

Back Yard Block Parties Create Legacy of Caring PLUS: Race Day Fun in the Pits at All American Speedway

Page 9



Vitten by the people, for the people

Volume 4 Issue 15

Serving the City of Citrus Heights and Sacramento County

First Edition for August 2014

Citrus Heights is Now a Party City!



Page 2

Kurt Pearsall New Director of Capitol Pops



Page 11

Citrus Heights Community Update



Wildlife Rescue and Rehab Needs Your Help



WCA relies totally on the support of the public, local businesses, and other non-profits. Photos courtesy of Wildlife Care Association

By Elise Spleiss

SACRAMENTO REGION, CA (MPG) -The Wildlife Care Association and Education Center (WCA), the leading wild bird and small animal rescue facility in Northern California, is now in need of rescue itself. Without major community and other support, the doors of the WCA will close at the end of 2014. WCA relies totally on the support of the public, local businesses, and other non-profits. Recent media attention to the financial plight of the WCA, housed at McLellan Park in Sacramento, brought a favorable response from residents and businesses in surrounding communities served by the facility. Over \$100,000 annually is needed to operate the 2-story, 4,000 square foot facility. The 2014 season began with only \$30,000 in available funds. These recent donations, along with much needed supplies, will only carry WCA through the end of this season. Expenses include bird and animal food, medical and other daily supplies, utilities, and building maintenance costs. WCA also received a grant of \$10,000 *Continued on page 9*

Vote on Relocating

City Hall Delayed Until Mid-August By Julia Baum

CITRUS HEIGHTS, CA (MPG) - A final City Council vote on relocating City Hall has been delayed until later in the month after an unexpected delivery from the Save City Hall campaign; a packet alleging potential CEQA violations was received at the July 24th meeting.

Representing the group Save City Hall, attorney Christopher Butcher presented a hard copy packet of information regarding the city's mitigated negative declaration at the City Council meeting during public comment. Butcher also sent a letter to the city, which was received the day before the meeting. Council members took a brief break to go into closed session and review the packet before returning and voting 3-2 to delay the final vote until August 14th. In a phone interview, Butcher called the city's mitigated negative declaration "legally flawed" and said that he hopes the council will consider his clients' evidence.

"We think as a policy matter, it would be ill-advised to move forward without fully understanding the environmental impact associated with their decision," Butcher said.







Scan our QR Code for a direct link to our online edition!



Vice Mayor Sue Frost said in a phone interview that the decision to delay the vote for several weeks was prudent. "We want to review it and make an educated decision rather than try to push something through that we weren't sure about," Frost said. "We try to be methodical and fiscally responsible."

Continued on page 3

Hash Oil Explosions in Sacramento County

SACRAMENTO REGION, CA (MPG) -Homemade manufacturing of hash oil is widespread in Sacramento County. It causes explosions and fires in our neighborhoods and puts the safety of our residents at risk. Also known as wax, shatter, honey oil, hash, BHO, earwax, oil, concentrated cannabis, and dabs, hash oil is a highly concentrated form of THC, the psychoactive substance in marijuana. It is highly popular among both recreational and medical marijuana users.

The most popular production method is BHO, or Butane Hash

Oil, which utilizes the highly volatile solvent, butane. The butane vapors evaporate during the process, but are heavier than air and often congregate in a low lying highly flammable cloud. A pilot light, static electricity, overhead light switch, or an automatic switch such as that found in a refrigerator or air conditioning unit is enough to ignite the cloud. The result is a sudden, powerful explosion and ensuing fire.

There are several telltale indicators of hash oil manufacturing. *Continued on page 5*



The most popular production method is BHO, or Butane Hash Oil, which utilizes the highly volatile solvent, butane. The butane vapors evaporate during the process, but are heavier than air and often congregate in a low lying highly flammable cloud. Stock photo



Citrus Heights is Now a Party City!

Story and photos by Bill Martin

CITRUS HEIGHTS, CA (MPG) - The newest location of Party City is now open and ready to Party! The big, shiny, new Party City store opened its doors to shoppers on July 22nd with over 12,000 square feet of every party item imaginable. Anything and everything that one could possibly want for decorating, gift-giving, themed parties and so much more is all under one convenient roof.

Brent Tracy, Party City district manager, along with Citrus Heights Party City store manager, Lewis Inouye, and their full new staff were all busy opening boxes and stacking shelves when Citrus Heights Messenger stopped by on the 22nd. When Brent Tracy and Lewis Inouye were asked how they would sum up the Party City experience, Tracy proclaimed that "Party City is your one stop party shop." Then Lewis reiterated the company's slogan; "Nobody Has More Party for Less," and I believe that most shopper would agree

In addition to those items already noted, Party City's walls are lined with all kinds of costumes, make-up, special effects, gag items, metallic balloons, and a lot of candy. In fact, there is an entire section of the store completely dedicated to your sweet tooth for any party or occasion.

When Lewis Inouye was asked what Party City does that is so



Mickey and Minnie are at Party City, too



We supply our customers with all the party materials they need for any event, including a one-of-a-kind instore Design Center to help design your entire party".

different from other stores with party supply sections, he replied, "We supply our customers with all the party materials they need for any event, including a oneof-a-kind in-store Design Center to help design your entire party. From concept and theme through special custom-designed invitations, banners, and all the supplies you'll every need. We do it all!" Everything that is, except for food and beverages, so you'll have to make just one more stop after you leave Party City for that portion of your celebration. Party City can help you plan a spectacular special event whether it's a retirement party, a wedding anniversary

party, a Super Bowl party that all your friends will be talking about all winter, or even World Cup soccer (Party City's most recent theme).

Whatever you can come up with, the friendly and knowledgeable staff at Party City will go out of their way to make sure your

event is all you had hoped for. A five-year veteran of Party City, Gina Burger heads up the Design Center. Gina has the necessary expertise to add additional elements and special touches to your design or theme that will take your party over the top.

When it comes to Party City's

community spirit, they are a true partner with every community they serve. Party City partners with Lisa Culp, the founding member of the Women's Empowerment Program. This is a special program to help women and children cope with abuse or homelessness. The



Gina Burger heads up the design department.

Program teaches these women life skills to help them continue in a positive light throughout the various stages of their life. Upon graduation from the program, all of the participants are invited to a gala graduation party that brings both the pomp and circumstance of graduations and the glamour of proms to one big event. Party City offers five of the graduates a fullstores. Employment provides a means for these graduates to take care of themselves and their children, and helps the women to stay empowered and maintain greater self-confidence. The goal is to provide these women with assistance moving forward in a positive

direction, hopefully for the rest of their lives. Party City is one pretty remarkable retailer.

In addition to the Women's Empowerment Program, Party City also selects a different charity each month for special

time position at one of their many

in-store donations. The charity for July was the Cystic Fibrosis Foundation.

Brent Tracy said it best: "Party City truly brings the sprint of celebration to the community."

Halloween isn't far away, so be sure to stop by the new Party City location at 6302 Sunrise Blvd. in the Citrus Town Center, Citrus Heights, or visit them online at www.PartyCity.com.

Summer Events Continue at Citrus Town Center

By Connie Hall of Hall Market Media, Inc.

CITRUS HEIGHTS, CA (MPG) -Summer events at Citrus Town Center have been a big draw for local residents of the Citrus Heights community and well beyond, with something on tap every month for every member of the family.

The Summer Safari Days series wraps up in August on Wednesday the 6th from 10 a.m.-11 a.m. The Citrus Town Center crew has a very special day planned for the final Summer Safari Day. It will feature Safari Game and Party Day. Special games are planned for the younger set with Badge Awards and Summer Camp Certificates for

child makes their own Summer Safari Camp Bracelet, snacks and prizes will be handed out, including the raffle for the Grand Summer Safari Gift Basket, valued at approximately \$200. All of the Summer Safari campers had great fun this year, and Citrus Town Center hopes to see everyone back next summer.

Citrus Town Center's first season of Outdoor Movie Nights is proving to be a big hit with local residents as well. Each movie night has doubled in attendance from the previous monthly movie, and you won't want to miss the last two movies of the season. On Saturday, August 6th, bring the whole family to see The Water Horse – The Legend of the Deep. According to one critic, "The Water Horse is a fine family film. It takes a classic tale and infuses it with extra imagination, sly humor, heart and inventive special effects."

all Summer Scouts. While each This heart-warming movie is perfect for family viewing on a warm Citrus Heights evening under the stars, with free popcorn and free raffle prizes. Chairs are available, although most movie-goes prefer to bring their own comfy chair, small coolers and blankets or sweaters for any unexpected evening delta breezes. Drinks can be brought from home or purchased to go from one of the Citrus Town Center merchants. Please do leave alcohol and glass at home. 8 p.m. is the suggested arrival time, and the feature movie starts at approximately 8:30 p.m. Music, announcements, raffle prize giveaways and cartoons are the prelude to the feature film. Be sure to also mark your calendar for the final movie of the series, scheduled for Saturday, September 13th, the sure-to-be next animated classic hit, The Nut Job.

On Friday, August 15th, 10 a.m.-12 p.m., the Citrus Town Center Choo Choo Express returns

to the center for free train rides for the kids.

For your Labor Day weekend schedule, be sure to plan to attend the Citrus Town Center 2014 Safety Fair. Scheduled for Saturday, August 30th, 10 a.m.-12 p.m., there will be a variety of informational booths sponsored by the Citrus Heights Police Department, Citrus Height Fire Department, Sunrise MarketPlace, and many more. Safety information will be highlighted for bicycle safety, smoke alarms and carbon monoxide detectors, stranger danger through arts and crafts for the kids, and the featured event—a special drive-thru child seat safety check. Please watch for your next issue of the Citrus Heights Messenger for more details, or visit the Citrus Town Center Facebook Page.

Summer magic still fills the air Citrus Town Center.

KAIA FIT CITRUS HEIGHTS

GRAND OPENING



Why is Kaia FIT so successful?

- · Calorie torching workouts that change daily
- Nutritional guidance, meal plans, even shopping lists!
- · Lose weight: about 2 pounds a week
- A team of supportive women & certified coaches
- · Multi-level exercises that work for every body type
- · Build strength and gain confidence
- Meet amazing women like you, laugh and have FUN!

Classes meet inside MVP Sports Unlimited 6085 Greenback Ln, Citrus Heights, CA 95621

916.541.4524 NIG 38€ **ONLY \$79** 16 Use Coupon Code GRAND79 Kaia FIT CitrusHeights.com acebook.com/KaiaFitCitrusHeights

Session Begins Sept 2nd

Signup NOW to hold your spot in our six week session! \$249 value!!

PROTECT YOUR FAMILY WITH COMPREHENSIVE ESTATE PLANNING

- Revocable and Irrevocable Trusts
- Wills, Including Guardianship Provisions
- Solution Durable Powers of Attorney
- Advance Health Care Directives
- Probate and Trust Administration

Legal documents prepared by trust mills and non-attorneys may have devastating consequences.

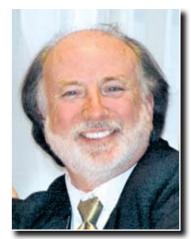


LAW OFFICES OF RICHARD W. MCGINNIS Estate Planning & Living Trusts since 1983 735 Sunrise Blvd., Suite 208 • Roseville (916) 784-6377 • www.rwmlaw.com





FREE ATTORNEY CONSULTATION & DOCUMENT REVIEW



Publisher. Paul V. Scholl

Citrus Heights Messenger is a member of Messenger Publishing Group



Citrus Heights Iessenger

"Written by the people, for the people"

view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

Citrus Heights Messenger is not responsible for county; \$40 per year outside Sacramento county. unsolicited manuscripts or materials. The entire Citrus Heights Messenger is published twice monthly. contents of the Citrus Heights Messenger are copyrighted. Ownership of all advertising created (ISSN # 1948-1918).

Publisher's Statement: It is the intent of the Citrus and/or composed by the Citrus Heights Messenger is Heights Messenger to strive for an objective point of with the publishing company and written permission to reproduce the same must be obtained from the publisher.

> Subscriptions should be mailed to Citrus Heights Messenger, 7405 Greenback Lane, #129, Citrus Heights, CA 95610. Subscription rate is \$25 per year; \$30 per year in Sacramento and Sacramento Call 916-773-1111 for more information.

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CitrusHeightsMessenger.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

| Advertising Sales | Paul V. Scholl |
|---------------------|---|
| Graphics & Layor | at Banerjee Designs • Stump Removal Graphics • Full Moon Graffix |
| Contributing Write | Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton Dr. Bob Graykowski • Julie Parker • Elise Spleiss • Eric Marks |
| Les | slie Carrara • Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer David Graulich • Perry Hartline • Gerry Scholl • Trish Tatterson |
| Distribution Assist | |
| Accounting | Nicholson & Olsen CPA |
| Web Master | RJ at thesitebarn.com • JWS Promotions • Mikahn Design |
| News Services | Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire North American Precis Syndicate • Blue Ridge Press • ARA Content Family Features • WorldNetDaily |
| Photography | Amanda Morello • Susan Skinner |
| | |

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

We are proud members of these newspaper associations.



CITRUS HEIGHTS COMMUNITY UPDATE



By County Supervisor Susan Peters

- Through the generosity of **The Citrus Heights Messenger** this column serves to provide an update about matters affecting the unincorporated community of Fair Oaks.

Parks Director to Speak

Please join me 7:30 a.m. on Wednesday morning, August 20, at my Fair Oaks Community Coffee Meeting featuring Jeff Leatherman, Sacramento County's Director of Regional Parks.

