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Citrus Heights Messenger

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Outreach Begins for the Safe Schools Corridor Plan



Citrus Heights residents attended an Open House event to share their traffic and safety concerns about the Carriage Dr. and Lauppe Ln. corridor.

Story and photos
by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - On September 24, the City of Citrus Heights, in partnership with the San Juan Unified School District (SJUSD), held an Open House event for the Carriage Dr. and Lauppe Ln. Safe Schools Corridor Plan. The plan will be funded by \$196,000 from Caltrans' Sustainable Transportation Planning grant, with the goal of addressing major challenges such as speeding, traffic congestion, and high-risk conditions for motorists, pedestrians, and bicyclists.

Both the City and the SJUSD receive frequent complaints about the traffic situation along the Carriage Dr. and Lauppe Ln. corridor, which connects

Antelope Rd. and Old Auburn Blvd. The corridor provides access to numerous neighborhoods as well as three schools — Carriage Drive Elementary School, Sylvan Middle School, and Mesa Verde High School — so the area experiences severe traffic congestion.

The Safe Schools Corridor Open House was held at Mesa Verde High School, giving local residents the opportunity to share their traffic and safety concerns about the area. Calvin Brown, a planner with Alta Planning and Design, which is consulting with the City for this project, said that the Open House was critically important in the evaluation process: "We want to get as much community input as we can about this corridor. We're getting feedback about how it's being used,

who's using it, when they're using it, and what they perceive as problems." Brown said they want to "increase efficiency and safety for everyone" who uses the corridor.

The traffic congestion that occurs when the three schools dismiss each afternoon is one of the most challenging issues. While the dismissal times at the schools are staggered, each approximately 10 minutes apart, it hasn't done much to reduce congestion. Since 2016, enrollment at the schools has increased by 25%, and most students are dropped off and picked up by car, creating severe congestion at peak hours.

Dan Allison, SJUSD Safe Routes to School Coordinator, explained that the District's regular fixed-route school bus

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Invasive Mosquito Species Found in Citrus Heights

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - An aggressive, invasive species of mosquito has been detected within the City of Citrus Heights. The species is called *Aedes aegypti*, or the Yellow Fever Mosquito. Gary Goodman, District Manager of the Sacramento-Yolo Mosquito and Vector Control District, spoke at the September 26 Citrus Heights City Council meeting to provide an overview of the situation.

Goodman explained that *Aedes aegypti* are small, dark mosquitoes with banded legs and violin-shaped markings on their backs. They prefer to live in urban areas both indoors and outdoors, and they are aggressive day biters that prefer to bite humans. "Typically, this species is found in Mexico and Central America," said Goodman, "but it's started to slowly, over the last 10 years, make its way into California." Goodman explained that there are established populations in Southern California and Fresno, and just this year they have been found in Stanislaus County, San Joaquin County, Placer County, and now Sacramento County.

On August 28, 2019, the District was informed of *Aedes aegypti* detection by Placer County, just 700 feet north of the Citrus Heights border, in an unincorporated area of Placer County outside of Roseville.

The District began a door-to-door campaign in Citrus Heights on August 29. "Mosquitos look for CO₂ as you breathe out," said Goodman, "that's how they find hosts." So, the District visited numerous local properties, setting traps that release CO₂ to attract and capture the mosquitoes.

Goodman said a cluster of detections were centered around the Twin Oaks Blvd. area between Auburn Blvd. and Mariposa Ave.: "We have done extensive trapping in and around that area hoping to be able to contain it."

After detecting the invasive species, the District began implementing larval control treatments and adult control treatments to try to slow the infestation. A total of 470 traps were set to assess the scope of the infestation, and a second area of infestation was detected on September 19. The second area is on the

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Police Dog Hero to be Honored at Howl 'o Ween Event

By Helen Brewer,
Citrus Heights
Community
Marching Band

CITRUS HEIGHTS, CA (MPG) - A colorful parade featuring dogs in costumes, U.S. veterans and youth groups, clowns, marching bands, floats, and antique cars will kick-off the 8th annual Howl 'o Ween Harvest Festival on Saturday, October 19th, in Citrus Heights. The event is coordinated by the Citrus Heights Community Marching Band (CHCMB).

The 9 a.m. parade on Auburn Boulevard, will start at Twin Oaks Avenue and end at Rusch Park where the Harvest Festival will be held from 10 a.m. to 2 p.m. The park is located at 7801 Auburn Boulevard. The Festival with free



Band members ready Santa's sled for the Howl 'o Ween parade. As is his annual tradition, Santa will be Grand Marshal of the parade and then will meet with Festival attendees. Pictured are Blake Heidt (left), Ryan Watson, Kathy Cook, Joe Isaacs, and Harold Huff. The guys are members of CHCMB's trumpet section and Cook is the band's Program Director. Photo courtesy of CHCMB

admission will include a Kids Zone with free games and a bounce house. Other attractions will be craft and business

exhibits, including several dog and pet business booths. The NorCal Cruisers Car Club and the Citrus Heights Police

Department will have cars on display.

"We are pleased to announce Axel, a

Continued on page 3

October Recognizes Learning Disability Month

JOY Familytech
Press Release

Did you know that 2.3 million students are diagnosed with specific learning disabilities (SLD) and receive services under IDEA (Individuals with Disabilities Act). This represents 35% of all students receiving special education services. (*According to the Learning Disabilities Association of America*).

Children with learning disabilities begin school excited to learn. If your child is having difficulty in school, he/she may learn differently from other kids. For many kids, these disorders go undetected despite their ongoing struggles with school work and the behavior issues that often accompany these disorders. Parents are often the first to notice that “something doesn’t seem right.” But sometimes knowing what to do and where to find help can be confusing.

A learning disability is not a problem with intelligence or motivation. Kids with learning disabilities are just as smart as everyone else. Their brains are simply wired differently affecting how they receive and process information.

Types of Learning Disabilities

Dyslexia: Dyslexia is perhaps the best known learning disability. Children with this disorder may have difficulty with spelling, vocabulary, or comprehension. They may be slow readers, struggle learning left from right, or have organizational problems with both written and spoken language.

ADHD: ADHD is one of the most common neurodevelopmental disorders of childhood. It is usually first diagnosed in childhood and often lasts into adulthood. A child has difficulty controlling focus, impulse, energy levels, or some mix of the three.

Dyscalculia: A child with this condition may have an effect on one’s ability to develop math skills, understand numbers, and learn math-based facts. It can be difficult for individuals with dyscalculia to comprehend math



Octopus Watch Motion Edition is the first icon-based watch that empowers kids by teaching good habits and the concept of time, while also encouraging them to stay active with its new fitness tracker. Photo courtesy JOY Familytech

symbols, organize or memorize numbers, tell time, and count.

Dysgraphia:

Dysgraphia affects a child’s ability to perform handwriting and other fine motor skills. People with dysgraphia might have problems with inconsistent spacing, difficulty composing writing, poor spelling, illegible handwriting, poor spatial planning on paper, and thinking and writing at the same time.

Auditory Memory and Processing Disabilities: Kids with this condition may have difficulty recognizing the differences between sounds, understanding the order of sounds, recognizing where sounds have come from, or separating sounds from background noise.

Visual Perceptual/Visual Motor Deficit: These are disorders that can result in missing subtle differences in shapes or printed letters, losing place frequently, struggles with cutting, holding pencil too tightly, or poor eye/hand coordination. Visual Processing Disorders can cause people to struggle with seeing differences between similar letters, number, objects, colors,

shapes and patterns.

Nonverbal Learning Disorder: Child has significant difficulty with nonverbal cues, such as coordination and body language.

If you think your child might have a learning disability, don’t despair! There is a lot of information and support available, and there are many steps you can take to ensure that your child gets evaluated appropriately.

What to do if you suspect your child has a Learning Disability?

If you suspect that your child is having trouble learning to read, or trouble with learning in general, there is help available. For parents of school-age children, the first source of help should be the public school serving your area. Contact your child’s school principal, express your concerns, and ask to have your child evaluated. The school system is required by federal and state law to evaluate your child at no cost to you or your family. The results of the evaluation will show whether or not your child has a problem with reading or learning and, if so, the nature of the problem.

Once your child has

received a diagnosis, your school psychologist should be able to recommend and help you set up services or accommodations for your kid. Depending on the specific learning disability, your child may qualify for special education services under the federal Individuals with Disabilities Education Act (IDEA) or accommodations through Section 504 of the Rehabilitation Act.

Keep in mind, you are your child’s best advocate. So read books and articles on your child’s specific learning disability and learn how you and your school can help. Talk to your kid’s teacher about additional ways the teacher can assist your child. Most teachers are eager to help. Although, depending on the student-teacher ratio and the school’s resources, it’s sometimes challenging for teachers to do as much as they’d like. There are likely other kids in their classroom with special needs as well. If you feel your child isn’t getting the help he or she needs, talk to the school administrator.

For more information, visit <https://www.heyjoy.io>. ★

California Assembly Lifting Barriers to the Abortion Pill at Universities

By Alexa Garcia-Ditta,
ConwayStrategic

SACRAMENTO, CA (MPG)

- Groundbreaking legislation that would require all on-campus student health centers at public universities in California to offer medication abortion services passed in the California Assembly with an initial vote of 44 to 15. Now, Senate Bill 24, also known as the College Student Right to Access Act, goes back to the Senate for concurrence before it heads to Governor Gavin Newsom’s desk.

"By ensuring that abortion care is available on campus, college students will not have to choose between delaying important medical care or having to travel long distances or miss classes or work. I thank the Governor for inviting women from conservative states seeking abortions to come to California to access their right to abortion care," said Senator Connie M. Leyva (D-Chino). "I also appreciate Governor Newsom’s public declaration of support last year for SB 320 – the previous version of SB 24 – and am hopeful that he will continue to prioritize the rights of all Californians seeking abortion care, including those attending California’s public university campuses."

Medication abortion is a safe and effective way to end a pregnancy up to 10 weeks. Currently no student health centers at public universities in California provide abortion services, despite offering other reproductive health services like birth control and STI testing. Almost half of the public university campuses in California are located five miles or more from an abortion provider, and some students must travel upwards of four hours to get care. A consortium of private funders

has stepped forward to cover the costs to bring medication abortion to public university student health centers.

Polling shows that the bill has widespread support among Californians, and the state’s two university student associations – the UC Student Association and Cal State Student Association – representing nearly 700,000 students, also endorsed the bill this year.

University of California (UC) President Janet Napolitano also released a letter last month directing all UC campuses to begin providing medication abortion on campus.

"Once a student has decided to end a pregnancy, they shouldn’t be forced to go off campus to see a provider they don’t know," said Ruth Shaber M.D., founder and president of Tara Health Foundation. "That is why funders have come together to cover all implementation costs of Senate Bill 24. California is showing the country that providing abortion care on campus is not only the principled thing to do, it’s also popular and possible."

