



Advocates Advise Disabled Veterans
Page 8

Volunteers Needed for United Way's Annual Day of Caring

Page 2



Citrus Heights Messenger

"Written by the people, for the people"

Volume 5 Issue 17

Serving the City of Citrus Heights and Sacramento County

September 4, 2015

Watering Trees Is Wise, Not Wasteful



Page 5

THEY'RE BACK!



Page 11

POPPOFF!
WITH MARY JANE POPP



Page 8

Appreciation Picnic Honors Wounded Warriors

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - "Every Day is Veterans Day" and "Freedom is Not Free" were both running themes throughout the day at the sixth annual Citrus Heights Veterans Appreciation and Resource Picnic on August 22nd. The event was co-hosted by the American Legion Post 637 and the GFWC Citrus Heights Women's Club.

This year, the 10 a.m. hour was set aside for the special Purple Heart Memorial Service and Celebration. Master of Ceremonies for the day was CBS 13's Dave Bender, who said he was honored to be asked to serve as Master of Ceremonies.

Chris Lambert Jr., Military Order of the Purple Heart chaplain, and his wife, Susie, were guest speakers. Lambert is a U.S. Marine Corps veteran. He was awarded three Purple Hearts while assigned to Alpha 1/5 rifle platoon in Vietnam. This was a unique presentation as they addressed the stress issues experienced by families from every war that are "overlooked and minimized by American politicians and the media."

Susie Lambert delivered a poignant, self-revealing essay entitled, "Who Am I" that delved into their past. Upon her husband's return from Tet Offensive in Hue City, Vietnam, their life was never normal. The family experienced anger, 42 jobs, self-medication, overwork, and no family relationships. Yet, it took 42 years—until 2010—for changes to be made. Lambert was only then



This year, the 10 a.m. hour was set aside for the special Purple Heart Memorial Service and Celebration. Photo courtesy of Elise Spleiss

officially diagnosed with PTSD and able to accept help from the VA and other resources.

Susie shared that things are better now; they talk more and laugh more and she listens. Her hope on this day is to reach out to the young veterans who are suffering from their own demons and the mental and physical scars that run deep. There is help for them.

Sergeant Major Charles Linden, U.S. Army Retired, was the picnic's second annual

Guest of Honor. Linden is also a Purple Heart recipient from his service in Korea. He enlisted at the age of 16, convincing the recruiter he was 18. He is a former Army Ranger and Master Parachutist. In his talk, Linden said, "We read the original authors of the Constitution, and the men and women of the Revolutionary War who brought about the creation of the United States of America. The preservation of our Constitution lies within the protecting

arms of our military forces--the US Navy, Army, Marines, Air Force, National Guard--institutions that bring forth the patriots of America, the auxiliary, the women patriots who have stood by our defense, and our reserve officer training courses."

A representative of the CA Governor's Office read a proclamation in honor of Purple Heart recipients. Approximately two million Purple Hearts have

Continued on page 3

New Flagpoles to be Dedicated on Patriot Day

CITRUS HEIGHTS, CA (MPG) - On September 11th at 4 p.m., the Sylvan Ranch Community Garden, along with the City of Citrus Heights City Council Members and Mayor Sue Frost, will dedicate and unveil two new flagpoles by raising four new "Made in America" flags donated by the American Legion 637 and Boy Scout Troop 228. This recent flagpole project at the Sylvan Ranch Community Garden was constructed by Sean Kurdy and his fellow scouts, with contributions by American Legion 637 and local businesses.

"The Sylvan Ranch Community Garden is an asset of the community. The flagpole project has been a desired improvement to the site to honor all the veterans for their sacrifice and service so that we can enjoy the freedoms of our life," said Travis Segebart, president of Sylvan Community Garden.

The project includes two flagpoles that will fly United States, MIA, State of California, and Boy Scout flags, along with a new sign for the garden provided by the Sunrise MarketPlace.

The Sylvan Ranch Community Garden is a non-profit organization. Founded in 2009, the garden is a 1.85-acre site located at the corner of Sylvan Road and Stock Ranch Road in Citrus Heights. Its members are a group of civic-minded gardeners dedicated to sustainable organic growing methods, garden learning opportunities, and community spirit.

Source: City of Citrus Heights

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Local Artist Earns KVIE Auction Award

CITRUS HEIGHTS, CA (MPG) - Citrus Heights resident artist Steve Memering has been recognized with a juror award for his art submission to the 2015 KVIE Art Auction, showcasing more than 250 works of art by emerging, well-known, and world-renowned Northern California artists.

Recognized in the California's Gold category, Memering's piece, titled "Sacramento View: City Hall," will be featured along with the work of all other participating artists in a live, televised, three-day auction. The 34th annual auction will be broadcast on KVIE channel 6, beginning Friday, September 18th from 7 p.m. to 10 p.m. and continuing Saturday, September 19th and Sunday, September 20th, from noon to 10 p.m.

