

What's Next for California's Job Market PAGE 2

Wine for Wildlife Care this October!





# Citrus Heights

**VOLUME 10 • ISSUE 39** 

Serving the City of Citrus Heights & Sacramento County SEPTEMBER 25, 2020

# **ANNOUNCEMEN OF TWO WEEK CLOSURE**



**HIGH HOUSING COSTS KEEP CALIFORNIANS** 



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# A CITY WITHOUT **HUNGER IS A CITY WITH HEART!**





direct link to our online edition!

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# **Free COVID Testing**



Sacramento County Public Health wants to remind the public that COVID-19 testing is free and more appointments are available. MPG file photo

Sacramento County Public Information Office

SACRAMENTO COUNTY, CA (MPG) wants to remind the public that appointments are available at 11 locations in Sacramento County.

Starting Sept. 14, these locations are now open longer to schedule testing appointments for anyone (2 years old and older) in the County. The public is encouraged to get tested regularly, especially in the event that physical distancing measures could not be maintained.

"If you have spent time with

people outside of your household and you weren't able to physically distance, you should consider getting tested because you may have been Sacramento County Public Health exposed unknowingly to the COVID virus," said, Sacramento County COVID-19 testing is free and more Health Officer, Dr. Olivia Kasirye. "It is also important to remember that if you test negative once, that does not mean you will not get sick with COVID-19. The test result only means that you did not have COVID-19 at the time you were tested."

The number of new COVIDsteadily reducing on the Dashboard. However, the public needs to continue to not gather, follow

physical distancing measures, wear face coverings in public, wash our hands and get tested regularly in order to slow the spread of COVID-19 in our community.

View the new schedule with extended hours to make your appointment today for free **COVID-19 testing.** 

The Sacramento County COVID-19 website also has information for what to do for those who test positive for COVID-19.

The Sacramento County 19 cases in Sacramento County is Department of Health Services has partnered with UC Davis Health, StemExpress and local community

Continued on page 3

# Walk Like MADD Brings **Families Together Virtually**

**Driving Press Release** 

SACRAMENTO REGION, CA (MPG) - As a tribute to MADD's 40th anniversary, the California State office of Mothers Against Drunk Driving (MADD) will host its signature fundraising Walk Like MADD ceremony virtually on Saturday, October 10 beginning at 12:00 Noon on Facebook/ Instagram/YouTube @ MADDCalifornia. MADD asks you to join these meaningful virtual events and take a stand with #OneMADDCalifornia.

Funds raised will support the continuation of MADD California to provide underage drinking programs and services at no cost to victims and families of drunk and drugged driving.

Walk, Like MADD has three main components:

Remember: We walk for those who no longer can and alongside those who are learning to walk again; Inspire: We walk

feel powerless, as survivors when we have been victimized, and with purpose when we have lost our way; Commit: We walk with supporters who share our vision of No More Victims.

"We walk to finish the job that was started by a grieving mother in 1980. Now in our 40th year, MADD has saved more than 390,000 lives and has served more than 840,000 victims," said Pat Rillera, California State Executive Director. "Walk Like MADD will raise missioncritical funds to help save lives in our state."

The timing for Walk Like MADD is significant because on August 11, an alleged drunk driver fatally struck a 35-week pregnant woman, Yesenia Aguilar, while taking an evening walk with her husband. Doctors were able to save and deliver the couple's daughter, Adalyn Rose, by emergency C-section. According to

**Mothers Against Drunk** empowered even when we DMV records, the drunk in the state of California. driver had prior DUI convictions. As a result of this crash, it heightens the need of MADD's Campaign to Eliminate Drunk Driving to address the ripple effects of

driving impaired. Despite a nearly 50 percent decline in drunk driving deaths since MADD was founded in 1980, are killed by drunk driving, and another 290,000 are injured in drunk driving crashes every year. In fact, two in three people will be involved in a drunk driving crash in their lifetime.

In 2018, 1,069 people in California were killed in drunk driving crashes. Nationwide, 10,511 lives were lost due to drunk driving, and another 300,000 people were injured in drunk driving crashes. Walk Like MADD gives victims and survivors a safe place to remember their loved ones and help raise mission-critical funds to help save lives and serve victims

There are other ways to participate in Walk Like MADD. Registration is \$20.00 for youth, and \$25.00 for adults.

Donate - Give to a virtual participant or a team to help them reach their fundraising goals; Sponsor - Consider becoming an official event partner. We more than 10,000 people have a variety of packages, and every dollar goes towards making our community safer.

Please visit your local area to register, donate, or get more information. You can complete your 5k by walking or running in your own neighborhood, community and parks anytime from October 3-October 10. Walkers and runners should post videos and pictures of their 5k and tag @MADDCalifornia on Facebook or Instagram.

WLM Sacramento: www.walklikemadd.org/ sacramento; WLM San Francisco: www.walklikemadd.org/sanfrancisco

# **Shelter Dogs** Get a Break



The Dog Day Out Program gives **shelter dogs a break.** Image by katja from Pixabay

By Allison Harris, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Sacramento County's Bradshaw Animal Shelter is offering a new Dog Day Out Program to the public that allows applicants to check out a dog for a day. The program was created and is being implemented by Sacramento Shelter Pets Alive (SSPA) – an organization that works within the shelter to offer daily enrichment and behavior training, adoption counseling and promotions, as well as outdoor playgroups for the shelter's large breed dog population. The Dog Day Out Program gives shelter dogs a break from the stresses of shelter life which can be loud, unfamiliar and sometimes scary.

Many shelter dogs have already benefited from program activities like: Hiking; Walking along the river; Picnicking at the park; Grabbing a 'puppucino; Cuddling on the couch.

While we continue to face many uncertainties this year, "this program is helping to lift spirits in our community," said Sacrament Shelter Pets Alive Director, Delyse Gannaway. "It's about improving quality of life for our community and our animals."

Individuals 18 years of age and older can apply by filling out an online application with SSPA. The organization then matches applicants with an available shelter dog and a curbside checkout is scheduled.

The Dog Day Out Program is not the only new shelter service available to the public during COVID-19 modified operations. Those interested in adopting a shelter pet can view a list of available pets online then call the new adoption appointment line a 916-875-2287 between 9:30 a.m. and 3:30 p.m. daily (except holidays). Those interested in fostering can now apply online.

Walk-in licensing services are also available between noon and 4:30 p.m. Tuesday Sunday, at 3839 Bradshaw Road, Sacramento CA, 95827 and online via the Bradshaw Animal Shelter's website. Along with these new services, the monthly Rabies and Vaccinations Clinic at the shelter resumes with modified outdoor operations on Oct. 15 from 3 - 5 p.m.

To view modified operations and services available at the Bradshaw Animal Shelter, visit the FAQ page online.

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# Robots, Veterans, Apprenticeships: What's Next for California's Job Market

By Lauren Heplers, CalMatters.org

It's just one facet of California's economic recovery, but the state's unemployment rate is starting to drop after an unprecedented spike during coronavirus lockdowns.

The state's jobless rate fell to 11.4% in August, the Bureau of Labor Statistics reported today, down from a record 16.4% unemployment this spring. The unemployment rate has dipped below the rate of the Great Recession a decade ago but remains more than twice the 3.9% rate in February.

The unemployment data is good news for California workers who have had to make do picking up side gigs, liquidating retirement accounts, skipping rent or meals without new economic stimulus measures from the state or federal government. Yet more than 2.5 million people remain out of work in the nation's most expensive state.

A turbulent job market also raises bigger questions about the future of work in the state. Beyond monthly employment ups and downs, how many workers are still being shut out Development Corporation; and of increasingly tech-centric highpaying jobs? And do the maze of state, local and educational programs focused on workforce development actually stand a chance in such a chaotic environment?

"This is an opportunity for the state to really grapple with, 'What will work look like in California?"" said Soraya Coley, president of California State Polytechnic University, Pomona, during a CalMatters and Milken Institute virtual event today.

