



Elder Abuse  
on the Rise in  
Sac County

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# Citrus Heights Messenger

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## California Reopens

Things you need to know about COVID-19



California is opening, for now. Everyone hopes that the worst days of this virus are behind us. Photo courtesy Tim Douglas

By Ana B. Ibarra, CALMatters.org

Fifteen months after Californians faced their first COVID-19 stay-at-home order, most mandates will be lifted on Tuesday. And what a journey it's been – just months ago, hospitals were overwhelmed with severely sick people seeking scarce beds.

But while California's outlook is brighter, COVID-19 remains a very real threat. Even though the state's infection rate and hospitalizations are at an all-time low, the pandemic isn't over. People are still dying from COVID-19, just at lower rates than six months ago.

Restrictions like physical distancing and mask-wearing offered some protection to people who have not yet been vaccinated, and now that most of those are going away, infections are expected to start rising, said Dr.

Kirsten Bibbins-Domingo, an epidemiologist at University of California, San Francisco.

As of Friday, (June 11) 54.6% of eligible Californians – everyone 12 and older – have been fully vaccinated. Another 11% have received one dose.

But as vaccine demand fades, public health officials worry how new infections will play out among those not yet protected. Will the state see another uptick in cases? Who is vulnerable and where?

Here are six things you should know about where infections, deaths and vaccinations stand today.

At the peak of the pandemic, 17% of people in California tested for COVID-19 were infected. For about a month now, it's been under 1%.

Last week, California recorded between 792 to 1,136 new infections

every day. That's comparable to the early days of the pandemic last spring.

Hospitalizations also have been on a downward trend for several months. As of Friday, 1,263 people statewide were hospitalized with COVID-19 and another 261 were in intensive care. During the mid-January peak, more than 22,000 infected people were hospitalized and more than 4,800 were in ICUs.

It's a new record low: Hospitalizations are now less than half what they were in mid-October, when around 3,000 infected people were hospitalized, according to the 14-day average.

At one point in the winter, nearly two dozen counties had fewer than 10 available ICU beds. In many cases, hospitals had to turn away patients or

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## Police Department and Small Businesses Eligible for Relief Funding

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG)

- At the June 10 Citrus Heights City Council meeting, Interim Administrative Services Director Bill Zenoni provided an update about eligible spending of federal relief funding from the American Rescue Plan Act (ARPA), which was signed into law in March 2021 to aid in the nation's recovery from the COVID-19 pandemic.

In April, when the City adopted the two-year budget for fiscal years 2021/22 and 2022/23, much was still unknown about the funding – including the exact amount the City would receive, the timing of when the funds would be dispersed, and guidelines for how the money could be spent.

On May 10, the U.S. Treasury opened the ARPA application process, and the City's request was submitted that same afternoon. "Because of that, we were one of the first agencies to receive funds," said Zenoni. Citrus Heights will receive a total of \$15.6 million. The first payment of \$7.8 million was received on May 19, and the remainder will be received in May 2022. All the funds must be obligated by December 31, 2024, and expended by December 31, 2026. Any funds not assigned or spent in that timeframe must be returned to the federal government.

May 10 was also the date when the Treasury released the 151-page First Interim Final Rule, the document that outlines the expenditure guidelines. There are four categories for eligible expenditures, but Zenoni said the first two categories – premium pay for essential workers and investment in water, sewer, or broadband infrastructure – are the least applicable for Citrus Heights and are not recommended for further consideration.

Category 3 allows for expending funds in response to the COVID-19 public health emergency

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## Clinics Fight Vaccine Hesitancy in Russian-Speaking Communities

By Gary Zavoral,  
Sutter Health

CITRUS HEIGHTS, CA (MPG)

- Registered nurse Oksana Yarmola, who was born in the Russian-speaking country of Ukraine, has administered more than 3,000 COVID-19 vaccinations in the past two months at a large vaccination clinic in Sacramento, but only three were also Slavic.

Considering the Sacramento region is home to about 100,000 Russian-speaking residents, or around 5 percent of the population, she should



Sutter nurse Oksana Yarmola, who is from Ukraine, discusses the COVID-19 vaccine before administering a shot at a local vaccination clinic. A "pop-up" vaccination clinic for Citrus Heights is scheduled from 10 a.m.-1 p.m. June 26. Photo: Sutter Health

have given shots to about 150 more.

Yarmola's experience

and concern is evident as "pop up" clinics sched-

uled to vaccinate residents

in Citrus Heights attempt to engage the single most

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# Elder Abuse on the Rise in Sacramento County

**By Kathleen Newton,  
Northwest Media  
Consultants**

**SACRAMENTO COUNTY, CA (MPG)** - In the past year, Sacramento County officials received more than 18,000 reports of elder abuse, up 81% compared to just five years earlier.

According to Irene Chu, program planner for Sacramento County Adult Protective Services, elder self-neglect, financial abuse, psychological abuse and neglect by others make up the bulk of APS cases.

The 2020-21 abuse reports generated nearly 5,500 formal investigations. Of these, 41% involved self-neglect, followed by financial abuse, at 22%.

Chu said financial abuse can include internet or telephone scams involving identity theft, investment swindles, computer virus schemes and charity or family-member-in-need scams. Even worse may be swindles and theft by caregivers, which may leave the victims destitute.

Self-neglect cases can range from elderly people failing to take their medication to not being able to maintain healthful conditions in their homes or suffering from physical or mental disabilities that make it difficult for them to care for themselves. Homeless individuals are particularly vulnerable to self-neglect and abuse by others, she said.

Chu stressed that in nearly all cases of elder abuse and neglect, isolation is the key risk factor.

“It’s not just for those people living by



To spot financial abuse, look for sudden changes in the older person's financial situation, such as: Suspicious changes in wills or powers of attorney; Financial activity the person couldn't have done herself; Bills not being paid; Significant withdrawals or unusual purchases. MPG file photo

themselves. Even if an elder is living with family members or friends, he or she can be isolated. In some extreme situations, caregivers may take away their Social Security checks, block their contact with outsiders or keep them confined to the house because they don't want people to know what they are doing."

Chu said it is critical that people maintain constant contact with their elderly loved ones. "Keep calling them," she said. "Make sure when you talk to your loved ones that you don't sense

any hesitation when they are talking to you. Without communication, you won't be able to see the signs of possible abuse."

She urged people to learn and watch for the signs of elder abuse in their loved ones. She noted that APS social workers can link clients to services to help them live safely in their own homes.

If you have questions or suspect a problem, contact Sacramento County Adult Protective Services at (916) 874-9377.

To learn more about how

to prevent elder abuse, visit the Sacramento County Adult Protective Services website at <https://dcfas.saccounty.net/SAS/Pages/Adult-Protective-Services/SP-Adult-Protective-Services.aspx>, or go to <https://elderabuseawareness.c4a.info/>.

Watch for these signs of elder abuse: Lack of basic amenities; Cluttered, filthy living environment; Unexplained or uncharacteristic changes in behavior; Harassment, coercion, intimidation, humiliation; and caregiver

isolation of elder.

To spot financial abuse, look for sudden changes in the older person's financial situation, such as: Suspicious changes in wills or powers of attorney; Financial activity the person couldn't have done herself; Bills not being paid; Significant withdrawals or unusual purchases.

## How to report suspected cases of elder abuse

If you believe an elderly person is in immediate danger, call 911. Otherwise, Sacramento County Adult Protective Services

(APS) has a 24-hour hotline for reporting abuse of older adults and disabled adults who may be physically or financially abused, neglected or exploited. Call (916) 874-9377.

To report suspected abuse of an elder in a nursing home, residential care facility for the elderly, or assisted living facility, contact California's CRISISline at (800) 231-4024. During business hours call the local Long-Term Care Ombudsman Program of Agency on Aging Area 4 at (916) 376-8910. ★



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# Police Department and Small Businesses Eligible for Relief Funding

*Continued from page 1*

or its negative economic impacts. Zenoni explained that the negative economic impact costs would be the most applicable to Citrus Heights. This category allows funding to be spent on assisting small business and nonprofits affected by the pandemic. The assistance could take the form of loans or grants to help with reopening or recovering from financial loss. Under this category, the City could also invest funding into addressing socioeconomic disparities, such as services for homeless persons as well as low-income housing and neighborhood services.

Another eligible expense in this category is rebuilding public sector capacity to pre-pandemic level, which would allow the City to restore police department staffing to pre-pandemic (January 2020) levels. Zenoni said this expenditure has been identified as a priority by Interim City Manager Chris Boyd as well as the Council’s Finance Committee (Mayor Steve Miller and Councilmember Jeannie Bruins). Over the course of the current two-year budget cycle, it would cost an estimated \$5.3 million to fill 22 vacant police department positions – out of a total of 28 vacant positions that have remained unfilled due to lack of funding.

The City can also expend funds under Category 4, which Zenoni said is the most flexible but also the most difficult to calculate. This category allows for funding government services, capital projects, cyber security, and public safety – but only to the extent of the City’s reduction in revenue due to COVID-19. Calculations will be done each year through 2023 to determine both expected revenue and actual revenue, which will in turn determine the amount that can be spent in this category.

In addition to categories of eligible expenditures, the guidelines also specified ineligible costs, including depositing the money into pension funds, using the money to rebuild depleted reserve funds, or paying down outstanding debts.

Staff recommended two phases of expenditures. Phase 1 would be implemented immediately, with Council considering an amended budget proposal for the June 24 meeting. The amended budget would restore public safety staffing by approving funds for police department positions.

Phase 2 would be ongoing. “It’s important that we move forward in a very deliberate manner, making sure we follow all of the expenditure guidelines,” said Zenoni, because any funds spent outside of approved guidelines would have to be repaid to the federal government.

Councilmember Tim Schaefer and Mayor Miller both spoke optimistically about using the funding to assist local business recovery. Councilmember Bret Daniels agreed: “Hopefully we see our dollars go directly toward Citrus Heights businesses and then funneled into the Citrus Heights community and economy.”

Vice Mayor Porsche Middleton commended staff for their quick work in determining eligible uses, and Councilmember Bruins thanked Zenoni for his efforts. “We were one of the first cities in the nation to be funded because of your diligence,” said Bruins.

The Treasury is expected to release refined guidelines later this summer and public input will reveal key community priorities for how the money should be spent. Mayor Miller said, “Everything’s on the table. Let’s hear from our residents.” ★

# Clinics Fight Vaccine Hesitancy in Russian-Speaking Communities



Originally hesitant, Russian-speaking congenital heart surgeon Dr. Teimour Nasirov of Sutter Medical Center got vaccinated in order to be closer to his parents. Photo: Sutter Health

*Continued from page 1*

hesitant population for the COVID vaccine: the Russian-speaking community.

Vaccine hesitancy among Hispanic and Black Americans has been well-documented and explored. But, as Sutter Health partners with community organizations bringing the vaccine to underserved neighborhoods, they’re finding other populations that show hesitancy as well, especially among the immigrants who grew up in former Soviet Union countries such as Russia and Ukraine. At two recent vaccination clinics held at a Rancho Cordova church, most of those receiving their vaccinations were Hispanic or African American. Not a single one was from the Russian-speaking community.

These “pop-up clinics” were among dozens being set up by Sutter Health throughout Northern California to help vaccinate underserved communities that may have barriers to access vaccine clinics.

Sutter is partnering with community organizations to bring the vaccine clinics to them.

The COVID-19 vaccination “pop-up clinic” for Citrus Heights residents is scheduled from 10 a.m.-1 p.m. Saturday, June 26, at the Citrus Heights Community Center, 6300 Fountain Square Drive, next to the Sam’s Club. It is for all residents 12 and up, including those in the Russian-speaking neighborhoods, and will be with the Pfizer vaccine. Walk-ins are welcome anytime from 10 a.m.-1 p.m. Appointments for the second dose will be scheduled for three to four weeks later.

This clinic is being co-sponsored by the City of Citrus Heights and Sutter Health, and Vice Mayor Porsche Middleton is championing the effort.

“As Vice Mayor of Citrus Heights, I want to see a healthier community,” Middleton said. “A COVID vaccine clinic is one of the ways we can promote good health and help end this pandemic.”