"As a college student seeking abortion care, I didn’t have the resources to get the care I needed off campus, such as money or a car," said Jessie Rosales, a UC Riverside graduate and campus coordinator with the justCARE campaign. "Today’s passage means we are one step closer to California college students being able to get the care they need right on campus without unnecessary barriers or delays."

justCARE: Campus Action for Reproductive Equity mobilizes students and allies across California to make the abortion pill on campus a reality. We envision a future where reproductive health services are available to all students who need them, wherever we live or go to school. ★

Old Sacramento Living History Presents Spirited “Ghost Tours”

By Traci Rockefeller
Cusack, T-Rock
Communications

SACRAMENTO, CA (MPG)

The Sacramento History Museum & Alliance are proud to present an all-new season of Old Sacramento Living History’s annual “Ghost Tours” on Friday and Saturday evenings, October 11 through October 26, 2019. For those who dare, the engaging tours depart from the Sacramento History Museum (101 I Street) every half-hour from 6:30 to 9 p.m. on the evenings the tours are available. Tickets for the new 2019 season of “Ghost Tours” are limited, so get yours now.

With a theme of “Murders, Mayhem and Tragedies” this year, the eerie and ever-popular one-hour “Ghost Tours” provide Old Sacramento guests with the opportunity to relive 19th century



With a theme of “Murders, Mayhem and Tragedies” this year, the eerie and ever-popular one-hour “Ghost Tours.” Photo courtesy of the Sacramento History Museum

Sacramento’s history. This year, the tours will take place at the riverfront, inside and relatively close

to the Sacramento History Museum as daring and inquisitive guests revisit stories of pestilence,

mayhem, quacks and fraud through the darker side of Sacramento’s fascinating history. Along the way,

tour guests may encounter wayward miners, murder victims and other Gold Rush characters while

listening to tantalizing tales of Sacramento’s colorful and lively past.

Advance reservations are recommended as tickets for the Old Sacramento Living History’s “Ghost Tours” are expected to sell out quickly. Tickets cost \$18 per person and are not recommended for children ages 8 and under. For advance tickets or more information, call 916-808-7059 or visit www.sachistorymuseum.org. Proceeds from the Ghost Tours benefit the Sacramento History Alliance programs and the Sacramento History Museum.

The Sacramento History Alliance is a nonprofit 501(c)3 organization that manages the Sacramento History Museum, Sacramento Visitors Center, Old Sacramento Underground Tours, Gold Fever! Games, Anytime Tours, and Living History Programs, and works collaboratively with the City of Sacramento to support the Center for Sacramento History. ★

Police Dog Hero to be Honored at Howl ‘o Ween Event

Continued from page 1
German Shepherd, and his handler, Citrus Heights Police Officer Kyle Shoberg, will be honored at the Festival’s award ceremony at 11 a.m.,” said Kathy Cook, CHCMB Program Director. “The pair was involved in the July incident in which a suspect fired his handgun at a Citrus Heights department store with customers inside. When police responded, the suspect started firing at them. Officer Shoberg released Axel in an attempt to apprehend the suspect. The suspect started firing at the dog and towards the police. Officers returned gunfire at the suspect, striking him. Police officers at the scene attributed Axel’s actions with saving their lives.”

Festival entertainment and demonstrations will include performances by the Sacramento Capitolaire Barbershop Chorus, the Voice Academy from Roseville, the Capital City Band, DJ Dave and the CHCMB Dancers, Citrus Heights Kaia Fit, Star Wars Characters, Family Taekwondo Plus, and the Citrus Heights Community Marching Band.

“Always popular with attendees is the Sacramento SPCA’s Adoption Area with animals to hold, pet, and/or adopt,” said Cook.

More than 50 entries with more than 500 participants have signed up to be in the parade. Santa Claus in a golf cart sled will be the parade’s Grand Marshal and then will be at the Festival to chat with youngsters and get their early Christmas wish list.



Axel, a member of the Citrus Heights Police Department’s canine unit, played a key role in stopping an active shooter type event outside Sunrise Mall in July. Axel and his handler, Officer Kyle Shoberg, will be honored at the Howl ‘o Ween award ceremony.

Citrus Heights Vice Mayor Jeff Slowey and Council Members Steve Miller and Porsche Middleton will ride on the Citrus Heights Rotary Club’s haunted house float.

“There’s still time for groups, businesses, and pets and their owners to register for the parade and/or the Harvest Festival,” said Cook. For information about participating, contact her at (916) 725-0198 or at abusycocok@aol.com. Also contact Cook regarding band membership and appearances. ★

Single Mom Strong Awarded \$25K ECMC Nonprofit Grant



An ECMC Group board member joined ECMC Group employees to help present checks to organizations they nominated to receive a grant. Single Mom Strong, founded by Tara Taylor, was nominated by two employees. Photo courtesy ECMC Group

By Patrick Larenas

CITRUS HEIGHTS, CA (MPG) - Being a woman is hard, being a mother is even harder, but being a single mom can simply be too much for a person. That is why Single Mom Strong, a nonprofit organization catering to the needs of single moms, was recognized and awarded in September by the ECMC Group.

The grant was one of several awarded to nonprofits that together received a total of \$275,000 through the GO! Program of the ECMC Foundation. Tara Taylor, the founder of Single Mom Strong, was presented a \$25,000 check by employees who nominated her and an ECMC Group board member.

This fall the non-profit is offering preschool and childcare at its new Empowerment Center, in Citrus Heights. Its child care EmpowerME program, says Taylor, “allows

families to have an affordable long-term care option with the opportunity to volunteer in the Center in exchange for reduced-cost care for their children.”

Single Mom Strong’s

Empowerment Center is located at 7525 Auburn Blvd. Suite 5 - Citrus Heights, CA 95610. For more information call (916)735-5350 or visit singlemomstrong.org ★



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By Pastor Ray Dare

God answers prayer in three ways; sometimes God says “Yes”, sometimes God says “No” and sometimes God says “Wait, I have a bigger plan.” In the Old Testament, in the book of Daniel, there’s the story of three guys who are going to be thrown into a fiery furnace. I’m sure they prayed not to be put in that fire, yet God allowed them to go through the fire. And while in the fire a fourth man was seen with them (Jesus) and the ropes that were binding them were burned off. God is bigger than your problem and He wants to burn off the ropes that may be binding you.

God wants us to focus on our character while we want to focus on comfort. What is God’s purpose in your problems? He has many of them. But one of them is this next verse... 1

Pastor Ray's Encouraging Words

How God Answers Prayer

Peter 1:7 “The purpose of these troubles is for *test your faith as fire tests how genuine gold is*. Your faith is more precious than gold.”

God will test your faith. So sometimes He delays an answer and says, “Will you trust Me?” Sometimes God says no and says, “Will you still trust Me?” It’s like every parent has said to a child - sometimes when they say, “Why?” and you say, “Because I say so!” At that point you’re saying, “You need to trust me. I’m bigger. I’m wiser. I’m more experienced. I know more than you. I love you and I want what’s best for you.” We, as human imperfect parents do that, certainly we should be able to trust a perfect heavenly Father who says that.

You may be discouraged about something in your life. God is saying, “Will you trust Me? Will you trust My timing? My love? My purpose? My plan? My perspective? Will you trust Me?” The antidote to discouragement is to look past your problems and realize that God is bigger

than the problems. Realize that He has a bigger purpose and plan in it all.

If you want to be happy in life and you want to really want to have less stress and more peace, you’re going to have to come to grips with two fundamental truths. First, some things you’re never going to understand. You just need to accept it. There are some things in life you’re never going to understand until you get to heaven. Second, there are some things in your life that are never going to change no matter how much you pray because God has bigger perspective.

So, what do you do? Just give up praying? Of course not. You keep on praying but you live day by day saying, “God, I’m going to pray for this but if you choose not to give it, I’m going to still trust. You are bigger than my problems and you have a bigger plan and purpose in it for me.”

Pastor Ray
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By Marlys Johnsen Norris, Christian Author

When a person has but a tiny glimpse of who God really IS - they begin an honest personal search to learn more. God’s Holy Spirit draws them closer and closer to who He truly IS that never ends during their lifetime. Because our finite minds can only accept so much and He knows all about our ability to understand and accept He teaches us individually at our rate of intelligent acceptance.

This is why every single one of us are on an individual personal journeys in our walk to know and love God

A Glimpse Of Hope

with our whole heart. This is why we Christians are all just a bit different from one another and why we seem to choose different churches to learn about God and to honor Him in our lives. We believe but grow on different time tables!

When we really understand and accept the magnificent magnanimous and powerful manifestation of God in our lives we realize He is our divine Creator. God IS love! He knows absolutely everything about us. He has designed each individual life to help us to grow in the knowledge of His personal loving care for us.

We learn that the “Holy Bible is God’s Book of Love” to teach us about the best life possible. We begin to understand that going to church helps us to really know God better. Jesus Christ becomes our personal Savior and Lord of our lives. We learn the promises of God as we grow in our knowledge about Him. He is so personal and speaks to

all of us. Words of the Bible put His instruction clearly. *“Delight thyself in the Lord and He will give you the desires of your heart.” (Psalm 37:4)*

God’s Holy Spirit enters and teaches us exactly what we need to learn. God gifts us with the gift of eternal life as well as a special gift of service to reach others and honor and glorify Him in our lives.

We realize Almighty God is great and All knowing. With Him there are no secrets, He knows the beginning and the ending of our lives. All our decisions are guided by His hand and there are not secrets. His teachings help us to love, know and honor Him in our lives. His love birthed in us and we desire that He will receive all the glory for whatever He has done in and through our lives

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To Grin or Not to Grin, Is My Dilemma

Dr. James L. Snyder

Through the years, I have experienced one dilemma after another.

I remember my father once told me, “Son, when life delivers you a dilemma, make lemonade out of it.” To which I looked at him with a big grin and said, “Is there any dilemma I can make a root beer out of it?”

On my wedding day, I grinned all day long and nobody ever had to ask me the question, “What are you grinning about?” Everybody knew.

After my wedding, however, everything changed. I have no regrets or anything of that nature. While I am saying this, you can imagine I am grinning. Nothing has made me happier in life than marrying the Gracious Mistress of the Parsonage.

My wife and I were sitting in the living room having a cup of coffee and talking. As we were talking unbeknownst to me, I was grinning. It is something that happens automatically to me.

“What are you,” my wife said in a very somber tone, “grinning about?”

“Oh,” I said, “I was just thinking about the first time we met.” Then I laughed heartily.

“What was so funny about that?”

That was the beginning

of trying to explain why I grinned all the time. I explained to her how that day was the real beginning of my life. Then, she grinned. That began a wonderful conversation of those beginning days of our life.

I well remember the time my wife was walking around the house everywhere. I stopped her and said, “What are you doing?”

“I’m looking for my glasses.”

