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Annual Wooddale Way Block Celebrates Many Yearlong Friendships

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Citrus Heights "Written by the people, for the people"

VOLUME 7 • ISSUE 15

Serving the City of Citrus Heights and Sacramento County

AUGUST 4, **2017**

COUNTY MAKING COMMITMENT TO HOMELESS **INITIATIVES**



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CALIFORNIA'S CRUMPLING SEAT OF GOVERNMENT LOOKS TOWARDS A FACELIFT



KICKING THE CAN DOWN THE ROAD



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Kings on the Court

Madera Basketball Court Gets a Kings-Style Makeover



John Rinehart (center), Sacramento Kings president of business operations, huddles with kids and Kings' official mascot, Slamson the Lion, prior to the grand opening of the new Madera Park Basketball Court July 19.

Story and photos by Jacqueline Fox

CITRUS HEIGHTS. CA (MPG) -Shooting Hoops at Madera Park again and that's a good thing.

The basketball court at Madera Park, suffering from significant wear and tear, was given a complete makeover and unveiled with an official ribbon cutting ceremony July 19. The \$30,000 overhaul was made possible through a partnership between the Burlingame, CA-based Good Tidings Foundation, the Sacramento Kings and the Kings Foundation and Kaiser Permanente, with support from the city and Sunrise Recreation and Park

Good Tidings has partnered with Kaiser, the Kings and other California sports clubs, including the San Francisco Giants, as well as Olympic athletes to fund the revamp of roughly 80 basketball courts and, in total,

160 community athletic venues across California since its inception in 1994, according to founder and president, Larry Harper. Those include the rehab of basketball courts, baseball, football and street hockey fields, and even volleyball courts at

We are all about helping kids in communities across our region make a connection between sports and healthy lifestyles. And we are very grateful to have amazing partnerships with Kaiser **Permanente** and the Kings.

LARRY HARPER FOUNDER AND PRESIDENT OF THE GOOD TIDINGS FOUNDATION neglected or underserved community centers and parks across California.

The Madera Park Court is the fourth such project in the Sacramento area completed by Good Tidings and its supporters. The foundation and its partners completed a revamp of the St. Andrew Basketball Court in 2014, as well as overhauls of the courts at Gardenland and

Southside parks in 2016. The primary goal of the projects and the overall mission of Good Tidings, says Harper, is to strengthen community pride by promoting healthy, active lifestyles for youth and making it possible for kids to play sports on good-quality fields and

"This is just one more example of our joint efforts to build new courts and playing fields for kids in those areas where there is a need for additional support," Harper said. "We are all about helping kids in communities across our region make a

connection between sports and healthy lifestyles. And we are very grateful to have amazing partnerships with Kaiser and the Kings."

Chris Palkowski, physician in chief at Kaiser Permanente's Roseville Medical Center echoed the sentiment. "We are just really proud to partner with the Kings and the City of Citrus Heights on this very special project," he said. "This is what we to be doing in our community: promoting healthy lifestyles and making sure kids have access to facilities that sup-

Harper said there are plans for as many as eight more basketball court remodeling projects across the county.

Throngs of local kids, Kings' officials, including their mascot Slamson the Lion, representatives from the County of Sacramento, the city, Good Tidings and Kaiser Permanente were on hand for

Continued on page 3

Chamber Appoints DeMattei as Interim Executive Director

CITRUS HEIGHTS, CA (MPG) -The Citrus Heights Chamber welcomes former Board member and Education Chair, Cendrinne DeMattei as Interim Executive Director. Cendrinne will take the place of Mark Creffield, who relocated to southern California in May. As a long-time resident in the greater Sacramento area, Cendrinne has watched the growth and development of the City of Citrus Heights.

Past work experiences in the banking, telecommunications and

residential real estate industries, gives her the ability to utilize best practices in the work she does. Cendrinne understands the challenges of

being a small



business owner and is able to bring innovative ideas for marketing, networking and thriving in adverse business climates. Her experience in large corporations allows her to bring leadership and administrative skills to the Chamber office.

As past Education Chair for the Chamber, Cendrinne initiated the Mini-Career Day for local 4th-5th graders. Guest speakers visited the classrooms to share job knowledge in the fields of engineering, fire- fighting and food service. The C.H. READS program, which she helped initiate with the Rotary Club of Citrus Heights, provides K-3rd grade students with volunteers from the community who come in and help struggling students read. Cendrinne looks forward to continuing to support local schools through the annual School Supply Drive taking place each July and August.

Cendrinne will support the Board of Directors' mission and goals to ensure the Chamber members are provided tangible benefits from their membership. She looks forward to working with the City and with community leaders to ensure the best quality of life and business environment for the citizens of Citrus Heights. Cendrinne can be reached at(916)722-4545 Ext. 25 or email: Cendrinne@CHchamber.com.

Kmart Site Rehab Stalls as Rebounderz Bounces

by Jacqueline Fox

CITRUS HEIGHTS, CA (MPG) - Plans for rehabilitating and renting the shuttered, 90,000-square-foot Kmart building on Auburn Boulevard in Citrus Heights have stalled as news that Rebounderz, an indoor trampoline fun center franchisor, have bailed from the project, according to city officials.

Devon Rodriguez, development specialist with the city said Rebounderz is no longer part of the development plans to convert the Kmart building into a shared space for a Big Lots and a 55,000 square-foot extreme fun center. In January, Sacramento-based Stafford King Wiese Architects was reportedly working on obtaining design and review, as well as minor use permits, as required for the trampoline "fun park," and anticipated construction for the project to



company's first foray into to the Sacramento region. It was to include multiple trampoline areas for children and adults alike, birthday party and special event spaces, obstacle and fitness courses, food and beverage and a retail store.

begin by summer, with openings for both Rebounderz and Big Lots by early 2018.

According to Casey Kempenaar, senior planner with the city, those permits were approved, including a green light for Rebounderz to be open 24 hours. However, Rodriguez said the property owner, New York-based CHC QRS 11 70 INCORP, is now planning to sell the property to a different retail developer and Rebounderz has pulled its plans to come

Calls to the owner on record of the property were not returned and Rodriguez said she did not know the name of the

new developer now eyeing the site. It is

unclear at this point if Big Lots is still a potential tenant, she said.

