



Shelter Seeks  
Kitten Fosterers  
& Donations  
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He is  
Risen!  
Celebrate Easter



# Citrus Heights Messenger

VOLUME 12 • ISSUE 15      Serving the City of Citrus Heights & Sacramento County      APRIL 15, 2022

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INSIDE

DOCTOR TO RUN  
100K FUNDRAISER  
FOR NEW MOMS



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HOPPIN'  
GOOD TIME



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ABC10  
RECOGNIZED  
WITH AWARDS



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## Parklands Matter



Assemblymember Ken Cooley (Rancho Cordova), together Stephen Green (left) President of the Save the American River Association, District 3 Supervisor Rich Desmond and Assemblymember Jim Cooper (Elk Grove) announce legislation to address public safety and environmental destruction on the American River Parkway. Photo by Patrick Larenas

### Office of Assemblymember Ken Cooley

**RANCHO CORDOVA, CA (MPG)** - Assemblymembers Ken Cooley (Rancho Cordova), Kevin McCarty (Sacramento) and Jim Cooper (Elk Grove) announced their efforts to address public safety on the American River Parkway after the brutal slaying of 20-year-old Emma Roark. Local communities and neighboring families have been increasingly riled by the level of violence, dangerous debris and environmental destruction left by illegal campers on the American River Parkway.

Sacramento area representatives have introduced AB 2633, which defines parklands with heightened risk of environmental degradation and damage due to the unique and valuable resources within it, such as the American River Parkway, as “special parklands.” This bill authorizes the removal of illegal campsites

from these parks to prevent unnecessary environmental destruction and addresses public safety hazards.

In addition, they are proposing \$50 million in grant funding to go to counties and regional park districts to support efforts to protect the parkway. Goals of the grant program include 1) preventing fires by reducing the incidents of illegal campfires in regional parks, 2) reducing homelessness by providing services and housing options, and 3) protecting park visitors, wildlife and our natural resources.

“I live almost exactly one mile from this precious location. For decades, I have brought my own children and grandchildren here to experience and wonder at the world around them. Public safety and environmental protection are paramount to the value of this parkway,” said Assemblyman Ken Cooley.

Severe violence has been committed both against the

transient population and by some of its members along the watershed lands oftentimes under the cover of dense vegetation, right alongside homes and trails frequented by vulnerable populations such as children, seniors and individuals travelling alone.

“I’m proud to author AB 2633, along with Assemblymember Ken Cooley, to preserve and protect our cherished American River Parkway,” said Assemblymember Kevin McCarty, Sacramento. “Sadly, because of illegal camping, the American River Parkway isn’t safe enough — resulting in locals thinking twice about visiting our jewel of Sacramento. We can humanely and aggressively address homelessness and ensure that our Parkway remains a regional treasure.”

With the climate crisis underway, wildfire has been an increasing threat to California. In the Sacramento

*Continued on page 3*

## Experts Look for Solutions as Fentanyl Overdose Deaths Surge

Commentary  
by Alvina Alston

There’s no question that the pandemic caused a troubling upward trend in addiction disorders, with many people turning to substances like opioids to help them cope with the loss of a loved one, feelings of isolation or job stress. But amid the darkness came a sliver of light: the dawn of telehealth and tele-mental health services, which provide convenient ways for folks to seek help.

“We’ve also seen the rollout of naloxone, the opioid reversal agent that can save lives,” said Dr. Paul Christo in a recent interview. “It doesn’t have to be prescribed by a physician. It can be, but in certain states, pharmacists can dispense it without a prescription. Drugs like methadone, buprenorphine and suboxone, these drugs help prevent relapse, reduce craving and are really important.”

Dr. Christo, Associate Professor in the Division of Pain Medicine at the Johns Hopkins University School of Medicine, wants to remind those battling addiction to make use of these valuable telemedicine and tele-mental health services, and adds that it’s important for clinicians to advocate to their patients that online treatment options, including telehealth prescriptions for critical medications are available.

The opioid epidemic today progressed in three phases, according to the Centers for Disease Control and Prevention. The first involves deaths caused by prescription opioids, the second, an increase in heroin use, and the third, a surge in the use of synthetic opioids or fentanyl. Experts say the U.S. is right in the middle of the third phase of the epidemic, due to the increasing availability of fentanyl and increasing rates of overdose deaths involving synthetic opioids.

According to a recent study there were 632,331 drug overdoses between 1999 and 2016. Most of these deaths (78.2 percent) were drug overdoses with known drug classification. Moreover, 21.8 percent were unclassified drug overdoses. A further investigation revealed that for unclassified drug overdoses, 71.8 percent involved opioids,

*Continued on page 5*

## Little Free Libraries Return

By Elise Spleiss

**CITRUS HEIGHTS, CA (MPG)** - They’re Baack! In 2015 a partnership between the Citrus Heights History and Arts Commission, Citrus Heights Rotary, San Juan High School (SJHS) and Lowe’s brought into being 20 Little Free Libraries to be set up throughout the City of Citrus Heights. Twenty businesses, organizations and families each donated \$500 to sponsor the building of the libraries and maintain and help keep them stocked with books along with donations from the Sylvan Library.

A Little Free Library is a box full of books, for both children and adults where anyone may visit to pick out a book and bring back another book to share. Books which are officially donated are stamped as property of the Little Library to prohibit the sale of the books elsewhere or the boxes being used for inappropriate books or advertising of any kind.

Funds raised were used

to promote awareness of the work of the History and Arts Commission and the City’s historical buildings. Lowe’s donated the wood and materials for the original construction and students at San Juan High School Woodworking class built them as a replica of the original Sylvan Schoolhouse. On April 11, 2015, members of the Rotary came together on International Rotary at Work Day to install the

boxes in 20 different locations throughout Citrus Heights. Together with other volunteers and members of the SJHS football team the project was completed.

However, in the seven years since the launch of the program only the library at Lichen Park has survived unscathed. Nine of the 20 libraries have been vandalized but could be repaired. Over the years the final 10 were stolen or



Roy and Mary McAlister show off the first of many Little Libraries to come at the Sylvan Community Center. Photo by Elise Spleiss

destroyed beyond repair. In October of 2021 those vandalized were removed to be repaired by San Juan High School’s shop classes.

Thanks to another collaboration, the Little Free Libraries of Citrus Heights are back! On March 22, after five months of repair, the first of the repaired libraries was reinstalled at the Sylvan Community Center with a new metal pole and stronger construction. Roy and Mary McAlister, the Library’s sponsors work hard to keep it stocked. On May 7, another Rotary at Work Day will see the last 18 boxes installed, some back in their original spots. Others will find a new home where more vandalism is less likely. Each library will again have a plaque with the name of donors and an official box number stamped on it. To date there are and over 100,000 Little Free Libraries in 108 countries in the world. Look for one in a neighborhood near you! ★

Read More at [www.CitrusHeightsMessenger.com](http://www.CitrusHeightsMessenger.com)



# Sacramento State Student Radio KSSU Celebrates 30th Anniversary



Charlotte Bama, an Anthropology major, helms the microphone during her DJ shift at KSSU. Students who are part of the volunteer staff come from various academic backgrounds. Photo courtesy of Sacramento State/Andrea Price

## Sacramento State Media Advisory

### SACRAMENTO, CA (MPG)

- Sacramento State's student-run online radio station KSSU celebrated 30 years of broadcasting to the campus community and beyond on April 8 in the University Union.

KSSU has served as a radio industry training ground and student sounding board since it launched on the airwaves in 1991. More than 3,000 Sac State students have worked at the station.

It now is heard via the internet from its studio on the first floor of the University Union. Each semester about 40 student volunteers, not all looking for broadcasting careers, learn a wide range of skills related to broadcasting, advertising, engineering, programming, journalism, and other fields.

"This is our audio sandbox," said KSSU advisor Aaron Wall, student



Jim Bolt, at the controls in the early days of Sac State's radio station, helped found the enterprise. Photo courtesy of Sacramento State file

services coordinator for Associated Students Inc. "Students play music that they love and talk about topics that interest them."

KSSU offers news, talk shows, music and interviews, sponsors campus events, and hosts podcast workshops. It has become a consistent Sac State presence, broadcasting remotely from a variety

of university and student events.

During the pandemic lockdown, KSSU maintained its connection with the campus community as DJs worked from makeshift studios at home.

"We didn't have a single pause," said Wall, a 2020 Sac State graduate who began his career at KSSU as a volunteer DJ ★

# Doctor to Run Canyons 100k Fundraiser for New Moms

By Kristin Thébaud,  
Thébaud Comm.

### SACRAMENTO, CA (MPG)

- Local physician Dr. Timothy Phelan will run the Canyons 100k on April 23 to raise funds to expand health and nutrition programs for new moms at the Sacramento Life Center. Phelan practices at Creekside OB/GYN of Folsom and has completed more than 50 competitive running events in the last 10 years, including road marathons and ultra-marathons. This is his fourth fundraiser for the Sacramento Life Center, raising more than \$30,000 total in his previous 100k, 50k and 40k runs. Phelan hopes to raise \$10,000 for the Sacramento Life Center during the Canyons 100k. To make a donation, visit SacLife.org.

"For 50 years, the Sacramento Life Center has offered a safe place for women to find the compassion and support they need to become a parent," Phelan said. "I am proud to support this wonderful organization and its mission. I hope our community members will donate however much they can."

Considered the birthplace of mountain ultra-trail running, the Canyons 100k is run over the most scenic and difficult sections of the Western States trail. The 100-kilometer (62.2 mile) route travels from downtown Auburn to the China Wall staging area campground, with more than 16,000 feet of ascent. Runners will experience panorama



Dr. Timothy Phelan is running the Canyons 100k race on April 23 to raise funds to expand health and nutrition programs for new moms at the Sacramento Life Center. Photo: Thébaud Communications

vistas of the Sierras and cross streams and wooden bridges through historic settlements like Michigan Bluff and Deadwood Cemetery, traveling the same trails prospectors and mules did more than 150 years ago.

"Dr. Phelan is a tireless advocate for pregnant women and new moms, and we are so grateful that he chooses to support the Sacramento Life Center through his competitive races," said Marie Leatherby, executive director, Sacramento Life Center. "The pandemic and housing crisis have been especially rough on the moms we serve. Every donation will make an important difference for a local family."

