



## New Citrus Heights Theatre Arts Group to Perform

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## PLUS: A Best Kept Secret: Rocky's Salon

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# M Citrus Heights Messenger

*“Written by the people, for the people”*

Volume 3 Issue 18

Serving the City of Citrus Heights and Sacramento County

Second Edition for September 2013

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# Shiny, Fast and Loud



Thrilling the air show circuit with a blend of precision, power and performance, John Klatt represents the Air National Guard's professionalism and dedication. You'll be on the edge of your seat. Photo courtesy John Klatt

**SACRAMENTO REGION, CA (MPG)** - The California Capital Airshow (CCA), presented by Sacramento County, recently announced the addition of Chip Yates, founder and CEO of Flight of the Century, Inc. ([www.flightofthecentury.com](http://www.flightofthecentury.com)), and his ongoing mission to 'make science cool' as he attempts to break his current world speed record of 202 miles per hour in an electric airplane in front of the crowd at Mather Airport on Saturday, October 5, 2013.

"I want to be an example to teens, to inspire them. I'm someone that is using my STEM education to go out and change the world while doing something



The Bremont Hosreman took off over a decade ago as the worlds only P-51 Mustang formation aerobatic team. They have flown a variety of platforms in formation, working tirelessly to escape gravity. ere they are seen flying the F-86 Sabre Jet. Photo courtesy of CCA

really cool; they can too," said Chip Yates. "The realm of

science, technology, engineering and math are gateways for

kids to not only learn but to truly explore all of the opportunities

*Continued on Page 2*

## County Budget in the Black

**Special Sacramento County Report**

**SACRAMENTO COUNTY, CA (MPG)** - Following years of reductions, Sacramento County's fiscal outlook is looking up for the second year in a row. After reconciling accounts and making adjustments to June's \$3.6 billion dollar proposed budget, the County is in the black. Savings from controlling expenditures have contributed to a surplus of \$32.5 million that is available to augment critical services and pay past debt.

"I'm happy to report that we have discretionary funds to invest in our community and to address the Board's service priorities," said County Executive Bradley J. Hudson. "Because the departments held the line on expenses we're beginning to recover from the impact of the 'Great Recession.'"

Of the \$3.6 billion, less than a half billion is actually discretionary, and we can decide how to spend it, Hudson added. "I am recommending the resources be allocated across a variety of programs to optimize the use of the funds, while paying back loans and building up our contingency funds. Many of these programs were cut to the bone during the recession and had to be restored."

Of the \$32.5 million that is available, some of the recommended changes include:

- Contingency Funds: \$2.2 M
- Loan Repayment: \$11.7M
- Sheriff: \$4.9 M
- Investment in services, including parks, code enforcement, supervision of drug offenders, District Attorney, Public Health to address communicable diseases and Animal Care: \$4.5 M

• Health and Human Services to backfill state budget cuts: \$6.5 M

"We're not out of the woods yet," Hudson added. "The next few years will continue to be rocky as the economy continues its slow recovery." Ongoing fiscal challenges include increased pension costs, negotiated salary and benefit obligations, repaying \$59 million in past internal borrowing, and replacing funding taken by the State for the Affordable Care Act, said Hudson. "We also need to backfill about \$21 million in one-time resources used to balance previous budgets."

"It's important to take the long view, and we're going to need four to five percent annual growth in discretionary revenue over the next five years to stay fiscally healthy; last year's growth was less than one percent," Hudson added. "We'll continue to focus on streamlining services, increasing efficiency through the use of technology and holding down costs."

The budget hearing will be on Tuesday, September 10, beginning at 2 p.m., and will feature presentations from the County Executive, Sherriff and other departments. The hearings are held in the Board of Supervisor Chambers at 700 H Street and are open to the public. They may also be watched live on Metro Cable Channel 14.

The Board of Supervisors approved the budget on September 10, 2013. ★

## Food Literacy Means Much More than Learning about Food

**By Elise Spleiss**

**CITRUS HEIGHTS, CA (MPG)** - September is Food Literacy Month in Citrus Heights and the Sacramento area.

The Sacramento Convention & Visitors Bureau (SCVB) is hosting the inaugural Farm-to-Fork Week from September 21-29, 2013. During the week regional farms, restaurants, wineries and craft breweries, along with the SCVB, will join together to celebrate Sacramento as the Farm-to-Fork Capital of America.

A collaborative effort in the city of Citrus Heights has been effectively working since 2009 to bring a lifelong knowledge and appreciation of our local

farm resources and the farmers who bring it from the farm to our tables to the youth of this area.

Don and Marie Hall, founders of the highly successful BeMoneySmartUSA (BMSUSA) Farmers Markets are, as the name suggests, are not only offering youth ages eight and up a free education in financial and entrepreneurship literacy, but are also teaching them healthy food choices, what fruits and vegetables are grown locally, and how they find their way to their table.

Recently the Halls partnered with the California Food Literacy Annual Health Fair at their midtown location. BMSUSA is using the farmer's market concept to teach financial literacy to their students. Their eight

farmer's markets operating in six cities are set up to be a teaching business for interested youth.

The markets provide a community event venue for the public while providing support to local area farmers. The certified farmers markets operate under BMSUSA's collaborative business model that the Halls refer to as a 'win/win' reciprocal approach.

Students win by learning life skills such as how to buy food and get the most value for their money both in the short and long term. They learn that good health means a longer life and the need to be able to plan financially for that longer life.

*Continued on Page 4*



Siblings show off their bounty: (from left to right) Fauna, age 3, with cherry tomatoes, Will age 2, with some eggplant and a cucumber, and Flora age 6, with lemongrass and lettuce. Photo courtesy of BeMoneySmartUSA Farmers Markets

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# The Fastest and Most Powerful Electric Airplane to Break Official World Speed Record

Continued from Page 1

available to them. If you can dream it, you can build it and I'm living proof of that."

At only 13 years old, Yates was destined to utilize his education to push the current limits of technology. He saved \$50.00 and convinced his parents to invest an additional \$50.00 in order to buy and rebuild his first

electric motor and controller system to an aircraft designed by Burt Rutan (famed aerospace engineer, best known for the design of SpaceShipOne, the Virgin Atlantic GlobalFlyer, and Voyager); but Yates had one problem – he was not a pilot. He earned his pilot's license in two months and had only 58 hours when he flew on July 18, 2012 where he established a world

Kids of all ages will not only get to see Chip fly and attempt to break a world record, but they'll also get the chance to meet him, talk to him and ask him questions. He'll be at the show both days and will be part of a featured exhibit. It's going to be an amazing opportunity."

The CCA will be all things "shiny, fast and loud" for all ages and so much more! Tickets are



Chip Yates, the first human in history to exceed 200 MPH in an electric airplane, will try to beat his original record at Mather Airport this October. Photo courtesy of CCA

motorcycle. Since then, Yates has become a highly dynamic and proven leader who is recognized worldwide as an electric vehicle pioneer and green technology innovator.

Yates quickly set his sights on aviation and adapted his water-cooled 258 horsepower

speed record for electric powered aircraft of 202 mph.

"We're thrilled and honored to have Chip Yates at this year's Airshow," said Darcy Brewer, executive director of the California Capital Airshow. "Chip truly embodies what it means to follow your dreams.

now available online and can be easily purchased at the Airshow web site, <http://www.california-capitalairshow.com>

The Airshow web site will be updated regularly with news, attraction information and more. Fans can follow the Airshow on Facebook and Twitter (#calcapairshow).