"Rebounderz is no longer part of the project," said Rodriguez. "The property owners are now in contract to sell the property to a retail developer and they are not able to share any tenant names at this time, but we are hoping to hear some news in the next couple of weeks."

Repeated calls to Stafford King Wiese for comment on the Kmart development were not returned.

Auburn Boulevard is seeing development momentum. Crepes & Burgers opened its doors in spring, followed by Maita Mazda's move to a new 40,000-square foot facility in May and the auto group has announced plans to upgrade the Mazda dealership at 2410 Auburn Blvd. In addition, Checkers Burgers is now slated to occupy the vacant lot at Auburn and Grand Oaks Continued on page 10

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www.CitrusHeightsMessenger.com

California's Crumpling Seat of **Government Looks Towards a Facelift**



Ken Cooley at the Annex Hearing. Photo courtesy Office of Ken Cooley

SACRAMENTO, CA (MPG) -Chairman Ken Cooley (D-Rancho Cordova) of the Joint Committee on Rules convened the second of several hearings to examine the condition of the State Capitol Building Annex and the

Legislature's options for dealing

with California's aging seat of

government on July17th, 2017. "The functionality of our State Capitol Annex is key to our ability to govern," said Chairman Cooley. "Today's hearing made clear that the current status of our building does not match our basic needs as a co-equal branch of government. Our partners in the Executive branch stand ready to help move us forward to build a 'People's

House' we can all be proud of for

the next century."

Testimony at the committee began with strong statements of commitment from Marybel Batjer, Secretary, Government Operations Agency and Daniel C. Kim, Director, Department of General Services (DGS) for the Legislature's endeavor. Jason Kenney, Chief, Project Management and Development Branch, DGS then gave a presentation regarding the current conditions and status of the building and what next steps can

Mr. Kenney remarked on lines legislative control over the

the fact that the Capitol's East Annex was finished in 1952 and was designed for a part-time Legislature and before modern technology. Today, the Annex's wear and tear has significantly increased beyond its original intended usage. There have not been any significant renovations to the major systems in need of repair. Many "band-aids" have been used, but most upgrades cannot be done while the building is occupied. According to Mr. Kenney, this project offers the Legislature an incredible opportunity to make significant upgrades to security, technology, and the free movement of people. He also spoke about the planning process to identify space for lawmakers and staff during construction and potential Capitol Park impacts.

Diane Boyer-Vine, Legislative Counsel, next spoke on the law and legal precedent for Capitol projects. She remarked that the Legislature is the law-making branch and that this is reflected in the law governing the Capitol, with the exception of the first floor that houses the Governor and Lieutenant Governor and is overseen by DGS. She also described the funding that was set up by SB 836 of 2016, which also out-

FAMILY EVENT

building and its zoning.

One of Chairman Cooley's primary considerations has been to engage security partners from the beginning so that safety components are integrated into the initial design as opposed to attempting to fit these needs as an afterthought into an already re-constructed building. To conclude the Joint Rules hearing, a presentation on public building design considerations by Senate Chief Sergeant-at-Arms Debbie Manning, Assembly Chief Sergeant-at-Arms Bryon Gustafson, and California Highway Patrol Chief Chris Main reinforced the need to make security discussions a priority. Many security considerations in the Capitol have been a reaction to incidents at the Capitol or elsewhere and are outside of the basic architectural design. A more in-depth look at the particular security needs will be delivered to the Joint Committee on Rules during a closed meeting on August 22, 2017.

The Assembly maintains a website for the Architectural Program for California's Capitol at http:// annex.assembly.ca.gov/. The full video of the hearing is posted on the website.

Source: Office of Ken Cooley ★

Taking to the Skies



The Airshow will take to the skies this September Exclusive discounts are available for this patriotic event. Photo

SACRAMENTO REGION, CA (MPG) - are a great way to start the day,"

It is time to get your tickets for the big show! The California Capital Airshow (CCA) will take to the skies on September 9 and 10 at Mather Airport, and tickets are now available.

"The California Capital Airshow is a full-sensory experience," said Darcy Brewer, executive director of the California Capital Airshow. "We're excited to bring the Sacramento region two full days of non-stop entertainment and unparalleled access to the world of aeronautics and aviation."

The California Capital Airshow illuminates a century of American aviation and ingenuity with miles of aircraft, from the spine-tingling civilian and military jet performances including the Patriots Jet team, U.S. Navy F-18 tactical demonstration, U.S. Air Force Heritage Flight starring the A-10 Thunderbolt II, world-class aerobatics, barnstorming, warbirds, and more.

In preparation for this massive family-friendly festival, the Airshow has launched a new website, CaliforniaCapitalAirshow.com, to provide attendees a preview of what to expect both in the air and on the ground.

"Exploring exciting displays and interactive exhibits as well as pilot meet-and-greets

Brewer explained. "Attendees will want to be on site and ready for the action before noon, when in-air demonstrations and fly-bys begin or all things shiny, fast and loud take to the skies."

New for 2017 is the National Aviation Heritage Invitational (NAHI) competition, updated premium venue chalets, a Kid's Stage, and so much more than just what's roaring across the skies.

The Airshow is presented by Sacramento County in partnership with the City of Rancho Cordova. The Airshow runs from 9 a.m. to 5 p.m. each day

Airshow Insiders will have first dibs on deeply discounted tickets, up to 50 percent off. Anyone can sign up to become an Airshow Insider. Just enter your name and email address on the homepage of CaliforniaCaptitalAirshow.com and receive a link to purchase tickets before the

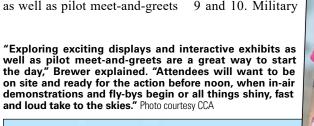
Tickets will be available for all fans on August 1 at noon online or Rancho Cordova Chamber of Commerce. Prices will increase incrementally until the event on Sept.

public!

discounts are also available at the ITT offices at Travis and Beale Air Force Bases.

