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Citrus Heights Messenger

"Written by the people, for the people"

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Serving the City of Citrus Heights & Sacramento County

AUGUST 23, 2019

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Cool Hot August Rides



Above: This 1956 Chevy Nomad owned by Brian Coffey had everybody drooling. Right: Kids of all ages enjoyed checking out the cool old cars.

**Story and photos
by Paul Scholl**

CITRUS HEIGHTS, CA (MPG) - Cool cars and trucks lined the grassy knoll at Rusch Park during the Hot August Bites car show, reminding the onlookers of the cars they wish they still had in their garage.

Restored rides from the 1920's through the 1970's were proudly on display for the public making many feel the envy of wanting to own the coolest car on their block.

Hot August Bites is an annual event sponsored by the City of Citrus Heights. It provided live music from the Ophir Prison Marching Kazoo Band, an open pool free to the public,

lots of food options from local food trucks, and of course the Nor Cal Cruisers Car Show.

The Car Show presented over 30 trophies to category winners to automobile enthusiasts that keep our car history alive and well.

The best part of the show was watching all the young boys and girls getting excited to see the really cool cars from years gone by. No Prius' allowed.

This year's other main sponsors

included Sunrise Marketplace, Sunrise Recreation and Park District, KLove 99.5 and 99.1, Heritage Peak Charter School.

If you have your 2020 calendar already, put this event down for next August. It is a truly enjoyable family fun event. ★



The older the cars, the longer the memories.



The perfect restoration of a 1965 Mustang, owned by Mel and Chris Ingle.



My dream car, a 1964 Chevy Impala. Dam, they didn't leave the keys.

Citrus Heights Police Dept. Encourages Public to Drive Sober

**Citrus Heights Police
Department Press Release**

CITRUS HEIGHTS, CA (MPG) - As summer comes to a close, the Citrus Heights Police Department is asking drivers to not get behind the wheel after drinking or using drugs that impact your ability to drive safely.

The Citrus Heights Police Department is joining law enforcement agencies across the country in the national enforcement campaign, Drive Sober or Get Pulled Over. During this period, which runs from Aug. 16 to Sept. 2

(Labor Day), the Citrus Heights Police will have additional officers on the road looking for drivers suspected of driving under the influence of alcohol and/or drugs.

In addition to DUI saturation patrols, the Citrus Heights Police Department held a DUI/Driver's License Checkpoint on August 16th, 2019 from 8 pm to 2 am within the City of Citrus Heights.

Labor Day Weekend remains one of the deadliest times of year for alcohol-involved crashes. According to the National Highway Traffic Safety

Administration, there were 376 deadly crashes nationwide during the 2017 Labor Day holiday period (Sept. 1 to Sept. 5). Among those crashes, more than one-third (36%) involved a drunk driver. Last year, two people were killed, and 31 others injured in California on Labor Day alone.

"There are so many ways to get home safely without driving," said Citrus Heights Police Sergeant Shaun Gualco. "Driving while drunk or high is dangerous, irresponsible and causes too many senseless tragedies. We hope that drivers get the message that

driving impaired will never be tolerated."

Driving while impaired is illegal, whether it is alcohol, prescription drugs, over-the-counter medications or marijuana.

If you plan on drinking or are taking medications that can affect your driving ability, designate a sober driver or use a ride-share service. If you see someone driving impaired, call 911.

Funding for DUI enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. ★

County Seeks Heroes of Human Services Award Nominations

**By Janna Haynes,
Sacramento County**

SACRAMENTO COUNTY, CA (MPG) - The Heroes of Human Service Awards recognition was created to honor those who have touched the lives of others through their advocacy, dedication, service and support throughout Sacramento County.

We are looking for individuals/groups who have demonstrated outstanding involvement and commitment to human services. Human Services are broadly defined as community services that support and protect individuals and families. Examples include efforts not limited to:

Social work; Mental health care; Dependent care; Job training; Shelter services; Health programs; Mentoring; Financial assistance; After school programs; Nutrition services; Substance abuse services; Legal and criminal justice services; Recreation services.

A person/group may be nominated for extraordinary efforts exhibited by commitment, dedication and dependability over a period of time or a person/group may be nominated for a one-time specific situation or incident that exhibited extraordinary effort. All nominations will be considered.

Who is Eligible?

Nominees must have demonstrated a commitment to human services through efforts to provide residents of Sacramento County with the resources, services, supports, or opportunities needed to enhance quality of life and social functioning.

Nominees may be from a volunteer organization/club or committee. Examples should be reflective of efforts that go beyond the scope of their regular employment.

Nominees may be from a place of employment. Examples should be reflective of extra-ordinary work that they do at their place of employment that is beyond performing their regular work duties.

Selection and Notification

A panel representing the Sacramento County Board of Supervisors and the Human Services Coordinating Council will make the selection of honorees and those selected will be notified by their respective Supervisor's office.

How do I Nominate?

Please only nominate one person or group per form. Submission deadline is August 26, 2019.

For questions regarding the nomination process please contact: Human Services Coordinating Council

Cindy Marks
Phone: (916) 876-4247
marksc@accounty.net ★

Cake4Kids Still Cooking One Year Later

Story and photos by Trina L. Drotar

SACRAMENTO REGION, CA (MPG) - In 2018, Cake4Kids arrived in Sacramento, thanks to Mary Barnes' efforts. Barnes is the Sacramento ambassador for the Sunnyvale-based non-profit. She has grown her area volunteers into a force of nearly 100 strong. Two dozen gathered on August 3rd to celebrate the one year anniversary of the first cake delivery in Sacramento to Opening Doors.

Since that first delivery, Barnes and her volunteers have made 135 deliveries to more than two dozen agencies throughout the region. The group averages 2.5 deliveries per week, and Barnes said that volunteers are eager to bake more cakes, cupcakes, and cookies.

"I've not found a lack of agencies to partner with," said Barnes and explained that the process is long, especially since many non-profits have limited staff.

She worked closely with Alison Bakewell, Director of Operations for Cake4Kids, to reach out to agencies by telephone or mail, and they both did a lot of follow up, often waiting to hear back for several months.

One of the agencies she contacted is Next Move Family Shelter. Javier Leon, the organization's Children's Services Coordinator, gave a short presentation to the volunteers.

