



**SJUSD Food Drive Asks  
for Help Supporting  
Families in Need**

PAGE 3

**Free Broadband  
Access Through  
a Pilot Program**

PAGE 7



# Citrus Heights Messenger

VOLUME 10 • ISSUE 42

Serving the City of Citrus Heights & Sacramento County

OCTOBER 16, 2020

**SEE  
INSIDE**

**RESTAURANTS  
ARE STRUGGLING  
AND SOME ARE  
CLOSED FOREVER!**



PAGE 4

**BADFISH COFFEE  
& TEA'S GOT THE  
GOOD VIBE**



PAGE 11

*Ask Toni*

By Toni King



PAGE 11



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## Changing Children's Futures

*Lilliput Families Gets Halloween Goodies from Women's Club*



Members of the Citrus Heights Women's Club (General Federation of Women's Clubs) show off the Halloween goodie bags they assembled for children living in Lilliput Families foster and adoptive homes. Left to right: Susan Ford, Sharon Wilson, Jeanmarie Willbee, Mary Miles, club president Mandy Buechner and Carol Spiker. Not shown: Jacqueline Shields and Elise Spleiss. Photo by Elise Spleiss

By Elise Spleiss

**CITRUS HEIGHTS, CA (MPG)** - "Change a child's life, so they can change the future." This is the motto of Lilliput Families, now a part of Wayfinder Family Services.

During their first in-person meeting in months, women of the Citrus Heights Women's Club (General Federation of Women's Clubs), met under the trees at Rusch Park in Citrus Heights on October 7, to help brighten the lives of many of those

children here in Citrus Heights.

Club members assembled sixty colorful Halloween goodie bags full of candy and other prizes for Lilliput families. A Venmo fundraising challenge provided funds to make this special project possible.

The Halloween bags were delivered to the main office in Citrus Heights to the delight of staff. Anything that can brighten the day or fill a need of a child blesses their foster and adoptive parents as well.

This is not the first collaboration

between women club ladies and Lilliput. Mandy Buechner, president of this club and of Sutter District (comprised of 11 clubs), adopted Lilliput as the district's project for her term of office as president. Since 2018 district clubs have contributed to Lilliput.

After Lilliput's main office relocated to Citrus Heights one club invited Doni DeBolt, Director of Community Relations, to speak to its members about what they do to serve

*Continued on page 3*

## City Council Approves New Policy for Introducing Agenda Items

Story by Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)**

- The consent calendar for Citrus Height City Council meetings often includes second readings of items already publicly discussed and approved, so the Council generally votes on the consent calendar without further discussion. But the October 8 consent calendar included an item requesting approval of amendments to the City of Citrus Heights City Council Handbook—an item that had not received any public discussion.

The City Council Handbook is frequently reviewed and updated to reflect current Council policy. After a recent review, City staff suggested changing the procedure for councilmembers to request future agenda items for Council consideration. Under the established policy, an item would be placed on a future agenda if it were suggested by one councilmember and seconded by another. The proposed amendment would require the item be supported by an additional councilmember, so majority support would be needed for an item to be considered.

According to the staff report, the cities of Rancho Cordova, Roseville, Folsom, Davis, and Elk Grove all require majority support for proposed agenda items. The report states that the amendment will "bring the city in conformity with the best practice" of other cities in the region and ensure "that time and resources are expended upon researching and developing programs that a majority of the council is interested in exploring."

Citrus Heights resident David Warren submitted a public comment opposing the amendment: "City residents must have guaranteed access to request agenda items for consideration ... That can only be accomplished when the minority of councilmembers have sufficient strength to break through popular consensus." He stated that the proposed change would ensure that "only the prevailing majority of councilmembers will have matters considered for public discussion."

Warren referred to the change as "an end run around the Brown Act's guarantee of public discourse." He argued that the

*Continued on page 3*

## New Neonatal Intensive Care Unit Opens

By Yessenia Anderson,  
Dignity Health

**CARMICHAEL, CA (MPG)** - Dignity Health announced the completion of construction of the new 'Robert S. and Star Pepper Neonatal Intensive Care Unit' at Mercy San Juan Medical Center. The NICU spans 17,889 square feet and is a huge increase over the previous 1,200-square-foot space originally built in 1989. Mercy San Juan's original NICU was among the first of its kind in Northern California. Over the past three decades, the practice of neonatology has progressed significantly and the Sacramento region has grown exponentially and therefore so have the community's needs for the NICU. Since its inception, the hospital has always grown with its community, and the development of the new NICU further demonstrates Dignity Health's continued commitment to carry out its mission of improving the health of the people we serve, especially those who are most vulnerable.



Left to right: Dr. Robert Kahle, Neonatologist; Dr. Carolyn Getman, Neonatologist; Star Pepper (lead donor); Cecilia Sandoval, Director of Human Resources; Robert S. Pepper (lead donor). Photo: Dignity Health

On average, 400 babies annually receive life-saving care at the NICU, with many transferred from other Northern California hospitals that are unable to provide the high-level care they require. The NICU has cared for some of the most critically ill babies who are born as early as 23 weeks and weigh

as little as 400 grams. The new Level III NICU will now be able to accommodate 40 infants in 16 private rooms and eight three-bed pods. The private rooms are available for multiple birth family sets, isolation for infants whose circumstances require it, and a private place for families to say a loving goodbye

to NICU babies who, despite every effort, will be unable to survive. The new space also offers parents the opportunity to stay at the bedside of their baby at all times.

"For over 30 years, Mercy San Juan Medical Center's NICU has been a life-saving resource for families

*Continued on page 7*

Read More at [www.CitrusHeightsMessenger.com](http://www.CitrusHeightsMessenger.com)







# SJUSD Food Drive Asks for Help Supporting Families in Need

**San Juan Unified School District Press Release**

**CARMICHAEL, CA (MPG)** - In response to increased need due to the COVID-19 pandemic and economic downturn, the San Juan Unified School District has created the “Food to Learn” program to provide additional food to students and their families.

The current San Juan Unified Food Closet donation levels are not meeting the growing need and requests for help. While the school meal program continues to serve breakfast and lunch to students during distance learning, the San Juan Unified Food Closet strives to provide food for evening and weekend meals to our families in need.

Each month, the San Juan

Unified Food Closet needs at least 600 bags of food to serve up to 300 families. Each bag of food helps a family of four to survive for up to three days. “Students cannot effectively learn when their stomachs are empty,” said Diana Marshall, Director of Equity and Student Achievement. “Hunger can negatively impact a child’s academic performance.”

San Juan Unified asks the community to support this initiative with donations of non-perishable food. Suggested items for donation include instant oatmeal, boxed cereal, instant mashed potatoes, pasta, beans, lentils, rice, flour, peanut butter, canned fruit and vegetables, soup, canned meats and fish, cooking oil, fruit and vegetable juices, and snack foods. Items should be new, unopened, and

in original packaging. No large bulk or expired items please. We will also accept cash, checks payable to SJUSD, and grocery gift card donations.

Bring donations to the “Food to Learn” drive-thru donation event on Saturday, October 24 from 8:00 a.m. to 4:00 p.m. at the Whitney Avenue Elementary School, 4248 Whitney Avenue, Sacramento (enter on Eastern Avenue).

