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Citrus Heights Messenger

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Serving the City of Citrus Heights & Sacramento County

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2023 AND YOU

By Mary Jane Popp



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Vets Get All Jazzed Up



Performing at the Citrus Heights Veterans Community Center on January 21, Moon Glow is well known in the community performing at all venues both public and private.

Story and photos by Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - On Saturday, January 21, jazz band Moon Glow *Pleasant Memories* performed at the Veterans Community Center of Citrus Heights. The concert was packed with audience favorites from the 1930's to the 1980's.

Band leader and singer Tom Carpenter played a mean saxophone for many of their songs. Each song



Service dog 'Ducky' being silly on break with student volunteers working the refreshment stand at the Veterans Community Center winter jazz concert.

came with its history and some surprising trivia on the artist. Their first piece, 'Moonglow' from 1930's

swing era set the tone for the evening, followed by the Star-Spangled Banner.

Carpenter introduced 'Proud Mary' saying that John Fogerty was a Vietnam era veteran. He served in the Army Reserve in the 1960's. He introduced Glenn Miller's number one dance tune, "In the Mood," stating he also was a veteran. Miller, considered "father of the modern US military bands" according to Wikipedia, *Continued on page 3*

California Loses Population Again

Commentary by Ted Gaines

California reigned for decades as the unmatched destination for people around the country. Now people can't leave fast enough. Recently released numbers from the U.S. Census Bureau indicate that between July 2021 and July 2022, California lost roughly 343,000 residents to other states. This number is a "domestic net migration" figure, meaning that 343,000 more Americans moved out of California over those 12 months than moved here from other states.

Where are they going? The number-one net migration winner over that period was Florida, which gained around 319,000 residents from other states.

It's too easy to say exclusively that Newsom is driving people out of state and Florida Governor Ron DeSantis is attracting them, but to the extent the two governors symbolize different approaches to taxation, regulation, and liberty, it holds true. People are leaving Newsom-like states and flocking to DeSantis-like states. If you want to handicap the 2024 presidential election, this is a good place to start.

The states shedding domestic population are progressive strongholds, with extensive regulatory regimens, strong public employee unions and other Democrat policy priorities. They are, simply, big government states. High tax, high cost of living states. Joining California in the top five net losers are New York, Illinois, New Jersey, and Massachusetts.

States attracting Americans are lower-cost, lower-tax, Republican strongholds. Trailing Florida in the top five net gainers are Texas, North Carolina, South Carolina, and Tennessee.

And even if your individual tax burden is not too bad in California, big government, supported by high taxes (regardless of who pays them) indicates a mindset that the state should always be doing more and additional money for government is inherently good.

This bigger-is-better approach leads to government solutions in search of problems.

It's why California government seeps into every crack of your life, blocking the exercise of what *Continued on page 3*

New Pet Food Express to Open in Sunrise MarketPlace

Story and photo by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Renovations to the site of a former Men's Warehouse store in Sunrise MarketPlace in Citrus Heights for occupancy by a new Pet Food Express retail store have begun.

The new store at 6177 Sunrise Boulevard in Citrus Heights facing the Sunrise Mall is located in front of a Walmart grocery store and is just adjacent to the Lowe's Home Improvement Center.

Kathilynn Carpenter, executive director for Sunrise MarketPlace, last week confirmed the upcoming opening of Pet Food Express, stating that an opening date was possible in late summer 2023.

Workers erected temporary fencing around a construction site entrance facing Sunrise Boulevard. Late last week a construction crane lifted new



A Pet Food Express store is set to open in the summer of 2023 at 6177 Sunrise Boulevard in Citrus Heights.

heating, ventilation, and air conditioning (HVAC) equipment onto the store roof for future installation.

Pet Food Express, established in 1986, and headquartered in Oakland, Calif., recently opened its fifth store in Southern California, joining 54 stores in Northern California.

Local store locations are in Roseville, Sacramento and El Dorado Hills. The retail chain offers organic pet food, with a focus on premium brands, other pet supplies, and self-service dog washing facilities.

A telephone call to Pet Food Express corporate office in Oakland for

confirmation of the new Citrus Heights location and for further comment was not returned.

Once open, the new Pet Food Express will join two pet specialty retailers in Citrus Heights; PetSmart at 6434 Sunrise Boulevard, and Ben's Barketplace at 7935 Greenback Lane. ★

Read More at www.CitrusHeightsMessenger.com

Say YES! to Youth Employment in Citrus Heights

Story and photos by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - PRIDE Industries of Roseville has opened its new Youth Employment Services (YES!) program in the newly reopened Career Hub on 7011 Sylvan Road in Citrus Heights. The hub celebrated its reopening last week after a two-year hiatus due to the pandemic where YES! will be its signature program, said Jeff Dern, its president and chief executive officer.

Dern and Dr. Jennifer Camota-Luebke, PRIDE Industries chief workforce inclusion officer were on hand for a ribbon cutting ceremony in Citrus Heights with Carlos Perez, a work force inclusion manager for youth services.

Gabriel Windsor, an intern at MealPro, a meal preparation and delivery service in Citrus Heights also spoke and especially thanked those who helped him obtain his internship and the support he received through the YES! Program.

The YES! program is designed to assist people aged 16-24 in Sacramento and Placer counties, giving them critical skills which they need to succeed in their chosen careers and to live independently. The Career Hub also helps adults with disabilities train for and secure employment.

PRIDE Industries and Crossroads Diversified Services, Inc., two leaders in providing employment training, support, and job creation for people with disabilities recently combined operations. Their Sylvan Road offices were formerly known as Sacramento Works. Representatives describe PRIDE's expertise in serving people with intellectual and developmental disabilities as blending well with Crossroads' specialty in mental health-related disabilities resulting in what they said will be enhanced employment training and



Above Left: Gabriel Windsor, a youth whose internship at MealPro in Citrus Heights is being funded by the YES program of PRIDE Industries; center - Jeff Dern, president and chief executive officer, PRIDE Industries; right: Carlos Perez, work force inclusion manager for youth services, PRIDE Industries. Below: Jeff Dern, president and chief executive officer, PRIDE Industries.

support services for people with disabilities.

"We're excited to re-open the Career Hub and resume offering a comprehensive range of county, state and federally funded programs to youth and adults with disabilities and other barriers to employment," said Dr. Jennifer Camota-Luebke. "The addition of the Youth Employment Services Program will allow us to provide employment preparation and on-the-job support specifically tailored to young adults.

"Our goal is to be a one-stop shop for opportunity youth where we can bring all much-needed services together under one roof where we can create a seamless training and support experience

for program participants," she said. The YES! program was funded by grants from multiple philanthropic and governmental organizations, including the



Kelly Foundation, Teichert Foundation, Walter S. Johnson, Our Little Light Foundation, Golden One, U.S. Bank of Northern California, the City of Citrus Heights through a community block grant.

"We're grateful for and acknowledge all of our community partners and sponsors who contributed over \$450,000 to help launch this program which will help so many in this community," Dern said in his opening remarks.

It's estimated that there are 2,000 such youth in Sacramento and Placer counties," said Carlos Perez, work force inclusion manager for youth services at PRIDE Industries.

"Our peer employment

specialists will be able to connect with program participants through shared experiences, enabling us to help this young population where they need it the most," he said.

Some 20 to 25 staff members will help participants in this YES! program who are between the ages of 16-24 who have disabilities, Camota-Luebke said. Certified peer employment specialists are trained to facilitate the Wellness Recovery Action Plan (WRAP), a proven and powerful process to help individuals create the life and wellness they want.

The program also provides services to young people who have spent time in the child welfare, juvenile justice, or criminal legal systems, as well as those who are unhoused, living in concentrated poverty, or facing other barriers to employment.

Opening ceremonies also included a tour of the facility with young individuals utilizing YES! Services.

The YES! program is independently funded through a grant from the Walter S. Johnson Foundation. Services include soft skills and vocational training, job search guidance and placement opportunities. Job support services include work transportation, employee liaison services, on-the-job coaching, mentoring, counseling, continuing education and full and part-time paid internships.

Youth and organizations supporting youth interested in participating in the YES! program should visit the Career Hub or call 916-676-2540 or contact PRIDE Industries I AM ABLE Helpline at 844-426-2253. Learn more at www.prideindustries.com

PRIDE Industries is located in the newly-re-opened Career Hub at 7011 Sylvan Road in Citrus Heights. ★



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Double Fatality in Vehicle Collision on Auburn Blvd and Cobalt Way

CHPD News Release

CITRUS HEIGHTS, CA (MPG) - On January 22, 2023, at approximately 7:45 PM, the Citrus Heights Police Department received several 911 calls regarding a collision between two vehicles and a pedestrian on Auburn Blvd near Cobalt Way.

Officers arrived on scene and located a pedestrian lying on the ground in the roadway and attempted to provide life-saving efforts; however, the pedestrian was pronounced deceased at the scene. Officers also provided aid to the drivers of both vehicles who were transported to local hospitals by fire personnel. One of the transported drivers ultimately was pronounced deceased despite the life-saving efforts from first responders. The other driver had minor to moderate

injuries and is being treated.

The cause of the collision is still being investigated. Speed does appear to be a factor but it is currently unknown if alcohol or drugs played a role in the collision.

The Citrus Heights Police Department's Traffic Unit responded to the scene to investigate the collision. Both westbound and eastbound lanes of Auburn Blvd between Cobalt Way and San Tomas Drive were closed for several hours while the collision was investigated.

The identity of the deceased pedestrian and driver are being withheld pending notification of the next of kin by the Sacramento County Coroner's Office.

Any witnesses to the collision are encouraged to contact the Citrus Heights Police Department at (916) 727-5500. ★

California Loses Population Again

Continued from page 1

you can eat, what house you build, what car you drive, how much you keep of the money you earn, down to such trivialities as what drinking straws you can get in a restaurant. Do you feel as though you personally need government monitoring your straw usage, or is that a decision you are competent to make as an adult? Florida trusts you to choose your own straw, California does not.

