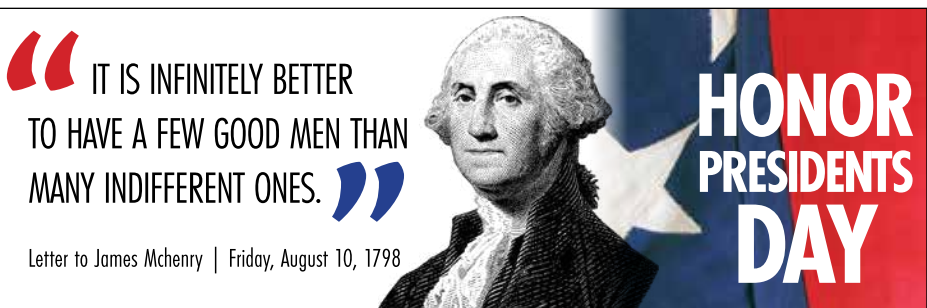




**Californians Are
Having Problems
Paying Medical Bills**
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Citrus Heights Messenger

VOLUME 12 • ISSUE 7 *Serving the City of Citrus Heights & Sacramento County* FEBRUARY 18, 2022

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New Manager Tours the City



The Citrus Heights Community Veterans Center was the first stop on a tour of the city on February 9 with councilman Steve Miller and new City Manager Ash Feeney. From left to right: PR/Event Coordinator BJ Miyashiro, Ash Feeney, Councilman Steve Miller, staff volunteers Vince Robles and Vicki Gannon. Photo by Elise Spleiss

**From New City Manager,
Ashley Feeney**

In serving as City Manager, it is very important for me to connect with the community. I am in the process of touring the City with individual City Councilmembers which includes visiting citywide areas of interest and their individual districts. These tours afford me an opportunity to spend time with the City Council and to gain a better understanding of the community. The objective of the tours is to identify common themes that can be put into work plans to execute the collective City Council vision for community betterment by nurturing important community roots and fostering new growth for the City.

Each City Council tour has also helped me in meeting members of the community. I have visited the

Veteran's Community Center in the historic Sylvan Schoolhouse, several community parks, small businesses, commercial corridors, and various neighborhoods. In my first two weeks, I have also enjoyed seeing the Citrus Heights Community Marching Band practice, met members of the Chamber of Commerce, and many community members at the Rotary Crab Feed. I have reached out to our neighborhood associations, service clubs, business associations, local schools and other community organizations with requests to meet. I appreciate the response I have received and look forward to these meetings.

Though I have lived in the greater Citrus Heights area for over a decade, I am finding that there is so much history to learn. I am enjoying getting to know the community members and appreciate them being so generous

with their time. The passion that residents, business owners, City Council, City Hall staff and the Citrus Heights Police Department have for the community is really something special. I am filled with a great sense of optimism and excitement for the tremendous opportunities that Citrus Heights has ahead.

The City Council has established an exciting vision for the City. I will be working closely with our dedicated City staff team to implement their vision. The City Council, City Manager, and executive staff members participate in a goal and objective-setting process as part of strategic planning. The Council and City staff tours, and community member meetings will be very helpful in preparing me for the next Strategic Planning Retreat which is scheduled for May 10, 2022. ★

City to Review Election District Boundaries

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG)

- At the February 10 regular meeting, the Citrus Heights City Council held the first Public Hearing in the redistricting process to update the City's election district boundaries. The City just transitioned to district-based elections in 2019, but the data used to draw the boundaries came from the 2010 census. The district boundaries must now be reviewed after last year's release of the 2020 federal census data.

The City Council must hold at least four public hearings in the redistricting process and adopt a final map by the April 17 deadline. The City hired a consultant group to oversee the process, and Robert McIntyre of National Demographics Corporation presented an overview of the redistricting process. He explained that as populations shift over time, the district boundaries must be reviewed to ensure the populations are balanced and continue meeting all the legal requirements.

Federal law requires roughly equal populations among the districts (with no more than a 10% differential between the largest and smallest populations) and prohibits racial gerrymandering that dilutes the voting power of minority groups. The State of California also requires that the districts are compact, geographically contiguous, and keep neighborhoods and communities of interest (those that share common interests or socio-economic features) together.

Other considerations include drawing boundaries that are easily identifiable, such as along major roadways or geographic features like rivers. Demographers also try to account for future population growth while preserving the core of existing districts. McIntyre said it's also important to minimize the number of voters who are shifted to a district that votes in a different election year, because they could feel disenfranchised. He said, "This doesn't meet the definition of disenfranchisement, but it still doesn't feel good, and we want to minimize the number of people that could happen to." The demographers also work to respect voter choice by maintaining continuity of office, so they try not to put current councilmembers into the same districts.

Another thing to consider when reviewing the districts is voting age population and whether certain

Continued on page 3

Celebrating 10 Years of the Mental Illness Project

**By Laurie Slothower,
Sacramento County**

SACRAMENTO COUNTY, CA (MPG) - It has been 10 years since the launch of the Sacramento County Department of Health Services Division of Behavioral Health Services "Mental Illness: It's Not Always What You Think" project, and in that time, the project has made significant progress in creating partnerships to reduce stigma and discrimination surrounding mental illness.

Funded by Mental Health Services Act, the project aims to reduce stigma and discrimination by providing mental health information, resources and support to individuals and families in Sacramento County. By educating the community, the project aims to eliminate barriers for people living with mental illness and provide a deeper understanding of mental health.

When the project launched in 2012, only four community members were willing to be spokespeople. Fast forward to today,

the Stop Stigma Speakers Bureau has almost 200 members who share their experiences living with mental illness, and countless community members have volunteered to be the public face of the campaign on billboards, in media interviews or at events.

The project has more than 11,000 followers on its social media channels and more than 120 community-based

organizations have collaborated with the project since it launched.

The project is constantly evolving to ensure it reaches every community in Sacramento County—especially in light of the impacts of COVID-19 and mounting social justice issues on the mental health of community members. As of December 2021, the project launched an updated website that includes materials tailored for unique audiences.

"We estimate that nearly 355,000 Sacramento County residents live with a mental illness, but only a third will seek professional help due to stigma and discrimination," said Ryan Quist, Ph.D., Director of Behavioral Health Services. "Mental illness is a treatable and manageable condition that is unfairly stigmatized."

For more information about the project, please visit StopStigmaSacramento.org ★



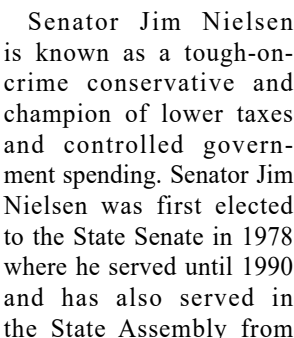
Nearly 355,000 Sacramento County residents live with a mental illness, but only a third will seek professional help due to stigma and discrimination. Photo courtesy Pixabay

Read More at www.CitrusHeightsMessenger.com

State Senator Jim Nielsen Endorses Sheriff Jones for Congress

All California investor-owned electric utilities are required to automatically

More About Time-of-Use Rate Plans
Customers on these rate plans can choose to shift and reduce some energy use to lower-cost time periods (19 hours) every day, including weekends and holidays. The hours of 4 to 9 p.m. are higher priced (peak times). All other times are lower priced (off-peak). Environmental advocacy groups such as the Natural Resources Defense Council (NRDC) support the transition to TOU rates as the plans help build healthier communities. ★



Sheriff Jones accomplished a strong record of leadership at the Sacramento County Sheriff's Office, stewarding the Department's recovery from the worst financial crisis of its history, becoming a regional

To learn more about Sheriff Scott Jones and his campaign for Congress, visit: scottjonesforcongress.com. ★

“The circumstances of this murder are horrific, and our sympathies go out to Emma Roark’s family,” said DA Schubert. “I am incredibly proud of our Crime Lab criminalists who responded to the scene and dedicated every available resource to identify a responsible party.” ★

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Aloe Vera	Granny Smith Apple	Orange Navel 10 lb	Russet Potatoes
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ASIAN GROCERY

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EUROPEAN GROCERY

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Brioche Brand	Napoli Brand	Krus Chov Brand	Richard Brand	Polanka Brand	Veggie Brand

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Wang Brand	Nagasaki Brand	Original Brand	Soybean Brand	Seungsoo Brand	Tossan Brand
3.99_{ea}	6.99_{ea}	9.99_{ea}	1.99_{ea}	1.99_{ea}	2.99_{ea}
Soybean Brand	Blackened Brand	Soybean Brand	Miyoko Brand	Hi-Cheer Brand	Korea Brand

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Frozen Shrimp Tempura 10 pcs	

EUROPEAN DELI

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Small Business COVID-19 Recovery Grants now Available

City of Citrus Heights

CITRUS HEIGHTS, CA (MPG) - To further support businesses in Citrus Heights experiencing negative financial impacts of COVID-19, the City is launching a new Small Business COVID-19 Recovery Grant Program, funded by the American Rescue Plan Act (ARPA). The program will offer grants of \$2,000 - \$15,000 per eligible business (based on business annual revenue amount), with a total of \$320,000 available.