San Juan Unified will also be adding information to its website for making tax-deductible, online donations.

For more information about the “Food to Learn” donation event and program updates, please contact Edith Gonzalez at (916) 979-8877 or edith.gonzalez@sanjuan.edu, or visit [www.sanjuan.edu/foodtolearn](http://www.sanjuan.edu/foodtolearn). ★

# Local Water Districts Mount Campaign Against New Map Proposal

**By Patrick Harbison, CHWD**

**CITRUS HEIGHTS, CALIF. (MPG)** - The Citrus Heights Water District (CHWD) and Fair Oaks Water District (FOWD) have submitted a letter objecting to the San Juan Water District’s (SJWD) plan for transitioning from “at large” to “by district” elections. Styled as a plan to respect the “urban-rural” divide within SJWD; a cursory review of the proposed map shows no rational basis for its boundaries other than protecting incumbents to the extent possible. 4 of these 5 incumbents live in Granite Bay, and Citrus Heights, Fair Oaks and other communities have been historically underrepresented on the SJWD Board.

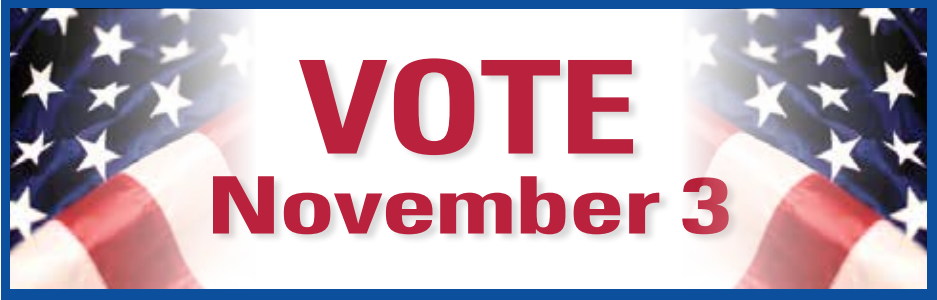
The joint letter to SJWD, signed by CHWD President Ray Riehle and FOWD President Gary Page, urges SJWD to abandon its current map and consider a map that considers existing county, city and neighborhood boundaries. For context, the letter includes two overlays on the proposed map. The first overlay compares the proposed map to existing county, city, and neighborhood boundaries. It is obvious that the proposed map follows no existing community lines and seems to

intentionally disregard existing boundaries. This unnecessarily separates existing communities that form natural district boundaries.

The second overlay provides some potential justification for the proposed map. It adds the location of existing incumbents and shows that the maps are drawn to separate incumbents from each other to the extent possible. While SJWD has indicated that its map is based on respecting the “urban-rural” divide, SJWD fails to use population density or some other appropriate metric.

CHWD and FOWD recommend that SJWD abandon the current, flawed map, which protects Granite Bay’s existing supermajority on the Board, and follow existing law(s) regarding the preparation of revised voting district maps in compliance with state and federal requirements.

CHWD and FOWD encourage all of their customers to follow the SJWD’s Board representation transition process closely and voice their concerns, including attending an important public hearing on Wednesday, October 14, 2020 at 6:00 pm accessible through <https://attendee.gotowebinar.com/register/663838652507163406>. ★



# Changing Children’s Futures

*Continued from page 1*

families and how members can help. Passing this information on to other clubs, district members were ready to answer the call when a disaster affected Lilliput families.

After the Paradise fire in November of 2018, Lilliput worked with their offices in Redding and Chico as Sutter District members responded to the need with clothes, toiletries, blankets and toys when 20 of their family’s homes were destroyed. One father, a handyman lost all his tools in the fire but they were quickly replaced by club members.

Since Lilliput’s inception in 2000 more than 54,000 children have found forever homes in 400 cities throughout the United States, Puerto Rico and the District of Columbia.

On July 1, Lilliput merged with Los Angeles based Wayfinder whose resources include five group homes for children and adults.

Lilliput is a private,

non-profit agency licensed by the state of California. They offer foster, adoption and kinship care community-based programs serving 250 to 300 families in the larger Sacramento Area and 13 offices servicing multiple counties throughout California.

Their Kinship program works with grandparents and other extended family members to help children remain with their families and to keep siblings together. Early intervention for youth at risk, including older teenagers, also provides services to teach parents the skills they need to help their children avoid entering the foster care system.

Unique special needs of families are met, such as an air purifier needed for a child whose asthma from birth was exasperated following the recent fires in Napa and Sonoma Counties. An air purifier and surface disinfecting machine was located and donated by

Nina Daya Consulting with [naturespurityhealth.com](http://naturespurityhealth.com).

November is National Adoption Month and National Adoption Day is Saturday, November 21.

Life has been especially challenging for Lilliput family members during Covid-19. Having all family members within their homes 24/7 has been hard but resources to help families cope have been made available while maintaining all Covid-19 safety precautions.

Community members can help make life easier for these families by participating in Lilliput’s 2020 ‘Spare One for the Kids’ (virtual) 13th annual bowling fundraiser on November 12, from 6:00 – 6:45 p.m. All money raised will help fund foster and kinship programs.

For more information visit [Lilliput.org](http://Lilliput.org); or call (916) 678-7254. Visit [chwomenclub.com](http://chwomenclub.com) or on Facebook at GFWC Citrus Heights Women’s Club.

*Source: awarenessdays.com; Lilliput/Wayfinder.* ★

# City Council Approves New Policy for Introducing Agenda Items

*Continued from page 1*

majority support requirement would mean that a councilmember would have to “lobby at least two other councilmembers before a meeting to obtain concurrence, effectively a tacit vote in support of an agenda item even before a public hearing, comment and vote on a proposed matter.” He said this change would result in issues being “decided secretly among the majority councilmembers.”

Warren said the idea was “repugnant and should be rejected.”

Tim Schaefer, current chair of the Citrus Height Planning Commission and a 2020 candidate for the District 3 seat on the City Council, wrote that requiring the agreement of at least three councilmembers “gives the appearance of attempting to prevent a minority of councilmembers from setting a matter on the agenda.” He said the item “should be removed from the agenda and sent to a committee for public hearing to allow all members of the community to submit recommendations for and/or object to the City’s proposed amendments.”

When the Council moved forward to vote on the consent calendar, Councilmember Bret Daniels requested that the handbook amendment item be pulled for a separate vote. He also asked the City Manager Chris Boyd whether there were problems with the two-person system and to provide a public explanation of the issue.

Boyd stated that majority support is “a more common practice” and the proposed amendment would ensure that items coming before Council are “more actionable.”

Councilmember Daniels said, “We’re elected to represent citizens, residents. We’re their voice, and we bring their voice to council meetings.” Daniels pointed out that there are less than four weeks until the election, and the current Council will only have two more meetings before a new Council is seated.

With the new district-based election system going into effect this year, seats for Districts 1 and 3 are up for election in November. District 3 is currently vacant, so at least one new member will be joining the Council. Councilmember Daniels and Mayor Jeff Slowey are both in the new District 1. While Mayor Slowey is not running for re-election, Daniels is running again, along with a new candidate for that District. Daniels said, “We may see two new councilmembers on the Council, and it would seem to me that it would be better for them to decide if they want to go forward with that in the future.”

