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# Citrus Heights Messenger

VOLUME 11 • ISSUE 23      Serving the City of Citrus Heights & Sacramento County      JUNE 4, 2021


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## Honoring Our Fallen



Paul Reyes, past American Legion Commander Post 637, addresses audience at Memorial Day service at Sylvan Cemetery. Photos by Sylvia Thweatt

**By Elise Spleiss**

**CITRUS HEIGHTS, (CA)** - Temperatures nearing 100 degrees this past Memorial Day did not deter over 130 Citrus Heights veterans, their families and other attendees from remembering those who lost their lives protecting our country. We were reminded that this is a day of remembering, not a holiday for celebration.

It was standing room only for the first time in two years, as Folsom Harmony Express performed their traditional patriotic songs throughout the morning, including the Armed Forces Medley.

The traditional pre-service march which pauses for reflection at each of the stations explaining each war and conflict returned this year, led by the Boy Scouts and America Legion Post 637 Commander Sylvia Thweatt.

Speakers included former Citrus Heights mayor, now Sacramento County Supervisor Sue Frost. Following the service Frost shared with this reporter that her main message for the day was that ‘freedom

is not free’. “The best way to honor our military service personnel serving this country, and those who gave their lives for it is for us to exercise our freedom and live free. First we must understand our rights then exercise them.” Citrus Heights Police Chief Ron Lawrence reiterated the solemn mood of the day saying, “May we endeavor to eternalize the memory of those we lost, those we never knew, those who gave their all in the noble defense of our great nation and American way of life.”

Finally, American Legion Post 637 Judge Adjutant Jim Monteton reminded the audience that even with the more than 3.5 million men and women lost the last 245 years, there are many more who will never be counted and recognized for their

daily silent sacrifice. Those who die from war-related illnesses after their service, such as Agent Orange from Vietnam. Victims of Post-Traumatic Stress Disorder (PTSD) are still unknown. “Their bodies are there, their minds don’t come home, possibly leading to suicide.” Finally, our POWs and MIAs remain unnamed.

For those who remain home and wait, a quote in a letter sent to the wife of Brigadier General Strong Vincent during the Civil War speaks of the family’s daily sacrifice. “If I fall, remember you have given your husband to the most righteous cause that ever widowed a woman.” ★

## City Updates Housing Element on Orbisculate Day’s Eve

*Story by Shaunna Boyd*

**CITRUS HEIGHTS, CA (MPG)** - Most members of the Citrus Heights City Council were back in chambers for the May 27 meeting, which was still hosted via Zoom for the public. Mayor Steve Miller announced that the City has received the first installment of the federal relief funds (approximately \$7.8 million of the total \$16 million the City is expected to receive), so a revised budget incorporating those funds is expected to come before Council at an upcoming meeting.

The Council issued a proclamation celebrating May 28 as Orbisculate Day in an effort to support the Krieger family’s campaign to get the word added to the dictionary. The word “orbisculate” was coined by Neil Krieger, of Boston, MA, who passed away last April due to complications from COVID-19 at the age of 78 years old. The meaning of the word is when you accidentally squirt yourself in the eye with the juice of a citrus fruit.

Krieger used the word so often that his children, Hilary and Jonathan, grew up believing it was a real word. After his death, they decided to find an unconventional way to honor their father by sharing his word with the world. But getting a word into the dictionary requires that it be used as part of the lexicon, so the family have a list of 78 goals for bringing the word to the public: Goal 5 is a tribute from the City of Citrus Heights.

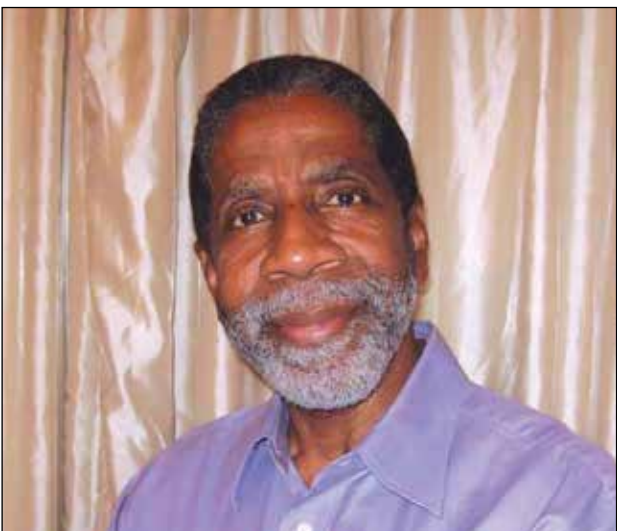
The City’s proclamation states that “the City of Citrus Heights is a community that celebrates resourcefulness and pragmatism – especially in the face of adversity,” so the tribute seeks to “celebrate the spirit of families, connectivity, creativity, and humor” – as well as to acknowledge the Krieger family’s “spirit and determination” after such a significant loss. The proclamation celebrates the word and urges all residents to embrace its usage.

Hilary and Jonathan joined the meeting via

## The Enduring Legacy of Cecil Dyer

**Story and photos  
by Shaunna Boyd**

**CITRUS HEIGHTS, CA (MPG)** - On May 19, 2021, the Citrus Heights community lost a guiding light with the passing of Cecil Dyer. A longtime Citrus Heights resident, Cecil was a loving husband to Gloria and dedicated father to Cecil Jr., Johanna, Joaquina, Loretia, and Evan. He was a veteran of the United States army, a youth mentor, and a successful business owner. He opened Cecil’s Hair Salon on Greenback Ln. in 1996 and



Longtime Citrus Heights resident Cecil Dyer was a dedicated family man, a successful business owner, and an enthusiastic pastor to a local congregation. Photo courtesy of Dyer family.

All Welcome Barber Shop on Mariposa Ave. in 2011.

His family say his true purpose had always been uplifting others, a calling he continued through his ministry at Living Word Christian Fellowship—the church he established on Greenback Ln. in 2014. Ordained as a pastor in 1992, his wife Gloria recalled how he first started his congregation at the barbershop in 1997, praying with clients and offering kind words to those in need.

“He was fully convinced that the greatest

*Continued on page 3*

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# A Busy Playmakers Summer

## Local Non-Profit Offers Free Inclusive Sports for At-Risk Kids

**Story by Shaunna Boyd**

**SACRAMENTO REGION, CA (MPG)** - The Playmakers Organization is a local non-profit that offers free inclusive sports events for at-risk kids, including foster kids and kids with developmental differences. "Today, inclusiveness is more important than ever," said Playmakers founder Greg Roeszler (Coach Roz). The Playmakers goal is to provide resources and support to families while giving kids the opportunity to participate in sports. Coach Roz said, "Team experiences help in their overall development, giving kids a sense of team and a sense of accountability."

All kids deserve the chance to participate, play, and thrive—but not all kids have the same opportunities. At-risk kids are already more likely to be living in a home without a father figure, and Coach Roz explained that the risk increases even more if the child has a disability. Living in a single-parent home comes with challenges that make it more difficult to participate in team sports.

Foster children also face barriers to team sports. Frequent moves to new homes and schools create a lack of stability, making it nearly impossible for them to continue with a team sport. And foster families often can't afford the high cost of traditional team sports, nor the commitment to multiple practices each week.

To bridge this gap in opportunity, The Playmakers Organization has a busy summer planned, with activities and events that will reach more than 2,000 kids and their families. The summer will begin with football camps in Buffalo,



**The hurdles drill tests participants' speed and agility.** Photo by Shaunna Boyd



**Participants practice their hitting techniques while breaking through the dummy bags.** Photo by Shaunna Boyd

New York; Omaha, Nebraska; and Orange City, Iowa. Here in the Sacramento Region, the Playmaker River City Fun Day cornhole tournament will

be held July 10 at River City Church, and The Harrison Phillips Man of the Year Golf Tournament will be held in Rancho Murieta on July

11-12. The Mike McGlinchey Playmaker Football Camp will be on July 17 at the Fremont School for the Deaf, and the Izzie Lueken Soccer Camp will

be held August 7 (location to be determined).

New this year, Playmakers is launching an All-Inclusive Sports league with weekly games. With a baseball season, football season, and basketball season, participants will be able to engage with sports year-round. The practice and game will be held on the same day, and kids can attend as often as they are able. Coach Roz explained that kids will be able to come whenever they can and they'll have a uniform, a coach, a referee, teammates, and "people cheering for them."

To reach the kids most in need, Playmakers is partnering with Autism Speaks; Big Brothers Big Sisters; and Defending the Cause Regional Alliance, which coordinates with foster agencies and advocates for children in the foster system.

Since Playmakers is designed to support kids and enrich their lives, Coach Roz wanted them to have a voice in the organization's direction. The Playmakers Children's Board of Directors gives kids a unique opportunity to learn leadership skills and responsibility. He says the most important thing for all children is to have someone "just communicate with them and develop a relationship with them."

The league and camps are completely free to kids and their families. As a non-profit, Playmakers depends on generous donations from the community, and there are always various opportunities for volunteers and sponsorships.

Visit [www.ThePlaymakers.org](http://www.ThePlaymakers.org) to learn more about The Playmakers Organization and sign up for upcoming events. ★



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<p>Beef T-Bone Stk</p> <p>Filete de T-Bone</p> <p><b>\$5.99</b> /lb</p>	<p>Beef Cross Rib/Shoulder Roast</p> <p>Asado de Costillas Cruzadas de Carne y Asado de Hombro sin Hueso</p> <p><b>\$3.99</b> /lb</p>	<p>Ground Beef</p> <p>Carne Molida</p> <p><b>\$3.99</b> /lb</p>
<p><b>WAYNE FARMS</b></p> <p>40 lb Box</p> <p><b>\$25.99</b> /box</p> <p>Chicken Drumsticks</p> <p>Piernas de Pollo</p> <p><b>69¢</b></p>	<p><b>ibp®</b></p> <p>Pork Spare Ribs - Single Pak</p> <p><b>\$3.99</b> /lb</p> <p>Country Style Pork Loin Ribs - Bnls</p> <p>Costillas de Lomo de Cerdo al Estilo Campestre</p> <p><b>\$2.49</b> /lb</p>	<p><b>ibp®</b></p> <p>Pork Loin Chops Boneless</p> <p>Chorizos de Cerdo sin Hueso</p> <p><b>\$2.49</b> /lb</p>

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3.99 <small>lb</small>	69¢	69¢	1.79 <small>ea</small>	2.99 <small>lb</small>
Orange Navel 10 lb	Crown Broccoli	Muscadine Tangerines	Golden Kiwi	Guava

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<p><b>Korean Beef</b> Ground Drink 60 x 2.32 oz</p> <p><b>\$2.99</b> EA</p>	<p><b>Zasi</b> Aloe Drink 50.7 fl oz</p> <p><b>\$1.99</b> EA</p>	<p><b>Original</b> Banquet Protein Creamer 300 g</p> <p><b>\$4.99</b> EA</p>	<p><b>Shin Chiko</b> Red Soda 60.7 fl oz</p> <p><b>\$6.99</b> EA</p>	<p><b>Kado Furus</b> Matcha 26 oz</p> <p><b>\$1.99</b> EA</p>	<p><b>Kewpie</b> Mayonnaise 17.04 oz</p> <p><b>\$4.99</b> EA</p>

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<p><b>NOVEL ELECTRIC</b> RICE COOKER (4.5 cups)</p> <p><b>\$1.99</b> EA</p>	<p><b>NOVEL ELECTRIC</b> RICE COOKER (6 cups)</p> <p><b>\$7.99</b> EA</p>
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	<b>Columbus Applewood</b>  REG. \$10.99 <b>\$7.59</b>	<b>Mellini's Saus</b>  REG. \$18.99 <b>\$13.69</b>	



# Sacramento Teachers of the Year Recognized at River Cats Game



Diane M. Beeken Boyd, English, Mesa Verde High School. Photo provided by Bouchard Communications Group

By Elizabeth Anderson, Bouchard Communications Group

**SACRAMENTO REGION, CA (MPG)** - For the first time in two years, Sacramento-area Teachers of the Year were honored at a River Cats game on Sunday, May 23, at Sutter Health Park. The celebration did not happen last year due to the pandemic. As a result, this year’s event had a larger than normal slate of 27 honorees being celebrated for both the 2019-2020 and 2020-2021 school years.