Now in its 50th anniversary year, the Sacramento Life Center's mission is to offer compassion, support, resources and free medical care to women and couples facing an unplanned or unsupported pregnancy. The Sacramento

Life Center's licensed Sac Valley Pregnancy Clinic includes a primary clinic and mobile clinic that provide all services for free, including pregnancy tests, STD tests, ultrasounds, pap smears, well woman exams, patient advocacy for men and women, education and resource referrals. In 2018, the Sacramento Life Center achieved accreditation by the Accreditation Association for Ambulatory Health Care, which ensures the group has met nationally recognized standards for the provision of high-quality health care. The nonprofit also offers a 24-hour hotline and program for women who have experienced pregnancy loss. For more information about the Sacramento Life Center's Sac Valley Pregnancy Clinic, visit SVPCLinic.com. For more information about the Sacramento Life Center or to make a donation, visit SacLife.org. ★

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# ABC10 Recognized with Awards for Excellence in Journalism



Pictured left to right: Jill Manuel, Brandon Rittiman, Gonzalo Magaña and Tyler Horst. Photo courtesy of ABC10

**Traci Rockefeller Cusack, T-Rock Communications**

**SACRAMENTO, CA (MPG)** - ABC10, a TEGNA-owned media station, continues to be recognized with a number of impressive awards for excellence in journalism, including a coveted 2022 Alfred I. duPont-Columbia University Award which is considered one of the most prestigious honors in the industry.

The series of outstanding national and regional awards are reflective of ABC10’s focus on delivering investigative reports and in-depth storytelling to keep viewers informed about important issues that affect their lives.

“We have nurtured a newsroom culture centered on tackling complicated topics, sharing impactful ‘deep dive’ stories with important context, and holding the powerful accountable,” said Risa Omega, President & General Manager of ABC10. “While we’re very honored to be known as the most awarded newsroom in Northern California, we’re most proud of how our in-depth coverage is helping to shed light on key issues that positively impact the lives of our viewers.”

ABC10 was recognized with the following awards for news stories that aired in 2021:

- **Alfred I. duPont-Columbia University Award** for "FIRE-POWER-MONEY: Holding PG&E Accountable," an investigative series (in development for multiple years) by ABC10 reporter Brandon Rittiman on Pacific Gas & Electric's role in the deadliest wildfire in California's history;
- **Peabody Award Nomination** for "FIRE-POWER-MONEY: Holding PG&E Accountable";
- **James Madison Freedom of Information Award** for the "Price of Care: Investigating California Conservatorships," an investigative series (a full year in development) by ABC10 reporter Andie Judson focused on the state’s complex conservatorship system and the multi-billion-dollar industry;
- **RTDNA 2021 National Edward R**

**Murrow Award** for “FIRE-POWER-MONEY Season Two” for Large Market Best News Series;

- **RTDNA 2021 Region 2 Edward R Murrow Awards (2)** for Bartell’s Backroads “Modesto’s Blind Bowler” and for “FIRE-POWER-MONEY”;
- **NATAS SF/NorCal Regional Emmy Awards (8)** for the following:
  - “Making sense of government corruption and corporate crime” by Brandon Rittiman, Writer
  - “Modesto's Blind Bowler” by John Bartell, Reporter; Tyler Horst, Photojournalist
  - “George Washington, Milkmaids, and Herd Immunity!” by Brandon Rittiman, Director/Writer; Megan Jorgensen, Motion Graphic Designer
  - “Bartell's Backroads: Animals of California series” by John Bartell, Reporter
  - “District Attorney/Officer Involved Shooting Investigations” by Andie Judson, Reporter; Victor Nieto, Editor
  - “California Props: Explained - with Brandon Rittiman” by Brandon Rittiman, Host/Writer; Samuel Platz, Photographer/Editor
  - “Police prone position investigation | Unchanged policies cost lives and taxpayer money” by Andie Judson, Reporter
  - “Bartell's Backroads: Desert oddity series” by John Bartell, Reporter/Host

ABC10’s award-winning news coverage is led by Director of Content Jill Manuel and Executive Producer of Special Projects Gonzalo Magana with outstanding efforts by a dedicated, diverse, and talented newsroom staff filled with investigative reporters, storytellers, photojournalists, editors, writers, creatives, and many others who work diligently behind-the-scenes.

To learn more about ABC10 and its mission, or to watch these award-winning special reports and other exemplary news stories, please visit [www.abc10.com](http://www.abc10.com) or [www.youtube.com/c/ABC10](http://www.youtube.com/c/ABC10). ★

# Parklands Matter

*Continued from page 1*  
region, the American River Parkway, which is an urban parkway nestled alongside multiple communities, teeming with wildlife, presents heightened risks and hazards.

Specifically, illegal campfires have caused wildfires that have destroyed hundreds of acres of regional parklands. In recent years, The American River Parkway has seen incidents of illegal fires, camping, and dumping skyrocket—threatening the parkway’s beauty, sustainability, and the safety of visitors, adjacent communities, schools

and businesses. The Sacramento Bee reported that by June 2021, 60+ illegal fires scorched more than 130 acres of this treasured parkway, including newly restored habitat.

Including, last year, after countless hours and thousands of dollars in grants and donations for the restoration of an imperiled turtle habitat, the newly restored habitat burned to ashes. More importantly, strong winds can push campfires through encampments with dense vegetation and fuel, and into adjacent neighborhoods, leaving little time for both campers and residents to flee.

Without intervention and protection, California’s outdoor spaces that serve multiple specialized environmental, public safety and recreational functions, will continue to be at risk of degradation and damage. Protecting the American River Parkway from illegal fires and providing those suffering from homelessness with services and healthier housing options, will ensure its preservation and lead to healthier and safer communities throughout the greater Sacramento area. The proposed \$50 million in grant funding will support all of these goals. ★

# Have a Hoppin’ Good Time



DJ Tyler ‘Hop T Hop’ says, “Stay alert for more FUNTOPIA Kids Club events throughout the year and enjoy at-no-cost fun activities.” Photos by Patrick Larenas

**By Patrick Larenas**

**CITRUS HEIGHTS, CA (MPG)** - Kids followed the trail of the Easter Bunny to KIDTOPIA’s “A Hoppin’ Good Time” for an Easter party at Citrus Town Center on Saturday, April 9. The egg hunt held was part of Sunrise MarketPlace’s effort through FUNTOPIA, a local Citrus Heights Kids Club, to include children, parents and merchants by hosting family-friendly events in the heart of town.

FUNTOPIA hosted the at-no-cost event by providing booths for balloon twisting, face painting, crafts and photo opportunities to ‘Meet and Greet’ the Easter Bunny, drawing smiles and preserving children’s moments.

Sara Espinosa, the event’s Marketing Director, said, “The little Easter egg hunt and dance party was a coordinated event on behalf of Sunrise MarketPlace,” which is a collection of over 400 stores, restaurants and services, including Citrus Town Center, at the corner of Sunrise Boulevard and Greenback Lane.

The lively music which accompanied the energized children into the plaza was produced by Tyler DJ ‘Hop T Hop,’ who emceed the event, entertaining the

audience and wearing a black top hat and “bunny ears.” ‘Hop T Hop’ also works for Sunrise MarketPlace’s marketing department, and says he really enjoys KIDTOPIA’s various activities throughout the year as he takes on different personalities according to the event and season.

Citrus Town Center is located at 7925 Greenback Lane, Citrus Heights. For more information about FUNTOPIA Kids Club or Citrus Town Center visit [www.citrus-towncenter.com/about/](http://www.citrus-towncenter.com/about/). ★



KIDTOPIA’s “A Hoppin’ GoodTime” provided a fun opportunity for parents and kids to meet the Easter Bunny and get their picture taken.

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# Sheriff Scott Jones Endorsed by McClintock, LaMalfa and Issa

## Sheriff Scott Jones for U.S. Congress

**SACRAMENTO, CA (MPG)** - Sacramento County Sheriff Scott Jones today announced endorsements from Conservative Congressmen Tom McClintock, Doug LaMalfa, and Darrell Issa. “It is significant that conservative Members of Congress, Tom McClintock, Doug LaMalfa and Darrell Issa have strongly endorsed Sheriff Scott Jones for Congress in the new CA-3 district. McClintock and LaMalfa currently represent nearly 80% of this district and have served this rural California region for nearly a decade,” said Jones Campaign Strategist Duane Dichiaro.

**Congressman Tom McClintock** is a proven conservative leader who has served California’s historic gold country in Congress since 2009, representing a majority of the counties in the new 3rd district. He is a standard-bearer for conservatives in Washington in the fight for government accountability, ending wasteful government spending, and lower taxes.

“With 33 years in law enforcement, and 12 years as the ‘Law and Order’ Sheriff of Sacramento County, Scott Jones has proven himself to be the real conservative in the 3rd Congressional District. Sheriff Jones is the only candidate that I trust to stand up to the radical Left who wants to ‘Defund the Police.’ He knows first-hand the cost of unchecked illegal immigration on our communities, I can count on Sheriff Jones to be along my side as we secure the border and stop the flow of illegal drugs into our country. He has my full support.” – Congressman Tom McClintock

**Congressman Doug LaMalfa** is a fourth-generation rice farmer and lifelong Northern California resident who has served in Congress since 2013, previously served in the California State Senate from 2010-2012, and in the State Assembly from 2002-2010. Congressman LaMalfa currently represents all or part of 11 counties including the counties of Placer, Nevada, Plumas, and Sierra that will be included in the new Congressional District 3, in which Sheriff Scott Jones is running for election.

“Sheriff Scott Jones is hands down the best candidate in the new 3rd Congressional District. He has been a conservative champion taking action to protect individual liberty against government overreach. He’s taken a stand and led the fight against illegal

immigration and crime. From pushing back against rioters and ensuring those who break the law are held accountable Sheriff Jones is what we need more of in Congress- someone who fights. I know both Republicans, and I strongly endorse Scott Jones for Congress.” – Congressman Doug LaMalfa

**Congressman Darrell Issa** has fought for conservative values here in California and nationwide for decades. Issa has served southern California in Congress since 2001, chairing the powerful House Oversight and Government Reform Committee from 2011-2015 and eventually being nominated director of the United States Trade and Development Agency by President Trump in 2018. Congressman Issa rejoined Congress in 2020.

“I’m endorsing conservative Sheriff Scott Jones because he has proven he will stand up to the ‘defund the police’ movement, stand up to BLM, and help me secure the border to stop illegal immigration. He is the law and order candidate we need in Congress.” – Congressman Darrell Issa

The Congressmen’s endorsement joins those of State Senator Jim Nielsen, and former or current Sheriffs in all 10 counties in CA-03.

Sheriff Jones accomplished a strong record of leadership at the Sacramento County Sheriff’s Office, stewarding the Department’s recovery from the worst financial crisis of its history, becoming a regional leader in the fight against gangs, and hiring a record number of women, minorities, and veterans. As one of the foremost experts on law enforcement in California, Sheriff Jones has been an advocate for investing in public safety and a vocal opponent of the ‘Defund the Police’ movement. In Congress, Jones will be an advocate for fiscal accountability, border security, and restoring criminal justice to America’s communities. A nationally recognized law enforcement leader, Jones has testified before Congress, and has presented at two White House conferences on law enforcement, immigration, and safety issues.