Established in 2004, the California Capital Airshow has become one of the largest and highly-respected shows in the nation. As part of its community relations, the non-profit organization has awarded over 80 scholarships to deserving students from our region with an interest in aviation, aerospace, aeronautics and related fields. For more information about the California Capital Airshow, presented by Sacramento County,



The Royal Canadian Air Force Jet Demonstration Team, known as the Snowbirds, is a Canadian icon bringing thrilling performances to the North American public. Photo courtesy of CCA

# Assembly Select Committee Pursues Revitalizing Established Communities



Senator Ken Cooley

SACRAMENTO, CA (MPG) -

Wednesday, August 28, Assemblyman Ken Cooley chaired the first hearing of the Assembly Select Committee on Community and Neighborhood Development. The ten member, bi-partisan committee heard from policy and administrative experts who spoke about the impacts of suburban sprawl on our metropolitan areas, and funding needs to help revitalize our aging communities.

"As metropolitan areas grow, it's important that we do not forget about the needs of our older communities, and help keep them desirable places to live that can attract jobs and private sector investment," said Cooley. "We moved to our neighborhood

because we liked what was there. Now, some of our older areas are faced with quality of life challenges that stand as barriers to community revitalization."

During the hearing, Bill Fulton, Planning Director for the City of San Diego and past Mayor of Ventura, noted that infrastructure and amenities in communities that most people would consider newer are nearing 20 years old.

"State infrastructure bonds and redevelopment funds have helped aging communities improve themselves, but are becoming more difficult to get," Fulton said. "Community facilities, like parks and libraries, need to meet certain expectations in order to make older communities desirable. Without funding to maintain and revitalize them, they often fall below that level of what the community wants."

Juan Matute, Director of the UCLA Local Climate Change Initiative, highlighted the challenges older cities and first tier suburbs face with a greater need for community development funding and fewer tools to stay competitive with new neighborhood developments.

Matute presented a recent paper highlighting that financial tools in

the local government toolkit have evolved across the last 40 years and concluding the tools currently in the toolkit have not kept up with today's desire for more compact, less auto-dependent communities.

The loss of redevelopment agencies in California in 2012 removed a vital tool from local governments' toolkit. Although some tools still remain—including general obligation bonds, infrastructure financing districts and assessment districts—local governments in California lack a dependable financing mechanism that can be consistently used for infill, infrastructure, and redevelopment.

"People want to see their neighborhoods improved, and aging communities are depending on us to figure out a solution to shape the next half-century of revitalization for established communities," said Cooley. "I think we realize that not every tool is good for every community. We have to set politics aside and give California's cities and counties the financing tools they need to attract private investors and spur the redevelopment that's good for them."

Assemblyman Ken Cooley represents the 8th Assembly District. ★

Source: The Office of Ken Cooley

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So my family woke up one morning cold, and smelling a burning smell coming through the air ducts. Something was obviously wrong with the heater. I crawled around in the attic and pulled the panels off the heater and discovered the furnace was igniting and the burners were burning, but the blower wasn't blowing the hot air out. So, when I got to work, a coworker referred me to Capitol Mechanical. She is friends with the owners and said they do honest work, so I took a chance.

A tech came out and within ten minutes had the problem diagnosed. It was simply a burned up capacitor, a simple \$20 part. Talk about honest work, he could of told me it was the blower motor and charged me a bunch and I wouldn't have doubted it. I'll be calling Capitol Mechanical in the future if I need service or even a new system. Thank you guys! - **Jeremy M., Fair Oaks, CA**



**Sunday  
Sept. 22nd**

**11:00 am to 3:00 pm**

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(Corner of Antelope and Auburn Blvd.)



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October 19, Noon to 2pm at Sprouts  
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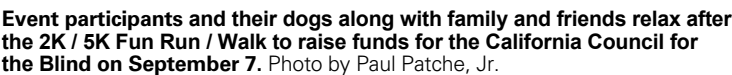
# Citrus Heights Mutt Strut Raises over \$7,000 to Fund Ongoing Needs for Visually Impaired in Sacramento Area

**CITRUS HEIGHTS, CA (MPG)** - Humans joined their four-legged canine friends for a walk/ run in Rusch Park on September 7 for the Third Annual California Council for the Blind (CCB) 2K/5K Mutt Strut fun run and walk. Simultaneous events were held in San Francisco and Los Angeles.

CCB, the largest and oldest (1934) consumer advocacy organization of people who are blind and visually impaired in California, offers college scholarships, low interest loans for businesses, technology support, advocacy, crisis intervention, peer support, information and referral services free of charge.

The event was organized and officially timed for the first year by 'On Your Mark Events' out of Calaveras County, and KCRA meteorologist, Tamara Berg was Master of Ceremonies. Over 200 attendees, including 120 volunteers, plus contestants, friends and families, rallied together to support this important cause.

The day festivities began with a pancake breakfast courtesy of the Sacramento



Embarcadero Lion's club. Citrus Heights Police Department K9 Unit's Scott Farnsworth and Brian Barron, and K9 partner Taz (a Belgian Malinois) demonstrated a criminal "take-down."

Eighteen teams competed for 'top dog' fundraising honors. Team Tahoe with Elena Thomason and golden retriever Tahoe brought home that honor for the third year, raising \$1,725 and counting.

Mark your calendar for the 4th Annual Mutt Strut on Sept. 13, 2014!

Volunteers are always welcome at CCB, such as participating in its Seniors With Vision Loss Committee. Visit [ccbnet.org](http://ccbnet.org) or call 916-441-2188. Donations are accepted at [FirstGiving.com](http://FirstGiving.com).

“Working collaboratively is the most effective way to create positive change.” ★



**CITRUS HEIGHTS, CA (MPG) -**

This year brings new attractions to this fun filled family event. There will be a variety of live entertainment including local sensation Karissa Lee and The Citrus Heights Theater Arts Group on the Sunday Funday stage as well as the ever popular Citrus Heights Community Marching Band. Live music will be provided by 101.9 The Wolf throughout the event. The ever popular Kid Zone will feature inflatables, rides, games, rock climbing walls, face painting by local pageant winners, pony rides, K-9 demonstrations and giveaways. The Smile Keepers Mobile Truck courtesy of the County of Sacramento will be available to offer free

dental screenings, referrals, and oral health education to children.

There will be various business, craft and non-profit vendors to visit as well as a variety of food available for purchase. Worried about missing your NFL Sunday football game? Best Buy will have a gaming tent with television screens and video gaming to make sure you always know the score. Crocker Art Museums Art Ark is a must see with tours during the event. Something else new this year is FREE tours of the historic Rusch Home from 12:00pm-2:00pm.

Parking is limited at Rusch Park. A free shuttle is available 11:00am to 3:00pm from Grand Oaks Elementary School located

at 7901 Rosswood Drive to the event.

Bring your family and friends out to the 17th Annual Citrus Heights Sunday FunDay on September 22nd from 11:00am to 3:00 p.m. in Rusch Park (7801 Auburn Blvd., at the corner of Auburn & Antelope) sponsored by the City of Citrus Heights, County of Sacramento, Sunrise Recreation and Parks District, Citrus Heights Chamber of Commerce, Radio Disney, 101.9 The Wolf, SMUD, California American Water, and Republic Services. ★

*For more information please  
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# Where to Build the San Juan High School –1913

By Dick Cowan, President, San Juan Alumni Association

CITRUS HEIGHTS, CA (MPG) - A previous Citrus Heights Messenger article detailed the formation of the San Juan High School District in 1913.

The citizens of the area, which became the San Juan Unified schools District had moved extremely quickly in 1913 to get San Juan High School operating. From a petition drive ending in May 1913, to an election June 28th, 1913, to forming a board, hiring a Principal and faculty, gathering the books and furnishing, to beginning classes in temporary quarters on September 22, 1913—they had accomplished a miracle in less than four months. But the location of the first classes was a temporary location. Where would the new High School build its permanent building?

Each of the five elementary school districts which made up the new high school district would enjoy having the site near their homes—Fair Oaks, Orangevale, San Juan (later called Carmichael), Roberts (between Orangevale and Fair Oaks), and Sylvan.

