Hangar. This brand-new chalet offers both indoor and outdoor seating areas along the front line of the shows, and also includes private restroom access, beer tasting, and access to food truck purchases. Those willing to spend more can also join the Flight Line and Capital clubs, both of which provide catered food and beverages, as well as premium seating areas.

If you're attending the show on a budget, don't worry. While you must find your own seating, there are plenty of perks to still enjoy both on the ground and by gazing up at the sky. Ground level entertainment this year includes vintage combat aircraft and trainers including warbirds that date back to the 1930s. Beale Airforce Base will also be represented at the show, bringing a Lockheed U-2 'Dragon Lady' and T-38 Talons to admire. Children and families will enjoy the opportunity to walk through a large military transport plane as well as the impressively large cargo holds of the FedEx and UPS planes parked onsite. Lastly, public safety workers and first responders will be interacting with guests, teaching young guests how planes and helicopters are used to save lives.

While there's certainly a lot to do on the ground, the real show is overhead. The airshow features both individual plane hobbyists and professional fighter jet pilots. This year's headliner, the United States Air Force Thunderbirds, will roar through the sky in their F-16 Fighting Falcon jets. Their close formations are captivating but new airshow attendees be warned



Above: The Thunderbirds show off in the sky during 2022's air show. Inset: Young air show attendees learn how military planes fly. Photo courtesy of California Capital Airshow

— these planes get loud. Consider bringing noise-canceling headphones for young viewers as well as those of any age that are sensitive to sound.

The rest of the airshow lineup includes the US Air Force C-17 Globemaster III Demonstration Team, a US Navy F/A-18 Super Hornet TacDemo, a US Air Force A-10 Thunderbolt II, a 1920s-era Barnstormer, and stunt flyer Jim Peitz in a rare Beechcraft F33C Bonanza.

The California Capital Airshow is meticulously organized in order to successfully welcome thousands of guests each year but is also powered strongly by volunteers. Adults aged 18 and older are invited to join in on the fun of volunteering.

"Airshow volunteers play a vital role in supporting CCA's mission to inspire young people using the power and magic of flight," says Darcy Brewer, Executive Director of California Capital Airshow. "They build a great deal of community around this, all while experiencing the behind-the-scenes excitement of producing a massive event."

Volunteers run booths, direct parking, provide information to guests, and so much more. All volunteers receive food vouchers and a commemorative airshow crew t-shirt. Both individuals and groups volunteer each year, but not always without a bit of controversy. The airshow committee actively recruits non-profit groups to raise funds for their own causes by working the parking lot on both Saturday and Sunday. The non-profits receive \$45 per day, per volunteer. The shifts are 11 hours long and no split shifts are permitted.

Tonia Clark was one to call out the airshow on social media. In responding to a recent post asking for non-profit help she said, "That's less than \$5 hour...while it is great that you're helping nonprofits, it appears that it is a pretty good deal for the airshow, considering minimum wage is \$15.50/hr. Are you helping nonprofits or taking advantage of them?"

The airshow has publicly responded in the past, reminding critics that they themselves are a non-profit and are doing what they can to give back to the community, including the aforementioned funds disbursement and also a scholarship program.

Overall, the California Capital Airshow is a quality outing for all ages. Consider coming out and exploring the world of aviation and air defense. But bring your sunscreen and hats, as the warm Sacramento sun will likely be in attendance, too. Tickets can be purchased at [californiacapitalairshow.com](http://californiacapitalairshow.com). ★

# City Scoop Helps Residents Keep Their Cool

Continued from page 1

historic Rusch Park. Individual officers of the Citrus Heights Police Department and members of city government mingled with attendees answering their questions, while enjoying a refreshing cup of ice cream.

There was also an opportunity to get a close-up look at the city's block party trailer, now available for

rent, see what's planned for the upcoming Old Auburn Road Street Improvement project, and consider volunteer opportunities with the Citrus Heights Police Activities League (PAL).

The city hosts its third, and final "City Scoop" neighborhood social event on September 20th at Westwood Park on 8100 Butternut Drive from 6:30 to 8 pm. ★



Kids line up for a tasty serving of Leatherby's Family Creamery ice cream during the City Scoop Summer Series block party on Wednesday, August 16. ★



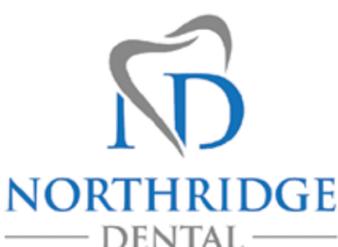
The stash of ice cream, courtesy of Citrus Heights Leatherby's Family Creamery, was the perfect treat to keep residents cool.

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## Citrus Heights American Legion Post 637 Supports Outstanding Student



The American Legion Post 637 took some moments during its meeting on Tuesday, August 15, to recognize Mesa Verde High School student Jazlyn Lee who participated in the 85th Session of the AL California Boys and Girls State Program. Lee was sponsored by the Legion and Rotary International Club now that she enters her senior year of high school, being awarded a Good Citizen Citation by the post. From left to right: Post 2nd Vice Commander Alex Candela, who is also in charge of the post's Boys and Girls State; Mesa Verde High School student Jazlyn Lee; and Richard Tkach, Assistant Sergeant at Arms. Photo by Patrick Larenas

## Amphitheater Designs Considered

*Continued from page 1*  
 Marching Band (CHCMB) executive director, and a retired construction superintendent who has over 50 years of experience in the residential and commercial construction industries, designed and will then build the massive outdoor stage at Rusch Park in Citrus Heights.

He was on hand to answer questions and provide additional information about the project which will be dedicated in the memory of his late wife, Kathy Cook, who was the founder of the Citrus Heights Community Marching Band.

Sunrise Recreation and Park District hired Helix Environmental to conduct an approximately \$30K feasibility study for the project.

"This feasibility study is just one of the factors that the District's Advisory Board will use to determine if it can move forward with adding an amphitheater to Rusch Park," Edmundson said.

The CHCMB was created by Kathy Cook in 2005 to serve as entertainment for the Annual Citrus Heights Red, White and Blue Parade until its final parade in 2019. The community band grew into a year-round, all ages, all talents performing arts experience which performs 20 times a year in events such as parades, concerts, sports events and band competitions. She passed away on August 25, 2021.

Project construction will also include resurfacing and restriping the existing parking lot on the west end of Rusch Park and raising



CHCMB Band Executive Director Bill Cook explains to attending residents the options going forward for the Kathy Cook Amphitheater. Photo by Thomas J. Sullivan

the height of baseball field fencing for public safety, Edmundson said.

The new amphitheater, similar in purpose to the public band shell in Carmichael Park, will be approximately twice its size. It will be available for a wide variety of events, including live concerts, weddings, theater productions, rentals, and other public uses.

Cook, who said he preferred design option one, said the new Kathy Cook Amphitheater, when built, would help bring increased business and restaurant traffic to the city of Citrus Heights.

"It will be great for the city and people of the city," he said.

"We will also be repaving the parking lot behind Rusch home off of Rusch Drive and Rosswood Drive, which will help with parking," Cook said. "Also, with the increase of patrons using ride-sharing

services, that will leave more parking spaces open for those who decide to drive there."

CHCMB is accepting donations towards the overall cost of construction. To raise funds, the band is selling commemorative, personalized bricks that start at \$100 each.

"There's ample space for at least 200 bricks to be placed on either side of the front of the stage," Bill Cook said. "We plan to create two walking paths which connect the existing sidewalks to each side of the amphitheater, and we will also be lining the front of the stage and inner walls with bricks."

To learn more about the Citrus Heights Community Marching Band and its future events, or how you can purchase a commemorative brick, visit: [www.chcmb.org/stage](http://www.chcmb.org/stage) email [info@chcmb.org](mailto:info@chcmb.org) or call (916) 879-6979. ★

## Annual Sunday Funday Returns for More Family Fun

### City of Citrus Heights News Release

#### CITRUS HEIGHTS, CA (MPG)

The City of Citrus Heights is celebrating its annual Sunday Funday on Sunday, September 24th from 11 a.m. to 3 p.m. The City welcomes families, friends and community members to Rusch Community Park to enjoy this free event. Residents and visitors alike can build community connections by joining in on Sunday Funday festivities!

The event will feature inflatables for kids, music

from the Citrus Heights Community Band and tours of Rusch Home from the Citrus Heights Historical Society. Citrus Heights Police Department will host K-9 demonstrations for attendees to watch during the event.

Sunday Funday is an event in partnership with Sunrise Recreation and Park District. This family-friendly event includes booths from businesses, crafts, nonprofits, and service group vendors. All activities are free for attendees and food trucks will be on site for guests to purchase food items.

