

Holiday Visits with Your Aging Parents?

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New Program **Decreases DUI Crashes** PAGE 2



# Citrus Heights

**VOLUME 11 • ISSUE 49** 

Serving the City of Citrus Heights & Sacramento County

DECEMBER 10, **2021** 

### **NCOIL ELECTS** CA'S COOLEY **PRESIDEN**



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## FLY TO THE SLOPES



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## **MEN CONVICTED** OF STEALING



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## A Season of Lights

Christmas Tree Lighting Fun for Young and Old



moms, dads, grandparents and others descended upon the perimeter of Citrus Heights City Hall for

the annual tree lighting festivities on December 1.

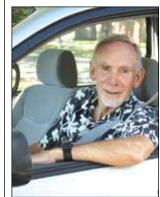
No bundling up was necessary CITRUS HEIGHTS, CA (MPG) - The as perfect fall temperatures greeted those awaiting the flick of the switch excitement was palpable as more

than 1,000 children, by Mayor Steve Miller and Santa Claus that lit up hundreds of multicolored lights on the 23-foot-tall redwood tree in front of city hall.

Emcee Nichole Baxter with the City Manager's office also introduced City Manager Chris Boyd, and Citrus Height's new Chief of Police Alex Turcotte.

Attendees enjoyed the new, more Continued on page 3

### **CHP Helps Prepare Senior Drivers for** Years to Come



The Age Well, Drive Smart class is an education program specifically designed to help seniors tune up their driving skills, refresh their knowledge of the rules of the road. Photo courtesy Dreamstime

#### California Highway Patrol Press Release

SACRAMENTO REGION, CA (MPG) - The California Highway Patrol (CHP) is determined to help drivers age 65 and older maintain their driving independence through the support of a yearlong federal grant, Keeping Everyone Safe (KEYS) XIII. The CHP will continue to offer this in-person and virtual traffic safety program emphasizing roadway safety and mobility for California's senior drivers.

The Age Well, Drive Smart class is an education program specifically designed to help seniors tune up their driving skills, refresh their knowledge of the rules of the road, and discuss normal age-related physical changes and how they affect driving ability. Since 2015, the CHP has conducted over 1,800 senior driver traffic safety presentations, reaching more than 100,000 people.

"The CHP is committed to helping seniors drive safer," said CHP Commissioner Amanda Ray. "This course is designed to assist the state's most experienced drivers in refreshing their driving skills and ultimately saving lives."

The CHP invites California's older drivers to attend a free two-hour Age Well, Drive Smart class that provides senior drivers the tools to driving safer and driving longer. The class is offered at local CHP Area offices as well as many community centers. It is a great way for seniors to educate themselves, evaluate their driving abilities, and improve their driving skills.

To attend a class, either in person or virtually, contact a CHP Area office near you for available dates and

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

The mission of the CHP is to provide the highest level of Safety, Service, and Security.

## A Right to Housing?

By Manuela Tobias, CALMatters.org

By Elise Spleiss

The law says that every student is entitled to a free public education.

What if it said the same about housing?

That's what Darrell Steinberg, the mayor of Sacramento, believes to be the key to addressing California's homelessness. He recently proposed an ordinance that would require the city to provide at least two housing or shelter options to people living on the streets.

If those options weren't available, the person could sue the city. But if the homeless individual turned down the available options, they would be compelled to come inside, albeit using social workers, not police.

In the latest episode of the California Housing Crisis Podcast, The Los Angeles Times' Liam Dillon and CalMatters' Manuela Tobias interview Steinberg on his proposal, and how it has

evolved over the years. "I want to put out what offered include spaces at



Is the 'right to housing' a solution to California homelessness? MPG file photo

I believe, which is fundamentally, that the public policy of the society must be that people live indoors," he said. "Ninety to 95% of that is the government's obligation. The last five to 10% may fall on some individuals."

Aside from housing or shelter, two of the options that a person must be

"Safe Ground" sanctioned tent encampments, hotel rooms, tiny homes and trailers.

"People have a much better chance to get permanent housing if they're indoors rather than outdoors," Steinberg explained. "We can't get mental health treatment or substance living on the river."

But, like the rest of the state, Sacramento is far from able to provide at least a single shelter bed per person, much less an affordable housing unit. If approved by the City Council, Steinberg's plan would take effect starting in 2023, or later if the city makes substantial progabuse treatment for people ress on housing options by

Continued on page 3

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## Fly to the Slopes with SMF



Several Tahoe ski resorts opened weeks earlier than planned which could be a sign of an incredible ski season to come! Photo courtesy Pixabay

#### By Scott Johnston, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Sacramento region had its first major rainstorm of 2021 in October, which brought huge amounts of snow to the Sierra. So much in fact, several Tahoe ski resorts opened weeks earlier than planned which could be a sign of an incredible ski season to come! Whether you're heading to Lake Tahoe's spectacular slopes or to the Rocky Mountains and beyond, Sacramento International Airport (SMF) can get you to the snow quickly. SMF offers direct flights and easy connections to many major ski destinations.

Locally, Lake Tahoe is home to 15 ski resorts, 477 miles of slopes, 146 lifts and views you won't find anywhere else in the world. Ski racing began in North Lake Tahoe in the 1860s, when gold miners decided to attach boards to their feet and skim down the slopes, and the first resort was built in 1924. Today, there's a resort for every kind of snow junkie – skiers, snowboarders, beginners and experts. SMF is approximately 100 miles from Tahoe and offers numerous nonstop flights from major U.S. hubs. Making both the north and south shores easily accessible.

For Northern Californians who are venturing outside of the state, flights from SMF can get you to some of the country's best ski resorts in no time.

The Rocky Mountains stretch from British Columbia south to New Mexico, with dramatic mountain vistas, breathtaking ski terrain and as much as 33-feet of snow per year. SMF has nonstop flights to Denver (DEN) on United Airlines, Southwest Airlines and Frontier Airlines, allowing you easy access to some of the Rockies' best ski resorts. Echo Mountain and Loveland Ski Area are about an hour away

from DEN, while Breckenridge and Copper Mountain are about a 90-minute drive.

Aspen is a spectacular year-round destination, but it is best known for its winter sports. Not into downhill, but still want to play in the snow? Aspen's four mountains offer cross-country skiing, snowshoeing and winter hiking trails. Off the slopes, Aspen has a vibrant dining with diverse culinary options both off and on the mountain. A bit further south, the old west vibe of downtown Telluride compliments the glamour of Aspen. The rustic town has been called the #1 Ski Resort in North America. Tucked into a canyon surrounded by 14,000-foot peaks, Telluride was designated a National Historic Landmark District in 1964, preserving the feel of Colorado's 1870s silver rush-era. The town is also home to a vibrant arts district, with galleries, performance spaces and architecture.

Salt Lake City (SLC) is also a short hop from SMF on both Delta Airlines and Southwest Airlines. Mother Nature delivers an average of 500 inches of snow to Utah's mountains every year and many of the best resorts are within an hour's drive from SLC. Park City, home of the Sundance Film Festival in January, has fabulous shopping and dining options as well as snow biking, snowshoeing, tubing, ice skating and sleigh rides nearby.

Western Canada's renowned Whistler Blackcomb Resort can be accessed via several nonstop flights to Seattle (SEA) on Alaska Airlines, Southwest and Delta. Once you land, drive into beautiful British Columbia to one of the largest ski resorts in North America with a lift that can take you to an elevation of 7,350 feet.

For more information on flights, visit the SMF website.

## Proven to Decrease DUI Crashes, ACCESS Launches Nationwide Program

By Ryan Budmayr, ACCESS

SACRAMENTO, CA (MPG) -The Honorable Richard A. Vlavianos, in front of the California state capitol and surrounded by other Public Safety and Law Enforcement Officials. announced the launch of a new, nationwide non-profit organization designed to treat high risk and repeat DUI offenders. The new non-profit, ACCESS, launches with a foundation of learnings and track record of saving

lives as proven through a

pilot that's been active in

California since 2008. 'After nearly 15 years and more than 5,000 participants, we've seen firsthand the difference this approach can make in changing behaviors and saving lives," said Chair of ACCESS and California Superior Court Judge Richard A. Vlavianos. "Each day, roughly 28 people die in drunk driving related car crashes and it's only fitting we make this announcement today as we kick off National Impaired Driving Prevention Month."

Current DUI and Drug Courts make an undeniable impact treating a smaller, more targeted population in need of



The new non-profit, ACCESS, launches with a foundation of learnings and track record of saving lives as proven through a pilot that's been active in California since 2008. Photo courtesy Pixabay

more significant support. ACCESS extends a similar approach to the remaining 70% of repeat DUI offenders that don't qualify for traditional DUI court. A recent study of the 5,200 participants indicates the concept is significantly changing behaviors with an 80% completion rate and most encouraging, a 19% decrease in DUI crashes. The six-year longitudinal study also found that participants did not revert to the norm upon completion of the program, indicating signs of long-term behavioral change.

"Existing special courts work with high-risk offenders who have high treatment needs, while ACCESS fills the gap by focusing on offenders who may be high risk, but don't require the same level of treatment," said Judge Vlavianos. "To make an impact, we needed to ensure the ACCESS program was scalable and affordable. I'm excited that we can provide monitoring, education and training to repeat DUI offenders at a fraction of the cost of typical treatment programs, at about \$10,000 less per participant."

Discussions with multiple state law enforcement and judicial officials interested in launching ACCESS are currently underway. Those with questions or interested in learning more are encouraged to visit chooseaccess.org.





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DECEMBER 10, **2021** CITRUS HEIGHTS **MESSENGER • 3** 

## A Season of Lights



The Christmas Tree Lighting will be a beautiful holiday memory for a family and their service dog who works constantly to keep the children safe. Photo by Elise Spleiss

Continued from page 1 open and inviting layout surrounding City Hall. All five senses were fully engaged on this night with the aroma and tastes of kettle corn. cookies and hot chocolate and the classic holiday sounds of the Citrus Heights Community Marching Band. Colorful mice characters and even a bear joined huge inflatable balloons, including the event's traditional two-story tall reindeer as it oversaw those celebrating their long-awaited freedom to be out and about again.

Several community organizations such as the Rocklin Academy helped young artists create their own decorations with different materials. Many wrote letters to Santa.

