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Marks 20 Years of
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Citrus Heights Messenger

VOLUME 10 • ISSUE 20

Serving the City of Citrus Heights & Sacramento County

MAY 15, 2020

**SEE
INSIDE**

**MAY IS
MOTORCYCLE
SAFETY
AWARENESS**



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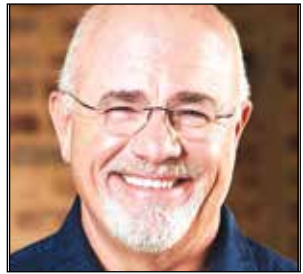
**SAN JUAN UNIFIED
HIGH SCHOOLS TO
HOLD VIRTUAL
GRADUATIONS**



PAGE 3

**GO AHEAD,
KNOCK IT OUT**

By Dave Ramsey



PAGE 10



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San Juan High School Celebrates Teachers with a Car Parade



Above: San Juan High School celebrates Staff Appreciation Week with a car parade through the neighborhood. Right: After months spent apart, San Juan High School staff and their families were excited to see each other and their students for a socially distanced celebration. Photo provided by San Juan High School.

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - Due to the COVID-19 pandemic, schools in the San Juan Unified School District (SJUSD) have been shut down for the last two months. After ensuring that students have computer and Wi-Fi access, teachers at San Juan High School (SJHS) have been helping their students transition to distance learning — which will continue through the end of this school year.

Jennifer Hill, vice principal of SJHS, said, “We are a small school with a close-knit staff, and although we’re Zooming, emailing, texting, and calling each other and our students regularly, we’ve still felt disconnected. The morale has been a little low for everyone, I’m sure.”

Hill was looking for a way to boost morale for Staff Appreciation
Continued on page 4



Hundreds of Healthcare Workers Surprised at Mercy San Juan



From left to right: Cecilia Sandoval, Human Resources Director; Kerri Dupray (the community member who coordinated it all); Michael Korpiel, Hospital President; Andrew Blaskovich, Drewski's food truck owner; and Daryn Kumar, VP Chief Operating Officer. Photo: Dignity Health

By Yessenia Anderson,
Dignity Health

SACRAMENTO REGION, CA (MPG) - On Monday, April 27, a large hot rod themed food truck rolled onto the Mercy San Juan Medical Center campus to deliver an unexpected, but much appreciated, gesture of thanks. Over 800 staff members were treated to lunch catered

by Drewski's gourmet food truck. It was all made possible through a collective effort led by Kerri Dupray, a neighbor of the hospital looking to give back to local health workers on the front lines of the COVID-19 pandemic. “Dr. Lalchandani and your staff saved my father's life 15 years ago! We are so grateful for all of you! You're all our heroes!” said Kerri.

Kerri rallied family and friends to pitch in to be able to provide lunch for Mercy San Juan staff and worked with Andrew Blaskovich, Drewski's food truck owner, who generously provided the meals at a large discount to support this cause stating, “It was the right thing to do.” “Right now our home life is challenged through the shelter in place order and at work

we're confronted with a completely unprecedented crisis and so the support of our colleagues and leaders has been critical but we would've never expected an outpouring of community support like how we've received and we can't thank everyone enough — it's what keeps us going. We do it all for you,” said Virginia Owens, Mercy San Juan RN. ★

From Homeless to Housed

A Citrus Heights
Winter Sanctuary
Success Story

By Derek Corea,
Citrus Heights HART

CITRUS HEIGHTS, CA (MPG) - We first met *Ernie sleeping in a parking lot. Like many of our homeless neighbors, Ernie was stuck in a cycle. Addiction, an unsteady support system, failed employment opportunities, an unfavorable housing market, and a string of bad breaks had left Ernie homeless in Citrus Heights for over 10 years. “He was a guest at winter sanctuary for 3 years in a row,” said Homeless Outreach Navigator Toni Morgan. “We knew Ernie wasn't ready for housing when we first met in 2017, he was still working on his addiction and trust issues.” Toni, who works with our homeless neighbors throughout their transition to a life of permanent housing, is familiar with the struggle of peeling away the barriers and deep-seated distrust of social programs necessary to disrupt the cycle of homelessness.

Since 2016, The Citrus Heights Homeless Assistance Resource Team (HART), Winter Sanctuary Program has become a place where our homeless neighbors can begin reintegrating back into the community. Here, they are given dinner and breakfast prepared and distributed by community volunteers; main-line resources by Toni and other service providers, medical care, and, most importantly, the option to spend the night, 7 days a week during the coldest months of the year. The Winter Sanctuary is dedicated to providing people like Ernie a community of support - a phone number to call when struggling or a friend to help with a rental application.

It was no surprise when Toni and other HART volunteers were the first to congratulate Ernie in celebrating his 100-day sobriety accomplishment in April, 2020. Once Ernie began and continued down the path of sobriety, “we all knew he was serious about getting off the street,” said Toni.