The event was part of a series examining California's response to the pandemic and its lasting economic implications. Moderated by CalMatters higher education the path forward is a "high-road



The need now is to collect more real-world data from employers on its impacts in different sectors, and to analyze those findings by region and type of job. "We want to upskill our Californians before they are displaced." Image by

the session explored workforce doesn't overshadow factors like job development efforts with four leaders: Soraya M. Coley, president of California State Polytechnic University, Pomona; Abby Snay, deputy secretary for the Future of Work at California Labor & Workforce Development Agency; Jessica Ku Kim, senior director of Workforce Development at the Los Angeles County Economic Greg Nosal, senior director of talent a mismatch that has heightened acquisition at Northrop Grumman Corporation.

Here are five of the biggest takeaways for tomorrow's job

### **Quality vs. Quantity**

In many parts of California, Northrop Grumman is hiring: 500 engineers and trade workers in Palmdale, 800 engineering roles in Redondo Beach and 100 people each in San Diego and Sunnyvale. "It's a robust job market right now," he said, despite the bleak overall

For Snay, the challenge is ensuring that across California, quality, equity, living wages and

"We want to address the inequity and the gaps that existed before the crisis," Snay said.

In recent years, labor productivity has soared more in California than any other state. But inequality has also spiked, illustrating how income isn't rising with employer gains. It's concern that automation is about to make things a lot worse.

While it is wise to keep an eye on automation, Kim said the real question is how soon jobs will be impacted and the degree to which technology could displace workers.

### Don't Fear The Robots - Yet "COVID-19 has definitely

accelerated digitization," she said. But the need now is to collect

more real-world data from employers on its impacts in different sectors, and to analyze those findings by region and type of job.

"Are we talking about 25% of that job? 100% of that job?" Kim said. "We want to upskill our Californians before they are displaced."

### **The College Question**

In a job market increasingly polarized between high and lowpaying work, how important is a four-year degree? Very, the panelists agreed, but there are companies establishing more partnerships with community colleges, particularly for technical support or operations roles.

Longer term, the question is how looming budget cuts could affect those efforts, and whether students will be able to find upward mobility in the job market, since Coley said today's grads will change jobs an average of 17 times across five sectors by the time they retire.

As of this fall, the pandemic has already cost the University of California system nearly \$2.2 billion (and counting) in lost revenues and new expenses – a number that has ballooned almost \$400 million since July. Next year's state budget will provide \$300 million less next year for the UC system after cuts to address part of a sudden \$54 billion deficit. And that could be just the beginning if housing woes continue and schools are forced to cut jobs.

**Thinking Outside The Pipeline** While college is still king for Guardian and others.

earning power in many industries, Snay said her agency is among those focused on forging other kinds of career "bridges" and "on-ramps," including apprenticeships in fields like cybersecurity, health care and food safety.

Also not to be overlooked, Kim said, are small- and midsized businesses. In Los Angeles County, for instance, more than 90% of employers are small businesses, she said, and "we can't take the paradigms that work for our industrial and manufacturing economy."

### **Turn Weaknesses Into Strength**

For many economists, variables like high veteran homelessness, a "silver tsunami" of baby boomer retirements and California's profound lack of affordable housing would be big negatives for the state's labor market. But there are efforts afoot to reinforce weak spots with new job initiatives.

Northrup Grumman is experimenting with a job transfer program for veterans coming out of the military, who often already have the high security clearances that defense contractors need.

In government, Snay said many positions are poised to open in public transportation, building affordable housing and retrofitting hotels for homeless housing, which could benefit both younger workers and people who were formerly homeless themselves.

"There are many opportunities at the state level and, more importantly, at the local level," she said.

Housing, for one, was a welcome suggestion: "Yes," Kim responded. "Please build."

Lauren Hepler

lauren@calmatters.org

SALES FOR PRODUCE WILL IN ON WEDNESDAYS @ 12:00PM

Lauren covers the California economy for CalMatters. Her past stories have been published by the New York Times, the L.A. Times, the



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**SEPTEMBER 25, 2020** CITRUS HEIGHTS MESSENGER • 3

# Wine for Wildlife Care this October!

Rick Reed **Public Relations** 

SACRAMENTO REGION. CA (MPG) - Pour a glass for wildlife rehab with a special edition of the virtual wine tasting kits from the innovative Sacramento vintner Kevin Luther. His special blends will raise funds for the volunteers at the non-profit Wildlife Care Association this October. Order a wine tasting kit to be delivered directly to your door and join WCA volunteers and Ambassador Animals in a special Facebook Live & YouTube video event on Saturday, October 24th at 5pm.

Order your kit at www. voluptuarywine.com/virtual-tasting and \$5.00 from every order goes directly to save wildlife at Wildlife Care Association, Order Now!

Wines include "Pollination" Chenin Blanc, "Urban Flora" Rose, "The Source" Pinot Noir/ Grenache blend, "Da Vinci's Wings" Zinfandel and "Wanderlust" Dark Red. Delivered to your door 1-2 weeks prior to the live event. You may also make a



Virtual tasting event will feature Voluptuary and Lucid Wines from owner and winemaker Kevin Luther. Photo provided by Rick Reed Public Relations

direct donation to support volunteers who take in more than 6000 injured, orphan or displaced birds and small animals every year at WCA at www. voluptuarywine.com/ new-products/wca

Double the donation as Voluptuary Wines will match every additional

dollar donated!

Then join the fun as WCA volunteers showcase their work with the Animal Ambassadors, discuss vineyard owls and environmentally friendly, organic pest control and taste wines led by Vintner Kevin Luther, owner and winemaker at Voluptuary and Lucid Wines on Facebook and YouTube video.

For more than 45 years the Sacramento Wildlife Care Association volunteer, nonprofit wildlife rehabilitation group has helped balance the environment and maintain regional quality of life by giving thousands of birds and small animals a second chance to live!

Visit www.wildlifecareassociation.com to learn more. Become a volunteer when you email volunteer@wildlifecareassociation.com



# Prime Auto Repair Celebrates **New Ownership**



Family operated Prime Auto Repair staff and technicians (L-R): Sheroz, Khan, Joyce, Tom, Tariq, Josse, Miguel & Imran. Photo provided by Citrus Heights Chamber of Commerce

By Patrick Larenas

CITRUS HEIGHTS, CA (MPG) - The Citrus Heights Chamber of Commerce hosted a ribbon cutting for Prime Auto Repair with owner Muhammad Khan, family and technicians on August 28, 2020. Khan's shop "offers auto maintenance, engine diagnostic and full service auto repair in Citrus Heights and the surrounding areas."

Khan family member and technician Sheroz said the shop is gearing up to meet customers' budgets during these times of hardship. "We are decreasing our profits to meet the budget of our customers," he said, "ensur[ing] it's not a big hit on their financ[es] budget."

Prime Auto Repair technicians and staff know that auto repair financing can be a real cause for customer concern: "In the unfortunate event that extensive repairs are required for your vehicle, we've partnered with Snapfinance.com to give you the option of paying them off in a manner that best suits your needs."

The Citrus Heights family owned and operated business is dedicated to meeting and exceeding the challenge of repairing vehicles with an exceptional drive for customer service.

Prime Auto Repair is located at 7433 Greenback Lane, Citrus Heights, Calif. For more information call (916) 727-2927 or visit carczarautorepair.com



The selection will include wines: "Pollination" Chenin Blanc, "Urban Flora" Rose, "The Source" Pinot Noir/Grenache blend, "Da Vinci's Wings" Zinfandel and "Wanderlust" Dark Red. Photo provided by Rick Reed Public Relations

# MEMORIAL NOTICE

Jean Duncan

January 8, 1938 to September 11, 2020

Jean Duncan passed away peacefully at her home in Citrus Heights on September 11, 2020. She fought COPD and lung cancer for five years. Her loving husband, Jack of 66 years and her family were by her side.

Jean was born in Ink, MO on January 8, 1938. Her family moved to CA when she was 8 years old. She was the oldest of eight children. McKinleyville grammar and Arcata High School were her alma

maters. Jean and Jack married October 14, 1954. They have two loving children Pamala and Mark. Citrus Heights became their home town in 1957. Jean worked at Ken L Services, Reliable Pontiac and Suburban Ford prior to starting the family business, J & W Auto Wreckers, in 1981. Bookkeeping was her expertise. Jean was active in the Citrus Heights Chamber of Commerce and instrumental in the incorporation of Citrus Heights. Her passion



around the community led to her often being referred to as Mrs. Citrus Heights. She was involved with the Auto Dismantlers Association and served on the Board of Directors for Hearts for Parks and the Sylvan Cemetery. Another one of her passions was Soroptimist International of Citrus Heights serving as President multiple times. Jean is survived by her husband Jack; daughter Pamala Groft (Dan), son

for serving and presence

Mark Duncan (Marie); grandchildren Samuel Groft, Sarah Groft Brooks (Nate), Neil, Savannah & Spencer Duncan; Great Grandchild Cad Brooks. In lieu of flowers Jean requested donations be made to Soroptimist International of Citrus Heights, 7250 Auburn Blvd. #190 Citrus Heights, CA 95610 in her memory. There will be a Celebration of Life to be announced at a later date. Online condolences can be made at PriceFuneralChapel.com.