The City of Citrus Heights has hosted Sunday Funday since the City was first incorporated. The event is a community staple known for bringing together neighbors and visitors for a day of fun.

If you are interested in being a vendor at this year's Sunday Funday please register at [www.citrusheights.net/FormCenter/Event-Registration-6/Citrus-Heights-Sunday-Funday-September-2-73](http://www.citrusheights.net/FormCenter/Event-Registration-6/Citrus-Heights-Sunday-Funday-September-2-73).

For more information on Sunday Funday you can visit [citrusheights.net/SundayFunday](http://citrusheights.net/SundayFunday). ★

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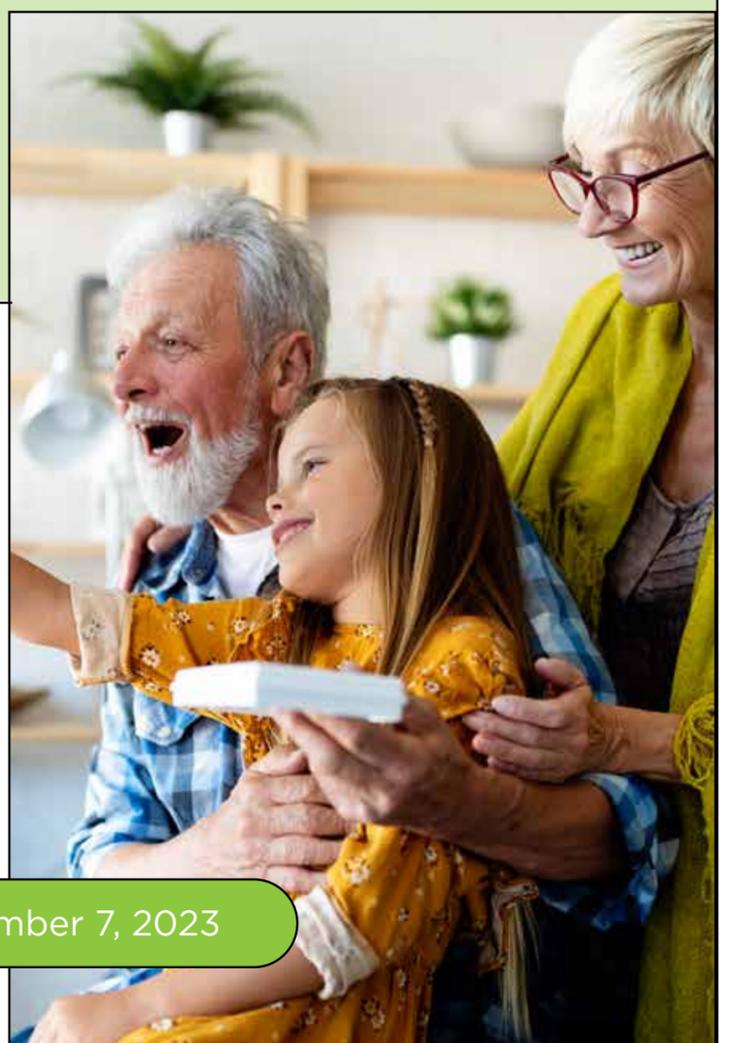
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# Interns Paint Classrooms, Sort Donations for Single Mom Strong



Rio Linda High School Senior and SAFE intern Jaiden Domingo volunteers for Single Mom Strong. Photo courtesy of SAFE Credit Union



Mesa Verde High School Senior Nicole Vasques and Rio Linda High School Junior Evan Moua update a classroom with a fresh coat of paint. Photo courtesy of SAFE Credit Union

## SAFE Credit Union News Release

**SACRAMENTO REGION, CA (MPG)** - Students from Cordova, Mesa and Rio Linda high schools recently rolled up their sleeves to make a difference for single moms and their kids this summer.

The students, part of SAFE Credit Union's annual corporate summer internship program, painted classrooms and sorted donations for Single Mom Strong at their Single Mom's Empowerment Center in Citrus Heights.

"We are a very small team with a large mission," says Single Mom Strong founder and Executive Director Tara Taylor. "Community support like this makes all the world of difference to us."

The Empowerment Center, home to Single Mom Strong's EmpowerME Preschool & Childcare programs,

provides discounted, high-quality preschool and childcare that specifically meets the needs of children of single parents.

SAFE's corporate internship program gives area high school students a behind-the-scenes look at the credit union's operations while providing hands-on job and job-seeking skills. Each year advisors arrange for the interns to volunteer, instilling the importance of corporate citizenship.

"Our internship program strives to teach interns not only about our day-to-day and back-office operations but to also provide them with a big picture of what it means to work for a socially responsible company," says SAFE Credit Union Financial Educator Savannah Brown.

Mesa Verde High School senior and intern Nicole Vasques says her internship has been a great opportunity and is thankful

volunteering is part of the program. "I think it's nice giving back to the community too," she says. "It's great to know we are here to help single parents."

The students spruced up the organization's two heavily used preschool and pre-K classrooms. The rooms provide space for up to 27 children each day and students enrolled in summer camps.

"We have 3- to 4- and 5-year-olds playing and running around all day, so clearly the walls get dirty," Taylor says. "We are really grateful to have the students come here to make sure the rooms stay warm and inviting. This makes such a huge difference."

Rio Linda High School Senior Jaiden Domingo says he enjoyed how the internship gave "a chance for us to give back to the community."

"More companies should give back," he says.

Danielle Yeater a senior at Cordova High School, said the opportunity to help out at the facility "shows that SAFE is a good company willing to get people out to volunteer."

At the Empowerment Center, Single Mom Strong serves nearly 800 local single mothers by hosting community events to create connections, providing life and career coaching, and disseminating free professional clothing.

During their two-week SAFE internship held through Friday, students learn about banking principles, receive resume-building guidance and engage in mock interviews and ice breaker practice sessions. They learn about marketing from professionals and this year will create a group marketing project for SAFE's three high school student-run branches, also at Cordova, Mesa and Rio Linda high schools. The interns will go on to work in the student-run branches this coming school year.

Mesa Verde High School Senior Noemy Garcia says she mostly valued learning about the interview process during her internship including, to "not to be someone else. Show your own personality."

The nonprofit Single Mom Strong began supporting single parents seven years ago, opening its Single Mom Empowerment Center five years ago. "We believe high quality childcare and early childhood education should be available even on a single budget income," says Taylor. ★

# Citrus Heights Arts Seeks to Enrich Culture Arts



Gigi Rayford, executive director and founder of the nonprofit Citrus Heights Arts.

Story and photo by Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - Citrus Heights Arts, a local non-profit organization, is actively working towards promoting and supporting the cultural arts in the city and the surrounding area.

Its director and founder, Gigi Rayford, mother of Citrus Heights city council member Porsche Middleton, describes its overall mission to "enrich the cultural life by providing opportunities for individuals of all ages and backgrounds to engage with the arts."

Rayford sees a thriving cross-generational local arts scene in Citrus Heights which needs more opportunities to come together and thrive.

Citrus Heights Arts was founded in 2016 and continues to host monthly events at the Sylvan Community Center at 7521 Community Center on the third Saturday of each month.

The nonprofit actively uses a wide range of social media to promote its ongoing events, workshops, and upcoming classes which Rayford said have resumed since the recent pandemic.

Rayford said she visualizes the non-profit Citrus Heights Arts as a broad networking community in the city where artists throughout can come together to collaborate and share their work with the public in whatever setting they might imagine.

"Through our programs and events, we aim to create a space where artists and art enthusiasts can truly connect, collaborate, and grow together," she said.

Citrus Heights Arts, in collaboration with Sunrise Marketplace and Marketplace at Birdcage announced plans to present ArtBeat, its own very first art and music festival in the Birdcage Shopping Center on Saturday, July 15th, but the event was cancelled due to a high heat weather advisory in the greater Sacramento area.

"Although the (July 15th) event didn't take place as planned, we remain committed to fostering the artistic spirit and

showcasing the incredible talents within our Citrus Heights community," Rayford said.

"We (Citrus Heights Arts) continue to host regular art exhibits at the Sylvan Community Center throughout the year, showcasing the work of local artists in a variety of mediums, from painting and sculpture to photography and digital art. All of our exhibits are open to the public and free of charge," she said.

Past public events have included Cookies with Santa Claus, and a celebration of Black History Month with performances by musicians, dancers and local artists.

"We have offered a variety of workshops and classes for artists of all levels, covering topics such as painting, drawing, printmaking, all taught by experienced artists and educators in a supportive and engaging learning environment," she said.

