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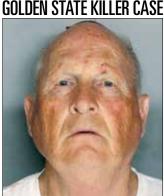
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AUGUST 24, **2018**

SIX DISTRICT ATTORNEYS UNITE TO CONSOLIDATE **GOLDEN STATE KILLER CASE**



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LUXURY FADES HOLDS **GRAND OPENING**



CA WILDFIRES CAUSED BY ENVIRONMENTALISTS, **NOT CLIMATE CHANGE**



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Cars, Food and Music Rule Hot August Bites



It's Back to School Safety Month

SACRAMENTO REGION, CA (MPG)

- It's that time of year again when children wrap up their summer vacations and get ready to start the new school year. August is Back to School Safety Month, and the California Office of Traffic Safety (OTS) wants to remind parents, caregivers and roadway users to be extra cautious around schools.

It is a busy time for a lot of families who are handling back-to-school preparations, but that should not take away from the importance of making sure children are safe heading to school.

"Children are our future," OTS Director Rhonda Craft said. "We all need to do our part to provide a safe environment for children to get to and from school. It starts with being alert and aware, and exercising good roadway habits around schools."

OTS offers a few safety tips to keep in mind with school in session:

Parents

- Plan your route ahead of time.
- Always keep an eye out for children, especially during pick-up and drop-off times.
- Avoid driving distractions.
- If your child is biking or walking to school, map out the safest route. Teach them about traffic signals and signs, urge them to not wear earbuds and to stop and look both ways before using crosswalks.
- If your child takes the bus, remind them to line up five steps away from the curb and to always look out for cars before getting on or off the
- Always buckle up. Practicing proper seat belt safety instills good habits that protect yourself and those you love.
- · Be aware of school buses. Continued on page 12

CHPD Announces Promotion of Two Lieutenants to Rank of Commander

Commander Jason Russo

By Citrus Heights **Police Department**

CITRUS HEIGHTS, CA (MPG) - Police Chief Ronald A. Lawrence announced the immediate promotions of Lieutenant Jason Russo and Lieutenant Alex Turcotte to the rank of Commander. Police Commanders are the third highest rank in the Police Department, beneath the Assistant Chief of Police and Chief of Police.

food enthusiasts turned out for the annual

Hot August Bites at Rusch Park on Saturday,

August 11. The morning kicked off with a car

show hosted by Nor-Cal Cruisers and fea-

tured 114 cars in all makes, models, and years. Shiny and the not-so-shiny sat side by side.

American muscle, classic, and even a 1987

Fiat from Poland presented their best sides

for one of more than 50 traditional and hand-

Folks frantically purchased tickets and

Continued on page 3

crafted trophies and bragging rights.

"I could not be more pleased with the outstanding leadership within the Citrus Heights Police Department. Selecting two new Police Commanders among a list of many talented personnel was a good challenge to have, as we have no shortage of qualified personnel. With their promotions to Police Commander, Russo and *Turcotte now hold the third high*est rank in our police department



Investigative Services Division

and will each command a Division. Both are skilled, experienced and committed leaders who will no doubt continue to serve our organization and citizens well into our future. These highly-decorated professionals exemplify their commitment to service with character, integrity and honor."

- Ronald A. Lawrence, Chief of Police

began his law enforcement career as an intern with the Sacramento County District Attorney's Office while attending Sacramento State University. After earning a Bachelor's Degree in Criminal Justice, he served the Clayton Police Department as a police officer and promoted to Sergeant in 2003. In May of 2006, Russo helped launch the Citrus Heights Police Department and was hired as one of the original Sergeants during our inaugural years. Russo has served our department in a variety of leadership capacities such as SWAT Tactical and Sniper Team Leader, Training Manager, Detective, Patrol and Traffic Sergeant. He promoted to the rank of Lieutenant in 2013 and has served the department in Patrol, Special



Patrol Services Division Standards. Commander Russo has distinguished himself in the community through his work with the Citrus Heights Police Activities League (Board President), Relay for Life, Tip a Cop and the Holiday Referral Program. He holds a Master's Degree in Organizational Operations and Professional Leadership and is a graduate

of the prestigious FBI National Academy in Quantico, Virginia. Commander Alex Turcotte

began his career in law enforcement with the Ventura Police Department in 2001where he worked as a patrol officer and a member of the Special Weapons and Tactics (SWAT) Team.

In October of 2006, Turcotte was hired as a police officer with the Citrus Heights Police Department and was assigned to the Patrol Division until his promotion to the rank of Sergeant in 2007. As a Sergeant, Turcotte worked a variety of assignments, including as Problem Oriented Policing (POP) Sergeant, SWAT Team leader and the Special Investigations Unit before promoting to Lieutenant in 2013. As a Police Lieutenant, Turcotte managed a variety of units within the Patrol and Investigative Continued on page 12

Tips for Cleaning Your Property of Wildfire Ash



In the midst major fire season, cleaning up after the fires has both the U.S. and California Environmental Protection Agencies developing plans on clearing the ash without causing damage to creeks and rivers. You can find more information from the United States Geological Survey (USGS) on the effects of ash in the waterways.

SACRAMENTO REGION, CA (MPG) -

The Sacramento area has been surrounded this summer by wildfires and the effects have been smoky skies and falling ash. Breathing the bad air has

adding another environmental problem for our waterways.

Ash contains wood and vegetation, but also chemicals from homes and other buildbeen tough enough, but what's ings caught up in the flames

been falling from the sky is then sent adrift to fall over the Sacramento region. We can help keep more from ending up in the water by being careful about how we remove the ash on our property.

If ash covers your home,

walkway or vehicle, avoid breaking out the hose and washing it down gutter. That untreated ash can pollute the storm drains and eventually the creeks and rivers. Sweeping up the ash from around your home and depositing it in your trashcan is the best way to remove the pollutants.

When it comes to cleaning your vehicles, you should get rid of the ash on your vehicle as soon as possible because it can harm the paint. Taking your vehicle to a carwash will keep wastewater out of the storm drain system by diverting the wastewater to the sanitary sewer system or to a landscaped area where it will not pollute our creeks, rivers and waterways.

The cleaning up after the fires has both the U.S. and California Environmental Protection Agencies developing plans on clearing the ash without causing damage to creeks

You can find more information from the United States Geological Survey (USGS) on the effects of ash in the waterways.

Source: SacCounty News ★

County Enters Agreement for EV Charging at SMF



Several locations throughout the county have been identified as prime locations for EV charging stations, including Sacramento International Airport, a crucial component of the regional transportation infrastructure.

SACRAMENTO REGION, CA (MPG)

- The Sacramento County Board of Supervisors approved an agreement with Electrify America, LLC (EA) to install and operate up to eight electric plug-in vehicle charging stations near the ARCO AM-PM gas station at the entrance to Sacramento International Airport.

"With today's approval, the County is adopting stateof-the-art solutions to reduce greenhouse gas emissions," said Supervisor Susan Peters, Chair.

The fee-based DC fast-chargers are envisioned to serve as EV filling stations. Customers can use a credit card to charge most electrical vehicle batteries up to 80 percent in 20 minutes.

Several locations throughout the county have been identified as prime locations for EV charging stations, including Sacramento International Airport, a crucial component of the regional transportation

infrastructure.

"I hear more and more from constituents who want the convenience of charging their electric vehicles at Sacramento International Airport," said Supervisor Phil Serna, District 1, and California Air Resources Board member. "Today's action by the Board of Supervisors goes a long way to make that happen."

Sacramento International Airport currently has 12 Level 2 EV chargers and 12 level 1 chargers in the parking garage that serves both terminals, and four Level 2 chargers and one legacy paddle (for older EVs) in the daily lot. There is no fee to use the chargers.

The airport also leases space to SMUD in the Free Waiting Area for one DC fast charger and two Level 2 chargers, which are fee-based.

Charging stations are expected to be operational within 1-2 years.

Source: SacCounty News ★

SMUD Asks Customers to Be Safe Before Digging

SACRAMENTO REGION, CA (MPG) - Fall is approaching, and it's the time when many begin pre-winter outdoor projects. Whether it's small like planting a tree, a larger one like building a deck or fence, or a big project such as new landscaping, be sure to include a very important safety step prior to starting any digging job.

Notify Underground Service Alert North 811 (USA) a minimum of two full business days before beginning to dig to find out if there are any dangerous underground utilities such as electric power lines in the area.

Whether you are doing the job yourself or hiring a professional, smart and safe digging means calling 811 or visiting usanorth811. org to request a utility-locate before each job; using the website for your notification can save time. The notification is valid for 28 days, so if the excavation project goes beyond this timeframe, notify USA North 811 again.

SMUD and other area utilities such as gas, water and cable television will be contacted to determine whether they have underground

facilities, and if so, the locations will be marked at the excavation site. Underground utility lines are not always located in the street; some utilities may be located in front yard and backyard easements. Digging into an underground electrical line can cause power outages and personal injury or death.

