



## Study to Review Replacement of Old Water Meters

PAGE 2

## The 'Golden Years' Can Feel Oppressive for Elderly

PAGE 5



# Citrus Heights Messenger

VOLUME 10 • ISSUE 31

Serving the City of Citrus Heights & Sacramento County

JULY 31, 2020

### SEE INSIDE

#### FITNESS CENTERS ARE SAFE AND ESSENTIAL



PAGE 5

#### GAINES STRONGLY OPPOSES PROP. 15 "SPLIT ROLL" INITIATIVE



PAGE 2

#### CARING FOR PETS DURING HOT WEATHER



PAGE 4



Scan our QR Code for a direct link to our online edition!

PRESORTED STD.  
US POSTAGE  
PAID  
PERMIT 350  
Carmichael, CA

Change Service Requested

## It's Still a Mystery

### Searching for Answers on Flying Tiger Line Flight 739



Above: Kimberly Steinman-Elmquist (third from the left), friends and family members who went to Washington DC, on March 2019, to deliver packets to Congress requesting that the names of the 93 Soldiers lost on Flying Tiger 739 be placed on the Vietnam Veterans Wall. Photo courtesy: Caitlin M. Kenney/Courtesy of Stars and Stripes, All Rights Reserved Right: John Karibo before he left for Vietnam when Kimberly was only 20 months old. Photo courtesy of Kimberly Steinman-Elmquist

By Elise Spleiss and Kimberly Steinman-Elmquist

**SACRAMENTO REGION, CA (MPG)** – When Kimberly Steinman-Elmquist woke up last week on her 60th birthday her first thought was not of celebration, but of the father she lost in a mysterious airplane explosion over the North Pacific Ocean when she was only 20 months old.

On March 16, 1962, Flying Tiger Line Flight 739, a Lockheed Super Constellation transport airliner, exploded and disappeared over the ocean between Guam and the Philippine Islands. On board were 93 American soldiers, three South Vietnamese military men and 11 crew members. All perished. Twenty-six-year-old Army Sergeant Ranger John Karibo of Ohio, Kimberly's father, was on that plane.

The fate of Flying Tiger Line Flight 739 is a mystery that has spanned six

decades and continues to grow exponentially, spawning more questions than answers. Like a pebble thrown into the water, the story continues to expand, becoming more complicated with each passing year.

Karibo had been training at Fort George Meade, Maryland when he received orders to report to Travis Air Force Base for a new assignment. He was only allowed to return home to Ohio briefly to say "goodbye" to his young wife, Tonya and his daughter. The mission was top secret; no one could speak of it.

Karibo was then off to Travis AFB where he joined 92 other Rangers all reported by the government following their disappearance to have been

specialists in electronics and communications. Elmquist shared with this reporter that her father was trained in biological, chemical, and radiological warfare.

Their final destination was to be Saigon, Vietnam. From Travis they stopped to refuel in Honolulu, Wake Island and Guam expecting to proceed on to Clark Air Force Base in the

Continued on page 3

## Council Considers Improvements for Carriage/Lauppe Corridor

Story by Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)** - On July 23, the Citrus Heights City Council held a Zoom study session to discuss the Carriage Drive/Lauppe Lane Safe Schools Corridor Plan. The project area includes the entirety of the Carriage Dr.

and Lauppe Ln. corridor, which runs from Antelope Rd. to Auburn Blvd., as well as Auburn Blvd. from Carriage to Sylvan Corners. The City is partnering with the San Juan Unified School District and working closely with the three schools located on the Carriage Dr./Lauppe Ln.

corridor: Mesa Verde High School, Sylvan Middle School, and Carriage Drive Elementary.

Enrollment at the three schools has increased by 25% since just 2016, and most students arrive by car. The Safe Schools Corridor Plan analyzes traffic safety and operational

improvements on the public streets and within the school parking lots. The project was initiated after years of feedback from residents and school representatives about the unsafe conditions on the corridor.

Two rounds of public outreach identified some

Continued on page 3

## City Council Approves Sales Tax Measure for November Ballot

Story by Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)** - At the July 23 meeting, the Citrus Heights City Council considered a resolution to submit a transactions and use tax measure to voters in the November 3, 2020, election. The language in the measure says the funds would be used "to protect local control with funding that cannot be taken by the State" and would be spent on maintaining vital city services such as emergency response and preparedness, public safety, homelessness prevention, and supporting local businesses and job creation.

City staff estimate that the one-cent sales tax would generate \$12,000,000 in annual revenue. The expenditure of the funds would be monitored by a Citizens' Oversight Committee, and annual audits by an independent accounting firm would be posted to the City's website. The sales tax measure does not include an end to the tax, just stating it would be implemented "until ended by voters," which would require a future ballot measure to repeal the tax.

Staff explained that the City has known since incorporation that there would come a time when expenditures would exceed income due to the Revenue Neutrality agreement with Sacramento County, which allowed the county to keep Citrus Heights property tax revenue for 25 years. Under this agreement, Citrus Heights won't receive property taxes until January 2023. To make up for this anticipated budget shortfall, staff have implemented various cost-saving measures, which City Manager Chris Boyd said resulted in savings of \$1 million in 2019.

But with the economic impact of the COVID-19 public health crisis, the City is facing an even more drastic and unexpected loss of revenue. Citrus Heights has been left out of all the federal pandemic relief packages, and the state has its own deficit to deal with. So, City Manager Boyd

Continued on page 11



## SAFE. CLEAN. DEPENDABLE.

[www.chwd.org](http://www.chwd.org) | (916) 725-6873

Read More at [www.CitrusHeightsMessenger.com](http://www.CitrusHeightsMessenger.com)



# BOE Member Gains Strongly Opposes Prop. 15 “Split Roll” Initiative



**SACRAMENTO, CA (MPG)** — The Board of Equalization (BOE) Member Ted Gaines held an informational hearing that considered both the pros and cons of Proposition 13, California's "Split Roll" initiative that will appear on the November ballot. Following the hearing, Member Gaines came out in forceful opposition to the measure.

"California is struggling under the coronavirus. Millions are unemployed, businesses are closed, and the last thing we need right now is \$12 billion in new taxes put on the backs of struggling families. We are a resilient state and I'm convinced we will recover but for that to happen we need a business climate that promotes prosperity. Proposition 13 does the opposite. It will crush agriculture. It will hurt the mom and pop shops who are already at risk and scared for their futures. It will drive businesses out of our state," Gaines said.

Prop. 13 would undo valuable taxpayer

protections provided by California's landmark Prop. 13, which was passed in 1978. Prop. 13, among other changes, implemented a predictable, stable property tax regimen in California, where commercial and residential properties are taxed at 1-percent of their purchase prices and increases in property tax are capped at 2-percent a year from that purchase-price valuation.

Under Prop. 15, many commercial properties would be subject to reassessment annually, or at least every three years, opening the door to the unpredictable property tax spikes that forced seniors out of their homes in the 1970s and contributed to the taxpayer revolt that ended in passage of Prop. 13. It is referred to as "split roll" because it would lead to different treatment of residential and commercial properties in the property tax roll.

In addition, under the measure's definition of "real property used for commercial agriculture," fixtures and improvements such as irrigation systems, barns, tasting rooms and even fruit trees would be subject to reassessment, exposing the agricultural sector to a wave of new and higher taxes. Additionally, the nonpartisan Legislative Analyst's Office review of Prop. 15 indicates that rural areas may end up losing money overall if the initiative passes, even as their agricultural interests pay more in taxes, providing a double blow

to these communities.

Gaines hosted today's Prop. 13 informational hearing, convening initiative supporters and opponents, assessors, the Legislative Analyst's Office, Board of Equalization personnel, as well as tax professionals involved in the property tax appeals process. The hearing was non-partisan and did not call for the Board to take a position on the measure. It was designed to give Board Members deeper insight into the alleged need for the initiative, how it would be implemented, and how it would affect property tax administration in the state. However, the day's testimony made clear to Gaines that the measure would be a disaster for California taxpayers and businesses.

"When will California taxpayers ever catch a break? They pay the highest gas taxes, highest state sales tax, highest income taxes, highest corporate tax in the western states; it's never ending. If this Initiative were to be successful, I have no doubt that Prop. 13 homeowner protections would be the next target.

"I support Prop. 13. For four decades it's been the bedrock protection for homeowners and business property owners. As a taxpayer advocate, I oppose split roll and every other effort to raise California taxes."

Elected in 2018, Ted Gaines represents nearly ten million people as a Member of the Board of Equalization. ★

# Water Agencies Take Collaborative Approach for Outdated Meter Replacement



**CITRUS HEIGHTS, CA (MPG)** - There's an old adage that suggests "One size does not necessarily fit all." A dozen local water agencies are asking, when it comes to replacing outdated water meters, "Why not?" They are asking why different agencies are using different water meters, and whether there is an opportunity to work together to achieve economies of scale to reduce ongoing costs.

The group, led by the Citrus Heights Water District (CHWD) has commissioned a study to review the potential for a collaborative approach to a review of various technologies and funding options to replace members agencies' aging water meters. In addition to CHWD, the consortium includes the Regional Water Authority, Carmichael Water District, City of Folsom, City of Sacramento, Fair Oaks Water District, Golden State Water Company, Orange Vale Water Company, Placer County Water Agency, Sacramento County Water Agency, Sacramento Suburban Water District, and San Juan Water District—Retail Service Area.

According to Hilary Straus, General Manager of CHWD, "Collaboration is the key as each of these water agencies brings its own expertise and water asset management experience to the table,

which leads to improved service in the region and the opportunity to reduce ongoing costs to our customers.”

The study will include:

- An inventory and assessment of the consortium’s current meter programs;
- Evaluation of potential replacement meter technology options;
- An assessment of current meter testing programs and options for collaboration/optimizing efficiency;
- An evaluation of meter procurement and funding options; and
- Public outreach strategies for meter replacement.

As a result of the study, each agency will have consistent data to plan and review various options for future meter replacement. This may include reducing costs through bulk water meter purchase and shared meter testing facilities.

The study is now in the meter testing assessment phase and the final report is expected to be completed in early 2021. Once complete, the final report will be available to the public and on each agency’s websites.

“Our hope is that our creative asset management strategy can serve as a model for regional water agency collaboration nationwide,” said Straus. “Between aging infrastructure, state mandates and budget concerns, it is imperative that water agencies plan for the future, and this strategy is a great way for neighboring agencies to work together to achieve this goal.” ★

# FRESH PRODUCE

**SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM**

79¢ <sub>lb</sub>	69¢ <sub>lb</sub>	1.99 <sub>ea</sub>	1.29 <sub>ea</sub>	2lbs/\$1
Aloe Vera	Granny Smith Apples	Cantaloupe	Garlic 5 Pc Served	Napa Cabbage
2lbs/\$1	99¢ <sub>lb</sub>	1.29 <sub>ea</sub>	69¢ <sub>ea</sub>	2/\$1
Jicama	Raw Peanut with Shell	Enoki Mushroom 200 g	Mexican Onions	White Corn

## AMERICAN/HISPANIC GROCERY

\$3.99 <sub>ea</sub>	\$4.99 <sub>ea</sub>	\$3.99 <sub>ea</sub>	\$3.99 <sub>ea</sub>	\$3.49 <sub>ea</sub>	\$1.59 <sub>ea</sub>
Lea & Perrins Worcestershire Sauce 10 fl oz	On the Border Snack Mixes Variety Pack	Nutter Butter Kids Turkey Sticks 2.5 oz	Post Nutter Butter Cereal 11 oz	Tostitos Doritos Tostitos in Water 10 oz	Nestle La Lechera Original 13.65 oz

## ASIAN GROCERY

99¢ <sub>ea</sub>	\$2.99 <sub>ea</sub>	\$1.99 <sub>ea</sub>	\$2.99 <sub>ea</sub>	\$2.99 <sub>ea</sub>	\$2.99 <sub>ea</sub>
Fruit Drinks 10oz 11 ea	Pine Rice Snack 14 oz	Longan in Syrup 20 oz	Bun Bo Hue	Rice Vermicelli 32 oz	Sweet Filipino Spaghetti Sauce 30.27 oz

## FROZEN AND FISH DEPT

### Hamachi Collar

REG. \$16.99/LB

# \$10.99

/lb

## KOREAN/JAPANESE GROCERY

12.99 <sub>ea</sub>	99¢ <sub>ea</sub>	99¢ <sub>ea</sub>	1.99 <sub>ea</sub>	7.99 <sub>ea</sub>	5.99 <sub>ea</sub>
Korean Rice California Culture 15 lb Bag	Jack Teufel 2 Kinds 15 oz	Lotus Crispy Rice Balls 15 oz	Dragon King Light Standard 5.29 oz	Onigiri Crabbed Rice 6 Pk 4.4 oz	Ernest Beverage 30 x 7.8 ml
2.99 <sub>ea</sub>	2.49 <sub>ea</sub>	5.99 <sub>ea</sub>	2.99 <sub>ea</sub>	3.99 <sub>ea</sub>	4.99 <sub>ea</sub>
CJ Korean BBQ Sauce 4 Kinds 2.26 oz	Oh Ya Choco Cake 11.85 oz	Hot Chicken Ranch 2 Kinds 6 x 4.58 oz	Nigori Sake 578 ml	Ecoyle Miso Paste 11.64 oz	Paolo Bread & Cake Flour 2.2 lb

## HOUSEWARES

1.99 <sub>ea</sub>	99¢ <sub>ea</sub>
Miyale Mini Electric Rice Cooker 1.5 C	Hamilton Beach Kitchenware Set
3.99 <sub>ea</sub>	3.99 <sub>ea</sub>
Watermelon 10 Lbs 3 Pk	Portable Butane Gas 4.4 x 3.0
4.99 <sub>ea</sub>	1.99 <sub>ea</sub>
Electric Rice Cooker 1.5 C	Electric Rice Cooker 1.5 C
2.99 <sub>ea</sub>	2.99 <sub>ea</sub>
Electric Rice Cooker 1.5 C	Electric Rice Cooker 1.5 C

## EUROPEAN DELICATESSEN

\$5.19 <sub>ea</sub>	\$4.59 <sub>ea</sub>	\$8.59 <sub>ea</sub>	\$4.59 <sub>ea</sub>
Schwartz's White Head Cheese	Don Francisco Queso Cotija Ballado	Columbus Hard Beef Salami	Fud Selecto Ham

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 29 - AUGUST 4, 2020.



# Improvements for Carriage/ Lauppe Corridor

Continued from page 1

key issues on the corridor: parking and traffic congestion, students crossing the streets outside of crosswalks, low visibility of crosswalks, unsafe vehicle speeds, and illegal U-turns.

The July 23 study session focused on the following improvements to the city-maintained roadways: high-visibility crosswalks, a pedestrian crossing with rapid-flashing signal light at Carriage Dr. and Midnight Way, a wider sidewalk on Auburn Blvd. between Carriage Dr. and Sylvan Middle School, speed humps, curb extensions, vertical curbs, and green conflict markings at intersections. Based on public feedback, these recommended improvements have general community support.

Community respondents were split regarding some other potential improvements, so staff asked for feedback from the Council. Circular intersections, or roundabouts, could be installed at the Carriage Dr. and Kanai Ave. intersection and at the Carriage Dr. and Pratt Ave. intersection. Benefits of circular intersections include regulating traffic, reduced vehicle speed, safe and predictable U-turns, and allowing space for vegetation or public art. The drawback is that some drivers may be unfamiliar with their use.