"I try to make sure the children don't miss out in



Above: Volunteer bakers from the 2nd Sacramento orientation on August 18, 2018 at Arcade Library. Right: Mary Barnes delivers first Sacramento cake to Alyssa Van Hofwegen of Opening Doors.

development opportunities and having fun," he wrote in an email. "Since February 2019, I have been able to get volunteer bakers from Cake4Kids to bring cupcakes, one of the biggest highlights of each party! The children look forward to each batch of cupcakes because each volunteer baker adds their own special design on it. Once a volunteer baker made cupcakes with frosting shaped as flowers. Some kids didn't want to eat it because they thought it was so beautiful. I'm very thankful Cake4Kids exists to allow children experiencing homelessness to not miss out in having cupcakes at birthday parties."

Leon's statements echo those of other agencies since

the purpose of Cake4Kids is to provide children with possibly the only birthday cake they have ever received. Many children are homeless, recent immigrants, in foster care, or victims of human trafficking.

Volunteer bakers are often challenged by requests for perhaps a vegan banana cake topped with vegan chocolate frosting, the request for the first cake delivered to Opening Doors on August 3rd, 2018.

The process to become a volunteer baker includes a mandatory orientation in order to learn more about Cake4Kids, including the demographics served, and resources. Orientations are held most months and are listed on the

organization's website. The next Sacramento orientation takes place in September.

Barnes, who is as dedicated to bringing cakes to at-risk children as she is to her full-time employment, said she spent an hour on her birthday meeting with representatives from Guardian Scholars Program at Sacramento State. The program serves transitional foster youth up to the age of 24 who are attending college, a program that Barnes called "amazing," because few foster youth attend college.

Many, she added, don't graduate from high school, but she learned that two who are being assisted by Guardian Scholars are pursuing master's degrees.

To be able to meet face to face with agencies is one of Barnes' goals. She has the opportunity to learn more about the organization, the population it serves, and express Cake4Kids' gratitude for how each organization serves and supports the community.

"It really helps plant a strong relationship from the beginning," said Barnes.

She has expanded the region from the first agency in Arden Arcade and volunteer bakers from Sacramento to agencies and volunteers in Elk Grove, Rancho Cordova, Carmichael, Roseville, and all of Sacramento. She is discussing future plans with agencies in Placer county.

"We can't do it without our volunteers' help," she said, and that she'd like to work hand in hand with a volunteer in the future.

"Our volunteers are everywhere in the Sacramento region. They make my job much easier. They're doing the weekly deliveries. I'm behind the scenes."

Although volunteers bake the goodies, decorate them, and package them according to Cake4Kids' guidelines, they never see the smiles of the children. It doesn't seem to matter to them. They want to bake and bring the joy of a birthday treat to children.

"Another Cake4Kids celebration," Barnes said, "is right around the corner." On September 17th, the public and interested bakers are invited to attend an open house and information session.

One year ago, Barnes said her goal was to reach 100 volunteers, and she's nearly accomplished that feat.

"I'm so appreciative of all the volunteers who have come forward. It was daunting to start this. I believed it and people showed up," said Barnes, adding that she is indebted to the volunteers. For additional information, visit <https://www.cake4kids.org/>. ★

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WEEKLY PROMOTION!

Sacramento Life Center Receives William G. Irwin Foundation Grant

Kristin Thébaud, Kristin Thébaud Communications

SACRAMENTO, CA (MPG) - The William G. Irwin Foundation recently awarded \$50,000 to the Sacramento Life Center to help pay off the mortgage on the group’s medical facility. The grant will allow Sacramento Life Center to free up funding for current programs, as well as future programs such as prenatal medical care and well-woman exams for low-income pregnant women and teen girls. Since moving to the expanded medical facility in 2016, the Sacramento Life Center has seen a 30

percent increase in women, teen girls and couples seeking services. “We are incredibly grateful to the William G. Irwin Foundation for its generous investment in the health of low-income women and teens in our community,” said Marie Leatherby, executive director, Sacramento Life Center. “This capital grant will help the Sacramento Life Center fund current and new programs for the next two decades, helping thousands of mothers and their children receive free medical care – especially those who have nowhere to turn.” The Sacramento Life Center serves some of the

most vulnerable women and children in Sacramento County. The majority of patients face serious financial challenges, and increasing numbers are battling unemployment, domestic violence, homelessness, drug and alcohol problems, mental illness, sexually transmitted infections and more. Fifty percent of the group’s patients have no medical coverage. For more information about the Sacramento Life Center’s Sac Valley Pregnancy Clinic, visit www.svpclinic.com. For more information about the Sacramento Life Center or to make a donation, visit www.saclife.org. ★

SMUD Hits a Milestone in Fleet Electrification

SMUD Press Release

SACRAMENTO COUNTY, CA (MPG) - SMUD hit a major milestone in its efforts to electrify its fleet this week by putting up its last gas-powered sedan for auction and announcing the addition of 16 Chevy Bolts to its lineup. That brings the total number of electric and/or hybrid sedans to the SMUD fleet at 53. “We’re excited to hit this milestone on our way toward fleet electrification,” said Casey Fallon, SMUD’s director of Procurement, Warehouse and Fleet. “As we work to bring more mobility options and infrastructure to the Sacramento region, we are showcasing the ability for large fleets to make the transition to cleaner cars and demonstrate the benefits.” “Electric vehicles really are the future and they provide so many benefits to the communities in which we serve,” said Fallon.

In fact, SMUD just added three electric service trucks to its fleet that allow for heat and air conditioning to run while the engine is turned off to reduce the amount of diesel emissions and noise. It’s also adding additional charging infrastructure at its two Sacramento locations. “The effort comes from out-of-the-box thinking in how we view our fleet and our transportation needs,” said Fallon. “There are a lot of factors that play into this long-range effort including technology advancements, vehicle lifecycles, reduced maintenance expenses and how we rethink what types of vehicles are needed for various operating activities in the field.” SMUD has long been a supporter of electric vehicles, having worked with major automakers and a wide variety of technology companies for the past 30 years to help test and optimize electric vehicle equipment and demonstrate real-world effectiveness. SMUD’s efforts and partnerships have already brought electric vehicles to underserved communities; electric school buses to local districts; clean public transportation; mobile battery charging

stations and more. SMUD’s Charge Free for Two Years electric vehicle incentive offers a choice of \$599 cash (enough for the average electric vehicle driver to charge at home for two years), or a free high-powered level 2 electric vehicle charger for SMUD customers who purchase or lease a new plug-in electric vehicle. Additionally, SMUD’s special electric vehicle rate discount allows electric vehicle owners to save money when they charge their vehicles between midnight and 6 a.m. This allows owners to maximize their savings while mitigating the impact to SMUD’s electric grid for all customers. Furthermore, SMUD is working to bring a California Mobility Center to Sacramento that will serve as an innovation hub of policy, funding and commercialization of clean transportation technologies including autonomous transportation; electric vehicles; battery storage; shared mobility solutions; public transit and more. These efforts support the recent adoption of one of the most aggressive Integrated Resource Plans in the country that puts SMUD on the path to net-zero carbon emissions by 2040. The goal is to provide equal opportunities in Sacramento for increased mobility, clean air and access to things like employment, healthcare and education. SMUD’s commitment to sustainability and mobility will improve the air quality in the Sacramento region and increase access to its residents. As the nation’s sixth-largest community-owned, not-for-profit, electric service provider, SMUD has been providing low-cost, reliable electricity for more than 70 years to Sacramento County and small adjoining portions of Placer and Yolo Counties. SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies, and for its sustainable solutions for a healthier environment. SMUD’s power mix is about 50 percent non-carbon emitting. For more information, visit smud.org. ★