Be aware, it is the law to notify USA North 811 before you dig. Besides the legal requirement, it's the way to stay safe and avoid financial and legal responsibility for repairs and/or injuries.

Source: SMUD









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Cars, Food and Music Rule Hot August Bites

Continued from page 1

stuffed the cups for their chance to win one of the nearly 120 raffle prizes. Funds raised will be presented to the Citrus Heights Police Athletic League on October 20 at Howl-O-Ween. Prizes ranged from traffic signs and signals to repurposed terracotta planters to 50" flat screen televisions. The chance to drop Wally Schnierle in the dunk tank proved popular with some of the young attendees who took aim and cheered when he hit the water. Funds raised will benefit a second cause.

The day's event moved into full swing at 11 a.m. when Jax Hammer took the stage and played a stream of classic rock tunes covering just about everything from Rolling Stones and Blue Öyster Cult to Santana's 1999 collaboration with Rob Thomas on



Folks frantically purchased tickets and stuffed the cups for their chance to win one of the nearly 120 raffle prizes

"Smooth." The band turned out solid covers of many iconic songs and drew crowds into the two beer gardens on either side of the stage. Shade, beers or margaritas to help

raise funds for a different charity, and camaraderie were found under

Vendor booths nearly doubled from 2017's event said Marty Buell, Sunrise Recreation & Park District's Senior Recreation Manager, and featured a little of everything. Some of the newcomers included Farm Fresh to You, Greengraphics, and Eric's Mobile Vehicle Repair. Texas Roadhouse's booth featured sandwich samples and was situated at the base of the foot bridge. The City of Citrus Heights, Sunrise Recreation & Park District, and Boy Scout Troop 228 had booths. Handcrafted jewelry, handbags, key chains, and household items made from recycled denim were popular. Beauty

products, veterinarians, fitness centers, and the chance to win a ticket to heaven were other vendors with samples and information. And there were several food trucks from which to choose. Squeeze Inn and Frozen Lemonade were busy late in the day.

Families were everywhere. Children and infants played and napped and ate. Adults wandered or sat, some with chairs brought from home and others with blankets they spread on the grass. Young couples stole a few quiet moments on the foot bridge under the cooling mist. Many people sheltered and lunched under the picnic structure. Some danced, and over 100 people took advantage of the free swim opportunity

Buell said that the event has grown each year since 2014 and



Jonathan Rykert

invited everyone out to the district's 22nd annual Sunday Funday on September 23 at Rusch Park.

Visit https://www.sunriseparks. com/2018-special-events for more information. If you go: 7801 Auburn Blvd., Citrus Heights. For additional information, visit https://www.norcalcruisers.com.★



The morning kicked off with a car show hosted by Nor-Cal Cruisers and featured 114 cars in all makes, models, and years.

CHPD Arrest Violent Subject

By Citrus Heights Police Department

CITRUS HEIGHTS, CA (MPG) -

On Monday, August 20, 2018 at approximately 9:12 a.m., the Citrus Heights Police Department received a call for service regarding a violation of a court order in the 5800 block of Northgrove Way. The reporting party (RP) stated he had a restraining order against his adult grandson and that his grandson was at the location making threats against his wife. The RP indicated his grandson may be armed with a knife. The grandson was identified as 32 year-old Jonathan Rykert (See attached photo). Our communication center verified the restraining order protecting the grandparents from Mr. Rykert. Mr. Rykert was also found to be on probation for vandalism, trespassing, resisting a peace officer, and felony evasion in a motor vehicle.

Officers arrived on scene and made visual contact with Mr. Rykert in the backyard of the residence. Mr. Rykert began to make

suicidal threats while holding an ice pick to his neck. Mr. Rykert also had two dogs on leashes and was using them as a makeshift shield between him and officers.

Officers attempting to communicate with Mr.

Rykert; however, he was becoming more aggressive and volatile. Although Mr. Rykert knew officers were also inside of the house, he picked up a metal shovel and began to smash the rear sliding glass door in an attempt to gain entry. Officers who were around the perimeter of the home quickly entered the backyard and deployed a kinetic projectile from a less than lethal shotgun. The deployment was successful and Mr. Rykert was safely taken into custody.

Mr. Rykert sustained only minor injury. He was medically cleared and then booked into jail for misdemeanor violation of a

restraining order, felony criminal threats, and violation of probation.

"This situation is a good reminder of the very dangerous situations police officers face every day. I am thankful our officers were not injured and

that Mr. Rykert only sustained a minor injury. Our officers attempted to de-escalate the situation; however, Mr. Rykert was determined to not cooperate and chose to become more violent. In this case, our officers were able to set up in and around the house with several different force options. Although this is always the goal, there are times when the circumstances, including the suspect's actions, do not afford officers the time to safely do so. I would like to commend our officers for their exceptional work and restraint during this very dangerous call for service."

- Chief Ronald A. Lawrence ★

Senator Gaines' Bill to Help Taxpayers Passes Assembly

Texas Roadhouse's booth featured sandwich samples and was situated at

From the office of Ted Gaines

the base of the foot bridge.

SACRAMENTO REGION, CA (MPG) - Senator Ted Gaines (R-El

Dorado) announced his Senate Bill 1246, a bill that will streamline and modernize the process for expediting property tax refunds to California taxpayers, passed off the Assembly floor.

"I'm pleased to have the Assembly's support on this important taxpayer protection

bill," said Senator Gaines. "SB 1246 is simple and fair, two elements of good governance that are too often missing in California. We must resolve any overpayment issues as efficiently and quickly as possible, and get taxpayers back what is rightfully theirs.'

Under current law, an outdated and archaic "refund claim form" is required to be mailed to a member of the public who is owed money due to an overpayment of taxes, penalties, assessments, interest or other costs associated with local taxes. The claim form must be signed and returned by the taxpayer before the county can issue a

SB 1246 will speed up the process to allow the county to simply pay the taxpayer what is owed when an overpayment or refund is discovered without the time-consuming paperwork required under current law.

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Publisher, Paul V. Scholl

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FD 1489

California Wildfires Caused by Radical Environmentalists, Not Climate Change



Commentary by Katy Grimes, Investigative Journalist

SACRAMENTO REGION, CA (MPG) -

The United States Forest Service was originally founded to protect forests from the ravages of fire to preserve it for future generations. That thinking was abandoned in favor of the flawed "no-use movement," or the "rewilding" theory, which blames humans for the "degradation of our planet." "Rewilding the land can repair damage we've caused and reconnect us to the natural world," National Geographic claims.

For decades, traditional forest management was scientific and successful – that is until ideological, preservationist zealots wormed their way into government and began the 40-year overhaul of sound federal forest management through abuse of the Endangered Species Act and the no-use movement.

Traditional forest management had simple guidelines: thin the forest when it becomes too difficult to walk through; too many trees in the woods will compete with one another, because the best trees will grow at a slower rate.

In my recent interview with Rep. Tom McClintock, he stated:

"Our forests are now catastrophically overgrown, often carrying four times the number of trees the land can support. In this stressed and weakened condition, our forests are easy prey for drought, disease, pestilence and fire. The U.S. Forest Service used to be a profitable federal agency," McClintock said. "Up until the mid-1970s, we managed our National Forests according to well-established and time-tested forest management practices."

"But 40 years ago, we replaced these sound management practices with what can only be described as a doctrine of benign neglect," McClintock said. "Ponderous, Byzantine laws and regulations administered by a growing cadre of ideological zealots in our land management agencies promised to 'save the environment.' The advocates of this doctrine have dominated our law, our policies, our courts and our federal agencies ever since."

Today, only privately managed forests are maintained through the traditional forest management practices: thinning, cutting, clearing, prescribed burns, and the disposal of the resulting woody waste.

McClintock said the forest service used to auction surplus timber harvested from national forests. This served two purposes: clearing, cleaning, and thinning the forest, and providing usable timber for a myriad of industries. The timber the forest service auctioned off more than paid for the entire federal agency, and then some. Local governments even received 25 percent of the proceeds of the lumber auctions, while 75 percent went to the federal government.

"Revenues that our forest management agencies once Our forests are now catastrophically overgrown, often carrying four times the number of trees the land can support. In this stressed and weakened condition, our forests are easy prey for drought, disease, pestilence and fire.

roduced and that facilitate

REP. TOM MCCLINTOCK

produced – and that facilitated our forest stewardship – have all but dried up," McClintock said. This has devastated rural communities that once thrived from the forest economy.

Mcclintock Said There Were Once 147 Timber Mills; Now, There Are Only 29 in the Country

McClintock also pointed out that despite the growing population, visitation to national forests has declined significantly as the health of our forests has decayed. "We can no longer manage lands to prevent fire or even salvage dead timber once fire has destroyed it," he said.