SchoolsFirst FCU is sponsoring the celebration. “We are proud to serve the educational community throughout the Sacramento region, and are grateful of these deserving teachers who work tirelessly to contribute to the foundation of our community and a student’s future. We are especially appreciative of all they’ve done to teach and support students and their families during this most difficult year,” said SchoolsFirst Federal Credit Union’s President and CEO, Bill Cheney. “It is an honor to partner with the Sacramento County Office of Education and the Sacramento River Cats organization to celebrate these leaders in education.”

The Teachers of the Year recognized included:

**2019-2020 School Year**  
Jessica Kahn, K-5th Grade (Counseling Enriched Program), White Rock Elementary;  
Diane M. Beeken Boyd, English, Mesa Verde High School; Svetlana Popov, Mathematics, Rio Americano High School

**2020 - 2021 School Year**  
Monica Burlando, 3rd Grade, Misson

Avenue Open Elementary School; Vicky Warren, 9th - 12th Grade (Health, Art), Casa Roble Fundamental High School

Honorees were treated to two tickets to the Sunday River Cats game, food vouchers, and special swag. They also received special recognition in the stadium during the game. In addition, four of the teachers that were selected as Sacramento County Teachers of the Year, were honored on the field in a special pre-game recognition, including Belinda Foster, Lynda Bettencourt, Gewon Richards, and Julie Fong.

“Teachers dedicate their lives to supporting and nurturing our children and deserve recognition. We are grateful to the Sacramento River Cats and SchoolsFirst Federal Credit Union for leading the way in celebrating our area’s top teachers and helping more people better understand their essential role in our community,” said David W. Gordon, Sacramento County Superintendent of Schools.

SchoolsFirst FCU, the largest credit union in the country focused on serving school employees, is dedicated to improving the financial lives of its Members and providing World-Class Member service. Today they serve more than 1.1 million school employees and their families with a full range of financial products and services – from savings and loans to investment, retirement and insurance products. SchoolsFirst FCU ended 2020 with more than \$23 billion in assets and remains the largest credit union in California, and the fifth largest nationwide. ★

# The Enduring Legacy of Cecil Dyer



As the community mourns the loss of Cecil Dyer, his family shares memories of the lessons he taught about love, strength, and kindness. Pictured left to right: Cecil’s daughter Joaquina, wife Gloria, and son Cecil Jr. Photo by Shaunna Boyd.

*Continued from page 1*

contribution he could make in life would be to draw other people to Christ, because that is the key to how we treat people,” said Gloria. “And so he tried to treat other people the way he believed Jesus would, and that is with love, kindness, generosity.”

Cecil would go to great lengths to help someone, often traveling to sick or elderly clients to provide haircuts, prayers, or comfort. Even after his cancer diagnosis, he didn’t slow down. His daughter Joaquina said, “That was his joy in life. It wasn’t work to him. What made him happiest was when he could help people.”

As his health deteriorated, his kindness and positivity never faltered. From the hospital, just days before his passing, he was still making calls to members of the congregation who needed solace or support.

Daughter Johanna said there has been an outpouring of love from the community, with many expressing gratitude for Cecil’s impact on their lives. “It’s amazing how far and how deep his roots reached in the community.”

The Citrus Heights City Council recently issued a proclamation honoring Cecil’s life and legacy, with Vice Mayor Porsche Middleton sharing a personal comment: “Cecil Dyer had a huge impact on my family when we first moved to Citrus Heights. That was the first barber-shop we went to, and we stayed there; we’re still there. He cut my father’s hair, my husband’s hair, my boys’ hair, my mom’s hair, even my hair from time to time. And he’s always been a huge supporter of everything that is great about Citrus Heights and loved to see our community thrive and grow. ... He was a very good man, and we are very blessed to have had him in our community.”

Gloria thanked the Council for remembering and honoring her late husband. “This community has just been wonderful to us, and we are so thankful that the City has recognized his value to this town he has loved so much. It was a great privilege for him to serve this community and the many people who came into his shop as well as into our church.”

Gloria and her children remember Cecil often telling people to “keep your shoulders wide,” meaning to keep your chin up and don’t get knocked down. And now, his family holds onto the lessons he taught them as they continue to live by his example. Gloria said, “His legacy will remain a blessing,” both to his family and to all who knew him. ★

# California State Board of Equalization Adopts \$126.8 Billion in Assessed Property Value

By Peter Kim, California State Board of Equalization

**SACRAMENTO, CA (MPG)** - The California State Board of Equalization (BOE) unanimously adopted the \$126.8 billion in assessed property values of 341 companies within California, which include telephone, gas, and electric companies, independent power producers, regulated railroads, and intercounty pipelines. In the upcoming fiscal year, schools and local communities statewide will receive a total of approximately \$1.99 billion in property tax revenue resulting from the Board exercising one of its core constitutional functions.

“The BOE’s critical role protects the tax dollars

schools and local communities depend on every day,” said BOE Chairman Antonio Vazquez. “On behalf of the entire Board, I commend BOE staff for their expertise and hard work as today’s action translates to funding teachers, public safety officials, parks, and roads across California.”

Whereas most property in California is assessed by the 58 County Assessors, the BOE serves as the “59th assessor” by directly assessing certain public utilities, regulated railroads, and intercounty pipelines throughout the state. Also, since these properties are not subject to Proposition 13, the BOE annually determines the market value or the “unitary value” of property that includes improvements, personal property, and land.

The BOE develops the fair market value by considering market conditions, use of and income generated by the property, replacement costs, investments in the property, regulatory climate, depreciation, and other factors as of the January 1 lien date.

For fiscal year 2021-22, there was a 6.7% increase in the total value from last year in the amount of \$7.9 billion which will generate approximately more than \$124 million additional tax dollars. County governments will use the values set by the BOE to levy the local property taxes.

The entire list of assessed property values and more information on the State-Assessed Properties Program is available on the BOE website. ★

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# The New Young Pastor at Sunrise Community Church

By Marlys Johnsen Norris

**SACRAMENTO REGION, CA (MPG)** - Dr. Luke (42) is the son of David and Marilyn Miller of Vancouver, Canada. He was attending Briercrest College in Caronport, Saskatchewan where he first saw his beloved wife Sara Kraushaar in the church college choir. He could not wait to meet her. They were married on May 30, 2004 and have two delightful sons Levy (8) and Ari (11). Pastor Luke is passionate to reach the youth of today! Luke received a BA degree at Briercrest.

He was raised in a very loving faithful Christian family. When he was around seven years old he went to summer camp. There he heard a lot of biblical teaching and came home with lots of questions. His father took him aside and spent a lot of time talking and answering many of his questions. Then, his father prayed with him, and Luke accepted Jesus Christ as his Lord and Savior. His parents taught him to honor God in whatever he did. They encouraged him to do his best throughout his life.

Pastor Luke was especially close to his grandfather all of his life. His loving grandfather taught him how to play golf. In High School he loved to learn and play sports, music and golf. His first job was helping and working at a hockey rink. Today, he is teaching and takes his two boys to play golf and enjoys taking them to the local golf range.

One of the most



The Millers: Levy (9), Sara, Ari (11) and Dr. Luke Miller. Photo provided by Marlys Norris

“defining moments of Luke’s life” was when he was leaving Australia. He had been studying the biblical epistle to the Romans and as he sat in the airplane seat “all-of-a sudden” a picture of his Christian life flashed before him. The presence of God filled the moment, and this became an important dynamic turning point for his entire life.

There are times in all Christian lives when the “love of God becomes real” to us. Pastor Luke shares his experience of this happening when his wonderful grandfather died. During the ceremony, the song “There is

a Redeemer” was sung and that touched that inner place within him. He realized how much God had done in his life and the presence of God was always very close.

He remembered and was deeply grateful that at a very young age of seven at camp when he was taught and had learned God’s spoken words to all His creation especially in John 3:16. “For God so greatly loved and dearly priced the world that He (even) gave up His only Beloved (unique) Son, so that who-so-ever believes in (trusts, clings to, relies on) Him may not perish – come to destruction,

be lost – but have eternal (everlasting life.” (Amplified Version)

By the age of thirty-two Luke traveled to many countries (Australia, Israel, Italy, Jordan, Egypt, Lebanon, Syria, Venezuela, Malaysia, Singapore, China, Vietnam, Thailand, Cambodia, France, Mexico, Croatia and Monaco. The areas where they stayed the longest he learned several different languages (Hebrew, Ugaritic, Middle Egyptian, Aramaic, and Akkadian).

The longest time was in Israel for 3 1/2 years. These years he attended

the Hebrew University in Jerusalem where he received a MA degree. There he learned the technique for academics, playing music on the drums, as well as studying and reading lots of books. These years he continued to worship and serve in a neighborhood church. God was guiding and directing his life and soon he became a young beginning minister in Regina, Saskatchewan at the Calvary Baptist Church. Later he also received a Ph.D degree in Leiden, Holland.

**Luke’s First Preaching Assignment:**

Then something very

“special” happened that inspired the events of his entire future as a Pastor. With God’s guidance Luke’s passion to reach and touch souls became his real reality. One winter was severe and the roads were closed. The senior minister telephoned him and told him that he most likely would not make it to church to give the message and Luke was given his very first preaching job.

Luke’s prayer for himself today resonates in the fact that “he is not ashamed of the Gospel” as he walks in God’s will for his life. The words of God are the love of his life as he relentlessly studies God’s words to help others learn and follow it in their lives. He is passionate about the neighborhood people and those who do not yet know the Lord. He lives in God’s sovereign will, honoring Almighty God.

Pastor Luke and Sara will always remember what God has done in their lives establishing a blessed future journey here in Fair Oaks as well as in the years to come! Luke’s prayers and heart is for them to always “be tuned into God’s will for their family life” desiring to be serving and discerning what the will of God wants him to do. His favorite books in the Holy Bible are Psalms and Ecclesiastes. He invites you to come and visit them at Sunrise Community Church! Pastor Luke and Sara truly believe “Everything will be done in God’s Time and Season!” To God be all honor and glory. ★




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## Dare to Live Without Limits

by Bryan Golden

### Stop Walking Backwards



When walking backwards it's easy to see where you have been, but difficult to see where you are going. You have to really crane your neck to see where you are headed in order to keep from tripping. Although it is impractical to get through each day walking backwards, this is how many people go through life.

When walking backwards, the view is clear. You see exactly where you have been, along with the route you have taken. However, unless you turn around, you'll struggle making real forward progress.

There are a variety of reasons people walk backwards through life. One significant factor is becoming consumed with the past. While facing backward, it's easy to identify mistakes, missed opportunities, errors in judgement, and what you could have, would have, or should have done.

Obsessing over mistakes you feel you've made overshadows those things you have done right. When the bad overshadows the good, your perception becomes tainted. You then see problems instead of solutions.

The past is over. Don't waste time rehashing what has already transpired. Lamenting the past enables it to pollute your future. You must face the direction you are headed in order to shape your future.

The future is unknown, whereas the past is familiar. Fear and dread of the

unknown cause you to live in the past instead of looking forward towards the future. Regardless of where you are looking, life moves forward.

