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Citrus Heights Messenger

VOLUME 10 • ISSUE 19 Serving the City of Citrus Heights & Sacramento County MAY 8, 2020

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**PAST 65 AND
RECEIVING THE
MEDICARE PART B
PENALTY ... WHY?**



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Scan our QR Code for a
direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
Change Service Requested

A Growing Need



Food closet volunteers Tonia, Kirsten, Collen, James and Tracy pose with some of the items on the "miscellaneous" table offered to clients at the end of their visit. Photo by Elise Spleiss

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - If you are looking for the food closet in Citrus Heights, first look for the large white cross on San Juan Avenue just past Greenback. Drive slowly, or you'll miss the driveway. Tucked back off the road behind Advent Lutheran Church, is a destination for hundreds of residents and homeless alike five days a week, rain or shine. The Sunrise Christian Food Ministry has been in Citrus Heights for 36 years. On March 19, 2020 when the stay-at-home order was issued in California everything changed for food distribution

facilities all across Sacramento County. As a response to the coronavirus pandemic (COVID-19), this order changed the way food would be delivered to their clientele. Because of the new rules for volunteering, only 24 of the 230 county agencies providing food for those in need in Sacramento County are functioning at this time. Many volunteers are over 65 years which means they cannot help now. Many food closets supported only by their congregations had to close. Those operating only one day a week or less closed. In 'normal' times, 20 local places of worship provide food, financial donations and volunteers. Community

service clubs such as Rotary, Lions and the Freemasons, along with churches, Girl Scouts, Boy Scouts and schools hold periodic food drives. Individuals are an important source of support. Some of the larger community service groups and individuals are still hard at work supporting their food closet but others are not able. Fortunately, Sunrise Food Ministry has a broad base of support which allows it to remain open at this time, allowing them to pick up the slack left by the closures. It has been very challenging. Open 5 days a week, Sunrise had been previously serving 50-60 families a day, providing

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Sac County Health Officer Extends COVID-19 Order

**Sacramento County
Press Release**

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Public Health Officer has issued a new Public Health Order effective at 11:59 p.m., May 1, and will be in effect until 11:59 p.m., May 22, 2020, or until it is extended, rescinded, superseded or amended in writing by the Health Officer. The Public Health Order reinforces the direction for all individuals to stay home and extends the terms of the order to continue social distancing and reducing person-to-person contact to further slow transmission of COVID-19. "While there has been some relaxation of rules as they relate to recreational activities, it is absolutely vital that we maintain social distancing," said Dr. Peter Beilenson, Director of Health Services. "The intent of the order is to ensure that the maximum number of people stay home as much as possible while enabling essential services to continue, and that has been a significant factor in reducing the spread of COVID-19 in Sacramento County. "We will continue to look at the health data and the availability of testing, and those factors will inform our decisions about modifying the Public Health Order in the future."

The new Public Health Order has clarified some essential activities and allowable recreational activities from the previous Order. Those include: Essential Activities now allow for visiting a health care professional for medical or dental care for chronic conditions or preventive services; Allowing non-contact recreational facilities and activities that include the use of shared equipment, including shooting and archery ranges, disc golf, tennis courts and boating, provided that activities are in conformance with social distancing requirements and appropriate disinfectant processes; Contact sports or activities, including basketball, football and soccer are prohibited outside of residences; Healthcare providers and hospitals may reschedule appointments for care that was considered non-urgent and canceled when the Public Health Order was first issued. This includes elective procedures, preventive services such as immunizations and other care for chronic conditions; Residential viewings for rentals, leases and home sales are now allowable when the occupant is still residing in the residence. The requirement is still in place that the visit must be

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City Council Allocates Emergency Funding to Local Nonprofits

**By Stephanie Cotter,
City of Citrus Heights**

CITRUS HEIGHTS, CA (MPG) - COVID-19 has put a strain on economic, housing, and food security for many Citrus Heights residents. In response, the Citrus Heights City Council authorized \$205,750 in emergency funding to support local nonprofits that provide essential services to Citrus Heights residents. The funding is part of a special allocation of about \$376,000 in federal Community Development Block Grant (CDBG) funds the city received as part of the Coronavirus Aid, Relief, and Economic Security (CARES) Act. A total of \$80,750 will go to the community nonprofits to provide the essential services to support the Citrus Heights community, including emergency food, household supplies, and support for victims of domestic violence.



Rocky Peterson is the Director of Sunrise Christian Food Ministry, a volunteer-run emergency food bank. Photo provided by City of Citrus Heights

The Sunrise Christian Food Ministry, a volunteer-run emergency food bank located on San Juan

decrease in volunteers. Although the food bank is still in need of volunteers, services like HandsOn Sacramento have helped to connect the organization with new volunteers. The city's grant of \$30,000 will enable the Sunrise Christian Food Ministry to meet the community's increased need for emergency food and household supplies for the next three months. The City Council also approved a \$15,750 grant to Campus Life Connection to distribute emergency food and essential household supplies from the city's Sayonara Center. The nonprofit has operated an afterschool program for low-income youth out of the city-owned community center since 2012. Since the COVID-19 pandemic, Campus Life has pivoted its operations to meeting the community's current needs. The city's grant will

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KP International: The Quiet Heroes

By Paul Scholl

RANCH CORDOVA, CA (MPG) - In a time where things appear to be so uncertain on a national level, looking for certainty in our own neighborhoods brings a feeling that we and our neighbors can overcome the current crisis together.

In these challenging times neighbors and shoppers want to be sure where they are shopping and visiting are serious about battling the possibility of the spread of the virus. They want to be sure that regular cleaning and precautions are in place.

One local grocery center, KP International Market, has been stepping up to create an even safer and cleaner environment. Lead by their management team, the store has adhered to all the government guidelines for social interactions while keeping the store open for business daily.

KP staff regularly clean, disinfect and sanitize the entire store, grocery carts, and all service areas. They are quietly and professionally dedicated to making every patron feel safe about their visit.

All staff are wearing face masks and gloves, changing them after each use. All checkers are wearing face shields while in the checkout stands. All checkout stands are being wiped down with disinfectant every few minutes. The entire store is quarantined and completely sanitized weekly.