For further visual delights two dozen trees, many unusually decorated, peppered the walkway behind city hall as attendees often stopped to ask, "what is that" as they tried to figure out its theme or decorations. Sections of the police department, several community groups and Mesa Verde and San Juan High Schools also adopted trees. Even Grinch snuck in to steal one!

No one seemed to mind the long lines for over 500 photos with Santa, food, or mini train rides as they enjoyed their families on this first official day of holiday family celebrations.

Finally, all kids' favorite, a big red fire truck was provided by Sacramento Metro Fire. Excited kids sat in and inspected the truck and its fire equipment. Ryan Bask with Sac Metro Fire said, "It's nice to be able to share what we do and share in their excitement for the fire service and our engines." \*



TJ with Sac Metro and 8 weeks old dog Innova, with parents Steve and Jessica. Photo by Elise Spleiss



Even the Grinch snuck in to steal a Christmas Tree but changed his mind when he saw it was one of the Police Department's. Photo by Elise Soleiss



The annual tree lighting festivity took place at Citrus Heights City Hall on December 1. Photo by Janet Schaeffer

## A Right to Housing?



Aside from housing or shelter, two of the options that a person must be offered include spaces at "Safe Ground" sanctioned tent encampments, hotel rooms, tiny homes and trailers. MPG file photo

Continued from page 1 fall 2022.

Liam and Manuela also discussed the results of a poll on homelessness in Los Angeles County conducted by the L.A. Business Council Institute and the L.A. Times.

The poll found 94% of voters viewed homelessness as a serious or very serious problem – a similar number as two years ago. However, over the past couple years the city and county have spent hundreds of millions of dollars to deal with homelessness.

What has changed, however, is how people think the issue must be addressed: While voters were evenly split last time about spending money on short-term solutions such as shelter and on long-term solutions such as housing, 57% said officials should focus on "short-term shelter sites."

Manuela is the housing reporter for CalMatters. Her stories focus on the political dynamics and economic and racial inequities that have contributed to the housing crisis in California and its potential.

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ers and interested parties.

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tive of legislators in making

State policy when it comes

to insurance and educate

State legislators on current

and longstanding insurance

has made him nationally

respected among his law-

maker peers in the 50 states

for his collaborative style

and thoughtful insurance

public policy insights," said

In House Majority Leader

Matt Lehman, who con-

cluded his term as NCOIL's

"Ken's unique background



Ken Cooley

NCOIL Press Release

SCOTTDALE, AZ, (MPG) - The Nation's premier legislator-led insurance public policy organization, the National Council of Insurance Legislators (NCOIL) elected CA Assemblyman Ken Cooley President for the next year.

"I am proud of the bipartisan friendships and solutions that NCOIL promotes, and I consider it a great honor to be asked to take on duties as NCOIL President during 2022" stated Cooley.

NCOIL is a national legislative organization with the Nation's 50 states as

President at the Annual Meeting.

Cooley continued, as a national organization of state legislators, NCOIL focuses on helping legislators solve insurance availability and operation problems back home and this makes its meetings very practical and bipartisan. NCOIL is the only national public policy organization I've been active with as a California Assemblymember since 2013

"Ken Cooley has proven, at NCOIL, the NAIC and in the CA legislature, to be one of the most insightful and thoughtful insurance minds in the country. He is the perfect leader for NCOIL at this time of unprecedented disruption in insurance public policy," said NCOIL CEO Commissioner Tom Considine.

"I look forward to maintaining NCOIL's strong tradition of collegial problem solving," Cooley concluded

## Sacramento Men Convicted of Stealing Catalytic Converters

Office of District Attorney Jeff Reisig

WOODLAND, CA (MPG) - Dao Xiong, 44, and Shaneel Lal, 38, of Sacramento were convicted of conspiracy to commit a felony and grand theft for stealing catalytic converters in Yolo, Sacramento, Placer, El Dorado, Napa, Butte, Alameda, and Contra Costa Counties.

A catalytic converter is part of a vehicle's exhaust system. They often contain precious metals such as platinum, gold, rhodium, and palladium that have high value in the metal recycling market and make them an item of choice among thieves and crime rings. Replacement costs for catalytic converters range from \$1,000 to \$3,000 and often it can take weeks or months for an automotive repair shop to get the right catalytic converter.

The investigation began in September 2020 after a Davis resident reported to police that his catalytic converter had been stolen from his Toyota Prius. Detectives with the Davis Police Department's Community Oriented Policing and Problem Solving (COPPS) Unit launched an investigation and were able to obtain a surveillance video from a nearby car that helped identify the suspect's vehicle. Through surveillance and the assistance of the Folsom Police Department, detectives were able to identify Xiong and Lal. Detectives monitored their activities as they traveled to multiple counties, with Xiong as the driver and Lal as the passenger. They appeared to be "scouting" neighborhoods. "Scouting" is searching or casing an



often contain precious metals such as platinum, gold, rhodium, and palladium that have high value in the metal recycling market. Photo courtesy Tony Savino | Dreamstime

area to engage in criminal activity. Electronic surveillance revealed that Xiong and Lal scouted neighborhoods during the daytime or early evening hours and then returned to the same locations later in the night or early morning hours. Official theft reports were made to local law enforcement agencies and the surveillance data matched the location and timeframe for

catalytic converter thefts. On October 23, 2020, Xiong and Lal were stopped by Davis Police officers and found with catalytic converters in their possession. Based on surveillance data and theft reports, these catalytic converters were believed to have been stolen out of Napa County. Charges were filed against Xiong and Lal; however, due to the judicial "zero bail" policy at the time, Xiong and Lal were released from custody. While out of custody, they continued to steal catalytic converters until they were arrested again by Davis Police detectives on February 2, 2021, at the Thunder Valley Casino in Placer County. Between September 17, 2020, and February 2, 2021, Xiong and Lal were believed to have stolen 64 catalytic converters from eight counties. The

total loss amount is still being determined; however, it is expected to be approximately \$100,000.

District Attorney Jeff Reisig stated, "Catalytic converter theft is not victimless and is not just another 'property crime.' It impacts the livelihood and financial stability of many individuals. People are unable to drive their cars, get to work, or pick up their kids because of these thieves. These crimes will not be tolerated and this plea sends a message that law enforcement takes these thefts seriously."

Yolo County Deputy District Attorney Matt DeMoura, who prosecuted this case for Yolo and seven other counties stated, "this prosecution would not have been possible without the dedicated efforts of the Davis Police Department's Community Oriented Policing and Problem Solving (COPPS) Unit and the Folsom Police Department."

Xiong and Lal will be sentenced on January 10, 2022, in front of the Honorable Timothy Fall, who presided over the plea. Each is expected to receive 6 years in jail pursuant to a plea agreement.

## Senator Nielsen Urges Caution on Projected State Surplus

Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - Senator Jim Nielsen, R-Red Bluff, issued the following statement in response to the Legislative Analyst's Office report, The 2022-23 Budget: California's Fiscal Outlook, which projects a \$31 billion surplus.

"A \$31 billion surplus is not an invitation to build future spending obligations.

"Legislative Democrats used up their bag of tricks last year to avoid triggering the Gann Limit, which restricts how fast state spending can grow.

"The Gann Limit, which was passed on the heels of Prop. 13, expressed the wisdom of voters. The surplus either needs to go back to taxpayers or be used for essential functions, like education, infrastructure and paying down debt.

"As the vice chair of the Senate Budget and Fiscal Review Committee, I urge The Legislature and the governor to proceed with caution." ★



## California Gun Law Headed to Supreme Court?



By Dan Walters **CALMatters** 

California has some of the nation's tightest gun control laws and virtually no session of the Legislature ends without additional restrictions being enacted.

In polling and by their votes, Californians have heartily endorsed making gun purchases and ownership increasingly more difficult.

As California's restrictive laws proliferated, however, the state's current and wouldbe gun owners complained that notwithstanding their political popularity, the laws violate Californians' constitutional right to bear arms, codified in the Second Amendment to the U.S. Constitution.

Those complaints are now likely to reach the U.S. Supreme Court because of Tuesday's decision by the 9th District Court of Appeals upholding two of the state's most controversial gun control laws, banning the sale and possession of magazines holding more than 10 rounds of ammunition. One was enacted by the Legislature and the other in a ballot initiative (Proposition 63) sponsored by Gavin Newsom in 2016 when he was lieutenant governor.

A federal judge in San Diego, Roger Benitez, became a hero to gun owners when he struck down Proposition 63's 10-round

ago, saying that it unconstitutionally interfered with using guns for self-protection. "The statute hits at the center of the Second Amendment and its burden is severe," Benitez

Newsom had become governor when Benitez ruled and denounced the judge as a "wholly-owned subsidiary of the gun lobby and the National Rifle Association."

A three-three judge panel of the 9th Circuit Court sided with Benitez but on Tuesday, the full 11-judge court, dividing along ideological lines, ratified the magazine laws. It declared that they "reasonably supported California's effort to reduce the devastating damage wrought by mass shootings.

The majority opinion added that requiring owners of higher-capacity magazine to get rid of them is not an illegal government "taking" because "the government acquires nothing by virtue of the limitation on the capacity of magazines."

The case sparked a welter of opinions from individual members of the court both endorsing the majority opinion and dissenting.

Three judges appointed by former President Donald Trump were sharply critical of the majority, saying, "these magazines are lawfully owned by millions of people

nationwide" and warning that applying California's law across America would "require

confiscating half of all existing firearms magazines in this country."

Newsom, of course, hailed the ruling that upheld his ballot measure, tweeting, "Weapons of war don't belong on our streets. This newspapers.

magazine limit two years is a huge victory for the health and safety of all Californians."

> California being what it is, the nation's most populous state with some of the nation's tightest gun laws, the eventual outcome of the magazine capacity case could have wide effects. Blue state prosecutors filed briefs supporting California's position while those in Texas and other red states backed Benitez's ruling.

> The possibility of it becoming a landmark case was enhanced when lawyers for gun owners who challenged the state's magazine limit immediately promised that they would appeal to the U.S. Supreme Court.

> If, as Tuesday's decision indicated, judicial attitudes about gun control laws divide along ideological lines, California's limit on magazine capacity could face rough treatment from the Supreme Court's 6-3 conservative majority.