Established in 2004, the annual California Capital Airshow uses the power and magic of flight to entertain and amaze tens of thousands of attendees every September at historic Mather Airport for one of the largest and most prestigious demonstrations of a century of military and civilian aircraft on display and in the sky. Year round, the California Capital Airshow 501c3 is dedicated to inspiring a life-long passion for STEM learning and innovation, with a variety of youth events, presentations and scholarships that help drive the future of aeronautics and encourage young people to reach for the stars. For more information please visit CaliforniaCapitalAirshow.com

Source: CCA Media







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Annual Wooddale Way Block Celebrates Yearlong Friendships



Rushing to catch the last light of the evening, party goers pose for the 7th official annual Fullmer Block Party photo. Photo by Elise Spleiss

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) -On July 15, the Wooddale Way neighborhood in Citrus Heights came out in force once again for their 7th annual 'block party'. Despite temperatures in the 90's at 7:30 pm, forty families gathered at the home of Lamar and Van Fullmer to celebrate summer and the close bond they share throughout the

Families living on the blocks surrounding the Fullmers arrived bearing their favorite pot luck dish to share with those they see every day, new friends they are about to meet, and those they have not seen since the last party. Many pick up where they left off as if no time has passed.

This tradition began in 2010, the result of a lifetime of living in Citrus Heights. Lamar had moved to Citrus Heights with his family in 1945 and lived in a house on Greenback Lane. He attended kindergarten at the old Community Center (the old schoolhouse), Sylvan Middle School, and San Juan High School.

He remembered the simpler life

when Greenback was a two-lane dirt road with huge oak trees forming an arch across the road, and when Sunrise was a gravel road which ended at Greenback. Lamar and his wife Van, both 75, have lived in their home on Wooddale since 1975. Following their retirement in 2004, Lamar was looking for a way to recapture some of the simpler life he missed.

The first block party, with 10 families and 15 children has grown to over 40 families with 30 children. All ages, ethnicities and family structure are represented. This annual homecoming has brought their neighborhood together in ways that will span the entire year.

Neighbors who move away return each year for the event. Prospective buyers hear about the camaraderie which links neighbors and want to be part of it. The result is a Neighborhood Watch atmosphere where an unknown car parked on the corner will be reported and a neighbor not seen for a few days will receive a wellness check.

Neighborly interaction continues throughout the year, with meals provided for those recovering from surgery or illness, lawns mowed and garbage cans taken out for those who need it. They also pick up mail, take care of pets and water plants for those on vacation.

The Fullmer's own relationship with a family who moved here from Romania 16 year ago is a testament to the bonds formed on and around Wooddale. Over 16 years, Lamar has become an honorary grandpa to the family's six boys ages 7 to 15 years, teaching them to be honorable and productive young men. They have full use of the Fullmer's computer and game room in exchange doing their own chores and important tasks that serve their neighbors. This relationship has benefitted both families and is ongoing. Lamar says, "we really care about each other".

Ten new families moved into the area recently. This year the party spilled out onto the front lawn. It is hoped even more neighbors will attend next year, to savor the celebrated teriyaki tri-tip and blueberry raspberry dessert, or to help continue a tradition that will last for decades.



By County Supervisor Sue Frost

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

I would like to pose a hypothetical to the readers of the Citrus Heights Messenger. If you have a yearly income of \$40,000, a bank account with \$600 in savings, and you find out you have \$1,000 owed to you after you finish your tax returns, what would you do? Personally, I would save the money. Then, I would review my monthly expenses, find places to make some cuts, and do everything reasonably possible to increase my savings to a much higher number. Neglecting to do this could ultimately lead me to homelessness if I lost my job and couldn't quickly find one.

I pose this question to you because Sacramento County was faced with this dilemma in the budget negotiations this past month, as we have a shockingly small amount in our reserves. We only have about 1.5% of our money in reserves when it should be closer to 15-20%. Of the larger counties in California, we have by far the lowest reserves, with the next lowest being Riverside with 9.2%, and the average being 26%.

Citrus Heights Community Update

Kicking the Can Down the Road

about \$300 million shy of where we should be. We also have a \$1.2 billion unfunded pension liability (and yes, you read that number right) but that's a story for another article.

So when I entered into budget negotiations with the knowledge that we had an increase of \$47 million available funds this year to allocate, I thought it would be under the context of everyone making a deep commitment to increasing our reserves. But that is not what happened and instead, many of our discussions revolved around how to fund various new projects with the new money we had at our disposal. This was frustrating for me, because many of these new projects have great merit and I would gladly support most of them if we had the reserves to justify the expenditures.

But while I advocated for far more money to be put into reserves this year, I had to settle for the modest sum of \$4.7 million, which is 10% of the available funds we were to allocate. I supported some vital new projects, like the expansion of some of our services to reduce the growing problem of homelessness, but I could not support others, like doubling the Regional Parks budget.

Saving money is not fun and it doesn't catch headlines. But I believe you elected me to stand up for the taxpayers in Sacramento County, even if it's not

In hard numbers, our reserves are particularly exciting. Reserves might not seem like a big deal if you are looking at it in the shortterm, but over time when another recession hits us we need reserves if we want to avoid the massive layoffs and disruptions of county services that happened in the mid-2000s.

Unfortunately we are not going to solve the problem of our reserves in the near future - we need to make this a priority for the years to come in order to dig us out of this hole. I would like to see us save 20% or more next year, and will be advocating that in the months to come. You have my commitment of continuing this fight until our fiscal house is in order.

Finally, I want to inform everyone that my Citrus Heights Community Cabinet meeting location has changed to Coco's (7887 Madison Ave). The meeting will be on August 25th at 7:30am. This is an opportunity for you to get an update from me, and to ask me any questions you may have. Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@ saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks. ★

Sunrise Blvd Storm Drain Improvements Begin

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights has contracted with Martin General Engineering to construct storm drain improvements on Sunrise Boulevard between Sayonara Drive and Arcade Creek.

The work was scheduled to

Continued from page 1

the project's supporters.

the ribbon-cutting ceremony,

officially opening the new, bril-

liantly painted purple and gray

court, sporting a breakaway

hoop and pro-style turf featuring

a large Kings logo and those of

"I love it," said Logan Urban,

10 who, alongside his younger

brother, Landon, 8, joined more

than 350 kids for the opening.