The store management is providing masks and gloves for all shoppers when they enter the store. They are making every effort possible to have all protocols in place.



Mr. Hyowan Kim, Community Relations Director, gives the thumbs-up to the clean checkout area. Photo by Paul Scholl

A great resource for many items you can't normally find at other stores, this store is remaining nearly fully stocked of the items regularly purchased by their international shoppers. They are now selling hand sanitizers for their shoppers. BJ Yu, the store owner, reported that getting the sanitizer for sale to their shoppers had been

extremely difficult and they are grateful they were now able to provide it. The Food Court, always a favorite lunch venue for shoppers and local business people looking for a quick and tasty meal, is also open daily for take-out. KP International is one of the community's more supportive companies. They donate to many local

non-profits and to many annual events put on by the city and local organizations. The store has had to cancel a few of their own events that normally would draw large crowds to the center. These events were cancelled out of an abundance of caution for their attendees. Owner BJ Yu said in our interview; "These are

difficult times, but we must keep working hard and be considerate of each other. We must keep going and we will get through this together as a community." He and his entire staff have a big heart for the community and they are showing it again with all the extra pre-cautions being taken to clearly put the safety of their

shoppers first. KP International is located at 10971 Olson Drive, Rancho Cordova, just across the street from the local post office in the big shopping mall. They are open from 8:00 am to 9:00 pm Monday through Sunday. You can find out more by visiting their web site at sac.kpinternational-market.com ★

International MARKET

FOOD COURT NOW OPEN

(Authentic Flavors of the World)

PRICES EFFECTIVE MAY 6 - MAY 12, 2020

6 7 8 9 10 11 12

10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000

Market - 8 Days: 8am - 10pm
Food Court - 8 Days: 11am - 8:30pm
(Chinese: 11:30am - 8:30pm)

To Our Valued Customers.

We will continue to offer the best prices possible during these challenging times. Our KP team is working very hard and have your families and our communities in mind. Please honor "social distancing" and be patient in your shopping experience and courteous to all in the store.

THANK YOU for shopping at KP International Market.

FROZEN & FISH DEPT

REG. \$12.99/EA

\$8.99 /ea

Filipino Style Lumpia Shanghai
3 Kinds • 2 lb

REG. \$8.99/EA

\$6.99 /ea

Yellow Croaker Fillets
14 lb Bag

WEEKLY MEAT SPECIALS

*SUBJECT TO AVAILABILITY

\$4.79 /lb

Beef Ribeye Roast Boneless
Chuleton de Terriera Asado

\$4.29 /lb

Beef Cross Rib Shoulder Steak & Eggroll (1.5 lb)

\$4.59 /lb

Beef Cross Rib Shoulder Steak & Eggroll (1.5 lb)

\$1.59 /lb

Boneless & Skinless Chicken Thigh Meat
Carnitas de Pollo

\$1.99 /lb

Pork Leg Roast Boneless
Cerdo de Puerro de Cerdo

\$4.99 /lb

Beef Ribeye Steak Boneless
Filete de Chuleton de Terriera

\$2.99 /lb

Pork Tenderloin
Lomo de Cerdo

\$2.99 /lb

Country Style Pork Ribs/Briars
Cerdo al Estilo Campesino

AMERICAN/HISPANIC GROCERY

\$2.39 /ea

\$10.99 /ea

\$2.99 /ea

\$12.99 /ea

\$2.29 /ea

ASIAN GROCERY

\$1.99 /ea

\$1.99 /ea

\$5.99 /ea

59¢ /ea

\$3.99 /ea

EUROPEAN GROCERY

\$5.99 /ea

\$4.99 /ea

\$1.79 /ea

\$5.99 /ea

\$1.99 /ea

KOREAN/JAPANESE GROCERY

2.99 /EA

4.99 /EA

1.99 /EA

5.99 /EA

7.99 /EA

4.99 /EA

4.99 /EA

2.99 /EA

2.49 /EA

3.99 /EA

8.99 /EA

1.59 /EA

HOUSEWARES

\$19.99 /ea

9.99 /ea

\$29.99 /ea

\$25.99 /ea

\$109.99 /ea

3.99 /ea

3.99 /ea

4.99 /ea

1.99 /ea

6.99 /ea

FROZEN & FISH DEPT

\$4.99 /ea

\$4.99 /ea

EUROPEAN DELI

\$5.99 /ea

\$8.99 /ea

\$5.99 /ea

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MAY 6 - MAY 12, 2020.

A Growing Need

Continued from page 1

2,400 pounds of food per day. Today, they are serving 80-100 families, with many days especially during the second half of the month reaching 130 to 140 families or 300-500 people daily for five days a week.

Previously, food distribution at the Sunrise facility was limited to one visit per month by residents in certain zip codes. During the shelter-in-place order clients can get additional needed food a second time and are not limited by zip code.

There is now no-contact client registration in the church parking lot. Volunteers have pre-packed hundreds of boxes daily with non-perishable items. Following registration drivers then drive up to the food closet door where workers load the boxes into their trunk, and when available offer them bread, desserts and other miscellaneous items from a table next to their vehicle. Each vehicle receives one box for every three family members.

According to Rocky Peterson, Director of Operations, since March 19, 40% of their clientele are new families affected by temporary or permanent unemployment, and school closures, meaning children are at home and families are now needing more food to meet their needs. Another change is family size.

Peterson said in an interview, "Homelessness has a whole new definition. It's not the person walking in off the street.

It's the person living in a garage or sharing someone's back yard". He added, "It's also family size. Fifty-year-old kids moving back in with their 70-year-old parents, and bring in their own kids. The parents who were stable and often the only ones with a paid off home are now unstable, taking care of others."

The influx of refugees is also an issue adding to the growing numbers, 15% every year since 2010. There are also different cultures, with three generations living together being served. There could be as many as 12 members of the family.

Food and monetary donations come from different sources. Feeding America, the nation's largest domestic hunger-relief organization, networks and contracts with local stores, restaurants and other locations for daily pick-up by each food agency. Volunteer drivers pick up "past sell date" and other items, from their designated stores such as Costco, Walmart, Safeway and Food Max. The Sacramento Food Bank designates which food pantries will pick up from which stores. Frozen meat is provided by the US Department of Agriculture (USDA). Monetary donations are used to purchase canned goods.