For many, the Winter Sanctuary marks a transition period. A period where the rules of formal living such as having to walk outside to smoke a cigarette become familiar. “After living on the street for so long, it's hard for people to adjust to our normal way of things. Incredibly, many find sleeping on a comfortable mattress to be a difficult adjustment.”

Continued on page 3

Read More at www.CitrusHeightsMessenger.com

Keep Green Metal Transformer Boxes Clear of Obstructions



Water Forum members have made significant progress toward meeting the goals of providing a safe water supply and preserving the region's wildlife. Photo: Water Forum

more about the Water Forum's work at www.waterforum.org. ★

Twenty years later, Water Forum members have made significant progress toward meeting the co-equal goals of providing a reliable and safe water supply for

Remember also during this time of heightened concern over COVID-19, if you see our field personnel out, please greet them from afar with a thumbs up or a wave. “SMUD’s guiding principle is safety for our employees and the public” said Frankie

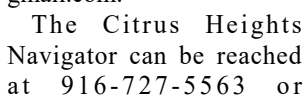
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San Juan Unified High Schools to Hold Virtual Graduation Ceremonies

*Last name omitted to



HART is also seeking landlords willing to have their rental property serve as transitional housing for their clients. Sacramento Self-Help Housing can be reached at 916-341-0593.★

In order to make this year's virtual ceremonies a success, work must begin soon including making sure our graduates have items such as caps and gowns, cords, and other items tied to graduation. Each high school will be contacting its seniors in the coming weeks to arrange for item pick-up and provide further details about the

Congratulations again to the graduating Class of 2020 - we look forward to celebrating you!

Visit www.sanjuan.edu/2020 for the latest graduation-related information, including frequently asked questions. ★

Folding chairs will be provided for those who want to sit but there will be no mandatory seating arrangements. We would love to have you here but if you are concerned about your health and do not want to attend—we understand. We are hoping that there will not be a problem with having a ceremony since according to the latest we will be off of our stay in place restrictions on Friday, May 22. ★

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San Juan High School Celebrates Staff with Car Parade



San Juan High School staff decorate their vehicles to tell students how much they are missed during the school shutdown. Photo provided by San Juan High School.

Continued from page 1

Week, and former SJHS principal Vanessa Adolphson (promoted in January to SJUSD Director of Special Education) encouraged her to reach out to community partners for help. Hill immediately thought of Texas Roadhouse: “We’ve successfully partnered with them before for other school-wide events.”

Joseph Sevier, Texas Roadhouse managing partner, suggested a neighborhood car parade that concluded at Texas Roadhouse, where SJHS staff could pick up discounted meals (paid for by the school) for themselves and their families.

On Friday, May 8, teachers and staff, along with many of their family members, met in a parking lot at the school to decorate their vehicles. The parade route

followed Mariposa Ave. up to Trillby Crt. and then back to the school. Participants threw candy and spirit gear to students and their families along the route before heading to Texas Roadhouse for curbside take-out of their Staff Appreciation meals. Hill said, “It was a lot of fun and I know it meant a lot to our staff to be able to see their students and families.”

At a time when many people in the community are struggling with the isolation of social distancing, this parade created a sense of connection and celebration – lifting the spirits of both staff and students. “I work with an amazing staff who is not only hard working but also deeply caring about our students,” said Hill. “I am blessed to be their vice principal, perhaps now more than ever.” ★

Society for the Blind Receives \$25K from Granite Bay Whitmire Foundation

By Kristin Thébaud, Thébaud Comm.

SACRAMENTO, CA (MPG) - Society for the Blind recently received \$25,000 from M&M Whitmire Family Foundation in Granite Bay to provide classes and training for seniors with vision loss and blindness. The grant will fund the group’s Senior IMPACT Project that empowers people age 55 and older with alternative, non-visual techniques and skills that enable them to perform day-to-day tasks and activities so they can maintain or increase independence.

“Our Senior IMPACT Project is life-changing for the growing number of seniors in the Sacramento region who find themselves losing their vision and are unsure of how to continue living independently,” said Shari Roeseler, executive director, Society for the Blind. “Increasingly, more seniors are still working and need to learn how to do their jobs using non-visual techniques. Thanks to this funding from the M&M Whitmire Family Foundation, hundreds of seniors with vision loss can live life to the fullest.”

The Senior IMPACT Project includes an eight-day retreat offered monthly at Society for the Blind that gives seniors an immersion experience where they learn alternative techniques and skills to travel safely, efficiently and independently. They practice alternative techniques and use adapted tools to perform tasks of daily living including cooking, cleaning, shopping, home maintenance, organization, personal finance and more. They learn how to use



Students in Society for the Blind’s Senior IMPACT Project enjoy a meal after learning to cook in the group’s new teaching kitchen, one of the skills funded by a grant from M&M Whitmire Family Foundation. Photo: Thébaud Communications

the latest in assistive technology to operate computers and mobile devices for home, school and work, and they learn Braille. Participants receive individualized attention from instructors and mentors who are blind or low vision, and they have the opportunity to join in discussion groups with peers on issues around vision loss and participate in community activities. For those unable to attend retreats, Society for the Blind sends instructors to their homes to teach skills and offer resources. The Senior IMPACT Project includes monthly peer support groups for English and Spanish speakers and workshops throughout the year.