> In recent decisions, the Supreme Court has become increasingly critical of restrictive gun laws and has a landmark case now pending, involving New York's ban on carrying guns outside the home.

During arguments a few weeks ago, majority justices gave every indication they would overturn the law, criticizing it for interfering with citizens' rights to selfdefense. That's essentially the same line of reasoning that Judge Benitez adopted in overturning California's magazine limit.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California



#### The King of Hypocrisy

Nike's latest TV ad is another slick paean to individual empowerment and prevailing despite the naysayers.

Memphis Grizzlies star Ja Morant, the commercial features various people doubting that Morant can keep up his stellar play, to which someone always cheekily replies, "Says who?"

Yes, Nike believes anything is possible – so long as it doesn't involve doing anything to cross one of the world's most hideously repressive regimes.

The grotesque hypocrisy of the Nike-NBA industrial complex and its biggest star, Lebron James, has been underlined in recent weeks by Boston Celtics player Enes Kanter, who has been on a one-man crusade against the Chinese Communist Party and those too cowardly or greedy to call it out.

James - the owner of four NBA championship rings who has appeared in a jaw-dropping 10 NBA finals – has views on all sorts of public controversies and doesn't hesitate to air them so long as they the fashionable woke consensus.

On China, though, he's mute. So are his employers. They all portray themselves as champions of social justice and of courage and striving, but their commitment to these causes and values stops at the water's edge – and at their bottom line.

**TERM** 

When a couple of years ago, the Houston Rockets general manager got thrown under the bus by the NBA for tweeting in support of pro-democracy protestors in Hong Kong, King James pronounced him "not educated on the situation."

The Lakers forward affirmed a right to free speech – thanks, GOAT! - but said we have to be Centered around careful what we say. "So many people," he warned, "could have been harmed, not only financially but physically, emotionally, spiritually."

Never has so much harm been attributed to a small message of public support for plucky idealists about to be steamrolled by a totalitarian government.

During the Kyle Rittenhouse trial, by the way, James mocked Rittenhouse's tears on the stand, doubting they were real – apparently because he's an expert on what constitutes genuine signs of post-traumatic stress.

If Rittenhouse had control over whether a vast market would be open to James and the corporations he's affiliated with, the Lakers star surely would have stayed silent.

When Kanter tweeted, "Money over Morals for the 'King,'" and wore sneakers portraying James bowing down to get crowned by Chinese dictator Xi Jinping for are comfortably within a Celtics-Lakers game, James brushed it off. He accused Kanter of "trying to use my name to create an opportunity for himself."

Actually, Kanter's activism, calling out his league and a massively influential corporation, is what everyone says they value - a lonely, unwelcome campaign against Synd., Inc.

well-heeled interests too compromised to defy a powerful entity perpetrating rank injustices.

After Nike got blowback in China for a relatively anodyne statement expressing concern about forced labor in Xinjiang – the epicenter of the regime's repression of the Uyghurs - the company's CEO said Nike is "a brand of China and for China."

Nike lobbied Congress to weaken an anti-forcedlabor bill, lest a measure aimed at crimping a vast human-rights abuse discomfit the corporate giant too greatly.

"Says who?" the new Nike ad asks. Clearly, the Chinese regime.

'You can't stop us," intoned a viral ad last year. Well, actually you can, provided you are an authoritarian bully with an enormous consumer

"Just do it" went the most iconic Nike ad. No, second thought, better to "Just don't" if it might anger a government that disappeared a star athlete for the offense of accusing an official of sexual assault and is preparing to invade a neighboring country.

If China were to take Taiwan, would the NBA, Nike or Lebron James do anything more than offer vague expressions of concern and piffle about how the situation is complicated?

We certainly know what Enes Kanter would say. Which is why he rightly deserves a Nike ad celebrating his go-italone truth-telling, and why, of course, he'll never get one.

Rich Lowry is editor of the National Review.

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Subscriptions should be mailed to:

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## **Crossword Puzzle on Page 6**

MARY KAY

Ε Р В O 0 Ν D Ε 0 G В 0 Х G O Ε Ε Ε G Η G Ε S G Ε S S G O Ε R S 0 Ε S S Ε R Ε D Ε Ε D R R Ε Α D D Ρ Ε R O В S W Ε Ε Ε Ε R Ε C Ε S С Т R Ε Α Ν O

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#### Sudoku Puzzle on Page 6

8 2 3 9 5 6 3 8 2 9 6 5 4 1 3 5 2 6 4 8 9 5 1 3 8 6 9 4 5 2 3 8 6 4 1 9 5 3 6 9 8 4 2 9 3 6 8 5 4 9 3 2 5 8 6 4 5 3 2 6 8 9 1 4

**ACROSS** 

9. Rubik's puzzle

16. White Swan in "Swan

25. Broadband access over-

seer, acr.

28. Clarified butter

37. Jouster's breastplate

39. Shrewdness

50. Hard to find

53 Hoodwink

57. \*Number of days in

60. \*"Ugly" holiday party

64. Prepare a letter 65. "Bingo!

67. Hunger for

69. \*Cranberry sauce sometimes comes from it

70. Same as tori

73. Stall sound

6. Bug-eyed

9. Ghana monetary unit 10. Second word of many fairytales

22. Lab eggs 24. Time off

34. \*Number of candles in kinara,

38. "Will be," according to Doris

#### **CLUES**

Pilgrim's destination

Hawaii environs

15. Cone-shaped dwelling

18. \*Decorate with wreaths and holly, e.g.

of heat (2 words)

\_\_ Day, or second day of Christmastide

24. Strauss of denim fame

30. Acute one and obtuse

country

44. Native American emblem

48. Omits when speaking

55. Scepter's partner

garb?

68. Pass-the-baton race

1. Whiny and miserable 2. Shade of beige

3. Finish a ceiling, to a plasterer 4. Marlboro alternative

15. Burdensome

20. Not this or that

25. \*Champagne holder 26. \*Wassailing composition

29. Feeling of superiority, pl.

36. \*Troika vehicle

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6. Make a scene

14. Toothy fish

Lake" ballerina

-Wan Kenobi

19. \*Either dessert or source

23. Land parcel

35. Southeastern Asian

40. Caspian basin river 41. \*Pasadena's Tournament

46 "Why not?" 47. Hitchhiker's quest

52. Bear's winter quarters

Christmastide

71. Raise the roof 72. German river

Not digital

7. Not Uher 8. Social group

11. Cause of Titanic's demise

27. Raccoon's South American

gum, food additive 32. Furiously angry

## **Crossword Puzzle Solutions on Page 6**

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> 45. Potpourri 49. Chevy Suburban, e.g. 51. Builds 54. \*Popular holiday wish 56. Munchausen's title

42. Asian goat antelope

57. \*Bedecked arbor 58. Shakespeare, to his friends? 59. And others, for short 60 Minus

61. Tropical edible root

62. Anon's partne

63. Take a load off

64. Like some humoi

66. \*Traditional main holiday dish

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

2

6

Solutions on Page 6

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33. Exclude or omit

## Sacramento Sees 16th Fewest Home Sales Per Capita in U.S.

Lattice Publishing LLC, Report from Porch

**SACRAMENTO REGION, CA (MPG)** - Unusually high demand in the real estate market has been a consistent fact throughout the COVID-19 pandemic. While real estate sales – like most aspects of the economy - ground to a halt in March and April of 2020, buyers since then have been snapping homes up quickly, often offering to pay above asking prices and make other concessions to land a deal.

Part of the reason for this spike in demand has been favorable economic conditions for middle and upper income earners. While lower-wage workers were at much greater risk of economic instability during the pandemic, most professional class workers were able to keep their jobs by transitioning to remote work, save money from reduced spending in categories like travel, entertainment, and food, and enjoy strong returns in the stock market. Good

household financial conditions and low mortgage interest rates put homeownership within reach for many buyers.

The total volume of home sales nationwide shows the extent of this demand. Seasonally-adjusted monthly home sales dropped sharply early at the start of the pandemic to less than 400,000 in May 2020 but rebounded to a peak of more than 650,000 in October 2020. Monthly sales since then have leveled out at a lower level, but still well above pre-pandemic levels. This volume of homes is moving off the market even in spite of the fact that the inventory of homes for sale was at record lows for most of the pandemic.

While demand is unusually high in most markets, some locations are seeing greater competition than others. Notably, Florida and Nevada are far ahead of other states in average monthly home sales at 19.7 and 16.9 home sales per 10,000 residents. Most of the leading states offer a combination of relatively

opportunities, and temperate climates that make them an appealing alternative to high-cost states like California and New York, which are seeing greater numbers of people moving away. At the metro level, the same trends hold with many so-called "second tier cities" in the South and West experiencing the greatest demand.

The data used in this analysis is from Redfin and the U.S. Census Bureau. To determine the metropolitan areas with the most home sales, researchers at Porch calculated the average monthly home sales per 10,000 residents between January and September 2021. In the event of a tie, the location with the greater average monthly home sales was ranked higher. Researchers also included median days on the market, the percentage of homes that sold above asking, and median sale price. To improve relevance, only locations with at least 100,000 residents and available data from Redfin

affordable real estate, strong economic were included. Additionally, metros were grouped into cohorts based on population size.

> The analysis found that the Sacramento metro area averaged 2,862 home sales per month between January and September. Overall, 12.1 homes sold per 10,000 residents. Out of all large U.S. metropolitan areas, Sacramento saw the 16th fewest home sales per capita between January and September of 2021. Here is a summary of the data for the Sacramento-Roseville-Folsom, CA metro area:

> Average monthly home sales (per 10k residents): 12.1; Average monthly home sales (total): 2,862; Median days on market: 8; Percentage of homes that sold above asking: 68.3%; Median sale price: \$535,494

> For more information, a detailed methodology, and complete results, you can find the original report on Porch's website: https://porch.com/advice/citieswith-the-most-home-sales-per-capita ★

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The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more

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916-599-6156 Steve@steveestabrook.com Steveestabrook.com

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### **Suspect Arrested for Serial Sexual Assaults**

By Sergeant Rod Grassmann, Sacramento County Sheriff's Department

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County District Attorney's Office and the Sacramento County Sheriff's Office announce the arrest of JD Wallace Simien (40) of Sacramento County for a series of violent sexual assaults. The assaults occurred between 2013 and 2014 in northern Sacramento County.