Applications for the program will open on February 24, 2022, for 30 days, through March 26, 2022. Before the program opens, the City is encouraging local business owners to prepare for the application process in two ways:

Register for an educational webinar on the program. Join City staff via Zoom to walk through



Small businesses are encouraged to participate in an educational webinar for the application process. Photo: City of Citrus Heights

the program guidelines, application elements, Q&A, and more! The webinar will be held Feb. 14, 2022, at 3:30 p.m. and a recording will be available on the City's website and YouTube channel. Register by visiting bit.ly/CH-WEBINAR

Visit the Small Business COVID-19 Recovery Grant Program webpage to learn about eligibility, grant amounts, accepted use of funds, ask questions, and more! Visit bit.ly/CH-BIZ-ARPA.

There is a limited allocation of funds available for the City's Small Business COVID-19 Recovery Grant Program; therefore, depending on the number of businesses that apply, it is possible that not all eligible businesses can be assisted. If the program oversubscribed, a discretionary review process may be used. Those interested in learning more should visit bit.ly/CH-BIZ-ARPA. ★

City to Review Election District Boundaries

Continued from page 1

boundaries might allow historically marginalized voters to become a majority in any district, thus giving them more voting power. But McIntyre said that in Citrus Heights the population of minority voters is spread throughout the city, with no areas where minority groups are highly concentrated: "When we see people spread out geographically across a jurisdiction, typically that means that people feel safe living anywhere in that jurisdiction. That's often something to celebrate."

But there are areas with high concentrations of renters and areas that have common socio-economic features, so these data can be used to inform map boundaries by keeping those communities of interest together. But McIntyre said it is vital to hear from the community in order to determine what the voters want their districts to look like. The demographers want to know how people define their neighborhoods, and what communities of interest are most significant to Citrus Heights citizens.

According to 2020 census data, the Citrus Heights total population is 87,850, which counts all people, not just citizens or people of voting age. With the new data, each of the five districts must contain approximately 17,570 people. After reviewing the current map, which McIntyre called "probably one of the cleanest maps I've ever seen," he said that the districts are all within the required range, and the variation between the most populated to the least populated districts is just 5.8 %. So, the current district map is still legally compliant and could be re-selected by the Council.

There was only one public comment during the Public Hearing, submitted by Kathy Morris, Board President of CHASEN (Citrus Heights Area Seven Eight Nine). She wrote that the current boundaries of District 2 correspond exactly with the boundaries of their neighborhood association, which has a lot of active participation. She encouraged the Council to retain the current configuration of District 2.

During discussion, Councilmembers Steve Miller and Bret Daniels questioned

why the City is not offering the interactive mapping tools as they did during the original districting process. The tools allowed members of the public to draw district boundaries in an interactive map that calculated the population for each, thus allowing for real-time adjustments to ensure the map met the population requirements. The current plan is to offer copies of the district map and ask the public to mark their proposed changes. Councilmember Daniels pointed out that this will make it more difficult for the public to submit viable maps.

Staff explained that there is an additional cost to offering the mapping tools, but the City can choose to pay that fee if there is a lot of interest from the public.

Vice Mayor Tim Schaefer expressed his support for re-selecting the current map since it still meets the legal requirements. He said that when he was campaigning, he discovered that many community members don't know about or fully understand the election districts. He said that changing them again would lead to even more confusion: "We just did this. ... Let people get acclimated to the new district program."

Councilmember Jeannie Bruins agreed: "Why make more work than we need to?"

To keep the redistricting process transparent and easily accessible to the public, the Council agreed that no Special Meetings will be held; instead, all the Public Hearings will be held at regularly scheduled meetings City Council meetings. The second hearing will be held on February 24, when the draft maps and election sequencing will be discussed. At the third hearing on March 10, the Council will vote on the preferred map option. The final hearing and map adoption is scheduled for March 24.

To ensure the community has ample opportunities to participate in the process, the City is also planning a Public Workshop on March 3 at City Hall. For more information on the redistricting process, visit <https://www.citrusheights.net/1159/Redistricting>.

View the current map of the City's election districts online at citrusheights-messenger.com ★

City Hall Lobby: Open Monday - Friday



The Citrus Heights City Hall Lobby will be open Mondays - Fridays. Photo: City of Citrus Heights

City of Citrus Heights

CITRUS HEIGHTS, CA (MPG) - As of February 14, 2022, the City Hall Lobby will be open to

the public Monday through Friday from 8:00 a.m. to 4:00 p.m., excluding holidays.

At the onset of the COVID-19 pandemic, City staff

adapted to provide all services remotely and efficiently. While the lobby is back open, all services will still be offered remotely, for those

who prefer phone, email, and/or web. If you have questions, call 916-725-2448.

The re-opening of the lobby coincides with a reported

decrease in Sacramento County COVID-19 case rates and is in alignment with current State and County Public Health Orders. ★

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Parkway Activists Confront County

Story and photos
by Susan Maxwell
Skinner

SACRAMENTO REGION, CA (MPG) - Fed up with illegal parkland camping, the American River Parkway Foundation has addressed a three-page scold to Sacramento City and County. Following the widely-publicized communication, Foundation leaders have achieved meetings with elected policymakers. “We hope to start a conversation that will result in solutions,” says Foundation executive Dianna Pognotti.

The non-profit last year got vocal about Parkway deterioration. At a public forum, more than 200 citizens learned the beloved County gem was more imperiled than at any time in its 60-year history. Experts revealed that 15 percent of the Parkway’s 4800 acres burned in 2021; that river water was polluted; wildlife habitat was suffering; recreational trail users were intimidated; garbage accumulated faster than clean-ups could counter; rampant drug abuse has created further hazards.

The Foundation’s letter demanded that Sacramento County agencies and Sacramento City pull their weight and “take action” to stop river and parkland abuse.

In an interview with Messenger Publications, District 3 Supervisor Rich Desmond acknowledged the crisis. “I welcome the Foundation’s advocacy and criticism,” he said. “As a kid, I kayaked from Carmichael to Discovery Park and didn’t see a single



Above: Camper possessions in a Parkway glade. Right: Wildlife has no voice in the deterioration of Parkway habitat.

camper... I never expected what we have now. I’m ashamed our children have to experience nature with this backdrop.”

“The Foundation should be relentless in educating policy makers on the harm being done to our beloved Parkway.” Asked what the County was doing to counter damage by the (estimated) 1000-strong camper population, Desmond cited a recent \$2 million increase in budget to supply more ranger patrols, fire fuel reduction, a new Environmental Impact Team (to assess restoration needs) and more social workers

to connect the homeless to assistance. “What’s missing is alternative shelters, transitional housing and treatment options,” he admitted. “The County and City are working closely to acquire more shelter locations.”

The Foundation letter’s must-do list for policymakers includes:

Formulating plans for removal of illegal Parkway campers; Providing funding to repair environmental damage; Maintaining healthy water for wildlife and humans; Increasing Parkway safety to benefit nearby neighborhoods; Removing refuse to reduce

fire risk and contamination.

Despite assurances of County commitment to the Parkway, Foundation activists won’t turn down the heat: “We elect people to shape our community, and we should hold them accountable,” Dianna Pognotti said. “The Foundation has waited for them to address this crisis.

They’ve made announcements but not followed through. Our Parkway’s being destroyed, and no one seems to be doing anything to save it. We need plans for services and shelter options. Beyond that, we want the Parkway



restored. We’ve placed (early 2022) deadlines for action. We’re fortunate to have this treasure. People shouldn’t be afraid to use it.”

Agrees Supervisor Desmond: “Parkway encampments need to be removed. But unless we have alternative shelters, they’ll just pop up

somewhere else. The Foundation’s deadlines are challenging, but I’m working with Board colleagues and County staff to identify plans that will continue to provide support the Parkway needs.” Learn more about the American River Parkway Foundation at www.arpf.org ★

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We publish ten local newspapers in the Sacramento Region. Our main office is in Carmichael. We have been publishing for fifteen years and are seeking new qualified employees.