"At Citrus Heights Arts, we believe that everyone deserves access to the arts, regardless of their background or financial means."

Rayford said she continues to talk to local business owners about where public art exhibits or temporary installations might be featured for wider public view.

"I believe that the arts have the power to inspire, educate, and unite people, and I'm committed to fostering a thriving arts community in Citrus Heights," Rayford said.

"Art is more than aesthetics; it's a mirror reflecting our collective dreams and a bridge connecting us to our past, present, and future," Rayford said.

"Whether you're an artist, a volunteer, or a donor, there are many ways to support the mission of our non-profit Citrus Heights Arts to help us create a thriving arts community here in Citrus Heights," Rayford said. "If you believe in the power of the arts to transform lives and enrich communities, as I do, I encourage you to get involved with Citrus Heights Arts."

To learn more about Citrus Heights Arts, visit: [citrusheightsarts.org](http://citrusheightsarts.org). The website features additional information about upcoming ArtBeat public events, programs, classes and upcoming workshops. ★

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## Get Weller Sooner

Can you talk yourself out of being sick? Stan Munslow says you can. He has 12 powerful proven ways to speed and improve your recovery from illness or surgery. On POPPOFF Stan gave me the abbreviated version of what is in his book "Get Weller Sooner". He helped his own father beat 30% survival odds and fully recover fully from Stage 4 lymphoma. Take a look.

**1. THE POWER OF YOUR MIND.** The power of the mind-body connection is more profound and incredible than most people realize. You are in charge of your healing. Recognize and call upon the power your thinking has upon your body's ability to heal and overall state of health.

**2. THE POWER OF POSITIVE THINKING.** Since your thinking strongly influences your body it's important to keep positive thoughts. Think only the best thoughts about your body and your healing and recovery. Think only the best thoughts, PERIOD.

**3. THE POWER OF POSITIVE EXPECTATION.** Your expectations impact your health and healing to such a high degree that they drive virtually every medical outcome you will ever have. So expect the best regarding your body. Expect to heal. Expect to remain healthy thereafter.

**4. THE POWER OF INNER STRENGTH.** You need strength to fight and overcome your medical challenge. Know your inner strength is something that resides in all of us. Be strong simply by calling upon your inner strength. Know it will be there for you.

**5. BECOMING THE PERFECT PATIENT.** You reap what you sow. Be the perfect patient whom everyone likes and admires. Put out nothing but good,

pleasant, friendly, positive and cooperative energy throughout your healing and recovery.

**6. THE POWER OF LAUGHTER.** Laughter is instrumental in the healing process. Using the power of the internet, access all the comedy you can in whatever tickles you most. Laugh yourself to a speedy recovery.

**7. THE POWER OF MUSIC.** The same goes for music. Make playlists of soothing, healing music and listen to them throughout your illness even under anesthesia. Music's healing power has been scientifically proven.

**8. THE POWER OF AFFIRMATION.** Repeating positive statements is used by many of the greats in all fields. Infuse their powerful healing energy into your being as often as possible.

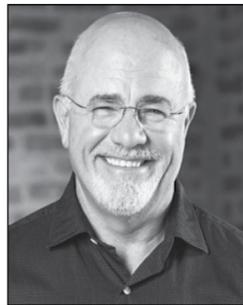
**9. THE POWER OF GOOD NUTRITION.** You are what you eat. Every cell in your body is something you ate in the past seven years. Eat only real food. Think plants and lean meat.

**10. THE POWER OF MEDICINE.** Believe – deeply believe in the power of any medications prescribed for you. Know they will work for you and trust in your doctor's ability.

**11. THE POWER OF PRAYER.** Prayer works. Pray for your healing daily and bring together a prayer circle of friends and loved ones to pray for your rapid recovery.

**12. THE POWER OF LOVE.** Love is all powerful. A loving spirit is a healing spirit. To love much is to live well and to be well.

Check out "Get Weller Sooner" to optimize the mind-body connection for better health. **STAY WELL!!!** ★



### It's a Guideline, Not a Rule

Dear Dave,

Is there any flexibility in your rule about not spending more than 25% of your take-home pay on rent or monthly mortgage payments? I live downtown in Washington, D.C., and I'm finding it's pretty hard to do here. I make about \$90,000 a year, but I'm spending a little over \$2,000 a month in rent. Rent is my largest expense by far, and I don't spend a lot of other money, so I'm still able to save a little and do other things. Can you give me your opinion about this approach?

– Tanner

Dear Tanner,

True, I advise people to spend no more than 25% of their take-home pay on housing. Math still works in every city and state in the country. You don't get a pass on math just because you live in Washington, D.C., even though Congress and a lot

## Dave Ramsey Says

of other people there think you do.

But there's really nothing magical about 25%. The purpose behind it is, I don't want you to be house poor. If you find yourself still able to save and invest because you keep other financial aspects of your lifestyle so low, then you're okay. The problem with most people starts when they've got a high cost of housing, and those payments put a real squeeze on their budgets. It doesn't leave them enough room to save up to buy the next car, so that car becomes debt. The same thing happens with Christmas and vacations and everything else. They don't have enough extra money to save for things because a huge chunk of their income is flying out the door every month wrapped up in rent or a house payment.

Now, you're telling me your situation works for you because you've made room in your budget and live a very frugal lifestyle by choice. That's cool. I'm not mad at you about that. But here's the thing: Whatever you spend on rent disappears. And the more money you burn, the less you've got on hand for other things.

I'm not exactly sure how you adjust that in your situation. Maybe you move outside the city and commute, or perhaps you add a roommate into the equation. Or, maybe you're fine with how things are and that's the way you want to live. That's okay too. But my reasoning behind the 25% figure—which is actually more of a guideline than a rule—is so you don't become house poor. I want you to be able to save, invest and give generously. Plus, I want you to own your own home one day.

And you won't be able to do that if everything you make is going toward big payments!

– Dave

\*Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★

## American Pickers to Film in California!



Follow Mike Wolfe and Danielle Colby as they hunt for America's most valuable antiques in the hit show American Pickers. Photo courtesy of Cineflix

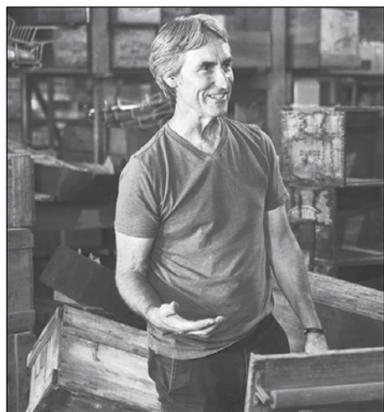
### Cineflix News Release

**SACRAMENTO REGION, CA (MPG)** - The American Pickers are excited to return to California! They plan to film episodes of The History Channel hit television series throughout your area in September 2023.

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find historically significant or rare items, in addition to unforgettable Characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

We at American Pickers continue to take the pandemic very seriously and will be following all guidelines and protocols for safe filming outlined by the state and CDC. Nevertheless, we are excited to continue reaching the many collectors in the



Mike Wolfe of American Pickers will be visiting area private collections to incorporate California stories and relics into The History Channel's documentary program. Photo courtesy of Cineflix

area to discuss their years of picking and are eager to hear their memorable stories!

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you! Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to: americanpickers@cineflix.com or call (646) 493-2184 facebook: @GotAPick ★



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# Social Security Matters

## When Should My Wife Claim Social Security?



**By Russell Gloor, AMAC Certified Social Security Advisor**

**Dear Rusty:** My wife will be 65 next year, and her full retirement age is 66 years plus 10 months. Can she collect 50% of my Social Security benefit at her full retirement age and then get her own higher personal amount at age 70? Her own amount at her full retirement age is \$1,100 per month but her age 70 amount is \$1,800. My Social Security is \$2,300. Suggestions welcome. Signed: *My Wife's Helper*

**Dear Helper:** Your wife cannot separate her spousal benefit from her personal Social Security retirement benefit – whenever she claims she will be automatically deemed to be filing for both her own benefit and her spousal entitlement. Thus, she cannot claim her spousal benefit first at her full retirement age and defer claiming her own SS retirement benefit until

she is 70. When your wife should claim is, essentially, a decision which should consider the urgency of her need for the money, her life expectancy, whether she will be eligible for a spouse benefit from you, and whether she is working.

If your wife claims before her full retirement age (FRA) and is working, she'll be subject to Social Security's "earnings test" which limits how much she can earn before some SS benefits are taken away (Social Security's earnings test goes away at FRA).

