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# Citrus Heights Messenger

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Serving the City of Citrus Heights & Sacramento County

OCTOBER 29, 2021

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## New JoAnn's Nears Completion



The Sunrise Village Shopping Center at 5425 Sunrise Boulevard will be the new site of JoAnn Fabrics and Crafts. Photo by Tom Sullivan

By Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - Construction of a new 28,400-square-foot commercial retail building which will be the new home for JoAnn Fabrics and Crafts in the Sunrise Village Shopping Center at 5425 Sunrise Boulevard in Citrus Heights is nearing completion.

The planned move by JoAnn's into its new location is part of the first phase of the \$15-20 million remodel and expansion project for the center, which is owned by the San Francisco-based Merlone-Geier investment company. In all, the redevelopment project calls for the addition of 18,000 square feet to the existing 150,000+ square foot retail plaza, according to the developer.

Next to the new JoAnn's will be a

new 50,000-square-foot sports club, owned by an Irvine-based corporation which operates the LA Fitness chain of health clubs. The 20,000-square-foot commercial space between the existing Rite Aid and the new City Sports Club is shown on construction plans as a Home Goods or grocery store, but an official tenant has yet to be named by the developer.

The construction contractor, Level 5 Builders which is based in Folsom, is building a 5,500-square-foot commercial building with a planned Starbucks coffee drive-thru being built on the site of the former Coco's restaurant near the corner of Sunrise Boulevard and Madison Avenue.

The Starbucks located in the Quail Pointe Shopping Plaza across the street on Madison Avenue in Fair Oaks, will close and relocate to the

new Sunrise Village location in early March 2022, according to a Starbucks store manager.

Demolition of both the 17,200-square-foot site which formerly occupied by Benihana restaurant at 5425 Sunrise Boulevard in Citrus Heights which faced Uplands Avenue and the former Coco's near the corner of Sunrise Boulevard and Madison Avenue was completed earlier this spring, said to Kevin Meyer, president of Level 5 Builders, Inc. of Folsom who provided a project update.

The former Lyon's restaurant which is also located in the Sunrise Village Plaza will remain until the start of the second phase of the project in early 2022 when it is scheduled for demolition, Meyer said.

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## Adoption of Sunrise Tomorrow Specific Plan

Story by Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)** - On October 20, the Citrus Heights Planning Commission held a Special Meeting to consider the adoption of the Sunrise Tomorrow Specific Plan, which will guide redevelopment of the 100-acre Sunrise Mall site. The draft of the Specific Plan was released in July for public review, after 18 months of work by staff and the consultant firm, Gensler.

The City doesn't own any of the mall property, so any future redevelopment will be undertaken by the various owners and any associated developers. But as Gensler's Project Manager Nate Cherry explained, the Specific Plan will ensure that proposed redevelopment projects meet the community's vision of transforming the site into "a new heart for Citrus Heights."

Cherry described the Specific Plan as a "flexible framework" that will allow City leaders to gauge whether redevelopment proposals meet the established criteria and are a good fit for the vision of Citrus Heights. This framework will help drive economic growth as well as allowing the site to be revitalized, becoming "the perceptual downtown of the whole city," said Cherry.

The Specific Plan focuses on a highly walkable site that is interconnected with the surrounding streets and neighborhoods. The central area of the property will serve as the Main Street, which will focus on food and beverage, as well as unique retail experiences.

The vision also includes a two-acre central open space called Sunrise Commons, which will serve as a town square, with space for community events throughout the year. This will be the heart of the complex, where people can gather to play or picnic, watch fireworks, attend outdoor concerts, and browse farmers markets. This flexible space could become the new center of the community, with the potential for more than 100 community events each year.

An employment anchor is planned for one end of the site, which could be a hub for tech, biotech, and healthcare, creating long-term jobs in addition to the short-term jobs created during the construction phase. An entertainment anchor on the other end of the property would draw locals and other visitors to the site for family-friendly activities.

Continued on page 3

## Something to Bark About

### CHP Graduates New Canine Teams

CHP Special Release

**SACRAMENTO, CA (MPG)** - The California Highway Patrol (CHP) recently announced the graduation and deployment of its 10 newest canine teams. The ceremony at the CHP Academy in West Sacramento is the culmination of 400 to 600 hours of intense training for each officer and their canine partner.

"After weeks of rigorous training, these new teams are ready to assist in the CHP's mission of protecting and serving the State of California," said CHP Commissioner Amanda Ray. "Our canines are a tremendous asset to the Department, and the addition of these 10 teams to our existing resources will supplement the already highly effective canine program."

The CHP uses its canines to perform a variety of functions, including detecting human scent, contraband, and explosives. A canine team can improve the safety



The graduating canine teams represent the following CHP Divisions: Valley, Golden Gate, Central, Southern, Border, and Inland. Photo: CHP/Senior Photographer Michael Wong

and effectiveness of officers as well as saving time and money. The CHP canines are also used to assist allied agencies in apprehending criminals, detecting explosives or drugs, and in locating "at-risk" missing persons.

This is the only graduation in 2021 for CHP canine teams trained in handler

protection and narcotics detection and explosive detection. The canine teams completed between 11 and 15 weeks of intensive training at the CHP Academy, depending on their specialty.

All handlers are CHP officers with departmental experience ranging from 4 to 15 years. The graduating

canine teams represent the following CHP Divisions: Valley, Golden Gate, Central, Southern, Border, and Inland. Following this graduation, the CHP now has 48 canine teams deployed throughout the state.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

Read More at [www.CitrusHeightsMessenger.com](http://www.CitrusHeightsMessenger.com)

# Making Space for Renovation



On October 7, the theatre building was demolished, making room for the planned renovation, which is funded by the Measure J bond.

Story and photo by Shaunna Boyd

**FAIR OAKS, CA (MPG)** - The Fair Oaks Recreation and Park District (FORPD) recently launched the largest improvement project planned for the Measure J bond funds – renovation of the well-loved Veterans Memorial Amphitheatre. In early October, demolition started on the theatre and the nearby former salon building in the Village.

The outdoor amphitheatre seating remains intact, but the theater building and stage were reduced to rubble to make space for the planned renovation, estimated at \$7.9 million. This expansive project will include updated restrooms, changing rooms for cast members, a new stage that can be enclosed for use during colder months, and interior multiuse rooms that will serve as community center space.

This demolition work is the first step in an array of improvements to transform the various facilities in the

Village into one large, integrated park – a complex the District plans to collectively call Village Park. In addition to the theatre renovation, \$3 million has been budgeted for upgrades to the Community Clubhouse, and \$7.4 million for improvements in the current Village and Plaza parks. Connected walkways throughout the area will create the feeling of a sprawling park housing multiple recreation opportunities. Improvements will also include more parking spaces and many ADA upgrades to ensure the facilities are accessible to all visitors.

District Administrator Mike Aho explained that the renovation “will integrate the park and facilities into a central park type of facility that will be a hub for the arts and entertainment.” The District celebrated its 75th anniversary last year, and they are now looking to the future: Aho said the new complex “will serve the citizens and visitors of Fair Oaks for the next 75 years.” The District has been

working through the design and review process to get final approval from Sacramento County, Sacramento Metro Fire, and SMUD. Reviews and resubmittals are expected to be completed by late November. Then the District can request construction bids for the Amphitheatre, Community Clubhouse, and Village and Plaza parks.

Aho is hopeful that the District will award a contract for construction by mid-January, so the construction work could commence as early as February. Once the work begins, it is expected to take approximately 18 months for completion, assuming all goes as planned.

While the project is ambitious and will certainly impact the Village during construction, these improvements will transform the area – creating a new, more dynamic space for recreation. Aho said, “Once completed, it will be a crown jewel for Fair Oaks for years to come.” ★

# AMCHA Denounces Newsom’s Signing of Ethnic Studies Bill

AMCHA News Release

**SANTA CRUZ, CA (MPG)** - AMCHA Initiative Director, Tammi Rossman-Benjamin, issued the following statement in response to Governor Gavin Newsom’s signing of AB 101, a bill to make ethnic studies courses a high school graduation requirement:

“Having closely monitored and studied the ethnic studies scene unfold on college campuses for years, particularly in California, to say we are deeply concerned is an understatement. While certainly not all in the ethnic studies field fall into this category, there is a vocal and active faction of extremists who have long been seeking to inject their anti-semitic and anti-Zionist agenda into our nation’s classrooms, and today that faction succeeded. This is a dark day for Jewish students in California and the dozens of other states that historically follow California’s lead.

“The fact that no less than seven ‘guardrails’ were deemed necessary for preventing AB 101 from facilitating the widespread promotion of antisemitism is itself a stunning indictment of the bill and the dangers it poses for Jewish students and the Jewish community. And by law those so-called guardrails are purely optics. They carry zero weight when it comes to preventing school districts from bringing the rejected and blatantly anti-semitic original ESMC curriculum or its far worse Liberated cousin into the classroom.

“Making matters significantly worse, California’s teachers’ unions and public universities’ ethnic studies departments proudly support those overtly anti-semitic curricula. Both the original ESMC draft and Liberated’s curriculum are endorsed by California’s two

largest teachers’ unions and ethnic studies departments and faculty on Cal State and University of California campuses.