Read more about the work and needs of the Sunrise Christian Food Ministry AKA Sunrise Food Closet at 'sunrisechristianfood-ministry.org'. ★

Zoom into Your Safe Schools Corridor Plan



There are three schools located along the Carriage Drive and Lauppe Lane corridor. Photo: City of Citrus Heights

**By Nichole Baxter,
City of Citrus Heights**

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights remains focused on keeping the community safe and healthy, and is moving forward with essential projects like the Safe Schools Corridor Plan. Over the past three years, the three schools located along the Carriage Drive and Lauppe Lane corridor have experienced a 25 percent enrollment increase, with a large majority of students being dropped off in cars. This increase in enrollment has contributed to higher-than-usual vehicular, pedestrian, bicycle, and parking demands, as well as increased vehicular speeds, midblock and uncontrolled pedestrian crossings, and school ingress and egress concerns.

In order to keep the Carriage Drive and Lauppe Lane Safe Schools Corridor project moving forward, the next public workshop has been moved online. All those who live, work, go to school, or travel along Carriage Drive and Lauppe Lane are invited to join City staff for an interactive Zoom webinar. Details and

registration information can be found at CitrusHeights.net/944.

City staff have spent the past year listening to the community and collecting feedback from parents, neighbors, teachers, and commuters to develop potential designs and safety improvements for these streets. Now, the team is ready to share concepts with the community and provide the chance to identify preferred designs for the future of Carriage Drive and Lauppe Lane.

Virtual Workshop:
Carriage Drive and Lauppe Lane
Tuesday, May 12
5:30pm via Zoom
Register: CitrusHeights.net/944

If you're unable to join City staff during the live presentation, you can still participate by taking an online survey at <http://www.citrusheights.net/944>. A recording of the presentation will be made available online afterwards. Any questions about the project can be directed to CLSSCP at citrusheights.net or (916) 727-4770. ★

Single Mom Strong: EmpowerME Summer Camps

***By Nicole Piva,
City of Citrus Heights***

CITRUS HEIGHTS, CA (MPG) - Single Mom Strong offers Non-School Day care programs, including Spring and Summer Break Camps, called EmpowerME Summer Camps. The EmpowerME Camps are designed to be safe, fun, and affordable.

During the COVID-19 crisis Single Mom Strong will provide support for families living in Citrus Heights. Scholarships are available for the Non-School Day Care program for school-aged children of parents working in essential service fields who

live in Citrus Heights. No one plans for your child to be out of school and affordable options are difficult to find. In addition, Non-School Day care programs are ALWAYS offered at rates 40 percent lower than most care providers and will be open throughout the summer.

A typical day at EmpowerME Summer Camps includes a variety of activities including a STEM activity; lessons in science, technology, engineering and math. In addition, reading, writing, a values-reinforcement activity, indoor and outdoor playtime, and a morning and afternoon snack will be provided.

The EmpowerME Summer

Camp is located at Single Mom Strong 7525 Auburn Boulevard, Suite 5, Citrus Heights and is open from 7:45 AM to 5:30 PM during the COVID-19 crisis. As a reminder, it is crucial that the Center maintains the health and safety of your child and the staff. There will be an increase in cleaning/disinfecting, hand washing and temperatures will be regularly checked.

For more information on EmpowerME Summer Camps and scholarship options visit www.SingleMomStrong.org or call 916.735.5350.

Single Mom Strong is here
for the Citrus Heights com-
munity! ★

Health Officer Extends COVID-19 Order

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by appointment with no more than two visitors at a time residing within the same household or living unit and one individual showing the unit; Food trucks have been added to Essential Businesses.

“As we’ve made clear all along since responding to this pandemic, Sacramento County will continue to take a thoughtful, measured approach to the ‘stay at home’ order and any adjustments we make,” said Board Chair and District 1 Supervisor Phil

Serna. "I'm extremely proud of the work performed by our dedicated public servants who've been instrumental in saving lives while carefully considering the civil liberties of those we serve."

For questions about Essential Businesses/Services/Activities relating to the Public Health Order, call the Public Health hotline at (916) 875-2400.

For more information about the County's response to COVID-19, visit Sacramento County's COVID-19 webpage. ★

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Sm. Size #00201 or #000A1 with any purchase of pet, fish food or supply. Limit 1.
99¢ Value PLU 338 CHM
Limit: 1 Coupon Per Family
Effective 5/6/20 - 5/12/20

Look for Advertised Sale Items Everyweek at www.petclubstores.com

BLUE BUFFALO DRY DOG FOOD

•Chicken (Reg. \$11.00 Off) 30 Lb Bag
•Chicken (Large Breed) •Fish & Oatmeal (Reg & Lrg Breed) •Puppy (Reg & Large Breed)
As Marked
\$8 OFF
•Senior (Reg & Lrg Breed)
•Lamb & Rice
•Healthy Weight Our Regular Low Prices!
Effective 5/6/20 - 5/12/20

NATURAL BALANCE DRY DOG FOOD

•Ultra Grain Free 26 Lb. •Potato & Duck 26 Lb.
•Fat Dog 28 Lb. •Vegetarian 28 Lb.

SUPER BUY

\$5 OFF

Limit 2 Bags Per Family Our Super Low Prices
Effective 5/6/20 - 5/12/20

MERRICK'S GRAIN FREE DRY DOG FOOD

•Chicken/Sweet Potato •Duck/Sweet Potato •Buffalo/Sweet Potato •Salmon/Sweet Potato •Venison/Sweet Potato

25 Lb Bag Limit 2 Bag

\$10 OFF

OUR REGULAR LOW PRICE!
Effective 5/6/20 - 5/12/20

PURINA KIT N' KABOODLE DRY CAT FOOD 16 Lb Bag

Limit 2 Bags Per Family

\$9.49

Effective 5/6/20 - 5/12/20

FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties

Limit 2 Cases Per Family

ON SALE Everyday

Effective 5/6/20 - 5/12/20

FUSSIE CAT PREMIUM CANNED CAT FOOD Black Label Gold Label 2.8 Oz.