This meeting will be held at the Fair Oaks Water District's conference room, 10326 Fair Oaks Blvd. near Winding Way. The meeting starts at 7:30 a.m. and I will give a brief update on what is going on with Sacramento County then introduce our guest speaker followed by questions and answers.

Cyber Awareness Fair for Youth

The environment facing young people today is far different than when I was a youngster growing up in Sacramento County. Today's youth are exposed to issues like Cyber Bullying, Cyber Security and Technology Addiction.

The Sacramento County Youth Commission recognizes today's challenges and is holding an informational "Cyber Awareness Fair 2014" on Saturday, August 9 from 2-6 pm at Carmichael Park's Community Clubhouse. There will be information booths and guest speakers from organization and the FBI.

Also on display will be an Art Show by young artists between the ages of 12 to 18 featuring original artwork related to cyber issues.

After the fair, young and old alike can enjoy the summer concert that evening in Carmichael Park starting at 6:30 pm featuring the sounds of "The Count" featuring 60s-90s classic rock. And there will be food trucks, too! For more information about

For more information about the fair, please visit youthcommission.saccounty.net. To learn more about the concert,

feel free to call the Carmichael Recreation and Park District at 485-5322.

Support Neighborhood Watch

The Sacramento County Sheriff's Department is sponsoring "Learn How to Start Up a Neighborhood Watch" Meeting specifically designed for residents living in the unincorporated area. This meeting will be held on Monday, August 18 from 6 to 7:30 pm at the Sheriff's Marconi Stationhouse, 2500 Marconi Avenue (near the corner of Fulton Avenue and Marconi), in the Stationhouse's Community Room.

If you are interested in making your street more secure, becoming better acquainted with your neighbors and want to build that "sense of community" on your block, Neighborhood Watch offers that opportunity. If you have questions or need more information about the upcoming meeting, please contact Crime Prevention Specialist Sherrie Carhart at scarhart@sacsheriff. com.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net.

Citrus Heights Holds First Annual Hot August Bites

By Linda Harper

CITRUS HEIGHTS, CA (MPG) - On August 16, 2014, 4 -7 p.m., Rusch Park in Citrus Heights will be rocking to the tunes of The Tone Monkeys, one of Sacramento's premier cover bands, while the community enjoys delicious food truck cuisine, an array of vendors, and an impressive car show by Autos for Alzheimer's. The City of Citrus Heights is holding its first annual Hot August Bites, a FREE event for the entire family. The venue is casual so bring your favorite lawn chair or blanket, purchase a plate of mobile munchies from one of the quality restaurants on wheels, and settle in for an evening of fun and great

entertainment. Hot August Bites is one of the region's latest food truck festivals. Sacramento MoFo, a food truck event organizer, has worked alongside the City of Citrus Heights and Sunrise Parks to bring the Citrus Heights community a unique family experience.

Sacramento Mobile Foods

The first annual Hot August Bites celebration in Rusch Park is guaranteed to provide fun for everyone. The Tone Monkeys (above) will perform. Photo courtesy of Tone Monkeys

(MoFo), began in 2011 to affordably introduce up and coming restaurants and to provide an enjoyable, safe place for community families and friends to gather. The festivals have grown in popularity, bringing more trucks with various cuisines, name entertainment and increased revenue to area communities. According to www.sactomofo. com, one gourmet food truck creates an average of 7-10 new regional jobs. Thousands of dollars are collected in state sales tax from food trucks, and products

owners are heavily invested in the areas they serve, giving back generously to many regional charities. The first annual Hot August Bites celebration in Rusch Park is guaranteed to provide fun for

are purchased from local farm-

ers, ranchers and bakeries. In

addition, Sacramento food truck

is guaranteed to provide fun for everyone. For more information, call Sunrise Parks at (916) 725-1585 or visit www.sunriseparks. com.

Source: www.sactomofo.com

CDPH Warns Against Certain Tattoo Products Due to Risk of Infection

SACRAMENTO, CA (MPG) - Dr. Ron Chapman, director of the California Department of Public Health (CDPH) and state health officer, warned consumers not to use White & Blue Lion tattoo products because testing has found microbial bacterial contamination in both the inks and needles. Use of the contaminated inks or needles may result in bacterial infection and can lead to sepsis, a potentially lifethreatening complication of an infection. One illness has been linked to the affected products at this time.

White & Blue Lion, Inc. of City of Industry, California, is voluntarily recalling the following varieties of tattoo products: Tattoo Ink, Tattoo Needles, and Tattoo Kits incorporating tattoo ink and needles. These products were distributed by White & Blue Lion and sold separately by 8Decades and White & Blue Lion, Inc. online. Product labeling on the Inks indicate a "Best if used by date" of "16/12/16" (December 16, 2016). The recalled products were sold separately and in kits by 8Decades and White & Blue Lion, Inc. through www.amazon.com.

Consumers in possession of the recalled products should discard the products following acceptable biohazard and sharps disposal methods.

CDPH recommends that consumers experiencing any ill effects after use of these products should consult their health care provider.

Consumers who observe the product being offered for sale are encouraged to report the activity to the CDPH toll-free complaint line at (800) 495-3232. \star

Source: California Department of Public Health



warned not to use White & Blue Lion tattoo products because testing has found microbial bacterial contamination in both the inks and needles. Photos courtesy of www.fda.gov.

Vote on Relocating City Hall Delayed Until Mid-August

Continued from Page 1

Save City Hall members have expressed concerns about increased traffic at the current City Hall site if Dignity Health leases the land from the city and builds a proposed threestory medical office building, as well as the new city hall being built farther away from other city facilities and public transit. Butcher said the lease payments that the city would receive from Dignity are not persuasive or impressive enough to justify relocating City Hall, and that it should be easily accessible by everyone.

"It seems to me they're undervaluing the land with this deal," Butcher said. "If you add the intangible value of having the Civic Center with all the different public offices that are available, this is definitely not a financial benefit for the city."

Save City Hall spokesperson Tim Schaefer had expected the council to move forward with voting on the city hall relocation and for his group to make a response before the meeting started. Instead, he said in a phone interview that he plans to make another appearance at the next meeting for the final vote.

"We see it as a small victory, and yet we don't think this issue is anywhere close to being over," Schaefer said. "We are still going to pursue our every option."







RUSCH PARK

4 - 7pm

ENTERTAINMENT

7801 Auburn Blvd Citrus Heights

and MUSIC

Bring your family, and a blanket or lawn chair and join the fun with music, a classic car show, vendors and food trucks.

> CAR SHOW Presented by: Auto's for Alzheimer's

> For more information: www.facebook.com/ autosforalzheimers

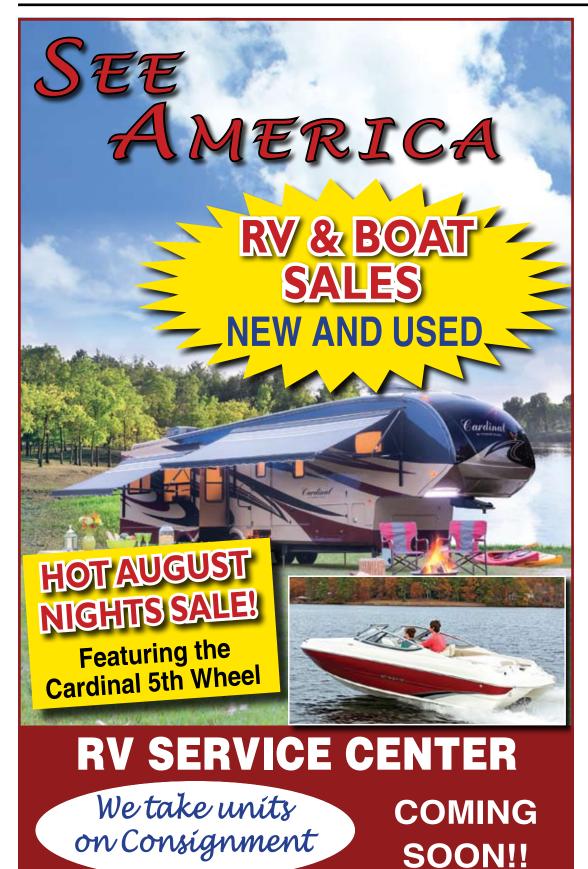


This new special event is being offered through the City of Citrus Heights and Sunrise Recreation and Park District.

Food available for purchase.



For more info or to become a vendor visit sunriseparks.com or call 725-1585.



(916) 635-4338 www.seeamericarvandboat.com 2425 Mercantile Drive, Rancho Cordova

Back Yard Block Parties Create Legacy of Caring



Neighborhood interaction continues throughout the year; everyone bands together to provide meals for those recovering from surgery or illness for as long as needed. Neighbors pick up mail, take care of pets, and water plants for vacationing neighbors. No one is too busy to notice if you have not been seen in a day or so—you will receive a personal wellness check. Photo courtesy of the Fullmers

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - On July 12, 2014, forty-five neighbors on Wooddale Way in Citrus Heights gathered for their fifth annual block party which is held in Lamar and Van Fullmer's backyard. The Fullmers, both 72, have lived in their home since 1975 and have been bringing their neighborhood together in many ways since 2010. The Fullmers are working to bring back neighborly relationships often lost to the hurried lifestyle of modern living.

Having lived in Citrus Heights since 1945, Lamar remembers a more settled way of life. He remembers when Greenback Lane was a 2-lane dirt road with huge oak trees leaning in to form an arch over the road stretching to Orangevale. Sunrise Blvd. was a gravel road, which dead-ended at Greenback, orchards stretching for miles beyond.

The idea of a block party began to germinate in Lamar's mind one year when their Hawaiian next-door neighbors, the Shrums, were entertaining visiting relatives from home in their front yard on the 4th of July. The Fullmers found themselves joining the party, sharing food and learning more about each other.

YOUR NEIGHBORHOOD AUTO REPAIR

Oil Changes, Brakes, Alianments, Air Conditioning Service, Belts and Hoses, Check Engine Light,

Transmissions, Fuel Systems, Engine Repair and Replacement, Tune Ups, Timing Belts and More!

Following Lamar's retirement in 2004 from being a short distance big rig driver for Hewlett Packard, and Van's retirement from being a high school special education teacher at Delta High School in Clarksburg, the couple volunteered at the Church of Jesus Christ of Latter-Day Saints (LDS) Distribution Center for three years.

Eventually, thinking about how else he could make a difference in his retirement, Lamar decided he wanted to do something to relive his enjoyment of both the party and his memories of a simpler Citrus Heights. He decided he wanted to get to know all of his neighbors better. The Wooddale block party was born.

The Fullmer's got to work knocking on about 30 doors on the block, flyers in hand, meeting neighbors face to face, and inviting them to their party. Even today, as the event nears they visit and revisit their neighbors personally, no emails or voice mails.

The event began small and has grown in five years; 10 families including 15 children participate. Six brothers, whose own grandparents live in Romania, have adopted the Fullmers as their surrogate grandparents. The formula is simple. The Fullmers provide the meat, baked beans and non-alcoholic beverages, and guests bring their favorite dish to share, often creating culinary party traditions such as Brussels sprout salad, a blueberry Jell-O dessert, and homemade plum pie.

Neighborhood interaction continues throughout the year; everyone bands together to provide meals for those recovering from surgery or illness for as long as needed. Neighbors pick up mail, take care of pets, and water plants for vacationing neighbors. No one is too busy to notice if you have not been seen in a day or so—you will receive a personal wellness check.

More important than the annual get-togethers is what has come out of them: an unofficial neighborhood watch and a new appreciation and caring for each other. Neighbors say more than just "hi" to each other. They know your name, and if you have a need they can fill, they are there. Lamar says, "We really care about each other." Neighbors Ron & Jennifer Wagner attest that the Fullmers hold the neighborhood together. "There is nothing they will not do for you."





8636 ANTELOPE ROAD ANTELOPE, 95843 900 RIVERSIDE AVENUE ROSEVILLE, 95678

Hash Oil Explosions on the Rise

Continued from page 1

Marijuana shake-the stems and leaves left over from trimming the mature buds of the plant—is often utilized in the process. PVC tubing, glass tubes, coffee filters, butane canisters, and hose clamps are also used. The resulting product is a brown, oily substance that hardens into a wax-like substance when the butane fully evaporates.

The recent BHO phenomenon is sweeping the United States, especially in states where marijuana is completely legal or partially legal due to medical marijuana laws. BHO production is relatively cheap and simple, and the resulting product is more valuable by weight than marijuana. In Sacramento County, the District Attorney's Office has prosecuted more than a dozen manufacturing cases in 2014. The year has seen multiple explosions and fires caused by the manufacturing process. In January, an explosion inside a Rancho Cordova apartment complex resulted in the lengthy hospitalization of two people and the displacement of over 140 others, including many children, for two days. In March,

Arcade home resulted in major fire damage to the structure. Two children ages six and two were lucky to escape the fire, although their pet dog perished. In May, a south area home was completely destroyed after an explosion and fire gutted the inside; a firefighter suffered burn injuries while battling that blaze. Earlier this month, a Wilton area home was burned after an explosion led to a fire in the kitchen area. Two children ages three and five were fortunately not home at the time, but they too lost their pet dog as a result of the fire.

Each of these fires was completely preventable as each was directly caused by people manufacturing hash oil. The explosions and fires that commonly result cause enormous property damage; severe burns; and permanent disfigurement to those engaged in making the hash oil, innocent bystanders, and first responders.

