



A Race Full of Meaning

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Citrus Heights Messenger

"Written by the people, for the people"

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Serving the City of Citrus Heights & Sacramento County

AUGUST 9, 2019

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VERSATILE NAVY
COMBAT WARSHIP



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WITH SHOWCASE



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Library Gets a New Look

Citrus Heights Celebrates the Re-opening of Sylvan Oaks Library



Above: Sylvan Oaks Library supervisor Crystal Miles and Sacramento Public Library director Rivkah Sass cut the ribbon, officially re-opening Sylvan Oaks Library after its refresh. Right: Pixie Tribe offered free face painting at the Sylvan Oaks Library re-opening celebration.

Story and photos
by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - After a six-month closure to undergo a "refresh" for various upgrades and improvements, Sylvan Oaks Library (6700 Auburn Blvd.) hosted its re-opening celebration on Saturday, August 3. The library now has new paint, flooring, carpets, and efficient LED lighting. Other modernizations include an enhanced children's area, an updated teen space, a homework help area, new computers, quiet study rooms with white-board walls, and new service desks. Large windows enhance the bright interior and showcase the beautiful scenery outside.

The celebration featured family-friendly games and activities, free shaved ice, face painting, balloon twisting, and Henna art. Many attendees expressed how much they missed the library while it was closed

for the refresh. Citrus Heights City Councilmember Bret Daniels lives across the street with his family and said that his two-year-old daughter was overjoyed when the fence came down. "It's so nice to see all the families coming out and having a really good time at their community library," said Councilmember Daniels.

Sacramento-area teacher Jennifer Peart said, "It's so exciting to see families here to show support for their local library. ... It means so much to see people supporting life-long reading."

At the ribbon-cutting ceremony, Sacramento Public Library director Rivkah Sass said, "This is now



the best-looking library in Sacramento County." She thanked everyone in attendance for "validating what we do by showing up and showing your support."

Sacramento County District 4 Supervisor Sue Frost described the library as "a place where you can see the world." She said that the experiences and services offered at the library are "a testament to why

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Crisis Support for Foster Youth and Families

By Andrea Sandoval,
Sacramento County

SACRAMENTO COUNTY, CA (MPG) - "The Source," is a new, free, 24/7 support service for foster youth and resource families living in Sacramento County. The service, implemented by Department of Health Services and the Sacramento Children's Home, connects foster youth, and former foster youth, up to age 21 and resource families to licensed professionals who immediately provide guidance, support, and connection to critical resources.

The 24/7 hotline is staffed with operators trained to de-escalate situations and help callers work through conflicts and tension to support foster placements. The hotline will prioritize crises and when needed dispatch mobile response teams to provide additional support. The mobile response teams are made up of social workers, behavioral health specialists, as well as peer partners, which could be former foster youth or caregivers to provide assistance in supporting placement stability.

"The Source is designed to provide foster youth and foster families with high levels of support and stability when challenging situations arise," said Michelle Callejas, Director of Sacramento County Department of Child, Family and Adult Services. "This is the only foster youth/family support line of its kind in Sacramento and we are grateful to the Sacramento Children's Home for their service and partnership."

Foster youth and their resource families can access The Source's crisis hotline by calling or texting 916-SUPPORT or by using the online chat option on their website. The Source team can also provide in-person support at homes, schools, and community locations.

Available Services:

Support for Youth - Support when youth need help handling life's changes. Help to solve problems and create a plan for the future; **Support for Caregivers** - Assistance to aid overcoming conflicts and challenging situations in the family. Intense, short-term support is available, as well as resources to create a plan for the future; **Referrals** - Get connected to other supports and programs in the community; **Activities** - Have fun attending activities with other youth in the community; **Advocacy** - Support from staff who have similar experiences to youth and caregivers.

"These types of programs are an example of how County departments are listening to the community and partnering with organizations to work to improve

Continued on page 2

SAFE Credit Union to Match Up to \$10,000 in Donations Made to Sacramento Stand Down

By Carole Ferguson,
SAFE Credit Union

FOLSOM, CA (MPG) - SAFE Credit Union is pledging to donate up to \$10,000 in donations made to the Sacramento Stand Down Association to assist that organization in recovering from a recent theft of \$40,000 of supplies meant for distribution to Sacramento-area veterans.

Sacramento Stand Down will hold its annual event on Aug. 9-10 where homeless and other veterans in need gather to receive services, medical assistance, and connect with government agencies and businesses to help get their lives back on track. The items stolen in the theft were designated to be given to veterans at the August event.

"When SAFE leaders



SAFE CU employees volunteer at a Stand Down event. Photo courtesy of SAFE CU

heard about the unconscionable theft from Sacramento Stand Down Association, they knew that they needed to step in to help," said SAFE Community and Advocacy Engagement Manager Amanda Merz. "Assisting veterans is one

of our main pillars of philanthropy at SAFE and we consider it a privilege to help those who have served us."

SAFE will match donations made to Sacramento Stand Down Association now through Aug. 10, up to \$10,000.

"The veterans that depend on us are in need and now is the time to band together as a community to support them," said Sacramento Stand Down Association President Randy Smith. "Our promise has been

Continued on page 5

California State Fair Sees Boost in Sales

Margaret Mohr,
Cal Expo and State Fair

SACRAMENTO, CA (MPG) - The California State Fair ended its 2019 season with strong food, beverage and, amusement ride sales which is thanks in-part to an all-new food Festival Pass. The pass allowed Fair attendees to pick four items from over 30 different offerings ranging from mouth-watering appetizers, one-of-a-kind entrees, and to-die-for desserts from 30 food vendors at a low price of \$28. Food sales from the Food Festival Pass generated roughly \$380,000 in revenue alone.

“The Food Festival pass was popular every single day of the Fair,” says Wille Madaus, owner of Country Fair Cinnamon Rolls, whose Bacon & Pecan Cinnamon Roll won Best of Show in the Food Festival Competition. “We had our highest grossing Saturday ever and are up more than 20% this year.”

Barbecue sales, always a Fairgoer favorite, hit an all-time high with \$1.3 million in gross sales while new, fresh food options such as the Fair’s first vegan stand, Frik’n Vegan, had a very successful debut. The food vendor has already confirmed plans to return to the fairgrounds next year. Non-profit organization Friends of the California State Fair program sold over 7,585 pounds of fruit during the California State Fair Farm.