Limit 2 Cases Per Family

ON SALE

Effective 5/6/20 - 5/12/20

TIDY CATS SCOOPABLE CAT LITTER 20 Lb Jug

•Regular •Unscented
Limit 2 Jugs Per Family

ON SALE Everyday

Effective 5/6/20 - 5/12/20

HI-COUNTRY WILD BIRD SEED 20 Lb Bag (Kaytee, 20 Lbs - \$8.99) (Audubon Friends, 20 Lbs - \$5.99)

Limit 2 Bags Per Family

\$6.99

Effective 5/6/20 - 5/12/20

MERRICK'S GOURMET CANNED DOG FOOD On Sale

13.2 Oz All Varieties Limit 2 cases
30 Lb Bag

IAMS DRY DOG FOOD

•Mini-Chunk •Lamb Meal & Rice •Weight Control
\$27.99 \$28.99
Limit 2 Bags Per Family

CAT COUNTRY PREMIUM ORGANIC CAT LITTER

Limit 2 Bags 20 Lb \$7.99 40 Lb \$14.99

FRESH STEP CAT LITTER

21 Lb Bag (14 Lb Bag - \$4.49)
Limit 2 Bags

\$6.49

EVERCLEAN PREMIUM CAT LITTER \$12.99

•ES Unscented •US Ever Fresh •Light Weight (22 Lb.)
25 Lb. Box Limit 2 Boxes

PESTELL CLUMPING CAT LITTER \$8.99

40 Lb. Bag Limit 2 Bags

HEINZ PUP-PERONI DOG TREATS \$8.99

•Beef •Lean •Bacon •Prime Rib
25 Oz Pkg Limit 2 Pkgs

CORE GRAIN FREE DRY DOG FOOD \$61.99

3 FREE Core Dog Food 5 Oz Cat With Each purchase
Original

22-24 Lb Bag •Ocean •Reduced Fat \$64.99

SCIENCE DIET DRY DOG FOOD

28.5-33 Lb Bag Limit 2 Bags
•Lite •Active Maturity \$44.99 •Sensitive Stomach \$49.99 •Perfect Weight \$51.99

IAMS DRY CAT FOOD \$11.99

•Selected Varieties
7 Lb Bag Limit 2 Bags

AVODERM CANNED DOG FOOD \$1.69

•Regular •Grain Free (Avoderm Canned Cat Food 13 Oz Limit 1 Case 3 oz Grain Free 89¢, 5.5 oz \$1.19)

OKOCAT CLUMPING WOOD LITTER \$3.00 OFF \$4.00 OFF

NEW
•Regular •Soft Step
11-13 Lb 16.7 Lb 19.8 Lb
Dust Free Natural Paper 12.3 Lb \$4.00 OFF

HAMILTON PET LEASHES 20% OFF

•Collars •Harnesses All Varieties
•Leads •Nylon
•Leashes •Leather

CADET RAWHIDE SALE \$16.99

28 oz.
•Chicken Breast •Duck Breast
•Sweet Potato & Chicken
•Sweet Potato & Duck

EARTH-RATED WASTE PICK UP BAGS 20% OFF

•Unscented •Lavender Scent
•Standard •Handle OUR SUPER LOW PRICES

CHUCK IT FETCH GAMES 20% OFF

•Ball Launchers
•Flying Squirrel •Tennis Balls
•Glow Balls •Ultra Balls
•Fetch Toys All Varieties OUR SUPER LOW PRICES

PET AG ESILAC 20% OFF

Including CAT SIP
Puppy Milk Replacer Weaning Food KMR
Kitten Milk Replacer Weaning Food OUR SUPER LOW PRICES

MARINELAND POWER FILTER SALE PET CLUB SALE

MODEL TANK SIZE
PENGUIN 100B 20 Gal. \$17.99
PENGUIN 150B 30 Gal. \$24.99
PENGUIN 200B 50 Gal. \$29.99
PENGUIN 350B 75 Gal. \$39.99

AQUEON BOXED 10 GALLON TANK With Economy Kit \$36.99

Just add Heater For Tropical Fish
Limit 1 Per Family

REPTILE SUPPLY SALE

Zoo Med Reptibark 5 Oz. \$5.49
Tetra Reptomin 3.7 Oz. \$3.79
Tetra Reptomin 10.5 Oz. \$8.49

MARINELAND PREMIUM FISH FOOD ALL VARIETIES 20% OFF

•Goldfish •Cichlids
•Tropical •Wafers OUR SUPER LOW PRICES

BONUS COUPON

JONNY CAT PREMIUM CAT LITTER

10 Lb Bag
Limit 2 Bags With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 5/6/20 - 5/12/20

\$1.79

CHM PLU 365

BONUS COUPON

WHISKAS TEMPTATIONS CAT TREATS

•All Varieties 3 Oz.
Limit 2 Pkgs With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 5/6/20 - 5/12/20

\$1.25

CHM PLU 569

BONUS COUPON

FANCY FEAST GOURMET CANNED CAT FOOD

3 Oz - All Varieties Except Elegant Medley
Limit 1 Case Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 5/6/20 - 5/12/20

ON SALE Everyday

CHM PLU 361



By County Supervisor Sue Frost

Friends,

It has been well over a month since the County, and the State issued stay at home orders in response to the COVID-19 pandemic. Since that time, the curve has “flattened” significantly - well beyond any of the early projections. But as the initial two-week “shelter in place” stretched into two months, the economic sacrifice has grown by leaps and bounds.

My office has been inundated with calls and emails from constituents and businesses seeking help or at least some clarity on how the order impacts them. For executives and workers still getting their full paycheck, two months might not feel like a big deal - just a paid “staycation.” For most people, however, two or three months of not being able to work, earn a living, go to school, access daycare, or get (non-covid) medical treatments is back-breaking.

The Governor laid out his vision for “re-opening

Citrus Heights Community Update

the state.” But it is arbitrary and lacks any real specifics or timelines. Businesses still have no idea when they can expect to open - or whether they will be able to find workers when they can re-open.

Sacramento County has extended its public health order to May 22nd and reduced certain restrictions put in place with previous orders. The reduction in restrictions is so that a sense of normalcy can be restored while still promoting social distancing and promoting public health. The flexibility to make those reductions is contingent on the Governor’s determination that the County can do so, however.

