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Citrus Heights Messenger

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MARCH 10, 2017

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Playmakers Launch at Skycrest Elementary



From left to right (top photo), Skycrest Elementary students Kevin Martinez, Clarissa Viers, Marcelo Cruz and Raonak Bajracharya have some fun in the computer lab on the first day of Playmakers. Coach Roz (at right) gets new participants to know new Playmakers on day one at Skycrest Elementary.

Story and photos by Jacqueline Fox

CITRUS HEIGHTS, CA (MPG) - It started with a few head-butts and then a fist-bump or two. Then, they got down to character.

"We're going to do a lot of fun things in here," Greg "Coach Roz" Roeszler, founder and executive director of Playmakers told the 16 new Skycrest Elementary school recruits who were enjoying day one of the program at their school. "But first and foremost, we are going to be working really really hard on our core values in here," he added, and then called on each student to stand, say the

name of their favorite sport and color, then greeted each with an official head-butt.

It's not all fun and games, however, as students enrolled in Playmakers must work hard on improving their academic skills, which includes a primary focus on reading, as well as leadership, mentorship of other students, field and team sports prowess and

overall good values.

"This isn't daycare," said Roeszler. "This about teaching core values and creating a path to leadership."

Playmakers is a year-round program launched in 2009 at Cordova Meadows Elementary. Including Skycrest,

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Snowpack's Water Content Far Above Average

SACRAMENTO REGION, CA (MPG)

- The Sierra Nevada snowpack continues to build during one of the wettest winters in California's recorded history. The manual snow survey by the Department of Water Resources (DWR) at Phillips Station in the Sierra Nevada found a snow water equivalent (SWE) of 43.4 inches. February's Phillips survey found 28.0 inches of SWE, and January's reading was 6.0 inches. The March 1 average at Phillips is 24.3 inches.

On average, the snowpack supplies about 30 percent of California's water needs as it melts in the spring and early summer. More telling than a survey at a single location are DWR's electronic readings from 98 stations scattered throughout the Sierra Nevada. Statewide, the snowpack today holds 45.5 inches of SWE, or 185 percent of the March 1 average (24.6 inches).

Measurements indicate the water content of the northern Sierra snowpack is 39.2 inches, 159 percent of the multi-decade March 1 average. The central and southern Sierra readings are 49.0 inches (191 percent of average) and 46.4 inches (201 percent of average) respectively.

State Climatologist Michael Anderson said the winter season has been "historic," especially in the central and southern Sierra where elevations are higher and where snowfall has been near the 1983 record amount.

The Phillips snow course, near the intersection of Highway 50 and Sierra-at-Tahoe Road, is one of hundreds surveyed manually throughout the winter. Manual measurements augment the electronic readings from about 100 sensors in the state's mountains that provide a current snapshot of the water content in the snowpack.

Frank Gehrke, chief of the California Cooperative Snow Surveys Program, conducted today's survey at Phillips and said of his findings, "It's not the record, the record being 56.4 (inches), but still a pretty phenomenal snowpack.... January and February came in with some really quite phenomenal atmospheric river storms, many of which were cold enough to really boost the snowpack."

Gehrke said the central and southern regions in the Sierra Nevada are tracking close to 1983, which had the maximum recorded snowpack statewide.

Source: DWR

★

Society for the Blind Receives \$20,000 from US Bank for Job-Readiness Training

SACRAMENTO REGION, CA (MPG) - US Bank recently gave \$20,000 to Society for the Blind in Sacramento to help fund its job-readiness programs for youth and adults with low or no vision.

"The unemployment rate is 70 percent for people with vision loss, so we are especially grateful to US Bank for acknowledging this gap and helping to fund our programs that will help youth and adults with

low or no vision land good jobs," said Shari Roeseler, executive director, Society for the Blind.

Society for the Blind's job-readiness programs assist transition-age youth and working-age adults in career planning, setting and meeting educational goals, job placement and coaching. Programs include job exploration counseling and work-based learning experiences. Participants with

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Shari Roeseler of Society for the Blind and Tisha Mora of US Bank. Photo courtesy Kristen Thebaud

**WE SUPPORT
OUR MILITARY**

Mourners Honor CHP Officer Killed in Line of Duty

Story and photos
by Jacqueline Fox

SACRAMENTO COUNTY, CA (MPG)

- More than a thousand mourners, dominated by members of law enforcement from police and fire divisions as far away as Utah and New Mexico, many wearing black bands across their badges in a show of solidarity, filled the sanctuary of Adventure Christian Church in Roseville March 4th to pay their respects to fallen California Highway Patrolman Lucas Chellew.

Among the mourners were the officer's sister, Hanna Chellew, who followed in her big brother's footsteps to become a member of the CHP's motorcycle division. Choking back tears, she recalled her brother's

“From a little sister's perspective, Lucas was the best big brother any one could ask for.”

HANNAH CHELLEW
SISTER AND FELLOW CHP OFFICER

er's wide, dimpled grin and propensity for pulling pranks, but mostly reflected upon his unwavering dedication to service and family.

“From a little sister's perspective, Lucas was the best big brother any one could ask for,” she told mourners, among them, several state legislators, including Gov. Gerry Brown and Attorney General Xavier Becerra. Calling him her “role model,” she said “Every year that passes, Lucas will be a year older. And I will have another year to be better. To be more like him.”

Chellew, 31, graduated fourth in his class from the CHP



A horse and carriage caisson leads a funeral procession from Adventure Christian Church following the memorial service for CHP Officer Lucas Chellew.

Academy in 2009 where he was pinned by his father, retired CHP Captain Charles Chellew. He served on the elite Mounted Patrol Unit for the Capital Protection Section before transferring to South Sacramento's West Valley motorcycle division. Some members of his squad were assigned the somber duty of carrying their fellow officer's casket into the sanctuary to the sound of bag pipes, while others offered emotional anecdotes about their

friendships with Chellew and his tenacious sense of duty.

“This is a message to you and my squad, the South Side Squad,” said Chellew's commander, CHP Captain Evan Robinson. “He was a fighter pilot and bad guys beware.” Speaking more directly to Chellew's family seated front row near his flag-draped casket, Robinson added “That's your son. That's your husband. That's your brother. He was all in.”

