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Citrus Heights "Written by the people, for the people"

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Serving the City of Citrus Heights & Sacramento County

MAY 11, **2018**

CAGOP CONVENTION WINNER: LT. GOVERNOR **CANDIDATE COLE HARRIS**



MOM'S FOREVER

GOLDEN STATE

KILLER UPDATE

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The Chorus Masters Gift

Dr. Kendrick Retires after 33 Years of Teaching

Special to MPG

SACRAMENTO REGION, CA (MPG)

- "Singing is a joyous experience," explained Dr. Donald Kendrick. "Choral music prepares you for life."

In August 1985, Dr. Kendrick accepted the position of Director of Choral Activities at Sacramento State University. For the past 33 years, this energetic Canadian has worked diligently to create an awareness of the power and importance of choral and orchestral music via three important pillars of our society - the Community, the State and the Church.

"33 years is a long time," admitted Dr. Kendrick. "I have seen so many students come together to perform beautifully."

Don's final gift for his 110 students and community members in his three Sacramento State choirs will be to provide them with an opportunity to partner with the Sacramento Choral Society & Orchestra. The students will have the rare chance to sing with a professional orchestra at the SCSO's season finale on Saturday, May 12 at the Sacramento Community Center Theater Praise and Jubilation.

Kendrick lovingly refers to this SCSO season finale as his downtown Sacramento State retirement party. There will be a post-concert reception in the Sacramento Community Center Theater lobby following the final performance.

This unique performance will



Dr. Don Kendrick and SCSO's season finale is on Saturday, May 12 at the Sacramento Community Center Theater: Praise and Jubilation. Photo by Ronnie Johnson

musical forces on stage will include 280 singers, three soloists and a 52-member professional orchestra. The main fare on the program is a West Coast première of American composer Dan Forrest's stunning Jubilate Deo. This work was only recently premiered in Carnegie Hall in 2016.

The rousing performance

also feature the Sacramento will feature seven languages Children's Chorus Director with projected supertitle trans-Alexander Grambow. The lations. The work brings to life the global aspect of the traditional Psalm 100 text "O be joyful in the Lord, all ye lands" by setting it in seven different languages and drawing from a wide spectrum of musical influences. Each movement combines some characteristics of its language-group's musical culture with the composer's own musical language.

In the first half of the program Kendrick has programmed Dvorak's Te Deum (Hymn of Thanksgiving), a work that he recorded with the SCSO and some of the Sacramento State students at the Liszt Academy in Budapest during their summer 2004 European Tour. Respighi's Ancient Airs and Dances will showcase the SCSO Orchestra to round out the concert.

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"Sanctuary State" Repeal Fails in Committee

SACRAMENTO, CA (MPG) - Senator Ted Gaines (R-El Dorado) announced April 25 that his Senate Bill 1219, which would have eliminated California's status as a "sanctuary state," failed to pass out of the Senate Committee on Public Safety.

"I'm extremely disappointed the Committee members chose to neglect our state's number one duty, which is to protect the safety of the citizens who reside here legally," said Senator Gaines. "Unfortunately, current laws have allowed the protection and harboring of illegal, criminal immigrants. Liberal Democrats have made a mockery of the rule of law. They have attacked the very foundations of the country. If we don't control our borders, we cease to be a nation."

Senate Bill 1219 would have eliminated California's status as a "sanctuary state" by removing data sharing restrictions between federal and local law enforcement jurisdictions.

Currently, California restricts data sharing between federal and local law enforcement agencies to shield illegal alien criminals from deportation, flouting federal law and endangering California citizens and law enforcement. Repealing the data sharing restrictions placed on California law enforcement agencies would have allowed them to provide the federal Immigration Control and Enforcement (ICE) the information they need to detain and deport illegal alien criminals.

Former Sacramento County Sheriff John McGinness, who testified in support of the bill, said, "Senator Gaines' bill would have provided much-needed clarity to California law enforcement, who are currently torn between conflicting state and federal regulations. It's an impossible spot to be in and it undermines public safety efforts around the state."

Senator Ted Gaines represents the 1st Senate District.

Source: Office of Ted Gaines



direct link to our online edition!





CarmichaelTimes.com

Second Annual 'Taste of Citrus Heights' a Big Success for a Good Cause

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - History deliciously repeated itself at the Citrus Heights Community Center on Friday, April 27. The ladies of the General Federation of Women's Clubs (GFWC) and the Citrus Heights Women's Club (CHWC) outdid themselves as they presented the second Taste of Citrus Heights.