“Food has a powerful way of bringing people together” said General Manager and CEO of Cal Expo & State Fair Rick Pickering. “We are grateful for the opportunity to provide a common place for Fairgoers of all backgrounds to come together and celebrate our state’s rich history, diverse cultures and some long-standing and new traditions that make California great.”

Overall, the total for food and beverage sales was \$8.5 million this year, bringing local sales tax revenue to the city, county, and state over just 17 days of the Fair.

Butler Amusements, the CA State Fair vendor responsible for the amusement rides, also reported its highest weekend in history with sales of over \$500,000 on Saturday, July 20 and more than \$400,000 in sales for rides on Sunday, July 21, making it a \$1,000,000 ride weekend. More than 100,000 people rode the monorail and Skyride, taking in views of the entire fairgrounds and the surrounding areas from high above.

The California State Fair closed out its 2019 season — where innovation was a

major theme — with an exciting Drone Light Show presented by DISH. Other novel ideas were created at the Fairgrounds, including Esports gaming tournaments every day of the Fair, the unique Bank of America sponsored Selfie Experience, and other new and exciting exhibits.

“This year’s fair brought together the beauty and innovation that demonstrates the very best of California,” said Pickering.

The state-wide Youth Mariachi Competition returned for a second year as part of a celebration of Mexican culture’s influence of the Golden State. The competition, held at the illustrious Golden 1 Stage, showcased talented youth mariachi ensembles from throughout the state. The competition gave participants an opportunity to win up to \$5,000 in grants for their respective academy or school mariachi program.

The new Esports Gaming tournament sold out all of its tournament slots and first-ever California State Fair Bear Cup champions were crowned. The Esports Gaming tournament garnered more than 700,000 viewers around the country on the California State Fair’s very own Twitch channel; hosted on Twitch’s front page. Esports is a new and booming video game competition and having this event showcases California’s robust tech industry.

An innovative Drone Light Show produced by The Great Lakes Drone Company, was followed by a traditional fireworks show that wrapped up the CA State Fair’s events. The combination of the old, beloved fireworks and the new drone light show symbolizes the innovation and nostalgic activities the Fair provides.

The CA State Fair provided opportunities for community engagement by providing free entrance to 10,000 military, veterans and first responders. Attendees on Mondays who provided three non-perishable food items received free admission during SMUD Giving Monday. Attendees donated a total of 31,000 pounds of food; all of which went to the Elk Grove Food Bank. Fair guests also had multiple opportunities to adopt an animal from Front Street and SPCA animal shelters.

Despite an extremely hot final weekend, Californians from all regions of the state were welcomed and enjoyed the Fair, and all its activities, for 17 days! Total attendance at the California State Fair increased from the prior year, up more than 5%, for a total of 601,761 happy Fairgoers. ★

Crisis Support for Foster Youth and Families

Continued from page 1

the health and wellness of Sacramento County families by providing a culturally competent and responsive crisis continuum,” said Ryan Quist, Sacramento County Behavioral Health Director.

In recent years, California has been implementing a set of changes to the foster care system

intended to help foster youth find a family and reach permanency called the Continuum of Care Reform. However, one of the major challenges is to recruit new foster families and retain existing ones. This kind of 24/7, on-demand support will help stabilize placements for foster youth and provide additional support to their

caregivers.

For more information about The Source, visit their website or call 916-SUPPORT.

This program is funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA). ★

Railroad Museum Celebrates Toy Train Month Showcasing Prized Lionel Observation Car

By Traci Rockefeller
Cusack, T-Rock
Communications

SACRAMENTO, CA (MPG) - California State Parks and the California State Railroad Museum & Foundation are proud to recognize August 2019 as Toy Train Month, an annual celebration that spotlights the ever-popular Thomas W. Sefton Gallery and “Small Wonders: The Magic of Toy Trains” exhibit.

The Railroad Museum will debut a very special Lionel Observation Car (No. 416) from 1929. On public display for the first time, the prized artifact is part of the Museum’s extensive and internationally recognized toy train collection donated to the Museum by the Sefton family in 2002. The vintage toy train is especially unique due to its personal connection to Thomas W. Sefton. In fact, it was once on display in a glass showcase in Sefton’s office at San Diego Trust & Savings Bank and was used as a conversation starter for those who visited his office. Observant guests to the Museum will even be



Railroad Museum will debut a very special Lionel Observation Car (No. 416) from 1929 with a very personal connection to Thomas W. Sefton. Courtesy T-Rock Communications

able to view a small photo of the Sefton family inside the toy train.

The pre-war green State observation car (Type 1, standard gauge which is part of a State Set) will be on display for the month of August 2019 in a special case at the entrance to the Thomas W. Sefton Gallery on the Museum’s third floor. Accumulated over four decades by the late Mr. Thomas W. Sefton, the crowd-favorite collection includes 20th century toy trains, Buddy “L” riding toys, and railroad-related artifacts, featuring approximately 7,000 toy trains and a variety of accessories, such as locomotives and railroad cars from companies including Buddy “L,” Ives, American Flyer, Marklin, Marx, and Lionel.

The “Small Wonders” exhibit showcases

approximately 1,000 vintage toy trains, six interactive displays, and a magnificent operating toy train layout with special pieces that are rotated regularly and decorated for the holidays and changing seasons.

In addition to the prized toy train on temporary display inside the Museum, the Museum Store will offer a special \$5 price (normally \$9.99) on the 30-page full-color guidebook that highlights the Thomas W. Sefton train collection during the month of August.

Railroad Museum admission is \$12 for adults, \$6 for youths (ages 6-17), and children ages five and under are free. More information about the California State Railroad Museum is available at 916-323-9280 or www.californiarailroadmuseum.org. ★

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Library Gets a New Look

Citrus Heights Celebrates the Re-opening of Sylvan Oaks Library



Kids played on the computers in the enhanced children’s room.

Continued from page 1
libraries have never gone away,” because they can “be everything they need to be for the community.”

Congressman Ami Bera expressed his love for libraries and the way they bring the community together. He described Sylvan Oaks’ selection of books offered in multiple languages as “a reflection of the diversity of our community.” He recognized Citrus Heights for its commitment to education by investing in the public library.

The new Sylvan Oaks Library supervisor, Crystal Miles, said, “It’s an honor to work in this community, to serve Citrus Heights, and to be part of the Sacramento Public Library.”

“The building is now bright, fresh, and accessible,” said Miles. “We have

an incredibly enhanced collection, and books are just the tip of the iceberg.” In addition to more than 12,000 new titles, the

technology, engineering, and math) materials and an early learning area, and the library will offer tutoring during the school year.