Average life expectancy for a woman your wife's age is about 87. If your current \$2,300 benefit is a result of you taking your Social Security at your full retirement age or earlier, then your wife will receive a small "spousal boost" from you. If she claims at her full retirement age, your wife's total Social Security payment will be 50% of the amount you were entitled to at your FRA and that will be her permanent amount, except for annual COLA increases. However, from what you've shared, your wife's age 70 amount is considerably more than her maximum spousal benefit so, if her life expectancy is long, that suggests she may wish to consider waiting until age 70 to claim her

own maximum benefit. By doing so, your wife will get more in cumulative lifetime benefits if she achieves average life expectancy.

The unknown factor is your life expectancy because, as your widow, your wife will be entitled to 100% of the amount you were receiving at your death, instead of the smaller amount she is receiving on her own or as your spouse. If life expectancy is long for both of you, then your wife maximizing her own benefit by waiting until age 70 to claim is a prudent choice. But if your, or your wife's, life expectancy is shorter, then your wife claiming at her full retirement age would be a better decision.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.* ★

# Gavin Newsom Channels Jerry Brown With Constitutional Amendment Proposal



**By Dan Walters, CALMatters.org**

When Proposition 13, California's iconic property tax limit measure, went before voters in June 1978, the state's governor, Jerry Brown, denounced it.

"It's a ripoff," Brown declared. "It's a long-term tax increase."

Two months later, after voters overwhelmingly endorsed the measure, Brown did a 180-degree pirouette, declaring himself a "born-again tax cutter."

"No new taxes," Brown promised. "Voters have told us they want a tax cut. They don't want a shell game."

Facing re-election to a second term later that year, Brown sponsored a state tax cut to obey, he said, the popular mandate.

Two months after winning re-election, Brown delivered his inaugural address and proposed an amendment to the U.S. Constitution requiring the federal government's budget to be balanced.

"A constitutional convention to propose an amendment to balance the budget is unprecedented, but so is the political paralysis that prevents necessary action," Brown said, blaming deficit spending for a sharp increase in inflation "as destructive to our social well-being as an invading army."

Thereupon, Brown

beseached the state Legislature to pass a resolution supporting his call for a constitutional convention, touching off a circus-like round of legislative hearings.

It was carefully orchestrated political theater, clearly aimed at carving out a platform for Brown's second run at the presidency in 1980 by portraying incumbent President Jimmy Carter as a spendthrift out of touch with popular support for austerity and tax cuts.

Brown garnered much media attention for his newly minted cause but his 1980 presidential run was a disaster, winning exactly one delegate to the Democratic convention. Carter later lost the presidency to Brown's predecessor as governor, Ronald Reagan.

This bit of political history is offered because it seems to be repeating itself 45 years later.

Gov. Gavin Newsom, who is obviously trying to raise his national political profile for whatever reason, is now embracing his own amendment to the U.S. Constitution, adding gun control provisions emulating those in California.

It would raise the legal age for gun ownership to 21, require universal background checks, impose minimum waiting periods and institute an assault weapons ban.

"We want to go on the offense and be for something and build a movement that's bottom up, not top down," he told Politico in advance of his announcement in June.

More recently, as a resolution was drafted in the Legislature to support Newsom's crusade, he castigated the U.S. Supreme

Court's gun control decisions, such as Brown had pinned inflation on Carter 45 years earlier.

"This Supreme Court is that bad," Newsom said. "The Bruen decision was that bad. When I say code red, this is code red. California's led the nation on common sense gun safety laws."

"And we have the receipts," Newsom added. "The efficacy of those laws is demonstrable. The data bears out – California's gun death rates significantly declined since California's leadership in this space."

The cause-and-effect relationship Newsom poses is questionable, because there are many other factors affecting violent crime. Moreover, the state's gun control laws are not as bulletproof as he implies.

California's assault rifle ban is something of a joke. The targeted firearms are readily available in gun stores after undergoing a few cosmetic alterations that do nothing about their lethality. While law-abiding gun owners must go through paper hoops to buy new firearms, there's a vigorous illicit market that allows the feloniously inclined to buy all the guns they want.

Like Brown's effort, Newsom's gun crusade is just a political stunt designed to garner him more national media attention. He has zero chance of getting his gun control amendment introduced, much less adopted, and he knows it.

*Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers.* ★

# Popular Vietnamese Sandwich Shop to Open Citrus Heights Location



Huong Lan Sandwiches will be opening its newest location in Citrus Heights at the Copperwood Square Shopping Center. Photo by Tamara Warta

**By Tamara Warta**

**CITRUS HEIGHTS, CA (MPG)** - Huong Lan Sandwiches is opening a new location in Citrus Heights. The popular Vietnamese sandwich shop already has locations in Rancho Cordova, Folsom, Sacramento, and Davis. The new Citrus Heights spot will be in the Copperwood Square shopping center.

Tim Lam, the owner of the new Citrus Heights location, already owns locations in Folsom and South Sacramento. Other members of the Lam family own more spots in Davis, Newark, Fresno and beyond. There is also a popular Rancho Cordova location.

In Citrus Heights, Huong Lan will be located in part of a 5,400-square-foot building, which will be split with a hair and nail salon. The space faces a busy corner Starbucks location and is also anchored by Planet Fitness and FoodMaxx. The end space location also includes a drive-thru – a feature that is currently unique only to the Folsom location. Lam did not respond to interview requests, but is represented by Broker Andy Jonsson, who recently told the Sacramento Business Journal the restaurant hopes to open within the next six months.

Huong Lan features a traditional Vietnamese quick-stop eatery menu, including pho and vermicelli bowls. But the true superstar of the chain's menu is its Banh Mi sandwiches. These

sandwiches come in a variety of combinations, and all are sold for under \$7, with the majority in fact costing only around \$5. This is a major pull for customers, considering the fact food prices have dramatically increased in recent years.

Huong Lan's Banh Mis are also popular because they bake their bread in-house. Some customers from the surrounding locations have reported a bit of a delay when ordering one of the sandwiches while more bread is being baked, but all agree it's worth the wait.

Steven Osterback, a regular visitor of the Folsom location, calls the chain "clean, friendly, authentic and fast." And as for that bread, "It's the best bread I've had in Folsom."

Another unique feature to Huong Lan is that you don't always have to wait until lunchtime to enjoy. While hours have not yet been announced for the Citrus Heights location, the Sacramento location opens at 7 am so customers can grab a Banh Mi Op La (french roll served with ham and sunny side up eggs) for breakfast. Other locations within the chain open at 10 am and also include this dish on their menus.

If you're new to Vietnamese cuisine, don't be intimidated by the authentic names for the dishes – Huong Lan's colorful menus include accurate photos of every drink and plate sold. It's a great spot for newcomers, and Citrus Heights residents will soon be able to experience for themselves what's so great about this longstanding chain. ★