The manufacture of Butane Hash Oil is illegal in California. There is no defense under either Proposition 215 (the Compassionate Use Act of 1996) or the Medical Marijuana Program

an explosion inside an Arden of 2003. Manufacturing hash oil is a felony and is punishable by up to seven years in a county jail. If a fire is caused, arson related charges may be brought which can result in a state prison commitment. If someone is seriously injured as a result, an additional three years in prison is possible. If children are present, child endangerment charges are likely. If someone dies as a result, homicide charges can be brought.

Those contemplating making hash oil should be aware of the extreme danger involved, that it remains highly illegal, and that it is unaffected by the state's medical marijuana laws. Those suspecting someone of making hash oil should contact law enforcement and evacuate the area immediately.

The District Attorney's Office is committed to stemming this dangerous threat to people and property in our community and will continue to aggressively prosecute BHO manufacturing and related crimes.

Source: Sacramento County District Attorney's Office

Save City Hall Rally Presents **Opposition to New City Hall**

By Elise Spleiss

CITRUS HEIGHTS (MPG) - Over 60, mostly displeased, Citrus Heights residents attended a Save City Hall rally on Sunday, July 20th at Rusch Park. Citrus Heights resident and rally coordinator Tim Schaeffer and the Save City Hall committee organized the event.

In a press release announcing the rally, Schaefer explained "The city wants to lease the Fountain Square property to Dignity Health for a 3-story medical office building (MOB) and use the lease payments of about \$5 million to offset the \$18 million cost for a new building to be built in a residential neighborhood on Antelope Road."

The purpose of Sunday's gathering was to allow residents to share their thoughts and opinions without the time constraints experienced at the council meetings. Residents who were not previously aware of the proposal and how it could affect the city were brought up-to-date on the issues. The committee also prepared to deliver a petition with over 1,100 signatures to city council asking them to vote against the plan. Members of city council had been invited to the rally and were present to listen to participants concerns. The group requested that city council vote to "postpone the decision for a year until other alternatives for funding the construction of a new building on the same Fountain Square site can be considered."

The need for a new City Hall at this time is a point of contention between some residents and the city. Henry and Kathryn (Van Maren) Kroeger built the complex in 1977 as a 5,000 square foot nursery campus including rose gardens, fountains, a gift shop, Christmas tree store, and restaurant. The city says the wooden structures being used by the city were meant only as a temporary location when the city incorporated in 1997. It was already showing signs of age when purchased by the newly formed city.

Residents opposing the move claimed the city, knowing the



Save the City Coordinator Tim Schaeffer and volunteer Joan Bippus were among the dozen participants speaking against the proposed relocation of the Citrus Heights City Hall and the building of a Dignity Health medical office building in its place. Photo by Luke Otterstad

MOB proposal was in the works and would likely be approved, slowed down maintenance they could have been performing. They believe the city has been neglecting the gardens, fountains and other spaces. It was acknowledged however that the city has already spent over \$5 million in upgrades as part of a phased long-range renovation plan.

Resident Susan Howell reminded attendees that the city's wish to change the existing General Plan goes against the wishes of the founding fathers, which requires all government services to locate at a civic center complex to provide better services to residents. It is believed amending the plan would also mean changing zoning to allow building of the new City Hall in a residential neighborhood. Howell claimed, "They want to change the zoning with the swipe of an eraser."

Janet Botell, a resident since 1985, voiced the consensus of the group: "You don't plop down a City Hall in the middle of a residential area. It will change forever the feeling of the neighborhood. We need a civic center and civic leaders to foster and grow that ideal. Why let go of a prime piece of real estate? We will never be able to find a site like Fountain Square again."

During a crowded Planning Commission meeting held July 9, 2014, over 20 speakers were scheduled to speak on the issue. The commission voted 3-2 in favor of the recommendation

for city council to amend its General Plan and zoning codes. Dave Warren, who attended that meeting, noted the vote had been taken before the 30-day public comment period on the sufficiency of the environmental report had ended.

Another concern resulting in many comments came from residents who believed a full environmental impact review by the city on both the Fountain Square and proposed Antelope Road properties has not been pursued. In June, the city released a Mitigated Negative Declaration (MND). Opponents to the MND contend the environmental impact at both sites is much more serious than the city admits to.

Warren voiced the thoughts of those who are concerned about a myriad of potential problems such as noise and pollution from increased traffic, risk of flooding and lack of safety on the street at the Antelope site, and traffic flow at Fountain Square. Opponents claim the city chose the Mitigated Negative Declaration to save money at the expense of quality of life for all its residents.

Schaefer assured attendees, 'We are going to take every step we possibly can to stop this project." He also warned city officials that his group has hired an environmental attorney to sue the city and pursue the full environmental impact report if they vote to continue with the plan. \star

LETTER TO THE EDITOR Hobby Lobby, Another Point of View

Dear Editor.

I was somewhat amazed to read the letter to the Editor in the July 10th edition where the writer made a request for diverse viewpoints. Looking all around us, there are many opportunities for an opposing viewpoint, including the major Sacramento newspaper which does not take the time to investigate or tell the complete story

and local TV stations which are in the same camp. At least with the Carmichael Times we have an opportunity to hear a different point of view.

For the writer's information, Hobby Lobby has for years included contraception in its medical plan; it is only when HHS added 4 medications which are designed to remove a fertilized egg, that Hobby

Lobby decided to object. For many people fertilization is considered the beginning of life and the 4 drugs mandated by HHS destroy that. How curious to talk about "rights"; where was the hue and cry about personal rights when an entire nation was forced to buy a health care plan they don't want and don't need?

Carole M., Carmichael





Providing high-quality and secure storage units since 1993 11280 Coloma Road Gold River, CA 95670 goldriverselfstorage.com

Property Owners Vote to Continue Support of Sunrise

Your One-Stop Storage Solution **CALL US TODAY!** 916-635-7867

- NEWLY REMODELED
- Multiple sizes of storage units offered
- Temperature controlled units
- Individually alarmed units
- 24 hour camera recording
- Year-round gate access from 6 a.m. to 9 p.m.
- Competitive rates



An Ose Property OSE PROPERTIES, INC.

MarketPlace Business Improvement District

CITRUS HEIGHTS, CA (MPG) - The Citrus Heights Citv Council voted to unanimously approve renewal of the Sunrise MarketPlace Business Improvement District (BID) after property owners met both a petition and ballot threshold. The new term will be effective for seven years, beginning in January 2015. The current term expires on December 31st.

With more than 70% of all ballots returned, 71% of property owners voted to continue assessing themselves a tax to allow Sunrise MarketPlace to continue its collaborative effort to generate awareness and increase traffic and sales in the 10-block

corridor along Greenback Lane of dollars in the business disand Sunrise Blvd. Sunrise Mall General Manager. Christi Woodards spoke at the

Public Hearing, commenting on the BID's successes since inception and the value of the partnership the BID and City of Citrus Heights has enjoyed. "Our investment and support of the BID as property owners, and the City's support of our efforts as a Business Improvement District, has kept our District viable, well maintained and a great place to do business and be successful."

This is the fourth renewal for Sunrise MarketPlace which was formed in 2000.

The BID has invested millions

trict over the past 15 years and has leveraged those dollars to create even greater investment from the City of Citrus Heights. Impressed that property owners in the BID have invested their own dollars, the City has invested millions of dollars in infrastructure improvements and public area beautification.

Mayor Mel Turner is pleased with the result, "the BID has had an enormously positive impact on the City since its inception, and we are looking forward to continuing this mutually beneficial partnership."