“On behalf of the M&M Whitmire Family Foundation, I would like to thank Society for the Blind for letting our foundation be a part of such a great organization,” said Jessika Cano, director of senior outreach at the foundation. “Blindness comes in various degrees and knows no discrimination. It is something that all can experience in some degree, and something we can adapt to and still have productive and great lives. Society for the Blind makes this possible by

having amazing programs and a wide range of tools with great employees and volunteers willing to teach. Thanks again to Society for the Blind for continuing their support and care within our community now and in the years to come.”

For 66 years, Society for the Blind has created innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Society for the Blind has grown from a dedicated group of volunteers to a nationally recognized agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of northern California. The nonprofit provides low-vision eye care, life and job skills training, mentorship, and access to tools to maintain independence for nearly 6,000 youth, working-age adults and seniors experiencing vision loss each year. For more information or to make a donation, visit SocietyfortheBlind.org.

M&M Whitmire Family Foundation’s mission is to assist children in need and senior care within the Sacramento area. ★



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New Partnership Provides Innovative Support to Sacramento Filmmakers

Access Sacramento Press Release

SACRAMENTO, CA (MPG) - The 21st annual “A Place Called Sacramento” Film Festival will feature an entirely online Cast and Crew Call experience, thanks to a partnership between Access Sacramento and long-time “A Place Called Sacramento” Film Festival sponsor, Casting Calls America.

“Given what our nation is dealing with right now, we were extremely worried the actors and crew members who annually volunteer to make these films wouldn’t get the chance to be on the big screen,” said Gary Martin, Film Festival Director and Access Sacramento Executive Director. “We’re thrilled our long-time sponsor Casting Calls America has stepped up to help us with a technology solution.”

FilmFestO, a division of Casting Calls America, developed a new website and app, <https://pcs.greenlit.app>, exclusively for the “A Place Called Sacramento” Film Festival. Through the app, volunteer actors and technicians will be able to interact with the 10 winning filmmakers as they are announced May 20, and to submit their information online, free of charge, just as if they were at the traditional in-person cast and crew call.

According to Brian Jagger, Chief Innovation Officer for Casting Calls America, this means talent and crew will be able to submit directly to the 10 “A Place Called Sacramento” films, online and free of charge.

“Having started in Sacramento with Sacramento Casting (SacCasting.com), we are excited to help Access Sacramento keep this important local film festival moving forward,” said Jagger. “Actors and crew will be able to submit their profiles directly to the producers through this innovative app.”

The app will also stream the live television show on May 20, 2020 from Access Sacramento's TV studios in real time as 10 new writers turn into producers with the opportunity to have their 10-minute scripts turned into movies on the big screen and on cable television.

“This opportunity to support filmmakers with a virtual event wouldn’t have been possible without the support of



Previously an instant audition was recorded at the Live Cast and Crew call, but now performers can upload a short clip to show their interest.
Photo: Access Sacramento

FilmFestO,” said Martin. “The Casting Calls America team has been so accommodating in creating an app experience that allows volunteers and filmmakers to get connected so easily.”

Volunteer actors and technicians can begin immediately importing their contact information, pictures and even an instant on-camera audition in preparation for learning what this year's filmmakers will need to produce their films.

Another unique aspect of the app, pcs.greenlit.app, is that it is a Progressive Web App (PWA) which means it can be used and accessed through any device, using the device's browser, so there is no app store download required and those using a desktop computer can also use the app.

The announcement of this year’s 10

winning writers on May 20th is the culmination of a writing and selection process with three rounds of blind judging to select the top scripts. In 20 previous years, 197 original 10-minute films all about a place called Sacramento have made their world premieres as part of the festival.

This year’s “A Place Called Sacramento” Film Festival is scheduled for a one-day red-carpet event on Sat. Oct. 5 at the historic Crest Theatre in downtown Sacramento, subject to change depending on current health guidelines surrounding the Coronavirus pandemic.

