



**Arcade Creek Park Preserve  
Ground Breaking Ceremony**  
*Ground Breaking Ceremony for  
Citrus Height's Newest Park*  
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**PLUS:**  
**Free Car Show to  
Benefit Citrus Heights  
Animal Control**  
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# M Citrus Heights Messenger

*"Written by the people, for the people"*

Volume 4 Issue 6

Serving the City of Citrus Heights and Sacramento County

Second Edition for March 2014

## Citrus Heights Police Chief Installed as Pres.



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## Bera speaks Out on Hobby Lobby Birth Control Case



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## Over a Century Old and Still Going Strong



**Page 2**

# Fighting MDA with Popcorn

**Story and Photo  
by Elise Spleiss**

**CITRUS HEIGHTS (MPG)** - When you visit your local Lowe's store, attend your child's Little League game or other events, that bag of caramel or kettle corn you buy is not only feeding a guilty pleasure, but also helping your community.

Feel guilty no more when you purchase your next bag of kettle corn at that familiar bright yellow Mr. Pops tent with the enticing aroma emanating from it. Your purchase is also helping with research and other needs for charities such as the Muscular

Dystrophy Association (MDA), Mother's Against Drunk Drivers (MADD) the Miracle Network and SPCA.

Since 2001 Lowe's stores have supported the Muscular Dystrophy Associations Shamrocks Against Dystrophy campaign, an annual initiative to battle neuromuscular diseases. Each year in March employees and customers throughout North America and Canada join together in the fight against MDA. Customers can donate at the register and add their shamrock to the wall. To date Lowe's and its customers have raised more than \$38 million for MDA.

Entrepreneurs Daniel Bernethey, Steve Harris, Terri Larkin and Ky Rolle, owners of Mr. Pops Gourmet Popcorn and Snacks have joined in this fight donating \$1 of each bag of popcorn sold to purchase shamrocks. In 2013 their six stands raised \$13,000 for MDA.

This is only one of the many causes their business supports. Starting with

*Continued on Page 9*



Co-owner of Mr. Pops Popcorn, Ky Rolle, Sr. and son Ky Rolle, Jr., 15, show off their famous caramel and kettle popcorn at their stand at Lowe's in Citrus Heights

## IRS Seeks Volunteers for Taxpayer Advocacy Panel

**WASHINGTON, DC, (MPG)** - The Internal Revenue Service seeks civic-minded volunteers to serve on the Taxpayer Advocacy Panel (TAP), a federal advisory committee that listens to taxpayers, identifies major taxpayer concerns, and makes recommendations for improving IRS services.

The TAP provides a forum for taxpayers to raise concerns about IRS service and offer suggestions for improvement. The TAP reports annually to the Secretary of the Treasury, the IRS Commissioner and the National Taxpayer Advocate. The Office of the Taxpayer Advocate is an independent organization within the IRS and provides oversight of the TAP.

"In trying to comply with an increasingly complex tax system, taxpayers may find they need different services than the IRS is currently providing," said Nina E. Olson, National Taxpayer Advocate. "The TAP is vital because it provides the IRS with the taxpayers' perspective as well as recommendations for improvement. This helps the IRS deliver the best possible service to assist taxpayers in meeting their tax obligations."

The TAP includes members from all 50 states, the District of Columbia and Puerto Rico. Each member is appointed to represent the interests of taxpayers in his or her geographic location.

The TAP is also seeking to include at least one additional member to represent international taxpayers. For these purposes, "international taxpayers" are broadly defined to include U.S. citizens working, living, or doing business abroad or in a U.S. territory. The new international member will not be required to attend any face-to-face meetings.

To be a member of the TAP you must be a U.S. citizen, be current with your federal tax obligations, be able to commit 200 to 300 hours during the year and pass an FBI criminal background check. New TAP members will serve a three-year term starting in December 2014. Applicants chosen as alternate members will be considered to fill any vacancies that open in their areas during the next three years.

The TAP is now seeking members in California.

Candidates from underrepresented groups, including but not limited to U.S. taxpayers living abroad, Native Americans, and non-tax practitioners, are encouraged to apply.

Applications for the TAP will be accepted through April 11, 2014. Applications are available online at [www.improveirs.org](http://www.improveirs.org). For additional information, please call 888-912-1227 (a toll-free call) and select prompt number five. You may also contact the TAP staff at [taxpayeradvocacypanel@irs.gov](mailto:taxpayeradvocacypanel@irs.gov) for assistance. ★

# Hook A Trout; Win A Prize

## Rancho Seco Recreational Area To Host Fishing Derby

**SACRAMENTO REGION, CA (MPG)** - A lake full of trout is up for grabs at the Sacramento Municipal Utility District's (SMUD) annual trout derby at Rancho Seco Recreational Area on March 29 and 30. Anglers reeling in the heaviest trout will be awarded cash and prizes, including a grand prize for the biggest trout caught—a fishing kayak provided by The Fish Sniffer magazine.

The fishing event has become a tradition for many and has attracted thousands of local anglers since starting in 1993.

### Specifics:

**Date:** Saturday, March 29 and Sunday, March 30  
**Time:** 6 a.m. to 5 p.m. daily (rain or shine)  
**Location:** Rancho Seco Recreational Area 14440 Twin Cities Road, Herald, CA 95638

**Background:** Anglers can cast a line into the 160-acre lake from the shoreline or one of six fishing



Gates open at 6 a.m. and close at 5 p.m., rain or shine. Derby tickets are \$5 per person plus a daily park fee available at the park gate both days.

piers. Small boats with electric motors are also allowed (no gas motors). In addition to trout, the

freshwater lake is home to bass, bluegill, red-ear sunfish, crappie and catfish. In preparation for the

derby, Rancho Seco Lake was recently stocked with thousands

*Continued on Page 11*



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# New Citrus Heights Church Says “Don’t Preach”!

By Linda Harper

CITRUS HEIGHTS CA (MPG) - “Absolutely not, I do not want to go to Church, it’s boring, and I am just not ready for God”. Those were words that came out of my mouth, several years ago when God kept sending people into my life to try and get me to go to Church. “I just wasn’t ready”, says Pastor Kevin Hill from Legacy Church, which is a new Church in the Citrus Heights area.

At Legacy Church, we understand that some people just aren’t ready to try the whole God thing. We believe that everyone is on the journey called “life”, and that some people are ready for God, but

others are not. That’s why we have developed a process that was designed to help people move along in their journey towards trusting in a God that often seems, “out of this world”. We call it the Reach, Connect, Grow process.