The California government mindset drives up costs in every area of living. Looking at taxes alone doesn't tell a complete story of government-imposed costs. How many taxes would have to move lower to make up for policy-driven expenses in California? Would a one-percent decrease make up for gas that's two-dollars-a-gallon higher than the national average? Would slightly lower sales taxes offset electricity costs 80-percent higher than the national average? Exactly what tax would offset the cost of an \$800,000 starter home, driven in part by extraordinary regulatory costs in our state?

California will always be desirable for the wealthy. I defy another state to produce a Yosemite, a Golden Gate, giant redwoods, Lake Tahoe, Big Sur, Santa Monica beach...the list of our wonders is long, if you can afford to enjoy them. But our unmatched beauty is apparently overwhelmed by policy failures of colossal dimension. People are voting with their feet and moving.

It says so much about our government's misguided agenda that hundreds of thousands of people last year abandoned everything this state has to offer because of everything this state takes away. It's time for an affordability revolution in California to turn us once again into a destination state.

Senator Ted Gaines (Ret.) was elected to represent the Board of Equalization's First District. He is a leading taxpayer advocate, defender of Prop. 13, and is committed to providing trustworthy and transparent representation for nearly ten million constituents in 34 counties of northern, eastern, and southern California. For more information, visit www.boe.ca.gov/Gaines. ★

December New Home Sales Up 45% from November



While we will see challenges in 2023, we believe the market will likely gradually improve as buyers continue to adjust to the new normal in mortgage rates. Image by Paul Brennan from Pixabay

NSBIA Press Release

SACRAMENTO REGION, CA (MPG)

New home sales rebounded in December around the greater Sacramento region, with 372 sales recorded in the eight-county area, a 45% increase from November, the North State Building Industry Association reported today. Excepting the past two pandemic years, that is the best December BIA homebuilders enjoyed since 2006 and the best month in 2022 since April.

The solid December figures pushed the year's total sales to 5,010, in line with the yearly totals recorded between 2015 and 2019.

Michael Strech, the BIA's President, and CEO said the yearly totals show that the demand for new homes in the region remains strong.

"It's clear that if we look at the year as a whole and not just the slowdown in mid-summer caused by the steep interest rate increases, sales continue to move towards levels we saw in the

years before the pandemic generated the sharp increase in sales in 2020 and 2021," Strech said.

"The demand for housing, particularly for new homes, remains as strong as ever in the region, so while we will see challenges in 2023, we believe the market will likely gradually improve as buyers continue to adjust to the new normal in mortgage rates."

Highlights of the monthly and annual sales figures (excluding the additional 120 sales during the year) include:

Sacramento County sales broke Placer County's six-month winning streak in December, but just by one sale, 169 to 168. Sacramento County sales narrowly outpaced sales in Placer County for the year as well.

Yuba County reported the third-highest sales totals in the region, outpacing El Dorado County.

Because very few homes are still available in the \$300,000-\$350,000 range as those older communities

are now nearly sold out, the monthly total was actually -3 in that price range as three previous sales were canceled.

Strech said the fact that most sales are in the \$500,000 range and above shows the impact of higher government fees, a limited supply of land on which to build, and regulatory delays and barriers that make production of more-affordable homes extremely difficult.

"As our poll showed last fall, an overwhelming majority of Sacramento-area residents are deeply concerned that their children and grandchildren will not be able to afford to buy a home in our region," Strech said. "It's essential that state and local policymakers enact reforms to encourage new home construction to bring the market back into balance. Otherwise, the affordability crisis will only grow worse."

The BIA's sales figures cover Sacramento, Placer, El Dorado, Yolo, Yuba, Sutter, Amador, and Nevada counties. ★

Vets Get All Jazzed Up



Student volunteers Zoey and Emily jumped in swinging to the sound of 'YMCA' being played by Moon Glow Jazz Band with leader Tom Carpenter singing.

Continued from page 1

volunteered to join the Army to entertain the troops during World War II, ending up in the US Army Air Force.

The band played 'It's Now or Never', another song from a famous veteran, Elvis Presley. Presley served in the Army/Army Reserve from 1958 to 1964. According to history.army.military, Presley served in two different armor battalions, serving in Germany for two years.

Latin offerings included 'Spanish Eyes' and Gene Autry's 'San Antonio Rose.' Already a famous entertainer, the 'Singing Cowboy' entered the U.S. Army Air Corps in 1942 and served until 1945.

No veterans concert would be complete without the Military Medley, paying tribute to the five branches of the military. The concert ended with 'This Land is My Land.'

Tom Carpenter was a U.S. Army Air Force bombardier navigator Vietnam,

Jerry Croofoot, former U.S. Navy was on drums and his wife, Judy Steinle on keyboard. On guitar was Kevin Culcasa.

Students from Valley Christian Academy in Roseville and Destiny Church in Rocklin volunteered their time and energy setting up, serving refreshments and even provided some impromptu dance steps up front by Zoey Vernaza (16) and Emily Ramiez (18), to John Denver's 'Country Road', and a band staple, 'YMCA.' The audience loved the energy of the youth.

It was a fast-moving night filled with memories that only music can provide.

The band will return for an encore performance.

For more information of the Veteran's Community Center (VCC) and to view their calendar, go to www.veteranscommunitycenterch.com or call 916-806-4852 to volunteer. ★

National Anthem Auditions to be held at Sutter Health Park

Sacramento River Cats News Release

WEST SACRAMENTO, CA (MPG)

The national anthem is open to all soloists, groups, and instrumentalists. Those interested in performing the national anthem at a 2023 River Cats game must submit an audition demo by Friday, Feb. 10.

Audition Demo Guidelines: A cappella version; The Star-Spangled Banner in full; Clear, consistent, and correct lyrical performance; And, full performance must be under 90 seconds.

Audition demos must be emailed as an mp3 file or YouTube link to marketing@rivercats.com with the following information: Subject: 2023 National Anthem Demo; Include: Name, Phone Number, and Email.



To perform the national anthem at a 2023 River Cats game, you must submit an audition demo. Photos courtesy of Sacramento River Cats

Submissions that do not meet the above guidelines will not be considered for a call back. Demos received past the due date will not be considered.

The River Cats will invite the top-50

submissions to a live audition at Sutter Health Park. Due to the number of demos received, performers will only be contacted if selected. Selected parties will be contacted with further instructions the week of February 13. ★

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Join Subcommittee to Help Justice-Involved Youth

Sac County News Release

SACRAMENTO COUNTY, CA (MPG) - Are you interested in an exciting opportunity to make a positive impact on justice-involved youth in our community? The Sacramento County Juvenile Justice Coordinating Council (JJCC) Subcommittee is looking for community members like you!

JJCC Subcommittee members help educate the public about Senate Bill 823, also known as Juvenile Justice Realignment, which gradually transfers the responsibility for managing youth, housed at the California Division of Juvenile Justice, from the state to local county jurisdictions.

As a community member, you will work directly with the Chief Probation Officer and representatives from Behavioral Health Services, Child Protective Services, the District Attorney's Office, the Public Defender's Office, Sacramento County Office of Education and the Superior Court to develop and provide program updates for the Sacramento County's local Juvenile Justice Realignment Plan.

Current JJCC Subcommittee members hope to find individuals who have an interest in providing and leading program ideas to implementation, thereby positively influencing

justice-involved youth residing in Sacramento County's Youth Detention Facility.

Providing appropriate rehabilitation and programs strengthening pro-social skills, confidence building, problem solving, decision-making and enhancing academic performance, approached in a trauma-informed, evidence-based and culturally responsive manner will create a successful reentry into the community.

"Being a member of the JJCC Subcommittee allows you to make a positive impact in the County and a difference in helping to improve the opportunities for justice-involved youth," said Chief Probation Officer Marlon Yarber.

JJCC Subcommittee community member's valuable life and/or lived experience can provide impactful insight to help our youth have a successful reentry into the community. By joining, you will make a difference in the lives of our youth.

There is no term limit for JJCC Subcommittee Community Members. We are looking to fill two Community Member seats. Meetings are held during business hours. Applications and additional information can be found on the Probation website at saccprobation.sacounty.gov/Pages/JJCC-Subcommittee-Home-Page.aspx

CSLB Urges Homeowners to Hire Licensed Contractors



The Contractors State License Board (CSLB) is reminding homeowners to use licensed contractors for any construction repairs above \$500. Photo courtesy Monkey Business Images | Dreamstime.com

to build personalized lists of licensed contractors in their area. They should always check all contractors' license numbers on the CSLB website and check each contractor's pocket license to confirm the person representing the construction business is listed as personnel of record on the license. A CSLB-issued state license is required for any construction job of \$500 or more (labor and/or materials).

"Disaster survivors take a huge risk when they hire unlicensed contractors," said CSLB Registrar David Fogt. "Most are not properly insured and likely don't have the skills or knowledge to perform the work."

Homeowners should be aware that CSLB offers a designated Disaster Help Center section online, which provides publications that can be downloaded or ordered. These include "Debris Removal and Construction Scams," "After a Disaster, Don't Get Scammed," and "What You Should Know Before Hiring a Contractor." In addition, information can be requested by calling CSLB's Disaster Hotline, 800-962-1125, staffed Monday through Friday from 8 a.m. to 5 p.m., or via the automated assistance line, 800-321-CSLB (2752).

Californians seeking information about the state's response and recovery efforts should visit the California Governor's Office of Emergency Services (Cal OES) website.

About CSLB: CSLB operates under the umbrella of the Department of Consumer Affairs and licenses and regulates nearly 285,000 contractors in California. In 2022, CSLB helped consumers recover more than \$40 million in ordered restitution.

★ CSLB News Release

SACRAMENTO, CA (MPG) - After a series of severe damaging storms and with more wind and rain expected to impact California, the Contractors State License Board (CSLB) is reminding homeowners to use licensed contractors for any construction repairs above \$500.

After a disaster, CSLB's mission is to help ensure unlicensed or unscrupulous contractors do not take advantage of consumers.