Instead of fearing the future, embrace its potential by appreciating all the new possibilities it brings. Look forward to leaving your comfort zone. Each step ahead is new and exciting. Prepare for your future by taking positive steps today.

There is a tendency to walk backwards when upset. This is done to focus on the source of discomfort. You become enmeshed with the people or circumstances that spark anger, resentment, or bitterness.

Leave these toxic emotions behind you. Conflict requires the participation of at least two people. Refusing to engage frees you to turn around and move forward. Moving away from conflict reduces its grip on you.

Moving forward connects you with what's really important in your life. Let go of meaningless disputes. Regardless of your past experiences, your thoughts and behavior influence your future. Concentrate your thoughts on how you want to live moving forward, not on negative situations from the past.

Turning around and facing forward enables you to look to the future. It's up to you which path you take. In order to make the best

choice, you have to be looking at all of the options. If you don't intentionally pick your path, you are allowing chance and circumstances to pick it for you.

Whenever you find yourself walking backwards, turn around. Look at where you are going. Alter direction as your goals, needs, and desires change. Adjust for obstacles in your path. If a detour is required, make sure you get back to your intended path as soon as possible.

Having your own desirable goals motivates you to walk forward. Appealing destinations focus your attention on the future. Success requires you to look towards the horizon and beyond. Walking forward keeps you in the present rather than in the past.

Your life is in front of you. Getting the most out of it is accomplished by moving forward. If you have been walking backwards, turning around can happen instantly by making the decision to do so. So, face forward and start stepping into your future.

**NOW AVAILABLE:** *"Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@colum-nist.com](mailto:bryan@colum-nist.com) or write him c/o this paper. © 2021 Bryan Golden* ★



By Pastor Ray Dare

Many people feel like their lives are out of control. They think, "I am a victim of my circumstances. What can I do? I feel powerless to change my situation. Just about the time I make ends meet, somebody moves the ends!" You walk up to somebody and say, "How you are doing?" They say, "I'm doing okay, under the circumstances ..." When I here that I want to say, "What are you doing under them?" Somebody said, "Circumstances are like a mattress, when you get on top you rest easy, if you get under them you suffocate."

God wants us to live each day with confidence in spite of our circumstances. Webster defines confidence as "the state of being certain, the assurance that one will act in a right way, a relation of trust...". That's the way God wants us to think about Him. To trust Him. You place your confidence

## Pastor Ray's Encouraging Words

### How to Conquer Your Circumstances

in Him. You learn to trust Him in spite of your circumstances.

A guy goes out mountain climbing and falls off a cliff. Half-way down he grabs on to a ledge and looks down, it's 1000 feet down! He looks back up, it's 2000 feet back up! He thinks, "How am I going to get out of this?" He starts praying, "God, please help me!" A voice from heaven comes down, "Trust me, let go and I will catch you." He looks back up and says, "Is anybody else up there?"

You may feel like you're hanging from a ledge today and you see no way out of your present difficult circumstances. God says, "Let go and trust me." See, our real problem is what we do with our circumstances. You get under your circumstances when you try to solve them in your own power and strength. How do you know when you're trying to solve your problems in your own strength? You worry. Worry is a form of control. And you get

stressed-out, sick, and tired. You feel like you're suffocating. That's how you know you're operating in your own strength and power. That's how you know you're *under* your circumstances.

The fact is, God wants to help you with the difficulties in your life. He wants to help you conquer your circumstances as you trust in His love. The more you get to know him, the more you will trust him. *"Who shall separate us from the love of Christ? Shall trouble or hardship ...? No, in all these things we are more than conquerors through him who loved us."* Romans 8:35-36(NIV) This verse says YOU are a circumstance conqueror! As you put your life in God's hands and rely upon His love and power, as you let go and trust Him to care for you, nothing can devastate you in life. No matter how dark the situation is, God can help you conquer it.

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By Marlys Johnsen Norris,  
Christian Author

**Believe** there is a God who created heaven and earth and all that exists on this planet! Open the door to your heart about Him. He waits lovingly and patiently just for you!!

The Divine plan of God is recorded instructions written in the Holy Scriptures, the Bible.

**"Thy Word of God is a lamp to my feet and a light to my path."** (Psalm 119:105) The Church of God began that we could have a place to worship God, study and learn.

Once anyone will yield and surrender to God's plan for their life, they will discover that their life will take on real meaning and purpose. Don't we

## Discover Gods Plan

all want our lives to have value?

Each one of us was created very different from one another even when we do see some similarities. Haven't you ever wondered why children within a family can be very different, yet they love and care about each other? Even loving parents do not always treat their children the same even though their love is the same for each child.

Because of our differences we all learn similar things at different levels of understanding. Yet, we all must learn and live similar things to be acceptable in our society. The road of God is not always an easy road because most of us have traveled in the "sin of Adam and Eve" that were passed on to us from the beginning of time. Scripture states; **"All have sinned and fall short of the glory of God"** (Romans 3:23) We may have developed

"strongholds" and false ideas whereby we need healing, deliverance and help.

God is very patient with us to learn His ways to bring joy, peace and fulfillment into our lives. **"Jesus said, I AM THE WAY, THE TRUTH AND THE LIFE NO ONE COMES TO THE FATHER EXCEPT THROUGH ME"** (John 14:6)

The more we learn and practice the ways of God, our lives will be blessed as well.

Growing in our personal relationship, knowledge and love for GOD AND BE "BORN-AGAIN" in the newness of life AND is the only way in your life to find true and lasting **VICTORY!!!!!!!!!!!!**

Marlys Johnsen Norris Christian Author and ARM Columnist since 2006  
Stephen's Minister  
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# Back in Business for ALA 383



Saint Andrews Society of Sacramento's all Scottish members meet monthly for a good meal before their board meeting. Members are also members of the Scottish American Military Society (SAMS), a military service organization. Left to right: Travis Chatters, Tom Melton, Jim Morgan, Ed Moore, Chuck Meng, Bruce Locken, Doug Walters. Photo by Elise Spleiss

By Elise Spleiss

**FAIR OAKS, CA (MPG)** - Life is slowly returning to VFW Post 6158 on Krutof Lane in Fair Oaks after a year-long closure due to COVID-19. American Legion Post 383 and American Legion Auxiliary (ALA) Unit 383 meet at this facility.

In addition to the comradeship and fellowship once again being enjoyed by local veterans, two long overdue activities at the post came together again on May 17.

Monday night fundraiser dinners provided by American Legion Auxiliary (ALA) Unit 383 members resumed, along with the unit's mentorship of their delegate for the 2021 annual summer Girl's State virtual leadership and citizenship program.

Tomorrow's leaders are being trained today. The 78th Session of the California ALA Girls State will take place the end of June.



ALA Girl's State 2021 delegate Ava Brown serves dessert to guests Barbara and Christine. Photo by Elise Spleiss

Ava Brown, a junior at Folsom High School was selected and is being sponsored by this unit for the week-long virtual 'hands on' experience. Participation is highly competitive. Brown was chosen from 13 applicants at Folsom High.

Hundreds of delegates from all 50 states will get real life experience, as well as can be done via Zoom, learning about all aspects of American government. Participants are assigned to a county, then a city, both named after women in California history. Each runs her own campaign to get elected to positions on the county-wide level to the California Supreme Court. One of the goals is for participants to realize how they, as an individual, can make a difference.

On this evening, Brown, along with three Folsom High volunteers helped with the dinner, working on registration, and preparing and serving meals to members of the post and other guests.

Another group which meets at the post is Saint Andrews (all Scottish) Society of Sacramento. Members meet monthly for a good meal before their board meeting. Their purpose is to encourage Scottish traditions and culture through charitable

efforts, social events and much more. Members are also members of the Scottish American Military Society (SAMS), a military service organization.



Friends from Folsom High School (L-R) pose after an evening of service: Nitalie; Anna, 2020 Girl's State delegate; Moushmi; Ava, 2021 Girl's State delegate; Alice. Photo by Elise Spleiss

Following a short break, Brown and her friends helped serve an identical meal to members of the Rotary Club of Fair Oaks prior to their meeting in another part of the post. Hard work is no stranger to these ladies.

Last year's Girl's State delegate, Anna said of her experience, "I felt proud to represent my high school at Girl's State last year. Hearing the City Moms and organization heads speak was amazing, in the sense that it felt like a warm community bond was formed in the little time we had."

Anna added that after talking about community issues with fellow delegates in her city, "It was nice to just talk to the other like-minded delegates who care about their community and our part within them."

Ava will return to report to her now fellow ALA members on what she learned from her week interacting with other Girl's State participants.

On Tuesday May 25, ALA 383 members again gathered to honor their loved ones who had died in the line of duty or following their service. In the lovely Memorial Garden members showed a photo of their loved one(s), spoke their name(s), branch of service, and war or wars they had served. Stories of miracles and heroism were shared. A bell was rung following each name followed by a moment of silence.

At the meeting following the service, Ava Brown was accepted into membership as an ALA Junior Member.

Monday night fundraiser meals take place every 1st and 3rd Monday and are open to the public for a cost of \$10.00. A no-host bar opens at 5:30 p.m. Meals are served at 6:00 p.m. For information or to make a reservation email ovsuz@comcast.net.

New members are welcome in the American Legion Auxiliary. For information on requirements email ovsuz@comcast.net

# City Updates Housing Element on Orbisculate Day's Eve

Continued from page 1

Zoom, thanking Citrus Heights for embracing the word and honoring their late father. For the family, the campaign has been a way to connect and "to have something positive in a dark time, and so being able to come thousands of miles through the Zoom screen to feel that we're in Citrus Heights with you and that you're with us in this campaign is really meaningful, and we're so grateful," said Hilary.

Councilmember Jeannie Bruins thanked them "for bringing some wonderful levity to us. ... We are so sorry for the pain and loss you've experienced this last year, and it's a very special tribute to Citrus Heights and to you that you're able to reach through that and bring some joy and some laughter."

The City Council also reviewed the updated draft of the 2021 Housing Element of the General Plan. The Housing Element analyzes the community's housing needs across all income levels, while outlining strategies to meet those needs. California state law requires that the Housing Element be updated every

eight years to reflect current housing and population data, and to ensure compliance with new state laws. One of the most significant changes in this draft document was the implementation of a plan for Affirmatively Furthering Fair Housing (AFFH).

Under the new AFFH requirement, the City must take deliberate actions to foster inclusive communities through fair and equal housing choice. Policies need to address disparity in housing need and access, as well as patterns of racial and ethnic segregation. The City's analysis showed that fair housing issues in Citrus Heights are primarily related to small, concentrated areas of poverty within areas of high diversity. Barriers to fair housing include limited public and private investment in these neighborhoods and an abundance of single-family housing, which many low- and very-low-income families have difficulty accessing.

To address the disparity, the City has created various policies in the Housing Element to support investment in low resource areas such as Sayonara Drive,

Auburn Boulevard, the New Sylvan Property, and the Antelope Crossing Special Planning Area.

Amendments and policy changes in the General Plan also address the need for a variety of housing options beyond the abundance of single-family homes, such as supporting transitional housing, allowing mixed-use residential development in commercial zones, approving the Small Lot Housing Ordinance, promotion of Accessory Dwelling Units and the development of the Pre-Approved Accessory Dwelling Unit Program, and development of the Sunrise Tomorrow Specific Plan.

The Council unanimously voted to approve the draft of the 2021 Housing Element, which has already been reviewed by the State Department of Housing and Community Development (HCD) to ensure the City is meeting all state requirements. There is no fiscal impact associated with updating the document, but there is a financial benefit because numerous grant funding sources require a State-certified Housing Element to be eligible for funding.

# Fatal Overdoses are Up 35.5% in California, 14th Highest Nationwide

By Emily Lamb, QuoteWizard News

**SEATTLE, WA (MPG)** - QuoteWizard®, a LendingTree company, and one of the nation's leading online insurance marketplaces, released a new report on a growing number of drug overdose deaths in America.