“This bill could and should have been stopped at the legislative level and must not be forced on the Jewish community to fight in each of California’s 1,300 school districts. We surely hope that those who guaranteed the guardrails would prevent antisemitic curricula from seeping into our state’s high schools stand ready to fulfill their commitment, since this enormous responsibility ought to fall squarely on their shoulders, not on parents and students.”

AMCHA has led several efforts to warn Newsom about the dire harms of the bill and urge him to veto it. In the past couple of weeks, hundreds of Holocaust survivors and their descendants, dozens of religious, civil rights and education organizations, thousands of Californians, and hundreds of California high school students and parents have urged Newsom to veto the bill. And the LA Times editorialized against AB 101, urging a veto, and citing the same concerns raised by the petitioners.

Rossman-Benjamin was the first to expose the way in which the discipline of Critical Ethnic Studies is deeply anti-semitic and anti-Zionist. AMCHA has led several coalition efforts to educate officials about the dangers of a curriculum based on Critical Ethnic Studies. AMCHA’s Director, Tammi Rossman-Benjamin, has testified before the California Senate Education Committee and the Assembly Education Committee against AB 101, and provided evidence that if AB 101 becomes law, most school districts will adopt some version of the rejected anti-semitic first draft. ★

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# Caltrans New Highway Litter Removal Program



Caltrans News Release

**SACRAMENTO, CA (MPG)** - Caltrans announced a new Clean California pilot program that offers Adopt-a-Highway volunteers up to \$250 for picking up highway litter. The Adopt-A-Highway program has been one of the longest-standing and successful government-public partnerships in the state. Since its inception in 1989, more than 120,000 Californians have cleaned and enhanced over 15,000 shoulder-miles of roadside. The new pilot program will augment the overall goals of the Clean California program by providing additional resources to maintain and beautify the state's roadways.

"Clean California is all about restoring pride in public spaces and making a difference in our communities, and that goes hand in hand with volunteering," said Caltrans Director Toks Omishakin. "Through Caltrans' Adopt-a-Highway program, volunteers can

pitch in to clean and beautify our roadsides, and we're proud to offer an incentive for even more people to help Clean California."

Part of Governor Gavin Newsom's California Comeback Plan, Clean California is a sweeping \$1.1 billion, multiyear clean-up effort to remove trash, create thousands of jobs and engage communities to transform roadsides into places of public pride. Since July, Caltrans has collected nearly 2,500 tons of trash and made more than 600 conditional job offers as part of the program.

Adopt-a-Highway volunteers help create cleaner and more beautiful roadsides by removing litter, planting trees and flowers, clearing graffiti, and thinning overgrown vegetation, and also help prevent litter and other pollutants from entering state waterways through stormwater drains. Whether completed by an individual or group, Caltrans will award stipends up to \$250 total per litter collection event for activities such as:

\$250 for each adopted highway segment; \$62.50 for each ramp, or up to \$250 for all four ramps; Up to \$250 for clean-up activities at other locations, such as along bike paths or at park-and-ride facilities.

Caltrans will require volunteers to submit information – including date, location, amount of trash collected, number of volunteers, hours worked and pictures – following eligible clean-up activities to receive a stipend. Adopt-A-Highway participants are limited to one payment a month.

As part of the pilot program, the stipends will be available to Adopt-a-Highway volunteers in Butte, Colusa, El Dorado, Glenn, Imperial, Nevada, Placer, Sacramento, San Diego, Sierra, Sutter, Yolo and Yuba counties. Caltrans expects to expand the program statewide in the coming months.

People and businesses interested in volunteering can visit CleanCA.com for more details and an online application or call 866-ADOPTAHWY (886-236-7824).

There is no cost to participate in the Adopt-a-Highway program. In addition to clearing litter, Adopt-a Highway volunteers have maintained 1,500 acres of vegetation and planted 100 acres of trees and 36 acres of wildflowers since 1989. Caltrans installs signs displaying the name of the person, family, organization or business on the segment of adopted highway. ★

# Adoption of Sunrise Tomorrow Specific Plan

Continued from page 1

Cherry said theaters, concert space, and event programming throughout the year will maximize engagement on the site.

Numerous housing types are also planned throughout the site, which will attract working professionals, young families, and seniors. Accommodations would also include a variety of hotel options, such as boutique, full service, and extended stay.

The Specific Plan also focuses on the creation of a network of parks, plazas, and open spaces, all interconnected by trails, paths, and walkable streets throughout the site. The Plan suggests up to 25 acres dedicated to open space, which is a quarter of the total property.

A transit center that is easily walkable from 80% of the property will ensure more accessibility, and other policies in the Plan encourage a greater choice in mobility, such as biking, ride sharing, and electric vehicles.

After the public review process, some changes were made to the Specific Plan to streamline the process for minor administrative modifications, increase flexibility, and enhance sustainability. Cherry explained that flexibility is critical because the Plan will be implemented over many years, and rigid guidelines could impede the marketability of projects.

Updated sustainability policies include specifications for electric vehicle charging stations in all parking structures and surface parking lots, as well as language encouraging alternative travel methods and the use of solar panels in new buildings. Language was also added to ensure increased tree canopy and continuous shade along sidewalks and pedestrian pathways.

Implementing the Specific Plan requires

an amendment to the City's General Plan. The amendment changes the site's designation from General Commercial to a totally new designation created especially for this Plan: MarketPlace Mixed Use. (The new designation could also be applied to other sites in the future.) In addition to the General Plan amendment, the site also must be rezoned from a Shopping Center to a Special Planning Area – the Sunrise Tomorrow Planning Area. These changes would allow for a mix of uses on the site, including space for retail, offices, hotels, community areas, 2,200 residential units, and approximately 25 acres of open space.

Another consideration was the Final Environmental Impact Report (EIR), which showed that it won't be possible to mitigate all significant impacts from future redevelopment – in particular, air quality and greenhouse gasses. But a Statement of Overriding Consideration can be issued, which balances the unavoidable adverse impacts against the benefits of the proposed project. The Statement acknowledges that the impacts will occur, but states that the benefits of the project – from economic impacts, increased housing, and improved quality of life – outweigh the adverse impacts.

After reviewing all the updates, the Planning Commission unanimously voted to certify the EIR with the Statement of Overriding Consideration, amend the General Plan, rezone the site, and adopt the Sunrise Tomorrow Specific Plan. The Commission's recommendation will be passed on to the City Council, which will hold a vote later this year.

Planning Commission Chair Thomas Scheeler said, "This is an exceedingly important action that we've taken tonight. ... This is really something for the future of Citrus Heights and all the community." ★

# New JoAnn's Nears Completion

Continued from page 1

Renovation plans were approved by the Citrus Heights City Council in February 2020, said Nichole Baxter, city communications officer. The project

developer, Merlone-Geier is completing the overall project in scheduled phases. The completed project, which will take several years to complete, includes new landscaping and signage upgrade. ★

# Los Rios Colleges Awarded Major Federal Child Care Grants

Los Rios Community College District

**SACRAMENTO REGION, CA (MPG)** - Three of the Los Rios colleges - American River College, Cosumnes River College and Sacramento City College - have been awarded federal grants to support child care and family services on campus. The multi-year grants will support a variety of campus programs at the colleges' child development centers.

The grants are part of the Child Care Access Means Parents in School Program (CCAMPIS) program from the federal Department of Education. Here are the details for each college.

The **American River College** grant award is \$283,000 per year for the next four years. The grant will fund the college's infant toddler program in the following areas:

Improvements to the indoor and outdoor environments; Increased staff to allow for younger children – starting at 6 months of age; Teacher training; Early Childhood Education student training and permit advancement; Family workshops (both enrolled families and campus community)

The **Cosumnes River College** grant is \$150,000 a year for the next four years and will fund the development of the college's family resource and engagement center, the Nest. This program will support families so that:

Families feel welcomed at our

campus, persist, and are strengthened by educational and career achievement; The economic mobility of both parent/family and the child is enhanced; Both student parents and their children's educational outcomes will advance generationally; Families within the college community will be supported, sustained, and strengthened in their collective pursuits and wellbeing

The **Sacramento City College** grant award is \$224,000 and is renewable each year for five years. The grant will help fund comprehensive services for student families of children under the age of two years;

The funded activities for the children and families will begin in Spring 2022, starting with toddler-aged children; Income-eligible student parents may participate at no cost to the families; The program will feature a parent involvement and education component, with an online parent support and education Canvas site, as well as on-campus activities

The *Los Rios Community College District is one of the nation's most respected learning institutions and the second-largest community college district in California, serving the greater Sacramento region. About 75,000 students are enrolled in the four Los Rios Colleges. For more information, go to losrios.edu.* ★



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# “Lest We Forget”

“We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives that that nation might live.” – President Abraham Lincoln’s Gettysburg Address, November 1863.

By Sal Arrigo, Jr.

**CHATTANOOGA, TN (MPG)** - I cannot adequately describe my feelings as I entered the Chattanooga National Cemetery where I had come to pay my respects and dedicate this story to these veterans. It is located not too far from the heart of the city of Chattanooga, Tennessee. Visiting this cemetery, even if you had little or no understanding about the Civil War, you would come away with a new perspective on our nation’s history, and aren’t we supposed to have a grasp of history (both good and bad), before we are doomed to repeat it?