Phase one of our 3 Step Process has to do with our “Reach Events”. These are really fun “No Preaching”, community events that are designed for the purpose of inviting people from the community to come out for free food, music, games and family fun! Our next Free Community “Reach” Event will be held at Rusch Park (at the Antelope Road entrance), on Saturday April 12th from 10am-12noon.

We will have free food, games, bounce houses, and a Live DJ.

Phase two of our process has to do with our Non-Preachy “Connect Events”. Our next Connect Event will be May 9-11th at Gibson Ranch where you’ll be able to get camping and your meals for only \$20 per person. These events are a great way to make new friends.

Phase three has to do with our Home Groups. If you make it past Phase One and Two, then you just might be ready to get serious about growing closer to God, and that is what happens in our Home Groups. For more information about Legacy Church visit iLoveLegacyChurch.com. ★

# 105 Years Old and Still Going Strong

By Sheila LaPolla

CITRUS HEIGHTS CA (MPG) - Yep, that’s right. Lucille Hicks of Citrus Heights is still here witnessing history in the making.

During *Women’s History Month*, she celebrated her 105<sup>th</sup> year birthday on March 4, 2014, with family and friends joining her in the festivities at Manor Care Skilled Nursing facility in Citrus Heights.

Lucille Hicks has lived through historic times: World War 1, the Women’s Suffrage movement and right to vote, the Prohibition, World War 11, on ad fin item and inventions galore.

She remembers the first light bulb in her home, the first telephone that had to be cranked, seeing her first automobile racing men on horseback and seeing the first airplane come into town;



Lucille Hicks celebrated her 105th birthday on March 5, 2014. Photo by Ken Hicks

The American Legion Auxiliary is the world’s largest women’s patriotic service organization founded in 1919 honoring the sacrifice of those who served, supporting veterans, military and their families.

She is so very proud that her daughter-in-law, Virginia Hicks, granddaughters, Brenda Sheriff Hicks and Karen Hicks are also Unit 637 American Legion Auxiliary members.

She is equally proud of her son, Ken Hicks, who is an Executive member of American Legion District 6 and is currently First vice Commander of Post 709 in Rancho Cordova.

Yes, Lucille Hicks has lived over a century and is still going strong. When asked the question, “What’s life all about?” she exclaimed, “Wow!” then softly said, “Life is what you want it to be.” ★

# Family Fun Day

Sat April 12th  
10am - Noon  
At Rusch Park  
\*Antelope Rd Entrance

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[www.baptist-victory.com](http://www.baptist-victory.com)

**1 Corinthians 15:57**  
“But thanks be to God, which giveth us the victory through our Lord Jesus Christ.”

*We are extending a special invitation to join us for our Open House Service on April 6, 2014 with a free BBQ lunch following the morning service at Fair Oaks Park.*

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**Publisher, Paul V. Scholl**

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# Citrus Heights Messenger

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# Citrus Heights Police Chief Christopher W. Boyd Installed as President of CA Police Chiefs Association

Courtesy Citrus Heights Police Department

**CITRUS HEIGHTS, CA (MPG)** - Citrus Heights Police Chief Christopher W. Boyd was installed as president of the California Police Chiefs Association (CPCA) for a one-year term on February 26, 2014 at the organization's 37th Annual Training Symposium held at the Portola Plaza Hotel in Monterey, California.

Boyd became the California Police Chiefs Association's 49th president; it has been 39 years since a chief from the Greater Sacramento area has served as the association president. Chief Boyd will play a significant role in the legislative process through his partnerships with the Governor's office and the state legislature. The CPCA represents the state's municipal police chiefs whose agencies protect over 78 percent of the citizens of California.

Boyd brings a wealth of professional experience to the position of president of Cal Chiefs, having orchestrated the formation and implementation of the first ever City of Citrus Heights Police Department over seven years ago. Prior to his tenure as Chief of Police at the Citrus Heights Police Department, Boyd served the Menlo Park Police Department for over 15 years in a variety of capacities, including Chief of Police. He was appointed to the Cal Chiefs' Board of Directors in 2010 and was elected third vice president in 2012.

"I am honored to lead the California Police Chiefs Association this next year. We continue to face issues related to the implementation of Realignment and the importance of sufficient funding for local law enforcement to mitigate Realignment's impacts on our communities. The association is also launching proactive medical marijuana regulation legislation to further ensure the public's safety, and reduce the harm that is currently unfolding in our state due to lack of regulation. We intend to focus on the issues of human trafficking, mental health, and youth intervention through collaboration with our partners. I look forward to working with my colleagues on these and many other issues that impact the safety of the citizens of California," said Chief Boyd.

Boyd has always been committed to strong public safety through community policing. Under his leadership the Citrus Heights Police Department received the prestigious James Q. Wilson Award for Excellence in Community Policing two years in a row for their innovative community policing programs.

Additionally, Boyd has held many leadership positions in the community as well as public safety organizations, including chair of the Sacramento County Chiefs Association and as president of the



Citrus Heights Police Chief Christopher W. Boyd was installed as president of the California Police Chiefs Association (CPCA) for a one-year term.

Central Sierra Police Chiefs Association. Chief Boyd is a past board member for the Domestic Violence Intervention Center (DVIC) of Citrus Heights and proudly serves on the board for the Citrus Heights Police Activities League (CHPAL).

In Citrus Heights, Boyd and his team have developed and implemented a cutting edge statistical crime fighting analysis tool called CATCH (Crime and Traffic in Citrus Heights). The CATCH model was designed to use statistical data to determine the best utilization of the department's resources in regard to fighting crime. A 13 per cent decrease in the city's overall crime in 2013, the largest reduction in crime amongst cities in the Sacramento region, confirms the program's success.

Boyd holds a Bachelor of Science degree in Criminal Justice and Sociology from the University of Idaho, and a Master of Public Administration from the College of Notre Dame. Chief Boyd is a graduate of the FBI National Academy in Quantico, Virginia California Governor Jerry Brown, City of Citrus Heights Mayor Melvin Turner, elected members of the Citrus Heights City Council, Citrus Heights City Manager Henry Tingle, key Citrus Heights city and police staff, as well as police chiefs and executives from throughout the state attended this year's CPCA presidential installation event. Twitter: @citrusheightspd ★

# Citrus Heights Police Dispatcher of the Year

**CITRUS HEIGHTS CA (MPG)** - Across the nation in times of intense personal crisis and community-wide disasters, the first access point for those seeking all classes of emergency services and homeland security information is 9-1-1. The local and county public safety communication centers that receive these calls have emerged as the first and single point of contact for persons seeking immediate relief during an emergency as well as those seeking to report suspicious behaviors, unusual incidents and responding to the now common plea for citizen vigilance and attention in the wake of homeland security concerns nationwide.