In addition, because the clinic will be using the Pfizer vaccine, it will provide vaccination access to high school and middle school children 12 and up who may not have been able to receive a vaccination previously.

Government Mistrust Big Part of Culture

Nelya Hryb, family resource manager with the Folsom Cordova

Community Partnership, grew up in the Russian-speaking country of Ukraine and has witnessed first-hand the hesitancy the Russian-speaking neighborhoods in Citrus Heights and throughout the Sacramento region have for the COVID vaccine. When she posted a flyer for the vaccination clinic on a Russian-language Facebook group, she got several angry emojis and this reaction in Russian: “Horror! Why advertise poison?”

One of the principal reasons for their hesitancy, Hryb says, is that the Russian-speaking community historically has a mistrust of all vaccines due to government mistrust.

“I grew up in Ukraine in Soviet Union times, and I often overheard my parents saying how little control they had in their life, how they mistrusted their government, and how they received little information from their medical providers because of the government,” Hryb said. “That mistrust in the government, even for some of us now growing up in United States, is deeply rooted.”

She also says that the Russian-speaking neighborhoods “are continuously bombarded by conspiracy theories specifically targeted to our community. So it’s really hard to find what is truth, what is right, and where to find the correct information.” ★



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# All Aboard!

By Thomas J. Sullivan

**RANCHO CORDOVA, CA (MPG)**

- The sights, sounds and smell of steam railroad engines are once again being heard in Hagen Community Park in Rancho Cordova as members of the Sacramento Valley Live Steamers Railroad Museum (SVLSRM) have resumed their summer public run schedule.

“I’ve had a love of trains my whole life,” said club president Andy Berchelli, an active member since 2008. In all, the club has 173 members, he said.

Club members of the nonprofit SVLSRM began building their railroad in 1972, completing an original 1,700-foot loop in May 1973. The rail loop has since grown to cover some 6,800 feet. Its track and facilities can now support more than 33 steam engines at one time.

“My son Tyler, born in 2003, has a rare condition and went through many surgeries in his first five years. Our family got involved with “Make A Wish” foundation in 2008 and Tyler’s wish was to have his own first electric train and a riding car,” he said.

Berchelli invites the public to visit the railroad, learn about steam locomotives and to take a ride on one of the club’s trains. The members of the Sacramento Valley Live Steamers do not charge for rides during public ride days, but rely on donations to support their railroad.

Public runs are held on the first weekend of each



Sacramento Valley Live Steamers Railroad Museum public runs will be held on the first weekend of each month through September on the 6,800-foot rail loop. Photo by Thomas J. Sullivan

month through September from 11 to 3 p.m. In celebration of the 4th of July, special runs will be held from 6 to 9 p.m.

Club membership is a mix between G-scale garden railroad enthusiasts who enjoy the opportunity to run their trains on the club’s permanent layout and those who have built their own scale steam engines from scratch.

Three of the club’s four steam engines are over 40 years old and another was completed just a few years ago. At 1/8th scale these steam and diesel engines are identical to their full-size counterparts, faithfully recreating all the characteristics of their prototypes. They are real operating locomotives, just smaller.

“Since this is a hobby for us, most take several



The railroad facility can stage more than 33 steam engines in its tracks. Photo by Thomas J. Sullivan

years or more to build. Even when they are built, they are never completely done. Additional details and improvements continue to be added over time,” he said.

New members are always welcome, Berchelli

said. “We first train our new members to become a conductor and how to properly load our passenger trains,” he said.

“Members then move on to learn how to be an engineer on our diesel trains. Once they become

comfortable, they can then learn steam operation. Operating a steam engine requires much more hands-on teaching,” Berchelli said.

Physical improvements of the layout continue. New track side buildings

and a memorial to honor and remember past members have been added. While the main railroad line is most likely to remain the same, original aluminum rail and wood ties are being replaced with steel rail and composite ties for better durability.

“My overall goal for the club is to continue to improve the quality of our layout for the public to fully enjoy,” Berchelli said.

Club members have planted hundreds of California native plants and teamed up with members of the Sacramento Tree Foundation to help plant an additional 120 trees around the layout. An irrigation system has also been completed to improve and manage water consumption.

In the fall, a popular Pumpkin Train is set for October 2-3 from 11 a.m. to 3 p.m. A special Santa Claus Train is scheduled for the weekends of December 4-5 and 11-12 from 11 a.m. to 3 p.m.

Safety protocols have been put in place as the Sacramento Valley Live Steamers welcomes the public to the return of its summer train runs. Hand sanitizer is placed at each train boarding station. One family is loaded per car and then a spacer car is placed between each riding car. After unloading each train, all seats are cleaned by our volunteers. Learn more about the Sacramento Valley Live Steamers Railroad Museum, Inc. or how to join by visiting their web site at [www.svlsrm.org](http://www.svlsrm.org) ★

A family of four, including a mother, father, and two children, are smiling and posing for a photo.

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By Marlys Johnsen Norris, Christian Author

A greatest true “adventure with God” begins the day Jesus Christ enters one’s life. That one day changes lives forever! God’s love, grace and mercy touches us and we experience the beginning of a brand new life. The Holy Bible calls it being “born-again”.

The wondrous miraculous loving power of God has touched us and we begin to feel different about many areas in our lives. It is the merciful healing hand of God! Along the new path way we learn. Who-so-ever hears and conforms to His Holy Word, God will bless abundantly! Nothing is impossible with God!

Scripture puts it clear...”

# Enjoy The Promises Of God

*But my God shall supply all your need according to his riches in glory by Christ Jesus.” (Phil 4:19)*

The closer we get into the presence of Christ, the better we hear His voice and know His will for our lives He wants for us. Until now we have not known that a loving God does know what is best for us. When we pray we must understand He always knows. He who searches the heart knows what is in our heart and mind. His Holy Spirit will always make intercession for the all saints according to Gods will..Plus, He will protect us when the enemy strikes!

*“The eternal God IS the refuge and underneath are His everlasting arms and he shall thrust out the enemy from before thee, and shall say, Destroy them. (Deut. 3:27) FEAR NOT! “God is our refuge and strength, a very present help in trouble.” (Psalm 46:1)*

The presence of God’s

Beloved Son provides that one day those who believe are faultless and able to live forever in His presence.

*“And this He will do provided that we continue to stay with and in the faith of Jesus Christ, well-grounded and settled and steadfast, not shifting or moving away from the hope which rests on and is inspired by the glad tidings the Gospel I Paul became a minister” (Colossians 1:23 Amplified Edition)*

*“He that believes on me, as the scripture hath said, out of his belly shall flow rivers of living water.” (John 7:8)*

**GOD PROMISES AND PROVIDES A LIVING TESTIMONY IN EVERY LIFE FOCUSED AND IS LIVED WITH HIM**

Marlys Johnsen Norris  
Christian Author and  
ARM Columnist since 2006  
Stephen’s Minister  
Marlysjn@gmail.com  
PO Box 114,  
Orangevale, CA 95662 ★



By Pastor Ray Dare

This has been a difficult year in many ways. Our nation has plummeted into one crisis after another. First, we were attacked by a silent killer, the coronavirus. Followed by shelter in place orders which adversely affected so many in so many ways, financially, socially, physically, emotionally, spiritually, and relationally. Now we are facing a civil unrest crisis with injustices, angry protests, assaults on innocent people including our police and the constant stream of partisan pundits in the media shouting at each other 24/7. On the nightly news we witness horrific violence in our streets. Our nation is severely polarized and splintered into groups that demonize each other.

How do we as followers of Jesus respond to all the anger we see erupting today? How can we be Peacemakers, rather than Troublemakers? How can we lead the way and become examples to follow to those around us? Here are five important ways from the Bible:

# Pastor Ray’s Encouraging Words

## How to Live in a Fractured World

**Affirm the dignity of every person.** God has created every person with dignity. You cannot give dignity to someone; they already have it. It comes from God. You can only affirm or deny it in others. Love affirms the dignity of every person. Ps. 8:5

**Celebrate diversity.** Every person is unique. You are not one in a million, you are one in nearly 8 billion! If you have a problem with people different from you then you have a problem with God. Racism and prejudice are like telling God he made a mistake because He did not create everybody like you. God wants us to be colored blessed, not color blind. He wants us to celebrate diversity. If you are not into diversity, you will not like heaven very much!

**Strive for unity and community.** God never intended for us to go through life alone, lonely, and without the support of other people. God wanted a family, but he wanted it to reflect diversity. The church should reflect that. “Jesus, who makes people holy, and those who are made holy are from the same family” (Hebrews 2:11 NCV).

**Remember Life’s Purpose.** The Great Commandment is learning to love God more and learning to love people more. If you do not do that; you have missed your main purpose on this planet. But how can I love people that I disagree with? You can be an agent of love with someone different from you when you learn to look at them (pay attention), listen to them, and learn from them. We can all do that.

**Work for reconciliation.** Followers of Jesus are called to be facilitators for reconciliation. Matthew 5:9. We are to be peacemakers, not troublemakers.

Society is quickly headed towards a dead-end. We will either end up with a social breakdown or a spiritual breakthrough. Pray with me daily, for a spiritual breakthrough, a spiritual awakening in our nation. Affirming dignity, celebrating diversity, striving for unity, remembering your purpose, and working towards reconciliation.

**Pastor Ray**  
**New Beginnings Church**  
**www.NBC4U.org** ★

# Citrus Heights Offers Free Permit-Ready ADU Plans

## City of Citrus Heights

**CITRUS HEIGHTS, CA (MPG)** - The City of Citrus Heights is excited to roll out a Permit-Ready Accessory Dwelling Unit Program (PRADU), funded by a grant from the State Department of Housing and Community Development. The City’s PRADU program provides free, pre-approved plans for accessory dwelling units, saving Citrus Heights residents an estimated \$7,000. Plans can be downloaded for use by visiting CitrusHeights.net/ADUcentral.

Accessory dwelling units, also referred to as accessory homes, granny flats, and ADUs, are small homes which provide complete independent living facilities on the same parcel as a “primary” home.

ADUs are a great option to provide housing for family, for those looking to downsize, or as an investment for rental income. The City’s new PRADU program eliminates the need to hire an architect, saves time on plan review, and saves money on fees – resulting in thousands of dollars of savings for

property owners.