We found that the number of fatal overdoses has increased by more than 27% since the start of the pandemic. Nationwide, more than 87,000 died of an overdose in 2020, compared to 69,000 in 2019.

A complete breakdown of overdose deaths by state and drug category is available at the link below. The graphics and images included in the report are free to use with a courtesy and study link <https://quotewizard.com/news/posts/drug-overdose-deaths-in-america>

Key findings: Nationwide, 87,203 people died of an overdose in 2020, compared

to 68,757 in 2019. Louisiana, Kentucky and West Virginia have had the highest increases in overdose-related deaths. Pennsylvania, Florida and California had the highest numbers of overdose deaths overall. Combined, opioids account for nearly 70% of overdose deaths.

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For more information, go to quotewizard.com, like our Facebook page and/or follow us on Twitter @quotewizard.

# LETTER TO THE EDITOR

The City Manager abruptly retired (resigned) May 11. That was sudden, but not surprising. I feel he resigned, unable to handle the City's financial problems that he was partially responsible for. I also blame the seasoned City Council members for their part in this. I have been disappointed in the way the City has been run the last 5 years.

We were a successfully run city with Millions in Reserve to a City in Debt, that cannot balance their budgets and has many employees making over \$100K p.a.

Last year the Council voted at a closed Council meeting to put Measure M on the November ballot increasing Citrus Heights sales tax by an additional one cent (forever). What were they thinking?

That would have hurt all businesses in Citrus Heights. Thankfully it didn't pass. Now I understand that the Council has voted 3 to 2 to rehire Chris Boyd as the interim City Manager until they find a new Manager. Will he get his pension plus his salary as Interim?

Beryl Turner-Weeks

# Violent Criminals Get Less Consequences under New Proposal

By Nghia Nguyen, Office of Senator Jim Nielsen

**SACRAMENTO, CA (MPG)** - The Democrat majority of the Senate passed a measure requiring the courts to dismiss sentence enhancements, thereby, resulting in shorter jail or prison time for convicted criminals. Senate Bill 81 (Skinner) further removes the discretion of judges and provides them no guidance when evaluating whether an enhancement should be dismissed.

Some of these enhancements like the Three Strikes law have been placed into law by the votes of the people.

"By eliminating the enhancements, the Legislature is sending the message that it is ok to do multiple crimes without consequences," said Senator Jim Nielsen (R-Red Bluff). "The criminals understand this message well."

"This legislation emboldens the criminals and ignores the rights of victims and the rest of society."

According to the San Diego District Attorney, "Senate Bill 81 serves to mandate dismissal of sentencing enhancements imposed by the original sentencing judge for many offenders by creating a new

opaque legal concept – a presumption of dismissal unless the prosecution shows by clear and convincing evidence that the dismissal of the enhancement would endanger public safety."

This bill would likely eliminate all property crime enhancements, as such crimes are deemed "non-violent."

For example, embezzling or defrauding a person of \$5,000 or embezzling and defrauding their entire \$500,000 life savings would essentially have the same penalty.

"This is completely unfair and unjust for both the victim and the community at large," said Senator Nielsen.

Senate Bill 81 received 27 yes votes. No Republican voted for this measure. It now moves to the Assembly for additional hearings.

Elected to the State Senate in January 2013, Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at [senator.nielsen@senate.ca.gov](mailto:senator.nielsen@senate.ca.gov). Follow him @CASenatorJim.

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Publish: May 14, 21, 28 and June 4, 2021  
D&D 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04457 Robert Brown Meams, 3725 Wingate Drive Carmichael, CA 95608, is doing business under the Fictitious Business Name(s) "Alternative Health Solutions" 3725 Wingate Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 14, 21, 28 and June 4, 2021  
ALTERNATIVE 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04195 Trustee of the Highlands Irrevocable Trust, 8032 Red Pine Court Citrus Heights, CA 95610, is doing business under the Fictitious Business Name(s) "Sapphire Property Management" 8032 Red Pine Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 3, 2021  
Publish: May 14, 21, 28 and June 4, 2021  
SAPPHIRE 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04339 Reena Devi Sharma, 470 Natalino Circle Sacramento, CA 95835, is doing business under the Fictitious Business Name(s) "Sari Fashion" 5757 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 5, 2021  
Publish: May 14, 21, 28 and June 4, 2021  
SARI 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04454 Erin Shelby, 2773 14th Street Sacramento, CA 95818, is doing business under the Fictitious Business Name(s) "Shelby HR Solutions" 2773 14th Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 14, 21, 28 and June 4, 2021  
SHELBY 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04473 Paul Smith, 6513 Madison Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "All American Will Kits" 6513 Madison Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 10, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
AMERICAN 80201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03455 Natalya Lewis, 9312 Trout Way, Elk Grove, CA 95624, is doing business under the Fictitious Business Name(s) "Bear Oils" 9312 Trout Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County April 9, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
BEAR 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04073 Inn Off Capitol Park, LLC, 1530 N Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Inn Off Capitol Park, Inn Off Capitol Park, LLC" 1530 N Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 29, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
INN 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03847 Arthur H. Rivera, 3455 Wildwind Court, Sacramento, CA 95827, is doing business under the Fictitious Business Name(s) "RTC Power" 3455 Wildwind Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 22, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
RTC 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04127 Petru Turcanu, 2445 Covered Wagon Circle, Elverta, CA 95626 are doing business under the Fictitious Business Name(s) "PT Residential Services" 2445 Covered Wagon Circle, Elverta, CA 95626. Filed with the Clerk of Sacramento County April 29, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
PTRES 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04147 Advenco LLC, 13725 Metcalf Avenue, Suite 426, Overland Park, KS 66223 is doing business under the Fictitious Business Name(s) "Rocky Mountain Recreation Company" 14960 Twin Cities Road, Herald, CA 95638. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
ROCKY 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04513 Salvador Ramirez & Demelia Ramirez, 5113 Walnut Garden Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "La Cabaña" 8475 Folsom Boulevard, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 10, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
CABANA 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04197 Ronald Steven Chaddock, 11116 Clker River Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Chaddock Painting" 11116 Clker River Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 3, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
CHADDOCK 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04470 Ronald Steven Chaddock, 11116 Clker River Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Nations 2 Harvest Ministries" 10388 Rockingham Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
INFINITE 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04057 VA7 Carmichael Gardens, LLC, 2082 Michelson Drive, 4th Floor, Irvine, CA 92612 is doing business under the Fictitious Business Name(s) "Renew 4247" 4247 Hackberry Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 29, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
RENEW 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03108 HAWK47 Trans Inc, 4014 Pinoche Peak Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "HAWK47" 4014 Pinoche Peak Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 1, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
HAWK 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04577 Sap Solutions LLC, 4229 Boone Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Inspired Elite Solutions" 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
INSPIRED 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03656 Ferdinand Agustin, 4 Mistyvale Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Skye Dref" 4 Mistyvale Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 16, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
SKYE 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04584 Kristopher Garcia, 1713 Burnett Way, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Physique Vacations" 1713 Burnett Way, Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
PHYSIQUE 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03783 Madam Butterfly Stores Inc., 500 Pavilions Lane, Sacramento, CA 95825, is doing business under the Fictitious Business Name(s) "Masunaga Business Development, MB Developments, MB International" 500 Pavilions Lane, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 21, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
MASUNAGA 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03842 Stella Vasquez, 2631 La Mesa Way, Sacramento, CA 95825, is doing business under the Fictitious Business Name(s) "Taste the Heat" 2631 La Mesa Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 22, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
TASTE 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04010 E&C Meng LLC, 4936 Concordia Drive, El Dorado Hills, CA 95762, is doing business under the Fictitious Business Name(s) "Valley Car Wash" 2580 Valley Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 28, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
VALLEY 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04624 Zen Life Organics LLC, 10143 La Placita Drive, Rancho Cordova, CA 95670, is doing business under the Fictitious Business Name(s) "Med Drop 420, Zenful Garden Cannabis Co., Zen Life Therapeutics" 10143 La Placita Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
MED 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04514 North Star Collision Repair Inc., 3248 Auburn Boulevard, Suite #2, Sacramento, CA 95821, is doing business under the Fictitious Business Name(s) "Fix Auto Capital City" 3248 Auburn Boulevard, Suite #2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 10, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
FIX 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04463 Jacinto Salanguit Gallardo, 6101 Summerset Lane, Citrus Heights, CA 95621, is doing business under the Fictitious Business Name(s) "Mary Seacole Nursing Staffing Services, Peleg Technical Staffing Services" 5409 Palm Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
MARY 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04303 Dawn L. Kiley, 4229 Birgit Way, Sacramento, CA 95864, is doing business under the Fictitious Business Name(s) "Stellar Mama Oracle" 4229 Birgit Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County May 5, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
STELLAR 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04694 Kent Craig Jr., 3208 Magiwoods Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "On The Way Transport" 3208 Magiwoods Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: May 21, 28 and June 4, 11, 2021  
TRANSPORT 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04432 Rosita R White, 1469 Dreamy Way, Sacramento, CA 95835 & Edgar R White, 191 Bill Bean Circle, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "The Whiteflower Enterprise" 1469 Dreamy Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
WHITE 80201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04429 Jerry A. Carlson & Michelle L. Carlson, 4921 Engle Road, Carmichael, CA 95608, are doing business under the Fictitious Business Name(s) "Big Valley Living" 4921 Engle Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 27, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BIG 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04752 Reza Baratzadeh, 3510 Spring Rose Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Express Towing" 9461 Jackson Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
EXPRESS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04689 SQY Inc, 8760 Center Parkway, #340, Elk Grove, CA 95758, is doing business under the Fictitious Business Name(s) "SQY Autos Inc" 8732 Fruitridge Road, Unit 17, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
SQY 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04632 Ascendio Group LLC, 1267 Willis Street, Suite 200, Redding, CA 96001 is doing business under the Fictitious Business Name(s) "Ascendio Adventures" 2111 J Street, Suite 313, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
ASCENDIO 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04520 Jason Perry Sr, 3068 Spoonwood Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Wildlife and Rodent Removal" 3068 Spoonwood Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County May 11, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
WILDLIFE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04170 Kristine Reavis, 5137 Kipp Way, Carmichael, CA 95608 & Erin Griffin, 6025 Tall Brave Court, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Boujee Bounce" 5137 Kipp Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BOJUEE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04587 Masih Rayeen, 2707 La Verta Court, Apt. 60, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Halal Grill Express" 2707 La Verta Court, Apt. 60, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
HALAL 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04761 Aqua Vault, LLC, 11417 White Rock Road Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Aqua Vault LLC" 11417 White Rock Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
AQUA 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04767 Sandra Marcela Rodriguez, 8986 Mooney Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Sandra Hair Tech" 947 Enterprise Drive, Suite D, Studio 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
SANDRA 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04768 Francisco Paul Perez, 8 Seine Court, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Lord Cisco Salon" 947 Enterprise Drive, Suite 22, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
LORD 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04633 Michael R. Jackson, 6140 Gloria Drive, #18, Sacramento, CA 95621, is doing business under the Fictitious Business Name(s) "Next Level International, Michael Diamond Enterprises" 6140 Gloria Drive, #18, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
NEXT 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04422 Patricia Walden, 8610 Hackmore Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "It's Tax 4U" 8610 Hackmore Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 7, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
ITS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04100 Celiela Zavala & Christina Zavala, 3588 Squaw Road, West Sacramento, CA 95691 are doing business under the Fictitious Business Name(s) "The Third Age Living" 3588 Squaw Road, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County April 29, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
THIRD 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04563 Western Star Plumbing, Inc., 4726 River College Drive, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Western Star Construction" 4726 River College Drive, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
WESTERN 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04759 Pradeep B. Patel & Rajesh P. Patel, 5112 Fredericksburg Way, Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "Big 10 Video" 1010 El Camino Avenue, Suite AA, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BIG10 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04764 Schaufele's Body & Paint, 4016 Wayside Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Schaufele's Body & Paint" 4016 Wayside Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 18, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
SCHAUFF 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04144 Kristina Lapinski, 5127 Sanicle Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Native Bloom U.S.A." 5127 Sanicle Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 30, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
NATIVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04202 Denis Mitrofanov, 7434 Auburn Oaks Court, #63 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Ponik Co" 7434 Auburn Oaks Court, #63 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 3, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
PONIK 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04924 Jordan Kennedy Hawes, 2114 Alice Avenue, Oroville, CA 95966 is doing business under the Fictitious Business Name(s) "Beautiful Pools Design & Consulting" 2114 Alice Avenue, Oroville, CA 95966. Filed with the Clerk of Sacramento County May 21, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
BEAU 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04818 GPG Risa Sophia Marcellus, 5317 Kohler Road, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "In Real Cues-RLC, Real Life Cue Cards-RLCC, Real Life Cue Cards Publishing-RLCC Publishing, Pretty Period Panties-P3s" 5317 Kohler Road, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
REAL 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04665 California Family Health, LLC, 8680 Greenback Lane, #108, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Family Fitness, California Family Fitness Center, California Family Health" 8680 Greenback Lane, #108, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 14, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
CALIF 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04849 Jack Matranga, 320 29th Street, Sacramento, CA 95816 & Joseph Hauner, 1310 Meredith Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Hyper Pixel CA" 717 K Street, #513, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 20, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
HYPER 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04494 Jack Matranga, 320 29th Street, Sacramento, CA 95816 & Joseph Hauner, 1310 Meredith Way, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Hyper Pixel CA" 717 K Street, #513, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 20, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
HYPER 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04822 Jonathan Tran & Tawny Nguyen, 17 Schramberg Court, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Live Frugal" 17 Schramberg Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
LIVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04925 Taylor Hill-Carnegie, 10825 Nestlenook Circle, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Love It More" 10825 Nestlenook Circle, Mather, CA 95655. Filed with the Clerk of Sacramento County May 21, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
LOVE 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04599 Avatar India Inc, 1160 Tara Court, Suite A, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "3 Monkeys Smoke Shop #12" 5933 San Juan Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 13, 2021  
Publish: May 28 and June 4, 11, 18, 2021  
3MONKEYS 180201 6-18-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-05145 Junk "It" Hauling LLC, 2647 Darwin Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Junk 'It' Hauling LLC" 2647 Darwin Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 28, 2021  
Publish: June 4, 11, 18 & 25, 2021  
JUNKIT 80201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04551 Sacramento Region Performing Arts Alliance, 1110 2nd Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sacramento Philharmonic & Opera" 1110 2nd Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 12, 2021  
Publish: June 4, 11, 18 & 25, 2021  
SAC 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03204 Pied Piper, LLC, 3001 J Street, Suite 300, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Pied Piper Lounge" 3415 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 5, 2021  
Publish: June 4, 11, 18 & 25, 2021  
PIED 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-03201 Law Office Richard Allaye Chan, Jr. a Prof. Corp, 3001 J Street, Suite 300, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Allaye Chan Law Group" 3001 J Street, Suite 300, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 5, 2021  
Publish: June 4, 11, 18 & 25, 2021  
ALLAYE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04813 Lionext Inc, 13021 Leffingwell Road, Santa Fe Springs, CA 90670 is doing business under the Fictitious Business Name(s) "tauceitbay.com" 1719 69th Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County May 19, 2021  
Publish: June 4, 11, 18 & 25, 2021  
FAUCET 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04678 Brian Moua, 7898 Eskimo Curlew Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Passive" 7898 Eskimo Curlew Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 17, 2021  
Publish: June 4, 11, 18 & 25, 2021  
PASSIVE 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04527 Alexa & Elezer Carmona, 3649 Hollister Avenue, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Among The Grasses" 3649 Hollister Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 11, 2021  
Publish: June 4, 11, 18 & 25, 2021  
AMONG 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2021-04987 Jason Li, 2250 Waterford Road, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Fly Kicks" 2250 Waterford Road, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 25, 2021  
Publish: June 4, 11, 18 & 25, 2021  
FLY 180201 6-25-21