In light of the events of September 11 and Hurricanes Katrina and Sandy, and the nation's ongoing efforts to prevent a recurrence of such unspeakable tragedies, the importance of recognizing and celebrating the hard work of these dedicated professionals at every level is immeasurable. We encourage you to stand behind the commitment and devotion these men and women provide to ensure the safety and security of all of America's citizens.

The Citrus Heights Police Department joins the numerous Law Enforcement and Fire Department Communication Agencies in celebrating National Public Safety Telecommunications Week (April 13-19, 2014). This week



is celebrated annually and honors the thousands of men and women who respond to emergency calls, and dispatch emergency professionals and equipment, to render life-saving assistance to the citizens of the United States. We are enlisting your support in honoring these men and women for the role they play in making our hometowns and our homeland safer every day.

Each year a Telecommunications Dispatcher is selected to receive the "Dispatcher of the Year" award. This year the Citrus Heights Police Department employees selected the following dispatcher who was recognized for their year of outstanding service to our community:

## JEREMY POLLARD – 2014 DISPATCHER OF THE YEAR

Jeremy joined the Citrus Heights Police Department in May of 2010. Jeremy was nominated by his peers because he exemplifies the true characteristics of our profession with pride

in being part of a team responsible for serving not only the citizens of our community, but his co-workers, officers, and everyone within the department. Jeremy has worked on several projects during his time at the police department which include processing online crime reports, updating our phone system and radio database, he is a part of the Media Team and Tactical Dispatch Team, as well as a mentor for our mentoring program for new employees. Jeremy is a dedicated dispatcher and has a strong passion for training and is well versed with all aspects of technology in the Communications Center. Jeremy assisted with the implementation of our new CAD system and is considered the 'go to dispatcher' for officers and sergeants when questions arise. He is constantly looking for ways to improve procedures and make processes more efficient for the dispatchers. Jeremy exemplifies all of the outstanding qualities of a seasoned dispatcher and a dedicated professional.

Eighteen law and fire dispatch centers in the Sacramento, Placer, Yolo and Nevada County region will recognize their "Dispatcher of the Year" at the 18th annual Organization of the Public Safety Telecommunicators (O.P.S.T.) Dispatcher Awards Banquet. The event will be held Saturday evening April 12, 2014, at the California Automobile Museum. ★



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# Reports from Citrus Heights Police Department

## DUI Checkpoint Nets 4 Arrests

**CITRUS HEIGHTS CA (MPG)** - Citrus Heights Police Department Traffic Unit conducted a DUI/Driver's License checkpoint on 03/07/2014, at Antelope Road and Lauppe Lane between the hours of 7:00 p.m. and 3:00 a.m. Checkpoints are placed in locations that have the greatest opportunity for achieving drunk and drugged driving deterrence and provide the greatest safety for officers and the public.

DUI/Driver's License checkpoints have been shown to lower DUI deaths and injuries. A major component of these checkpoints are the deterrent effects it has on those who might drive drunk or drugged impaired, bringing about more awareness and encouraging everyone to use sober designated drivers.

According to the National Highway Traffic Safety Administration (NHTSA), checkpoints have provided the most effective documented results of any of the DUI enforcement strategies, while also yielding considerable cost savings of \$6 for every \$1 spent. Ninety Percent of California drivers approve of checkpoints.

**The results of the listed checkpoint were:**

- 906 Vehicles Screened
- 2 DUI-Alcohol suspects arrested
- 2 DUI-Drug impaired suspects arrested

- 1 Suspect arrested for illegal drugs (possession/transportation/sales)
- 13 Drivers cited/arrested for operating a vehicle unlicensed or while suspended/revoked
- 1 Arrested on other Criminal Charges
- 27 Citations issued

Citrus Heights PD will be conducting DUI Saturation Patrol on Friday/April 18th in our ongoing commitment to lowering deaths and injuries upon our streets and highways.

The checkpoint was funded by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. Report Drunk Drivers – CALL 911! ★

## Homeowner Injured While Breaking Up Dog Fight

**CITRUS HEIGHTS CA (MPG)** - 03/12/2014. A Citrus Heights citizen was injured this morning in the 7400 block of Saint Philomena, while trying to break up a dog fight inside his home. The citizen was the owner of the three pit-bull dogs. The citizen was bitten by the dogs when he attempted to break up a dog fight. The citizen fired a handgun in an attempt to scare the dogs and break up the dog fight. Nobody was injured by the gunfire.

Police, Fire, and Animal Control responded to the scene.

The citizen was transported to a local hospital with non-life threatening injuries to his arms and hands. The dogs were captured by Animal Control officers and taken for quarantine. ★


## San Juan Legacy Exhibit

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100 year History of San Juan, featuring Feeder Schools' Local Areas, Who's Who, Former Teachers, Former Student Business Leaders, etc. Come in, browse and enjoy all the memorabilia of the last 100 years. Copies of all the yearbooks and many scrap books, Juan memorabilia, plays, sports, arts etc. to look through!

**San Juan High School • Home of the Spartans**  
**7551 Greenback Lane • Citrus Heights • CA 95610**



San Juan has many career paths to open opportunities for students either going on to college or to the work force. The San Juan Alumni Association runs the Legacy Exhibit and looks forward to increased membership. The Association annually gives scholarships to students going on to further their education.

## The Roseville Rock Rollers Gem and Mineral Society 501(C)

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**Wednesday, April 16**  
(Spanish & English)  
11:30 am to 12:30 pm  
**ANDREWS & GREILICH FUNERAL HOME**  
3939 Fruitridge Road • Sacramento  
RSVP Required: 916.732.2026

**Friday, March 28**  
11:30 am to 12:30 pm  
**SIERRA HILLS MEMORIAL PARK & EAST LAWN MORTUARY**  
5757 Greenback Lane • Sacramento  
RSVP Required: 916.732.2020

**Thursday, March 20 • Friday, May 16**  
11:30 am to 12:30 pm  
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### SCHOOL AGE (6-12)

#### KID SCIENTISTS @ SYLVAN OAKS (RECURRING)

Thursday, March 20, 2014  
3:30 PM

*Are you a kid who loves science experiments? Come to Sylvan Oaks Library and join the Kid Scientists! Each month we'll make some hypotheses, conduct a group experiment, talk about what happens and why, and more. Don't miss it! This is a program that is best suited for children in elementary school.*

### SCHOOL AGE (6-12)

#### LEGO MANIA @ SYLVAN OAKS (RECURRING)

Thursday, March 27, 2014  
3:30 PM

*Come build to your heart's content at the library. There will be plenty of bricks for everyone, so don't be shy. Come join the fun!*