About Access Sacramento: Access Sacramento is the 32-year nonprofit local cable broadcaster and community media center serving Sacramento County with two public access cable channels and low-power

community radio station KUBU-LP 96.5 FM. Membership provides training classes and access to checkout equipment and TV or radio studio access. As a 501(c3) foundation, Access Sacramento’s primary funding is from the Sacramento Metropolitan Cable Television Commission

About Casting Calls America: Casting Calls America is the leading provider of regionally-focused casting websites. Casting Calls America’s professional talent listing software websites allow local acting and modeling talent to submit their complete talent profiles through their software to local, regional, and national casting calls posted through the platform. Casting Calls America is bonded in California and is proudly accredited by the Better Business Bureau. ★

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Citrus Heights Police Report

May 2nd
May 11th



05/2/2020 • Time: 3:24 PM • IR Number: 12003551
Crime: **459 PC: Burglary - Commercial**
Location Type: Mobile Home • Public Address: 59xx Auburn
Agency: Citrus Heights Police Department

05/4/2020 • Time: 11:28 PM • IR Number: 12003606
Crime: **211 PC: Robbery**
Location Type: Grocery Store • Public Address: 69xx Sunrise
Agency: Citrus Heights Police Department

05/5/2020 • Time: 5:39 AM • IR Number: 12003619
Crime: **459 PC: Burglary - Commercial**
Location Type: Restaurant • Public Address: 77xx Sunrise
Agency: Citrus Heights Police Department

05/5/2020 • Time: 11:00 PM • IR Number: 12003621
Crime: **484(A) PC: Petty Theft**
Location Type: Other • Public Address: 74xx Auburn
Agency: Citrus Heights Police Department

05/5/2020 • Time: 12:00 PM • IR Number: 12003620
Crime: **484(A) PC: Petty Theft**
Location Type: Department Store/Big Box Store • Public Address: 70xx Auburn
Agency: Citrus Heights Police Department

05/6/2020 • Time: 9:30 PM • IR Number: 12003658
Crime: **484(A) PC: Petty Theft**
Location Type: Theft from Vehicle • Public Address: 66xx Misty Creek Dr
Agency: Citrus Heights Police Department

05/6/2020 • Time: 10:00 AM • IR Number: 12003656
Crime: **451(D) PC: Arson:property**
Location Type: Parking Lot • Public Address: 78xx Sayonara Dr
Agency: Citrus Heights Police Department

05/7/2020 • Time: 6:50 AM • IR Number: 2020-8004365
Crime: **PC 459: Theft of Motor Vehicle Parts**
Location Type: Vehicle • Public Address: 61XX Sylvester Way,
Agency: Sacramento County Sheriff's Department

05/8/2020 • Time: 11:32 AM • IR Number: 12003720
Crime: **459 PC: Burglary - Residential**
Location Type: Apt/Condo/Duplex • Public Address: 78xx Antelope Rd
Agency: Citrus Heights Police Department

05/8/2020 • Time: 12:08 PM • IR Number: 12003694
Crime: **496d(a) PC: Possession of Stolen Veh**
Location Type: Street/Highway • Public Address: 77xx Antelope Rd
Agency: Citrus Heights Police Department

05/11/2020 • Time: 7:42 AM • IR Number: 12003784
Crime: **487(a) PC: Grnd Thft:prop/Etc \$950+**
Location Type: Parking Lot • Public Address: 76xx Greenback Ln
Agency: Citrus Heights Police Department

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Casual Is Not Always Appropriate

By Rev. James L. Snyder

During this “stay-at-home” phenomenon, the Gracious Mistress of the Parsonage and Yours Truly, have been enjoying our time alone. We certainly have taken advantage of it.

Not too long ago, my wife came up with something to make our time a little more memorable. She called it, casual pajama time.

After breakfast, we would wear our morning casual pajamas. After lunch, it would be our afternoon casual pajamas. And, after supper, it would be our evening casual pajamas.

It was early in the afternoon, and my wife took a nap. It was at that time I remembered something she said earlier that morning. For some reason, she forgot to get milk and eggs at the grocery store yesterday. I thought this would be an opportunity to get one over on her.

I would sneak out, go to the grocery store, get some milk and eggs, sneak back into the house and put them in the refrigerator. Then, when she woke up, I would say, “Honey, I thought you said we didn’t have milk or eggs?”

That would be something I could live with forever

and a day.

I got at the store, parked, and began walking towards the entrance. There seem to be quite a few people in the parking lot, and for some reason, everybody was looking at me and smiling or even laughing.

Going into the store, I walked to where the milk and eggs were, and as I was walking, people stopped, looked at me and some smiled, some pointed a finger, and some even laughed. I thought to myself, what a wonderful world we live in when people are always happy and laughing.

Walking up to the cashier, I noticed people were still smiling and laughing, and some were even pointing at me.

The cashier greeted me with a very hesitant smile and rang up my items, and I was to pay with my credit card. I made conversation with the cashier and then stuck my hand in my pocket to pull out my wallet.

The problem was, I could not find my pocket. This has never happened before because I always know where my pockets in my pants are. I chuckled a little bit and then happened to look down and discovered I was wearing my casual afternoon pajamas.

I begin to understand why

people were smiling and laughing and pointing at me. It was not that they were happy so much as it was I looked ridiculous in my afternoon casual pajamas. I have never worn pajamas out in public before, and I promised myself I would never do it again.

I did not know how to pay for those two items. Trying to figure out what to do, someone came up behind me and told the cashier, “Put his items on my card because the entertainment has been worth it.”

Everybody behind me was laughing, and I did not know exactly what to do. I looked at the lady and said, “Thank you for this.”