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF



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LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969  
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ORDER TO SHOW FOR  
CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00296308

Shaun Pasquel Jones has filed a petition with this court for a decree changing the name(s) of Shaun Pasquel Jones to Shaun Pasquel Thomas.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 23, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 10, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: May 21, 28 and June 4, 11, 2021  
JONES 180101 6-11-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300281

Celia Christine Acido-Huerta has filed a petition with this court for a decree changing the name(s) of Celia Christine Acido-Huerta to Celia Christine Acido.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 29, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 7, 2021  
Shama H. Mesiwala, Judge of the Superior Court

Publish: May 21, 28 and June 4, 11, 2021  
HUERTA 180101 6-11-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300302

JC Bassett has filed a petition with this court for a decree changing the name(s) of JC Bassett to Jack Carson Kellum.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 20, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 7, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: May 21, 28 and June 4, 11, 2021  
BASSETT 180101 6-11-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300096

Jan Argyle Mantz has filed a petition with this court for a decree changing the name(s) of Jan Argyle Mantz to Jan Argyle Cooper.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 1, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 5, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: May 21, 28 and June 4, 11, 2021  
MANTZ 180101 6-11-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300372

Kristie Tho Nguyen has filed a petition with this court for a decree changing the name(s) of Kristie Tho Nguyen to Kimtho Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 24, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 10, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: May 21, 28 and June 4, 11, 2021  
NGUYEN 180101 6-11-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300325

Heather Lee Merrifield has filed a petition with this court for a decree changing the name(s) of Heather Lee Merrifield to Heather Autumn Lee.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 24, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 10, 2021  
Shama H. Mesiwala, Judge of the Superior Court

Publish: May 28 and June 4, 11, 18, 2021  
LEE 180101 6-18-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00297970

Oshamiya Deary & Daneil Aquah has filed a petition with this court for a decree changing the name(s) of Zyla Isatta Deary to Zyla Isatta Aquah.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 1, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 6, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: May 28 and June 4, 11, 18, 2021  
AQUAH 180101 6-18-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300773

Mark Alan Taylor has filed a petition with this court for a decree changing the name(s) of Mark Alan Taylor to Lark Ariel Taylor.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on July 7, 2021, in Department 53, located at 813 6th Street, 2nd Floor Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 17, 2021  
Shama H. Mesiwala, Judge of the Superior Court

Publish: May 28 and June 4, 11, 18, 2021  
TAYLOR 180101 6-18-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300834

Isaac William Gilmore has filed a petition with this court for a decree changing the name(s) of Isaac William Gilmore to Isaac William Whitmore.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on July 7, 2021, in Department 53, located at 813 6th Street, 2nd Floor Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 18, 2021  
Shama H. Mesiwala, Judge of the Superior Court

Publish: May 28 and June 4, 11, 18, 2021  
WHITMORE 180101 6-18-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SOLANO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#FCS055865

Tashina Black has filed a petition with this court for a decree changing the name(s) of Lalita Skye Patton to Lalita Skye Black.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 8:30a.m. on July 21, 2021, in Department 12, located at 580 Texas Street, Fairfield, CA 94533, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 11, 2021  
Christine A. Carringer, Judge of the Superior Court

Publish: May 28 and June 4, 11, 18, 2021  
BLACK 180101 6-18-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300802

Heather Brown and Matthew Barrett have filed a petition with this court for a decree changing the name(s) of August Kai Barrett to August Kai Brown-Barrett and River Quinn Barrett to River Quinn Brown-Barrett.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 7, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 17, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: June 4, 11, 18 & 25, 2021  
BARRETT 180101 6-25-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301011

Amy Jo White has filed a petition with this court for a decree changing the name(s) of Amy Jo White to Amy White.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 13, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 19, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: June 4, 11, 18 & 25, 2021  
WHITE 180101 6-25-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00301117

Humberto Contreras Torres has filed a petition with this court for a decree changing the name(s) of Humberto Contreras Torres to Humberto Contreras.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 14, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 21, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: June 4, 11, 18 & 25, 2021  
CONTRERAS 180101 6-25-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00300874

Alvin Lawrence Rener Jr. has filed a petition with this court for a decree changing the name(s) of Alvin Lawrence Rener Jr. to Alvin Lawrence Rener-Mosley Jr.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 8, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 18, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: June 4, 11, 18 & 25, 2021  
MOSLEY 180101 6-25-21

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#34-2021-00299948

Deanna Marie Torres and Juan Emilio Moreno Medrano have filed a petition with this court for a decree changing the name(s) of Emiliano Xavien Medrano to Mariano Acito Medrano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 30, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 4, 2021  
Christopher E. Krueger, Judge of the Superior Court

Publish: June 4, 11, 18 & 25, 2021  
MEDRANO 180101 6-25-21

NOTICE OF PETITION  
TO ADMINISTER ESTATE

NOTICE OF PETITION TO  
ADMINISTER ESTATE OF  
RONALD LESTER VAN SANT  
CASE No. 34-2021-00299599

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ronald Lester Van Sant, deceased A Petition for Probate has been filed by Toby J. Van Sant, in the Superior Court of California, County of Sacramento, requesting Toby J. Van Sant

be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows August 26, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Michael Yee 4010 S Land Park Drive Suite B Sacramento, CA 95822 916-927-9001 Publish: May 21, 28 and June 4, 2021 VAN SANT 170622 6-4-21

NOTICE OF PETITION TO  
ADMINISTER ESTATE OF  
OLIMPIO M. GUANLAO  
CASE No. 34-2021-00296355

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Olimpio M. Guanlao, deceased A Petition for Probate has been filed by Reginald R.. Guanlao, in the Superior Court of California, County of Sacramento, requesting Reginald R. Guanlao be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows July 21, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the

court clerk. The name, address and telephone number of the Petitioner is: Reginald R. Guanlao 1953 Culverhill Way, Roseville, CA 95747 916-612-8174 Publish: May 28 and June 4, 11, 2021 GUANLAO 170622 6-11-21

SUMMONS

SUMMONS  
(FAMILY LAW)  
CASE NUMBER: (Numero del Caso):  
PFL20210212  
NOTICE TO RESPONDENT  
(Name):AVISOALDEMANDADO  
(Nombre) : Jamie Miller  
YOU HAVE BEEN SUED.

Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Roberta Miller

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association. NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: (El nombre y direccion de la corte es): El Dorado County Superior Court Placerville Main Street Branch 495 Main Street, Placerville, CA 95667

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, direccion y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Roberta Miller, In Pro Per 3903 Coon Hollow Road Placerville, CA 95667 Date: (Fecha) 4/12/2021

By Clerk of Court Deputy STANDARD FAMILY LAW RESTRAINING ORDERS Starting immediately, you and your spouse or domestic partner are restrained from: 1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court; 2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children; 3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and 4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE-ACCESS TO AFFORDABLE HEALTH INSURANCE: -----

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING-IMPORANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage

or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property. Publish: June 4, 11, 18 & 25, 2021 MILLER 6-25-21

SUPERIOR COURT OF CALIFORNIA  
3341 Power Inn Road  
Sacramento, CA 95825  
Case Number: 20FL05276

Notice of Hearing

1. To Victor Santos Ambrosio

2. A Court hearing will be held as Follows: June 30, 2021 at 9:00am Dept: 125. This matter is set a for a court hearing/appearance using Zoom Application for the above referenced date and time. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access and have downloaded the ZOOM Application. If you do not have compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom Application or telephone using the designated department account referenced below at least

PUBLIC NOTICE

REQUEST FOR PROPOSALS  
FOR TRANSPORTATION FUNDING RESEARCH

The Capital SouthEast Connector Joint Powers Authority ("JPA") is requesting proposals from firms with qualifications and experience to assist in the JPA's development of ordinance language, unmet funding needs, and public education associated with a potential transportation funding measure.

