

## The Gift of Time Together

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## See the Annual Winterdance Celtic Christmas Celebration

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# Citrus Heights Messenger

VOLUME 9 • ISSUE 26 Serving the City of Citrus Heights & Sacramento County NOVEMBER 22, 2019

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CREATING LEADERSHIP OPPORTUNITIES FOR STUDENTS IN FOSTER CARE



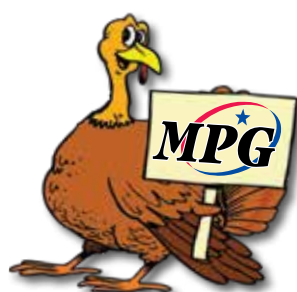
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WHY I VOTED AGAINST THE EMERGENCY EVICTION ORDINANCE



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## Citrus Heights HART Helping Guide Homeless to Independence



Present at this year's HART Spaghetti dinner were left to right: Stephanie Carter, Housing and Human Services Program Coordinator; Alison Bermudez, Associate Planner; Rhonda Rivera, Assistant City Manager and Tom Rivera. In the back from left: County Supervisor, Sue Frost; and Chief of Police, Ron Lawrence. Photo courtesy Sue Frost Right: Marcelle Flowers, a City of Citrus Heights Planning Commissioner, smiles as she shows off the tea themed raffle prize she won at the HART fundraiser. Photo courtesy of Derek Corea

By Elise Spleiss

**CITRUS HEIGHTS, CA (MPG)** - On November 8, 2019 the Citrus Heights Homeless Assistance Team (HART), hosted over 400 guests at the city's Community Center for its 4th annual Spaghetti Feed fundraiser.

Master of Ceremonies Mark Hronicek, with Holy Family Church in Citrus Heights welcomed all and

led the evening in honoring and thanking those who have again led the HART community to a successful year.

Traditional highlights of the evening, which added painlessly to the coffers, were the raffle, silent and live auctions and the

delicious dessert table from which diners chose and purchased their

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## Human Trafficking Sting Results

Sacramento County District Attorney's Office

**SACRAMENTO, CA (MPG)** - District Attorney Anne Marie Schubert announced results of the 3rd annual "Operation: Hot Spots," a coordinated countywide sting operation aimed at reducing the demand side of human trafficking by targeting sex buyers.

Community-based organizations from the Sacramento Together Against Human Trafficking coalition voiced the need to crack down on sex buyers who fund and sustain the sex trafficking trade. In response, DA Anne Marie Schubert led the effort to organize this countywide operation, with a commitment from law enforcement to conduct operations throughout the year to reduce sex trafficking.

The District Attorney's Office coordinated a training for law enforcement agencies with experts on human trafficking victims (adults and juveniles), suspect tactics/manipulations, trafficking investigations, and evidence collection for prosecutions as well as community resources and services available to victims of human trafficking. Victim advocates are involved in the sting operations to assist with services.

In October and November 2019, the Sacramento County Sheriff's Office, Sacramento Police Department, Rancho Cordova Police Department, Folsom Police Department and Elk Grove Police Department conducted street and hotel sting operations. The FBI, Probation Department and District Attorney investigators also participated.

The results were a total of 19 arrests, all for soliciting for prostitution.

DA Schubert states, "Sacramento Together continues to work collaboratively to fight human trafficking on many fronts, including reducing the demand side through city and countywide stings targeting sex buyers. This coalition also continues to maximize their efforts to prevent and better serve victims of sexual and labor exploitation throughout our region."

Sacramento Together is a coalition of more than 30 community-based organizations, law enforcement, state and local public agencies, meeting regularly and working together to combat human trafficking and exploitation in our community. Working collaboratively, the coalition coordinates and maximizes community response efforts as well as all of our regional assets to better serve victims of sexual and labor exploitation. For more information, visit <http://sacramentotogether.org/>. ★

## A Magical Time of the Year at Sunrise Marketplace



Sac Civic Ballet brings the story of the Nutcracker to life with two special ballet performances. Courtesy Sunrise Marketplace

By Julie DePrada, Sunrise MarketPlace

**CITRUS HEIGHTS, CA (MPG)** - Magical Moments returns to Sunrise MarketPlace (SMP)! Visitors to the District will be treated to four free interactive, family-friendly pop-up experiences with a chance to win a \$250 shopping spree at every event.

Each Magical Moment will be on a different day at a different location within the District.

SMP kicks off Magical Moments on Friday, November 22, 2019 with a Holiday Laser Light Show from 6:00 PM - 9:00 PM. For one special night, the Lowes parking lot will be transformed into a holiday rockin' spectacle with Laser Light Shows, the Magical

Moments' Giant Human Snow Globe, Laser Tag Arena, Animated Inflatables, and food and hot beverage trucks. The light shows begin at 6:30 PM, 7:30 PM, and 8:30 PM.

Celebrate A Frozen Winter Festival on Saturday, November 30, 2019 from 12:00 PM to 3:00 PM at Sunrise Village. Frozen Winter Festival is a

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Read More at [www.CitrusHeightsMessenger.com](http://www.CitrusHeightsMessenger.com)

# The Gift of Time Together

## A Son's Story of the Journey through His Father's Terminal Illness

Story by Shaunna Boyd

**SACRAMENTO REGION, CA (MPG)** - The relationship between a son and his dying father is beautifully chronicled in Russ Woody's new book, *Tuesdays with Ted*. The memoir is equal parts heartwarming and heart-breaking as it details the final months of Claude Woody's life and the lasting impact that time had on his son.

Claude, who was always known as Woody, served as a Marine in WWII and then worked for PG&E, a job which required the family to move to a new area of California every couple years. Russ spent his teenage years in Fair Oaks, attending Bella Vista High School and then interning at a Sacramento TV station during college.

An Emmy and Golden Globe winning TV writer and producer, Russ has worked in television for more than 30 years on shows including *Murphy Brown*, *Cybill*, *Mad About You*, *The Drew Carey Show*, and *The Middle*. But it was the time he spent writing and producing *Becker* that would turn out to be his most significant project.

In 2001, after *Becker* had finished its third season, Russ learned that Woody had been diagnosed with amyotrophic lateral sclerosis (ALS) — a terminal neurodegenerative disease that affects nerve cells in the brain and the spinal cord, leading to gradual loss of motor function as the muscles in the body atrophy.



Russ's father Woody developed a friendship with Ted Danson while visiting the set of *Becker*. (Left to right) Russ Woody, Claude Woody, and Ted Danson. Photo provided by Russ Woody.

In the book, Russ wrote that Woody "would die by slow, gradual asphyxiation" as the muscles around the lungs ceased to function. Woody's form of ALS was aggressive and started in his throat; he quickly lost the ability to speak and had to type on a machine called a LightWRITER to communicate. Russ described it as an "incremental death. His body was going away one piece at a time ... while his mind — healthy as ever — was being held hostage." Woody eventually lost the ability to swallow and was unable to hold his head up

without a neck brace. It was 17 months between Woody's diagnosis and his death in September 2002. "Since his diagnosis," Russ wrote, "I'd been marking time, first in months, then weeks, then days and there were still more days to be had, to be shared. Not many, but there were more, and I wanted them, those days, those hours, however many were left." Russ described that time with his father as "the most meaningful year and a half of my life."

To spend as much time as possible with Woody,

Russ moved him to a home in Studio City nearby his own and brought him to the set of *Becker* for filming each Tuesday during Season 4. The cast and crew of *Becker* treated Woody like family, and Russ was overwhelmed and grateful for the love and kindness they showed his father. Woody was even an extra in one episode and was the inspiration for an episode about ALS. During that time, Woody developed a special friendship with the star of *Becker* — Ted Danson (hence the book title, *Tuesdays with*

*Ted*). Russ said that Woody had been a fan of *Cheers*, so "the idea that Ted Danson would become his pal was kind of flabbergasting to him. And Ted just adored him. It was really sweet to see. ... He would just go out of his way to be with my dad."

Russ wrote the book to both remember the precious time he spent with his father and to help his sons understand, since they were so young at the time. "I think by the time my father died, they were both 4 and 6, so they were in the middle of it ... but they didn't

really understand what was going on," said Russ. The boys, Henry and Joe, have some memories of that time with their grandfather: bunk beds and pancake breakfasts, backyard forts and indoor racetracks. Russ said his main objective was "to put the story in perspective for them."