“No,” she said, “thank you for the entertainment.”

Driving out of the parking lot, I could not help but think of a verse of Scripture, “And as ye would that men should do to you, do ye also to them likewise” (Luke 6:31).

Being generous sometimes is a little act of kindness.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-216-3025 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com. ★



Pastor Ray's Encouraging Words

Learning to Relax

One of the things we’re learning through the COVID-19 shut-down is how to relax. The truth is a lot of people don’t know how to relax. We are addicted to adrenaline. We don’t know how to slow down. Studies have shown that the average American today is sleep-deprived; that the average American today gets two hours less sleep a night than we did 50 years ago. We don’t know how to relax. We don’t know how to rest. We love to work. A lot of Americans are like Job 20:18, it says, Message paraphrase, “*They are unable to relax and enjoy anything they’ve worked for.*” We’re so busy trying to get more, we don’t have time to enjoy what we already have.

Let me give you a little quiz: Are you always in a hurry? Is your to-do list always unrealistically long? Do you use days off to catch up on unfinished work? Has more than one

person ever told you to slow down? Do you feel guilty when you relax? If you’ve answered “Yes” to any of those questions, chances are you are a workaholic.

The fact is God considers rest as important as work. Some people think only God smiles on them when they’re working or praying or doing spiritual things. The truth is, God smiles on you when you rest. Have you’ve ever as a parent gone in and watched your children sleep? It gave you joy just watching that child sleep. God enjoys watching you sleep, watching you rest.

God rests. Is your work more important than Gods? Exodus 31:17: “*One day a week,*” God says, “*will always serve as a reminder that I made in the heavens and the earth in six days, and then, on the seventh day, I rested and relaxed!*” Now, why did God rest and relaxed on the seventh day? He certainly wasn’t tired because God doesn’t get tired. He was modeling for us, what he wants

us to do; to rest and to relax, to keep a day off, to have balance and to relax in His goodness.

The goodness of God is seen in Psalm 23. The Shepherd takes care of sheep. He feeds, he leads, he meets their needs, and it says, he makes them lie down in green pastures. He makes His sheep rest. Psalm 23. “*The Lord is my Shepherd, so I have everything I need. He makes me lie down in green pastures, and he leads me beside quiet waters.*” A lot of your worry and hurry and a lot of your restlessness actually comes from not understanding the goodness of God in your life.

When you understand what God has done for you and wants to do for you in the future, you can relax, you can learn to rest, you can learn to let down, you can learn to let go. You can live in the goodness of God.

Pastor Ray
New Beginnings Church
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Don't Miss The Boat!

It Will Be A Wonderful Adventure Trip With God!

By Marlys Johnsen Norris, Christian Author

Whatever your struggles are today when you take a loving almighty and powerful God with you, the end result will be “victory.” **Do not gripe and complain about your trials, that does not honor God.** Troubles and suffering throughout a lifetime are merely learning tools to teach us that God’s ways are best. Do you claim to believe or not believe? Our suffering always will eventually bring us to a better realization of the power of a mighty loving God who cares for every one of us. Therefore **complaining** about what-ever is your lot is at this time is **not honoring the One who loves you** beyond any love you have

ever experienced in your life. **Having all your needs met by the Lord Jesus Christ! (Philippians 4:19)** It is time to get on God’s Boat and enjoy the ride knowing that our Creator has a divine plan for your future and He will be there beside you all-the-way! Ask Him to give you a “vision” beyond what you see today. Then, dwell on that beautiful vision God provides. Read God’s Holy Bible and Listen to His voice to uplift your thoughts and feelings. Enjoy the increased “Faith” in a magnificent God/Creator of everything.

The spirit of unbelief will take you no-where! God will not even hear your prayers!

God’s Holy Spirit will lead and guide you into a realm of belief beyond your dreams and expectations. Life experiences are “tools” about your life that eventually will bring help and encouragement to others regardless of their

content. If you have passed through any trouble or suffering in your life and you share it with someone who is also going through similar problems, your words of care and compassion bring hope to them.

Claiming to be perfect, religious and super spiritual helps no one! But loving compassion for what another person is facing in their life, establishes hope in them. Love and understanding draws a person to knowledge about God’s love and possibly even a beginning search for the Savior of their soul for them to find lasting victory in their life.

Plus an educational long boat ride into the arms of God!