Firms are invited to submit three (3) paper copies of their proposal to the Connector JPA, 10640 Mather Blvd, Suite 120, Mather, CA 95655 no later than 4:00 p.m. on July 2, 2021.

The full content of the Request For Proposals ("RFP") is currently available through the JPA web site located at www.connectorjpa.net. All questions regarding this RFP should be sent via e-mail to ConnectorSupport@saccounty.net, attention Mr. Derek Minnema, prior to June 18, 2021 at 4:00 pm PST. All questions received and agency answers will be posted on the JPA website.

Grapevine Independent June 4 and 11, 2021

Public Hearing Notice  
Recreation Fees

The Fair Oaks Recreation & Park District (FORPD) Board of Directors will consider a revision to the fee schedule for recreational programming during the meeting listed below. Members of the public may attend and address the Board.

Wed., June 16, 2021  
6:00 pm Meraki High School  
10700 Fair Oaks Blvd,  
Fair Oaks, CA 95628

\*Check online for Zoom meeting information

If you challenge this resolution in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered at or prior to the public hearing. Please submit any written comments to the Parks & Recreation Department prior to the public hearing.

Copies of the revised fees report prepared for the Board will be available for review after June 11, 2021 at the FORPD Administration Office at 4150 Temescal St. For questions or comments, please call (916) 966-1036.

A public notice from:  
Fair Oaks Recreation & Park District www.forpd.org  
Carmichael Times June 4 and 11, 2021

CITRUS HEIGHTS WATER DISTRICT

NOTICE OF HEARING FOR 2020 URBAN WATER  
MANAGEMENT PLAN, WATER SHORTAGE  
CONTINGENCY PLAN, AND WATER CONSERVATION  
PROGRAM

A Public Hearing will be held on June 16, 2021 at 6:30 p.m. at the office of the Citrus Heights Water District (CHWD), located at 6230 Sylvan Rd., Citrus Heights, CA, 95610, and accessible via Zoom at Phone Call In: (253) 215-8782, Phone Meeting ID: 936 0581 6651, Computer Audio/ Live Meeting Presentations: https://zoom.us/j/93605816651, to consider adoption of CHWD's 2020 Urban Water Management Plan (UWMP), Water Shortage Contingency Plan (WSCP), and amended Water Conservation Program (Program). Copies of the draft documents may be reviewed at the aforementioned address or at CHWD's website, www.chwd.org.

The purpose of this Public Hearing is to present the draft documents to the CHWD Board of Directors and accept and respond to any public questions or comments. California State law requires CHWD to update its UWMP every five years and submit it to the Department of Water Resources (DWR). The 2020 UWMP must be submitted to DWR by July 1, 2021. The 2020 UWMP documents CHWD's plans to ensure adequate water supplies to meet existing and future demands under a range of water supply conditions, including water shortages. The WSCP documents CHWD's plans to manage and mitigate an actual water shortage condition, should one occur because of drought or other impacts on water supplies. The Program would replace CHWD's current Water Conservation Program and is a comprehensive water conservation program. The Program establishes permanent water use regulations to prohibit water waste, sets six drought stages with required customer and CHWD actions, and sets procedures for enforcement, penalties, and variances.

Spoken or written comments on the draft documents may be presented at the Public Hearing, and written comments may be submitted in advance of the Hearing at the aforementioned address by June 11, 2021. Questions or comments about the draft documents may be directed to Water Resources Supervisor Brian Hensley at (916) 725-6873.

CITRUS HEIGHTS WATER DISTRICT  
By Hilary M. Straus, General Manager  
Citrus Heights Messenger May 28 and June 4, 2021

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# Social Security Matters

## Should My Wife Wait Until Age 70 to Claim?



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** I'm 74 and receiving my Social Security benefits. My wife is 68 and we are delaying her benefits until she's 70. But I read an article about a wife receiving half of her husband's benefit, which makes me wonder if my wife waiting is smart. Please let me know your thoughts. **Signed: Wondering**

**Dear Wondering:** Your wife waiting until she is 70 to claim her own SS retirement benefit may be a smart move, but only if her age 70 benefit will be more than the benefit she is already entitled to as your spouse. Her benefit as your spouse is 50% of the benefit you were entitled to at your full retirement age (66). She would get that 50% because she has already reached her own full retirement age (FRA), but your wife's spousal benefit doesn't grow beyond what she's entitled to at her FRA. Her own SS retirement benefit, however, grows by .667% per month until she is 70, at which point it reaches maximum (32% more than her FRA benefit amount). So, the question is, which will be higher – her spouse benefit, or her age 70 benefit? If the



answer is her spousal benefit, then she should claim that now. But if the answer is her age 70 benefit, waiting until she is 70 makes more sense.

There is, however, another option which would work even better if your wife's own benefit at age 70 will be her highest. Since you are already collecting, and because your wife was born in 1953, she is eligible to file a "restricted application for spousal benefits only." Doing so would allow her to collect her 50% spouse benefit from you now, while still allowing her own SS retirement benefit to grow to maximum at age 70. That would give your wife half of your FRA benefit amount each month, while she simultaneously maximizes her own SS retirement benefit. Then at age 70 when her personal benefit reaches maximum, she can switch to her own higher benefit. I suggest that your wife get a Statement of Estimated Benefits from Social Security to determine if her age 70 benefit will be higher than her spouse benefit. If so, she can file the "restricted application for spouse benefits only" and then simply wait until she is 70 to switch from her spouse benefit to her own higher benefit (32% more than her FRA amount).

Note that this "restricted

application for spouse benefits only" option is no longer available to anyone born after January 1, 1954 but is still available to your wife because she was born before that. Unless her spousal benefit will be her highest, I suggest that your wife file the "restricted application for spouse benefits only" which will give her 50% of your FRA benefit amount (including COLA awarded since then). She should also ask for 6 months retroactive spouse benefits since she was eligible to do this at her FRA.

The easiest way for your wife to get her Statement of Estimated Benefits is by using her personal "My Social Security" online account. If she doesn't yet have an online account with Social Security, it is easy to create one at [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount). She will need that account anyway to apply for her benefits online, which is by far the most efficient way to apply.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).* ★



### The GOP Future Is Bright

Republicans have had a brutal news cycle over the past month, between the ouster of Liz Cheney from leadership and the intraparty jousting over a January 6 commission.

The overwhelming sense of the coverage is that the party is descending into madness and civil war and is a husk of its former self.

There's no denying that much of the party has been too willing to indulge or look away from wild theories about the 2020 election and the Capitol riot, but this shouldn't obscure the fact that the Republicans are well-positioned to take the House next year.

All indications are that GOP voters are united and energized and the party is doing what's necessary to make Kevin McCarthy the next speaker, which would instantly squash the never-very-plausible talk of Joe Biden being the next FDR.

The foundation of the GOP's unity, of course, is that Donald Trump effortlessly maintained his control of the GOP. The anticipated civil war came and went with barely a shot fired.

Cheney is certainly a casualty, although she is now less a leader of a significant faction of the party and more a voice crying in the wilderness. That is an

honorable role, and she may well be vindicated in the fullness of time.

But the party will pay no electoral price for the drama over her leadership role or, likely, for its continued loyalty to Trump.

Despite Trump's grip, he's not front and center for average voters. He isn't president and he isn't on the ballot. The focus inevitably will be on Biden and his agenda, which will loom larger than anything the former president can do from Mar-a-Lago.

The Democratic polling outfit Democracy Corps just did a battleground survey that confirmed this picture. As Stanley Greenberg writes in a memo about the poll, among Republicans: "the percent scoring 10, the highest level of interest in the election, has fallen from 84-68%. But Democrats' engagement fell from 85- 57%."

Greenberg calls the GOP base "uniquely unified and engaged."

More evidence is the boffo fundraising by the National Republican Campaign Committee so far. Meanwhile, GOP candidate recruitment is ahead of the pace of prior midterm cycles, whereas Democrats are seeing worrisome retirements.

It's not as though there's a high bar for the GOP. Republicans will need to flip about half-a-dozen seats in the House, when in the post-World War II era the president's party has lost on average 27 seats in midterms.

On top of this, the playing field is tilting the GOP's

way. Reapportionment gave more seats to Republican states and based on its strength in state legislatures, the GOP also has the upper hand in redistricting.

The Biden theory is that \$6 trillion in spending will deliver a roaring economy that diminishes any midterm losses. But the latest jobs and inflation numbers show that it might not be so simple, and there is considerable doubt whether Biden can get his spending.

Greenberg derives some comfort from his belief that, in contrast to 2020, "this time, Democrats cannot fail to see how early Trump's party is fully engaged with its ongoing culture war, focused on crime, open borders, and defunding the police."

Yet, there is no indication of any effort to seriously defuse these issues. Biden's policies have needlessly created a crisis at the border, and murder rates continue to climb in major cities, even as much of the left still talks of the police as if it's a racist occupying force.

There are miles to go before November 2022. Biden might find a way to thread the needle of cooperating with Republicans on infrastructure and police reform without alienating his own base, and unforeseen events always take a hand.

But the story of 2021 is not a Republican meltdown. Despite what you read, the party stands a good chance to end its bout in the wilderness after two short years.

*Rich Lowry is editor of the National Review.*  
*(c) 2021 by King Features Synd., Inc.* ★

# CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See [legitgov.org](http://legitgov.org)

**COVID origin dissent 'suppressed' by intelligence community, House GOP report finds** | 24 May 2021 | U.S. intelligence failures related to the COVID-19 global pandemic include suppression of dissenting views on the origin of the virus, a recent report by House Republicans on the intelligence oversight panel concluded. "We believe the [intelligence community] failed to properly support policymakers with timely products and analysis. Moreover, evidence shows that [its] failures continued in the pandemic's aftermath," the minority's report stated in the annex to a study that linked China's Wuhan Institute of Virology (WIV) to the pandemic's outbreak. "Specifically, Republican members are aware of allegations that [U.S. intelligence agencies] suppressed dissenting views related to the origins of the pandemic and that the community relied upon 'outside' experts with concerning yet undisclosed entanglements," the report said.

**Leaked Documents Show Mystery Disease Outbreak at Wuhan Lab in 2019 - Report** | 24 May 2021 | The Wall Street Journal (WSJ), citing an alleged previously undisclosed U.S. intelligence report Sunday, claimed three researchers working for the Wuhan Institute of Virology (WIV) were hospitalized with coronavirus-like symptoms in November 2019. Other anonymous sources in the WSJ report alleged the U.S. has quietly amassed even more evidence that supports the theory of the Chinese coronavirus originating at the Chinese virology lab. The virus began infecting people in Wuhan city in late 2019, multiple studies have concluded; no evidence exists of prior infections by the virus anywhere else before those identified in Wuhan.

**9/11 Cover-up Director Appointed to Chair COVID Cover-up Group - Zelikow was the author of the Bush administration's 2002 National Security Strategy, which laid out the case for pre-emptive war, which was used to invade Iraq.** | 25 May 2021 | Deep-state fixer and cover-upper Philip Zelikow, former Executive Director of the 9/11 Commission, will be chairing the COVID Commission Planning Group, according to the University of Virginia, whose Miller Center for Public Affairs will serve as the group's base to "help America and the world learn from this pandemic and safeguard against future threats." Zelikow's "non-partisan" group includes Event 201 participants, the Johns Hopkins Center for Health Security at the Bloomberg School of Public Health and it's being funded by Schmidt Futures, which is Eric Schmidt-Goolag-Alphabet-Bilderberg, the Skoll Foundation, which is the eBay FAANGster insider philanthropy group, the Rockefeller Foundation and Stand Together, which is Charles Koch's philanthropic organization. Zelikow's hope is that their work will feed into a future National COVID Commission.

