



**Warmer Weather  
Will Speed Snowmelt,  
Increase River Flows**

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**Remembering  
All of Them on  
Memorial Day**



# Citrus Heights Messenger

VOLUME 10 • ISSUE 21      Serving the City of Citrus Heights & Sacramento County      MAY 22, 2020

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TO DISPLAY ART  
THROUGHOUT THE  
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## Giving Kids a Chance

*Local Nonprofits Partner to Provide Childcare Scholarships*



Workers in essential services have had to find full time child care during the shutdown in addition to an unplanned expense. Photo: Elevate Public Relations

**By Jessica Keefe,  
Elevate Public Relations**

**SACRAMENTO, CA (MPG)** - Single Mom Strong, a nonprofit created to meet the unique needs of local single mothers and their families, has partnered with SMUD, Point West Rotary and Soroptimist International of Sacramento to cover the costs associated with childcare during this transitional time for children of essential workers.

The cost of childcare is a significant strain on the family budget. The problem multiplies when school is not in session and full-day programs are needed, and the extended school closures related to COVID-19

are making this an even greater challenge. Single Mom Strong's Summer, Winter and Spring Break Camps meet the needs of working parents when school closures create a challenge.

"Workers in essential services have had to find full time child care for over two months now, a period when their children would normally be in school. Not only was the expense unplanned, but the options for care are extremely limited," said Founder Tara Taylor.

"Several organizations heard about our efforts and wanted to help, so with the support of SMUD, Point West Rotary Club and Soroptimist International of Sacramento, we have

scholarships available for children of essential workers. It's our way of thanking them for their service," added Taylor.

Essential workers are invited to register online for Single Mom Strong's Summer Camp Kick-Off taking place June 1 to June 12. Upon validation of employment, tuition will be covered by donations in appreciation of their service.

Initially founded on the premise of community, inspiration and education, Single Mom Strong has expanded its mission to address the lack of affordable, quality childcare in the region and opened The Empowerment Center, a licensed

*Continued on page 5*

## Prioritize Your Wellbeing for Mental Health

**By Brenda Bongiorno,  
Sacramento County**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County, like so many others, has been significantly impacted by the COVID-19 pandemic. In recognition of Mental Health Month this May, the "Mental Illness: It's not always what you think" project is helping to raise awareness about the importance of mental health and inspire hope and positivity for our community, particularly for individuals and families living with mental illness here in Sacramento.

Stay connected and prioritize your mental health:

Follow the project's Twitter and Facebook pages to stay updated on the project; View our "May is Mental Health month" virtual art display. Stop Stigma Sacramento Speakers Bureau members have shared artwork to inspire acts of kindness and positivity in the community; Try some of our conversation starters! Find ways to have a meaningful discussion with family, friends or neighbors about how their feeling – remind them they're not alone; Visit our website to view a compiled list of mental health resources, such as, helplines, online communities and tips to help us get through this together; Write a message of hope on the "Mental Illness: It's not always what you think" project's Wall of Hope; Check out online resources from our friends at Each Mind Matters, National Alliance on Mental Illness and Mental Health America for ways to improve mental health and increase resiliency.

Mental illness can happen to anyone, no matter your age, ethnicity or gender. During these times of uncertainty, many of us may be experiencing increased levels of stress, anxiety and worry, and those already living with a mental health condition may be facing heightened symptoms as a result of the emotionally-charged environment we are living in.

It is just as important as ever to support the mental health and well-being of others by reaching out and maintaining a connection

*Continued on page 3*

## SJWD Will Transition to Division-based Elections, but Not in Time for the 2020 Vote

**Story by Shaunna Boyd**

**CITRUS HEIGHTS, CA (MPG)** - The law firm of Shenkman & Hughes, on behalf of the Southwest Voter Registration Education Project, has alleged that the San Juan Water District's (SJWD) at-large elections violate the California Voting Rights Act (CVRA). To avoid litigation, the SJWD Board of Directors held a special meeting on May 13, 2020, to vote on a resolution to transition to division-based elections.

The Board originally planned to finalize the vote at the April 22, 2020, meeting but then delayed the vote until they could reach an agreement with

Shenkman & Hughes for an extension to the 90-day statutory deadline initiated by Shenkman's March 26 letter to SJWD. The May 13 resolution outlined a timeline for the transition based on the agreement allowing a 90-day extension. Under the extended schedule, the District would not complete the transition in time for the 2020 election, but the division maps would be drawn and approved this year, by November 9, 2020.

Ray Riehle, a director on the Board of the Citrus Heights Water District, spoke at the meeting during public comment to request that the Board not delay compliance with the

CVRA. "The Fair Oaks and Citrus Heights Water Districts are significantly impacted by decisions made by the members of this Board. Moving forward, we want to ensure that the composition of the Board accurately represents the communities you're serving," said Riehle.

Riehle also addressed comments by SJWD Board President Ted Costa at the April 22 meeting. President Costa had criticized Riehle and other members of the Citrus Heights Water District Board of Directors for winning uncontested elections, claiming they "never stood election."

Although President Costa later clarified that his

comments were intended to point out that the system itself was flawed, Riehle called President Costa's comment "a little bit disingenuous and inappropriate." He said, "Winning an election because there's no opposition doesn't in any way diminish the value of public service."

SJWD Board Vice President Pam Tobin, in addition to insinuating that the Fair Oaks and Citrus Heights Water Districts might have initiated the complaint brought forward by Shenkman, stated on April 22, "What gives them to right to criticize our actions by the Board?"