Private forests are still managed properly, but not forests on

nublic lands

That sound practice grounded to a halt when the most radical environmentalists took over. Now thick, overgrown and diseased forests have become tinder boxes and are burning down in California, leaving a trail of death and destruction.

What Happened?

In 2012, the Obama administration issued a major rewrite of all of the country's forest rules and guidelines, adding so many rules, regulations and layers of bureaucracy, grounding all forest management to a halt. McClintock said that to even cut one tree down in the national forest, forest managers were forced to apply to the federal government for a study. The other big problem is these burdensome regulatory requirements greatly inflate the cost of forest management, McClintock said. "Between the studies and litigation, the process was endless," McClintock added.

When forest managers attempted to address public lands ravaged by disease, beetles or fires, they were met with a wall of bureaucracy. "Public lands take years' worth of environmental review for studies," McClintock said. "By then, the timber has lost most of its commercial value. Essentially, the public land is abandoned. The laws make it cost prohibitive to salvage."

The Catastrophic Canard of Climate Change

Gov. Jerry Brown has spent a great deal of time jetting around the world spouting climate change propaganda, and now he calls these year-round wildfires California's "new normal."

Rep. McClintock pointed out the obvious: the same climate change impacts private lands as public lands, but private forests are not burning down because they are properly managed. Or if a fire does break out on privately managed forest land, it is often extinguished more quickly and easily because the trees aren't so close together, and the underbrush has been cleared away.

We are now living with the result of radical environmentalism ideology – that we should abandon our public lands to

overpopulation, overgrowth, and in essence, benign neglect, McClintock said. "Forest fires, fueled by decades of pent up overgrowth, are now increasing in their frequency and intensity and destruction."

He added, "Excess timber WILL come out of the forest in one of only two ways. It is either carried out or it burns out."

McClintock was able to pass legislation last year, which streamlined the environmental reviews for the Tahoe Basin. "The Forest Service regional manager told me it will take their review from 800 pages to 40 pages, and allow them to begin to get the forest there back to a sustainable level."

But meanwhile, California burns, while Jerry Brown claims these catastrophic infernos are "the new normal," blames climate change, declares a national emergency and collects billions of dollars from the American taxpayer in federal aid. No amount of money will ever fix California until they undo decades of dangerous climate change regulations and remove 129 million dead trees.

LETTER TO THE EDITOR

A "Burning" Response

The headline* reads: "California Burning Thanks to Obama-Era Environmental Regulations."

The truth of the matter is that forest management practices over the past *century* have unintentionally contributed to wild fires -- not Obama. Current research points to past practices in *conjunction* with climate change. This is constructive information to work with.

Your writer, on the other hand, bases her conclusions on sources who clearly have political agendas, who need to sell books and support the conspiracy theory industry. She sprinkles words like eco-terrorism, extorted, leftist politicians, so-called environmentalists, and other inflammatory terms and statements throughout. This is not constructive.

This type of "journalism"

- if you want to call it that -- is aggravating. It selects only the "facts" that support its premises and demonizes others to achieve a political point.

I hope it's not the sign of things to come with the Messenger.

Signed, M J Schroeder Fair Oaks, CA

American Water

*Messenger, August 10, 2018, page 11 ★

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CITRUS HEIGHTS C H A M B E R

Multicultural Business Expo Relocates to Carmichael

Photos courtesy Russian American Media

SACRAMENTO REGION, CA (MPG) - Now in its ninth year, the Multicultural Business Expo has relocated to the Patriot Event Center at Milagro Centre on Fair Oaks Boulevard at Marconi Avenue. Olga Ivannikov, CFO of Russian American Media and the event's organizer, is excited about the new location. "The expo is going to be both outdoors with canopies and indoors with a hall filled with exhibitors," she said, adding that local restaurants, breweries, and wineries would be on hand with samples for hungry attendees and exhibitors.

More than 100 businesses and nonprofit agencies are expected to exhibit at this year's event, which, based on the event's continued growth, should draw more than 2,000 attendees from the greater Sacramento region. "This year we wish to make an emphasis on personal connections," she said. The face to face meeting is why the event draws so many people.

The expo provides a forum for small business owners to connect with other small business owners or with banks, credit unions, or with many businesses that offer subcontracting opportunities. For students and recent graduates, there will be opportunities to connect with



The Multicultural Business Expo will be held on Wednesday, September 5 from 11 a.m. - 3 p.m. at the Milagro Centre in Carmichael.

businesses that may have job oppor-

tunities like the Sacramento Sheriff's

Department or California Highway Patrol. Mid-career business people will also find opportunities to connect and pass out resumes. The general public can connect with possible service providers, pick up samples, and wander the

Some exhibitors will be familiar names throughout the region. SMUD's Supplier Emerging Enterprise Development (SEED) team will help small business owners learn about state certification and bid on SMUD contracts. "They'll provide an overview of our business contracting procedures and explain the SEED program in detail," said Chris Capra, SMUD's Public Information Specialist. Exhibiting at this business expo helps SMUD grow its pool of qualified potential contractors and helps business owners learn how to maneuver the state's certification program, a win-win for both. "SMUD also realizes reciprocal benefits by promoting the economic development of its customers who own the company," added Capra.

Other exhibitors, like Language World Services, Inc., may be less familiar. This translation and interpretation organization, located in Carmichael, provides services in more than 80 languages for healthcare, law enforcement, conferences, insurance, disaster preparedness, and many other areas. Job opportunities are available throughout the Sacramento region and San Francisco Bay Area.

Exhibitors will be on hand in three different areas. The business expo will feature government and corporate entities offering resources and contracting opportunities to small business owners. Joining SMUD will be Siemens, DGS, and others. Owners interested in business financing, presenting their products or services, investigating export opportunities, and reaching new customers should stop by with business cards.

Students and recent high school graduates may wish to peruse the educational opportunities area. Asher College, Sacramento Employment and Training Agency (SETA), Pacific Charter

Institute, and CSUS will be on hand with information about undergraduate programs, the transfer process for community college students, opportunities for working adults, and the all-important financial aid. Asher College, founded in 1998, is a trade school specializing in medical, business, and IT with campuses in Sacramento, Dallas, and Las Vegas. SETA, now in its fourth decade, features Sacramento Works with offices in Sacramento, Mather, Galt, Rancho Cordova, and Citrus Heights.

Job seekers should be prepared with resumes and proper business attire to meet with the many businesses that will be on hand. Connect with Wells Fargo Bank, SAFE Credit Union, American River Bank, and others to learn about available positions, the hiring process, or to submit your resume in person.

Other exhibitors with business or learning opportunities include GRID Alternatives, a non-profit organization based in Oakland. GRID works in the highly popular field of renewable energy and offers volunteers the opportunity to assist with installation projects, a sort of try before you buy idea. GRID also has training, certification programs, and jobs. ANG Health Care, Inc., located in Folsom, will be on hand to discuss its offerings in skilled nursing, speech therapy, and in-home care services. Insurance companies, accounting firms, medical offices, and health clubs are expected to be on hand to answer questions and provide information.

The expo has grown each year and draws people from Sacramento County and surrounding areas. "We started out as a local community fair and grew into a major business exposition which is organized by a number of non-profits and all major chambers in the Sacramento valley," said Ivannikov. "We reach out to Rancho Cordova, Roseville, Elk Grove, West Sacramento, Sacramento. We contact all of the multicultural chambers, the Asian Pacific, Hispanic, African American, and the metro chamber."

For more information: visit www.russianamericanmedia.com/our-events/ business-career-expo/ or call 916-677-9397. If you visit: The Multicultural Business Expo will be held on Wednesday, September 5 from 11 a.m. - 3 p.m. at 6241 Fair Oaks Blvd., Carmichael, CA 95608.



many businesses that will be on hand.



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Crossword Puzzle on Page 7

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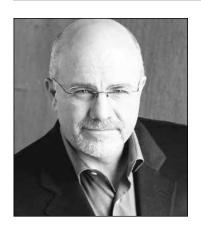
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Communicate and work together

My wife and I are not on the same page when it comes to money and our two teenage daughters. I think they should be learning the value of work and money, but she doesn't want them to work. She regularly hands them spending money and buys them expensive gifts. I want our girls to have some nice things, but this is starting to cause problems in our relationship. Do you have any advice?

-Stan

Dear Stan.

Kids should learn to work and make money at an early age. We've given nice gifts to our kids, but the difference is they also worked and made money for themselves. The gifts we gave them were for special occasions. Showering our kids with money and expensive toys all the time was not our way of

In this situation, your wife is allowing them to be nothing but consumers. I know she loves them, but they're not learning how to work, and they're not learning how to save or give. This is setting them up for a lifetime of unrealistic expectations. If something doesn't happen to change things, you're going to end up with two spoiled little girls, who think they should be given everything their entire lives.