California’s 3rd Congressional District includes the Counties of Placer, Nevada, Mono, Sierra, Inyo, Plumas and Alpine and portions of Sacramento, El Dorado, and Yuba Counties. It is an open seat and Republicans hold a 7-point registration advantage.

To learn more about Sheriff Scott Jones and his campaign for Congress, visit: [scottjonesforcongress.com](http://scottjonesforcongress.com). ★

# San Juan Boy’s Varsity Basketball Wins League



San Juan senior guard Nanik Tagore (back middle behind FLCS) poses for a photo with his boy’s small school North Team after losing to the South Team 99-78 in the 45th Optimist All-Star Game on Sunday, April 3 at Capital Christian High School in Sacramento. Photo courtesy of Optimist Sacramento

**By Shaun Holkko, sports editor**

**CITRUS HEIGHTS, CA (MPG)** - Sitting at 5-9 midway through the 2021-22 season, the San Juan boy’s varsity basketball team appeared to be going nowhere.

The Spartans (16-10, 11-1 Sierra Delta League) hit rock bottom to end 2021, losing all three games played at the 45th Cordova Christmas Classic by double-digits, respectively. Over three games, San Juan was outscored by 64 points combined.

Luckily for the Spartans, a new year quickly arrived, bringing back hope to salvage a season that at one point appeared to be lost. San Juan’s New Year’s resolution must’ve been to just win because that’s all they did to begin 2022.

The Spartans did not lose a game in January as they rattled off eight wins in a row and 11 out of 12 in Sierra Delta League play,

en route to the team’s first league title since 2012. In fact, San Juan won each league game by an average of 21 points. The Spartans improved their average points per game total from 54 over the entire season to 61 during league action.

San Juan’s peak of the season came against Highlands (5-17, 4-8) on Feb. 10 as San Juan scored a season-high 102 points during a 42-point victory over the Scots. Senior Nanik Tagore hit nine 3-pointers, including five in a row early in the second half against Highlands.

For the first time since 2017, the Spartans were playoff bound following their remarkable turnaround. First up for San Juan was a home matchup against Casa Roble (10-18, 6-5 Golden Empire) of Orangevale on Feb. 16. The Spartans were victorious 69-48, earning the team a spot in the Division IV CIF Sacramento Section Boys

Basketball Playoffs.

Unfortunately for San Juan, the Spartans’ magical run came to an end in the next game two days later, falling at No. 2 seed Calaveras (24-9, 9-1 Mother Lode) by a score of 74-52 in the first round of the bracket. However, that was not the end of San Juan receiving recognition for its impressive season.

Senior guard Narco Gallon and junior forward Cesar Bejarano-Lara were named to the All-Sierra Delta League team. Senior guard Emil Vasilenko and junior forward Sam Silchuk received All-League team honorable mentions.

San Juan head coach Freddie Bryant was bestowed with the distinction of league Coach of the Year. Finally, Tagore earned league Most Valuable Player honors after averaging 29 points per game and leading his team to their first league title in a decade. ★

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# COVID-T Variant Looks Deadly to California Freedom



Commentary by Ted Gaines

A dangerous strain of COVID is ripping through the California legislature. This new variant, COVID-T, for Totalitarian, threatens to sacrifice every, last, tiny shred of medical freedom in California on the altar of utopian “safetyism” and make the California U-Haul shortages of the past seem like quaint memories.

COVID is no longer a crisis. This is good news! Nearly 75-percent of eligible Californians are fully vaccinated, a number that doesn’t include those partially vaccinated or who have natural immunity acquired through infection. Deaths are, mercifully, at a trickle. We should be celebrating the manageable threat that now confronts us.

But the COVID-T proves that the panic and fear that characterized the early, unchecked era of the pandemic are still surging in the legislature.

Even as the futility of masking and shutdowns become evident in reflection, California legislators have introduced a number of hyper-controlling, uber-safety bills aimed at forcing left-wing vaccine orthodoxy onto everyone.

- Here’s a sampling:
- **Assembly Bill (AB) 1993 (Wicks)** - Employers must get proof of vaccine before hiring a new employee or face a fine;
  - **AB 1797 (Weber)** - Creates a vaccine registry, which could be used

to deny services to the unvaccinated;

- **Senate Bill (SB) 866 (Wiener)** - Lets 12-year-old children consent to vaccines even against the wishes of their parents;
- **SB 871 (Pan)** - Lets schools ban students who are not COVID vaccinated;
- **AB 2098 (Low)** - Disciplines doctors for spreading COVID “misinformation.” Think of all the official announcements and guidance that have since proven wrong! This is an astonishing assault on free speech.
- **SB 1464 (Pan)** - Mandates Sheriffs enforce state vaccine orders and withholds state funds from counties that don’t enforce.

There are others. These bills aim to deny livelihoods, education, and shut down debate surrounding COVID treatment and policy. Here’s hoping they don’t try to cut off banking and travel to the unvaccinated but this collection of bills shows an unlimited appetite for punishing people into compliance.

I’m sure the bills’ authors would scream “I follow the science!” The problem is, science isn’t policy. It is an input to policy. Policies are an expression of values, not equations. I’m sure science would show that high-speed impacts are deadlier than low-speed impacts, but that doesn’t tell us the speed limit.

Like COVID, car accidents are “transmissible” to other people. But, even with “the science” and the risk to others, we don’t have turtle crawls on our highways. Why? Because all policies involve tradeoffs and there are competing values in the world. Freedom and choice, to name just two, are often ignored in Sacramento but they should be balanced against other needs and desires in crafting laws and regulations.

This is a point lost on legislators who want to cut off the world to those who don’t line up for the vaccine, even if they have natural immunity to COVID from prior infection. The 100% safety COVID Puritans who imagine zero-COVID fueled by unquestioning obedience forget the experiences of the past two years. They forget the millions of closed businesses, the lonely elderly who died without the comfort of their families, or the masked and isolated children whose educations and mental health were sacrificed to zero COVID.

A legislature that facilitates heroin use and lets mentally ill homeless terrorize innocents on the streets seems a little selective in the dangers they want to police. COVID has been granted its own risk category, superior to all others. It makes no sense.

California is turning into the least hospitable place to live in the country. People are fleeing this state in such numbers that U-Haul actually ran out of trucks to service the exodus earlier this year. But that outmigration will be tiny compared to the people flocking to freer states to avoid the life-controlling COVID-T.

You should control your medical decisions, not legislators who might be wearing masks alone in their cars but not at sporting events or restaurants. Don’t ever let them take your freedom.

*Senator Ted Gaines (Ret.) was elected to represent the Board of Equalization’s First District. He is a leading taxpayer advocate and is committed to providing trustworthy and transparent representation for nearly ten million constituents in 30 counties of northern, eastern, and southern California. For more information, visit [www.boe.ca.gov/Gaines](http://www.boe.ca.gov/Gaines).* ★

# California’s Gun Restrictions are a Failure



By Dan Walters CALMatters.org

Inevitably, last week-end’s horrendous fusillade of bullets on a downtown Sacramento street that left six people dead and at least a dozen wounded generated demands for new gun controls in state that already has the nation’s most restrictive firearms laws.

However, if anything, what happened just two blocks from the state Capitol underscores the folly of believing that “gun violence” can be meaningfully reduced by trying to choke off the supply of firearms – any more than the prohibition of liquor or the war on drugs succeeded.

The state’s gun laws have hassled law-abiding hunters and gun hobbyists and some are in danger of being declared unconstitutional. However, Californians already own more than 20 million rifles, shotguns and handguns and are buying hundreds of thousands more each year.

Nor have these laws prevented the lawless from obtaining weapons via theft, smuggling from other states or the illicit manufacture of untraceable “ghost guns.” Indeed, state restrictions have made the black market even more lucrative, mirroring the

side effects of Prohibition and the decades-long drug war.

Initial evidence indicates that those who fired more than 100 rounds in a street crowded with bar and nightclub patrons probably were violating one or more gun laws. The two brothers that police arrested and are suspected of involvement in the mass shooting were charged with illegal possession of weapons – one for possession of an illegal fully automatic firearm.

So why, if California’s much-vaunted gun control laws have failed to choke off the supply of legal and illegal weapons, do politicians continue to claim that enacting even more will have an effect?

Some may believe it, the evidence notwithstanding, while others want to appear to be doing something about a problem because they don’t have any other answers. And those who propose and enact new gun laws are often woefully ignorant about guns or even existing laws.

In the aftermath of the shooting, Sacramento Mayor Darrell Steinberg lamented to a radio interviewer about California’s difficulty in reducing the number of guns, saying, “You just have to go to a gun show in Reno to buy an assault weapon without a background check and come right back to California.”

Advocates of more laws often cite a “gun show loophole” but it’s a myth. Under federal law, one must be a resident of Nevada and undergo a federal background check to legally buy a gun in Reno.

Moreover, while California professes to have banned “assault weapons,” the state’s definition of them involves cosmetic features, rather than their lethality. Perfectly legal semi-automatic rifles that lack those features are available for sale everywhere in the state.

The newest effort at gun control in California, backed by Gov. Gavin Newsom, would authorize personal lawsuits against the manufacturers and sellers of illegal assault rifles or ghost guns, mirroring a new Texas law allowing suits against those who perform abortions.

The legislation, Senate Bill 1327, is just a stunt – one of Newsom’s periodic jabs at a rival state. Those who could be sued under the bill are already committing criminal acts in California and a federal law prohibits suits against manufacturers of legal firearms, including the “assault weapons” that California and a few other states purport – but fail – to outlaw.

The bottom line is this: Actor Alec Baldwin’s claims notwithstanding, guns don’t fire on their own. Someone must accidentally or purposely pull the trigger and that should be the focus of efforts to reduce violence – such as more vigorous enforcement of laws banning gun possession by felons and those under court order.

*Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.* ★

# Sacramento State, Los Rios Police Investigation Leads to Arrest of Suspect

## Sacramento State News Release

**SACRAMENTO, CA (MPG)** - Sacramento State and Los Rios police detectives have arrested a man suspected of sexual battery at Sac State and Cosumnes River College (CRC).

The suspect is Nico Traversie, 28, who was arrested on March 28 in the 8600 block of Mellowoods Way in Sacramento on suspicion of committing three counts of sexual battery in violation of California Penal Code section 243.4(e)(1).

Traversie subsequently was booked into Sacramento County Main Jail.

On March 2, Sacramento State Police received two separate reports of a sexual battery occurring on campus. Officers investigated and issued a Timely Warning Notification to the community.

On March 7, Los Rios police were flagged down by two females who a reported a sexual assault on the CRC campus. A crime bulletin was sent to employees and students.