Here are some options on what is available: (1) 1 Bedroom, 1 Bathroom, 499 SF; (2) 1 Bedroom, 1 Bathroom, 599 SF; (3) 2 Bedroom, 1 Bathroom, 749 SF

For more information on ADUs, like setback requirements and zoning regulations, and the PRADU program, visit CitrusHeights.net/ADUcentral. The webpage also has information about an educational webinar the City is hosting on Tuesday, June 29 at 6 p.m. via Zoom. ★

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## Elder Abuse

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- ◆ Physical Abuse
- ◆ Sexual Abuse
- ◆ Financial Abuse
- ◆ Mental Abuse
- ◆ Neglect
- ◆ Abandonment
- ◆ Isolation

Learn the signs and break the silence

### ElderAbuseAwareness.c4a.info

To report suspected abuse call your county Adult Protective Services office

**KNOW ABUSE REPORT ABUSE**

ELDER AND DEPENDENT ADULT ABUSE AWARENESS

AGENCY ON AGING AREA 4

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## Citrus Heights Messenger

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It is the intent of the *Citrus Heights Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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FBNF2021-04432 Rosta R White, 1469 Dreamy Way, Sacramento, CA 95835 & Edgar R White, 191 Bill Bean Circle, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "The Whiteflower Enterprise" 1469 Dreamy Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
WHITE 80201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04429 Jerry A. Carlson & Michelle L. Carlson, 4921 Engle Road, Carmichael, CA 95608, are doing business under the Fictitious Business Name(s) "Big Valley Living" 4921 Engle Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 27, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BIG 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04752 Reza Baratzadeh, 3510 Spring Rose Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Express Towing" 9461 Jackson Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
EXPRESS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04689 SQY Inc., 8760 Center Parkway, #340, Elk Grove, CA 95758, is doing business under the Fictitious Business Name(s) SQY Autos Inc" 8732 Fruitridge Road, Unit 17, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
SQY 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04632 Ascendio Group LLC, 1267 Willis Street, Suite 200, Redding, CA 96001 is doing business under the Fictitious Business Name(s) "Ascendio Adventures" 2111 J Street, Suite 313, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
ASCENDIO 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04520 Jason Penny Sr., 3068 Spoonwood Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Wildlife and Rodent Removal" 3068 Spoonwood Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County May 11, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
WILDLIFE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04170 Kristine Reavis, 5137 Kipp Way, Carmichael, CA 95608 & Erin Griffin, 6025 Tall Brave Court, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Boujee Bounce" 5137 Kipp Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BOUJEE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04587 Mash Rayeen, 2707 La Verla Court, Apt. 60, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Halal Grill Express" 2707 La Verla Court, Apt. 60, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
HALAL 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04761 Aqua Vault, LLC, 11417 White Rock Road Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Aqua Vault LLC" 11417 White Rock Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
AQUA 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04767 Sandra Marcela Rodriguez, 8986 Mooney Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Sandra Hair Tech" 947 Enterprise Drive, Suite D, Studio 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
SANDRA 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04768 Francisco Paul Perez, 8 Seine Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Lord Cisco Salon" 947 Enterprise Drive, Suite 22, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
LORD 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04633 Michael R. Jackson, 6140 Gloria Drive, #18, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Next Level International, Michael Diamond Enterprises" 6140 Gloria Drive, #18, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
NEXT 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04422 Patricia Walden, 8610 Hackmore Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "It's Tax 4u" 8610 Hackmore Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
ITS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04100 Celia Zavala & Christina Zavala, 3588 Squaw Road, West Sacramento, CA 95691 are doing business under the Fictitious Business Name(s) "The Third Age Living" 3588 Squaw Road, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County April 29, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
THIRD 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04563 Western Star Plumbing, Inc., 4726 River College Drive, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Western Star Construction" 4726 River College Drive, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
WESTERN 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04759 Pradeep B. Patel & Rajesh P. Patel, 5112 Fredericksburg Way, Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Big 10 Video" 1010 El Camino Avenue, Suite AA, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BIG10 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04764 Schauflee's Body & Paint, 4016 Wayside Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Schaufflee's Body & Paint" 4016 Wayside Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
SCHAUFF 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04144 Kristina Lapinski, 5127 Sanicle Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Native Bloom U.S.A." 5127 Sanicle Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
NATIVE 180201 6-18-21

LEGAL ADVERTISING  
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04202 Denis Mitrofanov, 7434 Auburn Oaks Court, #63 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Ponik Co" 7434 Auburn Oaks Court, #63 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 3, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
PONIK 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04924 Jordan Kennedy Hawes, 2114 Alice Avenue, Oroville, CA 95966 is doing business under the Fictitious Business Name(s) "Beautiful Pools Design & Consulting" 2114 Alice Avenue, Oroville, CA 95966. Filed with the Clerk of Sacramento County May 21, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BEAU 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04818 GPG Risa Sophia Marcellus, 5317 Kohler Road, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "In Real Life Cues-IRLC, Real Life Cue Cards-RLCC, Real Life Cue Cards Publishing-RLCC Publishing, Pretty Period Parties-P3's" 5317 Kohler Road, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
REAL 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04665 California Family Health, LLC, 8680 Greenback Lane, #108, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Family Fitness, California Family Fitness Center, California Family Health" 8680 Greenback Lane, #108, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 14, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
CALIF 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04849 Jack Matrangola, 320 29th Street, Sacramento, CA 95816 & Joseph Hauner, 1310 Meredith Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Hyper Pixel CA" 717 K Street, #513, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 20, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
HYPER 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04822 Jonathan Tran & Tawny Nguyen, 17 Schramberg Court, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Live Frugal" 17 Schramberg Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
LIVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04925 Taylor Hill-Carnegie, 10825 Nestlenook Circle, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Love It More" 10825 Nestlenook Circle, Mather, CA 95655. Filed with the Clerk of Sacramento County May 21, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
LOVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04599 Avatar India Inc, 1180 Tara Court, Suite A, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "3 Monkeys Smoke Shop #12" 5933 San Juan Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
3MONKEYS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05145 Junk "It" Hauling LLC, 2647 Darwin Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Junk 'It' Hauling LLC" 2647 Darwin Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 28, 2021  
Publish: June 4, 11, 18 & 25, 2021  
JUNKIT 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04551 Sacramento Region Performing Arts Alliance, 1110 2nd Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sacramento Philharmonic & Opera" 1110 2nd Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: June 4, 11, 18 & 25, 2021  
SAC 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03204 Pied Piper, LLC, 3001 J Street, Suite 300, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Pied Piper Lounge" 3415 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 5, 2021  
Publish: June 4, 11, 18 & 25, 2021  
PIED 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03228 Obie, LLC, 3001 J Street, Suite 300, Sacramento, CA 95816, is doing business under the Fictitious Business Name(s) "Maple Room Lounge" 2740 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 5, 2021  
Publish: June 4, 11, 18 & 25, 2021  
MAPLE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03201 Law Office Richard Allaye Chan, Jr. a Prof. Corp, 3001 J Street, Suite 300, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Allaye Chan Law Group" 3001 J Street, Suite 300, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 5, 2021  
Publish: June 4, 11, 18 & 25, 2021  
ALLAYE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04813 Lionext Inc, 13021 Leffingwell Road, Santa Fe Springs, CA 90670 is doing business under the Fictitious Business Name(s) "taucetbay.com" 1719 69th Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: June 4, 11, 18 & 25, 2021  
FAUCET 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04678 Brian Moya, 7898 Eskimo Curlew Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Passive" 7898 Eskimo Curlew Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: June 4, 11, 18 & 25, 2021  
PASSIVE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04527 Alexa & Eliezer Carmona, 3649 Hollister Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Among The Grasses" 3649 Hollister Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 11, 2021  
Publish: June 4, 11, 18 & 25, 2021  
AMONG 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04987 Jason Li, 2250 Waterford Road, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Fly Kicks" 2250 Waterford Road, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 25, 2021  
Publish: June 4, 11, 18 & 25, 2021  
FLY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05005 Deana Yvette Hall, 6564 Greencrest Way, Citrus Heights, CA 95621 and Sarah Nicole Millar, 213 Paris Way, Vacaville, CA 95687 are doing business under the Fictitious Business Name(s) "Easy Peasy Party" 6564 Greencrest Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 25, 2021  
Publish: June 4, 11, 18 & 25, 2021  
EASY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04732 Unique Harvey, 6160 63rd Street, Apt. 150, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Unique Handsz" 6160 63rd Street, Apt. 150, Sacramento, CA 95824. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: June 4, 11, 18 & 25, 2021  
UNIQUE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04588 5 River Foods Inc, 384 Sawtell Road, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Sourdough & Co, Delta Shores" 8166 Delta Shores Circle, Suite 110, Sacramento, CA 95832. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: June 4, 11, 18 & 25, 2021  
SOURDOUGH 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05069 Park Enterprise Inc, 674 Arnett Way, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Kristy K Designs, APAK Logistics" 674 Arnett Way, Galt, CA 95632. Filed with the Clerk of Sacramento County May 26, 2021  
Publish: June 4, 11, 18 & 25, 2021  
KRISTY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04853 The Woodpeckers Tree Care, 2854 La Rosa Road Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "The Woodpeckers Tree Care" 2854 La Rosa Road Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 20, 2021  
Publish: June 4, 11, 18 & 25, 2021  
WOODPECKERS 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04690 Tetiana Gomeniuk, 3685 Elkhorn Boulevard #1733 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Dressmaking Amore, DA Patterns" 3685 Elkhorn Boulevard #1733 North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: June 4, 11, 18 & 25, 2021  
DRESSMAKING 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05155 United Express Group, 5025 Arnold Avenue #170 McClellan Park, CA 95662 is doing business under the Fictitious Business Name(s) "People Movers" 5025 Arnold Avenue #170 McClellan Park, CA 95662. Filed with the Clerk of Sacramento County May 28, 2021  
Publish: June 4, 11, 18 & 25, 2021  
PEOPLE 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04194 Sayed Masihullah Razai, 2543 Fulton Avenue #126 Sacramento, CA 95821 and Mohammad Asag Palvngui, 11762 Koursos Way Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Middle Eastern Market" 5605 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 3, 2021  
Publish: June 4, 11, 18 & 25, 2021  
MIDDLE 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04760 Mohammad Ashraf Sediq, 5910 Watt Avenue #A North Highlands, CA 95660 and Abdul Matin Wahidi, 6267 ML King Jr Boulevard #150 Sacramento, CA 95824 are doing business under the Fictitious Business Name(s) "Faisal Market" 7924 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: June 4, 11, 18 & 25, 2021  
FAISAL 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05002 Pharaoc LLC, 5015 Madison Avenue Suite A- Unit A24 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Spzrts, Technier" 5015 Madison Avenue Suite A Unit #A24 Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 25, 2021  
Publish: June 4, 11, 18 & 25, 2021  
SPZRTS 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04945 Stephanie Ann Urias, 3440 W Country Club Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Alice & Steph" 3440 W Country Club Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 21, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
ALICE 80201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03871 Fred Donham, 8274 Mediterranean Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Photographerlink, Consingehworld" 8274 Mediterranean Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County April 23, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
PHOTO 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05019 David G Ingram, 8782 Mellowdown Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Virtual California" 8782 Mellowdown Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 26, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
VIRTUAL 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04888 Domyneque Herndon, 2017 3rd Street, Sacramento, CA 95818, is doing business under the Fictitious Business Name(s) "Yoga Empowered" 2017 3rd Street, Apt. 3, Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 20, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
YOGA 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05189 Dolores Therese Osterhoudt and Jennifer Lynn Osterhoudt, 144 Hazelmere Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Cereghino, Cereghino Soap" 144 Hazelmere Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 1, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
CEREGRHINO 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04820 Sha Rondalecia Mack, 7840 Walegra Road, Apt. 417, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ambiance Books" 7840 Walegra Road, Apt. 417, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
AMBIENCE 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05101 Alestria N. Tidwell and Robert H. Tidwell, 3801 Ivan Way, Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "NMYELMINT, ELMINT" 3801 Ivan Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 27, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
ELMNT 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05250 Monique Garmoney, 4999 Perceptive Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Event Services" 4999 Perceptive Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 2, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
EVENTY 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05175 Vanessa Navarro, 2840 Toy Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Nessas Services" 2840 Toy Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 1, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
NESSAS 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04840 Tina Brown, 9032 Willowberry Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Showful Expressions" 9032 Willowberry Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County May 20, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
SHOW 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04696 Kimberly Lim, 6 Kahila Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Sun Kissed & Co." 6 Kahila Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: June 11, 18, 25 & July 2, 2021  
SUN 180201 7-2-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05392 Brandon Harp, 12202 Fair Oaks Boulevard, #14, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Chef Life" 12202 Fair Oaks Boulevard, #14, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 7, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
CHEF 80201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05169 John E. Blake, 110 Framingham Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "JB Software Engineering" 110 Framingham Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 1, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
JB 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05373 Charles Griffin, 1181 Fulton Avenue, #56, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Black Tank Survival Supply, B.T.S.S" 1181 Fulton Avenue, #56, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 7, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
BLACK 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05402 Desiree Lopez, 4873 Willowbrook Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Paw Reflections Mobile Grooming" 4873 Willowbrook Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 8, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
PAW 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04162 New Levels Clothing LLC, 3025 Alhambra Drive, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "New Levels Clothing, NL Clothing" 3025 Alhambra Drive, Cameron Park, CA 95682. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
NEW 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05410 Madukar Orji, 6995 Stora Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Madrise Auto Sales USA" 6995 Stora Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 8, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
MADRISE 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05423 Lonnie Shoulders, 6066 Peoria Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "ShoBeat" 6066 Peoria Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 8, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
SHOBEAT 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05243 Judi's Cleaners Inc. 6140 Auburn Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Evans Garment Restoration of Nor Cal" 6140 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 2, 2021  
Publish: June 18, 25 & July 2, 9, 2021  
EVANS 180201 7-9-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05577 Robert Brown Mearns, 3725 Wingate Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Alternative Health Solutions

# Sacramento County Recommended Budget Approved

By Kim Nava, Sacramento County

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Board of Supervisors voted unanimously on June 10 to approve the \$6.5 billion recommended budget for Fiscal Year 2021-22.