I thought I was being set up so I grinned very cheerfully.

“What are you grinning about? Have you,” she snapped, “seen my glasses?”

I did not know what to say because I could see her glasses on the top of her head where she often puts them.

Then she discovered where her glasses were and just looked at me. I was still grinning.

Recently, she had some problems with her back and I called the ambulance to take her to the local ER and the doctors begin to work on her.

One of the medications they used was some form of morphine. I let my daughters oversee that because that was completely above my pay scale.

On the wall was a very nice picture of a landscape

with trees and bushes and so forth. I noticed my wife looking at that picture and then she said, “Isn’t a very nice picture of a pickle?”

She then looked at me and said, “What are you grinning about?”

One of my daughters said, “I guess the medication is starting to kick in.”

I have been enjoying my grinning ever since. Occasionally my wife will look at me and say, “You’re not still grinning about the pickle are you?”

“Why no,” I say, trying to hide a grin, “have you found your glasses yet?”

Trust me when I say, she did not grin back at me.

Thinking about this I was reminded of one of David’s Psalms. “Then was our mouth filled with laughter, and our tongue with singing: then said they among the heathen, The Lord hath done great things for them” (Psalm 126:2).

My philosophy has been, find something every day to grin about and you will have a happy life along with fresh lemonade.

Dr. James L. Snyder,
pastor of the Family of God Fellowship, lives with the Gracious Mistress of the Parsonage in Ocala, FL. Call him at 352-687-4240 or e-mail jamessnyder2@att.net. The church web site is www.whatafellowship.com. ★

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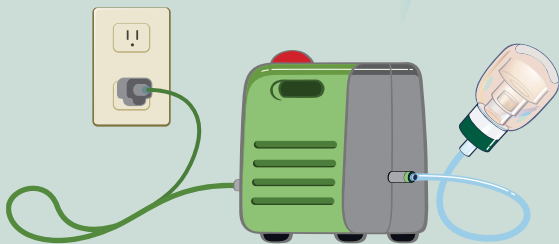
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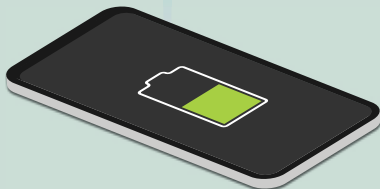
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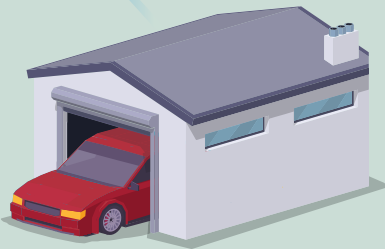
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All PG&E customers should be prepared for possible power outages that could last for multiple days.

If power is temporarily turned off, customers should consider these questions:



Can we reach you in the event of a Public Safety Power Shutoff? Update your contact info at [pge.com/mywildfirealerts](https://www.pge.com/mywildfirealerts).

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Make sure we can reach you in the event of a PSPS. Please update your contact information at [pge.com/mywildfirealerts](https://www.pge.com/mywildfirealerts).



Fare-free for youth

Ryde

FREE RT

All day, every day



The RydeFreeRT program offers fare-free transit for eligible youth on the entire SacRT network. The program is available all day, any day of the week, and all year during regular SacRT service hours.

Youth/students can ride SacRT with a RydeFreeRT sticker on their valid student ID. For students and youth not attending a participating school, check with your local library.

To learn more, visit

RYDEFreeRT.com

or call 916.321.BUSS (2877)

Sacramento



Regional Transit

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Elk Grove • Folsom • Galt • Isleton
Rancho Cordova • Sacramento

NOVEMBER – FEBRUARY

GET THE DAILY BURN STATUS

DOWNLOAD THE FREE SACRAMENTO REGION AIR QUALITY APP

OR CALL 1-877-NO-BURN-5 (1-877-662-8765).



SACRAMENTO METROPOLITAN

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AirQuality.org

KP International MARKET

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Market Hours: Mon-Sun 10am-10pm
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FROZEN & FISH DEPT



REG. \$4.99/EA
\$2.99/ea
Tilapia Fillet
Izumi Dai
8 oz (227 g)



REG. \$8.99/EA
\$5.99/ea
Korean Ice Cream • 3 Kinds
560 ml • 4 Cups

WEEKLY MEAT SPECIALS



\$3.69/lb
Beef New York Roast - Boneless
Asado de Res Estilo Nueva York con Hierba



59¢/lb
Chicken Leg Quarters
Pierna y Muslo de Pollo
40 lb Box \$21.99/ea



\$2.49/lb
Pork Baby Back Ribs - Single Pack
Costillitas



\$1.79/lb
Pork Loin Roast-Bnls
Lomo de Cerdo Asado con Hierba



\$1.99/lb
Pork Loin Chops-Bnls
Chuletas de Cerdo sin Hierba

WEEKLY PROMOTION!



\$44.99 ea
reg. price \$69.99



\$5.99 ea
HITE BEER
12 COUNT
12 X 355 ML
reg. price \$12.99

FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM



2lbs \$1



2.99/lb



2bun/\$3



3/\$2



59¢/lb



2.79



99¢/lb



59¢/lb



2.99



69¢/lb



5.99



59¢/lb

AMERICAN/HISPANIC GROCERY



\$5.99



\$2.99



\$5.99



\$3.99



3/\$1

ASIAN GROCERY



\$7.99



\$8.99



\$1.99



2/\$5



\$4.99

EUROPEAN GROCERY



\$6.99



\$3.99



\$3.99



\$4.99



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KOREAN/JAPANESE GROCERY



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\$149.99

FROZEN & FISH DEPT



\$2.99/lb



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EUROPEAN DELI



\$5.29



\$5.99



\$5.99



\$5.99

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE OCTOBER 2 - OCTOBER 8, 2019.



A healthy dose of fun.

Bring the whole family to celebrate our Citrus Heights Grand Opening.

Hello, neighbor. Mercy Medical Group is honored to be part of your community. With the opening of our new Citrus Heights medical office building, we have a lot to celebrate. The new clinic was designed with our patients in mind and features something we all need: humankindness.

Join the City of Citrus Heights and Mercy Medical Group for a fun, festive and **free** event for the whole family.

- Meet our team and interact with our doctors
- Tour our new clinic
- Kids Kindness Corner, including characters, face painting, Teddy Bear Clinic, games and prizes
- Meet the Citrus Heights Police SWAT Team, K-9 Unit and Fire Department, and see live demonstrations
- Radio broadcast and station prizes from **KZZO-FM**
- Music, food, refreshments
- Vintage air stream photo booth
- Therapy animals

Learn more about our clinic services and providers at mymercymedicalgroup.org/citrusheights.

Mercy Medical Group – Citrus Heights
Grand Opening Celebration
Sunday, October 13

Noon to 2:30 p.m.
7115 Greenback Lane
Citrus Heights
Parking on site and across the street at Citrus Heights Community Center



Come Meet Sadie, the Mini Horse

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OCTOBER 5-6, 2019

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Messe Solennelle – Charles Gounod

World Première – SCSO 2019 Commission
A Song for St. Cecilia's Day – Dr. Scott Perkins

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Carrie Hennessey, Soprano
Michael Desnoyers, Tenor
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TASTE OF THE WILD GRAIN FREE DRY DOG FOOD •Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon 28 Lb Bag \$39.99 Effective 10/2/10 - 10/8/19	NUTRO MAX ADULT RECIPE DRY DOG FOOD 25 Lb Bag Limit 2 Bags Per Family •Beef •Mini Chunk \$21.99 •Lamb Meal & Rice \$22.99 •Adult Chicken •Senior •Large Breed Adult Effective 10/2/10 - 10/8/19	BLUE BUFFALO WILDERNESS DRY DOG FOOD •Chicken (\$9 Off Reg Price) •Duck •Salmon •Large Breed Adult •Healthy Weight 24 Lb Bag 100% Grain Free Limit 2 Bags \$8 OFF Our Regular Low Prices! Effective 10/2/10 - 10/8/19	FRISKIES DRY CAT FOOD 16 Lb Bag •Seafood •Indoor •Surfing & Turfing Limit 2 Bags per Family \$9.99 Effective 10/2/10 - 10/8/19
9 LIVES CANNED CAT FOOD 5.5 Oz All Varieties Limit 1 Case Per Family 37¢ Effective 10/2/10 - 10/8/19	FANCY FEAST GOURMET CANNED CAT FOOD All Varieties except Elegant Medley 3 Oz Limit 2 Cases Per Family ON SALE Everyday Effective 10/2/10 - 10/8/19	JONNY CAT PREMIUM CAT LITTER 20 Lb Bag •Regular •Multiple Cat Formula Limit 2 Bags Per Family \$3.79 Effective 10/2/10 - 10/8/19	FRESH STEP SCOOPABLE CAT LITTER 42 Lb Bag Limit 2 Bags Per Family \$13.99 Effective 10/2/10 - 10/8/19

PRO-PLAN DRY DOG FOOD 30-35 Lb Bag Limit 2 Bags Per Family •Chicken & Rice •Lamb & Rice •Beef & Rice •Sensitive Skin & Stomach •Lite •Performance \$3 OFF OUR SUPER DISCOUNT PRICE	FUSSIE CAT PREMIUM DRY CAT FOOD As Marked 20% OFF OUR REGULAR LOW PRICES •Chicken •Turkey •Salmon •Chicken •Salmon •Quail & Duck •Guinea Fowl & Turkey 2 Lb, 4 Lb, 10 Lb Bag	NUTRO MAX MAX CAT DRY CAT FOOD As Marked \$19.99 •Adult (while supplies last) •Indoor Chicken •Salmon 16 Lb Bag Limit 2 Bags Per Family
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FLUVAL FILTER SALE MODEL TANK PET CLUB SALE 107 ... 25 GAL \$87.99 207 ... 40 GAL \$99.99 307 ... 70 GAL \$132.99 407 ... 100 GAL \$169.99	AQUEON BOXED 10 GALLON TANK With Economy Kit \$36.99 Just add Heater For Tropical Fish Limit 1 Per Family
REPTILE SUPPLY SALE Zoo Med Reptibark 8 Qt. \$5.99 Tetra Reptomin 3.7 Oz \$8.49	MARINELAND PREMIUM FISH FOOD ALL VARIETIES •Goldfish •Cichlids •Tropical •Wafers 20% OFF OUR SUPER LOW PRICES

BONUS COUPON FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties Limit 1 Case With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/2/10 - 10/8/19 ON SALE Everyday CHM PLU 367	BONUS COUPON WHISKAS TEMPTATIONS CAT TREATS •Selected Varieties - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/2/10 - 10/8/19 \$1.25 CHM PLU 569	BONUS COUPON JONNY CAT CAT LINERS Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/2/10 - 10/8/19 \$2.09 CHM PLU 449
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Keeping Pets Safe with Vaccines and Licensing

By Allison Harris, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Pet owners whose animals venture outdoors can be keenly aware of the possible dangers to their animals, such as rabies and other illnesses as well as pets becoming lost. However, indoor animals may occasionally get out and face the same risks. The Sacramento County Bradshaw Animal Shelter offers low-cost vaccination and microchip clinics every third Thursday of the month, 5 - 7 p.m.