The investigation was

assigned to a Sac State detective, who worked with the Los Rios Police Department, which had received a report from CRC of a similar incident and suspect description. The investigation determined that the same suspect was believed to be responsible for the incidents at both institutions.

The Sacramento State Police Department encourages witnesses with information regarding this investigation to contact the dispatch center at 916-278-6000. ★

# Fentanyl Overdose Deaths Surge


*Continued from page 1*  
translating to 99,160 additional opioid-related deaths.

There were over 70,000 drug overdose deaths in 2017, according to an estimate from the CDC. Based on findings from the new study, over half of those deaths, about 47,000 are suspected of having involved opioids.

Another study on opioid overdoses found that the number of drug overdose deaths decreased by 4 percent from 2017 to 2018. In 2018, more than 67,000 people died

from drug overdoses, making it a leading cause of injury-related death in the United States. Almost 70 percent involved a prescription or illicit opioid of those deaths.

“COVID-19 impacted the drug supply chain by closing borders on some regions, and it led to the higher death rate,” Dr. Christo explained. He added that drugs become more challenging to get, and the potency of overdose goes up. It also impacts the price, everything goes up, and in that sense, it becomes more deadly each day, according to Dr. Christo. ★



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### CLUES

#### ACROSS

- In the Queen of Hearts' oven?
- Indiana Jones' quest
- Dance with leis
- Sheikh, alt. sp.
- Opposite of paleo
- Hedgehog of movies and video games
- Toilet, to a toddler
- Pilot's estimate acronym
- One deserving of respect?
- \*Like submarine
- \*Abbey Road location
- Lobe location
- Per person
- To the \_\_\_\_ degree
- \*\*"Twist and Shout" endearment
- English confection
- Wraths
- Swarm like bees
- Not taken and taken
- Skiing helmet manufacturer
- Homework assignment
- Kamakawiwo'ole's strings, pl.
- Thermonuclear weapon
- Type of list
- Frost residue
- "God, We Praise You" (2 words)
- Redecorate, e.g.
- What Carl Lewis did
- Doctor's order
- December 31st, e.g.
- \*\*"Whisper words of"

- \*\*"Please \_\_\_\_ Me," 1st album
- Amusement
- Rage
- Scary movie consequence
- \_\_\_\_ del Carmen, Mexico
- Corn spot
- Reach a goal (2 words)
- Unit of heredity
- Cry of alarm
- Wipe out

#### DOWN

- Cough syrup amt.
- Greeting at sea
- Blood vessel network
- Ownership document
- NASA's first space station
- All over again
- Retired, abbr.
- Aussie bear
- \*\*"I want to \_\_\_\_ your hand"
- Editing arrow
- Bank holding
- Acronym, abbr.
- Mister in Brazil
- Speak from a podium
- Month X
- Hideous sight
- \*\*"It's been a hard day's \_\_\_\_"
- Social group
- Roman king of Judea
- \*Starr's predecessor
- \*Fabulous number
- Faquir, alt.sp.
- Swelling
- Ruhr's industrial center
- Not all
- Like a full-fledged Mafia man
- Cry of the Alps
- The enlightened one
- Barn sound

CROSSWORD											
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- Nervous (2 words)
- Inflict a blow
- Truth or Dare player?
- \_\_\_\_ E. Coyote
- Persian Gulf country
- Eye infection
- Peephole glance
- \_\_\_\_ good example
- Chows down
- Frugal driver's acronym
- Fish eggs
- Unidentified Jane

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SMUD First to Receive J.D. Power’s Electric Utility Sustainability Designation

CA Dream Fund to Award Microgrants to Small Businesses

SMUD News Release

**SACRAMENTO, CA (MPG)** - In recognition of SMUD’s customer service and vision for a carbon-free power supply by 2030, J.D. Power, a global leader in consumer insights and analytics, presented SMUD with its first-ever Power Certified Sustainability Leader designation.

Wednesday’s announcement of the exclusive J.D. Power designation speaks to SMUD’s track record of deep customer engagement, broad public awareness and strong advocacy surrounding energy programs and goals outlined in the 2030 Zero Carbon Plan, which will eliminate carbon emissions from the region’s power supply by the end of the decade.

“We’re proud to be leading the way toward a carbon-free economy and are honored with this J.D. Power certification,” said SMUD CEO and General Manager Paul Lau. “Our goals are to achieve ambitious sustainability results, while partnering with our customers to do the same. Through SMUD’s comprehensive Zero Carbon Plan, SMUD can continue to be a national and global leader for sustainability and carbon-free energy solutions that inspire change.”

To qualify for the J.D. Power Certified Sustainability Leader program, electric utilities must rank among the top performers in the Sustainability Index and in thorough surveys of the utility’s customers. SMUD also successfully completed a rigorous Operational

Performance Assessment (OPA). The OPA assesses performance against recommended sustainability best practices that are grouped into four categories: management and leadership, resilience and adaptability, climate change mitigation and customer engagement and advocacy.

Over the next eight years, SMUD will continue to transform where the region’s power comes from. The 2030 Zero Carbon Plan is a wide-ranging blueprint toward a clean energy future that will retool or retire thermal plants, significantly increase the amount of renewable energy sources and battery storage, adopt new technologies that invite the community at-large to directly participate in carbon-reducing activities and expand partnerships and grant opportunities to offset costs and keep rates low.

This year, SMUD launched its first utility-scale battery storage facility in South Sacramento. With a capacity of four megawatts of electricity and eight megawatt hours of storage, it is enough clean renewable energy to power 800 homes. SMUD is on course to install up to 1,100 megawatts of new local short-duration battery storage by 2030.

SMUD will also invest \$25 million to incentivize solar plus storage adoption with customer perks ranging between \$500 and \$2,500.

SMUD will achieve zero carbon in an inclusive and equitable manner through incentives, low-income programs and other community-first partnerships. ★

Governor’s Office of Business and Economic Development

**SACRAMENTO, CA (MPG)** - The NorCal SBDC Network is teaming up with the California Governor’s Office of Business and Economic Development (GoBiz) to provide eligible small businesses the opportunity to apply for a grant award of \$5,000 to \$10,000.

The Dream Fund is a one-time \$35 million grant program to seed entrepreneurship and small business creation for businesses started in the State of California on or after July 1, 2019. The grant is available to qualifying businesses that meet all eligibility criteria and complete the small business

training program provided by the Norcal SBDC.

Following successful completion of the 5-week training program, businesses will be eligible to apply for a microgrant of up to \$10,000.

Eligible business owners are to sign up at [www.norcaldbdc.org/dream/#more](http://www.norcaldbdc.org/dream/#more); You will then be enrolled in a five-week training program; Eligible businesses will have at least one counseling session with a Norcal SBDC Advisor during that time; Following satisfactory completion of training and counseling, eligible businesses will be referred to the grantmaking entity, Lendistry, to proceed with granting of up to \$10,000. ★

Nielsen Factors ‘Early Release Policy’ in K Street Shootings

Office of Senator Jim Nielsen

**SACRAMENTO, CA (MPG)** - Senator Jim Nielsen (R-Red Bluff), who served as chair of the California Board of Parole Hearings for nine years, issued the following statement in reaction to a news report that the second person arrested in the deadly K Street shooting should still be in prison.

“The alleged gunman should still be serving a 10-year prison sentence.

“The state’s negligent early release policies, I believe, may be a factor in the deadly K Street shooting, as it has been in similar circumstances across the country.

“This tragic loss of life once again demonstrates that California is failing miserably on all fronts of the criminal justice system.

“Gun control is not the answer. Getting guns out of the hands of the people prohibited from having them and keeping violent felons in prison should be the focus.” ★

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FICTITIOUS BUSINESS  
NAME STATEMENTS

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02040  
Renee Marie Abu-Green, 199 Cosimo Court  
El Dorado Hills, CA 95762 is doing business  
under the Fictitious Business Name(s) "Nay  
Nay's Nails" 13405 Folsom Boulevard Suite  
140 Folsom, CA 95630. Filed with the Clerk  
of Sacramento County March 16, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
NAY 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02098  
Liwell Referral Agency, 4534 Jenness Way  
Sacramento, CA 95842 is doing business  
under the Fictitious Business Name(s)  
"Liwell, Liwell In Home Care" 4534 Jenness  
Way Sacramento, CA 95842. Filed with the  
Clerk of Sacramento County March 8, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
LIVWELL 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01793  
Zian's Family Beauty Supply LLC, 6472  
Romack Circle Sacramento, CA 95822 is  
doing business under the Fictitious Business  
Name(s) "Tierra Phillips" 6472 Romack  
Circle Sacramento, CA 95822. Filed with the  
Clerk of Sacramento County March 8, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
TIERRA 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01934  
Haeleigh Sinerius, 8081 Ramblewood Way  
Citrus Heights, CA 95621 is doing business  
under the Fictitious Business Name(s) "Reiki  
by Haeleigh" 8081 Ramblewood Way Citrus  
Heights, CA 95621. Filed with the Clerk of  
Sacramento County March 11, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
REIKI 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01896  
Wanda Nichols, 3429 Winning Way  
Sacramento, CA 95823 is doing business  
under the Fictitious Business Name(s)  
"Vanda Inspired" 3429 Winning Way  
Sacramento, CA 95823. Filed with the Clerk  
of Sacramento County March 10, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
VANDA 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02056  
Daniel R. Wright, 5305 Gibbons Drive  
Carmichael, CA 956008 is doing business  
under the Fictitious Business Name(s) "Liquid  
Landscape Services" 4021 California Avenue  
No 17 Carmichael, CA 95608. Filed with the  
Clerk of Sacramento County March 16, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
LIQUID 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02044  
Jerry F Ahlin, 2311 W. La Loma Drive Rancho  
Cordova, CA 95670 is doing business under  
the Fictitious Business Name(s) "Creative  
Arts Co" 2311 W. La Loma Drive Rancho  
Cordova, CA 95670. Filed with the Clerk of  
Sacramento County March 16, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
CREATIVE 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01988  
Engine Planet, 8559 Blackberry Way Elk  
Grove, CA 95624 is doing business under  
the Fictitious Business Name(s) "Engine  
Planet" 7000 Franklin Boulevard Suite 730  
Sacramento, CA 95823. Filed with the Clerk  
of Sacramento County March 14, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
ENGINE 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01775  
Ivan Hramma, 2966 Chateau Montelena Way  
Sacramento, CA 95834 is doing business  
under the Fictitious Business Name(s)  
"Transportation" 2966 Chateau Montelena  
Way Sacramento, CA 95834. Filed with the  
Clerk of Sacramento County March 8, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
TRANSPORTATION 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01606  
Veterans Golf Park for Disabled Veterans,  
8040 Hoopes Drive Citrus Heights, CA  
95610 are doing business under the  
Fictitious Business Name(s) "Veterans  
Community Center" 6921 Sylvan Road  
Citrus Heights, CA 95610. Filed with the  
Clerk of Sacramento County March 2, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
VETERANS 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01423  
TransCapital Ventures, Inc, 5616  
Kingswood Drive Citrus Heights, CA  
95610 is doing business under the  
Fictitious Business Name(s) "TransCapital  
Realty" 5616 Kingswood Drive Citrus  
Heights, CA 95610. Filed with the Clerk of  
Sacramento County February 23, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
TRANS 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01960  
Jesse A. Mahon, 1609 Stewart Road  
Sacramento, CA 95864 is doing business  
under the Fictitious Business Name(s)  
"Jesse's Safe Co" 1609 Stewart Road  
Sacramento, CA 95864. Filed with the Clerk  
of Sacramento County March 11, 2022  
Publish: March 25, April 1, 8, and 15, 2022  
JESSE 4-15-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01713  
Joan Hehir and Samantha Sharpe, 8548  
Brentwick Way Sacramento, CA 95842 is  
doing business under the Fictitious Business  
Name(s) "IKRN Productions" 4633 Auburn  
Boulevard Sacramento, CA 95841. Filed with  
the Clerk of Sacramento County March 7, 2022  
Publish: April 1, 8, 15, and 22, 2022  
IKRN 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02209  
Joshua Jerome Culp, 2607 Macon Drive  
Sacramento, CA 95835 is doing business  
under the Fictitious Business Name(s)  
"Joshua's Jordan" 2607 Macon Drive  
Sacramento, CA 95835. Filed with the Clerk  
of Sacramento County March 21, 2022  
Publish: April 1, 8, 15, and 22, 2022  
JOSHUA 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02332  
Richard Jacobs, 7440 2nd Street Rio Linda, CA  
95673 is doing business under the Fictitious  
Business Name(s) "RJ Painting" 7440 2nd  
Street Rio Linda, CA 95673. Filed with the  
Clerk of Sacramento County March 24, 2022  
Publish: April 1, 8, 15, and 22, 2022  
RJ 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02256  
Ink'd with Purpose Notary LLC, 1555 River