### ADULT

#### SIT & STITCH @ SYLVAN OAKS (RECURRING)

Friday, March 28, 2014  
1:00 PM

*Do you knit? Crochet? Do needlework? Want to learn? Do you have fiber-crafting skills to share with beginners? Bring a project to work on as we learn together! Adults and teens welcome!*

### TECHNOLOGY INSTRUCTION

#### BASIC TECH CLASSES (RECURRING)

Saturday, March 29, 2014  
10:00 AM

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CLUES

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1. "Haste makes waste,"  
e.g.  
6. Helicopter landing  
9. Deadly slitherers  
13. Bad car  
14. Pub offering  
15. Do this or forever  
hold your peace  
16. Say pretty please  
17. Junior's junior  
18. Down and out  
19. \*Sweet number in  
March  
21. \*Point and shooting  
players  
23. Coltrane's woodwind  
24. Not in favor of  
25. Final, abbr.  
28. Essen basin  
30. Firstborn  
35. Story part  
37. Plenty  
39. 6 in 1/6  
40. Fill to satisfaction  
41. Pisa attraction  
43. Not far  
44. Correct  
46. Japanese stringed  
instrument  
47. Any of several lan-  
guages of Celts  
48. It's to be brushed off  
50. Invitation letters  
52. England's favorite  
drink in French  
53. Exclamation of  
disgust  
55. Diamond stat  
57. Gluteus, pl.  
60. \*Grid  
64. Grassy plain  
65. \*What teams do  
67. Brownish gray  
68. Fluorescent red dye  
69. Down with the flu  
70. Blew it  
71. Wild goat  
72. Red Cross bed  
73. Midway attractions

DOWN

1. "The Sound of Music" backdrop  
2. Kosher establishment  
3. Unacceptable to some  
merchants  
4. \*As opposed to heroes  
5. Ingratiate  
6. Sacrificed for gain?  
7. Formerly Cassius Clay  
8. Condescend  
9. Copycat  
10. \*One of basketball sixteen  
11. Stationer's stock  
12. \*NCAA's Big \_\_\_\_ Conference  
15. Escargot  
20. Feel like a champ  
22. Shoshonean  
24. MOMA display  
25. \*A #16 over a #1, e.g.  
26. Andean pack animal  
27. Luggage handler, e.g.  
29. \*Kind of shot down low  
31. Eat  
32. Make an effort  
33. Money under mattress  
34. \*Value outside the arc  
36. Backpacker's shelter  
38. Best of 5 of these in men's  
tennis  
42. Red \_\_\_\_  
45. \*Opening round locale in OH  
49. To feel regret  
51. Chatterbox  
54. Kind of duty  
56. Ticks and mites and such  
57. Lump  
58. Function as a laser  
59. Computer operating system, not  
Windows  
60. Aaron Rodgers' mimed  
accessory  
61. Kurdistan native  
62. D'Artagnan's weapon of choice  
63. Kennedy and Turner  
64. Waikiki wear  
66. United Nations labor agency

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1 2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73

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For Solutions See Page 7



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By Ronnie McBrayer

The year was 387. The place was Kilpatrick in ancient Scotland. Their names were Calpurnius and Conchessa, Roman citizens living at the edge of the Roman Empire. These young Britons were gifted with a new born son. They named him Maewyn.

Maewyn was a rambunctious, unruly boy who spurned his parents’ instructions and their Christian faith. He romped the Scottish hills with other Brit, Scot, Pict, and Roman boys, and it was on one of these romps that young Maewyn ended up in the wrong place at the wrong time.

A roving band of Irish pirates was plundering the coast of Scotland, and in the process, captured Maewyn and carried them back to Ireland. There Maewyn became a slave. And there, Maewyn’s faith was reborn. He began to talk to God, and as the story goes, God began talking to him.

God instructed Maewyn to wander toward the coast. So he did, secretly, and found a boat bound for Scotland. He returned home and was reunited with his family after many years. Then God spoke again, coming to Maewyn in his dreams. God wanted him to return to Ireland.

Maewyn entered theological training, and at the conclusion of

## The End of the World as We Know It

his studies, was sent as the first Christian missionary to Ireland. At his ordination he took the Latin name, Patricius; in Gaelic it was Padraig. In modern English we know him as Saint Patrick.

With Nicholas and Valentine, St. Patrick rounds out the trio of best known Christian saints outside of the Apostles. They are celebrated and venerated by the world – but none more so than St. Patrick. He has found his way into our hearts, and while drinking Guinness or Jameson is part of his appeal, that is hardly the beginning. Patrick, more than most, meets people where they are – and that is his lasting contribution.

When Patrick arrived in Ireland as a Christian missionary he had a decision to make about how to do his work. This was the early 400s. The Roman Emperor Constantine had “converted” to Christianity 100 years earlier, and the cross was now used, not as the suffering symbol of a Galilean carpenter, but as a crusading tool of conquest.

It was the custom of Christian missionaries – then and for the next 1500 years – not to introduce others to Jesus, but to make them citizens of the Empire. A culture was “Christianized” not when it conformed to the words and ways of Jesus, but when it submitted to the rule of the Roman Caesar or the conquering king. The local culture was eradicated, replaced by that of the conquerors, and Christianity was used as an instrument in that process.

But rather than imposing an imperial faith on the Irish people, Patrick met them where they

were and let faith erupt naturally. He did not overpower, he obliged. He did not impose, he invited.

He did not attack, he adapted. He came in humility and simplicity, attempting to foster faith, not force it.

We still have much to learn from old Patrick, for his way of sharing faith could heal today’s world. Vulnerability. Service. Humility. Meeting people where they are. Treating neighbors with dignity and respect. Honoring the lives and stories of those we encounter – plain civility – may be the only way to keep a society from devouring itself.

When we live with a no-compromise, never give-an-inch, militant attitude, and meet every person outside our circle with distrust, it creates a divisive, violent, negative, attack-based culture with an atmosphere of hateful rhetoric and suspicion. It destroys a community.

So we who are living today have a choice put before us: We will take the path of suspicion, violence, stubbornness, divisiveness, and imposition and we will witness the end of the world as we know it. Or we will we imitate Patrick by taking the way of peace, love for our neighbors, welcome and inclusion. Living this way will end of the world as we know it as well – but it might be the kind of end that gives rebirth to the world. ★

Ronnie McBrayer is a syndicated columnist, pastor, and author. His newest book is “The Gospel According to Waffle House.” You can read more at [www.ronniemcbrayer.me](http://www.ronniemcbrayer.me).