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Office Administration — We are seeking a part-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office management experience is required.

Production Layout/Graphic Design — This part-time position assists with the layout of the newspapers and works with the production staff to create our weekly newspapers. Must have good working knowledge of InDesign production programs. Must be able to work within our current system and be able to take direction to meet our deadlines. Previous layout experience is a must. This is an entry level position. Work hours are between 8:30 am and 5:00 pm.

Copy Editor — We are seeking a part-time City Editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter — We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Freelance Contributing Writer — We are seeking local writers for our ten local newspapers, including local sports coverage. These are independent freelance positions compensated

on a per article basis. These are work from home positions.

Advertising Services Support — We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

Delivery Driver — We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver — We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

Home Delivery Driver — We are seeking home delivery independent contractors for delivery in the Sacramento Region. Compensation is determined on a per piece basis. Delivery begins every Thursday morning and newspapers are picked up at our Carmichael office.

To find out more or to apply:

Email your questions or resume to Publisher@MPG8.com

Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006

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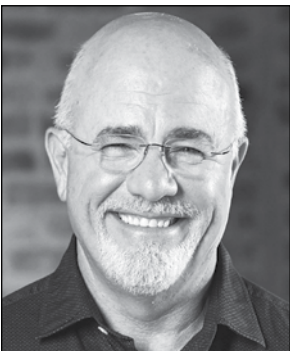
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Publisher,
Paul V. Scholl

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Be sure to place in the subject field “Attention to Publisher”. If you do not have email access, please call us at (916) 773-1111.



Is it a Loan, or is it a Gift?

Dear Dave,

We have \$15,000 in credit card debt. My husband works very hard, but only makes about \$25,000 a year. We're also living in a very old trailer right now, and I stay at home with our newborn. My dad told us he is willing to pay off our debt if we agree to get financial counseling together, and show that we are serious about doing better with our finances. What should we do?

– Harper

Dear Harper,

I wouldn't accept the money from your dad if it's going to be a loan. If you really want to ruin family events, have debt to your parents. It twists you up inside. And it'll be especially hard on your

husband. No matter what anyone else says, the borrower is *always* slave to the lender.

If it's going to be a gift, meaning there's no expectation of repayment, that's a different story. Still, I think your dad has a great idea in making the debt payoff contingent on you two going to some kind of financial counseling, and making a proactive effort to change things, get out of debt and save money – for your child's future *and* for yours. I'd probably do the same thing.

It doesn't sound like you're being crazy with your money, but it's tough to provide for a family on that kind of income. You and your husband need to sit down together, develop a monthly budget *and* a realistic five-year plan to improve his earning potential. Make it a date night. Hold hands, do something inexpensive you both enjoy, and let him know he can be anything he wants to be. Then, help him decide exactly what and where he wants to be in five years.

What does he want to be making, and what feasible steps can he take educationally or in terms of job training to get there?

If you want to go to work at some point when your baby is a little older, that's fine. I completely understand the desire to be at home with a brand new baby. But hard work alone just isn't enough these days. You've got to boost your brain power and value in the marketplace, too. God bless you guys!.

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Capitol Shrinks Transparency and Accountability



By Dan Walters
CALMatters

When Jerry Brown became governor in 1975, succeeding Ronald Reagan, the Capitol experienced something of a political culture shock.

Brown stocked his administration with young poverty warriors, civil rights attorneys and labor unionists who immediately began undoing what Reagan's conservative regime had wrought during the previous eight years. That meant rewriting, repealing or replacing countless "administrative rules" that the Reaganites had promulgated in many state agencies.

Very soon, the Brownies' ideological shift to the left sparked a backlash, particularly from the business community, which eventually led to legislation to give the Legislature authority to reject proposed rules, a direct rebuke to Brown.

However, just as the legislative power grab appeared to be happening, Assembly Speaker Leo McCarthy interceded with a compromise — an Office of Administrative Law, empowered to review proposed rules and make certain they comply with the intent of the underlying legislation.

The OAL has gone about that work ever since.

However, in recent years, the Legislature and governors have begun quietly bypassing the OAL by exempting some rulemaking from its review and, in some cases, exempting policies from even going through the normal rulemaking process altogether. Agencies are thus empowered to issue their decrees suddenly and without any opportunity for those affected to comment prior to promulgation.

We should thank lobbyist Chris Micheli for blowing the whistle on this trend. Micheli, a legislative process wonk, has written an article that catalogs how some legislative measures bypass the OAL and in some instances the Administrative Procedure Act (APA), which governs the process for writing and adopting rules.

He cites as an example, 2019's Senate Bill 1, a blanket adoption in state law of all federal labor and environmental standards in effect prior to Donald Trump's election as president. SB1 exempted this massive change in law, affecting virtually every business and every worker in the state, from both the APA and OAL oversight as an emergency action that would remain in place for six years.

Micheli writes: "What is the problem with creating an exemption from the APA? First, it means that the Legislature (a body that is accountable to the public) has delegated its authority to an executive branch agency that does not have to seek public input on its actions.

"Second, it means that notice and the ability to comment are eliminated for members of the public and the regulated community.

"Third, it means that an executive branch agency or department not only has authority to adopt regulations, but also that it does not even have to follow the statutory procedures for adopting those regulations."

Unfortunately, bypassing rulemaking procedures and OAL oversight is not an isolated example of the pernicious tendency of Capitol politicians to limit both transparency and accountability as they issue decrees affecting the lives of nearly 40 million Californians.

For instance, after declaring a COVID-19 emergency nearly two years ago, Gov. Gavin Newsom has issued dozens, or perhaps hundreds, of orders, some unilaterally suspending state law but having the power of law themselves.

The state budget, now approaching \$300 billion, is routinely written in secret by the governor and a few legislators and then enacted with minimal public notice. Many budget "trailer bills" make major changes in state policy with only cursory airing.

Legislative hearings on bills are now largely superficial exercises in which a few pro and con witnesses are given just a few minutes to state their cases and no one else is allowed to say anything other than name and organization.

It's what happens when a Capitol is under total control by one party.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

Clinton Campaign Lawyers Paid Tech Company to Infiltrate Trump White House Servers | 12 Feb 2022 | To protect the effort and to ensure it would continue after the Trump White House, AG Barr gave former U.S Attorney John Durham special counsel status... Durham's efforts have unearthed a plot by Clinton campaign lawyers to infiltrate Trump tower and the servers of the Trump White House to tie the former president to the Russian collusion myth: Lawyers for the Clinton campaign paid a technology company to "infiltrate" servers belonging to Trump Tower, and later the White House, in order to establish an "inference" and "narrative" to bring to government agencies linking Donald Trump to Russia, a filing from Special Counsel John Durham says. Durham filed a motion on Feb. 11 focused on potential conflicts of interest related to the representation of former Clinton campaign lawyer Michael Sussman, who has been charged with making a false statement to a federal agent.

Calif. school mask rules to remain in effect after mandate expires | 14 Feb 2022 | California Health & Human Services Agency Sec. Dr. Mark Ghaly announced Monday that although the indoor mask mandate will be lifted for vaccinated people on Feb. 15, it will remain in effect for schoolchildren. After Feb. 15, unvaccinated people still will be required to be masked indoors, and everyone - vaccinated or not - will have to wear masks in higher-risk areas like public transit and nursing homes and other congregate living facilities, officials said.

California bill would make vaccine mandatory for employment | 12 Feb 2022 | Democratic California officials have introduced a bill which would force businesses to require their employees to be fully vaccinated against Covid-19 or face fines and other penalties. California State Assemblywoman Buffy Wicks-- a Democrat who worked on former President Barack Obama's 2008 and 2012 presidential campaigns -- introduced the bill on Thursday alongside fellow Democratic assembly members Cecilia Aguiar-Curry, Evan Low, and Akilah Weber. Employers would then have to show proof to the state authorities that the employees complied with the requirement by January 23 or face penalties.

Bodycam Footage Shows Capitol Police Striking Unconscious Trump Supporter Who Died on Jan. 6 | 11 Feb 2022 | Heavily redacted bodycam videos from the West Terrace tunnel on Jan. 6, 2021, provide a glimpse into conditions at the time Rosanne Boyland lay unconscious--including the sound of her being beaten with a large wooden stick by police. Several bodycam videos obtained by The Epoch Times have much of the screen blurred out by authorities, but key audio and video clues back up witness statements and other videos previously released by the U.S. Department of Justice. A 39-second video clip from the D.C. Metropolitan Police Department shows the gloved hand of Officer Lila Morris picking up a long stick that was lying alongside an unconscious Rosanne Boyland, and then striking the prone woman multiple times. The sound of the stick making contact with Boyland's body is clearly audible.