This adults-only event brought attendees from all parts of Sacramento County and beyond, thanks to social media and Eventbrite online registration. It's the perfect opportunity to discover the smaller and more unique or out of the way food and drink venues in the community.

Kicking off the event, CHWC president Kristy Hernandez welcomed attendees. Kane Kissan of the Citrus Heights Police Officers Association (CHPOA) and County Supervisor Sue Frost, former mayor of Citrus Heights, also greeted the audience, speaking briefly about what they are working on to improve the police department and

City council members, along with Police Chief Ron Lawrence and staff, were spotted enjoying an evening of fun and relaxation.

Twenty-eight food, wine and beer vendors set up inviting displays of samples showcasing the best of what they offer at their places of business in Citrus Continued on page 3



Sammy's Restaurant and Bar showcased their best. Photo courtesy Jeremiah







Golden State Killer Update Sacramento Sheriff Receives "Smart

By Rich Peters, MPG Editor

Suspected

murderers

SACRAMENTO REGION, CA (MPG) - After coming up empty for four decades, detectives finally caught their suspect in the case of the Golden State Killer/East Area Rapist last month. Since the arrest of 72-year-old Joseph James DeAngelo Jr. of Citrus Heights an abundance of information has flooded news streams, but none bigger than law enforcement's usage of ancestry websites to finally track down the alleged serial

The FBI's access of DNA websites like ancestry.com and 23andme.com poses as a hot topic

The Grapevine

Laguna petitions

Members of the Committee for a Quiet Neigh

memoers or the Committee for a dutie reign-borhood began circulating petitions last week in the neighborhoods heavily impacted by the noise from the Laguna Grand Prix Raceway bordering highway 50. Early returns indicated the carriers were ob-taining over 90 percent success in gaining signa-tures on the petition which protests the noise from the receiver.

circulated



composite of the East Area Rapist suspect.

in its own right, which will eventually lead to a new direction in forensics, followed by new state and federal laws. But breaking down barriers and changing laws is nothing new in the case and search of the Golden State Killer and questions surrounding the controversial methods are already pointing at tracking down and solving the heinous crimes committed by the state's other terrifying murderer at large, the Zodiac Killer.

Since the arrest of DeAngelo, additional crimes have already been linked to him with more likely to come. The November 1978 slaying of Rhonda Wicht and her young son Donald wrongfully sent Craig Coley to prison for almost 40 years. Coley, who was dating Wicht at the time of the murder, was convicted and served time in prison until he was pardoned last November after Ventura County prosecutors no longer believed he committed the horrific crime because his DNA didn't match samples at the

Now authorities suspect that DNA might match up to DeAngelo. "It's within the realm of possibility that he could be a suspect in our case," said Simi Valley Deputy Chief Joseph May. "We've made a request for a DNA comparison to find out if the DNA they recovered from Mr. DeAngelo is consistent with the DNA that we have in our case."

On Thursday, May 3 Sacramento Superior Court Judge Michael Sweet ruled that there is no basis for stopping a search warrant, as requested by public defender Diane Howard, so the prosecution may collect additional DNA, finger prints and photos of DeAngelo's

SACRAMENTO REGION, CA (MPG) - In late March 2018, the Sacramento County Sheriff's Department was recognized by the Smart 50 Awards for implementing comprehensive and innovative strategies in working with our local homeless population and finding resources to address homelessness in our communities.

By Sergeant

Shaun Hampton,

Sheriff's Spokesman

The Smart 50 Awards, in partnership with Smart Cities Connect, Smart Cities Connect Foundation, and US Ignite, annually recognize global smart cities projects, honoring the most innovative and influential work. This year, primary categories included governance, mobility, energy, citizen life, and networks.

The Sacramento Sheriff's Department Homeless Outreach Team and Technical Operations Unit worked with software developer TerraGo to develop a mobile application to assist in reaching the homeless in our community. The application not only improves the quality of information for Sheriff's Department services but also makes detailed homeless data available to our partner agencies for smarter services and policymaking. Here is how it works.

This project provides digital transformation of field reporting procedures and by making outreach data readily available to community partners. It will improve near-term and long-term outcomes for homeless individuals, families, and the community.

The application replaces paper

forms and manual processes with smart mobile questionnaires and digital workflows. The mobile reporting app provides significant efficiency improvements for field officers over paper forms, manual data entry, and spreadsheets that were used previously. One of the most important benefits is

50" Award for Homeless Outreach

This project provides digital transformation of field reporting procedures and by making outreach data readily available to community partners. It will improve near-term and long-term outcomes for homeless individuals, families, and the community.