Without any evidence of problems with the established two-person system, Daniels said it was “premature” to push for the amendment at this time: “Simply because other cities or entities do it, doesn’t seem to be a very strong argument that we should do it. We’ve always been leaders; we haven’t been followers. ... I think we would better serve our citizens if we did not do this, but at the very minimum if we would continue it until at least after the election.”

Mayor Jeff Slowey called for a vote on the item, and the Council approved the amendment 3-2, with Councilmembers Bret Daniels and Steve Miller dissenting. ★



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LETTER TO THE EDITOR

Citrus Height Restaurants are Struggling and Some are Closed Forever!



Hector Alcazar

I’m Hector Alcazar, manager of the El Tapatio Mexican Restaurant in Citrus Heights. Our business is struggling to survive and our employees are struggling to provide for their families. I’m opposed to the Citrus Heights Measure M Sales Tax Increase and I want to tell you why.

The owner of our restaurant, Efran Guitron, came to America in 1970 seeking freedom, liberty, and a better way of life for his family. He landed in a small Mexican restaurant in Seattle. He worked hard, learned the business, and in 1980 he decided to take a chance and opened his first restaurant. He understood the risks associated with owning his own business, but never in his wildest imagination did he envision

a time in America when government would have the power to close his doors.

These times are very challenging as we just “fully opened” our second restaurant in Auburn, while at the same time our Citrus Heights business has been decimated. First it was COVID, then we were allowed to partially open in the parking lot and the smoke from the fires has impacted our business and now the City of Citrus Heights wants to impose a higher sales tax that will take more money out of the pockets of our customers and send them to restaurants in Folsom and Roseville where the taxes are lower?

Our employees are suffering and more than 20 of them signed a No on M petition to oppose the Measure M Sale Tax Increase especially during the current pandemic.

City employees don’t feel our pain because they continue to get their paychecks, raises, and benefits while businesses throughout the city continue to struggle and many Citrus Heights residents have had their hours cut or have lost

their jobs. Many businesses have already closed and some will not open again.

Instead of higher taxes it would be helpful if the City of Citrus Heights could help us fully open like in Auburn so all our employees can return to work, our business revenues could return to normal, and we could generate more sales tax revenues for the city.

This is not the time for higher taxes that hurt our business community and take money out of the pockets of our customers. Business owners who are still open have tightened their belts as much as they can. Instead of asking for more, maybe the city should consider cutting back on their salaries and expenses like we have had to do.

I hope Citrus Heights residents, including all our customers, will join me to oppose the Measure M Sales Tax Increase on the November Ballot. @NoOnMeasureM / www.VoteNoOnM.org

Sincerely,  
Hector Alcazar  
*El Tapatio Mexican Restaurant  
Citrus Heights*

Another Vague Decree from Newsom



By Dan Walters  
CALMatters

Gavin Newsom is fond – overly so – of declaring “big hairy, audacious goals” and doing something that implies he’s striving to achieve them.

However, he’s been compelled to devote virtually all of his time to managing crises this year: the COVID-19 pandemic, followed by a recession as he shut down businesses to battle infection, a state budget deficit caused by the recession, record heat waves that overwhelmed the state’s power supply, and wildfires of historic proportions.

Managing crises is essentially a reactive process while Newsom fancies himself a proactive striver and doer, not unlike, it should be noted, Jerry Brown in his first stint as governor four decades ago.

Newsom began the year in characteristic form, devoting virtually his entire State of the State address to homelessness and a chronic shortage of housing.

“After decades of neglect and inadequate responses, we are putting our entire state government on notice to respond with urgency,” Newsom declared. “We need a new approach. In the budget I just submitted, I proposed a new California

Access to Housing Fund, and, with it, a whole new way of investing in homeless solutions.”

He also declared “a commitment – right now, this year – to major reform that will eliminate red tape, and delays for building critically needed housing – like affordable, multifamily homes – especially near transit and downtowns.”

Never mind. Within days of delivering that speech, Newsom issued his first emergency order on COVID-19.

Newsom is now trying to return to a proactive mode by issuing sweeping executive orders on climate change that make headlines, but really are no more than declarations of lofty intent.

The first declared that California will ban the sale of vehicles powered by internal combustion engines by 2035, but the order only directed the Air Resources Board to explore how that might be done.

The second, issued last week, directed state agencies to devise ways to “protect” 30% of California’s land and coastal waters by 2030 to reduce greenhouse gases and promote biodiversity, boasting that California would be the first state to adopt the “30-by-30” program being advocated globally.

“Once again, California is taking on the mantle of global climate leadership and advancing bold strategies to fight climate change,” Newsom said. “The science is clear that, in our existential fight against climate change, we must build on our historic efforts in energy

and emissions and focus on our lands as well.”

But what does “protect” actually mean?

Newsom’s order basically enacts a piece of legislation, aptly named Assembly Bill 3030, that passed the Assembly this year but died in the Senate Appropriations Committee without a vote.

It had an extensive airing in the Senate Natural Resources and Water Committee, whose staff raised the definition question, to wit:

“It is a complicated task to determine how much of the state’s land, water, and ocean resources are already protected, in part because there is no one uniform definition of ‘protection’ in state law. These and similar terms can represent a sliding scale depending on the types of restrictions and allowable uses, including the degree of human access.”

In fact, the meaning of “protect” varies greatly even among its advocates, as the staff report detailed.

That lack of specificity is why those who catch fish, farmers, hunters, housing developers and others opposed the bill. They saw it as carte blanche for state agencies to issue restrictive land use rules.

So Newsom gets another headline attesting to his “bold strategies,” but as with his decree on cars, we won’t know, perhaps for years, whether it has any concrete meaning.

*Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★*

LETTER TO THE EDITOR

Vote NO on Measure M

As a 26 year resident of City Heights, I oppose Measure M on the November Ballot for the following reasons:

1. I was there when the City agreed to demolish the old City Hall and award winning Rose Garden to make way for Dignity Health Medical Center on the city’s land on Fountain Square Drive. I believe Dignity Health will pay only \$4.2 million over 15 years and then the land becomes theirs.

2. After the demolition of the old City Hall, the land remained vacant for 2 years. Meanwhile, the City had to rent space requiring additional funds, for 1 year at the Grand Oaks Shopping Center, while a brand new City Hall at a cost of \$22 million dollars

was constructed on newly purchased expensive land. I was fervently opposed to the City spending the city’s tax payers’ money on a new site other than the land they owned at Greenback and Fountain Square Drive. At the time, the city roads were in a bad state of repair, and they still are.

At the time that all this was happening, I suggested to the City that it should be voted on by city voters, rather than just 5 council members, but they wouldn’t listen.