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Crime Reports



Citrus Heights Police Report

August 15th - August 18th

08/15/20: 08:06 Petty Theft 1908150057
Occurred at 24 hour fitness on Auburn Blvd. RP was inside Rite Aid when male took her cart w/her clothes, purse inside of it. He threw items on ground and took some items and they're in the back of his truck. Blue chevy pickup truck. Poss WMA or HMA 50 YOA 600/300 silver and gry short hair goatee LSW: no shirt.

08/15/20: 08:48 Assault 1908150078
Occurred on MistletoeWay. 10-21 / 242 Occured ifo residence at 0730 hours after road rage incident in the neighborhood. Suspect hit RP's hand with her hand.

08/16/20: 06:34 Hit and Run With Injury 1908160026
Occurred at Sunrise Mall on Sunrise Blvd. OCCD Prior To 0600 Hrs.


08/16/20: 23:23 Criminal Threats Rpt 1908160288
Occurred At Sunrise Center Apartments On Sunrise Vista Dr. RP Just Got Texts From An Ex Roommate Who Stated He Was Going To Kill Her And Her Kids, Unk Means, RP Is Requesting To Speak To An OFC

08/17/20: 19:30 Assault 1908170178
Occurred On Silver Springs Ct. 15-20 Ago. RP Was Walking Dog Through Mobile Home Park. Xray And Boyfriend Came Out And Was Arguing W/RP. She Tried To Grab RP's Cigarettes Away. After A Brief 415, Xray Punched RP In Chin. Per RP, RP Dated The Subjects Current Boyfriend And That's Why She Punched Her. RP Declining Medical.

08/18/2019: 13:25 Petty Theft 1908180107
Occurred At Walmart On Auburn Blvd. LP Has One Detained, No ID, While On Phone Subj Ran Out With \$80 Of Merch, RP Is Requesting AC And Wants A Report If Male Is Found. WMA Bald Tattoo On Left Side Of Neck LSW: Grn Shirt, Barefoot.

08/18/2019 23:07 Vandalism 1908180227
Occurred At Oaks At Stock Ranch On Sylvan Rd. Rps Dad Saw Her Ex Yesterday Slash Her Tires, RP Got Tires Fixed Today, Then RPs Dad Saw Him Near Her Veh An Hour Ago But Didn't Call, RP Req A Rpt.

Find more info at citrusheights.net



Citrus Heights Messenger

"Written by the people, for the people"

Serving Citrus Heights and Sacramento County Since 2006

It is the intent of the *Citrus Heights Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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TV
GUIDE
MAGAZINE

CHEERS & JEERS

By Damian Holbrook

Jeers to The Bachelorette's Jed
For his cheating heart. The only thing worse than the aspiring singer's tunes was the fact that he had a girlfriend when he joined the show and still managed to win Hannah's final rose. Good thing she dumped him after learning the truth and used the post-finale special to reconnect with Tyler C.

Jeers to Outlander Outage
Again, Starz's sexy era-jumping romance is set to make time stand still by not launching Season 5 until early 2020, forcing fans to go nearly a year without the life-giving stares

between Claire and Jamie. Great Scot, that's too long!

Cheers to Orange Is the New Black
for serving its time wisely. After seven seasons, Netflix's prison dramedy starring Taylor Schilling (pictured) locked it down in a series finale full of endings happy, heartbreaking and even hopeful, thanks to the show's real-life fund to support women impacted by mass incarceration.



Taylor Schilling (pictured) locked it down in a series finale full of endings happy, heartbreaking and even hopeful.

Josh Duhamel (pictured), the yearly salute was awash with reasons to stay in and watch TV. ★

Cheers to Shark Week
for taking a fun-size bite out of the summer schedule. From the goofy *Shark Trip: Eat. Prey. Chum.* with Joel McHale and Rob Riggle to the gut-twisting shipwreck tale of *Capsized: Blood in the Water*, starring

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

Will Supernatural Get A Spinoff?

Question: Are there going to be any spinoff series from Supernatural? – Gloria

Matt Roush: The CW tried to develop at least two *Supernatural* spinoffs with episodes intended as “backdoor pilots,” the most recent being “Wayward Sisters” in January 2018. At this summer’s television critics press tour, The CW President Mark Pedowitz

acknowledged that these attempts “did not connect.” Adding, “I tend to believe at this point, the show’s essence and blood is Jared (Padalecki) and Jensen (Ackles).” As for the actors who play the Winchester brothers, Padalecki said, “I do hope we see more of the *Supernatural* universe,” while Ackles conceded, “When you have a show that is so anchored ... around two characters, it makes it difficult to tell

the story without those two characters present.”

Question: Please tell me that Netflix or Hulu plans to pick up *Madam Secretary* – or *President* – when it ends on CBS. – Ruth

Matt Roush: Elizabeth McCord (Te?a Leoni) will indeed already be president when the show returns for Season 6, but her term will be only 10 episodes. This time jump allows the show to give some closure to her story though, which means it’s unlikely they’ll be shopping it to other platforms. It’ll be missed, but better this than an abrupt cancellation.

To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★

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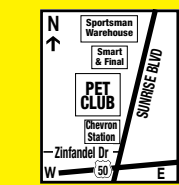
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CHM PLU 568

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89¢

CHM PLU 377

BONUS COUPON

ARM & HAMMER

CAT LITTER DEODORIZER

20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 8/21/19 - 8/27/19

\$1.49

CHM PLU 422

Unconstitutional Tax Legislation Will Restrict Voter Choice

By Jacqui Nguyen

SACRAMENTO, CA (MPG) - Senate Republican Leader Shannon Grove (R-Bakersfield) issued the following statement after Senate Bill 27 was signed into law. Legislative Republicans voted against SB 27, but legislative Democrats pushed for it because of their hostility toward the current U.S. President.