# First 5 Asks for Local Competitive Bids

By Erin Maurie, First 5 Sacramento

SACRAMENTO COUNTY, California voters who passed Proposition 10 more than 20 years ago, First 5s across the state, in each county, utilize tobacco tax dollars to fulfill the charge to nurture and support the youngest among us and their families. This funding is available every three years to eligible non-profit or government unit entities serving young children.

months, the First 5 Sacramento Commission will be staggering the release of multiple Request for Proposals (RFPs) totaling more than \$40 million in funding. Contracts will begin July 2021. Funding the health and well-being

of young children and will lowing areas:

Preventing African CA (MPG) - Thanks to American Child Deaths; Strengthening Families/ Decreasing Child Abuse and Trauma; Improving School Readiness; Building Quality Child Care Settings; Increasing Breastfeeding

For background information and the funding allocation for each area, refer to the First 5 Implementation and Systems Improvement Over the next two Plan. Additional background information is also available in the First 5 Strategic Plan.

Please regularly check the First 5 Sacramento website for proposal information and mandatory dates. If you have is for services benefiting any questions, please call 916-876-5865.

Research shows that 90% be allocated among the fol- of a child's brain develops in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based on this research, California voters passed Proposition 10 in 1998, a tobacco tax, to support programs for expectant parents and children ages 0-5. In the last year, First 5 Sacramento distributed approximately \$12 million in Prop 10 revenues to programs and services that meet local needs in Sacramento County. All 58 counties have a First 5 Children and Families Commission providing unique local services for that county. More information available at www. first5sacramento.net.

# **Free COVID Testing**

Continued from page 1

agencies to provide Community-Based Testing Sites for free COVID-19 testing by appointment for Sacramento County residents.

These testing sites are NOT for: travel clearance; surgery clearance (Contact your health care provider); people with severe fever, cough, or other symptoms. (Contact your health care provider); or, people that have tested positive for COVID-19 within 10 days of the testing date.

Testing appointments are available

regardless of U.S. citizenship or legal residency status for anyone 2 years and older (minors must be accompanied by a parent/guardian). For your scheduled appointment, bring any form of identification with your date of birth to check-in. Face masks/coverings must be worn at all testing sites, some masks will be available. Maintain physical distancing while in testing sites. Results will be available within three days of testing. You will receive notification of results from StemExpress via text or e-mail.



# **Announcement of Two Week Closure** of EDD Shatters Public Confidence

By Nghia Nguyen

SACRAMENTO, CA (MPG) - In a late Saturday night announcement, the Newsom Administration said they will not accept new unemployment claims over the next two weeks. Advocating for his frustrated constituents, Senator Jim Nielsen (R-Tehama) issued the following statement:

shut down the state's economy in mid-March, approximately a third of California's workforce, or more than 6 million people, have applied for unemployment benefits, according to the California Policy Lab.

"Six months later, public benefit, why the late more than 1.5 million Saturday night news dump? Californians have yet to receive help. They have exhausted their savings, racked up credit cards and borrowed from anyone willing to lend them money. These people are not numbers or cases; they are our friends and neighbors.

"Now, the failed California Employment "Since the Governor Development Department will shut down for two weeks. And they made this catastrophic news public on a Saturday night in hopes that the people won't notice.

"If this closure is to improve services for CASenatorJim.

"This is not right. Government needs to work for its people in time of need. The Governor must step up. The buck stops with him."

Elected to the State Senate in January 2013, Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. Follow him @

# Ask Joni

# What is the Medicaid Estate **Recovery Program?**



Toni King

Toni,

I am a financial planner with a client who just received a bill for her mother's Medicaid Long Term Care that was cared for at her mother's house instead of a nurs-

ing home. Sue is now stuck with a \$67,500 bill that Medicaid says must be paid in full. Her mother died at least 8 months ago.

She recently received a document from MERP (Medicaid Estate Recovery Program) saying that Medicaid wants all the Medicaid money used for her mother's care returned or the state is placing a lien on the house that Sue's mother owned when she finally passed.

What is MERP? I have never been asked about this situation and do not know what to tell my client. ~ Thanks, Chuck

Hello Chuck:

What a great question!! After researching MERP (Medicaid Estate Recovery Program), I found it to be very eye opening!

America needs to be aware that nothing comes without a cost!! And it a real surprise when a Medicare beneficiary receives Medicaid Long Term Care and later the Medicaid recipient's estate receives notification from the state of Texas for a "Notice of Intent to File a Claim against the Estate.

Medicaid can recover ANY and I repeat ANY medical expenses, not just nursing facility services or home and community based services, but also includes related hospital services, prescription drugs and even Medicare cost sharing expenses which are... Medicare premiums (Part A - hospital insurance, Part B - medical insurance), deductibles and coinsurance amounts. Some of these services may be part of the \$67K your client has to pay back to Medicaid.

You asked if the state could take her mother's house. Yes! All claims against

an estate, including MERP claims, must be paid before the property can be distributed as specified in a will. The state does not, however, require an heir to sell the deceased recipient's homestead (house) if the claim can be paid by other funds. But if not, then you may have to sell the house, or the state will file a lien against

The state does not process its own paperwork and has an outside Texas California, you've done it Medicaid Estate Recovery Contractor who handles the complete process. In the letter sent to the recipient's estate it states...the amount received will not exceed the value of the estate's assets, if any. If there is no money in the estate, then there is nothing to recover.

My advice would be to explore all of your options and maybe a family can work out a schedule to take care of your loved one or ask the church to find a volunteer or two to assist in the process. This way you can protect all that your loved ones have worked, so hard to accumulate.

### Toni Says®:

- Buy a long-term care policy while you are still in decent health
- Put some money away for that rainy
- Seek the advice of an Elder Care Attorney that can help with proper Medicaid planning

Do proper planning...No one wants their kids to be their caregiver and take care of their activities of daily living such as bathing, dressing, bathroom problems, etc. But the adult children are available to make sure that their elderly parents have the best life they can as they are growing older.

Coming in October Confused about Medicare Zoom Webinar discussing Medicare's Annual Enrollment and what your Medicare options for fall's Medicare Annual Enrollment can be.

Toni King, author of the Medicare Survival Guide® is giving a \$5 discount on the Medicare Survival Guide® Advanced book to the Toni Says Medicare column readers at www.tonisays.com. Have a Medicare question call 832/519-8664 or email info@tonisays.com.

# High Housing Costs Keep Californians Poor



By Dan Walters **CAL Matters** 

Congratulations

The Census Bureau has once again found that California has the highest real-world poverty rate of any state, 17.2% over the previous three years and much higher than the national rate.

The "supplemental" poverty rate includes factors ignored by the outdated "official" poverty rate, such as living costs. And our skyhigh living costs, particularly for housing, impoverish at least 7 million Californians.

We topped the poverty charts even as California's overall economy was booming in the 2017-19 period. The state now is mired in its worst recession since the Great Depression, thanks to the COVID-19 pandemic, and poverty has surely increased.

California Policy Lab at the University of California reveals that in August nearly 20% of California's workers were drawing unemployment insurance benefits, calling it "startlingly high."

Moreover, even before recession struck, the Public Policy Institute of California, using methodology similar to that of the Census Bureau, had calculated that as high as our "supplemental poverty

same number of Californians are in "near-poverty." Combining the two categories means that about a third struggling to keep their heads above water.

The major driver of California's high poverty indices is, as mentioned earlier, that too many Californians must spend too much of their incomes on housing due to meager construction.

The reasons for the failure to meet housing demand are many but one long-ignored factor – the insanely high cost of building so-called "affordable" housing - is beginning to be recognized.