At the May 13 meeting,

*Continued on page 3*



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# Citrus Heights Great Plates Delivered Program: Home Meals for Seniors



**You can access the Great Plates program from your laptop at home.** Photo: City of Citrus Heights

For questions or more information about the Great Plates program in Citrus Heights, please visit [CitrusHeights.net/GreatPlates](http://CitrusHeights.net/GreatPlates), email [great-plates@citrusheights.net](mailto:great-plates@citrusheights.net), or call (916) 727-5400. ★

# Prioritize Your Wellbeing for Mental Health

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**\$12.99**

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Limit 1 Case Per Family

Limit One Coupon Per Family

Price Valid Only With Coupon

Effective 5/20/20 - 5/26/20

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CHM PLU 361

**BONUS COUPON FRISKIES PARTY MIX CAT TREATS**

2.1 Oz • Selected Varieties

Limit 2 Pkgs with Coupon

Limit One Coupon Per Family

Price Valid Only With Coupon

Effective 5/20/20 - 5/26/20

**\$1.19**

CHM PLU 573

**BONUS COUPON JONNY CAT PREMIUM CAT LITTER**

20 Lb Bag

Limit 1 Bag With Coupon

Limit One Coupon Per Family

Price Valid Only With Coupon

Effective 5/20/20 - 5/26/20

**\$3.79**

CHM PLU 362



# Sunrise Marketplace and SMUD Team Up to Wrap Artistic Designs around Utility Boxes



“MasterPieces in the MarketPlace” utilizes SMUD’s Transformer Box Wrap Program, which is offered to qualifying SMUD commercial customers to help brighten our communities by enhancing the aesthetic environment while deterring graffiti. Photo courtesy Paul Scholl

## SMUD News Media Services

CITRUS HEIGHTS, CA (MPG) - Sunrise Marketplace Business Improvement District (SMP) completed wraps on more than 20 SMUD transformer boxes to display nearly 50 pieces of art throughout the business district. “MasterPieces in the MarketPlace” utilizes SMUD’s Transformer Box Wrap Program, which is offered to qualifying SMUD commercial customers to help brighten our communities by enhancing the aesthetic environment while deterring graffiti. “With our area lacking in art opportunities, this project reimagines functional utility boxes into works of art and recasts our parking lots into vibrant public art galleries,” said SMP’s Executive Director Kathilynn Carpenter.

Transformer boxes are the green utility boxes seen along sidewalks, in courtyards and on business properties. They house high-voltage equipment for underground electrical service taking the higher voltage from SMUD’s distribution system and transforming it to lower voltages appropriate for residential and commercial use. Because these boxes house electrical equipment, all the safety warning stickers and identifying markings will remain visible in their designated locations.

“This program allows us to partner with local agencies and the community to bring public art to a new canvas, often in high traffic areas,” said Chief Energy Delivery Officer Frankie McDermott.

The “MasterPieces in the MarketPlace” boxes feature a variety of iconic art from 19th century Japanese Woodblock art, Impressionism and abstract art, and showcases famous artists such as Van Gogh, Degas and Renoir, as well as local muralists.

The program is open to commercial customers, homeowners’ associations and local government agencies. If they’ve been in business five years or more, own or manage the property, then they can apply to sponsor, pay for and maintain the art wrap on a transformer. There are 20 approved designs to choose from, or a custom design can be submitted for consideration. The approved designs range from landscapes and local scenery, to unique perspectives, to textures and patterns. SMUD will work with each local agency to determine if the requested

art is appropriate for that specific location as each city has unique tastes, preferences and community spirit.

The Sacramento region is no stranger to art on utility boxes, but the art has been largely limited to the boxes housing traffic light controls through the “Capitol Box Art Project.” In 2013, a SMUD transformer box was hand-painted by local artist Gale Hart and in March 2017 three transformer boxes near Tower Theatre received custom wraps. Sunrise Marketplace will be the first to develop a themed installation at community scale. Each box will include a label with the name of the artist, art and date. A QR code on the label will direct viewers to a web page with more information on the art and artist, and a link to the museum where the art is displayed.

SMUD is utilizing only vinyl wraps for the program because they follow utility industry best practices. Vinyl wraps on transformers, instead of hand-painted artwork, are easier to install, maintain and replace. Also, vinyl wraps do not require the commissioning of an artist to work on location. Vinyl also has a life expectancy of five or more years and comes with a paint-repelling laminate which will further reduce the effects of any graffiti.

Sunrise Marketplace is a collection of more than 400 retailers, restaurants, and professional businesses located in the heart of Citrus Heights, CA. The Shopping and Business Improvement District located along Sunrise Boulevard between Arcadia Drive (just north of Greenback Lane) and Madison Avenue, and along Greenback Lane between Birdcage Street and Fair Oaks Boulevard. For more information, visit ShopSMP.com

As the nation’s sixth-largest community-owned, not-for-profit electric service provider, SMUD has been providing low-cost, reliable electricity for almost 75 years to Sacramento County (and small adjoining portions of Placer and Yolo Counties). SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies, and for its sustainable solutions for a healthier environment. SMUD’s energy is about 50 percent carbon-free and is on track to deliver 100 percent net-zero-carbon electricity by 2040, ahead of California’s 2045 goal. For more information, visit SMUD.org. ★

# 2020 Census Deadline Extended, But Don’t Wait

By Laurie Slothower, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Because of the public health crisis, the U.S. Census Bureau has extended the deadline for completing the census until Oct. 31, and the census has never been easier (or more important) to complete. You can respond online, by phone or by mail. It only takes a few minutes, so it’s best to do so as soon as possible.

Census websites are now available in English and 12 other languages. Online surveys may be

completed on a computer, smartphone, laptop or tablet.

To complete the census by phone, call 1 (844) 330-2020. Telephone assistance is available from 4 a.m. to 11 p.m. daily. If there’s a wait time, you can ask the Census Bureau to call you back.

For those who prefer a paper questionnaire, surveys have been mailed to households who have not previously responded. “U.S. Census Bureau” or “U.S. Department of Commerce” is printed in the return address. Simply complete the census and

mail it back in the return envelope provided.

It has never been more important for households to complete the 2020 Census. Many emergency preparedness and public health programs rely heavily on census data for federal funding. Sacramento County is eligible for hundreds of millions of dollars in federal stimulus from the Coronavirus Relief Fund (CRF) based on population figures provided by the Census Bureau.

For more information, visit the U.S. Census Bureau website. ★



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# \$5 Million Allocated for Lead Testing in California Child Care Centers

**State Water Resources Control Board**

**SACRAMENTO REGION, CA (MPG)** - The State Water Resources Control Board has executed an agreement to provide approximately \$5 million in grant funds for testing and remediation of lead in drinking water at licensed Child Care Centers.

The passage of Assembly Bill 2370 in 2018 requires that all licensed child care centers constructed before Jan. 1, 2010 test their drinking water for lead and do so within a three-year window. Subsequent testing every five years after the date of the first test is also required. The testing requirement does not apply when services are provided in the home of the caregiver.

Lead is a naturally occurring toxic metal used in many products and found throughout the environment including air, soil and water. Children are particularly susceptible to lead exposure. Lead can slow down growth and development, harm a child’s nervous system and impact brain development. Studies have found that even small amounts of lead exposure can make it difficult for children to learn, pay attention and succeed in school. Children under six years old are most at risk, particularly infants.