## To Be PC or Not to be PC, That is the Confusion

Dr. James L. Snyder

I have long ago given up trying to keep up with the Joneses, and not just because they have moved away. I have a hard enough time trying to keep up with myself, let alone trying to figure out what somebody else is doing so I can top them at it.

One aspect of trying to keep up with the Joneses is being on top of what is referred to as being Politically Correct. As far as I know, I do not have a political bone in my body. I do have a bone to pick with some politicians, but that is another story.

Everybody is so afraid they are going to break some PC rule and offend somebody. Most people today are so easily offended that it is virtually impossible not to offend somebody. I do not want to intentionally offend anybody and I try my best not to. However, for the life of me, I am not able to keep up with all of this political correctness that seems to be domineering in our country today. Because, as soon as you figure it out somebody changes the rules and another word or phrase has been deemed not politically correct.

What was politically correct yesterday may be politically incorrect today. If you get your days mixed up and confused, you are not going to know what is politically correct. I think a book should be published every year listing all of the things that are politically correct and politically incorrect. Nobody is allowed to change any, at least for a year. Then, when they come to change it there has to be a national election to vote the political correctness in.

Some people believe it to be un-American to use phrases that are politically incorrect. I for one, have a hard time keeping a list of all of these politically correct and incorrect words and phrases.

I had some business with an

attorney and once we finished our business, we had a few moments and were chatting together. I could tell from his chatting that he was rather politically correct in everything he does. I guess that is what comes to being an attorney. Somebody once said that sticks and stones may break your bones, but words can never hurt you. Whoever said that was so wrong we need to take that phrase and make it politically incorrect.

“This is America,” he pontificated with me, “and we have freedom of speech. Everybody is free to have their opinion and to express it. That is what America’s all about.” He went on and on about this matter of freedom of speech.

Then, I am not quite sure how it happened, but we got on some rather indelicate subject that was positively politically incorrect.

With the majority of people, freedom of speech does not really mean that the other person is free to speak. It simply means I have the freedom to speak.

“So,” I said rather delicately trying to feel my way through this subject, “you believe everybody has the freedom to express their opinion?”

“Yes, sir,” he said very emphatically. Then he went off on another pontificating spree asserting the rights of all Americans to express their opinion.

I knew which side of the issue, he was on and so I broached it this way, “You then believe,” I said weighing each and every word and syllable, “that you have the right to say a certain thing is right.” I mentioned what the thing was but I do not need to include it here.

“Not only do I believe it,” he said on another pontificating spree, “but I practice it every day of my life. Nobody has the right to tell me what I can and cannot believe!”

“Let me get this right, you

have the freedom to say that this,” and I mentioned what it was, “is perfectly right.”

He nodded and smiled very broadly and then I continued my thought. “Do I have any rights in this area?” He nodded and indicated I could continue speaking. “You have the right to believe that this certain thing is right, but do I have the right to believe that it is wrong?”

Well, you might have hit him with a double-barreled shotgun. He never thought of it that way. All he thought of was what his opinion was and that he had the complete freedom to express that opinion. Anybody who had a different opinion did not have the same right as he did to express it.

“I never thought of it that way,” he stammered as he stared at me. “I’m going to have to give that some more thought.”

Somebody who believes something is right has the complete freedom to say so. On the other side of the track, the person who believes it is wrong has just as much right to think and say that it is wrong.

It is hard to keep up with a world that is constantly changing, especially in this area. That is why I love the Bible so much. That is why I am a follower of Jesus Christ because neither one ever changes. I take great refuge in what the Bible says. “Jesus Christ the same yesterday, and to day, and for ever,” (Hebrews 13:8).

Today I rest in the unchanging grace and character of the God who loves me and provided for my salvation. And, tomorrow will be the same. ★

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail [jamessnyder2@att.net](mailto:jamessnyder2@att.net). His website is [www.jamessnyderministries.com](http://www.jamessnyderministries.com).



By Marlys Johnsen Norris, Christian Author

God’s Holy Spirit never stops nudging, poking or speaking until a person has completely refused to listen and rejected His pull on their life. God who never gives up hope until rejection tells Him it is totally “useless” to try again. God is hoping beyond hope that the person will finally be aware He is calling them and will listen to Him. *God never rejects anyone*, but humankind is allowed to do it and even reject their Creator/God. They seem to think they are smarter and more intelligent than God, much like His enemy did in heaven - when God

## God Knocks at the Door of your Heart

cast him and his angels (demons) upon the earth. These people create their own eternal hell! Truth is they love to sin, miss God’s blessings, and refuse to give it up!

God lovingly created mankind to become a part of His huge FAMILY all over the world based on His teachings. A family He loves and that would love Him back. A family that loves and cares for one another, working together, creating a legacy of love and teaching the world the benefits of Creator/God’s love for them. A family living their lives centered on the instructions based on the words in God’s book of love to mankind – the BIBLE.

Scripture puts everything into proper perspective. All of us have sinned and fall short of the Glory of God and we cannot enter heaven as our eternal home in that condition. God sent

His Only Beloved Son to earth to perform the task of reuniting and reconciling all who accept His death, thereby cleansing sinful man by the “shed blood of His perfect Son” when He died on the cross. Scripture clearly states “There is no remission from sin without the shedding of blood”. When Jesus Christ willingly died for mankind, no longer were animal sacrifices required or needed. And it ceased. However, man must accept the sacrifice of God’s Beloved Son and His sacrifice for them. He’s knocking at your heart’s door today! Invite Him in and be changed, transformed and “free” from guilt in the twinkling of an eye! ★

Christian Author, Speaker, Teacher  
Pat Boone recommends her book “Recipes for a Happier Marriage”  
Contact me: [Marlysjn@gmail.com](mailto:Marlysjn@gmail.com)

## Stanford’s Fred Luskin Preaches Health-Inducing Gospel Of Forgiveness



By Eric Nelson

Asked how he became the poster child for what he refers to as “forgiveness therapy,” Forgive For Good author Dr. Fred Luskin says, it all goes back to his desire to have a better understanding of practical spirituality.

“I’ve had a longstanding interest in spiritual matters,” said Luskin prior to teaching a class at Stanford Health Library in Palo Alto. “I’ve been reading spiritual books since high school, but I’ve always wanted to know if this stuff is true. Is it teachable? Does increased spirituality lead you to be a better person? Does it improve your health?”

“From my point of view, if something is true, it’s true. It’s not going to be true on a theoretical level and not be true on a physical level.”

Some 20 years later, Luskin, a Stanford-trained psychologist who spent 10 years doing research on preventative cardiology, is convinced that increased spirituality, including the ability to forgive, does in fact make you a better person and improve your health.