During the rest of 1913 and 1914, the board members worked on the issue. Purchase of land required a unanimous board decision and the board remained split. Sites advocated were on “John Donahue’s property... or Mrs. Shaw’s premises, or Daniel Donahue’s property.” A site at Winding Way and Sunrise was considered. Whether paved roads served a site was an issue, but few sites met that criterion. Future student population growth and the costs of competing sites were considered. Citizens wrote letters to the newspapers arguing their views.

By 1915, two sites became finalists. In Fair Oaks, the “Coffing site” was offered for



San Juan High School had found a home. Photo courtesy San Juan Alumni Association archives

\$6,000, and on Greenback Lane, the Trainor-Desmond land company offered a site for free. The Spanish land grant Rancho San

of the people of the district.” The election results prove the old adage in politics ‘where you stand depends on where you sit.’

THE VOTE FOR LOCATION OF SAN JUAN HIGH SCHOOL			
District	for Citrus Heights site	for Coffing (Fair Oaks) site	
San Juan (Carmichael)	83	27	
Fair Oaks	36	339	
Sylvan	104	1	
Orangevale	182	4	
Roberts	72	4	

Juan had been deeded to ancestor Joel Desmond in 1850. Advocates of the free site calculated that, from a \$35,000 bond, the \$28,000 expected building cost, architects fees, and furniture and equipment costs would not allow \$6,000 for land purchase

Finally, the board put the matter up to the voters in an election held March 23, 1915. From the March 26, 1915 Folsom Telegraph: “The big question as to a site for the proposed new San Juan Union High School building which has been bothering the people of the union district, was settled Tuesday at a special election. The Citrus Heights site, offered free by the Trainor-Desmond Company, was given such a heavy majority over the Coffing site, that there can be no question as to the preference

After the election settled the matter, the board moved quickly. A bond was issued for \$35,000. Architects George Sell and Charles F. Dean were hired and completed their design. The work was bid and awarded to contractors Campbell and Turner.

And finally, the November 19, 1915 Folsom Telegraph reported: “The San Juan Union High School building was formally accepted this week by the trustees of the district. ... The building is of Mission type of architecture and presents a very pleasing appearance. ...The rooms are commodious and well lighted, and the entire arrangement and plan of construction conforms fully to all the modern ideas of school building.”

San Juan High School had its home. ★

## Food Literacy Means Much More than Learning about Food

Continued from Page 1

Following 10 hours of financial business education and 10 hours of sales and marketing, they are ready to put their training to work. Since 2009 BMSUSA has placed over 75 students in part-time and full-time jobs.

What students learn they in turn teach others at the markets. Vendors hire them as temporary employees to help organize their stands, hand out samples and explain to customers what they are buying and even how to prepare and pare it with other foods.

The farmers/vendors win by getting a well-organized positive venue with free marketing to sell their produce/goods, while providing the community with healthy alternatives and a variety of produce/products that can be purchased in a family-friendly environment. If they take advantage of the “Rent-a-Teen program they get a well trained,

responsible employee. Vendors hiring a teen have noticed a sales increase of 30%-50%.

Finally, the public wins from having the opportunity to learn about the food they are purchasing and feeding their families. They can meet the growers and ask questions about what they are buying. And they can have fun while supporting the farmers and other vendors.

So next time you visit a BMSUSA Farmers Market look for the teens in the red shirts and don’t be afraid to ask questions! The Citrus Heights Sunrise Mall market located behind Sears runs all year on Saturday from 8 am to 1 pm. ★

To view the many events for Farm to Fork week visit [www.farmtoforkcapital.com/events/](http://www.farmtoforkcapital.com/events/). For more information on the BeMoneySmartUSA program visit [www.BeMoneySmartUSA.org](http://www.BeMoneySmartUSA.org).



Giovanni A., age 4, shows off his red chard. Photo courtesy of BeMoneySmartUSA Farmers Markets

## Supervisors Approve Hiring Four New Rangers

SACRAMENTO COUNTY, CA (MPG) - For a second consecutive year, Regional Parks will be adding rangers to its force to assure public safety and maintain the parks. Two rangers were added last year and four new positions have been approved by the Sacramento County Board of Supervisors bringing the total count of rangers to twenty.

“Regional Parks has done a great job during the tough economic times and taken every opportunity to maintain service levels and generate revenue where possible,” stated County Executive Bradley J. Hudson. “

Rangers patrol 15,000 acres including 32 recreation areas. Adding these new rangers

“allows us to have more patrol resources in the American River Parkway and provides additional response services to the many other recreation areas we manage,” stated Jeff Leatherman, Regional Parks Director.

“Having a ranger presence is critical to public safety and is a high priority issue for the many runners, cyclists and recreationalists who frequent the parks. We will use the additional resources to address ongoing community concerns including illegal camping, off leash dogs and trail safety.”

Regional Parks Rangers have full peace officer authority under the California Health and Safety Codes and are accredited law

enforcement personnel through the Peace Officer Standards and Training certification.

New Rangers can be recent graduates from accredited training facilities or those with prior peace officer experience. Rangers enforce the laws applicable to Regional Parks, specific County ordinances, and California Vehicle, Penal and Health & Safety Codes within all County Regional Parks.

Interested applicants should contact the Department of Regional Parks at (916) 875-PARK. ★

Source: Sacramento County Media Office

## Women’s Empowerment Receives \$14,000 For Job Training and Financial Literacy Programs

SACRAMENTO REGION, CA (MPG) - Women’s Empowerment recently received a \$10,000 grant from Bank of America for its job readiness programs and a \$4,000 grant from Umpqua Bank to fund its financial literacy programs for women who are homeless.

“If a woman is going to permanently break the cycle of homelessness for herself and her children, she needs a job and she needs to understand how to use her money wisely,” said Lisa Culp, executive director, Women’s Empowerment. “We are thankful to Bank of America and Umpqua for recognizing that women who are homeless face substantial barriers to employment and money management, but can be profoundly successful when they receive the right training.”

Women’s Empowerment’s initial eight-week program for women who are homeless addresses their basic needs such as health and housing while preparing them to become work-ready. The job readiness component is mostly taught by volunteers from the community

and includes computer literacy training, resume writing, communication skills, mock interviews, dressing for success and more. They also meet with an onsite employment specialist to search for jobs. Once women graduate from Women’s Empowerment, they can join the advanced job readiness program that includes internships, paid job training programs, certifications and more.


Women in the program also receive basic financial literacy training and individual counseling on saving, debt management, bank services and financial negotiations. Once they graduate from Women’s Empowerment, they are eligible to join the advanced financial literacy program that includes a money management curriculum, more in-depth individual counseling and a grocery store field trip to practice budgeting.

“So many women enter this program with gaps in their understanding of money management, as well as strong emotional ties to money since many have been victims of financial abuse,” Culp said. “This program not only

educates them, but helps them work through some of their emotional barriers to good money management so they can be successful long term.”