Park Drive is doing business under the  
Fictitious Business Name(s) "Ink'd with  
Purpose Notary" 1555 River Park Drive Suite  
208 Sacramento, CA 95815. Filed with the  
Clerk of Sacramento County March 22, 2022  
Publish: April 1, 8, 15, and 22, 2022  
INK 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01905  
Garrett Rod Collins, 8161 Villa oak Drive  
Citrus Heights, CA 95610 is doing business  
under the Fictitious Business Name(s) "Wolf  
Pack Land" 8161 Villa Oak Drive Citrus  
Heights, CA 95610. Filed with the Clerk of  
Sacramento County March 10, 2022  
Publish: April 1, 8, 15, and 22, 2022  
WOLF 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02344  
JDV Distribution LLC, 3710 Branch  
Street Sacramento, CA 95838 is doing  
business under the Fictitious Business  
Name(s) "Valley Clean" 3710 Branch Street  
Sacramento, CA 95838. Filed with the Clerk  
of Sacramento County March 24, 2022  
Publish: April 1, 8, 15, and 22, 2022  
VALLEY 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02215  
Booke Chantland, 3268 Rosemont Drive  
Sacramento, CA 95826 is doing business  
under the Fictitious Business Name(s)  
"Brooke's Bakery" 3268 Rosemont Drive  
Sacramento, CA 95826. Filed with the Clerk  
of Sacramento County March 21, 2022  
Publish: April 1, 8, 15, and 22, 2022  
BROOKE 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02247  
Christopher Hernandez-Tapiz, 4301  
Blackford Way Sacramento, CA 95823  
is doing business under the Fictitious  
Business Name(s) "Semper Elita Event  
Security" 11241 Coloma Road Suite A2  
Gold River, CA 95670. Filed with the Clerk  
of Sacramento County March 22, 2022  
Publish: April 1, 8, 15, and 22, 2022  
SEMPER 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02252  
Edward Santos Jr, 7401 Heather Road Fir  
Oaks, CA 95628 is doing business under  
the Fictitious Business Name(s) "National  
Polygraph Group" 7401 Heather Road  
Fair Oaks, CA 95628. Filed with the Clerk  
of Sacramento County March 22, 2022  
Publish: April 1, 8, 15, and 22, 2022  
NATIONAL 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01806  
Jason Burgess, 4963 Tufts Street  
Sacramento, CA 95841 is doing  
business under the Fictitious Business  
Name(s) "Jay's Jobs" 4963 Tufts Street  
Sacramento, CA 95841. Filed with the  
Clerk of Sacramento County March 9, 2022  
Publish: April 1, 8, 15, and 22, 2022  
JAY 4-22-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02430  
Tabitha Wynter, 4141 Palm Avenue #237  
Sacramento, CA 95842 is doing business  
under the Fictitious Business Name(s)  
"STUDZDONTCHEAT/FEMZDONTCHEAT"  
4141 Palm Avenue Avenue #237  
Sacramento, CA 95842. Filed with the Clerk  
of Sacramento County March 28, 2022  
Publish: April 8, 15, 22, and 29, 2022  
STUDZ 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01594  
Profound Beauty, LLC, 7508 Franklin  
Boulevard #B Sacramento, CA 95823  
is doing business under the Fictitious  
Business Name(s) "Profound Beauty,  
LLC" 7508 Franklin Boulevard #B  
Sacramento, CA 95823. Filed with the  
Clerk of Sacramento County March 2, 2022  
Publish: April 8, 15, 22, and 29, 2022  
PROFOUND 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01972  
Yaser O. Alahmar, 8751 Bottlebrush Court  
Elk Grove, CA 95624 is doing business  
under the Fictitious Business Name(s)  
"Sac Royal Auto" 5550 28th Street  
Sacramento, CA 95820. Filed with the Clerk  
of Sacramento County March 12, 2022  
Publish: April 8, 15, 22, and 29, 2022  
SAC 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02508  
Victory Investments, LLC, 7014 McGill  
Court Elk Grove, CA 95758 is doing  
business under the Fictitious Business  
Name(s) "Title Liquidators of S. Sac & Elk  
Grove" 25 Quinta Court C-1 Sacramento,  
CA 95823. Filed with the Clerk of  
Sacramento County March 29, 2022  
Publish: April 8, 15, 22, and 29, 2022  
TITLE 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02106  
Black Scholars Tutoring Network LLC,  
9912 Business Park Drive Suite 170  
Sacramento, CA 95827 is doing business  
under the Fictitious Business Name(s) "T&S  
Consulting" 9719 Lincoln Village Drive Suite  
504 Sacramento, CA 95827. Filed with the  
Clerk of Sacramento County March 17, 2022  
Publish: April 8, 15, 22, and 29, 2022  
T&S 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02305  
Claudia Vargas Reyes and Salvador L  
Perez, 63 Dean Road #10 Sacramento, CA  
95815 is doing business under the  
Fictitious Business Name(s) "Reyes  
Cleaning and Repairs" 630 Dean Road #10  
Sacramento, CA 95815. Filed with the Clerk  
of Sacramento County March 23, 2022  
Publish: April 8, 15, 22, and 29, 2022  
REYES 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02219  
Daryl Bell, 9248 Trenholm Drive Elk Grove,  
CA 95758 is doing business under the  
Fictitious Business Name(s) "Bell's Health and  
Wellness" 9719 Lincoln Village Drive Suite  
504 Sacramento, CA 95827. Filed with the  
Clerk of Sacramento County March 21, 2022  
Publish: April 8, 15, 22, and 29, 2022  
BELLS 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02415  
Jamie Pride, 1929 Terrace Drive  
Sacramento, CA 95825 is doing business  
under the Fictitious Business Name(s)  
"Skilled Branding" 1929 Terrace Drive  
Sacramento, CA 95825. Filed with the Clerk  
of Sacramento County March 28, 2022  
Publish: April 8, 15, 22, and 29, 2022  
SKILLED 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02408  
Karen Heidebrecht, 8500 Diamond  
Oak Way Elk Grove, CA 95624 is doing  
business under the Fictitious Business  
Name(s) "Teletherapy Direct" 2701 I Street