Homeowners should use CSLB's Find My Licensed Contractor feature

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Hometown Heroes Sacramento Native Conducts Maintenance on Aircraft Aboard USS Nimitz

Story and Photo
Courtesy Navy
Office of Community
Outreach

U.S. Navy Aviation Structural Mechanic 2nd Class Raven Lopez, from Sacramento, CA., repairs a broken bonding wire of an F/A-18E Super Hornet, from the "Blue Diamonds" of Strike Fighter Squadron (VFA) 146, in the hangar bay aboard the aircraft carrier USS Nimitz (CVN 68). Nimitz is underway conducting routine operations.



Pictured is Aviation Structural Mechanic 2nd Class Raven Lopez. Photo courtesy of U.S. Navy - Mass Communication Specialist 3rd Class Caylen McCutcheon

Hometown Heroes Sacramento Native Volunteers at Navy Post Office in Okinawa, Japan

Story and Photo
Courtesy Navy Office of
Community Outreach

Postal volunteer Aviation Ordnanceman 2nd Class Isabel De Jesus, from Sacramento, Ca. and assigned to Commander, Fleet Air Western Pacific Aviation Intermediate Maintenance Detachment Kadena, scans and labels incoming mail at the Kadena, Okinawa, Japan, navy post office, Dec. 12, 2022. Postal volunteer provides extra manpower to the post office during the holiday season.



Pictured is Aviation Ordnanceman 2nd Class Isabel De Jesus. Photo courtesy of U.S. Navy - Mass Communication Specialist 1st Class David R. Krigbaum



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Transit Ridership Falters, Posing a 'Fiscal Cliff'



By Dan Walters, CALMatters.org

California utopians, including those holding public office, envision a state that by 2045 will have achieved zero net emissions of carbon dioxide and other greenhouse gases.

The largest source of those emissions is transportation – the cars, trucks, buses, airplanes and railroad engines that carry Californians, the goods they need to live and the inputs and outputs of the state's \$3.4 trillion economy.

To that end, the California Air Resources Control Board has issued seemingly countless decrees, including one that would ban the sale of autos with gas- or diesel-powered engines by 2035.

Public transit is central to the state's hopes of reducing transportation emissions. Officials want more Californians to park their cars – or not buy them in the first place – and use buses and light and heavy rail systems for commutes and other personal trips.

Despite those hopes, transit ridership is going the other way, and transit system operators and advocates are using terms such as "fiscal cliff" and "death spiral" as farebox revenues decline and there is greater demand for taxpayer

money to shore up their operations.

Transit usage cratered when the COVID-19 pandemic hit the state three years ago and millions of workers either lost their jobs or shifted to working at home. Ridership picked up a bit when pandemic closures eased and employment finally returned to pre-pandemic levels. However, the California Transit Association says that as of the third quarter of 2022, overall ridership was averaging just two-thirds of what it had been prior to the pandemic.

"Some agencies have returned to pre-pandemic ridership levels and above, while others continue to struggle with ridership counts that are one-third of previous totals," the organization says in a new "strategic plan" it unveiled in December.

The plan "comes at a moment when our industry faces serious existential threats – slow ridership recovery, a fiscal cliff, and a widening workforce gap," Karen King, who chairs the organization's executive committee, said.

The plan makes obtaining more financial support, particularly from the state, its highest priority, citing not only declines in ridership and operational revenue, but the state's mandate that it get rid of its hydrocarbon-fueled buses and replace them with battery-powered vehicles. The cost of zero-emission buses and the infrastructure to operate them is tabbed at more than \$11.6 billion.

Three weeks after the plan was released, Gov. Gavin Newsom proposed

a new budget for the 2023-24 fiscal year with spending reductions to close what he said was a \$22.5 billion deficit, thanks to a projected decline in revenues.

Transit officials and their supporters didn't like the budget's treatment of transit, particularly a \$2 billion reduction in transit infrastructure. The industry's top legislative advocate, Scott Wiener, a Democratic state senator from San Francisco, pledged to seek restoration of the funds and more money to cover transit's revenue declines.

Wiener said, "We must not let our public transportation systems go over the impending fiscal cliff and enter a death spiral – where budget shortfalls lead to service cuts that lead to ridership drops that lead to further budget shortfalls and service cuts. The state must serve as a financial back-stop against this fiscal cliff to ensure our transit systems survive."

The transit dilemma typifies the conflicts and tradeoffs that permeate the state's hopes for achieving carbon neutrality 22 years hence. As a recent CalMatters analysis of the state's ambitious but tortured plans to rid itself of hydrocarbon-fueled cars underscores, it's one thing to declare such a goal on paper, but it's quite another to make it reality when the precise steps needed are complicated, time-consuming and expensive.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



2023 And You

Last time we looked at 2023 through the eyes of an Astrologer. So this time, let's peer into the future with an internationally known Psychic/Medium **Mary T. Browne**. She counsels world leaders and celebs alike with her no-nonsense approach to life. So here she goes.

"I am feeling very unsettled as we enter the New Year. Inflation will remain high, but will taper off slightly toward the end of the year. There will be a large increase in job cuts as companies continue to cope with higher labor costs and higher interest rates. As these cuts intensify, people will feel fearful and desperate. Covid will remain a health emergency. People are becoming more and more complacent thinking that the covid has ended. This attitude is a major reason for the increased number of covid cases plaguing us right now. Many people who tossed their masks aside will be forced to put them back on, especially when they enter crowded venues. I see a resurgence of Spiritualism in 2023. Spiritualism is a religious movement based on the belief that we can communicate with the Spirit World. The enormous number of deaths from the covid epidemic, the incredible insecurity brought about by financial stresses and the constant images of war and political strife blasted in front of us, has many people believing that the next world has to be better than this one. These feelings motivate many people to seek answers from communication with the departed. Though I believe deeply in life after death, and I have had a great deal of experience dealing with the Spirit world, it is important that we focus on making our lives in this world meaningful. We prepare for our

place in the next world by the quality of our life in this world. Every day gives us an opportunity to be of service to others!"

Her advice is practical too like "The Five Rules of Thought," her latest book. Here's a brief look.

1. You Must Decide What You Want. Be exact and clear what you want. You may want many things from money to a promotion, but you must focus on them one at a time because your mind can only think of one thing at a time.

2. See It Done. Focus your mind on the completed goal, not on the individual steps leading you toward it. Take a direct route to your desire.

3. Don't Vacillate. It means don't waver, change your mind, or not commit. We vacillate because we are unsure. That results in fluctuating thoughts. A fear of failure and disappointment comes into our minds. Release those thoughts.

4. You Must Have Faith. Faith is belief. Nothing can be accomplished without it. Many people struggle with faith, but maybe they wouldn't if they took a minute to think about all the things we do that rely on faith.

5. Persistence Reaps Results. Persistence builds strength around your thoughts. It's the ability to keep pursuing your goals despite adversities.

If you need more info on **Mary T Browne**, you can go to www.MaryTBrowne.com.

**HAPPY PSYCHICALLY
NEW YEAR!**

Social Security Matters

What Counts for Social Security's Earnings Limit?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I retired on February 1st of this year (2022). I collect a pension from my employer plus a union pension, as well as Social Security, all of which started in February 2022. I am married and I'm 65 years old. I only worked 4 weeks in 2022 before retiring, but my income ended up being far more than expected. I got 5 weeks' vacation pay and a retroactive check from an overdue labor contract. I also got hazard pay and a small check for a class action lawsuit my union filed years ago. All of that brings my 2022 income to about \$35,000 which means I have exceeded what I can make as far as Social Security goes. My question is, should I contribute some money to my IRA to offset my earned income? And is it even possible for me to do that? **Signed: Retired but Concerned**

Dear Retired: Generally, income earned before starting your Social Security benefits (such as accumulated vacation pay) doesn't count toward Social Security's earnings limit for those who have not yet reached their full retirement age (FRA), nor do your earnings from working in the 4 weeks of 2022 before your SS benefits started. Similarly, the check for retroactive labor contract benefits, hazard pay for past work, and income from the class action suit do not count toward Social Security's earnings limit. The only thing that counts towards the limit is earnings from working after your Social Security benefits started, which you apparently did not do. Thus, from what you've shared, you should not be subject to any impact to your monthly SS benefits as a result of your total 2022 income. Note, you may still get an inquiry from Social Security next year about your 2022 earnings, but only earnings from actually working after your Social Security benefits started (which you did not) would count toward Social Security's earnings limit.

You may, however, wish to consult with a qualified tax advisor because some of your Social Security benefits received in 2022 will be subject to income

tax on your 2022 tax return. Assuming you file your tax return as "married/jointly," if your combined income from all sources exceeded \$32,000 then 50% of the SS benefits you received during the tax year will become part of your overall taxable income; and if your 2022 combined income from all sources (including your wife's income) exceeded \$44,000, then up to 85% of your SS benefits received in 2022 will become taxable income. A tax advisor can give you more information on that, and also help you decide if it would be wise to contribute to an IRA. But, in any case, contributing to an IRA will not affect your monthly Social Security benefit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadviser@amacfoundation.org. ★

Local Assistance and Disaster Recovery Center Opening

Sac County News Release

SACRAMENTO COUNTY, CA (MPG) - To support residents and businesses that have suffered disaster-related losses or damages, Sacramento County has opened a Local Assistance Center (LAC) starting on Jan. 18, 2023, in partnership with the Federal Emergency Management Agency and California Officer of Emergency Services, at the Chabolla Community Center, 600 Chabolla Ave, Galt, CA 95632.

A LAC is activated following major disasters for those who have disaster-related losses or damages by providing recovery direction, assistance and resources to recover from a disaster. This is a "one-stop" shop for resources for those affected by the storms and will be open daily from 7 a.m. - 7 p.m.

Services onsite include FEMA individual recovery assistance, California

Department of Insurance, DMV, Public Health, County Economic Development and Behavioral Health Services linkage.

People who suffered losses from the storms should contact their insurance companies first. Insurance delivers the majority of financial help in disasters. For losses not covered by insurance, residents can register for disaster assistance in four ways:

Online through disasterassistance.gov; Using the FEMA App; Calling 800-621-3362 or 800-462-7585 (TTY), or; Visiting the Local Assistance Center.

Find out about applying for FEMA disaster assistance.