Kids enjoyed face painting and balloon twists at the Sylvan Oaks Library re-opening celebration on August 3.

library offers help with technology, laptops available for checkout, and lounge furniture with power outlets to charge electronic devices. The children’s room has STEM (science,

“The library is much more than somewhere you go to get a book,” said Miles. “It’s a community meeting place, and we want to make sure we’re meeting the community’s needs.” ★

10th Annual Veteran’s Appreciation and Resource Picnic to Be Held

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - The Citrus Heights American Legion Post 637 is once again gearing up to host the annual Veteran’s Appreciation and Resource Picnic to honor the area’s active duty servicemen and servicewomen, our retired veterans of past wars and conflicts, and their families.

This free event will be held Saturday, August 24, at Rusch Park, 7801 Auburn Blvd. at the Gazebo/Pavilion and picnic area from 10 a.m. to 3 p.m. All veterans and their families and friends are welcome.

The day will begin with the Citrus Heights Community Marching Band featuring some of its new repertoire. The Folsom Marine Corp Honor Guard will present colors, followed by the Pledge of Allegiance, and the National Anthem sung by Air Force Army Veteran James Miranda. Immediate Past Commander Paul Reyes will represent newly elected Post 637 Commander Sylvia Thweatt as Master of Ceremonies.

A special ceremony will again be held to honor an outstanding veteran and this year’s Police Officer of the Year.

Folsom resident Robert Snyder enlisted in the U.S. Navy at the age of 17, retiring after 22 years. Part of his service was on the U.S.S. Enterprise. For his second stint of 22 years Snyder worked for

the Department of the Army out of the Sacramento Army Depot, helping prepare equipment for use in Operation Desert Storm. Twenty-two years later he again retired from service to his country.

K9 Officer Kyle Shoberg of the Citrus Heights Police Department (CHPD) has served the force for nine years. He will be honored as the American Legion’s Officer of the Year for, among a variety of other accomplishments, “his exceptional performance as a K9 handler, Wellness Advocate and as one for the CHPD’s Top Cops”.

Lunch will be a hot dog and hamburger barbeque with all the fixings prepared by Wild Wade’s BBQ of Citrus Heights. Music will be provided by DJ Carlos Verrett.

Dozens of veteran and non-profit resources including Veteran’s Administration representatives will be available to retired and active duty veterans. Scheduled children’s crafts and other activities will be provided by local Pageant ambassadors and princesses.

Picnic sponsors and members of the community are generously donating gift baskets and other opportunity drawing prizes to show their appreciation to our veterans. Raffles will be held throughout the day.

Covered, accessible picnic tables are available or bring your own chairs, blankets and umbrellas. Thank you for your service. ★

City Accepts Portion of Charolais Way Properties for Public Use

Story by Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - At the July 25 meeting of the Citrus Heights City Council, staff recommended the Council accept a portion of an Irrevocable Offer of Dedication (IOD) along the east side of Charolais Way (southeast of the Old Auburn Rd. and Auburn Blvd. intersection) for right-of-way public street use.

The IOD was originally offered to Sacramento County in 1972 when the owner wanted to split the property into two separate parcels: 7002 and 7030 Charolais Way. The purpose of the IOD was to provide public use right-of-way for any future extension of Charolais Way in case eventual development ever required access to the currently underdeveloped parcels to the east, toward Glenacre Way.

In 1988, the New Auburn Estates subdivision was constructed along the west side of Charolais Way. Along with street improvements, the developer installed a hammerhead turnaround area on the east side of Charolais Way, within the IOD property — even though Sacramento County never officially accepted the IOD.

Staff explained that Charolais Way is a narrow street with limited parking, which has caused numerous neighborhood disputes over the last 30 years. Recently, in an effort to block off their private property within the IOD, Susan Bayless (7002 Charolais Way) and Darice Trafton (7030 Charolais Way) installed a wood fence in part of the hammerhead and removed the pavement behind the fence. Other residents have been complaining that the newly shortened hammerhead area makes turning around at the end of the street more difficult, stating that some larger vehicles now use their driveways to turn around.

Staff recommended that the City now accept a portion of the IOD in order to take over responsibility for traffic enforcement and street maintenance — and potentially to reduce the neighborhood disputes by creating clear boundaries of ownership. After accepting the IOD, the City would relocate the wood fence to the new right-of-way line and repave the hammerhead turnaround. The proposal also included parking restrictions in front of Bayless and Trafton’s properties.

Bayless spoke at the meeting and stated that her driveway has been repeatedly blocked by overflow parking from her neighbors. She said she contacted the City to address the issue many times since she took ownership of the property in 2001, but she didn’t receive any response until 2013. At that time, Bayless says

City representatives stated that since the County never accepted the IOD, that portion of the roadway was her private property so the City had no legal authority to restrict parking or provide enforcement.

Bayless has repeatedly asked the City to abandon its rights to the IOD. In response, the City sent a letter stating that while Citrus Heights did not plan to accept any portion of the IOD at that time [2013], they were also unwilling to abandon the IOD. The letter clarified that the portion of Bayless’s property within the IOD was still her private property “to do with as you please.” The letter further noted that any improvements made to her private property within the IOD boundary would be subject to removal at her expense if the City did eventually choose to accept the IOD.

Bayless said, “Ten days after we put the fence up we receive a letter from the City of Citrus Heights saying, ‘We’re tearing down your fence, and we’re accepting the property.’ ... I’m here to ask you ... to let us have our property back to do with what we wish.”

Trafton also spoke at the meeting, asking that the Council abandon the remaining portion of the IOD since the City doesn’t have any use planned for the area. She cited California Code of Civil Procedure 771.010 (Land Dedicated for Public Improvement), which states that a proposal to dedicate property will be presumed unaccepted if formal acceptance is not recorded within 25 years. “It is now 47 years this month,” said Trafton.

Vice Mayor Jeff Slowey said, “I will support the staff recommendation with the understanding that it’s an unfortunate situation and I’m sorry we’re here.”

Mayor Jeannie Bruins stated that abandoning the remaining portion of the IOD could limit the development of the other parcels to the east. She asked that residents on the west side of Charolais Way have consideration for their neighbors and respect the parking restrictions that will be implemented on the east side.

