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# Citrus Heights Messenger

*"Written by the people, for the people"*

VOLUME 8 • ISSUE 19

Serving the City of Citrus Heights & Sacramento County

OCTOBER 19, 2018

**A THRILLING PRODUCTION OF "WEST SIDE STORY"**



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**FLUSHING AWAY OUR WATER RIGHTS**



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**WHAT TO SAY TO SOMEONE CARING FOR A LOVED ONE WITH DEMENTIA**



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## The Oars Set to Launch

*The Oars Senior Living Breaks Ground on New Facility*



Management and development staff team up to launch the groundbreaking with the first dig. Photo by Paul Scholl

### MPG Staff

**CITRUS HEIGHTS, CA (MPG)** - On a beautiful sunny morning another promising addition was launched to Citrus Heights. In an area where there is an ever-growing need for quality senior care facilities, The Oars has stepped into their latest project to serve the senior community.

The City of Citrus Heights, Quantum Care Place CH, LLC, and The Oars Senior Living announced their partnership's first senior living development in the groundbreaking of The Oars

at Greenback Lane, a senior living community located at 6550 Greenback Lane in Citrus Heights, California.

The company anticipates an approximate 10 month build time with prospective opening early fall 2019.

"We are proud to enter the arena of development and construction to make a significant contribution to the City of Citrus Heights and its constituents" says Dr. Duruisseau, principle and CEO of Quantum Care Place CH, LLC. "It's an honor to partner with the City of Citrus

Heights in providing expanding senior living options as well as bringing jobs and services to the community".

The 32,000 sq. ft. community will offer assisted living as well as memory care and provide a specially designed footprint that maximizes resident observation for increased safety and engagement.

The project is a collaboration of local experienced and tenured senior living experts looking to provide therapeutically designed programs for seniors. There is an established need for good Person

Centered Care and The Oars offers a fresh perspective of methods for achieving these goals.

"We look forward to providing excellent care to our future residents and an inspired work environment to our future team members" said Pepper Bell, Senior Director of Operations. Pepper will also serve as Executive Director at the location.

For information regarding reservations or employment, please contact The Oars Senior Living at (916) 212-0388 or visit the web site at [www.theoarsseniorliving.com](http://www.theoarsseniorliving.com). ★

## SMUD Talks Time of Day, Opportunities

**Story and photos by Trina L. Drotar**

**CITRUS HEIGHTS, CA (MPG)** - The October Citrus Heights Chamber luncheon event was abuzz with new, continuing, and rejoining members chatting about business, networking, and enjoying a lunch of salad, chicken, penne with two sauce options, watermelon, and breadsticks at Northridge Country Club. SMUD, the luncheon's sponsor, sent materials on residential and business programs, class calendars, doing business with SMUD, energy savings tips, its SEED program, and rate change information with its four representatives who shared the head table with Citrus Heights Councilmember Al Fox, Assistant Chief of Police Gina Anderson and Lieutenant Chad Morris.

Johnisse Downs welcomed everyone, thanked SMUD, acknowledged councilmember Al Fox, representatives from Citrus Heights police department, Congressman Ami Bera's office, and Sacramento County Supervisor Sue Frost's office and thanked board members and sponsors. Dignity Health Mercy San Juan Medical Center joins the City of Citrus Heights as the newest diamond sponsor.

Jeannie Robinson and Alfredo Castillo from SMUD were introduced.

"We love any chance we get to support the Citrus Heights chamber," said Robinson. "We've been your electricity provider for

*Continued on page 3*

## City Council Hears Groundwater Sustainability Report and Approves Transit Plan

**Story by Shaunna Boyd**

**CITRUS HEIGHTS, CA (MPG)** - During the Citrus Heights City Council meeting on October 11, council members listened to a presentation by John Woodling, executive director of Sacramento Groundwater Authority (SGA). Woodling explained that SGA was formed 20 years ago through a joint powers agreement signed by the County of Sacramento and the cities of Citrus Heights, Folsom, and Sacramento.

When SGA was first established, the groundwater levels in the North Area Basin had been steadily declining for decades due to overpumping. In order to manage the quantity of groundwater, Woodling said SGA implemented conjunctive use of both groundwater and

surface water. Treating and using surface water in wet years allows groundwater levels to recover so it is available for use during dry years.

In 2014, California passed the Sustainable Groundwater Management Act (SGMA), which requires the development of groundwater sustainability plans that achieve sustainability within 20 years. SGA is ahead of the game, because the required management is similar to the existing SGA model. Woodling stated that the future sustainability in the North Area Basin is dependent on the three reservoirs in the area: snow pack, groundwater, and surface water. Because the snow pack is decreasing, sustainability is going to depend on the continued reuse and recycling of treated surface water.

SGA recently received a grant of just

under \$1 million from the Department of Water Resources; the money will be used to update the hydrologic model and improve monitoring. Woodling clarified that the goal of SGA is not to bring the groundwater levels back to what they once were decades ago. Their mission is to maintain current levels and to ensure both the quantity and quality of water in the region.

After approving the consent calendar, the council then heard a summary of the Citrus Heights Comprehensive Transit Plan. The City of Citrus Heights, in coordination with SacRT, has developed a transit plan to guide the city in ensuring service meets the current and future needs of the city. To develop the plan, extensive community outreach was conducted to gather public comments and analyze the

service needs of Citrus Heights citizens.

Priorities in the plan include preserving local circulation for Citrus Heights residents, ensuring that the city is connected to the regional network, improving access to regional employment destinations such as Roseville and Rancho Cordova, and ensuring consistent access and service to individuals eligible for ADA paratransit.

The plan considered three service delivery alternatives: status quo, in which the city continues contracting service delivery to SacRT; stand-alone service, in which Citrus Heights provides transit service to residents; or annexation, in which Citrus Heights becomes part of SacRT's service area. The plan identifies annexation as the preferred approach and provides guidance for how to protect the priorities of

*Continued on page 3*



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# A Thrilling Production of “West Side Story”

By Tracy Martin Shearer

**SACRAMENTO REGION, CA (MPG)** - The acclaimed American River College Theatre, whose production of Cabaret was honored with three national awards by the Kennedy Center, opened its 2018-19 season with Leonard Bernstein’s thrilling *WEST SIDE STORY*. The production, which honors Bernstein’s 100-year birthday, features stunning choreography, a spectacular live orchestra conducted by Susan Hamre, and costumes, lights and sets by Elly Award-winners Gail Russell and Kathy Burleson. With a score by Bernstein and lyrics by Stephen Sondheim, *WEST SIDE STORY* is widely regarded as among the best musicals ever written. The show opened October 12, 2018, for a three-week run, closing October 28.

The world’s greatest love story takes to the streets in this landmark Broadway musical that is one of the theatre’s finest accomplishments. In it, Shakespeare’s Romeo and Juliet is transported to New York City as two young, idealistic lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence and prejudice is one of the most innovative, heart-wrenching and relevant musical dramas of our time. Directed by Sam Williams and choreographed by Williams and Sarah Souther, the production features an energetic, diverse cast and pays homage to the show’s original director and choreographer, Jerome Robbins.