Councilmember Jeannie Bruins said she likes roundabouts, but they must be well-designed with enough space: “They can work well when implemented correctly.”

Mayor Jeff Slowey agreed: “When they’re done right, they work. But if you try to stick a roundabout in an intersection that isn’t really big enough for it, it’s a pain.”

Another potential improvement is a raised roadway at the northern entrance to Mesa Verde High School, where Lauppe Ln. turns a corner. Drivers take that corner too quickly, and it can be difficult to see students in the crosswalk. A raised roadway, which is like a larger version of a speed hump, could include the crosswalk and extend around the corner. Drivers would have to drive up onto the platform at sidewalk level, forcing significant reductions in speed from both directions of travel. The drawback to this option is the expense to install, so Council wanted to hear cost estimates

before supporting this improvement.

The section of Carriage Dr. between Kanai Ave. and Auburn Blvd. currently has two driving lanes, two parking lanes, two bike lanes, and two sidewalks. The sidewalks and bike lanes are narrower than safety guidelines recommend, so staff presented two alternatives. Option 1: widen the bike lanes, narrow the driving and parking lanes, and maintain the sidewalks. Option 2: widen bike lanes, narrow the driving lanes, widen the sidewalk on the east, and remove the parking lane on the east.

Councilmember Bret Daniels said he can’t support removing parking, “especially if it’s in front of people’s homes.”

Councilmember Bruins agreed that removing parking on one side would likely increase parking congestion on the other side and could lead to an increase in J-walking.

The Council agreed that they preferred Option 1, which would maintain the parking lanes on both sides.

The section of Lauppe Ln. from Antelope Rd. to Pratt Ave. currently has two driving lanes, two parking lanes, two sidewalks, and no bike lanes. Staff presented two alternatives for improving safety on this section. Option 1: add bike lanes in each direction and remove parking on the west side of the road, north of Oak Grove Estates. Option 2: maintain both driving and parking lanes but add a wide shared-use path on the west side that can be used by both pedestrians and bicyclists. There was more community support for Option 2, but a shared-use path would be more expensive to construct and take more time to implement.

Councilmember Porsche Middleton liked the idea of the shared-use path, saying it had a “community feel.”

Councilmember Bruins also supported the idea the shared-use path but said she’d like to see some more specifics on the cost difference before making a decision.

Based on feedback from the Council, the plan concepts will be further refined so costs can be estimated. While the creation of the plan itself is funded by a grant from Caltrans, the implementation of the plan will require additional grants, which the City will apply for after the plan is finalized.

# It’s Still a Mystery

Continued from page 1

Philippines. Somewhere from Guam and the Philippines contact with flight 739 was lost. After three hours with no radio contact Search and Rescue operations was initiated from Guam and the Philippines.

Flying Tiger Line flight 739 and everyone on board was declared lost when it was calculated their fuel would have run out.” No trace of the plane or any indication that it had crashed into the sea was found. It just disappeared.

Adding insult to injury or in this case, death, the families of these men were informed that their situation did not qualify to have their loved ones’ names included on the Vietnam Veterans Memorial Wall in Washington D.C.

In March 2019, Elmquist joined three other families in Washington D.C. on a trip to visit Senate aides, tell their stories and present them with packets bulging with documents for each senator on the Armed Service Committee.

The trip was organized and led by Donna Ellis Cornell, from Michigan, daughter of Sgt. 1st Class Melvin Hatt from Michigan. A Stars and Stripes reporter followed the group for 3 days.

Elmquist was featured in the article and in a video in the online version of the August 8, 2019 article. She has been tirelessly lobbying anyone who will listen to get the word out for these 93 men who served their country alongside others on the Wall.

Elmquist recalls when her mother-in-law Edith received word of her son’s loss and presumed death, she never accepted it. To her dying day she just knew ‘Johnny’ would walk through the door. Tonya, John’s wife was denied any kind of memorial service for



Kimberly Steinman-Elmquist (left) and mother, Tonya Wagner (in her Gold Star outfit) at Sylvan Cemetery for Veterans Day Ceremonies. The plaque has a tag on it, in Memory of Army Sergeant Ranger John Karibo of Ohio. Photo courtesy of Kimberly Steinman-Elmquist

her husband and eventually the families grew apart.

There is one bright light in this fight. Groundbreaking for a private monument to honor all 93 servicemen and 11 crew members took place recently in Columbia Falls, Maine, site of the Wreaths Across America. It is scheduled to be completed and dedicated by the end of the year.

Elmquist wonders what the military and government could be so afraid of even now, 60 years later, to still be unwilling to release information on the incident. She knows the questions would stop if their loved ones would get the recognition they deserve. “It makes you wonder what was happening with the United States and Vietnam at the time, and what would have happened in the war if their mission had been completed.” “I don’t care what happened any more, I just want them to be remembered.”

Elmquist and her mother Tonya Wagner, now 81, have been giving back to the military community most of their lives. Wagner has been president of the Northern California chapter of Gold Star Wives for over 20 years. Elmquist has been

with Sacramento Blue Star Moms since 2011 and currently is 1st Vice President of Membership.

There currently is a bill sitting in Congress. SB 1891, Flying Tiger Flight 739 Act was introduced on June 18, 2018. According to Elmquist, it was spearheaded by Senator Gary Peters of Michigan but is sitting in the Committee of Natural Resources, dying a slow death. She says, “We believe the Bill should be in the Committee for Armed Services to get the proper attention it needs”.

Sources: ‘www.Flying Tiger Line flight 739’ will bring up articles referenced in this article plus more.

Face Book page: Remembering Flying Tiger Line 739

For Donna’s story visit <http://flight739-14-1962.com>. The full roster of 93 men and 11 crewmembers with their names and 33 state of origin have been assembled by Ellis and other relatives of the deceased.

Email for Kimberly Steinman-Elmquist; [ksteinman@surewest.net](mailto:ksteinman@surewest.net) Email for Donna Ellis: [donnalyn.ellis@gmail.com](mailto:donnalyn.ellis@gmail.com)



## RESTORATION SPINAL CARE CENTERS

**WE LISTEN  
WE CARE  
WE GET RESULTS!**

THE NATURAL WAY TO GOOD HEALTH

**Consultation, Exam,  
X-Rays (if necessary),  
and 1 Adjustment for**

**\$45<sup>00</sup>\***

\* Excludes Medicare and Worker's Compensation.

**Dr. Thad Potocki DC**  
5150 Sunrise Blvd.  
Suite F1  
Fair Oaks, CA 95628  
(Corner of Wildridge & Sunrise)  
**916-536-0400**  
[www.drpotocki.com](http://www.drpotocki.com)

# NEED STORAGE?

# ARMOR MINI STORAGE



**Since 1980**

**Computer Gate Access**  
**6am-9pm 365 Days A Year**

**Award Winning Customer Service**

**Digital Video Camera System**

**Competitive Rates**  
**Daily / Monthly Annual Rentals**

**Easy Drive-Up Access**  
**Professional Resident Managers**

**Office Hours:**  
**Mon-Sat 9-6 • Sun Closed**



**Conveniently Located on Auburn Blvd. Between Manzanita & Garfield**

**5714 Auburn Blvd., Sacramento. 95841**

**916.332.6455**

**[www.armorministorage.com](http://www.armorministorage.com)**



## Be a part of something important

## Help deliver the news to your neighborhood

**We are looking for people who want to deliver newspapers in their neighborhoods.**

Provide great customer service to our readers every Friday.

Earn money to help pay those monthly bills.



Must have a valid California drivers license and current auto insurance. Previous newspaper delivery experience a plus but not required.

**Call us today at 916-773-1111**



# PG&E Offers Personalized Emergency Plan Tool for Customers

By Brandi Merlo,  
Pacific Gas and Electric Company

**SAN FRANCISCO, CA (MPG)** - Whether it's earthquakes, wildfires, winter storms, health pandemic or power outages, Californians need to be prepared for any emergency or disaster. That's why Pacific Gas and Electric Company (PG&E) has launched a new tool on our online Safety Action Center that helps customers be prepared.

By using the "Make Your Own Emergency Plan" tool and answering a few short questions, visitors to the website can compile and organize the important information needed for a family's personalized emergency plan. This includes important phone numbers, escape routes and a family meeting location if an evacuation is necessary. It also includes reminders to check smoke-detector batteries and when to practice your family emergency drills.

Once completed, the personal emergency plan can be printed and shared with the rest of the family.

"Wildfire season in California has started. We want to help our customers and communities prepare for a wildfire, a safety power shutoff or a natural disaster," said Laurie Giammona, PG&E chief customer officer and a senior vice president. "That's why we

have created the Safety Action Center. And we know that each customers' situation is unique, which is why this new tool lets customers create a personal emergency plan that works for them and their families."

The Safety Action Center was launched in 2019 and includes videos, quizzes, step-by-step guides and tips to help keep families safe during wildfires, earthquakes, power outages and other emergency situations. On the site, you'll find:

Ten tips to keep cool during a heat wave; A video that shows you the six steps to put together an emergency kit; Tips on how to prepare for a power shutoff; Advice on creating defensible space around your house; How to help your community during the COVID-19 health crisis; And much more.

The Safety Action Center is just one of many ways that PG&E is working to mitigate wildfire risk and enhance public safety as part of the Community Wildfire Safety Program. To learn more about safety progress so far in 2020 as well as how PG&E is going to make any needed Public Safety Power Shutoffs smaller in the number of customers impacted, shorter in duration and smarter by integrating new technology, visit the Safety Action Center at [safetyactioncenter.pge.com](https://safetyactioncenter.pge.com). ★

# Caring for Pets During Hot Weather



Always supervise pets when swimming either in a pool or in waterways. Photo courtesy Gayatri-Malhotra

By Allison Harris,  
Sacramento County

**SACRAMENTO COUNTY, CA (MPG)** - Every year, Sacramento County residents do their best to keep cool during the summer heat. Failing to keep cool in extreme temperatures can cause adverse health effects for residents—both human and animal.

Unlike humans, cats and dogs cannot sweat to keep cool; they cool their bodies off through panting and the pads of their feet. As a pet owner, it's important to take measures to keep them cool during the high temperatures.

Here are some tips for keeping your pet safe from the heat:

**Never leave your pet in a parked car:** Even cracking a window won't protect your pets. It is against the law in California and could be punishable by a fine or imprisonment. A car can reach 120 degrees in just minutes; even if the windows are slightly open the car can still reach 102 degrees. A dog's normal temperature is 101.5 degrees; at 120 degrees your pet can suffer from heat exhaustion and die and at 107 degrees brain damage occurs. Check out this video on how hot it gets in cars;

**Avoid extreme heat:** When temperatures get above the 90s, take your pet inside. For outdoor pets, be sure to provide them with plenty of fresh, cold water in a tip-proof water dish and shade for them to cool down;

**Don't exercise with your pets when it is too hot:** Older and certain long-haired dogs can be particularly susceptible to heat, and hot asphalt can burn their paws. Exercise in the early morning or cool

evenings and make sure both of you have plenty of water.

**Use sunscreen:** Pets get sunburned just like people, and if your pet has light skin or fur, they can be particularly susceptible to a painful burn, and even skin cancer. Use sunscreen on sensitive areas, such as ears or nose to make sure your pets are protected.

**Secure your dog during transport:** Make sure your dog is secured safely in your vehicle. Cross-tethering your dog with a rope or containing them via kennel in the bed of your truck will help prevent the dog from falling or jumping from the vehicle. Also, please note that truck beds can get hot when exposed to the sun and that can severely burn dog footpads. Transporting animals on a public highway or public roadway without properly securing them could be punishable by a fine.

**Be your pet's lifeguard:** While swimming can help pets get exercise without overheating, always supervise pets when swimming either in a pool or in waterways. Dogs can get tired swimming, particularly in rivers where they have to fight against currents. To avoid drowning, make sure they wear life jackets and keep them out of the water when flows are high.

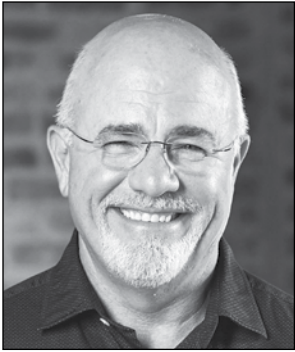
**If pets have been exposed to high temperatures ...** Be alert for signs of heat stress including heavy panting, glazed eyes, a rapid pulse, unsteadiness, staggering gait, vomiting, or a deep red or purple tongue.

Immediately move your pet to the shade to gradually lower their temperature. Apply cool (not cold) water to the pet, and provide lukewarm or cool water to drink. Take your pet to a veterinary hospital immediately. It could save their life.

For more tips on keeping pets safe in hot weather, visit the Hot Weather Pet Tips page. For other animal issues and pet owner resources, visit the Bradshaw Animal Shelter website.

Don't have a pet? The Bradshaw Animal Shelter is now offering adoptions by appointment. To start the adoption process, visit the Adoptable Animals webpage, then call 916-875-2287 Tuesday through Sunday (except holidays) between 9:30 a.m. and 3:30 p.m. to schedule an appointment.

For a list of available animal care services, including walk-in licensing and how to report a lost or found pet, visit [animalcare.saccounty.net](https://animalcare.saccounty.net). ★



## People Need To Hear Success Stories

Dear Dave,

So many companies and entrepreneurs are hurting right now. With everything that's going on in the world, I find myself ashamed to celebrate business successes. In the past, I've always shared highlights with our customers to show them how amazing they are and how much their support means. How can I navigate this time without making others feel bad?

— Alyssa

Dear Alyssa

You know, in most cases people who ask this kind of question are already self-aware enough to celebrate their business success with grace and social awareness. You didn't ask how to brag, you asked how you can still celebrate what's going on in your business with your customers. ★

## Dave Ramsey Says

You're not firing shots at other people when you do something like this with the right heart and an attitude of gratitude and humility. You're not talking about jumping around and yelling about how great you are while saying everyone else is a doofus. All you're doing is letting people know what's working and that you're thankful for it—and them.

People need to hear success stories. They need to hear stories about winning, whether times are good or bad. It might actually inspire and encourage them. It's good news!!

— Dave

## Worried About College

Dear Dave,

My husband and I are about to start Baby Step 5. We want to save money for college to help our children, but we're a little worried about starting a 529 Plan and being penalized if we pull the money out for trade school or they don't finish their studies. What do you think we should do?

— Dani

Dear Dani

You'd only be taxed on the growth, not what you put into the plan. And you'd be taxed on the growth anyway if you put it into something else, so there's no reason not to go with a 529 Plan.

The truth is a 529 will work for a lot of trade schools. It may not be accepted if they do a straight-up apprenticeship, but it's fine for a course of study at a vo-tech school.

Now, if you don't use all of what's in your 529 for education, the portion that goes unused will be taxed. You'll want a chunk of cash sitting in your 529, enough to make a difference in their educational goals, but you don't want to overfund it.

— Dave

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](https://daveramsey.com) and on Twitter at @DaveRamsey.* ★



## Joe Biden's Shockingly Adequate Campaign

The Biden campaign has been lucky most of all, but it's also been smart, at least smart enough.

To go, as Joe Biden did, from left for dead to sweeping to the Democratic nomination and quickly thereafter emerging as the favorite in November is a run of success that would be the envy of any national politician.