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Carmichael, CA 95608

## FICTITIOUS BUSINESS NAME STATEMENTS

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05294**  
Sierra Christine Wallin, 9493 Dalton Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Lotus & Sage Beauty" 5120 J Street Suite D, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 13, 2023  
Publish: July 28, August 4, 11, 18, 2023  
**LOTUS** 8-18-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05484**  
Saad Mahmood Alahmadi, 5124 Modoc Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "AKAR Mobile Auto Mechanic" 5124 Modoc Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: August 4, 11, 18, 25, 2023  
**AKAR** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05490**  
Willey Enterprises Inc., 8430 Madison Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Roof Doctors" 8430 Madison Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: August 4, 11, 18, 25, 2023  
**WILFLEY** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05486**  
Balvinder K Balaghan, 9417 Kiefer Boulevard, Sacramento, CA 95876, and Noor Kiran Kaur, 2649 Giorno Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "N & R Food Mart" 3907 Stockton Boulevard, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 21, 2023  
Publish: August 4, 11, 18, 25, 2023  
**N&R** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05379**  
Debra Diane Walker, 6510 Elza Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Debbie's Jams" 6510 Elza Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
**DEBBIES** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05217**  
Jacqueline G Rios, 3636 Edison Avenue #37, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Beautiful Esthetics" 2717 Cottage Way Suite #8, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 11, 2023  
Publish: August 4, 11, 18, 25, 2023  
**BEAUTIFIED** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05369**  
Truist Medical & Behavioral Health Services, Inc., 6733 Pallazzo Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Truist PsychMD" 9245 Laguna Springs Drive Suite 200, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
**TRUIST** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05376**  
Rentsa LLC, 10757 Bellone Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "rents4baby" 10757 Bellone Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
**RENTS** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05360**  
Jessica Rahbar, 3182 L Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Epoxy Pro Services" 3182 L Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 17, 2023  
Publish: August 4, 11, 18, 25, 2023  
**EPOXY** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05544**  
Motorest Inc., 3401 Fulton Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Motorest" 3401 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 25, 2023  
Publish: August 4, 11, 18, 25, 2023  
**MOTOREST** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05605**  
Ratko Omickus, 5624 Whitney Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nena Flooring" 5624 Whitney Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 27, 2023  
Publish: August 4, 11, 18, 25, 2023  
**NENA** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05601**  
CalPlaySports LLC, 117 Miller Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "CalGamesWanted" 117 Miller Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 27, 2023  
Publish: August 4, 11, 18, 25, 2023  
**CALGAMES** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05574**  
Dan Hauck and Debbie Covey, 127 Lembi Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Premier Party Rentals" 127 Lembi Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: August 4, 11, 18, 25, 2023  
**PREMIER** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05535**  
Timothy Joseph Coddington, 6454 Larchmont Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Tankless Tim" 6454 Larchmont Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 24, 2023  
Publish: August 4, 11, 18, 25, 2023  
**TANKLESS** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05364**  
Breavetona Inc., 7880 Bradshaw Road, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Arthur Murray Sacramento Dance Centers" 7880 Bradshaw Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
**ARTHUR** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05580**  
Bader Darwish, 6637 Flaming Arrow Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Major Locksmith" 6637 Flaming Arrow Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: August 4, 11, 18, 25, 2023  
**MAJOR** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04462**  
Vladimir Kilyushik and Alena Kilyushik, 8309 Pinefield Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "VAK Siding and Decking" 8309 Pinefield Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 9, 2023  
Publish: August 4, 11, 18, 25, 2023  
**VAK** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04909**  
Enayah Muhajir, 12029 Roquefort Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "New Bourne Realty Group/New Bourne Realty" 12029 Roquefort Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 27, 2023  
Publish: August 4, 11, 18, 25, 2023  
**ENAYAH** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05373**  
PRIMEbusiness Construction Consulting LLC, 2518 Denison Drive, Davis, CA 95618 is doing business under the Fictitious Business Name(s) "PRIMEdesign" 455 University Avenue Suite 370, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 4, 11, 18, 25, 2023  
**PRIMEDESIGN** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05358**  
Haramain Inc., 646 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Ideal Market/Ideal Halal Market" 646 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 17, 2023  
Publish: August 4, 11, 18, 25, 2023  
**IDEAL** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05563**  
Permanent Investment Network LLC., 4921 Bowman Oaks Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Permanent Investment Network LLC/Global Field Inspection Services, LLC" 4921 Bowman Oaks Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 26, 2023  
Publish: August 4, 11, 18, 25, 2023  
**PERMANENT** 8-25-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05622**  
Stroy Inc., 6133 W 4th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Binrenter.com" 6133 W 4th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**BINRENTER** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05272**  
Alexander Alvarado, 14916 1/4 Inglewood Avenue, Lawndale, CA, 90260 is doing business under the Fictitious Business Name(s) "Bow's Chow Kitchen" 2108 N Street Suite #8492 Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 13, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**BOWS** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05742**  
S. Justice Enterprises, Inc., 3916 Hovnanian Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Scarlett Justice Properties" 3916 Hovnanian Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**SCARLETT** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05620**  
Emman Tos, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "PIE NICE" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**PIE** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05644**  
NORCAL BSBA, Inc., 3626 Fair Oaks Boulevard Suite #100, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Transworld Business Advisors Sacramento" 3626 Fair Oaks Boulevard Suite #100, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**NORCAL** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05320**  
GAWFCO Enterprises, Inc., 3669 Mount Diablo Boulevard, Lafayette, CA 94549 is doing business under the Fictitious Business Name(s) "65th St Union 76" 2893 65th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County July 14, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**GAWFCO** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05620**  
Sun City Towing and Auto Care, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sun City Towing" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**SUN** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05646**  
Barry Magee, 3529 Scorpio Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Chirpy Magee the Trivia Bird" 3529 Scorpio Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**CHIRPY** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05693**  
Emman Tos, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "PIE NICE" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**PIE** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05694**  
Kainat F Shaikh and Sujauddin S Saied, 42 Allard Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Fiat Lux Accounting" 42 Allard Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**BLESSED** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05746**  
Blessed Ones LLC, 15 Benoit Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Cienna Home Care II" 3866 Sea Forest Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**BLESSED** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05689**  
Monik LLC, 7893 Walerga Road Suite 102, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Maza Halal Food" 7893 Walerga Road Suite 102, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 1, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**MAZA** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05527**  
Maria Colamartino, 8133 Pollard Ave, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "MJ Wholesale" 8133 Pollard Ave, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 24, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**MJ** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05729**  
Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Process Server of California/CA Process Server" 6837 Fair Oaks Boulevard #7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 2, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**PROCESS** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05750**  
Jose Ramon Rodriguez, 5600 Rosario Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Jrods Tow and Transport" 5600 Rosario Boulevard, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**JRODS** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05754**  
Nancy Fox and Matthew Fox, 9692 Kent Street, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Coppertech" 2376 Gold Meadow Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**COPPERTECH** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05921**  
Golden State Price Inc., 5825 Auburn Boulevard Suite 3, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) Sacramento Furniture Store" 5825 Auburn Boulevard Suite 3, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**COPPERTECH** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05742**  
S. Justice Enterprises, Inc., 3916 Hovnanian Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Scarlett Justice Properties" 3916 Hovnanian Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**SCARLETT** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05742**  
S. Justice Enterprises, Inc., 3916 Hovnanian Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Scarlett Justice Properties" 3916 Hovnanian Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**SCARLETT** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05744**  
Eat Cake LLC, 8139 Sunset Avenue #160, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eat Cake!" 8367 Hidden Valley Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 11, 18, 25, Sept 1, 2023  
**CAKE** 9-1-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05372**  
Reuben Nazareno, 2880 Sunrise Boulevard #110, Rancho Cordova, CA 95742 and Matthew Cabrera, 9153 Elk Grove Boulevard, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Real Estate America Rancho Cordova/Real Estate America Team" 2880 Sunrise Boulevard #10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 18, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**REAL** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05541**  
YC ENT, 1009 10th Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Chelsea" 1009 10th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 25, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**CHELSEA** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05853**  
Illighen LLC, 8177 Dunisch Road, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Kuneho" 8177 Dunisch Road, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 7, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**KUNEHO** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05423**  
Norma Laura Ramirez Miranda, 1901 E Constantine Avenue, Las Vegas, NV 89101 is doing business under the Fictitious Business Name(s) "All Good Things". 2900 Stewart Avenue, Las Vegas, NV 89101. Filed with the Clerk of Sacramento County July 20, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**ALL** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05651**  
Aim High RE Inc, 4080 Truxel Road #100, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Aim High Coaching/AimHigh Coaching". 4080 Truxel Road #100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**AIM** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05759**  
Go 4 Pizza Inc., 7195 Murieta Drive #218, Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name(s) "Go 4 Pizza" 7195 Murieta Drive #218, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**PIZZA** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05410**  
Yevheniy Shestakov, 5584 White Fir Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "CARGOEXPERT" 5584 White Fir Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 19, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**CARGOEXPERT** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05781**  
Vehicle Accident Reporting Solutions, 3442 Whitnor Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Vehicle Accident Repairing Solutions/V.A.R.S." 3442 Whitnor Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 4, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**VEHICLE** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05672**  
Dmitry Ozeruga, 7047 Cross Drive, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Principal Accounting & Bookkeeping". 7047 Cross Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**PRINCIPAL** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05754**  
Nancy Fox and Matthew Fox, 9692 Kent Street, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Coppertech" 2376 Gold Meadow Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 18, 25, Sept 1, 8, 2023  
**COPPERTECH** 9-8-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06131**  
Eduardo Ceballos Perez, 7640 Auburn Boulevard #17, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Eddy's Beauty Salon" 7973 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 17, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**EDDYS** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05984**  
Patrick Kuenster, 5612 Beauregard Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Luto Catering" 5612 Beauregard Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**LUTO** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05985**  
Fresh Kitchen Express Inc., 9501 Shadowrock Way, Sacramento, CA 95624 is doing business under the Fictitious Business Name(s) "Moc Quan" 6035 Stockton Boulevard Suite A, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 11, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**MOC** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05717**  
Moseitta Peppers, 5123 Engle Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Speechless Moments" 5123 Engle Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**MOC** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05916**  
Himalayan Transportation Inc., 3200 Truxel Road #146, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Alac Business Services" 3200 Truxel Road #146, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 16, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**ALAC** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05912**  
Industrial Sonlight Corp, 5824 Overhill Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Maxcom/Sonlight Communications" 6105 Main Avenue Suite 14, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 9, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**MAXCOM** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06106**  
Himalayan Transportation Inc., 3200 Truxel Road #146, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Alac Business Services" 3200 Truxel Road #146, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 16, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**ALAC** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05146**  
Slayed By Kandy LLC, 836 57th Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Slayed By Kandy/SBK Boutique" 836 57th Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 10, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**SLAYED** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05647**  
Emily Christine Productions LLC, 4803 Windsong Street, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Emily Coyne Events" 4803 Windsong Street, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**EMILY** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06022**  
Angelica Aiello, 8150 Monte Park Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Angelica's Auto Sales" 6385 Auburn Boulevard #B4, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 14, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**ANGELICA** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05735**  
CDLEW Business Services, Inc., 5445 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River City Business Services" 5445 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 3, 2023  
Publish: August 25, Sept 1, 8, 15, 2023  
**RIVER** 9-15-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05979**  
Roman Mankovskiy, 6941 Brookhaven Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Nomad Construction Supplies" 6941 Brookhaven Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 11