All performances of *WEST SIDE STORY*



Left to right: Nicole Mandy, Isaac Williams, Alysia Sambuca, Zach Ekstedt, Brando Wall, David Mangrobang, Alexandria Wilson. Photo by Brian Williams

will be at the ARC Theatre, 4700 College Oak Drive. Parking is \$2. Lot D, at the corner of College Oak and Myrtle, is adjacent to the theatre. Ticket prices are \$18 (general), \$15 (student, senior, sarta), and \$10 (children 12 and under). Children 3 and under are

not admitted. Group rates are \$14 for 10 or more patrons. For more information, go to ARCTheatre.org or call (916) 484-8234.

Performance days and times are as: Fridays (Oct. 19, 26) at 8pm, Saturdays (Oct. 20, 27) at 8pm, Thursday (Oct. 25) at 6:30pm. ★

## Local Museums Offer Scary, Fun & Festive Activities

By Traci Rockefeller Cusack

**SACRAMENTO, CA (MPG)** - In addition to its fascinating Gold Rush past, the Sacramento area is rich with an amazing array of state-of-the-art museums and historic sites that offer visitors the chance to explore California’s fine art, history, science, and wildlife treasures all year long. This fall, many of the 30 members of Sacramento Area Museums (SAM) are offering fun Halloween and harvest-related events and activities – some for families, children only or specifically for adults. A sampling of the special activities is listed below (but please check with the various museums and/or destinations for other events and more detailed information):

### “Spookomotive” Train Rides at the Railroad Museum – October 20, 21, 27 & 28

All aboard for some Halloween fun Old Sacramento style! Guests of all ages will enjoy diesel-powered “Spookomotive” train rides aboard a whimsically decorated train crawling with spiders, cobwebs and cornstalks while staffed with an entertaining “skel-eton crew.” Guests are encouraged to come dressed according to weekly themes or in favorite Halloween attire: Superheroes & Villains (October 6-7), Pirates & Princesses (October 13-14) and Witches & Wizards (October 20-21) and Superheroes & Villains (October 27-28). For more, visit [www.californiarailroadmuseum.org](http://www.californiarailroadmuseum.org).

### Ghost Tours at the Sacramento History Museum – October 19, 20, 26 & 27

The Sacramento History Museum & Alliance are proud to present an all-new season of Old Sacramento Living History’s annual “Ghost Tours: Mayhem in the Museum” over three weekends in October. For those who dare, the engaging tours depart from the Sacramento History Museum (101 I Street) every half-hour from 6:30 to 9 p.m. on the evenings the tours are available. For more, visit [www.sachistorymuseum.org](http://www.sachistorymuseum.org).

### 32nd Annual Safe & Super Halloween at Fairytale Town – October 19, 20, 21 & 28

Dinosaurs will take over Fairytale Town for four nights of safe and fun trick-or-treating and family-friendly activities during the 32nd annual Safe & Super Halloween! Guests can follow dino tracks throughout the park to meet and take photos with different dinosaur species, dig for giant fossils at the excavation site, visit the Reptile Lab to see growing dinosaurs and test their “dino roar” with the roar-o-meter. For more information and tickets, visit [www.fairytaletown.org](http://www.fairytaletown.org).

### Trick-or-Treating in Old Sacramento Starting at the Old Sacramento Schoolhouse Museum – October 28

The Old Sacramento Waterfront invites children to a fun, free and safe trick-or-treating event in the district from 12 to 3 p.m. Costumes are encouraged and interested children can pick up a map at the Old Sacramento Schoolhouse Museum before trick-or-treating their way through the historic district (treats available while supplies last). For more, visit [www.oldsacramento.com](http://www.oldsacramento.com).

For updated information, please visit [www.sacmuseums.org/news-events/harvest-halloween/](http://www.sacmuseums.org/news-events/harvest-halloween/).

For more information, visit [www.SacMuseums.org](http://www.SacMuseums.org)  
Source: T-Rock Communications ★

## Fatal DUI in Citrus Heights Appears to be Marijuana Induced Accident

By PIO Sergeant James Evans, CHPD

**CITRUS HEIGHTS, CA (MPG)** - Filed October 09, 2018: At approximately 6:28 p.m., the Citrus Heights Police Department received several 911 calls regarding a two vehicle traffic collision in the area of Greenback Lane and San Juan Avenue. Officers, along with the Sacramento Metropolitan Fire Department, arrived on scene within minutes and located a 19 year-old female who was identified as one of the involved drivers. The female driver, identified as 19



Christina Diaz

year-old Christina Diaz, subsequently ran from the scene, but was apprehended a short distance away.

Preliminary investigation revealed Diaz was driving a 2004 Toyota Camry west-bound Greenback Lane and intentionally collided with

a Dodge van that was also westbound on Greenback Lane. The occupants in the Dodge sustained minor injuries. Following the initial collision, Diaz lost control of her vehicle, crossed the center median and collided into a Mercedes sedan traveling in the eastbound lanes of Greenback Lane. The driver and sole occupant of the Mercedes was located unresponsive in his vehicle. Lifesaving efforts were unsuccessful and the adult male was pronounced deceased by paramedics on scene. Diaz was found to be driving under the influence of Marijuana. Diaz was

booked at the Sacramento County Jail on suspicion of Assault with a Deadly Weapon, Felony DUI with Injury, Felony Hit and Run, and Gross Vehicular Manslaughter.

The collision is still under investigation by the Citrus Heights Police Department’s Traffic Unit. We are asking anyone who witnessed the collision or who may have any type of video or photos before, during, or after, to please call (916) 727-5818. Please leave your name, contact number, and a brief description of the media.

The dangers of driving under the influence, either alcohol or drugs, are significant and can cause irreparable harm. Drunk-driving deaths are 100-percent preventable. Motorists are encouraged to utilize designated drivers or take advantage of ride sharing services.

“Driving under the influence of marijuana is still illegal in California. This tragedy is an unfortunate reminder of the dangers of drugged driving. Our sincere condolences to the family of the deceased.” - Police Chief Ronald Lawrence ★

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# SMUD Talks Time of Day, Opportunities

Continued from Page 1

over 70 years. We’re community-owned, not-for-profit organization. That mentality really infuses everything that we do. We have seven board members that we answer to. You are our bosses,” she said before ceding the floor to SMUD Account Advisor Alfredo Castillo. The advisors are the personal point of contact for each business and can assist in choosing electric vehicle chargers, with solar battery storage, and much more.

He provided a brief overview of many services SMUD offers to businesses including performing energy assessments and providing financing or rebates for energy efficient equipment with do-it-yourself or full service options available. Castillo also discussed SMUD’s commitment to sustainability through various programs – shade tree, electric vehicle charger rebates, and more.

Robinson, part of the economic development partnership group, thanked Castillo.

“I advocate for small businesses,” she said. Her department’s focus is on attracting and retaining local businesses and helping them grow, which includes loans.

“We’re here to help you earn,” she said, explaining that SMUD spends between 100 and 300 million dollars every year to help keep the business going.

“All of those things we have to purchase, we try to purchase locally.”