Women’s Empowerment offers the only comprehensive job readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2009 Nonprofit of the Year has graduated 1,064 homeless women and their more than 2,000 children. Last year, 89 percent of graduates found homes and 78 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women’s Empowerment is funded solely through private donations from the community. For more information and to donate online, visit [www.womens-empowerment.org](http://www.womens-empowerment.org). ★

Source: Thébaud Communications



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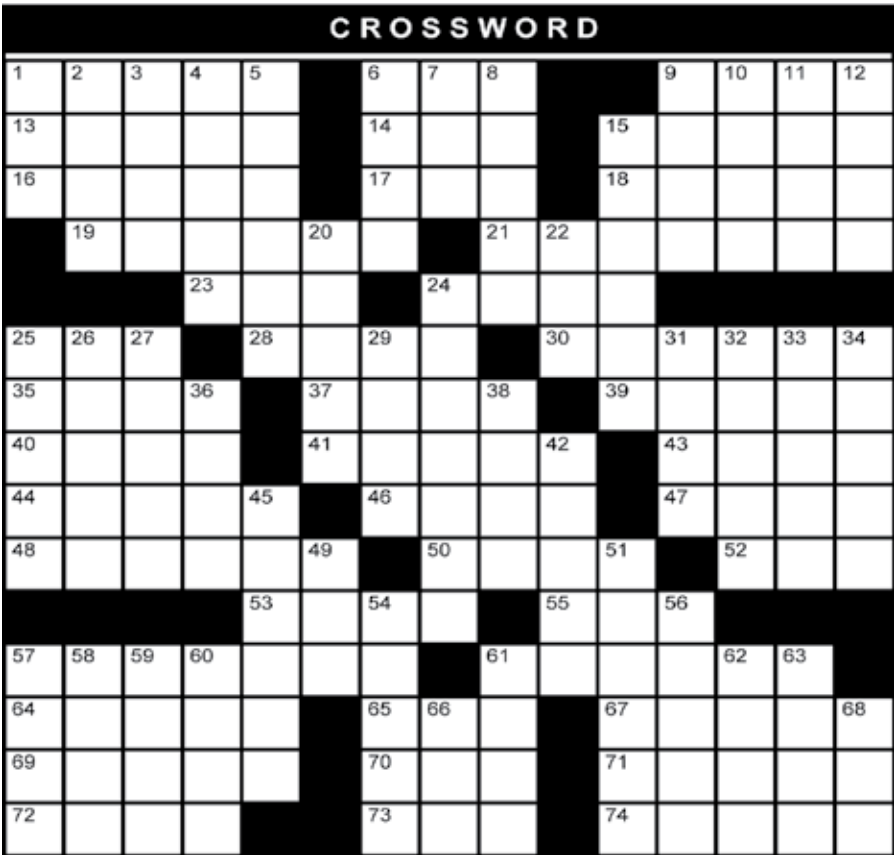
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CLUES

- ACROSS
1. "What a harvester does

6. On #2 button

9. Lyme disease carrier

13. The N of U.S.N.A.

14. Romanian money

15. Languidly

16. Got up

17. "The Lord of the Rings" character

18. Distinguish oneself

19. "Fall TV time

21. "Colorful autumn attraction

23. Eggs

24. Not mint

25. Rare find

28. Means justifiers

30. Comment

35. Lyric poems

37. Bit

39. Musical show

40. Tangerine grapefruit hybrid

41. "Autumnal feeling in air
43. \_\_\_\_ Verde National Park

44. Capital of Morocco

46. It's capped

47. At a previous time, archaic

48. Motion picture type

50. "Nut droppers

52. Distress signal

53. Chicken \_\_\_\_

55. "Halloween time

57. "Apple orchard activity

61. Re-use old ideas

64. Bloodless

65. Fed. procurement group

67. External

69. Arrest?

70. Singular of #50 Across

71. "The Barber of Seville," e.g.

72. Religious offshoot

73. Clinton \_\_\_\_ Rodham

74. Tina Fey's Liz
- DOWN
1. Nucleic acid

2. Lobe holders

3. Assert

4. Leisurely walk

5. "Fall's usually the time for a long one

6. Hoppy beers

7. "Fresh Prince of \_\_\_\_-Air"

8. Some have links

9. Curbside call

10. Famous Peruvian group

11. Horselfly

12. Actor \_\_\_\_ MacLachlan

15. Metal-worker

20. Bank run, e.g.

22. "\_\_\_\_ the land of the free..."

24. Sir Peter \_\_\_\_\_, English actor

25. "Natural decoration

26. Degas or Poe

27. Peach \_\_\_\_ dessert
29. "\_\_\_\_ Diaries" book series

31. Same, in French

32. Certifies

33. Actress Rene

34. "'To Autumn'" poet

36. Thailand, formerly

38. Seaward

42. Superior grade of black tea

45. "There for the \_\_\_\_"

49. Wrath, e.g.

51. "It starts all over

54. Incite

56. Greyish brown

57. Forward move in football

58. \_\_\_\_ of Man

59. All the rage

60. Cigarette brand

61. "Used for gathering

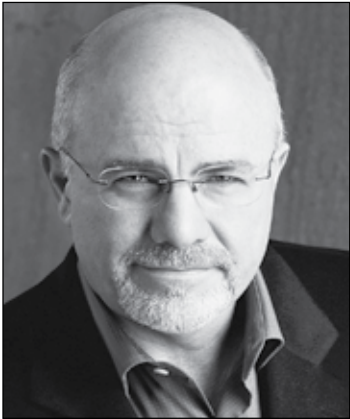
62. Flower supporter

63. Deli offering

66. Sigma Alpha Epsilon

68. Campaigned

For Solution See Page 7



Dave Ramsey is America's trusted voice on money and business. He's authored four New York Times best-selling books: **Financial Peace**, **More Than Enough**, **The Total Money Makeover** and **EntreLeadership**. The **Dave Ramsey Show** is heard by more than 6 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Wealthy, But Not Spoiled

Dear Dave,  
How do you make sure you don't spoil your child when you're wealthy?  
— Ryan

Dear Ryan,  
I know this will sound mean to some people, but you simply explain to them that *they* are not wealthy.

I remember a time years ago, after we'd gone broke, that we managed to scrimp and save and finally had a little bit of wealth. We bought a nice car and my son piped up from the back seat, all smug and satisfied, "We're doing pretty good, huh?" I'll admit it was kind of funny, but it was also a teachable moment. I looked at him and said, "I'm doing pretty good, but you're broke!" That was a pretty consistent message around the Ramsey household as the kids were growing up. If you're not working and making your own way, you've got nothing.

The second thing is we taught them, from a very young age, was to work. That can start with simple things like kids cleaning up their rooms or doing the dishes after dinner. It should carry over to *the teenage years* as well. Every able-bodied child should be working and earning money, whether it's their own entrepreneurial idea, at a store in the mall or babysitting.

Dave Says

The third thing we did was based in our faith. As evangelical Christians, we taught our kids that we don't really own anything. It all belongs to God, and one of our jobs is to wisely manage the things He entrusts to us. The first rule is to take care of your own household—the important stuff. After that, it's okay to have some nice things, but it's not all about pleasure. It's also about giving and extraordinary levels of generosity.

Teach them to work. Teach them to *be givers*. And gently remind them once in a while that they've got nothing until they go out and earn it.

A Rough Lesson

Dear Dave,  
My dad opened a credit card account in his name a few years ago to help with my college bills, and he made me an authorized user. Now he's delinquent on the card and I'm receiving collection calls and notices. Do I owe the credit card company money?  
- Steve

Dear Steve,  
No, an authorized user is not liable. The account is in your dad's name, and you didn't sign anything. He's the one legally responsible for the money owed.

I want you to be careful, though. Lots of credit card companies will badger people and use all kinds of pressure and guilt trips to try to collect money from people who don't owe them anything. They just want their money, and they really don't care who writes the check.

Get them to remove you as an authorized user today. Send them a letter demanding this via certified mail, return receipt requested, so you'll have proof. Also, *make sure they understand* that you'll sue them for about \$10 million if they don't comply immediately. You shouldn't be reported to the credit bureaus for any of this, but companies can report just about anything—even inaccurate information—to the bureaus.

You have rights as a consumer, and you are not legally liable for credit card debt when you're just an authorized user. But make sure you check your credit report regularly in the future. Some of these companies make a habit of repeatedly downloading misinformation to the bureaus in an effort to bother and bully people into paying debts they don't owe!