"In the last week of my dad's life, I had a conversation with him; I asked him about his regrets," said Russ. "He thought about it and he said he wished he'd spent more time with me when I was little." At that time, Russ was working long hours in the writers' room at *Becker*, and he then made the decision that he would stop writing for sitcoms so he could have a more flexible schedule: "I wanted to spend that time with my boys, and I got to do that."

The experience with his father had a significant impact on how he relates to his own sons: "I'm so glad that both he and they got to spend that time together. ... I think about my memories of him, and conversations I had, and the conversations I had with the boys. ... It does affect you."

Woody "had a great capacity for taking what was and living with it," said Russ, grateful for every moment he was able to share with his father. In the book, Russ wrote that "with the ticking clock of ALS, the time I did spend with him was all the more intense. It forced me to recognize everything, to say everything, and that was a blessing." ★

KP

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\$1.99	\$2.99	\$2.99	2/\$5	\$2.99	\$1.59

### EUROPEAN GROCERY

Zorps Sunflower Oil 3 Liters	Indulgencia Style Lemons & Tomatoes Spread 540 g	Edema Sandwich Biscuits w/ Lemon Cream Filling 500 g	Almond Tea Excellent Breakfast w/ Free Mug 100 T'S	LU Lulu Cookies Capriotte Choco-Peanut 265 g
\$9.99	\$3.29	\$2.29	\$4.99	\$2.99

### KOREAN/JAPANESE GROCERY

CJ Brown Rice & Brown Syrup Rice Mix 18 lb	Any One Extra Soft Tofu 12.54 oz	Papa King Hot Top Shell 400 g	Sliced Almonds 100 g 2.5 g	Nature's Harvest Seaweed 100 g 2.5 g	Korin Parfait 4 kinds 17.9 oz
9.99	7.99	4.99	10.99	5.99	
Danab Gummy Powder 2.8 oz 100 g	Bekal All Purpose Wheat Flour 5.5 lb	Mixed 7 Grains & Black Beans 4 lb Bag	Green Tea w/ Tangerine 1.68 oz	Nigiri Sauce 375 ml	Gulden Curry 4 kinds 25 oz
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40 lb Box...\$39.99/ea	99¢ /lb	\$1.99 /lb
		\$2.49 /lb

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# Citrus Heights HART Helping Guide Homeless to Independence



At the HART Spaghetti dinner Trevor Owens' was awarded for his success story, getting his life together after being on the street since 2008, and Ardath Ferris co-chair of the Student Connect resource and service event. Photo courtesy Sue Frost

Continued from page 1

favorite cake, pie or other sweets to take home or share with their table.

Funds raised include but are not limited to the support for HART's Homeless Navigator, Toni Morgan, Winter Sanctuary, and Student Connect, which in partnership with Carmichael HART, helps many of the over 3,000 homeless students and their families in the San Juan Unified School District. HART is also involved in the annual military Stand Down.

This event helps support Navigator, Toni Morgan, who seeks out and works directly with those on the street. She navigates them towards the proper resources to change their situation, including finding housing through Sacramento Self-Help Housing. The one requirement: recipients must follow through with

their own assigned tasks and maintain contact with the navigator. In 2018, 136 individuals were housed with Morgan's help.

Partnering with HART in many venues is the Citrus Heights Police Department which keeps a close eye on all their 'permanent' and transient population.

Another expense is the operation of the nine-week Winter Sanctuary program which feeds and houses homeless overnight in rotating churches during the coldest, wet winter months. Expenses include food, cots, sleeping bags, storage container rental and more. Last year's shelter resulted with getting six people off the street.

HART can be seen as one huge team. Five special individuals and organizations were recognized for their outstanding work to make 2019 a successful year, often working closely with one another. Each one

of these is a story in itself:

*For Outstanding Achievement* – Trevor Owens, is another of HART's success stories. After being on the street since 2008, Owens, with the help of HART, is well on his way to the title of "former homeless". Making use of all the resources provided by HART, he now has two jobs, a car and is saving to purchase a travel trailer home for himself.

*Outstanding Volunteer* – Ardath Ferris has been with HART since its inception in 2016 and is co-chair of the Student Connect resource and service event. Two hundred eighty families were served at this year's event, with 106 volunteers helping.

*Outstanding Supporter of the Year* – Stock Ranch Walmart Super Center. Among other donations, a \$5,000 grant to help Mark Hronicek with housing assistance through Self Help Housing.

*Outstanding Partner* – Sunrise Christian Food Ministry. Pam Chandler accepted the honor for the ministry. Distributing over 2,400 pounds a day to the community, they provide food and supplies for Student Connect, the Winter Shelter and Homeless Navigator.

*Outstanding Faith-Based Organization* – Advent Lutheran Church was the site for the first Student Connect and has worked with the Winter Sanctuary since the beginning and is a partner with the Sunrise Christian Food Ministry.

Music for the evening was provided by the Lola Rose Band. Student servers from Mesa Verde High School, JustServe volunteers, and Citrus Heights Queens worked as servers and behind the scenes to help the event run smoothly. ★

# A Magical Time of the Year at Sunrise Marketplace



Special characters from Disney's Frozen including Elsa, Anna, and Kristoff will be onsite for photos with kids. Courtesy Sunrise Marketplace

Continued from page 1

pop-up carnival that will provide child-size amusement and spirited entertainment! This year we will have some very special guests from Frozen. Elsa, Anna, and Kristoff will be onsite for photos and two special performances. Enjoy the festive carnival, which has a variety of games and activities for children of all ages. Have a blast bouncing around in the inflatable bounce houses. Get your face painted by a special holiday elf. Get your picture taken with Mr. and Mrs. Santa Mouse and the Christmas Bear. Stop by the SMP booth to enter to win a \$250 gift card and then climb into the Giant Magical Moments Human Snow Globe to take your Magical

Memorable Moment.

SMP wraps up Magical Moments with the Nutcracker on Wednesday, December 18, 2019 from 5:00 PM to 7:00 PM at the Sunrise Mall in the Macy's Court. Join us as the Sac Civic Ballet brings the story of the Nutcracker to life with two special ballet performances. The first 100 children will receive a hardback Nutcracker book. Make sure to stop by and visit the Elves on the Shelves for Storytime. The event also features Nutcracker character appearances, a background photo op, and a "meet & greet" with the ballet dancers.

Visit [shopsmp.com/Events](http://shopsmp.com/Events) for more information on locations and times for each event. ★

# Auburn Boulevard Revitalization Project Seeks Proposals

City of Citrus Heights

**CITRUS HEIGHTS, CA (MPG)** - The City of Citrus Heights is soliciting proposals from qualified firms to provide professional services, including final design, public outreach, right of way acquisition/engineering and final construction documents for the Citrus Heights Auburn Boulevard Complete Streets Revitalization Project Phase 2.

Auburn Boulevard Complete Streets Revitalization Project Phase 2 (Project) is a Federal grant funded project. The Project will reconstruct 4,400 LF of this mid-century arterial corridor between Rusch Park (Citrus Heights) and Orlando Avenue (Roseville). The Project will construct new curb, gutter, sidewalk, bicycle lanes, curb ramps, decorative street lights, upgraded traffic signals, landscaped raised medians, drainage improvements and landscaping improvements. The

Project also includes construction of a new gateway feature/traffic signal near the north city limit.

Interested parties can download the Request for Proposals (RFP) and the related documents at [www.citrusheights.net/Bids.aspx?BidID=107](http://www.citrusheights.net/Bids.aspx?BidID=107). Proposals shall be submitted in the manner specified in the RFP. Submittal deadline is 4:00 p.m. on Tuesday, December 3, 2019.

Firms interested in submitting a proposal can be placed on the Proposers' List for this project by notifying the City of Citrus Heights via email to [gsd-mailbox@citrusheights.net](mailto:gsd-mailbox@citrusheights.net). The email subject line should state "Auburn Blvd Complete Streets Revitalization Proposer List" and include the firm name, firm address, contact person, phone number, and email address.

The firm(s) must meet all municipal, state and federal affirmative action and equal employment

opportunity practices.

Consistent with the Cal Trans Annual Anticipated Disadvantaged Business Enterprise Participation Level (AADPL) for FFY 2020, the City has established an overall Disadvantaged Business Enterprise (DBE) goal of 19% for the Project.

Minority owned firms are invited to submit their qualifications independently or as a joint venture with other consultants for the entire assignment.

The City of Citrus Heights reserves the right to reject any or all Proposals and to accept any or all Proposals, as deemed to be in the best interest of the City of Citrus Heights.