Federal government invokes Emergencies Act for first time ever in response to protests – 14 Feb 2022 | Prime Minister Justin Trudeau says he has invoked the Emergencies Act for the first in time in Canada's history to give the federal government extra powers to handle ongoing protests against pandemic restrictions [and mandates]. Prime Minister Justin Trudeau has told his caucus he will invoke the never-before-used Emergencies Act to give the federal government extra powers to handle anti-vaccine mandate protests, sources say. Those sources, who were not authorized to speak publicly, said the prime minister informed the premiers of his decision this morning. The act gives special powers to respond to emergency scenarios affecting public welfare (natural disasters, disease outbreaks), public order (civil unrest), international emergencies or war emergencies.

Hillary Clinton 2016 tweets pushed now-debunked claim of Trump use of 'covert server' linked to Russia – | 13 Feb 2022 | Unearthed Hillary Clinton tweets from days before the 2016 presidential election show the candidate pushing now-debunked information that Donald Trump was using a "covert server" linking him to Russia. Just a day after Fox News first reported that Special Counsel John Durham alleged that lawyers from her campaign had paid to "infiltrate" servers belonging to Trump Tower, and later the White House, in order to establish an "inference" and "narrative" to bring to government agencies linking Trump to Russia. Clinton, on Oct. 31, 2016, tweeted: "Computer scientists have apparently uncovered a covert server linking the Trump Organization to a Russian-based bank," and shared a statement from her campaign's senior policy advisor Jake Sullivan, **who now serves as President [sic] Biden's White House National Security advisor.**

Former DNI Ratcliffe told Durham intelligence supports 'multiple' indictments in probe - sources – | 14 Feb 2022 | Former Director of National Intelligence John Ratcliffe met with Special Counsel John Durham on more than one occasion and told him there was evidence in intelligence to support the indictments of "multiple people" in his investigation into the origins of the Trump-Russia probe, sources told Fox News. Fox News first reported on Durham's latest filing, which alleged that lawyers from Hillary Clinton's presidential campaign in 2016 had paid to "infiltrate" servers belonging to Trump Tower and later the White House, in order to establish an "inference" and "narrative" to bring to federal government agencies linking Donald Trump to Russia... Sources told Fox News this week that during his meetings with Durham, Ratcliffe, who served as a congressman and as the former U.S. attorney for the Eastern District of Texas, said he believed there was "enough evidence" in those materials that he provided to indict "multiple people." ★

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ACROSS

- Short for specification
- Knave
- *Like President Eisenhower's head
- *One fourth of a Presidential term
- Take-out handout
- The Beast's problem in "Beauty and the Beast"
- *Pres. Eisenhower established this space agency
- Thought
- Body of water
- *#22 and #24
- First-rate, slangily
- Terminate, as in mission
- Lingerie staple
- Public speaker
- Ivory tickler
- *Fresh Prince of "Air"
- Most likely to win
- Pot contribution
- By surprise
- Indian restaurant staple
- Lacking justification
- Office communique
- Greece and Bulgaria peninsula
- Overnight stop
- Indifferently
- Sturdily built
- English course abbreviation
- "... it easy"
- Oliver Twist, e.g.
- *University of Virginia founder
- African prairie
- *Second most-popular Presidential birth state, after Virginia
- Arm bone
- Poem at a funeral
- German title
- Arnold Lobel's "Mouse"
- High school club
- Clinton _____ Rodham
- Hitler's Deputy

DOWN

- Update a FitBit
- Sound of bells
- "At _____, soldier."
- Modern tie forerunner
- Aromatic lumber
- Beside, archaic
- Two of the same
- *The only President who was a bachelor
- _____, 51, Nevada
- Law school entry requirement, acr.
- Bear's room
- Edith Piaf's hit
- Meat of coconut
- Digital tome
- Trash container, e.g.
- *One of three Presidents to win a Grammy
- James Dean's famous role
- Remember this battle
- *First to serve coast to coast
- Indo-Aryan, as in languages
- Did not smell good
- Like yellow polka dot bikini
- June 6, 1944
- Salt in cocina
- *a.k.a. Silent Cal
- Loosen ropes
- Deli acronym

CROSSWORD

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- *Second most common Presidential first name, after James
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The Rates Keep Rising



Commentary
by Bruce Lee

Heads up! Those rates (garbage rates in this case) are rising – now in Folsom, but coming soon to a community near you!

And, what a rise! In mid December Folsom approved a 74% increase over four years. The typical residential bill is currently \$34.50 per month and will rise to \$60 by 2025. The rates will rise “gradually” to \$46.25 in 2022; \$56 in 2023; \$58 in

2024; and then finally to \$60. It will be like cooking a frog to death, starting it in room-temperature water while slowly raising the heat to a boil.

The rationale for the increase is a state mandate pushed down upon local government – in this case Senate Bill 1383 of 2016, which is attempting to reduce greenhouse gas emissions. Folsom could face fines up to \$10,000 per day for noncompliance. According to the city, they issued public notices and held required hearings, but there was no majority objection to the fees.

SB 1383 is a statewide effort to reduce “short-lived” climate pollutants and applies to all residents and businesses. Using 2014 levels as the standard, the intent is to reduce disposal of organic waste by 50% by January 1, 2020

(they missed that goal), and by 75% by the end of 2024! Plus, the state wants to “rescue” at least 20% of currently disposed, edible food for human consumption.

(I’m not sure what they plan to do with all of that “rescued” food. Remember the Seinfeld television show debate when George took a pastry out of the garbage – but it was “just below” the lid line! It might be worthwhile to catch that rerun.) And, “short-lived” means pollutants that have a relatively short life in the atmosphere. (Hmmm ... so why worry about them? Well, I’m not a “scientist” and nobody argues with a scientist now-a-days!)

Now, there is a logic. When food scraps and compostable materials (such as paper products) are put into a landfill without

access to oxygen, they break down and produce methane (CH4), which is a greenhouse gas in the atmosphere. (This is akin to cow flatulence.) And, we do have a lot of organic waste – 71% of all San Mateo County’s landfill waste is organic. And, evidently food waste tallies up to about 17% of all landfill disposal in California.

Maybe we just need a mandate to buy less food or that we are required to consume all that we cook?

Now, while some of this may seem a bit humorous, there are four serious lessons for us:

- 1) Who thought in 2016 when the well-intended SB 1383 passed that garbage rates would skyrocket! Policy decisions are often made based on general big-picture ideas that sound good, but are

made out of context. The impact trickles down.

- 2) Rates are just as important as taxes – so keep an eye on them!
- 3) Folsom purportedly had little public comment or objection, so shame on us for being indifferent.
- 4) Once you pay higher rates or higher taxes, there is often little guarantee on how the money will be used. These types of things can also be good rationales for higher wages and the like.

And, starting last January 1st, per SB 1383, Californians are required to recycle their food scraps and other leftovers. Your organic waste can be combined with your green waste; or maybe there will be a new “brown waste” can. Confused yet?

Meanwhile, watch out for your rates! Folsom is a harbinger for all other local governments, and the City of Sacramento City is currently working on their wastewater fees in earnest.