“We are fortunate that in spite of the pandemic, the County is in relatively good fiscal shape for the upcoming fiscal year,” said Board Chair Sue Frost, District 4 Supervisor. “This budget avoided significant reductions in programs and included new investments in a number of important areas.”

The \$6.5 billion budget consists of \$2.437 billion in Enterprise and Special Revenue Fund expenditures (funded through utility rates, fees and other dedicated revenue), \$3.147 billion in General Fund, and \$947 million in Restricted Funds (funded with federal, State revenue dedicated for a particular purpose).

“We have been faced with many profound challenges both locally and nationally this past year,” said Interim County Executive Ann Edwards. “The County was able to weather fiscal challenges last year and as we look forward to the next fiscal year, I am excited to implement initiatives, plans and processes to accomplish real change and advancement in the County.

“In this next fiscal year, we will sharpen the County’s focus on diversity, equity and inclusion across County departments and in the community. Additionally, we will have a more robust community engagement element to our budget processes for FY 2022-23.”

In addition to maintaining existing services, the budget reflects a commitment to:

- Address equity and inclusion issues;
- Address the needs of homelessness** on our community;
- Provide an alternative to police response** to people experiencing mental illness;
- Address critical needs for **capital improvements in the Parks system** and at the Mather Community Campus; and,
- improve the condition of County roads.**

The budget recognized new areas of growth, including annual commitments of:

- \$12 million to fund a non-law enforcement Alternative Emergency Response to people experiencing mental health issues in the unincorporated County and all cities except for the City of Sacramento;
- \$5.9 million to fund a Homeless Encampment Initiative designed to get people without housing in the unincorporated County off the streets and into temporary and eventually permanent housing;
- \$5 million to fund the Probation Department’s Monitored Pre-trial Release Program;
- \$6.8 million to fund continued efforts to meet the County’s obligations under the Mays Consent decree regarding conditions of confinement in the County’s jails;
- \$6.4 million in grant funding for the epidemiology and Laboratory Capacity (ELC) Enhancing Detection Expansion Program in Public Health that supports epidemiology and laboratory services for COVID-19 and to prepare and address other emerging infectious diseases;
- \$2.5 million to fund an additional Foster

Care Unit, two additional Emergency Response Units and two additional Public Health Nurses in Child Protection Services, which will reduce caseloads per social worker;

- \$2.2 million for increased processing costs related to organic solid waste;
- \$1.2 million to fund the Public Defender’s Pre-Trial Release and Expungement programs, which assists offenders who have served their term expunge their records in order to get housing and jobs.

One-time growth included:

- Transfer of \$22.5 million from the General Fund and the Roads Fund to spend on County road pavement rehabilitation projects where the road is on the verge of needing much more costly full reconstruction;
- \$4.4 million to cover the cost of the special gubernatorial recall election that is likely to occur in FY2021-22;
- Transfer of \$4.4 million from the General Fund to the Parks Construction Fund to begin addressing the \$72 million backlog in Regional Parks capital needs;
- Transfer of \$1 million from the General Fund to the Capital Construction Fund to start addressing the \$11 million backlog in Mather Community Campus capital needs. If resources are available, the plan is to transfer an additional \$4 million in the September Final Budget.

The recommended budget included approximately \$5.3 million in program expenditure reductions. The reductions were primarily categorical reductions, meaning the reductions are due to a reduction in State or federal

revenue. There are also non-categorical reductions, which are reductions that departments have indicated that the reduction will improve efficiency or not have a negative impact on services provided by the department. The departments with the largest reductions include:

- Probation**, with a \$4.4 million reduction due to completion of the Monitored Pre-trial Release Pilot Program, which had been funded for two years with State grant and Realignment revenue. However, funding for this program, which is no longer a pilot, is restored by a recommended growth request funded by \$3 million in County costs and \$2 million in remaining State grant funds.
- Sheriff**, with a \$428,000 reduction in expenditures due to the end of the Department of Justice Tobacco Grant funding. This will eliminate the Tobacco Abatement Team, which worked to mitigate juvenile tobacco use through education and proactive enforcement.

For details, read the County Executive’s Budget Letter or view the budget documents on the Office of Budget and Debt Management website.

The numbers on the Recommended Budget will change between now and September, when the County receives new information, including the impact of the State Budget and updated revenue totals. The Final Budget will come back to the Board of Supervisors in September for review and adoption.

By the Numbers: \$6.5 B: Total Budget; \$3.1 B: General Fund; \$2.4 B: Enterprise and Special Revenue; \$947 M: Restricted Funds; 12,760: Number of Employees. ★

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301223

Aliaksandr Balatsun and Natalia Barysenka have filed a petition with this court for a decree changing the name(s) of Dziamid Balatsun to Demitri Balatsun.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 15, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 25, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: June 11, 18, 25 & July 2, 2021

BALATSUN 180101 7-2-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301219

Mohammad Aswadi and Sohila Aswadi have filed a petition with this court for a decree changing the name(s) of Mohammad Masib Aswadi to Masib Aswadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on July 15, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 25, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: June 11, 18, 25 & July 2, 2021

ASWADI 180101 7-2-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301362

Damon Lee Holloway Jr. has filed a petition with this court for a decree changing the name(s) of Damon Lee Holloway Jr to Damon Lee Hook.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 22, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 27, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: June 11, 18, 25 & July 2, 2021

HOOK 180101 7-2-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301605

Rajveer Kaur has filed a petition with this court for a decree changing the name(s) of Nimrat Kaur Bindra to Nimrat Kaur.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on July 27, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 2, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: June 18, 25 & July 2, 9, 2021

KAUR 180101 7-9-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301872

Sammy Baker has filed a petition with this court for a decree changing the name(s) of Sammy Baker to Oussama Bakr.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 28, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 7, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: June 18, 25 & July 2, 9, 2021

BAKR 180101 7-9-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00296902

Naomi Danielle Richards and Victor Lamar Luckett have filed a petition with this court for a decree changing the name(s) of Taye Lamar Richards to Taye Lamar Richards-Luckett.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on July 28, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 19, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: June 18, 25 & July 2, 9, 2021

LUCKETT 180101 7-9-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00302047

Ngoc Thien Nguyen has filed a petition with this court for a decree changing the name(s) of Ngoc. Thien Nguyen to Thien Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 3, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 9, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: June 18, 25 & July 2, 9, 2021

NGUYEN 180101 7-9-21

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF GARY HENRY NOE

CASE No. 34-2021-00299810

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Gary Henry Noe, deceased A Petition for Probate has been filed by Kristian Noe, in the Superior Court of California, County of Sacramento, requesting Kristian Noe be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows September 7, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court

a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Hannah B. Oxley 3440 Hillcrest Avenue, Suite 100 Antioch, CA 94531 925-465-6111

Publish: June 11, 18 & 25, 2021

NOE 170622 6-25-21

SUMMONS

SUMMONS (FAMILY LAW)  
CASE NUMBER: (Numero del Caso): PFL20210212  
NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre) : Jamie Miller  
YOU HAVE BEEN SUED.  
Read the information below and on the next page.  
PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Roberta Miller  
You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association. NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: (El nombre y direccion de la corte es): El Dorado County Superior Court Placerville Main Street Branch 495 Main Street, Placerville, CA 95667

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, direccion y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Roberta Miller, In Pro Per 3903 Coon Hollow Road Placerville, CA 95667 Date: (Fecha) 4/12/2021 By Clerk of Court Deputy STANDARD FAMILY LAW RESTRAINING ORDERS Starting immediately, you and your spouse or domestic partner are restrained from: 1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court; 2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the

parties and their minor children; 3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and 4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party. You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE-ACCESS TO AFFORDABLE HEALTH INSURANCE: Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING-IMPORANT INFORMATION California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property. Publish: June 4, 11, 18 & 25, 2021 MILLER 6-25-21

SUPERIOR COURT OF CALIFORNIA  
3341 Power Inn Road  
Sacramento, CA 95825  
Case Number: 20FL05276  
Notice of Hearing  
1. To Victor Santos Ambrosio  
2. A Court hearing will be held as follows: June 30, 2021 at 9:00am Dept: 125. This matter is set for a court hearing/appearance using Zoom Application for the above referenced date and time. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access and have downloaded the ZOOM Application. If you do not have compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom Application or telephone using the designated

department account referenced below at least 5 minutes before your scheduled hearing date and time; and wait for a court representative to take roll. Zoom Link: https://saccourt.zoom.us/j/909-979-7975 3. This notice must be served to all parties, so they are advised of the Zoom telepresence appearance/hearing. A proof of service must be completed and provided to the court before the return hearing date. 4. Due to the uncertainty of continued efforts to stem the COVID-19 epidemic, court hearings may be subject to change, and may change from Zoom to in-person appearances. 5. Prior to your scheduled hearing date, please continue to frequently check the family and Children section of the Sacramento Superior Court webpage at https://www.saccourt.ca.gov/family-law.aspx for any new information and advisements. The petition to declare the child free from custody and control of a parent has been filed for the purpose of freeing the minor child for adoption. You have the right to be represented by counsel. If you appear without counsel, and are unable to afford counsel, upon your request, the court shall appoint counsel to represent you. The court may appoint counsel for the minor, whether or not the minor can afford counsel. Private counsel appointed by the court shall be paid a reasonable sum for compensation and expenses, in an amount to be determined by the court and which amount shall be paid by the parties, other than the child, in proportions the court deems just. However, if a party is unable to afford counsel, the amount shall be paid out of the county's general fund. The court may continue the proceeding for not to exceed 30 days necessary to appoint counsel and to enable counsel to become acquainted with the case. Dated: May 28, 2021 Publish dates: June 11, 18, 25, and July 2, 2021 RICCI 7-2-21

CITATION

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
CASE NO. 20AD00053  
CITATION REGARDING PETITION TO DECLARE CHILD FREE FROM PARENTAL CUSTODY AND CONTROL  
IN RE: THE ADOPTION OF RYAN R.

To Charlotte Ricci (mother of minor child) and to all persons claiming to be the parent of the minor child whose name is Ryan David Ricci. By order of this court you are cited and you may/shall appear before a judge in Sacramento County Superior Court in Department 124 located at 3341 Power Inn Road Sacramento, CA 95826 on the date of August 2, 2021 at 11:00AM to show cause, if you have reason why the minor child should not be declared free from the custody and control of his parents, according to the petition filed under the family code section 7800 et seq. 1. This matter is set for a court hearing/appearance using Zoom Application for the above referenced date and time. 2. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access and have downloaded the ZOOM Application. If you do not have compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom Application or telephone using the designated department account referenced

NOTICE OF PUBLIC LIEN SALE  
SELF STORAGE AUCTION

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.)  
**ARMOR MINI STORAGE:** Property is located at 5714 Auburn Blvd., Sacramento, CA 95841. The auction will be conducted entirely online at: https://bid13.com/  
Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold:  
**Unit #B076 Pamela Williams**  
Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning Wednesday June 9th, 2021 at 5pm and ending Saturday June 26, 2021 at 12pm PST.  
Payment must be made at the time of purchase. All items in the unit are sold as is and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.