The California Department of Social Services regulates licensed child care centers and plans to issue directives to centers in early 2020 regarding the requirements for testing and remediation. Once issued, that

information will be posted on the CDSS Provider Information Notices page.

A second 2018 bill, Senate Bill 862, appropriates \$5 million from the General Fund to the SWRCB and prioritizes centers serving infants and preschoolers. The bill gave highest priority for centers that serve infants, those that operate only one center and those with a majority of children receiving subsidized care. The Office of Water Programs at California State University, Sacramento will utilize the grant funds to implement a statewide program to assist priority centers, with support from the California Rural Water Association and the California Child Care Resource and Referral Network. ★

# PG&E Crews and Contractors Inspecting Gas Meters in Counties

**By Brandi Merlo, Pacific Gas and Electric Company**

**SACRAMENTO, CA (MPG)** - As part of Pacific Gas and Electric Company’s (PG&E) ongoing efforts to provide safe and reliable service to customers, utility workers will perform routine gas meter inspections in Fairfield, Sacramento, Suisun City, Loomis and Rocklin starting May 11. The inspections are expected to last throughout the month.

Safety is PG&E’s most important responsibility. To help protect the health and safety of customers and employees during the COVID-19 pandemic, PG&E has taken precautions to maintain the recommended social distancing of at least six feet from customers when conducting routine safety inspections of gas meters.

PG&E employees and contractors with Underground Construction will be conducting inspections on foot with a mobile tablet, Monday through Friday, 7 a.m. to 6 p.m.

They will be wearing a hard hat, safety vest and carry photo identification, which they will present upon a customer’s request.

If a person claiming to be a PG&E employee or contractor shows you his or her identification and you still feel uncomfortable, call PG&E’s customer service line at 1-800-743-5000 to verify an appointment and/or PG&E’s presence in the community. PG&E employees and contractors will walk up to the gas meters at homes and businesses but will not enter homes during these inspections.

During inspections, customers may see a PG&E employee or contractor on or near their properties as they access the gas meter. This work will not affect gas service. If we are unable to safely inspect the gas meter while maintaining a six-foot clearance from customers, we will contact you and schedule an appointment at a later date.

For more visit [www.pge.com/](http://www.pge.com/) and [www.pge.com/en/about/newsroom/index.page](http://www.pge.com/en/about/newsroom/index.page). ★

# Rest in Peace Naomie Webster



Naomie Webster

**By Paul V. Scholl, Publisher**

It is with deep and sincere sadness that we report the death of one of our staff members, Naomie Webster. She was

killed in a single automobile accident on Saturday evening, May 2nd, on Highway 70, just east of Quincy, California.

Naomie had only been with the company for a short period, working in our Gridley office. She had become a valued staff member and had a promising future within the company. She had been furloughed for just a few weeks due to the corona virus, but was due to return to full work duties on the morning of May 5th.

She had a very special spark to her personality, as local advertisers and friends of the newspaper had mentioned from her interactions with her. She had many talents and we were excited to be able to bring her back on board and let her blossom into a management member.

Naomie will be truly missed. She is on to a better world, but please take just a moment to send a prayer to her family and friends grieving their loss. ★

# Expert Independent Review is Needed to Comb through PPE Contracts, Says Senate Budget Vice Chair

**By Nghia Nguyen**

**SACRAMENTO, CA (MPG)** - The Assembly Accountability and Administrative Review and the Assembly Governmental Organization Committees will host panel discussions on the state’s failed contract with one company - Blue Flame. News reports have since exposed more troubling failures in administration contracting efforts. Senator Jim Nielsen (R-Tehama) who, along with a group of lawmakers, has requested a thorough audit through the Joint Legislative Audit Committee of the sole source contracting practices in these multi-million dollar legal commitments, issued the following statement:

“This hearing is a step in the right direction.”

“But taxpayers deserve a thorough forensic audit of how the state signed contracts committing hundreds of millions of dollars to bring federally certified masks but failed.”

“Lack of an independent, nonpartisan

audit by competent experts is not acceptable. Without a full investigation into the procurement process that transpired, there will be public mistrust.”

PLEASE NOTE: As stated on its website, “The California State Auditor is the only state entity that is given full access to all records of state and local agencies, special districts, and school districts. General powers of the California State Auditor include the ability to subpoena records, take depositions, and administer oaths. In all cases, information obtained by the California State Auditor that is legally confidential must be protected from release from the public.”

Elected to the State Senate in January 2013, Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at [senator.nielsen@senate.ca.gov](mailto:senator.nielsen@senate.ca.gov). Follow him @CASenatorJim. ★

# Giving Kids a Chance

*Continued from page 1*

facility for preschool, non-school day care, transitional kindergarten, and value- and activity-based camps. Preschool and childcare programs are open to all children, but single parents are able to volunteer in the center and receive a tuition discount.

“Our EmpowerME

Summer Camps are designed to ensure children enjoy their school breaks, while continuing to learn and be active. Our camps are packed with fun, engaging activities, aimed at reinforcing values like perseverance, compassion and responsibility, lessons that are so essential right now,” said Single Mom Strong’s

Childcare Director Le Taunya Terrell.

Since its inception in Sacramento less than four years ago, Single Mom Strong has served over 660 mothers and children in the greater-Sacramento area. Scholarship applications and more information may be found at [singlemomstrong.org](http://singlemomstrong.org). ★

# Wells Fargo Issues Emergency Funds for Local Homeless Shelters

**By Julie Beckner, Volunteers of America Northern California & Northern Nevada**

**SACRAMENTO, CA (MPG)** - Wells Fargo has granted Volunteers of America Northern California and Northern Nevada (VOA-NCNN) \$100,000 to help meet the urgent needs of people experiencing homelessness and isolation in the face of the COVID-19 pandemic. VOA-NCNN projects a \$3mil+ gap in funding this fiscal year due to COVID-19.

Funding from Wells Fargo will help VOA-NCNN: adapt systems, and implement safety and distancing protocols; cover unforeseen expenses to sustain increased and vital meal delivery service for isolated seniors, veterans, disabled, and homeless families; purchase sanitation and other essential supplies for staff and clients; and, support increased payroll expenses for essential staff working around the clock to meet the urgent needs of more than 4,060 residents and clients in its housing and shelter programs.

“Wells Fargo consistently steps up to meet the needs of our community, and this time is no different,” says VOA-NCNN spokesperson Christie Holderegger. “This timely funding will help us to remain

responsive in this unprecedented crisis.”