In 1863, General Order No. 296 was issued to create a national cemetery to commemorate the Battles of Chattanooga in November 1863. Major General George H. Thomas, known as “The Rock of Chickamauga,” issued this order, but it was not until 1867 that the cemetery gained a national designation. In all, there are 155 national cemeteries in 42 states and Puerto Rico; to find out where they are in your travels, go to [www.cem.va.gov](http://www.cem.va.gov), for more information.

Why should you visit the Chattanooga National Cemetery? When you arrive at the cemetery and proceed to the administrative building for information, you may talk with Kevin Ritchey of Facilities Maintenance, who has a wealth of knowledge about the park. Kevin is also a U.S. Army combat veteran. The cemetery has many qualified volunteers to answer your questions and offer directions (all the volunteers are veterans), so if you want to visit the grave of Desmond Doss (the subject of the movie *Hacksaw Ridge*), they can get you there. You can visit the grave of an individual who has the unique distinction of being the only person buried here from the American Revolution.

The Chattanooga National Cemetery is 120 acres in size, and there are more than 41,000 veterans and their dependents resting here. Some of the highlights of cemetery include the Memorial Circle of Honor that was established in 1992. You can easily recognize the location by the American flag sitting atop the hill where it is said that



U.S. Army Corporal Desmond T. Doss is interred at Chattanooga National Cemetery. A combat medic serving with the US Army in World War II, he is credited with saving 75 men at Okinawa and is the only conscientious objector to receive the Medal of Honor. He was featured in the 2016 movie *Hacksaw Ridge*. Photo by Sal Arrigo, Jr.



The Chattanooga National Cemetery in Tennessee was created to commemorate the Battles of Chattanooga fought in November 1863. Photo by Sal Arrigo, Jr.

General Ulysses S. Grant had his headquarters while the Battle of Chattanooga was fought nearby. The Circle honors those from our nation’s conflicts, and organizations have erected memorials in recognition of the sacrifices that were made during the Vietnam War, Korean War, World War II and more.

The first thing you see when you arrive is the Andrew’s Raiders Monument. This monument is in honor of those individuals who aided the Union in the Civil War. The individuals honored here are among the first recipients of the Medal of Honor, our nation’s highest military tribute “for conspicuous gallantry and intrepidity at the risk of life above and beyond the call of duty.”

In addition to the individuals buried here from the Civil War, the cemetery also is the final resting place for German soldiers who were prisoners of war from World War I and World War II. Each November, the German government honors these soldiers with a laying of the wreath at the German monument.

The Chattanooga National Cemetery was placed on the National Register of Historic Places in 1996. As with historic places, one must take time to observe and “feel” the surroundings. For instance, every monument or memorial arch has a story, and usually there is an inscription, or plaque or headstone that tells why that warranted being placed in this cemetery of honor.

The Chattanooga National Cemetery is an inspirational place to visit. I found that there is so much more to discover through the veterans buried here. Charles H. Coolidge, who was one of the last surviving Medal of Honor recipients from World War II, is buried here. In fact, if you want to study up on Medal of Honor recipients, you can visit the Charles H. Coolidge National Medal of Honor Heritage Center right here in Chattanooga.

As I said, a visit to this cemetery is very enlightening and truly educational! The closest national cemetery we have to Sacramento is in Dixon at the Sacramento Valley National Cemetery. It is the seventh national cemetery built in California and the 124th in the national cemetery system. It’s a visit worth the time. Thank you, veterans! ★



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# Gavin's Gas Lawn Equipment Ban Hits the Little Guys



By Dan Walters  
CALMatters

Gov. Gavin Newsom's signature on Assembly Bill 1346 makes one wonder whether California politicians ever fully understand – or even want to understand – the ramifications of their decisions.

The measure aims to eliminate the sales of gasoline-powered lawn equipment, such as mowers, string trimmers, leaf blowers and other devices, within a few years.

The purpose, it's said, is to eliminate the exhaust emissions from small engines that create smog and contribute to global warming.

The bill's author, Assemblyman Marc Berman, a Menlo Park Democrat, contends that "operating the best-selling, gas-powered commercial leaf blower for one hour emits air pollutants comparable to driving a 2017 Toyota Camry from Los Angeles to Denver. Smog-forming emissions from small engines will surpass those from passenger vehicles this year."

One could add that the gas-powered lawn machines also emit jarring levels of noise.

Under AB 1346, the California Air Resources Board will decide how and when sales of gas-powered

devices will be prohibited and it could be as early as 2024. A shift to battery-powered machines presumably would occur as older devices need replacement.

Tools powered by rechargeable batteries are convenient, quiet and relatively inexpensive to operate and make perfect sense for the homeowner. Personally, I've used them almost exclusively for the past quarter century and wouldn't have it any other way.

That said, what's practical for personal use is not necessarily so for lawn care professionals, most of them single persons or small crews, and often immigrants. It's estimated that California has at least 50,000 such microbusinesses.

Mowing a lawn once a week is one thing, but pros do it a dozen or more times a day to keep their families housed and fed. They would have to not only buy the equipment but dozens of batteries and chargers and have the facilities, including sufficient electric power supplies, to recharge those batteries.

Backers of the legislation, a coalition of public health and environmental groups, would let the Air Resources Board figure out the details. There's the possibility of a \$30 million fund to help buy new equipment.

The arithmetic, however, indicates that the proposed conversion would cost much more than that, either borne by the lawn services or taxpayers.

Andrew Bray, vice president of the National Association of Landscape Professionals, told the Los Angeles Times that "a

three-person landscaping crew will need to carry 30 to 40 fully charged batteries to power its equipment during a full day's work," adding, "These companies are going to have to completely retrofit their entire workshops to be able to handle this massive change in voltage so they're going to be charged every day."

The larger landscape companies that Bray represents could make the switch and adjust their fees accordingly. But how about the little guys?

A basic array of high-quality, battery-powered lawn tools – a mower, a trimmer and a blower – would cost at least \$1,000. Enough spare batteries and chargers would at least double the initial cost. So at a minimum, with 50,000 lawn services, the total cost would be \$100 million. The real world cost would likely be a quarter-billion dollars or more.

Even were the state willing to cover replacements, how about the infrastructure that small landscapers, operating out of their homes, would need to recharge their batteries? Would we be putting them through a daunting application process? Would the many undocumented landscapers submit the paperwork?

Newsom and the legislators who voted for this bill may think they are doing the right thing, but did they ever consider that they are messing with people's livelihoods and lives? Nothing in the bill indicates they did.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



## The New Missile Gap

The Biden administration is hesitant to call our competition with China a new Cold War, even though Beijing has zero qualms about making the parallels with our decades-long struggle with the Soviet Union abundantly clear.

We are once again discussing a "Sputnik moment," a nuclear arms race, and a missile gap – all throwbacks to the 1950s-1980s – thanks to China's aggressive pursuit of military capabilities designed to deter and defeat the United States.

Whatever Beijing may say and however we may try to comfort ourselves with cushioning delusions, the Chinese have repeatedly made it plain that they intend to hold U.S. bases and our homeland at risk.

The example of Sputnik, the primitive Soviet satellite launched in 1957 that raised the prospect of the U.S. losing the space race, was on everyone's lips with a bombshell Financial Times report over the weekend.

According to the FT, the Chinese tested a nuclear-capable hypersonic missile that circled the Earth once before descending on its target, thus demonstrating "an advanced space capability that caught U.S. intelligence by surprise."

It's not clear why anyone would be shocked. It wasn't a secret that China and Russia were developing

these technologies, and indeed, it wasn't a secret that China had leapt ahead of us.

(The Chinese, bringing the same transparency they've shown regarding the origins of COVID-19, say it was just a routine space launch.)

Hypersonic missiles bringing a new element to the ever-evolving competition between missile offense and defense.

As former state department official Christian Brose notes in his book "The Kill Chain," ballistic missiles travel fast but in a predictable parabolic path. Cruise missiles, on the other hand, travel relatively slowly but are maneuverable and therefore unpredictable.

Hypersonic missiles are both unpredictable and fast – six times faster than a Tomahawk missile.

That means they are uniquely suited to defeat our missile defenses. Not only can't we counter them, we can't track them adequately at the moment.

Over the summer, the head of North American Aerospace Defense Command – yes, that's NORAD of Cold War fame – said that the new missiles would pose "significant challenges to my NORAD capability to provide threat warning and attack assessment."

The FT reports that the test missile missed its target by roughly two dozen miles. That's a significant miss but wouldn't necessarily be that much comfort if the missile were carrying a nuclear payload. And the targeting will presumably be improved – that's one reason to carry out the test in the first place.

An MIT professor told the FT that just because China tested the capability doesn't mean that it will

deploy it. But the history of expansionistic totalitarian states forbearing from fielding advanced weapons after pouring significant time and resources into developing them is not, to say the least, very encouraging.

It'd be best if we abandon all wishful thinking and admit the obvious.

We've had a zombie arms control policy focused on deals with Russia, while China has been aggressively adding new weapons and delivery systems.

We've allowed China to rob our technology and pour it into developing threats against us.