Although both admitted to being

soccer players, primarily, the

two agreed the court was enough

to entice them to shoot more

hoops. "I'll definitely come to

John Rinehart, the Kings' pres-

ident of business operations,

huddled with Slamson and the

kids on the new court just prior

use the court," said Landon.

begin on Wednesday, August work is scheduled for the north-2nd and planned to conclude by Friday, September 15th. Work will take place from 8:00 am to 4:00 pm Monday through Friday; one southbound lane of Sunrise will be closed during construction. No

Kings on the Court

Madera Basketball Court Gets a Kings-Style Makeover

to the opening. He said the Kings

and its Foundation are very proud

to be part of the ongoing effort to

bring high-quality playing fields

and courts to areas where they

stands for," said Rinehart. "We

want kids in every community

to have a chance to learn to play

sports on basketball courts, foot-

ball fields, soccer field and other

locations that incite a true sense

new Madera Court, the Kings

offered a free basketball clinic

for all the kids in attendance. The

clinic was led by former Kings

player and Junior Kings Coach,

Henry Turner, with a little help,

Following the opening of the

of pride and ownership."

naturally, from Slamson.

"This is what our foundation

can make the biggest impact.

bound lanes of Sunrise.

For information regarding this scheduled work, please contact the General Services Department at (916) 727-4770 or via email at GeneralServices@citrusheights.net ★

This is what our foundation

stands for," John Rinehart said.

"We want kids in every community

to have a chance to learn to play sports on basketball courts, football fields, soccer fields and

other locations that incite a true

sense of pride and ownership.





Cendrinne DeMattei Interim Executive Director

The Citrus Heights Chamber is now accepting applications for its Leadership Citrus Heights 2017-18 program. Leadership Citrus Heights (LCH) is a combination of educational experiences and leadership skills building designed to develop and prepare individuals to make a difference in Citrus Heights. Most participants live or work within the Citrus Heights area and consider themselves emerging community leaders. Each should have a commitment to serve and a desire to share his or her skills with community organizations and/ or their employer. Participants represent a wide range of backgrounds such as business, education, government and non-profit organizations.

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LCH is a program for and about Citrus Heights Leadership practices and management skills, which are interwoven throughout the program. The Program is designed to develop community leaders, activists and visionaries at all levels dedicated to the future of the community.

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- Grows in his or her understanding of Citrus Heights and the surrounding community
- Gains new and improved leadership skills.
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- Gain a greater understanding of the issues and challenges facing your community
- Develop leadership skills and

build on talents essential for result oriented leadership.

- Strengthen your personal
- Network with an expanding and diverse group of community leaders.
- Discover opportunities to make a commitment on behalf of Citrus Heights.

Curriculum topics may **include the following:**

History of the City of Citrus Heights Incorporation Economics & Community

City/County Management & Finance Mock City Council

Development

Experience/Public Speaking/ Project Management.

Join the next class before all the spaces are filled. Application deadline is August 31, 2017. Contact the Chamber for an application or for more information at (916)722-4545. Applications may be picked-up at the Chamber office located at: 7920 Alta Sunrise Dr. #100, Citrus Heights

Publisher, Paul V. Scholl

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Subscriptions should be mailed to Citrus Heights Messenger, 7405 Greenback Lane, #129, Citrus Heights, CA 95610. Subscription rate is \$28 per year in Citrus Heights. Citrus Heights Messenger is published twice monthly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).

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Tuesday, August 8th 11:30 a.m. - 1:00 p.m. Mayor Jeff Slowey - State of the City Address Citrus Heights Community Center 6300 Fountain Square Drive in Citrus Heights

Welcome New Members

- Christ the King Retreat Center
- Buffalo Wild Wings Grill and Bar
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For More Information or to Join the Chamber, Contact us at (916) 722-4545 or Visit our Website www.chchamber.com

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Crossword Puzzle on Page 5

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Sudoku Puzzle on Page 5

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County Making Commitment to Homeless Initiatives

Sacramento County Special Release

SACRAMENTO COUNTY, CA (MPG)

- With the approval of the recommended budget for Fiscal Year 2017-18 on June 14, the Sacramento County Board of Supervisors highlighted the County's commitment to addressing homeless initiatives with an additional \$6.2 million directed toward those efforts.

The enhanced funding comes on top of the already more than \$40 million Sacramento County spends annually on homeless services.

"While the County addressed a number of service and program issues with enhanced funding for Fiscal Year 2017-18, our biggest additional investment overall was directed towards efforts to reduce homelessness," said Board Chairman Don Nottoli, Supervisor, District 5.

As the major funder of homeless services—including shelters and transitional housing, re-housing assistance—as well as the largest provider of social services, Sacramento County has committed to working in partnership with government partners and community stakeholders to continue to develop and deliver the most impactful solutions to homelessness.

Following several public workshops in 2016 and 2017, the Board of Supervisors endorsed the following initiatives for FY 2017-18:

County Initiative #1: Improve Family Crisis Response and Shelters

- · This initiative seeks to shelter more families annually by helping them connect to assistance and return to housing more quickly. The new shelter system will prioritize unsheltered homeless families and improve access for all homeless families through reduced entry requirements and greater accommodation of families with complex needs (such as those with health or behavioral health needs).
- By using more flexible County



"While the County addressed a number of service and program issues with enhanced funding for Fiscal Year 2017-18, our biggest additional investment overall was directed towards efforts to reduce homelessness." said Board Chairman Don Nottoli, Supervisor, District 5.

general fund dollars, diversion services will be funded to help some families keep their existing housing and avoid a shelter stav altogether.

Recognizing that some families may benefit from more long-term support, the County will also fund a small transitional housing program offering employment and recovery supports for 19 families experiencing homelessness.