Through the SEED (Supplier Education and Economic Development) program, small businesses can compete for contract opportunities with SMUD,



Chamber Director Cendrinne DeMattei, City Councilmember Al Fox and Johnisse Downs enjoy the luncheon and the presentation together.

which contracts for drapes and the stain removal pens on each table to food trucks and trout to pens and paper for various SMUD activities.

In 2017, SMUD spent more than 50 million dollars through the SEED program and opened its catering contracts last year, limiting bids to SEED vendors. Mr. Pickles, a chamber member, was one of those vendors and now has a contract with SMUD for catering.

In order to become a SEED vendor, the small business needs to be certified as either a small business or microbusiness by the California Department of General Services. When asked how many in the room were certified, a few hands were raised. Several members took notes to find out how to become certified, which include, for SMUD opportunities, being a SMUD commercial customer.

Robinson encouraged businesses to go through the

certification if they meet the minimum qualifications which include income and number of employees. Benefits with SMUD include a five percent price advantage and a ten point advantage when submitting a proposal. She reminded the group that other local agencies also offer benefits.

Robinson then turned to the new residential “Time-of-Day Rate” program which generated many questions from members. The program is already in place and customers are being transitioned slowly. At least one member was already on the program.

Rates will increase significantly during the peak time from 5:00 p.m. – 8:00 p.m. weekdays and lower significantly during off-peak hours, holidays, and weekends. Residents, she said, may see higher bills during summer and lower during winter with bills evening out over the course of a year.

For additional information, visit: <https://www.smud.org/>. ★

# City Council Hears Groundwater Sustainability Report

Continued from Page 1

Citrus Heights when negotiating the annexation agreement with SacRT.

When the floor was opened for public comment on the transit plan, Arthur Kettering said, in response to an aspect of the plan that proposes decreasing bus service on some less-traveled routes, “It’s wrong to decrease service from 30 minutes to 60. In order to have the system work, they need at least every 30 minutes.”

If Citrus Heights decides to pursue stand-alone service, the city will have to work with SacRT to determine service

boundaries and to ensure connectivity between Citrus Heights service and the rest of the region. Mayor Steve Miller also mentioned the potentially prohibitive start-up cost of attempting a stand-alone service.

Council member Bret Daniels expressed concerns about SacRT’s unsatisfactory performance in the current service contract: “Why, if it’s shown that we’re getting inferior product as a contract, why do we want to join the team?” Daniels is also worried that it might be easy to get annexed in, but if the city eventually decides they no longer want to be part of RT they

would have a harder time getting out. Daniels said, “I don’t think this is the right time to consider annexation.”

Although annexation is the preferred approach proposed in the plan, Vice Mayor Jeannie Bruins clarified that the council is not currently voting on annexation; they are just voting to approve the Comprehensive Transit Plan, which addresses all the components of public transit in the city and provides guidelines to be followed if annexation is eventually chosen.

Mayor Miller called for the vote, and the plan was unanimously approved by the council. ★



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Subscriptions should be mailed to *Citrus Heights Messenger*, 7405 Greenback Lane, #129, Citrus Heights, CA 95610. Subscription rate is \$28 per year in Citrus Heights. *Citrus Heights Messenger* is published twice monthly. Call (916) 773-1111 for more information.



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# Enjoy Art in the Park with Citrus Heights Historical Society

Submitted by Larry Fritz

**CITRUS HEIGHTS, CA (MPG)** - Enjoy an afternoon blending Citrus Heights History, Art and Wine with the Citrus Heights Historical Society! The Citrus Heights Historical Society is sponsoring a fundraising event at the Rusch Home on Saturday, October 20th.

The main activity is a “paint ‘n sip” class led by Roseville artist Deidre Trudeau. Students will receive materials and instruction to paint the historic Rusch Home. People can sign up for the class on Eventbrite or through the Sunrise Recreation and Park District.

Come and create a masterpiece, and take a bit of Citrus

Heights history home with you, join Brush of Creativity’s Deidre Trudeau in a paint and sip class where she will guide you through the process of Painting the Historic Rusch Home!

Attendees may explore the grounds and tour the Historic Rusch Home.

Citrus Heights Historical Society members will be on hand for questions, and offer tantalizing Rusch Home and Citrus Heights facts. Visit the Wine Bar for sipping fun! Only \$5 per glass.

At the same event, the City of Citrus Heights will have a book release for “Citrus Heights: the First 20 Years”. The book has been 2 years in the making and features photographs of Citrus Heights from 1997 to 2017, taken by Citrus

Heights residents. Copies of the book will be available for sale inside the Rusch Home.

A wine bar with light refreshments will be available for those who want to come and hang out. Wine is \$5 per glass. The Rusch Home will be open for tours.

Fee: \$45 for one person, or \$80 for two. To sign up for the class, visit the historical Society’s Facebook page at facebook.com/CHHistorical Society. Sign up now. Space is limited!!!

Date: Saturday, October 20. Time: 1:00 to 5:00 PM. Location: Historic Rusch Home and Gardens.

Proceeds go to the Historic Rusch Home. For more information contact Kelly at 916-725-8843 ★

## Citrus Heights Community Update

### Flushing Away Our Water Rights

once the project is fully operational, it will heavily degrade the quality of our water that flows through the Delta due to the diversion of the Sacramento River’s clean water flows through the delta tunnels.

I also have a problem with the misinformation being propagated by advocates of the Delta Tunnels project. We have been told that over 100,000 jobs would be created by the project, but in reality there has been zero evidence supported by this claim. In fact, according to the Final Environmental Impact Report, there would only be a peak of around 2,500 jobs during construction, and a peak of 6,500 jobs after the 12th year of construction. Further, project proponents claim that the \$271 million spent thus far on the project has been entirely paid for by state and federal water contractors. But the truth of the matter, as uncovered by a federal audit, found that over \$84 million has been spent on the planning process, despite clear requirements under the law specifying all costs to be paid by the beneficiaries of the project.

But while Sacramento County and an enormous list of other local jurisdictions are suing this project, this doesn’t guarantee this project will be prevented. Three times in the past five years alone, the U.S. House has waived federal environmental laws to push through projects, so we need

to remain vigilant in our opposition and make our voices heard.

I do not think we should simply say “no” to the water problem in California. Instead, I think we need to put pressure on State officials to do everything in their power to hurry up construction of new water storage so that the entire State has enough water to go around. Just north of Sacramento is Sites Reservoir, which when built could have the capacity to store enough water to serve 6.3 million Californians each year. We need to increase our supply, not rob Peter to pay Paul.

Finally, I want to invite everyone to my next Citrus Heights community meeting on November 15th at 6:00pm at Citrus Heights City Hall (6360 Fountain Square Drive). This is an opportunity for you to get an update from me and to ask me any questions you may have. Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

*Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, Fair Oaks and Rancho Cordova.* ★



By County Supervisor Sue Frost

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

Recently, Sacramento County was the lead agency in a huge list of area governments to sue the State of California, with the aim to block the Delta Tunnels project. I stand in full support of this decision by Sacramento County, because I believe this nightmare of a project would hurt low-income communities and local farmers in Sacramento County.