Efforts to support small businesses have helped ease the pain of forced closures, but they are totally inadequate compared to the economic sacrifice workers, and small businesses have made. \$1200 cannot replace two or three months of salary, and the vast majority of small businesses were left out of the Paycheck Protection and SBA loans because most of the money was gone in hours - going to the LA Lakers, Harvard University, and the Kennedy Center (although after some bad press, all three decided to return the funds.)

I do not disregard the threat of COVID-19 to health and safety is not a

matter that can just be dismissed - but neither can we continue to trivialize the impact the shutdown has had on the lives of nearly every resident. Two weeks was a struggle for many - three months will be a disaster that will linger for years.

Instead of extending or escalating shutdowns further, the Governor needs to focus on creating a more sensible approach to let businesses open safely. We need a plan that considers more than just the concerns of whatever interest group has the loudest voice. Certainly, the majority of financial assistance (that we as taxpayers will have to pay for) has gone to big corporations, unions, and governments - not to small businesses or workers.

The voices I hear from the most are the small business owners and the employees who cannot access assistance and do not know how they will survive if forced to go another month or more without income. I am going to be their voice.

Two weeks was a sacrifice - we did our part to “flatten the curve” and ensure hospitals had the capacity to handle the surge. Now it is time for the government to do more than just order people to hide.

Sincerely,
Sue Frost
Sacramento County Supervisor, District 4



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Crime Reports

Citrus Heights Police Report

April 23rd
May 1st



04/23/2020 • Time: 9:00 AM • IR Number: 2020-0132436
Crime: **PC 487(A): Theft from Motor Vehicle**
Location Type: Parking Lot/Garage • Public Address: 58XX Antelope Rd,
Agency: Sacramento County Sheriff's Department

04/24/2020 • Time: 7:17 PM • IR Number: 12003364
Crime: **484(A) PC: Petty Theft**
Location Type: House (Includes Driveway) • Public Address: 70xx Dudley St
Agency: Citrus Heights Police Department

04/25/2020 • Time: 6:45 AM • IR Number: 12003390
Crime: **484(A) PC: Petty Theft**
Location Type: Theft from Vehicle • Public Address: 78xx Antelope Rd
Agency: Citrus Heights Police Department

04/25/2020 • Time: 6:45 AM • IR Number: 12003377
Crime: **484(A) PC: Petty Theft**
Location Type: Theft from Vehicle • Public Address: 63xx Millwood Dr
Agency: Citrus Heights Police Department

04/25/2020 • Time: 11:00 PM • IR Number: 12003417
Crime: **459 PC: Burglary - Residential**
Location Type: House (Includes Driveway) • Public Address: 68xx Hidden Brook Ln
Agency: Citrus Heights Police Department

04/25/2020 • Time: 5:17 AM • IR Number: 12003466
Crime: **484(A) PC: Petty Theft**
Location Type: Other Residential • Public Address: 72xx Blue Springs Wy
Agency: Citrus Heights Police Department

04/27/2020 • Time: 1:45 AM • IR Number: 12003409
Crime: **212.5(A) PC: Rob:1st Deg:Cab/Etc/Dwell**
Location Type: Apt/Condo/Duplex • Public Address: 60xx Shadow Ln
Agency: Citrus Heights Police Department

04/28/2020 • Time: 7:40 AM • IR Number: 12003439
Crime: **487(a) PC: Grnd Thft:prop/Etc \$950+**
Location Type: House (Includes Driveway) • Public Address: 75xx Community Dr
Agency: Citrus Heights Police Department

04/29/2020 • Time: 5:17 AM • IR Number: 12003466
Crime: **484(A) PC: Petty Theft**
Location Type: Other Residential • Public Address: 72xx Blue Springs Wy
Agency: Citrus Heights Police Department

04/29/2020 • Time: 6:50 AM • IR Number: 12003461
Crime: **10851(A) VC: Vehicle Theft**
Location Type: Parking Lot • Public Address: 75xx Tiara Wy
Agency: Citrus Heights Police Department

05/1/2020 • Time: 12:01 AM • IR Number: 12003503
Crime: **484(A) PC: Petty Theft**
Location Type: Theft from Vehicle • Public Address: 66xx Sylvan Rd
Agency: Citrus Heights Police Department

Find more info at citrusheights.net

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City Council Allocates Emergency Funding to Local Nonprofits

Continued from page 1

enable the nonprofit to distribute essential food and household supplies to low-income households five days per week, for a three-month period.

Additionally, the City Council created a supplemental fund to support the city’s existing Homeless Navigator Program. This new fund will assist the city’s existing Homeless Navigator in providing additional support to the city’s most vulnerable residents in response to the COVID-19 pandemic. The fund will be used to provide motel vouchers for vulnerable populations, security deposit assistance to place people into permanent housing, and essential services to the city’s unhoused community members.

WEAVE received a \$30,000 grant from the City Council to meet the increased demand for domestic violence services in Citrus Heights. Although the nonprofit has modified operations to be consistent with stay-at-home orders, WEAVE’s domestic violence advocate continues to provide essential services to the Citrus Heights community. The city’s emergency funding allocation will support WEAVE by providing operational support as well as direct support for domestic violence survivors, such as motel rooms, food, and essential



Pam Chatham volunteers for the Sunrise Christian Food Ministry. Photo provided by City of Citrus Heights

household supplies.

The funding allocated at the April 23 City Council meeting represent the first phase of the city’s supplemental CDBG awards; the remainder of funds will be allocated in the next 2-3 months. For more information, contact the city’s Housing and Human Services Coordinator, Stephanie Cotter, at (916) 727-4768 or scotter@citrusheights.net. ★

New Measure for Transferring Property Tax Base Eligible for California's November Ballot

Secretary of State Press Release

SACRAMENTO, CA (MPG) - Secretary of State Alex Padilla announced that an initiative became eligible for the November 3, 2020 General Election ballot yesterday.

In order to become eligible for the ballot, the initiative needed 997,139 valid petition signatures, which is equal to eight percent of the total votes cast for governor in the November 2018 General Election.