Pets with up-to-date vaccinations and preventive care are protected from illnesses including heartworm, kennel cough, Bordetella, parvo and Lyme disease. If unvaccinated animals contract illnesses, an owner may face costly treatments and surgeries for these preventable diseases. And when pets receive rabies vaccinations, it not only helps to prevent them from contracting the disease from bats, skunks,

and raccoons, it also protects residents from contracting the virus if bitten by an infected animal.

“Rabies is still a concern for Sacramento and the bats, skunks and raccoons in the area can all potentially carry the disease,” said Dave Dickinson, Director of the Bradshaw Animal Shelter. “It’s important that owners be responsible and vaccinate, even if they believe their pet will never contract it; indoor pets can be susceptible if they escape.”

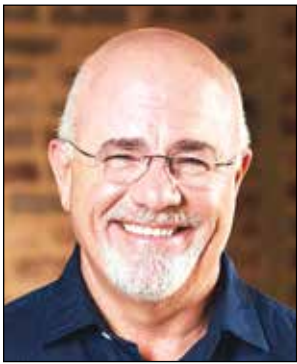
Pet owners can take advantage of the clinic’s affordable microchipping services on the third Thursday of every month. For only \$19, pet owners can buy the extra security that has proven to reunite many owners and their pets. Though visible tags are the first line of identification for animals, they may wear off, fall off or get lost. Unlike traditional ID tags, permanent microchips can contain owner contact information, pet information

and Bradshaw Animal Shelter’s contact information, and most vets and shelters can easily scan.

Licensing can be done at the same time as vaccinations and microchips for as little as \$15. Owners may also conveniently purchase a license online. This inexpensive service proves a pet’s ownership and home address, and animals found by County animal officers can be returned immediately to the home, saving the stress of a shelter stay for the animal and the owners.

Vaccinations, microchipping and licensing cost a small fee that proves priceless when owners have safe, healthy pets at home where they belong.

Don’t have a pet? The Bradshaw Animal Shelter has many available pets for adoption looking for loving homes. Adoptions include spay/neuter surgery, vaccines and microchipping. Visit the Bradshaw Animal Shelter’s website to view a list of adoptable pets. ★



Honesty and Togetherness

Dear Dave,

I’ve never hidden debt from my husband, but I do hide money from him on occasion. I don’t hide it for my personal use, but I have been setting money aside for emergencies without his knowledge. He’s not terrible with money, and he works very hard, but he always seems to find something to spend it on. We were never able to save much of anything before I started doing this, but recently I’ve begun to feel bad about doing it. Can you give me some advice?

– Penny

Dave Ramsey Says

Dear Penny,

I’m glad you seem to be re-thinking this strategy. I believe in saving up for emergencies and having an emergency fund of three to six months of expenses in place. But deception in any form is never a positive thing in a relationship – especially a marriage.

I know it won’t be easy, but you have to let him know what you’ve been doing. You also need to make sure you tell him in the right way. Even though your intentions may have been good – getting into better financial shape – you’ve deceived him by doing it the way you did.

Make some time for just the two of you. Sit down with him, and let him know what has happened and that you’re sorry for not being completely honest about it all. Explain that the reason you hid the money was that you didn’t want to speak up about how it was being handled in your marriage. Ask

him to forgive you, and let him know you won’t do it again, but explain, too, how important it is that the two of you work together on saving more, spending less, and getting control of your finances.

Managing money in a marriage is a “we” thing. Decisions should always be made – here’s that word again – together. It means you each have a vote, and it also means you should stand up and vote “no” if he wants to spend money on something silly when you don’t have your financial house in order!

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

MONTHLY MEETING OF MILITARY RETIREES/SPOUSES:

Our next monthly meeting

October 10th, 2019

at

North Highlands Park and Recreation District, 6040 Watt Ave, North Highlands 95660.

This will be the last one for the year of 2019. Our guest Speaker is **Bill MacDonald, a very interesting speaker.**

★ **Coffee and Cookies will be available.** ★

You don’t want to miss this one. See you all on the 12th of September.

If you have any questions, call Volunteer staff at **916-640-8446** Monday through Thursday, 0900 to 1500 hrs. See you all on the 10th of Oct.

SMUD Press Release

SACRAMENTO COUNTY, CA (MPG) - SMUD employees sometimes need access to a customer’s yard to trim trees or make service repairs. All SMUD field crews carry SMUD-issued photo identification cards at all times, and many wear uniforms and drive SMUD vehicles. Customers who have concerns can verify that a worker is a SMUD employee by calling 1-888-742-7683. ★

All SMUD vehicles are clearly marked with the company’s logo. Photo courtesy by SMUD

FAIR OAKS THEATRE FESTIVAL

2019 SUMMER CONCERT SERIES

SATURDAY, OCTOBER 5

PAPERBACK WRITER

THE BEATLES EXPERIENCE

7:30pm Show Time
6:30pm Gates Open

Advance Ticket \$20
\$25 At the Door

Live from the California Family Fitness Stage

CALIFORNIA Family Fitness

EAGLE 96.9

7997 California Ave., Fair Oaks

Concert Under the Stars!

EXTRAORDINARY

50th ANNIVERSARY

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ROSEVILLE Westfield Galleria Sept 20 - 29

CITRUS HEIGHTS Sunrise Mall Oct 3 - 6

FOLSOM Lakeside Church Oct 10 - 14

★ **CircusVargas.com** ★

WEEKLY COMICS

Amber Waves

by Dave T. Phipps

THE COW STOOD IN THE FIELD EATING GRASS.

HE JUST STOOD THERE ALL DAY LONG DOING NOTHING BUT EAT GRASS.

HE KEPT EATING AND EATING AND EATING AND EATING...

AND MY TEACHER THOUGHT A 100 WORD ESSAY WOULD REQUIRE MORE TIME.

Out on a Limb

by Gary Kopervas

PIAZZA BARBERINO
ROME, ITALY

IT GAVE UP YOUR NOSE WITH A RUBBER HOSE !!

R.F.D.

by Mike Marland

CORN MAZE

ADMISSION IS \$10 PER PERSON.

\$5 IF YA PICK ME A BUSHEL OF CORN WHILE YOU'RE IN THERE.

POOLE FAMILY FARM STAND

CORN \$5 PER BUSHEL

GRIN and BEAR IT

LAFF-A-DAY

"Have you noticed the pigeons got tired of your stories?"

"Stop worrying — she just said to take the baby out for a walk — she didn't say WHERE."

The Spats

by Jeff Pickering

A BIRD IS SINGING OUTSIDE OUR WINDOW

OH, HOW SWEET.

NOT THAT SWEET...IT'S A VULTURE.

THEY'LL DO IT EVERY TIME

BY AL SCADUTO

BRILLIANT REPARTÉE DEPT — PAY THE CASHIER WITH BRAND-NEW BILLS — OH! WHAT'S THE THING TO SAY? OH, YEA-A-AH...

HERE YARE-I JUST PRINTED THEM... YUK-YUK-YUK...

ACTIN LIKE SHE NEVER HEARD IT BEFORE

AA-AA-AA...

ONE AT EVERY COCKTAIL PARTY — THE BACK SLAPPING DRINK-SPELLER (YOUR DRINK, THAT IS)

BARFO, OH BUDDY! HOW GOES? WHAT'S NEW?

WHAP!

THINGS THAT WILL NEVER, BUT LIKE WE MEAN NEVER, HAPPEN IN OUR LIFETIME...

YEAH, YOU'RE RIGHT, HON — I DO WATCH TOO MUCH SPORTS ON TV — I WON'T WATCH THIS ZOOPEE-POOPER BOWL GAME-YEAH, I'D RATHER GO SHOPPING WITH YOU ALL DAY...

Just Like Cats & Dogs

by Dave T. Phipps

HONEY, DO YOU KNOW WHERE THE OTHER RAKE IS? IF WE DON'T FIND IT WE WON'T GET THE LEAVES DONE BEFORE IT SNOWS.

HOCUS-FOCUS

BY HENRY BOLTHOFF

Find at least six differences in details between panels.

Differences: 1. Catcher's shirt has a stripe. 2. Batter has a red hat. 3. Mom's collar is different. 4. Soda has no ruffle. 5. Picture is tilted differently. 6. There's more grass on floor.

Crossword Puzzle on Page 17

S	H	A	R	P		O	P	S		H	O	P	E	
E	A	S	E	L		K	O	I		C	O	N	E	Y
N	I	E	C	E		R	E	G		R	A	I	S	E
D	R	A	C	U	L	A		M	U	E	R	T	O	S
		E	R	A		C	A	R	D					
F	A	D		A	S	H	Y		N	I	B	B	E	D
A	D	I	T		S	O	A	K		T	I	A	R	A
N	O	N	O		O	W	N	E	R		E	B	O	N
G	R	A	M	S		L	I	N	E		R	E	D	S
S	E	R	B	I	A		D	O	T	E		L	E	E
				F	L	U	E		C	R	U			
H	A	U	N	T	E	D		P	H	A	N	T	O	M
A	G	R	E	E		D	Y	E		S	A	U	T	E
S	U	G	A	R		E	O	N		E	R	N	I	E
P	E	E	R			R	U	T		S	M	A	C	K

Sacramento Fine Arts Center

ART JAZZ POETRY

October 5, 2019 7:30PM
THE ART CENTER

Hours
Tuesday 11am- 7pm
Wednesday - Friday 11am- 3pm
Saturday-Sunday 11am- 5pm
Gallery admission is free and open to the public

5330-B Gibbons Dr.
Carmichael, CA 95608
www.SacFineArts.org
(916) 971-3713

Visit us for more information about upcoming exhibits, events, and classes.