There will be a mandatory pre-proposal conference for this RFP. The pre-proposal conference will be held at 2:00 PM on November 7, 2019 at City of Citrus Heights City Hall, located at 6360 Fountain Square Drive, Citrus Heights, in the City Hall Community Room. ★

# Women's Club Supports Citrus Heights Police Department



The Citrus Heights City Council recognized the General Federation Women's Club (GFWC) of Citrus Heights for supporting the health and wellbeing of the City's police officers.

Story and photo by Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)** - At the November 14 Citrus Heights City Council meeting, Assistant Chief of Police Gina Anderson introduced "a very special group of members of our community:" The General Federation Women's Club (GFWC) of Citrus Heights. The GFWC is a long-standing non-profit organization that serves the Citrus Heights community and provides strong support for the Citrus Heights Police Department.

Assistant Chief Anderson said, "It would be easy to assume that those who enter the public safety profession know the stressors and the challenges that they will face on the job and that they're prepared for it. But the mental and physical health of the men and women who put themselves in harm's way every day should be a matter of concern to all of us. Their health is not only critical to their on-the-job performance but also to their individual safety and the collective safety of the people who they serve to protect. The GFWC recognizes

the need to take a holistic approach to the health and wellness of our public safety professionals."

The GFWC coordinates the annual Taste of Citrus Heights event to raise funds to support health and wellness training programs for police personnel — raising over \$20,000 to date. Assistant Chief Anderson said, "Their donations have allowed us to conduct some unique training opportunities in the area of emotional survival, personnel safety, what to expect after surviving a critical incident, and strategies to reduce in-the-line-of-duty injuries and in-the-line-of-duty deaths. ... We are very thankful for their support and all of their contributions."

The GFWC ensures that police officers in Citrus Heights feel valued and supported by the community, and Citrus Heights Mayor Jeannie Bruins presented the club with a proclamation recognizing their important work: "I want to thank you, on behalf of the City Council, for all you've done and are doing for our police department." ★

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by Bryan Golden

**What Motivates You?**



Do you lack enthusiasm? Are you dragging yourself around while drifting through life? How different did you feel when you were really excited about something? Perhaps it was a vacation, a special weekend, getting together with people you cared about, or finally buying something you had wanted for a long time that motivated you.

Connecting with that which motivates you is a transformative experience. Looking forward to whatever you find exciting infuses you with a wonderful energy which brightens your perspective.

Knowing exactly what motivates you provides a powerful edge. It enables you to structure your life to harness the amazing force of motivation. Motivated people are unstoppable. There is virtually no obstacle which they cannot overcome.

Knowing yourself is the starting point. Can you identify in detail exactly what motivates you? What is it that drives you more than anything else? Motivation is a powerful influence which provides exceptional energy, determination, and drive.

Understanding your motivation enables you to formulate a strategy which will reenergize your life. Actively pursuing motivating goals brightens every step you take. You look forward to each new day as you travel down your newly discovered path.

There are several reasons

more people don't pursue a path which motivates them. They may feel their goals are unrealistic. Perhaps they don't feel deserving of the life they seek. It's possible they don't believe they are capable of reaching their goals.

Pursuing what motivates you requires a can-do, will-do attitude. Don't talk yourself out of your pursuit by making excuses. Don't allow others to dissuade you with criticisms, ridicule, or any other negativity.

Each person has their own unique motivators. You don't need anyone else's approval. Identify whatever gets you going and then get going. Let's look at some examples of motivators to get your mind primed to find what works for you.

Striving for accomplishment is a great motivator. Identify something you would like to accomplish in one or more areas of your life. Formulate a step by step plan which will take you there. All accomplishments are realized one step at a time.

Perhaps becoming the best at what you do is your driving force. Developing a standard of excellence certainly has many rewards. As you progress, continually visualizing how you will feel once you have reached this pinnacle, will fuel your drive.

Money can be a motivator. This is most effective when you view money as a means to reach some other

specific goal. If money is your motivator, determine exactly how much you need. Create a financial plan which will take you to your objective. Keep track of your progress.

Helping others is another significant motivator. This path can be pursued through your profession, by volunteering, or through financial generosity. Helping others does not require sacrificing your own well-being. You can do the most good for others when you are OK yourself.

Additional common motivators are time, family, relationships, travel, hobbies, and career. The motivators mentioned here are just some ideas to get you thinking. Motivation is very individual. Find what works for you. You may have several motivators which are important. Find what's right for you at this point.

If you are not doing so already, start pursuing those things which motivate you. Your entire outlook will change as your level of excitement and satisfaction grows. Doing what you love to do is so rewarding.

Today is the time to get motivated. Motivation drives success. Don't put it off. Time goes by too fast.

**NOW AVAILABLE:** "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com) or write him *clo* this paper. ©2017 Bryan Golden ★



By Pastor Ray Dare

With Thanksgiving just a few days away, how do give our thanks back to God for all the blessings He has given us? One way to bless others. Thanks, and giving go together. Here are some truths to remember about sharing God's blessing...

**Allow your blessings to flow to other people.** The Bible teaches us that we are blessed not just so that we can feel good, not just so we can be happy and comfortable, but so that we can bless others. God told Abraham in Genesis 12:2, "I will bless you ... and you will be a blessing" (NIV). How can you be a blessing to others? By meeting a need, whether it is physical or emotional support, financial help, or practical help or advice. "Forget yourselves long enough to lend a helping hand" (Philippians 1:4 MSG).

*Pastor Ray's*  
**Encouraging Words**

**Show Your Thanks by Giving**

**When you bless others, God takes care of you.**

God promises that if you will concentrate on blessing others, he'll take care of your needs. In fact, God guarantees this blessing. In Luke 18, Jesus says, "I guarantee this. Anyone who gives up anything for the kingdom of God will certainly receive many times more in this life and will receive eternal life in the next world to come."

**Your blessings to others come back to you.** The more you share the more God is going to bless your life. "God can bless you with everything you need, and you will always have more than enough to do all kinds of good things for others." 2 Cor. 9:8 (CEV) God says, "I've blessed you abundantly so you can bless others abundantly." You may think, "I don't have an abundance." Yes, you do. You have more than 92% of the world. You live in the richest nation in the world and in one of the richest areas in the nation. So, you can't use that excuse. The more you bless other people around you, the more God says, "I'm going to pour

blessings out on you." Simply start with what you have.

**The more you are blessed the more God expects you to help others.** Jesus said it this way in Luke 12: "Much is required from the person to whom much is given; much more is required from the person to whom much more is given" (GNT). You are blessed to be a blessing.

This Thanksgiving, think of ways to bless others, ask yourself... "What am I good at that I could do for other people?" Not for a profit, just do it for others to be a blessing. What do I know or what have I experienced that I could pass on to other people that would be a blessing to them? What do I have that I could give to somebody who needs it in order to be a blessing? Not loan somebody but give expecting nothing in return?" This Thanksgiving express your thanks by giving to others.

**Pastor Ray**  
**New Beginnings Church**  
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[www.NBC4U.org](http://www.NBC4U.org) ★

**Getting Old Is Not for Sissies**

Dr. James L. Snyder

I will not admit to being old, but I am older than I was 10 years ago. Those 10 years have been filled with all kinds of things helping me to get older.

The Gracious Mistress of the Parsonage and I were sitting around enjoying an evening cup of coffee. Nothing like a good hot cup of coffee to settle the nerves. It's not that I have nerves, but it's just an excuse to drink coffee.

Getting back to my wife and me drinking coffee together, the conversation shifted in the direction of how old we actually are.

"Boy, we've come a long way, haven't we?" I think my wife is right in that observation.

We spent a few moments reminiscing about what people call the "good old days." I must say we had quite a few of them. Of course, my wife remembers more of them and the details about them than I do. But that's okay. Sharing a memory is one of the great blessings of life.

The thing that troubles me is that my wife remembers a memory different than I remember that same memory.

She begins a conversation by saying, "Do you

remember..." Then she'll go off when some memory deep in the past. Some of the details of that memory seem to be familiar, but I go along with her.

The other day I forgot something I was trying to remember. For the life of me, I could not remember it. Why is it that you cannot remember so many things that are happening right now?

Then it hit me. My memory is like a computer disk, which has a certain amount of memory on it. Once you use all the memory, you cannot put any more memories on it. You must get a new disc.

I wonder if that is what's going on with my memory? Maybe I have used up most of my memory space.

I shared this with my wife and she looked at me and said, "I think you have something there."

My memory is not quite that bad, but I can never remember her saying anything along that line especially to me. I just went along with her.