# Dahle Opposes Tax Increases and Costly Regulation on Businesses



Megan Dahle  
By Eric Brahms, Office of Assemblywoman Megan Dahle

**SACRAMENTO, CA (MPG)** - On June 3, 2021, Assemblywoman Megan Dahle (R-Bieber) and other Assembly Republicans were successful in stopping legislation advanced by the majority party in Sacramento that would have imposed a costly excise tax on firearms,

and several bills proposing more burdensome environmental regulation and red tape on businesses. “Despite the fact that California is ranked one of the worst states to do business in the nation and we have one of the highest costs of living, the super majority in Sacramento continues to push forward legislation that would make matters worse.” Said Dahle. “Even in the wake of an international pandemic when our businesses are hanging on by a thread, the majority party continues to push forward bills that aggravate these issues. I have, and will continue, to oppose legislation that makes it harder for businesses

to survive in our state, and tax increases on our already over-taxed constituents. For now we have stopped these bills, but we must remain vigilant to stave off further attempts by the majority party that will only make life more expensive for Californians.” The following bills were successfully stopped on the Assembly floor: AB 1395 would have imposed more misguided environmental regulations that are unachievable. AB 1223 would impose an excise tax on firearms and ammunition. AB 1371 would ban the use of certain packaging materials by small and large online retailers, dramatically increasing the cost to businesses and consumer prices. ★



## The Smear Campaign Against Joe Manchin

Joe Manchin is being pilloried for the offense of being consistent on the filibuster. Back in 2017, when Senate Democrats were desperate to stop Donald Trump's agenda, 33 of them, including Manchin, signed a bipartisan letter backing the filibuster in ringing terms. “We are mindful of the unique role the Senate plays in the legislative process,” they wrote, “and we are steadfastly committed to ensuring that this great American institution continues to serve as the world’s greatest deliberative body.” Well, the commitment of almost all the Democrats was not quite as steadfast as advertised. Now that the filibuster is an obstacle to passing Joe Biden’s agenda, the long-standing Senate procedure has been deemed a threat to our system of government and to racial justice that only a naïf or cynic can support. And that means you, Joe Manchin. The West Virginia senator has been badgered for months by reporters eager to get him to change his mind on the filibuster, or at least show some flexibility. Now, the pressure campaign from within his own party has ratcheted up to include over-the-top insults that have

an air of desperation about them. After Manchin reiterated his support for the filibuster and made clear his opposition to HR1, a sweeping Democratic voting bill, in an op-ed that weekend, progressive House Democratic Mondaire Jones from New York unloaded on Twitter. Per Jones, the headline of Manchin’s piece might as well have been, “Why I’ll vote to preserve Jim Crow.” This is a preposterous smear, and a transparent attempt to bludgeon Manchin into submission by defining his sincere attachment to Senate tradition and belief in bipartisanship as tantamount to racism. Another New York member of the House, Jamaal Bowman, said on CNN, “Joe Manchin has become the new Mitch McConnell.” The comparison might make sense if Mitch McConnell had voted with Joe Biden 100% of the time so far, and had supported the Affordable Care Act and voted twice to impeach President Donald Trump. Despite the abuse, Manchin is onto something. The current situation illustrates the purpose of the filibuster nicely – it is a guardrail keeping a very slender Senate majority that could easily be wiped out by January 2023 from enacting a far-reaching radical agenda in a fit of partisan passion. Democrats aren’t mad because they know that support for their agenda will build over time – they are mad because they know that it won’t, and absent Manchin and other recalcitrant Senate Democrats getting on board right away, they will miss their tiny window to get their way through brute legislative force prior to losing one or both chambers of Congress. They have convinced themselves that GOP state legislatures are destroying democracy with new voting laws rolling back pandemic-driven innovations and tightening up security, a fevered myth that also won’t stand the test of time. As for HR1, it is a constitutionally dubious monstrosity that would trample on state voting laws in an enormous step toward the federalization of American elections. Machin was right to say in his op-ed that it is telling that not one Republican, whether Susan Collins or Mitt Romney, is supporting this partisan power grab. Manchin isn't always as stalwart in standing up to his own party as he sounds, but he’s been remarkably firm so far. His role as a senatorial brake on Biden's left-wing ambitions has certainly made him more popular back home, and the progressive slanders against him will only boost his political standing. The left will get nowhere if it tries to primary him in 2024 (assuming he decides to run again), and if he did lose to a more progressive Democrat, Republicans would easily win his seat. Surely, the attacks on Manchin will only get more venomous. Such is the price of refusing to reverse himself on the filibuster and get on board a sprawling travesty of a voting bill. Rich Lowry is editor of the National Review. (c) 2021 by King Features Synd., Inc. ★



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Note: The public hearing on June 10 ordered in the following resolution has been continued to July 8, 2021.

**RESOLUTION NO. 21-05-664**  
**A RESOLUTION OF THE BOARD OF DIRECTORS OF THE ORANGEVALE RECREATION AND PARK DISTRICT APPROVING THE RESOLUTION OF INTENTION TO LEVY ASSESSMENTS FOR FISCAL YEAR 2021-22, PRELIMINARILY APPROVING THE ENGINEER'S REPORT AND PROVIDING FOR NOTICE OF HEARING FOR THE ORANGEVALE LANDSCAPING AND LIGHTING ASSESSMENT DISTRICT (OLLAD)**

**WHEREAS**, the Board of Directors (the “Board”) of the Orangevale Recreation and Park District, County of Sacramento, State of California, has previously ordered through Resolution 92-06-51 the formation of an assessment district pursuant to the provisions of the Landscaping and Lighting Act of 1972 for the purpose of financing certain park and recreation improvements and refurbishments as specified in the District’s updated Master Plan and for the purpose of funding maintenance operations of the District; and

**WHEREAS**, the Board, through Resolution 92-06-51, has ordered that the park and recreation improvements specified in the Engineer’s Report dated March 26, 1992, be constructed, and has estimated that the cost of such proposed park and recreation improvements is greater than can be raised from a single annual assessment, and has ordered that the estimated costs of these improvements be raised by an assessment levied and collected in annual installments over a period of 20 years, commencing in fiscal year 1992-93 and ending in fiscal year 2012-13 and then continued from year to year as necessary to fund other capital, maintenance and other needs;

**NOW, THEREFORE, BE IT RESOLVED**, by the Board of Directors of the Orangevale Recreation and Park District, County of Sacramento, State of California, that:

- On July 17, 1991, by its Resolution No. 816, this Board ordered the formation of and levied the first assessment within the Orangevale Recreation and Park District Maintenance Assessment District 1991 (the “Assessment District”) pursuant to the provisions of the Landscaping and Lighting Act of 1972.
- On February 11, 2021 this Board adopted Resolution No. 21-02-659, A Resolution Directing Preparation of the 2021-22 Annual Report for the Orangevale Recreation and Park District Maintenance Assessment District. Pursuant to this resolution, SCI Consulting Group, the Engineer of Work, prepared a report in accordance with Article XIIIID of the California Constitution and Section 22565, et seq., of the California Streets and Highways Code (the “Report”). The Report has been made, filed with the Clerk of the Board and duly considered by the Board and is hereby deemed sufficient and preliminarily approved. The Report shall stand as the Engineer’s Report for all subsequent proceedings under and pursuant to the foregoing resolution.
- It is the intention of this Board to levy and collect assessments within the Assessment District for fiscal year 2021-22. Within the Assessment District, the existing and proposed improvements, and any substantial changes proposed to be made to the existing improvements, are generally described as installation, maintenance and servicing of public recreational facilities and improvements, including, but not limited to, turf and play areas, landscaping, ground cover, shrubs and trees, irrigation systems, drainage systems, lighting, fencing, entry monuments, basketball courts, tennis courts, gymnasium, running tracks, swimming pools, other recreational facilities, security patrols to protect the Improvements, graffiti removal and repainting, and labor, materials, supplies, utilities and equipment, as applicable, at each of the locations owned, operated or maintained by the Orangevale Recreation and Park District.
- The Assessment District consists of the lots and parcels shown on the boundary map of the Assessment District on file with the Clerk of the Board of the Orangevale Recreation and Park District, and reference is hereby made to such map for further particulars.
- Reference is hereby made to the Engineer’s Report for a full and detailed description of the improvements, the boundaries of the Assessment District and the proposed assessments upon assessable lots and parcels of land within the Assessment District. The Engineer’s Report identifies all parcels which will have a special benefit conferred upon them and upon which an assessment will be imposed.
- The assessments are not proposed to increase from the previous year’s assessments. The Board of Directors declares its intent to levy and collect assessments for the fiscal year 2021-22 within said district at an assessment rate of \$3.50 per month or \$42.00 per year per single family residential parcel, apartment unit and/or condominium; a lower rate of \$3.08 per month or \$36.96 per year per each mobile home unit or per one-quarter acre parcel devoted to commercial use; and a rate of \$1.40 per month or \$16.80 per year per one-quarter acre for parcels devoted to industrial or mini storage use, all as set forth in the benefit chart included in the Engineer’s Report.
- Notice is hereby given that on June 10, 2021, at the hour of 6:30 p.m. at the District offices of the Orangevale Recreation and Park District, 6826 Hazel Avenue, California 95662, the Board will hold a public hearing to consider the ordering of the improvements and the levy of the proposed assessments. If the meeting cannot be held in person due to the current COVID-19 situation, instructions regarding how to participate remotely will be posted at [www.ovparks.com](http://www.ovparks.com).
- Prior to the conclusion of the hearing, any interested person may file a written protest with the Clerk of the Board, or, having previously filed a protest, may file a written withdrawal of that protest. A written protest shall state all grounds of objection. A protest by a property owner shall contain a description sufficient to identify the property owned by such owner. Such protest or withdrawal of protest should be mailed to the Orangevale Recreation and Park District, 6826 Hazel Avenue, California 95662.
- The Clerk of the Board shall cause a notice of the hearing to be given by publishing a copy of this resolution once, at least ten (10) days prior to the date of the hearing above specified, in a newspaper circulated in the Orangevale Recreation and Park District.

**PASSED AND ADOPTED** this 13th day of May 2021, by the following vote:  
AYES : S.Brunberg, M.Meraz, L.Montes, E. Swenson, M.Stickney  
NOES: None ABSENT: None ABSTAIN: None  
Signed: CLERK OF THE BOARD

Citrus Heights Messenger 6-18-2021

Note: The public hearing on June 10 ordered in the following resolution has been continued to July 8, 2021.

**RESOLUTION NO. 21-05-665**  
**A RESOLUTION OF THE BOARD OF DIRECTORS OF THE ORANGEVALE RECREATION AND PARK DISTRICT APPROVING THE RESOLUTION OF INTENTION TO LEVY ASSESSMENTS FOR FISCAL YEAR 2021-22, PRELIMINARILY APPROVING THE ENGINEER'S REPORT AND PROVIDING FOR NOTICE OF HEARING FOR THE KENNETH GROVE LANDSCAPING AND LIGHTING ASSESSMENT DISTRICT**

**WHEREAS**, the Board of Directors (the “Board”) of the Kenneth Grove Landscaping and Lighting Assessment District, County of Sacramento, State of California, has previously ordered through Resolution 94-05-86A the formation of an assessment district pursuant to the provisions of the Landscaping and Lighting Act of 1972 for the purpose of financing certain park and recreation improvements and refurbishments as specified in the District’s updated Master Plan and for the purpose of funding maintenance operations of the District; and

**NOW, THEREFORE, BE IT RESOLVED**, by the Board of Directors of the Kenneth Grove Landscaping and Lighting Assessment District, County of Sacramento, State of California, that:

- On February 11, 2021, this Board adopted Resolution No. 21-02-660, A Resolution Directing Preparation of the 2021-22 Engineer’s Report for the Kenneth Grove Landscaping and Lighting Assessment District (the “Assessment District”). Pursuant to this resolution, SCI Consulting Group., the Engineer of Work, prepared a report in accordance with Article XIIIID of the California Constitution and Section 22565, et seq., of the California Streets and Highways Code (the “Report”). The Report has been made, filed with the Clerk of the Board and duly considered by the Board and is hereby deemed sufficient and preliminarily approved. The Report shall stand as the Engineer’s Report for all subsequent proceedings under and pursuant to the foregoing resolution.
- It is the intention of this Board to levy and collect assessments within the Assessment District for fiscal year 2021-22. Within the Assessment District, the existing and proposed improvements, and any substantial changes proposed to be made to the existing improvements, are generally described as installation, maintenance and servicing of public recreational facilities and improvements, including, but not limited to, turf and play areas, landscaping, ground cover, shrubs and trees, irrigation systems, drainage systems, lighting, fencing, entry monuments, basketball courts, tennis courts, gymnasium, running tracks, swimming pools, other recreational facilities, security patrols to protect the Improvements, graffiti removal and repainting, and labor, materials, supplies, utilities and equipment, as applicable, at each of the locations owned, operated or maintained by the Kenneth Grove Landscaping and Lighting Assessment District.
- The Assessment District consists of the lots and parcels shown on the boundary map of the Assessment District on file with the Clerk of the Board of the Kenneth Grove Landscaping and Lighting Assessment District, and reference is hereby made to such map for further particulars.
- Reference is hereby made to the Engineer’s Report for a full and detailed description of the improvements, the boundaries of the Assessment District and the proposed assessments upon assessable lots and parcels of land within the Assessment District. The Engineer’s Report identifies all parcels which will have a special benefit conferred upon them and upon which an assessment will be imposed.
- The assessments are not proposed to increase from the previous year’s assessments. The Board of Directors declares its intent to levy and collect assessments for the fiscal year 2021-22 within said district at an assessment rate of \$12.57 per month or \$150.78 per year per single family residential parcel, apartment unit and/or condominium as set forth in the benefit chart included in the Engineer’s Report.
- Notice is hereby given that on June 10, 2021, at the hour of 6:30 p.m. at the District offices of the Orangevale Recreation and Park District, 6826 Hazel Avenue, California 95662, the Board will hold a public hearing to consider the ordering of the improvements and the levy of the proposed assessments. If the meeting cannot be held in person due to the current COVID-19 situation, instructions regarding how to participate remotely will be posted at [www.ovparks.com](http://www.ovparks.com).
- Prior to the conclusion of the hearing, any interested person may file a written protest with the Clerk of the Board, or, having previously filed a protest, may file a written withdrawal of that protest. A written protest shall state all grounds of objection. A protest by a property owner shall contain a description sufficient to identify the property owned by such owner. Such protest or withdrawal of protest should be mailed to the Orangevale Recreation and Park District, 6826 Hazel Avenue, California 95662.
- The Clerk of the Board shall cause a notice of the hearing to be given by publishing a copy of this resolution once, at least ten (10) days prior to the date of the hearing above specified, in a newspaper circulated in the Kenneth Grove Landscaping and Lighting Assessment District.

**PASSED AND ADOPTED** this 13th day of May 2021, by the following vote:  
AYES : M.Meraz,L.Montes, E. Swenson, M.Stickney, S.Brunberg  
NOES: None ABSENT: None ABSTAIN: None  
Signed: CLERK OF THE BOARD

Citrus Heights Messenger 6-18-2021

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# Dare to Live Without Limits

by Bryan Golden

## What to Do When You Want to Give Up



You've had the experience where things don't go as planned. Nothing you have tried seems to have worked. You are tired, frustrated, and worn out. You really feel like giving up. Feeling this way is normal. Everyone experiences frustration. The key is not allowing frustration to get the better of you.

So what should you do when you want to give up? Since giving up ensures failure, never, ever give up. Giving up is not an option if you want to accomplish anything. There are a variety of strategies which will help you recharge when you feel like giving up. You must never give up because more people regret things they didn't do, compared to the things they did do.

Start recharging by reminding yourself why you started. Review all the benefits you'll experience when successful. Imagine how great you will feel once you have obtained your objective. Doing this boosts your motivation when your energy runs low.

The desire to give up grows when it is taking longer than expected to achieve your goal. Impatience is a major factor which causes people to give up. Be patient. As ambitious as you may be, success often takes longer than anticipated.

Although it's easy to find reported examples of people who have

achieved outstanding goals, what's usually overlooked is how long they struggled before reaching their objective. You will never see stories about those who have given up.

When you feel totally drained, remember that it's darkest just before dawn. Too many people give up just before they turn the corner to success. Since you never know how close you are, you must forge forward even when you are exhausted. How fast you are moving, or the size of each step is immaterial. Maintaining forward momentum is what matters.

Reconnect with the basics if you want to quit. Clarify exactly what you want to accomplish, why you want to accomplish it, and how will you benefit once your objective is achieved. Next, identify what you will miss out on by giving up. Confirming why you are doing what you are doing, fuels your incentive to keep going.

Don't allow your quest to create a feeling of deficiency. You benefit by operating from a position of abundance instead of desperation. For example, a job hunter will have a much better interview if they don't really need the job than if they are desperate to get hired.

Cultivate and maintain an attitude of gratitude by being thankful for all of your current blessings. Those who appreciate everything they have

attract more than those who constantly feel they never have enough. Part of this process is appreciating all that you get to do instead of dreading what you've got to do. Having the freedom to work towards one or more goals is something to be thankful for.

Give yourself credit for the progress you have already made. You've come further than you realize. Although the summit you are headed for may seem distant, looking back at where you started puts how far you have climbed into perspective.

Motivate yourself by studying what others have accomplished. Look at the obstacles they overcame. If they can do it, so can you. They never gave up either. Just like them, you can do what it takes to achieve your goals.

You don't want to regret giving up on something you really wanted. Goal achievement takes determination, effort, and perseverance. When you feel like giving up, rest, recharge, and keep going.

**NOW AVAILABLE:** "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com) or write him c/o this paper. © 2021 Bryan Golden ★

# Social Security Matters

## Will My UK Pension Affect My US Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor



Windfall Elimination Provision (WEP) won't affect your US Social Security benefits.

**Dear Rusty:** I am 57 years old, was born in the UK, and since 1988 have worked in the US. I have always paid US taxes and Social Security. For the last 20 years, my annual income has typically been well north of \$100K. In recent years I have made voluntary payments to the UK National Insurance system looking to claim a retirement benefit from the UK as well as from the US. My concern is that if I claim the UK benefit, this will affect my US Social Security claim. Any insight you can share will be appreciated. **Signed: Worried**

**Dear Worried:** If you have 30 or more years of U.S. employment where you paid into Social Security via payroll taxes on "substantial" earnings, your U.K. pension will not affect your U.S. Social Security benefit when you claim it. Social Security's definition of "substantial" earnings is different for each year but, generally, if you worked full time in the U.S. and paid into Social Security via payroll taxes since 1988, the so-called

Here is a link to Social Security's WEP definition which includes a table of "substantial" earnings needed to count for WEP purposes: [www.ssa.gov/pubs/EN-05-10045.pdf](http://www.ssa.gov/pubs/EN-05-10045.pdf).

The document at this link also describes how WEP works if you have less than 30 years of substantial U.S. earnings. With less than 30 years of substantial earnings on which you paid into Social Security your U.S. benefit will be reduced due to your U.K. pension. The amount of reduction would depend upon how many years of substantial SS-covered earnings you have, but in no case can the reduction be more than 50% of your U.K. pension.

If needed, you can get your Earnings Statement from Social Security, which will show your actual taxable SS earnings for each year to compare against the WEP substantial earnings chart found at the above link. The easiest way to get your Earnings Statement is via your "My Social Security" online account. If you haven't yet set up your personal online account

with SS, you can easily do so at this link: [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount).

So, the bottom line is this: If you have contributed to U.S. Social Security from "substantial" earnings for at least 30 years, your Social Security benefit will not be affected by your U.K. pension; if you have less than 30 years of contributions to SS, it will. As you may know, you cannot collect your U.S. Social Security until you are at least age 62, but if you claim at that age your benefit amount will be reduced by 30%. You'll reach your full retirement age at age 67, and that is the point at which you will get 100% of what you've earned by working in the U.S. – subject to WEP reduction only if you have less than 30 years of contributions to Social Security.

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# CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See [legitgov.org](http://legitgov.org)

**US assessing reported leak at Chinese nuclear power facility – Warning of 'imminent radiological threat'** | 14 June 2021 | The US government has spent the past week assessing a report of a leak at a Chinese nuclear power plant, after a French company that part owns and helps operate it warned of an "imminent radiological threat," according to US officials and documents reviewed by CNN. The warning included an accusation that the Chinese safety authority was raising the acceptable limits for radiation detection outside the Taishan Nuclear Power Plant in Guangdong province in order to avoid having to shut it down, according to a letter from the French company to the US Department of Energy obtained by CNN. While US officials have deemed the situation does not currently pose a severe safety threat to workers at the plant or Chinese public, it is unusual that a foreign company would unilaterally reach out to the American government for help when its Chinese state-owned partner is yet to acknowledge a problem exists.

**The Same Suspicious SQL Software Discovered in Michigan Dominion Voting Machines Was Found in Pennsylvania Dominion Voting Machines** | 13 June 2021 | A recent election assessment conducted in Pennsylvania's Fulton County and published in February 2021, found the existence of the Microsoft SQL database on the Dominion Voting Machines in the county. According to the Fulton County report, the analysts found "no valid reason" for the software to be installed on the system. They also reported that Dominion failed to fill out the appropriate forms regarding the software. This is the same software Michigan Attorney Matthew Deperno's expert found on the Dominion machines as was demonstrated in Michigan. The software allows anyone with privileges to simply change values in the database directly in order to change the outcome of the election leaving no trace whatsoever.

**Reporter who broke story on Clinton-Lynch tarmac meeting found dead** | 13 June 2021 | The journalist who broke the story about the controversial 2016 tarmac meeting between former President Bill Clinton and then-Attorney General Loretta Lynch was found dead Saturday morning, according to police. The body of 45-year-old Christopher Sign, a news anchor for ABC 33/40 in Birmingham, was discovered by Hoover police and fire personnel at around 8 a.m. following a 911 call about a person down in a residence in Alabama, according to AL.com. Hoover police Lt. Keith Czeskleba said Sign's death is being investigated as a suicide, the report added.

**Study shows hydroxychloroquine treatments increased coronavirus survival rate by almost three times** | 9 June 2021 | A new study shows that the controversial drug hydroxychloroquine touted by former President Donald Trump increased the survival rate of severely ill coronavirus patients. The observational study, published by medRxiv, found that antimalarial drug hydroxychloroquine, along with azithromycin, could increase the coronavirus survival rate by as much as nearly 200% if distributed at higher doses to ventilated patients with a severe version of the illness. "We found that when the cumulative doses of two drugs, HCQ and AZM, were above a certain level, patients had a survival rate 2.9 times the other patients," the study's conclusion states.

**CDC knew the coronavirus hospitalization rate had fallen among teens but chose to 'cynically exploit the fears of parents in cover-up to boost vaccination rate'** – | 14 June 2021 | The CDC has been accused of deliberately misleading the public about COVID-19, after claiming that teenagers were being hospitalized in increasing numbers - when preliminary data was already showing the number was actually declining. The June 4 report showed that, in April, hospitalizations of people aged 12-17 rose to 1.3 per 100,000 people. Yet Fox News host Steve Hilton pointed out that when the report was published, the data actually showed figures had been falling. The May and June data showed that hospitalizations among the teens were starting to fall but those figures had been kept out of the report. ★

# Ask Toni

## Is the Donut Hole Getting You!!



Toni King

Toni:

Last year, my husband got into the "donut hole" in September. I can see from the Part D statement he receives monthly that he is rapidly approaching the donut hole and it is only the beginning of May. He has only added one new prescription, Xarelto since last year and is entering the donut hole earlier than last year.

We can afford his co pays of \$180 per month, that he paid at the pharmacy. The monthly Part D statement says the prescription drugs cost is \$1250 per month. This confuses me?

Please give me options to help control this cost!

~ Thanks Jennifer from Dallas, TX

Jennifer:

Your husband's prescription drug problem is a typical problem since the cost of brand name prescriptions such as Xarelto have risen dramatically. You can afford his \$180 co pays, BUT... have no idea that the true cost of his prescription drugs is now \$1250 each month.

Once his Medicare Part D prescription drug plan and the co pays he pays totals \$4130 for 2021 for his covered drugs, then your husband has entered the famous "Donut Hole" or coverage gap.

He must pay to \$6550 to get out of the "Donut hole". He will pay 25% cost for a brand name drug and the brand name drug manufacturer will pay 70% of that covered brand name drug cost with the remaining 5% cost paid by the prescription drug plan which he enrolled in.

What happens if your brand name drug is not a "covered" brand name drug on your specific Part D plan? Your husband will have to pay 100% of that brand name drug.