Art Jazz Poetry
October 5, 2019
Doors open at 5pm
\$20 per Ticket
Limited tickets available

Current Exhibit
Bold Expressions
October 1-27

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Sudoku Puzzle on Page 17

4	9	3	7	2	8	5	6	1
5	7	6	9	1	4	8	3	2
1	2	8	3	5	6	9	7	4
3	8	4	5	7	2	6	1	9
7	1	2	6	8	9	3	4	5
6	5	9	4	3	1	2	8	7
2	6	7	8	4	5	1	9	3
8	4	1	2	9	3	7	5	6
9	3	5	1	6	7	4	2	8

Bella Vista High School

ARTS & CRAFTS FAIR

A Fair Oaks Tradition since 1983
Saturday, Oct. 5th, 2019 8am - 4pm

Beautiful, Unique Crafts from Northern California with over 200 crafters, food vendors, face painting, music and more

FREE Admission
Asking \$5.00 donation to park
A high school fundraiser

8301 Madison Ave, Fair Oaks
http://bvcraftfair.blogspot.com
(916) 971-5062

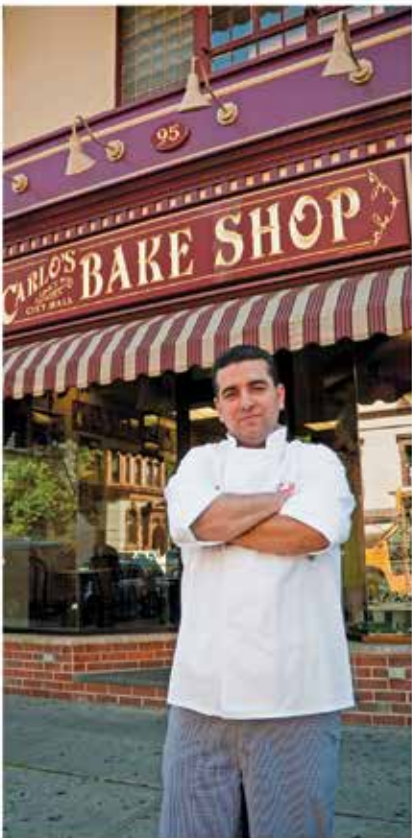
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Buddy Valastro



Ultimate Peanut Butter Brownies

FAMILY FEATURES

You might have a favorite cookie or brownie recipe — but did you know you could make it even better by adding a simple, familiar ingredient? With a few expert tips from Buddy Valastro, author and star of TLC’s “Cake Boss,” you can take your sweet treats from good to great in no time.

- **Start with Quality Ingredients** — When you start with better ingredients, you end up with a better cookie or brownie. Use real butter, high-quality vanilla and great tasting chocolate. Here, Buddy shares some of his favorite recipes that use M&M’S candies to add an extra special touch to family favorites — making them even better.
- **Chill the Dough** — Leaving cookie dough in the refrigerator gives it more body and results in a fuller and better tasting cookie. Plan ahead so you can refrigerate your dough at least one hour — or, even better, overnight.
- **Keep It Uniform** — Use a small ice cream scoop to keep your cookies the same size. This not only helps them look professional, but bake up evenly and consistently.
- **Pans Matter** — Bake cookies on light-colored, non-insulated cookie sheets without sides. Metal pans will cook brownies faster than glass pans, which means cooking times will vary. Start checking your brownies early to test if they’re ready and prevent over baking.

You can find more sweet baking tips and recipes at www.facebook.com/mms.

Milk Chocolate Minis Cookies

Prep time: 10 to 15 minutes
Chill time: 1 hour to overnight
Bake time: 7 to 12 minutes
Yield: 24 to 30 cookies

- 1 cup (2 sticks) butter, softened
- 3/4 cup firmly packed light brown sugar
- 1 cup granulated sugar
- 2 large eggs
- 1 teaspoon vanilla extract
- 2 1/4 cups all-purpose flour
- 1/3 cup cocoa powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 3/4 cups M&M’S Milk Chocolate Minis Candies
- 1 cup chopped walnuts (optional)

Preheat oven to 350°F.
In large bowl, cream butter and both sugars until well blended. Add eggs and vanilla extract, and mix to combine.
In separate bowl, sift flour, cocoa powder, baking soda and salt. Slowly add dry ingredients to butter mixture, and stir until combined.
Fold in candies and walnuts, if desired. Chill dough 1 hour, or overnight.
Drop dough by rounded tablespoons onto lightly greased tray, about 2 inches apart.
Bake for 7 to 9 minutes for chewy cookies, or 10 to 12 minutes for crispy cookies.



Amazing M&M’S Cookies



Simply Sweet Cannoli



Milk Chocolate Minis Cookie

Ultimate Peanut Butter Brownies

Prep time: 10 to 15 minutes
Bake time: 30 to 40 minutes
Yield: 32 brownies

- 4 ounces semisweet chocolate
- 1 cup canola or vegetable oil
- 2 cups sugar
- 4 eggs
- 1 teaspoon vanilla extract
- 1 1/4 cups all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon salt
- 2 cups M&M’S Peanut Butter Candies, divided

Preheat oven to 350°F.
Lightly grease a rectangular 13 x 9 x 2-inch pan
In 3-quart saucepan, gently combine the semisweet chocolate and oil over very low heat until melted. Remove from heat and allow to cool.
In separate bowl, combine sugar, eggs and vanilla extract until blended. Add in chocolate mixture. Slowly sift in remaining dry ingredients and mix until combined.
Fold in 1 1/2 cups candies.
Spread batter into pan. Sprinkle with remaining 1/2 cup candies and press lightly.
Bake until brownies begin to pull away from sides of pan, about 30 to 40 minutes.

Amazing M&M’S Cookies

Prep time: 10 to 15 minutes
Chill time: 1 hour to overnight
Bake time: 8 to 14 minutes
Yield: 24 to 30 cookies

- 1 cup (2 sticks) butter
- 2/3 cup brown sugar
- 2/3 cup granulated sugar
- 1 egg
- 1 1/2 teaspoons vanilla extract
- 2 cups flour
- 1 1/4 teaspoon baking soda
- 1 teaspoon salt
- 1 3/4 cups M&M’S Milk Chocolate Candies

Preheat oven to 350°F.
In large bowl, cream butter and both sugars until well blended. Add egg and vanilla extract, and mix to combine.
In separate bowl, sift flour, baking soda and salt together. Slowly add dry ingredients into butter mixture and stir until combined.
Fold in candies and chill dough for 1 hour or overnight.
Drop dough by rounded tablespoons onto lightly greased tray, about 2 inches apart.
Bake for 8 to 10 minutes for chewy cookies, or 12 to 14 minutes for crispy cookies.

Simply Sweet Cannoli

Prep time: 20 minutes
Yield: 24

- 1 cup Snickers Bars, finely chopped
- 1 1/2 cups part skim milk ricotta
- 1/3 cup sugar
- 1/2 teaspoon grated orange zest
- 1 resealable plastic bag
- 24 mini cannoli shells, unfilled
- 1/2 cup M&M’S Chocolate Candies

Combine chopped candy bars with ricotta, sugar and orange zest.
Spoon mixture into resealable bag and snip off a 1/2-inch corner. Fill cannoli shells by squeezing in filling from each end.
Decorate both ends with chocolate candies.

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No, Don't Listen to Greta Thunberg

Greta Thunberg needs to get a grip. The celebrity teen climate activist addressed the United Nations and excoriated the assembled worthies for coming “to us young people for hope. How dare you! You have stolen my dreams and my childhood with your empty words.” Someone may have stolen her childhood, but the guilty parties can't be found at Turtle Bay. A 16-year-old from Sweden, Thunberg thundered, “I should be back at school on the other side of the ocean,” which would have been easy enough to achieve, beginning with not taking two weeks to sail across the Atlantic last month in a jet-travel-eschewing publicity stunt. Greta Thunberg is the leading edge of a youth movement against climate change that is being promoted and celebrated by adults who find it useful for their own purposes. Kids are powerful

pawns. The catchphrase “for the children” has a seductive political appeal, while kids offer their adult supporters a handy two-step. The same people who say, “The world must heed this 16-year-old girl!” will turn around and say to anyone who pushes back, “How dare you criticize a 16-year-old girl.” There's a reason that we don't look to teenagers for guidance on fraught issues of public policy: Kids have nothing interesting to say to us. They just repeat back what they've been told by adults, with less nuance and maturity. Much of their climate advocacy boils down to the plaint that all parents know well: “I want it, and I want it now.” As a National Geographic headline put it, “Kids' world climate strikes demand that warming stop, fast.” Behind the foot-stomping is the idea that a long-running global phenomenon can be quickly stopped, if only adults cared as much as the kids. This fails to account for such recalcitrant factors as costs and complexity, but when do children ever think of those? (And who can blame them? They're children.) Instead, the youthful climate activists claim they've been sold out by their elders. Greta Thunberg put it with her usual accusatory starkness at the U.N.: “You

are failing us, but young people are starting to understand your betrayal.” This is laughable. By no global measure of social and economic well-being have we failed kids. According to HumanProgress.org, the global poverty rate fell from 28% in 1999 to 11% in 2013. Life expectancy increased from 63.2 years to 71.9 years from 1981 to 2015. The same benign trends hold for hunger, child labor, literacy and so on. If climate change proves a significant challenge, today's youth will have more resources and technology to grapple with it than any other generation in the history of mankind. Of course, the adults they listen to don't tell them any of this. Instead, they feed the kids a diet of apocalyptic warnings that children repeat back as if they were urgent insights. One speaker at the youth climate rally said we have just 18 months -- yes, only until the beginning of 2021 -- to forestall irreversible environmental harms. This is nuts, and it's the adult enablers who are ultimately responsible. As for the kids, they'll be all right. One day, they will grow up, even in a warming world. Rich Lowry is editor of the National Review. (c) 2019 by King Features Synd., Inc. ★

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School Vaccination Requirements Proposed Referendum Enters Circulation

Office of Secretary of State Alex Padilla

SACRAMENTO, CA (MPG) - Secretary of State Alex Padilla announced the proponents of a new referendum were cleared to begin collecting petition signatures.

The Attorney General prepares the circulating title and summary that is required to appear on referendum petitions. Once completed, the Attorney General forwards the title and summary to the proponents and to the Secretary of State, and the referendum may be circulated for signatures. The Secretary of State provides calendar deadlines to the proponents and to county elections officials. The Attorney General’s official title and summary for the measure is as follows:

Referendum Challenging 2019 Law Regarding State Oversight of Medical Exemptions to School Vaccination Requirements. If this petition is signed by the required number of registered voters and timely filed, a referendum will be placed on the next statewide ballot requiring a majority of voters to approve a 2019 state law before it can take effect. The 2019 law amends related statute increasing state oversight

of medical exemptions from school vaccination requirements, as follows: (1) exemptions obtained before 2020 remain effective until child starts next grade span (i.e., kindergarten; 7th grade); (2) doctors need not certify exemptions under penalty of perjury. (19-0015.)

The Secretary of State’s tracking number for this measure is 1869 and the Attorney General’s tracking number is 19-0015.

The proponents of the measure, Tara Thornton, Denise Aguilar, and Heidi Muñoz Gleisner must collect signatures of 623,212 registered voters (five percent of the total votes cast for Governor in the November 2018 general election) in order to qualify it for the ballot. The proponent has 90 days from the enactment of the legislation to circulate petitions for the measure, meaning the signatures must be submitted to county elections officials no later than December 9, 2019*. The proponent can be reached c/o the Freedom Angels Foundation at 1017 L Street, #415, Sacramento, CA 95814.