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Christian Author of 7 Books, Stephen’s Minister Memoir Teacher, Leader, Speaker
Marlysjn@gmail.com
PO Box 114,
Orangevale, CA 93662 ★

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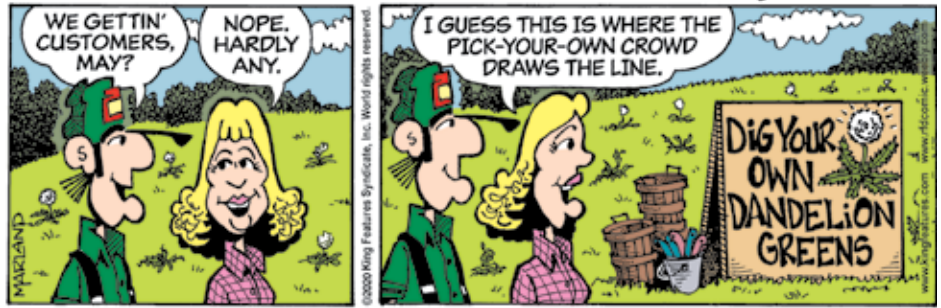
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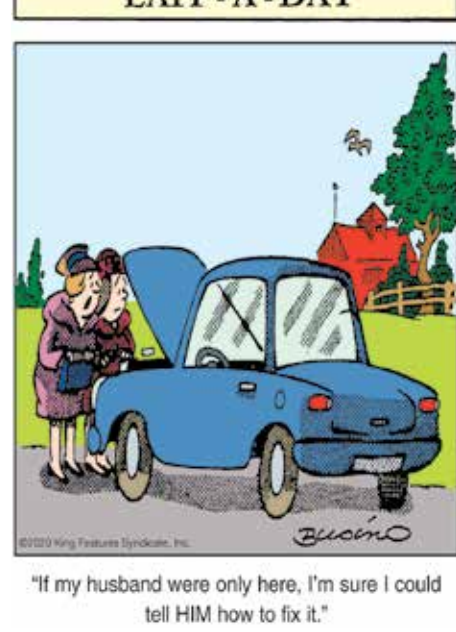
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Crossword Puzzle on Page 7

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T	A	R	O		L	O	D	E			T	H	U	D	S			
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Sudoku Puzzle on Page 7

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1	7	4	5	8	9	6	2	3
2	8	6	3	1	4	5	9	7
7	3	8	1	2	6	4	5	9
4	6	1	8	9	5	7	3	2
9	2	5	4	3	7	8	1	6
6	5	2	9	4	8	3	7	1
8	1	7	2	5	3	9	6	4
3	4	9	7	6	1	2	8	5

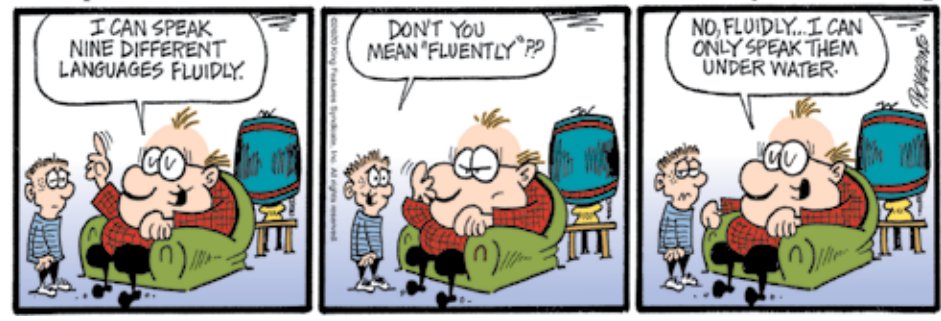
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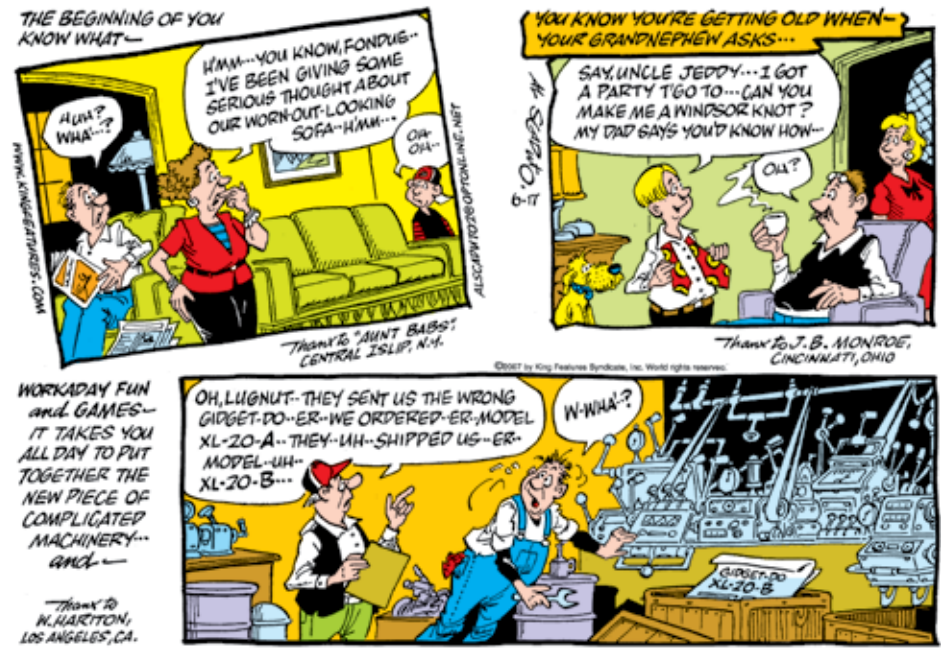
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Crossword Puzzle Solutions on Page 7