Property owners and businesses in the County of Sacramento are welcome to visit the LAC location but are still encouraged to report storm-related damage to their insurance providers and fill out the Sacramento County Disaster Damage Report for inspection assessments of properties. ★

**Publisher,
Paul V. Scholl**

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Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006

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- CLUES**
- ACROSS**
- COVID tester
 - Pep rally syllable
 - To overlay with thin gold coating
 - Sky bear
 - Abundant
 - Worrier's worry?
 - Fishing spot
 - Blackhearted
 - Full of coral
 - *2023 Super Bowl stadium sponsor
 - Research facil.
 - Egg cell
 - King Charles to Prince Harry
 - Thief's target
 - *2023 Super Bowl Halftime Show star
 - Mozart's "L___ del Cairo"
 - Bob Marley's music
 - Yarn spinner
 - "The Poky Little ___"
 - Skedaddle
 - 18-wheelers
 - "Guilty," e.g.
 - Fabric inset
 - One of the sibs
 - *Super Bowl advertiser's purchase
 - Anatolian language
 - Decay
 - "There it is," à Paris
 - "Hold on!"
 - *Home of the Ravens, for both Super Bowl appearances
 - Cuckoo for these puffs!
 - Curved molding
 - Medicinal plant
 - Court orders, e.g.
 - Sonny & Cher and Abbott & Costello
 - Talk like a drunk
 - Actor Danson and character Lasso
 - *Owner of a Lonely Heart" band
 - *Star of the most-watched Super Bowl Halftime Show
- DOWN**
- Paddleboarding acronym
 - Court order
 - Between ports
 - Hungarian composer Bela ___
 - *Either one of the opposing Super Bowl teams
 - Flambé
 - Position of leadership
 - *2023 Super Bowl AZ location
 - Frosts, as a cake
 - Hit the road
 - Like certain humor
 - Disprove
 - Dickens's Heep
 - Each and all
 - One of a set of dice
 - Father, colloquially
 - Round openings
 - Pickled garnish
 - *Last year's Super Bowl winners
 - Nimbus, pl.
 - Nigerian money
 - Torcher's crime
 - Elmer's, e.g.
 - Found at the pump
 - *Team with most Super Bowl appearances
 - Signing tool at the cash register
 - Greenwich-related acronym
 - Superior ones
 - Itsy-bitsy bits
 - Patterned table linen
 - Lacking clarity
 - Bread spreads
 - Donned
 - As opposed to base in chemistry
 - Snatchers' quest
 - Cantina pot
 - *Overwhelming Super Bowl defeat
 - Fear-inspiring
 - 100 lbs.

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**By County
Supervisor Sue Frost**

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

"I'll be right back," Chuck Nolan told his wife in the movie Cast Away. But then a storm stranded him on an Island for so long that he started talking to a deflated volleyball.

The storms in Sacramento didn't strand people on a deserted island, but tree-falls and

Citrus Heights Community Update

Roads Help With Storm Recovery - and Preparation

flooding did cut off access to many communities - some of them for days. Dozens of roads and major thoroughfares were closed due to flooding. We even saw closures on Highways 99 and 5. Some roads are still closed or restricted more than two weeks later.

Teams of county employees, utility workers, and private citizens have been doing heroic work to restore access and clean up the damage left in the wake of storm damage and disruption.

But this won't be the last storm, and we can do more to prepare for the next one.

Part of that preparation is ensuring there are more and newer roads that not only improve emergency access and response, but also boost the economy

and reduce air pollution and commute times.

We can't leave our citizens stranded - literally or metaphorically - when we have the ability to provide relief not just from storms, but from the everyday trials of crumbling infrastructure, traffic jams, and growing commute times that reduce productivity and rob us of time with our families.

Roads and highways are how we get goods & services - not to mention people - around Sacramento County.

Roads and highways are how farmers get their products to market. It is how most people get to work and parents get their kids to school. It is how patients get to our hospitals - not to mention the doctors and nurses who have to get there to save

lives. Roads are how we get workers in to restore your utilities and get your life back to normal.

But repairing, improving, and expanding our roads is about more than just making them better or reducing traffic and commute times - it's also how we connect our communities and keep our economy growing.

Over the next few months, I will be sharing my plans for repairing and improving our road system. Meanwhile, I wanted to share a few resources that every resident should be aware of:

Sac County 311 helps residents report most non-emergency issues in the unincorporated communities in Sacramento County. Citizens reporting downed trees, issues with street and traffic lights, and road or sidewalk obstructions, the county knew where best to deploy response teams. More than 600 reports of downed trees came from citizens using the

311 system, which has representatives available twenty-four hours a day, seven days a week. You can also download the app or use the 311 website. Learn more at <https://311.saccounty.gov/>

Local Assistance Center (LAC) are established following disasters to bring Federal assistance for those who suffered related losses or damages. One has already been opened in Galt, and we are asking federal government for additional help. Until that decision is made, you should contact your insurance provider to file your claim and report your damage through the link provided. The more people report their damage to the Sacramento County Office of Emergency Services or OES, the better the chance of another LAC in the County being activated. To report damage go to <https://report-ca-sacramento.orioncentral.com/>

Sacramento Alert is the Office of Emergency Services (OES) state-of-the-art alert system. This system allows officials in the Sacramento region to disperse public safety information quickly. Please visit the Sacramento Alert Citizen Opt-In portal and provide your contact information to receive notifications. The Opt-In Portal is strictly confidential, and your private information is secured. To learn more at <https://sacramento-ready.saccounty.gov/Pages/Emergency-Alerts-Notification-System.aspx>

Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murietta. ★

2022 ACFR and PAFR Available

City of Citrus Heights News

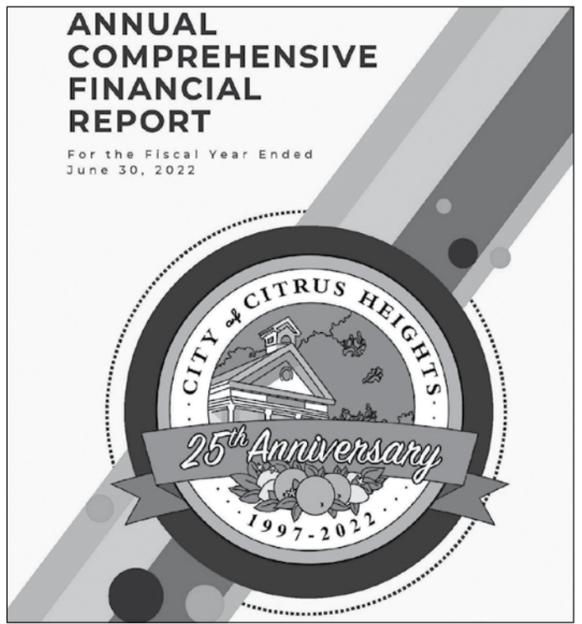
CITRUS HEIGHTS, CA (MPG) - The City's Annual Comprehensive Financial Report (ACFR) and Popular Annual Financial Report (PAFR) are available.

The ACFR presents the financial position and result of operations of the various funds of the City for the prior fiscal year. This report is intended to provide relevant financial information to the citizens of Citrus Heights, City staff, creditors, investors and other concerned readers. The City's submitted Annual Comprehensive Financial Report has been awarded the Certificate of Achievement for Excellence in Financial Reporting from the Government Finance Officers Association (GFOA)

for 21 consecutive years.

The PAFR is intended to provide our citizens with an easy-to-read explanation of the City's finances. It provides an overview of the City's financial condition for the fiscal year ended June 30, 2022 and a brief analysis of where the City's revenues are derived and where those dollars are spent. The city's Popular Annual Comprehensive Financial Report for the fiscal year ended June 30, 2021 has also been given an Award for Outstanding Achievement in Popular Annual Financial Reporting from the Government Finance Officers Association (GFOA).

To view the reports, please visit our financial reporting page: www.citrusheights.net/213/Financial-Reporting-Budget-CIP ★



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LIBERTY 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09313
 Joseph Nguyen and Hoa Nguyen, 7324 Sahara Court, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Crucible Mind" 7324 Sahara Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 27, 2022
 Publish: Jan 6, 13, 20, 27, 2023
CRUCIBLE 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09271
 Ltang's Korean Foodie House, 3643 Bradshaw Road #J, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Jang Su" 3643 Bradshaw Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 27, 2022
 Publish: Jan 6, 13, 20, 27, 2023
JANG 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09072
 Cory Devon Swenson-Scott, 8408 Menke Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cory Swenson Art" 8408 Menke Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 16, 2022
 Publish: Jan 6, 13, 20, 27, 2023
CORY 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09254
 StoneBrook Realty Group, Inc., 4744 Winding Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "StoneBrook Realty Property Management," 4744 Winding Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 23, 2022
 Publish: Jan 6, 13, 20, 27, 2023
STONEBROOK 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08566
 Austin McManus, 5858 Lorraine Court, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Public Land / Public Land Store" 2598 21st Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 23, 2022
 Publish: Jan 6, 13, 20, 27, 2023
PUBLIC 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09321
 Kurt H. Josephson and Denise J. Josephson, 4749 Isabella Avenue, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Stan-Pack" 7940 California Avenue, Suite 12, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 28, 2022
 Publish: Jan 6, 13, 20, 27, 2023
STAN 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09381
 Saboon Rahimi, 1326 Gentry Lane, Tracy, CA 95377 is doing business under the Fictitious Business Name(s) "R&S Elegance Home Decor" 12780 Riding Trail Drive, Wilton, CA 95693. Filed with the Clerk of Sacramento County December 28, 2022
 Publish: Jan 6, 13, 20, 27, 2023
BAB 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08975
 Thomas J. Smith, 4070 PFE Road, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Custom Drywall Interiors / The Drywall Doctor / Metro Drywall" 4070 PFE Road, Roseville, CA 95747. Filed with the Clerk of Sacramento County December 13, 2022
 Publish: Jan 6, 13, 20, 27, 2023
CUSTOM 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09398
 Hamayoon Faryadi, 2211 Villa Font Way, #C, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Deluxe Auto Detailing and Tint" 2444 Glendale Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 29, 2022
 Publish: Jan 6, 13, 20, 27, 2023
DELUXE 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09329
 Andrews Family Revocable Trust 2016, 5524 Clarendon Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wayside Properties" 4100 Wayside Lane, #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 28, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
WAYSIDE 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09328
 Andrews Family Revocable Trust 2016, 5524 Clarendon Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "River Garden Apartments" 4100 Wayside Lane, #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento

County December 28, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
RIVER 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08920
 Stephanie Barden, 4724 Marguerite Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Selling Sacramento" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 9, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
SELLING 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00061
 J&B Rental Services, Inc., 8 Kam Court, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "SacTown Car Rental" 8 Kam Court, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 4, 2023
 Publish: Jan 13, 20, 27, Feb. 3, 2023
SAC 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00032
 Sampatti Enterprise, Inc., 770 Alcantar Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sampatti Enterprise, Inc. / SRB Construction" 770 Alcantar Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 3, 2023
 Publish: Jan 13, 20, 27, Feb. 3, 2023
SAMPATTI 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09068
 Brian Crampton and Krystle Crampton, 5306 6th Avenue, Sacramento, CA 95820 are doing business under the Fictitious Business Name(s) "Crampton Bait" 5306 6th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County December 16, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
CRAMPTON 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09407
 ARE Group, Inc., 6313 Elvas Avenue, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Sacramento Document Service" 6313 Elvas Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County December 29, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
SACRAMENTO 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09412
 Trade Key Virtual Media, Inc., 9915 Fair Oaks Boulevard, Suite C, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Immersive 3D Virtual Tours" 9915 Fair Oaks Boulevard, Suite C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 29, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
IMMERSIVE 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09331
 Type A Solutions LLC, 5504 Claiborne Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Leadway" 5504 Claiborne Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 28, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
LEADWAY 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09426
 Naima Haidari, 12780 Riding Trail Drive, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Winn Day" 3219 Rustic Villa Drive, Kingwood, TX 77345. Filed with the Clerk of Sacramento County December 22, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
WINN 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08926
 Life Coach Unlimited, LLC, 933 San Mateo NE, #500-341, Albuquerque, NM 87108 is doing business under the Fictitious Business Name(s) "Life Coach Unlimited" 4200 E. Commerce Way, #151, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 9, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
LIFE 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08870
 VSSM Investments, LLC, 4801 Laguna Boulevard, #105-38, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Natyre" 9243 Levadi Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County December 8, 2022
 Publish: Jan 13, 20, 27, Feb. 3, 2023
NATYRE 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00074
 SevenDoors Corp., 5960 S. Land Park Drive, #1142, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "PMI American River" 5960 S. Land Park Drive, #1142, Sacramento, CA 95822. Filed with the Clerk of Sacramento County January 4, 2023
 Publish: Jan 13, 20, 27, Feb. 3, 2023
PMI 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00122
 Campus, Inc., 5221 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Campus / MTI College / Paul Mitchell the School at Campus / Paul Mitchell the School at MTI College" 5221 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 5, 2023
 Publish: Jan 13, 20, 27, Feb. 3, 2023
CAMPUS 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00053
 Wallace Victoribhai Christian and Manisha Wallace Christian, 3802 Anders Way, Rocklin, CA 95677 are doing business under the Fictitious Business Name(s) "Quick Wash Factory" 926 Oak Lane, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 3, 2023
 Publish: Jan 13, 20, 27, Feb. 3, 2023
QUICK 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00073
 Sami Alsamman and Abi Alsamman, 3334 Jackrabbit Court, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Puff Scents" 3334 Jackrabbit Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 4, 2023
 Publish: Jan 13, 20, 27, Feb. 3, 2023
PUFF 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00145
 Walter Kiess and Linda Kiess, 4440 Oakhollow Drive, #143, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Crown Plumbing" 4440 Oakhollow Drive, #143, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 6, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
CROWN 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00157
 Oscar O. Delgado, 2881 Heron Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "OD Services" 2881 Heron Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 9, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
OD 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00167
 Miguel Angel Retana Vargas, 2225 Harris Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Cabello de Angel Salon" 2110 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 9, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
CABELLO 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00196
 Vitaliy Ivanilov, 9675 Florin Road, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Vitech Solutions" 9675 Florin Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 10, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
VITECH 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00174
 Kelly Patricia Ryan, 7012 Bear River Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Mooma Massage" 5740 Windmill Way, #24, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 10, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
MOOMA 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09249
 West Coast Solution, Inc., 3928 7th Avenue, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Alpha Property Management," 2377 Gold Meadow Way, #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 11, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
NCTC 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00137
 Karen Ray Bartlett, 8240 Olivine Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Greater Sacramento Area Homes" 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 6, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
GREATER 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00129
 John Hanen, 2947 Garfield Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Against The Grain Flooring / ATG Flooring" 2947 Garfield Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 6, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
AGAINST 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00135
 Dawn Reddoch, 6001 Dragon Hawk Place, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Aspire Real Estate Group" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 6, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
ASPIRE 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00085
 Jasvinder Singh and Harpreet Kaur, 5015 Laguna Park Drive, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Moon Light Studio" 5015 Laguna Park Drive, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County January 5, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
MOON 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09442
 Foremost Genius LLC, 5513 Woodbridge Court, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "BQ Marketing" 9250 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 30, 2022
 Publish: Jan 20, 27, Feb. 3, 10, 2023
BQ 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00204
 Harpreet Virk, 789 Travis Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sound Business Services" 81 Blue Ravine Road, Suite 81, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 11, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
SOUND 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00066
 Satinder J. Kaur, 9345 Pascal Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "SK Services" 915 Las Palmas Avenue, Unit 13, Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 4, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
SK 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00236
 Lonny S. Gustafson, 3848 Marshall Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "LSG Design" 3848 Marshall Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 12, 2023
 Publish: Jan 20, 27, Feb. 3, 10, 2023
LSG 2-10-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00237
 April A. Stark, 7532 Cedar Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Set the Stage Event Rentals / Set the Stage Events" 7532 Cedar Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 12, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
SET 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00232
 Neil Andrade, 2213 El Cejo Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "NCTC / NCA Trucking" 2213 El Cejo Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 12, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
NCTC 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00205
 APM Realty Services, Inc., 2377 Gold Meadow Way, #100, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Alpha Property Management," 2377 Gold Meadow Way, #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 11, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
APM 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00203
 Saul Charles Kemble, 5213 Torrey Pines Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Call Saul Solutions" 5213 Torrey Pines Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 11, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
CALL 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00158
 Christopher Ray Kumar, 9444 Quintero Avenue, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Starz Sports Bar & Grill," 5207 Madison Avenue, #C, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 9, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
STARZ 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00268
 Hewan Denver Symister, 429 12th Street, #307, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Adyna Images / Adyna Productions" 429 12th Street, #307, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 13, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
ADYNA 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00300
 Jesus Rios Courier, LLC, 551 Ashwick Loop, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Jesus Rios Process Server" 551 Ashwick Loop, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 17, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
JESUS 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00330
 Christie Wells-Jokinen, 7360 Flowerwood Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Game Changer Counseling and Consulting" 7360 Flowerwood Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County January 17, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
GAME 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00299
 Michael Wade Toller, 4431 Morpheus Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Lonestar Carpentry" 4431 Morpheus Lane, Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 17, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
LONESTAR 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00405
 Zeterino Aispuro, 7325 Gleneagle Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Taco By Tijuana" 7405 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 20, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
TACOS 2-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00376
 Dmitri Alan Primavera, 3808 Olivebranch Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Primavera Practice" 9821 Fair Oaks Boulevard, Suite B, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 18, 2023
 Publish: Jan 27, Feb. 3, 10 & 17, 2023
PRIMAVERA 2-17-23

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2022-02408
 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Teletherapy Direct, 2701 I Street, Sacramento, CA 95816.
 The Fictitious Business Name Statement referred to above was filed on 3/28/2022 in the County of Sacramento, and is being abandoned by: Karen Heidebrecht, 8500 Diamond Oak Way, Elk Grove, CA 95624.
 The business was conducted by: Individual.
 Date of abandonment: 12/29/2022.
 Publish: Jan 13, 20, 27, Feb. 3, 2023
TELE THERAPY 2-3-23

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00331807
 Sohail Iqbal has filed a petition with this court for a decree changing the name(s) of Sohail Iqbal to Sohail Abbas Iqbal.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 8, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: December 27, 2022
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Jan 6, 13, 20, 27, 2023
SOHAIL 1-27-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00331650
 Teresa Lynette Schnackel has filed a petition with this court for a decree changing the name(s) of Teresa Lynette Schnackel to Teresa Lynette Moon.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 28, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: December 23, 2022
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Jan 6, 13, 20, 27, 2023
SOHAIL 1-27-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00331969
 Ghulam Hazrat Khalili and Jamila Ahmad Zai have filed a petition with this court for a decree changing the name(s) of Moh Elias Khalili to Mohammad Elias Khalili; Moh Idrees Khalili to Mohammad Idrees Khalili.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: December 28, 2022
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Jan 13, 20, 27, Feb. 3, 2023
KHALILI 2-3-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00329448
 Jessalynn Gabrielle Pastran has filed a petition with this court for a decree changing the name(s) of Jessalynn Gabrielle Pastran to Jessalynn Gabrielle Flores.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 8, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: November 8, 2022
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Jan 13, 20, 27, Feb. 3, 2023
JESSALYNN 2-3-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00331548
 Md Shafiqul Haque has filed a petition with this court for a decree changing the name(s) of Md Shafiqul Haque to Shafi Haque.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: December 21, 2022
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Jan 6, 13, 20, 27, 2023
TERESA 1-27-23

Dated: December 19, 2022
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Jan 6, 13, 20, 27, 2023
SHAFI 1-27-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00331922
 Chui-Chang

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LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

Legal Advertising
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Carmichael, CA 95608