“Forgiveness is one of those ways where we wipe clean a major threat to our well-being,” he said. “That causes the body to have more time to repair. Immune function goes up, blood pressure goes down.”

Luskin backs up his claims with plenty of data. His “Forgiveness Projects” – an ongoing series of humanitarian workshops – have afforded him the opportunity to test his methods on a variety of populations exposed to extreme violence in places like Northern Ireland and Sierra Leone, as well as the attacks on the World Trade Center on 9/11. In March he is headed to Northern Canada where he will provide forgiveness training for the native population in Inuvik.

During last month’s class in Palo Alto – a course Luskin has been teaching under the auspices of Stanford Hospital since 1998 – the focus was less on health and more on our innate desire to “do a little peacekeeping in the world.”

“There are billions of people telling themselves that somebody was a real [jerk] all day long,” said Luskin. “That’s really easy for humanbeings to do. That’s swimming with the stream. To create peace, you need to swim against the stream sometimes, in fact, often.”

Of course, changing directions mid-steam is usually easier said than done.

“The idea of forgiveness still makes people edgy,” he said. “They’re afraid of giving up the resentment, like somehow they’re not safe, if they can’t resent and hate and dislike. They think that some of their weaponry or their protection is being removed.”

Luskin also notes the need for good examples.

“There’s very little encouragement to practice forgiveness or compassion,” he said. “So we don’t get to recognize what they’re like in ourselves.” Asked to offer up a positive role model or two, Luskin was quick to respond:

“Not to be ridiculous, but Jesus would be a hero of mine.”

An obvious choice, perhaps, but one that is too often forgotten in a culture cluttered with what Luskin describes as “one dimensional action [figures] who shoot people.” Recalling the Amish group in Pennsylvania who, in 2006, responded to a violent attack on their one-room schoolhouse with an outpouring of forgiveness, he said, “They actually believe that it’s their responsibility to practice what Jesus says.”

The good news, according to Luskin, is that such a response – and the benefits that go along with it – is not reserved for the Amish but is accessible to all of us.

“I believe that whatever there is in us that is touched by the spirit, or Spirit, or God or whatever it is,” he said, “that it is active, separate from what we call it. That’s just what I believe.” ★

Eric Nelson’s columns on the link between consciousness and health appear weekly in a number of local and national online publications. He also serves as the media and legislative spokesperson for Christian Science in Northern California ([norcalcs.org](http://norcalcs.org)). This article originally appeared on [Communities @ WashingtonTimes.com](http://Communities@WashingtonTimes.com) and is used with permission.

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By Pastor Ray Dare

The Bible says that the storms of life happen to good people and bad people. Storms are impartial. When good things happen, that's called grace. When bad things happen, that's called life! We live in an imperfect world. This is not Heaven. God has not promised us a problem free life, but He has promised a purpose beyond every problem. I don't care whether you caused it, somebody else caused it, the devil caused it. I don't care who caused it; every problem has a purpose. What is that purpose? It's to make me like Jesus Christ, to build character in my life.

The movie, Son of God is currently in movie theaters. Jesus was betrayed. He was ridiculed, falsely accused, misjudged and horrifically abused. God allowed Jesus to go through those things. Do you think He's going to spare you from life's troubles and hardships? If God is going to develop my character, then He's going to take me through some situations that Jesus went through. Romans 8:17, "We go through exactly

## Why Am I Having So Many Problems?

*what Christ goes through. If we go through the hard times with Him, then we're certainly going to go through the good times with Him.*" (Msg) God is not the author of evil. God does not cause evil things. God uses them. Jesus went through many troubles and trials in His life, but His greatest was the night before

He was crucified, because He knew what He was going to have to face the next day. He was going to take the sin of the world on Him. He was going to die a horrible death by crucifixion and the real question would be, "Would He trust God?" Would He trust God to know what's best, even if it meant an extremely painful death? That's what He had to struggle with.

Notice how Jesus responded, "Father everything is possible for You. Please take this cup of suffering away from me. Yet, I want Your will, not Mine!" (Mark 14:36).

If you're going to experience God's peace and purpose beyond your problems, this is the first lesson you're going to have to learn. When you go through trouble, it's okay to say to God, "God I don't like this", "God I want you to take it away", "God I know it's possible for you to take it away". "Yet, Your will be done in my life". It's the point of surrender. You've got to learn to trust God completely, even when things look terrible, when things are

falling apart, when you don't understand it, when you don't know where it's leading, when you don't know why it's happening to you. You're going to have to learn to trust God completely just the way Jesus did.

I don't know what you're going through right now. But I do know how God wants you to respond to it, regardless of what you're going through. You cannot choose what is going to happen to you next week, next month, next year. But you can choose how you're going to respond, how you're going to react -- whether it's going to make you or break you, whether you're going to be bitter or better. I am confident of how God wants you to respond. "Dear brothers, is your life full of difficulties and temptations? Then be happy, for when the way is rough, your patience has a chance to grow. So let it grow, and don't try to squirm out of your problems. For when your patience is finally in full bloom, then you will be ready for anything, strong in character, full and complete." James 1:2-4 (LB) When you respond positively, God's promise is patience and character, strong and ready for anything.. Pastor Ray ★

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## California Lottery Joins Problem Gambling Awareness Month Effort

SACRAMENTO, CA (MPG) - The California Lottery joins other state and national organizations to recognize the month of March as California Problem Gambling Awareness Month. The goal is to educate and raise public awareness that problem gambling affects people from all segments of society, and it can negatively influence the gambler's family, friends, employer and community.

The Lottery annually participates in National Problem Gambling Awareness Month in partnership with statewide communications efforts that promote the 1-800-GAMBLER Hotline. The Hotline is featured on all draw game tickets, Hot Spot monitors and electronic point of sale advertising display devices. Additionally, the Lottery website, www.calottery.com, and social media pages will have a special banner and messaging to connect visitors to the Office of Problem Gambling website.

In past years, the Lottery has produced and distributed a dozen television public service announcements in six languages promoting the 1-800-GAMBLER Hotline. Those PSAs are in the process of being updated once again. The PSAs, seen here and produced in coordination with the California

Office of Problem Gambling, will air throughout the state during Problem Gambling Awareness Month. The PSAs will continue airing throughout the year. The Lottery will also distribute responsible gaming guidelines to retail locations across the state.

Responsible gambling in California provides entertainment for many people, it's a source of revenue for state and local governments and it creates many jobs for our residents. Most Californians are able to gamble responsibly, however, almost four percent of the state's adult population experience significant difficulties as a result of their gambling addiction.