When the City was first incorporated they had \$32 million surplus in the bank and now they have been forced to take out a Line of Credit. They are in Debt, all because of poor Financial Management. They want us

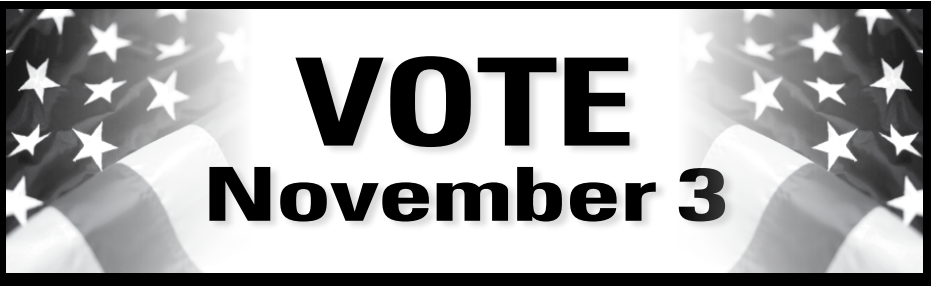
to bail them out.

The City Council voted 4 to 1 to place the Measure M on the ballot at a Closed Council Meeting. In fact the City Hall has been closed for 7 months while most of their employees are working from home.

Residents and Businesses of Citrus Heights are suffering during the past 7 months of the Corona Virus epidemic, and the City wants to raise our taxes. If Measure M is approved, more businesses will close and residents will shop and dine out at nearby cities like Carmichael, Fair Oaks, Sacramento and Roseville. You can say Goodbye to Sunrise Mall plans.

Vote NO on Measure M.

Beryl Turner-Weeks



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CLG NEWS UPDATES

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**DNI declassifies Brennan notes, CIA memo on Hillary Clinton 'stirring up' scandal between Trump, Russia – Source said Brennan's handwritten notes were taken after briefing Obama on the matter** | 06 Oct 2020 | Director of National Intelligence John Ratcliffe on Tuesday declassified documents that revealed former CIA Director John Brennan briefed former President Obama on Hillary Clinton’s purported “plan” to tie then-candidate Donald Trump to Russia as “a means of distracting the public from her use of a private email server” ahead of the 2016 presidential election, Fox News has learned. Ratcliffe declassified Brennan’s handwritten notes – which were taken after he briefed Obama on the intelligence the CIA received – and a CIA memo, which revealed that officials referred the matter to the FBI for potential investigative action. The Office of the Director of National Intelligence transmitted the declassified documents to the House and Senate Intelligence Committees on Tuesday afternoon. “Today, at the direction of President Trump, I declassified additional documents relevant to ongoing Congressional oversight and investigative activities,” Ratcliffe said in a statement to Fox News Tuesday.

**New England Journal of Medicine says people refusing MANDATORY coronavirus vaccines should be severely punished, locked in their homes and fired from their jobs** | 06 Oct 2020 | The *New England Journal of Medicine*, the same fake science rag that committed total fraud to dishonestly smear hydroxychloroquine and protect the interests of vaccine companies, is now saying that all human beings must be forced to take mandatory [deadly] vaccines. Those who refuse should face severe punishment, the NEJM insists, and insidious measures should be pursued to make sure no one can challenge the punishments in a court of law. Source: Ensuring Uptake of Vaccines against SARS-CoV-2, October 1, 2020, N Engl J Med 2020; 383:1296-1299 “[B]ecause of the infectiousness and dangerousness of the virus, relatively substantive penalties could be justified, including employment suspension or stay-at-home orders for persons in designated high-priority groups who refuse vaccination,” says the NEJM paper.

**Telemundo Deletes Twitter Poll following VP Debate After Kamala Gets Crushed by Pence 74% to 26%** | 08 Oct 2020 | Following the vice presidential debate between Democrat Kamala Harris and Vice President Mike Pence in Salt Lake City Wednesday evening, Telemundo News posted a poll on Decision 2020 – “Who won the debate?” Pence mopped the floor with Kamala winning 76% to 24%. This was too much for those at Telemundo, so they deleted the poll. It’s gone.

**Joe Biden doubles down on court packing:** ‘You’ll know my position’ after the election – | 08 Oct 2020 | Democratic presidential nominee Joe Biden is remaining silent on whether he supports a move by many progressives to expand the number of justices on the Supreme Court if the Democrats win back the White House and take control of the Senate in November’s elections. Asked Thursday by reporters if he supports such a move, Biden once again refused to answer, saying “you’ll know my position on court-packing the day after the election.” The former vice president once again described the question as a distraction to what he termed the main issue – the push by President Trump and the Republican majority in the Senate to quickly move before Election Day to confirm Amy Coney Barrett, a conservative federal appeals court judge nominated by Trump to succeed liberal-leaning Supreme Court Justice Ruth Bader Ginsburg.

**Trump: Pentagon Leaders Want War to Keep Contractors ‘Happy’** | 07 Sept 2020 | President Donald Trump said Monday that top Defense Department leaders want to keep waging wars in order to keep defense contractors “happy.” At a White House news conference Monday, Trump repeated his claim that the story [source-less story alleging Trump made disparaging comments about U.S. troops] was a “hoax” and said: “I’m not saying the military’s in love with me. The soldiers are.” However, he added, “The top people in the Pentagon probably aren’t because they want to do nothing but fight wars so all of those wonderful companies that make the bombs and make the planes and make everything else stay happy.” ...Defense Secretary Mark Esper, whom Trump appointed, was defense contractor Raytheon Co.’s chief Washington lobbyist before he became Army secretary in 2017. ★



LETTER TO THE EDITOR

The Real Cost Of Measure M

The study for adding 1¢ to the sales tax in Citrus Heights stated that the cost for consumers would be between \$4.00 and \$8.00 per month, with an average cost of \$6.95. I wanted to test that formula and see if it rang true.

I itemize all of my income and expenses in QuickBooks as they occur, so it was easy to run a P&L report to see what I spent for the 8 months between 1/1/2020 and 8/31/2020. I separated my taxable expenditures from nontaxable, like grocery food, RXs, mortgage, utilities, etc. Had the sales tax been 8.75% instead of 7.75% during those months, the actual cost to me would have been \$7.23/month. This isn't a projection or educated guess, but an actual amount, based upon actual spending. It's less than one trip through your favorite drive-thru restaurant or coffee house.

This is not repressive and won't even be noticed by most people. It's a small ask that will pay big dividends in improved

services to Citrus Heights citizens, such as:

Filling open staff positions, including 17 open positions in the police department; Providing funding to tackle improving and repairing our roads, most of which were in bad shape already when we incorporated in 1997; Expanding our navigator program to address homelessness and build on the successes we already have; Move our economy forward by attracting new business, good employers and realize the vision we have for the Sunrise Mall property

Please:  
VOTE YES ON MEASURE M; Share this message with your friends and neighbors in Citrus Heights; Let me know if you want a lawn sign; Most of all VOTE YES ON MEASURE M

[www.yesforcitrusheights.org](http://www.yesforcitrusheights.org)

Jeannie Bruins  
Citrus Heights City Councilmember

Be the One to Name the New Trail & Park!

**City of Citrus Heights**

**CITRUS HEIGHTS, CA (MPG)** - The City is excited to be taking community sub-missions to name a new trail and regional park in Citrus Heights! The trail is a 2.9 mile multi-use trail between Sunrise Boulevard (near Arcade Creek Park Preserve) and Watchtel Way, largely following an existing Sacramento Municipal Utility District (SMUD) corridor easement. The trail project is currently on target to complete design in Spring 2021, with construction

anticipated to begin in Spring/Summer 2021. The new regional park will include Arcade Creek Park Preserve, Tempo Park, and Mitchell Village Park.