W. Bruce Lee is an educator and speaker (WBruceLee.com) with a career in government as an elected official and fiscal advisor, who has worked at the local, state, and federal levels. He authors the “We the Government” column as a community service. He is president of the Sacramento Taxpayers Association (SacTax) - promoting efficient, economical government; fair and equitable taxation which permits a strong, healthy economy; as well as sensible balance and rational control of government expenditures.. His private message telephone is 916-624-6476. Copyright W. Bruce Lee, 2022 ★

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00054 Hannah Matson, 4012 William Way Camino, CA 95709 are doing business under the Fictitious Business Name(s) "Baddie Browns by Hannah" 31 Natoma Street Folsom, CA 95630. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 28, February 4, 11, and 18, 2022
BADDIE 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00087 Kaitlyn Bednar, 2332 Sonata Drive Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Resting Bee Face Co" 2332 Sonata Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 6, 2022 Publish: January 28, February 4, 11, and 18, 2022
RESTING 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00323 Kao Vue, 6811 E. Clinton Avenue Fresno, CA 93727 are doing business under the Fictitious Business Name(s) "Faith Religious Facility" 4333 Airport Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 18, 2022 Publish: January 28, February 4, 11, and 18, 2022
FAITH 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00176 Edvantage Solutions, 8698 Elk Grove Boulevard #1183 Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Allstate Roofing Solutions, Cortek" 8698 Elk Grove Boulevard #1183 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County January 11, 2022 Publish: January 28, February 4, 11, and 18, 2022
ALLSTATE 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00191 KW Fund Vi-Autumn Ridge LLC, 151 S. El Camino Drive Beverly Hills, CA 90212 are doing business under the Fictitious Business Name(s) "The Arlo" 6011 Shadow Lane Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 12, 2022 Publish: January 28, February 4, 11, and 18, 2022
ARLO 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10671 Golam Bahar Molla, 1937 Silica Avenue Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "GM Automobile Detailing" 1939 Auburn Boulevard Suite D Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 9, 2021 Publish: January 28, February 4, 11, and 18, 2022
GM 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11080 Maihan Vo and Tan Nguyen, 2374 Playa Way Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "1st Class Properties" 2374 Playa Way Gold River, CA 95670. Filed with the Clerk of Sacramento County December 28, 2021 Publish: January 28, February 4, 11, and 18, 2022
1ST 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00185 Lynn Sinclair Inc, 3761 Recycle Road #A Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Marine Service Center" 3761 Recycle Road #A Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 11, 2022 Publish: January 28, February 4, 11, and 18, 2022
MARINE 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00372 Kedija Adam, 8661 Sebrell Way Sacramento, CA 95823 and Gedyon Woldtsadik, 9551 Butterfield Way #29 Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Kind Bean Café & Bakery" 1547 Fulton Avenue #D Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 19, 2022 Publish: January 28, February 4, 11, and 18, 2022
KIND 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00101 N Richard Smith, Trust, 2240 Hill View Drive El Dorado Hills, CA 95762 and Rosanne Smith Kearns Trust, 5310 Bantry Place El Dorado Hills, CA 95762 are doing business under the Fictitious Business Name(s) "Greenback & Burch" 7660-7666 Greenback Lane Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 6, 2022 Publish: January 28, February 4, 11, and 18, 2022
GREENBACK 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00360 Buddhist Churches of America-Northern California District Council, 622 Lelandhaven Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Northern California Buddhist Women's Association" 7237 Chandler Drive Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 19, 2022 Publish: January 28, February 4, 11, and 18, 2022
NORTHERN 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10991 Pacific Coast Slavic Baptist Ass., 639 Welland Way West Sacramento, CA 95605 are doing business under the Fictitious Business Name(s) "Pacific Thrift Store" 6101 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 23, 2021 Publish: January 28, February 4, 11, and 18, 2022
PACIFIC 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00426 ACR Electrical and Plumbing Corp, 5840 Gibbons Drive Suite F Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "ACR Home Services" 5840 Gibbons Drive Suite F Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 21, 2022 Publish: January 28, February 4, 11, and 18, 2022
ACR 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00058 Mohammed Almusawi, 3911 Annadale Lane Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "AAA Design" 3911 Annadale Lane #3 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 28, February 4, 11, and 18, 2022
AAA 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00427 ACR Solar International Corp, 5840 Gibbons Drive Suite H Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "ACR Solar & Roofing" 5840 Gibbons Drive Suite H Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 21, 2022 Publish: January 28, February 4, 11, and 18, 2022
ACR 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00434 Evil Arauz, 2845 19th Avenue Sacramento, CA 95820 are doing business under the Fictitious Business Name(s) "Smart Cleaning Services" 2845 19th Avenue Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 21, 2022 Publish: January 28, February 4, 11, and 18, 2022
SMART 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00523 Sheila Deleon, 7814 Caraway Drive Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Sheila Deleon Mobile Detailing" 784 Caraway Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County January 4, 2022 Publish: February 4, 11, 18, and 25, 2022
SHEILA 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00632 Kh Maiwand Maiwand, 2601 Howe Avenue #62 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Azziz Transportation Services" 2601 Howe Avenue #62 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 27, 2022 Publish: February 4, 11, 18, and 25, 2022
AZIZI 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00256 Elizabeth Maturino, 8462 Wheatland Drive Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "INotarize It-Mobile Notary" 8462 Wheatland Drive, Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 13, 2022 Publish: February 4, 11, 18, and 25, 2022
INOTARIZE 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00444 Circle Theory Productions LLC, 4933 San Marquee Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Circletheory Productions" 4933 San Marquee Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 4, 11, 18, and 25, 2022
CIRCLE 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00359 Orane LLC, 5409 Yellow Pine Way Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Orane LLC, Orane Label LLC" 5409 Yellow Pine Way Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 19, 2022 Publish: February 4, 11, 18, and 25, 2022
ORANE 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00433 Whyte Marketing Inc, 2530 J Street Suite 300 Sacramento, CA 95621 are doing business under the Fictitious Business Name(s) "CyberWhyte" 2530 J Street Suite 300 Sacramento, CA 95621. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 11, 18, 25, and March 4, 2022
CYBER 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00792 Elizabeth Maas, 1820 Capitol Avenue Sacramento, CA 95811 are doing business under the Fictitious Business Name(s) "Yeshua Light Healing House" 7751 Freeport Boulevard #1044 Sacramento, CA 95832. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022
YESHUA 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00790 Ann Margaret Murphy, 510 Santa Ynez Way Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Helmet Diva" 510 Santa Ynez Way Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022
HELMET 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00121 Forever Connected Holistic Healing and Wellness Center Inc, 8276 Northwind Way Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Melandin Day School Academy" 8276 Northwind Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 7, 2022 Publish: February 11, 18, 25, and March 4, 2022
MELANIN 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00753 1st Rate Loans, LLC, 18501 Murdock Circle Suite 101 Port Charlotte, FL 33948 are doing business under the Fictitious Business Name(s) "Motto Mortgage" 28004 Gateway Oaks Drive #100 Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 28, 2022 Publish: February 11, 18, 25, and March 4, 2022
MOTTO 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00564 Luis Mejia Hernandez and Esmeralda Cisneros Mejia, 5100 Tangarine Avenue Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "Paquetexia Mexico Express" 5100 Tangarine Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 11, 18, 25, and March 4, 2022
PAQUETEXIA 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00907 PB 32G Inc, 4 Cain Court Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Frutridge Chevron" 3900 Frutridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 2, 2022 Publish: February 11, 18, 25, and March 4, 2022
FRUITRIDGE 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00599 Savanna W. Hamilton, 3643 1st Avenue #3 Sacramento, CA 95817 are doing business under the Fictitious Business Name(s) "Flowers by Savanna" 3643 1st Avenue #3 Sacramento, CA 95817. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 11, 18, 25, and March 4, 2022
FLOWERS 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00390 John E. Brightenstine, 9376 Mira Del Rio Drive Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "GobiGoOn" 9376 Mira Del Rio Drive Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 20, 2022 Publish: February 11, 18, 25, and March 4, 2022
GOBI 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00470 Nancy Gannon, 6100 Cherrelyn Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "River City Equestrian Events" 6100 Cherrelyn Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 11, 18, 25, and March 4, 2022
RIVER 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00910 Melissa Nelson, 8161 Juli Court Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Veritas Signing Services" 8161 Juli Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 11, 18, 25, and March 4, 2022
VERITAS 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00973 Cassandra Patterson, 9764 Nature Trail Way Elk Grove, CA 95757 are doing business under the Fictitious Business Name(s) "LILAC FIG, Brisco and Bane" 9764 Nature Trail Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 4, 2022 Publish: February 11, 18, 25, and March 4, 2022
LILAC 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00797 Poesse Fuapap, 7156 Parkvale Way Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Apple Concrete Construction" 7156 Parkvale Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022
LILAC 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00874 Abdul H. Tahir, 10891 Calvine Road Sacramento, CA 95830 are doing business under the Fictitious Business Name(s) "EZ Auto Sales" 10892 Calvine Road Suite B Elk Grove, CA 95830. Filed with the Clerk of Sacramento County February 2, 2022 Publish: February 11, 18, 25, and March 4, 2022
APPLE 3-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00874 Abdul H. Tahir, 10891 Calvine Road Sacramento, CA 95830 are doing business under the Fictitious Business Name(s) "HomeWell Remodeling" 10017 Prairie Dunes Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 25, 2022 Publish: February 18, 25, March 4, and 11, 2022
EZ 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00543 Tung Thanh Huynh, 3575 Sue Pam Drive Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Modro Construction" 1818 Morgan Oak Way Antelope, CA 95843. Filed with the Clerk of Sacramento County February 7, 2022 Publish: February 18, 25, March 4, and 11, 2022
EZ 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-01004 Daryna Romanyak, 4818 Morgan Oak Way Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Resilience Coffee" 6117 Orso Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11, 2022
MODERO 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00921 Superior Auto Sales, 3300 Auburn Boulevard #6 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Superior Auto Sales" 3300 Auburn Boulevard #6 Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 18, 25, March 4, and 11, 2022
MODERO 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00856 Jagroop K Gil and Haewant S Gil, 4635 Antelope Road Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Buy & Go Convenience" 5219 Elkhorn Boulevard Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 1, 2022 Publish: February 18, 25, March 4, and 11, 2022
RESILIENCE 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00856 Jagroop K Gil and Haewant S Gil, 4635 Antelope Road Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Resilience Coffee" 6117 Orso Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11, 2022
RESILIENCE 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00856 Jagroop K Gil and Haewant S Gil, 4635 Antelope Road Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Resilience Coffee" 6117 Orso Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11, 2022
BUY 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00944 Victoria Dorgan, 5414 Beauford Court Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Ellar" 5414 Beauford Court Antelope, CA 95843. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 18, 25, March 4, and 11, 2022
ELLARI 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00604 David N. Lloyd and Paula J. Lloyd, 6149 Wasson Lane Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Ingram-Lloyd Enterprises" 6149 Wasson Lane Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 26, 2022 Publish: February 18, 25, March 4, and 11, 2022
INGRAM 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-01014 Niello Bavarian Automobiles, Inc, 1481 River Park Drive Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "Niello BMW, Niello Mini" 2020 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 7, 2022 Publish: February 18, 25, March 4, and 11, 2022
NIELLO 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-01077 Adil Chaudri, 1060 Acacia Avenue Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "H&H Tax Services" 1060 Acacia Avenue Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 9, 2022 Publish: February 18, 25, March 4, and 11, 2022
H&H 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-01139CCRG, INC, 6640 Latrobe Road Shingle Springs, CA 95682 are doing business under the Fictitious Business Name(s) "Crumbli Cookies" 6920 Auburn Boulevard #120 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11, 2022
CRUMBL 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-01124 Haley Schuler, 8730 Elverano Avenue Elverta, CA 95626 are doing business under the Fictitious Business Name(s) "The Luxe Press" 8730 El Verano Avenue Elverta, CA 95626. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11, 2022
LUXE 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: January 28, February 4, 11, and 18, 2022
SALDATE 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022
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Publish: January 28, February 4, 11, and 18, 2022
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KEKUA 180201 2-18-22