Generics cost a considerable amount less and for 2021, the cost is a 25% co pay for the generic cost instead of 25% co pay for the cost of an expensive brand name

prescription drug when in the "Donut hole".

That is why it is important when choosing a Medicare Part D prescription drug plan whether beginning Medicare for the first time or during Fall's Medicare's annual enrollment period to be sure all prescriptions are covered on one's Medicare Part D plan.

Do research prior to enrolling in a Part D because one cannot change if the wrong choice for a Part D plan is made until Medicare's next annual enrollment period which is from October 15th to December 7th every year.

January 1 of each year, the process starts all over again, with a new Medicare Prescription Drug plan and different costs, deductibles, and a new Donut hole.

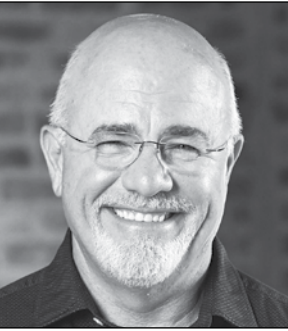
**Toni's Tips to help you stay out of the Donut Hole or not get in it as soon!**

1. Visit [www.medicare.gov](http://www.medicare.gov) when selecting a Medicare Part D plan whether it is your first time or changing during Medicare's Annual Enrollment Period in the fall. This is an accurate way to view the cost of drugs and which plan and pharmacy is most cost effective.
2. Talk to your doctor or doctors about which brand name drugs can be changed to generics.
3. Get samples from your doctor.
4. See what generics are on GoodRX.com website or in a \$4 or \$5 generic prescription drug programs at HEB, Wal-Mart, and Costco etc.... Pay for the generics out of your pocket.
5. Sign up for Toni's newsletter and receive a "free" copy of the new Medicare Prescription Drug Survival Guide e-book version at [www.tonisays.com](http://www.tonisays.com).

2021 Confused about Medicare and LTC Zoom webinar is Thursday, June 24th at 4:00 PM. Visit [www.tonisays.com](http://www.tonisays.com) to sign up for Toni's new webinar event.

Toni King, Medicare author/advocate is giving a \$5 discount to the Toni Says® readers on the new 2021 Medicare Survival Guide® Advanced book at [www.tonisays.com](http://www.tonisays.com). Have a Medicare question? Call 832/519-8664 or email [info@tonisays.com](mailto:info@tonisays.com). ★





Smallest to Largest

Dear Dave,

I'm on Baby Step 2, and I'm working hard to get out of debt. My last two debts are \$6,000 on a credit card, and \$10,000 on a car loan. I'll be receiving a \$6,000 bonus at work in a couple of weeks, and I was wondering what to do with the money. I'm single, and I make about \$45,000 a year, so should I sell the car and get rid of some debt that way, or use the extra money to completely pay off the credit card debt?

– Aaron

Dave Ramsey Says

Dear Aaron

Just remember the debt snowball – pay off your smallest to largest. In your case, that means knocking out the credit card debt completely, and then attack the car loan with a vengeance. It will be a lot easier once you're rid of that credit card debt. A \$10,000 car with a \$45,000 income isn't unreasonable, but don't mess around and let that note hang around longer than absolutely necessary.

My rule of thumb when it comes to things with motors, wheels – I'm talking about big toys, here – is when they're all added together, they shouldn't equal more than half your annual income. You don't want that much money wrapped up in things that are going down in value.

You're in no danger of that here, but at this point you're so close to being debt-free you can practically taste it.

Follow the plan, Aaron. And stay focused and intense about becoming debt-free. You're almost there!

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives.

Two Arrested for EDD Fraud Totaling More Than \$600,000

By Shelly Orio, Sacramento County District Attorney's Office

SACRAMENTO COUNTY, CA (MPG) - On February 2, 2021, the Sacramento Police Department North Gang Enforcement Team conducted a traffic stop on 24-year-old Adrian Sykes and found him to be in possession of a fully automatic Glock handgun. Officers conducted a probation search of his residence and seized drugs, body armor and five additional firearms. Those firearms included a loaded Masterpiece Arms Mac-9 with no serial number, an Anderson Manufacturing AR-15, and an unregistered loaded ABC Rifle AR-Pistol. Officers also found six Employment Development Department (EDD) debit cards. At that time, Sykes was charged with six counts of being a felon in possession of a firearm, one count of possessing drugs with a firearm, and one count of being a

felon in possession of ammunition. Sykes posted bail on these offenses and was released from custody.

The Sacramento County District Attorney's Office, Sacramento Police Department, and EDD conducted a joint investigation into the six EDD cards that were located. They found that Sykes and his girlfriend, 26-year-old Brittney Murchison, had filed multiple fraudulent EDD claims. In total, 35 different fraudulent claims were filed using the personal identifying information of victims from across the country and over \$600,000 was illegally obtained.

The Sacramento Police Department North Gang Enforcement Team arrested Brittney Murchison on May 27, 2021 for committing EDD fraud. Murchison was charged with 16 counts of EDD fraud and one count of identity theft. Sykes was located and arrested in Las Vegas, Nevada on

June 7, 2021 by agents of the Las Vegas Metro Police Department and agents from the Federal Bureau of Alcohol Tobacco and Firearms. Sykes is currently in custody in Las Vegas pending extradition to Sacramento, California where he will face an additional 35 counts of EDD fraud and one count of identity theft.

According to District Attorney Anne Marie Schubert, "Law enforcement across the state has witnessed staggering EDD fraud committed by criminals and their accomplices. At the same time, we have witnessed an alarming increase of illegal firearms in our communities. This dangerous combination undoubtedly has fueled a dramatic increase in violent crime throughout the state. Sacramento's law enforcement agencies will continue to partner together to investigate EDD fraud and the additional havoc it brings to our community."

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**Crossword Puzzle on Page 11**

G	R	I	P		F	A	A		T	H	O						
P	O	O	R		A	L	U	M		D	P	H	I	L			
O	T	T	O		B	A	R	E		O	A	R	E	D			
					C	A	T	W	O	M	A	N					
					E	R	A	S	E		P	I	T				
H	A	M	M	E	R				H	E	E	H	A	W	S		
E	D	O			A	D	D	S	U	P		E	V	I	L		
A	M	U	C	K		O	I	L		C	R	O	N	Y			
P	I	S	A		P	U	N	K	A	H		I	C	E			
S	T	E	P	S	U	P			W	O	N	D	E	R			
					T	U	B		P	O	L	I	O				
					A	C	A	I		S	U	P	E	R	M	A	N
A	G	A	I	N					I	R	I	S		A	R	I	D
T	H	I	N	G					L	E	N	S		D	U	N	E
M	A	N							L	E	E			S	M	E	W

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**Sudoku Puzzle on Page 11**

7	9	3	4	5	1	6	8	2
8	4	1	7	2	6	9	3	5
5	6	2	3	9	8	1	7	4
6	2	8	5	4	9	7	1	3
4	5	9	1	3	7	8	2	6
1	3	7	8	6	2	5	4	9
9	7	5	2	8	4	3	6	1
2	8	6	9	1	3	4	5	7
3	1	4	6	7	5	2	9	8

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**CLUES**

ACROSS

- Golf club handle
- Aviation safety agency
- Although, for short
- "Give me your tired, your young"
- Homecoming guest
- PhD in Great Britain
- Legendary NFL quarter-back Graham
- Like Old Mother Hubbard's cupboard
- Propelled like Argo
- Batman's romantic interest
- Wildebeests
- Use the other end of a pencil
- Cherry middle
- Thor's weapon
- Brays like a donkey
- Another word for Tokyo
- Makes a sum (2 words)
- "Like The Joker"
- Without self-control
- Black gold
- Buddy
- Site of Leaning Tower
- Canvas ceiling fan
- \* \_\_\_\_ man, one of original X-Men
- Comes to the fore
- \* \_\_\_\_ Woman, first female in the Justice Society of America
- "Rub A Dub Dub" vessel
- Paralysis-causing disease, for short
- Smoothie berry
- \* a.k.a. the Caped Crusader
- "Encore!"
- Pupil's place
- Like Arizona in summer
- "Ben Grimm of 'It's clobberin' time!' fame, with The
- Eyeglasses glass
- Buggy terrain
- Gingerbread creation
- \* Superhero creator, Stan

64. Eurasian duck

DOWN

- Government Printing Office
- Campus military acronym
- Letter before kappa
- For the time being, Latin (2 words)
- Basic drumming pattern, pl.
- Saints' crowns
- End of grace
- Through, for short
- Hie, third person singular
- Not new or borrowed or blue
- "All \_\_\_\_!"
- Motherless calf
- "Wakanda's Black \_\_\_\_"
- Make havoc
- Coach's locker room speech
- Oodles
- \_\_\_\_ one, on a pass
- "Mighty \_\_\_\_"
- "Known to say: 'You wouldn't like me when I'm angry'"
- Steer clear
- Grimace in pain
- More cunning
- Make pretty, two words
- Break a commandment
- \* America's title
- Vienna Boys' group
- Public house, for short
- Devoid of reverence

44. Seeking damages

46. Wondering ones

48. Put through a blender

49. Offer two cents

50. Turkish honorific

51. Jealous biblical brother

52. Perfect houseplant spot

53. Bob \_\_\_\_, famous boxing promoter

54. Cat o' how many tails?

55. Cash dispenser

58. Morning condensation

**Crossword Puzzle Solutions on Page 11**

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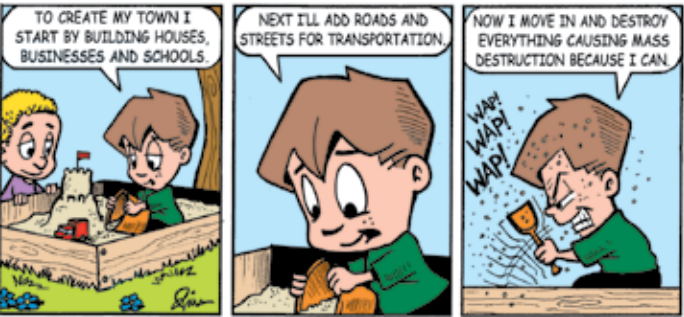
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				6		3	5
	2			8	1		
2			4		7		
		1		7			
	7		6			4	
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2	8		9				
	1	4		7			9

Solutions on Page 11



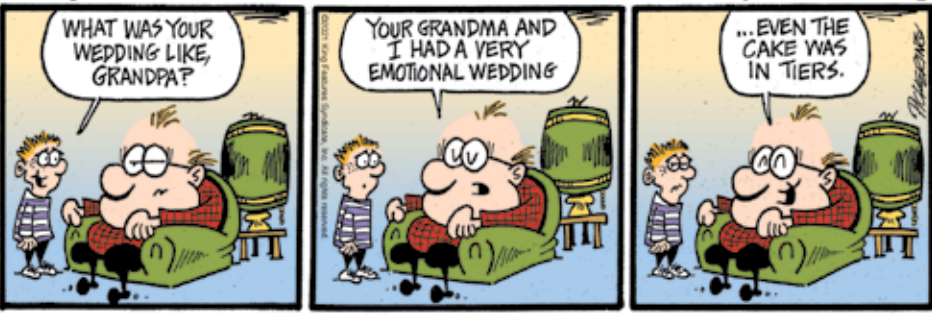
WEEKLY COMICS

Amber Waves



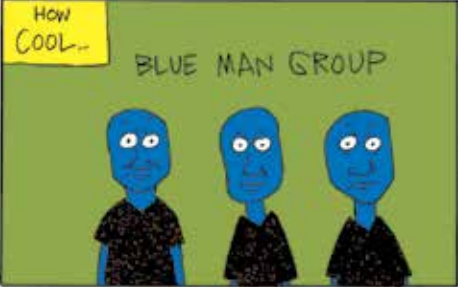
by Dave T. Phipps

The Spats



by Jeff Pickering

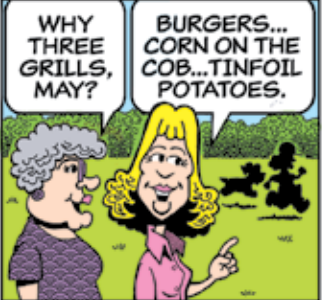
Out on a Limb



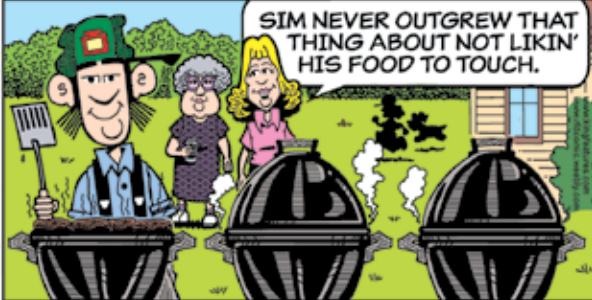
by Gary Kopervas



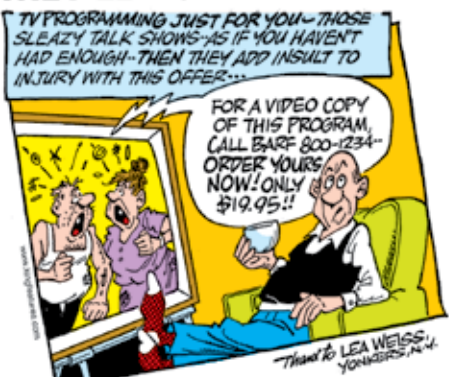
R.F.D.