Before the vote, Councilmember Bret Daniels requested an amendment, asking that the resolution include a time limit for abandoning the remaining portion of the IOD if the parcels to the east are not developed during that time. He said, “These people have had this hanging over their heads for decades.”

The other members of the Council did not support the amendment. Councilmember Daniels voted against the resolution, but it passed with support from Mayor Bruins, Vice Mayor Slowey, and Councilmember Porsche Middleton. ★

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CHEERS & JEERS

By Damian Holbrook

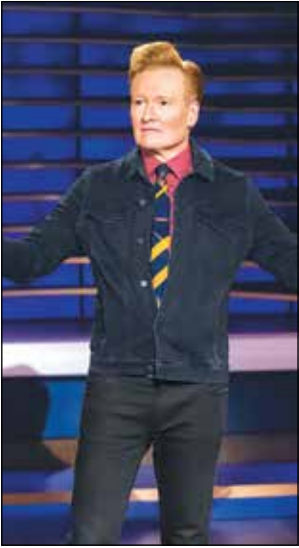
Cheers to Veronica Mars
for growing up so nicely. Hulu's revival of the Kristen Bell – led dramedy is fresh yet familiar, and still fun as hell, thanks to the ageless appeal of her sassy Nancy Drew and the writers' creative use of her old(er) Neptune crew.

Jeers to Veronica Mars
for bringing us down so shockingly. Without spoiling the new season for those who still haven't binged the Hulu series, let's just say that the fatal events of the season finale have killed our hopes of seeing Veronica get the happily ever after she deserves after putting up with so much mayhem.

Cheers to Conan O'Brien

for flying without a net. Or guest. TBS's late-night host (pictured) had to wing his entire July 11 episode when *Silicon Valley's* Kumail Nanjiani pulled out of his scheduled appearance 30 minutes before air due to filming delays on the HBO comedy. So Coco did what he does best and improvised bits and skits to fill the time.

Jeers to The Emmy Voters
for not fighting for *The Good Fight*. Every year, there are snubs, we get it. But to rob this whip-smart legal drama and its equally awesome star, Christine Baranski, of well-deserved nominations makes no



Cheers to Conan O'Brien for flying without a net. Or guest. TBS's late-night host (pictured) had to wing his entire July 11 episode when *Silicon Valley's* Kumail Nanjiani pulled out. sense. Do you guys need to borrow our CBS All Access log-ins and catch up? ★

ASK
MATT

BY MATT ROUSH TV Guide Senior Critic

Why Is The Orville Moving To Hulu?

Question: I have read that one of my favorite shows, *The Orville*, is moving to Hulu for Season 3. And that it's the show-runners who have decided to move it. Are they nuts? They will certainly lose many viewers. And that's a shame. There are so many streaming services out there right now and I'm certainly not buying into another one. This move could very

possibly kill the show when Hulu sees how many viewers don't jump to their service to watch it. What were they thinking? – JC
Matt Roush: This surprise announcement triggered quite a bit of mail this week. Starting with this angle, that airing for two seasons on Fox obviously made *The Orville* available to more viewers than will likely be following it to Hulu (where new episodes won't premiere until late 2020).

But in today's very complicated marketplace, it isn't always all about ratings, and with Hulu and the Fox studio (which produces *The Orville*) both now controlled by Disney, this is an example of corporate synergy that may also be meant to appease the show's creator and star, Seth MacFarlane – who according to The Hollywood Reporter is currently a free agent, his overall deal with the Fox studio having expired. No explanation about production demands is likely to satisfy fans who'd prefer to see the show stay on regular network TV and for them, this is quite clearly an unfortunate blow.

To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★

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SAFE Credit Union to Match Up to \$10,000 in Donations Made to Sacramento Stand Down

Continued from page 1

to help and support our homeless veteran population get back on their feet and though this loss has hit us hard, we will not renege on our promise! Our motto is that no brother or sister is left behind, that promise doesn't have a qualifying statement - it must and will be kept. We thank you for your support and are proud to call you our partner."

At last year's two Stand Down events, some 600 volunteers served more than 300 veterans by providing them meals, clothing, medical services, and connections with government agencies, nonprofits, and businesses. Altogether, there are 667 homeless veterans

in Sacramento, according to the 2019 Point In Time homeless count. Stand Down works to help homeless veterans who are disabled or mentally ill receive housing.

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Workshop for Businesses Required to Subscribe to Services

By Susan Peters, Sacramento County Supervisor

SACRAMENTO COUNTY, CA (MPG) - The Regional Solid Waste Authority (SWA) will be holding a workshop on Tuesday, August 13, to seek input on code changes intended to increase generator waste compliance levels in accordance with mandates required by the State of California. These mandates will affect all businesses that generate four or more cubic yards per week of all solid waste (including trash, recycling and organics).

The SWA needs business engagement and consensus on developing workable solutions to be successful in meeting these state mandates. Both Sacramento County and the City of Sacramento are under intense compliance pressure from the California Department of Resources, Recycling, and Recovery (CalRecycle) to achieve greater compliance with existing commercial sector recycling regulations

as a result of the Mandatory Commercial Recycling Act (AB 341) adopted by the California Legislature and implemented by CalRecycle. It requires recycling by all businesses that generate four or more cubic yards of solid waste per week. In addition, AB 1826 requires businesses generating 4 or more cubic yards of trash and recycling to recycle their organic waste.

Currently, SWA code allows businesses to decline recycling services from their trash service provider and seek those services elsewhere. The proposed plan would require SWA franchisees to provide recycling and organics services to a business unless that business provides documentation their recycling services are provided by another recycler or by self-hauling.

The workshop on requiring businesses to subscribe to services for trash, recycling and organics will held at 1 pm in the County Board Chambers, 700 I Street, in downtown Sacramento. If you have questions, please email SWAInfo@saccounty.net. ★



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Mary Jane with her brother Johnny Popp. Photos courtesy Mary Jane

Loss and Hope

How do I begin to explain how deep a loss can be? Instead, perhaps we should look at the positive side of loss. It may not seem like that at the time, but then you look back and the picture becomes clear. You see, I just recently lost my one and only sibling, Johnny Popp. It comes hard to accept that life will come to an end for each and every one of us. But then I began to remember all the wonderful times we had growing up. Oh yes, we had our squabbles. I was the kid, some eight and a half years younger, who wanted to hang out with my big brother. Not the best scenario for a boy growing up.