The newly-signed legislation requires a candidate for U.S. President or California Governor who wants to be on the state ballot to file copies of their federal income tax return from the five most recent taxable years with California Secretary of State.

“Regardless of the political affiliation of the current President of the United States, this individual deserves our respect. Here in California, we call on the President when disaster strikes and he has come through for us time and time again. Whether it is multiple wildfires or the failure of the Oroville Dam, the President delivered with federal aid.

“California has tangible issues affecting our families such as high gas taxes, homelessness, and housing affordability. One poll even

stated that 53% of Californians want to flee the Golden State. Yet, Sacramento Democrats continue to focus on the President instead of being focused on issues that affect every day Californians’ lives.

“Governor Brown vetoed similar legislation saying this requirement is unconstitutional, and I am confident the courts will agree,” said Senate Republican Leader Shannon Grove.

Senator Shannon Grove represents California’s 16th Senate District which encompasses large portions of Kern, Tulare and San Bernardino counties and including the cities of Bakersfield, Barstow, California City, Exeter, Frazier Mountain, Joshua Tree, Mojave, Needles, Ridgecrest, Rosamond, Taft, Tehachapi, Twentynine Palms, Tulare, Visalia, Yucca Valley and portions of the Kern River Valley. She is the Senate Republican Leader. Follow her on Facebook and Twitter.

For press inquiries for questions, please contact Jacqui Nguyen, press secretary for the Senate Republican Caucus, at (858) 999-7706. ★

2nd Sexually Violent Predator May Be Coming to Sacramento!

By Shelly Orio, Sacramento County District Attorney’s Office

SACRAMENTO COUNTY, CA (MPG) - District Attorney Anne Marie Schubert is alerting the community of a second Sexually Violent Predator (SVP) that may be placed in Sacramento County. A hearing is scheduled for public comment on the release of SVP, Ross Wollschlager. A Ventura judge will consider placing Wollschlager at an address on Excelsior Road, even though Wollschlager has no ties to Sacramento.

Notice of hearing: September 5, 2019, starting at

9:00 a.m. at Ventura County Superior Court – Department 13 - 800 S. Victoria Avenue, Ventura CA 93009

Wollschlager was convicted in Ventura County in cases of: Rape by Force; Rape by False Pretenses; Lewd & Lascivious Acts on a 10-Year-Old Child

After serving his 13-year, 8-month sentence, a jury determined Wollschlager to be a Sexually Violent Predator under the Welfare and Institutions Code §6604.

If approved, Wollschlager will live in Sacramento County on Excelsior Road and only be monitored for one year. He would then be

eligible for full release from supervision to live unmonitored in the community.

How the community can voice their opposition:

If community members want to voice their opposition, notify the Sacramento County District Attorney’s Office to: Be heard in person at the hearing being held at the Ventura Superior Court; Submit a letter or message by email to: SVPWollschlager@sacda.org; Mail a letter to: District Attorney’s Office, ATTN: SVP Wollschlager, 901 G Street, Sacramento CA 95814.

For more information, visit: www.sacda.org/SVP. ★



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Address: 2121 University Ave. Rocklin, CA 95765

Go to : <https://am1380theanswer.com>

Honoring Grandparents with Butterfly Release

Story by Shaunna Boyd

SACRAMENTO REGION, CA (MPG) - Sunday, September 8 is national Grandparents Day, and two local non-profits are observing the day with a Grandparents Day Butterfly Release. Sacramento Children’s Museum (SCM) and Snowline Hospice are hosting the Butterfly Release ceremony at 11:30 am at the museum, which is located at 2701 Prospect Park in Rancho Cordova.

SCM’s mission is to inspire a love of life-long learning by providing a space for children to play, create, and explore. Snowline’s mission is to help patients through end-of-life care and support their families through the grieving process. The Grandparents Day Butterfly Release is a way to support two great causes at the same time while also recognizing the vital role grandparents play in children’s lives.

SCM’s director of museum advancement Meghan Toland said, “We chose Grandparents Day because grandparents are so important to us at the museum – we see them bringing kids in every day. ... Celebrating grandparents is a great way to bring awareness to Snowline and the Sacramento Children’s Museum.”

Participants can dedicate a butterfly in name of a beloved grandparent. “You can reserve as many butterflies as you want,” said Toland. The event will include Monarch and Swallowtail butterflies – both beautiful options to honor grandparents’ significant impact on our lives.

The butterflies are locally and sustainably sourced, and they will be transported to the museum on ice – putting them



Participants will release Monarch and Swallowtail butterflies in honor of grandparents’ important role in their lives.

into a temporary hibernation until they are woken up at the event. Participants will wake the butterflies by warming them in their hands during the dedication, and then the butterflies will be ready for release after the ceremony.

Grandparents are an important part of all our lives, so Toland explained that the event is not just for children – all ages are encouraged to attend. She also emphasized that the dedications do not have to be in remembrance: “It’s to remember those we don’t have any more and also to celebrate those still in our lives every day.”

Toland said they expect to release 400 butterflies, so they are anticipating a large turnout at the event. After the Butterfly Release, a celebration will feature games, activities, face painting, and food vendors.

Proceeds from the event will benefit SCM’s educational programs and Snowline’s Healing All Together (HAT) grief group, which helps children and their families deal with grief after losing a loved one. Because it can be difficult for kids to verbalize their emotions, HAT helps kids express their grief through art, motion, music, and play. SCM works in partnership with Snowline, which hosts the HAT program at the museum twice a month.

Butterflies for the event must be reserved in advance on the website, and people are already signing up. The deadline to reserve a butterfly is Friday, September 6 and the cost is \$10 per butterfly, or \$15 for a butterfly and admission to the museum. To reserve a butterfly – or to sign up as a vendor or sponsor – visit www.sackids.org. ★

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POSITIVE. Imagine a positive message and positive messages that you would like to hold instead of the negative memory. For example, you might see yourself joyful and free as you sit by the ocean. Then, allow that image of yourself to hold a lovely transparent balloon. Place positive thoughts and beliefs inside this balloon. These messages might tell you that you are loved, worthy, kind, intelligent, caring, resilient, courageous, and more. Allow yourself to hold and enjoy that uplifting balloon. Repeat this imaginal process several times each day. The more you repeat the positive messages and images, the more joyful and positive you will feel.