Last year, I wrote about a \$28 million city-financed project to rehabilitate 74 dilapidated, low-rent apartments in Sacramento and noted that it worked out to \$378,000 per unit, markedly higher than the median cost of a detached, single-family home in Sacramento at the time.

Last week, two more examples found their way into print.

The Los Angeles Times did a deep dive into the tortured history of a low-income housing project in Solana A new report from the Beach, a wealthy seaside community in San Diego County. Times reporters found that it originally was to cost \$414,000 per unit, but by the time the developer pulled out after a decade of trying to line up financing and permits, it had exploded to \$1.1 million.

> The Times called it "an alarming example of how political, economic and bureaucratic forces have converged to drive up the cost

rate" may be, roughly the of such housing at a time when growing numbers of Californians need it."

"California leads the nation in the cost of buildof the state's residents are ing government-subsidized apartment complexes for low-income residents," the Times said, reporting that its "analysis of state data found that apartments cost an average of about \$500,000. In the last decade, the price tag has grown 26%, after adjusting for inflation."

> Solana Beach is not alone. The Times reported that in Alameda, an island community in San Francisco Bay, a low-income development called Everett Commons cost \$947,000 per unit.

Meanwhile, back in Sacramento, city housing officials are still spending too much to get too little. The Sacramento Bee reported that redeveloping the downtown Capitol Park Hotel into tiny, 250-square-foot units for low-income residents costs more than \$445,000 per unit, higher than the median price for a detached single-family home. At \$1,100 per square foot of living space, it is double what a luxury suburban home would cost.

These are outrageous numbers, driven by bureaucratic tangles, misplaced environmental restrictions and high mandated labor costs, and unless state officials do something about them, we will never solve our housing shortage and we will continue to have shamefully high rates of poverty.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers

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## TRUSTEE SALE NOTICES

209-0460-004-0000 TS No: CA07000506-20-1 TO No: 200072272-CA-VOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d) (1). The Summary will be provided to Trustor(s) and/ or vested owner(s) only, pursuant to CA Civil Code 2923.3(d)(2).) Section YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED August 31, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST SHOULD YOU CONTACT A LAWYER. On November 3, 2020 at 02:00 PM. At the main entrance to the County Courthouse, 720 9th Street, Sacramento. CA 95814, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on September 7. 2006 in Book 20060907, on Page 1560 of official records in the Office of the Recorder of Sacramento County, executed California. **EUGENE BONINCONTRI** AND **ROSELINE** BONINCONTRI, HUSBAND AND WIFE, AS JOINT TENANTS, TENANTS, Trustor(s), in favor of CALIFORNIA REVERSE **MORTGAGE** COMPANY as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time

of sale, that certain property

situated in said County,

land therein as: LOT 137, AS SHOWN ON THE "PLAT OF FOOTHILL ESTATES", RECORDED IN BOOK 107 OF MAPS, MAP NO. 17, RECORDS OF SAID COUNTY. The property heretofore described being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 7221 WINDJAMMER WAY, CITRUS HEIGHTS, CA 95621 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$356,798.98 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union

or a check drawn by a state

loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Upon Sale until Deed become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either

a fee for this information. If you consult either of these resources, you be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Nationwide Posting & Publication at 916.939.0772 information regarding for Trustee's Sale or visit Internet Web address listed below for information regarding the sale of this property, using the file number assigned to this case, CA07000506-20-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled 09/03/2020 sale. Date: MTC Financial Inc. dba TS No. Trustee Corps CA07000506-20-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-TDD: 866-660-DePalma, 4288 Frances Authorized Signatory SALE INFORMATION CAN BE

## **CITY OF CITRUS HEIGHTS**

## NOTICE OF PUBLIC HEARING

Notice is hereby given that the City Council of the City of Citrus Heights will consider the proposed grant funding on the dates and times shown in this Notice of Public Hearing.

Further notice is hereby given that the City Council will hold a Public Hearing in the Council Chambers located at 6360 Fountain Square Drive, Citrus Heights, California on the dates and times shown below, or as soon thereafter that the matter can be heard, to receive and consider all evidence and reports and shall consider all oral statements and all written protests or communications made or filed by interested

DATE AND TIME FOR CITY COUNCIL HEARING: October 8 at 7:00 P.M.

**SUBJECT:** EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) - 2020 Allocation

PROPOSED:

The City of Citrus Heights was awarded funding from the Office of Justice Programs Edward Byrne Memorial Justice Assistance Grant for various law enforcement services. The amount distributed to the City is \$22,942. The City will decide the use of the funds at the public hearing on October 8, 2020 at 7:00 P.M.

Requests for additional information or written protest/comments may be directed to the Citrus Heights City Clerk, 6360 Fountain Square Drive, Citrus Heights, CA 95621 or by telephone at (916)

AMY VAN, City Clerk

Citrus Heights Messenger 9-25-2020

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collector attempting to collect a debt. Any information obtained may be used for that purpose. NPP0371397 CITRUS MESSENGER 09/18/2020, 09/25/2020, 10/02/2020 NPP0371397 10-2-2020

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**SEPTEMBER 25, 2020** CITRUS HEIGHTS MESSENGER • 5

# State Must Invest in Infrastructure

By Nghia Nguyen, Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - Governor Gavin Newsom toured the North Complex Fire today. Local lawmakers who represent the region, Senator Jim Nielsen (R-Tehama) and Assemblyman James Gallagher (R-Yuba City), issued the following statement:

"The excuse of climate change cannot be used to deflect from the fundamental failure to address the fuels build-up in our forests that are the cause of these devastating fires. Two years of longawaited forestry management investments don't make up for decades of inaction by Democratic politicians who control this state, and the radical environmentalists that drive their agenda.

"These same misguided policy decisions have led to rolling blackouts and an energy grid that is falling apart. It has also resulted in antiquated equipment that sparks wildfires that spew massive amounts of pollution into the air, and unsustainable green power that cannot meet our state's needs.

We have proposed solutions this year that would do much more to invest in forestry management and modernize the state's electrical infrastructure. Democrats wouldn't even give them a hearing in committee.

"The cause of our recent catastrophic wildfires and rolling blackouts is decades of bad policy enacted by Democrats, not climate change.

"To help reduce wildfires, this Administration must fully fund Senate Bill 901. Money can be achieved by reviewing existing General Fund commitments and immediately pledging the state's Greenhouse Gas funds towards reducing fuel loads in our forests, the primary cause of these fires."

# **Dare to Live Without Limits** by Bryan Golden What Do You Do for Others?

One way to assess a person's character is by watching how they treat someone who can't do anvthing for them. In life, you will go further, faster by helping other people get what they want. You get by giving.

Although this may seem antithetical, it is a time tested principle. All successful businesses operate based on this concept. Those businesses which satisfy their customers by providing them with exactly what they want flourish. Conversely, any business which takes advantage of their customers has limited longevity.

Utilize this principle and you too will experience success. This approach works in your job as well as in your personal life. Yet, far too many people take the opposite approach of seeking to do as much as they can for themselves.

There are numerous benefits which emanate when you do for others. You are connected to other people through your efforts. A special bond is created because of your selflessness. The relationship is often reciprocal, as the other person also does for you.

You'll feel better about yourself as you brighten nothing but are significant people are pleasantly surprised by your unexpected act of kindness. Their improved mood makes it more likely that they will pay it forward by treating checkout line. Let another

others in the same positive manner. Kindness passed on multiplies.

Treat people with courtesy, kindness, and consideration. Smile and be friendly. These simple acts, welcomed as a pleasant surprise, are effective outlook boosters. Using please and thank you, a smile, a wave or nod, sends an often needed positive message. They are an appreciated counterbalance to the many daily stressors everyone experiences.

Accept people for who they are by keeping an open mind. Never sit in judgement of others. If you do, you'll be reluctant to be of service. Avoid looking for reasons to be offended. For those people who are malicious, break off contact because nothing will be gained by engaging them.

Being a good listener is something you can do for others. Being there for someone who needs to vent is a great caring gesture. Offering suggestions on how to solve problems you have overcome saves the other person lots of time and effort.