There were battles, but the time I remember best is when I was about 17 or 18. We had a disagreement and we were going at it until he just gave me a shot in the arm. No big deal. In the past, I would have just given it right back. But this time, I sat on the bed and began to cry. I remember how he looked at me so confused. He asked why I was crying. I blurted out that I wasn't a little kid any more. I was a grownup woman and he was still treating me like a child. Those eight and a half years melted away as he sat next to me and tears ran down his cheeks. He said how sorry he was that he did not realize I wasn't that

pesky little kid any longer. From then on, Johnny and I were very close. Even though we lived some 2000 miles apart, we talked often. The last few years became difficult for him health wise, but we would speak every morning as I drove to the radio station. The conversation was not especially significant. Who cared? It was just a brother and sister sharing what was happening in our lives.

We had so many trips and cruises with Johnny and Mary Frances. Fun times and lots of laughter. By the way, I introduced them at Indiana University. They would have had their 49 year wedding anniversary coming up soon. I guess I did good as a matchmaker! But Johnny always remained my big

brother. He always worried about me and Rick, my husband, who he really thought of as his brother. He would ask if there was anything he could do for us. There are so many more stories I can tell, but that would take a book to relate. What I will remember from all our conversations is how he always ended them, "Love you and take care of yourselves." My dad used to say the same in his own way. Family comes first.

This is my tribute to a life well-spent...to a life devoted to family. Dear Johnny, I will always love you. You will always be with me. You will always be my BIG and LOVING brother! Rest in peace and be Happy til we meet again! ★

Unsecured Property Taxes Are Due August 31

Sac County Press Release

SACRAMENTO COUNTY, CA (MPG) - Annual bills for Sacramento County unsecured personal property taxes for fiscal year 2019-2020 were mailed on July 12, 2019, and are payable without delinquent penalties through Aug. 31, 2019.

Unsecured property tax bills are mailed to all owners of unsecured property in July of each year. If you owned unsecured property in Sacramento County, such as a boat or aircraft, or if you leased or owned fixtures and equipment related to a business on Jan. 1, 2019, and do not receive a tax bill by Aug. 7, 2019, please contact the Sacramento County Tax Collector's Unsecured Property Tax Unit at (916) 874-7833, between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday excluding holidays.

Nonreceipt of a tax bill does not excuse delinquency or allow the tax

collector to cancel penalties or collection costs.

Tax bills become delinquent if not paid in the Tax Collector's Office by 5:00 p.m. on Aug. 31, 2019, or received by mail bearing a postmark of Aug. 31, 2019.

If the tax bill is not paid by the delinquency date, a 10% penalty and collection cost will be added. DMV registration may be withheld on boats if unsecured property taxes are reported delinquent. If a tax bill remains unpaid after Oct. 31, 2019, additional collection costs and monthly penalties at the rate of 1.5% will be added to the base tax.

Payments may be made by mail or in person at the County Tax Collector's Office located at 700 "H" Street, Room 1710, Sacramento, CA 95814, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday, holidays excluded. For credit/debit or eCheck payments please visit the Sacramento County Property Tax Bill Information System website. ★

Social Security Phone Scam

By Shelly Orio, Sac County DA's Office

SACRAMENTO REGION, CA (MPG) - District Attorney Anne Marie Schubert is alerting Sacramento County residents about a Social Security number phone scam.

Many residents are

receiving phone messages advising them that their social security number has been frozen, and if they want to learn more they need to press a number on their phone. This is not true.

If you receive this type of call you are urged to hang up immediately. Do not

press the number or button requested to learn more information. Do not engage a caller as your voice may be recorded.

Learn how to report these impersonations at the link provided: <https://blog.ssa.gov/is-that-phone-call-from-us/>. ★





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Crossword Puzzle Solutions on Page 7

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CLUES

ACROSS

1. Takes as spoils
6. Toothy fish
9. Cookbook abbr.
13. Cavern
14. Opposite of hence
15. Planktonic tunicate
16. Hipbone-related
17. "Studio lion at beginning of "The Wizard of Oz"
18. Shylock's practice
19. "It made the house pitch and the kitchen slitch"
21. "Nikko and others"
23. "Wheel of Fortune" request
24. Printer cartridge color
25. Public health org.
28. Judo gym
30. Porter's head gear
35. Bumpkin
37. Tap a baseball
39. Velázquez or Rivera
40. Share a boundary
41. Gardening tool
43. Prelude to a duel
44. Birth-related
46. Affirmative
47. Cannabis plant
48. Drew Barrymore's "Never Been ..."
50. Gulf V.I.P.
52. Cook's leaf
53. Underwater "nose"
55. Naught
57. "Lion's lack"
61. "a.k.a. Tin Man"
65. Relating to sight
66. Greek H
68. Upholstery choice
69. Like kale or spinach
70. 100 lbs.
71. The Three Musketeers' swords
72. Advil target
73. Like certain dog?
74. People of Denmark

DOWN

1. Not of the cloth
2. Kind of child
3. Relating to ear
4. _____la
5. Basic unit of time
6. "Dorothy's last name"
7. Grow gray
8. With ample space
9. Undertaking
10. "Munchkins' favorite color, in Baum's book"
11. Light on one's feet
12. _____ a visit, 3rd person singular
15. What cat did on the window sill?
20. Bragging mother, turned to stone in Greek mythology
22. Rowboat propeller
24. Become gelatinous
25. "Baum's middle name"
26. Home to Burj Khalifa
27. #40 Across, 3rd person singular
29. "Over the Rainbow" singer
31. DIRECTV competitor
32. Paparazzi's target
33. Old World lizard
34. "Sleep-inducing flower"
36. #66 Across, pl.
38. No I in it
42. Endangered odd-toed ungulate
45. Ivy League likely applicant
49. "Can you _____ it?"
51. Took part in Stonewall events, e.g.
54. Olden day doctor's prescription
56. Parkinson's disease drug
57. Type of pop
58. 14 oil-producing countries
59. Wyoming's neighbor
60. Excessively abundant
61. W on a bulb
62. Dignified manner
63. Sheltered, nautically
64. Monster's loch
67. "Number of Wizard of Oz Oscar awards"

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 7



By Marlys Johnsen Norris, Christian Author

Prophetic words from the Old Testament record that Jesus is the Answer to the Jewish people of old. It's hard for me to understand why all have not read it and realize that whatever it is that is holding them away from making the most important decision of their current life and life in eternity is cheating them of really experiencing the magnificent and powerful life God offers them.