County Initiative #2: Preserve Mather Community Campus

- Operating on a unique Countyowned property, Mather Community Campus (MCC) has played an important role providing transitional housing, employment services, and recovery support for individuals and families experiencing homelessness in Sacramento since 1996.
- In 2016, the Volunteers of America (VOA) served over 885 individuals, families, former foster youth, and veterans

through eight residential (267 units) and nonresidential programs. In addition to offering life skills, employment preparation and vocational training, VOA currently engages with over 200 businesses in its job placement services.

This initiative identifies funding to continue operations at MCC.

County Initiative #3: Full Service Re-housing Shelter

- · This initiative seeks to reach persons experiencing homelessness who have complex behavioral and/or physical health issues that often prevent them from engaging in shelter services.
- The shelter would include 24-hour dormitory accommodations for up to 75 individuals at a time, with consideration for partners, pets and possessions, and include meals, showers and laundry facilities.
- On-site case management would focus from day one on connecting participants to stable income, public benefits and

permanent housing as well as to essential health services.

As proposed, the Full Service Rehousing Shelter would serve up to 250 to 300 persons annually.

County Initiative 4: Flexible Supportive Re-Housing program

- The County proposes a new Flexible Supportive Re-housing Program (FSRP) that would provide highly flexible re-housing and stabilization services to persons who have experienced long-term homelessness, who frequently utilize costly County services (such as behavioral health, emergency response, or jail), but who could, with the right assistance, stabilize in permanent supportive housing.
- The program would provide a highly flexible solution, employing proactive engagement, "whatever it takes

services," and ongoing housing subsidies to engage property owners and stably rehouse the target population.

As proposed, FSRP would rehouse up to 250 individual and family households in the first year of the program.

Public Housing Authority Resources

In addition to these initiatives, the Board of Supervisors (acting as the Housing Authority of the County of Sacramento) directed SHRA to initiate the process to increase Public Housing resources for homelessness, including:

- Limited Preference Allocation of 150 "turnover vouchers" annually (see #4 above);
- Up to 375 project-based vouchers over three years to support new or existing permanent supportive housing;
- 50 vouchers over three years to help current supportive housing tenants "move on" to

affordable housing and serve new families in need of the intensive services; and

100 vouchers for homeless youth participating in a new federal grant called "P3".

Sacramento County's Director of Homelessness Initiatives Cindy Cavanaugh said, "Over the past year, the County has worked with our partners and stakeholders to build on what's working and to create new solutions and pathways out of homelessness. This year, the Board of Supervisors made a significant investment to not only improve existing programs but to create new County programs that provide concrete support to families and individuals in their transition to permanent homes, employment, and restored lives.

For more information, visit the County's Homeless Initiatives webpage.

Source: Sacramento County

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CLUES

- **ACROSS** 1. Pink, as in steak
- 8. Rum cake
- 12. Czech or Serh
- and hearty
- 14. Equipped with feathers
- 15. Weather 16. Seed covering
- 17. Desktop pictures 18. *The boss
- 20. 32-card game 21. Delhi dresses
- 22. How the weasel goes
- 23. Develop, as in story 26. Covered porch
- 30. Jersey call
- 31. *Storage 34. Garden ear
- 35. Wet nurses 37. Owned
- 38. Ohio metropolis 39. Ingrid Bergman to
- Isabella Rossellini 40. Saudi Arabia money, pl.
- 42. Masseuse's office 43. Pastoral
- 45. Right to enter 47. Lincoln lumber
- _ New Guinea 50. *Paper mistake
- 52. *Learning space 56. South Pacific sailboats
- 57. Angler's decoy 58. Arm bone 59 Black Beauty e.g.
- 60. Singer Tori 61. Skirt opening
- 62. 15th of March 63. Who's from Mars?
- 64. Hippocrates' promise,

DOWN

- 1. A requested response 2. Wing-shaped
- 3. Feminine of raja 4. Be that as it may 5. Plural of carpus
- 6. Batman to Bruce Wayne 7. *End of class notice
- 8. *Worn to school 9. Dwarf buffalo
- 10. Out of shape 11. *Found in the back of many vearbooks
- 13. Bob, e.g. 14. Golfer's sun protection
- 19. "When a Stranger
- 22. p in mph
- 23. Savory taste
- 24. Wanderer
- 25. Like beer head 26. Sacred Hindu writings
- 27. Relating to Scandinavia 28. What ball does on New Year's
- 29. Paylova and Karenina 32. Swanky _, businesswoman
- 33. Mary _ extraordinaire
- 36. *Special permission 38. Singular of asci
- 40. Equip with sails
- 41. Memory failures
- 44. These lips sink ships
- 46. Enrico, of operatic fame 48. D'Artagnan's hat decoration 49. Hammerin' Hank

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- 35 39

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Crossword Puzzle Solutions on Page 4

C StatePoint Media

50. Trampled 51. Bygone era 52. Chowder protein

53. Paella pot

54. Dealing with a problem 55. *Calculating subject

56. *Between Sigma and Epsilon

4 Fill in the blank squares in the grid, making sure that every

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row, column and 3-by-3 box includes all digits 1 throug For Solutions See Page 4 **Divine Savior Catholic Church** 9079 Greenback Lane, Orangevale

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By Marlys Johnsen Norris, **Christian Author**

Many many people have their own idea about who God is! Actually their god is one made up using their own particular value system of right and wrong. They may claim to pray or even worship "it" but "it" is not the God who created heaven and earth, including everything in it, you and I! The Word of God proves this! However isn't their

Who Is The God Of Your Own Making?

god also a god spelled with a

God IS so very much more! He is the great I AM! He is Love! He is a merciful God! He is the same yesterday, today and tomorrow and He never changes. He is our Creator/ Deliverer/ Healer and a Sovereign God who loves us completely and unconditionally..

A god of your own making is not good enough for any of us - but it is good that you recognize you do need the One true God. It is a beginning and when one does truly invites the God of the Bible into their heart and life, they will be amazed at the many ways He shows His perfect love just for them. It is only then His very Spirit comes to reside in ones heart and life, He forgives and promises never

to leave or forsake you. He is a healer, deliverer, transforming power that empowers and blesses your life in many many ways for many years!