Dr. Manly knows we all have negative life experience. It's what you do with them that matters. When we choose to face the fearful memories and learn from them, we can then move forward to let go of them. Practice the above "letting go" steps often to set you free she told me. You have the power to find your fearful memory nuggets and move forward with a free and joyful heart! Check out www.drcarlamanly.com and **JOY TO YOU ALL! ★**

***By Ilona Gazarova,
Surveillance and
Harassment Survivor's
Alliance***

SACRAMENTO, CA (MPG) - On August 29, 2019, victims of organized, multi-stalker stalking and electronic harassment (via radiofrequency harassment devices and electronic weapons), as well as others concerned about these growing crimes, will hold a public rally in Sacramento, California. Thirty victims have already registered to attend, most of whom are California residents. We anticipate that many unregistered participants will also show up. A large number of people will participate virtually via several live streams of the protest.

A U.S. Dept. of Justice study showed that one in eight stalking cases is reported to involve simultaneous stalking by multiple offenders, and victims' reports of "organized stalking" are rising rapidly. Many of the criminal harassment networks that engage in this illegal activity are also reported to engage in so-called "electronic harassment". Well

before the energy-weapon assaults on the U.S. diplomats in Cuba and China were reported by the media, many victims globally have reported similar harassment and assaults with directional energy-emitting devices. Despite the ever-increasing number of reporting victims, these concerning crimes have received no real attention from law enforcement or elected officials. Yet, these crimes are almost certainly having substantial negative impacts on our world's capital and economy.

The rally's three main aims are: (1) to raise awareness about these growing threats to public safety and human rights; (2) to ask law enforcement to start taking and recording official reports of victims' claims about organized stalking and electronic harassment; and (3) to ask legislators to enact laws that will both compel and support modern, effective law enforcement practices against these novel, 21st century crimes.

The rally is open to all members of the general public at no cost. Attendees have been asked to register for the event at <https://www.rockwellian.com/2018/06/19/rally-at-the-american-conservative-alliance/>

www.alliancetoendtar-getting.org/ti-day-2019. Members of the news media are encouraged to attend as well. Several representatives of local, state, and federal law enforcement have been invited to the event, so they can share their perspectives on these new criminal issues with the concerned citizens in attendance. Several rally organizers and leading members of the victim advocacy community will give speeches, and informational flyers will be distributed to the general public.

Informational flyer
available at: <https://www.alliancetoendtargeting.org>

California State Capitol
Building, L Street Entrance


August 29, 2019
11:00 am to 7:00 pm

Peak Period:
2:30 pm - 5:00 pm
Speeches will begin at 3:00 pm

The following rally organizers will be available for comment:

Justin Whitworth
Jesusconnect@yandex.com
(916) 531-0325
Shayla Avants
Alliancetoendtargeting@
gmail.com
(813) 459-8988 ★

A close-up, slightly angled view of a Thin Blue Line American flag. The flag features a black field with white stars and a single, prominent blue horizontal stripe running across the middle, symbolizing law enforcement.

The logo for the Chaplain of the House of Bread. It features a gold Maltese cross with a blue and white American flag design in the center. Above the cross is a banner that reads "CHAPLAIN OF THE".

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CLUES

ACROSS

1. Red _____
6. Trigonometric func.
9. Presidential "No!"
13. From this time
14. "General Hospital" network
15. Earth, to Virgil
16. Related to #12 Down
17. Junior's junior
18. Lingo
19. "Noun alternative
21. "Conjunctions
23. Bit of work
24. Sty cry
25. Pendulum's path
28. Liberal pursuits
30. Romani camp formations
35. Not in Impossible Burger
37. Letter before kappa
39. First light of day
40. Without purpose
41. "Ideas separator
43. Part of colliery
44. Gourd musical instrument
46. Flees
47. Flat-bottomed boat
48. "Controversial comma
50. Its motto is "Leadership Excellence"
52. Lt.'s subordinate
53. Barnes & Noble reader
55. Hermy the dentist, e.g.
57. *Pern or thing
61. Tactile reading system
65. Earlier in time
66. Color quality
68. Lustania destroyer
68. Askew, in Scotland
70. *Suffix used when comparing three or more
71. Kick in
72. Rod attachment
73. Pep rally syllable
74. Author Jong

DOWN

1. Bruce Lee blow
2. Infantry's last rows
3. Knowing about

4. Part of a play
5. Mrs. in Spain
6. Jealous biblical brother
7. Kimono tie
8. "The Terminator" genre
9. *Simple predicate
10. Therefore
11. Helen of _____
12. Mares eat it
13. Tibetan religious paintings
14. Finno-_____ language
22. *Suffix often confused with -ent
24. Former East Germany currency
25. Friend, south of the border
26. Updike's "Rabbit _____"
27. Shorter than California
29. Saw or awl
31. Beach do-nothings
32. In the cooler
33. *Like sentence without proper punctuation
34. Gushes
36. Pro's opposite
38. BB's and bullets
42. Daisy-like bloom
45. Crotchety
49. Word processing product, for short

51. *Smallest grammatical unit
54. Not the same one
56. Dietary essential
57. Ring practice
58. Encourage
59. Digestive aid
60. "Piano Man" singer
61. Eliza follower
62. "Laughing on the inside" in text
63. Flock member
64. Highest volcano in Europe
67. Bruce Springsteen's "Born in the

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Solutions on Page 7



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Accumulated Ideas About God

clearly instructs. WHO GOD IS and His instruction and words for living a happy life! Nor do they know the various life stories of men of old who knew and followed truth. Or even the consequences for those who disobeyed! Possibly they may not even know another person who has true faith and trust in a loving forgiving Creator/God who has all their answers to life's problems and situations.

The problem with accumulated ideas is they are only *opinions* and *lead to no-where!* Every one of us may begin with them, even some lead into all kinds of cults that do not teach nor follow the pure teaching of God's truth. They erroneously claim to have all the "answers" as does every false teaching. *(Note: It happened to me - even after I had accepted Jesus when I was 12 years old. Trouble is - the cult took me into a form of "bondage" until I was 34 years old. Then, after I accidentally began to attend a church to help someone! And I found Him again and was miraculously*

“born-again!” Another words my life truly began! That was 50 plus years ago. God provided a new beginning for me.)

“God loves each one of us individually!” Far more than we ever realize or understand! It is not until we begin to follow His plan for our life and are filled with His Holy Spirit do we begin to understand His dynamic plan for our life. It happens after accepting Jesus as our Lord and Savior and He comes miraculously into our life and we do begin to sense His presence and divine call on our lives.

Until this happens we naturally question everything! When God's Spirit enters our being, amazing things take place and we just KNOW! I invite you to sincerely make this decision today and become a part of the largest and greatest family in the whole world who will love you forever and ever.