*Date adjusted for official deadline, which falls on a Sunday (Elec. Code § 15)

Source: Office of Secretary of State Alex Padilla ★

New County-Level Data Sheds Light On Super Commuters

By Sania Tran

SACRAMENTO REGION, CA (MPG) - The number of American workers who bear through commute times of 90 minutes or more each way grew by 32% from 2005 to 2017. This is more than triple the 9% growth rate for workers with commutes shorter than 90 minutes. In a new report, we present county-level data on these “super commuters” that sheds new light on this fast-growing population.

Recent increases in super commuting are often attributed to middle-class workers in superstar cities being priced out to far-flung exurbs. However, county-level

data shows that super commuting is also common among low-income workers who rely on public transit, as well as blue-collar workers in certain pockets of rural America.

Some key takeaways:

4.3% of workers who live in El Dorado County are super commuters, the highest rate in the Sacramento metro. Yolo County has the metro's lowest super commuter share at 2.7%. Nationally, 2.9% of workers are super commuters.

Among workers in the Sacramento metro who rely on public transit, 14.8% are super commuters, compared to 3.7% of those who commute by car. ★

Students Can Ride SacRt Fare-Free

San Juan Unified School District

SACRAMENTO REGION, CA (MPG) - San Juan Unified has partnered with Sacramento Regional Transit (SacRT) to offer free transit through SacRT for San Juan Unified students.

The program, Ryde Free RT, provides fare-free access for TK through 12th-grade students to SacRT transportation services seven days a week and during all SacRT service hours. The program is set to run for one year from Oct. 1, 2019, through Sept. 30, 2020.

For students in grades 6-12, sticker passes will be available for pick-up starting the week of Oct. 8 and stickers will be placed

on student ID cards. Exact pick-up locations will be shared by each school site in a separate communication. Parents/guardians of students in grades TK-5 can request a pass at their school site’s front office beginning the week of Oct. 8.

Parents/guardians who would like to opt-out their student from this program can direct their student not to pick up a sticker, or they can remove the sticker from their student’s ID.

For more information, visit SacRT’s website at www.sacrt.com/rydefreert or contact your school’s front office. Transit schedules can be found at <https://www.sacrt.com/schedules/>. ★



Publisher, Paul V. Scholl

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Flint-Rex Joins the CHPD K9 Unit



The City of Citrus Heights welcomes the newest members of the CHPD K9 Unit. From left: Councilmember Steve Miller, Councilmember Bret Daniels, CHPD K9 Unit Officer Todd Ross with canine Flint-Rex, CHPD volunteer Renate Saylor, Mayor Jeannie Bruins, and Councilmember Porsche Middleton.

Story and photo by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - Citrus Heights recently welcomed the newest K9 member to the Citrus Heights Police Department. On September 26, K9 Unit Sergeant Kane Kissam introduced Officer Todd Ross and his canine, Flint-Rex.

Flint-Rex, a 1.5-year-old German Shephard from the Czech Republic, is an

apprehension dog trained in searching for narcotics, individuals, and evidence.

The purchase of Flint-Rex was largely funded by a donation from a CHPD volunteer, Renate Saylor. Sergeant Kissam said that Saylor has “played a large part in the CHPD K9 unit. She’s gone to training, she’s gone on ride-alongs, she’s actually a strong ambassador for the unit.”

Sergeant Kissam explained that Flint-Rex is named after Saylor’s late husband, Flint, and that Rex was the dog’s initial training name: “We’ve hyphenated that name in honor of her husband.”

Sergeant Kissam thanked Saylor for her generous donation and said that donations are crucial for the K9 Unit to fund the purchase of dogs, equipment, training for handlers and dogs, and medical needs for the dogs throughout their career. ★

USMCA is a Good Deal for Union Workers

Commentary by Deena Flinchum

Members of Congress will soon face one of the most important decisions of their political careers – whether to ratify President Trump’s new trade deal with Canada and Mexico.

The United States-Mexico-Canada Agreement, known as USMCA, isn’t perfect; but it’s far better than NAFTA.

USMCA would strengthen labor protections, create jobs, and discourage U.S. firms from outsourcing work abroad. Congress can do union members a favor by swiftly ratifying the new deal.

USMCA contains comprehensive, enforceable labor provisions. These protections will help prevent outsourcing, which costs American workers roughly 90,000 jobs each year.

NAFTA enabled giant corporations to outsource jobs, especially to Mexico. Auto companies were particularly egregious offenders. Back in 1994, when NAFTA went into effect, the average American autoworker earned about \$36 an hour in today’s dollars. The average Mexican autoworker earned just \$6.65 per hour.

U.S. auto companies shifted production to Mexico to take advantage of this cheap labor. In 1994, auto factories employed about 100,000 Mexicans. By 2016, that figure jumped to 767,000.

This growth came at

the expense of American workers. The number of Americans employed at auto factories dropped from about 1.1 million in 1994 to 940,000 in 2016. And their average wages dropped to about \$28 per hour, as companies used the threat of outsourcing to bully workers into accepting worse pay.

USMCA would combat this outsourcing. The deal requires that nearly half of all car parts come from factories paying employees at least \$16 an hour by 2023. Cars that don’t meet this threshold will be slapped with tariffs.

This requirement will effectively force companies to keep jobs in the United States rather than shipping them south of the border.

USMCA also mandates that 75 percent of vehicle parts be made in the United States, Mexico, or Canada – otherwise, companies will face tariffs. That’s up from NAFTA’s 62.5 percent requirement. Thanks to this provision, U.S. firms will have less incentive to source car parts from factories in Asia, where labor is cheap.

These provisions will boost demand for American-made car parts. USMCA will spur an estimated \$34 billion worth of investments into the U.S. automotive sector within five years.

Those investments will create excellent opportunities for American workers. Over the next five years, USMCA is expected to create more than 76,000 U.S. automotive jobs.

USMCA wouldn’t just help autoworkers. It’d boost the fortunes of Americans laboring in multiple industries, especially manufacturing.

The pact gives Mexican workers the right to unionize and engage in collective bargaining. To ensure the Mexican government enforces these rights, USMCA requires Mexico to create independent legal bodies dedicated to settling labor disputes in a timely manner. The deal also forces Mexico to protect workers from exploitative business practices – such as gender and racial discrimination and child labor.

As working conditions in Mexico improve and wages rise, multinational companies will have less incentive to outsource American jobs.

The deal also requires Canada and Mexico to grant stronger intellectual property protections – such as trademarks, copyrights, and regulatory data protection – to American innovators. These protections are critical for the nation’s high-tech manufacturers, which support many union jobs.

Unions have railed against NAFTA for three decades. Now, their allies in Congress finally have an opportunity to scrap that deal and replace it with a new agreement that protects American workers.

Deena Flinchum is an IT worker who was employed by the AFL-CIO for 25 years before retiring. She is now a community volunteer in southwest Virginia. ★

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California Automobile Museum is on Track for 2019 CruiseFest

By Steve LaRosa,
Steve LaRosa
Productions

SACRAMENTO REGION, CA (MPG) - On Saturday, October 5, 2019 from 3pm to 7:30pm, the 9th Annual CruiseFest on Fulton Avenue, benefitting Sacramento's California Automobile Museum, Northern California's premier car cruise and show returns to Fulton Avenue for what promises to be the most spectacular in its history. With entries outpacing last year at this time, we anticipate a substantial increase in participating cruisers.

The latest addition to this year's CruiseFest are three cars from the collection of Wild Bill Hill of Wild Bill's Tattoos: His 1902 Panoz Roadster, his unusual Chupacabra (a 1959 Onan Cycle-Car), and his 2005 Panoz Esperante.

At this popular, FREE family-friendly event, we expect (give or take) 400 custom, classic and novelty vehicles and well over 5,000 attendees.

As far as the Fest portion of things, this year we're featuring 3 live bands, 9 food trucks, numerous vendors and we'll be pouring beer from local breweries.

Though it's still early, we already have commitments from these novelty vehicles:

The popular Tribute Team American Graffiti cars, comprised of clones of vehicles used in the George Lucas movie, posing the question, "Where were you in '62?"

They are: A yellow '32 Ford coupe driven by the character John Milner; A



Above: A yellow '32 Ford coupe and a '55 Chevy will be a Team Tribute for American Graffiti cars. Right: Wild Bill Hill's 2005 Panoz Esperante. Photos courtesy of Steve LaRosa Productions

black '55 Chevy driven by Harrison Ford's character; A White '58 Impala driven by Ron Howard's character; And the character Toad's white Vespa scooter with a dented trash can like the one he crashed into outside of Mel's Drive-In.

Save Mart's 12-foot tall mega-motorized shopping cart-Powered by a 454 Chevy engine, it can

accommodate a handful of passengers and a few bags of groceries.

The Tahoe Photo Bus-A unique & funky photo booth in a mid-60's era VW Bus printing top quality photos for attendees

The Tombstone Hearse-A 21st-century motorcycle version of a 19th-century horse-drawn hearse, actually used in funerals.

Back again this year- The Kids Zone-Variety fun activities for the kids

Car Club Members: This year we're featuring "The Car Club Corral," where pre-registered car clubs and their pre-registered members will have designated parking at Tognotti's. The

Corral will have its own live music, food and beer vendors. The club that brings out the most cars will win a free year Car Club Membership at the Museum.

To register, log on to

calautomuseum.org or call the Museum at (916) 442-6802. \$25 for Museum members/\$30 for non-members.

To access the CruiseFest page directly: calautomuseum.org/CruiseFes ★

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Crime Reports

Citrus Heights Police Report

September 26th - September 30th

9/26/2019: 07:21 Vandalism 1909260049
Occurred at Mariposa Av/Antelope Rd. MJ wearing all BLK, walking w/can of spray paint, tagged a utility box on MARI at ANT, DOT from ANT TWDS OA.

9/27/2019: 01:58 Domestic Violence 1909270017
Occurred on Alta Vista Ln. RPS GF is breaking items and RTL RPS RESD. GF has struck him.

9/27/2019: 16:49 Assault 1909270191
Occurred at Mariposa Elementary on Mariposa Av. Ocdd 5 ago, RP received call from teacher, group of JUVS RTL, ongoing problem w/this group. 3 WMJ in corner of P lot, 2 w/bicycles.

9/28/2019: 11:07 Assault 1909280070
Occurred on Whaler ct. OCCD a few days ago, RP has video surveillance of neighbor chasing 12 YOA son then grabbing him.

9/28/2019: 14:10 Indecent Exposure 1909280104
Occurred on Tupelo Dr. Female stated she wanted to make RPT then phone disconnected.

9/29/2019: 12:47 Assault 1909290090
Occurred on Westbrook Dr. Cousin walked into RESD and 242'd RP. Scratch on RP's hand, pushed RP. Cousin talks about having firearms but RP has never seen them, carries K bar in trunk. Uses meth. GRY Subaru.