The two exciting projects are located in the City of Citrus Heights and connect to unincorporated Orangevale, several neighborhoods, seven parks, several schools, and the Sunrise MarketPlace.

A Naming Review Committee, comprised of City staff and community partners, will be reviewing community submissions and presenting top names


that best reflect the values of our region to City Council for their vote. Name suggestions should be submitted via email by October 31, 2020 and the Review Committee will select the top names by November 12, 2020.

The Naming Review Committee has created the Trail & Regional Park Naming Policy, which outlines naming and submission requirements.

View requirements at [www.citrusheights.net/DocumentCenter/View/14963/FINAL-Trail-Naming-Policy](http://www.citrusheights.net/DocumentCenter/View/14963/FINAL-Trail-Naming-Policy) ★

# ELECT PAM TOBIN

For San Juan Water District



## Leadership, Experience and a Strong Voice for San Juan Water District

As a trusted, well respected, and principled leader in the water industry, Pam Tobin understands the complexity of regional water management, sound fiscal planning, and has diligently served the community for many years.

*Endorsed by:*


Ted Costa, President/Director, San Juan Water District  
Ron Greenwood, Director, Carmichael Water District  
Robert Dugan, Chair/Director PCWA Water District

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**PROPERLY DISPOSE OF YOUR HOUSEHOLD HAZARDOUS WASTES (HHW)**

HHW can be a danger to humans, pets, and our environment. Learn how you can help keep Citrus Heights safe and clean by properly disposing of HHW – for **FREE!**

**WHAT IS HHW?**

HHW is the leftover portion of household products that contain toxic chemicals, such as paint, cleaners, and products with warning labels. These wastes **CANNOT** be disposed of in your regular garbage.

**HOW SHOULD I DISPOSE OF HHW?**

Residents can drop-off their HHW at this location for **FREE:**

**North Area Recovery Station (NARS)**

HHW Facility  
4450 Roseville Road  
North Highlands  
Open Tu-Th-Fr-Sat 8:30 am – 4 pm  
(916) 727-4770

Visit [www.CitrusHeightsRecycles.com](http://www.CitrusHeightsRecycles.com) for a list of acceptable items and other important information.





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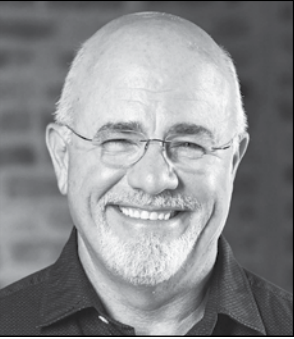
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Handling Debt Collectors?

Dear Dave,

Do you have suggestions on how to interact with debt collectors? Sometimes they are reasonable and easy to work with, but others are rude and pushy. Your advice would be appreciated.

–Paul

Dear Paul,

You’ll run into all sorts of collectors, no matter what kind of debt you have. Occasionally they are friendly and understanding, while others can be downright mean and nasty. Whatever their approach is, you have to keep in mind they’re all after one thing – your money.

Most debt collectors prey on a person’s emotions and lack of confidence. If you don’t know your rights, they can scare you by using bogus threats. Understand

Dave Ramsey Says

what I’m saying here, Paul. If you have debt, you have a legal and moral obligation to pay it. At the same time, you need to calmly and confidently control these kinds of conversations. You might have made some financial mistakes, but that doesn’t mean you should allow someone to abuse you.

When it comes to dealing with debt collectors, keep track of all the calls and emails. Write down the names of anyone you talk to and when they called. A record of all contact is important, and it will make it easier to report them if they violate the federal Fair Debt Collection Practices Act. If the collector agrees to settle the debt, get it in writing and keep the document as proof in case they “forget” they made the offer.

Also, be completely up to speed on your accounts. Know what you owe, who you owe, and have a record of all the payments you’ve made. Knowing the facts gives you the upper hand in any situation. Don’t be intimidated by debt collectors, either. Calmly explain your situation, the reason you’re behind on the debt,

and how you plan to pay it off. Don’t get emotional and let yourself get drawn into an argument or shouting match. If they insult you, or yell or curse at you – yes, this happens sometimes – hang up immediately.

Financial troubles like debt can make every aspect of your life feel messed up. If you want to get back on track, start living on a written, monthly budget, and attack your debts using the debt snowball system. It’s not easy, and it takes discipline, hard work, and sacrifices, but it’s worth it!

–Dave

*Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Dave Ramsey Show, heard by more than 16 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.* ★

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CITY OF CITRUS HEIGHTS

NOTICE OF ORDINANCE ADOPTION

The following is a summary of an ordinance adopted by the City Council of the City of Citrus Heights at its meeting of October 8, 2020.

ORDINANCE NO. 2020-009

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS AMENDING CHAPTER 10 OF THE CITRUS HEIGHTS MUNICIPAL CODE RELATING TO CARDROOMS

AYES:	Council Members:	Bruins, Daniels, Middleton, Miller, Slowey
NOES:	Council Members:	None
ABSENT:	Council Members:	None
ABSTAIN:	Council Members:	None

The full text of the adopted ordinance is available in the City Clerk’s office, 6360 Fountain Square Drive, Citrus Heights, CA 95621 or (916) 727 – 4704 or [www.citrusheights.net](http://www.citrusheights.net).

Amy Van  
City Clerk

Citrus Heights Messenger 10-16-2020

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CITY OF CITRUS HEIGHTS

NOTICE TO CONTRACTORS

SEALED BIDS will be received at the office of the City Clerk, City Hall, 6360 Fountain Square Drive, Citrus Heights, California, until the hour of 3:00 PM on Wednesday, November 18, 2020, at which time the bids will be publicly opened and read for the **Various Signalized Intersections Safety Improvements** Project, City of Citrus Heights, California. Any bid received after this date and time will be deemed non-responsive. Bids received by fax or e-mail will not be considered.

The work to be performed consists, in general, of modifications to existing traffic signals, new curb ramps, curbs, gutters, pedestrian median fencing and striping modifications at various locations in Citrus Heights, and all associated work described in the attached plans, specifications and provisions of this document.

**NOTICE: THE RESULTING CONTRACT WILL BE FUNDED THROUGH A SECTION 3 COVERED PROGRAM AND WILL BE SUBJECT TO SECTION 3, 24 CFR PART 135.**

An electronic copy of the plans and specifications, bid documents, agreement and other contract documents is available on the City’s website at no cost. Bidders may also obtain the documents at the office of the General Services Department, City Hall, 6360 Fountain Square Drive, Citrus Heights, California, with a nonrefundable charge of \$50.00 for pick up and \$65.00 for mailing. It is the responsibility of all bidders, regardless of how they obtain such documents, to register with the General Services Department to ensure the bidder is placed on the plan holder’s list for this project in order to receive notification of addenda or other important information related to the project.

It is the bidder’s responsibility to check the City’s website for any updated information at least 24 hours prior to the scheduled bid opening.

A pre-bid conference is scheduled to be held on **WEDNESDAY, NOVEMBER 4, 2020 AT 3:00 PM via Zoom teleconference**. Please visit the city website for information on logging in to the remote access pre-bid conference: <http://www.citrusheights.net/Bids.aspx>.