ORDER TO SHOW FOR CHANGE OF NAME

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00332111**
Cadalyna Vang has filed a petition with this court for a decree changing the name(s) of Cadalyna Vang to Alina Grace Scott.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 30, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 13, 20, 27, Feb. 3, 2023
CADALYNA 2-3-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00332052**
Jasmeet Kaur has filed a petition with this court for a decree changing the name(s) of Jasmeet Kaur to Jasmine Puri Sharma.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 29, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 13, 20, 27, Feb. 3, 2023
JASMEET 2-3-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00332528**
Richard Joseph Stibich has filed a petition with this court for a decree changing the name(s) of Richard Joseph Stibich to Katsu Joseph Terasaki.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 6, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 13, 20, 27, Feb. 3, 2023
RICHARD 2-3-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00332369**
Abdul Wase Faiz and Fawzia Faiz have filed a petition with this court for a decree changing the name(s) of Negar Faiz to Aila Negar Faiz.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 4, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 13, 20, 27, Feb. 3, 2023
ABDUL 2-3-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00332359**
Manila Subhati has filed a petition with this court for a decree changing the name(s) of Manila Subhati to Monazzah Maher.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 4, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 13, 20, 27, Feb. 3, 2023
MANILA 2-3-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00332177**
Samerawit Sinetayhu and Alemtante Fentie have filed a petition with this court for a decree changing the name(s) of Ozian

Alemtante Gashaw to Akiya Alemtante Gashaw.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 30, 2022
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 20, 27, Feb 3, 10, 2023
SAMERAWIT 2-10-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00331953**
Qutbuddin Rahimi has filed a petition with this court for a decree changing the name(s) of Qutbuddin Rahimi to Qutbuddin Temur.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 30, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: December 23, 2022
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 20, 27, Feb 3, 10, 2023
QUTBUDDIN 2-10-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00392665**
Ikechi Chaz Ajiere has filed a petition with this court for a decree changing the name(s) of Ikechi Chaz Ajiere to Ikechi Chaz Chijioke.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 15, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 9, 2022
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 20, 27, Feb 3, 10, 2023
IKECHI 2-10-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00332761**
Meghan Brand and Kyle Joyce have filed a petition with this court for a decree changing the name(s) of Samuel James Sanstad to Samuel James Patrick Joyce.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 12, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 10, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 20, 27, Feb 3, 10, 2023
MEGHAN 2-10-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00332928**
Elijah Timothy Judah Pierce has filed a petition with this court for a decree changing the name(s) of Elijah Timothy Judah Pierce to Elijah Timothy Judah Mula.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 13, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 27, Feb 3, 10 & 17, 2023
ELIJAH 2-17-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00331608**
Ruben C. Ramos has filed a petition with this court for a decree changing the name(s) of Maximus Ramos Garcia to Maximus Christopher Ramos.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of

Name should not be granted.
Dated: December 20, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 27, Feb 3, 10 & 17, 2023
RUBEN 2-17-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00332934**
Mohammad Hassani and Zahra Hassani have filed a petition with this court for a decree changing the name(s) of Mohammad Hassani to Abtin Hassani; Zahra Hassani to Parisa Hassani.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 12, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 27, Feb 3, 10 & 17, 2023
HASSANI 2-17-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00333164**
Clayton Gerard Lee has filed a petition with this court for a decree changing the name(s) of Clayton Gerard Lee to Sean Seth Wright.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 19, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 27, Feb 3, 10 & 17, 2023
CLAYTON 2-17-23

**SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2023-00333187**
Earl M Mollica AKA has filed a petition with this court for a decree changing the name(s) of Earl M Mollica AKA to E Mick Mollica.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 20, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 19, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 27, Feb 3, 10 & 17, 2023
EARL 2-17-23

NOTICE OF PETITION TO ADMINISTER ESTATE
PAUL FULLER
CASE NO. 34-2022-00328322-PR-LA-FRC

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Paul Fuller deceased.

A Petition for Probate has been filed by Judith Ann Fuller, in the Superior Court of California, County of Sacramento, requesting Judith Ann Fuller be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 7, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Valerie M. Logsdon, Esq., 470 S. Auburn, Suite B, Grass Valley, CA 95945
Publish: Jan 20, 27, Feb 3, 2023
FULLER 2-3-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF LORENE MARIE HEARN
CASE NO. 34-2022-00331656
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lorene Marie Hearn, Lorene Marie Caesar, deceased.
A Petition for Probate has been filed by Rickie Hearn, in the Superior Court of California, County of Sacramento, requesting Rickie Hearn be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 24, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative

appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Daphne Z. Xiao, 2414 16th Street, Suite 6, Sacramento, CA 95818; 916-453-0356
Publish: Jan 27, Feb 3 & 10, 2023
HEARN 2-10-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHRISTINA NOREEN ANDERSON
CASE NO. 34-2022-00331423
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Christina Noreen Anderson, deceased.

A Petition for Probate has been filed by Thomas H. Anderson, in the Superior Court of California, County of Sacramento, requesting Thomas H. Anderson be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 9, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim

with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Daphne Z. Xiao, 2414 16th Street, Suite 6, Sacramento, CA 95818; 916-453-0356
Publish: Jan 27, Feb 3 & 10, 2023
ANDERSON 2-10-23

SUMMONS

SUPREME COURT OF THE STATE OF NEW YORK, COUNTY OF ORANGE
INDEX NO. EF003741-2022

EDWARD HIRSCH, Plaintiff, against GAIL ANN LENHART as REPRESENTATIVE and BENEFICIARY of the ESTATE OF LAURENCE ALAN LENHART, Defendant.

TO THE DEFENDANT: The foregoing Summons is served upon you by publication pursuant to the Decision and Order of the Honorable Maria Vasquez-Doles, J.S.C., a Justice of the Supreme Court of the State of New York, County of Orange, dated December 16, 2022, and filed with the Complaint and other papers in the Office of the Clerk of the County of Orange at Goshen, New York.

This is an action pursuant to New York State Real Property Actions and Proceedings Law Article 15 to quiet title to certain real property commonly known as 48 Old South Plank Road, Town of Newburgh, County of Orange, State of New York, Section 52, Block 1, Lot 11 into the Plaintiff, Edward Hirsch and forever barring the Defendant and all persons claiming under the Defendant from all claims to an estate or interest in the real property. In case of your failure to appear, judgment may be taken against you together with the costs and disbursements of this action. The property involved in this action is described as follows: 48 Old South Plank Road, Town of Newburgh, County of Orange, State of New York, Section 52, Block 1, Lot 11.
Dated: New Windsor, New York December 20, 2022
/s/ Veronica A. McMillan
Arciero McMillan & Burgess, P.C., Attorneys for the Plaintiff
Edward Hirsch, 299 Windsor Highway, New Windsor, New York 12553; 845/420-7877
Publish: Jan. 6, 13, 20, 27, 2023
HIRSCH 1-27-23

CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC HEARING PLANNING COMMISSION MEETING

NOTICE is hereby given that February 8, 2023, at **6:00 p.m.**, or as soon thereafter as the matter may be heard, the **Planning Commission** of the City of Citrus Heights will hold a Public Hearing for the consideration of the project listed below.

Project Name: Citrus Heights Zoning Code Update
Project Location: Citywide

Project Description: The Planning Commission will review a variety of updates to the city's Zoning Code and forward a recommendation to the City Council. The project includes revisions to sections pertaining to accessory dwelling units, density bonuses and a variety of other amendments. A complete list of changes can be obtained from the Planning Division. Project Planner: Eric Singer
Environmental Determination: The project is Categorically Exempt from CEQA under Section 15061(b)(3) of the Guidelines.

Interested persons are invited to submit written comments prior to and may testify at the Public Hearing. **Written comments may be submitted to, City Planning Department, at planning@citrusheights.net or 6360 Fountain Square Drive, Citrus Heights, CA 95621**

Following the Public Hearing, the **Planning Commission** may take such action on the project as it deems appropriate. If the matter is continued for any reason to a later date, written comments and public testimony will be accepted until the close of the final Public Hearing. All comments will be considered by the Approving Authority.

If you challenge the action of the **Planning Commission** on this matter in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this notice, or in written correspondence delivered to the Planning Department at, or prior to the Public Hearing.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Planning Division at (916) 727-4740. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. TTY/TDD users with questions or comments can call the California Relay Service by dialing 7-1-1.

Dated: January 18, 2023 Citrus Heights Messenger 1-27-2023



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SBA Positioned to Swiftly Assist

California Businesses and Residents Affected by the Statewide Winter Storm

SBA News Release

SACRAMENTO, CA (MPG) - Low-interest federal disaster loans are now available to California businesses and residents as a result of President Biden's major disaster declaration, U.S. Small Business Administration's Administrator Isabella Casillas Guzman announced.

The declaration covers Merced, Sacramento and Santa Cruz counties as a result of severe winter storms, flooding, landslides, and mudslides that began Dec. 27, 2022.

"With President Biden's declaration, SBA is working closely with FEMA and our state and local officials on the ground to deliver expedient disaster recovery loans and support that will aid Californians impacted by these severe and devastating winter storms, flooding and mudslides," said Administrator Guzman. "My heartfelt condolences go out to the families who have lost loved ones, and I urge affected residents to stay safe and heed the guidance of local emergency officials. As the state faces continued rainfall and heightened risks of flooding and mudslides, the SBA is committed to providing the full breadth of our resources to help small businesses and communities recover and rebuild stronger than before."

Businesses of all sizes and private nonprofit organizations may borrow up to \$2 million to repair or replace damaged or destroyed real estate, machinery and equipment, inventory and other business assets. SBA can also lend additional funds

to businesses and homeowners to help with the cost of improvements to protect, prevent or minimize the same type of disaster damage from occurring in the future.

For small businesses, small agricultural cooperatives, small businesses engaged in aquaculture and most private nonprofit organizations of any size, SBA offers Economic Injury Disaster Loans to help meet working capital needs caused by the disaster. Economic injury assistance is available to businesses regardless of any property damage.

Disaster loans up to \$200,000 are available to homeowners to repair or replace damaged or destroyed real estate. Homeowners and renters are eligible for up to \$40,000 to repair or replace damaged or destroyed personal property.

Interest rates can be as low as 3.305 percent for businesses, 2.375 percent for private nonprofit organizations and 2.313 percent for homeowners and renters with terms up to 30 years. Loan amounts and terms are set by SBA and are based on each applicant's financial condition.