"Maybe," my wife said rather thoughtfully, "we should delete memories in the past that we no longer need. That will make room for new memories."

Only my wife could come up with something like

that. But as she talked on, it sounded like a good thing to do.

I looked at her and said, "Can you tell me where the delete button is on our memory?"

"Silly boy," she said, "do I have to think of everything?"

Whatever the solution, I think it is important to make room for new memories. Enjoy the ones in the past, but do not let the past hinder the present.

Thinking on these things it occurred to me that getting old is not for sissies. It takes a real man and a real woman to blossom into old age. If you are not careful, getting old can wear you out both physically and mentally.

Thinking about this I thought of what David said. "They shall abundantly utter the memory of thy great goodness, and shall sing of thy righteousness" (Psalm 145:7).

No memory is better and more refreshing than my times with God.

*Dr. James L. Snyder, pastor of the Family of God Fellowship, lives with the Gracious Mistress of the Parsonage in Ocala, FL. Call him at 352-687-4240 or e-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). The church website is [www.whatafellowship.com](http://www.whatafellowship.com).★*



By Marlys Johnsen Norris, Christian Author

**"Faith Will Move a Mountain"**

those words and God moved to bring about a miracle for us. (38 year separation due to kidnapping of my little brother) Later I wrote about it and titled my book "God Moves Mountains, It was a Miracle!" My faith and understanding of who God IS, was renewed. I wrote it with hope that those who read the book learned how to pray more effectively as well and will help them with the deep needs in their lives.

Old Testament reveals all life is dependant on the "blood". The blood of animals were sacrificed and then sprinkled on the altar of worship honoring God and purchase forgiveness from sins each year for the Jewish people during a special time of the year. Surprisingly that practice still continues today.

A holy and loving God had a bigger plan of mercy for humanity! Now we have the forgiveness of God because His beloved Son, Jesus came and willingly died on a Cross for us. As He was dying on that Cross - a centurion pieced his side - causing every ounce of Jesus blood to be poured out of His body. His sacrificial blood washes away all sins of those who sincerely do accept Him as Lord and Savior in their lives today. He paid the penalty to purchase our redemption from all our sins Then, in three days He miraculously

came alive again! No other religion on the face of the earth can claim that! They all stayed dead.

God will give anyone victory over all those mountaintop circumstances. God has the power and will intervene and change everything when we understand His power and ask! There is unlimited power in the "BLOOD OF JESUS CHRIST" when we pray and claim it. His blood has enormous consequences: **Healing Power, Delivering Power, Transforming Power, Faith Power, Forgiving Power, Loving Power, Miraculous Power, Guiding Power, Protective Power, and Sealing Power.**

Remove the unbelief from your life but do recognize the darkness that evil one has invaded yours or someone's life. It is important to "bind his evil works" and pray. **PLEAD THE PRECIOUS SACRIFICIAL BLOOD OF JESUS TO COVER THEM.** Then, tell the evil one he no longer has the right to the person's life you are praying for. They now are in God's hands! It may sound fanatic but learn to pray and "Plead the Blood of Jesus" over everything that concerns you. Then, watch and you will see the hand of God move miraculously.

*Marlys Johnsen Norris*  
*Christian Author of 7 Books*  
*[Marlysjn@gmail.com](mailto:Marlysjn@gmail.com) ★*

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**Thank A Veteran Today**

# See the Annual Winterdance Celtic Christmas Celebration

By **Stuart Mason,**  
*Molly's Revenge*

**CARMICHAEL, CA (MPG)** - On Friday, December 6, Molly's Revenge with guest vocalist Amelia Hogan and the Murray Irish dancers will present Winterdance, an evening of music, song and dance associated with the festive season at St. Michael's Episcopal Church. The performance will include Christmas songs both old and new, all played with a Celtic twist, and something new for our regulars, starting at 7:30 pm.

The core of the Winterdance show is the dynamic Celtic trio called Molly's Revenge. The band recently released their 14th album titled *The Lucky Set*. This year they will be joined by guest vocalist Amelia Hogan, who sang with the show last year, along with the Murray Irish dancers from Portland. As always, this 14th Annual Celtic Christmas Celebration will capture the traditional spirit of the season and warm the hearts of all who attend.

Molly's Revenge is comprised of a trio of Californians who have dedicated their lives to Celtic music. David Brewer has been playing whistle, bodhran, and four types of bagpipes for over 20 years. He studied in Scotland at the Ceolas Music School in South Uist under the tutelage of some of the best pipers in the world. His authentic and unique style of playing has earned him the reputation of being one of the most accomplished pipers on the West Coast.

John Weed is a classically-trained violinist who switched to playing Irish fiddle about 25 years ago. John lived in Ireland for a time, and taught fiddle workshops at the Flowing Tide International Music School in Doonbeg, County Clare. He attended the Frankie Kennedy Winter School in Dunlewey, County Donegal where he has studied with Ciaran O'Maonaigh and Dermot McLoughlin. In recent years his fiddling has grown to include American, Quebecois, and Swedish fiddle styles.

Guitarist Stuart Mason has been collecting and performing traditional music for over 40 years. He has appeared on stage from Ireland to China performing Celtic, Nordic, old-time, and his own compositions, which have won awards from the West Coast Songwriters Association. He also leads workshops and classes in traditional music techniques at music festivals and camps.

Guest vocalist Amelia Hogan sings traditional, Irish, Scottish, British, American and contemporary folk music with lilting grace and subtle power. She transports you with a spell into another time and place, where the banshee wails and lovers embrace. Haunting melodies, stirring passion, and evocative storytelling are the hallmarks of Amelia's music. In her words:

"My story begins with my ancestors in Ireland, Scotland and Britain more than a hundred years ago." Their languages and



The Murray Irish dancers from Portland, Oregon will present Winterdance along with Molly's Revenge and vocalist Amelia Hogan. Courtesy Molly's Revenge

cultures were threatened by hardship and politics. They left their homes out of desperation, to search for a better future for themselves and their children. They left their families, their friends and all they knew in hopes of finding a home in this new place."

"With them they brought the stories, songs, dances and customs that might sustain them through long voyages, poverty, loneliness, and despair. When they arrived, many immigrants did not find the opportunities they had believed they would in the New World. Indeed, they

often found themselves in similar straits to the ones they'd left behind."

"I'll sing the songs of their old ways, to remind you of where we come from. This is an Irish-American story, a story of hope, survival, and victory. Our Winterdance show reminds all of us of the light and laughter that can be found in the darkest time of year."

St. Michael's Episcopal Church is located at 2140 Mission Avenue, Carmichael, CA. For more information or to get tickets visit [mollysrevenge.com](http://mollysrevenge.com) or call (831) 818-5021. ★



Molly's Revenge bagpiper, David Brewer (center), energizes the trio of Celtic music along with violinist/fiddler John Weed and guitarist Stuart Mason. Courtesy Molly's Revenge

## Sacramento County DA Reports



### Defendant Convicted of Domestic Violence, Attempted Murder

**DATE:** November 15, 2019  
**CASE:** Gerald Franklin Jr.  
(Case #18FE014798)

**PROSECUTOR:** Deputy District Attorney Scott Schweibish, Career Criminal Prosecution Unit

The Honorable Geoffrey Goodman sentenced Gerald Franklin Jr. to 16 years in prison. On October 4, 2019, a jury convicted Franklin of assault with personal use of firearm, mayhem with personal use of firearm, and being a felon in possession of firearm.

Gerald Franklin Jr. and his wife got into a verbal altercation with their apartment manager and the victim, who was the maintenance man. Words were exchanged, but no violence ensued. The next day on August 1, 2018, the victim was painting the apartment directly above Franklin. Franklin's wife went upstairs and engaged in a verbal dispute with the victim, who ultimately pushed her out of the apartment. Franklin's wife left the apartment screaming that the victim hit her. Franklin went upstairs with a shotgun and kicked the door. When the victim opened the door, Franklin raised the gun and pointed it at victim's chest. A struggle ensued over the shotgun. During the struggle, the shotgun fired and hit the victim's hand. The victim went through several surgeries, but still suffers from permanent damage to several of his fingers.

Franklin's past criminal history includes convictions for assault and battery, domestic violence, vehicle theft, resisting and lying to officers, and possession of stolen property. ★

### Defendant Convicted of Domestic Violence, Attempted Murder

**DATE:** November 6, 2019  
**CASE:** Armando Pachicano  
(Case #15F01803)

**PROSECUTOR:** Deputy District Attorney Monica Robinson, Domestic Violence Unit

Armando Pachicano pled no contest to premeditated attempted murder and causing great bodily injury during

a domestic violence crime.