- Dave  
*\*For more financial help, please visit daveramsey.com.*

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Sudoku Puzzle on Page 6

2	7	9	3	6	8	1	4	5
6	8	5	7	4	1	9	3	2
1	4	3	5	9	2	7	8	6
3	6	4	9	1	5	2	7	8
5	2	7	6	8	3	4	9	1
9	1	8	2	7	4	6	5	3
4	3	2	1	5	7	8	6	9
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By Ronnie McBrayer

When I first met Father Thad I was a Baptist minister and he was the priest at the neighborhood Catholic parish. A complete stranger to me, he popped into my office and stated that he must use our church baptistery. A brief reminder about baptism: Baptists practice baptism by immersion. They dunk converts completely under the water.

Typically, Catholics practice sprinkling or pouring. And that is just the beginning of the differences between these two faith traditions on the issue. The theological meaning reinforcing the practice of baptism puts the camps even farther apart.

So when a Catholic priest showed up wanting to dunk a convert in the Baptist church, I knew I was dealing with someone shattering my typecast. Refreshingly, this watery encounter led to a series of interdenominational gatherings (potluck dinners, actually) between his parish and my congregation. In the process, we learned a lot about each other, and I learned a great deal about Thad.

In addition to the priesthood Thad had been a military chaplain; and shockingly, Thad was married and had adult children. Thad had been an Anglican priest, but through an extraordinary dispensation from the Vatican,

## Take It with You

converted to Catholicism. This man was a depository of mind-warping experiences, not the least of which was a personal story I loved to hear.

A parish he once led desperately needed to expand its ministry. But one man in the parish absolutely resisted, always squelching prospective change by saying something like, “My grandfather gave the land for this church; my daddy cleared the trees for the building; and we’re not going to change a thing” (Catholics don’t have a monopoly on this sentiment).

Thad finally had enough. In his remarkable way, he secured a diocese blessing and obtained a piece of land on the other side of town. He called the local house builders, and had the church relocated! I have this charming picture in my mind of the church, steeple atop, rolling down the road on stilts led by a vestment-clad Father Thad, reading the gospel and splashing holy water along the way.

When I first heard that story I told Thad, “If you were a Protestant, you could have just started another church (And with a wink, I’d add, “A church with a real baptistery”). His response was priceless: “Why start another church, when you can take it with you?”

Truth told, that is pretty good ecclesiology. Ecclesiology is what seminarians call the “doctrine of the church.” It answers the question: “What is the nature of the church?” And after several hundred years of modernity and religious institutionalism, more and more people are recognizing that the church is not a building. Sure, we say, “I go to church at

such-and-such place,” but the real church is a people, not a place. It is a body, not a building. It is a living movement, not a fixed mailing address.

When the last homilies, sermons, songs, testimonies, and prayers are offered at your congregation or parish on Sunday morning, you don’t leave the church. You will leave a specific gathering of the church, certainly, but you take the church with you – because the church is you. You take it on the road, across town, into your workplace or university, into your living room, classroom, and board room: You embody the presence of Christ in the world.

Yes, I learned a lot from Father Thad. I learned that holding to fixed stereotypes prevents us from embracing the extraordinary individuals we meet along the way. I learned that communication between faith groups is the best possible means of reducing misunderstanding and conflict. I learned that overcoming problems sometimes requires boldness and creativity.

And I was reminded that whether we are sprinkled, dipped, poured, dunked, barely damp or soaking wet, we will not be defined so much by “where we go to church,” but by whether or not we will be the church once we leave the building. As Father Thad put it so accurately: “Why start another church, when you can take it with you?” ★

*Ronnie McBrayer is a syndicated columnist, pastor, and author of multiple books. You can read more and receive regular e-columns in your inbox at [www.ronniemcbrayer.me](http://www.ronniemcbrayer.me).*

## Fifty Shades of Grey Suits

By Rev. James L. Snyder

I guess I am one of those old-fashioned guys still wearing a suit. Only one thing I do not like about my suits. I feel most comfortable in the suit and so I have several suits that I wear on a rotating basis.

The only negative side of wearing suits is occasionally you have to replace them.

All sorts of reasons why a suit needs to be replaced and one is that you grow out of it or it grows out of you. Either way the suit has to be replaced.

Another reason is that something happened to the suit and there is some tear necessitating the whole suit being replaced. The key here is not to let my wife know that there is a small tear in my suit. The moment she discovers the slightest tear in one of my suits she begins her plan of having that suit replaced.

A slightly worn spot on my suit coat begins my wife thinking of replacing it. Trust me; I try to hide it as much as possible to keep it from the ever-piercing eyes of my wife who sees through everything, even things that are not there.

Despite my attempts to

conceal the issue, my wife spotted a small tear on my suit coat. It happened to be my favorite suit coat. I can recall exactly when and how the split occurred. I kept that information away from my wife as long as I possibly could; now I had to pay the piper.

Early Monday morning we were off to the men’s store to purchase another suit. As soon as we walked in, we were greeted by a young man to which my wife said, “We’re here to buy a suit.”

I figured I better step in before the conversation got out of control. “We’re looking for a grey suit.”

“I understand,” said the young man as he thoughtfully pulled at his chin looking down the long row of suits. “And what color grey are you looking for?”

“Say what,” I said.

“What color grey are you looking for?”

As far as I was concerned, grey was grey and that was the color I was looking for.

“We have a variety of grey suits. There is a charcoal grey. Light grey. Dark grey.” He went on and on about the variety of grey colors in his shop.

According to him, there were at least 50 shades of grey.

Believe me, there was nothing romantic about that!

All I wanted was a grey suit. To me, grey is grey. I do not want my suit to be a fashion statement. I want my suit to say nothing at all.

We walked out of the men’s store with a new suit and my wife had a wonderful smile on her face. I on the other hand, had a sick feeling in the pit of my stomach realizing just how much this grey suit cost me.

I have a new appreciation for what the apostle Paul said. “That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man” (Ephesians 3:16 KJV).

It is not the outside that really matters, but the inside of a man ★

*Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail [jamessnyder2@att.net](mailto:jamessnyder2@att.net). His website is [www.jamessnyderministries.com](http://www.jamessnyderministries.com).*

## Do What You Can’t Do!



By Karen Anderson

*“You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do.”*

~Eleanor Roosevelt

Quotes are good and they can really inspire us, but I need God’s inspiration. Many times I once again face fear. It constantly raises its ugly head and says, “Your thoughts and dreams are a waste of time, so why bother.” In my head I know it isn’t true, but I get bombarded constantly by that ever present enemy. Do you?

I believe this verse can be used as a weapon to defeat the enemy...FEAR. God’s Word says, “Light, space, zest – that’s God! So, with Him on my side I’m fearless, afraid of no one and nothing.”

There is a situation in my life that is a perfect example of fear robbing me of what I am being

called to do by God. He has shown me that I am to take a book of mine and create it into a series for children using an unusual teacher to share with them life-lessons. This teacher has a wet nose and a wiggly tail...God’s Golden Girl, Nikki. God has used her over and over again in my life to remind me of what He wants for me. In this project, He has given me many fun ideas for children and teens. He has even shown me that my role will be the storyteller of Nikki’s lessons. I have been avoiding the real meat of the project which is to write the books. Fear is nailing me with many doubts about whether I will even be able to write this. One thought that keeps running through my head is, “Can I really make the books interesting enough that kids are going to want to read them?” I know it is ridiculous, but the fear is real. Now the decision for me has to be when fear and doubt show up, I STOP, PRAY, and MOVE FORWARD with confidence. I have to remember that this is His project, not mine. I am His instrument and I need to let Him speak through these pages. God will create the interest and excitement. God will use this series as His instrument to reach kids at their weakest moments. God

will bless with strength and understanding all who come in contact with Nikki lessons. Remember! Nikki was God’s instrument, and now my role is to be obedient to His will. I am finally willing to say on this project, “I am yours God, use Nikki and my fingers to teach YOUR lessons.”