“Not everyone is afforded the luxury of sheltering in place in a home. There are thousands of homeless Sacramentans facing this pandemic while living on the streets or in shelters like those operated by VOA-NCNN,” said Wells Fargo Capital Foothills Region Bank President Kevin Barri. “We are grateful for the wonderful programs VOA-NCNN offers some of our most vulnerable neighbors, and thank for them working tirelessly to ensure their safety during this most unprecedented time.”

Founded locally in 1911, the Northern California & Northern Nevada office of Volunteers of America is one of the largest providers of social services in the region. The professional paid staff operates more than 52 programs: homeless services and shelters; substance abuse treatment and recovery services; senior, veteran, and youth services; transitional, permanent supportive, and low-income housing. Volunteers of America provides shelter or housing to nearly 3,000 men, women and children every night in Northern California. Learn more about Volunteers of America Northern California & Northern Nevada at [www.voa-ncnn.org](http://www.voa-ncnn.org). ★

# Crime Reports

## Citrus Heights Police Report

May 11<sup>th</sup>

May 16<sup>th</sup>



**05/11/2020** • Time: 2:34 PM • IR Number: 12003806  
Crime: **459 PC: Burglary - Commercial**  
Location Type: Laundromat/Cleaners • Public Address: 61xx Auburn  
Agency: Citrus Heights Police Department

**05/11/2020** • Time: 7:42 AM • IR Number: 12003776  
Crime: **459 PC: Burglary - Commercial**  
Location Type: Other • Public Address: 75xx Greenback Ln  
Agency: Citrus Heights Police Department

**05/12/2020** • Time: 3:53 AM • IR Number: 12003798  
Crime: **459 PC: Burglary - Commercial**  
Location Type: Department Store/Big Box Store • Public Address: 78xx Greenback Ln  
Agency: Citrus Heights Police Department

**05/12/2020** • Time: 9:00 AM • IR Number: 12003905  
Crime: **484(A) PC: Petty Theft**  
Location Type: Apt/Condo/Duplex • Public Address: 60xx Sunrise Vista Dr  
Agency: Citrus Heights Police Department

**05/12/2020** • Time: 7:42 AM • IR Number: 12003784  
Crime: **487(a) PC: Grnd Thft:prop/Etc \$950+**  
Location Type: Parking Lot • Public Address: 76xx Greenback Ln  
Agency: Citrus Heights Police Department

**05/13/2020** • Time: 9:46 AM • IR Number: 12003914  
Crime: **10852 VC: Tamper With Vehicle**  
Location Type: Street/Highway • Public Address: 68xx Westchester Wy  
Agency: Citrus Heights Police Department

**05/13/2020** • Time: 6:00 PM • IR Number: 12003883  
Crime: **10851(A) VC: Vehicle Theft**  
Location Type: Apt/Condo/Duplex • Public Address: 75xx Madison Av  
Agency: Citrus Heights Police Department

**05/14/2020** • Time: 8:45 PM • IR Number: 12003886  
Crime: **451(D) PC: Arson:property**  
Location Type: Parking Lot • Public Address: 62xx Mariposa Av  
Agency: Citrus Heights Police Department

**05/15/2020** • Time: 7:43 AM • IR Number: 12003945  
Crime: **10851(A) VC: Vehicle Theft**  
Location Type: Parking Lot • Public Address: 79xx Sunrise  
Agency: Citrus Heights Police Department

**05/15/2020** • Time: 7:43 AM • IR Number: 12003936  
Crime: **459 PC: Burglary - Residential**  
Location Type: House (Includes Driveway) • Public Address: 72xx Canelo Hills Dr  
Agency: Citrus Heights Police Department

**05/16/2020** • Time: 3:00 PM • IR Number: 12003972  
Crime: **10852 VC: Tamper With Vehicle**  
Location Type: House (Includes Driveway) • Public Address: 78xx Tabare Ct  
Agency: Citrus Heights Police Department

## Find more info at [citrusheights.net](http://citrusheights.net)



# When Everything Fails, It's Over

By Rev. James L. Snyder

During this time of seclusion, the Gracious Mistress of the Parsonage and Yours Truly has spent some significant time binge-watching Hallmark mystery movies.

The other night as we were watching, one of the characters was a very old, grouchy, mean-looking woman who had nothing nice to say about anybody.

In the middle of the movie, my wife looked at me and said, "Does that woman remind you of anybody?"

Whenever my wife asked me a question, I never know if it is a trick question or if she is looking for information. Therefore, I responded in the negative.

"Just look at her," my wife explained, "doesn't she remind you of Aunt Flora?"

I paused for a moment and then responded, "Oh, my goodness. She sure does."

Aunt Flora was a very grouchy, complaining old woman. She could find a dark cloud in every burst of sunshine. No matter how good a situation might be, she could find the bad in it and exploit it.

I never spent too much time with her, but I remember one time she gave me some advice.

"Sonny," she couldn't remember my name, "when everything fails, it's over." I cannot tell you how many times I heard her say that.

During a commercial in the movie we were watching, I talked to my wife about my aunt Flora in the kind of person she was. My wife knew Aunt Flora for a relatively short time, but you only had to meet her once to know what she was really all about.

"Do you know who Aunt Flora reminded me of?"

I stared at my wife a little bit, shook my head, and said, "No. Who does she remind you of?"

I was prepared for a whole lot of comparisons.

Thinking for a moment, she finally said, "Aunt Flora reminds me of Job's wife in the Old Testament."

Aunt Flora was certainly a modern-day Mrs. Job.

You remember the story in the Old Testament. The story of Job and all of the conflict, problems and disaster that came down upon him.

Amid those problems, Mrs. Job comes to her husband and says, "Curse God, and die" (Job 2:9). I cannot imagine any wife saying such a thing to her husband. Yet, that is exactly what old Aunt Flora would have done.

I do not know how Job really got through all his

problems, particularly when he did not have a wife to support him. I think she had the same attitude as Aunt Flora.

What I like about Job was, despite his wife's encouragement to give up, Job said something that amazes me. "Though he slay me, yet will I trust in him" (Job 13:15a).

Job did not hold to the same ideas as Mrs. Job or Aunt Flora, which says, "When everything fails, it's over."

While we were talking about Aunt Flora, I happen to think of one of my favorite verses in the Bible. "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths" (Proverbs 3:5-6).