Despite investigative efforts at the time of the sexual assaults, no suspects were ever identified and the cases went cold. The suspect was referred to as the "Cloverleaf Rapist" over the years due to the proximity of the crime scenes to freeway entrances and exits, which resemble a cloverleaf pattern.

The cases remained unsolved until recently. Investigators from the Sacramento County District Attorney's Office and detectives from the Sacramento County Sheriff's

Office used Investigative Genetic Genealogy (IGG) to develop fact-finding leads which led them to JD Wallace Simien. This is the same investigative tool used to identify Joseph James DeAngelo (Golden State Killer and East Area Rapist) and Roy Waller (Nor Cal Rapist), who were both prosecuted for their crimes in Sacramento County. The arrest of Simien marks the sixth IGG case prosecuted in Sacramento County.

JD Wallace Simien is currently being held in the Sacramento County Main Jail without bail. He will be arraigned on Monday, November 8, 2021, in Sacramento County Superior Court. No further arrests are anticipated in this case. No additional information or booking photo is available at this time.

This is an active and ongoing criminal investigation. Any community members with information regarding this investigation are urged to contact Sacramento County Sheriff's Sexual Assaults Office at (916) 874-3918 or email: SEAB@ sacsheriff.com

and contingent creditors of and

persons who may be otherwise

interested in the will or estate, or

both of Kathryn Hatfield deceased.

A Petition for Probate has been

filed by Brian Gray, in the Superior

Court of California, County of Sacramento, requesting Brian

Gray be appointed as personal

The petition requests authority to

administer the estate under the

Estates Act. (This authority will

allow the executor to take many

actions without obtaining court

approval. Before taking certain

very important actions, however,

the executor will be required to give

notice to interested persons unless

they have waived notice or have

consented to the proposed action.)

The independent administration

authority will be granted unless

an interested person files an

objection to the petition and

shows good cause why the court

should not grant the authority.

A hearing on the petition will be

held in this court as follows April

20, 2022 9:00 a.m. in Dept 129.

appear at the hearing and state

your objections or file written

objections with the court before

the hearing. Your appearance may

be in person or by your attorney.

IF YOU ARE A CREDITOR or a

contingent creditor of the deceased,

you must file your claim with

the court and mail a copy to the

personal representative appointed

by the court within the later of

either (1) four months from the

date of first issuance of letters to a

general personal representative,

as defined in section 58(b) of the

California Probate Code, or (2) 60

days from the date of mailing or

personal delivery to you of a notice

under section 9052 of the California

Probate Code. Other California

statutes and legal authority may affect your rights as a creditor. You

may want to consult with an attorney

knowledgeable in California law.

YOU OBJECT to the granting

the petition, you should

the

Administration

administer

decedent.

representatives

Independent

estate of

## **Licensed Vocational** Nurse Arrested

By Sergeant Rod Grassmann, Sac County Sheriff's Department

SACRAMENTO COUNTY, CA (MPG) - On December 2, 2021, Sacramento County Sheriff's Office Child Abuse Detectives arrested 48-year-old Edgar Gomez Burgion of Sacramento County on 6 counts of {PC273(A)} Endangering the Life or Health of a Child and 1 count of {PC422.75(A)} Attempted Offence Because of Disability. Burgion is Bureau at (916) 874-5191.

currently being held in the Sacramento County Main Jail with a bail amount of \$500,000.

Burgion worked as an in-home licensed vocational nurse for a severely mentally and physically disabled 13-year-old child.

This is an active and ongoing criminal investigation. Any community members with information regarding this investigation are urged to contact the Sacramento County Sheriff's Office Child Abuse



Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 6-773-2999

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535–March 12, 2020

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95609

#### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY J. BELLAMY CASE No. 34-2021-00310684

To all heirs, beneficiaries, creditors. and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Marv J. Bellamv deceased. A Petition for Probate has been filed by Karen Bellamy, in the Superior Court of California. Sacramento. County of requesting Karen Bellamy be appointed as personal representatives to administer the estate of the decedent. The petition requests authority administer the estate Independent under the Administration of Estates Act. (This authority will allow the executor to take many without obtaining actions court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows April 20, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in

person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address telephone number of Attorney for Petitioner Mary P. Kulvinskas the Mary Law Offices of Mary P. Kulvinskas,

2625 Townsgate Road, Suite 330 Village. CA 91361

805-267-1125 Publish: November 26 & December 3 & 10, 2021 BELLAMY 17062 12-10-21

NOTICE OF PETITION TO ADMINISTER ESTATE OF KATHRYN HATFIFI D CASE No. 34-2021-00310885 To all heirs, beneficiaries, creditors, YOU MAY EXAMINE the file kept by IF YOU OBJECT to the granting the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Samuel K. Swenson, The Swenson Law Firm

8788 Greenback Lane, Suite 105 Orangevale, CA 95662 916-333-0833

Publish: November 26 & December 3 & 10, 2021 HATFIELD 17062 12-10-21

NOTICE OF PETITION TO

ADMINISTER ESTATE OF JANINE L. GRAHAM

CASE No. 34-2021-00309782 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Janine L. Graham deceased. A Petition for Probate has been filed by Michele L. Graham, in the Superior Court of California, County of Sacramento, requesting Michele L. Graham be appointed as personal representatives administer to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested pers they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows March 8, 2022 9:00 a.m. in Dept 129.

of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: H. Douglas Duncan, 214 W. Lockeford Street Lodi, CA 95240 209-810-2936

Publish: November 26 & December 3 & 10, 2021

12-10-21

ESTATE OF WAYNE E. VAN WINKLE CASE No. 34-2021-00293318-PR-PW-FRC To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Wayne E. Van Winkle, deceased. A Petition for Probate has been filed by Steven Douglas Van Winkle, in the Superior Court of California, County of Sacramento, requesting Steven Douglas Van Winkle be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows March 17, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Barbara Sonin 21 Court Street Woodland, CA 95695

530-662-2226 Publish: December 10, 17 & 24, 2021

12-24-21

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Monday, December 20, 2021, at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova, to consider the following:

#### MONTELENA VILLAGE 3 SUBDIVISION—MAJOR DESIGN REVIEW PROJECT No. PLND-0921-0006:

REQUEST: The Applicant, Richmond American Homes, is requesting a Major Design Review for Montelena Village 3 master home plans. The project includes 125 single-family homes and proposes 5 floor plans (four two-story homes and one single-family home), ranging from 1,401 SF to 3,043 SF with four elevations (Farmhouse, Craftsman, Wine Country, and Prairie). The Applicant is also requesting an increase of the allowable non-pervious surface maximum from 40% to 51% in order to accommodate an optional 3rd car garage. The increase would only be allowed for homes that utilize this option.

OWNER / APPLICANT:

Richmond American Homes 3200 Douglas Boulevard, Suite 110 Roseville, CA 95661

LOCATION/APN: South of Douglas Road and West of Montelena Drive; APN's: 067-2390-001 through -125

**ZONING:** RD-7 within the Sunridge Specific Plan (SDSP) ENVIRONMENTAL: Exempt per CEQA Exemption 15182, Residential Projects Pursuant to a Specific Plan

PROJECT PLANNER: Nicholas Sosa, Associate Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

#### NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT In compliance with the Americans with Disabilities Act. if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on December 10, 2021.

#### City of Rancho Cordova Notice of Public Meeting

NOTICE is hereby given that on Monday, December 20, 2021 at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Meeting at the Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova, to consider the following:

#### AN ORDINANCE AMENDING TITLE 2, ADMIINISTRATION AND PERSONNEL, CHAPTER 2.30 PLANNING COMMISSION OF THE CITY OF RANCHO CORDOVA MUNICIPAL CODE:

The City of Rancho Cordova is updating the Rancho Cordova Municipal Code (RCMC) Title 2, Chapter 2.30 Planning Commission, Section 2.30.120 Compensation to establish a compensation for services for the newly reinstated Planning Commission in the amount of \$75 for each regularly scheduled Planning Commission meeting attended.

LOCATION: Revisions to the Municipal Code apply city-wide.

**ENVIRONMENTAL:** California Environmental Quality Act (CEQA) exemption found in Guidelines Sections 15061(b)(3).

PROJECT PLANNER: Darcy Goulart, Planning Manager

For more information about the Amendments to the Municipal Code, contact Darcy Goulart at (916) 851-8784; e-mail

dgoulart@cityofranchocordova.org

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

#### NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure

accessibility to this meeting. Printed in the Grapevine Independent on December 10, 2021.

#### City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Monday, December 20, 2021, at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova, to consider the following:

#### THE RANCH PHASE II: VILLAGE 8 MAJOR DESIGN REVIEW PERMIT PROJECT No. PLND-0921-0009:

**REQUEST:** The applicant, K. Hovnanian at Jaeger Ranch, LLC is requesting a Major Design Review Permit for the Ranch Phase II: Village 8. The Design Review is for rear alley loaded 4 floor plans with 3 architectural styles for each plan.

K. Hovnanian at Jaeger Ranch LLC Jaeger Ranch LLC 3721 Douglas Boulevard, Suite 150 vard. Suite 150 Roseville, CA 95661

APPLICANT: K. Hovnanian at

3721 Douglas Boule-

Roseville, CA 95661

LOCATION/APN: Located south of Douglas Road and east of Rancho Cordova Parkway within The Ranch Special Planning Area; APN: 067-

**ZONING:** Ranch Special Planning Area (Residential) ENVIRONMENTAL: Exempt per CEQA Exemption 15182, Residential

Projects Pursuant to a Specific Plan PROJECT PLANNER: June Cowles, Senior Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written

comments that are delivered to the City Clerk's office prior to the time of

the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

#### NOTICE REGARDING CHALLENGES TO DECISIONS Pursuant to all applicable laws and regulations, including without limita-

tion, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to en-

sure accessibility to this meeting. Printed in the Grapevine Independent on December 10, 2021.