Offer assistance without having to be asked. There are many ways you can be of service which cost you someone else's day. Most to another person. Hold doors open. Run errands for seniors. Help carry groceries to the car. Let someone with only a few groceries go ahead of you in the

driver merge in front of you in traffic. When shopping or eating out, compliment good service.

Common courtesy should be a regular part of your behavior. Keep in touch with family. Call a friend to see how they are doing. Give compliments. Be patient. Put away your phone while having a conversation in person. Send thank you notes. Tell people you appreciate them.

Doing the unexpected, such as forgiving someone who has hurt you, is a wonderful gift. Saying I'm sorry when you are wrong, and even sometimes when you are right, goes a long way.

Allowing a person to retain their dignity after they have made a mistake is important. This is why you criticize in private while praising in public.

The more you do for others, without expecting anything in return, the more your life is enriched. Your actions must be without any ulterior motives. Your motivation is simply to be a caring person by offering assistance whenever possible.

**NOW AVAILABLE:** "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2020 Bryan Golden

# **HUD: Prevent Evictions by Using Grant Funds**

By Eduardo Cabrera, U.S. Department of Housing and **Urban Development** 

WASHINGTON, CA (MPG) - Consistent with President Trump's Executive Order "Fighting the Spread of COVID-19 by Providing Assistance to Renters and Homeowners", the U.S. Department of Housing and Urban Development (HUD) has reiterated the Trump Administration's commitment to minimize displacement and evictions resulting from the COVID-19 global pandemic national emergency. HUD is reminding all grantees - states, cities, communities, and nonprofits - who received Emergency Solutions Grants (ESG) or Community Development Block Grant (CDBG) funds that they may use these funds to provide rental assistance or other aid to individuals experiencing financial hardship because of the pandemic and are at risk of being evicted, consistent with applicable laws, regulations, and guidance.

"From day one of this pandemic, the Administration has done everything in our power to ensure that the American people have a roof over their heads during these trying times," said Secretary Carson. "Thanks to President Trump's leadership we have secured the necessary resources and mechanisms to efficiently and effectively combat this virus."

HUD continues to provide technical assistance to grant recipients to prevent evictions and keep people in their homes throughout the duration of the COVID-19 pandemic. Since the outbreak of COVID-19, the Department provided virtual office hours for grantees to ensure relief funds are being used quickly and efficiently. HUD has issued a toolkit for landlords and Public Housing Authorities so they can work with their tenants during this difficult financial time. Additionally, HUD has extended its Single-Family eviction and foreclosure moratorium for FHA insured Single-Family homes three times, has promoted the Department's Housing Counselor services, and issued guidance for lenders.

Homelessness service providers and Public Housing Authorities across the Nation have jumped into action to assist those they serve during this unprecedented time. Read more about their stories featured in HUD's Neighbors Helping Neighbors campaign website. For more information on HUD's response to the novel coronavirus pandemic and the actions the Department has taken, please visit HUD.gov/coronavirus.

More information about HUD and its programs is available at www.hud.gov and https://espanol.hud.gov.

# A City without Hunger is a City with Heart! September 5th – 30th

Sayonara Center was built in 2012 and has been serving and feeding the community ever since. The center offers tutoring, distance learning, and ensures the children go home with healthy meals and snacks after learning. Citrus Heights Chamber, Rotary, and HART are working together to ensure no-one goes hungry.



Call Citrus Heights Chamber 916-722-4545 for pick up or delivery of refrigerated foods. For cash donations, make checks payable to

Campus Life Connection and mail to Sayonara Project % Citrus Heights Chamber, P.O. Box 191, Citrus Heights, CA 95611 For tax deductible donation, the tax ID is 68-0279554

## **Drop Off Locations**

Bauer's Car Wash (5927 San Juan Ave); Monday – Sunday 9am-4pm Walt's Auto (7545 Auburn Blvd); Monday- Friday 7am-6pm, Saturday 8am-4pm R Vida Cantina (7040 Sunrise Blvd); Monday- Sunday 11am-9pm **Just Send it Postal** (7889 Lichen Dr.); Monday-Friday 10am-5pm Just Send it Postal (7250 Auburn Blvd.); Monday-Friday 10am-5pm Grocery Outlet (6059 Greenback Ln.); Open 7 days 8am-9pm

## Typical Foods & Supplies Needed

Canned Foods, Peanut Butter& Jelly, Granola Bars, Protein Bars, Gold Fish, Fruit Roll Ups, Mac N Cheese, Puddings, Cookies, Snacks, Trail Mix, Go-Gurt, String Cheese, Lunch Meat, Fruits, Large Cooking Utensils, Crockpot, Large Cooking Pots, Etc







# **CLG NEWS UPDATES**

# Provided by Citizens for Legitimate Government (CLG) See legitgov.org

Trump to nominate successor to Ginsburg 'without delay' – President signals he will swiftly move to secure third appointment to US Supreme Court | 19 Sept 2020 | President Donald Trump has vowed to push ahead with a Supreme Court nomination "without delay" following the death of Ruth Bader Ginsburg on Friday night. The US president tweeted on Saturday that he considered it an "obligation" to put forward a nominee, who if confirmed would tilt the balance of the court decisively towards the conservatives. Mr Trump tweeted: "We (Republicans) were put in this position of power and importance to make decisions for the people who so proudly elected us, the most important of which has long been considered to be the selection of United States Supreme Court Justices. We have this obligation, without delay!" ... The Republicans hold a 53-47 majority in the Senate and need a simple majority to secure a Supreme Court appointment. Mike Pence, the vice-president, would vote to break the deadlock in the event of a tie.

Schumer: 'Nothing is off the table' if GOP moves forward with Ginsburg replacement | 19 Sept 2020 | Senate Minority Leader Charles Schumer (D-N.Y.) told Democrats on Saturday that "nothing is off the table" if Republicans move forward this year with filling the Supreme Court vacancy created by Justice Ruth Bader Ginsburg's death. "Let me be clear: If Leader McConnell and Senate Republicans move forward with this, then nothing is off the table for next year. Nothing is off the table," Schumer told the Senate Democratic caucus, according to a source on the call. The rare Saturday conference call comes as Senate Democrats are trying to strategize ahead of a looming election-year Supreme Court fight sparked by Ginsburg's death, which gives President Trump an opening to put a third justice on

Package containing the poison ricin and addressed to Trump intercepted by law enforcement | 19 Sept 2020 | A package containing the poison ricin and addressed to President Donald Trump was intercepted by law enforcement earlier this week, according to two law enforcement officials. Two tests were done to confirm the presence of ricin. All mail for the White House is sorted and screened at an offsite facility before reaching the White House. The FBI and Secret Service are investigating the matter. Ricin is a highly toxic compound extracted from castor beans that has been used in terror plots. It can be used in powder, pellet, mist or

Coronavirus isolation killing thousands of Alzheimer's patients | 17 Sept 2020 Some 13,200 more people than usual have died from dementia since March, and health care professionals are placing much of the blame on isolation (allegedly) intended to prevent the spread of COVID-19. According to a new report in The Washington Post, analysis of federal data from the Centers for Disease Control and Prevention reveals that more than 134,2000 people have passed away from diseases like Alzheimer's since the coronavirus pandemic gripped the nation. Social and mental stimulation both play a critical role in slowing dementia, and doctors have reported increased backsliding in patients who had been stable for years... Although only a tiny portion of the U.S. population resides in senior care facilities, nursing home deaths have accounted for around 40% of U.S. deaths from COVID-19.

'Ivermectin can kill COVID-19 within 48 hours', Monash University study finds | 21 April 2020 | A collaborative study led by Australia's Monash Biomedicine Discovery Institute (BDI) with the Peter Doherty Institute of Infection and Immunity (Doherty Institute), a joint venture of the University of Melbourne and Royal Melbourne Hospital, has shown that an anti-parasitic drug already available around the world kills the virus within 48 hours. The Monash Biomedicine Discovery Institute's Dr Kylie Wagstaff, who led the study, said the scientists showed that the drug, ivermectin, stopped the SARS-CoV-2 virus growing in cell culture within 48 hours. "We found that even a single dose could essentially remove all viral RNA by 48 hours and that even at 24 hours there was a really significant reduction in it," Dr Wagstaff said. "Ivermectin is very widely used and seen as a safe drug. We need to figure out now whether the dosage you can use it at in humans will be effective that's the next step," Dr Wagstaff noted.