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Christopher E. Krueger, Judge of the Superior Court
Publish: January 28, February 4, 11, and 18, 2022
HITCH 180201 2-18-22

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Christopher E. Krueger, Judge of the Superior Court
Publish: January 28, February 4, 11, and 18, 2022
HITCH 180201 2-18-22

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FBNF2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 2, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2022
Shama H. Mesiwala, Judge of the Superior Court
Publish: January 28, February 4, 11, and 18, 2022
KAY 180201 2-18-22

FICTITIOUS BUSINESS NAME STATEMENT
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KAY 180201 2-18-22

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Shama H. Mesiwala, Judge of the Superior Court
Publish: January 28, February 4, 11, and 18, 2022
KASSIS 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
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Shama H. Mesiwala, Judge of the Superior Court
Publish: February 4, 11, 18, and 25, 2022
CYRUS 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022
Christopher E. Krueger, Judge of the Superior Court
Publish: February 4, 11, 18, and 25, 2022
CYRUS 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 9, 2022
Shama H. Mesiwala, Judge of the Superior Court
Publish: February 11, 18, 25, and March 4, 2022
HICKS 180201 2-25-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00313904 Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 9, 2022
Shama H. Mesiwala, Judge of the Superior Court
Publish: February 11, 18, 25, and March 4, 2022
HICKS 180201 2-25-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00313754
Amber E. Smith has filed a petition with this court for a decree changing the name(s) of Joshua Scott Gauthreaux to Joshua Scott

NOTICE OF PETITION
TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER
ESTATE OF MARY M. THOMAS
CASE No. 34-2021-00311779

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Mary M. Thomas deceased. A Petition for Probate has been filed by Steven Arthur Nelson, in the Superior Court of California, County of Sacramento, requesting Steven Arthur Nelson be appointed as personal representatives to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows May 12, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Angela C. Thompson 1555 River Park Drive Suite 108 Sacramento, CA 95815 El Dorado, CA 95762 916-920-5983 Publish: February 18, 25, and March 4, 2022 NELSON 17062 3-4-22

NOTICE OF PETITION TO ADMINISTER
ESTATE OF ROBERT MELVIN
GLIDEWELL
CASE No. 34-2021-00311420

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Robert Melvin Glidewell deceased. A Petition for Probate has been filed by Sandra Lee Colley, in the Superior Court of California, County of Sacramento, requesting Sandra Lee Colley be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent

Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows April 5, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Angela C. Thompson 1555 River Park Drive Suite 108 Sacramento, CA 95815 El Dorado, CA 95762 916-920-5983 Publish: February 18, 25, and March 4, 2022 COLLEY 17062 3-4-22

NOTICE OF HEARING ON PETITION TO
DETERMINE CLAIM TO PROPERTY

To all former clients, heirs, beneficiaries, creditors and contingent creditors of and persons who may be otherwise interested in the trust or estate or both of Frederick Stephenson. A Petition to Determine the Claim to Property has been filed in Superior Court of California, County of Sacramento, requesting the Trustee of the Frederick Stephenson 2020 Trust take legal possession and ownership over the remaining funds held in Frederick Stephenson's Attorney-Client Trust account (U.S. bank Account number 1-534-5501-4404). If you were a prior client of Frederick Stephenson (California State Bar #39418) and believe you have a claim to the return of fees you paid to him, please contact attorney, Peter A. Galgani, at (916) 498-1357 or contact the Sacramento Superior Court, Probate Division, or appear at the hearing on March 10, 2022, at 9:00 a.m. in Department 129. YOU MAY EXAMINE the file kept by the court. The attorney representing the Petitioner is: Peter A. Galgani, attorney at law 916 Second Street, 2nd Floor, Sacramento, CA 95814. Telephone number 916-498-1357. Due to Covid 19 procedures, all appearances at the hearings must be remote either by telephone (888) 475-4499 or via Zoom at the link: <https://saacourt.zoom.us/j/dept129a>. The Zoom meeting ID# is 689-534-3925. STEPHENSON 2-25-22

**NOTICE OF PUBLIC LIEN SALE
SELF STORAGE AUCTION**

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.)

ARMOR MINI STORAGE: Property is located at 5714 Auburn Blvd., Sacramento, CA 95841. The auction will be conducted entirely online at: <https://bid13.com/>

Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold: UNIT #B029-FRANCISCO MALDONADO, UNIT #B067-EDDIE LOVE, UNIT #B068-KEISHA FORDFLEMING, UNIT #B097-KERSTEN GAINES, UNIT #B116-ARTHUR HAYGOOD, UNIT #B138-THALIA SMITH, UNIT #D032-DEBORAH HOMME, UNIT #E092-DEBRA WALKER, UNIT #H103-RONALD TALFORD, UNIT #H121-KRYSTAL GREGERSEN, UNIT #H165-DANIEL PACHECO, UNIT #H197-LAWRENCE BRADEN.

Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning **THURSDAY 2/17/22 at 10am PST and ending THURSDAY 2/24/22 at 10am PST**. Payment must be made at the time of purchase. All items in the unit are **sold as is** and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.

Carmichael Times February 11 and 18, 2022

PUBLIC NOTICE

American Towers LLC is proposing to collocate 12 new Panel Antennas on an existing 84.1' monopole telecommunications tower. The project will also include a new 10-foot-wide easement extending north, along with a 30ft buffer surrounding the current and proposed lease area, at 10220 Elder Creek Rd, Sacramento, Sacramento County, CA, 95829, PID 06600300220000. American Towers LLC seeks comments from all interested persons on any potential significant impact the proposed action could have on the quality of the human environment pursuant to 47 C.F.R. Section 1.1307, including potential impacts to historic or cultural resources that are listed or eligible for listing in the National Register of Historic Places.