Pachicano and the victim had been in a dating relationship and recently broke up. On March 22, 2015, Pachicano followed the victim into an apartment complex and ambushed her. He stabbed her more than seven times, including slicing her throat. Witnesses yelled at Pachicano to stop stabbing the victim and let her go. Pachicano eventually stopped and attempted to drag the victim into a getaway car. The victim suffered multiple life-threatening injuries to her chest and abdomen, but she survived.

Pachicano faces a maximum sentence of 11 years to life in prison. Sentencing is scheduled for December 3, 2019, in Department 14 before the Honorable Tami Bogert. ★

### Defendant Convicted of Murder & Attempted Murder in Homeless Camp

**DATE:** November 6, 2019  
**CASE:** Chue Xiong  
(Case #18FE020554)

**PROSECUTOR:** Principal Criminal Attorney Caroline Park, Homicide Unit

Chue Xiong was convicted by a jury of the first-degree murder of Mario Perez-Arzola, attempted murder and being a felon in possession of a firearm. It was also found that Xiong used a firearm in the commission of the murder and attempted murder and that he had previously been convicted of a felony strike offense, first-degree residential burglary.

On October 18, 2018, Chue Xiong approached one of the victims in a homeless camp and demanded to know where someone was while holding the victim at gunpoint. Mr. Perez-Arzola walked up to Xiong and was able to calm him down. Xiong then inexplicably shot Mr. Perez-Arzola in the chest, killing him. Xiong then shot the other victim in the shoulder, but that victim survived.

Xiong faces a maximum sentence of approximately 150 years to life in prison. Sentencing is set for December 9, 2019, at 9:00 a.m. in Department 29 before the Honorable Geoffrey Goodman. ★

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# WEEKLY COMICS

## Amber Waves

by Dave T. Phipps



## The Spats

by Jeff Pickering



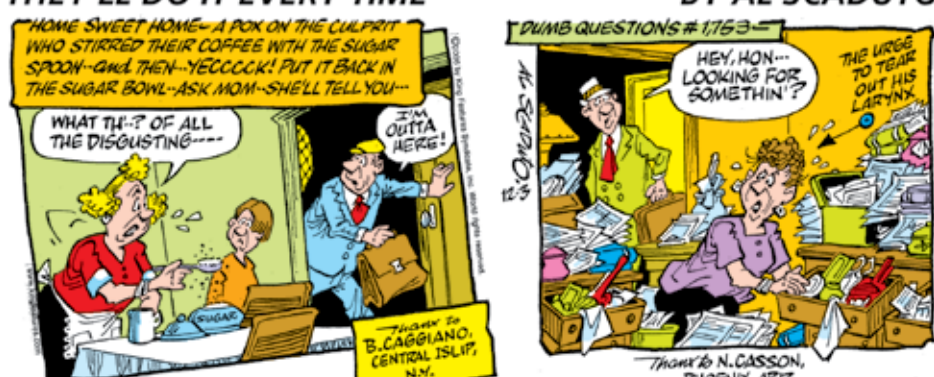
## Out on a Limb

by Gary Kopervas



## THEY'LL DO IT EVERY TIME

BY AL SCADUTO



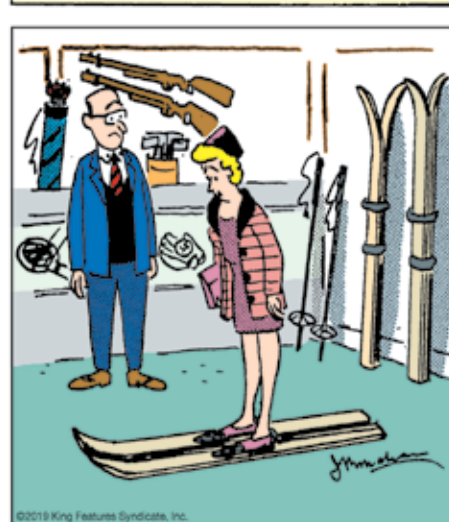
## R.F.D.

by Mike Marland



## GRIN and BEAR IT

## LAFF-A-DAY



## Just Like Cats & Dogs

by Dave T. Phipps



## HOCUS-FOCUS

BY HENRY BOLTHOFF



Find at least six differences in details between panels.  
Differences: 1. Burger stack is shorter. 2. Man in background is missing. 3. Sticks have no curls. 4. Large sign is different. 5. Customer's nose is smaller. 6. Two small signs are reversed.

## Crossword Puzzle on Page 6

O	P	E	C			C	W	M				M	O	A					
A	L	A	R			F	L	E	A			A	B	O	R	T			
F	O	R	A			L	O	S	T			S	A	U	C	E			
						P	L	Y	M	O	U	T	H			P	L	E	A
							O	A	S	T	S			T	E	L			
T	H	A	N	K	S							G	A	R	O	T	T	E	
A	U	G				E	Y	E	L	I	D					O	R	E	S
B	R	A	G	S			R	I	B			A	N	I	L	S			
L	O	T	I				I	N	D	E	E					A	C	E	
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G	U	E	S	S							P	S	S	T		T	R	I	O
I	T	S									S	E	E			O	O	Z	E

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## Sudoku Puzzle on Page 6

3	2	5	1	4	7	8	9	6
6	9	1	3	8	2	7	4	5
7	4	8	9	5	6	3	2	1
2	1	3	5	7	8	9	6	4
4	8	6	2	9	1	5	3	7
9	5	7	4	6	3	1	8	2
1	7	4	8	2	9	6	5	3
8	6	2	7	3	5	4	1	9
5	3	9	6	1	4	2	7	8

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**Democrats Shouldn't Blame Latin**

If the impeachment effort isn't taking the nation by storm, the Democrats have an answer – blame it on Latin. The use of a Latin term, quid pro quo, is now thought to be a damper on the impeachment cause because it sounds complex and technical.

Latin is one of the great legacies of the Roman Empire, influencing languages across Europe and giving us scientific, medical and legal terms that heretofore had been thought perfectly fitting. That was before Democrats felt they needed a more emotive phrase to characterize President Donald Trump's conduct in the Ukraine controversy, and especially one that denotes a more grave offense.

Democratic Rep. Jim Himes, from Connecticut, made the case on "Meet the Press": "When you're trying to persuade the American people of something that is really pretty simple, which is that the president acted criminally and extorted, in the way a mob boss would extort somebody, a

vulnerable foreign country, it's probably best not to use Latin words to explain it." There's a lot to unpack here. The first problem is that Ukraine is not nearly as simple, or as dramatic, as Democrats first hoped. It doesn't have something memorable and inherently attention-grabbing at its heart, like the Watergate break-in or the Clinton-Lewinsky affair. It involved a pressure campaign on the Ukrainians that – once examined closely – was complicated, ambiguous and highly contested within the administration. No matter what word is applied to it – even the plainest, non-Latinate English word – this isn't going to change.

Another problem is that it wasn't criminal. Impeachment doesn't require a crime, but it helps. The best card that Republicans had against Bill Clinton in their impeachment push in the 1990s was that he had flagrantly violated the law by perjuring himself repeatedly. Democrats wish they had Trump on similar violations. In their absence, they are attempting to create the impression of rank criminality, via metaphor. This is why they want to shift to the terms "extortion" or "bribery" – and throw in references to mob bosses.

It can't be that squeezing a foreign power is a criminal act, though, or every American president would

be guilty of crimes in the course of the horse-trading of routine statecraft.

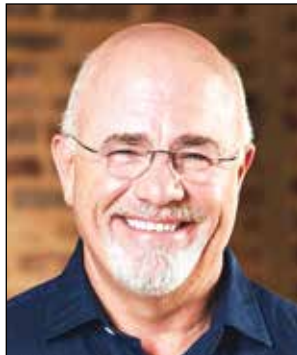
What makes the Ukraine matter different, and blameworthy, is that he wanted an investigation that touched on Joe and Hunter Biden. This was improper because it involved a mingling of presidential powers and U.S. resources with a goal that was, largely, personal and political in nature.

Once we are talking about an improper use of lawful powers, then things are less lurid and more complicated than a mafia-land crime. And once you factor in that the Ukrainians ultimately got their funding without investigating anyone or announcing an investigation into anyone, the picture is even less clear.

Impeachment and removal of a president requires a national consensus to get the two-thirds vote to convict in the Senate. This is why the Democrats need more than wrong and troubling and worthy of congressional investigation, a standard they've amply met; they need shocking to the conscience, which they aren't going to meet on anything like the current universe of facts.