SERGEANT SHAUN HAMPTON SACRAMENTO COUNTY SHERIFF'S SPOKESMAN

the improvement of knowledge retention and information sharing as opposed to relying on the experience of individual officers. In the past, an officer's retirement or transfer to another assignment often meant the loss of a great deal of community knowledge regarding people in crisis and what services might be effective for assistance.

The ability to share detailed data on homeless individuals and families to our partner agencies, such as the Sacramento County Department of Human Assistance, Sacramento Steps

Forward, and California State University, Sacramento Institute of Social Research, enables insights and intelligence that will help provide optimal services and education beyond traditional baseline enforcement. Policies, education, and enforcement can be better shaped with data-driven facts to prevent homelessness and provide transition programs.

Questions such as primary and secondary reasons for homelessness, duration of homelessness. addiction to drugs or alcohol, treatment programs, education level, sources of income, willingness to accept assistance, and more will allow the Sheriff's Department Homeless Outreach Team and our partner agencies to create custom-tailored responses and strategies to provide services.

The Sacramento County Sheriff's Department Technical Operations team had already deployed hundreds of mobile devices as part of an ongoing strategy to transition to paperless reporting and enable mobile collaboration in the field. The Homeless Outreach Team mobile application now provides cloudbased collaboration and field data collection that is more efficient provides continuously improving data-driven knowledge and enables data analytics to identify solutions to problems, both nearterm and long-term.

The Sacramento County Sheriff's Department is proud of this achievement and continues to seek out additional technological advances to improve services to everyone in our communities.

from the raceway. The petitions will be delivered to the County Board of Supervisors as evidence of the growing resistence to the constant drone of the race cars. The Committee received an answer to their request LEGAL ADS FOR SACRAMENTO COUNTY? We Can Do That! No cameras were allowed in the courtroom. for a place on the agenda of the Board of Su visors when Clerk of the Board, Betty Poohar, DeAngelo was once again handcuffed to a Lall to place your legal advertising 916-483-229 wheelchair. He is still on the Psychiatric floor Facial composites and details from the Maggiore on heavy watch. murders in the March 22, 1978 issue of the Rancho All Legal Ads Published by Messenger Publishing Group MPG His next court appearance is set for May 14. ★

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Flaming Mountain Asian Fusion Holds Ribbon Cutting



CITRUS HEIGHTS, CA (MPG) - Flaming Mountain Asian Fusion held their grand opening ribbon cutting on Thursday, May 3. They are located at 8036 Greenback Lane in Citrus Heights. Owners Huachao and Yvonne Ruan cut the ribbon. Attendees included City of Citrus Heights Council Members Jeannie Bruins and Al Fox, City Manager Chris Boyd, Vance Jarrard of Sacramento County Supervisor Sue Frost's office, Citrus Heights Chamber Board Member John Casey, Citrus Heights Chamber Executive Director Cendrinne DeMattei, Citrus Heights Chamber Ambassadors, Sunrise Mall General Manager Christi Woodards and Marketing Manager Susie Rodgers, and Communications and Outreach Associate Breanna Niekamp of Sunrise MarketPlace. Photo courtesy Citrus Heights Chamber

Second Annual 'Taste of Citrus Heights' a Big Success

Continued from page 1

Heights and surrounding areas. For a donation of \$40 attendees were able to sample to their heart's content – and there were plenty of options to choose from.

Food vendors new to Citrus Heights were Lil' Blondie's Pizzeria, Dos Coyotes Border Café and Antojitos Locos Mexican snacks shop. Serving dessert were K & E Sweets and Nothing Bundt Cakes. Farm Fresh To You and Grocery Outlet offered samples of items that customers can have delivered right to their door.

Knee Deep Brewing Company and Wildcide Hard Cider returned with their craft beer for the second year in a row. If beer was not your choice, wine samples were being served by Boisset Collection Wine and RAD Margarita Machines offered up several flavors of frozen margaritas.

Live music was provided by Bobby Zoppi and the Corduroys, a self-described "modern country" band. Their easy-to-dance-to rhythms brought all ages to the dance floor.



Grocery Outlet offered samples of items that customers can have delivered right to their door. Photo courtesy Jeremiah Buechner

The evening ran smoothly thanks to the hard work of over two dozen volunteers from the GFWC Citrus Heights Women's Club, GFWC Orangevale Women's Club and the police department.