The Delta Tunnels project, which is being championed by Governor Jerry Brown in an effort to improve Southern California water supply, has been flawed from the start. The harm these tunnels would create in the Sacramento Delta would be immense, with nearly 700 acres of land becoming unusable during the 13 year construction period (which will inevitably rise to 15+ years). Not only that, but

# What to Say to Someone Caring For a Loved One With Dementia



by Rebecca Graulich

**SACRAMENTO REGION, CA (MPG)** - “Have a nice day,” doesn’t seem quite right to tell an exhausted and stressed person caring for a loved one with dementia. Well-meaning people often feel awkward, not knowing what to say to family caregivers. Here are some tips.

**Do not share your morals.** A husband caring for his demented wife may simultaneously be seeing another woman. A daughter who promised not to institutionalize her father may put him in a memory-care unit. Before caring for someone with dementia, these people might have opposed the actions they are now taking. Caring for a loved one who has mentally and emotionally degenerated is life altering. These caregivers probably wrestled

with themselves before coming to terms with their decisions. Your disapproval is at best hurtful and certainly not helpful.

**Don’t start a sentence with, “If I were you...”** You are not that person and unless you’ve walked a similar dementia path, you can’t imagine what you would do. Well-intentioned suggestions come across as, “I know better than you.” If a caregiver wants your advice, he or she will ask for it. Otherwise, keep quiet.

**Telling a caregiver to “take care of yourself” is stress inducing.** The speaker may feel virtuous but the directive is burdensome. Sure, caregivers can minimize their stress by eating healthy foods, exercising, socializing and getting lots of sleep. Most caregivers know this. They also know that caring for oneself compounds their responsibilities.

It takes time to obtain and prepare healthy foods. Workouts require scheduling. Socializing involves coordinating multiple schedules. Arrangements must be made for someone to watch the person with dementia.

And then there’s sleeping. If anxiety attacks or worry don’t keep caregivers up at night, the demented person wandering the house or demanding to eat at 2:00 a.m. will. Insomnia is part of the dementia equation.

**So, what do you say to a family caregiver?** There is plenty to

say, all with a common theme: what you will do.

Caregivers need less responsibility, more time to themselves and fun. Tell the caregiver how you plan to meet these needs. Offer to:

1. Entertain the care recipient so the caregiver can leave the house or take a nap.
2. Enable the caregiver to have pre-scheduled time alone. Arrange for the care recipient to attend an adult day program or set up a calendar of care days with family and friends.
3. Bring healthy food and dine with the caregiver. If dropping off a meal, use disposable dishes. Don’t expect the caregiver to wash and return dishes.
4. Wash the caregiver’s car, mow her lawn, clean his house. Shoulder a responsibility.

If – and only if – you’ve cared for a loved one with dementia, then share what worked for you as a caregiver. Otherwise, do more and say less. Your behavior will speak volumes to an overwhelmed person caring for a loved one with dementia.

Rebecca Graulich, founder and Executive Director of Caregiver Pathways, is hosting Care Partnership Day for family caregivers on October 20. For more information or to contact Rebecca, go to [www.caregiverpathways.org](http://www.caregiverpathways.org). ★

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# Slim Randles’ HOME COUNTRY



## Connoisseur is European for Smart Aleck

Our resident cowboy, Steve, brought us the shocking news: cowpuncher Three-Chord Cortez, that bunkhouse balladeer, plans to study opera, in hopes an aria or three will make him even more attractive to girls during a serenade. Apparently, singing *La Donna Mobile* might be more effective than “You don’t know what lonesome is ‘til you start herding co-o-o-ows” ... especially if she doesn’t speak European. I thought I’d jot down a few

opera-watching truths for ol’ T.C. just to help him out.

1. Take off your hat. You can keep jujubes in it if you want.
2. If you like a particular aria, you can yell *Bravo!* if it’s a man, *Brava!* if it’s a woman, or *Bravisimo!* if it’s an *isimo*. It’s considered poor form to yell “Eeeee-HAAA!” or “You get ‘em, Hon!”
3. One of the strangest operatic devices is called *recitative* – pronounced rest-a-TEEF – (don’t

ask), and is a combination of singing and speaking that is used when the composer wants to hurry through a song because he wasn’t too fond of it in the first place but it was in the contract and he wants it out of the way quickly. Feel free to mention recitative to a woman at half time. Operas have two half times.

The speaking part of the *recitative* is done like a machine gun, and then you break into song when you get tired of that, and it

can happen in the same sentence. For example:

“Don’t make me come down there, don’t make me come down there, don’t make me come down there and k-i-i-i-I-I-I-i-ck your bu-u-u-u-tt.”

4. That bit of music they play before the curtain goes up is called the overture, and not foreplay.

It’s to give you a hint of what’s to come, in case you decide to leave early. You might listen to the overture and say, “That

*allegretto* tickles my fancy, but if that tenor duet goes on for more than two minutes, I’ll get the scours.”

This makes a guy a *connoisseur*, you see. *Connoisseur* is European for smart aleck.

And finally, 5. Don’t forget to clean your boots.

**Brought to you by Saddle Up: A Cowboy Guide to Writing. Available at riograndebooks.com.** ★

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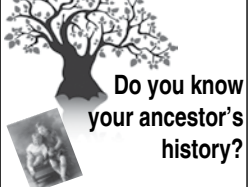
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Crossword Puzzle on Page 7



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Sudoku Puzzle on Page 7

2	6	5	1	9	3	8	4	7
7	3	8	5	4	2	1	6	9
1	4	9	8	6	7	5	2	3
3	8	2	6	7	5	9	1	4
5	9	1	4	2	8	7	3	6
6	7	4	3	1	9	2	8	5
4	5	7	2	3	1	6	9	8
9	2	6	7	8	4	3	5	1
8	1	3	9	5	6	4	7	2

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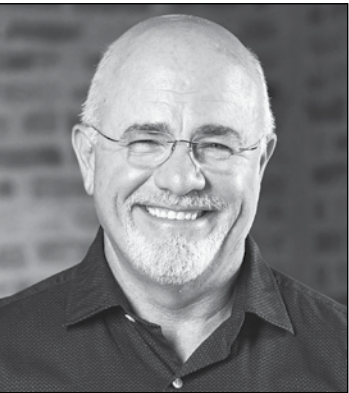
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# Dave Says



# Make It Fun and It Will Get Done! The Secret to Being Organized Pam Young's Corner One Shell-Stickin' Day a Year

**Spending money in the budget?**

Dear Dave,

We are debt-free except for our home, and we have six months of expenses set aside in our emergency fund. Every time we do our monthly budget, we set aside a small amount of personal spending money for us both. Do you see anything wrong with this?

-DeAnna

Dear DeAnna,

There's absolutely nothing wrong with having a little fun money calculated into your monthly budget when you're in good financial shape. The problems start when couples don't agree on these kinds of things — or worse — when they start hiding stuff and lying to each other about where the money's going.

People either grow together or they grow apart when they get married. When you start hiding things from your spouse you're essentially keeping separate lives. That's a bad sign in any marriage, and in many cases, this kind of thing leads to divorce.