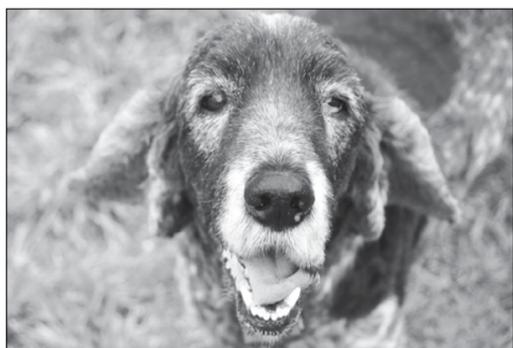
# Senior Dogs at Sacramento SPCA Fetch Grant

Send2Press  
Newswire Release

**SACRAMENTO REGION, CA (MPG)** - Old dogs have something to wag about this summer, as The Grey Muzzle Organization announces the recipients of its annual grants, and dogs at the Sacramento SPCA are among the winners. The Sacramento SPCA is one of 90 animal welfare groups chosen from 370 applicants to receive a grant to help local senior dogs. The winning groups received \$848,000 in grants to help save or improve the lives of at-risk old dogs in their communities.

“This grant will help us give senior dogs like 13-year-old Roxie the veterinary care they need to live happy and healthy lives with loving families,” said Dawn Foster, Sacramento SPCA Director of Marketing & Communications. “No one is more grateful or loving than an old dog, and we’re looking forward to helping more senior dogs get the second chance they all deserve.”

Over the past 15 years, the national nonprofit Grey Muzzle



Over the past 15 years, the national nonprofit Grey Muzzle Organization has provided more than \$4.6 million in grants to support its vision of “a world where no old dog dies alone and afraid.” Image by Wallula from Pixabay

Organization has provided more than \$4.6 million in grants to support its vision of “a world where no old dog dies alone and afraid.”

“Thanks to the generosity of our donors, we’re delighted to help deserving organizations like the Sacramento SPCA make a difference in the lives of dogs and people in their communities,” Grey Muzzle’s Executive Director Lisa Lunghofer said. “Many senior dogs in the Sacramento region are enjoying their golden years in loving homes thanks to the wonderful work of the Sacramento SPCA.”

As the only full-service 100% nonprofit

animal shelter in the Sacramento region, the Sacramento SPCA relies on donations from individuals, businesses, and foundations to support their lifesaving work. They are local, independent, and not affiliated with any other SPCA or humane society, including the ASPCA. All funds stay right here in the Sacramento region - helping animals - and the people who love them - in our own communities.

For more information about the Sacramento SPCA visit <https://www.sspca.org/>.

Learn more about The Grey Muzzle Organization here: <https://www.greymuzzle.org/>. ★

# County Receives \$43 Million Bridge Housing Award

Continued from page 1

agencies such as Primary Care for medical support, the Department of Human Assistance (DHA) for benefits, Managed Care Providers for Enhanced Care Management (ECM), and additional linkages to enhance the provision of services. These collaborations ensure that individuals experiencing homelessness receive the necessary support and resources to improve their overall well-being.

“Through the power of compassion and investment, the \$43 million bridge housing award to Sacramento County is a significant step in transforming lives and communities,” says Sacramento County Behavioral Health Director Dr. Ryan Quist. “This funding will help behavioral health expand comprehensive bridge-housing supports for those in need.”

To address the diverse needs of individuals experiencing homelessness, a phased approach will be adopted for individuals entering the

program. New participants will enter Safe Stay beds, sober living facilities, or board and care homes to stabilize their health and safety and determine eligibility for housing programs. Once stable, they will move to other BHBH interim beds, where they will receive life skills training and housing navigation services. Finally, participants ready for permanent housing will receive intensive housing navigation services, utilizing rental assistance funds from the grant, to secure and transition into stable housing.

The \$43 million BHBH award to Sacramento County is another significant step towards addressing homelessness and providing vital support to individuals living with serious mental illness and experiencing housing instability. With expanded interim housing options and comprehensive services, this funding has the potential to transform lives and create lasting positive change within the community. ★



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**ORDER TO SHOW CAUSE CHANGE OF NAME**

Publish: August 11, 18, 25, Sept 1, 2023  
 JAMES 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005717

Ahmad Farid Abrahami has filed a petition with this court for a decree changing the name(s) of Mohammad Emran Abrahami to Emran Abrahami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 12, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 AHMAD 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005796

Corina Michelle Cristodore has filed a petition with this court for a decree changing the name(s) of Corina Michelle Cristodore to Corina Michelle Cahya.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 17, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 2, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 CORINA 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005828

Nghia Gia Dao has filed a petition with this court for a decree changing the name(s) of Nghia Gia Dao to Tony Dao.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 17, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 2, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 NGHIA 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005713

Mohammad Naqib Jami Jami has

filed a petition with this court for a decree changing the name(s) of Mohammad Naqib Jami Jami to Naqib Jami and Ahmad Raghbi Jami to Raghbi Jami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 1, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 JAMI 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005565

Nellie Makovsky; AKA Nelya Makovskaya has filed a petition with this court for a decree changing the name(s) of Nellie Makovsky; AKA Nelya Makovskaya to Nellie Kandybenko.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 31, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 26, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 NELLIE 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005714

Fazl Ahmad Ahmadi has filed a petition with this court for a decree changing the name(s) of Ahmad Sodais Ahmadi to Sodais Ahmadi and Ahmad Ozair Ahmadi to Ozair Ahmadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 1, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 AHMADI 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV002411

Marcus Bernard Smith II has filed a petition with this court for a decree changing the name(s) of KALEIYAH MAKARA SMITH to Kaleiyah Makara Smith and MARCUS BERNARD SMITH III to Marcus Bernard Smith III.

IT IS ORDERED that all persons interested in the above-en-

itled matter appear before this court on September 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 30, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: August 11, 18, 25, Sept 1, 2023  
 MARCUS 9-1-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV005742

Asif Nazir has filed a petition with this court for a decree changing the name(s) of Mohd. Harrih Nazir to Mohammad Harris Nazir.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 12, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: August 18, 25, Sept 1, 8, 2023  
 ASIF 9-8-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV006184

Rejino Cervantes Orbeta has filed a petition with this court for a decree changing the name(s) of Rejino Cervantes Orbeta to Regino Cervantes Orbeta.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 8, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 8, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: August 18, 25, Sept 1, 8, 2023  
 REGINO 9-8-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV006752

Jean Marie Ogawa has filed a petition with this court for a decree changing the name(s) of Jean Marie Ogawa to Jeanie Marie Ogawa.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 25, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 15, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: August 25, Sept 1, 8, 15, 2023

JEAN 9-15-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV006405

Patricia Kim Roberts AKA Patricia Kim Haley has filed a petition with this court for a decree changing the name(s) of Patricia Kim Roberts AKA Patricia Kim Haley to Patricia Kim Roberts Moseley.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 24, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 9, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: August 25, Sept 1, 8, 15, 2023  
 PATRICIA 9-15-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #23CV006318

Chelly Canyon and Sabrina Garcia Canyon has filed a petition with this court for a decree changing the name(s) of Liam Ernest Canyon to Liam Ernest Sagar Canyon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 14, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 9, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: August 25, Sept 1, 8, 15, 2023  
 CANYON 9-15-23

**NOTICE OF PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN THOMAS LUKENS CASE NO. 23PR000722

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of John Thomas Lukens.

A Petition for Probate has been filed by James Lukens, in the Superior Court of California, County of Sacramento, requesting James Lukens be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain

very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 30, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: James Thomas Luken, 14 Myrtle Street 2nd Floor, White Plains, NY 10606; 916-712-4161  
 Publish: August 11, 18, 25, 2023  
 LUKENS 8-25-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF LOIS SELER CASE NO. 23PR000595

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lois Seler.