Still, I think the biggest problem is you and your wife are experiencing a communication and marital breakdown. If the kids weren't in the picture, I've got a feeling the same problems would exist. The difference is they would manifest themselves in other

Obviously, your wife needs to stop being so impulsive where the kids are concerned. Try sitting down with her, and gently explaining your feelings.

Dave Says

Let your wife know you love her and how generous she is, but you're worried this is having a negative impact on your children. Maybe you could try to establish some guidelines as to when really nice gifts are appropriate, too. There's a middle ground you can reach, but it's going to take some time and effort. Most of all, it means the two of you are going to have to communicate and work together for the good of your kids.

—Dave

Impress them!

Dear Dave,

I just graduated from college recently. Is it a waste of time to apply for a job if you have a degree in the proper field, but no real work experience?

-Daniel

Dear Daniel,

Absolutely not! The only sure-fire way to ensure you'll miss out on a job is by not applying for the position.

Send a copy of your resumé to every job opportunity for which you have a reasonable chance of being hired. Then, when you get an interview, go in there with your head held high. Be articulate, enthusiastic, and carry yourself with purpose. Use your style, intelligence, education, and confidence to sell yourself and your ability to jump in, learn quickly, and get the job done.

I've met lots of people who say they have 20 years of experience. But in a lot of cases it's more like one year of experience 20 times. That kind of "experience" is useless. I've also met many sharp, educated people without experience, but you can tell they're the kind who will put their minds to work, think outside the box, and figure out a way to get the job done with excellence.

As an employer, if I've got a choice between the two, that's the one I want on my team!

-Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey. com and on Twitter at @DaveRamsey. ★

FBI Seeking Individual Who May Have Information Regarding the Identity of a Child Sexual Assault Victim

SACRAMENTO REGION, CA (MPG) - The Federal Bureau of Investigation (FBI) is seeking the public's assistance with obtaining identifying information regarding an unknown male who may have critical information pertaining to the identity of a child victim in an ongoing sexual exploitation investigation. Photographs and an informational poster depicting the unknown individual, known only as John Doe 40, are being disseminated to the public and can be found online at the FBI website at http://www.fbi.gov/wanted/ecap.

The video depicting the unidentified male, John Doe 40, shown with a child, was first noted by the National Center for Missing and Exploited Children in October of 2017; therefore, the video is believed to have been produced prior to this date.

John Doe 40 is described as a White male, likely between the ages of 30 and 40 years old. He appears to be heavyset with dark colored hair. John Doe



Photographs and an informational poster depicting the unknown individual, nown only as John Doe 40, are being disseminated to the public and can be found online at the FBI website at http:// www.fbi.gov/wanted/ecap

40 could be heard speaking English in the video. Anyone with information to provide should submit a tip

online at https://tips.fbi.gov/, or call the FBI's toll-free tip line at 1-800-CALL-FBI (1-800-225-5324). The public is reminded no charges have been filed in this case and the pictured individual is presumed innocent unless and until proven guilty in a court of law.

This individual is being sought as part of the FBI's Operation Rescue Me and Endangered Child Alert Program (ECAP) initiatives, both of which represent strategic partnerships between the FBI and the National Center for Missing and Exploited Children. Operation Rescue Me focuses on utilizing clues obtained through in-depth image analysis to identify the child victims depicted in child exploitation material, while ECAP seeks national and international media exposure of unknown adults (referred to as John/Jane Does) who visibly display their faces and/or other distinguishing characteristics in association with child pornography images.

Source: FBI

Slim Randles' HOME COUNTRY



The other night it was hot. Hot during the day, hot at night. Heat seems to define summer for us, in many ways.

But in spite of that, after a day in the outdoors, we built a fire. A small fire. A "hat" fire, which mountain people define as one you can put in your hat. Why so small? Because it was hot and we didn't need the heat. Why the fire?

But the Answers Can Only Be Found in the Silent Glowing of the Coals

Because we need the fire.

It is the hearth. It is the touchstone to our past. It is a link with countless generations of ancestors who have sat here looking at the flames licking up on the chunks of firewood and taking us back endless years, countless years, to what was then. Through the flames and later the glow of the coals, we can see things that we can't see at any other time. We can hear music in the crackling. We can be comforted by the fire, which is our best friend as well as a potential destroyer, at the same time.

How many times have we looked into the flames of a small fire, just like this? It's beyond counting. Sometimes the fire has been in a fireplace with all kinds of louvers and vents and controls, and yet even then we shut off the lights and sat quietly, looking into the fire and taking ourselves back to our beginnings. It is important that we do this, so important to our emotional health that we willingly pay extra for a modern city house or apartment that has a fireplace.

It doesn't make any sense

No sense at all until you look into the fire and those same questions come along. Who am I? Am I doing what I'm supposed to be doing? Is my life being spent for the right things? What more can I be doing?

Do we remember other fires in faraway places? Places where the weather is different, the animals are different, the people are different. Remember using wood from other kinds of trees? Remember sitting around the fire with others who are only with us now during these quiet times by the fire and in the sanctuary of memory?

can only be found in the silent glowing of the coals, and we can only hope we stack up right in the long run. Because when we look

We ask ourselves these

questions, but the answers

into the coals, at the end of a long day, it's our way of going home.

Listen to "Home Country with Slim Randles" on your local classic country music

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CLUES

ACROSS

- 1. Stopped from sleeping 6. Emergency responders
- 13. Carl Jung's inner self 14. Old French coin
- 15. Approximately 16. Castrated bull
- 17. "Swan Lake" step 18. Relating to pond scum
- 19. *Great Depression state
- 21. *"The Maltese Falcon" author
- Row _-de-camp
- 25. Churchill's "so few" 28. *Subject of "Reefer
- Madness
- 30. Herpes
- shingles 35. Cain's victim
- 37. *Johnny Vander Meer and Ernie Lombardi 39. Go "Boo!"
- 40. Shower with affection 41. *Now demoted planet
- identified in 1930 43. Antioxidant-rich berry
- 44. Insect, post-metamorphosis
- 46. Slang for heroin
- 47. College cadet program 48. Elongated shape
- 50. Shining armor 52. Fifth note
- 53. One less traveled 55. Loudness knob 57. *First FIFA World Cup
- location
- 61. *FDR's brainchild
- 65. Linoleums, for short 66. Hole-in-one
- 68. Mr. Simpson to Marge
- 69. *Seabiscuit sound 70. QB exclamation
- 72. *Johnny Hodges and Jimmy Dorsey played it
- 73. Group of exercises 74. In the Queen of Hearts'

C StatePoint Media

34. *Third

36. Building block

42. Nose of a missile

45. Military offensive

49. India's smallest state

54. Nursemaids in India 56. Parkinson's disease drug

58. Cambodian currency

_ of measurement

61. Remaining after deductions

62. Another spelling for #4 Down

63. *"It Don't Mean a Thing (If It

64. *Colbert showed them in "It

Got That Swing)"

Happened One Night"

67. Pool shark's weapon

51. Disinterested response

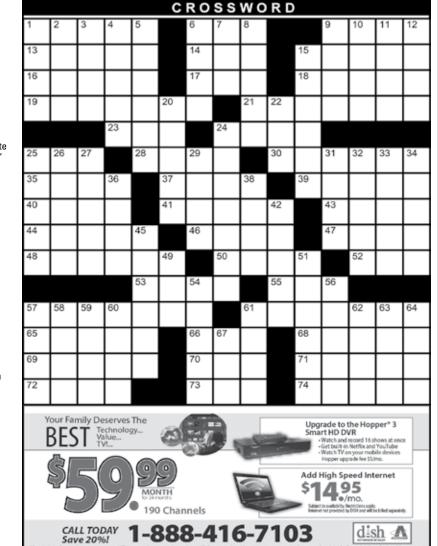
38. Just for men

57. Arm bone

60. 1960s boots

DOWN

- 1. Yellowjacket 2. Cognizant of 3. Capital on the Dnieper
- 4. Mideast V.I.P. 5. Limited in scope
- 6. Sports award 7. Bygone bird
- 8. Uncooked seafood "The Mummy" or "City Lights"
- 10. Egg on 11. *Cab Calloway's improvised
- sinaina 12. *Gandhi's
- 15. Brooches with low relief carving 20. Pipsqueak
- 22. Wood-shaping tool 24. Cited as evidence
- 25. *Dominant mass media in the 1930s
- 26. Mushroom cloud maker 27. Prenatal
- 29. Snaky swimmers
- 31. Melee memento 32. Fiesta fare 33. One of the Muses





Fill in the blank squares in the grid, making sure that every

8

For Solutions See Page 6

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By Marlys Johnsen Norris, **Christian Author**

When we claim to believe in God and call ourselves Christians we become acutely responsible and accountable for every word we speak or write, as well as actions we do in front of anyone. We claim to have Jesus in our heart and life, therefore our ultimate purpose is to learn what He teaches and just how He lived and loved in his life before the world. All of us need to learn how our lives exemplify and express the love of God to others?