According to CHP reports,

Chellew was pursuing another motorcycle rider, Alberto Quiroz, 26, on Feb. 22nd when he was cut off by a car, crashed and later died from his injuries. Quiroz, of Sacramento, was later arrested and remains on bail. He faces three felony counts in connection with the accident, including a felony charge of evading an officer. Quiroz was scheduled for arraignment February 27. No further hearings had been set for the case of press time.

In addition to his parents and sister, Chellew is survived

“You'll be sadly missed and I look forward to seeing you one day my brother, Lucas.”

TROY CHISTENSEN
FELLOW CHP OFFICER



Mounted law enforcement officers prepare for the funeral procession for CHP Officer Lucas Chellew, with the flag mounted from two Sacramento County fire trucks at half-staff in the background.

by his wife, Christina, and their two children, Hadley, 15 months, and Cameron, 6. Christina Chellew did not speak during her husband's memorial, however, when fellow academy classmate CHP Officer Troy Christensen was overcome with grief while delivering a part of the service, she went on stage to comfort him. Composed, Christensen said “You'll be sadly missed and I look forward to seeing you one day my brother Lucas.” ★

Memorial Fund Set Up in Officer Chellew's Honor

A memorial fund in honor of Lucas Chellew has been established by the California Association of Highway Patrolmen Credit Union. Donations may be made through the CAHP Credit Union website, www.cahpcu.org, or mailed directly to:

Lucas Chellew Memorial Fund,
CAHP Credit Union
2843 Manlove Road,
P.O. Box 276507
Sacramento, CA 95827-6507.



The casket carrying the remains of California Highway Patrolman Lucas Chellew is carried out of the sanctuary at Adventure Christian Church March 4th by fellow CHP officers, accompanied by his wife, Christina, their son Cameron, family members and other mourners.

Scam: “Can You Hear Me?”



Use Caller ID to screen calls, and consider not even answering unfamiliar numbers. If it's important, they will leave a message and you can call back.

SACRAMENTO REGION, CA (MPG)

- The Better Business Bureau is warning consumers about an old scam with a new twist. The “Can You Hear Me?” scam has long been used to coerce businesses into purchasing office supplies and directory ads they never actually ordered, but now it's targeting individual consumers, as well.

In the last few days of January, more than half of the reports to BBB Scam Tracker have been about this one scam. Consumers say the calls are about vacation packages, cruises, warranties, and other big ticket items. So far, none have reported money loss, but it's unclear how the scams will play out over time, or if the targets will be victimized at a later date.

Here's how it works: You get a call from someone who almost immediately asks “Can you hear me?” Their goal is to get you to answer “Yes,” which most people would do instinctively in that situation. There may be some fumbling around; the person may even say something like “I'm having trouble with my headset.” But in fact, the “person”

may just be a robocall recording your conversation... and that “Yes” answer you gave can later be edited to make it sound like you authorized a major purchase. BBB is offering consumers the following advice:

- Use Caller ID to screen calls, and consider not even answering unfamiliar numbers. If it's important, they will leave a message and you can call back.
- If someone calls and asks “Can you hear me?”, do NOT answer “yes.” Just hang up. Scammers change their tactics as the public catches on, so be alert for other questions designed to solicit a simple “yes” answer.
- Make a note of the number and report it to bbb.org/scamtracker to help warn others. BBB also shares Scam Tracker information with government and law enforcement agencies, so every piece of information is helpful in tracking down scammers.
- Consider joining the Do Not Call Registry (DoNotCall.gov) to cut down on telemarketing

and sales calls. This may not help with scammers since they don't bother to pay attention to the law, but you'll get fewer calls overall. That may help you more quickly notice the ones that could be fraudulent.

- Check your bank and credit card statements regularly for unauthorized charges. It's also a good idea to check your telephone and cell phone bills, as well. Scammers may be using the “Yes” recording of your voice to authorize charges on your phone. This is called “cramming” and it's illegal.

Report scams to BBB Scam Tracker (bbb.org/scamtracker). For more than 100 years, Better Business Bureau has been helping people find businesses, brands, and charities they can trust. BBB Serving Northeast California, founded in 1928 and serving 24 counties, is one of 113 local, independent BBBs in the United States, Canada and Mexico. For reports on businesses and for information about BBB services, please visit our website at www.bbb.org/sacramento or call (916) 443-6843. Source: BBB Media ★

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Louis McNerney

obstacles, and proclaiming there's never been a better time to own a small business, according to a nationwide survey.

“The environment (for small businesses) is certainly as good as it's been since before the recession” of 2007-09.

In a recent survey, more than half of the folks surveyed believe that now is the best time to be a small business owner. Their positive outlook is rooted in the benefits of new technology, the generally improving economy and more favorable lending conditions.

A survey of small business owners showed the results are consistent with other recent evidence of strong hiring by small businesses and underscore that they're positioned to underpin solid economic and job growth this year, offsetting the struggles of larger companies.

Small businesses are more insulated from the turmoil going on overseas and less concerned with what's going on

These are the good old days for America's small business owners.

A majority of those polled are defying the fitful economic recovery and regulatory

in the stock market. Small businesses export relatively little compared to their mid- and large-sized competitors and aren't dependent on their stock values to finance acquisitions. Despite some global and national economic uncertainty, local entrepreneurs are bullish about their prospects.

Of the small businesses surveyed, 61% said they were doing well, and nearly 80% said that over the past three months their business grew the same or more than it did in the year-ago period.

31% were hiring or planning to do so in the next three months, up from 22% that brought on new employees the previous year.

Global uncertainty appears to have the least impact on small enterprises. Small business job growth showed no sign of flagging and continues to outpace gains by larger firms.

If you're looking to start or buy a business in 2017, contact me. I can help educate you on what opportunities may suit you best. I also work with financial advisers to help you structure the best investment solution. Whatever type of business you choose, there are several financing options to help you meet your goals. Give me a call today and let's get started.

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For More Information contact Louis McNerney,
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Kiyo Sato Named Woman of the Year at Annual Celebration

Assemblyman Ken Cooley and the California Legislature Recognize Sato

RANCHO CORDOVA, CA (MPG) - Assemblyman Ken Cooley (D-Rancho Cordova) joined the California Legislative Women’s Caucus to recognize women from across the state in celebration of Women’s History Month. This year, Assemblyman Cooley honored Kiyo Sato of Sacramento.