A measure can become eligible via random sampling of petition signatures if the sampling projects that the number of valid signatures is greater than 110 percent of the required number. The initiative needed at least 1,096,853 projected valid signatures to become eligible by random sampling, and it exceeded that threshold yesterday.

On June 25, 2020, the Secretary of State will certify the initiative as qualified for the November 3, 2020 General Election ballot, unless it is withdrawn by the proponents prior to certification pursuant to Elections Code section 9604(b).

The Attorney General's official title and summary of the measure is as follows:

CHANGES REQUIREMENTS FOR TRANSFERRING PROPERTY TAX BASE TO REPLACEMENT PROPERTY. EXPANDS BUSINESS PROPERTY REASSESSMENT. INITIATIVE CONSTITUTIONAL AMENDMENT. Removes the following requirements to transfer property tax base to replacement

residence for homeowners over 55 or severely disabled: that replacement property be of equal or lesser value; that replacement property be in eligible county; and that transfer occur only once. Allows three such transfers. Removes location and replacement-value requirements for transfers of contaminated or disaster-destroyed property. Adjusts replacement property’s tax base, based on market value. Limits tax benefits for certain transfers between family members. Expands circumstances requiring business property reassessment. Summary of estimate by Legislative Analyst and Director of Finance of fiscal impact on state and local governments: Local governments could gain tens of millions of dollars of property tax revenue per year, likely growing over time to a few hundred million dollars per year. Schools could receive similar property tax revenue gains. Other local and state revenues each could increase by tens of millions of dollars per year. County property tax administration costs likely would increase by tens of millions of dollars per year. (19-0003.)

The proponent of the measure, Alexander Creel, can be reached c/o Kurt Oneto of Nielsen, Merksamer, Parrinello, Gross & Leoni, LLP at (916) 446-6752. The address for Nielsen et al., LLP is 1415 L Street, Suite 1200, Sacramento, CA 95814.

For more information about how an initiative qualifies for the ballot in California, visit <https://www.sos.ca.gov/elections/ballot-measures/how-qualify-initiative/> ★

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SJWD Should Stop Delaying Its Move to District Elections

Commentary by Ray Riehle and Gary Page

Rate payers from the Citrus Heights and Fair Oaks Water Districts represent over 60% of the San Juan Water District’s wholesale water service connections; however, four of the San Juan Water District Board’s five members are from the community of Granite Bay - where over 70% of households have income of more than \$100,000 annually with an average household income of \$145,000. Compare that to the more racially diverse communities of Citrus Heights with \$54,000 and Fair Oaks with \$75,000 average annual income. Our customers are NOT being well-served by this imbalance which is the point of the California Voters Right Act.

On March 30, 2020, the San Juan Water District (SJWD) received a letter from attorney Kevin Shenkman threatening a lawsuit alleging that the District’s at-large elections violated the California Voting Right Act passed in 2001. The law protects against voting systems that limit minority and disadvantaged population’s political voices and seeks to allow more representatives of their choice. SJWD has known about potential litigation and ignored it for over a year.

On February 8, 2019, the SJWD Legal Affairs Committee, and on September 25, 2019 the full SJWD Board, discussed the District’s vulnerability to a claim, and the likely requirement to pay at least the \$30,000 in fees provided for in AB 350. Despite these clear warnings from SJWD staff, the Board declined to start the process.

At its April 15th Special Meeting, SJWD staff presented scenarios for transitioning to “by district” elections



Ray Riehle, President of Citrus Heights Water District. Photo: Regional Government Services



Gary Page, President of Fair Oaks Water District. Photo: Regional Government Services

for the 2020 election or waiting for transitioning until the 2022 election. SJWD staff indicated that the cost of transitioning now would result in substantial cost savings in legal fees and transition costs. These savings could exceed \$50,000 to the wholesale agency. In fact, based on these cost savings, an initial motion was made and seconded to complete the process for the 2020 election. Oddly, a substitute motion was made and approved by a 3-2 vote (Board Members Ted Costa, Ken Miller and Pam Tobin in favor, and Marty Hanneman and Dan Rich against) to delay compliance until 2022. At its April 22nd Special Meeting, the Board opted to delay its decision again to a special meeting in May. This decision compounds the lack of action from 2019 and increases costs by at least an additional \$50,000. These cost increases will occur during this period of significant economic disruption, negatively affecting our ratepayers.

District-wide at-large elections tend to produce Boards that fail to represent all neighborhoods, particularly disadvantaged ones. This is certainly the case with the SJWD. The communities of Citrus Heights and Fair Oaks have been historically underrepresented on the wholesale SJWD Board, and our customers

have been directly and significantly impacted by the Board’s decisions regarding cost allocation, water supply, and operational considerations.

Both the Citrus Heights and the Fair Oaks Water Districts are moving to district-based election in 2020, and have recently adopted resolutions committing to assist SJWD in 2020 as it moves through this process. Together, we can ensure a robust public outreach process. There is no impediment to conducting timely and meaningful public outreach in spite of new meeting protocols due to the COVID-19 pandemic. In fact, many agencies have been able to complete the outreach process in six to eight weeks. Agencies throughout the State and the Country have successfully shifted to online and mail-based outreach to continue serving their constituencies.

We urge the SJWD Board to move toward compliance with the CVRA for the 2020 elections cycle. There is no excuse for delay, and we urge our ratepayers to contact the Board via its website at <https://www.sjwd.org/board-members>, phone (916) 791-0115, email the SJWD’s Board Secretary Teri Grant at tgrant@sjwd.org and/or attend its special meeting on Wednesday, May 13th at 6:00 PM via GoToMeeting and demand compliance in 2020. ★



What Ventilator Crisis?

At a coronavirus task force briefing at the beginning of April, White House adviser Jared Kushner explained the approach that would – as events proved – get the country through its ventilator crisis.

He was relentlessly pilloried, mocked and distorted in the press for it.

Kushner said at one point that states shouldn’t be drawing on the federal stockpile just to hold ventilators in their own reserves. This led to a flurry of media criticism alleging that Kushner wanted to horde the federal ventilator stockpile.

Actually, the emphasis on data and shrewd allocation that Kushner discussed at the April 2 briefing has clearly worked.