We've been much too slow in developing the next generation of weapons, including hypersonic missiles, and are modernizing our nuclear triad at a glacial pace while China is rapidly adding new capabilities.

The response to the new circumstances should reflect a Cold War-era urgency. The Biden administration has proposed more spending on hypersonic missiles, but the latest news should mean even more of an emphasis on their rapid deployment, so we can hold at risk Chinese assets and maintain our deterrence.

We should, with an eye to the growing Chinese missile threat, deploy missile-defense interceptors in Australia and more sensors in space, as well as work toward directed-energy weapons that would be the best counter to hypersonic missiles.

If we aren't going to call it a new Cold War, we must – or risk falling further behind – treat it as one.

Rich Lowry is editor of the National Review.

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FBNF2021-08595 Dimetry Tupchi, 6105 Walnut Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Tupchi Homes, TH", 6105 Walnut Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 27, 2021. Publish: October 8, 15, 22, 29, 2021  
TUPCHI 180201 10-29-21

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FBNF2021-08331 MaryAnne Povey, 6435 Almond Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "OV Live" 6435 Almond Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 17, 2021. Publish: October 8, 15, 22, 29, 2021  
OV 180201 10-29-21

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FBNF2021-08624 Jean-Pierre Rushing, 1451 Rocky Ridge Drive, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Interwest Judgment Recovery" 2386 Fair Oaks Boulevard, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 28, 2021. Publish: October 8, 15, 22, 29, 2021  
INTER 80201 10-29-21

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FBNF2021-08327 Dynamics Resources Group LLC, 1822 E Route 66, Suite 271, Glendora, CA 91740 is doing business under the Fictitious Business Name(s) "Pacific Mobile RV Repairs" 922 W Brannan Island Road, #73, Iseleton, CA 95641. Filed with the Clerk of Sacramento County September 17, 2021. Publish: October 8, 15, 22, 29, 2021  
PACIFIC 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-08546 Bigwoods Comfort Kitchen LLC, 40 Park City Court, Apartment 8208, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Bigwoods Comfort Kitchen" 40 Park City Court, Apartment 8208, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 24, 2021. Publish: October 8, 15, 22, 29, 2021  
BIG 180201 10-29-21

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FBNF2021-08403 Emily White, 6119 Carl Sandburg Circle, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Cosmo Babe" 6119 Carl Sandburg Circle, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 21, 2021. Publish: October 8, 15, 22, 29, 2021  
COSMO 180201 10-29-21

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FBNF2021-08448 Aziz Ergashev, 4500 Tynebourne Street, F206, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Giant Pizza & Subs" 2825 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 22, 2021. Publish: October 8, 15, 22, 29, 2021  
GIANT 180201 10-29-21

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FBNF2021-08580 Peter-Nam Hoang Dinh, 5412 V Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Friendly Talk Therapy" 225 30th Street, Suite 311, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 27, 2021. Publish: October 8, 15, 22, 29, 2021  
FRIEND 180201 10-29-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-08400 AB Auto Services, 5599 Hillsdale Boulevard, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "AB Tires and Auto Repair" 5599 Hillsdale Boulevard, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 21, 2021. Publish: October 8, 15, 22, 29, 2021  
AB 180201 10-29-21

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FBNF2021-07205 Monique Dunbar, 4390 47th Avenue, #218, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Represent Jesus, Satties Eve" 4390 47th Avenue, #218, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 3, 2021. Publish: October 8, 15, 22, 29, 2021  
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FBNF2021-08585 Legacy Investment Real Estate LLC, 1610 R Street, Suite 300, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Legacy Investment Real Estate" 1610 R Street, Suite 300, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 27, 2021. Publish: October 8, 15, 22, 29, 2021  
LEGACY 180201 10-29-21

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FBNF2021-08777 Wild Rose's Sweet Creations LLC, 5513 Maidstone Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Wild Rose's Sweet Creations" 5513 Maidstone Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 1, 2021. Publish: October 8, 15, 22, 29, 2021  
WILD 180201 10-29-21

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FBNF2021-08575 Allison Woods, 9767 Clemenza Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Your I.F. Coach" 5650 Whitlock Parkway, Suite 130, #2, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County September 27, 2021. Publish: October 8, 15, 22, 29, 2021  
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FBNF2021-07997 Ube Cafe LLC, 1420 O Street, Apt. 2G, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Simply Sari-Sari, Modern Sari-Sari", 1420 O Street, Apt. 2G, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 3, 2021. Publish: October 8, 15, 22, 29, 2021  
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FBNF2021-08345 Juliet Nicole Haas, 6537 Outlook Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "HAAS Studio, Curate Sacramento, Photo Studio, Westjords Wandering", 6537 Outlook Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 17, 2021. Publish: October 8, 15, 22, 29, 2021  
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FBNF2021-08775 Block Party, 1271 Washington Avenue, #450, San Leandro, CA 94577 is doing business under the Fictitious Business Name(s) "BP" 1271 Washington Avenue, #450, San Leandro, CA 94577. Filed with the Clerk of Sacramento County September 30, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-08913 Karen Dawn Counsell, 1443 Misty Sea Way, San Marcos, CA 92078 is doing business under the Fictitious Business Name(s) "Schomaker Realty" 1749 Union Street, San Francisco, CA 94123. Filed with the Clerk of Sacramento County October 5, 2021. Publish: October 22, 29 & November 5, 12, 2021  
SCHO 180201 11-12-21

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FBNF2021-08786 Kreative Future LLC, 9099 Wigmore Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Kreative Future Trucking", 9099 Wigmore Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County October 1, 2021. Publish: October 15, 22, 29 & November 5, 2021  
KREATIVE 180201 11-5-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-08937 Premier Fencing Academy LLC, 6442 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Premier Fencing Academy" 3732 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 6, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-08794 Kristiyan Hristov, 7601 Kreth Road, Fair Oaks, CA 95628 and Premier Fencing Academy LLC, 6442 Fair Oaks Boulevard, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Premier Fencing Academy" 3732 Auburn Boulevard, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 4, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-08594 Kat Plamondon, 4046 Minnesota Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "It's Official Notaries" 4046 Minnesota Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 27, 2021. Publish: October 15, 22, 29 & November 5, 2021  
ITS 180201 11-5-21

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FBNF2021-08841 Serge Tverdiy, 5045 Harrison Street, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "I-Deal Trucks" 7606 Folsom Boulevard, #102, Sacramento, CA 95826. Filed with the Clerk of Sacramento County October 4, 2021. Publish: October 15, 22, 29 & November 5, 2021  
I-DEAL 180201 11-5-21

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FBNF2021-08902 Christopher Faulkner, 2925 Burnece Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Patch Lighting" 2925 Burnece Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 5, 2021. Publish: October 15, 22, 29 & November 5, 2021  
PATCH 180201 11-5-21

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FBNF2021-08816 Makinzi Noelle Hanie, 179 A Street, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Central Valley Diamond Blade Supply" 179 A Street, Galt, CA 95632. Filed with the Clerk of Sacramento County October 4, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-08601 Yasser Mahtouz, 70 Cakebread Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Pinetown Real Estate" 70 Cakebread Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 28, 2021. Publish: October 15, 22, 29 & November 5, 2021  
PINETOWN 180201 11-5-21

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FBNF2021-08861 Euphoria Grace Group of Companies Inc., 8677 Nemea Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Euphoria Grace Transportation" 8677 Nemea Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County October 4, 2021. Publish: October 15, 22, 29 & November 5, 2021  
EUPHORIA 180201 11-5-21

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FBNF2021-08772 Andrea D. Stribling, 7943 Reindner Way, Sacramento, CA 95823 and Crystal N. Anthony, 1675 Wakefield Way, Sacramento, CA 95822 are doing business under the Fictitious Business Name(s) "Kuryy BAE, Kuryy, Beautiful and Empowered" 7943 Reindner Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 30, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-08901 BPP Exchange, 5409 Palm Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "BPP Exchange, BPP Exchange Corporation" 5409 Palm Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 5, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-08989 Verified Entities, Inc., 8848 Saifish Bay Circle, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Verified Realty, Verified Signings, Verified Digital, Verified Insurance, Verified Staffing" 8848 Saifish Bay Circle, Sacramento, CA 95828. Filed with the Clerk of Sacramento County October 7, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-09036 Susanne Tooman, 3827 43rd Avenue, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Ink Black Cat Apothecary" 3827 43rd Avenue, Sacramento, CA 95824. Filed with the Clerk of Sacramento County October 7, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-08545 Advantage Hospitality, LLC, 20 Advantage Court, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Hilton Garden Inn, Hilton Garden Inn Sacramento Airport" 20 Advantage Court, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 24, 2021. Publish: October 15, 22, 29 & November 5, 2021  
HILTON 180201 11-5-21

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FBNF2021-08547 WFP Hospitality, LLC, 9175 W. Stockton Boulevard, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Holiday Inn Express & Suites Elk Grove, Holiday Inn Express Elk Grove" 9175 W. Stockton Boulevard, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County September 24, 2021. Publish: October 15, 22, 29 & November 5, 2021  
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FBNF2021-07836 Jose Estevez Reynoso & Marlene Barba Perez, 5830 41st Street, Sacramento, CA 95824 are doing business under the Fictitious Business Name(s) "Carwash Mobil el Primo", 5830 41st Street, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 26, 2021. Publish: October 22, 29 & November 5, 12, 2021  
CARWASH 18020 11-12-21