To KNOW and LOVE God is an exciting adventure and He is the only One who can take you on the greatest adventure of your life. He EMPOWERS ones life as they read His Holy Book (Bible) of instruction and then to, SEEK HIS PERFECT WILL, live and do it - giving a testimony to bless others lives as well. (Matthew 6:33)

Marlys Johnsen Norris Christian Author of 6 Books God Moves Mountains, It Was A Miracle!

Marlysjn@gmail.com



By Pastor Ray Dare

Nobody really knows what's in somebody else's heart. You can guess but you don't know. Only God has the right to judge because he can see in the heart. I heard a story that illustrates this point. A group of young men decided to play a practical joke on a young bachelor who worked with them. It was the custom each Thanksgiving for their company to give free turkeys to all employees. Their young friend, a bachelor expressed he had no idea what he'd do with a whole turkey and no desire to cook it. His friends, therefore, confiscated his turkey and replaced it with one made out of paper Mache, the only remains of the original bird being the neck and the tail which protruded from the paper wrappings.

The day before the holiday, the birds were handed out. Our

Encouraging Words

When You Don't Have All the Facts

friend, unaware of the switch, tucked his bogus bird under his arm and caught the streetcar for home. As he was sitting there a man seated himself on the bench next to him. They were soon engaged talking about the turkey. The young man learned his companion was without a job and down on his luck. He was on his way home with only a few pounds of hamburger meet, to be the entire Thanksgiving meal for his family.

Our friend had a brilliant idea. Why not swap? The man, of course, was delighted. With a great sense of gratitude they made the exchange. Of course, you can imagine the outcome and the man's thoughts when he removed the wrappings from the turkey and his children crowded around, eyes wide-open with anticipation.

When the young man learned what his friends had done, he searched for days for that man who he had unknowingly gave the bogus turkey to. Unfortunately he was never found. The poor, defrauded man, from his vantage point, would never understand the young man's actions and no doubt

thought the worst about him. Yet from the young man's point of view, his motives were pure.

The point is it's unwise to make a judgement about somebody when you know all the facts. Never judge anybody's motives, what they're doing and why, you don't really know what's going on. I Corinthians 4:5 "Therefore judge nothing before the appointed time. Wait until the Lord comes. He will bring to light what is hidden in darkness and will expose the motives of men's hearts." The Bible says leave the judging up to God. I have a hard enough time just trying to figure out my own motives about a lot of things, much less knowing yours. So do you. A lot of times we don't understand ourselves. What makes us think we can figure out what makes other people do what they do? We have a hard time just judging our own selves. But one day it's all going to be brought to light.

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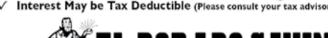
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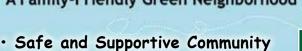
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Decide to be happy and make it your top priority!

Happiness is a state of mind. It Is a decision you make in advance with no contingency placed on it. The most important decision you will make today - and every other day - is how you are going to feel. The only thing you can actually control in life with any amount of certainty is yourself. This is one of the greatest powers you have. You cannot control your spouse, children, co-workers, just about any other living person on earth, or even the dog. Sometimes we don't even really control ourselves very well, but hey, we are making progress on that every day.

So why not exercise your power to make decisions and decide to be happy today? I know, it sounds too easy, but that really is all there is to it. If your spouse wakes up cranky today, don't let that change your happy outlook. Give them their space to be cranky because that is what they have chosen for their day. Respect their choice but don't let it change yours. Just let them go about their grumpy morning, and you get on with your happy day. If someone cuts you off in traffic, snub it and don't let it get to you. Oh, only a fool would ignore that? That's wrong. They might just be someone else's husband or wife that has decided they are going to be cranky today. They may be late for work. Their house may be on fire, or they might just be a crappy driver. You just don't know so don't give them the authority to upset you. Decide to be happy today. Just because you have a stressful job, cranky infant, or highstrung boss does not mean you don't have the ultimate power to determine what you want for



Edwin Edebiri, MBA Chief Happiness Officer

yourself today. Do not give up your power to decide. Decide to be happy today.

Issues that exist in someone else's life cannot take priority in determining the outlook for your life today or any other day. You are a greater help to others if you have a calm and peaceful demeanor about you. You will feel more tranquil and peaceful if you do not take others' issues personally and simply decide you are going to be happy.

Make the incredibly powerful choice to be happy today and don't let anyone or anything get in your way. If you feel the power of your choice is slipping away, take a few minutes for yourself to regroup. Simply find a place to be alone, take a deep breath, and remember you have this under control because it is up to you and you have decided. How you feel today is your choice. This is your day. Decide to be happy today and make it your top priority.

You can reach Edwin at Edwin@HNPabc. com Watch his Tedx Talk at HNPabc.com/TEDX or Youtube.com/AskTheCHO Email to see if he is available to speak at your next event.





Work Life **Brilliance**

Work got you down? Have you dropped into burnout and don't know how to get out? How would you like to turn that burnout into brilliance? Stress can really knock you out of the running, but it doesn't mean you're down for good Denise Green told me on POPPOFF. A speaker, writer, and executive coach, she is committed to helping people go from burned out to Brilliant. She claims it can be done in four steps. She put it all together in "Work-**Life Brilliance."** These are the tools that can break stress and create the life and health you crave.

So let's get started. You can use these four steps to turn your stress around, and find your way back to a brilliant life that shines with purpose and fulfillment. So let's begin with TAME YOUR THOUGHTS. Getting hooked on emotionally

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with Mary Jane Popp

charged narratives of anger, resentment, guilt or fear can have devastating consequences for your physical and mental well-being, and affecting your emotional and physiological circuitry in powerful ways. Upgrade your thoughts by noticing when you think the original painful thought. Catch yourself thinking, and replace the painful thought with an upgraded belief that brings relief and prompts better actions. Repeat the new belief over and over until it becomes an embedded belief. Then **EXUDE AUTHENTIC CONFIDENCE.** Truly confident people exude both warmth and strength. Aligning your outward appearance and actions with who and how you want to be in the world can improve your self-perception, as well as other's perceptions of you. You can make changes to improve your confidence almost instantly: get a haircut, improve how you dress, make eye-contact, smile, stand and sit with good posture and keep your chin level with the floor. More coming like **NURTURE BRILLIANT RELATIONSHIPS.** Toxic encounters switch on your sympathetic nervous system, putting your brain in a threat

state where you're less likely to access your "intelligent" brain, the prefrontal cortex. To live a brilliant life, you must attract and nourish relationships that make you happy, healthy and more effective in your life. You need people who make you laugh, who pick you up on a bad day and who remind you of your brilliance. And last but not least MANAGE YOUR RELATIONSHIP WITH **TECHNOLOGY**. Most of us don't use technology as much as we let it use us. Technology has created a "constantly on" environment where we actually have less free time. It takes willpower to resist our screens, but our addiction to technology and our mobile devices allows us less space to just be. It also zaps our productivity. You must mindfully choose not to fall into the social media or news and entertainment rabbit hole.