Having an agreed-upon budget isn't just telling your money what to do. It's also an important part of a healthy sharing and communication process between husband and wife!

—Dave

**Close up small business?**

Dear Dave,

I have a small business, and I love what I do. Unfortunately, things haven't been going well

the last several months. On top of that, I've committed a lot of money to advertising in the coming year. Recently, I got a great job offer from a company that would pay me twice what I'm making now. What do you think I should do?

-Hugh

Dear Hugh,

If it were me, I'd want to keep my options open. Closing your business would mean giving up all your customers. I'm not sure that's a good idea when the offer has just been made, and you know so little about the actual job.

If you think this new job is something you might like, why not accept the offer and see if you can continue your other work on the weekends? That would help cover some, if not all, of your advertising commitment. Plus, it would keep some money rolling in if the new job doesn't work out.

If you find you like this new job, then you've got a great income and something you like doing on weekends that pays. If you keep your business open — even on a small scale — there's always a chance it will begin to grow again. Who knows? It might give you the opportunity to jump back into it full-time somewhere down the road!

—Dave

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.* ★

Have you ever heard someone say, "I had one of those days today."? I call "one of those days" a shell-stickin' day. You know how some hard boiled eggs refuse to let go of the egg white? If you're making deviled eggs and you need the white part to be intact as a nest for the egg yolk mixture, you know how aggravating one of those shell-stickin' eggs can be. I'm sure you've had to give up on some eggs in the process, because invariably chunks of the egg white tear off and leave half nests that just won't work.

I'm the stubborn sort and I'll go to great lengths to fight a shell-sticker, searching for that crucial place where the thin membrane is holding onto its beloved egg white. In 50% of the cases the egg wins and I either eat the mutilated egg white and throw the yoke in with the batch of other yokes or, depending on how many shell-stickers in the batch, decide to make egg salad instead of deviled eggs. It's sort of the egg version of when you have lemons make lemonade. But what can you do when you have one of those shell-stickin' days?

The other day was a shell-stickin' day that refused to give me a break from one negative situation to the next. It started off when I woke up and thought it was about 6-ish. I looked at the clock and it was 3:41. Argh! At that early time it's a toss-up whether my body will go back to sleep or start its day. It decided to start its day.

That afternoon, on my way to a doctor's appointment for a pain in my leg that's been hanging around like an unwanted tune that keeps repeating in my mind, I was listening to the radio and this guy was being interviewed about his involvement in The 48-Hour Project. I was intrigued especially when he said he was from Ridgefield, Washington about five miles from me. He said there are 150 chapters around the US and Portland, Oregon was going to show their 11 winning films that night at the Hollywood Theater.

I love old movie theaters and it sounded fun. The guy said each film is about seven minutes and the people involved in making the films draw a genre out of a hat (comedy, horror, western, chick flick etc.) and they have 48 hours to produce a movie. He said a few years ago one of his films got shown at Cannes. I was impressed and talked Terry into going that night.

I now realize no one in his right mind and who has a talent for making movies would ever agree to make a movie in 48 hours in the first place! I can understand the fun in a race to the finish, but when a final product is involved, that product is for sure going to be less than a final product that took the time it needs to take to be good.

I've always appreciated quality products that reflect the time it takes to create them, and a movie thrown together in 48

hours is going to reflect just that, a movie thrown together in 48 hours. To give you just a sense of that part of my shell-sticken day, the best of the 11 quickies we endured was a horror movie in which the serial killer was a Roomba. (Perhaps the creators thought they'd chosen the comedy card.) I think I'd better have enjoyed watching 11 elementary school talent show films. The popcorn was really good, but when I hobbled out of the Hollywood Theater, I

felt bad I'd dragged Terry into this.

When you have one of those days, the best thing you can do is to realize how great your life is the majority of the time. Maybe we need a few of those shell-stickin' days to truly appreciate all the good in our lives. Here's to those shell-stickin' days, may they restrict themselves to coming once in a blue moon.

For more from Pam Young go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon. ★

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**CLUES**

**ACROSS**

1. Got some shuteye

6. Pop-ups, e.g.

9. Mound

13. String quartet instrument

14. Wisecrack

15. Batu Khan's posse

16. Famous fabulist

17. \*Number of World Series won by the Senators

18. Blue-Green scum

19. \*One of two baseball teams to play for both leagues

21. \*Home of team with most World Series titles

23. Reggae precursor

24. "The Man Who Mis \_\_\_\_ His Wife for a Hat"

25. Have a bawl

28. Wing-shaped

30. Handrail's main supports

35. It often runs deep

37. It cuts a furrow

39. Double, in French

40. Shakespeare's tragic monarch

41. Sunny prefix

43. Notary Public's mark

44. Run on a bank, e.g.

46. Building extensions

47. 18-wheeler

48. \*One of two teams to win in its only appearance

50. Dutch cheese

52. Actors' group

53. OK

55. \*\_\_\_\_house Gang" nickname for 1934 World Series victors

57. \*Fall \_\_\_\_

61. \*Baseball league award

65. Bald symbol

66. Bauxite, e.g.

68. Andrea Bocelli, e.g.

69. Walk like a peacock

70. \*R in RBI

71. Old but in

72. Clothes line

73. Tennis divider

74. Are not

**DOWN**

1. Union foe

2. Sinister look

3. "What \_\_\_\_ can I say?"

4. Works the soil

5. Brown v. Board of Education city

6. \_\_\_\_'n' Andy

7. \*He pitched the only World Series perfect game

8. Shorthand

9. Sacred

10. "Cogito, \_\_\_\_ sum"

11. Month of Purim

12. Sneak a look

15. Sold

20. Actor Fienness

22. Long time

24. Streetcar named Desire, e.g.

25. Planktonic tunicate

26. 2018 movie "\_\_\_\_'s 8"

27. Edible cannabis substance

29. Away from wind

31. Weak one

32. The Three Musketeers' swords

33. Camel's cousin

34. \*Commissioner Emeritus of

Baseball

36. Great Lake

38. \* \_\_\_\_ card

42. Missouri River tributary

45. Skeleton's hiding place

49. Hit the slopes

51. "I think I can, I think I can..." , e.g.

54. Oak fruit

56. Expression of contempt

57. \_\_\_\_ pool or \_\_\_\_ pit

58. Like the White Rabbit

59. Taj Mahal city

60. Shantytown

61. Closely confined

62. A chip, maybe

63. Fate of Norse mythology

64. Turkey dance

67. Poe's Morgue

**CROSSWORD**

1	2	3	4	5		6	7	8		9	10	11	12
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65						66	67			68			
69						70				71			
72						73				74			

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**Crossword Puzzle Solutions on Page 6**

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**For Solutions See Page 6**





By Marlys Johnsen Norris,  
Christian Author

IN THE BEGINNING MOST PEOPLE WERE JEWS! THE BEGINNING “CHURCH” WERE ALL BELIEVERS IN GOD’S BELOVED SON, JESUS CHRIST. AFTER DYING ON THE CROSS FOR THE BEGINNING REBELLIOUS SINS OF ADAM AND EVE THAT FELL ON EVERYONE BORN AFTER THEM. TO REDEEM MANKIND FROM OUR SINS. AFTER DEATH JESUS THEN MIRACULOUSLY ROSE FROM THE DEAD – MANY SAW HIM!