In one way, Aunt Flora was right. When everything fails, it's over. But not the way she thought. Looking at it from Job's point of view, when everything fails, it is time for God to do what only God can do.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-216-3025 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com. ★



## Pastor Ray's Encouraging Words

### How to Maintain Your Joy

If there is one thing, we need during COVID-19 and the continuing shut down of our state, it's joy. How can we maintain our joy? Joy doesn't come through external circumstances, but rather through internal choices, you choose the right attitudes.

But how do you maintain those right attitudes? As you study the life of Jesus, you notice that He lived under difficult circumstances. He was constantly under pressure. He was constantly under great demand. Crowds were always pressing up against Him, always asking for things. Also, He was constantly misunderstood and criticized, and yet He never lost His joy. There are many things you can learn from the life of Jesus that will help you maintain your joy:

**Know who you are.** Jesus said, "I am the way and the truth and the life, no one comes to the Father except through me." Jn. 8:12. He said, "I

am the Good Shepherd." Jn. 10:11. Eighteen times in the Bible Jesus said, "I am." The first step towards maintaining your joy is to know who you are. Why is this important? Because if you don't know who you are, other people will tell you who you are! And you probably won't like that. Until you know who you are, you're going to be constantly pressured and stressed to be what other people want you to be. If you don't know who you are, you're going to be insecure and you're going to succumb to the pressure to prove yourself.

**Know who you're trying to please.** Not only did Jesus know who He was, but He knew who He was trying to please. Jesus said things like, "Your approval or disapproval means nothing to me..." Jn 5:41 (LB) How did Jesus maintain His joy? He knew who He was and who He was trying to please. At some point in your life, you must settle this issue. "Who am I going to please? Will I live for the approval of

others, or God?" Because you can't do both. Until you settle this issue you will tend to fear others, because you're living for their approval rather than God's. You'll be stressed to cave into the pressures and manipulations of others.

**Know where you're going.** John 8:14 (NIV) Jesus answered, "Even if I testify on my own behalf, my testimony is valid, for I know where I came from and where I am going ..." This is the third key. God has a plan for your life. There's a reason why you're here. You're not an accident or mistake, God has a special purpose for your life. Knowing that purpose helps you maintain your joy and happiness. The deeper your relationship with the Lord, the more you will understand His purpose for your life. His will is found in a relationship with Him. May God bless you with His joy this week!

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## Emotional Feelings

and they are "lies" that can easily lead a person into an act of destruction of themselves or another person. People who are "sensitive in nature" must be very careful not to act on what they are feeling! They are in need of personal counseling and/or intimate prayer with God. Possibly this is why Jesus commanded us to forgive others no matter what they have done to us.

Strong feelings can take a person into horrible depression and loneliness. Each of those feelings can lead a person into places beyond return – especially if they have no personal relationship of experiencing true love. And true love comes only from God alone! God is the One who can deliver a person from the any feelings that are destroying their life. He knocks at the door of every heart, more

than once to get attention and to help them find liberty and victory over those strong feelings with His personal divine love just for them.

Healings can happen immediately but more often they take some time because we as human beings have a lot to learn. Besides our slow learning process is to help us know and understand about God's true compassion and love. Because the magnificent power of God is to help someone our life touches to also passionately find the hope and victory in their life as well.

Marlys Johnsen Norris  
Christian Author of 7 Books  
"God Moves Mountains, It was a Miracle"  
Marlysjn@gmail.com  
PO Box 114,  
Orangevale, CA 95662 ★

By Marlys Johnsen  
Norris, Christian Author

Most everyone experiences strong feelings and those feelings often determine how a person thinks and acts what they do in their life. Most feelings are centered on "self" Trouble is . . . feelings most often are not facts that lead a person to react poorly. Feelings are often just lies perpetuated by the enemy of our souls. That is how he gets people to believe and act on them! He is so cunning anything he can do to draw a person away from thinking about and honoring the God of the Bible, he will do!

"Feelings are not facts"

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### Publisher, Paul V. Scholl

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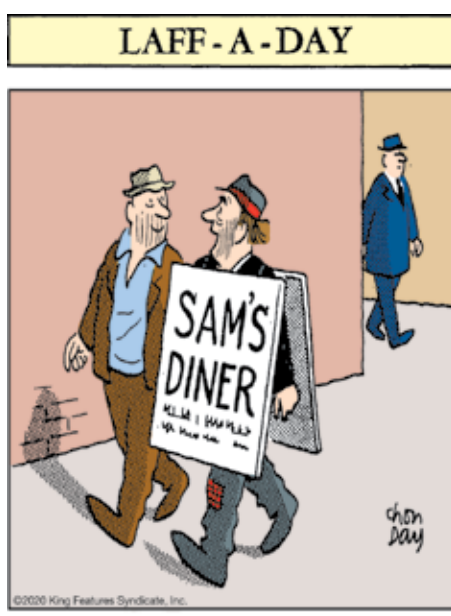
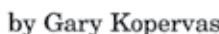
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## Amber Waves



## Out on a Limb



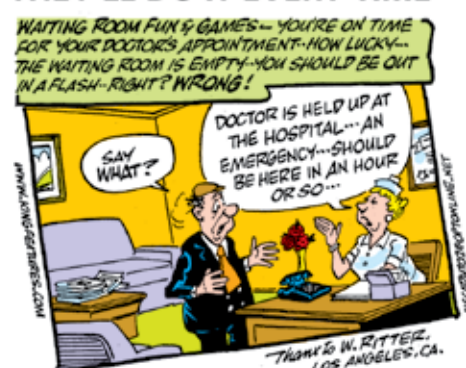
"How's that for a promotion? From dishwasher to head of public relations."

## The Spats



by Jeff Pickering

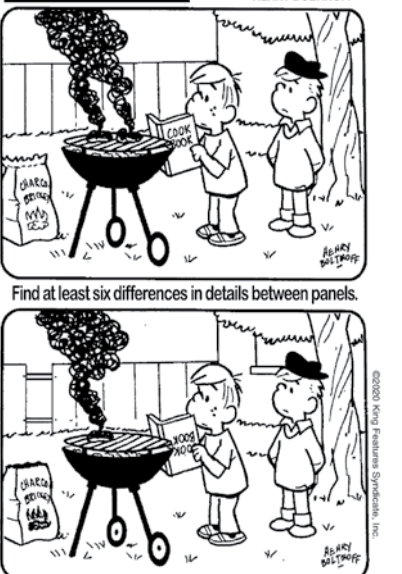
**THEY'LL DO IT EVERY TIME**



**BY AL SCADUTO**



## Just Like Cats & Dogs

**HOCUS-FOCUS**

Differences: 1. Fence slat is missing. 2. Window is added. 3. Book is upside down. 4. Steak is missing.