"This year's Art Auction features more first-time participating artists—an exciting mix of masters and new talent—making it the largest auction in our history with 275 original pieces,"

said KVIE's art curator, D Neath. "With an exciting lineup of art experts, viewers have an opportunity to collect art and enjoy learning about the best Northern California artists and their galleries."

A complete list of artists juried into the collection is online at kvie.org/artauction. Images and information on every piece of art up for bid (including air dates and times) will launch sometime in September. An awards ceremony to announce the Best of Show and first place in each category will be held during the Preview Gala on Monday, September 14th from 5:30 to 8 p.m. Tickets are available at kvie.org/artauction.

This year's auction is sponsored by the Niello Company, Mansour's Oriental Rug Gallery, Warren G. Bender Co., and SMUD. Proceeds from the event and auction help support KVIE local productions and community outreach services.

Source: Andrea Anderson

★



Citrus Heights artist Steve Memering's artwork titled "Sacramento View: City Hall," which was a jury award-winner in the California's Gold category of the 2015 KVIE Art Auction. Photo courtesy of Andrea Anderson

Caltrans Behaving Badly

SACRAMENTO REGION, CA (MPG) - California's highways are crumbling. It's a simple fact that we need to send more funding toward fixing our transportation infrastructure.

Sacramento Democrats believe that funding must come from increased taxes on fuel and fees on drivers. But the knee-jerk reaction to go back to the public tax trough is unconscionable when multiple reports continue to show high levels of government waste. Consider the following facts:

- A recent report by the California State Auditor Report found that Caltrans approved the timesheets of an engineer who played golf for 55 workdays from August 2012 to March 2014.

- The Los Angeles Times recently reported that the government email addresses of dozens of California state workers were included in the hacked list of users of Ashley Madison, the online dating site for married people, including employees from Caltrans.
- A report by the nonpartisan and independent Legislative Analyst's Office recommends eliminating 3,500 redundant positions at Caltrans. The report found that this would generate \$500 million annually for road repair, without impacting current construction projects.

If we can afford to pay 3,500 redundant employees to do things such as play golf and seek illicit affairs, we can afford to

pay to fix some potholes!

The majority party put crumbling roads in the back seat while they pushed forward with fast-lane new spending programs during this year's budget planning. Assembly Republicans have offered a nine-point plan to provide \$6.6 billion to fix our roads without raising taxes, but Democrat leadership has stalled on the plan. It's long past time for the majority party to come to the table to discuss... or maybe they're just stuck in traffic.

For more information, please contact the Assembly Republican Caucus at (916) 319-2012.

Source: Assembly Republican Communications ★

Appreciation Picnic Honors Wounded Warriors



A representative of the CA Governor's Office read a proclamation in honor of Purple Heart recipients. Photo courtesy of Elise Spleiss

Continued from page 1

been awarded in the United States since World War I.

A wreath-placing ceremony took place to honor all California combat-wounded veterans, especially those patriots killed in action, disabled, or who died of wounds suffered in battle. The Missing Man Ceremony was another reminder of those who have left us but remain in our hearts.

Following the Order of the Purple Heart Ceremony, the Citrus Heights Community

Marching Band officially opened the next part of the day with their usual exhilarating patriotic music. The delicious BBQ was again provided by Wild Wades BBQ & Grill.

There were a variety of veterans' resources and community organizations represented. Two new resources this year involved animals. Horses Healing Heroes provided Hank, a Quarter Horse, for rides and to experience his therapeutic abilities. 4 Paws 2 Freedom trains and provide service dogs,

therapy dogs, and companion dogs to military and non-military families. Service dogs for those suffering from PTSD are available.

A standing ovation goes to the businesses and local community of Citrus Heights and surrounding areas for their support for this event. This is what has made this event so successful for six years. But most importantly, a thank you goes to all military veterans and their families: past, present, and future. ★

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It's My Mess And I Love It

Dr. James L. Snyder

In our house, we have a rule that has enabled us to live at peace with one another for more years than I can remember. That rule is simple, “Don’t mess with my space and I won’t mess with your space.”

I must admit some rather close calls have challenged that relationship during those years. I will not say from which side of the house it came from; just that it was not my side.

It must be quite difficult for someone like the Gracious Mistress of the Parsonage whom, I must confess is a neat freak, and I am just a plain old messy freak.

My wife cannot relax if something is out of place. On occasion, I will catch her glancing in the direction of “my space” and I know exactly what she is thinking. I do not always know what she is thinking, because that would be very taxing on my thinking machine. But here, I know exactly what she is thinking. She wants to clean up my mess. “Do you need any help tidying up your office?”

I know it is a ploy for her to get her organizing paws on my things and arrange them so I cannot find anything I want, when I want it. Although it may not look like it to her, I am quite organized, thank you.

I guess we have a different idea when it comes to organization.