A Petition for Probate has been filed by Renee Ricci, in the Superior Court of California, County of Sacramento, requesting Renee Ricci be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval.

Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 21, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Renee Ricci, 8773 Noble Fir Lane, Elk Grove, CA 95758; 916-214-0730  
 Publish: August 18, 25, Sept 1, 2023  
 RICCO 9-1-23

**STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME**

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF20232-05249

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Village Venue Rentals, 5210 Excelsior Road, Sacramento, CA 95827.

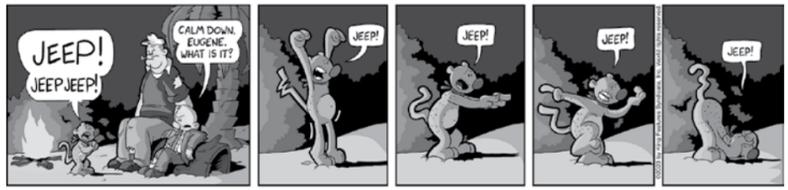
Advancebay Inc., 5210 Excelsior Road, Sacramento, CA 95827. The Fictitious Business Name Statement was filed on 7/12/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 7/12/2023. Publish: August 4, 11, 18, 25, 2023  
 VILLAGE 8-25-23

# COMICS & PUZZLES

## The Spats



by Jeff Pickering



## Amber Waves

by Dave T. Phipps



## Out on a Limb

by Gary Kopervas



## HOCUS-FOCUS

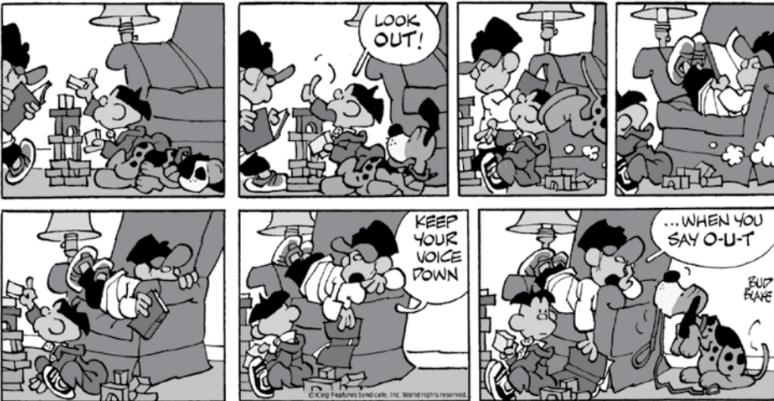
BY HENRY BOLTINOFF

Find at least six differences in details between panels.

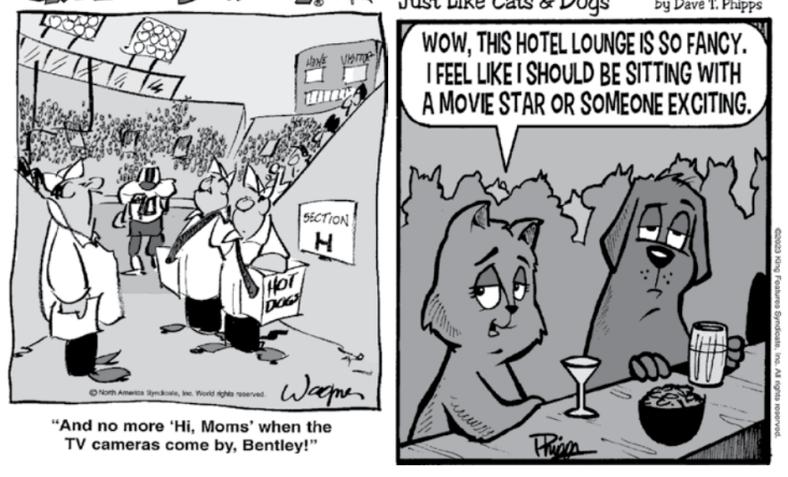


## TIGER

by BUD BLAKE



## GRIN and BEAR IT



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## STATEPOINT CROSSWORD • FOOTBALL

**CLUES**

**ACROSS**

- Brainchild
- Gravestone wish
- Paleozoic one
- Pressing tool
- Senegal's neighbor
- Literary theme
- Scissors sound
- Final notice
- \*Notre Dame's Fighting \_\_\_\_\_
- \*Home of the first Super Bowl winners
- National League Pennant series, acr.
- Steer clear
- \*"Glee" actress \_\_\_\_\_ Michele
- Beffuddled
- \*One of 4 NFL teams sharing a home field
- Fish story
- Stockings
- \*"Doggone it!"
- Rand McNally book
- Mozart's "L'\_\_\_\_ del Cairo"
- Whiskey drinks?
- Comedy act
- Be more of a fox
- Dead or Black, e.g.
- Obliquely
- Roof supporter
- High or low card
- Employer's good news
- Hyperbolic tangent
- \*College player not using eligibility
- Beastly person
- Double-reed instrument
- \*Nike Pegasus 39
- Smidgeons
- Paddleboarding acronym, pl.
- Seaside bird
- \*Thirty-\_\_\_\_ teams in NFL
- \*"Ravens" or Lions' time, acr.
- \*Rushing unit

**DOWN**

- \_\_\_\_ Now or Never"
- "Shoot!"
- Arabian bigwig
- Fund-raising letter
- Torah teacher
- Homer's famous poem
- Feel for
- Larger-than-life
- A Supreme singer
- Emerald \_\_\_\_ borer
- Poet's death lament
- Fungal skin infection
- \*Home of the Citrus Bowl in Florida
- Not odds
- Lily, in French
- Unfortunately, exclamation
- \*a.k.a. Iron Mike
- Charcuterie stores
- Nibble away
- Have faith
- Ranee's wrap
- Lummox
- Calendar abbr.
- Russian autocrat
- \*Home to College Football Hall of Fame
- Secret supply
- \*Extra point
- Van Gogh flowers
- Partners of pains
- Spirited

**CROSSWORD**

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# A Battle Lost, But a War Not Over — Save Our Capitol! Continues

**Perry Communications Group News Release**

**SACRAMENTO, CA (MPG)** - As hard demolition of the historic Capitol Annex began early in July, former state legislators, business leaders, preservationists, environmentalists, and others continue to express their disapproval of the \$1.2 billion Capitol Annex Project. Despite pleas by a supermajority of Californians to reconsider this damaging project, particularly in light of a budget deficit, the Legislature has continued to bulldoze ahead.

“The Capitol Annex certainly had issues, but this was to be expected for a building that was built more than 70 years ago, and had never been properly maintained; however, what the Legislature has failed to tell the public is that the entire premise for demolishing the Annex was built on a lie,” said Richard Cowan, former Chair of the Historic State Capitol Commission and representative of Save Our Capitol! “After multiple Public Records Act requests, there is no documentation that shows the building could not have been rehabilitated for a fraction of the proposed \$1.2 billion cost. Instead, the Legislature used “Demolition by Neglect” shamefully to destroy this iconic building that was listed in the National Register of Historic Places. Yet, because of a court decision that found the Legislature violated California’s landmark environmental quality act, the Legislature is not allowed to build the new Annex until a revised final Environmental Impact Report which complies with CEQA is certified—meaning the Legislature is bulldozing forward with demolishing an historic building despite having no approved building plans.”

Following the court’s decision, the Department of General Services (DGS) was required to recirculate a revised Environmental Impact Report to



**Opposition continues to mount against the controversial Capitol Annex Project urging Governor Gavin Newsom to reconsider the project.** Image provided by Perry Communications Group, Inc.

allow the public to fully review and comment on the plans for the Capitol Annex, West Steps, and new underground parking garage. The Recirculated Draft Environmental Impact Report (RDEIR) became available on April 8 for public review and comment. On April 18, DGS held an informational hearing about the RDEIR changes, and received additional public comments during hearings on May 16 and June 6, with the official comment period closing on June 15. Individuals, organizations, and legislators submitted comments criticizing the proposed new Annex designs, citing concerns with aesthetics, compatibility with the historic Capitol, and safety of the planned glass skin exterior. Equally significant to the historic Capitol’s preservation, comments also were made regarding the destruction of the iconic West Steps for a visitor center, and concerns raised that trees have already died when they were supposed to be protected and relocated.