9/29/2019: 03:15 Domestic Violence 1909290024
Occurred at Sunrise Oaks Apartments on Sunrise Bl. RP'S BF strangled RP, RP declined AMB.

9/30/2019: 15:05 Collision Injury 1909300202
Occurred at Walmart on Auburn Bl. RP involved in collision 2 weeks ago in plot. Not reported at the time. During incident other half admitted fault but, now her insurance company is claiming RP is at fault. RP wants surveillance pulled and advises she has no car insurance & a back injury from the collison

9/30/2019: 07:15 Burglary 1909300057 Occurred at Faith Christian Academy on Highland Av. Occurred last night. Everything of value taken from front office including a computer.

Find more info at citrusheights.net

Fifth Annual Wildlife Care Association Fall Photo Contest Takes Flight



2018 Winner Dave Labhard's 'Sapsucker in Flight.' Last year East Sacramento is home, and the American River favorite photo location for Dave Labhard, who snapped a moment in time as a Sapsucker took flight from his perch mid river.

By Rick Reed, Rick Reed Public Relations, Inc.

SACRAMENTO REGION, CA (MPG) - One picture on your mobile or your camera. That's all it takes to take off as the 2019 Wildlife Care winner! Get outside and give us your best shot of a bird or birds in your backyard, local park or Sacramento area wild location. Easy!

Submit your picture on the Wildlife Care Association Facebook page as a message with photo attachment. Contest is open October 1 to December 31, 2019. Entries can be made in two categories- Under 12 years old you can enter FREE! Those over 12 are asked to include a

minimum \$5.00 donation to WCA on the Facebook donate link for each entry. (Under 18 yrs old? Ask your parents to help!) Submissions should include your email, the location photo was taken, and your best guess what type of bird this might be. Enter @wildlifecareassociation on Facebook.

Each photo may be entered once, but individuals may submit more than one. Enter often and donate to help the WCA heroes of nature save thousands of injured, orphaned and displaced wildlife every year. The non-profit wildlife rehabilitation volunteers depend on the community for their support giving wildlife a second chance

to live.

The WCA Photo Contest winner will be awarded a special prize including a guided tour of the Dome at McClellan Park, their photo featured in WCA Facebook/Instagram as a hero of nature!

Give us the bird! Snap some shots, submit them and let's see if they fly!

For more information call 916-965-WILD

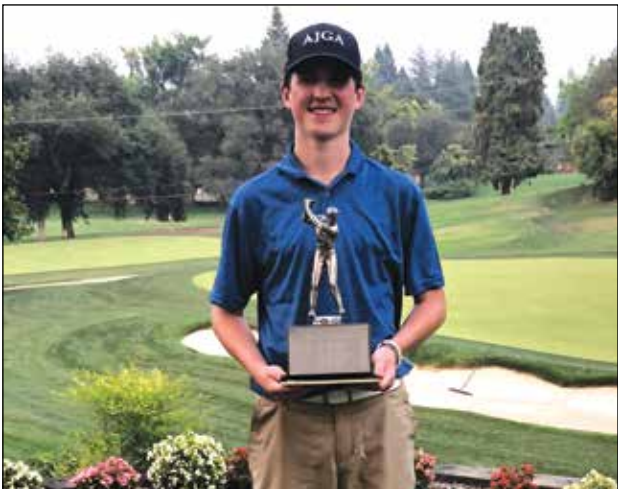
One picture will be chosen from submissions to determine a winner. WCA staff reserves the right to select a winner from content and other factors including artistic merit. All photos submitted become the property of WCA for its use in outreach, education and fundraising. ★

North Ridge Country Club Announces High School Golf Scholarship Awards

From NRCC

FAIR OAKS, CA (MPG) - The Club provided approximately \$8,000 to high school senior men and women scholarships this year with the money coming from member contributions and cumulative grants now approach \$40,000. The criteria for an award include grade point average (GPA), golf index and accomplishments over the student athletes' high school career from local, Sacramento area schools, community involvement and work, and character references. The variety and multitude of accomplishments of the high school men and women recipients and all aspects of the student athletes lives and contributions to the greater Sacramento area is impressive. Many of the recipients have been captains of their golf teams, team or league MVPs, have earned all-league honors and gone on to play collegiate golf.

According to Mike Galli, head professional at North Ridge: "While we have a love of golf, our members also believe young people should have more in their lives than just golf. That's



Former award winner Parker Rose. North Ridge is completing its 11th anniversary of offering golf-related scholarships to high school students. Photo provided by NRCC

why we emphasize grades and community involvement as well as golf skills. We are proud of our members for their generosity in making personal contributions to make these awards possible." Some recipients have gone on to attend such schools as UC Berkeley, Penn State, University of Nebraska, Long Beach State and Cal Poly San Luis Obispo to continue their golf and academic endeavors.

Through member contributions of time and funding, North Ridge also has provided support to such organizations as Youth on Course, Folds

of Honor Foundation, Junior Girls Program, Stanford Youth Solutions, Juvenile Diabetes Research Foundation, Bella Vista, Del Campo and Casa Roble High Schools, Albie Aware Breast Cancer Foundation and others. It is all part of North Ridge's efforts to be involved in the community. Over the past ten (10) years, including the high school golf scholarships, the Club has donated approximately \$300,000 to the aforementioned organizations.

For more information on North Ridge Country Club, please contact Rink Sanford, General Manager at 916-967-5717. ★

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Natomas Sat. Oct. 12, 5-6pm	Folsom Sat Oct 12, 1:30 - 2:30pm Sat. Oct. 26, 1:30 - 2:30pm
Carmichael Wed. Oct. 21, 1-2pm	Rocklin Sat. Oct. 19, 5-6pm

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TV GUIDE MAGAZINE

CHEERS & JEERS

By Damian Holbrook

Cheers to
A Very Brady Renovation

for nailing the nostalgia factor. More than 10 million fans tuned in to the premiere of HGTV’s new series (over three days of time-shifted viewing) to watch *Brady Bunch* kids (from left) Susan Olsen, Mike Lookinland, Eve Plumb, Christopher Knight, Maureen McCormick and Barry Williams re-create their TV home inside the L.A. crib used in the original’s exterior shots.

Jeers to
The Alec Baldwin Roast

for leaving a bad taste in our mouths. If the Comedy Central “salute” to the *30 Rock* vet was supposed to be funny, why was barely

anyone laughing – especially Baldwin – as his daughter Ireland (pictured, with Alec) slammed him for being a bad dad and that notorious nasty voicemail he left her when she was a kid?

Jeers to Survivor

for adding an unnecessary twist to the game. For this season’s Island of the Idols, the CBS reality show has recruited former champs Sandra Diaz-Twine and “Boston Rob” Mariano (pictured) to act as mentors for various contestants – a great idea on a show like *The Voice*, where there’s actual talent on display, but do cast-aways really need a tutor for screwing each other over?

Cheers to Kelly Clarkson

for being a daytime delight. The original



Brady Bunch kids (from left) Susan Olsen, Mike Lookinland, Eve Plumb, Christopher Knight, Maureen McCormick and Barry Williams re-create their TV home inside the L.A. crib used in the original’s exterior shots.

American Idol champ and all-around powerhouse (pictured) has proven that she’s as winning a TV host as she is a singer with her upbeat, tune-filled syndicated talker, *The Kelly Clarkson Show*. Turns out, our lives sucked without you on our screens ★

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

Who’s The New
Character On Tv I
Should Watch?

Question: I LOVE *Lucifer*! It has a sexy, smart, rascal lead who relishes the freedom to not follow the rules, struggles with evolving ethics and loyalties, but is grounded by a core of integrity. I’m looking for another playful, clever, rascal character this Fall. Can you help me find one? – Corinna in KY

Matt Roush: The one breakout character of the season who best fits this bill is Portland, Oregon’s “scrappy and sexy” PI Dex Parios, played by the terrific Cobie Smulders in ABC’s *Stumptown*. Dex breaks the rules, can dish it out and take it, and has been likened in this very column to a female Rockford (James Garner, look it up, a classic). She’s wildly appealing, even when her behavior is borderline

appalling, and embodies the spirit you seem to be looking for. I hope the show lives up to my very high expectations and finds an audience on Wednesdays. *Stumptown* is great fun.

Question: *Manifest* was one of my favorite shows last season but there does not seem to be any info about Season 2 in TV Guide Magazine’s Returning Favorites issue. Any info? – Rita

Matt Roush: For that, you’ll need to check out our Winter/2020 Preview issue later this year, when we’ll deal with the many midseason shows heading our way. To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★

STATEPOINT CROSSWORD • THINGS GHASTLY AND MACABRE

CLUES

- ACROSS
- 1. *Like Freddy Krueger’s fingertips
 - 6. Roman goddess of fertility
 - 9. Late comedian Bob
 - 13. Painter’s support
 - 14. Ornamental pond dweller
 - 15. New York’s amusement Island
 - 16. *Morticia to Fester
 - 17. Not decaf.
 - 18. * ___ hell, or cause trouble
 - 19. *Bram Stoker creation
 - 21. *Día de los ___
 - 23. Geological period
 - 24. Queen of Spades, e.g.
 - 25. It’s all the rage
 - 28. *Like Zombie’s skin color
 - 30. Fine-___ pen
 - 35. Miners’ passage
 - 37. Marinade, e.g.
 - 39. Miss America’s topper
 - 40. Unacceptable
 - 41. Proprietor
 - 43. Jet black
 - 44. One thousand in a kilogram
 - 46. Country dance formation
 - 47. Cincinnati players
 - 48. Croatia’s neighbor
 - 50. Shower with affection
 - 52. *Horror movie actor Christopher
 - 53. Fireplace conduit
 - 55. French vineyard
 - 57. *Like some Mansions
 - 61. *Paris Opéra House inhabitant
 - 65. Come to terms
 - 66. Indigo extract
 - 68. Quickly fry
 - 69. Sucrose
 - 70. Long time
 - 71. “Sesame Street” Muppet
 - 72. Jury colleague
 - 73. Tire depression
 - 74. Slap

DOWN

- 1. Email button
- 2. *Medusa’s snakes
- 3. Between ports
- 4. Reconnaissance, for short
- 5. Lung-covering membrane
- 6. Southern stew staple
- 7. *Author known as Master of the Macabre
- 8. Fraternal letter
- 9. Gray-haired
- 10. “Put a lid ___!”
- 11. Acapulco money
- 12. *Coraline’s buttons
- 15. Kudos
- 20. Rodeo rope
- 22. *Crematorium jar
- 24. *Jonestown poison
- 25. *Vampire’s canines
- 26. Love intensely
- 27. 1/100 of a rial
- 29. *Werewolf’s cry
- 31. *Coffin’s stand
- 32. Confusion of voices
- 33. Wear away
- 34. * ___ Macabre
- 36. *Mummy’s home
- 38. Lotto variant
- 42. Throw up

Crossword Puzzle Solutions on Page 10

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
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72					73			74					

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7								5
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		1		9		7		
				6		4	2	

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 10

Sacramento County DA Reports



Defendant Convicted for Sexually
Assaulting Multiple Children

DATE: September 26, 2019

CASE: David Nolan
(Case #17FE023986)

PROSECUTOR: Deputy District Attorney Catrina Ranum, Special Assault & Child Abuse Unit

David Nolan pled guilty to five counts of committing lewd acts upon a child and admitted to a multiple victim enhancement.