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FBNF2021-09104 Velez-Jaeger Mortgage Holding Inc., 5790 Oak Creek Place, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Premier Realty & Lending, Premier Realty & Lending Group" 133 Ashcat Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 13, 2021. Publish: October 22, 29 & November 5, 12, 2021  
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FBNF2021-09145 Hayward Corp., 2516 Las Casas Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Haywood Corp" 2516 Las Casas Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 14, 2021. Publish: October 22, 29 & November 5, 12, 2021  
HAYWOOD 180201 11-12-21

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FBNF2021-09155 Euphoria Grace Group of Companies Inc., 8677 Nemea Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Euphoria Grace Motors" 3801 Florin Road, Suite 112, Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 14, 2021. Publish: October 22, 29 & November 5, 12, 2021  
EUPH 180201 11-12-21

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FBNF2021-09054 Joshua Keaney, 7782 Greenridge Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Twin Rivers Therapy" 1024 Iron Point Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 12, 2021. Publish: October 22, 29 & November 5, 12, 2021  
TWIN 180201 11-12-21

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SINGH 180201 11-12-21

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FBNF2021-08610 Michael Schaefer, 144 Hazelmere Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "NoCal White Crane, Flying Crane Designs" 144 Hazelmere Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 28, 2021. Publish: October 22, 29 & November 5, 12, 2021  
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FBNF2021-08190 Oksana Chigirina, 6817 Westmore Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Senior Placement Plus" 6817 Westmore Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 13, 2021. Publish: October 22, 29 & November 5, 12, 2021  
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FBNF2021-08844 All Building and Property Services, Inc (Nevada), 364 Terrace View Drive, Staleine, NV 89449 is doing business under the Fictitious Business Name(s) "Moretti Exterior Services" 364 Terrace View Drive, Staleine, NV 89449. Filed with the Clerk of Sacramento County October 4, 2021. Publish: October 22, 29 & November 5, 12, 2021  
MORET 180201 11-12-21

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FBNF2021-09096 44 Elits Catering and Company LLC, 7999 Skeena Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "The Hog's Rack Premium BBQ Sauce" 7999 Skeena Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County October 13, 2021. Publish: October 29 & November 5, 12, 19, 2021  
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ZEN 180201 11-19-21

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FBNF2021-08825 Frank Eugene Solorzano Sr., 4201 Boone Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Solo Forklift Equipment Service" 4201 Boone Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 4, 2021. Publish: October 29 & November 5, 12, 19, 2021  
SOLO 180201 11-19-21

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JEST 180201 11-19-21

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BUBB 180201 11-19-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-09291 True Construction Services, 2570 Romany Road, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "True Construction Services" 2570 Romany Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 19, 2021. Publish: October 29 & November 5, 12, 19, 2021  
TRUE 180201 11-19-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-09233 Felipe Abraham Juarez, 4033 McClain Way, Apt. 86, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Jaham Construction" 4033 McClain Way, Apt. 86, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 18, 2021. Publish: October 29 & November 5, 12, 19, 2021  
JAHAM 180201 11-19-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-08913 Karen Dawn Counsell, 1443 Misty Sea Way, San Marcos, CA 92078 is doing business under the Fictitious Business Name(s) "Schomaker Realty" 1749 Union Street, San Francisco, CA 94123. Filed with the Clerk of Sacramento County October 5, 2021. Publish: October 22, 29 & November 5, 12, 2021  
SCHO 180201 11-12-21

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2018-06083 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of "Kuryy BAE, Kuryy, Beautiful and Empowered" located at 8901 Laguna Springs Way, Elk Grove, CA 95758. Andrea D. Stribling, 7943 Reindner Way, Sacramento, CA 95823 and Mauresha D. Smith, 8901 Laguna Springs Way, Elk Grove, CA 95758. The Fictitious Business Name Statement referred to above was filed on July 25, 2018 in the County of Sacramento. Publish: October 15, 22, 29 & November 5, 2021  
BAE 17070 11-5-21

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2020-02675 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of "Ramnask Dweep Ramayan Mandali" located at 1520 Nogales Street, Sacramento, CA 95638. Damodar Prasad and Lakshmi Prasad Kashyap, 1520 Nogales Street, Sacramento, CA 95638. The Fictitious Business Name Statement referred to above was filed on April 16, 2020 in the County of Sacramento. Publish: October 15, 22, 29 & November 5, 2021  
RAMNEEK 17070 11-5-21

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2018-08185 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of "Weather or Not Hauling, Hauls "R" Us" located at 9184 Starina Way, Sacramento, CA 95826. Lauren Toney, 9184 Starina Way, Sacramento, CA 95826. The Fictitious Business Name Statement referred to above was filed on October 10, 2018 in the County of Sacramento. Publish: October 15, 22, 29 & November 5, 2021  
WEATHER 17070 11-5-21

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FBNF2021-07833 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of "Twin Rivers Therapy" located at 5645 Marconi Avenue, Carmichael, CA 95608. Joshua Keaney, 7782 Greenridge Way, Fair Oaks, CA 95628. The Fictitious Business Name Statement referred to above was filed on August 26, 2021 in the County of Sacramento. Publish: October 22, 29 & November 5, 12, 2021  
TWIN 17070 11-12-21

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00307870

Jannet Visochin Epishin has filed a petition with this court for a decree changing the name(s) of Jannet Visochin Epishin to Zhanna Epishin. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 9, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 15, 2021  
Christopher E. Krueger, Judge of the Superior Court  
EPISHIN 180101 10-29-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2018-00242111-CU-PT-GDS  
Bradley Alan MacKenzie has filed a petition with this court for a decree changing the name(s) of Bradley Alan MacKenzie to Bradley Allen Hargan. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on November 9, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 15, 2021  
Shama H. Mesiwala, Judge of the Superior Court  
MACK 180101 10-29-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00307679  
Stella Elice Perez has filed a petition with this court for a decree changing the name(s) of Stella Elice Perez to Stella Elice Perez McIntosh. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on November 3, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 10, 2021  
Shama H. Mesiwala, Judge of the Superior Court  
PEREZ 180101 10-29-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00308105  
Stefana Elizabeth Torrey has filed a petition with this court for a decree changing the name(s) of Stefana Elizabeth Torrey to Stefana Young Messina. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 10, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 17, 2021  
Christopher E. Krueger, Judge of the Superior Court  
TORREY 180101 10-29-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00308695  
Inderdeep Singh has filed a petition with this court for a decree changing the name(s) of Inderdeep Singh to Inderdeep Singh Khehra. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on November 18, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 17, 2021  
Christopher E. Krueger, Judge of the Superior Court  
SINGH 180101 11-5-21

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### ORDER TO SHOW FOR CHANGE OF NAME

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309311**

Franci Conchada Ortega has filed a petition with this court for a decree changing the name(s) of Francos Conchada Ortega to Francis Vaughn Archangel.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on December 1, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 6, 2021  
Shama H. Mesiwala, Judge of the Superior Court  
Publish: October 22, 29 & November 5, 12, 2021  
ORTEGO 180101 11-12-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309299**

Robert Christopher Lasley has filed a petition with this court for a decree changing the name(s) of Robert Christopher Lasley to Justise Robert-Chrisopher Lasley.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on December 1, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 5, 2021  
Shama H. Mesiwala, Judge of the Superior Court  
Publish: October 22, 29 & November 5, 12, 2021  
LASLEY 180101 11-12-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309638**

Patrick Timothy Olyphant has filed a petition with this court for a decree changing the name(s) of Patrick Timothy Olyphant to Patrick Timothy Byrd.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on November 18, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 24, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 22, 29 & November 5, 12, 2021  
OLIPH 180101 11-12-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309547**

NancyLynn Truss-Akmal has filed a petition with this court for a decree changing the name(s) of NancyLynn Truss-Akmal to Nancy L. Truss.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 8, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 12, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
TRUSS 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309525**

Sean Bruno Bery has filed a petition with this court for a decree changing the name(s) of Sean Bruno Bery to Sean Ballou.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 8, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 8, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
BALLOU 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309530**

Moussa Demba has filed a petition with this court for a decree changing the name(s) of Khadijetou Kah to Khadijetou Demba.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 8, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 12, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
DEMBA 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309400**

Delayna Jane Reeve has filed a petition with this court for a decree changing the name(s) of Delayna Jane Reeve to Delayna Jane Albreve.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on December 7, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 7, 2021  
Shama H. Mesiwala, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
ALBREEVE 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309402**

Seth David Albrecht has filed a petition with this court for a decree changing the name(s) of Seth David Albrecht to Seth David Albreve.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 7, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 7, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
ALBREEVE 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309820**

Nelly Chinyere R Osoji has filed a petition with this court for a decree changing the name(s) of Nelly Chinyere R Osoji to Jasmine Chinyere Osoji.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 15, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 18, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
OSUJI 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309566**

Oleksandr Yuskyn has filed a petition with this court for a decree changing the name(s) of Oleksandr Yuskyn to Alex Yuskyn, Viktoria Yuskyn to Victoria Yuskyn, Khrystyna Yuskyn to Christina Yuskyn.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on December 8, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 12, 2021  
Christopher E. Krueger, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
YUSKIN 180201 11-19-21

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00309771**

Lee Ryan Kent has filed a petition with this court for a decree changing the name(s) of Lee Ryan Kent to Ryan Lee Kent.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on December 14, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 15, 2021  
Shama H. Mesiwala, Judge of the Superior Court  
Publish: October 29 & November 5, 12, 19, 2021  
KENT 180201 11-19-21

**CHANGE OF NAME TO CONFORM TO GENDER IDENTITY**

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME TO CONFORM TO GENDER IDENTITY  
#34-2021-00309313**

Olivia Lauren Zanzonico has filed a petition with this court for a decree changing the name(s) of Olivia Lauren Zanzonico to Ollie Zanzonico.