When I go to the cupboard in the kitchen, I know everything will be in its place. In the bathroom, the same thing goes. Everything is neatly put in its place. She knows where everything is and everything is where she wants it. Well, maybe not quite everything. There are those issues with me.

To make matters worse, she has this idea of cleaning the house on a regular basis. Do you know how annoying it is to hear the vacuum

cleaner running when trying to take a nap? Like clockwork, “our” vacuum cleaner takes its weekly, if not more frequently, run throughout the house. Do you know how much electricity it takes to do that on a weekly basis?

If I had to choose between dirt and electricity, I would choose dirt every time.

My space is just a little bit different. I like to think of my space as actual living/working quarters. It may look like a mess to some Philistine, but I can assure you everything has a place and everything is in its place. I can find what I want when I want it, which is the only thing that really matters. If I cannot find what I need when I need it, then I do not really need it. Life is that simple when you accept “messy” as a lifestyle.

Just recently, my wife suggested that perhaps she could help me organize my office space. I just scowled at her and said, “Don’t mess with my space and I won’t mess with your space.”

She smiled one of those sympathetic smiles she gives everyone she thinks does not know what is going on in the world. Quite frankly, I do not need to know what is going on in the world. All I need to know is what is going on in my world and I have several piles in my office I can consult on that topic.

All offers to help me tidy up “my mess” go unheeded. I like my mess because it is my mess. I made it, I’m proud of it and I love it.

I have grown quite uneasy as of late. Every time I go away, I come back to find some new remodeling project completed in our house. I am starting to believe she sees too much of “This Old House.”

I spent a week in California once, only to come home and find the kitchen completely remodeled. Now, I think the plan was for me

not to know where anything in the kitchen is. All the old cupboards have been replaced by newer and bigger cupboards.

I am afraid at this point to raise any kind of an objection. After all, we do have that “my space/your space” policy and I really do not want to jeopardize that in any fashion.

My basic concern is this; I fear when I go for a week and come back “my space” will be so completely remodeled and organized that I will not recognize it and will not be able to find anything I need. What, then, would I do?

If I compliment her on her remodeling jobs, it might make her confident about doing more remodeling jobs which may spill over into “my space.” Can you imagine how awful it would be?

It would be a sad day if I came home from some trip and found “my mess” completely gone. What would I do with my life? I would have to start life all over again and you know how expensive that is.

It is tough married to a fix-up guru; then again, I suppose it is harder to be wedded to a mess-up guru.

I have one concession in this area. David said it so well, “Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow” (Psalms 51:7 KJV).

God specializes in cleaning up messes and preparing people like me for heaven. That’s what really matters.

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail jamesnyder2@att.net. His website is www.jamesnyderministries.com. ★



By Marlys Johnsen Norris, Christian Author

God is the only creative source and origin for true love! His book of love, the Bible, confirms this. “Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God” (I John 4:7). He created love, as well as the empty hole that exists within all of us for true love to reside. Mankind has a hard time realizing that love that endures, sustains, fulfills, and satisfies does not come from another human being, but from

Starved for Love

our creator.

“In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another” (I John 4:10-11).

True love is implanted in us when we make a genuine commitment to live by God’s standards for life. Once that happens and we invite Jesus into our hearts, God miraculously provides His love within us that never ends. When we know Him, He plants His perfect genuine love in our hearts to love others. Another place scripture tells us that others will know us by our fruit! That means our actions, acts and our words.

Every human being has a deep inner need to experience genuine love. Unfortunately, many search for it in wrong places (sex, drugs, money) and are never satisfied. Wholeness and a good self-image only come from a personal intimate relationship with God. Sadly, people run from God because their

conscience is seared by the sins they have committed. They don’t know that God loves you unconditionally no matter what you have done. He understands and He waits patiently for each of us to realize we want and need Him. His Holy Spirit nudges all of us many times until we come to that place “we are ready” and then exciting transformation and healing takes place as He fills us with His genuine love that lasts forever.

You will be amazed once you experience the true love and power of God in your life. The words of the Holy Bible will come alive and enrich your life beyond any hope or dream you have ever had. God will become more real than life itself. Read this again and join His huge family throughout the world as soon as possible.

Marlys Johnsen Norris is the Christian author of seven books. You may contact her at Marlysjn@gmail.com. ★



By Pastor Ray Dare

Pastor Ray's Encouraging Words

Why Is This Happening?

thing: Will a person continue to trust God if he loses everything; if everything goes wrong in his life? Job’s answer was a resounding, “Yes!”. But allow me to make this personal: Would you? Would you continue to trust God if everything went wrong in your life?

There’s a story in the Bible about the Disciples of Christ going through a terrible storm. After Jesus calmed the storm He turned to His disciples and asked, “Don’t you have faith in me yet?” The fact is, you will go through some storms in life. You’re going to lose loved ones. You may lose a job, your marriage, your health. But will you continue to trust God in spite of the circumstances?