Are you willing to give Him your fears? Did you realize that when Satan is using fear against you he is actually saying to you, “you can’t, you can’t, you can’t.” Instead, God wants you to listen to Him because He is saying, “You can, YOU CAN, YOU CAN!” It is time to stop listening to the fear, and in faith do what you think you cannot do because God is saying YOU CAN. ★

PASSAGE: Psalm 27:1 (The Message)

*Karen Anderson is an accomplished speaker, author, and chaplain. Her books Nikki’s Tail-Waggin’ Lessons and The Little Book of BIG Thoughts Series can be found on Amazon.com. Leave a message for Karen at [www.doablesteps.com/contact](http://www.doablesteps.com/contact) or connect with her on Facebook at [www.facebook.com/DoAbleSteps](http://www.facebook.com/DoAbleSteps).*



By Marlys Johnsen Norris, Christian Author

Right living often is determined by right believing. There seems to be some misunderstanding and question about what determines a person’s trip to hell.

It is not the act or acts of sin! In itself, sin does not determine that anyone will go there.

The issue that determines this is what they are doing with Jesus! Are they rejecting His blood death as payment for their sin(s)? Jesus came to earth to become the pure sacrificial Lamb of God and to die as payment to purchase souls

## Payment In Full

from hell. He alone is the only payment to reconcile mankind back into the grace of the Heavenly Father. God had to come to earth and die himself to purchase our souls. Under the instructions of His Father Jesus came to fulfill His wishes and design the plan of salvation for us. Jesus came and said, “I am the Way, the Truth and the Life. No one comes to the Father except through me”. (John 14:6)

God sends no one to hell but His Holy Word (The Bible) shows us the way to Eternal life with Him. Christ died for all, that those who live should live no longer for themselves, but for Him who died for them and rose again. Therefore, IF anyone is in Christ, he is a new creation, old things have passed away; behold all things become new. Now all things are of God, who has reconciled us to Himself through Jesus Christ and has given us the ministry of reconciliation, that is, that God was in Christ reconciling the

world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation. (II Cor. 15-18) It is when a person completely rejects God’s plan of redemption through the death and resurrection of His beloved Son, that person chooses his own eternal home in hell..

He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things. If God is for us who can be against us? (Romans 8:31-32) Choose Jesus to pay your bill and purchase redemption for you. Kneel and pray and accept Him today and receive a brand new life and one day the gift of eternal life ★

*In His Magnificent Love Always, Marlys Johnsen Norris Christian Author of 7 Books including Award Winning “Recipes for a Happier Marriage” Marlysjn@gmail.com*

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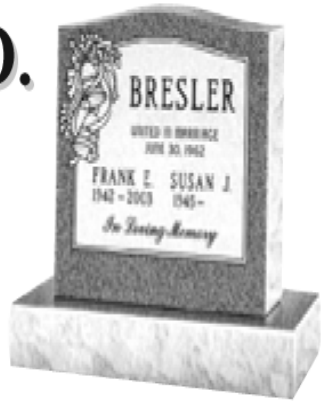
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By Pastor Ray Dare

The walk of faith is a walk that includes struggle and difficulty. I wish I could tell you that it doesn't. But it includes adversities that we all have to face. What I want you to see today is that God will use what you go through to bring you out stronger and greater, with a greater commitment toward Him. He's using that to build your character. I'm not saying God sends the storm, but God will take what life sends and He'll turn it around and He'll get some good out of it.

See, the storms of life are impartial. Rain falls on everyone. So it's not time to blame God and whine and cry and say, "Why God me?" and get bitter. It's not time for that. It's time to get stronger spiritually. It's time to stay in church. It's time to be more devoted to God; to turn your attention toward God.

Many times the struggle is what gives us strength. Many times that's the way God has

## How To Use Adversity

ordained it. I don't think that He sends the storm, but He'll use it. In your struggle, in your difficulty, don't run away from God. Use your adversity as a stepping stone to get you closer into God. It's such an important point.

In Psalms 4:1, David said, "Hear me when I call, O God of my righteousness, you have enlarged me when I was in distress." I want to call your attention to that phrase: "you have enlarged me when I was in distress." In your difficult times, in the storms of life, when things aren't going good you need to understand how God can enlarge you, how He can enlarge your dream, how He can enlarge your vision, how He can enlarge your confidence, your strength, your commitment to Him.

God enlarges you when you enlarge Him. David said in Psalm 34:3 (KJV), "O magnify the Lord with me, and let us exalt his name together." Do you know what magnify means? Magnify means "to make bigger or to enlarge in perspective." When you magnify something, you don't change your reality; you change your perception of its reality in your life. So if you magnify your problems, you're not changing how big they are, you're changing your perception of how big they are. When

you magnify God, you're not changing how big He is, you're changing how you perceive Him. How much bigger He is in your own life. It's so important in the storms of life to magnify God and not magnify your problems.

Today, you may be in a terrible situation. You're facing terrible problems. I want you to know if you keep your faith in God, keep your eyes on Him, you could be right around the corner from growth or the greatest victory that you've ever seen. Right around the corner. You have to use the adversities that you face in life as a stepping stone to get you closer to God.

Just because we go through struggles in life doesn't mean God is not still right there with us. He will see us through every situation. So I just want to encourage you today to put your trust in God. Don't look at the situation. Don't look at the circumstances. In your hour of distress, don't give up. Don't turn away from God. Run to God; He's going to strengthen you through the problem.

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# A Best Kept Secret: Rocky's Salon



Rocky's is the only place I trust with my hair....Senator Ted Gaines

By Linda Harper

**CITRUS HEIGHTS, CA (MPG)** - Tucked away at 7800 Sunrise Blvd. (the strip mall across from Leatherby's) is Rocky's Salon, one of the newest best kept secrets in Citrus Heights. The ambiance is friendly, and fun 1950's, with a black and white checked floor, classic car photos and a larger than life record adorning the walls. A juke box sits in the corner, stocked with an impressive choice of music. Customers are encouraged to choose tunes they'll enjoy listening to while on their way to looking and feeling fantastic at Rocky's Salon. Although, the surroundings have a "retro" feel, the styles and methods used to create that "just right" look are progressive and contemporary. The only thing old school about

Rocky's, is the time –honored tradition of offering great service at an affordable price. Rocky, owner of the salon, along with his two stylists, Mike and Ashley, boast over 75 years combined experience in the hair styling and skin care industry. Their fine-tuned skills and level of perfection is something customers have grown to appreciate. Senator Ted Gaines, one of Rocky's long time customers said "Rocky's is the only place I trust with my hair. He has done my hair for over ten years now, and I've always walked out looking great." Rocky and his young family settled in the Citrus Heights/ Roseville area after returning from Hollywood, where he trained and worked alongside some of the best known names in celebrity hairstyling. He recently moved his salon from Roseville to Citrus Heights to be

more centrally located for his customer's convenience. Rocky's Salon takes pride in offering quality hair styling and skin care for an affordable price. Adult haircuts are \$15, and if you're active duty military or a veteran, the charge is only \$9. Rocky is focused on health of mind, body and spirit. The first step to achieving life's balance is to look and feel good about your self. Rocky specializes in color and cut, while the salon also offers quality highlights, blow-outs (straightening), children's cuts, waxing and skin care. Call Rocky's Salon at (916) 721-6161 to experience quality hair design and skin care. Rocky will even text to remind you of your appointment. ★  
*For more information log on to: [www.rockyssalon.com](http://www.rockyssalon.com).*



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**UC Davis Health System Sacramento Farmers Market**  
45th & Y Streets (Behind Shriners Hospital)  
Every Thursday from 3 to 7:30 pm (through November 14th)