At the outset, the country was looking at a daunting, perhaps impossible challenge. A chilling briefing at the Federal Emergency Management Agency early on posited that the U.S. could be short 130,000 ventilators by April 1. The federal government had about 16,000 ventilators in its stockpile.

A couple of insights drove the administration’s effort to get its arms around the problem.

Officials realized, as one White House adviser puts it, that there was “too much guesstimating” going on. Many governors didn’t know how many ventilators their states had and were acting on the normal impulse to have more than enough, just in case.

The administration created a data team. It used hospital billings to estimate how many ventilators were in each state and how many were being utilized, so it didn’t have to depend on perhaps panicky, poorly informed requests from states.

Another important realization was that FEMA could do just-in-time delivery. This created a lot of flexibility. The administration could wait to see how things really played out, rather than make decisions based on projections weeks in the future.

The media portrayed it as a failure every time the administration gave a state a fraction of its request, but this was a key element of the strategy. If the administration had tried to meet New York’s initial estimated need for 40,000 additional ventilators, for instance, everything would have gone out the door, and for no good reason.

Another insight was that most ventilators out in the

country weren’t being used, since virus hot spots are geographically limited. That meant there was a tremendous capacity to be tapped. This led to the Dynamic Ventilator Reserve. States and hospitals with a safe margin of ventilators not in use could lend them to places that needed them, with a federal guarantee that a hospital lending a ventilator would get a replacement in 24 or 48 hours if it turned out that it needed it back. This removed the fear and the risk of giving up ventilators.

To add to the nation’s overall supply, FEMA acted quickly to get so-called notifications to purchase to ventilator manufacturers so they could start work and hold their inventory, which ensured it wasn’t lost to foreign countries.

Last year, according to administration figures, the country produced 30,000 ventilators. This year, it’s going to produce some 200,000, and they are already coming in. “We are going to be swimming in ventilators,” a White House adviser said.

By any measure, that’s a success, certainly compared with where we thought we’d be less than a month ago. If the media weren’t so devoted to gotcha idiocy, more people might know about it.

Rich Lowry is editor of the National Review.

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Not Everything Is As It Seems

By Rev. James L. Snyder

For the last five days, I have not been able to sleep nor close my eyes at night. It's been a nightmare.

We were watching the news and some newscasters, supposedly from their home, had not shaved in quite a while, which was noticeable.

I turned to my wife and said, "I know how I can save a lot of money!"

"How's that?" She asked.

"I can save money," I said as seriously as I could muster at the time, "by not purchasing any toiletry items like aftershave and shaving cream."

She just looked at me as though I was a little bit crazy, but I think she thought I was a whole lot crazier.

"In fact," I said with a sarcastic attitude, "I don't have to shave, I'll just grow a beard." Then I laughed.

I glanced over at my wife, and she was smiling one of those smiles I have not seen in a long time. I could not quite figure out the nature of that smile, but I knew it was not one of her best smiles.

"Would you care to repeat that?" She asked.

With her strange smile and question, I was

completely knocked off my guard. I did not know how to interpret this.

"I don't need to shave," I repeated, "I'll just grow a beard like everybody else."

As I was saying that, I was giggling and having a wonderful time. I did not know at that time that I might be in trouble. That is the problem with husbands. They never know when they are in trouble.

They may be in trouble when the wife is scowling or when she is smiling. There is no way to tell the difference. I was in that position.

"So," she said rather slowly, "you're not going to shave? Is that what I'm hearing?"

I knew I was joking, but I did not know if she knew that I was joking, and therefore I did not know if I was joking.

I was backed in a corner and needed to play this forward. "Yes, I'm not going to shave until all of this is over. I'll grow a nice beard." Then I let out a hearty laugh.

She then laughed. "This is how it will go," she explained, "if you don't shave during the day, I will shave you at night when you're sleeping."

In the middle of one of my laughs, I stopped and started to process

what she said.

I looked at her, she looked at me, and I did not know what in the world to think. Would she shave me while I was sleeping?

All she did was smile one of "those smiles," and started back watching TV.

I have lived long enough to know that there are many things I do not know, and I was in a position where I did not know if what she was telling me was what she was going to do.

In the following silence, I could not help but think of two Bible verses by King Solomon. "Give not sleep to thine eyes, nor slumber to thine eyelids" (Proverbs 6:4). And, "Love not sleep, lest thou come to poverty; open thine eyes, and thou shalt be satisfied with bread" (Proverbs 20:13).

One thing I have learned in life is never take anything for granted. When you do, things never seem to come out right.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-216-3025 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com. ★



Pastor Ray's Encouraging Words

God Wants to Fight for You

as you're told. And as you march out tomorrow, the Lord will be there with you."

King Jehoshaphat said, "...We don't know what to do, but our eyes are upon you." Vs. 12b Notice the phrase, "...our eyes are upon you." The problem so many people have is they focus on their circumstances and that gets them down. I'm not saying you deny your problems exist. What I'm saying is, what you focus on makes a difference. Isaiah 26:3 says, "You keep him in perfect peace whose mind is stayed on you, because he trusts in you." Do you want perfect peace? The key is what you're focused on. When you're focused on all the bad things happening, all the negatives, all the problems, of course you're going to get depressed! Who wouldn't? But Jehoshaphat said, "Our eyes are fixed upon you God."

What happens when you do that? Notice God's response in verse 15, "The Lord says, "Don't be afraid! Don't be paralyzed

by this mighty army! For the battle is not yours, but God's!"

What God said to Israel 3000 years ago, God wants to say to you today, "Don't be afraid, the battle is mine." Has God ever lost a battle? No, God never loses battles. And when you commit your life to Jesus, that include your problems too. Your problems become His problems.

One of the most relaxing days of my life was when I resigned as the General Manager of the Universe. You relax when you stop trying to control the uncontrollable. When you stop trying to control what only God can control. When you stop trying to win a battle that only God can win. When you get your eyes off your difficulties and on to you Deliver. What I'm saying is, let God fight for you. Let Him help you with that problem. He has a 100% success rate of winning battles.

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Why Do People Go To Church?

By Marlys Johnsen
Norris, Christian Author

Sometimes we do not know exactly why, but as Christians we know that it is the place where God meets our greatest needs. It is when we honor God with our life's actions and are obedient to the Words we hear and learn from the Bible we find forgiveness, deliverance, healing and victory in our lives.