That’s what spiritual maturity and faith really is: Facing the facts without getting discouraged by them. Faith is not the absence of problems or pretending that everything’s great when it’s not. Faith is facing the facts without losing your confidence in God. This is the ultimate test of spiritual maturity. It is the point of surrender - you give up control. Part of that trust is realizing the fact that God doesn’t always deliver you from the problems of life, but He always

has a greater plan beyond them.

God has a purpose behind every problem. “For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all.” 2 Corinthians 4:17 He uses circumstances to develop our character. In fact, God depends on circumstances to mold us into Christ-likeness ever more that the Bible, because we experience them 24 hours a day. Even if you read your Bible an hour a day, it would still leave 23 hours of circumstances for God to use

Life is a school and problems are the curriculum. Every time you solve one problem, another one is waiting to take its place. Not all of them are big, but all are significant in God’s growth process for you. If you are facing trouble right now, don’t ask, “Why?” ask “What?” Not “Why me?” Instead ask, “What do you want me to learn?” Then trust God and keep on doing what’s right. Never give up - allow God to grow you up.

Pastor Ray
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www.NBC4U.org ★

Fundraiser BBQ Supports Wounded Service Members



An fundraising BBQ will be held on September 13th to benefit wounded service members through the Wounded Warrior Project. Photo by Rory Hoelker

SACRAMENTO REGION, CA (MPG) - Real Estate Brokers Russ Knapp and Rory Hoelker will be hosting a free BBQ on September 13th from noon to 1:30 p.m. at Anatolia Club House Park, 11828 Chrysanthy Boulevard in Rancho Cordova. This fundraising event will assist service members who have been injured in the line of duty. All proceeds and donations from the BBQ will be donated to the nonprofit organization Wounded Warrior Project (WWP) and will support a full range of programs and services for this generation of injured veterans and

their families.

Over 47,000 servicemen and women have been injured in the recent military conflicts. In addition to the physical wounds, it is estimated that as many as 400,000 service members live with the invisible wounds of war including combat-related stress, major depression, and post-traumatic stress disorder. Another 320,000 are believed to have experienced a traumatic brain injury while on deployment.

WWP’s 18 programs and services are uniquely structured to nurture the mind and body and

encourage economic empowerment and engagement.

Knapp and Hoelker of Riverside Properties feel that it is key to give back to the community and thus have taken on the task of organizing and paying for the BBQ. They in turn are asking the community to give back to help WWP with any donation they can provide. Anyone who wishes to be more involved or donate money as a co-sponsor is encouraged to contact Rory Hoelker at (916) 548-4475 or at Rory@MyBrokerRory.com.

Source: Rory Hoelker ★



Inviting all Military and Vets to the **Wounded Warrior Project’s 5th Annual BBQ**

September 13, 2015
12:00 p.m. - 1:30 p.m.

Anatolia Club House Park
11828 Chrysanthy Blvd.,
Rancho Cordova, CA 95742

All proceeds and donations from the BBQ will be donated to the non profit organization Wounded Warrior Project and will support a full range of programs and services for this generation of injured veterans and their families.

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Democrats Procedurally Kill Body Camera Legislation

SACRAMENTO REGION, CA (MPG)

- Last week, Democrats in the California State Assembly turned their backs on a bill supported by law enforcement and local government agencies that would have provided local law enforcement agencies discretion to develop policies regulating the use of body cameras, Senate Bill 175.

The bill needed support from a simple majority of the 80 members of the Assembly to pass. Unfortunately, 42 Assembly Democrats shirked their responsibility to their constituents and chose not to even file a vote, procedurally killing the bill without having to vote it down on paper.

In this case, abstaining from the vote was just as bad as a “no” vote.

The Los Angeles Times has reported that the LAPD will soon begin using body cameras. It is time to empower law enforcement agencies throughout the state to employ this new technology that can provide

much-needed information to address crime—both for the general public and those trained to enforce the law.

Below is a list of those Assembly Democrats who chose to kill body camera legislation (either formally or procedurally):

Nays: Matt Dababneh, Mark Gatto, and Mark Stone.

Abstained: Luis Alejo, Richard Bloom, Susan Bonilla, Rob Bonta, Cheryl Brown, Autumn Burke, Ian Calderon, Nora Campos, Ed Chau, David Chiu, Kansen Chu, Jim Cooper, Susan Eggman, Jim Frazier, Cristina Garcia, Eduardo Garcia, Mike Gipson, Jimmy Gomez, Lorena Gonzalez, Richard Gordon, Adam Gray, Roger Hernández, Chris Holden, Reginald Jones-Sawyer, Marc Levine, Patty Lopez, Evan Low, Kevin McCarty, Jose Medina, Kevin Mullin, Adrin Nazarian, Henry Perea, Anthony Rendon, Ridley-Thomas, Sebastian Rodriguez, Rudy Salas, Miquel

Santiago, Tony Thurmond, Phillip Ting, Shirley Weber, Das Williams, and Jim Wood.