“Like so many Japanese-Americans that were forced to leave their homes in a time of national panic and bigotry, Kiyo did not let it stop her from living an exceptionally full life. She joined the Air Force, became a nurse, raised her family and is now a highly-regarded author,” said Assemblyman Cooley. “Kiyo has shown tremendous courage and perseverance through her entire life and I am truly honored to see her recognized at the State Capitol for all of her extraordinary achievements.”

Kiyo Sato, the eldest child of a Japanese-American immigrant family, grew up before World War II with her eight brothers and sisters in Sacramento, California. Her parents established a thriving family farm on a few acres in the Mather Field area of Rancho Cordova. Home life in the Sato family was a pleasant mix of Japanese and American customs, as Kiyo describes at length in her memoir *Dandelion* through the Crack and in her more recent book *Kiyo’s Story – A Japanese-American Family’s Quest for the American Dream*. Kiyo was 19 years old and had just started college in Sacramento when President Roosevelt signed Executive



“Kiyo has shown tremendous courage and perseverance through her entire life and I am truly honored to see her recognized at the State Capitol for all of her extraordinary achievements,” said Assemblyman Ken Cooley. Photo courtesy Ken Cooley

Order 9066 in February, 1942, which forcibly relocated Japanese-Americans from their homes. Kiyo and her family were forced to leave their farm with little more than the clothes on their backs and relocate to an internment camp at the Poston Indian Reservation in Arizona.

At the end of the war, Kiyo and her family were released from the prison camp and briefly worked in Colorado as seasonal laborers before they finally returned to their farm in Sacramento to rebuild their home and their lives. Kiyo’s parents were able to keep their farm, but many Japanese-Americans were not so fortunate and had to start completely from scratch.

Kiyo later joined the United States Air Force, completed college with a Master’s in Nursing and achieved the rank of Captain for the USAF Nurse Corps. She eventually returned home from her service, married, and started her own family in Sacramento. Her four children grew up helping with their grandparents’ farm – a vital part of every Sato family member’s experience.

Kiyo Sato is a member of the Veterans of Foreign Wars, Nisei Post 8985, in Sacramento. As a renowned published author, Kiyo was the winner of the 2008 William Saroyan Prize for nonfiction, and winner of the Northern California Publishers and Authors Gold Award for Best First Books, the Sacramento County Historical Society Publications Award, and the NCPA Mark Twain Award in 2012. Kiyo’s favorite saying is “Kodomo no tame ni” meaning “for the sake of the children.”

Source: The Office of Ken Cooley ★

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CITRUS HEIGHTS CHAMBER

CONNECTING BUSINESS EDUCATION COMMUNITY



Mark Creffield
Executive Director

Last month I revealed the Chamber’s Economic Development Committee was developing a new “Brown Bag” Morning Seminar Series that will present various business related topics each month. I am excited to announce our inaugural seminar will take place on Tuesday, March 14th in the Community Room at Citrus Heights City Hall. The subject is Sacramento State Intern Program and Recruiting a Sacramento State Graduate. Although the RSVP deadline for this event is March 10th, if you are interested in attending, please contact the Chamber today to inquire if there are any seats left. This seminar is FREE to our Chamber Members and only \$15

for Prospective Members. Please visit our website at www.chchamber.com to check the dates for future seminars.

This month’s featured Chamber committee spotlight is on our **Government Issues Committee**. Government Issues meets from 8:00 a.m. to 9:00 a.m. on the 1st Thursday of the month in the boardroom at the Regional Water Authority office located at 5620 Birdcage Street, #180 in Citrus Heights.

This committee advocates for business in general and the members of the Chamber in particular. The Committee is the voice of Citrus Heights businesses at the City, County, and State levels and works directly with the City to accomplish common goals. The Government Issues Committee advocates for business friendly legislation through participation in coalitions, partnerships, and legislative bill review. When an issue is presented before the committee, both sides are examined, consensus is reached, and a recommendation is forwarded to the Chamber’s Board of Directors to take a position. In general, the board accepts the recommendation however, on occasion, they have taken a different position or requested the committee do additional research before the Chamber forwards a public statement of support or opposition.

As always, thank you for taking the time to read our Citrus Heights Chamber of Commerce monthly article. Please visit our website at www.chchamber.com, like our Facebook page, and follow us on Twitter. See you next month!

•Upcoming Meetings and Events•

Tuesday, March 14th – 11:30am – 1:00pm
Monthly Membership Luncheon at North Ridge Country Club in Fair Oaks
“Connecting with SMUD” SEED Program incentives for local small businesses

Tuesday, March 28th – 8:00am – 9:00am
Coffee and Networking Connection hosted by Togo’s Greenback Square and BPE Law Group, P.C. 8053 Greenback Lane in Citrus Heights

•Welcome New Members•

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Crossword Puzzle on Page 5

P	L	A	I	D		D	O	C			W	H	O	M	
H	O	U	R	I		E	R	A			S	H	O	V	E
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T	E	S	T				S	E	A		Y	E	S	E	S

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Sudoku Puzzle on Page 5

8	9	4	5	7	1	6	2	3
6	3	7	9	4	2	8	1	5
2	1	5	6	3	8	4	9	7
9	2	1	8	6	7	5	3	4
5	7	3	4	2	9	1	8	6
4	6	8	3	1	5	9	7	2
7	5	2	1	9	6	3	4	8
1	4	6	2	8	3	7	5	9
3	8	9	7	5	4	2	6	1

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The Secret to Being Organized

Pam Young's Corner

Maybe it's Time to Change Your New Year's Resolution

If your New Year's Resolution was to "get organized" but here it is February and you're not doing so well, could it be that you have too much stuff? Remember you can't organize clutter.

What if you won the Publishers Clearing House Sweepstakes and you received \$5000 a week for the rest of your life, as long as you promised to do a weekly clearing house sweep or you wouldn't get the money?

Keeping your home streamlined, including closets, cupboards and drawers can give you an on-going feeling of freedom, but it's also an ongoing task of decision making. A garage that's full of stuff while the family car takes second place in the drive-way is just a humungous IPOD (Important Pile Of Decisions). When you say, "Oh just put it in the garage for now;" you're just postponing making a decision on the item. That one sentence, "Oh just put it in the garage for now," is really why your car is in the drive-way. Your car! The second largest expenditure you make, your home being number one.