2700 years ago and even in 942 BC the beginnings of people in Northern Israel had strayed away from following God. The darkness in their lives terrified some but there were some who continued in the

Beyond The Tree We Find Everlasting Life!

faith and the fruit of their harvest eventually brought them the "Joy of Victory."

The faith of a few brought them a new order of things and they recorded prophetic words for the future and these Words record the following truth from God: **"For unto us a Child is born. Unto us a Son is given. And the government will be upon His shoulder. And His name will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace. There will be no end. Upon the throne of David and over His kingdom, to order it and establish it with judgment and justice from that time forward. . . even forever. The zeal of the Lord of hosts will perform this."** (ref. Isaiah 9: 6-7).

The sacred words of God are sealed in His book forever and His truth is persevered for all eternity. **His Words are sealed with the Holy Spirit of promise.** (Eph 1:13) whereby

as a believer and follower of Jesus Christ one is sealed unto the day of their personal entrance into heaven because of the Cross. (2 Tim. 2:19) Jesus birth fulfilled this dynamic prophecy of old and as Christians Jesus is our foundation of faith in God Almighty. Jesus was a Jew and accepting His death and shed blood on the Cross we are lovingly adopted into His enormous family all over the world, which we now call the CHURCH!

Jesus is the Way, the Truth and the Life. He is a Wonderful Counselor, Mighty God, Everlasting Father, (Creator) and Prince of Peace. He, the Holy Spirit and our Heavenly Father are ONE!

Marlys Johnsen Norris Christian Author of 7 Books Senior Gleanings – Messages in the Dust Marlysjn@gmail.com PO Box 114, Orangevale, Ca 93552 ★



By Pastor Ray Dare

God's power is unlimited. God can do anything He wants to. His power is amazing! But let me tell you something more amazing – the Bible says God wants to make His power available to YOU. That's good news because there are so many people in our society who are powerless. Powerless to change their lives. Powerless to become the person they want to be. Powerless to rise above their present situation or circumstance.

So many people live all their life beneath their God given potential. And they go all through life with the feelings of inferiority, feeling defeated, hopeless, with no dreams, no goals, no purpose, no ambition and that's sad.

You may feel this way, you think, "I'll never be the person that I want to be... I'll never be what I could have been... My circumstances will never

Pastor Ray's Encouraging Words

Tap into God's Power

change." If you've ever felt that way, I have good news for you. God says "I want to help you get there... I'm going to help you be the person I created you to be... I'm going to help you rise above your present self-imposed limitations." So, how do you get God's power in your life?

Admit that you need His power. You stop acting like superman or superwoman. You stop relying on your own strength and power and admit that you need His help. Paul said in 2 Cor. 2, "I have cheerfully made up my mind to be proud of my weaknesses, because they mean a deeper experience of Christ's power. . . For my very weakness makes me strong in Him!"

Believe He will help you. Faith is the key that unlocks the door to God's power in your life.

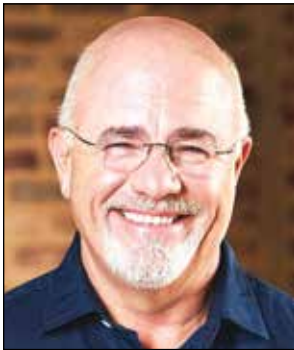
"Everything is possible for him who believes." Mark 9:23. One of my favorite verses is Matthew 9:29 "According to your faith it will be done unto you." God says, you get to choose what I do in your life. You get to choose how

much power God pours into your life.

Start acting in faith. You put feet to your faith. You start acting as though it's already so. You thank God for the answer in advance. If you wait until you receive the answer to thank God is that faith? No. That's gratitude. Faith thanks God in advance and acts as if it's already so.

The Bible tells us that power is wrapped up in a person, the person of Jesus Christ. You don't get the power without getting the person. So, the key to having God's power in your life is to have God's Son in your life, Jesus Christ. When you say, "Jesus Christ, put Your Spirit in me, the Spirit of power, love, hope and peace," you have God's power. If you've never invited Christ into your life, open yourself up and say, "Christ come into my life, give me your power. I want to live your way." That's how you do it! Plug in to God's power today.

Pastor Ray
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Time For Fun Money?

Dear Dave,
I had about \$12,000 in debt when my husband and I got married three years ago. Since that time, we've been given cash gifts from my parents from time to time, and we keep having discussions on how to use this kind of money when it is given to us. I'd like to put it toward paying off debt, but he would rather treat it as fun money. What are your thoughts on this, please?

– Sara

Dear Sara,
If there's something you need, and you agree on it together and choose to buy it as a couple, that's cool. I've got no problem with that. But you guys are still just starting out, and you've got debts to pay. I'm sure your husband has a good heart, but I think it's time for him to grow up a little and realize the importance of getting your financial house in order.

Did your parents have specific and reasonable thoughts on how they'd like you to use the money? If so, you should honor their intent. If not, then how it gets used is pretty much

Dave Ramsey Says

up to you guys. But in your situation, life's not a birthday party when this kind of thing happens. You should be making mature, responsible decisions together regarding any money that comes into your household. It's really no different than a paycheck. You take care of obligations and other important things first.

Adults waste money on play things and fun stuff just because it was handed to them by mom and dad. That's how a 10-year-old behaves. Sit down with your husband, and explain how important it is that you guys start making better decisions with your money. If you two start working together, you could knock out this debt in a hurry!

– Dave

First, catch up!

Dear Dave,
I've had enough of living paycheck-to-paycheck. I'm going to start following your plan, but I have a question. Should I catch up on my past due bills before beginning Baby Step 1?

– Simon

Dear Simon,
Go for it! You're sick and tired of being sick and tired, and you're going to get control of your money. I love it!

First, make sure you're up to date with necessities – food, clothing, shelter, transportation, and utilities. Next, get current or make payment arrangements for any other types of debt

you have, including credit cards.

You mentioned Baby Step 1, which is getting \$1,000 in the bank for a beginner emergency fund. Baby Step 2, the debt snowball, comes next. Start paying off all debts, except for your home, from smallest to largest. Then, in Baby Step 3 you'll save more and increase your emergency fund to a full three to six months of expenses.

Now, you can really start looking at the future. In Baby Step 4, you'll start investing 15 percent of your household income for retirement. College funding for the kids, if there are any, is Baby Step 5, and Baby Step 6 is a milestone – pay off your house early!

But the real deal is Baby Step 7. This is when all your hard work, sacrifice, and smart financial decisions put you in a place where you can build wealth and give with outrageous generosity. At this point, you're securing your family's future and helping others in a big way!

– Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

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Pets/Animals

A Race Full of Meaning

Story and photos
by Paul Scholl

SACRAMENTO REGION, CA (MPG) - The annual Fab 40's 5K Run keeps growing year after year. The event, sponsored by East Lawn Memorial Park, saw well over 1,000 runners appear on Saturday morning, July 27th in the perfect weather for a race around the 40's.

Proceeds from the huge fundraising event go to support the Alzheimer's Association of Northern California. Families from all over the area come together to support the cause and to honor their loved ones who have passed from the dreaded disease.

This annual event would not be possible without the

volunteer support of the entire staff from East Lawn and the dozens of sponsors who help make the day a big success.

The race is managed each year by Rich Hannah and the great team from CapitalRoadRace.com.

Big Jim Hall from KHITS 101.5 announces each year, getting 99.9% of the names correct as he announces them as they cross the finish line. It is a total team effort from everyone involved, with the feeling of cooperation, love and support permeating the experience for the participants.

For more information or to find support see alz.org/norcal.

To join in next year see Fab40s5k.com. ★



Sal Arriago gets in on the race fun.



Ainsley's Angels join in the race every year.



Big Jim gets 1049 names right!



There were over 1050 runners this year.



Above - The Kid's Race starts it all!

Right - Josh Tuttle of East Lawn gets an on air interview with Good Day Sacramento.



Warming up is important for every runner.

✓ **WHEN**
Sept 28 & 29, 2019
11am to 5pm

✓ **WHERE**
Sacramento, CA
Crowne Plaza Northeast

✓ **INFO**
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Citrus Heights Native Serves Aboard A Most Versatile Combat Warship

By Dusty Good,
Navy Office of
Community Outreach

CITRUS HEIGHTS, CA (MPG) - A 2010 Mesa Verde High School graduate and Citrus Heights, native provides key support as part of combat operations aboard future USS Billings, stationed at Naval Station Mayport, Florida.

Petty Officer 2nd Class Anthony Galvan serves as a mineman responsible for daily scheduling of operations.

Galvan credits success in the Navy to many of the lessons learned in Citrus Heights.

“Growing up in my hometown, my parents taught me the value of respect,” said Galvan. “Everything in the Navy is about respect.”

LCS is a fast, agile, mission-focused platform designed for operation in near-shore environments yet capable of open-ocean operation. It is designed to defeat asymmetric “anti-access” threats such as mines, quiet diesel submarines and fast surface craft.

The ship’s technological benefits allow for swapping mission packages quickly, meaning sailors can support multiple missions, such as surface warfare, mine warfare, or anti-submarine warfare. Designed to defeat threats such as mines, quiet diesel submarines and fast surface craft, littoral combat ships are a bold departure from traditional Navy ship-building programs. The LCS sustainment strategy was developed to take into account the unique design



Petty Officer 2nd Class Anthony Galvan. Photo by Senior Chief Mass Communication Gary Ward

and manning of LCS and its associated mission modules.

According to Navy officials, the path to becoming an LCS sailor is a long one. Following an 18-month training pipeline, sailors have to qualify on a simulator that is nearly identical to the ship. This intense and realistic training pipeline allows sailors to execute their roles and responsibilities immediately upon stepping onboard.

Galvan is now a part of a long-standing tradition of serving in the Navy our nation needs.

“Joining the Navy gave me the opportunity to make something of myself,” said Galvan.

Galvan is part of a warfighting team that readily defends America at all times.

“Serving in the Navy has allowed me to travel and see the world,” said Galvan.

Galvan is playing an important part in America’s focus on rebuilding military readiness,

strengthening alliances and reforming business practices in support of the National Defense Strategy.

“Our priorities center on people, capabilities and processes, and will be achieved by our focus on speed, value, results and partnerships,” said Secretary of the Navy Richard V. Spencer. “Readiness, lethality and modernization are the requirements driving these priorities.”

As a member of one of the U.S. Navy’s most relied upon capital assets, Galvan and other sailors know they are part of a legacy that will last beyond their lifetimes.

Serving in the Navy, Galvan is learning about being a more respectable leader, sailor and person through handling numerous responsibilities.

“Serving in the Navy means everything,” said Galvan. “It gives me a means to life for myself, a way to keep myself going.”

Veterans Community Center’s Hawaiian Luau Fundraiser

**Veterans Community Center
Press Release**

CITRUS HEIGHTS, CA (MPG) - The Veterans Community Center is hosting a Hawaiian Luau Fundraiser from 5:00 p.m. to 8:00 p.m. on Saturday, August 17, 2019, at 6921 Sylvan Rd, Citrus Heights, California 95610. This event is open to the public, friends, family, and all those who support our local veterans. The funds from the event will help the Veterans’ Community Center to provide a free and safe place for all veterans in Northern California.

This will be a great time to show support for all veterans and the Center! Tell families and friends to come and spend a great evening with food, fun, and live Hawaiian entertainment. There will be a raffle, silent auction, vendor shopping, and a chance to tour the Veterans Affairs Mobile Resource Center.

Parking will be at the Citrus Heights City Hall parking lot with free chauffeured limo transportation to and from the event. Tickets are only \$35 for general admission and \$50 for VIP seating.

Tickets can be purchased in person from Monday through Friday between 9:00 a.m. and 1:00 p.m. at the Veterans

Community Center located at 6921 Sylvan Rd, Citrus Heights, California 95610, or by contacting Michelle via email VCCEvents95610@gmail.com or phone at 530-961-2649. Deadline to purchase tickets is August 7, 2019.

Be a sponsor! General sponsorship is \$200 and includes 2 general admission tickets and a half-page ad in the event program. Premier sponsorship is \$350 and includes 2 VIP tickets, a banner display, and a full-page ad in the event program. Contact Michelle Grant at VCCEvents95610@gmail.com for sponsorship information, advertising, and volunteer opportunities. ★

Schedule of Events:

5:00 PM - 6:00 PM

Social Hour - Raffle, Silent Auction, Vendor Shopping, Visit the Veterans Affairs Mobile Resource Center

5:00 PM - 8:00 PM

Chauffeur Limo transportation from Citrus Heights City Hall parking lot to Center

6:00 PM - 7:00 PM

Hawaiian Buffet Dinner

7:00 PM - 8:00 PM

Live Performance Hawaiian Dancers



Shredding Sale

**45¢ per pound
No Limit**

The UPS Store

Located at the Corner of Greenback & San Juan
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*Delivery must be completed by an adult.