In accordance with the provisions of Section 1770 of the Labor Code of the State of California, the Director of the Department of Industrial Relations has ascertained the general prevailing rate of wages applicable to the work to be done in accordance with the standards set forth in Section 1773 and which is on-file in the office of the City Clerk.

The successful bidder shall pay not less than the specified prevailing wage rates to all laborers, workers, and mechanics employed in the performance of the work specified herein. The successful bidder will be required to post a copy of the general prevailing rates per diem wages in a conspicuous place at the job site forthwith upon undertaking the public work called for herein. The successful bidder shall also keep an accurate certified payroll record in accordance with requirement set forth in Labor Code Section 1776 and the Contract Documents.

Each bid must be accompanied by cash, cashier’s check, certified check or Bidder’s Bond made payable to the City of Citrus Heights in the amount of 10% of the total bid amount, such guaranty to be forfeited should the bidder to whom the Contract is awarded fail to enter into the Contract within the time period required by the Contract Documents.

No bid will be accepted unless it is made on a proposal form furnished by the General Services Director and is for the entire work described herein. The bid bonds for the three acceptable lowest bidders shall be retained until the City Council has accepted the successful bidder. All other Bidder’s Bonds shall be returned to the bidder five (5) working days after bid opening. The Contract shall be awarded, if an award is made, to the lowest responsive and responsible bidder within sixty (60) calendar days from the date the bids are publicly opened and declared. If the award is not made within that period, all bids submitted are deemed rejected by the City Council and all remaining Bidder’s Bonds shall be returned to the bidder. The successful bidder shall apply for and obtain at its costs any permits required for all work, except as otherwise specified in the Contract Documents.

A bidder may propose one or more “equals” or substitutions for products listed in the Contract Documents by manufacturer name, brand or model number, unless the Contract Documents specify that the product is necessary to match others in use. Complete information for products proposed by a bidder as an equal must be submitted to the General Services Director for review, at least ten (10) working days before the time specified for bid opening in accordance with the Instructions to bidders contained in the Contract Documents.

The successful bidder will be required to furnish, prior to the performance of any work hereunder, a payment bond in an amount equal to one hundred percent (100%) of the Contract price, and a faithful performance bond in an amount equal to one hundred percent (100%) of the Contract price. The bonds must be approved by the City.

The successful bidder shall also furnish a Warranty Bond, in a form acceptable to the City in an amount of **one hundred percent (100%)** of the total Contract price plus change orders, to hold good for a period of one year after the completion and acceptance of the work, to protect the City against the results of defective materials, quality of work, and equipment during that time. This bond shall be delivered to the City before the final payment under this Contract will be made. The successful bidder will also be required to furnish insurance as set forth in the Contract Documents.

Pursuant to Public Contract Code section 22300, bidders may substitute securities for any monies which the City may withhold pursuant to the terms of this Contract to insure performance. Such securities must be furnished on a form acceptable to the City and by a company, acceptable to the City, that is authorized and licensed by the Insurance Commissioner as an “admitted surety insurer” and which maintains at least one officer in California for conducting business. Prior to such approval, the surety shall provide the documentation required by California Civil Code Section 995.660.

The City of Citrus Heights reserves the right to reject any or all bids or portions thereof, to accept a bid or portion thereof and to waive any minor informality or irregularity.

The license classification required for this project is **Class “A”: General Engineering Contractor, “C-12”: Earthwork and Paving Contractor** or **“C-10”: Electrical Contractor** issued by the State of California. The license must be active and in good standing as of the date of receipt of bids and must be maintained in good standing throughout the term of the contract. For contracts involving federal funds, the license must be active and in good standing as of the date of the Contract award and must be maintained in good standing throughout the term of the contract.

Each bidder, and any subcontractor listed in a bid proposal pursuant to Public Contract Code Section 4104, must be currently registered with the Department of Industrial Relations and qualified to perform public work consistent with Labor Code section 1725.5, except in limited circumstances as referenced in Labor Code section 1771.1(a).

This project is subject to compliance monitoring and enforcement by the Department of Industrial Relations.

Other Requirements:

- A **9%** DBE goal has been established for this project.
- This project is subject to the “Buy America” provisions of the Surface Transportation Assistance Act of 1982 as amended by the Intermodal Surface Transportation Efficiency Act of 1991.

Amy Van  
City Clerk

October 16, 2020

Citrus Heights Messenger 10-16-2020

Former Sacramento King Launches Clutch City Basketball Academy

Clutch City Basketball

**ORANGEVALE, CA (MPG)** - Pete Chilcutt, a former first round draft pick by the Sacramento Kings, has started a new basketball academy in Orangevale to give local youth the opportunity to take their game to the next level and develop a championship mindset.

Pete attended the University of North Carolina and played under legendary coach Dean Smith. Pete then went on to have a successful NBA career playing for over nine years for the Sacramento Kings, Detroit Pistons, Houston Rockets, Utah Jazz, Los Angeles Clippers, and Vancouver Grizzlies. While playing for the Houston Rockets he was a part time starter on the 1995 “Clutch City”

championship team alongside future Hall of Famers Clyde Drexler and Hakeem “The Dream” Olajuwon. Clutch City Basketball Academy was co-founded by Philip Peterson, a local product from Orangevale and Casa Roble High School graduate. Philip went to on to compete at the college level at American River College and William Jessup University. Philip was also selected to play on a U.S.A. Athletes in Action team that spent a summer touring China and competed against the Chinese National Team and professional teams in the CBA.

Clutch City Basketball Academy will be offering outdoor camps and clinics in Orangevale over the next several months designed to give youth the much-needed

opportunity to exercise in a safe environment and continue to develop mentally and physically while distance learning is in place this fall at local schools. Clutch City Basketball will also be providing scholarships for underprivileged youth seeking an opportunity to join the academy and a portion of the proceeds from the camps and clinics will be donated back into the Orangevale community through local non-profits. In October Clutch City is offering two Saturday morning clinics on 10th and the 31st. To sign up and for more information about future camps, clinics, individual and group training, or business sponsorships, visit their website [www.clutchcityacademy.com](http://www.clutchcityacademy.com) or follow them on Facebook and Instagram at @clutchcityacademy. ★

Taxpayer Funded Campaign Outreach Contract Tied with Democrat Candidates

By Nghia Nguyen, California State Senate

**SACRAMENTO, CA (MPG)** - Without legal authority and bypassing the state’s open bid contracting procedures, the California Secretary of State entered a \$35 million agreement with a partisan public relations firm to conduct “voter outreach.” These state funds were intended to help with the administration of local county elections.