Clutter in your home is merely a reminder, a flag if you will that your closets, cupboards and drawers are crammed full of squatters so there's no room for you or anyone in your family to put things away. The things that don't get put away are the things you're actually using and you render

them homeless when you allow the squatters to fill your drawers, cupboards and closets.

Technology

I've always said there are some things in the home that reproduce when you're not looking, referring to jars, plastic shopping bags, twist ties, business pens and such, but with the fast pace of technology, I hadn't considered cassette tapes, CDs, DVDs, cell phones, VHS tapes and such seeming to have babies while I've been busy. When those suckers had babies while I wasn't looking it was like I'd left those innocent infants in their little box nurseries like unattended orphans, for years, when they could have been given to adoptive parents who could have taken care of them and used them.

A BO's (Born Organized) Take

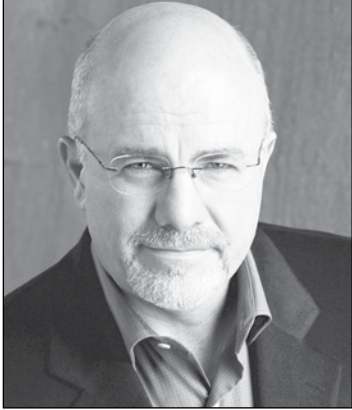
I was sitting at a table of seven other members of a Chamber of Commerce meeting enjoying a nice lunch when I decided to ask the question, "Do any of you think you have too much stuff?" It seemed as though the whole table groaned a collective groan of guilt—except for one woman who was obviously a BO. She piped up and said, "I'm really good at getting unwanted stuff out of my house, because I do it regularly." She said it with such personal pride! I asked her, "What is regularly?"

"Monthly," she said without pause. "I do it on the last week-end of each month and I take the stuff to a second hand consignment store the following Monday. They know me personally," she replied with a big grin.

Just think about Mother Nature for a minute. Right now it's in the middle of winter and our deciduous trees are completely bare. The winds, and freezing conditions have stripped all the leaves from their limbs and the leaves have been blown away. When we eat our bodies use what they need and eliminate the waste. If we could follow nature's plan, we'd be like that BO at the meeting, we'd get rid of what no longer serves us and we'd do it regularly.

Again, if your New Year's Resolution was to get organized in 2017 and it hasn't quite come about, what if you changed your resolution to: Start having a monthly closet, cupboard and drawer clean-out and get to know the owner of the consignment store in my neighborhood?

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view.



You're Using It Wrong

Dear Dave,
I take classes online at a public university that is several hours from my home. I tried to pay for my classes the other day, and my Visa debit card was not accepted. I got a message saying credit cards and cash were the only payment options. How can I take care of this without wasting an entire day driving to campus to pay with cash?
- Amy

Dear Amy,
Don't worry, there's no need for you to drive all the way to campus and back just to pay for your classes. You can run a debit card like it's a credit card, and they will accept it. The machines don't recognize the difference, whether you type in a credit card number or a debit card number. Just select "credit" when it asks for payment method. It's just like when you step up to pay for something at the store and they

Dave Says

ask the old credit or debit question. You say credit, so you don't have to enter your PIN (personal identification number), and it all stays in the Visa system.
You're just using it wrong, and that's why you're having trouble. Just remember this in the future, and best of luck with your classes!
—Dave

Consider the House?

Dear Dave,
My husband and I have been debt-free, except for our mortgage, for a few years now. Recently, we've been thinking about moving back to our home state to be closer to family. We've found a home we're interested in, but it has a large utility tower on the property not far from the house. Should we still consider this home?
- Denise

Dear Denise,
The downsides are simple. One, you've got to look at the stupid thing every time you're sitting on your patio. Two, when you get ready to sell it, everyone who looks at the house is going to have the same concerns you have. It's not going to appreciate in value, and you're going to have trouble selling it when the time comes.
If you're willing to put up with

those two things, you might get a steal of a deal on this place because no one else may want this house. And when I say a steal, I'm talking around 40 percent off the appraisal. To me personally, it would be enough of an eyesore that I probably wouldn't buy. Again, that's just a personal opinion.
Keep in mind that if you go through with this, when you get ready to sell it you're going to lose out on any money you gained in the buy. Someone is going to do the same thing to you. I'm not completely killing the deal, but I definitely wouldn't buy it to live in. As a rental? Maybe, if I were going to keep it forever. Because people will always rent. But honestly, I wouldn't want to put up with the hassle in either scenario.
—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. *The Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Society for the Blind Receives \$20,000 from US Bank for Job-Readiness Training

Continued from Page 1
little or no work experience learn workplace readiness skills and are placed in internships prior to career exploration.

For more than 60 years, Society for the Blind has created innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve

their full potential. Society for the Blind has grown from a dedicated group of volunteers that included the Lions Clubs of America to a nationally recognized agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of northern California. The nonprofit

provides low-vision eye care, life and job skills training, mentorship, and access to tools to maintain independence for 6,000 youth, adults and seniors experiencing vision loss each year. For more information or to make a donation, visit www.SocietyfortheBlind.org.
Source: Kristin Thébaud Communications

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CLUES

ACROSS
1. Upright monument
6. Likewise
9. "Eagle's talon
13. "Entrances to ground-hogs' burrows
14. Objective male pronoun
15. Curaçao neighbor
16. Islam's Supreme Being
17. A in IPA
18. More silent
19. "Beaver-like rodent
21. *a.k.a Brown bear
23. Popular Thanksgiving tuber
24. SWAT attack
25. Between game and match
28. O. Henry's "The Gift of the "
30. Make numb
35. ____ sack
37. Drinks through a straw
39. Red Sea peninsula
40. Beyond natural
41. Single-mast boat
43. Soda pop recyclables
44. Little Boy and Fat Man
46. Way, wway off
47. "Cogito ____ sum"
48. It's meant to be
50. *Great leaper
52. Who's from Mars?
53. Not that
55. Bobby sox dance
57. *Nocturnal mask wearer?
61. "Red sky at night, sailor's "
65. Cool & distant
66. Public health approver
68. One who dares
69. Reg. alternative
70. Singer-songwriter Stewart
71. Accustom
72. One of many in an arena
73. "Four score and seven years ____"
74. Norbert, to his momma?