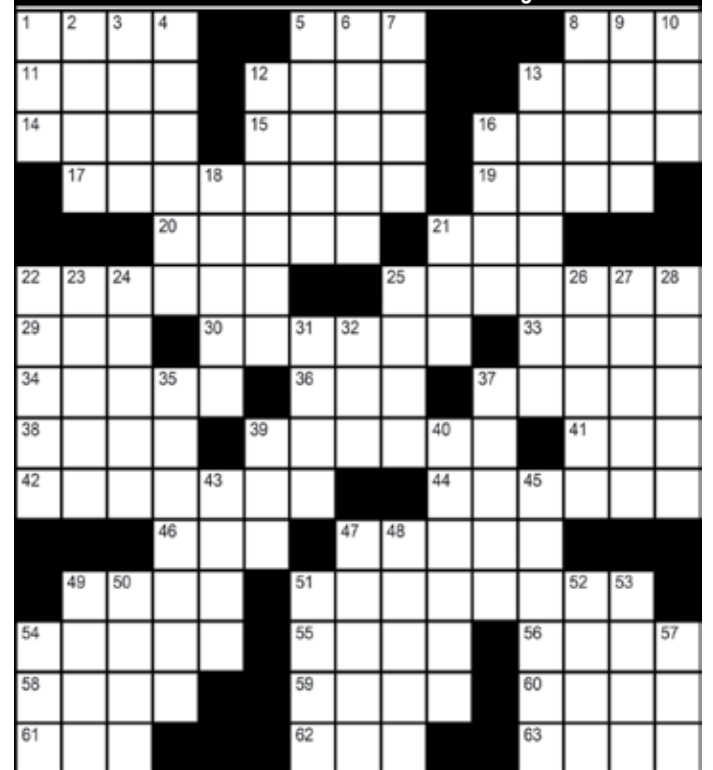
R	A	S	P			F	C	C			A	B	A
A	R	E	A			F	I	L	E		G	L	O
P	I	L	E			R	E	A	P		A	R	G
	A	L	L	H	A	N	D	S			G	E	A
			L	E	N	D	S			M	E	N	
A	L	T	A	I	C				M	A	S	A	L
I	D	O		N	O	U	G	A	T		D	A	L
L	O	P	E	Z		S	A	G		S	E	N	O
E	P	I	C		E	A	S	I	L	Y		A	N
D	A	S	H	O	F	F			E	N	S	I	G
			E	A	T		B	E	A	C	H		
	C	A	L	F		B	U	L	K	H	E	A	D
M	A	N	O	S		O	G	L	E		R	I	E
O	P	E	N			S	L	I	D		D	D	A
B	O	W				H	E	S			S	E	R

## CLUES

ACROSS

1. Smoothing tool
5. Broadband access over-seeing org.
8. Attorneys' org.
11. Length times width
12. \*Lined up single \_\_\_\_\_
13. Lump of stuff
14. Carpet attribute
15. Cut the crop
16. Lingo
17. \*Entire ship's company
19. Toothy wheel
20. Give's a helping hand
21. They're from mars?
22. Language family, includes Turkic and Mongolian
25. Indian spice mix, pl.
29. Bachelor's last words
30. Baby Ruth component
33. One of the Earnhardts
34. She goes by Lo?
36. Actors' grp.
37. Mister in Madrid
38. Colossal
39. With no effort
41. American cuckoo
42. Leave hastily, two words
44. \*Commissioned officer of the lowest rank
46. "\_\_\_\_\_, drink, and be merry"
47. \*Omaha \_\_\_\_\_
49. Baby whale
51. \*It's a wall to a civilian
54. Hands, to #12 Down
55. Check out
56. Cambodian money
58. Welcoming sign
59. Went down slippery slope
60. \*Date of Allied landing
61. \*Opposite of stern
62. "For \_\_\_\_\_ a jolly good..."
63. Dried-up

**Crossword Puzzle Solutions on Page 7**



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## DOWN

5. Evil one
6. Wears
7. Porcini mushrooms
8. Aquarium scum
9. Uncouth one
10. Address abbreviation
12. Spanish dictator, 1939-1975
13. \*Throwing weapon
16. Ice, dark, and middle, e.g.
18. Pittsburgh Steelers' \_\_\_\_ Field
21. Dojo turf
22. Was sick
23. Parkinson's disease drug
24. African antelope, pl.
25. Gaspar, Balthasar and Melchior
26. Veranda in Honolulu
27. " \_\_\_\_ came a spider..."
28. European finch
31. \*"Excellent in all we do" org.
32. None left when on E
35. \* \_\_\_\_ formation, or on diagonal
37. Make synchronous
39. Credit card payment alternative, acr.
40. What Deep Throat did
43. Stumblebums
45. Type of shards
47. \*Announcement device
48. Island off Manhattan
49. Head of family
50. All over again
51. Silly talk or writing
52. \* \_\_\_\_ -de-camp
53. Letter opening
54. Flash dancers
57. NaOH

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## Sudoku Puzzle on Page 7

2	8	7	9	5	1	6	3	4
5	4	1	3	6	2	9	7	8
3	6	9	8	7	4	1	2	5
4	2	8	5	9	3	7	6	1
1	5	6	2	8	7	3	4	9
9	7	3	4	1	6	8	5	2
8	1	4	6	3	5	2	9	7
7	3	5	1	2	9	4	8	6
6	9	2	7	4	8	5	1	3

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**Solutions on Page 7**



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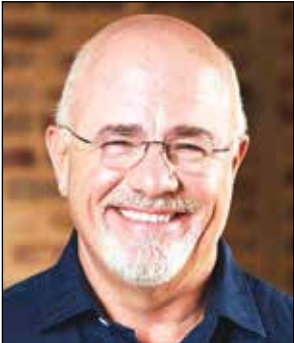
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First, Understand the Problem

Dear Dave,  
I feel truly blessed. Even with everything that is going on these days, I still have a steady job and a good income. I'm thinking about taking some money out of my savings account in order to completely pay off my credit card debt. How do you feel about this idea?

– Erin

Dear Erin,  
It's not a bad plan if you've come to a point where you understand a few things. The credit card and the debt aren't the real problems. They're symptoms of buying things you probably don't need with money you don't have. You need to take a long look in the mirror, because the person who's looking back at you is the real problem.