Source: Sunrise MarketPlace





| Martinez, | | | | | I . | | | | | | | | | | | | |
|---|--------|---|--|--|--|---|------------|--|--|--|---|---|---|---------|--------------------------|--------|----------------------------|
| er of three Cy Young | 25 | 26 | 27 | | 28 | + | 29 | - | 1 | 30 | + | 3 | 1 | 32 | 33 | 3 | 4 |
| ds | | | | | | | | | | | | | | | | Ľ | |
| ncore!" cause of inflation | 35 | | - | 36 | | 37 | | - | 38 | | 39 | | | | | T | |
| ke a dunk but softer | | | | | | | | | | | | | | | | \bot | |
| our time Pulitzer | 40 | | | | | 41 | | | | 42 | | 4 | 3 | | | Г | |
| winner | | | L | 4 | | | | _ | – | 1 | _ | | | | ⊢ | ⊥ | |
| Cup | 44 | | 1 | | 45 | | 46 | 1 | | | | 4 | 7 | | | | |
| gma Alpha Epsilon | 40 | ┣ | | | | 40 | | 50 | | + | | | | 50 | | + | _ |
| educed Instruction | 48 | I I | 1 | 1 | 1 | 49 | | 50 | 1 | | 51 | | | 52 | 1 | | |
| omputer | | | | | 53 | | 54 | — | | 55 | +- | 5 | ß | | <u> </u> | | |
| noose | | | | | 55 | 1 | 34 | 1 | | 55 | | 0 | 0 | | | | |
| le won Oscar for | 57 | 58 | 59 | 60 | ┡ | ┼── | +── | 1 | 61 | | + | + | - | 62 | 63 | | |
| ving Las Vegas" astric enzyme | ~ / | Ĩ | Ĩ | Ĩ . | 1 | 1 | 1 | | Ĩ. | 1 | 1 | 1 | | | Ĩ . | | |
| arden starter | 64 | <u> </u> | | + | + | | 65 | 66 | - | | 67 | + | \neg | | + | 6 | 8 |
| eft or right | | | | 1 | | | | | | | | | | | 1 | | |
| ke 1950s style, today | 69 | | | | \vdash | 1 | 70 | - | | | 71 | + | | | | + | |
| gonquian language | | | | | | | | | | | | | | | | | |
| alk heavily | 72 | | | | | | 73 | | | | 74 | T | | | | Т | |
| yadh native | | | | | | | | | | | | | | | | | |
| ext step for juvenile | | | - | | | | | | | | | | | | | | |
| ussia's legislative | 2 | ĽS | h | | | | | | 2 | | | | (E | R | | | |
| | u | LED | 11 | , | | | | | Prom | otion | al | > | - | | | _ | |
| andolin's cousin | | | | | | | 1 | st | Paci | kanor | | \ PE | | IM MOV | | | |
| donesian currency | | | | Swite | ch | | | 0 | arting | aton | y | | | or 3 n | | | |
| ght bits Aviv | to | Disk | n Too | day | _ | | | 37 | [•] | Ŀ | 0 | | H | BO | (1) (1) | | _ |
| AVIV atcher's catcher | an | d Sa | ive l | UpÍTo | o 50 | 1% | | | | P | 2 | | CIN | EMAX | SD | 172 | - |
| bor group | | | | I Ask I | | | 1 | | | m | o. / | / | | _ | | | |
| Aasters' awards | | | | | | E 4 | 24 | | or 12 mo | onths | | | d | R | dis | h | |
| he Man | 1 | -0(| 10- | -31 | 0- | 21 | 21 | | | | - | | ALT | TIVE | 1.7108.001 | 104.00 | |
| | Call 7 | 7 days a | week 8a | am - 11p | am EST P | romo C | ode: MBC | 0113 | *Offer s | subject t | o change | e based | on pre | mium ch | hannel a | vailat | bility |
| odern day letter | | | | | | | | | | | _ | | | | | | |
| | | | | | | | | | | | | | | | | | |
| ole punching tool | © Sta | tePoin | t Med | ia | | | | | | | | 10.01 | | | | | |
| ole punching tool | © Sta | tePoin | t Med | ia | | | | | | | | IDOR | | | | | |
| ble punching tool ertaining to a pope afficiently | © Sta | | | lia Proven | се | | | уо | u co | uld | | | | | | | |
| ole punching tool ertaining to a pope officiently sh eggs | © Sta | 26. L | _ost in | | | | | - | | | save | e 28 | 3% [.] | uch | | | |
| ble punching tool ertaining to a pope officiently sh eggs ong stories | | 26. L 27. (| _ost in | Proven ady to d | | | | Coll | U CO | .970-4 | SQVE | e 28 | 3% ⁻ | uch | | | |
| ole punching tool ortaining to a pope officiently sh eggs ong stories 'his Coward is an Academy d and Tony winner | | 26. L 27. (29. E 31. (| Lost in Get rea Encircle Church | Proven ady to d e sound | rive | | | Coll you | 1-800- could so | -970-4 ave on a | SOVE | e 28 see ha | 3% ⁻ | es | ura | | |
| ble punching tool artaining to a pope afficiently sh eggs ing stories 'his Coward is an Academy d and Tony winner bar's mate | | 26. L 27. (29. E 31. (32. \ | Lost in Get rea Encircle Church Walk lik | Proven ady to d e i sound ke a pe | rive acock | | | Call you | 1-800- | -970-4 ave on a | SOVE | e 28 see ha | 3% ⁻ | es | Uro Atistate | | |
| ble punching tool artaining to a pope afficiently sh eggs ing stories 'his Coward is an Academy d and Tony winner bar's mate | | 26. L 27. (29. E 31. (32. \ 33. / | Lost in Get rea Encircle Church Walk lik About t | Proven ady to d e sound ke a pe to explo | rive acock ode | | | Call you | 1-800- could so | -970-4 ave on a | SOVE | e 28 see ha | 3% ⁻ | es | Alistate | | |
| ble punching tool ertaining to a pope officiently sh eggs ing stories 'his Coward is an Academy d and Tony winner bar's mate ubed | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * | Lost in Get rea Encircle Church Walk lik About t 'Swedi | Proven ady to d e sound ke a pe to explo ish ben | rive acock ode | r | | Call you | 1-800- could so | -970-4 ave on a | SOVE | e 28 see ha | 3% ⁻ | es | Alistate | | |
| ble punching tool ertaining to a pope officiently sh eggs ing stories 'his Coward is an Academy d and Tony winner bar's mate ubed N | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * 36. S | Lost in Get rea Encircle Church Walk lik About t Swedi Sub sta | Proven ady to d e n sound ke a pe to explo ish ben ation | rive acock ode efactoi | | ator | Coll you | 1-800- could so | -970-4 ave on a | SOVE | e 28 see ho vrance. | | es 4 | Alistate | compo | ony |
| ble punching tool ertaining to a pope officiently sh eggs ing stories 'his Coward is an Academy d and Tony winner bar's mate ubed N rses' organization m starch | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * 36. S 38. * | Lost in Get rea Encircle Church Walk lik About t 'Swedi Sub sta 'Winge | Proven ady to d e sound ke a pe to explo ish ben ation ed wom | rive acock ode efactoi | | atom | Call you | 1-800- could so | -970-4 ave on a | SOVE | e 28 see ha | 3% ⁻ | es 4 | Alistate | compo | |
| ble punching tool ertaining to a pope officiently sh eggs ing stories 'his Coward is an Academy d and Tony winner bar's mate ubed N rses' organization m starch | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * 36. § 38. * 42. E | Lost in Get rea Encirclo Church Walk lik About t 'Swedi Sub sta 'Winge 3BQ sp | Proven ady to d e a sound ke a pe to explo ish ben ation ed wom pot | rive acock ode efactor nan hole | | atom | Call you tempe exects | 1-800- could so forming or forming or formin | -970-4 ave on a | SOVE | e 28 see ho vrance. | | es 4 | Alistate | compo | ony |
| ble punching tool ertaining to a pope fifticiently sh eggs ng stories his Coward is an Academy d and Tony winner bar's mate ibed N rses' organization m starch a. Xi'an, ancient capital of | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * 36. S 38. * 42. E 45. J | Lost in Get rea Encircle Church Walk lik Swedi Sub sta Winge 3BQ sp n a tan | Proven ady to d e i sound ke a pe to explo ish ben ation ed wom pot ne man | rive acock ode efactor ian hole ner | | atom | Coll you | 1-800- could sc forma who herease to herease | -970-4 ave on a | SOVE | e 28 see ho vrance. | 3% ⁻ | es 4 | Alistate | compo | ∞ 8 |
| ole punching tool ortaining to a pope officiently sh eggs ng stories his Coward is an Academy d and Tony winner bar's mate obed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac | | 26. L 27. 0 29. E 31. 0 32. V 33. <i>A</i> 34. * 36. S 38. * 42. E 45. I 49. 0 | Lost in Get rea Encircle Church Walk lik Swedi Swedi Sub sta *Winge 3BQ sp n a tan Opposit | Proven ady to d e a sound ke a pe to explo ish ben ation ed wom oot ne man te of "n | rive acock ode efactor nan holo ner niss" | | atom | Call you tempe exects | 1-800- could so forming or forming or formin | -970-4 ave on a | SOVE | e 28 see ho vrance. | | es 4 | Alistate | compo | ony |
| ble punching tool ertaining to a pope officiently sh eggs ing stories his Coward is an Academy d and Tony winner bar's mate ubed N rses' organization m starch .a. Xi'an, ancient capital of ne sign of the zodiac d person | | 26. L 27. (29. E 31. (32. \ 33. / 34. * 36. \$ 38. * 42. E 45. L 49. (51. F | Lost in Get rea Encircla Church Walk lik About t *Swedi Sub sta *Winge 3BQ sp n a tan Opposit Ran off | Proven ady to d e i sound ke a pe to explo ish ben ation ed wom pot ne man | rive acock ode efactor an hole ner niss" as? | | atom | Call you terrere souther | 1-800- could sc forma who herease to herease | -970-4 ave on a | SOVE | e 28 see ho inching to children to | 3% ⁻ | es 4 | Alistate | compo | ∞ 8 6 |
| ble punching tool ertaining to a pope officiently sh eggs ing stories his Coward is an Academy d and Tony winner par's mate ubed N rses' organization m starch .a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitic | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * 36. § 38. * 42. E 45. L 49. (51. F 54. F | Lost in Get rea Encirclo Church Walk lik Swedi Swedi Swedi Swedi Swedi Swedi Swedi Swedi Swedi San stan Copposit Ran off Peter a Rain for | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur | rive acock ode efactor nan hole niss" as? I ninant | ding an | | Call you tempe exects | 1-800- could sc forma who herease to herease | -970-4 ave on a | SOVE | e 28 see ho vrance. | 3% ⁻ | es 4 | Alistate | compo | ∞ 8 |
| ble punching tool ertaining to a pope officiently sh eggs ing stories 'his Coward is an Academy d and Tony winner par's mate ubed N rsses' organization m starch .a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitives | | 26. L 27. (29. E 31. (32. \ 33. <i>J</i> 34. * 36. § 38. * 42. E 45. L 49. (51. F 54. F | Lost in Get rea Encirclo Church Walk lik Swedi Swedi Swedi Swedi Swedi Swedi Swedi Swedi Swedi San stan Copposit Ran off Peter a Rain for | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg und Pau | rive acock ode efactor nan hole niss" as? I ninant | ding an | | Coll you ¹ history Energy 7 4 8 | 1-800- could so American the Internet So Internet So I | -970-4 ave on a | sove | e 28 see ho inching to children to | 3% ⁻ | es 4 | 8 | 3 | ∞ 8 6 |
| ble punching tool ertaining to a pope officiently sh eggs ing stories 'his Coward is an Academy d and Tony winner par's mate bled N rses' organization m starch .a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitives Wan of "Star Wars" | | 26. L 27. (29. E 31. (32. \ 33. / 34. * 36. S 38. * 42. E 45. L 49. (51. F 54. F 56. F 57. * | Lost in Get rea Encircle Church Walk lik Swedi Sub sta Winge 3BQ sp n a tan Opposit Ran off Peter a Rain for | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur | rive acock ode efactor nan hole ner niss" as? I ninant ing, 197 | ding an 12's Spo | orts | Call you terrere souther | 1-800- could sc forma who herease to herease | -970-4 ave on a | SOVE | e 28 see ho inching to children to | 3% ⁻ | es 4 | 8 | 200mpc | ∞ 8 6 5 |
| ole punching tool ertaining to a pope officiently sh eggs ng stories his Coward is an Academy d and Tony winner oar's mate obed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitities Wan of "Star Wars" oaster follower | | 26. L 27. C 29. E 31. C 32. V 33. A 36. S 38. * 42. E 45. L 45. L 51. F 54. F 55. F 57. * Illus 58. F | Lost in Get rea Encircl Church Valk lik About t *Swedi Sub sta *Winge BBQ sp a n a tan Opposit Aan off Peter a Rain foo *Billie _ trated by | Proven ady to d e a sound ke a pe to explo ish ben ation ed wom oot ne man te of "n f to Veg und Pau rest rur Ki Sports y a clip | rive acock ode efactor nan hole ner niss" as? I ninant ing, 197 | ding an 12's Spo | orts | Coll you ¹ history Energy 7 4 8 | 1-800- could so American the Internet So Internet So I | -970-4 ave on a | sove | e 28 see ho inching to children to | 3% ⁻ | es 4 | 8 | 200mpc | ∞ 8 6 |
| ole punching tool ertaining to a pope officiently sh eggs ng stories his Coward is an Academy d and Tony winner oar's mate obed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitives Wan of "Star Wars" oaster follower npus head | | 26. L 27. C 29. E 31. C 32. V 33. J 33. J 33. J 33. J 33. J 42. E 45. L 49. C 51. F 56. F 56. F 56. F 56. F 56. F 58. H 59. S | Lost in Get rea Encircli Church Walk lił About t Sub sta Winge BBQ sp n a tan Opposit Ran off Peter a Rain for Fililie trated Held by Super c | Proven ady to d e sound ke a pe to explo ish ben ation ed wom bot ne man te of "n f to Veg und Pau rest rum ki Sports y a clip garb? | rive acock ode efactor nan holo ner niss" as? I minant ing, 197 man of | ding an 72's Spo the Ye | orts ar | Call you **###******************************** | 1-800- could so American the Internet So Internet So I | -970-4 ave on a | source insu | e 28 see bi interace. 9 9 | 3% ⁻ | es 4 | 8 | 200mpc | ∞ 8 6 5 9 |
| ole punching tool ertaining to a pope officiently sh eggs ng stories his Coward is an Academy d and Tony winner obar's mate obed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitifies Wan of "Star Wars" oaster follower npus head escriptive of pastoral life | | 26. L 27. C 29. E 31. C 33. Å 33. Å 36. S 38. * 42. E 45. I 49. C 51. F 56. F 57. * Illus 58. h 59. S 58. h | Lost in Get rea Encircli Church Walk liił About t Swedi Sub sta Winge BBQ sp n a tan Opposit Aan off Peter a Rain fou 'Billie Litrated Held by Super <u>c</u> 'Pulitze | Proven ady to d e a sound ke a pe to explo ish ben ation ed wom oot me man te of "n i to Veg und Pau rest rur Ki Sports y a clip garb? er Prize | rive acock ode efactor nan holo ner niss" as? I minant ing, 197 man of | ding an 72's Spo the Ye | orts ar | Coll you ¹ history Energy 7 4 8 | 1-800- could so American the Internet So Internet So I | -970-4 ave on a | sove | e 28 see ho inching to children 10 | 3% ⁻ | es 4 | 8 | 200mpc | ∞ 8 6 5 |
| ble punching tool ertaining to a pope ertaining to a pope ertaining to a pope sheggs ng stories his Coward is an Academy d and Tony winner bar's mate bed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitives Wan of "Star Wars" oaster follower mpus head escriptive of pastoral life orth of Cleveland | | 26. L 27. C 29. F 31. C 33. V 33. V 33. V 34. * 38. * 42. F 49. C 51. F 54. F 55. F 57. * 100 88. k 59. S 60. * | Lost in Get rea Encircli Church Walk liił About t Swedi Sub sta "Winge BBQ sp n a tan Opposit Ran off Peter a Rain fou 'Billie Leld by Super ç 'Pulitze ckingbi | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur Ki Sports y a clip garb? er Prize ird" | rive acock ode efactor nan hold ner ninss" as? ninant ng, 197 man of winne | ding an 72's Spo the Ye r, "To _ | orts ar | Call you **###******************************** | 1-800- could so American the Internet So Internet So I | 970-4 | source insu | e 28 see bi interace. 9 9 | 2000 mil | es | 8 | 200mpc | ∞ 8 6 5 9 |
| ble punching tool prtaining to a pope ifficiently sh eggs ng stories his Coward is an Academy d and Tony winner bar's mate ibed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitives Wan of "Star Wars" oaster follower npus head secriptive of pastoral life orth of Cleveland Broadway recognition | | 26. L 27. C 29. F 31. C 32. V 33. A 43. A 43. A 42. F 45. I 49. C 51. F 54. F 55. A 56. F 57. * Illus 58. H 60. * 60. * Moc 61. V | Lost in Get rea Encircl Church Walk lik About t Swedi Sub sta "Winge BBQ sp n a tan Opposit Ran off Peter a Rain for "Billie _ trated Super ç "Pulitze ckingbi What th | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur Ki Sports y a clip garb? er Prize ird" he Big I | rive acock ode efactor nan hold ner ninss" as? l minant minant minant winne winne Bad Wo | ding an 72's Spo the Ye r, "To _ | orts ar | Call you you "https://www.execution.com exec | 1-800 could sc 200 2 4 | -970-4 ave on a | source insu | e 28 see bi interace. 9 9 | 3% ⁻ ow mu | es | 8 | 200mpc | ∞ 8 6 5 9 |
| ble punching tool ertaining to a pope fifticiently sh eggs ng stories his Coward is an Academy d and Tony winner bar's mate bed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitives Wan of "Star Wars" oaster follower npus head escriptive of pastoral life orth of Cleveland troadway recognition luvial deposit | | 26. L 27. C 29. E 31. C 32. V 33. J 33. J 33. J 33. J 33. J 42. E 45. I 49. C 51. F. F 55. F 56. F 57. * 1 Illus 58. F 59. S 60. * Moc 61. V 62. L | Lost in Get rea Encircli Church Walk lil About t 'Swedi Sub sta 'Winge BBQ sp n a tan Opposit Ballo sp etra ta Gan off 'Billie - trated Held by Super ç Pulitze ckingbi What th Larger- | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur Ki Sports y a clip garb? er Prize ird" | rive acock ode efactor nan hold ner ninss" as? l minant minant minant winne winne Bad Wo | ding an 72's Spo the Ye r, "To _ | orts ar | Coll you y | American Stress Control of Contro | 970-44 | source latter for the second s | 9 28 see hd urance. 9 9 1 | 3% [°] ow mu 4 7 7 | es 4 | 8 7 6 | 3 T | ∞ 8 6 5 9 1 |
| ble punching tool ertaining to a pope officiently sh eggs ing stories his Coward is an Academy d and Tony winner bar's mate ubed N rsses' organization m starch .a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitic es Wan of "Star Wars" ooaster follower mpus head escriptive of pastoral life orth of Cleveland Broadway recognition luvial deposit inimum | | 26. L 27. C 29. E 31. C 32. V 33. J 36. S 38. ° 42. E 45. I 49. C 51. F 54. F 55. K 56. F 57. ° 100 S 80. S 60. ° 60. ° 60. ° 61. V 63. L 63. L 63. L 64. S 65. S 75. S | Lost in Get rea Encircli Church Walk lik About t 'Swedi Sub sta Sub st | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur Ki Sports y a clip garb? er Prize ird" he Big I than-lif | rive acock ode efactor nan hold ner ninss" as? l minant minant minant winne winne Bad Wo | ding an 72's Spo the Ye r, "To _ | orts ar | Coll you y | Average of a second sec | 970-44 | source latter for the second s | 9 28 see hd urance. 9 9 1 | 3% [°] ow mu 4 7 7 | es 4 | 8 7 6 | 3 T | ∞ 8 6 5 9 1 |
| ble punching tool ertaining to a pope officiently sh eggs ing stories his Coward is an Academy d and Tony winner par's mate ubed N rses' organization m starch .a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitic es Wan of "Star Wars" oaster follower mpus head escriptive of pastoral life porth of Cleveland groadway recognition luvial deposit inimum ecipe amount threnched stronghold | | 26. L 27. C 29. E 31. C 32. V 33. J 36. C 51. F 54. F 54. F 55. C 56. F 57. ° 1110 58. F 59. C 60. ° Mor 61. V 62. L 63. C | Lost in Get rea Encircli Church Walk lik About t 'Swedi Sub sta BBQ sp n a tan Opposit Ran off Peter a Rain for 'Billie - trated Held by Super <u>c</u> 'kingbi What th Larger- Dash Fo cour | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur Ki Sports y a clip garb? er Prize ird" he Big I than-lif | rive acock ode efactor nan hold ner ninss" as? l minant minant minant winne winne Bad Wo | ding an 72's Spo the Ye r, "To _ | orts ar | Coll you y | Average of | 970-4 ave on or second to the operation of the operatio | sove all and the second | 9 9 1 1 5 1 1 5 | 3% [*] ow mu 4 7 7 9 rid, mu wdes a | es 4 | 8 7 6 sure this | 3 T | ∞ 8 6 5 9 1 |
| ble punching tool prtaining to a pope ifficiently sh eggs ng stories his Coward is an Academy d and Tony winner bar's mate ibed N rses' organization m starch a. Xi'an, ancient capital of ne sign of the zodiac d person rshipped by ancient Semitic es Wan of "Star Wars" oaster follower npus head escriptive of pastoral life orth of Cleveland irroadway recognition luvial deposit inimum ecipe amount | | 26. L 27. C 29. E 31. C 32. V 33. J 36. S 38. ° 42. E 45. I 49. C 51. F 54. F 55. K 56. F 57. ° 100 S 80. S 60. ° 60. ° 60. ° 61. V 62. L 63. L 63. L 64. S 65. S 66. S 76. S | Lost in Get rea Encircli Church Walk lik About t 'Swedi Sub sta BBQ sp n a tan Opposit Ran off Peter a Rain for 'Billie - trated Held by Super <u>c</u> 'kingbi What th Larger- Dash Fo cour | Proven ady to d e sound ke a pe to explo ish ben ation ed wom oot me man te of "n f to Veg and Pau rest rur Ki Sports y a clip garb? er Prize ird" he Big I than-lif | rive acock ode efactor nan hold ner ninss" as? l minant minant minant winne winne Bad Wo | ding an 72's Spo the Ye r, "To _ | orts ar | Coll you y | Average of | 970-4 ave on or second to the operation of the operatio | source latter for the second s | 9 9 1 1 5 1 1 5 | 3% [*] ow mu 4 7 7 9 rid, mu wdes a | es 4 | 8 7 6 sure this | 3 T | ∞ 8 6 5 9 1 |