# A Musical Concert or Aggravating Noise?

By Rev. James L. Snyder

To say the least, and I usually do, this summer has been quite a journey for the Gracious Mistress of the Parsonage and myself. I can't remember a summer equal to the one we just went through. The fact that we got through it is amazing.

One night this past week, I turned off the TV; we were getting ready to go to bed when my wife said, "What is that aggravating noise?"

"Listen," she whispered, "don't you hear that noise?"

As I tried to listen, I couldn't hear what she was hearing. And then I heard it. Somewhere in our living room, a tree frog invited himself to provide us with one of his concerts. There's nothing I like better at night than listening to a tree frog singing its latest song.

"That's not aggravating noise," I replied, "that's a tree frog singing a musical concert for us."

"It is not music," my wife uttered, "it is aggravating noise, and we need to get rid of it right now."

Now, if anybody knows anything about music, it is my wife. She plays the piano, the organ, the guitar, the flute, and many times she plays me. But that's a for a concert every night.

different story.

"Where is that aggravating noise coming from?"

At one point, she looked at me and said, "Why are you smiling?"

Not realizing I was smiling, I just looked at her and said, "I'm enjoying that wonderful music."

"Well, stop it and help me find where that tree frog is."

We never did find that tree frog that night. It sang all night long, and when I got up in the morning, it was just finishing its concert.

For the next several nights, that tree frog entertained us with its musical concert. I enjoyed it while my wife despised it.

A few days later, my wife got up, came into the living room, and asked, "Where is that noise?"

"Oh," I said rather cheerfully, "you mean the musical concert we enjoyed for the last several nights."

She looked at me with one of her looks.

"I think the tree frog has finished its concert and has moved on to its next engagement."

For a moment, I was a little sorry because I enjoyed all the music from that tree frog. If up to me, and it isn't, I would engage that tree frog

Last night as we were sitting in the living room, my wife said, "Isn't that wonderful?"

Not knowing what she meant, I asked her, and she said, "that aggravating noise from the tree frog is gone. I really enjoy the quiet."

For a moment, I wanted to reply, "I really enjoyed the tree frog concert." I knew that would not be the proper thing to say at a time like this. There is a time when you can agree on something. We don't have to agree on everything, but we need to agree on that which is important.

Amos, the Old Testament prophet, said it this way, "Can two walk together, except they be agreed?" (Amos 3:3).

Throughout my life, I have discovered that the important thing is not what you disagree about but rather what you agree on, and that brings you together.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with the Gracious Mistress of the Parsonage in Silver Springs Shores. Call him at 352-216-3025 or e-mail jamessnyder2@att.net. The church web site is www. whatafellowship.com.



By Pastor Ray Dare

We've all faced many crisis' this year. We're still going through the coronavirus crisis and the subsequent shut down of most of our way of life. Many are facing the crisis of the fires burning across the state. You have faced your own crisis this year. maybe financial crisis, a health crisis, a relational crisis, a spiritual or emotional crisis. You will go through many tragedies in life. You're going to lose loved ones. You're going to have things go wrong in your life. But what do you do in your time of crisis?

You learn to praise God, to connect with God in spite of the circumstances. But here's what you don't do: you don't wait for an explanation because there are some things in this world that are not going to be explained until you get to the other side. When you get to heaven you're going to look back and God's going to show

# Pastor Ray's Encouraging Words

### **How to Connect with God in a Crisis**

you why things happened the way they did. But you're not going to know now. So, don't wait for an explanation. Just praise God in spite of the circumstances.

This is what Job did when he lost everything. Job 1 "I was born with nothing and I will die with nothing. The Lord gave and now the Lord has taken away. May His name be praised. In spite of everything that has happened Job did not sin by blaming God." He praised God in spite of everything. The book of Job is all about one question in life: Will a person continue to worship God if he loses everything? In other words, will a person continue to follow and love God if everything goes wrong in his life?

Let me make that point personal. Would you? Would you continue to follow God, to trust God, to love God, if everything went wrong in your life? That is the ultimate test of faith. And I want to tell you at some point in your life you're going to go

through that test. When it looks like

everything in your life is going wrong, God's going to watch and see if you will still trust Him. Will you trust Him when it does not make sense? When it's chaotic. When you're crushed. This is the ultimate test of faith because not all your prayers in life are going to be answered the way you want them to be answered and in the timetable that you want.

You connect with God in a crisis by praising Him, focusing on Him. You read your Bible, you pray, you listen to music that draws you closer to God. Notice the result. Notice what happens when you do that. "Worship opens doors to all His goodness." Ps. 34:9 (Msg) It is in our darkest hour that we need most to focus on God. It is in the crisis, in the chaos, when we feel out of control. It is in those moments that we need most to focus, to trust and to worship.

Pastor Ray New Beginnings Church www.NBC4u.org



By Marlys Johnsen Norris, **Christian Author** 

In my younger years it took a "mountain of trouble" in our family to be removed! I had no clue to understand the loving miracle working power of God to move a mountain. After remembering and hearing a pastor's message about "faith" and mountains. He said, God can remove all our mountains in life. I was published book of seven. about to pray and asked God to remove the mountain before us to leave Mexico where my brother lay waiting paralyzed in an ambulance. I prayed and God miraculously removed the reason the authorities were holding us.

We wanted to bring my brother home to see our parents for the first time in 20 years. Authorities were not going to let us leave because we had no was on a gurney to leave

# Sometimes it Takes a Mountain To "Trust God and Believe!"

on an airplane. Home from Mexico the next day, praise God.

Then in a few days later, my husband encouraged me to write the story and I did, titled "God Moves Mountains, It was a Miracle!" I had never written much before except for a couple articles and poems. After putting the story together the people at the publishers directed me about everything including family photos. It became my first

Little did I know then, that our Heavenly Father/ Creator/God was teaching me more about His loving power. I was beginning to really know Him in a personal intimate way. He gifted me with writing ability about His love and mercy for the world He created. Nor did I know then, that He would continue to teach me and direct my personal path walk to understand far passport for him and he more than I knew then, as I prayed to be in His

perfect will for my life. Before I write I pray and ask for direction, and He answers. Today He is my Everything! God gives me "ideas" for titles of my articles as well as directs my fingers as I type words to be read. To God Be All

The Glory!!! Just like God's heart aches for everyone to know and love Him because of His Son, Jesus and His sacrifice on the Cross to bring us all into His saving grace and gift of eternal life, He has gifted me with knowing and understanding His deep compassion. Then He placed those deep emotions also in my heart as today, I write for you dear friend.

## Marlys Johnsen Norris

Author of 7 Books, Teacher Stephen's Minister **ARM Columnist** since 2006 Marlysjn@gmail.com PO Box 114, Orangevale, Ca 95662 ★

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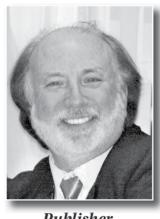
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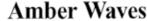
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# WEEKLY COMICS











The Spats I'VE HAD IT! I'M THROWING OUT THE TOWEL!

DON'T YOU MEAN THE TOWEL?



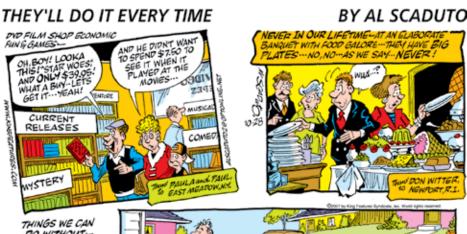
Out on a Limb

by Gary Kopervas NELSON, DOES THIS NO. NO IT DOESN'T. BUT IT DOES DRESS MAKE ME LOOK FAT MAKE ME LIE.

R.F.D. I HIT THE WOODFIELD FAIR TRIFECTA, TINKER! I WON THE GREASED







MSTERY THINGS WE CAN DO WITHOUT-THOSE SUPPLEMENTS, FLYERS, TV MAGAZINES STORE SALE ADS, ETC., ETC., THAT SLIP OUT AS YOU CARRY IN THE WEEKEND NEWSPAPER ....





"I believe we can get your confession thrown out on the grounds that you're a habitual liar."

LAFF - A - DAY



"Harvey's mother-in-law moved in last week."