Funds raised will go to the CHPD for their second Wellness Day for all police officers, spouses and staff and to the CHPD Honor Guard for their needs.

Major sponsors of this event were the Citrus Heights Police Officer Association, Sue Frost, Sacramento County Supervisor District 4, the City of Citrus Heights, Sunrise Market Place and the Chamber of Commerce.

County Supervisor Frost said, "Today's law enforcement officials face complex issues and the Citrus Heights Women's Club was once again there to support. They drew hundreds of locals to raise funds that will train our local officers and support efforts to break the generational chains for families who experience domestic violence. It was a perfect example of the power of community engagement."

Citrus Heights Police Chief Lawrence thanked all who made the event happen: "On behalf of the Citrus Heights Police Department, thank you for your continued collaboration with CHPD. Your ongoing partnership and commitment to our First Responders is highly regarded and valued. Being a part of an event such as this reminds us why we do what we do. Thank you for being an inspiration to your local police; it means a lot to so many."

The Chorus Masters Gift

Dr. Kendrick Retires after 33 Years of Teaching

Continued from page 1

Kendrick feels strongly about having his choirs perform out in the community. For twenty-five years his three choirs performed in the beautiful acoustics of Sacred Heart Church in Sacramento. His December Procession of Carols is a tradition that we fervently hope Sacramento State will continue following Don's retirement.

For more than three decades Kendrick has demonstrated his mastery of creative concert programming. His impact as an educator and conductor has greatly enhanced the quality of life in our region and has resonated on a national and international level.

"I have so many happy memories. So many of my students went

on to perform around the world," said Dr. Kendrick.

The dedicated teacher of over three decades has enhanced lives through great music, bringing beauty, hope and inspiration to our community, but when asked what he learned over the years, Dr. Kendrick graciously replied, "Patience and understanding.

"The most important thing is that we have music in our lives – period," said Dr. Kendrick. "And we should bear in mind that we all have a voice."

Kendrick's Downton Sacramento State Retirement Party at a Glance

May 12th SCSO Season Finale - Praise & Jubilation

Event: Praise & Jubilation

Date: Saturday, May 12 at 8 PM
Pre-concert talk at 7 PM Doors

Pre-concert talk at 7 PM Doors open at 6:30 PM

Location: Sacramento Community Center Theater, 1301 L Street, Sacramento

Post-Concert Reception in the Sac CCT Lobby – Come join us.

Tickets: 916-808-5181

or sacramentochoral.com

\$43-\$53 – Students = 50% discount

Student Rush Seats (with ID) -\$10 – As of 6:30 PM on May 12th Information: 916-536-9065 (SCSO



Publisher, Paul V. Scholl

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Be sure to place in the subject field "Attention to Publisher".

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Office)

Serving Citrus Heights and Sacramento County Since 2006

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We are proud members of these newspaper associations.











Cendrinne DeMattei
Executive Director

National Small Business Week...All Year Long

Each year since 1963, the President of the United States has issued a proclamation to recognize and celebrate small businesses. This year, Small Business Week takes place April 30th – May 5th.

This is our opportunity to support local small businesses in the City.

The Chamber's membership is comprised of over 50% small business owners so we take this group seriously. We support sole proprietors and business owners with 9 or fewer employees in our small business category and they are a powerful force in our Chamber.

We understand the challenges that small businesses face from everyday operational struggles to overcoming hurdles in employment, tax and regulatory State and Government laws. To assist these businesses, the Chamber conducts regular government and economic development forums and educational sessions

In today's climate, many small business owners who work from home offices deal with isolation. We provide ample opportunity to mix and mingle with other businesses and individuals in the community through our monthly Luncheons, Coffee Networking Connections and After Hours Casual Connections events.

Costs for running a business can be prohibitive for the small business owner so we strive to offer free or low-costs ways to network, advertise and promote their businesses. Quarterly business mixers allow Chamber members to get in front of a large audience in a short amount of time. And speaking of time, one of the most precious commodity of a business individual is their time. The Chamber strategically designs and plans all events so that a variety of workday options to attend events is available. Business mixers are held after hours so the end of the workday can still be an opportunity to build one's business.

The Chamber doesn't just celebrate our small businesses' during a one week period but we showcase our businesses all year long. Want to know more about how we can help you grow? Call our Chamber Office and we'll be happy to show you at (916)722-4545.

Please join us in welcoming our newest members!