Adoption

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. Choose from families Nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 Void In Illinois/New Mexico/Indiana (NANI)

Announcements

• Hard to Fit • Plus Size 916-476-6092

(MPG 08-31-14)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising, For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, tweeted. discussed broadcast. posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW that not only does newspaper media reach a HUGE Audience they also reach an EN-GAGED AUDIENCE. Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Antiques/Collectibles Wanted

Old Bailroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 06-30-14)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 06-30-14)

Apartments For Rent

RETIREMENT APARTMENTS, ALL INCLUSIVE. Meals, transportation, activities daily. Short Leases. Monthly specials! Call (866) 338-2607 (NANI)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Davs/Week. Call Toll Free: 1-888-416-2330 (NANI)

GET CASH TODAY for any car/ truck. I will buy your car today. Any Condition. Call 1-800-864-5796 or www.carbuyguy.com (NANI)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITÁGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Deductible, Free Towing Paperwork Taken Care Of (Cal-SCAN) 800-731-5042

Business For Sale

OREGON OCEANFRONT MOTEL 40 unit long term winner with \$700.000 annual increasing income. Asking \$3,400,000 with Seller financing. Call Mike 360-609-5719 oregonsilversands.com (Cal-SCAN)

Opportunity

Electrical Services

Canada Drug Center is your RETIRED MASTER ELECTRICIAN. choice for safe and affordable medproblem solver! 30 yrs experi-ence, senior discounts, Save big ications. Our licensed Canadian mail order pharmacy will provide don't replace panel - rebuild you with savings of up to 75 percent it. Lic.# 513168, 916-595-3052 on all your medication needs. Call today 1-800-281-3958 for \$10.00 off your first prescription and free shipping. (MB 06-30-14)

Financial Aid

(MPG 12-31-14)

Cut your STUDENT LOAN pay-Canada Drug Center is your ments in HALF or more even if Late or in Default. Get Relief FAST Much choice for safe and affordable medications. Our licensed LOWER payments. Call Student Canadian mail order pharmacy Hotline 855-341-7551 (MB 06-30-14) will provide you with savings of up to 75 percent on all your medica-Financial Services tion needs. Call today 1-800-356-

Health & Medical

provide you with savings of up to

90 percent on all your medication

needs. Call today 1-800-273-0209,

for \$10.00 off your first prescrip-

tion and free shipping. (Cal-SCAN)

Heating & Air

VICTORIA HEATING

& AIR CONDITIONING

Lic#877379

Over 10 Years of Experience

We Provide

SERVICE. REPAIR.

CHANGE OUT AND NEW INSTALL

Easy
 Fast Response

Reasonable Price

We offer a

Special \$50 Diagnostic Fee

We will tell you what is wrong with

your unit and how much it will cost

to fix your unit before we begin work

· Each project is confirmed in writing

and one year warranty

• OR, new unit installed with

5 to 10 years warranty

So Don't Wait! Call Us At

(209) 338-4475 or (916) 474-0173

Help Animals

SPCA Thrift Shop Helpless ani-

mals need your donations. The

Real Non-Profit. Will pick up. Call

916-442-8118. 1517E Street for

Help Wanted

Experienced Barber Wanted.

Reliable. 2 Days, Fri. & Sat. Only. For

details call 967-0763. (MPG 07-31-14)

Drivers: Local Woodland Flat-

bed 17.00 per hour! CDL-A, 1yr.

Experince required. Estension

Logistics. Apply: www.goelc.com 1-866-336-9642 (MPG 07-31-14)

donations-10-4pm (MPG)

(MPG 16-02-14)

4170 for \$10.00 off your first pre-Are you in BIG trouble with the scription and free shipping (SWAN) IRS? Stop wage & bank levies, liens & audits, unfiled tax returns Canada Drug Center is your choice for safe and affordpayroll issues, & resolve tax debt FAST. Seen on CNN. A BBB. able medications. Our licensed Canadian mail order pharmacy will

Call 1-800-761-5395 (Cal-SCAN) Do you owe over \$10,000 to the IRS or State in back taxes? Get tax relief now! Call BlueTax, the nation's full service tax solution firm. 800-393-6403. (Cal-SCAN)

Is Your Identity Protected? It is our promise to provide the most comprehensive identity theft prevention and response products available! Call Today for 30-Dav FREE TRIAL 1-800-908-5194. (Cal-SCAN Reduce Your Past Tax Bill by as

much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify, 1-800-498-1067. (Cal-SCAN)

Do You Want to Know What Your Home is Worth?

Home Values Have 4 Increased Over 30% in our Area in the

Last Year! Call Now for a **FREE Market Analysis** of Your Home (916) 992-9922

Dare & Associates Real Estate License #01228753 (MPG 06-30-13)

For Sale

Furniture for Sale All Leather Sofa, Loveseat, Ottoman, 9X12 Rug, Good Condition. \$500 OBO, Call 916-635-6088 (MPG 07-31-14)

4 Piece White French Provincial Bedroom Set. \$350. Call home # 916-635-3128. Cell # 916-947-7904. (MPG 08-31-14)

senior park, natural ash interior

Condo for Sale

3 Br, 1 &1/2 Bath, 2 Car / Garage

\$159 K. Very Nicely Remodeled

Must be Owner Occupied per

www. Itis4Sale.com. Dues \$280/m.

Sunrise & Kingswood. 425-6000

1150 sq ft approx. Visit

\$11.999

HOA.

(MPG 07-31-14)

chassis

&

916-425-0441

(MPG 07-31-14)

ÓBO. 916-425-4672.

Caring Compassionate Seniors Mobile Home for Sale WANTED! SENIORS HELPING 1963 mobile home, 56 X 18. Spa

SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required.Call us today for more information. (916) 372 9640 (MPG)

Race Car for sale AIRLINE CAREERS Start here. Turn key or will sell motor, trailer Get FAA approved Aviation separately. call for info. Mechanic training. Financial aid (MPG 07-31-14) for qualified students. Job placement assistance. Apply now with AIM Dallas 877-205-0503 or GET HELP NOW! One Button Senior Medical Alert. Falls. Fires Houston 888-216-1687 (SWAN) Emergencies happen. 24/7

HELP WANTED !!! \$570/ WEEKLY

Potential ASSEMBLING CHRIST-

MAS DECORATIONS from home +

MAKE MONEY MAILING BRO-

Help Wanted

Drivers

Drivers: Local Roseville Flatbed

Openings! Great Pay, Benefits!

CDL-A, 1 year Exp. Req. Estenson

Logistics. Apply: www.goelc.com

Frac Sand Owner Operators

Needed Immediately in Texas!

Requires tractor, blower, pneumatic

trailer. Sting Services Pays 80%...

Unlimited Work 214-250-1985 (NANI)

ATTN: DRIVERS. Be a Name,

Not a Number \$\$\$ Up to 50 cpm

\$\$\$ BCBS + 401k + Pet & Rider.

Orientation Sign On Bonus. CDL-A Required. 1-877-258-8782 www.

EXPERIENCED DRIVER OR

RECENT GRAD? With Swift, you

can grow to be an award-winning

Class A CDL driver. We help you

achieve Diamond Driver status

with the best support there is. As

a Diamond Driver, you earn ad-

ditional pay on top of all the com-

petitive incentives we offer. The

very best choose SWIFT . Great

Miles = Great Pay • Late-Model

Equipment Available • Regional

Opportunities • Great Career

Path • Paid Vacation • Excellent

Benefits. Call: (520) 226-4362

JIM PALMER TRUCKING IS

HIRING... No Experience? Earn

Sponsored CDL Training. Earn \$41,500+ 1st Year Full Benefits

MILES MEAN MONEY! 3000+

miles per week. Competitive pay.

Late model equipment. Paid week

ly. Direct deposit. No East Coast.

Paid on practical miles. Call 800-

You Learn. Company

(Cal-SCAN)

(Cal-SCAN)

(Cal-SCAN)

While

645-3748

1-877-698-0964.

FOR OUR COMPANY!!

HelpWantedWork.com

TYPING ADS

www.

(NANI)

(MPG 07-31-14)

(Cal-SCAN)

CHURES or

1-866-336-9642

ad-drivers.com

Help Wanted Drivers

DRIVERS - START WITH OUR TRAINING OR CONTINUE YOUR SOLID CAREER. You Have Options! Company Drivers, Lease Purchase or Owner Operators Needed. 888-891-2195 www. CentralTruckDrivingjobs.com (Cal-SCAN)

TRUCK DRIVERS! Obtain Class A CDL in 2 1/2 weeks. Company Sponsored Training. Also Hiring Recent Truck School Graduates Experienced Drivers. Must be 21 or Older. Call: (866) 275-2349. (Cal-SCAN)

Help Wanted Websphere Administrator

Websphere Administrator

Vision Service Plan has an opening for a Websphere Administrator position in Rancho Cordova. CA. Design and configure the company's Websphere Application Server and Websphere MQ environments. Plan, test and execute upgrade efforts for Websphere systems. Must be available for week-long 24/7 on-call rotations every third week. Apply by sending resume to 3333 Quality Drive, Rancho Cordova, CA 95670. Please refer to Job #1167.20. Vision Service Plan supports workforce diversity. (MPG 07-31-14) Inhome Childcare

Smart Start Nenes Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured.