To combat the problem, the Lottery has joined forces with several state and private agencies to promote Problem Gambling Awareness Month. Agencies include the Department of Alcohol and Drug Programs, the California Gambling Control Commission, the Department of Justice's Bureau of Gambling Control, the California Council on Problem Gambling, and card rooms and tribal gaming organizations.

As always, the California Lottery would like to remind players that gambling should be fun. Borrowing money to play, spending above a person's budget or

using money intended for other purposes can ultimately lead to significant problems for players and their families. If a player recognizes that they have a gambling problem or if someone knows of someone who may have a problem, the Lottery recommends calling the Problem Gambling Helpline at 1-800-GAMBLER.

For more information on how to play responsibly, please click on the following link: <http://www.calottery.com/secondarynav/play-responsibly>. For more information on the Lottery's Responsible Gaming efforts and Corporate Social Responsibility program please visit [www.californialottery.com](http://www.californialottery.com).

The mission of the California Lottery is to provide supplemental funding to California schools while simultaneously supporting local communities. More than 95 cents of every dollar spent by our players goes back to local communities in the form of contributions to public schools and colleges, prizes and retail compensation. The California Lottery urges its customers to play responsibly and within their budgets. If you feel you have a gambling problem, or know someone who does, you can get help at 1-800-GAMBLER. ★

Source: [www.calottery.com](http://www.calottery.com)

## Fighting MDA with Popcorn

Continued from Page 1

one tent in 2009, five more Mr. Pops bright yellow tents have literally popped up all over this area, from Fairfield to Reno. In the near future they will also be running a hot dog stand at the Citrus Heights Lowe's location.

Rolle Sr. enjoys having his son Ky, 15, working alongside him learning about business and work ethics and getting accustomed to working with the public. Mr. Pops Popcorn stands are open Thursday through Saturday, 9 a.m. to 8 p.m. and

Sunday from 10 a.m. to 6 p.m.

For information on Lowe's fundraising programs go to [www.lowes.com](http://www.lowes.com)

For information on Mr. Pops fundraisers click on [steve@mrpopspopcorn.com](mailto:steve@mrpopspopcorn.com) ★



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# Doug Haaland Calls on Local Legislators to Oppose SCA 5

**SACRAMENTO REGION, CA (MPG)** - Candidate for the 8th Assembly District Doug Haaland (R-Arden Park) today issued the following statement in response to Senate Constitutional Amendment (SCA) 5 (E. Hernandez), which, if passed, will allow California's public colleges and universities to discriminate based on an applicant's race, sex, color, ethnicity or national origin:

"Last night I attended a forum hosted by the Asian Pacific Islander American Public Affair Association (APAPA) to discuss the merits of SCA 5. I agree with the leaders of this group that the enactment of such a measure would hurt not just the Asian-American community, but potentially all communities of color.

"Regardless of its intent, this bill would undo a generation of civil rights progress here in California. While we all want to ensure that California's top-notch public universities are available to all ethnicities, SCA 5 would do just the opposite



8th Assembly District candidate Doug Haaland (R-Arden Park)

and instead give these institutions carte-blanche authority to discriminate based on an applicant's race, sex, color, ethnicity or national origin.

"This Legislature wants to ignore the inspiring words of Dr. Martin Luther King Jr. 50 years ago when he proclaimed: 'I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.' SCA

5 seeks to erode this dream and return us to those troubling times by reversing the work of Dr. King and others who sought to focus our institutions on individual merit.

"Immigrants come to this country and our state seeking an opportunity of a better life for themselves and their children. We cannot make it more difficult for that dream to come true by ignoring the talents that they bring to our shores!!

"I believe, that in order to ensure the opportunity for success is preserved for all of our children as established by the people of California, SCA 5 must be stopped. I call on the Legislature and our local representatives to uphold the ideals of Dr. King and oppose this measure."

Assembly District 8 includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton and portions of unincorporated Sacramento County. ★

# SCOE Accepting Entries for \$500 Scholarship Program

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Office of Education (SCOE) is accepting submissions for an essay contest designed to honor local military veterans. The winning high school student will receive a \$500 college scholarship courtesy of SAFE Credit Union.

Every year, SCOE honors the many contributions of local veterans who left high school to serve in the U.S. military during World War II, the Korean War or the Vietnam War through the Operation Recognition program. Qualifying veterans who received an honorable discharge may contact SCOE to receive their high school diplomas. Diplomas are also presented to

Japanese American citizens who were forced to leave high school due to WW II internment.

The 2014 Operation Recognition Scholarship essay theme is "How Our Veterans Exemplify Courage and Sacrifice."

Contestants must be high school juniors or seniors who are currently attending public high schools in Sacramento County. The completed 500 word essay, with a cover letter, must be received by the Sacramento County Office of Education by April 25, 2014.

Essays will be judged on how well the student understood, developed and presented the theme. The winning entrant must

be able to attend the Operation Recognition diploma ceremony at 6:30 p.m. on May 20, 2014 to read his or her essay, join in honoring the diploma recipients, and receive the scholarship award from a SAFE Credit Union representative.

Contestants must send submissions to:

Operation Recognition Scholarship Contest  
c/o Sacramento County Office of Education

P.O. Box 269003  
Sacramento, CA 95826-9003

For more information, contact Tim Herrera, SCOE Communications Director, at (916) 228-2713 or [therrera@scoe.net](mailto:therrera@scoe.net). ★

# Women's Empowerment Receives Grant to Support Job Training for Homeless Women

**SACRAMENTO REGION, CA (MPG)** - *Walmart Foundation's California State Giving Program* recently granted \$29,800 to Women's Empowerment for its job readiness programs for women who are homeless.

"We are grateful to the Walmart Foundation for helping to provide the tools that women who are homeless need to reenter the world of work and achieve financial independence," said Lisa Culp, executive director of Women's Empowerment. "This grant will help us provide job readiness training to 250 women in the Sacramento area in 2014 so they can break the cycle of homelessness for themselves and their children."

Women's Empowerment's initial eight-week program for women who are homeless addresses their basic needs such as health and housing while preparing them to become work-ready. The job-readiness component is

predominantly taught by volunteers from the community and includes computer literacy training, resume writing, communication skills, mock interviews, dressing for success and more. They also meet with an onsite employment specialist to search for jobs. Once women graduate from Women's Empowerment, they can join the advanced job readiness program that includes internships, paid job training programs, certifications and more.

"Women's Empowerment offers women in crisis a way out of homelessness and poverty," said Kim Sentovich, senior vice president for Walmart. "We are proud to support their efforts to train and prepare hundreds of Sacramento area women to enter the workforce and achieve financial independence."

Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed

specifically for women who are homeless and their children. The 2009 Nonprofit of the Year has graduated 1,115 homeless women and their more than 2,500 children. In 2013, 81 percent of graduates found homes and 90 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded solely through private donations from the community. For more information and to donate online, visit [www.womens-empowerment.org](http://www.womens-empowerment.org).

The Walmart Foundation's State Giving Program supports organizations that create opportunities so people can live better. Visit [www.walmartfoundation.org/stategiving](http://www.walmartfoundation.org/stategiving). ★

Source: Kristin Thébaud Communications

# County Launches 311 Connect

## One number to connect with County and report issues

**SACRAMENTO, CA (MPG)** - Where do I report an abandoned vehicle? Who fixes broken street lights? Who cleans up illegal dumping? These are just a few of the hundreds of questions coming to County operators every day. It's easy to be confused about where to start when you have a question or want to report a problem. Now there is one number to connect with Sacramento County service; on the web, by mobile app or by phone; the number is 311.

"We believe we are one of the few counties in California to bring 311 to an unincorporated area, and this service will enhance our efforts to revitalize

some of Sacramento's core neighborhoods," said County Executive Bradley J. Hudson. "Residents can report concerns directly to 311 and representatives will do the rest."

Customer service representatives are available every day except holidays to answer questions, route calls, and manage cases for verification and resolution. Never remember another County number again... call 311!

Report issues in unincorporated area such as:

Abandoned vehicles or shopping carts

Animals, stray, deceased or

dangerous

Code violations

Curb, gutter or sidewalk repair

Graffiti

Illegal Dumping

Potholes

Street light problems

To report an issue within the unincorporated Sacramento County, simply call 311 (or 875-4311 if calling from outside the area), visit [www.311.saccounty.net](http://www.311.saccounty.net), or download Sac County 311 Connect in the app store on your smartphone. ★

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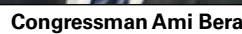
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Rancho Seco Recreational Area is 35 miles south of Sacramento, approximately 15 minutes east of Highway 99 on Twin Cities Road. Admission to the park is \$10 per car (\$8 for seniors). For more information about the derby or camping, visit [smud.org/ranchoseco](http://smud.org/ranchoseco) or call (916) 732-4913 or (209) 748-2318. ★

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# Free Car Show to Benefit Citrus Heights Animal Control



Mark your calendar now for March 22nd from 11:00am-4:00pm for 1st Choice Realty's FREE CAR SHOW; a fundraiser to benefit Citrus Heights Animal Control. Come on out and say hello to a few of the four-legged hosts who will be on hand to greet you. In addition to a few snuggles and kisses, you can also get helpful information on your pet's health and wellbeing. In addition to the enjoyment of the great food and family fun, will be the viewing of some incredible automobiles in the free Car Show. Check out the one-of-a-kind vintage vehicles, alongside some Detroit-made Muscle Cars of a bygone era. Then there's nothing like the heart-pounding feeling one gets from seeing all those beautiful Corvettes all lined up and looking, oh so cool. K-9's, Cats and Cars are all part of 1st Choice Realty's first chartable event of the year. This event will be benefitting Citrus Heights Animal Control. To top things off, get up close and personal with another amazingly-beautiful, high performance car. You know the one; the one that sparks one's imagination for triple-digit speed - while just standing still. The one and only exotic Ferrari! 1st Choice Realty's first charitable fundraiser of the year to benefit Citrus Heights Animal Control will be held on Saturday March 22nd from 11:00am-4:00pm located at 7622 Auburn Blvd. For more information, please call 916722-7400.

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# Arcade Creek Park Preserve Ground Breaking Ceremony

Ground Breaking Ceremony for Citrus Height's Newest Park



The Sunrise Recreation and Park District is holding a ground breaking ceremony for the newest ten-acre park in Citrus Heights on Monday March 24th, beginning at 10:00 a.m. The site is at 6377 Bonham Circle, off of Sunrise Blvd. across from PetSmart. The event is open to the public

## Courtesy of Sunrise Recreation and Park District

CITRUS HEIGHTS, CA (MPG) - The Sunrise Recreation and Park District is holding a ground breaking ceremony for the newest ten-acre park in Citrus Heights on Monday March 24th, beginning at 10:00 a.m. The site is at 6377 Bonham Circle, off of Sunrise Blvd. across from PetSmart.

The event is open to the public and will include presentations from the County Board of Supervisors, Citrus Heights City Council, State Assembly Offices and local dignitaries as well as the official ground breaking ceremony.

Sunrise Recreation and Park District was awarded \$3,601,100 for implementation of the Arcade Creek Park Preserve Master Plan from the Statewide Park Development and Community revitalization Program (known as the Statewide Park Development Program).

The Arcade Creek Park Preserve was one of 64 recipients selected for funding from a pool of over 400 applications. In total, \$368 million was awarded for the creation of new parks and recreation facilities in critically underserved communities throughout California.

When the Park District acquired Arcade Creek property in 2004, the surrounding

neighborhood was considered an underserved area for neighborhood parks within the District. The ten-acre preserve includes the meandering Arcade Creek and natural woodland landscape. Arcade Creek Park Preserve's Master Plan was approved in 2008 and incorporates ideas from an intensive community outreach process. The Plan includes a nature trail system emphasizing the benefits of Arcade Creek, children's adventure play area, social fitness course, a shaded picnic area, pathway seating, the area's first public zip line and an interpretive walk.

For more information contact Dave Mitchell, 916.725.1585; dmitchell@sunriseparks.com ★



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### SUNDAY

Carmichael Park Farmers Market  
5750 Grant Avenue, Carmichael (Corner of Grant & Fair Oaks Boulevard under the trees in the Park). Every Sunday from 9 am to 2 pm - all year round.

### SATURDAY

Sacramento Midtown Farmers Market  
2020 J Street (Between the STANF Native American Health and Bioware buildings). Every Saturday from 8 am to 1 pm - all year round, rain or shine.

### SATURDAY

Sunrise Mall Farmers Market  
6190 Sunrise Boulevard, Citrus Heights (behind Sears located in SE Parking Lot). Open every Saturday from 8 am to 1 pm - all year round.

### SATURDAY

Historic Folsom Farmers Market  
915 Sutter Street, Historic Folsom Public Plaza, Folsom. Every Saturday from 8 am to 1 pm - all year round

Visit Your Local Farmer's Market

BeMoneySmartUSA.org



BMSUSA Certified Farmers Markets offer fresh grown organic produce and specialty food products weekly rain or shine, all year round and seasonal!  
All Markets include Live Music, Chef Demonstrations, Quarterly Crafting Events and Health Fairs along with special events and activities.