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• Upcoming Meetings and Events •

Chamber Monthly Luncheon

Tuesday, May 8th – 11:30am to 1:00p.m. Northridge Country Club Superintendent Kent Kerns Updates & Status of San Juan School District

Coffee Networking Connections

Tuesday, May 22nd, 8:00a.m. – 9:30a.m. Sponsored by: Union Bank & Evalon at Chamber Office 7920 Alta Sunrise Blvd., Suite 100

For More Information or to Join the Chamber,
Contact us at (916) 722-4545 or Visit our Website www.chchamber.com

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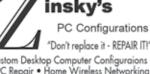
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Crossword Puzzle on Page 5

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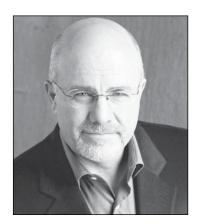
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Why not short-term disability?

Dear Dave,

Why don't you recommend having short-term disability insurance while doing the first three Baby Steps of your plan? It seems like a good time for it, when you're in the beginning stages of getting your finances in order.

-Rob

Dear Bob,

You could certainly do that if you want, possibly even through your place of employment. I'm a big fan of folks having long-term disability insurance when they're in their prime wage-earning years. But short-term disability is something I've always considered to be gimmick insurance, and that's something I don't recommend or buy.

I get the argument, too, that short-term disability coverage usually isn't very expensive.

Dave Says

But during the first two Baby Steps — getting a \$1,000 beginner emergency fund set aside, and paying off everything but the house — you're trying to limit expenses as much as possible. Chances are you wouldn't need it in Baby Step 3, because that covers your full emergency fund of three to six months of expenses.

Hope that helps, Bob! -Dave

Low vs. No

Dear Dave,

My husband and I are trying to buy a house, but we both have low credit scores, so we're having trouble securing a loan. We've heard you talk about getting a mortgage loan with no credit score. Is this the same as a low credit score?

-Laura

Dear Laura,

No, it is not. No credit score, means you don't have any credit or your credit score is "indeterminable." A low credit score indicates you've had — or still have — debt in your life, and you haven't done a good job of paying creditors on time.

Two things will help solve the

problem of having a low credit score. One is time. If you've had instances of late payments from years ago, time will help heal that to a degree. The older late issues become, the less they count against you.

But my guess is you two probably have some bad debt. By bad debt, I mean things that were never paid, or accounts that are in collections. If that's the case, you need to contact those people, and settle those debts in full — and in writing — as quickly as possible. Officially close the accounts, too, before you try to buy a home.

When it comes to buying a home, Laura, I always advise folks to first be debt-free and have an emergency fund of three to six months of expenses set aside.

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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CLUES

ACROSS

- 1. Dog show outcasts 6. Pose a question
- 9 Mr. Potato Head, e.g.
- tower
- 4. Holstein sound 15. Liable to cry
- 16. Was rebroadcasted
- 17. Pilot's deadline
- 18. Packers QB 19. *Where ATMs have
- instructions in Latin
- 21. Army bathroom 23. Surf turf
- 24. "At , soldier!" 25. Pat
- 28. University head
- 30. Pre-wedding agreement
- 35. Caspian Sea river 37. Like the fairy tale
- duckling 39. Pore in a leaf
- 40. Hindu Mr. 41. Intrudes
- 43. Month before Nisan 44. Perpendicular to the keel 46. "Pronto!"
- 47. Highway hauler
- 48. Magazine collection 50. Bike maker
- 52. Bro's counterpart 53. Start of a conclusion
- 55. Look through a scope 57. *Popular all-inclusive
- location, pl. 61. *Where to visit "the
- happiest place on Earth" 65 Yokel's holler
- 66. Crematorium iar 68. Dip a
- 69. General direction
- 70. Be indisposed 71. Jagged
- 72. Trees on Freddy Krueger's street
- 73. Spade for stony ground 74. Roller derby turf, pl.

DOWN

- 1. Type of nuclear missile 2. Eye layer
- 3. Legal wrong 4. *Orient Express, e.g.
- 5. On the same page 6. Echoed by the flock
- 7. Chronic drinker 8. *Down Under marsupial
- 9. Scorch __wig or 11. *Middle name of Shakespeare's
- hometown 12. Unit of force
- 15. *Taking the _ _, or going to Baden-Baden 20. Consumed
- 22. Pharaoh's cobra 24. Joins the military 25. *Location of world's tallest
- building 26. Omani and Yemeni
- __ in Toyland"
- 29. *Where to see Taj Mahal
- 31. #17 Across, pl.
- 32. Source of lymphocytes, pl.
- 33. Savory sensation 34. *Chunnel ride from London 36. *Party in Maui