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A Personal Blast Off!

By Sal Arrigo, Jr.

SACRAMENTO REGION, CA (MPG) - It all started in northern New Jersey at Kittle Field, a part of the Stokes State Forest Service. I was 10 years old and my Dad and I were about to blast off my first Estes model rocket. I was hooked after that experience. Fast forward to July 16, 2019, and I was at the U.S. Space Center in Huntsville, Alabama, ready to witness the world record attempt of the launching of 5,000 model rockets simultaneously in honor of the 50th anniversary of the moon landing and the Apollo 11 astronauts.

To achieve the record, the Rocket Center said the launch must meet the following criteria: Use commercially available rockets and build them following basic manufacturer guidelines; Pass 30 meters (or about 100 feet) in altitude; Have an independent specialist verify the counting method. An independent specialist is anyone who can claim a general level of experience or knowledge in the specific field of our record attempt (someone who has experience with model rocketry or aerospace engineering.)

Part of the verification process is determining that a record number of rockets exceeded the 100-foot threshold. The launch at the US Space Center successfully launched 4,923 model rockets. Although confident that the 100-foot mark was achieved, (the previous world record was 4,231 model rockets successfully launched), the Space Center said it may take up to 16 weeks to receive confirmation from the Guinness World Records officials.

What fascinates us with the moon and the stars and the planets? The Apollo 11 astronauts represented all those people like us who thirst for adventure, and we are fascinated when someone actually lives our dream for us. I met a volunteer named Eli, who works as a Planetarium Specialist at the US Space Center. He told me he has a love of rockets and enjoys “educating people about his work.” We discussed how many people, approximately 3,000, came to witness the model rocket launch.

One aspect of the launch was the number of children who witnessed the event, and it makes sense since children from all over can enjoy Space Camp at the US Space Center. It is one of the most popular programs, and according to the US Space



Image of a Saturn V rocket like the one that carried the Apollo 11 space capsule to the Moon. Photo by Sal Arrigo, Jr.

Center it is “designed to inspire and motivate youth to push the boundaries of human exploration just as generations before them did. Space Camp is internationally popular, with visitors from all 50 states and more than 60 foreign countries.”

As you start to grasp the history that

surrounds you at the US Space Center, one does not need to go any farther than to stand face to face with two of the most iconic symbols that represent our space program – the Saturn V rocket and the Space Shuttle. I have to admit I am still in awe of seeing these two monuments, and part of

the generation that welcomed them to our side. What was it like to be in these vehicles for our space explorers? Fortunately, we had a president that also wanted to know the answer.

In September 1962, President John F. Kennedy gave a speech that focused the United States on landing men on the moon. The President said, “... the vows of this Nation can only be fulfilled if we in this Nation are first, and, therefore, we intend to be first. In short, our leadership in science and in industry, our hopes for peace and security, our obligations to ourselves as well as others, all require us to make this effort, to solve these mysteries, to solve them for the good of all men, and to become the world's leading spacefaring nation.”

It wasn't long after that we became “trekkies” and became obsessed with the science fiction television show called “Star Trek” that debuted in 1966 and ended in 1969, just one month before we landed men on the moon. Whether a television show or a real life space drama, we were imagining being on the moon, or being one of the characters on “Star Trek.” I take note when we can see an eclipse, or to see the planets align, or witness shooting stars. What exactly is out there in space?


Now nearly fifty-seven years since President's Kennedy speech, the National Aeronautics and Space Administration (NASA) has announced the creation of the Artemis program. Artemis was the twin sister of Apollo and goddess of the Moon in Greek mythology. The goal of the program is to return astronauts, including the first woman and the next man, to the lunar surface by 2024. American astronauts will also step foot where no human has ever been before - the Moon's South Pole. When Neil Armstrong walked on the moon, it is estimated that 600 million people watched, and I ask you, will you and your family be watching in 2024?

For more information on the US Space Center and the City of Huntsville (the Chamber of Commerce is especially helpful), please visit these helpful websites:

<https://www.rocketcenter.com/>
<https://www.rocketcenter.com/INTUITIVEPlanetarium/daily#page-title>
<https://www.rocketcenter.com/featuredexhibitions>
<https://www.huntsville.org/>



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More Than 16,000 Diapers Donated To Sacramento Life Center Through Leatherby’s



Volunteers at Sacramento Life Center organize diapers donated through Daddy Dave’s Diaper Drive. Photo courtesy Kristin Thébaud Communications

By Kristin Thébaud,
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SACRAMENTO, CA (MPG) - Local residents who brought an unopened pack of diapers to any Leatherby’s Family Creamery location on July 20 received a \$5 gift card to Leatherby’s, resulting in donations of more than 16,000 diapers for the Sacramento Life Center. Daddy Dave’s Diaper Drive, which took place during National Ice Cream Month, provided diapers for low-income moms in the Sacramento area and honored the life of the ice cream shop’s founder Dave Leatherby Sr. who passed away earlier this year and supported the Sacramento Life Center for decades.

“It was heartwarming to see the Sacramento community come together to support local moms and babies in need, as well as to honor my dad who believed so much in this cause,” said Marie Leatherby, executive director, Sacramento Life Center. “Thank to you everyone who brought diapers or donated online – these diapers mean the world to families in our community.”

The Sacramento Life Center accepts diaper donations all year at its primary clinic at 2316 Bell Executive Lane in

Sacramento. Families in need of diapers can call the clinic at (916) 451-4357 to learn if they qualify to receive free diapers.

The Sacramento Life Center’s mission is to offer compassion, support, resources and free medical care to women and couples facing an unplanned or unsupported pregnancy. The Sacramento Life Center’s licensed Sac Valley Pregnancy Clinic includes a primary clinic and mobile clinic that provide all services for free, including pregnancy tests, STD tests, ultrasounds, peer counseling for men and women, education and resource referrals. In 2018, the Sacramento Life Center achieved accreditation by the Accreditation Association for Ambulatory Health Care, which ensures the group has met nationally recognized standards for the provision of high-quality health care. The nonprofit also offers a school-based teen education program, 24-hour hotline and program for women who have experienced reproductive grief.

For more information about the Sacramento Life Center’s Sac Valley Pregnancy Clinic, visit www.svpclinic.com. For more information about the Sacramento Life Center or to make a donation, visit www.saclife.org. ★



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