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12
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65						66	67			68			
69							70			71			
72						73				74			

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Crossword Puzzle Solutions on Page 4

- DOWN
- Pillow that's not for sleeping
 - Cough syrup balsam
 - Corner pieces
 - Prone to communicate secret info
 - Hindu retreat
 - Not this
 - Tin Man's necessity
 - Last letter of Greek alphabet
 - Actress Penelope
 - Figure skating jump
 - Cain's unfortunate brother
 - Extra cautious
 - NaNH2 and H3CONH2, e.g.
 - What hoarders do
 - Human cage part
 - Heists
 - *Striped stinker
 - Boredom
 - Flyer holders
 - *Desert monster
 - Likable
 - Take a piece from
 - Canine affliction
 - *a.k.a. buffalo
 - Poe's "Annabel Lee", e.g.
 - *Fly like an eagle

- Nasa mission, e.g.
- Depart
- Short for although
- Prefix with red
- Baby grand
- X-ray units
- Away from wind
- Kind of cola
- *Snowshoe's seasonal change
- Carpenter's groove
- *Earthworms to a badger, e.g.
- Lemongrass, e.g.
- 3-point shot
- *Prairie ____

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8		4						
7				5				4
	9	2	4	1				
		1			6		9	5
			9				7	
4	6		8			1		
				8	2	3	1	
	7			3				9
						5		6

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 4

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16-1

Publisher,
Paul V. Scholl

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I'll Do It First Thing Tomorrow

Dr. James L. Snyder

You would think being a husband as long as I have been I would have learned the fine art of negotiating with my wife. And trust me, it is an artistic creation.

When I got married, somebody told me that marriage was a 50-50 proposition, which being the naive young man that I was, believed it entirely.

The problem I have discovered is that 50 from a man's point of view may not necessarily be 50 from a woman's point of view. If I knew then what I know now, I would have asked that person to define what they meant by 50.

Through the years, I discovered that at times it is a 25-75 split. Other times it is a 0-100. Nobody can be 100% right all the time unless of course they are married to a husband.

When men get together, they talk about sports, hunting, cars and so forth.

When women get together, they talk about how to deal with their husbands.

I know it does not sound fair, but then it is our fault as men for not getting our act together.

Although, I must admit that at this point in my life I do not have any regrets. The only thing that I have trouble with is the word "tomorrow."

I am not quite sure what that word means from my wife's perspective. From my perspective, the word "tomorrow" is just a way of putting something off and possibly not even doing it.

I never really thought anything of it until recently. To me the word "tomorrow" was just a casual word I used to postpone things. It was not until last week that it really came to the forefront.

The Gracious Mistress of the Parsonage asked me to do something for her. I was really busy at

the time, I'm not sure what I was busy doing, but I was not paying too much attention. I smiled at her and said, "Okay." Then, I went back to doing whatever I was doing.

The next day she approached me and said, "Did you do what I asked you to do yesterday?"

I really was not quite up to date on what she asked me to do yesterday, but I said, "No, but I'll do it tomorrow." To be fair, I actually forgot about it. I did not mean to forget about it, but it does not change the fact that I forgot about it.

The next day she queried me rather sternly, "Did you do what I asked you to do the other day?"

At this point I was marinating in that husband fog that seems to plague every husband and so I said, "No, but I'll do it first thing tomorrow for sure."

If I thought that was the end of the conversation, I was thinking in vain.

"Today," she said as sternly as I have ever heard her speak, "is the tomorrow you promise to do it."

Now I am swimming in that husband fog. How in the world can today be tomorrow? At this point, I did not know if she was confused or if I was confused. To keep things safe, I will admit to being the one confused.

"Yesterday," she began explaining, "you said that tomorrow you would do the task I asked you to do. Well," she continued, "this is that tomorrow!"

For the life of me, I could not understand why today was actually tomorrow. Then she said something along the line that tomorrow would actually be today. What I want to know is, is today tomorrow or is tomorrow today?

By this time I was so confused I had forgotten what she had asked me to do. My dilemma was, do I confess to her I had forgotten and

ask her to remind me what she wanted me to do? Or, should I promise to do it tomorrow?

As you can imagine, the latter was completely off the table. I had to humble myself and ask her most sorrowfully, "I'm sorry, what did you ask me to do?"

With both hands on her hips, she stared at me and said, "That's exactly what I thought. You weren't listening to me the first time, were you?"

Getting back to that 50-50 split; it is now 0-100 split. I am at the 0 and she is 100% right.

The art of negotiating with your wife begins by humbling yourself and saying that you are wrong. Nobody wants to say that, but that is where everything begins.

I must confess that I do not always hear everything and even what I do hear it does not really register, as it should. I tried to use the old excuse that I am too old and I forget. However, as you might imagine, that really does not work.

After explaining to me what she wanted me to do, I went off to do it. While I was on my way to accomplish that which I had put off till tomorrow a verse seemed to reverberate in my mind.

It was the apostle Paul writing to the Corinthians where he said, "Wherefore let him that thinketh he standeth take heed lest he fall" (1 Corinthians 10:12).

If I am going to think something through carefully I need to hear what is being said, especially who is saying it. I hope I learned my lesson that today is the tomorrow I kicked down the road yesterday.

Dr. James L. Snyder is pastor of the Family of God Fellowship Ocala, FL where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail jamesnsnyder2@att.net. His web site is www.jamesnsnyderministries.com. ★



By Pastor Ray Dare

There is a belief in our culture that is so strong, every one of us is influenced by it whether we want to be influenced by it or not. The belief is this - If it feels good, do it. If it feels good I should do it. And, if it doesn't feel good I shouldn't do it. Whether I want to be influenced by that or not, I am. And when I allow myself, I become manipulated by my moods instead of living a life of faith. God wants you and me to live a different kind of life. A life of faith. Not just a life of feeling.