This is the political reality – in English, Latin or any other language.

*Rich Lowry is editor of the National Review. (c) 2019 by King Features Synd., Inc.* ★



**Dave Ramsey Says**

to Baby Step 3, which is increasing your emergency fund from \$1,000 to three-to-six months of household expenses.

In reality, we're talking about a pretty short period of time where you'd have just \$1,000 in emergency savings. Plus, it serves as an exercise in financial discipline. A lot of people have nothing saved before beginning the Baby Steps.

If that makes things seem a little scary at the start, it's not necessarily a bad thing. A healthy level of fear can be a fantastic motivator. I don't want anyone constantly living their lives in fear, but that added push – that sense of urgency – can make you work harder to get out of debt, and move on the Baby Step 3, as quickly as possible!

–Dave

**Baby Step for Weddings**

Dear Dave,

We recently started following your plan, and it has made a huge difference in our financial outlook and our marriage. When it comes to the Baby Steps, when do you recommend setting aside money for a wedding? We have a daughter, and we want to

be able to do as much as possible for her when the time comes.

–Jim

Dear Jim,

That's a good question. There's not really a Baby Step specifically for weddings. In my mind, it should probably come after Baby Step 5 – setting aside a college fund for your kids.

Maybe part of this is the dad in me, but in prioritizing these things I think a good education is more important than a big wedding. Don't get me wrong, a wedding is a wonderful event and cause for lots of joy and celebration. But it's also a one-day event. Plenty of people have inexpensive, beautiful weddings, and enjoy long, wonderful lives together!

–Dave

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.* ★

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<p><b>SWHEAT SCOOP NATURAL WHEAT LITTER</b></p> <p>(12 Lb Bag - Original \$10.99 Multi Cat \$11.99)</p> <p>36 Lb Bag Original <b>\$29.99</b> Multi-Cat <b>\$31.99</b>                  Limit 2 Bags</p>	<p><b>KAL KAN CESAR SELECT DINNERS DOG FOOD</b></p> <p>All Varieties 3.5 Oz Limit 2 Cases <b>75¢</b></p>	<p><b>FRESH STEP CAT LITTER</b></p> <p>21 Lb Bag (14 Lb Bag - \$4.49) Limit 2 Bags <b>\$6.49</b></p>
<p><b>CORE GRAIN FREE DRY DOG FOOD</b></p> <p>22-24 Lb Bag</p> <ul style="list-style-type: none"> <li>•Regular <b>\$58.99</b></li> <li>•Soft Step <b>\$61.99</b></li> <li>•Ocean</li> <li>•Reduced Fat</li> </ul>	<p><b>OKOCAT CLUMPING WOOD LITTER</b></p> <p>•Regular <b>\$3.00 OFF</b> 12.3 Lb <b>\$4.00 OFF</b> 16.7 Lb <b>\$4.00 OFF</b> 22.3 Lb</p>	<p><b>SCIENCE DIET CANNED CAT FOOD</b></p> <p>Selected Varieties 5.5 Oz Limit 1 Case <b>\$1.09</b></p>

<p><b>HAMILTON PET LEASHES</b></p> <ul style="list-style-type: none"> <li>•Collars</li> <li>•Leads</li> <li>•Harnesses</li> <li>•Nylon</li> <li>•Leather</li> </ul> <p><b>20% OFF</b>                  OUR SUPER LOW PRICES</p>	<p><b>PENN-PLAX CASCADE POWER FILTER SALE</b></p> <table border="1"> <tr> <th>MODEL</th> <th>TANK SIZE</th> <th>PET CLUB SALE</th> </tr> <tr> <td>CASCADE 100</td> <td>20 Gal.</td> <td>\$17.99</td> </tr> <tr> <td>CASCADE 150</td> <td>35 Gal.</td> <td>\$25.99</td> </tr> <tr> <td>CASCADE 200</td> <td>50 Gal.</td> <td>\$35.99</td> </tr> <tr> <td>CASCADE 300</td> <td>100 Gal.</td> <td></td> </tr> </table>	MODEL	TANK SIZE	PET CLUB SALE	CASCADE 100	20 Gal.	\$17.99	CASCADE 150	35 Gal.	\$25.99	CASCADE 200	50 Gal.	\$35.99	CASCADE 300	100 Gal.	
MODEL	TANK SIZE	PET CLUB SALE														
CASCADE 100	20 Gal.	\$17.99														
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CASCADE 200	50 Gal.	\$35.99														
CASCADE 300	100 Gal.															
<p><b>PARAGON WHIMZEE Dental Dog Treats</b></p> <p>Edible Dog Chews All Varieties <b>20% OFF</b>                  OUR SUPER LOW PRICES</p>	<p><b>VAN NISS CAT PANS</b></p> <p>REGULAR HI-SIDES</p> <ul style="list-style-type: none"> <li>Large CP2 <b>\$3.49</b> Large CP2HS <b>\$5.49</b></li> <li>Giant CP3 <b>\$5.99</b> Giant CP3HS <b>\$6.99</b></li> </ul>	<p><b>AQUEON BOXED 10 GALLON TANK With Economy Kit</b></p> <p>Just add Heater For Tropical Fish <b>\$36.99</b> Limit 1 Per Family</p>														
<p><b>SWEET HARVEST BIRD PRODUCTS AS MARKED 15% OFF</b>                  OUR SUPER LOW PRICES</p> <ul style="list-style-type: none"> <li>•Canary •Finch •Parakeet</li> <li>•Cockatiel sun/no sun</li> <li>•Canure &amp; Lovebird</li> <li>•Parrot sun/no sun</li> <li>•Macaw 2 Lb - 4 Lb Pkg</li> </ul>	<p><b>K&amp;H HEATED BEDDING</b></p> <ul style="list-style-type: none"> <li>•BED •WARMER</li> <li>•PAD •MAT</li> </ul> <p>All Varieties <b>20% OFF</b>                  OUR SUPER LOW PRICES</p>	<p><b>KORDON WATER CONDITIONERS</b></p> <ul style="list-style-type: none"> <li>Amquel 16 Oz <b>\$6.49</b></li> <li>Amquel Plus 16 Oz <b>\$6.49</b></li> <li>Novaqua Plus 16 Oz <b>\$6.49</b></li> </ul>														

<p><b>BONUS COUPON</b></p> <p><b>JONNY CAT PREMIUM CAT LITTER</b></p> <p>10 Lb Bag Limit 2 Bags With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 11/20/19 - 11/26/19 <b>\$1.79</b> CHM PLU 365</p>	<p><b>BONUS COUPON</b></p> <p><b>WHISKAS TEMPTATIONS CAT TREATS</b></p> <ul style="list-style-type: none"> <li>•All Varieties 3 Oz.</li> <li>Limit 2 Pkgs with Coupon</li> <li>Limit One Coupon Per Family</li> <li>Price Valid Only With Coupon</li> </ul> <p>Effective 11/20/19 - 11/26/19 <b>\$1.25</b> CHM PLU 569</p>	<p><b>BONUS COUPON</b></p> <p><b>FANCY FEAST GOURMET CANNED CAT FOOD</b></p> <p>3 Oz 1 All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 11/20/19 - 11/26/19 <b>ON SALE</b> Everyday CHM PLU 361</p>
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# Crime Reports