THE COURT ORDERS that any person objecting to the name changes described above must file a written objection that includes the reasons for the objection within six weeks of the date this order is issued. If no written objection is timely filed, the court will grant the petition without a hearing. A hearing date may be set if an objection is timely filed and shows good cause for opposing the name change. Objections based solely on concerns that the proposed name change is not the person's actual gender identity or gender assigned at birth shall not constitute good cause. (See Code Civ. Proc. §1277.5(c).)

Dated: October 6, 2021  
Publish: October 22, 29 & November 5, 12, 2021  
ZANZ 180101 11-12-21

**NOTICE OF PETITION TO ADMINISTER ESTATE**

**NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM JOSEPH BOEHM  
CASE No. 34-2021-00299065**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of William Joseph Boehm deceased. A Petition for Probate has been filed by Amanda K. Wilcox, in the Superior Court of California, County of Sacramento, appointing Amanda K. Wilcox as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 10, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Amanda K. Wilcox 25293 Perdido Beach Boulevard, #21, Orange Beach, AL 36651 916-370-9909  
Publish: October 22, 29 & November 5, 2021  
ZANZ 17062 11-5-21

**NOTICE OF PETITION TO ADMINISTER ESTATE OF PRESTON LEWIS  
CASE No. 34-2021-00309346**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Preston Lewis deceased. A Petition for Probate has been filed by Brenda Faye Homer and Verinda Kay Lewis, in the Superior Court of California, County of Sacramento, requesting Brenda Faye Homer be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 10, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Amanda K. Wilcox 25293 Perdido Beach Boulevard, #21, Orange Beach, AL 36651 916-370-9909  
Publish: October 22, 29 & November 5, 2021  
ZANZ 17062 11-5-21

**NOTICE OF PETITION TO ADMINISTER ESTATE OF PRESTON LEWIS  
CASE No. 34-2021-00309346**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Preston Lewis deceased. A Petition for Probate has been filed by Brenda Faye Homer and Verinda Kay Lewis, in the Superior Court of California, County of Sacramento, requesting Brenda Faye Homer be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 10, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Amanda K. Wilcox 25293 Perdido Beach Boulevard, #21, Orange Beach, AL 36651 916-370-9909  
Publish: October 22, 29 & November 5, 2021  
ZANZ 17062 11-5-21

**NOTICE OF PETITION TO ADMINISTER ESTATE OF PRESTON LEWIS  
CASE No. 34-2021-00309346**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Preston Lewis deceased. A Petition for Probate has been filed by Brenda Faye Homer and Verinda Kay Lewis, in the Superior Court of California, County of Sacramento, requesting Brenda Faye Homer be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 10, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Amanda K. Wilcox 25293 Perdido Beach Boulevard, #21, Orange Beach, AL 36651 916-370-9909  
Publish: October 22, 29 & November 5, 2021  
ZANZ 17062 11-5-21

**NOTICE OF PETITION TO ADMINISTER ESTATE OF PRESTON LEWIS  
CASE No. 34-2021-00309346**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Preston Lewis deceased. A Petition for Probate has been filed by Brenda Faye Homer and Verinda Kay Lewis, in the Superior Court of California, County of Sacramento, requesting Brenda Faye Homer be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 10, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Amanda K. Wilcox 25293 Perdido Beach Boulevard, #21, Orange Beach, AL 36651 916-370-9909  
Publish: October 22, 29 & November 5, 2021  
ZANZ 17062 11-5-21

**NOTICE OF PETITION TO ADMINISTER ESTATE OF PRESTON LEWIS  
CASE No. 34-2021-00309346**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Preston Lewis deceased. A Petition for Probate has been filed by Brenda Faye Homer and Verinda Kay Lewis, in the Superior Court of California, County of Sacramento, requesting Brenda Faye Homer be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 10, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Amanda K. Wilcox 25293 Perdido Beach Boulevard, #21, Orange Beach, AL 36651 916-370-9909  
Publish: October 22, 29 & November 5, 2021  
ZANZ 17062 11-5-21

If you are interested in the estate, you may file with this court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael S. Cashman 3705 Haven Avenue, Suite 136, Menlo Park, CA 94025 650-319-6810  
Publish: October 22, 29 & November 5, 2021  
LEWIS 17062 11-5-21

**NOTICE OF PETITION TO ADMINISTER ESTATE OF JOAN JASTRAUB CONLEY  
CASE No. 34-2021-00300449**

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Joan Jastraub Conley deceased. A Petition for Probate has been filed by Alan Conley, in the Superior Court of California, County of Sacramento, requesting Alan Conley be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: January 13, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Brian Geremia 10630 Mather Boulevard, Mather, CA 95655 916-313-3030  
Publish: October 29 & November 5, 12, 2021  
CONLEY 17062 11-12-21

**SUMMONS (FAMILY LAW)**  
CASE NUMBER: (Numero del Caso): 17 FL02790

**NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): WESSAM GALAL MANSOUR**

YOU HAVE BEEN SUED. Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): ASMAA SHALABY.

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp). At the California Legal Services website (www.lawhelpcalifornia.org) or by contacting your local county bar association.

Usted tiene 30 DIAS CALENDARIO después de que se le presente esta Citaación y Petición para presentar una Respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparencia ante el tribunal no lo protegerá. Si no presenta su Respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Ayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp) en el sitio web de Servicios Legales de California (www.lawhelpcalifornia.org) comunicándose con el conolego de abogados de su condado local.

**NOTICE: RESTRAINING ORDERS ARE ON PAGE 2:** These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

**AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2:** Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

**FEE/WAIVER:** If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

**EXENCIÓN DE TARIFAS:** Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): WILLIAM R. RIDGEWAY FAMILY RELATIONS COURTHOUSE, 3341 POWER INN ROAD, SACRAMENTO, CA 95826

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): ASMAA SHALABY, 8732 FAIR OAKS BOULEVARD, APT. #10, CARMICHAEL, CA 95608  
Date: (Fecha) 5/18/2017  
Phone: 916-917-0009  
By: ROB KLOTZ, Clerk of Court  
D. JACKSON, Deputy  
STANDARD FAMILY LAW RESTRAINING ORDERS Starting immediately, you and your spouse or domestic partner are restrained from: 1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court; 2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children; 3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and 4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party. You must notify each other of any proposed

**SUMMONS (FAMILY LAW)**  
CASE NUMBER: (Numero del Caso): 17 FL02790

**NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): WESSAM GALAL MANSOUR**

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Phone: 916-917-0009  
By: ROB KLOTZ, Clerk of Court  
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# Oyango Snell to Lead Local United Way as New Board Chair



**Oyango Snell is the New Board Chair for United Way.**  
Photo: Thébaud Communications

**By Kristin Thébaud Communications, Thébaud Comm.**

**SACRAMENTO REGION, CA (MPG)** - Oyango Snell of West Sacramento will lead United Way California Capital Region into its 100th anniversary year as chair of the local non-profit's board of directors. Snell was elected to the position in July.

"My work with local United Way organizations began as a project manager in the 1990s in Central Ohio where we worked

to improve neighborhoods through economic development and human services," Snell said. "I couldn't be more humbled and proud to lead a group of passionate and dedicated community leaders in the California capital region as we work together alongside talented, committed staff and stakeholders to advance our commitment to end poverty and provide our youth with endless opportunities for success."

Snell serves as senior vice president, general counsel and corporate secretary for the Western States Petroleum Association. Prior to that position, he served as chief legislative and regulatory counsel in multiple states representing the Property Casualty Insurers Association of America and worked in state government relations in the public and private sectors in Columbus, Ohio. He

earned his law degree at The Ohio State University, MBA from Franklin University in Columbus and bachelor's degree from Central State University, a historically Black college in Wilberforce, Ohio.

"Oyango helped lead United Way through the unexpected challenges of the pandemic last year as our board vice chair," said Amber Lovett, interim president and CEO, United Way California Capital Region. The board also elected Ruth Miller, retired from Wraith Scarlett and Randolph Insurance Services in Woodland, as board vice chair and added new member Jason Clarke from Enterprise Rent-A-Car. Dave Bowen, retired from Deloitte, will continue as treasurer, and Steve Lins of SMUD will serve as immediate past chair.