CLUES

ACROSS

1. A bit cracked
5. Traitor's blow?
9. Cause of Princess' downfall
12. Hawaiian tuber
13. Prospector's mother?
14. Heavy footsteps
16. "Iliad" or "Odyssey"
17. Caribbean color
18. Frustration, in print
19. *Proponent of colonization of Mars
21. Small island
22. *Edmond Halley's apparition, 2061-2062
23. Expression of disgust or recoil
24. "2007 "Invention of the Year"
27. Give satisfaction
31. Neither a win nor a loss
32. Having no courage
35. Medicinal houseplant
36. Dodge, as in a tax bill
38. Take the gold
39. Anti-seniors sentiment
40. Immigrate
41. Bold and without shame
43. Take illegal drugs
44. Adverb of steep
46. Tower of London guard
48. *Legalized in many states
49. Cambodian monetary unit, pl.
51. Gift toppers
53. *Major spring 2020 occurrence
56. *23andMe unit
57. Baron Munchhausen, e.g.
58. Original thought
60. Not yes or no
61. Nobel Peace Prize home
62. Long forearm bone
63. Formal wear, colloquially speaking
64. *Review service
65. *Walter White's concoction

DOWN

1. Polished off
2. Mock or make fun of playfully
3. Seed covering
4. Late Baroque
5. *Harvey Weinstein's new home, slangily
6. Part of chef's uniform
7. Sunbaked, archaically speaking
8. Bird's groomer
9. Opposite of knit
10. Competitive advantage
11. Combustion product
14. Boreal forest, in Russia
15. *Number sign turned metadata tag
20. Time being
23. Coffin alternative
24. Agenda entries
25. Turning point
26. Launch or throw
27. *Millennials' followers, for short
28. One hipbone
29. *Madagascar" predator
30. *Site of Abdrabbuh Mansur Hadi/Houthi conflict
33. Best-laid plans often go ____
34. Roman road
37. *Sites with no easy access
39. Anoint
41. Sandwich with acronym name
42. Ophthalmologist's prescription quantity
45. Wild West group
47. Os
49. Pay hike
50. All told
51. One of the Bridges
52. December stone
53. Clever tactic
54. Opposite of busy
55. Copper coin
56. Greenwich-related acronym
59. Expression of pleasure

Sudoku Solutions on Page 7

			6	7				4
					9			3
2			1	4	5			
			1	8	5	7		
9	2							
		2	9	4				1
8			2					
	4			6	1			

Solutions on Page 7

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All Road Users Are Essential: May is Motorcycle Safety Awareness Month

Citrus Heights Police Department Press Release

CITRUS HEIGHTS, CA (MPG) - May is Motorcycle Safety Awareness Month, and the Citrus Heights Police Department encourages the community to think about the safety of riders on two wheels and look twice for motorcycles.

“While we should be staying at home during the COVID-19 pandemic, we understand people need to get out once in a while and run essential errands,” Sergeant Shaun Gualco said. “Don’t let safety on the road go by the wayside, whether you are on two wheels or four.”

With nearly 900,000 registered motorcycles in the state, many road users are going places without the same protections as drivers. Motorcycle riders are 28 times more likely to die in a crash than vehicle occupants.

Drivers: Always check twice for motorcycles. Both your mirrors and blind spots; Use your signal when changing lanes; Never follow a motorcycle too closely; Always keep a safe distance; When at an intersection, allow enough



“Don’t let safety on the road go by the wayside, whether you are on two wheels or four.” Photo courtesy Nicole Geri

space before turning.

Motorcyclists:

Always wear a DOT compliant helmet and protective gear like gloves and leather clothing; Consider adding reflective tape to your clothing to make it easier for other drivers to see you; Keep your lights on at all times, even during the day; Don’t assume drivers see you: signal well in advance before changing

lanes and watch for turning vehicles; Lastly, never drive/ride under the influence of alcohol and/or drugs. Remember, we are all in this together, even if we are told to stay apart.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. ★



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CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC HEARING

NOTICE is hereby given that on **May 28, 2020, at 7:00 p.m.**, or as soon thereafter as the matter may be heard, the **City Council** of the City of Citrus Heights will hold a Public Hearing for the consideration of the projects listed below.