In 2010, Nolan sexually assaulted an 8-year-old family member until she was 13 years old. Over the next several years, he sexually assaulted three more girls who were family members of a friend. Nolan assaulted those three victims when they were age 8 to 16 years old, 7 to 9 years old and 13 years old. The 13-year-old victim reported the abuse.

Nolan faces a maximum potential sentence of 50 years to life in prison. Sentencing is set for November 1, 2019, at 10:00 a.m. in Department 22 before the Honorable Russell Hom.

Defendant Sentenced
for Human Trafficking

DATE: September 3, 2019

CASE: Robert Taylor
(Case #17FE006278)

PROSECUTOR: Deputy District Attorney Danielle Abildgaard, Human Trafficking Unit

The Honorable Curtis Fiorini sentenced Robert Taylor to 95 years to life in prison. On July 30, 2019, a jury convicted Taylor of human trafficking of a minor with the special findings of force, fear or violence and the allegation of force and violence was found true. Taylor was also convicted of pimping of a minor, pandering of a minor, conspiracy, sodomy of a 14-year-old victim, statutory rape of a minor and committing lewd acts on a child. An allegation that Taylor suffered a prior 1995 strike conviction for first-degree burglary was determined to be true at the sentencing hearing.

In January 2017, the 14-year-old victim ran away from her home in another state and was in a known prostitution area making money to survive on the streets. She met a 17-year-old, who recruited the victim to work for Taylor

in Sacramento. When the two girls arrived in Sacramento on a bus, Taylor took them to his apartment. He told the victim she could live with him if she gave him all her money from her acts of prostitution. Taylor drove the underaged girls and two other women to prostitution areas in an ice cream truck to do acts of prostitution. The underaged girls and women gave Taylor all the money from their sex acts. Taylor physically assaulted one of the women with his hands, belts and metal hangers in front of the other girls and women that worked for him. He also sodomized and had sexual intercourse with the underaged girls and women. In April 2017, the 14-year-old victim called 911 to report that her pimp had “put his hands on her.” The Elk Grove Police Department’s investigation revealed that Taylor began working as a pimp in 2012 after he was released from prison. From 2012 to his arrest on April 5, 2017, he had at least 10 women and underaged girls that worked for him and lived with him. The women and girls gave him all of their money from their acts of prostitution, so they could have a place to live.

Defendant Convicted for Murdering
Wife in Land Park Home

DATE: September 3, 2019

CASE: Mark Long
(Case #18FE000521)

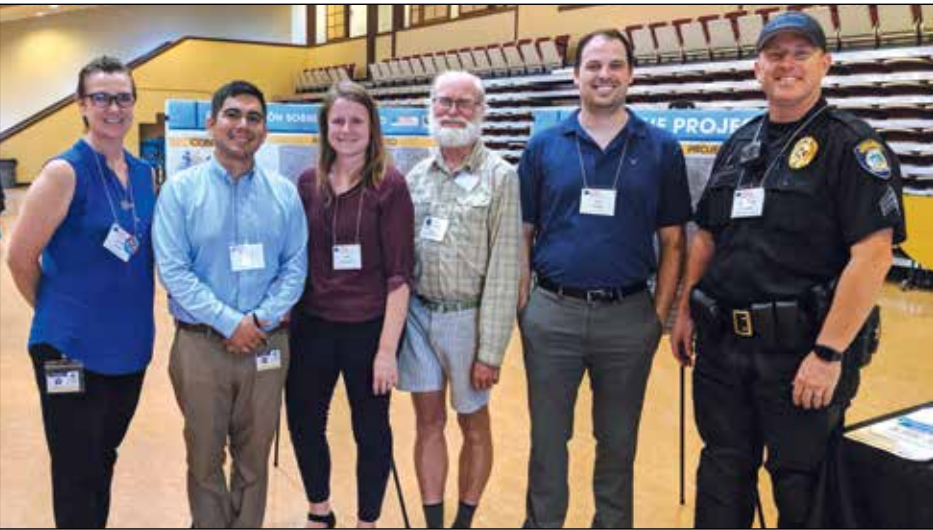
PROSECUTOR: Principal Criminal Attorney Caroline Park, Homicide Unit

Mark Long was convicted by a jury of the first-degree murder of his wife, Susan Roberts. The jury also found that Long used a deadly weapon in the commission of the murder.

On January 6, 2018, Susan Roberts did not show up for dinner with friends. The next day, her friends went to Ms. Roberts’ home, which she shared with her husband, Mark Long. After the friends called for a welfare check, Sacramento police officers responded to the residence. SWAT was eventually called out, and a stand-off ensued for hours. After entry was made, Long was taken into custody. Ms. Roberts’ body was found deceased inside the home.

Long faces a maximum sentence of 26 years to life in prison. Sentencing is set for October 4, 2019, at 1:30 p.m. in Department 10 before the Honorable Eugene Balonon.

Outreach Begins for the Safe Schools Corridor Plan



Public outreach for the Carriage Dr. and Lauppe Ln. Safe Schools Corridor Plan began with an Open House on September 24 at Mesa Verde High School. From left: Citrus Heights Operations Manager Mary Poole, Citrus Heights Assistant Engineer Daniel Cruz, Citrus Heights Principal Civil Engineer Leslie Blomquist, SJUSD Safe Routes to School Coordinator Dan Allison, Citrus Heights Assistant Planner Eric Singer, and CHPD Sergeant Shaun Gualco.

Continued from page 1

system was discontinued back in 2010 due to the economic downturn of 2008. “What money there was went into the classrooms,” said Allison. The District recognizes that the lack of regular bus service has caused problems, such as shifting transportation costs to the parents and creating more congestion. But after so many years, Allison said it’s not feasible for the District to reallocate money from the classrooms just to revive the bus system. Instead, they are looking for solutions to improve the current system.

Allison said the District decided to partner with the City in order to determine what will best serve the community, and he stressed the importance of community input in the process: “It’s important to keep this open ended. We have a list of issues, and a list of possible solutions, but what I really want is to hear what problems you see, and what solutions you can see.”

Leslie Blomquist, Citrus Heights Principal Civil Engineer, said, “It’s nice to hear from the residents because usually we hear from the parents and the school district.” She said that the collaboration between the City and the District is vital: “If we don’t work together, we’ll never be able to solve the problem. ... We want to come up with solutions to meet the needs of everybody.”

In addition to the congestion at peak hours, residents listed other issues such as speeding, illegal parking, illegal U-turns, students not obeying traffic signs, and sidewalks that are

too small to accommodate large queues of students waiting to cross. “It’s a challenging corridor,” said Blomquist. “There’s a lot of moving pieces, so we’re looking at all of it.”

Sergeant Shaun Gualco of the Citrus Heights Police Department (CHPD) said one primary area of concern is the Kanai and Carriage intersection, where Carriage Elementary and Mesa Verde High are located: “Residents complain on a regular basis of speed and stop sign violations,” and “due to the congestion, cars will block driveways, and people get frustrated.”

A significant issue at Sylvan Middle School is distraction. “And it’s not just the drivers,” said Sergeant Gualco, “it’s also the students and other pedestrians and bicyclists. Everyone is on their phones, distracted, not obeying the traffic signals.” Sergeant Gualco explained that congestion, distraction, and illegal parking and speeding create an unsafe environment on the corridor, increasing the risk of collision.

City and District staff stressed just how valuable it is to hear from those who live in or drive through the corridor. They want to get input from those who know the area best and see it every day. If you would like to share your opinions, visit www.surveymonkey.com/r/72T3XRH to participate in an online survey, which will be open until October 25, 2019. You can also access the survey link through the City’s website (www.citrusheights.net) by searching Safe Schools Corridor. ★

Invasive Mosquito Species Found in Citrus Heights

Continued from page 1

west side of I-80, just north of Antelope Rd. between I-80 and the railroad tracks.

Goodman said the infestation is currently centered on those two neighborhoods, and the District is working hard to control the population. The District is seeing reductions when trapping the same areas again, “so control efforts are working,” said Goodman.

The District will continue trapping through October until the mosquitoes begin hibernating when the weather cools off. Goodman said, “The eggs survive for months. Eggs laid now will not hatch until springtime.”

Goodman said, “They just need a very small amount of water to breed. ... A bottle cap filled with water can breed these mosquitoes, which makes them very difficult to try and control.” And this particular species doesn’t lay all their eggs in one place — instead depositing eggs in multiple water sources. “We don’t want it to become established here,” said Goodman, “they’re voracious, they’re very aggressive.” He explained that they are very difficult to control, very bothersome, and capable of transmitting debilitating diseases including Zika, dengue fever, and chikungunya.

There have not been any reports of illnesses yet, but the concern is that people who travel out of the country can bring exotic diseases back with them, and a population of *Aedes aegypti* increases the risk

of transmission. Which is why the District is trying to access as many properties as possible. They have been conducting site visits on the weekends to increase access rates, and they have implemented a public outreach campaign: visiting neighborhood associations, launching targeted social media ads, and distributing door hangers and postcards to local residents.

Goodman explained that it is only the female mosquitoes that bite, while the males just feed on nectar: “Females are looking for the protein in your blood so they can produce their eggs.” So, the District is considering obtaining males infected with bacteria that renders them sterile. The sterilized males can then be released into the local population where they find and mate with local females. The mating results in eggs that are not viable and do not hatch. Fewer hatched eggs results in fewer insects, and this process can continue until the number of mosquitoes is low enough to reduce their threat. Goodman said this technique may be used in the spring of 2020 to “suppress the population and hopefully, potentially eradicate these mosquitoes from our area.”

The public is encouraged to report day-biting mosquitos, drain water on their properties, and discard unwanted items that can collect water. To report mosquito infestations or for more information, call 800-429-1022 or visit www.fightthebite.net. ★

Instructional Dates For Comprehensive Sexual Health Units

San Juan Unified School

SACRAMENTO REGION, CA (MPG) - In order to provide clear communication and advance notification to our district families, each school site has identified the dates in which the comprehensive sexual health instructional unit will be taught.

The dates are to be found in the San Juan Unified School District’s homepage under Instructional Dates For Comprehensive

Sexual Health Units

You are encouraged to preview the materials prior to the instructional dates for your school site. You will need to complete a form from www.sanjuan.edu/csh to request a digital preview or reach out to your child’s 5th-grade teacher or middle school science teacher.

For more information about the comprehensive sexual health instructional unit, visit www.sanjuan.edu/csh. ★

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