Interested persons may comment or raise concerns about the proposed action by submitting an e-mail to enviro.services@americantower.com. Paper comments can be sent to: American Towers LLC, Attn: Environmental Compliance, 10 Presidential Way, Woburn, MA 01801. Requests or comments should be limited to environmental and historic/cultural resource impact concerns and must be received on or before 3/13/22. This invitation to comment is separate from any local planning/zoning process that may apply to this project.

Carmichael Times February 11 and 18, 2022

REQUEST FOR PUBLIC BIDS

Bids are invited for the Mission Oaks Recreation and Park Districts (MORPD) Security services contract. This contract is for recurring security services of MORPD's three facilities and 15 parks. Specifications and bid packets will be available on the district's website www.MORPD.com and at the mandatory Job walk on February 28, 2022.

This is a public works contract subject to compliance monitoring and enforcement by the department of industrial relations. No contractor or subcontractor may be listed on a bid proposal, nor be awarded a contract for a public works project unless registered with the department of Industrial Relations pursuant to labor code section 1725.5.

A **mandatory** pre bid job walk will be held on **Monday, February 28, 2022, from 9 to 11 am starting at the District Office located at 3344 Mission Avenue Carmichael, CA 95608**. Bids will be returned unopened to those bidders not in attendance at the scheduled pre bid job walk. Interested bidders are encouraged to register beforehand with the district to **JRHichborn@MORPD.com**. MORPD will receive bids until 2pm Monday, March 14, 2022 at the District Office (3344 Mission Avenue Carmichael CA, 95608) Attn: J.R. Hichborn, Parks Superintendent. Bids received after this time will not be accepted. Bids must be submitted in the bid forms contained in the bid packet available on February 28, 2022. Bids submitted in any other form will not be accepted. MORPD reserves the right to waive any irregularities and reject any and all bids.

Carmichael Times February 18 and 25, 2022

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Rewarding Student Volunteers



Newsom and lawmakers have dramatically expanded the state financial aid program in other ways that give students aid directly, like cash and grants to fully cover tuition. MPG file photo

By Mikhail Zinshteyn,
CALMatters.org

A new California program to financially reward college students for volunteering has drawn national attention – but less than half of its budgeted money is going to actual student aid.

The California Volunteers College Corps program, backed by \$159 million in mostly state money, promises to award up to \$10,000 to 6,668 low-income students who volunteer in K-12 education, on climate action or to reduce food insecurity.

That only works out to \$66.7 million for students, though. So where is the other \$92 million going?

Mostly it's going to hiring and administrative costs despite no guarantee the program will continue past 2024. Some experts think that money split makes sense because students could benefit from training and there's a chance the program would get additional funding in the future. Other experts think the money should go directly to students, so fewer of them will have to work on top of their other responsibilities.

The program is set to last two years, though Gov. Gavin Newsom suggested at a Jan. 18 press event that he'd ask the Legislature to expand the program "if this thing works." Part of the money will go toward an external evaluation of the program.

Almost all of that \$92 million that's not going directly to students is meant for program costs, according to a budget CalMatters received from California Volunteers, the state office running the program. Forty-five colleges and universities – nearly all public – will share the money.

Of that, \$77 million is for a whole array of operations work to build up the volunteer program. That includes money for the colleges whose students will be in this program to develop their local programs and partner with the

nonprofits where students will work. Costs include: hiring consultants and staff, acquiring extra office space and IT equipment; recruiting the actual student volunteers and funding the nonprofits where they'll do their volunteer work; providing students career and academic advice plus training events; and an external evaluator, who'll be hired at a later date, to assess the volunteer program.

Another \$15 million is reserved for California Volunteers personnel.

Not only is the program a way for students to give back to their community but it's also an opportunity that allows students to be "learning about a career and also earning while learning that career," said California Community Colleges Chancellor Eloy Ortiz Oakley.

But a state program for connecting students to careers already exists. Last year's state budget injected \$200 million into a new work-study program for college students, with \$300 million more planned for this year.

Student participants will begin volunteering through the program fall of 2022. Upon completing 450 hours during the academic year, each will get \$10,000.

The money is split up into two buckets – \$7,000 paid out regularly and a final lump sum of \$3,000 after a year of service. As students fulfill their hours, they'll be paid as if they're campus employees through their college or university's payroll system. Even if students don't volunteer the full 450 hours, they'll receive a prorated amount of the initial \$7,000. But to receive the final \$3,000, students will need to complete the full 450 hours of service.

Unlike the federal AmeriCorps, undocumented students may participate in the California volunteer program. State officials want 20% of the volunteers to be undocumented students who receive state financial

aid. They're eligible for the same \$10,000 available to other students, but their pot will come from state dollars only, while federal funds will cover a portion of \$3,000 other students will be awarded.

But all that extra money may create a headache for some volunteers. The \$7,000 volunteers work toward counts as income, which may "impact a student's financial aid," reads a program FAQ. Campuses are urged to work with their financial aid offices to "mitigate any impact" for students. Also, the \$7,000 is taxable income, meaning taxes will be deducted each paycheck.

Only full-time students will be eligible for the service program.

The College Corps state volunteer program builds on a smaller effort California launched in 2020, about six months into the COVID-19 pandemic. Though that smaller effort had the goal of attracting 250 students, ultimately 199 participated, according to performance review data that Julie Goggins, a California Volunteers spokesperson, shared with CalMatters. And some – 7% – didn't complete their full hours of service and so weren't awarded the full amount for which they were eligible. Most students – 90% – also acquired professional development skills, according to performance review assessments. Some colleges from the pilot round are also participating in College Corps.

The budget for the volunteer program makes sense, but the devil's in the details, said Alexandra Graddy-Reed, a professor who studies nonprofits at the University of Southern California. She likes that students who volunteer will receive various layers of advising. It's another way for the colleges and the state to expose those low-income students to opportunities wealthier students often already receive through their

families' connections, Graddy-Reed said.

All those services require more personnel and hiring people is expensive, which helps explain the program costs, she said. The mix of volunteerism and various advising "sounds good to me" as a way to spend tax dollars, Graddy-Reed added. Still, she'll want to see the specific hiring decisions colleges will make at the local level and whether most of the operational funding will be for College Corps or for general campus operations.

Campus-level contract amounts won't be available until the summer, according to Goggins.

Some campuses have begun advertising their programs. UC Davis and three other Sacramento-area colleges will share up to \$16 million for about 1,000 student volunteers. Fresno State and Fresno City College will bring on about 120 students over two years.

Newsom and lawmakers have dramatically expanded the state financial aid program in other ways that give students aid directly, like cash and grants to fully cover tuition. But those are all ongoing programs, while the money for the volunteer program is just two years. From a publicity standpoint, it's probably better to create a temporary program, such as College Corps, than to briefly expand access to ongoing grants only to have them disappear soon after, Shireman mused.

Student housing in California is already tight and the state has big plans to expand enrollment at the University of California and the Cal States. A \$5 billion proposal would give campuses loans at no interest.

Mikhail Zinshteyn has been a higher education reporter since 2015. As a freelancer, he contributed to The Atlantic, The Hechinger Report, Inside Higher Ed and The 74. ★

SAFE Credit Union to Award \$10,000 in Scholarships

Public Relations and Communications Specialist Press Release

FOLSOM, CA (MPG) - SAFE Credit Union will award \$10,000 in scholarships to high school seniors this Spring. The 2022 Scholarship Program in its 22nd year will provide 10 outstanding college-bound seniors each with a \$1,000 scholarship.

With SAFE's commitment to student achievement in mind, the Scholarship Committee will select awardees based on their exceptional grade point average, financial need,

letters of recommendation and a personal statement.

Applicants, or a parent or guardian, must be an active member of the credit union and live or attend school in counties SAFE serves: Alameda, Amador, Butte, Contra Costa, El Dorado, Nevada, Placer, Sacramento, San Joaquin, Solano, Sutter, Yuba, and Yolo.

The 2022 application package is available online at safecu.org/2022Scholarship or call (916) 979- 7233 or (800) SEE-SAFE for more information. Applications must be emailed to scholarships@safecu.org or postmarked no later than Feb.

28, 2022, and addressed to: SAFE Credit Union ATTN: SAFE Scholarship Committee 2295 Iron Point Road, Suite 100 Folsom, CA 95630-8765

SAFE Credit Union has made members an integral part of its vision since 1940. Over the years the credit union has kept the focus on what really matters, putting members first, a formula that has seen SAFE grow into a leading financial institution in Northern California with over \$4.3 billion in assets and about 245,000 members. www.safecu.org ★

Ask Toni

Can't Afford to Pay My Medicare Premium Bill . . . What Can I Do?