It's easy to consider this a mere accident given the weakness of Biden's opponents, first a socialist in the Democratic primaries who had a ceiling on his support and now an incumbent president whose ratings have sagged.

The Biden team certainly isn't going to rewrite any campaign playbooks or dazzle anyone with its brilliance, but it has avoided serious mistakes and demonstrated an understanding of the basic political terrain and its candidate's strengths. It hasn't asked Biden to do anything out of his comfort zone or beyond his capabilities and has been content for President Donald Trump

to dominate all the attention, so long as Trump is not advancing his cause, and often setting it back, with all the airtime and headlines.

Above all, the campaign has avoided the most politically perilous ideological excesses throughout. This has required some discipline, given how influential woke Twitter is on the left.

Biden's theory of the Democratic Party, even if it seemed doubtful at the outset, proved correct—that the center of gravity of the party was still with, as he put it, Obama-Biden Democrats rather than with the avowed socialists and social justice warriors.

Biden hewed to this line when other candidates went the other way. It might seem obvious that endorsing "Medicare for All," which involves yanking away the private health insurance of more than a 100 million Americans, is foolish and politically indefensible, but several candidates in the Democrat race did it anyway.

He's steered clear of other pitfalls since locking up the nomination. He's said he wouldn't ban fracking. He didn't endorse defunding the police. He defended the statues of America's founders.

He's indisputably slid left. This has been his MO his entire career – to stay smack in the middle of whatever is the consensus

position of the Democratic Party at any given time. His campaign knows that it benefits if the election is a referendum on Trump – and is acting accordingly. Why should Biden try to take the mic from Trump if the president is using it to feud with Bubba Wallace and Dr. Anthony Fauci? Not only do these diversions do nothing to dent Biden, they serve to validate the former vice president's case that the county needs a return to normalcy.

Still, nothing is decided in July. Biden's record and agenda give Trump targets to shoot at, and he should obviously take every opportunity to make the election, to the extent he can, about the radicalism of the Democratic Party.

Finally, there's the fact that Biden is an unsteady performer at best. The strictures around COVID-19 have relieved him of the rigors of the typical presidential campaign, but he's going to have to emerge to participate in a debate or debates in the fall, and no one can rule out some catastrophic failure.

So, Trump can't be counted out. But the Biden campaign is canny enough that it isn't going to make it easy for him.

*Rich Lowry is editor of the National Review.*  
(c) 2020 by King Features Synd., Inc. ★



## Sell Your Vehicle in the Local Classifieds

Call **916.773.1111**

**MPG**

## Home Equity Line of Credit Loan

**5 Year FIXED RATE 4.25%**  
Initial APR

**CHECK THE EL DORADO ADVANTAGE:**

- ✓ **FIXED RATE** for 5 Years
- ✓ **Local Processing & Servicing**
- ✓ **No Closing Costs on Qualifying Transactions**
- ✓ **Flexibility and Convenience**
- ✓ **Have Funds Available for Current and Future Needs**
- ✓ **Home Improvement, Debt Consolidation, College Tuition**
- ✓ **Interest May be Tax Deductible (Please consult your tax advisor)**




## EL DORADO SAVINGS BANK

*Serving our local communities since 1958*

**www.eldoradosavingsbank.com**

Member **FDIC**   **CITRUS HEIGHTS • 7895 Lichen Drive • 916-729-1100**  
Se Habla Español • 800-874-9779



The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 4.25%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$75 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.



# The 'Golden Years' Can Feel Oppressive



**The Golden Years are supposed to be carefree, but sometimes the challenges of growing old can be depressing.** MPG file photo

**WASHINGTON, DC (MPG)** - “The Golden Years are supposed to be carefree, but sometimes the challenges of growing old can be depressing. At worst, they seem downright unfair,” says Rebecca Weber, CEO of the Association of Mature American Citizens (AMAC).

Weber cites, as an example, the complications of what used to be the simple task of getting your driver’s license renewed. “It’s a breeze for younger drivers. They can get their new licenses by mail or online and in many states their licenses are good for ten years. Not so for too many older citizens. Many states require in person renewal procedures for older applicants in their 60s and 70s and will only issue renewal licenses for a maximum of five years and a minimum of one to two years. Specific state by state license renewal information is available on the Website [Insure.Com](http://Insure.Com).”

And, the AMAC chief notes that more and more states appear to be planning license renewal restrictions on older drivers. As the National Conference of State Legislatures (NCSL) put it: “While older drivers have lower crash rates reported to the police, the likelihood of seniors being involved in a fatal crash goes up after age 70. Nine states are considering legislation on older driver issues in 2015, with Nevada and Virginia enacting new laws. A number of states considered legislation dealing with medical fitness.”

Meanwhile, notes Weber, seniors seem to be a target of choice not just for scammers but for “legitimate” commercial enterprises. “For example, timeshare predators seem to aggressively target the elderly, using extreme deceptive and exhausting sales practices that coerce customers into signing up for timeshares – a technique that may be particularly effective on the elderly.”

But, she warns, even those timeshares that are

purchased willingly can be cause for concern due to maintenance fees, which may seem affordable enough at first but, which can become onerous as the years go on.

As consumer advocate Dave Ramsey describes it: "The average annual maintenance fee is \$1,000. But the surprise comes when you find out the fees go up every year, often much faster than the normal inflation rate. The latest numbers say the increase averages around 4% a year. So, in hard numbers, your original \$1,000 fee could be \$1,477 by year ten – a total increase of around 48%!"

Excessive fees can make timeshare ownership a nightmare, says Weber, particularly if you are an older owner whose resources may be limited. It is one of the key issues targeted for reform by such organizations as The Coalition to Reform Timeshare. The organization says it is actively seeking to impose "a strict code of ethics and transparency" for the industry. ★

# Fitness Centers are Safe and Essential to Combat America's Health Crisis

**By Mary Parra,  
Randle Communications**

**SACRAMENTO, CA (MPG)** - The California Fitness Alliance (CFA) announced that since reopening on June 12, its members have reported no cases of COVID-19 traced to California fitness centers including health clubs, gyms or studios. CFA surveyed 150 fitness operators, representing 785 locations in California, to demonstrate the implementation of its guidelines and superior safety standards have kept its communities safe while providing an essential service to its members and vital jobs to its employees.

“Our survey results show fitness centers are safe due to the standards we are implementing,” said Randy Karr, founding partner of CFA and President and CEO of California Family Fitness. “Survey respondents had more than 5.5 million members check into their facilities between June 12 and July 13, and only .002 percent of those members have tested positive for COVID-19, with no cases reported as a result from visits to fitness centers.”

“We support doing the right thing to flatten the curve, but America is facing a physical and mental health crisis and physical fitness is essential to combat this pandemic,” said Francesca Schuler, founding partner of CFA and CEO of In-Shape Health Clubs. “This is why the California Fitness Alliance worked with Governor Gavin Newsom’s administration to develop standards that would enable fitness centers to stay open safely during the COVID-19 pandemic.”

Under CFA’s “4-W” program to protect and prevent the spread of COVID-19, our participating fitness clubs have members wear masks, work out 6-feet apart, wash their hands before exercising and wipe down the equipment they use when finished. This is in addition to fully complying with or exceeding strict safety standards directed by state and county public health offices for facilities and staff including frequent cleaning, sanitizing, social distancing, physical separation and new check-in procedures.

One in five Americans experiences a mental health issue and physical fitness can be a critical way to combat these issues according to the Journal of Clinical Psychology. Additionally, heart disease is the leading cause of death in the United States – responsible for 340,768 deaths in 2016 and an annual total cost



The California Fitness Alliance (CFA) announced that since reopening on June 12, its members have reported no cases of COVID-19 traced to California fitness centers. Photo courtesy of Janeb13

estimated at \$351.2 billion in 2014-2015. The leading causes of cardiovascular disease are obesity, high blood pressure and lack of physical activity. Forty-seven percent of Americans have at least one risk factor for heart disease.

"Sadly, people with chronic health issues have significantly higher risk of severe illness or death if they do become ill from COVID-19," said Marc Thomas, CFA advisory board member, Co-CEO of Aspyr Holdings and an Orangetheory Fitness Franchisee. "According to the National Institutes of Health, engaging in regular physical activity is critical to preventing heart disease and Type 2 diabetes among other ailments, confirming once again that fitness is an essential business."

In fact, Dr. Hemmal Kothary, the Chief Medical Officer for Dignity Health Central California Division, believes fitness is so essential to mental health that he's joined CFA as a medical advisor.

"Now more than ever, people need routine and healthy ways to deal with things like anxiety, depression and the isolation caused by this pandemic," Kothary said. "The communities created within fitness clubs not only help people maintain motivation for their physical fitness but remind us that we are not alone – even when we are safe and physically distant."

"Our industry takes health very seriously, which is why we implemented strict standards. The results of our survey demonstrate these standards work," said Cory Brightwell, CFA advisory board member and CEO of Chuze Fitness.

"The California Fitness Alliance will continue working with the Governor and local governments to demonstrate that fitness centers are not where infections are spreading." ★

**EVERY OTHER WEEK WE HAVE THE LOWEST PRICES ON FRISKIES** (5.5oz) **OR FANCY FEAST\*** (3oz)  
 \*Compared to All Chain and Local Stores. Regular Prices Only.

**We Beat Almost All Online Prices on Premium Brand Pet Foods.**  
 Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.

# PET CLUB

## FOOD AND SUPPLIES

**EVERYDAY LOW PRICES**  
 Super Discount Prices! Hot Specials & Coupons  
 (No Membership Fees)

We Only Accept ATM, Cash, & Checks COVID-19 HRS: M-F 9-7, SAT 9-7, SUN 10-7 Effective 7/29/20 - 8/4/20

**COUPON**

**FREE PET CLUB**  
**Pet Food Can Lid**  
 with the purchase of pet,  
 fish food or supply.  
 99¢ value  
 PLU 334 CHM  
 Limit 1 Coupon per family  
 Effective 7/29/20 - 8/4/20

**COUPON**

**2 FREE CANS OF CAT FOOD**  
 (5.5 Oz. All Varieties) Friskies  
 (Selected Indoor Included), 9 Lives  
 With Any Purchase of Pet,  
 Fish Food, or Supply PLU 321  
 Limit: 1 Coupon Per Family CHM  
 Effective 7/29/20 - 8/4/20

**Look for Advertised Sale Items Everyweek at www.petclubstores.com**

### BLUE BUFFALO DRY DOG FOOD

- Chicken (Reg. \$11.00 Off) 30 Lb Bag
- Chicken (Large Breed) •Fish & Oatmeal (Reg & Lrg Breed) •Puppy (Reg & Large Breed)
- Senior (Reg & Lrg Breed)
- Lamb & Rice
- Healthy Weight

**\$8 OFF**  
 Our Regular Low Prices!  
 Effective 7/29/20 - 8/4/20

### FRISKIES BUFFET CANNED CAT FOOD

5.5 Oz All Varieties  
**ON SALE Everyday**  
 Limit 2 Cases Per Family  
 Effective 7/29/20 - 8/4/20

### NATURAL BALANCE DRY DOG FOOD

- Ultra Grain Free 26 Lb. •Potato & Duck 26 Lb.
- Fat Dog 28 Lb. •Vegetarian 28 Lb.
- Chicken & Brown Rice 28 Lb.

**SUPER BUY \$5 OFF**  
 Our Super Low Prices  
 Limit 2 Bags Per Family  
 Effective 7/29/20 - 8/4/20

### FUSSIE CAT PREMIUM CANNED CAT FOOD

Black Label Gold Label 2.8 Oz.  
**ON SALE**  
 Limit 2 Cases Per Family  
 Effective 7/29/20 - 8/4/20

### MERRICK'S GRAIN FREE DRY DOG FOOD

- Chicken/Sweet Potato •Duck/Sweet Potato •Buffalo/Sweet Potato •Salmon/Sweet Potato •Venison/Sweet Potato

25 Lb Bag  
 Limit 2 Bags  
**\$10 OFF**  
 OUR REGULAR LOW PRICE!  
 Effective 7/29/20 - 8/4/20

### TIDY CATS SCOOPABLE CAT LITTER

20 Lb Jug  
 •Regular •Unscented  
 Limit 2 Jugs Per Family  
**ON SALE Everyday**  
 Effective 7/29/20 - 8/4/20

### PURINA KIT N' KABOODLE DRY CAT FOOD

16 Lb Bag  
 Limit 2 Bags Per Family  
**\$9.49**  
 Effective 7/29/20 - 8/4/20

### HI-COUNTRY WILD BIRD SEED

20 Lb Bag  
 (Kaytee, 20 Lbs - \$8.99)  
 (Audubon Friends, 20 Lbs - \$5.99)  
 Limit 2 Bags Per Family  
**\$6.99**  
 Effective 7/29/20 - 8/4/20

### MERRICK'S GOURMET CANNED DOG FOOD On Sale

13.2 Oz All Varieties Limit 2 cases  
 28.5-33 Lb Bag  
 Limit 2 Bags  
**SCIENCE DIET DRY DOG FOOD**  
 •Lite \$44.99 •Sensitive Stomach \$49.99 •Perfect Weight \$51.99  
 •Active Maturity

### FRESH STEP CAT LITTER

21 Lb Bag (14 Lb Bag - \$4.49)  
 Limit 2 Bags  
**\$6.49**  
**MILK-BONE DOG BISCUITS**  
 Large 10 Lb Box \$10.99 Flavor Snacks 7 Lb Box \$9.99

### EVERCLEAN PREMIUM CAT LITTER

•ES Unscented •US Ever Fresh •Light Weight (22 Lb.)  
 25 Lb. Box Limit 2 Boxes  
**\$12.99**  
**PESTELL CLUMPING CAT LITTER**  
 40 Lb. Bag Limit 2 Bags  
**\$8.99**

### CHICKEN SOUP FOR THE SOUL DRY CAT FOOD

•Adult •Indoor/Hairball •Weight/Mature Care  
 Kitten 13.5 Lb Bag Limit 2 Bags As Marked  
**20% OFF**  
 OUR SUPER LOW PRICES  
**CORE GRAIN FREE DRY DOG FOOD**  
 22-24 Lb Bag  
 •3 FREE Core Dog Food 12.5 Oz Can With Each purchase  
 Original \$61.99 •Ocean •Reduced Fat \$64.99

### NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD

15 Lb bag Limit 2 Bags  
 Chicken Meal & Rice (\$22.99) •Adult •Senior •Small Breed (\$23.99)  
 Lamb & Rice (Adult & Small Bites) \$23.99  
 30 Lb Bag  
 •Mini-Chunk \$27.99 •Lamb Meal & Rice •Weight Control \$28.99  
 •Large Breed

### SHEBA PERFECT PORTIONS CANNED CAT FOOD

•Paté •Cuts in Gravy  
 2.6 Oz Limit 2 Cases Per Family  
**69¢**  
**NEW OKOCAT CLUMPING WOOD LITTER**  
 Dust Free Natural Paper  
 12.3 Lb  
 •Regular 16.7 lb \$13.00 •Soft Step 11-13 Lb \$19.00 \$17.99

### PETMATE VARI-KENNEL PET KENNELS

All Sizes Including •Top-Load •Fashion Kennels  
**20% OFF**  
 OUR SUPER LOW PRICES  
**PET CENTER CHICKEN BREAST TENDERS**  
 16 Oz Jar •Chicken Nibblers  
 100% Natural \$11.99  
**Brampton SIMPLE SOLUTION TRAINING PADS**  
 23" x 24" 50 Ct Box (Extra Large 50 Ct. \$19.99)  
**KAYTEE FIESTA TREATS**  
 All Varieties  
 •Treat Sticks •Healthy Bite Treats •Pop-A-Rounds •Biscuit Treats •Yo Chips •Yo Dips  
**20% OFF**  
 OUR SUPER LOW PRICES  
**SNUG A ROOZ ALL SOFT PET TOYS**  
 All Varieties  
**RUFF DAWG TOUGH TOYS & GO DOG CHEWGWARD & ROPETEY TOY**  
**20% OFF**  
 OUR SUPER LOW PRICES

### MARINELAND POWER FILTER SALE

MODEL	TANK SIZE	PET CLUB SALE
PENGUIN 100B	20 Gal.	\$17.99
PENGUIN 150B	30 Gal.	\$24.99
PENGUIN 200B	50 Gal.	\$29.99
PENGUIN 350B	75 Gal.	\$39.99



It's My Birthday I'll Lie If I Want To

Slim Randles' HOME COUNTRY

By Rev. James L. Snyder

Through the years, I wrestled with a certain problem. Do I really know my birthday exactly? Do I know the exact day, the exact month, the exact year?