Marlys Johnsen Norris
Christian Author,
Stephens Minister
“God Moves Mountains,
It was a Miracle”
Marlysjn@gmail.com ★



Encouraging Words

When You Make A Mistake

doesn't work that way. You're still a child of God! You've been born into the family. It's not one day on and two days off.

You may think, “Ray, you’re giving people too much security.” Friend, listen to this carefully: God wants you to be secure. God wants you to be secure. You’ve got to understand that. God wants you to be so secure that when you make a mistake and you fail, you understand there is forgiveness and you understand that He will never stop loving you.

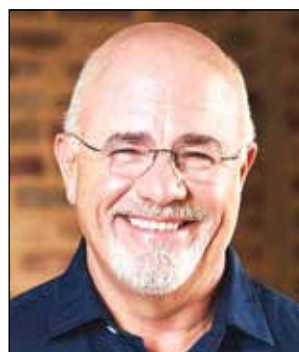
You say, “Ray, this sounds too good to be true. I served God one time. I served Him for a year. But then I made a terrible mistake, so I dropped out of church and gave up on God. Do you mean to tell me that God didn’t kick me out of His family right then?” That’s exactly what I’m saying. You may have given up on God, but He’s never given up on you! He wants a relationship with you. This is the message of the Gospel.

I'm not saying that

when you are born again, you're not going to produce good works. You are. I'm just saying those good works don't get you saved. And they don't keep you saved. It's the gift of God. Ephesians 2:8 says, *"It is by grace you are saved through faith; not of yourself. It is the gift of God, lest any man should boast."*

Understand that salvation is God's gift to you, because of what Jesus did on the cross. You can't pay for it. If you don't understand that, then you'll try to pay back your salvation with good works. The problem is, one day you're not going to be as good as you think you should be. Then you're going to feel condemned. Remember, that you don't do your best to get God to love you. You do your best because He already does. He already does love you. Don't let self-condemnation get in the way of God's love for you.

Pastor Ray
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Dave Ramsey Says

Now, with another person in the house, your day-to-day expenses are going to increase. That'll make it even more important to make sure you're living on a written monthly budget. What you *don't* want to do, is quit your job to come home and be a full-time mom, then find yourselves dipping into the emergency fund. Being a stay-at-home mom is fine. It's a wonderful thing if you can afford it. But if that's the plan *you need to budget* accordingly, and practice living on just your husband's income before you quit your job.

God bless you two,
Rachel! – Dave

Micro Investing Apps?

Dear Dave,
What is your opinion on micro investing apps like Acorns and Betterment? Are these good vehicles for building wealth in the long term, and are there any major drawbacks to these types of services?
- Alex

Dear Alex,
I'm not saying there's anything really wrong with Acorns or Betterment, but they do different things. Acorns is more of an invest pennies, round-up kind of program, where

Betterment is kind of a robo-investing deal.

Here's the thing. Micro *investing* is going to create micro wealth. And the big downside is you're going to feel like you did something important. The way you end up with *money* is by investing *money*. The way you end up with *more money* is by investing *more money*. You can argue all you want that using things like these create extra money. Yeah, but not really. The returns are still micro. An app doesn't make two dollars turn into twenty dollars.

It's okay to use apps like that. I'm not mad at them, and I don't think they're a rip-off. What worries me about these kinds of things, in an investing sense, is they give the *illusion* that you've done something significant with *your money*. — Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★



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Cirque du Soleil to Bring Amaluna to Sacramento in 2020

By Daniel Emmons,
Raley Field Media

WEST SACRAMENTO, CA (MPG) - Cirque du Soleil brings *Amaluna* to Sacramento for a limited engagement. Written and directed by Tony Award-winning director Diane Paulus, Cirque du Soleil's 33rd production is a celebration of love and a tribute to the work and voice of women, featuring a cast that comprises mostly women with an all-female band. The show's title is a fusion of the words *ama*, which refers to "mother" in many languages, and *luna*, which means "moon," a symbol of femininity that evokes both the mother-daughter relationship and the idea of goddess and protector of the planet. *Amaluna* is also the name of the mysterious island where this magical story unfolds.

Recently hailed by the Los Angeles Times as "genuinely fresh," *Amaluna* will perform under the Big Top at Raley Field January 22 - February 16, 2020.

"We are thrilled to welcome Cirque du Soleil to

Raley Field for the first time," says River Cats President Jeff Savage. "Seeing the incredible cast of *Amaluna* underneath a classic circus big top is something everyone in the Sacramento region should experience."

Tickets start at \$54, and will be available to the public for purchase beginning Friday, August 2 by visiting www.cirquedusoleil.com/amaluna or calling 1-877-9CIRQUE (1-877-924-7783).

Amaluna invites the audience to a mysterious island governed by goddesses and guided by the cycles of the moon. Their queen, Prospera, directs her daughter's coming-of-age ceremony in a rite that honors femininity, renewal, rebirth, and balance – which marks the passing of these insights and values from one generation to the next. In the wake of a storm caused by Prospera, a group of young men lands on the island, triggering an epic, emotional story of love between Prospera's daughter and a brave young suitor. But theirs is a love



Miranda plays in the waterbowl, discovering her own physicality and expressing her sinuous sexuality as she performs a challenging hand-balancing routine Photo Martin Girardshootstudio.ca Costumes Meredith Caron © 2015 Cirque du Soleil

that will be put to the test. The couple must face numerous demanding trials and overcome daunting setbacks before they can achieve mutual trust, faith, and harmony.

Director Diane Paulus,

winner of a 2013 Tony Award (*Pippin*) and recently named as one of Time magazine's 100 Most Influential People of 2014 says, "I didn't want to build a 'women's agenda' show. I wanted to create a show

with women at the center of it, something that had a hidden story that featured women as the heroines." Paulus drew from a series of classical influences when creating the concept of the show; including tales from

Greek and Norse mythology, Mozart's *The Magic Flute* and Shakespeare's *The Tempest*.

For more information on Cirque du Soleil, visit <https://www.cirquedusoleil.com/amaluna>. ★



Unicycle. Photo Markus Moellenberg © 2016 Cirque du Soleil



The artists fly out over the audience on straps suspended from the Carousel, a rotating apparatus high above them. Photo Markus Moellenberg © 2016 Cirque du Soleil



Juggling. Photo Markus Moellenberg © 2016 Cirque du Soleil

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California Automobile Museum is on Track for 2019 CruiseFest



A white '58 Impala and a white Vespa scooter will be tributing the popular American Graffiti movie. Courtesy of Steve LaRosa Productions

Steve LaRosa,
Steve LaRosa Productions

SACRAMENTO, CA (MPG) - On Saturday, October 5, 2019 from 3pm to 7:30pm, the 9th Annual CruiseFest on Fulton Avenue, benefitting Sacramento's California Automobile Museum, Northern California's biggest and best car cruise returns to Fulton Avenue for what promises to be the most spectacular in its history. With entries outpacing last year at this time, we anticipate a substantial increase in participating cruisers.