## Citrus Heights Police Report

November 11<sup>th</sup>  
November 12<sup>th</sup>

- 11/11/19: 00:15 Disturbance Verbal 1911110001**  
Occurred at The Orchard Apartments on Madison Av. Sounds like neighbors are running around and wrestling, at least two subjects.
- 11/11/19: 09:56 Illegal Dumping 1911110064**  
Occurred at Sas Shoes on Greenback Ln. R/P adv the owner of tugboat fish & chips just dumped a sofa behind the store.
- 11/11/19: 10:17 Suspicious Vehicle 1911110068**  
Occurred on Gimbel Wy. Red Chevy compact car parked at loc for 2 hours. Female in psgr side w/ rooster mask, no other occupants.
- 11/11/19: 10:40 Stolen Veh Recovery 1911120100**  
Occurred at Rosin Ct, Sacramento.
- 11/11/19: 20:44 Suspicious Circumstances**  
Occurred at Sams Club on Greenback Ln. RP adv a 647F male is inside the loc and is yelling and jumping on the table and refusing to leave. Subj can be heard yelling the background s/wma, 40-50 yoa, shirt less, jeans w/belt, blk tennis shoes, no weapons seen, very HBD.
- 11/12/19: 09:51 Criminal Threats Rpt 1911120083**  
Occurred on Scribner Av. RP has given someone a large amount of money for a vehicle that may not exist and now is requesting more money from them and is threatening to come to their house in Citrus Heights is the person they were giving money for a vehicle. RP thinks he may come to the house and her son may try and block him in so he cant leave.
- 11/12/19: 11:13 Hit and Run Non-Inj 1911120109**  
Occurred at Greenback Ln/Birdcage St. BLK FORD SEDAN
- 11/12/19: 14:49 Assault 1911120167**  
Occurred at Greenback Ln/Auburn Bl. Occ last night homeless female who is a regular at the bus stop hit RP and grabbed her hair last night. RP not at loc currently but would like officer to call her.
- 11/12/19: 15:07 Suspicious Circumstances 1911120175**  
Occurred on Bonham Cr. RP neighbor door is wide open RP adv he has known the neighbor for 12 yrs and subj has never left the door open.
- 11/12/19: 16:48 Suspicious Circumstances 1911120213**  
Occurred on Villa Oak Dr. at 0815 this morning stepdaughter's bf was in 415 with daughter throwing items and ran his veh into their fence causing heavy damage
- 11/12/19: 17:00 Suspicious Circumstances 1911120218**  
Occurred on Buttonwood Wy. RP states she used to live in ssd jurisdiction and someone was stalking her and taking photos of her, she does not know the person who is following her and taking photos. Request officer call in the evening if possible.

<b>Codes and abbreviations</b>	HBD = has or had been drinking	UNK = unknown	647F = drunk in public
AMB = ambulance	IFO = in front of	WFA = white female adult	10851 = unauthorized use of vehicle/vehicle theft
BMJ = black male juvenile	LSW = last seen wearing	WM = white male	
DEC = declined	RP = reporting party	415 = Disturbing the Peace	
HM = Hispanic male	TC = traffic collision	602 = criminal trespassing	

Find more info at [citrusheights.net](http://citrusheights.net)

# Council Approves Pizza Hut for Retail Alcohol License

Story by Shaunna Boyd

**CITRUS HEIGHTS, CA (MPG)** - At the November 14 Citrus Heights City Council meeting, the Council considered whether to issue a Letter of Public Convenience and Necessity (PCN) allowing Pizza Hut to deliver beer under a Type 20 alcohol license.

When the Department of Alcoholic Beverage Control (ABC) receives a request for a Type 20 license in an area considered to be over-concentrated with such licenses, ABC refers the matter to the local jurisdiction. In this case, the City Council is responsible for reviewing the application and deciding whether to approve the PCN.

The Type 20 license is for retail sales of beer and wine, so normally restaurants don't apply for this particular license. This Pizza Hut location (6400B Sunrise Blvd.) is a delivery/take-out restaurant only. They often receive requests to deliver beer along with the food orders, so they applied for a retail license so that beer can be sold and taken off site through delivery. The Type 20 license is for both beer and wine, but Pizza Hut will only be offering a beer selection.

The census tract where Pizza Hut is located allows three Type 20 licenses before ABC considers it overconcentrated, but six have already been issued in that area. The sixth license was just recently approved by the Council, allowing Easter's

Catholic Books and Gifts to sell altar wine to local churches. There aren't many homes within this census tract; it is primarily a retail area. Alison Bermudez of the Planning Division explained that it is "typical to see the over-concentration of licenses" in retail areas.

ABC allows the delivery of beer and wine, and Pizza Hut already has 35 locations that deliver beer. The delivery process is similar to in-person retail sales: The product can only be delivered to the customer who placed the order and the customer must show identification to prove they are over 21. The driver and customer must both sign a form verifying delivery. If the customer who placed the order is not onsite or their age can't be verified, the driver does not complete the delivery and fills out a delivery refusal form.

There are also other businesses in Citrus Heights that have licenses to deliver beer, including Bev Mo, 7-11, and Round Table Pizza. Bermudez said the City is not aware of any problems with the established beer deliveries, and City staff is satisfied that Pizza Hut has an effective training process and delivery method.

City staff and the Citrus Heights Police Department reviewed Pizza Hut's request and did not identify any concerns. The Council unanimously approved the request for the Type 20 license.

The Council also held a public hearing regarding the proposed annexation

of Wyatt Ranch subdivision's landscaping and masonry wall into the City's Landscaping and Lighting Assessment District 98-02, Zone 4.

In May 2014, the City's Planning Commission approved a tentative map that created 23 single-family residential parcels in the Wyatt Ranch subdivision — located on the west side of Sunrise Blvd. on Lawrence Ave., which is just north of Sayonara Dr. Of the 23 parcels in the Wyatt Ranch subdivision, Lot 17 is the only parcel situated directly along Sunrise Blvd. The developer of Wyatt Ranch agreed to annex the proposed landscaping and masonry wall along Sunrise Blvd. into one of the City's existing assessment districts in order to help relieve the future homeowner of Lot 17 from the responsibilities of maintaining the wall and the landscaping on their own.

In October 2019, the City and the developer agreed to move forward with the annexation proposal, and public notices and ballots were mailed to the affected property owners. Only one property owner would be affected by the annexation, so only one ballot was submitted.

Mayor Jeannie Bruins opened the public hearing, but no one stepped forward to speak. The City Clerk then opened the ballot and announced that there was 100% support of the annexation. The Council voted on the proposal and unanimously approved the annexation. ★

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**By County Supervisor Sue Frost**

**Citrus Heights Community Update**

**Forcing Consequences**

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

I voted against the proposed emergency ordinance that would have blocked landlords from legally evicting tenants - and I wanted you to know why.

I voted against the ban on "no fault eviction" because it's a false promise that does nothing to address the core problem and actually might make it worse.

The problem is simple - we don't have enough housing, and scarcity drives up costs and reduces options.

The situation has received a lot of media attention about the emotion involved - and I do not diminish the stress a person who needs to find a new place to live must feel. But the coverage hasn't done an outstanding job of explaining the facts.

What they are terming "no fault eviction" is actually when a property owner doesn't offer a renewal at the end of a tenant's lease. Typically the property owners give tenants two months' notice - and most of the time, the tenant chooses to leave and find a new place to live. But sometimes they refuse to move out, and the owner is forced to evict them.

So why is there so much fervor? Because one apartment complex decided not to renew lessees for a large group of tenants that were on month-to-month leases.

I have great sympathy and compassion for the

renters who were impacted by this isolated situation, and I do not condone the actions of this particular apartment owner. After this incident happened, financial assistance was negotiated for the tenants who received termination notices. These tenants will receive \$2,500 in relocation or rent assistance plus the return of their full security deposit from the current owners. In addition, several tenants with Housing Choice Vouchers may be able to stay at the property after its sale to the new owners.

This proposal, as well as state-wide Rent Control that is coming January 1st, both suffer from the same misguided notion that renters will be better off with government controls on rent. Nothing is further from the truth.

Economists across the world, as well as everyone with basic knowledge of economics, understand that this is simply not the case. While price controls do hold down costs in the short-run for current tenants, in the long-run, it decreases rent inventory and creates blight in the surrounding neighborhood. In short, it increases housing costs, discourages construction of more affordable units, and reduces housing options.

Laws like rent control and bans on "no-fault evictions" are barriers to building the housing and apartments we desperately need. They create economic pressure for landlords to convert their properties to different uses entirely.

My supervisory colleague, who has been so publicly critical of my vote, should review the results of similar policies in areas like San Francisco and Los Angeles. Then he needs to ask himself if he would consider either of those cities affordable.

In 2019 the National Apartment Association

conducted a survey of firms that build multifamily housing. The results showed that the Sacramento metropolitan area is one of the hardest places to build multifamily housing in the entire country. Nationally, our region ranked 56 out of 58 for the most barriers to building multifamily housing. Meaning it is more difficult to build apartments in the Sacramento area than the surrounding areas of Honolulu, New York, or San Diego.

This is unacceptable to me - and for anyone who honestly wants to deal with the housing shortage and price inflation. We have to do better. That's why I will hold a series of meetings with county staff, apartment owners, builders, and tenants' rights groups. Together, we will find out what can actually be done to solve the problem and reduce barriers preventing us from building new multifamily and affordable housing in our County.

I want real solutions, like offering tax incentives to property owners who keep rent low and build new units. Or allowing housing projects to get the same incentives and environmental exemptions sports facilities get.