Organizations in Support of SB 175: California Police Chiefs Association; City of Visalia; Sacramento County Deputy Sheriffs’ Association; Los Angeles County Professional Peace Officers Association; Long Beach Police Officers Association; California State Lodge, Fraternal Order of Police; Peace Officers Research Association of California (PORAC); City of Santa Barbara; League of California Cities; California Peace Officers Association; California State Sheriffs’ Association; Association; and Marin County Council of Mayors and Council Members.

For more information, please contact the Assembly Republican Caucus at (916) 319-2012.

Source: Assembly Republican Caucus



Watering Trees Is Wise, Not Wasteful



During this historic drought, many of our urban trees are at risk as residents cut back on outside watering. Trees in irrigated landscapes become dependent on regular watering. When watering is reduced—and especially when it is stopped completely—trees may die. Tree loss is a very costly problem, not only in expensive tree removal but in the loss of all the benefits trees provide.

SACRAMENTO REGION, CA (MPG)

- As Californians cut back on water use during this historic drought, they may not realize the impact it will have on surrounding trees. Trees in irrigated landscapes become dependent on regular watering. When watering is reduced—and especially when it is stopped completely—trees may die. Tree loss is a very costly problem, not only in expensive tree removal but in the loss of all the benefits trees provide: cooling and cleaning the air and water; shading homes, walkways, and recreation areas; as well as human health impacts.

With potentially millions of urban trees at risk, a consortium of urban forest and other concerned organizations across California and SaveOurWater are releasing a simple and urgent message: Save Our Water and Our Trees.

“Governor Brown is calling for Californians to remove or let their lawns die as the most effective way for residents to save water during the drought. At the same time, Governor Brown agrees that it is critical to community health to save our lawn trees by setting up alternative watering systems once you turn off the regular sprinklers,” said Cindy Blain, executive director of California ReLeaf. California ReLeaf is a statewide urban forest nonprofit providing support and services to over 90 community nonprofits who plant and care for urban trees.

Save Our Water and Our Trees is being hosted on Governor Brown’s Save Our Water website at www.saveourwater.com/trees, with many tips for both residents and agencies on how to water and care for trees so they not only survive the drought, but

thrive to provide shade, beauty, and habitat; clean the air and water; and make our cities and towns healthier and more livable for decades to come.

The Sacramento Tree Foundation is your local resource for all things trees—you can learn more about how and why to care for trees on their website, www.sactree.com. You can also sign up for tree care tips, receive helpful reminders, attend an upcoming drought workshop, attend community park mulching events, or attend tree tours to learn more. You can also call (916) 924-8733 or email treetips@sactree.com for advice. Such measures can ensure that Sacramento’s long commitment to its urban forest continues.

Source: Sacramento Tree Foundation



WaterSmart Workshop

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights, Citrus Heights Water District, California American Water District, Sacramento Suburban Water District, and EcoLandscape are hosting a WaterSmart irrigation workshop called “Getting the Best Yard with the Least Water.” The workshop will be held on Saturday, September 19th from 9 a.m. to 12 p.m. at the Citrus Heights Community Center.

The workshop is designed to help gardeners

and homeowners identify the right plants and best placement, convert or upgrade sprinkler systems, and position irrigation to ensure efficient watering. Registration is limited to the first 70 participants to sign up. The registration deadline is September 16th at 5 p.m. To register, visit <http://www.ecolandscaping.org/programs/Workshops/WaterSmart.html>. For more information, contact (916) 727-4740.