**Chinese Propaganda Outlet Paid Millions to American Newspapers and Magazines, Records Show - China Daily pays to place interviews with pro-China Quincyn Institute scholar** | 25 May 2021 | A news agency controlled by the Chinese Communist Party paid millions of dollars to American newspapers and magazines over the past six months, even as U.S. officials have sounded the alarm on Beijing's propaganda activities. China Daily paid more than 1.6 million for advertising campaigns in Time magazine, the Los Angeles Times, Financial Times, and Foreign Policy magazine, according to disclosures filed with the Justice Department. The Beijing-controlled news agency paid another 1 million to American newspapers, including the L.A. Times, Chicago Tribune, and Houston Chronicle, to print copies of its own publications.

**San Jose shooter was on feds' radar in 2016, questioned about hatred of his job** | 27 May 2021 | The suspected gunman who [allegedly] killed eight people and himself Wednesday at a transit rail yard in San Jose, California, was found to have harbored a hatred for his workplace when he was detained by federal officials several years ago. Upon returning from an August 2016 trip to the Philippines, Samuel Cassidy, 57, was found with books about terrorism and notes about how much he hated the Valley Transportation Authority, according to a Department of Homeland Security memo obtained by the Wall Street Journal. Customs and Border Protection officials reportedly found a black memo book "filled with lots of notes about how he hates the VTA." His baggage and electronic media were also inspected, the DHS memo said. ★

# Ask Toni

## Understanding Hospice!



Toni King

**Toni:**

My 86-year-old mother with Alzheimer's needs 24-hour care and lives in a personal care home. She is enrolled in a Medicare Advantage HMO and taking her to the doctor is quite an ordeal.

Friends have suggested that I disenroll my mother from this HMO and return her to Medicare, then use "Telehealth" which is popular since COVID-19 has made medical changes, or I can ask about using a "House Call Doctor" for her.

Financially, it is costing over \$4,000 for her personal care home and she does not qualify for a Medicare Supplement due to her Alzheimer's because I have tried. How do I find a doctor that does use telehealth or makes house calls like Dr. Welby did in the old days?

Is this something that Medicare or Medicare Advantage plan will pay for it? *Thanks, Trish from Atlanta, GA*

**Trish:**

I have good news for you because the Dr. Welby days are back for those on "Original Medicare" or Medicare Advantage plans. In today's pandemic times with social distancing telehealth also known as telemedicine has become popular. These current doctor at-home office visits via the computer are keeping the sick from having emergency room hospital visits when one cannot get to the doctor's office for a face-to-face meeting.

My advice to you Trish and the Toni Says® readers is to ask your family member's primary care doctor or specific healthcare provider about which telehealth, house call or visiting physician organization that their office is contracted with, whether your family member has "Original Medicare with or without a Medicare Supplement, a retiree group medical plan or a Medicare Advantage plan.

Not only are doctors making telehealth or house call visits, but dentists, eye doctors and even mobile x-ray/ultra-sound

machines with technicians are visiting homes, assisted living facilities, nursing homes, etc.

A telehealth or house call visit can help keep those who are having a minor ailment turn into a major operation, keeping a frail Senior healthy and out of the hospital.

Doctor or medical provider visits by telehealth or house call services whether at home or at a long-term care facility such as assisted living or nursing home are being accepted and paid for by Original Medicare, Original Medicare with a Medicare supplement and Medicare Advantage plans (*depending on your house call provider or telemedicine service being in the Medicare Advantage plan's network*).

House call doctors are generally board certified and the providers consist of doctors, physician assistants and nurse practitioners. The patient does not have to be home bound to qualify. The house call doctor can schedule regular appointments, especially if there is a chronic illness or you can schedule appointments as needed.

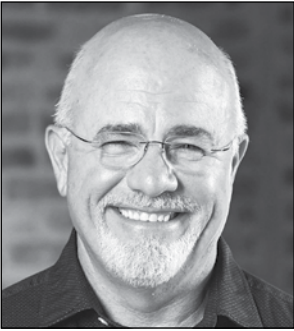
Trish, you are wise to look at all your mother's options regarding disenrolling from her Medicare Advantage plan with her serious health situations. Many do not realize that you must qualify medically to apply for a Medicare Supplement which helps pay for what Medicare will not pay for. If she does not qualify, then she will pay the Medicare out of pocket amounts.

Therefore, it is vitally important to look over all of one's Medicare plan options because no one knows when their health will begin to deteriorate and then they cannot change Medicare plan options. Call Toni Says® Medicare office for personal Medicare planning at 832/519-8664.

In 2021, who would believe that doctor's offices making telehealth or house call visits would be making such a huge difference because of the necessity of social distancing regarding the pandemic.

*Toni King, author of the Medicare Survival Guide® Advanced edition is giving a \$5 discount to the Toni Says® readers on the Medicare Survival Guide® Advanced book at [www.tonisays.com](http://www.tonisays.com).* ★





Being on the Same Page is Vital to your Family's Future

Dear Dave,  
My wife and I are in our 20s, and together we make about \$80,000 a year. Our first baby is due in early 2022, so being debt-free has become a top priority in my mind. Right now, we have two cars. The one I drive is paid off and has a lot of miles on it, but it's in really good shape. We still owe \$30,000 on the other one, and the rest of our debt is about \$90,000 in student loans. My wife puts 40,000 miles a year on the other car traveling for work. I talked to her the other day about us moving down a little in car, but

Dave Ramsey Says

she's particular about what she drives. I even found out she has her eye on a newer vehicle that costs about \$48,000. I don't know what to do. Can you help?

– Zach

Dear Zach

Okay, let's start slow. I'm glad you've seen the wisdom in getting control of your money and getting out of debt. That's the first step toward financial peace.

Now, where the car thing is concerned, there's not a chance in the world I'd do this. And honestly, I don't give a crap what your wife is particular about. You guys are broke! You're up to your eyeballs in debt, and now she's talking about buying a \$48,000 car – when you still owe \$30,000 on one – then putting 40,000 miles a year on it and destroying its value quicker than you can say “fast.”

This whole idea and attitude is dumber than a rock. Absolutely not! You may

have seen the light where your finances are concerned, but it sounds like your wife is still in the dark and needs to grow up some. You two should have a long, serious talk about things, and get on the same page financially – especially with a baby on the way. Your family's future depends on it.

I hope I wasn't unclear.

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

Shooting Investigation

By Jason Baldwin, Citrus Heights Police Department

CITRUS HEIGHTS, CA (MPG) - At approximately 2:05 am, the Citrus Heights Police Department received 911 calls related to a shooting that occurred on the 7400 block of Auburn Blvd. When officers arrived, there was a large fight that had just concluded in the parking lot of an adjacent business. After officers were able to gain control of the scene, it was confirmed that two people and three parked vehicles were struck by gunfire. The victims who were wounded by gunfire received medical treatment, and are expected to survive. Citrus Heights Police Department

Detectives responded and are investigating this incident. Southbound Auburn Blvd between Kanai and Pratt Ave was closed while the investigation was being conducted. All lanes of Auburn Blvd have since reopened.

Because this is an ongoing investigation, additional information is not currently available.

The Citrus Heights Police Department will work diligently with our community partners to hold those responsible accountable.

Anyone with information regarding this incident is encouraged to call the Citrus Heights Police Department crime tip line at 916-727-5524.

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**Crossword Puzzle on Page 11**

S	O	F	A	R		W	E	D		S	P	A	R	
A	D	O	B	E		A	R	E		B	L	A	R	E
G	I	G	O	T		G	E	L		E	E	R	I	E
A	N	Y	M	O	R	E		T	H	E	W	A	L	L
		B	O	A		B	A	I	T					
T	A	B		L	I	M	A		C	L	O	U	D	S
O	M	E	N		T	I	R	E		E	L	B	O	W
R	I	G	A		A	N	G	L	E		D	O	G	E
U	N	A	P	T		D	E	A	L		S	A	G	E
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S	H	A	R	O	N	A		A	N	D	S	I	N	G
M	A	C	A	U		R	Y	E		H	A	R	E	M
E	V	E	N	T		G	O	O		A	G	O	R	A
W	E	S	T			H	U	N		T	E	N	O	N

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**Sudoku Puzzle on Page 11**

4	7	5	2	3	9	6	1	8
3	6	1	8	4	7	2	9	5
2	9	8	1	6	5	7	3	4
9	8	2	3	5	6	1	4	7
5	3	4	7	8	1	9	6	2
6	1	7	9	2	4	8	5	3
7	2	9	4	1	3	5	8	6
8	4	6	5	9	2	3	7	1
1	5	3	6	7	8	4	2	9

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- "I Thee \_\_\_\_\_"
- Ring practice
- Hacienda brick
- \*Billy Joel: "I love you just the way you \_\_\_\_\_"
- Leg of lamb
- Styling goo
- Spooky
- \*Rod Stewart: "Oh, Maggie, I couldn't have tried \_\_\_\_\_"
- \*Stevie Wonder: "Very superstitious, writing's on \_\_\_\_\_"
- Type of constrictor
- Can of worms
- \*"\_\_\_\_\_ Cola, what a beautiful drink"
- Capital of Peru
- \*Carly Simon: "I had some dreams, they were \_\_\_\_\_ in my coffee"
- Bad luck precursor
- Swing seat, possibly
- Macaroni shape
- Capital on the Baltic Sea
- Figure with vertex and rays
- Venetian magistrate
- Not fitting
- Sealed with a handshake
- Wise man
- Annotator and commentator
- Facts and figures
- Bambino
- Chinese monetary unit
- International Labor Organization
- \*The Knack: "M M M My \_\_\_\_\_"
- \*Sister Sledge: "We are family, get up everybody \_\_\_\_\_"
- Last European colony in China
- Pastrami's partner
- Sheik's bevy
- Movie premiere, e.g.
- Gunk
- Ancient assembly area
- Used to be wild?
- Attila, e.g.
- Part of mortise joint

**DOWN**

- Long story
- War god in Norse mythology
- Same as foggy
- J. Robert Oppenheimer's project
- Reorganize or modify
- \$7.25/hour, e.g.
- Old fashioned 'before'
- Nile's mouth
- Boatload
- What paralegal and parachute have in common
- Seed covering
- Angler's spool
- Punch buggy car
- Indian cuisine yogurt staple
- Drunkard's sound?
- Enter uninvited (2 words)
- \*Bruce Springsteen: "Tramps like us, baby we were born \_\_\_\_\_"
- \_\_\_\_\_ acid
- \*"And Seth \_\_\_\_\_ Enos"
- \*Eric Clapton: "Darling, won't you ease my worried \_\_\_\_\_"
- Oldsmobile founder
- Lusitania's destroyer
- Grown-up pupper, in social media
- \*ABBA: "Dancing queen, young and \_\_\_\_\_, only seventeen"
- Back of the neck
- Dashing style
- Spritelike
- Test (2 words)
- \*Terry Jacks: "We had seasons in the \_\_\_\_\_"
- One tritely familiar
- Frustration, in print
- Missouri River tributary
- Old World duck
- \*Creedence Clearwater Revival: "\_\_\_\_\_ you ever seen the rain?"
- They're hidden up a sleeve?
- Goes with rave
- Eon, alt. sp.
- \*Black Sabbath: "I am \_\_\_\_\_ man"
- Infamous Roman emperor
64. J. Edgar Hoover's man
- \*Queen: "Scaramouch, Scaramouch, will \_\_\_\_\_ do the Fandango"

**Crossword Puzzle Solutions on Page 11**

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			3	6	1			
6	1		4					
	8			5	7	3		
							4	
5			7	1				2
	1							
	2	9	4		5			
			9		3	7		
5	3		7					

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**Solutions on Page 11**



WEEKLY COMICS

Amber Waves by Dave T. Phipps

HEY DAD, MOM IS LOOKING FOR YOU AND BOY DOES SHE NOT LOOK VERY HAPPY.