The reason I say this is because my parents are the ones that fed me this personal information. And to be honest, they have not always been truthful with me, I'm sorry to say.

For instance, it took me a long time to realize that Santa Claus was not real. All those years my parents told me that Santa Claus was real and that he was going to bring my presents if I was a good boy. I believed and trusted them.

I still remember the day when I discovered that Santa Claus was not real. When I accosted my parents with this new information, they simply explained it by saying, "Son, we were trying to make your life better and give you something to hope for." Then they would smile and asked me if I liked my Christmas present.

So, if a lie produces good results, it's okay?

Then there was the Easter Bunny. Every year we would celebrate the Easter Bunny.

The day came when I realized The Easter Bunny did not exist.

Again, I accosted my

parents with this new information and explained it by saying, "Son, we just wanted you to have something fun to look forward to."

So, a lie is okay if it ends up with somebody having fun!

As I got older, my favorite was the Tooth Fairy. For every tooth that I could pull, I would get \$0.25 under my pillow that night.

One afternoon, I was looking for something in my parent's bedroom, and I happen to come across a little box full of teeth. They seemed somewhat familiar; in fact, I realized they were my teeth.

Again, I accosted my parents and said, "Why are my teeth in this little box?"

Nervously, my mother and father looked at each other, and then my dad said, "I'm not sure. Maybe the Tooth Fairy dropped it by mistake."

So, were my parents truthful in telling me when my birthday is?

I say all of this to try to understand when it is appropriate to lie.

On my birthday, several people were asking me, "How old are you today?"

So taking some clues from my parents, it might be appropriate for me to spin some lies so everybody is happy and enjoying themselves.

As I was blowing out the birthday cake candles, I said, "I'm not sure how old I am, but I feel like 27." Then everybody would laugh.

Someone said, "What has been your best birthday party?"

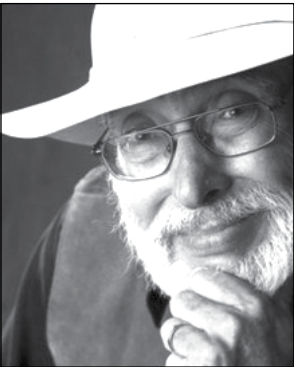
I had some in mind, but I said, "The one I'm having with you guys right now." And everybody laughed.

I spun a few other lies I will not mention now and then looked around at the group, and everybody was having a good time. Based on my parent's example, if people are having a good time, it's okay to lie.

Feeling a little guilty about the day, I happened to read what David said, "Blessed is that man that maketh the Lord his trust, and respecteth not the proud, nor such as turn aside to lies" (Psalm 40:4).

As old as I am, I ought to know that nothing good comes from a lie. My birthday resolution this year is, "I shall lie not, no matter what."

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with the Gracious Mistress of the Parsonage in Silver Springs Shores. Call him at 352-216-3025 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com. ★



Slim Randles

Dud and I had just about finished solving the problems on page one and were about to start solving sports dilemmas when Bert mumbled something. Now Bert, usually loquacious, was in one of his rare, but deadly, silent coffee mornings.

Normally he'd fill the Mule Barn truck stop with his pronouncements on life, love, literature and the price of cauliflower, but not today.

I took a sip and turned to Bert. "You say something, Bert?"

"Seeds and froth," he mumbled.

"Seeds and froth?"

"It's not like it was my fault, you know. What did I do? Hey, sometimes seeds and froth just

### "Seeds and Froth?"

happen to people, and there's no need to jump all over me about it."

Dud and I nodded as if we understood. We assumed more would be coming. It was.

"I mean, is it a crime to own a mule? No. So I own a mule. So seeds and froth come along and the mule owner gets it? Where's the justice in that? Ol' Jack was hungry. Is that a crime now? And is it my fault? I don't think so."

"How is ol' Jack, anyway?" We all knew and loved the stove-up old retired mule that Bert took so much pride in.

"He's in the doghouse big time with Maizie," Bert said. "Why shouldn't she shoulder some responsibility for the seeds and froth? I mean, you could actually give her some of the blame for this mess, you know. She's the one left the car window down."

"Do I have to hurt you, Bert?"

"Huh? Oh, well, see, here's what happened. Maizie did the shopping and drove in the yard, and you know how ol' Jack

likes to be loose and wander around the yard, right? So she took some groceries in the house, but not all of them, and Jack found the passenger window open and when she came back..."

He put his head in his hands.

"How was I supposed to know mules liked watermelon? You guys ever feed watermelon to a mule? Me neither. *Who knew?* By the time Maizie got back for her next load, ol' Jack had eaten about two thirds of that watermelon on the seat.

Man, there were seeds and froth all over the seat, the floor, the door and the mule. And I swear ... I *swear* to you ... he started grinning when he saw her coming back out of the house."

"And I guess you had to clean it up."

He nodded. "Dang mule has the table manners of a two-year-old. When you mix seeds and froth with mule slobber? Well ... don't do it."

**Brought to you by Home Country (the book) at lpd-press.com.** ★



By Marlys Johnsen Norris, Christian Author

This para-carona-virus crisis we are now facing throughout our world, has and is the more serious event any of us have ever had to face in our lives. The possibility of dying is rampant. Who knows where it might strike next? Family members are faced with having someone dear to them die from it, all alone in a hospital room and then, not allowed to even plan the celebration of their life. The question in our minds is why? With so many advancements today, Why is this illness so powerful to kill and affect so many people?

Then, after the unfortunate death of a man of color

## Be A Blessing Today!

in Minnesota, more and more terrible things began to happen. People did so many things to destroy the city by rioting, looting and stealing and setting fires. None of this should have happened, and it appears there is a powerful influence promoting more of it. His name is Satan!

Now . . . we all must do something positive and good to take its place. Possibly not one of those rioters even realized the consequences or that there is a God who loves them! He also holds them accountable for any misdeed to hurt or harm to others. Accountability and Justice require some Consequences for all wrong deeds! They will come one way or another!

Now, we must realize that God does offer us many opportunities! No matter who we are we all need to express our "true

spirit of acceptance and love of others" even when their opinions are different. Yes, no matter what. Then, we will see God perform miraculous healings in our country and the world.

God's Holy Word (Bible) promises blessings in the book of "Revelation". It starts with the blessing for everyone who reads and studies The Book. It is the only book in the Bible offering such unique blessings. **Those who know the words of truth live by and do them!**

**"Blessed is the one who reads and those who hear the words of this prophecy and keep those things which are written in it; for the time (of the end) is near" (Revelation 1:3)**

**Marlys Johnsen Norris**  
Christian Author of 7 Books  
American River Messenger  
Columnist Since 2006  
P.O. Box 114,  
Orangevale, CA ★

YOU'RE INVITED!

Sundays 10:00a.m.

A Purpose Driven Church

"We do Church Differently"

www.nbc4u.org | (916) 992-1997

New Beginnings CHURCH

5510 Diablo Drive  
Sacramento, CA

GRACE BAPTIST CHURCH

Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

SERVICE SCHEDULES

Sunday Schools (All Ages).... 9:45 am

Sunday Worship..... 11:00 am

Sunday Evening..... 6:00 pm

Wednesday Evening..... 7:00 pm

6724 Palm Avenue, Fair Oaks, CA 95628

(Located one block South of Madison; just East of Dewey)

PASTOR CHARLES CARTER

CALL FOR MORE INFORMATION (916) 967-3915 WWW.GBCFAIROAKS.NET

Be a part of something important

Help deliver the news to your neighborhood

We are looking for people who want to deliver newspapers in their neighborhoods.

Provide great customer service to our readers every Friday.

Earn money to help pay those monthly bills.

MPG

Must have a valid California drivers license and current auto insurance. Previous newspaper delivery experience a plus but not required.

Call us today at 916-773-1111

Publisher, Paul V. Scholl

Citrus Heights Messenger is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006

It is the intent of the Citrus Heights Messenger to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Citrus Heights Messenger is not responsible for unsolicited materials. The entire contents of the Citrus Heights Messenger are copyrighted. Ownership of all advertising created and/or composed by the Citrus Heights Messenger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to: Citrus Heights Messenger, 7405 Greenback Lane, #129, Citrus Heights, CA 95610

Subscription rate is \$42 per year in Citrus Heights. Citrus Heights Messenger is published weekly. Call (916) 773-1111 for more information.

MPG

We are proud members of these newspaper associations.

MPG

CALL 916-773-1111 TO ADVERTISE

www.CitrusHeightsMessenger.com



## Amber Waves



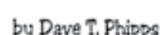
## Out on a Limb



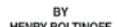
**RED.**



## THEY'LL DO IT EVERY TIME



## HOCUS-FOCUS



Find at least six differences in details between panels.



Differences: 1. Bushes are missing. 2. Apron is different  
different. 3. Earring is missing. 4. Window is smaller.  
5. Man's nose is different. 6. Briefcase is larger.

## Crossword Puzzle on Page 7

C	H	I	L	I		I	S	M			R	A	N	D
L	U	N	A	R		V	I	A		E	O	S	I	N
A	S	C	I	I		A	R	C		Y	U	C	C	A
W	H	A	R	T	O	N		A	L	E	X	I	E	
			D	I	M		D	U	A	L				
T	N	T		S	A	R	I		G	I	F	T	E	D
H	A	I	R		H	O	E	R		D	O	W	R	Y
R	U	B	E		A	T	T	A	R		R	A	I	L
O	R	E	A	D		H	A	K	A		M	I	C	A
B	U	T	L	E	R		R	E	L	Y		N	A	N
				C	O	P	Y		L	E	E			
	W	A	L	K	E	R		P	Y	N	C	H	O	N
T	H	R	O	E		I	L	L		N	O	O	N	E
W	E	I	R	D		N	E	E		E	L	L	I	S
O	N	L	Y			T	U	B		D	I	E	T	S

## STATEPOINT CROSSWORD • AMERICAN LIT

## CLUES

ACROSS

1. Popular cook-off dish
6. School of thought suffix
9. "The Fountainhead" author
13. Example of an eclipse
14. Roman road
15. Red fluorescent dye
16. Binary digits code
17. Part of circle
18. New Mexico's state flower
19. "The Age of Innocence" author
21. "The Absolutely True Diary of a Part-Time Indian" author
23. Not bright
24. Like Roman god Janus
25. Explosive network?
28. Hindu wrap
30. \_\_\_\_\_ and talented
35. Age of Aquarius flick
37. Field worker
39. Olden-day marriage tradition
40. Bumpkin
41. Rose oil
43. Not top-shelf at a bar
44. Artemis' companion
46. Maori war dance
47. Muscovite or biotite
48. "Bloodchild" author
50. Bank on
52. A Bobbsey twin
53. Printer button
55. "To Kill a Mockingbird" author
57. "The Color Purple" author
60. "The Crying of Lot 49" author
64. Spasm of pain
65. Not well
67. Nary a soul
68. Like Al Yankovic
69. Born, in society pages
70. Island off Manhattan
71. "For Your Eyes \_\_\_\_\_"
72. President Taft's addition

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16						17				18			
19					20		21	22					
			23			24							
25	26	27		28		29		30		31	32	33	34
35			36		37			38		39			
40					41			42		43			
44				45		46				47			
48					49		50			51		52	
				53		54		55		56			
	57	58	59				60				61	62	63
64						65	66			67			
68						69				70			
71						72				73			



# Classified Advertising

***Sell Your Stuff!  
Reach 1000's of  
Readers Every Week!***



**916-773-1111**

### Sudoku Puzzle on Page 7

7	4	8	1	5	2	3	9	6
9	1	5	3	4	6	8	7	2
6	2	3	8	9	7	5	1	4
3	7	6	5	2	1	4	8	9
1	8	2	9	6	4	7	5	3
4	5	9	7	8	3	6	2	1
8	6	1	4	7	9	2	3	5
5	3	4	2	1	8	9	6	7
2	9	7	6	3	5	1	4	8

## LEGAL ADS FOR SACRAMENTO COUNTY?



**Call to place your  
legal advertising**

**916-773-1111**

*All Legal Ads Published by Messenger Publishing*



36. Not counterfeit
38. Leaf gathering tool
42. Pep gathering
45. Decorated
49. Kind of caviar
51. Pined
54. Newspapers and such
56. Cause for food recall
57. One of Five Ws
58. Seed coat
59. Type of parrot
60. Commoner
61. Golfer's destination
62. "Put a lid \_\_\_\_\_!"
63. Nessie's loch
64. Pencil type
66. Romanian money



Fill in the blank squares in the grid, making sure that every

**Solutions on Page 7**



BUSINESS DIRECTORY

**LANDSCAPE SERVICES**

**SLS**  
Superior Landscape Services  
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured  
Lic#794551

(916) 728-5812 • Cell (916) 761-0999  
Dave Cochran Owner • dave\_SLS@surewest.net

**MPG**

**IF YOU'RE READING THIS  
SO ARE YOUR CUSTOMERS  
Advertise Your Business Here  
CALL 916-773-1111**

**DRUG AND ALCOHOL REHABILITATION**

**CLEAN & SOBER**  
LIVING  
CSTL, Inc.

HELPING PEOPLE AND THE COMMUNITY WITH  
THE ALCOHOL AND DRUG PROBLEM!  
18 YEARS IN BUSINESS!

DETOX (916) 965-3386      SOBER LIVING (916) 961-2691

**BEAUTY CONSULTANT**

**Natalie Miller**  
Independent Beauty Consultant

MARY KAY.

millernatalie29@yahoo.com  
www.marykay.com/nmiller9625  
916.621.0833

Contact me for a Complimentary Facial

**LET'S FACE IT!**

Some jobs are just too big to do-it-yourself!  
Whatever it is that you need done.  
**Call A Professional.**  
Check out the advertisers on this page. They are waiting to hear from you!

**LET US SAVE YOU TIME & MONEY**

REACH 75+ MILLION READERS WITH ONE ORDER, ONE BILL!