Just Like Cats & Dogs

**CLUES** 

19. \*Ferris Bueller's time

away 21. \*He always rings twice 23. G in music

28. "Brave New World" drug 30. Lung pouch 35. Crematorium containers

40. One of oldest cities in

China or Welsh girl's name 41. Torcher's misdeed

\_ a soul"

44. Sudden occurrence of

24. Dissenting clique 25. Billy's Harry to \_ Sally

37. X-ray units 39. Humpy ungulate

disease

Clash 50. Deal with it 52. Happy Gilmore's peg

46. Crimson rival 47. Power system 48. "Rock the \_

53. Bird's groomer 55. Tap choice 57. \*Dr. Strangelove learned

to love it, two words

Wayne flick

65. "Eureka!"

72. R in RIP

DOWN

1. It would

4. Hunts for food

6. The Masters' game

9. Database command

15. a.k.a. tears of Chios

24. Eponymous comic strip

25. \*The hills are alive with the

26. "Fear of Flying" author Jong

29. \*There's something about her

27. Annoying tiny biters

34. \*Bonnie's partner

36. Give the cold shoulder 38. Musician's time to shine

42. Kathmandu country

45. Wooden shoes

20. Fauna's partner

22. Mozart's "L'

character

sound of it

31. Telephoned

32. Bright 33. Eagle's nest

10. Lord Byron's composition

11. \*King of Siam's governess
12. \*Private that had to be saved

7. \*It's all about her

8. Greyish brown

read only memory 69. Woven wall hanging 70. Soldier's bed

71. "All the world's a

74. Boxer turned actor

2. Pauper's permanent state

3. Europe's highest volcano

61. \*No country for these

guys, two words 64. \*One green one in John

67. Erasable programmable





Differences: 1. Rug is missing. 2. Hat is backward 3. Blanket is shorter 4. Man's hair is different 5. Sun has fewer rays. 6. Shrubs have been added.

### Crossword Puzzle on Page 7 D Ε Ε В Ε F F Ρ S D 0 0 Т Μ Ν S Ε O S C Ε G S S О Μ Α С R S S Μ Ε Ν R D S R S 0 R G R S Α U D S С Ε В 0 Ρ Ε Α В Ε Α Α Ε Ν В В Ε Ε О Μ 0 D Μ Ε Ε Ρ R Α O Μ S S Ε Α C O G Τ S

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# Sudoku Puzzle on Page 7

5	3	2	8	4	7	1	6	9
7	9	8	1	3	6	2	4	5
6	1	4	5	2	9	3	8	7
1	8	6	4	5	2	7	9	3
4	2	7	9	6	3	8	5	1
3	5	9	7	1	8	4	2	6
8	6	1	2	7	5	9	3	4
2	7	5	3	9	4	6	1	8
9	4	3	6	8	1	5	7	2

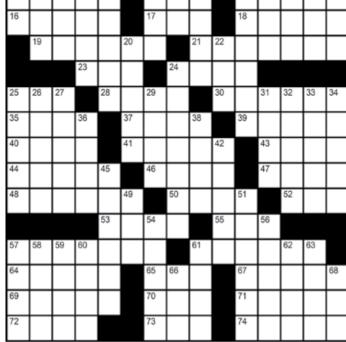
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**Crossword Puzzle Solutions on Page 7** 



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49. Skirt's edge 51. First among siblings 54. Olden day calculators 56. Like worthless promise

57. Tow rope alternative 58. At this point around the bush'

59. Does something wrong 60. "Don't\_ 61. Mares' meal 62. "-zoic" periods

63. Not happening 66. \*Some like it this way 68. \*There were three, plus a baby



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9

**Solutions on Page 7** 

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# **LETTER TO THE EDITOR**

# A Veteran's View of Measure M

In the November election, Citrus Heights residents will be tasked with voting on Measure M, a proposed sales tax increase that, if passed, will take in millions of dollars every single year with no roadmap for where the money will be spent. In the midst of a global pandemic with residents and businesses struggling to figure out how to make it, this is the worst time imaginable for the City of Citrus Heights to increase your taxes.

As a Veteran and member of the American Legion Post here in Citrus Heights, I have seen how veterans who are living on fixed incomes struggle to make ends meet. Having served years in the United States Army Intelligence, I was proud to sacrifice for my country and am blessed to live in Citrus Heights, but the mismanagement of city resources is a burden upon myself and all of my veteran brothers and sisters.

Politicians are constantly making false promises of where taxes will be spent. They raised our gas tax and promised to fix our roads. They raised income taxes and promised to deal with mental health and homelessness. They collected millions of dollars, but the problems got worse because the money gets moved around. We should not give politicians even more of our tax dollars unless they guarantee where the money will be spent.

Unfortunately, with the way Measure M was written, there is absolutely zero guarantee that the money will be spent on the programs they claim. Citrus Heights could have made this a specific tax to ensure the funds would go to public safety and police, street repairs, and homeless programs. But they didn't. They

made it so they could just as easily spend it on pensions, and you have to ask yourself why.

Citrus Heights needs to be encouraging businesses to operate here, instead of choosing to operate in one of our neighboring jurisdictions. Measure M would bring our sales tax higher than Folsom and Roseville, and in line with the City of Sacramento. Right now, businesses owners across the country are taking a long hard look at their business operations to figure out what makes the most sense for them. We simply cannot afford to lose our local businesses to our neighboring cities.

We are at a pivotal moment regarding the future of Sunrise Mall. There is a huge revitalization effort being made, and Measure M will kill all of our progress. In a recent survey of the 310 businesses that operate in the Sunrise Marketplace, a large majority voted to oppose. The resounding theme was because they feel it would drive them out of business.

No one knows when the COVID-19 shutdowns will end, but we do know that people are struggling every day. Businesses cannot open and their employees are laid off -- and many cannot even get unemployment benefits. But bills are still coming and deferred rent payments are adding up and will eventually have to be paid.

The bottom line is for our city is, stop spending and start managing. We need our leaders to work on getting people back to work and earning a living, not piling on new taxes. I urge you to vote NO on Measure M. www.VoteNoOnM.org

Jim Monteton, Citrus Heights Resident

# **LETTER TO THE EDITOR**

# **M** is for **MYTHS**

As a citizen of Citrus Heights for many years and serving on the City Council for ten years, I am very familiar with the inner workings of City Hall and how things are done. In this position, I have become very knowledgeable about the current and future financial status of the City, as well as Measure M – a full percent increase in the sales tax for the city to 8.75% greater than all of our neighbors and equal to Sacramento City. This increase would greatly harm the residents and business community of Citrus Heights. I urge you to vote NO on M.

A sales tax is the most regressive and hurtful tax to our residents, and it makes no sense to increase the tax burden upon residents during our current economic crisis and pandemic when thousands are out of work. Plus, this tax has no expiration date.

And, since the proponents of this measure use a lot of flawed reasoning in the attempt to justify this flawed tax, let me expose seven of these myths!

MYTH #1: Citrus Heights is in desperate need of money.

FACT: Incorrect. (1) In two years, the City will receive \$6,000,000 of new funds annually from Sacramento County property taxes. It has a two-year problem but is proposing an immediate "forever tax." (2) The City has a spending problem. For example, eleven of its staff are already paid more than the Governor!

MYTH #2: Measure M provides local control and cannot be seized by other governments.

FACT: The city always has complete control over all tax revenue it receives - property tax, sales tax, etc. None of its resources can be arbitrarily seized. The city is saying give us more money and we can stay in control. Whereas, they are already in control. They just want more money to do the things they want to do.

MYTH #3: Citrus Heights has a long history of fiscal prudence.

FACT: Citrus Heights HAD a long history of fiscal prudence. Until a few years ago the city carried \$30,000,000 in reserves. Now the city is millions in debt! Overspending, high salaries, new city facilities, and the list goes on!

MYTH #4: Measure M prevents devastating cuts.

FACT: Untrue, the city just needs to reprioritize its spending, just as we do and any family does. Residents are not a bottomless pit of money. Plus, the city will receive millions in new property tax revenues in two years. They need fiscal prudence like they had a few years ago!

MYTH #5: The tax money will go to pay for police services, homelessness, roads, etc.