(Note, if we have someone who really loves us and has journeyed with God many more years, often they will point out our weak area. Their hope is that we will take the hint and grow spiritually in a specific area where it is desperately needed. Regretfully, sometimes the person is not yet ready! I know because it happened to me but

"Accountability"

God's Spirit taught me the truth.!)

How did Jesus exemplify the love of God for all of us? Why was He so different from us as a man and woman? And how was He different? What did He say or do that made a profound difference? Why and what made Him the Savior of the world? How are we as a Christian to exemplify His perfect love in our lives?

Just how do we add up? Of course we fail from time to time because our human nature has not yet been transformed, healed and changed by the love of God. Others do see it clearly and often try to help us realize we need to do something different in our lives. We must become mature and accountable for everything we do, act and

God's enemy is at work to bring about problems into all lives. He attempts to make us unfaithful and discredit the existence of God in our lives. He is losing the battle! The battle is not about you! God is on our side and it is our job to praise Him in-spite-of problems we will face.

The focus of our lives must not be "me, myself and I" but *the One* who is Sovereign and loves us with a divine purity of love! Once we fully understand that concept of true love God has for everyone,

God's Holy Spirit has reached our inner-spirit. We see what we need to do! And out of obedience, we do it! We are to obediently enrich our lives because of His (and others) personal love and concern for us to become just like His blessed Son, Jesus. Father God is praying with His Agape love for us all the time.

There are times when we need to quit reacting and be totally blind to the actions of others.

Love is always giving more and never keeping score!

"Love takes no account of the evil done and gives no attention to the suffered wrong." (I Cor 13:5)

Amplified Bible reads: "God's love in us does not insist on its own rights or its own way, for it is not self seeking; it is not touchy or fretful or resentful; it takes no account of evil done to it pays not attention to a suffered wrong."

We can almost hear the angels of God sing "Hallelujah" when we surrender and submit to His call to change any area of our life. Marlys Johnsen Norris

Award Winning Christian Author of 7 Books 'MESSAGES IN THE DUST FOR THE SEARCHING SOUL"

Marlysjn@gmail.com



By Pastor Ray Dare

A lot of people spend their lives worrying about tomorrow. They never enjoy today because they're worrying about tomorrow. Why? Because we don't know what's going to happen tomorrow. But when you make Jesus Christ is your Shepard you need not fear, Psalm 23:6

Because Goodness will follow you. "Surely goodness will follow me all the days of my life." What does he mean by that? Obviously David had disappointments in life. Not everything good happened to him. He's not saying, "Surely, only good things are going to happen to me." That's not true. Bad things happen to good people. He's saying only goodness will follow. Good things will always come out of whatever happens even the bad, the evil, the difficult; God will

Encouraging Words

Why You Need Not Fear

insure that good will come out it; somehow, someway at some

Because Mercy will follow vou. Not only goodness will follow you but "...mercy will follow me all the days of my life." Mercy means that when you're going through a tough time, a valley, a difficulty -- even one that you've brought on yourself --God is there to help you out.

As a parent have you ever followed your child around picking up after them? God is constantly picking up our messes. When you make a mistake, things you get out of order and mess up. God is behind you, picking it all up, putting it back together, working it all out. That's mercy.

Heaven is waiting for you. ... and I will dwell in the house of the Lord forever." God says, "I've got this great life planned for you and surely goodness and mercy will follow you through it, but that's not the end! With God it just keeps getting better and better. The best is yet to come!

I encourage you to read the 23rd Psalm today. When the Lord is your shepherd, you don't have to fear anything. You don't need to fear poverty because you'll have everything you'll need. You don't need to fear loneliness, for He is with you. You don't need to fear mistakes, for He guides you on the right path. You don't need to fear failure, for He restores your soul. You don't need to fear the future, because goodness and mercy are going to follow you all the days of your life. You don't need to fear death, because you will dwell in the house of the Lord forever. God is beneath you in green pastures. He is beside you in still waters. He is with you in the valley. He is around you in the presence of your enemies. He's upon me anointing your head with oil. He is before you leading you in the right paths. What more could you want? That covers it all. Jesus is all you need. The Good Shepherd provides protection, provision, peace, providence, His presence, and paradise. That wraps it all up!

Pastor Ray New Beginnings Church 10am Sundays, You're invited! www.NBC4U.org

SMUD Board Appoints Three Unopposed Candidates

SACRAMENTO REGION, CA (MPG)

- Acting at the request of county voting officials, the Sacramento Municipal Utility District (SMUD) Board of Directors appointed two incumbent Board members and a first-time Board member to serve as SMUD directors because no other candidates filed to challenge them in the November election.

At a special meeting Monday evening, the Board appointed Gregg Fishman (Ward 3), Dave Tamayo (Ward 6), and Heidi Sanborn (Ward 7). Fishman and Tamayo are unopposed incumbents, while Sanborn ran unopposed for the Ward 7 seat, from which current Director Bill Slaton is retiring at term's end.

establishes an appointment procedure for municipal utility districts if no candidate or only one candidate files for candidacy by 5:00 p.m. on the 83rd day before the election (August 15th). The law requires the Board to make the appointment no later than August 22nd. Although the Board made the appointments yesterday, the appointed directors will not take office until January 1, 2019.

The rationale behind the legislation is to spare SMUD customers the expense of an election in the event that a candidate is running unopposed.

Last Thursday, SMUD received

Legislation enacted in 2014 a Certificate of Facts notice from the county stating that only one candidate each had filed for SMUD Board Wards 3, 6 and 7, and requesting that the Board make the appointments.

> The SMUD Board of Directors represents seven wards, different geographic areas, in SMUD's service territory. They cover all of Sacramento County and small adjoining portions of Placer and Yolo Counties.

> More information about the SMUD Board of Directors, and locations and boundaries of the represented wards is available at smud.org/Board.

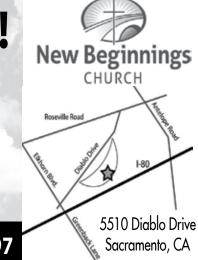
Source: SMUD

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www.EastLawn.com

Railroad Museum Encourages Interested Volunteers to Attend Special Open House



including weekend excursion train operations, track construction, restoration and maintenance, even clerical work. Photo courtesy California State Rairoad Museum

SACRAMENTO, CA (MPG) - All aboard for inspiration! California State Parks, the California State Railroad Museum & Foundation and Old Sacramento State Historic Park (SHP) are now recruiting adults (18 or older) who are interested in volunteering to help communicate the West's fascinating heritage of railroading and the California Gold Rush. For those interested, a special, drop-in Volunteer Open House is scheduled for Saturday, September 8, 2018 from 1 to 3 p.m.in the Stanford Gallery located at 111 I Street in Old Sacramento (next door to the California State Railroad Museum). Volunteer applications are being accepted now through Friday, September 14, and will be followed by an interview and selection process

before training begins.

Each year, more than 500 men and women volunteer for the California State Railroad

FOR 8 PEOPLE

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Museum's programs – including weekend excursion train operations, track construction, restoration and maintenance, even clerical work. A background in history is not required to become a volunteer. In fact, most of the volunteers in the popular program began with little knowledge of railroads or the Gold Rush. As individuals become more familiar with the Museum's varied and frequent programs, many volunteers take on additional responsibilities, such as conducting research or giving talks to community organizations. New docents can choose to work in the Museum interacting with visitors from around the world, working in the railroad restoration shops on rare and unique railroad equipment, work on the Sacramento Southern Railroad, or other jobs in this dynamic and fun environment.

Volunteering represents a serious commitment of at least 84 volunteer hours annually, but the hours are flexible and the rewards can be tremendous. Docents receive perks such as a discount at the Museum Store, preferential and/or early access to selected special events, and the pride of working at North America's finest and most visited railroad museum that is also a proud Smithsonian Affiliate. Volunteer applications can be downloaded at http://www.parks. ca.gov/?page_id=25583 and completed forms can be emailed to allaboard.csrm@parks.ca.gov or mailed/delivered to the Volunteer Coordinator, California State Railroad Museum, 111 I St., Sacramento, CA 95814. For more information, please call 916-445-0269 or visit www.californiarailroad.museum.

Source: T-Rock Communications

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Get a Job Kit Program Graduates Formerly Homeless Women



The latest graduates of Women's Empowerment's Get A Job Kit paid training program stand with their certificates as they celebrate the program's 100th graduate. Photo courtesy KTC

SACRAMENTO REGION, CA (MPG) -

Women's Empowerment's paid training program, The Get A Job Kit, celebrated its 100th graduate in July. The program also graduated its first two lead supervisors who will oversee production. The Get A Job Kit provides formerly homeless women with 120 hours of training in production, customer service, quality assurance, forklift operation, shipping and receiving industries. Over four weeks, trainees are paid to assemble the Get A Job Kits to fill customer orders while receiving hands-on training, performance evaluations and relevant job experience. Women's Empowerment is one of the only nonprofits in Sacramento providing paid job training to formerly homeless women, allowing women to gain financial stability while getting the work experience they need to succeed. More than 70 percent of The Get A Job Kit graduates have secured stable employment.