To be considered for all forms of disaster assistance, survivors must first contact the Federal Emergency Management Agency at www.disasterassistance.gov. As soon as Federal-State Disaster Recovery Centers open throughout the affected area, SBA will provide one-on-one assistance to disaster loan applicants. Additional information and details on the location of disaster recovery centers is available by calling the SBA Customer Service Center at (800) 659-2955. ★

State Fast-tracks Groundwater Recharge Pilot Project to Capture Flood Waters

DWR News Release

SACRAMENTO, CA (MPG) - The Department of Water Resources (DWR) is partnering with the State Water Resources Control Board to fast-track efforts to capture flood waters to recharge groundwater basins. Water captured during extreme wet periods such as the one California is now experiencing will be stored in groundwater basins for use during dry periods.

Governor Newsom's "California Water Supply Strategy, Adapting to a Hotter, Drier Future" calls on DWR and the State Water Board to work with local agencies to significantly expand the State's ability to capture water from winter storms and adapt to more extreme weather patterns caused by climate change. DWR and the board are working together to expedite the regulatory steps necessary to store significant rainfall and excess water underground, while still ensuring protections for the environment and other water users as required in State law.

"The State is capturing more water supply by accelerating groundwater recharge permitting and projects that mitigate the impacts of prolonged drought and support long-term sustainable groundwater management," said DWR Director Karla Nemeth. "Projects that capture available precipitation, stormwater, or floodwaters to recharge depleted groundwater basins need to be ready to capture high flows when they are available during each wet season, typically October through April in California."

The State's efforts reached a milestone January 6 when the State Water Board approved a six-month permit that will enable multiple landowners to divert excess flows from Mariposa creek near the City of Merced to recharge a key groundwater basin. The Merced Project permit, the first approved under a new pilot regulatory assistance program, is expected to pave the way for future projects to allow water from wet-weather storms to be captured and diverted. The permit will cover multiple diversions by multiple landowners in a coordinated fashion managed by a groundwater sustainability agency.

The pilot program began in August 2022 with an application from the Merced Irrigation District and the Merced Irrigation-Urban Groundwater Sustainability Agency to divert and store water from the Mariposa creek. The permit application authorizes diversion of up to 10,000 acre-feet of water from the creek during periods of high flows that would otherwise likely flow through the system. The Merced Subbasin is one of 21 basins in the state of California identified as Critically Overdrafted by DWR.

"The review process for these permits is complex and must consider impacts to the environment and existing water rights, including those dependent on specific Delta conditions and state and federal water project requirements," said State Water Board Chair Joaquin Esquivel. "In

acknowledgement of this complexity, we have streamlined the process so we issue them in a timely way and help local agencies succeed in capturing stormwater for recharge and bringing stressed groundwater basins into balance."

Since 2016, the State Water Board has approved 20 temporary permits. Currently there are five applications pending, with two more projected to be approved next week. The remaining three are going through a public noticing process.

The Merced Project's permit includes multiple points of diversion. Diversions will be directed to a number of agricultural fields to support groundwater recharge consistent with the Merced Subbasin Groundwater Sustainability Plan. Water diverted for recharge purposes will be applied to working agricultural lands only, and water stored will be accounted for in the upcoming growing season as the first irrigation water to be pumped from the aquifers.

"Merced Irrigation District is excited to partner with DWR supporting GSAs with this crucial pilot project intended to help groundwater basins become sustainable by turning potential flood waters into groundwater recharge opportunities," said Hicham Eltal, Deputy General Manager, Merced Irrigation District. "The project is intended to show that the subsidence being experienced in part of the Merced Groundwater Basin along the San Joaquin River can be addressed while simultaneously reducing recurring flood events from local creeks tributary to the San Joaquin River. The goal is that this effort paves the way for acquiring temporary permits to divert flood flows by GSAs throughout the State to help groundwater basins reach sustainability."

As part of the Newsom's Administration water supply strategy, the State is looking to expand groundwater recharge by at least 500,000 acre-feet in potential capacity. By expediting groundwater recharge projects, the State can help local agencies prepare now to take advantage of future heavy precipitation events. Early pilot project efforts, like the Merced Project, will demonstrate the feasibility of capturing available high flows for groundwater recharge while minimizing flood risks, and provide insight to support further streamlining of this process.

Groundwater basins serve as the state's water savings account and are intended to provide a reliable water source when we have less rain and snowmelt. As weather patterns have become more variable and extreme from the effects of climate change, resulting in more frequent and consequential droughts and high flow events, replenishment of depleted groundwater basins is an essential part of California's long-term water resilience and drought mitigation efforts. Significant expansion of groundwater recharge projects such as the Merced Project will be required to support environment, agricultural uses, and ability to withstand future droughts. ★

CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

DOJ seizes more classified docs from Biden's Wilmington home after 12-hour FBI search

21 Jan 2023 | The Justice Department seized additional classified records from Joe Biden's Wilmington, Delaware, home after an FBI search on Friday, Fox News has learned. "On Jan. 20, 2023, the FBI executed a planned, consensual search of the President's residence in Wilmington, Delaware," Joseph D. Fitzpatrick, an assistant U.S. attorney to U.S. attorney for the Northern District of Illinois John Lausch, told Fox News Saturday. Lausch was the DOJ official running the investigation into Biden's improper retention of classified records ahead of the appointment of Special Counsel Robert Hur... The FBI search began Friday morning at 9:45 a.m. and concluded Friday night around 10:30 p.m.

Customs officials are seizing eggs [instead of fentanyl] at the U.S.-Mexico border

20 Jan 2023 | U.S. customs officials are cracking down on egg smugglers. With egg prices soaring in the U.S. over the last year, more Americans are crossing into Mexico to buy the food item and trying to sneak cartons of raw eggs along some areas of the southern border, including California and Texas. "We are seeing an increase in people attempting to cross eggs from Juarez to El Paso because they are significantly less expensive in Mexico than the U.S.," U.S. Customs and Border Protection spokesman Roger Maier told CBS MoneyWatch. "This is also occurring with added frequency at other Southwest border locations."

Border agents confirm 1.2 million 'gotaway' migrants under Biden administration – Illegal immigration continues to skyrocket under Biden

22 Jan 2023 | U.S. border agents have confirmed that 1.2 million illegal migrants "got away" from authorities while crossing the border under Joe Biden's administration, U.S. Customs and Border Protection (CBP) sources told Fox News on Sunday. CBP tracks hundreds of thousands of migrant encounters at the U.S.-Mexico Border every month, but that stat does not include the number of known "gotaways," or migrants who were detected by authorities but not apprehended. Since Biden entered office in January 2021, border crossings have exploded, and at least 1.2 million migrants successfully evaded authorities. The first half of Biden's four-year term saw monthly border encounters rise from 101,000 in February 2021 to 251,000 in December 2022, according to CBP stats.

Border Patrol nabbed 17 people on FBI terror watch list at southern border in December

21 Jan 2023 | Border Patrol agents stopped 17 people on the FBI's terror watch list at the southern border in December, bringing the total of individuals arrested at the southern border to 38 already for the current fiscal year. Customs and Border Protection's (CBP) latest numbers for December, released on Friday, revealed Border Patrol has arrested 17 people at the southern border whose names match on the FBI's Terrorist Screening Database (TSDB) – which contains information about the identities of those who are known or "reasonably suspected" of being involved in terrorist activities. December's numbers bring the total number of terror watch list arrests between the ports of entry to 38 since FY 2023 began on Oct 1. There were 98 terror watch list arrests in FY22, 15 in FY21 and just three in FY 20 at the southern border caught between ports of entry.

Where Did All the Workers Go?

20 Jan 2023 | In a November 30, 2022, speech on "Inflation and the Labor Market," Federal Reserve chairman Jerome Powell blamed most of the 3.5 million estimated shortfall in the U.S. labor force on premature retirements. He also blamed a large portion – between 280,000 and 680,000 – on "long Covid." **In a footnote, however, Powell acknowledged a far more somber factor: an estimated 400,000 unexpected deaths among working age people...** In 2020, Covid did not take very many lives of healthy young and middle-age people – for example, the types of people who are employed at large and mid-size companies and who have group life insurance. ...[G]roup life insurance benefit payments in 2020 were barely higher than in 2018... In 2021, however, group life payments exploded by 20.7 percent over the five year average and by 15 percent over the acute pandemic year of 2020. Why would healthy young and middle-age people suddenly begin dying in large numbers in 2021 when they'd navigated 2020 with relative success? Especially when we consider that in 2021, the US administered 520 million Covid-19 vaccine doses. Shouldn't healthy people employed in good jobs with good benefits, now protected with vaccines, have fared better in 2021 than in 2020?

Federal agencies withholding data behind pilot heart condition change, COVID vax stroke reversal

20 Jan 2023 | Federal agencies are withholding the data behind recent decisions that relate or may relate to COVID-19 vaccines and severe adverse events, fueling speculation that they are putting both vaccinated and unvaccinated lives at risk. The Federal Aviation Administration told Just the News it widened the acceptable range of heart rhythms for commercial pilots, who were initially subject to industry-wide vaccine mandates, in light of "[n]ew scientific evidence" that it has yet to specify. The Oct. 26 update to the heart arrhythmias section of the FAA Guide for Aviation Medical Examiners made two key changes. The agency raised the maximum so-called PR interval for first-degree atrioventricular block to 300 milliseconds, with no regard to age, on the list of "normal variants" that don't require deferment in the absence of "symptoms or AME concerns." FAA spokesperson Ian Gregor provided a modified version of the statement the agency released last spring after American Airlines pilot Robert Snow blamed his in-flight cardiac arrest on coerced vaccination.

'Bombshell' Emails Reveal Fauci Was Part of NIH and Who Conspiracy to Silence Wuhan Lab Leak Theory

21 Jan 2023 | Dr. Anthony Fauci, once considered America's top Covid doctor, conspired with influential scientists around the world, including at the World Health Organization, to quell concerns that SARS-CoV-2 may have leaked from the Wuhan Institute of Virology, newly un-redacted emails show. The newly released emails raise questions about Dr. Fauci's motives in dispelling public scrutiny over the potential the novel coronavirus had escaped from the Wuhan laboratory. Fauci had misled Congress over the extent that the National Institutes of Health had funded the Wuhan lab as a subcontractor of EcoHealth Alliance. The Wuhan laboratory was also funded by the Pentagon, contract awards show. The un-redacted NIH emails show how public questioning that SARS-CoV-2 may have escaped from a laboratory was a concern for the group's scientists lest it become a "conspiracy theory."