For more information or to make a donation, visit [YourLocalUnitedWay.org](http://YourLocalUnitedWay.org) ★



**By Marlys Johnsen Norris, Christian Author**

It appears in today's world that there are too many people who are anxious to go there. They disregard and have no respect for the laws of God or of the laws of the land. The only one they think about is - themselves, I, Me, My and Mine! **Do those people really know anything about the place called Hell?** Probably not! They create their own hell on earth but it is not anything like the hell God has prepared for the Devil and His Angels. And as well for those who choose not to believe in the miraculous Creator/God of all that is. Hell is a place of eternal torment and continuous pain and suffering. Why would anyone choose or even want to make it their eternal home when they leave this earth?

"For a fire is kindled in

## Hell Is Ready And Waiting!!!

mine anger, and shall burn into the lowest hell; and shall consume the earth with her increases, and set on fire the foundations of the mountains." (Deut 32:22)

Don't we see fires burning these days everywhere on this earth?

**In the last days before Christ's return we shall hear of wars as nation rises against nations. There will be famines, pestilences and earthquakes in diverse places. It will be times of war and the beginning of sorrows. Those of faith will be hated. False profits will arise and deceive many. The Gospel of Jesus Christ will be preached in all the world. It is already happening today with Christian television programs? There will arise false Christs, and false prophets and they shall show great signs and wonders, insomuch that if it were possible, they shall deceive the very elect. (Mathew 6-8, 24)**

Hells door is open for those who - Ignore the fact

that a magnificent God created everyone and everything. Plus the fact that He spoke to men and women of old and some wise men created a book called the Holy Bible. A book that is full of stories about His chosen people and how they lived their lives in times of struggle and blessing. Countless Words of wisdom, facts and promises for those who read and will follow its precepts. Blessings given by God who loves every single person borne on planet earth.

A loving God who has provided the gifts of grace, mercy and forgiveness to those who will accept His Beloved Son who willingly went to the Cross and died to wash away all their sins. (John 3:16)

**Marlys Johnsen Norris**  
Christian Author of 7 Books  
ARM Columnist since 2006  
Stephen's Minister  
Marlysjn@gmail.com  
PO Box 114,  
Orangevale, CA 95662 ★

## Local Classified

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"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"

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**Guitar:** rock, folk, blues, classical  
**Voice:** all styles  
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Steve@steveestabrook.com  
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WE ACCEPT VISA & MASTER CARD  
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# WEEKLY COMICS

## Amber Waves



by Dave T. Phipps

## The Spats



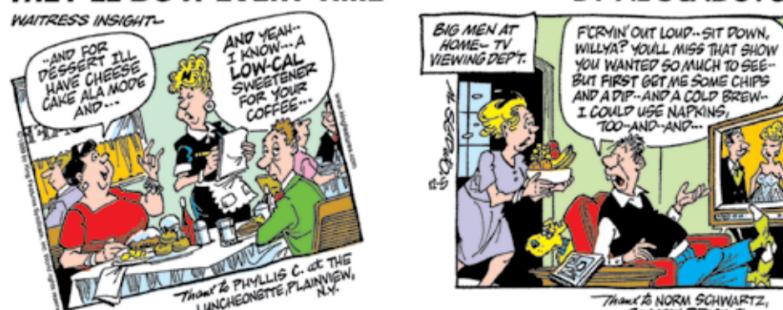
by Jeff Pickering

## Out on a Limb



by Gary Kopervas

## THEY'LL DO IT EVERY TIME



BY AL SCADUTO

## R.F.D.



by Mike Marland



OUTDOOR ORATORY... DEATHLESS PROSE DEPT... NOW YOU HEAR IT... NOW YOU DON'T... Thank to ARTIE INGRAM, RALEIGH, N.C.

## GRIN and BEAR IT



## LAFF-A-DAY



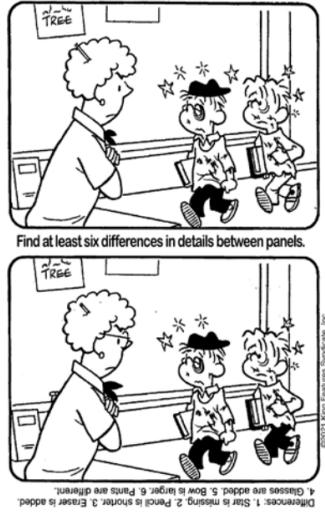
## Just Like Cats & Dogs

by Dave T. Phipps



## HOCUS-FOCUS

BY HENRY BOLTIHOFF



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Limit 1 Coupon per family  
Effective 10/27/21 - 11/2/21

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Effective 10/27/21 - 11/2/21

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Effective 10/27/21 - 11/2/21

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### FELINE PINE HEALTHY CAT LITTER

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Effective 10/27/21 - 11/2/21

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### CHICKEN SOUP FOR THE SOUL DRY DOG FOOD

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BONUS COUPON

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BONUS COUPON

### JONNY CAT CAT LINERS

Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon **\$2.09** CHM PLU 449  
Price Valid Only With Coupon Effective 10/27/21 - 11/2/21

## Ask Toni

### Questions About Turning 65, Still Working And Enrolling in Medicare



Toni King

**Hello Toni:**  
You were referred to me as a resource that can answer questions I have about enrolling in Medicare. I am turning 65 this January and have not discovered what I should do. Do I begin my Medicare since I am still working or wait?

Thinking of retiring next summer, do I stay on COBRA or enroll in a Medicare plan? What happens if I get another job? Friends and co-workers tell me one thing about Medicare. Information and the massive amount of telemarketing calls I am receiving are telling me something else.

I am confused at where I should begin. I am sure there are others in Medicare land, who also need answers to these worrisome, yet semi-simple Medicare questions.

~ Thanks, Terry, Orlando, FL

Terry:

Our motto at the Toni Says® office is that "your Medicare needs are not the same as your friends," so discussing your Medicare wants and needs with those who do not know Medicare's specific rules, can only confuse you. Below are a few Medicare questions you asked about, which we discuss during a Toni Says® Medicare consultation.

**1. Is the Medicare enrollment process automatic?**

**1. Answer:** Medicare enrollment is automatic only if you have already claimed Social Security benefits by the time you turn 65. When not receiving your Social Security check, you will not receive your Medicare card and will need to apply online if you are not working full-time with employer benefits.

Failing to sign up at the right time is costly especially after 65 and leaving employer benefits. Read question 3 of this article when leaving employer health benefits past 65 and need to enroll in Medicare Part A and B properly. You will want to file CMS-L564 with Social Security.

**2. Should I enroll in Medicare even if offered COBRA health insurance when I leave my job?**

**2. Answer:** Yes. Enroll in Medicare. Although you might need COBRA to cover a spouse or dependent child, Medicare should be your primary insurance coverage once you are 65 or older and not "working full-time" with company benefits. You will want to enroll in Medicare Parts A and B. Explore which options is best for your Medicare situation either a Medicare Supplement that works with "Original Medicare" and a stand-alone Medicare Part D plan or a Medicare Advantage plan with Medicare Part D prescription drug coverage

In today's health insurance world, many COBRA health plans will allow the COBRA retiree who has Medicare Parts A and B to opt out of the COBRA plan, while the family remains on COBRA.

**3. What if I become unemployed or retire, enroll in Medicare, and then go back into a full-time job?**

**3. Answer:** If your new employer provides health insurance, you can disenroll from Medicare Part B by contacting your local Social Security office and request the form to delay your Medicare Part B because you now have medical benefits provided by your or your spouse's current employer.

You can re-enroll when you finally retire without paying late enrollment penalties by having your employer sign and file CMS-L564 "Request for Employment Information" form with Social Security.

For a Medicare Checkup call the Toni Says® Medicare call center at 832/519-8664 regarding your Medicare plans and options or email [info@tonisays.com](mailto:info@tonisays.com).

**2021 Confused about Medicare Annual Enrollment Zoom** online webinar is Wednesday, November 17th at 4:00 PM. Visit [www.tonisays.com](http://www.tonisays.com) to sign up for Toni's new Zoom online webinar event.

**Medicare Open Enrollment Special:** \$10 discount to the Toni Says® readers on the 2021 Medicare Survival Guide® Advanced book at [www.tonisays.com](http://www.tonisays.com). ★

## Social Security Matters Is Taxing Social Security Fair?



By Russell Gloor, AMAC Certified Social Security Advisor



allowed up to 85% of SS benefits to be taxed for single filers who earned more than \$34,000 and for married filers earning more than \$44,000.

**Dear Rusty:** Taxing Social Security benefits isn't fair. It would benefit everyone if seniors could earn as much as possible without having their Social Security taxed. We would still be paying into Social Security which would help the fund. I also feel that all people earning over \$100,000 should pay into Social Security because they can afford it. This would help fund Social Security without hurting anyone financially. Many seniors are struggling financially and should be able to earn as much as we can without a portion of our Social Security being taxed.