Community Classified 25 words/245+ papers	1x \$650 Statewide \$435 North/\$485 South
Daily Classified 25 words/41 papers/7 days	7 days \$995 \$650 North/\$650 South
CLASSIFIED COMBO 25 words/282+ papers	8 days \$1,270 Statewide
DISPLAY - Community Newspapers 140+ papers Sizes: 2x2; 2x4; 2x5; 2x6	1x \$1,600 2x2 Statewide; \$1,240 2x2 No.; \$1,240 2x2 So.

**CALIFORNIA NEWSPAPERS DELIVER!**  
More Info: Call (916) 288-6011; email cecelia@cnpa.com

**We'd love to help  
your business  
connect with  
our readers.  
Call 916 773-1111**

**GOT LOCAL NEWS?**  
**Call 916 773-1111**

**MPG**  
Messenger Publishing Group

**Land For Sale**

39 ACRE SELF SUFFICIENCY HOMESTEAD - \$182 MONTH - Outstanding buy on quiet - secluded off grid northern Arizona homestead at cool clear 5,800' elev. Entirely useable grassy meadowland with sweeping views of surrounding red rock ridges. Situated within a secluded valley location surrounded by thousands of acres of uninhabited wilderness. Bordered by 1,280 acres of uninhabited State Trust land. Free well water access, rich loam garden soil, and ideal year round climate. No urban noise and dark sky nights. Zoned for livestock. Camping and RV use ok. Maintained road access. On special at \$19,900, \$1,990 dn. with no qualifying seller financing. Free brochure with similar property descriptions, photos/terrain maps/ weather data/ nearby pioneer town info. 1st United Realty 1-800-966-6690. (Cal-SCAN)

Local Classified

**Announcement**

Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of your home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit <http://dorranceinfo.com/Call> (Cal-SCAN)

ENJOY 100% guaranteed, delivered-to-the-door Omaha Steaks! Get 4 FREE Burgers. Order The Griller's Bundle - ONLY \$79.99. 1-877-882-4248 Use Code 63281PAM or [www.OmahaSteaks.com/family06](http://www.OmahaSteaks.com/family06) (Cal-SCAN)

**Classified Advertising**  
**916 773-1111**

**Autos Wanted**

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-491-2884 (Cal-SCAN)

**Classified Advertising**  
**773-1111**

**Cable/Satellite TV**

DIRECTV - Switch and Save! \$39.99/month. Select All-Included Package. 155 Channels. 1000s of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Premium movie channels, FREE for 3 mos! Call 1-888-641-5762. (Cal-SCAN)

**COMPUTER SERVICES**

**Zinsky's**  
PC Configurations  
"Don't replace it - REPAIR IT!"  
Custom Desktop Computer Configurations  
• PC Repair • Home Wireless Networking  
• Installations • Virus & Spyware Eradication

Alan Zinsky  
Phone: 916-622-2269  
[Zconfig@sbglobal.net](mailto:Zconfig@sbglobal.net)  
Bus. Lic. # 305372 • S.E.A.R. Reg. #B4416  
[www.zinskyspcrepair.com](http://www.zinskyspcrepair.com)

**For Rent**

**Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!**

The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"

**Fitness/Yoga**

**Your Fitness Genie**  
19 Years of Experience  
Virtual sessions available soon

**Age Well In Place**  
Avoid Assisted Living  
\*Keep Strength and Mobility  
Be Active, Call Today!  
[Jenn@YourFitnessGenie.com](http://Jenn@YourFitnessGenie.com)  
(916)768-8767

**Financial Services**

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-508-6305. (Cal-SCAN)

Struggling With Your Private Student Loan Payment? New relief programs can reduce your payments. Learn your options. Good credit not necessary. Call the Helpline 866-305-5862 (Mon-Fri 9am-5pm Eastern) (Cal-SCAN)

**Handyman**

**A Quality Home Maintenance**  
Hauling Gutters Cleaned Yardwork One Time Lawn Mowing  
You Name It!  
Scott Lehman  
Gutter Dog  
(916) 613-8359

**Health & Medical**

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

Stay in your home longer with an American Standard Walk-In Bath. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-844-252-0740 (Cal-SCAN)

ATTENTION: OXYGEN USERS! The NEW Inogen One G5. 1-6 flow settings. Designed for 24 hour oxygen use. Compact and Lightweight. Get a Free Info kit today: 1-844-359-3976 (Cal-SCAN)

**HOME IMPROVEMENT - SOLAR**

STOP PAYING HIGH electric bills! Solar is up to 10x cheaper than electric bills! Call Option One Solar Now! 1-833-613-5151 (Cal-SCAN)

**FOR SALE**

Tower Garden Holds 20 plants.  
Call 916 560-9030

**Classified Advertising**  
**916 773-1111**

**Insurance/Health**

**Lowest Prices on Health & Dental Insurance.** We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

**WE SUPPORT OUR MILITARY**

**Landscaping**

**CREATE YOUR PARADISE**

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls-All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial American Landscape Design & Installation, Est 1987 American Construction & Property Maintenance Company  
WE ACCEPT VISA & MASTER CARD  
(916)612-0776  
Lic#690968

**LANDSCAPING**

Summer clean up. One time yard clean up. Mow, weed, prune, haul, rock, bark, and gutters.  
916 205-9310  
916 688-9310

**Valencia's**  
Lawn & Garden  
FREE ESTIMATES  
Affordable Prices  
• Clean up • Valve Repair & Installation  
• Tree Trimming  
• Mulch, Sod & Sprinkler Repair & Installation  
916.277.4270

**Miscellaneous**

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters and more! To learn more, call now! 1-855-702-3408.

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

**Music Lessons**

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. [freddiebbalbert1@gmail.com](mailto:freddiebbalbert1@gmail.com). 530-263-6926 (MPG 12-31-20)

**Painting / Roofing**

**PAINTING**  
BAE.S Painting Service  
House & Apt Interior/Exterior

Flat Roof: Water Leak Repair

Cell: 916 291-6671

20 years of experience

**Pen Pals**

Single male seeks pen pals in Sutter/Butte counties. Interests: natural health, current events and gardening. Reply to Tim 6436 Villa Dr. Sacramento CA 95842.

**Classified Advertising**  
**916 773-1111**

**Pets/Animals**

**DOG RESCUE**  
Gary  
(916) 334-2841  
Please Adopt or Foster  
Because so many really great dogs are dying for a good home...  
ShelterMOU  
@hotmail.com

**Professional, Loving PET SITTING**  
\*Established Reputation  
\*Kennel Free  
\*Lots of TLC  
\*Happy & Safe Environment  
\*Affordable Rate  
Call Madeline  
(916) 723-1608

**Roofing**

**BERNARDINO ROOFING**  
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated, BBB MEMBER!  
\*\*\*FREE ESTIMATES\*\*\*  
SENIOR DISCOUNTS  
Lic.#817945 35 Years Experience  
**916.920.0100**  
[www.bernardinoroofting.com](http://www.bernardinoroofting.com)

**School**

AIRLINE CAREERS Start Here - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 877-205-4138. (Cal-SCAN)

**HALL RENTALS**  
VFW Post 6158

8990 Kruithof Way, Fair Oaks, CA

916-966-1663  
[vfw6158.org/rent-our-hall/](http://vfw6158.org/rent-our-hall/)  
Call or come by

**Classified Advertising**  
**916 773-1111**

**Tree Service**

**BP TREE SERVICES LLC.**

TREE & STUMP REMOVAL  
TREE TRIMMING/ SHAPING  
FREE ESTIMATE  
10% OFF WITH THIS AD  
Insured. Workman's comp. Arborist  
**916-722-6321**  
[BPTreeServices.com](http://BPTreeServices.com)  
VISA / MASTER CARD  
California Contractors Lic #1036031

**Classified Advertising**  
**916-773-1111**

**Work Wanted**

I do garage and house organizing, cleaning, and de-cluttering. Pruning and weeding. I will juice fruit and vegetable juices in your home. Serving Sacramento, Sutter, and Butte counties. References, College grad, security and Health background. Tim, 916-370-0858. (MPG 12-31-20)

**Real Estate**

RETIRED COUPLE \$1 Mil for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company [www.viploan.com](http://www.viploan.com) Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

**RETIRED COUPLE**

Has \$\$\$\$ to lend on California Real Estate\*  
V.I.P. TRUST DEED COMPANY  
OVER 40 YEARS OF FAST FUNDING  
Principal (818) 248-0000 Broker  
[WWW.VIPLAN.COM](http://WWW.VIPLAN.COM) \*Sufficient equity required - no consumer loans  
CA Department of Real Estate License #01041073  
Private Party loans generally have higher interest rates, points & fees than conventional loans

**Classified Advertising**  
**916-773-1111**

**DEMAND JUSTICE**

**Victims of sexual abuse by Catholic clergy have rights.**

While nothing can undo you or your loved one's pain of abuse, many states are giving victims a short time to recover compensation from their abusers and the institutions that enabled them.

If you or someone you love were sexually assaulted by a priest or clergy member, you no longer need to suffer in silence.

**TOGETHER WE CAN HOLD THEM ACCOUNTABLE.**

**Call today for your free, confidential consultation.**

CLERGY ABUSE ATTORNEY HOTLINE  
**800-444-9112**  
ATTORNEY ADVERTISING  
THE MATTHEWS LAW FIRM, PLLC, 250 VALLOMBROSA AVE, SUITE 266  
CHICO, CA 95926





# Dare to Live Without Limits

by Bryan Golden

## If You Don't Know, Ask!



The progress of human-kind has been possible because people are curious and ask questions. From the beginning of time, people have asked why, how, and is there a better way? We have never accepted a situation as permanent. If we had, we would still be living in caves. The sea of knowledge is infinite. Asking questions is the key to getting answers.

Children embody this. They are the epitome of curiosity. Kids ask questions about anything and everything. Their world is a mystery waiting to be unraveled. Children have an insatiable thirst for knowledge. They want to know why, why not, what for, how, and when. Getting into the habit of regularly asking questions connects you with the inexhaustible quest for knowledge you had as a child.

Yet, in spite of the proven value of questions, there are those who never question anything. They accept their circumstances as inevitable. They don't seek to enhance their understanding of a situation. There is no curiosity as to ways of improving their effectiveness in reaching goals.

There will always be much more that you don't know, compared to what you do know. So, ask questions to get the information or answers you need. The learning process is dependent on asking questions. Asking questions is a sign of intelligence. Intelligent people are identifiable by the questions they ask. Not

asking questions keeps you ignorant.

All smart, accomplished individuals ask lots of questions. They never accept the status quo. They constantly seek more information. Their curiosity knows no bounds. The top experts and specialists in every field always seek to increase their knowledge by asking questions. Asking the right questions is how you get pertinent information.

Have you been asked to do something at work but didn't understand why? Did you wonder why there were certain procedures you had to follow? Has a doctor given you information which didn't make sense? Have you been curious as to why a part on your car broke? Were you ever unsure of how to tackle a problem? Asking questions broadens your perspective. You learn more than you realize.

Never hesitate to ask questions of anyone. A person's willingness to answer questions is an indication of their level of expertise. Those who are confident in their knowledge are happy to provide explanations when asked. A person who isn't willing to answer questions may not be a good source of reliable information.

Questions are especially essential when you are given information which doesn't make sense. Don't simply accept information because the source claims to be knowledgeable. Be wary if the person giving you the information claims

you shouldn't question it. Legitimate information will always hold up to scrutiny.

The process of formulating questions requires a great deal of thought. It greatly accelerates the learning process. Your brain becomes stronger through use. Formulating a question requires you to analyze a problem and consider various perspectives.

A questioning mind is always thinking. You are looking for underlying concepts. You want to comprehend the reason for doing something a certain way. You are interested in people's motivation.

Understanding why and when something is done is just as important in knowing how to do it. Even when you have a well-developed skill, use questions to explore how you can boost your expertise. There is usually a way to do something better or more efficiently.

Asking questions gives you valuable insights you would not otherwise have. Don't allow anyone to inhibit your questions through intimidation. Asking questions is a skill which improves with practice.

**NOW AVAILABLE:** *"Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columunist.com](mailto:bryan@columunist.com) or write him c/o this paper.* ©2020 Bryan Golden ★

# Ask Toni

## Does Medicare Cover "Expensive" Injections in Doctor's Office?



Toni King

Toni:

I have been laid off this week with my current employer's benefits ending August 31. I turn 65 in August and will be enrolling in Medicare. My employer group health plan currently has an HSA with a high deductible of \$3,000 which I meet early in the year due to my health issues. The biggest medical expense is shots that I receive from 2 doctors. One is a shot for macular degeneration which is over \$2,000 per shot. It does not take me too many treatments to make the \$3000 deductible. The other is for allergy shots taken monthly from my allergist that are not too expensive. My concern is how does Medicare pay for these 2 medical procedures?

~ Sherry  
from San Antonio, TX

Great question, Sherry:

In the Medicare and You handbook, it discusses "What does Medicare Part B cover?" It states that Medicare Part B "helps to cover **medically necessary** doctors' services, outpatient care, home health services, durable medical equipment and other medical services.

Many preventative services and other medical services covered under Part B are discussed in the Medicare and You handbook.

Sherry, you mentioned that you have a concern about whether the expensive macular degeneration shot for your eye and the allergy testing and shots can be covered under Medicare Part B. If these procedures are **medically necessary**, then Medicare will pay for those procedures.

**"Medically necessary"** as defined by Medicare means "health-care services or supplies needed to prevent, diagnose, or treat an illness, injury, condition, disease, or its symptoms and that meet accepted standards of medicine."

Under "Doctor and other health care provider services", the handbook states that "Medicare covers medically necessary doctor services (including outpatient services and some doctor services you get when you're a hospital inpatient) and covered preventative services. Medicare covers other health care providers like physician assistants, nurse practitioners, social workers, physical therapists and psychologists.

During a Toni Says® Medicare consultation, we always verify that your prescriptions included medical injections during an office visits such as your expensive macular degeneration medications are covered on your Medicare Part D plan if for some reason, Medicare will not allow the medical injection to be covered during an office visit.

Discuss your macular degeneration eye procedure with your doctor's office manager because you may **not** need to order the prescription from a pharmacy preventing using

your Medicare Part D prescription drug plan and possibly going into the Donut Hole.

The Medicare handbook states that "if you're in a Medicare Advantage Plan (like an HMO or PPO) or have other insurance, your costs may be different. Contact your plan to find out the costs." Verify if your Medicare Advantage Plan will cover your injections or shots or will it be covered in that specific MAPD plan's Medicare Part D plan.

The 2020 Part B medical/doctor deductible is \$198 with Medicare paying 80% of the Medicare approved amount and you (the Medicare beneficiary) paying 20% of the Medicare approved amount.

To help pay for the 20% out of pocket after the \$198 deductible, many enrolled in Medicare chose a Medicare Supplement to help defray the Medicare Parts A and B deductibles and out of pocket charges. With a Medicare Supplement, Sherry, you will have low or no out of pocket for Medicare medically necessary approved amounts.

Have questions regarding Medicare plan changes, email the Toni Says® team at [info@tonisays.com](mailto:info@tonisays.com).


In August, due to America's social distancing issues, the Toni Says Confused about Medicare workshops will be conducted via online webinars (zoom meetings). More information *coming soon*.