(916) 723-3342 collher@surewest.net

Landscaping

Bula Landscaping

Weekly & bi-weekly yard maintenance, vard clean-up & haul, fences and complete landscaping services. Call 916-380-0426 or 916-745-8795 (MPG 06-30-14)

Medical Supplies /Equipment

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door Anti-Slip Floors. American Made Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE Shipping. Nationwide Service Month CALL Medical \$29.95/ Guardian Today 855-334-1975 (MB 06-30-14

Moving Services

STEADY MOVES

You rent the truck...we will sure it's loaded/unmake PROFESSIONALLY! loaded (Lic#322945) 916-206-3183 Èmail msmith2661@comcast.net (MPG 06-30-14)

Miscellaneous

MAKE A CONNECTION Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-909-2569 (SWAN)

AIRLINES ARE HIRING - Train for hands on Aviation Career. FAA approved program. Financial aid for qualified students- Job placement assistance. CALL Aviation Institute of Maintenance 888-686-1704 (NANI)

AVON - Earn Extra \$\$\$ Sell Connection. People, Flirty Chat. Meet sin-gles right now! Call LiveLinks. from home, work, online. For Information Call: 1-800-796-2622 Try it FREE. Call NOW: Call email AvonDetails@aol.com 1-877-737-9447. 18+ (ISR) Se Habla Espanol (NANI)

Miscellaneous

DirecTV Over 140 channels only \$29.99 a month. Triple savings! \$636.00 in Savings, Free upgrade to Genie & 2013 NFL Sunday ticket free for New Customers. Start saving today! 1-800-416-7254 (SWAN)

MPG CLASSIFIED ADVERTISING

Miscellaneous

for Sale SAWMILLS from only \$4397.00-MAKE & SAVE MONEY with your own bandmill - Cut lumber any dimension. In stock ready to ship, FREE Info/ www.NorwoodSawmills.com 1-800-578-1363 Ext.300N (Cal-SCAN)

Music Lessons Guitar Lessons - Beginner to

Advanced. \$10/half hour. \$15/hour. freddiebbalbert1@yahoo.com. 530-263-6926 (MPG 07-31-14)

Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, www.anitraalexander.com, or call (916) 725-1054 (MPG)

Painting Services

Anni The Painter One Room

F.S. He ALA at a Time Okay! Perfectionist
 Fun Ideas • Kid's Roor Cabinets • Bathrooms
 • Kitcher T) A ew Molding Installs • Small Jobs OK! Lic # 733938 • Free Bids 9 1 6 - 5 3 2 - 6 1 9 4

Personals

Lady wants a gentleman to correspond with & potentially meet. Christian or Jew, age around 80. Likes to travel, attend church, read. Loves animals. I have white hair, 5'7" tall, have 3 years of college. Like to sew & play board games. Phone (916)496-9227 (MPG 08-31-14)

Looking for a special man. I am healthy and active and have many interests. Quiet time with a special person. Long or short trips, little theatre, dancing, cruising, dining and conversation. The ideal man should share some of these and be in his seven-

ties. 916-967-6289. (MPG 10-31-13) MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392.

Pet Care

(Cal-SCAN)

Give your pets great care while you're gone. Kennel free environ-ment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-13)

Pets/Animals

SPCA THRIFT SHOP The Real Non-Profit **Helpless Animals** Need Your Donations Will Pick Up

Call 916-442-8118 4.4 1517 E Street for donations 10-4pm

DOG RESCUE Gary (916) 334-2841

Please Adopt or Foster Because so many really great dogs are dying for a good home ...

LANDA'S

HOUSE CLEANING

PLAY BINGO? Support Veterans While You Play! Bingo Volunteers needed every Thursday, Friday, Sunday nights from 4-10pm at Sacramento Bingo Center. 916-533-9811. (MPG 03-31-14)

Volunteers

Needed

LIKE TO

Bristol Hospice is looking for volunteers to provide companionship with our hospice patients and families. We provide the training and match you with a family in vour area. Please call volunteer services for more information at 782-5511. (MPG 12-31-13) (916)

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$25 PER BOX! We buy One Touch and most brands, For FAST LOCAL PICK UP please call (916) 505-4673 (MPG 06-30-14)

Retired Carmichael native look-

ing for a 1950s or 60s Porsche for restoration project. Not run-

ning OK. I'm not a dealer or

reseller. I sold my '63 years ago and always regretted it. Honest

and friendly. 916-803-0480 Jack.

Want to purchase minerals

and other oil/gas interests. Send

details to: PO Box 13557, Denver,

WANTED JAPANESE MOTOR-

CYCLE KAWASAKI 1967-1980

KZ1000MKII, W1-650, H1-500,

H2-750, S1-250, S2-350, S3-

400 Suzuki GS400, GT380, CB750 (69.70) CASH PAID. 1-800-772-1142, 1-310-721-0726

CASH PAID FOR DIABETIC

TEST STRIPS Cash Paid On-

The-Spot. Factory Sealed &

Unexpired Only. We Are Local & Will Meet With You. Call

Donna or Mick: 916-549-0576

Or 916-729-5154. (MPG 02-28-14)

Work Wanted

I do pruning, weeding and plant-

ing, interior painting, garage and

house cleaning. And de-cluttering

and organizing. Senior services. I

transport to medical, other appoint-

ments, shopping etc. and errands

And healthy cooking and compan-

ionship. No job to small. Health and

Security background. References. College grad. Tim 503-460-7149.

Yoga

Restorative Yoga. 1st Class Free.

The Cabin. Citrus Heights. Call for Louise. (916) 729-0103 (MPG 05-08-14)

CALL

530-823-2463

(MPG 08-31-14)

usa@classicrunners.com

KZ900, KZ1000,

(NANI)

ZIR.

(NANI)

(MPG 06-30-14

CO 80201.

Z1-900.

Serves Sacramento Areas. Resi-LOST DOG dential & Commercial Cleaning Services. For More Information Black & white www.landashousecleaning.com (MPG 04-30-14) adult male **Boston Terrier**, NOTICE TO READERS lost on evening

DISCLAIMER DISCLATIVIER Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.



THE LIGHT BULB THAT GOES ON ABOVE ELWOOD'S HEAD WHEN HE GETS AN IDEA. . . IS HOOKED UP TO A CLAPPER

Messenger Publishing Group Call to Advertise 530-823-2463

EARN \$200⁰⁰ per month for just a few hours' work per week

Page 7



Call 916-266-1360 (MPG 06-30-14)

Colifornia law requires that contractors taking jobs that total \$500 or more (labor and/ or materials) be licensed by the Contractors State License Board. State law also requires that contractor's status at www. cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board. of 6-16-14, near **Routier & Mills** Stration Road, Ranchol Cordova. Please call (916) 802-0807 **GOT LOCAL NEWS?** Call 773-1111



own Medical OWN YOUR Alert Company. Be the 1st and only Distributor in your area! Unlimited \$ return. Small investment required. Call toll free 1-844-225-1200. (Cal-SCAN)

Cable/Satellite TV

DISH TV Retailer - Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/ month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

DirectTV 2 Year Savings Event! Over 140 channels only \$29.99 a month. Only DirecTV gives you 2 YEARS of savings and a FREE Genie upgrade! Call 1-800-291-0350 (Cal-SCAN)

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & Speed Internet starting High \$14.95/month (where avail at able.) SAVE! Ask About SAME Installation! CALL Now! 1-800-375-0156 (MB 06-30-14)

Career Training/ Education

AIRLINE CAREERS Begin Here - Get FAA approved Aviation Maintenance Technician training. Job placement and F studeinancial assistance for qualifiednts. CALL Aviation Institute of Maintenance 888-242-3382 (Cal-SCAN)

MEDICAL BILLING TRAINEES NEEDED! Become a Medical Office Assistant! NO EXPERIENCE NEEDED! Online training gets you Job ready! HS Diploma/GED & PC needed! 1-888-407-7063 (Cal-SCAN)

Credit/Debt Services

GET FREE OF CREDIT CARD DEBT NOW! Cut payments by up to half. Stop creditors from call-ing. 855-341-6281 (MB 12-31-13)

Divorce

Before you list your home, order Free Special Report that reveals what happens to your matrimonial home before. during, and after a divorce. Free recorded message 1-800-213-4205 ID# 1009

DRE # 00809220 R Dumont (MPG 08-30-12)



Call NOW 1-888-495-6199 (NANI)

2013 Wildwood Extra lite 22 ft, self-contained with awning and air conditioning. Like new. Includes Hitch. \$16,5000 OBO. 916-726-1275. (MPG 02-28-14)

For Sale Affordable Condo

Trinity River Condo Gated Community with Pool! 2 bed/2bath. \$114,000. Call Liz 916-397-0815. BRE#01149312. C21 M&M & Assoc. (MPG 06-30-14)

Foster Parenting



Aspiranet is seeking loving homes for foster children in need. Contact 1-877-380-HERO for info and register for training. aspiranetheroes.org (MPG 04-30-13)

Handyman QUALITY LABOR

Yard Work. Hauling, Gutter Clean, Odd Jobs

You Name It! (916) 613-8359



Can't Stop Eating Compulsive Eaters Anonymous -HOW (CEA-HOW)

We're a nonprofit organiza-tion for anyone suffering from Compulsive Eating, Anorexia, and Bulimia. A fellowship of individuals who understand your problem and will offer you support. Come find examples of others who have found a working solution. Membership is Anonymous There are no dues or fees

for membership The only requirement is a desire to stop eating compulsively CALL: 916-434-5894 for meet-

ing times and locations OR Visit ceahow.org (MPG 07-31-14)

SAFE, EASY WEIGHTLOSS! Phentrazine 37.5, a once daily appetite suppressant, boosts energy and burns fat, 60 day supply - only \$59.95! To order, call 1-800-561-9814 (Cal-SCAN)

GREAT MONEY FROM HOME! WITH OUR FREE MAILER SUPPORT our service members, veterans and their families in their PROGRAM LIVE OPERATORS time of need. For more information ON DUTY NOW 1-800-707-1810 EX 701 OR VISIT WWW. visit the Fisher House website at www.fisherhouse.org (NANI) PACIFICBROCHURES.COM (NANI)

CASH FOR CARS: All Cars/ Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

TOP CASH PAID FOR OLD PHILIPPE WATCHES! ROLEX, PATEK ĆARTIER DAYTONA, SUBMARINER GMT-MASTER, EXPLORER MILGAUSS, MOONPHASE, DAY DATE, etc. 1-800-401-0440 (NANI)

GET LIGHTNING FAST High Speed Internet: AT&T U-Verse® plans starting at \$14.95/mo. Bundle Save Internet+Phone+TV. Cal to check availability in your area! Limited Offer. 1-800-919-0548 (NANI)

DIRECTV, Internet, & Phone From \$69.99/mo + Free 3 Months: HBO® Starz®SHOWTIME®CINEMAX®+ FREE GENIE 4 Room Upgrade + NFL SUNDAY TICKET! Limited offer. Call Now 888-248-5961 (NANI)

CASH PAID - UP TO \$25/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. BEST PRICES! Call 1-888-776-7771. www. Cash4DiabeticSupplies.com (NANI)

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/ month (where available.) SAVE Ask About SAME DAY Installation CALL Now! 1-800-341-7308 (SWAN)



Position Wanted

Classy Senior Lady with 16 yrs experience seeks caregiver/companion position including housekeeping, cooking, transportation, etc. Call **896-5882** (MPG 03-31-14

Real Estate

HONEST LOCAL INVESTOR BUYS HOUSES FOR CASH... Call Me First!! Mike (916) 203-1585 mike@rlsproperty.com (MPG 02-28-14)

Hope for Troubled Homeowners



WE PROVIDE SOLUTIONS Call Our Short Sale Hotline for a FREE Consultation (916) 331-3311 Sac Short Sale Pros

License #01128753 (MPG 06-30-13)

Real Estate Sales

Oregon Home For Sale On river 5 miles to ocean, well maintained 2bdr 2ba 1/4 ac, fenced yard garden & sheds. \$119K. Low taxes (720) 315-3252. Please ask for Russ. (MPG 07-31-14)



Suduko Puzzle on Page 6

| | _ | _ | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 6 | 8 | 1 | 2 | 3 | 4 | 5 | 7 |
| 7 | 5 | 3 | 6 | 9 | 4 | 2 | 1 | 8 |
| 4 | 2 | 1 | 8 | 7 | 5 | 6 | 9 | 3 |
| 2 | 4 | 9 | 5 | 3 | 7 | 1 | 8 | 6 |
| 8 | 7 | 6 | 9 | 1 | 2 | 3 | 4 | 5 |
| 1 | 3 | 5 | 4 | 8 | 6 | 9 | 7 | 2 |
| 3 | 8 | 2 | 7 | 4 | 1 | 5 | 6 | 9 |
| 6 | 9 | 4 | 3 | 5 | 8 | 7 | 2 | 1 |
| 5 | 1 | 7 | 2 | 6 | 9 | 8 | 3 | 4 |







Crossword Puzzle on Page 6



RELIGION



By Ronnie McBrayer

This coming week marks the birthday of a man who Bing Crosby called, "the beginning and the end of music in America." Born in the sweltering heat of a New Orleans' August, the grandson of former slaves, and suffering abject poverty, that man was Louis Armstrong.

It was starvation that drove young Louis to the streets where he learned to sing, scat, and play trumpet, all to earn a few pennies each day to feed his hunger and stay alive. From those hardened streets he rose by the sheer weight of his talent, charisma, and personality to play for presidents, popes, and kings. A unifying force in chaotic, divisive times, he was a master.

Most people, even those who could not recognize Armstrong's face or his contribution to Americana, can still sing along to his most iconic song. Barely two minutes long, a song that fails to showcase his greatest gifts, and recorded long after his musical heyday, it will last for decades, if not centuries to come.

The lyrics go: "I see trees of green, red roses too. I see them bloom, for me and you...I see skies of blue, and clouds of white. The bright blessed day, the dark sacred night. And I think to myself, 'What a wonderful world."

Louis recorded and released

What a Wonderful World

"What a Wonderful World" in "right." But the use of the word 1967. Certainly, he looked out at the utopia of that year and time period and concluded that, "Yes, it was indeed a wonderful world." Do you know what was going on in 1967? The southern states were fighting desegregation, and the U.S. Army was fighting in Southeast Asia. The Apollo 1 spacecraft was burning on the Launchpad, and the Cold War was burning in Eastern Europe.