So if work has taken over your life and your soul feels unfulfilled, something needs to change. But it all begins with you and Denise Green and "Work-Life Brilliance." Learn more at www. BrillianceInc.com.

It's your life and all you need is to take control and live it to Brilliance!



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THE ENTREPRENEUR'S SOURCE" Consider a Coach



Louis McNerney

For over 31 years, The Entrepreneur Source has been building a reputation in business coaching. We are now North America's leading business ownership and franchise coaching organization.

It began in the mid 1980's when we recognized the fact that 70 percent of the population has a strong desire to be self-sufficient, but only a small number find a way to make it happen - a mere 5 percent. Far too many people give up on their dreams too soon, when education and guidance could show them the way to success.

The Entrepreneur's Source also recognized how many franchisors needed qualified franchisee prospects. Given this fact, we began to make the connection.

With nearly three quarters of the population feeling trapped on their current career path and so many franchisors offering the opportunity for business ownership and financial freedom, it only made sense to bridge the two groups.

To this day, no other coaching group looks at the situation from both sides. We pride ourselves on the ability to give our prospects the most comprehensive,

objective, unbiased and meaningful advice available anywhere, allowing them to come to their own conclusions about their future. If business ownership is the ultimate solution, then we have the ability to guide prospects through the entire process.

At The Entrepreneur's Source, our vision has always been to be the one source resource for all things entrepreneurial. We also know that coaching should not stop once you're in business. We coach franchise business owners to get the maximum results out of their franchise systems.

We believe everybody can benefit from coaching. We believe we can help our clients discover answers and opportunities to improve their lives. Our discovery and education-based method of franchise and business coaching allows our clients to discover opportunities that are ideally suited for what they are seeking for themselves and their families. We help our clients use business to achieve their Income, Lifestyle, Wealth and Equity goals.

Regardless of whether you are or ever go into business, the insight and knowledge you gain about yourself and your options

With The Entrepreneur's Source our clients will go from Employment to Empowerment[™]. We coach them through the career transition and help them discover new opportunities. In other words: we bridge the gap.

If you have ever considered business ownership, give me a call today and I will work with you on your own journey of discovery. It's life changing. Why not live your dream?

For More Information contact Louis McNerney, at (916) 335-1126 or Visit his Website www.theEsource.com/LMcnerney

AN IMPORTANT MESSAGE FOR DENTAL OFFICES

New EPA Rule Requires Dental Practices to Install Amalgam Separators and **Implement Best Management Practices**

The Environmental Protection Agency (EPA) recently issued technology-based pretreatment standards under the Clean Water Act to reduce discharges of mercury from dental offices into municipal sewage treatment plants.

The Dental Office Effluent Guidelines became effective July 14, 2017. This final rule requires dental offices install amalgam separators and two best management practices. Dental offices that place or remove amalgam:

- Must install, operate, and maintain an amalgam separator
- ✓ Must not discharge scrap amalgam into the sewer
- Must not use certain kinds of line cleaners, such as bleach

Existing dental dischargers must comply and submit a form to Regional San (see links below) by October 12, 2020. New dental dischargers or ownership transfers must comply within 90 days of their first discharge. If any dental practices already had amalgam separators prior to June 14, 2017, they have until June 14, 2027, to replace them with compliant separators. Dentists who never place amalgam or remove amalgam in limited or unplanned circumstances are exempt.

Who is affected by this new rule?

This rule applies to offices, including large institutions such as dental schools and clinics, where dentistry is practiced that discharge to a municipal sewage treatment facility. It does not apply to mobile units or offices where the practice of dentistry consists only of oral pathology, oral and maxillofacial radiology, oral and maxillofacial surgery, orthodontics, periodontics, or prosthodontics.

Why are these standards necessary?

When dentists remove old amalgam fillings from cavities or place a new filling, mercury in the form of dental amalgam enters the wastewater of the dental office. Mercury from waste amalgam can make its way into the environment from the treatment plant through the land application of sludge or through surface water discharge to the Sacramento River. Mercury is a potent neurotoxin that can have a wide range of health effects. Once released into the aquatic environment, certain bacteria can change mercury into methylmercury, a highly toxic form of mercury that bioaccumulates in fish and shellfish. Eating fish and shellfish is the main source of people's exposure to methylmercury in the U.S.

Questions? Contact us at (916) 876-4141 or amalgamrecovery@sacsewer.com.

More Information & Compliance Forms: www.amalgamrecovery.com

EPA's Dental Effluent Guidelines: www.epa.gov/eg/dental-effluent-guidelines

If you are outside Regional San's service area, call your municipal sewage treatment agency.



This message is brought to you by the Sacramento Regional County Sanitation District (Regional San), which owns and operates the regional wastewater conveyance system and the Sacramento Regional Wastewater Treatment Plant, serving residential, industrial, and commercial customers throughout unincorporated Sacramento County; the cities of Citrus Heights, Elk Grove, Folsom, Rancho Cordova, Sacramento, and West Sacramento; and the communities of Courtland and Walnut Grove.





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Fab 40's 5K Walk Celebrates Their 10th Year

Benefitting Alzheimer's Association of Northern California













SACRAMENTO, CA (MPG) - On Saturday, July 29, East Lawn hosted its 10th Annual Fab 40's 5k Run/Walk benefitting the Alzheimer's Association of Northern California. A total of \$250,000 in proceeds has been raised over 10 Years.