*Toni King, author of the Medicare Survival Guide® is giving a \$5 discount on the Medicare Survival Guide® Advanced book and bundle packages for the Toni Says® newspaper article readers at [www.tonisays.com](http://www.tonisays.com)* ★

# Crime Reports

## Citrus Heights Police Report

July 21<sup>st</sup>  
July 24<sup>th</sup>



**07/21/2020** • Time: 7:14 AM • IR Number: 12005799  
Crime: **211 PC: Robbery**  
Location Type: Liquor Store • Public Address: 62xx Auburn  
Agency: Citrus Heights Police Department

**07/22/2020** • Time: 2:24 AM • IR Number: 12005936  
Crime: **10852 VC: Tamper With Vehicle**  
Location Type: Long Haul Trailer • Public Address: 78xx Greenback Ln  
Agency: Citrus Heights Police Department

**07/22/2020** • Time: 7:55 PM • IR Number: 12005941  
Crime: **487(a) PC: Grnd Thft:prop/Etc \$950+**  
Location Type: Street/Highway • Public Address: 61xx Birdcage St  
Agency: Citrus Heights Police Department

**07/22/2020** • Time: 4:00 PM • IR Number: 12005890  
Crime: **10851(A) VC: Vehicle Theft**  
Location Type: Parking Lot • Public Address: 73xx Auburn Oaks Ct  
Agency: Citrus Heights Police Department

**07/22/2020** • Time: 7:50 AM • IR Number: 12005816  
Crime: **211 PC: Robbery**  
Location Type: Grocery Store • Public Address: 73xx Greenback Ln  
Agency: Citrus Heights Police Department

**07/22/2020** • Time: 9:00 PM • IR Number: 12005921  
Crime: **10851(A) VC: Vehicle Theft**  
Location Type: Duplex/4plex • Public Address: 63xx San Benito Wy  
Agency: Citrus Heights Police Department

**07/23/2020** • Time: 1:45 PM • IR Number: 12005946  
Crime: **484(A) PC: Petty Theft**  
Location Type: Parking Lot • Public Address: 62xx Desimone Ln  
Agency: Citrus Heights Police Department

**07/24/2020** • Time: 10:35 AM • IR Number: 12005968  
Crime: **484(A) PC: Petty Theft**  
Location Type: Street/Highway • Public Address: 74xx Saybrook Dr  
Agency: Citrus Heights Police Department

**07/24/2020** • Time: 10:35 AM • IR Number: 12005968  
Crime: **484(A) PC: Petty Theft**  
Location Type: Street/Highway • Public Address: 74xx Saybrook Dr  
Agency: Citrus Heights Police Department

## Find more info at [citrusheights.net](http://citrusheights.net)

# Social Security Matters

## About Working While Collecting Social Security



By Russell Gloor,  
AMAC Certified Social Security Advisor

**Dear Rusty:** In 2019 I was out of work for an extended period. I was eligible to begin receiving retirement benefits (at age 63) and started to do so in August. My part time job was limited so it did not conflict with my Social Security amount, but in October through the end of 2019 I went back to my old industry at four times the pay rate. My understanding is that I will need to pay Social Security back about \$1.40 for every benefit dollar they have paid me while I worked at the higher wage. When and how is that paid? **Signed: Part Time Again**

Dear Part Time Again: If you started your Social Security benefits in August of last year at age 63, for the remainder of 2019 you were subject to the "first year rule" which means you had a monthly earnings limit of \$1,470 after your benefit started. If you exceeded that monthly limit starting in October of 2019 and for the rest of the year, you won't be entitled to benefits for the months of October, November and December. Social Security will consider that an overpayment, and they will want you to repay all those benefits to them. However, if it would be to your advantage to do so,



you can request that Social Security use the annual earnings limit for 2019, instead of the monthly limit. For example, if using the 2019 annual earnings limit (\$17,640) would result in a smaller impact to your benefits, Social Security may accommodate your request to use the annual limit. Depending upon your total earnings in 2019, you may want to consider asking that the annual earnings limit be used, instead of the monthly limit, when determining your 2019 impact for exceeding the earnings limit.

Starting in 2020 you'll be subject to an annual limit of \$18,240 (limit changes yearly). If you exceed the annual limit, SS will take back benefits equal to \$1 for every \$2 you are over the limit. If you've again stopped working at the higher amount, and now only working part-time and won't earn more than \$18,240 for this year, you'll not be subject to the annual limit. But exceeding the 2019 monthly limit last year will still affect you.

You will receive a form from Social Security asking you to specify your 2019 income month by month for the months you were receiving benefits. Since you exceeded the monthly limit from October through December, they'll be asking you to repay all of the benefits you received for those months. They will give you the option of either repaying them in full in a lump sum, or they will recover what you owe by

withholding your monthly benefits until the overpayment is satisfied. That will mean you'll go some months without benefits, the number of months dependent upon your monthly benefit amount and how much you owe them. Remember, you have the option to request the annual limit if it will benefit you.

Though you'll lose benefits for some number of months now, when you reach your full retirement age (66 years and 4 months) they will automatically give you time credit for the number of months they withheld benefits and move your SS claim date forward. That will increase your monthly benefit amount slightly, and you'll get that slightly higher benefit for the rest of your life.

One final point: In the year you reach your full retirement age the annual earnings limit will go up by about 2.5 times and the penalty for exceeding it will be less (\$1 for every \$3 over the limit). And when you reach your full retirement age the earnings limit goes away entirely.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).* ★



Legal Advertising Hotline  
916-483-2299  
Legal Advertising Fax  
916-773-2999

LEGAL ADVERTISING  
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95609

TRUSTEE SALE NOTICES

NOTICE OF TRUSTEE'S SALE  
Title Order No. 91215538 Trustee  
Sale No. 20573 Account No. 19588  
YOU ARE IN DEFAULT UNDER  
A NOTICE OF DELINQUENT  
ASSESSMENT DATED  
11/14/2019. UNLESS YOU  
TAKE ACTION TO PROTECT  
YOUR PROPERTY, IT MAY BE  
SOLD AT A PUBLIC SALE. IF  
YOU NEED AN EXPLANATION  
OF THE NATURE OF THE  
PROCEEDINGS AGAINST  
YOU, YOU SHOULD CONTACT  
A LAWYER. On 08/21/2020  
at 02:00PM, SUNRISE  
ASSESSMENT SERVICES, as the  
duly appointed Trustee pursuant to  
Notice of Delinquent Assessment,  
Recorded on 11/15/2019, as  
Instrument # 201911150815 of  
Official Records in the Office of  
the Recorder of SACRAMENTO  
County, California, property owned  
by: SALLY J. ALLEN. WILL SELL  
AT PUBLIC AUCTION TO THE  
HIGHEST BIDDER FOR CASH  
(payable at time of sale in lawful  
money of the United States, by  
cash, a cashier's check drawn by  
a state or national bank, a check  
drawn by a state or federal credit  
union, or a check drawn by a  
state or federal savings and loan  
association, savings association,  
or savings bank specified in  
section 5102 of the Financial Code  
and authorized to do business in  
this state). At: At the main entrance  
to the County Courthouse, 720 9th  
Street, Sacramento, CA 95814, all  
right, title and interest under said  
Notice of Delinquent Assessment  
in the property situated in said  
County, describing the land  
therein: APN: 243-0390-029-0000  
THIS SALE IS SUBJECT TO A 90  
DAY RIGHT OF REDEMPTION.  
The street address and other  
common designation, if any, of the  
real property described above is  
purported to be: 7308 VILLA DEL  
SOL LANE, CITRUS HEIGHTS,  
CA 95610 The undersigned  
Trustee disclaims any liability for  
any incorrectness of the street  
address and other common  
designation, if any, shown herein.  
Said sale will be made, but without  
covenant or warranty, expressed  
or implied, regarding title,  
possession, or encumbrances,  
to pay the remaining principal  
sum due under said Notice of  
Delinquent Assessment, with  
interest thereon, as provided in said  
notice, advances, if any, estimated  
fees, charges and expenses of  
the Trustee, to-wit: \$33,050.63  
Estimated. Accrued interest and  
additional advances, if any, will  
increase this figure prior to sale.  
The claimant under said Notice of  
Delinquent Assessment heretofore  
executed and delivered to the  
undersigned a written Declaration

CITY OF CITRUS HEIGHTS  
NOTICE OF PROPOSED ORDINANCES

ORDINANCE NO. 2020-006

AN ORDINANCE OF THE CITY COUNCIL AND THE PEOPLE OF THE  
CITY OF CITRUS HEIGHTS, CALIFORNIA ADDING ARTICLE VI  
(TRANSACTIONS AND USE TAX) TO CHAPTER 86 OF THE CITRUS  
HEIGHTS MUNICIPAL CODE

The foregoing is a summary of an ordinance proposed to be adopted by the City Council  
of the City of Citrus Heights at its meeting of **August 13, 2020**.

THE CITY COUNCIL AND THE PEOPLE OF THE CITY OF CITRUS HEIGHTS,  
CALIFORNIA, CALIFORNIA DO ORDAIN AS FOLLOWS:

SECTION 1. Article VI (Transactions and Use Tax) is hereby added to Chapter  
86 of the Citrus Heights Municipal Code to read as follows:

ARTICLE VI--TRANSACTIONS AND USE TAX

Section 86-171 Title

This Article shall be known as the "City of Citrus Heights Transactions (Sales)  
and Use Tax Ordinance of 2020." The City of Citrus Heights hereinafter shall be  
called "City." This Article shall be applicable in the incorporated territory of the  
City.

Section 86-172 Operative Date

"Operative Date" means the first day of the first calendar quarter commencing  
more than 110 days after the adoption of this Article.

The full text of the proposed ordinance is available in the City Clerk's Office, 6360  
Fountain Square Drive, Citrus Heights, CA 95621, (916) 727-4704 or  
www.citrusheights.net.

Amy Van  
City Clerk

Citrus Heights Messenger 7-31-2020

of Default and Demand for Sale,  
and a written Notice of Default and  
Election to Sell. The undersigned  
caused said Notice of Default and  
Election to Sell to be recorded  
in the county where the real  
property is located and more than  
three months have elapsed since  
such recordation. NOTICE TO  
POTENTIAL BIDDERS: If you are  
considering bidding on this property  
lien, you should understand  
that there are risks involved in  
bidding at a trustee auction. You  
will be bidding on a lien, not on  
the property itself. Placing the  
highest bid at a trustee auction  
does not automatically entitle you  
to free and clear ownership of  
the property. You should also be  
aware that the lien being auctioned  
off may be a junior lien. If you are  
the highest bidder at the auction,  
you are or may be responsible for  
paying off all liens senior to the  
lien being auctioned off, before  
you can receive clear title to the  
property. You are encouraged to  
investigate the existence, priority,  
and size of outstanding liens that  
may exist on this property by  
contacting the county recorder's  
office or a title insurance company,  
either of which may charge you  
a fee for this information. If you  
consult either of these resources,  
you should be aware that the  
same lender may hold more  
than one mortgage or deed of  
trust on the property. NOTICE  
TO PROPERTY OWNER: The  
sale date shown on this notice of  
sale may be postponed one or  
more times by the mortgagee,

beneficiary, trustee, or a court,  
pursuant to Section 2924g of the  
California Civil Code. The law  
requires that information about  
trustee sale postponements be  
made available to you and to the  
public, as a courtesy to those not  
present at the sale. If you wish to  
learn whether your sale date has  
been postponed, and, if applicable,  
the rescheduled time and date  
for the sale of this property, you  
may call (916) 939-0772, using  
the file number assigned to this  
case 20573. Information about  
postponements that are very short  
in duration or that occur close in  
time to the scheduled sale may  
not immediately be reflected in  
the telephone information or on  
the Internet Web site. The best  
way to verify postponement  
information is to attend the  
scheduled sale. NOTICE: THIS  
COMMUNICATION IS FROM  
A DEBT COLLECTOR. THIS IS  
AN ATTEMPT TO COLLECT A  
DEBT, AND ANY INFORMATION  
OBTAINED FROM YOU WILL BE  
USED FOR THAT PURPOSE.  
Date: 07/14/2020 SUNRISE  
ASSESSMENT SERVICES  
11707 Fair Oaks Blvd., Suite  
202 Fair Oaks, CA 95628 Sale  
Information Line: (916) 939-  
0772 or www.nationwideposting.  
com TARA CAMPBELL, ASST.  
VICE PRESIDENT NPP0370868  
To: CITRUS HEIGHTS  
MESSENGER PUB: 07/31/2020,  
08/07/2020, 08/14/2020

RESOLUTION NO. 2020-080

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS,  
CALIFORNIA, FOR THE INTENTION TO LEVY AND COLLECT ASSESSMENTS  
FOR FISCAL YEAR 2020/2021 FOR THE CITRUS HEIGHTS LIGHTING DISTRICT

WHEREAS, on July 23, 2020, the City Council (the "Council") of the City of Citrus  
Heights (the "City") adopted RESOLUTION NO. 2020-079 initiating proceedings pursuant to the  
Landscaping and Lighting Act of 1972, being California Streets and Highways Code sections  
22500 et seq. (the "Act"), to levy and collect assessments for fiscal year 2020/2021 for the City of  
Citrus Heights Lighting District;

WHEREAS, the City Engineer has prepared and filed with the City Clerk a report for  
fiscal year 2020/2021 (the "Engineer's Report") in accordance with the Act; and

WHEREAS, the establishment or approval of the assessments proposed by this resolution  
will be for the purpose of meeting operating expenses and purchasing supplies, equipment, or  
materials necessary to maintain service within existing service areas.

NOW, THEREFORE, BE IT RESOLVED AND ORDERED, that the City of Citrus  
Heights hereby declares that:

**Section 1. Recitals.** The foregoing recitals are true and correct and this Council so finds  
and determines.

**Section 2. Approval of Engineer's Report.** This Council hereby approves the Engineer's  
Report as filed.

**Section 3. Declaration of Intention.** This Council hereby declares its intention to order  
the levy and collection of assessments for the City of Citrus Heights Lighting District.

**Section 4. Description of Improvements.** The Citrus Heights Lighting District's activities  
shall consist of the operation and maintenance of all lighting improvements and facilities within  
the city which are currently maintained and serviced through the Citrus Heights Lighting  
District, including highway safety lights and street lights. Highway safety lights are those lights  
located at intersections, on major streets and along the rear of properties that abut major streets.  
Street lights are all lights not designated as highway safety lights, and primarily consist of local  
street lighting.

**Section 5. Location of District.** The Citrus Heights Lighting District is described in the  
Engineer's Report and is the entire area within the Citrus Heights city limits.

**Section 6. Reference to Engineer's Report for Particulars.** A full and detailed description  
of the improvements, the boundaries of the assessment district, and the proposed assessments upon  
assessable lots and parcels of land within the district is set forth in the Engineer's Report. The  
Engineer's Report is on file in the City Clerk's office, 6360 Fountain Square Drive, Citrus Heights,  
CA 95621, and is available for review by any interested member of the public during normal  
business hours.

**Section 7. Notice of Public Hearing.** On Thursday, August 13, 2020 at 7:00 p.m., or as  
soon thereafter as the matter may be heard, at 6360 Fountain Square Drive, Citrus Heights,  
California, 95621, the City Council shall hold a public hearing on the levy of the proposed  
assessments.

**Section 8. Publication of Resolution.** The City Clerk is directed to give notice of the  
public hearing by publication of this Resolution of Intention once in a newspaper of general  
circulation not less than 10 days before the date of the public hearing.

**Section 9. Amount of Assessment.** The City does not propose to increase the assessments  
above last year's amounts for the Citrus Heights Lighting District.