- Project: Zoning Code Update- Accessory Dwelling Units**
On April 22, 2020, the Planning Commission reviewed updates to Chapter 106.42.015 and 106.80.020 of the city’s Zoning Code. The Planning Commission is recommending the City Council to approve the changes. The updates are necessary to bring the city’s Zoning Code in conformance with state regulations in regard to accessory dwelling units. A complete list of changes can be obtained from the Planning Division. Environmental Determination: The project is Categorically Exempt from CEQA under Section 15282(h) which exempts ordinances amendments for accessory dwelling units from environmental review. Project Planner: Alison Bermudez
- Project: Zoning Code Update- Revisions to Various Sections of the Zoning Code**
On April 22, 2020, the Planning Commission reviewed a variety of updates to Articles 1 through 4 and Article 8 of the city’s Zoning Code. The Planning Commission is recommending the City Council to approve the changes. The updates include revisions to commercial recreation land uses, small recycling centers, and restricted product sales as well as a variety of other amendments. A complete list of changes can be obtained from the Planning Division. Environmental Determination: The project is Categorically Exempt from CEQA under Section 15061(b)(3) of the Guidelines. Project Planner: Alison Bermudez

PLEASE NOTE: In order to minimize the spread of the COVID 19 virus, Governor Newsom has issued Executive Orders that temporarily suspend some requirements of the Brown Act. Please be advised that the Council Chambers are closed to the public and that some, or all, City Council members attend City Council meetings telephonically or otherwise electronically. The meeting will be held via webcast with NO PHYSICAL LOCATION FOR PUBLIC ATTENDANCE.

City Council meetings are televised live on Metro Cable 14, the government affairs channel on Comcast, Consolidated Communications, and AT&T U-Verse able systems and replayed on the following Monday at 9:00 a.m.

Alternatively, members of the public can view the City Council meeting live webcast at <http://citrusheights.net/673/Live-City-Council-Meeting-Webcasts>

If you wish to make a public comment, please submit your comment via email to cityclerk@citrusheights.net or by completion of an online Speaker Card at <https://www.citrusheights.net/FormCenter/City-Council-Meetings-Speaker-Card-30>. Public comments shall be limited to 250 words or less. Each comment will be read aloud by the City Clerk.

Following the Public Hearing, the City Council may take such action on the project as it deems appropriate. Interested persons are invited to submit written comments prior to and may testify at the Public Hearing. If the matter is continued for any reason to a later date, written comments and public testimony will be accepted until the close of the final Public Hearing. All comments will be considered by the Approving Authority.

If you challenge the action of the City Council on this matter in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this notice, or in written correspondence delivered to the Planning Division at, or prior to the Public Hearing.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact Amy Van, City Clerk at 916-725-2448. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. TTY/TDD users with questions or comments can call the California Relay Service by dialing 7-1-1.

Dated: May 6, 2020
Publish: May 15, 2020

Citrus Heights Messenger 5-15-2020

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CHEERS & JEERS

By Damian Holbrook

Cheers to Amy Poehler and Nick Offerman

for crafting a fun way to pass the time inside. NBC’s *Making It* hosts are encouraging folks to post their DIY projects to Instagram with the hashtag #MakingItAtHome for a chance to benefit local food banks in need.

Cheers to Disney +

for (Jedi) mastering Star Wars Day. “May the Fourth” was strong with what fans have been missing – Baby Yoda! –thanks to the May 4 debut of Disney Gallery: *The Mandalorian*, an

eight-part behind-the-scenes look at the galactic hit’s first season.

Jeers to CBS

for a God-awful decision. Pray tell, why would you cancel an uplifting escape like *God Friended Me*, starring the charming Brandon Micheal Hall as a man guided by a seemingly omnipotent online adviser, after only two seasons? With everything going on in the world, a show like this is needed more than ever.

Jeers to a Tiger King – Sized Overload

At first, the Joe Exotic of it all was fascinating, but now that the phenomenon is more about memes and

At first, the Joe Exotic of it all was fascinating, but now that the phenomenon is more about memes and an unnecessary “bonus episode”

an unnecessary “bonus episode” aftershow with Joel McHale, the Netflix docuseries has become a joke. And animal abuse is no laughing matter. ★

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

Is There More Life For Ricky Gervais’ *After Life* ?

Question: *After Life* is the best series on television, but this second season ended like a series finale. Please tell me there will be more of *After Life*. – Carolyn

Matt Roush: I wish I could, because my fondness for this poignant dramedy is nearly asen- thusiastic as yours, but as of now, Netflix hasn’t renewed the series. And the history of Ricky Gervais comedies (which generally last only two seasons) might suggest this could be it – although in a recent *Q&A* on Twitter, he expressed a desire to continue with a third season, so let’s hope that happens. Even should *After Life* not have a longer shelf life, I agree with your reaction that the end of the current season ended on a hopeful enough note that I feel good where we left these characters.

Question: Fargo was scheduled to start on FX April 19. I can’t find it. Did something pre-empt it?– John T

Matt Roush: That “something” would be the pandemic, which shut down production on the fourth season before the final episodes could be filmed. With no guarantee of when the series could be completed, thus leaving viewers hanging, FX decided to postpone *Fargo* until business could resume. I’m expecting the long wait to be worth it, though it’s obviously a disappointment not to have it back as a spring treat.

To submit questions to TV Critic Matt Roush, go to: [twinsider.com](https://www.twinsider.com) ★