**Sacramento Midtown Farmers Market**  
2020 J Street (Between the STANF Native American Health and Bioware buildings)  
Every Saturday from 8 am to 1 pm - all year round, rain or shine

**Fair Oaks Plaza Park Farmers Market**  
7003 Park Drive, Fair Oaks (Old Fair Oaks Village)  
Every Wednesday from 3 to 7 pm (through November 13th)

**Mather VA Hospital Farmers Market**  
10535 Hospital Way, Mather  
Every Wednesday from 9 am to 1 pm (through November 20)



**Carmichael Park Farmers Market**  
5750 Grant Avenue, Carmichael (Corner of Grant & Fair Oaks Boulevard under the trees in the Park)  
Every Sunday from 9 am to 2 pm - all year round  
Over 65 certified and organic farmers and specialty food vendors



**Sunrise Mall Farmers Market**  
6190 Sunrise Boulevard, Citrus Heights (behind Sears located in SE Parking Lot)  
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**Historic Folsom Farmers Market**  
910 Sutter Street, Historic Folsom Public Plaza, Folsom  
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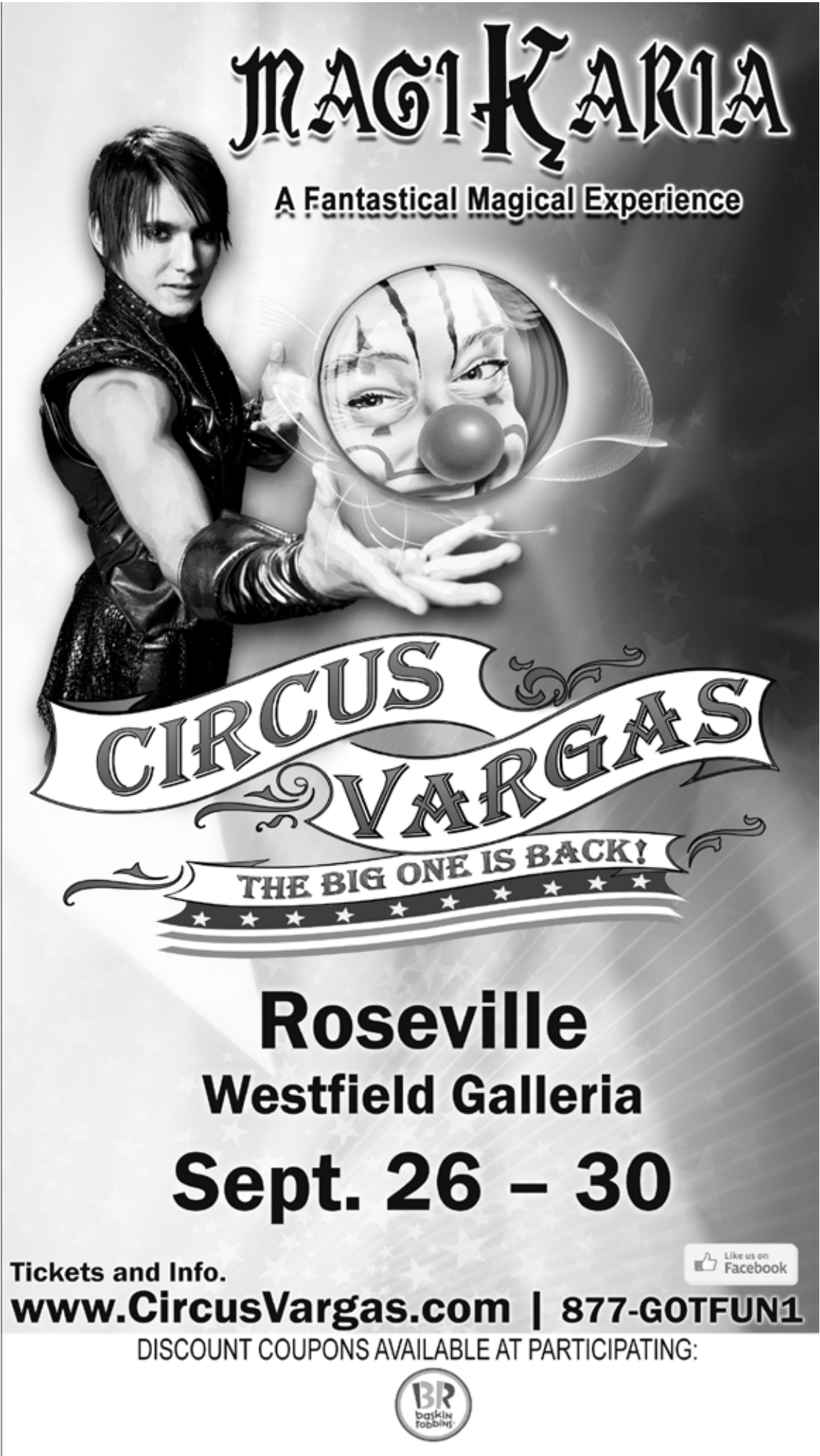
~Elissa Davey, Founder  
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New Citrus Heights Theatre Arts Group to Perform

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - Thespians from the newly formed Citrus Heights Theatre Arts Group (CHTAG) are getting ready up for an exciting first season. They will be appearing at the Sunday Fun Day at Rusch Park on Sept. 22. Look for Madame Seezall Telzit in her cabaña, enjoy a short musical skit at 12:30 and guess the number of lollipops in the jar for a sweet prize. Their first (no charge) performance is a melodrama on October 16 at 7 p.m. at Skycrest School on Mariposa. New members are being sought. ★

For information contact 200-9078; info@chtag.com



Left to right: Lynn Bertaut, Kathy Houston, Ernie Ayala, Mel Kringel, and Peggy Donnell. Photo by Justin Johnson

Citrus Heights City Council Endorses Doug Ose for Congress

CITRUS HEIGHTS, CA (MPG) - Citing Doug Ose’s leadership in the incorporation of the City of Citrus Heights and his record in Congress, all five members of the Citrus Heights City Council endorsed Doug Ose for Congress. “We know we can count on Doug Ose to represent our community’s interests in Washington D.C.,” said Mayor Steve Miller. “After leading efforts to make Citrus Heights a city, Doug Ose was elected to Congress where he always placed local interests before Washington-based special interests, creating jobs and making our community a safer place to raise a family and start a new business.” Those endorsing Ose include:

Mayor Steve Miller and City Council Members Mel Turner, Susan Frost, Jeannie Bruins and Jeff Slowey. “We can’t let Washington gridlock and inaction stand in the way of rebuilding our local economy and creating jobs,” said Doug Ose. “I will put people first and hold government accountable for the promises it makes, the money it spends and the results it delivers.” Prior to being elected to Congress in 1998, Doug Ose was a leader in Citrus Heights’ efforts to incorporate and become a City, improving government accountability and services. When in Congress, Ose represented over 70% of California’s 7th Congressional District, including Citrus Heights,

the district’s second largest city. As a Sacramento native, Doug Ose is a businessman with strong roots in this community, relationships in this district and a solid record of public service that make him the best Republican to defeat freshman Democratic Congressman Ami Bera. Underscoring the significance of Doug Ose’s entry into the race, the non-partisan Cook Political Report upgraded this race from “Lean-Democrat” to “Toss-Up.” To learn more about Doug Ose visit [www.DougOse.com](http://www.DougOse.com) and follow the campaign on Twitter @DougOse #CA7 and Facebook. ★ Source: River City Communications

City Update on Auburn Blvd Complete Streets Construction

CITRUS HEIGHTS, CA (MPG) - Segment II of the Auburn Blvd Complete Streets Project and Utility Undergrounding is nearing completion. Road resurfacing was completed the week of August 26th, stamping of crosswalks at the intersection of Auburn and Antelope will be done the week of September 16th with lane striping and pavement markings to follow immediately after. The landscape work continues as plants and irrigation are installed and monitored to ensure the landscaping thrives and irrigation is operating appropriately. Construction of the archway at

Rusch Park as well as the decorative wall signs at all four corners of the Auburn/Antelope intersection will be done the latter part of September/early October. For Segment III - Sycamore to Sylvan Corners - a construction contract was awarded to Teichert Construction at the September 12th council meeting. Teichert will begin construction of Segment III in October. Segment III will continue the improvements from Segment II - widening sidewalks, installing landscape buffers, enhanced medians, ADA compliant access ramps, and a full road resurfacing.