Then somewhere in history all kinds of people of different heritages accepted Jesus, His death and Resurrection. They all were called Christians. The Catholic church as born and became a powerful force until Martin Luther had a personal

## God’s Legacy From the Old Testament

Revelation, and began the Lutheran Church. From here several different churches were born because mankind always has different ideas they believe about the move of God they like to promote, thereby Methodists, Presbyterians, Church of God, Pentecostal churches came into existence. Plus God’s favorite angel He cast to earth and the enemy of God who promotes ideas to take people away from truth and the sacrificial death of Jesus Christ. Thereby many religious cults are born and continue to exist with false ideas and beliefs.

The Jewish faith continued to exist with the original traditions and beliefs. Many, still not fully recognizing, appreciating or accepting some prophetic Scriptures in the Old Testament about the birth of the Son of God that have come true. Nor accepting Jesus as the Son of God and Messiah they desire. Yet, some have and are blessed!

Our Jewish brothers and sisters have a wonderful legacy and connection to the Family of God given them at birth while Christians become an “adopted” child of God. Once a person (regardless of heredity) accepts Jesus death on the Cross and His resurrection, their names are written in

the Lambs Book of Life. The Holy Bible tells us that -- One day every single life will stand before God! The question will be asked “If” Jesus became their Lord and Savior and give an account of their life! Their destiny will be heaven or hell!

TWO CHOICES: If one will walk before God, as David walked, in integrity of heart, and in righteousness to do according to all God commands and will keep His statues and judgments, then God will establish a place in His Kingdom for them. But, if anyone will turn away from following God, their children will not follow and keep His commandments and His statues which He set but go and serve other gods and worship them God will cut them off and cast them from His sight. (ref. 1 Kings 9 4-6)

Today may very well be your last day for someone to make this decision. Will you choose to go with God or reject Him? This will be the most important decision of your life here as well as in eternity!

Marlys Johnsen Norris  
Christian Author of 7 Books  
“Messages in the Dust for the Searching Soul”  
Marlysjn@gmail.com Box 114  
Orangevale, Ca 93552 ★



By Pastor Ray Dare

Your life is the sum total of your commitments. Nothing affects your life more than the commitments that you choose to make. In fact, your commitments have three profound affects on your life.

First, they show your values. I may say something is important to me, but what I choose to commit my time, talent and treasure to really shows what’s important to me. Second, your commitments shape your life. If you were to tell me what you are committed to, I could tell you who you are now and what you will be in the future. Because your commitments shape your character and your character shapes your future. That’s the third thing -- Your commitments determine your destiny and even the destiny of others.

## Pastor Ray’s Encouraging Words

### What Christianity Cannot Be

Of course, the most important commitment you’re going to make is your commitment to Jesus Christ. Life here on earth -- 60, 80, 100 years -- is brief compared to the years you’re going to spend in eternity. If you serve Christ, you’re going to spend eternity with Him and your rewards and responsibilities are going to be based on how you used your life here on earth. That involves commitment.

Just over 100 years ago, Henry Varley said to his friend D.L. Moody, “*The world has yet to see what God can do, through and for the person who is totally committed to Him.*” D.L. Moody said, “*I will be that person.*” *The world was changed. The Bible says, “The Lord searches all the earth for people who have given themselves completely to him.” 2 Chron. 16:9a (NCV)*

God is looking for people to use in this world. God is looking for people to bless in this world. God is looking for people He wants to strengthen in

this world and the only qualification is -- you must be committed.

C. S. Lewis said, “*The only thing Christianity CANNOT be is moderately important.*” It’s either all or nothing. Serving God demands and deserves everything we’ve got or let’s forget the whole thing. The one thing serving the Lord cannot be is moderately important.

From the depths of my heart I want to be a fully committed follower of Jesus Christ. I want to give my whole life, not just a part of it. I challenge you to make that the goal of your life too. It is the best and wisest decision you will ever make with your life. It doesn’t take great people to do great things. It just takes committed people. I challenge you to be one of those people.

Pastor Ray  
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# SMUD and D.R. Horton Agree to Build All-electric Homes

*Electric Utility Aims to Reduce Greenhouse Gases Through “Electrification”*

**SACRAMENTO REGION, CA (MPG)** - SMUD and top national homebuilder D.R. Horton are teaming up to build 104 all-electric homes in two new neighborhoods. These “all-electric communities” – “Juniper,” which is planned to include 66 homes, and “Independence,” which is anticipated to include 38 homes, are both located in North Natomas and will be priced for first-time homebuyers. The homes are included in the SMUD Smart Home program and are part of a broader electrification effort by SMUD, the first of its kind in the USA.

Groundbreaking for the subdivisions began earlier this summer. The model homes are completed, and the communities are open for sale. Construction will continue through 2019. If built as planned, SMUD will provide \$466,000 in incentives to D.R. Horton for including appliances and equipment to make the homes all-electric. These include heat pump heating and cooling, heat pump water heating, and induction stoves—appliances that are typically more energy efficient and can deliver lower overall energy bills.

Heat pump water heaters can reduce electricity use by up to 60 percent compared to electric resistance water heaters. Instead of using electricity to create heat, heat pump water heaters use a refrigerant cycle to transfer heat from surrounding ambient air into the hot water tank. They also cool the area where they are located, usually in the garage. Induction stoves may cook 50 percent faster than electric resistance stoves, and often as fast as



All-electric homes like the model pictured above in the “Juniper” subdivision in North Natomas include electric appliances that are typically more energy efficient and can deliver lower overall energy bills. The homes will be priced for first-time homebuyers. The homes are included in the SMUD Smart Home program, and are part of a broader electrification effort by SMUD, the first of its kind in the USA. Photo courtesy SMUD

gas. They also use less energy than traditional electric stoves and offer digital control of the temperature, and they have no open flame. The absence of combustion in all-electric homes may result in greater occupant safety.

These homes will help community-owned SMUD meet its aggressive commitment to reach 90 percent reduction in greenhouse gas emissions by 2050 and surpass the state’s greenhouse gas reduction goals of 80 percent by 2050.

These D.R. Horton homes are part of the SMUD Smart Home program, which offers incentives to builders and developers of up to \$5,000 for new single-family homes, and up to \$1,750 for new multifamily units, built to be all-electric. The homes must have all-electric appliances and mechanical systems—no gas line in the home, and no gas service at the property—in order to

meet the minimum program participation requirements.

SMUD customers who own existing homes in the SMUD service territory can also qualify for up to \$13,750 for existing homes that convert from gas to electricity. For example, owners of existing homes may receive up to a \$4,500 incentive to replace an existing gas furnace by installing an electric heat pump space heater. A homeowner may receive up to a \$3,000 rebate to switch out an existing gas water heater for an electric heat pump water heater.

There are also rebates available from SMUD for traditional efficiency measures such as duct sealing, insulation, and windows.

More information about SMUD’s all-electric conversion incentives and other energy-saving information is available at SMUD.org.