The truth is I don't always feel like doing the right thing, and you don't either. But God can give us the kind of faith that persists above feelings. The truth of the matter is, if you look at all of life, anybody who's successful at anything, does things they

Pastor Ray's Encouraging Words

How to Persist

don't feel like doing. That's how you become successful. You do things other people don't feel like doing. An Olympic athlete practices when they don't feel like it. A great musician practices too when they don't feel like it. If you're going to be a great salesman or saleswoman, that means you make calls that other people don't feel like making.

And if you want to get closer to God in your life, deepen your relationship with Him, that means you spend time with Him, even when you don't feel like it. You find somebody who really enjoys spending time with God, that means they spent time with God even when they didn't feel like it.

Faith is being persistent. Faith is refusing to give up no matter how tired you are. That's great to say, but the big question is, how do you become persistent?

The Bible talks about how you and I can begin to develop persistence in our lives through the example of a guy by the name of Moses. Hebrews 11 is known as the hall of fame of faith. Hebrews 11:27 "It was by faith

Moses left Egypt and was not afraid of the King's anger. He held to his purposes like man who could see the invisible." That's how you get there. That's how you persist. You begin to see the invisible. You see what God can do in your life. The invisible is God. And only those who see the invisible can do the impossible. Only those who see who God really is can persist in the most difficult times of life. You realize there's more than you can see. You realize it's Who you can see - God being present in your life.

You may feel like giving up on something today. God says, "Don't do it. Hang in there. Don't give up, look up. I will help you, I will strengthen you." See the invisible today. See that God wants and will work in your life when you ask Him to. When you ask Him for His help.

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By Marlys Johnsen Norris, Christian Author

When I was a little child, my grandfather would to sing gospel songs to me as we walked about a half-mile to the park where he pushed me on the swing. They were always songs of comforting words about Jesus love. I always felt deeply loved during those occasions. When I was a bit older and

Gospel Songs Put My Soul to Rest

attended church, songs like those really touched my heart as they ministered God's love to me and I got the message that God alone had the answers I really needed in my life. God will speak to our hearts in many different ways to reach us. It was during those young years I did accept Jesus as my Savior.

Jesus was my Savior but He did not become "Lord" of my life until age 34 when I was truly "born again" and began my obedient walk to know and love Him with my heart and soul. From 12 to 34 the influence of cults hindered my walk with the God of the Bible. That was some 47 years ago.

Today, those same songs and many many more continue to minister God's love and hope to my heart and life. "He Is My Everything" Many gifts of love and hope were bestowed on my

life through forgiveness, deliverance, redemption, transformation, healing, hope, grace, mercy and love is amazing to me. Certainly I am not worthy, but no one is! God, who loves each one of us, sent His Son to die a cruel death and rise again to redeem us from our sins. So one day we might live forever with Him in heaven. God awaits your decision that He will bless you as well.

God has blessed my life with victory and freedom beyond measure. To God Be All Glory and Honor!

Marlys Johnsen Norris
Chrisitan Author of 6 books
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POPPOFF!

with Mary Jane Popp

know, and then I thought, maybe being aware is the prudent thing to do. So here they are:

1) LEAD. Just like any stubborn bad guy, this colorless, odorless and tasteless metal can leach from lead pipes and plumbing fixtures and will definitely go undetected. Excessive amounts of lead place adults at higher risk for cancer, stroke, kidney disease, memory problems and high blood pressure.

2) FLOURIDE. Fluoride develops naturally in water; though rarely at the optimal level to protect teeth. Many assume that consuming fluoride is only an issue that involves your dental health. But, according to a 500-page scientific review, fluoride is an endocrine disruptor that can affect your bones, brain, thyroid gland, pineal gland and even your blood sugar levels.

3) IRON AND MANGANESE. Iron and Manganese are non-hazardous elements but can be a nuisance to your drinking water. They are similar metals and can cause similar problems like offensive taste, appearance, and staining.

4) PERCHLORATE. Perchlorate is a man-made chemical primarily used in the production of rocket fuel, missiles, fireworks,

flares, and explosives. It has been found in drinking water and surface waters in the United States (at least 26 states) and Canada.

5) BISPHENOL A. Bisphenol A (BPA) is an important chemical building block and additive in a wide variety of plastics. It is manufactured worldwide for approximately 3.2 million metric tons/year. This can be found in some plastic water bottles and the dangerous part is that it can leach into our food and drinks. According to the National Institute of Environmental Health Sciences, it may acquire health risks, especially to infants and children.

I will have to give you the last of the ten things you need to know about the water you are drinking in my next column. I just hate when I run out of space, but you don't want to miss the last of these culprits because they can really affect your life and the health of your family. If your need more information on Dr. Joe Alton, you can go to his website www.DoomandBloom.com. I know we are told that water is very important, and it certainly is, but you also need to know how to drink it clean! More next time! ★

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Sacramento County DA Reports



Defendants Convicted of Home Invasion Robbery Murder Defendant Convicted of Attempted Murder and Criminal Threats

DATE: February 17, 2017

CASE: Antjuan Sydnor & Anthony Jacob (Case #15F03945)

PROSECUTOR: Deputy District Attorney Andrew Smith, Homicide Unit

Antjuan Sydnor and Anthony Jacob were convicted by a jury for the murder of Byron Darbonne. The special circumstance that the murder was committed during the commission of a robbery and gun use allegations were found true. Sydnor and Jacob were also convicted of first-degree robbery.

On September 23, 2014, Antjuan Sydnor and Anthony Jacob followed Mr. Darbonne from the grocery store back to his house. Sydnor and Jacob forced their way into the home at gunpoint and duct taped both Mr. Darbonne and his girlfriend. The two demanded money from the couple. When Mr. Darbonne could not come up with a sufficient amount of money, defendant Sydnor shot Mr. Darbonne in the back of the head while he was tied up next to his girlfriend. Surveillance video of the get-away van and driver, cell phone information and DNA evidence identified Sydnor as the shooter and Jacob as a participant in the murder and robbery.

Both defendants face a maximum sentence of life in prison without the possibility of parole. Sentencing for Anthony Jacob is set for March 17, 2017, at 1:30 pm. Sentencing for Antjuan Sydnor is set for April 7, 2017, at 9:00 a.m. Both sentencings will be in Department 42 before the Honorable Allen Sumner.