Source: City of Citrus Heights





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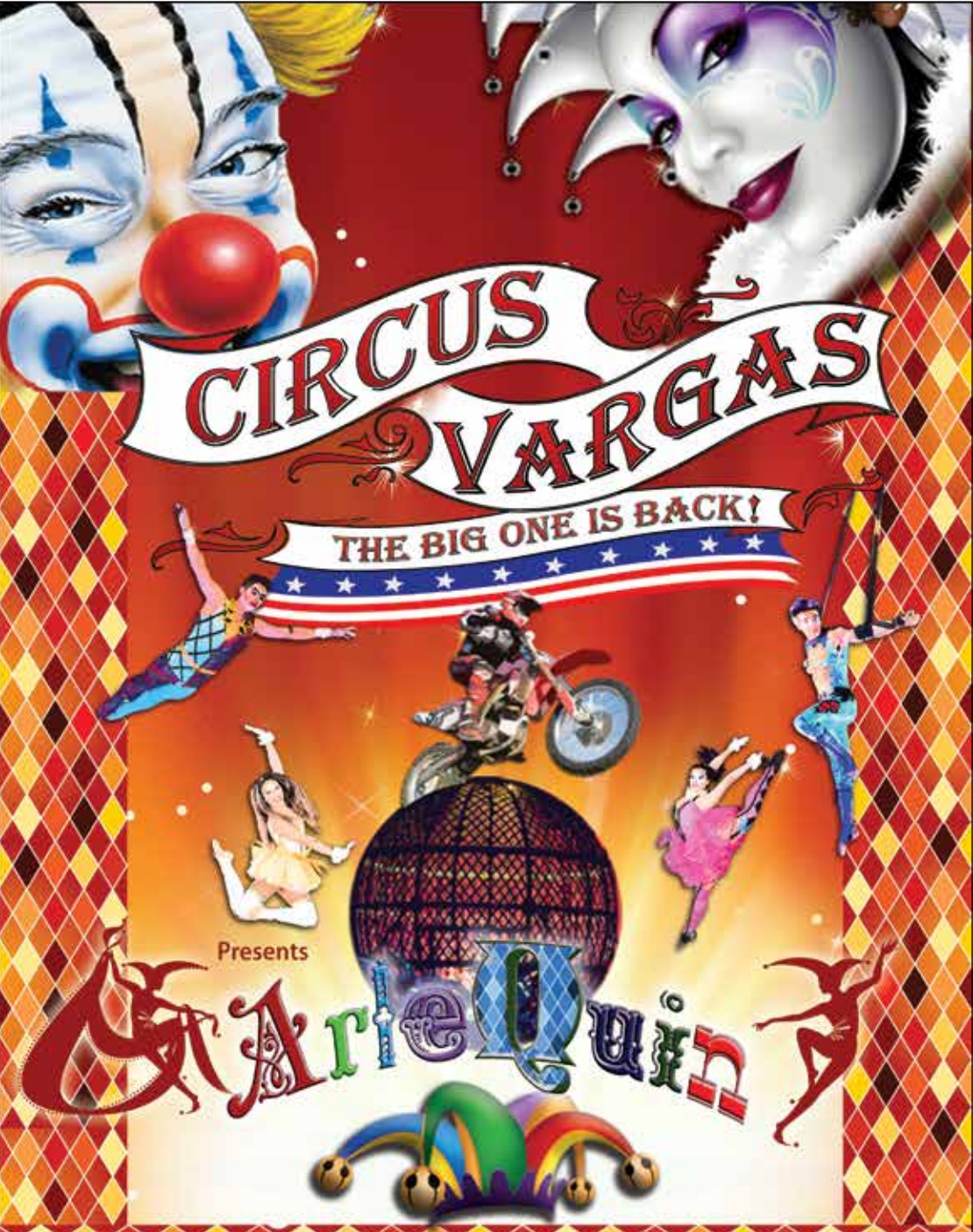
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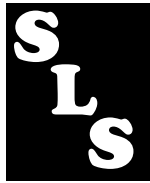
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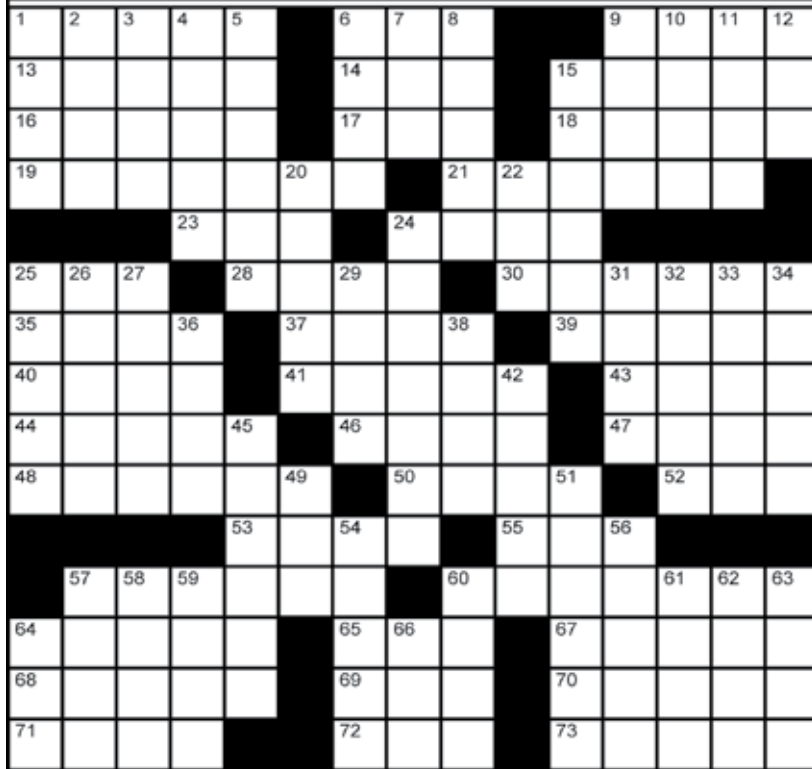
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1. Giraffe's striped-leg cousin
6. Moo goo gai pan pan
9. Love-____ relationship
13. *____ Gabriel, 1960s
- Rams star quarterback
14. What?
15. Enter a website
16. Samuel Butler's "The Way of All ____"
17. Big time
18. "____ truly"
19. *Non-contact league
21. *Football game starter
23. Altogether or entirely
24. ____-de-camp
25. Club alternative
28. *Houston Oilers star running back, Campbell
30. Top of the line
35. Not of the cloth
37. Leave in a bucket
39. Kitchen appliance
40. *Legendary Graham
41. Friend
43. Porous rock
44. Good luck trinket
46. *Tracked by chain gang
47. Dog trailer
48. Sort of
50. Prima donna
52. Don't do this at home?
53. Like Old Mother Hubbard's cupboard
55. Next to nothing
57. *Type of linebacker
60. *This year's top NFL pick
64. "To no ____"
65. Beauty treatment site
67. Cell phone bill item
68. L on clothes
69. Word between "dogs"
70. Sneers
71. Mark of a ruler
72. *TV network, aired NFL games from 1990-97
73. Scandinavian fjord, e.g.