It is not until we have heard good sermons and learned about Christ and all He accomplished to purchase our forgiveness for our wrongdoings, we begin to understand why we go to church. Until then we did not know that the sins of disobedience of Adam and Eve fell on all future generations.

Old Testament times

the Jews sacrificed a pure lamb once a year to cleanse them from their sins. Then Father God had a better plan and His Son, Jesus was willing to become the sacrificial lamb of God, shedding every ounce of His blood for you and I to wash us clean. Then after a short time Jesus died and rose again. No other religion can make this kind of claim! Jesus rose again and is alive today in every believer's soul. The huge curtain in the Holy of Holies tore in two when Jesus died indicating after Jesus death no other sacrifice of a lamb was ever needed again. *Jesus death paid the total price!*

Before Jesus went to the Cross *Jesus said to His disciple Peter "Who do you say I am? Peter answered, "You are the Christ, The Son of the living God." Then, Jesus replied "On this rock I will build my church and the gates of Hades will not overcome it. I*

will give you the keys of the kingdom of heaven and whatever you loose on earth will be loosed in heaven and whatever you loose on earth will be loosed in Heaven." (Mathew 16: 13-28) We come together to worship God in ONENESS!

Today there are many different protestant and Catholic denominations all over the world.

Even though each one individually is somewhat different, the basic teaching about Jesus Christ and His sacrificial death to purchase our eternal life is exactly the same. We celebrate Jesus death regularly by taking Communion together and *All of us represent the CHURCH of today as written in the Holy Bible.*

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Examine your Business Needs Carefully

Dear Dave,

I'm debt-free except for my home, and it is all because I started following your plan four years ago. I'm even on track to pay off my mortgage in eight years. With all the scary economic news out there, I'd love to talk to my family about following your advice, too. Do you have any suggestions for doing this without sounding like a know-it-all or that I am bragging?

—Lacey

Dear Lacey,

It's been my experience that when it comes to family, words don't always do the trick. There's an old saying that goes, "Those convinced against their will are of the same opinion still." Some people have been

Dave Ramsey Says

brainwashed into believing credit cards and debt are an unavoidable part of life. They're stuck in their ways, and nothing anyone can say or do is going to change that.

I've been fortunate enough to help millions of people change their lives, get out of debt, and take control of their finances. But there are millions more who will never listen. They'll just keep going deeper and deeper into debt, and never realize the real problem is the person they see in the mirror every morning.

The truth is, you can make irrefutable arguments against credit cards. People who use them spend more than those who use cash or debit cards. Research has proven this. You don't need one to rent a car, get a hotel room, or buy airline tickets. A debit card will do all those things without piling up debt. For an emergency fund, you can simply save up cash. It takes some discipline and hard work, but relying on credit when things go wrong is a

really bad idea. It's a trap.

If they won't listen to all these truths, try telling them your story. Let them know you understand from experience how hard breaking old habits can be. Emphasize how amazing your life has been since you made the decision to actively control your money, instead allowing a lack of money to control you.

Congratulations, Lacey. I'm proud of you for working so hard and being disciplined. I hope you can be an influence on others in your family, and help lead them to a place of financial peace, too!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

Ask Toni

Past 65 and Receiving The Medicare Part B Penalty ... Why?



Toni King

Toni:

My Medicare Part B enrollment nightmare began when I was laid off from my job on March 10th. I was given inaccurate information when I left my job and enrolled in COBRA to have knee surgery when I turned 67.

I am a 69-year-old female who has been employed by 3 different companies, and no one ever informed me that I needed to have a special form CMS-L564, "Request for Employment Information" signed by each company I worked for since turning 65.

I spoke to the district manager of my local Social Security office and she asked me why I never enrolled in Medicare's Part B when I left the company and enrolled in COBRA. I was informed that my penalty is 40%, which is 69-65 or 4 years. The penalty is not for 1 year, but forever!! Because I did not enroll in Part B at the right time.

Toni, please inform your readers how important it is to enroll in Medicare Part B when enrolling in when leaving or losing your employment or applying for COBRA after 65.

~ Cathie from Tulsa, OK

Cathie:

Last week, the Toni Says® Medicare office had repeated phone calls regarding this matter. Many that have been laid off and losing benefits were never told that they needed to have the CMS-L564 "Request for Employment Information" signed by every company they worked for since turning 65 and covered by employer benefits.

Americans do not realize how important it is to enroll the right way. At the Toni Says office, we inform those who come to the office for Medicare planning to be sure that Part B begins the day you lose your company benefits or the day your COBRA plan starts. Many try to enroll in Part B like you did Cathie with a BIG SURPRISE discovering they are penalized 10% each year or 12-month period, you could have had Part B. The penalty goes all the way back to the day he/she turned 65 or the day Part A began.

Cathie, your penalty is for 40% and the average Part B premium for 2020 is \$146.40. Your penalty will be \$146.40 + \$58.56 = \$204.96 per month for 2020. The amount will change each year.

The process to enroll in Medicare Part B past 65 whether laid off or retiring is the same:

Write in red letters Special Enrollment Period on each form for the Social Security agent that is processing them to know that you are signing up at the right time and keep from

giving you a penalty. You are applying for a SEP (Special Enrollment Period). (These forms are also available at the Toni Says office by emailing info@tonisays.com or calling 832/519-8664.

1) Form #1 Request for Employment Information (CMS-L564) for proof of group health care coverage based on current employment. This information is needed to process your Medicare enrollment application. If you have had 2 or more jobs since turning 65, then each company will have to sign this form. Be sure to have forms signed for both you and your covered spouse.

2) Form #2 Application for Enrollment in Medicare Part B (CMS-40B); Social Security fills out this form.

Currently, all Social Security offices are closed due to COVID-19 situation and both forms must be faxed or mailed together when sending to the Social Security office for yourself and/or spouse when applying for Medicare Part B. Please be sure to keep a copy for yourself.

Confused ... you are not alone! America is confused about Medicare rules!

Toni King, author of the Medicare Survival Guide® is giving a \$5 discount on the Medicare Survival Guide® Advanced book to the Toni Says Medicare column readers at www.tonisays.com

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