Source: SMUD Media ★

# Sacramento Singers and Artists Go Underground to Raise Funds

*Cabaret to Benefit Sacramento Nonprofit Women’s Empowerment*



Rogue Music Project performs at last year’s Cabaret on K to raise funds for Sacramento homeless women and children at Women’s Empowerment. Photo by Manny Chavez Photography

By Kristin Thebaud

**SACRAMENTO REGION, CA (MPG)** - Community members are invited to go underground on Oct. 27 to attend Cabaret on K, an evening of musical performances with a nod to Halloween, featuring a haunting mix of cabaret, jazz, classical and musical theatre pieces by Sacramento group Rogue Music Project. Guests are welcome to come in costume and will enjoy complimentary desserts and drinks for purchase.

The event, sponsored by Capital Public Radio, will take place in the Capitol Plaza Ballrooms basement, 1025 9th Street in Sacramento, and will raise funds for Women’s Empowerment’s job-readiness programs for homeless women

and the group’s onsite center for homeless children. Nearly a dozen local artists will display and sell their work, with 50 percent of art proceeds donated to Women’s Empowerment. Tickets are \$50 at [www.womens-empowerment.org](http://www.womens-empowerment.org). Guests must be age 21 or older.

“Cabaret on K is the perfect opportunity to have a positive impact on your community while celebrating Sacramento’s thriving arts scene,” said Lisa Culp, executive director, Women’s Empowerment. “Guests will enjoy live music and art while helping to end homelessness for women and their children.”

Women’s Empowerment is offering the most comprehensive job-readiness program in the Sacramento area designed

specifically for women who are homeless and their children. The award-winning organization has graduated 1,543 homeless women and their 3,710 children. Last year, 92 percent of graduates found homes and 77 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women’s Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: [www.womens-empowerment.org](http://www.womens-empowerment.org). ★

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# CHEERS & JEERS

by **Damian Holbrook**

**Cheers to Last Man Standing** for putting its supporters first. Tim Allen’s (pictured, with Nancy Travis) former ABC comedy kicked off its premiere on Fox with a joke about axed shows being saved by other networks and “loyal kickass fans.” Guess he who laughs *Last* really does laugh best!

**Cheers to Forever** for being eternally lovable. A month after Amazon Prime Video bowed its soulful series about a couple’s not-always-happily ever after, we are still in heaven over the big twist and the award-winning work by stars Fred Armisen and Maya Rudolph.

**Jeers to NCIS: Los Angeles** for making us worry about another DOA. We love us some suspense,



ABC tried very hard to kill Tim Allen’s *Last Man Standing*, but in the end it backfired and Allen and Nancy Travis (pictured) have the last laugh.

but it really looked like Deeks might die from a brain injury during the Season 10 opener. It’s bad enough they offed relative newbie Hidoko. And we’re still pissed at mother ship NCIS for killing off Kate. And Ziva. And Reeves!

**Jeers to How to Get Away With Murder’s** students for living together. After every betrayal, the fact that Laurel, Michaela and the others are sharing a house is proof that they need to enroll in Better Life Choices 101. ★

generally it works (although it still sometimes lops off the last few seconds of a show— especially noticeable if you’re a fan of Chuck Lorre’s vanity cards). The reason for these overruns is very old-school, with schedulers believing if a popular show runs into another show’s time period, it may keep viewers from turning between episodes to the competition. This usually ends up just annoying viewers for the reasons you state in your question. If your device allows you to do it, I always recommend recording a few minutes beyond the allotted time slot—or even recording the following show just to be safe.

To submit questions to TV Critic Matt Roush, go to: [twin-sider.com](http://twin-sider.com) ★



## ASK MATT

BY MATT ROUSH TV Guide Senior Critic

**SHOULD I WATCH GOD FRIENDE ME ON CBS?**  
**Question:** Why do many programs run over their 30 or 60 minute time period by a minute or two? I often record programs, and the last minute or two of a story’s wrap-up is lost. The program is recorded precisely at 30 or 60 minutes but the broadcast lasted a minute or two longer. — Ellen Margate, FL  
**Matt Roush:** This practice has been going on for a long time—and it can be even more confusing with certain cable programs that produce oversized episodes running 15 or more minutes longer than the usual hour with commercials. Those with DVR recorders tend to have less of an issue with this, because the programmers generally provide information about which episodes are expected to run a minute or so longer, and



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with **Mary Jane Popp**

**Boo**  
So how far back does this BOO thing go? Halloween straddles fall and winter...life and death. It’s a time of celebration and superstition. It’s thought to have originated with the ancient Celtic festival of Samhain. People would light bonfires and wear costumes to ward off roaming ghosts. The Celts, who lived some 2,000 years ago in the area that is now Ireland, the United Kingdom, and Northern France celebrated the New Year on November 1. This day marked the end of summer and the harvest, and the beginning of the dark and cold winter, a time of year that was often associated with human death. Celts believed that on the night before the New Year, the boundary between the worlds of the living and the dead became blurred. That’s why on October 31, they celebrated Samhain. They thought these roaming ghosts would cause trouble and damage crops. They also

thought the presence of other worldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. Since this was a culture entirely dependent upon the volatile natural world, these prophecies were an important source of comfort and direction during the long, dark winter. Many cultures, including the Roman Empire that conquered the majority of the Celtic territory in 43 A.D. combined the festivals of the Celts.

Then Halloween came to America, but extremely limited in colonial England because of the rigid Protestants. It was much more common in Maryland and the southern colonies. Today’s tradition probably dates back to the early All Soul’s Day parades in England. During the festivities, poor citizens would beg for food and families would give them pastries called “soul cakes” in return for their promise to pray for the family’s dead relatives. The soul cake was encouraged by the church as a way to replace the ancient practice of leaving wine and food for roaming spirits. Merging different ethnic groups and Native American Indians gave America its own

Halloween. The first ones were party-driven and public events to celebrate the harvest. Neighbors would share stories of the dead, tell fortunes, dance and sing, Colonial Halloween festivals added ghost stories and mischief making. In the second half of the 19th century, America was flooded with new immigrants and millions of Irish fleeing Ireland’s potato famine of 1846. Taking from Irish and English traditions, America began dressing in costumes and going house to house asking for money for food. That’s when “trick or treat” was born. Young women believed they could divine the name or appearance of their future husband by doing tricks with yarn, apple parings and mirrors. By the late 1800s, there was a move to mold Halloween into a holiday more about community and neighborly get-togethers than about ghosts, pranks and witchcraft. That’s some of the history and then all the candy and the spooky movies too. Yes, another “Halloween” movie will be out with all the blood and gore to go with it. Stock up on the treats and save some for your efforts! **HAPPY HALLOWEEN!** ★

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Sacramento County DA Reports

**Defendants Convicted for Felony Animal Abuse**

DATE: September 20, 2018  
CASE: Damion Boatman II & George Rodriguez (Case #17FE007269 & #18FE001447)  
PROSECUTOR: Supervising Deputy District Attorney Hilary Bagley-Franzoia, Animal Cruelty Unit

Damion Boatman II was convicted by a jury of felony animal neglect and cruelty. On December 30, 2016, a neighbor found an extremely emaciated female Pit Bull dog on her front porch. The dog, Nyla, was so severely starved that the concerned citizen rushed her to an emergency veterinary hospital. Nyla also suffered from severe ear infections, an eye infection, an oozing pressure sore and an extreme skin infection. She was placed on a refeeding schedule for days and recovered more than 25 lbs. in 4 to 6 weeks. A veterinarian from the City of Sacramento Front Street Shelter testified that Nyla would have succumbed within 2 weeks if she had not been found and treated. Nyla appeared so emaciated and impaired that the good Samaritan did not recognize her as belonging to her neighbor. Nyla eventually recovered and was adopted. This case was solely investigated by the Front Street City of Sacramento Animal Shelter and their staff veterinarians.