DOWN

1. ____ Approach, music education
2. Traditional cola caffeine source
3. Prayer ending
4. Italian restaurant staple
5. Draw in
6. Miss Muffet's repast
7. Thornton Wilder's "____ Town"
8. Dockers' fabric
9. J. M. Barrie's captain
10. Flu symptom
11. Millimeter of mercury
12. Lt.'s subordinate
15. Aristotle's school
20. Common part of URL
22. Dog tags
24. Apple pie choice
25. *NFL players can't do this in the back
26. Policeman's club in India
27. *Tennessee player
29. Crucifix
31. Inedible parts of cherries
32. Jump for joy
33. Direct elsewhere
34. *Deflategate star
36. Olden-day telephone part
38. New Zealand fruit
42. End of a poem
45. Alabama port
49. It's all the rage
51. Annulus, pl.
54. Kind of button
56. Ruhr's industrial center
57. Popular Russian name
58. Narcotics agent
59. Accompanies relief?
60. *Texan defensive star
61. Asian weight unit
62. Scary fairytale creature
63. Swallow's house
64. Boxer Clay
66. Peter of the Lost Boys

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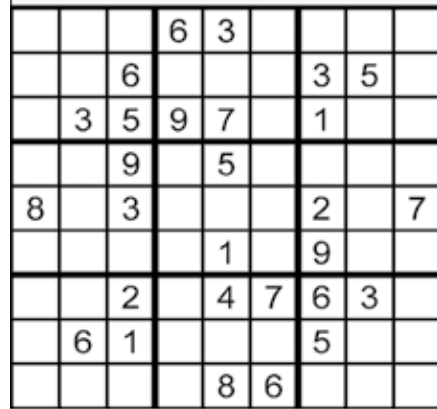
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Sudoku Puzzle on Page 6

1	4	8	6	3	5	7	9	2
9	7	6	8	2	1	3	5	4
2	3	5	9	7	4	1	8	6
6	1	9	7	5	2	8	4	3
8	5	3	4	6	9	2	1	7
7	2	4	3	1	8	9	6	5
5	8	2	1	4	7	6	3	9
4	6	1	2	9	3	5	7	8
3	9	7	5	8	6	4	2	1

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Crossword Puzzle on Page 6

O	K	A	P	I		W	O	K			H	A	T	E
R	O	M	A	N			H	U	H			L	O	G
F	L	E	S	H		E	R	A				Y	O	U
F	A	N	T	A	S	Y		K	I	C	K	E	R	
			A	L	L			A	I	D	E			
B	L	T		E	A	R	L		S	U	P	E	R	B
L	A	I	C		S	O	A	K		M	I	X	E	R
O	T	T	O		H	O	M	I	E		T	U	F	A
C	H	A	R	M		D	O	W	N		S	L	E	D
K	I	N	D	O	F		D	I	V	A		T	R	Y
						B	A	R	E		O	N	E	
	I	N	S	I	D	E		W	I	N	S	T	O	N
A	V	A	I	L		S	P	A		U	S	A	G	E
L	A	R	G	E		E	A	T		L	E	E	R	S
I	N	C	H			T	N	T		I	N	L	E	T

Advocates Advise Disabled Veterans



Disabled veterans (from left) Dick Brink, Wayne Austin, and Dennis Modin are among volunteers who will assist visiting veteran advisors on September 10th.

Story and photo by
Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - A Carmichael program promises straight answers regarding benefits and rights earned by disabled veterans.

Disabled American Veterans (DAV) Chapter # 35 will host a clinic to supply advice to those challenged in health and daunted by bureaucracy. “Veterans of all ages have health problems that relate to their service,” explains

Chapter Commander Dennis Modin. “Our event aims to get them started in finding help within the VA system.”