Legal Advertising Hotline 16-483-2299 916-773-2999

#### LEGA G

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020 FICTITIOUS BUSINESS NAME STATEMENT SUPERIOR COURT OF CALIFORNIA

FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-08990 Stephenson Expert Medical Consulting Inc., 875 University Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rincon Physical Medicine & Rehabilitation, Topher Stephenson, M.D." 875 University Avenue, Sacramento, CA 95825, Filed with the Clerk of Sacramento County October 7, 2021 Publish: November 19, 26 & December 3, 10,

RINCON 180201 12-10-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09641 Rachel Thompson 6134 Hilltree Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Name(s) "Women's Mindful Wellness" 6134 Hilltree Avenue, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 2, 2021 Publish: November 19, 26 & December 3, 10, 2021

WOMEN 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09869 Hazelhurst Court, Orangevale, 8279 CA 95662 is doing business under the Fictitious Business Name(s) "Honey and Fig Grazing" 8279 Hazelhurst Court, Orangevale, CA 95662. Filed with the Clerk

of Sacramento County November 9, 2021 Publish: November 19, 26 & December 3, 10. HONEY 180201 12-10-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09800 Summer E Kuk, 4253 Lusk Drive, Sacramento, CA 95864 is doing

business under the Fictitious Business Name(s) "Dosirak" 11375 Douglas Road, Mather, CA 95655. Filed with the Clerk of Sacramento County November 5, 2021 Publish: November 19, 26 & December 3, 10, DOSI 180201 12-10-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09900 KV Lash LLC, 7748 Finnhorse Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "K&V Lash Studio" 2020 Marconi Avenue, Sacramento, CA 95821, Filed with the Clerk of Sacramento County November 9, 2021 Publish: November 19, 26 & December 3, 10,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09584 TOFF, Inc., 1460 Koll Circle, Suite B, San Jose, CA 95112 is doing business under the Fictitious Business Name(s) "Anago of Northern California" 1460 Koll Circle. Suite B, San Jose, CA 95112. Filed with the Clerk of Sacramento County October 29, 2021 Publish: November 19, 26 & December 3, 10,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09958 Nancy T S LLC, 9240 Crowell Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Kona Ice of Davis" 9240 Crowell Drive, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County November 12, 2021 Publish: November 19, 26 & December 3, 10,

180201

ANAGO

**KONA** 

12-10-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09730 Ocean's Tide Realty Incorporated, 2740 Fulton Avenue, #101-40, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Preferred Timeshare Resales" 2740 Fulton Avenue, #101-40, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 4, 2021 Publish: November 19, 26 & December 3, 10,

180201

180201 12-10-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09904 Dora M. Olivas Martinez & Miguel Angel Figueroa Montejano, 4050 Cuny Avenue, #228, Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "M & D Landscaping Services" 4050 Cuny Avenue, #228, Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 9, 2021 Publish: November 19, 26 & December 3, 10, 180201 12-10-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09724 Coloma Gardens Apts LLC, 710 Lakeway Drive, Suite 180, Sunnvvale. CA 94085 is doing business under the Fictitious Business Name(s) "Coloma Gardens Apartments, Coloma Gardens" 10446 Coloma Boad Bancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 4, 2021 Publish: November 19, 26 & December 3, 10, 2021

COLOMA 180201 12-10-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09721 Coloma Gardens Apts LLC, 710 Lakeway Drive, Suite 180, Sunnyvale, CA 94085 is doing business under the Fictitious Business Name(s) "Coloma Gardens Apartments, Gardens" 10444 Coloma Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 4, 2021 Publish: November 19, 26 & December 3, 10,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09723 Coloma Gardens

Apts LLC, 710 Lakeway Drive, Suite 180, Sunnyvale, CA 94085 is doing business under the Fictitious Business Name(s) "Coloma Gardens Apartments, Coloma Gardens" 10442 Coloma Road, Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County November 4, 2021 Publish: November 19, 26 & December 3, 10,

COLOMA 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09881 William & Sherry Sills. 300 Oak Canyon Way, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Nautilus Credit Restoration" 300 Oak Canyon Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 9, 2021 Publish: November 26 & December 3, 10, 17,

180201 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2021-09459 Nate & Arcelia Brooks, 8606 Chamonix, Antelope, CA 95843 are doing business under the Fictitious Business Name(s) "Jackson Hewitt Tax " 4444 Manzanita Avenue, #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 22, 2021 Publish: November 26 & December 3, 10, 17, 180201 12-17-21 JACK

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09901 Maureen Taylor, 7008 Brookcrest Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Reading Matters" 7008 Brookcrest

Way, Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County November 9, 2021 Publish: November 26 & December 3, 10, 17, 2021

180201

**READ** 

12-17-21

Publish: November 26 & December 3, 10, 17, 2021 12-17-21 BULL 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09069 Marguel Brooks, 5912 Whaler Court, Citrus Heights, CA 95621 is 12-10-21 doing business under the Fictitious Business Name(s) "Scented Candle's" 5912 Whaler Oksana Yarosh.

**XLER** 

Court, Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County October 12, 2021 Publish: November 26 & December 3, 10, 17, 2021 **SCENT** 180201 12-17-21 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2021-09933 Anh Le, 4216 Aubergine

Way, Mather, CA 95655 is doing business

under the Fictitious Business Name(s) "Anna's

Mobile Barber and Nail Salon" 4216 Aubergine

Way, Mather, CA 95655. Filed with the Clerk

of Sacramento County November 10, 2021

Publish: November 26 & December 3, 10, 17,

180201

FICTITIOUS BUSINESS NAME STATEMENT

FBNF2021-09855 Avtar Singh, 3407 La

Cadena Way, Sacramento, CA 95835 is

doing business under the Fictitious Business

Name(s) "Bullitt Transport" 3407 La Cadena Way, Sacramento, CA 95835. Filed with the

Clerk of Sacramento County November 8, 2021

12-17-21

FBNF2021-10071 Kasha Ra. 5521 Whitfield Way, Carmichael, CA 95608 doing business under the Fictitious Business Name(s) "Way of the Phoenix Acupuncture" 3325 Folsom Boulevard. Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 16, 2021 Publish: November 26 & December 3, 10, 17, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09947 Susan Kim Dakuzaku Schlack & William Perry Schlack, 4440 Avenue, Fair Oaks, CA Minnesota 95628 are doing business under the Fictitious Business Name(s) "XLeration 4440 Minnesota Avenue, Fair Services" Oaks, CA 95628. Filed with the Clerk of Sacramento County November 12, 2021 Publish: November 26 & December 3, 10, 17,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10034 Gispan Consulting, Inc. 1324 School Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Lady Locksmith" 1324 School Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 16, 2021 Publish: December 3, 10, 17 & 24, 2021 180201 12-24-21

180201

12-17-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10179 Ghulam Barouq Bashar, 5738 Windmill Way, Carmichael, CA 95608 & Hashmatullah Sidiqi, 4725 Marconi Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Immigration and Taxation Services" 6726 Fair Oaks Boulevard, Suite 304, Carmichael, CA 95608, Filed with the Clerk of Sacramento County November 22, 2021 Publish: December 3, 10, 17 & 24, 2021 IMMIG 180201 12-24-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09948 Roberta Palmer. 4400 Pennsylvania Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Studio B" 2271 Sunrise Boulevard, Suite C, Gold River, CA 95670. Filed with the Clerk of Sacramento County November 12, 2021 Publish: December 3, 10, 17 & 24, 2021

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12-24-21

STUDIO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09784 WFP Management, Inc., 7216 55th Street, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Super 8, Super 8 Motel. Super 8 Sacramento" 7216 55th Street, Sacramento, CA 95823, Filed with the Clerk of Sacramento County November 5, 2021 Publish: December 3, 10, 17 & 24, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09993 RDH Diversified Properties. INC., 2395 El Camino Avenue. Suite 100, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Diversified Properties" 2395 El Camino Avenue. Suite 100. Sacramento. CA 95821. Filed with the Clerk of Sacramento County November 15, 2021 Publish: December 10, 17, 24 & 31, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10202 Positive Connections Worldwide, LLC, 5170 Golden Foothill Parkway, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Positive Connections Worldwide LLC" 5170 Golden Foothill Parkway. El Dorado Hills, CA 95762. Filed with the Clerk of Sacramento County November 23, 2021 Publish: December 10, 17, 24 & 31, 2021 12-31-21 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10384 Shanton Tyson, 7510 Windbridge Drive, Apt. 68, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "meant to be" 7510 Windbridge Drive, Apt. 68, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 30, 2021 Publish: December 10, 17, 24 & 31, 2021 MEANT 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10195 Christian Jones 5216 Field Street. North Highlands. CA 95660 is doing business under the Fictitious Business Name(s) "Jones Auto Care" 5216 Field Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 22, 2021 Publish: December 10, 17, 24 & 31, 2021

180201 JONES 12-31-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10194 lcy Nails LLC, 5216 Field Street, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Icy Nails LLC" 5216 Field Street. North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 22, 2021 Publish: December 10, 17, 24 & 31, 2021 180201