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dish A Crossword Puzzle Solutions on Page 4

38. *Sydney Harbour is one of first to ring in the new one 42. Ancient fishing tool

45. Modus operandi 49. Female pronoun 51. In working order 54. Run-of-the-mill

56. Native New Zealander 57. Memory unit 58. Nobleman's title

C StatePoint Media

59. Throat-clearing sound 60. Flipside of pros 61. Unrivaled 62. *Vegas light 63. Floppy storage

64. Change for a five 67. *Home to Christ the Redeemer

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For Solutions See Page 4

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By Marlys Johnsen Norris, **Christian Author**

Those were amazing words spoken by Norman Vincent Peale many years ago. Reading them today sparked something within me, never thought about before and asked this question of myself "Am I really?" Possibly you are now asking that same question!

Today we hear the world around us questioning the sovereignty of

"You" Are a Miracle

God, not really knowing much in his own image, in the image of about the depth of His plan of creation, love or redemption. They don't know He is real and powerful to overcome the tactics of His enemy of doubt and lies.

Nor do they understand His divine plan when mankind was created to populate the earth and draw each one of us to personal knowledge of Himself providing "spiritual rebirth and the gift of eternal life" one day.

When Creator/God had progressed in creating the earth, landscape, and animals, He then decided to create beings in "their" likeness desiring fellowship. "And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air and over the cattle, and over all the earth, and over every creeping thing that creeps upon the earth. So, God created man

God." (Genesis 1:26-27)

God is a God of perfection and when He created man/woman/ animals/insects and every living thing, we were created with inner organs with the ability to procreate. Each a baby in their own likeness and aren't each the truly a "miracle"? Yes, Each one of us are a Miracle birthed in the heart of a loving God.

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By Pastor Ray Dare

The walk of faith is not a walk that doesn't include struggle and difficulty. I wish I could tell you that it didn't. But it includes adversities that we all have to face. And what you need to understand is, God will use what you go through to bring you out stronger and greater, with a greater commitment toward Him.

God doesn't cause the problem. The storms of life are impartial. Rain falls on everyone. So, when troubles happen it's no time to blame God and whine and cry and say, "Why me God?" and get bitter. It's no time for that. It's time to get stronger spiritually. It's time to stay in church. It's time to be more devoted to God, to turn your attention toward God.

You see many times the struggle is what gives us strength. Many times, that's the way God

Encouraging Words

Let the Struggle Make You Stronger

has ordained it. God wants to use not changing how big they are, the problem. So, in your struggle, in your difficulty, don't run away from God. Use the struggle as a stepping stone to get closer to God.

In Psalms 4:1, David said, "Hear me when I call, O God of my righteousness, you have enlarged me when I was in distress." I want to call your attention to that phrase: "you have enlarged me when I was in distress." In your tough time, in the storms of life, when things aren't going your way, you need to understand how God can enlarge you, how He can enlarge your confidence, enlarge your strength, enlarge your faith, enlarge your commitment to Him. But understand this; God enlarges you when you enlarge Him.

David said in Psalm 34:3 (KJV) "O magnify the Lord with me and let us exalt his name together." Do you know what magnify means? To magnify means "to make bigger or to enlarge in perspective." When you magnify something, you don't change its reality; you change your perception of its reality in your life. So, if you magnify your problems, you're

you're changing your perception of how big they are. When you magnify God, you're not changing how big He is; you're changing how you perceive Him. How much bigger He is in your own life. And it's so important in the storms of life to magnify God and don't magnify your problem.

Today, you may be in a terrible situation and in a lot of pain. I'm sorry, I'm sorry that you're hurting. You're sitting in a terrible problem. I want you to know if you keep your faith, keep your faith in God, keep your eyes on Him, you could be right around the corner from greatest growth or the greatest victory that you've ever seen. Right around the corner. You must use the struggle to help you grow stronger. Magnify the Lord in vour life, by reading your Bible, praying, memorizing and meditating Scripture. And as you do, He will enlarge your faith, your strength and your peace.