Sacramento, CA 95816. Filed with the Clerk  
of Sacramento County March 28, 2022  
Publish: April 8, 15, 22, and 29, 2022  
TELE 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02094  
VK and Team LLC, 7737 Live Oak Way  
Citrus Heights, CA 95621 is doing business  
under the Fictitious Business Name(s)  
"VA Flooring" 7737 Live Oak Way Citrus  
Heights, CA 95621. Filed with the Clerk of  
Sacramento County March 17, 2022  
Publish: April 8, 15, 22, and 29, 2022  
VA 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01388  
R & E Auto Center LLC, 4245 Crestline Avenue  
Fair Oaks, CA 95628 is doing business  
under the Fictitious Business Name(s) "R  
& E Auto Center" 4245 Crestline Avenue  
Fair Oaks, CA 95628. Filed with the Clerk  
of Sacramento County February 23, 2022  
Publish: April 8, 15, 22, and 29, 2022  
R&E 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02182  
Jamie Whitaker, 4534 Bomark Way  
Sacramento, CA 95842 is doing business  
under the Fictitious Business Name(s)  
"JJ's Cleaning" 4534 Bomark Way  
Sacramento, CA 95842. Filed with the Clerk  
of Sacramento County March 18, 2022  
Publish: April 8, 15, 22, and 29, 2022  
JJ 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02388  
Full Circle Dealer Services, INC, 1481  
River Park Drive Sacramento, CA  
95815 is doing business under the  
Fictitious Business Name(s) "Full Circle  
Dealer Services" 1481 River Park Drive  
Sacramento, CA 95815. Filed with the Clerk  
of Sacramento County March 25, 2022  
Publish: April 8, 15, 22, and 29, 2022  
FULL 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02387  
Niello Performance Motors II, INC,  
1481 River Park Drive Sacramento, CA  
95815 is doing business under the  
Fictitious Business Name(s) "Porsche  
Sacramento" 1481 River Park Drive  
Sacramento, CA 95815. Filed with the Clerk  
of Sacramento County March 25, 2022  
Publish: April 8, 15, 22, and 29, 2022  
PORSCHE 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02562  
Brian P. Gibau, 118 Barnhill Drive Folsom, CA  
95630 is doing business under the Fictitious  
Business Name(s) "Inner Galactic Burga" 118  
Barnhill Drive Folsom, CA 95630. Filed with  
the Clerk of Sacramento County April 1, 2022  
Publish: April 8, 15, 22, and 29, 2022  
INNER 4-29-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02450  
Donald Steffens and Maura Stonham-  
Steffens, 7333 Woodruff Way Citrus  
Heights, CA 95621 is doing business under  
the Fictitious Business Name(s) "Chem  
Dry of Fair Oaks Folsom/Chem Dry of  
Auburn Lincoln" 7333 Woodruff Way Citrus  
Heights, CA 95621. Filed with the Clerk  
of Sacramento County March 28, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
CHEM 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02407  
Chantel Marvin, 2107 New Hampshire Way  
Sacramento, CA 95835 is doing business  
under the Fictitious Business Name(s)  
"Trilectiv PPS/Trilectiv Productivity and  
Personal Solutions" 2107 New Hampshire  
Way Sacramento, CA 95835. Filed with the  
Clerk of Sacramento County March 28, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
TRILECTIV 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02302  
Christopher Alan Cochran, 3441 Data Drive,  
Apt. 344, Rancho Cordova, CA 95670 is  
doing business under the Fictitious  
Business Name(s) "Pet Mugs and Art"  
3441 Data Drive, Apt. 344, Rancho  
Cordova, CA 95670. Filed with the Clerk  
of Sacramento County March 23, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
PET MUGS 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02400  
David Dollison, 15 La Mesa Drive, New  
Braunfels, TX 78130, and Cynthia Dollison,  
11087 Buffalo River Court, Rancho Cordova,  
CA 95670 is doing business under the  
Fictitious Business Name(s) "Dollison  
Properties" 11087 Buffalo River Court,  
Rancho Cordova, CA 95670. Filed with the  
Clerk of Sacramento County March 25, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
DOLLISON 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02372  
Charles F. Baldwin, TTEE, 8032 Red Pine  
Court, Citrus Heights, CA 95610 is doing  
business under the Fictitious Business  
Name(s) "Apeiro Solar" 8032 Red Pine Court,  
Citrus Heights, CA 95610. Filed with the  
Clerk of Sacramento County March 25, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
APEIRO 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01288  
Charles F. Baldwin, 8032 Red Pine  
Court, Citrus Heights, CA 95610 is doing  
business under the Fictitious Business  
Name(s) "Baldwin Trust Group UBO"  
8032 Red Pine Court, Citrus Heights,  
CA 95610. Filed with the Clerk of  
Sacramento County February 17, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
BALDWIN 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02536  
Matthew Martinez, 8116 Forest Oak Way,  
Citrus Heights, CA 95610 is doing business  
under the Fictitious Business Name(s) "MJM  
Real Estate" 8116 Forest Oak Way, Citrus  
Heights, CA 95610. Filed with the Clerk  
of Sacramento County March 30, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
MJM 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02289  
Beletha Price, 3906 Balverne Court,  
Antelope, CA 95843 is doing business  
under the Fictitious Business Name(s)  
"Sevyn Jewels" 3906 Balverne Court,  
Antelope, CA 95843. Filed with the Clerk  
of Sacramento County March 23, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
SEVYN 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02498  
California Family Health, LLC, 8680  
Greenback Lane, Suite 108, Orangevale, CA  
95662 is doing business under the Fictitious  
Business Name(s) "California Family Health  
and Fitness" 8680 Greenback Lane, Suite

108, Orangevale, CA 95662. Filed with the  
Clerk of Sacramento County March 29, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
CALIFORNIA 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02740  
Klenn, LLC, 348 Willis Avenue, Rio Linda, CA  
95673 is doing business under the Fictitious  
Business Name(s) "Lawn Care Up" 348 Willis  
Avenue, Rio Linda, CA 95673. Filed with the  
Clerk of Sacramento County April 7, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
LAWN 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02031  
Qaisuddin Samandari, 7200 Gloria Drive, #18,  
Sacramento, CA 95831 and Ghulam Omar  
Bahram, 8515 Elk Grove Florin Road, #306,  
Elk Grove, CA 95624 is doing business under  
the Fictitious Business Name(s) "Bonfire  
Pizza Wings" 8515 Elk Grove Florin Road,  
#306, Elk Grove, CA 95624. Filed with the  
Clerk of Sacramento County March 16, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
BONFIRE 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02684  
GJ Company, LLC, 8583 Elder Creek  
Road, Suite 220, Sacramento, CA 95828  
is doing business under the Fictitious  
Business Name(s) "Mountain Remedy"  
and "Canex" 8583 Elder Creek Road, Suite  
220, Sacramento, CA 95828. Filed with the  
Clerk of Sacramento County April 5, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
MOUNTAIN 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02683  
Gabriela Viero and Valentin Viero, 7617  
Away Way, Citrus Heights, CA 95610 is  
doing business under the Fictitious Business  
Name(s) "Homeville Care" 6536 Nordic  
Court, Citrus Heights, CA 95610. Filed with  
the Clerk of Sacramento County April 6, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
HOMEVILLE 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02743  
General Finish, Inc., 6383 Bonham Circle,  
Citrus Heights, CA 95610 is doing business  
under the Fictitious Business Name(s)  
"California Bee" 6383 Bonham Circle,  
Citrus Heights, CA 95610. Filed with the  
Clerk of Sacramento County April 7, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
CALIFORNIA 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02549  
Lynn Dykstra, 4000 Innovator Drive, #36102,  
Sacramento, CA 95834 is doing business  
under the Fictitious Business Name(s)  
"Focused Images" 4000 Innovator Drive,  
#36102, Sacramento, CA 95834. Filed with  
the Clerk of Sacramento County April 1, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
FOCUSED 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-01790  
Ronda Machille Smith-Muhajir, 11833  
Opal Ridge Way, Rancho Cordova, CA  
95742 is doing business under the Fictitious  
Business Name(s) "Healthy Hair Plus  
Salon" 11015 Olson Drive, Suite 2, Rancho  
Cordova, CA 95670. Filed with the Clerk  
of Sacramento County March 8, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
HEALTHY 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02268  
Donna Michelle Chaddock, 11116  
Cilkur River Way, Rancho Cordova, CA  
95670 is doing business under the  
Fictitious Business Name(s) "CP Supply  
USA" 11116 Cilkur River Way, Rancho  
Cordova, CA 95670. Filed with the Clerk  
of Sacramento County March 22, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
CP 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02108  
Leslie Lajes, 2262 Autumnleaf Lane, Rancho  
Cordova, CA 95670 is doing business under  
the Fictitious Business Name(s) "Get Artsy  
With Leslie" 2262 Autumnleaf Lane, Rancho  
Cordova, CA 95670. Filed with the Clerk  
of Sacramento County March 17, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
GET ARTSY 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02588  
Olson Oil Inc., 3001 Zinfandel Drive, Rancho  
Cordova, CA 95670 is doing business under  
the Fictitious Business Name(s)  
"Zinfandel Chevron" 3001 Zinfandel Drive,  
Rancho Cordova, CA 95670. Filed with the  
Clerk of Sacramento County April 4, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
ZINFANDEL 5-6-22

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2022-02763  
Christy Marie Kim, 11296 Stanford Court,  
#104, Gold River, CA 95670 is doing  
business under the Fictitious Business  
Name(s) "CMK Consulting" 11296 Stanford  
Court, #104, Gold River, CA 95670. Filed with  
the Clerk of Sacramento County April 7, 2022  
Publish: April 15, 22, 29, and May 6, 2022  
CMK 5-6-22

ORDER TO SHOW FOR  
CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2022-00316651

Taylor Renee Kanelos has filed a  
petition with this court for a decree  
changing the name(s) of Taylor Renee  
Kanelos to Taylor Renee Ceriani.

IT IS ORDERED that all persons  
interested in the above-entitled matter  
appear before this court at 9:00a.m. on  
April 28, 2022, in Department 54, located  
at 813 6th Street, Sacramento, CA 95814,  
and show cause, if any, why the petition for  
Change of Name should not be granted.  
Dated: March 8, 2022  
Christopher E. Krueger,  
Judge of the Superior Court  
Publish: March 25, April 1, 8, and 15, 2022  
CERIANI 4-15-22

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2022-00316687

Sheron Johnson has filed a petition with  
this court for a decree changing the name(s)  
of Sheron Johnson to Sheron Crawford.

IT IS ORDERED that all persons  
interested in the above-entitled matter  
appear before this court at 9:00a.m. on  
May 3, 2022, in Department 54, located at  
813 6th Street, Sacramento, CA 95814,  
and show cause, if any, why the petition for  
Change of Name should not be granted.  
Dated: March 10, 2022  
Christopher E. Krueger,  
Judge of the Superior Court  
Publish: March 25, April 1, 8, and 15, 2022  
CRAWFORD 4-15-22

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2022-00316658

LaVerne Munguia has filed a petition with  
this court for a decree changing the name(s)  
of LaVerne Munguia to Robin LaVerne Munguia.

IT IS ORDERED that all persons  
interested in the above-entitled matter  
appear before this court at 9:00a.m. on  
May 3, 2022, in Department 54, located at  
813 6th Street, Sacramento, CA 95814,  
and show cause, if any, why the petition for  
Change of Name should not be granted.  
Dated: March 10, 2022  
Christopher E. Krueger,  
Judge of the Superior Court  
Publish: March 25, April 1, 8, and 15, 2022  
MUNGUIA 4-15-22

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2022-00316665

Georgios Panagiotis Pandelidis has filed  
a petition with this court for a decree  
changing the name(s) of Georgios  
Panagiotis Pandelidis to George Pandelidis.