If you can accept this, and are committed to changing yourself and your

Dave Ramsey Says

financial habits, I'd say go for it. Just don't wipe out your savings in the process. Leave plenty of cash in there, especially right now when so many things are uncertain. Also, make sure you cut up that credit card, close the account, and make a promise to yourself that you'll never use those things again.

Once you do all this, and start living on a written, monthly budget, rebuild your savings as quickly as possible. Saving money is always a good thing. And everyone needs an emergency fund of three to six months of expenses for the unexpected stuff life throws at you!

– Dave

Look at Past Numbers, then Proceed Realistically

Dear Dave,  
Do you have a rule for calculating how much money to set aside for home repair and maintenance?

– Bobby

Dear Bobby,

I don't really know of a formula to determine this sort of thing. I'd suggest looking at your checkbook over the previous year, and

see what you spent on maintenance and repair issues. Home maintenance is kind of like car maintenance, in that it's going to depend on the age and general condition of the house. If you're driving an older model car, you expect to put more into it over time, right? It's kind of the same principle with houses. The older the structure, the greater the likelihood you'll have to pump some money into it.

Make sure you look at things from a realistic point of view. You probably won't need a new roof anytime soon if you had one installed in the last couple of years. But give your house a good going over, inside and out, every six months or so. This will go a long way in assessing what's needed – and what might pop up in the future!


– Dave  
*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.* ★



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# TOO TOXIC TO TRASH!

Properly dispose of your household hazardous wastes (HHW)

HHW can be a danger to humans, pets, and our environment. Learn how you can help keep Citrus Heights safe and clean by properly disposing of HHW – for **FREE!**

## WHAT IS HHW?


HHW is the leftover portion of household products that contain toxic chemicals, such as paint, cleaners, and products with warning labels. These wastes **CANNOT** be disposed of in your regular garbage.

## HOW SHOULD I DISPOSE OF HHW?


Residents can drop-off their HHW at this location for **FREE:**


**North Area Recovery Station (NARS)**

HHW Facility  
4450 Roseville Road  
North Highlands  
Open Tu-Th-Fr-Sat 8:30 a.m. – 4 p.m.  
(916) 727-4770



Visit [www.CitrusHeightsRecycles.com](http://www.CitrusHeightsRecycles.com) for a list of acceptable items and other important information.






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# Citrus Heights Police Department Supports America Strong and United Campaign

By Michael Wells,  
Citrus Heights Police  
Department

CITRUS HEIGHTS, CA (MPG) - Citrus Heights Police Chief Ronald Lawrence is pleased to announce that all Citrus Heights Law Enforcement personnel are joining the California Police Chiefs Association to participate in a new campaign called: America Strong and United. This effort is to recognize the extraordinary service and sacrifice to our community by first responders and essential workers during this pandemic.

**Badge Band**  
First responders historically wear black mourning bands on their badges to mourn the death of a first responder and honor their service and sacrifice. Tragically, several first responders around the state and country have lost their lives to this terrible pandemic and our colleagues are searching for a way to honor their sacrifice. At the same time, there is a need to recognize countless others who continue to serve on the front lines protecting and serving our communities as first responders and essential workers during the state of emergency. Recognizing the need to reflect on sacrifices already made and support those facing unknown danger as first responders and essential workers, a new symbol has emerged. As you encounter Law Enforcement personnel in our community you may notice officers are wearing a red, white, and blue band across their badge. This is in honor of the first responder/essential employee – America Strong



Officers wearing a red, white, and blue band across their badge do so to honor first responder/essential employees in the America Strong campaign. Photo: Citrus Heights Police Department

campaign. This campaign is not just to recognize law enforcement. It is intended to recognize public safety and other first responders such as firefighters, EMT's, paramedics, doctors, nurses, as well as the countless essential workers who are supporting our communities in this time of need. It is also in recognition of first responders, medical personnel and others in our communities who have died or are suffering from the current outbreak. The America Strong campaign recognizes essential workers who put their health and the health of their family members at risk and are working tirelessly, not just in our community, but communities across the country. This campaign serves to inspire hope and unity each time a community member observes a badge band and will serve as a way to recognize and thank those who are keeping our communities safe and functioning through the current emergency. It is also a way to recognize and remember those we have already lost in America, yet bring us together as Americans, because we are all in this together. Badge bands may be worn by CHPD uniformed personnel to inspire hope and optimism toward a quick resolution to the crisis. It symbolizes strength, unity, optimism and resolve to persevere during this trying time. We are all in this together...we are America Strong! ★

# Ask Toni Do Friends Really Understand The Maze of Medicare?



**Toni King**  
*Hi Toni:*  
I met with your office in late 2019 for a Toni Says® personalized Medicare consultation. I have a question regarding travel outside the United States due to COVID-19. Once everything calms down and there is travel to other countries, I would like to plan a trip overseas.  
A friend recently gave me Medicare advice that now has me very confused. She told me that some Medicare Plans give foreign travel medical coverage such as Medicare Plan F, but not Plan G, which was my choice. Is that true?  
Thanks for any help you can give me.  
~ Lee Anne from Sugar Land  
Lee Anne:  
Medicare Alert! Your friend is giving Medicare advice and has no idea of what a Medicare Supplement covers. This is not the first time that a friend has confused someone trying to understand the maze of Medicare.  
Medicare Supplement plans F, G and N cover the same limited amount of emergency foreign travel with illnesses such as COVID-19 and accidents. This is an extra perk

Medicare does not cover. The Foreign Travel plan has a \$250 deductible and \$50,000 lifetime maximum. The Medicare Supplement pays 80% to lifetime maximum of \$50,000 and the insured (you) pay 20% and amounts over the \$50,000 lifetime maximum.  
Who knows what air ambulance from Greece will cost, but a big recommendation that I would suggest to you, Lee Anne is that you talk with your travel agent or explore online for true travelers insurance that will take care of your medical needs while traveling in countries around the world.  
Remember that Original Medicare and Medicare Advantage plans only take care of medical and prescription drug expenses in the United States. Lee Anne be sure you have enough prescriptions while you are traveling overseas, or you will have to pay out of pocket.  
Since your friend seems to be the Medicare Supplement Plan F expert, is she aware that starting January 1, 2020 changes were made to Medicare Supplement Plan F. For those enrolled in a Medicare Part A prior to January 1, 2020, they can apply for Medicare Plan F. Those who enroll in Medicare Part A after January 1, 2020 are not eligible to apply for Plan F and can enroll in Medicare Supplement Plan G  
Here is a big surprise for your friend because Medicare Supplement Plan G can be more affordable than Medicare Plan F.