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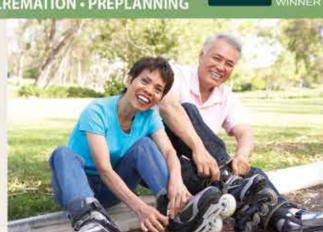




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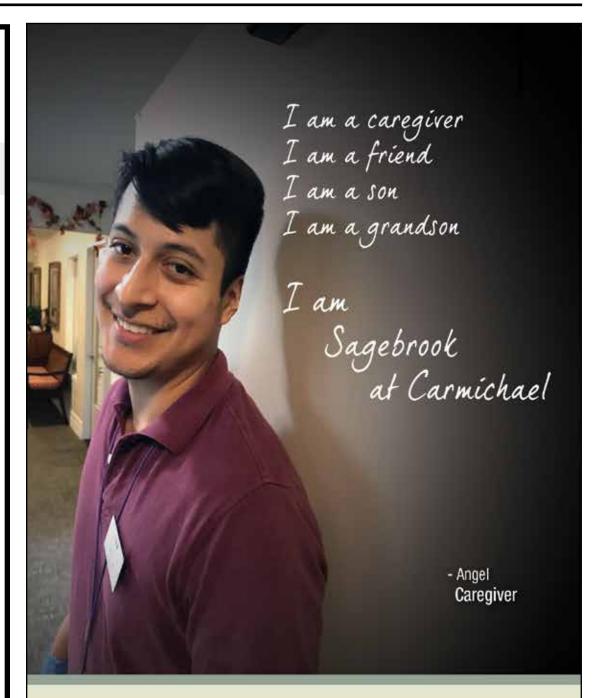
Join us for Mother Appreciation Month

This month we're honoring all Moms in thecommunity at our school with a FREE month of training. You work hard taking care of your family's needs and deserve some quality time for yourself!



We want to say "THANKS" for all that Moms do. Simply go to our facility nearest you to take advantage of this special offer and get started on the road to







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Invitation to Start A Business Weekend_® Online Event

Join us online:

Thursday, May 17 thru Saturday, May 19 From 10:00 AM to 7:00 PM EST

Start a Business Weekend®, presented by The Entrepreneur's Source®, kicks off on May 17! We are very excited to share this exclusive invitation to a truly innovative online event.

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Mom Forever

It is all about love...mom love. Mom's give so much of themselves to make our lives better, and prepare us for what life deals out to us. And that is a BIG job with the chaotic world we live in these days. That doesn't mean we always see eye to eye. I know I had my differences with my mom, but that bond still remains for life. We all have different personalities, and I know mom wants each child to develop their own potential. So we celebrate Mother's Day which was first suggested by Julia Ward to honor American moms and to celebrate peace way back in 1872, long before the official Mother's Day was proclaimed by President Wilson who made it official in 1914.

POPPOFF!

So what do we do when Mother's Day rolls around? We head out to pick out that perfect card and bring the biggest box of candy we can find, buy a bouquet of gorgeous flowers, and don't forget that brunch that could feed an army. And we do it every year. But is it all about the stuff you can buy once a year to make mom happy and honor her? I would say a big NO to that thought. Honor doesn't mean one day a year. It means all year round and maybe with less stuff and more action.

Now where do we go from here? Action speaks louder than words. Let's start with a phone call that tells mom you care about what is going on in her life. Your caring voice and patient listening can mean so much so much because it says you really want to know how she feels, no matter what you think personally about what she tells you. If you want to take mom out, it doesn't have to be so pricey. Maybe a funky new place with delectables that she remembers from her growing up years might just be the

ticket. As a matter of fact, why not try some fun things like freezing edible flowers with water in ice cube trays? It will certainly warm her heart. Instead of a bouquet of flowers that will fade quickly, plant her favorite bedding plant in an inexpensive basket complete with ribbons. It will last all year when planted. Maybe a simple handmade card with the promise to do some chores around the house or some shopping she needs to do. And it all counts so much more because you did it with your own hands.

You see? It doesn't take big bucks! All it takes is a little imagination that truly says "I love you mom." That brings me to perhaps the most important thing you can do for your mom. Tell her how much you love and appreciate her NOW. Trust me when I tell you how time flies by, and all of a sudden, your opportunity to say those words will be gone. I wish my mom was still here so I could share those simple but special words with her! HAPPY MOTHER'S DAY!★

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Less Toxic Alternatives for Pest Control



QUALITY PARTNERSHIP

Now that we're getting into the "spring of things", are you seeing more bugs crawling in and around your home or garden? Although pesticides are commonly used to get rid of pests, they can pollute our creeks and rivers. Toxic chemicals in pesticides can be washed away by rain water or sprinkler runoff sending those pollutants into a nearby storm drain. Once in the drain, those toxins end up in a nearby creek or river, which is home to many plants and aquatic life.