12-31-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10189 Kool Wellness, LLC, 2902 Weald Way, Unit 121, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Kool Wellness. Hempnique" 2902 Weald Way, Unit 121, Sacramento, CA 95833. Filed with the Clerk of Sacramento County November 22, 2021 Publish: December 10, 17, 24 & 31, 2021 **KOOL** 12-31-21 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10355 Well Ran LLC. 910 Drummond Avenue, Davis, CA 95618 is doing business under the Fictitious Business Name(s) "Soul Ona Roll Sac!" 910 Drummond Avenue, Davis, CA 95618. Filed with the Clerk of Sacramento County November 29, 2021 Publish: December 10, 17, 24 & 31, 2021 12-31-21 SOUL 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09751 Diego Garcia, 5508 Sandmound Boulevard, Oakley, CA 94561, Berta Fuentes, 1749 Tenama Drive, Woodland, CA 95695, Javier Cuellar, 7235 French Road, Apt. 16. Sacramento, CA 95828. Juan J. Chavez. 180 Odell Circle. Sacramento. CA 95835 and Gabriela Flores, 4815 Palomino Lane, North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Nuevos Horizontes" 180 Odell Circle, Sacramento, CA 95835. Filed with the Clerk of Sacramento County November 4, 2021 Publish: December 10, 17, 24 & 31, 2021 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09921 Agustin J. Duran, 4815 Palomino Lane, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Solar Panels Clean Energy" 4815 Palomino Lane, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 10, 2021 Publish: December 10, 17, 24 & 31, 2021 SOLAR 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09844 AJ4U & Associates Inc, 10058 Newhart Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "916 Notary Public, 916 Livescan Services, 916 Apostille Services, 916 Print Services" 10058 Newhart Court. Elk Grove, CA 95757, Filed with the Clerk of Sacramento County November 8, 2021 Publish: December 10, 17, 24 & 31, 2021 NOTARY 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10338 Robert W Judah & Sandra J. Brown, 3249 Max Court, Carmichael. CA 95608 are doing business under the Fictitious Business Name(s) "Trust Production Services" 3249 Max Court. Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 29, 2021 Publish: December 10, 17, 24 & 31, 2021 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10467 Jesse A. Peevyhouse & Kareen L. Peevyhouse, 9012 Terramore Drive, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "KJ's "Old Fashion" Hot Dog's" 9012 Terramore Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 2, 2021 Publish: December 10, 17, 24 & 31, 2021 KJ'S 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10253 Christopher S Lenning, 4101 Wheat Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Top Pick Mobile Welding" 4101 Wheat Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 23, 2021 Publish: December 10, 17, 24 & 31, 2021 180201 12-31-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10163 Melissa Faith Zanetta. 7921 Sunrise Boulevard, Apt. 3108, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Memories2" 7921 Sunrise Boulevard, Apt. 3108, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 19, 2021 Publish: December 10, 17, 24 & 31, 2021

MEM 180201 12-31-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09848 Werner Visage DDS Inc, 6440 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Marconi Dental Group" 6440 Fair Oaks Boulevard, of Sacramento County November 8, 2021 Publish: December 10, 17, 24 & 31, 2021 MARC 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09947 Susan Kim Dakuzaku Schlack & William Perry Schlack, 4440 Minnesota Avenue, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Xleration Services" 4440 Minnesota Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 12, 2021 Publish: December 10, 17, 24 & 31, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10494 Jesse Sonny Davis, 9670 Beachwood Drive, Orangevale, CA 95662 and Frank Thomas Gori IV. 7405 Springvale Wav. Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Green Clean Solar Solutions" 6261 Hazel Avenue. #694, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 3, 2021 Publish: December 10, 17, 24 & 31, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-09654 Yordanos G Beyene, 8028 Tetotom Parkway, Antelope. CA 95843 and Trhas G Beyene, 5332 Croxton Way, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Tesiadel" 4900 Madison Avenue, Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 2,, 2021 Publish: December 10, 17, 24 & 31, 2021

12-31-21 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10328 Armando Damian. 4400 Shandwick Drive, #277, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Lifetime Services" 4400 Shandwick Drive, #277, Antelope, CA 95843. Filed with the Clerk of Sacramento County November 29, 2021 Publish: December 10, 17, 24 & 31, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10458 Ting Xian Griffis, 5017 Burnbrae Place, Antelope, CA 95843 and Tingcui Hou, 8280 Iron Gorge Drive, Sacramento, CA 95829 are doing business under the Fictitious Business Name(s) "Lili's Massage" 8891 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 2, 2021 Publish: December 10, 17, 24 & 31, 2021

180201 12-31-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-10446 Samona Turner. 731 16th Street. #118. Sacramento. CA 95814 is doing business under the Fictitious Business Name(s) "St. T, St. T Collaboratives" 731 16th Street, Suite 118, Sacramento, CA 95814. Filed with the Clerk of Sacramento County December 2, 2021 Publish: December 10, 17, 24 & 31, 2021

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2020-05574 The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Evolve Sites" located at 631 Wilhaggin Drive, Sacramento, CA 95864. Dina Paulos, 631 Wilhaggin Drive, Sacramento, CA 95864. The Fictitious Business Name Statement referred to above was filed on August 19, 2020 in the County of Sacramento. Publish: November 19, 26 & December 3, 10,

**EVOLVE** 180201 STATEMENT OF ABANDONMENT OF

FICTITIOUS BUSINESS NAME FBNF2016-10083 The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Forensics Lab Supply" located at 8524 Erinbrook Way, Sacramento, CA 95826. Alan J Pedersen, 8524 Erinbrook Way, Sacramento, CA 95826. The Fictitious Business Name Statement referred to above was filed on December 30, 2016 in the County of Sacramento. Publish: November 19, 26 & December 3, 10, FORFN

180201 12-10-21

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00310177

Nakana Darwin Kato has filed a petition with this court for a decree changing the name(s) of Nakana Darwin Kato to Nakaana Darwin Kato. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on December 22, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 27, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: November 19, 26, & December 3, 10,

KATO 180201 12-10-21 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00310711

Nalin Kumar Chandra and Doreena Dorish Chandra have filed a petition with this court for a decree changing the name(s) of Paraa Niranjani Chandra to Bhuvana Niranjani Chandra. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on January 5, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 5, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: November 19, 26 & December 3, 10,

2021 CHANDRA 180201

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00310478

Beatrice O. Okokpujie have filed a petition with this court for a decree changing the name(s) of Beatrice O. Okokpujie to Beatrice Ehi Saint-Joseph. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 29. 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 2, 2021 Christopher E. Krueger, Judge of the Superior

Publish: November 19, 26 & December 3, 10, 2021

180201 SUPERIOR COURT OF CALIFORNIA COLINTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00310950 Abdul Fatah Fawad Ahmad has filed a petition with this court for a decree

changing the name(s) of Abdul Fatah Fawad Ahmad to Fawad Kohistani. IT IS ORDERED that all persons interested in the above-entitled matter appear

before this court at 1:30p.m. on January 11, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 9, 2021 Shama H. Mesiwala, Judge of the Superior

Court Publish: November 26 & December 3, 10, 17,

180201 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00310717 Erika Vasquez Williams and Stanley Williams

have filed a petition with this court for a decree changing the name(s) of Antonio Jaden Vasquez to Antonio Jaden Vasquez Williams. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on January 5, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 5, 2021 Christopher E. Krueger, Judge of the Superior

Publish: November 26 & December 3, 10, 17, 2021

WILLIAMS SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00310942 Villalpando-Velazquez Margarita

Miguel Angel Rodriguez-Sotelo have filed a petition with this court for a decree changing the name(s) of Moncerrat Rodriguez Moncerrat Rodriguez-Villalpando. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 11, 2022, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 9, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: November 26 & December 3, 10, 17,

VILLALPANDO 180201 COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00309048 Moriah Forde has filed a petition with this court for a decree changing the name(s) of Aaj'ahan Nevan Lucas to Aaj'ahan Nevan Forde, Mii'yahnna Nubiah Lucas to Mii'vahnna Nuhiah Forde

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 28. 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 25, 2021

Christopher E. Krueger, Judge of the Superior

Publish: November 26 & December 3, 10, 17, 2021 FORDE

180201 12-17-21 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00311431 Jason David Ferenz has filed a petition with

this court for a decree changing the name(s) of Jason David Ferenz to Jason David Kilbride. IT IS ORDERED that all persons interested

in the above-entitled matter appear before this court at 1:30p.m. on January 19, 2022. in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 19, 2021 Shama H. Mesiwala, Judge of the Superior

Court Publish: December 3, 10, 17 & 24, 2021

**FERENZ** 180201 12-24-21 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

#34-2021-00310963 Carl Walden has filed a petition with this court for a decree changing the name(s) of Robert Carl Walden to Robert Carl Tupas.

CHANGE OF NAME

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 11, 2022, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 10, 2021 Christopher E. Krueger, Judge of the

Superior Court Publish: December 3, 10. 17 & 24. 2021 WALDEN 180201 12-24-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00311134 Anthony Carlos Anyon has filed a petition with this court for a decree changing the name(s) of Anthony

Carlos Ayon to Roxas Anthony Ayon. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 13, 2022, in Department 54. located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 15, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: December 3, 10, 17 & 24, 2021 180201 12-24-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00308018

Vuong Anh Ngoc Tran has filed a petition with this court for a decree changing the name(s) of Vuong Anh Ngoc Tran to Mike Tran.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 19, 2022, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 18, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: November 26 & December 3.

10, 17, 2021 180201 12-24-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00311223 Inderjit Kaur Bedi has filed a petition

with this court for a decree changing the name(s) of Inderjit Kaur Bedi AKA Inderjit Kaur AKA Noney Bedito Kismat Kaur Bedi. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on January 18, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 17, 2021 Shama H. Mesiwala, Judge of the

Superior Court Publish: December 3, 10, 17 & 24, 2021 BEDI 180201 12-24-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2021-00311040 Adrienne Lynette Lacey has filed a petition with this court for a decree changing the name(s) of Adrienne Lynette

Lacey to Adrienne Lynette Williams. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on January 13, 2022, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 15, 2021 Shama H. Mesiwala, Judge of the Superior Court Publish: December 3, 10, 17 & 24, 2021

180201

12-24-21

LACEY

matter appear before this court at 9:00a.m. on January 4, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: November 1, 2021

IT IS ORDERED that all persons

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SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2021-00303939

Heather Miller has filed a petition with

this court for a decree changing the

name(s) of Kendyll Heather Jarett-

Miller to Kendyll Heather Jarrett-Miller

interested in the above-entitled

Christopher E. Krueger, Judge of the Superior Court Publish: November 26 & December 3, 10, 17, 2021

180201 **MILLER** 12-24-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00307685

Jule Lee Moua has filed a petition with this

court for a decree changing the name(s) of Jule Lee Moua to Julie Lee Moua IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on January 19, 2022, in Department 53, located at 813 6th Street 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 22, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: December 10, 17, 24 & 31, 2021

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00306285 Txumuakou Moua has filed a petition with this court for a decree changing the name(s) of Txumuakou Moua to Wangtzu Moualawtoua. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on January 20, 2022,

show cause, if any, why the petition for Change of Name should not be granted. Dated: November 22, 2021 Shama H. Mesiwala, Judge of the Superior

in Department 53, located at 813 6th Street

2nd Floor, Sacramento, CA 95814, and

Court Publish: December 10, 17, 24 & 31, 2021 180201 12-31-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00311398