IT IS ORDERED



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*Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020*  
*The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073-March 21, 1988*

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NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF RUTH CLOW  
CASE No. 34-2022-315601

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ruth Clow deceased. A Petition for Probate has been filed by Catherine Ruth Estrada, in the Superior Court of California, County of Sacramento, requesting Catherine Ruth Estrada be appointed as personal representatives to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows June 28, 2022 9:00 a.m. in Dept 129. This matter is held as a remote hearing using the Zoom application. In order to participate in your Zoom hearing you must either use a computer or smart device with internet access, have downloaded the Zoom application. If you do not have the compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom application or telephone using designated department account reference below at least 5 minutes before your scheduled hearing date and time, wait for a court representative to take toll.Court Department 129 Zoom link https://sacourt-ca-gov.zoomgov.com/join/958de129 toll free telephone conference line (833) 568 8864 meeting ID# 161 3352 9231. This notice must be served on all parties, so they are advised of the remote hearing using the zoom application. A proof of service must be completed and provided to the court before the return hearing date. If you choose to attend the hearing in person, you may do so by personally appearing at the William R. Ridgeway family relations courthouse at 3341 Power Inn Road, Sacramento, CA 95826 on the specified date and time and court department. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Samuel K. Swenson 8788 Greenback Lane Suite 105 Orangevale, CA 95662 916-333-0833

Publish: April 1, 8, and 15, 2022  
CLOW 4-15-22

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Daphne Z. Xiao 2414 16th Street Suite 6 Sacramento, CA 95818 916-453-0356

Publish: April 1, 8, and 15, 2022  
PRINCE 4-15-22

NOTICE OF PETITION TO ADMINISTER ESTATE OF JULIETA VISITACION AKA JULIETA TORRALBA VISITACION  
CASE No. 34-2021-00313003

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Julieta Visitacion, aka Julieta Torralba Visitacion deceased. A Petition for Probate has been filed by Joseph Visitacion, in the Superior Court of California, County of Sacramento, requesting Joseph Visitacion be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows May 10, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Jeff Klink 3200 L Street Sacramento, CA 95816 916-455-5575

Publish: April 1, 8, and 15, 2022  
VISITACION 4-15-22

NOTICE OF PETITION TO ADMINISTER ESTATE OF VIOLA GENE CONWAY  
GUEVARA  
CASE No. 34-2022-313791

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Viola Gene Conway Guevara deceased. A Petition for Probate has been filed by Tina Macuha, in the Superior Court of California, County of Sacramento, requesting Tina Macuha be appointed as personal representatives to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows May 31, 2022 9:00 a.m. in Dept 129. This matter is held as a remote hearing using the Zoom application. In order to participate in your Zoom hearing you must either use a computer or smart device with internet access, have downloaded the Zoom

application. If you do not have the compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom application or telephone using designated department account reference below at least 5 minutes before your scheduled hearing date and time, wait for a court representative to take toll.Court Department 129 Zoom link https://sacourt-ca-gov.zoomgov.com/join/958de129 toll free telephone conference line (833) 568 8864 meeting ID# 161 3352 9231. This notice must be served on all parties, so they are advised of the remote hearing using the zoom application. A proof of service must be completed and provided to the court before the return hearing date. If you choose to attend the hearing in person, you may do so by personally appearing at the William R. Ridgeway family relations courthouse at 3341 Power Inn Road, Sacramento, CA 95826 on the specified date and time and court department. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Melissa Brown/Lacey Mickleburgh 3200 5th Avenue Sacramento, CA 95817 916-340-6085

Publish: April 8, 15, and 22, 2022  
GUEVARA 4-22-22

NOTICE OF PETITION TO ADMINISTER ESTATE OF CATHY LEE KNOX  
CASE No. 34-2022-00317521

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Cathy Lee Knox deceased. A Petition for Probate has been filed by Debbie Calli, in the Superior Court of California, County of Sacramento, requesting Debbie Calli be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows August 9, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael C. Belden 105 E 10th Street Tracy, CA 95376 (209) 835-9592

Publish: April 15, 22 and 29, 2022  
KNOX 4-29-22

NOTICE OF PETITION TO ADMINISTER ESTATE OF KENNETH WAYNE COFFMAN  
CASE No. 34-2022-00315137

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Kenneth Wayne Coffman deceased. A Petition for Probate has been filed by Darrin Frank, in the Superior Court of California, County of Sacramento, requesting Darrin Frank be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer

the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows July 21, 2022 9:00 a.m. in Dept 129. This matter is held as a remote hearing using the Zoom application. In order to participate in your Zoom hearing you must either use a computer or smart device with internet access, have downloaded the Zoom application. If you do not have the compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom application or telephone using designated department account reference below at least 5 minutes before your scheduled hearing date and time, wait for a court representative to take toll.Court Department 129 Zoom link https://sacourt-ca-gov.zoomgov.com/join/958de129 toll free telephone conference line (833) 568 8864 meeting ID# 161 3352 9231. This notice must be served on all parties, so they are advised of the remote hearing using the zoom application. A proof of service must be completed and provided to the court before the return hearing date. If you choose to attend the hearing in person, you may do so by personally appearing at the William R. Ridgeway family relations courthouse at 3341 Power Inn Road, Sacramento, CA 95826 on the specified date and time and court department. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Frances AN PO Box 370 Rio Linda, CA 95673 (916) 929-9288

Publish: April 15, 22 and 29, 2022  
COFFMAN 4-29-22

### SUMMONS

SUMMONS (FAMILY LAW)  
CASE NUMBER: (Numero del Caso): 14FL02790

NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): Wessam Mohamed G. Mansour

YOU HAVE BEEN SUED. Read the information below and on the next page. PETITIONERS NAME IS: (NOMBRE DEL DEMANDANTE): Asmaa Shalaby

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association.

Usted tiene 30 DIAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una Respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su Respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca.org) o comunicándose con el conolegio de abogados de su condado local.

NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2:

Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): Sacramento Superior Court 3341 Power Inn Road Sacramento, CA 95826

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Asmaa Shalaby, 5800 Hamilton Street #151 Sacramento, CA 95842 916-917-0009

By: Clerk of Court STANDARD FAMILY LAW RESTRAINING ORDERS

Starting immediately, you and your spouse or domestic partner are restrained from:

- removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;
- cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children;
- transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and
- creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE-ACCESS TO AFFORDABLE HEALTH INSURANCE:

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit [www.coveredca.com](http://www.coveredca.com). Or call Covered California at 1-800-300-1506

WARNING-IMPORANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.

Publish: April 1, 8, 15, and 22, 2022  
MANSOUR 4-22-22

TRUSTEE SALE NOTICES

NOTICE OF TRUSTEE'S SALE TS No.: FHAR-278-019 APN: 229-0521-003-0001 Title Order No.: 191230222-CA-VOI NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/25/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in

the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: HARRIET O. LINSOOTT, AN UNMARRIED WOMAN Duly Appointed Trustee: PROBER AND RAPHAEL, ALC Recorded 7/8/2008 as Instrument No. N/A in book 20080708, page 1463 of Official Records in the office of the Recorder of Sacramento County, California, Date of Sale: 4/26/2022 at 1:30 PM Place of Sale: At the east main entrance to the county courthouse, 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$121,467.31 Street Address or other common designation of real property: 6268 LONGFORD DRIVE #1 CITRUS HEIGHTS, California 95621 A.P.N.: 229-0521-003-0001 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924(g) of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 683-2468 or visit this Internet Web site [www.servicelinkasap.com](http://www.servicelinkasap.com), using the file number assigned to this case FHAR-278-019. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. For sales conducted after January 1, 2021: NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924(m) of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 683-2468, or visit this internet website [www.servicelienasap.com](http://www.servicelinkasap.com), using the file number assigned to this case FHAR-278-019 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 3/16/2022 PROBER AND RAPHAEL, ALC 20750 Ventura Blvd. #100 Woodland Hills, California 91364 Sale Line: (800) 683-2468 Rita Terzjan, Trustee Sale Officer A-FN4744224 04/01/2022, 04/08/2022, 04/15/2022

LIEN SALE			
Lien Sale			
2020	Jeep	Wrangler	
VIN#	1C4HJXDN7LW199502		
License #	U060940	(CA)	
Sale Date:	April 28, 2022.	Time:	8:00AM
Location:	LJ's Towing, 2600 North Avenue, Sacramento, CA 95838		
Publish:	April 15, 2022		
			4-15-22





# Local Stars Shine at 45th Optimist Game

By Shaun Holkko,  
sports editor

**SACRAMENTO, CA (MPG)** - High school basketball players from across the Sacramento region descended upon Capital Christian High School on Sunday, April 3, for the 45th Annual Optimist All-Star Game.

The game exclusively for high school seniors is hosted for several different sports yearly and has been held for basketball since 1978. Four separate games were played, as the teams were split by gender and school size.

The first game of the night was between the small school girls. The South Team was led by Dixon head coach Mike Gilliard and his three assistants. Four out of 12 players on the team came from Dixon as guards Talia Medalle, Janie Ming, Gracie Nickum and forward Brianna Humphries played in the game.

Humphries averaged 16.9 points and 8.8 rebounds this season en route to leading her team to the Division IV section title. The 5-foot-11 senior is now on her way to San Diego Christian College.

Representing Woodland on the girl's small school South Team were guards Marina Montez and Alex Romero. The South Team pulled away in the fourth quarter, winning 73-52. Isabella Felix from Liberty Ranch was named the team's most outstanding player.

The girl's small school North Team's most outstanding player was Heaven Lafata from Bear River. Ike Prince and his



five assistants from Marysville comprised the coaching staff. Prince had two of his guards, Katen Johnson and Danae Keeney, representing their school.

Point guard Kyalei Williams, who is on her way to CSU Chico, put on for Rio Linda. Guards Gwen Fayard from Sacramento Adventist Academy and Gracie Williams from Valley Christian Academy represented their respective schools.

The second game was also contested between small schools, this time on the boy's side. The South Team prevailed for the second straight game, defeating the North Team 99-78. Point guard Drew Fischer from Liberty Ranch was named the South Team's most outstanding player.

Guard Juanluis Rubio from Rio Linda was named the North Team's most outstanding player. Freddie Bryant from San Juan served as one of the assistant coaches and guard Nanik Tagore represented on the court for the Spartans.

Mesa Verde had one player in the game, point guard Anthony Arguelles. Victory Christian was represented by two players, guard Gabe Santiago and forward Zach Ward. Finally, Valley Christian had Brady Meyers putting on for their small school.

The third and penultimate game was played between the large school girls. The South Team triumphed for the third consecutive game, this time in a closely contested affair, 66-63. Laguna Creek guard Ahrray Young, who is taking her talents to the University of Tulsa, was named the team's most outstanding player. Capital Christian guard Donnelli Allen played in the game for the home team Cougars.

Oak Ridge center Ella Ray, who is headed to the University of Pennsylvania, was selected as the North Team's most outstanding player. Del Campo forward Paige Krenecki represented for the Cougars in this matchup.

The final game of the night was by far the highest scoring. The large school boy's North Team led a comeback attempt of over 20 points, however, the South Team won once again 129-121. Elk Grove guard Ameere Britton took over in the final three minutes of the game to lead the South Team to the victory and secure the team's most outstanding player honor.

Guard Anthony Garcia, who is on his way to play football at San Jose State University, suited up for the home school Capital Christian on the South Team. Grant guard Rishod Brown was named the North Team's most outstanding player. Rio Americano was represented by shooting guard Matt Hoffman who will be attending Lewis & Clark College in the fall. ★

# Kings and Kaiser Permanente Present Harrison Barnes with the Oscar Robertson Triple-Double Award for a Consecutive Year

**Sacramento Kings  
Communications  
Press Release**

**SACRAMENTO, CA (MPG)** - On Tuesday, April 5, before the team took on the New Orleans Pelicans, the Sacramento Kings recognized veteran forward Harrison Barnes with the 2022 Oscar Robertson Triple-Double Award for a consecutive year.

The award, presented by Kaiser Permanente and named after the NBA legend, is given to a Kings player each year who exemplifies excellence on the court and in the community. Stemming from his upbringing, Sacramento Kings forward Harrison Barnes embraces the critical responsibility of leading philanthropic efforts while conducting them with great humility.