**Section 10. Effective Date.** This resolution shall take effect from and after the date of its  
passage.

The City Clerk shall certify the passage and adoption of this Resolution and enter it  
into the book of original resolutions.

PASSED AND ADOPTED by the City Council of the City of Citrus Heights, California,  
this 23<sup>rd</sup> day of July, 2020 by the following vote, to wit:

AYES:	Council Members:	Bruins, Daniels, Middleton, Miller, Slowey
NOES:	Council Members:	None
ABSTAIN:	Council Members:	None
ABSENT:	Council Members:	None

Jeff Slowey, Mayor

ATTEST:

Amy Van, City Clerk

Citrus Heights Messenger 7-31-2020

RESOLUTION 2020-078

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS,  
CALIFORNIA, FOR THE INTENTION TO LEVY AND COLLECT ASSESSMENTS FOR  
FISCAL YEAR 2020/2021 FOR LANDSCAPE MAINTENANCE ASSESSMENT  
DISTRICT No. 97-01 (ZONES 1, 2, 3 and 4)

WHEREAS, on July 23, 2020, the City Council (the "Council") of the City of Citrus Heights  
(the "City") adopted Resolution No. 2020-077 initiating proceedings pursuant to the Landscaping and  
Lighting Act of 1972, being California Streets and Highways Code sections 22500 et seq. (the "Act"),  
to levy and collect assessments for Fiscal Year 2020/2021 for the City of Citrus Heights Landscape  
Maintenance Assessment District No. 97-01;

WHEREAS, the City Engineer has prepared and filed with the City Clerk a report for Fiscal  
Year 2020/2021 (the "Engineer's Report") in accordance with the Act; and

WHEREAS, the establishment or approval of the assessments proposed by this resolution will  
be for the purpose of meeting operating expenses and purchasing supplies, equipment, or materials  
necessary to maintain service within existing service areas.

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of Citrus Heights  
as follows:

**Section 1. Recitals.** The foregoing recitals are true and correct and this Council so finds and  
determines.

**Section 2. Approval of Engineer's Report.** This Council hereby approves the Engineer's Report  
as filed.

**Section 3. Declaration of Intention.** This Council hereby declares its intention to order the levy  
and collection of assessments for the City of Citrus Heights Landscape Maintenance Assessment District  
No. 97-01.

**Section 4. Description of Improvements.** The maintenance to be financed by assessments levied  
in the City of Citrus Heights Landscape Maintenance Assessment District No. 97-01 consist of street  
corridor landscape and open space vegetation maintenance, including tree, shrub, lawn, and ground cover  
care; weed control; pruning; fertilization; litter removal; tree and shrub well maintenance; and irrigation  
system inspections and repairs.

**Section 5. Location of District.** The Landscape Maintenance Assessment District No. 97-01  
includes the territories described in Figures 1.1, 2.1, 3.1, and 4.1 of the Engineer's Report.

**Section 6. Reference to Engineer's Report for Particulars.** A full and detailed description of the  
improvements, the boundaries of the assessment district, and the proposed assessments upon assessable  
lots and parcels of land within the district is set forth in the Engineer's Report. The Engineer's Report  
is on file in the City Clerk's office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, and is  
available for review by any interested member of the public during normal business hours.

**Section 7. Notice of Public Hearing.** On Thursday, August 13, 2020 at 7:00 p.m., or as soon  
thereafter as the matter may be heard, at the Citrus Heights City Hall Council Chambers, 6360 Fountain  
Square Drive, Citrus Heights, California, 95621 the City Council shall hold a public hearing on the levy  
of the proposed assessments. The City does not propose to increase the assessments above last year's  
amounts for Zones 1, 2, 3, and 4 of Landscape Maintenance Assessment District 97-01.

**Section 8. Publication of Resolution.** The City Clerk is directed to give notice of the public  
hearing by publication of this Resolution of Intention once in a newspaper of general circulation not less  
than 10 days before the date of the public hearing.

**Section 9. Amount of Assessment.** The City does not propose to increase the assessment above  
last year's amount for Zones 1, 2, 3, and 4.

**Section 10. Effective Date.** This resolution shall take effect from and after the date of its passage.

PASSED AND ADOPTED by the City Council of the City of Citrus Heights, California, this  
23<sup>rd</sup> day of July 2020, by the following vote to wit:

AYES:	Council Members:	Bruins, Daniels, Middleton, Miller, Slowey
NOES:	Council Members:	None
ABSTAIN:	Council Members:	None
ABSENT:	Council Members:	None

Jeff Slowey, Mayor

ATTEST:

Amy Van, City Clerk

Citrus Heights Messenger 7-31-2020

RESOLUTION NO. 2020-076

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS,  
CALIFORNIA, FOR THE INTENTION TO LEVY AND COLLECT ASSESSMENTS FOR  
FISCAL YEAR 2020/2021 FOR LANDSCAPE MAINTENANCE ASSESSMENT  
DISTRICT No. 03-01 (ZONES 1 AND 2)

WHEREAS, on July 23, 2020, the City Council (the "Council") of the City of Citrus Heights (the "City")  
adopted RESOLUTION NO. 2020-073 initiating proceedings pursuant to the Landscaping and Lighting Act of  
1972, being California Streets and Highways Code sections 22500 et seq. (the "Act"), to levy and collect  
assessments for Fiscal Year 2020/2021 for the City of Citrus Heights Landscape Maintenance Assessment District  
No. 03-01 (Zones 1 & 2);

WHEREAS, the City Engineer has prepared and filed with the City Clerk a report for Fiscal Year  
2020/2021 (the "Engineer's Report") in accordance with the Act; and

WHEREAS, the establishment or approval of the assessments proposed by this resolution will be for the  
purpose of meeting operating expenses and purchasing supplies, equipment, or materials necessary to maintain  
service within existing service areas.

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of Citrus Heights as follows:

**Section 1. Recitals.** The foregoing recitals are true and correct and this Council so finds and determines.

**Section 2. Approval of Engineer's Report.** This Council hereby approves the Engineer's Report as filed.

**Section 3. Declaration of Intention.** This Council hereby declares its intention to order the levy and  
collection of assessments for the City of Citrus Heights Landscape Maintenance Assessment District No. 03-01.

**Section 4. Description of Improvements.** The improvements to be financed by assessments levied in the  
City of Citrus Heights Landscape Maintenance Assessment District No. 03-01 include street maintenance and  
repairs of corridor landscape, sound walls, and open space including tree, shrub, lawn, and ground cover care;  
weed control; pruning; fertilization; litter removal; tree and shrub well maintenance; irrigation system inspections  
and repairs; graffiti removal; detention basins; wetlands; pedestrian bridge; pedestrian trail; trail lighting; bus  
stops; park trails; cable fencing; and lighting. Detailed description is provided in the Engineer's Report.

**Section 5. Location of District.** The Landscape Maintenance Assessment District No. 03-01 includes the  
territories described in Figures 4.1 and 5.1 of the Engineer's Report for LMADs 98-01, 98-02 and 03-01.

**Section 6. Reference to Engineer's Report for Particulars.** A full and detailed description of the  
improvements, the boundaries of the assessment district, and the proposed assessments upon assessable lots  
and parcels of land within the district is set forth in the Engineer's Report. The Engineer's Report is on file in the City  
Clerk's office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, and is available for review by any  
interested member of the public during normal business hours.

**Section 7. Notice of Public Hearing.** On Thursday, August 13, 2020 at 7:00 p.m., or as soon thereafter  
as the matter may be heard, at 6360 Fountain Square Drive, Citrus Heights, California 95621 the City Council  
shall hold a public hearing on the levy of the proposed assessments.

**Section 8. Publication of Resolution.** The City Clerk is directed to give notice of the public hearing by  
publication of this Resolution of Intention once in a newspaper of general circulation not less than 10 days before  
the date of the public hearing.

**Section 9. Amount of Assessment.** The City does not propose to increase the assessment above last  
year's amount for Landscape Maintenance Assessment District 03-01.

**Section 10. Effective Date.** This resolution shall take effect from and after the date of its passage.

PASSED AND ADOPTED by the City Council of the City of Citrus Heights, California, this 23<sup>rd</sup> day  
of July, 2020 by the following vote, to wit:

AYES:	Council Members:	Bruins, Daniels, Middleton, Miller, Slowey
NOES:	Council Members:	None
ABSTAIN:	Council Members:	None
ABSENT:	Council Members:	None

Jeff Slowey, Mayor

ATTEST:

Amy Van, City Clerk

Citrus Heights Messenger 7-31-2020



# City Council Approves Sales Tax Measure for November Ballot

Continued from page 1

said Citrus Heights must overcome these challenges on its own.

With a limited budget, the City knew expenditures needed to align with community needs. So, last year the City Council asked staff to identify community priorities through an extensive public engagement process. Citrus Heights Economic Development and Communications Manager Meghan Huber said based on surveys of thousands of residents, community members view public safety, improved infrastructure, and fiscal stability as high priorities.

To explain the importance of public safety, Citrus Heights Police Chief Ron Lawrence touted his department's record of addressing homelessness and reducing crime in the city. But he said the current funding levels are "not sustainable. ... We simply cannot maintain high-quality service on a long-term basis without adequate funding." Chief Lawrence cited various programs that have already been suspended due to lack of staff and resources.

Regina Cave, operations manager of the General Services Department, spoke to the Council about the state of Citrus Heights' infrastructure, explaining that the city's roads are in dire need of investment, and the current funding levels are not sufficient. Cave explained that unless improvements are undertaken, roadway conditions will worsen while the costs of deferred maintenance will compound annually, costing the City more in the long-term.

EMC Research, a third-party scientific research and polling firm, conducted

telephone surveys in June 2020 to gauge residents' level of support for a possible sales tax measure. They presented their findings to the Council, stating that up to 71% of respondents (with a margin of error of 4.88%) would support a measure to increase local control and maintain essential services.

EMC's data are based on responses from 404 residents, which is just 0.5% out of a total population of approximately 88,000.

Members of the public called in to the meeting or submitted comments to share their views on a proposed sales tax – half in favor of the measure and half opposed. Those in favor stated that the tax is necessary to continue the quality of life and level of service they expect as residents of Citrus Heights. Bill Van Duker said, "If we want to thrive going forward, we have to do it ourselves. ... We're at a crossroads. We can either cut and struggle, or we can give our city the resources to do the things that will help us excel."

Albert Fox said he supports the measure because it would fund projects that will improve the city: "We collect it, we control it, and we determine its use."

The residents who spoke in opposition to the measure argued that it was not the right time to impose a tax when many residents are already struggling due to COVID-19 shutdowns. Bruce Lee, president of the Sacramento Taxpayers Association, said the measure is a regressive tax that would hurt low-income communities.

Joseph Solinsky stated, "Austerity is the better tool to address budget shortfalls when people are

unemployed, not the hardship of additional expense." He suggested implementing cost-saving measures such as delaying wage increases, city improvements, and capital expenditures.

Councilmember Bret Daniels acknowledged that the City has made an effort at cost containment but said more must be done, expressing concern that the tax would hurt local businesses and residents already struggling during a difficult time. Councilmember Daniels also said he doesn't believe the measure would pass if put on the ballot, so he can't support it at this time.

Councilmember Jeannie Bruins supported the measure, citing data from the community surveys: "Our public is telling us what they want. Our public is telling us that they would support the funding to do this." She said, "These increased revenues are essential."

Councilmember Steve Miller said, "I believe this measure, if passed, will be a catalyst and a sound investment by our citizens to move our city to the next level. It will allow us not to just survive, but to thrive."

Councilmember Porsche Middleton agreed: "We have an opportunity in front of us to kind of rewrite our destiny and our future – a future where we're not limited or dependent upon funding outside of our community."

Mayor Jeff Slowey supported putting the measure on the ballot: "I think it's right for the people to decide."

The resolution passed 4-1, with Councilmember Daniels dissenting, so the proposed sales tax measure will be put to the voters this November. ★

## LETTER TO THE EDITOR

### Link The Crime Back to Serving Time

Written by Sacramento County Supervisor Sue Frost

A discussion taking place amidst the COVID-19 pandemic is the reduction of jail populations due to the high risk of spreading COVID-19 in the jails. Most recently, the Governor's office announced a further reduction of the state's prisoner population by 8,000. For many people in my District, these actions receive great concern for public safety implications. As an assurance, announcements about releases remind the public that prisoners being released are strictly non-violent offenders. But are they really?

California has a history of creating policies answering the call for criminal justice reform that reduces penalties and jail populations. On the surface, that sounds fine. Overcrowding in jails and prisons is a serious problem, and if we can reduce those populations by revisiting what society deems worthy of a stay in jail, why not do just that? The problem though, is that it is not exactly what has occurred in the past. Violent crimes have been redefined to omit actions I think most people would agree should merit some serious jail time.

Measures like Proposition 47, Proposition 57, and AB 109, have left crimes like domestic violence, rape of an unconscious person, and the trafficking of children out of what constitutes a violent crime when considering parole. To me and others, that is a ghastly omission. And since the implementation of those measures, California has seen a steady increase in violent crimes, particularly in the most populous cities. It is not difficult to draw a line from the release of violent criminals to an increase in violent crimes.

Fortunately, Californians will have the opportunity to rectify the situation moving forward. The Reducing Crime and Keeping California Safe Act of 2020

will be on the ballot as Proposition 20. Proposition 20 will restore violent crimes, such as felony assault with a deadly weapon, back to being considered violent crimes, and prevent the early release of some of California's most dangerous criminals.

Proposition 20 has other components to address rising crime rates in California, including theft. Many I have heard of and even witnessed individuals running out of stores with stolen goods with no fear of consequences because if they steal less than \$950, under Proposition 47, it is not a felony, and therefore more trouble to prosecute than it is worth. Proposition 20 will change that to make the 3rd time being caught stealing over \$250 worth of goods a felony. This will address the increase in theft seen since the implementation of the "criminal justice reforms."

Among the reforms of Proposition 20, there are also changes to the parole process and acquisition of DNA from criminals. DNA continues to be invaluable in solving unsolvable crimes. Increased use of DNA can not only reveal the guilty but exonerate the innocent. What Proposition 20 does not do is put the pin back in the grenade. We cannot retroactively send people back to jail, and we do not need to do that in all cases. What we can do is make sure that California becomes safer moving forward. Keeping violent criminals off the streets for as long as possible seems to me like the best way to start.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. ★



**LEGAL ADS FOR SACRAMENTO COUNTY?**  
**We Can Do That!**  
Call to place your legal advertising **916-773-1111**  
*All Legal Ads Published by Messenger Publishing*

**Legal Advertising Hotline**  
**916-483-2299**  
**Legal Advertising Fax**  
**916-773-2999**

**LEGAL ADVERTISING**  
*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984*  
*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969*  
*Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535–March 12, 2020*

**Legal Advertising**  
**7144 Fair Oaks Blvd #5**  
**Carmichael, CA 95609**

#### RESOLUTION NO. 2020-075

##### A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS, CALIFORNIA, FOR THE INTENTION TO LEVY AND COLLECT ASSESSMENTS FOR FISCAL YEAR 2020/2021 FOR LANDSCAPE MAINTENANCE ASSESSMENT DISTRICT No. 98-02 (ZONES 1, 2 & 3)

**WHEREAS**, on July 23, 2020, the City Council (the "Council") of the City of Citrus Heights (the "City") adopted RESOLUTION NO. 2020-072 initiating proceedings pursuant to the Landscaping and Lighting Act of 1972, being California Streets and Highways Code sections 22500 *et seq.* (the "Act"), to levy and collect assessments for Fiscal Year 2020/2021 for the City of Citrus Heights Landscape Maintenance Assessment District No. 98-02 (Zones 1, 2 & 3);

**WHEREAS**, the City Engineer has prepared and filed with the City Clerk a report for Fiscal Year 2020/2021 (the "Engineer's Report") in accordance with the Act; and

**WHEREAS**, the establishment or approval of the assessments proposed by this resolution will be for the purpose of meeting operating expenses and purchasing supplies, equipment, or materials necessary to maintain service within existing service areas.