"We serve many homeless women who are ready to work

but lack current job experience or have been out of the workforce for more than three years. The Get A Job Kit offers an innovative solution to this problem, providing women with handson training, invaluable work experience and a paycheck," said Lisa Culp, executive director, Women's Empowerment, "I could not be more proud of the 100 women who have worked hard in this program and now are more prepared than ever to land a job that supports their families." The Get A Job Kit was

launched under Women's Empowerment's name in 2014 after the business was donated by local entrepreneur Shirley Willey who created and ran the business for nearly 25 years. The Get A Job Kit has appeared on The Oprah Winfrey Show and CNBC, and in the Wall Street Journal, Washington Post and Los Angeles Times. The awardwinning kit is an all-in-one career organizer designed to help organizations across the country empower job seekers of all

ages and backgrounds. All profits from the sales of The Get A Job Kit are reinvested in the program, ensuring homeless women can continue accessing this vital paid training. Since launching the small business, Women's Empowerment has sold more than 20,000 kits to Career Technical Education programs, high schools, veteran programs, nonprofits, vocational and technical colleges and anti-recidivism programs. For more information or to purchase The Get a Job Kit: www.getajobkit.com.

"The Get A Job Kit was the next step I needed to regain my confidence and fill that gap in my resume," said Get A Job Kit graduate Kristin Hawkins who is now working as a property manager of a 48-unit community where she now lives. "And to receive a paycheck was so helpful. I really earned that paycheck by working hard every day."

For more information: www. womens-empowerment.org.

Source: Kristin Thébaud

Communications





Six District Attorneys Unite to Consolidate Golden State Killer Case in Sacramento County

13 Additional Charges Filed

SACRAMENTO COUNTY, CA (MPG)

- Sacramento County District Attorney Anne Marie Schubert announced today that the case against Joseph James DeAngelo, 72, Citrus Heights, will be prosecuted jointly in Sacramento County, where the defendant is being housed after his arrest on April 24, 2018. This joint prosecution will involve Contra Costa, Orange, Sacramento, Santa Barbara, Tulare, and Ventura Counties. An amended complaint charging all crimes together in one case, as well as 13 counts of kidnapping to commit robbery, was filed today in Sacramento Superior Court.

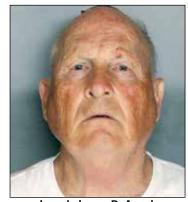
DeAngelo now faces 13 felony counts of murder with special circumstances allegations of multiple murders, murder during the commission of rape, robbery, and burglary. DeAngelo was charged today in an amended complaint with 13 felony counts of kidnapping to commit robbery with sentencing enhancements for personal use of a firearm and personal use of a knife during the commission of the offenses. He faces a minimum sentence of life in state prison without the possibility of parole. DeAngelo is expected to appear in Sacramento County for arraignment on Thursday, August 23rd at 1:30 p.m. in Department 61.

In announcing this decision, District Attorney Schubert stated, "The joining of this case in one county is in the best interest of victims, the efficiency of the case and the fair administration of justice. I look forward to all counties working together collaboratively in seeking justice in this case."

Circumstances of the Case

Contra Costa County – District Attorney Diana Becton

Four felony counts of kidnapping to commit robbery with sentencing enhancements for personal use of a firearm and



Joseph James DeAngelo

personal use of a knife.

Between Oct. 7, 1978, and June 11, 1979, DeAngelo is accused of kidnapping and carrying away four women to commit robbery.

Tulare County – District Attorney Tim Ward

One felony count of murder with a sentencing enhancement for personal use of a firearm

• On Sept. 11, 1975, DeAngelo is accused of murdering Claude Snelling during an attempted kidnapping of the victim's daughter from their home.

Sacramento County -District Attorney Anne Marie Schubert

Two felony counts of murder with a sentencing enhancement for multiple murders and personal use of a firearm

• On Feb. 2, 1978, DeAngelo is accused of murdering Kate Maggoire, 20, and Brian Maggoire, 21 as they walked their dog in their Rancho Cordova neighborhood.

Nine felony counts of kidnapping to commit robbery with sentencing enhancements for personal use of a firearm and personal use of a knife.

Between Sept. 4, 1976, and Oct. 21, 1977, DeAngelo is accused of kidnapping and carrying away nine women to commit robbery.

Santa Barbara County -District Attorney Joyce E. Dudley

Four felony counts of murder with a sentencing enhancement for multiple murders, personal use of a firearm, and special circumstances sentencing enhancements for murder during rape, and murder during burglary

- On Dec. 30, 1979, DeAngelo is accused of raping and murdering Debra Manning, 35, and Robert Offerman, 44, of
- July 27, 1981, DeAngelo is accused of murdering Gregory Sanchez, 27, and Cheri Domingo, 35, of Goleta.

Ventura County – District Attorney Gregory D. Totten

Two felony counts of murder with special circumstances sentencing enhancements for multiple murders, murder during rape, and murder during robbery

On March 13 to 16, 1980, DeAngelo is accused of raping and murdering Charlene Smith, 33, and murdering Lyman Smith, 43, of Ventura.

Orange County – District Attorney Tony Rackauckas

Four felony counts of murder with special circumstances sentencing enhancements for multiple murders and murder during the commission of rape, robbery, and burglary.

- On Aug. 21, 1980, DeAngelo is accused of murdering Keith Harrington, 24, and raping and murdering Patrice Harrington, 27, of Dana Point.
- On Feb. 6, 1981, DeAngelo is accused of raping and murdering Manuela Witthuhn, 28, of Irvine.
- On May 5, 1986, DeAngelo is accused of raping and murdering Janelle Cruz, 18, of Irvine. Source: Sacramento District Attorney

The Shift
Do we see people as real people? Sounds funny doesn't it? So let's explore what that really means. Maybe it's how we judge people in the unlikeliest place... maybe a worker in a nursing facility where pay is low and the work is not the prettiest way to make a living. Kimberly White made a discovery in her research for her book when she visited a nursing care facility. There is a profound effect when you see people as real people not defined by perhaps what they do for a living. So she put all her findings in "The Shift" How seeing people as real people changes everything. The shift is rooted in the philosophies of the Arbinger Institute, a global organization that helps individuals, teams and companies move from an inward to an outward mindset. Shifting in this way changes everything for the better between relatives,

POPPOFF!

with Mary Jane Popp

coworkers, colleagues, and even neighbors. She told me on my POPPOFF Radio Show that it changed her life, and it can change yours too.

So how can you start?

1) ASK WHAT DO YOU **NEED?** When we meet someone, one of our first thoughs is,"What do I say?" But when we do this, we're thinking about ourselves... we're focusing on what's comfortable or not embarrassing for us. Kimberly said the staff members she met in the nursing facilities weren't thinking "What do I say?" They were thinking 'What do you need?" They were focused on how they could help, and they were enriched by it.

2) PAY ATTENTION. Sometimes the shift can happen just by being around people and paying attention. When you choose to be around others, you have the opportunity to see things in a new and different light, but it requires you to be open and present. If you manage or lead people, immersing yourself among your people is especially important. A leader who is leading people must know them...their strengths, weaknesses, and preferences to be able to make right decisions for them as workers. The best leadership isn't from on high. It is alongside.

3) LOOK THROUGH THEIR EYES. Sometimes being around people isn't enough, especially when we are entrenched in selfabsorption. When proximity doesn't work, spend a few minutes thinking about the inner life and motivations of the people around you. In a work scenario, ask yourself if you know your staff's names?" What do you know about their lives? Have you ever asked them what makes their job hard? This question serves as a way to get to know your staff and identify the crucial issues that create frustration. It also opens up a discussion to solve issues, which benefits

Maybe we can ask versions of these questions in our personal lives too. The answers begin to reveal the inner life of the person you are talking to...what he or she cares about, feels stymied by, or struggles with. It might change how you view a situation or perhaps even how you view your spouse. Who knows? It might change your life too. ★

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Sacramento County DA Reports



DATE: August 16, 2018 CASE: Richard Russell Harden (Case

#09F01356)

PROSECUTOR: Deputy District Attorney Satnam Rattu, Homicide Unit Richard Russell Harden was convicted

by a jury of the second-degree murder of Evaristo Ramirez and assault with a deadly

On February 16, 2009, Richard Harden walked into the Home Depot on Folsom Blvd. and attacked an employee with a hammer. Harden was booked into jail and placed in a cell with Evaristo Ramirez. The next day, Ramirez was found unresponsive in the cell. An autopsy revealed that Ramirez was strangled to death and had multiple blunt force injuries to his head and torso.