**FACT:** The promised list of "feel-good" spending is useless unless there are guarantees. There are no guarantees and politicians break promises. Read the measure. All funds go into the general fund and are "available for any lawful municipal purpose." Funds can be used for salary increases, pensions, or whatever! If the City wanted all of the tax money to go to particular purposes, why didn't they design the tax that way?

MYTH #6: Measure M will have citizen oversight and money must be spent locally.

FACT: Citizen oversight is after the fact, has no authority and is a joke. The oversight committee is appointed by the City Council to their political insider friends. Not every penny must be spent locally. The measure says it can be spent on any lawful purpose, which means it can be spent anywhere and on anything! An annual report after the fact is window dressing.

MYTH #7: The tax was developed with over a year of civic input.

**FACT:** The city spent a year asking a limited sample of people what they would like without discussing costs! A wish list. Want doughnuts for breakfast? Sure! How about other feel-good causes? Sure! The reality is the city rammed through this tax at literally the last legal moment with extremely short notice and limited debate. And, the tax has no direct tie or guarantee to any of the proposed feel-good causes ... such as homelessness, police services, and the like.

Let me implore you to vote NO on Measure M. Don't let the city fool you into burdening yourselves and your neighbors during a national pandemic and economic crisis. Please check FaceBook @NoOnMeasureM and our website www.VoteNoOnM.org

**Bret Daniels** Citrus Heights Councilmember

# LETTER TO THE EDITOR

# **Laying the Foundation** for OUR Recovery

We are laying the foundation for post-COVID recovery. Measure M will affect the planning and construction of \$10 million dollars per year of infrastructure and road improvements, including the development of \$1.2 billion in construction work with the re-visioning of Sunrise Mall. Without Measure M working families in our city will continue to suffer.

There has been much debate within our community about whether this is "the right time" for Measure M. This is an important discussion to have and every resident, business owner, and their employees will be affected by and ultimately benefit from the passage of Measure M. There is no playbook for navigating these uncertain times and the looming economic crisis we face once restrictions have been completely lifted. Being proactive instead of reactive about our city's future is paramount. In our lifetime we have never been through anything on the scale of what COVID-19 is unleashing.

The economic upheaval we are currently navigating is agonizing and heart-wrenching for individuals, families, and businesses. Without Measure M the upcoming economic recovery will be even harsher and more unforgiving. As our city government grapples with the public health

consequences of COVID-19, we also must turn our attention to the economic disruption and worker dislocation that has been unleashed upon our entire city.

We cannot afford missteps at this critical time; bold action, clear thinking, and new ways to ensure the success of doing business in Citrus Heights will see us through this crisis. Measure M will support our community and families so we can ensure that the City of Citrus Heights can continue to deliver on the promise and opportunity that has been defined by our residents.

We must support our local economy by continuing to build, repair, and maintain the critical infrastructure our community relies on and begin preparations for the long process of recovery.

These measures are not optional – they are the necessities of operating under the new reality we face today. In this time of great crisis, let us do everything that we can to help our families, businesses, and community meet the challenges ahead of us. We need to keep our community working, safe, and strong. Citrus Heights is resilient and we will rebuild.

Marcia Rayford **Business Owner** and Citrus Height Resident

# **Crime Reports**

# Citrus Heights | September 14th **Police Report**

September 19<sup>th</sup>

**09/14/2020** • Time: 2:25 PM • IR Number: 12007661

Crime: 484(A) PC: Petty Theft

Location Type: Parking Lot • Public Address: 75xx Stearman Wy. Agency: Citrus Heights Police Department

**09/14/2020** • Time: 6:20 AM • IR Number: 12007658 Crime: **484(A) PC: Petty Theft** 

Location Type: Parking Lot • Public Address: 74xx Apache Wy.

Agency: Citrus Heights Police Department

**09/15/2020** • Time: 3:48 AM • IR Number: 12007610

Crime: 487(a) PC: Grnd Thft:prop/Etc \$950+

Location Type: Theft from Vehicle • Public Address: 76xx Sunrise

Agency: Citrus Heights Police Department

**09/15/2020 •** Time: 12:01 AM • IR Number: 12007602

Crime: 459 PC: Burglary - Commercial

Location Type: Department Store/Big Box Store • Public Address: 67xx Sunrise Agency: Citrus Heights Police Department

**09/15/2020 • Time: 10:24 AM • IR Number: 12007605** Crime: 459 PC: Burglary - Residential

Location Type: House (Includes Driveway) • Public Address: 68xx San Dimas Ct.

Agency: Citrus Heights Police Department

**09/16/2020** • Time: 6:22 PM • IR Number: 12007678 Crime: 10851(A) VC: Vehicle Theft

Location Type: Other • Public Address: 65xx Auburn

Agency: Citrus Heights Police Department

**09/17/2020 • Time: 6:25 PM • IR Number: 12007715** 

Crime: 459 PC: Burglary - Residential

Location Type: Department Store/Big Box Store • Public Address: 67xx Sunrise

Agency: Citrus Heights Police Department

**09/18/2020 •** Time: 12:46 AM• IR Number: 12007715

Crime: 459 PC: Burglary - Commercial

Location Type: Other • Public Address: 60xx San Juan Av.

Agency: Citrus Heights Police Department

**09/19/2020** • Time: 9:00 PM • IR Number: 12007777 Crime: 10851(A) VC: Vehicle Theft

Location Type: Street/Highway • Public Address:79xx Pebble Beach Dr. Agency: Citrus Heights Police Department

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# Eskaton Deploys K4 Connect App and Amazon Alexa for Residents

By Miranda Raulinaitis, **Elmets Communications** 

SACRAMENTO, CA (MPG) - Eskaton, the leading nonprofit senior living organization in Northern California, has deployed the K4 Connect App and Amazon Alexa for all residents throughout its twelve Eskaton communities. The innovative deployment provides Eskaton residents with the highest level of control over their environment. It is the latest in a series of technological advancebegan in 2018 by inteand smart home technology throughout the organization.

"Eskaton believes keeping families involved and connected is paramount to the well-being of our allowing communities residents. During these unprecedented times with the onset of COVID-19, communication is more important than information resources, ever," said Sheri Peifer, Chief Strategy Officer at Eskaton. "By providing these powerful technologies to our residents and their families, they are able to stay connected, engaged, and informed 24 hours a day."

Alexa is Amazon's that enables natural voice experiences, which offer customers a simple, more intuitive way to interact family and loved ones, with the technology they use every day. By integrating the K4 Connect App with Amazon Alexa, Eskaton is transforming the way residents interact

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the first senior living community in California to offer voice-enabled technology to all residents, deploying over 1,500 Alexa units across twelve communities.

"These new technological enhancements to Eskaton residents provide an array of new capabilities and conveniences," added Peifer. "By providing new services through technology such as video chat with friends and family, the ability to connect with the front desk, or getments by Eskaton, which ting information about the events of the day, Eskaton grating communication continues to provide industry leading, cutting edge solutions and conveniences to residents."

Together with new features recently added by K4 Connect app such as to share announcements, stream content, and providing additional activities, games and Eskaton has raised the bar in the already industry-leading standard for senior living. The technology offers compelling new core capabilities and conveniences that keep residents entertained and engaged while spending more time at home. cloud-based voice service Residents now have more flexibility and security than ever before.

"I love chatting with playing games, and listening to music and radio stations," said Eskaton Monroe Lodge resident, Lonnie. "I like that the

one another. Eskaton is my son. I don't use a computer or smart phone, so these new enhancements make it really easy for me to stay in touch with loved ones and the world."

For more information on Eskaton and the Alexa integration, visit: www. eskaton.org/alexa

Eskaton has been serving older adults across northern California since 1968. As a nonprofit senior living provider, Eskaton's mission is to enhance the lives of older adults through innovative health, housing and social services. With five decades of experience and a national reputation for innovation, Eskaton is Transforming the Aging Experience. For more information, please call 1-866-ESKATON, or visit www.eskaton.org.

K4Connect is a purpose-driven technology company that creates connected-life solutions that serve and empower older adults and individuals living with disabilities, together with the people, communities and organizations that support them. K4Connect's solutions integrate the latest in Smart Home, Smart Wellness and Smart Living technologies into single easy-to-use solutions designed specifically for and with those they serve. The Company's premier solution, K4Community, is currently being used by thousands of senior living residents and staff across the country. For more





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