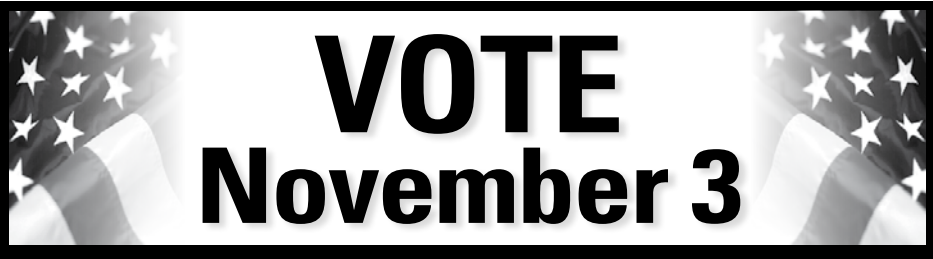
“We write to you to express significant concerns with the Secretary of State’s (SOS) recently reported contract to spend \$35 million, ostensibly to provide voter outreach, through a firm widely known for its partisan history,” said Senator Patricia Bates (R-Laguna Niguel), the Vice Chair of the Senate Appropriations Committee, and Senator Jim Nielsen (R-Tehama), the Vice Chair of the Senate Budget and Fiscal Review Committee, in their letter to decision makers. “This creates an obvious conflict of interest in the administration of

these public funds, no matter the protestations from the SOS and the contracting firm that the money would be used in a nonpartisan manner.”

In a September 29 article from the Sacramento Bee, the Secretary of State’s office asserts that he is spending money “on the counties’ behalf.”

The letter from Senators Bates and Nielsen continues, “This explanation raises significant legal questions as to how the SOS can unilaterally decide it will spend money on behalf of all 58 counties. Thus far, we have seen no indication from counties that any of them in fact did ask the SOS to engage in the contract on their behalf.”

To read the letter in its entirety, please see [cssrc.us/sites/default/files/200929\\_SOS-Contract-Funding-Concern-Letter.pdf](https://cssrc.us/sites/default/files/200929_SOS-Contract-Funding-Concern-Letter.pdf). *Senator Patricia Bates (R-Laguna Niguel) represents the 36th Senate District in the California Legislature.* *Senator Nielsen represents the Fourth Senate District.* ★









# Chillin Ain't What I Thought It Was

By Rev. James L. Snyder

Last week the Gracious Mistress of the Parsonage came up with a brilliant idea. At least, at the time, it seemed brilliant.

“Why don’t we,” she began, “take Monday off and just chill?”

Since it’s been a long time since I did any chillin, I had to ask her, “What do we chill about?”

She looked at me with one of those looks and said, “Oh, silly boy. Don’t you know what it means to just chill for a day?”

“Don’t you worry about a thing,” she said with a huge smile on her face, “I’ll take care of everything.”

That’s what got me to worry. When the Gracious Mistress of the Parsonage is in charge of planning, nothing is off the table.

As we went to bed Sunday night, my wife said, “Are you as excited about our chillin day tomorrow as I am?”

Not knowing exactly what she had planned, I wasn’t as excited as she was.

We had a light breakfast and chattered a little while watching the news on TV.

“There’s a new restaurant in our area. Let’s go there for lunch.”

That was okay with me,

then she said, “We should leave a little before lunch, I need to stop to pick up something.”

“And then,” she continued, “I need to go over to Lowe’s and pick up some material for the room we’re remodeling.”

Finally, we did get to the new restaurant and had a wonderful lunch. After lunch, we headed over to Lowe’s and picked up the material she had ordered.

I still was trying to figure out what we were going to be doing to chill out today. While I was thinking about it, she suddenly said, “Look, there’s a thrift store I haven’t been to in a month. Let’s stop and see what they got.”

Coming out of the thrift store with a shopping cart full of stuff, “I sure am grateful that we stopped here today. Look at all the wonderful stuff I got and look at how much money I saved.”

Driving out of the parking lot and onto the main highway, we went for just a few minutes, and then my wife said, “Oh, look over there. They have some material I need to get to finish the project I’m working on. Let’s stop there for a minute.”

We brought out another shopping cart full of “stuff” she needed for her project. I glanced at her as we got into

the van, and she was smiling.

I made the mistake of asking her, “Why are you smiling?”

“Oh,” she said, chuckling, “this is the best chillin day I’ve had, in, I can’t remember how long. Aren’t you glad we took this day off to chill?”

We got home and sat down in the living room after we had unloaded her van, and she said, “This has been a wonderful time together. We should do this more often.” And she looked at me and smiled, and I returned her smile thinking, I don’t think so.

As she talked, I couldn’t help but think of one of my favorite Old Testament passages. “Can two walk together, except they be agreed?” (Amos 3:3).

I still haven’t figured out what a chillin day is, but I have learned, if I want what she wants, that makes it all the more wonderful.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with the Gracious Mistress of the Parsonage in Silver Springs Shores. Call him at 352-216-3025 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com. ★



By Marlys Johnsen Norris, Christian Author

“The coming of the lawless one (antichrist) is according to the working of Satan with all power, signs and lying wonders.” (2 Thessalonians 2:9)

If one is familiar with the Holy Words of God as written in the Holy Bible one may just be able to discern the arrival event of the Antichrist! “He will speak pompous words (self-righteous) against the Most High and shall wear out the Saints of the Most High and think to change times and laws and dividing of time.” Read Daniel 7:25

Antichrist will then attempt to give his followers the “Mark of the

## Are We Approaching The Day Of Anti-Christ”???

Beast” Number tattooed on them will be “666 ”

The angel announces that if you wear the mark of the Beast you have consigned yourself to eternal fire, damnation and separation for God.”

Note: A person (Christian) who refuses it will suffer the wrath of the antichrist. Antichrist will speak with a form of authority out against the one true God of Heaven.

Just as written about another attempt to do what he did in Genesis in the Old Testament, he will again try to rise himself as high as God to be honored by mankind. He will fail again! First time God sent him to earth and all of us have had to deal with him during our lifetimes.

Our Creator/God Almighty knows about his evil tactics and will only

allow him to go just so far . . . and then our God will deal with him severely and cast him into the eternal pit of fire.

Politically and with this Covid19, these are certainly trying times for all of us. We must first think about our personal relationship with our Heavenly Father, trust Him and honor Him in spite of it all. Examine your heart to keep His laws and commandments as you vote for anything. God Bless You!

Choose Almighty Father God of all and live with Him forever in heaven!

Marlys Johnsen Norris Christian Author of 7 Books, Stephen’s Minister ARM Columnist since 2006 Marlysjn@gmail.com PO Box 114, Orangevale, Ca 95662 ★

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## Dare to Live Without Limits

by Bryan Golden

### Your Words Create Your World

Anyone who has read a novel understands the power of words. Words can set a mood, provide detailed descriptions, elicit intense emotions, and even create entire worlds which only exists in your mind. Words alone can make you happy, sad, elated, depressed, proud, embarrassed, or offended.

The words you use when speaking to yourself shape your perception, which creates your reality. Those whose self-talk is comprised of positive, uplifting words, see a more attractive world than people who tell themselves how bad their circumstances are.

Words are essential for communicating with others how you feel, what you want and don’t want, what you like and dislike, and describing your experiences to them. The words you communicate convey to others the nature of your world.

Words can create misunderstandings, anger, and jealousy. Or, words can be calming, reassuring, and confidence building. Words can be motivational or depressing, encouraging or disparaging. Your world is shaped by the words you hear combined with the words you say to yourself. Yet, people often speak to others and to themselves without being fully cognizant of the impact of those words.

The words you use when speaking to yourself create the world you experience. The words you say to others impact their world. As powerful as words are, they are too often used without first considering their impact on you or others.

Choose your words wisely. Think before speaking. Anticipate each word’s impact. Avoid speaking to others when you are angry, upset, resentful, or bitter. Allow yourself enough time to calm down before speaking. Using the wrong words at the wrong time creates problems which are difficult to undo.