At this popular, FREE family-friendly event, we expect (give or take) 400 custom, classic and novelty vehicles and well over 5,000 attendees.

As far as the Fest portion of things, this year we're featuring 3 live bands, 9 food trucks, numerous vendors and we'll be pouring beer from local breweries.

Though it's still early,

we already have commitments from these novelty vehicles:

The popular Tribute Team American Graffiti cars, comprised of clones of vehicles used in the George Lucas movie, posing the question, "Where were you in '62?"

They are: A yellow '32 Ford coupe driven by the character John Milner; A black '55 Chevy driven by Harrison Ford's character; A White '58 Impala driven by Ron Howard's character; And the character Toad's white Vespa scooter with a dented trash can like the one he crashed into outside of Mel's Drive-In.

Save Mart's 12-foot tall mega-motorized shopping cart-Powered by a 454 Chevy engine, it can accommodate a handful of passengers and a few bags of groceries.

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photos for attendees

The Tombstone Hearse-A 21st-century motorcycle version of a 19th-century horse-drawn hearse, actually used in funerals.

Back again this year- The Kids Zone-Various fun activities for the kids

Car Club Members: This year we're featuring "The Car Club Corral," where pre-registered car clubs and their pre-registered members will have designated parking at Tognotti's. The Corral will have its own live music, food and beer vendors. The club that brings out the most cars will win a free year Car Club Membership at the Museum.

To register, log on to calautomuseum.org or call the Museum at (916) 442-6802. \$25 for Museum members/\$30 for non-members.

To access the CruiseFest page directly: calautomuseum.org/CruiseFest. ★

California Capital Airshow Brings Back The Blue Angels



Returning to Mather Airport for its 14th year, the airshow offers miles of static display aircraft in all shapes and sizes as well as interactive STEM experiences for the enjoyment of kids and families. Photo courtesy Mark Loper

By Liz Fox Johnson,
California Capital Airshow

SACRAMENTO REGION, CA (MPG) - The California Capital Airshow (CCA), presented by Sacramento County in partnership with the City of Rancho Cordova, announced the exciting performer lineup and kickoff of ticket sales for the October 5 and 6 airshow. Headlined by the world-famous U.S. Navy Blue Angels, this year's show is packed with hours of entertainment in the air and on the ground. Family-friendly ticket pricing provides admission for up to six youth ages 6-15 with the purchase of just one Adult General Admission ticket. Kids under 5 receive free general admission. Information on how to access early ticket discounts is available at CaliforniaCapitalAirshow.com.

Returning to Mather Airport for its 14th year, the airshow offers miles of static display aircraft in all shapes and sizes as well as interactive STEM experiences for the enjoyment of kids and families. In addition to the U.S. Navy Blue Angels, the show features an extensive roster of jaw-dropping acts. Performances from the new Team Oracle, which features the only female formation airshow pilot in the country, the Patriot Parachute Team, the F-16 Viper Demonstration Team and so much more will captivate spectators throughout the weekend.

"Of course we are thrilled to welcome

back the Blue Angels this year," said Darcy Brewer, executive director, CCA. "We are also really excited about our lineup of world-class civilian performers, military aircraft and the opportunity to honor our past with a beautiful D-Day tribute. As always, we've worked hard to curate an event that is both inspiring and entertaining to people of all ages and interests."

For thrill seekers, history buffs and STEM or aviation enthusiasts off all ages, this family-friendly festival offers endless entertainment, attractions, music, food and so much more. Tickets go on sale to the general public on Thursday, August 1 at 12:00 a.m. PDT via the Airshow website.

For more information contact Liz Fox Johnson at Liz@californiacapitalairshow.com or 540-632-1696

Established in 2004, the California Capital Airshow 501(c)3 plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. CCA gives back to the community through scholarships, charitable group donations and exciting educational youth programming throughout the year. For more information about the airshow, performers, and discount tickets, please visit CaliforniaCapitalAirshow.com. ★



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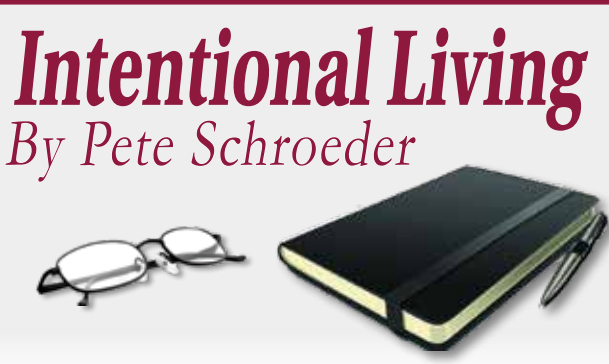
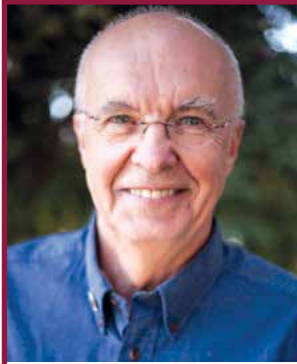
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Intentional Living

By Pete Schroeder

The Gift of Life

*I'm thankful for so many things.
But most of all...*

On Thanksgiving, during the holiday season, and at birthdays, it's easy and appropriate to be grateful. Whenever we receive gifts, whether expected or not, it's normal courtesy to express thanks.

But here and now, as you read this, plan a time later today, or right now, to remember all the extra-special gifts that have been presented to you along your life. Especially your life! Without the Gift of Life, how could you have been blessed with all the other gifts?

How do you view the Gift of Life? Do you believe life is a gift? Or is it a torture, to be endured? Or do you regard it as neither. These are questions found "at the deep end of the pool". They get philosophical, spiritual, and can be analyzed ad infinitum.

For Intentional Living, life is a gift, a wonderful gift – an opportunity to be, to feel, to love and be loved. To make a difference. To recognize your natural talents and put them to use. The opportunity to experience the emotions, to learn the lessons, to grow and teach, to contribute, is such a gift!

Certainly, to think otherwise can be argued. One can look at the suffering of so many, at the devastation, hunger, poverty, abuse, and disease, and insist that life is no gift for millions. Who knows, or can even guess, why such sad elements exist on the same planet that provides such abundance and joy for others?