I do not have all the answers; however, it is clear to me that we cannot continue to pass half-baked policies that feel good but in reality, make the situation significantly worse.

Thank you for reading - and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

*Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, Fair Oaks and Rancho Cordova. ★*

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**LETTER TO THE EDITOR**

**Pelosi Drug Package Wrong Prescription for Patients**

There is no denying that more times than not, patients in the U.S. pay entirely too much out of their own pocket for prescription medications. There is also no denying that Congress is, at best, divided on the best way in which to address rising costs for patients at the pharmacy counter.

For years we have seen the rhetoric around drug pricing become more radical, but the latest proposal unveiled by Speaker of the House Nancy Pelosi has me very concerned for the future of medicine. Speaker Pelosi's proposal is unprecedented and would cause development of new medicine in the U.S. to slow, and possibly stop altogether.

HR 3, also known as the Lower Drug Costs Now Act of 2019, stands to drastically increase the role of the federal government in healthcare by, among other things, allowing the government to decide the type of research biopharmaceutical companies should be funding and when patients can access new drugs.

While Speaker Pelosi claims that her plan will simply allow the government to negotiate prices for medicines, in reality it sets a "ceiling price" for medications based on the prices in six foreign countries who have government-controlled healthcare. Further, if the federal government sets a price for a drug and the pharmaceutical company who created it does not accept the price, they will then be subject to a 95% tax of the sales of the medicine. This sounds a lot more like government price setting than government price negotiation.

While I support the intention of the bill, attempting to take-on the complex challenge of driving down patient costs by allowing the federal government to decide which diseases are worthy of future research and allowing the federal government to control prices is the wrong prescription for patients in the long-term.

Lowering prescription drug costs is a critical issue that must be addressed but we can't abandon all of the free market principles that have allowed the U.S. to lead the world in medical innovation and patient access.

Yes, it is true that new medical discoveries are not helpful if patients can't access them at an affordable price, but it is also true that the government has no place in deciding what diseases pharmaceutical companies should pursue.

It is imperative that Congress look at our healthcare problem comprehensively and find a solution that balances biopharmaceutical innovation and affordable access for patients. Too much is at stake for us to fix one problem only to create another.

I hope to see our California delegation take a stand for patients and vote no on H.R.3.

Tom Rooney  
 Fair Oaks, CA

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# CHEERS & JEERS

By Damian Holbrook

## Jeers to a Clueless Idea for a Reboot

CBS Television Studios is eyeing a dark update of the frothy 1995 comedy that would see a modern-day Dionne (Stacey Dash in the movie) looking into the disappearance of her bestie, Cher (Alicia Silverstone, center, with Dash, pictured). As if anyone asked for this.

## Cheers to Seth Meyers

for delivering a stand-up set worthy of a standing O. For his Netflix special, *Lobby Baby*, the *Late Night* host offers a closer look at the crazy birth stories of his two sons that celebrates his wife and shows how

great comedy can be in the hands of good guys.

## Cheers to Timothy Simons

for going from goofy to gut-wrenching. Best known as *Veep*'s much-mocked White House staffer turned politico Jonah Ryan, the actor has us looking at him in a whole new light, thanks to his poignant turn as a boarding-school headmaster trying to help a class of kids navigate a tragic event in Hulu's beautiful *Looking for Alaska*.

## Jeers to USA

for impeaching Pearson. The *Suits* spin-off starring Gina Torres was just heating up its dive into dirty Chicago politics and we're sure this slow-burn series would have become a



CBS Television Studios is eyeing a dark update of the frothy 1995 comedy that would see a modern-day Dionne (Stacey Dash in the movie) looking into the disappearance of her bestie, Cher (Alicia Silverstone, center, with Dash, pictured).

bright spot on the network's schedule if given a second season. Oh well, at least this frees up the immensely gifted Torres to take on a new character we're sure to be obsessed with. ★

## ASK MATT

BY MATT ROUSH TV Guide Senior Critic

### Is Homeland Setting A New Record?

**Question:** I'm glad Homeland is finally returning. But is 22 months between seasons a record? – Oliver

**Matt Roush:** This could be the longest hiatus for a continuing series. *Game of Thrones* comes close, with a long lapse between the penultimate season (which ended Aug., 2017) and final season (which premiered

April, 2019). *Homeland*'s is even longer, having wrapped its sixth season on April, 2018 and not scheduled to return until Feb., 2020. This is an insanely long wait for *Homeland*'s final chapter. (Although *Better Call Saul* is getting up there. It wrapped its fourth season in October 2018 and still hasn't announced a start date for Season 5.) At this point, I will need a refresher when these shows return.

**Question:** With all the streaming options available now, why can't networks drop a couple of episodes to give us closure? I liked *Sunnyside* all right. I wish they could have at least let me know if their friend got a chance at citizenship. – Michelle

**Matt Roush:** The good news for *Sunnyside* is that the series will produce 11 episodes – only four aired on NBC – and it's possible there will be some sort of closure by the time production wraps. Fans can find the unaired episodes as they roll out on the NBC app, the network website and Hulu.

To submit questions to TV Critic Matt Roush, go to: [tvinsider.com](http://tvinsider.com) ★

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# Creating Leadership Opportunities for Students in Foster Care

## San Juan Unified School District

**SACRAMENTO REGION, CA (MPG)** - San Juan Unified has developed a Foster Youth Services (FYS) Youth Leadership Team, with the goal of increasing youth participation, engagement, and student voice in the services that are provided. The strength of the district's FYS team is in the relationships built with students, staff, and the homes we work with. With that dream in mind, the district's multi-disciplined team is comprised of school community workers, school counselors, resource teachers, a youth employment technician and a school social worker, as well as identified and nominated students.

Established in January 2018, the young leaders, ranging from grades seven through 12, have named themselves The Chosen Ones. The Chosen Ones are a diverse community of young leaders living in foster care. Their mission is to lead youth to become a better you and to give youth a place where they feel like they belong and have a voice.

### Leading By Educating Others

Students in foster care historically move homes and change schools often, impacting their success. By the time foster youth age out, over one third will have experienced five or more school placements, typically losing four to six



Members of San Juan Unified Foster Youth Services (FYS) Youth Leadership Team present their inspiring message to the community. Courtesy SJUSD

months of academic progress per move.

In May 2019, The Chosen Ones shared its mission to educate school staff and community members about Foster Care Awareness Month by sharing their mission statement with a sweet treat. Candies were given to teachers, front office staff and other service providers that they work with. Three of The Chosen Ones also participated in student action presentations to district

leaders expressing their goal to dismantle stereotypes of students in foster care and to demonstrate student success.

### Building Community Through Youth Outreach

With the mission to give back to other youth in foster care, The Chosen Ones demonstrate leadership in foster youth events such as the annual Attitude Explosion Conference hosted by San Juan Unified and Twin Rivers Unified Foster Youth Services.

At this conference, youth express their individual and collective voices through poetry, writing, artwork, and spoken word. With an average of 70 to 80 students attending, The Chosen Ones have kicked off the event facilitating activities, assisting in serving food, and collaborating with all involved to support a successful event.

### Student Voice and Being Heard

This year, two of The Chosen Ones are also

San Juan Youth Voice Advocates and have been trained to facilitate listening sessions to provide the student voice of those students in foster care to district leadership. The Chosen Ones are about building community and creating a safe place for students to be a part of. Hear from the students themselves:

"I like being a Chosen One because I get to meet new individuals that are somewhat in the same

situation as me and it is a great environment to be in." -Neassa M.

"I feel that being a Chosen One takes a lot of commitment and I am so honored to be a part of it. I really feel it shows a lot of courage and integrity to be a Chosen One." - Malasia M.

"I like everything about being a Chosen One. I am a Chosen One because I'm a good leader and like it because I feel appreciated. I like to be able to come out with some ideas." - Tytinesha M.

### The Future is Theirs

"Once you're a Chosen One, you're always a Chosen One" is the group's motto. Whether they are able to meet every month or only one time, they celebrate and honor the time spent together building a community. Many Chosen Ones graduate from high school and move on to higher education. One particular Chosen One has returned back to his home county and city of Paradise to help rebuild after the fires, while another is now a Youth Engagement Ambassador working with foster youth at the state and county level. San Juan Unified's Chosen Ones are inclusive, influential, and ready to impact the future.

San Juan Unified's Local Control and Accountability Plan shows how funds are being spent in support of students. The plan can be accessed at [www.sanjuan.edu/lcap](http://www.sanjuan.edu/lcap). ★

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