DATE: February 17, 2017

CASE: Vicente Rodriguez (Case #16FE001413)

PROSECUTOR: District Attorney Scott Schweibish, Career Criminal Prosecution Unit

Vicente Rodriguez was convicted by a jury of premeditated attempted murder, two counts of assault with a firearm, two counts of shooting into an occupied vehicle, terrorist threats and being a felon in possession of a firearm.

On January 16, 2016, defendant Rodriguez demanded guns and money from the victim while at a local convenience store. When the victim refused, Rodriguez told the victim

he would kill the victim's mother. The victim drove home with an acquaintance in his vehicle and as he pulled up to his house he saw Rodriguez approaching in his vehicle. Rodriguez then approached the victim's car on foot while carrying a large caliber revolver and began shooting into the vehicle. The victim returned fire at Rodriguez. No one was injured in the exchange of gunfire.

Rodriguez has a prior strike conviction for assault with a firearm and had just been released from prison before committing these crimes.

Rodriguez faces a maximum sentence of 45 years to life in prison. Sentencing is set for March, 10, 2017, at 9:00 a.m. in Department 31 before the Honorable Michael Kenny.

DATE: February 23, 2017

CASE: Paige Nolasco (Case #16FE021897)

PROSECUTOR: Deputy District Attorney Kelly Mulcahy, Insurance Fraud Unit

Paige Nolasco pled no contest to felony insurance fraud. The Honorable Laurel White sentenced Nolasco to 90 days in jail, 5 years formal probation and ordered her to pay \$1,781 in restitution.

On April 30, 2016, Paige Nolasco's girlfriend rented a U-Haul truck and purchased insurance. Nolasco and her girlfriend intended to stage an accident and use the insurance money to repair Nolasco's previously damaged car. The plan was for the girlfriend to run into Nolasco's vehicle with the U-Haul and pretend they were strangers. The girlfriend backed out of the plan at the last minute. Nolasco proceeded to jump into the driver's seat of the U-Haul and ran into her own car.

On May 9, 2016, Nolasco filed an insurance claim against U-Haul alleging someone driving a U-Haul hit her car. Subsequent investigation revealed Nolasco and her girlfriend lived together and were not strangers. Law enforcement also discovered evidence that the alleged damage to Nolasco's car existed prior to the truck rental date. Nolasco later admitted to staging the accident. ★



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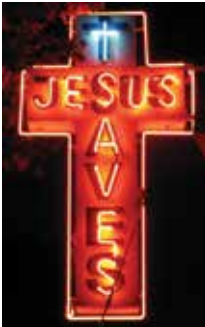
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American Pickers to Film in California



Mike Wolfe, Frank Fritz and Danielle Colby (center). These pickers travel the back roads of America looking to buy rusty gold. They're looking for amazing things buried in people's garages and barns. What most people see as junk, they see as dollar signs. They'll buy "anything" they think they can make a buck on. Each item they pick has a history all its own. And the people they meet? Well, they're a breed all their own. American Pickers make a living telling the history of America...one piece at a time. Photo courtesy American Pickers

SACRAMENTO REGION, CA (MPG)

- Mike Wolfe, Frank Fritz, and their team are excited to return to CALIFORNIA! They plan to film episodes of the hit series AMERICAN PICKERS throughout the region in Spring 2017!

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique 'picking' on History. The hit show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find sizeable, unique

collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items.

The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America's past along the way.

Mike and Frank have seen a lot of rusty gold over the years and are always looking to discover something they've never

seen before. They are ready to find extraordinary items and hear fascinating tales about them.

AMERICAN PICKERS is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send us your name, phone number, location and description of the collection with photos to: americanpickers@cineflix.com or call 855-OLD-RUST. ★



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MOBILE FOOD FACILITY GREEN, YELLOW AND RED PLACARD PROGRAM



Introduction

Effective January 1, 2017, the Green-Yellow-Red (GYR) placarding program will include food trucks, also known as Mobile Food Facilities (MFFs). Similar to the existing GYR placard program for fixed food facilities, the program will provide a clear and easily recognizable means of determining the food safety status of the MFF.

The program is mandatory and will be implemented for all MFF's (food trucks) operating in Sacramento County. This notice is to inform you of the coming changes, as well as to help you understand the ways you can prepare your business for this program.



Placard Criteria


PASS
A **GREEN** placard is issued when no more than one major violation is observed. The major violation must be corrected or mitigated during the inspection to avoid closure.
NOTE: A reinspection may be conducted if one or more major violations have been documented on prior field inspection(s), even if a **GREEN** placard was issued.

CONDITIONAL PASS
A **YELLOW** placard is issued when two or more major violations are observed. These violations must be corrected or mitigated during the inspection to avoid closure. A reinspection will be conducted within 24-72 hours (dependent upon MFF operating schedule) to ensure all major violations remain corrected. If all major violations remain corrected during the reinspection, a **GREEN** placard will be issued at the reinspection. A reinspection fee of \$201 will be billed.

CLOSED
A **RED** placard is issued when an imminent threat to health and safety is observed. Examples of imminent health hazards include: no water, food temperature >41°F or <135°F, rodent/insect infestation, leaking waste water, or severe unsanitary conditions. The **RED** placard must remain posted and the MFF must remain closed until a reinspection is conducted to confirm that the imminent health hazard no longer exists. If all major violations remain corrected during the reinspection, a **GREEN** placard will be issued at the reinspection. A reinspection fee of \$201 will be billed.

Inspections

EMD inspectors will be inspecting the MFF while it is operating, at least one time per year. (NOTE: The operator is not required to stop serving customers during the inspection.) A Green, Yellow, or Red placard **will only be issued during operational inspections** and must be kept posted on the MFF, within 2 feet of the service window or service area.




Major Violations to Avoid

In order to earn a **GREEN** placard, no more than one major violation can be observed during the inspection. If two major violations are observed, a **YELLOW** placard will be issued. A **RED** placard is issued when an imminent threat to health and safety is observed.
Avoid these major violations that could lead to issuance of a **YELLOW** or **RED** placard:

- No electrical power, faulty generator, generator turned off, vehicle not plugged in
- Inadequate or lack of refrigeration – refrigeration unit fails to store food ≤ 41°F
- Hot food not stored at ≥ 135°F
- No water – lack of potable water or lack of pressurized water
- Improper hand washing and/or utensil washing
- Improper sewage/waste water disposal
- Vermin infestation (roaches, flies, other insects and/or rodent)


If you find any of the above violations, please take the necessary steps to initiate a "self-closure" of your MFF, until the violations are corrected.