Toni King

Toni:
My Medicare begins March 1st and I have received my first bill. This bill is for 4 months from March 1st to June 30th. I thought Medicare was monthly. If I pay this amount, then I

cannot pay my rent for March.
This bill for Medicare is due February 25th and I was wondering if Medicare allows payments for Medicare Part B premium monthly? I cannot start my Social Security check because I work and make more than Social Security allows without having to pay a penalty because I am not at my full retirement age (FRA).

~ Jackie, St. Louis, Mo

Jackie:

You are correct that Americans are paying their Medicare premiums monthly by having the premium taken from their Social Security check. Social Security will automatically take the Medicare premiums from a person's Social Security check. Social Security will send a letter informing the Medicare beneficiary that Social Security is deducting the monthly Medicare Part B premiums from your Social Security check.

GOOGLE "Medicare Easy Pay" to pay your Medicare premiums monthly from your checking account or visit www.medicare.gov and you can research topics such as how to download and properly set up Medicare Easy Pay.

Not computer or internet "smart" to research options on "GOOGLE", then get help from a family member or friend that has access to a computer and ask them to assist you in downloading the Medicare Easy Pay form.

It may take about 6-8 weeks to have the "Medicare Easy Pay" form processed. You should make sure that you keep up with your monthly premiums, so your Medicare Parts A and B are not terminated. A simple way to pay a monthly premium or your

complete Medicare premium bill by credit card until the Medicare Easy Pay form is activated is by visiting www.Medicare.com and create a Medicare account.

When creating a Medicare account, you must have applied for Medicare and have your Medicare number to open your account. On your Medicare account is your Medicare information such as:

- What Medicare Part D prescription drug plan or Medicare Advantage plan you are enrolled in.
- What your Medicare Part A and B enrollment dates are.
- What you can view on your "Medicare.gov" account is paying your Medicare premium, Medicare claims, print your Medicare card and much more.

If one does not stay current with their Medicare premiums, then the Medicare Beneficiary might lose their benefits and may be charged a penalty when they re-enroll. When someone does not have the required 40 working quarters to qualify for Medicare or are married with a spouse that does have the 40 quarters, then they may also have to pay a premium for Part A which is expensive.

Medicare Part D prescription drug premiums are not available via the Medicare site but are managed by the Medicare Part D prescription drug company. One can pay their Medicare prescription drug premium either directly to the prescription drug company by check or credit card. Once one begins receiving their Social Security check, then both Medicare Part B and Part D prescription drug premiums can be taken from their Social Security check.

Toni Says® Many do not realize that they can pay their Part B premiums monthly when not receiving their Social Security check by following the rules set up by Medicare. Take your time and study this Medicare rule.

Confused about Medicare Zoom webinar is Thursday February 10 at 4:00 PM. Visit www.tonisays.com to sign up for Toni's online webinar event.

New 2022 Medicare Survival Guide® Advanced edition is now available at www.tonisays.com with a \$5 discount to Toni Says® readers. ★

State Senator Brian Dahle Announces His Run for Governor



Senator Brian Dahle

From the office of Brian Dahle

SACRAMENTO, CA (MPG) - California State Senator and Farmer Brian Dahle announced his run for Governor of California.

"California isn't a failed state; we have a failure of leadership. Our state is overtaxed, over-regulated and underperforming in all critical services sectors. As parents feel deep anxiety over their children falling further behind, this administration adopted the

strategy of dispute, half-truths, and finger-pointing. People want to believe again in the California Dream. The consequences of failure are too great," Dahle said.

"We often hear that politicians cannot be trusted. That is a sentiment earned by lawmakers who say one thing and do another. I commit to telling you the TRUTH about why the government is failing and what can be done to fix it and turn this state around. It is time to retire the show

pony and get a workhorse for California."

Brian Dahle began his career in public service when his neighbors recruited him to serve on the regional Farm Service Agency board. His community elected him to the Lassen County Board of Supervisors, and after four terms he ran for a seat in the state Legislature, where he has represented north-eastern California since 2012.

He continues to operate his family's farm and seed business back home in Bieber, where he and his wife, Megan Dahle, have raised their three children – Chase, Reagan and Roslyn.

"As a small-business owner, I live the effects of bad policies made in Sacramento every day," Dahle said. "The high cost of living is a huge burden for families and for businesses alike, and it is pushing a shocking number of both to simply flee for the state line.

"California is an amazing and beautiful state, but it is being run into the ground by Sacramento politicians. I am dedicated to restoring the California promise for ordinary families."

Senator Brian Dahle represents California's 1st Senate District, which contains all or portions of 11 counties, including Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, and Siskiyou. ★



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Californians Are Having Problems Paying Medical Bills

California Health Care Foundation Special Release

NORTHERN CA (MPG) - The rising cost of health care continues to be one of California’s most urgent issues, with one in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation and NORC at the University of Chicago. Of those who postponed care, the survey finds, 47% report their health condition worsened as a result, up from 41% last year.

More than eight in 10 Californians say it is “extremely” or “very” important for the California governor and legislature to work on “making health care more affordable” in the coming year, a level of support higher than several other noteworthy issues, from improving public education and combating climate change to addressing racial inequality.

The 2022 CHCF California Health Policy Survey was conducted September 27 through November 17, 2021, among a random representative sample of 1,681 adults age 18 or older living in California. The annual poll captures Californians’ views on health care affordability, housing and homelessness, experiences with health care, and COVID-19.

Although it was conducted before the Omicron surge, this year’s survey finds COVID-19 continues to be a major concern for Californians, with 56% saying their health has been negatively impacted by the stress and anxiety caused by the pandemic. One in ten Californians says the pandemic has worsened their chronic health conditions.

Topping the list of Californians’ health care



One in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation. MPG file photo

priorities is making sure state and county public health departments have the resources they need to respond to emergencies (51% said this was “extremely” important; 34% said “very” important). This was followed by ensuring there are enough doctors, nurses, and other health providers across California (48% “extremely;” 39% “very”), providing all Californians with access to health insurance coverage (48% “extremely;” 32% “very”), and making sure people with mental health problems get the treatment they need (47% “extremely;” 36% “very”).

“The latest numbers show that the high cost of health care and the high cost of housing are both taking a toll on the health of Californians,” says Kristof Stremikis, director of Market Analysis and Insight at the California Health Care Foundation. “The rising cost of medical care is causing millions of Californians, especially people with lower incomes and communities of color to postpone care and experience worse health outcomes as a result. Californians are clear they want this problem to be addressed.”

While cost issues are a rising concern for all Californians, they have become particularly serious for lower-income households: 43% of Californians with lower incomes report having problems paying for at least one medical bill, an increase from 32% compared to last year. More than six in 10 Californians overall worry about unexpected

medical bills (63%) and out-of-pocket health care costs (60%), and half of Californians are worried about affording monthly health insurance premiums (51%) and prescription drugs (49%). By comparison, 52% of Californians said they were worried about gas costs and 50% worry about the cost of their rent or mortgage.

Nearly one in five Californians (17%) who report trying to make an appointment for physical health care say it was “very” or “somewhat” difficult to find a provider who took their insurance. Latinx Californians (21%) are twice as likely as White Californians (11%) to report difficulty, and those with lower incomes (30%) are more likely than those with higher incomes (12%) to report that it was difficult to find a physical health care provider who took their insurance.

One in five Californians (19%) say they or someone close to them has experienced a period of homelessness in the past five years. The same proportion (19%) are “very” or “somewhat” worried about experiencing homelessness. Californians also see a connection between affordable housing and health status with 80% of Californians saying lack of affordable housing impacts the physical or mental health of people with low incomes “a lot” or “some.”

Nearly six in 10 Californians (59%) believe that the health care system treats people unfairly based on their race or ethnic background: one quarter (26%) “regularly” and a third (33%) “occasionally.” Eighty-three percent of Black Californians expressed this belief, a significantly higher percentage than any other race or ethnic group. In addition, Black and Latinx Californians were more likely than White or Asian Californians to report negative experiences by a doctor or other health care provider. ★




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* Covid-19 vaccines are limited in supply and distribution. At this time we have contracted with CVS Pharmacy to supply our communities with the vaccine in cadence with CDC inoculation protocols. The exact timing of the vaccines is still unclear at time of this publication. Please contact the community for more details.
* Care charges are not included. Certain conditions apply. Contact community for details.

- Independent Living
- Assisted Living
- Respite Care