Medicare Plan N will be the lesser premium plan with more out of pocket.  
Let's discuss the differences in Medicare Supplements Plan G and Plan N:  
• **Plan G:** offers lower rates and the same Medicare benefits as Plan F except the Medicare Part B deductible is not covered and will be paid for by the enrolled Medicare beneficiary. Medicare Part B deductible for 2020 is \$198 which is Medicare Plan G's out of pocket.  
• **Plan N:** generally, has lower premiums than Plan G with generally more out of pocket. There is a \$20 co pay for a doctor visit with \$50 co pay for emergency room. Medicare Part B deductible is not covered, and Medicare Part B excess charges are not paid for by the insurance company which Plan G includes. Plan N can have more out of pocket cost than Plan G.  
America needs to realize that their friends care about their best Medicare interest, but knowing Medicare's rules are another issue. For guidance choosing which Medicare plan meets your needs and understanding the maze of Medicare, call the Toni Says® Medicare office at 832/519-8664 or email info@tonisays.com.  
*Toni King, author of the Medicare Survival Guide® is giving a \$5 discount on the Medicare Survival Guide® Advanced book and bundle package for the Toni Says® readers and friends at www.tonisays.com.* ★

# Costs for Demolishing Nuisance Building Charged to Owner

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - For many years, the City of Citrus Heights attempted to clean up a nuisance property located at 7210 Greenback Lane. Although the commercial building was originally slated to be used as a barbershop, no business license was ever filed for the location. In March 2008, it was reported that the property owner, Mr. George Petker, was illegally occupying the commercial building as a living space with a number of other tenants. The City attempted to investigate reports of building improvements conducted without proper permits, but Petker denied access to the property.  
Over the years, the City grappled with various code enforcement issues at the property, including graffiti, overgrown weeds, accumulation of trash and debris, and many vehicles and motorhomes parked on the lot. Despite numerous violations, Petker refused to clean up the property. Greg Anderson, chief building official for the City of Citrus Heights, said, "He informed me multiple times he would never allow any City authorities inside the building without a warrant."  
Eventually, Petker and the various tenants moved on, and the property was officially declared abandoned in April 2017. Reports of illegal activity on the property led to an inspection in May 2017. Inspectors found transients living inside the building, which was filled with trash and debris as well as human feces and urine. The City boarded up the building and posted a notice that the property was unsafe to occupy. But frequent break-ins, trespassing, and squatting continued, creating a hazard for neighboring properties.  
The property was declared a public nuisance on May 21, 2019. Mr. Petker still owned the property and was informed he needed to correct the violations within 60 days, or the City would seek an Abatement Warrant, which gives the City the authority to clean up the property.  
A fire on July 3, 2019, caused severe structural damage to the roof of the building, which partially collapsed. Anderson said, "It created a serious hazard." The building was then declared a dangerous structure.  
Petker did not respond to the notices and did nothing to improve conditions on

the property. So, on November 16, 2019, the City obtained an Abatement Warrant. When Anderson posted the warrant at the property, he found vagrants living inside and layers of debris everywhere inside and outside the building.  
The abatement process took place between November 22 and December 10, 2019. As crews cleared the building, they found hypodermic needles mixed in with the debris, so they had to treat all the debris as hazardous waste. Finally, the building was demolished, weeds were cleared, and trees were trimmed — leaving a clean, open site.  
On February 12, 2020, an itemized account of the costs of abatement was delivered to Petker, both in person at City Hall and through certified letter to his address of residence. He was informed he had 45 days to repay the costs before an itemized report and summary of all abatement expenses were submitted to the City Clerk.  
At a special meeting of the Citrus Heights City Council on May 14, 2020, the Council considered whether to confirm the report and order that the costs become a personal debt against the owner or be assessed against the property as a lien.  
Citrus Heights City Attorney Ryan Jones said this was only the second time in the City's history that a hearing was held to recover abatement costs: "We only do this in the most challenging of cases when our standard code enforcement actions do not accomplish compliance. We have given the property owner a number of opportunities to comply, including notice to be present."  
The total amount is \$105,783.53, which includes the costs of repeatedly boarding up and securing the structure, asbestos survey, arborist report, tree trimming service, debris removal, and building demolition. Also included in total are accumulated fines over the years for code violations, attorneys' fees, and labor costs of city staff who worked on the years-long abatement process. City Attorney Jones explained that the municipal code gives the City the power to recoup abatement costs: "You do have the authority to pass this resolution to recover all of these costs associated with this matter."  
At least 10 days before the hearing, the owner was informed of the hearing  
*Continued to next column*

through a certified letter, and a notice was published in a local newspaper. The owner did not attend the hearing, and no public

comments were submitted. The City Council voted 4-0 (Councilmember Bret Daniels was absent) to confirm the report,

ordering the abatement costs be charged against Mr. Petker, either as a personal debt or as a lien against his property. ★

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real property situated in said County and State, described as follows: Lot 12, per "Plat of Capell Heights Unit No. 1", filed May 16, 1960, Book 60 of Maps, Map No. 30 The street address or other common designation of the real property hereinabove described is purported to be: 5651 Gerard Way, Citrus Heights, CA 95621. The undersigned disclaims all liability for any incorrectness in said street address or other common designation. Said sale will be made without warranty, express or implied regarding title, possession, or other encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges, and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations at the time of initial publication of this Notice is \$143,450.90. In the event that the deed of trust described in this Notice of Trustee's Sale is secured by real property containing from one to four single-family residences, the following notices are provided pursuant to the provisions of Civil Code section 2924f: NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the

existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee's sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this case 2020-10062. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not be immediately reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: May 07, 2020 CATR2297, LLC, a Wyoming limited liability company By: Ashwood TD Services LLC, its Agent Christopher Loria, Trustee's Sale Officer P.O. Box 3552, Paso Robles, CA 93447 (SEAL) Tel.: (805) 296-3176 Fax: (805) 323-9054 Trustee's Sale Information: (916) 939-0772 or [www.nationwideposting.com](http://www.nationwideposting.com) NPP0370217 To: CITRUS HEIGHTS MESSENGER 05/22/2020, 05/29/2020, 06/05/2020