“The proposed renderings for the visitor center have shown that

the West Steps will be unidentifiable and the Plaza, which provides California’s citizens with a place to assemble, rally, and demonstrate will be greatly impacted, as space will be limited (Appendix C, Pgs. 201-203). California Highway Patrol officers have stated that the design will not allow people to gather on the proposed lower level, as it will block an entrance/exit and grossly limit demonstration capacities,” said Kate Riley, representative for Public Accountability for Our Capitol. “We absolutely cannot allow this vital place that has been used for decades to exercise our First Amendment rights to be closed off and changed for the worse. Future generations deserve better.”

Public comments also pointed out the problems with the placement of the visitor center, as well as the discrepancies within the RDEIR:

“In addition to destroying the historic integrity of the West side of Capitol Park, locating the entrance to the visitor center below the Historic Capitol Building, drastically changes the appearance of its West (primary)

façade. It is no longer the front of a beautiful 1874 building with stairs leading up to a grand portico and equally grand entrance doors. Instead, it is an 1874 building sitting incongruously on top of the 21st century entrance to the visitor center, the flat roof of which has a large skylight in the center of it and expands out into what once was the historic West Plaza.” (Karen Jacques, Preservation Sacramento.)

“Given the substantial changes to the design and the increased impacts that result, the revised EIR should not have been limited to the subjects that the Court identified, but instead requires subsequent evaluation of all environmental impacts, as provided under CEQA Guidelines 15162.” (Nicole Sauviat Criste, Terra Nova Planning and Research, Inc.)

“The new West Entrance for the Visitor Center covers the original Greek Revival architecture including the columns, capitals, cornice, doors, and other historic and significant features. The proposed West Entrance destroys the existing historic West steps, the West

lawn, plaza, and the major entry to the Capitol. The West Plaza and Capitol Steps of the original restored Capitol—the site of innumerable marches, speeches, and celebrations—will be eliminated by a Visitor Center with a theme-park-style entrance.” (Milford Wayne Donaldson, an award-winning Architect, Former California State Historic Preservation Officer (CA SHPO), and Former Chair of the Advisory Council on Historic Preservation, appointed by President Obama.)

“The new Annex disrespects and overshadows the iconic dome with its large size and reflective glass façade. It denigrates the most important historic governmental landmark in California. The new Annex is substantially over size for the existing historic Capitol and results in the diminution and loss of the historic character of the Capitol.” (Milford Wayne Donaldson.)

Former legislators continue to come out in opposition to the controversial Capitol Annex Project. Most recently, former State Senate President Pro Tempore, Don Perata, penned a letter to Governor Gavin Newsom urging him to reconsider the project, and move forward with alternative designs that don’t waste money or decimate state history. Former Congressman Sam Farr also has expressed his disapproval of the project as a whole, stating, “At this pivotal time, rather than erase this irreplaceable site of historic governance by historic individuals, I urge you to embrace and to protect the State Capitol in its entirety.”

Save Our Capitol! is dedicated to saving the entire historic West side of the Capitol. While the historic Annex has been thrown away by the Legislature, the West Lawn, West Plaza, and West Steps still can be preserved and remain a pivotal place for California politics, and, importantly, the historic site for the people to participate in self-government at the people’s Capitol. ★

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**FROZEN & FISH DEPT**

Yellow Croaker 200/300 REG. \$22.99/box <b>\$14.99/box</b>	Salted Mackerel 2.2 lbs REG. \$15.99/ea <b>\$11.99/ea</b>
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**ASIAN GROCERY**

Prepandly 33A Instant Rice Noodle 3.3 lbs \$6.99	D&B Sweet Soy Sauce 21.3 Oz \$2.99	Argo Corn Starch 16 oz \$2.79	Lee Kum Kee Pure Sesame Oil 15 Oz \$7.99	Shelly Sabel Rice Crackers Seaweed Flavor 5.64 oz \$2.99
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Beef Cross Rib/Shoulder Roast - Brnls \$3.99/lb	Beef Ribeye Roast - Boneless \$6.49/lb	Beef Ribeye Steak - Boneless \$6.99/lb
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Product of Korea White Rice 20 lbs \$19.99	Pacific Sherry 400 gr \$3.99	Dessert Milk Spangling 2.2 lbs \$2.99	Son Vang Spicy Noodle Soup 4 x 3.58 oz \$4.99	Boiled Silk Yarn 1.5 oz \$1.29	Soft Drink (Mojito Rice) 1.5 liters \$2.99
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**HOUSEWARES**

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**FROZEN & FISH DEPT**

Dried Pollack 200 g REG. \$16.99/ea <b>\$12.99/ea</b>	European Deli Pitted Green Olives \$8.19	European Deli Pined Green Olives \$4.09	European Deli Green Olives Stuffed with Almonds \$5.39
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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE AUGUST 23 - AUGUST 29, 2023.

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**2 FREE CANS FANCY FEAST CAT FOOD**  
 3 Oz. All Varieties  
 Except Elegant Medley & Naturals  
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 Limit: 1 Coupon Per Family PLU 321 CHM  
 Effective 8/23/23 - 8/29/23

**COUPON**  
**\$5.00 OFF**  
 ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items.  
 Limit 1 PLU 351 CHM  
 Limit: 1 Coupon Per Family  
 Effective 8/23/23 - 8/29/23

Check for Advertised Sale Items Everyweek at [www.petclubstores.com](http://www.petclubstores.com)

<p><b>BLUE BUFFALO DRY DOG FOOD</b>              30 Lb Bag Limit 2 Bags              •Chicken (Regular &amp; Large Breed)              •Fish &amp; Oatmeal •Puppy (Reg &amp; Large Breed)              •Senior (Reg &amp; Lrg Breed)              •Lamb &amp; Rice              •Weight Control (Reg &amp; Lrg Breed)  <b>\$5 OFF</b>              Our Regular Prices!              Effective 8/23/23 - 8/29/23</p>	<p><b>PRO-PLAN DRY DOG FOOD</b>              30-35 Lb Bag              •Chicken &amp; Rice •Beef &amp; Rice              •Performance •Weight Control              •Sensitive Skin &amp; Stomach              Limit 2 Bags per Family  <b>\$5 OFF</b>              Our Regular Prices!              Effective 8/23/23 - 8/29/23</p>	<p><b>PURINA KIT N' KABOODLE DRY CAT FOOD</b>              16 Lb Bag              Limit 2 Bags Per Family  <b>\$13.99</b>              Effective 8/23/23 - 8/29/23</p>
<p><b>FRISKIES BUFFET CANNED CAT FOOD</b>              5.5 Oz Selected Varieties              Limit 2 Cases Per Family  <b>ON SALE Everyday</b>              Effective 8/23/23 - 8/29/23</p>	<p><b>FUSSIE CAT PREMIUM CANNED CAT FOOD</b>              2.8 Oz.              •Black Label •Gold Label              Limit 2 Cases Per Family  <b>ON SALE</b>              Effective 8/23/23 - 8/29/23</p>	<p><b>TIDY CATS SCOOPABLE CAT LITTER</b>              20 Lb Jug              •Regular •Unscented              Limit 2 Jugs Per Family  <b>ON SALE</b>              Effective 8/23/23 - 8/29/23</p>
<p><b>HI-COUNTRY WILD BIRD SEED</b>              20 Lb Bag              (Kaytee, 20 Lbs - \$10.99)              (Audubon Friends, 20 Lbs - \$9.99)              Limit 2 Bags Per Family  <b>\$9.99</b>              Effective 8/23/23 - 8/29/23</p>	<p><b>WELLNESS CANNED CAT FOOD</b>              5.3 Oz Can              •Pate •Gravy Selected Varieties              Also •Signature Select •Core              Full Case              Limit 1 Case  <b>15% OFF</b>              Our Regular Prices!              Effective 8/23/23 - 8/29/23</p>	<p><b>WELLNESS CANNED DOG FOOD</b>              Natural 12.5 Oz              •Regular •Stew •Core              Full Case              Limit 2 Cases  <b>15% OFF</b>              Our Regular Prices!              Effective 8/23/23 - 8/29/23</p>
<p><b>EVERCLEAN PREMIUM CAT LITTER</b>              25 Lb Box              •Extra Strength Unscented              •Unsented Ever Fresh              Limit 2 Boxes  <b>\$15.99</b>              Effective 8/23/23 - 8/29/23</p>	<p><b>HAMILTON &amp; COASTAL PET LEASHES</b>              All Varieties              •Leashes              •Harnesses              •Leads              •Collars  <b>20% OFF</b>              Our Super Low Prices!              Effective 8/23/23 - 8/29/23</p>	<p><b>REDBARN NATURAL DOG TREATS</b>              •Bully Treats •Antlers •Bully Sticks              All Varieties except Mammoth Bone \$9.99  <b>20% OFF</b>              Our Super Low Prices!              Effective 8/23/23 - 8/29/23</p>