Food Safety Education Classes

EMD offers **FREE** "How to Get a Green Placard" training classes, designed for MFF operators. The specific criteria for the placard program, as well as basic food safety training will be reviewed in each class. The goal of these classes is to ensure each attendee has a complete understanding of how to receive and maintain a GREEN placard. Each class is 90 minutes. Please call EMD at (916) 875-8440 or go to emd.saccounty.net for a schedule of classes.

For additional information, contact EMD at (916) 875-8440, or go to the EMD web site at emd.saccounty.net.



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Playmakers Launch at Skycrest Elementary



Greg “Coach Roz” Roeszler gives a head-butt to program participant Aidan Adams, a 4th grader on day one of Playmakers at Skycrest Elementary.

Continued from page 1
Playmakers is now in operation at six elementary schools across Sacramento County, including the communities of Fair Oaks and Folsom, as well as a seventh school in Woodland. Participants will use the computer lab at Skycrest for reading tutorials, play team sports on the field and take part in field trips and special events, including excursions to Stanford University to meet players and watch games, as well as football games at Sacramento State and San Juan High School, Roeszler said.

Roeszler said the entire success of the program hinges upon students’ ability to work as a team. He added that it’s also important to know the parents and schools are also key players. “I just want the community of Citrus Heights to know how

“This isn’t daycare. This about teaching core values and creating a path to leadership.”

GREG ROESZLER
FOUNDER AND EXECUTIVE
DIRECTOR OF PLAYMAKERS

much of a team effort this whole program is,” Roeszler said. “This is a program of so many possibilities and they are all really endless. It’s also not just a story about our program, but there will be ongoing stories of the kids’ progress, what happens to them in this program, how

they grow and change, learn to serve others and, most importantly how they evolve.”

Support for the program at Skycrest comes in part from the Citrus Heights Rotary Club and Citrus Heights Optimists International, Roeszler said. “We can’t thank them enough for helping us make this possible at Skycrest.” ★

**Upcoming Annual Fundraiser:
Playmakers Annual Fundraiser Dinner
Saturday, April 29, 6 p.m.
Divine Savior Church
9079 Greenback Lane
Orangevale, CA 95662
For tickets or more information call
(916) 220-1284 or visit
www.theplaymakers.org**



By County Supervisor
Sue Frost

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

Recently I issued a survey to our community to help me evaluate and improve our services based on what you want to see. The survey is still open, and I invite you to participate by visiting my website at www.bos.saccounty.net/District4 – there is a link near the top that says “Complete a community survey.” However, while the survey is still open, with over 1,500 responses we can begin to make some meaningful conclusions based on the data.

For example, in a ranking of how residents feel budget priorities should be ordered, homelessness ranks 3rd in the community, with only law enforcement and transportation/roads being ranked higher. Clearly this issue is of high importance in our community.

On January 31st, the Sacramento County Board of Supervisors and the Sacramento City Council had a joint meeting that drew an overflow crowd of about 400 to have a discussion about

Citrus Heights Community Update

Homelessness in District 4

homelessness. The main topic of discussion was in regards to federal housing vouchers. There are currently around 70,000 people in Sacramento County waiting to receive federal housing vouchers, with only around 900 open slots each year. The people waiting on this list are either veterans, disabled, or pay over 50% of their income on rent/utilities - and have been waiting for years. Sacramento County is being asked to divert around 800 of these 900 slots to homeless people, letting them “jump the line” on the list.

I am not in favor of this approach for two reasons.

First, I do not think it is fair to the people currently waiting on the list. These people are often one step away from being homeless themselves - when they receive these vouchers, it helps ensure that their housing situation is more stabilized. This system would rob Peter to pay Paul, and push more people to homelessness.

Second, I do not think doing this will actually help solve the problem. We are kidding ourselves if we think that simply giving a homeless person access to housing is going to solve their problems. They need comprehensive services that any one solution fails to address, including better access to physical and mental health services. Further, voucher recipients must still convince landlords to rent to

them. Unless they are receiving wide-ranging services, many landlords will simply refuse to rent to homeless people. If vouchers are not being utilized, it increases the risk of our voucher program receiving less funds from the federal government.

The Sacramento County Board of Supervisors has directed staff to report back in late March with a comprehensive plan to tackle the issue of homelessness. I voted in favor of this this approach, as I think a “quick fix” potentially creates more problems – and taking time to find solutions that look at the root cause of this issue is the right path for us to take. I have also requested that staff initiate conversations with the other cities and communities of Sacramento County. As the community survey has clearly shown, homelessness is not an issue isolated to Sacramento City, and everyone impacted deserves a seat at the table.

Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, and Fair Oaks. ★



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By Elise Spleiss

Justin Giachino, himself formerly homeless in Carmichael for 8-1/2 years, now serves on the Community Advocacy Board, a subcommittee of the newly formed Carmichael HART. While at the shelters he recognized himself in several of the guests and knew they were ready to take the steps necessary to change their lives. He has been able to employ several of them in his own business.



Holt commented in an email of

During the seven weeks, the city offered the services of a funded Homeless Navigator to guests at the shelters. Lauren Juskelis visited each location once a week offering resources to guests, including housing information, bus passes and vouchers to obtain a driver's license or photo ID card. One positive outcome from this first Winter Sanctuary program is that five guests are

Holt said about the future in an email, "Although the Winter Sanctuary was a big success, we realize it is only the first step in a very long process to try and establish transitional housing for the homeless in Citrus Heights. In the next few weeks we will start preparing for the 2017-2018 Winter Sanctuary and we will be looking for members of the various churches in Citrus Heights that have a passion for the plight of the homeless, those who could

Future events the Citrus Heights HART will be presenting a one day "Stand Down on Tuesday, April 11, 2017 from 9 a.m. to 4 p.m. Laundry Love Saturday will be March 11 from 8 a.m. to 11 a.m.at the Paradise Laundry at Greenback and Sylvan, there will be free laundry services for homeless individuals. ★

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