Vincent Alexander String Flores has filed a petition with this court for a decree changing the name(s) of Vincent Alexander String Flores to Vincent Alexander Flores-Poon. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 19, 2022, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 19, 2021 Christopher E. Krueger, Judge of the Superior Publish: December 10, 17, 24 & 31, 2021

FLORES 180201 12-31-21 SUPERIOR COURT OF CALIFORNIA COLINTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00311441

Jennie Raelyn Catherine Soniega-Sherwood has filed a petition with this court for a decree changing the name(s) of Jennie Raelyn Catherine Soniega-Sherwood to Jennie Raelyn Caluya IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on January 19, 2022, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 22, 2021 Shama H. Mesiwala, Judge of the Superior Court Publish: December 10, 17, 24 & 31, 2021

180201 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00311226 Yaging Jiang has filed a petition with this court for a decree changing the name(s) of Yaqing Jiang to Sherry Yaqing Flores

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 18, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 17, 2021 Christopher E. Krueger, Judge of the Superior

Publish: December 10, 17, 24 & 31, 2021

180201 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00311148

Patricia Bermudez and Trinidad Castro have filed a petition with this court for a decree changing the name(s) of Axel Bermudez to Axel Castro

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on January 18, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 16, 2021

Christopher E. Krueger, Judge of the Superio Publish: December 10, 17, 24 & 31, 2021 BERMU 180201 12-31-21





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All Legal Ads Published in the Carmichael Times

**10** • CITRUS HEIGHTS **MESSENGER DECEMBER 10, 2021** 



By Marlys Johnsen Norris, **Christian Author** 

Those of us who are believers as Christians and Jews, who follow and honor the God of Creation - must come together in prayer for our country. We need to get seriously on our knees and "ask God to intercede in the affairs of our country" as well as in our personal lives.

God is not fooled by what is happening here in America. God will not put up with what is happening too much longer. We must pray to be in His Will for our lives today! It is extremely disturbing how Satan's lies and the darkness in this world are corrupting so many things we Americans have honored, believed, loved and held dear to us.

Will God open the earth and swallow people up as

### Let Us Fall On Our **Knees And Pray!**

hundreds of years ago? Will He bring on a flood again to cover the whole earth and kill people? Will an earthquake come upon the whole earth? Many things by nature have happened in the past. Is He forced to do it again to cause people to recognize His greatness?

There is victory in truth! Truth brings peace, joy and by it - based on the teachings of God. God is to be worshipped and honored in every life born on this planet! Today the darkness and sin has overtaken way too many lives. We see it and know it by the laws that have been past in recent years by men in office!

"For the eyes of the LORD range throughout the earth to strengthen those whose hearts who are fully committed to Him. (2 Chronicles 16:9) "If my people who are called by Orangevale, CA 95662 ★

He did in the Old Testament my name will humble themselves and pray and seek my face and turn from their wicked ways; then I will hear from heaven and forgive their sin, and heal their land." (2 Chronicles 14:7) Lets get on our knees and

How will He cleanse what has happened and all He created and loved from the foundation of the earth? freedom into a life that lives As believers we must come together to honor God and the Truth of His Holy Words! Possibly then, He will hear and spare us from what is to come!

> "If my people will come together humble themselves and pray and seek my face I will hear and answer their prayers."

Marlys Johnsen Norris Christian Author of 7 Books ARM Columnist since 2006 Stephen's Minister Marlysin@gmail.com PO Box 114,

## Ask Toni

### Is Medicare's 7-Month Enrollment **Period for Part A or Part B?**



Toni King

Hello Toni:

I am turning 65 next March and am puzzled about Medicare's 7-month enrollment period. I have heard that this time is only for Medicare Part B and that con-

fuses me because I do not know how to

enroll in Medicare's Part A? Do you enroll in Medicare Part A and B separately or together? I do not know how the 7-month window works. Is there only a certain time that I can enroll? I work parttime and am not eligible for the company benefits. Please explain what I should do. Thanks, Gary from Katy, TX

Gary:

Do not feel alone. America is confused on enrolling in Medicare the right way, to keep from receiving the dreaded Medicare Part B penalty.

The 7-month Medicare Initial **Enrollment Period** is for those who wish to enroll in Medicare Parts A and B when they are turning 65 and not covered by employer group health insurance. When one is covered by employer health insurance, whether through an employer or a spouse's employer group health plan, then there is penalty protection for not enrolling in Medicare Part B when turning 65.

Medicare's Initial Enrollment Period is a 7-month window that begins 3-months before the month one turns 65, the month turning 65, and 3-months after turning 65. If you are covered on Medicare Parts A and B by the end of your Initial Enrollment Period, you will avoid being stressed-out from worry about Medicare penalties.

Visit www.SSA.gov to create a My Social Security Account to enroll in Medicare,

Nerry Christmas!

which is very simple because everything is processed online at www.socialsecurity. gov/benefits/medicare for your Original Medicare to begin the month you are turning 65 by enrolling 3-months before turning 65. If enrolling the month, you turn 65, your Medicare will begin the month after. Enroll the 3-months after your birthday and your Medicare will be further delayed.

Additionally, it is important to know if you are going to take your Social Security check or not when turning 65. If you are not, then it will be your responsibility to visit www.ssa.gov/benefits/medicare and enroll in Medicare. By not enrolling at the right time, you put yourself at risk of a penalty.

When one enrolls in Medicare Parts A and B, then it is time to chose whether to go with Original Medicare with a Medicare Supplement and a stand-alone Medicare Part D for your prescriptions or pick a Medicare Advantage plan with a Medicare Part D plan.

When delaying enrolling in Medicare Part B, there could be additional paperwork related to the Medicare enrollment. You can later claim a Special Enrollment Period, when you or your spouse are still working and have an employer group health insurance plan. This Special Enrollment Period can keep you from being ambushed by penalties when processed at the right time and in the correct way.

This information on personalizing your Medicare enrollment and plan options can be found in the Medicare Survival Guide Advanced - available at www.tonisays.com.

For a Medicare Checkup, call the Toni Says® Medicare call center at 832/519-8664 or email info@tonisays.com regarding your Medicare plans and options.

Medicare Open Enrollment Special: \$10 discount to the Toni Says® readers on the 2021Medicare Survival Guide® Advanced book at www.tonisays.com.

## **Green Acres Nursery & Supply Donates Christmas Trees**

Green Acres Nursery & Supply Press Release

CITRUS HEIGHTS, CA (MPG) - Green Acres Nursery & Supply continues the partnership tradition with military families and disabled veterans this Christmas. Each year Green Acres Nursery & Supply offers complimentary Christmas trees to disabled veterans and immediate family members of actively deployed troops. Stop at any Green Acres location and choose one 6'-7' Noble Fir and one 6" poinsettia or two 4" poinsettias.

"We are truly grateful for the sacrifices made by our military service members and their families. We hope this small gesture makes the holidays brighter for those who have given so much and who are missing a loved one this season," said Tami Nursery & Supply.

When you visit any of the Green Acres Nursery & Supply locations you will find a decorated military tree where you can add a personalized message to honor your military hero – a long tradition of powerful messages fills our military friendly service.

trees each year.

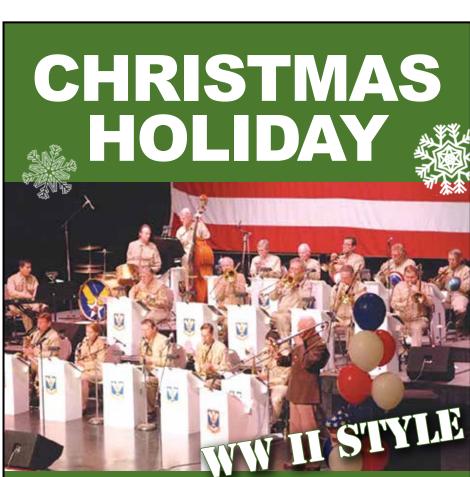
Please visit iDigGreenAcres.com for details and to find a Green Acres & Supply location near you.

Garden gurus are available in-store, along with online resources to keep you up to date with timely garden tips. You can also grow your green thumb with their Green Acres Garden Podcast - whether you are a newbie or a seasoned horticulturalist. Because they are rooted in the greater Sacramento area, they partner with local organizations who work hard for the benefit of the community. Their support includes partnerships with garden clubs, local non-profits, donations, speaking engagements and more.

Green Acres Nursery & Supply is a local, family-owned independent garden center – in business for over 17 Kint, Marketing Director at Green Acres years - with seven convenient locations in Auburn, Citrus Heights, Elk Grove, Folsom, Rocklin, Roseville, and Sacramento. Committed to customers gardening success they source the healthiest plants, alongside products they trust, and deliver them with knowledgeable and







## **BIG BAND SWING DANCE**

### **Sunday December 19th**

#### "BRING BACK MEMORIES **OF THE 1940s"**

Join the 19 musician members of Moonlight Swing Living History Big Band who will take you back in time as they Recreate the SIGHTS and SOUNDS of The Glenn Miller Army Air Corps Band of WWII. Dance to Miller favorites like In The Mood, String of Pearls, Pennsylvania 6-5000, Moonlight Serenade and many more!

> **Presented By: MOONLIGHT SWING**

Doors open at 630 **Downbeat from 7-9 pm** Open to the Public and all ELKS

> \$10 / person at the door

> **Large Dance Floor**

**No Host Bar** 

**LOCATION** Carmichael Elks #2103 **5631 Cypress Avenue** Carmichael, CA 95608

**GRAND BALLROOM** 

ARRIVE EARLY FOR **Best Seating** Plenty of Free Parking

## WEEKLY COMICS







WHEN DOES A JOKE BECOME A DAD JOKE?





Out on a Limb





THEY'LL DO IT EVERY TIME YOU'RE COLD NEWS OF A BIG



R.F.D. NO CHRISTMAS PAGEANT THIS WHAT?! YEAR, SIM.





by Mike Marland

HI--WE LIVE IN THE APARTMENT NEXT TO YOU--WE JUST WANTED TO TELL YOUR WIFE TO KEEP PRACTICING HER OPERATIC LESSONS--WE DON'T MIND HER SINGING EVEN IF IT IS VERY LATE--WEP APPRECIATE IT IF AUGUST ONLY DON'T WENT OF THE PROMY DON'T WENT OF THE PROMY DEATH OF THE **IFETIME** SHE'D SING REAL LOUD AND OFF-KEY-- WE JUST LO-O-OVE IT-



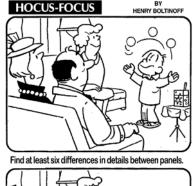


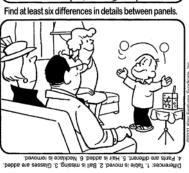
"When we formed this carpool, I think we all assumed that one of us had a car."