Harden faces a maximum sentence of 19 years to life in prison. Sentencing is set for September 14, 2018, at 9:00 a.m. in Department 19 before the Honorable Ernest Sawtelle.

Defendant Sentenced for Series of Armed Robberies

DATE: August 17, 2018 **CASE:** Taher Farraj (Case #17FE007880) **PROSECUTOR:** Deputy District Attorney

James Wax, Career Criminal Prosecution Unit The Honorable Tami Bogert sentenced Taher Farraj to 31 years and 8 months in prison. On June 6, 2018, a jury convicted Farraj of three counts of robbery. The jury also found true gun use and intentional discharge of a firearm allegations. Prior to trial, Farraj pled to being a felon in possession of a firearm and being a felon in possession of ammunition.

On April 15, April 18 and April 24 of 2017, Farraj robbed the same convenience store on Fruitridge Road while armed. Farraj would either ask for change or make a purchase to get the clerks to open the cash register. He would then pull out a silver revolver and grab money from the registers. During one of the robberies, Farraj fired the gun off at the store ceiling. The three robberies were captured on surveillance cameras inside the store. A probation search of Farraj's residence and car revealed clothing that matched the clothes worn by the suspect during the robberies and a .22 caliber silver revolver, which was loaded with 6 rounds.

Farraj has prior convictions for being a felon in possession of a firearm and the sale/

Gang Members Convicted of Gun Possession

DATE: August 20, 2018

CASE: Raheem Thomas, Adrien Hines, Isaiah Taylor (Case #18FE002528

PROSECUTOR: Deputy District Attorney Nicholas Johnson, Targeting Armed Recidivist Gang Enforcement Team (TARGET)

Raheem Thomas and Adrien Hines were convicted by a jury of being a felon in possession of a firearm with a gang enhancement. Isaiah Taylor was convicted of unlawful possession of a firearm with a gang enhancement.

On February 7, 2018, Sacramento County sheriff's deputies had information that Raheem Thomas had an outstanding warrant. When deputies contacted Thomas, he was in the driver's seat of a parked vehicle. When they went to remove Thomas from the vehicle, they found a semiautomatic handgun on the front passenger floorboard. The firearm was fully loaded with a round in the chamber. Thomas later stated that he was a gang member, but denied knowing about the firearm. Adrien Hines and Isaiah Taylor were with Thomas at the time. Hines later gave a statement that the gun will have his DNA and fingerprints on it, but denied owning, using or knowing it was in the vehicle. Deputies also found a firearm in Taylor's front left pocket. The firearm was fully loaded with a round in the chamber. Taylor later gave a statement admitting the gun was his, and that he was a gang member.

Additional allegations that Thomas has a prior 2016 conviction for carrying a concealed gun for the benefit of a criminal street gang and that Hines has a prior 2016 conviction for discharging a firearm at an unoccupied vehicle and a prior 2014 conviction for inflicting corporal injury on spouse will be determined at the sentencing hearing.

Thomas faces a maximum sentence of 17 years in prison. Hines faces a maximum sentence of 16 years in prison. Taylor faces a maximum sentence of 7 years in prison. Sentencing for Thomas and Taylor is set for September 12, 2018, at 9:00 a.m. Hines will be sentenced on October 5, 2018, at 9:00 a.m. Both sentencings will be in Department 39 before the Honorable David Abbott.





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CHEERS JEERS

by Damian Holbrook

Jeers to MTV

for checking into the Lohan Beach Club. Just when we thought the Jersey Shore was the lowest tide reality TV could wade into, here comes a shallow new "unscripted" series centered on professional train wreck Lindsay Lohan and her efforts to build a resort in Greece. So. Not. Fetch.

Jeers to PBS

for sticking a fork in The Great British Baking Show. Now that the near-perfect food-porn import from across the pond is airing on commercial television in the U.K., it's looking highly likely that the season that just ran in the U.S. on public TV was our last serving. That's a hard one to swallow.

Cheers to Nashville

for going out on a high note. The country-fried soap wrapped its run with relatively happy endings for all, including fans, who got one last encore from Connie Britton's late Rayna Jaymes (pictured) when she visited Deacon (Charles Esten) in a daydream before joining the cast in a farewell sing-along.

Cheers to Making It

for being craftier than your average DIY show. In addition to giving us a Parks and Recreation reunion, NBC's how-to competition hosted by Amy Poehler and Nick Offerman is a joyful celebration of creativity, with contestants who are both gifted and supportive of their fellow artisans.



Connie Britton as Rayna Jaymes in

sisters—this trio including a half-sister the others had no idea existed until the show begins. It's possible there will be callbacks to the original series within the new show's mythology, but such things would likely go over this casual observer's head. I get that die-hard fans of the original *Charmed*, which went off the air more than a decade ago, would be skeptical. But the CW is betting on nostalgia for the good old WB days— which may also partly account for the Buffy reboot also in development—to spark interest in this. Conjuring up a new/

Local Artist Sparks the **Creative Process in Fairgoers**

By Elise Spleiss

SACRAMENTO REGION, CA (MPG) - While visiting the Fine Art Exhibition at the California State Fair this year people were gathering around a man tossing clay into the crowd, telling them to, "Make something." He let participants know that it was a judgement free zone. Chris Thompson volunteered every day of the fair, inviting young and old to join in the act of creating something from a lump of clay. Thompson was the featured representative of

promotes three-dimensional art. He shared how his own love of making things with clay began at the age of nine when his mother tossed him a hunk of porcelain clay. He was hooked.

a local sculpture group, Valley

Sculpture Artists (VSA), which

"People return year after year to see Chris in action," said Sue Foster, President of VSA, the sponsor of the booth showcasing a variety of sculptures created by members. "Chris has the gift of engaging people in the creative process. He tosses a small piece of clay to onlookers with an invitation to make something; and they do."

Surprising numbers of children and adults lingered while working their clay - some for up to 20 minutes. When they finished, Thompson invited them to keep it or add their sculpture to what has become known as the "ArtValanche." It is art until the time a portion crashes to the ground (which it did at least 40 times), then it is an avalanche. He carefully retrieves each piece and places it back on the mountain of creations, some intricately crafted with striking detail.

Thompson estimated approximately 18,000 fairgoers had accepted his 'clay experience' during his 19 days at the fair, turning over 1,000 pounds of clay (donated by Alpha Ceramics) into their own works of art. He noted



Chris Thompson, clay artist extraordinaire, behind his "ArtValanche" at the Valley Sculpture Artist's booth at the California State Fair Thousands of tiny clay sculptures were created by over 18,000 fairgoers and added to he booth he manned for 19 days. Photo by Sue Anne Fos

the incredible amount of energy put into each piece.

He also noticed that many of those who seemed the least excited to accept his challenge, claiming that they weren't artists, produced some of the best tiny sculptures.

Thompson is not new to sharing his love for art with his community. He received the Artist of the Year Award from the Sacramento Arts and Business Council after facilitating a five county project creating "A Thousand Bowls to Feed the Hungry" in 2013. He tossed and shaped the bowls and local art organizations volunteered to glaze and sell them. This project helped to raise awareness for the arts while yielding over \$42,000, which was donated to local non-profits. In addition, Thompson recently received the

prestigious 2018 Don Herberholz

Award for Sculpture.

When not creating and exhibiting his own ceramic art, Thompson teaches classes to children and adults at A.C.A.I., an up and coming gallery in Fair Oaks. He is a celebrated ceramic artist and member of Valley Sculpture Artists.

Visitors are welcome to visit Allied Ceramics Art Institute and Gallery (ACAI) located at 7425 Winding Way in Fair Oaks. A new show of exciting pieces begins each third Saturday of the month with an artist reception from 6 p.m. to 8 p.m. Hours are Wednesday-Friday from noon to 4 p.m. and Saturday from 11 a.m. to 3 p.m. Admission is free.

For more details visit websites: www.sacramento365.com and www.acaistudios.com or email: information@acaistudios.

BY MATT ROUSH TV Guide Senior Critic

ANY NEWS ABOUT THE **CHARMED REBOOT?**

Question: As a fan of the original Charmed, I am very doubtful about the reboot. But sake of seeing what all of the fuss is about. I want to be sure I understand the concept. Since it's a reboot, this means that the show is basically starting at the beginning of a similar story with different characters. Right? But is this story set in the same

world as the original Charmed Charmed? Do the Halliwell sisters exist in the universe of this show?— Elizbeth

Matt Roush: Basically, the I may check it out just for the idea here is: Same premise, new story, characters and setting. As far as I can tell from the pilot episode (all I've seen, and am likely to see until it premieres in mid-October), there is no direct connection between the Halliwell sisters of the original series and the reboot's Vega

old version of *Charmed* is how this genre tends to operate.