The Israelis were at war with their Arab neighbors, and police departments were at war with African Americans in Detroit, Milwaukee, Los Angeles, and DC. JFK was already dead, and Robert Kennedy and Martin Luther King Jr. would both be assassinated the following year. Yes, that was such a jolly good time for everyone, wasn't it?

How could Louis Armstrong sing this song about rainbows and unicorns when the world looked like it was going to hell in a hand basket; when the world looked so un-wonderful (as it still does today)? Armstrong answers that question. He said, "It seems to me it ain't the world that's so bad, but what we're doing to it. All I'm saying is: See what a wonderful world it would be, if only we'd give it a chance."

That conclusion hints of Scripture. God created this wonderful world and called it "good." That word gets extensive use, not only in English, but in the Hebrew language of the Old Testament. It can mean "attractive" or "pleasing." It can mean what is "honest" or

in the creation accounts means that everything is exactly as it should be. It is whole, it is wonderfully complete. "Good" is a state of excellence.

So what went wrong? We did. As crowning achievements of his creative project, humanity was to serve as the steward and curator of God's world. It was it is - and it will always remain - humanity's role to be creation's executor and protector; to maintain the goodness of God's world. We have largely shirked that responsibility.

Yet, this blue ball hanging in the vast expanse of space that miraculously incubates all that is, must mean something to God, because God wants it to be wonderfully "good." And he has given us a meaningful, leading role in his artistic masterpiece, so we are compelled, as people of faith, to participate in the stewardship of creation.

We throw ourselves into the frav of this fractured world healing the sick, making peace among enemies, feeding the hungry, working for justice, protecting and sustaining resources, creating harmony – because we believe "it ain't the world that's so bad, but what we're doing to it." God's intent and Armstrong's words are tuned to the same melody: Let's give the Wonderful World a chance.

Ronnie McBrayer is a syndicated columnist, pastor, and author. His newest book is "The Gospel According to Waffle House." You can read more at www.ronniemcbrayer.me.

Veterans Invited to 5th Annual **Veteran's Appreciation Picnic**



The event is free for veterans, their families and friends. The day will begin with the Citrus Heights Community Marching Band, the Folsom Marine Corp Honor Guard, and recognition of our veterans from members of City Council and local veterans groups.

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - The General Federation of Women's Clubs (GFWC), Citrus Heights Women's Club, and Citrus Heights American Legion Post 637 is hosting the 5th annual Veteran's Appreciation and Resource Picnic to honor the city's active duty servicemen and servicewomen, our retired veterans of past wars and conflicts, and their families.

The picnic will be held Saturday, August 23rd, at Rusch Park, 7801 Auburn Blvd. at the Gazebo/Pavilion from 11 a.m. to 3 p.m. All Citrus Heights active and retired veterans and their families and friends are welcome. Lunch will be a free hot dog and hamburger barbeque with all the fixings, and dessert.

provide his famous wild wings. Over 40 veteran's resources will be present, including the Veteran Administration's full health service van. There will be activities for children, music, and other entertainment all day.

The event is free for veterans, their families and friends. The day will begin with the Citrus Heights Community Marching Band, the Folsom Marine Corp Honor Guard, and recognition of our veterans from members of City Council and local veterans groups. Entertainment includes music from Assorted Nuts and Old time Fiddlers, and demonstrations of Belly Dancing and Thai Chi.

Special guests and resources new to the event this year include members of the Military Order of the Purple Heart, Tuskegee Buffalo Wild Wings will again Airmen, Operation Courage, Post 637; 743-2008

Fisher House, Soroptimist, Meals on Wheels, Modern Woodsmen, and Hugs Revolution.

Our sponsors and members of the community are donating gift baskets and other raffle prizes as their show of appreciation to our veterans.

The service project this year is for Operation Courage, providing special care packages for our active duty female soldiers. Items needed now are notes of thank-you for your service to the women, lip balm, leave-in hair conditioner, sun block for sensitive skin, and moisturizer. Please donate only new, unused, unexpired, non-hotel size items. Travel and medium sizes recommended. Thank you in advance for your donations.

Contact: Paul Reyes, Commander American Legion

臼



By Pastor Ray Dare

The way to find it is to lose it.

How to Make Life **More Meaningful**

a purpose for your life and that plan involves ministry, helping others.

There is a benefit of helping others. When people live for themselves, they eventually get bored and the feel unfulfilled. On the other hand, when you know part of God's plan for your life is serving and you start saying,

phrase, "Right now I'm into this...exercising, yoga, underwater basket weaving, sports, stock market, collecting certain things." We look for all kinds of things to give ourselves meaning, satisfaction and fulfillment. We look to hobbies. We look to sports. We look to careers. We look to collecting things. As if



DORADO ADVANTAGE

The way to gain it is to give it away. "If you try to keep your life for yourself, you will lose it. But if you give up your life for my sake and for the sake of the Good News, you will find true life." Mark 8:35 (NLT) You're going to give your life away to something. Some people give their life away for a career and then get a gold watch at the end -- big deal! Some people give their life away to get a big bank account, but that's only temporary. Some people give their whole life to get some kind of thrill, pleasure, status, fame or to accomplish some kind of human achievement. You're going to give your life for something. The question is, are you going to give your life for the right thing?

Ephesians 2:10, "It is God Himself who has made us what we are and given us new lives from Christ Jesus and long ago He planned that we should spend these lives in helping oth-Notice God has a plan and ers."

"God, I don't know it all yet, but I'm going to start serving You in simple ways, by helping others, helping my church, by just giving back in some way" it brings fulfillment, satisfaction and significance.

When you try to live in a way that God didn't intend for you to live, it brings enormous stress, problems, difficulties, failures and all kinds of things. Have you ever tried to use something for a purpose which it was not intended for? Like trying to use a knife when you needed a screwdriver? You know how lousy that works. What happens when you try to use something for a purpose it wasn't created for? Frustration! It just doesn't work as well. That's true in your life. When you try to live a life for a purpose that you weren't created for there's frustration. It's inevitable. It's going to happen.

You can always know when somebody's trying to `find themselves', trying to find significance because they use the those are going to give us lasting significance. But they don't.

ulfillment does not come from self-gratification. It comes from serving others. It comes from giving your life away. Fulfillment is not a goal of life. It is a by-product of being what God made you to be in the first place. When you focus on being what God made you to be you're going to be fulfilled. You're going to be happier than you ever thought possible. The happiest place to be is directly in the center of God's will for your life, being who God made you to be.

Look for opportunities to serve others, to help out in your church, to volunteer in some way and you will discover more significance that you ever thought possible. The way to find your life is to give it away.

Pastor Ray New Beginnings Church YOU'RE INVITED, Sunday service at 10 am "We Do Church Differently" www.NBC4U.org

Family

Agency



Call Lenka (916) 338-7156



The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, ABRITER fingerprinting, CPR/ Foster Family 1st aid, 24 hr support, monthly reimb.

Got Church News? Call 773-1111

Local Processing & Servicing No Closing Costs on Qualifying Transactions

- **Flexibility and Convenience**
- Have Funds Available for Current and Future Needs
- Home Improvement, Debt Consolidation, College Tuition
- Interest May be Tax Deductible (Please consult your tax advisor)



Membe

FDIC



Serving our local communities since 1958

www.eldoradosavingsbank.com

CITRUS HEIGHTS • 7895 Lichen Drive • 729-1100

Se Habla Espanol • 800-874-9779

The initial Annual Percentage Rate (APR) is currently 4.00% for a new Home Equity Line of Credit (HELOC). The initial APR is based on the Index The initial Annual Percentage Rate (APR) is currently 4.00% for a new Home Equity Line of Credit (HELOC). The initial APR is based on the Index value of 3.25% and a margin of .75%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-To-Value Ratio (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust Ioan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust Ioan is with a lender other than El Dorado Savings Bank, that Ioan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. The APR may vary based on changes in the value of the Index. The Index for the 10-year draw period is the highest prime rate as published in the Money Rates column in the *Wall Street Journal* on the last business day of each month. The minimum APR on all Home Equity Lines of Credit is 3.50% and the maximum APR that can apply is 10%. Rates, APR, terms, and conditions are subject to change without notice. Other conditions apply. A\$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$500 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Variable Rate Home Equity Line of Credit is closed within three years from the date of opening. An annual fee of \$500 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Variable Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.



Call for more information

Race Day Fun in the Pits at All American Speedway

By Linda Harper

SACRAMENTO REGION, CA (MPG) - Have you ever wondered what and where the Pits are? Everyone talks about them; race cars come on the track from the Pits and exit off the track into them. Occasionally the announcer tells everyone there's a conflict in the Pits, or a driver and his car are sent to the Pits if they've broken the rules. At All American Speedway, the Pits are directly across the track from the grand stands behind a tall red

is checked very closely. Any extra fuel, even ounces, in a race car can give it an unfair advantage over the other contenders. Officials look at the engine and suspension to determine if the car is within the specifications NASCAR requires. If discrepancies are found during the pre-qualifying inspection, the team can take the car back to their Pit Pad to rework the problem. Once everything is corrected and re-checked, the race cars are released to qualify and continue on to race. After the

for race day. Stick around to listen in on the evening's driver rules and racing instructions. Once the call is given for drivers and crews to gather around the big oak tree, Rick Poppert, Track Manager, goes over the night's particulars and line- up. He also addresses any questions or concerns anyone has. Then, it's off to qualifying. Watching the cars and hearing their thunder when lining up to get on the track is exhilarating. As each car rolls out of the Pits and on to the track, drivers, crew members,



At All American Speedway, the Pits are directly across the track from the grand stands behind a tall red and white safety wall. This is where cars and crews ready their machines for the evening's race. Driver rules for the contest are reviewed, and most importantly, the cars are inspected in the Pits. Photo courtesy Doug Day

and white safety wall. This is where cars and crews ready their machines for the evening's race. Driver rules for the contest are reviewed, and most importantly, the cars are inspected in the Pits. The common term for this around the race track is tecking.

All American Speedway is a NASCAR sanctioned track running the NASCAR Whelen Series. Everyone participating in the series is subject to NASCAR's rules as well as the track guidelines. Tecking is the way NASCAR insures the safety of the drivers and fans while creating a level playing field. When all the cars in a division are equal, driver talent is more recognizable. Street Stock and Modifieds are scrutinized the most. Prior to qualifying, cars in these divisions are measured and weighed. Officials look for areas where the teams may have manipulated ride height in order to gain an aerodynamic advantage. If the front of the race car is too low, it allows more down force on the nose of the car. This characteristic provides better grip in the turns. Cars found to be too high in the rear provide drivers with more rear tire grip. As far as mechanical inspections, the fuel cell placement and capacity

race, winners are "tecked" again by track officials to insure no modifications were made immediately prior the race, during the race, or on a visit to the pits. A winning car can be disqualified if any manipulation has been done to the race car.

•• Tecking is the way NASCAR insures the safety of the drivers and fans while creating a level playing field. When all the cars in a division are equal, driver talent is more recognizable.

For a fan, touring the Pits on race day is not only fun, it's an one can view the nuts and holts of racing. It's a place teams come together to laugh and share their passion for the sport before entering the ring of competition. And, they like nothing better than to proudly share their cars, answer questions, and maybe even tell a racing story or two. Viewing the tecking process gives fans insight into the painstaking work that goes into preparing a car

fans and NASCAR Officials can all take a deep breath and ready themselves for a thrilling night of short track racing at All American Speedway.

Purchasing a Pit Pass on race day gives fans access to all the race cars before, during and after the race, the tecking area, and everything "behind the wall." The cost is \$40, and the allaccess wrist band is available at the ticket booth on the street side of the track. Parking is available outside the Pits or on the street. To have the necessary time to enjoy all aspects of the pre race day experience, it's best to arrive any time after 1 p.m. when the cars begin their race day ritual. Things to note when planning a visit to the Pits are that close toed shoes must always be worn and children under the age of educational experience. There, 12 are not allowed as a safety precaution

Wildlife Rescue and **Rehab Needs Your Help**



WCA is not an animal sanctuary. All the work is geared towards returning injured birds and animals back to the wild. Photo courtesy of Wildlife Care Association

Continued from page 1

from the Society for Prevention of Cruelty to Animals (SPCA). Rick Johnson, CEO of the SPCA, said they hope their donation will spark interest from other organizations, help them realize what an important resource WCA is in their community, and that these organizations will then follow suit with donations of their own. If the WCA does not survive, most of these small birds and animals would have to be euthanized.

WCA is not an animal sanctuary. All the work of the three staff members, interns, as many as 70 volunteers, and local veterinarians is geared towards returning injured birds and animals back to the wild. WCA takes rescued animals, nurses them back from illness or injury, provides additional rehabilitation when necessary, retrains the recovered animals to live in the wild, and eventually releases them.

Without a comprehensive plan to raise the needed \$100,000 for 2015, the facility will have to close. In prior years, WCA could rely on their only ongoing fundraiser, the December Nuts & Berries event. Smaller fundraisers during the year are sponsored by friends, but cannot be depended on as ongoing income.

According to Brianna Abeyta,

annual support. Voluneer speakers are needed to learn about the WCA program and make presentations at city council meetings. Hands-on volunteers are also needed; home care is required for some animals that need round the clock feeding and care. All



raise the needed \$100,000 for 2015, the facility will have to close. Photo urtesy of Wildlife Care Assoc

applicants go through a background check and training.