Perhaps it is the privilege of the

affluent to help those in need. Perhaps it is for the affluent that those in need exist. Perhaps it is for those in need that the affluent exist. Perhaps the affluent will learn that some day, and start seriously helping those in need, and stop ignoring them. Perhaps the disproportionate numbers will begin to shift so that more may view life as a gift.

It is something to pray for, however you may do this. And when those prayers are answered. (Something else to be thankful for.)

Q. I read the other day that Intentional Living thinks that life is "absolutely fair". Why, then, so much child abuse, and senseless violence? No one can say that's "fair".

A. At times, there is pain; but there are causes for everything. We, as a human race, bring on everything that is in our world – the good (that which produces pleasure) and the bad (that which produces pain). The outer world reflects our inner world. There is a collective unconscious that is governed by natural law. As that column (Little Words=Big Differences) said, "If we live in fear, distrust, and hatred, it's absolutely because we cause fear, distrust, and hate. The fear is there because we have learned or been told that there is danger and/or pain in the world. The hatred never appears without cause (we find something to hate). The abuse appears where there is ignorance (of a healthier way to behave)." Be how you want the world to be. As more people give up hate, violence, etc., critical mass will be reached; the world will shift, and seem less unfair. Choose your world. ★

By Pete Schroeder, SRES • Century 21 Select Realtor®
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Where's The Baby? Look Before You Lock!



The California Office of Traffic Safety (OTS) is asking drivers to not leave children in hot cars and check the back seat before you get out of the car.

By Tim Weisberg,
California Office of Traffic Safety

SACRAMENTO REGION, CA (MPG) - The summer heat is here and that means it is even hotter inside the car. The California Office of Traffic Safety (OTS) is asking drivers to not leave children in hot cars and check the back seat before you get out of the car.

Tragically, 52 children died last year after being left alone in a hot car, a 21% increase from 2017 and the highest number in more than 20 years. Since 1998, more than 800 children have died from vehicular heatstroke.

"Cars are well insulated and rise in temperature quickly," OTS Acting Director Randy Weissman said. "Too many senseless tragedies have taken place because parents or caregivers either forgot, thought it would be okay to leave a child in the car, or gave a child easy access to get inside."

The temperature inside of a car can rise nearly 20 degrees in only 10 minutes. Even when it is only 70 degrees outside, the car temperature can reach triple digits in half an hour. A children's body temperature can rise five times faster than an adult, leaving children prone to heatstroke quicker.

Common signs of heatstroke include red, hot and moist or dry skin, lack of sweat, dizziness, nausea, confusion, as well as being grouchy or acting strangely.

The OTS encourages parents and

caregivers to take extra precautions to make sure a child is not left or forgotten in the back seat:

Never leave a child alone in a car, even if you are running a quick errand, the child is sleeping or doesn't want to get out; Make it a habit to look in the back seat before you leave the car. Keep a stuffed animal, purse, phone or wallet next to the car seat as a reminder; Check in with a spouse, child care staff or caregiver when there is a change in schedules to verify the child was picked up or dropped off; Always lock your vehicle and keep the keys out of reach. Teach your child that a car is not a play area.

Heatstroke prevention also applies to pets, who face the same risks for heatstroke when left in a hot car. Keep your pets safe by leaving them at home unless you need them with you.

If you see a child or pet alone in a hot vehicle:

Make sure the child or pet is okay and responsive. If not, call 911; Try to find the parents or pet owner. Notify security or use a business or shopping center's PA system to alert the car owner.

The OTS administers funding for traffic safety programs statewide with the goal of reducing crashes that result in deaths, injuries, and economic losses. The OTS is a department under the California State Transportation Agency (CalSTA). ★

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By County Supervisor Sue Frost

Through the generosity of the *Citrus Heights Messenger*, this column serves to provide an update about matters affecting the community of Citrus Heights.

Last November, California voters went to the polls and voted overwhelmingly to reject the Local Rent Control Initiative (Prop. 10). I was one of the only local elected officials in our region who was publicly outspoken in my opposition to Prop. 10, and rejoiced when it was defeated. Apparently the issue did not die with Prop. 10, because its backers are trying a “redo” in 2020 with a modified version that is just as fundamentally flawed as its predecessor. Due to this, I want to take this opportunity to explain to you the history of rent control in California, how the 2020 version differs from the 2018 version, and why I am vehemently opposed to both versions.

Put simply, rent control is when the government tells property owners how much rent they can charge each year. Local municipalities were allowed to create any form of rent control they wanted until the state passed the Costa Hawkins Rental Housing Act in 1995, preventing rent control restrictions from applying to

Citrus Heights Community Update

Rejected In 2018, Rent Control Still Won’t Work in 2020

single-family homes, condos, or apartment buildings built after 1995.

Finding these limits too constraining, an effort was made in 2018 in the form of Prop. 10 to remove the 1995 law, in a move that would have once again allowed local municipalities, like Citrus Heights, to pass strict rent control measures on new construction. The 2020 proposition is slightly different, in that it allows local municipalities to pass rent control on any building that was built over 15 years ago. This means that housing constructed in 2020 could have rent control imposed on it in 2035, housing constructed in 2021 could have rent control imposed on it in 2036, and so on.

Both propositions suffer from the same misguided notion that renters are better off with more rent control. Economists across the world, as well as anyone with a basic understanding of economics, understand that this is simply not the case. While rent control does help affordability in the short run for current tenants, in the long-run it decreases rent inventory and affordability, fuels gentrification, and creates blight in the surrounding neighborhood.

Rent control laws massively slow down home building, and in many cases landlords convert their properties to different uses entirely. The laws of supply and demand would tell you that new housing construction is the key to keeping housing affordable, not rent control. Supporters of rent control

should carefully review the rent control policies in areas like San Francisco and Los Angeles, and seriously ask themselves if they would consider either of those two cities affordable.

In places where there is a demand for more housing, a more effective policy is to simply build more housing. Instead of penalizing property owners, we should consider policies that offer tax incentives to property owners who keep rents low. And we should consider allowing housing projects to get the same environmental exemptions that sports facilities get.

I do not have all the answers; however, it is clear to me that we cannot continue to create policies that sound good on paper but actually make the situation significantly worse.

Finally, I want to invite everyone to my next Citrus Heights community meeting on September 16th at 6:00pm at Citrus Heights City Hall (6360 Fountain Square Drive). This is an opportunity for you to get an update from me and to ask me any questions you may have. Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@sac-county.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, Fair Oaks and Rancho Cordova. ★



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