**Signed: Overtaxed Senior**

**Dear Overtaxed Senior:** Few would argue that paying income tax on Social Security benefits is fair. Nevertheless, Congress enacted taxation of Social Security benefits in 1983 as part of a reform package which restored Social Security to solvency at the time. When the law was first enacted, 50% of SS benefits were taxable for single tax filers who earned more than \$25,000 and for married couples who earned more than \$32,000. That was the law until 1993 when Congress added another threshold for both single and married filers. The 1993 law

further taxing higher earners would not fully resolve Social Security's current financial issues. Social Security's Trustees predict that monthly benefits are at risk of reduction starting in 2034 unless Congress acts to reform the program. Eliminating income tax on benefits is one of many suggestions now being considered in reform proposals, as is increasing (or eliminating) the payroll tax cap. Whether Congress will include either of those suggestions in future Social Security reform legislation is anyone's guess.

So, while we agree that levying income tax on Social Security benefits amounts to "double taxation" (because you also pay income tax on your earnings used to qualify for Social Security), taxing your Social Security income is, nevertheless, permitted under current law. As unpalatable as that law may be, and as unfortunate the effect is on struggling seniors, the AMAC Foundation can only offer guidance on how existing Social Security laws and regulations affect those who contact us. However, our parent company, the Association of Mature American Citizens, is very well aware that paying income tax on Social Security "isn't fair" and regularly lobbies Congress on that topic.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA).* ★



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**MPG**



**CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC HEARING**

NOTICE is hereby given that on **November 10, 2021 at 7:00 p.m.**, or as soon thereafter as the matter may be heard, the **City Council** of the City of Citrus Heights will hold a Public Hearing at the Citrus Heights Council Chambers located at 6360 Fountain Square Drive, Citrus Heights, CA, for the consideration of the project listed below.

**Project Name:** Sunrise Tomorrow Specific Plan

**Project Location:** The project is located at the Sunrise Mall site (6041 Sunrise Boulevard). The ±95.8-acre project site is composed of 7 parcels, identified as Assessor's Parcel Numbers (APNs) 243-0192-012, -013, -014, -015, -016, -017, -018 located at the southeast corner of Greenback Lane and Sunrise Boulevard.

**Project Description:** Adoption of the Specific Plan would allow for the following mix of uses:

- Residential Units – 2,200
- Office – 960,000 Square Foot (SF)
- Hotel Rooms – 480
- Community/Institutional- 450,000 SF
- Retail 320,000 SF
- Open Space -25 +/- Acres

The Project would allow for the construction of a new traffic signal on Sunrise Boulevard, frontage improvements, a new transit center, landscaping, internal roadways and associated infrastructure as identified in the Specific Plan.

The City Council will be considering the following recommendations from the Planning Commission:

- Adoption and Certification of an Environmental Impact Report for the project including Statement of Overriding Considerations, Findings of Fact, and Mitigation Monitoring and Reporting Program
- Approval of the Sunrise Tomorrow Specific Plan including a General Plan Amendment to change the land use designation of the entire Plan Area from General Commercial to Marketplace Mixed Use and Rezone the property from Shopping Center to Special Planning Area. For more information see: <https://www.citrusheights.net/1009/Sunrise-Mall-Specific-Plan>

**Environmental Determination:** An Environmental Impact Report (EIR) was prepared for the project and circulated for public review as required by CEQA. The City Council will consider adoption of the EIR, Statement of Overriding Considerations, Findings of Fact and Mitigation Monitoring and Reporting Program. Interested parties may view the EIR and associated materials at <https://www.citrusheights.net/1071/Sunrise-TomorrowEnvironmental-Review>

Interested persons are invited to submit written comments prior to and may testify at the Public Hearing. **Written comments may be submitted to Amy Van, City Clerk, 6360 Fountain Square Drive, Citrus Heights, CA 95621.** If the matter is continued for any reason to a later date, written comments and public testimony will be accepted until the close of the final Public Hearing. All comments will be considered by the Approving Authority. To view a copy of the City Council full agenda, please visit [www.citrusheights.net/agendacenter](http://www.citrusheights.net/agendacenter)

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk at (916) 725-2448. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. TTY/TDD users with questions or comments can call the California Relay Service by dialing 7-1-1.

Citrus Heights Messenger 10-29-2021

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# Food Drive Breaks Records!



Several scout troops cooperated with football teams and volunteers for this year's food drive at Divine Savior Catholic Church in Orangevale. Photo provided by Junie Baldonado



Thanks to Fair Oaks and Orangevale community members, the 2nd Annual "Drive-Thru" Food Drive inspired many to this generous occasion, helping to alleviate the demand for food which remains at an all-time high. Photo provided by Junie Baldonado



The Casa Roble Rams football team was able to collect over 12k items for this year's food drive. Photo provided by Junie Baldonado

By MaryAnne Povey

**ORANGEVALE, CA (MPG)** - They did it again! This community comes together like no other when it comes to caring for others! On Saturday, October 9th, the 2nd Annual "Drive-Thru"

Food Drive hosted at Divine Savior Catholic Church was off the hook in donations and community spirit bringing in a record 19k pounds of food and over \$4,500 in monetary donations! This comes at a time when the demand for food is still at an

all-time high. The requests for services have increased 200% over the past 18 months.

"It could have been called the Super Bowl of Food Drives," said Community Food Drive Coordinator and Divine Savior Parishioner Marcus Arnold, "I'm blown away by the tremendous giving and generosity of this community."

This year's record-breaking success was due to the collaboration of five churches, three football teams, an elementary school, three scout troops and a host of volunteers! The key players included Divine Savior, First Baptist OV, Redeemer Covenant, the Life Center and Fair Oaks Presbyterian. The football teams from Casa Roble, Bella Vista and Del Campo competed to see who could collect the most food. The Casa Rams won handily bringing in over 12k items, weighing approximately 5k lbs! Trajan Elementary School also joined in the giving creating their own school competition. Along with that, local first responders from the California Highway Patrol, Sacramento County Police and Sacramento Metropolitan Fire District came to show their support as well!

"At the end of that long, exhausting but rewarding day, I cracked my adult beverage and literally cried tears of joy," Marcus reflected, "how wonderful to be part of something like this, to see such an outpouring of love and generosity is a gift in itself."

For anyone interested in volunteering or donating to the Orangevale-Fair Oaks Foodbank, go to their website at [www.orangevale-foodbank.org](http://www.orangevale-foodbank.org) ★

# Get Fit to the Beat at Rebel Rhythm Cycle!



Amy Schaffner is owner of new fitness center Rebel Rhythm Cycle, located at 9224 Greenback Lane. Photo by Tim Engle

By MaryAnne Povey

**ORANGEVALE, CA (MPG)** - Are you stressed? The world got you down? Feel like you're spinning your wheels and going nowhere? What if I told you that in 45 minutes you could go from stressed to blessed? Well, you can! And you don't have to go far to do it! Meet Amy Schaffner, fitness guru and owner/instructor of Rebel Rhythm Cycle, located at 9224 Greenback Lane. Amy's passion for fitness over the past 33 years has brought her to opening her very first indoor cycle business in Orangevale!

For years Amy worked in the surrounding communities like Folsom, Roseville, Rocklin and Downtown Sacramento and often pondered, "Why don't we have something closer? Besides a few yoga places, why aren't there any fitness boutiques in the area?"

Moved to fill that fitness void, Amy found a place to call her own in Orangevale (adjacent to La Placita) and opened her doors in April 2021. She joined the Orangevale Chamber of Commerce and quickly immersed herself into the community, participating in Food Truck Fridays, OV Farmer's Market and recently hosted a Chamber mixer hoping to get the word out about her new business.

"Cycling is one of those great low impact ways to get fit," Amy shared, "We serve people of all ages and fitness levels. Our youngest member is nine years old and our oldest is 70, and just celebrated her one year anniversary of having double hip

replacement! She's simply amazing!"

The class setting is unique in that it is cozy – the lights are candlelight dim, the music is fun and you ride to the rhythm of the beat. Amy or one of her other instructors will lead you to a place that changes your mood, lifts your spirits and gets those endorphins flowing.

It's a total body workout, where everyone works at their own pace with no monitors or competition. The secret to the class is the resistance—if you want to make it harder you turn the resistance up or if you are a beginner you turn it down.

Amy offers classes 7 days a week, with the earliest class starting at 5:45 am and the last class starting at 5:30 pm in the evening. There are classes in between too! For those weekend warriors, there's a Savage Sunday class for those seeking a more advanced level class. Although she has room for 20, most classes range from 4 to 12 participants.

If you've been putting off getting in shape, there's never a better time than now. Come discover the best version of yourself mentally and physically. Amy offers a FREE first class, and a variety of membership packages tailored to fit your budget and fitness needs. A single drop-in class is \$16, but if you buy a package, it works out to be about the same as getting a cup of coffee these days!

For information on about Rebel Rhythm, go to the website at [www.https://rebel-rhythmcycle.com](http://www.https://rebel-rhythmcycle.com) or call 916.790.8816. ★

## The Exciting New World of Snap On Dentures!

**There are millions of people...**  
in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

**Now there is a solution to these issues: Implants with "Snap On" Dentures!**

**Northridge Dental**  
Formerly Carmichael Dental Group  
[www.YourCarmichaelDentist.com](http://www.YourCarmichaelDentist.com)  
**916-944-1197**

**WE MOVED!**

**\$1,200.0ff**  
2 Implants with attachments to a Denture  
Offer Expires 11/31/21

**Our New Address:**  
**6600 Madison Ave., Ste 4B**  
**Carmichael, CA 95608**