"No, no, put it back! You have to cook that!"







## We Beat Almost All Online Prices on Premium Brand Pet Foods.

Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.



EVERYDAY LOW PRICES
oer Discount Prices\* Hot Specials & Coupo
Short term promotions from vendors
(No Membership Fees)

PET CLUB Rancho Cordova, CA



1 FREE
PEDIGREE DOG FOOD 22 Oz Tin All Varieties

With Any Purchase of Pet, Fish Food, or Supply PLU 321 Limit: 1 Coupon Per Family CHM Effective 12/8/21 - 12/14/21

COUPON ANY PURCHASE OF PET OR FISH SUPPLY (Excluding Pet Food or Litter)
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324
Limit: 1 Coupon Per Family CHM Effective 12/8/21 - 12/14/21

Look for Advertised Sale Items Everyweek at www.petclubstores.com

#### ZIGNATURE LIMITED INGREDIENTS FORMULA **DRY DOG FOOD** 12.5 Lb & 25 Lb

•Turkey •Lamb •Trout/Salmon •Zssential •Duck Salmon • White Fish • Venison • Pork • Catfish ON SALE EVERY DAY Effective 12/8/21 - 12/14/21

) LIVES **CANNED CAT FOOD** 5.5 Oz All Varieties

**Limit 2 Cases** 

Effective 12/8/21 - 12/14/21

DIAMOND **NATURALS** 

DRY DOG FOOD

40 Lb Bag Limit 2 Bags
•Chicken •Lamb & Rice •Beef •Large Breed
•Senior •Skin & Coat
•Lite 30 Lbs
(Lrg Breed Lamb
\$31.99)
(Ex Athlete \$36.99)

Effective 12/8/21 - 12/14/21 FANCY FEAST **GOURMET** CANNED CAT FOOD

All Varieties except Elegent Medley 3 Oz Limit 2 Cases Per ON SALE

**Everyday** Effective 12/8/21 - 12/14/21

#### NUTRO WHOLESOME ESSENTIALS

DRY DOG FOOD 30 Lb Bag Limit 2 Bags Per Family Chicken & Brown Rice & Oatmeal Formula •Large Breed \$**38**99

\$3999 Effective 12/8/21 - 12/14/21 Adult •Lite · · ·

**CAT CHOW** DRY CAT FOOD •Regular •Indoor 15 Lb Bag

PURINA

ON SAL Family **Everyday** 

Effective 12/8/21 - 12/14/21

#### PEDIGREE DRY DOG FOOD

50 Lb Bonus Bag Chicken, Rice, &VegetableSteak & Vegetable

Limit 2 Bags Per Family

Effective 12/8/21 - 12/14/21 SCOOPAWAY FRESH STEP SCOOP

CLUMPING CAT LITTER SCOOPAWAY Multi-Cat 20 Lb Box **\$6.99**)

Effective 12/8/21 - 12/14/21

WORLD'S BEST
CAT LITTER
Original •Extra Strength

\$ 1 14 Lbs Limit 2 Bags

JONNY CAT PREMIUM CAT LITTER 10 lb Bag Limit 2 Bags Per Family CANIDAE PURE
ADULT DRY DOG FOOD As Marked

Grain Free \*Lamb \*Duck \*Salmon \*Bison \*Chicken \*Weight Control \*Boar \*Senior \*Puppy \*Lamb, Goat, Venison out **\$ 10** OFF

CAT'S PRIDE
FRESH & LIGHT PREMIUM
CLUMPING CAT LITTER 15 Lb Jug Limit 2 Jugs

WELLNESS CANNED DOG FOOD Full Case 20% OFF •Regular •Stew •Core Limit 2 Cases

**SOLID GOLD** DRY DOG FOOD nd n Flocken •Wolf King Bison •Holistique Ilennia • Fit n Fabulous •Wolf Cub Bison 10% OFF 24 Lb & 28.5 Bag Limit 2 Bags

CHICKEN SOUP FOR THE SOUL
DRY CAT FOOD As Marked

\*Adult (Chicken & Salmon) \*Indoor/Hairball \*Kitten

\*Weight/Mature Care 13.5 Lb Bag Limit 2 Bags

OUR SUPER LOW PRICES

\*CLASSIC NATURAL DRY DG FOOD

\*Chicken/Green Pea/Ancient Grains 25 lbs Limit 2 Bags
\*Beef/Green Pea/Carrots \*Lamb/Green Pea/Ancient Grains OUR REGULAR LOW PRICES

BONUS COUPON

Limit 2 Bags Per Family

PREMIUM CHOICE
ALL NATURAL CLUMPING CAT LITTER 40 Lb Bag (Extra Strength 25Lbs \$8.99) Limit 2 Bags

**MEOW MIX** 

•Original Choice 16 lb Bag Limit 2 Bags Per Family HEINZ
PUP-PERONI DOG TREATS

12 Oz GREENIES DOG TREATS •Chewy Texture • Easy to Digest •Regular •Grain Free 12 oz \$13.99 •Teeny (43 Ct) •Reg (12 Ct) \$ •Petite (20 Ct) •Large (8 Ct) Limit 2 Bags Per Family PET CLOTHING 20% **ROSY'S** ORGANICALLY
GROWN KITTY
GRASS •Single Tub

• Fashion Brand • Outdoor Dog
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OUR SUPER LOW PRI **PETSPORT** QUIET TIME DOG TOYS

•Tuff Balls •Fetch Me Fido •Fling Thing
•Biscuit Buddy •Soft Toys •Twisted
Chews •Asst Toys All Varieties OFF **Bolstered Beds** •White & Gray
•All Sizes

PENN-PLAX CASCADE POWER FILTER SALE AQUEON BOXED 10 GALLON TANK

With Economy Kit Just add Heater For Tropical Fish **548** 

INSTANT OCEAN SEA SALT

FANCY FEAST ELEGANT MEDLEYS CANNED CAT FOOD

1.4 Oz - All Varieties
Limit 2 Pkgs With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Selected Varieties - 3 Oz
Limit 6 Cans with Coupon
Limit 6 Cans with Coupon Per Family
Limit 12 Pkgs With Coupon
Limit 13 Pkgs With Coupon
Limit 14 Pkgs With Coupon
Limit 15 Pkgs With Coupon
Limit 16 Pkgs With Coupon
Limit 17 Pkgs With Coupon
Limit 18 Pkgs With Coupon
Limit 18

**FANCY FEAST CLASSIC BROTH** CHM

PENN PLAX

PLASTIC AQUA-PLANTS

BONUS COUPON ARM & HAMMER **CAT LITTER DEODORIZER** 

50 Gal. Salt Mix

Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 12/8/21 - 12/14/21

12 • CITRUS HEIGHTS MESSENGER DECEMBER 10, 2021

## Holiday Visit Sparking Concerns with Aging Parents?

Commentary by Chris Orestis, CSA and President of Retirement Genius

As families reunite during the holidays, it's not unusual for adult children who haven't seen their aging parents in a while to begin to worry about them.

Are they experiencing health problems?

Are they still mentally on top of things?

Is it time to start thinking about long-term care?

"The holidays and their aftermath are the busiest time of year for long-term care admissions," says Chris Orestis, president of Retirement Genius (www.retirementgenius.com) and an authority on retirement planning, long-term care and financial health.

"Between Thanksgiving and Christmas, families get together and many are seeing Mom or Dad for the first time in months. Some will discover that their parent's health has declined and he or she should not be left to live on their own any longer."

If you are concerned about aging parents, Orestis offers a few things to be on the lookout for:

Physical deterioration. Be aware of potential signs such as significant weight loss, balance issues and falling, and loss of strength and stamina, Orestis says. "You might also see loss in what is known as ADL – activities of daily living," he says. "That includes such things as the ability to dress, eat, shower or use the toilet independently.";

Mental deterioration. It's easy and tempting to blow off loss of memory or confusion about names, dates and locations as just a "senior moment," Orestis says. "But cognitive deterioration is an important warning sign that you should be on the lookout for dementia and Alzheimer's," he says. "These conditions can worsen quickly and can lead to many physical breakdowns and



Seniors want to remain independent as long as possible, and they don't want to become a burden on their family. Photo Monkey Business Images, Dreamstime

safety issues.";

Lifestyle deterioration. Maybe your parent was one of those sticklers for the adage "a place for everything and everything in its place," but now the home isn't kept so neatly. "You may even encounter things that are oddly out of place, such as a house plant in the refrigerator or pots and pans in the bathtub," Orestis says. "Even more concerning, you might see signs of physical damage because they crashed the car into a fence or the wall of the garage, or there are burn marks on the kitchen wall from a flash fire. It's important to remember that long-term care is

not only a matter of healthcare, but also a matter of safety."

Certainly, seniors want to remain independent as long as possible, and they don't want to become a burden on their family, either physically or financially, Orestis says. As a result, they may try to avoid discussions about their health, mental capabilities and the possibility of the need for the assistance. Family members may be inclined to avoid these conversations as well.

"For some people, the need for long-term care can be brought on from a sudden event such as a fall, stroke, advancing dementia, or other health-related malady," he says. "For others, it can slowly creep up over time and without realizing it one or more loved ones have become caregivers. Confronting the fact that a person has transitioned in life from being independent to dependent in one way or another is difficult."

But eventually, if it becomes clear professional long-term care is needed, family members should discuss a plan for making that happen. After that, the conversation should take place with the loved one in question, who may be apprehensive or even resistant, Orestis says.

"That conversation should be handled with compassion and delicacy," he says. "Emphasize that not only will this move improve their health and safety, but there will be numerous opportunities for social activities, games, art, entertainment and great food.

"The key is for the family to come together. Look for the signs that care is needed, formulate a plan, communicate effectively with your loved ones and change the perspective about long-term care from a negative to a safe, healthy and enriching experience in the continuing journey of life."



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