"I am honored to be the recipient of this year's Oscar Robertson Triple-Double Award," said Sacramento Kings forward Harrison Barnes. "We are in unparalleled times. But as a daily reminder, it is important to my family and I to keep an open-minded perspective of the different walks of life around us. I am always searching for ways

to amplify the causes of organizations I care deeply about and to help make the voices of our generation heard. I am privileged to give back to the Sacramento community and make a positive impact to those that love this community just as much as I do."

Evolving through his journey in Sacramento, Barnes continues to find ways to support those who need a helping hand the most. During the holiday season, Barnes and his wife Brittany, gifted 100 families associated with Sierra Health Foundation grocery gift cards to Raley's and provided a meal at Fixin's.

Barnes uses his voice to advocate for humanitarian causes and social justice issues. He partnered with UNICEF on relief efforts following the devastating earthquake in Haiti.

In spring 2022, Barnes participated in The Huddle as part of the Sacramento Kings led award-winning social justice initiative, Team Up for Change. The Huddle, a unique dialogue with a player or coach and a local young person around their views and priorities in achieving social and racial equity, features high school senior Morning Cloud



conversing with Barnes and Interim Coach Alvin Gentry. Morning Cloud joined Kings players at practice and while touring the Museum of National African American Heritage and Culture, National Museum of the American Indian and monuments in Washington, D.C. During the conversation, Barnes shared his dedication

to inspiring change.

In addition, Barnes uses his platform for good and amplifies educational resources and conversations on his social media channels. He also uses his channels to amplify a series he launched entitled "Conversations with Harrison," in which he speaks with nonprofit and community leaders,

educators, athletes, elected officials and business leaders to promote their work and bring attention to their causes.

Barnes has also joined as Co-Founder of Give Us the Ballot, a community organizing group collectively working with other grassroots organizers to fight and protect voting rights for all. Founded by Martin Luther King III and his wife, Arndrea Waters King, it supports BIPOC and local organizers working in critical states to fight voter suppression and press their Senators to pass election reform legislation. Barnes works with Goalsetter, sponsoring bank accounts for youth in the Oakland and Chapel Hill/Raleigh areas. And he works with When We All Vote to bring attention to voting issues.

"Kaiser Permanente commends Harrison Barnes for his outstanding work," said Kaiser Permanente South Sacramento Senior Vice President and Area Manager Trish Rodriguez. "His efforts are truly making a difference and reflect our shared mission of making our community a healthier place for all."

Barnes is constantly challenging his teammates

and coaches to educate themselves and use their personal platforms. His passionate and continued efforts to influence change inspires his teammates and peers. He has also been an outspoken member of the NBA Foundation Board of Directors and the National Basketball Players Association.

In honor of the tremendous impact Oscar Robertson has had throughout his life on the court and in the community, a Kings player is selected each season and presented with the Oscar Robertson Triple-Double Award. The honor is awarded annually to a deserving Kings player who best exemplifies winning characteristics, both as an athlete and a conscientious citizen active in the community.

Inaugurated in 2003, prior award winners include some of the most recognizable figures in Kings team history, such as Chris Webber (2003), Vlade Divac (2004), Peja Stojakovic (2005), De'Aaron Fox (2019), in addition to back-to-back honors for Corliss Williamson (2006 and 2007) and Garrett Temple (2017 and 2018). ★

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WEEKLY COMICS

Amber Waves by Dave T. Phipps

ARE YOU KIDDING? WINTER IS OVER!

I'M TIRED OF SNOW. BRING ON THE RAIN.

AND DAMAGING HAIL AND BIG TORNADOES?

I'M GOOD WITH SLIGHTLY OVERCAST.

The Spats by Jeff Pickering

XGULP!

I KNOW MY RIGHTS!

I KNOW YOUR WRONGS!

Out on a Limb by Gary Kopervas

LAUNDRY DAY IN MADRID

THEY'LL DO IT EVERY TIME BY AL SCADUTO

SHOCK WAVES- MOM AND DAD, AFTER YEARS OF DEBT BRINGING UP A FAMILY--CAN AT LAST SEE DAYLIGHT--WHEN IN WALKS JUNIOR ET AL...

OKRA, WE'RE OUTA DEBT--WE DON'T OWE ANYBODY A CENT--WHA--?

HI, FOLKS-- I LOST MY JOB--OUR MORTGAGE IS OVERDUE--OUR CAR DIED--CAN WE STAY WITH YOU A WHILE? I NEED \$25 FOR THE CAB...

THINGS WAITERS WOULD LIKE TO SAY

HEY! THERE'S SOMETHING WRONG WITH THIS CHICKEN...

SORRY, SIR-- I'M A WAITER NOT A VETERINARIAN...

THANKS TO WHONNIGER, WASHINGTON, D.C.

THANKS TO CAROL STUMPP, INDIANAPOLIS, IND.

R.F.D. by Mike Marland

HEY, DAD, THESE'RE EASTER EGGS, SO WHY IS THERE AN EASTER BUNNY INSTEAD OF AN EASTER CHICKEN?

BECAUSE HE'S THE HARE THAT LOST THAT RACE TO THE TORTOISE, JUNE.

HE WAS DEVASTATED AND THE HEAD CHICKEN FELT SO BAD FOR HIM SHE DECIDED TO TAKE HIM UNDER HER WING AND GIVE HIM THE EASTER JOB.

YOU KNOW HE'S KIDDIN', RIGHT, KIDDO?

OH, BUT AM I?

J'EVER NOTICE? IN MOST OPERAS, THE DASTARDLY VILLAIN, WHOM THE HEROINE DESPISES, IS ACTED BY A YOUNG, HAND-SOME HUNK OF MAN...

AND WHO WINS THE FAIR MAIDEN'S HAND? WHY, THE ROMANTIC LEAD PLAYED BY A BELLY-BUILDING FIVE-BY-FIVE WHO'S OLDER THAN THE BACKSTAGE DOORMAN--

THANKS TO F. TALLARICO, CONNACK, NH.

GRIN and BEAR IT by Wayne

"I'm not eating any performance-enhancing cereal, Pop!"

LAFF-A-DAY

"When he came to the door, NATURALLY I assumed he was one of your relatives."

Just Like Cats & Dogs by Dave T. Phipps

I THINK I NEED TO RETURN THIS SCALE TO THE STORE AS I'M DEFINITELY NOT HAPPY WITH IT!

HOCUS-FOCUS BY HENRY BOLTHOFF

Find at least six differences in details between panels.

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**FRISKIES DRY CAT FOOD** 16 Lb Bag •Seafood •Surfing & Turfing Limit 2 Bags per Family **\$10.99** Effective 4/13/22 - 4/19/22

**FELINE PINE HEALTHY CAT LITTER** 20 Lb Bag Limit 2 Bags **\$8.99** Effective 4/13/22 - 4/19/22

**IAMS DRY CAT FOOD** •Healthy Adult Chicken •Indoor/Weight/Hairball •Salmon & Tuna •Hairball 16 Lb Bag Limit 2 bags **\$19.99**

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**PRECIOUS CAT CAT LITTER** 20 Lb Box Limit 2 Boxes Cat Attract **\$12.99** Touch of Outdoors **\$8.49**

**HEINZ PUP-PERONI DOG TREATS** •Beef •Lean •Bacon •Prime Rib 22.5 & 25 Oz Pkgs Limit 2 Bags **\$9.49**

**FANCY FEAST DRY CAT FOOD** (Purina One Dry Cat •Selected Varieties 3 Lb. \$7.99) Limit 2 Bags 3 Lb Bag **\$6.99**

**CHICKEN SOUP FOR THE SOUL DRY DOG FOOD** As Marked •Adult (Including Beef) •Large Breed (Including Beef) •Mature •Weight Care •Puppy (Reg & Lrg Breed) 28 Lb Bag **10% OFF** OUR REGULAR LOW PRICES

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**BONUS COUPON WHISKAS TEMPTATIONS CAT TREATS** •Selected Varieties - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon **\$1.49** Effective 4/13/22 - 4/19/22 CHM PLU 569

**BONUS COUPON JONNY CAT CAT LINERS** Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family Price Valid Only With Coupon **\$2.29** Effective 4/13/22 - 4/19/22 CHM PLU 449



# Shelter Seeks Kitten Fosters & Donations



Can you help a kitten today? Photo courtesy Pixabay

**From Sac County Media**

**SACRAMENTO COUNTY, CA (MPG)** - Animal shelters around the country are gearing up for what is known as “kitten season,” when cats begin to give birth to countless kitten litters. Typically beginning in late spring and continuing throughout summer, kitten season stretches the already-thin resources animal shelters and rescues have when the influx of unwanted kittens and cats crowd shelter and kennel space.

The Bradshaw Shelter’s Foster Care Program helps save lives and space during this hectic season.

“Foster care providers are critical to our efforts to save lives,” said Foster/Rescue Coordinator, Violet Pina. “Fosters

provide a safe, loving, temporary place to live where the animals can thrive until they are ready to be adopted to their forever homes. Kitten season is one of our busiest times of the year so we need all of the help we can get.”

Residents interested in becoming fosters should submit a foster application to [FosterRescueProgram@sacounty.net](mailto:FosterRescueProgram@sacounty.net). The shelter provides all food, bedding, supplies, toys and more at no cost to the foster. Fostering is a great way to help alleviate the impact of kitten season at your local shelter and can provide temporary companionship for those still working from home.

However, working outside of the home doesn’t need to be an impediment

to becoming a foster; most animals in foster care do not require constant monitoring. Typically, animals who need fostering are kittens and puppies less than two months old.

As far as space for fostering, a bathroom, laundry room or spare bedroom is typically appropriate. The time commitment for fostering can be anywhere from one to six weeks, depending on the animal’s size at the time of fostering. Additional foster needs include caring for sick or injured animals, nursing mothers and litters, giving animals a break from the shelter, and more.

For more information about fostering, including fostering FAQs, visit the Sacramento County Bradshaw Animal Shelter website. To learn more about what to do if you find a kitten or litter of kittens, visit the feral cat information webpage.

Donations of essential kitten season supplies are also needed, including: Kitten formula and kitten food (most needed); Small litter pans; Heating pads; Small nursing bottles; Small pet carriers.

Donations are accepted at 3839 Bradshaw Road, Tuesday through Sunday, between 12 and 5 p.m. ★



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\* Covid-19 vaccines are limited in supply and distribution. At this time we have contracted with CVS Pharmacy to supply our communities with the vaccine in cadence with CDC inoculation protocols. The exact timing of the vaccines is still unclear at time of this publication. Please contact the community for more details.  
\* Care charges are not included. Certain conditions apply. Contact community for details.

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- Assisted Living
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