**NOW, THEREFORE, BE IT RESOLVED** by the City Council of the City of Citrus Heights as follows:

**Section 1. Recitals.** The foregoing recitals are true and correct and this Council so finds and determines.

**Section 2. Approval of Engineer's Report.** This Council hereby approves the Engineer's Report as filed.

**Section 3. Declaration of Intention.** This Council hereby declares its intention to order the levy and collection of assessments for the City of Citrus Heights Landscape Maintenance Assessment District No. 98-02.

**Section 4. Description of Improvements.** The maintenance to be financed by assessments levied in the City of Citrus Heights Landscape Maintenance Assessment District No. 98-02 consist of street maintenance and repairs of corridor landscape, masonry walls, detention basins, and pedestrian pathways including tree, shrub, lawn, and ground cover care; weed control; pruning; fertilization; litter removal; tree and shrub well maintenance; irrigation system inspections and repairs; and graffiti removal. Detailed description is provided in the Engineer's Report.

**Section 5. Location of District.** The Landscape Maintenance Assessment District No. 98-02 includes the territories described in Figures 2.1 and 3.1 of the Engineer's Report for LMADs 98-01, 98-02, and 03-01.

**Section 6. Reference to Engineer's Report for Particulars.** A full and detailed description of the improvements, the boundaries of the assessment district, and the proposed assessments upon assessable lots and parcels of land within the district is set forth in the Engineer's Report. The Engineer's Report is on file in the City Clerk's office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, and is available for review by any interested member of the public during normal business hours.

**Section 7. Notice of Public Hearing.** On Thursday, August 13, 2020 at 7:00 p.m., or as soon thereafter as the matter may be heard, at 6360 Fountain Square Drive, Citrus Heights, California 95621 the City Council shall hold a public hearing on the levy of the proposed assessments.

**Section 8. Publication of Resolution.** The City Clerk is directed to give notice of the public hearing by publication of this Resolution of Intention once in a newspaper of general circulation not less than 10 days before the date of the public hearing.

**Section 9. Amount of Assessment.** The City does not propose to increase the assessment above last year's amount for Landscape Maintenance Assessment District 98-02.

**Section 10. Effective Date.** This resolution shall take effect from and after the date of its passage.

**PASSED AND ADOPTED** by the City Council of the City of Citrus Heights, California, this 23rd day of July, 2020 by the following vote, to wit:

<b>AYES:</b>	<b>Council Members:</b>	<b>Bruins, Daniels, Middleton, Miller, Slowey</b>
<b>NOES:</b>	<b>Council Members:</b>	<b>None</b>
<b>ABSTAIN:</b>	<b>Council Members:</b>	<b>None</b>
<b>ABSENT:</b>	<b>Council Members:</b>	<b>None</b>

ATTEST: 

Jeff Slowey, Mayor

Amy Van, City Clerk

Citrus Heights Messenger 7-31-2020

#### RESOLUTION NO. 2020-074

##### A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS, CALIFORNIA, FOR THE INTENTION TO LEVY AND COLLECT ASSESSMENTS FOR FISCAL YEAR 2020/2021 FOR LANDSCAPE MAINTENANCE ASSESSMENT DISTRICT No. 98-01

**WHEREAS**, on July 23, 2020, the City Council (the "Council") of the City of Citrus Heights (the "City") adopted RESOLUTION NO. 2020-071 initiating proceedings pursuant to the Landscaping and Lighting Act of 1972, being California Streets and Highways Code sections 22500 *et seq.* (the "Act"), to levy and collect assessments for Fiscal Year 2020/2021 for the City of Citrus Heights Landscape Maintenance Assessment District No. 98-01;

**WHEREAS**, the City Engineer has prepared and filed with the City Clerk a report for Fiscal Year 2020/2021 (the "Engineer's Report") in accordance with the Act; and

**WHEREAS**, the establishment or approval of the assessments proposed by this resolution will be for the purpose of meeting operating expenses and purchasing supplies, equipment, or materials necessary to maintain service within existing service areas.

**NOW, THEREFORE, BE IT RESOLVED** by the City Council of the City of Citrus Heights as follows:

**Section 1. Recitals.** The foregoing recitals are true and correct and this Council so finds and determines.

**Section 2. Approval of Engineer's Report.** This Council hereby approves the Engineer's Report as filed.

**Section 3. Declaration of Intention.** This Council hereby declares its intention to order the levy and collection of assessments for the City of Citrus Heights Landscape Maintenance Assessment District No. 98-01.

**Section 4. Description of Improvements.** The maintenance to be financed by assessments levied in the City of Citrus Heights Landscape Maintenance Assessment District No. 98-01 consist of street corridor landscape and sound wall maintenance, including tree, shrub, lawn, and ground cover care; weed control; pruning; fertilization; litter removal; tree and shrub well maintenance; irrigation system inspections and repairs; graffiti removal; and sound wall repair. Detailed description is provided in the Engineer's Report.

**Section 5. Location of District.** The Landscape Maintenance Assessment District No. 98-01 includes the territory described in Figure 1.1 of the Engineer's Report for 98-01, 98-02, and 03-01.

**Section 6. Reference to Engineer's Report for Particulars.** A full and detailed description of the improvements, the boundaries of the assessment district, and the proposed assessments upon assessable lots and parcels of land within the district is set forth in the Engineer's Report. The Engineer's Report is on file in the City Clerk's office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, and is available for review by any interested member of the public during normal business hours.

**Section 7. Notice of Public Hearing.** On Thursday, August 13, 2020 at 7:00 p.m., or as soon thereafter as the matter may be heard, at 6360 Fountain Square Drive, Citrus Heights, California 95621 the City Council shall hold a public hearing on the levy of the proposed assessments.

**Section 8. Publication of Resolution.** The City Clerk is directed to give notice of the public hearing by publication of this Resolution of Intention once in a newspaper of general circulation not less than 10 days before the date of the public hearing.

**Section 9. Amount of Assessment.** The City does not propose to increase the assessment above last year's amount for Landscape Maintenance Assessment District 98-01.

**Section 10. Effective Date.** This resolution shall take effect from and after the date of its passage.

**PASSED AND ADOPTED** by the City Council of the City of Citrus Heights, California, this 23rd day of July, 2020 by the following vote, to wit:

<b>AYES:</b>	<b>Council Members:</b>	<b>Bruins, Daniels, Middleton, Miller, Slowey</b>
<b>NOES:</b>	<b>Council Members:</b>	<b>None</b>
<b>ABSTAIN:</b>	<b>Council Members:</b>	<b>None</b>
<b>ABSENT:</b>	<b>Council Members:</b>	<b>None</b>

ATTEST: 

Jeff Slowey, Mayor

Amy Van, City Clerk

Citrus Heights Messenger 7-31-2020



# SAFE Credit Union’s Erica Dias Named 2020 OWL Award Winner



Erica Dias SAFE Credit Union’s Vice President for Marketing, Community Banking, and Communications. Photo: SAFE Credit Union

By Carole Ferguson,  
SAFE Credit Union

**SACRAMENTO REGION, CA (MPG)** - When Erica Dias was hired as SAFE Credit Union’s Vice President Marketing, Community Banking, and Communications in April 2019, she brought a game-changing strategy that not only reshaped the departments she led but also a fundamental shift in how the entire \$3.5 billion credit union approaches goal-setting and corporate strategy.

She supports SAFE Credit Union’s growth through an omni-channelled approach including advertising, marketing, in-person outreach, targeted social media, and other opportunities as they arise. She pulled from her years of leading marketing and sales efforts at some of the larger employers in the Greater Sacramento area to lead these improvements at SAFE. That diversity of experience and nimbleness acquired through a career of various challenges and opportunities fuels Dias’ expertise in helping SAFE navigate the multi-pronged health, safety, and financial issues the COVID-19 pandemic poses to SAFE members and the community.

For her business and community achievements, Dias was recently named the Executive Woman Award Winner at the 2020 OWL Awards granted by the

Sacramento Valley chapter of the National Association of Women Business Owners.

“It’s such an honor to be recognized among my peers,” Dias said about the OWL Award. “I believe it’s essential that women raise each other up and support one another to ensure that our voices are heard and we can bring our effective, collaborating style of leadership to our businesses and organizations.”

Dias takes her role as a leader seriously in her career and in the community, understanding that it’s important to show up and be present to effect necessary change to bring equity, pay parity, and for all women to have a greater voice in their communities. She tirelessly works toward those goals by serving as campaign chair of the 2020 Women on Boards Sacramento, as a director on the board of PBS/KVIE, and as Chair of the Santa Clara University Alumni for Others. She helps shape the next generation of entrepreneurs and business leaders through her work as an adjunct professor and guest lecturer on HR Management, Marketing, Economics, Entrepreneurship as well as being a coach for Social Venture Partners’ Sacramento Fast Pitch.

She directly serves the community through her volunteerism and board positions with the Salvation Army Women’s Auxiliary, and Saint John’s Program for Change.

Dias finds synergy between her personal commitment to improving the well-being of her community with SAFE Credit Union’s mission focused on people helping people. SAFE is dedicated to the financial well-being of its members and the communities it serves. Dias directly works with the SAFE teams that oversee direct philanthropy to local organizations promoting

health, education, and veterans services, as well as providing no-cost financial education to Sacramento-area residents and to staff at some of the region’s largest employers. The credit union also is providing direct relief to its members during the pandemic with no- to low-cost personal loans, deferred loan payments, waived fees, a convenient appointment setting system, and expanded financial education programs to help those experiencing financial challenges.

SAFE works with local nonprofits to match credit union leaders with open board positions to help deepen SAFE’s commitment to the community as well as lend its staff’s expertise to nonprofits’ success.

The OWL Awards were established by the National Association of Women Business Owners (NAWBO) Sacramento Valley chapter to acknowledge and celebrate exemplary women leaders within the business community. The event has become a regional tradition, paying tribute to top women entrepreneurs and corporate leaders who have advanced the status of entrepreneurial excellence and community leadership.

The NAWBO Sacramento Valley Chapter is the region’s premier organization and voice for women business owners and is affiliated with a number of the area’s business and community organizations. Its goals are to provide women business owners with appropriate educational, social, economic and political programs to assist them in making effective changes in their business culture, including, building strategic business alliances and affiliations, influencing opinion makers and strengthening the wealth building capacity of our members. ★

# California Health and Human Services Agency Announces New Plans for COVID-19 Testing

California Department of Public Health News Release

**SACRAMENTO, CA (MPG)** - California Health and Human Services Secretary Dr. Mark Ghaly announced new plans for COVID-19 testing in California, including updated testing guidance, new requirements for health plans to cover testing, and the new co-chairs of the state’s COVID-19 Testing Task Force.

“Testing is a critical tool that helps us diagnose and treat those who become infected by COVID-19. Testing also helps us understand how COVID-19 moves through our communities so we can identify areas where transmission is occurring... We are redoubling our commitment to ensure testing remains a top priority for California,” said Dr. Ghaly. “Our testing capacity has increased exponentially in recent months. At the same time, new national supply chain challenges and large volumes of specimens sent to commercial laboratories have resulted in growing delays in processing times. Consequently, it is critical we continue to be deliberate and creative about testing. We must do this so that testing is readily available and affordable to those who need it, especially those communities experiencing the worst impacts of COVID-19 and those who are at the highest risk. Testing is a responsibility of our entire healthcare delivery system. Clinics, doctors, and other care sites should provide convenient testing to their patients who need a test.”

The announcements include:  
**Testing Prioritization**

The California Department of Public Health released updated testing guidance that focuses on testing hospitalized individuals with signs or symptoms of COVID-19 and people being tested as part of the investigation and management of outbreaks, including contact tracing. The testing guidance also prioritizes individuals who have COVID-19 symptoms and individuals without symptoms who fall into high-risk categories, including people who live and work in nursing homes, homeless shelters and prisons, healthcare workers, and patients in hospitals. The new guidance will ensure that Californians who

most need tests get them even if there are limited supplies.

**New Testing Task Force  
Co-Chairs and Goals**


Two new co-chairs will lead California’s Testing Task Force, the state’s private-public partnership that has taken the lead role in expanding both the collection and processing of specimens for COVID-19 testing. Leading the task force starting immediately are Dr. Gilbert Chavez, founding chief of the California Department of Public Health’s Center for Infectious Diseases, and Dr. Bechara Choucair, senior vice president and chief health officer for Kaiser Foundation Health Plan, Inc. Chavez, the state’s former epidemiologist who has led the response to disease outbreak and emerging health threats, is coming out of retirement to help lead the task force. Dr. Choucair oversees Kaiser’s efforts focused on addressing the social health of its 12.4 million members and the 68 million people who live in the communities it serves.

The task force, which was launched in April, created testing locations where there were none, expanded laboratory capability and helped build a testing supply pipeline, scaling up from just 2,000 tests per day to more than 100,000 tests per day. Under the leadership of Chavez and Choucair, the task force will recommend testing priorities, continue to create equitable access to testing and support for state-operated community testing sites, and review options to lower overall testing costs.

**Health Plan Coverage of Testing**

To help ensure that testing is widely available to all Californians, the state is working collaboratively with health insurers to provide reimbursement for testing and with private providers to create additional in-office testing capacity. With more providers performing tests in the office rather than referring patients to labs or testing sites, the state would have more resources to focus on underserved and high-risk populations. The state is preparing to file emergency regulations that will classify COVID-19 testing as medically necessary urgent care for essential health workers and people with symptoms of or possible exposure to COVID-19. ★






CITRUS  
HEIGHTS

Solid roots. New growth.

DISTANCE SOCIALLY  
EAT LOCALLY

SUPPORT  
LOCAL  
LOVE

Citrus Heights



Citrus Heights restaurants open  
for takeout and delivery:

CitrusHeights.net/ShopLocal

Now Weekly!

1. Guaranteed Delivery of the Citrus Heights Messenger

2. One Month Free Membership from QUICK QUACK Car Wash

(Minimum \$799 Value)

Get a great deal  
on this one year  
subscription for only:

\$42<sup>00</sup>



YES! START MY SUBSCRIPTION NOW!

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_ EMAIL \_\_\_\_\_  
(OPTIONAL)

MAIL YOUR PAYMENT TO:  
MESSENGER PUBLISHING GROUP  
7144 FAIR OAKS BOULEVARD, SUITE 5  
CARMICHAEL, CA 95608

CHM  
\*Some delivery  
restrictions  
may apply.

As a valued Citrus Heights Messenger subscriber, you receive  
the newspaper every week to either your home or business.

IT’S THE PERFECT COMBINATION!

Offer available to new and current subscribers. To take advantage  
of this unique opportunity please call (916) 773-1111.