To submit questions to TV Critic Matt Roush, go to: tvinsider.com

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WELLNESS CANNED DOG FOOD Natural 12.5 Oz Can Full Case Limit 2 Cases 30 Lb Bag IAMS

•Mini Chunk •Large Breed Adult •Lamb Meal & Rice •Weight Control Limit 2 bags per family PEDIGREE •Adult •Grilled Steak & Veg Limit 1 Bag Per Family 50 Lb Bonus Bag

MEOW MIX

Original Choice 16 lb Bag \$**10**99 Limit 2 Bags Per Family

PLUSH CAT FURNITURE Also: •CRS •Alpine Trees Ware Lots of Selections Asst. Styles

•Adult •Adult Mature (Light \$33.99)

16 Lb Bag Limit 2 Bags Per Family

CADET RAWHIDE SALE

CHUCK IT FETCH GAMES •Ball Launchers
•Flying Squirrel •Tennis Balls
•Glow Balls •Ultra Balls **OUR SUPER LOW PRICES** Fetch Toys All Varieties

PREVUE PET PRODUCTS **Varieties** OUR SUPER LOW PRICES

18 Lb Bag

10 lb Baa

J&W All Varieties GripSoft Varier
GROOMING PRODUCTS

•Brushes •Deshedding Tools

•Flea Comb •Nail Clippers

BONUS COUPON

FANCY FEAST

TETRA BOXED WITH STARTER KIT

GLASS TANK 20 Gal LED Deluxe.... 29 Gal LED Deluxe **\$112.99** 55 Gal LED Deluxe

MARINELAND POWER FILTER SALE MODEL TANK SIZE PENGUIN 100B20 Gal. PENGUIN 200B . PENGUIN 350B . .50 Gal. *75* Gal

KENT MARINE WATER 20% OFF SUPPLEMENTS OUR SUPPLEMENTS 50 Gal. Salt Mix

BONUS COUPON **ELEGANT MEDLEYS CANNED CAT FOOD**

Limit One Coupon Per Family Price Valid Only With Coupon Effective 8/22/18 - 8/28/18 PLU 568

CLASSIC BROTH 1.4 Oz - All Varieties Limit 3 Pkgs With Coupon

BONUS COUPON ARM & HAMMER **CAT LITTER DEODORIZER**

20 Oz Box Limit 2 Boxes with Coupon

FANCY FEAST Selected Varieties - 3 Oz Limit 6 Cans with Coupon

Limit One Coupon Per Family
Price Valid Only With Coupon

Limit One Coupon Per Family
Price Valid Only With Coupon CHM Price Valid Only With Coupon
PLU 377 Effective 8/22/18 - 8/28/18



By County Supervisor

Through the generosity of the

Every year, our Sacramento County Sheriff's are receiving more and more dispatch calls for people experiencing a mental health crisis. Unfortunately, far too many of these people don't get the help they need and wind up downtown in the Sacramento County Main Jail for a few days because our officers don't have any other

The obvious answer, of course, is to send them support instead of send them to jail – which is exactly what Sacramento County started doing last year when my colleagues and I voted to approve funding for several Mobile Crisis Support Teams (MCSTs). I wanted to take the opportunity this month to explain to you exactly how these

Each time a service call comes in through 911 involving someone having a mental health crisis, a Sheriff's car with two people are dispatched to the scene that contains a Sheriff's Deputy trained in crisis intervention training, and a

Citrus Heights Community Update

An Obvious Solution to a Complex Problem

licensed senior mental health counselor. These pairs are permanent partners that ride together in 10 hour shifts.

When the MCST shows up to the scene, they immediately start talking with the person experiencing the crisis to determine what struggles they may have. They go into the situation explaining that they are just there to help, and the mental health counselor often physically shows that they do not carry any weapons on them to calm the situation down. They are then connecting them to services they may need like drug treatment, the brand new voluntary mental health crisis center, seeing a health counselor, or a variety of other things. A day or two later, a peer navigator is reaching out to them to further help connect them to necessary resources.

One of the teams that I recently spoke with told me that they have already seen the positive impacts of this program. Almost immediately they were reducing unnecessary arrests, decreasing involuntary mental health confinement in our jail, and making a real impact in homelessness (which are around 35-40% of the calls they receive). Non-MCST Sheriff's are even utilizing the program, as when they are out on the scene and see the MCST could be useful, they will call the MCST out to come help

The problem the MCST's are facing right now is that there are far too many mental health crisis dispatch calls than they can possibly handle. There are only two teams right now that cover north of the American River, and on top of that, they only work 4 days a week from 9am-7pm. One of those two teams is split between the Cities of Folsom and Citrus Heights. We need these teams to cover all hours of the day, seven days a week, and we need more of them.

That's why I am pleased to announce that the County is in the midst right now of hiring the senior mental health counselor who will be a part of the third team north of the American River. I recognize that we still need significantly more teams, but it is a step in the right direction and I believe that Citrus Heights will feel the difference.

Finally, I want to invite everyone to my next Citrus Heights community meeting on September 20th at 6:00pm at City Hall (6360 Fountain Square Drive). This is an opportunity for me to update you on what is going on in the county, and an opportunity for you to ask me questions. Thank you for reading - and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, Fair Oaks and Rancho Cordova.

Luxury Fades Barbershop Holds Grand Opening



CITRUS HEIGHTS, CA (MPG) - Kyle Singleton recently held a grand opening ribbon cutting at his new Luxury Fades Barbershop located at 6456 Tupelo Drive, Suite A-5, in Citrus Heights. He was supported by family, friends and many members of the Citrus Heights Chamber of Commerce. Photo courtesy Citrus Heights Chamber of Commerce

It's Back to School Safety Month

Continued from page 1

Overhead flashing yellow lights mean you should prepare to stop, hazards flashing yellow lights means drive with caution and overhead flashing red lights means stop. The law requires you to stop from either direction until children are safely across the street and the red lights stop flashing.

Everyone

- Always use the crosswalk at an intersection with a stop light or sign.
- Turn down the volume on your earbuds and don't text while walking.
- Stop, look, listen, then cross.
- · Obey all traffic laws, including following the posted speed

limit, which is usually 25 MPH in school zones but may be as low as 15 MPG.

No matter how children get to school, it is crucial that everyone pays attention, looks out for one another and takes these necessary safety precautions.

Source: California Office of Traffic Safety

CHPD Announces Promotion of Two Lieutenants to Rank of Commander

Continued from page 1

Services Divisions, as well as in the Office of the Chief. In addition, he led the Department's SWAT Team.

Commander Turcotte holds a Bachelor's Degree in Criminal Justice as well as a Master's Degree in Business Administration. He is a graduate

of the California Police Officer Standards and Training (POST) Command College for law enforcement executives. Commander Turcotte has served on a number of boards and associations and has been a repeat panelist at the University of San Francisco Law Enforcement Leadership Symposium. He has

received many awards and citations, including two separate awards for his role in resolving high-risk emergencies with the Department SWAT team. Commander Turcotte is a Past President of the Citrus Heights Rotary Club and currently serves as President of the Citrus Heights Rotary Foundation.





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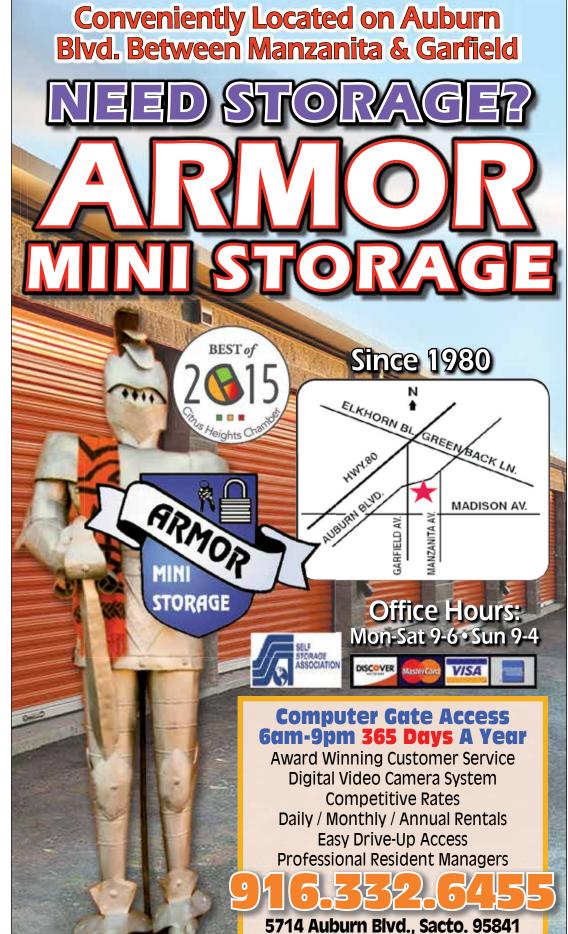




Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

option than to arrest them.

MCSTs work, what they have experienced since starting, and how we move forward from here.



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