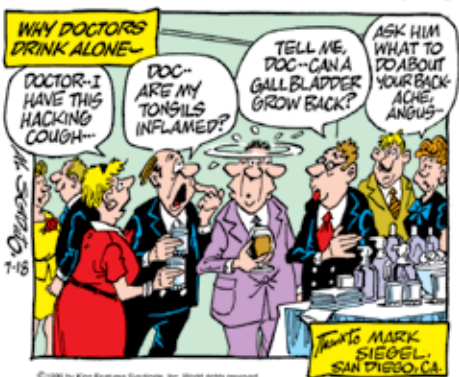
by Mike Marland



THEY'LL DO IT EVERY TIME



BY AL SCADUTO



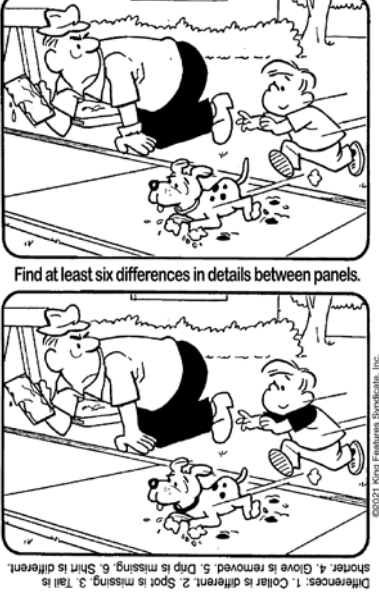
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by Dave T. Phipps



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# Newsom Owes Apology for EDD’s Failings?



By Dan Walters  
CALMatters

Were Gov. Gavin Newsom as humble as he often proclaims to be, he would interrupt his “California Comeback” campaign long enough to issue a personal apology to hundreds of thousands of Californians who remain mired in the managerial meltdown at the Employment Development Department.

Yes, as Newsom constantly reminds us, the threat from COVID-19 has diminished and the state’s battered economy is slowly recovering. Nevertheless, California has the nation’s second highest unemployment rate and well over a million California workers are still jobless, many of whom qualify for unemployment insurance benefits — if they can ever get their applications resolved.

Journalists who write about economic issues, including yours truly, receive steady streams of emails from frustrated claimants who can’t get their calls answered and/or have their benefits frozen for reasons that are never explained.

A lengthy message from “Lindsay” typifies the sad syndrome. She worked for a travel agency before

being laid off last year and has been dealing with the EDD bureaucracy, or trying to deal, ever since, even after returning to parttime work. One passage:

“It wasn’t until April 22nd that I got my back pay for the previous 6 1/2 weeks I went without a dime. Mind you during this time I had lost my car insurance 2x, missed being able to celebrate Christmas or buy gifts, couldn’t pay rent or really eat. I barely take home \$600 twice a month from work too.

“After the last back pay I received it wasn’t even a full week before realizing I had not received any money from EDD. I guess because I had this \$1,500 in back pay that was deposited. I hadn’t really calculated the fact that I was missing 2 of my weeks that I just certified for and logged in to my (unemployment insurance) account to see that EDD had randomly disqualified me for 2 weeks of pay without any reasoning, no information sent to me or emailed, and this occurred without notifying my employer.

The problems with EDD first surfaced 14 months ago, when the economy was shutting down due to Newsom’s emergency orders, and Newsom promised to fix them. “We have to meet the moment,” he told reporters then. “We have to provide more support.”

In fact, however, the glitches continued and became steadily worse. The most recent EDD bulletin says it has a backlog of nearly 230,000 unresolved claims, a number that has

been growing lately, not shrinking.

When Newsom launched his California Comeback campaign with a lavishly choreographed State of the State speech in March, he obviously meant it to blunt a recall campaign aimed at short-circuiting his political career.

He touted progress on dampening the pandemic and rebuilding the economy and closed with “Our hopeful vision of our brighter future is the basis for the decisions we make today. We place faith over fear — optimism over pessimism. The power is in our hands.”

Newsom did not, however, even mention the never-resolved crisis at EDD that he had promised to repair nearly a year earlier. The revised state budget he unveiled in May does mention it, saying blandly, “The pandemic has exposed many of EDD’s antiquated processes and outdated infrastructure, resulting in a delay or inability for many Californians to access (unemployment) benefits.”

Duh. Everybody, including Newsom, knew that more than a year ago. Subsequently, EDD managed to hand out billions of dollars to fraudsters while jobless workers like Lindsay have suffered economic stress because he didn’t make good on his promise, which is why he owes them a humble apology.

*Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.* ★



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# California Reopens

Continued from page 1  
transfer them to hospitals hundreds of miles away.

The tragedies, however, remain. Fifty-five more people were added Friday to California's pandemic death toll, which now includes 62,593 people.

In the past few weeks, California has recorded among the lowest numbers in daily COVID-19 deaths, with numbers similar to April 2020.

About two-thirds of eligible residents have received at least one dose of the vaccine. And as the governor likes to remind us, California has administered almost 16 million more doses than the next most populous state, Texas.

State health officials don't set a vaccination goal for herd or community immunity, since children under 12 – 15% of the population – cannot yet be vaccinated and previously infected people may already be protected.

But experts say that 70% to 85% of the total population must be fully vaccinated to reach large-scale protection against the virus.

The state tracks vaccination progress for those eligible by county. As of last week, Marin County led with 75% vaccinated among its 12 and older population. Lassen County ranked last with 22%. The top six counties with the highest percentage of vaccinated populations are in the Bay Area.

Experts say another wave of infections is possible. But they add that it probably won't be as

severe as the past surges, when labs were overwhelmed with tests and hospitals exceeded their capacity.

Dr. Mark Ghaly, the state's health and human services secretary, said he expects to see outbreaks, especially in counties with lower vaccination rates. "It's at those moments of an outbreak that we need to be ready to vaccinate additional people," he said.

About 56.5% of Black residents and 55% of Latinos have not been immunized, compared to 38% of white residents and 15.5% of Asian Americans, according to the state's vaccination breakdown.

That means the groups that were harmed the most by the virus are still facing the most risk. Mistrust in the health system and vaccine hesitancy are barriers, but experts say access issues, like the inability to take time off work and lack of transportation are likely the bigger issue.

A significant portion of California's seniors – about 1.5 million of them – have not yet been vaccinated, despite being among the most vulnerable to the virus. Seniors make up almost 16% of the state's population, but 73% of COVID-related deaths. Still, 22% of them have not been vaccinated.

People 65 and older have been eligible for shots since mid-January, although the first few weeks were riddled with confusion and supply issues.

Many seniors may be facing access issues. If they don't drive, they likely

rely on family members' schedules. If they are ill or homebound, they might be waiting for public health departments and providers to come to them.

Experts say it also will be important to see how infections play out among kids, many who will be heading back to the classroom soon for the first time in a long time. About 34% of children ages 12 through 17 have received at least one dose.

Vaccines for the approximate 6 million children in California younger than 12 years may not be available well until the fall. Last month, Pfizer said it expects to seek emergency use authorization from the Food and Drug Administration for its vaccine for kids 2 to 11 years old in September.

Ghaly said there are two reasons people may need booster shots – waning immunity and the need for additional protection because of a more dangerous variant.

"I pray that it is very unlikely that it's the variant problem," Ghaly said. But if needed, California is ready to re-up mass-vaccination efforts, he said.

Like with many other diseases, immunity from vaccination can decrease eventually, but because COVID-19 is new, it's unclear how long protection will last.

Ana is a Sacramento-based health reporter. She joined CalMatters in 2020 after four years at Kaiser Health News, where she covered California health care and policy. ★

# Bera's HERO Act Passes to Provide Mental Health Resources

By Travis Horne,  
Office of Representative  
Ami Bera

WASHINGTON, DC (MPG)

The U.S. House of Representatives passed the Helping Emergency Responders Overcome (HERO) Act, bipartisan legislation introduced by Representatives Ami Bera, M.D. (D-CA) and Brian Fitzpatrick (R-PA) that would provide critical mental health resources to our nation's first responders and health care providers.

The HERO Act directs the Secretary of Health and Human Services (HHS) to report to Congress each year on first responder suicide rates, including identifying risk factors, possible interventions, and recommended interventions for further study. It also requires HHS to develop and distribute best practices on the prevention and treatment of posttraumatic stress among first responders.

"Our nation's police officers, fire fighters, and EMTs put themselves in harm's way every day to protect our community, so it's our obligation to be there for them in their time of need by ensuring they have access to life-saving mental health care," said Rep. Ami Bera, M.D. "While our first responders already experience higher mental health stress and higher risk of suicide than many other professions, responding to the COVID-19 pandemic is only increasing those burdens. Our first responders must now bear the additional

mental burdens that daily exposure to the virus brings, especially in light of insufficient personal protective equipment for first responders. Today's passage of the HERO Act means we're one step closer to ensuring mental health resources get to our first responders so that they are able to cope with the added stresses of completing their jobs during the coronavirus pandemic. I look forward to getting this legislation passed in the Senate and signed it into law by the President."

The bill also creates two grant programs. The first is a program to train individual fire fighters and paramedics to provide mental health support to their peers in their organizations. The other grant would train health care providers to serve a similar role in their hospitals and practices.

"Our nation's fire-fighters and emergency medical responders are heroes who risk their lives each day protecting and serving our communities. They routinely witness and experience catastrophic damage, significant injuries, and tragic loss of life, often leading to traumatic stress, mental health issues, and at times, even vulnerability to suicide," said Representative Fitzpatrick. "For too long, the challenges facing our nation's firefighters and emergency medical responders have gone unnoticed and untreated. We must, and we can do more to ensure our first responders have the tools and resources

they need to address mental and behavioral health needs. I commend the House passage of the bipartisan HERO Act, which will support the health and mental well-being of all our hero first responders across the country, and look forward to working with Congressman Bera in seeing the bill passed in the Senate and eventually signed into law."

The HERO Act is the culmination of listening, collaboration, and action by Rep. Bera. Over three years ago, Rep. Bera met with Sacramento-area fire chiefs who told him that firefighters face high and increasing rates of suicide. They shared with Rep. Bera that their own colleagues had died by suicide and that the first responder community lacked the mental health resources to tackle this crisis. After investigating, Rep. Bera learned that the United States does not track how many firefighters and paramedics die by suicide each year. Rep. Bera worked with local and national first responder groups to introduce the HERO Act in 2018, which received support from Sacramento-area first responders and from the International Association of Firefighters, the International Association of Fire Chiefs, the National Association of Emergency Medical Technicians, the American Association of Suicidology, the American Foundation for Suicide Prevention, and the Firefighter Behavioral Health Alliance. ★



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