Avoid destructive words when speaking to yourself. I’m so stressed, I don’t know what to do, I can’t figure anything out, I create problems, or I’m such a bad learner, are just some examples of the negative words people use for their self-talk.

Your brain is programmed by the words you choose. Your mind creates your reality based on what you tell it. Repetition is a powerful training tool. The words and phrases you use continually solidify the world you are describing to yourself. Whatever you say regularly becomes valid.

Avoid name-calling, self-criticism, or self-depreciation. Don’t gossip or speak ill of others. Any of these approaches consist of negative words which harm you. Any negative words you use against another person becomes poisonous to you.

Be especially careful to avoid combining absolutes with negative words. Telling yourself such statements as, “I’m always late,” or “I never remember anything,” intensifies the impact of negativity.

Use the power of words to your advantage. Phrase everything in positive terms. For example, instead of saying how much you

hate something, say that you prefer something else. Talk about all that you like, rather than that which you dislike. Tell yourself what you want to achieve.

Be emphatic about all of the positive elements of your life for which you are thankful. Use words such as grateful, terrific, wonderful, exciting, exceptional, enjoyable, loving, and beautiful to describe the various aspects of your life. The more definitively positive you are, the better.

Surround yourself with all of the uplifting words you’ll be using. Write down and post these words around your home in order to read them frequently. This technique keeps refreshing your mind’s positive instructions.

Limit the time you spend with negative people. Their influence infects you with a negative vocabulary. Instead, associate with positive people who set a good example of the clear influence of positive words.

Using positive words when speaking to yourself and others creates a wonderful world in which each day is filled with joy. Start today replacing any negative words you are using with their encouraging counterparts.

**NOW AVAILABLE:** “Dare to Live Without Limits,” the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or [yourbookstore.com](http://yourbookstore.com). Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@colum-nist.com](mailto:bryan@colum-nist.com) or write him c/o this paper. © 2020 Bryan Golden ★

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**Publisher,**  
**Paul V. Scholl**

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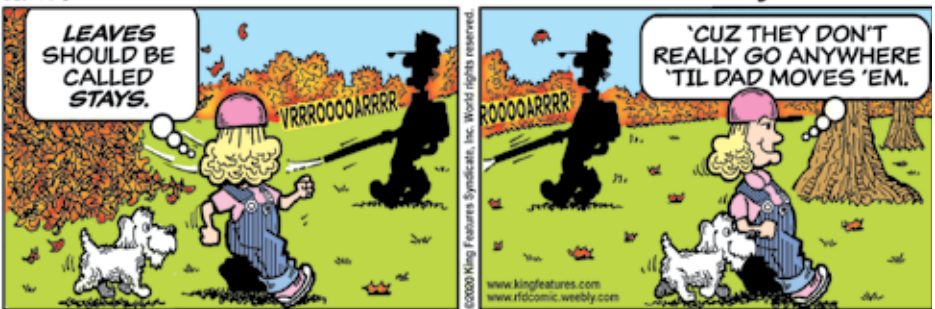
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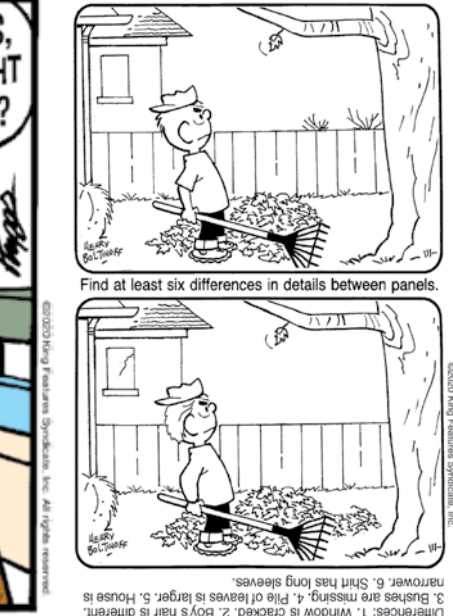
BY AL SCADUTO



Just Like Cats & Dogs



HOCUS-FOCUS



Crossword Puzzle on Page 9

S	P	A	S	M		P	O	L		P	H	E	W	
A	O	R	T	A		A	I	D		W	E	A	V	E
C	L	E	A	N		I	L	O		I	S	L	E	T
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STATEPOINT CROSSWORD • THE 1970s

CLUES

ACROSS

1. Muscular contraction
6. D.C. mover and shaker
9. "That was close!"
13. Blood circulation organ
14. FEMA provisions, e.g.
15. Not bob, to a boxer
16. Like a whistle?
17. UN labor org.
18. Speck in the ocean
19. "Fallen South Vietnamese capital"
21. "War movie and Oscar-winner"
23. Once around
24. Hippocrates' promise
25. Ribonucleic acid
28. Bakery unit
30. Foliage vein
35. In fine fettle
37. Scoop or skinny
39. Nephew's sister
40. "Metamorphoses" poet
41. "ABBA's genre"
43. Thailand money
44. Temporarily ban
46. Way to fry
47. Jamie Fraser of "Outlander"
48. "The Gods Themselves" author
50. Romanov ruler
52. Give it a go
53. It prevents objectivity
55. Brewed beverage
57. "First U.S. space station"
60. "Mr. Jefferson"
63. Nest for an eagle
64. Between Fla. and Miss.
66. Cold cream brand
68. Does like some coffee makers
69. Tasseled hat
70. Not snail mail
71. Back talk
72. "Nicklaus" peg
73. Smartly dressed

DOWN

1. Anatomical pouch
2. Plural of #6 Across
3. \_\_, 51, Nevada
4. "\_\_\_ way to Heaven"
5. Feed beet
6. Some have a high tolerance for it
7. "1973 \_\_\_ crisis"
8. "Oliver Sacks' "Awakenings" drug
9. Boll weevil, e.g.
10. Slightly sign
11. Like never-losing Steven
12. Kind of nurse
15. Not outside
20. Egg-shaped
22. Cash dispenser
24. Compensating equivalents
25. "The Mary Tyler Moore Show" spin-off
26. Center of a church, pl.
27. Defendant's excuse
28. Black tropical cuckoo
31. "I call first...!"
32. Undergo a chemical reaction
33. Blood of the Greek gods
34. "First Lady, familiarly"
36. Dutch export
38. South American wood sorrels
42. Talk like Demosthenes
45. Paso \_\_\_, CA
49. By means of
51. Go back into business
54. Behind a stern
56. Pleasant odor
57. Serum, pl.
58. "Cheryl Ladd on "Charlie's Angels"
59. Golfer's dread
60. Fixed look
61. Flying biter
62. Blue pencil mark
63. Internet pop-ups
65. "Enter the Dragon" star
67. "Rocky" star's nickname

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Sudoku Puzzle on Page 9

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5	9	2	4	6	3	7	1	8
6	3	8	1	5	7	2	4	9
3	8	4	6	7	5	1	9	2
7	5	9	3	2	1	8	6	4
2	1	6	8	4	9	3	7	5
9	2	3	5	1	6	4	8	7
8	7	1	2	9	4	5	3	6
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Solutions on Page 9



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