A van sponsored by the DAV’s National Service Office will bring Oakland-based representatives to the September 10th clinic at the Carmichael Veteran’s Memorial Building located at 5750 Grant Avenue. These advocates will supply free advice from 9 a.m. till 3 p.m. Veterans from all local areas are welcome and DAV membership

is not required for participation.

Visitors should bring their Social Security number, existing claim documentation (if applicable), and records relevant to military service and health condition.

DAV Chapter #35 hosts regular meetings on the first Thursday of each month. Business convenes at 7 p.m. For information regarding the Chapter or the September 10th program, call (916) 489-6408. ★



The Divide

It will reach into the hearts of many of us who have had regrets in our lives and who wish they could make up for it. The movie is called *The Divide* and is being shot in Cool, California. *The Divide* is the dream of veteran actor Perry King. You will recognize him for so many Hollywood movies like *The Lords of Flatbush* and *Slaughterhouse Five*, but perhaps the most recognizable names would be Detective Allen Cody from the iconic 1980s TV series *Riptide* and the made-for-TV movie *The Cowboy and*



the Movie Star in 1998. It was after Cowboy that Perry decided he wanted to be his character. That’s when he purchased a 500-acre cattle ranch in the Sierra Nevada, the King Ranch. He splits his time between the craziness of La La Land and the serenity of Northern California. But he had a dream—a dream to film a western on his own land. Now his dream has become a reality as he is shooting *The Divide* in the heart of Gold Country known as “The

POPPOFF!

with Mary Jane Popp



Divide.” So the movie is called *The Divide*.

The movie script was actually written to fit his ranch life. He and Janet Brown made it come together. I got to visit with Perry on the set of his production, and he told me that a successful movie must make a promise. He told me that the script should make you get involved with the story and take away something that resonates in each of us. In *The Divide* there are three separate people who need help and redemption, each crushed by the weight of life. Sam Kincaid, Perry’s character, is in great pain. He is estranged from his daughter, his wife is dead, so what is left? I can’t tell you the ending, because you have to see the story itself. I can tell you it will relate to all of us who have dealt with loss and found a resolution.

Perry is also directing this movie, and I asked him if he doesn’t get a bit schizophrenic acting and directing simultaneously. He laughingly said, “It’s like riding a horse and leading a horse at the same time.” But he loves cowboys and westerns and added that westerns were created here in the U.S. It’s a form

of black and white, good versus bad. They have a purity of nature. He is less than pleased with so much—as he put it—“empty cartoon violence.” It might make money for the studios, but it has no redeeming value.

I also have to add that I have never met an actor like Perry King. He has character and is so willing to share his talents with others. That was verified by many, including Bryan Kaplan who stars in the movie. It’s nice to know actors like these still exist with all the nonsense we hear about in Hollywood these days.

The movie shoot will be completed by the end of September. Perry’s intent is to premiere *The Divide* at the State Theatre in Auburn sometime next year. Guess what? That’s where I broadcast from—AM-950 KAH1, the noon news, and POPPOFF Radio Show. By the way, Perry will be joining me on POPPOFF after the filming is done. I really look forward to that promise.

After decades, Perry King’s dream is coming true each day. All the success, Perry. It’s much deserved! ★

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Lisa West
Community Outreach Director

Important Key Consumer Advice

Memorial Parks Mortuaries & Crematory



By Lisa West

Have you ever heard one of those horror stories about a funeral home that has abused the public trust? The reason some of those stories stick with us is because they are so rare.

The funeral, cremation and cemetery industry is highly regulated – especially here in California. The Department of Consumer Affairs is diligent about inspecting funeral homes, crematories and cemeteries on a regular basis. I commend them for their diligence.

There is no more sacred duty than to take someone’s loved one into our care and trust that they will be treated with the utmost dignity. We consider it an honor and a privilege to do so.

When you are researching mortuaries and/or cemeteries, you are encouraged to check with the California Department of Consumer Affairs (DCA) to see if that firm has had any recent inspection violations or consumer complaints.

Did you know that in California embalming is not required by law? A funeral home typically cannot force you to embalm your loved one, however, under certain circumstances it may be necessary and required. For example, if your family member will be shipped to

another state or country on a common carrier (train, airplane, etc.) they must be embalmed or shipped with dry ice.

Many funeral homes have company policies regarding embalming. This means that they may not be obligated to offer a public viewing of your family member without embalming because it can be considered a public health concern to do so. Always ask what their embalming policies are.

Additional key consumer advice for everyone is that you know that all funeral homes and mortuaries are required by law to make their General Price List (GPL) available to you. Not just for you to look at – but for you to have a copy to take with you. This protects consumers so they are treated fairly in all monetary interactions with each funeral home. It also helps you make a better informed decision because not all funeral service packages are equal. They include and exclude different services so compare them carefully.

Lisa West is the community outreach director for East Lawn and her column appears monthly. You can reach her at lisaw@eastlawn.com or (916)732-2020. For previous articles, please visit www.EastLawn.com.

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