FDA assigned Pfizer's COVID vaccine a license number months prior to actually licensing it

6 Jan 2023 | Back in July 2020, when the U.S. Government committed to purchasing millions of doses of Pfizer's Covid vaccines prior to the vaccines actually being authorized for use in the American public, some wondered whether the FDA's "review" process for granting Emergency Use Authorization (EUA) was just a mere formality... Based on an FDA document that ICAN's (Informed Consent Action Network) attorneys recently obtained, it appears we can now say that the FDA's post-EUA procedure for determining whether to formally license Pfizer's Covid vaccine was indeed just that - a mere formality. On June 17, 2021, the FDA drafted a memo announcing that it was issuing a license number for Pfizer's Covid vaccine. But the FDA didn't actually license the Pfizer's Covid vaccine until several months later on August 23, 2021. In the document, the FDA makes the stunning admission that, while granting a BLA license number prior to actual licensing was a "deviation from [the FDA's] normal practice," it was doing so to "facilitate product labeling and distribution" because it had reviewed "much" of the information in Pfizer's licensing application. ★

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Market Fresh
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12 Oz
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ROSY'S ORGANICALLY GROWN KITTEN GRASS • Single Tub **\$2.99**
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2.1 Oz • Selected Varieties
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 1/25/23 - 1/31/23
\$1.49 CHM PLU 573

BONUS COUPON
JONNY CAT
PREMIUM CAT LITTER
20 Lb Bag
Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 1/25/23 - 1/31/23
\$5.39 CHM PLU 362

From Farm to Family

Soil Born Farms Connects Community to Fresh, Local Produce

Story by Shaunna Boyd

RANCHO CORDOVA, CA (MPG) - Soil Born Farms is a non-profit urban agriculture and education project that grows local organic produce on the 55-acre American River Ranch at 2140 Chase Drive in Rancho Cordova. The goal of the farm is to connect people with healthy food and the process of growing that food – which encourages healthy living, an investment in the environment, and a commitment to a sustainable community.

At Soil Born Farms, a big part of creating a connection between the community and the food they eat has always been the Farmstand, where people could browse fresh, organic produce. But during the last couple of years, Soil Born Farms had to make changes in response to the challenges of the COVID-19 pandemic. Terese Hollander Esperas, project manager for Soil Born Farms, said they had to “rethink and pivot” to meet the community’s needs. They shifted their in-person Farmstand to an online marketplace, which opens Tuesday evenings on the website for customers to make selections for a Saturday morning drive-thru pickup at the farm. In addition to produce from the farm, the online marketplace offers curated items from 35 local farmers, bakeries, orchards, and a variety of artisan food producers. Esperas said it has been “a really successful endeavor.”

Now, Soil Born Farms has been able to re-open the Farmstand on Saturdays, but they are continuing the online



Kids learn the joy of growing and harvesting fresh vegetables at Soil Born Farms, located along the American River in Rancho Cordova. Last year, almost 1,000 students visited the Farm for field trips, homeschool classes, after-school activities, and summer camp. Photos courtesy of Soil Born Farms



Everyone can benefit from getting their hands dirty as they become part of the process that brings fresh, organic produce into the community.



Gardening classes and volunteer opportunities at Soil Born Farms provide plenty of opportunities for people in the community to get involved in growing their own food.

marketplace as well since the service has proved to be so popular. Having the option of ordering online or browsing

the Farmstand in person makes it possible to meet the needs of more people in the community – bringing

fresh produce and healthy food into more homes, in whatever way works best or them.

Another big change at Soil Born Farms is a major renovation to the Farmhouse Kitchen, which is now a

commercial kitchen space. This allowed the Farm to expand their services to include culinary classes, catering, and making soups and meals for the marketplace and for pop-up brunches on Saturdays. The new kitchen is the homebase for Phoebe’s Tea & Snack Bar, which serves as the Farm’s job-training site for teens, where they learn customer service skills as they serve tea, coffee, pastries, and soup to guests.

Soil Born Farms also expanded the parking lot and built a variety of new outdoor spaces for gathering and to hold outdoor classes. The Farm is open to guests on Saturdays (except in inclement weather) from 8:00 AM to 1:00 PM for the Farmstand and marketplace pickups, farm tours, birdwatching, brunch, music, and family events. Milly’s Mercantile is open on Saturdays at the Farm as well, offering artisan housewares and handcrafted gifts.

There are always volunteer opportunities at Soil Born Farms, in addition to bi-annual plant sales and a variety of classes that focus on gardening, wellness, nature and the environment, herbal studies, cooking, and Summer Day Camp for the kids. Visit the website for the full schedule (<https://soil-born.org/>).

Soil Born Farms provides an opportunity to find healthy, local food while connecting to the land where that food is grown. Spend a Saturday gathering with friends and family while you enjoy nature and all the Farm has to offer. ★

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 FOOD COURT NOW OPEN
 10971 Olson Drive
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 Market: 3 Days 8am-9pm
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 Korean / Mex / Viet / F30pm last call
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FROZEN & FISH DEPT

Red Abalone (sashimi grade) 8 pcs. / 1 kg REG. \$49.99/EA \$39.99/ea	Salmon Nugget Breaded lb. REG. \$4.99/LB \$2.49/lb
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WEEKLY MEAT SPECIALS

Beef Rump/Bottom Round Roast - Bnls Papa Contra en Trozo sin Hueso \$3.99/lb	Beef T-Bone Steak Filete Chuletón de Ternero \$4.99/lb	Beef Porterhouse Steak Filete Bisteque de Ternero \$5.49/lb
Chicken Drumsticks Piernas de Pollo 69¢/lb	Pork Spare Ribs (Single Pack) Costillitas de Cerdo \$1.99/lb	Pork Butt - Bone In Trozo de Puerco con Hueso \$1.69/lb
Pork Neck Bones Bispos de Cerdo \$1.59/lb		

FRESH PRODUCE

Fuji Apple 79¢/lb	Lemon Fancy 3/\$1.00	Mushroom White 8 oz \$2.29/ea	Sweet Yellow Onion 3 lb \$2.49/ea
Avocado 2 lb \$2.69/ea	Jicama 69¢/lb	Mandarine Murcott \$1.79/lb	King Oyster Mushroom \$1.99/lb

AMERICAN/HISPANIC GROCERY

\$3.99/ea Kid's Garden 6 packs 6 x 12.1oz	\$4.49/ea Lundberg Organic Rice Cakes 9.5 & 9.6 oz	\$6.99/ea Super Lucky Thai Jasmine Rice 5 lb	\$3.59/ea Cream of Wheat Hot Cereal 2-1/2 minutes 12 oz	\$4.99/ea Best Food Real Mayonnaise 30 Oz
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ASIAN GROCERY

\$3.99/ea Global Deer Bean Vermicelli 17.6 oz	\$13.99/ea Three Ladies Jasmine Rice 10 lb	\$5.99/ea Chauby Pineapple Cake 10.58 oz	\$6.99/ea LKK Premium Pure Sesame Oil 14 Litre	\$2.99/ea Honey Bee Premium 2 Linds 135 g
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EUROPEAN GROCERY

\$7.99/ea Votivo Barbecue 1.5 kg	\$4.29/ea Mahamad Coffee Original 24 x 18 g	\$3.49/ea Avalon Traditional Kalamata Plain 454 g	\$4.99/ea Gigiana Square Selections Chocolates 200 g	\$21.99/ea Gulistan Corn & Cassia Oil 1 gallon
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KOREAN/JAPANESE GROCERY

\$7.99/ea Sushi Rice Premium Grade 4.4 lb	\$9.99/ea Instant Noodle 100 x 10.1 g	\$6.99/ea Seasoned Soybean 9.4 x 4 g	\$19.99/ea Korean Red Ginseng Drink 20 x 1.69 oz	\$2.99/ea Rice Dried Vegetable 185 g	\$10.99/ea Red Pepper Powder 2.2 lb
\$1.59/ea Seasoned Soybean 9.75 oz	\$8.99/ea Doritos Soy Bean 2.5 lb	\$3.99/ea Korean Traditional Onions 5.52 oz	\$2.99/ea Korean Ginseng Wine 900 ml	\$15.99/ea Chips Gift Set 700 ml	\$2.99/ea Alpha SWASH Rice Seasoning 12 oz
					\$19.99/ea Korean Sesame Oil 56 oz

HOUSEWARES

99¢/ea Hamilton Beach Kitchenware 8 Pieces	\$39.99 Electric BBQ Grill
\$14.99 Rice Cooker (4 C.F.T.)	\$3.99 Rice Cooker (2 C.F.T.)
\$3.99 Rice Cooker (1 C.F.T.)	\$4.99 Rice Cooker (1 C.F.T.)

HAPPY HOURS
Draft Beer \$2.50 & UP
 Mon-Thu 4PM-9PM
 Fri-Sat 2PM-9PM

Kp KARAOKE SPECIAL Sun-Thu Come before 9pm (Valid Time)
 Fri-Sat Come before 9pm (Valid Time)

For 6 people \$85.00 3Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (12 seats) (12 to 15 people)	For 18 people 275.00 3Hours Karaoke + 3Pizza + Pitcher Soda + 7 Main Dishes (18 seats) (12 to 15 people)
For 12 people \$185.00 3Hours Karaoke + 2Pizza + Pitcher Soda + 4 Main Dishes (12 seats) (12 to 15 people)	For 28 people \$350.00 3Hours Karaoke + 3Pizza + Pitcher Soda + 8 Main Dishes (18 seats) (12 to 15 people)

9 Dishes To Choose From

FROZEN & FISH DEPT

Korean Bap Bar 3 kinds \$1.99/ea	REG. \$5.99/ea
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EUROPEAN DELI

Oven Roasted Turkey Breast \$7.69/lb	Pine'd Olives Garlic Spread \$4.29/lb
Han off the Bone \$5.79/lb	Green Olives garlic with Jalapeno \$4.69/lb