Boatman is set for sentencing on October 24, 2018, in Department 40 before the Honorable Raoul Thorbourne.

Previously on August 12, 2018, **George Rodriguez** was convicted by a jury of felony malicious and intentional animal cruelty. Two prior occupants of Rodriguez's home testified that from January 2016 to January 17, 2018, Rodriguez engaged in systematic abuse of his animals by beating, whipping, punching and kicking his adult Pit Bull dog and young female German Shepherd puppy. The animals were routinely tied to a tree during the abuse and had no means to escape Rodriguez's extreme punishments. The jury also heard that Rodriguez would laugh after setting off fire crackers near the heads of his dogs while they slept. The animals were treated by shelter veterinary staff and have been adopted. This case was investigated by the Sacramento Police Department and the Front Street City of Sacramento Animal Shelter.

Rodriguez is set for sentencing on October 12, 2018, in Department 19 before the Honorable Ernest Sawtelle.

Both defendants will be banned from possessing, owning, residing with, maintaining or carrying for any animal for 10 years.

**Defendant Sentenced to 50-Life for Murder**

DATE: October 12, 2018  
CASE: Cansio Santiago Ramirez (Case #17FE015184)  
PROSECUTOR: Deputy District Attorney Caroline Park, Homicide Unit

The Honorable Kevin Culhane sentenced Cansio Santiago Ramirez to 50 years to life in prison. On August 30, 2018, a jury convicted Ramirez of the first-degree murder of Arturo Soto. The jury also found true a firearm allegation.

On August 15, 2017, Arturo Soto was in a dispute with a friend over a truck sale. Soto met the friend at the friend's auto body shop. When the argument escalated, Soto grabbed a gun, loaded it with a magazine, pointed it at the friend's head and threatened to shoot him. The friend convinced Soto to put the gun down and they got into a physical fight. At that point, Ramirez returned to the shop. During the fight, the friend yelled to Ramirez to grab the gun. Ramirez then approached Soto from behind and shot him in the back, killing him.


**Career Criminal Sentenced for Attempted Murder of Officers**

DATE: October 5, 2018  
CASE: Justin Hurst (Case #16FE017117)  
PROSECUTOR: Deputy District Attorney James Wax, Career Criminal Prosecution Unit

The Honorable Steve White sentenced Justin Hurst to 92 years to life in prison. On May 17, 2018, a jury convicted Hurst of attempted murder and assault with a semi-automatic firearm on a peace officer, reckless evading of a peace officer, possession of an assault weapon, possession of a short-barreled shotgun and four counts of felon in possession of a firearm. The jury also found true enhancements that Hurst intentionally discharged a firearm and that he knew and intended to fire at peace officers.

On September 1, 2016, two Citrus Heights police officers contacted Justin Hurst, who was asleep in a parked vehicle. Hurst was on Post-Release Community Supervision and had a felony warrant. Officers directed Hurst to keep his hands on the steering wheel, but he instead sped away and led the officers on a high-speed chase in a residential neighborhood. During the chase, Hurst fired multiple rounds at the officers. Hurst crashed his car into a resident's fence, and was taken to a hospital to treat his injuries. A search of his car revealed 13 cartridge casings, four firearms and boxes of ammunition.

Additional allegations that Hurst has a prior 1999 strike conviction for first-degree burglary and three prior convictions for being a felon in possession of a firearm were found true at sentencing. ★



Friends Church Serves Citrus Heights During 100 Years of American History

**By Elise Spleiss**


CITRUS HEIGHTS, CA (MPG) - On Saturday, September 29, 2018 more than 100 members and friends of Friends Church in Citrus Heights came together to reminisce about a century of the joys and sorrows, the hard times and the good that brought a family of God together and have kept them going strong five decades later. Attendees included former members, present and past pastors and missionaries and others who have been touched by the presence of this church in their community.

Friends story was told in several rooms by hundreds of photographs covering the walls, plus binders, photo albums, church directories and videos depicting the history of the first 100 years of the first church built in Citrus Heights in 1918.

Guests assembled in the sanctuary for a time of song, reminiscing, worship and prayer. Members old and young told of their deep roots at Friends, growing up both in the 'old' building and in the 'new' church. A theme running through most of the stories was how from their first day at church there was always someone there to come alongside them to help them grow in their faith. They were mentored and trained by those who came before them, learning to pass what they had learned on to others.

Their success after 100 years was attributed to always passing on the baton to the next generation. There are many families with a legacy of up to four and five generations at Friends. Many pastors, church planters and missionaries moved on from Citrus Heights to step out in faith to other congregations and mission fields.

Citrus Heights Vice Mayor Jeannie Bruins presented an



official city proclamation to Pastor Tweed Moore. The proclamation recounts Friends history and recognizes it to be a church that "was originally and continues to be a family church, deeply rooted in the community, Christ centered, Bible based and Spirit directed."

In 1914 Walter and Gertrude Leonard with their eight children left their homestead in Oklahoma and followed God's call to settle in a 15 square-mile farming community known as Citrus Heights. Upon their arrival Leonard followed his Quaker background and sought out other Christian families to create a new family of worshippers. With permission from Quaker leadership he founded the Citrus Heights Friends Church on December 2, 1917. They met at the old Sylvan School until their own building was built in 1919. The church they built at 7600 Old Auburn Road was the first church built in Citrus Heights. It was dedicated on June 12, 1921. By 1975 they had outgrown this building and built a new, modern church at 7070 Woodmore Oaks. Their original sanctuary is now the Pioneer Baptist Church which is an official historical city landmark.

Former pastor, Ken Royal, who served in 1985 to 1987 was present. Following his service at Friends he served on and retired from the Citrus Heights Police Department and now lives in Northern Idaho. His great grandparents were founding members. Besides learning every nook and cranny of "the old church" as a child, Royal echoed the testimony of every speaker that this is where "I found Jesus Christ and it changed my life." The term "they grew me" came up often during testimonies. This was done most importantly as those being mentored for future work in the church learned how to apply the principles they were being taught in real life.

Pastor Tweed Moore has been pastor since 1998, who along with his wife Cyndi has served Friends for the longest period. After listing all that has gone on in our country during Friend's work in the community, from the end of World War I, the Depression, Cold War, first moon landing, Vietnam, AIDS, 9/11 and war in the Mideast, he noted how "Friend's Church of Citrus Heights has always been here, a light in the darkness, no matter what the culture around us is doing today." ★

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