Before you reach for that can of bug spray to defend your garden, please consider these less toxic steps to ward off pests:

Know your Friends

Many bugs are not pests and may actually be beneficial because they control other bugs or pollinate flowers. For example ladybugs, both adults and larvae, are known primarily as predators of aphids. Parasitoid wasps are also keen hunters of aphids and caterpillars. You may not like spiders, but they can also be the best sentry to keep your plants safe. Knowing which bugs are friends or pests is the first step in managing pests wisely. The UC Statewide Integrated Pest Management Program (www.ipm.ucanr.edu) offers ideas about natural enemies to pervasive pests.

o Less Is More

Chemicals in your yard kill both good and bad bugs. For pest or weeds, use less-toxic or non-toxic methods to keep garden-friendly bugs on your side and unwanted bugs under control. The Our Water Our World Program offers simple ideas online at ourwaterourworld.org. You can also look for convenient eco-friendly options at your local garden or hardware supply store. The Our Water Our World Program partners with stores to help consumers find less-toxic products for use in their homes and gardens.

Attraction is Essential

Attract and keep beneficial bugs in your yard and let them do the work for you! You should plant flowers and shrubs that attract good bugs to your garden. There won't be a need for chemicals when the good bugs can keep the "bad bugs" under control. Unwanted bugs will always be in your garden but a healthy garden filled with good bugs will minimize pests. The UC Statewide Integrated Pest Management Program (www.ipm.ucanr.edu) has dozens of ideas for finding the right plants to control pests around your home and in the garden.

Choose Plants Wisely

Select pest and disease resistant plants as well as plants that attract good bugs to keep a healthy balance of garden friends close by. Plants like rosemary, zinnia and coyote brush make great additions to the yard. Plants that are native to your area will adapt best to the climate, making them stronger and healthier.

www.beriverfriendly.net

CAGOP Convention Winner: Lt. Governor Candidate Cole Harris

Commentary by Jon Fleischman

The California Republican Party's state convention is now in the rear-view mirror and the election is upon us. Millions of absentee ballots are being mailed out today and Californians w

today and Californians will start voting later this week.

There are a lot of observations to be made about the weekend confab - but out the gate I am going to name the clear big winner of the convention - businessman Cole Harris, who is running for Lt.



The first was his ability to run a strong enough effort before and at the convention to garner the support of more than 70% of the delegates as a virtual unknown. Harris announced his candidacy late, and has had to define himself in short-order with the party faithful. The sec-

ond reason is that, unlike the other

and who is now the offi-

cially endorsed candidate

Harris wins the

FlashReport Winner of

the Convention hon-

ors for two reasons.

of the State GOP.

the convention, Harris (because his success in business gives him the ability to self-fundraise with millions of dollars) has the ability to use direct voter contact tools (mailers, digital messages and such) to let likely Republican voters know that he's been endorsed by the CRP - a very useful tool, targeted to GOP voters, when you are a first time candidate, and unknown to the electorate. Look for his television and cable spots to be non-partisan, with messaging to appeal to California's no party preference voters, and less ideologically inclined Democrats.

While much prognostication is taking place about who will make the top two in the Governor's race - with a significant chance that no Republican advances - Harris is well positioned to make the runoff in his race. While there are other GOP candidates, none are well

of California. The primary election is being held on June 5, 2018.

none are well out of central castknown and none have the financial resources of Harris, and obviously also in the race are two extremely

Cole Harris is a Republican candidate for lieutenant governor

none but Harris have the party's office nod. In the meantime for California Democrats there is a three way donnybrook taking place between three credible candidates. State Senator Ed Hernandez has been running for some time, and is

wealthy candidates - Jeff Bleich and Eleni Kounalakis - both of whom will spend millions of dollars.

Running as a Republican in California means that for Harris to win in November, he will have to do everything right, and still catch a favorable tailwind - a tough order in blue California. But thus far Harris is off to a good start, and clearly his efforts wooing the GOP, and his ability to convert an endorsement into an important message for him to take to Republican voters has earned him the FlashReport Winner Of The CAGOP Convention Award!

VOTING HAS CHANGED IN SACRAMENTO COUNTY!



Beginning with the June 5, 2018 Election:

All voters will be mailed a ballot

Ballots will be mailed beginning May 7, 2018

- You can return your ballot
 - by mail
 - at a Ballot Drop Box
 - at a Vote Center
- Vote Centers will replace traditional polling places

Voters can vote at any Vote Center in the County! Vote Centers open beginning May 26, 2018

- Remember to update your registration if you:
 - move
 - change your name
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