The Boulevard continues to be a "construction zone", even when lanes are not narrowed for active work. Drivers, take caution of the posted speed limit of 25mph, for the safety of the construction workers, pedestrians, bicyclists and other drivers (as well as the costly risk of getting a speeding ticket). For additional information on the Auburn Boulevard Project, go to the City's website at [www.ABCupdate.net](http://www.ABCupdate.net), or contact the General Services Department at (916) 727-4770. ★ Source: City of Citrus Heights



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Citrus Best of 2012 Heights

Map showing location at the intersection of Auburn Blvd. and Garfield Av., between Manzanita Av. and Madison Av.



# Local Food Safety Stars

**SACRAMENTO COUNTY, CA (MPG)** - There's more to running a restaurant or food facility than cooking delicious meals. "Safetyfirst" must be a daily practice for all food-related businesses. On September 10, in recognition of National Food Safety Education Month, the Sacramento County Board of Supervisors honored several area businesses for their outstanding food safety records.

One of the winners, Wenelli's Pizza, serves old-fashioned pizza in the Arden-Arcade area. Co-owners Shelly Tyler and Wendy Williams, best friends for 30 years, founded the restaurant more than 20 years ago.

"We do all of our safety training in-house," said Shelly Tyler, "so we're very proud to receive this award for our restaurant and our employees."

Each September, the County's Environmental Management Department (EMD) issues Awards of Excellence certificates to food facilities that had no major violations noted during its last three consecutive health inspections.

EMD selected a food establishment from each supervisorial district to receive their certificate at Tuesday's Board of Supervisors meeting (view winners):



District 1 Winner: Loaves & Fishes with Supervisor Serna.

**District 1 - Supervisor Serna**  
**Loaves & Fishes**  
1321 N C Street, Sacramento, CA 95811

**District 2 - Supervisor Yee**  
**99 Ranch Market Bakery**  
4220 Florin Road, Sacramento, CA 95823

**District 3 - Supervisor Peters**  
**Wenelli's Pizza**  
4215 Arden Way, Sacramento, CA 95864

**District 4 - Supervisor MacGlashan**  
**Crosswood Oaks**  
6650 Crosswood Dr. Citrus Heights, CA 95621

**District 5 - Supervisor Nottoli**  
**Central Station Grill**  
3084 Sunrise Blvd, #822, Rancho Cordova, CA 95742

In 2013, nearly 600 facilities earned a Food Safety Awards of Excellence certificate countywide. EMD's Environmental Health Division inspects approximately 5,500 restaurants, retail markets, bakeries, bars, and schools for food safety compliance annually. Inspections are unannounced and completed up to three times a year. Here is the complete list of Awards of Excellence. ★

Find restaurant and food facility inspection reports at [www.food-inspect.saccounty.net](http://www.food-inspect.saccounty.net).

# Congressman Bera Calls for Investment in Sacramento County Infrastructure

**SACRAMENTO COUNTY, CA (MPG)** - Congressman Ami Bera, M.D. (CA-7) called for investment in Sacramento County infrastructure recently, after touring several local transportation projects with representatives from the Sacramento County Department of Transportation (SACDOT), the Sacramento Area Council of Governments (SACOG), Operating Engineers Local 3, and Laborers Local 185. The tour featured recently completed, active, and planned transportation projects near or along Highway 50 in the Rancho Cordova area.

"Our infrastructure in Sacramento County is in dire need of improvement," said Bera. "In our region, nearly 3.4 million trips are made over structurally deficient bridges every single day and the deteriorating state of the levees is also extremely serious. These improvements need to be made, but not only will they keep our families safe, they will also put Californians back to work and reinvigorate our economy."

Bera highlighted the Partnership to Build America Act of 2013 (HR 2084), as a smart way to make these kinds of needed infrastructure upgrades. A bipartisan bill Bera has co-sponsored, the Partnership to Build America Act, would help pay for our



Congressman Ami Bera

fast-deteriorating infrastructure like roads, bridges, and levees, without increasing the nation's debt or raising taxes. Instead, it gives companies that bring foreign earnings back to America a tax savings if they invest in a new, U.S. infrastructure fund. If passed, it would create significant American jobs in the short-term and help U.S. competitiveness in the long-term.

The sites Bera visited included:

- Hazel Avenue at State Route 50 Interchange
- Estimated completion 2018 – 50 percent unidentified funds
- Hazel Avenue Phase 1 – American River Bridge
- Completed 2010 – 39 percent federal funds
- Hazel Avenue Phase 2 (Madison Avenue to US 50)
- Estimated completion 2015

- 68 percent federal funds
- SACOG programmed \$10m in regionally-controlled federal funds towards this project.
- Hazel Avenue Phase 3 (Madison Avenue to US 50)
- Estimated completion 2017 – 65 percent unidentified funds
- Fair Oaks Blvd Safety Improvements Project
- Completed 2010 – 90 percent federal funds
- Watt Ave @ US 50 Interchange
- Estimated completion 2014 – 12 percent federal funds
- SACOG programmed a total of \$18.4m in funds towards this project a combination of regionally controlled federal funds and State Bond funds.
- The project was also an example of a strong partnership between SACOG, SacDOT, and the Sacramento Transportation Authority to prepare a final funding package.
- Watt Ave Light Rail Transit Grade Separation
- Completed 2009 – 61 percent federal funds

Congressman Ami Bera, M.D. represents Sacramento County. For more updates on Rep. Bera visit <http://www.bera.house.gov>. Source: Office of Ami Bera

# Women's Empowerment's Annual Fundraiser to Benefit Homeless Women and Children

**SACRAMENTO COUNTY, CA (MPG)** - Community members are invited to the 12th Annual Celebration of Independence Gala that benefits Women's Empowerment, a local nonprofit helping women who are homeless find homes and jobs so they can support their families. Residents also can sponsor a graduate of the program to attend the event.

The event, which raises funds for the organization and honors the group's 1,064 graduates, will take place from 5:30-9 p.m. on Oct. 3 at the Red Lion Hotel Woodlake, 500 Leisure Lane, Sacramento. Guests will

minge with graduates from the program and enjoy a formal dinner, live and silent auctions, live music and presentations from the graduates. Tickets are \$100. For tickets or sponsorship opportunities, call (916) 669-2307 or visit [www.womens-empowerment.org](http://www.womens-empowerment.org).

"It's a powerful experience to witness women once homeless arrive at this event dressed to the nines," said Lisa Culp, executive director. "This event sells out every year, so we are excited to be expanding into a larger facility that allows more people in our community to

experience this incredible celebration of women breaking the cycle of homelessness for their families. Those who can't attend can sponsor one of our graduates to have a night where she will shine and be celebrated for her accomplishments."

Women's Empowerment offers the only comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2009 Nonprofit of the Year has graduated 1,064 homeless women and their more than 2,000 children. Last year, 89 percent of

graduates found homes and 78 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded solely through private donations from the community. For more information and to donate online, visit [www.womens-empowerment.org](http://www.womens-empowerment.org). ★

Source: Thébaud Communications



The 2009 Nonprofit of the Year has graduated 1,064 homeless women.

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