WHEN YOU TALK TO HER I'D BRING SOME NICE FLOWERS.

DEPENDING ON WHAT YOU DID MAYBE SOME CHOCOLATES.

OK, TAKING A WHITE FLAG IS CERTAINLY ANOTHER OPTION.

The Spats by Jeff Pickering

GULP

MY WIFE MAKES JUDGE JUDY LOOK LIKE MOTHER TERESA.

Out on a Limb by Gary Kopervas

OKAY, HON. THAT'S ONE MEATLOAF SUPREME WITH MASHES, ONE BAKED HAM WITH COLE SLAW, THE ROAST TURKEY DINNER, FISH AND CHIPS, VEAL PARM, BEEF GOUASH AND THE CARROT CAKE.

THE INCREDIBLE HULK WAS AN EMOTIONAL EATER

THEY'LL DO IT EVERY TIME BY AL SCADUTO

KITCHEN SHOCK WAVES--EVER HAPPEN TO YOU?

BLEEECK! WHAT IS THIS? I THOUGHT IT WAS YOGURT! YUK-K...

OH-NO-IT'S A USED YOGURT CONTAINER--THEY'RE GOOD FOR HOLDING LEFTOVERS--BARELY LAST NIGHT'S CREAMED SQUID...

HOWCUM? MOE MOPTOP HAS HAIR GALORE AND NEVER COMBS IT...

SID SKINHEAD HAS FIVE HAIRS--AND HE TAKES TEN MINUTES ARRANGING THEM...

ELEVATOR HOLDUPS NO. 1,523--

WHEE! LOOKY, MAMA--I CATCH THE BALL...

TAKE YOUR TIME, SWEETIE--DON'T RUN--YOU MIGHT FALL--I'LL HOLD THE ELEVATOR DOOR FOR YOU...

R.F.D. by Mike Marland

INTERESTING DISPLAY.

YUP.

I'M THINKIN' WE SHOULD PUT JUNE IN CHARGE OF MARKETING.

GRIN & BEAR IT

"OK ... look cute!"

LAFF-A-DAY

POINT BLUNT VOLUNTEER FIRE DEPT.

"You know, we ought to buy a firetruck before our wives get suspicious."

Just Like Cats & Dogs by Dave T. Phipps

HANK, YOU KNOW THEY SAY "THE GRASS IS ALWAYS GREENER ON THE OTHER SIDE". THANKS, AFTER HEARING ABOUT IT 100 TIMES FROM THE WIFE, I GUESS IT IS.

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

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<b>FRISKIES BUFFET CANNED CAT FOOD</b> 5.5 Oz All Varieties Limit 2 Cases Per Family <b>ON SALE</b> Everyday Effective 6/2/21 - 6/8/21	<b>FUSSIE CAT PREMIUM CANNED CAT FOOD</b> Black Label Gold Label 2.8 Oz. Limit 2 Cases Per Family <b>ON SALE</b> Effective 6/2/21 - 6/8/21	<b>TIDY CATS SCOOPABLE CAT LITTER</b> 20 Lb Jug • Regular • Unscented Limit 2 Jugs Per Family <b>ON SALE</b> Everyday Effective 6/2/21 - 6/8/21	<b>HI-COUNTRY WILD BIRD SEED</b> 20 Lb Bag (Kaytee, 20 Lbs - \$9.99) (Audubon Friends, 20 Lbs - \$6.99) Limit 2 Bags Per Family <b>\$7.99</b> Effective 6/2/21 - 6/8/21
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<b>FRESH STEP CAT LITTER</b> 21 Lb Bag (14 Lb Bag - \$4.49) Limit 2 Bags <b>\$6.49</b>	<b>IAMS DRY DOG FOOD</b> 30 Lb Bag • Mini-Chunk <b>\$27.99</b>	<b>MERRICK'S PURRFECT BISTRO NATURAL CANNED CAT FOOD</b> All Varieties 5.5 Oz Limit 1 Case <b>20% OFF</b> OUR REGULAR LOW PRICES	<b>OKOCAT CLUMPING WOOD LITTER</b> • Regular • Soft Step 11-13 Lb <b>\$13.99</b>
<b>MILK-BONE DOG BISCUITS</b> Large 10 Lb Box <b>\$10.99</b>	<b>CORE NATURAL DRY CAT FOOD</b> • Original • Indoor • Turkey Grain Free 11-12 Lb Bag (Wellness Grain Free Cat Food 11.5 Lb • Adult Chicken • Healthy Weight • Indoor Salmon <b>\$29.99</b> ) Limit 2 Bags 3 FREE Core or Wellness Cat Cans 5.5 Oz. With each purchase <b>\$37.99</b>	<b>MARINELAND POWER FILTER SALE</b> MODEL TANK SIZE PET CLUB SALE PENGUIN 100B 20 Gal. <b>\$20.99</b> PENGUIN 150B 30 Gal. <b>\$27.99</b> PENGUIN 200B 50 Gal. <b>\$33.99</b> PENGUIN 350B 75 Gal. <b>\$46.99</b>	<b>AQUEON BOXED 10 GALLON TANK With Economy Kit</b> Just add Heater For Tropical Fish <b>\$44.99</b> Limit 1 Per Family
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<b>BONUS COUPON</b> <b>FANCY FEAST GOURMET CANNED CAT FOOD</b> 3 Oz - All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 6/2/21 - 6/8/21 <b>ON SALE</b> Everyday <b>\$1.39</b> CHM PLU 361			



# Newsom Paints Rosy, but Flawed, Economic Picture



By Dan Walters  
CALMatters

There is a seamless connection between what Gavin Newsom is saying and doing as governor and his campaign to survive a recall, encapsulated in the slogan “California Comeback.”

Newsom’s much-revised state budget, unveiled this month, is centered on a “\$100 Billion California Comeback Plan” that would, he says, put the COVID-19 pandemic and its economic fallout in the rearview mirror.

Last week, when new employment data were released by the federal Bureau of Labor Statistics, Newsom immediately hailed them as proof that under his leadership, the state is booming again.

“California is continuing to lead the nation’s economic recovery, adding 101,800 jobs in April — 38% of all the jobs created throughout the entire country,” Newsom crowed. “Over the past three months, California has created 390,300 jobs. But we’re not letting up; the California Comeback Plan is the biggest economic recovery package in the state’s history and will provide historic investments in small businesses and workers to bring California roaring back.”

A closer examination of the latest employment numbers, however, indicates that — as politicians are wont to do — Newsom is cherrypicking the most favorable economic indicator while ignoring others that are less positive.

One of the latter is the state’s unemployment rate of 8.3% in April, unchanged from the March level despite the supposed surge in new jobs. It’s still markedly higher than the national jobless rate of 6.1% and is the nation’s second highest behind Hawaii’s 8.5%.

California’s unemployment rate had been the nation’s third highest in March, but New York improved enough to displace California in April. Four states were tied for having the nation’s lowest jobless rates of 2.8% in April. Arch-rival Texas was slightly higher than the national rate at 6.7%.

The data point cited by Newsom, that California added 101,800 jobs in April, 38% of the nation’s job gains, is also somewhat iffy.

The California Center for Jobs & the Economy, a business-supported research organization, points out that the jobs number is a “seasonally adjusted” estimate, rather than a hard count, noting that the federal agency “so far has revised their adjustment formula three times in an effort to overlay seasonal factors to data that is overwhelmingly driven instead by the pandemic.”

“The underlying unadjusted numbers instead show California gaining a stronger 151,500 nonfarm jobs, and the U.S. doing far better with a gain of

1,089,000,” the center’s analysis continued. “Using the adjusted data, California had 38% of the national jobs gain. Using the more relevant unadjusted, California had 14%. As of the April numbers, California has regained 48% of the non-farm jobs lost to the state shutdowns. The U.S. in total has regained 63%.”

Newsom’s Employment Development Department (EDD) simultaneously released its version of the federal jobs report, which demonstrated just how much ground California must regain to return to pre-pandemic levels.

EDD said that just 38,600 more Californians were employed in April than in March while 1.6 million remained unemployed — and that doesn’t count those who have dropped out of the state’s workforce.

The employment situation is especially daunting in Southern California. The Los Angeles region had the highest unemployment rate of any major U.S. metropolitan area in April at 11.7%, dragging down the state as a whole.

So, it would seem, California is recovering, bit by bit, the more than three million jobs lost when Newsom, under emergency decrees, closed large segments of the state’s economy a year ago to battle the pandemic. However, we still have a very long way to go before he can legitimately claim a California Comeback.

*Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.* ★

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# All Adults Should Get Tested for Hepatitis C

By Brenda Bongiorno,  
Sacramento County News

**SACRAMENTO, CA (MPG)** - An estimated 2.4 million people are living with hepatitis C in the United States. However, many don't know they are infected because chronic hepatitis C does not have symptoms for 20 years or more. By that time, serious damage can occur to your liver and can lead to death. The good news is that life-saving treatments can cure hepatitis C in 8 to 12 weeks to prevent further liver damage, cirrhosis and liver cancer. Getting tested for hepatitis C is the first step.

"We want to educate the community that lives can be saved just by getting tested for hepatitis C. This virus is the leading cause of liver cancer and liver transplants," said Sacramento County Health Officer Dr. Olivia Kasirye.

The liver is a vital organ that processes nutrients, filters the blood and fights infections. Hepatitis causes inflammation of the liver that can affect its function. Although hepatitis is caused by a virus and exposure to the blood of an infected person most often, toxins, some medications, certain medical conditions and heavy alcohol use can also cause hepatitis. The most common types of viral hepatitis in the U.S. are hepatitis A, hepatitis B and hepatitis C. Although all types of viral hepatitis can cause similar symptoms, they are spread in different ways, have different treatments, and some types of hepatitis are more serious than others.

Hepatitis C is caused by the hepatitis C virus. When someone is first infected with the hepatitis C virus, they can have

a very mild illness with few symptoms or could require hospitalization. Less than half of people who get hepatitis C are able to get rid of the virus without treatment. Those who get infected will likely develop a chronic lifelong infection, which left untreated can cause serious health problems including liver disease, liver failure, liver cancer and death.

CDC recommends you get tested for hepatitis C if you: Are 18 years old and older; Are pregnant (get tested during each pregnancy); Currently inject drugs (get tested regularly); Have ever injected drugs, even if it was just once or many years ago; Have HIV; Have abnormal liver tests or liver disease; Are on hemodialysis; Received donated blood or organs before July 1992; Received clotting factor concentrates before 1987; Have been exposed to blood from a person who has hepatitis C; Were born to a mother with hepatitis C.

The hepatitis C test is a blood test that looks for HCV antibodies to find out if someone has ever been infected with the hepatitis C virus. Test results can take anywhere from a few days to a few weeks to come back. Rapid anti-HCV tests are available in some health clinics and the results of these tests are available in 20 to 30 minutes. If you are positive for the HCV antibodies, a follow-up test called NAT/PCR test will be done.

Learn more about hepatitis C and talk to your doctor about getting tested for hepatitis C – it could save your life. You can also contact the Sacramento County Sexual Health Clinic for testing, call 916-875-1551 or go to [www.SacSexualHealth.org](http://www.SacSexualHealth.org) for more information. ★

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- Managing hazardous materials and wastes?
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- Compliance with new and existing regulatory and permit procedures?

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