The Fab 40's 5K Run/Walk will officially started at 8:30 a.m. inside the 112-year-old historic East Lawn Cemetery. This is the official annual City of Sacramento 5k Championship certified course, The course runs through the Fabulous Forties neighborhood with neighbors lining the streets cheering on the runners and walkers before they reach the finish line back at East

Over 1,400 excited participants signed up to enter the race. All ages and athletic abilities entered to help end Alzheimer's disease, which is the 6th leading cause of death in the United States and the 5th in California. In celebration of the 10th anniversary of this event, all participants received a commemorative finisher's medal.

The day included family oriented activities like kids bounce house, balloon animals, face painting, photo booth, music, food, awards ceremony, raffle drawings and much more.

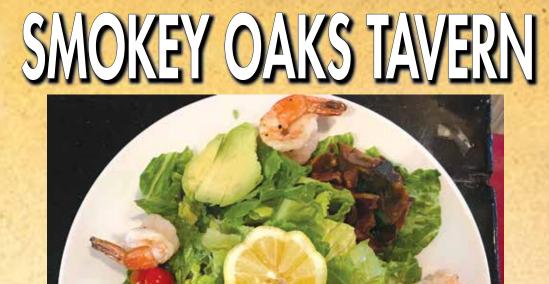
The event was hosted by Alan Fisher, President of East Lawn and Michelle Johnson, Regional Director of the Alzheimer's Association.

A special "Thank You" goes out to Sal Arrigo, who started the event and was the catalyst in building the program that has raised all the funds for research. Sal served as the official race starter.

East Lawn Memorial Park is located at 4300 Folsom Boulevard in Sacramento. For more information about the Fab 40's 5k Run/Walk visit: http:// fab40s5k.org/.









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Kmart Site Rehab Stalls as Rebounderz Bounces

Continued from page 1

boulevards. Roseville resident Ben Aibuedefe, said the area's lower rents and future plans for revitalizing the boulevard and its current retail structures, was a big draw for his new Checkers franchise.

But it is possible prospective tenants for the larger lots, where there are still several other vacant retail buildings, are holding off until they see a more cohesive rehabilitation plan come together for the high-traffic Auburn Boulevard corridor. The first of a two-phase Auburn Boulevard Complete Streets Revitalization Project was completed in 2014. As part of a sweeping plan to revitalize Auburn Boulevard from Sylvan corners to Interstate 80, Phase 1 involved moving utility cables underground and shoring up frontage easements, the planting of roughly 230 new trees,

construction of some 10,000 feet of bike lanes and new sidewalks, as well as the installation of new energy-efficient street lights.

Phase II is expected to begin in 2019, however, funding for that stretch is not in place at this point, according to the city's Kempenaar. Meanwhile, many shuttered retail spaces in the Kmart center, and at other points along that stretch of Auburn Boulevard remain vacant, not necessarily the best draw for new business.

"There is no money for the second phase right now for that," said Kempenaar. "It's a huge project, stretching from Rush Park to the city limits with Roseville, so it's a process that takes time. Right now, we don't have the funding to do the second phase, which was not part of our annual budget. Typically for projects like this one, we go out for grants."

Those grants have previously come from the Sacramento Area of Governments, which Kempenaar said has a very competitive application process for funding.

The Kmart lot had previously been earmarked for a new hotel for Citrus Heights, however that plan also failed to gain traction, and Big Lots and Rebounderz came in to play. The Citrus Heights location for Rebounderz would have marked the Sanford, Florida-based company's first forav into to the Sacramento region. It was to include multiple trampoline areas for children and adults alike, birthday party and special event spaces, obstacle and fitness courses, food and beverage and a retail store.

Rebounderz opened its first location, part of a franchise model, in 2008 and has approximately 10 locations, including one in Panama. Calls to Big Lots for an update on their plans for the Kmart development were not

improving the safety

of our streets, we want

to be as fair as possible

to motorist travelling

in our city." Chief Ron

Lawrence confirmed.

"This is a thirty-day

grace period, but motor-

ists should take note

that in 30 days the cita-

tions and the fines will

be real. An Officer can

still stop and issue a cita-

tion if they observe the

intersections and road-

"We want to make our

violation."

Red Light Camera Warning!

New Cameras Begin Operation

Special City Release

CITRUS HEIGHTS, CA (MPG) - In an effort to reduce collisions and make City streets safer, Citrus Heights implemented a red light photo enforcement program in May 2008. On July 28, 2017 the City of Citrus Heights will expand their program to include two new locations. Cameras and violation sensors will monitor two more of the city's highest-risk intersection approaches - starting with the intersection(s) of Greenback Lane and Auburn Boulevard as well as Greenback Lane and Parkoaks Dr.

The program is seen by City officials as an important step to improve the safety and flow of local traffic. However, by law drivers who live, work, or travel through Citrus Heights are granted a 30-day grace period before actual citations are issued.

"Photo enforcement has a greater deterrent effect if drivers are aware it's out there, " said Sergeant Kris

Frev. Program Manager. "It is important to us that all Citrus Heights drivers know we are using photo enforcement and that they have time to learn about this safety program."

For the first thirty days when Citrus Heights starts using the red light enforcement cameras, only Warning Notices will be issued. The Notices will explain that beginning (August 26, 2017), actual cita-

tions will be sent to violators, who will then be responsible for paying the \$481 fine. It should be noted that right turns on a red light, without stopping, is also a violation. Drivers must come to a complete stop behind the limit line to make sure the intersection is clear of traffic and pedestrians, before continuing with the right turn.

"Though we are committed to



violation sensors will monitor two more of the city's highest-Auburn

risk intersection approaches -Greenback Lane a n d Boulevard as well as Greenback Lane and Parkoaks Dr.

ways in Citrus Heights as safe as possible with the goal of reducing traffic collisions and saving lives.' the Chief added. Citrus Heights' red light enforcement program will be administered by Redflex Traffic Systems, Inc., an Arizona-based provider of traffic

safety photo enforcement. Source: City of Citrus Heights ★

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