WCA also needs donations. The items they most need are: Paper towels and toilet paper;

Seeds: pigeon, dove and sparrow seeds; Dog or cat kibble (small chunks); Lots of fresh eggs; Fresh and frozen fruit such as blueberries, blackberries, waterOther agencies such as local animal control and the SPCA bring in or make referrals to WCA.

Rescue season begins in mid-April with five to 10 intakes, and by May, they are seeing from 20-60 intakes a day. These include squirrels, raccoons, opossums, skunks and wild birdsA record was set in June with 73 intakes in one day. Beginning in September, the intake count drops drastically.

According to Abeyta, drought conditions have seen a drastic reduction in bird intakes this season due to the lack of water in streams frequented by younger birds that cannot fly to other water sources. Yet the birds that are found play a critical role in maintaining the health of residents. Birds that test positive for the West Nile Virus serve to tell mosquito control agencies where the disease has been found.

Prominent local naturalists including Effie Yeaw and MB Goodier made it a priority to establish this community service in the Sacramento area. WCA has been rescuing wild birds and animals since 1975, they incorporated in May of 1978, and became a 501(c) 3 federally exempt nonprofit community service in Sept of 1981. WCA moved to its present location in 2008.

The WCA hotline is (916) 965-Wild (9453). The address for animal drop-off and donations is 5211 Patrol Road, McClellan, CA 95652. Hours of operation are 10 a.m.-6 p.m. daily. To view a video of WCA at work, visit www.wildlifecareassociation.com.For information on volunteer opportunities, , email wcavolunteers@yahoo.com. ★ Source: Wildlife Care Association and Education Center

Mark your calendar for the August 16th race. The popular Hard Tops will join the Modifieds, Street Stocks, Bombers and F-4s.

For questions, call the AAS office at (916) 786-2023 or visit www.allamericanspeedway.com. Join us on Facebook for race highlights, photos and up to date track information.

Facility Manager, they need a strong fundraising program to create and maintain a consistent budgeted income. . To this end, WCA is actively seeking an experienced fundraiser willing to volunteer expertise and services. Grant writers are also being considered.

WCA is also approaching the cities they serve to request melon, cantaloupe, honeydew, apples and grapes; Fresh or frozen corn and broccoli; and a freezer.

Please ask your local farmer's market, grocery and pet stores for donations of these items.

Residents from Sacramento and the surrounding communities, fromRoseville to Elk Grove, bring over 6,000 wild sick, injured and orphaned birds and small wild animals to the WCA each year.





We Meet At: **Foothills Community Center**

For More Information (916) 992-1997

Sunday Mornings at 10am

We are creating...

- Quality Children's Programs
- Meaningful Friendships in Small Groups
- Ministry for Healthy Families and Marriages
- Contemporary Worship in which God is experienced

"A Community Church Your Entire Family Will Enjoy"

www.NBC4u.org



THE KEY TO YOUR ECONOMY? AFFORDABILITY and that means...

You KNOW what you're spending now to live alone... what you need to know is what you will be spending at Crosswood Oaks.

Call for details about our affordable quality services and amenities standard at Crosswood Oaks.

Independent and Loving it at Crosswood Oaks.



CROSSWOOD OAKS An Independent Living Community 6650 Crosswoods Circle Citrus Heights, CA 95621

tel 916-969-6161 | fax 916-726-4223 Visit us online at crosswoodoaks.com



Memorial Parks Mortuaries & Crematory







www.EastLawn.com





"THE PRIVILEGE OF PLANNING"

This is not a sales seminar. It is a community educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's benefits, cremation and burial choices as well as key consumer advice. In addition to lunch, each attendee will receive a FREE Emergency Planning Guide.

> Friday, August 8 • Friday, October 10 11:30 am to 12:30 pm

EAST LAWN MEMORIAL PARK & CREMATORY 4300 Folsom Boulevard • Sacramento RSVP Required: 916.732.2000

> Wednesday, August, 20 (Spanish & English) 11:30 am to 12:30 pm

ANDREWS & GREILICH FUNERAL HOME 3939 Fruitridge Road • Sacramento RSVP Required: 916.732.2026

Wednesday, July 23 • Thursday, Aug 28 11:30 am to 12:30 pm

SIERRA HILLS MEMORIAL PARK & EAST LAWN MORTUARY 5757 Greenback Lane • Sacramento RSVP Required: 916.732.2020

Thursday, August 14 Dinner 6:30 pm

Wednesday, Sept 17 11:30 am to 12:30 pm

ELK GROVE MEMORIAL PARK & MORTUARY 9189 E. Stockton Boulevard . Elk Grove RSVP Required: 916.732.2031

Reservations Required, please RSVP to the location of your choice, or to Lisa West at LisaW@EastLawn.com

Seating is limited to 30 attendees per seminar



Kurt Pearsall Named New Director of the Capitol Pops Concert Band

CITRUS HEIGHTS, CA (MPG) - Veteran Sacramento-area musician and music educator Kurt Pearsall has been designated the new full-time director of the Capitol Pops Concert Band, assuming his conducting duties in September.

He succeeds Jerry Lopes, who is retiring from the position in August after serving as the CPCB's only director since the band was formed in 1997.

"I am honored to have this opportunity to conduct the Capitol Pops," Pearsall said. "I have known Jerry Lopes for more than 35 years and am humbled that he would think I am worthy enough to pass the baton over to me. It will not be easy following such a gracious, kind, knowledgeable and consummate professional musician."

Pearsall, 58, has multiple degrees from California State University, Sacramento, including a master's degree in Music. He has an extensive background as a performer and educator. His professional performance portfolio includes backup musician work with a long list of toptier entertainers, such as Johnny Mathis, Englebert Humperdink, The Temptations, Dionne Warwick, Wayne Newton and Connie Francis. He has played in the Sacramento Music Circus pit orchestra for more than a dozen seasons.

Pearsall, a master of multiple musical instruments and widely recognized for his prowess on the trumpet, also has served as the California State Fair Bugler



Kurt Pearsal

and a staff musician at World Disney World and with Ringling Brothers Barnum & Bailey Circus World, both in Florida. Besides playing in numerous bands, he has been a longtime performer at what is now the Sacramento Music Festival.

He has diverse jazz experience. In 1980, he originated and directed the Jazzin' Juniors Jazz Band; he originated and directed the Rocklin Quarry Cats Jazz Band in 1984. He's one of the founders of the Sacramento Traditional Jazz Youth Camp, sponsored by the Sacramento Traditional Jazz Society.

Pearsall's teaching experience dates back more than 30 years, instructing at the middle school, high school, collegiate and private professional levels. His teaching background includes associations with CSUS and the University of Nevada, Reno.

Lopes is one of the Capitol Pops Concert Band's co-founders. In his role as director,

he prepared and conducted hundreds of CPCB performances over a 17-year span. Lopes' 50-year career includes decades as a music educator, international performer and memberships in the region's top symphony/orchestra organizations. He continues to play tuba and bass locally with Dr. Bach and the Jazz Practitioners and the American River College Orchestra.

The Capitol Pops Concert Band annually performs a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California. It plays at more than a dozen Sacramento-region venues annually. The band's musical repertoire includes music from Broadway shows, movies, marches, patriotic, vocal and instrumental solos, and popular music from several eras.

Most concerts are free and open to the public. The self-supporting, nonprofit CPCB is made up of about 65 volunteer musicians, ranging from college-age students to nonagenarians. Musicians and vocalists represent a wide cross-section of the Sacramento area, with educators, business people, industry professionals and retirees in the fold. CPCB's scholarship fund supports the education of student musicians.

More information on the band can be found at www.capitolpops.org or on Facebook. * Suorce: Capitol Pops Concert Band

Sacramento County Board of Education Elects Brian Rivas as President Trustee Eleanor Brown Chosen as Vice President

SACRAMENTO, CA (MPG) - New officers were elected at the July 15, 2014, meeting of the Sacramento County Board of Education.

The Board elected Brian M. Rivas, Area 2, to serve as Board President. He currently serves as Director of Policy and Government Relations for The Education Trust - West. Mr. Rivas has a B.A. in Political Science from UC Berkeley and an M.P.P. (Master's in Public Policy) also from UC Berkeley.

Area 2 represents the communities of Antelope, Del Paso Heights, Elverta, Gardenland, Hagginwood, North and South Natomas, North Sacramento, Rio Linda, and Robla. The area also includes the following school districts: Center Joint Unified, Elverta Joint, Natomas Unified, Robla, and Twin Rivers Unified.

President Rivas succeeds outgoing 2013-14 Board President Jacquelyn Levy, who represents Area 3.



Eleanor L. Brown, Ed.D., was selected to serve as Sacramento County Board of Education Board Vice President.

Trustee Eleanor L. Brown, Ed.D., was selected to serve as Board Vice President. Dr. Brown represents Area 4, which is comprised of the following communities: Orangevale, Citrus Heights, Fair Oaks, and portions of Carmichael, Folsom, and Foothill Farms. The area also represents a major portion of the San Juan Unified School District and a small portion of Twin Rivers Unified School District.



The Sacramento County Board of Education elected Brian M. Rivas, Area 2, to serve as Board President.

Dr. Brown is a former teacher, vice principal, principal and assistant superintendent for the San Juan Unified School District, where she served for 35 years. In addition, she has served on the State Curriculum Developmental and Supplemental Materials Commission. She earned a B.A. from UCLA and an Ed.D. in Policy/Curriculum from the University of Southern California.

Taking the oath of office for terms that will expire in 2018 were President Rivas and Trustees Levv and Greg Geeting, Area 1. Trustee Thomaysa Glover, Area 5, took the oath of office for a term that will expire in 2016.

The Board of Education postponed action on the adoption of its 2014-2015 meeting schedule and referred the matter to the Executive Committee for further consideration.

The Sacramento County Board of Education works with the County Superintendent to provide numerous instructional programs, teacher/ administrator training and administrative services through the Sacramento County Office of Education (SCOE). The Board holds student expulsion and student inter-district transfer appeals and serves as the County Committee on School District Organization to hear transfers of territory and election issues.

Source: Sacramento County Office of Education

Earn **\$200** per month for just a few hours delivery work per week! CALL 773-1111



Living Trust Senior Special

with this ad If you have a house, you need a Trust. If you have a Trust, it needs to be up-to-date. (Review of existing trust at no charge

SUPPORTING LOCAL FARMERS, YOUTH AND COMMUNITIES California Certified







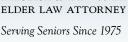
SENIOR SPECIAL ----Asset Protection Program includes the following:

Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare Wills • One Residential Trust Transfer Deed No Charge for Notary Services • Prop 13 Protection Long Term Care Government Benefits Planning



WILL ASSOCIATES

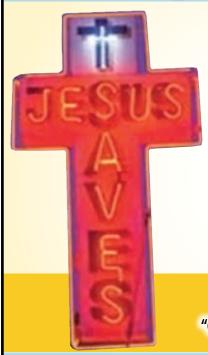
Avoid Probate -Call Today! (916) 482-8897



Richard H. Will

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com

Union Gospel Mission Sacramento



Tor more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

We accept donations, clothing and goods, 7 days a week ... and prayer always!

Matthew 25:40 "Caring for the Least"

(916) 447-3268 400 Bannon Street • Sacramento, CA 95811 **Exec. Director, Pastor Tim Lane** P.O. Box 1108, Sacramento, CA 95812

Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM listen online & visit us at: www.ugmsac.com Facebook.com/UGMSAC

50+ Years

of Service

Enjoy organic produce, specialty gourmet foods, live music, chef demos and craft/health fairs.

Sac Unity Farmers Market



9249 Folsom Blvd, Sacramento (at Unity of Sacramento Church) on Saturdays 8 am - 1 pm, year round.

Carmichael Park Farmers Market

5750 Grant Avenue, Carmichael (Corner of Grant & Fair Oaks Boulevard under the trees in the Park). Every Sunday from 9 am to 2 pm - all year round.

Sacramento Midtown Farmers Market

2020 J Street (Between the STANF Native American Health and Bioware buildings). Every Saturday from 8 am to 1 pm - all year round, rain or shine.

Sunrise Mall Farmers Market

6190 Sunrise Boulevard, Citrus Heights (behind Sears located in SE Parking Lot). Open every Saturday from 8 am to 1 pm - all year round.

Historic Folsom Farmers Market

915 Sutter Street, Historic Folsom Public Plaza, Folsom. Every Saturday from 8 am to 1 pm - all year round

UC Davis Health System Farmers Market

45th and Y Street (UC Davis Campus). Seasonal - Opens 4/24. 3 pm - 7:30 pm



Fair Oaks Farmers Market NEW LOCATION, LOTS OF PARKING! 8101 Sunset Ave. (New Life Church). Seasonal - Opens 4/16. 3 pm - 7:00 pm

VA Mather Farmers Market 10535 Hospital Way (VA Hospital). Seasonal - Open Now. 9 am - 1 pm

For more information: www.bemoneysmartusa.org



SATURDAY

THURSDAY

SATURDAY



GRAND OPENING OFFER

AT SAMMY'S RESTAURANT + BAR*

Present offer to receive 20% off Breakfast, Lunch or Dinner

*Dine-In only. Not valid with happy hour, catering or take-out orders. Alcohol excluded. Offer can not be combined with any other coupon, discount or promotion Expires: 8/31/14 PROMO20 RPH20 (Rocklin Placer Herald)







DAILY HAPPY HOUR FROM 4PM - 6PM OPEN 24HRS / 7 DAY A WEEK

916-735-8440 6510 ANTELOPE RD **CITRUS HEIGHTS, CA 94621**

STONESGAMBLINGHALL.COM

THE ORIGINAL SAMMY'S, OPEN SINCE 1989

